2	Temperatures recorded by cosmogenic noble gases since the last glacial
3	maximum in the Maritime Alps
4	Marissa M. Tremblay <sup>1,2,*</sup> , David L. Shuster <sup>1,2</sup> , Matteo Spagnolo <sup>3</sup> , Hans Renssen <sup>4</sup> , Adriano
5	Ribolini <sup>5</sup>
6	
7	<sup>1</sup> Department of Earth and Planetary Science, University of California, Berkeley, Berkeley, CA,
8	94720-4767 USA
9	<sup>2</sup> Berkeley Geochronology Center, Berkeley, CA, 94709, USA
10	<sup>3</sup> Department of Geography and Environment, School of Geosciences, University of Aberdeen,
11	Aberdeen, AB24 3UF, UK
12	<sup>4</sup> Department of Natural Sciences and Environmental Health, University College of Southeast
13	Norway, 3800 Bø, Norway
14	<sup>5</sup> Dipartimento di Scienze della Terra, Universita' di Pisa, 56126 Italy.
15	*Now located at Scottish Universities Environmental Research Centre, Rankine Avenue, East
16	Kilbride, G75 0QF, UK
17	Correspondence to: Marissa M. Tremblay (marissa.tremblay@glasgow.ac.uk)
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## 23 ABSTRACT

While proxy records have been used to reconstruct late Quaternary climate parameters throughout 24 the European Alps, our knowledge of deglacial climate conditions in the Maritime Alps is limited. 25 Here, we report temperatures recorded by a new and independent geochemical technique-26 cosmogenic noble gas paleothermometry-in the Maritime Alps since the last glacial maximum 27 (LGM). We measured cosmogenic <sup>3</sup>He in quartz from boulders in nested moraines in the Gesso 28 Valley, Italy. Paired with cosmogenic <sup>10</sup>Be measurements and <sup>3</sup>He diffusion experiments on quartz 29 from the same boulders, the cosmogenic <sup>3</sup>He abundances record the temperatures these boulders 30 experienced during their exposure. We calculate effective diffusion temperatures (EDTs) over the 31 last ~22 ka ranging from 8 to 25°C. These EDTs, which are functionally related to, but greater 32 than, mean ambient temperatures, are consistent with temperatures inferred from other proxies in 33 nearby Alpine regions and those predicted by a transient general circulation model. In detail, 34 however, we also find different EDTs for boulders from the same moraines, thus limiting our 35 ability to interpret these temperatures. We explore possible causes for these intra-moraine 36 discrepancies including variations in radiative heating, our treatment of complex helium diffusion, 37 uncertainties in our grain size analyses, and unaccounted for erosion or cosmogenic inheritance. 38

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## 40 KEYWORDS

41 cosmogenic isotopes; paleoclimate; Quaternary; Europe

# 43

## 44 **INTRODUCTION**

Data from paleoclimate proxies constrain the dynamics of Earth's climate system on timescales 45 inaccessible with the instrumental record. Proxy observations from key intervals of Earth's past 46 climate, such as the last glacial maximum (LGM) and subsequent deglaciation, allow us to 47 understand how the climate system responds to a change in forcing (e.g., Schmittner et al., 2011; 48 Annan and Hargreaves, 2013; von der Heydt et al., 2016) and evaluate the ability of climate models 49 to simulate the climate system's response (e.g., Schmidt et al., 2014; Annan and Hargreaves, 2015; 50 Harrison et al., 2015) both of which improve our ability to forecast future climate change (e.g., 51 Masson-Delmotte et al., 2013). Terrestrial proxies are particularly important for assessing how 52 changes in large scale ocean-atmosphere dynamics manifest at a regional scale in the continental 53 settings that people inhabit and depend upon. 54

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An extensive network of terrestrial climate reconstructions since the last glacial maximum (LGM) exists across the European Alps from pollen, chironomids (midges), organic biomarkers, and inorganic isotope systems (e.g., Bartlein et al., 2011; Blaga et al., 2013; Heiri et al., 2014; Luetscher et al., 2015; Mauri et al., 2015). Despite such an extensive proxy network, our knowledge of deglacial climate conditions in the southern sector of the French and Italian Alps (hereafter referred to as the Maritime Alps) from proxy records is limited. Over the historical period, the Maritime Alps have been characterized by warmer mean annual temperatures (MAT),

smaller annual temperature amplitudes, lower mean annual precipitation (MAP), and snow cover 63 that is thinner and lasts for a smaller fraction of the year than in other Alpine sectors (Durand et 64 al., 2009a, 2009b). The Maritime Alps most likely remained the warmest Alpine sector during the 65 late Quaternary, given that the Maritime Alps are  $\sim 6^{\circ}$  south of the northernmost eastern Alps, and 66 thus would have experienced greater insolation and generally higher temperatures. Warmer overall 67 conditions are consistent with species distribution and phylogeographical models, which suggest 68 that the Maritime Alps remained warmer than other parts of the Alps and functioned as a refugium 69 for plant species during the last glacial period (Casazza et al., 2016). Pollen-based climate 70 71 reconstructions from four high-elevation sites in the Maritime Alps suggest trends in temperature and precipitation anomalies since the LGM that are broadly similar to those of other Alpine regions 72 (Ortu et al., 2008). However, these reconstructions are limited by nontrivial variations among the 73 four sites, likely due a combination of nonlocal pollen transport, limited modern analogues at high 74 elevations, and local effects on vegetation cover (Ortu et al., 2006; Ortu et al., 2008). There is one 75 reconstruction of mean July temperatures from fossil assemblages of chironomids proximal to the 76 Maritime Alps from Lago Piccolo di Avigliana ~90 km away, but this record is temporally limited 77 to 14–9.5 thousand years ago (Larocque and Finsinger, 2008). There are two additional proxy 78 studies from the Maritime Alps that extend into the latest Pleistocene which we are aware of: one 79 reporting fossil pollen assemblages in sixteen high elevation (> 1700 m) lakes (Brisset et al., 2015) 80 and one reporting fossil chironomid assemblages from Lac Long Inférieur in France (Gandouin 81 82 and Franquet, 2002). Neither of these studies interprets the proxies in terms of quantitative climate 83 parameters.

Due to the Maritime Alps' (1) southerly latitude, (2) generally lower elevations, and (3) proximity 85 to the Mediterranean Sea, the late Quaternary climatic evolution and glacier dynamics in this 86 region may have differed substantially from those in Alpine regions further north and inland (e.g., 87 Kuhlemann et al., 2008), despite the apparent synchronicity of glacier advances during the LGM 88 and later stadials recorded by moraines across the Alps (e.g., Ivy-Ochs et al., 2007; Kuhlemann et 89 al., 2008; Federici et al., 2017; Monegato et al., 2017). Reconstructing temperatures in the 90 Maritime Alps since the LGM would therefore fill a gap in an otherwise extensive network of 91 proxy-based reconstructions of post-LGM climate across the Alps, and address the specific 92 question of how climate evolution in the Maritime Alps during deglaciation may have differed 93 from other Alpine sectors. For example, in combination with the positions and chronology of 94 95 moraines, a well-resolved local temperature record could be used to inform a simple glacier mass balance model for valleys in the Maritime Alps during the deglacial period. With constraints on 96 local deglacial temperatures, a mass balance model could be used to crudely invert for changes in 97 precipitation during deglaciation (e.g., Kessler et al., 2006). This paired temperature-precipitation 98 reconstruction could then be compared to proxy records further north and inland in the Alps to 99 assess how climate and glacier dynamics varied across the region during deglaciation (e.g., Becker 100 et al., 2016). 101

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In addition to assessing climatic variability during deglaciation across the European Alps,
 temperature records from an independent proxy could provide tests of different methodologies for

105 reconstructing climate parameters over this time interval. Reconstructions of climate parameters from existing proxies in the European Alps commonly exhibit significant disagreement with 106 climate model simulations prior to the Holocene. Pollen-based reconstructions suggest much 107 colder temperatures, particularly in the winter, than the models predict (e.g., Jost et al., 2005), 108 while models predict higher summertime temperatures than chironomid-based reconstructions 109 during interstadials (Heiri et al., 2014). It is unclear whether these disagreements are attributable 110 to limitations in the global climate models used to simulate paleoclimate, a breakdown in the 111 assumptions of biologically-based reconstructions, or some combination of both. Having 112 independent pre-Holocene temperature records in the European Alps that are mechanistically 113 governed by different processes would therefore help in assessing the cause of the current proxy-114 model discrepancies. 115

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Cosmogenic noble gas paleothermometry is a new geochemical technique for reconstructing past 117 Earth surface temperatures (Tremblay et al., 2014a). Cosmogenic nuclides are produced by nuclear 118 interactions between target atoms and high-energy cosmic-ray particles, both in Earth's 119 atmosphere and in the solid Earth. Because the flux of secondary cosmic-ray particles decreases 120 exponentially with depth in rock, production of cosmogenic nuclides is restricted to the uppermost 121 few meters of the Earth's crust. The near surface production of rare nuclides such as <sup>10</sup>Be and <sup>26</sup>Al 122 by cosmic-ray particle interactions in common rock-forming minerals like quartz has been 123 extensively developed and utilized over the last 25 years by the geomorphology community to date 124 the surface exposure of rocks and quantify erosion rates (e.g., Granger et al., 2013). Rare noble 125

gas nuclides such as <sup>3</sup>He and <sup>21</sup>Ne are also produced in minerals by cosmic-ray particle 126 interactions. In common minerals like quartz and feldspars, these noble gases sometimes exhibit 127 diffusive loss at Earth surface temperatures (Shuster and Farley, 2005; Gourbet et al., 2012; 128 Tremblay et al., 2014b, 2017) and thus have not been widely utilized in cosmogenic nuclide 129 studies. However, cosmogenic noble gas-mineral pairs exhibiting open-system behavior 130 (simultaneous production and diffusion) can be utilized to reconstruct the temperatures that rocks 131 experience while exposed to cosmic-ray particles at Earth's surface when paired with observations 132 of a quantitatively retained cosmogenic nuclide. In high latitude and/or high altitude environments, 133 theoretical calculations indicate that measurements of <sup>3</sup>He in quartz can record temperature 134 variations from the last glacial period to the present (Tremblay et al., 2014a). 135

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Here, we apply cosmogenic noble gas paleothermometry to investigate temperatures recorded by 137 cosmogenic noble gases since the LGM in the Gesso Valley, located in the southernmost Maritime 138 Alps of Italy approximately 40 km from the Gulf of Genoa in the Mediterranean Sea (Fig. 1). The 139 Gesso Valley was glaciated during the last glacial period. Glacial moraines and other geomorphic 140 features have been mapped throughout the basin (Federici et al., 2003), and cosmogenic <sup>10</sup>Be 141 exposure ages have been determined for boulders from three nested moraines that span from the 142 LGM to the Younger Dryas cold period (YD) (Federici et al., 2008, 2012, 2017). A number of 143 younger, Holocene-age moraines are preserved at higher elevations in the Gesso Valley (Fig. 1), 144 and small glaciers restricted to the highest elevation cirgues persist today (Federici et al., 2017). 145 We measured cosmogenic <sup>3</sup>He abundances in quartz from a subset of the boulders with <sup>10</sup>Be 146

exposure ages from the three previously-studied moraines. We also conducted stepwise degassing 147 experiments to quantify the kinetics of <sup>3</sup>He diffusion in quartz from these boulders. Because 148 cosmogenic <sup>3</sup>He is simultaneously produced and diffusively lost during exposure in the moraines, 149 the 'apparent' exposure ages we calculate from the measured <sup>3</sup>He abundances are younger than 150 the 'true' exposure age determined from the <sup>10</sup>Be measurements. The difference between the 151 'apparent' and 'true' exposure ages can be used to calculate the integrated effective diffusion 152 temperature (EDT) during exposure. This integrated EDT is the temperature corresponding to the 153 mean diffusivity over a variable temperature history, and is therefore a function of the ambient 154 temperature history (Tremblay et al., 2014a). Paired with sample-specific <sup>3</sup>He diffusion kinetics, 155 we use the difference between 'apparent' and 'true' exposure ages to model the permissible 156 integrated EDTs, and by relation temperature histories, of each boulder. The presence of numerous 157 moraines with different exposure ages within the same valley is advantageous because it allows us 158 to obtain temperature records over different time intervals for an area with a shared climate history. 159 160

#### 161 **METHODS**

Of the Gesso Valley boulders for which <sup>10</sup>Be measurements exist, we obtained archived material (either whole rock or crushed, sieved fractions) from five samples for cosmogenic <sup>3</sup>He measurements: one from the Piano del Praiet moraine (PDP10), two from the Ponte Murato moraine (PM1, and PM4), and two from the Tetti del Bandito moraine (TDB1 and TDB3; Fig. 1 and Table 1). The <sup>10</sup>Be concentration in quartz for PDP10 (223.8  $\pm$  9.6  $\times$  10<sup>3</sup> atoms/g, using the <sup>10</sup>Be/<sup>9</sup>Be of Nishiizumi et al. (2007) for NIST SRM4325) was measured at the Scottish Universities

Environmental Research Centre Cosmogenic Isotope Analysis Facility in 2013; all other <sup>10</sup>Be 168 concentrations are previously published (Federici et al., 2008, 2012). The <sup>10</sup>Be exposure ages of 169 these boulders and other boulders from the same moraines have been used to associate the Piano 170 del Praiet, Ponte Murato, and Tetti del Bandito moraines with the Younger Dryas cold period, an 171 intermediate cold period referred to locally as the Bühl stadial at ~18 ka, and the LGM respectively 172 (Federici et al., 2008, 2012). We separated quartz from other phases using standard crushing, 173 sieving, and magnetic methods, followed by a 'frothing' technique commonly used in the ceramics 174 industry to separate quartz from feldspars in the largest sieve fraction that lacked composite grains 175 (Buckenham and Rogers, 1954). Purified quartz was then used to both measure cosmogenic <sup>3</sup>He 176 abundances and determine sample-specific <sup>3</sup>He diffusion kinetics. All helium isotope 177 measurements were made with an MAP 215-50 sector field mass spectrometer in the BGC Noble 178 Gas Thermochronometry Lab. Gas purification techniques and mass spectrometer analyses are as 179 described in Tremblay et al. (2014b). 180

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For cosmogenic <sup>3</sup>He measurements, 100–500 mg aliquots of quartz were weighed and packed into tantalum metal cups with both ends crimped, placed under vacuum in a sample chamber, and heated with a feedback-controlled 150 W diode laser to either 500, 800, or 1100 °C for 15 minutes until subsequent extractions yielded He signals indistinguishable from the instrumental detection limit. Empty tantalum cup blanks, heated to the same temperatures as the samples, and room temperature procedural blanks were measured throughout each analytical session and subtracted from the sample measurements; <sup>3</sup>He blank corrections were typically 2–3 x 10<sup>4</sup> atoms. Aliquots of

air and <sup>3</sup>He-spiked helium standards of different manometrically-calibrated pipette volumes were 189 analyzed throughout an instrumental tuning period and used to determine helium sensitivities; 190 sensitivities varied linearly over the pressure range of the sample analyses, estimated by the size 191 of the <sup>4</sup>He signal. We propagated uncertainties from the blank corrections and sensitivity 192 regression into the cosmogenic  ${}^{3}$ He concentrations. We assume that all  ${}^{3}$ He is cosmogenic, as any 193 magmatic <sup>3</sup>He present at the time of mineral formation or nucleogenic <sup>3</sup>He (from the reaction <sup>6</sup>Li(n, 194  $(\alpha)^{3}$  H) produced before reaching the near-surface is expected to be lost by diffusion (e.g., Tremblay 195 et al., 2014b), and any nucleogenic <sup>3</sup>He produced at the surface temperatures will likely be 196 negligible compared to cosmogenic  ${}^{3}$ He (Lal, 1987). 197

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To determine sample-specific diffusion kinetics, we conducted stepwise degassing experiments on 199 a proton-irradiated quartz grain from each sample. Proton irradiation generates a uniform 200 distribution of <sup>3</sup>He in quartz through similar nuclear reactions to those induced by cosmic ray 201 particles but with ten orders of magnitude or higher production rates, enabling step degassing 202 diffusion experiments to be conducted on single irradiated quartz grains (Shuster et al., 2004; 203 Shuster and Farley, 2005; Tremblay et al., 2014b). We conduct experiments on single grains rather 204 than multi-grain aliquots because it allows us to rapidly achieve and then maintain a spatially 205 homogeneous set point temperature, a critical requirement for step degassing experiments. 206 Previous work (Tremblay et al., 2014b) demonstrates that these single grain experiments are 207 reproducible for different quartz grains from the same sample. Quartz aliquots were irradiated with 208 a 228.5 MeV proton beam for 6 hours at the Francis H. Burr Proton Therapy Center at the 209

Massachusetts General Hospital in December 2015; the total proton fluence for this irradiation was 9.14 x  $10^{15} p/cm^2$ . The irradiation target design and setup are detailed in Tremblay et al. (2017). Proton irradiated quartz aliquots were examined with a binocular microscope, and single crystals lacking visible penetrative fractures and inclusions (fluid or mineral) were selected for stepwise degassing. The dimensions of the chosen grains were measured to estimate the spherical equivalent radius used in later calculations to scale the diffusion lengthscale. Details of the stepwise degassing setup and helium measurements are described in Tremblay et al. (2014b).

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In addition to determining the spherical equivalent radius of the quartz grains used in diffusion 218 experiments, we also determined the spherical equivalent radii of the quartz grains used for 219 cosmogenic measurements and assessed whether these radii are representative of the quartz size 220 distribution in whole rock. Such an assessment is important because if we significantly reduced 221 the grain size of quartz during the crushing process, this could lead to both an underestimation of 222 the diffusion lengthscale to which the diffusion experiment size is scaled and missing cosmogenic 223 <sup>3</sup>He from our measurements. First, we photographed and measured the dimensions of at least 100 224 quartz grains from the sieve fraction of each sample used for cosmogenic <sup>3</sup>He measurements. We 225 determined major, intermediate, and minor axes of best fitting ellipsoids using the software ImageJ 226 (Schneider et al., 2012) and calculated the radius of a sphere with the same surface area to volume 227 ratio for each grain. We compared the spherical equivalent radii calculated using this approach to 228 spherical equivalent radii determined from micro x-ray computed tomography (CT) analyses on a 229 smaller number of grains from the same samples, wherein the grains were mapped in three 230

dimensions with a resolution better than 5 micrometers. CT scans were obtained on the Xradia 231 MicroXCT scanner at the University of Texas at Austin High-Resolution X-ray CT Facility and 232 processed using the software Blob3D (Ketcham, 2005) as described in Tremblay et al. (2017). This 233 comparison demonstrates that the ellipsoid approach consistently overestimates the spherical 234 equivalent radius by  $\sim$ 50%, likely because the ellipsoid method significantly underestimates the 235 surface area of grains. We therefore scaled the spherical equivalent radii from loose grain 236 measurements by a factor 1.5; the distribution of grain sizes from these measurements are shown 237 in Fig. 2. Also shown in Fig. 2 is the probability distribution of spherical equivalent radii of quartz 238 grains in whole rock. To determine this distribution, we determined circular equivalent radii from 239 measured sectional areas of at least 100 quartz grains in thin sections, and inverted the distribution 240 of circular equivalent radii to a distribution of spherical equivalent radii using the code 241 STRIPSTAR and the methodology described by Heilbronner and Barrett (2013). For PDP10, the 242 thin section was made from the same sample as the sample crushed for cosmogenic <sup>3</sup>He 243 measurements. For the PM and TDB moraines, no whole rock material from the original samples 244 was preserved; we therefore collected additional material from boulders exposed atop each of these 245 moraines for thin sections, and assume that the grain size observed in these samples is 246 representative of the samples for which we have cosmogenic <sup>3</sup>He data. 247

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For all samples, the distribution of spherical equivalent radii for the sieve fraction has a smaller standard deviation than the radii determined from thin section measurements (Fig. 2), which is not surprising given that the sieving process removes larger and smaller grains. With the exception of

252 the PM samples, we find that the mean spherical equivalent radius of guartz in the sieve fraction is equal to or slightly greater than the mean radius determined from thin section measurements 253 (Fig. 2). The mean quartz radius in the sieve fraction from the PM samples is only slightly smaller 254 than the mean radius from thin section measurements, and the two distributions show significant 255 overlap. Given the good agreement between mean spherical equivalent radii for the sieve fraction 256 and thin section quartz, we assume that the grain size has not been substantially reduced by sample 257 crushing and use the mean and standard deviation of the sieve fraction radii distributions as the 258 appropriate diffusion lengthscale for modeling the diffusion of cosmogenic <sup>3</sup>He in each sample. 259

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## 261 **RESULTS**

We report measured abundances of cosmogenic <sup>3</sup>He in quartz aliquots from each of the Gesso 262 Valley samples in Table 2. We used version 3 (v3) of the online exposure age calculator code, a 263 more recent version of the code published in Balco et al. (2008) that implements the cosmogenic 264 <sup>3</sup>He production rate in guartz determined by Vermeesch et al. (2009), to calculate an apparent 265 exposure age from the measured <sup>3</sup>He abundance in each aliquot. We assume that the erosion rate 266 is negligible for all boulders sampled, as was assumed in the original publications reporting <sup>10</sup>Be 267 exposure ages from these boulders (Federici et al., 2008, 2012). Sample coordinates, elevations, 268 thicknesses, and shielding correction factors used in exposure age calculations are reported in 269 Table 1. In Table 3, we report the weighted mean apparent <sup>3</sup>He exposure age for each sample 270 determined using the scaling scheme of Stone (2000). We also recalculated the <sup>10</sup>Be exposure ages, 271 normalizing the <sup>10</sup>Be concentrations to the isotope ratio standards of Nishiizumi et al. (2007), using 272

v3 of the online exposure calculator with version 1.1 of the muogenic production rate code and the 273 CRONUS-Earth calibration data set for <sup>10</sup>Be production rate (Borchers et al., 2016), and using the 274 scaling scheme of Stone (2000) (Table 3). Our choice to use the global <sup>10</sup>Be production rate 275 calibration dataset in Borchers et al. (2016) over a local <sup>10</sup>Be production rate calibration (Claude 276 et al., 2014) does not substantially influence the results presented herein. Because the production 277 rates of <sup>3</sup>He and <sup>10</sup>Be in guartz are not determined from the same calibration datasets, we use the 278 external uncertainties in exposure ages in all calculations that follow. We divided the weighted 279 mean apparent <sup>3</sup>He exposure ages by the <sup>10</sup>Be exposure ages (both with external uncertainties) to 280 calculate <sup>3</sup>He retention, which represents the fraction of cosmogenic <sup>3</sup>He produced during surface 281 exposure that remains in the quartz analyzed (Tremblay et al., 2014a). 282

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Fig. 3 shows <sup>3</sup>He retention as a function of exposure duration in the five samples we analyzed. All 284 Gesso Valley samples retain less than 50% of the cosmogenic <sup>3</sup>He that was produced during their 285 exposure (Table 3, Fig. 3). Retention generally decreases with increasing exposure duration: quartz 286 from PDP10, sampled from the highest elevation moraine with an exposure age of  $14071 \pm 1220$ 287 years, retains 46% of its cosmogenic <sup>3</sup>He, while quartz from TDB1, sampled from the lowest 288 elevation moraine with an exposure age of  $23397 \pm 2072$  years, retains only 6% of its cosmogenic 289 <sup>3</sup>He. In cases where we have multiple samples from the same moraine, we observe significant 290 intra-moraine differences in <sup>3</sup>He retention. PM1 and PM4, both from the Ponte Murato moraine 291 with exposure ages of  $16356 \pm 1023$  and  $19213 \pm 799$  years, respectively, have <sup>3</sup>He retentions of 292  $0.28 \pm 0.04$  versus  $0.36 \pm 0.04$  (Table 3, Fig. 3). Similarly, the two Tetti del Bandito moraine 293

samples TDB1 and TDB3, with exposure ages of  $23397 \pm 1085$  and  $21003 \pm 965$ , respectively, have <sup>3</sup>He retentions of  $0.06 \pm 0.01$  versus  $0.29 \pm 0.04$  (Table 3, Fig. 3).

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In order to (1) calculate effective diffusion temperatures (EDTs) and infer temperature histories from the observed <sup>3</sup>He retention in quartz from each sample, and (2) assess the differences in <sup>3</sup>He retention between samples from the same moraine, we need to know the diffusion kinetics of <sup>3</sup>He in each sample. Fig. 4 shows the results of step degassing experiments on proton-irradiated quartz from the Gesso Valley samples in Arrhenius plots where the natural log of diffusivity, calculated from the cumulative fraction of gas released during each heating step (Fechtig and Kalbitzer, 1966), is plotted as a function of inverse temperature (gray circles).

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All Gesso Valley quartz samples exhibit some degree of nonlinearity in the Arrhenius plots (Fig. 305 4). While we do not have a mechanistic explanation or model for this type of complex diffusion 306 behavior (Tremblay et al., 2014b), multiple diffusion domain (MDD) models (Lovera and Richter, 307 1989; Harrison et al., 1991; Lovera et al., 1991) can reproduce the nonlinearity observed in 308 laboratory degassing experiments and appear to be relevant to <sup>3</sup>He diffusive loss over  $10^3 - 10^4$  year 309 timescales, as demonstrated for a geologic case study for which the temperatures during surface 310 exposure are reasonably well known (Tremblay et al., 2014b). We constructed MDD models 311 optimized to fit each of the helium step degassing experiments on Gesso Valley quartz samples 312 following the approach outlined in Tremblay et al. (2017). Fig. 5 shows the misfit between the 313 calculated diffusivities from MDD models and the experimentally-determined diffusivities as a 314

function of number of diffusion domains, where the misfit statistic was calculated as in Tremblay et al. (2017). The misfit shown for a given number of diffusion domains is the minimum misfit found after searching over a large range of model parameters (activation energy  $E_a$ , preexponential factor(s)  $D_0/a^2$ , and gas fraction(s)).

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We found that, for all five step degassing experiments, increasing the number of diffusion domains 320 from 1 to 2 and from 2 to 3 significantly reduced the misfit between the observed diffusivities and 321 those calculated with the MDD model (Fig. 5). However, increasing the number of diffusion 322 domains from 3 to 4 did not significantly reduce the misfit between the observed and calculated 323 diffusivities (Fig. 5). For experiment PM1-A, attempts at constructing a four domain model yielded 324 two domains with the same pre-exponential factor and thus are the equivalent of the three domain 325 model. Therefore for all experiments we use the diffusion parameters corresponding to the 326 optimized three domain model. Lines corresponding to the diffusion parameters of the three 327 domains, as well as the calculated diffusivities for the three domain models, are shown in color 328 over the experimentally determined diffusivities in Fig. 4. The activation energies, pre-exponential 329 factors, gas fractions, and misfit statistic for these three domain models are reported in Table 4. 330

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As discussed in Section 2, we need to scale the diffusion kinetics determined from the step degassing experiments to the diffusion lengthscale appropriate for the cosmogenic <sup>3</sup>He abundance measurements. In constructing MDD models, we cannot independently parameterize the diffusivity at infinite temperature,  $D_0$ , and the diffusion lengthscale, *a*. Instead, we model them

together as the natural logarithm of the pre-exponential factor in the Arrhenius expression, 336  $ln(D_0/a^2)$ , which in an Arrhenius plot corresponds to the y-intercept. Because we cannot 337 independently model the diffusion lengthscale a, we must make an assumption about how to scale 338 the MDD models appropriately. This is not a problem for the <sup>40</sup>Ar/<sup>39</sup>Ar thermochronometry 339 community in which MDD models were developed, because in almost all cases argon diffusion 340 kinetics and naturally-occurring argon isotope abundances are measured in the same mineral grain 341 (e.g., Lovera et al., 1997/8). Here, we assume that the diffusion lengthscale of all domains, and by 342 inference all the pre-exponential factors in a given MDD model, scales with the spherical 343 equivalent radius of the quartz grain analyzed. Theoretically, this implies that diffusion lengthscale 344 of the most retentive domain (the domain with the lowest  $ln(D_0/a^2)$  or intercept in Arrhenius space) 345 is the spherical equivalent radius of the grain analyzed. Practically, this scaling is accomplished as 346 follows: 347

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$$\left(\frac{D_0}{a^2}\right)_{scaled} = \left(\frac{D_0}{a^2}\right)_{MDD} \left(\frac{a_{sde}^2}{a_{cosmo}^2}\right)$$
 (1)

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where  $a_{sde}$  is the spherical equivalent radius of the step degassing experiment quartz grain and a<sub>cosmo</sub> is the spherical equivalent radius of the quartz grains used for the cosmogenic <sup>3</sup>He measurements (Fig. 2).

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355 With the scaled, sample-specific diffusion kinetics, we explore possible temperature scenarios to

explain the observed cosmogenic <sup>3</sup>He abundances in the Gesso Valley samples. To do this, we use 356 forward models of simultaneous production and diffusion to model how cosmogenic <sup>3</sup>He retention 357 evolves as a function of exposure duration under different temperature scenarios. We begin with 358 the simplest possible scenario of constant temperature over time. Although constant temperatures 359 are not climatologically realistic, this calculation allows us to determine the EDT, which is the 360 temperature corresponding to the mean diffusivity for a given temperature history, that is 361 consistent with the observed cosmogenic <sup>3</sup>He retention of each sample. These EDTs are equal to 362 or greater than the true mean temperatures the samples experienced over their exposure durations 363 because of the nonlinear relationship between diffusivity and temperature (Tremblay et al., 2014a). 364 Fig. 6 shows the evolution of <sup>3</sup>He retention as a function of exposure duration for constant 365 temperature scenarios in 2 °C increments from 0 °C to 30 °C. These retention evolution curves 366 differ for each Gesso Valley quartz sample for several reasons: (1) each sample has a different set 367 of diffusion kinetics, assuming a three domain diffusion model (Fig. 4, Table 4), (2) these sample 368 specific diffusion kinetics are scaled to different spherical equivalent radii based on the measured 369 grain size distributions of quartz in the sieve fraction used for cosmogenic <sup>3</sup>He measurements (Fig. 370 2), and (3) the cosmogenic  ${}^{3}$ He production rate in quartz differs between samples. In each panel of 371 Fig. 6 we report the integrated EDT that agrees with the observed cosmogenic <sup>3</sup>He retention in 372 each quartz sample. We provide two uncertainty estimates on this integrated EDT. One set of EDT 373 uncertainties in parentheses accounts for the uncertainty in <sup>3</sup>He retention and exposure duration as 374 determined from <sup>10</sup>Be measurements; the second set of uncertainties also accounts for uncertainty 375 in the spherical equivalent radius to which the experimentally-determined diffusion kinetics are 376

377 scaled.

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The most readily observable feature of the models in Fig. 6 is that the integrated EDT calculated 379 for each quartz sample is different. This is in part expected because the different moraines 380 represented by these samples are located at different elevations in the Gesso Valley, and thus will 381 experience different temperatures at any point in time due to the atmospheric lapse rate. This may 382 also in part be due to the samples having different exposure durations; for example, a change in 383 temperature between the deposition of the TDB moraine and the PM moraine would only be 384 reflected in the cosmogenic <sup>3</sup>He retention and integrated EDT of the TDB moraine samples. 385 Differences in integrated EDT between samples from the same moraine, on the other hand, are 386 unexpected. For PM1 we calculate an integrated EDT of 7.6 °C, while for PM4 we calculate a 387 much higher integrated EDT of 19.7 °C. Similarly, for TDB1 we calculate an integrated EDT of 388 24.5 °C, while for TDB3 we calculate a much lower integrated EDT of 15.8 °C. These intra-389 moraine discrepancies preclude a straightforward inversion for changes in EDT through time in 390 the Gesso Valley from the inter-moraine differences in <sup>3</sup>He retention. We explore possible causes 391 for these intra-moraine discrepancies in the discussion section; here, we compare our observations 392 to modern and paleoclimate observations and simulations to assess whether the EDTs we calculate 393 are plausible for the Gesso Valley since the LGM. 394

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To contextualize these EDTs integrated over the exposure duration of each sample, in Fig. 7 we use modern daily temperature records from 2002 to 2016 to calculate present-day mean

temperatures (solid lines) and EDTs (dashed lines) at the elevation of each moraine. We might 398 expect present-day EDTs at each moraine to be comparable to or greater than the EDT integrated 399 over the samples' exposure durations, considering that mean temperatures during the early, pre-400 Holocene exposure history of each sample were likely lower than today. However, this expectation 401 may be overly simplistic, as changes in the amplitude of daily and seasonal temperatures since the 402 403 LGM will also affect the integrated EDTs. Nonetheless, calculation of modern EDTs provides an estimate for the magnitude of the difference between mean temperatures and EDTs due to 404 temperature variations on daily and seasonal timescales in the Gesso Valley. 405

406

We obtained temperature records at the elevation of each moraine by scaling daily mean, 407 minimum, and maximum temperature data from two meteorological stations within the Gesso 408 Valley: Diga della Piastra (44.227 °E, 7.389 °N, 959 m) and Diga del Chiotas (44.168 °E, 7.334 409 °N, 1980 m). These data are publicly available through the Environmental Protection Agency for 410 the Piemonte Region (arpa.piemonte.gov.it). We scaled the temperature data at Diga della Piastra 411 to the elevation of the TDB and PM moraines and the temperature data at Diga del Chiotas to the 412 elevation of the PDP moraine using monthly average lapse rates determined from the same dataset 413 (minimum = 2.8 °C/km in December/January; maximum = 6.7 °C/km in May), and calculated the 414 modern EDT using these scaled temperature data and the activation energies of the best fit MDD 415 models in Fig. 4 and Table 4. The modern EDTs at the three morain elevations are ~4–5 °C greater 416 417 than the mean temperatures, reflecting the effect of daily and seasonal temperature amplitudes on the mean diffusivity and EDT. We do not observe a consistent relationship between modern EDT, 418

calculated at the elevation of each moraine, and integrated EDTs calculated for each sample. For PM4 and TDB1, the modern EDT estimate (15.1 and 15.9 °C) is several degrees lower than the EDT integrated over each sample's exposure duration (19.7 +3.5/–3.7 and 24.5 +4.3/–3.9 °C). In contrast, the modern EDT estimates for PDP10 and TDB3 (9.8 and 15.9 °C) are comparable to the EDTs integrated over their exposure durations (13.8 +4.3/–5.7 and 15.8 +3.9/–4.5 °C), and for PM1 the modern EDT estimate (15.0 °C) is several degrees higher (vs. 7.6 +3.5/–3.4 °C).

425

In addition to comparing the integrated EDTs calculated from observed cosmogenic <sup>3</sup>He 426 abundances to modern day EDTs in the Gesso Valley, we can compare our cosmogenic <sup>3</sup>He 427 observations to those that would result from (1) temperature histories simulated in general 428 circulation models (GCMs), and (2) temperature reconstructions based on other proxies at nearby 429 locations. GCM simulations and independent proxy reconstructions provide more realistic late 430 Quaternary temperature scenarios with which to test the plausibility of our cosmogenic <sup>3</sup>He 431 observations. As cosmogenic noble gas paleothermometry is refined and improved, cosmogenic 432 <sup>3</sup>He observations may also be useful for assessing the fidelity of these paleoclimate simulations 433 and reconstructions based on other proxies. For both model and proxy comparisons, the 434 temperature history used to model cosmogenic <sup>3</sup>He abundances must be equal in duration to the 435 moraine sample exposure. 436

437

Most GCM paleo-experiments simulate climate at a particular point in time, such as the midHolocene or LGM; only a handful of GCMs simulations have explored transient climate evolution

in the Holocene and latest Pleistocene. Here, we model how cosmogenic <sup>3</sup>He retention would 440 evolve as a function of exposure duration using seasonal temperature outputs from the TraCE-441 21ka transient simulation. TraCE-21ka uses the National Center for Atmospheric Research 442 (NCAR) Community Climate System Model version 3 (CCSM3), a synchronously coupled 443 atmosphere-ocean general circulation model (GCM) (Collins et al., 2006), to simulate the Earth's 444 climate from the LGM (22 thousand years ago) to the present (Liu et al., 2009; He, 2011). We 445 obtained mean and maximum seasonal (DJF, MAM, JJA, and SON) temperatures from the TraCE-446 21ka simulation for the 44.3 °N, 7.4 °E grid cell including the Gesso Valley. We chose mean and 447 maximum seasonal temperatures for practical reasons (sub-seasonal temporal resolution is 448 computationally unwieldy), but also because these represent endmember EDT scenarios for the 449 moraines in Gesso Valley. Mean seasonal temperatures represent the low-EDT endmember, as this 450 scenario implies that the mean temperatures represent the full amplitude of seasonal temperature 451 variation and that there is no sub-seasonal (e.g., daily) variability. Maximum seasonal temperatures 452 represent the high-EDT endmember, as this scenario implies that the maximum sub-seasonal 453 temperature simulated during a three month interval is the temperature over the duration of that 454 season. We thus expect the observed cosmogenic <sup>3</sup>He retention in our samples to be bracketed by 455 the predicted cosmogenic <sup>3</sup>He retention from these endmember scenarios, with the mean seasonal 456 temperature scenario placing an upper bound on cosmogenic <sup>3</sup>He retention and the maximum 457 seasonal temperature placing a lower bound. 458

459

460 TraCE-21ka simulation temperatures were determined for a mean elevation above sea level for the

grid cell, which changed through the simulation as simulated sea level changed. However, the 461 elevation of our sample sites with respect to sea level would have also changed through time, 462 meaning that the relative offset between our sample site elevation and the mean grid cell elevation 463 would have remained constant. We therefore scale the TraCE-21ka simulation temperatures to our 464 sample sites using the present day difference between the sample site elevations and TraCE-21ka 465 mean elevation assuming the modern seasonal lapse rate determined from the meteorological 466 stations discussed above. The atmospheric lapse rate in the Gesso Valley likely changed between 467 the LGM and the present, especially considering the fact that the valley was more extensively 468 glaciated during part of this interval. Nonetheless, we assume the modern rate because (1) we have 469 no independent means for assessing how different paleo-lapse rates may have been, and (2) any 470 differences from the modern lapse rate when the valley was glaciated were likely  $\leq 2$  °C/km (e.g., 471 Davis et al., 2003; Gardner et al., 2009; Loomis et al., 2017), which will not be resolvable using 472 our cosmogenic noble gas observations that span  $\leq 1$  km in elevation (Tremblay et al., 2014a). 473

474

For all Gesso Valley quartz samples, the observed cosmogenic <sup>3</sup>He retention is bracketed by the <sup>3</sup>He retention calculated assuming mean seasonal temperatures and the <sup>3</sup>He retention calculated assuming maximum seasonal temperatures scaled from the TraCE-21ka simulation. For PDP10 (Fig. 8), PM4 (Fig. 9), and TDB1 (Fig. 10), we calculate cosmogenic <sup>3</sup>He retention from the TraCE-21ka simulation maximum seasonal temperature that is in agreement within uncertainty with the observed retention in these samples. Cosmogenic <sup>3</sup>He retention calculated from the TraCE-21ka mean seasonal temperatures agrees with the observed cosmogenic <sup>3</sup>He retention in

PM1 within uncertainty (Fig. 9), while for TDB3 the observed cosmogenic <sup>3</sup>He retention lies
between that predicted from the mean and maximum seasonal TraCE-21ka temperatures.

484

Lateglacial and Holocene temperatures have been reconstructed from fossil pollen and chironomid 485 records proximal to our study area (e.g. Larocque and Finsinger, 2008; Ortu et al., 2008). 486 Unfortunately, the pollen-based reconstructions of temperature from high-elevation sites in the 487 Maritime Alps are not numerically reported in full (Ortu et al., 2008), preventing us from making 488 a direct comparison with our cosmogenic <sup>3</sup>He observations. Thus, here we use chironomid-based 489 July temperature reconstructions from a number of nearby Alpine locations to model cosmogenic 490 <sup>3</sup>He retention for comparison with our cosmogenic <sup>3</sup>He observations. We spliced together 491 chironomid records from several locations to obtain coeval coverage with samples PDP10 and 492 PM1, which have the youngest <sup>10</sup>Be exposure ages of  $14071 \pm 1220$  and  $16356 \pm 1601$  years, 493 respectively. The lack of Alpine chironomid records before 16 cal. years BP prevents us from 494 using chironomid-based July temperature reconstructions to model cosmogenic <sup>3</sup>He retention in 495 PM4, TDB1, and TDB3. Like the maximum seasonal temperatures from the TraCE-21ka 496 simulation, we treat the mean July temperature inferred from chironomids as a high-EDT 497 endmember scenario, as this scenario implies that the mean July temperature is representative of 498 sub-annual temperatures. 499

500

The most proximal chironomid-based mean July temperature reconstruction is from Lago Piccolo di Avigliana (LPA), located in the Italian Alps ~80 km north of the Gesso Valley (45.05 °N; 7.38

503 °E, 365 m), where the record extends from 14200 to 9500 cal. year BP (Larocque and Finsinger, 2008). In order to obtain coeval coverage with the exposure ages of PDP10 and PM1, we spliced 504 the LPA record with chironomid July temperature reconstructions from: Schwarzsee ob Sölden 505 (SOS), a high-alpine lake in the Austrian Alps (46.96583 °N, 10.94611 °E, 2796 m) with a 506 chironomid record from 10200 to -36 cal. years BP (Ilyashuk et al., 2011); Lac Lautrey (LAU), a 507 small lake in the French Jura Mountains (46.58722 °N, 5.86389 °E, 788 m) with a chironomid 508 record from 15908 to 11033 cal. years BP (Heiri and Millet, 2005); and Hinterburgsee (HIN), a 509 subalpine lake in the northern Swiss Alps (46.71833 °N, 8.06750 °E, 1515 m) with a chironomid 510 record from from 12210 to 1900 cal. years BP (Heiri et al., 2004). Like the GCM simulation, we 511 scaled the July temperature reconstructions from each location to the elevations of PDP10 and 512 PM1 using modern lapse rate information, and when temporal overlap occurred between two or 513 more chironomid records we used an average of the scaled temperatures weighted by the inverse 514 distance between the chironomid sites and our study site. 515

516

In Figs. 8 and 9 we show the scaled, spliced July temperature reconstruction using all four chironomid records and the corresponding model for cosmogenic <sup>3</sup>He retention in PDP10 and PM1, respectively. We found that different chironomid record splices (e.g., SOS + LPA; SOS + HIN + LPA; SOS + LPA + LAU; SOS + HIN + LPA +LAU) result in very small differences in modeled cosmogenic <sup>3</sup>He retention; therefore only the four record splice (SOS + HIN + LPA +LAU) is shown. Like the maximum seasonal temperatures from the TraCE-21ka simulation, we model cosmogenic <sup>3</sup>He retention from the mean July temperature reconstruction that agrees with

our observations from PDP10 and that underestimates the observed <sup>3</sup>He retention in PM1.

525

## 526 **DISCUSSION**

To a first order, the fact that cosmogenic <sup>3</sup>He retention calculated with endmember temperature 527 scenarios from a GCM simulation and an independent proxy reconstruction brackets our 528 cosmogenic <sup>3</sup>He observations indicates that the <sup>3</sup>He observations record ambient temperatures with 529 some accuracy. The observation that our integrated EDTs are not tens of degrees different from 530 modern EDTs in the Gesso Valley calculated with meteorological data also indicates accuracy, as 531 temperature differences between the present-day and LGM were unlikely to exceed 15 °C (e.g., 532 Becker et al., 2016), and post-LGM temperature differences were likely to be much smaller. This 533 first order agreement suggests that our cosmogenic <sup>3</sup>He measurements are providing meaningful 534 information on ambient temperature conditions during exposure. For example, we do not calculate 535 integrated EDTs below 0 °C, as we do for cosmogenic <sup>3</sup>He measurements made on Holocene-age 536 glacial erratics in Antarctica (Tremblay et al., 2014a), nor do we calculate integrated EDTs 537 unfeasibly high for Earth surface conditions (e.g. EDTs of 70–80 °C that we obtain for the Moon 538 (Shuster and Cassata, 2015)). However, for the purposes of reconstructing past climate variations, 539 the substantial intra-moraine differences in EDTs are problematic, precluding us from carrying out 540 a straightforward inversion for changes in EDT through time in the Gesso Valley from the inter-541 moraine differences in <sup>3</sup>He retention. For both the PM and TDB moraines, the difference in 542 integrated EDTs between samples from the same moraine is ~10 °C. These intra-moraine 543 differences require explanation. 544

One possibility is that these intra-moraine temperature differences are real and reflect differential 546 shading of the samples by vegetation, snow cover or topography. For example, patchy vegetation 547 on a moraine crest may cause one boulder to be fully shaded under a tree canopy, while another 548 boulder tens of meters away remains unshaded. Similarly, boulders nearby to one another might 549 accumulate substantial or insignificant snow cover depending on their relative positioning and 550 shielding from prevailing winds during the wintertime. Unshaded rock samples can experience 551 significantly higher daytime temperatures due to insolation than shaded samples. As discussed in 552 553 Tremblay et al. (2014a), heating of rocks due to incident solar radiation can substantially raise rock temperatures above daily maximum air temperatures. Amplification of temperatures 5-10 °C 554 above the daily maximum is common in non-desert environments (McGreevy, 1985; Hall et al., 555 2005; Bartlett et al., 2006; Schwarz et al., 2012). Considering our modern EDT calculations from 556 meteorological station data, if we increase the maximum daily temperature by 5 or 10 °C, we find 557 significant increases in the EDT. For example, using the diffusion kinetics for TDB1, by increasing 558 the maximum daily temperature in the meteorological data by 5 °C, we find that EDT increases 559 from 15.9 to 19.2 °C. Increasing the maximum daily temperature by 10 °C increases the EDT to 560 23.0 °C, which is within the uncertainty of the EDT integrated over TDB1's exposure duration. 561 Therefore it is possible that, in the case of the TDB moraine, TDB3 may have been shaded or snow 562 covered during part of its exposure history, while TDB1 was fully exposed to incoming solar 563 564 radiation throughout its exposure. Similarly, PM1 may have been shaded by vegetation or snow covered during periods of time when PM4 was not. 565

This interpretation is consistent with the comparison of observed cosmogenic <sup>3</sup>He retention to 567 calculated retention from TraCE-21ka and chironomid temperatures. Observations from PDP10, 568 PM4, and TDB1 are closest to the TraCE-21ka simulation maximum seasonal temperature 569 calculations, while observations from PM1 are closer to the calculations with the mean seasonal 570 temperature and observations from TDB3 lie between the predicted <sup>3</sup>He retention from mean and 571 maximum seasonal temperature scenarios. We would expect mean temperatures to agree with our 572 cosmogenic <sup>3</sup>He observations, as is the case for PM1, if no heating due to insolation occurred. 573 Following the same reasoning, we anticipate that samples experiencing nonzero insolation will 574 have cosmogenic <sup>3</sup>He abundances that are lower than what is expected from mean air temperatures. 575 as is the case for PDP10, PM4, TDB1, and TDB3. Likewise, the apparent agreement between the 576 observed cosmogenic <sup>3</sup>He retention in PDP10 and the chironomid-based reconstruction of mean 577 July temperatures, which will be significantly greater than mean temperatures throughout most of 578 the year, supports the interpretation that the temperatures experienced by sample PDP10 exceeded 579 air temperatures during its exposure to cosmic ray particles. A more precise relationship between 580 insolation-induced daily rock temperature amplifications and maximum seasonal air temperatures 581 or mean July air temperatures could be obtained by monitoring in situ rock temperatures adjacent 582 to meteorological stations, such that these temperature scenarios could be adjusted and provide 583 more information than just a high-EDT endmember. 584

585

586 We note that shading from solar radiation and shielding of cosmic rays are not equivalent.

Vegetative cover can have a substantial effect on heating by insolation, but in most cases a 587 negligible effect on cosmogenic nuclide production rates due to its relatively low density. 588 Similarly, thin snow cover will not substantially affect cosmogenic nuclide production rates but 589 will cause rock temperatures to differ substantially from air temperatures. Thick snow cover ( $\geq 1$ 590 m) will affect both production rates and temperatures. Today, there is significant vegetation cover 591 on the TDB and PM moraines, but no cover at PDP. Unfortunately, we have no way of assessing 592 the degree of vegetation cover on the TDB and PM moraines before the modern era, and no way 593 to assess the past degree of snow cover for all moraines (although observations of in situ 14C in 594 595 quartz could help address snow cover; e.g., Hippe et al., 2014). Topography can shield rocks from cosmic ray particles, but these effects are accounted for in our calculations of cosmogenic nuclide 596 production rates (Table 1); in contrast, we have not accounted for the effects of topographic 597 shading on rock surface temperatures. We do not have detailed enough locations for the TDB and 598 PM samples to identify the original boulders that were sampled and assess differences in 599 topographic shading, although we suspect this would be secondary to vegetation and snow cover 600 effects. 601

602

Another possible explanation for the intra-moraine differences is that our MDD model representations of helium diffusion kinetics in Gesso Valley quartz samples are inaccurate and/or inadequate. The MDD models we construct are inherently non-unique, and while the models we use minimize the misfit between the observed and calculated diffusivities in our step degassing experiments for a given number of domains, comparable fits can be achieved over a range of

diffusion parameters. To illustrate this, in Fig. 11 we show minimized values of MDD model 608 misfit, calculated using the misfit statistic defined in Tremblay et al. (2017), as a function of 609 activation energy  $E_a$  for three domain models fit to each of the step degassing experiments shown 610 in Fig. 4. For most of the step degassing experiments, there is a broad range of activation energies 611 (and associated pre-exponential factors and gas release fractions) over which the misfit with the 612 MDD model changes only slightly; these changes in misfit are much smaller than the change in 613 misfit associated with increasing the number of diffusion domains and the model complexity (Fig. 614 5). 615

616

For example, the MDD misfit for the PM1-A step degassing experiment ranges between 7.0 and 617 10.2% between activation energies of 80 and 97.5 kJ/mol (Fig. 11). The MDD diffusion kinetics 618 we use in the forward models for PM1 quartz presented above assume an activation energy of 89.6 619 kJ/mol. If instead we use a different set of diffusion kinetics for a three domain model that yields 620 a comparable misfit with the step degassing experiment ( $E_a = 97.5 \text{ kJ/mol}$ ;  $ln(D_0/a^2) = 12.2, 10.1$ , 621 16.8;  $f_{gas} = 0.45$ , 0.44, 0.11; Misfit = 0.095), we calculate an integrated EDT from the cosmogenic 622 <sup>3</sup>He retention in PM1 quartz of 17.8 ( $\pm$  2.3) +3.8/-3.9 °C, which is in agreement with the integrated 623 EDT we calculated for PM4 (Fig. 6). This highlights how sensitive the temperatures we calculate 624 from an observed amount of cosmogenic <sup>3</sup>He retention are to the diffusion kinetics we use. While 625 different MDD models might reproduce diffusivities observed in laboratory step degassing 626 experiments comparably well, the downward extrapolation of these models results in significantly 627 different diffusivities at the temperatures characterizing Earth's surface. This suggests that some 628

or all of the intra-moraine differences in integrated EDTs could be attributed to uncertainties in how we extrapolate laboratory-determined diffusion kinetics. Given that we do not yet have a mechanistic understanding of what controls the complex noble gas diffusion behavior we observe in our experiments, discriminating between different MDD models of comparably good fit (and even assessing whether MDD models adequately represent the processes responsible for complex behavior) is difficult at this stage.

635

A third possible explanation for the intra-moraine variation could arise from our grain size analysis 636 and scaling of MDD models. Uncertainty in the physical significance of our MDD models 637 translates into an uncertainty in our assumptions about how to scale our MDD model fits from step 638 degassing experiments to the cosmogenic <sup>3</sup>He measurements. However, because we have scaled 639 the results of each experiment using the same assumptions in Eq. 1, the effects will be systematic. 640 Similarly, the factor of 1.5 we applied to estimated spherical equivalent radii of quartz from the 641 sieve fractions, based on different approaches to estimate surface area to volume ratios and ground 642 truthing with x-ray computed tomography data, will have systematic effects on all integrated 643 EDTs. Assuming that the MDD model scaling and correction applied to sieve fraction 644 measurements are appropriate, we must also consider the possibility that our grain size analysis 645 for the PM and TDB samples does not represent the actual grain size and diffusion lengthscale of 646 quartz in these samples. Since we did not have whole rock material from the original PM and TDB 647 648 samples, we made thin sections from other boulders collected from the PM and TDB moraines to compare with the size distributions of quartz in the sieved fraction. While there is good agreement 649

650 between the mean spherical equivalent radii of quartz measured in these thin sections and in the sieve fractions, it is possible that in the original sample the mean quartz size before crushing was 651 much larger. As a sensitivity test, we again use PM1 as an example. In order to obtain an integrated 652 EDT for PM1 equivalent to that calculated for PM4 of 19.7 °C, we must increase the spherical 653 equivalent radius assumed for the cosmogenic <sup>3</sup>He measurement by 110% (without changing the 654 spherical equivalent radius for PM4). While such a dramatic underestimation of the PM1 grain 655 size, and more generally >100% uncertainty in all our PM and TDB grain size analyses, seems 656 unlikely, we cannot rule out such a possibility given that whole rock material from these samples 657 was unavailable. 658

659

As a final potential source of intra-moraine variation, the moraine boulders that we sampled may 660 have more complex exposure histories than we allow for in our production and diffusion models, 661 either due to cosmogenic <sup>10</sup>Be and <sup>3</sup>He inheritance or due to nonzero erosion rates that vary 662 between boulders. More complex exposure histories are plausible for all three moraines, as the 663 <sup>10</sup>Be exposure ages from a given moraine do not overlap within their internal uncertainties (Table 664 3). Although we only studied one boulder from the PDP moraine, cosmogenic <sup>10</sup>Be measurements 665 for four additional PDP boulders also exhibit dispersion that cannot be explained by measurement 666 uncertainty alone (Federici et al., 2008). PDP10, the sample studied here, has the oldest exposure 667 age of the five boulders with <sup>10</sup>Be measurements. We do not have measurements of additional 668 cosmogenic nuclides (e.g., *in situ*<sup>14</sup>C) to test whether our samples exhibit evidence for complex 669 exposure. Nonetheless, we can explore what effects inheritance and nonzero erosion might have 670

on our cosmogenic  ${}^{3}$ He observations and the EDTs we calculate from them.

672

Inheritance would most likely affect the boulders from each moraine with the oldest apparent <sup>10</sup>Be 673 exposure ages: PDP10, PM4, and TDB1. The cosmogenic <sup>3</sup>He observations from these boulders 674 yield higher integrated EDTs than other boulders from the same moraine (in the case of PM4 and 675 TDB1) and are closest to the <sup>3</sup>He retention calculated using the high-EDT endmember scenarios 676 (maximum seasonal temperatures from TraCE-21ka and mean July temperatures from spliced 677 chironomid records). In order for inheritance to explain these observations and the intra-moraine 678 differences in integrated EDT, the quartz in these boulders would have to lose a substantial 679 proportion of their inherited <sup>3</sup>He relative to inherited <sup>10</sup>Be. This is not unreasonable considering 680 that temperature-dependent diffusive loss would also affect cosmogenic <sup>3</sup>He produced prior to 681 boulders being deposited in a moraine; thus we consider inheritance to be a viable option to explain 682 some of the intra-moraine discrepancies we observe. 683

684

In contrast, nonzero erosion rates will likely affect the boulders from each moraine with the youngest apparent <sup>10</sup>Be exposure ages: PM1 and TDB3. The cosmogenic <sup>3</sup>He observations from these boulders yield lower integrated EDTs than other boulders from the same moraine and are closer to the <sup>3</sup>He retention calculated using the low-EDT endmember scenario (mean seasonal temperatures from TraCE-21ka). If we assume that 15 cm of material has been eroded since the initial exposures of PM1 and TDB3–corresponding to the depth at which daily temperature oscillations typically become negligible in rock (Tremblay et al., 2014a)–and that the exposure

ages calculated from <sup>10</sup>Be measurements from PM4 and TDB1 are the respective true exposure 692 ages, we can recalculate the <sup>10</sup>Be exposure age, <sup>3</sup>He apparent exposure age, and <sup>3</sup>He retention for 693 PM1 and TDB3. This results in an increase in  $^{10}$ Be exposure age (e.g., from  $16356 \pm 1023$  to 18821694  $\pm$  1335 for PM1), but not a substantial decrease in <sup>3</sup>He retention (e.g., from 0.28  $\pm$  0.04 to 0.25  $\pm$ 695 0.04 for PM1). As a consequence, the integrated EDTs we would calculate for these samples 696 including the effects of erosion would not be substantially higher than those we calculated 697 assuming no erosion. A similar effect is expected if, rather than erosion of the boulder surfaces 698 themselves, the boulders were initially shielded by a variable thickness of sediment cover that has 699 since eroded (e.g., Putkonen and Swanson, 2003; Heyman et al., 2011). Thus the effects of variable 700 erosion seem unlikely to fully explain the intra-moraine differences we observe. 701

702

In summary, there is substantial intra-moraine variability in the integrated EDTs we calculate from 703 our cosmogenic <sup>3</sup>He observations that requires explanation. We have outlined four major sources 704 of uncertainty in our approach that could explain these intra-moraine variations. Ultimately, these 705 potential sources of uncertainty are too under-constrained at this time to allow for a straightforward 706 interpretation about the climate history of the Maritime Alps during deglaciation from our 707 cosmogenic noble gas data. Nonetheless, we calculate integrated EDTs for all samples that are 708 bracketed by plausible endmember EDT scenarios for the Gesso Valley based on mean and 709 maximum seasonal temperatures from the TraCE-21ka simulation and on chironomid-derived 710 mean July temperature reconstructions. The trend toward the high-EDT endmember scenarios for 711 all samples except PM1 is not surprising, given that we expect integrated EDTs to exceed the mean 712

ambient temperatures in a sample's exposure history because of the nonlinear dependence of diffusivity on temperature. The observation that our integrated EDTs are not drastically different from modern EDTs in the Gesso Valley is also encouraging, given the magnitude of plausible temperature differences between the LGM and today. Collectively, these results demonstrate promise for the application of cosmogenic noble gas paleothermometry in paleoclimate studies, provided that the four major sources of uncertainty we detail above are accounted for in future applications.

720

### 721 CONCLUSIONS

Integrated EDTs since the LGM in the Gesso Valley, calculated from our observations of 722 cosmogenic <sup>3</sup>He concentrations in quartz, range from 8 to 25 °C and are consistent with what we 723 expect from modern meteorological station data, a GCM simulation of Earth's climate since the 724 LGM, and data from independent proxies in the region. Nonetheless, there are nontrivial 725 differences between the integrated EDTs we calculate, particularly for samples from the same 726 moraine, that require explanation. We identify four major potential sources of uncertainty that 727 could account for these discrepancies: (1) the fact that we have not accounted for variations in 728 radiative heating of the boulder surfaces across samples due to differential shading, (2) limitations 729 in our understanding of and ability to model and extrapolate helium diffusion kinetics when 730 complex behavior is observed, (3) uncertainties associated with our quartz grain size analyses, and 731 (4) unaccounted for erosion or cosmogenic inheritance. At this stage, all four of these possibilities 732 could be contributing to intra-moraine and inter-moraine variability in reconstructed temperatures. 733

Because of these uncertainties, and the fact that we have no cosmogenic <sup>3</sup>He observations from 734 younger moraines that record only Holocene temperatures in the Gesso Valley, it is difficult to 735 fully compare our results to the TraCE-21ka and chironomid temperature records, or to invert our 736 results directly for changes in EDT through time in the Gesso Valley from the inter-moraine 737 differences in <sup>3</sup>He retention. As a consequence, it is not yet possible to use these data to test the 738 hypothesis that the post-LGM climate evolution and glacier dynamics of the Maritime Alps 739 differed from other Alpine regions with our dataset. These results nonetheless demonstrate first 740 order accuracy in the temperatures recorded by cosmogenic noble gas paleothermometry, and 741 highlight major sources of uncertainty that can be addressed in future applications to improve how 742 cosmogenic noble gas paleothermometry contributes to paleoclimate studies. 743

744

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960	
961	LIST OF TABLES
962	Table 1: Locations and sample information for moraine boulders in the Gesso Valley previously

963 exposure dated with cosmogenic <sup>10</sup>Be, originally reported in Federici et al. (2012, 2008).

Sample	Latitude (decimal degrees)	Longitude (decimal degrees)	Elevation (m)	Sample thickness (cm)	Shielding factor
PDP10	44.421534	7.819950	1806	3	0.9200
PM1	44.252667	7.385500	860	3	0.9653
PM4	44.252667	7.385500	860	3	0.9653
TDB1	44.289712	7.432528	770	3	0.9825
TDB3	44.289712	7.432528	770	3	0.9819

## **Table 2:** Observations of cosmogenic <sup>3</sup>He in Gesso Valley quartz samples.

Sample - aliquot	Mass of quartz analyzed (g)	[ <sup>3</sup> He]	[ <sup>3</sup> He] (10 <sup>6</sup> atoms/g)		
PDP10-1	0.109	2.20	±	0.38	
PDP10-2	0.101	2.38	±	0.37	
PDP10-3	0.102	3.65	±	0.35	
PDP10-4	0.126	2.91	±	0.26	
PDP10-5	0.121	2.99	±	0.39	
PDP10-6	0.136	2.99	±	0.31	
PDP10-7	0.117	3.12	±	0.37	
PDP10-8	0.125	2.44	±	0.35	
PM1-1	0.101	1.14	±	0.42	
PM1-2	0.101	0.89	±	0.6	
PM1-3	0.304	1.11	±	0.18	
PM1-4	0.266	0.88	±	0.15	
PM1-5	0.290	1.05	±	0.15	
PM4-1	0.113	1.29	±	0.34	
PM4-2	0.309	1.51	±	0.17	
PM4-3	0.268	1.63	±	0.19	
PM4-4	0.247	1.60	±	0.12	
TDB1-1	0.216	0.62	±	0.28	
TDB1-2	0.269	0.11	±	0.14	

TDB1-3	0.306	0.28	±	0.13
TDB1-4	0.292	0.26	±	0.13
TDB1-5	0.482	0.36	±	0.08
TDB3-1	0.216	1.38	±	0.27
TDB3-2	0.124	1.35	±	0.39
TDB3-3	0.279	1.20	±	0.19
TDB3-4	0.301	1.31	±	0.27
TDB3-5	0.268	1.32	±	0.18

967

**Table 3:** Apparent <sup>3</sup>He exposure ages and retention in Gesso Valley quartz samples. See text for details about the input parameters to the exposure age calculation. Because we have measurements of cosmogenic <sup>3</sup>He from multiple aliquots of each sample, we report weighted mean apparent exposure ages with internal uncertainties alongside weighted mean apparent exposure ages with external uncertainties in parentheses. Because we only have one <sup>10</sup>Be measurement per sample, we report a single <sup>10</sup>Be exposure age for each sample with internal uncertainty alongside external uncertainty in parentheses. Cosmogenic <sup>3</sup>He retention is calculated using external uncertainties.

Sample	Weighted mean apparent exposure age (yr), <sup>3</sup> He	Exposure age (yr), <sup>10</sup> Be	<sup>3</sup> He retention	
PDP10	$6513 \pm 273 \ (6402 \pm 341)$	$14071 \pm 606(1220)$	$0.46 \pm 0.05$	
PM1	$4539 \pm 400 \; (4534 \pm 452)$	$16356 \pm 1023(1601)$	$0.28 \pm 0.04$	
PM4	7071 ± 377 (7006 ± 512)	$19213 \pm 799(1654)$	$0.36 \pm 0.04$	
TDB1	$1424 \pm 261 \ (1407 \pm 271)$	$23397 \pm 1085(2072)$	$0.06 \pm 0.01$	
TDB3	$6178 \pm 496~(6187 \pm 561)$	$21003 \pm 965(1854)$	0.29 ± 0.04	

Experiment	Domain	E <sub>a</sub> (kJ/mol)	$\ln(D_0/a^2)$	fraction	Misfit
PDP10-B	1	96.5	10.2	0.61	0.097
	2		16.1	0.21	
	3		13.2	0.18	
PM1-A	1	89.6	8.6	0.54	0.067
	2		10.1	0.36	
	3		14.1	0.1	
PM4-A	1	90.9	8.4	0.74	0.109
	2		5.9	0.2	
	3		14.4	0.06	
TDB1-B	1	99.7	11.8	0.46	0.161
	2		13.2	0.3	
	3		17.3	0.24	
TDB3-B	1	97.6	10.3	0.42	0.149
	2		12.3	0.41	
	3		15.7	0.17	

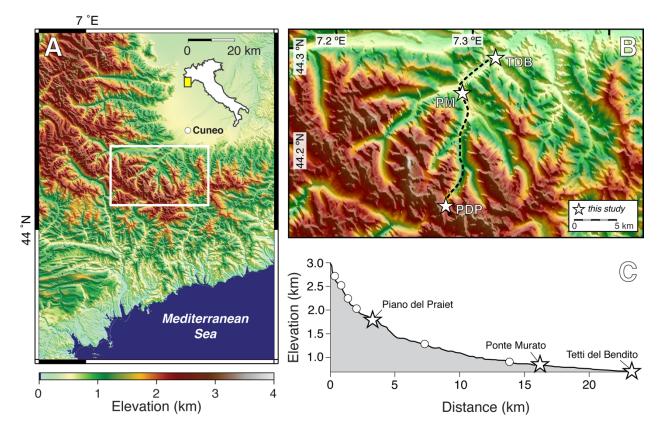
**Table 4:** Three domain multiple diffusion domain model parameters for <sup>3</sup>He diffusion experiments

977 in Gesso Valley quartz samples.

## 979 **LIST OF FIGURES**

**Figure 1:** A: Topographic map of the Maritime Alps. Map location is shown in the inset of Italy. White box corresponds to the enlarged view in (B). B: Topography of the Gesso Valley. White stars mark the locations of moraines sampled for this study: Piano del Praiet (PDP), Ponte Murato (PM), and Tetti del Bandito (TDB). Dashed line corresponds to the longitudinal profile shown in (C). C: Longitudinal profile of the Gesso Valley. White stars mark the locations of moraines

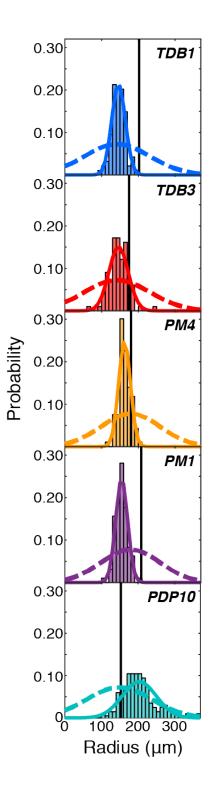
studied here, as in (B); white circles denote additional moraines in the Gesso Valley not studied
here. A detailed map of the geomorphic features in the Gesso Valley is available in Federici et al.
(2003). For interpretation of references to color in this figure, refer to the web version of this
article.



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**Figure 2:** Grain size analysis for Gesso Valley samples. Histograms and solid curves denote the distribution of spherical equivalent radii for representative quartz grains ( $\geq 100$ ) from the sieve fraction analyzed for cosmogenic <sup>3</sup>He abundances. Dashed curves denote the distribution of spherical equivalent radii in whole rock, inverted from the distribution of sectional circles of quartz

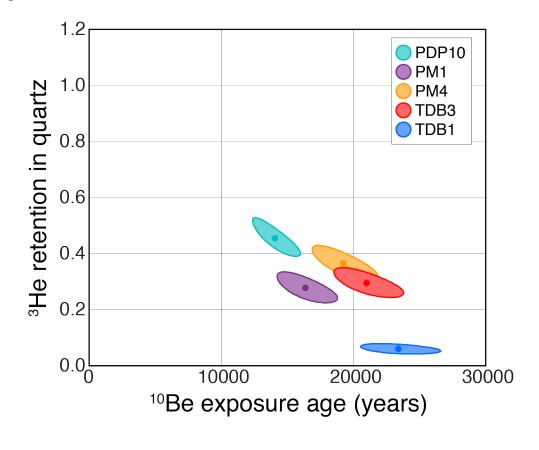
grains ( $\geq$ 100) measured in thin section. Thin sections were made from the same sample as the crushed fraction, in the case of PDP10, or from a resampled boulder on the same moraine, in all other cases. Vertical black lines denote the spherical equivalent radius of the single quartz grain analyzed in each diffusion experiment shown in Fig. 4. For interpretation of references to color in this figure, refer to the web version of this article.



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**Figure 3:** Cosmogenic <sup>3</sup>He retention as a function of <sup>10</sup>Be exposure age in quartz from Gesso Valley moraine samples. Ellipses represent  $1\sigma$  uncertainty. For interpretation of references to color in this figure, refer to the web version of this article.

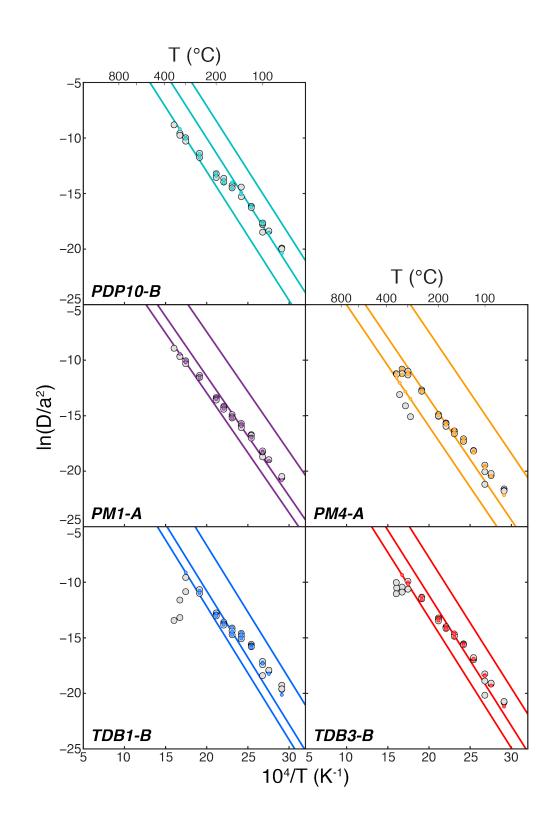


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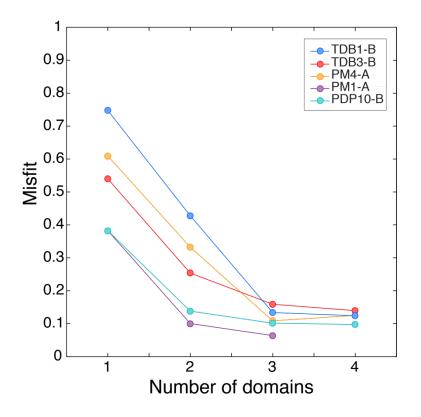
Figure 4: Arrhenius plots for helium diffusion experiments on Gesso Valley quartz samples.  $D/a^2$ values are normalized to  $s^{-1}$ . Experimental data are plotted as gray circles. Diffusivities were calculated using the equations of Fechtig and Kalbitzer (1966) and the uncertainty propagation outlined in Tremblay et al. (2014b). Color circles and lines denote three-domain multiple diffusion domain (MDD) models that minimize misfit with the experimental data. Tremblay et al. (2017)

- 1010 describe MDD modeling approach used here. For interpretation of references to color in this figure,
- 1011 refer to the web version of this article.



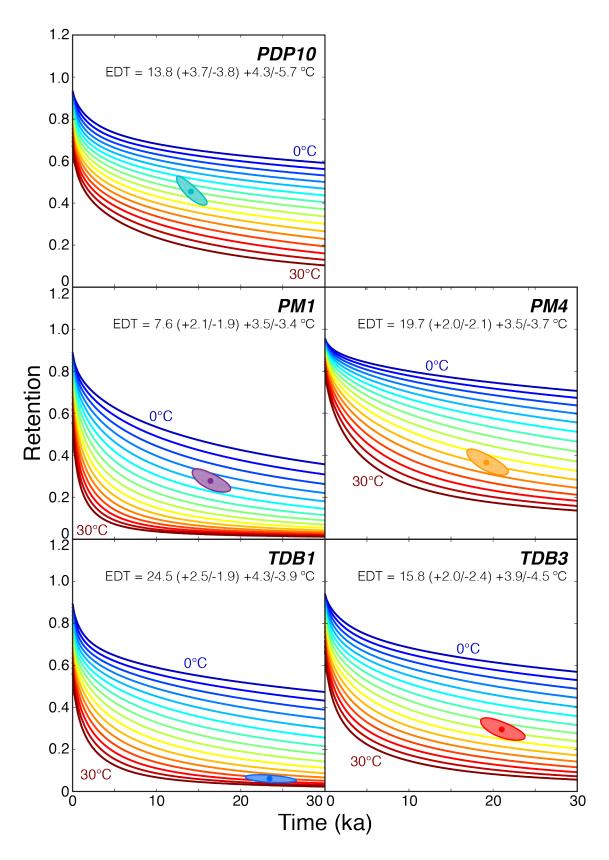
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**Figure 5:** Minimized misfit between observed and MDD-modeled <sup>3</sup>He diffusivities as a function 1013 of number of diffusion domains for Gesso Valley quartz samples. We increased the number of 1014 diffusion domains in our MDD models until the addition of another diffusion domain did not 1015 1016 significantly reduce the misfit between the observed and calculated diffusivities. For all Gesso Valley guartz samples, we found that increasing the number of domains from three to four only 1017 marginally improved the misfit; therefore we use three-domain MDD models in subsequent 1018 calculations. For experiment PM1-A, attempts at constructing a four domain model yielded two 1019 domains with the same pre-exponential factor and thus are the equivalent of the three domain 1020 model. For interpretation of references to color in this figure, refer to the web version of this article. 1021



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Figure 6: EDTs integrated over the exposure duration of Gesso Valley moraine samples. For each 1023 sample, we plot cosmogenic <sup>3</sup>He retention as a function of exposure duration for constant EDTs 1024 ranging from 0 to 30 °C in 2 °C increments, and assuming the MDD model diffusion kinetics 1025 reported in Table 3. Observed cosmogenic <sup>3</sup>He retention ellipses are plotted as in Fig. 4 for 1026 comparison. One set of EDT uncertainties in parentheses accounts for the uncertainty in <sup>3</sup>He 1027 retention and exposure duration as determined from <sup>10</sup>Be measurements; the second set of 1028 uncertainties accounts for uncertainty in the spherical equivalent radius to which the 1029 experimentally-determined diffusion kinetics are scaled in addition to the uncertainties in <sup>3</sup>He 1030 retention and exposure duration. For interpretation of references to color in this figure, refer to the 1031 web version of this article. 1032



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1033 Figure 7: EDTs calculated from modern meteorological data. In grav we show the time series of mean, minimum, and maximum daily temperatures from 2002 to mid-2016 at the elevations of the 1034 PDP, PM, and TDB moraines, scaled from the nearest two meteorological stations using average 1035 1036 monthly lapse rates. Solid black bars denote the mean temperature for each time series; dashed black bars denote the modern EDT for each time series calculated using the activation energies of 1037 the best fit MDD models in Fig. 4 and Table 4. EDTs integrated over the exposure duration of each 1038 sample are also shown for comparison as circles, with colors for specific samples and  $1\sigma$ 1039 uncertainties as reported in Fig. 6. For interpretation of references to color in this figure, refer to 1040 the web version of this article. 1041

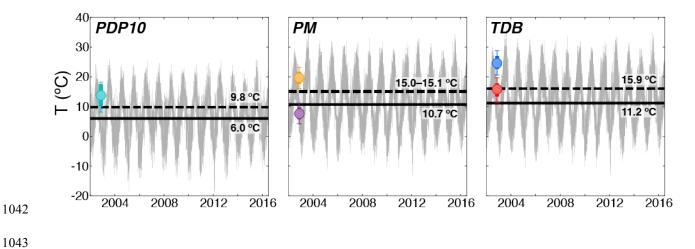
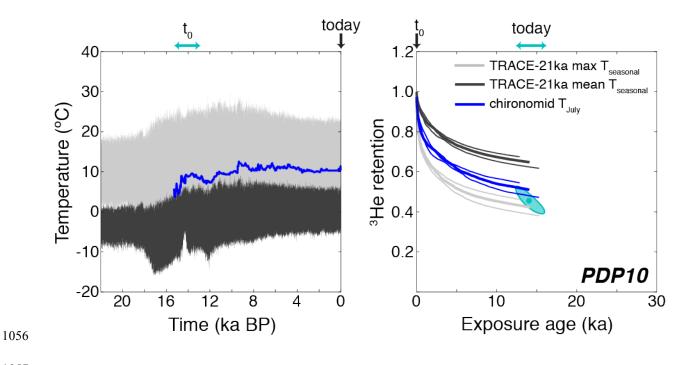


Figure 8: Cosmogenic <sup>3</sup>He retention in PDP10 quartz calculated from scaled TraCE-21ka seasonal temperatures and scaled, spliced chironomid July temperatures. The left panel shows the mean (black) and maximum (gray) seasonal temperature from the TraCE-21ka climate simulation and the mean July temperature (blue) from four spliced chironomid records, scaled to the elevation of PDP10 using modern lapse rate data and, for the chironomid records, weighted by distance from

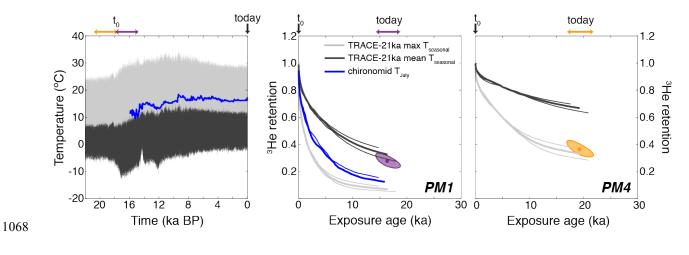
1049 our study site. The right panel shows the evolution of <sup>3</sup>He retention with time assuming the TraCE-1050 21ka and chironomid temperatures represent the EDT experience over PDP10's exposure duration. 1051 Thick retention curves assume the mean exposure duration and grain size for diffusion kinetics 1052 scaling; lower thin retention curves assume the  $+1\sigma$  exposure duration and grain size, while upper 1053 thin curves assume the  $-1\sigma$  exposure duration and grain size. The ellipse shows the observed 1054 retention and exposure duration, as in Fig. 3. For interpretation of references to color in this figure, 1055 refer to the web version of this article.



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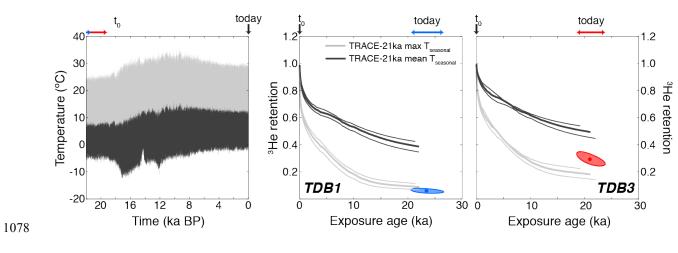
Figure 9: Cosmogenic <sup>3</sup>He retention in PM1 and PM4 calculated from scaled TraCE-21ka seasonal temperatures and, in the case of PM1, scaled, spliced chironomid July temperatures. The left panel shows the mean (black) and maximum (gray) seasonal temperature from the TraCE-21ka climate simulation and the mean July temperature (blue) from four spliced chironomid

records, scaled to the elevation of PM using modern lapse rate data and, for the chironomid records, weighted by distance from our study site. The right panels show the evolution of <sup>3</sup>He retention with time assuming the TraCE-21ka and chironomid temperatures represent the EDT experience over the PM samples' exposure duration. Thick and thin retention curves are as in Fig. 8. Ellipses show the observed retention and exposure duration, as in Fig. 3. For interpretation of references to color in this figure, refer to the web version of this article.



**Figure 10:** Cosmogenic <sup>3</sup>He retention calculated in TDB1 and TDB3 from scaled TraCE-21ka seasonal temperatures. The left panel shows the mean and maximum seasonal temperature from the TraCE-21ka climate simulation, scaled to the elevation of the TDB moraine using modern lapse rate data. The right panels shows the evolution of <sup>3</sup>He retention with time assuming the TraCE-21ka temperatures represent the EDT experience over the TDB samples' exposure duration. Thick and thin retention curves are as in Fig. 8. Ellipses show the observed retention and exposure

1076 duration, as in Fig. 3. For interpretation of references to color in this figure, refer to the web version



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Figure 11: Minimized misfit between observed and MDD-modeled <sup>3</sup>He diffusivities as a function of activation energy  $E_a$  for Gesso Valley quartz samples, assuming a three domain diffusion model. Pre-exponential factors and gas fractions for each domain covary with  $E_a$ ; we show misfit as a function of  $E_a$  because it is assumed to be common to all diffusion domains in our modeling approach. For interpretation of references to color in this figure, refer to the web version of this article.

