

1 **Household water storage compromises drinking water safety in a “safely**
2 **managed” system**

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18 **Abstract**

19 While nearly three-quarters of the globe use safely managed drinking water services,
20 water quality can deteriorate between the point of service provision and point of
21 consumption due to intermittent supply and the need to store water at the household
22 level. To test if water storage contributes to waterborne pathogen hazards, we
23 estimated prevalence and concentration of enteric pathogens in piped and stored
24 drinking water samples in Beira, Mozambique, using large-volume sampling methods.
25 We assessed water sample concentrates for microbial contamination from bacterial,
26 protozoan, viral, helminthic, antimicrobial resistance (AMR), and microbial source
27 tracking targets with RT-qPCR using a custom TaqMan Array Card. We found that
28 enteric pathogens, AMR targets, and human mtDNA were more prevalent in stored
29 drinking water compared to household tap water. We also detected enteric pathogens—
30 including *Cryptosporidium*, *Giardia*, pathogenic *Escherichia coli*, and rotavirus— directly
31 from 13% (11/87) of piped sources connected to a well-managed, but intermittent, water
32 supply system, albeit less frequently than in stored water. These findings suggest that
33 without continuity in service delivery combined with effective filtration treatment in piped
34 supplies and safe storage microbial contamination of drinking water at the point of use
35 may continue to occur.

36 **1. Introduction**

37 An estimated 2.2-4.4 billion people lack access to safely managed drinking water (i.e., a
38 drinking water source that is available on premises when needed and free from
39 chemical and biological hazards), and instead rely on sources that are susceptible to
40 contamination with fecal pathogens (1,2). Unsafe drinking water is responsible for an
41 estimated 35% of diarrhea-related deaths in low-and-middle income countries (LMICs)
42 (3). While approximately 73% of the global population used safely managed drinking
43 water services in 2022, this is likely an overestimation as monitoring systems for
44 chemical and microbial contaminants are often inadequate (1,2,4,5). Furthermore, even
45 populations with access to “safely managed” piped water sources are susceptible to
46 waterborne contaminant exposures, especially at the point of use. Water from improved
47 sources has been shown to contain lower levels of fecal contamination compared with
48 water from unimproved sources, but there is evidence of microbial contamination even
49 in improved drinking water samples (6,7). Improved sources consistently fail to meet
50 normative water safety guidelines in large-scale surveys (8). Therefore, it is important
51 to understand specific microbial risks attributable to drinking water exposures in these
52 types of settings by characterizing pathogen specific hazards in these conditions to
53 inform science-backed solutions.

54 Poor water quality in piped water supplies may result from inadequate or inconsistent
55 treatment, degradation of water quality in distribution systems, and intrusion during low-
56 pressure events or intermittent service (9,10). Intermittent water supplies (IWSs) are
57 common in many LMICs that have piped water systems, with an estimated 925 million
58 people relying on IWSs for water delivery (11). These IWS systems become susceptible

59 to intrusion from non-treated water during periods of pressure-loss and create an
60 environment suitable for microbial regrowth (12).

61 Importantly, intermittent service creates a need for household storage of water, so that
62 water is available for use when needed. Multiple studies have shown that stored water
63 contains significantly higher levels of *Escherichia coli* fecal indicator bacteria (FIB)
64 compared to samples taken directly from a tap receiving improved water, resulting in
65 impaired water quality at the point of consumption (8,13,14).

66 While household water storage is the norm in many LMIC communities, most studies of
67 water storage effects on water quality in LMICs have only evaluated FIB (8,13,14).

68 Understanding which pathogens play a role in household water contamination can
69 inform control strategies, as not all are preventable with the same means. Additionally,
70 much of what we know on pathogens in drinking water supplies are from studies based
71 in high-income countries and may not be globally representative (15–18). FIB serve as
72 a proxy for recent fecal contamination but may not represent the full set of microbial
73 contamination in a water sample, as different organisms have different survival rates in
74 the environment. Detection of a more comprehensive set of specific enteric pathogens,
75 rather than reliance on indicator organisms, can be helpful for estimating more realistic
76 health hazards. In addition, microbial source tracking (MST) can help identify the origin
77 of enteric pathogens and inform their control (19).

78 Some important enteric pathogens can be resistant to antibiotics. Antibiotic resistance
79 (AMR) can be naturally found in the environment but is more prevalent in areas with
80 anthropogenic pollution, particularly from wastewater contamination (20,21). AMR in
81 drinking water supplies can impact public health by direct exposure to AMR bacteria or

82 via horizontal gene transfer, potentially leading to risk of treatment failure when using
83 antibiotics to treat infections. Presence of antibiotic resistance genes (ARGs) in drinking
84 water supplies can indicate contamination from wastewater or agriculture and may
85 suggest that current water treatment methods are insufficient. Co-occurrence of ARGs
86 and pathogens in drinking water may confer resistance in pathogens due to horizontal
87 gene transfer (22).

88 Seasonality can also influence pathogen hazards in the environment. In many settings,
89 there are higher levels of fecal contamination present in drinking water supplies during
90 the rainy season (23).

91 In this study, we evaluated the prevalence and concentration of enteric pathogens,
92 ARGs, and MST targets in piped and stored drinking water sources used by households
93 served by a safely managed drinking water supply. Our aim was to understand specific
94 microbial hazards associated with water storage and seasonality. To achieve this aim,
95 we compared contamination between stored and tap drinking water from the same
96 households and neighborhoods, and between the rainy and dry seasons, hypothesizing
97 that water storage and wet season conditions contribute to increased waterborne
98 pathogen hazards in this setting.

99 **2. Materials and Methods**

100 **2.1 Study Context**

101 This study was nested within the *Pesquisa Sobre o Acesso à Água e a Saúde Infantil*
102 *em Moçambique* (PAASIM; Research on Access to Water and Children's Health in
103 Mozambique) trial, a prospective matched controlled birth cohort assessing if and how

104 improvements in water supply in low-income urban areas of Beira, Mozambique impact
105 health outcomes in children (24). Enrolled households were visited every three months
106 from the end of pregnancy until the child was 12 months old. At each visit, enumerators
107 conducted a household survey, took anthropometric measurements, and collected child
108 stool, drinking water samples, and dried capillary blood spots (6, 9, and 12 month visits
109 only). For this sub-study, we collected additional large volume water samples from
110 households and community water points and assayed them via culture and molecular
111 methods to detect specific enteric pathogens and other targets of interest.

112 Beira is the fourth largest municipality in Mozambique, with a population of over half a
113 million people and much of the population resides in informal settlements (25). It is
114 classified as a tropical savanna climate with distinct rainy and dry seasons. Figure 1
115 shows locations of water sampling for this sub-study. Beira receives water from the
116 Pungwe River, around 80 km outside the city, where water is transferred via pipeline to
117 a longitudinal canal for sedimentation pre-treatment before entering the water treatment
118 plant (26). Treated water is transferred to the distribution center via pipeline. As of April
119 2024, municipal water was supplied to households approximately 14 hours per day on
120 average (27). It should be noted that the water regulatory agency does not have the
121 goal of supplying water 24 hours a day 7 days a week due to water losses.

122 *Figure 1. Study area, showing community water sample collection points. All samples were collected in Beira,*
123 *Mozambique, within the PAASIM study neighborhoods.*

124 **2.2 Sample Selection and Sampling Methods**

125 To evaluate associations between water storage and detection of waterborne pathogen
126 hazards we collected both stored (point-of-use) and tap water (point-of-collection)

127 drinking water samples. Household point-of-use samples were identified based on
128 stored water that the mother said she would give to her child to drink. In addition to the
129 household samples, we collected water from public community taps as a proxy for
130 contaminants in the household water supply as it is from the same distribution system.
131 Details of number of samples collected from each sample type (household stored water,
132 household water sampled from a tap, and piped water collected from public community
133 taps) are presented in Table 1.

134 *Table 1. Description of drinking water samples collected, method for processing, total volume sampled, number of*
135 *samples in each season, and data generated from each sample type*

Sample Type	Method	Volume sampled	Dry season n	Rainy season n	Total n	Data generated
Household Stored	Membrane Filtration	0.5-2.5 L	51	24	75	Culturable <i>E. coli</i> detection & quantification from Most Probable Number (MPN) Enteric pathogen, antimicrobial resistance, and microbial source tracking gene target detection & quantification from RT-qPCR
Household Tap	Membrane Filtration	0.5-2.5 L	26	12	38	
Community Tap	Dead-End-Ultrafiltration	15-55 L	24	25	49	

136
137 To understand the year-round waterborne hazards and assess differences between the
138 seasons, we collected samples at different points in the year (28–30), first during the dry
139 months (May-June 2022) and then during the rainy months (January-February 2023) to

140 account for seasonal variations in water quality. To dichotomize rainy verse dry
141 seasons, the PAASIM study used a data driven approach incorporating daily rainfall,
142 temperature, and specific and relative humidity using a principal component analysis
143 (PCA) and k-means clustering to group months as rainy or dry (31). This approach
144 resulted in the rainy season during our study timeframe defined as October through
145 April, while the dry season ran from May through September, aligning with usual rainfall
146 and temperature trends.

147 During the sampling effort, we selected a subset of 75 PAASIM households (of 548 total
148 households included in the study) at random in equal proportions between intervention
149 and comparison neighborhoods, based on which houses were being visited at the time
150 of sample collection for this sub study. These household sampling visits took place at
151 any of the 3-, 6-, 9-, or 12-month visits. Different households were visited in the wet and
152 dry season. For sampling of community taps, we sampled all taps under surveillance
153 for PAASIM longitudinal monitoring. This included 25 community taps within the study
154 neighborhoods, selected from a total of 43 that were functioning at the beginning of the
155 study using probability proportional to size sampling based on household density (24).
156 For our large volume dead-end-ultrafiltration (DEUF) sampling, we visited these 25
157 community taps twice, once during the rainy season and again during the dry season.
158 During the dry season, one of the 25 taps had no water available so we were not able to
159 collect a sample.

160 **2.3 Membrane Filtration**

161 We used membrane filtration to concentrate household drinking water samples (tap and
162 stored). In this method water is passed through a membrane filter paper by vacuum

163 pump and organisms in the sample are trapped on the membrane for downstream
164 analysis. At each household, a stored and/or tap water sample was collected by the
165 project enumerators during scheduled household visits. Due to limited household water
166 supplies, we did not take more than 2.5 L of stored or tap water from any home.
167 Household samples were collected using a large Whirl-Pak bag (Nasco, Pleasant
168 Prairie, Wisconsin) containing sodium thiosulphate for dechlorination, and transported
169 on ice to the Beira Water Laboratory to be processed by membrane filtration on a 47mm
170 mixed cellulose ester HA filter with a pore size of 0.45µm (MilliporeSigma, Burlington,
171 Massachusetts) using an electric vacuum pump. Filters were stored in individual
172 cryovials containing 1 mL of Zymo DNA/RNA Shield (Zymo, Irvine, California). Cryovials
173 were stored in the freezer at -20° C until transfer to UNC-Chapel Hill, where they were
174 transported and stored at -80° C until nucleic acid extraction and molecular analyses
175 were performed.

176 **2.4 Culture-Based Methods**

177 We used IDEXX Colilert-18 Quanti-Tray 2000 (IDEXX, Westbrook, Maine) to detect and
178 quantify *E. coli* in all three drinking water types. We followed the EPA Standard Method
179 9223 B Colilert-18® by combining 100 mL of undiluted sample with Colilert-18 reagent
180 and incubating at 37° C for 18-22 hours. Following incubation, we read the results under
181 a UV chamber (IDEXX, Westbrook, Maine). IDEXX methods were performed by local
182 research staff at the Beira Water laboratory within 6 hours of collection, and stored on
183 ice or in the refrigerator prior to analysis.

184 We measured culturable *E. coli* in addition to direct pathogens as a proxy indicator for
185 viability, since molecular methods measure nucleic acids from both viable and non-
186 viable organisms. Enteric pathogens, especially unenveloped viruses and protozoan
187 cysts, are more persistent and resistant to a wide range of inactivation processes
188 compared with vegetative *E. coli*, making it a potentially conservative proxy for enteric
189 pathogen viability overall (32–34).

190 **2.5 Dead-End Ultrafiltration (DEUF)**

191 To sample the public community taps, we used DEUF, a technique for sampling and
192 concentrating large volumes of water, where water is passed through a hemodialyzer by
193 peristaltic pump and organisms in the sample are trapped in the ultrafilter and retrieved
194 when the filter is backflushed (15,35). These larger volume (15-55 L) samples increase
195 the probability of pathogen detection, which can be scarcer in piped supplies than in
196 stored water (9). Briefly, we drew water from the community tap into a sterilized 5-L
197 bucket and pumped the sample through a Rexeed 25S dialysis filter (Asahi Kasei
198 Medical Co., Ltd, Tokyo, Japan) using a Geotech GeoPump peristaltic pump (Geotech
199 Environmental Equipment, Inc., Denver, Colorado) and fitted tubing sterilized in a
200 bleach bath and rinsed with sodium thiosulphate between uses, while monitoring the
201 filtered volume with a water totalizing meter (Clark Solutions, Hudson, Massachusetts).
202 Following collection, we collected 500 mL of purified outflow into a sterilized bottle
203 containing 5g sodium thiosulphate to pump through the filter and dechlorinate any
204 remaining chlorine from the supply. Used filters were capped and transported on ice.
205 Immediately upon arrival to the Beira Water laboratory, we backflushed the dead-end-
206 ultrafilters with a solution containing 0.5% Tween 80, 0.01% sodium polyphosphate,

207 0.001% antifoam Y-30, to a volume of approximately 500 mL. Backflush was frozen at -
208 20° C until transport to the Polana Caniço Health Research and Training Center
209 (CISPOC) laboratories in Maputo on cold chain, where we further concentrated the
210 backflush using polyethylene glycol (PEG) precipitation. Briefly, the backflush solution
211 was adjusted to 0.9 M NaCl, 12% PEG 8000, and 1% bovine serum albumin,
212 refrigerated overnight, and then centrifuged at 10,000xg and 4° C for 30 minutes. The
213 pellet was resuspended in 1-4 mL of phosphate buffered saline (PBS). All samples were
214 shipped on dry ice at -80° C to our laboratory at UNC-Chapel Hill for nucleic acid
215 extraction and molecular analyses.

216 **2.6 Molecular Analysis**

217 We extracted nucleic acids from 200 µL of resuspended pellet (DEUF samples) or
218 eluted filter (membrane filtration samples) using the automated Qiagen QIAamp 96
219 Virus QIAcube HT Kit on the QIAcube HT (Qiagen, Hilden, Germany). We included a
220 validated pre-treatment step using the Qiagen TissueLyser involving beat beating in
221 Powerbead Pro tubes for 5 minutes on each side at 25 Hz. As a positive extraction
222 control, we used 10 µL of Inforce3, which contains both a DNA virus (BHV) and an RNA
223 virus (BRSV), spiked into each sample prior to the pre-treatment step. Extractions were
224 completed in batches, and each batch included a negative extraction control of
225 molecular grade water. We stored extracts at -80° C until further analysis.

226 We analyzed all samples using real-time reverse transcriptase quantitative polymerase
227 chain reaction (RT-qPCR) via a TaqMan Array Card (TAC) with 48 gene targets related
228 to waterborne exposures. We tested for 31 pathogen targets, including 11 bacterial (16

229 genes), 6 viral (7 genes), 4 protozoan, and 4 soil-transmitted helminths, and 8 AMR
230 markers (11 genes), 1 human MST marker, and 5 control targets (Table S1). TACs
231 were prepared using AgPath One-Step RT-PCR mastermix (ThermoFisher Scientific,
232 Waltham, Massachusetts) with a hepatitis G process control and run on the Applied
233 Biosystems QuantStudio 7 Flex Real-Time PCR System (ThermoFisher Scientific,
234 Waltham, Massachusetts). All PCR experiments were performed in accordance with
235 MIQE guidelines (36) (Table S2). Array cards were analyzed in QuantStudio™ Real-
236 Time PCR Software (ThermoFisher Scientific, Waltham, Massachusetts) using standard
237 curves to estimate gene copies of each target (Table S3).

238 To estimate gene copies of each target in our water samples, we used Cq values in
239 combination with standard curves to produce gene copies per PCR reaction and
240 accounted for sampling concentration steps and dilutions during processing to estimate
241 gene copies per 100 mL of drinking water. We determined the lower limit of detection
242 (LOD) based on a set of repeated measurements around the estimated limit and used a
243 probit analysis to estimate the level of concentration corresponding to a 95% probability
244 of detection (Table S3). Samples that were below the LOD were deemed non-detects.
245 Non-detect concentrations were set to 50% of the LOD value for their specific assay.

246 **2.7 Data Analysis**

247 We compared prevalence and concentration of pathogens and other targets in drinking
248 water between stored versus tap samples and rainy versus dry seasons. To determine
249 differences in prevalence, we calculated unadjusted and adjusted prevalence ratios
250 using Poisson regression with robust standard errors. Models were adjusted for
251 intervention status and rainy season, determined *a priori*. With our concentration data,

252 we calculated mean differences using robust linear regression, with non-detects
253 imputed to 50% of the LOD (37). To assess seasonal differences in prevalence, we
254 used Poisson regression with robust standard errors. We used Microsoft Excel 365 for
255 data management, conducted all analyses in STATA version 18.5, and created figures
256 using R version 4.4.2. Full details on molecular assays are provided in Table S2 (36).

257 **2.8 Ethics Approval**

258 This study protocol, informed consent forms, and data collection tools was
259 approved by the Mozambique National Bio-Ethics Committee for Health (IRB00002657)
260 and Emory University's Institutional Review Board (IRB00098584). Credential letters
261 and permissions were obtained from Beira municipality and municipal district
262 administrations from study neighborhoods for study conduct in those areas. Study
263 participants were given written informed consent forms at their homes during enrollment
264 visits, which were signed or marked with a thumbprint by the primary caregiver or a
265 parent or guardian over 18 years old. Mothers were recruited and enrolled in the study
266 in their third trimester of pregnancy between February 19th 2021 and October 9th 2022.

267 **3. Results**

268 We collected a total of 162 water samples, including household stored (n=75),
269 household tap (n=38) and community tap (n=49) sample types. Results from the TAC
270 analysis for individual targets (i.e. not aggregated) are shown in the supplemental
271 information (Table S4).

272 **3.1 Cultured *E. coli***

273 Household stored water had the highest concentrations of culturable *E. coli* (mean = 83
 274 CFU/100 mL, sd=321), followed by household piped water (mean = 64 CFU/100 mL,
 275 sd=393), and community tap water (mean = 1.6 CFU/100 mL, sd=10) (Table 2).

276 *Table 2. Seasonal prevalence and mean concentration of culturable E. coli (most probable number (MPN) of E. coli*
 277 *per 100 mL of drinking water) from IDEXX analysis*

Organism	Season	Household Stored (n=75)		Household Tap (n=38)		Community Tap (n=49)	
		% Detects (n)	Mean (sd) MPN/100 mL water	% Detects (n)	Mean (sd) MPN/100 mL water	% Detects (n)	Mean (sd) MPN/100 mL water
Culturable <i>E. coli</i>	Both seasons	44% (33/75)	83 (321)	18% (7/38)	64 (393)	22% (11/49)	1.6 (10)
	Rainy season	54% (13/24)	52 (212)	17% (2/12)	202 (699)	36% (9/25)	2.9 (14)
	Dry season	39% (20/51)	98 (361)	19% (5/26)	0.23 (0.52)	8% (2/24)	0.13 (0.45)

278

279 3.2 Molecular Targets

280 3.2.1 Community Tap Water

281 Of the 49 community taps sampled, we detected an enteric pathogen in seven (14%)
 282 samples. We detected *Cryptosporidium* spp. in water from three (6%) community taps,
 283 rotavirus in three (6%), and *E. coli* (EAEC *aatA*) in one (2%) sample.

284 In one community tap, we detected five different genes (CTX M1, CTX M2, CTX M8,
 285 SHV, TEM) associated with extended-spectrum beta-lactamases (ESBL) that may

286 confer resistance to beta-lactams. We found *int1*, a mobile genetic element, in 19 (39%)
287 of community taps (38,39). We detected human mtDNA, a marker of human fecal
288 contamination (40), in samples from four (8%) community taps.

289 **3.2.2 Household Tap Water**

290 Of the 38 households sampled, we detected *Cryptosporidium* spp. in three (8%)
291 household taps, and *Giardia* spp. in one (3%).

292 In taps from four households, we detected one or more ESBL genes (CTX M8, CTX M9,
293 SHV, TEM). We detected the *int1* gene in 11 (29%) household tap water samples, and
294 human mtDNA in five (13%).

295 **3.2.3 Household Stored Water**

296 Stored drinking water had the greatest prevalence and diversity of enteric pathogens
297 detected. Of the 75 households tested, we detected at least one enteric pathogen in 20
298 (27%) stored water samples. Enteroaggregative *E. coli* (EAEC *aaIC* or EAEC *aatA*) was
299 detected in four (5%) samples, enteropathogenic *E. coli* (EPEC *eae* and EPEC *bfpA*) in
300 one (1%), enterotoxigenic *E. coli* (ETEC LT or ETEC STp) in two (3%), and diffusely
301 adherent *E. coli* (DEAC *afaB*) in two (3%) samples. Non-toxigenic *Vibrio* spp. was found
302 in six (8%) samples. We detected *Cryptosporidium* spp. in 10 (13%) stored water
303 samples, and *Giardia* spp. in four (5%). No viruses or helminths were detected in any
304 stored water sample.

305 We detected an AMR ESBL gene in 54 (72%) of stored household water samples,
306 including CTX M1, CTX M2, CTX M8, CTX M9, SHV, and TEM. In one stored
307 household water sample we detected *mcr-1*, a gene associated with colistin resistance

308 (41). We found *intl1* in 62 (83%) household stored water samples, and human mtDNA in
 309 49 (65%) samples.

310 3.2.4 Culturable *E. coli* co-detection

311 Of the 162 samples of all types that were evaluated, we detected at least one pathogen
 312 in 29 samples, 62% (18) of which also contained culturable levels of *E. coli*. Co-
 313 detection of *E. coli* by culture in the same sample as a pathogen target indicates
 314 potential for viability and therefore exposure risk to people consuming this water. Of the
 315 16 samples where *Cryptosporidium* spp. was detected, 8 (50%) also tested positive for
 316 culturable *E. coli*. Similarly, culturable *E. coli* was detected alongside *Giardia* in 20%
 317 (1/5), *Vibrio* in 67% (4/6), EAEC (*aaIC*) in 50% (2/4), EAEC (*aatA*) in 50% (2/4), ETEC
 318 (LT) in 50% (1/2), and DAEC in 50% (1/2).

319 3.3 Detection and quantification of enteric pathogens and other targets across 320 sample types and seasons

321 Detection and quantification of enteric pathogens and other targets from the molecular
 322 analysis are shown in Table 3.

323 *Table 3. Seasonal prevalence and mean concentration of molecular targets in gene copies (gc) of target per 100 mL*
 324 *of different sample types of drinking water from TaqMan Array Card RT-qPCR analysis. Values used as input into*
 325 *regression analyses.*

		Household Stored (n=75)		Household Tap (n=38)		Community Tap (n=49)	
Organism	Season	% Detects (n)	Mean (sd)	% Detects (n)	Mean (sd)	% Detects (n)	Mean (sd)

			gc/100 mL water		gc/100 mL water		gc/100 mL water
Any pathogen (n=31)	Both seasons	2% (34/2,325)	9.0x10 ² (2.4x10 ⁴)	0.3% (4/1,178)	1.9x10 ¹ (3.1x10 ²)	0.5% (7/1,519)	1.7x10 ¹ (3.4x10 ²)
	Rainy season	2% (12/744)	3.4x10 ² (7.1x10 ³)	0.3% (1/372)	1.1x10 ¹ (1.9x10 ²)	0.5% (4/775)	7.7x10 ⁰ (1.2x10 ²)
	Dry season	1% (22/1,581)	1.2x10 ³ (2.9x10 ⁴)	0.4% (3/806)	2.3x10 ¹ (3.6x10 ²)	0.4% (3/744)	2.7x10 ¹ (4.7x10 ²)
Any protozoa (n=4)	Both seasons	5% (14/300)	3.8x10 ³ (6.2x10 ⁴)	3% (4/152)	1.4x10 ² (8.6x10 ²)	0.8% (3/196)	2.1x10 ¹ (2.4x10 ²)
	Rainy season	4% (4/96)	8.2x10 ¹ (4.1x10 ²)	2% (1/48)	7.8x10 ¹ (5.3x10 ²)	3% (3/100)	4.0x10 ¹ (3.3x10 ²)
	Dry season	5% (10/204)	5.6x10 ³ (7.5x10 ⁴)	3% (3/104)	1.7x10 ² (9.8x10 ²)	0% (0/96)	1.6x10 ⁰ (0.89x10 ⁰)
Any AMR (n=11)	Both seasons	22% (184/825)	5.6x10 ⁵ (9.2x10 ⁶)	4% (18/418)	3.0x10 ² (1.9x10 ³)	5% (27/539)	2.3x10 ³ (4.6x10 ⁴)
	Rainy season	25% (66/264)	1.6x10 ⁶ (1.6x10 ⁷)	5% (7/132)	5.0x10 ² (2.6x10 ³)	6% (16/275)	4.4x10 ³ (6.5x10 ⁴)
	Dry season	21% (118/561)	6.8x10 ⁴ (5.6x10 ⁵)	4% (11/286)	2.0x10 ² (1.4x10 ³)	4% (11/264)	7.5x10 ¹ (5.9x10 ²)
Human fecal contamination (mtDNA) (n=1)	Both seasons	65% (49/75)	1.6x10 ⁴ (2.8x10 ⁴)	13% (5/38)	8.5x10 ² (2.5x10 ³)	8% (4/49)	2.7x10 ² (1.3x10 ³)
	Rainy season	71% (17/24)	1.6x10 ⁴ (2.7x10 ⁴)	17% (2/12)	1.0x10 ³ (2.8x10 ³)	12% (3/25)	4.0x10 ² (1.7x10 ³)
	Dry season	63% (32/51)	1.5x10 ⁴ (2.9x10 ⁴)	12% (3/26)	7.7x10 ² (2.5x10 ³)	4% (1/24)	1.5x10 ² (7.0x10 ²)

326 AMR=Antimicrobial resistance

327 Stored household water was associated with increased prevalence of pathogen targets
 328 (PR=4.3, aPR=4.2, p<0.05), AMR genes (PR=5.2, aPR=5.2, p<0.05), and human fecal
 329 contamination as measured by mtDNA (PR=5.0, aPR=4.9, p>0.05) compared to
 330 household tap water. There were no statistically significant differences in prevalence of
 331 protozoa only between water types. Bacteria and viruses were not analyzed between
 332 water types as they were not detected frequently between the water types. Culturable *E.*
 333 *coli* was also more prevalent in stored water compared to household tap water. There
 334 were no differences in prevalence between household tap water and community tap
 335 water for any indicator (Table 4, Figure 2).

336 *Table 4. Prevalence ratios, adjusted for season and intervention status. Household tap water as reference. Bolded p-*
 337 *values indicate statistical significance at alpha 0.05.*

	Water Type	PR (95% CI)	p-value	aPR (95% CI)	Adjusted p-value
Any pathogen present	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	1.4 (0.40-4.6)	0.625	1.4 (0.42-4.8)	0.574
	Household Stored	4.3 (1.5-12)	0.006	4.2 (1.5-12)	0.006
Any protozoa present	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	0.58 (0.13-2.6)	0.474	0.58 (0.14-2.4)	0.456
	Household Stored	1.8 (0.59-5.3)	0.305	1.7 (0.58-5.2)	0.316
Any AMR genes present	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	1.0 (0.57-1.9)	0.913	1.0 (0.55-1.8)	0.991
	Household Stored	5.2 (3.2-8.3)	<0.001	5.2 (3.2-8.3)	<0.001
Human fecal contamination	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	0.62 (0.18-2.2)	0.454	0.60 (0.17-2.1)	0.421
	Household Stored	5.0 (2.2-11)	<0.001	4.9 (2.2-11)	<0.001

(mtDNA MST marker) present					
Culturable <i>E. coli</i> present	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	1.2 (0.52-2.9)	0.649	1.1 (0.48-2.5)	0.816
	Household Stored	2.4 (1.2-4.9)	0.018	2.4 (1.2-4.9)	0.018

338 AMR=Antimicrobial resistance, MST=microbial source tracking

339

340 *Figure 2. Prevalence ratios of water quality indicators in unadjusted and adjusted regression models with household*
 341 *tap water as reference*

342 Household stored water was marginally associated with greater concentrations of
 343 enteric pathogens in the unadjusted (p=0.08) and adjusted (p=0.08) models, and AMR
 344 genes in the unadjusted (p=0.08) and adjusted (p=0.09) models, compared to
 345 household tap water. Household stored water had significantly greater concentrations of
 346 human fecal contamination (p<0.05) compared to household tap water (Table 5, Figure
 347 3).

348 *Table 5. Mean difference in concentration between water types, adjusted for rainy season and intervention status.*
 349 *Household tap water as reference.*

	Water Type	Mean Difference (95% CI)	p-value	Adjusted Mean Difference (95% CI)	p-value
Concentration of any pathogen	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	-2.4 (-27-22)	0.847	188 (-87-463)	0.181
	Household Stored	885 (-110-1880)	0.081	841 (-99-1780)	0.079
Concentration of protozoa	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	-119 (-260-22)	0.099	874 (-1110-2858)	0.387

	Household Stored	3675 (-3305-10656)	0.302	3483 (-3115-10081)	0.300
Concentration of AMR genes	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	1964 (-1950-5878)	0.325	-167141 (-415673-81392)	0.187
	Household Stored	555068 (-70975-1181113)	0.082	566836 (-814550-1215126)	0.087
Concentration of human mtDNA	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	-571 (-1462-320)	0.208	383 (-1968-2733)	0.748
	Household Stored	14672 (8194-21149)	<0.001	14276 (8052-20500)	<0.001
Concentration of culturable <i>E. coli</i>	Household Tap	Ref	Ref	Ref	Ref
	Community Tap	-62 (-188-63)	0.327	-72 (-223-78)	0.344
	Household Stored	19 (-126-164)	0.793	21 (-122-165)	0.771

350 AMR=Antimicrobial resistance

351

352 *Figure 3. Forest plot of mean difference of water quality indicators with household tap water as reference, adjusted*
 353 *for rainy season and intervention status. Log transformed.*

354 There was no difference in prevalence of all pathogens, protozoa only, AMR targets, or
 355 human fecal contamination in any drinking water type between the dry and rainy
 356 seasons (Table 6). In community tap water, culturable *E. coli* was more prevalent during
 357 the rainy season compared to the dry season (PR=4.3, p<0.05).

358 *Table 6. Differences in prevalence between seasons, dry season as reference*

	Water Type	PR (95% CI)	p-value
Any pathogen present	Household Tap	0.72 (0.075-6.9)	0.778

	Community Tap	1.3 (0.29-5.7)	0.746
	Household Stored	1.2 (0.58-2.3)	0.679
Any protozoa present	Household Tap	0.72 (0.077-6.8)	0.776
	Community Tap	NA	NA
	Household Stored	0.85 (0.27-2.6)	0.779
Any AMR present	Household Tap	1.4 (0.55-4.5)	0.497
	Community Tap	1.1 (0.52-2.5)	0.753
	Household Stored	1.2 (0.91-1.5)	0.199
Human fecal contamination present	Household Tap	1.4 (0.27-7.7)	0.667
	Community Tap	2.9 (0.31-26)	0.349
	Household Stored	1.1 (0.81-1.6)	0.478
Culturable <i>E. coli</i> present	Household Tap	0.87 (0.19-3.9)	0.853
	Community Tap	4.3 (1.0-18)	0.047
	Household Stored	1.4 (0.83-2.3)	0.211

359 AMR=Antimicrobial resistance

360 4. Discussion

361 Using large-volume sampling, we detected pathogens in both stored and tap drinking
362 water supplies in informal settlements in Beira, Mozambique. We most consistently
363 found *Cryptosporidium* but also detected other pathogens. More than half of the drinking
364 water samples were accompanied by co-detection of *E. coli*, indicating potential for
365 viability and therefore exposure risk to people consuming this water. We found that
366 enteric pathogens, AMR targets, human mtDNA, and culturable *E. coli* were all more
367 prevalent in stored water compared to household tap water. We did not find any
368 differences between pathogen presence or concentration in drinking water between the
369 rainy and dry seasons.

370 Beira has an improved water system, as defined by the Joint Monitoring Programme
371 (JMP). However, it can be characterized as an intermittent water supply as it does not
372 deliver water for 24 hours a day, seven days a week. PAASIM study staff surveyed
373 each enrolled household on water intermittency and found that those with a household
374 water connection had access to their piped water an average of 6.3 days a week
375 (sd=1.5) and 11.4 hours per day (sd=6.0)(42). Water intermittency can impact water
376 quality even in a highly chlorinated system. A study in India comparing intermittent
377 supply to continuous supply found that water served by an intermittent supply was more
378 likely to be positive for culturable *E. coli* and waterborne pathogen gene targets
379 including ETEC, *Shigella*/EIEC, norovirus GI and GII, adenovirus, *Cryptosporidium*, and
380 *Giardia* (9). Furthermore, 99% of households enrolled in PAASIM reporting storing
381 drinking water (43). Intermittency not only impacts the water quality coming out of the
382 taps but also necessitates water storage, which is associated with decreased water
383 quality.

384 Water supply characteristics in Beira could influence the pathogen concentrations we
385 detected in the drinking water. The piped water in this study comes from a centralized
386 water distribution system that was undergoing improvements to certain areas during the
387 sampling period. Water samples were collected from neighborhoods that had already
388 been connected to the upgraded distribution system and those that were still on the
389 older system. Illegal tapping of these networks is not uncommon, allowing for infiltration
390 during periods of heavy rain leading to flooding (44).

391

392 We detected *Cryptosporidium* in community and household taps, possibly as a result of
393 inadequate filtration processes at the water treatment facility or infiltration from illegal
394 connections, as a consequence of intermittent water supply. PAASIM study staff
395 monitored free and total chlorine at the community taps on a longitudinal basis and
396 found consistent levels of residual free chlorine to protect against bacterial growth (0.2-
397 2.0 mg/L) in 80% of samples over a one-year period, which was associated with lower
398 *E. coli* contamination (45). However, *Cryptosporidium* is highly resistant to chlorine and
399 requires filtration or additional disinfection techniques (e.g. UV light or ozonation) for
400 efficient removal or inactivation. *Cryptosporidium* oocysts are also highly infectious, with
401 a low dose required for infection (46). Detection of *Cryptosporidium* in a water supply
402 has historically been affiliated with city-wide cryptosporidiosis outbreaks (47,48).
403 *Cryptosporidium* oocysts can cause severe gastrointestinal illness with diarrhea lasting
404 10-14 days (49). In immunocompromised individuals, illness can become chronic or
405 even fatal (50). Infection in children under 5 can have long-term health impacts and has
406 been associated with a decrease in height-for-age, weight-for-age, and weight-for-
407 height Z scores (51).

408 Exposure to enteric pathogens in drinking water can result in gastrointestinal illnesses,
409 but direct transmission pathways are difficult to assess. Concordance between enteric
410 pathogen findings in drinking water and those detected in stool from exposed individuals
411 could potentially demonstrate the relevance of the waterborne exposure pathway. The
412 PAASIM trial assayed for the same pathogens in stool that we tested for in their drinking
413 water, from children aged 3-12 months enrolled in the study and found that 15% of stool
414 samples (91/600) were positive for *Cryptosporidium*, reflecting a similarly high

415 prevalence to our findings in stored drinking water (13%, 10/75 were positive)(43).
416 *Cryptosporidium* prevalence in our study population is higher compared with other
417 studies measuring *Cryptosporidium* in child stool in similar settings (52–55). Detecting
418 *Cryptosporidium* in both drinking water and stool samples from children exposed to the
419 drinking water is a notable finding in Beira, suggesting the need for further
420 understanding its local pathways of transmission and to identify intervention strategies
421 to prevent infections.

422 Besides *Cryptosporidium*, other frequently detected pathogens in child stool samples
423 were DAEC (73%), EAEC (44%), atypical EPEC (36%), *C. jejuni/coli* (26%), typical
424 EPEC (20%), *Giardia* spp. (20%), EIEC/*Shigella* (16%), norovirus (11%), ETEC (10%),
425 sapovirus (10%), rotavirus (7%), *C. difficile* (7%), and astrovirus (5%) (43). In our water
426 samples, we detected some but not all of these, consistent with the hypothesis that
427 waterborne exposures may present infection risk in this setting, but no direct test of this
428 was possible.

429 Contrary to what we expected, we did not find seasonal differences between pathogen
430 presence or concentration in drinking water. However, this may have been affected by
431 the particular conditions of the rainy and dry season in the year that we carried out
432 sampling. We defined rainy and dry seasons based on historical averages, but The
433 months we sampled for the dry season had more precipitation (7 days, 50-85 mm per
434 month) than historical averages (2-3 days, 22-25 mm per month), while our rainy
435 season months (14 days, 150-221 mm per month) were more aligned with historical
436 averages (12-14 days, 187-244 mm per month) (56).

437 We detected genes associated with AMR and human fecal contamination in samples
438 across all three water types. We frequently detected ESBL genes (CTX-M, SHV, TEM),
439 which encode beta-lactamases that confer resistance to third-generation cephalosporin
440 antibiotics (57). Finding these genes in drinking water can elevate risks of human
441 exposure to bacteria and could contribute to antibiotic treatment failures, especially in
442 immunocompromised individuals (58). One stored household water sample contained
443 *mcr-1*, which confers resistance to colistin, another last-resort antibiotic used to treat
444 multi-drug resistant infections (41). Colistin resistance is capable of horizontal gene
445 spreading, making it particularly concerning to find in an environmental sample (41). We
446 frequently detected *int1*, the class 1 integron gene, in all three water types. This
447 integron is a marker of AMR, as it encodes for mobile genetic elements associated with
448 the transfer of AMR genes between bacteria (38). The presence of these AMR genes in
449 drinking water in Beira suggests contamination from wastewater or agriculture runoff, or
450 possible reservoirs in biofilms within the drinking water distribution system (59,60). The
451 combined presence of human mtDNA markers suggests human fecal contamination.
452 Conventional disinfection methods like chlorine may not fully inactivate AMR genes, and
453 advanced methods like UV or advanced oxidation could be more effective (61).

454 Many LMICs have intermittent water supply due to a range of factors including water
455 scarcity, limited energy supply, water governance, population growth, operation and
456 management, institutional, and socio-economic variables (62). Classifying safely
457 managed supplies requires risk characterization, which can be costly for municipalities
458 in LMICs. Following the JMP drinking water services ladder, and without continued
459 water quality testing and risk characterization, might overestimate the population that

460 truly receives safe drinking water. Our findings highlight the need to focus on continuity
461 of service – including maintaining positive pressure 24 hours per day, every day - in
462 water supply systems to meet Sustainable Development Goal 6, because intermittent
463 water supplies cannot reliably be “free from contamination” (63) . If continuous water
464 supply is not achievable, household water practices like safe storage and handling
465 become necessary to protect consumers.

466 **4.1 Limitations**

467 Measuring pathogens in environmental matrices can be difficult, as they occur in lower
468 concentrations than in clinical samples, requiring concentration and sensitive methods
469 for detection. For our methods, we calculated a high lower limit of detection (LOD) for
470 our molecular targets, meaning that we may have missed detecting pathogens that
471 were at lower concentrations. However, our findings represent a conservative estimate
472 of the true water quality of our samples. When using molecular detection methods, we
473 are only able to determine the amount of genetic material present in the sample, which
474 does not always correlate to pathogen viability. Viability could be estimated indirectly
475 based on culturable *E. coli* proportions relative to genetic material concentrations.
476 However, there are limitations of using *E. coli* as a reliable indicator of fecal
477 contamination. In tropical or sub-tropical environments, as Beira can be characterized,
478 environmental factors including temperature, pH, humidity, and salinity can all affect the
479 persistence of *E. coli* in the environment, and some species may have the potential to
480 naturalize in tropical waters (64). Additionally, bacteriological indicators such as *E. coli*
481 may be less suitable indicators for viruses or protozoa (65).

482 We detected *Cryptosporidium* in all three water types, but it should be noted that the
483 molecular assay used was a generalized assay encompassing multiple strains of the
484 organism. There are at least 44 species of *Cryptosporidium* with over 120 genotypes,
485 and 19 of these species and 4 genotypes have been found in humans (66). Around 95%
486 of human cases are from *C. parvum* (zoonotic) and *C. hominis* (anthroponotic), but
487 other zoonotic species have also resulted in cryptosporidiosis cases (66,67). The
488 *Cryptosporidium* spp. assay that we used came from Liu *et al* 2016 and targets the 18s
489 rRNA gene (68).

490 Members of the *Vibrio* genus were detected in stored water samples, and the assay,
491 targeting the *hylA* gene, was originally published as *Vibrio cholerae* (68). Upon further
492 investigation using digital PCR, we found that none of the *Vibrio* contained the *ctxA*
493 toxin gene and have reclassified this assay as *Vibrio* spp. in our results because these
494 are probably detections of non-choleraogenic *Vibrio* species.

495 We detected rotavirus in 3 community taps, as the only viral detections across our
496 sample set. Rotavirus is highly diverse, containing 10 species (A-J), with group A as the
497 most common species to infect humans (69). Our rotavirus assay targeted the NSP3
498 gene, a protein that is not specific to human strains (68). Since 2015, live-attenuated
499 rotavirus vaccines have been routinely administered at ages 2 and 3 months in
500 Mozambique, with high compliance rates (73% in 2021) (70). There is evidence of viral
501 shedding post vaccination (71). Apart from 3 samples positive for rotavirus in
502 community tap samples, we did not detect viral targets in water; enteric virus
503 transmission may be dominated by person-to-person exposures (54,72–74).

504 **5. Conclusions**

505 Our findings show that microbial contamination of drinking water with enteric pathogens
506 and AMR targets can occur even in a well-managed piped water supply system. The
507 need for household water storage increases microbial hazards for users at the point of
508 consumption. Without maintaining continuous water pressure, systems cannot reliably
509 provide safe water: contamination opportunities within the system and subsequent risks
510 from water storage are well known. Eliminating intermittent water supply is an important
511 goal that can improve water safety. Continuity of service should be incorporated as a
512 criterion for “safely managed” water supplies in the context of SDG6. Furthermore, our
513 finding of *Cryptosporidium* in the water supply, in combination with infection in children,
514 shows a possible exposure route that should be addressed with proper filtration removal
515 at the water treatment facility or through household water filtration combined with safe
516 storage.

517 **6. Acknowledgements**

518 This work was supported by National Institute of Allergy and Infectious Diseases
519 (NIAID) Grant #R01AI130163, National Institute of Environmental Health Sciences
520 (NIEHS) Grant #5T32ES12870 and a contract from Autoridade Reguladora de Água,
521 Instituto Público (AURA, IP), Mozambique. The content is solely the responsibility of the
522 authors and does not necessarily represent the official views of the National Institutes of
523 Health. The funders had no role in study design, data collection and analysis, decision
524 to publish or preparation of the manuscript. We would like to acknowledge the PAASIM
525 data collection field staff, as well as those in the PAASIM study authorship consortium
526 who are listed below, for their contributions to this research.

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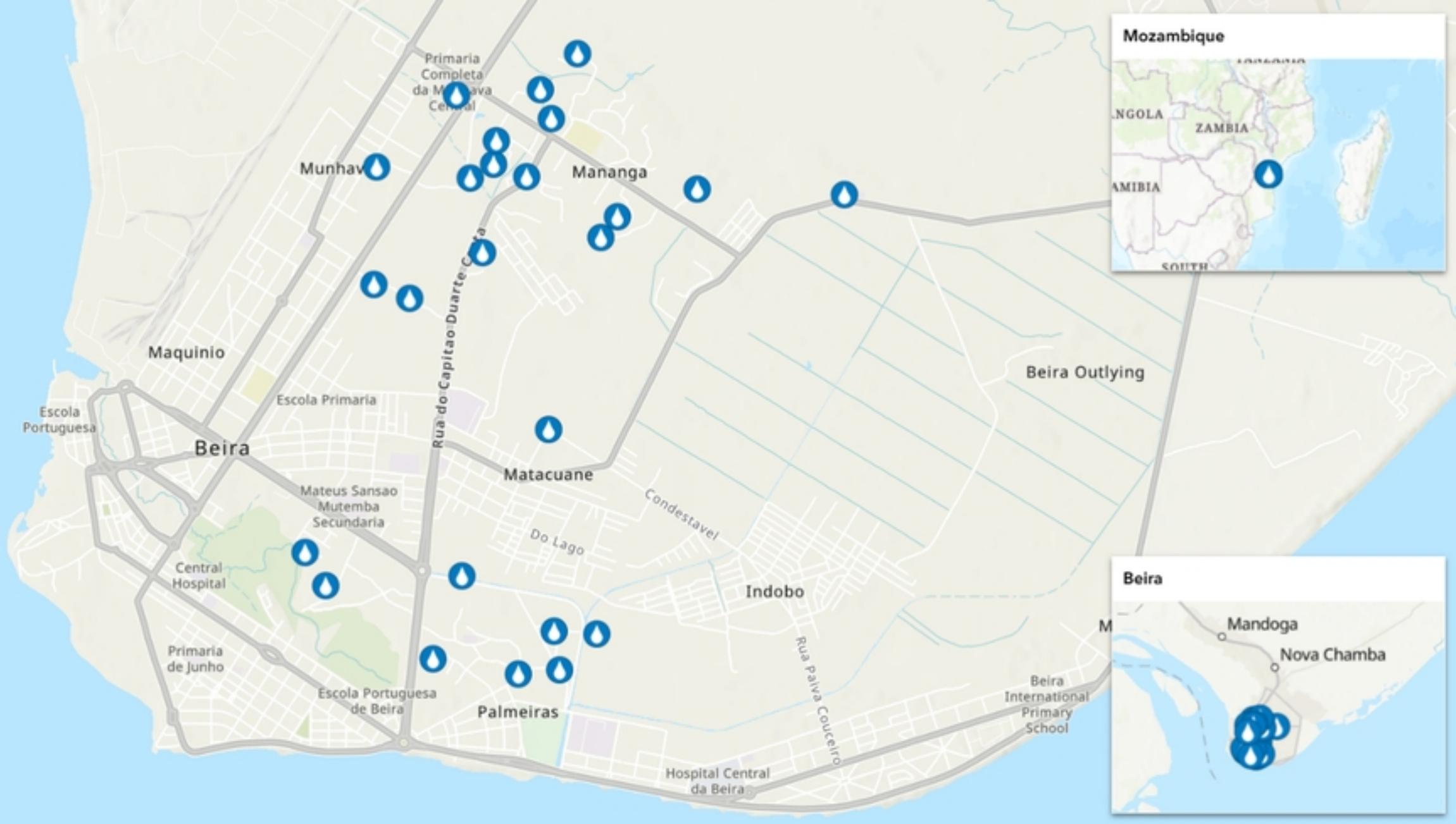


Figure 1

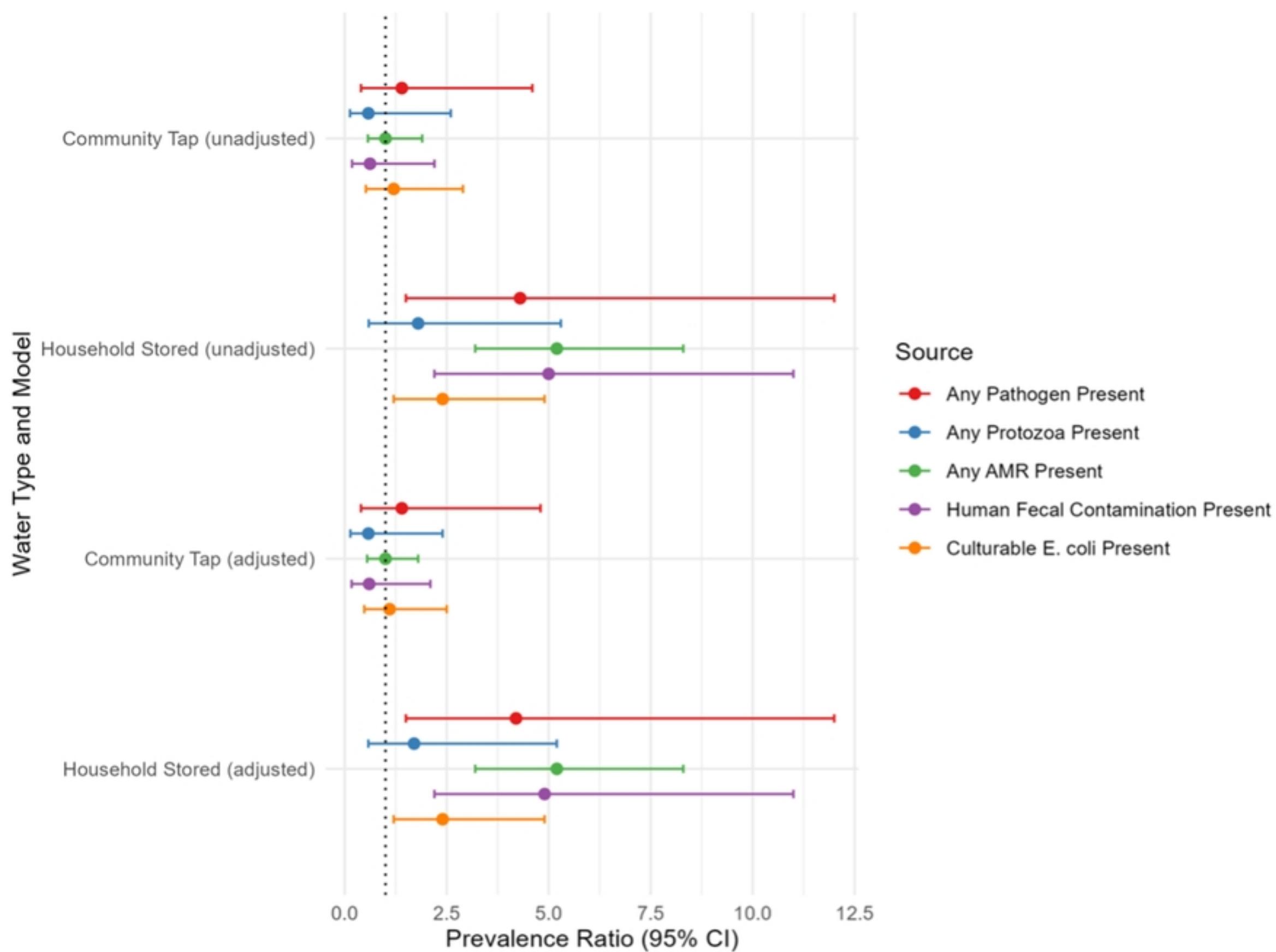


Figure 2

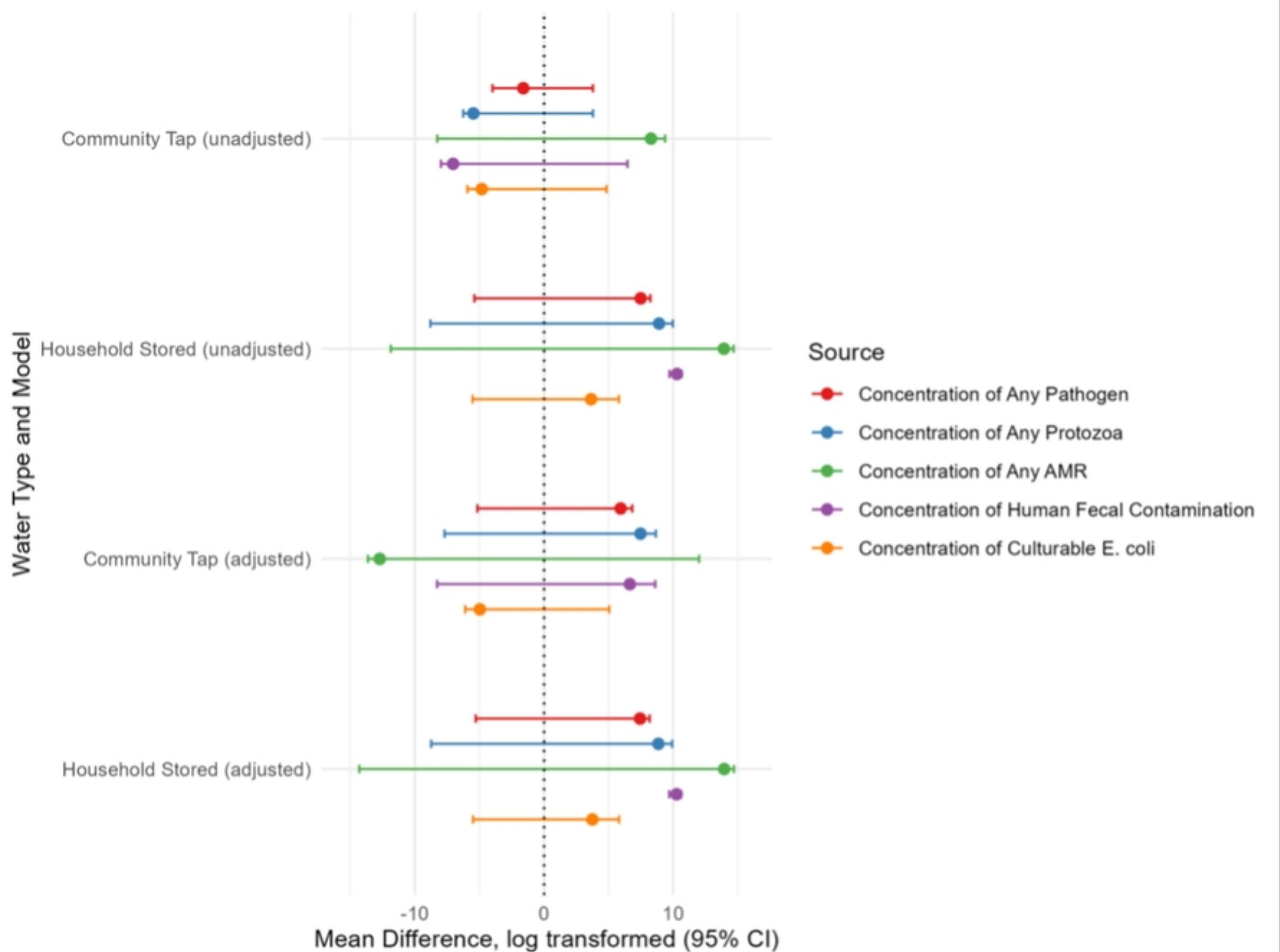


Figure 3