

1 Dear Editors of EarthArXiv,

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3 We submit our manuscript,

4 “Foreshock Acceleration Linked to Slow Earthquakes Before a Large Earthquake:  
5 Implications for Two-Stage Aseismic Processes,”

6 for consideration as a preprint.

7 This manuscript was submitted to the journal "Earth, Planets and Space" and now under  
8 review.

9

10 Author #1: Shukei Ohyanagi, Disaster Prevention Research Institute, Kyoto University,  
11 [ohyanagi.shukei.82r@st.kyoto-u.ac.jp](mailto:ohyanagi.shukei.82r@st.kyoto-u.ac.jp)

12 Author #2: Yuta Ito, Graduate School of Science, Kyoto University,  
13 [ito.yuta.82f@st.kyoto-u.ac.jp](mailto:ito.yuta.82f@st.kyoto-u.ac.jp)

14 Author #3: Kai Koyama, Graduate School of Science, Kyoto University,  
15 [koyama.kai.73e@st.kyoto-u.ac.jp](mailto:koyama.kai.73e@st.kyoto-u.ac.jp)

16 Author #4: Tomoaki Nishikawa, Disaster Prevention Research Institute, Kyoto University,  
17 [nishikawa.tomoaki.2z@kyoto-u.ac.jp](mailto:nishikawa.tomoaki.2z@kyoto-u.ac.jp)

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19 This study analyzes a very recent  $M$  6.9 interplate earthquake that occurred in November  
20 2025 in the Japan Trench subduction zone, documenting an exceptionally pronounced  
21 and short-term foreshock acceleration immediately preceding the mainshock, together  
22 with contemporaneous tectonic tremor bursts detected by the S-net ocean-bottom  
23 seismometers. The foreshock acceleration is shown to be statistically unprecedented over  
24 a 19-year record, while the tremor activity indicates the progression of slow slip on the  
25 plate interface.

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28 Sincerely,

29 Shukei Ohyanagi

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1 **Title: Foreshock Acceleration Linked to Slow Earthquakes Before a Large**

2 **Earthquake: Implications for Two-Stage Aseismic Processes**

3

4 Author #1: Shukei Ohyanagi, Disaster Prevention Research Institute, Kyoto University,

5 [ohyanagi.shukei.82r@st.kyoto-u.ac.jp](mailto:ohyanagi.shukei.82r@st.kyoto-u.ac.jp)

6 Author #2: Yuta Ito, Graduate School of Science, Kyoto University,

7 [ito.yuta.82f@st.kyoto-u.ac.jp](mailto:ito.yuta.82f@st.kyoto-u.ac.jp)

8 Author #3: Kai Koyama, Graduate School of Science, Kyoto University,

9 [koyama.kai.73e@st.kyoto-u.ac.jp](mailto:koyama.kai.73e@st.kyoto-u.ac.jp)

10 Author #4: Tomoaki Nishikawa, Disaster Prevention Research Institute, Kyoto

11 University, [nishikawa.tomoaki.2z@kyoto-u.ac.jp](mailto:nishikawa.tomoaki.2z@kyoto-u.ac.jp)

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13 **Corresponding author: Shukei Ohyanagi**

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3 **16 Abstract**  
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7 **17** Foreshocks are important for understanding the initiation process of large earthquakes.  
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10 **18** It has long been suggested that the acceleration of foreshock activity is driven by  
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13 **19** precursory aseismic fault slip. However, observational evidence supporting this  
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17 **20** relationship remains limited. Furthermore, while slow earthquakes—diverse low-  
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21 **21** velocity fault slip phenomena—frequently occur at plate boundaries, their relationship  
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24 **22** with foreshock acceleration has not been fully elucidated. Here we report the first  
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28 **23** instance in which both localized, short-term foreshock acceleration and tectonic tremor  
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31 **24** bursts were directly observed simultaneously in the same region. Prior to the  $M_{jma}$  6.9  
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35 **25** interplate earthquake that occurred on November 9, 2025, in the Japan Trench  
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39 **26** subduction zone off the coast of Iwate, an exceptionally pronounced acceleration of  
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43 **27** foreshocks was recorded. We quantitatively characterized this exceptional acceleration  
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47 **28** using an epidemic-type aftershock sequence model with an acceleration term. Using  
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51 **29** data from ocean-bottom seismometers located directly above the source region, we  
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55 **30** found that tremor bursts occurred concurrently with this acceleration, spanning a range  
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59 **31** of approximately 100 km along-strike, including the foreshock source area. This tremor  
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3 32 activity strongly suggests the progression of slow slip along the plate interface. The  
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7 33 foreshock activity accelerated sharply starting three days before the mainshock within  
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10 34 the asperity that ruptured during the 1968  $M_w$  7.0 earthquake. In contrast, the nearby  
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14 35 tremor activity showed no comparably strong acceleration. Based on these results, we  
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17 36 interpret that slow slip accompanied by tremor bursts had been progressing along the  
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21 37 plate interface for about one week prior to the mainshock. This slow slip may have  
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24 38 promoted accelerating aseismic slip within the asperity (i.e., preslip), leading to the  
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28 39 intense foreshock acceleration and the subsequent large earthquake.  
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## 33 34 35 41 **Keywords**

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38 42 Foreshock, Slow earthquakes, Tectonic tremor, Slow slip, Earthquake nucleation,  
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42 43 Preslip  
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3 **45 1 Introduction**  
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7 **46** Understanding the physical processes that precede large earthquakes is one of the most  
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10 **47** fundamental challenges in seismology. Foreshock activity, a series of earthquakes  
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14 **48** occurring before a mainshock, can provide crucial insights into such preparatory  
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17 **49** processes (e.g., Dodge et al. 1996; Jones and Molnar 1979). Numerical simulations and  
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21 **50** laboratory experiments suggest that intensive foreshocks preceding mainshocks are  
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25 **51** driven by accelerating aseismic slip during the mainshock nucleation phase (hereafter  
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28 **52** referred to as preslip). Rate-and-state friction simulations predict that preslip can trigger  
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32 **53** foreshock sequences with increasing rates as faults approach dynamic instability  
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35 **54** (Ampuero and Rubin 2008; Dublanchet 2018). Laboratory stick-slip experiments  
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39 **55** demonstrate that dynamic failure is preceded by aseismic slip accompanied by  
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43 **56** increasing acoustic emissions (Dresen et al. 2020; Bolton et al. 2023). However, clear  
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46 **57** observational evidence of preslip on natural faults remains lacking, despite these  
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50 **58** theoretical and experimental results.  
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56 **60** Although preslip has not been clearly documented, plate boundary faults are known to  
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3 61 host various modes of low-velocity fault slip phenomena. Intense seismic and geodetic  
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7 62 observations over the past two decades have revealed slow earthquake activity globally,  
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10 63 most of which occurs at plate boundary faults in subduction margins (e.g., Obara and  
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14 64 Kato 2016). Slow earthquakes encompass several types of phenomena. Slow slip events  
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17 65 (SSEs) produce crustal deformation over timescales of days to months that is detectable  
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21 66 only through geodetic measurements. Tectonic tremor is a type of slow earthquake that  
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25 67 can be observed seismically. Bursts of tremor activity are usually associated with SSEs  
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28 68 (e.g., Rogers and Dragert 2003; Obara et al. 2004; Hirose and Obara 2010). Because  
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32 69 offshore SSEs are often difficult to detect due to limitations in seafloor geodetic  
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35 70 observations, tremor activity is widely used as a proxy for SSE occurrence.  
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42 72 Recent observations suggest that slow earthquakes are involved in foreshock  
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45 73 occurrence. For example, the 2011  $M_w$  9.0 Tohoku-Oki earthquake was preceded by a  
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49 74 month-long SSE (Ito et al. 2013) and migrating foreshocks (Kato et al. 2012),  
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53 75 suggesting a possible triggering of the foreshocks by the SSE. However, the  
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56 76 relationships between slow earthquakes and the rapid acceleration of foreshock activity  
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3 77 potentially associated with preslip, as well as between slow earthquakes and preslip  
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7 78 itself, remain poorly understood owing to limited direct observational evidence.  
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10 79 Clarifying this relationship is crucial for understanding earthquake nucleation processes.  
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17 81 On November 9, 2025, a  $M_{jma}$  6.9 interplate earthquake occurred off the coast of Iwate  
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21 82 in the Japan Trench subduction zone (Figure 1). Prominent acceleration of foreshock  
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25 83 activity was observed prior to the  $M_{jma}$  6.9 mainshock. The region adjacent to the  
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28 84 foreshock and mainshock epicentral areas is known to host a wide spectrum of slow  
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32 85 earthquakes. Onshore broadband seismic observations have reported the occurrence of  
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36 86 very-low-frequency earthquakes (Matsuzawa et al. 2015; Baba et al. 2020), whereas  
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39 87 recent developments in the offshore seismic observation network (S-net; Aoi et al.  
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43 88 2020) have revealed detailed tremor activity (Tanaka et al. 2019; Nishikawa et al. 2019,  
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47 89 2023; Sagae et al. 2025). The close spatial proximity between the slow earthquake  
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53 90 source region and the area of prominent foreshock activity implies a possible  
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57 91 relationship between the two.  
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3 93 In this study, we quantitatively characterize the foreshock acceleration using an  
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7 94 epidemic-type aftershock sequence (ETAS) model designed for accelerating seismicity.  
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10 95 We then detect tectonic tremors from S-net ocean-bottom seismometer records to  
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14 96 compare foreshock and slow earthquake activity. Through these analyses, we discuss  
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17 97 how slow earthquakes may have been involved in the rupture nucleation process of the  
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21 98  $M_{jma}$  6.9 mainshock.  
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## 100 2 Methods and Data

### 101 2.1 Analysis of Seismicity Acceleration

102 The epidemic-type aftershock sequence (ETAS) model is a widely used statistical  
103 framework for modeling seismic activity (Ogata 1988). In this study, we used the ETAS  
104 model with an acceleration term (ETAS-A model) proposed by Koyama and Nishikawa  
105 (2025) to quantitatively evaluate the characteristics of accelerating foreshock activity.

106 The ETAS-A model expresses the earthquake occurrence rate  $\lambda(t)$  at time  $t$  as  
107 follows.

$$108 \quad \lambda(t) = \lambda_0 + \sum_{t' > t} \frac{\lambda_0 \exp(-\lambda_0(t - t'))}{(\lambda_0 - \lambda_0 + \lambda_0)^2} + \lambda(t) \quad (1)$$

$$\lambda_i(t) = \frac{\lambda_i}{(\lambda_{\text{end}} - t + t_i)^{\alpha}} \quad (2)$$

109 Here,  $\lambda_i$  and  $t_i$  denote the magnitude and occurrence time of the  $i$ -th earthquake,  
110 respectively, and  $\lambda_{\text{end}}$  is the minimum magnitude of earthquakes used in the analysis. In  
111 the first term on the left-hand side,  $\lambda$  denotes the stationary background seismicity  
112 rate; the second term accounts for aftershock activity due to earthquake-to-earthquake  
113 triggering; and the third term,  $\lambda(t)$ , represents time-dependent background seismicity  
114 that accelerates toward the end time of the analysis period,  $\lambda_{\text{end}}$ . When this time is set  
115 to coincide with the occurrence time of the mainshock, the model can represent the  
116 acceleration of seismicity toward the mainshock occurrence time. In this model, the  
117 target large earthquake is not treated as an event stochastically generated by the  
118 nonstationary Poisson process; rather, it is assumed to occur independently through a  
119 separate physical process (Koyama and Nishikawa 2025). The functional form of the  
120 acceleration term is based on foreshock acceleration observed in earthquake cycle  
121 simulations (e.g., Yabe and Ide 2018) and laboratory rock experiments (e.g., Marty et  
122 al. 2023). The parameters of the ETAS-A model ( $\lambda, \alpha, \lambda_{\text{end}}, \lambda_{\text{end}}, \lambda_{\text{end}}, \lambda_{\text{end}}, \lambda_{\text{end}}, \lambda_{\text{end}}$ ) were estimated  
123 using the maximum likelihood method.

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7 126 Based on this model, we define metrics that characterize the acceleration of seismicity.

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10 127 The probability that earthquake  $\square$ , which occurred at time  $\square$ , was generated by the

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14 128 acceleration term,  $\square_{acc}$ , can be calculated as follows (Koyama and Nishikawa 2025).

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$$\square_{acc} = \frac{\square(\square)}{\square(\square)} \times 100\% \quad (3)$$

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21 129 Hereafter, we refer to this probability as the acceleration probability. In this study,

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24 130 earthquakes with an acceleration probability exceeding 50% are regarded as events

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27 131 attributed to the acceleration term, and their number,  $\square_{acc}$ , is counted. Furthermore, the

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31 132 median of the time differences between the occurrence times of events attributed to the

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35 133 acceleration term and the end time  $\square_{end}$  is regarded as a characteristic timescale of the

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39 134 acceleration phenomenon, which we call the half-duration of the acceleration phase,

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42 135  $\square_{acc}$ . Acceleration characterized by larger  $\square_{acc}$  and shorter  $\square_{acc}$  is interpreted as more

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46 136 pronounced acceleration.

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53 139 In this analysis, we applied the ETAS-A model to earthquakes with magnitudes of  $M_{jma}$

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56 140  $\geq 3.0$  ( $\square = 3.0$ ) that occurred in the northern Japan Trench subduction zone during

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3 141 the three years preceding the  $M_{jma}$  6.9 mainshock on 9 November 2025 (Figure 1). We

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7 142 used the Japan Meteorological Agency (JMA) earthquake catalog. A minimum

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10 143 magnitude of  $M_{jma}$  3.0 is sufficiently higher than the completeness magnitude in this

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14 144 region. As described below, because the ETAS-A model analysis was extended back to

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17 145 2001, a relatively large minimum magnitude was adopted. The end time  $t_{end}$  was set

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21 146 to coincide with the occurrence time of the mainshock.

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27 148 Next, to evaluate how rare the foreshock acceleration observed is, we retrospectively

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30 149 applied the ETAS-A model to past seismicity. Specifically, we shifted the end time of

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34 150 each 3-year time window,  $t_{end}$ , backward in time at 1-hour intervals, starting at 17:00

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38 151 on 9 November 2025, and conducted the analysis until 18:00 on 11 November 2016.

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42 152 The same analysis was also performed for the period from 01:00 on 1 January 2001 to

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45 153 00:00 on 1 January 2011. In total, the ETAS-A model was applied to an earthquake

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49 154 catalog spanning approximately 19 years. For each time window, we calculated  $\square_{acc}$

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53 155 and  $\square_{acc}$ , and examined their distributions. The period from 2011 to 2016 was excluded

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56 156 from the analysis to avoid long-term effects of the 2011 Tohoku-Oki earthquake.

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3 **158 2.2 Tectonic Tremor Detection**  
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7 **159** To detect tectonic tremors off Iwate, we used seismic data from the S-net, a cabled  
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10 **160** ocean-bottom seismic network along the Japan Trench (Aoi et al. 2020). We selected 20  
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14 **161** stations located above the tremor sources. We focused on the period from October 24 to  
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17 **162** November 11, 2025.  
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24 **164** We used the modified envelope cross-correlation method (Mizuno and Ide 2019) to  
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27 **165** detect tremors. First, three-component seismograms were rotated to horizontal and  
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31 **166** vertical components based on sensor tilt and orientation information from Takagi et al  
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35 **167** (2019). We then made envelope waveforms using only horizontal components  
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38 **168** (Kanasewich 1981). The horizontal component waveforms were demeaned, detrended,  
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42 **169** and bandpass-filtered between 2 and 8 Hz. The envelope waveform was smoothed by  
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46 **170** applying a low-pass filter of 0.3 Hz and then resampled at 1 Hz. The envelope  
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49 **171** waveforms at each station were divided into 300-s time windows with 150-s overlap,  
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53 **172** and the modified envelope correlation method (Mizuno and Ide 2019) was applied to  
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56 **173** each window.  
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175 We estimated location uncertainty of detected tremors using bootstrapping. We  
176 randomly selected cross-correlation functions of different station pairs and performed  
177 event location 300 times. The location uncertainty was defined as the median distance  
178 of the bootstrap-derived locations from the original location.

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180 The detection results obtained so far include non-tremor signals, such as regular  
181 earthquakes, which were removed in the following analysis. Because earthquakes  
182 generally have shorter durations than tremors, we removed events with durations shorter  
183 than 20 s following Nishikawa et al. (2019, 2023). In addition, we compared the  
184 detected events with the JMA earthquake catalog and removed events listed in the  
185 earthquake catalog.

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187 To improve tremor catalog quality and reduce potential false positives, we removed  
188 events with epicentral uncertainties larger than 10 km, fewer than four stations involved  
189 in the location, or estimated durations longer than 250 s. Because tremors are generally

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3 190 known to occur in swarm-like episodes (e.g., Wech and Creager 2008), we applied  
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7 191 spatiotemporal clustering to remove isolated detections. Following Sagae et al. (2025),  
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10 192 events were retained in the catalog only if five or more events occurred within a  
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14 193 temporal window of 24 h and an epicentral distance of 20 km.  
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### 19 195 **3 Results**

22 196 Figure 1 shows the acceleration probabilities calculated by the ETAS-A model.  
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26 197 Earthquakes with high acceleration probabilities are concentrated around the epicenter  
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29 198 of the mainshock (Figure 1a). As shown in Figures 1c and 1d, events with relatively  
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33 199 high acceleration probabilities (40% or higher) began to occur about eight days before  
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37 200 the mainshock, and events exceeding 50% were observed about three days before. The  
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41 201 foreshock activity then rapidly accelerated. The estimated ETAS-A parameters and  
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44 202 metrics of the foreshock activity are summarized in Table 1. The number of earthquakes  
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47 203 attributed to the acceleration term,  $n_{acc}$ , is 34, and the half-duration of the acceleration  
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51 204 phase,  $\tau_{acc}$ , is 0.47 days.  
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206 **Table 1. Estimated parameters and metrics for the ETAS-A model.**

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Background and aftershock parameters

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$\lambda$ (events/day)	$\tau$	$\tau_0$ (days)	$\beta$	$\alpha$
0.27	1.1	$6.0 \times 10^{-4}$	$6.0 \times 10^{-2}$	0.95

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Acceleration parameters and metrics

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$\tau_{acc}$ (days)	$\tau_{acc}$	$\tau_{acc}$	$\lambda_{acc}$ (events)	$\tau_{acc}$ (days)
0.44	15.4	1.9	34	0.47

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209 To quantify how rare the observed foreshock acceleration was, we repeatedly applied  
210 the ETAS-A model to seismic activity in the same region while shifting the time  
211 window by one hour (Figure 2). As a result, over approximately 19 years, cases in  
212 which  $\square_{acc}$  exceeded 30 were associated only with the foreshock acceleration in  
213 November 2025, and the proportion was 0.006% (10 out of 166,474 windows).  $\square_{acc}$   
214 for the November 2025 foreshock sequence (more than 30 events) was identified as a  
215 clear outlier (Figure 2b). In addition,  $\square_{acc}$  for the November 2025 foreshock sequence  
216 was particularly short (less than one day). No similar acceleration of seismic activity  
217 was identified within the study period.

218

219 The detection results of tremor activity are shown in Figure 3. Tremor bursts began  
220 about one week before the mainshock, near 39.9°N, immediately after two earthquakes  
221 of  $M_{jma}$  4.6 and  $M_{jma}$  4.4 on November 2, and spread over a region of approximately 50  
222 km in the north–south direction (Figure 3c). These tremors are distributed  
223 complementarily to the slip areas (asperities) of past interplate earthquakes with  $M_w \geq$   
224 7.0 (Figure 3a; Yamanaka and Kikuchi 2004). Subsequently, about six days before the

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225 mainshock, a  $M_{jma}$  5.3 earthquake occurred near  $39.4^{\circ}N$ , and tremor activity became  
226 active also on the southern side. By the time of the mainshock, the tremor-active region  
227 had expanded to more than 100 km in the north–south direction.

228

229 The foreshock activity began to accelerate rapidly about three days before the  
230 occurrence of the mainshock (Figures 3b and 3c). It was concentrated within a narrow  
231 area inside the asperity of the 1968  $M_w$  7.0 earthquake (Yamanaka and Kikuchi 2004),  
232 within a north–south extent of less than 20 km (Figure 3a). This asperity broadly  
233 overlaps with a first-order estimate of the mainshock source area derived from  
234 aftershock activity during the first 24 hours following the mainshock (Figure 3a). The  
235 intense foreshock activity continued until immediately before the mainshock. In  
236 contrast, for tremor activity, no pronounced change in the tremor occurrence rate  
237 comparable to the foreshock activity was observed, either over the entire region or near  
238 the foreshock source area (Figure 3b).

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3 **240 4 Discussion and Conclusions**  
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7 **241** This study presents the first observation of extremely pronounced, short-term, and  
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10 **242** localized foreshock acceleration together with tremor bursts in the same region and  
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14 **243** during the same period. Given the growing interest in the relationship between slow  
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17 **244** earthquakes and large earthquakes (e.g., Obara and Kato 2016; Nishikawa et al. 2023),  
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21 **245** as well as between slow earthquakes and foreshock activity (e.g., Kato et al. 2012;  
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24 **246** Bouchon et al. 2013), this represents an important observational result. In this section,  
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28 **247** we discuss the processes that were underway prior to the  $M_{jma}$  6.9 mainshock, based on  
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32 **248** the observational findings identified in this study.  
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35 **249**  
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39 **250** The activity of tectonic tremor is well known to be a good indicator of the propagation  
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42 **251** of slow slip (e.g., Rogers and Dragert 2003). In this context, the tremor bursts shown in  
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46 **252** Figure 3 strongly imply that an SSE was progressing on the plate interface. The tremor  
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49 **253** bursts began about one week before the mainshock, near 39.9°N, following two M 4-  
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53 **254** class earthquakes, raising the possibility that these earthquakes triggered the SSE. The  
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56 **255** slip area of the SSE is inferred to have expanded to approximately 100 km in the north–  
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256 south direction by the time of the mainshock.

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258 In contrast, the foreshock activity began to accelerate rapidly about three days before  
259 the mainshock and was localized within the asperity of the 1968  $M_w$  7.0 earthquake.

260 Such foreshock acceleration is commonly observed in rock experiments (e.g., Marty et  
261 al. 2023) and earthquake cycle simulations (e.g., Yabe and Ide 2018), where it is

262 associated with preslip within a locked fault patch. Moreover, the analysis using the

263 ETAS-A model demonstrated that this foreshock acceleration cannot be explained by

264 ordinary aftershock cascades. The ETAS-A model extracted seismic activity that

265 deviates from ordinary earthquake-to-earthquake triggering as an acceleration term,

266 suggesting the presence of a background aseismic process that accelerates seismic

267 activity.

268

269 Based on the above discussion, we interpret the observed foreshock acceleration to

270 reflect the preslip preceding the  $M_{jma}$  6.9 earthquake (Figure 4). Approximately one

271 week before the mainshock, an SSE accompanied by tremor bursts was progressing

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3 272 along the plate interface. This SSE may have promoted rupture nucleation within the  
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7 273 asperity. The nucleation process likely involved accelerating aseismic slip, which led to  
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10 274 intense foreshock acceleration and ultimately to the occurrence of the  $M_{jma}$  6.9  
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13 275 mainshock. These observations suggest a two-stage aseismic process involving an SSE  
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17 276 followed by preslip. The fact that foreshock activity accelerated rapidly starting about  
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21 277 three days before the mainshock, whereas no comparably pronounced change in tremor  
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24 278 activity was observed (Figure 3b), is also consistent with the existence of two distinct  
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28 279 processes.

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281 An alternative interpretation, in which a widespread SSE occurring along the plate  
282 interface off Iwate may have directly triggered the accelerated foreshock activity,  
283 cannot be completely ruled out. However, tremor bursts (and likely associated SSEs)  
284 are known to occur frequently off the coast of Iwate—approximately once every few  
285 months (Nishikawa et al. 2019, 2023; Sagae et al. 2025)—yet seismicity acceleration as  
286 pronounced as that observed in the present study has never been reported. Considering  
287 also that the number of earthquakes attributed to the acceleration term ( $\square_{acc}$ ) represents

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288 a clear outlier (Figure 2b), it is more reasonable to interpret the observed acceleration as  
289 reflecting a process distinct from ordinary SSEs, specifically preslip preceding large  
290 earthquakes.

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292 This study suggests that SSEs and preslip preceding large earthquakes can occur in a  
293 temporally and spatially linked manner (Figure 4). Under certain conditions, an SSE  
294 may promote preslip within an asperity. Revealing the existence of such a two-stage  
295 aseismic process improves our understanding of the physical processes leading to large  
296 earthquakes and offers a novel perspective on earthquake rupture initiation.

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**298 List of abbreviations**

299 ETAS: Epidemic-Type Aftershock Sequence

300 ETAS-A model: Epidemic-Type Aftershock Sequence model with an acceleration term

301 JMA: Japan Meteorological Agency

302 SSE: Slow slip event

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**304 Declarations**

305 **Ethics approval and consent to participate**

306 Not applicable.

307 **Consent for publication**

308 Not applicable.

309 **Availability of data and materials**

310 The Japanese Meteorological Agency earthquake catalog can be

311 downloaded from

312 <https://www.data.jma.go.jp/eqev/data/bulletin/hypo.html>.

313 The waveform data from the S-net ocean-bottom seismometers (National

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314 Research Institute for Earth Science and Disaster Resilience, 2019) are  
315 available at <https://www.seafloor.bosai.go.jp/S-net/>. The code for the  
316 envelope correlation method proposed by Mizuno and Ide (2019) is  
317 available at <https://github.com/not522/MizunoIde2019>. Figures were  
318 created using the Generic Mapping Tools (GMT; Wessel et al., 2019;  
319 Tian et al., 2025).

320 **Competing interests**

321 The authors declare no competing interests.

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325 **Authors' contributions**

326 S.O. conceived the study, organized the research team, and led the  
327 detection of tectonic tremors. Y.I. contributed to the analysis design and  
328 conducted the detection of tectonic tremors together with S.O. K.K.  
329 performed the ETAS-A model analysis together with T.N. T.N. led the

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330 ETAS-A model analysis. All authors discussed the analysis results. S.O.  
331 and T.N. wrote the manuscript, and Y.I. and K.K. commented on the  
332 manuscript. All authors contributed to the preparation of the figures.

333 **Acknowledgements**

334 The authors have no acknowledgements to declare.

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3 **431 Figure legends**  
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10 **433 Figure 1. Foreshock acceleration preceding the  $M_{jma}$  6.9 earthquake that occurred**  
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13 **434 on 9 November 2025 in the northern Japan Trench subduction zone.** (a) Epicentral  
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17 435 distribution of earthquakes used in the ETAS-A model analysis. Circles indicate  
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21 436 earthquake epicenters, and colors represent acceleration probability. The red star marks  
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24 437 the  $M_{jma}$  6.9 mainshock. The black polygon outlines the analysis region. The solid line  
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28 438 with triangles indicates the subduction plate boundary. (b–d) Magnitude–time diagrams  
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31 439 and temporal changes in the cumulative number of events within the analysis region.  
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37 **441 Figure 2. Statistical characteristics of the ETAS–A model results.** The ETAS-A  
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40 442 model was applied to earthquake data spanning approximately 19 years, from January  
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44 443 2001 to December 2010 and from August 2016 to November 2025. (a) Distributions of  
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47 444 the number of events attributed to the acceleration term  $\square_{acc}$  and the half-duration of  
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51 445 the acceleration phase  $\square_{acc}$ . Colors indicate the end year of each analysis window and  
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55 446 are shown only to identify the temporal origin of individual windows; no temporal trend  
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58 447 is implied. (b) Frequency distribution of  $\square_{acc}$ .  
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7 **449 Figure 3. Comparison of foreshock activity and tectonic tremor activity. (a)**  
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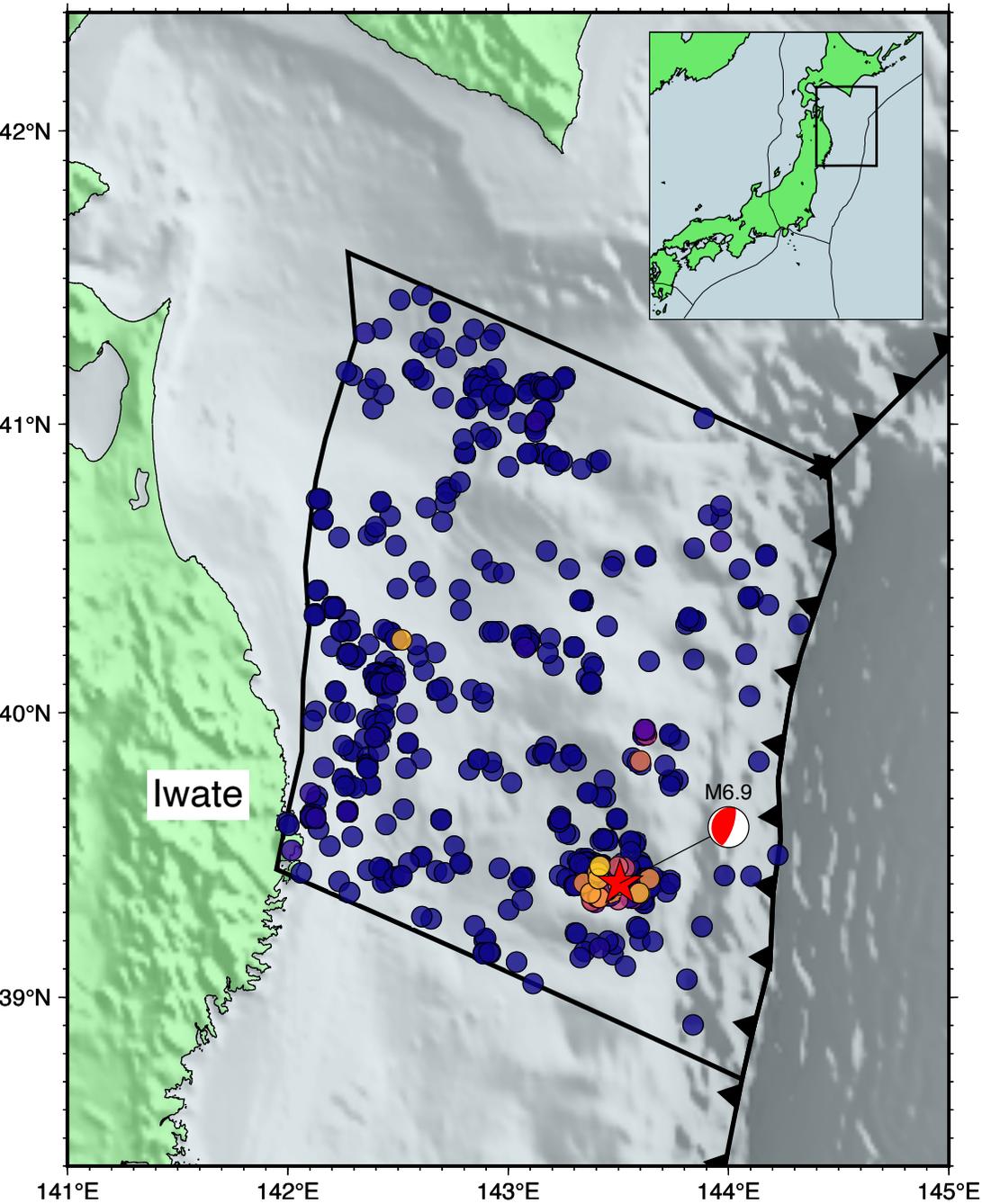
10 450 Epicentral distributions of foreshocks and tectonic tremors. Small stars indicate  
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13 451 epicenters of earthquakes that occurred within 16 days before the mainshock, with  
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17 452 colors showing acceleration probability. The large red star marks the epicenter of the  
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21 453 mainshock. Small circles indicate tremor epicenters, with colors representing tremor  
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24 454 duration. Cross symbols show the locations of S-net ocean-bottom seismometers used  
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28 455 for tremor detection. Light yellow areas show the slip distributions of past interplate  
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31 456 earthquakes with  $M_w \geq 7.0$ , corresponding to asperities (Yamanaka & Kikuchi, 2004).  
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35 457 The light red area indicates a first-order estimate of the source region of the mainshock,  
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38 458 defined as the minimum polygon containing 90% of the aftershocks within 24 hours  
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42 459 after the mainshock. Gray solid lines indicate depth contours of the upper surface of the  
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46 460 Pacific plate at 10 km intervals. (b) Temporal changes in the cumulative counts of  
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49 461 earthquakes and tremors. (c) Spatiotemporal distribution of earthquakes and tremors.  
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53 462 Gray stars and circles indicate earthquakes and tremors after the mainshock,  
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56 463 respectively.  
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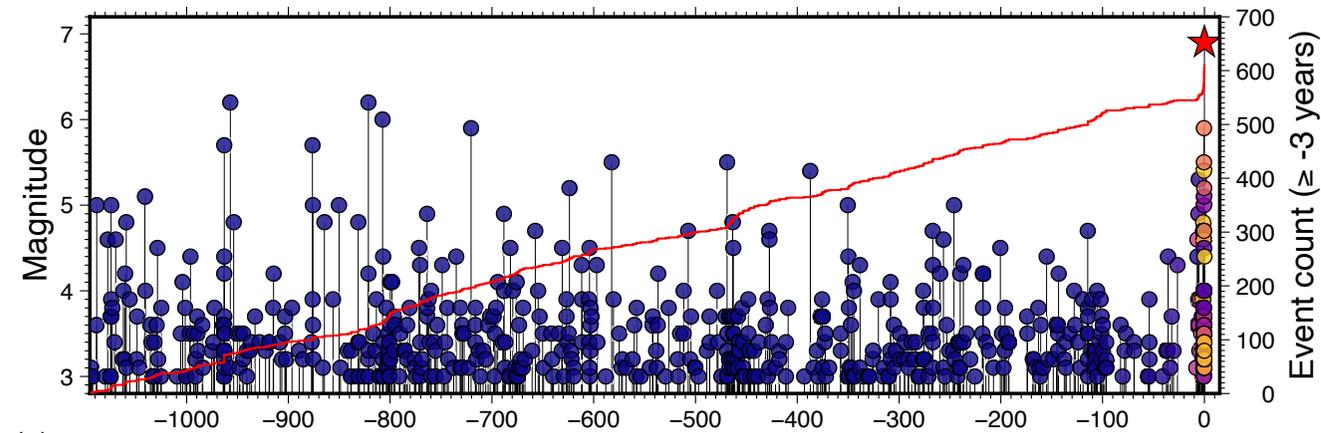
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**Figure 4. Schematic illustration of the two-stage aseismic processes preceding the mainshock.** Approximately one week before the mainshock, slow slip accompanied by tremor bursts occurred. Subsequently, about three days before the mainshock, accelerating aseismic slip (preslip) developed within the asperity that ruptured during the  $M_w$  7.0 earthquake in 1968. This preslip triggered the pronounced foreshock acceleration.

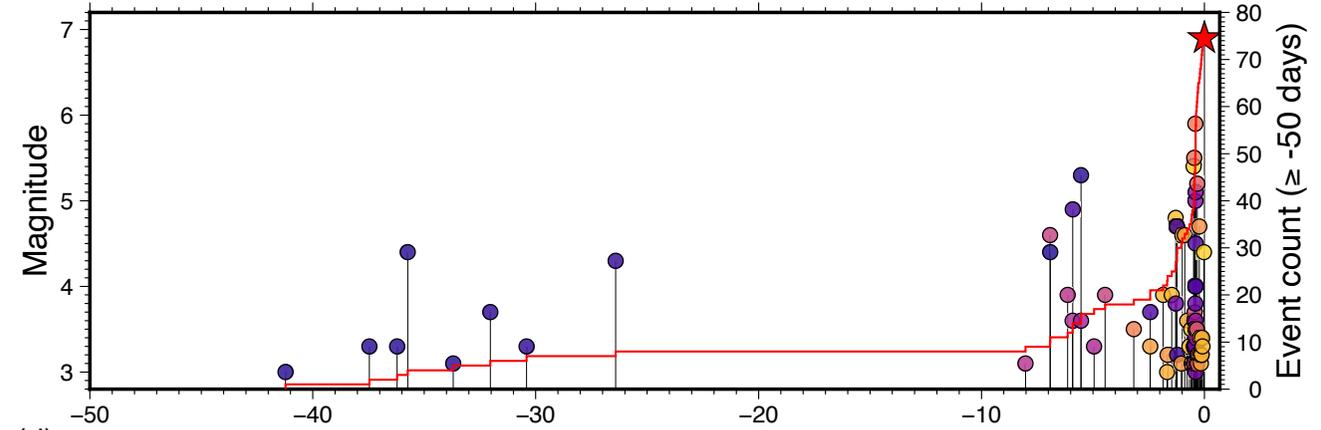
Figure 1



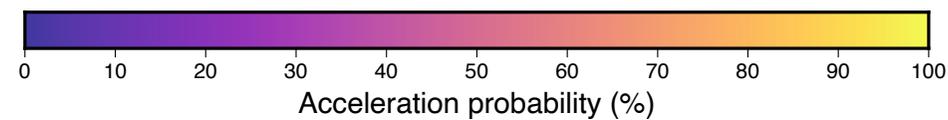
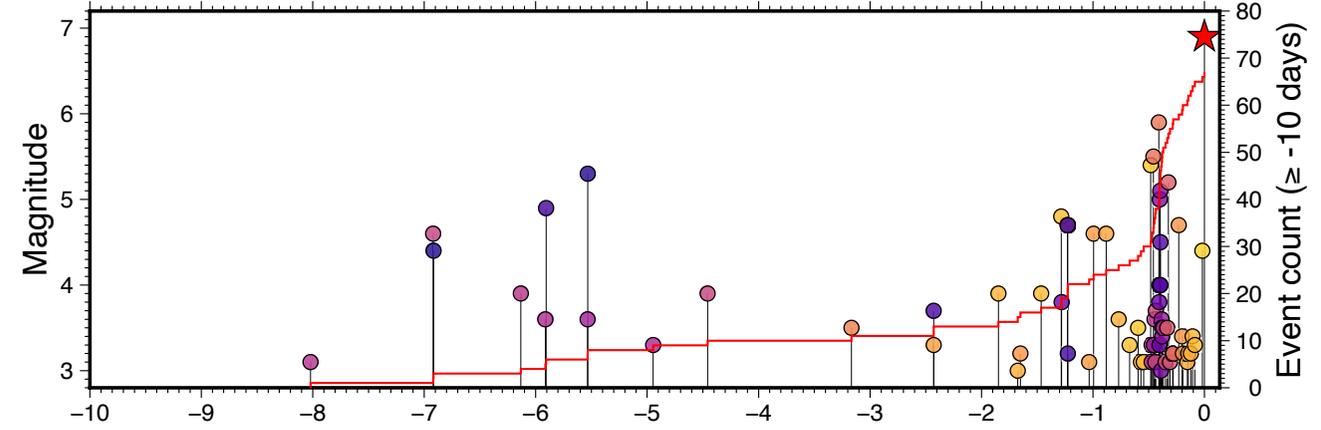
(b)

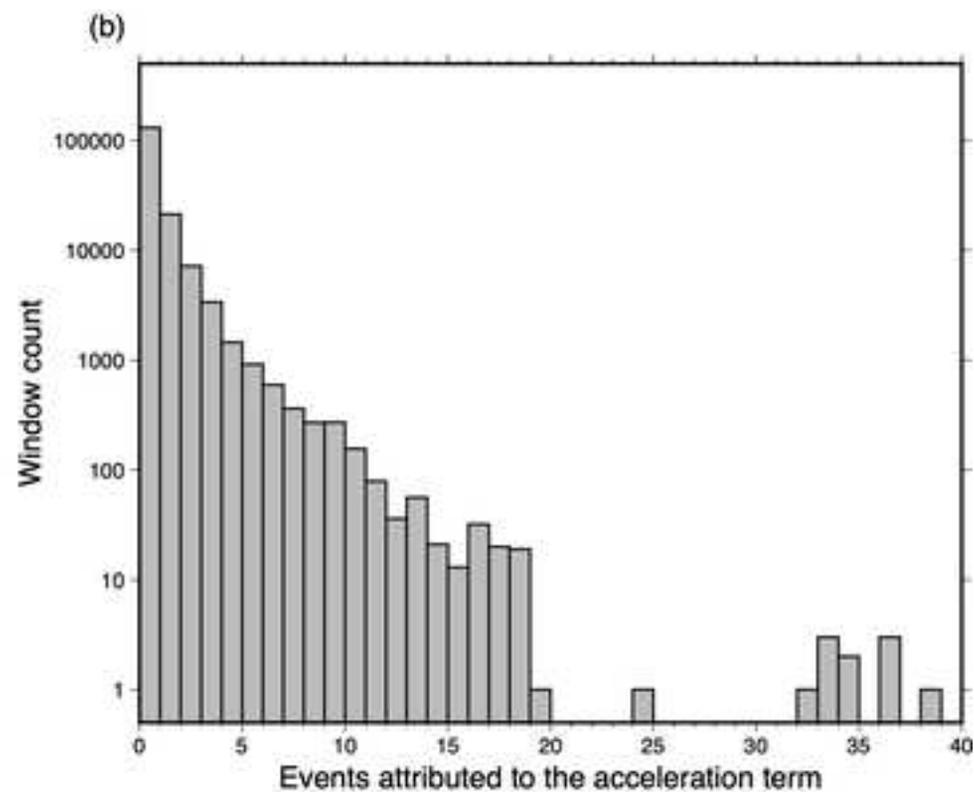
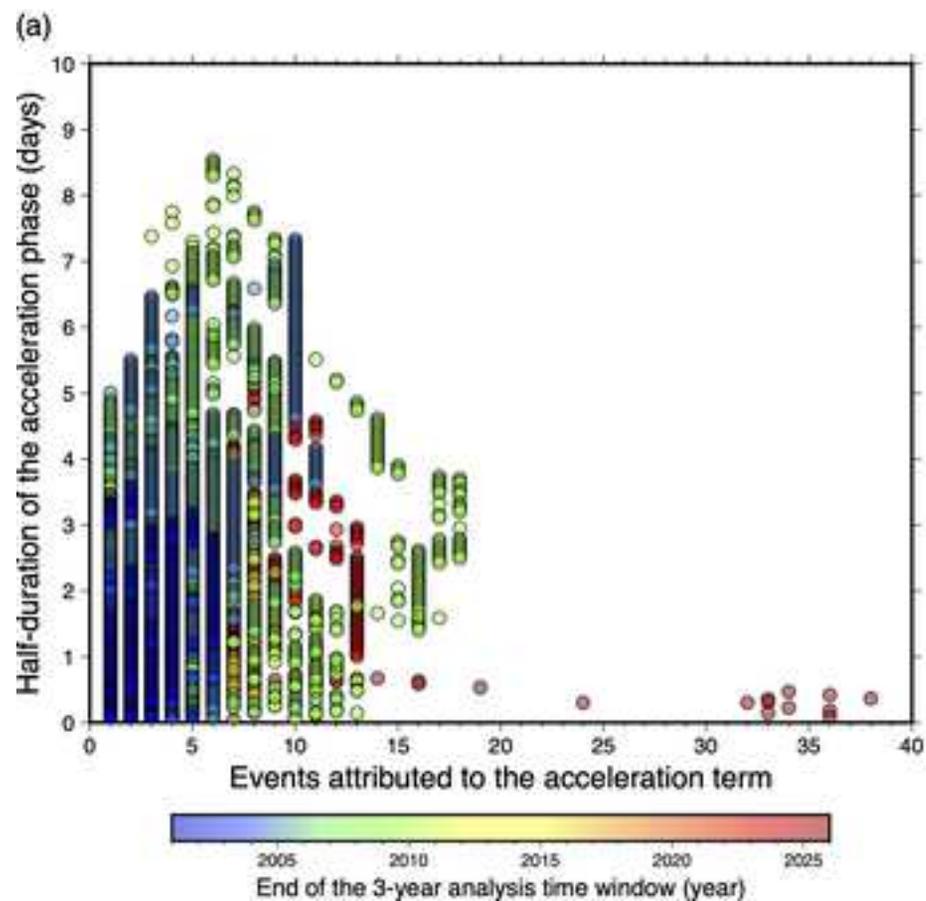


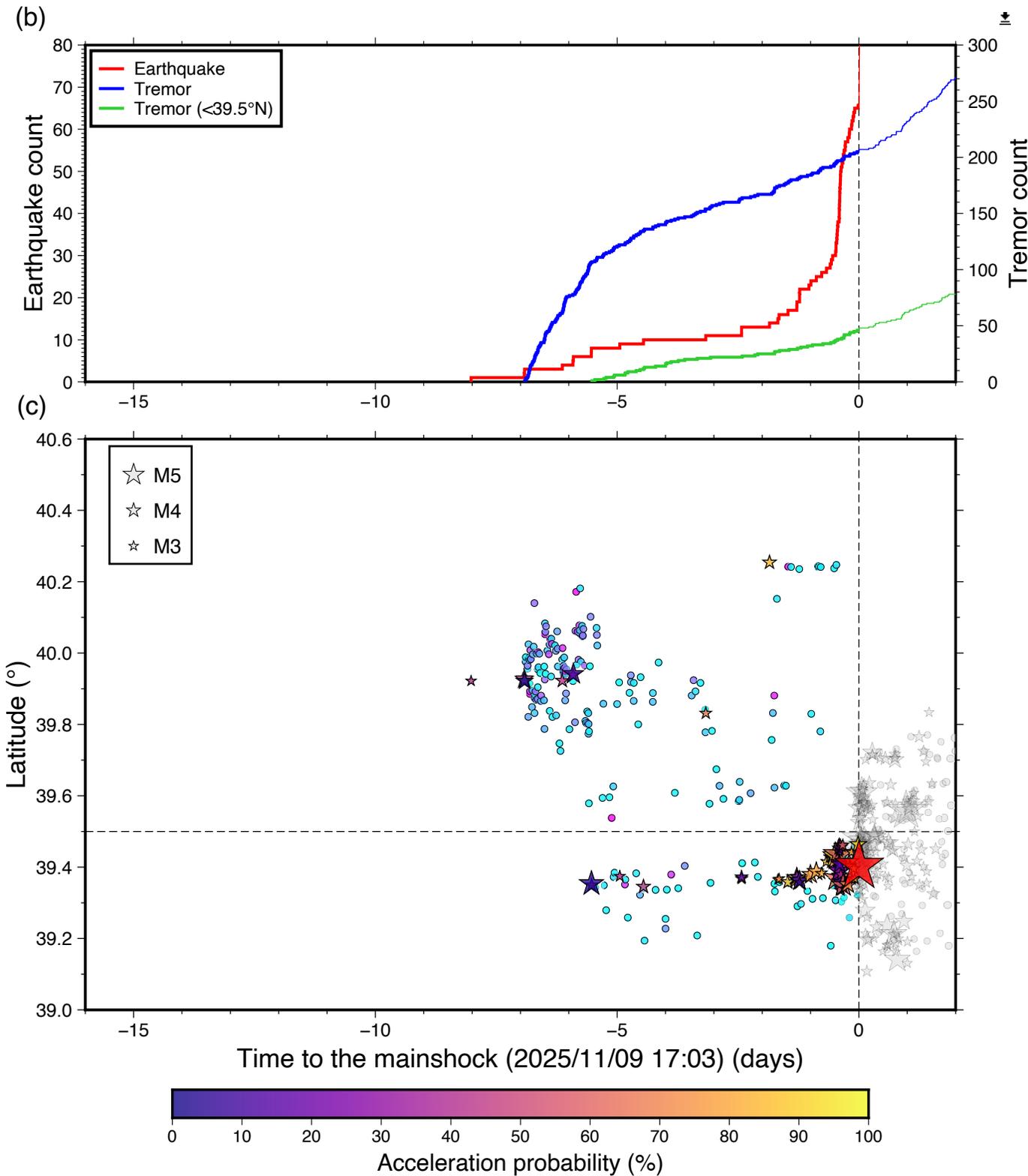
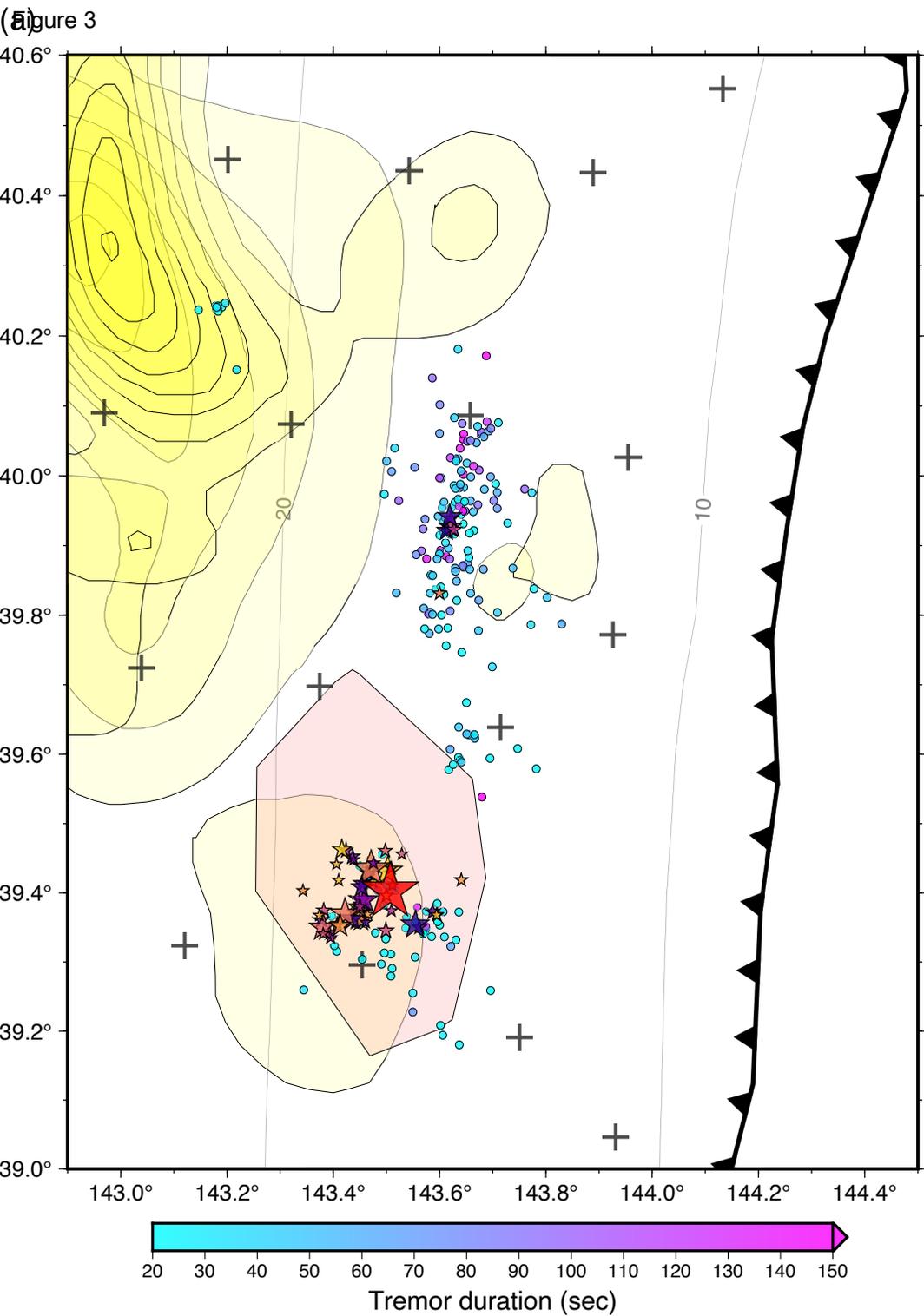
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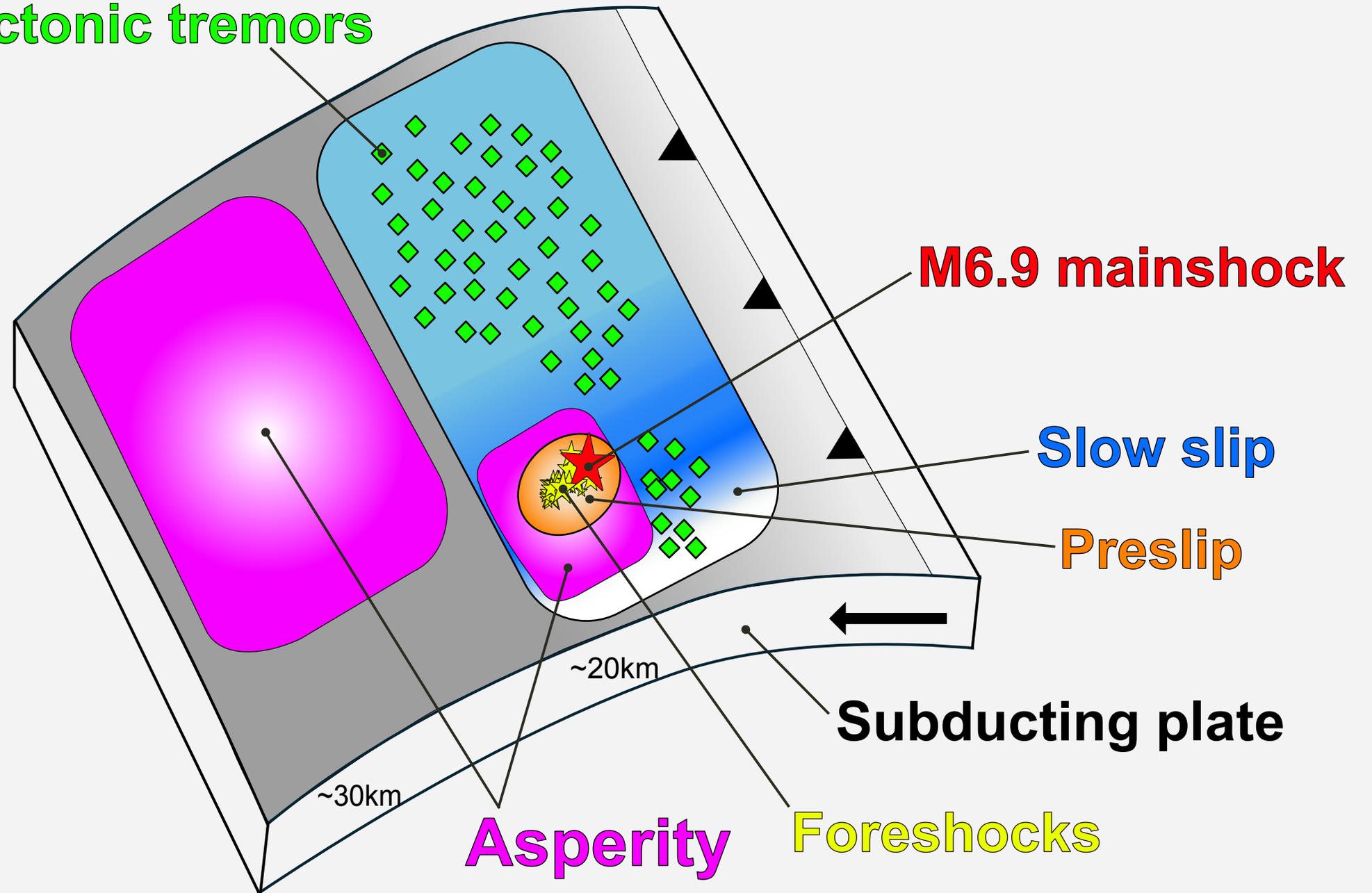
(d)







**Tectonic tremors**



**M6.9 mainshock**

**Slow slip**

**Preslip**

**Subducting plate**

**Asperity**

**Foreshocks**

~30km

~20km

