

Near-inertial dissipation due to stratified flow over abyssal topography

By Varvara E. Zemskova (barbara.zemskova@utoronto.ca) and

Nicolas Grisouard (nicolas.grisouard@utoronto.ca)

University of Toronto, Department of Physics, 60 St. George Street, Toronto ON M5S 1A7, Canada

This paper is a non-peer reviewed preprint submitted to EarthArXiv. It was submitted to *Journal of Physical Oceanography* on 11 January, 2021 and is currently undergoing peer review.

Please feel free to reach out to us if you have any questions or comments regarding the paper.

1 **Near-inertial dissipation due to stratified flow over abyssal topography**

2 Varvara E. Zemskova* and Nicolas Grisouard

3 *Department of Physics, University of Toronto, Toronto, ON, Canada*

4 *Corresponding author: Varvara E. Zemskova, barbara.zemskova@utoronto.ca

ABSTRACT

5 Linear theory for steady stratified flow over topography sets the range for topographic wavenumbers
6 over which freely propagating internal waves are generated, and the radiation and breaking of these
7 waves contribute to energy dissipation away from the ocean bottom. However, previous numerical
8 work demonstrated that dissipation rates can be enhanced by flow over large scale topographies
9 with wavenumbers outside of the lee wave radiative range. We conduct idealized 3D numerical
10 simulations of steady stratified flow over 1D topography in a rotating domain and quantify vertical
11 distribution of kinetic energy dissipation. We vary two parameters: the first determines whether
12 the topographic obstacle is within the lee wave radiative range and the second, proportional to
13 the topographic height, measures the degree of flow non-linearity. For a certain combination
14 of topographic width and height, the flow develops periodicity in wave breaking and kinetic
15 energy dissipation; in these simulations, kinetic energy dissipation rates are also enhanced in the
16 interior of the domain. In the radiative regime the inertial motions arise due to resonant wave-
17 wave interactions. In the small wavenumber non-radiative regime, instabilities downstream of
18 the obstacle can facilitate the generation and propagation of non-linearly forced inertial motions,
19 especially as topographic height increase. In our simulations, dissipation rates for tall and wide
20 non-radiative topography are comparable to those of radiative topography, even away from the
21 bottom, which is relevant to the ocean where the topographic spectrum is such that wider abyssal
22 hills also tend to be taller.

23 **1. Introduction**

24 Small-scale turbulence plays an important role in dissipating energy input from winds, tides,
25 and surface buoyancy forcing (Munk and Wunsch 1998; Wunsch and Ferrari 2004; Hughes et al.
26 2009; Zemskova et al. 2015) and in subsequently sustaining the meridional overturning circulation
27 through diapycnal mixing (Marshall and Speer 2012; Talley 2013). The background diffusivities in
28 the ocean are generally too small to maintain the stratification; however, the diffusivity values have
29 a high degree of spatial variability and mixing occurs in certain hot spots (De Lavergne et al. 2016;
30 Mashayek et al. 2017). One of the identified important routes for energy dissipation in the ocean
31 interior is the breaking of the internal waves that are generated as a result of the steady geostrophic,
32 eddy, or tidal flows impinging on rough bottom topography. Many observational (e.g., St. Laurent
33 et al. 2012; Sheen et al. 2013; Waterman et al. 2013; Brearley et al. 2013; Cusack et al. 2020) and
34 numerical (e.g., Nikurashin and Ferrari 2010a; Nikurashin et al. 2014; Yang et al. 2018) studies of
35 this energy pathway have focused on the Southern Ocean. There, the circulation is driven by both
36 the strong persistent zonal winds and surface buoyancy forcing. However, enhanced dissipation
37 rates overlying rough topography are ubiquitous in other regions of the ocean as well (e.g. Liang
38 and Thurnherr 2012; Whalen et al. 2012; Musgrave et al. 2017; Hu et al. 2020).

39 Global and regional ocean models often do not have sufficient resolution to capture small-scale
40 rough topographic features, and the internal motions generated by the flow over them have to be
41 parameterized. To our knowledge, most parameterizations include effects of lee wave radiation,
42 but neglect to include non-radiative, non-linear hydraulic effects. In this work, we illustrate the
43 interplay between the two in a series of idealized numerical simulations.

44 In a regime we hereafter refer to as "radiative", when a steady, homogeneous flow with velocity
45 U and buoyancy frequency N goes over a sinusoidal bottom topography with wavenumber k , freely

46 propagating linear lee waves are generated if

$$\chi = \frac{Uk}{N} \in \left(\frac{|f|}{N}, 1 \right), \quad (1)$$

47 where f is the local Coriolis parameter (e.g., Bell 1975; Nikurashin and Ferrari 2010b). The
48 energy transport and upward momentum flux of these lee waves can then be computed according
49 to Eliassen (1960). For the value of U and N observed in the Drake Passage, this constraint sets
50 the range of radiative topographic wavelengths to approximately 500 m to 5 km (St. Laurent et al.
51 2012).

52 Another important non-dimensional number defined in Nikurashin and Ferrari (2010b) is the
53 steepness parameter (or inverse Froude number):

$$J = \frac{Nh_0}{U}, \quad (2)$$

54 where h_0 is the topographic height. When $J \ll 1$, the topographic regime is called subcritical and
55 the waves are linear. However, in the supercritical $J > 1$ regime, the linear theory is no longer
56 valid, as the non-linear effects, such as upstream blocking and downstream hydraulic control
57 become important (Klymak et al. 2010; Winters and Armi 2012). Mayer and Fringer (2017) also
58 identified J as the lee wave Froude number, noting that as $J \rightarrow 1$, the height of the topography
59 approaches the vertical scale of the lee wave. While linear and non-linear regimes occur over a
60 continuous spectrum, for brevity, we refer to $J < 1$ as the linear and $J > 1$ as the non-linear regimes
61 throughout the paper.

62 Near topography, linear internal wave theory may not hold, as Cusack et al. (2020) recently
63 showed with energy transfer calculations using mooring array data in the Southern Ocean. In order
64 to account for these non-linearities, Nikurashin and Ferrari (2010b) introduced an empirically-
65 derived correction parameter for the energy conversion rate from the background flow into the lee

66 waves above a certain value of J , which was later adjusted for 3D topographic effects by Nikurashin
67 et al. (2014).

68 For flows over topographies with non-radiative wavelengths, waves are evanescent per linear
69 stability theory. To our knowledge, the regime in which rotation is included and the topographic
70 wavelength is shorter than the shortest radiative wavelength, and which we touch upon in this
71 article, has not been investigated. On the other side of the topographic spectrum, however,
72 numerical simulations by Klymak (2018) demonstrated that flow over topography longer than
73 radiative wavelengths (i.e., $\chi < |f|/N$) could generate dissipation rates even higher than the flow
74 over the radiative topography. The author used the same topographic spectrum as Nikurashin
75 et al. (2014), which employs the statistical model for bathymetry by Goff and Jordan (1988) with
76 parameters fit to the Drake Passage observational data. This spectrum is red; that is, large-scale
77 topographic features also have greater heights h_0 compared with the heights of the radiative range
78 topography, such that in those regimes $J \gg 1$.

79 Another recent numerical study by Mayer and Fringer (2020) investigated the combined effects
80 of (χ, J) on lee wave drag in flows over sinusoidal topography, albeit without rotation. The authors
81 found that at large χ , even within the radiative regime, lee wave drag is reduced compared to the
82 linear lee wave theoretical predictions. In their study, they identify two mechanisms, “evanescent
83 masking” and “evanescent undulations,” to explain the resulting absence of radiated lee waves.
84 These mechanisms play a role when the flow develops a blocked layer and the lowest overtopping
85 streamline (LOTS) becomes separated from the topography. The path of the flow does not follow
86 the bathymetry anymore, and the LOTS becomes the effective topography. As a result, the portion
87 of the LOTS that is approximately parallel to the topography is shorter than the bathymetry, further
88 increasing the effective χ (evanescent masking). In addition, the LOTS can develop horizontal
89 fluctuations that can act as independent bathymetry with even shorter wavelength (evanescent

90 undulation). Hence, the results from both Klymak (2018) and Mayer and Fringer (2020) suggest
91 that there may be differences in the flow characteristics and energetics between the high and low
92 wavenumber non-radiative regimes, which we investigate in this study.

93 Nikurashin and Ferrari (2010b) found that for flows over radiative topography with $J > 0.4$,
94 there is a resonant feedback between the background mean flow and the inertial oscillations that
95 develop near the topography due to the lee wave radiation and dissipation. Because such inertial
96 oscillations tend to have high vertical wavenumbers, they then further enhance the wave breaking,
97 dissipation, and the mixing rate away from the topography.

98 However, inertial and near-inertial waves can arise whenever the geostrophic balance of the flow
99 is lost (Vanneste 2013; Alford et al. 2016) and, for example, due to resonant and non-resonant
100 non-linear interactions among the oceanic internal waves (Lvov et al. 2012). The loss of balance
101 near the topography can occur due to forced vertical motion of otherwise-balanced motion over
102 topographic obstacles and the non-linear interactions that result from the asymmetric acceleration
103 of the flow downstream of the obstacle, akin to hydraulic control. As such, we investigate the
104 roles that the topographic height and width play in facilitating these non-linear interactions and
105 generation inertial motions.

106 The goal of this paper is to include several of these considerations to extend the Nikurashin and
107 Ferrari (2010b) idealized simulations of steady flows over cross-stream-invariant topography. We
108 explore the parameter regime along two dimensions, namely, that of topographic regimes outside
109 of the radiative range with χ , and that of the degree of non-linearity with J . We include rotation
110 in our simulations, as N is small and approaches f in a large portion of the abyssal ocean (Kunze
111 and Lien 2019). While our simulation domain is 3D, the 1D topography does not allow for the
112 flow to go around the obstacle. Nevertheless, this set-up allows for the direct comparison with the
113 linear lee wave theory, the results are further applicable to flows over long and wide ridges (e.g.,

114 Legg and Klymak 2008; Liang and Thurnherr 2012), and because turbulent processes are allowed
 115 to develop in 3D, the dissipation mechanisms are somewhat plausible.

116 This process study of bottom-radiated energy propagation primarily focuses on the kinetic energy
 117 dissipation rates near the topography and in the interior of the domain. We describe the set up
 118 of our idealized simulations in different topographic regimes in §2 and observe that for some
 119 of the simulations, there is an inertial periodicity in kinetic energy dissipation (§3) and that
 120 these simulations also have greater kinetic energy dissipation rates. We then further explore (i)
 121 whether inertial oscillations arise for the non-radiative topographies (§4) and (ii) where the non-
 122 linear interactions with such inertial motions occur for different topographies (§5). We find that
 123 the inertial periodicity of kinetic energy dissipation develops only in the simulations, in which
 124 both inertial oscillations and time-mean flow (either in a form of freely propagating lee waves
 125 or non-linearly forced flow) are present. Furthermore, as we relate in §6, dissipation rates are
 126 enhanced with stronger non-linear interactions between the inertial oscillations and the time-mean
 127 flow. These dynamics are correlated with the combination of χ and J , rather than either of the
 128 parameters alone. Finally, in §7 we connect our findings to the ocean dynamics, emphasizing the
 129 distinctions between the wide and narrow non-radiative topographies.

130 2. Model set-up

131 We solve non-hydrostatic Navier-Stokes equations with added rotation in the Boussinesq approx-
 132 imation, namely,

$$\begin{aligned}
 \frac{\partial \hat{\mathbf{u}}}{\partial t} + \hat{\mathbf{u}} \cdot \nabla \hat{\mathbf{u}} + \hat{f} \mathbf{k} \times \hat{\mathbf{u}} &= -\frac{\nabla \hat{p}}{\rho_0} + \hat{b} \mathbf{k} + \hat{\nu} \nabla^2 \hat{\mathbf{u}} + \hat{f} \hat{U} \mathbf{j}, \\
 \frac{\partial \hat{b}}{\partial t} + \hat{\mathbf{u}} \cdot \nabla \hat{b} &= \hat{\kappa} \nabla^2 \hat{b} \quad \text{and} \quad \nabla \cdot \hat{\mathbf{u}} = 0,
 \end{aligned}
 \tag{3}$$

133 where $\hat{\mathbf{u}} = (\hat{u}, \hat{v}, \hat{w})$ is velocity in Cartesian directions (x, y, z) with z pointing upward, $\hat{b} = -\hat{g}(\hat{\rho} -$
 134 $\hat{\rho}_0)/\rho_0$ is buoyancy, with $\hat{\rho}$ the density and $\hat{\rho}_0$ a constant reference density, \hat{p} is pressure, \mathbf{j}, \mathbf{k} are the

135 along-ridge and vertical unit vectors, respectively, \hat{U} is a constant, cross-ridge geostrophic velocity
 136 we prescribe, $\hat{\nu}$ is kinematic viscosity, and $\hat{\kappa}$ is diffusivity ($\hat{\cdot}$ here represent dimensional quantities).
 137 We apply a body force of $\hat{f}\hat{U}$ to the y -momentum equation. This body force represents barotropic
 138 pressure gradient that is geostrophically balanced by the mean flow at all depths (Nikurashin and
 139 Ferrari 2010b; Klymak 2018).

140 We solve Eqns. (3) using Nek5000, a spectral-element code (Fischer et al. 2008) that has been
 141 previously used in many studies of stratified flows (e.g., Özgökmen et al. 2004; Mashayek and
 142 Peltier 2012; Salehipour et al. 2015; Fabregat Tomàs et al. 2016; Ezhova et al. 2018). It permits
 143 the implementation of bottom topography, offers flexibility over mesh size, and combines the
 144 traditional advantages of pseudo-spectral methods, such as computational speed and accuracy. We
 145 use it to run a DNS formulation of the Navier-Stokes equations, which resolves fluid motions from
 146 the basin scales to the smallest spatio-temporal dissipative scales allowed by our mesh resolution
 147 without employing subgrid turbulence parameterization or filtering and allows us to compute
 148 viscous dissipation directly.

149 We run simulations in a highly idealized rectangular domain shown in Fig. 1. All physical
 150 variables are non-dimensionalized using ocean depth \hat{H} for length scales, $1/\hat{f}$ for time scales, and
 151 $\Delta\hat{\rho}\hat{H}^3$ for mass, where $\Delta\hat{\rho}$ is fluid density difference between the surface and the bottom of the
 152 domain. All variables quantities lose their hats upon non-dimensionalization (e.g., $\hat{u}/(\hat{H}\hat{f}) = u$,
 153 $\hat{f}/\hat{f} = f = 1$, $\nu = \hat{\nu}/(\hat{H}^2\hat{f})$). The simulation domain is doubly-periodic in x (cross-ridge) and y
 154 (along-ridge) directions. The bottom boundary is no-slip, with a bottom height defined by

$$h(x) = h_0 \sin^2(kx/2), \quad (4)$$

155 where h_0 is the maximum topographic height (see Fig. 1). The horizontal extent of the domain is
 156 $L_x = 2\pi/k$, while L_y varies with k for computational efficiency. The top surface is a rigid lid with

157 no-buoyancy-flux and no-slip boundary conditions, and the vertical extent of the domain varies
 158 with k and is taken sufficiently large to avoid reflections from the surface to influence our results.
 159 The sizes of the computational domains for each simulation are summarized in Table 1. For all the
 160 simulations, we set Prandtl number $\text{Pr} = \nu/\kappa = 1$. We also define Reynolds number as $\text{Re} = Uh_0/\nu$
 161 following Winters and Armi (2012), which ranges from 625 – 2100. In dimensional terms, the
 162 viscosity and diffusivity values satisfy the threshold set by Shakespeare and Hogg (2017) (i.e.,
 163 $< 10^{-2} \text{ m}^2 \text{ s}^{-1}$), but our Re is larger than in other studies that use larger scale models (e.g., Klymak
 164 2018).

165 We explore the sensitivity of the near-inertial wave radiation and flow dynamics to the topography
 166 and the background flow by changing the two non-dimensional parameters that characterize the
 167 dynamical regimes as discussed in Nikurashin and Ferrari (2010b): (non-)radiative regime param-
 168 eter χ (cf. Eqn. 1) and inverse Froude number J (cf. Eqn. 2). Combining these two parameters
 169 leads to an expression of the bulk topographic slope

$$\xi = \frac{h_0}{L_x/2} = \frac{kh_0}{\pi} = \frac{\chi J}{\pi}. \quad (5)$$

170 For all experiments, we fix $|f|/N = 0.1$ so that the radiative (lee wave) regime corresponds to
 171 $0.1 < \chi < 1$. The value for $|f|/N$ corresponds to previous values of $\hat{N} \approx 10^{-3} \text{ s}^{-1}$ reported from
 172 measurements in the Southern Ocean (e.g., Waterman et al. 2013) and the Coriolis parameter value
 173 at 45°S of $\hat{f} = -10^{-4} \text{ s}^{-1}$. The regime $\chi < 0.1$ represents either long wavelength topography,
 174 weak background flow and/or strong stratification, and $\chi > 1$ represents either short wavelength
 175 topography, strong background flow and/or weak stratification. We hold the values for U , f , and
 176 N fixed and vary χ and J via the topographic wavenumber k and height h_0 , respectively, such
 177 that χ will take three values: 0.063, 0.16 and 1.12. Throughout the text, we will refer to the
 178 simulations in the non-radiative regime with $\chi = 0.063 < |f|/N$ as the “wide” topography, and

179 the ones with $\chi = 1.12$ as the “narrow” topography, such that the width is relative to that of the
180 radiative topography with $\chi = 0.16$.

181 We vary the inverse Froude number J over $[0.4, 5]$ in order to capture the transition from linear
182 to non-linear regime, which is the focus of this paper aligned with the topographic heights and
183 background velocity values obtained as a part of the Diapycnal and Isopycnal Mixing Experiment
184 in the Southern Ocean (St. Laurent et al. 2012; Waterman et al. 2013) and used in other Southern
185 Ocean studies (e.g., Nikurashin et al. 2014; Klymak 2018). This range contrasts with the large
186 $J = O(10 - 100)$ of highly non-linear regimes, which correspond to greater topographic height,
187 weaker background flow velocity and/or stronger stratification, investigated in previous studies of
188 stratified flows over topography (e.g. Klymak et al. 2010; Jagannathan et al. 2020).

189 We show the non-dimensional parameters for each numerical experiment in black dots in Figure
190 2 along with with the domain size and resolution summarized in Table 1. In Nek5000, grid
191 lines along a horizontal (x, y) plane follow the topographic feature; hence, the grid spacing is
192 non-isotropic. We chose not to include simulations with short wavelength topography (small k ,
193 large χ) and large inverse Froude number $J > 1$, as these correspond to large slope topographies
194 ($\xi > 0.4$) and result in a significantly anisotropic numerical grid, which would require more spatial
195 resolution (Fischer 1997). Furthermore, the topographic spectrum is red: for example, Klymak
196 (2018) estimated that the radiative topography in the Drake Passage has $J \approx 0.8$, while the low
197 wavenumber wide non-radiative topography has $J > 3$. To account for this low probability to
198 find a high- χ , high- J topography in the ocean, we chose lower heights ($J \in [0.4, 1]$) for narrow
199 features ($\chi = 1.12$) and larger heights ($J \in [0.6, 5]$) for wide features ($\chi = 0.063$). In the radiative
200 topography ($\chi = 0.16$), we chose $J \in [0.6, 2]$. We based our grid resolution $(\Delta_x, \Delta_y, \Delta_z)$ on the
201 Kolmogorov microscale $\eta_K = (\nu^3/\epsilon)^{1/4}$, where ϵ is the local kinetic energy dissipation, to ensure
202 that $[\Delta_x, \Delta_y, \Delta_z]_{\max} < \pi\eta_K$ (cf. Table 1). It is widely considered that this condition ensures the

203 resolution of the smallest scales of motion, up to dissipative scales and therefore ensures a reliable
204 DNS output, as discussed in Salehipour et al. (2015) and Gayen et al. (2014). We initialize the
205 simulations with a uniform velocity U in the cross-ridge direction ¹ and $B(z)$ and run them until
206 $t = 50$, corresponding to approximately 8 inertial periods, the latter being defined as $t_I = 2\pi/|f|$.
207 We ran two of the simulations, namely $(\chi, J) = (0.16, 0.6)$ and $(\chi, J) = (1.12, 0.4)$, to $t = 12t_I$ to
208 allow for at least 6 breaking events that occur every t_I . Indeed, they begin to develop later for these
209 parameters, as we discuss in §3.

210 While simulations in previous studies (e.g., Nikurashin and Ferrari 2010b; Klymak et al. 2010)
211 were ran for longer ($\approx 10 - 44t_I$) to study the long-term evolution of the flow, we found that a
212 short duration ($\sim 4/|f|$) was sufficient to establish a quasi-steady flow, similar to the simulations
213 of Winters and Armi (2012). We also decided *not* to implement the restoration term for the
214 stratification of Nikurashin and Ferrari (2010b). However, we conducted a baseline simulation
215 with a restoration term to compare with the simulation without the restoration term, and the results
216 were qualitatively similar (see Appendix A for more details). For our following analysis, we
217 consider a temporal average over the last 4 inertial periods.

218 3. Kinetic Energy Dissipation

219 The instantaneous normalized perturbation velocity u/U field (shown in color in Figure 1)
220 displays two features that are the focus of this paper: (i) internal waves radiating upward from the
221 topography; and (ii) asymmetry in u -velocity between the upstream and downstream side of the
222 topographic bump, which is a characteristic of hydraulic control (Winters and Armi 2012), best
223 visible for $z < 0.15$. The two prominent wave types in the internal wave field are the horizontal
224 bands corresponding to the near-inertial oscillations and oblique bands corresponding to upward-

¹This initial condition then immediately adjusts to the no-slip boundary condition at the bottom.

225 propagating waves, mostly lee (oscillating with zero frequency in the topographic reference frame)
 226 and inertial waves. Throughout the paper, we will explore the interaction between the zero-
 227 frequency time-mean flow (freely propagating lee waves or otherwise forced flow) and the inertial
 228 waves in different topographic regimes.

229 In addition, on the downstream side, breaking occurs as indicated by isopycnal contours shown in
 230 black in Fig. 1. Remarkably, in several of our simulations, breaking events occur every t_I . Figure 1
 231 shows the temporal evolution of the flow over one inertial period at $0.25t_I$ interval highlighting
 232 such periodic breaking. We observe the flow accelerating downstream of the topography (Fig. 1(a,
 233 b)), then breaking (Fig. 1(c)), followed by an inertial wave radiating away (Fig. 1(d)). In this
 234 section, we first focus on the spatial and temporal profiles of kinetic energy (KE) dissipation in
 235 different topographic regimes with these two features in mind. The results presented in this section
 236 are used as the motivation for the detailed analysis of the flow in the subsequent sections.

237 In this study, we focus on KE dissipation here, as it primarily relates to energy propagation into
 238 the interior and mixing. For the velocity field $\mathbf{u}(x, y, z, t) = (u + U, v, w)$, the total kinetic energy
 239 divided by ρ_0 , is

$$E_K = [(u + U)^2 + v^2 + w^2]/2. \quad (6)$$

240 The dissipation rate of the kinetic energy averaged in y -direction and in time is defined as

$$D(E_K) = \nu |\nabla(\mathbf{u} - U\mathbf{i})|^2, \quad (7)$$

241 where \mathbf{i} is the unit vector in x direction.

242 Notably, with the exception of two simulations, near-bottom dissipation events, which are fol-
 243 lowed by upward propagating dissipating structures, occur every inertial period t_I . We first show
 244 this in Figure 3, with the Hovmöller diagram of the normalized total KE dissipation $D(E_K)/U^2$
 245 for all of the simulations, horizontally averaged using the height above the bottom coordinates,

246 i.e., $HAB = z - h(x)$. The horizontal average is performed after we first compute $D(E_K)$ over the
 247 entire volume. The presence of such inertial modulation is quantified by the peak at $\omega/f = 1$ in the
 248 temporal spectra of $D(E_K)/U^2$ shown in Figure 4(a,b) computed at $HAB = 0.1, 0.2$, respectively.
 249 The only two cases that do not exhibit periodicity in $D(E_K)$ correspond to either wide and short
 250 topography ($\chi = 0.063, J = 0.6$, Fig. 3(a)) or narrow and tall topography ($\chi = 1.12, J = 1$, Fig. 3(i)).
 251 For all of the other simulations, there is an inertial peak in the $D(E_K)$ spectra (denoted as ϕ_{DKE}^t)
 252 at $HAB = 0.1$. At $HAB = 0.2$, the same happens with the exception of the $\chi = 0.063, J = 2$ simu-
 253 lation, which does not feature an inertial peak either. For topographies with $\chi < 1$, the periodicity
 254 develops earlier and features a stronger signature of the upward propagating dissipation at higher
 255 values of J . In contrast, the inertial modulation signature is the strongest at $J = 0.6$ for $\chi = 1.12$,
 256 compared with $J = 0.4$ and $J = 0.3$ (not shown).

257 For comparisons of $D(E_K)/U^2$ as a function of HAB with respect to non-linearity J and
 258 topographic wavenumber χ , see Figure 4(c). At each χ , as the topographic height h_0 (and
 259 subsequently J) increases, the near-bottom dissipation also increases. Away from the topography,
 260 however, the behavior of the dissipation profiles with depth depends on χ , as we review next.

261 For the narrow topography ($\chi = 1.12$), $D(E_K)$ is only significant near the bottom, and sharply
 262 drops off with height by ~ 4 orders of magnitude, such that it is insignificant in comparison to
 263 topographies with $\chi < 1$ above $z \sim 0.06$. Unlike the simulations with $\chi < 1$, in this topographic
 264 regime, KE dissipation at greater HAB (say, $HAB > 0.1$) does not strictly increase with J . Rather,
 265 $D(E_K)$ is the largest at $J = 0.6$ and the lowest at $J = 1$, which is the simulation that does not exhibit
 266 inertial periodicity in $D(E_K)$.

267 $D(E_K)$ in the wide topographic regime ($\chi = 0.063$), while smaller than that in the radiative regime
 268 at the same J , does not decay with HAB as abruptly as in the simulations with $\chi = 1.12$. As first
 269 predicted by Nikurashin and Ferrari (2010b), dissipation intensity $D(E_K)$ is higher in the radiative

270 regime ($\chi = 0.16$), all else being equal. The dissipation rate for the case with $\chi = 0.063$, $J = 0.6$
271 is about 2 – 3 order of magnitude lower than those at higher J . It also happens to be the only
272 simulation in this topographic regime that did not exhibit inertial periodicity in $D(E_K)$. However,
273 dissipation rates at $\chi = 0.063$, $J = 2, 5$, which is the more relevant regime for the wide topography,
274 are equal or greater than those at $\chi = 0.16$, $J = 0.6$.

275 In the following sections, we investigate the connection between the inertial periodicity in KE
276 dissipation and the generation of and the non-linear interactions between internal waves. We
277 further assess the role of hydraulic control and the difference in the effects of higher topographic
278 height across the topographic wavenumber regimes.

279 **4. Frequency Content of the Velocity Field**

280 *a. Near-inertial wave field*

281 In order to trace the origins of the inertial modulation of $D(E_K)$, we first investigate whether
282 propagating near-inertial waves are generated in these simulations. The top panel in Figure 5
283 shows the temporal evolution of horizontally averaged normalized perturbation velocity u/U for
284 simulations in different regimes at the fixed value of $J = 0.6$ to compare across χ : (a) wide
285 ($\chi = 0.063$), (b) radiative ($\chi = 0.16$), and (c) narrow ($\chi = 1.12$) topographies. Note that in the
286 presence of a mean flow, purely inertial waves can either have flat phase lines, which the horizontal
287 average captures, or propagate at an angle (see §5a and appendix), with a horizontal wavenumber
288 that is a multiple of k , and which the horizontal average filters out. Nonetheless, these plots are
289 sufficient to demonstrate our point qualitatively. In order to capture all waves, we horizontally
290 average the frequency spectra and bispectra (discussed in the next subsection) only after computing
291 the spectra and bispectra for each vertical “cast” at locations across the ridge. We first present the

292 results for $J = 0.6$ as it corresponds to the typical topographic height parameter considered for the
293 radiative regime in previous studies (e.g., Nikurashin and Ferrari 2010a; Klymak 2018).

294 For $\chi > |f|/N$ (radiative and narrow topographies) and $J > 0.6$, we find qualitatively similar
295 results at different J , while the differences at greater J for $\chi = 0.063$ are discussed below. We
296 observe radiating near-inertial waves, even when the topographic wavenumber is not within the
297 lee wave radiative regime. After the initial spin-up, which we recall to have defined as the first
298 $4t_I$, internal waves develop with a periodicity equal to the inertial period. The dominant signal of
299 these inertial oscillations is evident in the peak of the perturbation velocity spectra at the frequency
300 $\omega = f$, both near and away from the bottom (see horizontally averaged frequency spectra for u/U
301 plotted with depth in the bottom panels of Fig. 5).

302 It is important to note that in the case of $\chi = 0.063$ (wide topography), the magnitude of the
303 inertial oscillations increases with the topographic height, comparing Fig. 5(a) for $J = 0.6$ with
304 Fig. 7(a,d) for $J = 2, 5$. At $J = 0.6$, the inertial motions are relatively weak for $\chi = 0.063$ compared
305 $\chi = 0.16, 1.12$. We also do not observe inertial modulations of $D(E_K)$ for this simulation, and
306 $D(E_K)$ is substantially lower than in the radiative regime. Comparing across χ at a fixed J , one may
307 conclude that flows over wide topography contribute insignificantly to the inertial wave generation
308 and KE dissipation. However, recall that in the ocean, wider hills tend to have greater heights, e.g.
309 $J > 3$ in the Southern Ocean for the wide topographies estimated by Klymak (2018). We find that
310 in our wide topography simulations with $J = 2, 5$, inertial oscillations are an order of magnitude
311 greater than at $J = 0.6$ and that $D(E_K)$ exhibits inertial periodicity. Hence, inertial oscillations
312 may indeed play an important role in the wide topographic regime as well.

313 *b. Rotary spectra and bispectra*

314 In order to understand the generation mechanisms of the near-inertial signal, we compute ro-
315 tary spectra for the complex velocity $u + iv$ in frequency space over the last $4t_I$, which we then
316 horizontally average at $HAB = 0.1$. The top panel of Figure 6 shows the results for (a) wide
317 ($\chi = 0.063$), (b) radiative ($\chi = 0.16$), and (c) narrow ($\chi = 1.12$) topographies in the linear regime
318 ($J = 0.6$). At the inertial frequency, especially for the radiative and narrow topographies, rotary
319 spectra have a strong counterclockwise component, consistent with the direction of rotation of
320 bottom-radiated inertial waves in the Southern Hemisphere. The flow is accelerated when it goes
321 over the topography, as shown in Fig. 1, and is deflected to the left by the Coriolis force in the
322 Southern Hemisphere, resulting in a counterclockwise-rotating wave. Same dominant peak at the
323 counterclockwise-polarized near-inertial frequency was observed in the ADCP velocities, e.g. in
324 the western Scotia Sea by Brearley et al. (2013); Cusack et al. (2020) and over the the Kerguelen
325 Plateau by Waterman et al. (2014).

326 There are additional relative peaks in rotary spectra at the super-harmonics (i.e., waves with
327 frequencies that are multiples of f) in all topographic regimes, but these peaks are especially
328 prominent in the radiative topography (cf. Fig. 6(b)). In order to investigate whether the peaks
329 are the result of energy transfer to higher frequencies due to non-linear resonant interactions, we
330 compute bispectra (McComas and Briscoe 1980) corresponding to the same complex velocities as
331 Fig. 6(a-c). To do so, we use the *pycurrents* package that is part of the UHDAS software (Firing
332 et al. 2012). Non-linear interactions between two internal waves with frequencies and wavevectors
333 (ω_1, \mathbf{k}_1) and (ω_2, \mathbf{k}_2) produce a third wave with $(\omega_3 = -(\omega_1 + \omega_2), \mathbf{k}_3 = -(\mathbf{k}_1 + \mathbf{k}_2))$. When these
334 waves satisfy the resonance conditions $(\omega_i(\mathbf{k}_i), i = 1, 2, 3, \text{ all follow the internal wave dispersion$
335 relation), bispectrum is non-zero at those frequencies.

336 The rotary bispectra for three different topographic regimes computed at $HAB = 0.1$ are shown
 337 in the lower row of Figure 6. The bispectrum of a single process (here $u + iv$) is symmetric
 338 across the $(\omega_1 = \omega_2)$ axis (Neshyba and Sobey 1975; Chou 2013) with colors indicating the
 339 strength of the non-linear resonant wave-wave interactions. Bispectral energy of the non-radiative
 340 domains (Fig. 6(d,f)) is significantly lower than that of the radiative topography (Fig. 6(e)). In the
 341 radiative regime, resonant interactions are an important mechanism for energy transfer to higher
 342 frequencies. These interactions are particularly strong between a wave at inertial frequency and
 343 the super-harmonics, especially the counterclockwise-rotating $\omega_1/f = \omega_2/f = +1$ and clockwise-
 344 rotating superharmonics $(\omega_1, \omega_2) \sim -f$, consistent with the rotary spectra (cf. Fig. 6(b)).

345 On the other hand, the non-linear interactions are only weakly resonant in the non-radiative
 346 regimes. In the narrow topographic regime (Fig. 6(f)), the primary interaction is between
 347 counterclockwise-rotating inertial waves, which is the strongest rotary spectrum signal (cf.
 348 Fig. 6(c)).

349 For the wide topography ($\chi = 0.063$), the rotary spectrum signal is small at $J = 0.6$ (Fig. 6(d)), but
 350 increases with J (Fig. 7(c,f)). At $J = 0.6$, the zero-frequency flow has greater spectral energy than
 351 $\omega = f$ signals in this simulation (Fig. 6(a)). As the topographic height increases ($J = 2, 5$), the near-
 352 inertial wave is greater in magnitude (Fig. 7(a,d)). As a result, we see stronger resonant interactions
 353 along $\omega_1/f = \omega_2/f = \pm 1$. Yet, the rotary bispectrum is still at least an order of magnitude lower
 354 even at $J = 5$ (Fig. 7(f)) compared with the radiative linear regime ($\chi = 0.16, J = 0.6$, Fig. 6(e)),
 355 and we do not observe significant bispectrum signal at the super-harmonic frequencies, unlike the
 356 radiative regime. This indicates that the origin of the inertial oscillations in the wide topography
 357 case may be of non-resonant nature.

358 Indeed, the waves resulting from resonant interactions are freely propagating (Frajka-Williams
 359 et al. 2014) and carry energy into the ocean interior leading to instabilities and turbulence (Garrett

and Kunze 2007). However, Grisouard and Thomas (2015) have shown that the non-linear interaction of non-resonant (or possibly very weakly resonant) forced waves could also generate motions that help energy propagate into the interior. The results in this section indicate that there is a strong correlation between the bottom-radiated near-inertial motions and dissipation rates, even over the non-radiating topographies. In the following section, we investigate the non-linear interactions, both resonant and non-, or weakly, resonant, relating them back to the inertial modulations of KE dissipation presented in § 3.

5. Non-linear forcings

a. Methodology

In this section, we introduce complex modulation (CD) filtering, which has previously been applied to internal waves (Mercier et al. 2008; Grisouard and Thomas 2015), to isolate the spatial structure of the flow at a given frequency and study the interactions that give rise to motions at these frequencies.

While the energy spectra in the simulations have signal over the whole frequency continuum, there are noticeable relative peaks at distinct harmonic frequencies (e.g., Fig. 6(a-c)). Following the previous CD filtering studies, and because we are mostly interested in a somewhat qualitative description of the flow, we can reasonably approximate the across-ridge flow as a sum of discrete harmonics of f , namely,

$$u(x, z, t) \approx \sum_{n=-\infty}^{\infty} U_{nf}(x, z) e^{inf t}, \quad (8)$$

where U_{nf} is the spectral component at frequency nf , defined as

$$U_{nf}(x, z) = \frac{1}{T} \int_{t_0}^{t_0+T} u(x, z) e^{-inf t} dt. \quad (9)$$

379 The contributions from intermediate frequencies are also non-zero; however, the goal here is to
 380 isolate and study the motions at a few low-frequency harmonics. It is important to note that from
 381 the hydrostatic dispersion relation (see derivation in Appendix B), a freely propagating inertial
 382 wave can travel along two characteristics with slopes (α_1, α_2) corresponding to the two horizontal
 383 wavenumbers (k_1, k_2) that are roots of the hydrostatic dispersion relation (cf. Eqn. (B1)). The two
 384 slopes of the wave characteristics are

$$\alpha_1 = 0, \quad \alpha_2 = \sqrt{\frac{Uk_2(Uk_2 + 2f)}{N^2}}. \quad (10)$$

385 U_{nf} is complex, and because u is real, U_{-nf} equals the complex conjugate of U_{nf} . Substituting
 386 Eqn. (8) into the x -momentum equation, we can obtain the non-linear terms that force motions at
 387 frequency nf , namely,

$$\Lambda_{nf} = \frac{1}{T} \int_{t_0}^{t_0+T} -(uu_x + wu_z) e^{-inf t} dt = \sum_{j=0}^{\infty} \Lambda_{nf}^{(j)}. \quad (11)$$

388 Here, t_0 is a given initial time, large enough for the dynamics to have become reasonably stationary,
 389 and which we take as $t_0 = 4t_I$ for all simulations except $(\chi, J) = (0.16, 0.6)$ and $(\chi, J) = (1.12, 0.4)$,
 390 where $t_0 = 8t_I$. We choose $T = 4t_I$, multiple of $2\pi/(nf)$. Finally, $\Lambda_{nf} > 0$ (< 0) indicates the
 391 energy transfer that enhances (diminishes) the amplitude of $\omega = nf$ oscillations.

392 $\Lambda_{nf}^{(j)}$ represents the triadic non-linear interaction between the wave at frequency nf and two other
 393 waves with frequencies $I = (\lfloor n/2 \rfloor - j)f$ and $J = (\lceil n/2 \rceil + j)$, such that $I + J = nf$ and $\lfloor \cdot \rfloor, \lceil \cdot \rceil$ are
 394 the floor and ceiling operators, respectively. The non-linear motions that force the n^{th} harmonic
 395 are the sum of the infinite number of triadic interactions with the waves of frequencies that add up
 396 to nf . For example, for the inertial oscillations ($n = 1$), the non-linear forcing Λ_f can be due to
 397 the interactions between waves with frequencies $(0, -f, f)$, i.e., $\Lambda_f^{(0)}$; $(f, f, -2f)$, i.e., $\Lambda_f^{(1)}$, and
 398 so on.

399 We now focus on each topographic wavenumber regime individually and compare the results
400 across the topographic heights. In addition to quantifying the non-linear interactions, we also
401 identify regions where the flow is unstable by computing the local instantaneous Richardson
402 number $Ri = \tilde{N}^2 h / (\tilde{u}_z)^2$ (here $\tilde{\cdot}$ are instantaneous local quantities).

403 *b. Radiative topography ($|f|/N < \chi < 1$)*

404 1) NON-LINEAR WAVE-WAVE INTERACTIONS

405 Figure 8 shows the CD-filtered and normalized velocities U_0/U , U_f/U and U_{2f}/U in the top
406 panel, and the non-linear forcing for the inertial motion (U_f) broken down into components across
407 the bottom panel for the simulations with $\chi = 0.16$, $J = 0.6$. The zero-frequency flow U_0/U
408 (Fig. 8(a)) exhibits waves that propagate away from the topography. The vertical wavelength of
409 these waves is $\lambda_z \sim 2\pi U/N$, corresponding to the vertical wavelength of the lee waves from linear
410 theory. We also observe freely propagating inertial waves, which we identify from their slopes
411 α_1, α_2 defined in Eq. (10) and vertical wavenumber $m_{IO} = k/\alpha_2$, with α_2 computed from Eq. (B3),
412 taking $k_2 = k = 2\pi/L_x$, the topographic wavenumber. These freely propagating inertial waves are
413 expected in the radiative regime, as strong resonant wave-wave interactions appear in the bispectra
414 (cf. Fig. 6(e)).

415 There are substantial contributions to the non-linear forcing Λ_f (Fig. 8(d)) from both the inter-
416 actions between the lee waves U_0 and inertial oscillations U_f ($\Lambda_f^{(0)}$, Fig. 8(e)), and between U_f and
417 U_{2f} ($\Lambda_f^{(1)}$, Fig. 8(f)). While $\Lambda_f \approx \Lambda_f^{(0)} + \Lambda_f^{(1)}$, the comparison between Figs. 8(d,g) illustrates that
418 there are non-zero contributions from the interactions among the higher harmonics. Notably, there
419 are especially strong wave-wave interactions that transfer energy to the inertial frequency ($\Lambda_f > 0$)
420 downstream of the topography.

421 Same patterns appear in the simulations with taller topography ($J = 1, 2$): U_0/U corresponds
 422 to propagating lee waves (Fig. 9(a,d)) and U_f/U to the inertial waves (Fig. 9(b,e)). The inertial
 423 oscillations increase in magnitude with J , and the non-linear interactions between the lee waves
 424 and inertial oscillations are stronger (Fig. 9(c,f)), in particular downstream directly above the
 425 topography where the energy is transferred to the inertial frequency, as shown by vertically-
 426 averaged $\Lambda_f^{(0)}$ over $z \in [0, 0.5]$ being positive. On the upstream side, $\Lambda_f^{(0)} < 0$, i.e. the inertial
 427 waves actually lose energy. However, the horizontally-averaged non-linear forcing is positive in the
 428 region above the topography ($z < 0.1$, Fig. 9(h)) and positive downstream, suggesting that overall
 429 inertial motions are generated there. We will now investigate this region further through the lens
 430 of hydraulic control.

431 2) HYDRAULIC CONTROL

432 Figure 10 shows streamlines with colors representing u/U across the top panel and Ri across
 433 the bottom panel plotted at $t = 6.5t_I$ for different J at $\chi = 0.16$. The flow is faster downstream of
 434 the topography for all J , such that it is asymmetric between the up- and downstream sides. The
 435 asymmetry is more apparent at larger J : close to the topography, as a layer of fluid goes over the
 436 obstacle, it accelerates and narrows, exhibiting characteristics of hydraulic control (Klymak et al.
 437 2010; Winters and Armi 2012).

438 When the flow accelerates over the topography, it creates a horizontal gradient $\partial_x u > 0$ (e.g.,
 439 $\partial U_0/\partial x > 0$, cf. Figs. 8(a) and 9(a,d)). Because we are in the southern hemisphere, the accelerated
 440 flow is also turned by the Coriolis force counterclockwise, such that $U_f < 0$ directly above the
 441 topography (cf. Figs. 8(b) and 9(b,e)). This flow dynamics results in the positive energy transfer
 442 to the inertial frequency downstream of the topography, i.e. the non-linear term $-U_f(\partial U_0/\partial x) >$
 443 0. As J increases, the accelerated layer becomes faster and narrower, which leads to larger

444 horizontal velocity gradient u_x and stronger U_f , as the Coriolis force is proportional to the velocity.
445 Subsequently, the $-uu_x$ component of the non-linear term Λ_f becomes larger, further reinforcing
446 the inertial oscillations. The specific dynamics of $\Lambda_f > 0$ (< 0) downstream (upstream) of the
447 topography need to be investigated in a follow-up study via careful analysis of the energetics,
448 in particular energy exchange between the time-mean and fluctuating kinetic energy reservoirs.
449 However, here we observe that overall energy is transferred to the inertial field near topography
450 through non-linear interactions, which increase with J . Similarly, energy transfer to the fluctuating
451 (commonly referred to as "eddy") KE from the mean KE downstream of topography was observed
452 in the non-rotating simulations by Jagannathan et al. (2020).

453 Moreover, Nikurashin and Ferrari (2010b) noted that inertial oscillations create strong vertical
454 shear, which we also find in our simulations, shown by the regions of critical Richardson number
455 ($Ri < 0.25$) in Figs. 10(d-f). As J increases and the effects of hydraulic control strengthen, the
456 unstable region extends even further above the topography, and a region of convective overturning
457 ($Ri < 0$), which we showed in Fig. 1, appears and expands. According to Nikurashin and Ferrari
458 (2010b), this vertical shear further enhances breaking of the lee waves. We similarly find that
459 near the topography, KE dissipation increases with J (Fig. 4(b,e,f)), as the flow downstream of the
460 topography becomes more turbulent and stronger inertial waves are generated, leading to localized
461 breaking. This increased local breaking also results in the generation of stronger inertial motions,
462 in part through non-linear wave-wave interactions in the downstream region where $\Lambda_f > 0$. Inertial
463 waves in turn create stronger shear leading to enhanced breaking away from the topography.
464 Subsequently, inertial periodicity in $D(E_K)$ develops at an earlier time for the simulations at
465 $J = 1, 2$ and propagates further into the interior (Figs. 3(e,h)) compared with the $J = 0.6$ case.

466 It is important to note for all simulations in this radiative regime, the lee waves are of equal
467 magnitude to the inertial waves, allowing for strong non-linear interactions to occur. In the

468 remainder of this section, we apply the same analysis to the simulations in the non-radiative
469 regimes to whether both inertial and lee waves are present and how their interactions contribute to
470 the inertial modulation of KE dissipation.

471 *c. Narrow topography ($\chi = 1.12$)*

472 Figure 11 shows the CD-filtered and normalized inertial harmonic U_f/U in the top row and the
473 non-linear forcing Λ_f in the middle row for $\chi = 1.12$, $J = 0.4, 0.6$ and 1 . At this χ , the non-linear
474 interactions are primarily confined to the region directly above the bottom. For all J , we observe
475 propagating inertial waves (Fig. 11(a-c)) with the slope corresponding to $\alpha_1 = 0$; however, the
476 vertical distribution varies with J .

477 At $J = 1$, both the zero-frequency flow and the inertial oscillations are the strongest directly above
478 the topography in the region where the non-linear forcing is strong, indicated by the frequency
479 spectrum of u/U (Fig. 11(i)). However, the magnitude of U_f decreases sharply with z , also shown
480 by the drop in $\log_{10}\phi_u^t$ at $\omega/f = 1$. At lower J , stronger inertial oscillations propagate further away
481 from the topography, especially at $J = 0.6$, and there is no substantial change in the spectrum at
482 $\omega/f = 1$ with z (Fig. 11(g,h)). At all J , U_0 is substantially weaker than the inertial motions away
483 from the topography. In the simulation with $J = 1$, it especially decreases with HAB and is much
484 weaker than for the simulations with $J = 0.4, 0.6$ away from the topography, which do not exhibit
485 such substantial change with height.

486 In Figure 12(a-c), we plot snapshots of the streamlines at $t = 6.5t_I$, including the LOTS, for
487 the simulations with $\chi = 1.12$, $J = 0.4, 0.6, 1$, respectively. As J increases, the flow becomes
488 progressively more blocked and the LOTS more separated from the topography. At $J = 1$, the
489 LOTS is almost horizontal and also develops undulations, resulting in substantial modifications to
490 the effective topography.

491 The results from these simulations suggest that the inertial periodicity of $D(E_K)$ (cf. Fig. 3(c,f,i))
 492 only occurs in cases where both the inertial motions (U_f) and at least weak zero-frequency flow
 493 (U_0) are present. Indeed, the greater topographic height does lead to stronger U_0 and U_f directly
 494 above the topography, where the stronger Coriolis force results from faster accelerated flow. The
 495 non-linear interactions and turbulent motions are also stronger in this region at higher J , as shown
 496 by Λ_f (cf. bottom panels of Fig. 11) and KE dissipation increases with J near the topography
 497 (Fig. 4). However, as the effective topography flattens and the flow becomes more blocked, such
 498 motions are confined to the region near topography. At $J = 1$, U_0 and subsequently the non-linear
 499 interactions between U_0 and U_f are reduced, and KE dissipation away from the topography is
 500 smaller compared with the cases with stronger zero-frequency flow ($J = 0.4, 0.6$), for which we
 501 observe inertial modulation of $D(E_K)$. However, even in those simulations ($J = 0.4, 0.6$), the non-
 502 linear interactions and the KE dissipation rates in the interior are at least 1 – 2 orders of magnitude
 503 lower than the simulations with radiative or wide and tall topographies (i.e., $\chi = 0.16, J = 0.6, 1, 2$
 504 and $\chi = 0.063, J = 2, 5$).

505 *d. Wide topography ($\chi = 0.063$)*

506 The CD-filtered inertial harmonic U_f and the non-linear forcing term Λ_f are shown for $\chi =$
 507 $0.063, J = (0.6, 2, 5)$ in Figure 13. In these simulations, U_{2f} and, subsequently, $\Lambda_f^{(1)}$ are negligible
 508 and hence not shown here. Hence, the non-linearly forced motions at the inertial frequency are
 509 primarily driven by the interactions between U_0 and U_f , which differs from the radiative regime,
 510 where the resonant interactions with the second and higher harmonics play an important role.

511 Unlike the narrow topographic regime, here we find strong time-mean flow U_0 at all values
 512 of J (Figs.13(a,d,g)) as shown by the rotary spectra. The phase lines of U_f are horizontal (i.e.,
 513 $\alpha_1 = 0$) only directly above the topography, and are inclined above. The slope of the characteristics,

514 however, does not exactly align with the slope of the freely propagating inertial motions (i.e., α_2).
 515 Following Grisouard and Thomas (2015), this mismatch can be attributed to the non-resonant,
 516 rather than resonant, non-linear interactions. This is consistent with our earlier observation that
 517 rotary bispectra were much weaker at $\chi = 0.063$ compared with $\chi = 0.16$ (cf. Figs. 6, 7).

518 Comparing across Figs. 13(a,c,e), $|U_f|$ is an order of magnitude greater for the non-linear
 519 topographies ($J = 2, 5$) than the linear topographies ($J = 0.6$). This is in contrast with the narrow
 520 regime, where greater non-linearity coincided with less near-inertial signal. Here, the non-linear
 521 forcing and, subsequently, the non-linear interactions between U_0 and U_f ($\Lambda_f \approx \Lambda_f^{(0)}$) are also
 522 substantially stronger at larger J (Figs. 13(b,d,f)). For $J > 1$, the flow becomes more turbulent,
 523 particularly downstream of the topography as indicated by $Ri < 0.25$ (Fig. 14(e,f)). In these cases,
 524 the flow is visibly asymmetric between the up- and the downstream (Fig. 14(b,c)). Λ_f is large and
 525 positive, especially in the regions where the convective overturns and wave breaking occur. For
 526 $J = 2$ and 5 , the vertical average of Λ_f over $z \in [0, 0.5]$ is predominantly positive downstream,
 527 and the horizontal average is predominantly positive directly above the topography (cf. Fig. 13d,f).
 528 As such, the hydraulics downstream of the topography coincide with the inertial wave generation
 529 and the inertial motions appear to be enhanced through $\Lambda_f \approx \Lambda_f^{(0)}$, i.e. the interaction with U_0 .
 530 Unlike the radiative linear simulation ($\chi = 0.16, J = 0.6$) and the narrow topography simulations
 531 ($\chi = 1.12$) where the counterclockwise inertial oscillations are dominant, we find clockwise and
 532 counterclockwise inertial motions of approximately similar magnitude for wide topographies (cf.
 533 Fig. 7). It further suggests that over such wide topographies, another mechanism, in addition to the
 534 Coriolis force turning the accelerated flow counterclockwise, may be responsible for generating
 535 these inertial motions.

536 Interestingly, at $\chi = 0.063, J = 5$, we also find that the LOTS detaches from the topography
 537 and develops undulations. In this case, mechanisms analogous to the evanescent masking and

538 evanescent undulation (Mayer and Fringer 2020) may actually increase the lee wave drag in
539 this case due to the narrower effective topography and greater effective χ . Thus, the effects of
540 an increase in the topographic height on wave generation and radiation can differ between the
541 wide and narrow topographic regimes, even though linear theory only predicts the generation of
542 evanescent lee waves in both.

543 In the presence of the instabilities that arise in the region of hydraulic control, at $J = 2$ and 5 we find
544 stronger non-linear interactions between U_0 and U_f (i.e. $\Lambda_f^{(0)}$) and inertial modulation of $D(E_K)$,
545 unlike the simulation with $J = 0.6$, where $\Lambda_f^{(0)}$ is much weaker and there is no inertial periodicity
546 in $D(E_K)$. The stronger inertial oscillations create vertical shear away from the topography,
547 facilitating wave breaking not only near the topography localized in the region of hydraulic jump,
548 but also further away from the topography. In our simulations (cf. Fig. 4), the $D(E_K)$ for tall wide
549 topography ($\chi = 0.063$, $J = 2$ and 5) does not abruptly decay with height above the bottom. In
550 magnitude, it is comparable or can exceed that of the linear radiative regime ($\chi = 0.16$, $J = 0.6$),
551 which is important for the ocean given its red topographic spectrum.

552 **6. Connecting the topographic width and height regimes**

553 The results of this study most importantly highlight the dependence of the flow dynamics on
554 both the topographic width (i.e., χ) and non-linearity of the flow (i.e., J). Previous works of the
555 flow above rough topography have often focused on comparing between radiative and non-radiative
556 regimes (i.e., across χ) or between linear and non-linear regimes (i.e., across J). However, we find
557 that the internal wave generation and dissipation rates depend on the combination of χ and J , rather
558 than either of the parameters alone. Indeed, inertial modulations of the KE dissipation that facilitate
559 further dissipation in the interior (cf. Fig. 3) only do not occur in the simulations with either narrow
560 and tall hills or wide and short hills. These results suggest that another parameter, such as the

561 slope of the hill $\xi \sim J\chi$, could be the more relevant parameter. While acknowledging that the
562 particular details of such dependency need to be addressed in further studies either through theory
563 or additional numerical simulations and without claiming that ξ is this parameter, we summarize
564 our general observations below.

565 In our simulations, we find that on one hand, too steep a slope may lead to substantial blocking
566 of the flow. On the other hand, too shallow a slope may prevent the development of a hydraulic
567 jump and subsequent generation of instabilities downstream of the topography. However, in
568 some intermediate range of topographic slope, generation of inertial motions, non-linear wave
569 interactions, and subsequently dissipation rates could be enhanced. In our simulations, this
570 intermediate range of ξ corresponds to narrow and short, radiative, and wide and tall topographies.

571 In agreement with previous work (Nikurashin and Ferrari 2010b,a), we find that the inertial
572 periodicity in dissipation over the radiative topographies corresponds to the presence of both lee
573 waves and inertial oscillations. However, we find that if including non-linear effects, the inertial
574 waves can not only be freely propagating, but also non-linearly forced. This extends the regime
575 where strong dissipation occurs to non-radiative topographies. Moreover, the horizontally-averaged
576 dissipation rates are higher in the simulations where the non-linear interactions (resonant, weakly
577 resonant, or non-resonant) between the time-mean flow and inertial oscillations are strong.

578 In the case of narrow topography, while inertial oscillations develop and can radiate away from the
579 topography, the mean flow is very weak. The narrow hills have comparatively much steeper slopes
580 at a fixed J . As discussed by Mayer and Fringer (2020), it leads to a more blocked flow, such that the
581 effective topography felt by the flow becomes substantially different from the bottom topography.
582 Thus, wave drag is reduced through both evanescent masking and undulations. As a result, we
583 observe only weak inertial modulations at smaller hill heights ($J = 0.4$ and 0.6 corresponding to

584 $\xi = 0.15, 0.21$), respectively, and no signature of them for $(J, \xi) = (1, 0.35)$. Accordingly, the
585 dissipation rates in the interior above the narrow hills are also small.

586 In the case of wide topography, inertial oscillations only develop above hills with sufficient
587 non-linearity ($J > 2$ in simulations, corresponding to $\xi > 0.080$), where hydraulic control of the
588 flow facilitates their generation and stronger non-linear interactions between the zero-frequency
589 and inertial waves are present. Such inertial motions are absent above the hill with $J = 0.6$,
590 which corresponds to a shallower slope $\xi = 0.012$, resulting in smaller dissipation rates. Notably,
591 Nikurashin and Ferrari (2010b) found the inertial oscillations were also absent in some of their
592 simulations in the radiative regime, for which the slope was $\xi < 0.029$. In these simulations,
593 dissipation was similarly reduced compared to the ones where the inertial oscillations were present,
594 further hinting at ξ , rather than χ or J alone, could be the relevant parameter. In our simulations,
595 dissipation rates above wide and taller hills ($\chi = 0.063, J > 2$), where the inertial motions do
596 develop, are comparable or can exceed that of the linear radiative regime ($\chi = 0.16, J = 0.6$,
597 $\xi = 0.031$). Taking into consideration that the typical values of J in the ocean are ~ 3 for wide
598 and ~ 0.6 for radiative topographies (Klymak 2018), this result implies that the wide topographies
599 could have a significant contribution to the KE dissipation rates both near the topography and in
600 the ocean interior.

601 **7. Discussion and summary**

602 In this study, we extended the idealized simulations of Nikurashin and Ferrari (2010b) to abyssal
603 topographies with wavenumbers outside of the lee wave radiative regime. Specifically, we examine
604 the effects of topographic width and height on KE dissipation rates, and some of our simulations
605 present inertial periodicity in KE dissipation. We draw three main conclusions regarding the
606 vertical distribution of the horizontally averaged dissipation rates:

- 607 1. within the same topographic width regime (i.e., χ), near the topography, dissipation rates
608 increase with nonlinearity (i.e., J);
- 609 2. at the same χ , away from the topography, dissipation rates are greater for simulations with
610 inertial modulation of dissipation, and
- 611 3. while flow over narrow abyssal hills (i.e., $\chi > 1$) does not yield significant dissipation, the
612 dissipation rates above wide and tall hills (i.e., $\chi < |f|/N$, $J > 1$) can be comparable to those
613 above hills within the lee wave radiative regime (i.e., $|f|/N < \chi < 1$).

614 The flow has to accelerate to go over the hill, and is deflected by the Coriolis force (to the left
615 in the Southern Hemisphere), and a counterclockwise inertial wave is generated. Such inertial
616 waves with upward-propagating phase close to the rough bottom topography have been previously
617 observed (e.g., in the Southern Ocean by Waterman et al. (2014) and in the eastern Pacific by
618 Alford (2010)), but have been attributed to the propagation of the surface wind-driven near-inertial
619 energy to great depths. As the topographic height increases, there is greater asymmetry in the flow
620 between the upstream and downstream of the abyssal hill akin to a sub-to-supercritical hydraulic
621 transition. It results in a flow, more prone to shear and even convective instabilities, and loss of
622 geostrophic balance, such that non-linear motions become important near the topography. The
623 region where these instabilities occur is co-located with the region of near-inertial wave generation
624 for taller topographies.

625 Inertial waves create vertical shear, which then leads to wave breaking near the topography.
626 This argument may appear circular, as we mentioned earlier that the wave breaking leads to the
627 inertial wave radiation above the topography. However, as discussed by Nikurashin and Ferrari
628 (2010b), it is more akin to an initial value problem, where the generation of inertial waves is at
629 first facilitated by the instabilities near the topography, and then the inertial waves in turn facilitate

630 further wave breaking. As stronger inertial waves are generated above taller hills (greater J), KE
631 dissipation rates also increase with J directly above the topography. Vertical shear was found to
632 play an important role in the energy transfer rates from the Southern Ocean observations by Cusack
633 et al. (2020). The authors further found substantial contributions from both vertical stresses and
634 buoyancy fluxes to the vertical energy transfer from the internal wave field to the geostrophic flow
635 near the topography, contrary to the linear theory. Motivated by these observations, it would be
636 illuminating to follow up with a full analysis of the energy budget focused on the wave-mean flow
637 energy transfer rates using different topographic regimes.

638 For all simulations in the radiative regime, we observe inertial periodicity in KE dissipation. In
639 this regime, the steady lee waves and inertial waves are of similar magnitude, and their resonant non-
640 linear interactions enhance breaking and dissipation, as was previously explained by Nikurashin
641 and Ferrari (2010b). In contrast, above the narrow hills, effective topography is nearly horizontal
642 due to blocking and subsequent evanescent masking (Mayer and Fringer 2020). Non-linear effects
643 are only present directly above the topography and the dissipation rates are small. Above a short
644 and wide topography, the generated inertial waves are weak, and the dissipation rates are also
645 small. However, for a taller topographic feature, instabilities arising in the vicinity of hydraulically
646 controlled flow help generate stronger inertial waves, leading to stronger non-linear interactions
647 and wave breaking. Subsequently, in our simulations flow above wide and tall abyssal hills exhibits
648 inertial periodicity in KE dissipation and increased dissipation rates away from topography.

649 The contributions to the upward radiated energy flux from abyssal topographies with wavenum-
650 bers $k < |f|/U$ have been typically disregarded by other authors because according to linear theory,
651 no freely propagating internal waves are radiated in this regime, and they have no lee waves to
652 interact with. However, Bell's linear theory is only applicable when J is small (Bell 1975). Yet,
653 in the ocean, wide (small k) topographies tend to be higher (greater h_0 and subsequently J) in

654 comparison with the radiative topographies. As such, based on the calculations of J for various
655 wavenumber topographies by Klymak (2018), it may be more relevant to compare (1) radiative
656 topographies with $J < 1$ to (2) tall and wide non-radiative topographies with $\chi < |f|/N, J > 1$. Our
657 simulations show that the kinetic energy dissipation rates resulting from the geostrophic flow over
658 such topographies is comparable for the regimes in the ocean interior. Furthermore, the dissipation
659 rates directly above the topography in regime (2) exceed those in regime (1) due to stronger effects
660 from the hydraulic control. These conclusions are consistent with the simulations with realistic
661 multichromatic topography by Klymak (2018). Furthermore, those simulations showed that the
662 scales couple, as simulations with the full topographic range (radiative and large scales) had dis-
663 sipation rates greater than the sum of the simulations with radiative and large scale topographies
664 alone. As a result, contrary to the linear lee wave theory, abyssal topographies in the non-radiative
665 regime may have an important contribution to energy dissipation and ocean mixing because of the
666 non-linear interactions.

667 The wide ($\chi < |f|/N$) regime does not only apply when the flow goes over wide topographic
668 obstacles, but also when the velocity U of the flow over an obstacle, whose wavenumber was
669 previously within the radiative regime, decreases. A decrease in U corresponds to an increase in
670 non-linearity J , and such flows could play an important role in local dissipation and mixing, yet
671 they would be excluded in the linear lee wave drag parameterizations. The sensitivity of the flow
672 specifically to U -driven changes in χ in the current formulation will be the subject of future studies,
673 but the effects of increased background velocity on the dissipation and form drag are discussed in
674 Klymak et al. (submitted).

675 Bell's linear theory provides a formula for computing the energy flux generated by the lee waves
676 (Bell 1975; Nikurashin and Vallis 2011). This estimate can be then used to compute dissipation
677 rates (and furthermore mixing rates) in the abyssal ocean by connecting this lee wave energy

678 radiation rate to the dissipation rates integrated over some depth (Gregg et al. 2003; Polzin et al.
679 2014). However, the direct microstructure measurements of the dissipation rates in the Southern
680 Ocean have been 2 – 10 times smaller than the rates predicted from lee wave generation and the
681 finescale parametrization (e.g. Sheen et al. 2013; Waterman et al. 2014; Cusack et al. 2017; Ijichi
682 and Hibiya 2017). Many explanations have been proposed for this discrepancy, as discussed in
683 detail in Kunze and Lien (2019).

684 According to the mechanism proposed in this paper, the non-linear dynamics play an important
685 role due to the near-topography hydraulic control, enhancing the dissipation rates very close to the
686 topography. This enhanced dissipation, in turn, would decrease the flow velocity above the region
687 of hydraulic control, and as a result, the energy radiation rate would be in fact less than the rate
688 predicted by linear theory using the near-bottom flow speed. The microstructure measurements
689 from the Southern Ocean Finestructure and the Diapycnal and Isopycnal Mixing Experiment in
690 the Southern Ocean campaigns presented in Waterman et al. (2014) support this explanation. As
691 shown in their Figure 14, the dissipation rates are especially elevated directly above the topography
692 (up to $\approx 100 - 250$ m), and the flow speed decreases with height in this region. They also find
693 near-inertial intrinsic wave frequency and greater counterclockwise than clockwise polarization in
694 the bottom-most 500 m, consistent with the strong bottom-generated inertial oscillations that we
695 find in this study.

696 In this study we consider a 1D topography, which does not allow the flow to go around the
697 obstacle. In addition, the 1D nature of the forcing also prevents the generation of along-wall
698 structures (Dewar and Hogg 2010; Venaille 2020, and references therein), which might further
699 modify the dynamics. Both of these simplifications enhance the effects of forced vertical motion
700 and cross-ridge hydraulic control. Reduced horizontal velocities and dissipation rates have been
701 recorded in studies implementing 2D anisotropic topography (Nikurashin et al. 2014; Trossman

702 et al. 2015). Accounting for these effect should be the subject of future studies with a focus
703 on comparison of the energy dynamics among the topographic regimes. In particular, it will be
704 beneficial to compute the energy exchange rates between mean and turbulent KE reservoirs to
705 assess what portion of the bottom-radiated wave energy is reabsorbed back into the balanced mean
706 flow (Kunze and Lien 2019). Additionally, this process study of the mechanism for local internal
707 wave radiation and dissipation does not include the effects of remote dissipation of bottom-radiated
708 waves propagating over a long distance (Zheng and Nikurashin 2019). Nevertheless, the results
709 from the current study can provide insights for isolated wide and long ridges, where the flow is
710 forced over the topography and bottom-generated near-inertial oscillations have been observed
711 (e.g., Liang and Thurnherr 2012).

712 *Acknowledgments.* We acknowledge the support of the Natural Sciences and Engineering Re-
713 search Council of Canada (NSERC) [RGPIN-2015-03684]. We are also grateful for fruitful
714 discussions with Jody Klymak.

715 *Data availability statement.* The data generated for these simulations exceeds 5TB and cannot
716 be easily distributed. However, we provided all Nek5000 code necessary to run the simulations
717 presented in this paper and all Python code for used for post-processing at https://github.com/bzemskova/bottom_topography_flow.
718

719 APPENDIX A

720 **Effects of stratification restoration**

721 In order to avoid initial spin-up effects, Nikurashin and Ferrari (2010b) include a term to restore
722 the stratification to the background state. Stratification can be substantially eroded in the region
723 directly above the topography due to turbulent motions, which would alter the wave radiation

724 dynamics. While we do not include such relaxation in our simulations presented in the main text
725 to avoid unphysical forcing, we validate this choice here by comparing the results from simulations
726 in $\chi = 0.16$, $J = 2$ (lee wave radiative, non-linear) regime both with and without stratification
727 restoration.

728 For the validation simulation, we add a restoration term to the buoyancy equation of the form
729 $-\tau(b(x, y, z, t) - B(z))$. For the first $2t_I$, we set $1/\tau = t_I/8$, such that any initial transient effects of
730 the flow adjusting to the bottom topography are smoothed. We then increase the restoration time
731 period to $1/\tau = 3t_I$, such that the waves and turbulence are minimally affected by this forcing.

732 Comparison between simulations with and without the restoration term is shown in Figure 7.
733 There are quantitative differences between the results. Mainly, without the restoration, the stratifi-
734 cation is eroded further above the topography and the kinetic energy dissipation is greater by about
735 a factor of 3 for $z > 0.3$. However, the stratification reduction region is confined to approximately
736 $z \leq h_0 + U/N$, which is the thickness of the bottom layer where buoyancy frequency decays in
737 previous studies of flow over periodic hills (Klymak 2018; Mayer and Fringer 2020). The specific
738 effects of the decayed stratification near the topography on the lee wave drag are discussed in detail
739 in Mayer and Fringer (2020). Here, the results of the simulations with and without buoyancy
740 restoration are qualitatively similar, which suggests that the mechanisms presented in the main text
741 of this paper hold.

742 APPENDIX B

743 Derivation of inertial wave slope

744 Assume a perturbation in the form of a two-dimensional plane wave, such that (u, v, w, b, p) are
745 proportional to $e^{i(\omega t + kx + mz)}$, and $\mathbf{k} = (k, 0, m)$ is the wavevector, such that $\alpha = k/m$ is the wave
746 slope. Substituting this plane wave expression into the hydrostatic approximation of Eqns. (??)

747 yields dispersion relation

$$\Omega^2 = \frac{N^2 k^2 + f^2 m^2}{m^2}, \quad (\text{B1})$$

748 where $\Omega = \omega + kU$. To solve for the inertial wave, we substitute $\omega = f$ and get two roots for k ,
749 namely:

$$k_1 = 0, \quad k_2 = \frac{2fUm^2}{N^2 - U^2m^2}. \quad (\text{B2})$$

750 Here, k_1 corresponds to the horizontal inertial wave phase lines, i.e. $\alpha_1 = 0$.

751 Rearranging the expression for k_2 , we obtain the expression for the vertical wavenumber of the
752 inertial wave:

$$m_{IO} = \pm N \sqrt{\frac{k_2}{U(Uk_2 + 2f)}}, \quad (\text{B3})$$

753 which yields the second inertial wave slope

$$\alpha_2 = \frac{k_2}{m_{IO}} = \pm \sqrt{\frac{Uk(Uk + 2f)}{N^2}}. \quad (\text{B4})$$

754 **References**

- 755 Alford, M. H., 2010: Sustained, full-water-column observations of internal waves and mixing near
756 mendocino escarpment. *Journal of physical oceanography*, **40** (12), 2643–2660.
- 757 Alford, M. H., J. A. MacKinnon, H. L. Simmons, and J. D. Nash, 2016: Near-inertial internal
758 gravity waves in the ocean. *Annual review of marine science*, **8**, 95–123.
- 759 Bell, T., 1975: Lee waves in stratified flows with simple harmonic time dependence. *Journal of*
760 *Fluid Mechanics*, **67** (4), 705–722.
- 761 Brearley, J. A., K. L. Sheen, A. C. Naveira Garabato, D. A. Smeed, and S. Waterman, 2013:
762 Eddy-induced modulation of turbulent dissipation over rough topography in the southern ocean.
763 *Journal of physical oceanography*, **43** (11), 2288–2308.

764 Chou, S., 2013: An empirical investigation of energy transfer from the m2 tide to m2 subharmonic
765 wave motions in the kauai channel. M.S. thesis, Department of Oceanography, Univ. of Hawaii
766 at Manoa, Honolulu.

767 Cusack, J. M., J. A. Brearley, A. C. Naveira Garabato, D. A. Smeed, K. L. Polzin, N. Velzeboer,
768 and C. J. Shakespeare, 2020: Observed eddy–internal wave interactions in the southern ocean.
769 *Journal of Physical Oceanography*, **50 (10)**, 3043–3062.

770 Cusack, J. M., A. C. Naveira Garabato, D. A. Smeed, and J. B. Girton, 2017: Observation of a
771 large lee wave in the drake passage. *Journal of Physical Oceanography*, **47 (4)**, 793–810.

772 De Lavergne, C., G. Madec, J. Le Sommer, A. G. Nurser, and A. C. Naveira Garabato, 2016:
773 The impact of a variable mixing efficiency on the abyssal overturning. *Journal of Physical*
774 *Oceanography*, **46 (2)**, 663–681.

775 Dewar, W. K., and A. M. C. Hogg, 2010: Topographic inviscid dissipation of balanced flow. *Ocean*
776 *Model.*, **32 (1-2)**, 1–13, doi:10.1016/j.ocemod.2009.03.007.

777 Eliassen, A., 1960: On the transfer of energy in stationary mountain waves. *Geophys. Publ.*, **22**,
778 1–23.

779 Ezhova, E., C. Cenedese, and L. Brandt, 2018: Dynamics of three-dimensional turbulent wall
780 plumes and implications for estimates of submarine glacier melting. *Journal of Physical*
781 *Oceanography*, **48 (9)**, 1941–1950.

782 Fabregat Tomàs, A., A. C. Poje, T. M. Özgökmen, and W. K. Dewar, 2016: Dynamics of multiphase
783 turbulent plumes with hybrid buoyancy sources in stratified environments. *Physics of Fluids*,
784 **28 (9)**, 095 109.

785 Firing, E., J. M. Hummon, and T. K. Chereskin, 2012: Improving the quality and accessibility of
786 current profile measurements in the southern ocean. *Oceanography*.

787 Fischer, P. F., 1997: An overlapping schwarz method for spectral element solution of the incom-
788 pressible navier–stokes equations. *Journal of Computational Physics*, **133** (1), 84–101.

789 Fischer, P. F., J. W. Lottes, and S. G. Kerkemeier, 2008: Nek5000 web page. URL [http://nek5000.](http://nek5000.mcs.anl.gov)
790 [mcs.anl.gov](http://nek5000.mcs.anl.gov).

791 Frajka-Williams, E., E. Kunze, and J. A. MacKinnon, 2014: Bispectra of internal tides and
792 parametric subharmonic instability. *arXiv preprint arXiv:1410.0926*.

793 Garrett, C., and E. Kunze, 2007: Internal tide generation in the deep ocean. *Annu. Rev. Fluid*
794 *Mech.*, **39**, 57–87.

795 Gayen, B., R. W. Griffiths, and G. O. Hughes, 2014: Stability transitions and turbulence in
796 horizontal convection. *Journal of Fluid Mechanics*, **751**, 698–724.

797 Goff, J. A., and T. H. Jordan, 1988: Stochastic modeling of seafloor morphology: Inversion of sea
798 beam data for second-order statistics. *Journal of Geophysical Research: Solid Earth*, **93** (B11),
799 13 589–13 608.

800 Gregg, M. C., T. B. Sanford, and D. P. Winkel, 2003: Reduced mixing from the breaking of internal
801 waves in equatorial waters. *Nature*, **422** (6931), 513–515.

802 Grisouard, N., and L. N. Thomas, 2015: Critical and near-critical reflections of near-inertial waves
803 off the sea surface at ocean fronts. *Journal of Fluid Mechanics*, **765**, 273.

804 Hu, Q., and Coauthors, 2020: Cascade of internal wave energy catalyzed by eddy-topography
805 interactions in the deep south china sea. *Geophysical Research Letters*.

806 Hughes, G. O., A. M. C. Hogg, and R. W. Griffiths, 2009: Available potential energy and irreversible
807 mixing in the meridional overturning circulation. *Journal of Physical Oceanography*, **39** (12),
808 3130–3146.

809 Ijichi, T., and T. Hibiya, 2017: Eikonal calculations for energy transfer in the deep-ocean internal
810 wave field near mixing hotspots. *Journal of Physical Oceanography*, **47** (1), 199–210.

811 Jagannathan, A., K. B. Winters, and L. Armi, 2020: The effect of a strong density step on blocked
812 stratified flow over topography. *Journal of Fluid Mechanics*, **889**.

813 Klymak, J. M., 2018: Nonpropagating form drag and turbulence due to stratified flow over large-
814 scale abyssal hill topography. *Journal of Physical Oceanography*, **48** (10), 2383–2395.

815 Klymak, J. M., D. Balwada, A. Naveira Garabato, and R. Abernathy, submitted: Parameterizing
816 non-propagating form drag over rough bathymetry. *Journal of Physical Oceanography*.

817 Klymak, J. M., S. M. Legg, and R. Pinkel, 2010: High-mode stationary waves in stratified flow
818 over large obstacles. *Journal of Fluid Mechanics*, **644**, 321–336.

819 Kunze, E., and R.-C. Lien, 2019: Energy sinks for lee waves in shear flow. *Journal of Physical*
820 *Oceanography*, **49** (11), 2851–2865.

821 Legg, S., and J. Klymak, 2008: Internal hydraulic jumps and overturning generated by tidal flow
822 over a tall steep ridge. *Journal of Physical Oceanography*, **38** (9), 1949–1964.

823 Liang, X., and A. M. Thurnherr, 2012: Eddy-modulated internal waves and mixing on a midocean
824 ridge. *Journal of physical oceanography*, **42** (7), 1242–1248.

825 Lvov, Y. V., K. L. Polzin, and N. Yokoyama, 2012: Resonant and near-resonant internal wave
826 interactions. *Journal of physical oceanography*, **42** (5), 669–691.

- 827 Marshall, J., and K. Speer, 2012: Closure of the meridional overturning circulation through
828 southern ocean upwelling. *Nature Geoscience*, **5 (3)**, 171.
- 829 Mashayek, A., and W. Peltier, 2012: The 'zoo' of secondary instabilities precursory to stratified
830 shear flow transition. part 1 shear aligned convection, pairing, and braid instabilities. *Journal of*
831 *fluid mechanics*, **708**, 5.
- 832 Mashayek, A., H. Salehipour, D. Bouffard, C. Caulfield, R. Ferrari, M. Nikurashin, W. Peltier, and
833 W. Smyth, 2017: Efficiency of turbulent mixing in the abyssal ocean circulation. *Geophysical*
834 *Research Letters*, **44 (12)**, 6296–6306.
- 835 Mayer, F., and O. Fringer, 2017: An unambiguous definition of the froude number for lee waves in
836 the deep ocean. *Journal of Fluid Mechanics*, **831**.
- 837 Mayer, F. T., and O. B. Fringer, 2020: Improving nonlinear and nonhydrostatic ocean lee wave
838 drag parameterizations. *Journal of Physical Oceanography*, **50 (9)**, 2417–2435.
- 839 McComas, C., and M. Briscoe, 1980: Bispectra of internal waves. *Journal of Fluid Mechanics*,
840 **97 (1)**, 205–213.
- 841 Mercier, M. J., N. B. Garnier, and T. Dauxois, 2008: Reflection and diffraction of internal waves
842 analyzed with the hilbert transform. *Physics of Fluids*, **20 (8)**, 086 601.
- 843 Munk, W., and C. Wunsch, 1998: Abyssal recipes ii: Energetics of tidal and wind mixing. *Deep-sea*
844 *research. Part I, Oceanographic research papers*, **45 (12)**, 1977–2010.
- 845 Musgrave, R., J. MacKinnon, R. Pinkel, A. Waterhouse, J. Nash, and S. Kelly, 2017: The influence
846 of subinertial internal tides on near-topographic turbulence at the mendocino ridge: Observations
847 and modeling. *Journal of Physical Oceanography*, **47 (8)**, 2139–2154.

- 848 Neshyba, S., and E. Sobey, 1975: Vertical cross coherence and cross bispectra between internal
849 waves measured in a multiple-layered ocean. *Journal of Geophysical Research*, **80 (9)**, 1152–
850 1162.
- 851 Nikurashin, M., and R. Ferrari, 2010a: Radiation and dissipation of internal waves generated by
852 geostrophic motions impinging on small-scale topography: Application to the southern ocean.
853 *Journal of Physical Oceanography*, **40 (9)**, 2025–2042.
- 854 Nikurashin, M., and R. Ferrari, 2010b: Radiation and dissipation of internal waves generated
855 by geostrophic motions impinging on small-scale topography: Theory. *Journal of Physical*
856 *Oceanography*, **40 (5)**, 1055–1074.
- 857 Nikurashin, M., R. Ferrari, N. Grisouard, and K. Polzin, 2014: The impact of finite-amplitude
858 bottom topography on internal wave generation in the southern ocean. *Journal of Physical*
859 *Oceanography*, **44 (11)**, 2938–2950.
- 860 Nikurashin, M., and G. Vallis, 2011: A theory of deep stratification and overturning circulation in
861 the ocean. *Journal of Physical Oceanography*, **41 (3)**, 485–502.
- 862 Özgökmen, T. M., P. F. Fischer, J. Duan, and T. Iliescu, 2004: Entrainment in bottom gravity cur-
863 rents over complex topography from three-dimensional nonhydrostatic simulations. *Geophysical*
864 *Research Letters*, **31 (13)**.
- 865 Polzin, K. L., A. C. N. Garabato, T. N. Huussen, B. M. Sloyan, and S. Waterman, 2014: Finescale
866 parameterizations of turbulent dissipation. *Journal of Geophysical Research: Oceans*, **119 (2)**,
867 1383–1419.

868 Salehipour, H., W. Peltier, and A. Mashayek, 2015: Turbulent diapycnal mixing in stratified shear
869 flows: the influence of prandtl number on mixing efficiency and transition at high reynolds
870 number. *Journal of Fluid Mechanics*, **773**, 178–223.

871 Shakespeare, C. J., and A. M. Hogg, 2017: The viscous lee wave problem and its implications for
872 ocean modelling. *Ocean Modelling*, **113**, 22–29.

873 Sheen, K., and Coauthors, 2013: Rates and mechanisms of turbulent dissipation and mixing in the
874 southern ocean: Results from the diapycnal and isopycnal mixing experiment in the southern
875 ocean (dimes). *Journal of Geophysical Research: Oceans*, **118** (6), 2774–2792.

876 St. Laurent, L., A. C. Naveira Garabato, J. R. Ledwell, A. M. Thurnherr, J. M. Toole, and
877 A. J. Watson, 2012: Turbulence and diapycnal mixing in drake passage. *Journal of Physical
878 Oceanography*, **42** (12), 2143–2152.

879 Talley, L. D., 2013: Closure of the global overturning circulation through the indian, pacific, and
880 southern oceans: Schematics and transports. *Oceanography*, **26** (1), 80–97.

881 Trossman, D., S. Waterman, K. Polzin, B. Arbic, S. Garner, A. Naveira-Garabato, and K. Sheen,
882 2015: Internal lee wave closures: Parameter sensitivity and comparison to observations. *Journal
883 of Geophysical Research: Oceans*, **120** (12), 7997–8019.

884 Vanneste, J., 2013: Balance and spontaneous wave generation in geophysical flows. *Annual Review
885 of Fluid Mechanics*, **45**.

886 Venaille, A., 2020: Quasi-geostrophy against the wall. *J. Fluid Mech.*, **894**, R1, doi:10.1017/jfm.
887 2020.287, URL [https://www.cambridge.org/core/product/identifier/S0022112020002876/type/
888 journal{_}article](https://www.cambridge.org/core/product/identifier/S0022112020002876/type/journal_article), 2001.09504.

- 889 Waterman, S., A. C. Naveira Garabato, and K. L. Polzin, 2013: Internal waves and turbulence in
890 the antarctic circumpolar current. *Journal of Physical Oceanography*, **43** (2), 259–282.
- 891 Waterman, S., K. L. Polzin, A. C. Naveira Garabato, K. L. Sheen, and A. Forryan, 2014: Suppres-
892 sion of internal wave breaking in the antarctic circumpolar current near topography. *Journal of*
893 *physical oceanography*, **44** (5), 1466–1492.
- 894 Whalen, C., L. Talley, and J. MacKinnon, 2012: Spatial and temporal variability of global ocean
895 mixing inferred from argo profiles. *Geophysical Research Letters*, **39** (18).
- 896 Winters, K. B., and L. Armi, 2012: Hydraulic control of continuously stratified flow over an
897 obstacle. *Journal of fluid mechanics*, **700**, 502–513.
- 898 Wunsch, C., and R. Ferrari, 2004: Vertical mixing, energy, and the general circulation of the
899 oceans. *Annu. Rev. Fluid Mech.*, **36**, 281–314.
- 900 Yang, L., M. Nikurashin, A. M. Hogg, and B. M. Sloyan, 2018: Energy loss from transient eddies
901 due to lee wave generation in the southern ocean. *Journal of Physical Oceanography*, **48** (12),
902 2867–2885.
- 903 Zemskova, V. E., B. L. White, and A. Scotti, 2015: Available potential energy and the general
904 circulation: Partitioning wind, buoyancy forcing, and diapycnal mixing. *Journal of Physical*
905 *Oceanography*, **45** (6), 1510–1531.
- 906 Zheng, K., and M. Nikurashin, 2019: Downstream propagation and remote dissipation of internal
907 waves in the southern ocean. *Journal of Physical Oceanography*, **49** (7), 1873–1887.

908 **LIST OF TABLES**

909 **Table 1.** Controlling parameters (χ, J) as defined in Eqn. (5), domain size and resolution,
910 and maximum grid spacing normalized by Kolmogorov scale η_K 44

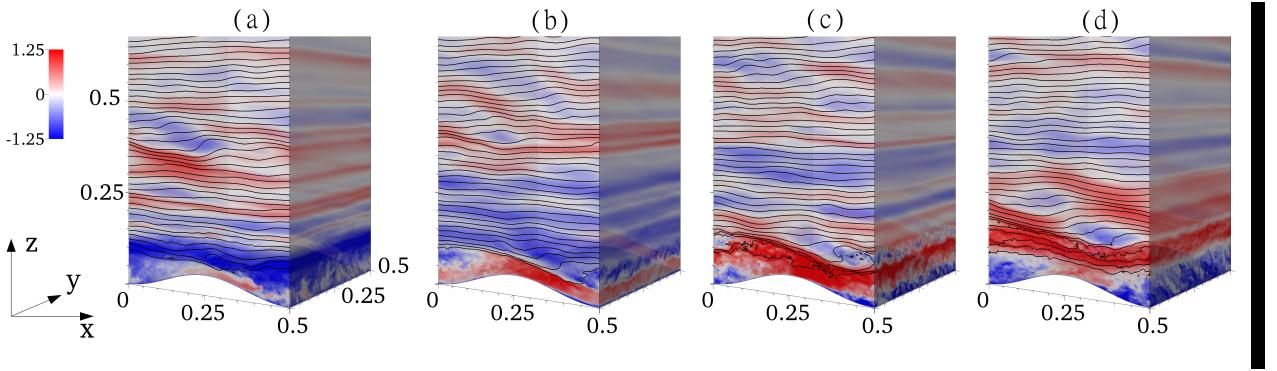
911 TABLE 1. Controlling parameters (χ, J) as defined in Eqn. (5), domain size and resolution, and maximum grid
 912 spacing normalized by Kolmogorov scale η_K .

(χ, J)	$[L_x, L_y, L_z]$	$[N_x, N_y, N_z]$	$[\Delta_x, \Delta_y, \Delta_z]_{\max} / \pi \eta_K$
(0.16, 0.6), (0.16, 1), (0.16, 2)	[0.5, 0.5, 1]	[256, 256, 512]	(0.54, 0.84, 0.91)
(1.12, 0.4), (1.12, 0.6), (1.12, 1)	[0.07, 0.07, 0.5]	[80, 80, 256]	(0.83, 0.88, 0.93)
(0.063, 0.6), (0.063, 2), (0.063, 5),	[1.25, 0.5, 1]	[640, 256, 512]	(0.45, 0.81, 0.95)

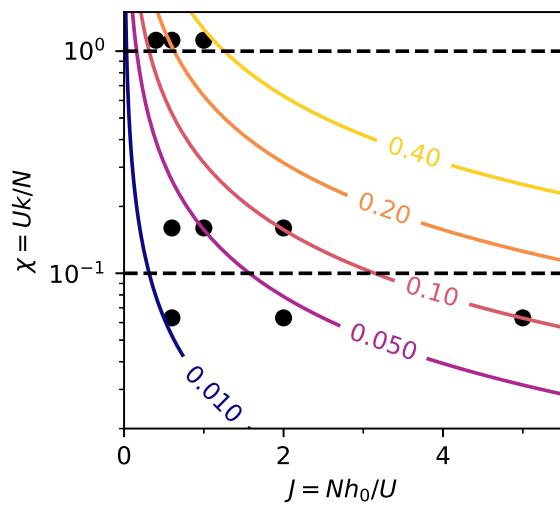
LIST OF FIGURES

913		
914	Fig. 1.	Typical domain set-up for all simulations with sinusoidal topographic bump (upper part
915		of the domain cropped). Overlaid are snapshots of the flow for experiment $(\chi, J) =$
916		$(0.16, 2)$, corresponding to $\xi = 0.1$, over an inertial period: (a) $t = 6.25t_I$, (b) $t = 6.5t_I$, (c)
917		$t = 6.75t_I$, and (d) $t = 7t_I$. Color: normalized perturbation velocity u/U ; black contours:
918		isopycnals. The temporal progression shows an accelerated layer forming downstream of the
919		topography, internal wave breaking, and an inertial wave propagating upward. Topography
920		is homogeneous in y and the domain is periodic in x and y 47
921	Fig. 2.	Nondimensional parameter regimes $[J, \chi]$ for the conducted numerical simulations. Each
922		simulation is represented with a black dot, and the contours are drawn for the topographic
923		slope $\xi = kh_0/\pi$. Dashed lines indicate the extent of the lee wave radiative regime $0.1 < \chi < 1$. 48
924	Fig. 3.	Hovmöller diagram of the normalized horizontally averaged total kinetic energy dissipation
925		$\log_{10}(D(E_K)/U^2)$ plotted in terms of height above the bottom (HAB) for all simulations:
926		(a,d,g) $\chi = 0.063$, (b,e,h) $\chi = 0.16$, (c,f,i) $\chi = 1.12$. Topographic height (i.e. J) increases
927		from the top to the bottom panels for each χ . Note that the colorbar is different for (a,c,f,i),
928		and that (b,c) are plotted for $t \in [4t_I, 12t_I]$ to demonstrate the inertial periodicity in $D(E_K)$,
929		which develops at a later time than in simulations with greater J 49
930	Fig. 4.	(a) Temporal spectra over the last $4t_I$ of total kinetic energy dissipation $D(E_K)$ plotted at
931		HAB = 0.1, (b) at HAB = 0.2, and (c) horizontally integrated $D(E_K)$ averaged over the last
932		$4t_I$. In (a,b), spectral values are staggered for each topographic regime cluster for visual
933		clarity. Three different topographic regimes are presented as wide topography $\chi = 0.063$ in
934		red, radiative regime $\chi = 0.16$ in black, and narrow topography $\chi = 1.12$ in blue. Topographic
935		heights (i.e., J) are distinguished in increasing order as dashed, dash-dot, and solid lines. 50
936	Fig. 5.	(Top) Hovmöller diagram of horizontally averaged normalized perturbation velocity u/U
937		and (bottom) time frequency spectra of u/U computed over the last $4t_I$ and then horizontally
938		averaged at each depth z for: (a,d) wide $\chi = 0.063$ (b,e) radiative $\chi = 0.16$, and (c,f) narrow
939		$\chi = 1.12$ topographies all with $J = 0.6$ 51
940	Fig. 6.	(Top) Rotary spectra for $u + iv$ over the last $4t_I$ divided into clockwise (CW) and counter-
941		clockwise (CCW) components. (Bottom) Rotary bispectra, where horizontal and vertical
942		axes are the frequencies of the first and second waves of a triad (ω_1, ω_2) , respectively,
943		and the diagonal axis is the third sum frequency $\omega_3 = -(\omega_1 + \omega_2)$. Dashed lines indicate
944		$\omega = \pm f, \pm 2f$. All values are horizontally averaged at HAB = 0.1 (Left, middle, right) same
945		as Fig. 5. 52
946	Fig. 7.	(Left) Hovmöller diagram of horizontally averaged normalized perturbation velocity u/U ,
947		(center) rotary spectra for $u + iv$ over the last $4t_I$ divided into clockwise (CW) and counter-
948		clockwise (CCW) components, and (right) rotary bispectra. Top panels are for the simulation
949		with $\chi = 0.063$, $J = 2$, and bottom panels for $\chi = 0.063$, $J = 5$. Rotary spectra and bispectra
950		are horizontally averaged at HAB = 0.1. 53
951	Fig. 8.	(Top) CD-filtered u at frequencies (a) $\omega = 0$, (b) f , and (c) $2f$, as defined in Eqn. (9).
952		(bottom) Non-linear forcing for f -frequency motion all defined in Eqn. (11): (d) Λ_f , (e)
953		$\Lambda_f^{(0)}$, (f) $\Lambda_f^{(1)}$, (g) $\Lambda_f^{(0)} + \Lambda_f^{(1)}$. Results are for $\chi = 0.16$, $J = 0.6$ with CD-filtering over the
954		last $4t_I$. The black dashed line in (b) indicates the freely propagating inertial wave slope α_2
955		defined in Eqn. (10). 54

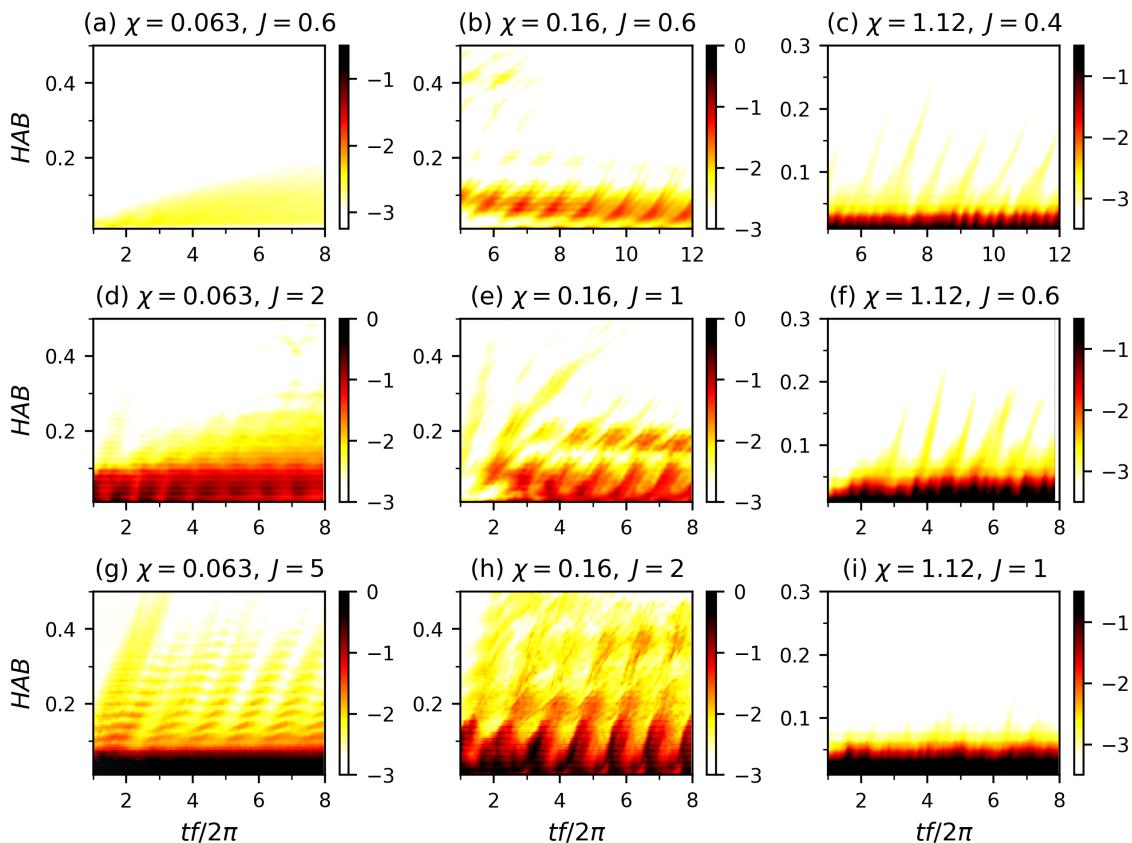
956	Fig. 9.	(a,d) CD-filtered U_0/U , (b,e) CD-filtered U_f/U (both defined in Eqn. 9), (c,f) non-linear interaction between zero- and inertial frequency motions $\Lambda_f^{(0)}$ defined in Eqn. (11). (a,b,c) $\chi = 0.16$, $J = 1$, (d,e,f) $\chi = 0.16$, $J = 2$. For (c,f), panels below each subfigure are vertical averages over $z \in [0, 0.5]$ and panels to the right are horizontal averages of the non-linear forcing $\Lambda_f^{(0)}$	55
961	Fig. 10.	(Top) Snapshot of streamlines with color indicating normalized horizontal velocity u/U , topography marked in dashed red and LOTS in solid black lines. (Bottom) Snapshots of Ri with critical values shaded in red and overturning values in blue. (a,d) $\chi = 0.16$, $J = 0.6$, (b,e) $\chi = 0.16$, $J = 1$, and (c,f) $\chi = 0.16$, $J = 2$. All values are computed at $t = 6.5t_I$	56
965	Fig. 11.	(Top) CD-filtered u at f -frequency defined in Eqn. (9), (middle) non-linear forcing Λ_f for f -frequency motion defined in Eqn. (11) with vertically averaged values over $z \in [0, 0.4]$ below, and (bottom) time frequency spectra of u/U horizontally averaged at $HAB = 0.05, 0.1, 0.2$ for the narrow ($\chi = 1.12$) topographic regime. (a,d,g) $J = 0.4$, (b,e,h) $J = 0.6$, (c,f,i) $J = 1$. CD-filtering and frequency spectra are both computed over last $4t_I$	57
970	Fig. 12.	Snapshot of streamlines with color indicating normalized horizontal velocity u/U , topography marked in dashed red and LOTS in solid black lines: (a) $\chi = 1.12$, $J = 0.4$, (b) $\chi = 1.12$, $J = 0.6$, (c) $\chi = 1.12$, $J = 1$. All values are computed at $t = 6.5t_I$	58
973	Fig. 13.	Inertial harmonics in the wide ($\chi = 0.063$) topographic regime, and their forcing. (Left) CD-filtered U_f/U (defined in Eqn. (9)) and (right) non-linear forcing Λ_f for f -frequency motion defined in Eqn. (11). (a,b) $\chi = 0.063$, $J = 0.6$, (c,d) $\chi = 0.063$, $J = 2$, (e,f) $\chi = 0.063$, $J = 2$. In (a,c,e), dashed lines correspond to the freely propagating inertial wave slope α_2 defined in Eqn. (10). For (b,d,f), panels below each subfigure are vertical averages over $z \in [0, 0.5]$ and panels to the right are horizontal averages of the non-linear forcing Λ_f	59
979	Fig. 14.	Same as Fig. 10 only for (a,d) $\chi = 0.063$, $J = 0.6$, (b,e) $\chi = 0.063$, $J = 2$, (c,f) $\chi = 0.063$, $J = 5$. All values are computed at $t = 6.5t_I$	60
981	Fig. A1.	Comparison of horizontally-averaged profiles between runs with and without stratification restoration in $\chi = 0.16$, $J = 2$ regime: (a) buoyancy averaged over last t_I compared with background stratification $B(z)$, (b) velocity u/U averaged over last t_I , (c) kinetic energy dissipation $D(E_K)$ averaged over last $4t_I$	61



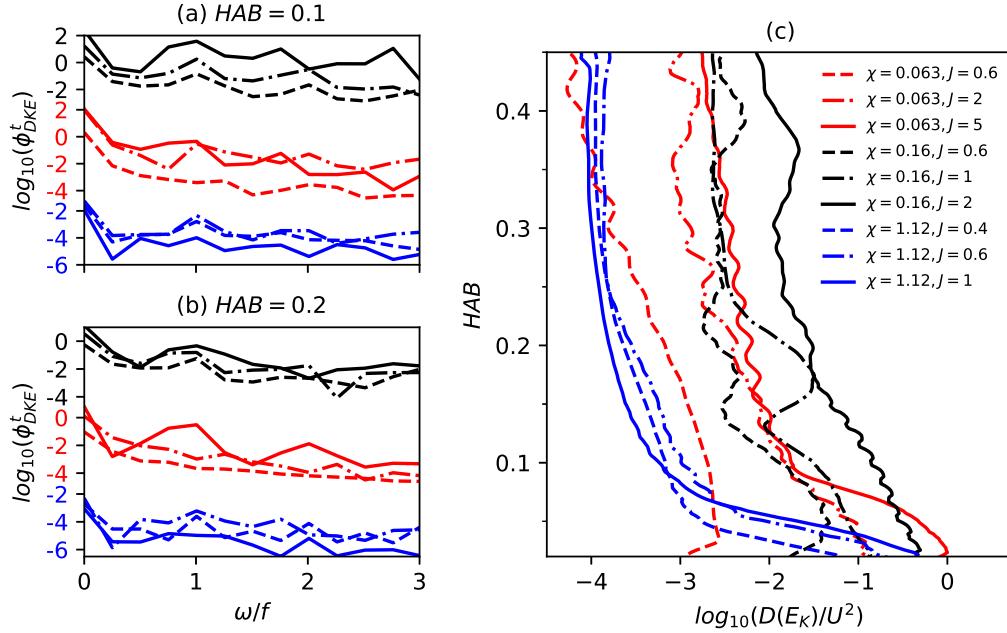
985 FIG. 1. Typical domain set-up for all simulations with sinusoidal topographic bump (upper part of the domain
 986 cropped). Overlaid are snapshots of the flow for experiment $(\chi, J) = (0.16, 2)$, corresponding to $\xi = 0.1$, over an
 987 inertial period: (a) $t = 6.25t_I$, (b) $t = 6.5t_I$, (c) $t = 6.75t_I$, and (d) $t = 7t_I$. Color: normalized perturbation velocity
 988 u/U ; black contours: isopycnals. The temporal progression shows an accelerated layer forming downstream of
 989 the topography, internal wave breaking, and an inertial wave propagating upward. Topography is homogeneous
 990 in y and the domain is periodic in x and y .



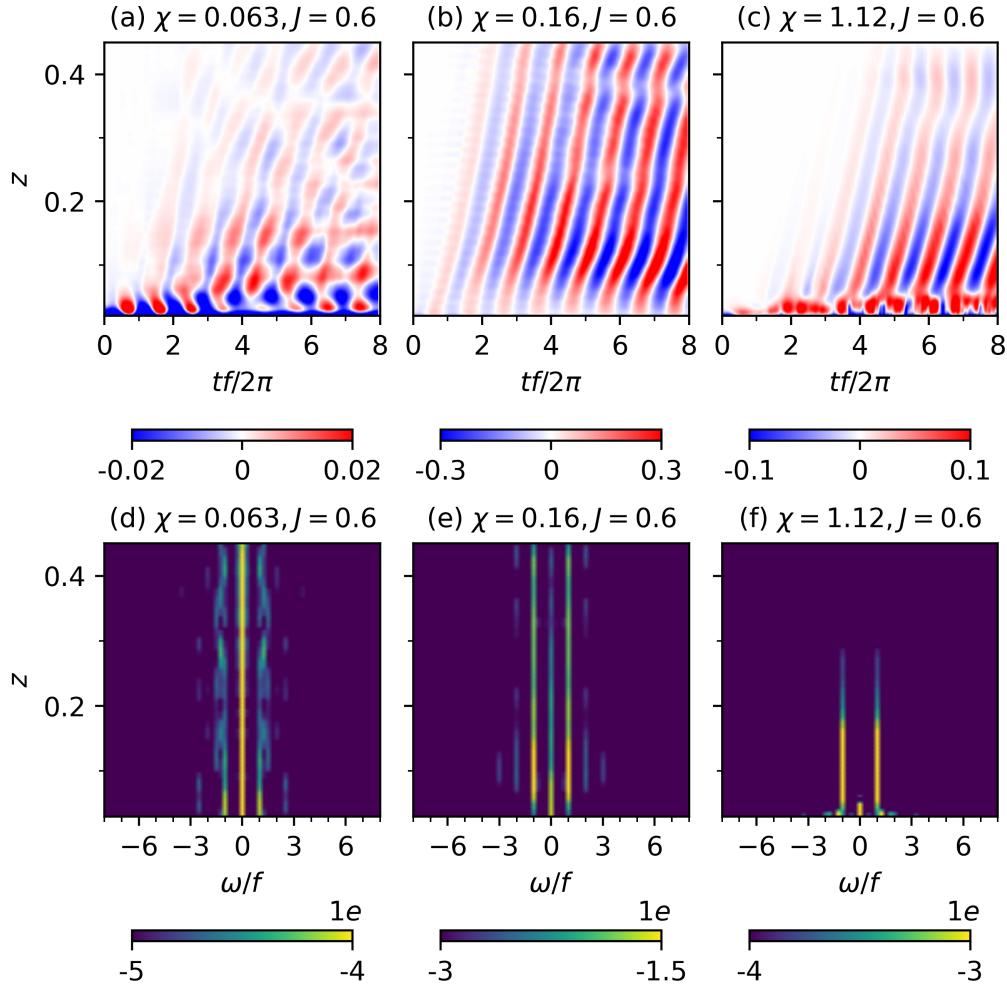
991 FIG. 2. Nondimensional parameter regimes $[J, \chi]$ for the conducted numerical simulations. Each simulation
 992 is represented with a black dot, and the contours are drawn for the topographic slope $\xi = kh_0/\pi$. Dashed lines
 993 indicate the extent of the lee wave radiative regime $0.1 < \chi < 1$.



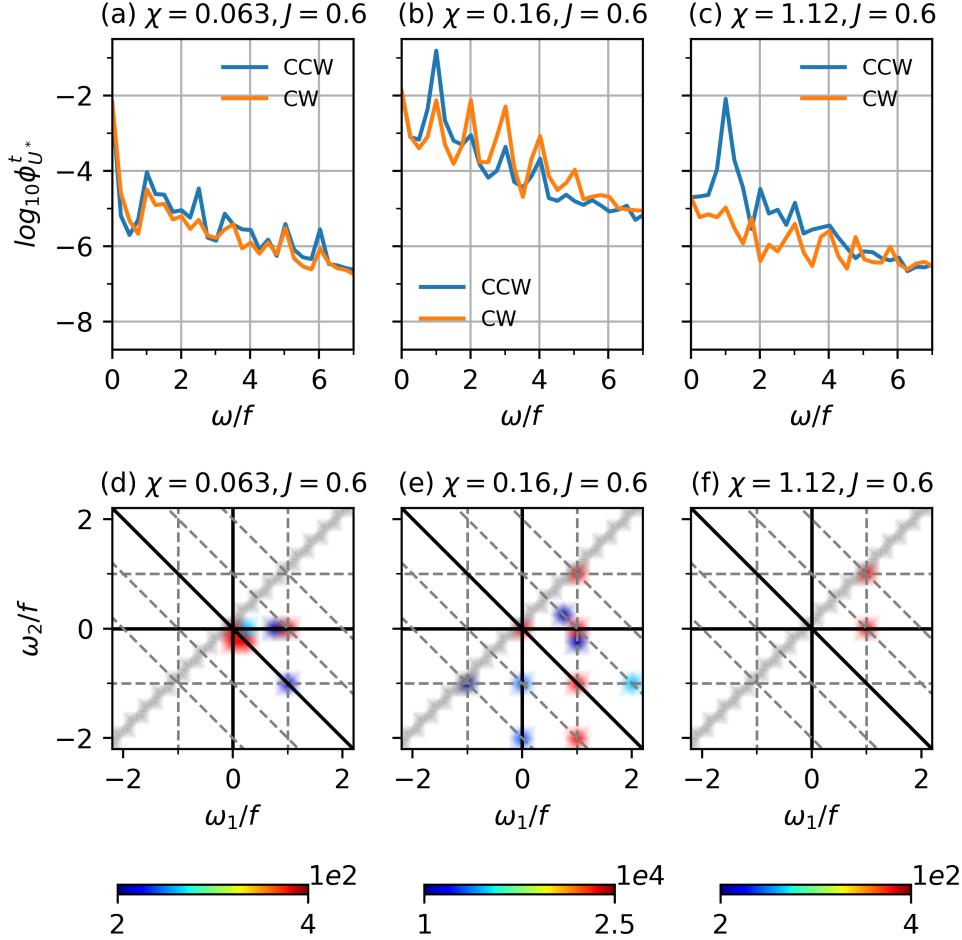
994 FIG. 3. Hovmöller diagram of the normalized horizontally averaged total kinetic energy dissipation
 995 $\log_{10}(D(E_K)/U^2)$ plotted in terms of height above the bottom (HAB) for all simulations: (a,d,g) $\chi = 0.063$,
 996 (b,e,h) $\chi = 0.16$, (c,f,i) $\chi = 1.12$. Topographic height (i.e. J) increases from the top to the bottom panels for each
 997 χ . Note that the colorbar is different for (a,c,f,i), and that (b,c) are plotted for $t \in [4t_I, 12t_I]$ to demonstrate the
 998 inertial periodicity in $D(E_K)$, which develops at a later time than in simulations with greater J .



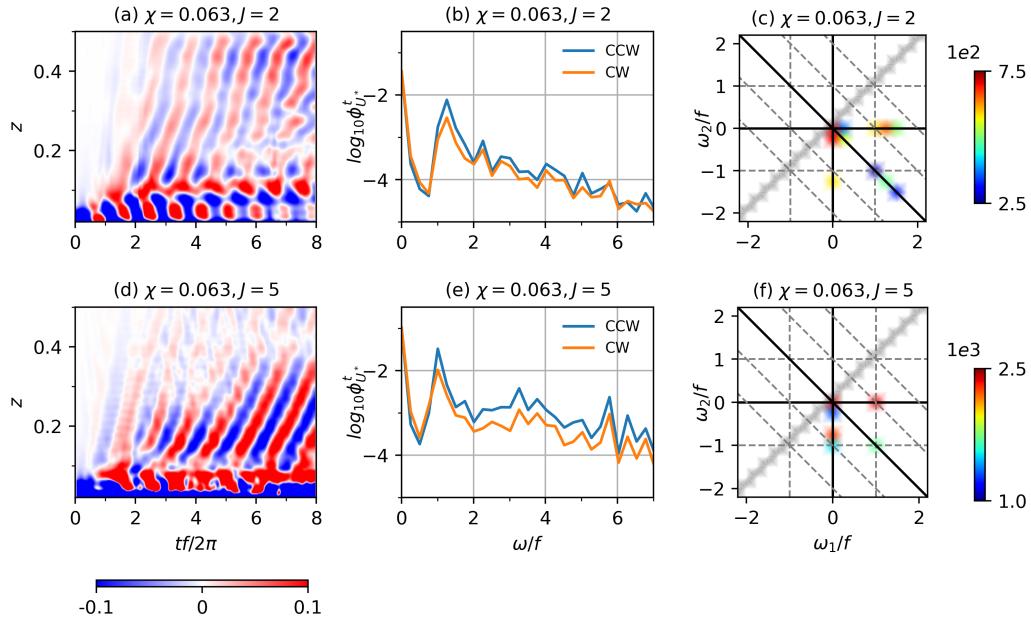
999 FIG. 4. (a) Temporal spectra over the last $4t_I$ of total kinetic energy dissipation $D(E_K)$ plotted at HAB = 0.1,
 1000 (b) at HAB = 0.2, and (c) horizontally integrated $D(E_K)$ averaged over the last $4t_I$. In (a,b), spectral values
 1001 are staggered for each topographic regime cluster for visual clarity. Three different topographic regimes are
 1002 presented as wide topography $\chi = 0.063$ in red, radiative regime $\chi = 0.16$ in black, and narrow topography
 1003 $\chi = 1.12$ in blue. Topographic heights (i.e., J) are distinguished in increasing order as dashed, dash-dot, and
 1004 solid lines.



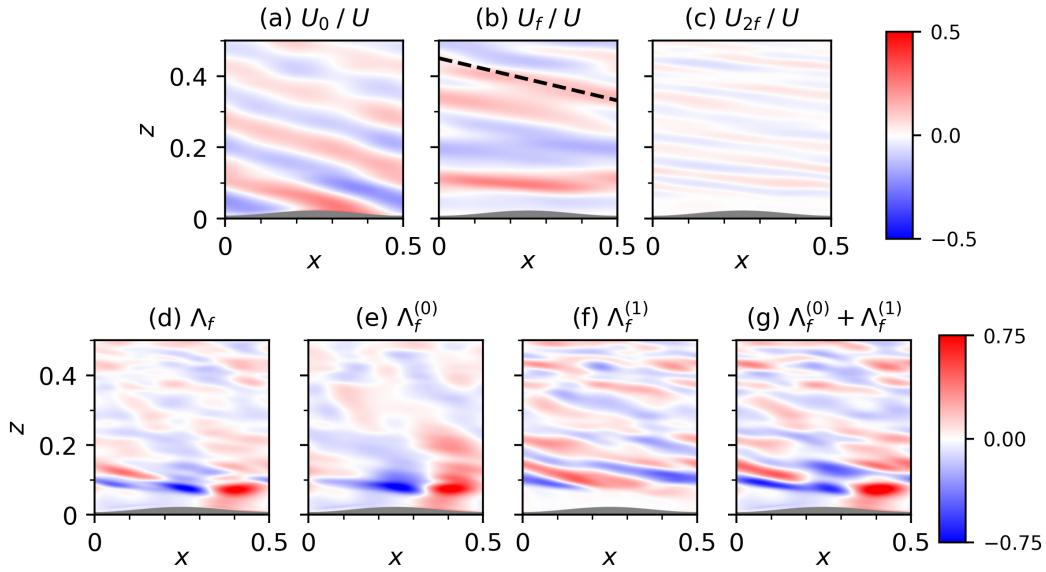
1005 FIG. 5. (Top) Hovmöller diagram of horizontally averaged normalized perturbation velocity u/U and (bottom)
 1006 time frequency spectra of u/U computed over the last $4t_I$ and then horizontally averaged at each depth z for:
 1007 (a,d) wide $\chi = 0.063$ (b,e) radiative $\chi = 0.16$, and (c,f) narrow $\chi = 1.12$ topographies all with $J = 0.6$



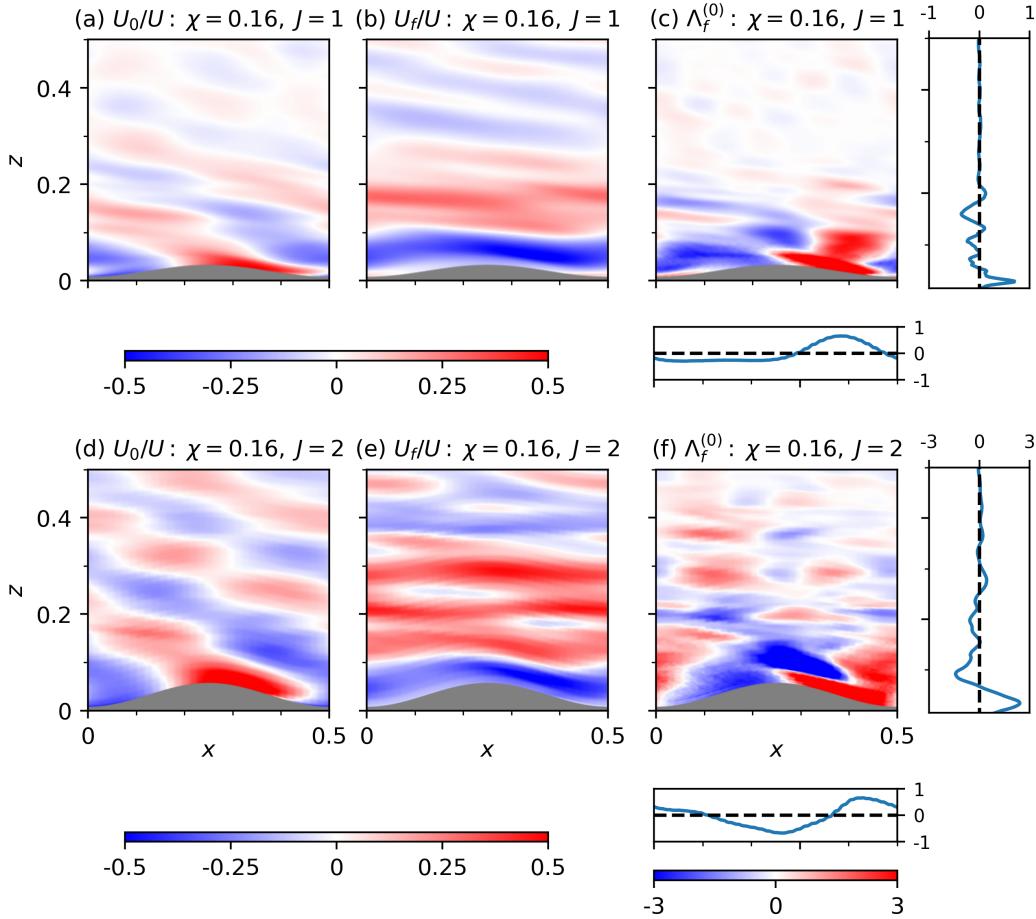
1008 FIG. 6. (Top) Rotary spectra for $u + iv$ over the last $4t_l$ divided into clockwise (CW) and counterclockwise
 1009 (CCW) components. (Bottom) Rotary bispectra, where horizontal and vertical axes are the frequencies of
 1010 the first and second waves of a triad (ω_1, ω_2), respectively, and the diagonal axis is the third sum frequency
 1011 $\omega_3 = -(\omega_1 + \omega_2)$. Dashed lines indicate $\omega = \pm f, \pm 2f$. All values are horizontally averaged at $HAB = 0.1$ (Left,
 1012 middle, right) same as Fig. 5.



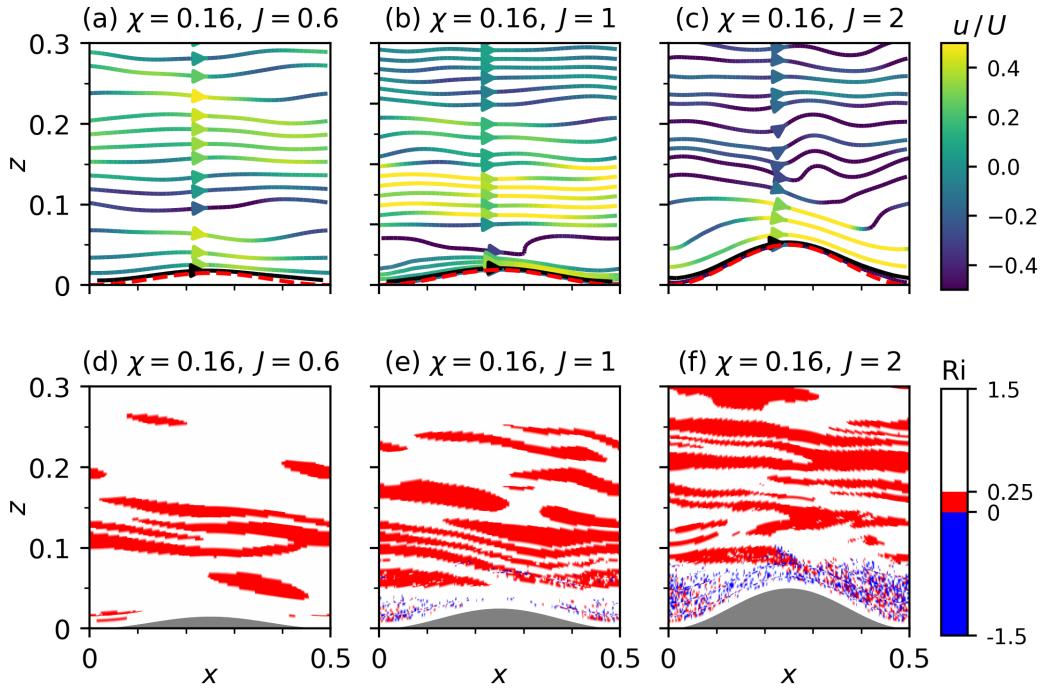
1013 FIG. 7. (Left) Hovmöller diagram of horizontally averaged normalized perturbation velocity u/U , (center)
 1014 rotary spectra for $u+iv$ over the last $4t_I$ divided into clockwise (CW) and counterclockwise (CCW) components,
 1015 and (right) rotary bispectra. Top panels are for the simulation with $\chi = 0.063$, $J = 2$, and bottom panels for
 1016 $\chi = 0.063$, $J = 5$. Rotary spectra and bispectra are horizontally averaged at $HAB = 0.1$.



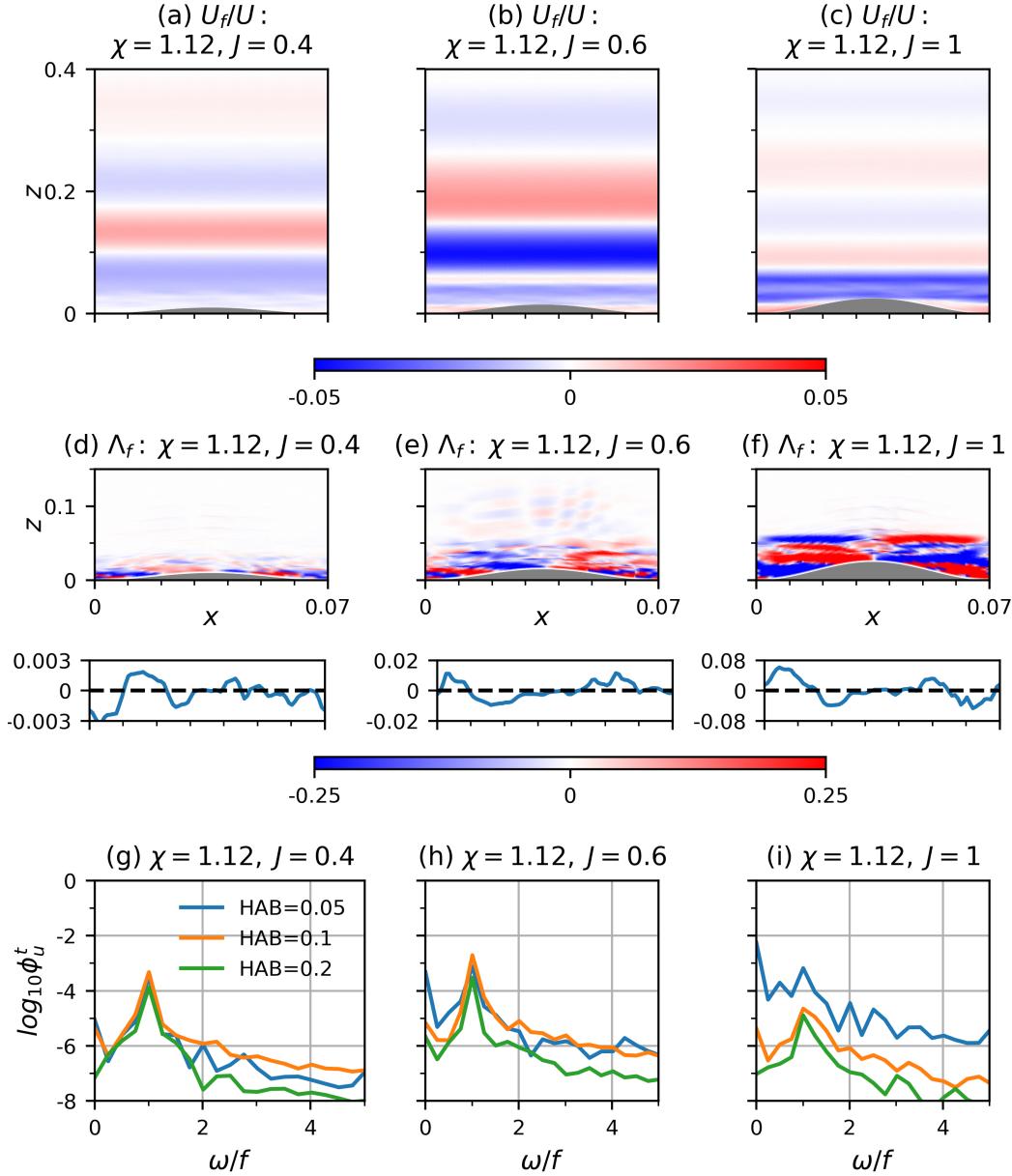
1017 FIG. 8. (Top) CD-filtered u at frequencies (a) $\omega = 0$, (b) f , and (c) $2f$, as defined in Eqn. (9). (bottom)
 1018 Non-linear forcing for f -frequency motion all defined in Eqn. (11): (d) Λ_f , (e) $\Lambda_f^{(0)}$, (f) $\Lambda_f^{(1)}$, (g) $\Lambda_f^{(0)} + \Lambda_f^{(1)}$.
 1019 Results are for $\chi = 0.16$, $J = 0.6$ with CD-filtering over the last $4t_I$. The black dashed line in (b) indicates the
 1020 freely propagating inertial wave slope α_2 defined in Eqn. (10).



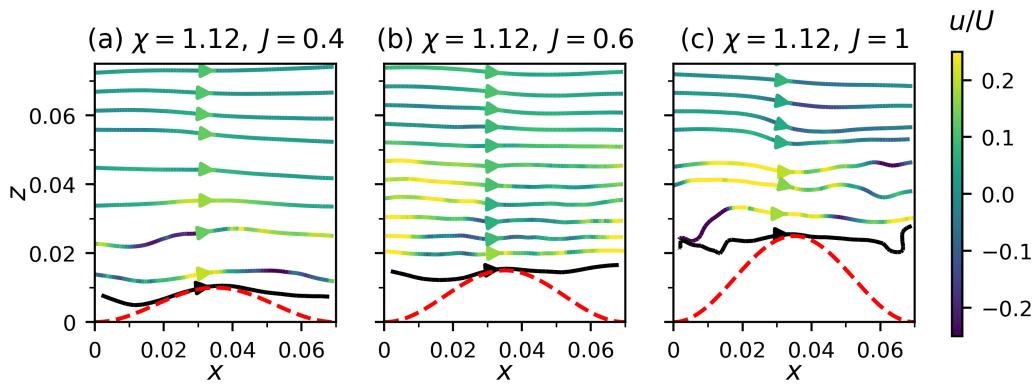
1021 FIG. 9. (a,d) CD-filtered U_0/U , (b,e) CD-filtered U_f/U (both defined in Eqn. 9), (c,f) non-linear interaction
 1022 between zero- and inertial frequency motions $\Lambda_f^{(0)}$ defined in Eqn. (11). (a,b,c) $\chi = 0.16, J = 1$, (d,e,f) $\chi =$
 1023 $0.16, J = 2$. For (c,f), panels below each subfigure are vertical averages over $z \in [0, 0.5]$ and panels to the right
 1024 are horizontal averages of the non-linear forcing $\Lambda_f^{(0)}$.



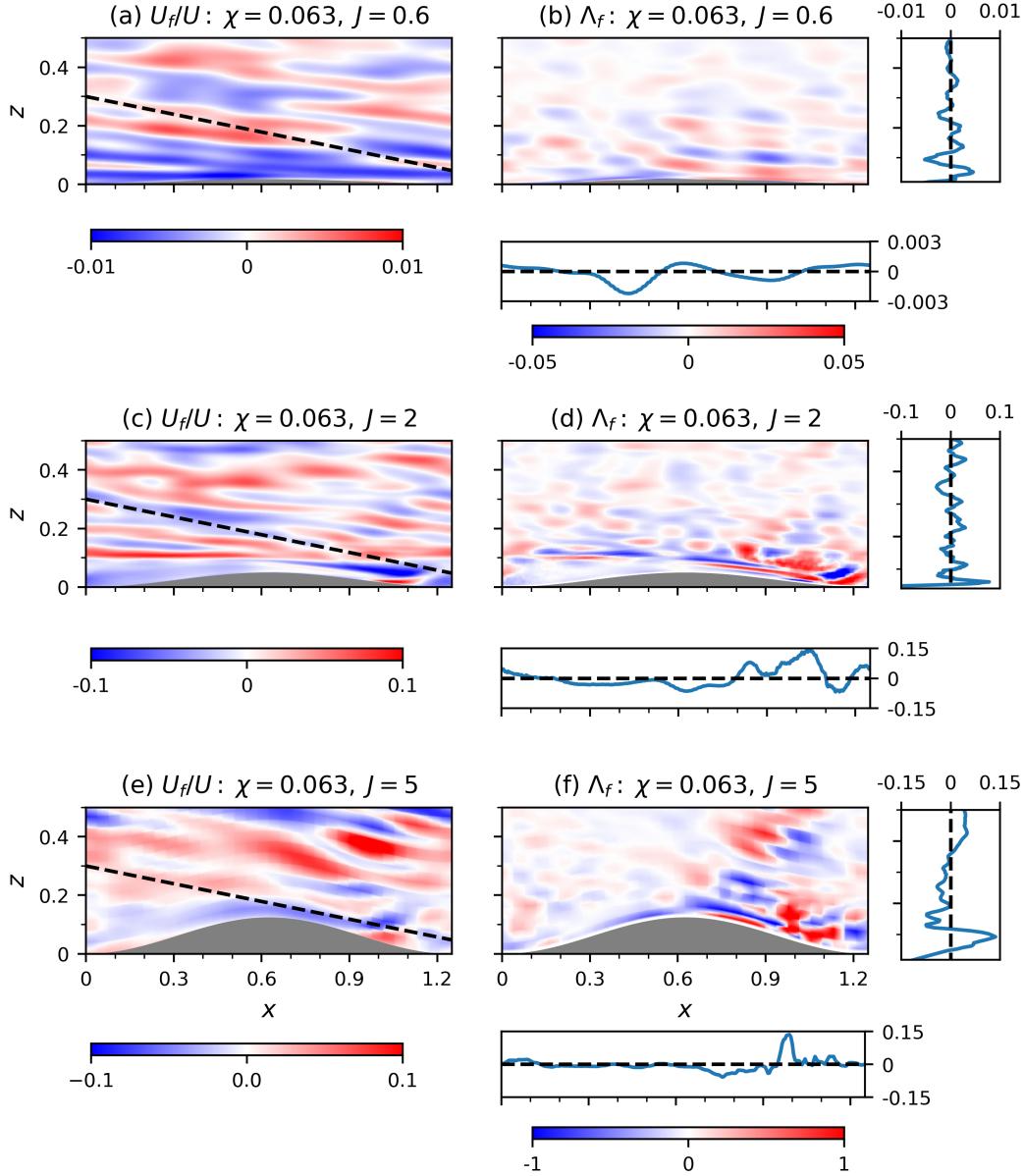
1025 FIG. 10. (Top) Snapshot of streamlines with color indicating normalized horizontal velocity u/U , topography
 1026 marked in dashed red and LOTS in solid black lines. (Bottom) Snapshots of Ri with critical values shaded in
 1027 red and overturning values in blue. (a,d) $\chi = 0.16$, $J = 0.6$, (b,e) $\chi = 0.16$, $J = 1$, and (c,f) $\chi = 0.16$, $J = 2$. All
 1028 values are computed at $t = 6.5t_I$.



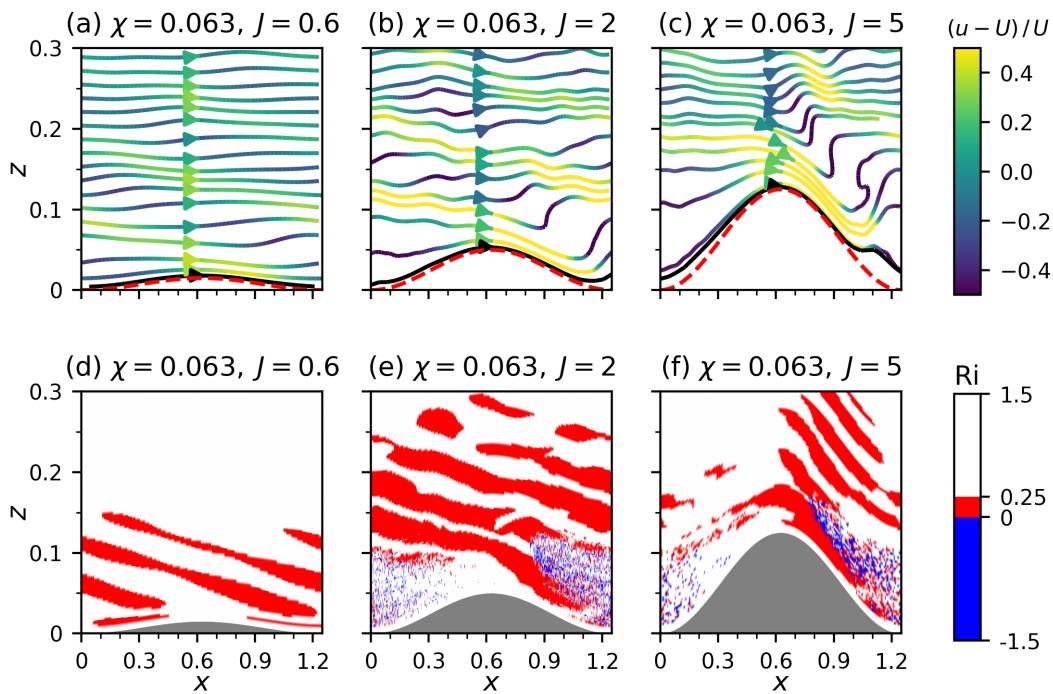
1029 FIG. 11. (Top) CD-filtered u at f -frequency defined in Eqn. (9), (middle) non-linear forcing Λ_f for f -frequency
 1030 motion defined in Eqn. (11) with vertically averaged values over $z \in [0, 0.4]$ below, and (bottom) time frequency
 1031 spectra of u/U horizontally averaged at $HAB = 0.05, 0.1, 0.2$ for the narrow ($\chi = 1.12$) topographic regime.
 1032 (a,d,g) $J = 0.4$, (b,e,h) $J = 0.6$, (c,f,i) $J = 1$. CD-filtering and frequency spectra are both computed over last $4t_J$.



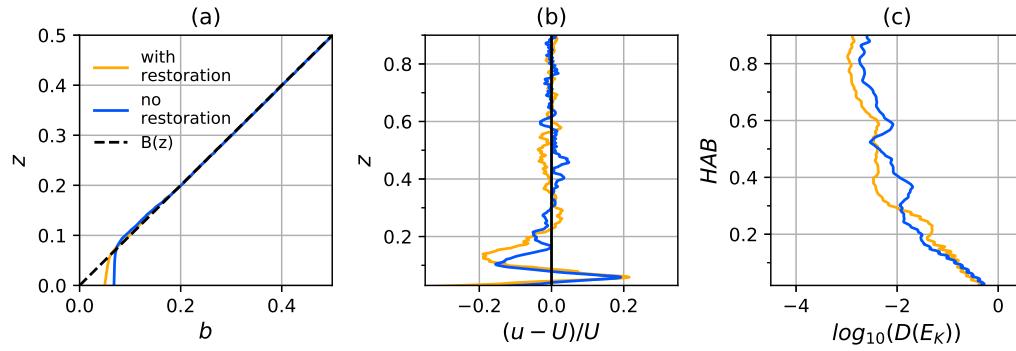
1033 FIG. 12. Snapshot of streamlines with color indicating normalized horizontal velocity u/U , topography marked
 1034 in dashed red and LOTs in solid black lines: (a) $\chi = 1.12$, $J = 0.4$, (b) $\chi = 1.12$, $J = 0.6$, (c) $\chi = 1.12$, $J = 1$.
 1035 All values are computed at $t = 6.5t_I$.



1036 FIG. 13. Inertial harmonics in the wide ($\chi = 0.063$) topographic regime, and their forcing. (Left) CD-filtered
 1037 U_f/U (defined in Eqn. (9)) and (right) non-linear forcing Λ_f for f -frequency motion defined in Eqn. (11). (a,b)
 1038 $\chi = 0.063$, $J = 0.6$, (c,d) $\chi = 0.063$, $J = 2$, (e,f) $\chi = 0.063$, $J = 2$. In (a,c,e), dashed lines correspond to the freely
 1039 propagating inertial wave slope α_2 defined in Eqn. (10). For (b,d,f), panels below each subfigure are vertical
 1040 averages over $z \in [0, 0.5]$ and panels to the right are horizontal averages of the non-linear forcing Λ_f .



1041 FIG. 14. Same as Fig. 10 only for (a,d) $\chi = 0.063$, $J = 0.6$, (b,e) $\chi = 0.063$, $J = 2$, (c,f) $\chi = 0.063$, $J = 5$. All
 1042 values are computed at $t = 6.5t_I$.



1043 Fig. A1. Comparison of horizontally-averaged profiles between runs with and without stratification restoration
 1044 in $\chi = 0.16$, $J = 2$ regime: (a) buoyancy averaged over last t_I compared with background stratification $B(z)$, (b)
 1045 velocity u/U averaged over last t_I , (c) kinetic energy dissipation $D(E_K)$ averaged over last $4t_I$.