

1 **Backwater controls on the sedimentology, kinematics and geometry of bar deposits in coastal rivers**

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8 **Abstract**

9 **The backwater reach of coastal rivers is associated with considerable spatial and temporal**  
10 **variability in water and sediment flux. Here we test the hypothesis that the spatial and temporal**  
11 **variability in water flux and particle sizes in transport are expressed as systematic changes in the**  
12 **geometry of bank-attached bars across the backwater transition. Measured transverse slopes of**  
13 **bank-attached bars in the Mississippi and Trinity Rivers show a systematic increase as the river**  
14 **transitions from normal flow to the backwater. To explain this trends, we use a simple force balance**  
15 **relationship, in which the transverse slope of the bars constructed through traction transport varies**  
16 **in proportion to the square of depth-averaged flow velocity and is inversely proportional to the**  
17 **square of the median particle size of the supplied sediment, in bends with similar curvature. The**  
18 **observed trend is therefore explained by a downstream reduction in particle sizes coupled with a**  
19 **downstream increase in flow velocity across the backwater transition at high discharge, during which**  
20 **sand fluxes are greatest.**

21 **Introduction**

22 River deposits in the coastal backwater zone display considerable spatial heterogeneity. This is  
23 likely the result of spatial and temporal non-uniformity in influences from upstream (e.g. water discharge,  
24 sediment flux) as well as downstream (e.g. sea-level, river plume dynamics). Constraining the fundamental  
25 controls on the complex geometries of sedimentary strata built by coastal rivers is essential for: (a)  
26 reconstructing Earth's past environments from shelf margin deposits, (b) characterizing reservoir properties

27 in shallow or deep subsurface environments, where channel deposits are the primary pathways for transport  
28 of fluids and contaminants (Kolker et al., 2013; Sawyer et al., 2015; Martin et al., 2018), and (c)  
29 constraining surface dynamics in data-limited settings on Earth or other planetary bodies.

30 Backwater zones occur in the terminal reaches of rivers, where they meet a standing body of water  
31 in oceans or lakes (Chow, 1959). The length of the backwater zone ( $L_b$ ) is estimated as  $L_b \approx H/S$ , where  $H$   
32 is mean flow depth and  $S$  is the gradient of the water surface (Paola and Mohrig, 1996; Fig. 1). At the  
33 backwater transition, gravity-driven, normal flow conditions give way to temporally and spatially varying  
34 hydraulic conditions where both gravity and pressure gradients are important (Lane, 1957). As indicated  
35 by a number of recent studies, backwater hydrodynamics can influence sediment transport dynamics, the  
36 morphodynamics of rivers and floodplains, the position of delta avulsion nodes, as well as depositional  
37 trends over millennial to million-year timescales (Jerolmack and Swenson, 2007; Petter, 2010; Nittrouer et  
38 al., 2011a, 2011b, 2012; Lamb et al., 2012; Smith, 2012; Chatanantavet et al., 2012; Blum et al., 2013;  
39 Ganti et al., 2014, 2016; Fernandes et al., 2016; Mason and Mohrig, 2018; Trower et al., 2018; Martin et  
40 al., 2018).

41 The transition from normal flow to backwater-influenced flow (Fig. 1) in the Lower Mississippi  
42 River (LMR) occurs at approximately 600-750 river kilometers (RK;  $H=10-30$  m,  $S=10^{-5}$ ; Nittrouer et al.,  
43 2012). Studies of flow and sediment transport through the LMR reveal that flow decelerates downstream  
44 during low or moderate discharge ( $<3 \times 10^4$  m<sup>3</sup>/s) and the terminal segment of the LMR acts as a “settling  
45 basin”, accumulating a thick mantle of mud over channel bed and side-walls (Nittrouer et al., 2011a, 2012;  
46 Fig. 1). At high discharge ( $>3 \times 10^4$  m<sup>3</sup>/s), the water level rises in the normal flow reach but remains relatively  
47 fixed near the river mouth, causing a downstream acceleration of flow and associated increase in bed  
48 material flux by two orders of magnitude across the lower RK200 (Nittrouer et al., 2012). During high-  
49 discharge events, easily suspended particles  $<0.3$  mm in diameter sand are transported through the  
50 backwater zone and similarly partitioned between bedload and suspended load, whereas  $>0.4$  mm sand  
51 particles are thought to be transported as relatively slow-moving bedload within the upper backwater zone  
52 (Wright and Parker, 2005; Nittrouer, 2013). These observations of sand-transport through the lower MR

53 lead to the inference that bar construction is primarily associated with high discharge events, as this is the  
54 only time sand moves through the backwater zone. Here we test the hypothesis that spatio-temporal  
55 variability in flow and sediment transport result in consistent spatial patterns in bank-attached bar  
56 geometries, kinematics and sedimentology in the backwater zones of coastal rivers.

### 57 **The Balance of Forces Controlling the Transverse Slopes of Bars Constructed by Traction Load**

58 The transverse slope of a bar across which active bedload transport occurs is set by a balance of  
59 forces: (1) the gravitational pull on the particle, acting in the downslope direction, and (2) the force acting  
60 up the bar, induced by cross-stream circulation in bends (Dietrich and Smith, 1984; Sekine and Parker,  
61 1992). The force  $F_d$  acting on individual sediment grains with diameter  $D$  as they are transported  
62 downstream across the transverse bar slope  $\theta$  can be expressed as:

$$63 \quad F_d = \rho' g \pi \frac{1}{4} D^2 \sin\theta \quad (1)$$

64 Where  $\rho'$  is the submerged density of silica sand in water and  $g$  is gravitational acceleration. This may also  
65 be expressed as:

$$66 \quad F_d \propto D^2 \sin\theta \quad (2)$$

67 When a resisting force exerted by the component of helical flow acting up the sloping bar surface balances  
68 the effect of gravity, saltating sediment particles will move downstream across the transverse slope instead  
69 of towards the thalweg (Dietrich and Smith, 1984; Sekine and Parker, 1992). This force is related to flow  
70 velocity and the radius of curvature of the bend (Komar, 1969) as in:

$$71 \quad F_r \propto \rho \frac{u^2}{R_c} \quad (3)$$

72 Where  $R_c$  is the radius of curvature of the channel,  $\rho$  is the density of the fluid and  $u$  is the depth-averaged  
73 flow velocity.

74 When the forces are balanced,

$$75 \quad \sin\theta \propto \frac{u^2}{D^2 R_c} \quad (4)$$

76 Therefore, for bends of a given curvature, cross-channel bar slope varies in proportion to (1) the square of  
77 the characteristic velocity associated sediment transport at high discharge through bends in the backwater

78 zone and (2) the inverse of the representative particle size in traction load squared. Thus, if the depth-  
79 averaged flow velocity increases downstream across the backwater zone and particle sizes available for bar  
80 construction decrease, this relationship predicts a downstream increase in the transverse slopes of bars.

### 81 **Bank-attached Bar Composition and Geometry across the Backwater Zone of the Mississippi River**

82 We present spatial patterns in geometry and composition using data from 1265 borehole logs  
83 compiled by the U.S. Army Corps of Engineers (USACE) in the Late Holocene Mississippi channel belt  
84 (MCB; Fig. 1b) (Saucier, 1994; Fernandes et al., 2016), grain-size data of bed material from the modern  
85 MR (USACE, 1935) and bathymetry collected in 1913 (See Data Repository (DR)). These data sources  
86 pre-date significant engineering modification to the MR channel, though we acknowledge that some  
87 anthropogenic impact may manifest even in these data. Sedimentary facies from boreholes, which represent  
88 millennial-scale sedimentation patterns, were used to characterize bulk facies changes across the backwater  
89 zone. We used: (A) mud- rich residual channel fills as proxies for MCB thickness (Fernandes et al., 2016),  
90 (B) sand and mud deposited at the tops of point bars as proxies for easily-suspended sediment load, and (C)  
91 a mix of sand and gravel beneath Facies B, interpreted as the undifferentiated deposits of bedload-  
92 dominated MCB point bars and underlying Pleistocene braided rivers. Downstream of RK400, where  
93 oxbow lakes are absent, the thickness of Facies B was used as a proxy for MCB thickness (Fernandes et al.,  
94 2016); between RK300-RK400, only thicknesses that exceeded the p75 of Facies B were used. A  
95 comparison of the two sets of measurements provided a proxy for the contribution of easily suspended  
96 material to MCB bars, from just downstream of Cairo, Illinois (RK1250) to Head of Passes (RK0) (Fig.  
97 2A). Downstream of RK500, the MCB thickens and bars incorporate increasing amounts of Facies B,  
98 which dominates channel-belt deposits between RK0 and RK200. The bed material load (Fig. 2B) grows  
99 enriched in particle sizes  $<0.3$  mm (medium grained sand) downstream of RK200, the likely result of long-  
100 term storage of “perennial” bedload ( $>0.4$  mm) in the upper backwater zone (U. S. Army Corps of  
101 Engineers, 1935). Notably, the limit of the slow-moving gravel front occurs in the vicinity of RK400, near  
102 Baton Rouge (Nittrouer, 2013, Fig. 2B).

103 We measured the cross-channel slopes of bank-attached bars (Fig. 2C, E, F) as well as the planform  
104 shape of the bar surfaces using the bathymetric data from RK500 to RK0. The percentiles (p) of  
105 measurements within a RK100 show increases (Fig. 2C, E) from upstream of RK400 (p10=1°, p25=2°,  
106 p50=3°, p75=4°, p90=5°) to downstream of RK300 (p10=2.5°, p25=3°, p50=4°, p75=4.5°-5.5°; p90=6°-  
107 7.5°); distributions also become increasingly skewed towards higher slopes downstream of RK350.  
108 Suspension-dominated sediment deposition, in flow-separation zones downstream of high curvature bends  
109 or point bars, can display very high slopes (Smith et al., 2009). We evaluated the curvature of bars in context  
110 of the transverse slopes (Fig. 2D). Curvatures of bar deposits, expressed as the inverse of radii of curvature  
111 and assigned different signs depending on whether they were convex or concave with respect to the channel  
112 centerline (Fig. 2F), do not show any systematic spatial trend in the relative abundance of these shapes.  
113 Therefore, backwater dynamics do appear to cause a systematic increase in transverse bar slopes; the  
114 distributions of planform curvatures of bars, however, appear unaffected within the studied reach.

### 115 **Linking the Kinematics and Geometry of Bars across the Backwater Zone of the Mississippi and** 116 **Trinity Rivers**

117 In the past, authors have hypothesized that downstream changes in channel lateral migration rates  
118 are linked to spatially variable sediment storage in bars and cross-stream bar geometry (Ikeda, 1989; Smith,  
119 2012; Nittrouer et al., 2012; Blum et al., 2013; Fernandes et al., 2016). We test this idea by comparing the  
120 transverse bar slopes and lateral migration rates (Fig.3) of two alluvial rivers: 1) the Lower Trinity River  
121 (LTR), Texas, (Smith, 2012; Smith and Mohrig, 2017; Mason and Mohrig, 2018; Smith et al., in review),  
122 2) the LMR (Hudson and Kesel, 2000). The LTR is a sand-bedded river with an insignificant amount of  
123 engineered modification in the studied region. Sediment samples from bars across the backwater zone  
124 reveal uniform distributions of sand-sized (<1.5 mm) sediment; however, gravel-sized particles, observed  
125 in samples from near the backwater transition, are absent from the samples in the lower backwater zone  
126 (Smith, 2012; Smith et al., in review). Both rivers have bathymetry collected over the required river channel  
127 length to compute the cross-channel slopes of bars and sufficient time-lapse information to compute lateral  
128 channel migration rates respectively.

129 To account for their different scales, we divided distances upstream of the terminus of the LMR  
130 and LTR by the respective backwater lengths of each river (700 km and 50 km) and lateral migration rates  
131 by the mean channel width in the backwater zone (70 m and 90 m; Smith, 2012; Nittrouer et al., 2012).  
132 Transverse slopes of bars in both rivers follow similar trends; they show a systematic increase downstream  
133 of the backwater transition in both rivers (Fig. 3). This is likely to be in response to downstream fining of  
134 bed material (Smith, 2012; Smith et al., in review) and/or downstream acceleration at high discharge.  
135 Channel migration rates for both rivers increase at the normal flow to backwater transition (dimensionless  
136 distance = 1) but decrease drastically downstream across the backwater zone (Fig. 2). This is probably a  
137 consequence of sand storage at the backwater transition (Nittrouer et al., 2012; Smith, 2016; Fernandes et  
138 al., 2016). Channel asymmetry in normal flow, associated with prolific bar growth and shallower cross-  
139 channel slopes at the backwater transition, likely contributes to topographic steering of high-velocity flow,  
140 enhanced erosion of the outer bank and locally accelerated lateral migration (Ikeda et al., 1981; Eke et al.,  
141 2014).

## 142 **Discussion**

143 The systematic and predictable increase in the cross-stream slopes of the two studied rivers and  
144 reduction in particle size of sediment, coupled with a reduction in the lateral migration rates downstream  
145 of the backwater transition zone, indicate that the dynamics of flow and sediment transport across the  
146 backwater zone have a fundamental impact on the kinematics, composition and geometry of bank-attached  
147 bars (Ikeda, 1989; Smith, 2012; Nittrouer et al., 2012; Fernandes et al., 2016). Furthermore, the proposed  
148 force balance scaling likely represents a sound first step towards explaining observed trends in cross-  
149 channel bar slopes through the backwater zone. Figures 2 A, B and C offer the intriguing opportunity for  
150 connecting (1) the spatio-temporal non-uniformity in sediment-transport dynamics, to (2) the spatial  
151 variability of sedimentary facies, in terms of relative sand and mud content, and (3) the dip of preserved  
152 bar accretion sets in the sedimentary record of fluvial backwater zones. This is particularly relevant to  
153 paleo-environmental reconstructions in data-limited settings. At the scale of rock outcrops, the sedimentary  
154 record of laterally mobile channels is dominated by inclined bed-sets formed through bar accretion

155 (Colombera et al., 2017; Durkin et al., 2017; Mahon and McElroy, 2018). Statistically robust spatial trends  
156 in the steepness of dipping bar surfaces and the relative proportions of sand and mud in coastal channel  
157 belts may serve to locate outcrops along proximal-to-distal paleo-river profiles. The distribution of slopes  
158 in the preserved remnants of bar surfaces, however, may be somewhat different from that observed in  
159 modern channels. To our knowledge, a formal statistical treatment of this preservation bias has not yet been  
160 attempted and may be needed to further quantify uncertainties associated with these trends in the  
161 sedimentary record.

162         The current work adds to a growing body of research in which a unifying hydraulic framework is  
163 used to elucidate the expected spatial variability in (1) the large-scale geometry of channel belts (i.e.  
164 thickness and width), (2) the sedimentary facies, (3) the expected scales of channel bed scours, and (4)  
165 geometry of bar deposits filling channel belts, in backwater-influenced paleo-channels (Petter, 2010; Blum  
166 et al., 2013; Fernandes et al., 2016; Trower et al., 2018; Martin et al., 2018). These attributes, applicable at  
167 different scales of investigation (e.g. remotely sensed channel belts, outcrops or sediment cores), can be  
168 used to reconstruct past environments and dynamics of fluvio-deltaic systems on Earth or other planetary  
169 bodies (e.g., Goudge et al., 2018) and to predict sub-surface heterogeneity and reservoir potential (e.g.,  
170 Durkin et al., 2017; Milliken et al., 2018).

## 171 **Conclusions**

172         Our comparison of trends in the Lower Mississippi and Lower Trinity Rivers suggests that  
173 backwater hydrodynamics and sediment transport dynamics constitute fundamental controls on the  
174 sedimentology, geometry and kinematics of bars observed in these systems. These results therefore define  
175 a critical link between backwater dynamics and bed-scale stratal geometries, providing a process-based  
176 framework for reconstructing paleo-dynamics and -environment from ancient sedimentary strata on Earth  
177 and other planets and for predicting reservoir-scale attributes in remotely sensed settings.

## 178 **Acknowledgements**

179 The authors would like to acknowledge the efforts of the many scientists working for the Trinity River  
180 Authority, Texas Parks and Wildlife and the U.S. Army Corps of Engineers who collected much of the data  
181 used in this paper.

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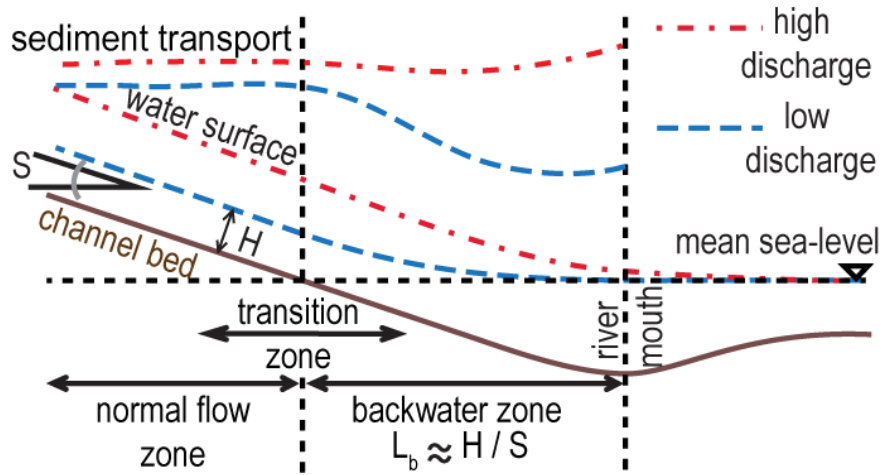
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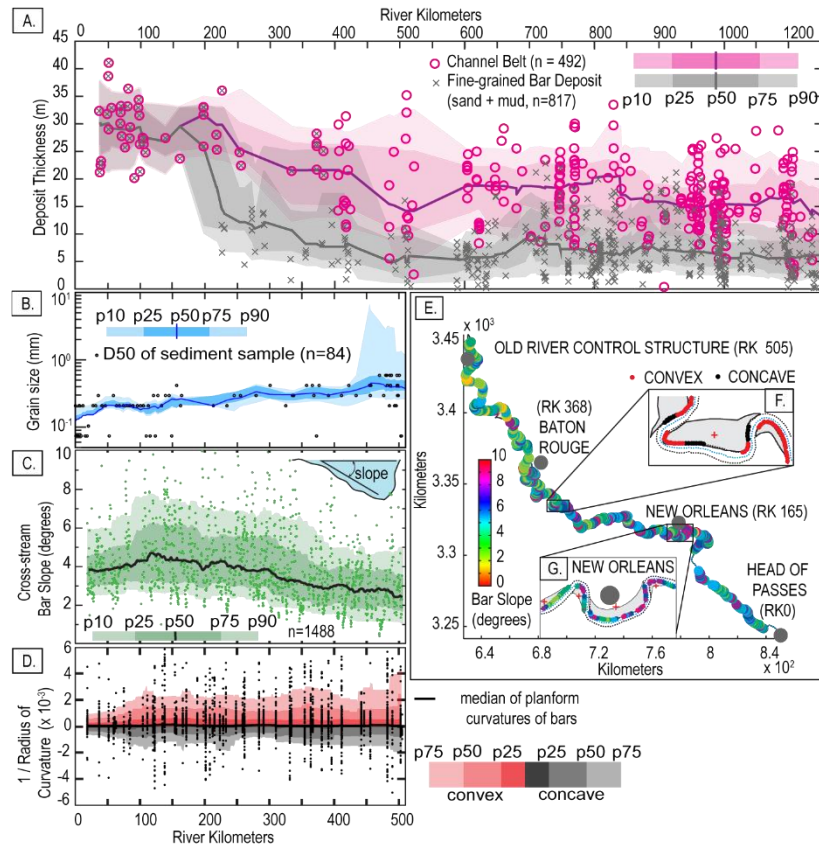
286 **Figures and Captions**



287

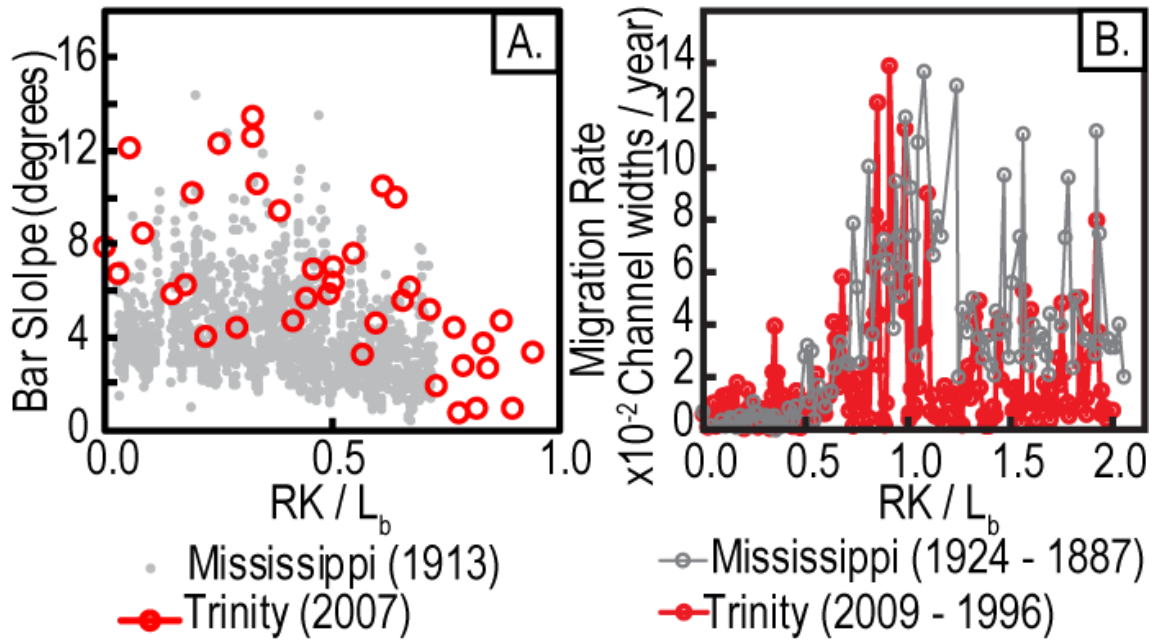
288 Figure 1: Schematic summary of spatial and temporal patterns in water surface slope, predicted sediment  
289 transport trends (from Nittrouer et al., 2012) and terminology used.

290



291 Figure 2: (A) Thickness of the channel belt and of Facies B from RK1200 to RK0. The 10th, 25th, 50th,  
 292 75th, 90th (p10, p25, p50, p75, p90) percentiles were calculated using a RK100 moving window. (B) Grain-  
 293 size trends from bed material samples shown as the D50 (50th percentile of all nominal diameters) of the  
 294 bed sample as well as the mean p10, p25, p50, p75, and p90 of all samples collected within a 50RK window  
 295 of the sample location. (C) Cross-stream slopes of bank-attached bars in degrees, as well as the p10, p25,  
 296 p50, p75, and p90 of all measurements within a moving RK100 window. (D) The planform curvature of  
 297 bars, expressed as convexity (positive values) and concavity (negative values). The median of all convex  
 298 and concave curvatures in moving 100RK windows is given by the solid black line; the p25, p50, p75 of  
 299 convex and concave shapes in 100RK windows are given by the red and grey envelopes respectively. (E)  
 300 Spatial pattern in transverse slopes of bars. Insets (F and G) show details of the Late Holocene bar deposits  
 301 (grey polygon), their centroids (red crosses), channel banks (black dotted lines) and channel centerline (blue  
 302 dotted lines). (F) Detail of planform geometry at different points along the channel bank (G) Detail of  
 303 measured mean slopes of the cross-stream bar surfaces.

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305

306 Figure 3: Comparison of (A) cross-stream bar slopes and (B) lateral migration rates observed in the Lower  
307 Mississippi and Trinity Rivers. Distance upstream of the river mouth is standardized by the backwater  
308 length in both plots, and lateral migration rates in (B) are standardized by the mean channel width.

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