

1 Full Title: What works in agrarian adaptation: a systematic assessment of CGIAR climate  
2 research evidence  
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4 Short title: What works in agrarian adaptation  
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## 22 Abstract:

23 Effective climate adaptation in agrarian settings is critical for the billions of people whose  
24 livelihoods depend on agriculture, yet evidence on what adaptation actions actually reduce  
25 climate risk remains fragmented and difficult to generalize. In this study we assess the  
26 effectiveness of agrarian adaptation using 403 empirical case studies published by CGIAR  
27 scientists and partners in peer-reviewed journals between 2012 and 2023. We constructed  
28 adaptation rationales connecting climate stressors to adaptation actions and resulting  
29 benefits, classifying benefits as reductions in exposure, reductions in sensitivity, or  
30 increases in adaptive capacity, consistent with the IPCC framework for climate risk  
31 reduction. We further distinguished between indigenous and local agrarian adaptation  
32 (ILAA) and planned adaptation, depending on who initiates and designs the action. Both  
33 categories addressed drought, flooding, and extreme weather as primary stressors. ILAA  
34 actions centered on crop selection, farming techniques, and land and water management,  
35 delivering roughly equal sensitivity and adaptive capacity benefits, with livelihood  
36 diversification producing the highest benefits per action despite being relatively  
37 infrequently implemented. Planned adaptation was dominated by climate-smart  
38 agriculture, land and water management, and education and behavioral change, and  
39 generated substantially more adaptive capacity benefits than sensitivity benefits. Neither  
40 adaptation type delivered meaningful exposure benefits. These patterns reflect a  
41 fundamental divergence in adaptation rationales: ILAA prioritizes near-term reduction of  
42 sensitivity within existing livelihoods structures, while planned adaptation emphasizes

43 longer-term capacity building. This divergence carries practical risks, as planned  
44 interventions focused on adaptive capacity may undermine the short-term sensitivity  
45 benefits communities depend on and face limited uptake when they challenge existing  
46 social arrangements. Bridging these divergent rationales by aligning planned adaptation  
47 with local livelihoods goals before pursuing transformative change offers a pathway toward  
48 more effective, locally led, and co-produced agrarian adaptation.

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# 51 What Works in Agrarian Adaptation: A Systematic 52 Assessment of CGIAR Climate Research Evidence

## 53 1. Introduction

54 Since the Paris Agreement, which included a commitment of the parties to track progress  
55 on adaptation to climate change, tracking and assessing the impact and outcomes of  
56 adaptation policy and action have received increasing attention [1–6]. However, different  
57 perspectives on what aspect of adaptation should be measured and often  
58 incommensurable measurement approaches have limited assessments of adaptation’s  
59 effectiveness in reducing climate risk and vulnerability. The IPCC’s Sixth Assessment  
60 Report [7] included language reflecting the unclear and disjointed character of work on  
61 adaptation effectiveness, flagging it as a knowledge gap and area for further research. This  
62 issue is particularly pressing in agrarian settings, where the primary production focus of  
63 livelihoods renders people and assets particularly vulnerable to the impacts of climate  
64 change [8].

65 In this paper, we argue that a great deal of evidence regarding effectiveness exists in the  
66 literature on agrarian adaptation, particularly in the Global South [9–11]. For example, a  
67 rich body of agrarian adaptation literature identifies adaptation outcomes, but not in ways  
68 that that identify and evaluate the logics of adaptation action that connect climate stresses  
69 to the actions taken to address those stresses and the benefits those actions deliver [12].  
70 By articulating the pathways by which adaptation actions reduce climate risk and  
71 particularly vulnerability, we can rigorously capture lessons about what actions deliver

72 benefits in the context of different climate stressors, what kinds of benefits are delivered  
73 when specific actions are taken to address different stressors, and therefore what actions  
74 deliver the greatest return on the limited resources available.

75 This preliminary effort to map agrarian adaptation effectiveness draws on a database of  
76 403 empirical studies of adaptation actions and their outcomes published by CGIAR  
77 scientists and partners in refereed journals between 2012 and 2023 [13]. Our analysis  
78 addresses a range of questions relevant to understanding agrarian adaptation and its  
79 effectiveness: what stressors are being addressed, what actions are being taken to address  
80 those stressors and what benefits have been delivered by those actions. Further, it  
81 identifies both differences and similarities in the stresses, actions, and benefits prioritized  
82 by formal adaptation planning (sometimes called planned adaptation) and indigenous and  
83 local agrarian adaptation (ILAA), also called autonomous adaptation. There are substantial  
84 similarities in the climate stressors emphasized by both planned adaptation and ILAA.  
85 However, the actions taken to address those stressors, and the number and types of  
86 adaptation benefits delivered by these actions, suggest these two adaptation arenas are  
87 characterized by divergent adaptation rationales. Clearly articulating this disconnect can  
88 support efforts to bridge these arenas and support effective locally led adaptation, the co-  
89 production of adaptation solutions, and steps toward transformative adaptation.

## 90 1.1. Agrarian Adaptation

91 Agrarian systems have long been a focus of adaptation research and practice, with the  
92 cascading and compounding impacts of climate change on agriculture giving them

93 heightened attention [14]. A vast literature considers the likely impacts of climate change  
94 on agricultural production and producers [8,15–19], efforts of agrarian populations to adapt  
95 to climate variability and change [20–32], and formal programs and projects aimed at  
96 promoting agrarian adaptation [9,33]. Further, the challenges faced by people and  
97 production in such systems are a core part of global climate assessments such as the  
98 Intergovernmental Panel on Climate Change (IPCC) [8,15,34,35]. Adaptation is not the sole  
99 solution for agrarian challenges brought on by climate change. The existence of both soft  
100 limits (where options might exist but require substantial social, economic, or political  
101 transformation) and hard limits (where adaptation options lose their effectiveness at higher  
102 levels of warming or no actions can avoid impacts on human well-being) to adaptation  
103 means we cannot adapt endlessly [36–40].

104 However, the continuing growth of the literature reflects the fact that effective adaptation is  
105 and will be critical if we are to address the consequences of a regime where the reduction  
106 of greenhouse gas emissions (i.e. mitigation) is happening far too slowly to avoid  
107 substantial impacts on agrarian populations and their well-being. For example, the IPCC's  
108 Sixth Assessment Report concluded that crop yields, and fisheries and agriculture more  
109 broadly, were experiencing the highest risks of any sector from observed climate impacts  
110 [15,41]. This report also noted that in the Global South, the region of the world with the  
111 highest vulnerability to climate impacts, the impacts of climate change on crop production  
112 for nearly all crops are negative [8].

113 At the same time, there is little general discussion about what we know about adaptation  
114 effectiveness in agrarian contexts. The water chapter of the IPCC's Working Group II report  
115 analyzed the effectiveness of adaptation to water related hazards and stressors,  
116 concluding that while there are several benefits of adaptation, its role in reducing climate  
117 and related risks is not well documented [34]. In the same report, the chapters on both  
118 poverty, livelihoods, and sustainable development [15] and food, fiber and other  
119 ecosystem products [8] do not offer clear assessments of what actions have been taken  
120 with regard to adaptation for these issues, or the extent to which adaptation actions are  
121 meeting needs.

122 In this paper, we offer a preliminary assessment of agrarian adaptation effectiveness,  
123 demonstrating that it is possible to organize disparate cases into a coherent analysis  
124 illustrating broad lessons. This assessment draws on 11 years (2012 to 2023) of refereed,  
125 English-language journal articles on climate change adaptation published by CGIAR  
126 authors and their partners and retrieved from eight CGIAR repositories. The methods used  
127 for article retrieval is explained in Carr and Mukherji [13] and the full database of all CGIAR  
128 climate change related journal articles is available online [42].

129 The CGIAR, the world's largest publicly funded research and innovation organization, works  
130 on all aspects of the agri-food system from pre-production to markets and consumers, but  
131 with a greater focus on the production phase of the food systems. It has 14 research  
132 centers that covers research on crops, livestock, fisheries, forests/agroforestry, water,  
133 biodiversity and food-policy related issues in the Global South. The climate portfolio of the

134 CGIAR spans five major sub-topics, namely, impacts of climate change on agri-food  
135 systems and resulting adaptation interventions; impacts of agri-food systems on climate  
136 change and resulting mitigation interventions and methods and metrics for measuring  
137 impacts and effectiveness of both adaptation and mitigation. CGIAR scientists and  
138 partners have conducted extensive research into adaptation in the agrifood sector,  
139 including undertaking vulnerability analyses [43–45], developing tools to assist in planning  
140 for future climate conditions [46–48], policy analyses [49,50], and empirically analyzing the  
141 outcomes of adaptation actions. This last category of research presents an opportunity to  
142 learn what works in agrarian adaptation from CGIAR experience. While this is not a  
143 comprehensive sample of the agrarian adaptation literature, the climate  
144 shocks/stressors/impacts addressed and the actions emphasized to address those issues  
145 align with the emphases captured in the IPCC’s Sixth Assessment Report. This suggests  
146 that the patterns emerging from the analysis of this subset of the literature are likely to  
147 reflect patters in the wider agrarian adaptation literature.

## 148 1.2. Adaptation Rationales and Benefits: A Foundation for Assessing 149 Adaptation Effectiveness

150 Deriving broad lessons about what works in agrarian adaptation, and adaptation action  
151 more broadly, is a persistent challenge within the adaptation community of practice. Carr  
152 and Nalau [12] argue that the root of this challenge lies in a community of practice-level  
153 focus on the specific adaptation challenges and needs of different socio-ecological  
154 contexts. This focus on specificity, while warranted at the project level, obscures larger

155 lessons from experience, such as which actions, under what conditions, are most effective  
156 for addressing a specific stressor.

157 To learn from the experience of adaptation implementation requires organizing the  
158 information about adaptation actions in a manner that logically connects the problem (one  
159 or more climate stressors or risks), the actions taken to address those problems, and the  
160 outcomes of those actions – what Carr and Nalau [12] call adaptation rationales. They  
161 suggest such rationales require the measurement of outcomes against goals that apply  
162 beyond a project's specific context but are anchored in concrete risks/stressors, actions,  
163 and benefits. Carr and Nalau developed such goals by defining adaptation as an effort to  
164 reduce the vulnerability of people and places to the impacts of climate change while  
165 increasing people's ability to take advantage of emerging opportunities. Following this  
166 definition, adaptation actions should deliver benefits that address one or more  
167 components of climate risk (lowering exposure) and vulnerability (reducing sensitivity  
168 and/or increasing adaptive capacity). Carr and Nalau [12] classify adaptation benefits into  
169 categories reflecting these broad adaptation goals:

170 1) Exposure Benefits: An intervention, policy, or action provides an exposure benefit if  
171 it lowers the frequency and/or magnitude of impacts on a person, population, or  
172 system targeted by the project.

173 2) Sensitivity Benefits: An intervention, policy, or action provides a sensitivity benefit if  
174 it reduces the consequences of a climate-related event on a person, population, or  
175 system. The event may still occur with the same/greater frequency and magnitude,

176 but the person, population, or system will not be as affected by the event as before  
177 the intervention.

178 3) Adaptive Capacity Benefits: An intervention, policy, or action provides an adaptive  
179 capacity benefit if it increases the ability of a person, population, or system to  
180 manage climate impacts or realize an opportunity emerging from climate change,  
181 including by transforming how and where they live. This can happen even if that  
182 population, person, or resource remains exposed to and very sensitive to a climate  
183 impact, though typically increasing adaptive capacity facilitates productive efforts  
184 to lower exposure and sensitivity.

185 Defining the goal of adaptation as the delivery of one or more of these adaptation benefits  
186 fills the gap in adaptation rationales that has obstructed the development of general  
187 lessons about adaptation effectiveness. For example, measuring the number and kind of  
188 adaptation benefits delivered by different actions allows us to assess which actions are  
189 most effective at delivering specific benefits under different conditions. Even this simple  
190 measurement of adaptation, focused on the presence or absence of a benefit without  
191 evaluating its magnitude or impact, enables a comparative exploration of the outcomes of  
192 efforts to address different climate stressors at different scales. This first step allows us to  
193 assess opportunities for meaningful generalization in adaptation action and effectiveness,  
194 supporting the development of evidence-based good practices.

195 This effort also allows us to elaborate the adaptation rationales behind specific actions or  
196 sets of actions. Comparing the adaptation rationales associated with formally planned and

197 funded adaptation actions with those undertaken by Indigenous or local agrarian actors  
198 allows us to compare a) the climate stressors prioritized, b) the adaptation actions  
199 prioritized, and c) the types and number of benefits delivered by these actions across these  
200 two arenas of adaptation action. This comparison highlights gaps between the adaptation  
201 rationales that inform action in planned versus Indigenous and local adaptation, such as  
202 differing goals across different adaptation actors and varying perceptions of what actions  
203 are most effective for addressing specific climate impacts or stresses. As we discuss  
204 below, such differences are manifestations of different understandings of what it means to  
205 effectively address a climate stress or impact. This divergence, if unacknowledged and  
206 unaddressed, creates risks for project design and intervention uptake. Identifying such  
207 gaps can facilitate conversations that bridge gaps between ILAA and planned adaptation  
208 rationales, furthering efforts to promote locally-led adaptation [51–53] and the co-  
209 production of adaptation actions [54–56].

## 210 2. Methods

211 This review draws from a database of 2,652 articles on the topic of climate change  
212 published by CGIAR researchers between January 2012 to December 2023. This database  
213 was created through a bibliographic search of the CGSpace repository of published and  
214 peer reviewed journal articles with DOI, using “climate change” as the key word. Any article  
215 that mentioned the words “climate change” in its title, abstract or key words was included  
216 in the repository.

217 Once the database was compiled, we employed a four-step process using a large language  
218 model (LLM), OpenAI 4o. At each step, prompts were developed through an iterative  
219 process of drafting, testing, assessing outcomes by reviewing a random sample of article  
220 analyses in the outputs, revising the prompts, and rerunning the analysis until error rates in  
221 a sample of the outputs dropped below 1%. In the end, the use of the LLM accelerated the  
222 assessment process but did not remove the need for careful expert cleaning and analysis.  
223 The final analysis in this paper relied heavily on expert cleaning of the data by the authors  
224 to ensure accuracy and quality. Our experience aligns with that of Buck, et al [57] in their  
225 study of the use of artificial intelligence to facilitate a scientific assessment in that the use  
226 of AI tools required many revision cycles at each step of the analysis described below (see  
227 Annex 1 for a list of prompts).

228 In the first step, prompts were developed around inclusion/exclusion criteria that defined  
229 whether articles were about climate change adaptation or not. This step identified 981  
230 articles as relevant to climate change adaptation. In the second step, prompts were  
231 developed to identify the broad categories of adaptation research represented in these  
232 articles: empirical studies of adaptation, conceptual work on adaptation, studies of  
233 species (plant or animal) adaptation, studies of ecosystem adaptation, modeling and  
234 planning studies with implications for adaptation, vulnerability studies or analyses, or  
235 adaptation policy analysis. The most common were empirical studies of adaptation  
236 actions. There were also a substantial number of studies that reflected modeling or  
237 planning efforts whose results might inform future adaptation decision-making, but which

238 were not themselves studies of adaptation actions. The remaining categories of research  
239 were much smaller parts of the database.

240 In the third step, prompts were used to separate the articles classified as empirical studies  
241 of adaptation into either formally planned adaptation actions (i.e. government, donor, or  
242 other formal actor-funded and designed) or Indigenous and/or local agrarian adaptation  
243 (ILAA) actions. A final set of prompts described the adaptation actions defined in each  
244 article, categorized each action into one of 15 categories, identified the adaptation benefits  
245 intended by that action, and assessed whether the action delivered those benefits.

246 Before final analysis, the outputs of the tool were manually reviewed and cleaned for  
247 accuracy. In that process, we used expert judgement to consolidate the 15 categories of  
248 action initially developed by the AI into eight categories of ILAA action and nine categories  
249 of planned adaptation action (Table 1). This consolidation addressed ambiguous cases  
250 where distinctions between categories did not reflect meaningful differences in intent,  
251 action, or outcome.

ILAA Category	Examples illustrating the category	Planned Adaptation Category	Examples illustrating the category
Crop selection and farming techniques	Shifts in existing seed varieties [58–60]	Climate-smart agriculture	Introduction of no tillage techniques and crop residue retention [61–63]
	Changes in crops planted or animals raised [64,65]		Introduction of small-scale irrigation [66–68]
	Changes in planting times and crop calendars [69–71]		Introduction of new hybrid seeds [72–74]
Community-based adaptation	Establishment of or use of village/community institutions to coordinate adaptation efforts [75–77]	Community-based adaptation	Establishment of community seed systems and banks [75–77]
	Community-level seed or farm product sharing and storage [78–80]		Formalization of traditional ecological knowledge [67,81,82]
Disaster risk reduction	Formation of local committees to facilitate disaster risk reduction [83,84]		Disaster risk reduction
	Changes in home and infrastructure construction to manage flooding [83,88]	Establishment of formal programs to mitigate floods and other hazards [89–91]	
Land, water, and resource management	Tree planting and other indigenous agroforestry efforts [70,92,93]	Land, water, and resource management	
	Shifts to land management strategies that promote ecosystem restoration [97,98]		Formal promotion of agroforestry to address soil and other issues [86,99,100]
	Developing local institutions for water management [101,102]		Formal planning of rainwater harvesting [85,95,103]
	Implementation of water conservation measures. [104–106]		Evaluation of soil quality under different management scenarios to identify best practices [61,107,108]
Education and behavioral change	Mobilizing indigenous knowledge of biotic and abiotic indicators to predict rainfall patterns [109–111]	Education and behavioral change	Training programs to enhance farmers' understanding of technology adoption [112–114]
	Use of local ecological indicators to inform seasonal agricultural calendars [71,109]		Training met service staff, middlemen, and farmers on the use of weather and climate data [115–117]
	Shifting perceptions of a changing climate and how to manage it [69,118,119]		Field demonstrations of crops and practices [120–122]
Livelihoods and income diversification	Uptake of farming by pastoral groups [123,124]	Gender and social inclusion	Training women to improve their access to markets, seed, and other assets [125–127]
	Inclusion of nonfarm activities by farming households [124,128,129]		Implementing gender-sensitive adaptation interventions [130,131]
	Utilization of forest products to diversify farming livelihoods [132–134]		Encouragement of off-farm income activities to support investment in needed farm equipment [135–137]

Technology and innovation	Local introduction of improved crop varieties to address stresses on production [128,138,139]	Livelihoods and income diversification	Increasing access to credit [83,140]
	Local adoption of technologies like forecasts, mechanization, fertilizers, and pesticides [85,97,141]		Developing and testing seeds and animal breeds with the goal of fostering producer resilience. [87,142,143]
Livestock adaptation	Shifting herd composition to more drought-tolerant animals [64,144]	Technology and innovation	Use of mobile devices and digital technologies to transmit information and inform farmer decision-making. [145–147]
	Adjustments to feed production and selection [148–150]		Adoption of grazing management and zero-grazing practices to manage reduced pasture and water availability during dry seasons [151–153]
	Promotion of livestock migration as an adaptation strategy [109,154,155]	Livestock adaptation	Training programs to improve animal management practices. [156,157]

252 Table 1: Eight categories of ILAA action and nine categories of planned adaptation action

253

254 The set of empirical studies of adaptation that resulted from this process contained 403  
255 papers. Of these, 153 reported on ILAA and 302 reported on planned adaptation efforts (52  
256 articles appear in both the ILAA and planned adaptation sets, as they reported on both).  
257 The cases were heavily focused in sub-Saharan Africa and Asia (Table 2). Specifically, the  
258 dataset reflects high levels of coverage throughout most parts of sub-Saharan Africa  
259 (though not Central Africa), along with South Asia, East Asia, and Southeast Asia. All other  
260 regions are lightly represented in the dataset.

Region	Planned	ILAA
Sub-Saharan Africa	197	100
Asia	131	59
South America	10	6
Global	6	2
Middle East and North Africa	7	1

261 Table 2: Regional distribution of empirical adaptation cases in the CGSpace dataset.

262 For both ILAA and Planned adaptation, the cases in the dataset focused on drought,  
263 flooding, and extreme weather, with general climate variability also a focus. Within planned  
264 adaptation, the largest sets of actions in the dataset were climate-smart agriculture,  
265 education and behavioral change, and land, water and resource management. For ILAA,  
266 the largest sets of actions were crop selection and farming techniques, land, water and  
267 resource management, and livelihood diversification (Figure 1). This dataset broadly aligns  
268 with the IPCC AR6 [158] assessment that “Droughts, pluvial, fluvial and coastal flooding  
269 are the most common hazards for which adaptation is being implemented.” Figure 1 also  
270 suggests that the CGIAR database is representative of broader understandings of agrarian  
271 adaptation captured by AR6 [158]:

272 Current adaptation in natural and managed ecosystems includes earlier planting  
 273 and changes in crop varieties, soil improvement and water management for  
 274 livestock and crops, aquaculture, restoration of coastal and hydrological processes,  
 275 introduction of heat- and drought-adapted genotypes into high risk populations,  
 276 increasing the size and connectivity of habitat patches, agroecological farming,  
 277 agroforestry and managed relocations of high-risk species.

278 More specifically, the stressors and responses represented in this database, when  
 279 considering its geographic focus, strongly aligns with the IPCC assessment of adaptation  
 280 focus [159] in these regions on drought, flood, variability, and extremes.

	Community- Climate-Smart Based Agriculture	Community- Based Adaptation	Disaster Risk Reduction	Education & Behavioral Change	Gender and Social Inclusion	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
Planned Adaptation									
pests and diseases	8	5	0	6	2	6	0	0	3
drought	144	53	20	100	14	145	47	14	51
flood	73	27	13	51	6	74	28	5	21
extreme weather	90	26	16	60	7	71	27	7	27
water scarcity	14	3	2	6	1	26	4	2	4
climate variability	39	12	5	26	3	40	8	2	13
sea level rise	11	4	3	8	0	10	4	0	3

	Community- Based Adaptation	Crop Selection and Farming Techniques	Disaster Risk Reduction	Education & Behavioral Change	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
Indigenous and Local Agrarian Adaptation								
drought	50	103	7	30	102	56	19	29
flood	28	64	7	19	63	41	8	16
pests and diseases	4	6	0	2	5	5	0	1
climate variability	9	31	0	12	27	18	8	11
extreme weather	23	67	5	18	61	34	8	12
sea level rise	3	6	3	2	8	6	0	0
water scarcity	4	4	1	2	9	3	3	1

281

282 Figure 1: The climate stress/adaptation action combinations most reported in the CGIAR  
 283 adaptation dataset. Each cell represents the number of cases where a specific action  
 284 (across the top of each grid) was used to address a specific climate stressor (the vertical  
 285 axis of each grid).

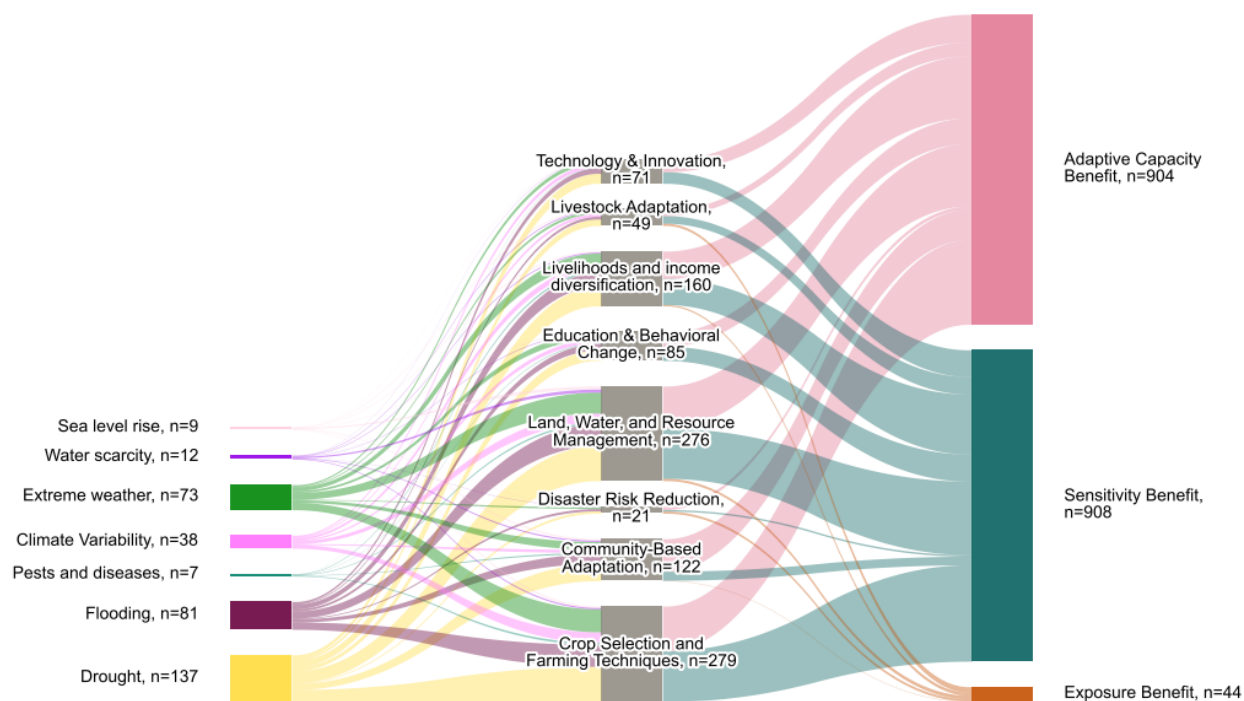
## 286 3. Results

### 287 3.1. Indigenous and local agrarian adaptation actions

288 The 152 papers addressing ILAA reported 358 climate stressors. The most addressed  
289 stressor was drought (38.3%), followed by flood (22.6%), and various forms of extreme  
290 weather (20.7%). Climate variability made up 10.6% of all climate stressors addressed in  
291 the dataset, and all other stressors were less than 5% of those reported.

292 These stressors were addressed by 497 adaptation actions. Globally, the most common  
293 ILAA actions were those related to crop selection and farming techniques (26.4% of all  
294 actions in the dataset), land, water, and resource management (25.8%), livelihoods  
295 diversification (15.3%), and community-based adaptation (11.4%) (Figure 3).

296 Of the 497 actions reported in the papers, 460 actions delivered 1856 adaptation benefits  
297 (Figure 3). The most common benefit delivered was a sensitivity benefit (48.9% of all  
298 benefits delivered), followed by an adaptive capacity benefit (48.7%). Very few actions  
299 delivered an exposure benefit (2.4%), reflecting the limited number of options available for  
300 indigenous and local actors to avoid exposure to a climate impact.



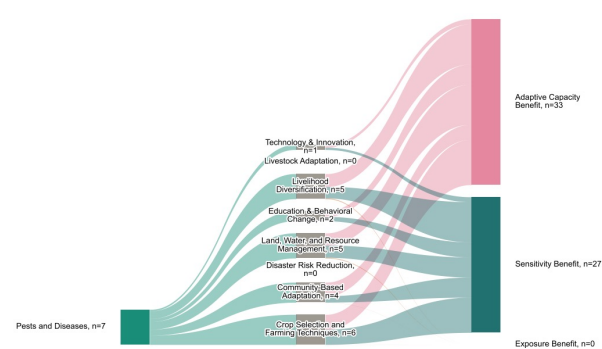
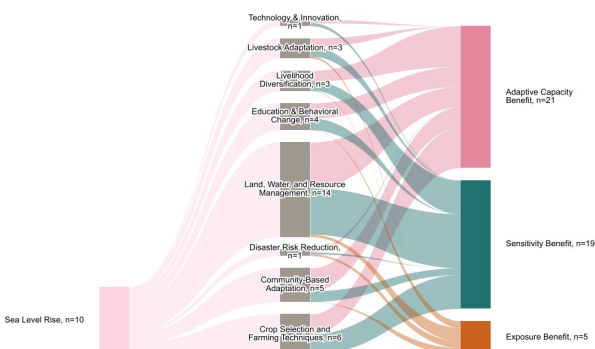
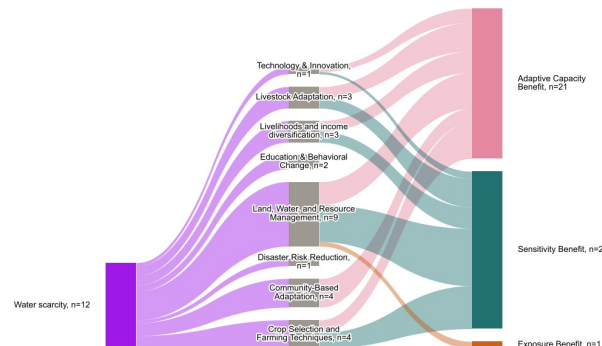
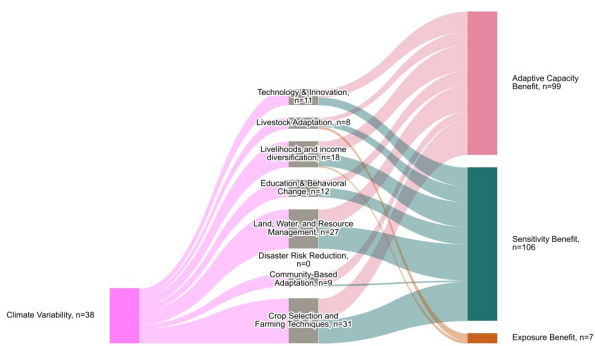
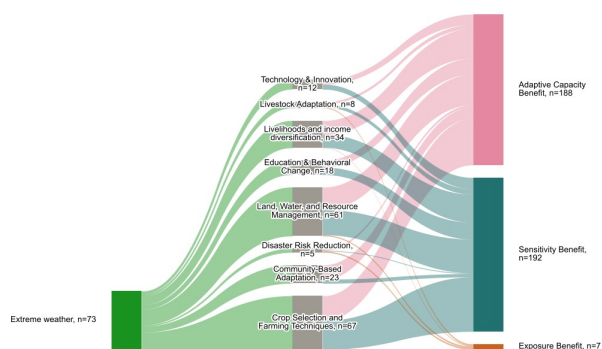
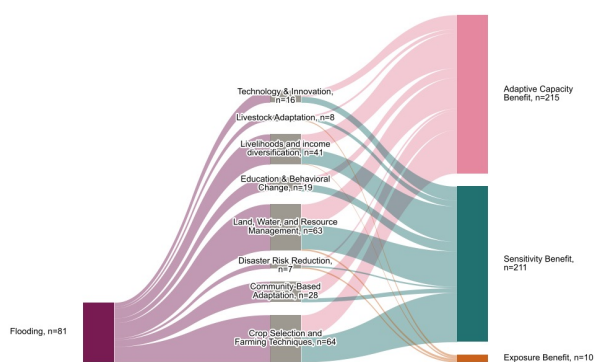
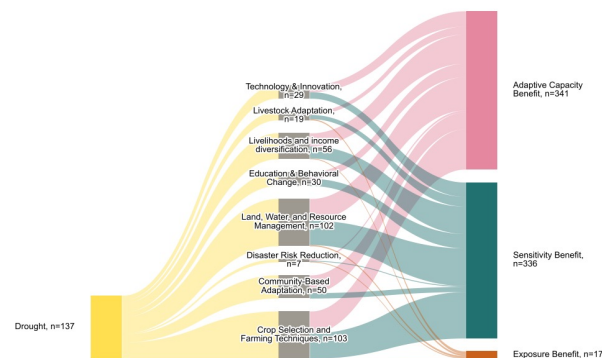
301

302 Figure 3: A flow diagram of the overall ILAA adaptation rationales, connecting climate  
303 stressors on the left to climate actions (center) and the broad types of adaptation benefit  
304 that resulted from these actions.

305 Disaggregating ILAA actions by the climate stress or risk they were meant to address  
306 highlights broad similarity in terms of the distribution of actions taken to address different  
307 stressors and the ratio of benefit types delivered by those actions (Figure 4).

308

# ILAA



309

310 Figure 4: A visualization of the ILAA rationales associated with each climate stressor in the  
311 database.

312 However, ILAA actions have different levels of efficacy as measured by the number and  
313 type of benefits they produce across stressor-specific adaptation rationales (Figure 5).

### 314 3.1.1. ILAA and Exposure Benefits

315 ILAA actions are not delivering many exposure benefits. The most benefits occur in the  
316 context of livestock adaptation actions taken to address climate variability. For example,  
317 Turner, et al [155], in a study of 32 villages across Niger and Mali, found that residents of  
318 these villages relied on extra-village mobility of livestock to manage an increasingly variable  
319 climate. However, they also noted a seasonality to the exposure benefits provided by this  
320 action, where residents counted more advantages than costs during the rainy season (in  
321 part because the movement of livestock reduced the risk of crop damage), and more  
322 evenly balanced benefits and costs during the dry season. Even in this specific  
323 stressor/action combination, only half of these actions return an exposure benefit.  
324 Between one quarter and one third of livestock adaptation actions taken to address  
325 flooding and drought yielded exposure benefits. Disaster risk reduction actions aimed at  
326 addressing drought, flooding, and extreme weather also return an exposure benefit  
327 between  $\frac{1}{4}$  and  $\frac{1}{3}$  of the time. All other ILAA adaptation actions deliver few, if any,  
328 exposure benefits.

### 329 3.1.2. ILAA and Sensitivity Benefits

330 ILAA actions produce many sensitivity benefits across actions and stressors. Actions  
331 focused on crop selection and farming techniques produce one or more sensitivity benefits  
332 per action regardless of the climate stressor they are intended to address. Livelihoods  
333 diversification also produces one or more sensitivity benefits per action (there were too few  
334 cases of livelihoods diversification applied to water scarcity to assess if sensitivity benefits  
335 were produced). Land, water, and resource management actions resulted in fewer  
336 sensitivity benefits per action than crop selection and farming techniques, but the  
337 difference in benefits delivered between these two sets of action is small and may not be  
338 meaningful. Livestock adaptation actions and education and behavioral change actions  
339 generate significant sensitivity benefits when addressing drought, flooding, extreme  
340 weather, and climate variability. There were too few cases of application of these actions to  
341 the other stressors to determine if they were delivering many sensitivity benefits. Disaster  
342 risk reduction, community-based adaptation, and technology and innovation actions  
343 delivered far fewer sensitivity benefits across the range of climate stressors considered.

## ILAA Benefit Delivery

Exposure								
	Community-Based Adaptation	Crop Selection and Farming Techniques	Disaster Risk Reduction	Education & Behavioral Change	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	*	0.00	*	*	0.00	0.00	*	*
drought	0.00	0.01	0.29	0.00	0.04	0.07	0.32	0.00
flood	0.00	0.00	0.29	0.00	0.05	0.05	0.38	0.00
extreme weather	0.00	0.00	0.40	0.00	0.03	0.03	0.25	0.00
water scarcity	0.00	0.00	*	*	0.11	*	*	*
climate variability	0.00	0.00	*	0.00	0.00	0.11	0.63	0.00
sea level rise	*	0.00	*	*	0.00	0.00	*	*

Sensitivity								
	Community-Based Adaptation	Crop Selection and Farming Techniques	Disaster Risk Reduction	Education & Behavioral Change	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	*	1.33	*	*	0.60	1.60	*	*
drought	0.22	0.97	0.29	1.03	0.79	1.05	1.11	1.07
flood	0.21	1.05	0.29	0.68	0.76	1.17	1.00	1.19
extreme weather	0.17	1.01	0.20	1.17	0.69	1.03	0.88	1.17
water scarcity	0.00	1.50	*	*	0.89	*	*	*
climate variability	0.11	0.87	*	1.00	0.93	0.94	1.38	1.18
sea level rise	*	0.83	*	*	0.88	0.83	*	*

Adaptive Capacity								
	Community-Based Adaptation	Crop Selection and Farming Techniques	Disaster Risk Reduction	Education & Behavioral Change	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	*	1.50	*	*	1.00	1.40	*	*
drought	0.72	0.84	0.57	0.97	0.71	1.13	0.89	0.00
flood	0.93	0.92	0.43	0.68	0.67	1.17	0.63	1.19
extreme weather	0.61	0.87	0.60	1.11	0.62	1.09	0.63	1.08
water scarcity	0.50	1.25	*	*	0.56	*	*	*
climate variability	0.67	0.77	*	0.83	0.67	1.00	1.13	1.27
sea level rise	*	0.83	*	*	0.25	0.83	*	*

Total								
	Community-Based Adaptation	Crop Selection and Farming Techniques	Disaster Risk Reduction	Education & Behavioral Change	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	*	2.83	*	*	1.60	3.00	*	*
drought	0.94	1.83	1.14	2.00	1.54	2.25	2.32	1.07
flood	1.14	1.97	1.00	1.37	1.48	2.39	2.00	2.38
extreme weather	0.78	1.88	1.20	2.28	1.34	2.15	1.75	2.25
water scarcity	0.50	2.75	*	*	1.56	*	*	*
climate variability	0.78	1.65	*	1.83	1.59	2.06	3.13	2.45
sea level rise	*	1.67	*	*	1.13	1.67	*	*

344

345 Figure 5: ILAA effectiveness, as measured by the number and type of adaptation benefits

346 delivered per adaptation action taken. Each cell represents the number of benefits

347 delivered by a specific action (across the top of each grid) for a specific climate stressor  
348 (the vertical axis of each grid). Combinations for which there are fewer than five cases,  
349 marked by an asterisk in the cell, were excluded.

### 350 3.1.3. ILAA and Adaptive Capacity Benefits

351 ILAA actions focused on livelihoods diversification, crop selection and farming techniques,  
352 land, water, and resource management, and community-based adaptation produce  
353 adaptive capacity benefits across all or nearly all climate stressors (crop selection and  
354 farming techniques, when applied to water scarcity, is an exception). Education and  
355 behavioral change actions deliver the largest number of adaptive capacity benefits per  
356 action, but there are too few cases to assess the production of benefits when addressing  
357 pests and diseases, water scarcity, and sea level rise. Livestock adaptation actions  
358 delivered adaptive capacity benefits for drought, extreme weather, and climate variability  
359 but few benefits in the context of flooding. Technology and innovation, along with disaster  
360 risk reduction actions, delivered the lowest number of adaptive capacity benefits per  
361 action.

### 362 3.1.4. ILAA and Adaptation Benefits Overall

363 Overall, the ILAA actions that delivered the greatest number of adaptation benefits were  
364 livelihoods diversification, crop selection and farming techniques, land, water, and  
365 resource management, and livestock adaptation. Education and behavioral change actions  
366 also delivered significant benefits per adaptation action, but there are relatively few cases  
367 of these actions documented in the CGIAR database. Community-based adaptation is

368 marked by a large divergence between the sensitivity benefits delivered (low) and the  
369 adaptive capacity benefits delivered (on par with other effective categories of action, such  
370 as crop selection and farming techniques). Disaster risk reduction and technology and  
371 innovation delivered the least adaptation benefits across nearly all climate stressors.

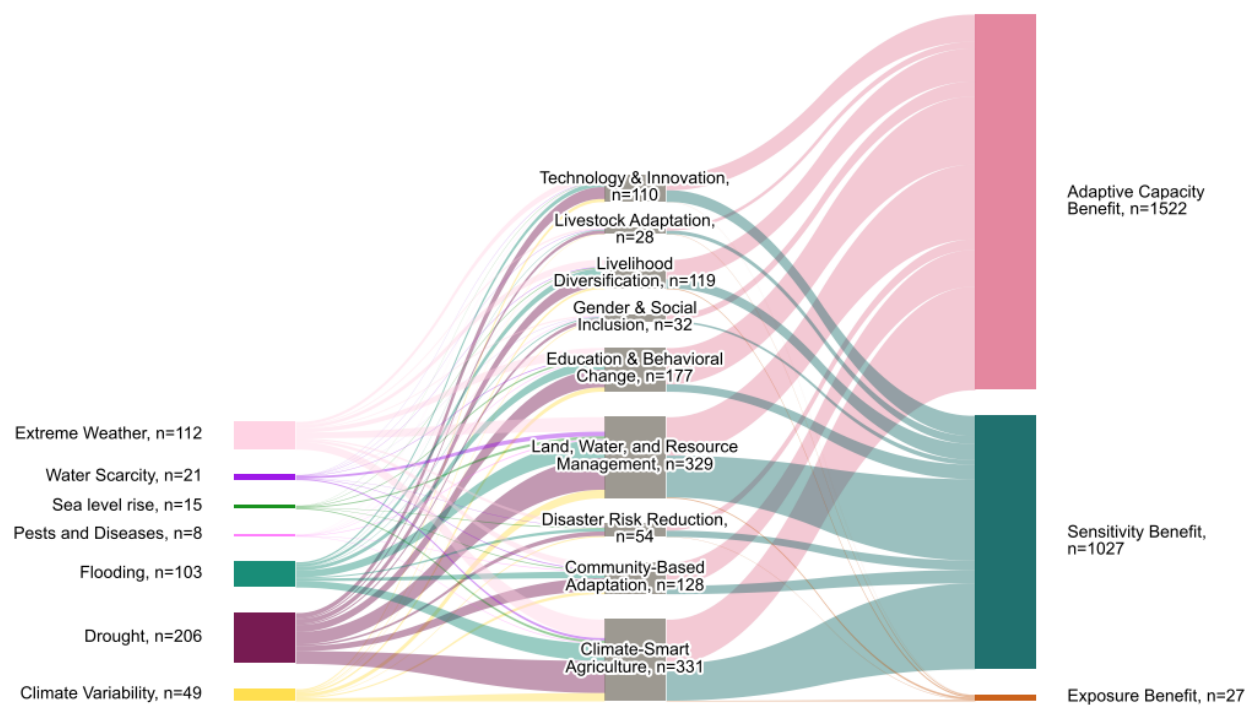
### 372 3.2. Planned agrarian adaptation actions

373 The 302 papers addressing planned adaptation reported 650 climate stressors. The most  
374 addressed stressor was drought (40.5%), followed by extreme weather (21.2%), and floods  
375 (20.6%). All other stressors were less than 10% of those reported. These stressors were  
376 addressed by 1118 total adaptation actions.

377 Globally, the most common planned adaptation actions were climate-smart agriculture  
378 (25.3% of all actions in the dataset), ecosystem-based adaptation (25.2%), and education  
379 and behavioral change (13.5%), with all other actions each making up 10% or less of the  
380 total. Most of these actions were not designed with or by those they were intended to  
381 benefit. Instead, they were often introduced and incentivized as responses to challenges  
382 identified by actors outside the communities in which they were implemented.

383 Of all planned adaptation actions captured in the dataset, 1043 (93.3%) delivered a total of  
384 2576 adaptation benefits (Figure 6). Adaptive capacity benefits were the most delivered  
385 (59.1%). Sensitivity benefits (39.9% of all benefits) were also delivered in significant  
386 numbers. Only 1% of all benefits derived from planned adaptation actions were exposure  
387 benefits.

388

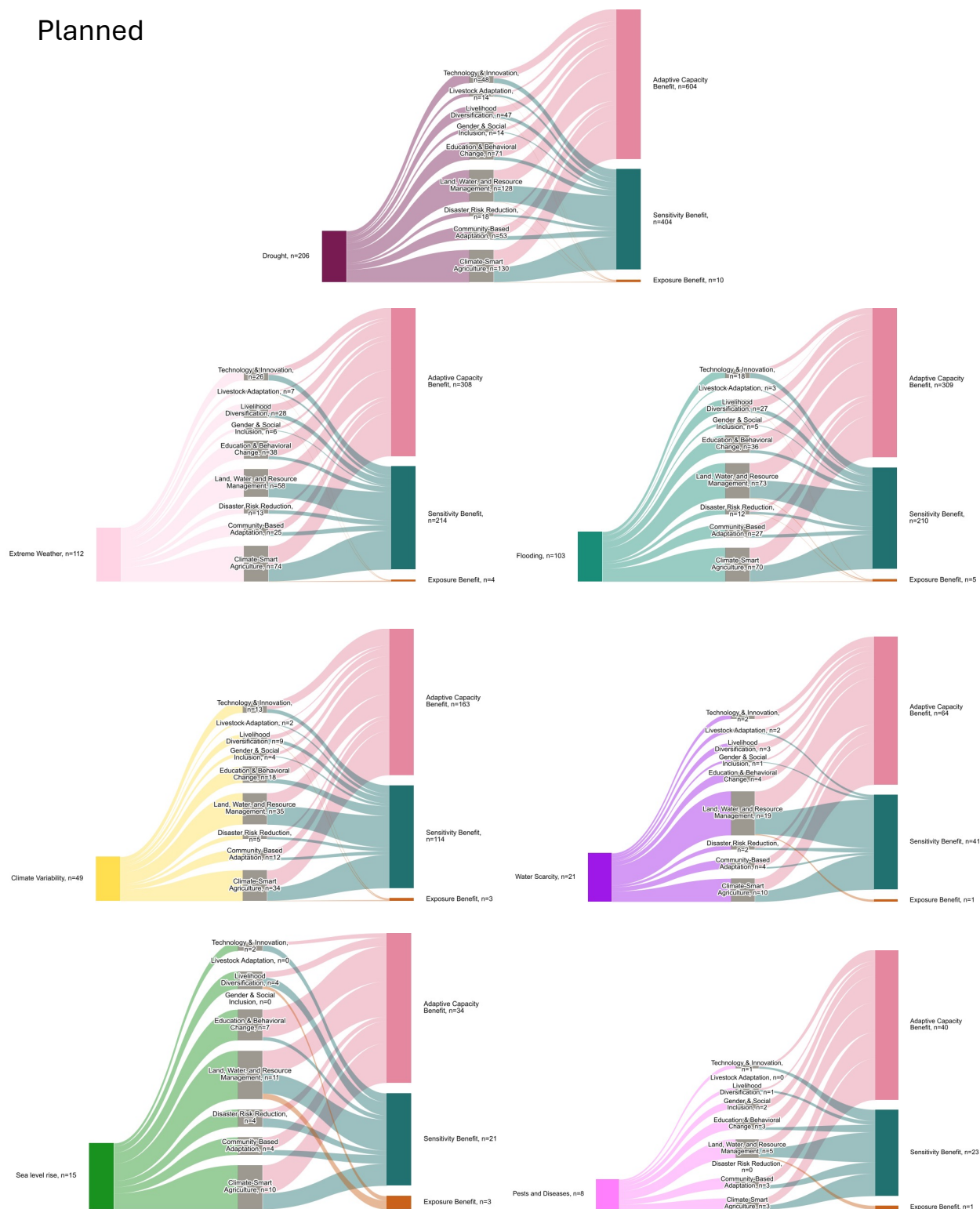


389

390 Figure 6: A flow diagram of the overall planned adaptation rationales, connecting climate  
391 stressors on the left to climate actions (center) and the broad types of adaptation benefit  
392 that resulted from these actions.

393 The planned adaptation rationales associated with the seven climate stressors show  
394 greater variability in the selection of actions taken to address different stressors than seen  
395 in ILAA adaptation rationales. These different portfolios of action, however, produced  
396 remarkably consistent ratios of adaptation benefits (Figure 7).

## Planned



397

398 Figure 7: A visualization of the planned adaptation rationales associated with each climate

399 stressor in the database.

400 As with ILAA actions, planned adaptation actions have different levels of efficacy as

401 measured by the number and type of benefits they produce across stressor-specific

402 adaptation rationales (Figure 8).

## Planned Adaptation Benefit Delivery

Exposure									
	Climate-Smart Agriculture	Community-Based Adaptation	Disaster Risk Reduction	Education & Behavioral Change	Gender and Social Inclusion	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	0.00	0.00	*	0.00	*	0.20	*	*	*
drought	0.02	0.00	0.06	0.00	0.00	0.02	0.04	0.14	0.02
flood	0.01	0.00	0.08	0.00	0.00	0.03	0.04	0.00	0.00
extreme weather	0.03	0.00	0.00	0.00	0.00	0.00	0.04	0.14	0.00
water scarcity	0.00	*	*	0.00	*	0.05	*	*	*
climate variability	0.03	0.00	0.00	0.00	*	0.00	0.11	*	0.00
sea level rise	0.00	*	*	0.00	*	0.18	*	*	*

Sensitivity									
	Climate-Smart Agriculture	Community-Based Adaptation	Disaster Risk Reduction	Education & Behavioral Change	Gender and Social Inclusion	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	2.00	1.00	*	0.67	*	1.60	*	*	*
drought	1.02	0.45	0.78	0.32	0.57	0.98	0.51	1.29	0.71
flood	1.01	0.33	0.67	0.31	0.80	1.00	0.59	0.67	0.89
extreme weather	1.09	0.44	0.77	0.29	0.50	1.02	0.50	1.00	0.69
water scarcity	1.50	*	*	0.00	*	1.11	*	*	*
climate variability	1.09	0.33	0.80	0.61	*	1.00	0.78	*	0.69
sea level rise	0.50	*	*	0.14	*	0.64	*	*	*

Adaptive Capacity									
	Climate-Smart Agriculture	Community-Based Adaptation	Disaster Risk Reduction	Education & Behavioral Change	Gender and Social Inclusion	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	3.67	2.33	*	2.33	*	1.60	*	*	*
drought	1.20	1.17	0.89	1.54	1.79	0.91	1.15	1.07	1.04
flood	1.23	1.15	0.92	1.50	2.20	0.97	1.19	0.33	0.67
extreme weather	1.22	1.04	0.62	1.61	1.67	0.95	1.11	0.86	0.81
water scarcity	1.80	*	*	1.25	*	1.05	*	*	*
climate variability	1.44	1.08	0.80	1.78	*	0.69	1.00	*	1.46
sea level rise	0.90	*	*	1.14	*	0.73	*	*	*

Total									
	Climate-Smart Agriculture	Community-Based Adaptation	Disaster Risk Reduction	Education & Behavioral Change	Gender and Social Inclusion	Land, Water, and Resource Management	Livelihood Diversification	Livestock Adaptation	Technology & Innovation
pests and diseases	5.67	3.33	*	3.00	*	3.40	*	*	*
drought	2.24	1.62	1.72	1.86	2.36	1.91	1.70	2.50	1.77
flood	2.26	1.48	1.67	1.81	3.00	2.00	1.81	1.00	1.56
extreme weather	2.34	1.48	1.38	1.89	2.17	1.97	1.64	2.00	1.50
water scarcity	3.30	*	*	1.25	*	2.21	*	*	*
climate variability	2.56	1.42	1.60	2.39	*	1.69	1.89	*	2.15
sea level rise	1.40	*	*	1.29	*	1.55	*	*	*

403  
 404 Figure 8: Planned adaptation effectiveness, as measured by the number and type of  
 405 adaptation benefits delivered per adaptation action taken. Each cell represents the  
 406 number of benefits delivered by a specific action (across the top of each grid) for a specific

407 climate stressor (the vertical axis of each grid). Combinations for which there are fewer  
408 than five cases, marked by an asterisk in the cell, were excluded.

### 409 3.2.1. Planned Adaptation and Exposure Benefits

410 Almost no planned adaptation actions captured in the CGIAR database delivered  
411 meaningful exposure benefits.

### 412 3.2.2. Planned Adaptation and Sensitivity Benefits

413 Overall, planned adaptation actions delivered a lower return of sensitivity benefits per  
414 action than seen in ILAA. Areas of strength for planned adaptation actions include land,  
415 water, and resource management actions and climate-smart agriculture actions,  
416 particularly in the context of flooding, extreme weather, water scarcity, and climate  
417 variability. Livestock adaptation delivered one or more sensitivity benefits when addressing  
418 drought and extreme weather. It delivered fewer benefits in the context of other stressors.

419 All other actions delivered less than one adaptation benefit per action across all stressors.

420 Education and behavioral change actions and community-based adaptation delivered less  
421 than one half of an adaptation benefit per action across all stressors. Livelihoods  
422 diversification, disaster risk reduction, and gender and social inclusion actions delivered  
423 slightly more benefits per action, but still well under one benefit per action across all  
424 stressors.

### 425 3.2.3. Planned Adaptation and Adaptive Capacity Benefits

426 Relative to other types of adaptation benefits, planned adaptation actions overall delivered  
427 much higher numbers of adaptive capacity benefits. The most effective, in terms of  
428 benefits per action, were gender and social inclusion actions. However, there were only  
429 enough cases of these actions to enable evaluation for drought, flooding, and extreme  
430 weather. Climate smart agriculture actions, community-based adaptation actions,  
431 education and behavioral change actions, and livestock adaptation actions all delivered  
432 more than one adaptation benefit per action across all climate stressors for which there  
433 were more than five cases. The one exception was education and behavioral change efforts  
434 applied to water scarcity, which delivered fewer than one benefit per action. Land, water,  
435 and resource management actions delivered close to one benefit per action across nearly  
436 all climate stressors, with the lone exception being climate variability. Technology and  
437 innovation delivered nearly 1.5 adaptive capacity benefits per action for water scarcity and  
438 climate vulnerability, and greater than one benefit per action for drought. Only disaster risk  
439 reduction actions delivered less than one benefit per action across stressors

#### 440 3.2.4. Planned Adaptation and Adaptation Benefits Overall

441 Most planned adaptation actions, regardless of category or climate stressor, produced at  
442 least one adaptation benefit per action taken. As a portfolio, planned adaptation actions  
443 emphasized the delivery of adaptive capacity benefits over exposure and sensitivity  
444 benefits. The one category of action that is an exception is land, water and resource  
445 management actions, which deliver slightly more sensitivity benefits than adaptive  
446 capacity benefits across nearly all climate stressors. This suggests that planned agrarian  
447 adaptation, while responsive to the immediate needs of small producers under climate

448 change (and thus the delivery of sensitivity benefits), has a core focus on delivering  
449 adaptive capacity benefits that are most effective at addressing longer-term trends and  
450 concerns associated with each stressor.

## 451 4. Discussion

452 Assessments of climate impacts on agrarian systems and populations demonstrate the  
453 pressing need for effective agrarian adaptation, while the exposure of agrarian populations  
454 and livelihoods to further changes in precipitation and temperature promise to make this  
455 need an ongoing challenge. The assessment of agrarian adaptation effectiveness  
456 presented in this article demonstrates that studies of implemented adaptation contain  
457 lessons about what works when addressing different climate stressors if, within each case,  
458 we can build meaningful adaptation rationales connection climate  
459 shocks/stressors/impacts, the actions taken to address them, and the adaptation benefits  
460 (if any) associated with those actions.

461 Our assessment of the CGIAR database suggests that the IPCC's assessment that "Most  
462 observed adaptation is fragmented, small in scale, incremental, sector-specific, designed  
463 to respond to current impacts or near-term risks, and focused more on planning rather than  
464 implementation" [7] is not fully accurate for agrarian adaptation. First, this assessment  
465 captures over 400 cases of implemented adaptation, and at least in the CGIAR database,  
466 the attention to implemented adaptation is greater than the attention to planning for  
467 adaptation (though planning is clearly a point of significant focus in the dataset). This may

468 be explained by the nature of CGIAR’s mission, which is to provide research and innovation  
469 support for implementation of agricultural development initiatives by national  
470 governments, donors or NGOs, and increasingly, those relate to climate change related  
471 adaptation. Second, while a great deal of ILAA is small-scale and incremental, aimed at  
472 addressing near-term sensitivity to climate stressors, planned adaptation’s focus on  
473 adaptive capacity suggests a focus on longer-term stresses and outcomes. Our  
474 assessment supports the argument that most observed adaptation is incremental, but we  
475 explain below why this is the case in agrarian settings.

476 Our assessment highlights critical divergences between ILAA and planned adaptation  
477 rationales that could stand in the way of the design and implementation of impactful  
478 adaptation actions. However, this assessment also suggests opportunities for research  
479 and practice that can increase the effectiveness and impact of adaptation action.

#### 480 4.1. Explaining Patterns of ILAA Benefits

481 The form of these rationales and their outcomes reflect a broader logic of agrarian and  
482 small-producer livelihoods broadly characterized as a subsistence ethic [160–163], where  
483 that ethic informs a broader logic of livelihoods as a means of not only meeting material  
484 needs, but defining and reinforcing individual, household, and community structures of  
485 authority and power [164–166]. Therefore, we expect decision-makers, who are often heads  
486 of households, extended family production units, or communities, to prioritize actions that  
487 align with and reinforce existing roles and responsibilities. This expectation is borne out in  
488 the data.

489 In the case of most stressors, more than half of all ILAA actions are focused on agricultural  
490 adaptations and ecosystem-based adaptations. This reflects a convergence of factors.  
491 First, these actions represent things that small producers can control through their own  
492 decision-making and often through the mobilization of existing or accessible assets.  
493 Second, these tend to be incremental adaptations that operate within existing livelihoods  
494 structures without disrupting the social order and its relations of authority and power.  
495 This logic explains the contrast between the most adopted ILAA actions across climate  
496 stressors and the actions that delivered the greatest number of adaptation benefits per  
497 action. In this dataset, crop selection and farming techniques, and land, water, and  
498 resource management, are the two most commonly implemented categories of action.  
499 However, they are not the categories of action that yield the greatest number of benefits per  
500 action. They deliver 80% of the benefits per action associated with more effective activities  
501 such as livestock adaptation, livelihoods diversification, and education and behavioral  
502 change. Those more effective activities make up only 4%, 15%, and 9% of all actions taken,  
503 respectively. This contrast reflects the fact that some of the actions delivering the greatest  
504 number of benefits are those that might also result in challenges to or transformations of  
505 the social order. Livelihoods diversification and education and behavioral change are two  
506 categories of activity likely to open opportunities for new roles and responsibilities within  
507 society and change the status-quo.  
508 The logic of agrarian livelihoods decision-making also explains the very close ratio of  
509 sensitivity benefits to adaptive capacity benefits seen in ILAA actions. The two dominant  
510 categories of ILAA action, crop selection and farming techniques and land, water, and

511 resource management, deliver slightly more sensitivity benefits than adaptive capacity  
512 benefits. These benefits are important for addressing the immediate, pressing needs of  
513 agrarian producers. While adaptive capacity benefits producers as well, those actions  
514 which generated a larger number of adaptive capacity benefits than sensitivity benefits,  
515 such as community-based adaptation actions (12% of the total), education and behavioral  
516 change actions (9% of the total), technology and innovation (6% of the total), and disaster  
517 risk reduction actions (2% of the total), were implemented less frequently than those  
518 providing a greater number of sensitivity benefits. This may be a product of resource  
519 constraints, as the resources needed for building adaptive capacities are likely to be higher  
520 than those needed for providing sensitivity benefits. However, this pattern may also reflect  
521 the fact that increased adaptive capacity is not necessarily a desirable outcome for ILAA  
522 decision-makers. First, building adaptive capacity often has fewer immediate benefits than  
523 decreasing sensitivity and exposure. Second, reluctance to invest in adaptive capacity in  
524 ILAA may also result from local leaders who perceive it as a threat to their existing  
525 privileges [165].

## 526 4.2. Explaining Patterns of Planned Adaptation Benefits

527 Planned adaptation actions show efficacy in delivering adaptation benefits across all  
528 domains, but most of these benefits accrue to adaptive capacity. Adaptive capacity, while  
529 important for addressing immediate challenges linked to climate change such as climate  
530 variability, also has potential to catalyze transformative change in agrarian systems  
531 experiencing climate stresses. Despite this potential, planned adaptation work focuses on

532 incremental changes in small producer systems. For example, there are few actions aimed  
533 at livelihoods diversification or gender and social inclusion in the planned adaptation  
534 dataset.

535 While it is difficult to know the exact reasons why planned adaptation results in a portfolio  
536 of relatively incremental actions without detailed, case-level evidence, there is strong  
537 circumstantial evidence to support the argument that this pattern of benefits emerges from  
538 the interplay of planned adaptation actions and the decision-making of individuals and  
539 communities who interact with and shape the uptake and impact of these actions.

540 Specifically, as noted in the discussion of ILAA above, agrarian decision-makers lack  
541 incentives to adopt transformative actions. While this explains why ILAA actions tend to be  
542 incremental, planned adaptation actions are developed in formal contexts, often at some  
543 distance from the communities and individuals they are supposed to benefit. Therefore, we  
544 should expect that planned adaptation actions might have a greater emphasis on  
545 potentially transformative actions, if only because their designers operate without the  
546 disincentives that mark ILAA decision-making. Further, some of the actions that most  
547 effectively deliver adaptive capacity are those which have substantial potential for  
548 catalyzing and supporting transformative change. However, these are not the actions  
549 emphasized by planned adaptation. Instead, the focus of increasing adaptive capacity is  
550 on improving existing livelihoods decisions through the provision of information and  
551 training and improving the outcomes of agricultural livelihoods through the introduction of  
552 new technologies and farming techniques. Further, when potentially transformative  
553 planned adaptation actions are implemented, they tend to deliver few adaptation benefits.

554 For example, education and behavioral change actions, while the third most-implemented  
555 category of actions in planned adaptation efforts, delivered relatively few adaptation  
556 benefits compared to climate smart agriculture and ecosystem-based adaptation.

557 There may be several reasons for lack of adaptation actions of a more transformative  
558 nature. First, in low-income agrarian contexts, transformation often involves diversification  
559 of livelihoods away from agriculture. CGIAR's focus is on agriculture, and its researchers  
560 are less likely to focus on non-agriculture-based livelihoods diversification, which may  
561 have more possibilities of transformation than agricultural investments alone. Second,  
562 transformative change within agricultural sector (e.g. entirely new crops, value chains, new  
563 markets) may require larger investments than many existing projects can make. The lack of  
564 transformative initiatives may reflect a lack of resources invested in this sector. Third,  
565 households and communities have actors who are invested in the status quo and therefore  
566 may have little interest in transformative actions that put their status and privileges at risk.

#### 567 4.3. What Works in Agrarian Adaptation: A Preliminary Assessment

568 Broadly speaking, this assessment suggests the following preliminary lessons about  
569 agrarian adaptation effectiveness.

- 570 1. There is little evidence that either planned or ILAA actions effectively deliver exposure  
571 benefits. Exposure is extremely challenging to address in agrarian contexts: farmers  
572 cannot simply move themselves and their farms to new locations. This is why the  
573 greatest benefits emerge in the context of livestock adaptation, which includes pastoral

574 groups and others that can move animals to new locations where the climate stress is  
575 not present or is reduced.

576 2. Both ILAA and planned agrarian adaptation are heavily focused on drought, flooding,  
577 and extreme weather. Less attention has been paid to climate variability. In the context  
578 of ILAA, this reporting may reflect limited evidence that farmers living with climate  
579 variability consider this part of their baseline situation to be addressed through  
580 everyday livelihoods decisions, rather than a challenge requiring specific adaptation  
581 actions [167–169]. Other stressors have very limited cases. We expect that this will  
582 change in the future, as extreme heat and heat stress are increasingly affecting  
583 agricultural production in many parts of the Global South.

584 a. ILAA adaptation has historically been effective for delivering adaptation benefits  
585 in the context of drought, flooding, climate variability, changes in pests and  
586 diseases, and climate extremes through on-farm actions, changes in land,  
587 water, and resource management, and livelihoods diversification. ILAA livestock  
588 adaptation actions have also been quite effective in delivering adaptation  
589 benefits in the context of flooding, drought, extreme weather, and climate  
590 variability. ILAA actions tend to deliver a balanced mix of sensitivity and adaptive  
591 capacity benefits.

592 b. Planned agrarian adaptation is broadly effective at delivering adaptation benefits  
593 across all stressors considered in this assessment. Planned land, water, and  
594 resource management actions, along with actions aimed at gender and social  
595 inclusion, are the most effective at delivering adaptation benefits. These actions

596           tend to deliver greater levels of adaptive capacity benefits than sensitivity  
597           benefits, though planned land, water, and resource management actions deliver  
598           slightly greater numbers of sensitivity benefits than adaptive capacity benefits.

599   3. On-farm adaptation actions, whether indigenous and local decisions about variety  
600    selection or planned adaptation efforts to introduce new seeds and farming  
601    techniques, deliver adaptation benefits. However, planned adaptation actions are most  
602    effective at delivering adaptive capacity benefits, while ILAA actions deliver a balance  
603    of sensitivity and adaptive capacity benefits.

604   4. Community-based adaptation activities and education and behavioral change  
605    activities, whether from ILAA or planned adaptation sources, are more effective at  
606    delivering adaptive capacity benefits than sensitivity benefits.

607   5. The choice of adaptation action is not entirely linked to efficacy, at least as measured  
608    by the delivery of adaptation benefits. For example, for both ILAA and planned agrarian  
609    adaptation, livelihoods diversification is as effective or more effective at delivering  
610    sensitivity and adaptive capacity benefits than many on-farm or resource management  
611    actions. However, ILAA livelihoods diversification actions are implemented at only 60%  
612    of the rate of ILAA on-farm and resource management actions. Planned livelihoods  
613    diversification actions are implemented at only 30% of the rate of planned on-farm and  
614    resource management actions. This reflects the fact that the process of adaptation  
615    decision-making is not only about selecting actions that deliver the greatest number of  
616    benefits, but also selecting actions that effectively balance the need for adaptation  
617    benefits with decision-makers' priorities (e.g. CGIAR projects focus on agricultural

618 livelihoods and not necessarily on off-farm diversification), resource availability  
619 (transformative change may need resources which are not readily available with  
620 communities or implementors) and the desire to maintain the existing social order on  
621 the part of powerful actors at the community and household levels.

#### 622 4.4. Diverging Agrarian Adaptation Rationales

623 ILAA actions and planned adaptation actions address similar stressors at similar rates  
624 (Figures 4 and 7). In this dataset, both principally addressed drought, with flooding and  
625 extreme weather secondary concerns. This suggests a high level of alignment between  
626 ILAA needs and those identified by planned adaptation. Superficially, it also appears that  
627 ILAA and planned agrarian adaptation select similar actions to address these stressors and  
628 do so at similar rates with a few exceptions. For example, planned adaptation emphasizes  
629 education and behavioral change to a much greater extent than ILAA, while ILAA engages  
630 with livelihoods diversification much more often than planned adaptation. Planned  
631 adaptation focused more on formal agricultural interventions in the form of climate-smart  
632 agriculture and technology and innovation, while ILAA rests more heavily on local on-farm  
633 knowledge and practice.

634 This superficial similarity is belied by the divergence in the adaptation benefits these two  
635 broad adaptation rationales deliver. As a global portfolio, ILAA actions deliver similar  
636 amounts of sensitivity and adaptive capacity benefits, while planned adaptation actions  
637 deliver more adaptive capacity benefits than sensitivity benefits. However, this difference  
638 in outcome is larger than a simple comparison of percentages of benefit might suggest.

639 Planned adaptation activities tend to focus more *directly* on adaptive capacity benefits,  
640 such as by delivering trainings or enhanced capabilities via agricultural extension. On the  
641 other hand, many adaptive capacity benefits associated with ILAA actions are *incidental* to  
642 realizing other benefits. For example, the reduction of the sensitivity of agricultural  
643 production to decreasing rainfall might involve adopting new land management techniques  
644 to maximize soil moisture. While these techniques directly reduce the sensitivity of  
645 agricultural production to this climate stressor, understanding why such interventions work  
646 creates adaptive capacity by introducing farmers to a broader logic of soil management  
647 that might be applied to other stressors in the future. Therefore, the number of adaptive  
648 capacity benefits generated by ILAA actions likely overstates the importance of adaptive  
649 capacity benefits in the adaptation rationales behind these actions.

650 This divergence in outcomes reflects a fundamental divergence in the adaptation  
651 rationales that inform ILAA and planned agrarian adaptation. Where planned adaptation  
652 focuses on longer-term challenges and needs, ILAA emphasizes addressing current  
653 challenges. This means that while these two broad adaptation arenas are aligned in many  
654 ways, such as in their focus on implementing on-farm actions and resource management  
655 actions, these activities are means to different ends. We cannot assume that climate-  
656 smart agricultural interventions are necessarily complementary to ILAA shifts in crop  
657 selection and farming techniques. Instead, there is a risk that the long-term focus of many  
658 climate-smart agricultural interventions will negatively impact the short-term sensitivity  
659 benefits realized through ILAA actions. Understanding the different adaptation rationales  
660 that inform the actions selected to address a given stressor, and the benefits derived from

661 that action, is critical to aligning planned and ILAA adaptation to avoid maladaptive  
662 outcomes.

## 663 4.5. Opportunities for Convergence to Improve Agrarian Adaptation

### 664 Effectiveness

665 The divergent adaptation rationales that inform ILAA and planned agrarian adaptation  
666 produce similar incremental outcomes because most planned adaptation does not  
667 consider the logics of the agrarian livelihoods that shape the outcomes of their efforts. This  
668 demonstrates a lesson that is well-understood in both the development studies and  
669 development community of practice: designing and implementing interventions that  
670 impose actions, technologies, and goals on individuals and communities tends to result in  
671 low rates of adoption and even perverse outcomes. However, the assessment of agrarian  
672 adaptation effectiveness in this article highlights points of contact between ILAA and  
673 planned adaptation that can be mobilized to improve adaptation effectiveness and impact,  
674 while enabling the development of transformative pathways toward a more just and  
675 sustainable future.

676 The characterization of ILAA that emerges from this assessment aligns closely with  
677 research on agrarian livelihoods which suggests that these livelihoods balance the need for  
678 material security with broader social goals [170–172], particularly the desire of decision-  
679 makers to retain their privileged positions in households and communities [164]. This  
680 suggests that an uncritical approach to the valorization of locally led adaptation is unlikely  
681 to result in effective adaptation. Instead, adaptation actions developed by communities

682 that yield the largest number of sensitivity benefits, if not all adaptation benefits, are likely  
683 to be those whose greatest strength lies in one or two characteristics: their ability to  
684 reinforce existing social orders, rather than their ability to address the widest set of needs  
685 in the community, or their ability to be implemented with minimal resources.

686 This assessment suggests that the key goal of ILAA rationales is to reduce the sensitivity of  
687 existing activities (and their attendant social orders) to climate stressors. This is an  
688 inherently incremental approach to adaptation ill-suited to contexts of rapid change in  
689 climate variability or other conditions or where conditions are departing the historical  
690 biophysical basis of production. Such systems will require transformation to ensure the  
691 viability of both people and production in the future. Imposing transformative change on  
692 these systems is unlikely to generate lasting change, as agrarian livelihoods are very  
693 resilient to externally imposed change [166]. However, by aligning planned adaptation  
694 actions with a longer-term transformative goal with the goals of agrarian livelihoods  
695 through an initial emphasis on sensitivity benefits is likely to generate the levels of material  
696 and social security that allow for the emergence of pathways marked by the uptake of new  
697 practices, activities, and eventually roles and social structures. All contexts are marked by  
698 innovators who understand how to introduce new practices or activities in a manner  
699 acceptable to the households and communities in which they live [166]. Identifying and  
700 learning from these innovators to better understand what sorts of sensitivity-focused  
701 interventions might address key vulnerabilities such that increasing adaptive capacity and  
702 changing social structures are no longer threats to be managed, but opportunities to be  
703 realized, appears to be a key component of effective co-production.

704 At the same time, the dataset assessed in this article suggests that there are individuals in  
705 indigenous and local contexts who can implement activities, such as those associated  
706 with education and behavioral change, in a manner that is socially acceptable and which  
707 delivers adaptation benefits. The often-limited number of these actions relative to others  
708 which deliver fewer adaptation benefits per adaptation action, and which are likely to result  
709 in incremental changes that support the perpetuation of existing social structures, offers  
710 an opportunity for mutual benefit. Planned adaptation practitioners can learn how to  
711 design and present effective but potentially threatening adaptation actions to decision-  
712 makers in a manner that renders these actions acceptable. Local actors might benefit from  
713 leveraging the greater resources and networks of planned adaptation practitioners to  
714 implement and scale up their chosen actions. For example, while there are relatively few  
715 ILAA behavioral change and education efforts, those that exist tend to deliver many  
716 benefits. Farmers and others who develop such initiatives within agrarian communities and  
717 households do so with an understanding of what efforts can generate value without  
718 creating concerns among decision-makers that limit uptake. This suggests that the co-  
719 production of planned adaptation actions aimed at behavioral change and education with  
720 communities is likely to inform project and activity design in a manner that increases  
721 uptake and delivers greater benefits. Similarly, planned adaptation efforts aimed at  
722 livelihoods diversification risk low uptake if they overtly threaten changes to the existing  
723 social order. However, the presence of livelihoods diversification efforts in ILAA suggests it  
724 is possible to present such actions in a way that does not threaten decision-makers such  
725 that uptake is limited.

## 726 5. Future Directions

727 If agrarian adaptation is to meet the needs of those living in and dependent upon agrarian  
728 systems – and much of the world’s population is either directly or indirectly dependent on  
729 these systems – it must not only understand what actions appear to reduce exposure,  
730 lower sensitivity, or increase adaptive capacity, but also why particular actions do or do not  
731 produce these results. This initial assessment of agrarian adaptation effectiveness, by  
732 suggesting preliminary adaptation rationales for ILAA and planned agrarian adaptation  
733 takes a substantial step in this direction. In so doing, it opens a number of questions for  
734 future research that will further our understanding of what works in agrarian adaptation.

735 First, the strong convergence of ILAA and planned adaptation around on-farm actions and  
736 resource management presents opportunities for detailed case studies where existing ILAA  
737 actions overlap with implemented planned agrarian adaptation actions. Such cases can  
738 evaluate the extent to which the ILAA and planned actions complement or compromise  
739 one another and why. While the longer-term focus of planned adaptation might present  
740 challenges to shorter-term ILAA goals, it is also possible that these two arenas of  
741 adaptation action and their goals might be aligned to meet both short- and longer-term  
742 needs where they are implemented.

743 Second, this assessment rests on a simple presence/absence measure of adaptation  
744 benefits resulting from adaptation actions. However, such measures might misinform  
745 policy if, for example, those which deliver the greatest number of benefits per action do so  
746 to very small numbers of people. Developing meaningful measures of the value of

747 adaptation benefits, whether that be in economic terms, in terms of the number of people  
748 benefiting, or some other metric, is critical for deepening our understanding of adaptation  
749 effectiveness. Future research will provide substantial nuance for the broad, coarse picture  
750 of effectiveness presented in this assessment, and may change some ideas about what  
751 works in agrarian adaptation.

752 Third, where adaptation benefits are delivered, who receives these benefits? The  
753 distribution of benefits is as important as their presence or absence when evaluating their  
754 impact and effectiveness. For example, if education and behavioral change actions  
755 produce many benefits, but those are only realized by existing decision-makers and  
756 authority figures, the impact of these actions might be limited. Further, understanding the  
757 distributional aspects of adaptation benefits will deepen our understanding of how the  
758 logics of agrarian livelihoods inform adaptation action. While the evidence in this  
759 assessment strongly suggests that ILAA actions reflect these logics, greater nuance in  
760 terms of who benefits from different adaptation actions will either confirm or challenge this  
761 initial explanation for the patterns of adaptation effectiveness described in this article.

762 Finally, as this assessment has demonstrated, there are many combinations of adaptation  
763 action and climate stressor – in both ILAA and planned agrarian adaptation – for which we  
764 our dataset had either no cases, or too few cases to make reliable claims about  
765 effectiveness. In particular, we have little evidence for what works to address pests and  
766 diseases, water scarcity, and sea level rise. Whether such cases exist and simply need to  
767 be documented in the literature, or if case study research is needed, filling these gaps will  
768 help deepen our understanding of agrarian adaptation effectiveness.

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