

Cover sheet for: *The influence of orbital parameters on the North American Monsoon system during the Last Interglacial Period*

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This manuscript has been peer-reviewed and published by the Journal of Quaternary Science,
doi: 10.1002/jqs.3311

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1 **The influence of orbital parameters on the North American Monsoon system during the**
2 **Last Interglacial Period**

3
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8
9 **Abstract**

10 The response of summer precipitation in the western U.S. to climate variability remains a subject
11 of uncertainty. For example, paleoclimate records indicate the North American monsoon (NAM)
12 was stronger and spatially more extensive during the Holocene, whereas recent modeling suggests
13 a weakened NAM response to increasing temperatures. These illustrate diverging pictures of the
14 NAM response to warming. Here, we examine summer precipitation in the southwestern U.S.
15 related to Last Interglacial insolation forcing. Using a high-resolution climate model, we find that
16 Eemian insolation forcing results in overall wetter conditions throughout most of the southwestern
17 U.S, but significantly drier than present conditions over Arizona. The overall wetter conditions are
18 associated with a northward shift of the anticyclonic circulation aloft and increased moisture in the
19 lower and mid-troposphere during the Eemian. Increased advection of Gulf of Mexico moisture is
20 responsible for increasing precipitation in New Mexico and the northern edges of the NAM region.
21 Drier conditions over Arizona are likely related to reduced local convection associated with reduced
22 vertical moisture transport. These results highlight the spatial complexity of the NAM response to
23 increasing radiative forcing and allow a better understanding of monsoon dynamics and variability
24 in response to a warming climate.

25
26 **1. Introduction**

27 Precipitation in the southwestern United States is dominated by seasonal monsoonal circulation.
28 The North American Monsoon (NAM) occurs mainly between mid-June to mid-September and
29 provides ~70% of mean annual precipitation to central and northern Mexico and ~35-50% of mean
30 annual precipitation to Arizona and New Mexico in the U.S. (Fig.1a). The NAM shows a strong
31 variability on annual, decadal, and millennial timescales (e.g., Diem et al., 2013; Griffin et al.,
32 2013; Poore et al., 2005) and understanding the response of the monsoonal system to climate
33 change is critical in determining changes in the amount and seasonal distribution of precipitation
34 in this semiarid region of North America. The response of the NAM to increased greenhouse gas
35 forcing and increasing temperature is ambiguous. Previous studies have concluded that global

36 warming was simply delaying the North American monsoon, with no robust changes in total
37 monsoon seasonal rainfall (Cook and Seager, 2013). In contrast, more recent studies (D'Agostino
38 et al., 2019; Pascale et al., 2017; Wang et al., 2020) highlight the possibility of a strong precipitation
39 reduction in the monsoon region in response to future warming, with consequences for regional
40 water resources, agriculture and ecosystems.

41 These suggested responses of the NAM to current changes in the climate system are distinct from
42 studies providing causes and characteristics of climatic and monsoonal variations over paleo
43 timescales. Insolation is widely regarded as an important control of climate change on long-
44 timescales, particularly in monsoon regions. A strong correlation between summer monsoon
45 intensity and summer insolation has been observed in monsoon records from Asia, South America,
46 and Africa (Cruz et al., 2005; Kutzbach and Liu, 1997; Liu et al., 2006; Wang et al., 2001).
47 Evidence suggests that during insolation maxima, increased summer land-sea temperature contrasts
48 strengthen monsoon systems and shift the summer position of the Intertropical Convergence Zone
49 (ITCZ) further inland (McKay et al., 2011; Montoya et al., 2000). Several records from the U.S.
50 and Mexico exhibit evidence of increased summer convection and precipitation during the warmest
51 periods of the mid-Holocene (Barron et al., 2012; Metcalfe et al., 2015).

52 To better understand the interplay between rising temperatures and moisture in the NAM region,
53 we chose to focus on the response of the NAM to shifts in orbital forcings during the Last
54 Interglacial (LIG: ~130 to 115ka). The LIG is the most recent period in Earth history when
55 temperatures are believed to have exceeded those of today (Bakker et al., 2013; CAPE members -
56 Anderson, 2006; Kukla et al., 2002; McKay et al., 2011; Turney and Jones, 2010). In particular,
57 the Eemian (~125 ka) is an interval where the Earth was in an orbital configuration that corresponds
58 with insolation maxima and enhanced summer heating of the Northern hemisphere (Berger and
59 Loutr, 1991). The Eemian was warmer than the present day with higher sea level (Bard et al., 1990)
60 and diminished ice sheets (Cuffey and Marshall, 2000). Climate models suggest that the Eemian
61 was a time of increased Northern-Hemisphere temperature and humidity, with a northward-shifted
62 ITCZ, increased summer land-sea temperature contrast, and intensified monsoon convection
63 (Montoya et al., 2000). Numerous studies have focused on the response of polar temperatures to
64 interglacial forcing but less attention has been paid to the regional hydroclimatic changes at the
65 time. These changes are of interest because the response of terrestrial ecosystems to hydroclimate
66 shifts may have been critical to the carbon cycle during the Eemian (Kleinen et al., 2016). For
67 example, favorable redistributions of rainfall into semi-arid regions such as the southwestern U.S.
68 may have acted to increase the terrestrial carbon sink.

69 Here, we use simulations from a regional climate model (RegCM) under LIG and modern forcings
70 to evaluate changes in the strength, timing, duration, and amount of moisture transported from
71 different sources during the NAM season. The simulated periods are linked with different phases
72 of the interglacial climate system that have been identified in paleodata, namely: the maximum and
73 minimum summer insolation in the northern hemisphere (130 ka and 115ka, respectively) as well
74 as the minimum global ice volume (125 ka). Our simulations intend to complement previous LIG
75 simulations done at lower resolution with a focus on monsoonal dynamics. Among other things,
76 these simulations serve as a reference for new and upcoming proxy records in the southwestern
77 U.S. (e.g., Pigati et al., 2014). Particularly, the data provide background to consider how global
78 carbon cycle dynamics and ecological systems in the southwestern U.S. might have responded to
79 recent periods in Earth history when summer temperatures exceeded those of today (Brown et al.,
80 2014; Elias, 2014; Strickland et al., 2014). Understanding these variations is critical to seasonal
81 supply of water to and habitat changes in the southwestern U.S. under warming conditions. The
82 LIG warming is mostly seasonal and clearly driven by orbital change and should not be used as a
83 direct analogue model to future warming. However, the changes in thermodynamic and dynamic
84 contributions to monsoon precipitation, and in particular changes in moisture fluxes, during the
85 modern and the Eemian can provide important insights into the mechanisms and forcings affecting
86 NAM precipitation.

87

88 **2. Model Description and Setup**

89 RegCM_4.4.5 (Pal et al., 2007) is a fourth generation, three-dimensional regional climate model,
90 based on the original model developed by Giorgi et al. (1993a; 1993b) with a dynamical core that
91 is adopted from the hydrostatic version of the Pennsylvania State University-National Center for
92 Atmospheric Research Mesoscale Model (MM5) (Grell et al., 1994). It is a primitive-equation,
93 hydrostatic, compressible model with sigma-vertical coordinates (Giorgi et al., 1993a).
94 Improvements in the software code and model physics (e.g., representation of convective schemes,
95 surface physics, atmospheric chemistry and aerosols, ocean-air exchanges) allows an enhanced
96 model performance in monsoonal regions. A full description of RegCM4's basic features and
97 details on the historical evolution of RegCM are given in Giorgi et al. (2012).

98 RegCM_4.4.5 experiments were performed for North America using a horizontal resolution of 55
99 km and 18 vertical levels. Lateral boundary conditions are based on data from ERA-Interim
100 reanalysis with a spatial resolution of $1.5^{\circ} \times 1.5^{\circ}$ (EIN15), while sea-surface temperatures (SSTs)
101 were obtained from the NOAA optimum interpolation (OI) SST analysis (Reynolds et al., 2002).
102 Convective precipitation was computed with the MIT-Emanuel scheme (Emanuel, 1991). It has

103 been shown that RegCM simulations with the cumulus convections scheme and its Emanuel closure
104 assumptions lead to improved simulations of precipitation, temperature and low-level wind patterns
105 in comparison to other cloud and convection parameterizations (Pal et al., 2007; Sinha et al., 2019;
106 Velikou and Tolika, 2017). In particular, RegCM has been widely applied in limited-domain,
107 seasonal forecasts and used to simulate climate in high-precipitation monsoonal regions and around
108 the globe (e.g., Diro et al., 2012; Fuentes-Franco et al., 2014; Insel et al., 2009; Sylla et al., 2010).
109 The goal of this study is to quantify the impact of orbital parameters on North American Monsoon
110 dynamics. Our model domain ranges from 128° W to 82° W along the southern domain margin at
111 ~10° N and from 150° W to 60° W along the northern domain margin at ~60° N (Fig. 1). The
112 domain includes parts of the eastern Pacific and the Gulf of Mexico to accurately simulate climate
113 pattern and source regions over oceanic areas. We designed 4 experiments to account for different
114 orbital parameter configurations during the LIG and changing greenhouse gas concentrations
115 (Table 1). In particular, we simulated interglacial time slices to capture the obliquity minimum and
116 maximum (MinObliquity = 115 ka, MaxObliquity = 130 ka; (Berger and Loutr, 1991)),
117 respectively, and a third time slice that falls between these two (Eemian = 125ka). Simulations were
118 21 years in length and results are based on the last 20 years of the simulations. While the length of
119 spin-up time is dependent on model domain, season, and circulation intensity, previous studies have
120 shown that regional climate models are usually representing a dynamic equilibrium after just a few
121 months (Zhong et al., 2007)

122 Small discrepancies with observations may arise due to the experimental design, which include
123 the use of present-day vegetation and polar ice sheets as well as consistent sea surface temperatures.
124 Modern boundary conditions for geography, ice sheets, and vegetation follow previous studies
125 simulating temperature and precipitation responses in the United States to interglacial warm periods
126 (e.g., Diffenbaugh et al., 2006; Otto-Bliesner et al., 2013). Moreover, Diffenbaugh et al. (2006)
127 indicated that general precipitation patterns over the U.S. do not change in response to sea surface
128 temperatures changes in orbital-driven warm periods. They observed that at least some localities
129 showed greater agreement with the proxy record in experiments without changes in SSTs as
130 compared to a more complete ocean treatment. While the regional simulation by Diffenbaugh et
131 al. (2006) indicate a spring and summer dry bias over parts of the southwestern U.S., the overall
132 precipitation pattern is well represented.

133

134 **3. Results**

135 **3.1. Model Validation**

136 A comparison between simulated and observed data indicates that RegCM_4.4.5 performs well in
137 capturing the general climatology in the western part of North America (Fig. 1). The model
138 performance for modern precipitation is assessed by using independent precipitation observations
139 from the Global Precipitation Climatology Centre (GPCC) data base (Schneider et al., 2011).
140 Figure 1a shows the NAM expressed as percent of annual precipitation that falls in July to
141 September (JAS). The model captures the spatial distribution of monsoon precipitation across the
142 western United States and Mexico, including regions of maximum precipitation along the west
143 coast of Mexico (Fig 1b). Moreover, the model is consistent with the climatological monthly
144 precipitation averaged over the main region of the NAM. The region is semiarid with a single
145 precipitation maximum evident in the summer months with averaged maximum precipitation of
146 around 3.5 mm/day (Fig 1c). The model captures the July precipitation, but slightly overestimates
147 precipitation in August and September. We attribute this discrepancy to the model resolution and
148 a slight summer warm bias over the southwestern U.S (Figure S1a, b) that likely overestimate the
149 moisture component that is transported from the oceans to the land, resulting in higher precipitation
150 rates. A model data comparison indicates a wet bias over the core of the NAM region in southern
151 Mexico, and a dry bias along the western continental Mexican coast (Figure S1c, d). However, the
152 main spatial and temporal patterns of monsoonal precipitation are well established in our model
153 simulations.

154

155 **3.2. Insolation and Temperature**

156 The changes in the amount of insolation received by the Earth during LIG result from changes in
157 the astronomical configuration. During MaxObliquity (130 ka) and in the Eemian (125 ka), our
158 study area received more insolation in spring and summer compared to modern (Fig. 2a, b).
159 Focusing on the NAM area, the difference in incoming shortwave flux at the top of the atmosphere
160 between the warm LIG periods and present is approximately 45 Wm^{-2} in June and -25 Wm^{-2} in
161 December. However, MaxObliquity indicates stronger insolation in particular from late February
162 to July, while the Eemian is characterized by stronger insolation from late April to September (Fig.
163 2a). In contrast, MinObliquity (115 ka) indicates the opposite pattern in insolation with below
164 modern values in spring and summer and above modern values during the fall and winter. The
165 magnitude of changes between MinObliquity and modern is overall smaller with around -20 Wm^{-2}
166 2 in June and 20 Wm^{-2} in December.

167 In response to increased insolation in northern hemisphere spring and summer during 130 ka and
168 125 ka, simulated surface temperatures are generally higher during those periods compared to the
169 modern over the majority of the western and southwestern U.S. Positive temperature anomalies

170 averaged over the NAM region are observed in April, May and June during the early LIG (Fig. 2c,
171 d). Temperature anomalies indicate strong spatial variability with up to 2°C higher temperatures in
172 New Mexico and Arizona, but similar to present temperatures in central and western Mexico (Fig.
173 3). Warming is stronger and occurs earlier at 130 ka in comparison to 125 ka. In July and August,
174 surface temperatures are cooler in most parts of the monsoon region with regional temperature
175 differences of up to -1.5° C compared to present. Most cooling is observed along the west coast of
176 Mexico and Baja California. This is opposite to the expected direct radiative effect, and might be
177 due to increased cloudiness, evapotranspiration, and precipitation (Fig. 2e-k). During
178 MinObliquity, surface temperatures in the southwestern U.S. are generally colder than present
179 throughout the entire spring and summer, corresponding to reduced insolation at that time (Fig. 2,
180 3).

181

182 **3.3. North American Monsoon Pattern (Modern versus Eemian)**

183 Simulated precipitation is the sum of large-scale precipitation related to cyclones or frontal systems,
184 and convective precipitation associated with local surface heating and vertical air movement. The
185 NAM system is associated with a dramatic increase in summer precipitation. Averaged over the
186 entire monsoon region, precipitation magnitudes over land reach a maximum around 130
187 mm/month in July and August (Fig. 2e). Modern precipitation is spatially very variable with the
188 highest precipitation rates in Mexico and significant less precipitation across the southwestern U.S.
189 (Fig. 4a).

190 Precipitation associated with the NAM system can be related to a thermodynamic component
191 (linked to atmospheric moisture content changes) and a dynamic component (linked to atmospheric
192 circulation changes). Seasonal warming results in higher atmospheric moisture content. The onset
193 of the monsoon season in July is characterized by a significant increase in relative humidity along
194 the flanks of the Mexican Plateau and Arizona and New Mexico (Fig. 5a-b, d-e). High surface
195 specific humidity on either side of the Mexican Plateau is consistent with the spatial gradient of
196 NAM precipitation with higher precipitation magnitudes in Mexico and lower precipitation
197 magnitudes in the southwestern U.S. (Fig. 7a). Vertical moisture advection is evident in strong
198 upward motion (Fig. 6a, c), in particular along the western flank of the Mexican plateau. Warm air
199 over land is more buoyant and destabilizes the atmospheric column directly above. As a result,
200 atmospheric convection is dominant and most of the monsoonal precipitation is convective in origin
201 (~80-90%, Fig. 2g).

202 To identify the origin of the low-level moistening through horizontal moisture advection, vertically
203 integrated and zonal moisture fluxes, monthly mean winds, and the moisture flux convergence are

204 examined. The integrated mass-weighted zonal moisture flux increases significantly at the onset of
205 the monsoon season (Fig. 5g, h). Strong winds transport water vapor from the Gulf of Mexico
206 (GoM) into the eastern part of the NAM region. The strongest flux onto the terrestrial NAM region
207 occurs at low levels by southeasterly winds (Fig. 7 a, b).

208 Moisture in Arizona appears to originate from the Gulf of California (GoC) and the eastern tropical
209 Pacific. Strong northwesterly winds associated with the large-scale circulation in the east Pacific
210 anticyclone occur west of Baja California. Along the west coast, the low-level flow is primarily
211 parallel to the continent with little influx of moisture (Fig. 7a). The elevated topography of the
212 Mexican Plateau blocks and deflects low-level winds and divides the water vapor sources with a
213 moist tongue extending up the Gulf of California on the west side and increased amounts of water
214 vapor extending from the Gulf of Mexico on the east side (Fig. 7b). Moisture divergence at 700
215 hPa is localized over the Gulf of California and in the southeastern region of the GoM, suggesting
216 that these oceanic regions are the primary sources for NAM moisture (Fig. 7c).

217 The large-scale, 500-hPa and 200-hPa wind fields show large anticyclonic rotation over the
218 southwestern U.S. (Fig. S2) and steer moisture transport at lower levels predominantly from the
219 Gulf of Mexico.

220

221 During the LIG, the overall precipitation pattern and length of the monsoon season is similar to
222 today with a strong summer monsoon and dry winter months. However, during the Eemian (125
223 ka), precipitation over the NAM region slightly increases in spring, and is considerably higher in
224 July and August in comparison to the present (Fig. 2e, f). Averaged over the entire monsoon region,
225 monthly precipitation magnitudes were about 24 mm higher in July and 14 mm higher in August.

226 The changes in monsoonal precipitation during the Eemian were not uniform, but indicate strong
227 spatial variability. JJA precipitation increased by up to 60 % in the eastern half of the monsoon
228 region, but decreased by 40 % over Arizona in the northwestern part of the NAM region (Fig. 4c).

229 Increased Eemian precipitation can be related to an increase in moisture due to an overall warmer
230 atmosphere. Simulated air temperature over the GoM is slightly warmer in the Eemian compared
231 to modern (Fig. 3). The warmer temperatures over the GoM and along a narrow corridor from the
232 east coast of Mexico into New Mexico and the northern part of Arizona provides a basis for
233 increased saturation vapor pressure. It results in more moisture available in the atmosphere to
234 condense into precipitation, favoring more intense cloud fraction, humidity, and monsoonal
235 precipitation (Fig. 2, 5). However, the vertical velocity across the NAM region is less (Fig. 6b, d)
236 and convective precipitation changes very little (Fig. 2g), so most of the additional precipitation
237 must be related to large-scale phenomena.

238 Stronger horizontal moisture transport into the core and eastern part of the monsoon region during
239 the Eemian is evident (Fig. 7d, e). Surface winds increase around 15 % over the Gulf of Mexico
240 and the Gulf of California (Fig S2, S3), transporting more moisture into north-central Mexico, New
241 Mexico and California and leading to increased evapotranspiration (2j, k). Increased wind speeds
242 and moisture transport is accompanied by a northward shift of the anticyclonic wind pattern (Fig.
243 S2).

244

245 Although most of the monsoon region indicates an increase in precipitation during the Eemian,
246 Arizona shows a pronounced drying (Fig. 4c). Lower precipitation in the western part of the
247 monsoon region is not immediately evident in other moisture quantities. Specific and relative
248 humidity during the Eemian are high in the region. Horizontal moisture transport is evident in 35%
249 stronger surface winds over Arizona and an increase in mass-weighted integrated zonal moisture
250 flux over the GoC (Fig 5i). However, the vertical moisture flux is reduced (Fig. 6). Most of the
251 precipitation over the NAM region is convective in origin, but the climatological conditions that
252 promote convection differ between regions (Adams and Comrie, 1997; Douglas et al., 1993). In the
253 western NAM region, convection depends essentially on the presence of lower-troposphere
254 moisture with intense insolation and elevated topography (Adams and Souza, 2009). Simulated air
255 temperature over the eastern subtropical Pacific and over the Gulf of California (GoC) is colder in
256 JJA which is in agreement with suggested Eemian cooling in the subtropical Pacific based on
257 Mg/Ca observational data (Leduc et al., 2010). Lower air temperatures around Baja California may
258 weaken velocity potential and convection in the western part of the NAM region. Examination of
259 the vertical structure during the Eemian indicates less vertical air motion (fig. 6), less moisture flux
260 divergence (Fig. 7) and an upper-tropospheric (200-hPa) divergence (not shown) that coincides
261 with reduced mid-tropospheric vertical motion, reduced convection, and reduced monsoon rainfall
262 in Arizona. Higher surface winds over Arizona may result in moving water vapor out of the area to
263 the east. Surface winds are from the southwest but shift from a more meridional to a more zonal
264 direction (i.e., a stronger westerly component, Fig. S3). This could explain an increase in California
265 precipitation, while Arizona experiences drier conditions.

266

267 **3.4 Temporal Monsoon Variability during LIG**

268 Our model simulates positive temperature anomalies in early summer across the western U.S. in
269 response to the dominant orbital forcing mechanism that modifies the incoming solar radiation
270 during the early stages of the LIG (130 ka and 125 ka). Despite similar orbital forcing

271 configurations during the warm phase of the LIG, the monsoonal climate during 130ka and 125ka
272 is quite different.

273 Obliquity is largest at 130 ka and peaked earlier than precession during the LIG (Crowley and Kim,
274 1994). The obliquity affects seasonal contrast and results in stronger monthly temperature
275 deviations at 130 ka than 125 ka in comparison to modern simulations (Fig. 2). However,
276 simulations show that the NAM response is dominated by precession. Positive temperature
277 anomalies averaged over the NAM region are significantly higher in spring at 130 ka than at 125
278 ka. While July temperature anomalies differ spatially under Eemian conditions, the average
279 temperature across the NAM region is similar to MaxObliquity. This is consistent with a shift in
280 perihelion from earliest May at 130 ka to late July at 125 ka and associated impacts on Northern
281 Hemisphere insolation (Otto-Bliesner et al., 2013).

282 The timing of perihelion increased the seasonal insolation and temperature contrast; an effect that
283 was amplified by the highly eccentric orbit. The overall cooler temperatures in the late summer
284 months during 130 ka taper the monsoonal response. Averaged over the entire NAM region,
285 MaxObliquity indicates a larger positive precipitation anomaly in May, when insolation is the
286 highest, but experiences an overall similar monsoon as present, with slightly higher precipitation
287 magnitudes in June and July (Fig. 2). JJA spatial pattern indicate a maximum increase in
288 precipitation of around 30-40 % in the core region of the NAM, while the eastern and western coast
289 of Mexico indicate a modest decrease around 10-20 % or no significant change in precipitation in
290 comparison to modern (Fig. 4d). Arizona experiences a similar pattern to the Eemian with a
291 precipitation decrease up to 35 %. Overall, MaxObliquity indicates a similar precipitation pattern
292 as the Eemian, with moisture flux changes representing the same spatial distribution, but smaller
293 changes in magnitudes (Fig. S4)

294 While we are mainly focusing on the warm periods of the early LIG, we want to present a short
295 summary of climate changes related to MinObliquity. Eccentricity is large throughout the entire
296 LIG. With minimum obliquity and perihelion in January, seasonal contrasts at 115 ka are moderate.
297 In response to lower insolation and lower temperature in spring and summer, the NAM region is
298 slightly dryer with precipitation about 5 to 10 % lower than modern. The decrease in total
299 precipitation is mostly due to a slight decrease in convection and associated less intense storm
300 events throughout the summer. MinObliquity is characterized by a strong reduction in moisture at
301 the lower and middle troposphere. The extent and magnitude of drying is similar to the spatial
302 pattern observed for increased humidity in the Eemian. Maximum decrease in surface moisture is
303 observed in the NAMEast region and north of the core monsoon (Fig. S4), while moisture in the

304 middle troposphere decreases uniformly, but only at small magnitudes. The upper level anticyclone
305 weakens and shifts southeast (Fig. S2).

306

307 **4. Discussion**

308 Overall, our simulations suggest a temporally and spatially diverse response to insolation changes
309 in the North American Monsoon region. We attribute the difference in the timing and magnitude
310 of maximum insolation and temperature changes to changes in obliquity and precession. Previous
311 studies (e.g., Bakker et al., 2013; Otto-Bliesner et al., 2013) have shown that the radiative forcing
312 provided by the changes in the three major GHGs is small ($< 0.2 \text{ W m}^{-2}$) compared to the forcing
313 provided by the insolation changes. Our simulated June and July temperatures are consistent with
314 results from earlier model inter-comparison studies that show robust Northern Hemisphere July
315 temperature evolution characterized by a maximum between 130 – 125 ka with temperatures 0.3 to
316 5.3 K above modern (Bakker et al., 2013; Lunt et al., 2013). Proxy datasets of quantitative estimates
317 of mean annual surface temperatures only include a limited number of terrestrial sites in the U.S.
318 However, intact Eemian wood samples have been recovered from sediments of the Ziegler
319 Reservoir in Snowmass Colorado (Pigati et al., 2014). A unit corresponding to MIS 5e has been
320 dated to between ~126 and 120 ka with mean July temperature reconstruction that have been similar
321 to or slightly warmer than they are today (Elias, 2014). Interestingly, the core region of the NAM
322 region, including northwestern Mexico and southwestern Arizona, indicates cooling in July and
323 August. This pattern is consistent with previous model results that show continental cooling at
324 subtropical northern latitudes associated with the core regions of other monsoon systems such as
325 Asian and African systems (Otto-Bliesner et al., 2013). Previous studies have attributed cooler
326 summer temperature during the early LIG to enhanced summer monsoons and cloud feedbacks. A
327 comparison between TOA and surface insolation (Fig. 2a, b) suggests atmospheric processes
328 enhance reflection and/or scattering of incoming solar radiation. Increased atmospheric water vapor
329 during the Eemian (evident in the cloud fraction, total columnar liquid water content, and integrated
330 moisture fluxes (Fig 2h, I; Fig. 5)) may contribute to the cooling pattern.

331 Our model indicates northward movement of the mid-level anticyclone and warming over the Gulf
332 of Mexico that facilitates stronger moisture transport into the eastern NAM region. An
333 intensification of precipitation over most of the southwestern U.S. during the Eemian is consistent
334 with previous studies that suggest a more intense NAM in response to increased Northern
335 Hemisphere insolation (Asmerom et al., 2007; Barron et al., 2012; Metcalfe et al., 2015). A recent
336 study by Scussolini et al. (2019) compares simulated hydroclimates in LIG model experiments with
337 proxy data and explores the limitations of data-model comparisons. In very good agreement with

338 our simulation, Scussolini's model ensemble shows higher average precipitation of the NAM
339 during the early LIG by about 34%. However, the models used in that study indicate considerable
340 variability with at least one model suggesting a noticeable decrease in monsoonal precipitation
341 during the LIG (Scussolini et al., 2019). Very few terrestrial LIG proxies exist in the southwestern
342 U.S. and none of them unambiguously project seasonal precipitation anomalies. Multiproxy data
343 from wetland records in Colorado (Miller et al., 2014) and pollen proxies from ancient lakes in
344 California (Bradbury, 1997; Ku et al., 1998; Menking et al., 1997; Reheis et al., 2012) suggest
345 overall wetter conditions during the early LIG, but it is not clear whether these anomalies are related
346 to summer or winter precipitation.

347 Our model predicts an increase in monsoonal precipitation over most parts of the southwestern
348 U.S., but also distinctively drier conditions over the northwest corner of the core monsoonal area
349 in Arizona. We are not aware of datasets that can verify or refuse the idea of regional drying in
350 parts of the NAM during the Eemian. Paleoclimate model simulations are usually conducted with
351 lower-resolution general circulation models that provide large-scale information, but do not resolve
352 small-scale regional variations. However, the modeled spatial variability in monsoonal
353 precipitation is consistent with the dual nature of the modern monsoon, where anomalously wet
354 periods in New Mexico do correspond to low precipitation periods in Arizona or vice versa,
355 supporting the evidence of different moisture sources and paths for the two regions (Comrie and
356 Glenn, 1998).

357 The climate of the Eemian is closely related to the orbital forcing configurations that result in a
358 pronounced seasonal cycle with warmer summers and colder winters. Current and future climate
359 change is associated with greenhouse gas radiative forcing that will most likely result in uniformly
360 warm conditions throughout the year. While the difference in forcing factors might limit our
361 expectations of a direct comparison between the two warming scenarios, positive temperature
362 anomalies and associated patterns in hydroclimate have been proposed in future climate projections
363 (D'Agostino et al., 2019; Wang et al., 2020). There is observational evidence to suggest that
364 monsoon precipitation is becoming more extreme in the Southwest and northwestern Mexico with
365 increasing surface temperatures (Anderson et al., 2010; Chang et al., 2015; Luong et al., 2017). An
366 overall stronger monsoon can be explained by strong feedbacks between summer insolation,
367 evapotranspiration, convection, and cloudiness. However, summertime convective activity in the
368 southwestern U.S. is spatially variable and results from complex interactions between atmospheric
369 circulation features and the complex topography (Adams and Souza, 2009). Drier conditions in
370 Arizona may reflect local topographic effects that are critical to the distribution of convective
371 activity. Adams and Comrie (1997) discussed the formation of the NAM in response to temperature

372 contrasts between seasonally warm low land surfaces and elevated areas together with atmospheric
373 moisture supply from nearby maritime source. In the modern context, the thermal contrast in the
374 Gulf of California facilitates the formation of moisture-laden air masses that move northward
375 toward a region of low pressure centered over Arizona (Pascale and Bordoni, 2016; Wu et al.,
376 2009). Our simulations show a decrease in temperature in the low-lying regions of Arizona, which
377 reduces the thermal low and reduces convective precipitation (Fig. 4, 6). Our results are in
378 agreement with Pascal et al. (2017) who highlights the possibility of a strong precipitation reduction
379 in the northwestern edge of the monsoon region in response to increased atmospheric stability and
380 weakened convection.

381

382 It is important to note that most of the NAM literature has a strong geographical bias toward the
383 state of Arizona, but differences in precipitation response between the eastern and western NAM
384 regions are very apparent in our model output as well as modern observations (Comrie and Glenn,
385 1998). Our model simulations suggest that in an orbital forcing-induced warmer climate, NAM
386 regions that are dominated by local convection and vertical moisture advection experience drier
387 conditions, while regions dominated by horizontal, regional moisture fluxes may experience wetter
388 conditions. Our findings are consistent with present-day analysis from the Climate Prediction
389 Center and individual Cooperative Observer Program (COOP) stations with long-term records of
390 precipitation in the southwestern U.S. that indicate a significant increase in mean precipitation in
391 New Mexico, but a decrease in mean monsoon precipitation over Arizona in recent decades (Luong
392 et al., 2017).

393 The precipitation response to increased solar radiation and associated warming is complex. The
394 NAM region does not experience a uniform response to changing climate conditions. A more
395 detailed analysis with high-resolution models (<25 to 10km resolution) is necessary to account for
396 a thorough examination of the Gulf of California response to insolation changes. We may not
397 accurately resolve the summertime low-level flow along the Gulf of California which may impact
398 precipitation estimates in the southwestern US. However, our model results are in good agreement
399 with previous studies trying to unravel the NAM history in response to warmer interglacial periods
400 as well as modern observations in a warming climate.

401

402

403 **Acknowledgements:**

404 This study was supported by the National Science Foundation grant NSF EAR 1502772. The work
405 was completed in part with resources and assistance provided by the University of Chicago

406 Research Computing Center. We thank two anonymous reviewers for constructive comments on
407 the manuscript.

408

409 **Data Availability:**

410 The data (NetCDF files from climate simulations) that support the findings of this study are
411 available from the corresponding author upon reasonable request.

412

413 **Figures:**

414 Figure 1: Measured and simulated monsoonal precipitation across North America. (a) Precipitation
415 (in percent of annual precipitation) during the peak NAM season (July, August, September = JAS)
416 based on observations from the Global Precipitation Climatology Centre (GPCC) database from
417 1981 to 2010. (b) RegCM4 simulated 20-year mean JAS precipitation. Red box highlights the main
418 NAM monsoon region, green box indicates Arizona ‘dry’ region (see text for explanation). (c)
419 Monthly precipitation flux of observed and simulated precipitation over the monsoon region.

420

421 Figure 2: Simulated forcing factors and climate parameters averaged over the North American
422 Monsoon region for 4 cases: modern (black line), 115 ka (blue line), 125 ka (green line), and 130
423 ka (red line). (a) Incoming solar radiation at the top of the atmosphere indicates higher incoming
424 shortwave flux during the early LIG. (b) Surface net shortwave flux highlights cloud feedbacks
425 during the summer months. (c) and (d) Surface temperature and highlighted differences in
426 temperature between case studies and modern. (e) and (f) Total precipitation and difference in
427 precipitation between case studies and modern. (g) Convective precipitation. Large differences in
428 total precipitation, but small differences in convective precipitation during the Eemian highlights
429 the impact of additional large-scale transport of moisture into the study area. (h) Total cloud
430 fraction (i) Total liquid water content. (j) and (k) Total evapotranspiration flux and difference in
431 evapotranspiration between case studies and modern. Averaged over the monsoon region, climate
432 parameters suggest an increase in atmospheric moisture during the early LIG.

433

434 Figure 3: Simulated temperature differences between LIG and modern from May to August. Top
435 row: Difference in temperature between MinObliquity and modern. Middle row: Temperature
436 differences between Eemian and modern. Bottom row: Temperature difference between
437 MaxObliquity and modern. The monthly maps indicate surface temperature with fixed ocean
438 temperature. Notice lower temperatures in July and August in the NAM region. The right column
439 shows near surface air temperature differences averaged over June, July, August. Although sea

440 surface temperatures have been held constant in the model, the air temperature increases over the
441 Gulf of Mexico and decreases over the Gulf of California during 125 ka and 130 ka.

442

443 Figure 4: Simulated precipitation differences (in percentage) between LIG and modern for June,
444 July, August (JJA). (a) Simulated summer precipitation (in mm/day) over the U.S. (b-d)
445 Difference in precipitation between (b) MinObliquity and modern; (c) Eemian and modern; (d)
446 MaxObliquity and modern. Notice duality pattern between Arizona and eastern monsoon region.

447

448 Figure 5: Relative humidity (RH) and mass-weighted integrated moisture flux across the NAM
449 region. (a, b) Increased modern RH from June to July across Arizona and New Mexico at around
450 32°N at the onset of the North American monsoon season. (c) RH along the same profile during
451 Eemian July. (d-f) Same as (a-c) but for a profile across the Mexican Plateau at around 26°N. (g,
452 h) Distribution of integrated mass-weighted zonal moisture flux at the onset of the North American
453 monsoon season. Modern simulations indicate increase in moisture from June to July over the key
454 source regions of the NAM. (i) Eemian simulation indicates stronger mass-weighted integrated
455 moisture flux in comparison to modern.

456

457 Fig. 6: Vertical velocity (ω) across the NAM region in July. Negative values indicate upward
458 air component. (a) Vertical motion across Arizona and New Mexico at around 32°N at the onset of
459 the North American monsoon season. (b) Reduced vertical motion during the Eemian. (c-d) Same
460 as (a-b) but for a profile across the Mexican Plateau at around 26°N. Strong uplift is evident along
461 the western flank of the Mexican Plateau. Reduced motion during the Eemian.

462

463 Figure 7: Horizontal moisture flux quantities at different heights averaged over June, July,
464 August. (a) Surface specific humidity (colored) and winds in modern simulation shows distinct
465 moisture sources for Arizona and New Mexico. (b) Modern zonal moisture at 850 hPa. Positive
466 values indicate westerly moisture flux, negative values indicate easterly moisture flux. (c)
467 Modern velocity potential (colored) and moisture flux divergence at 700 hPa. (d - f) Differences
468 between Eemian and modern moisture flux in comparison to (a-c). Positive values indicate higher
469 moisture (flux) during Eemian, negative values indicate less moisture (flux).

470

471 Table 1: Forcings and boundary conditions used in RegCM simulations.

472

473 Supplement Figure S1: Comparison of modeled data versus observations for summer (JJA)
474 temperature and precipitation. (a) Observed summer precipitation, based on CRU data (1981-
475 2010). (b) RegCM modeled summer temperature. (c) Observed summer precipitation, based on
476 precipitation time series from the Global Historical Climatology Network (GHCN) database
477 (1981-2010). (d) RegCM modeled summer precipitation.

478

479 Supplement Figure S2: Wind patterns averaged over JJA in the Modern and during the Eemian.
480 (a-c) Modern winds at the surface, 500-hPa, and 200-hPa. The model realistically simulates the
481 anticyclonic patterns at mid- and high-levels. (d-e) Vectors are showing difference in wind
482 magnitude under Eemian and modern conditions. Vector colors indicate magnitude, positive and
483 negative signs are related to the change in physical direction of winds.

484

485 Supplement Figure S3: Surface moisture (white-blue) and surface winds during JJA. (a) Map
486 view shows distinct moisture sources for Arizona and New Mexico. (b) Changes in wind speed
487 (wdsp) and wind direction (wdd) under modern and Eemian conditions for different regions
488 associated with the NAM.

489

490 Supplement Figure S4: Comparison of moisture flux between modern, MaxObliquity and
491 MinObliquity. Top row: modern simulations. Middle row: Difference between Max Obliquity
492 (130 ka) and modern. Bottom Row: Difference between MinObliquity (115 ka) and modern.

493

494

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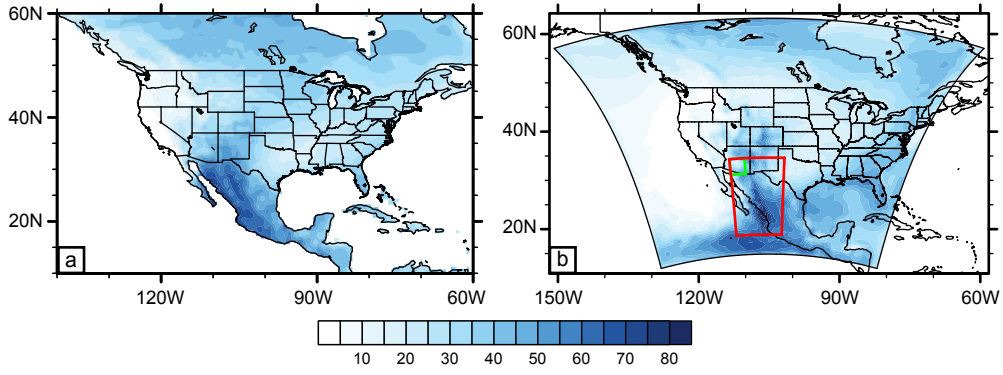
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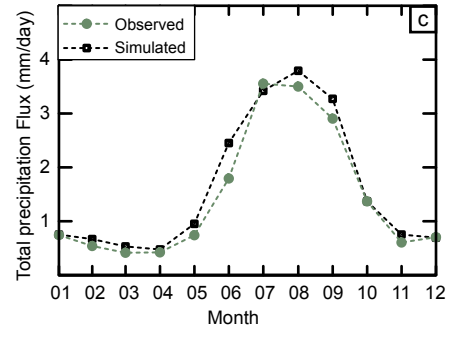
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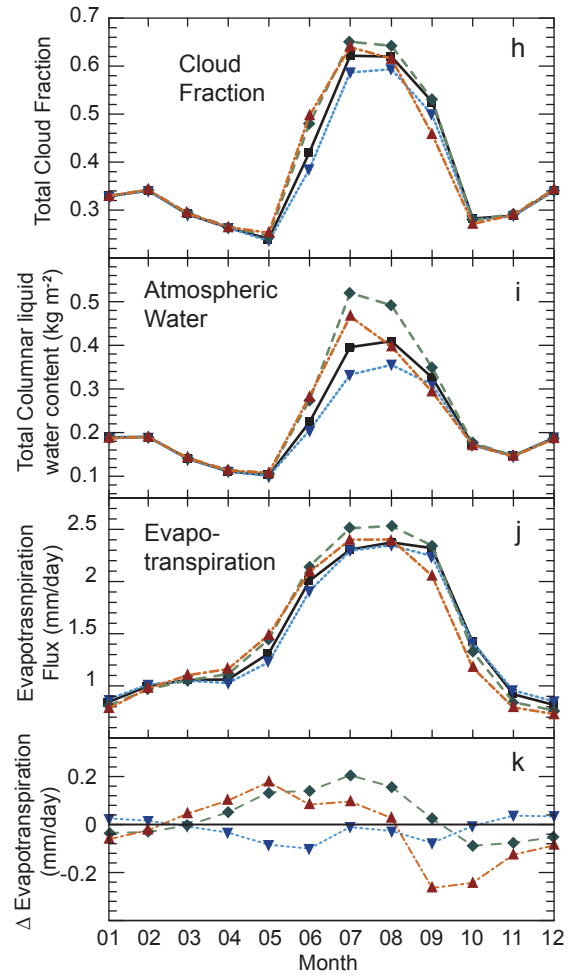
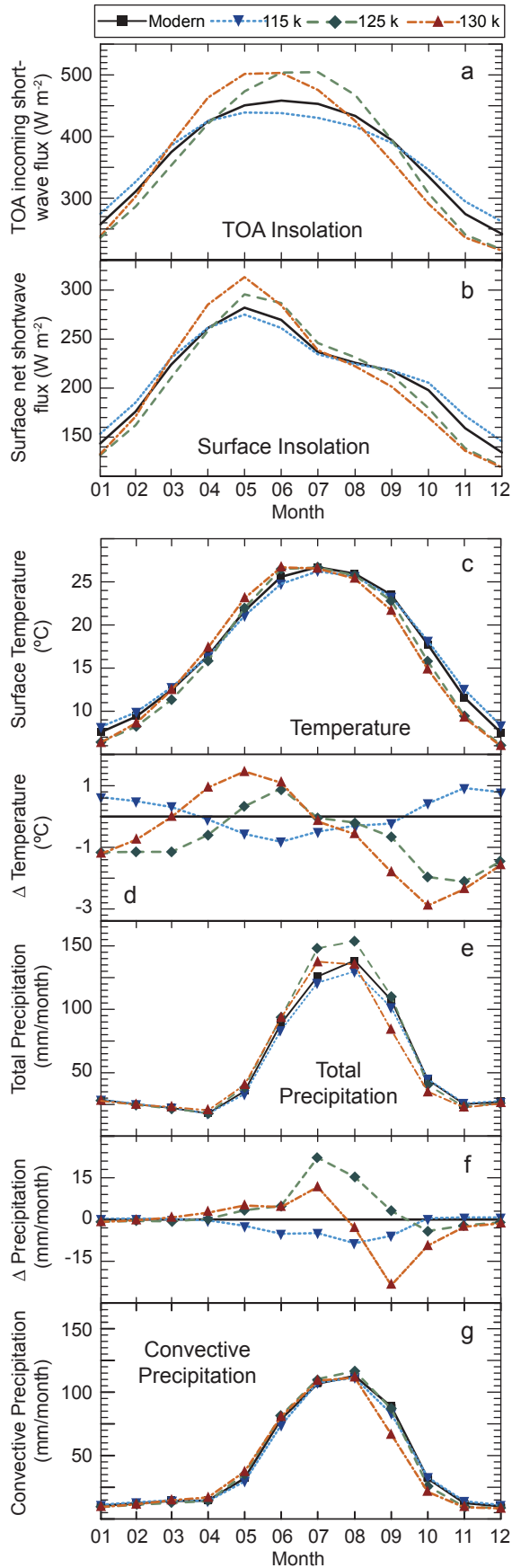
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699

Observed and simulated JAS Precipitation, (% of Annual)



Monthly Precipitation

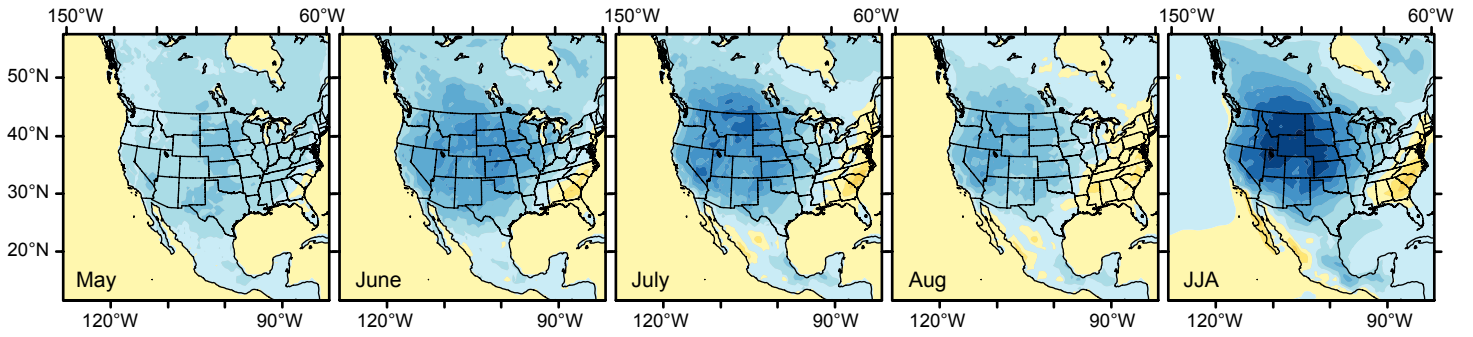




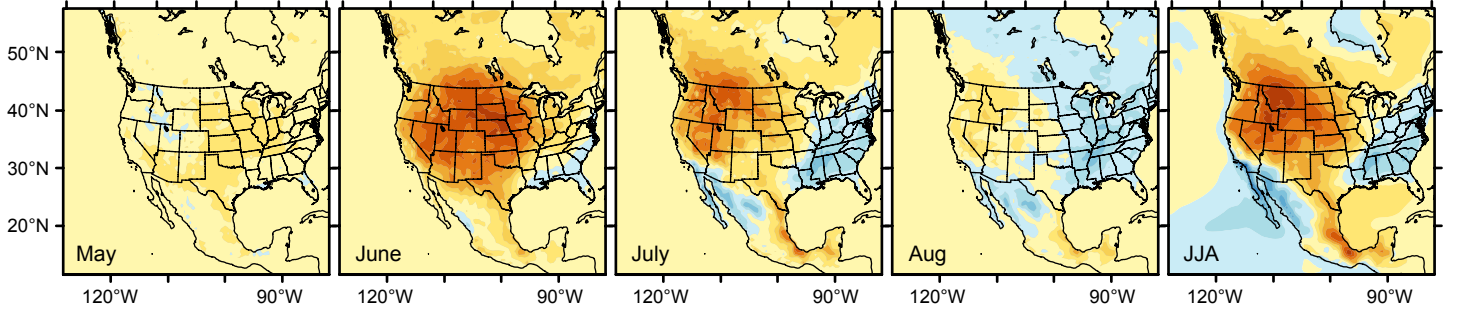
Differences in Surface Temperature

Differences in Air Temperature

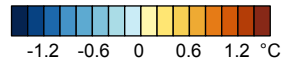
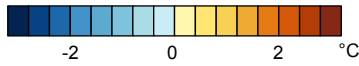
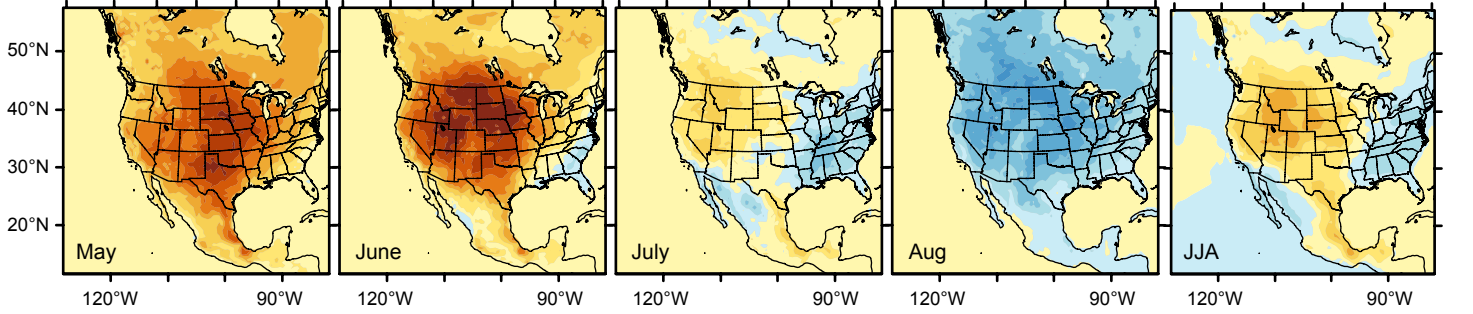
115ka - Modern



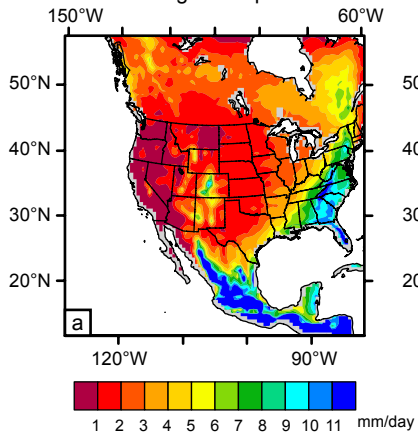
125ka - Modern



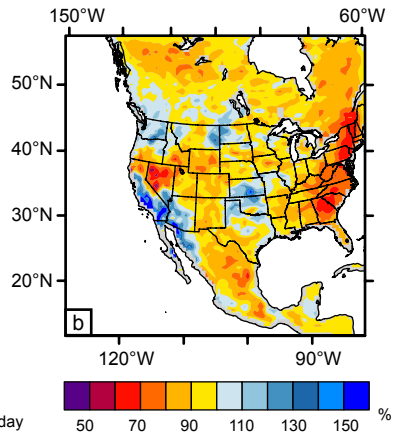
130ka - Modern



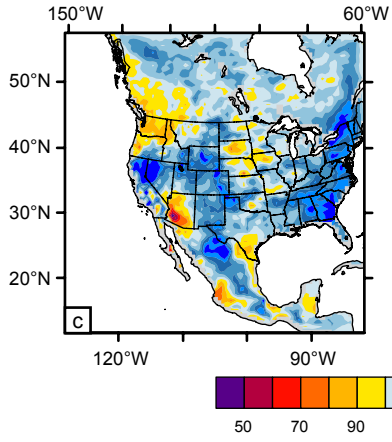
Simulated Modern
Average Precipitation



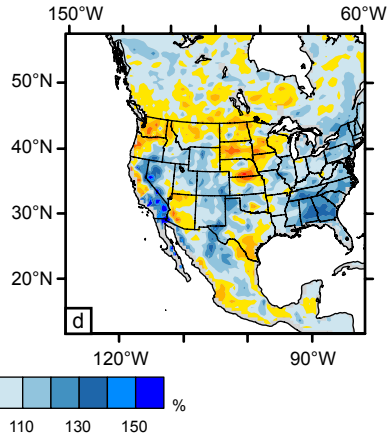
Precipitation Difference
115ka - Modern

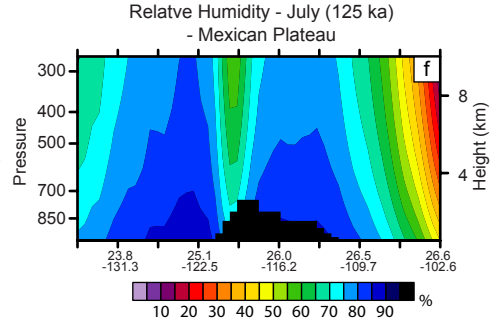
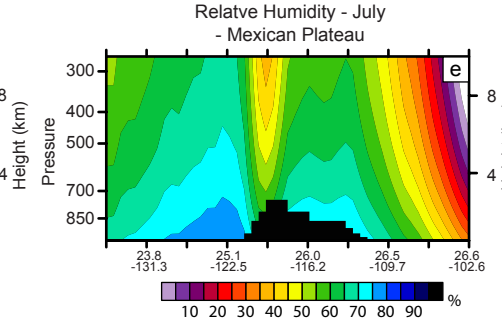
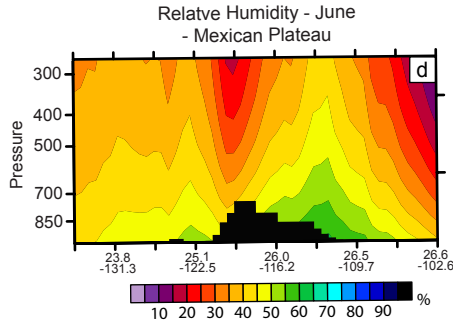
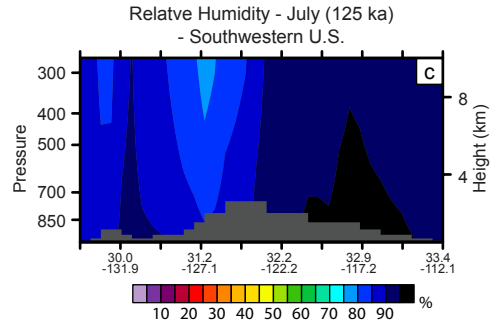
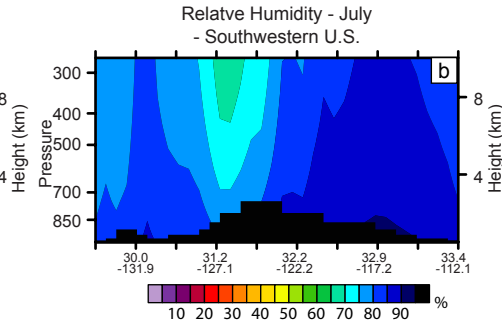
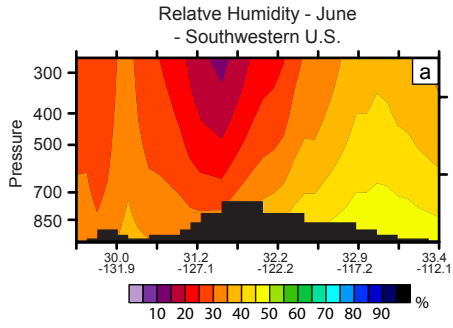


Precipitation Difference
125ka - Modern

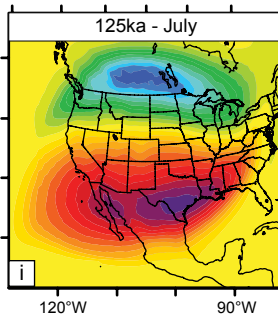
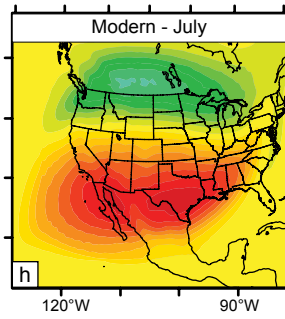
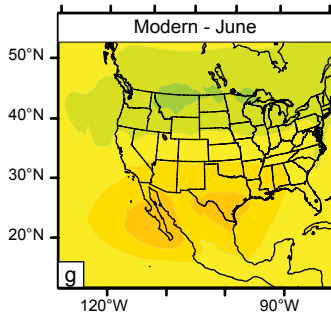


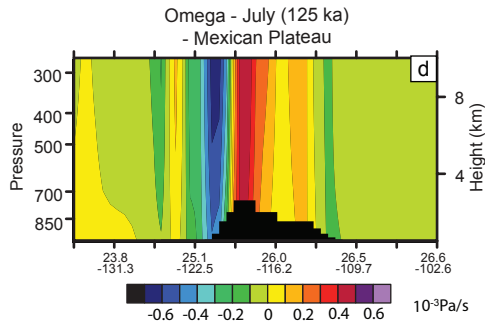
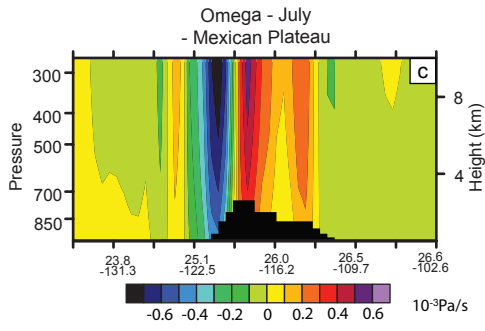
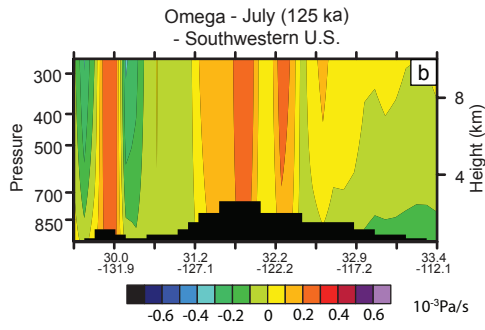
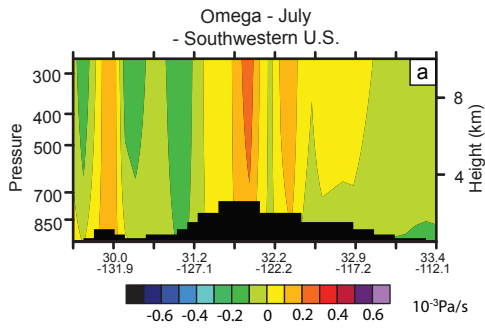
Precipitation Difference
130ka - Modern

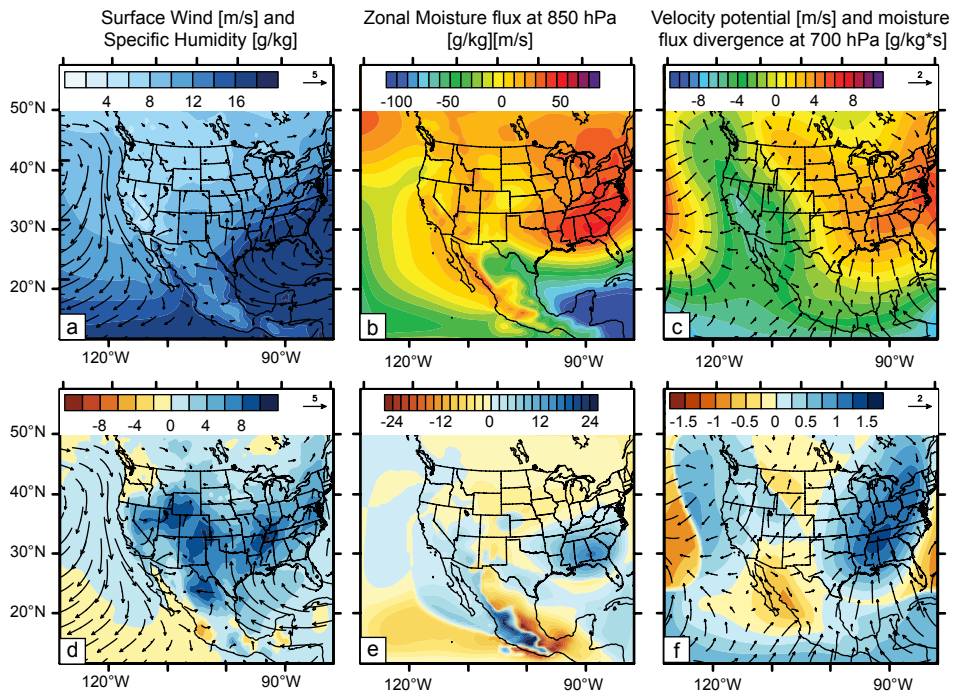




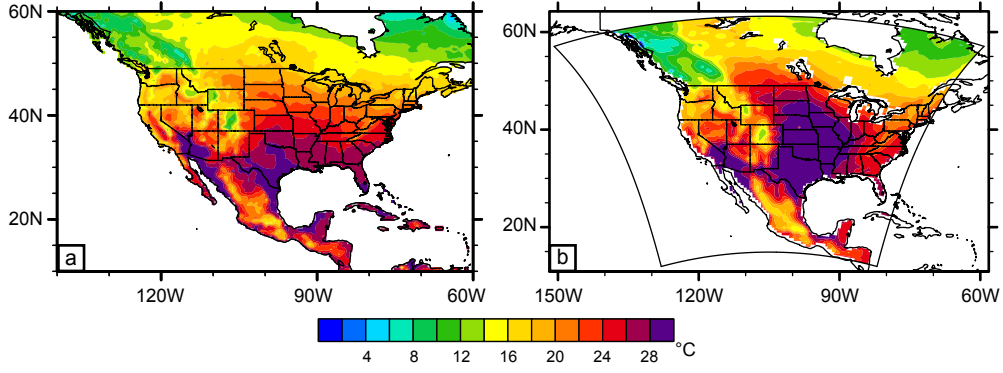
Integrated mass weighted zonal moisture flux component [m/s][g/kg]



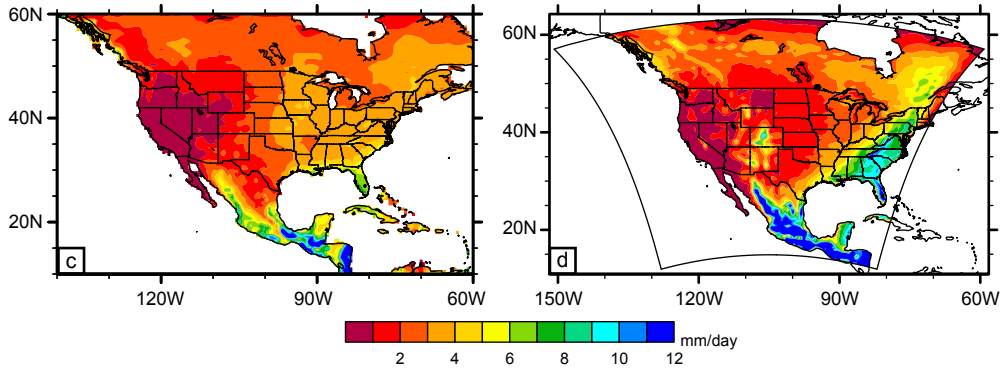




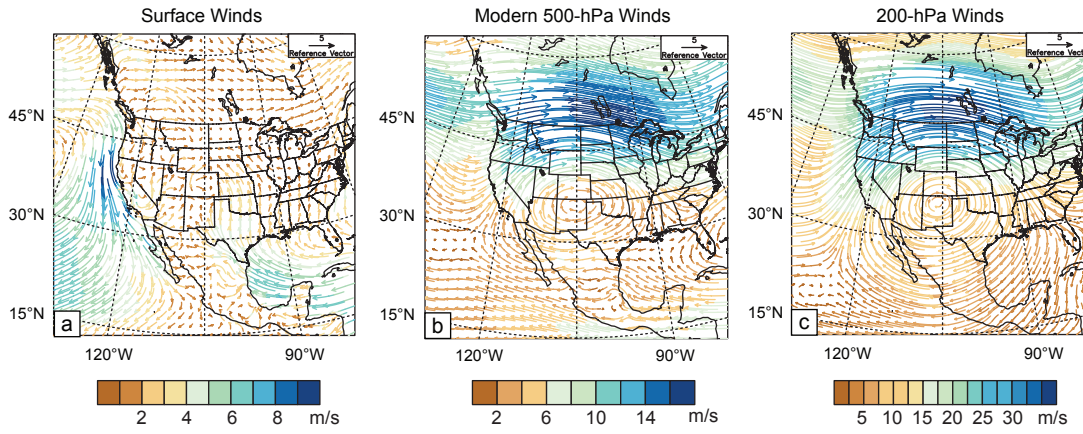
Observed and Simulated Summer Temperature



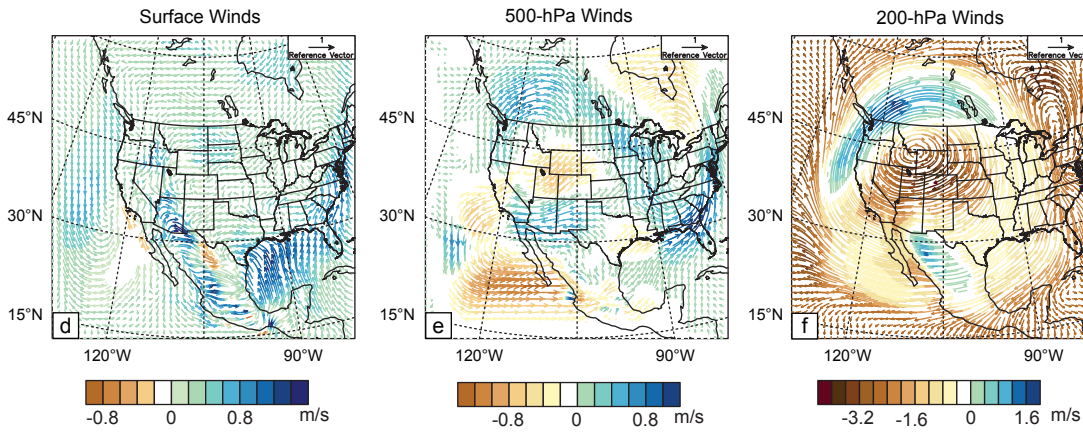
Observed and Simulated Summer Precipitation

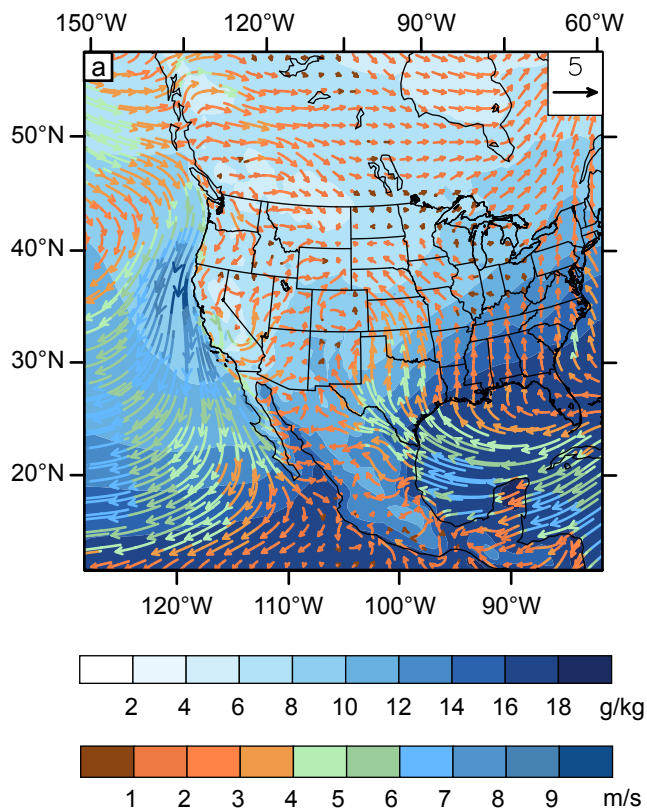


Simulated modern Wind pattern



Difference in winds (Eemian - Modern)





	modern wdsp	modern wdd	Eemian wdsp	Eemian wdd	perc
Surface winds					
Gulf of California - N	1.9	261.1	2.3	252.2	118.2
Gulf of Mexico	5.7	115.3	6.6	121.2	115.5
Western Pacific	5.6	328.3	5.1	325.3	91.5
Arizona	2.2	215.8	3.0	236.0	135.8
New Mexico	2.6	175.0	2.5	167.0	97.2
California	3.3	269.7	3.4	266.7	103.4
500 hPa winds					
Gulf of California - N	4.7	131.7	5.0	127.8	108.2
Gulf of Mexico	2.7	110.7	2.7	120.5	100.6
Western Pacific	3.4	152.9	3.4	145.8	101.3
Arizona	4.3	140.4	4.8	128.9	112.2
New Mexico	3.3	73.1	3.8	75.4	115.4
California	5.1	169.5	5.5	160.0	108.1
200 hPa winds					
Gulf of California - N	9.3	149.4	10.9	139.9	116.0
Gulf of Mexico	5.5	43.2	7.1	47.0	130.1
Western Pacific	10.3	172.1	12.1	159.3	117.4
Arizona	9.2	161.7	10.9	143.9	118.7
New Mexico	8.1	53.6	9.8	61.3	121.2
California	11.75	185.2	13.1	173.5	111.6

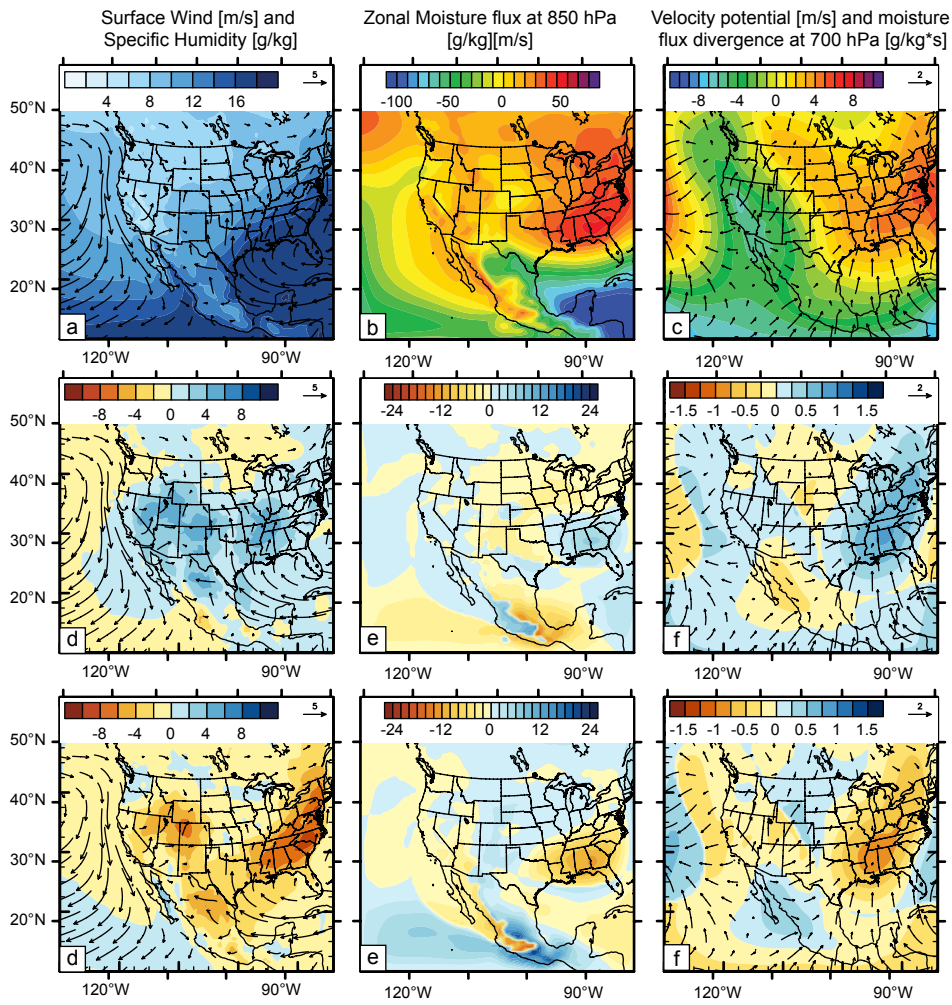


Table 1: Last Interglacial (LIG) forcings and boundary conditions:

Simulation	Time*	Orbital Parameters**			Trace Gases		
		ecc	obl	peri	CO2 (ppmv)	CH4 (ppbv)	N2O (ppbv)
Modern	0	0.016724	23.446	0.01636	355, 280	760	270
MinObliquity	115,000	0.043983	22.438	109.54	273	472	251
Eemian	125,000	0.042308	23.818	304.76	276	640	263
MaxObliquity	130,000	0.040129	24.247	225.73	257	512	239

Notes: *Time is in ka; **Orbital parameters are ecc = eccentricity, obl = obliquity, and peri = precession (Berger and Loutre); Trace gases are from <http://www.ncdc.noaa.gov/paleo/icecore.html>