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1 **Vertical fluxes conditioned on vorticity and strain reveal submesoscale**
2 **ventilation**

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ABSTRACT

16 It has been hypothesized that submesoscale flows play an important role
17 in the vertical transport of climatically important tracers, due to their strong
18 associated vertical velocities. However, the multi-scale, non-linear and La-
19 grangian nature of transport makes it challenging to attribute proportions of
20 the tracer fluxes to certain processes, scales, regions or flow features. Here we
21 show that the surface vorticity and strain joint probability distribution function
22 (JPDF) effectively decomposes the surface velocity field into distinguishable
23 flow features like fronts and eddies. The JPDF has a distinct shape, which is at
24 least partially determined by different flow instabilities. Further, this diagnos-
25 tic approach approximately parses the flow into different scales, as stronger
26 velocity gradients are usually associated with smaller scales. Conditioning
27 the vertical tracer transport on the vorticity-strain JPDF can therefore help to
28 attribute the transport to flow features and scales. Applied to a set of ideal-
29 ized Antarctic Circumpolar Current simulations that vary only in horizontal
30 resolution, this diagnostic approach demonstrates that submesoscale fronts,
31 despite their minuscule spatial footprint, play an outsized role in exchanging
32 tracers across the mixed layer base and are an important contributor to the
33 large scale tracer budgets.

34 **1. Introduction**

35 Accurate projections of future climate depend crucially on our ability to constrain and predict
36 the magnitude, distribution, and efficiency of oceanic uptake of heat, oxygen, carbon and other im-
37 portant biogeochemical tracers. This tracer transport is influenced by flows at many scales. While
38 the importance of mean flows and mesoscale eddies in transporting tracers has been recognized
39 for many decades (Price et al. 1987; Marshall et al. 1993; Marshall 1997), recent evidence has
40 suggested a significant contribution from submesoscale flows, which are thought to be particularly
41 relevant for exchange across the mixed layer base (e.g. Ferrari 2011; Lévy et al. 2018; Mahadevan
42 et al. 2020; Uchida et al. 2020).

43 Submesoscale flows are characterized by Rossby (Ro) and Richardson (Ri) numbers that ap-
44 proach unity, and are associated with lateral scales roughly an order of magnitude smaller than the
45 first internal deformation radius. This deviation from geostrophy allows strong vertical velocities
46 to develop. They are usually more active near a boundary, and can emerge from instabilities of a
47 mean horizontal buoyancy gradient (Boccaletti et al. 2007; Fox-Kemper et al. 2008; Callies et al.
48 2016), stirring by mesoscale eddies (Hoskins and Bretherton 1972; Lapeyre and Klein 2006; Roul-
49 let et al. 2012), or by interactions of fronts with surface forcing (Thomas et al. 2008). Regardless
50 of the generation mechanism, these scales play a dominant role in setting the mixed layer proper-
51 ties (Su et al. 2018), and are thought to be key in transporting tracers across the mixed layer base
52 (McWilliams 2016; Mahadevan 2016; Balwada et al. 2018; Klocker 2018; Bachman and Klocker
53 2020).

54 Observational evidence highlighting the strong vertical transport associated with individual sub-
55 mesoscale fronts has grown over the years (Omand et al. 2015; Adams et al. 2017; Olita et al.
56 2017; Ruiz et al. 2019; Archer et al. 2020; Siegelman et al. 2020), usually in the form of tracer

57 filaments that are seen penetrating across the base of the mixed layer along an isopycnal or strong
58 vertical velocities that extend far below the mixed layer base. However, observationally assessing
59 the impact of these structures on regional and global scales remains challenging, due to a lack of
60 statistical knowledge about their strength and frequency.

61 Modeling studies have suggested that resolving submesoscale flows quantitatively changes the
62 tracer exchange across the mixed layer. Such models include those that simulate single flow fea-
63 tures like fronts or eddies (Mahadevan and Tandon 2006; Ramachandran et al. 2014; Brannigan
64 2016; Freilich and Mahadevan 2019), as well as those using large domains that are many deforma-
65 tion radii in size and represent a large region of the ocean (Lévy et al. 2001; Balwada et al. 2018;
66 Klocker 2018; Uchida et al. 2019; Bachman and Klocker 2020). However, even given the com-
67 plete spatio-temporal simulated data provided by models, the attribution of the enhanced vertical
68 transport to specific submesoscale processes, dynamics or scales is not straightforward.

69 The difficulty in attribution can be appreciated by considering the flow and tracer transport in the
70 submesoscale-resolving simulation of Balwada et al. (2018, described in section 2a). The surface
71 vorticity field clearly indicates the presence of submesoscale features like fronts and eddies, and a
72 passive tracer that is introduced at the surface reaches the interior in filaments and curtains that cor-
73 respond visually with these features (Figure 1a,b). This correspondence results from two factors
74 ¹: the tracer is being injected into the interior in regions associated with the strong submesoscale
75 filaments and fronts, and more importantly, once a tracer filament reaches sufficient depth, it gets
76 stirred by the dominant horizontal flow associated with these features at that depth. It is important
77 to note that the vertical velocity and tracer flux are highly variable: a snapshot of vertical velocity
78 is largely dominated by high-frequency waves (Figure 1c), and the magnitudes of vertical flux in a

¹Readers can also refer to the movies of the tracer field evolution in these simulations that are provided in the supplementary material of Balwada et al. (2018).

79 snapshot (Figure 1d,e) are two orders of magnitude larger than its respective spatial average (Fig-
80 ure 1f). These properties suggest that a certain degree of spatio-temporal averaging is required to
81 elucidate the vertical transport process.

82 A number of different approaches have been used to attribute transport to flow features or scales.
83 The simplest approaches include modeling only the feature of interest, like a front (Freilich and
84 Mahadevan 2019), or to select subregions in a more complex simulation that can qualitatively
85 associated with the feature of interest (Balwada et al. 2018; Klocker 2018) and then to estimate
86 Eulerian averages over these features. The advantage is the simplicity, but the disadvantages are
87 numerous: a wide variety of features and scales contribute over time, lateral advection can get
88 entangled with vertical fluxes, and the features of interest might be advected into and out of the
89 region. Estimating the cross-spectra of the vertical fluxes over a fixed region helps provide more
90 insight by distinguishing the influence of different scales. For example, Balwada et al. (2018)
91 showed that internal waves have a negligible impact on the tracer flux even though they are the
92 dominant signal in the vertical velocity. However, this study also showed that vertical flux had
93 a broadband signal, with a wide range of scales contributing comparably to the downward flux.
94 This broadband signal can be partially understood by noting that phase information is lost when
95 plotting power spectra and the spectra are spatially non-local (Armi and Flament 1985; Franks
96 2005): a sharp front has a broad band signal in a power spectrum, instead of a single peak, and the
97 shape of this spectrum is not sufficient to know that it represents a sharp front. Further, spectra of
98 Eulerian fields may suffer from Doppler shifting: a geostrophically balanced front being advected
99 through a region by the mesoscale flow may have an imprint at the superinertial frequencies and
100 suggest a lack of balance where none is present (Callies et al. 2020). Another approach is based on
101 identifying coherent structures, and estimating statistics following these structures. The simplest
102 identification methods define structures based on some simple criteria (e.g. Capet et al. 2008,

103 used a threshold on the second derivative to define fronts), while the most complex determine the
104 structures using algorithms derived rigorously from continuum mechanics and dynamical systems
105 theory (Haller 2015). The flow field is essentially cleaved into regions that are identified as coher-
106 ent structures, under a particular selection criteria, and everything else. However, it is often found
107 that the regions *around but outside* the structure boundaries are actually the most important for
108 transport (Abernathey and Haller 2018; Zhang et al. 2019). Furthermore, in the presence of high
109 frequency motions (e.g. inertia-gravity waves), it is often hard to even identify mesoscale coherent
110 structures (Sinha et al. 2019).

111 The objective of this work is to quantify the role of different flow features, such as fronts or ed-
112 dies, in the vertical transport of tracers. Our approach is motivated by Shcherbina et al. (2013), and
113 centers on viewing the flow statistically, using the joint probability distribution function (JPDF) of
114 strain and vorticity. We find that different regions in the vorticity-strain space correspond to dis-
115 tinct flow features, and that estimating conditional averages of vertical flux in this vorticity-strain
116 space allows us to distinguish the contribution of these different features. Moreover, we find that
117 the extent of the vorticity-strain JPDF is scale-selective, allowing also for the identification of flux
118 with features of different scales. This empirical technique allows averaging in a quasi-Lagrangian
119 frame, since vorticity and strain evolve on much slower times scales than the advection time scale.
120 This technique is much simpler to implement than some of the coherent structure detection meth-
121 ods, does not discard regions as not being part of a coherent structure, and, as mentioned, provides
122 flow scale information without any parameter tuning.

123 This paper is organized as follows. In section 2 we briefly review the simulations that are ana-
124 lyzed here, and investigate the properties of the associated vorticity-strain JPDFs. We demonstrate
125 that the vorticity-strain JPDF can be used isolate features, discuss how instabilities shape it, and
126 consider in some detail the signature of fronts in vorticity-strain space. In section 3, we con-

127 sider the vertical velocities and fluxes of a passive tracer, demonstrating that the additional flux at
128 higher resolutions is associated primarily with small-scale fronts, and also to submesoscale-driven
129 changes in properties of the large scale flows. We conclude and discuss further applications and
130 questions in section 4.

131 **2. Flow structures in vorticity-strain space**

132 *a. Model details*

133 All the diagnostics and results presented in study are from the analysis of a series of simulations,
134 using the MITgcm, first presented in Balwada et al. (2018). The model setup is that of a channel
135 forced by winds and thermal restoring, fashioned to be a simplified and idealized version of the
136 Antarctic Circumpolar Current. The model domain is 2000 km by 2000 km horizontally and 3 km
137 deep, with a Gaussian ridge that spans the entire meridional extent of the domain, and is 1 km
138 high (shallowest point in the domain is 2 km) and 150 km wide (standard deviation of 75 km).
139 The model is set on a β -plane centered at 35°S , and through out the text, we use f to indicate
140 the meridionally-dependent Coriolis frequency, and $f_0 = f(35^\circ\text{S})$. The surface forcing consists
141 of a sinusoidal zonal wind stress akin to an atmospheric jet, with a maximum in the center of the
142 domain, and a linear temperature restoring at the surface. Three different horizontal resolutions are
143 used: 20 km, 5 km and 1 km. The vertical grid is the same for all simulations, with 76 levels, 1m
144 spacing near the surface and approximately 150m spacing near the bottom. The vertical diffusivity
145 K is prescribed by the KPP scheme (Large et al. 1994). The vertical grid and numerics are the same
146 as those in the LLC4320 simulations (e.g. Rocha et al. 2016).

147 After the model fields were spun up, a tracer was forced at the surface by restoring to a target
148 value of 1 kg m^{-3} in the top 1 m grid cell, with a restoring time scale of 72 minutes, corresponding

149 to a gas transfer velocity of 80cm/hr, similar to the gas transfer velocities observed under mod-
150 erately high-wind conditions in the Southern Ocean. See Balwada et al. (2018) for more details
151 on the model setup, spectral properties of the simulations, and an analysis of the influence of
152 horizontal resolution on the tracer uptake.

153 The tracer is continually forced at the surface for one year, and the amount of the tracer in
154 interior increases throughout this year. Most of the analysis in this study is done using snapshots
155 of the flow field separated by 10 days, and spread over this year. After the tracer is switched on,
156 it undergoes transient phase of about 2 months during which it is taken up by rapid diffusion into
157 the mixed layer. During the period between months 3–12, the tracer concentration in the interior
158 is increasing, but the fluxes themselves stay in relative equilibrium. Model output for the diffusive
159 fluxes of tracers were only saved for the first 6 months of the simulation, which limits the analysis
160 period that can be considered when analyzing tracer budgets. Therefore, in section 3b we use daily
161 snap shots from months 3–6. However, none of the statistical results in this study are qualitative
162 effected by these choices of the number and frequency of snapshots used, since we ensured that all
163 the statistics evaluated are converged. Spatially, the analyzed region extends from $y = 500\text{km}$ to
164 $y = 1500\text{km}$ (Figure 2a), which excludes regions adjacent to the northern and southern boundaries
165 to ensure that unrealistic dynamics due to the presence of vertical walls do not influence the results.

166 *b. Joint Probability Distribution Function (JPDF) of vorticity and strain*

167 The analysis of two-dimensional flows in terms of the gradients of the velocity field (the strain
168 tensor) is a fundamental tool with a long history. Okubo (1970) and Weiss (1991), for exam-
169 ple, showed that the eigenvalues of the strain tensor could be used to understand the evolution
170 of the gradient of a tracer advected by the flow. This serves as partial motivation for our inves-
171 tigation, with the acknowledgement that the surface flow can have significant deviations from a

172 two-dimensional flow. This analysis is reviewed in Appendix A, and there it is also shown that the
 173 strain tensor can be expressed in terms of the the vertical vorticity, horizontal divergence, normal
 174 strain and shear strain. These are defined respectively as

$$\zeta = v_x - u_y, \quad \delta = u_x + v_y, \quad \sigma_n = u_x - v_y, \quad \text{and} \quad \sigma_s = u_x + v_y. \quad (1)$$

175 The normal and shear strains are not coordinate-invariant, however the vorticity, divergence, and
 176 strain magnitude

$$\sigma = \sqrt{\sigma_n^2 + \sigma_s^2} \quad (2)$$

177 are. Unless noted otherwise, the term ‘strain’ will correspond to the strain magnitude normalized
 178 by the absolute value of the Coriolis frequency $\sigma/|f_0|$, the ‘vorticity’ to the vorticity normalized
 179 by the Coriolis frequency ζ/f_0 , and ‘divergence’ to the divergence normalized by the absolute
 180 value of the Coriolis frequency $\delta/|f_0|$.

181 Snapshots of vorticity, strain and tracer concentration at three resolutions presented in Figure 2
 182 clearly show the presence of coherent features, with the visually prominent features becoming
 183 smaller in size and stronger in magnitude as resolution is increased. In fact, the visually identifiable
 184 flow features broadly correspond to distinct signatures in vorticity and strain: cyclones have a
 185 prominent high vorticity core and a weak imprint on strain, fronts are associated with high-vorticity
 186 and high-strain filaments, and so forth. The asymmetry in the vorticity field is also clear at higher
 187 resolutions: the vorticity map is composed of a broad but relatively weak negative vorticity soup
 188 punctuated with sharp and long positive vorticity filaments vortices. Furthermore, the imprint of
 189 these flow features on the tracer is clear even below the mixed layer.

190 The distinct signature of different flow features on vorticity, strain and tracer concentration sug-
 191 gests that a statistical approach may reveal more quantitative connections. Inspired by results pre-
 192 sented in Shcherbina et al. (2013), we consider the joint probability distribution function (JPDF)

193 of strain and vorticity,

$$P(\zeta, \sigma), \quad \text{where} \quad \iint P(\zeta, \sigma) d\zeta d\sigma = 1 \quad (3)$$

194 (see Appendix B for the details of its calculation for discrete ranges and finite data). The JPDF
195 has a distinct shape (Figure 3); it is centered near the origin, extends along lines of $\sigma = |\zeta|$, and is
196 skewed with a longer cyclonic tail. This shape is a robust feature, and has been previously noted in
197 other numerical simulations (Shcherbina et al. 2013; Rocha et al. 2016), as well as in real oceanic
198 flows (Shcherbina et al. 2013; Berta et al. 2020).

199 We decompose the regions of the JPDF into three parts, corresponding roughly to anticyclonic
200 flows where vorticity is negative and smaller than the strain ($\zeta/f_0 < 0$ & $\sigma < |\zeta|$; labeled ‘ACYC’),
201 cyclonic flows where the vorticity is positive and smaller than the strain ($\zeta/f_0 > 0$ & $\sigma < |\zeta|$;
202 labeled ‘CYC’), and frontal flows where the magnitude of the vorticity is smaller than the strain
203 ($\sigma \geq |\zeta|$; labeled ‘FRONT’). The labels are suggestive, for example it should not be taken to imply
204 that every feature in the FRONT region corresponds precisely to a front.

205 To demonstrate that these regions correspond to the features described, in Figure 4 we consider
206 the flow in a sub-region of the 1 km simulation, delineated by the dashed square in Figure 2a.
207 The flow here is composed of a large anticyclonic swirl, embedded with fronts and cyclones. The
208 reliability of our ad hoc separation in parsing flow features is supported by plotting separately the
209 vorticity in $x - y$ space corresponding to the CYC, ACYC and FRONT regions in Figure 4d,e,f. As
210 expected, the panel corresponding to ACYC shows the presence of a large anticyclonic swirl, CYC
211 shows the presence of small intense cyclones, and FRONT shows filamentary vorticity streaks that
212 correspond to fronts.

213 In the next subsections, we seek to understand what shapes the JPDF, and what it reveals about
214 the underlying flow.

215 *c. Instabilities shape the vorticity-strain JPDF*

216 Many facets of the distinctive shape of the JPDF can be understood in terms of the different
217 instabilities that can occur: the extremities of the vorticity-strain JPDF are controlled by a balance
218 between the turbulent cascade of gradients trying to expand the JPDF and the the instabilities
219 associated with the strong gradients on the extremities stopping this expansion.

220 First we consider the kinematics of the flow, which allows us to identify regions in vorticity-
221 strain space where tracer gradients will undergo rapid exponential growth. In the Lagrangian
222 frame, tracer gradients evolve like $\exp(-\lambda_{\pm}t)$, where $\lambda_{\pm} = \frac{1}{2}(\delta \pm \sqrt{\Omega})$ are the eigenvalues of the
223 strain matrix, and $\Omega = \sigma^2 - \zeta^2$ is the Okubo-Weiss parameter (see Appendix A). In the absence
224 of divergence, regions with $\Omega > 0$ (corresponding to the area labelled FRONT) will result in
225 exponential growth of tracer gradients, with growth rate $|\lambda_-|$, and this rate is enhanced in the
226 presence of convergence ($\delta < 0$). Figure 6a shows that the conditional mean of $\lambda_-/|f_0|$ (negative
227 growth rate normalized by the absolute value of the Coriolis frequency) conditioned on vorticity-
228 strain increases rapidly above the $\Omega = 0$ line (a formal definition of mean values conditioned on
229 the vorticity and strain is given in Appendix B). These regions of very rapidly increasing tracer
230 gradients, particularly for active tracers like buoyancy, are associated with very fast flows and
231 can result in secondary instabilities (e.g. a similar criterion is referred to result in ageostrophic
232 anticyclonic instability, AAI, in McWilliams 2016; Bachman and Klocker 2020). The strength of
233 the buoyancy gradients (Figure 6b) does not exactly follow the eigenvalues and is generally larger
234 in regions of positive vorticity and large strain; there are other factors apart from the growth rate
235 that will determine how strong the gradients are.

236 The extent and asymmetry of the JPDF along the vorticity axis can be understood by considering
237 the sign of the Ertel PV, $q = (\boldsymbol{\omega} + f\hat{\boldsymbol{z}}) \cdot \nabla b$, where $\boldsymbol{\omega} = \nabla \times \boldsymbol{v}$ is the vorticity vector, f is the Coriolis

238 frequency, b is the buoyancy. In the absence of flow curvature, the flow is unstable to either inertial
 239 or symmetric instability if $f q < 0$ (Hoskins 1974). Alternatively, the flow is unstable when the
 240 nondimensionalized Ertel PV is less than 0, i.e.

$$\Pi = \frac{q}{fN^2} = 1 + Ro - Ri^{-1} < 0, \quad (4)$$

241 where geostrophic balance is assumed to hold at leading order, $Ro = \zeta/f$, and $Ri = f^2 N^2 / |\nabla b|^2$,
 242 where $N^2 = \bar{b}_z$. For $Ri \gg 1$, the flow is subject to inertial instability if $Ro < -1$, which suggests
 243 that the JPDF should be limited on the anticyclonic side to values with $\zeta/f \geq -1$. For sufficiently
 244 small Ri , such that $Ri^{-1} > 1 + Ro$, symmetric instability is possible on the cyclonic side as well.

245 Recently Buckingham et al. (2020a,b) developed a general stability criterion that applies to flow
 246 with curvature as well. A key result is that, for small enough Ri , cyclonic flows should be more
 247 unstable than anticyclonic flows. The criterion for instability is analogous to the Hoskins criterion
 248 with f replaced by the absolute angular momentum L , or $Lq < 0$. The nondimensional form of the
 249 criterion, analogous to (4), is

$$\Phi = (1 + Cu)(1 + Ro) - (1 + Cu^2)Ri^{-1} < 0, \quad (5)$$

250 where $Cu = 2V/(fR)$ is the curvature number, with V being the geostrophic speed and R being
 251 the radius of curvature. Here we estimate the radius of curvature as (Theisel 1995)

$$R = \frac{(u^2 + v^2)^{3/2}}{u^2 v_x - v^2 u_y + uv(v_y - u_x)}.$$

252 Figure 6b,c shows the conditional mean of Π and Φ , respectively, conditioned on the vorticity
 253 and strain. Note that unlike panel a, which is an estimate of a sort of growth rate, panels b and c
 254 are regime diagrams, indicating instability where values are negative. Both panels show inertial
 255 instability on the anticyclonic side, and symmetric instability limiting the frontal region ($\Omega > 0$).
 256 Interestingly, the criterion that accounts for curvature, Φ , is strongly negative on the cyclonic side

257 as well, which may offer an explanation for the limitation of cyclonic vortices with low strain.
258 Strikingly, the points of the JPDF that lie along the line $\zeta/f_0 = \sigma/|f_0|$, corresponding to the
259 downwelling side of fronts (discussed later), are associated with the most stable flow.

260 *d. Signatures of fronts*

261 Fronts are ubiquitous in the ocean and occupy the largest surface area in the simulations (Ta-
262 ble 1). At these locations, the vertical velocities can coherently and adiabatically connect the
263 mixed layer and the interior if the front is deep, thus making them central in our study. Here
264 we describe the canonical structure of fronts and try to better understand how they map onto the
265 vorticity-strain JPDF. To make the discussion more concrete, Figure 7 shows the structure of a
266 relatively straight front found in the 1 km simulation. The panels are arranged with plots in x - y
267 along the top row, as well as the JPDF for this feature, and plots along x - z in the bottom row.

268 Fronts are associated with regions of sharp gradient in density (governed only by temperature in
269 our simulations) at the surface, representing the core of the front (Figure 7a). These outcrops of
270 density emanate to depth below the front, and in deep fronts can provide an adiabatic conduit from
271 the mixed layer to the interior (Figure 7e). The density gradient is likely in geostrophic balance
272 with an along-front velocity, which is strongest near the surface and decays vertically (yellow
273 contours in Figure 7e).

274 During the process of frontogenesis, when a background flow is causing the surface density gra-
275 dient to increase, an ageostrophic secondary circulation develops with a tendency to restratify the
276 front: upwelling on the lighter side and downwelling on the heavier side. Typical submesoscale
277 fronts tend to be asymmetric, with stronger cyclonic vorticity, convergence, and vertical velocity
278 on the downwelling side of the front (Thomas et al. 2008; Shcherbina et al. 2013; McWilliams
279 2016). This is apparent here in Figure 7b,f. The asymmetry arises due to the vorticity tendency,

280 $\partial_t \zeta = (f + \zeta) \partial_z w + \dots$, having an asymmetric response to vortex stretching. The vortex stretching
 281 near the surface ($\partial_z w$) strengthens the cyclonic vorticity, and compression strengthens the anticy-
 282 clonic vorticity, but when $Ro \sim O(1)$ this response is asymmetric. Additionally, inertial instability
 283 also limits the range of anticyclonic vorticity that can be sustained (discussed in section 2c).

284 Figure 7f shows a vertical slice of the vertical velocity w , in which it can be seen that the asym-
 285 metry in the front also changes the vertical structure of this secondary circulation. The down-
 286 welling velocity core has a slight tendency to track the isopycnals and broaden at depth, resulting
 287 in a downwelling signal extending from the cyclonic side of the front at the surface to directly
 288 below the core at depth. Note also the presence of a high-frequency component on the upwelling
 289 side of the front, which is due to the presence of inertia-gravity waves.

290 These downwelling velocities can be very strong, 10 – 100 m/day, and have the potential to
 291 rapidly transport tracers to depth. We see signatures of this in Figure 7g,h, which shows that
 292 the tracer penetrates as filaments to a few 100 m over the course of two days. In the particular
 293 case considered here, the tracer filament is not always perfectly aligned with isopycnals, which
 294 highlights the three-dimensionality of the transport process, and is likely a result of along-front
 295 variations. The upwelling side of the front is also a site where deeper water is brought to the
 296 surface, as highlighted by tracer-free anomalies sliding upward along the front into the mixed
 297 layer.

298 Fronts are also regions of strong strain (Figure 7c), and generally have a strain magnitude that
 299 is greater than the vorticity (as shown empirically in the previous section). This can be explained
 300 by considering a straight front and a local coordinate system oriented such that the along-front
 301 velocity v points in the \hat{y} -direction. Then y -derivatives vanish, and from (1) and (2)

$$\sigma^2 = \delta^2 + \zeta^2 > \zeta^2. \quad (6)$$

302 This suggests that in the vorticity-strain JPDF (Figure 7d) the front will lie around or above the
303 $\sigma = |\zeta|$ lines, at a distance that is determined by the strength of the surface divergence.

304 In the Hoskins and Bretherton (1972) classical theory of frontogenesis, with scaling for the
305 atmospheric mesoscale, the associated ageostrophic divergence is small compared to the jet's strain
306 and vorticity. Barkan et al. (2019) has however revisited this problem using asymptotic theory
307 appropriate to submesoscale frontogenesis in the ocean's well-mixed surface layer. He shows that
308 when fronts are in turbulent thermal wind balance (TTWB Gula et al. 2014), with $Ro \sim O(1)$,
309 the associated ageostrophic divergence scales like the vorticity and strain, i.e. $|\delta| \sim |\zeta| \sim \sigma$.
310 Assuming $|\delta| \approx |\zeta|$ in (6), we'd expect

$$\sigma \approx \sqrt{2}|\zeta|, \quad (7)$$

311 describing points with a slope of $\sqrt{2}$. This may be considered a sort of upper bound to the frontal
312 signal, and indeed Figures 3 and 7d show that the points cluster between lines with slope 1 and
313 slope $\sqrt{2}$.

314 This oceanic regime, where the divergence is comparable in strength to strain and vorticity, is
315 present in our simulation. The conditional mean divergence (Figure 8a) highlights the presence of
316 rapid convergence at fronts. We also consider a 3D JPDF of strain-vorticity-divergence, presented
317 as a series of slices at various values of divergence in Figure 8b. Surface flows with the strongest
318 convergence and divergence, $\delta/|f_0| \sim O(1)$, lie almost exclusively in the FRONT region, in con-
319 trast to ACYC and CYC regions having strong convergence and divergence that cancel each other
320 out in the mean. This exclusive association between fronts and the strongest surface convergence
321 and divergence is suggestive that fronts might have an outstanding impact on vertical tracer fluxes.
322 We confirm this hypothesis in section 3.

323 *e. Scale dependence in vorticity-strain space*

324 Regions of larger strain and vorticity are usually associated with smaller scales, a result of the
 325 forward cascade of enstrophy. Since, the smaller scales are not resolved in lower resolution simula-
 326 tions, we expect that the range of vorticity and strain values sampled will decrease with resolution.
 327 This is confirmed by comparing the JPDFs from the simulations at different resolutions. The upper
 328 row of Figure 5 shows the JPDFs of vorticity and strain for the 5 km and 20 km simulations. Super-
 329 posed on each figure are the outer contours of the JPDFs from the higher-resolution simulations,
 330 making it clear that the extent of the JPDF shrinks in size as resolution is lowered.

331 An alternative way to compare across scales is to use a coarse-graining filter on the highest
 332 resolution simulation. We specifically define a scalar field coarse-grained to grid-scale h as

$$\langle F \rangle^h(x_i, y_j) \doteq h^{-2} \int_{x_i-h/2}^{x_i+h/2} \int_{y_j-h/2}^{y_j+h/2} F(x, y) \, dx \, dy. \quad (8)$$

333 The coarse-grained vorticity is computed using the coarse-grained velocities as $\zeta^h \doteq \partial_x \langle v \rangle^h -$
 334 $\partial_y \langle u \rangle^h$, and analogously for the coarse-grained strain σ^h . This makes sense, since we want to
 335 compare the coarse-grained flow field to the flow field from a lower resolution simulation.

336 The bottom row of Figure 5 shows the JPDFs of vorticity and strain for the 1 km simulation,
 337 coarse-grained to 5 km (panel c) and 20 km (panel d). Remarkably, we see that the coarse-graining
 338 procedure shrinks the extent of the JPDF to almost exactly the contours for the lower resolution
 339 simulations. We tried a few different filtering techniques, and found that this qualitative result
 340 holds regardless of the exact methodology. This tells us that as resolution is increased and more
 341 submesoscale activity is admitted, the associated high strain and vorticity values come from fea-
 342 tures that are too small to resolve at lower resolution. Therefore, level-set contours of the JPDF of
 343 vorticity and strain can also be used as proxy for contours of lateral scales of flow features.

344 We use these ideas to segment the JPDF, and consequently the surface flow, beyond the three
345 categories of fronts, cyclones and anticyclones. We subdivide the region from the 1 km simulation
346 into a part of the JPDF that is contained inside the extent of the JPDF of the 5 km resolution
347 simulation, and the part outside it (Figure 3). For the FRONT region these parts will be referred
348 to as ‘LARGE FRONT’ and ‘SMALL FRONT’, respectively.

349 It is important to note that areas in the JPDF do not correspond to areas in x - y space (the areal
350 extents of the various regions for each simulation are shown in Table 1). Because the peak of the
351 JPDF is centered near the origin in vorticity-strain space, and the probabilities drop off very rapidly
352 (notice the logarithmic color axis on Figure 3), the portion of the 1 km JPDF that lies within the
353 5 km simulation JPDF extent corresponds to about 99% of the spatial area. Moreover, while the
354 full FRONT region of the 1 km simulation corresponds to 60% of the spatial area, the SMALL
355 FRONT region represents less than 1% of surface area. The sharper flow features resolved only
356 at higher resolution occupy very small spatial regions, but as shown in the next section have an
357 out-sized impact on transport.

358 **3. Vertical velocities and tracer transport in vorticity-strain space**

359 Here we turn to the main theme of the paper: how to best determine what structures are respon-
360 sible for the increase in vertical tracer exchange as resolution is increased. Having established in
361 the previous sections how flow structures and scale are revealed in vorticity-strain space, we now
362 consider vertical transport in this frame. We first consider vertical velocities conditioned on vortic-
363 ity and strain, and then go on to study the impact of these flow features (regions of vorticity-strain
364 space) on the transport of a tracer that is restored at the surface.

365 *a. Vertical velocities*

366 The conditional mean of vertical velocity, Figure 9, shows a pattern that is reminiscent of the
367 conditional mean of surface divergence. Here we averaged over 30 time snapshots of model output,
368 taken every 10 days (months 3-12). However, this pattern is very robust, and emerges qualitatively
369 even if a single snapshot is used. This suggests that the degree of spatial averaging that is implicit
370 when estimating averages conditioned on vorticity and strain is sufficient to filter out the high-
371 frequency wave field that dominates a spatial map of vertical velocity (as seen in Figure 1c), and
372 provides a robust method to obtain the signal that is relevant for transport.

373 The conditional mean vertical velocities in cyclonic and anticyclonic regions are similar across
374 resolutions — anticyclones upwell in the mixed layer and downwell below the mixed layer, while
375 cyclones do the opposite, with downwelling near the surface and upwelling deeper down. The
376 frontal regions for the two lower resolution simulations are similar, with downwelling on the cy-
377 clonic side and upwelling on the anticyclonic side, and this pattern does not vary significantly
378 down to a few 100 m below the mixed layer. This suggests that the fronts at these resolutions are
379 relatively symmetric, and easily reach below the mixed layer base. In contrast, the frontal region
380 in the 1 km simulation is far from being symmetric and shows significant changes with depth.
381 Most of the frontal region is characterized by downward velocities, with the upward velocities
382 present only very close to the $\zeta/f_0 = -\sigma/|f_0|$ line. It is notable that this region of upwelling does
383 not extend to stronger anticyclonic vorticities, beyond $\zeta/f_0 \approx -1$, except right near the surface.
384 Also, the strongest downwelling is in regions farther away from the $\zeta/f_0 = \sigma/|f_0|$ line, where the
385 instabilities and the surface divergence are strongest (contrast to Figure 6).

386 Why do we find downwelling on the warm, anticyclonic side of the front (the FRONT region
387 where vorticity is negative), and why does this occur only at the highest resolution? This can be

388 explained by contrasting the secondary circulation associated with 2D frontogenesis in the quasi-
389 geostrophic (QG) vs. semi-geostrophic (SG) equations (compare figures 1.8 and 1.9 in Shake-
390 speare 2015). QG frontogenesis is symmetric, and even as the front steepens in time, the vertical
391 velocities only change sign across the core of the front at all depths. In contrast, SG frontogenesis
392 is not symmetric: the cyclonic side of the front sharpens rapidly, and the region of downwelling ve-
393 locity, which is concentrated and strong on this cyclonic side near the surface, decreases in strength
394 but widens laterally at depth to occupy part of the region that is under the warm/anticyclonic side of
395 the frontal core. The frontogenesis at the lower resolutions, characterized by lower Ro and higher
396 Ri , is bound to be more akin to QG dynamics, while at the 1 km resolution the frontogenesis is
397 better-described by SG dynamics.

398 *b. Vertical tracer transport*

399 Having considered how vertical velocities vary in different flow features, we now study how the
400 different flow features work in unison to transport a tracer from the surface into the interior. The
401 tracer, C , in a control volume bounded horizontally over a geographical area and vertically from
402 the sea floor to an arbitrary fixed depth (z) evolves according to the equation

$$\partial_t \langle C \rangle^z = -\overline{wC} + \overline{K \partial_z C} + \overline{F} \delta(z), \quad (9)$$

403 where $\overline{(\cdot)}$ is the horizontal spatial mean at constant z (refer to Appendix B), $\langle C \rangle^z = \int_{-H}^z \overline{C} dz'$ is
404 the total amount of tracer in the control volume divided by the horizontal domain area A , and
405 $\delta(z)$ is the Dirac delta function that is non-zero only at the surface. The total amount of tracer
406 below a given depth can increase due to the advective flux ($-\overline{wC}$), diffusive flux ($\overline{K \partial_z C}$, where K
407 is prescribed by the KPP scheme and changes as a function of the flow) or surface flux (which is
408 either zero, or \overline{F} if the control volume extends all the way to the surface). The horizontal fluxes

409 are ignored because they are small over the chosen domain (shown in Balwada et al. 2018), since
410 there are no lateral gradients in tracer restoring.

411 In the mixed layer, both the advective and diffusive fluxes contribute, while below the mixed
412 layer only the advective flux is non-zero. Balwada et al. (2018) found that during the initial few
413 months of tracer forcing, the mixed layers are rapidly saturated with tracer, after which a quasi-
414 steady state is achieved. During this quasi-steady state, the surface flux does not change much, i.e.
415 $\partial_t \langle C \rangle^0 = \bar{F}$ is approximately constant, and thus even below the mixed layer, where the diffusive
416 flux is zero, the rate of tracer change, $\partial_t \langle C \rangle^z = -\overline{wC} \approx \bar{F}$, is thus also approximately constant. The
417 analysis presented here is for this phase of the tracer simulation.

418 1) MEAN TRACER FLUXES CONDITIONED ON VORTICITY AND STRAIN

419 The mean fluxes conditioned on vorticity and strain, denoted $\overline{(\cdot)}^{\zeta\sigma}$ (see Appendix B), shows
420 that each flux term is impacted by the different flow features in very different ways (Figure 10).
421 The conditional mean of the vertical advective tracer flux, $\overline{wC}^{\zeta\sigma}$, near the base of the mixed layer
422 (Figure 10a) is large and downward in the regions of rapid downwelling associated with fronts,
423 and upwards in regions of upwelling. In fact, it closely resembles the conditional mean of vertical
424 velocities (compare to Figure 9b), and makes it clear that small-scale fronts play a significant role
425 in the vertical advective transport of tracers.

426 What does it mean to have upward advective tracer flux, when the tracer source is at the surface
427 and the tracer is being fluxed downward by design? This can be understood by considering two
428 things. First, since the tracer concentration is always positive, $C \geq 0$, regions of upwelling will
429 necessarily have a positive flux, and only the spatial mean over the horizontal domain \overline{wC} need
430 be downward (negative). Secondly, even if the flux is upwards, it does not imply that it will lead
431 to an increase in tracer concentration above the depth level under consideration: the upward flux

432 typically brings up waters with negative tracer anomalies (the concentration at depth is usually
433 smaller than that in the shallower region).

434 An alternate way to consider the advective flux is to consider its Reynold's decomposition

$$wC = \bar{w}\bar{C} + \bar{w}C' + w'\bar{C} + w'C', \quad (10)$$

435 where the eddy terms are defined relative to the spatial mean, as $C'(x,y) = C(x,y) - \bar{C}$. The
436 vertical advective flux is composed of four components, where the second and third vanish when
437 integrating over the domain, and the first term is negligible because the mean vertical velocity
438 is very small. The last term, the vertical eddy flux, dominates the spatial mean of the advective
439 flux, and is negative (downward) almost everywhere in vorticity-strain space (Figure 10b). The
440 difference between the total and eddy advective fluxes results from the third term ($w'\bar{C}$, not shown),
441 which dominates the pattern of the conditional mean of the advective flux and has a similar pattern
442 to the conditional mean vertical velocity (Figure 9) but will make no contribution to the spatial
443 mean of the flux.

444 The transit of the tracer from the atmosphere to the ocean interior starts at the surface and
445 proceeds through the mixed layer, so it is worth considering whether the different flow features
446 can impact the surface and diffusive fluxes. The conditional mean of the surface flux is generally
447 highest in regions of surface divergence (Figure 10c), usually associated with the upwelling side
448 of fronts and anticyclones. These are the regions where deeper low-tracer waters are pulled up
449 to the surface, creating the strongest mixed layer tracer anomalies and thus the largest surface
450 flux from a restoring condition. The surface flux is also large in regions of strong downwelling
451 associated with fronts (around $0 < \zeta/f_0 < 2$, compare to figure 8b). These regions do not have the
452 largest vorticity and strain, but are associated with regions of the strongest surface convergence.
453 The variations of the conditional mean of the diffusive flux are similar to that for the surface flux

454 (Figure 10d). The only difference is on the upwelling side of the fronts, where the diffusive fluxes
455 tend to be relatively weaker. This is likely a result of the upwelling bringing deeper stratified
456 waters into the mixed layer, which then suppresses the mixing by KPP on the upwelling side of
457 the fronts.

458 2) THE ROLE OF FLOW FEATURES IN CONTROLLING THE TRACER FLUXES

459 The conditional means considered above help understand the relative roles played by different
460 flow features, on average and in isolation. To understand the net contribution of the flow features
461 on tracer transport, we must also consider the conditional mean of the fluxes in different flow
462 features along with the frequency of occurrence (via the JPDF) of different flow features. For
463 example, the net contribution of advective flux as a function of vorticity and strain is $\overline{wC}^{\zeta\sigma} P(\zeta, \sigma)$,
464 which when integrated over the whole vorticity-strain space gives the spatial mean of the advective
465 flux, $\overline{wC} = \iint_R \overline{wC}^{\zeta\sigma} P(\zeta, \sigma) d\zeta d\sigma$.

466 The conditional mean of each flux component shows variations across features, but the variations
467 are much smaller for the surface and diffusive fluxes as compared to the advective flux — notice
468 the colorbars are logarithmic in Figure 10a,b and linear in Figure 10c,d. This results in the net
469 impact of the surface and diffusive fluxes having variations across the vorticity-strain space that
470 are set primarily by the JPDF (Figure 11c,d).

471 However, the conditional mean of advective fluxes varies by orders of magnitude across the
472 vorticity-strain space, and its sum in different parts of the vorticity-strain space is not simply
473 a function of the spatial surface area occupied by that part (Figure 11a,b). This highlights the
474 significant role played by finer-scale features in the vertical advective transport of tracers. It is
475 particularly noteworthy that this relatively higher contribution at the finest scales is primarily lim-

476 ited to fronts — compare the total and eddy advective flux on the periphery of the JPDF in the
477 FRONT region to the ACYC and CYC regions (Figure 11a,b).

478 3) DEPTH DEPENDENCE OF THE CONTRIBUTION OF DIFFERENT FLOW FEATURES TO TRACER 479 FLUXES

480 In Figure 12 we investigate the depth dependence of the contribution from the different flux
481 components, integrated over regions of the vorticity-strain JPDF, for the 1 km and 5 km resolution
482 simulations. The surface flux matches the diffusive flux at the surface (Figure 12b,e), since the ad-
483 vective flux is zero here, and the contributions from the different flow features is largely governed
484 by the spatial area occupied by them (Table 1).

485 The advective fluxes (Figure 12a,d) are largest in the mixed layer, where a large cancellation
486 between the fronts and anticyclones takes place, while the contribution from cyclones is relatively
487 weak. The contribution from the anticyclones rapidly diminishes below the base of the mixed
488 layer, while the frontal contribution penetrates much deeper. This results in the sum of the advec-
489 tive fluxes peaking at the base of the mixed layer, and being primarily dominated by the frontal
490 regions at depths below the base of the mixed layer. Correspondingly, the eddy advective flux
491 (Figure 12c,f) peaks at the base of the mixed layer and has the largest contribution from the frontal
492 region, with the anticyclones and cyclones having a much smaller contribution and a weak depth
493 dependence.

494 To compare the fronts between the 1 km and 5 km simulations, we separate the frontal region
495 into ‘LARGE FRONT’ and ‘SMALL FRONT’ regions, as described at the end of section 2e. The
496 large front contributes more than the small fronts to the tracer flux, but they also occupies a much
497 larger spatial area than that for the small front region (Table 1). The contribution from the small
498 fronts decreases below the base of the mixed layer. This suggests that the enhanced tracer flux at

499 higher resolutions is not simply a result of additional smaller scales being resolved, but also due to
500 the contribution by the larger scales increasing, as also shown in Balwada et al. (2018) and Uchida
501 et al. (2019) using spectral decompositions.

502 4) NET CONTRIBUTION TO TRACER FLUX BY DIFFERENT LATERAL SCALES

503 The highest probability, the peak of the JPDF $P(\zeta, \sigma)$, is near the origin and corresponds to vor-
504 ticity and strain values at the largest scales, resolvable at all resolutions. The probability decreases
505 as we move from the origin to higher vorticity and strain values, which correspond to smaller
506 scales and require higher resolutions to be resolved (also see discussion in Section e). We form
507 a new axis, P_{\max}/P , that takes a value of one at the largest probability (P_{\max}) near the origin and
508 extends to larger values outwards from the origin. The properties at a particular value of P_{\max}/P
509 correspond to an integral along level sets of probability (contours of the JPDF).

510 The different flux components add up at different rates as P_{\max}/P increases, as shown for the
511 1 km simulation in Figure 13a. As discussed above, the surface and diffusive fluxes are relatively
512 homogeneous compared to the advective fluxes, and asymptote to their total contributions at a rate
513 that is set largely by how much spatial area is contained inside each P_{\max}/P contour. This can
514 be seen convincingly when comparing the area fraction to the flux fraction inside each P_{\max}/P
515 (Figure 13b).

516 In contrast, the eddy advective flux asymptotes much more slowly, clearly indicating that smaller
517 scales — the points on the periphery of the JPDF, with larger P_{\max}/P — play an outsized role. For
518 example, the region outside $P_{\max}/P = 10$ contains 20% of the area but more than 55% of the flux,
519 while the region outside $P_{\max}/P = 100$ contains less than 5% of the area but 20% of the
520 flux.

521 We also use P_{\max}/P from the 1 km simulation to compare the vertical advective fluxes across
522 resolutions and also against the coarse-grained fields from the 1 km simulation (Figure 14a,b),
523 comparing the role played by the vorticity-strain values that are resolvable at the lower resolutions
524 and the additional contributions coming from the values that are not resolved. The advective flux
525 first increases and then rapidly decreases as P_{\max}/P increases, suggesting a net downward flux.
526 The upward signal at lower P_{\max}/P is a result of the strong upwelling in the anticyclones and
527 cyclones that is present closer to the peak of the JPDF, and is much stronger at 1 km resolution
528 than at lower resolutions. When considering only the eddy advective flux, we do not see this
529 upwelling signal at smaller P_{\max}/P , which is consistent with Figures 10b and 11b.

530 The difference between the simulations versus the coarsened fields is not very dramatic. This
531 analysis helps re-emphasize the role played by smaller scales, which are unresolvable on coarser
532 grids and occupy a very small fraction of the surface area, in fluxing tracer to depth. At the lower
533 resolutions, changing from 20 km to 5 km, the additional flux is a result of simply resolving a
534 wider range of vorticity-strain values. At 1 km resolution, the flux even at the lower vorticity-
535 strain values is modified — this is in agreement with the dynamics of the fronts changing from
536 being QG-like to SG-like as resolution increases.

537 **4. Discussion**

538 Here we have demonstrated that surface vorticity-strain JPDFs are a powerful analytical tool
539 that can easily distinguish different flow features, and help study the impact of these flow features
540 by providing a convenient frame to perform conditional averages. We showed that the peculiar
541 shape of the JPDF, which has been noted previously in observations (eg. Shcherbina et al. 2013;
542 Berta et al. 2020), is shaped in part by flow instabilities. Conditioning vertical velocities and
543 vertical advective tracer fluxes on strain and vorticity helped highlight the outsized impact played

544 by smaller-scale flow features, particularly fronts, in the vertical exchange of a tracer across the
545 base of the mixed layer: $\sim 20\%$ of the vertical flux is achieved in fronts that occupy less than
546 $\sim 5\%$ of the surface area.

547 This study has helped address an obvious question that has arisen from observational campaigns
548 centered around individual fronts (Shcherbina et al. 2013; Mahadevan et al. 2020) — even though
549 fronts are observed to be sites of significantly enhanced transport, are they frequent enough to play
550 an important role in setting the large scale tracer budgets? We have convincingly shown here that
551 submesoscale fronts do end up playing an important role on the net transport, and more emphasis
552 needs to be placed on their parameterization, particularly their role in exchange between the mixed
553 layer and the interior (Fox-Kemper et al. 2008; Uchida et al. 2020; Bachman and Klocker 2020).

554 One of the caveats of our study is that we condition the flux at depth on the surface properties. It
555 is possible that some features at depth may not be directly related to the surface vorticity-strain, but
556 rather to only the part of the surface horizontal flows that have not decayed at that level; generally
557 smaller features decay more rapidly with depth than larger features. More analysis is needed to
558 assess how important this effect is, and it will be part of future work. A counter-argument is that
559 it is important to condition on surface properties, because that is the region that interacts with the
560 atmosphere and supplies tracers to depth (or allows for outgassing of tracers leaving the ocean).
561 So even if a number of small fronts decay and merge to form a single weaker front at depth, the
562 transport in this deeper front would depend critically on how much tracer reaches it via the smaller
563 fronts.

564 Our highest resolution simulations are at 1 km, which is sufficient to resolve the interior baro-
565 clinic instability, the fronts that form at the surface due to the associated mesoscale eddies, and
566 to some degree even the mixed layer instabilities (Balwada et al. 2018; Uchida et al. 2019). We
567 likely do not resolve the full impact of smaller submesoscale dynamics or instabilities, e.g. sym-

568 metric instability, which are suggested to enhance vertical transport across the mixed layer even
569 further (Brannigan 2016; Smith et al. 2016). Regardless, it is very likely that fully resolving the
570 submesoscale will enhance the tracer flux across the base of the mixed layer, via the formation of
571 powerful small-scale fronts, even if the mixed layers become shallower due to enhanced restratifi-
572 cation (Balwada et al. 2018).

573 The channel simulations considered here are representative of the Antarctic Circumpolar Cur-
574 rent, and maybe to a smaller degree the separated western boundary currents. These are regions
575 where deep isopycnals shoal to the surface, and the large-scale hydrography is conducive to ex-
576 changing tracers between the surface and deep ocean. Their role in being important sites for ex-
577 change across the mixed layer has long been known, as inferred from tracer distributions (Stommel
578 1979; Williams et al. 1995; Sallée et al. 2010; Marshall and Speer 2012). Our study speaks to the
579 role of submesoscales in tracer dynamics of these regions, particularly in the winter when a strong
580 density jump across the base of the mixed layer is not present. The impact of submesoscales in
581 regions where isopycnals are relatively flat, or the isopycnals that reach into the interior are capped
582 off by much lighter waters near the surface — an adiabatic surface-interior pathway is absent —
583 is still relatively unknown and likely to be weak.

584 Our work has shown that statistical relationships between the surface kinematic properties and
585 vertical exchange at depth exist. This suggests that the next-generation of satellite-based surface
586 flow estimates, e.g. from SWOT (Morrow et al. 2019) or DopplerScatts (Rodríguez et al. 2018),
587 can potentially help inform how climatically important tracers are being fluxed vertically and
588 stored in the ocean. Some efforts in establishing dynamics based methods to reconstruct maps of
589 vertical velocities are already underway (e.g. Qiu et al. 2020), and we suggest that statistical or
590 machine learning approaches that directly infer the net fluxes will also be immensely fruitful.

APPENDIX A

Tracer gradient kinematics

Here we review of the fundamentals of the local kinematics of stirring in two dimensions; see Okubo (1970); Weiss (1991); Lapeyre et al. (1999); Majda (2003) for background. The analysis of two-dimensional flows in terms of the gradients of the velocity field (the strain tensor) is a fundamental tool with a long history, and the eigenvalues of the strain tensor can be used to understand the evolution of the gradient of a tracer advected by the flow.

The 2D tracer advection equation is

$$\frac{dc}{dt} \doteq \partial_t c + \mathbf{u} \cdot \nabla c = 0, \quad (\text{A1})$$

where $\mathbf{u} = (u, v)$ and $c = c(x, y, t)$. Taking the gradient of (A1) gives the vector equation for the evolution of the gradient,

$$\frac{d\nabla c}{dt} = -\Lambda \nabla c, \quad \text{where} \quad \Lambda = \begin{bmatrix} u_x & v_x \\ u_y & v_y \end{bmatrix} \quad (\text{A2})$$

is the transpose strain tensor. We can consider this as a dynamical system for the tracer gradient in the Lagrangian frame, taking the first term Taylor expansion of the velocity $\mathbf{u} = \dot{\mathbf{x}} = \Lambda^T \mathbf{x}$, where Λ is constant, evaluated at the parcel's center $\mathbf{x} = \mathbf{0}$.

The transpose strain tensor can also be expressed as

$$\Lambda = \frac{1}{2} \begin{bmatrix} \delta + \sigma_n & \sigma_s + \zeta \\ \sigma_s - \zeta & \delta - \sigma_n \end{bmatrix} \quad (\text{A3})$$

where the definitions in (1) are used.

The eigenvalues of Λ are

$$\lambda_{\pm} = \frac{1}{2} \left(\delta \pm \sqrt{\Omega} \right), \quad \text{where} \quad \Omega = \sigma^2 - \zeta^2 \quad (\text{A4})$$

607 is the Okubo-Weiss parameter (Okubo 1970; Weiss 1991). Also, the eigenvalues are related to the
 608 determinant of the strain tensor and the magnitudes of the vorticity, strain and divergence as,

$$\det(\Lambda) = \lambda_+ \lambda_- = \delta^2 + \zeta^2 - \sigma^2 = \delta^2 - \Omega. \quad (\text{A5})$$

609 As long as the eigenvalues are distinct, they have linearly-independent eigenvectors \mathbf{v}_\pm , and one
 610 can express the tracer gradient as a linear combination of the eigenvectors, giving the full solution

$$\nabla c = a_+(0)e^{-\lambda_+ t} \mathbf{v}_+ + a_-(0)e^{-\lambda_- t} \mathbf{v}_-, \quad (\text{A6})$$

611 where $a_\pm(0)$ are determined by the initial conditions.

612 If $\Omega < 0$ (vorticity dominant) and $\delta = 0$, the eigenvalues are complex, and the gradients rotate.
 613 If $\Omega > 0$ (strain dominant) and $\delta = 0$, the eigenvalues are equal and opposite in sign, leading to
 614 contraction (growth) in the \mathbf{v}_- direction and expansion (decay) in the \mathbf{v}_+ direction. Convergence
 615 (negative divergence, $\delta < 0$) along with $\Omega > 0$ increases the rate of contraction, and possibly even
 616 makes both eigenvalues negative.

617 It is also instructive to compute the evolution equation for the squared gradient, which may be
 618 written

$$\frac{d}{dt} \frac{|\nabla c|^2}{2} = -\frac{\delta + \sigma}{2} c_\eta^2 - \frac{\delta - \sigma}{2} c_\xi^2, \quad (\text{A7})$$

619 where (c_η, c_ξ) is the tracer gradient in the coordinate system defined by the two eigenvectors of
 620 the symmetric part of the strain tensor. This form shows directly that gradients grow when $\delta < 0$.

621 APPENDIX B

622 **Joint distributions and conditional means**

623 Consider a scalar field $F(x, y)$, along with the vorticity $\zeta(x, y)$ and the strain $\sigma(x, y)$, all defined
 624 on a control area A (the domain) at some z and t (for clarity we suppress these arguments below).

625 Then the quantity

$$\tilde{F}(\zeta, \sigma) \doteq \iint_A F(x, y) \delta[\zeta'(x, y) - \zeta] \delta[\sigma'(x, y) - \sigma] dx dy \quad (\text{B1})$$

626 is the distribution of F conditioned on strain and vorticity. The spatial area integral of F and the
627 integral over vorticity-strain space of \tilde{F} have to be equal,

$$\iint_A F(x, y) dx dy = \iint_R \tilde{F}(\zeta', \sigma') d\zeta' d\sigma' \quad (\text{B2})$$

628 where R is the range of vorticity and strain values found in spatial area A .

629 Notice that if $F = 1$, and \tilde{F} is defined on finite-difference grids, then $\tilde{F}(\zeta, \sigma)$ is the number of
630 points in A with $\sigma' \in [\sigma, \sigma + \Delta\sigma)$ and $\zeta' \in [\zeta, \zeta + \Delta\zeta)$, divided by $\Delta\sigma\Delta\zeta$. Thus the total spatial
631 area covered by points with strain and vorticity in this range is $\tilde{F}(\zeta, \sigma)\Delta\sigma\Delta\zeta\Delta x\Delta y$. The **joint**
632 **probability distribution function (JPDF)** is correspondingly defined as,

$$P(\zeta, \sigma) = \frac{\tilde{F}(\zeta, \sigma)\Delta\sigma\Delta\zeta\Delta x\Delta y}{A}. \quad (\text{B3})$$

633 The **spatial mean**, is defined as,

$$\bar{F} = \frac{\iint_A F(x, y) dx dy}{A}, \quad (\text{B4})$$

634 while the **conditional mean** of F , always conditioned on surface vorticity and strain in this study,
635 is defined as

$$\bar{F}^{\zeta\sigma}(\zeta, \sigma) = \frac{\iint F(x, y) \delta[\sigma'(x, y) - \sigma] \delta[\zeta'(x, y) - \zeta] dx dy}{\iint \delta[\sigma'(x, y) - \sigma] \delta[\zeta'(x, y) - \zeta] dx dy}. \quad (\text{B5})$$

636 Note the difference in notation between the spatial and conditional means.

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640 nity (<https://pangeo.io/>). The code for the analysis presented here is available at <https://pangeo.io/>.

641 //github.com/dhruvbalwada/vorticity-strain-conditioning, and most of the necessary
642 data is at <https://catalog.pangeo.io/browse/master/ocean/channel/>, which allows the
643 analysis to be done directly on the cloud (Abernathey et al. 2020).

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796 different resolutions. The area fractions in the 1 km simulations, which are cov-
797 ered by the JPDF of the 5 and 20 km simulation and the 5 and 20 km coarsened
798 fields are also shown in additional columns under the 1 km column. 40

	1 km					5 km	20 km
	Full	in 5 km simulation	in 20 km simulation	in 5 km coarsened	in 20 km coarsened	Full	Full
Front	60.4	59.7	47.6	59.8	53.4	60.4	61.8
Anticyclone	26.3	26.1	26	26.1	23.9	23.9	20
Cyclone	13.3	13	9.7	13.2	11.4	15.7	18.2

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800 The area fractions in the 1 km simulations, which are covered by the JPDF of the 5 and 20 km simulation and
801 the 5 and 20 km coarsened fields are also shown in additional columns under the 1 km column.

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805 region upstream of the ridge. (e) Histogram of vertical flux in the chosen region at 3 different
806 times. (f) Time series of the mean tracer flux in the chosen region. Notice that the mean
807 tracer flux is almost two orders of magnitude smaller than the range of the instantaneous
808 fluxes. 43

809 **Fig. 2.** Snapshot of surface vorticity (a,d,g), surface strain (b,e,h), tracer concentration at base of
810 mixed layer (c,f,i) at 1 km (top row), 5 km (middle row) and 20 km (bottom row) resolutions.
811 The vorticity and strain are normalized by the Coriolis frequency. The snapshot are taken 4
812 months after the tracer forcing is turned on. The horizontal dashed lines at 500 and 1500km
813 in the upper left figure encompass the the analysis region used for most of the diagnostics in
814 this study, and the dashed box upstream of the ridge indicates the region that is used for the
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817 the $\sigma = |\zeta|$, where the Okubo-Weiss parameter (Ω) is zero. The dotted line corresponds
818 to the $\sigma = \sqrt{2}\zeta$. The gray contour lines in each of the panel correspond to the outer limits
819 ($P(\zeta, \sigma) = 10^{-5}$) for the JPDFs from the 1 km, 5 km and 20 km simulations for comparison.
820 We marked the regions that are associated with front, cyclone and anticyclone, where the
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828 vorticity-strain JPDFs of the coarse-grained velocities from the 1 km simulation, to 5 km
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831 vorticity-strain. The (a) conditional mean of the eigenvalue corresponding to rate of expo-
832 nential growth of tracer gradients, where larger negative values correspond to more rapid
833 increase in gradient; and (b) the conditional mean of the absolute buoyancy gradients. (c)
834 the non-dimensionalized Ertel PV (Π), which shows the potential for gravitational, inertial
835 and symmetric instabilities when it is negative; and (d) the generalized stability criterion
836 from Buckingham et al. (2020a), which additionally considers the impact of flow curvature
837 on instabilities and also suggests instabilities when it is negative. Contours and dashed lines
838 are the same as in Figure 3. 48

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840 strain (c) in a region with a strong northward flowing front in it. (d) The vorticity-strain JPDF
841 for the region. A depth-across front section of the temperature (e), vertical velocity (f), and
842 tracer on day 8 (g) and 10 (h) after the tracer forcing is turned on. The black contours in (a,
843 e, f, g, h) are some chosen temperature contours to highlight the front. The green contours
844 in (e) show the meridional velocity, which is northwards, decaying away from the front. 49

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 849 row corresponds to convergent regions and bottom row to divergent regions. The dashed
 850 lines correspond to $\sigma = |\zeta|$ 50

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 852 (columns) and depths (rows). The top row is for 1 km resolution, followed by the 5 km and
 853 then the 20 km. The first column corresponds middle of the mixed layer (50m for 1 km, 75m
 854 for 5 km and 90m for 20 km), the second column to the base of the mixed layer (100m for
 855 1 km, 150m for 5 km and 180m for 20 km), and the third column to a fixed depth of 250m.
 856 The dashed lines correspond to $\sigma = |\zeta|$ 51

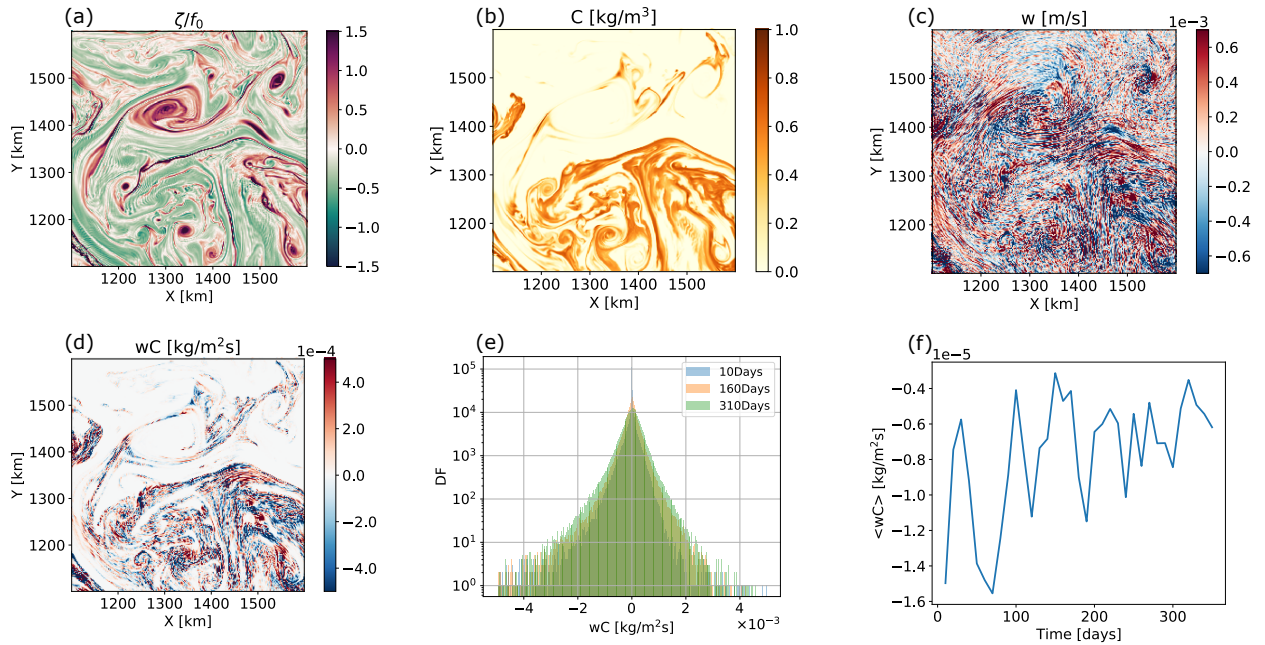
857 **Fig. 10.** Conditional mean of different components of the tracer flux conditioned on the surface strain
 858 and vorticity; the components being (a) the total advective flux, (b) the eddy advective flux,
 859 (c) the surface flux, and (d) the diffusive flux. Notice that the different panels are for different
 860 depths and have different color ranges. The diffusive flux is at the depth of 50m, which is
 861 the middle of the mixed layer — where the parameterized boundary layer diffusivity is the
 862 highest (not shown), and the advective fluxes are at the depth of 100m, which is the base of
 863 the mixed layer. The dashed lines correspond to $\sigma = |\zeta|$ 52

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 865 JPDF to tracer transport for the different components of the flux — (a) total advective flux,
 866 (b) eddy advective flux, (c) surface flux, and (d) diffusive flux. The dashed lines correspond
 867 to $\sigma = |\zeta|$ 53

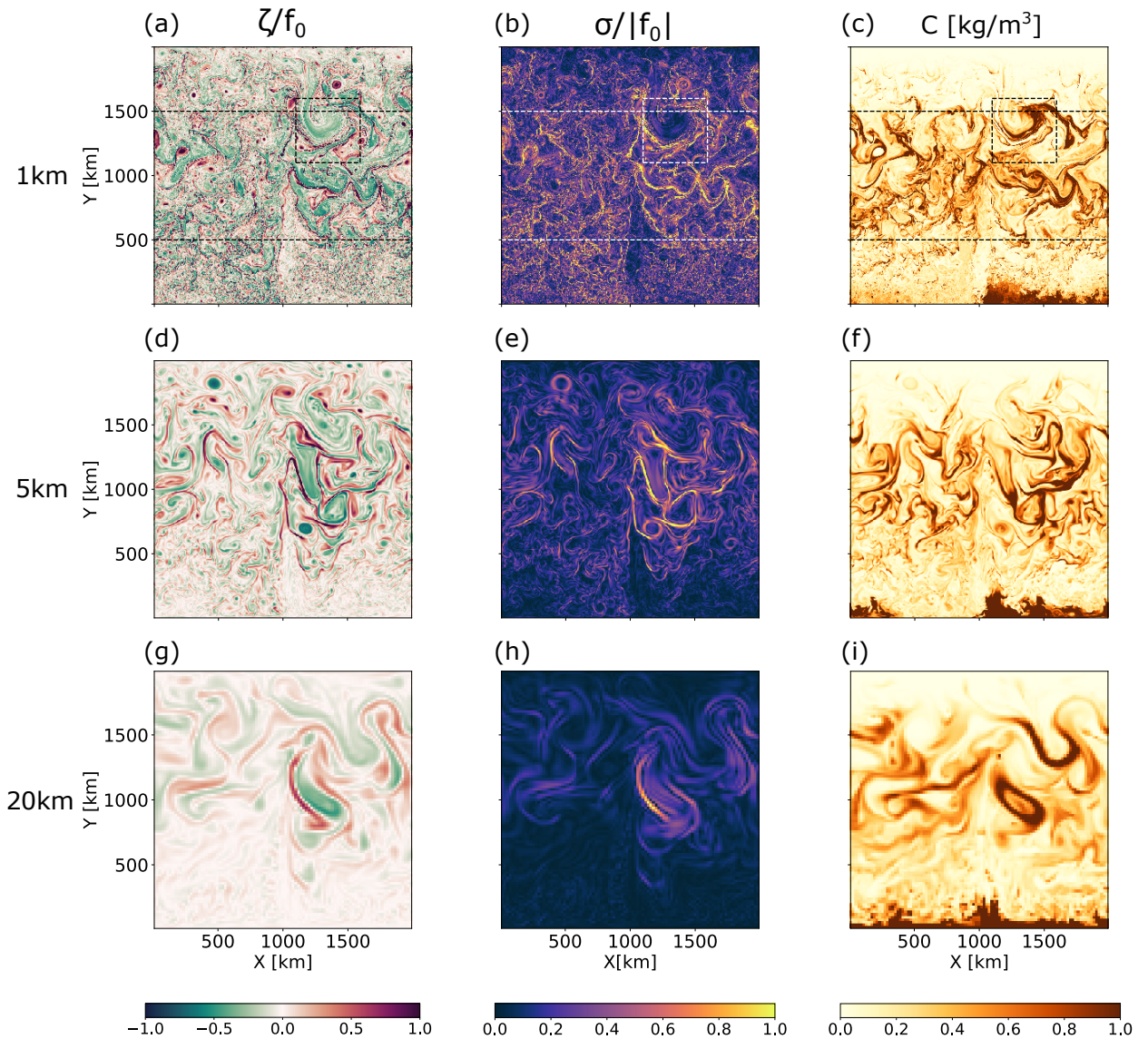
868 **Fig. 12.** Vertical structure of different tracer flux components in the 1 km (top row) and 5 km (bottom
 869 row) resolution simulations, separated into components based on the regions in the JPDF.
 870 The first column (a,d) shows the total advective flux (wC); the second column (b, e) shows
 871 the diffusive flux and the surface flux (inverted red triangles); and the third column (c, f)
 872 shows the eddy advective flux ($w'C'$) integrated over the parts of the JPDF corresponding to
 873 fronts (FRONT), cyclones (CYC) and anticyclones (ACYC). The sum of the parts is shown
 874 as the dashed red line. For the 1 km simulation we have divided contribution from the
 875 fronts into large front (L.FRONT) and small fronts (S.FRONT), where the small fronts is an
 876 integration over the part of the 1 km JPDF that is not covered by the 5 km JPDF. 54

877 **Fig. 13.** Different flux components integrated outward from the origin ($\sigma = \zeta = 0$), where the max-
 878 imum of the JPDF is present, to contours of decreasing probabilities (p) in the surface
 879 vorticity-strain JPDF. The integral is plotted as a function of P_{max}/P , where P_{max} is the
 880 probability at the maximum of the JPDF. As shown in section 2d, higher values of P_{max}/P
 881 generally correspond to smaller-scale features. Each curve asymptotes to the respective total
 882 flux at the corresponding depth. (a) The eddy advective flux at 100 m, surface flux and dif-
 883 fusive fluxes at 50 m for the 1 km simulation. (b) The flux fraction, defined as the integrated
 884 flux divided by the total flux, for the different components shown in (a). The dotted black
 885 line (axis shown on right) corresponds to the spatial area fraction contained in the region
 886 corresponding to P_{max}/P for the 1 km simulation. 55

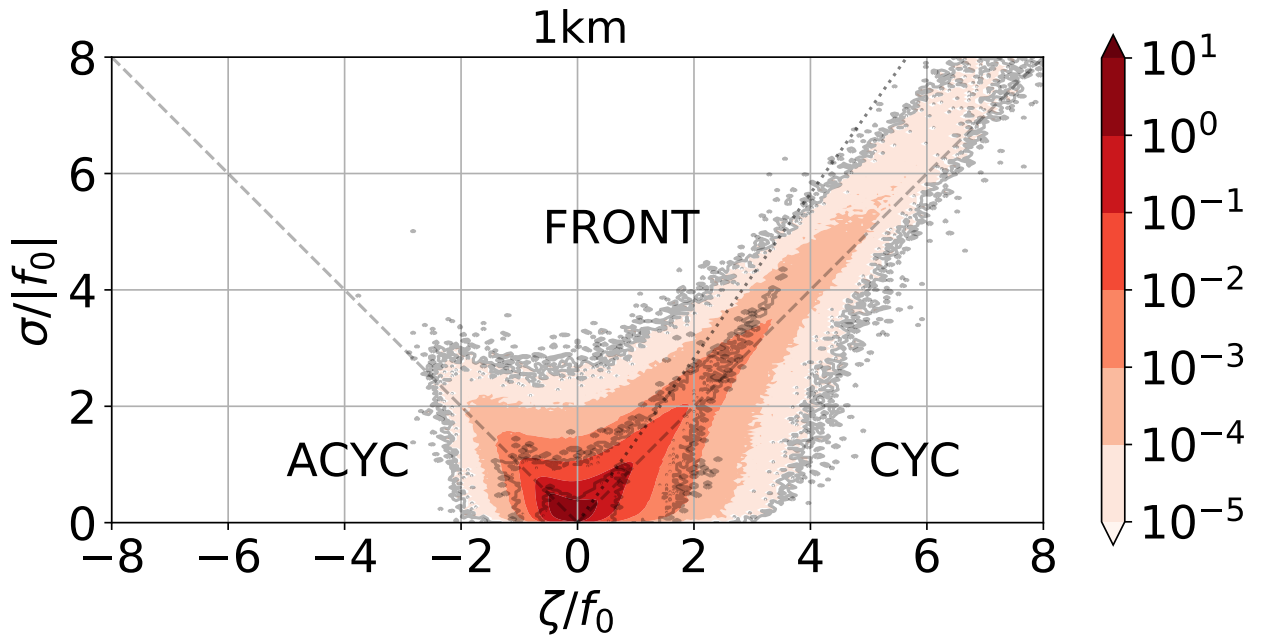
887 **Fig. 14.** The total advective flux (a) and the eddy advective flux (b) at the base of the mixed layer
 888 integrated outward from the origin as in Figure 13 for different resolutions and different
 889 coarsening scales applied to the 1 km simulation. Black markers at the bottom of (a) indicate
 890 outer-most probability contours of 20 km and 5 km simulations. 56



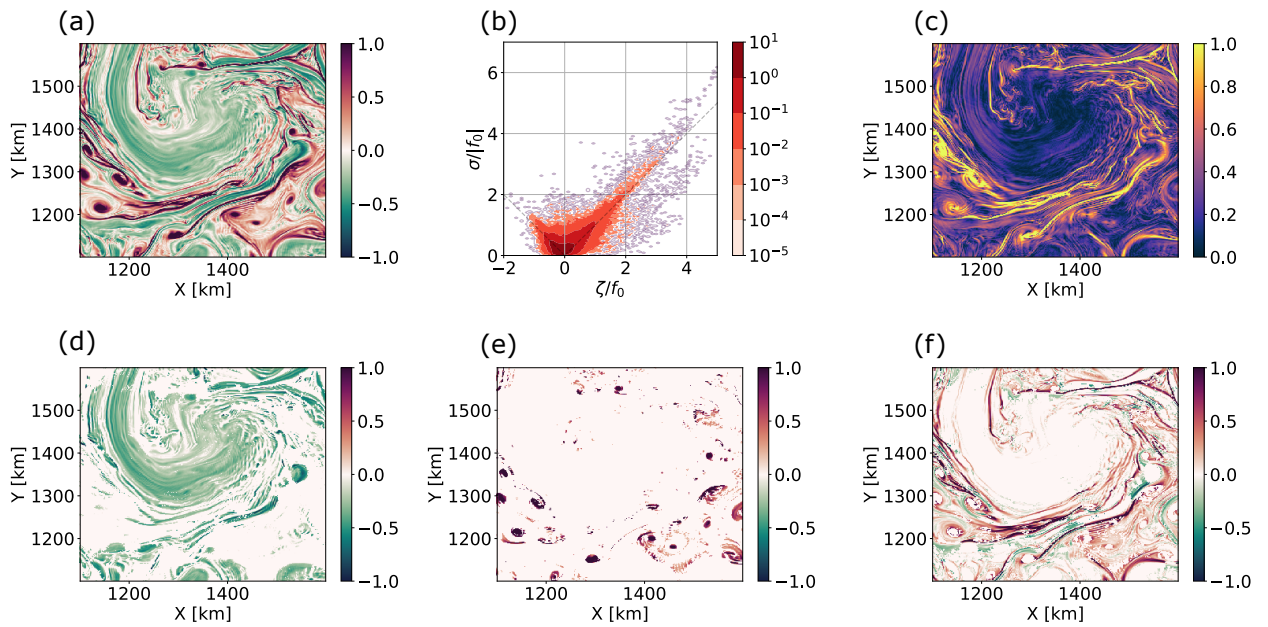
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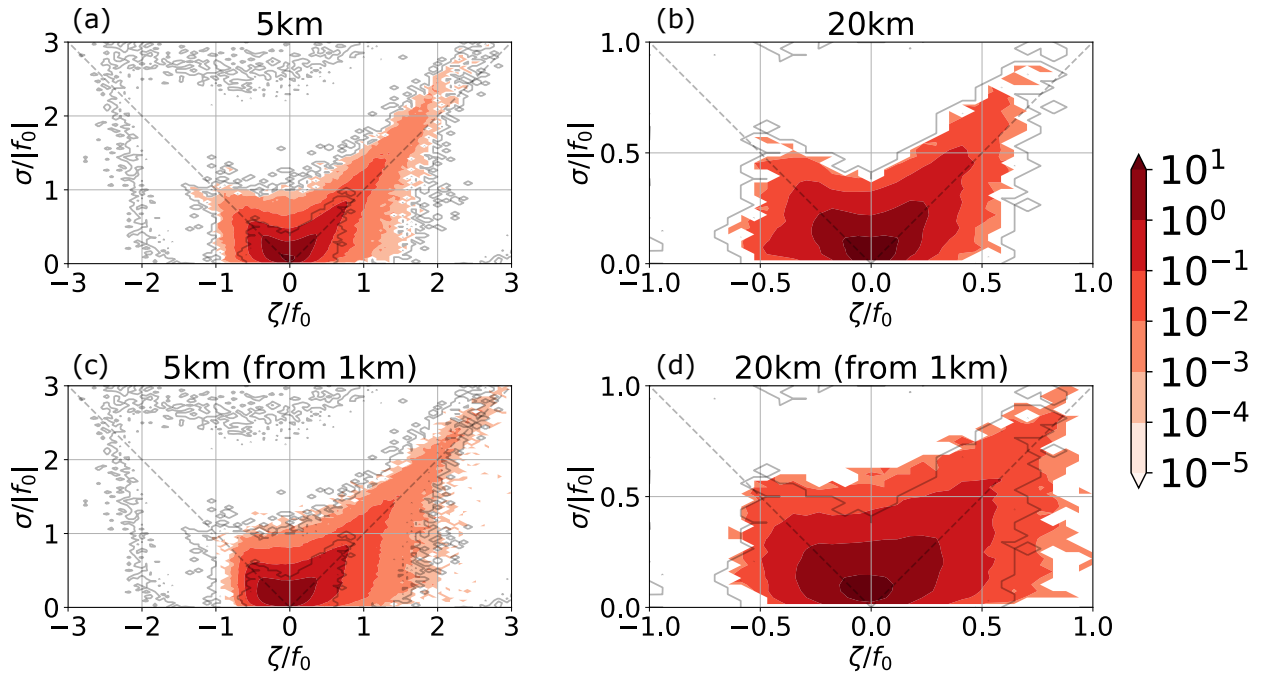
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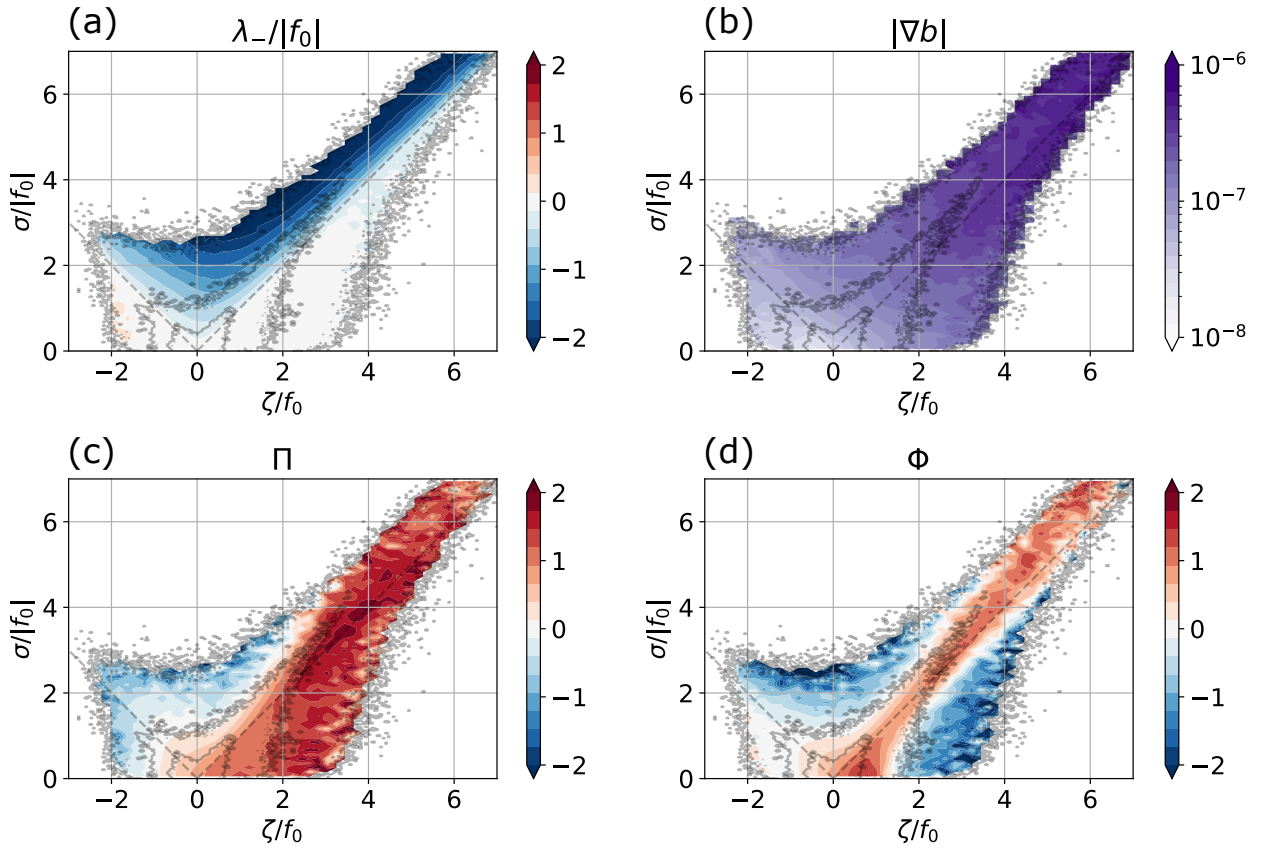
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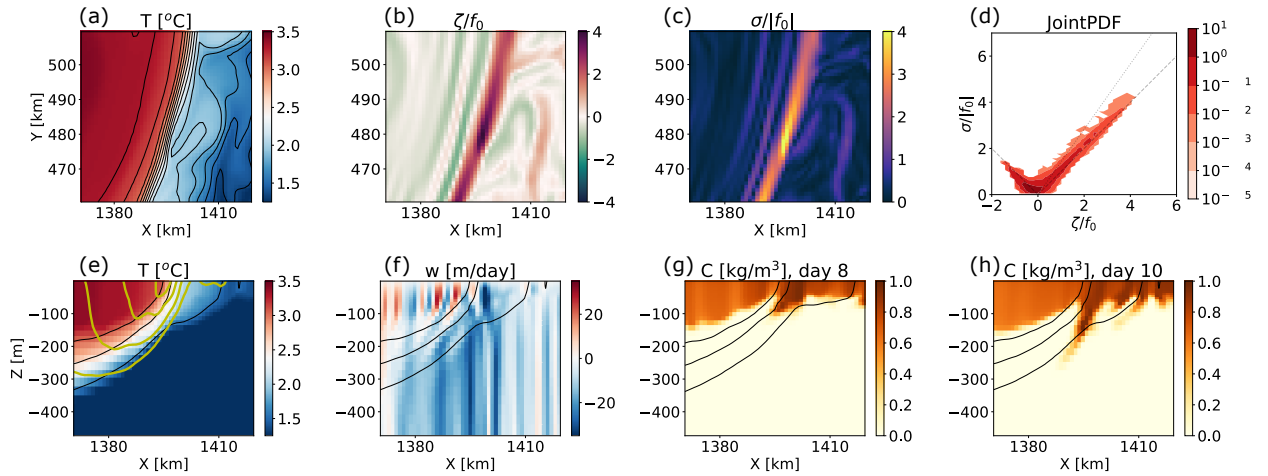
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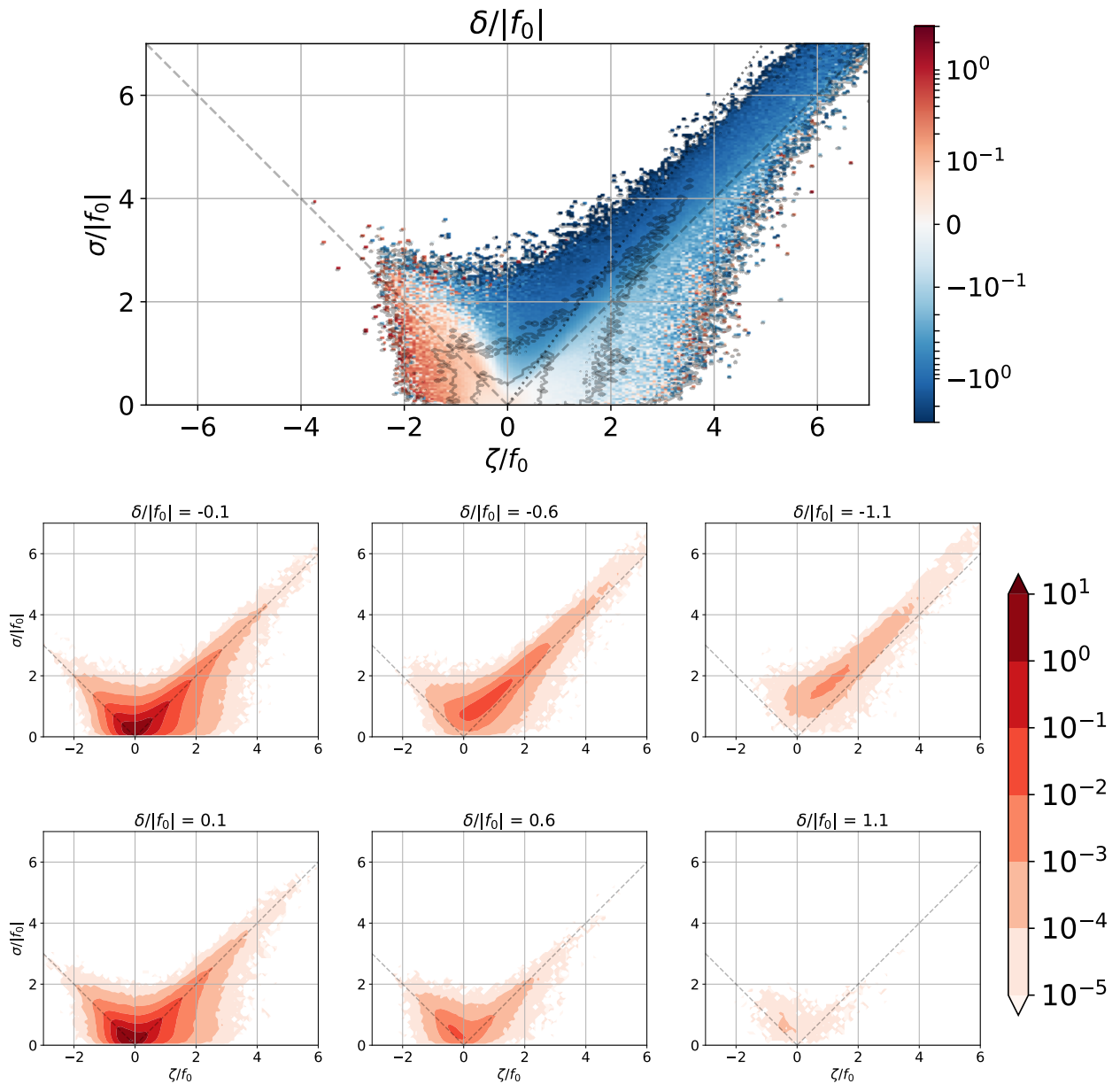
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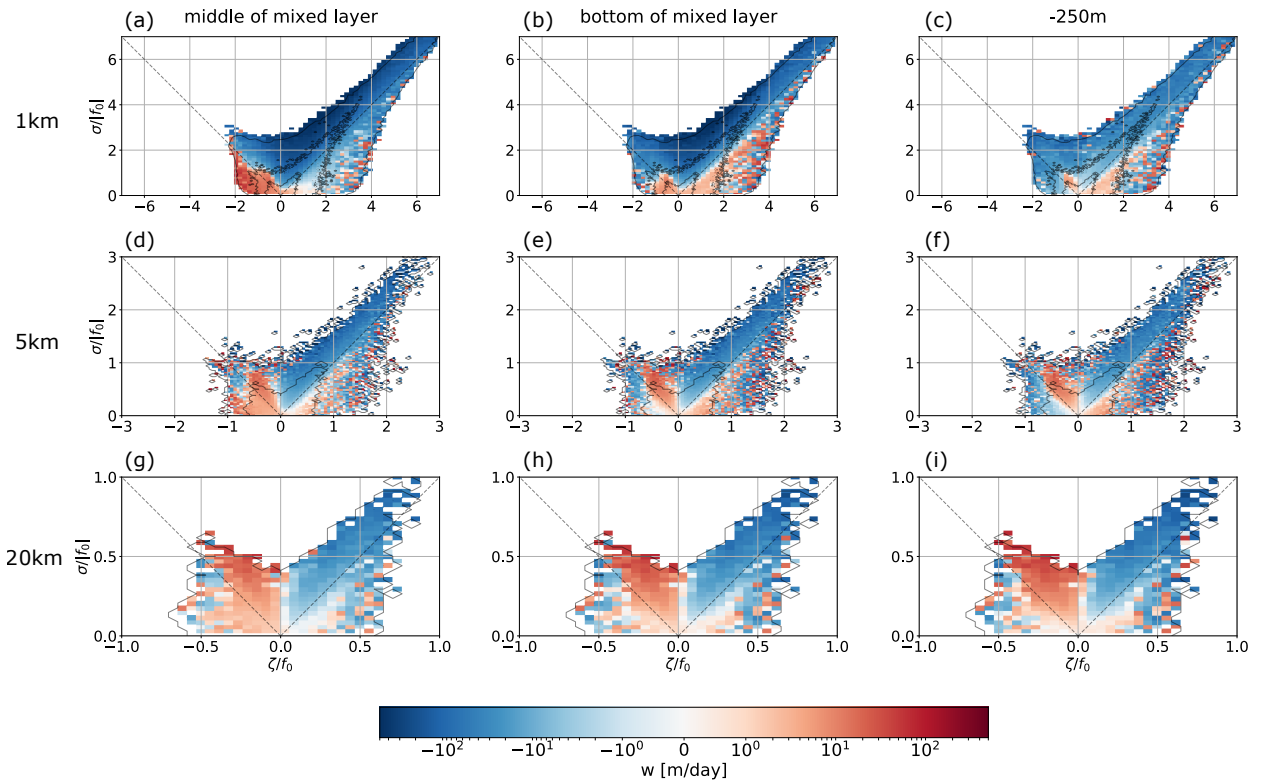
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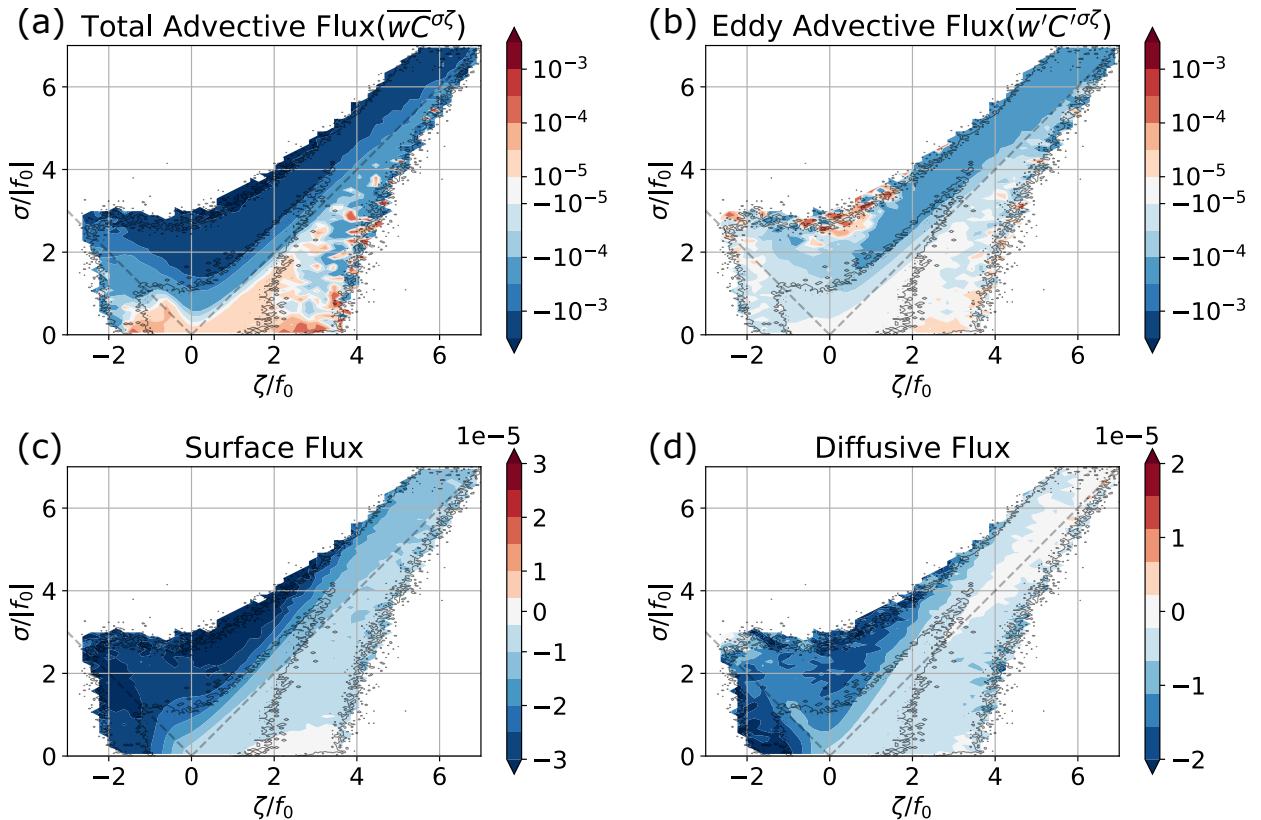
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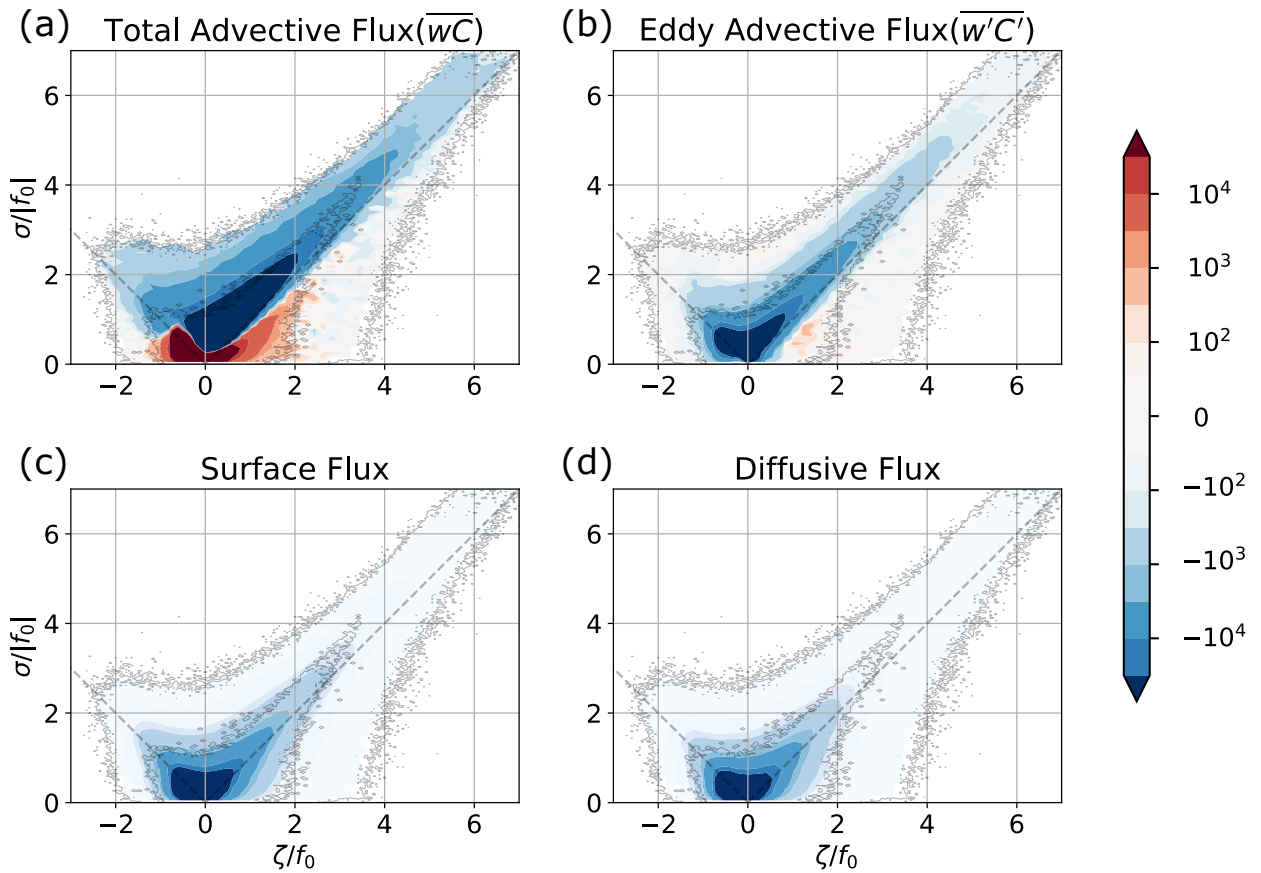
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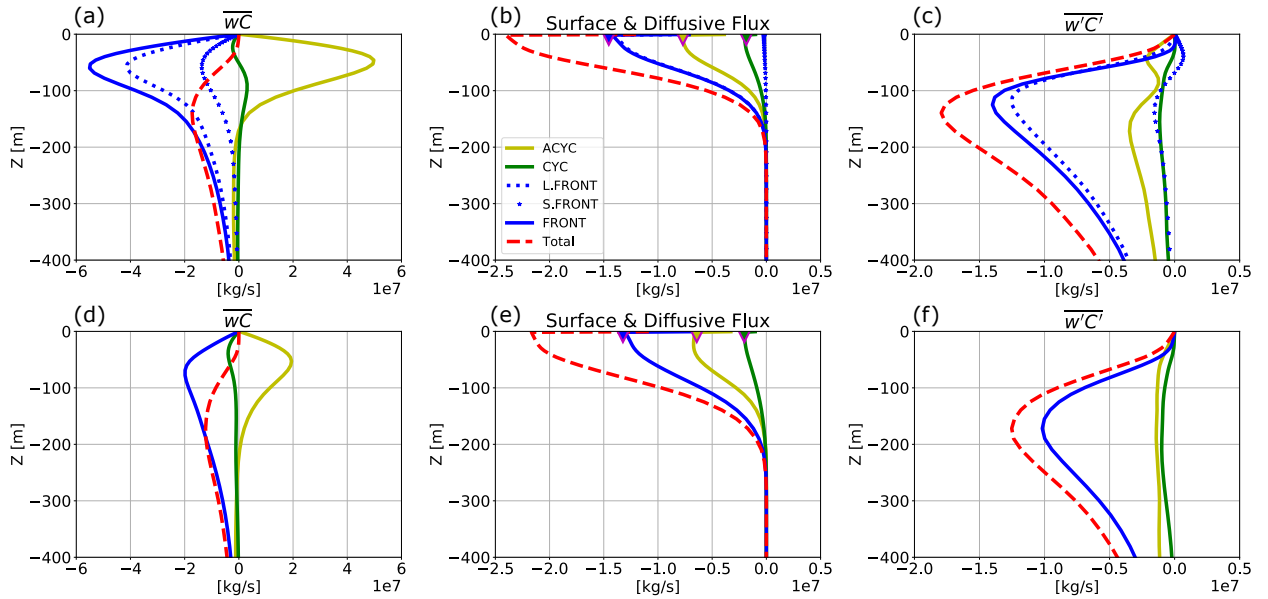
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 933 and depths (rows). The top row is for 1 km resolution, followed by the 5 km and then the 20 km. The first
 934 column corresponds middle of the mixed layer (50m for 1 km, 75m for 5 km and 90m for 20 km), the second
 935 column to the base of the mixed layer (100m for 1 km, 150m for 5 km and 180m for 20 km), and the third
 936 column to a fixed depth of 250m. The dashed lines correspond to $\sigma = |\zeta|$.



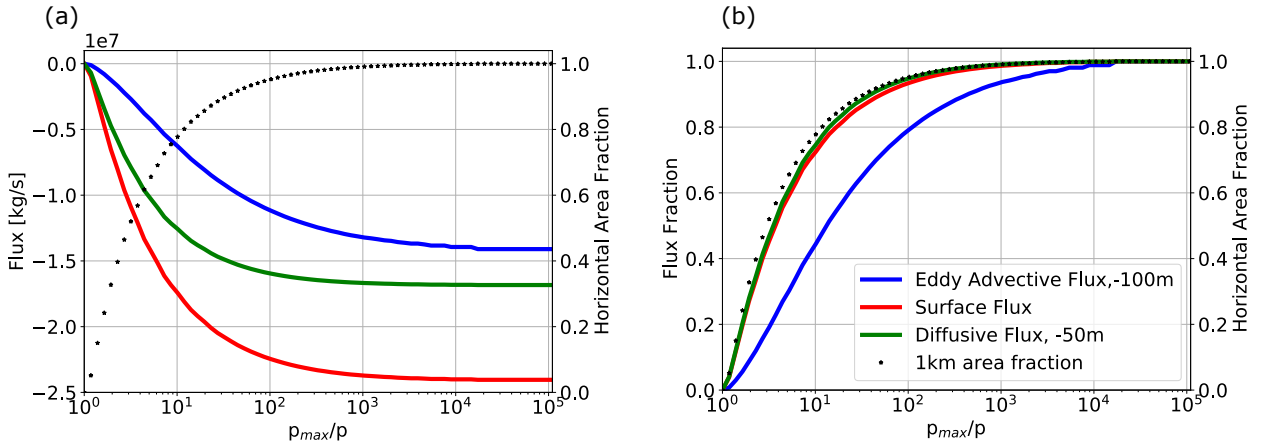
937 FIG. 10. Conditional mean of different components of the tracer flux conditioned on the surface strain and
 938 vorticity; the components being (a) the total advective flux, (b) the eddy advective flux, (c) the surface flux, and
 939 (d) the diffusive flux. Notice that the different panels are for different depths and have different color ranges.
 940 The diffusive flux is at the depth of 50m, which is the middle of the mixed layer — where the parameterized
 941 boundary layer diffusivity is the highest (not shown), and the advective fluxes are at the depth of 100m, which
 942 is the base of the mixed layer. The dashed lines correspond to $\sigma = |\zeta|$.



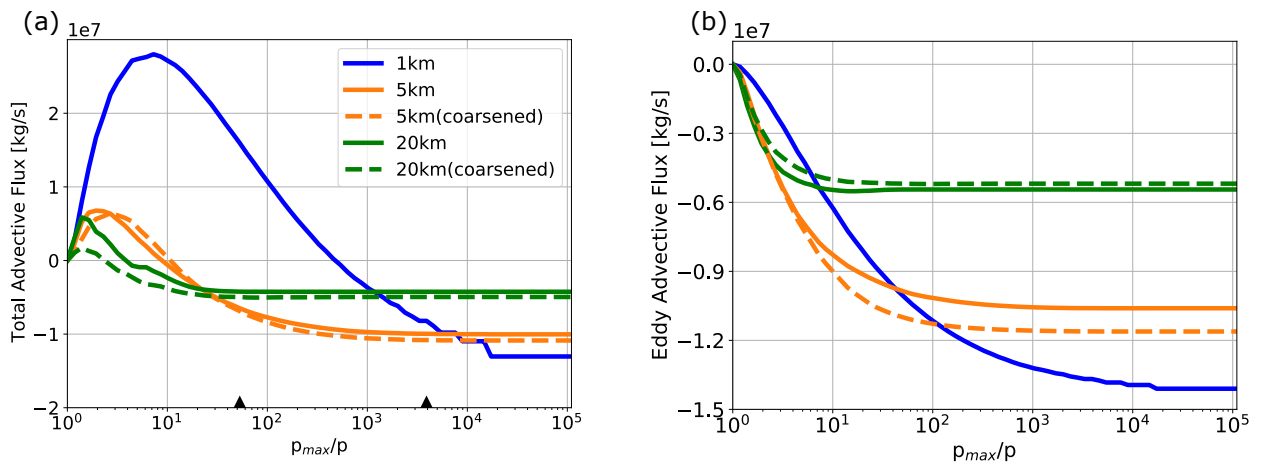
943 FIG. 11. The contribution of regions corresponding to different parts of the surface vorticity-strain JPDF to
 944 tracer transport for the different components of the flux — (a) total advective flux, (b) eddy advective flux, (c)
 945 surface flux, and (d) diffusive flux. The dashed lines correspond to $\sigma = |\zeta|$.



946 FIG. 12. Vertical structure of different tracer flux components in the 1 km (top row) and 5 km (bottom row)
 947 resolution simulations, separated into components based on the regions in the JPDF. The first column (a,d) shows
 948 the total advective flux (wC); the second column (b, e) shows the diffusive flux and the surface flux (inverted red
 949 triangles); and the third column (c, f) shows the eddy advective flux ($w'C'$) integrated over the parts of the JPDF
 950 corresponding to fronts (FRONT), cyclones (CYC) and anticyclones (ACYC). The sum of the parts is shown
 951 as the dashed red line. For the 1 km simulation we have divided contribution from the fronts into large front
 952 (L.FRONT) and small fronts (S.FRONT), where the small fronts is an integration over the part of the 1 km JPDF
 953 that is not covered by the 5 km JPDF.



954 FIG. 13. Different flux components integrated outward from the origin ($\sigma = \zeta = 0$), where the maximum of
 955 the JPDF is present, to contours of decreasing probabilities (p) in the surface vorticity-strain JPDF. The integral
 956 is plotted as a function of P_{\max}/P , where P_{\max} is the probability at the maximum of the JPDF. As shown in
 957 section 2d, higher values of P_{\max}/P generally correspond to smaller-scale features. Each curve asymptotes to
 958 the respective total flux at the corresponding depth. (a) The eddy advective flux at 100 m, surface flux and
 959 diffusive fluxes at 50 m for the 1 km simulation. (b) The flux fraction, defined as the integrated flux divided by
 960 the total flux, for the different components shown in (a). The dotted black line (axis shown on right) corresponds
 961 to the spatial area fraction contained in the region corresponding to P_{\max}/P for the 1 km simulation.



962 FIG. 14. The total advective flux (a) and the eddy advective flux (b) at the base of the mixed layer integrated
 963 outward from the origin as in Figure 13 for different resolutions and different coarsening scales applied to the
 964 1 km simulation. Black markers at the bottom of (a) indicate outer-most probability contours of 20 km and 5 km
 965 simulations.