Rapid mantle flow with power-law creep explains deformation after the 2011 Tohoku mega-quake

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Abstract: The deformation transient that follows large subduction zone earthquakes 1 is thought to originate from the interaction of viscoelastic flow in the asthenospheric man-2 tle and slip on the megathrust that are both accelerated by the sudden coseismic stress 3 change[1]. The surface deformation following the 2011 M_w 9.0 Tohoku earthquake[2, 3, 4, 5] provides some of the most comprehensive constraints on surface deformation following mega-quakes. Assuming that the flow of mantle rocks is Newtonian, the low 6 viscosity required to explain surface deformation [4, 6, 7] was attributed to a permanently existing property such as a weak lithosphere-asthenosphere boundary [4], but these find-8 ings lack explanations consistent with well-established results from mineral physics [8, 9]. Here, we show that combining insight from laboratory solid-state creep[8, 9] and friction 10 experiments[10, 11] can successfully explain the spatial distribution of surface deforma-11 tion in the first few years after the Tohoku earthquake [2, 3, 4, 5]. The transient reduction 12 of effective viscosity resulting from power-law (nonlinear) stress-strain-rate interactions 13 in the asthenosphere explains the peculiar retrograde displacements revealed by seafloor 14 geodesy, while the rapid slip acceleration on the megathrust accounts for surface dis-15 placements on land and offshore outside the rupture area. The low-velocity zone of the 16 lithosphere-asthenosphere boundary has been previously associated with a permanent 17 low-viscosity structure [12]. In contrast, our results suggest that a rapid mantle flow 18 takes place in the lithosphere-asthenosphere boundary with temporarily decreased vis-19 cosity in response to large coseismic stress, presumably due to the activation of power-law 20 creep during the postseismic period. 21

Post-earthquake deformation can be interpreted as a process of relaxing the stress perturbation 22 caused by the earthquake rupture. It generally consists of the deformation due to continued, mostly 23 aseismic slip on the megathrust (afterslip)[13] and viscoelastic relaxation in the asthenosphere [1]. 24 Afterslip relaxes the stress perturbation by localized deformation in the region of the fault plane that 25 surrounds the earthquake rupture. Viscoelastic flow relaxes the coseismic stress change by distributed, 26 plastic deformation in the surrounding mantle [14, 15]. The post-earthquake deformation of the 2011 27 $M_{\rm w}$ 9.0 Tohoku-Oki earthquake was captured by a wide array of land-based [16, 2] and seafloor [3, 4, 5] 28 instruments. This widespread observation network captured a complex post-earthquake deformation 29 field. Some near-trench seafloor stations moved seaward, in the opposite direction to the long-term 30 subduction motion, while others moved landward (Fig. 1a). The post-earthquake vertical motion was 31 also complex, with many seafloor stations moving in opposing directions than that on land. Several 32 studies [3, 4, 17, 6, 18] claim that viscoelastic relaxation largely contributed to these patterns. 33

The 2011 $M_{\rm w}$ 9.0 Tohoku-Oki earthquake induced a large stress perturbation in the surrounding 34 lithosphere that accelerated the flow in the oceanic asthenosphere and in the mantle wedge. It is 35 natural to expect that viscoelastic relaxation during the post-earthquake period can be described by 36 the constitutive properties of peridotite, a rock assemblage of mostly pyroxene and olivine, under 37 high temperature and pressure conditions [19]. Likewise, afterslip may be controlled by the frictional 38 properties of the megathrust. Laboratory experiments suggest that the plastic deformation of mantle 39 rocks is accommodated by a thermally activated flow that obeys a power-law relation between stress 40 and strain-rate [9, 8]. The friction between the subducting slab and the upper plate is governed 41 by a laboratory-derived kinematic friction law [10, 11] that predicts the velocity of afterslip based 42 on the stress evolution. Incorporating the laboratory-derived constitutive properties for viscoelastic 43 flow and afterslip successfully explained the deformation that followed the 2012 $M_{\rm w} 8.6$ Indian Ocean 44 earthquake [15], for which the surrounding rheological structure is rather simple. In contrast, most 45 studies of the Tohoku-Oki earthquake employed simplified rheological models with linear viscoelastic 46 flow in the mantle and kinematic afterslip[20, 21, 22, 4, 7, 6, 18], or explored more realistic rock 47 properties in two-dimensional models [17, 23]. This limitation of approach is probably due to the 48 difficulty in dealing with the combination of the geometrical complexity and the nonlinear governing 49 equations. Several of the linear viscoelastic models inferred from the Tohoku-Oki earthquake include 50 a thin low-viscosity (weak) layer along the lithosphere–asthenosphere boundary (LAB) in the upper 51 mantle [4, 6, 7]. A sharp decrease of seismic velocity at LAB [12, 24] has been attributed to the 52 presence of water or partial melts, which upholds the existence of a low-viscosity layer as a permanent 53 rheology structure^[4]. This interpretation remains controversial, as these findings require explanations 54 consistent with well-established results from mineral physics [8, 9]. 55

Here, we consider the three-dimensional response of the lithosphere-asthenosphere system following the 2011 $M_{\rm w}$ 9.0 Tohoku-Oki earthquake with power-law viscoelastic flow in the mantle and afterslip on the megathrust, incorporating a realistic velocity structure for the Japanese margin, Earth's sphericity and laboratory-derived, nonlinear rock constitutive properties. We assume that the viscoelastic flow of the upper mantle is accommodated by steady-state dislocation creep, with the following stress-strainrate relationship [9]

$$\dot{\varepsilon}_{\rm M} = A_{\rm M} (C_{\rm OH})^r \sigma^n \exp\left(-\frac{H}{RT}\right),\tag{1}$$

where $\varepsilon_{\rm M}$ is the norm of the strain in the Maxwell element in the rheology model of Burgers-type 62 material (see Methods), $A_{\rm M}$ is a pre-exponential factor in the Maxwell element, $C_{\rm OH}$ and r are the 63 water concentration and its exponent, σ is the norm of deviatoric stress tensor, n is the stress exponent, 64 $H = Q + p \Omega$ is the activation enthalpy, R is the universal gas constant, and T is the temperature. 65 The enthalpy incorporates the activation energy Q and the activation volume Ω and depends on the 66 confining pressure p. In addition, we incorporate the transient creep that is thought to take place 67 during the early stage of post-earthquake transients [25, 15]. We use a model that includes the transient 68 effect of dislocation creep [15], as 69

$$\dot{\varepsilon}_{\rm K} = A_{\rm K} (C_{\rm OH})^r |\sigma - 2G_{\rm K} \varepsilon_{\rm K}|^n \exp\left(-\frac{H}{RT}\right),\tag{2}$$

where $\varepsilon_{\rm K}$ is the norm of the transient strain, $A_{\rm K}$ is a pre-exponential factor in the Kelvin element 70 in the rheology model of Burgers-type material and $G_{\rm K}$ is a work hardening coefficient. Here we 71 use the same parameters as in (1) with $A_{\rm K} = A_{\rm M}$ and $G_{\rm K} = G$, where G is rigidity. We combine 72 dislocation creep with diffusion creep, but the latter does not play a significant role in our short-term 73 simulations (see Methods). For the same reason, we did not include the transient effect of diffusion 74 creep. The temperature profile is based on a two-dimensional model for the Tohoku region [26], which 75 we expanded along strike with a mantle temperature of 1380°C (Fig. 1b), compatible with another 76 study [15]. We converted the background shortening rate of 10^{-8} yr⁻¹ to determine the background 77 stress based on the rheological law[27]. We assume that the velocity of afterslip on the megathrust is 78

⁷⁹ governed by the rate- and state-dependent friction, given by the constitutive law,

$$V = V_* \exp\left(\frac{\tau - (\tau_{s*} + \Delta \tau_s)}{A}\right), \qquad (3)$$

so combined with the aging law[11],

$$\Delta \dot{\tau}_{\rm s} = \frac{B}{L/V_*} \exp\left(-\frac{\Delta \tau_{\rm s}}{B}\right) - \frac{BV}{L},\tag{4}$$

where V is slip velocity, V_* is the reference velocity, τ is the shear traction, τ_{s*} is the steady-state 81 frictional resistance, and $\Delta \tau_{\rm s}$ is a state variable analogous to the "strength as a threshold" [28]. A 82 is a parameter that controls the fracture energy consumed during fault slip, the frictional parameter 83 B controls strength recovery and L controls the slip weakening distance. For the initial condition 84 of the simulation, we borrow the coseismic slip (Fig. 1a) and the fault constitutive properties (i.e., 85 V, τ , $\Delta \tau_{\rm s}$, A, B and L) (Fig. 1c and Fig. 2) from a simulation of giant earthquakes in the Tohoku 86 region [29] (see Methods for details). We divide the region into three plates: a continental plate 87 that includes the North-American and Eurasian plates and two oceanic plates, the Pacific and the 88 Philippine Sea plates. Each tectonic plate consists of an elastic layer near the surface (the crust 89 and the lithospheric mantle) and a viscoelastic mantle layer below (Fig. 1c and Fig. 3). The elastic 90 and viscoelastic layers in the three plates share the same elastic properties (Fig. 1c). Simulating the 91 dynamics of this nonlinear system in three-dimensions with realistic elastic, frictional, and viscoelastic 92 properties requires state-of-the-art modeling strategies[30, 31] (see Methods). 93

Our simulated deformation shows similar patterns to the observation data for the cumulative 2.8 94 year post-earthquake displacement in the horizontal direction (Fig. 4a) when we choose the following 95 rock properties $K = 10^{0.56} \text{ MPa}^{-n}/\text{s}$, $C_{\text{OH}} = 1,000 \text{ ppm H/Si}$, Q = 430 kJ/mol, r = 1.2, $\Omega = 13.5 \text{ cm}^3/\text{mol}$ 96 and n=3 (see Methods). For simplicity, we assumed a similar average water content in the oceanic 97 asthenosphere and in the mantle wedge, even though water concentration may be larger in the mantle 98 wedge corner due to slab dehydration [32]. The values adopted for the activation energy and the 99 activation volume fall well within the uncertainties constrained by laboratory experiments [8], i.e., 100 $Q = 410 \pm 50 \,\mathrm{kJ/mol}$ and $\Omega = 11 \pm 3 \,\mathrm{cm}^3/\mathrm{mol}$ for olivine, despite the required extrapolation to 101 different temperature and pressure conditions. This indicates that the laboratory-derived rheological 102 and frictional models with the proper in-situ conditions allow us to make first-order predictions about 103 how the lithosphere-asthenosphere system will deform in response to a large earthquake. 104

The temporal and spatial evolution of effective viscosity after the giant earthquake naturally results 105 from the nonlinear constitutive relations (1)-(2) and plays an important role in the rapid and complex 106 deformation that occurs during the post-earthquake period. In response to the large (above 1 MPa) 107 stress perturbation in the upper mantle, the effective viscosity (see Methods for the definition) was 108 largely reduced shortly after the earthquake in the depth of 80-180 km in the oceanic mantle and 109 100-200 km in the mantle wedge (Fig. 5). The flow of low-viscosity mantle material below the trench 110 axis drives westward motion around the trench, explaining the continued displacement of the seafloor 111 stations located above the coseismic rupture (MYGI, KAMS and KAMN, Fig. 4b). The accelerated 112 flow in the mantle wedge contributes to the eastward displacement of GPS stations on land. Afterslip 113 on the megathrust is essential to explaining the deformation on land, but also the spatial pattern 114 of displacement of the seafloor stations, such as eastward displacement seen in the stations FUKU 115 and MYGW (Fig. 4b). Both these stations are in locations where viscoelastic flow produces little 116 horizontal displacement, making the post-earthquake response due to the afterslip dominant there 117 (Fig. 6). Temporal increase of effective viscosity takes place in the relaxation process of coseismic 118 stress (Fig. 5), which explains well the time series of horizontal displacement in the station MYGI and 119 some land stations that are aligned in the trench normal direction from the epicenter (Figure 7). The 120 misfit in the station MYGW is likely due to the dominance of the elastic response due afterslip there, 121 which we discuss below. 122

Remarkably, the spatial distribution of effective viscosity derived from laboratory data and coseismic stress change is similar to those inferred from optimization of simplified linear viscoelastic

models [4, 6, 7]. The effective viscosity shortly after the earthquake is around 2×10^{17} Pas at the mini-125 mum both in the mantle wedge and the oceanic mantle. This is equivalent to the viscosity in a linear 126 transient creep model that fits observed post-earthquake deformation during the early stage [4]. The 127 LAB, originally identified as a low-seismic-velocity layer [12, 24], has also been associated with a per-128 manent low-viscosity structure. However, our result suggests that the LAB hosts a rapid mantle flow 129 with temporarily decreased viscosity in response to large coseismic stress, rather than a permanent 130 low-viscosity layer. A recent experimental study suggests that the presence of water, which has been 131 invoked to explain a permanent low-viscosity structure at the LAB, is not compatible with the low 132 seismic velocity[33]. Further studies are require to unravel the nature of the LAB. 133

Despite the excellent fit at numerous stations in the far-field, there remain a few discrepancies 134 with the near-field data, presumably because our model does not include some fine details of the 135 coseismic rupture offshore. For example, the simulated horizontal displacement at the station FUKU 136 is nearly half of the measured one, despite a good agreement in the azimuthal direction. A peak of the 137 amplitude of afterslip in the dashed rectangle in Fig. 4b should be slightly closer to station FUKU to 138 better fit the data, perhaps indicating that the coseismic slip was overestimated in this region. Such 139 afterslip distribution should also fit better the horizontal displacements in the southern part of the 140 land area (the dashed rectangle in Fig. 4a). In addition, the displacement time series in the station 141 MYGW (Figure 7) shows larger displacements in the plate convergence direction compared to the 142 observed one. Figure 4b suggests that this is because the azimuthal direction of the elastic response 143 due to the afterslip is almost parallel to the plate convergence direction, while the observation presents 144 a displacement in the south-east direction. Smaller afterslip at the south of Sendai (the dot-dashed 145 rectangle in Figure 4b), which is more consistent to the estimated afterslip distributions in previous 146 studies [4, 6], is likely to produce a displacement with a similar azimuthal direction to the observation. 147 In the vertical displacement, significant uplift is observed in the fore-arc (The purple circles in Fig. 6). 148

In the trench-normal profile of the stations MYGI and MYGW, although viscoelastic flow in the 149 simulation produces uplift in this region, subsidence due to afterslip cancels it out (the green circles 150 in Fig. 6). A significant portion of this uplift in viscoelastic flow is due to stress change associated 151 with afterslip, which we inferred from simulations of viscoelastic flow that exclude afterslip (the green 152 circles in Fig. 8a). Without the interaction between afterslip and viscoelastic flow, the computed 2.8-153 year horizontal displacements are reduced by more than 10% in some of the land stations, and the 154 vertical ones change by more than 30% in many stations in both the land and the seafloor (Fig. 8b). 155 As afterslip in the near field can be highly sensitive to the details of the coseismic rupture, these 156 residuals may be caused by still unresolved slip patterns of the mainshock. Nevertheless, our results 157 highlight significant nonlinear interactions among coseismic slip, afterslip and viscoelastic flow. 158

Our study demonstrates that a rheological model of the plate boundary based on independent 159 geological and geophysical data can make realistic, first-order predictions of the transient response 160 of the lithosphere following giant earthquakes. Complex post-earthquake deformation of a large sub-161 duction zone earthquake can be well explained by taking into account the laboratory-derived friction 162 and viscoelastic flow laws in a three-dimensional structural model. The discrepancy between the 163 simulation and the data, particularly in vertical motions and in some seafloor stations, should be 164 reduced, in principle, by refined models of the coseismic rupture and the in-situ conditions such as 165 initial stress, temperature and confining pressure, properties that are usually only constrained for long 166 time scales [26, 34]. The approach is generally applicable to other ocean-continent subduction zones, 167 implying that our understanding of viscoelastic properties and rocks friction may be detailed enough 168 169 to predict the slow deformation of the lithosphere during the postseismic and interseismic periods.

170 Methods



Figure 1: Post-earthquake deformation 2.8 years after the 2011 Tohoku-Oki Earthquake and surrounding material properties. a, Measured displacement in the land stations [16, 2] (triangles) and the seafloor stations on both the continental plate [3] and the pacific plate [5] (inverse triangles). We removed some land stations for visibility. Coseismic displacement is not available in the station G01. Dashed-dotted and dotted lines are the location of the vertical cross-section (A-A' profile) and the depth of the plate boundary, respectively. b, Assumed temperature structure and frictional properties in the A-A' profile. In the "unstable" region, where coseismic slip is input in our simulation, friction parameters are set as $-0.2 \le A - B \le -0.1$ MPa and $0.2 \le L \le 0.3$ m. In the "stable" region, where afterslip occurs in our simulation, A - B = 0.1 MPa and L = 13 m (also see Fig. 2b). The temperature values in the layers of elastic materials are not used in the simulation. c, The assumed viscoelastic structure before the earthquake in the A-A' profile. The mantle wedge and oceanic mantle are viscoelastic with $G_{\rm v}=65$ GPa. The remaining volume is elastic with $G_{\rm e}=45$ GPa. Poisson's ratio is $\nu=0.25$ everywhere. The color indicates the effective viscosity in the Maxwell element before the earthquake. We used the same color scale as in Figure 5 here to highlight the change due to the earthquake. Contribution from dislocation creep is dominant in the light green area, while viscosity in the linear term is dominant (see Methods) elsewhere.



Figure 2: The variables and parameters that are taken over from a simulated M_w 9 earthquake scenario produced by Nakata et al.[29]. a, Shear stress (τ) and state variable ($\Delta \tau$) used as the initial values. The initial value of slip velocity (V) is calculated using these values with (3). b, Frictional parameters. Afterslip occurs mainly in the area where A - B is positive and L is large.



Figure 3: The finite-element model used in our study. a, Overview, b, close-up view for the region of the red rectangle in a with the location of the megathrust and c, close-up view for the region of the yellow rectangle in b with finite-element mesh patterns. The elements with the same color are in the same structural component (we have six of them, elastic and viscoelastic layer in three plates). The green color is used to distinguish the elements that are located above sea level. The green elements have the same material properties as those in the continental plate.



Figure 4: Post-earthquake deformation of the 2011 Tohoku-Oki earthquake. a, The horizontal component of 2.8-year post-earthquake displacements. In the station G01, the contribution from the plate convergence rate (shown in Fig. 1a), which is not included in our simulation scheme, is added to the simulation result (see Methods). In addition, displacement in the period 1.5 years and 2.8 years after the earthquake is plotted in this station because of the limitation of data availability[5]. Displacement time series in the stations marked by orange circles are shown in Figure 7. b, The horizontal components of 2.8-year post-earthquake displacements in the simulation broken down into the contribution from elastic deformation due to afterslip and viscoelastic flow. The viscoelastic component includes the contribution from both coseismic slip and afterslip. The contour lines indicate accumulated afterslip for 2.8 years. The fit to the horizontal displacements in the station FUKU would be better if large afterslip in the dashed rectangle were slightly closer to FUKU.



Figure 5: Distributions of effective viscosity in the steady-state (left) and transient (right) creep a, shortly (at 0 year), b, at 1 year and c, at 2.8 years after the earthquake. See Methods for the definition of effective viscosity. The dashed line indicates summation of the background stress and the coseismic stress (norm of deviatoric stress tensor). Due to the power-law the stress relaxation is accompanied by material hardening, with a temporal increase in effective viscosity. As the material hardens, deformation is progressively accommodated by steady-state creep.



Figure 6: Simulation results on the vertical cross-sections parallel to the plate convergence direction, going through seafloor stations (a: the A-A' profile with MYGW and MYGI, b: the B-B' profile, which is parallel to A-A' and runs by the station FUKU). The figures on the left are for the total displacement after 2.8 years. The panels on the right show the contribution from elastic deformation due to afterslip and viscoelastic flow after 2.8 years. The color indicates the distribution of effective viscosity in the Maxwell element shortly after the earthquake. The black arrows on the horizontal dashed line are the observed displacements. In the location of purple circles, observation data shows uplift, while in the green circles, computed uplift viscoelastic displacement is canceled out by subsidence due to afterslip.



Figure 7: The displacement time series in the stations aligned in the trench normal direction from the epicenter, denoted by the orange circles in Figure 4a. Horizontal displacements in the plate convergence direction are plotted. Relatively large misfit in the station MYGW is discussed in the main text.



Figure 8: a, Power-law viscoelastic flow in 2.8 years without considering afterslip in the vertical crosssection of the station MYGI and MYGW. In the green circle, uplift is significantly smaller than in the case with afterslip, shown in Fig. 6a. b, Comparison between the total 2.8-year displacement in the original simulation (black, the same as "total" in Fig. 6) and the result without interaction between afterslip and viscoelastic flow (red). As a result, the computed horizontal displacements are reduced by more than 10 % in some of the land stations, and the vertical ones change by more than 30 % in many stations in both of the land and the seafloor. The color indicates the distribution of effective viscosity in the Maxwell element shortly after the earthquake.

¹⁷¹ 0.1 Rheology model for upper mantle

We used the Burgers-type rheology, where the strain due to steady-state creep and transient creep are in series:

$$\varepsilon_{\rm v} = \varepsilon_{\rm M} + \varepsilon_{\rm K},$$
(5)

where ε_{v} is the viscoelastic strain. In the steady-state creep, the dislocation creep model based on the laboratory-derived power-law relation and the linear Maxwell element are in series:

$$\dot{\varepsilon}_{\rm M} = A_{\rm M} (C_{\rm OH})^r \sigma^n \exp\left(-\frac{Q+p\Omega}{RT}\right) + \frac{1}{2\eta_{\rm l}}\sigma,\tag{6}$$

where $\eta_{\rm l}$ is a constant value for viscosity in the linear Maxwell element. This simplifies the treatment of diffusion creep, based on the idea that viscosity in diffusion creep is 10^{1-2} times larger than effective viscosity in dislocation creep shortly after earthquakes of $M_{\rm w}$ 8.2 and 8.6[15], and the influence of diffusion creep is not expected to be very large in the 2.8 years deformation after the 2011 $M_{\rm w}$ 9.0 Tohoku-Oki earthquake. We use $\eta_{\rm l} = 1 \times 10^{19}$ Pas for the whole of the region, which is nearly the average value of the viscosity structure estimated for steady state 2D model around the Japan Trench[27]. In a tensor notation,

$$(\dot{\varepsilon}_{\rm M})_{ij} = A_{\rm K} (C_{\rm OH})^r \sigma^{n-1} \exp\left(-\frac{Q+p\Omega}{RT}\right) \sigma_{ij} + \frac{1}{2\eta_{\rm l}} \sigma_{ij},\tag{7}$$

183 We defined effective viscosity to be $\eta^{\text{eff}} = \sigma/2\dot{\varepsilon}$, thus

$$\eta_{\rm M}^{\rm eff} = \frac{\eta_{\rm P} \eta_{\rm l}}{\eta_{\rm P} + \eta_{\rm l}} \tag{8}$$

where $\eta_{\mathrm{M}}^{\mathrm{eff}}$ is effective viscosity in the Maxwell element and

$$\eta_{\rm p} = \frac{1}{2A_{\rm K}(C_{\rm OH})^r} \sigma^{-n+1} \exp\left(\frac{Q+p\Omega}{RT}\right).$$
(9)

In the same manner, we can write the transient dislocation creep (Equation 2) in the tensor notation as

$$(\dot{\varepsilon}_{\rm K})_{ij} = A_{\rm K} (C_{\rm OH})^r q^{n-1} \exp\left(-\frac{Q+p\Omega}{RT}\right) q_{ij},\tag{10}$$

where $q_{ij} = \sigma_{ij} - 2G_{\rm K}(\varepsilon_{\rm K})_{ij}$ and q is its norm. Then, the effective viscosity of the transient dislocation creep is

$$\eta_{\rm K}^{\rm eff} = \frac{1}{2A_{\rm K}(C_{\rm OH})^r} q^{-n+1} \exp\left(\frac{Q+p\Omega}{RT}\right),\tag{11}$$

where $\eta_{\rm K}^{\rm eff}$ is effective viscosity in the Kelvin element.

Our temperature pattern (Fig. 1b) in the elastic slab is significantly different from the reference 190 thermal model[26] in that it keeps a low temperature even in the depth deeper than 200 km. However, 191 the absolute temperature does not affect the simulation results significantly because the high pressure 192 at these depths hardens the material. In the simulation, we use the values proposed from laboratory 193 experiments [8] for K, r and n, while Q and Ω were chosen within the error bar obtained in the same 194 experiments, so that the computed displacement values are more consistent with the data. We set the 195 $C_{\rm OH}$ value as an average in the upper mantle. Further study on more detailed variation of measured 196 displacement should require considering heterogeneous distribution of water content[15, 35]. 197

¹⁹⁸ 0.2 Coseismic slip and fault friction setting

To compute the postseismic deformation, we borrow the frictional properties assumed in the simulations of Nakata and colleagues[29]. The top of the subducting slab is modelled as a frictional interface loaded by the same tectonic forces that drive subduction. We assume the force balance

$$\dot{\tau}_i = F_i(\mathbf{v} - \mathbf{v}_{\rm pl}, \dot{\boldsymbol{\varepsilon}}_{\rm v}) - \gamma \dot{V}_i \tag{12}$$

where τ_i and V_i are shear stress and slip velocity on the *i* th FEM node on the fault. V_i is in the 202 direction opposite to the convergence rate (Fig. 1). \mathbf{v} and \mathbf{v}_{pl} are vectors whose components are 203 V_i and $(V_{\rm pl})_i$, the plate convergence rate. Here, the difference between **v** and **v**_{pl} is the source of 204 deformation based on the back slip model [36], which assumes that the steady-state subduction does 205 not contribute to the deformation at the free surface in the hanging wall. It means that the calculated 206 displacement at the foot wall does not include the contribution from the subduction motion either. 207 $V_{\rm pl} = 8.4 {\rm cm/yr}$ is used for the whole region in this study. The second term introduces the effect of the 208 seismic radiation damping[37]. We use $\gamma = 0.3G/2c$, which is used in Nakata *et al.*[29] to reproduce a 209 shorter duration during the 2011 Tohoku-Oki earthquake [38], where G is the rigidity and c is the shear 210 wave velocity. In many previous studies, the simulations have been carried out assuming an elastic 211 homogeneous half-space, where $\dot{\boldsymbol{\varepsilon}}_{\mathbf{v}} = 0$. This makes F_i a linear function of \mathbf{v} and enable F_i to be 212 discretized by the boundary integral equation method (BIEM). In this study, we evaluate F_i directly 213 by using the finite element method (see Section 0.3), in which F_i can be a function of both **v** and $\dot{\boldsymbol{\varepsilon}}_{\mathbf{v}}$, 214 and arbitrary geometry and material heterogeneity can be considered. We carry out time integration 215 of (12) and the equations for the rate- and state-dependent friction law (3)-(4) using an adaptive time 216 step fifth-order Runge-Kutta algorithm [39]. In our simulation, initial value of τ_i and $\Delta \tau_{si}$ is extracted 217 from a time step right after the earthquake in the simulation of Nakata et al. [29] (Fig. 2a), multiplied 218 by 0.7 to best-fit the geodetic data (Extended Data Fig. 9). The initial value of V_i is calculated with 219 (3). Frictional parameters are also the same as in Nakata et al. [29], excluding that small patches for 220 M7 earthquakes are removed (Fig. 2b). A and B values in (3) and (4) are known to be normal-stress 221 dependent: $A = a\sigma_n$ and $B = b\sigma_n$, where σ_n is the normal stress. See Nakata *et al.* for the normal 222 stress distribution. V_* is set to be identical to $V_{\rm pl}$. 223

Extended Data Fig. 9 shows the coseismic slip, the same as in Fig. 1, which we extracted from the cycle simulation results, and comparison between computed and observed coseismic displacement. Although this slip model is not inferred from observation data, it fits the horizontal component of coseismic crustal deformation data well when multiplied by 0.7. The stress distribution computed in response to this coseismic slip is used as the stress perturbation to compute power-law viscoelastic flow and afterslip evolution.

230 0.3 Finite-element modeling

In the finite-element modeling, we discretize the equations for viscoelastic deformation and fault 231 friction using the mesh shown in Fig. 3. The mesh was constructed using an updated version of 232 a meshing technique for quadratic tetrahedral elements based on a background structured grid[31]. 233 In the method, at first a uniform background cell covering entire targeted domain was used, and it 234 defined the resolution of the layer interfaces as ds. The geometries of the ground surface and interfaces 235 were simplified slightly to maintain good element quality. At the same time, unnecessary elements 236 were merged to generate larger elements elsewhere. This method enables automated and robust 237 construction of high-resolution tetrahedral mesh directly from digital elevation model (DEM) data 238 of crustal structure without creating a CAD (computer-aided design) model. The updated version 239 of the meshing algorithm carries out an additional post process to minimize the simplification of the 240 geometry in the ground surface and interfaces as much as possible. Input elevation data sets are 241 based on 900 m resolution topography data (JTOPO30), the CAMP model[40] and a velocity data set 242 for the Japanese Island[41]. From these data sets we constructed a finite element model in which the 243 geometry of layer boundaries is in 2-km resolution (ds=2 km) with slight modification. Using this finite 244 element model, shear stress distribution on the fault, which is essential for computing stress-driven 245 afterslip, is evaluated accurately in the target problem. The finite element mesh has 1,402,810,116 246 degree-of-freedom (DOF) and 346,885,129 tetrahedral elements. In viscoleastic material and elastic 247 material, rigidity is $G_v = 65$ GPa and $G_e = 45$ GPa, respectively. Poisson's ratio is $\nu = 0.25$ and density is 248 $\rho = 3300 \text{ kg m}^{-3}$ everywhere, which setting follows Sun et al. (2014)[4]. Confining pressure is calculated 249 as $p = \rho g z$, where g is the gravitational acceleration and z is depth. 250

To evaluate F_i in (12), we applied an algorithm based on a viscoelastic finite element formulation [42, 251 43], which we modified to consider nonlinear viscoelasticity. Slip velocity **v** is input to the finite-element 252 model using the split node technique [44] to evaluate response displacement rate. We consider the effect 253 of gravity using surface gravity approximation [45]. Since no inertia term is included in the equations, 254 the problem is quasi-static, which ends up with solving an elliptic problem in every time step. It 255 means we need to solve the system which has billions of DOF. We introduced a modified version [46] 256 of a massively-parallel FEM solver for computing crustal deformation[31] based on "GAMERA"[30] 257 (a physics-based seismic wave amplification simulator, enhanced by a multiGrid method, Adaptive 258 conjugate gradient method, Mixed precision arithmetic, Element-by-element method, and pRedictor 259 by Adams-Bashforth method). 260

We run the calculation using 2048 computer nodes (16384 computer cores) of the K computer at RIKEN Center for Computational Science[47], each computer node of which has one CPU (Fujitsu SPARC64 VIIIfx 8 core 2.0 GHz) and 16 GB of memory, for nearly 10 hours to obtain the postearthquake deformation for 2.8 years shown in Fig 4.

265 0.4 Geodetic data

All the cumulative geodetic displacements plotted in the figures in this paper are adjusted to values relative to the stable part of the North American plate, on the basis of ITRF2005 model[48].

²⁶⁸ 0.5 Viscoelastic and afterslip contributions

Fig. 4b and the figures in the right in Fig. 6 present breakdown of computed displacement into contribution from elastic deformation due to afterslip and viscoelastic flow. In principle, calculated post-earthquake deformation in this study can be decomposed into elastic response due to cummulative afterslip and viscoelastic strain (e.g. [49]). For example, in the case of the Maxwell-type rheology



Figure 9: (Extended Data) Input coseismic slip based on Nakata *et al.*[29] and comparison between computed and observed coseismic displacement, including both the land[16, 50, 51] and seafloor stations[52].

model for simplicity, $\mathbf{u}_{\text{original}}$, cumulative displacement vector at the GPS stations (corresponding to red arrows Figure 4 **a**), can be written as

$$\mathbf{u}_{\text{original}} = \mathbf{G}_{d} \Delta \mathbf{d} + \mathbf{G}_{\varepsilon} \Delta \boldsymbol{\varepsilon}_{v}, \qquad (13)$$

where $\Delta \mathbf{d}$ and $\Delta \boldsymbol{\varepsilon}_{\mathbf{v}}$ are vectors for cumulative afterslip (corresponding to the black contour lines in 275 Figure 4 b) and viscoelastic strain change, and \mathbf{G}_{d} and \mathbf{G}_{ε} are matrices for elastic Green's functions to 276 map afterslip and viscoelastic strain change to displacement at the GPS stations. $\mathbf{u}_{afterslip} = \mathbf{G}_{d}\Delta \mathbf{d}$ 277 and $\mathbf{u}_{\text{viscoelastic}} = \mathbf{G}_{\varepsilon} \Delta \varepsilon_{v}$ correspond to the blue and red arrows in Figure 4 b, respectively. The 278 second term of the right hand side is more complex in the case of the Burgers-type rheology model, 279 but the discussion here still applies. Note that Δd includes slip driven by coseismic stress, stress 280 due to viscoelastic deformation and afterslip itself. In the same manner, $\Delta \varepsilon_{\rm v}$ includes strain change 281 driven by coseismic stress, stress due to afterslip and stress due to viscoelastic relaxation itself. The 282 contribution from each factor is nonlinearly coupled and cannot be decomposed from each other. 283 $\mathbf{u}_{\text{afterslip}}$ and $\mathbf{u}_{\text{viscoelastic}}$ are calculated in the following manner: 284

- 1. Extract accumulated 2.8 year afterslip distribution Δd that is computed based on the nonlinear interaction of the rate- and state-dependent friction law and the nonlinear rock constitutive properties in the original simulation.
- 288 2. Compute elastic response displacement due to the cumulative after slip as $\mathbf{u}_{afterslip} = \mathbf{G}_{d}\Delta \mathbf{d}$ 289 using the same finite-element model.
- 290 3. $\mathbf{u}_{\text{viscoelastic}} = \mathbf{u}_{\text{original}} \mathbf{u}_{\text{afterslip}}$.

We also present a result post-earthquake deformation simulation with "no interaction" between viscoelastic flow and afterslip (Extended Data Fig 8). In this simulation, we computed viscoelastic flow without the friction law (the red arrows in Extended Data Fig 8a), while computing afterslip without the nonlinear rock constitutive properties, only with pure elasticity. We finally summed up these to compute total deformation without their interaction (the red arrows in Extended Data Fig 8b).

Code availability Computer codes for calculating viscoelastic relaxation and afterslip are available
 from the authors upon reasonable request.

- Data availability GPS data are available from the Geospatial Information Authority of Japan.
 Other relevant data in this work are available from the authors upon reasonable request.
- ³⁰¹ Conflict of interest The authors declare no conflict of interest.

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