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2 **The effect of wind stress anomalies and location in driving Pacific**

3 **Subtropical cells and tropical climate**

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## ABSTRACT

18 The importance of subtropical and extratropical zonal wind stress anomalies  
19 on Pacific Subtropical Cells (STCs) strength is assessed through several ideal-  
20 ized and realistic numerical experiments with a global ocean model. Different  
21 zonal wind stress anomalies are employed, and their intensity is strengthened  
22 or weakened with respect to the climatological value throughout a suite of  
23 simulations. Subtropical strengthened (weakened) zonal wind stress anoma-  
24 lies result in increased (decreased) STCs meridional mass and energy trans-  
25 port. Upwelling of subsurface water into the tropics is intensified (reduced),  
26 a distinct cold (warm) anomaly appears in the equatorial thermocline and up  
27 to the surface, resulting in significant tropical sea surface temperature (SST)  
28 anomalies. The use of realistic wind stress anomalies also suggests a potential  
29 impact of mid-latitude atmospheric modes of variability on tropical climate  
30 through STC dynamics. The remotely-driven response is compared with a  
31 set of simulations where an equatorial zonal wind stress anomaly is imposed.  
32 A dynamically distinct response is achieved, whereby the equatorial thermo-  
33 cline adjusts to the wind stress anomaly resulting in significant equatorial SST  
34 anomalies as in the remotely-forced simulations, but with no role for STCs.  
35 Significant anomalies in Indonesian Throughflow transport are generated only  
36 when equatorial wind stress anomalies are applied, leading to remarkable heat  
37 content anomalies in the Indian Ocean. Equatorial wind stress anomalies do  
38 not involve modifications of STCs transport, but could set up the appropriate  
39 initial conditions for a tropical-extratropical teleconnection involving Hadley  
40 cells, exciting a STC anomalous transport which ultimately feeds back on the  
41 Tropics.

## 42 **1. Introduction**

43 Among all the interaction mechanisms relating the equatorial ocean to the extratropical and  
44 sub-tropical regions, the SubTropical Cells (STCs) are of paramount importance.

45 Their existence in the Pacific Ocean was theoretized by several works during the 1990s (Mc-  
46 Creary and Lu 1994; Liu 1994; Lu et al. 1998), and was supported by observational (McPhaden  
47 and Zhang 2002, 2004; Zhang and McPhaden 2006) and modelling studies (Klinger et al. 2002;  
48 Nonaka et al. 2002; Solomon et al. 2003). STCs are meridional overturning circulations involv-  
49 ing the subtropical-tropical region. They are shallow, extending from the surface to about 500 m  
50 depth. In the time-mean, a pair of STCs develop on each side of the Equator, consisting of a sub-  
51 tropical subduction branch, an equatorward advection in the subsurface layers, a sloped uprising  
52 in the equatorial thermocline, and finally a poleward return flow at the surface (Schott et al. 2004).  
53 Some important structural differences arise between the time-mean and the seasonal circulations  
54 (Nakano et al. 1999; Jayne and Marotzke 2001).

55 The upwelling component of the STC circulation involves the Equatorial Undercurrent (EUC),  
56 which feeds the thermocline at the Equator. The temperature of EUC water is in the range of  
57  $15^{\circ}$ - $25^{\circ}$ C, meaning that the main source region must be located between  $20^{\circ}$  and  $40^{\circ}$  (Wyrtki and  
58 Kilonsky 1984), even though local recirculation of tropical waters can contribute as well.

59 The pathway followed by subducted water parcels is different between the two hemispheres.  
60 In the Northern Hemisphere the equatorward advection is limited, due to the presence of a high  
61 potential vorticity (PV) ridge close to  $9^{\circ}$ N (Lu and McCreary 1995; McPhaden and Zhang 2002).  
62 The PV ridge causes the water to take a longer route to reach the Equator (Johnson and McPhaden  
63 1999; Johnson 2001). Therefore, water flowing from the northern Pacific Ocean to the Equator is  
64 made of two components: the western boundary part, and the interior part. The splitting of the

65 equatorward flow in two components occurs in the Southern Hemisphere as well, but to a lesser  
66 extent. Decadal variations of western boundary and interior components are almost out-of-phase,  
67 but STC variations are mainly locked to the interior component (Lee and Fukumori 2003).

68 Other overturning cells exist in the tropical region, such as the Tropical Cells (TCs). TCs are  
69 driven by the decrease of Ekman poleward transport occurring at about  $5^\circ$  off the Equator (Molinari  
70 et al. 2003). Despite their intensity, TCs are associated with a small meridional energy transport  
71 (Hazeleger et al. 2000), but force us to be cautious on the assessment of STC properties.

72 STCs exert a large impact on the tropical ocean, since they can act as “ocean tunnels” (Liu  
73 and Alexander 2007), for example by altering the energy transport in the Subtropics (Klinger and  
74 Marotzke 2000) and driving thermal anomalies at the Equator (Farneti et al. 2014a). **On the other  
75 hand, the effect of local equatorial wind stress forcing is also significant in driving equatorial  
76 anomalies, as Nonaka et al. (2002) showed for decadal and interannual SST variability by forcing  
77 an ocean model with observed wind stress forcing.** However, since Nonaka et al. (2002) focused  
78 on the analysis of the equatorial SST anomalies, the relative importance of local versus remote  
79 wind stress forcing must be better quantified and the STCs dynamics investigated. Furthermore,  
80 STCs have been used to explain some decadal-scale variability in the Pacific Ocean (Capotondi  
81 et al. 2005), due to their influence on ENSO (Kleeman et al. 1999) and their relation with the  
82 Pacific Decadal Oscillation (PDO) (Farneti et al. 2014b; Hong et al. 2014). The shallow-water  
83 modelling study by McGregor et al. (2007) showed that approximately 80% of the equatorial  
84 thermocline variability driven from the off-equatorial region is transferred to the Equator through  
85 Rossby wave reflection at the western boundary, with the remaining 20% ascribed to meridional  
86 mass transport. However, the transition between negative to positive PDO in the 1970s seems  
87 related to a concomitant slowdown of the STCs (McPhaden and Zhang 2002), with a “rebound”  
88 in the 1990s after another reversal of the PDO phase (McPhaden and Zhang 2004). In particular,

89 the first regime shift seems to be responsible for an increase of  $0.8^{\circ}\text{C}$  in the tropical Pacific Ocean  
90 sea surface temperature (SST) from the 1970s to the early 1990s (Zhang et al. 1997).

91 Schott et al. (2007) assimilation model reduced STC variations to only 40% of the value found  
92 by McPhaden and Zhang (2002), which however are reproduced again using a different forcing  
93 product (Schott et al. 2008). STC decadal variability can also be reproduced using both ocean-  
94 only (Farneti et al. 2014a) and coupled models (Solomon and Zhang 2006; Zhang and McPhaden  
95 2006).

96 Gu and Philander (1997) exploited STC dynamics to explain the propagation of thermal anoma-  
97 lies originated in the North Pacific (Deser et al. 1996) to the equatorial regions (the so-called  $\bar{v}T'$   
98 mechanism), although the observational study of Schneider et al. (1999) suggested that temper-  
99 ature signals would decay quickly away from their source region. Another interpretation of the  
100 STCs observed influence on tropical dynamics was given by Kleeman et al. (1999), who sug-  
101 gested that subtropical wind stress forcing was able to alter the equatorial temperature structure,  
102 by changing the strength of those shallow meridional circulation structures (the so-called  $v'\bar{T}$   
103 mechanism).

104 Recently, England et al. (2014) linked STC dynamics to the recent global warming slow-down,  
105 which happened concurrently with a negative phase of the Interdecadal Pacific Oscillation (IPO)  
106 (Power et al. 1999; Meehl et al. 2013), corresponding to a cool tropical Pacific Ocean and an  
107 enhanced trade winds forcing. By linearly increasing the zonal wind stress forcing on the Pacific  
108 Ocean between  $45^{\circ}\text{N}$  and  $45^{\circ}\text{S}$ , England et al. (2014) accounted for a substantial heat content  
109 increase in the Indo-Pacific Ocean below 125 m and a decrease above 125 m.

110 The two-layer model of McCreary and Lu (1994) shows that the strength of the STCs is related to  
111 the zonal wind stress at a cutoff latitude for subtropical subduction, set to  $18^{\circ}$ . Thus, the amount of  
112 water reaching the Equator is mainly remotely determined at subtropical latitudes, which is consis-

113 tent with Pedlosky (1987) model, and not locally driven by the equatorial upwelling as suggested  
114 by Bryan (1991). The role of subtropical and extratropical zonal wind stress on the STCs forcing is  
115 explored in more detail by Liu and Philander (1995) with an idealized rectangular basin ocean set  
116 of simulations, showing that the subtropical wind stress forcing is able to significantly change the  
117 tropical temperature field, but with a limited influence on the EUC transport. Afterwards, Klinger  
118 et al. (2002), using the same 3-1/2 **layer** model of Lu et al. (1998) on a simplified representation  
119 of the Pacific Ocean, performed experiments using both steady and oscillatory forcing in different  
120 sectors of the Pacific Ocean, finding an almost linear relationship between the strength of the sub-  
121 tropical wind stress and the STC transport in steady-state conditions. Their oscillating experiments  
122 also show that an “optimal” forcing time period must exist, giving the biggest equatorial response.  
123 Klinger et al. (2002) finally underline the role of high-latitude anomalies on the ocean state at the  
124 Equator.

125 Among the observed **mid-latitude** atmospheric modes of variability, the Cold Ocean - Warm  
126 Land (COWL) pattern (Wallace et al. 1995, 1996) is particularly prominent over the Pacific Ocean.  
127 It is a circulation regime occurring in the Northern Hemisphere anomalously-warm cold season  
128 months, manifesting as a tendency for positive 1000 – 500 hPa thickness over the continents and  
129 negative values over the oceans, with respect to the hemispheric average. As such, the COWL  
130 corresponds to warmer-than-normal continents and colder-than-normal oceans. According to cou-  
131 pled model simulations, the primary cause of such pattern is the different thermal inertia of ocean  
132 and land, whereas the role of dynamical air-sea interactions seems less important (Broccoli et al.  
133 1998). Molteni et al. (2011) provided a dynamical interpretation of the COWL regime in terms of  
134 planetary waves, being the positive phase of a hemispheric-wide “thermally balanced wave mode”.

135 Molteni et al. (2017) showed that the global warming slow-down was accompanied by strong  
136 COWL-related wind stress anomalies in the northern subtropics and extratropics. One of the

137 questions raised in Molteni et al. (2017) was if such wind stress anomalies could be relevant  
138 in contributing to turn the global warming slow-down into a period of accelerated warming by  
139 inducing positive decadal SST anomalies in the equatorial Pacific region, as suggested by Farneti  
140 et al. (2014b).

141 Using idealized and realistic wind stress patterns and intensities, at different latitudes ranging  
142 from equatorial to extratropical, we test here some of the previously proposed hypotheses. In  
143 particular, we aim to quantify the relative importance of equatorial, subtropical and extratropical  
144 wind stress on driving STC mass and energy transport anomalies, which is also strictly related to  
145 the possibility of driving temperature and circulation anomalies at the Equator.

146 The paper is organized as follows. In Section 2 the setup of our numerical experiments is de-  
147 tailed, results are described in Section 3. Discussions and conclusions are given in Section 4.

## 148 **2. Model and Experiments**

149 We employed the NOAA/GFDL Modular Ocean Model version 5 (MOM5; Griffies 2012), a  
150 global-ocean, volume-conserving, primitive equations model. The horizontal resolution is  $1^\circ \times 1^\circ$ ,  
151 with a finer discretization from  $30^\circ\text{N}$  to  $30^\circ\text{S}$  in the meridional direction. The model has 50 ver-  
152 tical levels in depth coordinates and 80 levels in potential density coordinates. Subgrid mesoscale  
153 processes are parameterized using the Gent-McWilliams skew-flux closure scheme (Gent and  
154 McWilliams 1990; Gent et al. 1995; Griffies 1998), and submesoscale eddy fluxes are parame-  
155 terized following Fox-Kemper et al. (2008, 2011).

156 Boundary conditions are imposed at the sea surface, where the climatological CORE Normal  
157 Year Forcing (NYF) atmospheric state is used (Griffies et al. 2009). Surface fluxes of heat, fresh-  
158 water and momentum are determined using the CORE NYF atmospheric data sets, the model's  
159 prognostic SST and surface currents, and the bulk formulae described in Large and Yeager (2009).



160 There is no restoring term applied to SSTs. In contrast, surface salinity restoring is used to prevent  
161 unbounded local salinity trends, with a relaxation timescale of 60 days.

162 We performed a long control run in order to obtain a statistically stable mean state. After about  
163 4000 years the model had adjusted in its deep layers, and standard metrics showed minimal drift.  
164 Stability was evaluated in terms of mass transport of the Antarctic Circumpolar Current at the  
165 Drake Passage, and the global Meridional Overturning Circulation at some key locations. No  
166 significant drift was observed, although some low-frequency oscillations occur in some time series.

167 Starting from the last 200 years of the control run, we performed several perturbation experi-  
168 ments using time-constant wind stress anomalies (Table 1). Each zonal wind stress anomaly used  
169 in the simulation is obtained as a fraction of the climatological value, and then added to or sub-  
170 tracted from the NYF field. Figure 1 shows the zonal average of the zonal wind stress anomalies.  
171 Zonal wind stress anomalies, superimposed on the NYF forcing, are chosen according to their  
172 geographical pattern and location, or by choosing a proper wind stress threshold that would main-  
173 tain continuity with the climatological contours (Figure 2a). For each case, ten experiments are  
174 performed (Table 1) in order to assess the possibility of a linear relationship between the forcing  
175 applied and the STCs response. Anomalous forcing experiments are 20 years long, and we show  
176 results averaged over the last 5 years.

177 Building on the results from these idealized experiments, we also performed a complementary  
178 smaller set of simulations, designed to assess the influence of COWL-related wind stress forcing  
179 on the STCs. Two different zonal wind stress anomaly pattern are employed, both derived from  
180 ensemble members of the ECMWF seasonal forecast system-4 (Molteni et al. 2017). One wind-  
181 stress anomaly pattern (*COWL*) was generated to match as close as possible the observed *COWL*-  
182 type wind-stress difference between the two periods 2009/2013 and 1996/2000 (Fig. 2g), while  
183 the other (*NOCOWL*; Fig. 2h) was designed to have no projection on the *COWL* pattern (see

184 Molteni et al. (2017) for details). It should be noted that both patterns have very similar equatorial  
 185 wind stress anomalies, while they differ substantially in subtropical and extratropical regions.  
 186 Furthermore, being derived from ensemble members of the ECMWF seasonal forecast, they are  
 187 also both dynamically consistent wind stress anomaly patterns. Anomalies are added or subtracted  
 188 from the NYF field. Thus, by analyzing the difference in the response between the experiment  
 189 *COWL* and *NOCOWL*, we were able to investigate the impact of observed decadal off-equatorial  
 190 wind-stress anomalies on the STCs as well as on equatorial thermocline and temperature.

191 Our main purpose is to assess the effect of subtropical and extratropical wind stress on STCs  
 192 dynamics, and how their transport modifications propagate and influence the equatorial state. We  
 193 carried out similar analyses on a set of equatorial experiments, in order to have a direct comparison  
 194 between locally- and remotely-forced perturbation anomalies.

#### 195 *a. Volume and energy flux diagnostics*

196 We compute the total meridional mass transport (in Sverdrups;  $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$ ) as

$$\Psi(y, z) = - \int_{\lambda_1}^{\lambda_2} dx \int_{-h}^{\eta} dz' (v + v^*), \quad (1)$$

197 where  $\lambda_1$ ,  $\lambda_2$  define the longitudinal extension of the basin,  $h$  is the ocean's depth,  $\eta$  is the sea  
 198 surface, and the transport includes both resolved  $v$  and parameterized  $v^*$  meridional velocities.

199 **Given that we are interested in the volume and energy anomalies reaching the Equator, in most**  
 200 **of our analysis we only consider the zonally and vertically integrated equatorward meridional**  
 201 **transports in the uppermost 1000 m.**

202 The meridional total energy transport ( $\text{PW} = 10^{15} \text{ W}$ ) is computed as an anomaly of the control  
 203 run value, namely

$$E_{TOT}(y) = \rho_0 C_p \int_{\lambda_1}^{\lambda_2} dx \int_{-h}^{\eta} dz (vT - v_c T_c), \quad (2)$$

204 where  $\rho_0=1035.0 \text{ kg m}^{-3}$  is the reference density,  $C_p=3992.1 \text{ J kg}^{-1} \text{ }^\circ\text{C}^{-1}$  is the heat capacity for  
 205 seawater at constant pressure (Griffies 2012),  $v$  is now the total meridional velocity component  
 206 and  $T$  is potential temperature for the perturbation experiment, whereas  $v_c$  and  $T_c$  relates to the  
 207 control run.

208 The above diagnostic produces the full energy flux anomaly in the chosen latitudinal range. In  
 209 order to isolate the contribution from the STCs, the energy transport calculation proposed by  
 210 Klinger and Marotzke (2000) is also used, where only zonal wind stress and SST values are  
 211 needed. As shown in Section 3e, wind-driven meridional mass transports and meridional SST  
 212 gradients are exploited to compute the meridional energy flux ascribed to STCs only.

213 Ocean heat content (OHC) is also evaluated as an anomaly, that is

$$OHC = \rho_0 C_p \int_{\lambda_1}^{\lambda_2} dx \int_{\phi_1}^{\phi_2} dy \int_{-h}^{\eta} dz (T - T_c). \quad (3)$$

214 Finally, the Indonesian ThroughFlow (ITF) accounts for the exchange of water between Pacific  
 215 and Indian basins. It is computed summing up the zonal transport crossing the passage between  
 216 South Timor and Australia, and the meridional transport passing through Lombok and Ombai  
 217 Straits.

### 218 3. Results

219 We designed our experiments to test the sensitivity of a time-constant zonal wind stress anomaly  
 220 on the STCs, located at some specific latitudinal range. Thus, they are not meant to reproduce any  
 221 observed variability, but rather to quantify and test the sensitivity of STCs to idealized and realistic  
 222 forcing anomalies. Although the absolute value of the imposed surface anomalies lies between the  
 223 observed variability at both Subtropics and Extratropics (not shown), their duration is not realistic  
 224 and serves the purpose of testing different hypotheses.

### 225 *a. Equatorial Anomalies*

226 Ten experiments were performed imposing a zonal wind stress anomaly at the Equator (Figure  
227 2b). Five experiments have strengthened wind stress anomalies added on the climatological forc-  
228 ing in that region, five have instead weakened anomalies. The pattern extends from 8°N to 8°S in  
229 latitude and from 170°E to 100°W in longitude, with values smoothed linearly to zero at the edges.  
230 The shape is similar to the region defined by England et al. (2014) as the IPO-related contribution  
231 to the strengthened trade winds circulation in the Pacific Ocean. The equatorial experiments assess  
232 the impact of zonal wind stress anomalies at the Equator on the STCs.

233 Figure 3 shows the time series of equatorward mass transport at 9°N and 9°S, at the boundaries  
234 of the anomaly. The meridional transport from each experiment is zonally-integrated on the whole  
235 Indo-Pacific basin, vertically-integrated in the first 1000 m, and finally subtracted from the control  
236 value. At 9°N, an increasing divergence of the equatorward mass transport from the control value  
237 is observed as the magnitude of the zonal wind stress anomaly increases. Instead, at 9°S the  
238 behavior is more chaotic, probably due to the contribution of the Indian Ocean in the computation.  
239 However, equatorial mass transport anomalies are less than a tenth of the control value.

240 The top panels in Figure 4 show the anomalous transports for some selected experiments. For  
241 convenience, we show only results for the strengthened anomalies. Even though the impact of  
242 the equatorial wind stress anomalies on the overturning circulation is significant, the signal is  
243 confined to 10°N-10°S and to a limited potential density range (1030-1032 kg/m<sup>3</sup>), and thus does  
244 not involve the Subtropics. An equatorially-confined wind stress anomaly, however strong, is only  
245 able to force local overturning structures very close to the Equator, such as the Tropical Cells, but  
246 not the STCs.

247 Meridional energy transport anomalies are restricted to a small latitudinal extent across the Equa-  
248 tor (not shown). Since TCs act over a weak temperature gradient their energy transport is limited,  
249 even in the case of strong wind stress forcing.

250 The zonal velocity structure driven by the equatorial anomalies is a dipole. In Fig. 4 (central  
251 panels), positive (negative) velocity anomalies in the lower (upper) pycnocline are obtained from  
252 the strengthened experiments; the pattern is reversed for the weakened experiments (not shown).

253 A thermal response at the Equator is clearly showed in Figure 4 (bottom panels), larger in the  
254 western Pacific Ocean and with anomalies up to  $3^{\circ}\text{C}$ . As we will show later, these signals are  
255 different from a typical STCs response (see central panels in Fig. 8), being related to a local  
256 adjustment of the thermocline to the wind stress forcing, rather than to a remote advection from the  
257 STCs. In fact, a stronger (weaker) zonal wind stress at the Equator pushes more (less) efficiently  
258 the surface water towards the west, and the equatorial thermocline tilt is enhanced (reduced). For  
259 strengthened wind stress anomalies, a steeper thermocline results in a warm anomaly in the west  
260 Pacific and a cold anomaly in the east Pacific.

261 At the surface, a typical La-Niña condition develops for strengthened anomalies (Figure 5), with  
262 a cold SST anomaly (up to  $1^{\circ}\text{C}$ ) developing at end of the simulations along the Equator. Con-  
263 versely, the weakened experiments build up an El-Niño SST pattern. This temperature response is  
264 quite remarkable, since the NYF atmospheric state at the surface is constantly damping any ocean  
265 thermal anomaly, constraining the simulated SST toward the climatological atmospheric state.

266 By changing the equatorial wind stress strength, we are also changing the mass transport across  
267 the Indonesian straits (Fig. 6). The anomaly of the Indonesian ThroughFlow (ITF) transport for  
268 the strongest experiments is up to 2 Sv, or about 15% with respect to the control transport of 11-  
269 12 Sv. Furthermore, the strength of the transport anomaly is similar to what has been estimated by  
270 previous studies (Meyers 1996; England and Huang 2005). It also explains the different behavior

271 between the STCs mass transport time series in the Northern Hemisphere (Fig. 3, left panel)  
272 and in the Southern Hemisphere (Fig. 3, right panel). In fact, as the mass transport integration  
273 (Eq. 1) is performed on the whole Indo-Pacific basin, the time series at  $9^{\circ}\text{N}$  is poorly influenced  
274 by the Indian Ocean contribution, whereas the altered ITF transport and the related changes in  
275 the Indian Ocean circulation strongly affects the computation at  $9^{\circ}\text{S}$ . As soon as the wind stress  
276 anomaly sets on, the ITF transport is modified with little delay. Then, it decays for some time  
277 before stabilization. The effect of the altered ITF transport on the Indian Ocean is displayed by a  
278 clear SST signal, as well as a modified ocean heat content in the upper Indian Ocean (not shown).

#### 279 *b. Subtropical Anomalies*

280 The main STCs driving mechanism occurs through changes of the wind stress at the Subtropics  
281 (McCreary and Lu 1994). Therefore, we expect the STCs response to be the largest when a  
282 wind stress anomaly is located in those regions. We performed twenty experiments (ten in each  
283 hemisphere), employing both strengthened and weakened anomalies (Figure 2c, e).

284 As shown in Figure 7, the effect of the subtropical anomalies is large on the STCs mass trans-  
285 port, up to 10-12 Sv for the strongest experiments at  $15^{\circ}$  in each hemisphere; at its maximum,  
286 the anomalous transport is roughly one third of the control value for both hemispheres. The sta-  
287 bilization of the trends occur on a decadal time scale, and is faster for the Northern Hemisphere  
288 experiments.

289 Some examples of the structure of the STCs response are showed in Figure 8. Compared to  
290 the equatorial anomalies (Figure 4), here we can see a proper response of the STCs involving  
291 the whole overturning structure from the Equator to the subtropical region. Only the Northern  
292 Hemisphere experiments are showed, being the Southern Hemisphere response very similar.

293 A broad meridional ocean energy transport anomaly, straddling the whole subtropical and trop-  
294 ical regions, is obtained for both Northern and Southern Hemisphere experiments (not shown).  
295 The anomalous energy transport spans the whole subtropical region, with anomalies ranging from  
296 0.03 PW (10% of the control value) for the 10% experiment to 0.3 PW (60% of the control value)  
297 for the 50% experiment. It should be noted that the computation includes the Indian Ocean trans-  
298 port, affecting the Southern Hemisphere estimate. A linear relationship between meridional energy  
299 transport and wind stress holds, mainly for small anomalies. For larger anomalies (40% and 50%)  
300 this relationship is lost. In fact, large wind stress anomalies are affecting not only the STCs, but  
301 significantly modify energy transports related to the wind-driven gyre.

302 By changing the STCs transport, subtropical wind stress anomalies are able to drive a consid-  
303 erable response at the Equator (Figure 8, central and bottom panels). Comparing our subtropical  
304 results with the equatorial ones (Figure 4), we can see how the two responses are significantly  
305 different. In the equatorial experiments, even though the thermal signal can be stronger locally,  
306 as in the west Pacific, we do not see any STC-related effect. Instead, cold anomalies arising in  
307 the equatorial thermocline from the strengthened subtropical wind stress anomalies can be traced  
308 to a remote response due to the STCs (Figure 8). Indeed, an accelerated STC is able to draw  
309 deeper (and colder) water to the Equator, by feeding the EUC (Fig. 8, central panels). Similarly,  
310 weakened subtropical wind stress anomalies drive warm anomalies at the Equator by slowing the  
311 EUC and reducing the local upwelling of relatively cold waters. In this respect, our results differ  
312 from the conclusions given by Liu and Philander (1995), whose EUC response is said to be very  
313 limited, which is not the case in our experiments (not shown).

314 Looking at the sea surface (Figure 9), a cold SST signature develops from the 20% strengthened  
315 experiment onwards. A warm response is instead obtained in the weakened experiments (not  
316 shown). Considering only the north-subtropical experiments, both strengthened and weakened

317 50% wind stress anomalies force a response up to 0.48°C in the Niño 3.4 region. South-subtropical  
318 experiments drive a slightly smaller thermal signal. These values are very close to the threshold  
319 (0.5°C, <https://www.ncdc.noaa.gov/teleconnections/enso/indicators/sst.php>) associated to a warm  
320 or cold ENSO phase. The equatorial SST adjustment time is faster for the northern subtropical  
321 experiments, being part of the wind stress anomaly very close to the Equator (not shown). Instead,  
322 the southern subtropical wind stress anomaly takes up to 10 years to force an equatorial response.

323 There is no significant anomaly in the ITF transport in any of the subtropical experiments (not  
324 shown). This result indicates that strengthening or weakening subtropical wind stress does not  
325 lead to any appreciable modification of the ITF mass transport.

### 326 *c. Extratropical Anomalies*

327 We showed how a subtropical zonal wind stress anomaly can influence STC dynamics. Our  
328 next purpose was to verify whether such influence could occur with an anomaly located further  
329 poleward. Indeed, many mid-latitude weather regimes are related with characteristic zonal wind  
330 stress patterns in the Pacific sector.

331 We performed two sets of experiments imposing idealized extratropical anomalies, extending  
332 up to 45° in each hemisphere, with a linear smoothing at the edges of the anomaly. As before,  
333 the intensity of the anomaly was a fraction of the climatological zonal wind stress (Table 1). In  
334 one set, the wind stress anomaly reached into the Subtropics, as far as 15°, whereas the second set  
335 started at 20°, and it is considered purely extratropical (Fig. 2d, f).

336 A remarkable STC response, able to force a stable thermal signal in the equatorial thermocline  
337 up to the surface within 12 years, is only found in the case where anomalies reached the edge of the  
338 subtropical gyre (not shown). On the contrary, any significant STC response is vanished, as well as  
339 the thermal equatorial signal, when using purely extratropical wind stress anomalies. Presumably,



340 all anomalous mass transport generated at  $20^\circ$  recirculated within the subtropical gyre, without  
341 reaching the equatorial region. This result confirms that STCs are mainly forced by wind stress at  
342 the cutoff latitude for subtropical subduction, around  $15^\circ$ - $20^\circ$ , the edge of the subtropical gyre.

#### 343 *d. COWL Anomalies*

344 We then made a step further and considered the effect of realistic decadal wind stress anomalies  
345 on STCs. A wind stress anomaly associated with observed decadal COWL variability was selected  
346 because of its potential to contribute to global warming slow-downs or accelerations (Farneti et al.  
347 2014b; Molteni et al. 2017).

348 Two zonal wind stress anomaly patterns are obtained from the ECMWF forecasting system-  
349 4. One reproduces the observed decadal off-equatorial COWL-related wind stress anomaly from  
350 the period 2009/2013 compared to 1996/2000 (referred to as *COWL*; see Fig. 2g). The second  
351 anomaly is obtained as a difference from the same periods, but from ensemble members not pro-  
352 jecting on the COWL pattern (referred to as *NOCOWL*; see Fig. 2h). A series of experiments are  
353 performed by adding these anomalies to or subtracting them from the NYF field, without altering  
354 their intensity.

355 The time series at  $15^\circ$  N (Fig. 10) shows the response of the equatorward mass transport to  
356 the applied wind stress anomalies. The *COWL* pattern modified the mass transport by  $\approx 2$  Sv,  
357 stabilizing after about 5 years. The signal generated by the *NOCOWL* pattern stabilized earlier  
358 with a maximum value of 0.8 Sv.

359 The main difference between the two applied wind stress patterns lies outside the Equator. Our  
360 conclusions in Sec. 3a highlighted the role of equatorial wind stress as the main driver of anomalies  
361 in that region. Hence, the potential signal forced at the Subtropics is likely to be obscured by the

362 locally-generated response. Therefore, in the following we analyze the difference between both  
363 ensemble means, so highlighting any subtropically-generated signal.

364 As seen in Fig. 11 (top panels), the off-equatorial zonal wind stress related to the COWL regime  
365 is able to force a distinct STC response in the Northern Hemisphere. This anomalous mass trans-  
366 port alters the velocity structure in the equatorial thermocline (Fig. 11, central panels), driving a  
367 thermal signal through the same process we described in Sec. 3b, up to 0.4° C (Fig. 11, bottom  
368 panels). The response is nearly symmetrical for strengthened and weakened experiments.

369 At the surface, a warm (cold) SST signal is generated at the Equator in the Pacific Ocean for  
370 strengthened (weakened) COWL wind stress anomalies (Fig. 12). The equatorial response devel-  
371 ops along the whole basin, with a maximum value of 0.1° C in the eastern Pacific. Also, the sign  
372 of the anomaly is consistent with the sign of the subtropical wind stress of the COWL anomaly  
373 (Fig. 2g). The response time of both COWL and NOCOWL experiments is very similar to what  
374 was obtained with our idealized equatorial wind stress anomalies (not shown), again highlighting  
375 the fundamental role of the local wind stress forcing on the equatorial ocean state.

#### 376 *e. Meridional energy transport by the STC*

377 The meridional energy transport calculations presented so far included all dynamical processes,  
378 which in the Pacific mainly involves the STCs and the wind-driven gyre contributions. In order  
379 to isolate the STCs contribution we employed the method developed by Klinger and Marotzke  
380 (2000), which allows the computation of the STC-related meridional energy transport using Ekman  
381 dynamics. The expression for the STC meridional energy transport is

$$E_{\text{STC}}(y) = C_p \int_{\lambda_1}^{\lambda_2} dx \int_{y_1}^y M_E \frac{\partial \theta}{\partial y} dy, \quad (4)$$

382 where  $M_E = -\tau(y)/f(y)$  is the Ekman mass transport and  $\theta$  the surface potential temperature. The  
383 energy transport is integrated zonally and for each model grid point between  $10^\circ$  and the latitude  
384 of zero wind stress ( $\approx 30^\circ$ ), **although the contribution to STC mass transport in the real ocean can**  
385 **come from a more northern location (McCreary and Lu 1994; Liu et al. 1994).** A full derivation  
386 of Eq. 4 is provided in the Appendix.

387 First, we computed the estimates for the STC meridional energy transport in our control run and  
388 for all basins (Fig. 13). Our model results compare well with the observational estimates given in  
389 Klinger and Marotzke (2000, c.f. Fig. 6). Because of their zonal extent, Pacific and Indian Ocean  
390 STCs stand out with the largest meridional fluxes.

391 In Fig. 14 we compute STCs meridional energy transport anomalies generated by the equatorial,  
392 northern subtropical and *COWL* wind stress anomalies. As expected, equatorial experiments pro-  
393 duce very weak anomalies (Figure 14a, d), with some significant deviations from the control state  
394 only within the equatorial region. Subtropical (Fig. 14b, e) experiments are instead associated  
395 with large STC meridional energy transport anomalies, extending up to  $20^\circ$ . Meridional energy  
396 transport anomalies directly related to STCs account for  $\approx 1/3$  of the total transport anomaly. The  
397 relative role of STCs is larger for modest anomalies, whereas it becomes less important for the  
398 strongest cases. This is probably due to the intensification of the wind-driven subtropical gyre,  
399 transporting large amount of heat poleward. STC meridional energy transport anomalies obtained  
400 from *COWL* realistic wind stress patterns (Fig. 14c) extend up to  $25^\circ$ , and are comparable to the  
401 20% anomaly subtropical experiments. *NOCOWL* induced anomalies are close to zero, confirm-  
402 ing the significant role played by the subtropical sector of the *COWL* regime on STCs energy  
403 transport.

#### 404 **4. Discussions and conclusions**

405 We studied the effect of different wind stress patterns, located in different areas of the Pacific  
406 Ocean, on the Pacific SubTropical Cells (STCs). Employing a global ocean model (MOM5;  
407 Griffies 2012), we applied idealized and realistic time-invariant zonal wind stress anomalies at  
408 the sea surface, strengthening or weakening the climatological forcing. We note that the observed  
409 interannual variability of the zonal wind stress in Pacific subtropical and extratropical regions can  
410 produce anomalies even larger than the one used in this study (not shown). Results from the differ-  
411 ent perturbation experiments were compared with respect to a climatologically-forced long control  
412 run. In England et al. (2014) a zonal wind stress anomaly was applied to the entire Pacific basin  
413 from 45°N to 45°S. We chose here to test the STC response by using selected forcing locations, in  
414 order to understand which region gives the strongest STC response.

415 In general, the equatorial response produced by trade winds anomalies is stronger than the one  
416 generated from outside the tropics. In fact, by changing the wind stress forcing on a very large  
417 area, the largest part of the off-equatorial signal could be hidden by the (relatively larger) locally-  
418 generated response. In fact, the structure of the meridional overturning circulation trend in England  
419 et al. (2014) is very similar, in terms of spatial extension, to what is obtained here with equatorial  
420 wind stress anomalies (Figure 4).

421 Our results can be summarized as follows.

- 422 • Equatorial wind stress anomalies located between 8°S and 8°N do not extend poleward  
423 enough in order to force the STCs. Zonal cross sections at the Equator showed large thermal  
424 anomalies (up to 3°C) in some cases, but they are related to an adjustment of the thermocline  
425 in response to the different local wind stress forcing. Appreciable changes in ITF transport

426 are also obtained (up to 2 Sv), leading to a remarkable temperature anomaly in the Indian  
427 Ocean (not shown).

428 • Among all experiments, subtropical wind stress anomalies have the strongest impact on STCs.  
429 Equatorward mass transport anomalies reach 12 Sv, roughly one third of the control value.  
430 The generated STCs motion develops mainly in the thermocline, with a striking thermal signal  
431 appearing at the Equator: up to 1°C at depth and 0.5°C at the surface. In terms of energy trans-  
432 port, anomalies reach close to half of the control value for the experiment with the strongest  
433 wind stress anomaly. However, if a diagnostic for STC-related meridional energy transport is  
434 used, then STCs energy flux is quantified to be  $\approx 1/3$  of the total transport anomaly. Finally,  
435 subtropical wind stress anomalies – and the associated STC dynamical changes – do not have  
436 an appreciable effect on ITF transport.

437 • Extratropical wind stress anomalies are found to exert a weak influence on both mass and  
438 energy STCs transport, as compared to subtropical experiments. In particular, most of the  
439 signal is forced within the 15°-20° region, as evidenced by a set of forcing anomalies located  
440 north to those latitudes which did not produce appreciable changes in STC dynamics. In the  
441 latter case, transport anomalies likely recirculate within the subtropical gyre.

442 • Finally, the observed COWL-related zonal wind stress patterns are able to force a signal from  
443 the northern STC reaching the Equator, with a thermal anomaly of 0.4°C in the thermocline  
444 and 0.1°C at the surface.

445 The overall behavior of the northern-hemisphere idealized experiments is summarized in Figure  
446 15, where anomalies in equatorward mass transport, STC energy transport and equatorial SST are  
447 plotted against values of anomalous wind stress forcing.

448 Equatorial experiments are not able to drive a substantial response in terms of either mass or  
449 energy transport. In fact, however strong, equatorial wind stress anomalies are always related to a  
450 local dynamical adjustment, with a thermal signal due to the the adjustment of the thermocline to  
451 the changing wind stress at the surface. Thus, here only the shallower Tropical Cells are excited.  
452 Even though the equatorial wind stress anomalies do not involve modifications of STCs transports,  
453 they could in fact set up the appropriate initial conditions for a tropical-extratropical teleconnec-  
454 tion, whereby the thermally-direct Hadley cell anomalies can produce subtropical wind stress and  
455 wind-stress curl changes leading to STC anomalous transports feeding back to the Equator result-  
456 ing in opposite anomalies there, as hypothesized in Farneti et al. (2014b). The oceanic component  
457 of this oscillation was further tested and quantified here, however the complete cycle can only be  
458 reproduced within a coupled model, and not in our ocean-only setup which is also damping our  
459 surface anomalies due to the imposed atmospheric state.

460 SST anomalies in the Niño 3.4 region are larger for the equatorial experiments, stressing the  
461 importance of local wind stress forcing on the equatorial ocean state. Despite the climatological  
462 atmospheric surface temperature applied to the model, remotely-induced thermal anomalies in the  
463 equatorial thermocline are able to propagate to the surface, with values up to  $0.5^{\circ}\text{C}$  in the central  
464 Pacific Ocean. These values are comparable with those found by Farneti et al. (2014a) using an  
465 OGCM forced by the interannual CORE-II forcing during the period 1948–2007.

466 Subtropical wind stress anomalies produce the largest values of STC mass and energy transport  
467 anomalies. Overall, subtropical zonal wind stress anomalies are found to be the strongest forc-  
468 ing mechanism of STCs in the Pacific Ocean, as predicted by previous theoretical studies (e.g.,  
469 McCreary and Lu 1994). On the other hand, extratropical wind stress anomalies are also capable  
470 of driving a substantial response in the overturning cells. Nevertheless, the signal reaching the

471 Equator is generated within the  $15^{\circ}$ - $20^{\circ}$  region, at the equatorward edge of the subtropical gyre,  
472 whereas any anomalous transport generated north of that latitude recirculated within the gyre.

473 The agreement between the regression lines and our key metrics in Fig. 15 supports a linear  
474 relationship with the applied wind stress forcing (angular coefficients are showed for each re-  
475 gression line). Subtropical experiments show a symmetric behavior between strengthened and  
476 weakened experiments, in both equatorward mass transport and STC energy transport. Instead,  
477 equatorial SST anomalies induced by the equatorial experiments does not show similar behav-  
478 iors for strengthened and weakened experiments, making harder the interpretation of the STCs  
479 influence on SST in terms of a linear response.

480 Among the different processes connecting the Subtropics to the tropical ocean, our experiments  
481 suggest the interaction mechanism proposed by Kleeman et al. (1999) is able to explain remotely-  
482 driven thermal anomalies at the Equator in terms of anomalous STCs mass transports. That is, an  
483 anomalous STC transport drives a surface thermal signal at the Equator by altering the feeding of  
484 subsurface water to the thermocline. Our subtropical experiments drive a substantial STC response  
485 in the equatorial thermocline, where the bulk of the Equatorial Undercurrent flows and forms part  
486 of the returning branch of the STC circulation.

487 Indeed, ocean heat content anomalies in the equatorial Pacific Ocean ( $10^{\circ}$ N- $10^{\circ}$ S), integrated  
488 at different depths during the final stage of the simulation for strengthened experiments (see Tab.  
489 2), show a strong heat content increase in the first 300 m for the equatorial set, accounting for  
490 the whole increase in the total ocean column. Furthermore, the ITF advects part of the generated  
491 signal into the Indian Ocean, leading to significant heat content anomalies in the top 1000 m for all  
492 equatorial experiments (not shown). In the strengthened subtropical experiments, a negative heat  
493 content anomaly is generated, since a strengthened STC circulation draws deeper (and colder)

494 water to the surface, as shown in Fig. 8. Again, the heat content change is mostly located in the  
495 uppermost 300 meters.

496 The response given by the subtropical sector of the COWL pattern confirms what was obtained  
497 with our idealized experiments. Furthermore, it suggests a potential impact of mid-latitude at-  
498 mospheric modes for STCs decadal variability. In fact, although fast processes play a leading  
499 role in forcing the STCs at shorter timescales, signals generated by low-frequency atmospheric  
500 variability, however small, are much more important at longer timescales.

501 Our experimental set-up proved very useful in highlighting some fundamental properties of STC  
502 dynamics and its connection to the tropical ocean. However, the time-independent wind stress  
503 anomalies applied and the absence of ocean-atmosphere coupling are strong limitations to our  
504 study. We plan to address these shortcomings in a follow-up study, investigating STCs variability  
505 in state-of-the-art coupled ocean-atmosphere models.

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512 at <http://data1.gfdl.noaa.gov/nomads/forms/core.html>.

## 513 APPENDIX A

### 514 Meridional energy transport by the SubTropical Cells



515 The momentum balance in the Ekman boundary layer is expressed as (Vallis 2006)

$$f \mathbf{k} \times \mathbf{u}_E = \frac{1}{\rho_0} \frac{\partial \boldsymbol{\tau}}{\partial z}, \quad (\text{A1})$$

516 where  $f$  is the Coriolis parameter,  $\mathbf{u}_E$  is the horizontal velocity vector in the Ekman layer,  $\boldsymbol{\tau}$  the  
517 surface wind stress,  $\rho_0$  a reference density and  $\mathbf{k}$  the unit vertical direction.

518 Vertically integrating Eq. A1 yields

$$f \mathbf{k} \times \mathbf{M}_E = \boldsymbol{\tau}, \quad (\text{A2})$$

519 and the integrated mass transport in the Ekman layer is

$$\mathbf{M}_E = \int_{h_e}^0 \rho_0 \mathbf{u}_E dz = \frac{\boldsymbol{\tau} \times \mathbf{k}}{f}, \quad (\text{A3})$$

520 where  $h_e$  is the characteristic depth of the Ekman layer and Eq. A3 defines the Ekman transport to  
521 be proportional to the magnitude of the wind stress.

522 Suppose now the wind stress to be zonal  $\tau(y)$ , providing a meridional mass flux  $M_E =$   
523  $-\tau(y)/f(y)$ . The wind stress  $\tau$  is a function of latitude, generating a flow divergence at the sur-  
524 face and implying subduction into the ocean interior. Over a latitudinal interval  $\delta y$ , and using  
525 mass conservation, the mass flux subducted  $M_S$  is

$$M_S = \frac{\partial M_E}{\partial y} \delta y. \quad (\text{A4})$$

526 If a latitude at which  $\tau = 0$  exists, as observed, then mass conservation requires all Ekman mass  
527 flux to be subducted. The flow beneath the Ekman layer exactly balances the mass flux in the  
528 Ekman layer, and the subducted mass flux  $M_S$  is equal and opposite to the Ekman mass flux  $M_E$ .

529 Considering a full latitudinal extent

$$M_S = \int_y^{y_1} \frac{\partial M_E}{\partial y} dy = -M_E(y), \quad (\text{A5})$$

530 where  $y_1$  is a subtropical subduction latitude at which  $\tau = 0$  and we have noted that  $M_E(y_1) = 0$ .

531 The temperature of the Ekman flow is  $\theta(y)$ , whereas the subducted flow conserves the surface  
 532 temperature  $\theta(y_1)$ , assuming an interior adiabatic flow. The temperature flux associated with  
 533 the Ekman flow is thus  $T_E(y) = \theta(y)M_E$ , whereas the returning branch of the circulation has a  
 534 temperature flux given by

$$T_S(y) = - \int_y^{y_1} \theta(y) \frac{\partial M_E}{\partial y} dy. \quad (\text{A6})$$

535 The net temperature flux, which we relate to the STC, is given by Klinger and Marotzke (2000)  
 536 and Held (2001) as

$$T_{\text{STC}}(y) = \theta(y)M_E + \int_y^{y_1} \theta(y) \frac{\partial M_E}{\partial y} dy \quad (\text{A7})$$

$$= - \int_y^{y_1} M_E \frac{\partial \theta}{\partial y} dy = \int_y^{y_1} \frac{\tau(y)}{f} \frac{\partial \theta}{\partial y} dy. \quad (\text{A8})$$

537 Or, in  $\theta$ -space

$$T_{\text{STC}}(y) = - \int_y^{y_1} M_E \frac{\partial \theta}{\partial y} dy = \int_{y_1}^y M_E \frac{\partial \theta}{\partial y} dy = \int_{\theta(y_1)}^{\theta(y)} M_E d\theta. \quad (\text{A9})$$

538 The last expression is the same as Eq. 11 in Klinger and Marotzke (2000) and Eq. 8 in Held  
 539 (2001).

540 The meridional energy transport of the subtropical cell is obtained by zonally integrating the  
 541 temperature flux and multiplying by  $C_p$ , the heat capacity of the ocean

$$E_{\text{STC}}(y) = C_p \int_{\lambda_1}^{\lambda_2} dx \int_{y_1}^y M_E \frac{\partial \theta}{\partial y} dy. \quad (\text{A10})$$

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699 wind stress as a fraction, positive or negative, of the wind stress itself.

Experiment	$\tau_x$	Time (years)
Control	NYF	1400
10	NYF $\pm$ 10%	20
20	NYF $\pm$ 20%	20
30	NYF $\pm$ 30%	20
40	NYF $\pm$ 40%	20
50	NYF $\pm$ 50%	20

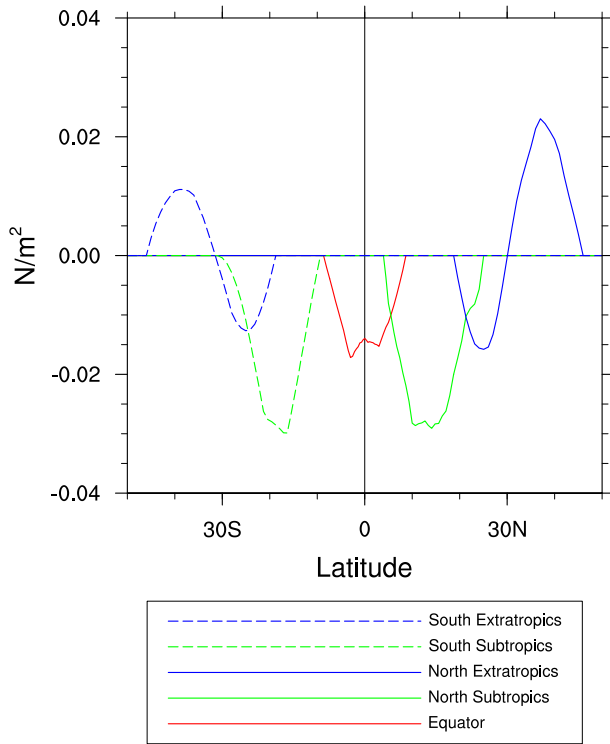
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 701 equatorial and north subtropical strengthened experiments. Values are given for the upper 300 m, upper 1000 m  
 702 and the total water column. Only the weakest and strongest wind stress anomaly experiments are considered.

Depth	Equatorial		Subtropical	
	10%	50%	10%	50%
0 - 300 m	154	717	-52.5	-275
0 - 1000 m	153	717	-56	-284
Total	153	717	-55.5	-280

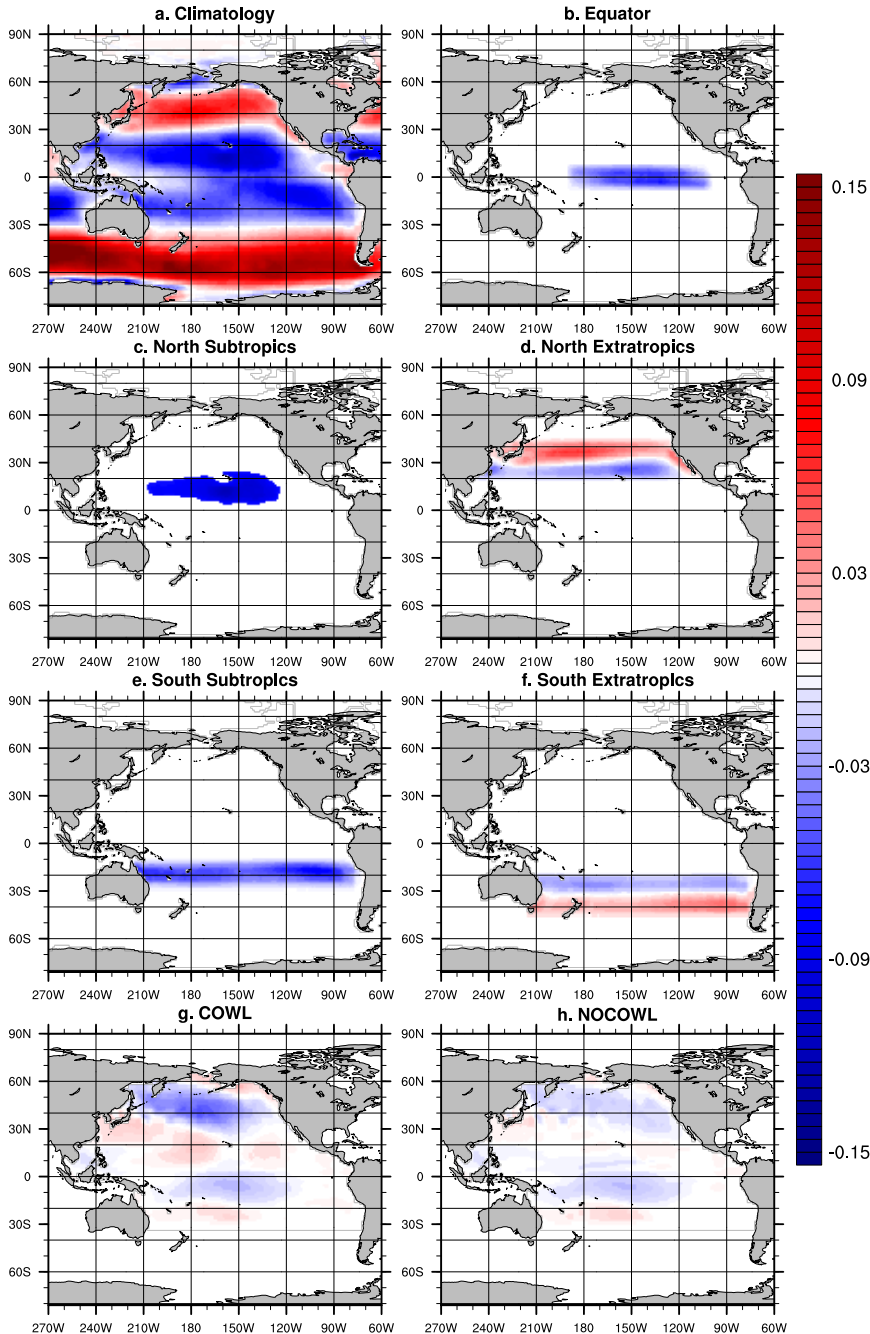
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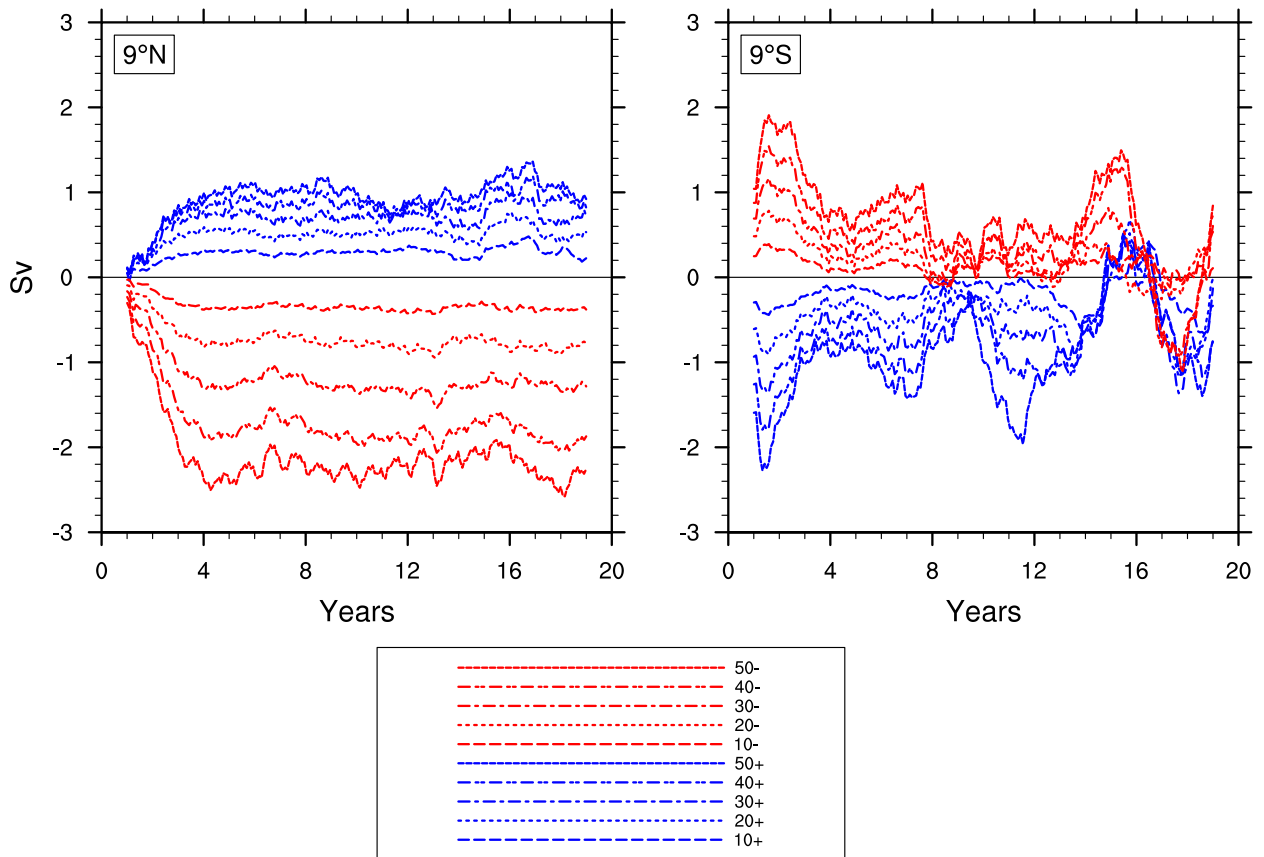


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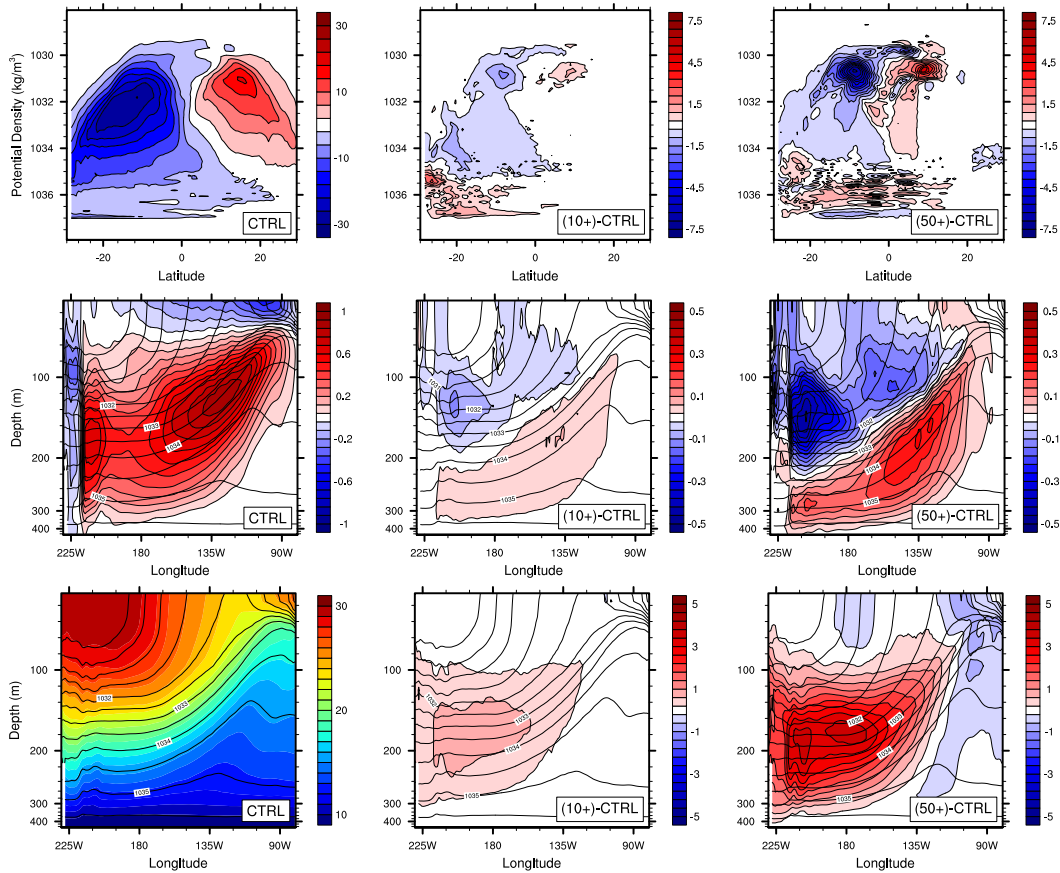


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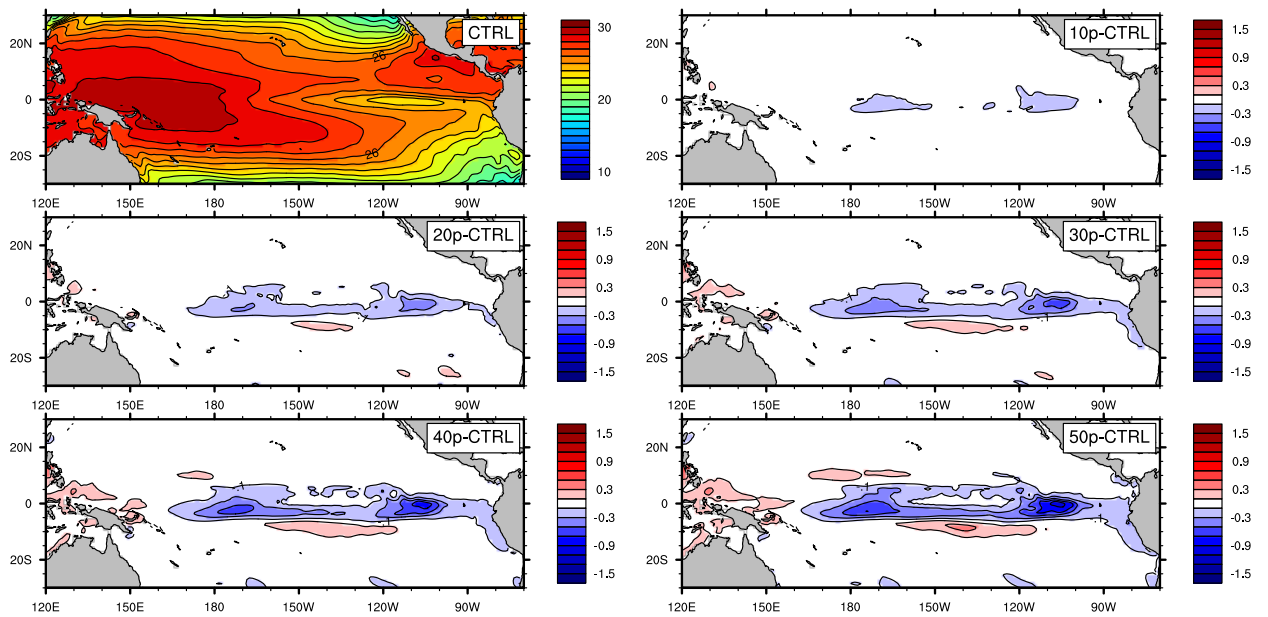




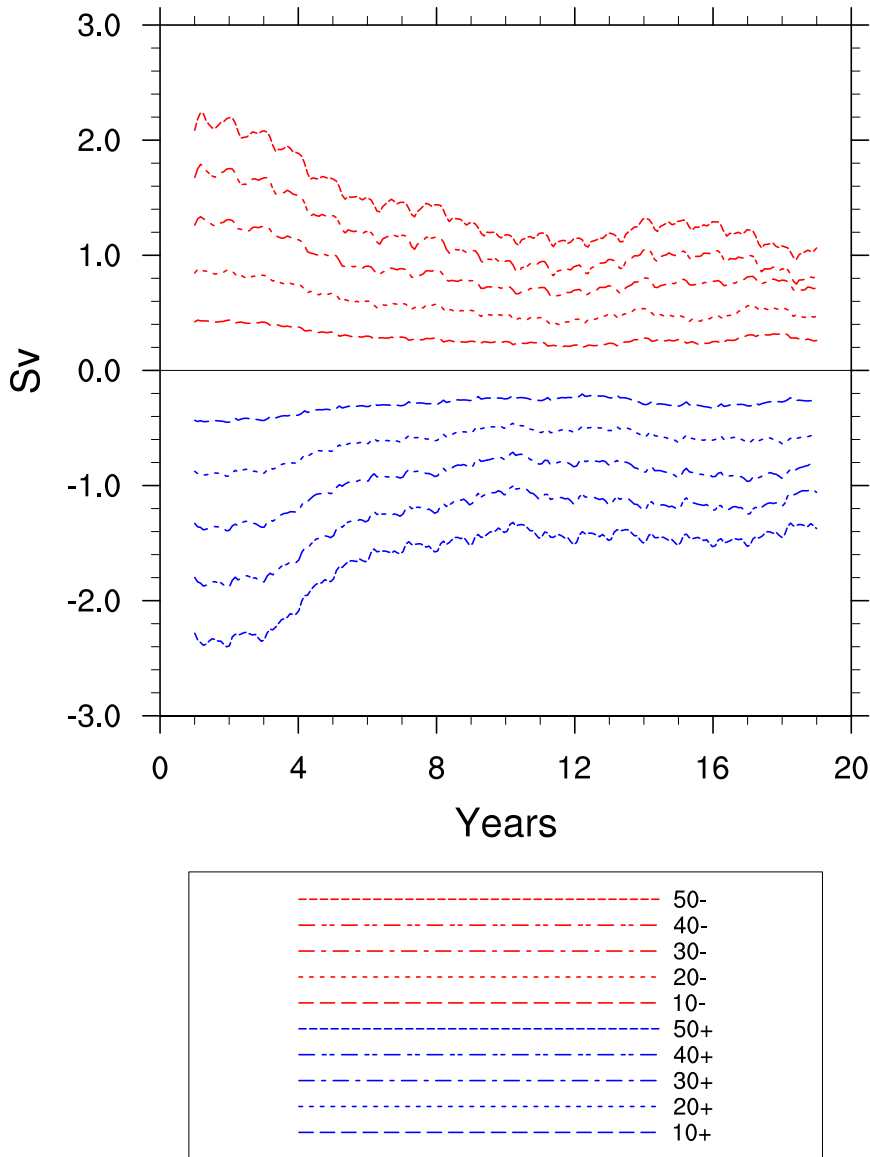
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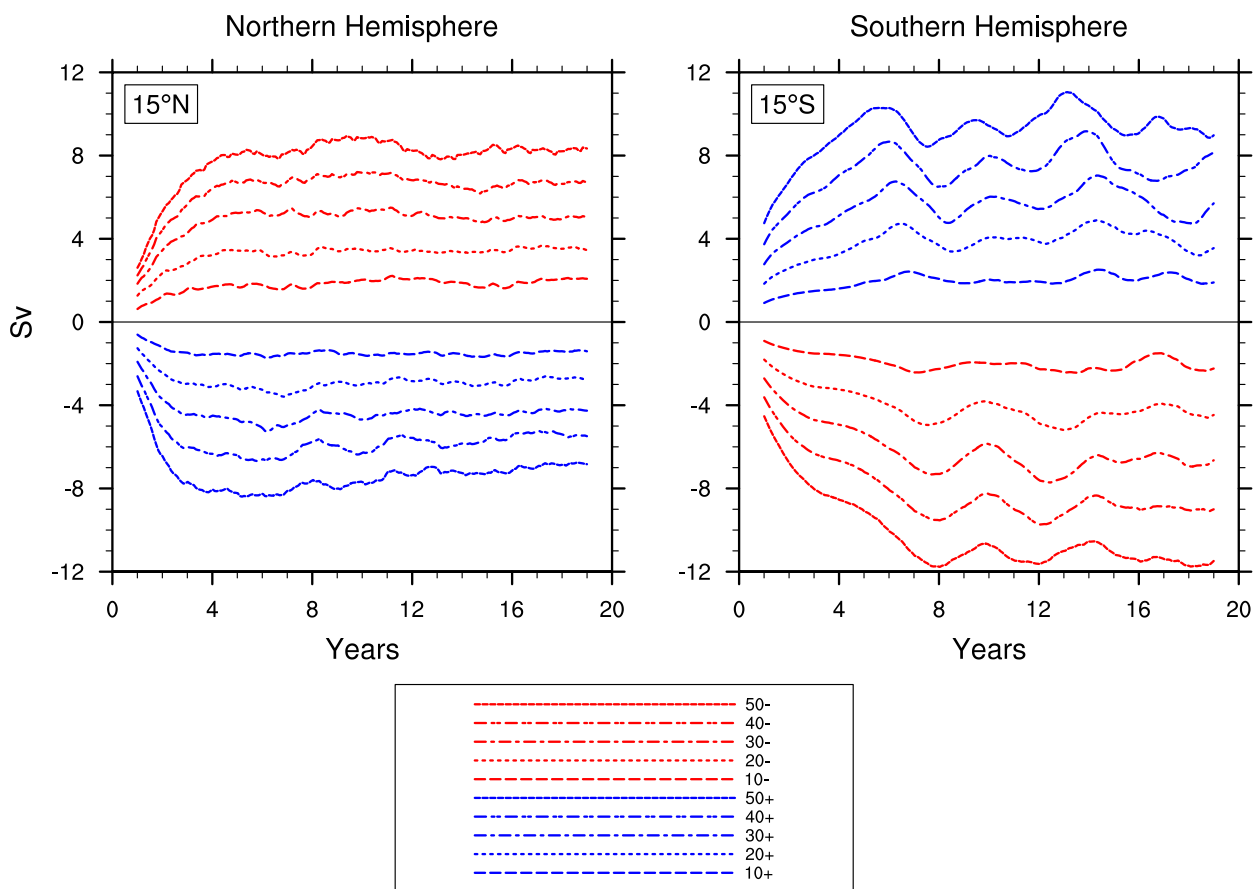
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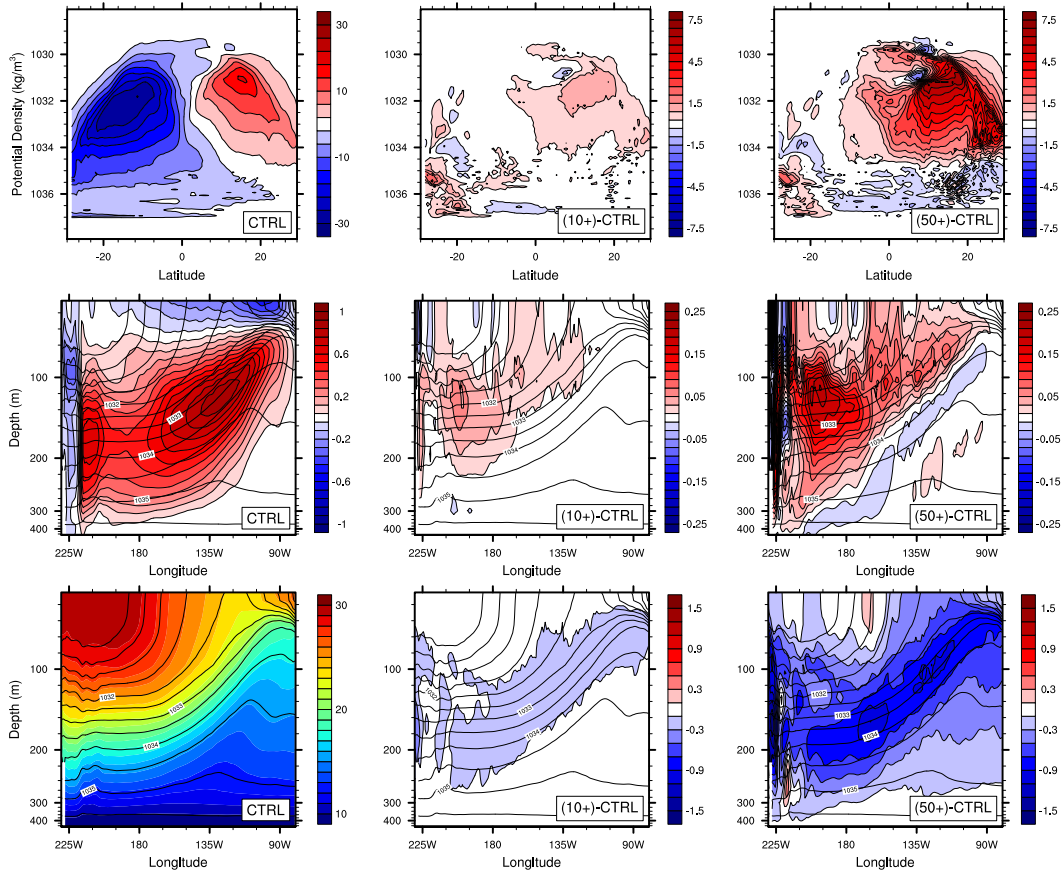


FIG. 8. As in Fig. 4 but for the northern subtropical experiments.

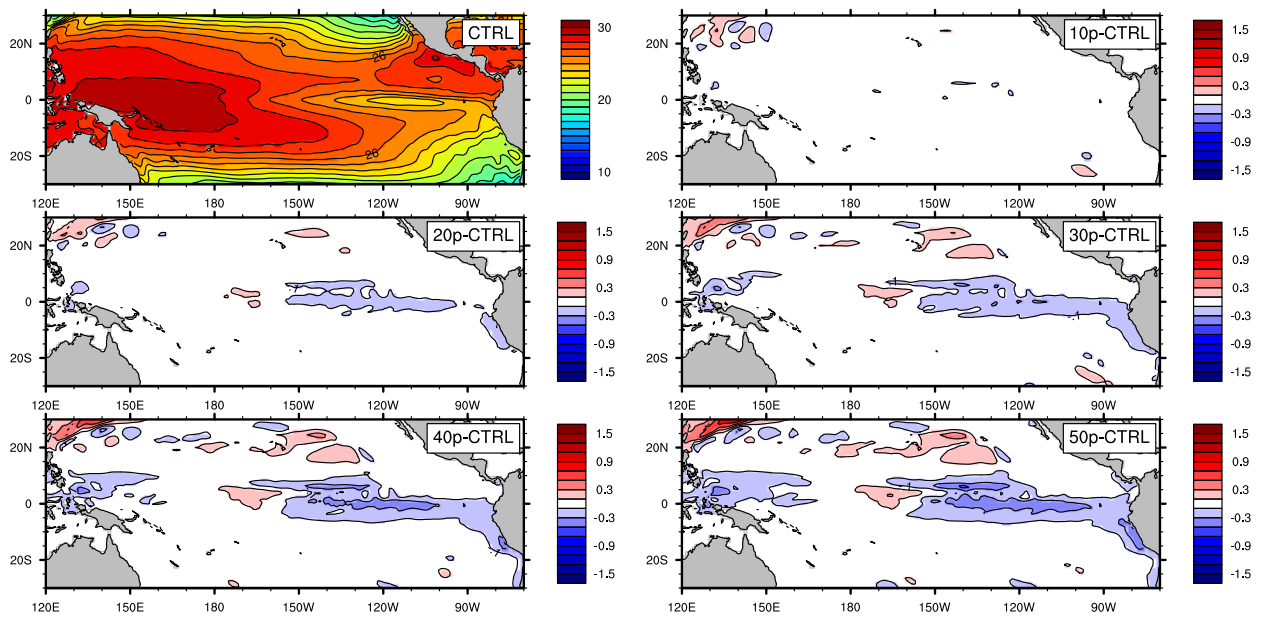
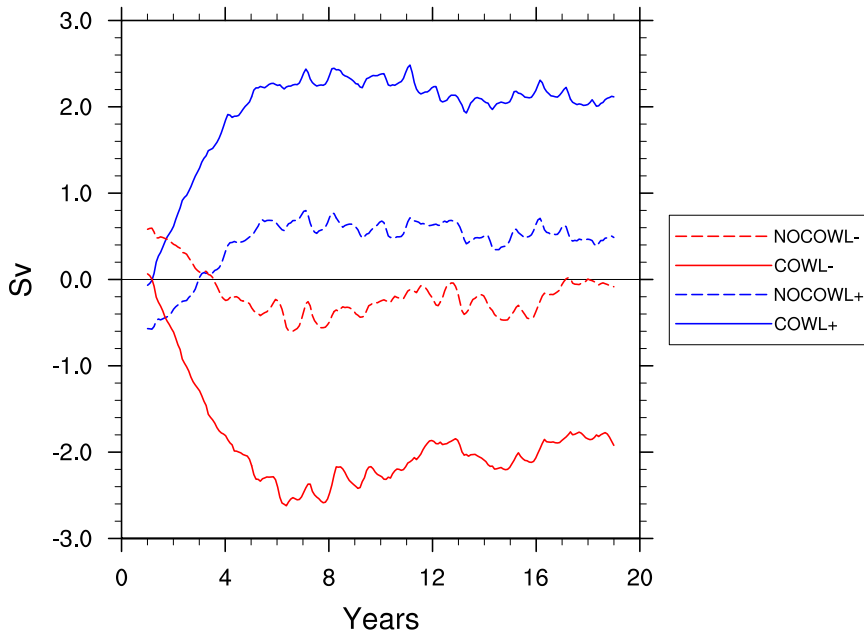
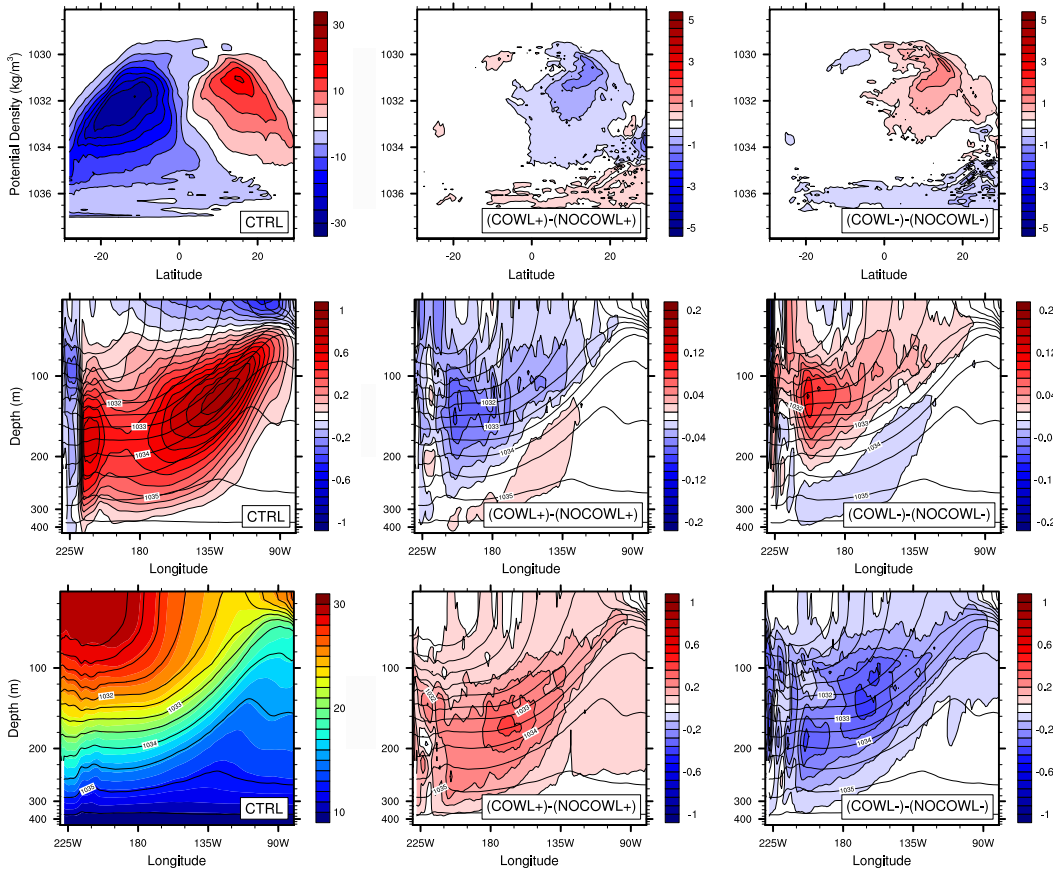


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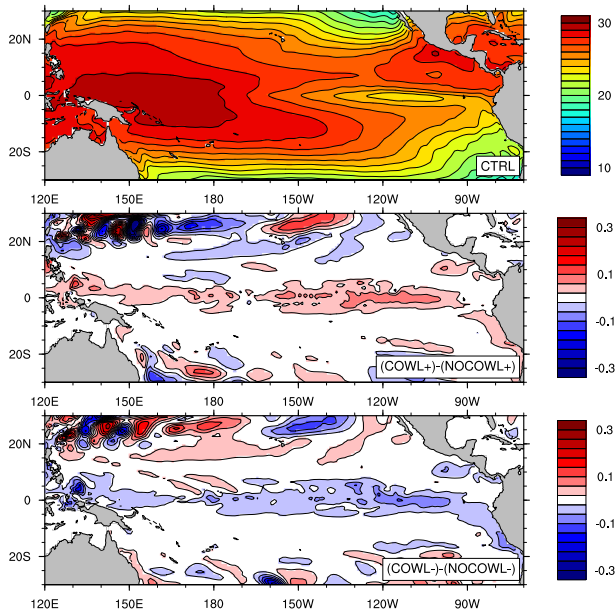


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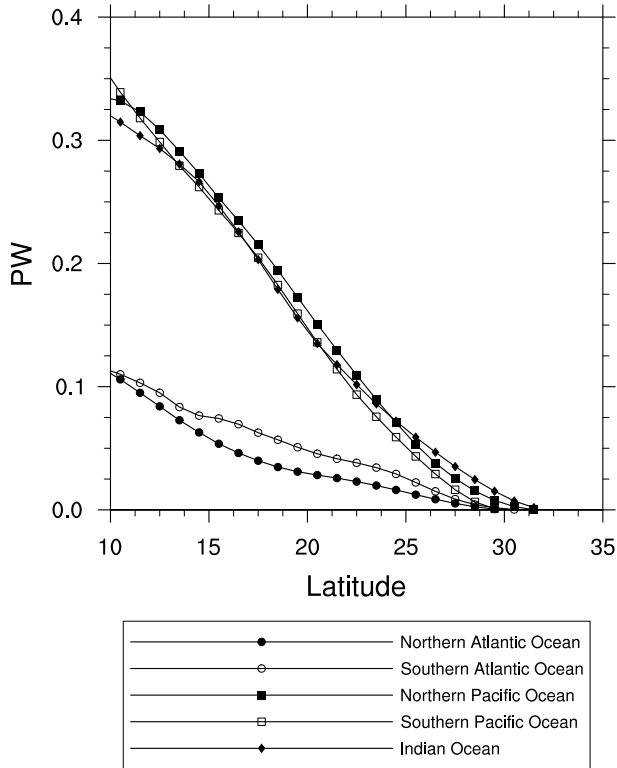




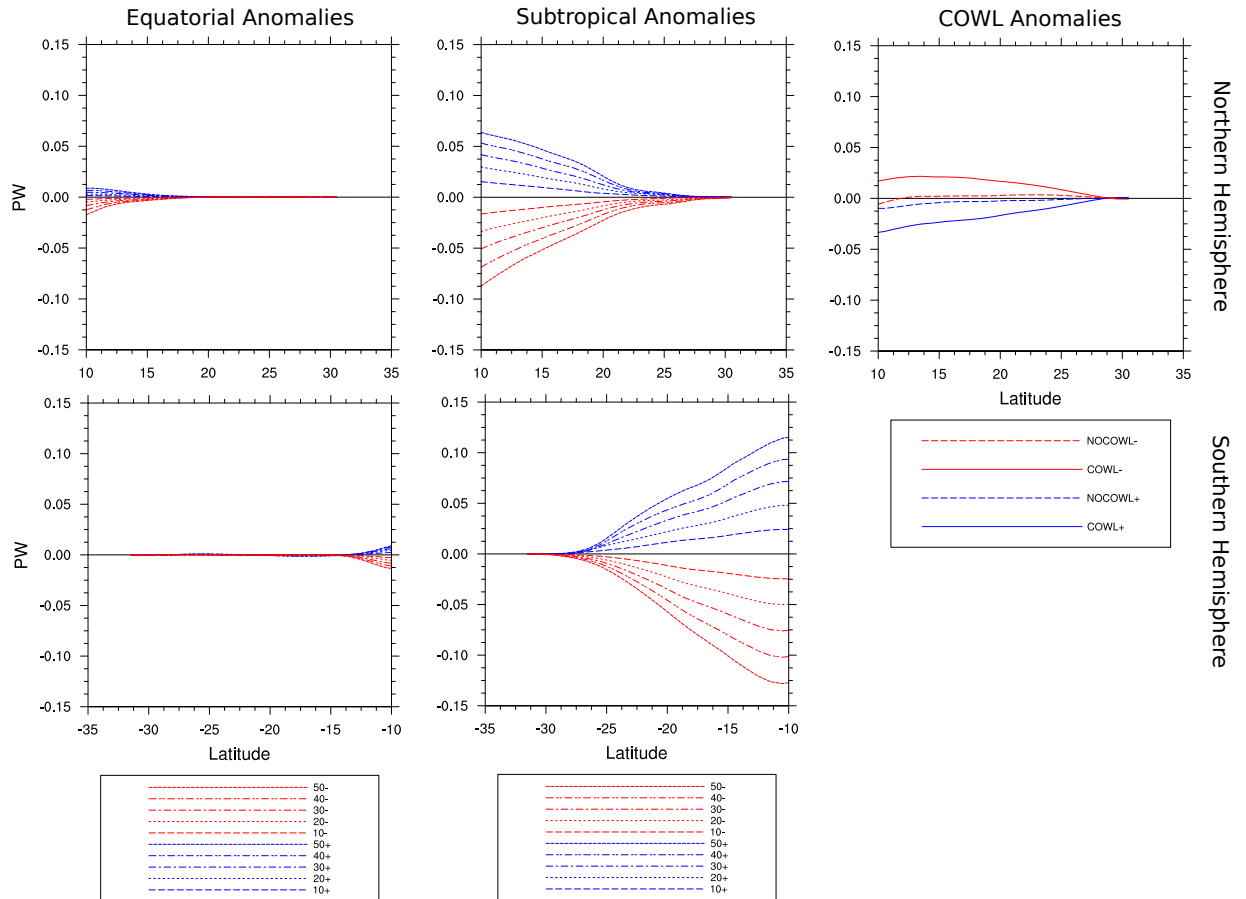
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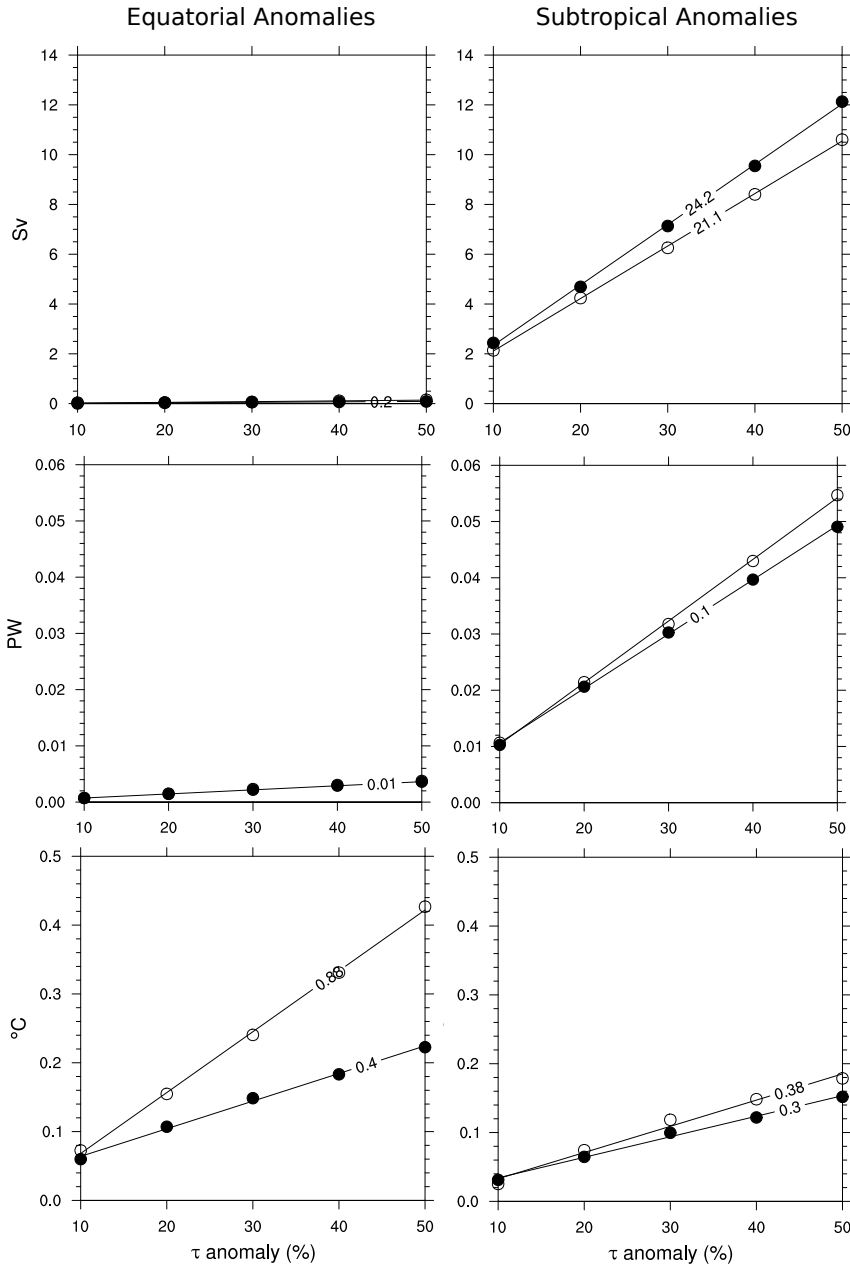
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814 FIG. 14. STC meridional energy transport ( $1 \text{ PW} = 10^{15} \text{ W}$ ) for all northern (top row) and southern (bottom  
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