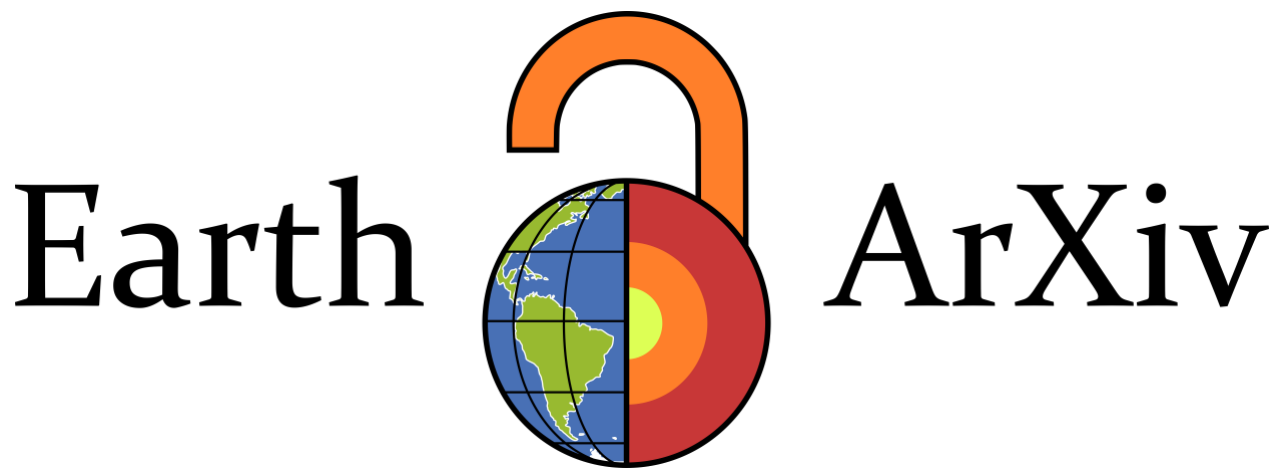




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Climate change has intensified exceptional El Niño events like the 2026/27 forecast

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Abstract

Extreme El Niño events disrupt weather across much of the globe, with adverse effects on agriculture, fisheries and economic output that persist for several years. Event attribution routinely quantifies the human influence on individual heatwaves, droughts and floods, but its application to the El Niño events that drive many of them has been much more limited. Here we investigate the 2026/27 El Niño event, forecast to peak later this year. We assess it using the relative Niño3.4 index, adopted operationally by forecasting agencies, which measures the Niño3.4 anomaly against the concurrent tropical mean. Multimodel forecasts indicate a peak of 3.23 °C (2.55–3.73 °C), exceeding the largest event in the instrumental record (1982/83) in 80% of ensemble members, weighting each model equally. Using generalised Pareto fits to pre-industrial and current climate simulations from models evaluated on ENSO asymmetry, we find that an event of this magnitude is substantially more likely in the current climate (probability ratio of 6.5 with a range of 3.2–17.8). This event is also 0.61 °C stronger than a comparably rare event in the pre-industrial climate. The 2026/27 forecast exemplifies how climate change is already altering the rarity and intensity of extreme El Niño events.

1 Introduction

There is considerable speculation about the intensifying El Niño event in the Pacific Ocean. El Niño events reshape weather patterns across much of the globe, causing global mean surface temperature to spike (Jiang et al., 2025; Raghuraman et al., 2024). El Niño events have widespread impacts on rainfall, agriculture, fisheries and public health (McPhaden et al., 2006; Winters, 2026). These impacts carry a substantial economic cost, and this cost persists long after the event itself has decayed. Global economic growth was found to be suppressed for years following the 1982/83 and 1997/98 El Niño events, costing the global economy trillions of dollars (Callahan and Mankin, 2023), and these losses are projected to grow as the climate warms (Liu et al., 2023). The strongest events can significantly increase the likelihood of damages; therefore quantifying the frequency of extreme events is essential.

Extreme event attribution has become a standard tool for quantifying the human influence on individual weather events, and is often applied to heatwaves, droughts, floods and fires (Stott et al., 2016; Philip et al., 2020; Otto et al., 2024). But its application to El Niño events themselves has been limited (Herring et al., 2018), despite El Niño being the largest driver of interannual climate variability and the trigger for many of the extremes to which the method is applied. Work on ENSO under warming has instead focused on how the statistical characteristics of extreme El Niño events are projected to change (Cai et al., 2015, 2023; Yeh et al., 2018; Chung et al., 2024), which is a different question from how much more likely a particular event has become. The latter is harder to quantify since the conventional Oceanic Niño Index (ONI), defined as a Niño3.4 anomaly relative to a fixed 30-year climatology, increasingly mixes the ENSO signal with the warming

background state (van Oldenborgh et al., 2021a). An event defined in these terms cannot be compared between a pre-industrial and a present-day climate, since the index itself contains the warming being attributed. The Australian Bureau of Meteorology was the first operational centre to adopt a relative index of this kind, replacing its traditional Niño indices in September 2025 (Lucas et al., 2023; Wheeler et al., 2024), and in February 2026, NOAA’s Climate Prediction Center also began monitoring El Niño using the relative Oceanic Niño index (RONI), which subtracts the concurrent tropical-mean sea surface temperature (SST) anomaly (L’Heureux et al., 2024b). The World Meteorological Organisation has since recommended relative indices as the primary basis for operational ENSO monitoring (World Meteorological Organization, 2026). The RONI measures how anomalously warm the central-eastern Pacific is relative to the rest of the tropics, and other forecasting agencies are also starting to use RONI (Wheeler et al., 2024). Since RONI removes the background warming by construction, it provides a basis on which events in different climates can be compared more directly.

Forecasts initialised in October 2026 indicate an exceptional El Niño developing through late 2026. The tropical Pacific was in a weak La Niña state through late 2025, crossed the El Niño threshold during boreal spring 2026, and has warmed steadily since (Readfearn et al., 2026; Luhn, 2026). The amplitude-corrected multimodel estimate peaks at 3.23 °C, with the central 90% of individual forecast members spanning 2.55–3.73 °C. Here we use the 2026/27 El Niño to carry out attribution analysis of this potentially exceptional individual El Niño event magnitude and to quantify how the likelihood of events of this strength has changed due to human-caused climate change.

2 Data and Methods

2.1 Datasets

We used five monthly SST datasets to characterise observed El Niño events: COBE-SST (Ishii et al., 2025), DCSST-I (Chan et al., 2026, 2025), HadISST (Rayner et al., 2003), ERSSTv5 (?) and HadSST4 (Kennedy et al., 2019). We primarily focus on the first four datasets, which are spatially complete, and we used these for all quantitative results. HadSST4 is not infilled, and we present it alongside the other datasets for comparison. All anomalies were computed relative to a 1991–2020 monthly climatology, which is used for operational relative Niño3.4 (RONI) index forecasts (L’Heureux et al., 2024b).

For the 2026/27 forecast, we used the North American multimodel Ensemble (Kirtman et al., 2014) (NMME) initialised in the month of October 2026, obtained from the Columbia University Center for Climate Systems Research (CCSR) NMME archive. The forecast range in our study is based on 100 ensemble members from five models available in the CCSR NMME archive: NASA-GMAO GEOSS2S, ECCC CanSIPS-IC4, COLA-RSMAS CCSM4, CESM1 and NOAA-GFDL SPEAR. We do not include NCEP-CFSv2 because only four of its 28 members had been populated for this initialisation in the NMME archive at the time of analysis, and because the hindcast sample spans 1991–2011 rather than the 1991–2020 period used for the other models. Its four available members gave a peak RONI of 2.67 °C, which is within the range spanned by the retained models.

For the attribution analysis, we used monthly surface temperature (ts) data from CMIP5 (Taylor et al., 2012) and CMIP6 (Eyring et al., 2016) models, which over open ocean is equivalent to SST for the indices computed here. We used a single realisation per model (r1i1p1 and r1i1p1f1 respectively) from three experiments: piControl, historical, and a moderate-forcing future scenario: RCP4.5 for CMIP5 (Moss et al., 2010) and SSP2-4.5 for CMIP6 (Tebaldi et al., 2021). We used 68 models which had all three experiments available, and for each of these models we concatenated the historical and scenario runs to cover a continuous 1850–2050 time period.

Two distinct model ensembles are used in this study as highlighted above. The NMME seasonal forecast models provide the magnitude of the 2026/27 forecast event, while the CMIP models provide the pre-industrial and current climate distributions for the attribution of the intensity and likelihood of the forecast event. All subsequent subsections concerning the attribution utilise the CMIP ensemble.

2.2 Relative Niño3.4 index calculation

We computed the RONI following the definition adopted operationally by NOAA’s Climate Prediction Center (L’Heureux et al., 2024b; van Oldenborgh et al., 2021a; Wheeler et al., 2024). RONI is the three-month running mean of the Niño3.4 (5°S-5°N, 170°-120°W) SST anomaly minus the concurrent tropical-mean (20°S-20°N) SST anomaly, rescaled so that its variance matches that of the conventional Oceanic Niño Index. In the models, we masked land gridpoints to restrict the tropical mean calculation to the ocean gridpoints only. We identified observed events using the NOAA Climate Prediction Center (CPC) operational criterion of $\text{RONI} \geq 0.5$ °C for at least five consecutive overlapping three-month seasons, and defined the event magnitude as the peak RONI value within each event. The timing of the event was defined by the calendar year of the peak.

2.3 Forecast of the 2026/27 event

For the forecast, we first computed the anomalies relative to each forecast model’s own 1991–2020 hindcast climatology, and then constructed RONI from each ensemble member individually. Coupled forecast models tend to overstate ENSO amplitude at multi-month lead-times (Barnston et al., 2017, 2012; Kumar et al., 2015; Ehsan et al., 2024), so we subsequently applied the amplitude correction used operationally by NOAA CPC (Tippett et al., 2017). This was done by dividing the forecast Niño3.4 anomalies by the ratio of the model’s hindcast standard deviation to the observed standard deviation, computed separately for each model’s October-initialised hindcasts over 1991–2020. The observed standard deviation was taken as the mean across the four infilled datasets, over the same period as the hindcasts. The forecast models’ standard deviations were computed across individual members rather than across ensemble means so that the correction does not depend on ensemble size, and we constrained the resulting factors to lie between 0.5 and 3.5 to guard against poorly sampled leads.

The centred three-month mean for calculating RONI at the first forecast lead requires the month preceding the initialisation month (in this case, September 2026). We used the observed relative anomaly for that month, taken from COBE-SST which is the only dataset extending through September 2026 at the time of analysis. Following this, we took the probability of the 2026/27 forecast event exceeding the observed record as the fraction of amplitude-corrected members in which peak RONI exceeds the observed 1982/83 value, weighting each model equally regardless of ensemble size, and we report the uncertainty range by using the 1982/83 value in each of the observational datasets.

2.4 Evaluation and selection of CMIP models for attribution

Since the analysis concerns extreme El Niño events, we required CMIP models to reproduce the observed asymmetry of ENSO (Bellenger et al., 2013; Planton et al., 2021), represented using the skewness of the observed RONI, before including them in the attribution analysis. Skewness is used because it is a statistical metric that represents the nonlinearity which generates the upper-tail of the RONI index distribution. This distribution is typically positively skewed in observations (albeit with differences across observational datasets) because El Niño events reach larger amplitudes than La Niña events (Burgers and Stephenson, 1999; Bellenger et al., 2013), and a model with near-zero or negative skewness cannot reproduce the upper tail on which the attribution analysis depends.

To evaluate the models, we first calculated the uncertainty range of RONI skewness using the four infilled observational datasets. For each dataset, the sampling distribution of RONI skewness over 1900–2000 was estimated using a moving-block bootstrap (Künsch, 1989; Politis and Romano, 1994) with 10,000 resamples and 36-month blocks, chosen to preserve individual ENSO events. The 5–95% intervals of the four datasets overlap, indicating that they are statistically consistent, and we took their intersection, $[+0.18, +0.44]$, as the reference skewness range for model evaluation. This range is insensitive to the choice of block length between 24 and 60 months. Eighteen models met our evaluation criteria: eight CMIP6 and ten CMIP5 models (Supplementary Table S1), and the observational datasets fall within the spread of these models in the upper tail (Supplementary Figure S1), confirming that selection on skewness also yields models with realistic upper-tail

behaviour. We then multiplied each retained model's index by the ratio of the observed to simulated ENSO standard deviation over 1900–2000, applying a single factor per model to all of its experiments, so that absolute thresholds were comparable across models while forced differences between experiments were preserved. Since the same constant is applied to every experiment of a given model, it cancels exactly in the within-model ratio of current to pre-industrial variability, which is unaffected by the correction (see Supplementary Table S1). The factor is estimated over 1900–2000 alone and carries no information about the difference between the climates.

2.5 Attribution analysis

We took piControl as the pre-industrial counterfactual (Diffenbaugh et al., 2017) and the 2000–2050 period of the concatenated historical and future scenario runs as the proxy for the current climate (van Oldenborgh et al., 2021b; Kirchmeier-Young et al., 2019; Otto et al., 2024). We chose this window for three reasons: it is centred close to the year of the event occurrence (2026/27) so the sampled forcing is representative of the climate in which the event is occurring. It also provides an adequate sample of years for the tail fit (885 across 18 models), whereas shorter windows widen the confidence intervals appreciably, and scenario divergence is negligible before 2050, so the result does not depend on the choice between RCP4.5 and SSP2-4.5. RONI indices were calculated in both periods against a common monthly climatology, taken from the 1991–2020 period of each model's historical and scenario run. We defined event magnitudes as annual block maxima, taking the largest index value in each complete ENSO year (July–June). Annual maxima were pooled across models, with each model contributing at most 500 years, to ensure that models with long piControl runs did not dominate the counterfactual return periods.

The exceedance probability above a high threshold was modelled with a generalised Pareto distribution (GPD) (Coles, 2001),

$$P(X > x) = \zeta_q \left[1 + \xi \frac{x - u_q}{\sigma} \right]^{-1/\xi}, \quad x > u_q, \quad (1)$$

where u_q is the q th quantile of the sample, ζ_q is the fraction of values exceeding it ($\zeta_q = 1 - q$), $\sigma > 0$ is the scale parameter, and ξ is the shape parameter. We used $q = 0.85$ i.e., 85th percentile for our analysis. The shape parameters fitted independently to the two climates are statistically indistinguishable (difference of -0.12 ; 90% c.i. of -0.24 to $+0.02$), so we estimated ξ from the better constrained pre-industrial sample, holding it common to both climates, so that the two fits differ only in location (u_q) and scale (σ). We chose a GPD rather than a generalised extreme value (GEV) distribution fitted to block maxima, since the GEV fit underestimated the piControl tail beyond return periods of about 100 years. The GPD instead reproduced the empirical exceedances out to return periods of 10^4 years, with a shape parameter that is stable between -0.08 and -0.11 across thresholds from the 70th to the 95th percentile (Supplementary Figure S2).

The likelihood of the event was estimated using the probability ratio defined as the ratio of the exceedance probability of a given magnitude in the current climate to its exceedance probability in the pre-industrial climate (Stott et al., 2016; Philip et al., 2020). The metric of intensity change expresses the same shift along the magnitude axis rather than the probability axis, and describes how much stronger an event of the same rarity has become. To calculate this, we first obtained the exceedance probability of the forecast magnitude in the current climate, and then identified the magnitude with that same exceedance probability in the pre-industrial climate, and took the difference between the two. All uncertainty ranges presented here are 90% confidence intervals (5–95% percentiles) from a bootstrap that resamples whole models with replacement over 1000 iterations, since structural differences between models dominate sampling uncertainty.

Since the two fits differ only in u_q and σ , the contributions of these two changes can be separated. We refer to $u_q^{cur} - u_q^{PI}$ as the location shift, since the threshold is a quantile of each sample and a change in it reflects a displacement of the underlying distribution. We evaluated the probability

ratio at the forecast magnitude three times: with both parameters at their current-climate values; with change in location alone (u_q^{cur} , σ^{PI}); and with change in scale alone (u_q^{PI} , σ^{cur}).

2.6 Sensitivity tests

We repeated the attribution under a range of analytical choices to assess robustness. We varied the GPD threshold between the 75th and 90th percentiles, fitted the two climates with independently estimated shape parameters, fitted a GEV to block maxima in place of a GPD, restricted the ensemble to each model generation in turn, excluded the models requiring the largest amplitude corrections, and omitted each model in turn. We also varied the definition of the current-climate window by shortening it, keeping the central year fixed, to assess the influence of sample size and of the range of forcing pooled into the current climate.

We computed trends in Niño3.4 SST relative to the tropical mean, in both models and observations (see Supplementary Table S2). This quantity is the annual-mean difference between the Niño3.4 SST and tropical mean-SST (20°S-20°N). It is related to RONI but not identical, as it is an annual mean rather than a three-month running mean and is not rescaled to match the variance of ONI, since the purpose here is to compare long-term warming rates rather than to characterise event amplitude. This was done to compare the warming rate in the Niño3.4 region in each observational dataset and each model, by fitting a linear trend over three periods: 1900–2025, 1950–2025 and 1980–2025. For the models, these time series were taken from the concatenated historical and scenario runs.

3 Results

We find that the peak amplitude of this event would exceed the strongest El Niño in the instrumental record. Since 1870, the largest observed peak RONI is that of the 1982/83 event, on average at 2.66 °C across the four infilled datasets, followed by the 1877/78 (2.58), 1888/89 (2.55), 2015/16 (2.48) and 1997/98 (2.43) events (Figure 1a). The amplitude-corrected NMME forecast peak RONI for 2026/27 exceeds the peak of all of these events. The NMME forecast trajectory tracks the envelope of past events through the first half of 2026 and rises above them from boreal autumn onwards and peaks around November-December 2026 (see Figure 1b).

All members from four of the five NMME forecast models peak above the 1982/83 value. Weighting each NMME model equally, the probability that the forecast exceeds the observed record is 80%. The observed record is itself uncertain, since the four observational datasets disagree on the magnitude of the 1982/83 peak by 0.25 °C (2.57–2.82 °C), and taking each dataset in turn as the reference gives an exceedance probability of between 80% and 92%. We note that this comparison is made in RONI, from which the concurrent tropical-mean warming has already been removed. Even on longer timescales, palaeoclimate reconstructions suggest that no El Niño event since at least 1600 CE exceeded the forecast peak magnitude for the current event (Freund et al., 2019). The forecast event is therefore exceptional due to the warming in central-eastern equatorial Pacific compared to rest of the tropics, which is the quantity that governs the atmospheric response to warmer SST (Johnson and Xie, 2010; Izumo et al., 2020).

The forecast SST pattern also exceeds all previous observations across most locations within the central and eastern equatorial Pacific. We compared the forecast December–February relative SST with the highest value observed at each gridpoint in any December–February since 1870, and found that the forecast exceeds the observed maximum over roughly 78% of the Niño3.4 region and nearly 26% of the tropical Pacific (15°S–15°N, 140°E–80°W; Figure 1c).

We find that an event of the 2026/27 forecast magnitude is about 6.5 times more likely than it would have been in a pre-industrial climate (see Figure 2) using an ensemble of 18 CMIP models evaluated against the observed asymmetry of ENSO (see Supplementary Figure S1 and Supplementary Table S1). An event of this magnitude occurs roughly once in 1900 years in the pre-industrial simulations, and roughly once in 290 years in the current climate, giving a

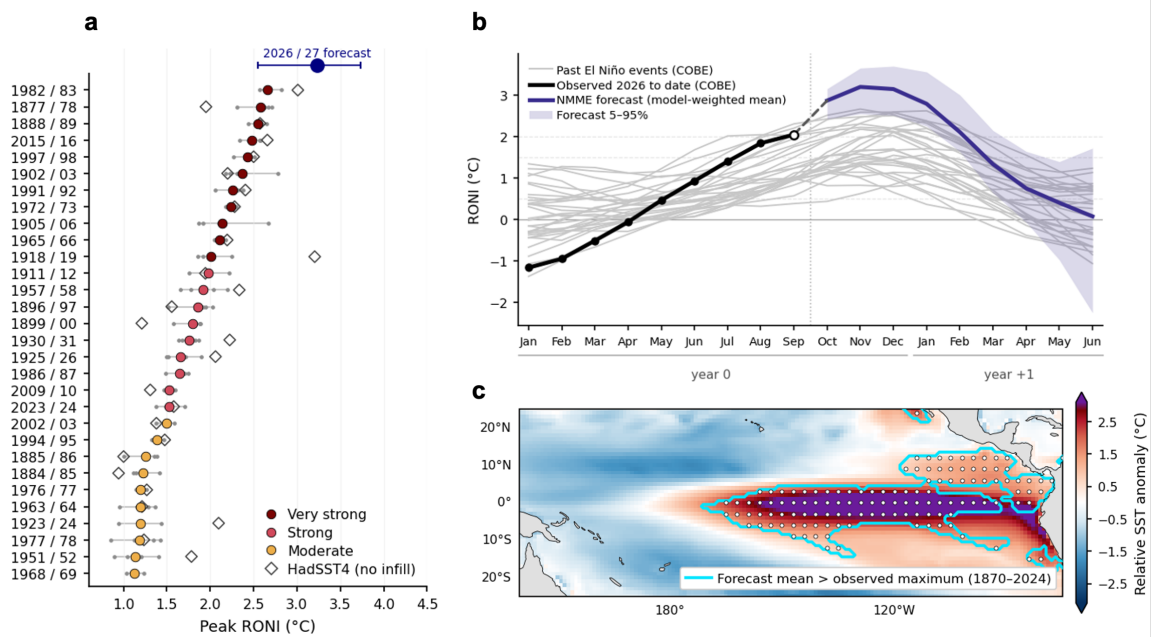


Figure 1. The forecast 2026/27 El Niño in the context of the observed instrumental record. **a**, Peak RONI of every observed moderate to very-strong El Niño event since 1870, ranked by magnitude. Coloured circles show the mean across the four infilled SST analyses, grey dots highlight the individual datasets and grey bars highlight their range; open diamonds show HadSST4, which is not infilled so is not directly comparable. Circle colour denotes event category (moderate, strong and very strong). The purple marker at the top shows the amplitude-corrected NMME seasonal forecast for 2026/27 initialised in October 2026, with the bar spanning the model-weighted 5th–95th percentile of forecast members. **b**, RONI evolution of each moderate to very-strong El Niño event from January of the event year to June of the following year. Grey lines show all observed events since 1870 in COBE-SST, the black line with markers shows observations to date for 2026. The values are centred three-month means labelled by their central month on the x-axis, and the marker for September 2026 denotes an incomplete two-month mean because October observations are not available. The purple line shows the model-weighted mean of the amplitude-corrected NMME forecast initialised in October 2026, with shading spanning the model weighted 5th–95th percentile across members. The dotted vertical line marks the forecast initialisation. **c**, Forecast relative SST anomaly for December–February 2026/27, averaged across the five NMME models. Cyan contours and white stippling mark gridpoints where the forecast mean exceeds the highest value observed at that location in any December–February since 1870.

216 probability ratio of 6.5 (3.2–17.8 90% confidence interval; see Table 1). We also find that the
 217 forecast event is 0.61 °C stronger than a comparably rare event in the pre-industrial climate.

218 The change in the mean state (change in location corresponding to warming in Niño3.4 SST
 219 relative to tropical-mean SST) accounts for roughly two-thirds of the increase in likelihood, while
 220 the increase in variability (change in scale) accounts for the remaining third. Since the fitted
 221 distributions share a common shape parameter, they differ only in location and scale and so the
 222 two contributions can be separated. The threshold shifts by +0.44°C between the two climates and
 223 the scale increases by a factor of 1.109. Holding the scale fixed and applying only the shift gives a
 224 probability ratio of 4.0 (2.8–8.5), while holding the location fixed and applying only the change in
 225 scale gives 2.0 (0.9–4.0), against 6.5 for the two combined. The two contributions are simulated
 226 differently across the model generations: the Niño3.4 region warms faster than the tropical mean in
 227 16 of the 18 models, by +0.16°C on average in the underlying SST, whereas the increase in
 228 variability is largely confined to the CMIP6 models (mean ratio of 1.33, against 1.00 for CMIP5;
 229 see Supplementary Figure S3) (Cai et al., 2023, 2015; Maher et al., 2023; Yeh et al., 2018).

230 The two components correspond to distinct physical changes. The shift in the location reflects a
 231 change in the mean state, in which the central and eastern equatorial Pacific warms faster than the
 232 surrounding tropics. In models, this is linked with the weakening of the Walker circulation and
 233 reduced equatorial upwelling under greenhouse gas forcing (Vecchi and Soden, 2007; Watanabe

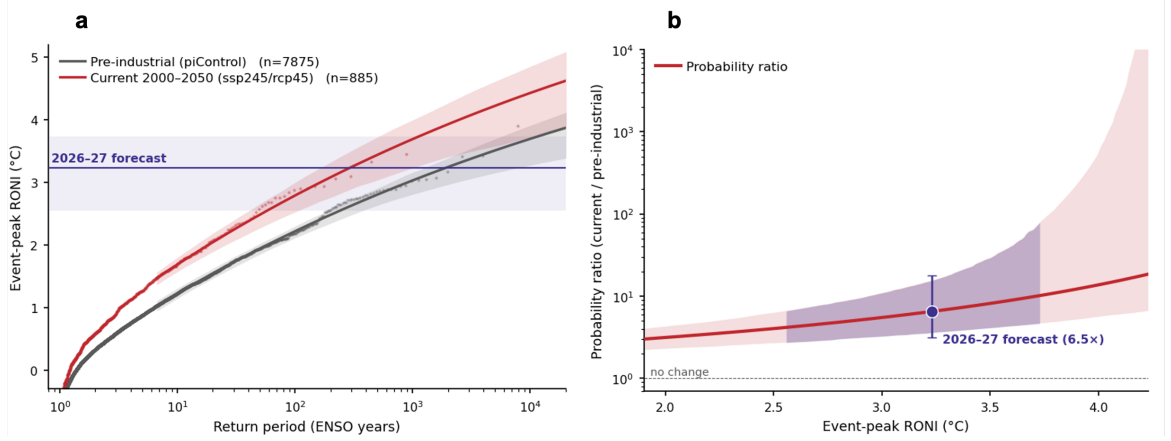


Figure 2. Attribution of extreme El Niño likelihood to anthropogenic warming. **a**, Return levels of annual peak RONI in the pre-industrial climate (piControl, grey) and the current climate (2000–2050 of historical + RCP4.5/SSP2-4.5, red), pooled across 18 evaluated CMIP models. Dots show empirical annual maxima, solid lines show the common-shape generalised Pareto fits, and shading highlights the 5th–95th percentile range from a bootstrap resampling across models. The horizontal purple line and shading show the forecast 2026/27 magnitude and its 5th–95th percentile range across forecast members. **b**, Probability ratio between the current and pre-industrial climates as a function of event magnitude. The red line shows the central estimate and red shading highlights the bootstrap 5th–95th percentile range; the purple shaded region highlights the same range over the magnitudes spanned by the forecast uncertainty. The purple marker shows the central estimate of the forecast magnitude, and vertical bars show the bootstrap range on the probability ratio for the central estimate. The dashed line marks a probability ratio of one, indicating no change in likelihood.

et al., 2024; Lee et al., 2022). Since RONI measures the Niño3.4 anomaly against the concurrent tropical mean, such a change raises the baseline from which the individual events depart. The change in scale instead reflects a change in the amplitude of ENSO itself, which is largely attributed to increased upper-ocean stratification strengthening the thermocline feedback (Cai et al., 2023, 2015). ENSO amplitude is also sensitive to extratropical and remote precursor pathways, including the Pacific Meridional Mode and its relationship with the Aleutian Low (Zheng et al., 2024) and the wave trains forced by North Atlantic SST anomalies (An et al., 2025), which models represent with varying fidelity. Our evaluation selects models on ENSO asymmetry alone and does not assess these processes directly, and these may contribute to the spread in the simulated variability change across our ensemble.

We repeated the attribution under a range of analytical choices to assess robustness (see Table 2). The probability ratio for the forecast magnitude is insensitive to the GPD threshold, varying between 6.5 and 8.3 for thresholds from the 75th to the 90th percentile. It is also insensitive to the exclusion of the models requiring the largest amplitude corrections (5.3). Omitting each model in turn gives ratios in the range of 5.3 and 10.1. Restricting the ensemble to either model generation leaves the central estimate within the range of the full ensemble, at 6.6 for CMIP6 alone and 5.4 for CMIP5 alone, although the confidence intervals of the two subsets are correspondingly wider and

Table 1. Attribution of the 2026/27 forecast El Niño event. Return periods, probability ratio and intensity change for the 2026/27 forecast, computed from a common-shape generalised Pareto fit ($q = 0.85$) to the central estimate of the forecast annual peak RONI. The pre-industrial climate is represented by piControl (7,875 years) and the current climate by 2000–2050 of the concatenated historical and RCP4.5/SSP2-4.5 runs (885 years), pooled across 18 evaluated models. The fitted shape parameter is -0.087 , with scale parameters of 0.493 (pre-industrial, $n = 1,182$ exceedances) and 0.547 (current, $n = 133$), giving a scale ratio of 1.109. Ranges are 5th–95th percentiles from a bootstrap resampling whole models with replacement over 1000 iterations.

Event	Magnitude (°C)	Return period (yr)		Probability ratio		Intensity change (°C)
		Pre-industrial	Current	Central	5–95%	
2026/27 (forecast)	3.23	1884	289	6.5	3.2–17.8	+0.61

overlap substantially. Fitting the two climates with independently estimated shape parameters, rather than a common shape parameter, gives a probability ratio of 4.1. Fitting a GEV to block maxima, instead of GPD, gives a probability ratio of 20.4. Both alternatives are less well constrained at this magnitude of RONI. The independent shape parameter fit causes the two distributions to converge in the upper tail, while the GEV fit underestimates the pre-industrial tail, as described in the methods section. Shortening the current climate window around the same central year gives probability ratios of 6.4, 6.9 and 10.0 for 2005–2045, 2010–2040 and 2015–2030 respectively. The probability ratio increases as the window becomes narrower because a shorter window pools a narrower and more strongly forced range of climate states. The 50-year window used here therefore gives one of the lower estimates.

Table 2. Sensitivity of the probability ratio to analytical choices. Probability ratios for the forecast 2026/27 magnitude (3.23 °C) under alternative extreme-value fits, model subsets and lengths of the current-climate window. The alternative windows are shorter periods centred on the same year as the main window, with the number of years in parentheses. Each row varies one choice from the main analysis, which uses a common-shape generalised Pareto fit at $q = 0.85$ with the current climate defined as 2000–2050. Ranges are 5th–95th percentiles from a model-block bootstrap with 1000 resamples, except the leave-one-model-out row, which gives the range of central estimates across the 18 single-model exclusions.

Analysis	Probability ratio	5–95% range
Main analysis	6.5	3.2–17.8
<i>Extreme-value fit</i>		
GPD threshold $q = 0.75$	8.3	4.0–19.9
GPD threshold $q = 0.80$	8.2	3.7–19.5
GPD threshold $q = 0.90$	6.5	2.7–18.8
Independently fitted shape parameters	4.1	1.0–14.6
GEV fitted to block maxima	20.4	5.3–124.6
<i>Model ensemble</i>		
CMIP6 models only ($n = 8$)	6.6	3.6–15.2
CMIP5 models only ($n = 10$)	5.4	0.5–72.4
Excluding MIROC-ESM variants ($n = 16$)	5.3	2.7–13.9
Leave-one-model-out range	6.5	5.3–10.1
<i>Current-climate window</i>		
2005–2045 (710 years)	6.4	3.4–20.7
2010–2040 (535 years)	6.9	4.1–24.9
2015–2030 (270 years)	10.0	4.4–33.2

Since the mean-state warming in the Niño3.4 region is a larger contribution to the likelihood estimate compared to variability change, we assess whether a change of this sign is evident in observations. For each observational dataset and each model, we compared trends in Niño3.4 SST relative to tropical mean SST (Supplementary Table S2). All four observational datasets give negative trends over the three periods, indicating that the Niño3.4 region has warmed more slowly than the tropical mean, and these trends become more negative over the more recent periods. The models give a multimodel mean of between +0.12 and +0.15 °C per century, with 13 to 16 of the 18 models showing a positive trend, although only three are significant at the 5% level in any period. This difference between observed and simulated SST trend patterns in the tropical Pacific is well documented, and it remains unresolved whether it reflects a common model bias, internal variability in the observed record, or a combination of the two (Lee et al., 2022; Watanabe et al., 2024). Each model here contributes a single realisation, so the simulated spread does not fully sample internal variability and the apparent separation from the observations is correspondingly overstated.

Despite the model-observation discrepancy in the warming trend, it is worth noting that our attribution does not depend on the historical trend simulated by each model and instead depends on the difference between the annual peak of RONI in the pre-industrial and current climates (2000–2050). A model may simulate a weak historical trend and still produce a clear separation

between the two experiments, which differ by a larger change in greenhouse gas forcing than the observed record spans. The trend comparison above is therefore a consistency check on the sign of the simulated change rather than a test of the attribution.

4 Discussion and Conclusions

We set out to examine whether the increase in likelihood and intensity of exceptional El Niño events, such as the one currently being forecast for 2026/27, can be attributed to anthropogenic climate change. Our results suggest that indeed there is a human fingerprint on such events. However, there are some limitations of this study that must be highlighted. Each CMIP model in our attribution analysis contributes only a single realisation, so the spread across the ensemble reflects structural differences and internal variability together, and the model bootstrap samples both. The NMME forecast magnitude lies beyond the range of the pooled current-climate maxima, so the probability ratio at this magnitude depends on the fitted tail rather than on the empirical distribution; the sensitivity tests indicate that this dependence is modest for the GPD fit but substantial if a GEV fit is used instead. The evaluation step also selects models on ENSO asymmetry alone, and a CMIP model that reproduces the observed skewness need not reproduce the observed response of ENSO to forcing.

The increase in ENSO variability is largely a CMIP6 feature in our analysis. The standard deviation of the current-climate RONI is larger than the pre-industrial RONI standard deviation in seven of the eight CMIP6 models but in only five of the ten CMIP5 models (see Supplementary Table S1). Part of this difference across generations may reflect a genuine improvement between generations, since CMIP6 models show reduced precipitation and SST biases in the tropical Pacific relative to CMIP5, alongside higher resolution and updated convective parameterisations, all of which lead to improved representation of ENSO (Brown et al., 2020). But, part of this may reflect sampling, since robustly characterising models’ ENSO amplitude and the processes underlying it has been shown to require ensembles considerably larger than the single realisation we use per model (Lee et al., 2021; Planton et al., 2024). We cannot distinguish between these in our analysis, mainly because our analysis is limited to only 18 models with a single realisation in each as we selected models based on their representation of ENSO asymmetry alone. Despite this difference, the attribution results are largely similar across the CMIP generations with overlapping intervals (see Table 2) because the mean state contribution dominates in both cases.

Despite all the caveats mentioned above, the direction and approximate size of the change are robust. Every sensitivity test gives a probability ratio above one, and the majority fall between 4 and 9. The largest remaining uncertainty is the simulated mean-state response in CMIP models which contributes roughly twice as much to the probability ratio as the change in ENSO variability, yet observations show the Niño3.4 region warming at a relatively slower rate. The most conservative treatment, in which the mean-state contribution is set aside entirely and only the increase in ENSO variability is retained, still gives a doubling of the likelihood. The discrepancy therefore affects the size of the estimated change in likelihood, but not its sign, nor the conclusion that an event of this magnitude has become substantially more likely. While our conclusions about the 2026/27 event remain conditional on the forecast being accurate, the attribution result itself does not depend on the accuracy of a forecast, since it concerns events of a given magnitude rather than this particular event.

Extreme El Niño events have large economic and societal impacts, and if the 2026/27 forecast eventuates it will probably be an unprecedented event. An El Niño of this magnitude is now substantially more likely than it would have been in a pre-industrial climate, and will become more likely as the world continues to warm. The evidence of an increase is consistent across every configuration we tested but the exact value of the probability ratio, or the factor by which the likelihood has increased, is less well constrained and should be read as approximate. Attribution of this kind has, until now, largely been carried out for the weather extremes that El Niño events can exacerbate, rather than for the events themselves. More intense El Niño events also have a stronger

control over global and regional climate anomalies (L’Heureux et al., 2024a) which will be enhanced in warming climate (Liu et al., 2026).

As humanity continues to emit greenhouse gases into the atmosphere, the intensity, and frequency of future El Niño events that would once have been considered exceptional could increase further. As the tropical background continues to warm, the difference between absolute and relative measures of ENSO will widen further (van Oldenborgh et al., 2021a; Wheeler et al., 2024), and monitoring events in relative terms will become even more important in the future (Wheeler et al., 2024; L’Heureux et al., 2024b). Therefore, our findings call for adaptation planning built around a shifting baseline of ENSO risk rather than a historical one, and for rapid reductions in CO₂ emissions to prevent that baseline from shifting further.

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Declaration

The authors declare no competing interests

Author contributions

AS: Conceptualization, Formal analysis, Methodology, Visualization, Writing - original draft, Writing - review and editing;
MBF: Supervision, Methodology, Visualization, Writing - review and editing;
ADK: Supervision, Methodology, Visualization, Writing - review and editing

Data availability

All datasets used in this study are publicly available. The observational SST datasets were obtained from their respective providers: COBE-SST from the Japan Meteorological Agency and NOAA Physical Sciences Laboratory (<https://psl.noaa.gov/data/gridded/data.cobe.html>), ERSSTv5 from NOAA NCEI (<https://www.ncei.noaa.gov/products/extended-reconstructed-sst>), HadISST (<https://www.metoffice.gov.uk/hadobs/hadisst/>) and HadSST4 (<https://www.metoffice.gov.uk/hadobs/hadsst4/>) from the Met Office Hadley Centre, and DCSST-I from Harvard Dataverse (<https://doi.org/10.7910/DVN/NU4UGW>). The operational relative Niño3.4 index and its documentation are available from NOAA’s Climate Prediction Center (https://www.cpc.ncep.noaa.gov/products/analysis_monitoring/enso/roni/). The North American Multimodel Ensemble forecasts and hindcasts were obtained from the Columbia University/CCSR NMME archive (<https://forecast.ccsr.columbia.edu/data/NMME/>). CMIP5 and CMIP6 model output is available through the Earth System Grid Federation (<https://esgf.llnl.gov/>), and was accessed here through the replica collections hosted by the National Computational Infrastructure (NCI) Australia. The code required to reproduce the figures and the results of this study is available at https://github.com/adisen99/extreme_el_nino_2026, archived on Zenodo at <https://doi.org/10.5281/zenodo.23421524>.

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Climate change has intensified exceptional El Niño events like the 2026/27 forecast

Supplementary Material

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Supplementary Figures

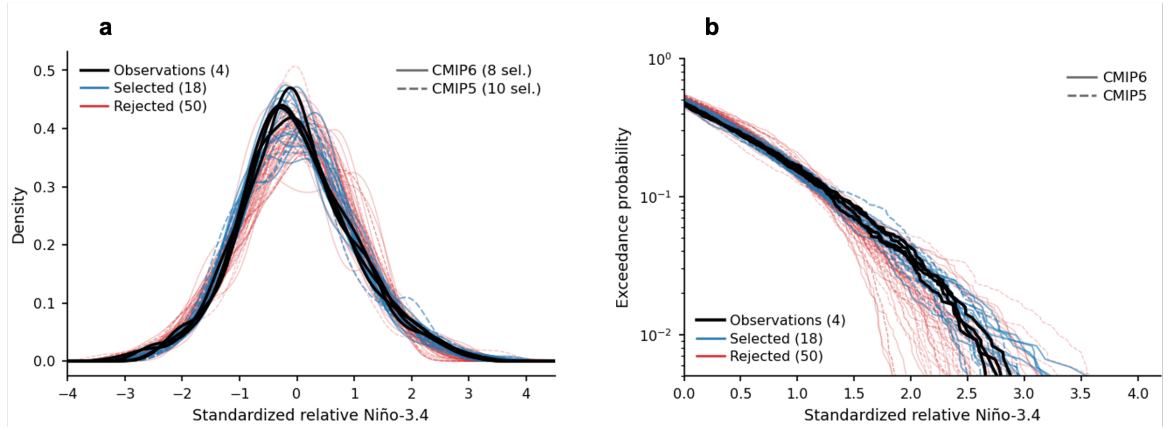


Figure S1. Evaluation of simulated relative Niño3.4 variability against observations. **a**, Kernel density estimates of standardised RONI over 1900–2000 for the four infilled observational analyses (black), the 18 models retained after evaluation (blue) and the 50 models rejected (red). Solid and dashed lines denote CMIP6 and CMIP5 models respectively. Series are standardised so that distributions are compared by shape rather than amplitude. **b**, Upper-tail exceedance probability for the same series, showing the frequency with which standardised RONI exceeds a given value.

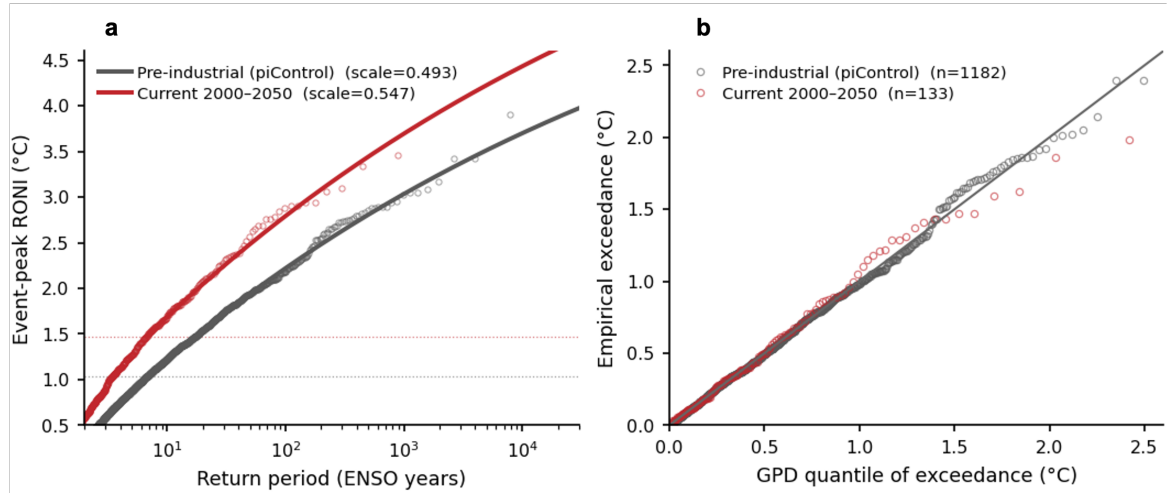


Figure S2. Diagnostics for the common-shape generalised Pareto fits. **a**, Return levels of annual peak RONI in the pre-industrial (grey) and current (red) climates. Open circles show empirical annual maxima and solid lines show the fitted GPD, drawn only above the 85th-percentile threshold used in the fit; dotted horizontal lines mark these thresholds. **b**, Quantile–quantile plot comparing empirical exceedances above the threshold with the corresponding GPD quantiles, for both climates. The one-to-one line indicates a perfect fit.

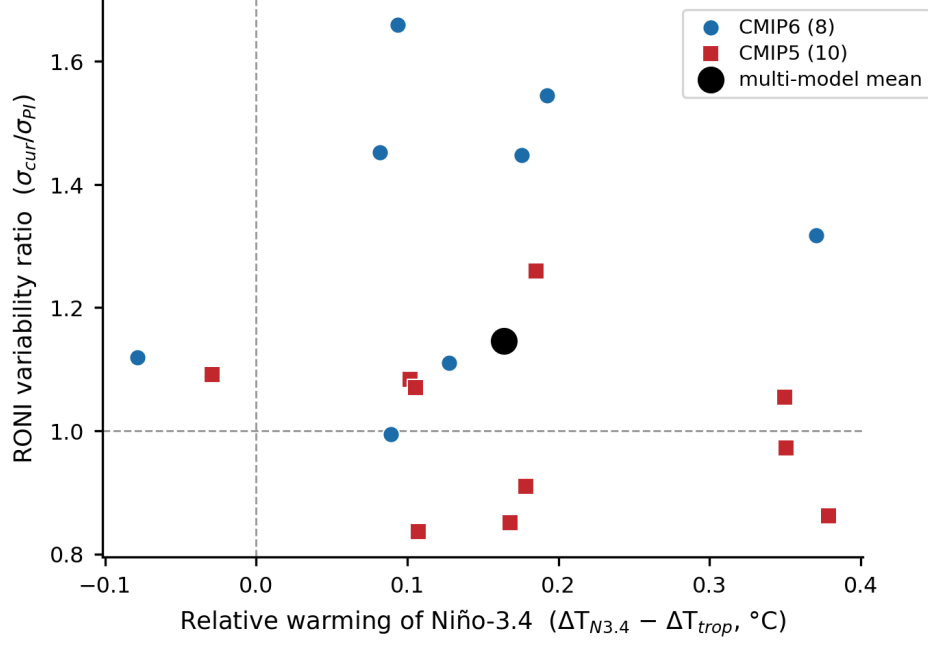


Figure S3. Contributions of mean-state change and variability change to the simulated shift in RONI. Each marker shows one evaluated model, comparing the relative warming of the Niño3.4 region (the difference between Niño3.4 and tropical-mean warming from piControl to 2000–2050) against the ratio of RONI standard deviation between the two periods. Circles denote CMIP6 models and squares CMIP5 models; the black marker shows the multimodel mean. Dashed lines represent zero relative warming and unchanged variability. Models in the upper-right quadrant simulate both an El Niño-like mean-state shift and increased ENSO variability.

Table S1. Models retained after evaluation. The 18 models whose relative Niño3.4 skewness over 1900–2000 falls within the observational reference range $[+0.18, +0.44]$. The amplitude factor is the ratio of observed to simulated ENSO standard deviation over 1900–2000, applied to all experiments of that model. The piControl column gives the full number of years available in each model’s control run; the attribution pools at most 500 years per model, so 7,875 of these 10,249 years enter the pre-industrial fit, while all 885 current-climate years are used. ΔT_{rel} is the difference between Niño3.4 and tropical-mean warming from piControl to 2000–2050, and $\sigma_{\text{cur}}/\sigma_{\text{PI}}$ is the corresponding ratio of RONI standard deviations.

Model	Generation	Skewness	Amplitude	Sample size (years)		ΔT_{rel} (°C)	$\sigma_{\text{cur}}/\sigma_{\text{PI}}$
			factor	piControl	Current		
CNRM-CM5	CMIP5	0.195	1.04	849	50	+0.102	1.084
GISS-E2-R	CMIP5	0.198	1.72	848	50	+0.379	0.862
MIROC-ESM-CHEM	CMIP5	0.207	2.34	254	50	+0.168	0.851
MIROC-ESM	CMIP5	0.237	2.47	629	50	+0.351	0.972
bcc-csm1-1-m	CMIP5	0.245	0.73	399	50	+0.350	1.055
CMCC-CM	CMIP5	0.273	1.47	329	50	−0.029	1.091
IPSL-CM5A-MR	CMIP5	0.303	1.26	299	50	+0.179	0.910
MIROC4h	CMIP5	0.385	1.42	99	35	+0.185	1.259
GFDL-ESM2M	CMIP5	0.410	0.64	499	50	+0.105	1.070
CCSM4	CMIP5	0.427	0.87	1050	50	+0.107	0.836
CESM2-WACCM	CMIP6	0.192	0.81	498	50	+0.176	1.448
MPI-ESM1-2-LR	CMIP6	0.192	1.33	999	50	+0.089	0.994
MRI-ESM2-0	CMIP6	0.256	0.93	700	50	+0.127	1.110
EC-Earth3-Veg-LR	CMIP6	0.314	1.22	500	50	+0.082	1.452
NESM3	CMIP6	0.357	1.41	499	50	−0.079	1.120
FIO-ESM-2-0	CMIP6	0.377	1.00	499	50	+0.370	1.317
MIROC6	CMIP6	0.416	0.99	799	50	+0.094	1.659
EC-Earth3	CMIP6	0.424	1.32	500	50	+0.193	1.544

Table S2. Trends in Niño3.4 SST relative to tropical-mean SST in observations and models. Linear trends in the annual-mean difference between Niño3.4 and ocean-masked tropical-mean SST, in °C per century. Positive values indicate that the Niño3.4 region has warmed faster than the tropical mean. Model values are from the concatenated historical and scenario runs of the 18 evaluated models, using a single realisation per model. Asterisks denote trends significant at the 5% level.

	1900–2025	1950–2025	1980–2025
<i>Observations</i>			
COBE-SST	−0.52*	−0.61*	−1.38*
DCSST-I	−0.13	−0.06	−0.92
HadISST	−0.50*	−0.55*	−1.06
ERSSTv5	−0.30*	−0.53	−1.25*
<i>Models (n = 18)</i>			
Multi-model mean	+0.12	+0.15	+0.15
Range across models	−0.16 to +0.31	−0.18 to +0.49	−0.74 to +0.50
Models with positive trend	16 of 18	13 of 18	13 of 18
Models with significant positive trend	3	2	0