

# **Storm signals in coastal sediments: A review of palaeostorm archives and analytical approaches in north-west Europe**

Katharina Hess\*, Max Engel

Institute of Geography, Heidelberg University, Im Neuenheimer Feld 348, 69120 Heidelberg, Germany

\*Corresponding author: [katharina.hess@uni-heidelberg.de](mailto:katharina.hess@uni-heidelberg.de)

**This is a non-peer reviewed preprint submitted to EarthArXiv in January 2026. It has also been submitted for publication to *Progress in Physical Geography: Earth and Environment* and is currently under review. Subsequent versions may differ.**

# Storm signals in coastal sediments: A review of palaeostorm archives and analytical approaches in north-west Europe

Short title: Coastal storm archives in north-west Europe

Katharina Hess\*, Max Engel

Institute of Geography, Heidelberg University, Im Neuenheimer Feld 348, 69120 Heidelberg, Germany

\*Corresponding author: katharina.hess@uni-heidelberg.de

## Abstract

Coastal sedimentary archives offer key insights into past severe storms and related flooding, contributing to a better understanding of long-term coastal hazard histories. Although interest in palaeostorm reconstructions has increased in recent decades, a comprehensive overview and information for north-west Europe is missing. This synoptic literature review compiles all known sedimentary storm archives between 45°N and 75°N, outlining their geographical distribution, ages, and methodological approaches. We identified 77 sites described in 69 publications since 1985. The most frequently investigated archive types are peat bogs, followed by coastal dunes, salt marshes, coastal lakes and lagoons, and cliff-top storm deposits. Most records are concentrated in the British Isles, particularly Scotland, while data from southern Norway and the German coasts are largely absent, indicating a strong spatial bias. The ages of these records range from the Late Pleistocene (~14 ka BP) to the present, with a median sedimentary age range of 2.3 ka BP. Storm deposits are commonly identified as minerogenic sand layers embedded within organic-rich fine-grained sediments. Grain size and composition, often combined with loss-on-ignition analyses to estimate organic content, are the primary proxies used to infer depositional processes, which can generally be classified as marginal marine, overwash, or aeolian. The use of microfossils and stable isotopes remains limited across European studies. Recent studies show a growing trend toward more comprehensive laboratory analyses. Overall, this review highlights the need for standardised protocols in sampling, analysis, and interpretation to enable broader comparisons and to reconstruct long-term storm patterns across Europe more reliably.

**Keywords:** *Coastal archives, storminess, palaeotempestology, North Atlantic, coastal hazards, storm surge, sediment records, storm deposit, washover deposit, coastal flooding, Baltic Sea, North Sea*

# 1. Introduction

Severe storms and related coastal flooding are among the most destructive natural hazards, causing substantial human and economic losses worldwide (Lobeto et al., 2024). The main driver of storm-related flooding is storm surge, defined as short-term, non-astronomic variations in sea level generated by meteorological-oceanic forcing, typically associated with tropical and extratropical cyclones. Storm surge heights depend on wind strength and direction as well as bathymetry and configuration of the coastline, and may reach several metres above tidal level (Gornitz, 2005). In north-west Europe, severe storms develop from baroclinic instability along sharp temperature gradients between polar and mid-latitude air masses, producing rapidly deepening low-pressure systems (Pugh, 1987; Chaumillon et al., 2017). Unlike tropical cyclones, which draw their energy from latent heat release over warm ocean waters, these extratropical systems are driven by horizontal temperature contrasts and strong frontal dynamics. Such storms are most common in winter and dominate the mid-latitude climate belt (Minamide and Goto, 2024). In north-west Europe, extratropical cyclones generate one of the highest degrees of storminess globally in terms of duration, intensity, and frequency of occurrence with wave heights locally exceeding 6 m at the most exposed coastlines (Lobeto et al., 2024), added on top of the storm surge. These winter storms represent one of the largest threats to European coasts, occurring far more frequently each year than tropical cyclones at low latitudes (Dullaart et al., 2021; Minamide and Goto, 2024). Modelling studies predict more extreme storm surges for the European coasts by the end of this century in particular for regions north of 45–50°N (Beniston et al., 2007; Vousdoukas et al., 2016).

Assessing future storm hazards requires a robust understanding of long-term storm variability. However, instrumental and historical storm records extend back only 50–200 years, with sparse documentary evidence for events older than a millennium (Lamb and Frydendahl, 1991; Clarke and Rendell, 2009). This limited timespan fails to capture multi-centennial storm cycles and to identify the most extreme events. To overcome this limitation, long-term records from sedimentary coastal archives using a variety of proxy data are needed in combination with historical and instrumental data to estimate the recurrence interval of extreme storm events and to better assess future coastal risk (Chaumillon et al., 2017; Goslin and Clemmensen, 2017; Leszczyńska et al., 2025).

The use of storm-wave induced signals and sedimentary proxies to reconstruct past storm flooding prior to observational records are summarised under the term palaeotempestology (Hippensteel, 2010; Goslin and Clemmensen, 2017; Donnelly, 2025). The objective of palaeotempestology is to reconstruct the local storm history including frequency and magnitude of storm events and to understand the climatology of tropical and extratropical cyclones on centennial- to millennial time scales (Minamide and Goto, 2024). In the early 1990s, pioneering studies focused on the reconstruction of past hurricanes analysing sediments of back-barrier lakes in the Gulf of Mexico (Liu and Fearn, 1993, 2000) and along the eastern coast of the USA (Hippensteel and Martin, 1999; Donnelly et al., 2001, 2004). Over time, this approach has expanded globally and gradually other types of sedimentary archives such as salt marshes, lagoons, wetlands, beach ridges or coastal plains were also studied with different temporal resolution and time span. Yet, interpreting such records remains

challenging, as each site possesses distinct sensitivity thresholds that control whether a given storm is recorded in the sedimentary archive (Goslin and Clemmensen, 2017). Consequently, multi-site comparisons are needed to identify regional storm patterns (Pleskot et al., 2023). Following the principle of uniformitarianism, key to the interpretation of sedimentary archives remain facies models based on post-storm morphosedimentary observations (Clemmensen et al., 2016; Chaumillion et al., 2017; Quix et al., 2025).

At a global scale, archives of storm deposits are increasingly studied and used by synthetic reviews to define the young discipline of palaeotempestology and analyse the regional variability of storminess (e.g., Sorrel et al., 2012; Chaumillion et al., 2017; Oliva et al. 2018; Minamidate and Goto, 2024; Donnelly, 2025; Leszczyńska et al., 2025). Despite their exposure to some of the world's most severe storms, the extratropical coasts of north-west Europe lack a comprehensive overview of storm-related sedimentary archives, their chronological frameworks, and applied analytical methods. There is no systematic assessment of the usefulness and temporal resolution reflecting the validity and reliability of sedimentary archives and proxy data to date. This gap hampers regional comparisons and limits our ability to reconstruct long-term patterns of storminess across the eastern North Atlantic realm.

Therefore, the aims of this review are (I) to compile all relevant coastal sedimentary storm archives across north-west Europe (45°–75°N), and (II) to evaluate the proxy data and geochronological methods used to extract storm signals from these records. Our discussion addresses the validity, efficacy, chronological resolution and reliability of archives and methods, and aims to inform and guide future research efforts in the field of palaeostorm research in the region of interest.

## **2. Method: A systematic literature review and meta-analysis**

This study is based on a systematic literature review of available peer-reviewed articles until May 2025. We used the search engines Google Scholar and Web of Science using the keywords “storminess”, “coastal flooding”, “storm deposit”, “storm surge”, “storm events”, “marine flooding” and “coastal waves” and any combination thereof. The relevant studies were selected according to the following seven criteria:

- (1) Studies must be based on sedimentary storm deposits from an observational perspective. Thus, studies based on reanalysis data or modern instrumental data are excluded.
- (2) Studies must cover a period longer than 150 years to reach beyond the period of instrumental data, which excludes some relevant studies with, however, insufficient significance in terms of long-term variability (Ehlers et al., 1993; Tsompanoglou et al., 2011; Baumann et al., 2017; Bateman et al., 2018; Jardine et al., 2022).
- (3) Studies on single events, such as for the severe North Sea flood in 1775 (Cunningham et al., 2011), in 1953 (Swindles et al., 2018) or the storm flood Bodil (Xaver) in 2013 (Clemmensen et al., 2016) are excluded.
- (4) The sediment record needs to be age-dated so that phases of higher and lower storm activity can be identified along a time axis.

- (5) Sedimentary archives need to be located within 10 km from the coastline. Studies on inland sedimentary archives, e.g., inland ombrotrophic peat bogs (Björck and Clemmensen, 2004; Kylander et al., 2013, 2023) are excluded.
- (6) Only onshore archives are included, offshore storm deposits (e.g., Polovodova Asteman et al., 2013) are excluded.
- (7) North-west Europe is defined here as the region north of 45°N and south of 75°N latitude, as this region reflects a fairly consistent storm pattern. Relevant storm records fulfilling the above-mentioned criteria from the Spanish (Borja et al., 1999; Feal-Pérez et al., 2014; Orme et al., 2017) or Portuguese (Andrade et al., 2004; Clarke and Rendell, 2006) coasts are therefore excluded. Sedimentary storm records along the Baltic Sea coast are included as most North Atlantic storm tracks pass the North Sea first before they enter the Baltic Sea (Leszczyńska et al., 2025).

The selected literature was categorised by country, type of sedimentary archive and region. Prior to assessing the methodologies in detail and examining the storm periods reconstructed by the different studies, a database was created based on the specific archive or study site (assigned an ID number) containing information on the archive type, country, region, latitude, longitude, age span and – if possible – the temporal resolution of the record. If the geographical coordinates for the location were missing, they were derived from Google Earth. If a certain location was investigated in more than one publication, a lower-case letter was added to the ID number.

Next, the various laboratory methods applied in the different studies were derived and gathered in a table and sorted according to the sedimentary archive type. The methods were sorted by dating (e.g., radiocarbon, luminescence, radionuclides, others), sedimentology (e.g., lithology, sediment structure, grain size), physical properties (e.g., bulk density, CT-scan, magnetic susceptibility), bulk chemistry (e.g., XRF elements, TC, TIC, TOC, TN, TS, ash content), and microfossils (e.g., foraminifers, diatoms, ostracods, pollen, others) following the approach of Melles et al. (2022).

### **3. Coastal storm deposits in north-west Europe**

#### **3.1. Palaeotempestology as a discipline in north-west Europe**

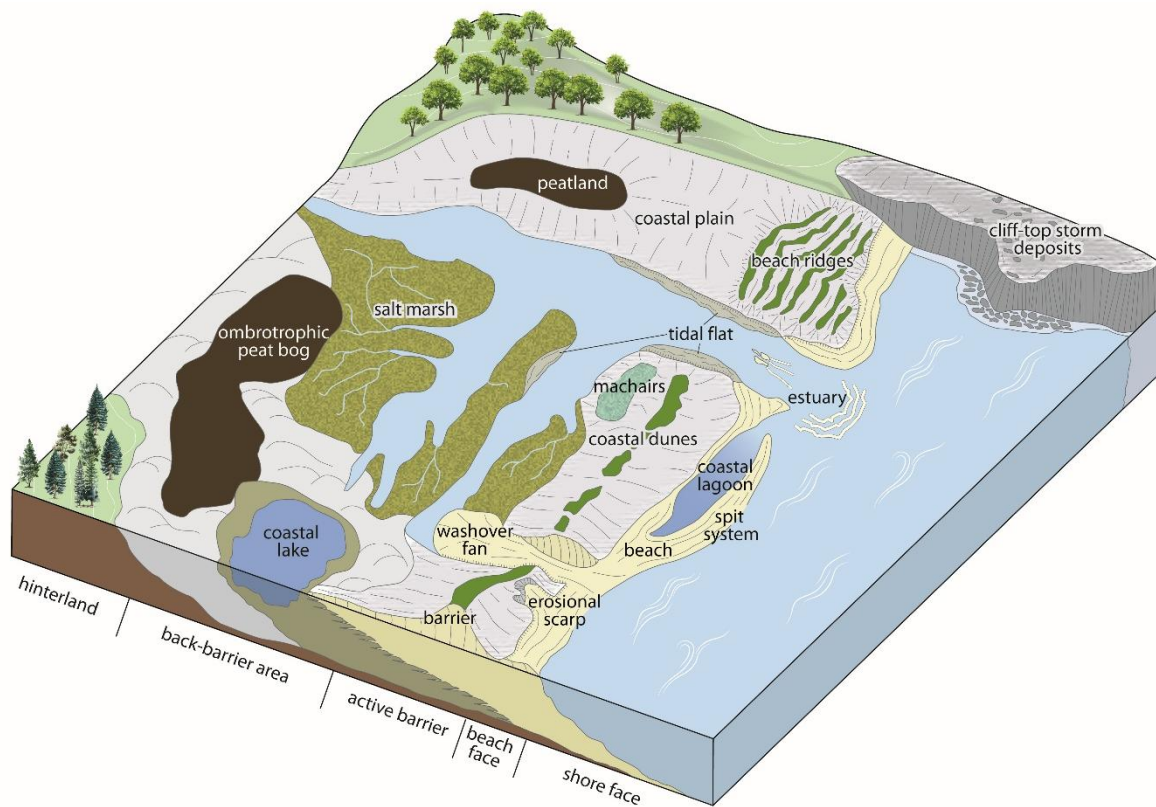
In total, we found 77 locations in 69 publications from north-west Europe matching our selection criteria (Table S1). The first study, published by De Ceunynck (1985), attributed the evolution of the coastal dunes in Western Belgium to increased storm activity. Delaney and Devoy (1995) carried out the first investigations on washover deposits in Europe in machairs, coastal dunes and lagoons in Ireland. The first study to use the term palaeotempestology (or palaeo-tempestology), well-established in the research on past storm activity in tropical regions at that time, was the one on cliff-top storm deposits (CTSD) by Hansom and Hall (2009), although it is still rarely found in extratropical applications. Terminology such as ‘palaeostorm activity’ or ‘palaeostorm research’ dominates the field in north-west Europe (e.g., Sorrel et al., 2012; van Vliet-Lanoë et

al., 2014a). However, the growing number of publications in these research field shows that palaeotempestology is an emerging research field in the extratropical eastern North Atlantic basin.

### 3.2. Sedimentary archive types of coastal storm deposits

Globally, studies from tropical or subtropical regions dominate the field of palaeotempestology. Based on this global perspective, palaeostorm archives differentiate between ponds, lakes and lagoons receiving deposits from coastal overwash, coastal karst basins, coastal boulder deposits, beach ridges and chemically and biologically formed laminae as tree rings, speleothems and banded corals (Minamidate and Goto, 2024).

However, karst basins, tree rings, coastal speleothems and corals do not exist or have not been studied in north-west Europe. In total, we identified six main categories: coastal dunes, peat bogs/peatlands/machairs, salt marshes, coastal lakes, coastal lagoons and cliff-top storm deposits (CTSD). There are further coastal palaeostorm archives in north-west Europe, such as estuaries, tidal flats, coastal plains, beach ridge sequences or spit systems (Figure 1). Since they are less frequent in publications on storm records, they were gathered in the category ‘others’.

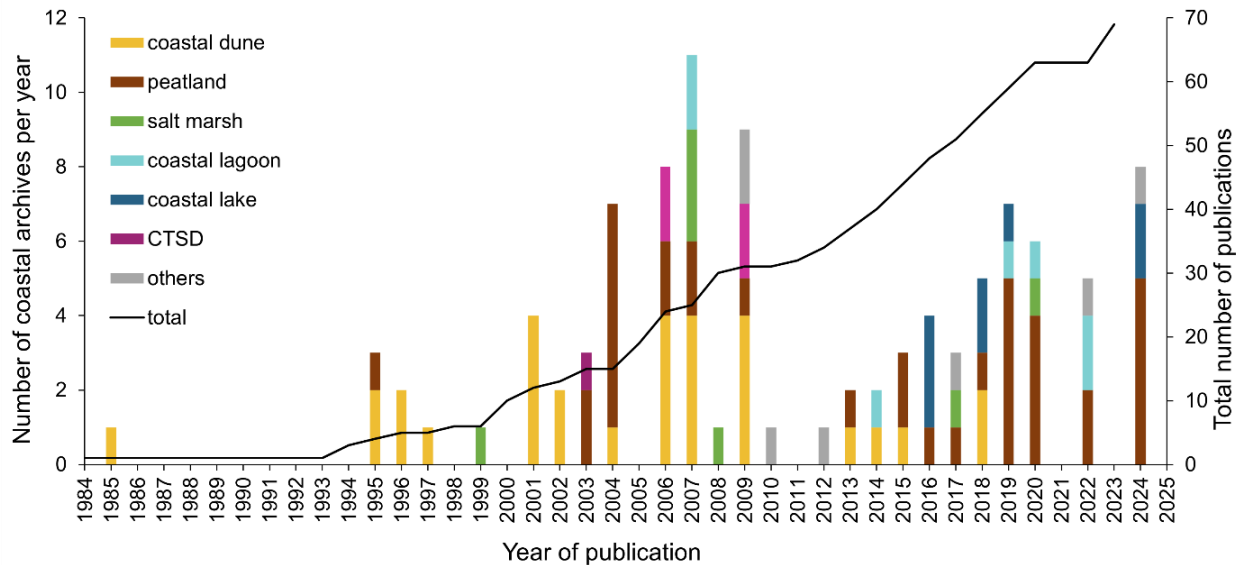


**Figure 1. Schematic figure of the typical coastal archive types in north-west Europe (modified after Goslin and Clemmensen (2017) and Minamidate and Goto (2024)).**

A clear distinction between the different archive types is sometimes difficult, as some coastal archives morphologically evolved over time (e.g., Gilbertson et al., 1999; Suursaar et al., 2022; Kalińska et al., 2024). Some are in a fluid transition from one archive type to another, such as some sites in France, which are in transition between coastal lagoons and salt marshes depending on the exact coring location (e.g., Pouzet and

Maanan, 2020). Machairs could have been an own category, however, we decided to put them together with peatlands as they exist only in the British Isles and have similarities with peatlands due to their high organic content (s. Section 3.2.1).

The earliest studies tend to focus on coastal dunes, while in the late 1990s salt marshes gained importance as coastal archives, particularly in the British Isles (Figure 2). Studies of storm deposits in peat bogs appeared in 2003 (Sommerville et al., 2003). Coastal lagoons and lakes did not appear until 2007 (Haslett and Bryant, 2007) and 2016 (Nielsen et al., 2016b, 2016c; Orme et al., 2016b), respectively.



**Figure 2. Number of palaeostorm publications per year in north-west Europe based on sedimentary or geomorphic archive type.**

Over the last ten years, there has been a trend away from publications on palaeostorms in coastal dunes towards more studies on coastal lagoons and lakes as well as peat bogs. Viewed over the entire period, the most common archive types in north-west Europe are peat bogs/machairs and coastal dunes, with 28 and 21 locations along the north-western European coastline, respectively. Neither Minamidate and Goto (2024) nor Goslin and Clemmensen (2017) consider these archive types in their global reviews. However, both peat bogs/machairs and coastal dunes provide some of the longest and most coherent storm records on the north-west European coasts, making them one of the most relevant extratropical coastal archives.

### 3.2.1. Peat bogs, peatland and machairs

Peat bogs, peatlands and machairs have in common that they mainly accumulate organic matter. Minerogenic particles (mostly quartz) are found as traces within these archive types and can be used as indicator for storms. The underlying geomorphological process is predominantly aeolian. For this reason, some storm records from peat bogs are located far inland (Björck and Clemmensen, 2004; Kylander et al., 2013; Kylander et al., 2023) and are not included here. However, there also are coastal peat bog studies based on the process of overwash (Delaney and Devoy, 1995; Bondevik et al., 2019).

Some of the peat bog studies use the aeolian sand influx (ASI) (Björck and Clemmensen, 2004) as indicator for winter storminess (Mellström et al., 2015; Orme et al., 2015; Orme et al., 2016; Vandel et al., 2019; Nielsen et al., 2024; Vaasma et al., 2024). The ASI is represented by the minerogenic residue after elimination of organic matter, e.g., through loss-on-ignition (LOI) (Kylander et al., 2023), and is based on the assumption that mineral grains of a certain size are only transported into the peat bog during severe storms. Some peat bog studies use further geochemical data, such as bromine concentration as measure of sea spray, which can be regarded as an indicator of higher storminess (Orme et al., 2015; Stewart et al., 2017).

The Gaelic term ‘machair’ describes a coastal field or inland plain consisting mainly of a mixture of calcareous shell fragments and organic material, making it a very fertile dune grassland. It is exclusively used along the coasts of Scotland and Ireland (Crawford, 1991; Gilbertson et al., 1999). Here, we attribute coastal machairs to the category of coastal peatland due to its similar characteristics. In total, we found 22 and 6 locations with storm deposits in coastal peatlands and machairs, respectively.

### **3.2.2. Coastal dunes**

Some of the earliest sediment-based studies on palaeostorms in north-west Europe focus on the dynamics of coastal dunes (Delaney and Devoy, 1995; Jelgersma et al., 1995; Wilson and Braley, 1997; Clemmensen et al., 2001). To use coastal dunes as archives for storms they need to be fixed by vegetation and incorporated into a continuous dune belt behind the beach. The crest line must be higher than the most extreme storm surge and waves to prevent overtopping and erosion of the morpho-sedimentary archive. Last, active dune accretion is necessary, so there must be sufficient sediment supply to allow the dunes to recover after an extreme storm event (Bateman et al., 2018). Most coastal dune studies are based on organic soil development, such as peaty palaeosols which is related to stable periods with low storm frequency. In contrast, periods of high sand accumulation are associated with higher storminess. The chronology, mostly based on radiocarbon dates, often originates from the phases of land surface stability and soil development (e.g., Wilson et al., 2004; Clemmensen et al., 2009). Another approach is to investigate the erosion of the foredune ridge to detect storm surges (Aagaard et al., 2007; McIlvenny et al., 2013).

### **3.2.3. Washover deposits: Coastal lakes, lagoons and salt marshes**

Coastal lakes, lagoons and salt marshes are usually located in the low-energy back-barrier area. Coastal lakes are freshwater bodies embedded in topographic depressions and separated from the sea by a sand to gravel barrier. Lagoons are enclosed or semi-enclosed water bodies with limited tidal exchange and brackish to saline conditions (Sabatier et al., 2022). Washover deposits form when storm waves and surges transport marine sediments landward across the barrier during coastal flooding. Three principal flooding mechanisms are distinguished: inundation or overflowing, wave overtopping or overwashing, and barrier breaching (Sallenger et al., 2000; Sabatier et al., 2022). Washover deposits usually consist of one or multiple sedimentary (sand) layers from the beach or nearshore zone, showing an inland thinning and fining trend (Liu and Fearn, 2000;

Chaumillon et al., 2017; Minamidate and Goto, 2024; Sharrocks et al., 2025). During a severe storm surge, the waves partially erode and overtop the beach and barrier, and transport coarser (and heavier) material towards the low-energy environment behind, which is typically characterised by fine-grained, organic-rich sedimentation (Bregy et al., 2018; Sabatier et al., 2022; Sharrocks et al., 2025). Coastal lakes, lagoons, and salt marshes are common coastal landforms in north-west Europe, where we identified seven sites containing lagoon or coastal lake archives, respectively, and six from salt marshes. In some more distal or steep-sided lakes, ASI has been used as an indicator of storminess when direct washover deposition is absent (e.g., Nielsen et al., 2016b, 2024; Goslin et al., 2018, 2019).

#### **3.2.4. Cliff-top storm deposits**

Coastal boulder deposits play a major role in palaeostorm research on rocky coasts with high cliffs, e.g., along the North Atlantic coast in Scotland (Sommerville et al., 2003; Hall et al., 2006; Hall et al., 2008; Hansom and Hall, 2009), Ireland (Williams and Hall, 2004; Cox et al., 2012), and France (Autret et al., 2018). However, we only identified three studies that pass the criteria of this study (Sommerville et al., 2003; Hall et al., 2006; Hansom and Hall, 2009), as the transport of CTSD is very challenging to age-date (e.g., Rixhon et al., 2018). The studies considered here use sand layers for luminescence dating or organic material for radiocarbon dating beneath the boulders to determine a *terminus post quem* for the last transport of boulders. However, this method is rather imprecise, and the datable material experiences strong erosion by wind on the exposed rocky coasts. The only dating method that is directly linked to the larger boulders is lichenometry, which was applied in some studies in addition (Hall et al., 2006; Hansom and Hall, 2009).

#### **3.2.5. Others**

The most frequent archive type within the category of ‘others’ are estuaries (Haslett and Bryant, 2007; Sorrel et al., 2009; Sorrel et al., 2012) or tidal flats (Billeaud et al., 2009), which represent the boundary between marine and onshore deposits in the macrotidal regimes of Brittany, France or southern UK. Studies on beach-ridge systems are relatively rare in north-west Europe (Clemmensen et al., 2012, 2016; Goslin and Clemmensen, 2017; Kalińska et al., 2024). Coastal plains (Piotrowski et al., 2017) and spit systems (Lindhorst et al., 2010; Suursaar et al., 2022) are also relatively rarely used, only in Poland, Germany, and Estonia, respectively. Beyond that, there are three studies from caves using the stable isotopic signature of speleothems to infer storminess (Sundqvist et al., 2010; Fohlmeister et al., 2012; Baker et al., 2015) which are located far from the coasts and are not considered for further analyses here.

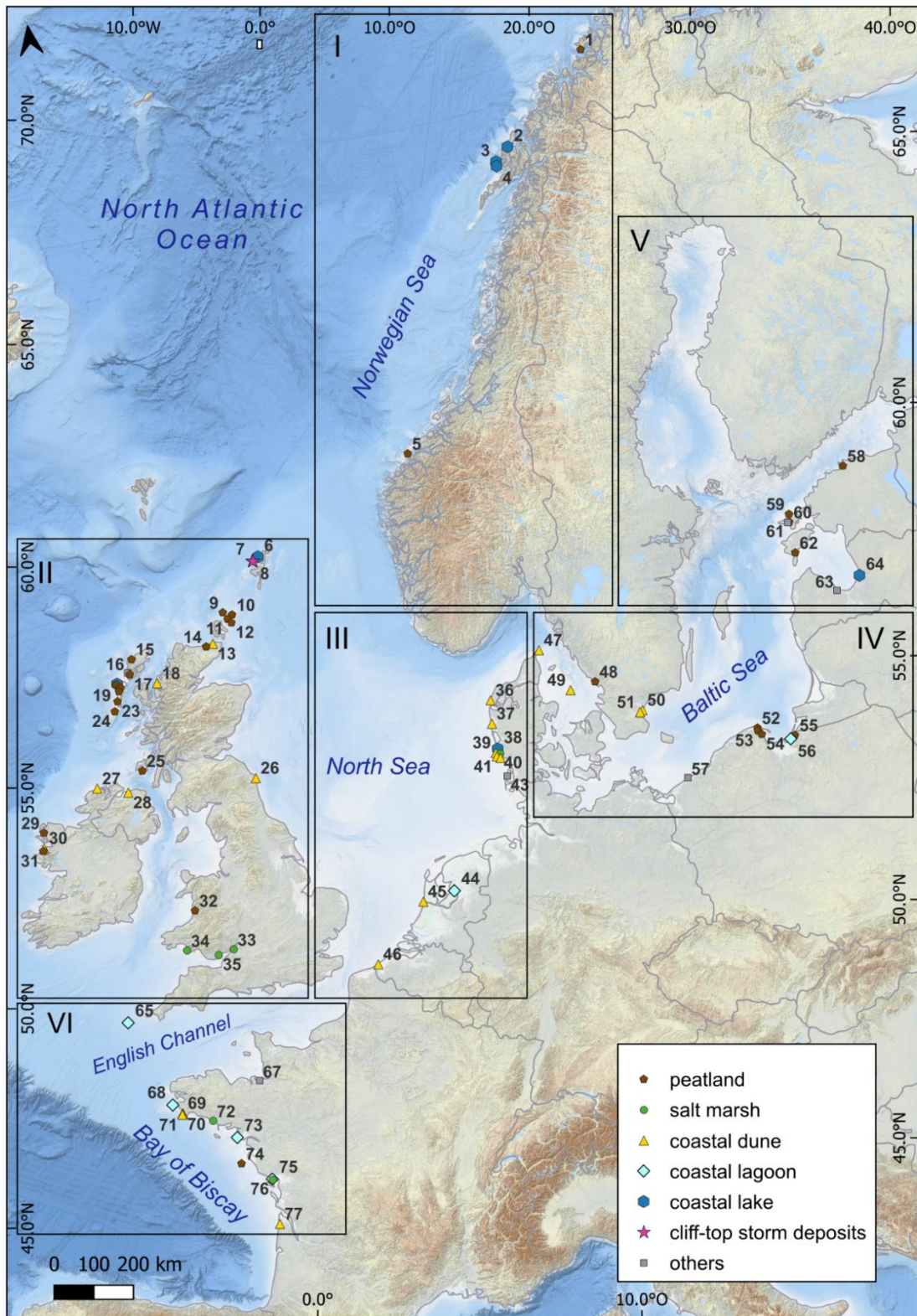
### **3.3. A process-based classification of coastal storm deposits**

A typical feature to identify palaeostorms in coastal sediment archives is coarser sediment – mostly sand – embedded in finer-grained deposits, usually (organic-rich) mud, which is common for e.g., lakes (Kalińska-Nartiša et al., 2018; Hess et al., 2024), salt marshes (Szkornik et al., 2008; Poirier et al., 2017) or machairs (Gilbertson et al., 1999; Dawson et al., 2004). Except for cliff-top storm deposits and coastal boulders, sand

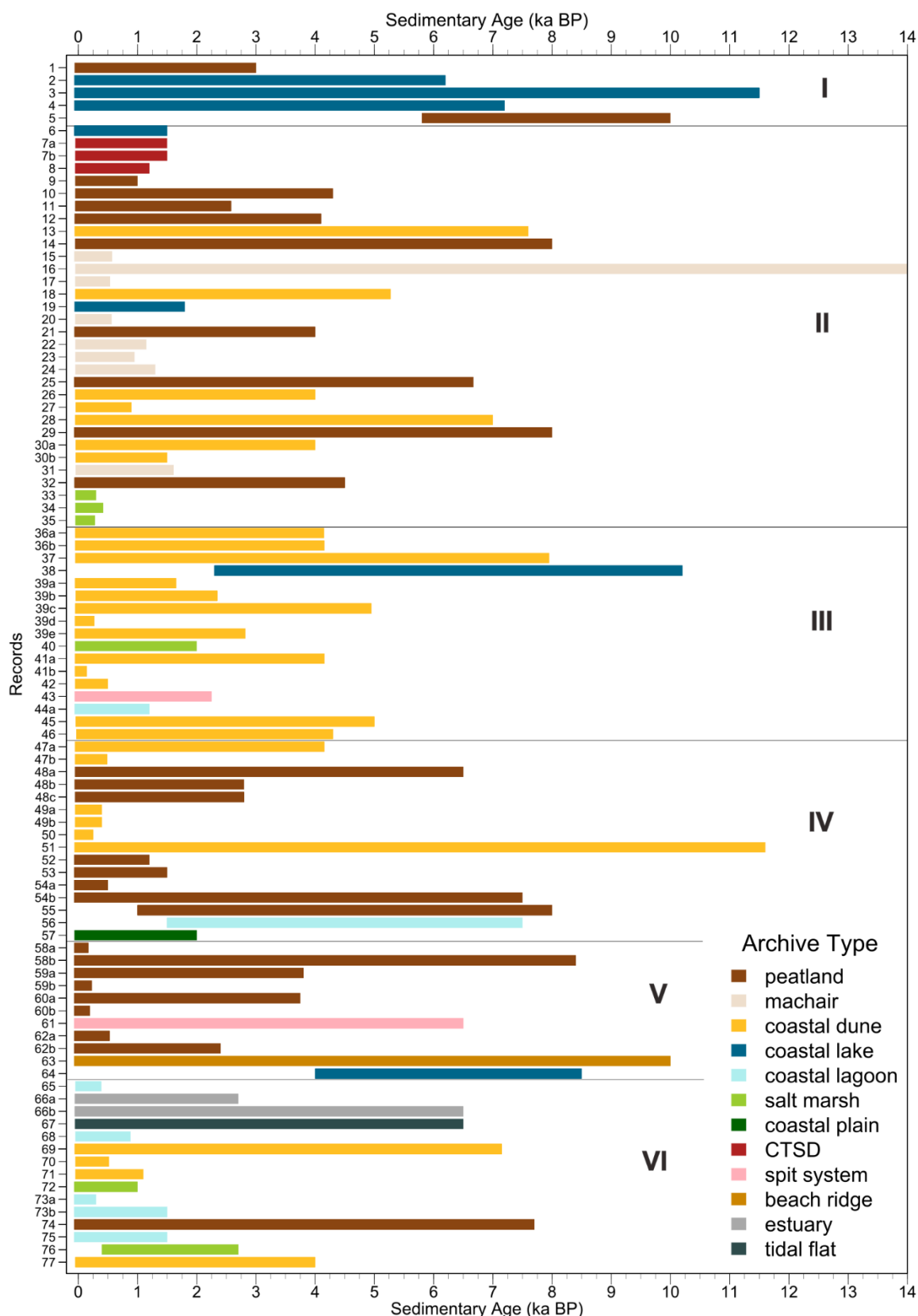
plays a major role for all overwash-related back-barrier archives (washover terraces, lagoons, lakes, ponds, salt marshes), as well as for peat bogs and peatlands (Liu and Fearn, 1993; May et al., 2013; Orme et al., 2016). Beach-ridge systems, however, respond through erosion and subsequent reformation of a new ridge (Tamura, 2012), whereas coastal dunes have a more complex and less consistent way to record storm impacts (s. Section 3.2.2). All depositional storm archives have in common that grain size and type are important factors of reconstructing the origin and processes of the event deposits (Sharrocks et al., 2025). In sum, three different processes providing *ex-situ* sediment into the coastal archives can be classified: marginal marine (e.g., for estuaries, tidal flats), overwash (e.g., coastal lakes, lagoons, floodplains) and aeolian (e.g., peat bogs, coastal dunes). Marginal marine transport is usually driven by tidal currents or gravity/storm waves, which might be difficult to disentangle, especially for longer timescales. While overwash occurs due to coastal flooding and is therefore directly related to storm surge, wave setup (and potentially tidal level), and predominantly independent from precipitation or wetness of the sediment source, for aeolian processes the wetness of the sediment source may have an influence on the transport capacity. Therefore, the site-specific transport and depositional dynamics need to be addressed before the analysis of sedimentary storm records.

### **3.4. Geographical distribution and sedimentary ages of north-west European storm deposits**

This study separates north-west Europe into six subregions similar to the scheme of Vousdoukas et al. (2016) and based on the spatial clustering of study sites i.e., the Norwegian Sea, British Isles, North Sea, Skagerrak/West Baltic Sea, East Baltic Sea and Bay of Biscay/English Channel. The coastal storm records show an uneven spatial distribution (Figure 3). The region with the most coastal sedimentary records of storm variability is the British Isles (30 sites), followed by the southernmost region Bay of Biscay/English Channel (13 sites). On the British Isles, most of the sites are located in Scotland, particularly on the Outer Hebrides (n=9), mainland Scotland (n=4), the Orkney Islands (n=4), and the Shetland Islands (n=3). These areas have the highest exposure to the open North Atlantic Ocean and are the first to capture landfalling westerly to northerly storms. The other subregions comprise 11 (Skagerrak/West Baltic Sea), 11 (North Sea), 7 (East Baltic Sea) and 5 (Norwegian Sea) coastal sedimentary archives, respectively.



**Figure 3.** Map of the distribution of different sedimentary storm archives in north-west Europe. The six different regions I – Norwegian Sea, II – British Isles, III – North Sea, IV – Skagerrak/West Baltic Sea, V – East Baltic Sea and VI – English Channel/Bay of Biscay are indicated with black rectangles.



**Figure 4. Overview of time spans covered by the various coastal storm archives in north-west Europe. For a key to numbers see Table S1.**

The large gap along the Norwegian coast south of the 68°N is striking. There is only one coastal archive at 62°N, however, it contains sediment ages solely for the early and middle Holocene (10–5.8 ka BP) as a function of relative sea-level fall since the mid-Holocene due to glacial isostatic adjustment (GIA) (Bondevik et al., 2019). Furthermore, the east coast of the British Isles as well as the southern part of Ireland are almost unstudied, showing only one coastal record (Wilson et al., 2001). The coastline of Germany, which has access to both, the North Sea and the Baltic Sea, also represents a larger spatial gap, with only one study on storm deposits on Sylt Island (Lindhorst et al., 2010). In addition, there is not a single coastal archive in the northern part of the Baltic Sea along the east coast of Sweden and the coasts of Finland, as these areas also experience relative sea-level fall exposing more or less resistant rocky coastlines (Leszczyńska et al., 2025).

There is a quite strong spatial clustering of specific archive types. Peat bog and peatland archives are the predominant type for the East Baltic Sea, whereas for the Bay of Biscay/English Channel no peatland studies exist at all (Figure 4). Coastal dunes were mostly studied in the North Sea region, especially on the west coast of Denmark and in the Skagerrak region along the coasts of eastern Denmark and southern Sweden. Salt marshes or machairs are used as coastal archive mostly on the British Isles, some salt marshes were studied in France as well. The Norwegian Sea subregion is characterised by coastal lake archives. However, the Norwegian coastal lake studies use the ASI instead of washover sediments as storm indicator as the lakes are located too far from the coastline (Sjögren, 2009; Nielsen et al., 2016b, 2024).

The various coastal storm archives in north-west Europe cover a median age of 2.3 ka BP, with a majority covering parts of the late Holocene (Figure 4). Over 25 records cover less than 1 ka, only 22 studies extend into the middle Holocene and eight studies reach back to the early Holocene. The oldest sediment archive from a machair in Scotland (Outer Hebrides) dates back to the Pleistocene at 14 ka BP (Gilbertson et al., 1999).

### **3.5. Proxies and laboratory analyses used in north-west European storm deposits**

The proxy data used in palaeotempestology studies in north-west Europe are mostly lithology-related (facies description, mineralogical sediment structure, grain-size distribution), physical properties (bulk density, magnetic susceptibility), and chemical data ( $\mu$ XRF counts, loss-on-ignition (LOI), total organic carbon (TOC)). In some cases, also microfossils, such as foraminifers, diatoms or ostracods, were investigated (Table 1).

**Table 1. Laboratory analyses and proxies used in the different sedimentary storm archives (table structure modified after Melles et al., 2022).**

| ID            | Location                       | Archive type          | Country | References                                  | Dating      |              |              |        |           | Sedimentology |                     |                            | Physical properties |         |                         | Bulk chemistry       |              |             | Microfossils |         |              |   |    | Others |
|---------------|--------------------------------|-----------------------|---------|---|-------------|--------------|--------------|--------|-----------|---------------|---------------------|----------------------------|---------------------|---------|-------------------------|----------------------|--------------|-------------|--------------|---------|--------------|---|----|--------|
|               |                                |                       |         |   | Radiocarbon | Luminescence | Radionuclids | Others | Age model | Lithology     | Sediment structures | Microtexture<br>Grain size | Bulk density        | CT-Scan | Magnetic susceptibility | TC, TIC, TOC, TN, TS | XRF elements | Ash content | Pollen       | Diatoms | Foraminifera | Ostracods (O), Bivalves (B), Gastropods (G) |    |        |
| 63            | Apsuciems                      | beach ridge sequences | LVA     | Kalińska et al., 2024                       |             | x            |              |        | x         |               | SEM                 |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 13            | Dunnet Bay                     | coastal dune          | GBR     | McIlvenny et al., 2013                      | x           | x            |              |        | x         | x             |                     | x                          |                     |         |                         | LOI                  |              |             |              |         |              |   | pH |        |
| 18            | Opinan                         | coastal dune          | GBR     | Wilson et al., 2002                         | x           |              |              |        |           |               |                     |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 26            | Northumberland                 | coastal dune          | GBR     | Wilson et al., 2001                         | x           | x            |              |        |           | x             |                     | x                          |                     |         |                         | LOI                  |              |             | x            |         |              |   |    |        |
| 27            | Horn Head                      | coastal dune          | IRL     | Wilson and Braley, 1997                     | x           |              |              |        |           |               |                     | x                          |                     |         |                         | LOI                  |              |             |              |         |              |   | pH |        |
| 28            | Northern Ireland               | coastal dune          | GBR     | Wilson et al., 2004                         | x           | x            |              |        |           | x             |                     |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 30a, 30b      | Carrownisky                    | coastal dune          | IRL     | Delaney and Devoy, 1995; Devoy et al., 1996 | x           |              |              |        |           | x             |                     | x                          |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 36a           | Lodbjerg                       | coastal dune          | DNK     | Clemmensen et al., 2001b                    | x           | x            |              |        |           |               |                     | x                          |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 36b           | Lodbjerg                       | coastal dune          | DNK     | Clemmensen et al., 2009                     | x           | x            |              |        |           |               |                     | x                          |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 37            | Ulfborg                        | coastal dune          | DNK     | Dalsgaard and Odgaard, 2001                 | x           | x            |              |        |           | x             | x                   | x                          |                     |         |                         | x                    |              |             | x            |         |              |   | pH |        |
| 39a           | Vejers                         | coastal dune          | DNK     | Clemmensen et al., 1996                     | x           |              |              |        |           | x             |                     |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 39b           | Vejers                         | coastal dune          | DNK     | Clemmensen et al., 2001a                    | x           | x            |              |        |           | x             |                     |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 39c           | Vejers                         | coastal dune          | DNK     | Clemmensen et al., 2006                     | x           | x            |              |        |           |               |                     |                            |                     |         |                         |                      |              |             |              |         |              |   |    |        |
| 39d, 41a, 47a | Vejers, Hvidbjerg, Skagen Odde | coastal dune          | DNK     | Clemmensen et al., 2009                     | x           | x            |              |        |           |               |                     | x                          |                     |         |                         |                      |              |             |              |         |              |   |    |        |

|               |                              |               |     |  |   |   |            |      |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |
|---------------|------------------------------|---------------|-----|--|---|---|------------|------|---|---|-----|---|---|---|---|----------|---|---|---|---|--|------|--------------------|
| 39e, 41b, 49a | Vejers, Hvidbjerg, Anholt    | coastal dune  | DNK | Clemmensen and Murray, 2006              |   | x |            |      |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |
| 42            | Skallingen Spit              | coastal dune  | DNK | Aagard et al., 2007                      |   | x |            |      |   |   |     | x |   |   |   |          |   |   |   |   |  |      |                    |
| 45            | Bergen                       | coastal dune  | NLD | Jelgersma et al., 1995                   | x |   |            |      |   | x |     |   |   |   |   |          |   |   |   |   |  | S, G |                    |
| 47b           | Skagen Odde                  | coastal dune  | DNK | Clemmensen et al., 2015                  |   | x |            |      |   | x |     |   |   |   |   |          |   |   |   |   |  |      |                    |
| 49b           | Anholt                       | coastal dune  | DNK | Clemmensen et al., 2007                  |   | x |            |      |   |   |     | x |   |   |   |          |   |   |   |   |  |      |                    |
| 50, 51        | Åhus, Vittskövle             | coastal dune  | SWE | Kalińska-Nartiša et al., 2017            | x | x |            |      |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |
| 69            | Audierne Bay                 | coastal dune  | FRA | Van Vliet-Lanoë et al., 2014a            | x |   |            |      | x | x |     | x |   |   |   |          |   |   |   |   |  |      |                    |
| 70            | Pointe de la Torche          | coastal dune  | FRA | Haslett and Bryant, 2007                 | x |   |            |      |   |   |     |   |   |   |   |          |   |   |   | x |  |      |                    |
| 71            | Porz Carn                    | coastal dune  | FRA | Haslett and Bryant, 2007                 | x |   |            |      |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |
| 77            | Médoc                        | coastal dune  | FRA | Clarke et al., 2002                      |   | x |            |      |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |
| 46            | De Panne                     | coastal dune  | BEL | Ceunynck, 1985                           | x |   |            |      |   | x |     |   |   |   |   |          |   |   | x |   |  |      |                    |
| 2             | Latjønna                     | coastal lake  | NOR | Nielsen et al., 2016b                    | x |   |            |      | x |   |     | x | x |   | x | LOI      | x |   |   |   |  |      |                    |
| 3             | Trehynnavatnet               | coastal lake  | NOR | Nielsen et al., 2016c                    | x |   | Cs, Ra     |      | x | x | SEM | x | x | X | x | LOI      | x |   |   |   |  |      |                    |
| 4             | Nøkkjtønna                   | coastal lake  | NOR | Nielsen et al., 2024                     | x |   | Pb, Cs, Ra |      | x | x | x   | x | x | X | x | LOI      | x |   |   |   |  |      |                    |
| 6             | Loch Flugarth                | coastal lake  | GBR | Hess et al., 2024                        | x |   | Cs         | x    | x | x | TS  | x | x | X | x | x        | x |   |   |   |  |      |                    |
| 19            | Loch Hosta                   | coastal lake  | GBR | Orme et al., 2016b                       | x |   | Pb, CS, Ra |      | x |   |     |   |   |   |   | LOI, C/N | x |   |   |   |  |      |                    |
| 38            | Filsø                        | coastal lake  | DNK | Goslin et al., 2018; Goslin et al., 2019 | x | x |            |      | x | x |     | x |   |   |   | LOI      | x | x |   |   |  |      | plant macrofossils |
| 64            | Lake Lilaste                 | coastal lake  | LVA | Kalińska-Nartiša et al., 2018            | x |   |            |      |   |   | SEM | x |   |   | x | LOI      |   |   |   | x |  |      |                    |
| 57            | Rogowo                       | coastal plain | POL | Piotrowski et al., 2017                  | x |   |            |      |   |   |     | x |   |   |   | LOI      | x |   |   | x |  | O, M | ICP-OES            |
| 7a            | Grind of the Navir, Eshaness | CTSD          | GBR | Hansom and Hall, 2009                    | x |   |            | L, C |   |   |     |   |   |   |   |          |   |   |   |   |  |      |                    |

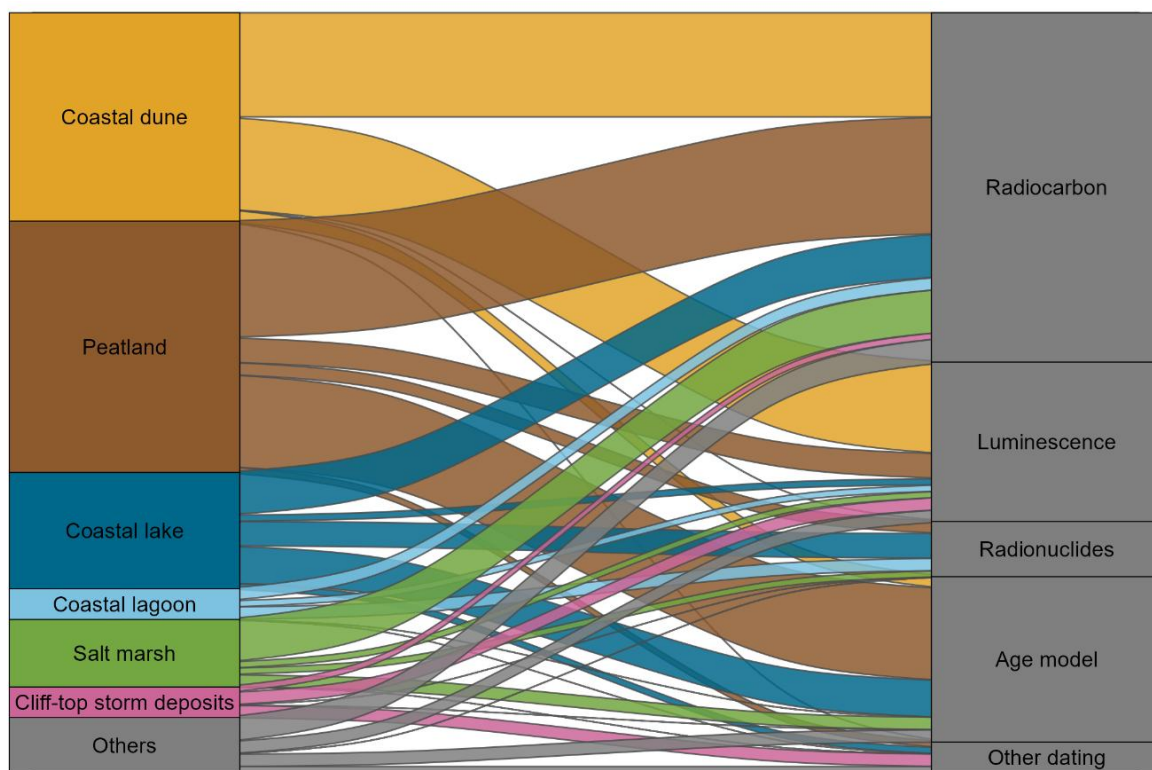
|                        |  |          |     |   |   |   |  |        |   |   |    |   |   |   |   |              |   |  |   |   |      |  |
|------------------------|--|----------|-----|---|---|---|--|--------|---|---|----|---|---|---|---|--------------|---|--|---|---|------|--|
| 7b                     | Grind of the Navir, Eshaness                                       | CTSD     | GBR | Sommerville et al., 2003                    |   | x |  |        |   |   |    |   |   |   |   |              |   |  |   |   |      |  |
| 8                      | Villians of Hamnavoe   | CTSD     | GBR | Hall et al., 2006;<br>Hansom and Hall, 2009 |   | x |  | L, C   |   |   |    |   |   |   |   |              |   |  |   |   |      |  |
| 66a, 66b               | Seine  | estuary  | FRA | Sorrel et al., 2009;<br>Sorrel et al., 2012 | x |   |  | PM     | x | x |    |   |   |   |   |              |   |  |   |   |      |  |
| 44                     | Schokland  | lagoon   | NLD | van den Biggelaar et al., 2014              | x |   |  |        |   | x | x  | x |   |   |   | x            |   |  |   | x | O, B |  |
| 65                     | Big Pool - St. Agnes   | lagoon   | GBR | Haslett and Bryant, 2007                    |   | x |  |        |   |   |    |   |   |   |   |              |   |  |   |   |      |  |
| 68                     | Baie des Trépassé  | lagoon   | FRA | Haslett and Bryant, 2007                    | x |   |  |        |   |   |    |   |   |   |   |              |   |  |   |   |      |  |
| 73a                    | Traits du Croisic  | lagoon   | FRA | Pouzet et al., 2019                         |   |   |  | Pb, Cs |   |   |    | x |   | x | x |              | x |  |   |   |      |  |
| 73b                    | Traits du Croisic  | lagoon   | FRA | Pouzet and Maanan, 2020                     | x |   |  | Pb, Cs |   | x | x  |   |   |   | x | x            | x |  |   |   |      |  |
| 75                     | Belle Henriette  | lagoon   | FRA | Maanan et al., 2022                         | x |   |  | Pb, Cs |   |   | x  | x | x |   | x |              | x |  |   |   |      |  |
| 14, 17, 20, 22, 23, 24 | Crip Riof, Horgabost, Balranald, Nunton Benbecula, Kildonan, Borve | machairs | GBR | Dawson et al., 2004                         | x |   |  |        |   |   |    | x |   |   |   |              |   |  | x |   |      |  |
| 15                     | Shebster   | machairs | GBR | Stewart et al., 2017                        | x |   |  | T      | x |   |    |   |   |   |   | LOI          | x |  |   |   |      |  |
| 16                     | Uist   | machairs | GBR | Gilbertson et al., 1999                     | x | x |  |        |   | x | TS |   |   |   |   |              |   |  |   |   |      |  |
| 31                     | Silver Strand  | machairs | IRL | Delaney and Devoy, 1995                     | x |   |  |        |   | x |    | x |   |   |   |              |   |  |   |   |      |  |
| 1                      | Sørøya   | peatland | NOR | Sjögren, 2009                               | x |   |  |        | x |   |    | x |   |   |   | LOI, C, N, S |   |  | x |   | x    |  |
| 5                      | Longva   | peatland | NOR | Bondevik et al., 2019                       | x |   |  |        | x |   |    |   |   |   |   | LOI          |   |  | x |   |      |  |
| 9, 11                  | Quoygrew (Westray),  | peatland | GBR | Sommerville et al., 2003                    |   | x |  |        |   |   |    |   |   |   |   |              |   |  |   |   |      |  |

|                    |  |                   |     |                                |   |   |            |  |   |   |    |   |   |  |  |     |   |   |   |   |  |   |                    |
|--------------------|--|-------------------|-----|--------------------------------|---|---|------------|--|---|---|----|---|---|--|--|-----|---|---|---|---|--|---|--------------------|
|                    | Sandhill (Orkney)                      |                   |     |                                |   |   |            |  |   |   |    |   |   |  |  |     |   |   |   |   |  |   |                    |
| 10                 | Sanday, Orkney                         | peatland          | GBR | Sommerville et al., 2007       |   | x |            |  |   |   |    |   |   |  |  |     |   |   |   |   |  |   |                    |
| 12                 | Stronsay, Orkney                       | peatland          | GBR | Tisdall et al., 2013           | x | x |            |  |   |   | TS | x |   |  |  | LOI |   |   | x |   |  |   |                    |
| 21                 | Struban Bog                            | peatland          | GBR | Orme et al., 2016a             | x |   |            |  | x |   |    |   |   |  |  | LOI |   |   |   |   |  |   |                    |
| 25                 | Laphroaig bog                          | peatland          | GBR | Kylander et al., 2020          | x |   |            |  | x |   |    | x | x |  |  |     | x | x |   |   |  |   |                    |
| 29                 | Roycarter bog                          | peatland          | IRL | Sjöström et al., 2024          | x |   |            |  | x |   |    | x | x |  |  | LOI | x | x |   |   |  |   | FTIR-ATR, pXRD, pH |
| 32                 | Cors Fochno                            | peatland          | GBR | Orme et al., 2015              | x |   |            |  | x |   |    |   |   |  |  | LOI | x |   |   |   |  |   |                    |
| 48a                | Undarsmosse                            | peatland          | SWE | De Jong et al., 2006           | x |   |            |  | x |   |    | x | x |  |  | x   |   | x | x |   |  |   |                    |
| 48b                | Undarsmosse                            | peatland          | SWE | De Jong et al., 2007           |   |   |            |  |   |   |    |   |   |  |  |     |   |   |   |   |  |   |                    |
| 48c                | Undarsmosse                            | peatland          | SWE | Mellström et al., 2015         | x |   |            |  | x | x |    | x |   |  |  |     |   |   | x |   |  |   |                    |
| 52, 54a            | Słone Łąki, Mechelińskie Łąki          | peatland          | POL | Moskalewicz et al., 2020       | x |   | Pb, Cs, Bi |  | x |   |    | x |   |  |  | LOI |   |   |   | x |  |   |                    |
| 53                 | Puck Lagoon                            | peatland          | POL | Uścinowicz et al., 2020        | x |   |            |  | x | x |    |   |   |  |  |     |   |   | x | x |  | $\delta^{13}\text{C}$ , $^{18}\text{O}$ | ICP-OES            |
| 54b                | Mechelińskie Łąki                      | peatland          | POL | Leszczyńska et al., 2022; 2024 | x | x | Pb,Cs      |  | x | x | TS | x |   |  |  | LOI | x |   |   | x |  |   |                    |
| 58a, 59a, 60a, 62a | Juminda, Hiiuma N, Hiiuma SW, Saaremaa | peatland          | EST | Vandel et al., 2019            | x |   |            |  | x |   |    | x |   |  |  | LOI |   |   |   |   |  |   |                    |
| 58b, 59b, 60b, 62b | Juminda, Hiiuma N, Hiiuma SW, Saaremaa | peatland          | EST | Vaasma et al., 2024            | x |   |            |  | x |   | x  | x |   |  |  | LOI |   |   |   |   |  |   |                    |
| 55, 56             | Łaki Rozanskie, Vistula Lagoon         | peatland / lagoon | POL | Uścinowicz et al., 2022        | x |   |            |  | x | x |    |   |   |  |  |     |   |   | x | x |  | S, $\delta^{13}\text{C}$                |                    |

|    |                       |             |     |                          |   |   |        |  |   |   |   |   |  |   |   |     |   |  |   |   |  |  |
|----|-----------------------|-------------|-----|--------------------------|---|---|--------|--|---|---|---|---|--|---|---|-----|---|--|---|---|--|--|
| 33 | Oldbury-on-Severn     | salt marsh  | GBR | Haslett and Bryant, 2007 | x |   |        |  |   |   |   |   |  |   |   |     |   |  |   | x |  |  |
| 34 | Llangennith           | salt marsh  | GBR | Haslett and Bryant, 2007 | x |   |        |  |   |   | x |   |  |   |   |     |   |  |   |   |  |  |
| 35 | Rumney                | salt marsh  | GBR | Haslett and Bryant, 2007 | x |   |        |  |   |   |   |   |  |   |   |     |   |  |   |   |  |  |
| 40 | Ho Bugt               | salt marsh  | DEN | Szkornik et al., 2008    | x | x |        |  |   | x |   | x |  |   |   |     |   |  | x |   |  |  |
| 72 | Petite Mer de Gâvres  | salt marsh  | FRA | Pouzet and Maanan, 2020  | x |   | Pb, Cs |  | x | x |   | x |  | x | x | x   | x |  |   |   |  |  |
| 74 | Island of Yeu         | salt marsh  | FRA | Pouzet et al., 2018      | x |   |        |  |   | x | x | x |  |   |   | LOI | x |  |   |   |  |  |
| 76 | Pertuis Charentais    | salt marsh  | FRA | Poirier et al., 2017     | x |   |        |  | x | x |   |   |  |   |   |     |   |  |   |   |  |  |
| 43 | Sylt                  | spit system | DEU | Lindhorst et al., 2010   | x |   |        |  |   |   |   | x |  |   |   |     |   |  |   |   |  |  |
| 61 | Tihu                  | spit system | EST | Suursaar et al., 2022    |   | x |        |  |   |   |   | x |  |   |   |     |   |  |   |   |  |  |
| 67 | Mont-Saint-Michel Bay | tidal flat  | FRA | Billeaud et al., 2009    | x |   |        |  |   | x | x |   |  |   |   |     |   |  |   |   |  |  |

B = Bivalves, Bi =  $^{214}\text{Bi}$  dating, C = Colour, Cs =  $^{137}\text{Cs}$  dating, D = Diatoms, F = Foraminifera, G = Gastropods, L = Lichenometry, LOI = Loss-on-ignition, M = Mollusks, O = Ostracods, P = Pollen, Pb =  $^{210}\text{Pb}$  dating, PM = Paleomagnetic, Ra =  $^{226}\text{Ra}$  dating, S = Shells, SEM = scanning electron microscope analysis, T = Tephra dating, TS = Thin sections

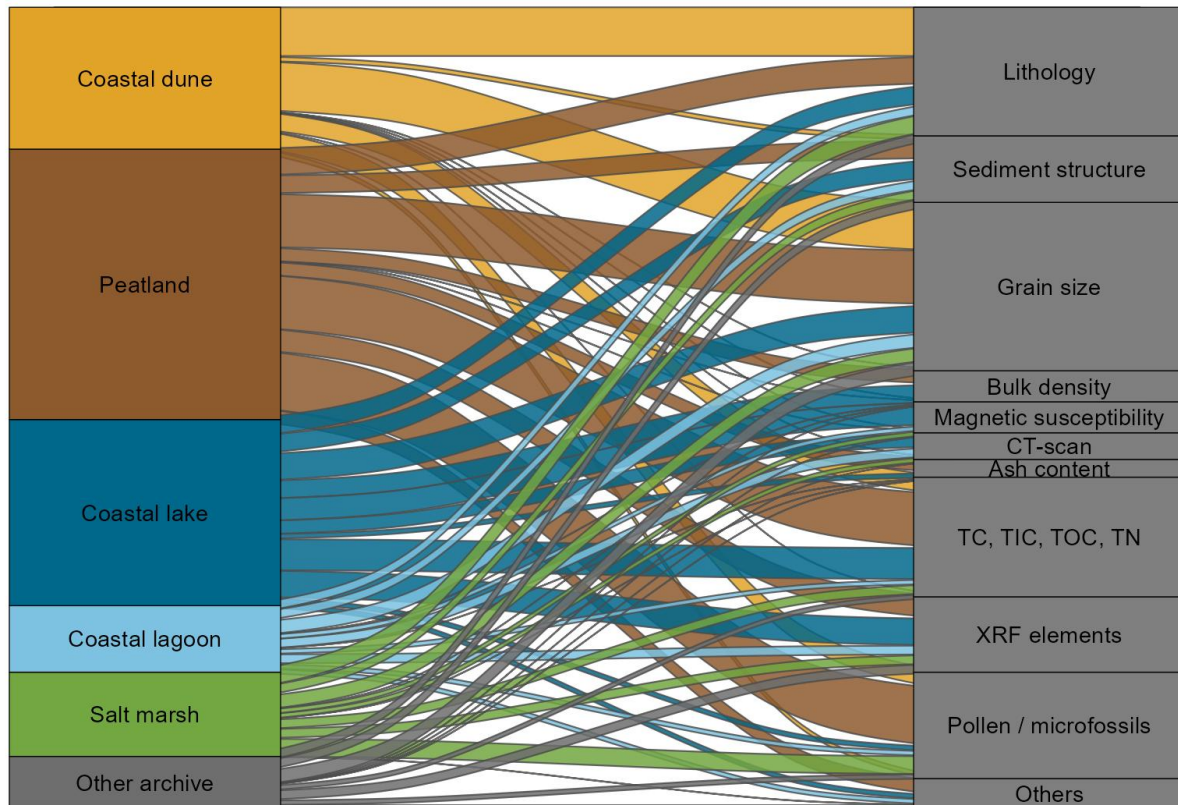
For chronologies, luminescence dating is more often used for coastal dunes, while radiocarbon dating is more frequently applied in peat-dominated and lacustrine environments (Figure 5). However, there are exceptions where dune-based studies rely on radiocarbon (Delaney and Devoy, 1995; Jelgersma et al., 1995; Clemmensen et al., 1996; Wilson and Braley, 1997; van Vliet-Lanoë et al., 2014b) and luminescence dating is applied in peat environments (Sommerville et al., 2003, 2007; Tisdall et al., 2013; Leszczyńska et al., 2024) or a coastal lake (Goslin et al., 2018, 2019). Some studies in lakes and coastal lagoons use  $^{210}\text{Pb}$  and/or  $^{137}\text{Cs}$  in addition to radiocarbon for the topmost stratigraphic section (Nielsen et al., 2016b; Orme et al., 2016; Pouzet et al., 2019; Moskalewicz et al., 2020, 2022; Pouzet and Maanan, 2020a; Leszczyńska et al., 2022, 2024; Maanan et al., 2022; Hess et al., 2024). Other dating methods include tephrochronology (Stewart et al., 2017) and lichenometry (Hall et al., 2006; Hansom and Hall, 2009). Sorrel et al. (2009) also used palaeomagnetic dating for the Seine estuary in France.



**Figure 5. Alluvial diagram of the different dating methods (right) used for each archive class (left). The width of the links indicates the frequency of the individual dating method applied.**

The grain-size distribution is the most important proxy for palaeostorm reconstruction and was analysed by 38 studies (Figure 6). The lithology, which gives a detailed overview of the different facies and sediments within the archive was only investigated in 30 studies and the mineralogical sediment structure or microstructure of individual sediment layers, such as thin sections was studied by 15 studies. For aeolian processes the grain size of larger than 200  $\mu\text{m}$  or 350  $\mu\text{m}$  is regarded as an indicator of a severe storm. Sometimes this value is reduced to >180  $\mu\text{m}$  (Orme et al., 2016) or >150  $\mu\text{m}$  (Kylander et al., 2020; Sjöström et al., 2024). For washover deposits there is no general grain size, as it very much depends on the site-specific availability of sediment along the barrier. Nevertheless, medium to coarse sand fractions sprinkled with gravels or pebbles and a fining-

upward trend together with a sharp, sometimes erosional basal boundary are common signatures of washover deposits (Goslin and Clemmensen, 2017).



**Figure 6. Alluvial diagram of the different proxies (right) used for each archive class (left). The width of the links indicates the frequency of the individual proxy applied.**

The physical properties (CT-scan and magnetic susceptibility) were only applied in a salt marsh, coastal lakes and lagoons to identify lamination and other sediment structures. The bulk density was analysed in four coastal lake studies (Nielsen et al., 2016a, 2016b, 2024; Hess et al., 2024) and in three peat bog studies (De Jong et al., 2006, 2007; Kylander et al., 2020; Sjöström et al., 2024). In another study, powder X-ray diffraction (pXRD) was used to quantify the mineral composition of the crystalline phases of the sediments (Sjöström et al., 2024).

LOI is a widely applied method for calculating the organic matter, which usually reflects the TOC, measured by 28 studies (sometimes in combination with inorganic carbon, nitrogen and/or sulfur). LOI is more commonly used in peat bog/peatland and coastal lake/lagoon studies compared to salt marshes (n=1) (Pouzet et al., 2018) or coastal dunes (n=4) (Wilson and Braley, 1997; Dalsgaard and Odgaard, 2001; Wilson et al., 2001; McIlvenny et al., 2013). The  $\mu$ XRF analysis was carried out in 17 studies, for almost all (6 out of 7) coastal lake studies, as well as in peatland studies (n=5), coastal lagoons (n=3), salt marshes (n=2) and a coastal plain (n=1). Most studies used an ITRAX device with a downcore resolution between 200  $\mu$ m (Orme et al., 2015, 16b; Nielsen et al., 2026b) and 1 mm (Nielsen et al., 2016a, 2016c; Goslin et al., 2018). Besides, WD-XRF (Kylander et al., 2020), EMMA-XRF (Sjöström et al., 2024) and a handheld ED-XRF (Leszczyńska et al., 2022) were used with lower resolutions.

In north-west Europe, there are only three studies using foraminifera as indicators for storm deposits (Haslett and Bryant, 2007; Sjögren, 2009; van den Biggelaar et al., 2014). Diatoms are a more common proxy (n=16), predominantly applied in salt marshes (Dawson et al., 2004; Szkornik et al., 2008), peatland and machairs (Dawson et al., 2004; Moskaiewicz et al., 2020; Uścińowicz et al., 2020, 2022; Leszczyńska et al., 2022) and in isolated cases on a coastal plain (Piotrowski et al., 2017), coastal lagoon (Uścińowicz et al., 2022) and coastal lake (Kalińska-Nartiša et al., 2018). Seven sites are studied for pollen (Dalsgaard and Odgaard, 2001; Wilson et al., 2001; De Jong et al., 2006, 2007; Sjögren, 2009; Tisdall et al., 2013; Mellström et al., 2015; Bondevik et al., 2019). Stable isotopes, such as oxygen or hydrogen, frequently used in palaeostorm studies from the north-west Atlantic to identify hurricanes which have commonly a depletion in heavy oxygen, are not used in north-west Europe.

In summary, a fewer number of different proxies are applied for coastal dunes compared to coastal lakes, lagoons and peat bogs. In general, there is a trend towards a wider spectrum of different proxies in more recent studies (Leszczyńska et al., 2022, 2024; Hess et al., 2024; Nielsen et al., 2024).

## **4. Challenges of European palaeotempestology research**

The most important criteria defining the quality of a palaeostorm record include: (I) Length of the record, (II) reliability of the age model and chronological resolution, (III) precision and accuracy with which to identify the sedimentary storm signature and filter out other local signals, (IV) geomorphic stability of the archive, and (V) the preservation potential of the storm signature.

### **4.1. Length of the record**

In north-west Europe, the longest palaeostorm records are established in machairs, coastal lakes, and peatlands, where coastal environments and relative sea levels have been nearly stable across millennial time scales. Records extending into the phase of rapid eustatic sea-level rise before around 6 ka BP are therefore rare, and only occur at near-field sites where GIA kept up with the eustatic component (e.g., Bondevik et al., 2019) resulting in relative sea-level fall across the Holocene (Creel et al., 2022), or where aeolian sands are used as a proxy for storminess in peat bogs and machairs (e.g., Gilbertson et al., 1999). However, also without substantial GIA, coastal lakes or peatland have the potential to contain washover deposits from storm events reaching far into the mid-Holocene (e.g., Kalińska-Nartiša et al., 2018; Pouzet et al., 2018; Leszczyńska et al., 2022, 2024). Coastal dunes can also reach far into the mid-Holocene (e.g., Kalińska-Nartiša et al., 2018), however, their temporal resolution of storm periods is low and with high uncertainty due to age-dating uncertainties and the fact that phases of dune stability are investigated and dune mobility due to higher storminess is difficult to prove. Coastal lagoons and salt marshes, prevalent in the southern UK and Bay of Biscay area with a eustasy-dominated sea-level history, tend to provide shorter records. The same applies to CTSD, which reflect the shortest storm records on rather centennial timescales.

## 4.2. Reliability and resolution of the age model

Due to these age-dating challenges CTSD have the lowest chronological reliability and resolution, followed by coastal dunes. Coastal lagoons, lakes, salt marshes and peatland records have in common that they are sampled by sedimentary cores. If a consistent stratigraphy is available without hiatuses, these coastal archives have the best chronological resolution. The sedimentation rate is crucial; however, most studies do not give any identification of sedimentation rates (mm per year) or temporal resolution (years per cm) for the archive they use. Sedimentation rates should reach  $>0.2$  mm/year to have a suitable temporal resolution. In general, age-depth models containing more than one proxy are more reliable (Sabatier et al., 2022). Coastal lake and lagoon records often combine radiocarbon dating with radionuclide ( $^{210}\text{Pb}$ ,  $^{137}\text{Cs}$ ) dating (Figure 5), which enables to link individual known storms during recent decades (e.g., Orme et al., 2016b; Nielsen et al., 2016c; Pouzet et al., 2019; Pouzet and Maanan, 2022; Hess et al., 2024; Nielsen et al., 2024).

## 4.3. Clarity of the storm signal

A further important criterion for defining the quality of a palaeostorm record is the possibility to identify the sedimentary storm signature and filter out other local signals. To ensure correct attribution of storm layers, competing processes and alternative sediment sources – including tsunamis, which may create a range of similar sedimentary signatures (Sharrocks et al., 2025) – must therefore be identified and excluded (Pleskot et al., 2023). To fulfill this criterion a multi-proxy approach should be chosen in order to consider all sedimentary processes.

Ideally, recent storm events or historically well-known storm deposits should be used as modern analogues (Chaumillon et al., 2017; Sabatier et al., 2022; Leszczyńska et al., 2025), in order to identify the storm event as precise as possible. However, it is not absolutely necessary, provided that all competing local hydrodynamic and sedimentary processes are sufficiently considered. To better understand the archive itself, several cores and/or sampling locations should be studied within their bathymetric and topographic context in order to filter out micro-scale effects and conditions (Chaumillon et al., 2017).

A further challenge lies in distinguishing whether storm deposits represent single storm events or are the cumulative result of multiple events during a short period of time (Goslin and Clemmensen, 2017). This question becomes particularly relevant when dealing with long-term sedimentary records covering millennial timescales. If a sediment record reflects both individual or multiple storm events, it becomes crucial to determine the point at which the record shifts from event-scale to a multi-event deposition (Chaumillon et al., 2017). Along the coasts of north-west Europe, the relatively high frequency of storm events complicates this differentiation. In particular, washover deposits may become indistinguishable if successive storm events occur in rapid succession, preventing the formation of background sediment layers that would otherwise separate individual events (Minamidate and Goto, 2024; Leszczyńska et al., 2025). Simultaneously, a rapid succession of storm events may cause erosion and the recovery of the coast and the archive is impaired. However, in the

case of beach-ridge systems recent studies have shown that the coasts can substantially recover within a few months to years (Monecke et al., 2015; Quix et al., 2025).

In other depositional sediment archives, intense precipitation events, aeolian processes, volcanic fallout, lake-borne sediment collapse or high tides may deposit coarse material, potentially mimicking or disturbing the overwash signal (Oliva et al., 2017; Sabatier et al., 2022). Also, bioturbation, reworking or erosion may disturb the storm signal. Ombrotrophic peat bogs and peatlands, whose storm signals are characterised by aeolian input rather than overwash processes, tend to record periods of higher storminess rather than individual events. This makes it difficult to fulfill the overarching goal of palaeotempestology i.e., to investigate the recurrence patterns of the most severe storm events not recorded in the instrumental data period.

To identify the storm signal, a wide spectrum of proxy data is crucial. The analysis of the present dataset of original studies identifies grain-size distribution and characteristics as the most important proxy data, as well as geochemical proxies, such as from  $\mu$ XRF or TOC. For peatbog studies based on the aeolian signal the grain-size distribution and the ASI are useful tools. Magnetic susceptibility, colour information and density data are additional valuable information; however, they are not absolutely necessary for the interpretation (Sabatier et al., 2022). Even though rarely applied in north-west European coastal archives compared to the western Atlantic (Oliva et al., 2017, 2018), microfossils such as foraminifera, diatoms and ostracods can provide valuable information about storm signals. However, foraminifera are relatively rare in extratropical high-energy coastal areas of north-west Europe with low carbonate availability and have limited preservation potential in the abundant low-pH environments (Hippensteel et al., 2013; Hawkes, 2020). Additionally, microfossil analyses are time-consuming approaches that require specific expertise and experience. Besides, stable isotopes are not much analysed in north-west European archives. The reason could be that stable isotopes in other regions are often studied in tree rings, speleothems, or calcareous microfossils (Oliva et al., 2017) which have not been used as palaeotempestological archives in the present area of interest. Another promising proxy are CT-scans and their analyses, which are only applied in coastal lakes (Nielsen et al., 2016c, 2024; Hess et al., 2024) and coastal lagoons (Pouzet et al., 2019; Pouzet and Manaán, 2020; Manaán et al., 2022) so far. This approach can provide specific information about the sedimentation process such as flow direction and becomes more and more relevant particularly for washover deposits (Biguenet et al., 2022), but it could also be applied for aeolian sedimentary archives, such as ombrotrophic peat bogs, where it helps to quantify aeolian influx (Nielsen et al., 2024).

#### **4.4. Geomorphic stability of the sedimentary archive**

Coastal environments experience multiple sedimentary processes and are among the most dynamic geomorphic systems. Their capacity to preserve storm and surge signals depends fundamentally on the geomorphic stability of the sedimentary archive and on the dominant transport processes involved (Table 2). Geomorphic stability refers here to (i) the persistence of the morphological features (e.g., barrier systems) and thresholds for storm signal occurrence, and (ii) geomorphic stability of the source environments.

**Table 2. Comparison of coastal archive types from north-west Europe in terms of geomorphic stability and storm-signal reliability.**

| Archive type             | Geomorphic stability   | Storm signal detection  | Main risks of disturbance / uncertainties  |
|--------------------------|--|---|--|
| Coastal dunes            | <i>Low to medium</i> : dunes themselves are highly dynamic and prone to migration or stabilisation by vegetation   | <i>Low to medium</i> : enhanced sand mobility may indicate stormy periods, but attribution to single events is rare | Human dune stabilisation; vegetation changes; low temporal resolution; wind-dominated reworking  |
| Peatlands                | <i>High</i> : stable stratigraphy and environment  | <i>Medium</i> : only indirect minerogenic inputs from storms; do not record storm surges                            | Multiple potential sediment sources; long transport pathways; RSL control on sand availability; risk of misinterpreting atmospheric dust or local erosion as storm signals   |
| Coastal lakes            | <i>Medium to high</i> : dependent on barrier crest height, width, sediment budget, high sensitivity to RSL rise, basin morphology is relatively stable, but inlets/outlets may shift; sensitive to catchment changes | <i>Medium to high</i> due to direct overwash signal   | Terrestrial flooding from heavy rainfall; catchment erosion; inflow-channel migration; anthropogenic modification; difficulty distinguishing storm-driven vs. fluvial inputs |
| Coastal lagoons          | <i>Medium to high</i> : depends on inlet dynamics, lagoon flushing rate, and sediment trapping efficiency  | <i>Medium</i> : can store storm-induced sand layers, but signals often attenuated or mixed                          | Inlet opening/closure cycles; terrestrial inflow; lagoon circulation changes; human alteration (dredging, artificial openings)   |
| Salt marshes             | <i>Medium to high</i> : relatively stable accreting environments, but sensitive to RSL rise and creek migration  | <i>Medium to high</i> : can record washover layers, high-water sediment pulses, or sudden minerogenic input         | Creek migration; bioturbation; anthropogenic channelisation; high riverine sediment loads; mixing of storm and non-storm high water events                                   |
| Cliff-top storm deposits | <i>Low to medium</i> : strongly dependent on cliff erosion rates, retreat and surface instability for long timescales; relatively stable for short timescales  | <i>High</i> for individual extreme storm events: coarse clasts deposited well above normal wave run-up              | Erosion and reworking by subsequent storms; loss of older deposits due to cliff retreat; difficult long-term preservation; dating challenges                                 |
| Tidal flats / Estuaries  | <i>Low to medium</i> : strong tidal dynamics; sediment remobilization; and changing bathymetry   | <i>Medium</i> : storm layers possible but often diffuse and overprinted by daily tidal processes                    | Fluvial flooding mimicking storm layers; strong reworking; shifting deposition centers; bioturbation; channel migration; changes in tidal range                              |

Barrier systems underlie continuous alterations in the height, width and overall morphology over time. These changes influence the threshold conditions required for overwash events and thus determine whether storm signals are preserved in the back-barrier archives (Goslin and Clemmensen, 2017; Leszczyńska et al., 2022). The formation and preservation of washover deposits further depend on hydrodynamic factors similar to those of marginal marine environments, including RSL, tidal cycle (e.g., spring tides), nearshore bathymetry, and the angle and energy of incoming waves (Goslin and Clemmensen, 2017). Because both barrier crest height

and storm surge height can vary over time, there is uncertainty in the relationship between overwash frequency and storminess. For instance, an apparent increase in storm deposits in recent sediments may result from lowered overwash threshold due to rising RSL rather than from more frequent or intense storms. Additionally, not all extreme storm events produce severe coastal flooding, and the controlling mechanisms behind this variability remain insufficiently understood (Leszczyńska et al., 2025).

In contrast, aeolian archives, such as coastal peatlands, are less affected by short-term coastal geomorphic changes, as they are usually located further inland. However, RSL variations can substantially influence sediment availability and dune mobility, since rising RSL reduces the width of exposed beach surfaces and thereby limits the supply of minerogenic material for aeolian transport. Conversely, colder periods with slightly lower sea-levels and reduced vegetation cover, such as the Little Ice Age, enhanced sediment supply along exposed shorelines (Clarke and Rendell, 2009; Cunningham et al., 2011). Although aeolian archives can record storm-driven increases in sand mobilisation, they generally do not capture storm surges directly. Consequently, environmental changes recorded in such archives often reflect broader regional dynamics rather than individual storm surge events, making it more challenging to assess geomorphic stability or isolate storm signals.

#### **4.5. Preservation potential of the storm signal**

Finally, the preservation potential of the storm signature must be considered. Good preservation is typically found in relatively protected or accreting environments, such as salt marshes, coastal lakes, beach ridges and restricted embayments (Chaumillon et al., 2017). Washover deposits in low-energy back-barrier environments are regarded as the most reliable coastal archives in terms of preservation potential as they do not experience any significant erosion (Chaumillon et al., 2017; Bregy et al., 2018). However, these archives are vulnerable to bioturbation and anthropogenic disturbances, such as infrastructure constructions, human dune modification and agricultural practices (Chaumillon et al., 2017; Oliva et al., 2017). Besides, CTSD have a very good preservation potential as well, as these deposits reflect high intensity storm events and due to their large size and they hardly experience any changes by post-depositional processes, except for stepwise landward transport or some degree of weathering across long time scales (Kelletat et al., 2020). Other subaerial deposits are more prone to erosion, such as coastal dunes which are easily eroded by marine flooding or storms. In this case, the vegetation cover plays a crucial role and might vary widely over longer timescales, which influences the preservation potential especially for coastal dunes.

Another important factor is the anthropogenic impact on the coastal environment and the sedimentary archive itself. Wide parts of the European coastline affected by human impacts due to coastal infrastructure but also by coastal protection such as dykes (e.g., Belgian, Dutch and German coasts).

### **5. Implications for future European palaeotempestology research**

A supra-regional European understanding of past storm activities requires the integration of regional palaeotempestology studies and a comparison with other studies. Therefore, all available information on the

location itself should be provided in the published study. This information includes material and the coastal archive type as well as the geological setting and sedimentary system. For a better comparison, information on the date and/or year of the sampling should be given. This is crucial for interpreting more recent storm events or periods from palaeostorm records. Furthermore, a comprehensive information on the geographical location and site description is required in the publication including the coordinates of the study site.

There is a challenge in establishing precise and reliable chronologies of storm-induced sediment deposition, and the application of Holocene storm chronologies to interpret both regional and supra-regional climate and oceanic patterns (Goslin and Clemmensen, 2017). This presents a further challenge, as sedimentary records often differ in temporal resolution and the periods they cover (s. Chap. 3.4). Therefore, it is essential to report sedimentation rates, temporal resolution, age uncertainties and the chronological framework used in each study to allow for meaningful comparisons. This enhances a more reliable age-depth model and also a better process understanding with respect to sedimentary characteristics. For future studies multiproxy analyses and multiple independent methods for chronology and sedimentary characteristics should be applied (Goslin and Clemmensen, 2017) considering the peculiarities of the individual archives as discussed here. Multiple dating methods, such as radiocarbon dating along with OSL dating, were applied mutually in some studies, particularly in studies using coastal dunes as sediment record, which requires a uniform time system. In literature, the specified time varies from e.g., '*Before Present*' (BP), '*Common Era/Before Common Era*' (CE/BCE), '*Before Christ/Anno Domini*' (BC/AD) or '*before 2000*' (b2k). This variation complicates a direct comparison between various regional studies. We suggest one common time reference. Since most of the studies investigated in this review cover less than 2000 years, we propose to use the CE/BCE time reference. Most importantly, original data should be provided to the community in a stable repository following the FAIR principles (Kinkade and Shepherd, 2022).

## 6. Conclusion

Here, we present the first comprehensive review of coastal sedimentary storm archives in north-west Europe based on studies from 1985 to May 2025. Storm signals are mainly inferred from peatland archives, coastal dunes, salt marshes, coastal lakes and lagoons, and cliff-top storm deposits, depending on the subregion. The region with the most sedimentary records is the British Isles, followed by the Bay of Biscay and English Channel. The most important dating methods are radiocarbon and luminescence dating. Since storm signals mostly consist of quartz and/or feldspar rich sand layers, luminescence dating becomes increasingly relevant for storm archives. Radionuclides can improve the age model, particularly for younger and shorter sedimentary ages. The most important proxies are grain size characteristics, elemental composition and organic matter content. In terms of the preservation potential, the application of a wide range of proxies for unambiguous storm signals and the potential for reliable and high-resolution chronological models, coastal lakes seem to be the most promising archives, along with machairs and peatlands, which may provide the longest records, even

beyond the Holocene. Geomorphic stability of the archives very close to the coast often depend on stable RSL histories bound to areas of very moderate GIA and local tectonics.

Moreover, this study reveals potential spatial gaps for coastal palaeotempestology research that should be addressed in future studies, especially the coasts of southern Ireland, the Norwegian coast, and the coasts of the Netherlands and Germany. We found that studies on European sedimentary storm archives are diverse and a profound comparison of these studies is challenging. For future case studies, we therefore propose a standardised protocol as uniform as possible with information on site settings, such as coordinates, year of sampling, geological setting, archive type, temporal resolution and sedimentation rate. A reliable age-depth model and chronology is essential to derive recurrence patterns of palaeostorminess. For a better spatial understanding of past storm patterns across Europe, more regional sedimentary records are required for which comparability is enabled through overlapping spectra of proxies and openly accessible publication of original data. The intensities or magnitude of past storm surges is still poorly understood and should be further addressed in future studies. The growing number of publications on sedimentary storm records across Europe have shown that palaeotempestology research is in fact a discipline in Europe and becomes increasingly relevant.

## References

- Aagaard T, Orford J, Murray AS (2007) Environmental controls on coastal dune formation; Skallingen Spit, Denmark. *Geomorphology* 83(1-2): 29–47. doi:10.1016/j.geomorph.2006.06.007.
- Andrade C, Freitas MC, Moreno J, et al. (2004) Stratigraphical evidence of Late Holocene barrier breaching and extreme storms in lagoonal sediments of Ria Formosa, Algarve, Portugal. *Marine Geology* 210(1-4): 339–362. doi:10.1016/j.margeo.2004.05.016.
- Autret R, Dodet G, Suanez S, et al. (2018) Long-term variability of supratidal coastal boulder activation in Brittany (France). *Geomorphology* 304: 184–200. doi:10.1016/j.geomorph.2017.12.028.
- Baker A, Hellstrom J, Kelly BFJ, et al. (2015) A composite annual-resolution stalagmite record of North Atlantic climate over the last three millennia. *Scientific Reports* 5: 10307. doi:10.1038/srep10307.
- Bateman MD, Rushby G, Stein S, et al. (2018) Can sand dunes be used to study historic storm events? *Earth Surface Processes and Landforms* 43(4): 779–790. doi:10.1002/esp.4255.
- Baumann J, Chaumillon E, Schneider JL, et al. (2017) Contrasting sediment records of marine submersion events related to wave exposure, Southwest France. *Sedimentary Geology* 353: 158–170. doi:10.1016/j.sedgeo.2017.03.009.
- Beniston M, Stephenson DB, Christensen OB, et al. (2007) Future extreme events in European climate: an exploration of regional climate model projections. *Climatic Change* 81(S1): 71–95. doi:10.1007/s10584-006-9226-z.
- Biguenet M, Chaumillon E, Sabatier P, et al. (2022) Discriminating between tsunamis and tropical cyclones in the sedimentary record using X-ray tomography. *Marine Geology* 450: 106864. doi:10.1016/j.margeo.2022.106864.
- Billeaud I, Tessier B, Lesueur P (2009) Impacts of late Holocene rapid climate changes as recorded in a macrotidal coastal setting (Mont-Saint-Michel Bay, France). *Geology* 37(11): 1031–1034. doi:10.1130/G30310A.1.
- Björck S and Clemmensen LB (2004) Aeolian sediment in raised bog deposits, Halland, SW Sweden: a new proxy record of Holocene winter storminess variation in southern Scandinavia? *The Holocene* 14(5): 677–688.
- Bondevik S, Lødøen TK, Tøssebro C, et al. (2019) Between winter storm surges – Human occupation on a growing Mid-Holocene transgression maximum (Tapes) beach ridge at Longva, Western Norway. *Quaternary Science Reviews* 215: 116–131. doi:10.1016/j.quascirev.2019.05.006.
- Borja F, Zazo C, Dabrio CJ, et al. (1999) Holocene aeolian phases and human settlements along the Atlantic coast of southern Spain. *The Holocene* 9(3): 333–339. doi:10.1191/0959683604hl746rp.
- Bregy JC, Wallace DJ, Totten RL, et al. (2018) 2500-year paleotempestological record of intense storms for the northern Gulf of Mexico, United States. *Marine Geology* 396: 26–42. doi:10.1016/j.margeo.2017.09.009.

- Chaumillon E, Bertin X, Fortunato AB, et al. (2017) Storm-induced marine flooding: Lessons from a multidisciplinary approach. *Earth-Science Reviews* 165: 151–184. doi:10.1016/j.earscirev.2016.12.005.
- Clarke ML and Rendell HM (2006) Effects of storminess, sand supply and the North Atlantic Oscillation on sand invasion and coastal dune accretion in western Portugal. *The Holocene* 16(3): 341–355. doi:10.1191/0959683606hl932rp.
- Clarke ML and Rendell HM (2009) The impact of North Atlantic storminess on western European coasts: A review. *Quaternary International* 195(1-2): 31–41. doi:10.1016/j.quaint.2008.02.007.
- Clemmensen LB, Andreasen F, Heinemeier J, et al. (2001) A Holocene coastal aeolian system, Vejers, Denmark: landscape evolution and sequence stratigraphy. *Terra Nova* 13(2): 129–134. doi:10.1046/j.1365-3121.2001.00330.x.
- Clemmensen LB, Andreasen F, Nielsen ST, et al. (1996) The late Holocene coastal dunefield at Vejers, Denmark: characteristics, sand budget and depositional dynamics. *Geomorphology* 17(1-3): 79–98. doi:10.1016/0169-555X(95)00096-N.
- Clemmensen LB, Glad AC, Kroon A (2016) Storm flood impacts along the shores of micro-tidal inland seas: A morphological and sedimentological study of the Vesterlyng beach, the Belt Sea, Denmark. *Geomorphology* 253: 251–261. doi:10.1016/j.geomorph.2015.10.020.
- Clemmensen LB, Murray A, Heinemeier J, et al. (2009) The evolution of Holocene coastal dunefields, Jutland, Denmark: A record of climate change over the past 5000 years. *Geomorphology* 105(3–4): 303–313. doi:10.1016/j.geomorph.2008.10.003.
- Clemmensen LB, Nielsen L, Bendixen M, et al. (2012) Morphology and sedimentary architecture of a beach-ridge system (Anholt, the Kattegat sea): a record of punctuated coastal progradation and sea-level change over the past ~1000 years. *Boreas* 41(3): 422–434. doi:10.1111/j.1502-3885.2012.00250.x.
- Cox R, Zentner DB, Kirchner BJ, et al. (2012) Boulder Ridges on the Aran Islands (Ireland): Recent Movements Caused by Storm Waves, Not Tsunamis. *The Journal of Geology* 120(3): 249–272.
- Crawford I (1991) Agriculture, Weeds and the Western Isles Machair. *Transactions of the Botanical Society of Edinburgh* 45: 483–492.
- Creel RC, Austermann J, Khan NS, et al. (2022) Postglacial relative sea level change in Norway. *Quaternary Science Reviews* 282, 107422. <https://doi.org/10.1016/j.quascirev.2022.107422>
- Cunningham AC, Bakker MA, van Heteren S, et al. (2011) Extracting storm-surge data from coastal dunes for improved assessment of flood risk. *Geology* 39(11): 1063–1066. doi:10.1130/G32244.1.
- Dalsgaard K and Odgaard BV (2001) Dating sequences of buried horizons of podzols developed in wind-blown sand at Ulfborg, Western Jutland. *Quaternary International* 78: 53–60.
- Dawson S, Smith DE, Jordan J, et al. (2004) Late Holocene coastal sand movements in the Outer Hebrides, N.W. Scotland. *Marine Geology* 210(1-4): 281–306. doi:10.1016/j.margeo.2004.05.013.
- De Ceunynck R (1985) The Evolution of the Coastal Dunes in the Western Belgian Coastal Plain. *Eiszeitalter und Gegenwart* 35: 33–41.

- De Jong R, Björck S, Björkman L, et al. (2006) Storminess variation during the last 6500 years as reconstructed from an ombrotrophic peat bog in Halland, southwest Sweden. *Journal of Quaternary Science* 21(8): 905–919. doi:10.1002/jqs.1011.
- De Jong R, Schoning K, Björck S (2007) Increased aeolian activity during humidity shifts as recorded in a raised bog in south-west Sweden during the past 1700 years. *Climate of the Past* 3(3): 411–422. doi:10.5194/cp-3-411-2007.
- Delaney C and Devoy R (1995) Evidence from sites in Western Ireland of late Holocene changes in coastal environments. *Marine Geology* 124: 273–287.
- Donnelly JP (2025) Reconstructing tropical cyclone activity from sedimentary archives. *Annual Review of Earth and Planetary Sciences* 53: 9.1–9.31.
- Donnelly JP, Butler J, Roll S, et al. (2004) A backbarrier overwash record of intense storms from Brigantine, New Jersey. *Marine Geology* 210(1–4): 107–121. doi:10.1016/j.margeo.2004.05.005.
- Donnelly JP, Roll S, Wengren M, et al. (2001) Sedimentary evidence of intense hurricane strikes from New Jersey. *Geology* 29(7): 615. doi:10.1130/0091-7613(2001)029<0615:SEOIHS>2.0.CO;2.
- Dullaart JCM, Muis S, Bloemendaal N, et al. (2021) Accounting for tropical cyclones more than doubles the global population exposed to low-probability coastal flooding. *Communications Earth & Environment* 2(135). doi:10.1038/s43247-021-00204-9.
- Ehlers J, Nagorny K, Schmidt P., et al. (1993) Storm surge deposits in North Sea salt marshes dated by <sup>134</sup>Cs and <sup>137</sup>Cs determination. *Journal of Coastal Research* 9(3): 698–701.
- Feal-Pérez A, Blanco-Chao R, Ferro-Vázquez C, et al. (2014) Late-Holocene storm imprint in a coastal sedimentary sequence (Northwest Iberian coast). *The Holocene* 24(4): 477–488. doi:10.1177/0959683613520257.
- Fohlmeister J, Schröder-Ritzrau A, Scholz D, et al. (2012) Bunker Cave stalagmites: an archive for central European Holocene climate variability. *Climate of the Past* 8(5): 1751–1764. doi:10.5194/cp-8-1751-2012.
- Gilbertson DD, Schwenninger J-L, Kemp RA, et al. (1999) Sand-drift and soil formation along an exposed North Atlantic coastline: 14,000 years of diverse geomorphological, climatic and human impacts. *Journal of Archaeological Science* 26(4): 439–469. doi:10.1006/jasc.1998.0360.
- Gornitz V (2005) Storm surge. In: Schwartz ML (ed.) *Encyclopedia of Coastal Science*. Dordrecht: Springer, pp.912–914.
- Goslin J and Clemmensen LB (2017) Proxy records of Holocene storm events in coastal barrier systems: Storm-wave induced markers. *Quaternary Science Reviews* 174: 80–119. doi:10.1016/j.quascirev.2017.08.026.
- Goslin J, Fruergaard M, Sander L, et al. (2018) Holocene centennial to millennial shifts in North-Atlantic storminess and ocean dynamics. *Scientific reports* 8(1): 12778. doi:10.1038/s41598-018-29949-8.

- Goslin J, Galka M, Sander L, et al. (2019) Decadal variability of north-eastern Atlantic storminess at the mid-Holocene: New inferences from a record of wind-blown sand, western Denmark. *Global and Planetary Change* 180: 16–32. doi:10.1016/j.gloplacha.2019.05.010.
- Hall AM, Hansom JD, Jarvis J (2008) Patterns and rates of erosion produced by high energy wave processes on hard rock headlands: The Grind of the Navir, Shetland, Scotland. *Marine Geology* 248(1-2): 28–46. doi:10.1016/j.margeo.2007.10.007.
- Hall AM, Hansom JD, Williams DM, et al. (2006) Distribution, geomorphology and lithofacies of cliff-top storm deposits: Examples from the high-energy coasts of Scotland and Ireland. *Marine Geology* 232(3-4): 131–155. doi:10.1016/j.margeo.2006.06.008.
- Hansom JD and Hall AM (2009) Magnitude and frequency of extra-tropical North Atlantic cyclones: A chronology from cliff-top storm deposits. *Quaternary International* 195(1-2): 42–52. doi:10.1016/j.quaint.2007.11.010.
- Haslett SK and Bryant EA (2007) Reconnaissance of historic (post-AD 1000) high-energy deposits along the Atlantic coasts of southwest Britain, Ireland and Brittany, France. *Marine Geology* 242(1-3): 207–220. doi:10.1016/j.margeo.2007.01.011.
- Hawkes AD (2020) Foraminifera in tsunami deposits. In: Engel M, Pilarczyk J, May SM, et al. (eds) *Geological records of tsunamis and other extreme waves*. Amsterdam: Elsevier, pp. 239–259.
- Hess K, Engel M, Patel T, et al. (2024) A 1500-year record of North Atlantic storm flooding from lacustrine sediments, Shetland Islands (UK). *Journal of Quaternary Science* 39(1): 37–53. doi:10.1002/jqs.3568.
- Hippensteel SP, Eastin MD, Garcia WJ (2013) The geological legacy of Hurricane Irene: Implications for the fidelity of the paleo-storm record. *Geological Society of America Today* 23(12): 1–7. doi:10.1130/GSATG184A.1.
- Hippensteel SP (2010) Paleotempestology and the pursuit of the perfect paleostorm proxy. *GSAT*, 52–53. doi:10.1130/gsatg80gw.1.
- Hippensteel SP and Martin RE (1999) Foraminifera as an indicator of overwash deposits, Barrier Island sediment supply, and Barrier Island evolution: Folly Island, South Carolina. *Palaeogeography, Palaeoclimatology, Palaeoecology* 149(1-4): 115–125. doi:10.1016/S0031-0182(98)00196-5.
- Jardine A, Selby K, Croudace IW, et al. (2022) Sedimentological archives of coastal storms in South-West Wales, UK. *Estuarine, Coastal and Shelf Science* 274: 107926. doi:10.1016/j.ecss.2022.107926.
- Jelgersma S, Stive M, van der Valk L (1995) Holocene storm surge signatures in the coastal dunes of the western Netherlands. *Marine Geology* 125: 95–110.
- Kalińska-Nartiša E, Alexanderson H, Nartišs M (2017) Luminescence dating of aeolian–coastal events on the Kristianstad plain, SE Sweden. *The Holocene* 27 (1): 85–97. doi:10.1177/0959683616652707.
- Kalińska E, Weckwerth P, Lamsters K, et al. (2024) Paleostorm redeposition and post-glacial coastal chronology in the eastern Baltic Sea, Latvia. *Geomorphology* 467: 109456. doi:10.1016/j.geomorph.2024.109456.

- Kalińska-Nartiša E, Stivrins N, Grudzinska I (2018) Quartz grains reveal sedimentary palaeoenvironment and past storm events: A case study from eastern Baltic. *Estuarine, Coastal and Shelf Science* 200: 359–370. doi:10.1016/j.ecss.2017.11.027.
- Kelletat D, Engel M, May SM, et al. (2020) Erosive impact of tsunami and storm waves on rocky coasts and post-depositional weathering of coarse-clast deposits. In: Engel M, Pilarczyk J, May SM, et al. (eds) *Geological records of tsunamis and other extreme waves*. Amsterdam: Elsevier, pp.561–584. doi:10.1016/B978-0-12-815686-5.00028-6.
- Kinkade D and Shepherd A (2022) Geoscience data publication: Practices and perspectives on enabling the FAIR guiding principles. *Geoscience Data Journal* 9: 177–186. doi:10.1002/gdj3.120.
- Kylander ME, Bindler R, Cortizas AM (2013) A novel geochemical approach to paleorecords of dust deposition and effective humidity: 8500 years of peat accumulation at Store Mosse (the “Great Bog”), Sweden. *Quaternary Science Reviews* 69: 69–82. doi:10.1016/j.quascirev.2013.02.010.
- Kylander ME, Martínez-Cortizas A, Sjöström JK, et al. (2023) Storm chasing: Tracking Holocene storminess in southern Sweden using mineral proxies from inland and coastal peat bogs. *Quaternary Science Reviews* 299: 107854. doi:10.1016/j.quascirev.2022.107854.
- Kylander ME, Söderlindh J, Schenk F (2020) It’s in your glass: a history of sea level and storminess from the Laphroaig bog, Islay (southwestern Scotland). *Boreas* 49(1): 152–167. doi:10.1111/bor.12409.
- Lamb H and Frydendahl K (1991) *Historic Storms of the North Sea, British Isles and Northwest Europe*. Cambridge University Press.
- Leszczyńska K, Alexanderson H, Clemmensen LB, et al. (2025) A review of storms and marine coastal flooding in the Baltic Sea – Insights from instrumental, historical and sedimentary record. *Earth-Science Reviews* 266: 105137. doi:10.1016/j.earscirev.2025.105137.
- Leszczyńska K, Moskalowicz D, Stattegger K (2024) Statistical approach to identify storm deposits and cryptic event layers from grain-size data, Mechelinki, Poland, Baltic Sea. *Catena* 242: 108130. doi:10.1016/j.catena.2024.108130.
- Leszczyńska K, Stattegger K, Moskalowicz D, et al. (2022) Controls on coastal flooding in the southern Baltic Sea revealed from the late Holocene sedimentary records. *Scientific reports* 12(1): 9710. doi:10.1038/s41598-022-13860-4.
- Lindhorst S, Fürstenau J, Hass C, et al. (2010) Anatomy and sedimentary model of a hooked spit (Sylt, southern North Sea). *Sedimentology* 57(4): 935–955. doi:10.1111/j.1365-3091.2009.01126.x.
- Liu K and Fearn ML (1993) Lake-sediment record of late Holocene hurricane activities from coastal Alabama. *Geology* 21(9): 793. doi:10.1130/0091-7613(1993)021<0793:LSROLH>2.3.CO;2.
- Liu K and Fearn ML (2000) Reconstruction of prehistoric landfall frequencies of catastrophic hurricanes in northwestern Florida from lake sediment records. *Quaternary Research* 54(2): 238–245. doi:10.1006/qres.2000.2166.
- Lobeto H, Semedo A, Lemos G, et al. (2024) Global coastal wave storminess. *Scientific reports* 14(1), 3726. doi:10.1038/s41598-024-51420-0.

- Maanan M, Pouzet P, Schmidt S, et al. (2022) Historic storms detected in a changing environment over recent centuries in the Belle Henriette lagoon. *Atmosphere* 13(2): 151. doi:10.3390/atmos13020151.
- May SM, Engel M, Brill D, et al. (2013) Coastal hazards from tropical cyclones and extratropical winter storms based on Holocene storm chronologies. In: Finkl CW (ed) *Coastal Hazards*. Dordrecht: Springer, pp.557–585.
- McIlvenny JD, Muller F, Dawson A (2013) A 7600-year sedimentary record of climatic instability in Dunnet Bay, North Scotland. *Marine Geology* 335: 100–113. doi:10.1016/j.margeo.2012.10.014.
- Melles M, Svendsen JJ, Fedorov G, et al. (2022) Quaternary environmental and climatic history of the northern high latitudes – recent contributions and perspectives from lake sediment records. *Journal of Quaternary Science* 37(5): 721–728. doi:10.1002/jqs.3456.
- Mellström A, van der Putten N, Muscheler R, et al. (2015) A shift towards wetter and windier conditions in southern Sweden around the prominent solar minimum 2750 cal a BP. *Journal of Quaternary Science* 30(3): 235–244. doi:10.1002/jqs.2776.
- Minamidate K and Goto K (2024) Unveiling the history and nature of paleostorms in the Holocene. *Earth-Science Reviews* 253: 104774. doi:10.1016/j.earscirev.2024.104774.
- Monecke K, Templeton CK, Finger W, et al. (2015) Beach ridge patterns in West Aceh, Indonesia, and their response to large earthquakes along the northern Sunda trench. *Quaternary Science Reviews* 113: 159–170. doi:10.1016/j.quascirev.2014.10.014.
- Moskalewicz D, Szczuciński W, Mroczek P (2022) Characterization of storm surge deposits along the shore of the Gulf of Gdańsk (Baltic Sea) applying heavy mineral analysis. *Quaternary International* 630: 34–47. doi:10.1016/j.quaint.2021.05.011.
- Moskalewicz D, Szczuciński W, Mroczek P, et al. (2020) Sedimentary record of historical extreme storm surges on the Gulf of Gdańsk coast, Baltic Sea. *Marine Geology* 420: 106084. doi:10.1016/j.margeo.2019.106084.
- Nielsen PR, Dahl SO, Jansen HL (2016a) Mid- to late Holocene aeolian activity recorded in a coastal dunefield and lacustrine sediments on Andøya, northern Norway. *The Holocene* 26(9): 1486–1501. doi:10.1177/0959683616640050.
- Nielsen PR, Dahl SO, Jansen HL, et al. (2016b) Holocene aeolian sedimentation and episodic mass-wasting events recorded in lacustrine sediments on Langøya in Vesterålen, northern Norway. *Quaternary Science Reviews* 148: 146–162. doi:10.1016/j.quascirev.2016.07.011.
- Nielsen PR, Balascio NL, Dahl SO, et al. (2016c) A high-resolution 1200-year lacustrine record of glacier and climate fluctuations in Lofoten, northern Norway. *The Holocene* 26(6): 917–934. doi:10.1177/0959683615622551.
- Nielsen PR, Dahl SO, Prestegård I, et al. (2024) Intensified Late-Holocene aeolian activity in Vesterålen, northern Norway – increased storminess or human impact? *The Holocene* 34(5): 554–567. doi:10.1177/09596836231225724.

- Oliva F, Peros MC, Viau A (2017) A review of the spatial distribution of and analytical techniques used in paleotempestological studies in the western North Atlantic Basin. *Progress in Physical Geography: Earth and Environment* 41(2): 171–190. doi:10.1177/0309133316683899.
- Oliva F, Viau AE, Peros MC, et al. (2018) Paleotempestology database for the western North Atlantic basin. *The Holocene* 28(10): 1664–1671. doi:10.1177/0959683618782598.
- Orme LC, Charman DJ, Reinhardt L, et al. (2017) Past changes in the North Atlantic storm track driven by insolation and sea-ice forcing. *Geology* 45(4): 335–338. doi:10.1130/G38521.1.
- Orme LC, Davies SJ, Duller GAT (2015) Reconstructed centennial variability of Late Holocene storminess from Cors Fochno, Wales, UK. *Journal of Quaternary Science* 30(5): 478–488. doi:10.1002/jqs.2792.
- Orme LC, Reinhardt L, Jones RT, et al. (2016) Aeolian sediment reconstructions from the Scottish Outer Hebrides: Late Holocene storminess and the role of the North Atlantic Oscillation. *Quaternary Science Reviews* 132: 15–25. doi:10.1016/j.quascirev.2015.10.045.
- Piotrowski A, Szczuciński W, Sydor P, et al. (2017) Sedimentary evidence of extreme storm surge or tsunami events in the southern Baltic Sea (Rogowo area, NW Poland). *Geological Quarterly* 61(4): 973–986. doi:10.7306/gq.1385.
- Pleskot K, Cwynar LC, Kowalczyk C, et al. (2023) Refining the history of extreme coastal events in southern Newfoundland, NW Atlantic, with lake sediment archives. *Quaternary Science Reviews* 322: 108401. doi:10.1016/j.quascirev.2023.108401.
- Poirier C, Tessier B, Chaumillon E (2017) Climate control on late Holocene high-energy sedimentation along coasts of the northeastern Atlantic Ocean. *Palaeogeography, Palaeoclimatology, Palaeoecology* 485: 784–797. doi:10.1016/j.palaeo.2017.07.037.
- Polovodova Asteman I, Nordberg K, Filipsson HL (2013) The Little Ice Age: evidence from a sediment record in Gullmar Fjord, Swedish west coast. *Biogeosciences* 10(3): 1275–1290. doi:10.5194/bg-10-1275-2013.
- Pouzet P and Maanan M (2020a) Climatological influences on major storm events during the last millennium along the Atlantic coast of France. *Scientific reports* 10(1): 12059. doi:10.1038/s41598-020-69069-w.
- Pouzet P and Maanan M (2020b) Temporal approaches of historical extreme storm events based on sedimentological archives. *Journal of African Earth Sciences* 162: 103710. doi:10.1016/j.jafrearsci.2019.103710.
- Pouzet P, Maanan M, Piotrowska N, et al. (2018) Chronology of Holocene storm events along the European Atlantic coast. *Progress in Physical Geography: Earth and Environment* 42(4): 431–450. doi:10.1177/0309133318776500.
- Pouzet P, Maanan M, Sabine S, et al. (2019) Correlating three centuries of historical and geological data for the marine deposit reconstruction of two depositional environments of the French Atlantic coast. *Marine Geology* 407: 181–191. doi:10.1016/j.margeo.2018.10.014.
- Pugh DT (1987) *Tides, surges and mean sea-level*. New York: John Wiley and Sons Inc.

- Quix E, Engel M, Boesl F, et al. (2025) Geomorphic and sedimentary impact on beaches of Eastern Visayas (Philippines) after Typhoon Haiyan in 2013 – short-term recovery and post-depositional changes. *ERDKUNDE*. doi:10.3112/erdkunde.2025.03.04.
- Rixhon G, May SM, Engel M, et al. (2018) Multiple dating approach ( $^{14}\text{C}$ ,  $^{230}\text{Th}/\text{U}$  and  $^{36}\text{Cl}$ ) of tsunami-transported reef-top boulders on Bonaire (Leeward Antilles) – Current achievements and challenges. *Marine Geology* 396, 100–113. doi:10.1016/j.margeo.2017.03.007.
- Sabatier P, Moernaut J, Bertrand S, et al. (2022) A Review of Event Deposits in Lake Sediments. *Quaternary* 5(3): 1–34. doi:10.3390/quat5030034.
- Sallenger AH (2000) Storm impact scale for barrier islands. *Journal of Coastal Research* 16(3): 890–895.
- Sharrocks PD, Peakall J, Hodgson DM, et al. (2025) Tsunami versus storms: Diagnostic sedimentary criteria in coastal lakes, lagoons and sinkhole deposits, *Earth-Science Reviews* 271: 105277. doi:10.1016/j.earscirev.2025.105277.
- Sjögren P (2009) Sand mass accumulation rate as a proxy for wind regimes in the SW Barents Sea during the past 3 ka. *The Holocene* 19(4): 591–598. doi:10.1177/0959683609104033.
- Sjöström JK, Gyllencreutz R, Martínez-Cortizas A, et al. (2024) Holocene storminess dynamics in northwestern Ireland: Shifts in storm duration and frequency between the mid- and late Holocene. *Quaternary Science Reviews* 337: 108803. doi:10.1016/j.quascirev.2024.108803.
- Sommerville AA, Hansom JD, Housley RA, et al. (2007) Optically stimulated luminescence (OSL) dating of coastal aeolian sand accumulation in Sanday, Orkney Islands, Scotland. *The Holocene* 17(5): 627–637. doi:10.1177/0959683607078987.
- Sommerville AA, Hansom JD, Sanderson D, et al. (2003) Optically stimulated luminescence dating of large storm events in Northern Scotland. *Quaternary Science Reviews* 22(10-13): 1085–1092. doi:10.1016/S0277-3791(03)00057-X.
- Sorrel P, Debret M, Billeaud I, et al. (2012) Persistent non-solar forcing of Holocene storm dynamics in coastal sedimentary archives. *Nature Geosciences* 5(12): 892–896. doi:10.1038/ngeo1619.
- Sorrel P, Tessier B, Demory F, et al. (2009) Evidence for millennial-scale climatic events in the sedimentary infilling of a macrotidal estuarine system, the Seine estuary (NW France). *Quaternary Science Reviews* 28(5-6): 499–516. doi:10.1016/j.quascirev.2008.11.009.
- Stewart H, Bradwell T, Bullard J, et al. (2017) 8000 years of North Atlantic storminess reconstructed from a Scottish peat record: Implications for Holocene atmospheric circulation patterns in Western Europe. *Journal of Quaternary Science* 32(8): 1075–1084. doi:10.1002/jqs.2983.
- Sundqvist HS, Holmgren K, Moberg A, et al. (2010) Stable isotopes in a stalagmite from NW Sweden document environmental changes over the past 4000 years. *Boreas* 39(1): 77–86. doi:10.1111/j.1502-3885.2009.00099.x.
- Suursaar Ü, Rosentau A, Hang T, et al. (2022) Climatically induced cyclicity recorded in the morphology of uplifting Tihu coastal ridgeplain, Hiiumaa Island, eastern Baltic Sea. *Geomorphology* 404: 108187. doi:10.1016/j.geomorph.2022.108187.

- Swindles GT, Galloway JM, Macumber AL, et al. (2018) Sedimentary records of coastal storm surges: Evidence of the 1953 North Sea event. *Marine Geology* 403: 262–270. doi:10.1016/j.margeo.2018.06.013.
- Szkornik K, Gehrels WR, Murray AS (2008) Aeolian sand movement and relative sea-level rise in Ho Bugt, western Denmark, during the ‘Little Ice Age’. *The Holocene* 18(6): 951–965. doi:10.1177/0959683608091800.
- Tamura T (2012) Beach ridges and prograded beach deposits as palaeoenvironment records. *Earth-Science Reviews* 114(3-4): 279–297. doi:10.1016/j.earscirev.2012.06.004.
- Tisdall EW, McCulloch RD, Sanderson D, et al. (2013) Living with sand: A record of landscape change and storminess during the Bronze and Iron Ages Orkney, Scotland. *Quaternary International* 308–309: 205–215. doi:10.1016/j.quaint.2013.05.016.
- Tsompanoglou K, Croudace IW, Birch H, et al. (2011) Geochemical and radiochronological evidence of North Sea storm surges in salt marsh cores from The Wash embayment (UK). *The Holocene* 21(2): 225–236. doi:10.1177/0959683610378878.
- Uścińowicz S, Cieślíkiewicz W, Skrzypek G, et al. (2022) Holocene relative water level and storminess variation recorded in the coastal peat bogs of the Vistula Lagoon, southern Baltic Sea. *Quaternary Science Reviews* 296: 107782. doi:10.1016/j.quascirev.2022.107782.
- Uścińowicz S, Witak M, Miotk-Szpiganowicz G, et al. (2020) Climate and sea level variability on a centennial time scale over the last 1500 years as inferred from the coastal peatland of Puck Lagoon (southern Baltic Sea). *The Holocene* 30(12): 1801–1816. doi:10.1177/0959683620950451.
- van den Biggelaar D, Kluiving SJ, van Balen RT, et al. (2014) Storms in a lagoon: Flooding history during the last 1200 years derived from geological and historical archives of Schokland (Noordoostpolder, the Netherlands). *Netherlands Journal of Geosciences* 93(4): 175–196. doi:10.1017/njg.2014.14.
- van Vliet-Lanoë B, Goslin J, Hallégouët B, et al. (2014a) Middle- to late-Holocene storminess in Brittany (NW France): Part I – Morphological impact and stratigraphical record. *The Holocene* 24(4): 413–433. doi:10.1177/0959683613519687.
- van Vliet-Lanoë B, Penaud A, Hénaff A, et al. (2014b) Middle- to late-Holocene storminess in Brittany (NW France): Part II – The chronology of events and climate forcing. *The Holocene* 24(4): 434–453. doi:10.1177/0959683613519688.
- Vousdoukas MI, Voukouvalas E, Annunziato A, et al. (2016) Projections of extreme storm surge levels along Europe. *Climate Dynamics* 47(9-10): 3171–3190. doi:10.1007/s00382-016-3019-5.
- Vousdoukas MI, Mentaschi L, Hinkel J, et al. (2020) Economic motivation for raising coastal flood defenses in Europe. *Nature Communications* 11(1): 2119. doi:10.1038/s41467-020-15665-3.
- Williams D and Hall AM (2004) Cliff-top megaclast deposits of Ireland, a record of extreme waves in the North Atlantic—storms or tsunamis? *Marine Geology* 206(1-4): 101–117. doi:10.1016/j.margeo.2004.02.002.

- Wilson P and Braley SM (1997) Development and age structure of Holocene coastal sand dunes at Horn Head, near Dunfanaghy, Co Donegal, Ireland. *The Holocene* 7(2): 187–197.  
doi:10.1177/095968369700700206.
- Wilson P, McGourty J, Bateman MD (2004) Mid-to late-Holocene coastal dune event stratigraphy for the north coast of Northern Ireland. *The Holocene* 14(3): 406–416. doi:10.1191/0959683604hl716rp
- Wilson P, Orford JD, Knight J, et al. (2001) Late-Holocene (post-4000 years BP) coastal dune development in Northumberland, northeast England. *The Holocene* 11(2): 215–229.  
doi:10.1191/095968301667179797.

TableS1

| ID | ID2 | Name                         | Latitude | Longitude | Location         | Country     | Region                   | Region 2 | Published year | References                             | Archive type | Archive class  | Predominant process | Temporal resolution (yr/cm) | Sedimentation rates (mm/yr) | Sediment Ages kyr cal. BP (Beginning) | Sediment Ages kyr cal. BP (End) |
|----|-----|------------------------------|----------|-----------|------------------|-------------|--------------------------|----------|----------------|--|--------------|----------------|---------------------|-----------------------------|-----------------------------|---------------------------------------|---------------------------------|
| 1  | 1   | Sjørøya                      | 70°29'N  | 22°10'E   | Sjørøya          | Norway      | Norwegian Sea            | 1        | 2009           | Sjögren, 2009                          | coastal peat | peatland       | ASI                 | 38.0                        | 0.26                        | 3,000                                 | -58                             |
| 2  | 2   | Latjønna                     | 69°00'N  | 15°27'E   | Andøya           | Norway      | Norwegian Sea            | 1        | 2016           | Nielsen et al., 2016b                  | coastal lake | coastal lake   | aeolian             | 36.0                        | 0.28                        | 6,200                                 | -65                             |
| 3  | 3   | Trehynnavatnet               | 68°45'N  | 14°29'E   | Vesterålen       | Norway      | Norwegian Sea            | 1        | 2016           | Nielsen et al., 2016c                  | coastal lake | coastal lake   | ASI                 | 35.0                        | 0.29                        | 11,500                                | -65                             |
| 4  | 4   | Nøkkkjønna                   | 68°39'N  | 14°26'E   | Vesterålen       | Norway      | Norwegian Sea            | 1        | 2024           | Nielsen et al., 2024                   | coastal lake | coastal lake   | ASI                 | 200.0                       | 0.05                        | 7,200                                 | -65                             |
| 5  | 5   | Longva                       | 62°40'N  | 6°16'E    | Western Norway   | Norway      | Norwegian Sea            | 1        | 2019           | Bondevik et al., 2019                  | peat         | peatland       | overwash            |                             | 0.00                        | 10,000                                | 5800                            |
| 6  | 6   | Loch Flugarth                | 60°36'N  | 1°20'W    | Shetland Islands | UK          | British Isles            | 2        | 2024           | Hess et al., 2024                      | coastal lake | coastal lake   | overwash            | 15-20                       | 0.5 - 0.67                  | 1,500                                 | -68                             |
| 7  | 7a  | Grind of the Navir, Eshaness | 60°30'N  | 1°36'W    | Shetland Islands | UK          | British Isles            | 2        | 2003           | Sommerville et al., 2003               | CTSD         | CTSD           | CTSD                |                             | 0.00                        | 250                                   | -50                             |
| 7  | 7b  | Grind of the Navir, Eshaness | 60°30'N  | 1°36'W    | Shetland Islands | UK          | British Isles            | 2        | 2006           | Hall et al., 2006; Hansom & Hall, 2009 | CTSD         | CTSD           | CTSD                |                             | 0.00                        | 1,500                                 | -50                             |
| 8  | 8   | Villians of Hamnavoe         | 60°30'N  | 1°34'W    | Shetland Islands | UK          | British Isles            | 2        | 2006           | Hall et al., 2006; Hansom & Hall, 2009 | CTSD         | CTSD           | CTSD                |                             | 0.00                        | 1,200                                 | -50                             |
| 9  | 9   | Quoygrew, Orkney             | 59°20'N  | 2°58'W    | Orkney Islands   | UK          | British Isles            | 2        | 2003           | Sommerville et al., 2003               | peatland     | peatland       | aeolian             | 2.0                         | 5.00                        | 1,000                                 | -50                             |
| 10 | 10  | Sanday, Orkney               | 59°17'N  | 2°33'W    | Orkney Islands   | UK          | British Isles            | 2        | 2007           | Sommerville et al., 2007               | peatland     | peatland       | aeolian             |                             | 0.00                        | 4,300                                 | -50                             |
| 11 | 11  | Sandhill, Orkney             | 59°11'N  | 2°45'W    | Orkney Islands   | UK          | British Isles            | 2        | 2003           | Sommerville et al., 2003               | peatland     | peatland       | aeolian             |                             | 0.00                        | 1,150                                 | -50                             |
| 12 | 12  | Stronsay                     | 59°06'N  | 2°35'W    | Orkney Islands   | UK          | British Isles            | 2        | 2013           | Tisdall et al., 2013                   | coastal peat | peatland       | marine + aeolian    |                             | 0.00                        | 4,100                                 | -62                             |
| 13 | 13  | Dunnet Bay                   | 58°37'N  | 3°24'W    | Scotland         | UK          | British Isles            | 2        | 2013           | Mclivenny et al., 2013                 | coastal dune | coastal dune   | marine + aeolian    | 10.0                        | 0.2 - 1                     | 7,600                                 | -62                             |
| 14 | 14  | Shebster                     | 58°33'N  | 3°42'W    | Scotland         | UK          | British Isles            | 2        | 2017           | Stewart et al., 2017                   | peat bog     | peatland       | sea spray           | 13.3                        | 0.75                        | 8,000                                 | -50                             |
| 15 | 15  | Crip, Riof                   | 58°12'N  | 6°56'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 400                                   | -65                             |
| 16 | 16  | Uist                         | 57°53'N  | 7°04'W    | Outer Hebrides   | UK          | British Isles            | 2        | 1999           | Gilbertson et al., 1999                | machairs     | peatland       | aeolian             |                             | 0.00                        | 14,000                                | -48                             |
| 17 | 17  | Horgabost                    | 57°51'N  | 6°58'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 400                                   | -50                             |
| 18 | 18  | Opinan                       | 57°41'N  | 5°47'W    | Scotland         | UK          | British Isles            | 2        | 2002           | Wilson et al., 2002                    | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 5,200                                 | -50                             |
| 19 | 19  | Loch Hosta                   | 57°37'N  | 7°29'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2016           | Orme et al., 2016b                     | coastal lake | coastal lake   | aeolian + overwash  |                             | 0.00                        | 1,800                                 | -65                             |
| 20 | 20  | Balranald, North Uist        | 57°36'N  | 7°31'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 500                                   | -50                             |
| 21 | 21  | Struban and Hilltop Bog      | 57°32'N  | 7°20'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2016           | Orme et al., 2016a                     | peat bog     | peatland       | ASI                 | 14.0                        | 0.71                        | 4,000                                 | -65                             |
| 22 | 22  | Nunton, Benbecula            | 57°27'N  | 7°23'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 1,100                                 | -50                             |
| 23 | 23  | Kildonan                     | 57°13'N  | 7°25'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 950                                   | -50                             |
| 24 | 24  | Borve                        | 56°59'N  | 7°30'W    | Outer Hebrides   | UK          | British Isles            | 2        | 2004           | Dawson et al., 2004                    | machairs     | peatland       | aeolian             |                             | 0.00                        | 1,300                                 | -50                             |
| 25 | 25  | Laphroaig bog                | 55°40'N  | 6°14'W    | Scotland         | UK          | British Isles            | 2        | 2020           | Kylander et al., 2020                  | peat bog     | peatland       | aeolian             | 17.0                        | 0.59                        | 6,670                                 | -70                             |
| 26 | 26  | Northumberland               | 55°32'N  | 1°38'W    | England          | UK          | British Isles            | 2        | 2001           | Wilson et al., 2001                    | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 4,000                                 | -50                             |
| 27 | 27  | Horn Head                    | 55°12'N  | 8°00'W    | Donegal          | Ireland     | British Isles            | 2        | 1997           | Wilson & Braley, 1997                  | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 900                                   | -45                             |
| 28 | 28  | Northern Ireland             | 55°09'N  | 6°45'W    | Northern Ireland | UK          | British Isles            | 2        | 2004           | Wilson et al., 2004                    | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 7,000                                 | -50                             |
| 29 | 29  | Roycarter bog                | 54°05'N  | 9°57'W    | Mayo             | Ireland     | British Isles            | 2        | 2024           | Sjöström et al., 2024                  | peat bog     | peatland       | aeolian             | 21.0                        | 0.47                        | 8,000                                 | -70                             |
| 30 | 30a | Carrownisky                  | 53°44'N  | 9°53'W    | Mayo             | Ireland     | British Isles            | 2        | 1995           | Delaney & Devoy, 1995                  | coastal dune | coastal dune   | overwash            |                             | 0.00                        | 4,000                                 | -44                             |
| 30 | 30b | Carrownisky                  | 53°44'N  | 9°53'W    | Mayo             | Ireland     | British Isles            | 2        | 1996           | Devoy et al., 1996                     | coastal dune | coastal dune   | overwash            |                             | 0.00                        | 1,500                                 | -44                             |
| 31 | 31  | Silver Strand                | 53°40'N  | 9°54'W    | Mayo             | Ireland     | British Isles            | 2        | 1995           | Delaney & Devoy, 1995                  | machairs     | peatland       | overwash            |                             | 0.00                        | 1,600                                 | -44                             |
| 32 | 32  | Cors Fochno                  | 52°30'N  | 4°01'W    | Wales            | UK          | British Isles            | 2        | 2015           | Orme et al., 2015                      | peat bog     | peatland       | ASI + sea spray     |                             | 0.00                        | 4,500                                 | -50                             |
| 33 | 33  | Oldbury-on-Severn            | 51°37'N  | 2°34'W    | England          | UK          | British Isles            | 2        | 2007           | Haslett & Bryant, 2007                 | salt marsh   | salt marsh     | overwash            |                             | 0.00                        | 180                                   | -64                             |
| 34 | 34  | Llangennith                  | 51°35'N  | 4°17'W    | Wales            | UK          | British Isles            | 2        | 2007           | Haslett & Bryant, 2007                 | salt marsh   | salt marsh     | overwash            |                             | 0.00                        | 200                                   | -50                             |
| 35 | 35  | Rumney                       | 51°29'N  | 3°07'W    | England          | UK          | British Isles            | 2        | 2007           | Haslett & Bryant, 2007                 | salt marsh   | salt marsh     | marine              |                             | 0.00                        | 150                                   | -50                             |
| 36 | 36a | Lodbjerg                     | 56°49'N  | 8°15'E    | Thy              | Denmark     | North Sea                | 3        | 2001           | Clemmensen et al., 2001b               | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 2,300                                 | -50                             |
| 36 | 36b | Lodbjerg                     | 56°49'N  | 8°15'E    | Thy              | Denmark     | North Sea                | 3        | 2009           | Clemmensen et al., 2009                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 2,300                                 | -50                             |
| 37 | 37  | Ulfborg                      | 56°17'N  | 8°09'E    | West Jutland     | Denmark     | North Sea                | 3        | 2001           | Dalsgaard & Odgaard, 2001              | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 7,950                                 | -50                             |
| 38 | 38  | Filsø                        | 55°42'N  | 8°13'E    | West Jutland     | Denmark     | North Sea                | 3        | 2018           | Goslin et al., 2018; 2019              | coastal lake | coastal lake   | ASI                 | 40.0                        | 0.25                        | 10,200                                | 2300                            |
| 39 | 39a | Vejers                       | 55°37'N  | 8°07'E    | SW Jutland       | Denmark     | North Sea                | 3        | 1996           | Clemmensen et al., 1996                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 1,650                                 | -55                             |
| 39 | 39b | Vejers                       | 55°37'N  | 8°07'E    | SW Jutland       | Denmark     | North Sea                | 3        | 2001           | Clemmensen et al., 2001a               | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 2,350                                 | -45                             |
| 39 | 39c | Vejers                       | 55°37'N  | 8°07'E    | SW Jutland       | Denmark     | North Sea                | 3        | 2006           | Clemmensen et al., 2006                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 4,950                                 | -50                             |
| 39 | 39d | Vejers                       | 55°37'N  | 8°07'E    | SW Jutland       | Denmark     | North Sea                | 3        | 2006           | Clemmesen & Murray, 2006               | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 268                                   | -55                             |
| 39 | 39e | Vejers                       | 55°37'N  | 8°07'E    | SW Jutland       | Denmark     | North Sea                | 3        | 2009           | Clemmensen et al., 2009                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 2,820                                 | -58                             |
| 40 | 40  | Ho Bugt                      | 55°35'N  | 8°17'E    | West Jutland     | Denmark     | North Sea                | 3        | 2008           | Szkornik et al., 2008                  | salt marsh   | salt marsh     | aeolian             |                             | 0.00                        | 2,000                                 | -55                             |
| 41 | 41a | Hvidbjerg                    | 55°32'N  | 8°08'E    | Thy              | Denmark     | North Sea                | 3        | 2006           | Clemmensen & Murray, 2006              | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 145                                   | -55                             |
| 41 | 41b | Hvidbjerg                    | 55°32'N  | 8°08'E    | Thy              | Denmark     | North Sea                | 3        | 2009           | Clemmensen et al., 2009                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 4,153                                 | -55                             |
| 42 | 42  | Skallingen Spit              | 55°29'N  | 8°16'E    | Skallingen Spit  | Denmark     | North Sea                | 3        | 2007           | Aagard et al., 2007                    | coastal dune | coastal dune   | overwash            |                             | 0.00                        | 500                                   | -55                             |
| 43 | 43  | Sylt                         | 55°03'N  | 8°25'E    | Frisian Islands  | Germany     | North Sea                | 3        | 2010           | Lindhorst et al., 2010                 | spit system  | others         | overwash            |                             | 0.00                        | 2,250                                 | -59                             |
| 44 | 44  | Schokland                    | 52°38'N  | 5°46'E    | Flevoland        | Netherlands | North Sea                | 3        | 2014           | Van den Biggelaar et al., 2014; 2018   | lagoon       | coastal lagoon | marine              |                             | 0.00                        | 1,200                                 | -63                             |
| 45 | 45  | Bergen                       | 52°28'N  | 4°34'E    | Holland          | Netherlands | North Sea                | 3        | 1995           | Jelgersma et al., 1995                 | coastal dune | coastal dune   | overwash            |                             | 0.00                        | 5,000                                 | -44                             |
| 46 | 46  | De Panne                     | 51°08'N  | 2°42'E    | South Belgium    | Belgium     | North Sea                | 3        | 1985           | De Ceunynck, 1985                      | coastal dune | coastal dune   | marine + aeolian    |                             | 0.00                        | 4,300                                 | -34                             |
| 47 | 47a | Skagen Odde                  | 57°44'N  | 10°38'E   | North Jutland    | Denmark     | West Baltic Sea / Skagge | 4        | 2009           | Clemmensen et al., 2009                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 4,153                                 | -55                             |
| 47 | 47b | Skagen Odde                  | 57°44'N  | 10°38'E   | North Jutland    | Denmark     | West Baltic Sea / Skagge | 4        | 2015           | Clemmensen et al., 2015                | coastal dune | coastal dune   | aeolian             |                             | 0.00                        | 490                                   | -55                             |
| 48 | 48a | Undarsmosse                  | 56°46'N  | 12°39'E   | Halland          | Sweden      | West Baltic Sea / Skagge | 4        | 2006           | De Jong et al., 2006                   | peat bog     | peatland       | ASI                 |                             | 0.00                        | 6,500                                 | -55                             |
| 48 | 48b | Undarsmosse                  | 56°46'N  | 12°39'E   | Halland          | Sweden      | West Baltic Sea / Skagge | 4        | 2007           | De Jong et al., 2007                   | peat bog     | peatland       | ASI                 | 10.0                        | 1.00                        | 2,800                                 | -55                             |
| 48 | 48c | Undarsmosse                  | 56°46'N  | 12°39'E   | Halland          | Sweden      | West Baltic Sea / Skagge | 4        | 2015           | Mellström et al., 2015                 | peat bog     | peatland       | ASI                 |                             | 0.00                        | 2,                                    |                                 |

TableS1

|    |     |                       |         |         |                  |         |                                 |   |                                      |                     |                |          |      |      |        |      |
|----|-----|-----------------------|---------|---------|------------------|---------|---------------------------------|---|--------------------------------------|---------------------|----------------|----------|------|------|--------|------|
| 49 | 49b | Anholt                | 56°42'N | 11°35'E | Island Kattegat  | Denmark | West Baltic Sea / Skaggerak     | 4 | 2007 Clemmensen et al., 2007         | coastal dune        | coastal dune   | aeolian  |      | 0.00 | 400    | -55  |
| 50 | 50  | Åhus                  | 55°53'N | 14°15'E | Skåne            | Sweden  | West Baltic Sea / Skaggerak     | 4 | 2018 Kalińska-Nartiša et al., 2017   | coastal dune        | coastal dune   | aeolian  |      | 0.00 | 250    | -65  |
| 51 | 51  | Vittskövle            | 55°51'N | 14°08'E | Skåne            | Sweden  | West Baltic Sea / Skagerrak     | 4 | 2018 Kalińska-Nartiša et al., 2017   | coastal dune        | coastal dune   | aeolian  |      | 0.00 | 11,600 | -65  |
| 52 | 52  | Stone Łąki            | 54°47'N | 18°25'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2020 Moskaiewicz et al., 2020        | coastal peat        | peatland       | overwash | 27.0 | 0.37 | 1,200  | -70  |
| 53 | 53  | Puck Lagoon           | 54°43'N | 18°24'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2020 Uścińowicz et al., 2020         | peatland            | peatland       | marine   |      | 0.00 | 1,500  | -70  |
| 54 | 54a | Mechelińskie Łąki     | 54°37'N | 18°30'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2020 Moskaiewicz et al., 2020        | coastal peat        | peatland       | overwash | 15.0 | 0.67 | 500    | -70  |
| 54 | 54b | Mechelińskie Łąki     | 54°37'N | 18°30'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2022 Leszczyńska et al., 2022; 2024  | coastal peat        | peatland       | overwash |      | 0.00 | 7,500  | -70  |
| 55 | 55  | Łaki Rozanskie        | 54°22'N | 19°42'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2022 Uścińowicz et al., 2022         | peat bog            | peatland       | marine   | 7.7  | 1.30 | 8,000  | 1000 |
| 56 | 56  | Vistula Lagoon        | 54°19'N | 19°30'E | Gulf of Gdańsk   | Poland  | West Baltic Sea / Skaggerak     | 4 | 2022 Uścińowicz et al., 2022         | lagoon              | coastal lagoon | marine   | 7.7  | 1.30 | 7,500  | 1500 |
| 57 | 57  | Rogowo                | 54°09'N | 15°18'E | Rogowo           | Poland  | West Baltic Sea / Skaggerak     | 4 | 2017 Piotrowski et al., 2017         | coastal plain       | others         | overwash |      | 0.00 | 2,000  | -65  |
| 58 | 58a | Juminda               | 59°32'N | 25°37'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2019 Vandel et al., 2019             | peat bog            | peatland       | ASI      |      | 0.00 | 170    | -68  |
| 58 | 58b | Juminda               | 59°32'N | 25°37'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2024 Vaasmaa et al., 2024            | peat bog            | peatland       | ASI      |      | 0.00 | 8,400  | -70  |
| 59 | 59a | Hiiumaa N             | 59°02'N | 22°37'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2019 Vandel et al., 2019             | peat bog            | peatland       | ASI      |      | 0.00 | 230    | -68  |
| 59 | 59b | Hiiumaa N             | 59°02'N | 22°37'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2024 Vaasmaa et al., 2024            | peat bog            | peatland       | ASI      |      | 0.00 | 3,800  | -70  |
| 60 | 60a | Hiiumaa SW            | 58°52'N | 22°30'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2019 Vandel et al., 2019             | peat bog            | peatland       | ASI      |      | 0.00 | 196    | -70  |
| 60 | 60b | Hiiumaa SW            | 58°52'N | 22°30'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2024 Vaasmaa et al., 2024            | peat bog            | peatland       | ASI      |      | 0.00 | 3,750  | -70  |
| 61 | 61  | Tihu                  | 58°52'N | 22°26'E | Hiiu             | Estonia | East Baltic Sea                 | 5 | 2022 Suursaar et al., 2022           | spit system         | others         | aeolian  |      | 0.00 | 6,500  | -70  |
| 62 | 62a | Saaremaa              | 58°11'N | 22°15'E | Saare            | Estonia | East Baltic Sea                 | 5 | 2019 Vandel et al., 2019             | peat bog            | peatland       | ASI      |      | 0.00 | 530    | -68  |
| 62 | 62b | Saaremaa              | 58°11'N | 22°15'E | Saare            | Estonia | East Baltic Sea                 | 5 | 2024 Vaasmaa et al., 2024            | peat bog            | peatland       | ASI      |      | 0.00 | 2,400  | -70  |
| 63 | 63  | Apsuciems             | 57°3'N  | 23°16'E | Gulf of Riga     | Latvia  | East Baltic Sea                 | 5 | 2024 Kalińska et al., 2024           | beach ridge sequenc | others         | overwash |      | 0.00 | 10,000 | -70  |
| 64 | 64  | Lake Lilaste          | 57°10'N | 24°21'E | Gulf of Riga     | Latvia  | East Baltic Sea                 | 5 | 2018 Kalińska-Nartiša et al., 2018   | coastal lake        | coastal lake   | overwash | 8.0  | 1.25 | 8,500  | 4000 |
| 65 | 65  | Big Pool - St. Agnes  | 49°53'N | 6°20'W  | Scilly Islands   | UK      | Bay of Biscay / English Channel | 6 | 2007 Haslett & Bryant, 2007          | lagoon              | coastal lagoon | overwash |      | 0.00 | 390    | -50  |
| 66 | 66b | Seine estuary         | 49°25'N | 0°05'E  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2012 Sorrel et al., 2012             | estuary             | others         | marine   |      | 0.00 | 6,500  | -58  |
| 66 | 66a | Seine estuary         | 49°25'N | 0°05'E  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2009 Sorrel et al., 2009             | estuary             | others         | marine   |      | 0.00 | 2,700  | -58  |
| 67 | 67  | Mont-Saint-Michel Bay | 48°36'N | 1°42'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2009 Billeaud et al., 2009           | tidal flat          | others         | overwash |      | 0.00 | 6,500  | -55  |
| 68 | 68  | Baie des Trépassé     | 48°02'N | 4°41'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2007 Haslett & Bryant, 2007          | lagoon              | coastal lagoon | overwash |      | 0.00 | 882    | -50  |
| 69 | 69  | Audierne Bay          | 47°51'N | 4°20'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2014 Van Vliet-Lanoe et al., 2014a,b | coastal dune        | coastal dune   | overwash |      | 0.00 | 7,150  | -60  |
| 70 | 70  | Pointe de la Torche   | 47°50'N | 4°21'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2007 Haslett & Bryant, 2007          | coastal dune        | coastal dune   | marine   |      | 0.00 | 520    | -50  |
| 71 | 71  | Porz Carn             | 47°49'N | 4°21'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2007 Haslett & Bryant, 2007          | coastal dune        | coastal dune   | marine   |      | 0.00 | 1,100  | -50  |
| 72 | 72  | Petite Mer de Gâvres  | 47°41'N | 3°18'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2020 Pouzet & Maanan, 2020           | salt marsh          | salt marsh     | overwash | 8.3  | 1.20 | 1,000  | -68  |
| 73 | 73a | Traits du Croisic     | 47°18'N | 2°29'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2019 Pouzet et al., 2019             | lagoon              | coastal lagoon | overwash | 4.6  | 2.20 | 300    | -68  |
| 73 | 73b | Traits du Croisic     | 47°18'N | 2°29'W  | Britanny         | France  | Bay of Biscay / English Channel | 6 | 2020 Pouzet & Maanan, 2020           | lagoon              | coastal lagoon | overwash |      | 0.00 | 1,500  | -68  |
| 74 | 74  | Island of Yeu         | 46°42'N | 2°21'W  | Pays de la Loire | France  | Bay of Biscay / English Channel | 6 | 2018 Pouzet et al., 2018             | marsh               | peatland       | overwash |      | 0.00 | 7,700  | -67  |
| 75 | 75  | Belle Henriette       | 46°20'N | 1°20'W  | Pays de la Loire | France  | Bay of Biscay / English Channel | 6 | 2022 Maanan et al., 2022             | lagoon              | coastal lagoon | overwash |      | 0.00 | 1,500  | -70  |
| 76 | 76  | Pertuis Charentais    | 46°19'N | 1°19'W  | Aquitaine Coast  | France  | Bay of Biscay / English Channel | 6 | 2017 Poirier et al., 2017            | salt marsh          | salt marsh     | overwash |      | 0.00 | 2,700  | 400  |
| 77 | 77  | Médoc                 | 45°18'N | 1°07'W  | Aquitaine Coast  | France  | Bay of Biscay / English Channel | 6 | 2002 Clarke et al., 2002             | coastal dune        | coastal dune   | aeolian  |      | 0.00 | 4,000  | -50  |