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5 **COVID-19 Pandemic – Possible implications and effects of monsoons in the Indian sub-**
6 **continent.**

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22 **Abstract**

23 The world is facing an unprecedented time owing to the ongoing COVID 19 pandemic. The
24 research community is racing to find a solution to contain the outbreak, leading to the proposals
25 of many possible routes of the virus transmission and its dynamics. The Indian sub-continent is
26 about to experience the monsoon season, which often leads to heavy rainfall and flooding in the
27 region, affecting the urban areas the most. In this communication, we list out the possible outcomes
28 of the synergistic interaction between the ongoing pandemic and the monsoon season in urban
29 regions and megacities. Some of the risk factors emanating from the interaction are the impacts on
30 seasonal monsoon-related disease transmission, sewerage effluents, and potable water sources. We
31 also discuss some socio-economic aspects of the implications of monsoon during the pandemic
32 time, such as transport disruptions and increased pressure on the accessibility to the health care
33 systems. We hope that the communication shall bring forth stimulating discussion and detailed
34 investigations regarding the dimensions of monsoon impact. In addition to this, the observations
35 shall aid the policymakers and governance systems in charting out the best fit mitigation and
36 adaptation strategies to tackle the perils of COVID-19 during the monsoon season.

37
38 **Keywords:** COVID-19; SARS-CoV-2; monsoon; urban; Indian sub-continent; water

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43 **1. Introduction**

44

45 The coronavirus disease 2019 (COVID-19) (WHO, 2020) is a rapidly spreading novel respiratory
46 infection caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)
47 (Gorbalenya et al. 2020). Person-to-person transmission is a common route for spreading the
48 infection via direct contact or through droplets spread by coughing or sneezing by an infected
49 individual (Rothan et al. 2020). Various other transmission routes have been proposed since the
50 diagnosis of the novel virus for the first time in China; including airborne transmission (Morawska
51 and Cao 2020), dual ocular route (Napoli et al. 2020), faecal–oral route (Hindson 2020), eye to
52 nose route (Qing et al. 2020), perinatal transmission (Alzamora et al. 2020), transmission due to
53 environmental factors (Qu et al. 2020) and venereal transmission (Patri et al. 2020).

54 Countries in the South Asian region are battling the pandemic when the monsoon season
55 is about to commence, around early June. The period June–December, when the Indian sub-
56 continent is under the influence of the monsoon, is divided into two seasons, the southwest
57 (summer) monsoon from June to September and the northeast monsoon from October to
58 December. The Indian subcontinent receives over 75% of the mean annual rainfall during the
59 summer monsoon season (June–September), with July and August being the peak monsoon
60 months (Kumar et al. 2009). The monsoon season incurs extreme seasonal flooding in the South
61 Asian regions, primarily affecting the densely populated urban areas; some recent examples are
62 2015Chennai floods, 2017 Mumbai flood, 2017 Dhaka flood, 2018 Kerala floods. 2018 Lahore
63 flood, 2019 Kerala floods.

64 In this communication, the possible implications and effects of monsoon on the ongoing COVID-
65 19 crisis in the monsoon-influenced regions, where urban agglomerations are prominent, are

66 discussed. We hope that this discussion will instigate further stimulating and detailed
67 investigations and discussions.

68

69 **2. Monsoon and COVID-19 transmission: The odds-on**

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71 The monsoon season is a season of elevated levels of vector-borne and water-borne diseases, such
72 as dengue, malaria, cholera, influenza, hepatitis, typhoid, and gastroenteritis which are the more
73 common diseases, among others (Khan et al. 2011; Dhara et al. 2013). The rainfall during the
74 period has profound effects on the epidemiology of these diseases. Previous experiences show that
75 these infectious diseases pose severe problems of various dimensions for the nations in the Indian
76 sub-continent region, and their population is at a higher risk of being exposed to multiple viruses,
77 bacteria, and other infections during the monsoon period than the other seasons. For example,
78 respiratory viral infections were found mainly during the rainy seasons in Asian, African, and
79 South American countries (Shek and Lee 2003), and epidemiological data show that there is a
80 relationship between influenza virus infection and rainfall (Pica and Bouvier 2012). Temperature
81 and humidity are also among the critical controlling factors that impact the spatial-temporal
82 incidence and transmission of several of these infectious diseases during the monsoon period.

83 A recent study (Sobral et al. 2020) observed a positive correlation between precipitation
84 and SARS-CoV-2 transmission, with countries having higher rainfall measurements showing an
85 increase in disease transmission. But, the comprehensive nature of the virulence factors associated
86 with COVID-19 during a prolonged rainy season remains unknown as of now. There is a prevailing
87 strong wind regime during the monsoon season, and recent pieces of evidence show that wind
88 speed is positively correlated with COVID-19 cases in some regions (Bashir et al. 2020; Sahin,

89 2020). While wind speed alone may not explain much of the variance in the confirmed positive
90 case counts, but combined with temperature, wind speed, and relative humidity, it could best
91 predict the epidemic situation (Chen et al. 2020). Monsoon season is a period when there are
92 different combinations of meteorological influences available across the Indian subcontinent, and
93 it will be worth exploring and evaluating the best-fit epidemic scenarios. It is also unknown
94 whether COVID-19 increases the susceptibility towards other monsoon induced infectious
95 diseases or- vice-versa. Co-infections are potentially lethal in COVID-19 patients and are a highly
96 unexplored realm (Cox et al. 2020). A recent study (Kim et al., 2020) from Northern California
97 reports co-infection between SARS-CoV-2 and other respiratory pathogens, indicating that co-
98 infections can happen when there is a surge in various diseases during the monsoon.

99 Monsoon period is also known for the voracious seasonal flooding, causing the flood
100 impacts that are much exacerbated in the urban agglomerations due to various socio-economic
101 factors (Dhiman et al. 2019), which are endogenous to urban areas. We have considered three
102 countries (Bangladesh, India, and Pakistan) in the Indian sub-continent region because these are
103 the most populous and sites of major megacities, in addition to having the highest number of
104 positive COVID-19 cases in the region. Figure 1 shows the monsoon rainfall and major cities in
105 the Indian sub-continent. Megacities across this region (for example, Chennai, Delhi, Dhaka,
106 Karachi, Kolkata, Lahore, Mumbai), where severe seasonal monsoon flooding occurs, are
107 currently the epicenters of disease transmission. These urban agglomerations have insufficient
108 sewage and drainage infrastructures, the capacity of which are often overwhelmed during the
109 monsoons. Further, untreated sewage effluents are the dominant class of pollutants in the urban
110 regions of South Asian regions (Raju 2019), and seasonal flooding often paves the way for
111 contamination of urban water bodies and municipal water sources by the effluents. When

112 narrowing down to the type of contamination in the region during the monsoon induced flooding,
113 faecal contamination is a prominent aspect (Sirajul Islam et al. 2007; Subbaraman et al. 2013;
114 Nabeela et al. 2014), rendering the population susceptible towards infectious outbreaks. Figure 2
115 shows the number of confirmed COVID-19 (as of May 25) cases in the Indian sub-continent
116 countries where the megacities have a substantial contribution to the confirmed positive cases.
117 Other countries (Bhutan, Maldives, Nepal, and Sri Lanka) in the sub-continent region have
118 relatively less positive cases compared to these three countries.

119 SARS-CoV-2 RNA has been detected in sewage effluents (Ahmed et al., 2020; La Rosa et
120 al., 2020; Randazzo et al. 2020) and there are emerging indications that the viral RNA is present
121 in faeces (Wu et al. 2020) and urine (Kashi et al. 2020) of infected individuals. Considering the
122 lacunae in the functioning of sewerage infrastructure and issues in effluent management in the
123 South Asian cities, it is highly likely that the effluents contain traces of viral RNA. There is a
124 possibility that this can ultimately reach the water bodies and eventually potable water sources;
125 this pathway can be exacerbated during the monsoon flooding. Coronaviruses can remain viable
126 in sewage for up to 14 days depending on the environmental conditions such as temperature, and
127 their association with biofilms (Quilliam et al. 2020) and for more extended periods in the drinking
128 water (Naddeo and Liu, 2020). However, their persistence is lower when compared with non-
129 enveloped viruses (Annalaura et al. 2020). There are substantial pieces of evidence of the spread
130 of severe acute respiratory syndrome (SARS), caused by a similar virus as SARS-COV2, in Hong
131 Kong in 2003 by "faecal droplet" route via sewage and drainage systems (WHO, 2003). There is
132 a possibility of a faecal transmission route due to the monsoon induced water problems in major
133 cities in the Indian sub-continent. Though the infectivity and the survival of the viral RNA in the
134 effluents are not confirmed explicitly yet, the infection transmission dynamics during the expected

135 seasonal flooding associated with the monsoon season may pose new challenges. Even if the
136 water-borne route of the COVID-19 infection is not yet established, researchers, policymakers,
137 and governance systems must think ahead and deploy the appropriate pre-emptive investigations
138 to inform countermeasures rapidly (VishnuRadhan et al. 2020).

139 Personal Protective Equipments (PPEs), made of plastics, are saving millions of lives
140 during the pandemic (Czigány and Ronkay 2020). Also, single-use plastic materials are widely
141 utilized in the forefront of COVID-19 responses. But, the management of the disposed of
142 equipments is an immense challenge for cities that are already facing waste management
143 challenges. The quantum of plastic waste generated as a result of the pandemic is massive,
144 especially in cities having a huge population. Leakage of large plastic litter (macroplastics) into
145 the ocean is a major environmental problem, a significant fraction of this originates from coastal
146 cities during extreme rainfall events (Axelsson and van Sebille 2017; VishnuRadhan et al. 2019).
147 This is equally true for other water bodies such as ponds, lakes, and rivers. Also, there have been
148 many instances of enhanced flooding due to the clogging of the drainage systems by plastics (Pahl
149 et al. 2017; Lewis et al. 2018) during heavy rainfall. The emerging question in the wake of COVID-
150 19 pandemic is not whether plastic is a polluter or a protector, but how well the plastic usage and
151 disposal can be managed in a sustainable and environmentally friendly way.

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153 **3. Socio-economic impacts of monsoon-COVID-19 synergy: The adds-on**

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155 The monsoon associated flooding usually incurs substantial economic losses and imparts heavy
156 burden on the local, regional, and national administrative units in the Indian sub-continent region.
157 For example, the estimates of the total losses from the July 2005 flood (26–27 July) in Mumbai
158 range from US\$ 1.1 to 5 billion, excluding large informal sectors comprising households and small

159 commercial establishments (Patankar and Patwardhan 2016). Other cities in the sub-continent also
160 experience similar flood induced economic losses due to the economic–social disorientation and
161 associated shutdown. This can ultimately affect the prevailing socio-economic dynamics of the
162 respective countries as these cities are their financial and commercial centers. The COVID-19
163 induced economic ripple has started appearing around the world and, emerging economies are
164 currently affected due to collapsing exports, dwindling remittances, and tightening international
165 credit conditions (Hevia and Neumeyer 2020). The South Asian regions host major emerging
166 economies and global markets, and the combined impact of monsoon flood induced losses, and
167 those by the ongoing pandemic will be overwhelming to the prevailing economic situations.

168 There is another easily-overlooked and possible threat associated with the monsoon
169 induced flooding. Transport disruptions are widespread in the cities during heavy rains and
170 flooding. These disruptions can potentially impede the accessibility to healthcare facilities by the
171 suspected patients, which can aggravate their health condition as the timing of health care access
172 is a critical factor in managing and successfully surviving COVID-19. The COVID-19 patients, as
173 well as individuals suspected of having the infection, need continuous interactions with a spectrum
174 of health care facilities, including screening, detection, and post-diagnosis treatments. With the
175 restriction of movement imposed by the heavy rains and flooding, the access and interaction with
176 the health care system can be nearly impossible. The rapid movement of supplies, both the essential
177 and medical, to the outbreak nodes and quarantine centers in the cities, can also get affected.
178 Currently, we do not know the resilience, in the wake of COVID-19 pandemic, of health care
179 infrastructure and associated facilities in the South Asian cities to extreme weather conditions such
180 as monsoon flooding. We know one thing for sure, this monsoon comes with a lot of challenges
181 and opportunities.

182 Traditionally vulnerable socio-economic classes in the cities have higher risks of exposure
183 towards various perils of the dynamic interaction between the ongoing pandemic and the upcoming
184 monsoon season, which may pose multiple justice questions also. For example, squatter
185 settlements are currently the epicenters of the COVID-19 in Mumbai. Similar conditions also
186 prevail in other megacities having a substantial squatter population. As the virus continues to
187 spread across the world, it brings with it multiple new stresses such physical and psychological
188 health risks, isolation and loneliness, domestic violence, and job losses (Bradbury-Jones and Isham
189 2020). The monsoon influence can exacerbate these stresses in densely populated urban area,
190 increasing the risk factors for the already vulnerable population who are the overlooked victims of
191 the ongoing pandemic. The effective strategies recommended to control the spread of the infection,
192 social distancing and frequent hand washing, are not easy for the millions of people who live in
193 highly dense communities with insecure housing, and poor sanitation and access to clean water
194 (The Lancet 2020). In case of a flood induced by heavy rainfall in densely populated areas, people
195 displaced by the flooding shall be immediately shifted to relief camps for rehabilitation. There are
196 evident shortcomings in social distancing norms in densely populated areas and can be flouted
197 even more without adequate precautions in relief camps. The restricted availability of clean water
198 during these periods can also impede the recommended hand washing regime. Considering all
199 these facts, we can ascertain that the upcoming monsoon season will be a period of challenges and
200 opportunities of diverse manners.

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205 **4. Conclusions**

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207 Monsoon has shaped history (Gupta et al. 2019) and survival (Gadgil and Kumar 2006) of the
208 inhabitants of the Indian sub-continent. The upcoming monsoon season during the turbulent times
209 of the COVID-19 pandemic offers various challenges and possibilities in the region. The potential
210 vulnerabilities of the urban areas and their societies due to the synergistic interaction of the
211 pandemic and the monsoon season expose them to multiple risk factors. It is challenging to isolate
212 the relative contribution of these factors toward the city dynamics during the pandemic time. Still,
213 the urban resilience towards any unforeseen event can be enhanced through proper planning and
214 management. Governance systems should divert major attention towards various bottleneck
215 problems during the monsoon season, such as seasonal monsoon-related disease transmission,
216 sewerage infrastructure and effluent management, contamination of potable water sources, and
217 transport disruptions and access to the health care system. Timely interventions of governance
218 systems, as well as citizens, can reduce the likelihood of exposures to risk factors, to some extent,
219 and thus prevent another possible wave of disease outbreak with a much higher morbidity rate than
220 the present. Potential avenues encompassing multi-faceted ways of the response of urban
221 agglomeration to interactions and repercussions of the COVID-19 outbreak and a long rainy season
222 will provide opportunities to understand and tackle future pandemics as well. An area of possible
223 exploration and utilization is geospatial technologies, which can enhance the efficiency of urban
224 management in the pandemic time. We hope that this communication can aid researchers,
225 governance systems, and policymakers in charting out mitigation and adaptation strategies
226 specifically for monsoon-influenced urban areas, as the virus is expected to persist (WHO 2020)
227 even after the lifting of the ongoing global lockdown. The concept of living with the flood (Liao

228 et al. 2008) has been successful in many flood-affected regions around the world. Similarly, it is
229 the need of the hour that communities should start practicing the concept of living with the virus,
230 at least until the development of a vaccine or a medication to prevent the transmission of the
231 infectious virus successfully.

232

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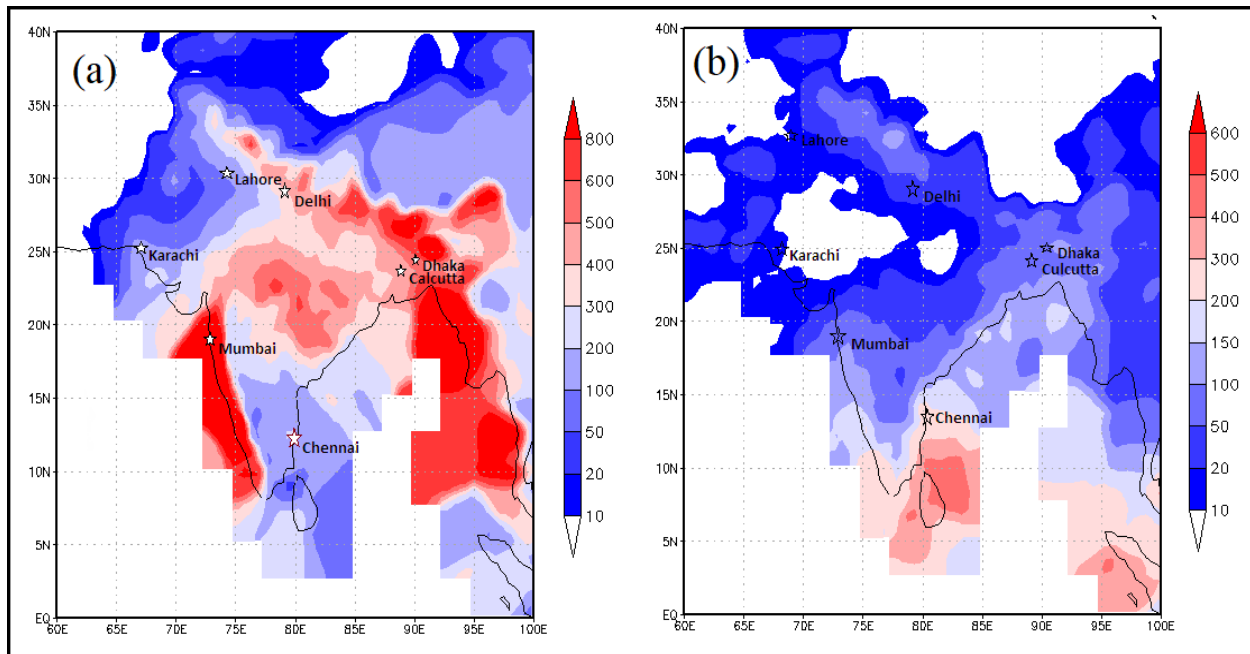
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446 Figure 1: 2019 Monsoon rainfall and major cities in the Indian sub-continent coming under the
447 monsoon influence, a) Accumulated rainfall (mm) for June- September (southwest monsoon) and
448 b) Accumulated rainfall (mm) for October-December (northeast monsoon). Data source:
449 <http://apdrc.soest.hawaii.edu/las/v6/constrain?var=1776>; CPC interpolated monthly rainfall.

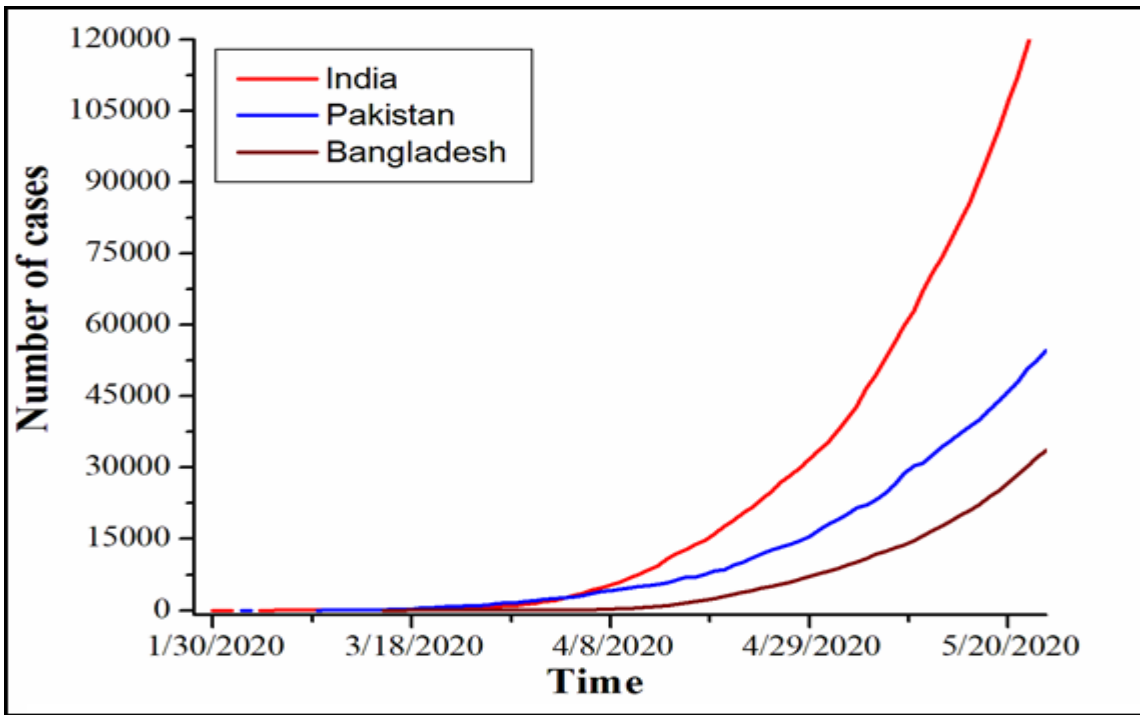
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456 Figure 2: The number of confirmed COVID-19 (as of May 25) cases in India, Pakistan and
 457 Bangladesh. Data source: India - <https://www.mohfw.gov.in/>, Pakistan - <https://www.nih.org.pk/>,
 458 Bangladesh - <https://www.iedcr.gov.bd/>

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