

EarthArXiv Cover Sheet

Title	Before the Threshold: Deceptive Stability, Buffer Slack, and Earth System Transitions
Author	Gabriel DuPree
Affiliation	Independent Researcher
Email	gabrieldupree@gmail.com

Preprint status statement

This manuscript is a non-peer-reviewed preprint submitted to EarthArXiv.

ORCID URL:

<https://orcid.org/0000-0002-3084-4728>

Mastodon handle:

@gabrieldupree@mastodon.social

Prepared to satisfy EarthArXiv cover-page requirements.

Before the Threshold

Deceptive Stability, Buffer Slack, and Earth System Transitions

Gabriel DuPree

Independent Researcher, United States

Correspondence: gabrieldupree@gmail.com

ORCID: 0000-0002-3084-4728

Suggested citation:

DuPree, G. (2026). Before the Threshold: Deceptive Stability, Buffer Slack, and Earth System Transitions.

Abstract

Earth history includes episodes in which biological or geophysical processes generate persistent byproduct loads whose early effects are partially masked by environmental sinks and buffering pathways. This paper synthesizes established literatures on Earth system revolutions, redox transitions, mass extinctions, and Anthropocene change into an explicit phase grammar termed Buffered Byproduct Regime Shift (BBRS). BBRS frames transitions as sequences: (A) emergence or amplification of a persistent load, (B) buffered accumulation during a Deceptive Stability Interval, (C) sink strain and declining buffer slack, (D) threshold crossing and rapid background-state reorganization, (E) selective mortality among specialists of the prior regime, and (F) reorganization and radiation under the new baseline. The framework thus includes both a destructive half, centered on buffered disequilibrium, slack depletion, threshold crossing, and selective mortality, and a generative half, centered on reorganization and the expansion of pre-adapted strategies under the new baseline. BBRS does not propose a new physical mechanism. Its contribution is comparative: it treats buffer slack as a variable for cross-case analysis and the interval of apparent stability as something to be examined directly rather than left as interpretive background. The framework distinguishes gradual saturation and threshold-collapse buffer failures, introduces graded case membership (canonical, compound, candidate, application), and includes a negative-control discriminator using the K-Pg event. The Great Oxidation Event is treated as canonical, the end-Permian as a compound case, the Ediacaran–Cambrian transition as a hypothesis program, the PETM as a rate-sensitive comparator, and the Anthropocene as an ongoing application. In the Anthropocene application, the framework shifts diagnosis from tracking state change alone to assessing the remaining slack of buffering structures whose apparent persistence may mask declining intervention capacity. More broadly, BBRS changes what counts as evidence before threshold crossing: false negatives become expected products of a still-functioning buffer, and the pre-threshold interval becomes part of the event's causal architecture rather than passive background. The paper argues that slack loss may be structurally hidden, appearing first as spatial patchiness, source/sink divergence, proxy dropout, or archive degradation before familiar observables respond. It closes by raising the Anthropocene problem of whether a system that produces its own destabilizing load can recognize and respond to declining buffer slack before the effective intervention window closes.

Keywords: Earth system transitions; Great Oxidation Event; end-Permian extinction; Anthropocene; buffer slack; critical transitions; sink-mediated lag; Deceptive Stability Interval; byproduct accumulation; intervention window; hyperthermals

1. Introduction

1.1 Context in Prior Literature

Comparative Earth system science has long treated major transitions as coupled reorganizations of energy capture, material cycling, feedback structure, and ecological architecture.¹ Lenton, Pichler, and Weisz (2016) describe deep-time innovations and human industrialization as revolutions in energy input and material cycling, emphasizing that long-run stability depends on the re-closure of disrupted cycles. That framing coheres with redox-based interpretations of Earth history that treat major oxygenation episodes as balances among sources, sinks, feedbacks, and reservoir coupling.

The Great Oxidation Event (GOE) is the canonical redox example. The rise of atmospheric oxygen is routinely interpreted as a source–sink problem in which oxygenic production, reductant sinks, and burial/oxidation feedbacks jointly govern redox state (Lyons, Reinhard, and Planavsky, 2014; Holland, 2006; Canfield, 2005). In this literature, the long delay between inferred oxygenic photosynthesis and sustained atmospheric oxygenation is not paradoxical; it is a sink-mediated lag. In such cases, buffering can maintain an apparently ordinary world across spans so long that the underlying disequilibrium is not merely hard to detect but difficult for organisms, institutions, and even retrospective intuition to scale correctly.

Mass-extinction literatures provide a second set of related cases in which persistent forcing and feedbacks reorganize background constraints. The end-Permian crisis (~252 Ma) is widely interpreted as a coupled volcanogenic forcing and climate–ocean–biosphere collapse involving warming, stratification, acidification, oxygen loss, and cascading ecosystem failure. Erwin (2006) and Wignall (2015) emphasize multi-causal kill webs rather than monocausal toxicity narratives while still recognizing that altered ocean redox structure and circulation are central to both extinction intensity and recovery duration.

The Ediacaran–Cambrian transition is a more contested locus where environmental constraints, ecological escalation, and evolutionary innovation intersect. Knoll (2003) stresses causal pluralism; substrate revolution, redox heterogeneity, predation, and ecosystem engineering all matter. That very ambiguity makes the interval a useful stress test for any comparative framework: a serious framework must be able to include such cases without overstating confidence.

Finally, the modern Anthropocene is assessed in official syntheses, most importantly IPCC AR6 Working Group I (2021), which emphasizes observationally constrained warming, ocean heat uptake, carbon-cycle partitioning, ocean acidification, and risks of nonlinear responses in certain subsystems. The tipping elements framing (Lenton et al., 2008) and the broader critical transition literature (Scheffer et al., 2001; Scheffer et al., 2009; Dakos et al., 2012) supply language for threshold behavior, hysteresis, resilience loss, and early-warning structure under sustained forcing.

1.2 The Gap BBRs Targets

These literatures already contain the main pieces: sustained forcing, sinks, buffers, and regime change. What they do not yet provide is a clean way to compare such cases without either drifting into loose analogy or pretending they are the same kind of event. The framework proposed here tries to hold that tension: structured enough to generate testable expectations, but not so rigid that heterogeneous events are forced into false equivalence.

1.3 What is Established Prior Art Versus Synthesis-level Novelty

The framework proposed here is built from well-established ingredients. Earth system transitions have long been described in terms of reorganized energy capture, material cycling, sink structure, and feedbacks; the GOE is already understood as a source–sink redox problem; the end-Permian as a coupled crisis with interacting kill mechanisms; and Anthropocene change as a case of partitioned sinks, inertia, and possible nonlinear subsystem responses. None of that is claimed as new here; the argument is about how those pieces fit together across cases. BBRs elevates buffer slack as a variable for cross-

1. Vernadsky (1926) argued that the biosphere functions as a geological force in its own right, that living matter, through its metabolic outputs, engineers planetary redox and material cycling at civilizational and deep-time scales.

case comparison, gives explicit phase form to the interval in which buffering preserves apparent stability while its remaining capacity declines, and uses graded membership plus a negative-control comparison to distinguish stronger from weaker cases.

The central move is an interpretive inversion. BBRS does not ask only whether a system is approaching a threshold; it asks when buffering makes the system appear farther from the threshold than it is. Strain may accumulate first as declining slack rather than as visible change in the state of the system. Apparent stability isn't neutral background information. It is a possible system output: a filtered residual produced by sinks, buffers, and reservoirs that may be losing the very capacity that makes the system look stable.

1.4 Relation to Tipping Element and Critical Transition Frameworks

BBRS overlaps with tipping element and critical transition literatures in its concern with nonlinear change, hysteresis, and threshold behavior (Scheffer et al., 2009; Dakos et al., 2012). Critical transition work has long shown that large state changes may be preceded by little visible movement in the state variable itself (Lenton et al., 2008; Scheffer et al., 2009). BBRS accepts that general insight but asks a narrower question: what if the apparent calm is being produced by the continued expenditure of specific sinks and buffers that temporarily absorb the load, rather than by generic resilience loss alone?

Buffering architecture does more than delay the transition. It shapes warning structure, the duration of deceptive persistence, and whether threshold approach appears as smooth deterioration, patchiness, or abrupt structural failure. Its distinct emphasis, however, is not threshold mathematics alone but the comparative role of sink-mediated lag, buffer slack depletion, the Deceptive Stability Interval, and graded case membership across heterogeneous Earth system transitions. BBRS therefore doesn't replace tipping element or critical transition frameworks; it specifies a narrower class of transitions in which buffering architecture is itself the central comparative object.

What BBRS contributes is a more exact way of comparing these transitions. It asks when lagged stability should be read as a sign of remaining compatibility and when it should be read as the expenditure of hidden slack. It also makes the buffering architecture itself central to comparison, rather than treating threshold behavior alone as the decisive point of similarity.

The comparable object is the relation among source, buffer, observable residual, threshold behavior, and successor regime; not the transition alone, or the forcing alone. That relation allows heterogeneous cases to be compared without reducing them to a single mechanism or treating resemblance as equivalence.

2. Framework and methods

2.1 Conceptual Definition of BBRS

A Buffered Byproduct Regime Shift (BBRS) is a transition class characterized by a persistent byproduct load that accumulates under sink/buffer mediation and reorganizes the system nonlinearly once buffering slack is sufficiently depleted.

A functional definition uses four minimum conditions: persistent net load; independent sink/buffer mediation; slack depletion; and thresholded reorganization with ecological selectivity. The framework is thus broader than a single kill mechanism but narrower than a generic claim that "systems can tip."

- Persistent net load: a byproduct load accumulates due to sustained forcing such that $(F - R) > 0$ over the relevant interval.
- Sink/buffer mediation: sinks and buffers absorb enough net load to delay or mask baseline shift, producing a lag interval.
- Slack depletion: buffering effectiveness declines measurably or structurally; Σ approaches zero.
- Thresholded reorganization: baseline chemistry, circulation, or habitat partition shifts nonlinearly, with possible hysteresis.

2.2 Six-phase Grammar

BBRS is expressed as a six-phase grammar:

1. Phase A — Flux emergence or amplification: persistent increase in an environmentally consequential load input.
2. Phase B — Buffered accumulation / Deceptive Stability Interval: sinks and buffers absorb net load, creating apparent stability while consuming slack.
3. Phase C — Sink strain and slack depletion: buffering effectiveness declines and susceptibility rises.
4. Phase D — Threshold crossing and rapid background shift: baseline chemistry, circulation, or habitability partition reorganizes.
5. Phase E — Selective mortality and functional rewrite: specialists of the prior regime are disproportionately harmed; ecosystem constraints are rewritten.
6. Phase F — Reorganization and radiation under the new baseline: survivors or pre-adapted marginal strategies expand under new background constraints.

In practice, slack depletion may first appear as spatial fragmentation of buffering rather than as globally uniform decline, so localized failures can form the bridge between Phase C sink strain and Phase D threshold crossing.

Calling Phase B the Deceptive Stability Interval keeps a central risk in view: apparent stability can be produced by the very buffering structures whose remaining slack is shrinking.

Figure 1. BBRS phase grammar, with the Deceptive Stability Interval and the split between destructive and generative phases.

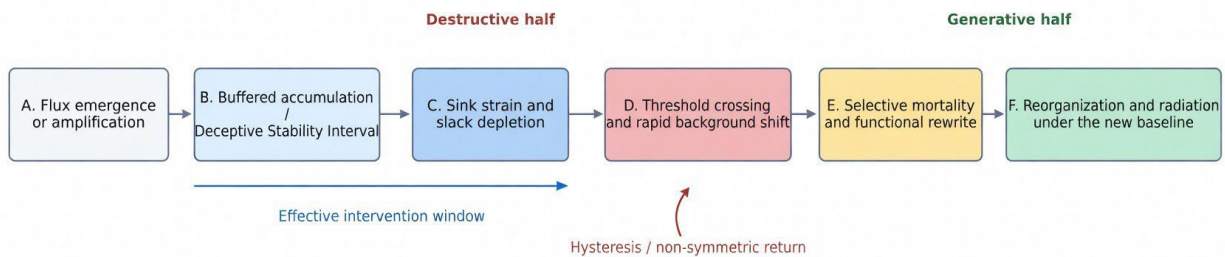


Figure 1. BBRS phase grammar, showing the Deceptive Stability Interval, the split between destructive and generative halves, and the effective intervention window before threshold crossing.

2.2.1 Why Deceptive Stability Is Structurally Produced

The Deceptive Stability Interval is usually described as an interpretive hazard: buffered calm gets mistaken for safety. But the problem is not only interpretive. It's also a consequence of how buffering works.

A buffer does not merely delay the environmental consequence of loading. It can translate accumulating load preferentially into reservoir depletion rather than into strong ambient change in the medium that organisms, ecosystems, or institutions directly experience. Where this translation is effective, the instability is real but located within the buffer reservoir (unobserved residual capacity, or dark slack), a geochemical domain outside the signal environment against which selection, adaptation, and institutional response are calibrated. Apparent stability is exactly what a functioning buffer should produce, which is also what makes it unreliable as a safety signal.

The relationship between Phase B and Phase E is sharper than the standard framing makes explicit. Selection operating during Phase B may continue to favor success under a baseline whose persistence

depends on ongoing buffer expenditure. Specialists of the prior regime were shaped by successful adaptation to a filtered baseline whose stability depended on buffering structures already under depletion. Phase E selective mortality becomes the delayed cost of adaptation calibrated against conditions that buffer expenditure was making progressively less representative of the underlying trajectory, rather than just an external pruning event. The timescales involved deserve emphasis. The Deceptive Stability Interval of the Great Oxidation Event lasted on the order of 200 million years: a span so large it resists intuitive grasp. Consider that if Earth's entire 4.5-billion-year history were compressed into a single calendar year, the interval between the first oxygen-producing bacteria and atmospheric oxygenation would occupy roughly sixteen days. Normal human cognition has no scaffold for this. Yet the mechanism operating across that interval was not exotic: bacteria photosynthesized, reductants reacted, sinks depleted, grain by grain, reaction by reaction, with nothing dramatic visible at any moment. The math of deep time is the framework's silent engine. A process operating at one meter of net change per ten thousand years accumulates twenty-five kilometers of consequence per 250 million years. It is precisely this quality, that nothing alarming is happening at any given moment while everything is changing across the relevant interval, that makes the Deceptive Stability Interval something more than a descriptive label. It is a structural feature of how slow processes and finite buffers interact across time, and it operates whether or not any observer is present to misread the calm.

This connection runs through to Phase F. Forms that were marginal under prior-regime conditions, including those inhabiting buffer-edge zones or engaging more directly with the byproduct medium, were subject to less complete signal filtering during Phase B. So their pre-adaptation to post-transition conditions is consistent with having been selected against a baseline less insulated from the byproduct load the transition eventually makes ambient. The generative and destructive halves of BBRS aren't structurally independent; they share a common origin in the signal-filtering properties of buffering architecture during Phase B.

2.3 Destructive and Generative Halves

BBRS integrates two halves that are often discussed separately. The destructive half (B→E) tracks buffered disequilibrium, slack depletion, threshold crossing, and selective mortality. The generative half (E→F) tracks the release of ecological opportunity and the expansion of strategies that were previously marginal or suppressed under the prior regime.

Successor regimes often do not wait for wholly new exploiters to appear after transition. As Section 2.2.1 suggests, pre-adapted forms may already exist at low abundance, and transition may simply remove the competitive conditions that kept them marginal. The framework therefore links collapse to successor dominance rather than treating them as separate problems.

Phase F shouldn't be read as ordinary recovery after damage; it marks the moment when traits, metabolisms, life habits, or institutional forms that were previously marginal become newly compatible with the altered background medium. The transition doesn't necessarily invent the successor regime from nothing; it can expose the prior regime's hidden selectivity by revealing which forms were already less dependent on the buffered baseline that has just failed.

2.4 Regime Succession by Residue versus Niche Colonization of Residue

BBRS does not treat every instance of waste use as equivalent. It distinguishes local niche colonization of residue from cases in which residue helps reorganize the background medium itself.

Form	Definition	Scale	Reorganizes background regime?
Niche colonization of residue	Local exploitation of a waste stream within a larger stable regime.	Local / guild	No
Regime succession by residue	Residue accumulates until it helps constitute the new background medium and broad constraints.	Ecosystem to planetary	Yes

Table 1. Distinction between niche colonization of residue and regime succession by residue.

The point is to reserve BBRS for cases in which accumulated byproducts help reshape broad ecological or geochemical constraints, rather than just opening a local niche within an otherwise stable regime.

2.5 Buffer Failure Modes

BBRS distinguishes two buffer failure modes that affect warning structure and intervention prospects. Type I buffers decline through comparatively continuous exhaustion of absorptive or neutralizing capacity. The governing structure is closer to cumulative consumption or asymptotic weakening of an existing buffer. In Earth system terms, this resembles progressive sink degradation or finite chemical buffering being consumed over time.

Type II buffers depend on the persistence of a structural or metastable regime, so that failure occurs not mainly through smooth exhaustion but through reorganization of the buffering subsystem itself. This resembles circulation, stratification, habitat architecture, or other state-dependent structures that continue to buffer load until a threshold is crossed, after which buffering deteriorates rapidly. The distinction is between capacity exhaustion and buffer-structure reorganization.

2.5.1 Reactive and Indirect Byproduct-Buffer Interactions as a Cross-Cutting Modifier

Buffer failure mode is one axis of comparison. Another concerns how the byproduct interacts with the buffer itself. In some cases, the chemistry of buffering also consumes the buffer; in others, degradation is more indirect and proceeds through structural or state-dependent pathways. This second distinction cuts across Type I and Type II rather than replacing them, but it helps explain why Phase C does not take the same form across cases.

Direct interaction between byproduct and buffer changes the pace of deterioration. Oxygen consumes the reductant sinks buffering it. CO₂ works against carbonate buffering through the same chemistry that absorbs it. Under sustained forcing, those cases can steepen as buffering weakens, even without any increase in source strength. By contrast, more indirect pathways, e.g. thermal loading affecting circulation, tend to look flatter until structural change takes over.

This cross-cutting modifier may help explain why superficially similar loading histories produce different Phase C geometries across cases. In the Anthropocene, carbonate buffering involves direct reactive interaction while ocean heat uptake and cryosphere-albedo feedbacks involve more structurally indirect degradation pathways. Recognizing which subsystem belongs to which category bears on how Phase C trajectories and monitoring signals should be expected to differ across them and adds mechanistic texture to the coupled-buffer picture developed in Section 5.3.

Buffers need not be purely passive reservoirs; in some cases, Earth system or biospheric processes can partially reinforce or regenerate buffering, so that BBRS depends not only on finite capacity but on whether byproduct loading outpaces buffer reinforcement. In such cases, the Deceptive Stability Interval may reflect not only passive buffer drawdown but active buffering upregulation, which can temporarily slow slack decline and alter the shape of $\Sigma(t)$ and the structure of early-warning signals. More generally, BBRS depends not only on cumulative net load but on the relation between forcing timescale and buffer

replenishment or recovery timescale. A given cumulative load may remain bufferable when forcing is slow relative to replenishment, but can drive thresholded reorganization when forcing is rapid relative to the system’s capacity to restore or redistribute buffering.

Active reinforcement also helps explain why Phase B lasts so much longer in some cases than in others. Where biological or ecological processes reinforce buffering, through organic burial, mat persistence, ecosystem processing, or living-system uptake, the interval of apparent stability can last much longer than passive reservoir depletion alone would suggest (Canfield, 2005; Lyons, Reinhard, and Planavsky, 2014; Seilacher, 1999; Buatois et al., 2014; IPCC, 2021; Friedlingstein et al., 2023). Where those same processes weaken or reverse, Phase B can shorten quickly, sometimes faster than aggregate flux accounting implies. In the τ_F / τ_R terms introduced here, active reinforcement effectively shortens the recovery timescale of buffering relative to passive replenishment alone; when that reinforcement weakens or fails, the timescale lengthens, and Phase C can steepen even without a proportional rise in source flux (IPCC, 2021; Friedlingstein et al., 2023).

Some buffers are biosphere-mediated in a more literal sense. Forests, wetlands, soils, planktonic systems, and other living assemblages can store, transform, or redirect environmentally consequential loads for long periods while accumulating stress of their own. Forest dieback, for example, can mean more than ecological damage; it can remove carbon storage and moisture-recycling capacity at the same time. Coral-reef collapse and mass bleaching likewise mark the loss of living structures that had stabilized local chemical and ecological conditions. Changes of that kind are not just downstream effects of stress. They can also accelerate Phase C by weakening removal capacity and turning stabilizing systems into amplifiers of subsequent change (IPCC, 2021; Friedlingstein et al., 2023).

In cases where buffering is actively upregulated during Phase B, early-warning structure may be delayed, damped, or temporarily stabilizing rather than monotonically destabilizing. Apparent persistence can then reflect compensatory reinforcement as well as passive reserve drawdown. On this reading, BBRS occurs when byproduct loading ultimately outpaces the rate at which buffering can be generated, reinforced, or redistributed, such that stabilizing signals give way to renewed slack decline.

This typology connects BBRS to tipping element and critical transition thinking without collapsing the two. Standard early-warning expectations may be reshaped by buffering structure itself: some systems may show familiar resilience-loss signals, whereas others may defer, damp, or spatially fragment those signals while slack is still being spent. The framework’s distinctiveness lies in treating buffers as the comparative object whose failure mode shapes the temporal geometry of regime shift and intervention-window closure. The practical implication is that BBRS depends not only on how much load accumulates, but on whether the pace of forcing outstrips the pace at which buffering can recover, regenerate, or redistribute (Scheffer et al., 2009; Dakos et al., 2012).

Figure 2. Stylized buffer-failure modes and the timing structure of intervention-window closure.

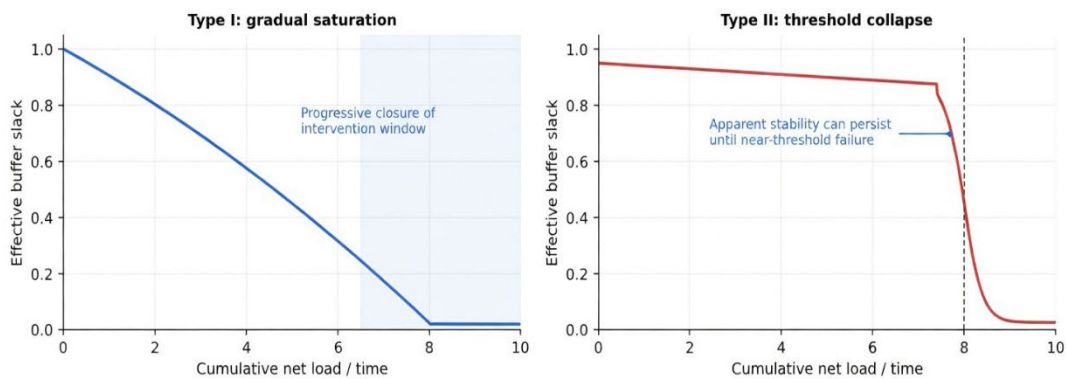


Figure 2. Stylized buffer-failure modes. Type I buffers show progressive saturation and more gradual closure of the intervention window; Type II buffers can preserve apparent stability until abrupt reorganization risk rises sharply.

2.6 Methods and Graded Membership

The paper traces a recurring topology across established literatures and then asks how far it travels across cases with different evidentiary status. The issue isn't whether the cases are ultimately the same kind of event; it's whether a common grammar clarifies comparison better than loose analogy does.

The case labels are methodological rather than taxonomic. The GOE is treated as canonical because the lag structure and thresholded reorganization are comparatively direct. The end-Permian is treated as compound because several interacting stressors appear to realize the topology together. The Ediacaran–Cambrian interval is used as a candidate case to generate discriminative expectations without claiming settled membership. The Anthropocene is treated as an application in which partitioning is observed directly but trajectories remain contingent. Proxy ambiguity, uneven temporal resolution, and reflexivity, especially in the Anthropocene, remain substantial constraints. BBRs is offered as an interpretive scaffold and test program, not as a universal explanation for abrupt change.

3. Empirical Signatures and Discrimination

The point of this section is simple: BBRs should exclude some abrupt transitions. The signatures below show what a positive case should look like, and the K-Pg comparison helps show what should count against classification.

3.1 Empirical Signature Checklist

Signature family	BBRS expectation	Typical evidence types	Primary inferential risk
Persistent net accumulation	Sustained $(F - R) > 0$ over the relevant interval.	Reservoir trends, flux proxies, partitioning budgets.	Flux often inferred indirectly in deep time.
Sink / buffer mediation	Independent sinks or buffers absorb load during the lag interval.	Sink deposits, redox buffers, ocean heat/ carbon uptake, carbonate-state trends.	Multiple sinks can mimic each other.
Slack depletion	Buffer proxies indicate declining buffering effectiveness or structural weakening.	Sink efficiency shifts, circulation/ventilation indicators, chemical capacity measures.	Proxy resolution may be insufficient.
Threshold indicators	Comparatively step-like shift in baseline chemistry, circulation, or habitability.	Abrupt proxy transitions, facies change, diagnostic isotope or redox signal shifts.	Apparent abruptness can be a stratigraphic artifact.
Selective mortality	Specialists of the prior regime are disproportionately harmed.	Trait-linked selectivity, habitat partition change, extinction structure.	Sampling, geography, and trait uncertainty confound inference.
Release / radiation	Expansion of forms suited to the reorganized baseline.	Post-crisis radiations, opportunist dominance, ecological restructuring.	Radiation can be delayed by persistent stress.
Hysteresis potential	Recovery path differs from departure path.	Persistent altered states, slow recovery, state dependence.	Delayed recovery can have multiple causes.

Table 2. Empirical signature checklist for BBRs membership.

3.2 Negative-control Discrimination

Abrupt change alone is not enough for BBRs. The framework is meant for cases in which sustained

load accumulates, buffering delays full reorganization, and slack is consumed before threshold crossing. Shock-dominated events can produce severe transition without that sequence, which is why a negative control is necessary here.

This exclusionary function is what makes the framework portable without becoming indiscriminate. A useful synthesis gains power by specifying which tempting examples should be rejected, rather than gathering more examples under a larger label. K-Pg is included for that reason: it resembles BBRS cases in consequence, but not necessarily in causal topology.

Feature	BBRS-consistent expectation	Shock-dominated negative control (K-Pg exemplar)
Dominant pre-transition driver	Sustained flux or load accumulation.	Acute exogenous shock dominates.
Deceptive Stability Interval	Present and meaningful.	Absent or negligible.
Independent sink-mediated lag	Required.	Not required.
Slack depletion before transition	Central diagnostic.	Not central.
Threshold marker	Often present as a reorganization point.	Present, but tied to shock arrival.
Main lethality structure	Baseline shift plus stress cascade.	Shock effects dominate.
Recovery shaping	Strongly structured by the altered baseline medium.	Recovery structured chiefly by post-shock conditions.

Table 3. Negative-control discriminator using the K-Pg event.

The K-Pg comparison is included to sharpen the boundary of the framework. If an event lacks a meaningful pre-transition interval in which sustained net load is being absorbed by sinks and buffers while their remaining slack declines, it should tend to fall outside BBRS.

BBRS isn't proposed as a general theory of all abrupt transitions. Events dominated by acute exogenous shocks without a substantial sink-mediated lag should fail BBRS tests. Conversely, BBRS is most applicable where regime change is plausibly tied to cumulative forcing plus buffering architecture, not solely to instantaneous shocks.

4. Case Studies

The framework is applied here to four principal cases: the GOE, the end-Permian crisis, the Ediacaran–Cambrian transition, and the Anthropocene. They do not carry the same evidentiary status. The GOE is the strongest canonical case, the end-Permian is treated as compound, the Ediacaran–Cambrian interval is used as a hypothesis program, and the Anthropocene is treated as an ongoing application. Table 4 also includes the PETM as a rate-sensitive comparator. More detailed operationalization and phase-mapping tables are left to the appendices.

Case	Membership	Dominant load / flux	Dominant sinks / buffers	Lag character	Threshold indicators	Dominant kill mechanisms	Phase F character
Great Oxidation Event	Canonical	Biological O ₂ production plus burial feedbacks	Reductant sinks and redox buffering networks	Long sink-mediated lag	Major atmospheric /redox proxy transitions, including loss of large sulfur MIF signals (Farquhar et al., 2000)	O ₂ toxicity to obligate anaerobes and habitat repartition	Expansion of O ₂ -tolerant and later O ₂ -using metabolisms; successor regime specifically exploits the new redox medium
End-Permian crisis	Compound	Volcanogenic Forcing plus cascading redox stress	Carbonate buffering; ventilation/circulation capacity	Deceptive stability followed by accelerating slack loss	Sharp biodiversity collapse aligned with carbon-cycle and redox disruption	Multi-stressor kill web: heat, acidification, hypoxia/anoxia, ecosystem cascade	Recovery dominated by flexible, opportunistic, and generalist survivors rather than a single new energetic substrate
Ediacaran–Cambrian transition	Candidate	Ecological engineering plus redox/habitat feedbacks	Sediment microenvironment buffering and substrate regime	Patchy and basin-dependent	Substrate/habitat reorganization and turnover	Habitat disruption plus ecological escalation	Candidate shift Toward mobility, interaction, and engineering strategies if the topology applies
Paleocene–Eocene Thermal Maximum (PETM)	Rate-sensitivity candidate	Rapid carbon injection	Carbonate buffering and ocean circulation	Comparator for forcing-pace versus buffer-recovery mismatch	Carbonate-buffer stress and climate–ocean reorganization (McInerney & Wing, 2011; Zeebe et al., 2016)	Not mapped here as a canonical BBRS kill web	Full membership unresolved; included as a rate analogue rather than a co-equal mapped pillar
Anthropocene carbon era	Application	CO ₂ emissions and land-use forcing	Ocean heat uptake, carbonate chemistry, land/ocean uptake, circulation structures	Clear inertia with measurable buffering	Observed trends plus assessed tipping risks	Ongoing ecosystem disruption, extremes, ocean stressors	Indeterminate and ongoing; candidate successor traits include resilience under altered thermal, chemical, and disturbance regimes

Table 4. Comparative case table. The added Phase F column restores explicit treatment of the generative half of BBRS.

“Phase F character” is included to prevent BBRS from being read purely as a collapse framework. It specifies the structure of successor dominance and the extent to which pre-adaptation is identifiable before or during transition.

4.1 Great Oxidation Event (canonical)

The Great Oxidation Event (~2.45–2.32 Ga) serves as the canonical case because the lag between inferred oxygenic photosynthesis and sustained atmospheric oxygenation is comparatively direct evidence of sink-mediated delay rather than a contested inference from ambiguous proxies. Oxygenic photosynthesis is inferred to have emerged earlier, but atmospheric oxygenation was delayed by sinks and reservoir coupling. The core empirical fact is that oxygen could be produced for a long interval without immediately reorganizing the atmosphere because reductant sinks and redox buffers dominated the budget.

That long pre-GOE interval is interpretable as a Deceptive Stability Interval: oxygenic production was already altering the system, yet the atmospheric baseline remained superficially stable because buffering structure still had slack. Convergence among proxy families, most notably the disappearance of strong sulfur mass-independent fractionation signals, marks the thresholded background shift that justifies canonical status. The sulfur MIF signal is one of the clearest threshold markers for major atmospheric redox reorganization, following the foundational interpretation of Farquhar, Bao, and Thiemens (2000).

The generative half matters here. The successor regime is not random survival; it is specifically the expansion of oxygen-tolerant and eventually oxygen-using metabolisms. The new baseline is not merely tolerated. It becomes energetically constitutive of the successor regime.

4.2 End-Permian Crisis (compound)

The end-Permian extinction (~252 Ma) is the framework’s most important compound case because several interacting stressors jointly consume slack and reorganize the system rather than simply one byproduct becoming the new background medium. Siberian Traps forcing increased greenhouse load and contributed to warming, stratification, acidification, oxygen loss, and ecosystem collapse. These stresses interacted through a coupled kill web rather than a monocausal pathway.

BBRS remains useful here because the core logic is preserved: sustained forcing, partial masking by carbonate chemistry and circulation structure, loss of buffering slack, and threshold-like ecological and geochemical reorganization. The case is especially important for the framework because it shows that BBRS need not mean “one waste product takes over”; it can also apply to multiply realized byproduct crises in which several coupled loads jointly consume slack.

The characterization of end-Permian buffering as Type II should be treated as heuristic and qualitative rather than definitive. Basin-scale heterogeneity in proxy patterns remains substantial, so the claim is that structural circulation and redox buffers plausibly behaved in threshold-collapse fashion in at least part of the system; not that every basin or interval did so in the same way.

Phase F here is not the arrival of one new dominant energetic substrate analogous to oxygen. Instead, the successor regime is characterized by ecological release of flexible, opportunistic, and generalist survivors under altered baseline constraints.

4.3 Ediacaran–Cambrian Transition as BBRS Hypothesis Program

The Ediacaran–Cambrian interval matters here precisely because its causal structure remains disputed. Rather than treating it as a co-equal pillar, the paper uses it as a hypothesis program. This preserves its value as a stress test without pretending that BBRS membership is already established.

What matters here is whether the transition exhibits the signatures expected if a buffered habitat or micro-redox regime were progressively destabilized before larger-scale ecological reorganization.

This hypothesis-program framing sits alongside classic work on biomat-related lifestyles and the

substrate revolution (Seilacher, 1999; Bottjer, Hagadorn, and Dornbos, 2000), as well as later demonstrations that matground ecology persisted into the earliest Cambrian (Buatois et al., 2014).

BBRS component	Predicted BBRS pattern	Empirical target
Deceptive Stability Interval	Evidence of progressive destabilization of matground-sustaining redox microgradients before full dominance of bioturbation or substrate reorganization.	Geochemical indicators of weakening microenvironmental redox structuring prior to major ichnological/substrate transition.
Slack depletion	Progressive disruption of stabilizing habitat or buffer structures before major turnover.	Timing and expansion of bioturbation/ substrate-revolution markers.
Threshold indicators	Relatively sharp habitat-partition reorganization aligned with biotic turnover.	Synchronization of matground-to-mixground transition with turnover pulses.
Selective mortality	Disproportionate loss of taxa dependent on prior substrate or microenvironment structure.	Trait-linked turnover patterns and habitat associations.
Release / radiation	Expansion of mobile, ecologically interactive, or engineering strategies after habitat reorganization.	Changes in community structure and ecological interaction indicators.
Buffer failure mode	Type II behavior is more likely if habitat structure is metastable rather than gradually saturating.	Evidence of abrupt substrate-regime change rather than only smooth drift.

Table 5. Ediacaran–Cambrian as a BBRS hypothesis program rather than a settled mapping.

The progressive-destabilization prediction is the most discriminative BBRS-specific test in this table. Matground persistence by itself does not distinguish BBRS from other substrate-revolution accounts. The stronger claim is that one should find evidence of weakening microenvironmental redox structuring before full substrate revolution becomes dominant.

4.4 Anthropocene Application

The Anthropocene differs from pre-human cases because the producing system is reflexive. Emissions, carbon-cycle partitioning, ocean heat uptake, and some candidate nonlinear subsystem risks are directly observed rather than inferred solely from deep-time proxies. BBRS functions here as a leverage and timing framework rather than a deterministic forecast. More specifically, the producing system can observe changes in E, infer changes in Σ , and alter F, R, and in some cases B through coordinated intervention. Reflexivity thus introduces a feedback from system observation back into load generation and buffering preservation, even though BBRS does not model that feedback quantitatively here. Observation of slack loss can itself become a causal factor in whether the transition is slowed, redirected, or merely endured. This is especially important where living systems function as buffers in their own right, since degradation of forests, wetlands, soils, reefs, or marine productivity can turn partial stabilizers into amplifiers of subsequent change. Modern coral reefs may provide a particularly legible Anthropocene example of this living-buffer problem. Reef systems can retain apparent ecological identity while their carbonate-production function is already being rewritten: declining coralgall calcification, increasing bioerosion, altered benthic composition, and reduced net carbonate production may precede or outpace the visible disappearance of reef structure. In BBRS terms, the relevant signal is not only coral cover or bleaching frequency, but whether the reef’s sedimentary and

geochemical function is shifting from a tropical corallal carbonate factory toward lower-accretion, heterozoan, microbial, or non-framework carbonate assemblages under combined acidification, warming, eutrophication, and ecological stress. If detectable in dated reef cores, such a shift would make the Anthropocene application unusually concrete: a living buffer would not merely be damaged; it would begin recording its own transition into the geological archive as a change in carbonate-production mode.

The Anthropocene is a measured case of persistent byproduct loading distributed across coupled buffers. Ocean heat uptake, terrestrial and marine carbon uptake, carbonate chemistry, sea ice, cryosphere state, and circulation structure do not behave as one uniform reserve. They differ in capacity, time constant, and failure mode, and they do not weaken in synchrony. Earlier references to slack are therefore shorthand for a coupled architecture, not a claim that the contemporary Earth system is governed by one homogeneous store of buffering capacity. These structures are linked by transport, circulation, albedo, moisture recycling, carbon-cycle partitioning, and other teleconnections, so strain in one domain can shift burden to another. A subsystem that first appears regional or sectoral may narrow intervention capacity elsewhere by redistributing stress through the larger buffering architecture, allowing slack loss to propagate through the system rather than remain locally bounded (Liu et al., 2023).

Unlike the deep-time cases, Anthropocene Phase A is not a single isolated flux but a synchronized acceleration generated by a reflexive socio-economic system: energy use, land transformation, fertilizer production, greenhouse-gas emissions, and material throughput rose together during the Great Acceleration. This synchrony imposed a coupled demand pulse on distributed Earth system buffers whose capacities, thresholds, and recovery times remain asynchronous; apparent continuity in headline observables can therefore coexist with uneven hidden slack loss across the underlying Earth-system architecture.

Figure 3 schematizes how synchronized human forcing can impose a coupled load on Earth system buffers whose capacities, thresholds, and recovery times remain distributed and asynchronous.

Figure 3. Great Acceleration synchrony as Anthropocene Phase A forcing topology

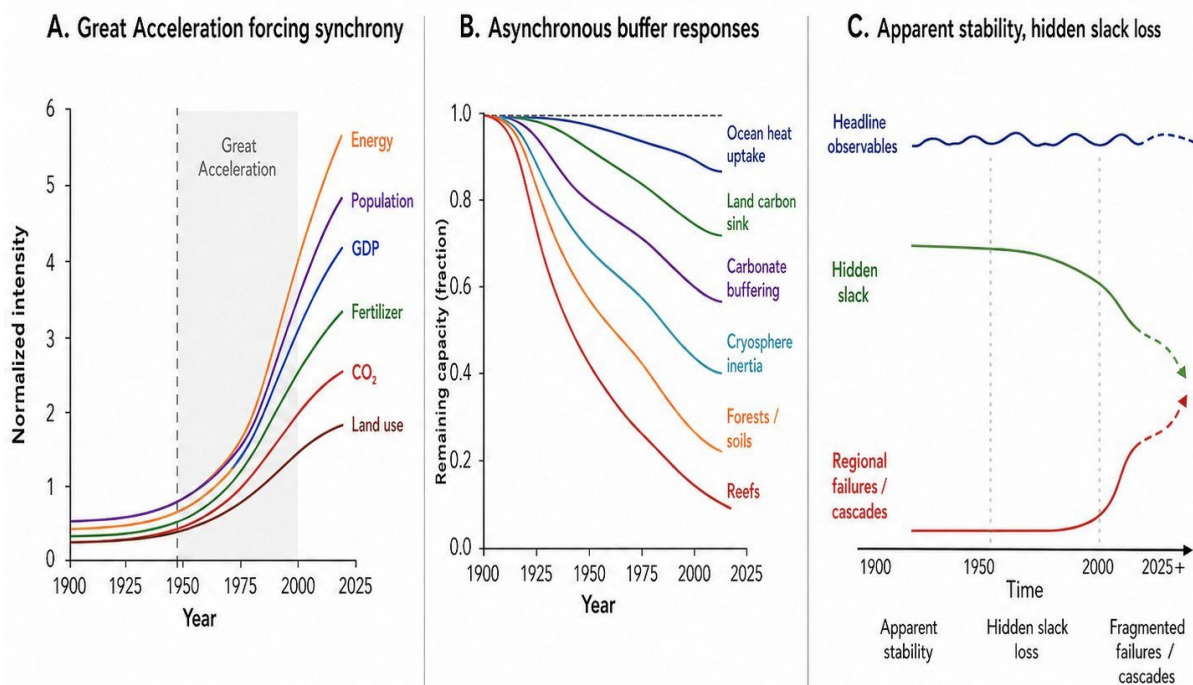


Figure 3. Great Acceleration synchrony as Anthropocene Phase A forcing topology.

What BBRS adds here is not the observation that contemporary societies monitor buffers, sinks, or threshold risks; that is already well established. The sharper point is interpretive and structural.

Monitoring is often organized around subsystem-specific indicators or visible state change, whereas a coupled buffering architecture can continue to produce an apparently governable world precisely by absorbing load into declining slack. Continued sink uptake, heat absorption, or regional persistence may therefore be read as partial safety even when they are functioning instead as mechanisms of reservoir depletion, stress redistribution, and narrowing intervention capacity elsewhere in the system. In this sense, the central diagnostic question is not only whether change is being observed, but whether observed persistence is being correctly interpreted: not as reassurance by default, but as a possible output of buffering structures whose residual stabilizing capacity is being spent. Functioning buffers can still project calm. That projection should not be treated as reassurance by default; it may be the signature of remaining stabilizing capacity being spent.

4.5 Effective Intervention Window

For the Anthropocene, the practical issue is timing. The effective intervention window is the period during which reductions in F, protection or enhancement of R, and reinforcement of B can still avert threshold crossing or materially lessen reorganization. It depends on observed disruption, remaining slack, subsystem reversibility, and the lag between institutional action and biophysical response. In coupled systems that window need not close everywhere at once. It can narrow subsystem by subsystem, so that regional deterioration shortens lead time elsewhere. Slack loss may first appear as spatial fragmentation rather than global decline, and local sink or buffer failure may therefore signal a narrowing window before aggregate indicators fully register reorganization. The coupled-buffer mechanism that can sustain this uneven approach to closure is taken up more explicitly in Section 5.3.1.

In practical terms, closure of the effective intervention window is not inferred from one universal metric, but from the convergence of load, lag, and deployability timescales. For Type I buffers, closure is most plausibly tracked through persistent deterioration in buffer-efficiency metrics, such as declining sink uptake efficiency, worsening carbonate saturation state, or rising airborne fraction relative to emissions. For Type II buffers, closure is less likely to appear as smooth exhaustion and more likely to appear as structural instability, for example through circulation-weakening indicators, slowing recovery after perturbation, or assessed approach to subsystem thresholds. The window is effectively closed when committed forcing plus subsystem response lag exceeds the remaining lead time over which available interventions can still prevent threshold crossing or materially reduce post-threshold reorganization.

The Type I / Type II distinction matters directly here. In Type I systems, the effective intervention window tends to close progressively as slack declines; monitoring can therefore track closure with greater continuity. In Type II systems, structural buffering can preserve apparent stability until the system is already near a threshold, such that the decision-to-deployment lag of real institutions may exceed the remaining window for system-preserving intervention.

Buffer class	Illustrative monitoring logic	Window closing signal
Type I (gradual saturation)	Track airborne fraction, weakening land/ocean sink uptake efficiency, declining carbonate saturation state, or heat uptake efficiency	Persistent deterioration in buffer performance indicates progressive closure
Type II (threshold collapse)	Track instability markers: AMOC-weakening indicators, subpolar freshening/density changes, slowing recovery, structural circulation weakening, rising variance/autocorrelation, assessed threshold proximity	Window may close before the full transition is visible; warning comes through resilience loss, not just trend

Table 6. Schematic monitoring logic for identifying closure of the effective intervention window.

This monitoring logic does not claim precise threshold prediction. Rather, it translates the framework into directional diagnostics: in Type I systems the question is whether buffer performance is deteriorating persistently; in Type II systems the question is whether resilience-loss indicators associated with critical transitions, including slowing recovery and rising variance or autocorrelation, are beginning to appear (Scheffer et al., 2009; Wang et al., 2012).

4.5.1 Observable Signals as Buffered Residuals

Observable state variables, i.e. atmospheric CO₂, ocean pH, surface temperature, sea ice extent, do not report total load directly. They register what remains after sinks and buffers have done what they can. As buffering weakens, more of the same forcing becomes visible in the ambient record.

A stable observable can mean at least two different things: either forcing remains compatible with buffering, or buffering is still concealing incompatibility by absorbing damage into reservoirs, structures, or living systems not yet visible in the headline metric. BBRS makes that ambiguity explicit rather than allowing apparent persistence to be mistaken for low risk.

That point changes how acceleration in observed state-variable change should be read. Faster visible change need not mean that forcing has accelerated by the same amount. It can also mean that absorption efficiency is deteriorating, so that a larger share of each unit of forcing now passes through to observable domains instead of being taken up into reservoir depletion. A monitoring scheme that reads accelerating observables only as evidence of intensifying forcing collapses two different dynamics into one: source acceleration and declining buffer performance.

State-variable trends and buffer-performance metrics have to be read together. The key question is what the current rate of observable change implies about remaining slack under weakening absorption. Flux reduction remains essential, but observable change can also accelerate when buffering deteriorates even without a proportional increase in source strength. Monitoring that tracks only the observable cannot separate those pathways or judge intervention timing well.

A useful candidate example is the Atlantic Meridional Overturning Circulation (AMOC). BBRS does not treat AMOC as a proven imminent collapse. It treats it as a plausible Type II-style buffer candidate: a structural circulation regime whose threshold location is uncertain, whose early-warning indicators may be imperfect or ambiguous, and whose reorganization could be difficult to reverse on societally relevant timescales once committed. On this reading, the Anthropocene is not only a byproduct-loading problem but a timing problem: whether reflexive action can occur before the effective intervention window closes across the most consequential coupled subsystems.

4.6 Lever Map without Policy Overreach

The framework is not itself a policy program, but it does clarify which classes of action bear on its central variables:

- Reduce F — reduce emissions and other byproduct fluxes.
- Preserve or enhance R — sustain removal pathways and sink integrity.
- Preserve or enhance B — protect buffering structures and the resilience of key subsystems.
- Account for failure mode — interpret Type I and Type II buffers differently when assessing warning structure and intervention-window closure.

The practical implication is straightforward. Temperature and carbon-budget metrics remain necessary, but they are not enough on their own. They need to be read alongside measures of sink integrity, buffer performance, and the condition of the structures whose apparent persistence can conceal the most consequential deterioration. For risk assessment, the key distinction is between genuine stability and stability purchased by declining buffer slack: records calibrated to headline observables, from stable carbon uptake and persistent reef structure to insurable losses and supply continuity, can understate post-threshold risk and keep decisions tied to a regime already spending down its stabilizing capacity. The failure-mode distinction sharpens this problem. Type I buffer degradation may allow iterative

adjustment as deterioration registers progressively in performance metrics, but Type II failure can preserve apparent structural stability until threshold proximity is already committed. At that point, institutional decision-to-deployment lags may exceed the remaining intervention window, leaving exposures calibrated to the buffered baseline the last to register the timing risk they carry.

5. Discussion

5.1 What BBRs adds to Earth System Theory

BBRS contributes most where buffering architecture, rather than threshold behavior alone, is doing the comparative work. The framework asks readers to compare cases by the presence of sink-mediated lag, the depletion of buffer slack, and the character of the interval in which buffering preserves apparent stability while susceptibility increases. In that respect it differs from more generic tipping or resilience language not by denying threshold dynamics, but by making the buffering structure itself the central object of comparison.

The six-phase grammar gives that comparison more discipline than loose analogy usually allows. It turns resemblance into a set of expectations about lag structure, slack depletion, threshold crossing, selectivity, and successor dominance. The distinction between gradual saturation and threshold-collapse buffer failures then bears directly on warning structure and intervention timing, while the use of negative controls prevents the framework from expanding into a catch-all account of abrupt change.

The Deceptive Stability Interval has a social and perceptual analogue in what Pauly (1995) termed shifting baseline syndrome: the tendency of each generation to calibrate normalcy against the conditions it first encounters, such that gradual deterioration becomes invisible across generational timescales. BBRs suggests that this perceptual dynamic has a physical substrate: buffering structures actively produce the stable signal against which organisms, ecosystems, and institutions are calibrated. The shifting baseline is not merely a failure of memory or attention. It is in part a consequence of how buffering works.

5.2 Limits

Conceptual frameworks risk becoming too elastic. BBRs responds by requiring a specific signature combination: persistent net load, sink-mediated lag, slack depletion, and thresholded reorganization. The negative-control comparison with K-Pg is meant to show explicitly what the framework should exclude.

The end-Permian remains heterogeneous in proxy expression. BBRs treats it as compound and carries forward an explicit caveat: the Type II characterization of circulation or redox buffering is suggestive, not definitive, because basin-scale heterogeneity remains substantial.

The Ediacaran–Cambrian interval remains plural and contested. The framework’s contribution there is to generate a more discriminative test program, not to claim settled membership.

The Anthropocene should not be read deterministically. BBRs explicitly rejects inevitability. A reflexive producer can alter F, influence R, and try to preserve B; the question is whether this can happen before the effective intervention window closes in key subsystems.

Whether BBRs improves on looser analogy remains an empirical question. Its value does not rest on claiming that sources, sinks, selectivity, or thresholds are new objects of study; they are not. The value lies in how it arranges those objects and what it asks the analyst to notice first. In the Anthropocene application, acceleration in atmospheric CO₂, temperature, pH, or related observables is not treated only as a stronger forcing signal. It may also indicate that absorption efficiency is declining as slack is spent. Source acceleration and buffer failure call for different diagnostics, and state variables alone cannot separate them. The Phase B / Phase E relation makes a similar move. Selective mortality is not simply a post-threshold pruning of vulnerable taxa; it may also mark the delayed failure of traits fitted to a baseline that buffering had made progressively less representative of the system’s underlying trajectory.

The question for selectivity data then changes: not only which organisms died, but which forms were most dependent on conditions maintained by a shrinking buffer. These are real inferential differences. If they hold across cases, BBRS is more than a new label; if they do not, its scope should remain limited to the cases where the buffer-centered reading changes the diagnosis.

5.3 Scalar Slack as Simplification

Treating slack as a single comparative variable is useful, but only up to a point. In the Anthropocene, and probably in some deep-time cases as well, buffering is distributed across partially coupled subsystems with different capacities, recovery times, threshold timings, and modes of failure. Ocean heat uptake, carbonate buffering, land carbon uptake, cryosphere state, and circulation integrity do not weaken together or in the same way. A scalar slack term keeps the framework usable, but it also smooths over a more uneven reality in which strain can be redistributed among coupled buffers and the apparent persistence of the whole can hide sharp deterioration in one part. A fuller account of BBRS, especially in Anthropocene applications, would treat slack as coupled rather than singular. This is especially true where living systems form part of the buffering itself, since regional ecological breakdown can erode not only local resilience but the wider system's capacity to absorb, store, or redistribute load.

Treating slack as scalar is a comparative convenience. Earth system buffering isn't singular, smooth, or evenly distributed, and the framework doesn't require it to be. The coupled account specifies where the framework's core logic requires supplementation: wherever buffering is asynchronous, spatially uneven, or networked in ways the scalar version erases.

5.3.1 Compensatory Redistribution Near Threshold

In coupled systems, stress can move. One pathway weakens, another absorbs more of the burden, and global averages can remain steadier than the underlying structure deserves. That is one reason apparent stability can persist so close to threshold.

Heterogeneity is informative here. When some subsystem indicators worsen while others hold, the pattern is not just noise around a stable mean. It may show that redistribution is still working, but under rising strain. In that setting, divergence across regions or subsystems can mark a late Phase C condition that global averages blur.

This implies a diagnostic inversion: in late Phase C, the mean state may be less informative than the spatial distribution of failure. Rising patchiness, source/sink sign reversals, clustered local breakdowns, or persistent regional divergence should not automatically be treated as noise around a stable aggregate. In a coupled buffering architecture, patchiness may be the first visible geometry of slack loss: local buffers fail before the global mean admits that the larger system is reorganizing.

For the Anthropocene, monitoring should attend not only to global aggregates, but to divergence among coupled subsystem buffers. A configuration in which some buffering pathways are deteriorating while others appear stable may represent a more advanced Phase C condition than aggregate metrics alone would suggest, particularly where the pathways showing apparent stability are bearing redistributed load rather than operating under their baseline conditions.

In some coupled buffering systems, spatial fragmentation may be more than a descriptive precursor to threshold crossing. Where compensation depends on connectivity among partially coupled buffering units, local failures can accumulate while broader system function is preserved through rerouting and redistribution. Threshold approach can resemble loss of a system-spanning compensatory network: once connectivity falls below a critical level (analogous to connectivity thresholds in spatially coupled systems), local deterioration no longer remains local and broader reorganization can proceed rapidly.

This coupled-buffer extension is especially important for understanding cascade risk in the Anthropocene, where subsystem interactions may produce stronger nonlinearities than any single-buffer model would imply. Global reorganization need not begin as a globally uniform process. In some cases, deterioration may begin as clustered regional failures whose cumulative interaction alters the load-bearing role of larger Earth system buffers. Localized or regional buffer failures can increase effective

load on adjacent subsystems through teleconnections, redistribution, or circulation change, making spatial heterogeneity a plausible bridge between Phase C and Phase D. This is especially relevant where regionally differentiated failures may precede system-wide reorganization, and where the analyst's error is to treat persistent global averages as evidence that the larger buffering architecture remains securely intact (Liu et al., 2023; IPCC, 2021).

5.4 Why Successor Regimes Need Not Await De Novo Innovation

Successor regimes may arise less from post-transition innovation than from the release of forms that were already present but ecologically constrained under the prior regime. In the GOE, the successor regime is not random survival but the expansion of oxygen-tolerant and eventually oxygen-using metabolisms under a newly restructured redox background. In the end-Permian case, by contrast, Phase F is characterized less by one new energetic substrate than by ecological release of flexible, opportunistic, and generalist survivors under altered thermal, chemical, and circulatory constraints. Across the cases, Phase F shows what the new regime favors, whether pre-adaptation is visible, and how the generative half of BBRS differs from a purely collapse-centered account.

5.5 Diagnostic Consequences of Buffered Stability

The preceding sections imply that BBRS is not only a phase grammar for regime shift, but a change in what counts as evidence before threshold crossing. Buffering can displace warning from headline state variables into buffer-performance metrics, making false negatives expected products of a still-functioning buffer rather than failures of observation. Because organisms, ecosystems, and institutions adapt to the filtered baseline that buffering preserves, success during Phase B can become a source of Phase E vulnerability. Some slack loss is also structurally hidden, because it is stored in reservoirs, sinks, spatial heterogeneity, or archive degradation before familiar observables respond. This unobserved residual capacity, or “dark slack”, can be spent without appearing directly in the variables used to infer stability. In the most difficult cases, the buffer erases or degrades the record through which its own failure would later be recognized, making structured absence part of the evidence rather than a gap. A BBRS should not be evaluated only by asking whether the mean state still appears stable, but by asking where stability is being produced, whether dark slack remains in the structures producing it, and whether the records used to recognize later failure are themselves being filtered or degraded.

The inferential shift is this: in standard threshold framing, the pre-threshold interval is often treated as the period before the event. In BBRS, that interval is part of the event's causal architecture. It can suppress warning, select for dependence on a disappearing baseline, and damage or fragment the evidence by which slack loss would later be reconstructed. Patchiness, proxy dropout, trait-selective stress, and persistent headline stability are not secondary complications; they are candidate expressions of the same buffered transition geometry.

6. Conclusion and Research Agenda

BBRS is a synthesis-level comparative topology for a subset of Earth system transitions defined by persistent net load, sink-mediated lag, slack depletion, thresholded reorganization, selective mortality, and post-transition reorganization. It does not claim a new physical mechanism. It proposes a clearer phase grammar and a more explicit comparative state variable.

The GOE provides the canonical anchor; the end-Permian crisis fits as a compound case; the Ediacaran–Cambrian transition remains a candidate hypothesis program; and the Anthropocene is an application in which the variables are measured directly but trajectories are reflexive and policy contingent.

The framework's strongest practical implication is that intervention timing depends not only on observed damage, but on whether the relevant buffers are degrading gradually or holding deceptively until near-threshold failure.

6.1 Research Agenda

1. Operationalize slack proxies. Develop measurable proxies for $\Sigma(t)$ that can be reconstructed across time and compared across basins or subsystems.
2. Test failure-mode classification. For each candidate BBRs system, determine whether buffering behaves more like gradual saturation or threshold collapse, using proxy resolution and model constraints.
3. Extend negative-control testing. Apply the signature checklist not only to additional candidate BBRs cases but also to explicit negative controls, including K-Pg. In the K-Pg case specifically, future work should test for evidence of meaningful pre-impact buffer depletion in relevant sedimentary and geochemical records; failure to find such a signal would sharpen the framework's discriminative logic by showing that abrupt ecological turnover alone is insufficient for BBRs classification (Alvarez et al., 1980; Schulte et al., 2010).
4. Pursue coupled-buffer modeling. Extend BBRs from a scalar slack variable to vector-valued buffering systems with coupling terms, particularly for Anthropocene applications where ocean heat uptake, carbonate chemistry, land uptake, cryosphere change, and circulation structure may fail asynchronously and interactively.
5. Estimate intervention-window closure. Develop subsystem-specific methods for estimating closure of the effective intervention window, with explicit distinction between Type I and Type II buffers and with attention to the mismatch between institutional response times and biophysical commitment timescales.
6. Add the Paleocene–Eocene Thermal Maximum (PETM) and related hyperthermals as rate-sensitivity and selectivity comparators. The PETM is a particularly important comparator for future BBRs testing because it combines rapid carbon injection, carbonate-buffer stress, and climate–ocean reorganization on timescales more directly relevant to Anthropocene carbon-loading comparisons than the deeper canonical cases (McInerney & Wing, 2011; Zeebe et al., 2016). In rate terms, this comparison matters because the Anthropocene likely represents a more extreme forcing-rate challenge to buffering than PETM-scale carbon release, sharpening BBRs's claim that the relation between τ_F and τ_R is central to threshold risk. Hyperthermals may also provide a discriminative test of Phase E selectivity: if rapid warming increases metabolic demand faster than food-web energy supply, carbonate chemistry, oxygenation, or habitat structure can adjust, then body-size reduction or Lilliput-type responses should be strongest among forms whose energetic budgets were calibrated to the pre-event baseline. Such a pattern would link rate-sensitive buffer stress to selective vulnerability without requiring the PETM to be treated as a fully canonical BBRs case.
7. Translate BBRs into monitoring metrics. Track sink efficiency trends, airborne fraction, ocean heat uptake trajectories, carbonate saturation declines, circulation resilience indicators, and other proxies of hidden slack loss.
8. Test Anthropocene carbonate-factory shifts as living-buffer failure. Modern reef systems offer a tractable test of whether BBRs dynamics can be detected as a sedimentological transition before complete ecological collapse. Future work could compare pre-industrial, pre-1980, and post-1980 intervals in well-dated shallow-marine reef cores, point-counting skeletal and non-skeletal grains to test whether degraded tropical systems are shifting away from coralgall carbonate production toward heterozoan, microbial, or lower-accretion assemblages. Such a test would connect ecological reef phase shifts, carbonate-budget decline, and deep-time carbonate-factory transitions within a single BBRs diagnostic: whether a living carbonate buffer records slack loss first as altered production mode rather than as immediate disappearance of the reef framework (Shaw et al., 2015; Cornwall et al., 2021; Reverter et al., 2022; Li et al., 2023).
9. Assess proxy-resolution artifacts and proxy dropout as early-warning structure in deep-time and high-resolution archive cases. Future work should examine how proxy resolution, temporal

averaging, stratigraphic smoothing, and preservation failure obscure or distort early-warning structure during Deceptive Stability Intervals, especially in candidate deep-time cases where what appears to be a stable Phase B may partly be a resolution artifact rather than true resilience. High-resolution paleoenvironmental archives, including tree rings, corals, speleothems, ice cores, and annually laminated sediments, may be especially useful for testing whether late Phase C first appears as rising spatial variance, source/sink sign reversal, or clustered local failure before a mean-state transition is evident (National Academies of Sciences, Engineering, and Medicine, 2026). In some cases, proxy dropout should not be treated only as missing data or taphonomic bias. A buffer can fail materially by losing the capacity to absorb load and epistemically by degrading the archive through which that failure would later be recognized; structured missingness, preservation loss, or proxy degradation may mark the geography of slack depletion, not just the limits of reconstruction. Carbonate dissolution, poor fossil preservation, redox overprinting, or archive loss may be process-coupled evidence that the relevant buffer was failing most strongly where the record becomes hardest to read. The key question is whether archive degradation has spatial and temporal structure predicted by the stressor, rather than random absence.

6.2 Reflexive-Producer Question

In the Anthropocene, the problem becomes one of timing and recognition. Unlike prior BBRS cases, the Anthropocene is the first in which the entity generating $F(t)$ can also observe the degradation of $\Sigma(t)$ in real time and potentially act on that knowledge before threshold crossing becomes irreversible. Yet reflexivity does not eliminate the Phase B problem; it can internalize it. Monitoring systems may increasingly detect hidden slack loss with high fidelity, but the institutions that assign urgency to those signals were largely built under the buffered normalcy of the Deceptive Stability Interval itself. Policy thresholds, risk tolerances, economic baselines, and practical definitions of dangerous change are therefore not neutral reference points standing outside the buffering architecture; they are historical products of the interval whose filtered stability they now attempt to interpret. The result is a second-order lag between measurement and response: instruments may register deterioration earlier than institutions are structured to treat it as requiring emergency reorganization. Accordingly, the effective intervention window is not only a biophysical quantity set by remaining slack, subsystem reversibility, and failure mode; it is also an institutional quantity shaped by how rapidly response thresholds can be revised once buffered persistence is recognized as a lagging rather than reassuring signal. Such pre-adaptation would mean not passive endurance of altered baselines but deliberate reorganization of flux, removal, buffering, and institutional timing before threshold closure makes those adjustments primarily reactive rather than system-preserving. In a coupled buffering architecture, that challenge is sharper than a scalar formulation implies: reflexive action must respond not only to total load, but to uneven slack loss across linked subsystems whose failures can propagate. The Anthropocene question is whether a reflexive producer can recognize which buffers are failing, on what timescales, and before local deterioration is redistributed into broader regime change.

In such a case, the most dangerous and consequential failure is mistaking persistence for safety. A reflexive producer may possess abundant observations and still mistake buffered residuals for system safety or read regional fragmentation as local exception rather than early-phase propagation. This implies that buffering does not merely delay transition; it can manufacture an experienced normality that becomes progressively less truthful as the system spends the very slack that sustains it. BBRS frames the Anthropocene problem on those terms: forcing is part of the diagnosis, but so is interpretation under active signal filtering.

Can a reflexive producer become pre-adapted to its own waste medium before the transition eliminates that possibility?

Declaration of Generative AI and AI-assisted Tools: During manuscript preparation, the author used ChatGPT, Claude, Gemini, and Grok for editorial assistance, including structural feedback and critique of argumentation. All scientific claims, interpretations, and conclusions are the author's own, and the author retains full responsibility for the content of the manuscript.

References

- Alvarez, L. W., Alvarez, W., Asaro, F., & Michel, H. V. (1980). Extraterrestrial cause for the Cretaceous–Tertiary extinction. *Science*, 208(4448), 1095–1108. <https://doi.org/10.1126/science.208.4448.1095>
- Bottjer, D. J., Hagadorn, J. W., & Dornbos, S. Q. (2000). The Cambrian substrate revolution. *GSA Today*, 10(9), 1–7.
- Buatois, L. A., Narbonne, G. M., Mángano, M. G., Carmona, N. B., & Myrow, P. (2014). Ediacaran matground ecology persisted into the earliest Cambrian. *Nature Communications*, 5, 3544. <https://doi.org/10.1038/ncomms4544>
- Canfield, D. E. (2005). The early history of atmospheric oxygen: Homage to Robert M. Garrels. *Annual Review of Earth and Planetary Sciences*, 33, 1–36. <https://doi.org/10.1146/annurev.earth.33.092203.122711>
- Cornwall, C. E., Comeau, S., Kornder, N. A., Perry, C. T., van Hooidek, R., DeCarlo, T. M., Pratchett, M. S., Anderson, K. D., Browne, N., Carpenter, R., Diaz-Pulido, G., D’Olivo, J. P., Doo, S. S., Figueiredo, J., Fortunato, S. A. V., Kennedy, E., Lantz, C. A., McCulloch, M. T., González-Rivero, M., Schoepf, V., Smithers, S.G., Lowe, R. J. (2021). Global declines in coral reef calcium carbonate production under ocean acidification and warming. *Proceedings of the National Academy of Sciences*, 118(21), e2015265118. <https://doi.org/10.1073/pnas.2015265118>
- Dakos, V., Carpenter, S. R., Brock, W. A., Ellison, A. M., Guttal, V., Ives, A. R., Kéfi, S., et al. (2012). Methods for detecting early warnings of critical transitions in time series illustrated using simulated ecological data. *PLoS ONE*, 7(7), e41010. <https://doi.org/10.1371/journal.pone.0041010>
- Erwin, D. H. (2006). *Extinction: How life on Earth nearly ended 250 million years ago*. Princeton University Press. <https://doi.org/10.1017/S0016756807003676>
- Farquhar, J., Bao, H., & Thieme, M. (2000). Atmospheric influence of Earth's earliest sulfur cycle. *Science*, 289(5480), 756–758. <https://doi.org/10.1126/science.289.5480.756>
- Friedlingstein, P., O’Sullivan, M., Jones, M. W., Andrew, R. M., Hauck, J., Landschützer, P., Le Quéré, C., et al. Global Carbon Budget 2024, *Earth Syst. Sci. Data*, 17, 965–1039, <https://doi.org/10.5194/essd-17-965-2025>, 2025.
- Holland, H. D. (2006). The oxygenation of the atmosphere and oceans. *Philosophical Transactions of the Royal Society B*, 361(1470), 903–915. <https://doi.org/10.1098/rstb.2006.1838>
- Intergovernmental Panel on Climate Change (IPCC). (2021). *Climate Change 2021: The Physical Science Basis*. Cambridge University Press, <https://dx.doi.org/10.1017/9781009157896>.
- Knoll, A. H. (2003). *Life on a young planet: The first three billion years of evolution on Earth*. Princeton University Press.
- Lenton, T. M., Held, H., Kriegler, E., Hall, J. W., Lucht, W., Rahmstorf, S., & Schellnhuber, H. J. (2008). Tipping elements in the Earth's climate system. *Proceedings of the National Academy of Sciences*, 105(6), 1786–1793. <https://doi.org/10.1073/pnas.0705414105>
- Lenton, T. M., Pichler, P.-P., & Weisz, H. (2016). Revolutions in energy input and material cycling in Earth history and human history. *Earth System Dynamics*, 7, 353–370. <https://doi.org/10.5194/esd-7-353-2016>
- Li, M., Tian, L., Wignall, P. B., Dai, X., Lin, W., Cai, Q., & Song, H. (2023). Expansion of microbial-induced carbonate factory into deeper water after the Permian-Triassic mass extinction. *Global and Planetary Change*, 230, 104274. <https://doi.org/10.1016/j.gloplacha.2023.104274>
- Liu, T., Chen, D., Yang, L., Meng, J., Wang, Z., Ludescher, J., Fan, J., Yang, S., Chen, D., Kurths, J., Chen, X., Havlin, S., & Schellnhuber, H. J. (2023). Teleconnections among tipping elements in the Earth system. *Nature Climate Change*, 13, 67–74. <https://doi.org/10.48550/arXiv.2209.04327>
- Lyons, T. W., Reinhard, C. T., & Planavsky, N. J. (2014). The rise of oxygen in Earth’s early ocean and atmosphere. *Nature*, 506, 307–315. <https://doi.org/10.1038/nature13068>

- McInerney, F. A., & Wing, S. L. (2011). The Paleocene–Eocene Thermal Maximum: A perturbation of carbon cycle, climate, and biosphere with implications for the future. *Annual Review of Earth and Planetary Sciences*, 39, 489–516. <https://doi.org/10.1146/annurev-earth-040610-133431>
- National Academies of Sciences, Engineering, and Medicine. 2026. A Synthesis Center for Paleoenvironmental Records of Extreme Events. Washington, DC: National Academies Press. <https://doi.org/10.17226/29290>
- Pauly, D. (1995). Anecdotes and the shifting baseline syndrome of fisheries. *Trends in Ecology & Evolution*, 10(10), 430. [https://doi.org/10.1016/S0169-5347\(00\)89171-5](https://doi.org/10.1016/S0169-5347(00)89171-5)
- Reverter, M., Helber, S. B., Rohde, S., de Goeij, J. M., & Schupp, P. J. (2022). Coral reef benthic community changes in the Anthropocene: Biogeographic heterogeneity, overlooked configurations, and methodology. *Global Change Biology*, 28(6), 1956–1971. <https://doi.org/10.1111/gcb.16034>
- Scheffer, M., Carpenter, S., Foley, J. A., Folke, C., & Walker, B. (2001). Catastrophic shifts in ecosystems. *Nature*, 413, 591–596. <https://doi.org/10.1038/35098000>
- Scheffer, M., Bascompte, J., Brock, W. A., Brovkin, V., Carpenter, S. R., Dakos, V., van Nes, E. H., et al. (2009). Early-warning signals for critical transitions. *Nature*, 461, 53–59. <https://doi.org/10.1038/nature08227>
- Schulte, P., Alegret, L., Arenillas, I., Arz, J. A., Barton, P. J., Bown, P. R., Bralower, T. J., et al. (2010). The Chicxulub asteroid impact and mass extinction at the Cretaceous–Paleogene boundary. *Science*, 327(5970), 1214–1218. <https://doi.org/10.1126/science.1177265>
- Seilacher, A. (1999). Biomat-related lifestyles in the Precambrian. *Palaaios*, 14(1), 86–93. <https://doi.org/10.2307/3515363>
- Shaw, E. C., Phinn, S. R., Tilbrook, B., & Steven, A. (2015). Natural in situ relationships suggest coral reef calcium carbonate production will decline with ocean acidification. *Limnology and Oceanography*, 60(3), 777–788. <https://doi.org/10.1002/lno.10048>
- Vernadsky, V. I. (1998). *The Biosphere*. New York: Copernicus. Originally published as *Biosfera* (1926). <https://doi.org/10.1007/978-1-4612-1750-3>
- Wang, R., Dearing, J. A., Langdon, P. G., Zhang, E., Yang, X., Dakos, V., & Scheffer, M. (2012). Flickering gives early-warning signals of a critical transition to a eutrophic lake state. *Nature*, 492, 419–422. <https://doi.org/10.1038/nature11655>
- Wignall, P. B. (2015). *The worst of times: How life on Earth survived eighty million years of extinctions*. Princeton University Press.
- Zeebe, R. E., Ridgwell, A., & Zachos, J. C. (2016). Anthropogenic carbon release rate unprecedented during the past 66 million years. *Nature Geoscience*, 9, 325–329. <https://doi.org/10.1038/ngeo2681>

Appendix A. Minimal Dynamical Sketch

This appendix provides the minimal formalism underlying BBRS. The equations are included to clarify variable relations, constrain the vocabulary of future quantitative work, and stabilize how terms such as load, buffering, threshold, and slack are used across cases. They are not presented here as a calibrated Earth system model for heterogeneous deep-time cases.

Conceptual falsification conditions are specified in the main text through the BBRS signature checklist and negative-control discriminator; the appendix formalism clarifies variable structure rather than serving as the primary falsification device.

Let $E(t)$ represent an effective byproduct load or a downstream consequence measure that governs habitability partitions. Define $F(t)$ as the flux of byproduct load into the system; $R(t)$ as removal, sequestration, or neutralization; $B(t)$ as effective buffering capacity; T as a threshold in E or in an associated control variable at which baseline reorganization occurs; B_{crit} as the buffering capacity below which the regime loses resilience; and $\Sigma(t) = B(t) - B_{crit}$ as buffer slack.

BBRS depends not only on cumulative net load but on the relation between forcing timescale and buffer replenishment or recovery timescale. Let τ_F denote the characteristic timescale of forcing and τ_R the characteristic timescale over which buffering is restored, regenerated, or redistributed. A given cumulative load may remain bufferable when $\tau_F \gg \tau_R$, but the same load can drive thresholded reorganization when $\tau_F \ll \tau_R$. In this sense, BBRS is sensitive not only to the magnitude of net accumulation but to the mismatch between delivery rate and replenishment rate.

$$\frac{dE}{dt} = F(t) - R(t)$$

$$\frac{dB}{dt} = -\alpha \max(0, F - R) + \beta G(t)$$

Apparent stability during Phase B can be represented by an observable response variable, $O(t)$, whose sensitivity to $E(t)$ is damped while $\Sigma(t)$ remains positive; as $\Sigma(t)$ declines, the same increment of $E(t)$ produces a larger observable response.

The distinctive comparative move is not the balance equation itself, which is established in source–sink reasoning, but the elevation of $\Sigma(t)$ as the hidden control variable governing nonlinear susceptibility. In conceptual terms, Phase B corresponds to positive slack large enough that E remains below threshold or that critical baseline structure persists; Phase C corresponds to declining Σ as buffers are consumed or structurally weakened; Phase D corresponds to crossing a regime boundary associated with E or with a related control variable.

Type I buffers can be sketched as continuous decline in B with cumulative net load; Type II buffers can be sketched as structural or metastable regimes in which B remains functionally high until a boundary condition is crossed, after which buffering declines rapidly. Early warning in Type II systems may appear as rising heterogeneity, slowing recovery, or patchiness rather than smooth drift.

A minimal coupled-buffer extension allows deterioration in one buffer to increase effective load on another. In schematic form, one may write

$\frac{dB_2}{dt} = -\alpha_2 \max\{0, F(t) - R(t)\} - \gamma \max\{0, B_{1,crit} - B_1(t)\} + \beta_2 G_2(t)$. Here, $\alpha, \beta, \alpha_2, \beta_2, \gamma > 0$, and $G(t)$ or $G_2(t)$ represents buffer regeneration, reinforcement, or redistribution, where $\gamma > 0$ captures cross buffer stress transfer once buffer 1 enters or cross its critical range; the $\max(0, B_{1,crit} - B_1)$ term is a schematic post-critical shorthand, since real systems may begin redistributing stress as B_1 approaches $B_{1,crit}$, not only after it falls below it. This is not yet a calibrated network model, but it makes explicit how slack loss in one subsystem can accelerate slack depletion in another.

Appendix B. Per-case Variable Operationalization Tables

The following operationalization tables are schematic and are included to restore empirical texture to the framework. They do not claim fully calibrated dynamics; they show how the comparative variables can be translated into case-specific proxy families or observational handles.

B1. Great Oxidation Event

BBRS variable	GOE interpretation	Illustrative proxy families
F(t)	Effective O ₂ production and burial-driven net oxygen source	Organic burial context, isotopic and redox proxies
R(t)	Reductant sinks consuming O ₂	Reduced mineral transport, sulfur and iron sink indicators
B(t)	Integrated redox buffering structure	Iron/sulfur cycling structures, sink reservoir proxies
Σ(t)	Remaining slack in reductant sinks/buffering structure	Inferred from evolving sink dominance and convergence of proxy transitions
T	Atmospheric chemistry/redox threshold	Sulfur MIF disappearance and related atmospheric redox indicators

B2. End-Permian Crisis

BBRS variable	End-Permian interpretation	Illustrative evidence
F(t)	Sustained volcanogenic forcing plus coupled stress load	Large igneous province timing and climate proxies
R(t)	Removal via carbonate buffering, ventilation, ecosystem processing	Carbonate-system and circulation-capacity evidence
B(t)	Buffering structures: carbonate chemistry plus ventilation capacity	Redox proxies, ventilation indicators, ocean-structure evidence
Σ(t)	Remaining slack in ventilation and buffering	Expansion of anoxia/euxinia and worsening redox conditions
T	Circulation/redox threshold	Rapid transition to widespread oxygen loss and ecological collapse

B3. Anthropocene Carbon Era

BBRS variable	Anthropocene interpretation	Illustrative observational handles
F(t)	CO ₂ emissions and land-use forcing	Emissions inventories, effective radiative forcing
R(t)	Land and ocean uptake pathways	Observed partitioning of anthropogenic CO ₂
B(t)	Buffering structures: ocean heat uptake, carbonate chemistry, sink integrity	Ocean heat content, saturation state, ecosystem-resilience indicators
Σ(t)	Remaining buffering slack and sink effectiveness	Sink-efficiency trends, commitment metrics, resilience proxies
T	Subsystem thresholds or tipping risks	Assessed subsystem thresholds and nonlinear-risk literature

Appendix C. Per-case Phase-Mapping Tables

The following compact phase-mapping tables are included because a framework paper should show that its grammar can be walked through explicitly rather than only invoked in prose.

C1. Great Oxidation Event Phase Mapping

Phase	Mapping
A	Oxygenic photosynthesis emerges and expands.
B	Sinks dominate the O ₂ budget; atmospheric O ₂ remains low (Deceptive Stability Interval).
C	Buffering slack declines as redox balance shifts.
D	Threshold-like atmospheric chemistry and redox transition recorded by multiple proxies.
E	Contraction of obligate anaerobe habitats and ecological restructuring.
F	Expansion of oxygen-tolerant metabolisms under the new redox baseline.

C2. End-Permian Phase Mapping

Phase	Mapping
A	Sustained volcanic forcing increases greenhouse and ocean stress load.
B	Partial buffering masks full collapse initially.
C	Ventilation and buffering slack decline; susceptibility rises.
D	Threshold-like expansion of severe redox states and ecosystem collapse.
E	Mass extinction via warming, acidification, hypoxia/anoxia, and ecological cascade.
F	Prolonged recovery and reorganization under altered baseline constraints.

C3. Anthropocene Phase Mapping

Phase	Mapping
A	Industrial emissions amplify CO ₂ forcing and land-use load.
B	Sinks and inertia buffer impacts; a Deceptive Stability Interval remains possible.
C	Sink effectiveness may decline; slack depletion emerges across subsystems.
D	Potential threshold crossings in certain subsystems remain uncertain but trajectory-dependent.
E	Ongoing and potential increases in ecosystem disruption and systemic risk.
F	Future reorganization depends on mitigation, adaptation, and biosphere response.