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2 **Reduced High-Latitude Land Seasonality in Climates with Very High**
3 **Carbon Dioxide**

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Matthew Henry* and Geoffrey K. Vallis

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Department of Mathematics, University of Exeter, Exeter, UK

6 *Corresponding author: Matthew Henry, m.henry@exeter.ac.uk, @mattjohenny

ABSTRACT

7 Observations of warm past climates and projections of future climate change show
8 that the Arctic warms more than the global mean, particularly during winter months. Past
9 warm climates such as the early Eocene had above-freezing Arctic continental temperatures
10 year-round. In this paper, we show that a reduced Arctic land seasonality with increased
11 greenhouse gases is a robust consequence of the smaller surface heat capacity of land
12 (compared to ocean), without recourse to other processes or feedbacks. We use a General
13 Circulation Model (GCM) with no clouds or sea ice and a simple representation of land.
14 The equator-to-pole surface temperature gradient falls with increasing CO₂, but this is only
15 a near-surface phenomenon and occurs with little change in total meridional heat transport.
16 The high-latitude land has about twice as much warming in winter than in summer, whereas
17 high-latitude ocean has very little seasonality in warming. A surface energy balance
18 model shows how the combination of the smaller surface heat capacity of land and the
19 nonlinearity of the temperature dependence of surface longwave emission gives rise to the
20 seasonality of land surface temperature change. The atmospheric temperature change is
21 surface-enhanced in winter as the atmosphere is near radiative-advective equilibrium, but
22 more vertically homogeneous in summer as the Arctic land gets warm enough to trigger
23 convection. While changes in clouds, sea ice, and ocean heat transport undoubtedly play
24 a role in high latitude warming, these results show that enhanced land surface temperature
25 change and surface-enhanced atmospheric temperature change in winter can happen in
26 their absence for very basic and robust reasons.

27 **Plain language significance statement**

28 As we add greenhouse gases to the atmosphere, the Earth's surface gets warmer and this
29 is especially pronounced in the Arctic in winter. For the current and near-future climate,
30 this is at least in part due to the melting of sea ice. However, as time progresses all the sea
31 ice melts, and even after that climate models show enhanced polar warming, with most
32 of the warming occurring over Arctic land in winter. Moreover, fossils indicate that the
33 very warm climates of the past (some 50 million years ago for example) had exceptionally
34 warm Arctic winters. Previous work has attributed this reduced seasonality over Arctic
35 land to the effects of sea ice or clouds. Here, we identify a robust mechanism, based on
36 the smaller heat capacity of land and the fact that cold bodies need to warm more to reach
37 a given increase in radiation, as to why Arctic land should have a reduced seasonality in
38 very warm climates. The mechanism depends neither on sea ice nor clouds.

39 **1. Introduction**

40 The early Eocene (48–56 million years ago) had an 'equable climate', with a smaller
41 equator-to-pole temperature gradient than today, at least at the surface, with year-round
42 above-freezing temperatures at high latitude continents. Proxy records indicate that at
43 latitudes around 75 degrees North, the annual-mean temperature was about 8°C, the
44 cold month mean temperature was between 0°C and 3.5°C, and the warm month mean
45 temperature was between 19°C and 20°C (Eberle et al. 2010; Evans et al. 2018). Carbon
46 dioxide concentrations in the early Eocene are uncertain, and have been variously estimated
47 to be as little as 600 ppm or well over 4000 ppm (Beerling and Royer 2011).

48 Understanding the temperature structure under such conditions is sometimes called
49 the 'equable climate problem', since although very warm high latitudes can be achieved
50 simply with very high values of CO₂ or other greenhouse gases, simulations often give
51 rise to very high tropical temperatures, possibly incompatible with proxy records (Huber
52 and Caballero 2011). However, the incompatibility is itself uncertain as more recent
53 proxies of early Eocene tropical SSTs do indicate temperatures warmer than previously
54 estimated, and tropical temperature estimates tend to have large error margins (Pearson
55 et al. 2007). Nevertheless, the balance of evidence is that in equable climates, the increase
56 in temperature at high latitudes (over the temperature of today) was greater than the increase
57 at low latitudes, at least in winter months. This result is not fully understood, for it implies

58 either a greater meridional heat transport in the atmosphere-ocean system or a change
59 in the vertical temperature structure of the atmosphere, or some change in seasonality,
60 or a combination of these effects. Maintaining above-freezing temperatures over land in
61 high-latitude winter seems particularly problematic, since the low heat capacity of land
62 suggests that temperatures will cool rapidly in winter when there is no incoming solar
63 radiation.

64 As in past warm climates, the surface temperature change at high latitudes is amplified
65 in projections of future climate change (Holland and Bitz 2003). This has been variously
66 attributed to the surface albedo feedback (critically discussed by Winton 2006), a tem-
67 perature feedback (Pithan and Mauritsen 2014), and increased meridional atmospheric
68 energy transport (Hwang and Frierson 2010). Investigation of the vertical structure of
69 temperature change also shows that, at high latitudes, the CO₂ forcing and water vapor
70 feedback lead to surface enhanced warming (Taylor et al. 2013; Henry et al. 2020), in
71 contrast to the tropics where convection fixes the vertical structure of temperature to the
72 moist adiabat. The surface albedo feedback also increases high latitude surface warming
73 but leads to a decrease in the dry component of atmospheric energy transport convergence
74 (Hwang et al. 2011; Henry et al. 2020).

75 A number of simulations with comprehensive General Circulation Models (GCMs) have
76 addressed these issues, both for past climates and future warming. Thus, for example, Hu-
77 ber and Caballero (2011) show that, by increasing CO₂ to high but feasible concentrations
78 in a fully-coupled general circulation model (GCM), sufficient winter polar amplification
79 occurs over land to maintain above-freezing temperatures. The possible range of appro-
80 priate levels of CO₂ concentration to best represent the early Eocene is still rather wide
81 though — they suggest between 2500 ppm and 6500 ppm. Other models have given differ-
82 ent results and the mechanisms responsible for enhanced winter warming are still debated.
83 For example, Abbot and Tziperman (2008) show that deep convection and consequent
84 cloud longwave radiative forcing can maintain warm Arctic temperatures over winter in
85 high CO₂ climates and Cronin and Tziperman (2015) discuss the role of low clouds in the
86 formation of Arctic continental air masses. In winter, maritime air masses are advected
87 onto continents: if their initial state is warmer, they are more likely to form low clouds
88 which suppresses surface radiative cooling and amplifies the continental surface warming.
89 They report a two degrees increase in continental surface temperatures for every degree
90 of initial maritime near surface air temperature increase. Furthermore, Lunt et al. (2012)
91 find that differences between GCM simulations of the early Eocene are mainly due to

92 clear-sky longwave feedbacks, surface albedo feedbacks, and aerosol loading, rather than
93 cloud feedbacks or boundary conditions.

94 The amplified Arctic winter warming under anthropogenic global warming has been
95 attributed to increased seasonal heat storage in the ocean in summer from the surface albedo
96 feedback and consequent increased ocean heat release in winter which, in combination
97 with a surface-enhanced vertical structure of atmospheric temperature change, potentially
98 leads to more warming in winter (Bintanja and Van der Linden 2013; Pithan and Mauritsen
99 2014). A rather different explanation is given by Lu and Cai (2009), who analyze the
100 surface energy budget of comprehensive climate models. They find that the increased
101 winter warming is due to the clear-sky longwave feedback, including the effects of a lapse
102 rate change. Evidently, the roles of sea ice, seasonal heat storage, and the lapse rate change
103 on the seasonality of polar amplification remain unclear, in part due to the difficulties of
104 analyzing comprehensive climate models.

105 Our goal in this paper is to isolate and thereby better understand the various mechanisms
106 involved in high latitude warming. The detailed configurations differ considerably between
107 past warm climates and future anthropogenic warming (e.g. the presence of sea ice and
108 the differing continental configurations), hence we focus on robust effects that can apply in
109 both situations. To this end, we use a GCM with no sea ice, clouds or ocean circulation, but
110 with land-ocean contrasts and a comprehensive radiation scheme (Manners et al. 2017).
111 We find that high latitude land warms more in winter and less in summer compared to the
112 high latitude ocean, in response to an increase in CO₂ concentration. Moreover, the high
113 latitude atmospheric temperature change is surface-enhanced in winter and more vertically
114 homogeneous in summer. These results depend only on the smaller heat capacity of land
115 compared to ocean and the nonlinearity of the temperature dependence of surface infra-red
116 emission.

117 In section 2, we describe our idealized GCM simulations and also analyze the high
118 latitude surface temperature change of two more comprehensive Earth system models
119 under a high emissions scenario. In section 3, we use a simple surface energy balance
120 model to show that the enhanced Arctic continent winter warming arises through the
121 combination of the smaller land surface heat capacity and the nonlinearity of the temper-
122 ature dependence of surface longwave emission. This can also be understood by using a
123 forced damped oscillator model. In section 4, we discuss the seasonality of high latitude
124 atmospheric temperature change, which is surface-enhanced in winter as the atmosphere

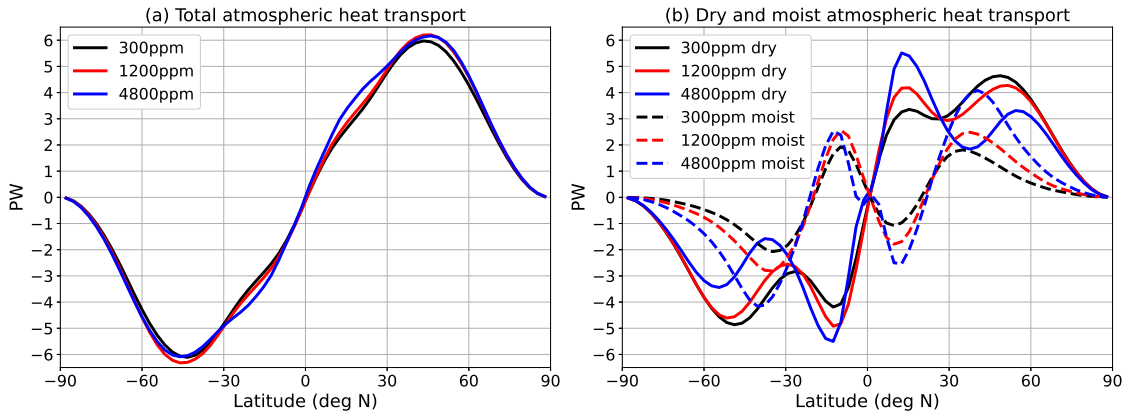
125 is near radiative-advective equilibrium, but more vertically homogeneous in summer as
126 the Arctic land gets warm enough to trigger convection. In section 5, we conclude and
127 discuss the implications and limitations of this study.

128 **2. Experiments with General Circulation Models**

129 We use the Isca climate modeling framework (Vallis et al. 2018) in a fairly spare
130 configuration. Specifically, we have no clouds or sea ice, and a slab ocean boundary
131 condition, with a simple representation of land following present-day continental outlines.
132 We impose a seasonal cycle of insolation and use the comprehensive SOCRATES radiation
133 scheme for both solar and infra-red radiation (Manners et al. 2017; Thomson and Vallis
134 2019), with a constant surface albedo equal to 0.3 everywhere. In the form used here
135 SOCRATES maintains good accuracy with CO₂ levels up to a factor of 16 more than
136 today. Land differs from oceans only by the depth of its mixed layer and hence its surface
137 heat capacity, which we set to 2 meters equivalent water depth for continents and 20
138 meters for oceans, and by the roughness constant, which is set to be 10 times higher
139 over land than ocean. We use today’s distribution of continents. (The continents in the
140 Eocene were different from today’s but not appreciably so and land masses such as North
141 America, Greenland, and Europe are still recognizable.) Simulations are run at spectral
142 T42 resolution, which corresponds to approximately 2.8 degrees resolution at the equator.
143 Convection is calculated using a simplified Betts-Miller convection scheme (Frierson
144 2007). Large scale condensation is parametrized such that relative humidity does not
145 exceed one, and condensed water immediately returns to the surface. This configuration
146 thus (deliberately) excludes cloud feedbacks and effects of land-surface changes, but
147 maintains land-ocean contrasts and potential radiative-convective effects.

148 We first describe three simulations in which CO₂ concentrations are set to 300 ppm,
149 1200 ppm ($4 \times 300\text{ppm}$), and 4800 ppm ($4 \times 1200\text{ppm}$) respectively. Given the logarithmic
150 nature of CO₂ forcing with respect to concentration, the additional greenhouse effect from
151 each quadrupling is similar, being just slightly higher for the second quadrupling than for
152 the first (not shown). Later, we discuss ‘all-land’ and ‘all-ocean’ experiments, in which
153 the depth of the mixed layer is set to 2 m and 20 m respectively over the whole surface.

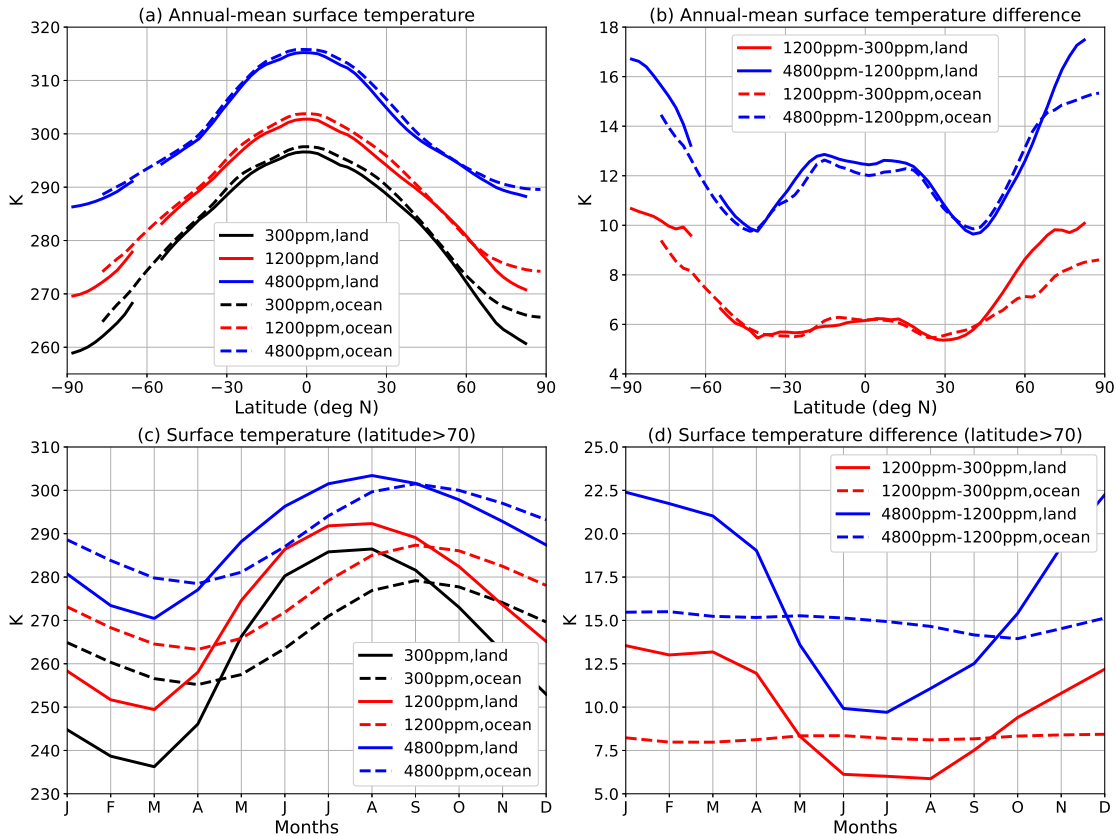
154 The total atmospheric heat transport is remarkably constant across the three experiments,
155 with the increase in moist atmospheric heat transport (arising from the higher temperature)



175 FIG. 1. Atmospheric heat transport. Total (a), dry and moist (b) northward atmospheric heat transport
 176 for the 300 ppm (black), 1200 ppm (red), 4800 ppm (blue) simulations.

156 being almost perfectly compensated by a decrease in dry atmospheric heat transport (fig.
 157 1). Consequently, the mid-tropospheric temperature gradient is about the same in all
 158 experiments. However, the surface meridional temperature gradient falls considerably
 159 with increased CO₂ levels with increased high-latitude temperatures, enhanced over land
 160 in winter. The annual-mean surface temperature for land (solid) and ocean (dashed) for
 161 the control simulation (black) and increased CO₂ simulations is shown in Figure 2a. Panel
 162 (b) shows the surface temperature change as CO₂ is increased from 300 ppm to 1200 ppm
 163 and from 1200 ppm to 4800 ppm. Despite the absence of sea ice, the surface temperature
 164 change is polar amplified as the high latitude atmosphere warms more near the surface
 165 in the absence of convection (Henry et al. 2020). The surface temperature change is
 166 about twice as large for the second quadrupling (1200 ppm to 4800 ppm) than for the
 167 first (300 ppm to 1200 ppm). This is mostly due to the much larger increase in absorbed
 168 solar energy for the second quadrupling as the atmosphere is warmer and moister (fig.
 169 3), the top-of-atmosphere forcing is also slightly larger in the extratropics for the second
 170 quadrupling (not shown). In this set of simulations the land and ocean warm by similar
 171 amounts in the tropics and midlatitudes, stemming from the fact that the evaporation is
 172 similar over the land as over the ocean and the air above land is as moist as the air above
 173 ocean (Byrne and O’Gorman 2013). If the land evaporative resistance is reduced the land
 174 does warm more than the ocean (not shown).

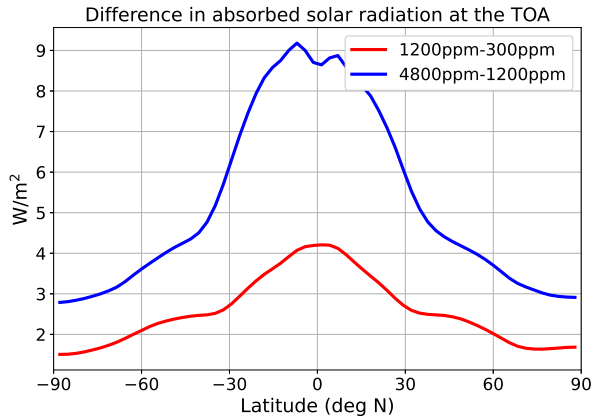
186 Figure 2c shows the surface temperature averaged poleward of 70 degrees North for
 187 land (solid) and ocean (dashed) for the control (black) and increased CO₂ simulations
 188 (1200 ppm in blue and 4800 ppm in red). The land temperatures stay above 273 K almost



177 FIG. 2. (a) Surface temperature over land (solid) and ocean (dashed) for the 300 ppm (black),
 178 1200 ppm (blue), 4800 ppm (red). (b) Surface temperature change over land and ocean between the
 179 300 ppm and 1200 ppm simulations (blue) and the 1200 ppm and 4800 ppm simulations (red). (c)
 180 Seasonality of surface temperature North of 70 degrees latitude for land (solid) and ocean (dashed)
 181 for the 300 ppm (black), 1200 ppm (blue), and 4800 ppm (red) experiments. (d) Surface temperature
 182 change North of 70 degrees latitude for land (solid) and ocean (dashed) between the 300 ppm and
 183 1200 ppm simulations (blue) and the 1200 ppm and 4800 ppm simulations (red).

189 year-round in the 4800 ppm simulation. Figure 2d shows the difference between the
 190 300 ppm and 1200 ppm simulations (blue) and the 1200 ppm and 4800 ppm simulations
 191 (red). There is a clear seasonality in land surface temperature change: for the difference
 192 between 300 ppm and 1200 ppm, it reaches 13 degrees in winter and 6 degrees in summer,
 193 whereas ocean surface temperature change is around 8 degrees year-round.

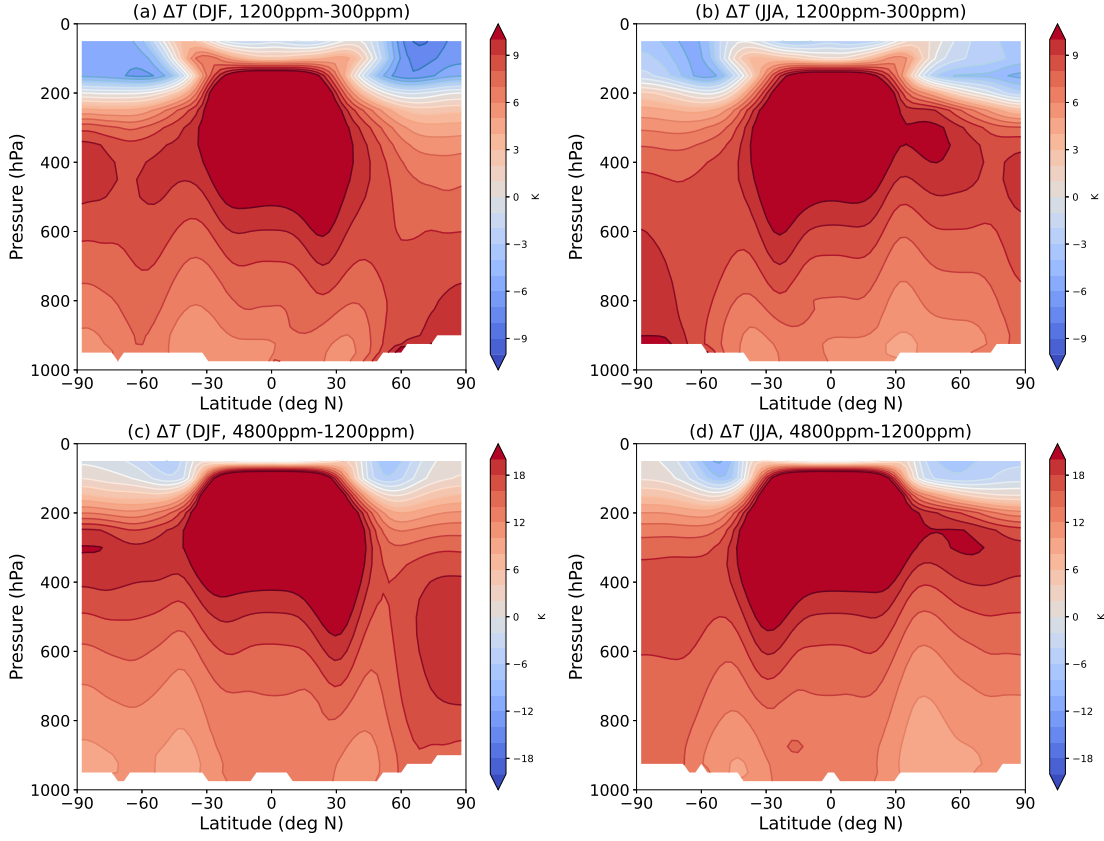
194 Figure 4 shows the atmospheric temperature change between the 300 ppm and 1200 ppm
 195 simulations (a,b) and between the 1200 ppm and 4800 ppm simulations (c,d) for winter



184 FIG. 3. Change in absorbed solar radiation at the top-of-atmosphere between the 300 ppm and
 185 1200 ppm simulations (blue) and the 1200 ppm and 4800 ppm simulations (red).

196 (a,c) and summer (b,d). For the first quadrupling (a,b), the high latitude temperature change
 197 is surface-enhanced in winter and top-heavy in summer. For the second quadrupling (c,d),
 198 the high latitude temperature change is top-heavy year-round, but more so in summer. The
 199 seasonality of atmospheric temperature change is investigated in section 4.

203 Comprehensive climate model simulations of a high anthropogenic emissions scenario
 204 also show enhanced warming over high latitude land in winter, even when Arctic sea ice
 205 has melted. Figure 5 shows results from two comprehensive climate models: the Canadian
 206 Earth System Model 5 (CanESM5) and the coupled model 6 from the Institut Pierre Simon
 207 Laplace (IPSL-CM6A-LR) under a high emissions scenario (the Shared Socioeconomic
 208 Pathway 5-8.5 (SSP5-8.5)). Panels a and c show the monthly Northern hemisphere sea
 209 ice area. Panels b and d show the Arctic land (solid) and Arctic ocean (dashed) surface
 210 temperature change between 2270-2300 and 2150-2180. For both models, once the sea
 211 ice is melted the Arctic land warms more in winter and less in summer than does the
 212 Arctic ocean, which warms uniformly throughout the year. We note that the two averaging
 213 periods (2270-2300 and 2150-2180) do not correspond to a climate in equilibrium, unlike
 214 the idealized model simulations. Differences in cloud feedbacks, ocean circulation and
 215 other processes may explain why the two models differ quantitatively. However, their
 216 results are generally consistent with each other and with the results of our more idealized
 217 model. This prompts us to seek a simpler, robust explanation of the seasonality of high
 218 latitude warming.



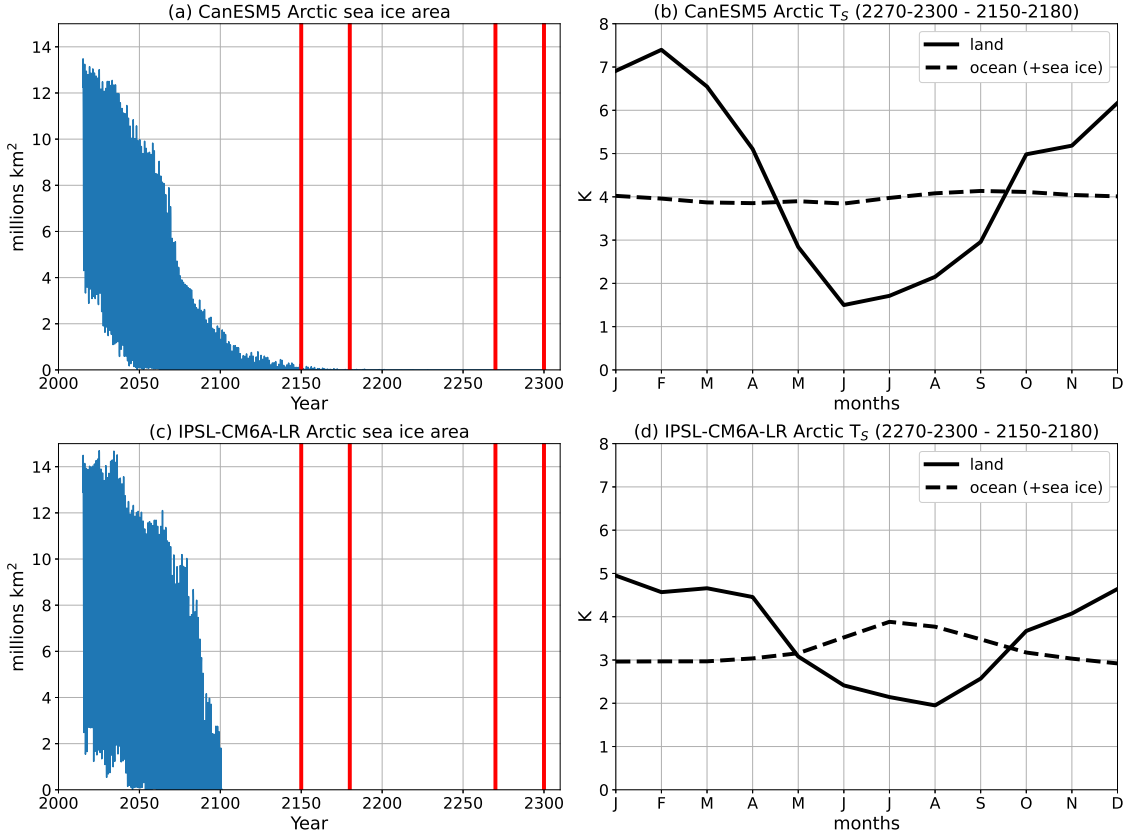
200 FIG. 4. Atmospheric temperature change between the 300 ppm and 1200 ppm simulations (a,b)
 201 and between the 1200 ppm and 4800 ppm simulations (c,d) for Northern Hemisphere winter (a,c)
 202 and summer (b,d).

228 3. Seasonality of surface temperature change

229 We use a simple surface energy balance model to better understand the seasonality of
 230 high latitude surface temperature. The surface energy balance in the model is given by

$$C \frac{dT_S}{dt} = SW_{\text{net}} + LW_{\text{down}} - \sigma T_S^4 + SH + LH, \quad (1)$$

231 where C is the surface heat capacity (equal to $8.3 * 10^7 J/m^2/K$ for the ocean surface and
 232 $8.3 * 10^6 J/m^2/K$ for the land surface), T_S is the surface temperature, t is time, SW_{net} is
 233 the net downwelling shortwave radiative flux at the surface, LW_{down} is the downwelling
 234 longwave radiative flux at the surface, σ is the Stefan-Boltzmann constant (so that σT_S^4
 235 is the upwelling longwave radiative flux emitted from the surface), SH is the sensible heat



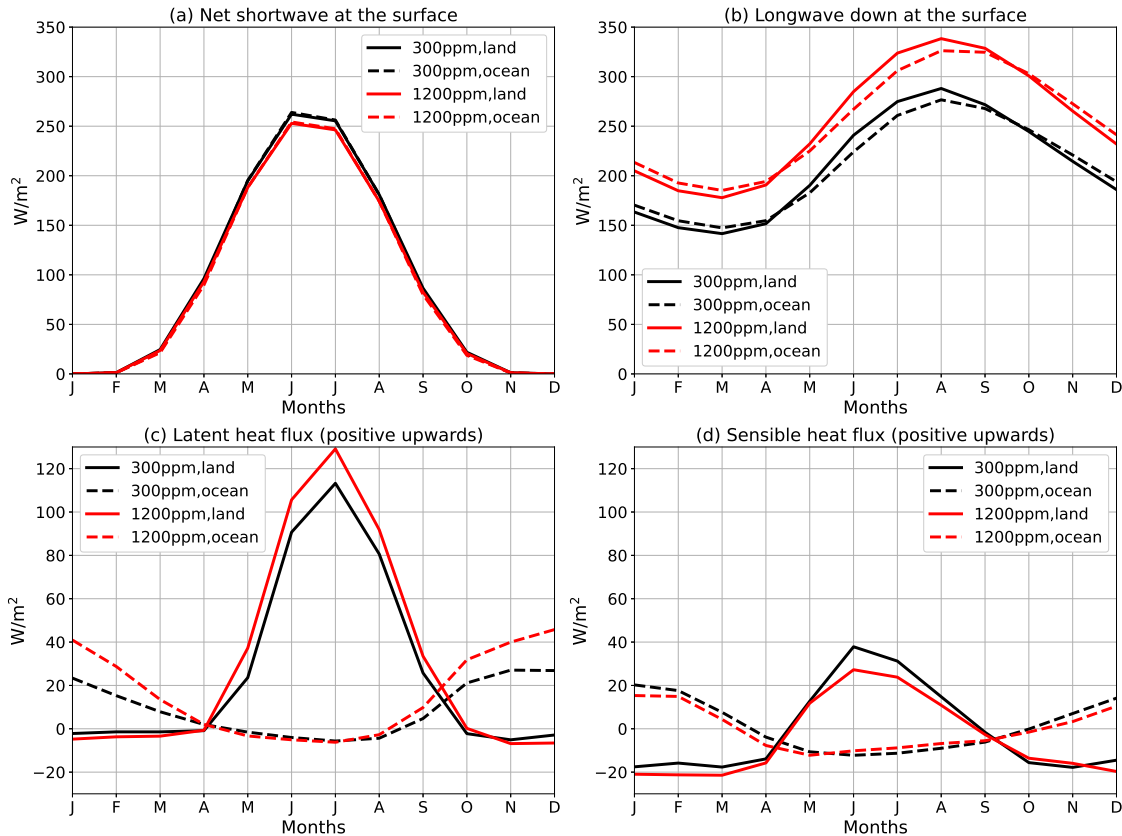
219 FIG. 5. Seasonality of Arctic land and ocean surface temperature change in two comprehensive
 220 climate models in a high emissions scenario when Northern hemisphere sea ice almost vanishes.
 221 Monthly Arctic sea ice area (blue shading) with the averaging limits in red (2150, 2180, 2270, 2300)
 222 (a,c). Arctic land (solid) and ocean (dashed) surface temperature change between 2270-2300 and
 223 2150-2180 (b,d). The emissions scenario is the Shared Socioeconomic Pathway 5-8.5 (SSP5-8.5). The
 224 two models used are the Canadian Earth System Model 5 (CanESM5) (a,b) and the coupled model 6
 225 from the Institut Pierre Simon Laplace (IPSL-CM6A-LR) (c,d). Those were the only models available
 226 which extended to 2300 in the SSP5-8.5 scenario. Arctic surface temperatures are averaged poleward
 227 of 70 degrees North. Note that the data for sea ice area for IPSL-CM6A-LR stops at year 2100.

236 flux and LH the latent heat flux from the atmosphere to the surface. The quantities T_S
 237 SW_{net} , LW_{down} , SH, and LH are functions of time but not space. We use values from the
 238 GCM integrations for C , SW_{net} , LW_{down} , SH, and LH, averaged poleward of 70 degrees
 239 North, such that the only free variable is T_S , and for any given parameter set we integrate
 240 over 10 years, or until the model is in a seasonally-varying steady state.

241 Figure 6 shows the input to the surface energy balance model, focusing on the difference
242 between the 300 ppm and 1200 ppm simulations. Panel (a) shows the net shortwave
243 radiation at the surface for the 300 ppm (black) and 1200 ppm (blue) simulations. The
244 increased atmospheric absorption of solar radiation leads to a small decrease in shortwave
245 flux at the surface. Panel (b) shows the downwelling longwave radiation at the surface for
246 land (solid) and ocean (dashed). The increase in downwelling longwave is approximately
247 the same over ocean and land and has a seasonal cycle, which could also contribute to the
248 seasonality in surface warming. Panel (c) shows the seasonal cycle of evaporative cooling
249 over land and ocean. While it is small year-round over ocean and in winter over land, it is
250 comparable to downwelling longwave radiation in summer over land. Moreover, there is
251 an increase in evaporative cooling over land during the summer and over ocean during the
252 winter. This pattern could also contribute to differences in seasonality of warming over
253 land and ocean.

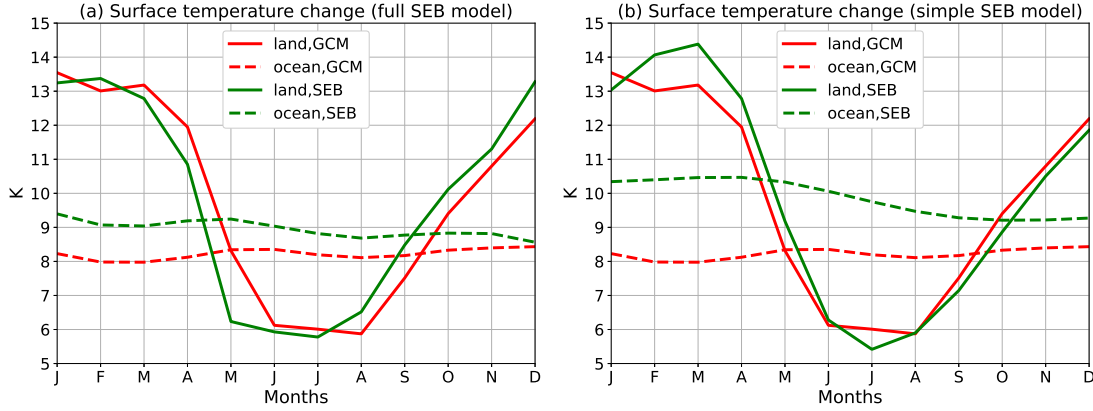
259 Figure 7a shows results from the surface energy balance model, comparing the season-
260 ality of surface temperature change over land and ocean with results from the GCM data
261 for the difference between the 300 ppm and 1200 ppm simulations. The simple model fits
262 the GCM data quite well, which is expected since all the terms of equation (1) except the
263 surface temperature evolution itself are taken from the GCM. We can now use the simple
264 model to explore the main drivers of the difference in surface temperature change between
265 high latitude ocean and land.

266 To isolate the causes of the seasonality, we remove the surface fluxes (SH and LH) and the
267 seasonality of the change in downwelling longwave radiation at the surface from equation
268 (1); that is, the change in downwelling longwave radiation is replaced by its average change
269 over time (45 W/m^2). Figure 7b compares the surface energy balance model with the GCM
270 data in the same way as Figure 7a. Without the evaporative cooling over land in summer,
271 the surface temperature in the simple surface energy balance model gets significantly
272 warmer over land in summer for both the 300ppm and 1200ppm simulations (not shown),
273 but this does not affect the surface temperature change. The increase in evaporative cooling
274 over ocean in winter leads this simple model to overestimate the warming year-round as
275 seasonal differences in fluxes are smoothed out in time by the ocean's large surface heat
276 capacity. The change in evaporative cooling and downwelling longwave radiation seemed
277 like good candidate explanations for the difference in seasonality of warming over land
278 and ocean. However, the land surface temperature in the simple surface energy balance
279 model still has a large seasonality compared to that of the ocean.



254 FIG. 6. Inputs to the surface energy balance model prescribed from the GCM. Values for the
 255 300 ppm (black) and 1200 ppm (blue) over land (solid) and ocean (dashed) are averaged poleward of
 256 70 degrees North. (a) Net shortwave radiation at the surface (positive downwards). (b) Downward
 257 longwave radiation at the surface (positive downwards). (c) Evaporative cooling at the surface (positive
 258 upwards). (d) Sensible heat flux at the surface (positive upwards).

284 The two aspects of the simple surface energy balance model that yield the difference
 285 in seasonality in surface temperature change between land and ocean are the surface heat
 286 capacity (C) and the nonlinearity of the temperature dependence of the surface longwave
 287 emission (σT_S^4). A smaller heat capacity implies that less energy is required to change the
 288 temperature of the surface, hence the climatological seasonality of land is larger and any
 289 energy perturbation to the surface has a more immediate impact on surface temperature.
 290 Furthermore, the nonlinearity of σT_S^4 means that, for a smaller starting temperature, a
 291 larger increase in temperature is required to reach a given increase in longwave emission
 292 and balance the new forcing.



280 FIG. 7. Surface energy balance model results. (a) The full surface energy balance model (green)
 281 accurately reproduces the GCM data (red). (b) The simple surface energy balance model (green), with
 282 no surface fluxes and no seasonality in the change in downwelling longwave radiation at the surface,
 283 reproduces the patterns of land (solid) and ocean (dashed) surface temperature change.

293 The higher climatological seasonality of land surface temperatures means that the land's
 294 temperature response will also have a large seasonality: the temperature response will be
 295 larger when the starting temperature is low (in winter) and smaller when the starting
 296 temperature is high (in summer). The ocean's large surface heat capacity means the
 297 climatological seasonality is smaller (25 K versus 50 K for land), and that any energy
 298 perturbation's impact on surface temperature will be smoothed out and affect the annual
 299 mean temperature change, rather than a given month.

300 The above results can be straightforwardly interpreted as a damped forced oscillator
 301 obeying the equation

$$C \frac{dT}{dt} = -\sigma T^4 + A \cos \omega t + D, \quad (2)$$

302 where A is the amplitude of the seasonal forcing and D is a constant representing the
 303 time-invariant components of the forcing. If the seasonal cycle is not too large we can
 304 linearize temperature around some mean temperature \bar{T} to give

$$C \frac{dT'}{dt} = -MT' + A \cos \omega t, \quad (3)$$

	Ocean, 260K	Land, 280K	Ocean, 280K	Land, 260K
C ($10^6 \text{ J m}^{-2} \text{ K}^{-1}$)	83	8.3	83	8.3
M ($\text{W m}^{-2} \text{ K}^{-1}$)	4.98	4.98	3.99	3.99
T_0 (K)	14.7	58.1	14.5	48.1

319 TABLE 1. Amplitude of seasonal oscillation (T_0) for ocean and land surfaces and for $\bar{T} = 260$ K and
320 $\bar{T} = 280$ K.

305 where $M = 4\sigma\bar{T}^3$ and $T' = T - \bar{T} - D/M$, and we henceforth drop the prime on T . The
306 solution of (3), after transients have died, is $T = T_0 \cos(\omega t + \phi)$ where

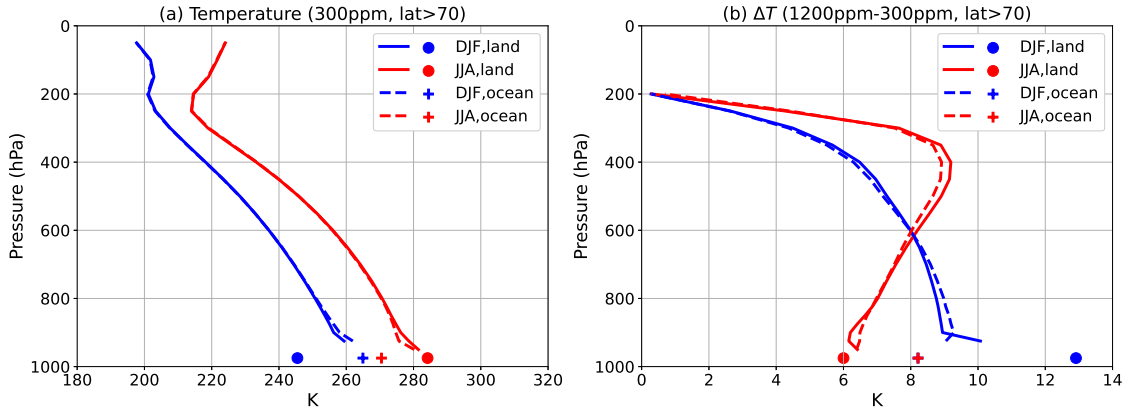
$$T_0 = \frac{A}{(C^2\omega^2 + M^2)^{1/2}} \quad \text{and} \quad \phi = \frac{C\omega}{M}. \quad (4)$$

307 The amplitude of the seasonal oscillation (i.e. T_0) naturally diminishes for larger C , so
308 that the seasonal cycle over land is larger than that over the ocean. Less obviously, the
309 amplitude diminishes as K increases, and since K is a function of temperature, a warmer
310 climate will have a smaller seasonal cycle (at least to the extent that the seasonal cycle is
311 described by (1) and (2)).

312 Putting in a few numbers, for 2 m of water at 270 K we find $C\omega \approx 1.6 \text{ W}/(\text{m}^2 \text{ K})$ and
313 $M = 4.5 \text{ W}/(\text{m}^2 \text{ K})$, so the heat capacity and temperature effects are evidently comparable
314 and changes in both may be important. Table 1 shows values of the amplitude of the
315 seasonal oscillation for the high latitude land and ocean for $T_0 = 260$ K and $T_0 = 280$ K.
316 The amplitude of the seasonal oscillation (T_0) is almost the same for the two values for
317 the ocean, whereas it is reduced by 10K for land, generally consistent with our simulation
318 results (fig. 2).

321 4. Seasonality of atmospheric temperature change

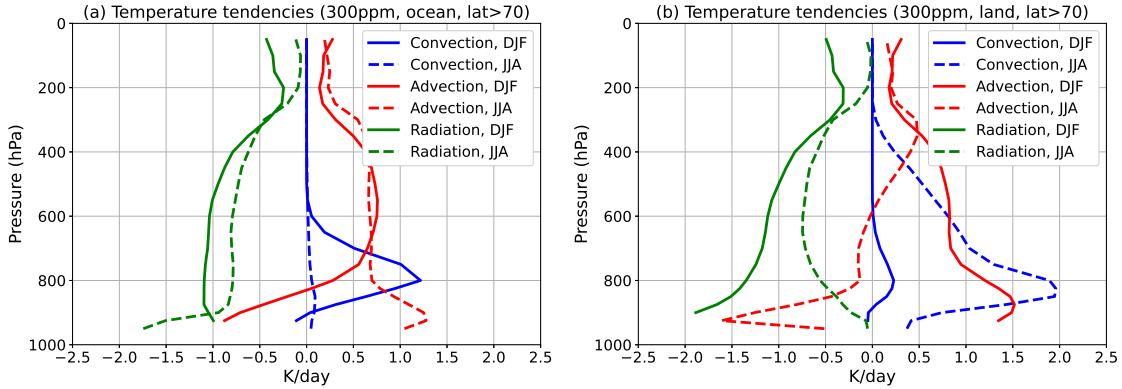
322 Changes in downwelling longwave radiation at the surface are coupled to the surface
323 temperature change and they should not be considered as independent variables. Nev-
324 ertheless, in these simulations, the downwelling longwave radiation at the surface does
325 not differ much between land and ocean while the surface temperatures do (fig. 2c and
326 fig. 6b). This can also be seen in the atmospheric temperatures over land and ocean:



335 FIG. 8. (a) Atmospheric and surface temperature over ocean (dashed, cross) and land (solid, dot)
 336 for winter (blue) and summer (red) poleward of 70 degrees North. (b) Atmospheric and surface
 337 temperature change between the 300 ppm and 1200 ppm simulations. Note that the ocean surface
 338 temperature change points overlap.

327 fig. 8a shows the atmospheric and surface temperature averaged poleward of 70 degrees
 328 North over ocean (dashed, cross) and land (solid, dot) for the winter (blue) and summer
 329 (red) months. Figure 8b shows the atmospheric and surface temperature change between
 330 300 and 1200 ppm simulations. While the ocean's climatological surface temperature and
 331 surface temperature change have a small seasonality compared to land, the atmospheric
 332 temperature and atmospheric temperature change are the same. This suggests that while
 333 surface temperatures over land and ocean can remain relatively uncoupled, atmospheric
 334 temperatures tend to homogenize.

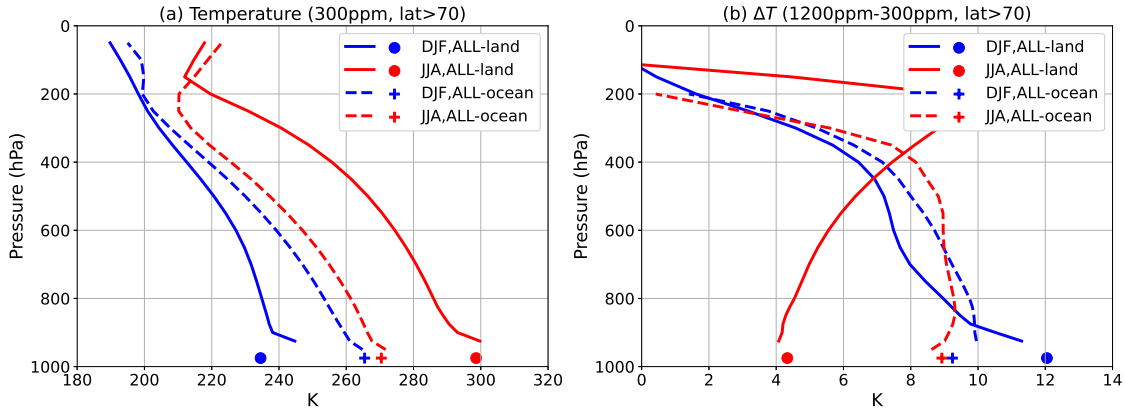
339 Figure 9 shows the convective, advective, and radiative temperature tendencies over
 340 land and ocean for the 300 ppm simulation poleward of 70 degrees North, for Northern
 341 Hemisphere winter and summer. In winter, advection warms the atmosphere near the land
 342 surface and cools the atmosphere near the ocean surface, and vice-versa in summer. That
 343 is, advection acts to homogenize the near-surface atmospheric temperatures over land and
 344 ocean. We also see that the main equilibrium is between radiation and advection, except
 345 over land during summer when convection is triggered and the main equilibrium is between
 346 radiation and convection. This explains the surface enhanced warming in winter and more
 347 vertically homogeneous warming in summer (Figure 4). Finally, there is convection over
 348 ocean in winter which may be due to the ocean surface being warmer than the atmosphere
 349 in winter because of its high heat capacity.



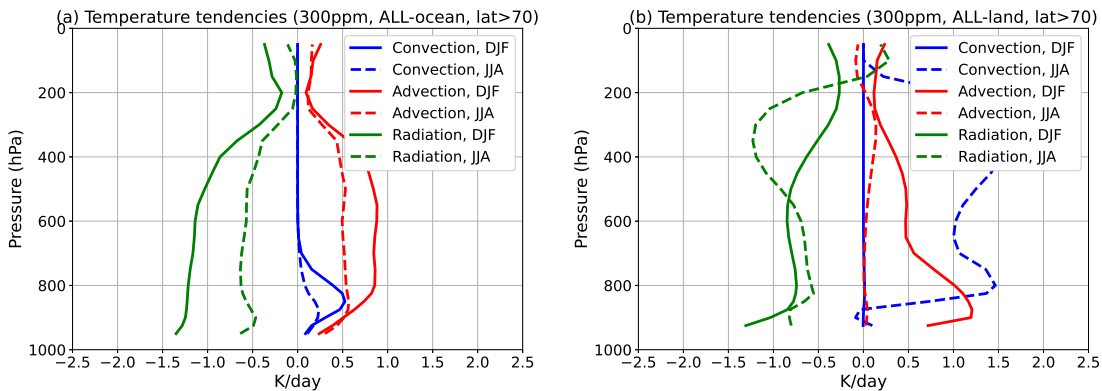
350 FIG. 9. Atmospheric temperature tendency budget for the 300 ppm simulation over ocean (a) and
 351 land (b) for latitudes poleward of 70 degrees North. It shows the convective (blue), advective (red), and
 352 radiative (green) temperature tendencies for Northern hemisphere winter (solid) and summer (dashed).

353 To clarify the relationship between the atmospheric energy balance and vertical tempera-
 354 ture change structure, we run “all-land” and “all-ocean” simulations where the aquaplanet’s
 355 mixed layer depth is uniformly 2m and 20m respectively at 300 ppm and 1200 ppm. Fig-
 356 ure 10 is analogous to fig. 8 but for the “all-ocean” and the “all-land” experiments. The
 357 higher surface heat capacity in the “all-ocean” experiments results in a very small sea-
 358 sonal cycle in surface and atmospheric temperature, and temperature change. Inversely,
 359 the seasonal cycle is very large for the “all-land” experiment (approximately 55K for
 360 the surface temperature), and the surface temperature change is higher in winter (13.5K)
 361 and lower in summer (5.8K). The vertical structure of atmospheric temperature change
 362 is moreless homogeneous in the “all-ocean” experiment. However, in the “all-land” ex-
 363 periment, warming is bottom-heavy in winter and top-heavy in summer. Figure 11 is
 364 analogous to fig. 9 but for the “all-ocean” and the “all-land” experiments. In the “all-
 365 land” experiments, there is a clear seasonality between radiative-convective equilibrium
 366 in summer and radiative-advective equilibrium in winter. In the “all-ocean” experiments,
 367 the atmosphere is close to radiative-advective equilibrium year-round, with slightly more
 368 advection in winter.

373 These two additional simulations show that the atmospheric temperature change in the
 374 initial simulations is a mix of these two extremes (“all-land” and “all-ocean”), with ad-
 375 vection smoothing out the differences in atmospheric temperature driven by the differing
 376 surface temperatures of ocean and land. The vertical structure of high latitude temper-
 377 ature change is driven by what happens at the surface: if it gets warm enough at the



369 FIG. 10. Same as Figure 8 but for “all-ocean” and “all-land” simulations, which are two separate
 370 sets of simulations where the mixed layer depth is set uniformly to 20m and 2m respectively.



371 FIG. 11. Same as Figure 9 but for “all-ocean” and “all-land” simulations, which are two separate
 372 sets of simulations where the mixed layer depth is set uniformly to 20m and 2m respectively.

378 surface, deep convection is triggered, which causes vertical mixing and a more vertically
 379 homogeneous atmospheric warming. In the absence of convection, the main balance is
 380 between advective warming and radiative cooling and atmospheric warming is enhanced
 381 near the surface (Cronin and Jansen 2016, Henry et al. 2020). Since the high latitude land
 382 gets warm enough in summer to trigger deep convection, the warming is more vertically
 383 homogeneous. For the difference between the 1200 ppm and 4800 ppm simulations, there
 384 is deep convection triggered year-round at high latitudes, hence the atmospheric warming
 385 is never enhanced near the surface (fig. 4).

5. Discussion and Conclusions

Various lines of evidence suggest that, as greenhouse gases increase, the Arctic land warms more in winter and less in summer, thus reducing the seasonality over land in warm climates. In this paper we have identified a robust mechanism for this that applies both to the warm climates of the past and to the expected warming of the future. The reduced seasonality may contribute to the reason that some of the warm climates of the past were able to sustain above freezing year-round temperatures, even in continental winters at high latitudes and without excessively warm tropical temperatures. The early Eocene, for example, had a reduced surface latitudinal surface temperature gradient and its Arctic continents had especially warm winters compared to those of today. Similarly, current warming trends and projections of future warming show a polar amplified surface temperature change and more Arctic warming in winter.

Experiments with an idealized GCM show that the surface temperature change from increasing CO₂ is polar amplified, even in the absence of sea-ice effects. This is, however, only a near-surface phenomenon — the meridional temperature gradient in mid-atmosphere and the total meridional atmospheric heat transport are virtually unchanged: the increase in energy transport by moist processes (because the atmosphere is warmer and wetter) is closely compensated by a decrease in dry atmospheric heat transport. The increase in Arctic land surface temperature is twice as large in winter as in summer. And, the seasonality of the vertical structure of Arctic warming is consistent with recent warming trends: surface-enhanced in winter and more vertically homogeneous in summer. Similar results are found in two comprehensive climate models under a high emissions scenario; specifically, even after all sea ice is melted, Arctic land continues to warm more in winter than summer by at least a factor of two, whereas the ocean continues to warm uniformly throughout the year.

The seasonality of high-latitude land warming can be explained with a simple surface energy balance model. The combination of the small surface heat capacity of land (which leads to a large climatological seasonality in temperature over land) and the nonlinearity of the temperature dependence of surface longwave emission (which leads to cold temperatures warming more as CO₂ increases) is largely responsible for the reduction in seasonality over land as CO₂ levels increase. The downward infra-red radiation, which is one of the primary forcings of surface temperature, is actually fairly similar over land and

418 ocean because advection smooths out differences in near-surface atmospheric temperature
419 over land and ocean.

420 An understanding of the atmospheric warming then follows by connecting the changes
421 in the surface energy balance to the mechanisms determining the vertical structure tem-
422 perature. The vertical structure of high-latitude warming differs considerably from that in
423 tropics. In the latter the warming is top-heavy because the atmosphere is near radiative-
424 convective equilibrium and the atmospheric temperature profile more-or-less follows a
425 moist adiabat. In contrast, in much of the high latitudes (especially in winter) the at-
426 mosphere is near radiative-advective equilibrium and this promotes surface-enhanced
427 atmospheric warming (Payne et al. 2015; Henry et al. 2020). In the first quadrupling of
428 CO₂, convection is only triggered over land in summer, which leads to surface-enhanced
429 warming in winter and more vertically homogeneous warming in summer. Consistently,
430 in “all-ocean” simulations the Arctic atmosphere is in radiative-advective equilibrium
431 year-round and the warming is surface-enhanced. In “all-land” simulations, there is a
432 clear seasonality between radiative-convective summer, with top-heavy warming, and
433 radiative-advective winter with surface-enhanced warming.

434 The mechanisms we have identified apply to both warm past climates and potentially
435 warm future climates. The main differences between the two, in reality, are the continental
436 configuration, the vegetation, and the presence of sea and land ice and these will, of course,
437 have quantitative effects. We have also neglected the presence of clouds, and the fact that
438 convection does occur over high-latitude land in winter suggests that cloud feedbacks may
439 be increasingly important in warm climates (e.g., Abbot and Tziperman 2008; Cronin and
440 Tziperman 2015). Similarly, the continuing reduction of sea ice is likely to affect the
441 seasonality of Arctic warming in climates of the near future. A quantitative picture of
442 the seasonality at high-latitudes, and how it may differ in warm climates, will require full
443 consideration of the interaction of lapse rate changes, sea ice, surface heat storage, ocean
444 circulation effects, clouds and potentially other factors. The path toward that picture will
445 require an understanding of the role of these various components in isolation as well as
446 acting as a whole.

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452 *Data availability statement:* The code to reproduce the figures is available at
453 <https://github.com/matthewjhenry/simple-seasonality-arctic> and the data is available at
454 <https://zenodo.org/record/4529135>.

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