

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22

## **A general model for the helical structure of geophysical flows in channel bends**

**M. Azpiroz-Zabala<sup>1,2,\*</sup>, M.J.B. Cartigny<sup>3</sup>, E.J. Sumner<sup>1</sup>, M.A. Clare<sup>2</sup>, P.J. Talling<sup>3</sup>, D.R. Parsons<sup>4</sup>, C. Cooper<sup>5</sup>**

<sup>1</sup> Ocean and Earth Sciences, University of Southampton, European Way, SO14 3ZH Southampton, UK

<sup>2</sup> National Oceanography Centre, Southampton, European Way, SO14 3ZH Southampton, UK

<sup>3</sup> Departments of Earth Sciences and Geography, University of Durham, DH1 3LE Durham, UK

<sup>4</sup> Department of Geography, Environment and Earth Sciences, University of Hull, Cottingham Road, HU6 7RX Hull, UK

<sup>5</sup> formerly at Chevron Energy Technology Company, 6001 Bollinger Canyon Road, San Ramon, CA 94583 USA

\* Corresponding author: Maria Azpiroz-Zabala (m.azpiroz@soton.ac.uk)

### **Key Points:**

- First direct measurements of the helical flow structure of turbidity currents as they travel around a bend.
- Turbidity currents of different thicknesses and velocities exhibit the same helical flow structure.
- We reconcile current controversy with a new model that explains helical flow structure for a wide range of geophysical flows.

## 23 **Abstract**

24 Meandering channels host geophysical flows that form the most extensive sediment transport  
25 systems on Earth (i.e. rivers and submarine channels). Measurements of helical flow structures in  
26 bends have been key to understanding sediment transport in rivers. Turbidity currents differ from  
27 rivers in both density and velocity profiles. These differences, and the lack of field measurements  
28 of turbidity currents, have led to multiple models for their helical flow. Here we present the first  
29 measurements of helical flows from turbidity currents in the ocean. These ten flows lasted  
30 between one and ten days, had up to ~80-metre thickness, and all displayed the same helical  
31 structure. This structure comprised two vertically-stacked cells, with the bottom cell rotating  
32 with the opposite direction to helical flow in rivers. Furthermore, we propose a general model  
33 that predicts the range of helical flow structures observed in rivers, estuaries and turbidity  
34 currents based on their density stratification.

## 35 **1 Introduction**

36 Extensive submarine channels transport billions of tonnes of sediment over hundreds of  
37 kilometres, and they form vast sedimentary deposits (called submarine fans) in the deep sea  
38 (Shepard, 1933; Normark, 1970; Savoye et al., 2009). The largest submarine fans (e.g. Amazon,  
39 Bengal, Indus, Congo fans) are fed by meandering, rather than straight submarine channels,  
40 suggesting that bends may enhance distances over which sediment is transported. Submarine  
41 channels host episodic sediment-laden gravity currents called turbidity currents. Individual  
42 turbidity currents are capable of transporting more sediment than the annual discharge of rivers  
43 worldwide (Talling et al., 2007). There are few direct observations of deep-sea turbidity currents  
44 (Khripounoff et al., 2003; Vangriesheim et al., 2009; Talling et al., 2015; Cooper et al., 2016).  
45 Before collection of the data presented here (Cooper et al., 2013, Azpiroz-Zabala et al., in press),  
46 there were no detailed (sub-minute) measurements from within a meander bend. Instead, our  
47 understanding of sediment transport processes in meandering deep-sea channels was based on  
48 uncalibrated experimental and numerical models, or by comparison to rivers or saline density  
49 flows.

50 Rivers, channelized estuaries and saline underflows show a helical flow structure when  
51 passing through a bend. This helical structure can be broken into down-stream and cross-stream  
52 components (Rosovskii, 1957; Nidzieko et al., 2009; Parsons et al., 2010; Sumner et al., 2014).  
53 The helical structure is caused by the variability of the centrifugal acceleration acting on the flow  
54 as it travels around a bend. The centrifugal acceleration induces varying pressure gradients  
55 resulting from superelevation of the flow at the outer bend, which can generate counter-acting  
56 pressure gradients as a result of cross-channel density variation, i.e. stratification, of the flow  
57 (Rosovskii, 1957; Thorne et al., 1985; Sumner et al., 2014). The magnitude and rotation  
58 direction of the helical flow strongly influences sediment processes that control erosion and  
59 deposition within a channel. Hence, helical flow has been invoked as a fundamental control on  
60 how channel systems evolve (Rosovskii, 1957; Thorne et al., 1985; Peakall et al., 2000).

61 Previous work has demonstrated that the helical structure can vary in two key ways. First,  
62 it can vary in the direction of rotation. Second, there can be a single helix (i.e. one rotating cell),  
63 or multiple helices stacked on top of one another (e.g. Corney et al., 2006; Imran et al., 2008;  
64 Corney et al., 2008). Helical circulation in rivers is dominated by a single helix that rotates in a  
65 clockwise direction when looking in a downstream direction at a left-hand bend. (Rosovski,  
66 1957; Thorne et al., 1985). Initial numerical models suggested that circulation that is similar to a

67 river bend would also occur for turbidity currents (Kassem and Imran, 2004). However, the first  
68 physical experiments of helical circulation in turbidity currents showed an opposite direction of  
69 rotation – with the near-bed flow moving towards the outer bank (Corney et al., 2006; Keevil et  
70 al., 2006). To complicate matters further, both directions of helical circulation (river-like and  
71 river-reversed) have subsequently been observed in turbidity current experiments and models,  
72 depending on flow conditions and channel morphology conditions (Imran et al., 2007; Islam and  
73 Imran, 2008; Cossu and Wells, 2010; Abad et al., 2011; Giorgio Serchi et al., 2011; Huang et al.,  
74 2012; Dorrell et al., 2013; Janocko et al., 2013; Bolla Pittaluga and Imran, 2014; Ezz and Imran,  
75 2014).

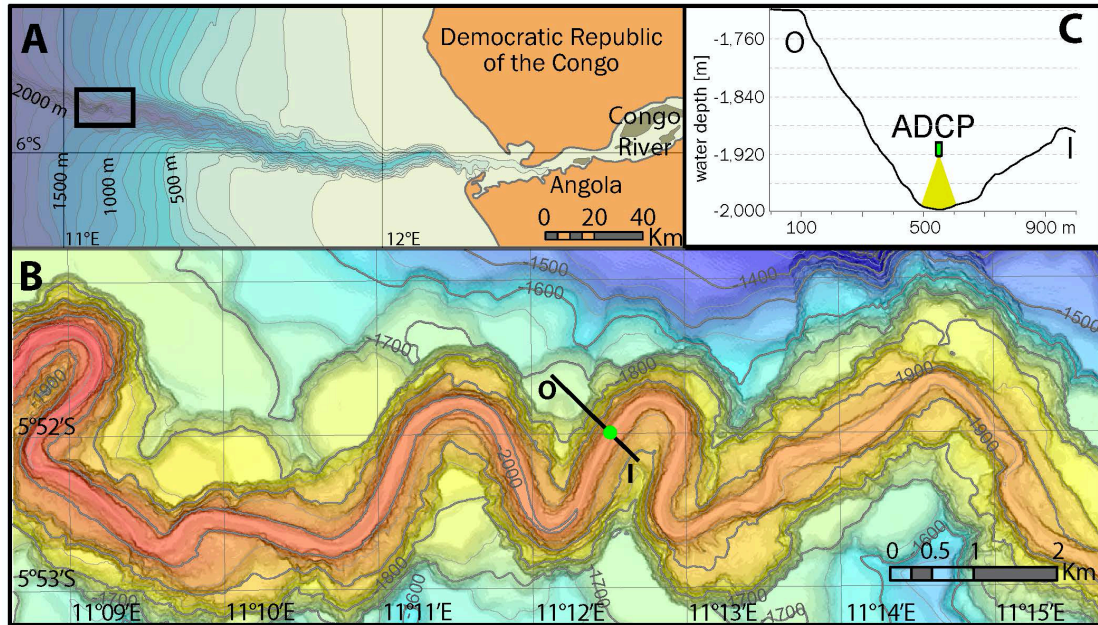
76 Flow around bends in well-mixed estuaries show a river-like basal helical circulation,  
77 while stratified estuaries and saline flows are river-reversed (Nidzieko et al., 2009; Wei et al.,  
78 2013). In stratified flows, across-flow variation in stratification (i.e. flow density) sets up an  
79 additional lateral pressure gradient that is thought to play a key role in the direction of the flow  
80 rotation (Nidzieko et al., 2009; Sumner et al., 2014). Such stratification-triggered pressure  
81 gradients have been suggested to be important for turbidity currents, which are stratified because  
82 of their vertical variation in sediment concentration and hence density (Sumner et al., 2014;  
83 Peakall and Sumner, 2015). This hypothesis has not yet been tested because of a lack of field-  
84 scale observations of turbidity currents.

85 Here we present the first direct measurements of turbidity currents at a meander bend in  
86 the ocean, including ten flows with varying flow conditions. We use this data to determine the  
87 rotation direction of helical flow within these turbidity currents. This provides the first field test  
88 of existing numerical and experimental models. Second, we determine how flow structure varies  
89 with fluctuating flow properties, and discuss the implications for the morphodynamic evolution  
90 of submarine channel bends. Finally, we compare our results with existing field measurements of  
91 helical flows in other geophysical flows. We propose a general model that can predict helical  
92 flow structure across a wide range of geophysical flows including rivers, saline density flows,  
93 and turbidity currents.

## 94 **2 Study area**

95 Our field measurements were recorded at 2,000 m water depth in the Congo Canyon  
96 (Cooper et al., 2013; Azpiroz-Zabala et al., in press). The Congo Canyon is the proximal section  
97 of one of the largest submarine channel systems on Earth, and it is fed directly by the Congo  
98 River (Heezen et al., 1964). The submarine channel extends for more than 1000 km, from the  
99 continental shelf to its termination in a large submarine fan in 5000 m water depth (Heezen et al.,  
100 1964; Khripounoff et al., 2003). Over its upper course, the Congo Canyon has a meandering  
101 planform with tight bends, a deeply incised thalweg and numerous terraces (Fig. 1). The Congo  
102 Canyon is a highly active system in the present day. There are several turbidity currents each  
103 year in the upper canyon, based on telecommunication cable breaks (Heezen et al., 1964) and  
104 direct flow measurements (Khripounoff et al., 2003; Cooper et al., 2013; 2016; Azpiroz-Zabala  
105 et al., in press).

106



107 **Figure 1.** Location of the ADCP in the Congo Canyon. (a) Map of the Congo Canyon showing  
 108 the study area (rectangle), with bathymetric contours in meters. (b) Detailed map showing the  
 109 location of the instrumented mooring (green circle). Bold line indicates cross-canyon profile in  
 110 panel 1c. I and O denotes inner bend and outer bend respectively. (c) Cross-canyon profile at  
 111 deployment location showing acoustic Doppler current profiler (ADCP) suspended 85 m above  
 112 the canyon floor.  
 113

### 115 3 Methods

116 The dataset re-analysed here represents the first detailed direct measurements of turbidity  
 117 currents in the deep ocean (Cooper et al., 2013; Azpiroz-Zabala et al., in press). Ten flows were  
 118 measured, with flow durations ranging between eight hours to more than nine days. Flow  
 119 thicknesses varied from 16 m to 75 m; and flow velocities reached up to 2.3 m/s (Azpiroz-Zabala  
 120 et al., in press).

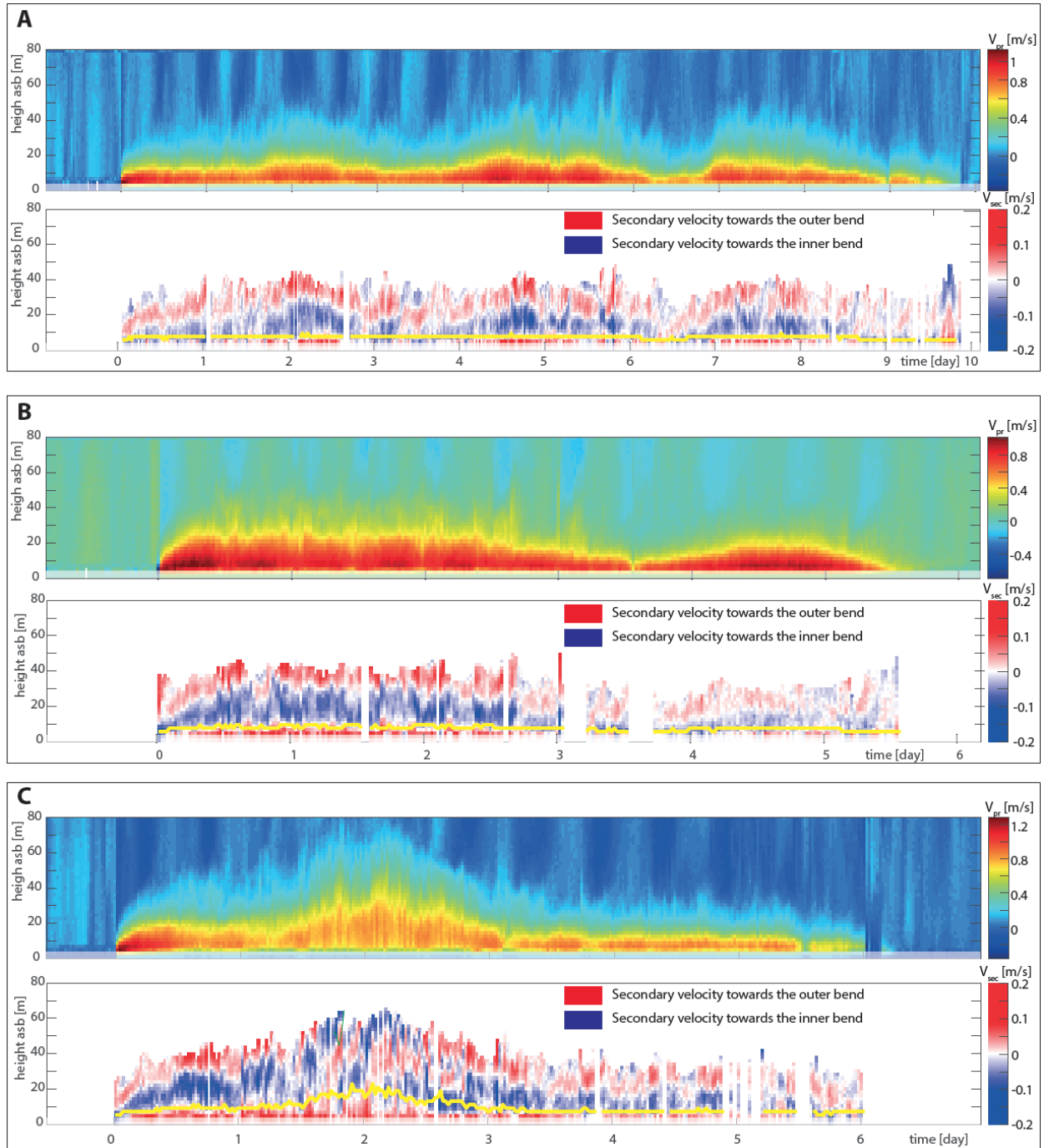
121 The data were collected using a 300 kHz acoustic Doppler current profiler (ADCP)  
 122 anchored downstream of a meander bend in the Congo Canyon (Fig. 1). The ADCP emits  
 123 acoustic signals into the water column, and computes flow velocities based on the Doppler shift  
 124 in the returned signal that bounces off particles within the flow. The ADCP was downward  
 125 looking, and moored 85 m above the seafloor from December 2009 to March 2010 (Fig. 1).  
 126 Velocities were measured every five seconds and were vertically averaged over two-metre high  
 127 grid cells (Cooper et al., 2013).

128 We deduce the helical circulation from the vertical velocity profiles measured by the  
 129 ADCP by calculating primary and secondary velocities. We define primary velocity as follows:  
 130 we evaluate the flow direction for each ADCP velocity measurement binned by depth, and  
 131 average the velocities in this vertical profile to obtain the mean flow velocity direction. The  
 132 primary velocity is then the component of velocity parallel to the mean velocity direction. We  
 133 then define secondary velocity as the component of the velocity measurements perpendicular to  
 134 the mean velocity direction (Rozovskii, 1957). In a similar way to previous studies of helical

135 flows based on measurements from single moorings, we use the secondary velocity to infer the  
136 helical flow structure (Nidzieko et al., 2009). The sign of the secondary velocity represents the  
137 direction of the secondary flow captured by the ADCP. Positive is towards the outer bend, and  
138 negative is towards the inner bend. The Rozovskii definition of secondary circulation assumes  
139 that the total outward directed velocity is balanced by an equal total inwards directed velocity.  
140 These secondary flow vectors define cells that provide a two-dimensional view of the helical  
141 flow in the across-flow section (Fig. 2).

142 The ADCP data were processed using the following steps (see Supporting Information  
143 for more detail): (1) Data was linearly interpolated from velocities of 0 m/s at the seabed to the  
144 velocity value of the lowest reliable measurement at 5 m above the seafloor; (2) The resultant  
145 vertical velocity profiles were depth-averaged (Ellison and Turner, 1959) to obtain the average  
146 flow velocity and depth; (3) Primary and secondary velocities were calculated respectively as  
147 parallel and perpendicular to this average flow direction using the Rozovskii method (Rozovskii,  
148 1957); (4) Results were averaged over 30 minutes to reduce sampling deviation of  
149 measurements. (5) Profiles influenced by tidal currents of magnitudes close to the secondary  
150 velocities were removed; (6) patterns of helical flow were analysed by arranging the data by flow  
151 thickness.

152

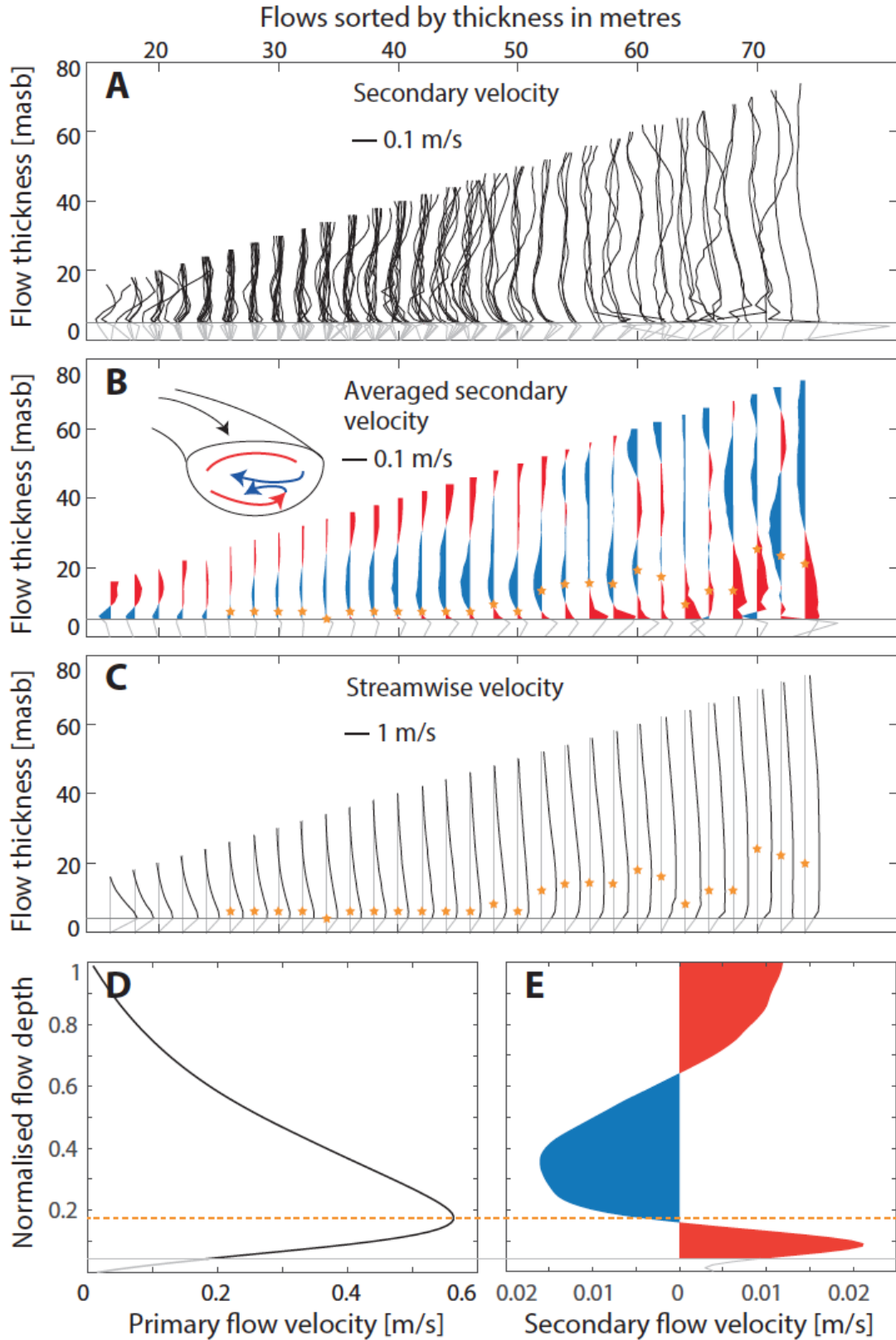


153  
 154 **Figure 2.** Primary (top) and secondary (bottom) velocities for three events recorded in the Congo  
 155 Canyon. (a) Flow 1, which is the longest duration flow. (b) Flow 4, the flow that shows a most  
 156 stable secondary circulation structure. (c) Flow 10, the fastest flow entirely recorded. Positive  
 157 values denote motion towards the outer bend, and negative values denote motion towards the  
 158 inner bend. Yellow lines in secondary velocity panels indicate height above the seabed (asb) of  
 159 maximum velocity. Side lobe interference area is shaded off at the bottom of each panel. Blank  
 160 strips in secondary velocity panels define areas of strong tidal currents.

162 **4 Results**

163 For the first time, we can visualise and quantify helical flow in field-scale turbidity  
164 currents (Fig. 2). The ten measured flows vary considerably in maximum thickness, duration and  
165 maximum primary velocity. Surprisingly, despite these variations, the secondary circulation  
166 pattern remains consistent (Fig. 3). The secondary circulation consists of two vertically stacked  
167 cells, and this structure is independent of primary velocity and flow thickness (at least for flows  
168 <52 m thick; Fig. 3). The lower cell rotates in a river-reversed direction, counter-clockwise when  
169 looking in a downstream direction, whilst the upper cell has the opposite direction of motion  
170 (Fig. 2). The average secondary flow profile has maximum velocities from 0.02–to 0.09 m/s,  
171 which are 2-5% of the corresponding flow maximum velocity. The magnitude of secondary  
172 circulation is lower for flows between 26 m and 34 m in thickness, but the same two-cell pattern  
173 holds. In all cases, the centre of the lowermost circulation cell corresponds to the height of the  
174 maximum primary flow velocity.

175



176

177

178

**Figure 3.** Averaged profiles of primary and secondary velocity profiles according to flow thickness. (a) Event-averaged secondary velocity profiles arranged by their flow thickness. The



179 yellow stars indicate the height of the maximum primary velocity. Profiles in side lobe  
180 interference area are shown in grey. Horizontal grey line marks top of side lobe interference area.  
181 (b) Average of profiles shown in (a). Red colours denote positive secondary velocities, towards  
182 the outer bend. Blue colours denote negative secondary velocities, towards the inner bend. (c)  
183 Event-averaged primary velocity profiles arranged by their flow thickness. (d) Depth-normalised  
184 primary velocity profile, and (e) depth-normalized secondary velocity profile constructed by  
185 averaging over all available measurements. Normalisation has been calculated according to flow  
186 depth. Masb in x-axis in (a)-(c) denotes metres above seabed.

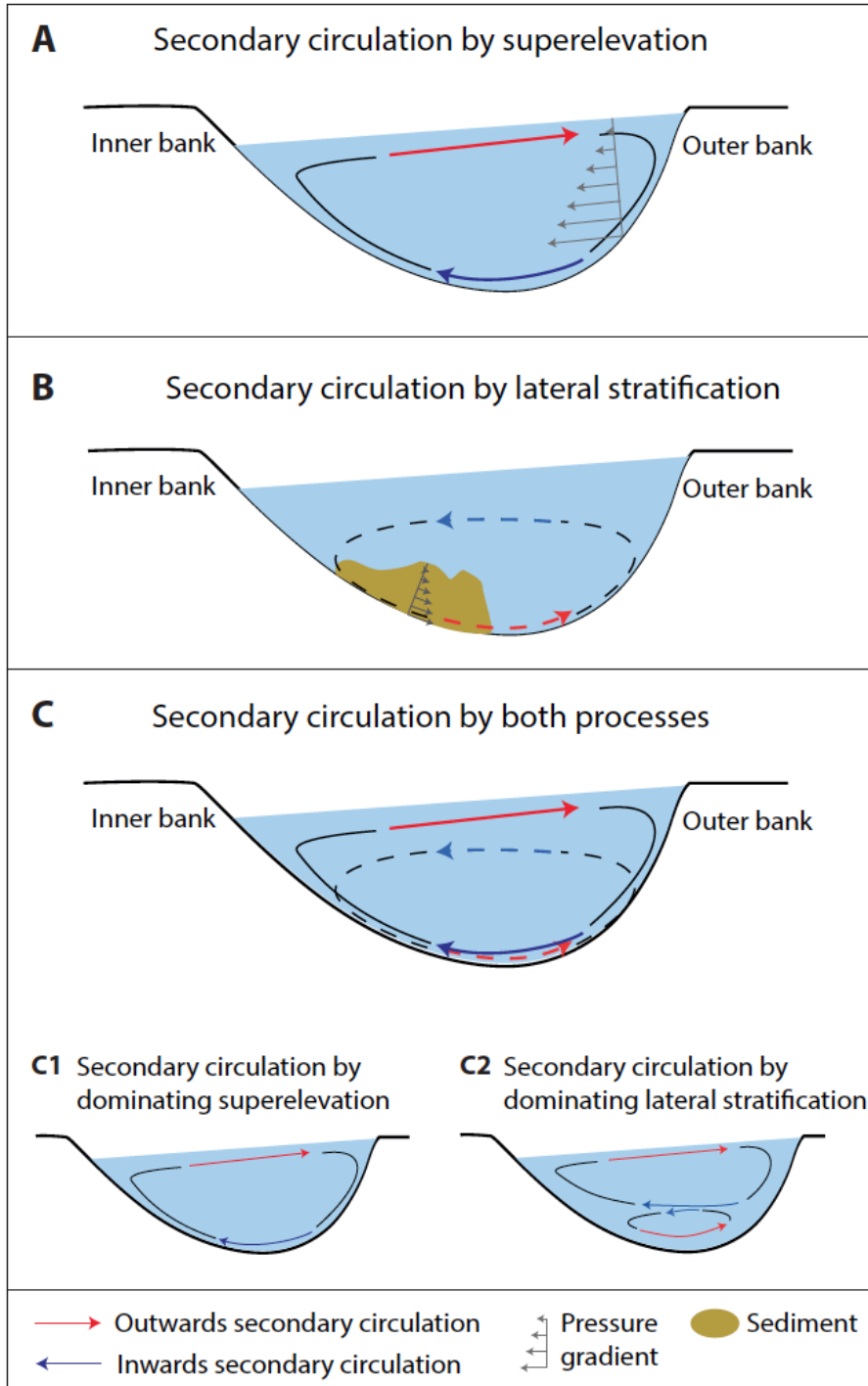
187

## 188 **5 Discussion**

### 189 5.1. What controls the rotation direction of helical flow?

190 Circulation cells are formed predominantly by the interaction of two pressure gradients  
191 (Fig. 4). In river-like circulation, centrifugal forces drive superelevation of the upper surface of a  
192 flow towards the outer bend, generating a pressure gradient due to the inclined water surface  
193 elevation that drives near-bed flow towards the inner bend. In the case of stratified saline density  
194 flows, an additional counter-acting pressure gradient is generated by dense fluid accumulating in  
195 the inner bend, which sets up a lateral pressure gradient that drives near-bed flow towards the  
196 outer bend (Fig. 4) (Nidzieko et al., 2009; Umlauf and Arneborg, 2009; Sumner et al., 2014).  
197 Where the stratification-triggered pressure gradient dominates, near-bed fluid is forced back  
198 towards the channel axis in a river-reversed direction of rotation (Nidzieko et al., 2009; Umlauf  
199 and Arneborg, 2009; Sumner et al., 2014). It has previously been hypothesized that a similar  
200 mechanism might occur in sediment-laden turbidity currents (Sumner et al., 2014) – our new  
201 data provides the first field evidence from turbidity currents measured in the deep-sea to support  
202 this hypothesis.

203



204  
205  
206  
207  
208  
209  
210  
211

**Figure 4.** Schematic drawings of cells of secondary circulation produced by pressure gradients. (a) Circulation cell and pressure gradients by superlevation caused by centrifugal forces only, (b) Circulation cell and pressure gradients by lateral flow stratification only, and (c) Combination of secondary circulation cells in (a) and (b). (c1) and (c2) show secondary circulation cells for two scenarios of pressure gradient by superlevation versus pressure gradient by lateral stratification. In (c1) pressure gradient by superlevation dominates; in (c2) pressure gradient by lateral stratification dominates.

212

## 213 5.2. Development of the existing helical flow model based on the new data from turbidity 214 currents

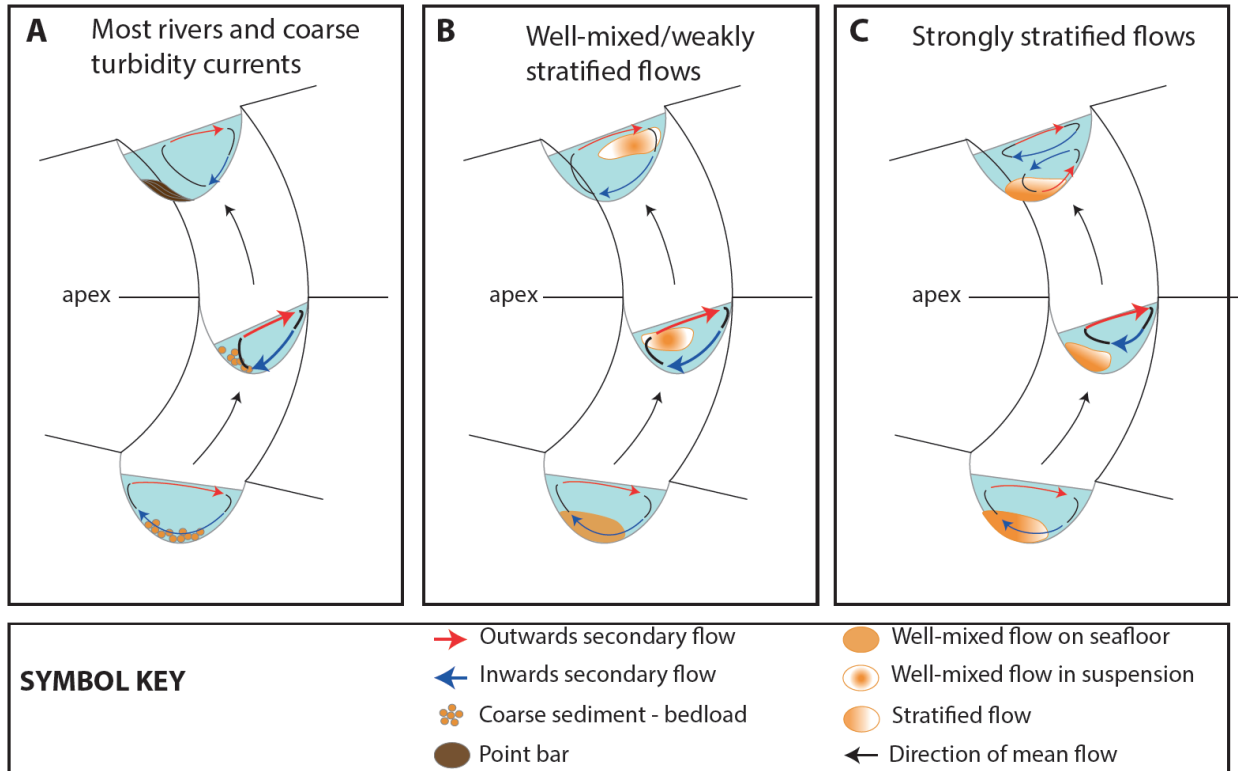
215 Our flow measurements come from a mooring located downstream of the bend apex (Fig.  
216 1). Therefore, the measurements reflect the evolution of the processes operating within the bend.  
217 As the flow travels around the bend, it experiences a centrifugal force that causes superelevation  
218 of the flow towards the outer bend, which generates a pressure gradient towards the inner bend  
219 (Fig. 4). This results in a single, river-like, helical cell that pushes the majority of the sediment  
220 carried by the turbidity current to the inner bend. The accumulation of sediment-laden fluid at the  
221 inner bend results in a lateral pressure gradient that opposes the flow of sediment-laden  
222 fluid towards the inner bend. Just downstream of the apex, the centrifugal acceleration decreases  
223 and as a result the inwardly directed pressure gradient (caused by superelevation) also decreases.  
224 Thus, the outwardly directed pressure gradient (caused by stratification) equals the original  
225 superelevation-driven force and cross-stream near-bed flow must stop before switching to being  
226 outwardly directed as the centrifugal forces start to decrease (Fig. 4). Our model contrasts with  
227 earlier models that proposed switching of flow direction occurred between bends. Also, rather  
228 than reversing the original direction of the flow cell, this process spawns a new river-reversed  
229 near-bed flow cell. This river-reversed flow cell is located beneath the original river-like flow  
230 cell (Nidzieko et al., 2009). This results in a two-cell structure. The upper cell is driven by  
231 pressure gradients due to flow superelevation, and the lower cell driven by pressure gradients  
232 due to lateral stratification within the flow (Fig. 2 and 3). The thickness of the bottom cell is  
233 controlled by the height to which the sediment is elevated when pushed towards the inner bend.  
234 We observe a correlation between the height of maximum downstream velocity and the centre of  
235 the bottom cell. This correlation is probably because it is difficult for sediment to mix across a  
236 low turbulence zone that occurs near the velocity maximum of a turbidity current (Eggenhuisen  
237 and McCaffrey, 2012).

## 238 5.3. A general model for helical flow

239 In this section we demonstrate that the model described above can be further extended to  
240 predict helical flow structure in a diverse array of geophysical flows from rivers to saline density  
241 flows and turbidity currents.

242 All of these flows experience centrifugally-driven superelevation of their upper surface.  
243 This superelevation creates a pressure gradient that causes river-like helical flow, with inwardly  
244 directed near-bed flow (Figs. 4, 5). This can cause the accumulation of dense fluid or sediment  
245 towards the inner bend, which creates lateral stratification, and causes an opposing pressure  
246 gradient back towards the outer bend (Fig. 4). We suggest that three potential scenarios may  
247 exist (A, B and C in Fig. 5), depending on the relative dominance of these two pressure  
248 gradients.

249



250

251

252 **Figure 5.** Schematic drawings of resultant secondary velocity in an across-flow section upstream  
 253 the bend apex, at the bend apex and downstream the bend apex. (a) Model for most rivers and  
 254 coarse turbidity currents (Scenario A), (b) Model for well-mixed flows (Scenario B) and (c)  
 255 Model for stratified flows (Scenario C). Thickness of secondary circulation arrows denotes  
 256 intensity of the flow.

256

257 In scenario A, a single weak river-like cell arises where the centrifugally driven pressure  
 258 gradient displaces sediment to the inner bend as bed load, but has insufficient energy to suspend  
 259 the sediment; and therefore there is no lateral pressure gradient back across the channel axis (Fig.  
 260 5a). We propose that scenario A occurs in bed load-dominated rivers and coarse-grained  
 261 turbidity current systems, where sediment moves predominantly as bed load and deposits as  
 262 point bars at the inner bend apex (Bagnold, 1977; Thorne et al., 1985).

263 In scenario B, a single river-like cell is created. However, in this case the centrifugally  
 264 driven pressure gradient is sufficient to move and suspend sediment at the inner bend. This  
 265 results in a lateral pressure gradient that is smaller than that centrifugally driven pressure  
 266 gradient. The sediment is thus kept in suspension and follows the streamlines of the circulation  
 267 cell, causing overturning and mixing (Fig. 5b). We propose that scenario B occurs in well-mixed  
 268 flows such as suspension-dominated rivers and saline flows, where sediment is kept in  
 269 suspension during the whole process and there is no deposition (Chikita, 1989; Nidziedo et al.,  
 270 2009).

271 In scenario C, two circulation cells are formed, with the lower most cell showing river-  
 272 reversed behaviour. Here, the centrifugally driven pressure gradient pushes sediment towards the  
 273 inner bend and suspends it sufficiently to generate a lateral pressure gradient back across the

274 channel. When the stratification-triggered pressure gradient is larger than the superelevation-  
275 triggered pressure gradient, the cross-stream flow slows down and momentarily stops (Figs. 4,  
276 5c). As the superelevation pressure gradient decrease after the apex, the lateral pressure gradient  
277 due to sediment stratification causes suspended sediment to flow back towards the channel axis.  
278 This generates a new helical flow cell, beneath the original cell. This bottom cell is river-  
279 reversed, and is initiated just downstream of the apex as the centrifugal forces start to decrease.  
280 Above the new lower cell, the original river-like cell continues to rotate with a river-like  
281 direction (Fig.5c). We propose that scenario C occurs in strongly stratified rivers, saline flows  
282 and turbidity currents, where sediment deposits downstream of the bend apex (Chikita, 1989;  
283 Nidzieko et al., 2009; Parsons et al., 2010; Darby and Peakall, 2012; Wei et al, 2013).

#### 284 5.4. Application of the general model to a range of geophysical flows

285 Our new model is different from previous models (Giorgio Serchi et al., 2011; Dorrell et  
286 al., 2013; Peakall and Sumner, 2015) with respect to (i) the location in the channel system where  
287 a second basal cell develops, and (ii) the importance of confinement in secondary circulation. In  
288 addition it can predict the helical flow structure across a diverse array of particle laden or saline  
289 flow types.

290 Previous work has suggested that direction of rotation of secondary circulation is constant  
291 around bends, and changes its rotation direction between adjacent bends. Here we propose that  
292 this hypothesis holds for the upper helical flow cell, which is governed by centrifugal forces.  
293 However, when a lower helical flow cell develops, this reversed flow cell is generated just  
294 downstream of the bend apex. Secondly, we propose that the level of confinement of the channel  
295 systems plays an important role in secondary circulation. In confined systems any upper river-  
296 like helical flow cell will prevail; whereas in unconfined systems this cell may overspill and thus  
297 destroy itself leading to a single river-reversed basal circulation cell (Dorrell et al., 2013).

298 This study represents a new analysis of the behaviour of the helical structure of  
299 submarine flows, and in particular and for the first time, in full-scale oceanic turbidity currents.  
300 Our general model applies over a large range of flows spanning from coarse-grained rivers to  
301 saline density flows. Here we discuss the implications for understanding the architecture and the  
302 evolution of submarine channel systems. In this section we consider the behaviour of multiple  
303 flows with the same size and stratification travelling through an evolving channel system. We  
304 hypothesize that stratified turbidity currents will behave according to scenario C of our model; in  
305 this case near-bed flow is driven towards the outer bend by pressure gradients generated by  
306 lateral stratification within the flow. It has previously been suggested (Peakall et al., 2000) that  
307 this causes sediment to be deposited as point bars downstream of bend apices. Formation of such  
308 a point bar would increase the meander curvature, thus increasing the centrifugal forces and  
309 superelevation experienced by subsequent turbidity currents. However, once the pressure  
310 gradient towards the inner bend generated by superelevation exceeds the pressure gradient  
311 towards the outer bend generated by lateral stratification, then the flow would switch to the  
312 behaviour outlined in scenario B. In this case, near-bed flow is driven towards the inner bend by  
313 centrifugally-driven pressure gradients. These pressure gradients exceed the lateral stratification-  
314 driven pressure gradients. As a consequence, the helical flow overturns sediment in suspension,  
315 thereby resulting in no deposition. At this point, the channel would cease meandering and its  
316 planform would become locked for flows of such size and stratification.

317 It is intriguing that the largest submarine fans on Earth are fed by meandering channel  
318 systems. We propose that the helical circulation caused by bends, causes sediment to either slosh  
319 from side-to-side or to continuously be overturned, thus helping to maintain sediment in  
320 suspension over long distances. This mechanism should be considered in addition to turbulence  
321 to explain the extraordinary capacity of turbidity currents to transport huge quantities of  
322 sediment over hundreds of kilometres.

## 323 **Acknowledgments**

### 324 General

325 We would like to thank Chevron for access to this exceptionally valuable dataset. We  
326 also thank Jon Wood (Ocean Data Technology) and others involved in building the mooring and  
327 collecting the data.

### 328 Funding

329 M.A. was funded by National Oceanography Centre Southampton and Graduate School  
330 of National Oceanography Centre Southampton. M.J.B.C. and P.J.T. were supported by the  
331 Natural Environment Research Council projects NE/M017540/1, NE/K011480/1, NE/L009358/1  
332 and NE/M007138/1. D.R.P. recognise funding via HEIF at the University of Hull, and Natural  
333 Environment Research Council Project NE/K011480/1. M.A.C. was funded by the natural  
334 Environment Research Council grants NE/N012798/1 and NE/P009190/1.

### 335 Data and material availability

336 All data needed to evaluate the conclusions in the paper are presented in the paper and/or  
337 the Supporting Information. Additional data related to this paper may be requested from the  
338 authors.

## 339 **References**

- 340 Abad, J.D., Sequeiros, O.E., Spinewise, B., Pirmez, C., Garcia, M.H. and Parker, G. (2011).  
341 Secondary current of saline underflow in a highly meandering channel: experiments and  
342 theory. *J. Sedim. Res.* 81, 787-813.
- 343 Azpiroz-Zabala, M., Cartigny, M.J.B., Talling, P.J., Parsons, D.R., Sumner, E.J., Clare, M.A.,  
344 Simmons, S.M., Cooper, C. and Pope, E., First images of deep-ocean turbidity currents  
345 explain sustained flushing of submarine canyons. In press *Science Advances*.
- 346 Bagnold, R.A. (1977). Bed load transport by natural rivers. *Water Resour. Res.* 13 (2), 303-312.
- 347 Bolla Pittaluga, M. and Imran, J. (2014). A simple model for vertical profiles of velocity and  
348 suspended sediment concentration in straight and curved submarine channels. *Journal of*  
349 *Geophysical Research: Earth Surface* 119, 483-503, doi: 10.1002/2013JF002812.
- 350 Chikita, K. (1989). A field study on turbidity currents initiated from spring runoffs. *Water*  
351 *Resour. Res.* 25 (2), 257-271.
- 352 Cooper, C., Wood, J., and Andrieux, O. (2013). Turbidity current measurements in the Congo  
353 Canyon. OTC 23992. Offshore Technology Conference, 6-9 May, Houston, Texas. 12 pp.

- 354 Cooper, C., Wood, J., Imran, J., Islam, A., Wright, P., Faria, R., Tati, A. and Casey, Z. (2016)  
355 Designing for turbidity currents in the Congo Canyon. OTC 26919, Offshore Technology  
356 Conference, 2-5 May,
- 357 Corney, R.K.T., Peakall, J., Parsons, D.R., Elliot, L., Amos, K.J., Best, J.L., Keevil, G.M. and  
358 Ingham, D.B. (2006). The orientation of helical flow in curved channels, *Sedimentology*  
359 53, 249-257.
- 360 Corney, R.K.T., Peakall, J., Parsons, D.R., Elliot, L., Best, J.L., Thomas, R.E., Keevil, G.M.,  
361 Ingham, D.B. and Amos, K.J. (2008). Reply to Discussion of Imran et al. on “The  
362 orientation of helical flow in curved channels” by Corney et al., *Sedimentology*, 53,  
363 249–257. *Sedimentology* 55, 241-247.
- 364 Cossu, R. and Wells, M.G. (2010). Coriolis forces influence the secondary circulation of gravity  
365 currents flowing in large-scale sinuous submarine channel systems. *Geophys. Res. Lett.*,  
366 37, L17603, doi:10.1029/2010GL044296.
- 367 Darby, S.E. and Peakall, J. (2012). Modelling the equilibrium bed topography of submarine  
368 meanders that exhibit reversed secondary flows. *Geomorphology* 163-164, 99-109.
- 369 Dorrell, R.M., Darby, S.E., Peakall, J., Sumner, E.J., Parsons, D.R. and Wynn, R.B. (2013).  
370 Superelevation and overspill control secondary flow dynamics in submarine channels, *J.*  
371 *Geoph. Res.* 118.
- 372 Eggenhuisen, J.T. and Mc Caffrey, W.D. (2012). The vertical turbulence structure of  
373 experimental turbidity currents encountering basal obstructions: implications for vertical  
374 suspended sediment distribution in non-equilibrium currents. *Sedimentology* 59, 1101-  
375 1120.
- 376 Ellison, T.H. and Turner, J.S. (1959). Turbulent entrainment in stratified flows. *Journal of Fluid*  
377 *Mechanics* 6(3), 423-448. doi: 10.1017/S0022112059000738
- 378 Ezz, H. and Imran, J. (2014). Curvature-induced secondary flow in submarine channels, *Environ.*  
379 *Fluid Mech.* 14, 343-370.
- 380 Giorgio Serchi, F., Peakall, J., Ingham, D.B. and Burns, A.D. (2011). A unifying computational  
381 fluid dynamics investigation on the river-like to river-reversed secondary circulation in  
382 submarine channel bends. *J. Geoph. Res.*, 116, C06012, doi:10.1029/2010JC006361,  
383 2011.
- 384 Heezen, B.C., Menzies, R.J., Schneider, E.D., Ewing, W.M., Granelli, N.C.L. (1964). Congo  
385 Submarine Canyon. *Am. Ass. Petrol. Geol. Bull.* 48 (7), 1126-1149.
- 386 Huang, H., Imran, J. and Pirmez, C. (2012). The depositional characteristics of turbidity currents  
387 in submarine sinuous channels. *Marine Geology* 329–331, 93–102.
- 388 Imran, J., Islam, M.A., Huang, H., Kassem, A., Dickerson, J., Pirmez, C. and Parker, G. (2007).  
389 Helical flow couplets in submarine gravity underflows. *Geology* 35 (7), 659-662.
- 390 Imran, J., Islam, M.A., Kassem, A. (2008). “The orientation of helical flow in curved channels”  
391 by Corney et al., *Sedimentology*, Vol. 53, pp. 249–257 – discussion. *Sedimentology* 55,  
392 235-239.

- 393 Islam, M.A. and Imran, J. (2008). Experimental modeling of gravity underflow in a sinuous  
394 submerged channel. *J. Geoph. Res.* 113, C07041, doi:10.1029/2007JC004292.
- 395 Janocko, M., Cartigny, M.B.J., Nemeč, W. and Hansen, E.W.M. (2013). Turbidity current  
396 hydraulics and sediment deposition in erodible sinuous channels: Laboratory experiments  
397 and numerical simulations. *Mar. and Petrol. Geol.* 41, 222-249.
- 398 Kassem, A. and Imran, J. (2004). Three-dimensional modeling of density current. II. Flow in  
399 sinuous confined and unconfined channels, *J. Hydraul. Res.* 42 (6), 591-602
- 400 Keevil, G.M., Peakall, J., Best, J.L. and Amos, K.J. (2006). Flow structure in sinuous submarine  
401 channels: velocity and turbulence structure of an experimental submarine channel, *Mar.*  
402 *Geol.* 229, 241-257.
- 403 Khripounoff, A., Vangriesheim, A., Babonneau, N., Crassous, P., Dennielou, B. and Savoye, B.  
404 (2003) Direct observation of intense turbidity current activity in the Zaire submarine  
405 valley at 4000 m water depth. *Mar. Geol.* 194, 151-158.
- 406 Nidzicko, N. J., Hench, J.L. and Monismith, S.G. (2009). Lateral circulation in well-mixed and  
407 stratified estuarine flows with curvature, *J. Phys. Oceanogr.*, 39, 831–851,  
408 doi:10.1175/2008JPO4017.1.
- 409 Normark, W.R. (1970). Growth patterns of deep-sea fans. *Am. Assoc. Petrol. Geol. Bulletin* 54  
410 (11), 2170-2195.
- 411 Parsons, D.R., Peakall, J., Aksu, A.E., Flood, R.D., Hiscott, R.N., Besiktepe, S. and Mouland, D.  
412 (2010). Gravity-driven flow in a submarine channel bend: direct field evidence of helical  
413 flow reversal, *Geology* 38, 1063-1066.
- 414 Peakall, J., McCaffrey, B. and Kneller, B. (2000). A process model for the evolution,  
415 morphology, and architecture of sinuous submarine channels. *J. Sediment. Res.*, 70 (3),  
416 434–448.
- 417 Peakall, J. and Sumner, E.J. (2015). Submarine channel flow processes and deposits: A process-  
418 product perspective. *Geomorphology* 244, 95-120.
- 419 Rozovskii, I.L., 1957. Flow of Water in Bends of Open Channels. Kiev, Academy of Sciences of  
420 the Ukrainian SSR, 233 pp.
- 421 Savoye, B., Babonneau, N., Dennielou, B. and Bez, M. (2009). Geological overview of the  
422 Angola-Congo margin, the Congo deep-sea fan and its submarine valleys, *Deep-Sea Res.*  
423 II 56, 2169-2182.
- 424 Shepard, F.P. (1933) Submarine valleys. *Am. Geograph. Soc.* 23 (1), 77-89.
- 425 Sumner, E.J., Peakall, J., Dorrell, R.M., Parsons, D.R., Darby, S.E., Wynn, R.B., McPhail, S.D.,  
426 Perrett, J., Webb, A. and White, D. (2014). Driven around the bend: Spatial evolution and  
427 controls on the orientation of helical bend flow in a natural submarine gravity current, *J.*  
428 *Geoph. Res. Oceans* 119.
- 429 Talling, P.J., Wynn, R.B., Masson, D.G., Frenz, M., Cronin, B.T., Schiebel, R., Akhmetzhanov,  
430 A.M., Dallmeier-Tiessen, S., Benetti, S., Weaver, P.P.E., Georgiopoulou, A., Zühlendorf,  
431 C. and Amy, L.A. (2007). Onset of submarine debris flow deposition far from original  
432 giant landslide. *Nature* 450, 541-544.



- 433 Talling, P.J., Allin, J., Armitage, D.A., Arnott, R.W.C., Cartigny, M.J.B., Clare, M.A., Felletti, F.,  
434 Covault, J.A., Girardclos, S., Hansen, E., Hill, P.R., Hiscott, R.N., Hogg, A.J., Hughes  
435 Clarke, J., Jobe, Z.R., Malgesini, G.E., Mozzato, A., Naruse, H., Parkinson, S., Peel, F.J.,  
436 Piper, D.J.W., Pope, E., Postma, G., Rowley, P., Sguzzini, A., Stevenson, C.J., Sumner,  
437 E.J., Sylvester, Z., Watts, C. and Xu, J. (2015). Key future directions for research on  
438 turbidity currents and their deposits. *Journal of Sedimentary Research* 85, 153–169. doi:  
439 <http://dx.doi.org/10.2110/jsr.2015.03>
- 440 Thorne, C.R., Zevenbergen, L.W., Pitlick, J.C., Rais, S., Bradley, J.B. and Julien, P.Y. (1985).  
441 Direct measurement of secondary currents in a meandering sand-bed river. *Nature*, 316,  
442 746–747.
- 443 Umlauf, L. and Arneborg, L. (2009). Dynamics of Rotating Shallow Gravity Currents Passing  
444 through a Channel. Part I: Observation of Transverse Structure. *J. Phys. Ocean.* 39, 2385-  
445 2401.
- 446 Vangriesheim, A., Khripounoff, A. and Crassous, P. (2009). Turbidity events observed in situ  
447 along the Congo submarine channel. *Deep-Sea Research II* 56, 2208–2222.
- 448 Wei, T., Peakall, J., Parsons, D.R., Chen, Z. Zhao, B. and Best, J. (2013). Three-dimensional  
449 gravity-current flow within a subaqueous bend: Spatial evolution and force balance  
450 variations. *Sedimentology* 60, 1668–1680.  
451

## Supporting Information

### Methodology

An acoustic Doppler current profiler (ADCP) was anchored on the canyon thalweg at 2,000 m depth (Fig. 1). The ADCP is an instrument that emits simultaneous acoustic beams to calculate water velocities by Doppler shift. Our instrument was orientated towards the seabed, fixed at 85 m above the seabed (Fig. 1), and it directed its acoustic beams 20° with respect to the vertical. It took measurements every 5 seconds from December 2009 to March 2010 within bin sizes of 2 m (Cooper et al., 2013). The ADCP handicap is the loss of measurement quality near the seabed due to the acoustic interference by the seabed. This area, called side lobe interference area (SLIA), covers the first ~5 m above the seabed in this work. We have substituted the velocity measurements in this area by linear extrapolated velocities to zero at seabed level. The maximum velocities have been located in the resulting working dataset. Due to the velocity extrapolation method, flows whose maximum velocities are within the SLIA will show their peak velocity height at the top of this area instead of at the actual height, which is within the unreliable SLIA measured area (Fig. 2 and 3).

Secondary circulation is a balancing flow in a plane perpendicular to the flow direction. Motion towards one side of the plane at certain flow depths is compensated by motion towards the opposite side at the rest of the flow depths. Secondary velocities are the velocity components in this plane, across the depth-averaged flow direction. In our study, the flow depth has been yielded from the integrated system of equations (Ellison and Turner, 1959) that provides flow top distance to the seabed at each time. The seabed has been located by a contrasting high value of echo intensity in a profile of decreasing echo intensity measurements in the water column below the ADCP. The depth-averaged flow direction is calculated from the depth-averages of the North and East components of the velocities given by the ADCP. Secondary velocities towards the outer bend are positive while negative towards the inner bend (Fig. 2b, 2d, 2f and 3).

The calculation of secondary velocity gives values occasionally close to the speed of seawater that has been identified as tidal currents (Fig. 2a, 2c, 2e). Tides strong enough could affect the results of the analysis of secondary circulation. Secondary velocities for the periods when this happens have been removed from the results (Fig. 2b, 2d, 2f).

Depth-profiles of secondary velocities are analysed to identify patterns in the configuration of the secondary circulation. Secondary velocities are calculated for each flow time and arranged by thickness. The average of those values by thickness constitutes the depth-profiles of secondary velocities (Fig. 3a). This process is repeated for each turbidity current and the resultant depth-profiles are averaged into one only profile (Fig. 3b).