
This manuscript has been submitted for publication in Scientific Reports. Please note that, despite having undergone peer-review, the manuscript has yet to be formally accepted for publication. Subsequent versions of the manuscript may have slightly different content. If accepted, the final version of this manuscript will be available via the “Peer-reviewed Publication DOI” link on the EarthArXiv webpage. Please feel free to contact any of the authors; we welcome feedback.

Ventilation of the abyss in the Atlantic sector of the Southern Ocean

Camille Hayatte Akhoudas^{1,*}, Jean-Baptiste Sallée¹, F. Alexander Haumann^{2,3}, Michael P. Meredith³, Alberto Naveira Garabato⁴, Gilles Reverdin¹, Loïc Jullion⁴, Giovanni Aloisi⁵, Marion Benetti⁶, Melanie J. Leng^{7,8}, and Carol Arrowsmith⁷

¹Sorbonne Université, CNRS/IRD/MNHN, Laboratoire d’Océanographie et du Climat - Expérimentations et Approches Numériques, Paris, France

²Atmospheric and Oceanic Sciences Program, Princeton University, Princeton, United States

³British Antarctic Survey, Cambridge, United Kingdom

⁴School of Ocean and Earth Science, National Oceanography Centre, University of Southampton, United Kingdom

⁵Institut de Physique du Globe de Paris, Sorbonne Paris Cité, Université Paris Diderot, UMR 7154 CNRS, Paris, France

⁶Institute of Earth Sciences, University of Iceland, Reykjavik, Iceland

⁷NERC Isotope Geosciences Laboratory, British Geological Survey, Nottingham, United Kingdom

⁸Centre for Environmental Geochemistry, University of Nottingham, United Kingdom

*camille.akhoudas@locean-ipsl.upmc.fr

ABSTRACT

The Atlantic sector of the Southern Ocean is the world’s main production site of Antarctic Bottom Water, a water-mass that is ventilated at the ocean surface before sinking and entraining older water-masses – ultimately replenishing the abyssal global ocean. In recent decades, numerous attempts at estimating the rates of ventilation and overturning of Antarctic Bottom Water in this region have led to a strikingly broad range of results, with water transport-based calculations (8.4-9.7 Sv) yielding larger rates than tracer-based estimates (3.7-4.9 Sv). Here, we reconcile these conflicting views by integrating transport- and tracer-based estimates within a common analytical framework, in which bottom water formation processes are explicitly quantified. We show that the layer of Antarctic Bottom Water denser than $28.35 \text{ kg m}^{-3} \gamma_n$ is exported northward at a rate of $8.7 \pm 0.9 \text{ Sv}$, composed of $4.8 \pm 1.3 \text{ Sv}$ of well-ventilated Dense Shelf Water, and $3.9 \pm 1.1 \text{ Sv}$ of old Circumpolar Deep Water entrained into cascading plumes. The majority, but not all, of the Dense Shelf Water ($3.5 \pm 2.7 \text{ Sv}$) is generated on the continental shelves of the Weddell Sea. Only 55% of AABW exported from the region are well ventilated thus participating to heat and carbon uptake in the deep ocean, and in the Weddell sector, entrainment of older waters occurs at a ratio of 2.1 ± 0.8 . Our findings unify traditionally contrasting views of Antarctic Bottom Water production in the Atlantic sector, and define a baseline, process-discerning target for its realistic representation in climate models.

20 Introduction

21 The large-scale ocean overturning circulation distributes climatically-important tracers such as heat, freshwater and carbon
22 around the globe¹. This global circulation plays an essential role in the planetary climate system. The rate at which water is
23 cycled through the abyssal ocean sets the timescale for interactions between the deep ocean and the atmosphere². The world's
24 densest water-mass, Antarctic Bottom Water (AABW), sinks to the abyssal ocean near the Antarctic continental margins³; its
25 production rate is therefore a key climate variable. AABW production has global impacts on climate on time-scales ranging
26 from decades to millennia, including consequences for sea-level rise⁴, ocean heat content⁵, and large-scale circulation systems
27 such as the Antarctic Circumpolar Current and the Atlantic Meridional Overturning Circulation⁶⁻⁸.

28 In spite of its global climatic relevance, quantification of the rate and underpinning processes of AABW production remain
29 elusive. The largest AABW production site is the Weddell Sea sector of the Southern Ocean, estimated to contribute at least 50%
30 to the total AABW formation⁹. This sector represents one of the most intensively-studied AABW production sites. Estimates of
31 AABW production rates here have been attempted using widely-different methods based on observations of current velocity,
32 hydrography, passive tracers, or isotopes of various chemical elements¹⁰⁻²⁶. However, the estimates from this thread of studies
33 remain inconsistent. In this paper, we use a combination of tools from physical and geochemical oceanography to revisit
34 observations spanning over more than 40 years, and quantitatively disentangle the key processes in AABW production. We
35 show that past estimates can be reconciled when robust understanding of how they relate to AABW production is obtained.

36 AABW formation around the Antarctic continent can be conceptualized as a two-step process. First, interactions between
37 the atmosphere, ocean and cryosphere lead to the formation of extremely cold and relatively well-oxygenated Dense Shelf
38 Water (DSW) on the continental shelves. Second, DSW sinks down the continental slope, entraining warmer Circumpolar
39 Deep Water (CDW), to ultimately form AABW^{3,11,27}. While these two mechanisms effectively contribute to the formation of
40 AABW, only the first one actively ventilates the abyssal ocean, with changes in the rates of the two mechanisms dependent on
41 different forcings³. Furthermore, ventilation rate of AABW formation is the critical term that needs to be known to understand
42 the exchange rate of carbon-dioxide between the atmosphere and the abyssal ocean. Nevertheless, this complex coastal AABW
43 formation is difficult to represent in global climate models that instead mainly create AABW through a third mechanism;
44 open-ocean deep convection where well-ventilated near surface waters such as Winter Water (WW) sink under strong forcing
45 conditions to create AABW by cooling.

46 Local studies using oceanographic data (i.e. geostrophic velocities, CTD profiles, and tracers such as $\delta^{18}\text{O}$ and noble gases)
47 have estimated the production rate of DSW cascading off the shelf at different locations along the Antarctic shelf break. The
48 main locations of DSW feeding the deep Weddell basin are the eastern²⁸ (i.e. Filchner Depression) and western sides^{11,17} of the
49 southern continental shelf, as well as the western continental shelf¹⁴. At this latter site, cascading waters are either produced
50 locally near Larsen Ice Shelf^{15,17,19,29,30}, or originate from the southern shelves but cascade along the western shelves¹⁴. One
51 of the best-monitored shelf break sites is the Filchner Depression, where the production of DSW has been estimated as $1.6 \pm$
52 0.5 Sv ²⁸. However, inferring a basin-scale flux of DSW ventilating the deep Weddell Sea from the above studies is problematic,
53 because cascades of DSW can occur in plumes flowing in narrow canyons²⁸, not all of which are well known or characterised;
54 and large parts of the shelf break are difficult to access and monitor due to persistent sea-ice coverage. Furthermore, such
55 estimates do not provide a quantification of the CDW that is entrained to produce AABW.

56 Alternatively, basin-scale AABW production rates in the Weddell Sea have been estimated using two main approaches:
57 first, using the distribution of passive tracers from which ventilation rates can be inferred, and (with assumptions) can be
58 converted into bottom water production rates^{3,31} (Supplementary Note 1); second, through mass balance analyses across the
59 entire region^{24–26}. While studies using the former approach tend to agree on a Weddell Sea bottom water production rate of
60 3.7–4.9 Sv^{3,31}, studies based on the second approach tend to cluster around a rate approximately twice as large, of 8.4–9.7
61 Sv^{24–26}. Here we explore the causes of this disagreement by estimating the AABW production rate using a mass balance of
62 the southwestern Weddell Sea, in which we use the oxygen isotope composition ($\delta^{18}\text{O}$) of seawater as a tracer that delineates
63 well-ventilated DSW and old CDW, to disentangle their respective contributions to AABW production rate.

64 In this study, we compiled an observational dataset of oxygen isotope composition of seawater ($\delta^{18}\text{O}$, see Methods section).
65 We commence by qualitatively describing the water-mass transformations in the Weddell gyre and the paths currently followed
66 by the densest waters identified on property maps. Then, we decompose AABW into proportions of its original water-mass
67 constituents prior to mixing (referred to as "source" water-masses). Using velocity field estimates obtained from an inversion
68 study of the region²⁶, we obtain the net 2008–2010 mean transport of "source" DSW and CDW into and out of the gyre domain.
69 Finally, by quantifying the volumes of the newly-formed DSW and of the CDW entrained downslope, we assess the proportion
70 of AABW formed in the Weddell gyre and the role played by mixing of water-masses near the Antarctic continental margins.

71 Results

72 AABW is defined as the water-mass denser than a neutral density (γ_n) of 28.27 kg m^{-3} ,^{3,26,32–34}. It is further decomposed into
73 Weddell Sea Deep Water ($28.27 \text{ kg m}^{-3} < \gamma_n < 28.40 \text{ kg m}^{-3}$; WSDW) and a denser variety, Weddell Sea Bottom Water (γ_n
74 $\geq 28.40 \text{ kg m}^{-3}$; WSBW^{28,35}). WSBW is too dense to flow northward over the ridge system that separates the Weddell gyre
75 from the mid-latitude Atlantic Ocean (the South Scotia Ridge; $\sim 60^\circ\text{S}$ – 30°W). Accordingly, it either escapes the Weddell gyre
76 northward on the eastern side of the South Sandwich Islands ($\sim 36^\circ\text{W}$) or remains within the gyre until it mixes into lighter
77 density classes and becomes WSDW^{11,28,35} (Fig. 1A).

78 In the southwestern Weddell Sea which is the focus of this study, the circulation of the gyre corresponds to a preferential
79 conversion of CDW and light WSDW ($28.27 \text{ kg m}^{-3} < \gamma_n < 28.35 \text{ kg m}^{-3}$) and a production of dense WSDW (28.35 kg m^{-3}
80 $\leq \gamma_n < 28.4 \text{ kg m}^{-3}$) and WSBW^{25,26}. We therefore focus here on the dense WSDW and on the WSBW (bottom water with
81 $\gamma_n \geq 28.35 \text{ kg m}^{-3}$) that locally source AABW, and aim at decomposing this bottom water into an admixtures of "source"
82 water-masses to investigate its origin. In contrast to a water-mass that is defined as a loose range of characteristics in Θ – S_A
83 (conservative temperature and absolute salinity) or γ_n spaces, a "source" water-mass is defined as having specific characteristics,
84 representing the properties of the newly-formed water-mass prior to mixing.

85 We define "source" CDW, using the mean and standard deviation of the observed water-mass characteristics between
86 28 – 28.27 kg m^{-3} γ_n and with positive $\delta^{18}\text{O}$ values: $\Theta = 0.78 \pm 0.6^\circ \text{C}$, $S_A = 34.85 \pm 0.04 \text{ g kg}^{-1}$, $\delta^{18}\text{O} = +0.04 \pm 0.03\text{‰}$ (see
87 Methods section). Indeed, CDW entering the Weddell sector (i.e. before it mixes in the Weddell gyre) is an old, poorly-ventilated
88 water-mass, which is clearly distinguished from lower- $\delta^{18}\text{O}$ waters associated with high-latitude ventilation processes. In
89 contrast, DSW is associated with very low $\delta^{18}\text{O}$ partly resulting from ocean–ice shelf interactions^{28,35,36}. The "source" DSW
90 is defined as: $\Theta = -1.99 \pm 0.08^\circ \text{C}$, $S_A = 34.79 \pm 0.06$, $\delta^{18}\text{O} = -0.51 \pm 0.08\text{‰}$ (see Methods section). Over the Filchner
91 continental shelf, this cold DSW is formed as an admixture of High Salinity Shelf Water (HSSW), glacial meltwater, WW and

92 CDW³⁶. CDW feeds the formation of WW and HSSW: both are produced as a result of winter convection under sea-ice but
93 HSSW is associated with local regions of intense brine rejection (e.g. coastal polynyas); HSSW is dense enough to enter the
94 ice-shelf cavities and becomes slightly fresher and cooler as a result of its interaction with the basal ice. We acknowledge that
95 this definition of DSW emphasizes the characteristics of DSW outflowing the Filchner Depression, while other types of DSW
96 cascading elsewhere could have other properties because, for instance, of less or no interaction with ice shelves^{11,27}. However,
97 the relatively broad error bars chosen in our definition of DSW allow representation of different types of DSW, including those
98 cascading on the western continental shelves. This assumption appears reasonable from the limited Θ - S_A observations obtained
99 on the continental slope directly downstream of the Larsen continental shelf, which suggests that their characteristics are slightly
100 warmer in the Larsen region³⁷ but within the standard deviation of DSW found in the Filchner Depression (Supplementary Note
101 2).

102 On Θ - S_A and $\delta^{18}\text{O}$ - S_A diagrams of the historical profiles of the region, WSDW and WSBW appear clearly on a straight
103 and well-defined line bounded by CDW and DSW characteristics (Fig. 2). This is consistent with the prevalent view that they
104 are formed from DSW cascading off the continental shelves and mixing with CDW by entrainment. This alignment in both
105 parameter spaces supports our definition of "source" water-masses, including the definition adopted for DSW. The Θ - S_A and
106 $\delta^{18}\text{O}$ - S_A diagrams suggest that lighter water-masses mix with a third "source" water-mass, WW, defined as: $\Theta = -1.81 \pm 0.1^\circ$
107 C , $S_A = 34.53 \pm 0.08 \text{ g kg}^{-1}$, $\delta^{18}\text{O} = -0.35 \pm 0.07\text{‰}$ using mean and standard deviation of the characteristics observed at the
108 temperature minimum in subsurface on the southern Weddell Sea continental shelf (see Methods section).

109 Spatial mapping of the $\delta^{18}\text{O}$ characteristics of bottom water is useful in understanding how they are influenced by low- $\delta^{18}\text{O}$
110 DSW formed on continental shelves. For each profile of the historical dataset, we compute the $\delta^{18}\text{O}$ interpolated linearly onto
111 the $28.37 \text{ kg m}^{-3} \gamma_n$ surface (Fig. 3A). On the continental shelf in the Filchner Depression (75 - 78°S), the $28.37 \text{ kg m}^{-3} \gamma_n$
112 surface is associated with very depleted $\delta^{18}\text{O}$ values, as a result of the influence of glacial meltwater in this region³⁶. As
113 this water-mass flows out along the continental slope following the clockwise circulation of the gyre, it quickly loses its $\delta^{18}\text{O}$
114 signature (Fig. 3A), consistent with rapid mixing with overlying $\delta^{18}\text{O}$ -enriched water. On the northern side of the gyre, the
115 $\delta^{18}\text{O}$ characteristics of $28.37 \text{ kg m}^{-3} \gamma_n$ surface stabilize around -0.2‰ , suggesting that mixing is less intense away from
116 the continental margins (Fig. 3B). We note that this gyre-scale structure does not stem from sampling over a large temporal
117 range (1973 to 2017), as interannual variability within each water-mass in Θ - S_A and $\delta^{18}\text{O}$ - S_A spaces is much smaller than this
118 observed spatial variability (Supplementary Note 3). Away from the continental shelf, the $28.37 \text{ kg m}^{-3} \gamma_n$ surface is only
119 present in the deepest part of the gyre, corroborating the trapping of dense WSDW and WSBW within the gyre. Superimposed
120 on this gyre-scale signal, we also observe local variability. There are a variety of different processes responsible for this,
121 including distinct source waters cascading downslope, differing local mixing, and temporal variations in sampling.

122 We now use the $\delta^{18}\text{O}$ observations in combination with other tracers to quantify the mixed fraction of different "source"
123 water-masses composing each water-parcel on the $28.37 \text{ kg m}^{-3} \gamma_n$ surface (Methods section; Eq. 1). We decompose
124 water-parcels into a mixture of CDW, DSW, and WW. We note that linear combination of only these three endmembers can
125 explain most of the conservative temperature-absolute salinity characteristics of the Weddell gyre (Supplementary Note 4).
126 Errors on the fractions are computed as standard deviation of 1000 Monte-Carlo experiments, in which we repeat the same
127 decomposition, but adding a random perturbation to the definition of each "source" water-mass characteristics within a range of
128 their defined error bars (see Methods section). A general south-to-north increase in the CDW fraction is assessed on the 28.37

129 $\text{kg m}^{-3} \gamma_n$ surface (Fig. 3C), consistent with the previously-discussed increase in $\delta^{18}\text{O}$. The fraction of CDW increases rapidly
130 along the continental slope from the southern Filchner Depression to the northern tip of the Antarctic Peninsula and stabilizes
131 away from the continental margins. The increase is substantial, from 0% to 60% in the gyre interior away from the continental
132 margins (Fig. 3D). Even away from the neutral density boundary of the CDW (i.e. $28 \text{ kg m}^{-3} < \gamma_n \leq 28.27 \text{ kg m}^{-3}$), the 28.37
133 $\text{kg m}^{-3} \gamma_n$ surface still contains about 60% of CDW away from the continental slope, implying intense mixing activity near the
134 slope.

135 The vertical structure of the admixture can be further examined by showing the fractions of "source" water-masses in
136 discrete γ_n layers, averaged for different sectors of the gyre: the continental slope sector (Fig. 4A; corresponding to mean
137 fractions of stations shown as green dots in Fig. 1B); the gyre side of A23 section (Fig. 4B; corresponding to mean fractions of
138 stations shown as gray dots in Fig. 1B); and the Scotia Sea side of A23 section (Fig. 4C; corresponding to mean fractions of
139 stations shown as orange dots in Fig. 1B). Clearly, on the continental slope, the bottom water ($\geq 28.35 \text{ kg m}^{-3} \gamma_n$) is mostly
140 composed of DSW, with more than 90% of DSW for layers denser than $28.5 \text{ kg m}^{-3} \gamma_n$ (Fig. 4A). In contrast, layers lighter than
141 $28.35 \text{ kg m}^{-3} \gamma_n$ are strongly dominated by a CDW signature, with proportions around 65% (Fig. 4A). Comparing this "source"
142 water fraction distribution with its counterpart on the northern side of the gyre (Fig. 4B, C) clearly indicates that CDW and
143 DSW have actively mixed in the bottom water layers ($\geq 28.35 \text{ kg m}^{-3} \gamma_n$), echoing our interpretation of Fig. 3. Interannual
144 variability of endmember water-mass characteristics is mostly confined within the error bars of our endmember definitions
145 (Supplementary Note 3), which ensures that our results are not a reflection of temporal variability but indeed manifest a robust
146 gyre-scale structure.

147 In addition, a quantitative examination of the A23 transect reveals large differences between the southern and northern
148 sides of the section for a given neutral density class. The southern side of A23 is inside the Weddell gyre; at this location, and
149 consistent with our preceding analysis, bottom water at $28.35\text{--}28.4 \text{ kg m}^{-3} \gamma_n$ is composed of nearly equal proportions of DSW
150 and CDW. Conversely, on the northern side of A23 in the Scotia Sea, the $28.35 \text{ kg m}^{-3} \gamma_n$ density level is marginally more
151 dominated by the CDW contribution (Fig. 4C). The additional CDW in the bottom water of the Scotia Sea suggests that the flow
152 over relatively shallow passages of the South Scotia Ridge^{24,38} (e.g. Orkney Passage) has generated significant mixing³⁹.

153 The A23 section indicates that some DSW escapes the Weddell gyre as part of the northward export of bottom water.
154 One can quantify the net DSW export away from the gyre. Jullion et al.²⁶ estimated the net water-mass transport across the
155 ANDREX/I6S section, shown as red dots in Fig. 1B, by adjusting geostrophic velocities across the section with an inverse
156 model. Here we use these estimates of adjusted geostrophic velocities to estimate the net DSW and CDW transports across the
157 ANDREX/I6S section. Fractions of CDW and DSW along the section are shown in Fig. 5A and Fig. 5B respectively. We note
158 that our estimates of fractions of "source" water-masses are unreliable near the surface (shallower than approximately 200 m
159 depth), because any meteoric inputs and surface freshwater fluxes (e.g. precipitation/evaporation, glacial meltwater and/or local
160 sea-ice melting/freezing) in addition to those occurring on the continental shelves (which are inherently included in the DSW
161 definition) are not accounted for in this layer in Eq. 1. We thus focus our analysis in the deep layers (typically denser than 28 kg
162 $\text{m}^{-3} \gamma_n$), where our approach is most reliable.

163 The highest percentage of CDW is found between 300 and 1200 dbar (Fig. 5A), with a maximum in the northeastern corner
164 of the Weddell gyre where the Antarctic Circumpolar Current crosses the ANDREX/I6S section twice as shown by the dipping
165 and heaving of the isopycnal surfaces (Fig. 1A; Fig. 5A-B). As expected, the highest percentage of DSW is found in the bottom

166 layers (Fig. 5B), where it makes a contribution to the volume of AABW approximately equal to that of CDW. Based on this
167 decomposition and collocated Jullion et al.²⁶'s adjusted geostrophic velocities, the net transport of each "source" water-mass
168 can be derived (Fig. 5C). The transport across the section reflects the two-celled overturning structure, with density layers
169 between 28–28.35 kg m⁻³ γ_n flowing southward and feeding a denser (28.35 kg m⁻³ γ_n to the seafloor) northward return
170 flow. The conversion between density ranges occurs both on the continental shelves as part of the production of DSW, and by
171 diapycnal downwelling and downslope convection around the Weddell Sea's southwestern rim^{25,26}. We define the inter-cell
172 density boundary as the density where the cumulative transport integrated from the seafloor crosses zero, located at 28.15 kg
173 m⁻³ γ_n ²⁵ (Fig. 5C). Using the decomposition into "source" water-masses, we estimate the transport of DSW and CDW within
174 the lower cell, which is fed by a southward flow in the density range 28.15–28.35 kg m⁻³ γ_n , comprising an admixture of $7.2 \pm$
175 2 Sv of CDW and 1.2 ± 2.3 Sv of DSW. This is converted into denser bottom water outflowing northward as an admixture of
176 3.9 ± 1.1 Sv of CDW and 4.8 ± 1.3 Sv of DSW. The Weddell Sea-sourced AABW ($\gamma_n > 28.35$ kg m⁻³,^{25,26}), thus results
177 from the conversion by continental shelf processes of 3.5 ± 2.7 Sv of CDW into DSW ventilating the deep ocean, and the
178 entrainment of 3.9 ± 1.1 Sv of CDW mixing diapycnally into the dense plume cascading down the southwestern continental
179 slopes. One notes that WW does not contribute to Weddell Sea-sourced AABW showing that open-ocean deep convection
180 might not be a suitable process for present day AABW formation in this region.

181 Discussion

182 The complex processes governing the AABW formation in the Weddell basin have been quantified using $\delta^{18}\text{O}$ of seawater on
183 the southern continental shelf, along with hydrographic transects at the northern edge of the gyre. We have disentangled the
184 rate of production of DSW and the admixture of CDW by entrainment, which ultimately replenish the AABW exported to the
185 world's oceans.

186 At the gyre scale, the $\delta^{18}\text{O}$ distribution of water-masses on the 28.37 kg m⁻³ γ_n surface provides insight into the ventilation
187 of bottom water and its spreading patterns. Water-masses ventilated on the Antarctic continental shelves tend to have low $\delta^{18}\text{O}$
188 associated with meteoric water input (glacial meltwater and precipitation), in contrast with the higher $\delta^{18}\text{O}$ of the CDW³⁶. The
189 spatial distribution of $\delta^{18}\text{O}$ on the 28.37 kg m⁻³ γ_n surface reflects the influx of low- $\delta^{18}\text{O}$ ventilated waters on the continental
190 slope, quickly losing their signature as they mix with ambient overlying CDW along their pathway in the cyclonic Weddell gyre.
191 Their characteristics stabilize on the northern side of the gyre, away from the continental slope. Consistent with this, we find
192 that the 8.7 ± 0.9 Sv of AABW denser than 28.37 kg m⁻³ γ_n that is exported northward from the Weddell Sea in 2008-2010^{25,26}
193 is composed of 4.8 ± 1.3 Sv of DSW, of which 3.5 ± 2.7 Sv is newly formed in the domain of the southwestern continental
194 shelves, and 3.9 ± 1.1 Sv of CDW that mixes diapycnally into the dense plume.

195 We provide an important advance in understanding of AABW production rates in the Weddell Sea. By combining a mass
196 balance approach with a ventilation tracer approach in a single framework, we resolve a conundrum that has remained in
197 previous studies: 8.7 ± 0.9 Sv of AABW denser than 28.35 kg m⁻³ γ_n is fully consistent with estimates of 4-5 Sv obtained from
198 ventilation tracer studies^{3,31}, as those estimates excluded or underestimated entrainment (Supplementary Note 1). Further,
199 we estimate that 3.5 ± 2.7 Sv is formed on the Weddell Sea continental shelves, which accords well with previous local
200 estimates on the continental sill and slope. While these estimates are necessarily local, we can extract an overall estimate on a
201 basin-wide scale: about 1.6 ± 0.5 Sv of waters below the freezing point have been estimated to outflow from the Filchner

202 Depression^{28,40}; there is some evidence that the two sources of DSW from the Filchner Depression and the western side of the
203 southern continental shelf are roughly equivalent¹⁷; the relative contribution of DSW production from the Larsen Ice Shelf has
204 been estimated to be about a quarter of that from the Filchner Depression, i.e. $\sim 0.4 \text{ Sv}$ ³⁰. A compilation of these studies would
205 therefore produce a net Weddell production of DSW in the range of $O(3\text{-}4 \text{ Sv})$, again, very much in line with our estimate of 3.5
206 $\pm 2.7 \text{ Sv}$.

207 Once DSW cascades the continental slope, it entrains above-lying CDW, which contributes to further AABW formation. A
208 large body of theoretical work describes potential mixing mechanisms associated with dense plume overflow. Plumes of DSW
209 cascading downslope can attain high speed, with regime transition from supercritical to subcritical speed regimes associated
210 with abrupt changes of the bottom topography and resulting in strong mixing due to hydraulic jumps^{28,41}. Other mechanisms
211 can enhance entrainment, including the development of Kelvin-Helmholtz instabilities or roll-like waves, which break and cause
212 vertical mixing, or the development of eddies through barotropic or baroclinic instabilities, in which mixing may occur primarily
213 through lateral stirring processes^{42,43}. Taken together, these entrainment mechanisms have been assessed empirically both
214 in models and from observations over the Weddell Sea continental slope and found to potentially increase the initial volume
215 flux of DSW by a factor of 2 to 3^{28,41,44,45}. Here, we provide an observation-based estimate at a basin scale that the volume
216 flux of DSW formed locally on the continental shelves ($3.5 \pm 2.7 \text{ Sv}$) increases by a factor 2.1 ± 0.8 after the entrainment
217 process occurs on the slope. Assuming that this factor to be largely independent of the DSW production rate, any change in the
218 production rate of DSW on the continental shelves that could occur as a result of climatic change in sea-ice production, or
219 change in ocean-ice shelf interactions, would therefore be doubled at depth in terms of AABW production rate. This hypothesis
220 is important to consider in the context of climate change as high-latitude Southern Ocean changes at the surface could have
221 disproportionately strong effects on the global overturning circulation.

222 The continental slope between the 600 and 3000 m isobaths, from the Filchner Depression to the tip of the Antarctic
223 Peninsula, covers an area of about $240 \times 10^3 \text{ km}^2$. Assuming that all the entrainment of CDW occurs uniformly over the
224 southwestern continental slope, which appears qualitatively consistent with the basin-scale regional distribution of $\delta^{18}\text{O}$ (Fig.
225 3A), we infer that our estimated CDW entrainment would be associated with an averaged diapycnal velocity on the order of
226 $\sim 139 \pm 39 \text{ cm day}^{-1}$ across the $28.35 \text{ kg m}^{-3} \gamma_n$ layer, which translates into a mean diapycnal diffusion of $\sim 1.4 \pm 0.4 \times 10^{-3}$
227 $\text{m}^2 \text{ s}^{-1}$, considering the average neutral density gradient and curvature over the slope (Supplementary Note 5). Whilst there
228 are large uncertainties associated with this calculation, we consider it as indicative that very high levels of diapycnal mixing
229 (two orders of magnitude larger than typical background diapycnal mixing rates in the ocean⁴⁶) extend over the southwestern
230 continental slope of the Weddell basin and are associated with the production of Weddell-sourced AABW.

231 Our analysis demonstrates that the ventilation of the abyss in the Atlantic sector of the Southern Ocean occurs at approximately
232 half the rate of AABW production rate, with the other half of AABW being old CDW entrained on the slope. These are important
233 results in the context of furthering our understanding of heat and carbon uptake and storage in the Southern Ocean⁴⁷, as well as
234 observed contemporary changes of temperature, salinity, thickness, and oxygenation of AABW^{4,5,32,48}. Present climate models
235 vary widely in their ability to represent bottom water properties⁴⁹⁻⁵¹ because of important flaws in their representation of bottom
236 water formation processes^{50,52}. Because of its importance for ocean-ice shelf interaction, as well as heat and carbon storage⁴⁷,
237 the inadequate representation of the high latitude Southern Ocean in climate models represents an important limitation in our
238 understanding and prediction of future climate. Our observations and physical interpretation provide a target for future model

239 improvements.

240 **Materials and Methods**

241 **Data**

242 The core dataset of this analysis consists of observations from several oceanographic surveys in the Weddell gyre region
243 (Fig. 1B) between 1973 and 2017 that sampled seawater for oxygen isotope analysis among others hydrographic parameters
244 (Table 1). The corresponding streamwise distance from the Filchner Depression to the northeastern corner of the gyre for all
245 observations is shown in Fig. 1C. The ANDREXs and I6S sections are merged into one transect extending from the tip of the
246 Antarctic Peninsula to the Antarctic coast at 30°E and referred as the ANDREX/I6S section. The set of variables measured
247 along these transects includes physical hydrographic properties (temperature, salinity, and pressure) and $\delta^{18}\text{O}$ (as a freshwater
248 tracer) as well as dissolved oxygen. This requires assembling datasets based on measurements made by different groups using
249 varying analytic approaches, and from different years. This is achieved by adjusting the datasets after inter-laboratory and
250 inter-cruise comparison (see Supplementary Note 6 for a description of the adjustments applied). In addition, the analysis
251 includes geostrophic velocity retrievals for the ANDREX/I6S section²⁶.

252 **Mass balance calculation**

253 To quantify the different water-mass sources that compose the deep and bottom layers of the Weddell gyre, we solve the following
254 three-components mass balance:

$$\left\{ \begin{array}{l} 1 = f_{DSW} + f_{CDW} + f_{WW} \\ S_A^{obs} = f_{DSW} \cdot S_A^{DSW} + f_{CDW} \cdot S_A^{CDW} + f_{WW} \cdot S_A^{WW} \\ \delta^{18}\text{O}^{obs} = f_{DSW} \cdot \delta^{18}\text{O}^{DSW} + f_{CDW} \cdot \delta^{18}\text{O}^{CDW} + f_{WW} \cdot \delta^{18}\text{O}^{WW} \end{array} \right. \quad (1)$$

255 The choice of steady mean values for "source" endmembers is important in obtaining realistic percentage fraction to a water
256 sample. We consider DSW to be an admixture of High Salinity Shelf Water, Ice Shelf Water, Winter Water and Warm Deep
257 Water formed on the continental shelf. The composition of DSW is determined based on the 2017 WAPITI cruise data³⁶, which
258 represents the variety of DSW formed in the Filchner Depression. The properties of this water-mass are thus 34.79 g kg⁻¹ for
259 absolute salinity and -0.51‰ for $\delta^{18}\text{O}$. For CDW, we have chosen its physical properties based on the ANDREX/I6S section
260 with neutral density values of 28 kg m⁻³ and 28.27 kg m⁻³ selected as the CDW upper and lower boundaries. In addition, we
261 limit the CDW domain to $\delta^{18}\text{O} \geq 0\text{‰}$ in order to define a CDW layer characterized by the highest $\delta^{18}\text{O}$ values, rising to a
262 maximum in excess of 0‰⁵³. The WW characteristics are based on the WAPITI observations and are defined as the mean
263 and standard deviation of properties found in the temperature minimum layer below the mixed-layer depth on the southern
264 Weddell Sea continental shelf. For CDW and WW, we retain the mean values of 34.85 ± 0.04 g kg⁻¹ and 34.53 ± 0.08 g
265 kg⁻¹, respectively, for absolute salinity, and $0.04 \pm 0.04\text{‰}$ and $-0.35 \pm 0.07\text{‰}$, respectively, for $\delta^{18}\text{O}$. These values represent
266 local varieties of CDW that enter and form in the gyre, and of WW that forms in the southern Weddell Sea. Both of these
267 "source" water-masses are entrained along the continental slope to form the Weddell-sourced AABW. Nonetheless, they are not
268 representative of "source" CDW found further north in the Antarctic Circumpolar Current or "source" WW formed during the

269 previous winter preceding the cruise (WW observed during summer cruises has probably been transformed by vertical mixing
 270 since its formation during the previous winter). Oxygen isotope observations cover the Weddell Sea continental shelf and close
 271 a section coast to coast (i.e. ANDREX/I6S section) allowing to use it alongside a mass balance calculation.

272 Trying to decompose water-parcels characteristics into source constituents using Eq. 1 can pose a number of issues, which
 273 we investigate. First, choosing fixed source water characteristics to decompose observed water-parcels spanning more than 40
 274 years might be inappropriate if source waters have large temporal variability in their characteristics. We analyze this source
 275 of error in Supplementary Note 3 and show that the interannual variability of source endmembers is confined within our
 276 defined error bars for each source endmember. Second, linear combination of only three endmembers might not be able to
 277 explain the full complexity of the Weddell Sea water-masses. We investigate this in Supplementary Note 4 and show that the
 278 careful (physically-based) choice of the three endmembers allows to explain about 96% of the Weddell Sea sector water-mass
 279 volume, the only water-mass not well-represented being in the surface layer, which is not relevant for our study. Third, errors
 280 can originate in propagation of uncertainties of the source endmembers definition, and also intrinsic errors associated with
 281 the choice of resolving the question of source constituents using Eq. 1. We investigate the former source of error using a
 282 Monte-Carlo experiment where we repeat the resolution of Eq. 1 1000 times, but slightly modify the source endmembers
 283 definition (within their defined error bars). From these 1000 realisations, we use the 80% probability range (10-90% percentile
 284 range) as error bars for our estimated fractions. The intrinsic source of error due to the choice of the system of equation itself is
 285 harder to estimate, but we attack it by predicting temperature and dissolved oxygen that the decomposition from Eq. 1 suggests
 286 it should be, and then compare this prediction with the observed value (Supplementary Note 7). We show that both temperature
 287 and dissolved oxygen can be accurately predicted by the decomposition in waters denser than 28 kg m^{-3} γ_n , within $\sim 10\%$ of
 288 their respective observed range, which overall provide great confidence in the decomposition provided by Eq. 1.

289 Transport of "source" water masses

Net transport, T , of a "source" water-mass across the ANDREX/I6S section is computed as follow:

$$T(\gamma_n) = \sum_k^n \sum_j^m C[f_{k,j}, \dots, u_{k,j}, \dots], \quad (2)$$

290 where $C = f_{k,j} \times u_{k,j} \times \mathcal{A}_{k,j}$; $k=1, \dots, n$ and $j=1, \dots, m$ are respectively the number of vertical levels and the number of stations
 291 at the neutral density γ_n ; $\mathcal{A}_{k,j}$ is the area defined by vertical spacing and station spacing; $f_{k,j}$ is the fraction of the "source"
 292 water-mass estimated at station j , level k ; and $u_{k,j}$ is the corresponding adjusted geostrophic velocity from Jullion et al.²⁶

293 Errors on the transport are propagated from error on $u_{k,j}$; $\epsilon_{u_{k,j}}$, and error on $f_{k,j}$; $\epsilon_{f_{k,j}}$. While $\epsilon_{u_{k,j}}$ is obtained as an output of
 294 Jullion et al.²⁶ inverse model solution, $\epsilon_{f_{k,j}}$ is computed as the 80% confidence range of a Monte-Carlo experiment, namely the
 295 90th percentile minus the 10th percentile of 1000 solutions of the same mass balance calculation (Eq. 1), to which we added
 296 random noise to the "source" water-mass characteristics, within their standard deviation limits (defined in the main text).

297 Error propagation to estimate errors on the transport is done in two different ways: first, from the 80% confidence range of a
 298 Monte-Carlo experiment repeating 1000 times of the transport calculation (Eq. 2), to which we added random noise to the
 299 fraction and velocity, within their error limits ($\epsilon_{u_{k,j}}$ and $\epsilon_{f_{k,j}}$); second, from error propagation theory (Supplementary Note 8).
 300 Errors displayed in Fig. 5C are from the Monte-Carlo propagation which produce larger errors than mathematic propagation
 301 theory.

References

1. Broecker, W. S. *et al.* The great ocean conveyor. *Oceanography* **4**, 79–89 (1991).
2. Stommel, H. The abyssal circulation. *Deep. Res.* **5**, 80–82 (1958).
3. Orsi, A., Johnson, G. & Bullister, J. Circulation, mixing, and production of Antarctic Bottom Water. *Prog. Oceanogr.* **43**, 55–109 (1999).
4. Purkey, S. G. & Johnson, G. C. Antarctic Bottom Water warming and freshening: Contributions to sea level rise, ocean freshwater budgets, and global heat gain. *J. Clim.* **26**, 6105–6122 (2013).
5. Desbruyères, D. G., Purkey, S. G., McDonagh, E. L., Johnson, G. C. & King, B. A. Deep and abyssal ocean warming from 35 years of repeat hydrography. *Geophys. Res. Lett.* **43**, 10–356 (2016).
6. Patara, L. & Böning, C. W. Abyssal ocean warming around Antarctica strengthens the Atlantic overturning circulation. *Geophys. Res. Lett.* **41**, 3972–3978 (2014).
7. Stewart, A. L. & Hogg, A. M. Reshaping the Antarctic Circumpolar Current via Antarctic Bottom Water Export. *J. Phys. Oceanogr.* **47**, 2577–2601 (2017).
8. Swingedouw, D., Fichefet, T., Goosse, H. & Loutre, M.-F. Impact of transient freshwater releases in the Southern Ocean on the AMOC and climate. *Clim. dynamics* **33**, 365–381 (2009).
9. Meredith, M. P. Oceanography: Replenishing the abyss. *Nat. Geosci.* **6**, 166 (2013).
10. Carmack, E. C. & Foster, T. D. Circulation and distribution of oceanographic properties near the Filchner Ice Shelf. *Deep. Sea Res. Oceanogr. Abstr.* **22**, 77–90 (1975).
11. Foster, T. D. & Carmack, E. C. Frontal zone mixing and Antarctic Bottom Water formation in the southern Weddell Sea. *Deep. Sea Res. Oceanogr. Abstr.* **23**, 301–317 (1976).
12. Weiss, R., Östlund, H. & Craig, H. Geochemical studies of the Weddell Sea. *Deep. Sea Res. Part A. Oceanogr. Res. Pap.* **26**, 1093–1120 (1979).
13. Foldvik, A., Gammelsrød, T. & Tørresen, T. Circulation and water masses on the southern Weddell Sea shelf. *Oceanol. Antarctic continental shelf* **43**, 5–20 (1985).
14. Gordon, A. L., Huber, B. A., Hellmer, H. H. & Ffield, A. Deep and bottom water of the Weddell Sea’s western rim. *Science* **262**, 95–97 (1993).
15. Fahrback, E. *et al.* Formation and discharge of deep and bottom water in the northwestern Weddell Sea. *J. Mar. Res.* **53**, 515–538 (1995).
16. Muench, R. D. & Gordon, A. L. Circulation and transport of water along the western Weddell Sea margin. *J. Geophys. Res. Ocean.* **100**, 18503–18515 (1995).
17. Weppernig, R., Schlosser, P., Khatiwala, S. & Fairbanks, R. Isotope data from Ice Station Weddell: Implications for deep water formation in the Weddell Sea. *J. Geophys. Res. Ocean.* **101**, 25723–25739 (1996).

- 334 **18.** Mensch, M., Bayer, R., Bullister, J. L., Schlosser, P. & Weiss, R. F. The distribution of tritium and CFCs in the Weddell
335 Sea during the mid-1980s. *Prog. Oceanogr.* **38**, 377–415 (1996).
- 336 **19.** Mensch, M., Simon, A. & Bayer, R. Tritium and CFC input functions for the Weddell Sea. *J. Geophys. Res. Ocean.* **103**,
337 15923–15937 (1998).
- 338 **20.** Gordon, A. L. Western Weddell Sea thermohaline stratification. *Ocean. Ice Atmosphere: Interactions at Antarctic Cont.*
339 *Margin, Antarct. Res. Ser* **75**, 215–240 (1998).
- 340 **21.** Fahrbach, E., Harms, S., Rohardt, G., Schröder, M. & Woodgate, R. A. Flow of bottom water in the northwestern Weddell
341 Sea. *J. Geophys. Res. Ocean.* **106**, 2761–2778 (2001).
- 342 **22.** Gordon, A. L., Visbeck, M. & Huber, B. Export of Weddell Sea deep and bottom water. *J. Geophys. Res. Ocean.* **106**,
343 9005–9017 (2001).
- 344 **23.** Foldvik, A., Gammelsrød, T., Nygaard, E. & Østerhus, S. Current measurements near Ronne Ice Shelf: Implications for
345 circulation and melting. *J. Geophys. Res. Ocean.* **106**, 4463–4477 (2001).
- 346 **24.** Garabato, A. C. N., McDonagh, E. L., Stevens, D. P., Heywood, K. J. & Sanders, R. J. On the export of Antarctic Bottom
347 Water from the Weddell Sea. *Deep. Sea Res. Part II: Top. Stud. Oceanogr.* **49**, 4715–4742 (2002).
- 348 **25.** Garabato, A. C. N. *et al.* The thermodynamic balance of the Weddell Gyre. *Geophys. Res. Lett.* **43**, 317–325 (2016).
- 349 **26.** Jullion, L. *et al.* The contribution of the Weddell Gyre to the lower limb of the Global Overturning Circulation. *J. Geophys.*
350 *Res. Ocean.* **119**, 3357–3377 (2014).
- 351 **27.** Gill, A. Circulation and bottom water production in the Weddell Sea. In *Deep Sea Research and Oceanographic Abstracts*,
352 vol. 20, 111–140 (Elsevier, 1973).
- 353 **28.** Foldvik, A. *et al.* Ice shelf water overflow and bottom water formation in the southern Weddell Sea. *J. Geophys. Res.*
354 *Ocean.* **109** (2004).
- 355 **29.** Nicholls, K. W. & Østerhus, S. Interannual variability and ventilation timescales in the ocean cavity beneath Filchner-Ronne
356 Ice Shelf, Antarctica. *J. Geophys. Res. Ocean.* **109** (2004).
- 357 **30.** Huhn, O. *et al.* Evidence of deep-and bottom-water formation in the western Weddell Sea. *Deep. Sea Res. Part II: Top.*
358 *Stud. Oceanogr.* **55**, 1098–1116 (2008).
- 359 **31.** Meredith, M. P., Watson, A. J., Van Scoy, K. A. & Haine, T. W. N. Chlorofluorocarbon-derived formation rates of the deep
360 and bottom waters of the Weddell Sea. *J. Geophys. Res. Ocean.* **106**, 2899–2919 (2001).
- 361 **32.** Purkey, S. G. & Johnson, G. C. Warming of global abyssal and deep Southern Ocean waters between the 1990s and 2000s:
362 Contributions to global heat and sea level rise budgets. *J. Clim.* **23**, 6336–6351 (2010).
- 363 **33.** Rintoul, S. R. Rapid freshening of Antarctic Bottom Water formed in the Indian and Pacific oceans. *Geophys. Res. Lett.* **34**
364 (2007).
- 365 **34.** Menezes, V. V., Macdonald, A. M. & Schatzman, C. Accelerated freshening of Antarctic Bottom Water over the last decade
366 in the Southern Indian Ocean. *Sci. advances* **3**, e1601426 (2017).

- 367 **35.** Nicholls, K., Østerhus, S., Makinson, K., Gammelsrød, T. & Fahrbach, E. Ice-ocean processes over the continental shelf of
368 the southern Weddell Sea, Antarctica: A review. *Rev. Geophys.* **47** (2009).
- 369 **36.** Akhoudas, C. *et al.* Ice shelf basal melt and influence on dense water outflow in the southern weddell sea. *J. Geophys. Res.*
370 *Ocean.* **125**, e2019JC015710 (2020).
- 371 **37.** Nicholls, K., Pudsey, C. & Morris, P. Summertime water masses off the northern Larsen C Ice Shelf, Antarctica. *Geophys.*
372 *research letters* **31** (2004).
- 373 **38.** Locarnini, R. A., Whitworth, T. & Nowlin, W. D. The importance of the Scotia Sea on the outflow of Weddell Sea Deep
374 Water. *J. Mar. Res.* **51**, 135–153 (1993).
- 375 **39.** Garabato, A. C. N., Polzin, K. L., King, B. A., Heywood, K. J. & Visbeck, M. Widespread intense turbulent mixing in the
376 Southern Ocean. *Science* **303**, 210–213 (2004).
- 377 **40.** Darelius, E. *et al.* On the seasonal signal of the Filchner overflow, Weddell Sea, Antarctica. *J. Phys. Oceanogr.* **44**,
378 1230–1243 (2014).
- 379 **41.** Holland, D. M., Rosales, R. R., Stefanica, D. & Tabak, E. G. Internal hydraulic jumps and mixing in two-layer flows. *J.*
380 *Fluid Mech.* **470**, 63–83 (2002).
- 381 **42.** Ellison, T. & Turner, J. Turbulent entrainment in stratified flows. *J. Fluid Mech.* **6**, 423–448 (1959).
- 382 **43.** Cenedese, C., Whitehead, J. A., Ascarelli, T. & Ohiwa, M. A dense current flowing down a sloping bottom in a rotating
383 fluid. *J. Phys. Oceanogr.* **34**, 188–203 (2004).
- 384 **44.** Killworth, P. D. Mixing of the Weddell Sea continental slope. *Deep. Sea Res.* **24**, 427–448 (1977).
- 385 **45.** Alendal, G., Drange, H. & Haugan, P. M. Modelling of deep-sea gravity currents using an integrated plume model. (1994).
- 386 **46.** Munk, W. H. Abyssal recipes. In *Deep Sea Research and Oceanographic Abstracts*, vol. 13, 707–730 (Elsevier, 1966).
- 387 **47.** Brown, P. J. *et al.* Carbon dynamics of the Weddell Gyre, Southern Ocean. *Glob. Biogeochem. Cycles* **29**, 288–306 (2005).
- 388 **48.** Purkey, S. G. & Johnson, G. C. Global contraction of Antarctic Bottom Water between the 1980s and 2000s. *J. Clim.* **25**,
389 5830–5844 (2012).
- 390 **49.** Heuzé, C., Heywood, K., Stevens, D. P. & Ridley, J. K. Southern Ocean bottom water characteristics in CMIP5 models.
391 *Geophys. Res. Lett.* **20**, 1409–1414 (2013).
- 392 **50.** Heuzé, C., Heywood, K. J., Stevens, D. P. & Ridley, J. K. Changes in global ocean bottom properties and volume transports
393 in CMIP5 models under climate change scenarios. *J. Clim.* **28**, 2917–2944 (2015).
- 394 **51.** Sallée, J.-B. *et al.* Assessment of Southern Ocean water mass circulation and characteristics in CMIP5 models: Historical
395 bias and forcing response. *J. Geophys. Res. : Ocean.* **118**, 1830–1844 (2013).
- 396 **52.** De Lavergne, C., Palter, J. B., Galbraith, E. D., Bernardello, R. & Marinov, I. Cessation of deep convection in the open
397 Southern Ocean under anthropogenic climate change. *Nat. Clim. Chang.* **4**, 278 (2014).
- 398 **53.** Meredith, M. P. *et al.* Distribution of oxygen isotopes in the water masses of Drake Passage and the South Atlantic. *J.*
399 *Geophys. Res. Ocean.* **104**, 20949–20962 (1999).

- 400 **54.** Rio, m. H., Mulet, S. & Picot, N. New global Mean Dynamic Topography from a GOCE geoid model, altimeter
401 measurements and oceanographic in-situ data. *Proc. ESA living planet symposium, Edinb.* (2013).
- 402 **55.** Mackensen, A., Hubberten, H. W., Scheele, N. & Schlitzer, R. Decoupling of $\delta^{13}\text{C}_{\Sigma\text{CO}_2}$ and phosphate in recent Weddell
403 Sea deep and bottom water: Implications for glacial Southern Ocean paleoceanography. *Paleoceanogr. Paleoclimatology*
404 **11**, 203–215 (1996).
- 405 **56.** Mackensen, A. Oxygen and carbon stable isotope tracers of Weddell Sea water masses: new data and some paleoceanographic
406 implications. *Deep. Sea Res. Part I: Oceanogr. Res. Pap.* **48**, 1401–1422 (2001).
- 407 **57.** Meijers, A. J. Jr15006 cruise report:
408 https://www.bodc.ac.uk/resources/inventories/cruise_inventory/reports/jr15006.pdf. Tech. Rep. (2016).
- 409 **58.** Sallée, J.-B. Jr16004 cruise report:
410 https://www.bodc.ac.uk/resources/inventories/cruise_inventory/reports/jr16004.pdf. Tech. Rep. (2017).

411 **Acknowledgements**

412 This project has received funding from the European Research Council (ERC) under the European Union’s Horizon 2020
413 research and innovation program (grant agreement 637770). F.A.H was supported by the SNSF grant numbers P2EZP2_175162
414 and P400P2_186681. The authors gratefully thank the captain and the crew of the James Clark Ross for their help in acquiring
415 the 2017 dataset as part of the WAPITI cruise JR16004.

416 **Author contributions statement**

417 C-H.A, J-B.S and G.R directed the analysis of the datasets and share the responsibility for writing the manuscript with M.P.M,
418 A.N-G and F.A.H. C-H.A, G.R, G.A and M.B conducted the instrumental water isotopes analysis at LOCEAN laboratory. L.J
419 provided the box inverse model framework. M.P.M and F.A.H provided water isotopes dataset from the A23 and ANDREX/I6S
420 sections and M.J.L and C.A conducted the instrument analysis at BGS laboratory. All authors contributed to the final version of
421 the manuscript.

Table 1. Summary of the cruise datasets used in this study. N/A: information not available

Year	Cruise Number	Section Name	Location	Reference
1973	N/A	IWSOE 73	~70°S – ~40°W	Weiss et al. ¹²
1989	ANT-VIII/2	SR02	~70°S – ~10°W	Mackensen et al. ⁵⁵
1992	N/A	Ice Station Weddell	~59°W along the continental slope in front of the Larsen Ice Shelf	Weppernig et al. ¹⁷
1995	ANT-XII/3	SR02	~73°S – ~30°W	Mackensen et al. ⁵⁶
2008	33RR20080204	I6S	~30°E between South Africa and Antarctica	Jullion et al. ²⁶
2009	JC30	ANDREX	~60°S between the Antarctic peninsula and ~19°W	Jullion et al. ²⁶
2010	JR239	ANDREX	~60°S between ~19°W and ~30°E	Jullion et al. ²⁶
2016	JR15006	A23	~30°W between the Orkney Passage and the South Sandwich Trench	Meijers et al. ⁵⁷
2017	JR16004	A23	~30°W between the Orkney Passage and the South Sandwich Trench	Sallée et al. ⁵⁸
2017	JR16004	WAPITI	~76°S – ~36°W in the Filchner Depression	Akhoudas et al. ³⁶

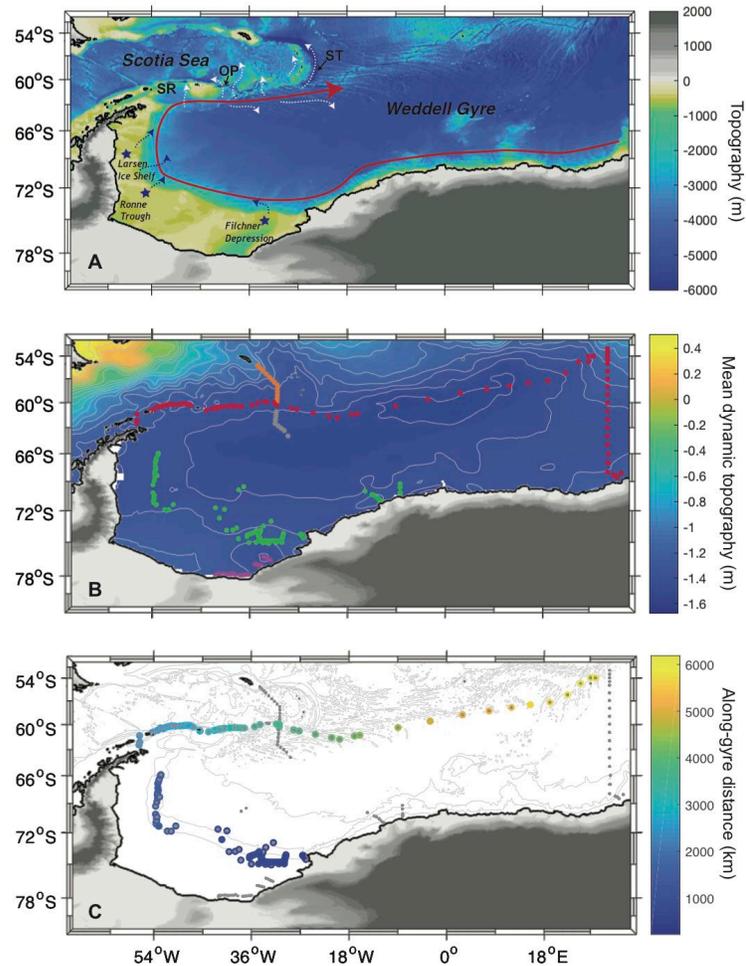


Figure 1. (A) Topography in the Atlantic sector of the Southern Ocean. The cyclonic Weddell gyre is schematically indicated by the red arrow. The blue stars and dotted arrows mark the main formation and cascading area of DSW. The dotted white arrows show the AABW export routes in the northern sector of the gyre. From left to right, SR: South Scotia Ridge; OP: Orkney Passage; ST: South Sandwich Trench. (B) Map showing the position of the compiled observation database used in this study, with color code corresponding to different dynamical region: (WAPITI observations in purple) continental shelf; (IWSOE 73, Ice Station Weddell, SR02 and WAPITI observations in green) continental slope; (ANDREX/I6S observations in red) Northern and Eastern boundary of the Weddell sector used in the study; (gray) southern and (orange) northern part of the A23 repeat section. The background color shows the mean dynamic topography⁵⁴ as an indication of the main circulation pattern in the region. (C) Indicative streamwise distance from the Filchner Depression to the northeastern corner of the gyre for all stations distributed along the rim of the gyre (used in Fig. 3).

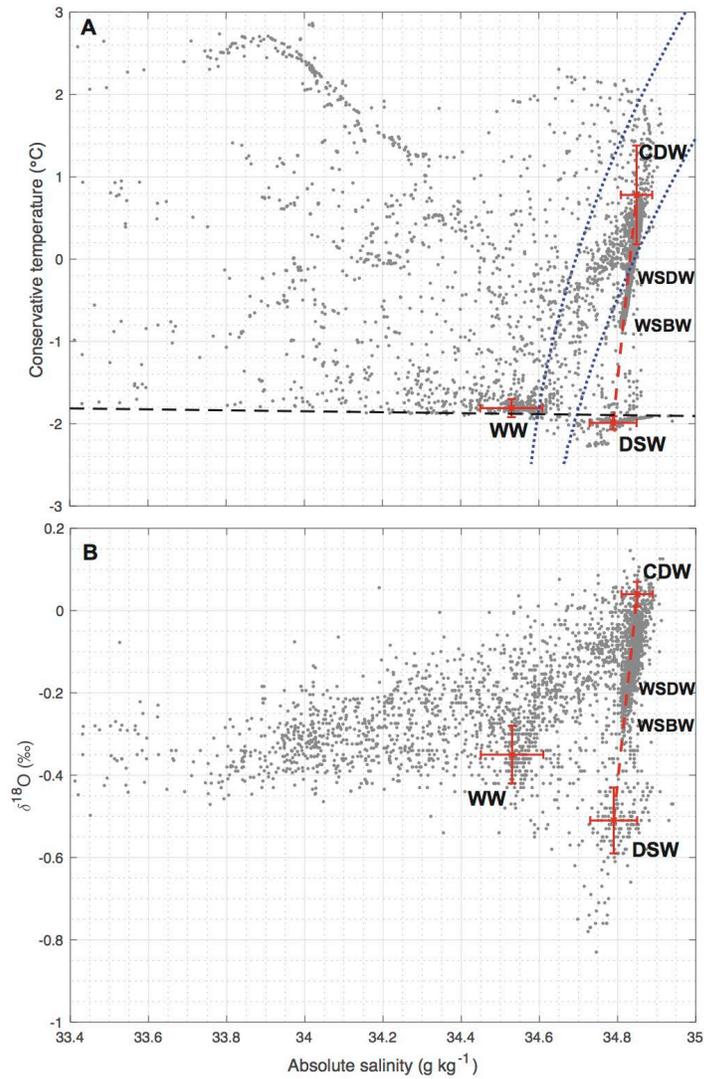


Figure 2. (A) Θ - S_A and (B) $\delta^{18}\text{O}$ - S_A diagrams showing observations from the compiled dataset used in this study (see Fig. 1B; Methods section). Neutral density surface 28 and 28.27 kg m^{-3} selected as the CDW interface are superimposed as blue dashed curves in panel A; and surface freezing line as black dashed line. Mean and standard deviation of "source" water-masses (CDW, DSW and WW) characteristics are indicated as red crosses.

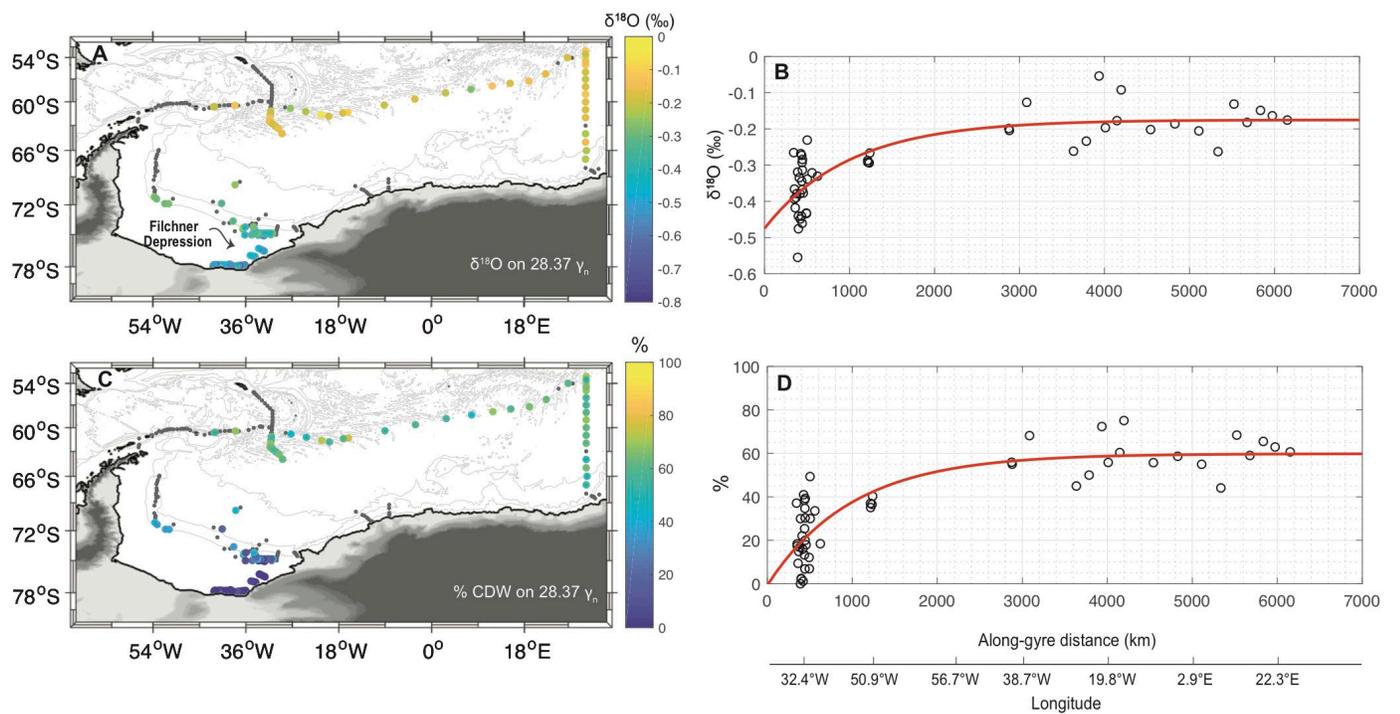


Figure 3. (A) Spatial maps of $\delta^{18}\text{O}$ on $28.37 \text{ kg m}^{-3} \gamma_n$ surface, and (B) corresponding stream-wise change of $\delta^{18}\text{O}$ along the rim of the gyre from the Filchner Depression (origin of the along-gyre distance in abscissa) to the northeastern corner of the gyre (see Fig. 1C). Panel (C-D) are same as panel (A-B) but for fraction of CDW instead of $\delta^{18}\text{O}$. The red lines on panels B and D represent least-squared regression on a polynomial of degree 2.

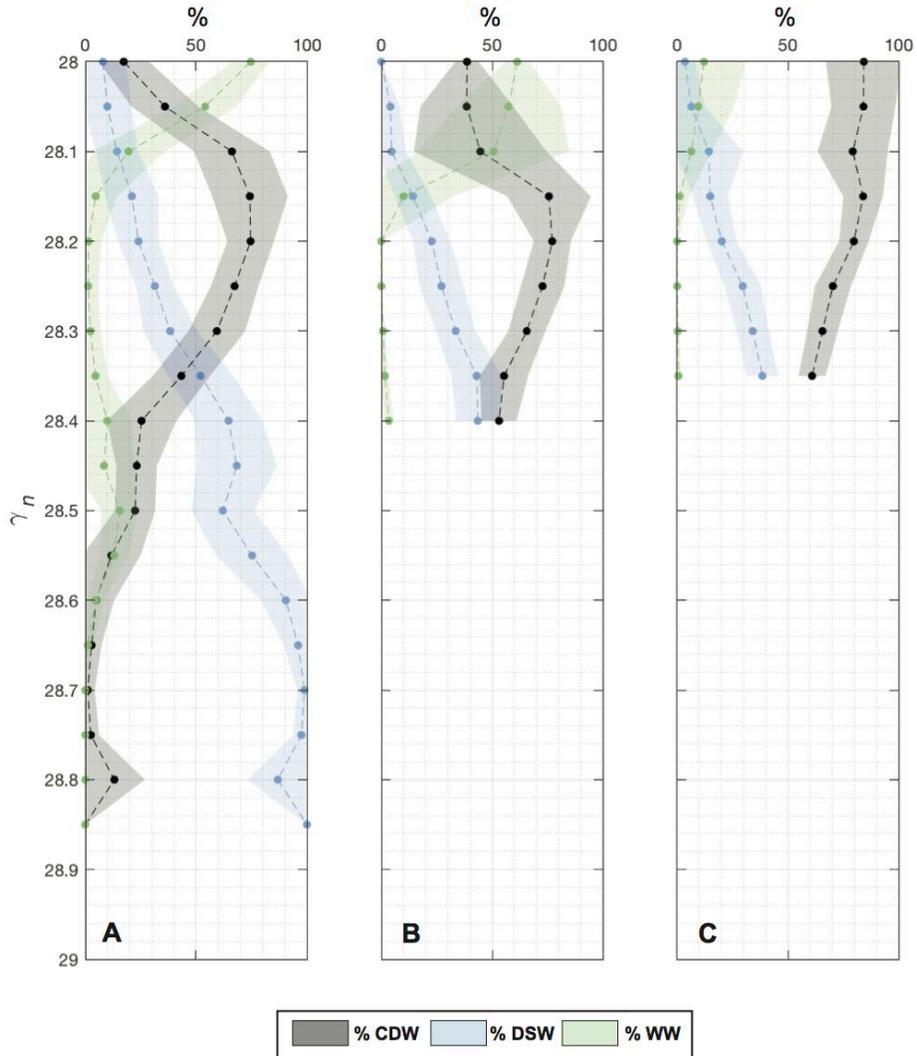


Figure 4. Mean percentage contributions of "source" water-masses (green: WW, blue: DSW and black: CDW) in the Weddell gyre along (A) the continental slope (green stations in Fig. 1B), (B) the gyre side of the A23 segments (gray stations in Fig. 1B) and (C) the Scotia Sea side of the A23 segment (orange stations in Fig. 1B). The mean percentage contributions are computed in 0.025 σ_n bins. Shading indicates standard deviations around the mean of each σ_n bins.

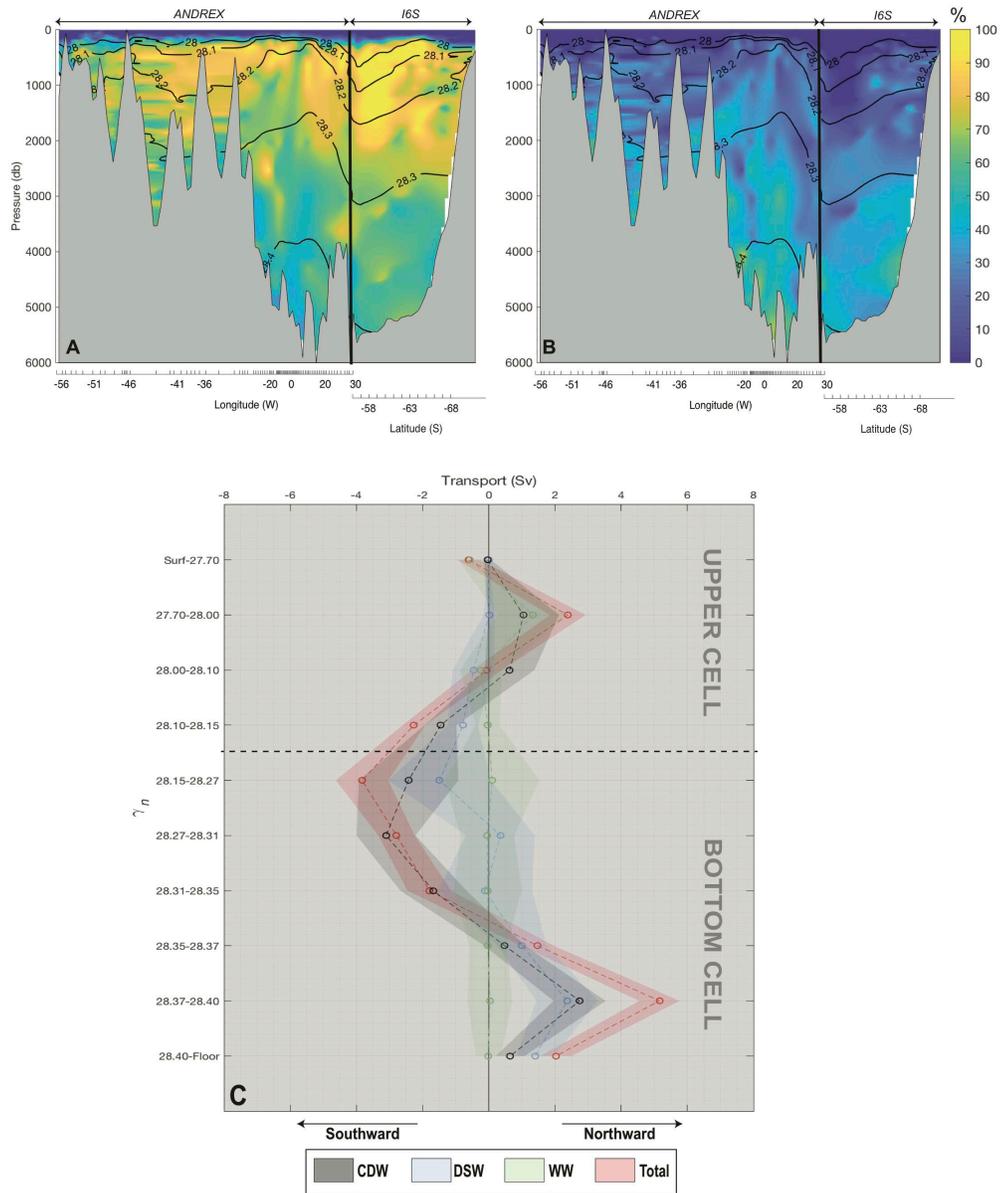


Figure 5. Percentage contributions of (A) CDW and (B) DSW across the ANDREX/I6S section (red stations in Fig 1B). Black contours indicate neutral density isopycnals. (C) Net transports across the ANDREX/I6S section of (black) CDW, (blue) DSW, and (green) WW computed in γ_n ranges. The total transport in each γ_n range is shown in red. Shading indicates errors from the Monte-Carlo propagation. Positive (negative) transport are directed out of (into) the gyre.