

1 **Meridional Atmospheric Heat Transport Constrained by Energetics and**
2 **Mediated by Large-Scale Diffusion**

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ABSTRACT

15 Meridional atmospheric heat transport (AHT) has been investigated through
16 three broad perspectives: a *dynamic* perspective, linking AHT to the pole-
17 ward flux of moist static energy (MSE) by atmospheric motions; an *ener-*
18 *getic* perspective, linking AHT to energy input to the atmosphere by top-of-
19 atmosphere radiation and surface heat fluxes; and a *diffusive* perspective, rep-
20 resenting AHT in terms down-gradient energy transport. It is shown here
21 that the three perspectives provide complementary diagnostics of meridional
22 AHT and its changes under greenhouse-gas forcing. When combined, the en-
23 ergetic and diffusive perspectives offer prognostic insights: anomalous AHT
24 is constrained to satisfy the net energetic demands of radiative forcing, ra-
25 diative feedbacks, and ocean heat uptake; in turn, the meridional pattern of
26 warming must adjust to produce those AHT changes, and does so approxi-
27 mately according to diffusion of anomalous MSE. The relationship between
28 temperature and MSE exerts strong constraints on the warming pattern, favor-
29 ing polar amplification. These conclusions are supported by use of a diffu-
30 sive moist energy balance model (EBM) that accurately predicts zonal-mean
31 warming and AHT changes within comprehensive general circulation models
32 (GCMs). A dry diffusive EBM predicts similar AHT changes in order to sat-
33 isfy the same energetic constraints, but does so through tropically-amplified
34 warming – at odds with the GCMs’ polar-amplified warming pattern. The
35 results suggest that polar-amplified warming is a near-inevitable consequence
36 of a moist, diffusive atmosphere’s response to greenhouse-gas forcing. In this
37 view, atmospheric circulations must act to satisfy net AHT as constrained by
38 energetics.

39 **1. Introduction**

40 Large-scale atmospheric motions predominantly act to transport energy poleward – from the
41 warm and moist tropics, where insolation is strong, to cold and dry polar regions, where insolation
42 is weak (e.g., *Trenberth and Caron 2001; Trenberth and Stepaniak 2003; Fasullo and Trenberth*
43 *2008; Donohoe and Battisti 2012*). As a consequence of meridional atmospheric heat transport
44 (AHT), Earth’s climate is more temperate than it would otherwise be, exhibiting a weaker pole-to-
45 equator temperature gradient (e.g., *Hartmann 2016*). Under greenhouse-gas forcing, changes in
46 AHT play a primary role in shaping the pattern of climate change, such as the degree of polar am-
47 plification (*Hwang et al. 2011; Alexeev and Jackson 2013; Feldl and Roe 2013a; Rose et al. 2014;*
48 *Pithan and Mauritsen 2014; Roe et al. 2015; Merlis and Henry 2018; Bonan et al. 2018; Stuecker*
49 *et al. 2018*) and the meridional pattern of hydrologic cycle changes (e.g., *Held and Soden 2006;*
50 *Siler et al. 2018*). A key question is, what processes govern meridional AHT and its changes?

51 Here we compare three complementary perspectives — *dynamic, energetic, and diffusive* — on
52 meridional AHT. We first consider each perspective in the context of climatological AHT as de-
53 rived from atmospheric reanalyses and satellite observations. We then consider each perspective in
54 the context of AHT changes under greenhouse-gas forcing as simulated by comprehensive global
55 climate models (GCMs). Finally, we seek to reconcile the perspectives within a moist energy
56 balance model framework. We show that, together, energetic and diffusive perspectives provide
57 fundamental insights into how meridional AHT is constrained to change under climate forcing and
58 how those changes shape the pattern of surface warming.

59 **2. Three perspectives on meridional heat transport**

60 *a. A dynamic perspective*

61 A traditional description of meridional AHT is in terms of *dynamical* processes. From this
62 perspective, AHT arises from the poleward flux of moist static energy (MSE) by the dominant
63 atmospheric motions. In the tropics, meridional energy transport is primarily accomplished by the
64 mean meridional circulation (MMC) associated with the Hadley Cell. Total energy transport in
65 the Hadley Cell is a small residual of offsetting contributions from its lower (equatorward) and
66 upper (poleward) branches: moist, warm air is drawn equatorward near the surface and dry air is
67 returned aloft, but because MSE (including potential energy) increases slightly with height in the
68 tropical atmosphere, energy is larger in the upper branch resulting in poleward energy transport
69 overall.

70 Outside of the tropics, meridional energy transport is primarily accomplished by eddies, which
71 advect moist, tropical air poleward while simultaneously drawing cool, dry air equatorward from
72 high latitudes. The poleward energy transport from transient eddies dominates over that of station-
73 ary eddies in the annual mean, while the MMC associated with the Ferrel Cells result in modest
74 equatorward energy transport in mid-latitudes.

75 We derive annual-mean meridional AHT from six-hourly meridional velocity (v) and MSE (de-
76 noted by $m = c_p T + L_v q + gz$) of air from the ERA-Interim Reanalysis (Appendix A; *Dee et al.*
77 2011), where T is temperature, c_p is specific heat of air at constant pressure, L_v is latent heat of
78 vaporization, q is specific humidity, and gz is potential energy at height z above the surface. We
79 diagnose climatological northward AHT, denoted by $F(x)$ where x is the sine of latitude, according
80 to:

$$F(x) = \frac{2\pi a}{g} (1 - x^2)^{1/2} \int [\overline{mv}] dp, \quad (1)$$

81 where a is the radius of the Earth, g is acceleration due to gravity, $(1 - x^2)^{1/2}$ accounts for spherical
 82 geometry, and the integral over pressure (p) is from the TOA to the surface; overbars denote time
 83 means and square brackets denote zonal means. AHT can further be partitioned into distinct
 84 atmospheric circulations (*Holton and Hakim 2013*):

$$\begin{aligned}
 \overline{[mv]} = & \underbrace{\overline{[\overline{m}][\overline{v}]}}_{\text{MMC}} + \underbrace{\overline{[m']'[v]'}}_{\text{TOC}} + \underbrace{\overline{[m^*v^*]}}_{\text{stationary eddies}} + \underbrace{\overline{[m'^*v'^*]}}_{\text{transient eddies}}, \quad (2)
 \end{aligned}$$

85 where primes denote deviations from the time mean and asterisks denote deviations from the zonal
 86 mean; TOC denotes the transient overturning circulation, which is small everywhere in the annual
 87 mean (e.g., *Donohoe et al. 2018*).

88 From the dynamic perspective, meridional AHT arises from energy transport associated with
 89 distinct atmospheric circulations at different latitudes (Fig. 1a). Remarkably, when AHT asso-
 90 ciated with each circulation component is summed together they blend seamlessly to produce a
 91 net AHT with smooth meridional structure (*Trenberth and Stepaniak 2003*). Net AHT has a peak
 92 magnitude of about 4 PW at around 40° latitude in both hemispheres and is poleward everywhere
 93 except in the deep tropics where energy is transported southward across the equator (Fig. 1a).

94 The dynamic perspective on meridional AHT is appealing for its explicit connection to the gen-
 95 eral atmospheric circulation. However, we lack a theory for how circulation components that vary
 96 so greatly with latitude conspire to produce such seamless meridional structure and hemispheric
 97 symmetry in net AHT (*Trenberth and Stepaniak 2003*). Moreover, while the dynamic perspective
 98 permits a diagnostic partitioning of AHT into components associated with distinct atmospheric
 99 motions, it does not, by itself, constrain the net AHT to which they sum.

100 *b. An energetic perspective*

101 A second perspective is that meridional AHT is as it needs to be to meet the net *energetic* de-
102 mands of top-of-atmosphere (TOA) radiation and surface energy fluxes. Because absorbed short-
103 wave radiation exceeds outgoing longwave radiation at low latitudes, while outgoing longwave
104 exceeds absorbed shortwave at high latitudes, total planetary heat transport must act to diverge
105 energy from the tropics and converge energy in polar regions to maintain local energy balance
106 (*Hartmann 2016*). This energetic demand is only partially met by meridional ocean heat transport
107 (OHT), leaving most of the energy transport to be accomplished by the atmosphere.

108 In this view, the zonal-mean net heating of the atmosphere, Q_{net} , must be balanced, on long
109 timescales, by the divergence of northward AHT:

$$Q_{\text{net}}(x) = \frac{1}{2\pi a^2} \frac{dF}{dx}. \quad (3)$$

110 In turn, northward AHT can be calculated from the meridional integral of $Q_{\text{net}}(x)$:

$$F(x) = 2\pi a^2 \int_{-1}^x Q_{\text{net}}(\tilde{x}) d\tilde{x}. \quad (4)$$

111 We derive Q_{net} from net TOA radiation observed from the Clouds and the Earth's Radiant Energy
112 System Energy Balance and Filled product (CERES EBAF; *Loeb et al. 2009*) combined with net
113 surface heat fluxes from ERA-Interim (Fig. 1b; Appendix A). The result, shown in Fig. 1c, is
114 AHT with peak magnitude of about 4 PW at around 40° latitude in both hemispheres and seamless
115 meridional structure.

116 Net meridional AHT diagnosed from the atmospheric energy budget (Fig. 1c) agrees with that
117 diagnosed from atmospheric circulations (Fig. 1a), as it must (Appendix A). However, the ener-
118 getic perspective links AHT to a different set of climate processes. Meridionally integrating the

119 individual components of Q_{net} (Fig. 1b) according to Eq. (4)¹ shows that the meridional structure
120 of meridional AHT largely mirrors that required by TOA radiation and is partially compensated
121 by surface heat fluxes, which reflect OHT (Fig. 1c). From the energetic perspective, seamless
122 meridional structure and hemispheric symmetry of AHT arise because net TOA radiation varies
123 smoothly with latitude and is nearly symmetric between the hemispheres (Fig. 1b; *Voigt et al.*
124 2013; *Stephens et al.* 2015).

125 While the energetic perspective does not require knowledge of the specific atmospheric mo-
126 tions by which AHT is accomplished, it postulates that those motions must collectively satisfy net
127 energetic constraints. *Stone* (1978) pioneered this reasoning by arguing that total planetary heat
128 transport (AHT + OHT) is determined by the meridional structure of absorbed solar radiation, in-
129 dependent of the dynamical details of the ocean–atmosphere system; this approximation holds to
130 the degree that outgoing longwave radiation is insensitive to variations in surface temperature. An
131 implication is that for fixed TOA radiation, AHT must adjust to any change in OHT to maintain
132 local energy balance – a compensation originally proposed by *Bjerknes* (1964). Imperfect com-
133 pensation arises only to the degree that TOA radiation responds to changes in surface temperature
134 (*Rose and Ferreira* 2013; *Liu et al.* 2016). More recently, *Donohoe and Battisti* (2012) used ener-
135 getic arguments to link AHT biases to cloud biases in GCMs based on a strong correlation between
136 AHT and pole-to-equator gradients in absorbed solar radiation across models. The spatial pattern
137 of absorbed solar radiation is also thought to govern climatological poleward AHT across differ-
138 ent climate states, such as those simulated by varying geometrical constraints on ocean circulation
139 (*Enderton and Marshall* 2009) or varying Earth’s rotation rate (*Liu et al.* 2017).

¹The individual components of $Q_{\text{net}}(x)$ have non-zero global-mean values that we subtract (meridionally uniformly) from the integrand of Eq. (4) to ensure that $F(x)$ implied by each component goes to zero at the poles.

140 The energetic perspective also provides a framework for understanding the latitudinal position
 141 of the Inter-tropical Convergence Zone (ITCZ): annual-mean ascent north of the equator permits
 142 net MSE to be transported southward across the equator in the upper branch of the Hadley Cell,
 143 as required to balance stronger heating of the northern hemisphere atmosphere (*Kang et al.* 2008;
 144 *Frierson and Hwang* 2012; *Hwang and Frierson* 2013; *Donohoe et al.* 2013, 2014). An implication
 145 is that the peak in zonal-mean rainfall resides north of the equator in the annual mean due to
 146 hemispheric asymmetry of high-latitude surface heat fluxes which, in turn, reflects northward OHT
 147 across the equator due to meridional overturning in the Atlantic Ocean (Figs. 1b,c; *Frierson et al.*
 148 2013; *Marshall et al.* 2014).

149 The energetic perspective permits meridional AHT to be diagnosed from TOA radiation and
 150 surface energy fluxes without knowledge of atmospheric circulations. It further links the seamless
 151 meridional structure and symmetry of AHT to that of net TOA radiation. However, it is unclear
 152 to what extent the energetic perspective can be thought of as a constraint on meridional AHT
 153 given that TOA radiation depends (at least weakly) on the patterns of atmospheric and surface
 154 temperatures which, in turn, depend on AHT.

155 *c. A diffusive perspective*

156 A third perspective comes from the representation of AHT as a macroturbulent (*Held* 1999)
 157 or *diffusive* process. The traditional assumption (e.g., *Budyko* 1969; *Sellers* 1969; *Stone* 1978;
 158 *North* 1975, 1981; *Merlis* 2014; *Wagner and Eisenman* 2015) is that AHT is proportional to the
 159 meridional gradient in zonal-mean near-surface air temperature, $T(x)$, which on a sphere gives:

$$F(x) = -\frac{2\pi p_s}{g} c_p D_d (1-x^2) \frac{dT}{dx}, \quad (5)$$

160 where D_d is a constant “dry” diffusion coefficient with units of $\text{m}^2 \text{s}^{-1}$ and p_s is surface air pressure
 161 (1000 hPa). More recent studies (e.g., *Flannery 1984; Frierson et al. 2007; Hwang and Frierson*
 162 *2010; Hwang et al. 2011; Rose et al. 2014; Roe et al. 2015; Liu et al. 2016; Merlis and Henry 2018;*
 163 *Siler et al. 2018; Bonan et al. 2018*) account for latent heat by assuming that AHT is proportional
 164 to the meridional gradient in zonal-mean near-surface MSE, denoted by $h(x) = c_p T(x) + L_v q(x)$,
 165 where $q(x)$ is near-surface specific humidity, giving:

$$F(x) = -\frac{2\pi p_s}{g} D_m (1-x^2) \frac{dh}{dx}, \quad (6)$$

166 where D_m is a constant “moist” diffusion coefficient with units of $\text{m}^2 \text{s}^{-1}$.

167 We derive $F(x)$, shown in Figs. 1e and 1f, using zonal-mean $T(x)$ and $h(x)$ from ERA-Interim
 168 (Fig. 2; Appendix A). Following *Hwang and Frierson (2010)*, we approximate near-surface MSE
 169 assuming a flat surface and fixed (80%) relative humidity; $q(x)$ is governed by the Clausius-
 170 Clapeyron relation and depends only on $T(x)$. Without *a priori* knowledge of the effective
 171 dry or moist diffusivities of the atmosphere, we choose values ($D_d = 2.2 \times 10^6 \text{ m}^2 \text{ s}^{-1}$ and
 172 $D_m = 0.96 \times 10^6 \text{ m}^2 \text{ s}^{-1}$) that minimize the mean square error between AHT calculated by Eqs. (5)
 173 and (6) and that calculated from either Eqs. (1) or (4) (Figs. 1a,c). The value of D_m is within 10%
 174 of that diagnosed from the climatology of GCMs by *Hwang and Frierson (2010)*. Importantly, D_m
 175 and D_d are independent of latitude. The factor of two difference between D_m and D_d reflects the
 176 pole-to-equator gradient of $h(x)/c_p$ being approximately twice as large as that of $T(x)$ due to the
 177 nearly-exponential increase in $q(x)$ with temperature (Fig. 2; *Flannery 1984; Merlis and Henry*
 178 *2018*).

179 Equations (5) and (6) do not reproduce all features of meridional AHT as calculated from at-
 180 mospheric circulations or the atmospheric energy budget (cf. Figs. 1e,f with Figs. 1a,c). This is
 181 unsurprising, given (i) the strong idealization that diffusivity is independent of latitude and acts

182 on gradients of near-surface temperature or MSE, and (ii) the intuition that atmospheric motions
183 should behave diffusively, in some approximate sense, only in the extratropical atmosphere where
184 transient eddies stir temperature and moisture efficiently (*Held* 1999, Fig. 1a). Yet, meridional
185 AHT derived from this simple principle of diffusive, down-gradient energy transport broadly cap-
186 tures the meridional structure of AHT and its peak magnitude of about 4 PW at around 40° latitude
187 in both hemispheres (Figs. 1e,f). Despite its great dynamical complexity, the overall tendency of
188 the atmosphere appears to be that of down-gradient energy transport from the warm, moist tropics
189 to the cold, dry polar regions.

190 From the diffusive perspective, seamless meridional structure and hemispheric symmetry of
191 AHT arise from the smooth meridional variation and approximate hemispheric symmetry of $T(x)$
192 or $h(x)$. AHT is poleward everywhere except in the deep tropics where southward energy transport
193 across the equator arises from the maximum in $T(x)$ or $h(x)$ residing north of the equator in the
194 annual mean (Fig. 2).

195 The diffusive perspective complements *Stone* (1978)'s energetic reasoning regarding constraints
196 on total planetary heat transport (AHT + OHT): provided that atmospheric circulations act to trans-
197 port energy down-gradient in a sufficiently diffusive manner, AHT will readily adjust to changes
198 in TOA radiation or surface heat fluxes independent of the dynamical details of the system; Bjerk-
199 nes compensation of OHT changes can be understood as atmospheric energy divergence adjusting
200 more than TOA radiation does in response to changes in surface temperature (*Liu et al.* 2016).

201 The diffusive perspective links the meridional structure of AHT directly to that of near-surface
202 air temperature or MSE; yet, $T(x)$ and $h(x)$ are themselves influenced by AHT. Moreover, it is
203 unclear why a diffusive approximation works well in the deep tropics where transient eddies con-
204 tribute relatively little to AHT (Fig. 1a). That similar patterns of AHT can be obtained using
205 different assumptions about the atmospheric energy budget – $T(x)$ in Eq. (5) or $h(x)$ Eq. (6) – is

206 cause for ruminations. In sections 3c and 4, we will consider which diffusive description, if either,
207 is realistic.

208 MOIST AND DRY PARTITIONING OF AHT

209 An alternative partitioning of AHT is into the transport of energy associated with moisture (la-
210 tent energy, $L_v q$) and temperature (dry-static energy, $c_p T + gz$). This partitioning can be calculated
211 in either of two ways. From a dynamic perspective, we apply Eq. (1) separately to $c_p T + gz$ and
212 q fields from ERA-Interim to estimate meridional dry-static energy and latent energy transports,
213 respectively. From an energetic perspective, we apply Eq. (4) to the zonal-mean latent heat flux
214 convergence implied by net precipitation minus evaporation from ERA-Interim; this gives an esti-
215 mate of meridional latent energy transport, which we subtract from net AHT to estimate meridional
216 dry-static energy transport. Both dynamic and energetic estimates give the same result, shown in
217 Fig. 1d: the transport of dry-static energy is poleward at all latitudes, while the transport of latent
218 energy is poleward outside of the tropics and equatorward in the vicinity of the Hadley Cell. There
219 is strong compensation between large variations in the latent energy and dry-static energy trans-
220 ports in the tropics, but each contributes approximately equal poleward AHT in the mid-latitudes
221 (*Trenberth and Stepaniak 2003*). Together, moist and dry components seamlessly sum to produce
222 a smooth meridional structure in net AHT.

223 Without a representation of moisture transport, temperature diffusion cannot replicate this parti-
224 tioning of moist and dry AHT. Can MSE diffusion? In the extratropics, Eq. (6) applied to $c_p T(x)$
225 and $L_v q(x)$ separately reproduces the poleward transport of latent energy and dry-static energy with
226 approximately equal partitioning (Fig. 1f). Within the tropics, a diffusive approximation cannot
227 represent the observed up-gradient advection of moisture. However, following *Siler et al. (2018)*,
228 we can extend the diffusive perspective to capture tropical moisture transport by implementing a

229 minimal representation of the Hadley Cell (Appendix B) that partitions the net AHT (Eq. (6)) into
230 Hadley Cell and eddy components. In the tropics, the Hadley Cell parameterization is active and
231 dominates moisture transport, resulting in an up-gradient flux of latent energy. In the extratropics,
232 eddies dominate and latent energy is fluxed down-gradient.

233 Diffusion of MSE (with Hadley Cell extension) is able to capture the partitioning of latent energy
234 and dry-static energy components of meridional AHT as set by distinct regimes of atmospheric
235 motions (cf. Figs. 1d and 1f). *Siler et al.* (2018) explore the implications of diffusive moisture
236 transport for the meridional structure of the hydrologic cycle and its changes under greenhouse-
237 gas forcing.

238 The above perspectives — *dynamic*, *energetic*, and *diffusive* — provide complementary descrip-
239 tions of meridional AHT from different levels of complexity and distinct physical assumptions.
240 From the observed climatology alone, it is not clear which perspective, if any, provides more
241 fundamental insight into the processes governing meridional AHT. Importantly, all three are in-
242 herently diagnostic. A strong demonstration of the merit of each perspective would be the ability
243 to explain meridional AHT changes under climate forcing. Thus, we next consider the three per-
244 spectives in the context of global warming as simulated by comprehensive GCMs.

245 **3. Three perspectives on meridional heat transport changes under greenhouse-gas forcing**

246 Driven by rising greenhouse-gas concentrations, coupled GCMs robustly predict an increase in
247 poleward AHT in the mid-latitudes of both hemispheres (Fig. 3; *Held and Soden* 2006; *Hwang*
248 *and Frierson* 2010; *Zelinka and Hartmann* 2012; *Wu et al.* 2011; *Huang and Zhang* 2014). Mean-
249 while, they predict little change or even a decrease in poleward AHT at high latitudes (Fig. 3;
250 *Hwang et al.* 2011), even while producing polar-amplified surface warming (Fig. 4). What pro-

251 cesses govern these AHT changes, and how are they connected to the meridional pattern of surface
252 warming?

253 We analyze output from 11 GCMs participating in the most recent Coupled Model Intercom-
254 parison Project (CMIP5; *Taylor et al. 2012*). This subset of models reflects those that provide the
255 necessary output for calculating AHT and its changes from all three perspectives (Appendix C).
256 For each GCM, we calculate anomalies in northward AHT, denoted by $F'(x)$, as the difference
257 between $F(x)$ averaged over a pre-industrial control simulation and $F(x)$ at a century into a simu-
258 lation of abrupt CO₂ quadrupling (average over years 85-115). We consider CMIP5-mean changes
259 throughout. The use of large radiative forcing, model averaging, and averaging over 31 years at
260 the centennial timescale allows us to study long-term, transient, forced changes. In section 4c we
261 consider the response to CO₂ forcing near equilibrium.

262 *a. A dynamic perspective*

263 A variety of atmospheric circulation changes have been found to occur in response to CO₂ forc-
264 ing: a narrowing and shifting of the ITCZ (e.g., *Neelin et al. 2003; Huang et al. 2013; McFarlane*
265 *and Frierson 2017*); a slowdown and poleward expansion of the Hadley Cell (e.g., *Held and Soden*
266 *2006; Lu et al. 2007*); poleward shifts of mid-latitude jets and storm tracks (e.g., *Yin 2005; Barnes*
267 *and Polvani 2013; Mbengue and Schneider 2017, 2018*); and changing planetary wave activity
268 (e.g., *Lee 2014; Liu and Barnes 2015; Graverson and Burtu 2016*), among others. Each circula-
269 tion change has the potential to modify meridional AHT. Yet, even in the absence of circulation
270 changes, warming and moistening of the atmosphere would lead to AHT changes by modifying of
271 the MSE profiles on which climatological circulations act (e.g., *Held and Soden 2006*).

272 We use Eqs. (1) and (2) to diagnose $F'(x)$ and its dynamical partitioning within the CMIP5
273 models (Appendix C). The result is a robust increase in poleward AHT in the mid-latitudes of both

274 hemispheres (by about 0.3 PW at the climatological maxima) and a slight decrease in poleward
275 AHT into polar regions (Fig. 3a), consistent with previous studies (e.g., *Zelinka and Hartmann*
276 2012; *Huang and Zhang* 2014). The relative contributions of the MMC, stationary eddies, and
277 transient eddies to anomalous AHT vary with latitude. Yet, due to compensations between them,
278 they sum to produce a net AHT anomaly that varies comparatively smoothly with latitude. This
279 comparative smoothness is significant indication of the system's underlying dynamical response.
280 Investigating the changes in individual GCMs, *Donohoe et al.* (2018) find large variations among
281 models in the contributions from the individual circulation terms (Eq. 2), but smooth changes in
282 net AHT in each model.

283 The meridional structure of climatological AHT could be readily interpreted in terms of the
284 dominant regimes of atmospheric circulation (section 2a; Fig. 1a). The meridional structure of
285 AHT *anomalies*, however, does not obviously track expected changes in atmospheric circulations
286 described above, nor does it reflect a simple enhancement of the climatological AHT associated
287 with different circulation components (cf. Fig. 3a and Fig. 1a), except perhaps over the Southern
288 Ocean. Moreover, it is unclear how AHT anomalies associated with distinct dynamical circulations
289 at different latitudes are able to produce such a seamless structure in net AHT changes, or why
290 they would do so with approximate symmetry between hemispheres.

291 A reasonable conjecture is that energy transport by atmospheric motions must somehow adjust
292 to satisfy some fundamental constraint on net AHT changes. We will argue that such a constraint
293 arises naturally from the energetic perspective. Indeed, many recent studies explore causal links
294 between changes in TOA radiation and atmospheric dynamics (*Wu et al.* 2011; *Donohoe et al.*
295 2013, 2014; *Feldl et al.* 2014; *Ceppi et al.* 2014; *Voigt and Shaw* 2015; *Merlis* 2015; *Ceppi and*
296 *Hartmann* 2016; *Voigt and Shaw* 2016; *Kay et al.* 2016; *Feldl and Bordoni* 2016; *McFarlane and*

297 *Frierson 2017; Watt-Meyer and Frierson 2017; Ceppi and Shepherd 2017; Mbengue and Schneider*
 298 *2017, 2018).*

299 Partitioning net AHT changes into latent and dry-static energy contributions shows similar com-
 300 pensations across latitudes, with greater meridional variations in each component than in the total
 301 to which they sum (Fig. 3d). In the extratropics, poleward latent energy transport increases while
 302 dry-static energy transport decreases; in the tropics, equatorward latent energy transport increases
 303 while poleward dry-static energy transport increases. We will argue that this moist–dry partition-
 304 ing of meridional AHT changes can be understood from the diffusive perspective, without the need
 305 to invoke changes in atmospheric circulation.

306 *b. An energetic perspective*

307 Changes in meridional AHT can be interpreted in terms of energetic constraints: in response to
 308 anomalous zonal-mean net heating of the atmosphere, Q'_{net} , local energy balance must be regained
 309 through anomalous energy divergence:

$$Q'_{\text{net}}(x) = \frac{1}{2\pi a^2} \frac{dF'}{dx}, \quad (7)$$

310 giving anomalous northward AHT in terms of the meridional integral of Q'_{net} :

$$F'(x) = 2\pi a^2 \int_{-1}^x Q'_{\text{net}}(\tilde{x}) d\tilde{x}. \quad (8)$$

311 A useful partitioning of TOA radiation changes is into radiative forcing, denoted by $R_f(x)$, and
 312 radiative response to surface warming, denoted by $\lambda(x)T'(x)$, where net radiative feedback $\lambda(x)$
 313 (units of $\text{Wm}^{-2}\text{K}^{-1}$) represents a linearization of zonal-mean radiative response with respect to
 314 zonal-mean surface temperature change $T'(x)$ (*Armour et al. 2013; Feldl and Roe 2013b; Rose*
 315 *et al. 2014; Roe et al. 2015).* This gives:

$$Q'_{\text{net}}(x) = \lambda(x)T'(x) + R_f(x) + G'(x), \quad (9)$$

316 where $G'(x)$ is the change in net upward surface heat flux (with negative values reflecting ocean
317 heat uptake). CMIP5-mean patterns of each term are shown in Figs. 4 and 5 (see Appendix C
318 details of their calculation).

319 We diagnose changes in poleward AHT within the CMIP5 models using Eqs. (8) and (9). The
320 result is increased poleward AHT in the mid-latitudes of both hemispheres (by about 0.3 PW at
321 the climatological maxima) and slightly decreased poleward AHT into polar regions (Fig. 3c).
322 This agrees with AHT derived from the dynamic perspective (Fig. 3a), as it must (Appendix C).
323 However, from the energetic perspective, the increase in poleward AHT in mid-latitudes is a con-
324 sequence of increased energy input into the tropical atmosphere by $R_f(x)$ and $G'(x)$, which is only
325 weakly damped by the radiative response to warming (Fig. 3b). That is, in the tropics where the
326 magnitude of $\lambda(x)$ is relatively small (reflecting a weak radiative response per degree of warm-
327 ing), restoring local energy balance requires anomalous atmospheric energy divergence and thus
328 increased poleward AHT in the mid-latitudes (Fig. 3c). Anomalous atmospheric energy conver-
329 gence in the mid-latitudes is balanced by an efficient radiative response to warming (more negative
330 values of $\lambda(x)$) and by ocean heat uptake (Fig. 3b).

331 Changes in poleward AHT into the Arctic can be understood from the energetic perspective as
332 well: despite large $T'(x)$ (Fig. 4), the TOA radiative response is relatively weak due to small (less
333 negative) $\lambda(x)$; a decrease in poleward AHT (Fig. 3c) is thus required to balance anomalous energy
334 input to the Arctic atmosphere from both $R_f(x)$ and $G'(x)$ (Fig. 3b; *Hwang et al.* 2011).

335 Applying Eq. (8) to each component of Q'_{net} separately permits quantification of the poleward
336 AHT changes implied by $\lambda(x)T'(x)$, $R_f(x)$ and $G'(x)$ (*Zelinka and Hartmann* 2012; *Huang and*
337 *Zhang* 2014). In this view, processes that preferentially add energy to the tropical atmosphere (e.g.,
338 CO₂ forcing and water-vapor feedback) or remove energy from the extratropical atmosphere (e.g.,
339 subpolar ocean heat uptake) act to increase poleward AHT in mid-latitudes. Processes that pref-

340 erentially remove energy from the tropical atmosphere (e.g., lapse-rate feedback) or add energy
341 to the extratropical latitude atmosphere (e.g., lapse-rate and ice-albedo feedbacks) act to decrease
342 poleward AHT in mid-latitudes.

343 From the energetic perspective, poleward AHT changes most closely mirror those terms in Q'_{net}
344 that show the greatest large-scale meridional structure. For the CMIP5 models, the radiative re-
345 sponse to warming, $\lambda(x)T'(x)$, varies little with latitude owing to small values of $\lambda(x)$ compensat-
346 ing large $T'(x)$ at high latitudes (Fig. 3b); the pattern of radiative response thus implies little change
347 in meridional AHT (Fig. 3c). $R_f(x)$ also varies relatively little with latitude (Fig. 3b), implying
348 slightly increased poleward AHT in mid-latitudes (Fig. 3c). The greatest meridional variations in
349 Q'_{net} come from $G'(x)$ (Fig. 3b). The meridional structure of AHT thus largely mirrors that implied
350 by ocean heat uptake (Fig. 3c), consistent with large atmospheric heat flux convergence over the
351 subpolar oceans (Fig. 3b) where sea-surface warming is delayed by ocean circulations (*Marshall*
352 *et al.* 2014b; *Armour et al.* 2016).

353 The energetic perspective provides a powerful description of AHT changes in terms of the
354 meridional patterns of radiative forcing, radiative feedbacks, and ocean heat uptake. Where the
355 atmosphere is inefficient at radiating additional energy to space with warming (deep tropics and
356 polar regions), local energy balance must be regained primarily through anomalous energy di-
357 vergence; where the atmosphere is efficient at radiating additional energy to space with warming
358 (mid-latitudes), local energy balance can be regained, in part, through radiative response (*Feldl*
359 *and Roe* 2013a; *Roe et al.* 2015). Yet, most of the structure in AHT arises from ocean heat uptake:
360 where the oceans preferentially take up heat (subpolar oceans), the atmosphere must converge en-
361 ergy to maintain local energy balance. This description is inherently diagnostic, however, given
362 that the radiative response depends, at least weakly, on the pattern of surface warming, which, in
363 turn, depends on meridional AHT changes.

364 *c. A diffusive perspective*

365 In section 2c we found that the principle of diffusive, down-gradient energy transport produced
366 reasonable representations of climatological meridional AHT (Figs. 3d,f). Does the diffusive per-
367 spective provide reasonable representations of AHT *changes* as well?

368 We first calculate anomalous northward AHT from anomalous near-surface air temperature ac-
369 cording to:

$$F'(x) = -\frac{2\pi p_s}{g} c_p D_d (1-x^2) \frac{dT'}{dx}. \quad (10)$$

370 The CMIP5 models simulate polar-amplified warming in the northern hemisphere and damped
371 warming over the Southern Ocean (Fig. 4). Given $T'(x)$ from CMIP5 models and the value of D_d
372 derived from the ERA-Interim climatology above, near-surface air temperature diffusion (Eq. (10))
373 predicts decreased poleward AHT in the northern hemisphere mid-latitudes (thick line in Fig. 3e),
374 at odds with the increased poleward AHT simulated by the models (Figs. 3a,c,d). In the southern
375 hemisphere mid-latitudes, it predicts increased poleward AHT, consistent with the sign of CMIP5
376 changes but with insufficient magnitude. Overall, temperature diffusion provides a poor represen-
377 tation of meridional AHT changes.

378 We next calculate anomalous northward AHT from anomalous near-surface MSE according to:

$$F'(x) = -\frac{2\pi p_s}{g} D_m (1-x^2) \frac{dh'}{dx}, \quad (11)$$

379 where $h'(x) = c_p T'(x) + L_v q'(x)$ and $q'(x)$ denotes anomalous specific humidity. Assuming con-
380 stant relative humidity as above, $h'(x)$ depends only on $T'(x)$ according to the Clausius-Clapeyron
381 relation². The pattern of $h'(x)$ simulated by the CMIP5 models is strikingly different from that
382 of $T'(x)$ (Fig. 4). In the tropics, $h'(x)/c_p$ is about a factor of four greater than $T'(x)$, owing to

²The climatological temperature at each latitude is set to the annual-mean ERA-Interim value. Results are similar if the CMIP5 pre-industrial climatology is used instead.

383 the fact that, from Clausius-Clapeyron, $q(x)$ increases strongly (per degree of warming) where
384 climatological temperatures are warm (Roe *et al.* 2015). Thus, despite relatively uniform $T'(x)$
385 throughout the tropics and mid-latitudes, $h'(x)$ is strongly peaked near the equator, enhancing the
386 MSE gradient relative to climatology. At the poles, where temperatures are cold, $h'(x)/c_p$ is only
387 slightly greater than $T'(x)$. Yet, polar warming is sufficiently amplified that the MSE gradient is
388 reduced relative to climatology.

389 Given $h'(x)$ from CMIP5 models and the value of D_m derived from the ERA-Interim climatology
390 above, MSE diffusion (Eq. (11)) predicts increased poleward AHT in the mid-latitudes of both
391 hemispheres and decreased poleward AHT into polar regions (thick line in Fig. 3f), qualitatively
392 consistent with CMIP5 changes (Figs. 3a,c,d). Partitioning $F'(x)$ into moist and dry components
393 (by use of the Hadley Cell parameterization of Appendix B) predicts increased poleward latent
394 energy transport compensated by decreased poleward dry-static energy transport in mid-latitudes,
395 and increased equatorward latent energy transport compensated by increased poleward dry-static
396 energy transport in the tropics (Fig. 3f) – broadly consistent with CMIP5 changes (Fig. 3d).

397 From the perspective of MSE diffusion, the meridional structure of anomalous AHT is directly
398 linked to the meridional pattern of $h'(x)$. Increased poleward AHT in mid-latitudes reflects an in-
399 creased MSE gradient driven by the larger increase in moisture in the tropics, where climatological
400 temperatures are warm. This is consistent with increased poleward latent energy transport in mid-
401 latitudes. Decreased poleward AHT into the Arctic is a consequence of a decreased MSE gradient
402 at high latitudes caused by polar-amplified warming. This is consistent with decreased poleward
403 dry-static energy transport into polar regions. The ability to qualitatively reproduce CMIP5 AHT
404 changes suggests that MSE diffusion provides a decent approximation of meridional AHT. How-
405 ever, the diffusive perspective, as applied here, is also inherently diagnostic given that the pattern

406 of $h'(x)$ itself depends on poleward AHT. Moreover, the magnitude of predicted poleward AHT
407 changes are generally too large.

408 The results so far suggest that the dynamic perspective provides only limited understanding of
409 meridional AHT changes, while energetic and diffusive perspectives each provide diagnostic in-
410 sights into AHT changes in terms of physical processes. In the following section we show that the
411 energetic and diffusive perspectives can be combined to yield a prognostic energy balance model
412 (EBM) that satisfies energetic constraints on the atmospheric column via down-gradient energy
413 transport of anomalous MSE. We demonstrate that the EBM, employing a meridionally-uniform
414 value of diffusivity, successfully predicts the meridional structure of both AHT and surface tem-
415 perature changes as simulated by CMIP5 models under CO₂ forcing. We argue that this prognostic
416 success can be linked to a combination of energetic and diffusive constraints and consider the EBM
417 response to several idealized scenarios that allow us to probe the limits of energetic and diffusive
418 perspectives on AHT changes.

419 **4. Combining energetic and diffusive perspectives on meridional heat transport changes**

420 In light of the success of diffusive, down-gradient MSE transport as an approximation for clima-
421 tological and anomalous poleward AHT, we combine Eqs. (7), (9) and (11) to produce a “Moist”
422 EBM that balances anomalous atmospheric heating via diffusion of anomalous MSE:

$$\lambda(x)T'(x) + R_f(x) + G'(x) = -\frac{p_s}{ga^2}D_m \frac{d}{dx}[(1-x^2)\frac{dh'}{dx}]. \quad (12)$$

423 The Moist EBM is the same as that used in *Roe et al.* (2015), *Siler et al.* (2018) and *Bonan et al.*
424 (2018).

425 Given values of $R_f(x)$, $\lambda(x)$, and $G'(x)$ for each CMIP5 model at a century after abrupt CO₂
426 quadrupling (Fig. 5) and value of D_m derived from the ERA-Interim climatology, the Moist EBM

427 simultaneously predicts patterns of $T'(x)$ and $F'(x)$. We average across ensemble members to
428 produce an EBM-mean response for comparison to the CMIP5-mean response. We further employ
429 the Hadley Cell parameterization to partition $F'(x)$ into latent and dry-static energy components
430 within the tropics, as above.

431 The Moist EBM broadly reproduces the zonal-mean climate response as simulated by CMIP5
432 models (cf. Figs. 6a and 4, and Figs. 7a-c and Figs. 3b-d). In particular, it predicts seamless merid-
433 ional AHT anomalies, with increased poleward AHT in the mid-latitudes of both hemispheres
434 (by about 0.3 PW at the climatological maxima) and slightly decreased poleward AHT into polar
435 regions (Fig. 7a). Moreover, it predicts polar amplified warming in the Arctic and damped warm-
436 ing over the Southern Ocean (Fig. 6a). This is consistent with previous studies showing that the
437 Moist EBM accurately captures the climate response as simulated by individual GCMs (*Hwang*
438 *and Frierson* 2010; *Hwang et al.* 2011; *Rose et al.* 2014; *Roe et al.* 2015; *Siler et al.* 2018; *Bonan*
439 *et al.* 2018).

440 The Moist EBM also reproduces the CMIP5 partitioning between latent and dry-static energy
441 transport (cf. Figs. 7a and 3d): increased poleward latent energy transport is compensated by
442 decreased poleward dry-static energy transport in mid-latitudes, and equatorward latent energy
443 transport is compensated by increased poleward dry-static energy transport in the tropics where
444 the Hadley Cell parameterization is active. This suggests that much of the structure in anomalous
445 dry-static and latent energy transport can be understood in terms of climatological circulations
446 acting on anomalous temperature and moisture gradients.

447 Like the CMIP5 response, the meridional structure of $F'(x)$ predicted by the Moist EBM pri-
448 marily reflects that required by $G'(x)$ (Figs. 7b,c); the radiative response $\lambda(x)T'(x)$ varies little
449 with latitude, implying little impact on $F'(x)$, while variations in $R_f(x)$ with latitude imply a slight
450 increase in poleward AHT in mid-latitudes (Figs. 7b,c). On their own, energetic considerations

451 do not provide insight into the pattern of warming. However, given the additional knowledge
452 that meridional AHT changes are accomplished by diffusive, down-gradient MSE transport, the
453 structure of $F'(x)$ can be viewed as implying a specific pattern of $h'(x)$ and thus $T'(x)$ (Fig. 6a).

454 Alternatively, the meridional structure of $F'(x)$ can be viewed as a consequence of anomalous MSE
455 gradients. Consider an initial meridionally-uniform perturbation in temperature. It will be asso-
456 ciated with large $h'(x)$ in the tropics but small $h'(x)$ in polar regions due to a preferential increase
457 in $q'(x)$ at warmer temperatures due to the Clausius-Clapeyron relation (Fig. 8a). Perfectly effi-
458 cient down-gradient transport of MSE would completely flatten the anomalous MSE gradient, and
459 would necessarily result in polar amplification (Fig. 8b; *Merlis and Henry* 2018). For a system of
460 finite diffusivity the ultimate balance will tend toward somewhere between these extremes, with
461 a tropical peak in MSE, increased poleward AHT in mid-latitudes, and some intermediate polar
462 amplification of temperature. Indeed, increased poleward AHT in mid-latitudes within the Moist
463 EBM reflects an enhanced MSE gradient in the tropics (Fig. 6a). Decreased poleward AHT into
464 the Arctic reflects a reduced MSE gradient associated with polar amplification that exceeds that
465 in Fig. 8b. In turn, these meridional AHT changes shape the pattern of $T'(x)$ and thus radiative
466 response $\lambda(x)T'(x)$ so that local energy balance is achieved (Fig. 6b).

467 The above arguments represent two distinct perspectives on what governs temperature and AHT
468 changes. From the energetic perspective, the meridional structure of $F'(x)$ is constrained by TOA
469 radiation and surface energy fluxes while $T'(x)$ and $h'(x)$ must adjust such that those meridional
470 AHT changes are realized. From the diffusive perspective, the relationship between $T'(x)$ and
471 $h'(x)$ implies meridional AHT changes with warming while TOA radiation responds accordingly
472 such that local energy balance is achieved. A key question is, which perspective more accurately
473 describes constraints on the meridional patterns of $T'(x)$ and $F'(x)$? By construction, the Moist

474 EBM satisfies both energetic and diffusive constraints at once, and thus is a perfect testbed for
475 examining their relative roles.

476 A strong indication comes from comparing meridional AHT changes predicted by the Moist
477 EBM with those inferred by applying the diffusive perspective in section 3c. When diagnosed
478 directly from the CMIP5 pattern of $h'(x)$ using Eq. (11) and the value of D_m derived from the
479 ERA-Interim climatology, the magnitude of $F'(x)$ was too large at most latitudes (cf. Figs. 3c and
480 3f). Yet, the Moist EBM using the same value of D_m accurately predicts the CMIP5 pattern of
481 $F'(x)$ (cf. Figs. 3c and thick line in Fig. 7a). Importantly, this improvement in AHT comes at the
482 expense of introducing errors in predicted $T'(x)$ with too little warming in the Arctic most notably
483 (cf. Figs. 4 and 6a). That is, when allowed to adjust within a self-consistent EBM framework,
484 $F'(x)$ becomes aligned with that implied by energetic constraints (Fig. 3c) while $h'(x)$ and $T'(x)$
485 adjust away from CMIP5 values in order to realize that meridional pattern of $F'(x)$.

486 This key result can be understood from energetic arguments as well. Where radiative response
487 to surface warming is inefficient ($\lambda(x)$ near zero), such as in polar regions, $R_f(x)$ and $G'(x)$ must
488 together be balanced primarily by atmospheric heat flux divergence. In turn, the pattern of $T'(x)$
489 must adjust such that the anomalous MSE gradient yields the required $F'(x)$ (Eq. (11)). Thus, $T'(x)$
490 in polar regions is sensitive to the details linking AHT changes to anomalous gradients in MSE,
491 while $F'(x)$ itself is not. This picture approximately holds outside of polar regions as well since
492 meridional variations in $\lambda(x)T'(x)$ are relatively small compared to those of $G'(x)$ – reflecting a
493 relatively weak relationship between the meridional pattern of warming and the meridional pattern
494 of radiative response. That is, a variety of $T'(x)$ patterns can produce similar patterns of $F'(x)$
495 because TOA radiation is relatively insensitive to $T'(x)$. In turn, the pattern of $T'(x)$ depends
496 sensitively on the relationship between $F'(x)$ and $T'(x)$.

497 It thus appears that meridional AHT is governed by energetic constraints while $T'(x)$ must adjust
498 according to the details of how it is related to $F'(x)$. The above interpretation is expected to hold
499 so long as the atmosphere behaves sufficiently diffusively; in the limit of small D_m , meridional
500 variations in $\lambda(x)T'(x)$ become large relative to changes in atmospheric heat flux divergence and
501 $F'(x)$ becomes sensitive to both the value of D_m and the pattern of $\lambda(x)$.

502 In what follows, we consider four idealized scenarios that probe the limits of the above interpre-
503 tation:

- 504 a. *The Moist EBM response using a value of diffusivity decreased by a factor of two.* This ex-
505 plores the sensitivity of the climate response to a different diffusive representation of merid-
506 ional AHT under the same energetic constraints as above. How would the meridional patterns
507 of $T'(x)$ and $F'(x)$ be different in this scenario?
- 508 b. *The EBM response to CO_2 forcing in the limit of zero relative humidity, representing diffusive,*
509 *down-gradient transport of dry-static energy.* This “Dry” EBM explores the sensitivity of
510 the climate response to a vastly different representation of meridional AHT under the same
511 energetic constraints as above. What would the energetic and diffusive perspectives predict
512 for the meridional patterns of $T'(x)$ and $F'(x)$ in this scenario?
- 513 c. *The Moist and Dry EBM response to CO_2 forcing when $G'(x) \approx 0$, representing a near-*
514 *equilibrium response.* This explores the climate response when ocean heat uptake (the pri-
515 mary energetic constraint on meridional AHT changes in transient CMIP5 simulations) no
516 longer plays a role. How would this modify the meridional patterns of $T'(x)$ and $F'(x)$?
- 517 d. *The Moist and Dry EBM response to spatially-uniform forcing and feedbacks.* This explores
518 the climate response when all meridional structure in energetic constraints on AHT changes
519 are eliminated. What governs $T'(x)$ and $F'(x)$ in this limit?

520 *a. Climate response with decreased diffusivity*

521 The Moist EBM accurately predicts the CMIP5 pattern of $F'(x)$ when using the value of D_m
522 derived from the ERA-Interim climatology (cf. Figs. 3c and thick line in Fig. 7a). Reducing
523 D_m by a factor of two does not substantially change the structure of $F'(x)$ (thin line in Fig. 7a).
524 However, it does somewhat modify the patterns of $T'(x)$ and $h'(x)$ (thin lines in Fig. 6a).

525 This supports the finding that poleward AHT changes must satisfy net energetic constraints
526 and are largely insensitive to the details of the diffusive approximation. Meanwhile, when D_m
527 is modified, $h'(x)$ and $T'(x)$ must adjust accordingly so that $F'(x)$ remains relatively unchanged.
528 The ability of the Moist EBM to produce realistic patterns of $T'(x)$ and $F'(x)$ simultaneously over
529 a wide range of D_m values indicates that diffusive, down-gradient transport of MSE is a decent
530 approximation of meridional AHT in comprehensive GCMs.

531 *b. Climate response of a Dry EBM*

532 We combine Eqs. (7), (9) and (10) to produce a Dry EBM that balances anomalous atmospheric
533 heating via anomalous diffusion of dry-static energy:

$$\lambda(x)T'(x) + R_f(x) + G'(x) = -\frac{p_s c_p}{g a^2} D_d \frac{d}{dx} [(1-x^2) \frac{dT'}{dx}]. \quad (13)$$

534 The Dry EBM is the same as that traditionally used in EBM studies (e.g., *Budyko 1969; Sellers*
535 *1969; Stone 1978; North 1975, 1981*).

536 Given values of $R_f(x)$, $\lambda(x)$, and $G'(x)$ for each CMIP5 model at a century after abrupt CO₂
537 quadrupling (Fig. 5) and the value of D_d derived from the ERA-Interim climatology, the Dry
538 EBM simultaneously predicts patterns of $T'(x)$ and $F'(x)$. As above, we average across ensemble
539 members to produce an EBM-mean response.

540 It is difficult to anticipate the Dry EBM response from diffusive arguments alone – AHT changes
541 must reflect the meridional pattern of $T'(x)$, but will warming be tropically or polar amplified?
542 However, based on the constraints of energy input into the tropical and polar atmosphere by $R_f(x)$
543 and $G'(x)$ combined with a relatively weak radiative response to warming, energetic reasoning
544 anticipates increased poleward AHT in mid-latitudes and decreased poleward AHT into polar re-
545 gions; in turn, increased poleward AHT in mid-latitudes would imply tropically-amplified $T'(x)$.
546 A lack of polar-amplified warming would result in only slightly reduced radiative response at high
547 latitudes (due to small $\lambda(x)$), demanding only a slightly smaller increase in poleward AHT to
548 maintain local energy balance relative to CMIP5 models.

549 Indeed, the Dry EBM produces increased poleward AHT in the mid-latitudes of both hemi-
550 spheres, and slightly decreased poleward AHT into polar regions (Fig. 7d), similar to the patterns
551 of $F'(x)$ in CMIP5 models (Figs. 3a,c) and the Moist EBM (Fig. 7a). Note that predicted $F'(x)$ is
552 much improved compared to that derived by applying temperature diffusion directly to the CMIP5
553 patterns of $T'(x)$ (Fig. 3e). Importantly, this improvement that comes at the expense of the Dry
554 EBM failing to reproduce the polar-amplified pattern of warming in CMIP5 models (cf. Figs. 6b
555 and 4). As above, this result is insensitive to the value of diffusivity used: reducing D_d by a factor
556 of two does not substantially change the structure of $F'(x)$ (thin line in Fig. 7c), but does somewhat
557 modify the pattern of $T'(x)$ (thin line in Fig. 6b).

558 These results suggest that the energetic perspective offers prognostic insights: poleward AHT
559 changes must satisfy the net energetic demands of radiative forcing and ocean heat uptake, and
560 are only weakly influenced by the radiative response to the meridional pattern of warming. In
561 turn, the meridional pattern of surface warming must adjust to produce meridional AHT changes
562 that satisfy these energetic constraints. Without changes in latent energy transport, the climate

563 response to greenhouse-gas forcing would be *tropically*-amplified in order to accomplish the re-
564 quired meridional AHT changes.

565 *c. Climate response at near-equilibrium*

566 We next consider the climate response to greenhouse-gas forcing when $G'(x) \approx 0$, representing
567 near-equilibrium conditions. We compare the response of the Moist and Dry EBMs (Eqs. 12
568 and 13, respectively) to the equilibrium response of a mixed-layer (slab) ocean version of the
569 Community Atmosphere Model version 4 (CAM4; *Neale et al.* 2010) driven by a doubling of CO₂
570 above pre-industrial levels. CAM4's patterns of $R_f(x)$, $\lambda(x)$ and $G'(x)$ are shown in Fig. 5 (dashed
571 lines). The pattern of $R_f(x)$ is similar to that of the CMIP5 mean (though half the magnitude
572 due to CO₂ doubling rather than quadrupling). The pattern of $\lambda(x)$ is qualitatively similar to that
573 of the CMIP5 mean, but shows more negative values in the tropics and more positive values in
574 the southern hemisphere high latitudes³. $G'(x)$ is exactly zero throughout the tropics and mid-
575 latitudes, but has non-zero values near the poles due to a change in surface heat fluxes arising from
576 a decrease in the growth, equatorward transport, and melt of sea ice.

577 What changes in meridional AHT can be anticipated from energetic constraints? The meridional
578 pattern of $R_f(x)$ implies a slight increase in poleward AHT in mid-latitudes, similar to the CMIP5
579 models. However, the main driver of increased mid-latitude poleward AHT in the transient CMIP5
580 simulations – subpolar ocean heat uptake – is absent in the equilibrium CAM4 simulation. This
581 suggests that $F'(x)$ may instead track more closely with that implied by the meridional pattern of
582 the radiative response $\lambda(x)T'(x)$. In turn, much more negative values of $\lambda(x)$ in the tropics than at
583 high latitudes in CAM4 suggest a much larger radiative response to warming in the tropics than at

³More positive high-latitude feedbacks in CAM4 are likely the result of enhanced polar surface warming relative to CMIP5 models (cf. Fig. 9a and Fig. 4); as high-latitude surface warming increases, positive sea-ice albedo feedbacks become activated and atmospheric warming becomes more confined to the lower troposphere leading to a more positive local lapse-rate feedback (*Po-Chedley et al.* 2018).

584 high latitudes. Thus, from energetic considerations we can qualitatively expect a smaller increase
585 or, perhaps, a decrease of mid-latitude poleward AHT. Meanwhile, $G'(x)$ nearly balances $R_f(x)$
586 in the Arctic within CAM4 (Fig. 5a), suggesting that the radiative response to Arctic warming –
587 however weak – must be balanced by increased poleward AHT.

588 These anticipated changes are broadly confirmed by CAM4’s response to CO₂ forcing (Fig. 9).
589 While warming is strongly polar amplified in both hemispheres (Fig. 9a), poleward AHT decreases
590 in the mid-latitudes and increases into polar regions (Fig. 9b) – opposite in sign to the poleward
591 AHT changes seen under transient warming of CMIP5 models (Fig. 3) but broadly consistent with
592 energetic expectations. Where $G'(x) = 0$ (tropics and mid-latitudes; Figs. 5a and 9b), the pat-
593 tern of anomalous atmospheric energy divergence must exactly mirror net TOA radiation changes
594 ($R_f(x) + \lambda(x)T'(x)$). Because the pattern of $R_f(x)$ varies relatively little with latitude compared
595 to the pattern of $\lambda(x)T'(x)$ (Fig. 9b), energy is anomalously transported from regions of posi-
596 tive feedbacks to regions of negative feedbacks, consistent with the findings of *Feldl and Roe*
597 (2013a)⁴. Indeed, while meridional variations in $R_f(x)$ imply a slight increase in poleward AHT
598 in mid-latitudes, the pattern of $F'(x)$ largely tracks that implied by the larger meridional variations
599 in $\lambda(x)T'(x)$ – resulting in decreased poleward AHT in mid-latitudes. Non-zero values of $G'(x)$
600 near the poles (Fig. 5a and 9b) result in increased poleward AHT in polar regions (Fig. 9c).

601 Given CAM4’s values of $R_f(x)$, $\lambda(x)$, and $G'(x)$ (Fig. 5), the Moist EBM accurately captures
602 CAM4’s response, with decreased poleward AHT in mid-latitudes and increased poleward AHT
603 into polar regions (Figs. 9f). Moreover, it broadly reproduces CAM4’s meridional patterns of $T'(x)$
604 and $h'(x)$ (Fig. 9d), though predicted Arctic warming is too small. The mismatch with CAM4’s
605 pattern of $h'(x)$ in the Arctic, while still producing similar patterns of $F'(x)$, suggests that the

⁴*Roe et al.* (2015) and *Feldl et al.* (2017b) further showed that $F'(x)$ adjusts accordingly as individual radiative feedbacks (e.g., sea-ice albedo) are modified within atmospheric GCMs.

606 diffusive approximation for AHT is inadequate at these latitudes; the source of this discrepancy
607 warrants further study.

608 Like the Moist EBM, the Dry EBM qualitatively captures CAM4's pattern of $F'(x)$, with de-
609 creased poleward AHT in mid-latitudes and increased poleward AHT into polar regions (Fig. 9j),
610 as expected from energetic constraints. However, it is unable to reproduce CAM4's meridional
611 pattern of $T'(x)$ (Fig. 9h), showing far too little warming at both poles.

612 The difference between Moist and Dry EBM responses can be readily understood from the ener-
613 getic perspective. Absent ocean heat uptake, the meridional pattern of $F'(x)$ mirrors that implied
614 by $\lambda(x)T'(x)$ (Figs. 9d,h). In turn, the meridional pattern of $\lambda(x)T'(x)$ primarily mirrors that of
615 $\lambda(x)$, which is the same in both Moist and Dry EBMs. This follows from the fact that $T'(x)$ varies
616 fractionally much less with latitude compared to $\lambda(x)$. Relatively uniform $T'(x)$ within the tropics
617 and mid-latitudes thus results in similar meridional patterns of radiative response $\lambda(x)T'(x)$ within
618 Moist and Dry EBMs, while large differences in $T'(x)$ between Moist and Dry EBMs in polar re-
619 gions result in muted differences in $\lambda(x)T'(x)$ because $\lambda(x)$ is small at high latitudes (Figs. 9e,i).
620 The result is qualitatively similar patterns of $F'(x)$ between Moist and Dry EBMs (Figs. 9f,j).
621 By accounting for latent energy transport, the Moist EBM produces $F'(x)$ via a strongly polar-
622 amplified pattern of $T'(x)$ (a weakly polar-amplified pattern of $h'(x)$). By disregarding latent
623 energy transport, the Dry EBM accomplishes $F'(x)$ via a weakly polar-amplified pattern of $T'(x)$.

624 *d. Climate response under uniform forcing and feedbacks*

625 Finally, we consider the climate responses of the Moist and Dry EBMs under meridionally-
626 uniform radiative forcing and feedbacks. We use global-mean values of $R_f(x)$ and $\lambda(x)$ taken
627 from CAM4 (Fig. 5) while setting $G'(x) = 0$. In this case, there are no *a priori* energetic con-
628 straints on the meridional pattern of $F'(x)$. The solution of the Dry EBM can be anticipated from

629 either energetic or diffusive perspectives – uniform warming with no change in meridional AHT
630 (Figs. 10d-f). However, anticipating the solution of the Moist EBM requires knowing the details
631 of meridional AHT relates to temperature: a preferential increase in tropical $q'(x)$ with warming
632 (Fig. 8a) combined with diffusive, down-gradient MSE transport can be expected to produce in-
633 creased poleward AHT; in turn, a polar-amplified warming pattern is needed to regain local energy
634 balance via radiative response. Indeed, the Moist EBM produces polar-amplified warming with
635 increased poleward AHT at all latitudes (Figs. 10a-c)⁵.

636 In the limit of weak meridional structure in forcing and feedbacks, Dry and Moist EBMs produce
637 distinct patterns of both $T'(x)$ and $F'(x)$, suggesting that $T'(x)$ and $F'(x)$ depend sensitively on the
638 details of how meridional AHT is related to temperature. This stands in stark contrast to the
639 response when there is strong meridional structure in forcing, feedbacks or ocean heat uptake, as
640 in the CMIP5 models and CAM4. Then, Dry and Moist EBMs produce distinct patterns of $T'(x)$
641 but similar patterns of $F'(x)$, suggesting that $T'(x)$ depends sensitively on the details of meridional
642 AHT while $F'(x)$ appears instead to be energetically constrained.

643 Comparing Figs. 7, 9 and 10 further suggest that while the magnitude of polar amplification of
644 surface warming depends on the meridional pattern of $\lambda(x)$, polar amplification itself occurs re-
645 gardless of that pattern of $\lambda(x)$. When $\lambda(x)$ is more positive at high latitudes than elsewhere, polar
646 amplification occurs with decreased poleward AHT into polar regions under transient warming
647 (Figs. 7a-c) or with increased poleward AHT into polar regions at near-equilibrium (Figs. 9a-f).
648 When $\lambda(x)$ is spatially uniform, polar amplification occurs with increased poleward AHT into
649 polar regions (Figs. 10a-c).

⁵See *Merlis and Henry (2018)* for analytic solutions to the Moist EBM under uniform forcing and feedbacks.

650 **5. Discussion and Conclusions**

651 The results presented here suggest that meridional AHT and its changes can be naturally under-
652 stood from the energetic perspective. Meridional AHT must, on long timescales, act to balance
653 the zonal-mean heating of the atmospheric column by net TOA radiation and surface energy fluxes
654 (Eq. (4)). In turn, the energetic perspective permits diagnostic quantification of climatological
655 AHT in terms of the transport implied by TOA radiation and surface heat fluxes (section 2b; *Tren-*
656 *berth and Caron 2001*) and of AHT changes in terms the transport implied by radiative forcing,
657 radiative response, and ocean heat uptake (section 3b; *Zelinka and Hartmann 2012*; *Huang and*
658 *Zhang 2014*). In this view, meridional AHT most closely mirrors energetic contributions that have
659 greatest meridional variation: TOA radiation in the climatology, ocean heat uptake in the tran-
660 sient forced response of coupled (CMIP5) GCMs, and radiative response in the equilibrium forced
661 response of an atmospheric GCM (CAM4).

662 The energetic perspective offers prognostic insights into AHT changes when combined with a
663 simple, diffusive representation of AHT to form a self-consistent EBM (section 4; Eq. (12)). Under
664 a wide range of diffusivity values (section 4a), and even in the limit that latent energy transport
665 is ignored (section 4b), the EBM produces meridional AHT changes that well approximate those
666 of coupled and atmospheric GCMs under CO₂ forcing. The results suggest that meridional AHT
667 changes are strongly constrained by the meridional patterns of forcing, feedbacks and ocean heat
668 uptake and are largely insensitive to the details of how that AHT is accomplished. These findings
669 hold so long as these energetic constraints have substantial meridional structure, as is seen in
670 comprehensive GCMs.

671 In this view, the ability of the Moist EBM to predict meridional AHT changes simulated by
672 GCMs reflects its realization of energetic constraints (left hand side of Eq. (12)). Its ability to

673 simultaneously predict the meridional patterns of warming simulated by GCMs is evidence that
674 diffusion of near-surface MSE is a decent approximation to the relationship between meridional
675 AHT and surface temperature changes (right hand side of Eq. (12)). The success of the diffusive
676 approximation is further evidenced by its decent representation of observed climatological AHT
677 and its partitioning between latent and dry-static energy fluxes (section 2c). Meridional AHT thus
678 appears to be constrained by energetics while being mediated by large-scale diffusion of MSE.

679 A traditional description of the role of meridional AHT in shaping the pattern of surface warming
680 is in terms of changes in atmospheric energy flux convergence at a given latitude (e.g., Fig. 3b),
681 permitting a diagnosis of its contribution to zonal-mean warming by dividing by the Planck re-
682 sponse (e.g., *Crook et al.* 2011; *Feldl and Roe* 2013a; *Pithan and Mauritsen* 2014; *Goosse et al.*
683 2018). In this view, the fact that poleward AHT into the Arctic changes little, or even decreases,
684 under greenhouse-gas forcing in CMIP5 models implies that it plays little to no role in Arctic
685 warming. Instead, Arctic amplification has been suggested to be a consequence of a weaker ra-
686 diative response to surface warming (more positive $\lambda(x)$) in polar regions than at lower latitudes
687 (*Kay et al.* 2012; *Pithan and Mauritsen* 2014).

688 The results presented here challenge this description. The Moist EBM predicts amplified Arctic
689 warming, in good agreement with CMIP5 models, when the CMIP5 meridional pattern of $\lambda(x)$ is
690 employed (Figs. 7a-c); diagnosing contributions to zonal-mean warming within the Moist EBM
691 would lead to the same conclusions regarding the role of AHT changes in Arctic amplification as
692 reported for CMIP5 models (*Pithan and Mauritsen* 2014; *Goosse et al.* 2018). However, the Moist
693 EBM also predicts amplified Arctic warming for meridionally-uniform $\lambda(x)$ (Figs. 10a-c). This
694 suggests that while the degree of polar amplification depends on the meridional pattern of $\lambda(x)$,
695 the presence of polar amplification itself is a nearly-inevitable feature of a macroturbulent, moist

696 atmosphere's response to greenhouse-gas forcing that occurs regardless of feedback pattern⁶. Only
697 when latent energy is neglected (as in the Dry EBM), subpolar ocean heat uptake is large (Southern
698 Ocean response of CMIP5 models), or forcing is localized in the tropics (*Rose et al. 2014; Stuecker*
699 *et al. 2018*) is polar amplification muted or eliminated.

700 Physical reasoning for the inevitability of polar amplification comes from the diffusive perspec-
701 tive. Preferential increase in MSE in the warm tropics relative to the cold poles with warming
702 arises due to Clausius-Clapeyron scaling at constant relative humidity (Fig. 8a). This inherently
703 leads to increased poleward AHT, preventing tropically-amplified warming and contributing to
704 polar-amplified warming. Viewed another way, partial homogenization of anomalous MSE by dif-
705 fusion acts to preferentially increase the temperature of cold polar regions (Fig. 8b). Only when
706 polar warming becomes strongly amplified is the MSE gradient sufficiently reduced that poleward
707 AHT decreases into polar regions, as seen in the case of CMIP5 models (sections 3b,c). This
708 suggests that meridional AHT is a key driver of polar amplification, even while diagnostic warm-
709 ing contributions (*Pithan and Mauritsen 2014; Goosse et al. 2018*), taken at face value, appear to
710 suggest otherwise.

711 Physical reasoning also comes from the energetic perspective. Driven by the same meridional
712 patterns of radiative forcing, feedbacks, ocean heat uptake, Moist and Dry EBMs produce similar
713 patterns of meridional AHT changes, but do so with very different patterns of warming (Figs. 6,
714 7 and 9). This suggests a reinterpretation of the role of AHT in climate change: insofar as merid-
715 ional AHT changes are determined by energetic constraints, the details of how AHT is related to
716 surface temperature exert strong constraints on the pattern of warming. This is particularly true
717 in regions of weak radiative response where energy balance must be regained primarily through

⁶Polar amplified warming may not arise for a meridional pattern of $\lambda(x)$ with substantially more negative values at the poles than in the tropics, but such pattern appears unphysical based on feedbacks in comprehensive GCMs (Fig. 5b) and observations (*Zhang et al. 2018*).

718 anomalous AHT, but is a decent approximation at all latitudes provided that the atmosphere is
719 sufficiently diffusive. A clean illustration of this principle is seen in polar regions under transient
720 warming. Moist and Dry EBMs produce nearly identical reductions in poleward AHT (Fig. 7), yet
721 they accomplish those changes in different ways: temperature diffusion requires a relatively small
722 decrease in the temperature gradient, while MSE diffusion requires a large decrease in the temper-
723 ature gradient (and thus strong polar amplification) in order to produce the required decrease in
724 MSE gradient (Fig. 6).

725 These findings also suggest a mechanism for why projections of warming are more uncertain in
726 polar regions than in lower latitudes (e.g., *Holland and Bitz 2003; Bonan et al. 2018*). *Stuecker*
727 *et al. (2018)* show that radiative forcing applied in the tropics results in meridionally-uniform warm-
728 ing while radiative forcing applied in polar regions results in polar-amplified warming. Like-
729 wise, *Bonan et al. (2018)* demonstrate that radiative feedback uncertainty in the tropics results in
730 meridionally-uniform warming uncertainty while feedback uncertainty in polar regions results in
731 warming uncertainty that is largely confined to the poles. An implication is that tropical warming
732 uncertainty arises primarily from tropical processes (cloud feedbacks in particular), while polar
733 warming uncertainty is driven by processes at all latitudes. This asymmetric behavior can be seen
734 as a consequence of the greater efficiency with which poleward AHT changes are accomplished
735 in the tropics than at the poles in a moist atmosphere: the change in MSE gradient necessary to
736 realize a given change in AHT corresponds to a small modification to the temperature gradient in
737 the tropics but a large modification to the temperature gradient in high latitudes (Fig. 8b). Latent
738 energy transport thus fundamentally shapes (i) the climate's response to forcing, favoring polar
739 amplification and (ii) the predictability of climate change at different latitudes, favoring greater
740 uncertainty in cold polar regions.

741 There are several qualifications to this interpretation, however. In the limit of small diffusivity or
742 weak meridional variations in forcing, feedbacks, and ocean heat uptake, meridional AHT changes
743 become sensitive to the details of how meridional AHT is related to surface temperature (i.e., on
744 diffusivity value or on whether latent energy is accounted for; section 4d). We have also assumed
745 that the behavior of AHT in the EBMs can be explored by varying the meridional pattern of
746 feedbacks. This is a simplification given that feedback pattern is largely set by moist atmospheric
747 processes and likely depends on the pattern of surface warming and AHT changes (e.g., *Graverson*
748 *and Wang 2009; Rose et al. 2014; Yoshimori et al. 2017; Feldl et al. 2017a; Po-Chedley et al. 2018*).
749 Moreover, ocean heat uptake has been prescribed within the EBMs; while its meridional pattern
750 is thought to be set by regional ocean dynamics (*Marshall et al. 2014b; Armour et al. 2016*), the
751 degree to which the magnitude of regional ocean heat uptake depends on atmospheric processes is
752 not known and should be explored in future work.

753 There also remain open questions regarding the role of atmospheric dynamics in meridional
754 AHT. The results presented here suggest that atmospheric circulations must somehow act to sat-
755 isfy energetic constraints on net AHT, but we have not identified the mechanism by which this
756 is realized. A reasonable conjecture is that transient eddies act so efficiently that they are able
757 to contribute whatever AHT is needed to make up the gap between the net AHT required and
758 that provided by the other atmospheric circulation components (stationary eddy and meridional
759 overturning). This would explain the seamless blending of AHT by different components of the
760 atmospheric circulation into the smooth meridional structure of net AHT. It would also provide
761 justification for why the diffusive approximation for meridional AHT works so well. In this view,
762 transient eddies set the effective diffusivity of the atmosphere, but we lack a theory for its ex-
763 act value. The diffusive response found in our analyses is also reminiscent of a suggestion from
764 *Lorenz (1960)* that such an adjustment mechanism might operate in a system that maximized the

765 conversion of available potential energy to kinetic energy or equivalently, as has been subsequently
766 shown, a system that maximized entropy production (e.g., *Ozawa et al.* 2003).

767 While D_m is surely not meridionally uniform or constant over time, the assumption that it is
768 works surprisingly well. Yet, it is unclear why the diffusive approximation works so well within
769 the deep tropics, where transient eddies contribute little to AHT, or how diffusing near-surface
770 MSE provides a decent representation of transport over the whole atmospheric column. It seems
771 that fruitful research directions would be the development of process-level understanding of how
772 energetic constraints on meridional AHT become manifest through atmospheric dynamics and the
773 examination of the limits of diffusive transport as an approximation to those dynamics.

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777 Ragen. CMIP5 model output is available at the Earth System Grid Federation data por-
778 tal (<https://esgf-node.llnl.gov/projects/cmip5/>). ERA-Interim Reanalysis data is available at
779 the ECMWF data portal ([https://www.ecmwf.int/en/forecasts/datasets/archive-datasets/reanalysis-](https://www.ecmwf.int/en/forecasts/datasets/archive-datasets/reanalysis-datasets/era-interim)
780 [datasets/era-interim](https://www.ecmwf.int/en/forecasts/datasets/archive-datasets/reanalysis-datasets/era-interim)). CERES Energy Balance and Filled satellite radiation data is available at
781 <https://ceres.larc.nasa.gov/products.php?product=EBAF-TOA>.

782 APPENDIX A

783 **Observations and Reanalyses**

784 We derive net TOA radiation fluxes from the Clouds and the Earth's Radiant Energy System
785 (*Weilicki et al.* 1996) Energy Balance and Filled product (CERES EBAF; *Loeb et al.* 2009) version

786 4.0 from January 2001 to December 2016. We average the fields zonally over all years to define
787 the climatological TOA radiation fluxes shown in Fig. 1b.

788 We use ERA-Interim Reanalysis (*Dee et al.* 2011) output from January 2001 to December 2016.
789 We average the monthly near-surface air temperature zonally and over all years to define the clima-
790 tological shown in Fig. 2. We use six-hourly fields to calculate meridional energy fluxes for each
791 month by employing Eq. (1) at each latitude and average the results over all years to define the
792 climatological AHT shown in Fig. 1a. The meridional velocities (v) and MSE (h) are decomposed
793 into mean-meridional and transient overturning, transient eddy, and stationary eddy components
794 following Eq. (2). We account for conservation of mass in the meridional overturning circulation
795 energy transport by removing the vertical average MSE, as in *Marshall et al.* (2014), rather than
796 using a barotropic wind correction, as in *Trenberth and Stepaniak* (2003), because the resulting
797 MOC energy transport has been shown to be more physically relevant on monthly time-scales
798 (*Liang et al.* 2018).

799 We calculate moist and dry components of meridional AHT, shown in Fig. 1d, in two different
800 ways that give the same result. First, by use of Eq. (1) with MSE replaced with individual moist
801 (Lq) and dry ($c_p T + gz$) components. Second, by calculating the zonal-mean latent energy flux
802 convergence from monthly precipitation minus evaporation fields; meridional latent heat transport
803 is then derived by use of Eq. (4), and dry-static energy transport is then calculated as a residual
804 from the net AHT calculated from TOA and surface energetic constraints.

805 We derive net surface heat flux fields for ERA-Interim as a residual between atmospheric energy
806 convergence (calculated from the meridional energy fluxes above) and net TOA radiation fluxes
807 from CERES EBAF. This provides a slightly different estimate of surface fluxes than derived
808 directly from ERA-Interim, but ensures the same net meridional AHT in Figs. 1a,c and d.

Hadley Cell parameterization of tropical moisture transport

Following *Siler et al. (2018)*, we seek to partition the net AHT (Eq. (6)) into Hadley Cell (HC) and eddy components: $F(x) = F_{\text{HC}}(x) + F_{\text{eddy}}(x)$, where

$$\begin{aligned} F_{\text{HC}}(x) &= w(x)F(x), \\ F_{\text{eddy}}(x) &= [1 - w(x)]F(x), \end{aligned} \tag{B1}$$

and w is a Gaussian with width $\sigma = 0.26$ (15°) to represent the dominance of transient eddies in the extratropics and the Hadley Cell within the tropics. We represent poleward AHT by the Hadley Cell as

$$F_{\text{HC}}(x) = V(x)g(x), \tag{B2}$$

where $V(x)$ is the mass transport in each branch of the Hadley Cell (with southward transport in the lower branch equal to northward transport in the upper branch by mass conservation); $g(x)$ is the gross moist stability, defined as the difference between MSE in the upper and lower branches at each latitude. Following *Held (2001)*, we assume that MSE is relatively uniform, with value h_u , throughout the upper branch of the Hadley Cell such that variations in $g(x)$ are primarily caused by meridional variations in near-surface MSE: $g(x) \approx h_u - h(x)$, where we set $h_u = 1.07 \times h(0)$, or 7% above the near-surface MSE at the equator; this provides the best fit to tropical moisture transport and is a decent approximation of the observed atmospheric MSE profile at the equator (*Siler et al. 2018*).

Because $g(x) > 0$ throughout the tropics, the Hadley Cell parameterization produces down-gradient (poleward) net transport of MSE. However, because the upper branch of the Hadley Cell is essentially dry, moisture transport is confined to the lower branch and transported up gradient.

828 We thus estimate latent energy transport by the Hadley Cell according to:

$$\begin{aligned} F_{\text{HC},q}(x) &= -V(x)L_vq(x) \\ &= \frac{w(x)F(x)}{1.07 \times h(0) - h(x)}L_vq(x), \end{aligned} \tag{B3}$$

829 with dry-static energy transport equal to $F_{\text{HC},d}(x) = F_{\text{HC}}(x) - F_{\text{HC},q}(x)$.

830

APPENDIX C

831

General circulation model output

832 We use monthly output from 11 CMIP5 GCMs that provide all necessary fields to calculate
833 meridional AHT from all three perspectives for both the pre-industrial control and abrupt CO₂
834 quadrupling simulations: bcc-csm1-1, CanESM2, CCSM4, CSIRO-Mk3-6-0, GFDL-CM3, IN-
835 MCM4, IPSL-CM5A-LR, MIROC5, MPI-ESM-LR, MRI-CGCM3, and NorESM1-M. To account
836 for model drift, we remove the linear trend of each model’s pre-industrial control simulation from
837 all monthly variables prior to analysis; the trend is calculated over the 150 years following each
838 model’s branch time for the abrupt CO₂ quadrupling simulation. Anomalies in abrupt CO₂ qua-
839 drupling simulations are taken as averages over years 85-115 relative to the 150-year average over
840 the (drift corrected) control simulations. Anomalies in the CAM4 slab-ocean simulation are taken
841 differences between the model equilibrated at pre-industrial CO₂ levels and with CO₂ doubled.

842 We calculate meridional AHT anomalies (Figs. 3a,c,d) in two ways. First, by use of Eq. (8)
843 applied to the residual between anomalous TOA radiation and net surface heat fluxes. Second,
844 from a dynamical calculation of meridional energy fluxes according to Eqs. (1) and (2) at each
845 latitude, as above, applied to anomalous velocity and MSE fields. However, because the fields are
846 monthly, the transient eddy component is not accurate and is instead derived as a residual between
847 the net AHT anomaly calculated from energetic constraints and the sum of AHT components
848 associated with mean-meridional and transient overturning and stationary eddy fluxes.

849 Radiative forcing for the models, shown in Fig. 5a, is derived from CO₂ quadrupling (CMIP5) or
850 CO₂ doubling (CAM4) simulations wherein sea-surface temperatures and sea-ice concentrations
851 are fixed at pre-industrial levels. Zonal-mean TOA radiation changes under increased CO₂ aver-
852 aged over the simulations are equated with the effective (or tropospheric-adjusted) radiative forc-
853 ing (R_f); we apply the standard correction to account for radiation associated with warming over
854 land and sea ice by subtracting $1 \text{ Wm}^{-2}\text{K}^{-1}$ following *Hansen et al. (2005)*. Zonal-mean radia-
855 tive feedbacks (λ shown in Fig. 5b) are calculated from the CO₂ quadrupling (CMIP5) or doubling
856 (CAM4) simulations by equating zonal-mean TOA radiation change with $\lambda(x)T'(x) + R_f(x)$. Net
857 surface heat flux changes (ocean heat uptake shown in Fig. 5a) are calculated from net surface
858 shortwave radiation, longwave radiation and turbulent heat flux (sensible and latent) fields, as well
859 as the latent heat associated with falling snow.

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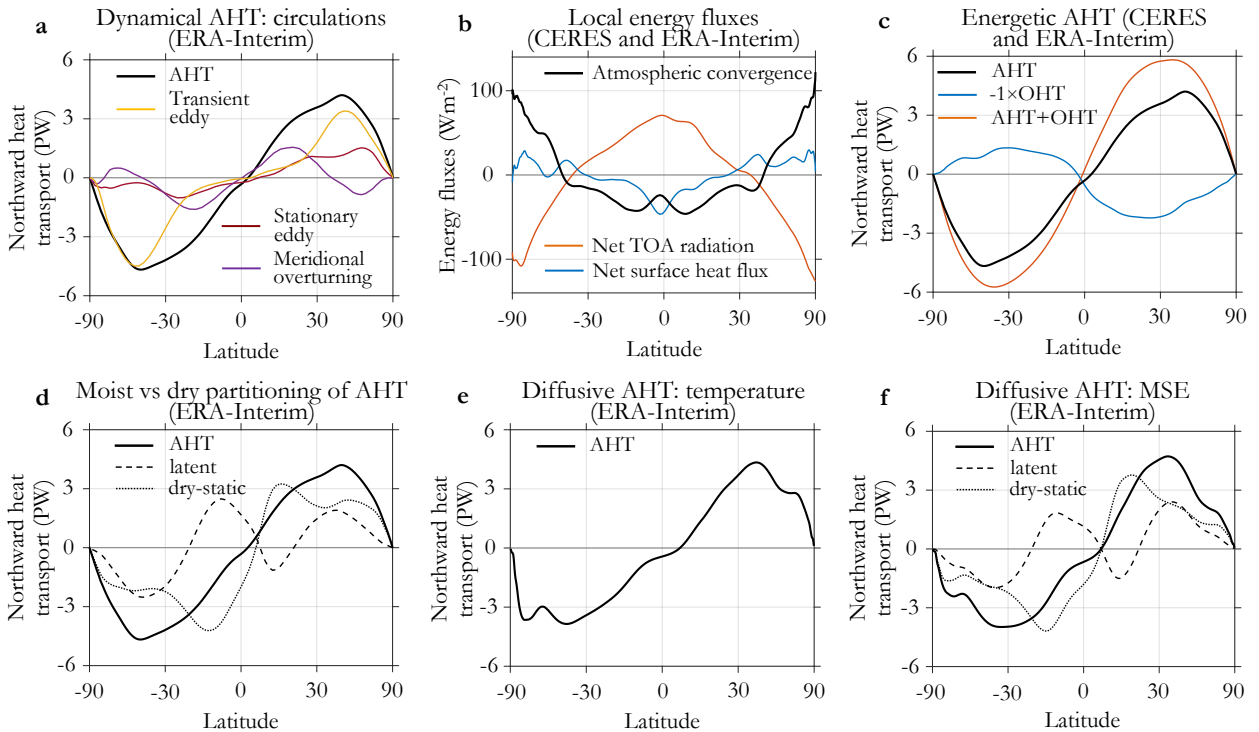
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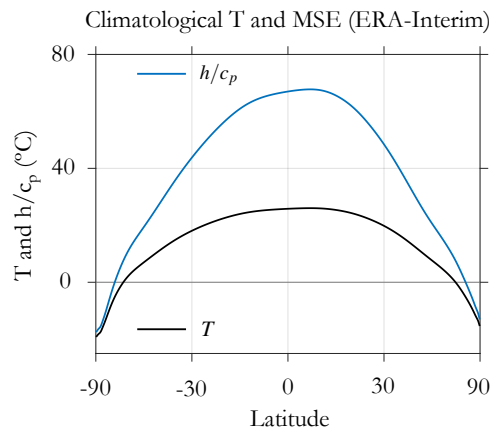
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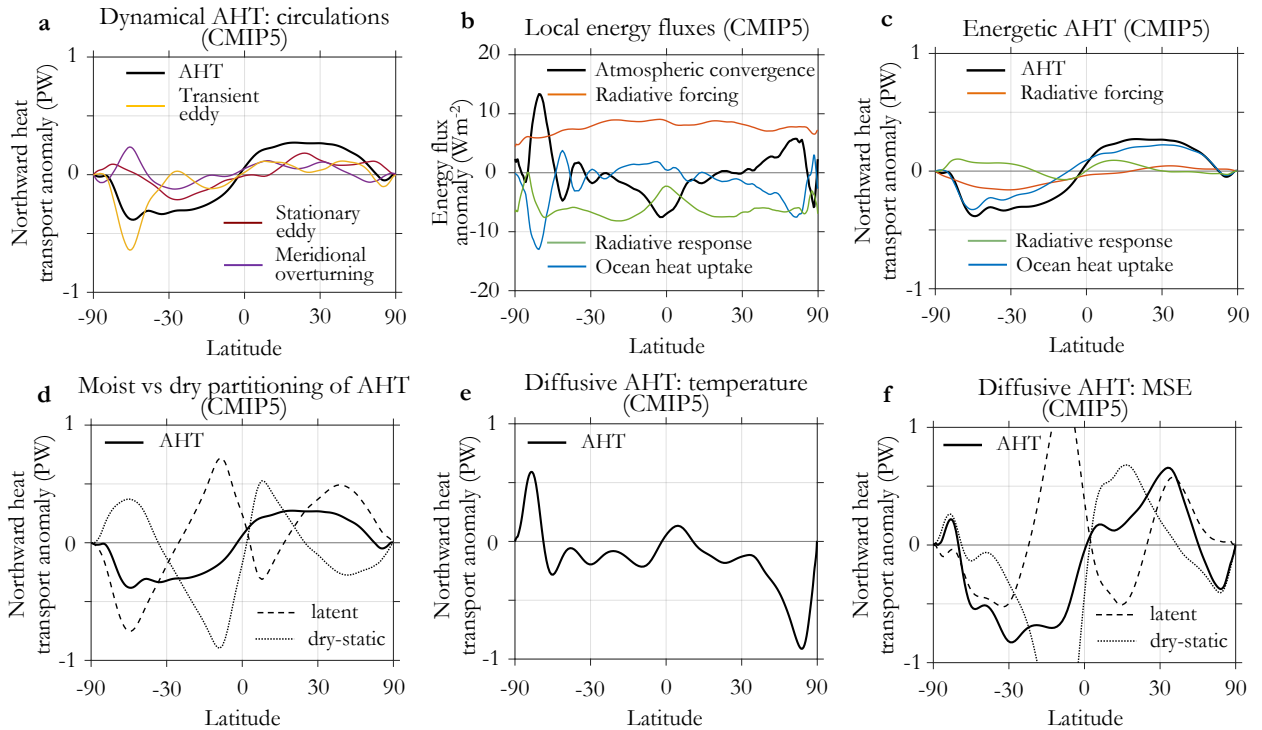
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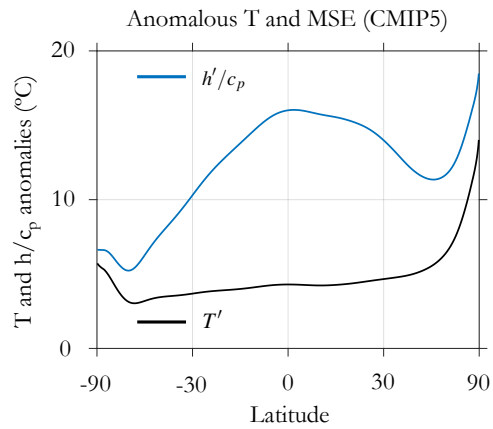
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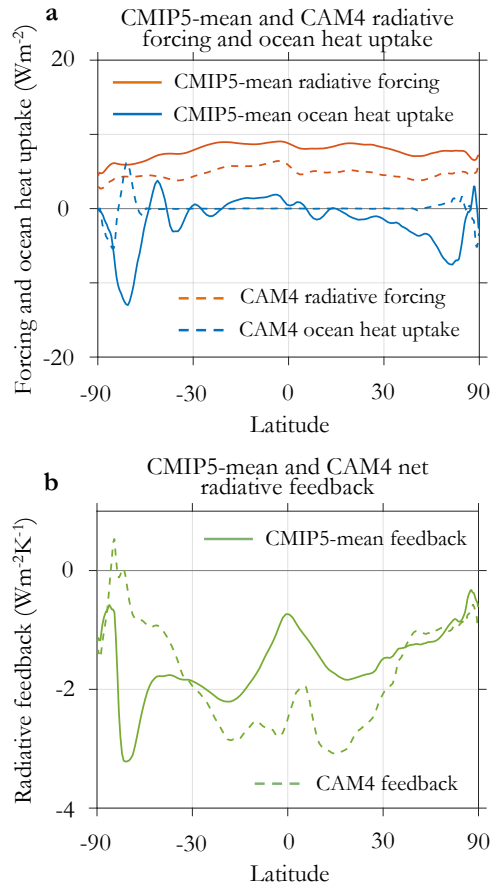
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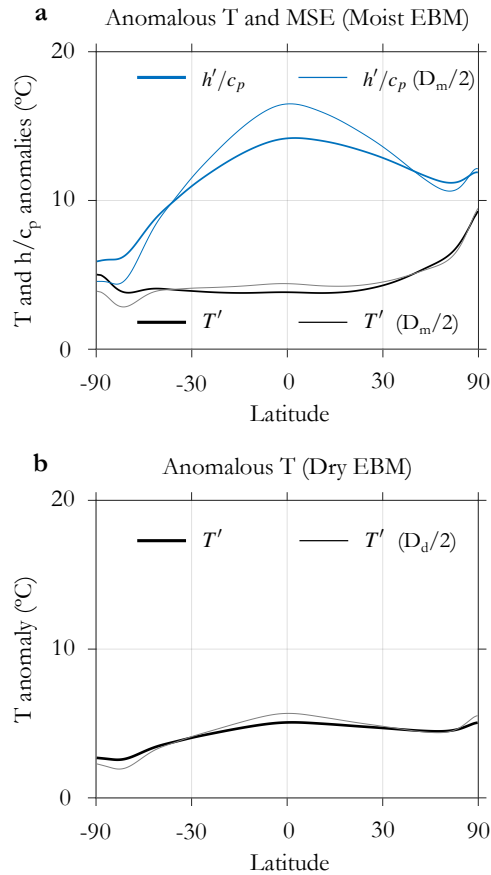
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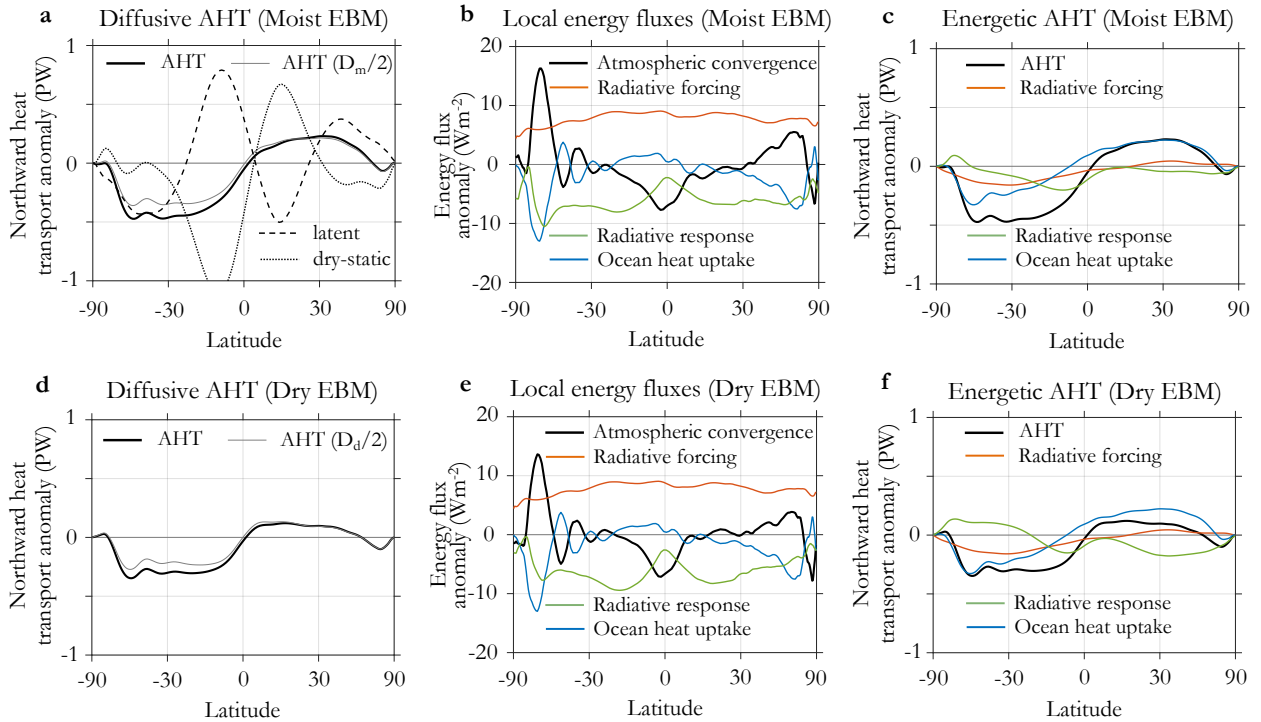
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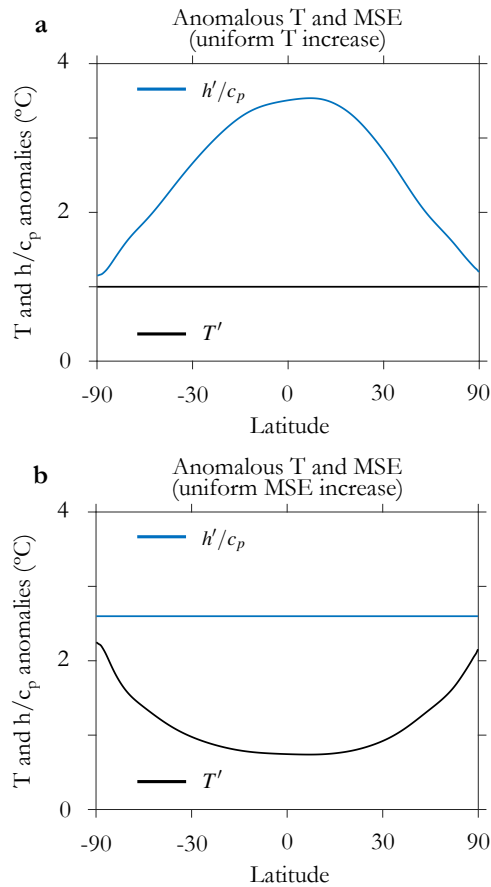
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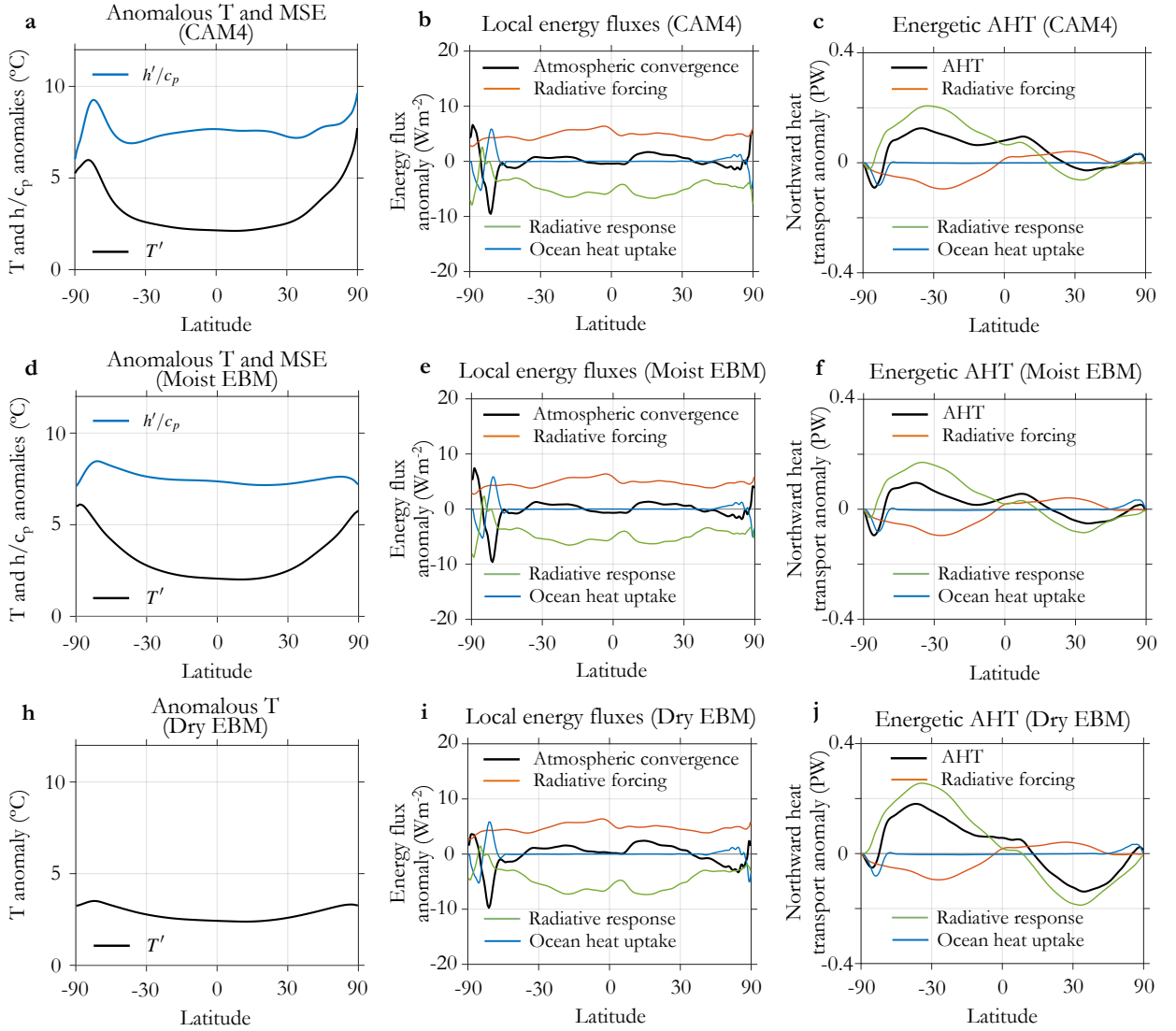
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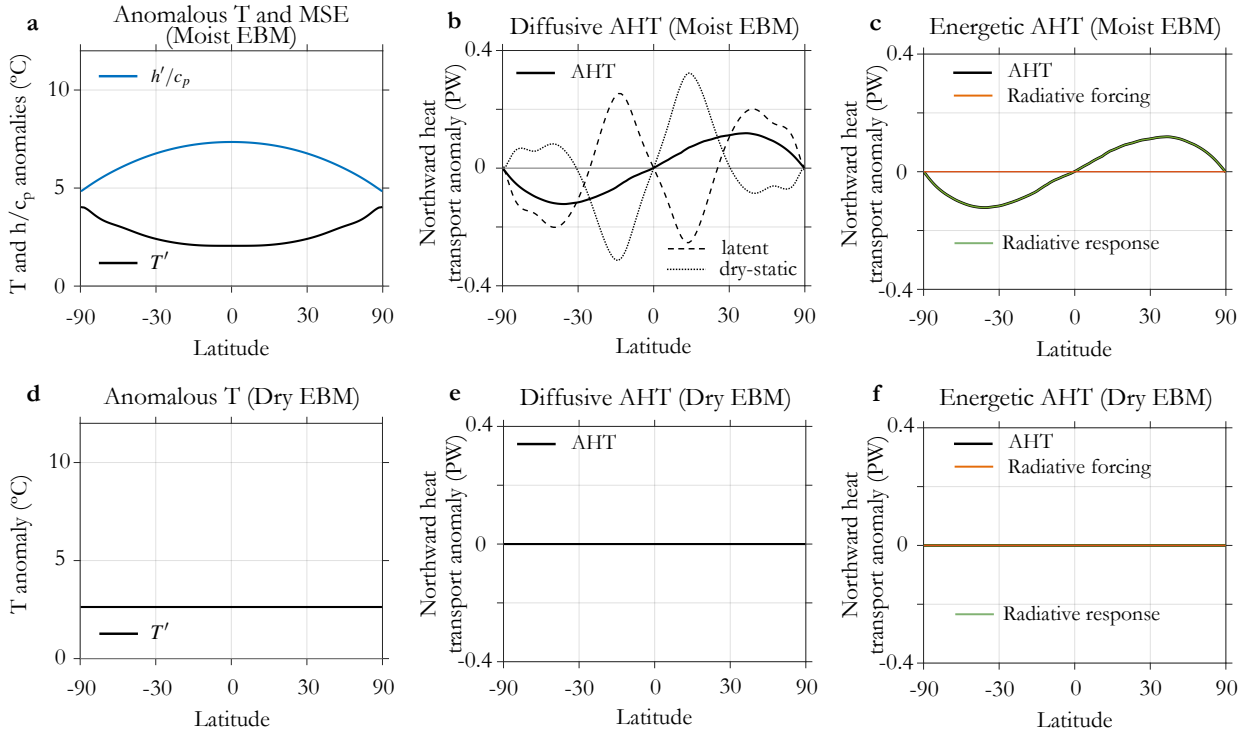
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 1193 anomalous AHT implied by radiative response (feedbacks); black line shows net AHT implied as the sum of the
 1194 others. **d-f**, Same, but for Dry EBM.



1195 **FIG. 8. Idealized anomalies associated with a meridionally-uniform uniform increase in near-surface air**
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 1199 temperature increase (black line). Hemispheric asymmetries reflect climatological hemispheric asymmetries in
 1200 near-surface air temperature in ERA-Interim (Fig. 2).



1201 **FIG. 9. Near-equilibrium climate response to CO₂ doubling (CAM4, Moist EBM and Dry EBM).** **a,**
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1209 **FIG. 10. Climate response of to uniform forcing with uniform feedback (Moist EBM and Dry EBM).** **a,**
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