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12 **EFFECT OF LATERAL OUTFLOW ON**  
13 **THREE-DIMENSIONAL FLOW STRUCTURE IN A**  
14 **RIVER DELTA**

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20 **Key Points:**

- 21 • Channelized outflow was observed to produce coherent secondary circulations while  
22 unchannelized lateral outflow did not.
- 23 • Formation of coherent secondary circulation may depend upon available lateral  
24 momentum flux in the channel.
- 25 • Lateral momentum flux in the distributary channels may control the sediment trans-  
26 port mechanism in a deltaic system.

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## Abstract

Spatial and temporal patterns in three-dimensional flow structure have been linked to channel processes and morphology in many environments, including river meander bends, confluences-diffuences, and bedrock canyons. However, there is not yet an understanding of how channelized and gradually distributed lateral outflows that are often prevalent in river deltas influence three-dimensional flow structure and sediment transport mechanisms. This study presents an analysis of 3D flow structure data collected from Wax Lake Delta, a naturally developing river-dominated delta in the northern Gulf of Mexico. Three hydrographic surveys were conducted using a boat-mounted acoustic Doppler current profiler (ADCP) at two sites: a channelized outflow zone and a distributary channel experiencing distributed lateral outflow. The flow structure was analyzed to identify secondary circulation cells induced by lateral outflow, which may influence the sediment transport to the islands. Spatial patterns in flow structure were also compared to previous numerical modeling and experimental studies on open channel diversions and compound channels. A conceptual model is developed linking the formation of secondary circulation cells and suspended sediment transport from the distributary channels to interdistributary islands in a delta. The results suggest that a transition from advective to turbulent diffusion transport mechanism may occur depending upon a threshold outflow momentum flux ratio which lies in between  $0.211 \text{ km}^{-1}$  and  $0.375 \text{ km}^{-1}$ . This study provides the first detailed quantification of flow structure in an actively prograding river delta and offers important implications for coastal restoration by linking coastal sediment transport mechanism to patterns in flow structure.

## Plain Language Summary

In a river delta, channels lose a significant amount of water to the islands because of lateral discharge through small crevasse and also as overbank. With the water, sediment and nutrients also get carried from the channels into the delta islands. This process supports the deltaic ecosystem and influences the evolution of the delta. Although, it is yet to be shown how such lateral discharge may affect the three dimensional flow field in the delta channels and sediment transport mechanisms. Here we use high resolution three-dimensional velocity data from a river delta to determine the influence of two different outflow processes on the nearby flow field. We observe strong coherent helical circulations in the channels when the lateral outflow is concentrated in a small area (i.e., a side channel) whereas weak transient structures when the lateral discharge gets distributed over a large area (i.e., overbank flow). The results suggest the existence of a threshold outflow momentum that triggers the formation of such coherent helical circulations and induces changes to the sediment transport mechanism. The results of this study have implications for better understanding of delta hydrodynamics and morphological evolution.

## 1 Introduction

Many coastal regions worldwide are currently facing the problem of landloss because of their susceptibility to sea-level rise (SLR) and subsidence. For example, the Mississippi River delta has lost one-third of its wetland area since the European settlement of North America (Day et al., 2000). The situation is further exacerbated by the reduction of sediment supply from upstream due to various river control structures like levees, which have effectively disconnected the river from its wetlands (Paola et al., 2011). Some coastal states, such as Louisiana, have undertaken comprehensive plans (CPRA, 2017) for designing and implementing coastal restoration and protection projects. One proposed solution for the coastal land loss problem is engineered sediment diversions, which are designed to divert sediment and water from the river onto the sediment starved

76 delta plain and initiate the formation of deltas by capitalizing on natural land-building  
77 processes (Temmerman et al., 2013; Temmerman & Kirwan, 2015).

78 Deltaic environments are known to exhibit hydraulic connectivity between distribu-  
79 tary channels and interdistributary islands through lateral outflow (Hiatt & Passalac-  
80 qua, 2015). For example, at Wax Lake Delta (WLD), Louisiana, nearly 23-54% of the  
81 river water entering the delta is transported to the vegetated island interiors from the  
82 channels via overbank flow and flow through secondary channels (Hiatt & Passalacqua,  
83 2015). This result has been confirmed through numerical modeling (Hiatt & Passalac-  
84 qua, 2017) and flow pattern analyses (Shaw et al., 2016). The connectivity is modulated  
85 by discharge, tides, and the presence of vegetation (Hiatt & Passalacqua, 2015, 2017).  
86 Besides, the trend of velocity and sediment transport in the lowermost reaches of rivers  
87 are significantly modulated by the discharge lost through outflow (Esposito et al., 2020).  
88 The transition between the channelized zones upstream and unchannelized delta front  
89 is also known to control the morphodynamic evolution of a river delta (Shaw et al., 2016;  
90 Coffey & Shaw, 2017). Analyzing the three-dimensional flow structure in these outflow  
91 zones of such “leaky networks” (Passalacqua, 2017) and linking them to the existing lit-  
92 erature of delta morphology thus can yield a comprehensive understanding into the nat-  
93 ural land building processes.

94 Flow structure provides information regarding the interaction of primary and sec-  
95 ondary components of velocity. The primary velocity component points in the direction  
96 of bulk flow whereas the secondary components are those superimposed on the primary,  
97 usually with a velocity that is at least an order of magnitude lower than the primary (Citerone,  
98 2016). These secondary components develop turbulent structures driven by the anisotropy  
99 and inhomogeneity of turbulence (Nezu & Onitsuka, 2001; Tominaga & Nezu, 1991) and  
100 can be categorized as either coherent or incoherent based on their period of existence.  
101 A turbulent structure is coherent if it is present in the flow for a relatively long time whereas  
102 incoherent structures are transient phenomena. Coherent turbulent structures can sig-  
103 nificantly influence a system by entraining sediment particles and carrying them in sus-  
104 pension (Dwivedi et al., 2011). Field measurements and numerical modeling have been  
105 used to analyze flow structure in different fluvial systems like meander bends (Engel &  
106 Rhoads, 2017; Frothingham & Rhoads, 2003; Konsoer et al., 2016; Sukhodolov, 2012; Zinger  
107 et al., 2013), confluences (Lane et al., 2000; Miyawaki et al., 2010; Rhoads & Kenwor-  
108 thy, 1998; Serres et al., 1999; Szupiany et al., 2009), bifurcations (Hardy et al., 2011; Marra  
109 et al., 2014), and bedrock canyons (Venditti et al., 2014). Though field measurements,  
110 remote sensing, and numerical modeling have highlighted the two-dimensional transport  
111 processes in prograding deltas like WLD (Hiatt & Passalacqua, 2017; Shaw et al., 2018),  
112 there remains a lack of synoptic field measurements of flow structure resulting from chan-  
113 nelerized and unchannelized lateral outflow from distributary channels. The current study  
114 aims to fill this gap through field measurements in a prograding delta.

115 When lateral discharge from a distributary channel occurs through a secondary chan-  
116 nel or crevasse, it is defined as channelized lateral outflow (CO). One system analogous  
117 to CO is an open channel diversion. Bulle (1926) first observed that secondary flow in-  
118 duced by a diversion causes a nonlinear distribution of sediment to be transported into  
119 the lateral channel. Later, secondary circulation cells have been observed in both the main  
120 and lateral channels of 90° diversion systems (Dutta et al., 2016, 2017; Herrero et al., 2015;  
121 Neary & Odgaard, 1993; Neary et al., 1999; Ramamurthy et al., 2007). Prior analyses  
122 have shown that the skew-induced vorticity caused by an imbalance between the trans-  
123 verse pressure gradient, shear, and centrifugal forces, is the primary source of secondary  
124 circulation cells at a diversion (Neary & Odgaard, 1995). For a 90° diversion on the left  
125 side of the main channel, two circulation cells have been identified, one rotating clock-  
126 wise inside the lateral channel and another rotating counterclockwise located down-  
127 stream of the diversion in the main channel (Neary & Odgaard, 1993). A relationship between  
128 the strength of secondary circulation downstream of the diversion and momentum flux

129 associated with the lateral outflow was proposed by Herrero et al. (2015). While progress  
130 has been made, there remains a lack of analyses on the effects of upstream separation  
131 on secondary circulation at diversions.

132 Nearly all of the 90° diversion studies focus on systems where the main and lateral  
133 channels have the same bed elevation (Bulle, 1926; Dutta et al., 2017; Neary & Odgaard,  
134 1993; Ramamurthy et al., 2007). An example of a discordant (i.e. difference in bed el-  
135 evation between the main and lateral channel) flow system is a side weir where channel  
136 bedform morphology has been observed to be impacted by the lateral outflow through  
137 the weir (Michelazzo et al., 2016; Paris et al., 2012; Rosier et al., 2011). 3-D eddies form-  
138 ing at the side weirs divert sediment into the weirs and the efficiency of the transport  
139 process is dependent on turbulent intensity in the main channel, local bed morphology,  
140 and weir geometry (Michelazzo et al., 2016). The side weirs resemble many natural sys-  
141 tems that often exhibit bed discordance, especially in the transition from main channels  
142 to floodplains and small crevasses.

143 An outflow process is defined as unchannelized (UO) when the lateral discharge flows  
144 over the channel levees. UO in the subaqueous parts of the delta is analogous to the com-  
145 pound channel flow studied in fluvial settings. The characteristics of compound chan-  
146 nel flow structure are recognized by the flow specifically in the junction between main  
147 channel and flood plain (Tominaga & Nezu, 1991). There have been several experimen-  
148 tal (Azevedo et al., 2017; Nezu & Onitsuka, 2001; Proust & Nikora, 2019; Shiono & Knight,  
149 1991; Tominaga & Nezu, 1991; Yang et al., 2007; Zeng et al., 2016) and simulation stud-  
150 ies (Cokljat & Younis, 1995; Kang & Choi, 2006; Naot et al., 1993, 1996; Sofialidis & Pri-  
151 nos, 1999; van Prooijen et al., 2005) on turbulent flow structures and momentum exchange  
152 for compound channels with and without vegetation. For Froude number ranging from  
153 0.312-0.415, Tominaga and Nezu (1991) observed a pair of longitudinal vortices both on  
154 the sides of main channel and floodplain with secondary velocity 4% of the primary ve-  
155 locity, and the vortex size appeared to be affected by the depth ratio between the flood-  
156 plain and main channel. Secondary current intensity and turbulent energy at the junc-  
157 tion increases with increasing Froude number and vegetation (Nezu & Onitsuka, 2001).  
158 The existence of horizontal coherent structures caused by Kelvin-Helmholtz instability  
159 (KHCS) formed at the interface of low flow on the flood plain and high flow in the main  
160 channel, may also play a significant role in the lateral momentum exchange in compound  
161 channels (Nezu & Onitsuka, 2001; van Prooijen et al., 2005). Additionally, the direction  
162 of transverse currents was found to be a crucial control over the orientation of secondary  
163 flow structures in compound channels (Proust & Nikora, 2019).

164 As sediment is transported from channels to islands through UO, natural levees form  
165 at island edges (Adams et al., 2004; Branß et al., 2016). Morphological studies of lev-  
166 ees in WLD have shown gently sloped and widespread natural levees (Bevington & Twil-  
167 ley, 2018) in the downstream parts of the delta. In these unconfined zones, turbulent mix-  
168 ing is minimal (Shaw et al., 2016) and a water-level gradient exists between the inter-  
169 distributary islands and channels (Hiatt & Passalacqua, 2017). Based on these features,  
170 there is the potential for advective transport of sediment into the island (Adams et al.,  
171 2004; Shaw et al., 2016). However, steep levees have also been observed at WLD (Bevington  
172 & Twilley, 2018), which is indicative of transport through turbulent diffusion (Adams  
173 et al., 2004). Under what condition the transport mechanism in the unconfined zone switches  
174 is still an open question.

175 The current study analyzes the 3-D flow structure induced by lateral outflow from  
176 delta distributary channels and establishes a conceptual model relating the flow struc-  
177 ture and sediment transport mechanisms. The research addresses the following questions:  
178 (1) How does lateral outflow affect the three-dimensional flow structure within delta dis-  
179 tributary channels? and (2) Does lateral outflow impact the mechanism of sediment trans-  
180 port from the channel to the island? The results generated by this study have implica-  
181 tions for understanding and evaluating hydrodynamics and sediment transport processes

182 in deltaic systems, which may be used to evaluate the efficacy of sediment diversions at  
183 reproducing the processes of land-building deltas in addition to aiding in design and op-  
184 eration strategies.

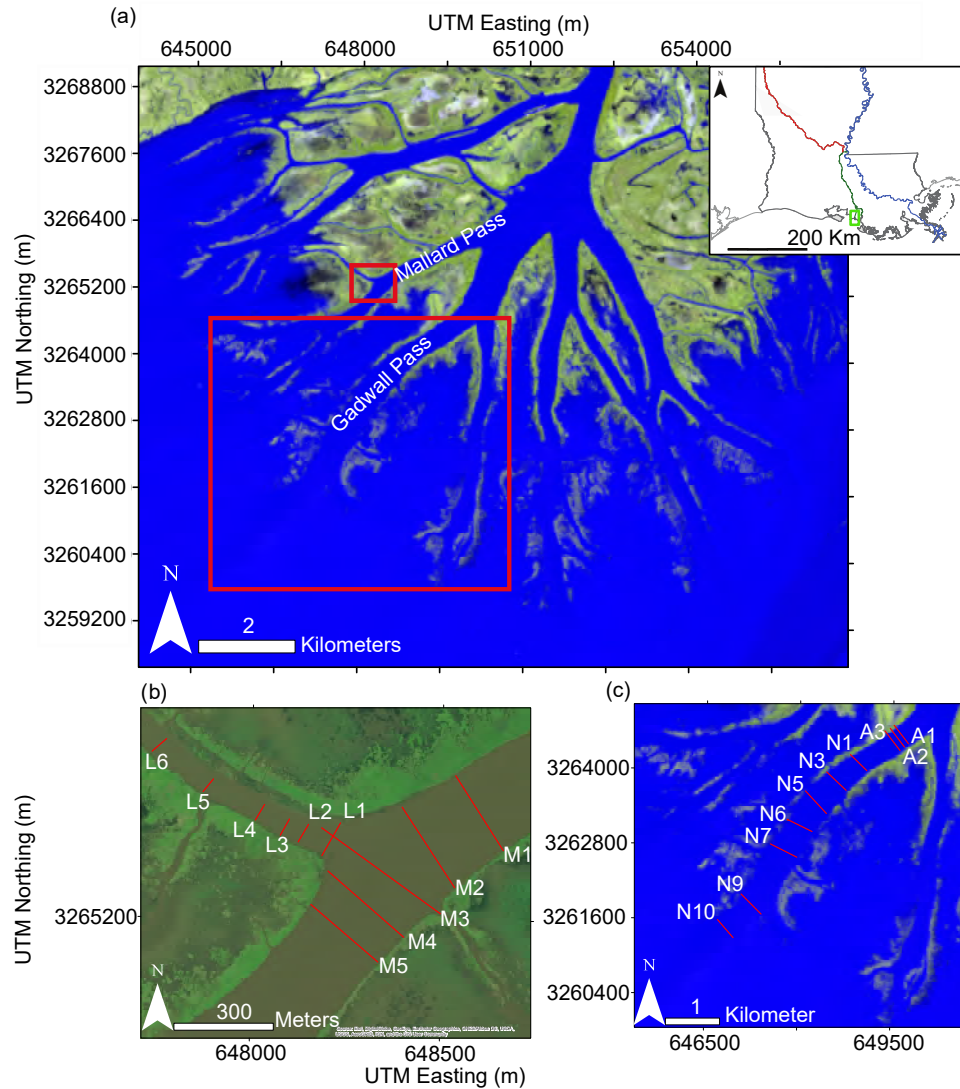
## 185 2 Methods

### 186 2.1 Site Description

187 Wax Lake delta (WLD) is a river dominated delta located in coastal Louisiana (Fig. 1)  
188 at the mouth of the 25 km long Wax Lake Outlet (WLO). WLD debouches into the Atchafalaya  
189 Bay about 140 km West-Southwest of New Orleans. The outlet was dredged by US Army  
190 Corps of Engineers in 1942 with a design capacity to carry 30% of the discharge from  
191 the Atchafalaya River to reduce flooding in Morgan City, LA (Roberts et al., 2003). Sed-  
192 iment began to deposit at the mouth of WLO immediately after construction and WLD  
193 has been steadily prograding since its first subaerial emergence in 1973 (Roberts et al.,  
194 1997). Sediment input to WLD is estimated to be 38.4 Mt/year, 18% of which is sand  
195 (Kim et al., 2009). Estimates of the delta land growth rate and the total area of land  
196 built provided by the literature are variable but it is estimated that approximately over  
197 100 km<sup>2</sup> new deltaic surface has been developed at WLD since its subaerial emergence  
198 in 1973 (Roberts, 1998; Wellner et al., 2005). Water-level on this delta is modulated by  
199 mixed semidiurnal microtides (mean range of 0.35 m) (Hiatt & Passalacqua, 2015) and  
200 the average flow in WLO is 3078 m<sup>3</sup>/s while the annual flood tends to peak above 5000  
201 m<sup>3</sup>/s.

202 WLD is a branching distributary network with seven major channels and partially-  
203 inundated interdistributary islands. The channel network of WLD consists of primary  
204 (>100 m width) and lateral secondary channels. Primary channels distribute the discharge  
205 and sediment throughout the system and secondary channels connect the primary chan-  
206 nels to the island interiors. The delta islands are typically shaped like an arrowhead and  
207 are surrounded by narrow levees with higher elevation. The distributary channels are  
208 lined with these levees which can be sub-aerial or subaqueous based on the water-level.  
209 Flow over the levees resulting in flow exchange between the channels and islands is a per-  
210 sistent feature of the system. The sedimentary framework of WLD is 50-70% medium  
211 sand (Roberts et al., 1997). The  $D_{50}$  and  $D_{90}$  (50th and 90th percentiles of grain size)  
212 at WLD apex are respectively 106  $\mu\text{m}$  and 155  $\mu\text{m}$  (Shaw et al., 2013). The Froude num-  
213 ber of flow entering the delta is  $\sim 0.25$  during bankfull flow (Edmonds et al., 2011).

214 In this study, the flow structure at two channel features in WLD were investigated:  
215 CO and UO along the length of the channel. The CO study site was located at Mallard  
216 Pass, a distributary channel in the western part of the delta, 2.3 km downstream of the  
217 channel entrance (Fig. 1b). The secondary channel flowing laterally into the interdistribu-  
218 tary island has been stable since 1990 (Wellner et al., 2005). At WLD, UO has been pri-  
219 marily observed along distributary channels near the delta front and generally takes the  
220 form of lateral overbank flow (Hiatt & Passalacqua, 2015; Shaw et al., 2016). To cap-  
221 ture this particular phenomenon, a 3.7 km long section of Gadwall Pass was surveyed  
222 in this study (Fig. 1c).



**Figure 1.** (a) Map of WLD. Locations of ADCP transects traversed in Mallard Pass (15 April and 10 June 2019) and in Gadwall Pass (9 June and 13-14 September 2019) are marked by red rectangles. (b) ADCP transect locations of the channelized outflow system in Mallard Pass. Sources: ArcGIS Online. (c) ADCP transect locations of Gadwall pass. Image specifications of (a) and (c): LANDSAT 8 images from 23 October 2019 at 30 m resolution obtained from USGS EarthExplorer (available online at <https://earthexplorer.usgs.gov/>)

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## 2.2 Data Collection

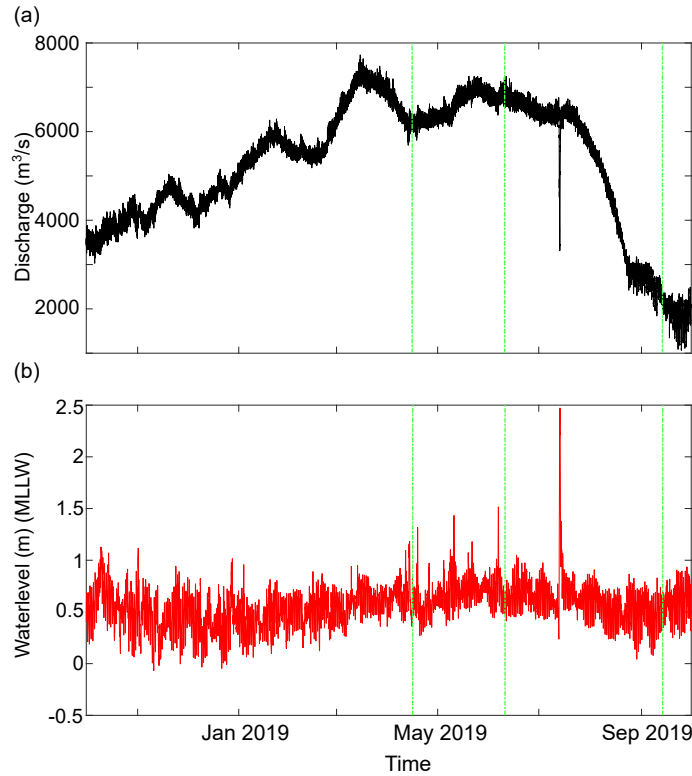
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The field measurements at WLD comprised three trips from April 2019 to September 2019. Time series plots of discharge at Wax Lake Outlet (USGS Gauge # 07381590 in Calumet) and water-level (NOAA Lawma-Amerada Pass station # 8764227) in the water year 2019 are provided in Fig. 2.



**Figure 2.** (a) Discharge in the Wax Lake Outlet at the USGS Gauge # 07381590 in Calumet, LA. (b) Measured water-level at the NOAA Lawma-Amerada Pass station (NOAA # 8764227) during water year 2019, green verticals indicate survey periods.

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A 1200 kHz Teledyne RDI RiverPro acoustic Doppler current profiler (ADCP) was used for the hydrographic surveys. All measurements were georeferenced using an external Hemisphere A101 differential Global Positioning System (dGPS) mounted over the ADCP. The ADCP transducer depth was kept at 0.3 m with a blanking distance of 0.25 m from the sensor head. Data from the measurement bins close to the bottom were ignored automatically by the ADCP's auto-adaptive system to avoid sidelobe interference. Bin size for each ensemble was optimized by an auto-adaptive system that yielded cell size ranging from 2 – 24 cm depending on the depth of that ensemble. The water mode was selected automatically based on the flow condition. The velocity resolution of the ADCP was 1 mm/s with an accuracy within  $\pm 0.25\%$  of water velocity relative to the ADCP. At least four repeat transects were performed to collect multiple velocity measurements along the georeferenced cross-sections (Fig. 1) based on community recommendations (Szupiany et al., 2007) and USGS standards for hydrographic surveys (Mueller et al., 2013). When possible, the same georeferenced cross-sections were surveyed during each measurement campaign, but due to the currents and evolving channel planform, slight reorientation of some transects was necessary.



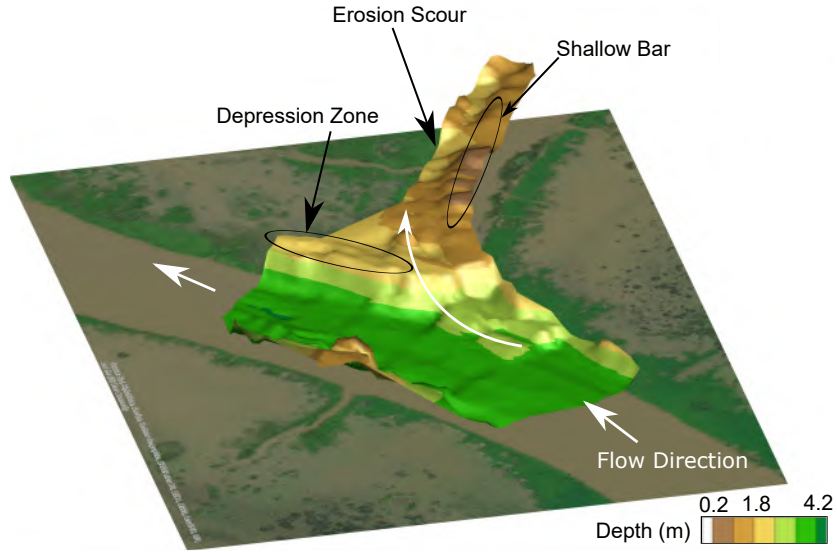
244 Velocity and discharge data from the CO zone were collected during falling tide on  
 245 15 April and during rising tide on 10 June 2019. On 15 April (campaign 1), hydrographic  
 246 measurements were performed at five transects spaced approximately 100 m apart in the  
 247 main channel (M1-M5) and at four transects inside the secondary channel separated by  
 248 approximately 50 m (L1-L4)(Fig. 1b). The same cross-sections were traversed during the  
 249 10 June survey (campaign 2) with two additional transects located further inside the lat-  
 250 eral channel. Because of the historic flooding in the lower Mississippi River in 2019 (Pal  
 251 et al., 2020), the discharge into WLD apex during both the surveys was higher (5584 m<sup>3</sup>/s  
 252 on 15 April and 5944 m<sup>3</sup>/s on 10 June) than the average in WLO. A discharge summary  
 253 from the surveys is provided in the supporting information (Table S5).

254 For the UO site (Fig. 1c), an initial survey of the Gadwall Pass was performed on  
 255 9 June 2019 during falling tide to identify the location where lateral outflow begins. Lat-  
 256 eral outflow was observed at transect N5 (discharge 1433 m<sup>3</sup>/s), and it was found to have  
 257 ~ 5% discharge loss relative to the transect 400 m upstream (transect N3, discharge 1510  
 258 m<sup>3</sup>/s)(Table S5, Fig. S2). Thus, N5 represented a reasonable location for the upstream  
 259 boundary of the lateral outflow zone and was selected as the baseline for the velocity and  
 260 discharge measurement in September. After the long 2019 flood season (Fig. 2a), the dis-  
 261 charge at the delta apex dropped significantly to 2210 m<sup>3</sup>/s in September (Table S5).  
 262 The cross-sections were spaced 500 m apart from each other, starting from N5. One ini-  
 263 tial discharge measurement survey was performed at the beginning of both the 13 and  
 264 14 September surveys at the mouth of the Gadwall Pass. During rising tide, 13 Septem-  
 265 ber 2019 (campaign 3), 5 of the selected cross-sections (N5-N7, N9-N10) were traversed.  
 266 On 14 September 2019 (campaign 4), the cross-sections- N5, N9, and N10, were surveyed  
 267 during falling tide. Transects N7 and N8 from campaign 4 were removed as the discharge  
 268 variation from each pass of these two transects exceeded acceptable limit. The wind were  
 269 mostly consistent during the surveys and had a peak speed less than 5 m/s.

### 270 2.3 Post Processing

271 ADCP data were collected, reviewed, and exported as ASCII files using WinRiver  
 272 II® software. For campaigns 1 and 2, the beam velocities from WinRiver II® were cor-  
 273 rected using an in-house code written in Matlab® (Chowdhury, 2020) to account for the  
 274 effects of tilt, pitch, and roll. Both four-beam and three-beam solutions were taken dur-  
 275 ing the correction (Teledyne, 2010). For campaign 3 and 4, the correction was done us-  
 276 ing WinRiver II setup wizard with a coordinate transformation user command (Teledyne,  
 277 2017). The vertical velocity data from the ADCP was found to be negatively biased and  
 278 an ensemble mean removal detrending was performed. A comparison between the de-  
 279 trended and biased data is given in the supporting materials (Fig. S1). The corrected  
 280 data were then analyzed using Velocity Mapping Toolbox (VMT), a suite of Matlab®  
 281 routines (Parsons et al., 2013). VMT averages the repeat transects along a cross-section,  
 282 calculates primary and secondary velocity vectors in multiple frames of references for the  
 283 mean transect, and allows plotting three-dimensional velocity information for the mean  
 284 cross-section. For this study, the secondary velocity vectors in Rozovskii frame of ref-  
 285 erence (Rozovskii, 1957) and the transverse vectors were used for interpretation. Sec-  
 286 ondary vectors in the zero secondary discharge reference frame were ignored as all of the  
 287 cross-sections traversed in this study had a significant amount of lateral outflow, which  
 288 violates the assumptions of zero net secondary discharge. In the Rozovskii frame of ref-  
 289 erence, the secondary vectors are rotated such that for each vertical profile, secondary  
 290 currents in one direction are equal to those in the opposite direction (Lane et al., 2000).  
 291 In other words, the primary velocity at each vertical in this reference frame is equiva-  
 292 lent to the depth averaged velocity direction at that vertical. Thus the primary veloc-  
 293 ity direction varies across a section (Lane et al., 2000; Rhoads & Kenworthy, 1998). The  
 294 Rozovskii frame of reference is useful to identify helical motion in strongly converging  
 295 and diverging flows (Rhoads & Kenworthy, 1998; Rozovskii, 1957).

296 The bathymetry data was interpolated from the ADCP transects. For higher res-  
 297 olution bathymetry, additional zigzag ADCP surveys were performed at the field sites  
 298 to cover more areas along the channel. These bathymetry data were exported using VMT  
 299 in earth coordinates, and a Kriging interpolation was performed in ArcGIS®. The grid  
 300 size was  $10 \times 10$  m for the CO system and  $20 \times 20$  m for the UO sites. The resulting  
 301 bathymetry was triangulated for visualization in Tecplot 360 (Fig. 3). This method in-  
 302 troduces interpolation errors and temporal variation of bed load increases the uncertainty  
 303 of the resulting spatial distribution (Rennie & Church, 2010). The interpolated bathymetry  
 304 here (Fig. 3) is used only for qualitative assessment of the morphology and visualization.



**Figure 3.** Interpolated bathymetry produced using ArcGIS® and Tecplot® from the ADCP data collected on June 10, 2019. The grid size used for Kriging in ArcGIS® is 10m.

## 305 2.4 Analysis

306 Momentum flux ratio ( $M_r$ ) is the ratio of momentum flux between two different  
 307 flows depending on the system being studied. For confluences,  $M_r$  is defined as the ra-  
 308 tio between the momentum fluxes of two incoming channels (Miyawaki et al., 2010). For  
 309 bifurcations,  $M_r$  is the ratio of momentum flux between the bifurcating channel and main  
 310 channel (Herrero et al., 2015). It is calculated as:

$$311 M_r = \frac{\rho_l q_l v_l}{\rho_m q_m v_m} \quad (1)$$

312 which is the ratio of the product of fluid density ( $\rho$ ), discharge ( $q$ ), and velocity ( $v$ ) at  
 313 the cross section upstream of lateral channel (denoted by subscript  $m$ ) and at the mouth  
 314 of the lateral channel (denoted by subscript  $l$ ).  $M_r$  has been used as a parameter that  
 315 influences bed morphology and flow pattern in confluences (Miyawaki et al., 2010; Rhoads  
 316 & Sukhodolov, 2001) and  $90^\circ$ diversions (Herrero et al., 2015). The values of  $M_r$  were  
 317 calculated for each of the field surveys both on CO and UO systems (Table 1). For this

318 study,  $\rho_m$  and  $\rho_l$  were assumed to be equal.  $q_m$ ,  $v_m$ ,  $q_l$ , and  $v_l$  were extracted from the  
319 ADCP data (Table 1).

320 For the purpose of this study, the momentum flux ratio was divided by the length  
321 of outflow zone along the primary axis of the main channel to yield momentum flux ratio  
322 per unit length of outflow or outflow momentum flux ratio,  $M'_r$ . For CO, the length  
323 (L) is the lateral channel width. Eq. 1 thus is modified as,

$$324 \quad M'_r = \frac{M_r}{L} \quad (2)$$

325 For, UO conditions, eq. 2 is modified as the following,

$$326 \quad M'_r = \frac{M_{rl}}{M_{ru}L} \quad (3)$$

327

328 where  $M_{rl}$  denotes the momentum flux lost due to lateral outflow for a outflow distance  
329 (L). It is calculated by subtracting the momentum flux in the downstream transect ( $M_{rd}$ )  
330 from momentum flux in the upstream transect ( $M_{ru}$ ). Centerline distance between these  
331 transects is used for incremental outflow length (L).

332 To estimate the sediment entrainment and transport capacity of the secondary cir-  
333 culation, the sediment settling velocity at WLD was calculated using the formula pro-  
334 vided by Dietrich (1982).

$$335 \quad R_f = \frac{v_s}{\sqrt{RgD_{50}}} \quad (4)$$

336

337 where  $R_f$  denotes the dimensionless settling velocity,  $g = 9.81 \text{ m/s}^2$  is the gravitational  
338 acceleration, and  $v_s$  is the settling velocity. The submerged specific gravity of sediment  
339 (R) is calculated as,

$$340 \quad R = \frac{\rho_s}{\rho} - 1 \quad (5)$$

341

342 where  $\rho$  the density of fluid (water) and the density of quartz ( $2.65 \text{ g/cm}^3$ ) is used as  
343 the density of sediment ( $\rho_s$ ) for this study.  $R_f$  is calculated using a relationship based  
344 on the particle Reynold's number ( $Re_p$ ) provided in Dietrich (1982).  $Re_p$  is calculated  
345 as,

$$346 \quad Re_p = \frac{\sqrt{RgD_{50}}D_{50}}{\nu} \quad (6)$$

347

348 where  $\nu$  is the kinematic viscosity of water. Here  $\nu$  is  $8.917 \times 10^{-7} \text{ m}^2/\text{s}$  assuming con-  
349 stant water temperature at  $25^\circ\text{C}$ . The median sediment size  $D_{50}$  calculated by Shaw et  
350 al. (2013) at WLD apex ( $106 \mu\text{m}$ ) was used in this calculation.

### 351 **3 Results**

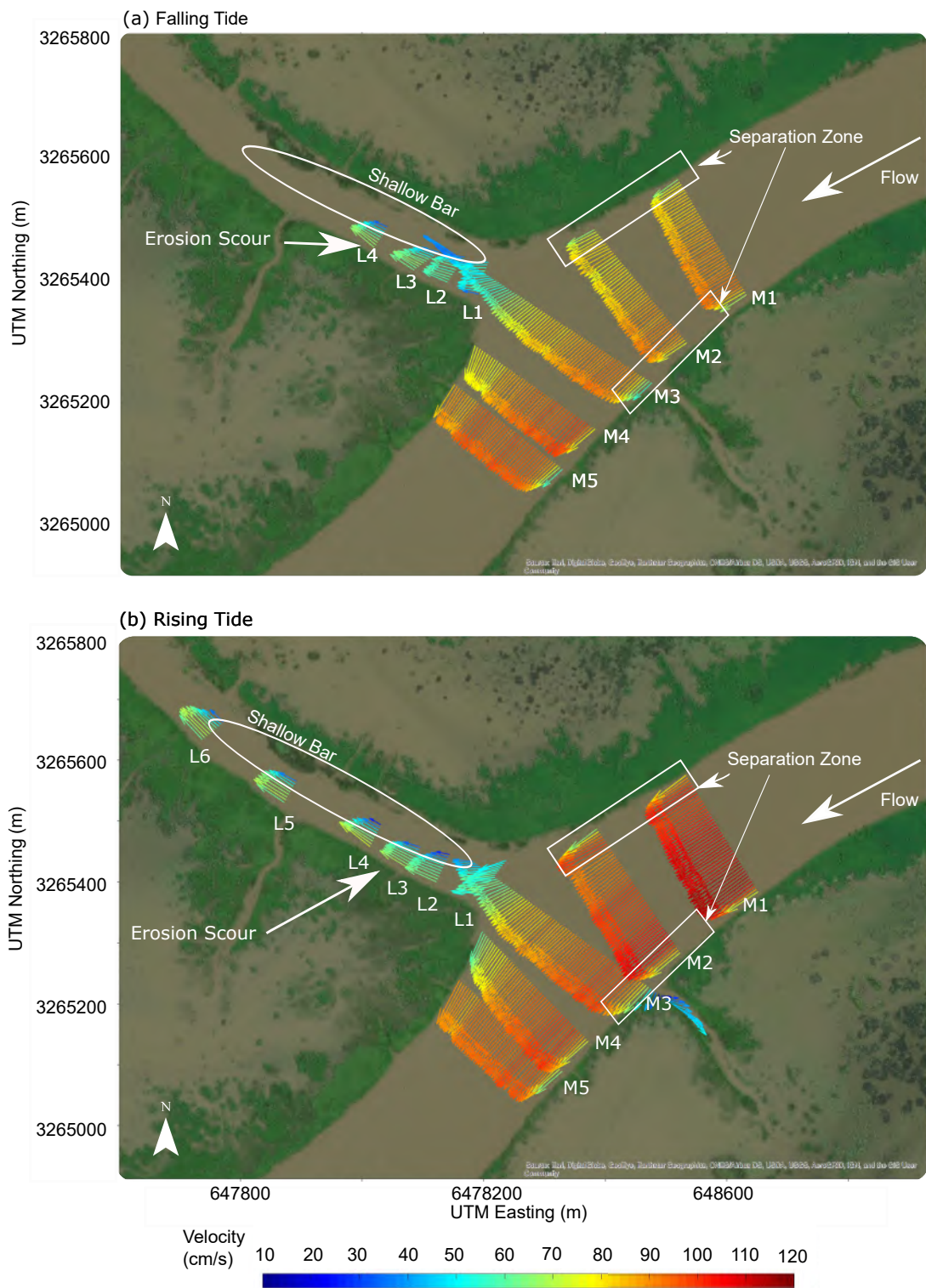
#### 352 **3.1 Channelized Lateral Outflow**

##### 353 *Discharge and Flow Characteristics*

354 Depth averaged velocities from the channelized outflow surveys identified spatial  
355 gradients in velocity throughout the survey site (Fig. 4). During campaign 1, the dis-  
356 charge ( $5534 \text{ m}^3/\text{s}$ ) at the delta apex was less than that in campaign 2 ( $5943 \text{ m}^3/\text{s}$ ). The  
357 lateral channel captured 6.88% and 5.24% of the main channel discharge during cam-  
358 paign 1 and campaign 2, respectively (Table 1).

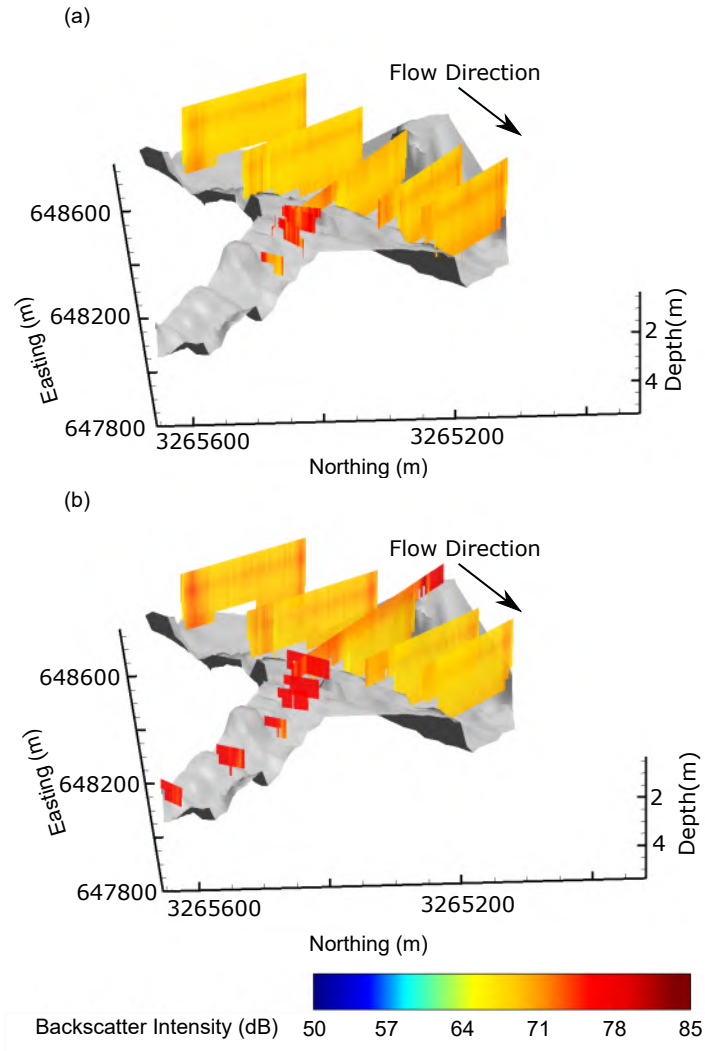
359 Primary velocity directions for both surveys did not show any significant change  
360 with tide. Separation zones upstream of the lateral channel were observed along both  
361 banks (Fig. 4). Moreover, the lateral channel bottom was at a higher elevation than the  
362 main channel bottom representing a discordant bathymetric feature (Fig. 3). The ve-  
363 locity magnitude into the lateral channel was approximately 50% of that in the main chan-  
364 nel (Table 1). No shallow bar was observed on the opposite bank of the main channel  
365 (Fig. 3).

366 Inside the lateral channel, two zones of flow were observed. The flow close to the  
367 right bank (looking downstream) had a significantly lower velocity than the left bank.  
368 The high velocity core in the lateral channel shifted from the left bank to the middle of  
369 the channel gradually as the water moved further inward (Fig. 4). Additionally, the right  
370 bank had a shallow elongated bar, and the left bank was scoured (Fig. 3). During falling  
371 tide, velocity downstream of the lateral channel increased and on the other hand decreased  
372 during rising tide (Fig. 4).  $M_r'$  for CO varied between  $0.375 \text{ km}^{-1}$  and  $0.492 \text{ km}^{-1}$ ,



**Figure 4.** Depth-averaged velocity vectors along the channelized outflow system for (a) campaign 1, 15 April 2019, and (b) campaign 2, 10 June 2019.

373 Backscatter intensity was found comparatively higher inside the lateral channel and  
 374 in the right bank (looking downstream) separation zone both in falling and rising tides  
 375 (Fig. 5). For the rising tide (Fig. 5b), the intensity was even higher at the discordant crevasse  
 located on the opposite bank.



**Figure 5.** Backscatter intensity for the Channelized Outflow (a) campaign 1, falling tide, 15 April 2019, (b) campaign 2, rising tide, 10 June 2019. Arrows indicate flow direction.

376

377

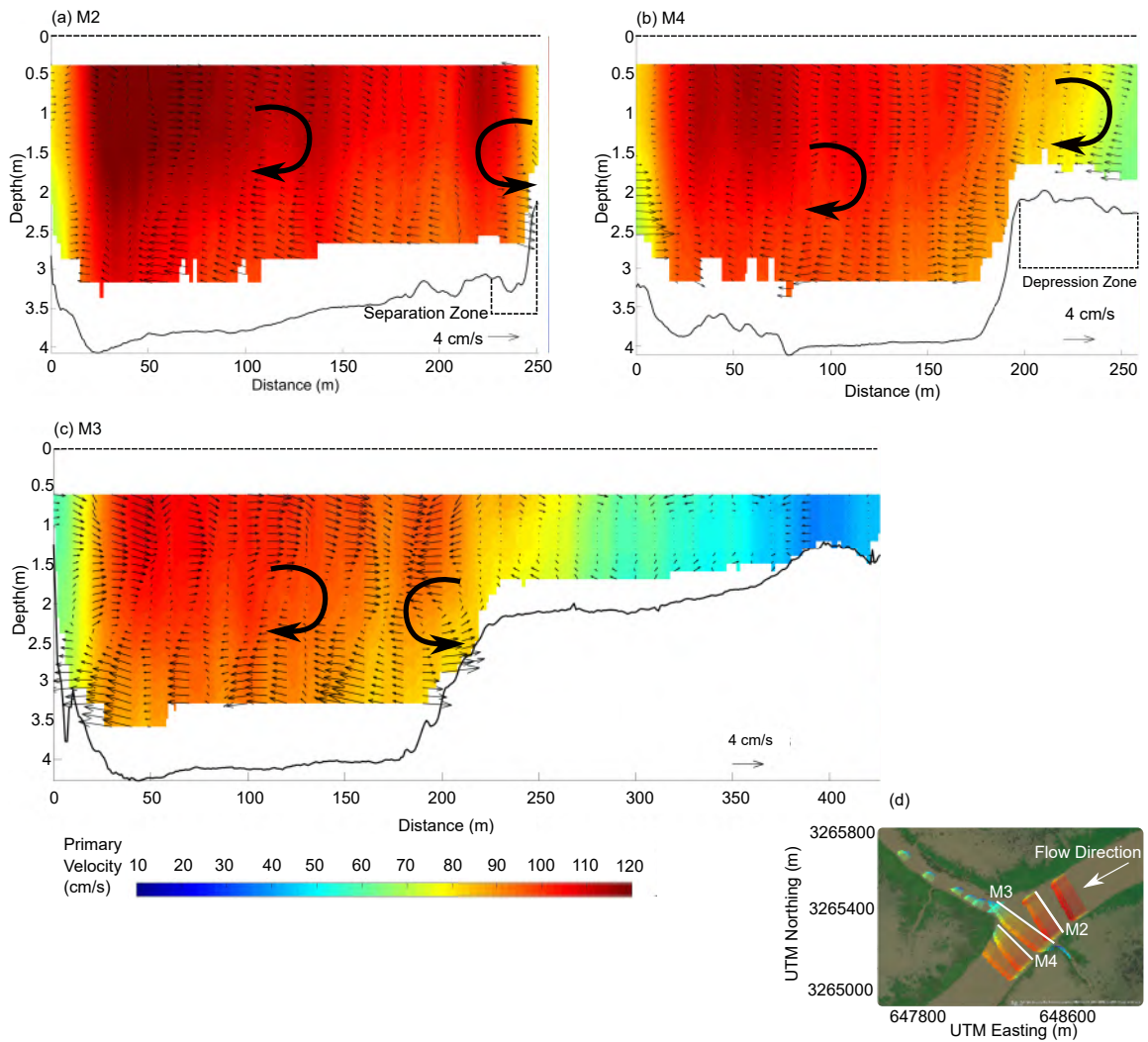
### *Flow Structure*

378 The secondary velocity in Rozovskii reference frame for both rising and falling tide  
 379 at transect M2 shows a large channel-wide clockwise circulation in the main channel (Fig. 6a).  
 380 The width of the separation zone at M2 on the right bank was  $\sim 15$  m and it was  $\sim 10$   
 381 m for the left bank. In the separation zone on the right bank, a coherent counter-clockwise  
 382 rotating cell was observed both in the falling and rising tides. This coherent cell was ob-  
 383 served to be existing only in the separation zone upstream and at the mouth of the lat-  
 384 eral channel (Fig. 6a and c). The circulation velocity of this cell varied between 2 to 4  
 385 cm/s.

**Table 1.** Channelized Outflow Field Results Summary

<b>Parameters</b>	<b>Specification</b>	Falling Tide 15 April 2019	Rising Tide 10 June 2019
Area ratio (Percent)	L1/M2	12.83	13.68
	L1/M4	14.09	13.98
Width ratio (Percent)	L1/M2	32.90	32.16
	L1/M4	34.01	33.96
Discharge ratio lateral to upstream (Percent)	L1/M2	6.88	5.24
Discharge ratio lateral to downstream (Percent)	L1/M4	7.10	5.80
Width/Depth	L1	50.49	53.25
	M2	66.72	74.30
	M4	69.09	69.65
Mean velocity magnitude (cm/s)	L1	53.30	59.73
	M2	90.70	109.25
	M4	96.64	102.66
Lateral channel distance/width ratio	L1	0.37	0.17
	L2	0.86	1.15
	L3	1.47	1.70
	L4	2.47	2.64
	L5	-	4.47
	L6	-	6.33
Froude Number	L1	0.131	0.151
	M2	0.147	0.185
	M4	0.162	0.173
Momentum flux ratio		0.04	0.03
Outflow momentum flux ratio (km <sup>-1</sup> )		0.492	0.375

386 For transect M3 (Fig. 6c), that extended into the lateral channel, the above-mentioned  
 387 counter-clockwise rotating circulation cell was also observed during the falling tide sur-  
 388 vey and was bound to the discordant bed junction. The maximum helical velocity of this  
 389 cell at M3 was 5 cm/s. This coherent counter-clockwise rotating secondary cell observed  
 390 at M2 and M3 (Fig. 6a and c) likely formed because the lateral outflow from the main  
 391 channel induced an imbalance between the transverse pressure gradient and centrifugal  
 392 forces. The clockwise rotating circulation cell observed at M2 was still the dominant channel-  
 393 wide circulation pattern in M3.

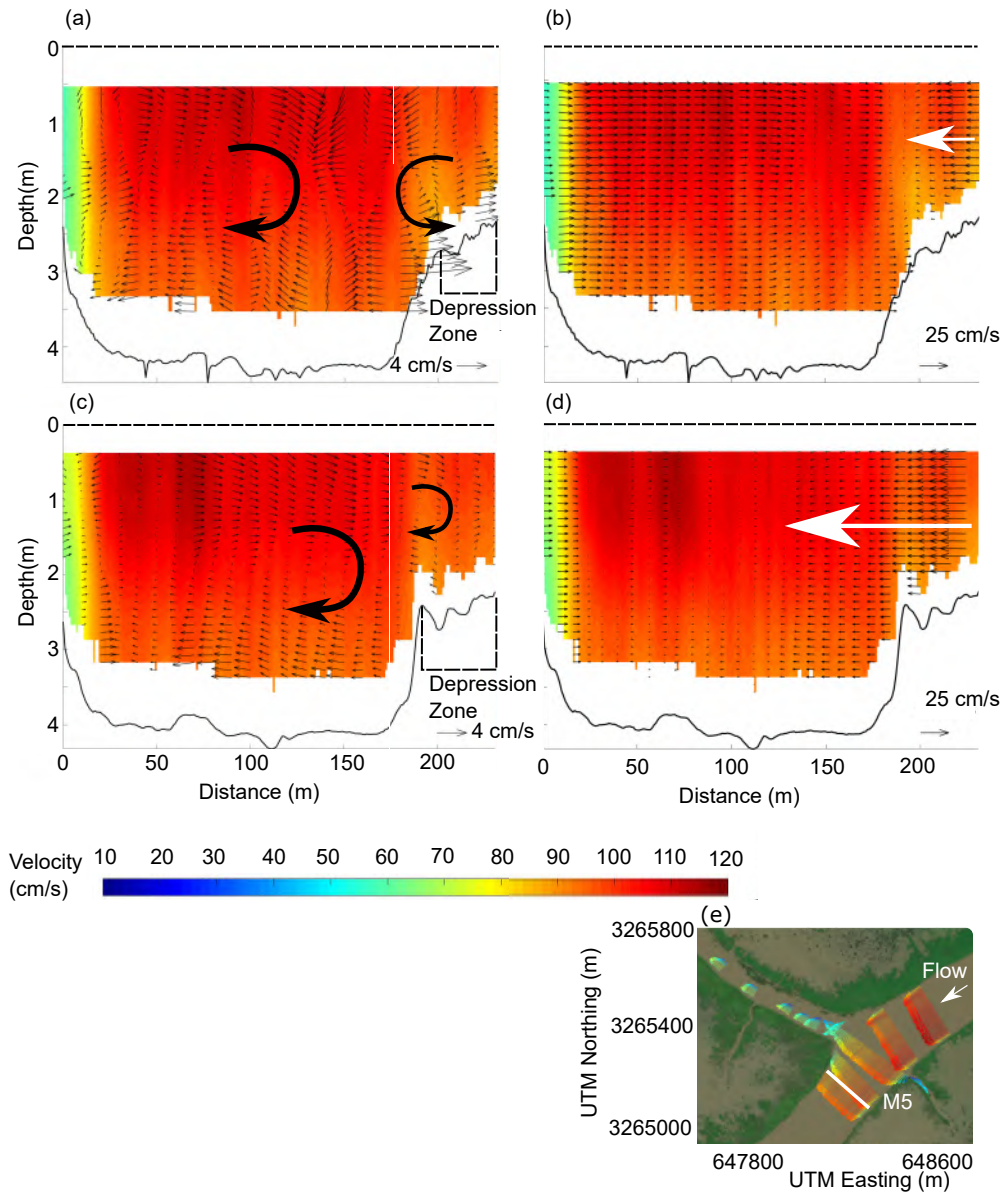


**Figure 6.** Flow structure at (a) transect M2 upstream of the lateral channel, (b) transect M4, and (c) transect M3 looking downstream. The contour shows the primary velocity in the downstream direction and secondary velocities in Rozovskii reference frame are shown by arrows. Transects M2 and M4 are from campaign 2 (rising tide) and transect M3 data is from campaign 1 (falling tide). The inset shows the location of the transects.

394 The dominant channel-wide clockwise secondary circulation also prevailed through  
 395 the transects M4 (Fig. 6b) and M5 (Fig. 7a and 7c). This observed clockwise cell thus  
 396 extends from upstream M2 to the downstream M5 transect, which is longer than 50 flow

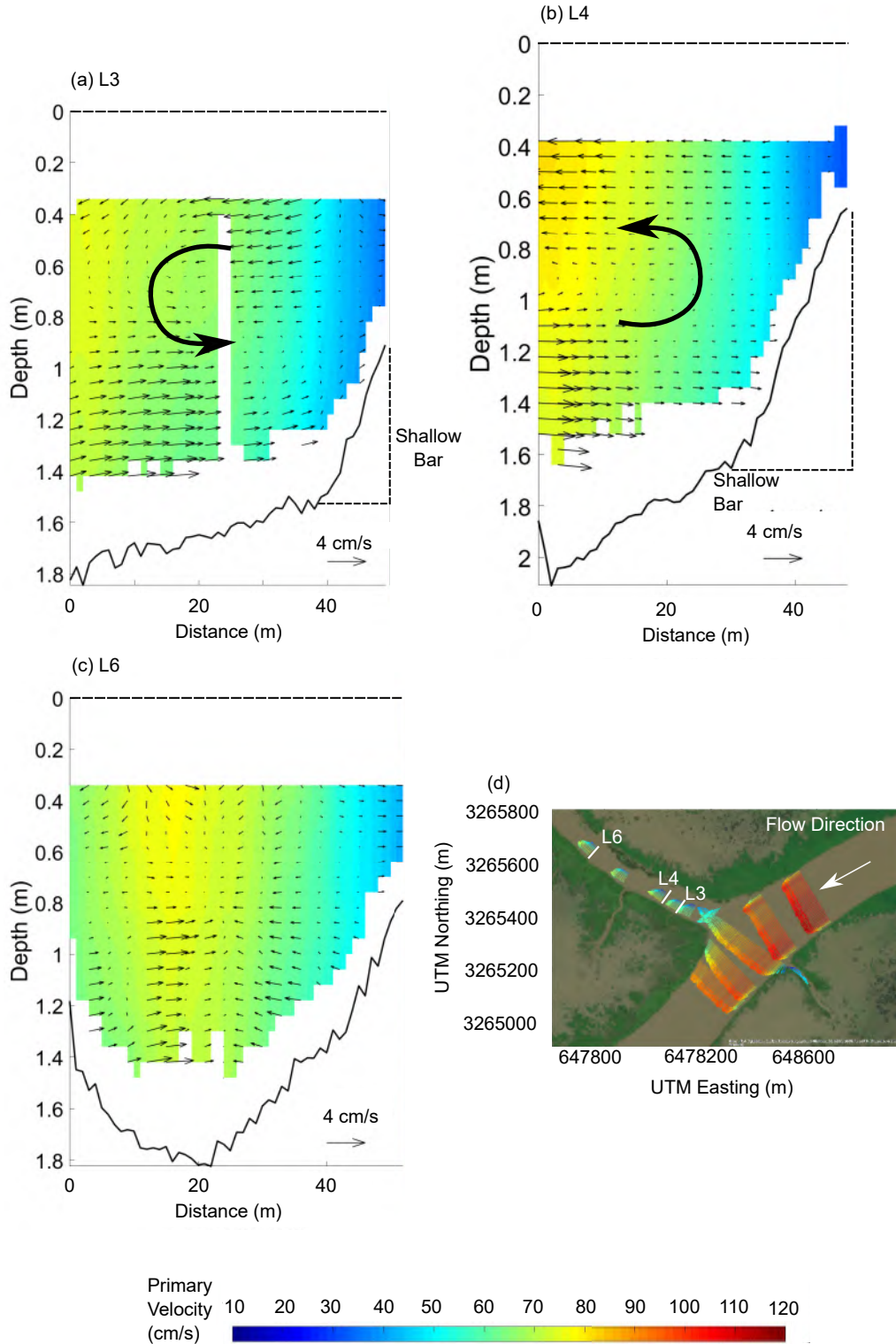


397 depths (a channel width). Additionally, a clockwise secondary circulation can also be ob-  
398 served in the depression zone of M4 (Fig. 6b and S3a). At transect M5, a counter-clockwise  
399 cell was observed in the depression zone during falling tide (Fig. 7a), whereas a clock-  
400 wise cell was observed there during rising tide (Fig. 7c). Large transverse current towards  
401 the main channel from the island was observed both at M4 (Fig. S3d) and M5 (Fig. 7d)  
402 during campaign 2 compared to the smaller transverse current from the same direction  
403 during campaign 1 (Fig. S3b and 7b).



**Figure 7.** Flow structure and transverse velocity at transect M5, downstream of the lateral channel (looking downstream). The secondary velocities in Rozovskii reference frame are shown by arrows and Rozovskii primary velocities as contour in (a) and (c) respectively from campaign 1 (falling tide) and campaign 2 (rising tide). The transverse velocities with stream-wise velocities as contour from campaign 1 and 2 are presented in (b) and (d), respectively. The inset shows the location of the transect.

404 Inside the lateral channel, a coherent counter-clockwise rotating circulation cell (look-  
405 ing downstream) was identified for transects L3-L4 during both campaigns (Fig. 8a and  
406 b). A clear separation between the slower flow along the right bank and faster flow along  
407 the left bank was observed. This counter-clockwise rotating cell had a helical velocity  
408 approaching 3 cm/s which was comparatively weaker than that observed in the main chan-  
409 nel, and approximately 5% of the primary velocity. Further inside the lateral channel,  
410 the coherent counterclockwise rotating flow structure started to break down (Fig. 8c)  
411 as the depth gradually decreased and the high-velocity core, along with the channel thal-  
412 weg, moved to the center of the lateral channel. In the rising tide survey, the circulation  
413 cell was observed to break down inside the channel at a distance of 2.6-4.5 lateral chan-  
414 nel widths (Table 1).



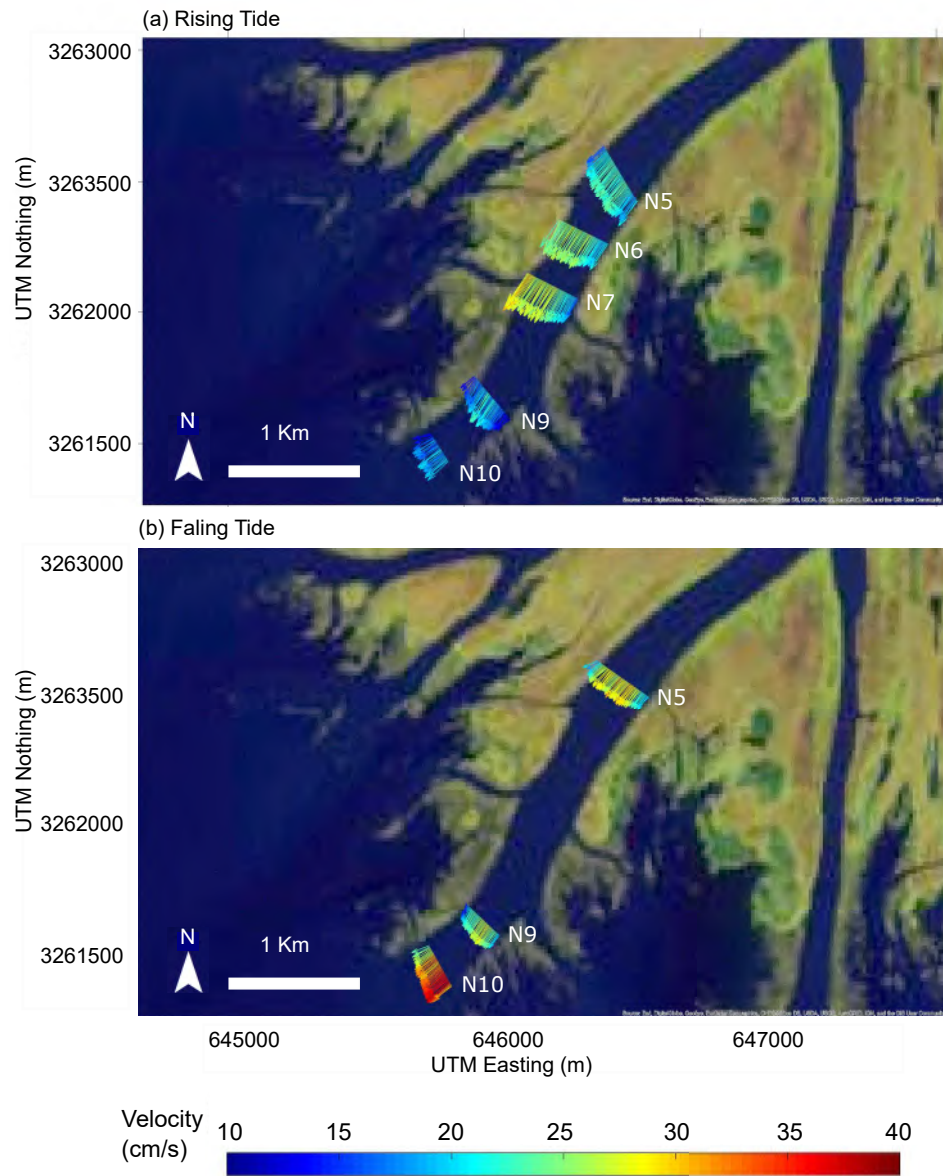
**Figure 8.** Flow structure at (a) transect L3, (b) transect L4, and (c) transect L6 into the lateral channel (looking downstream). The contour shows the primary velocity and secondary velocities are shown by arrows in the Rozovskii reference frame. The velocity data was collected during campaign 2. The inset shows the location of the transects.

## 3.2 Unchannelized Lateral Outflow

### *Discharge and Flow Characteristics*

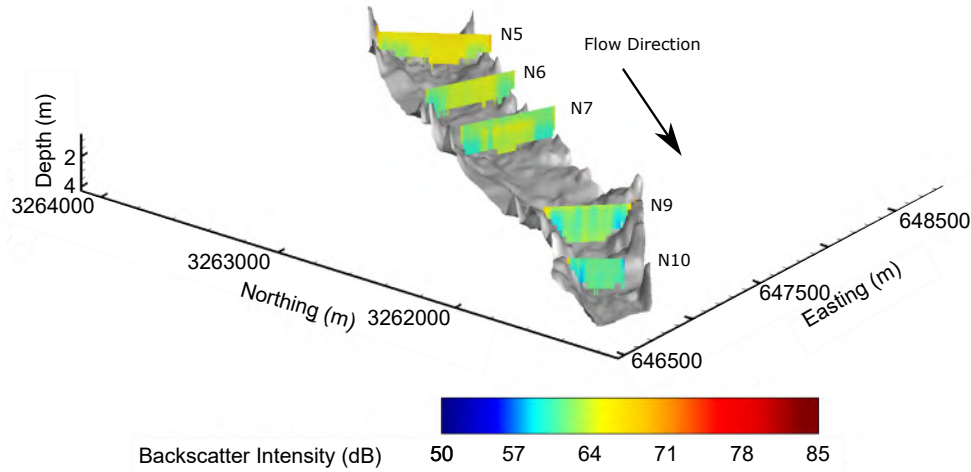
Discharge at the upstream end of Gadwall Pass during campaign 3 was 388 m<sup>3</sup>/s, which gradually decreased downstream. At transects N9 and N10, the average discharge was 229 m<sup>3</sup>/s and 168 m<sup>3</sup>/s, respectively. This represents a discharge loss of 37% and 54% relative to the upstream end, respectively. During campaign 4, the upstream discharge was higher (522 m<sup>3</sup>/s) and the trend was similar until transect N10. At N10 (500 m downstream of N9) the discharge (361 m<sup>3</sup>/s) was anomalously higher than that of N9 (278 m<sup>3</sup>/s). A possible explanation for the increase in discharge at N10 is a lateral flux of water coming to the distributary channel near the transect from the inundated island regions due to tidal factors. The lateral outflow volume at N9 was 30% of that of N5 during campaign 4. A discharge summary for UO surveys is provided in the supporting information (Fig. S2).

The average velocity at Gadwall Pass during campaign 3 was significantly lower as a consequence of smaller discharge through the channel compared to campaigns 1 and 2. During the rising tide, there was an increase in velocity near transect N7 relative to N5 (Fig. 9a). This increase might be attributed to the interaction with subaqueous channels near the transect location. The velocity core visible at the right bank of N7 gradually disappeared at transect N10, which lost 54% of flow due to significant lateral outflow. During campaign 4 (Fig. 9b), the high-velocity core strengthened at N10 and moved towards the left bank. During campaigns 3 and 4, the Froude numbers at transect N9 were 0.031 and 0.042, respectively, and at N5 were 0.038 and 0.046, respectively.  $M_r'$  for outflow from transect N5 to N9, varied between 0.177 km<sup>-1</sup> and 0.211 km<sup>-1</sup> and for N5 to N10 on campaign 3 was, 0.218 km<sup>-1</sup>.



**Figure 9.** Depth-averaged velocity vectors along the Gadwall Pass for (a) campaign 3, rising tide, 13 September 2019, and (b) campaign 4, falling tide, 14 September 2019.

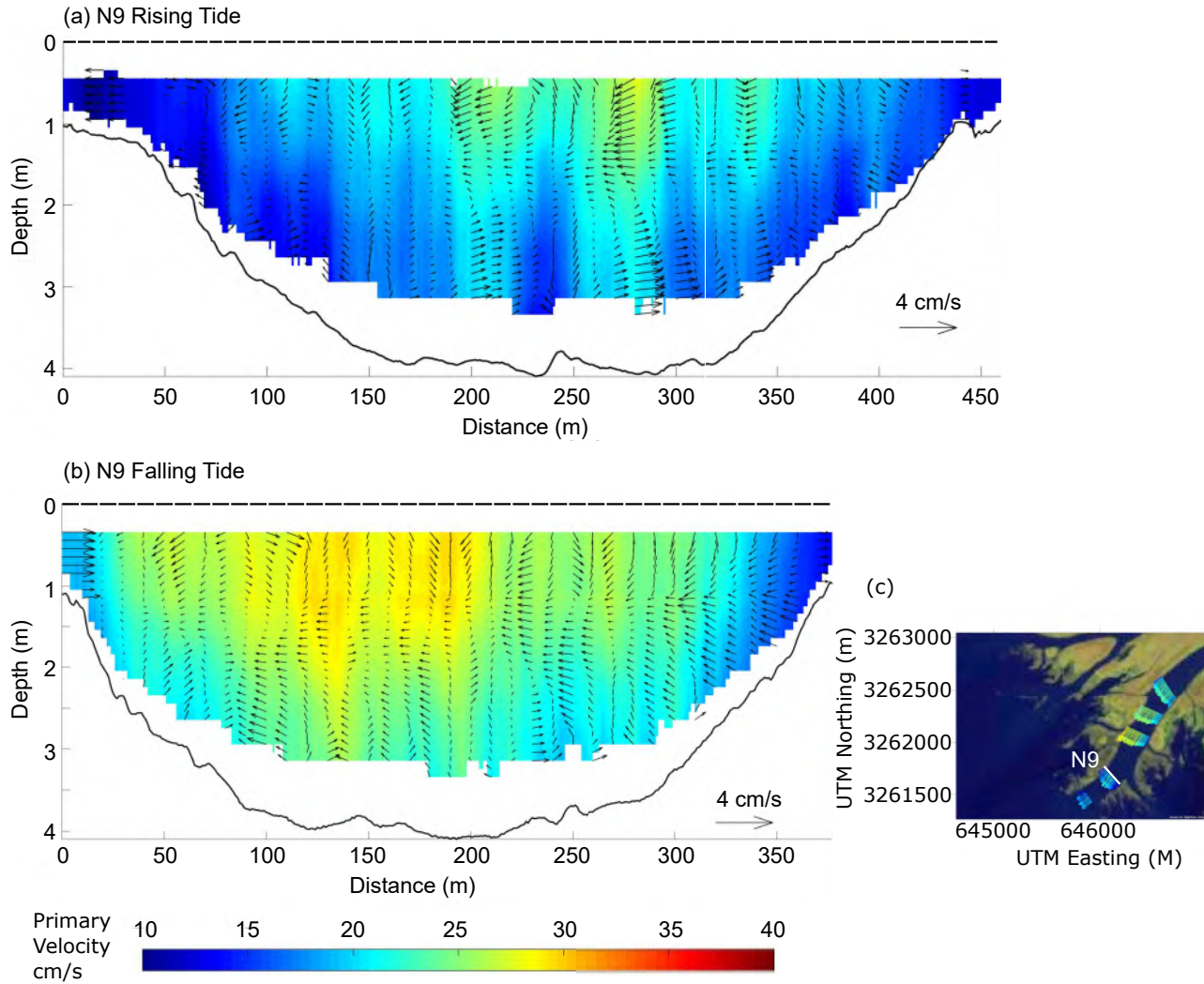
439 In campaign 3, the backscatter intensity dropped at the location of transect N9 (Fig. 10).  
 440 Also at N9 the backscatter is higher ( $\sim 7$ dB) over the subaqueous levees than the main  
 441 channel. Additionally, this transect had 30% discharge loss relative to N5 due to lateral  
 442 outflow (Fig. S2).



**Figure 10.** Backscatter intensity data for the Unchannelized Outflow during campaign 1 (rising tide, 13 September 2019).

#### 443 *Flow Structure*

444 During the UO outflow surveys on campaigns 3 and 4, no significantly coherent sec-  
 445 ondary structures were observed at any of the transects (Fig. 11a and b). During rising  
 446 tide, there's a hint of a loosely coherent counter-clockwise rotating structure in the mid-  
 447 dle of transect N9 (Fig. 11a), although it was not observed during falling tide (Fig. 11b).  
 448 Therefore, tides seem to have an effect on the secondary structures in the unchannelized  
 449 zone that may also be driven by modulation of the water-level gradient. Minimal tur-  
 450 bulent exchange in this unconfined part of the delta has also been previously reported.  
 451 Thus the incoherence of flow structures is expected as also the channel discharge was con-  
 452 siderably lower. The transverse flow was observed to be directed from the right bank to  
 453 the left bank (looking downstream) during both campaigns 3 and 4 (Fig. S4).



**Figure 11.** Flow structure at transect N9, downstream part of Gadwall Pass (looking downstream). The contour shows the primary velocity and the secondary velocities in Rozovskii reference frame are shown by arrows for (a) campaign 3 (rising tide, 13 September 2019) and (b) campaign 4 (falling tide, 14 September, 2019) (c) Location of the transect.



## 4 Discussion

The results from this study provide an insight into the lateral outflow process in deltaic systems and how it impacts the three-dimensional flow structure, sediment transport mechanisms, and delta morphology. Coffey and Shaw (2017) suggested that lateral outflow is a vital mechanism for delta growth and maintenance. Besides, flow loss through lateral outflow is also responsible for modulating the velocity and sediment transport trends in the lowermost reach of a river (Esposito et al., 2020). Accordingly, lateral outflow is likely a salient feature of prograding deltas, making the lateral outflow observed at WLD more of the norm rather than the exception. Therefore, results from this study and the flow features described previously in the literature, all suggest that the findings can be extended to the lateral outflow conditions in other deltas to understand natural land building processes with implications for sediment diversion.

### How does lateral outflow affect the three-dimensional flow structure within delta distributary channels?

Three-dimensional flow structure data from the channelized outflow sites (Fig. 6, 7, 8) indicate formation of the unique secondary circulation cells induced by lateral outflow. A coherent counter-clockwise rotating cell was observed inside the lateral channel (Fig. 8a and b) along with a clockwise rotating cell at the depression zone of transect M4 (Fig. 6b). Although the system studied here is discordant (bed elevation difference between the main and lateral channels), the circulation pattern of these two cells matches the previous observations made on non-discordant 90° diversions (Neary et al., 1999; Herrero et al., 2015; Dutta et al., 2017). The coherent counter-clockwise rotating helical cell observed in the upstream separation zone on the right bank (Fig. 6a and c) suggests that the influence of channelized outflow extends even upstream as far as 120m (half channel width) from the lateral channel mouth. These circulation cells are fueled by the imbalance between transverse pressure gradient, shear, and centrifugal forces (Neary & Odgaard, 1995). We hypothesize that the strength of these cells for a discordant system depends on the momentum flux effectively removed by the lateral channel from the main flow similar to the interpretation made by Herrero et al. (2015) in case of a non-discordant diversion. The flow structures observed for channelized outflow were not appreciably altered by tides, but the depth-averaged velocity demonstrated a significant change (Fig. 4).

The bathymetry for transects M4 and M5 (Fig. 3) indicates a depression zone on the right bank and resembles a compound channel with a floodplain. The depression zone observed (Fig. 6b and 7) was reported previously by Herrero et al. (2015) for a similar lateral outflow configuration and they suggested that sedimentation occurs in the depression zone below a threshold momentum flux ratio ( $M_r$ ) of 0.04. For campaign 1 and 2,  $M_r$  for the CO system was 0.04 and 0.03 respectively (Table 1) suggesting sedimentation may have occurred during both surveys. Varying  $M_r$  with discharge, tides, and storms may modify the zone as temporally erosional or depositional. Although, the hydrodynamic parameters suggest deposition at the depression zone during survey times, the data is not enough to predict the trend of long term erosion or deposition.

At transect M4 and M5, water was observed to enter the channel from the island, which altered the flow structure patterns. At transect M5 (Fig. 7), a small crevasse on the right bank induced a counter-clockwise rotating cell in the right bank of the main channel (Fig. 7a) during campaign 1. The circulation cell was not present during campaign 2 and only one clockwise rotating secondary structure could be identified in the main channel (Fig. 7c). The transverse velocity vectors (Fig. 7d) indicate a large transverse current from the floodplain to the channel on campaign 2 compared to the smaller flow during campaign 1 (Fig. 7b). A similar observation was made at transect M4 (Fig. S3) showing a larger transverse current moving into the main channel during rising tide (Fig. S3d) but the circulation direction remained unchanged during both campaigns (Fig.

505 S3a and c). It is difficult to assess the effect of transverse current from M4 because of  
 506 that but the non existence of the crevasse induced counter-clockwise circulation at M5  
 507 during rising tide (Fig. 7c) supports the observation by Proust and Nikora (2019) sug-  
 508 gesting if the transverse flow direction is from the floodplain to the channel, the secondary  
 509 cells merge into a single cell in the main channel. For UO, such observation could not  
 510 be made (Fig. 11 and S4) perhaps because of the significantly lower flow velocity. Ad-  
 511 ditionally, the channel-wide clockwise circulation observed in four of the transects in the  
 512 the main channel (Fig. 6 and 7) is likely to be the very large scale motion (VLSM) de-  
 513 scribed by Proust and Nikora (2019). Though, the interaction between VLSM and lat-  
 514 eral outflow induced secondary circulation remains unclear, it can be hypothesized that  
 515 the presence of a channel or crevasse causing lateral outflow may influence the spatial  
 516 extent of such VLSM cells.

517 In agreement with the previous 90° open channel diversion studies (Neary et al.,  
 518 1999; Herrero et al., 2015; Dutta et al., 2017), a shallow elongated bar was observed in-  
 519 side the lateral channel (Fig. 3). The associated counter-clockwise rotating secondary  
 520 circulation (Fig. 8) observed at transects L3 and L4, may scour the channel bed in the  
 521 left bank, entrain and carry the scoured sediment near the right bank, where the flow  
 522 is slower (Fig. 4). This mechanism may lead to the formation of the elongated shallow  
 523 bar in the reduced velocity zone on the right bank. In addition, we observed this coher-  
 524 ent cell breaking down after a distance of 2.6-4.5 lateral channel width into multiple cells  
 525 (Fig. 8c). This distance may depend upon the momentum flux available inside the lat-  
 526 eral channel. Although no shallow bar was observed on the opposite bank of the lateral  
 527 channel, in contrast to the results from non-discordant diversion modeling efforts (Bulle,  
 528 1926; Neary et al., 1999). This may be attributed to the environmental set up of the lat-  
 529 eral channel or to the presence of a strong lateral flow through a crevasse on the oppo-  
 530 site bank of the lateral channel.

### 531 **Does lateral outflow impact the mechanism of sediment transport from** 532 **the channel to the island?**

533 The effect of the outflow induced circulation cells in the CO zone on transport pro-  
 534 cess can be inferred from the backscatter intensity data from the surveys (Fig. 5). Backscat-  
 535 ter intensity has been used previously as an indicator of suspended sediment concentra-  
 536 tion in a system (Dinehart & Burau, 2005). The increased intensity in the separation  
 537 zone and inside the lateral channel (Fig. 5), can be interpreted as a representation of in-  
 538 teraction between the outflow induced circulation cells and the suspended sediment par-  
 539 ticles. The intensity may increase if the lateral channel or crevasse becomes narrower and  
 540 the circulation it induces becomes stronger as a result of increasing  $M_r'$ . From the cal-  
 541 culation of settling velocity in section 2.4, it was found that for the median grain size  
 542 of  $106\mu m$  (Shaw et al., 2013) in WLD, the settling velocity was 0.8 cm/s. The counter-  
 543 clockwise rotating coherent circulation cell velocity for the channelized outflow, which  
 544 was 2-4 cm/s (Fig. 6a), is an order of magnitude greater than the settling velocity and  
 545 thus may entrain the median sized particles, keep them suspended, and transport them  
 546 inside the lateral channel. According to this calculation, this cell may effectively entrain  
 547 and transport particles of grain size up to 200  $\mu m$ .

548 Though flow structures for unchannelized outflow did not show any significant co-  
 549 herent circulation during the surveys, the backscatter intensity suggests (Fig. 10) sed-  
 550 iment being transported to the islands or falling out of suspension. Shaw et al. (2016)  
 551 suggested from their flow pattern study that the lateral turbulent mixing from the un-  
 552 stable flow is minimal in the subaqueous delta and Hiatt and Passalacqua (2017) showed  
 553 that the unconfined flow regime of the delta has a gradient of water-level between the  
 554 channel and the island. Therefore, the flow structure data of unchannelized outflow is  
 555 in agreement with the conclusion from Shaw et al. (2016). The existence of a water-level  
 556 gradient along with the gently sloped, widespread levees in the subaqueous delta sug-

gests that the sediment transport in this part of the delta is mostly advective (Adams et al., 2004; Shaw et al., 2016). However, after a major flood, the levee morphology in such areas was observed to be shifted towards being narrow and steep (Bevington & Twilley, 2018). We anticipate that during floods the dominant sediment transport mechanism shifts to turbulent diffusion (Adams et al., 2004) as then there is enough lateral momentum available to form secondary coherent structures (Kelvin-Helmholtz type coherent structures or KHCS and Secondary currents or SC), but there is not sufficient data to address them in this study. In such cases, KHCS and SC may become the dominant control over the transport of sediment to the islands and construct steeply sloped levees as suggested by the observations of Bevington and Twilley (2018) at WLD following the 2011 flood. Existence of an outflow momentum flux ratio threshold is thus proposed here for which the transport mechanism shifts from advective to turbulent diffusion. From the calculated  $M_r'$  for both CO and UO surveys, we hypothesize that the threshold ratio required for the switch, lies in between  $0.211 \text{ km}^{-1}$  and  $0.375 \text{ km}^{-1}$ .

Existence of shear-induced Kelvin Helmholtz type horizontal coherent structures can be a major control over the lateral momentum exchange (van Prooijen et al., 2005; Truong et al., 2019; Proust & Nikora, 2019), but it was not possible to capture their presence with the current field measurements. Moreover, the secondary circulation cells may influence the transport effect of such horizontal structures. The existence of such cells can be of prime importance for the transport of sediment, particles, and nutrients into the islands through channelized and unchannelized outflow.

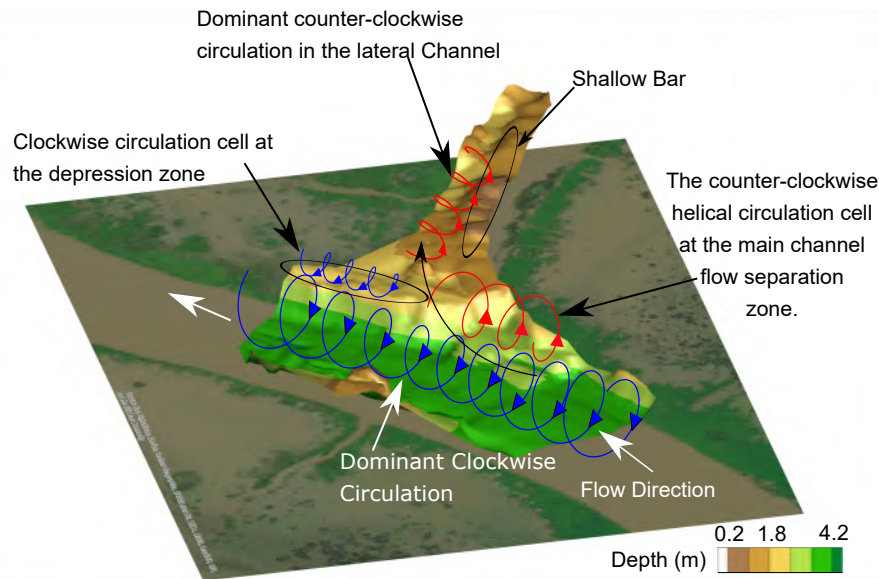
The effect of vegetation was integrated in the field data, and it is currently not considered independently, though vegetation likely has a significant impact on flow structure, transport, and retention of sediment (Nepf & Vivoni, 2000; Nepf, 2012; Olliver et al., 2020). Therefore, the threshold outflow momentum flux ratio can vary from what is suggested here based on the presence of vegetation. A detailed numerical simulation is required to come to a more precise limit for the threshold.

## **A Conceptual Model of Flow Structure and Sediment Transport Influenced by Lateral Outflow**

Based on these findings, a conceptual model is developed connecting the lateral outflow induced flow structures with the sediment transport mechanisms in a deltaic distributary system. The conceptual model can be parsed into two scenarios based on the outflow momentum flux ratio threshold.

### ***Channelized Outflow***

During non-flood periods, the discharge and velocity through the distributary channels are comparatively small. The discordant lateral channels receive a smaller amount of discharge and often, the sediment transport occurs solely through advection and controlled by the water-level gradient between the main channel and lateral channel. During high flow periods, if the channelized outflow system reaches the threshold  $M_r'$ , a counterclockwise rotating helical SC (Fig. 12) develops near the bank upstream (for right-sided channels, right bank). With sufficient helical velocity, this cell will entrain and transport suspended sediment from the separation zone into the lateral channel. In the main channel there may already exist VLSM (Fig. 12), which is either amplified or reduced by the SC. Additionally, the velocity difference between the main channel and lateral channel may induce shear induced KHCS at the lateral channel entrance contributing to the momentum transfer from and to the main channel. Downstream of the lateral channel, a clockwise rotating SC forms in the depression zone. A helical SC is generated inside the lateral channel rotating counterclockwise (Fig. 12) (for lateral channels on the right bank, looking downstream, clockwise for the left bank lateral channels), and the flow inside is separated into two zones. The left bank of the lateral channel carries the larger part of

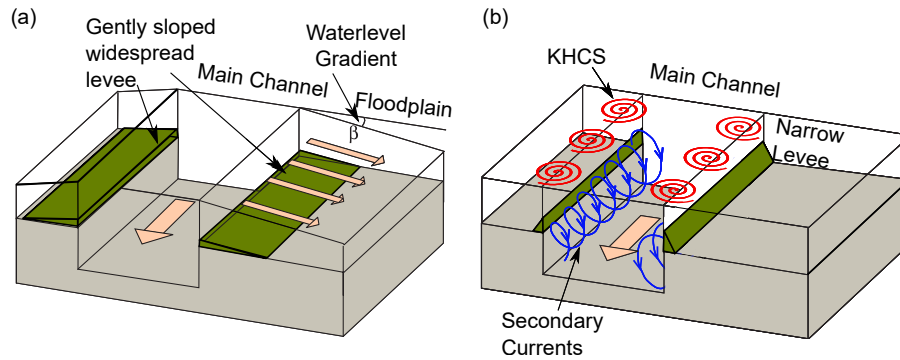


**Figure 12.** Conceptual figure of channelized lateral outflow

607 the flow with higher velocity and thus scours the left bank. The scoured sediment are  
 608 carried by the circulation cell and deposited near the right bank of the channel, forming a  
 609 shallow bar (for left bank lateral channels, a clockwise circulation cell will deposit  
 610 sediment near the left bank scouring the right side of the channel). The counterclock-  
 611 wise cell inside the lateral channel gradually breaks down with distance and the thal-  
 612 weg shifts from left to the center of the channel, sediment deposition occurs, and the depth  
 613 gradually decreases.

#### 614 *Unchannelized Outflow*

615 For the unconfined zone of the delta, turbulent activity is minimal during non-flood  
 616 discharges. A water-level gradient exists between the distributary channels and the in-  
 617 undated islands (Hiatt & Passalacqua, 2017). Sediment transport in the unconfined parts  
 618 of the delta is dominated by advection during regular flow periods. Sediment transport  
 619 incorporated with the outflow process builds natural levees on the island edge. The levees  
 620 formed by advection are gently sloped and widespread along the island edge (Fig. 13a).  
 621 When floods occur, the distributary channels carry enough momentum to induce coher-  
 622 ent secondary structures at the channel island interface. Once the  $M_r'$  threshold is reached,  
 623 and helical circulation cells (SC) start to form close to the banks. The velocity gradi-  
 624 ent between the main channel and islands acts to establish KHCS, which contributes sig-  
 625 nificantly towards the momentum transfer between the channel and inundated islands.  
 626 In this way, SC and KHCS become the dominant sediment transport controls during flood  
 627 periods. Thus, with sufficient momentum, transport mechanism shifts from advection  
 628 to turbulent diffusion and narrow, steeper natural levee structures are formed (Fig. 13b).  
 629 The presence of vegetation may influence the effect of transport mechanism as sediment  
 630 retention is related to vegetation pattern (Temmerman et al., 2005). After the flood, the  
 631 transport mechanism again shifts back to advection, and low-gradient levees are favored.  
 632 The number of secondary circulation cells along the bank is difficult to assess from the  
 633 current field data and for that reason, only one cell near each bank is shown in the con-  
 634 ceptual figure (Fig. 13b).



**Figure 13.** Conceptual figure of sediment transport during unchanneled lateral outflow through (a) advection (low flow), (b) turbulent diffusion (high flow).

## 5 Conclusions

This study aimed to understand the effect of lateral outflow on the three-dimensional flow structure in the distributary channels of a river dominated delta. Lateral outflow is critical for deltaic maintenance, growth, and morphodynamic evolution. Thus, studying flow structure in a deltaic system experiencing lateral outflow can provide valuable insight into the natural land-building processes, which will be helpful to maximize the result of ongoing restoration efforts. Accordingly, the flow structure in two distributary channels subject to two different types of lateral outflow at Wax Lake Delta (WLD) was studied here.

Hydrographic surveys were performed using an acoustic Doppler current profiler (ADCP) to map the flow structure and bathymetry of two sites typifying channelized and unchanneled outflow zones in a prograding river delta. A conceptual model for the flow structure and a transport mechanism framework was developed. In the channelized outflow site, four coherent secondary structures were observed, whereas no significant coherent secondary circulations were observed for the site with unchanneled outflow. Though tides had a marginal effect on secondary flow structures at the channelized outflow site, tides did alter secondary flow structures in the unchanneled outflow site.

Patterns in bed morphology were linked to the coherent circulation cells. Backscatter intensity data from the survey were used to qualitatively assess sediment transport pathways related to the observed secondary flows. In addition, a calculation of particle settling velocity at WLD showed that the observed outflow induced coherent circulation cells were capable of carrying suspended particles up to  $200 \mu\text{m}$  into the lateral channel.

Flow structure observations for unchanneled outflow along with the observation by previous literature suggest advective sediment transport from the channels to the islands in this region during periods of low flow. The effect of outflow on flow structure here is minimal as the momentum transfer occurs over a large distance, unlike the smaller outflow length in case of channelized outflow. During floods, with sufficient lateral momentum, a shift of transport mechanism to turbulent diffusion may occur leading to a change in levee morphology. A framework for this shift and transport is suggested based on a hypothesized threshold outflow momentum flux ratio that lies in between  $0.211 \text{ km}^{-1}$  and  $0.375 \text{ km}^{-1}$  above which horizontal and vertical secondary flow structures may form in the distributary channels, and impact sediment transport. Below the threshold, the water-level gradient controls the advective transport of sediment to the islands.

669 The results from this study suggests that the maximum grain size of suspended sed-  
 670 iments carried inside the lateral channel may depend on the strength of the secondary  
 671 circulation cell in the upstream separation zone which is dependent upon the outflow mo-  
 672 mentum flux ratio. Patterns in three dimensional flow structure may help understand  
 673 the morphology and evolution of discordant bifurcations and crevasses. Additionally, the  
 674 lateral momentum flux ratio introduced here may help predict the size of sediment avail-  
 675 able for transport either through channelized or unchannelized outflow, which has im-  
 676 plications for the operation and evaluation of sediment diversions intended for coastal  
 677 restoration.

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