

1 **Changes in soil moisture availability and water yield in response to**
2 **longleaf pine restoration in southeast Texas**

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8 Brett L Lawrence ^{AB*}, +1-936-581-6833, brett@ravenenvironmental.com; Matthew McBroom ^A

9 ^A Stephen F. Austin State University, 1936 North St, Nacogdoches, Texas 75962, USA

10 ^B Raven Environmental Services, Inc., 6 Oak Bend Drive, Huntsville, Texas 77340, USA

11 *Corresponding author

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19 Abstract

20 Our study, based in Trinity County, Texas, focused on whether strategic management of longleaf
21 pine forest could promote a less water-intensive land cover type. We modeled soil evapotranspiration
22 (ET) by measuring vertically stratified soil moisture (15-120 cm) across five forest monitoring sites,
23 four of which received restoration treatments, and one served as a control. Forest attributes, including
24 leaf-area-index (LAI) and traditional forest inventory metrics were measured intermittently across
25 each monitoring stand. Modeled ET was used to create measures of pretreatment and post-treatment
26 water yield and determine whether certain forest attributes were associated with increased water
27 availability. Following forest management activities, cumulative soil moisture entering and exiting
28 treatments were higher compared to our control. Where LAI decreased, we observed increases in
29 modeled total soil moisture (TSM) and matric potential at greater depths (75-120 cm), and increases
30 in subsurface flow, suggesting increases in water availability are best detected at greater soil depths.
31 LAI served as a significant and non-linear predictor of annual water yield during both plot-level (R^2
32 = 0.62) and stand-level ($R^2 = 0.52$) analysis, with an estimated 29.35 cm yr⁻¹ increase in water yield
33 in scenarios where forest thinning reduced LAI by 1.7 units (2.65 → 0.95). The same analysis of
34 wetting and drying periods indicated that most of that increase is attributable to warmer periods
35 where ET is higher. These results support the assertion that strategic forest management can benefit
36 water resources in limited scenarios, especially where forest thinning is applied and an open pine
37 structure is maintained using prescribed fire or other invasive species control. Continued, long-term
38 monitoring of clearcut conversions to open longleaf pine forests, and away from dense, intensively
39 managed loblolly pine, show potential for creating water yield increases.

40 **Keywords:** water yield, longleaf pine, forest restoration, leaf-area-index

41 **Introduction**

42 Forested land cover provides a host of important ecosystem services that humans benefit from,
43 including carbon sequestration (Sundquist et al., 2008; Samuelson et al., 2014), filtering high-quality
44 water to downstream municipal users (Shah et al., 2022; Caldwell et al., 2023), and housing complex
45 plant and animal biodiversity (Walker, 1993; Noss, 1999). The conservation and restoration of
46 forests are an important consideration in the context of global environmental issues like climate
47 change and biodiversity loss (Hill et al., 2019). Amongst these, water security is an increasingly
48 sensitive environmental issue, with future water resources anticipated to be strained by population
49 growth and climate change (Vörösmarty et al., 2000; Vörösmarty et al., 2010).

50 Landscapes can vary widely in how their respective water budgets are characterized. A complex
51 matrix of variables plays a role, such as annual precipitation, vegetation type, soils, and typography
52 (Huxman et al., 2005). These systems are in constant flux, responding to short-term pulses and
53 inputs, along with long-term climatic changes and anthropogenic influences on the landscape. These
54 includes post-colonization deforestation and land-use conversion for agricultural purposes (Bonan,
55 1999; Hung et al., 2016). Also important to consider are human alterations of historic fire regimes,
56 which traditionally shaped vegetation composition and structure (Bowman et al., 2020). For our
57 study's region, these changes have contributed to woody plant encroachment (WPE), or
58 thicketization, as described by work in nearby regions of Texas (Wilcox et al., 2022). Thicketization
59 is characterized by a shift away from herbaceous, grass-type groundcover, towards woody brush
60 understory conditions that are a relatively unfavorable fuel-type for carrying low-intensity fire. The
61 latter is more susceptible to intense fire behavior that can damage overstory trees and cause relatively
62 severe disturbances. These changes also have implications for the water cycle, and specifically, water
63 yield.

64 Fire suppressed landscapes also undergo species composition shifts that can result in decreased water
65 availability. Mesophication, or a shift towards more water dependent hardwood species in
66 Southeastern US forest, can be brought on by changes in disturbance regimes and climatic conditions
67 (Caldwell et al., 2016; Hanberry et al., 2018). Combined factors such as mesophication and
68 thicketization fundamentally change the water cycle in forested systems and have implications for
69 components of the water budget, such as evapotranspiration (ET) and water yield.

70 The longleaf pine ecosystem has become a major conservation objective in the context of these
71 changing climatic conditions and altered disturbance regimes (America's Longleaf, 2014). Longleaf
72 pine is one of four southern yellow pine species native to the Southeast US, but its range has
73 dramatically reduced as species like loblolly pine have become the primary crop tree for growing and
74 yielding wood products (Oswalt et al., 2012; McIntyre et al., 2017; Holland et al., 2019). While
75 loblolly pine is a native species, these industrial forests are characterized by a monoculture of dense,
76 uniform overstory trees, and unmanaged understory conditions that are dramatically different than
77 their pre-settlement counterpart. Native, historical longleaf pine, on the other hand, is defined by a
78 relatively open structure of trees with a diverse composition of understory forbs and grasses
79 (Brockway and Lewis, 1997). When managed effectively, multi-aged stand structures can be created
80 that add to this complexity while also providing more sustainable silvicultural practices (Mitchell et
81 al., 2006; Barlow et al., 2011). These combined features support a critical component of the longleaf
82 pine ecosystem, which has a structure resilient to, and reliant on, intermittent and low-intensity fire
83 (Stambaugh et al., 2011). The reintroduction of prescribed fire into our study area was a significant
84 objective of the project, and a barometer for its success.

85 Culminating evidence suggests that relatively open longleaf pine forests are associated with
86 increased water resources benefits. For example, the relatively open structure of natural longleaf pine
87 stands can result in less intercepted water that is made available for soil infiltration (Trettin et al.,

88 2018). Previous study also demonstrated that areas managed for open longleaf pine generate lower
89 ET and increased streamflow (Brantley, 2013; Qi et al., 2022; Younger et al., 2023; Liu et al. 2025).
90 However, evidence of other southern pine species managed toward an open, fire-maintained structure
91 were also beneficial to water yield (McLaughlin et al. 2013; English et al., 2024). Other work has
92 suggested more general forest characters, such as LAI (Acharya et al., 2022), ecohydrological setting
93 (Filoso et al., 2017), and stand age were more consequential to the water budget (Brown et al., 2005).
94 Given longleaf pine's relative drought and fire tolerance (Samuelson et al., 2012), it could serve as a
95 relatively climate resilient option when managing forests and water resources in the southern US.
96 The overall conclusion is, to promote increases in water yield within southern pine forests, one must
97 manage towards openness between trees, and groundcover characterized mostly by grass and forb
98 species. This is in contrast to industrial pine forest, where objectives are focused primarily on short
99 rotation yield and clearcut regeneration (Dickens and Li, 2023). The former scenario requires routine
100 intervals of prescribed fire, an active management tool that is important for supporting herbaceous
101 groundcover (Brockway and Lewis, 1997; Stambaugh et al., 2011). This can result in a cost-
102 prohibitive approach for some landowners. However, ecosystem services association with restored
103 longleaf pine areas, such as water yield benefits, have gained traction as a potential economic
104 incentive for supporting restoration efforts (Susaeta and Gong 2019).
105 Our study investigates whether a period of active management away from woody encroachment, and
106 towards this a more open longleaf pine structure, reduces evapotranspiration and increases potential
107 water yield. To achieve this, we conducted a period of pretreatment soil moisture and water potential
108 monitoring in 30- to 60-year-old longleaf pine forest in Trinity County, Texas, and followed with
109 continued monitoring through a period of active management over 2 years. Five different monitoring
110 sites were established: 4 different treatments and 1 control. In addition to soil moisture and water
111 potential monitoring, we sampled stand-level forest attributes such as LAI, BA, and vegetation cover
112 during pretreatment and post-treatment periods. We hypothesized that soil moisture properties would

113 be notably different in treatment areas versus the control area. We followed with an analysis of
114 whether modeled ET at our weather station could validate modeled values of soil evapotranspiration
115 at monitoring sites; and finally, we performed a regression analysis of forest attributes versus daily
116 values of modeled water yield. Our analysis primarily focused on identifying some connection
117 between treatments and water yield, with changing forest attributes providing a source of predictor
118 variables.

119 **Methods**

120 *2.1 Study Area and Workflow*

121 The Brushy Creek management area is in Trinity County, Texas, USA, approximately six miles north
122 of Onalaska, Texas, USA. The total treatment area was 807 ha, and within that area, 121 ha was
123 designated as monitoring areas. Brushy Creek falls within the Lake Livingston and Kickapoo Creek
124 watersheds, both of which have stream systems that terminate in nearby Lake Livingston to the south
125 (Figure 1).

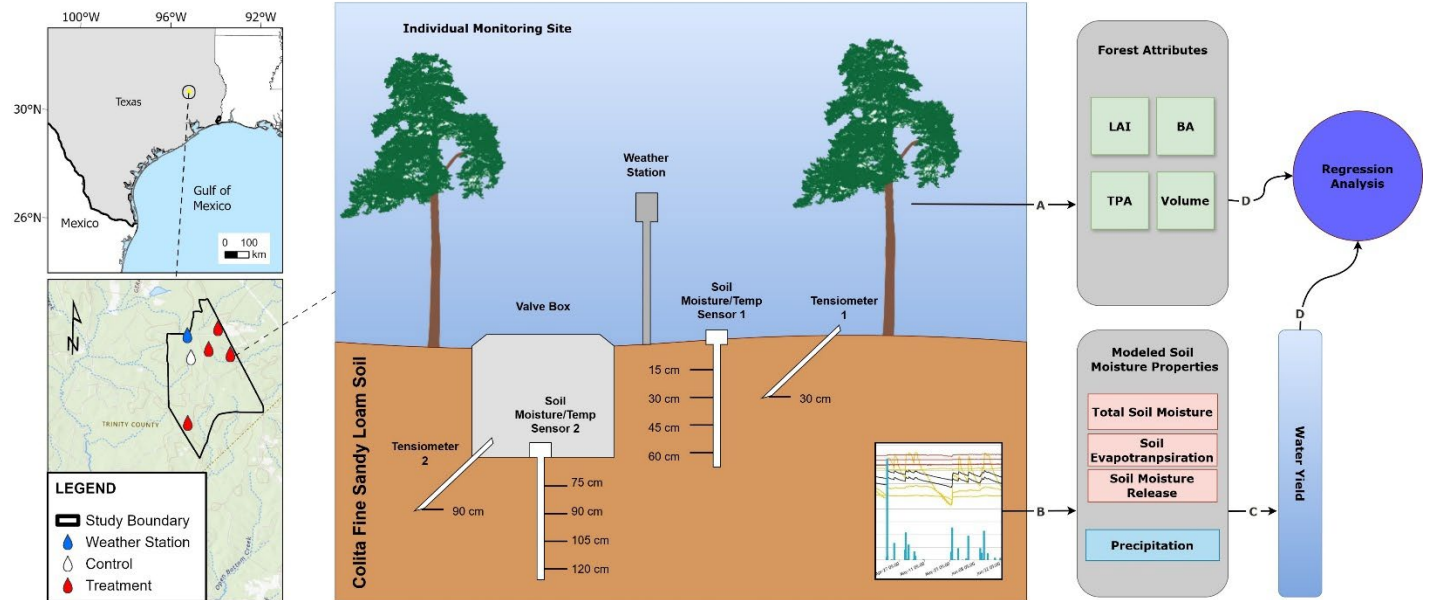
126 Existing forest types ranged from longleaf pine dominant areas (approximately 200 ha), mixed
127 southern yellow pine, and loblolly pine (*Pinus taeda*) plantation. All these forest types were
128 characterized by significant woody understory encroachment, were densely stocked, and considered
129 to be degraded conditions relative to the historical longleaf pine ecosystem. Understory brush species
130 included yaupon holly (*Ilex vomitoria*), wax myrtle (*Myrica cerifera*), American beautyberry
131 (*Callicarpa americana*), and American sweetgum (*Liquidambar styraciflua*). The latter, while a tree
132 species, had become a highly present and invasive shrub-like component of the understory vegetation
133 in select areas.

134 Outside of longleaf pine areas, dominant forest overstory was a combination of southern yellow pine
135 species with small amounts of mature hardwood. Typically, loblolly pine would be the dominant

136 species, followed by longleaf pine, and limited amounts of shortleaf pine (*Pinus echinata*) and slash
 137 pine (*Pinus elliottii*). The west side of Brushy Creek consisted of approximately 121 ha of industrial,
 138 loblolly pine forest that was uniform in structure and species composition. Examples of scattered
 139 mature hardwood species included post oak (*Quercus stelatta*), southern red oak (*Quercus falcata*),
 140 American sweetgum, winged elm (*Ulmus alata*), and white ash (*Fraxinus americana*).

141 The major soil type found on Brushy Creek was Colita fine sandy loam (52% of total area) at 0 to 3
 142 percent slopes (NRCS, 2024). Where that major soil type occurred, 90% was comprised of Colita or
 143 similar soils, with the remaining 10% made up of Laska and Rayburn minor components.

144 Ecologically, these soils were characterized as a seasonally wet upland with fine to very fine sandy
 145 loams across the A, E/B, and Btg/E soil profiles (0-100 cm). Soil depths greater than 100 cm were
 146 made up of sandy clay loam and bedrock (NRCS, 2024).



147

148 **Fig 1.** The location of Brushy Creek, layout of monitoring sites, and a flowchart of the data types collected and how
 149 they were analyzed. (A) Forest attributes were collected at inventory plots, and (B) soil moisture and water potential
 150 were collected at five different monitoring sites. (C) Soil moisture data was used to model soil ET and generate daily

151 values of water yield. (D) Daily water yield was compared to pretreatment and post-treatment forest attributes to
152 identify significant relationships.

153 ***2.2 Water Monitoring Sites, Forest Attributes, and Forest Practices***

154 *2.2.1 Water Monitoring*

155 Five water monitoring sites were installed, including one control (“Co”) and four treatment areas
156 receiving management practices aimed towards restoring open-canopy longleaf pine conditions.

157 These included mature longleaf pine (“ML”), relatively young longleaf pine (“YL”), a mature mixed
158 pine area that included slash pine (“SL”), and a clearcut area that was regenerated with longleaf pine
159 (“CC”).

160 A monitoring site was made up of two TEROS 54 soil moisture probes, two TEROS 32 tensiometers,
161 and a ZL6 data logger (METER Group, Pullman, WA, USA). Soil moisture probes measured
162 volumetric water content (VWC, m^3/m^3) and soil temperature ($^{\circ}C$) at 15, 30, 45, and 60 cm depths at
163 one sensor. One probe was installed at the soil surface level, and the second installed at a 60 cm soil
164 depth by excavating and installing two stacked valve boxes. This created a vertically stratified profile
165 of soil moisture and temperature readings from 15-120 cm and provide readings down to, and below,
166 the root layer. Valve boxes were backfilled, sealed with tape internally, and covered with a small
167 piece of tarp weighted with nearby debris. This simulated a water sealed environment that prevented
168 false soil moisture increases from rain or box flooding.

169 Two tensiometers measured matric potential (kPa) at each monitoring site. A tensiometer was
170 installed adjacent to a corresponding soil moisture probe at the normal soil surface level and inside
171 the excavated gage boxes. Sensor length was 45 cm and installed at a 60° angle relative to the soil
172 surface. This provided water potential readings at 30 and 90 cm depths, or approximately half the
173 depth of their corresponding soil moisture probe. Tensiometers were filled with deionized water at
174 installation and intermittently refilled when the ceramic cups emptied from exceptionally dry

175 conditions. All sensors collected soil moisture, soil temperature and water potential data at 5-minute
176 intervals.

177 A METER Group ATMOS 41W weather station was installed at 2 m in height using a 4.12 cm
178 diameter pole fixed to a t-post. Efforts were made to locate the weather station centrally to soil
179 moisture monitoring sites. The 11 parameters collected by the weather station include: solar radiation
180 (W/m^2), precipitation (mm), electrical conductivity (mS/cm), vapor pressure (kPa), relative humidity
181 (%), barometric pressure (kPa), air temperature (min, max, and average in $^{\circ}C$), horizontal wind speed
182 (m/s), wind gust (m/s), wind direction ($0-360^{\circ}$), and tilt ($0-180^{\circ}$). Like soil moisture monitoring
183 equipment, data points were collected at 5-minute intervals at the weather station. All the data
184 collected on Brushy Creek was uploaded to METER Group's proprietary ZENTRA Cloud
185 environment, where it was exported and backed up for analysis later.

186 *2.2.2 Forest Inventory and Sample Design*

187 An unbiased systematic sampling method was used when generating an initial distribution of
188 inventory plots in monitoring areas. Following the U.S. Forest Service's FS Veg Common Stand
189 Exam (CSE) guidelines for relatively homogenous stands, a minimum of one plot per 4 ha was used
190 to determine the number of plots needed and computing plot spacing (FS Veg, 2015). The formula for
191 spacing was as follows:

$$\text{Plot Spacing (ft)} = \sqrt{\frac{\text{Stand Acreage} \times 43,560 \text{ ft}^2/\text{acre}}{\text{Number of Plots}}}$$

192

193 When generating the plot grid, the location of each soil moisture monitoring site (5 total) was used to
194 anchor the remaining grid at fixed X and Y distances.

195 The CSE guidelines also provided an established cruise method that we used for our forest inventory
196 on Brushy Creek. For data collection, the TimberPro forest inventory program was used on an iPad
197 tablet (New Hampshire, US). The TimberPro inventory program generated an accuracy report in the
198 field, and more plots were added if sampling error was too high. A 90% confidence interval was used
199 when calculating the sampling error of monitoring stand inventories, with a target percent error of
200 less than 20%. After completing our pretreatment inventory in March 2024, we established 38 total
201 inventory plots: 11 in 38.5 ha ML area, 10 in 33.2 ha YL area, 6 in 20.8 ha Sl area, 8 in 26.4 ha CC
202 area, and 3 in 2.9 ha Co area. These were resampled in October 2025 following treatments.

203 Inventory plots consisted of a 10 basal area factor (BAF), variable radius plot and one fixed-radius
204 vegetation subplot (40.04 m²). A 10 BAF prism was used to identify “in” and “out” trees when
205 conducting the variable radius plot, and all trees ≥ 12.7 cm diameter at DBH were tallied. A DBH
206 tape was used to measure tree diameters, and measure distances to plot center when determining
207 whether boundary trees are in or out. A clinometer was used to measure total and merchantable
208 height of trees.

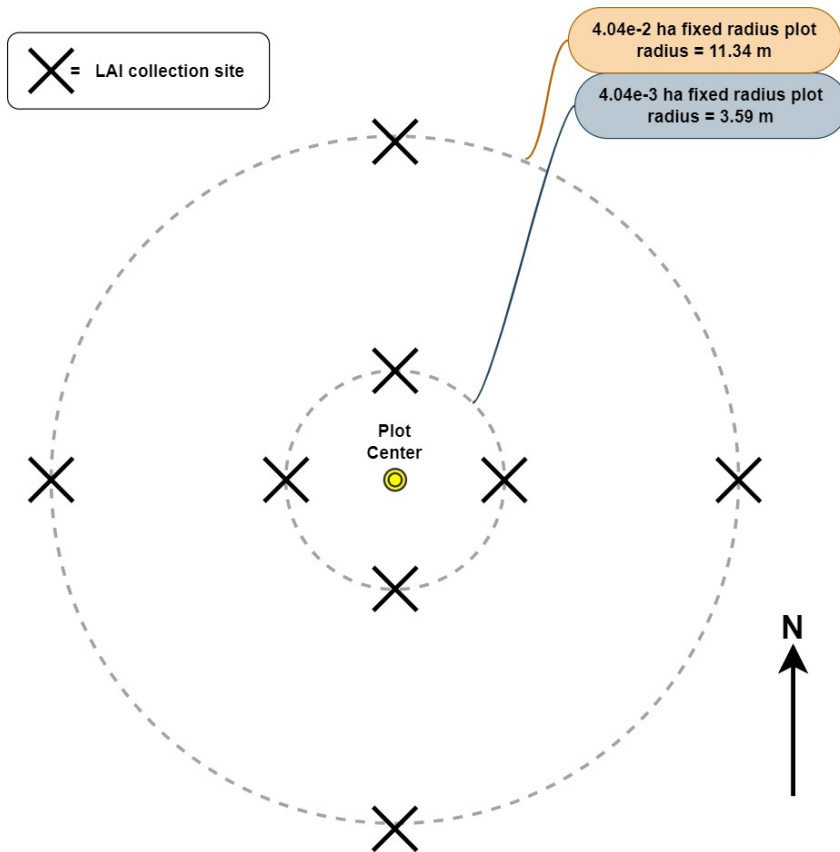
209 The vegetation subplot measured the percentage of coverage for three categories: yaupon holly, all
210 remaining woody vegetation, and grass or herbaceous groundcover. Any remaining cover, such as
211 needle duff or distributed soils, was not factored into the total percentage. The 40.4 m² plot was
212 measured out to a 3.59 m radius and assessed in quadrants. Yaupon holly was emphasized because it
213 is a common invasive species in the region and made up a significant amount of the understory
214 vegetation on Brushy Creek following years of fire suppression.

215 *2.2.3 LAI Measurements*

216 Pretreatment leaf area index (LAI) was collected using a LAI-2200C plant canopy analyzer (LI-
217 COR, Lincoln, Nebraska). Above canopy readings or A readings were made with a wand sensor in an

218 open area using a 90-degree viewing cap, and the sensor facing true North. LAI data was gathered
219 during optimal conditions that included evenly lit, clear, and blue skies. Automatic logging of A
220 readings was made every 30 seconds while below canopy readings or B readings were collected at
221 plot sites. This ensured that an A and B reading collected relatively close in time were available
222 when calculating LAI later. Match files for both wands equipped with 90-degree viewing cap were
223 created, and scattering correction files or K records created just before each plot's B readings were
224 gathered.

225 LAI collection sites were structured in a similar manner to the methods used on FIA plots by Law et
226 al., 2008 where B readings were collected along the radius of 40.4 m² and 404 m² plots. Four
227 readings per plot, or eight in total, were collected at cardinal directions from plot center by measuring
228 radial distances of 3.59 m and 11.34 m (Figure 2). Readings were collected at DBH or 1.37 m. DBH
229 was used because it is widely referenced height for measuring tree diameter when conducting forest
230 inventories. It also serves as an appropriate vertical reference point that captured dense understory
231 vegetation into the LAI readings.

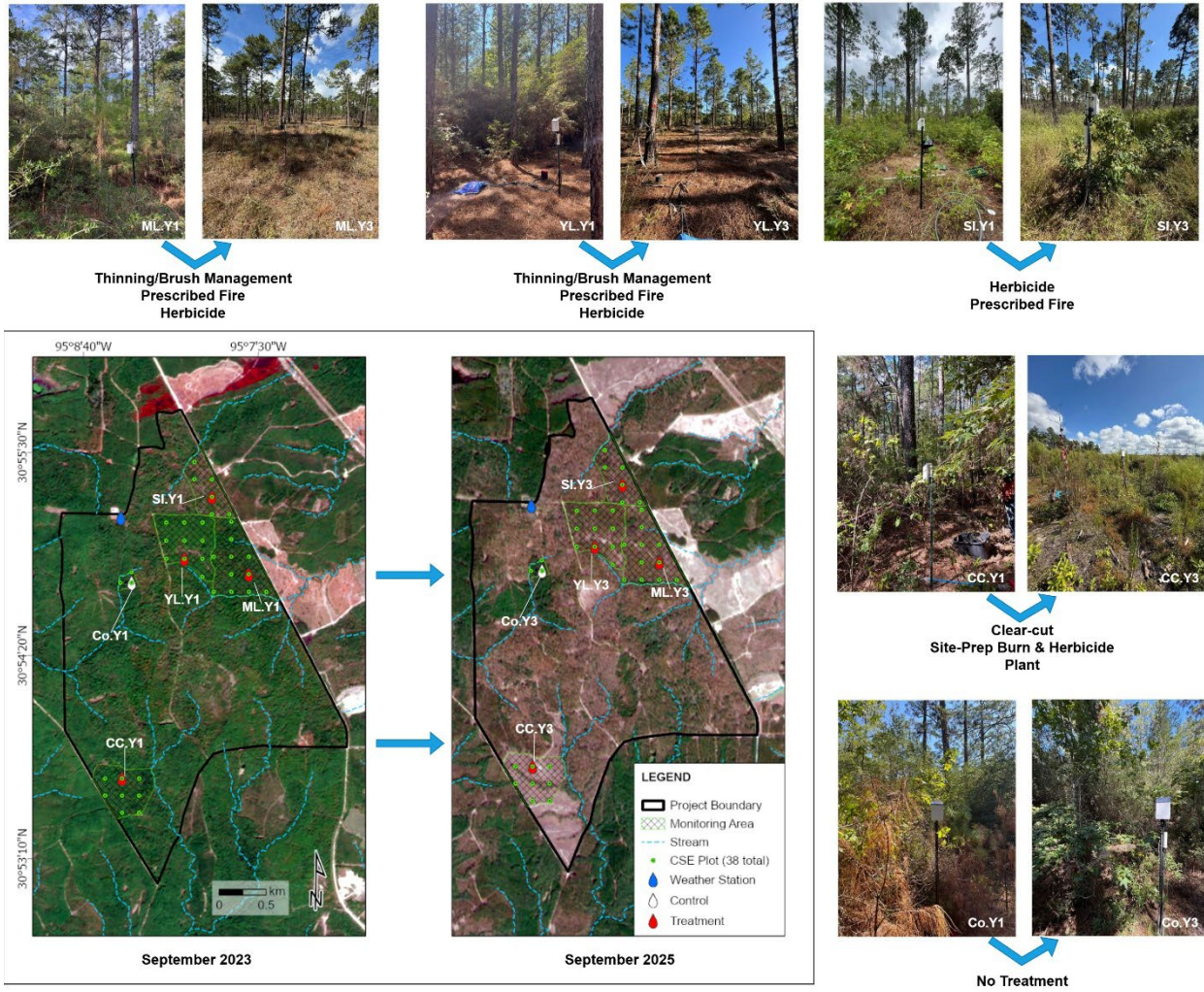


232

233 **Fig 2.** The locations of eight different B readings captured at 38 different inventory plots on Brushy Creek.

234 *2.2.3 Forest Management Practices*

235 Forest management practices were implemented across all four treatment monitoring areas between
 236 August 2024 and August 2025. Generally, they aimed to promote an increase in longleaf pine species
 237 composition, a reduction in understory brush, and increase in herbaceous groundcover. The first
 238 treatments implemented were thinning timber harvest in ML and YL, and clearcut timber harvest in
 239 CC (8/8/2024 to 8/28/2024). During timber harvest in ML and YL monitoring sites, we worked
 240 closely with loggers to also remove or “mow” understory brush with the sawhead feller (Lawrence et
 241 al., 2025). Stands were thinned to a target BA of 13.77 m² ha⁻¹ and loggers were instructed to leave
 242 large, well-formed and healthy longleaf pine as often as possible (Figure 3).



243

244 **Fig 3.** A summary of pretreatment and post-treatment outcomes at monitoring sites on Brushy Creek. This includes
 245 four areas receiving longleaf pine restoration treatments (ML, YL, SI and CC), and our control (Co). Aerial imagery
 246 demonstrates the large-scale impact of our restoration treatments.

247 The CC area was sprayed with site-prep herbicide to control invasive competition from 9/23/2024 to
 248 9/25/2024, and a site-prep prescribed burn was conducted on 11/21/2024. Containerized longleaf
 249 pine seedlings were planted at 2.1 x 3.0 m spacing (1,537 trees per hectare) in the CC area from
 250 12/15/2024 to 1/1/2026. The SI monitoring area was treated with understory herbicide on 8/21/2024
 251 and prescribed burned on 11/14/2024. The ML and YL monitoring areas were prescribed burned on
 252 3/2/2025 and treated with understory herbicide on 8/4/2025. Summaries of the pretreatment (March

253 2024) and post-treatment (October 2025) inventories quantified changes to forest attributes at both
 254 the stand and plot levels (Table 1).

255 **Table 1.** Table of all plot-level and stand-level (ex. Plot / Stand) forest attributes by monitoring area. Pretreatment
 256 data was collected in March 2024 and post-treatment was collected in October 2025.

Unit Name	Age	BA	TPA	Volume/Acre (Tons)	LAI	Woody (%)	Grass (%)	Longleaf (%)	Loblolly (%)
<i>Year 1 – Pretreatment</i>									
ML	54	120 / 109	66 / 92	166 / 142	1.26 / 2.24	80 / 79	10 / 8.6	50 / 46	17 / 45
YL	29	120 / 121	249 / 195	115 / 142	2.72 / 3.06	40 / 69	0 / 0	92 / 88	0 / 8
SI	54	60 / 45	65 / 45	78 / 55	0.43 / 0.78	45 / 59	45 / 25	0 / 3	100 / 74
CC	35	130 / 116	188 / 179	120 / 116	3.58 / 3.35	90 / 78	0 / 1	0 / 0	100 / 93
Ct	77	50 / 53	19 / 51	95 / 75	2.9 / 3.71	80 / 79	0 / 5	0 / 12	100 / 84
<i>Year 2 – Post-treatment</i>									
ML	55	80 / 69	42 / 46	113 / 93	0.90 / 1.28	10 / 13	85 / 63	75 / 51	13 / 39
YL	30	60 / 54	91 / 75	55 / 55	0.46 / 0.63	10 / 23	55 / 31	100 / 92	0 / 2
SI	55	60 / 45	65 / 45	78 / 55	0.64 / 0.86	35 / 28	60 / 46	0 / 3	100 / 74
CC	0	0 / 6.3	0 / 8.5	0 / 5	0.01 / 0.47	40 / 27	30 / 38	0 / 98	0 / 2
Ct	78	50 / 53.3	19 / 51	95 / 75	4.64 / 4.81	85 / 75	0 / 15	0 / 12	100 / 84

257

258 **2.3 Modeling**

259 **2.3.1 Weather Station ET**

260 Evapotranspiration was modeled using several direct measurements of environmental variables at our
 261 ATMOS41W weather station. These daily estimates of evapotranspiration were later used to validate
 262 daily soil evapotranspiration using linear regression. Weather station ET was calculated using the
 263 Penman-Monteith method:

$$ET_o = \frac{0.408\Delta(R_n - G) + \gamma \frac{900}{T + 273} u_2 (e_s - e_a)}{\Delta + \gamma(1 + 0.34u_2)} \quad (1)$$

264

265 Where ET_0 is the reference evapotranspiration (mm day^{-1}), R_n is the net radiation at the vegetation
 266 surface, G is the soil heat flux density, T is the mean daily air temperature at 2 m height, u_2 is wind
 267 speed at 2 m height, e_s is saturation vapor pressure, e_a is actual vapor pressure, $e_s - e_a$ is saturation
 268 vapor pressure deficit, Δ is slope vapor pressure curve, and γ is the psychrometric constant.

269 2.3.2 Soil ET and Water Yield

270 Previous examples of soil moisture measurements being used to generate measures of soil
 271 evapotranspiration are not uncommon (Fares and Alva, 2000; Nachabe et al., 2005; Acharya et al.,
 272 2022). Total soil moisture was calculated for non-rainy days using soil moisture content measured at
 273 15, 30, 45, 60, 75, 90, 105, and 120 cm depths:

$$TSM = \sum_{i=1}^7 \frac{1}{2} (z_i - z_{i+1}) \times (\theta_{i+1} + \theta) + z_1 \times \theta_1 \quad (2)$$

274 Where θ_i is soil moisture content and z are depth at the i th sensor location. Soil moisture from the
 275 ground surface to the first sensor was calculated by adding $z_1 \times \theta_1$. Total soil moisture was
 276 calculated for all sensors (z_{1-8}), upper total soil moisture (z_{1-4}) and lower total soil moisture (z_{5-8}). For
 277 lower total soil moisture, our equation excluded the calculation of soil moisture starting at the surface
 278 and was as follows:

$$TSM_{lower} = \sum_{i=1}^7 \frac{1}{2} (z_i - z_{i+1}) \times (\theta_{i+1} + \theta) \quad (2)$$

279

280 Soil ET was analyzed at 5-minute collection intervals to determine Q , or lateral subsurface flow and
 281 ET_{soil} for each monitoring site. Lateral subsurface flow was calculated using:

$$Q = \frac{TSM_{0400hr} - TSM_{midnight}}{4} \quad (3)$$

282 Where TSM from midnight to 4:00am is negligible, and provides a means for calculating the
 283 constant Q, or water that is leaving or entering the soil column via lateral subsurface flow (Nachabe
 284 et al. 2005). Finally, ET_{soil} was determined using:

$$ET_{soil} = TSM_j - TSM_{j+1} + 24 \times Q \quad (4)$$

285 Where TSM_j is total soil moisture at midnight, and TSM_{j+1} is total soil moisture of at midnight the
 286 following day. To account for lateral discharge or recharge, 24 hours of lateral subsurface flow (Q)
 287 was added to provide daily ET values.

288 Water yield was calculated using established methods in the Coastal Plain region where mean
 289 average precipitation (MAP) is estimated to be 1300 mm per year (McLaughlin et al., 2013; English
 290 et al., 2024). Water yield was calculated using:

$$Water\ Yield = \left(1 - \frac{ET}{PPT}\right) \times MAP \quad (3)$$

291 Where ET/PPT is the amount of daily soil ET divided by measured precipitation from the same
 292 period.

293 2.3.3 Statistical Analysis

294 Our analysis included quantification of cumulative soil moisture change (gain and loss) for each
 295 monitoring site and comparing values before and after treatments. This provided a means of
 296 assessing whether our treatments had notably different amounts of soil moisture entering and exiting
 297 the soil column compared to our control. To further compare our treatments versus control, we
 298 calculated soil moisture release (SMR) for each site using polynomial regression of matric potential
 299 and TSM, both at upper and lower soil levels. Pretreatment and post-treatment SMR, average MP,
 300 and average TSM were compared on Brushy to provide further insights into how treatments were

301 impacting soil moisture availability compared to our control. Polynomial regression analysis was
302 performed using the “ggplot” package in RStudio, version 2024.04.2 Build 764.

303 When modeling relationships between forest attributes and soil moisture properties (i.e. MP, TSM,
304 lateral subsurface flow, soil ET, and water yield), we used both linear and logarithmic regression in
305 RStudio. For most of our analysis, we focused on LAI as a predictor variable because of its
306 predictive strength in our study and other similar studies.

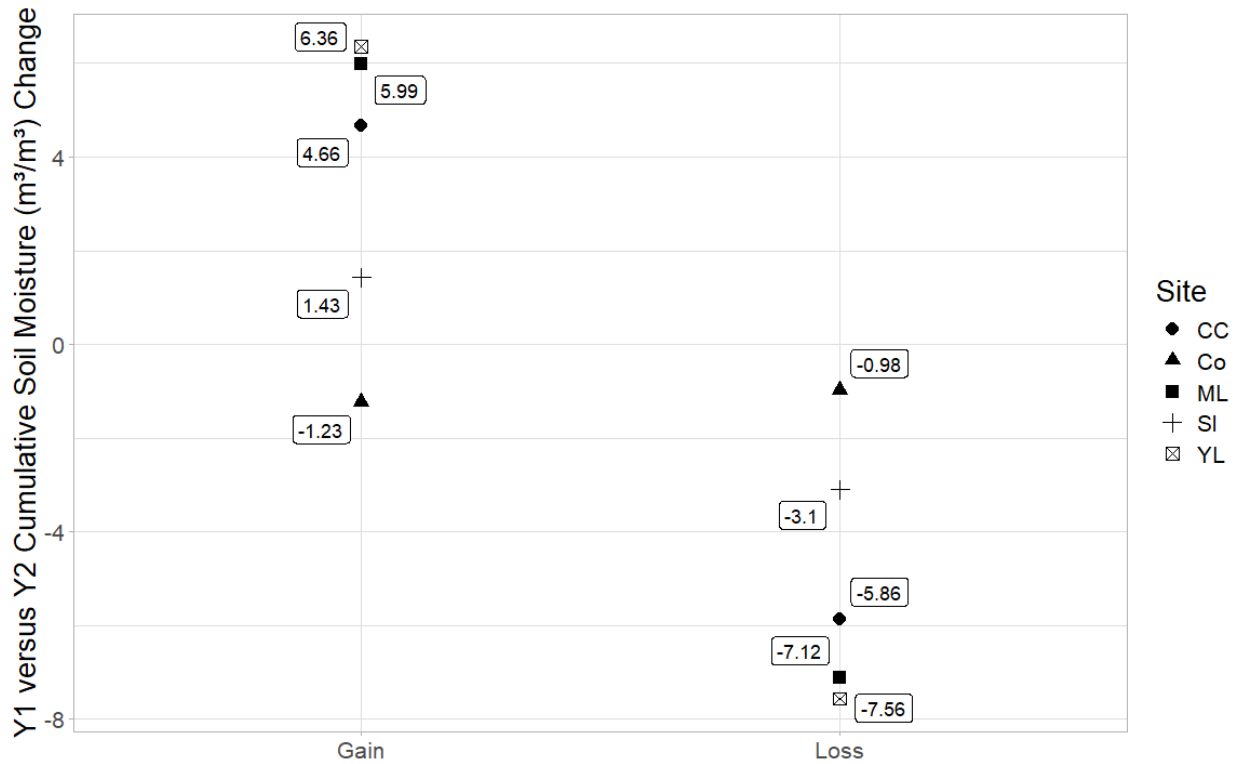
307 When analyzing data using regression, the “rempsysc” package in R was used to conduct a
308 comprehensive assumptions test on datasets. For each dataset, a p-value was generated for Shapiro-
309 Wilk (normality)¹, Brush-Pagan (heteroscedasticity)², and Durbin-Watson (autocorrelation)³ tests. In
310 instances of p-values < 0.05, a violation was noted and included in our results. Both assumptions
311 tests and regression analysis were performed at a $\alpha = 0.05$ significance level ($p > 0.05$).

312 **Results**

313 *3.1 Cumulative Soil Moisture Change: Before and After Treatments*

314 The Y1 to Y2 change in cumulative soil moisture gain and loss was greatest in treatment areas
315 compared to our control (Figure 4). All treatment sites experienced an increase in the amount of
316 cumulative soil moisture entering the soil column ($X = 4.61 \text{ m}^3 \text{ m}^{-3}$) from Y1 to Y2, whereas the
317 control experienced a decrease ($-1.23 \text{ m}^3 \text{ m}^{-3}$). The average change in loss of cumulative soil moisture
318 from Y1 to Y2 for treatments was $-5.91 \text{ m}^3 \text{ m}^{-3}$, compared to $-0.98 \text{ m}^3 \text{ m}^{-3}$ at the control site. This
319 would indicate that following treatments, more water was both entering and exiting the soil column
320 where treatments occurred. This is despite significant more rainfall in Y1 (2,224 mm) compared to
321 Y2 (1,506 mm).

322



323

324 **Fig 4.** Despite much larger amounts of rainfall in year one of monitoring, increases in the amount of Y1 to Y2
 325 cumulative soil moisture gain and loss were observed in all four treatment areas. A relatively small amount of
 326 change was observed in the no-treatment control area.

327 **3.2 Matric Potential and SMR: Before and After Treatments**

328 When modeling SMR curves for shallow (Figure S1) and deep (Figure S2) sensor locations, we
 329 observed relatively larger changes in SMR characteristics at deeper levels. This is best described by
 330 relatively more days in Y2 (treatments) where TSM and matric potential were higher at lower sensor
 331 depths. For all four treatments areas, changes in average matric potential and TSM were higher
 332 following treatments when compared to our control (Table 2). There were no significant changes
 333 regarding where TSM and matric potential related along the curve, but following treatments, more
 334 days were observed in conditions where soil moisture availability was higher (Figure S2). SMR
 335 curves at shallow sensor depths demonstrated similar patterns but not as dramatic of changes,

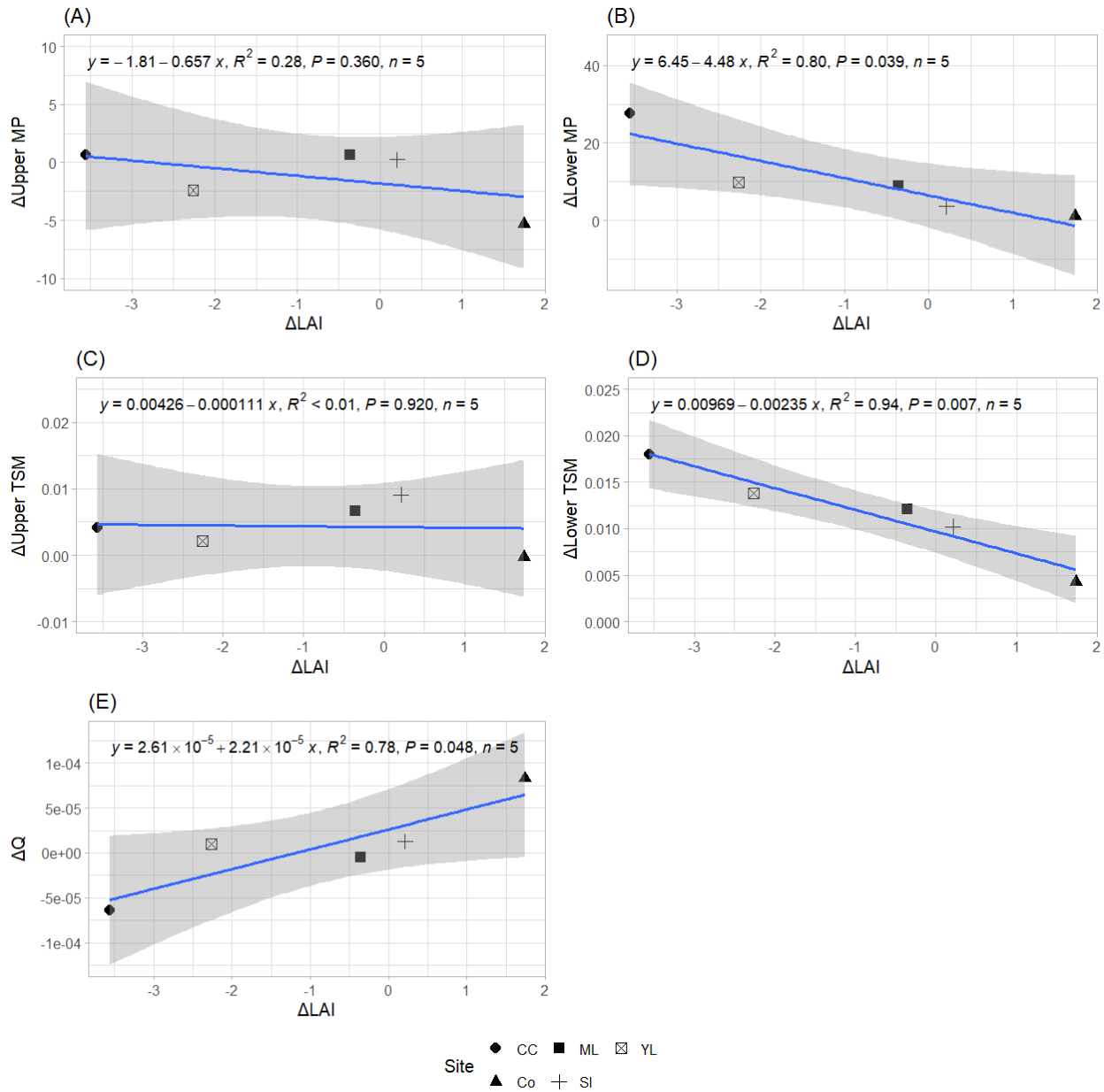
336 indicating the possible importance of monitoring at lower depths (>60 cm) in studies like ours.
 337 Following restoration activities, there was $9.58 \times 10^{-3} \text{ m}^3/\text{m}^3$ more average TSM at treatments versus
 338 our control in lower soil levels, and $5.23 \times 10^{-3} \text{ m}^3/\text{m}^3$ more average TSM at treatments versus our
 339 control in upper soil levels. Average change in MP at treatments was 11.4 kPA greater than our
 340 control at lower soil levels and 4.59 kPA greater than our control at upper soil levels. Our overall
 341 conclusion was that soil moisture availability increased in areas receiving treatments.

342 **Table 2.** Summaries of mean MP and TSM at upper and lower soil levels for each monitoring site on Brushy Creek.
 343 Pretreatment and post-treatment periods are summarized, along with their differences for each site.

	Pretreatment				Post-Treatment				Difference			
	Mean MP (kPA)		Mean TSM (m^3/m^3)		Mean MP (kPA)		Mean TSM (m^3/m^3)		Mean MP (kPA)		Mean TSM (m^3/m^3)	
	<i>Upper</i>	<i>Lower</i>	<i>Upper</i>	<i>Lower</i>	<i>Upper</i>	<i>Lower</i>	<i>Upper</i>	<i>Lower</i>	<i>Upper</i>	<i>Lower</i>	<i>Upper</i>	<i>Lower</i>
ML	-6.85	-6.76	0.0689	0.102	-6.23	2.26	0.0755	0.114	0.62	9.02	0.0066	0.012
YL	-8.86	-12.6	0.0634	0.0767	-11.2	-2.81	0.0656	0.0906	-2.34	9.79	0.0022	0.0139
SI	-3.56	-1.03	0.0807	0.0777	-3.34	2.54	0.0899	0.0879	0.22	3.57	0.0092	0.0102
CC	-6.34	-26.6	0.0776	0.0948	-5.71	1.08	0.0817	0.113	0.63	27.68	0.0041	0.0182
Co	-7.92	-28.6	0.0848	0.1	-13.2	-27.5	0.0845	0.104	-5.28	1.1	-0.0003	0.004

344

345 When modeling Y1 to Y2 changes in matric potential and TSM versus changes in plot-level LAI, we
 346 observed strong relationships between deep sensor locations and LAI changes (Figure 5). Decreases
 347 in LAI were significantly related to increases in TSM ($R^2 = 0.80$, $P = 0.039$) and matric potential (R^2
 348 $= 0.94$, $P = 0.007$). Changes in LAI were not significantly related to TSM ($R^2 = 0.28$, $P = 0.360$) and
 349 matric potential ($R^2 < 0.01$, $P = 0.920$) at shallow sites, again indicating that effects of treatments are
 350 more measurable at deeper soil levels. Y1 to Y2 changes in lateral subsurface flow (Q) were
 351 significantly related to changes in plot-level LAI ($R^2 = 0.78$, $P = 0.048$), with reductions in LAI
 352 indicating decreases in Q . Decrease in Q are more characteristic of a recharge site, and are described
 353 as decreases in the amount of water entering the soil column at monitoring sites.



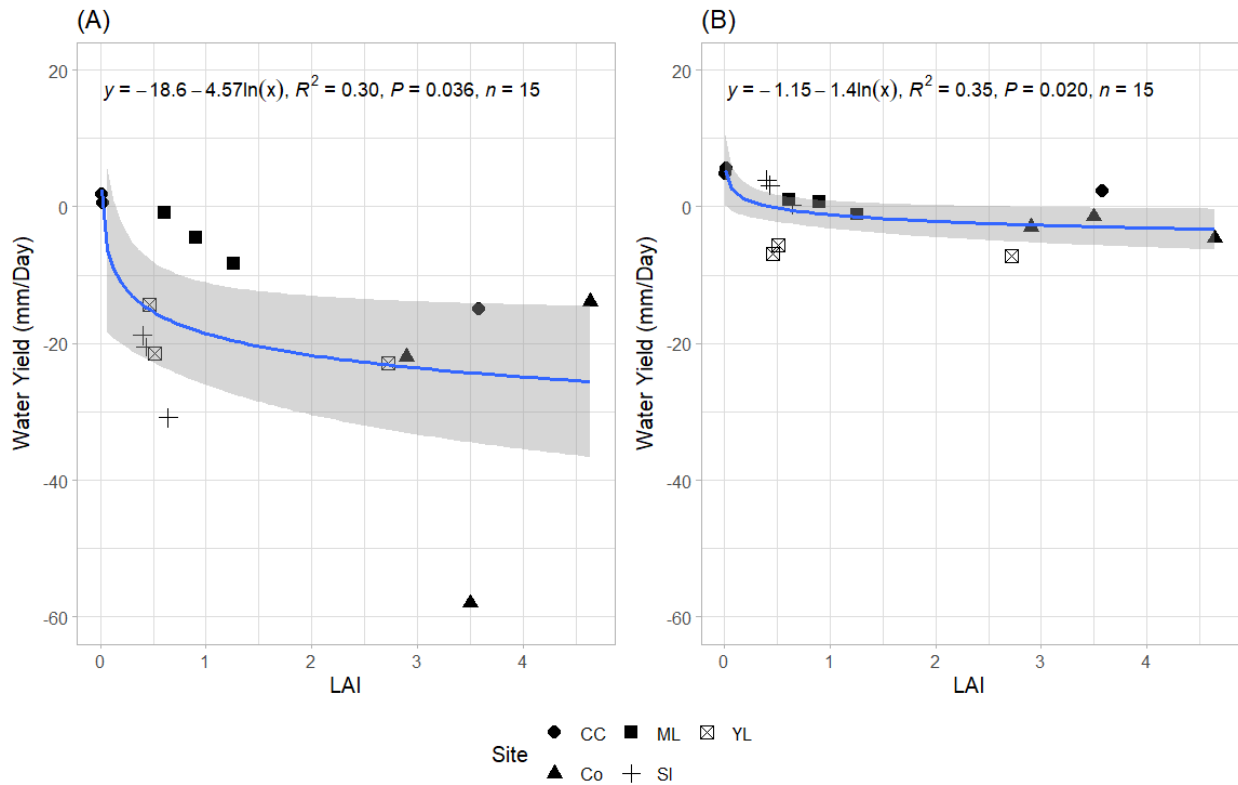
354

355 **Fig 5.** (A) Relationship of change in upper matric potential (MP) and LAI from year one to year two on Brushy
 356 Creek; (B) lower MP and LAI, (C) upper total soil moisture (TSM) and LAI, (D) lower TSM and LAI, and (E)
 357 lateral subsurface flow (Q) and LAI.

358 **3.3 LAI and Water Yield Regression – Drying and Wetting Periods**

359 Analysis of seasonal trends in water yield showed significant relationships between changing LAI,
 360 pretreatment and post-treatment, and water yield at monitoring sites. Logarithmic regression

361 indicated that a reduction of LAI generated more water yield during drying seasons (late-Spring to
 362 late-Summer) when compared to wetting seasons (late-Fall to early-Spring) (Figure 7). While these
 363 modeled relationships did not explain a robust amount of the variance for both drying ($R^2 = 0.30$) and
 364 wetting ($R^2 = 0.35$) periods, they were statistically significant ($P < 0.05$) and did not violate any
 365 regression assumptions.

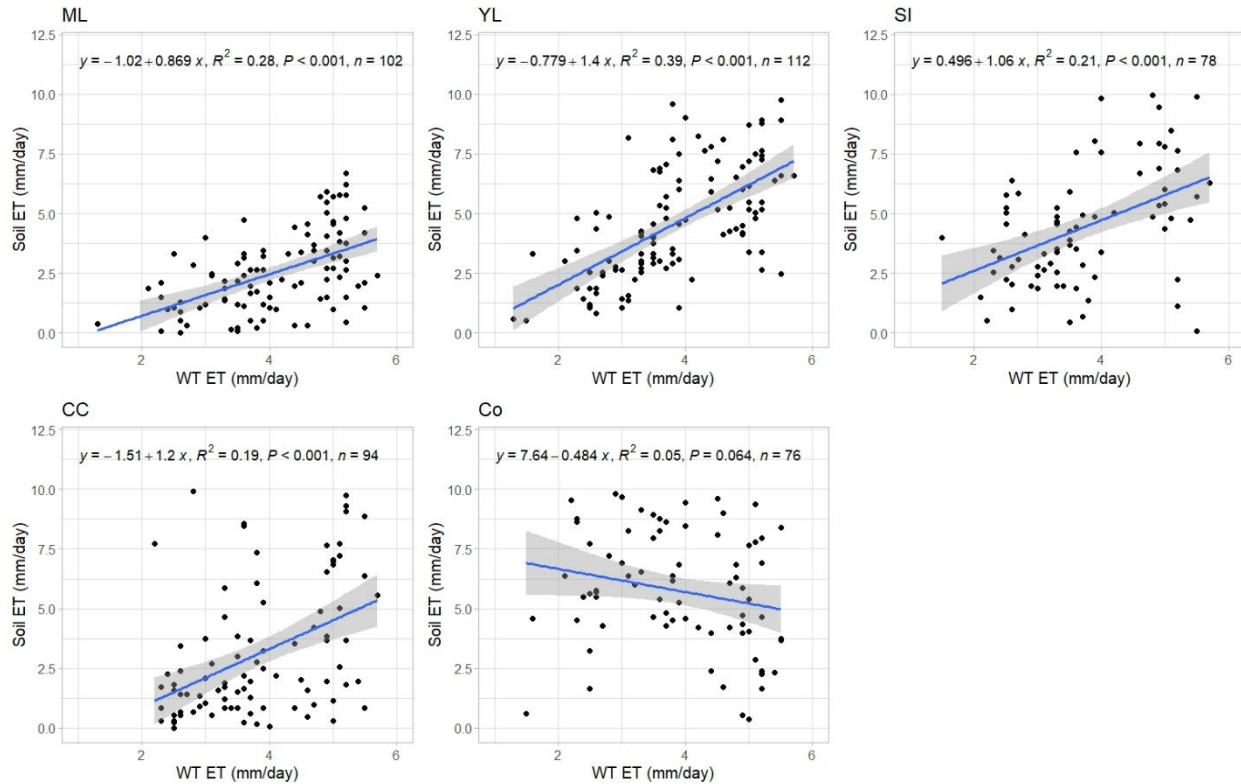


368 **Fig 7.** Logarithmic regression of mm/Day water yield versus plot level LAI data collected on Brushy Creek for
 369 wetting and drying periods.

370 When comparing wetting and drying seasonal water yield at each monitoring site, areas where timber
 371 harvest and brush management occurred experienced consistent and relatively large increases in
 372 water yield (Table S1 & S2). When averaging the two post-treatment periods of seasonal water yield,
 373 and subtracting the period of pretreatment water yield, the ML, YL and CC treatments experienced

374 5.6, 5.0 and 16.2 mm/day increases in water yield respectively during the drying season. During the
375 wetting season, those same sites experienced 1.9, 0.9 and 3.0 mm/day increases in water yield,
376 indicating a change regardless of season but a less dramatic one during wetting periods where soil
377 conditions are at field capacity or saturation. We noted reductions in water yield during the drying
378 period for both the Sl and Co sites, at -4.3 and -13.9 mm/day respectively. This indicates that brush
379 management alone might not be an effective means for increasing water availability but is still more
380 impactful than no management at all. Large differences in annual rainfall from year 1 (2,224 mm) to
381 year 2 (1,506 mm) are also a potential explanation for some of these trends. The Sl and Co sites also
382 experienced -1.0 and -0.1 mm/day reductions in water yield during the wetting periods, respectively.

383 When attempting to validate our soil ET values using ET measurements made at our weather station,
384 we observed the strongest relationship occurring on non-rainy days during the drying period. The
385 same drying periods used in our analysis above were used, and major outliers in soil ET values were
386 omitted from the analysis (0-10 mm day⁻¹). Statistical significance was identified for four of five
387 monitoring stations, with the Co area being the only non-significant example (Figure 6). Explanation
388 of variance was low when modeling weather station ET and Soil ET ($R^2 < 0.19-0.36$), but weather
389 station ET was modeled in a notably different environment than all five monitoring areas. These
390 results indicated a reasonably consistent validation of our modeled soil ET values and ET measured
391 separately at the weather station.



392

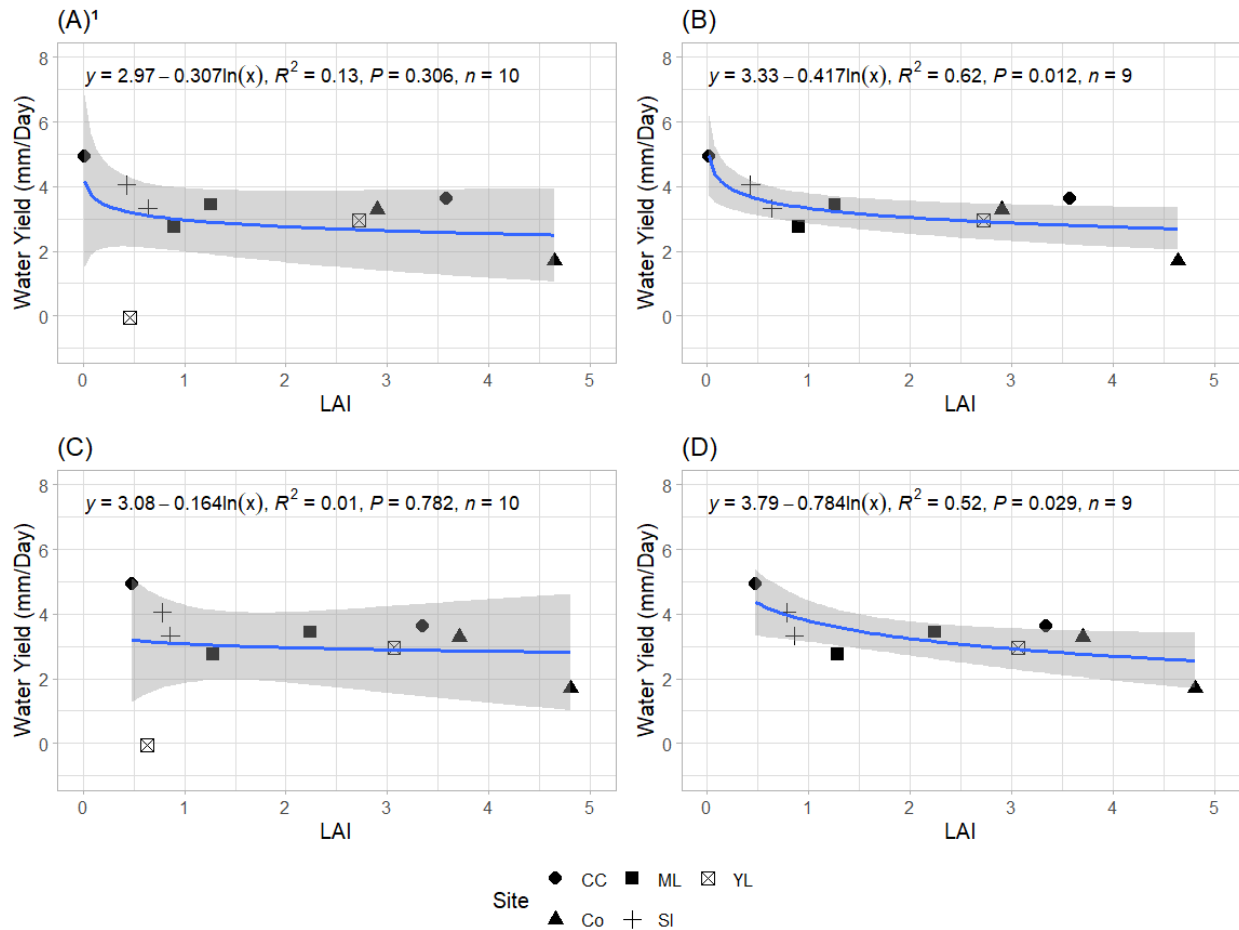
393 **Fig. 6.** Soil ET at monitoring sites versus modeled ET at the weather station had a statistically significant
 394 relationship for four of five monitoring sites but there was a large amount of variance when performing a linear
 395 regression for all sites.

396 *3.4 LAI and Water Yield Regression – Annual*

397 When excluding the YL area on Brushy Creek, a significant relationship occurred between both stand
 398 and plot-level LAI and water yield using logarithmic regression (Figure 8). This included
 399 pretreatment and post-treatment data points on Brushy Creek, demonstrating a consistent relationship
 400 between LAI and water yield following treatments. As mentioned, the exception was the YL area,
 401 where a significant reduction in water yield occurred following treatments in year 2. The YL area
 402 was characterized by a plantation type structure and younger tree age, so this may have contributed to
 403 the outlier results. Young trees would predictably have more water intensive needs, suggesting that

404 certain forest systems, such as plantations, might not be suitable candidates for managing water
 405 resource benefits.

406



407

408 **Fig 8.** (A) Relationships of plot-level LAI and water yield in Y1 & Y2 that includes the YL outlier and (B) does not
 409 include the YL outlier. (C) Relationships of stand-level LAI and water yield in Y1 & Y2 that includes the YL outlier
 410 and (D) does not include the YL outlier.

411 When analyzing a calendar year, water yield did not increase from Y1 to Y2 across monitoring sites,
 412 except for the clear-cut treatment area (Table S3). It's important to note, however, a significant
 413 amount of rainfall occurred in Y1 relative to Y2. This further suggests that the timing, amount of
 414 rainfall, but also, the amount of rainfall within a specific time periods (i.e. magnitude of rainfall

415 pulses), are all factors impacting water yield at the site. This is especially important to note when
416 considering rainfall in 2024 (2,224 mm), where not only was the average annual rainfall exceeded
417 drastically (~1300 mm), but significant rainfall events happened on several occasions within small
418 time periods.

419 Using our stand-level water yield versus LAI curve to generate estimates of water yield, practices
420 that include timber harvest experienced the largest change. When averaging stand-level LAI before
421 (2.65) and after (0.95) in our two thinned stands (ML & YL), we estimated a 29.35 cm yr⁻¹ increase
422 in water yield. Our already thinned area (SI) that received brush control treatments experienced a
423 marginal increase in LAI (0.78 → 0.86) and a corresponding marginal decrease in water yield (-2.77
424 cm yr⁻¹). The CC treatment area demonstrated the largest reduction in stand-level LAI (3.35 → 0.47)
425 and corresponding increase in water yield (56.21 cm yr⁻¹). In clearcut situations, we would anticipate
426 decreases in this initial dramatic increase in water yield as the stand grows. Long-term monitoring
427 could identify whether maintaining an open pine structure is relatively less water intensive compared
428 to the dense, intensively managed loblolly pine that was clearcut.

429 **Discussion**

430 *4.1 Water Yield and LAI in Southern Forests*

431 We observed noteworthy increases in the amount of cumulative soil moisture entering and exiting the
432 soil column where treatments occurred, whereas there was little change in the untreated control.

433 Additionally, significant relationships were modeled between changes in LAI, and changes in
434 subsurface flow, deep matric potential, and deep TSM before and after treatments. These in contrast
435 to no measurable relationship between changing LAI and shallow matric potential and shallow TSM,
436 suggesting that forest restoration activities had the largest impact on soil moisture characteristics at
437 depths below 60 cm. Despite a small sample size, these relationships at deeper soil levels were

438 consistently strong and indicate that reduced LAI is a reasonable predictor of increased ecosystem
439 available water where forest restoration occurred. Reduced sapwood area (thinning), reduced
440 amounts of invasive brush, and increased amounts of herbaceous groundcover were some of the
441 structural shifts that promoted those changes.

442 Like previous work (Acharya et al., 2020; Acharya et al., 2022; McLaughlin et al., 2013), our current
443 results provide additional evidence that LAI has a noteworthy relationship with water yield in a
444 southern forest system. We also provided evidence that a 29.35 cm yr⁻¹ increase is possible in
445 thinning and brush management scenarios where a 1.7-unit LAI reduction occurred. Acharya et al.,
446 2022 reported a similar albeit linear relationship, where a 1-unit reduction of LAI resulted in 10 cm
447 yr⁻¹ increase in water yield. Our results indicate this relationship might be non-linear and variable
448 across seasons, with open managed pine stands maintaining approximately 1-unit of LAI for our
449 study. We also contend that this is arguably the first example where treatments were executed, and a
450 pretreatment and post-treatment analysis was conducted to demonstrate how restoration impacted
451 water yield in the western portion of the longleaf pine species range.

452 These results suggest the circumstances of how and when you quantify water yield are
453 understandably quite complex. Furthermore, the scale and ecohydrological setting of our site are
454 major factors in our results, with other scenarios yielding potentially different outcomes (Sun et al.,
455 2005; Van Dijk and Keenan 2007). Within a site, results can vary based on annual rainfall, how
456 much of that rainfall is occurring during certain parts of the year, and how large those isolated
457 rainfall events are within each season. For example, a large rainfall event during the wetting season,
458 where soil moisture is mostly at field capacity, is going to yield results different from a similar
459 rainfall event in the middle of the drying season. Future data collection should focus on quantifying
460 additional components of the water budget, with deep drainage, groundwater recharge, and
461 streamflow being practiced examples (Nachabe et al., 2005; Younger et al., 2023). This would
462 provide more confidence regarding where additional water availability can be accounted for.

463 Additionally, a focus on the scale of the impact, and its quantification at the watershed level would
464 be important, too.

465 ***4.2 Effective Management Strategies for Increasing Water Yield***

466 In our study and other examples (Pisarello et al., 2022), forest thinning appears to be a standout
467 strategy for increasing water yield while also maintaining an existing forest structure. The important
468 designation is that forested landcover and the associated benefits were retained, while also managing
469 for a less water-intensive forest type. This also decreased the magnitude of the disturbance compared
470 to, for example, our clearcut regeneration treatment. In clearcut scenarios, which in other studies
471 have demonstrated relatively large water yield increases (Pisarello et al., 2022), there are some
472 important caveats to consider. While a large increase in water yield was observed and should be
473 expected initially, a newly established stand will use increased water resources in subsequent years.
474 An important question is whether a recently established but fire-maintained longleaf stand is less
475 water-intensive than its intensively managed loblolly pine counterpart. This will require long-term
476 monitoring for our study or others.

477 Already thinned areas where brush management is implemented may experience a relatively small
478 change in soil moisture conditions, and potentially negligible or no increase in water yield. This
479 would suggest that a reduction in sapwood area (thinning), and low-density forest structures in
480 general, are a better strategy for increasing water yield.

481 ***4.3 Focusing on Longleaf Pine to Benefit Water Resources***

482 The forest structure associated with fire-maintained, historical longleaf pine ecosystems has
483 demonstrated relatively low evapotranspiration and increased streamflow compared to other forest
484 types in the southeastern United States (Brantley, 2013; Qi et al., 2022; Younger et al., 2023; Liu et
485 al. 2025). For most or all these studies, eddy covariance flux data, in-situ streamflow measurements,
486 and simulated streamflow were located east of the Mississippi River. Our site adds a case study of
487 increased water yield that is located, not only west of the Mississippi River, but at the western-most

488 extent of the longleaf pine range. In one study, southern pine species was not a significant contributor
489 to changes in water yield, whereas variables such as LAI were more impactful (Acharya et al., 2023).
490 It might be that southern forest of different pine species provide opportunities for managing water
491 resources benefits, but with several important considerations regarding longleaf pine, specifically.
492 For example managing for open pine conditions in the south often includes the use of prescribed
493 burning, and longleaf pine is widely known to be a relatively fire-adapted and tolerant species
494 (Brockway and Lewis, 1997; Stambaugh et al., 2011; Hanberry et al., 2018). Evidence also suggests
495 that longleaf pine is relatively drought tolerant (Samuelson et al., 2012), and resilient to major
496 disturbances such as wildfire conditions and wind damage from events such as hurricanes that occur
497 regularly in the region (Johnsen et al., 2009; Rutledge et al., 2021). Therefore, while longleaf pine as
498 an overstory species may not be necessary to create a forest condition that benefits water resources,
499 establishing or maintaining longleaf forests could arguably be the better strategy when attempting to
500 create long-term, climate-resilient forests. This, combined with a robust network of longleaf pine
501 support groups and cost-share opportunities available, indicate there are existing opportunities to
502 generate more water-conscious forests in the southeastern United States. As the feasibility of creating
503 water benefits using longleaf pine restoration is more confidently identified, it may eventually
504 provide more programmatic opportunity for landowners to establish longleaf. This might also offset
505 some of the lost economic opportunity that landowners experience when foregoing more
506 conventional, loblolly plantation style management (Susaeta and Gong 2019; English et al., 2024).

507 **Conclusions**

Our studies findings were that increased soil moisture availability and water yield were the result of restoration treatments in longleaf pine areas of southeast Texas. Amongst forest attributes we sampled,

LAI was a relatively strong predictor of changes in soil moisture characteristics at the site. A 1.7-unit reduction in LAI translated to a 29.35 cm yr⁻¹ increase in water yield where forest thinning is applied in similar scenarios. Forest thinning and management for open, herbaceous groundcover using prescribed fire was an effective approach for promoting long-term water resources benefits. Clearcut conversions to longleaf pine from intensively managed loblolly pine resulted in significant increases in water yield, but long-term monitoring is required to assess whether these changes persist. Both longleaf pine and other southern pine forest managed for openness using prescribed fire provide likely opportunities for increasing water yield. Given longleaf pine's fire and drought adapted characteristics, it could provide a relatively climate resilient solution to maintaining less water-intensive forested landcover.

Supplemental Information

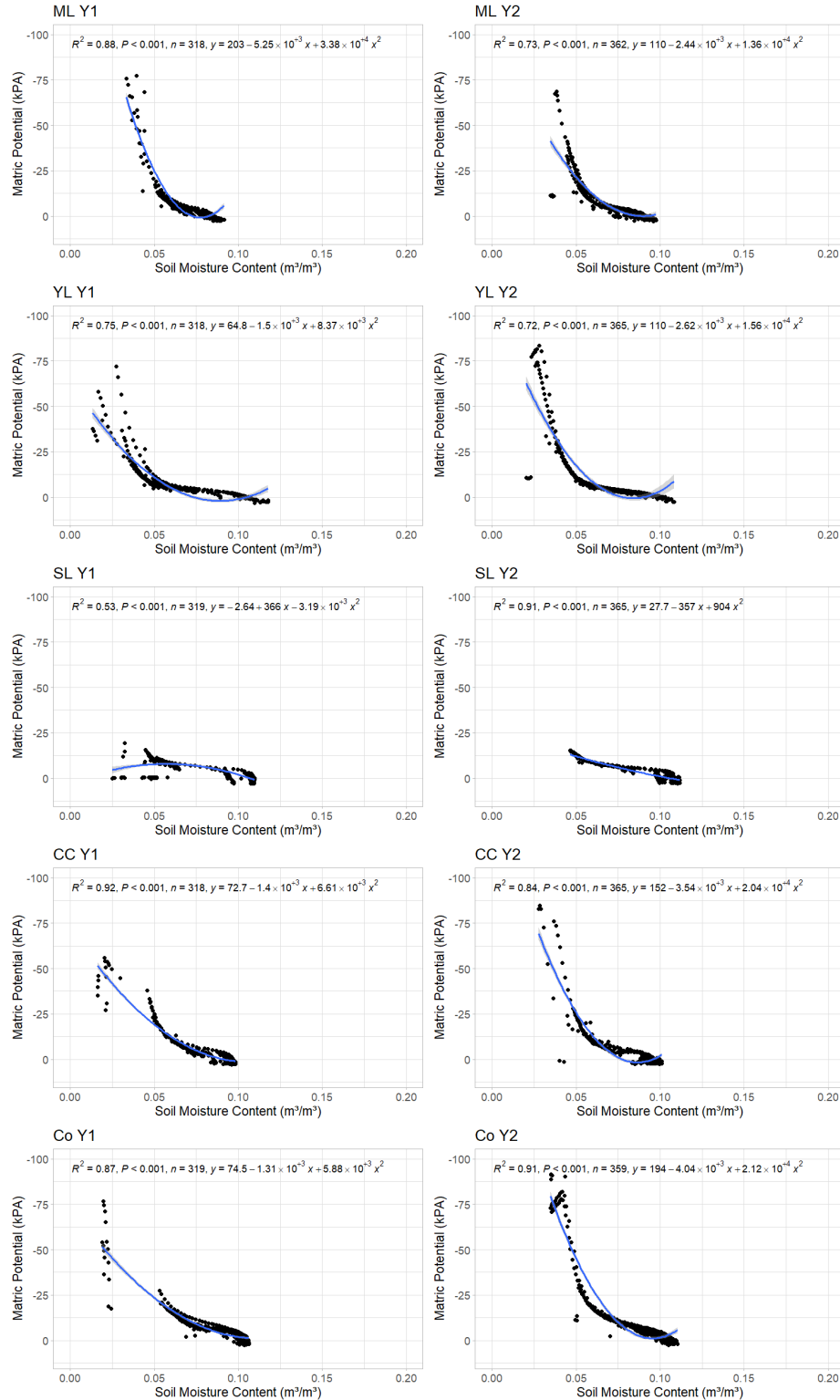


Fig. S1. Shallow soil moisture release curves at all treatments in Y1 (pretreatment) and Y2 (post-treatment) on Brushy Creek.

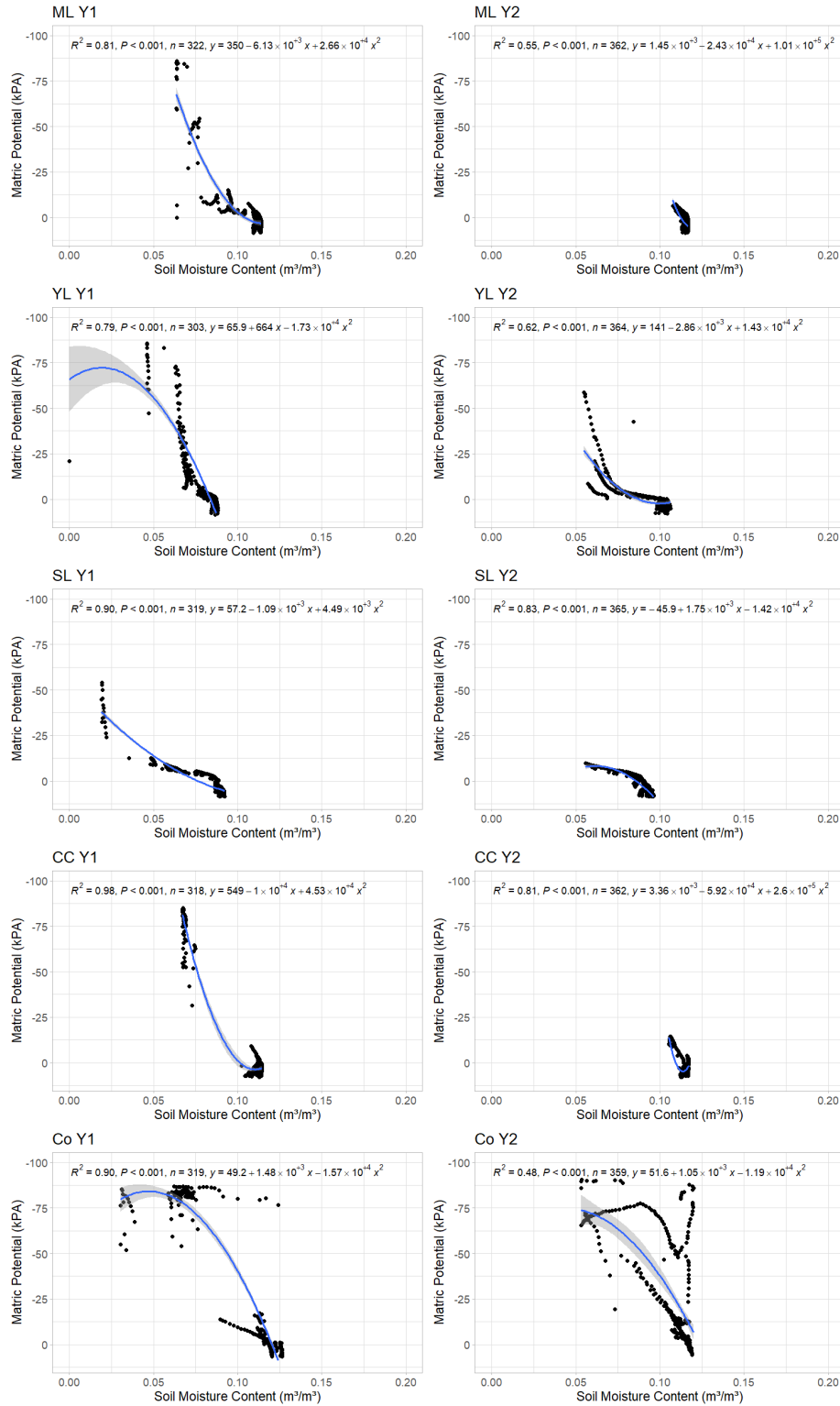


Fig. S2. Deep soil moisture release curves at all treatments in Y1 (pretreatment) and Y2 (post-treatment) on Brushy Creek.

Table S1. Modeled water yield during the various drying periods in Y1 and Y2 on Brushy creek.

Site	Avg Daily ET (mm) - All	Non Rainy Days	LAI	Percip (mm)	Total Water Yield (mm) - All	Monitoring Period
BRUSH YEAR 1						
Mature Longleaf	3.19	23	1.26	26	-191	6/8/2024-7/7/2024
Young Longleaf	7.00	20	2.72	26	-458	6/8/2024-7/7/2024
Slash/Lob	6.24	23	0.43	26	-472	6/8/2024-7/7/2024
Clear-cut	4.87	23	3.58	26	-345	6/8/2024-7/7/2024
Brushy/Control	6.61	23	2.9	26	-506	6/8/2024-7/7/2024
BRUSHY YEAR 2						
Mature Longleaf	0.64	49	0.61	26	-41	9/6/2024-10/30/2024
Young Longleaf	3.40	49	0.51	26	-1054	9/6/2024-10/30/2024
Slash/Lob	3.04	49	0.4	26	-923	9/6/2024-10/30/2024
Clear-cut	0.28	49	0.01	26	91	9/6/2024-10/30/2024
Brushy/Control	8.25	49	3.5	26	-2843	9/6/2024-10/30/2024
BRUSHY YEAR 2						
Mature Longleaf	2.96	33	0.90	50	-151	6/18/2025-8/2/2025
Young Longleaf	6.02	33	0.46	50	-471	6/18/2025-8/2/2025
Slash/Lob	11.24	33	0.64	50	-1019	6/18/2025-8/2/2025
Clear-cut	1.37	33	0.02	50	17	6/18/2025-8/2/2025
Brushy/Control	5.89	33	4.64	50	-458	6/18/2025-8/2/2025

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509

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Table S2. Modeled water yield during the various wetting periods in Y1 and Y2 on Brushy creek.

Site	Avg Daily ET (mm) - All	Non Rainy Days	LAI	Percip (mm)	Total Water Yield (mm) - All	Monitoring Period
BRUSH YEAR 1						
Mature Longleaf	2.11	19	1.26	31	-21	2/16/2024-3/8/2024
Young Longleaf	4.66	19	2.72	31	-138	2/16/2024-3/8/2024
Slash/Lob	0.33	19	0.43	31	60	2/16/2024-3/8/2024
Clear-cut	0.72	19	3.58	31	42	2/16/2024-3/8/2024
Brushy/Control	2.87	19	2.9	31	-56	2/16/2024-3/8/2024
BRUSH YEAR 2						
Mature Longleaf	1.63	24	0.61	52	25	1/13/2025-2/11/2025
Young Longleaf	4.99	24	0.51	52	-137	1/13/2025-2/11/2025

Slash/Lob	0.18	24	0.4	52	95	1/13/2025-2/11/2025
Clear-cut	-0.29	24	0.01	52	117	1/13/2025-2/11/2025
Brushy/Control	2.88	24	3.5	52	-35	1/13/2025-2/11/2025
BRUSH YEAR 2						
Mature Longleaf	1.49	21	0.9	38	13	2/27/2025-3/27/2025
Young Longleaf	5.34	21	0.46	38	-145	2/27/2025-3/27/2025
Slash/Lob	1.66	21	0.64	38	6	2/27/2025-3/27/2025
Clear-cut	-1.03	21	0.02	38	117	2/27/2025-3/27/2025
Brushy/Control	4.18	21	4.64	38	-98	2/27/2025-3/27/2025

511

512 **Table S3.** Modeled water yield during for both wetting and drying periods during Y1 and Y2 on Brushy creek.

Site	Year	Avg Daily ET (mm) - All	Non Rainy Days	LAI: Plot Level	LAI: Stand Level	Percip (mm)	Total Water Yield (mm) - All	Monitoring Period	mm/Day Water Yield (non-rainy)
Mature Longleaf	1	1.99	243	1.26	2.24	2224	836	9/21/2023-8/7/2024	3.44
Young Longleaf	1	4.99	243	2.72	3.06	2224	485	9/21/2023-8/7/2024	2.00
Thinned Slash/Lob	1	0.71	243	0.43	0.78	2224	986	9/21/2023-8/7/2024	4.06
Clear-cut	1	1.61	243	3.58	3.35	2224	881	9/21/2023-8/7/2024	3.62
Brushy/Control	1	2.35	243	2.9	3.71	2224	794	9/21/2023-8/7/2024	3.27
Mature Longleaf	2	2.26	276	0.90	1.28	1506	763	8/8/2024-8/7/2025	2.76
Young Longleaf	2	5.51	276	0.46	0.63	1506	-12	8/8/2024-8/7/2025	-0.04
Thinned Slash/Lob	2	1.61	276	0.64	0.86	1506	917	8/8/2024-8/7/2025	3.32
Clear-cut	2	-0.25	276	0.02	0.48	1506	1360	8/8/2024-8/7/2025	4.93
Brushy/Control	2	3.50	276	4.64	4.81	1506	466	8/8/2024-8/7/2025	1.69

513

514 **Declarations**

515 **Ethics approval and consent to participate:** Not applicable

516 **Consent for publication:** Not applicable

517 **Availability of data and material:** Data can be made upon request and contingent on approval of all
518 the various project stakeholders.

519 **Competing interests:** The authors declare that they have no competing interests.

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