

1 **Microanchored fiber-optic DSS in boreholes allows strain profiling of the**
2 **shallow subsurface**

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18

19 **Abstract**

20 Vertical deformation profiles of subterranean geological formations are conventionally measured by
21 borehole extensometry. Distributed strain sensing (DSS) paired with fiber-optic cables installed in the
22 ground opens up possibilities of acquiring high-resolution static and quasistatic strain profiles of
23 deforming strata, but it is currently limited by reduced data quality due to complicated patterns of
24 interaction between the buried cables and their surroundings, especially in upper soil layers under low
25 confining pressures. Extending recent DSS studies, we present an improved approach for strain
26 determination along entire lengths of vertical boreholes by using microanchored fiber-optic cables
27 designed to optimize ground-to-cable coupling at the near surface. We proposed a novel criterion for soil–
28 cable coupling evaluation based on the geotechnical bearing capacity theory. We applied this enhanced
29 methodology to monitor groundwater-related vertical motions in both laboratory and field experiments.
30 Corroborating extensometer recordings, acquired simultaneously, validated fiber optically determined
31 displacements, suggesting microanchored DSS as an improved means for detecting and monitoring
32 shallow subsurface strain profiles.

33 Introduction

34 Shallow geohazards, such as landslides, debris flows, ground subsidence, and sinkhole collapses, can
35 have devastating effects on populations, economies, and landscapes across the world. The initiation and
36 evolution of these near-surface hazards are often accompanied by measurable deformation¹⁻³, and
37 therefore measuring and monitoring their spatio-temporal displacements is essential to implementing
38 early warning systems. Of the methods for vertical deformation acquisition, interferometric synthetic
39 aperture radar (InSAR) and global navigation satellite system (GNSS) are commonly used to detect land-
40 surface elevation changes⁴. These ground-based or remotely sensed techniques have proved to be
41 effective in mapping large-scale ground motions⁵, but they do not allow for subsurface deformation
42 profiles to be obtained. Drilling is a common means to determine lithology; by installing extensometers in
43 drilled boreholes, deformations occurring at certain depths below the ground surface can be observed⁶.
44 While highly precise measurements can be made using borehole extensometry, the spatial resolution for
45 such systems is often constrained by discretely instrumented measuring points (markers), commonly
46 deployed at depths corresponding to critical layers.

47 Fiber-optic sensing has advanced significantly in the past few years for strain determination in many
48 areas of earth science and engineering⁷⁻¹⁴. Fiber-optic sensing technologies are normally categorized
49 according to the measurand or the optical scattering mechanism whereby the measurement is made^{15,16}.
50 The fiber sensing method utilized for static strain detection is often referred to as distributed strain
51 sensing (DSS) while for dynamic strain acquisition as distributed acoustic/vibration sensing
52 (DAS/DVS)¹⁷. An attractive feature of the broad category of fiber-optic sensing technologies is their
53 ability to make spatially continuous strain (strain-rate) recordings along a fiber-optic cable up to tens of
54 kilometers in aperture. This advantage has been instrumental, for example, in localizing accurately active
55 compaction zones resulting from subsurface resources exploitation¹⁸⁻²⁰ and better characterizing
56 hydromechanical responses^{21,22}.

57 The mechanical coupling between fiber-optic cables and Earth, depending on both cable construction
58 and installation¹⁷, is an important influencing factor to carrying out successful fiber-optic monitoring
59 campaigns. Many have reported that the quality of fiber-optic data is strongly conditioned by the degree
60 of rigid ground-cable coupling, for either DSS^{7,23-25} or DAS²⁶ (hereafter we will focus on DSS to limit
61 this study's extent). This is especially the case when the deformation of low-confined upper layers is of
62 particular interest, and can be exacerbated by highly saturated weak strata such as those containing large
63 amounts of soft soils. In this respect, correction of measured strains via rigorous ground-to-fiber strain
64 transfer analysis has been proposed to be a potential solution²⁷, but it would be better for field
65 applications to have enhanced fiber-optic instrumentation, such as a specialty cable that can be rigidly
66 coupled to its surroundings.

67 Using anchors to improve interface bonding between reinforcements and surroundings is a common
 68 practice in geotechnical engineering^{28,29}. This has inspired the DSS community to attach anchor-like
 69 elements mechanically to outer coatings or jackets of fiber-optic cables, forming dedicated cables capable
 70 of detecting displacements of laboratory physical models³⁰⁻³³ or in a field setting via horizontally-
 71 trenched direct burial³⁴. Pullout tests and shear zone simulation tests were performed to confirm the
 72 performance of a shallowly trenched, three-dimensional microanchored cable for landslide monitoring³⁵.
 73 As to theory, the interaction of tube-anchored cables with surrounding soils has been interpreted from the
 74 perspective of interface shearing^{36,37}, extending the framework developed primarily for unanchored
 75 DSS³⁷. While this allows the overall interface shear strength between soil and anchored cables to be
 76 estimated, it precludes the consideration of passive earth pressure effects commonly observed during soil-
 77 anchor interaction²⁹.

78 We describe here an improved fiber-optic DSS approach for sensing of vertical ground
 79 displacements with microanchored strain sensing cables deployed in boreholes. We fabricated three
 80 microanchors to enhance soil-cable interlocking effects adding on previous work³⁷. We proposed a new
 81 criterion for assessing soil-cable coupling based on the geotechnical bearing capacity theory. We
 82 examined the effects of confining pressure, soil and interface strength parameters, and anchor type and
 83 dimension on the performance of the microanchored DSS system. We demonstrated the feasibility of this
 84 improved methodology through elementary testing, physical modeling, and a field experiment conducted
 85 in a coastal setting.

86

87 **DSS measurement principle**

88 Figure 1a shows schematically a microanchored fiber-optic cable buried in a borehole for the detection of
 89 vertical displacements of geological formations resulting from subsurface resources extraction. DSS
 90 techniques used for fiber strain acquisition are based on Brillouin or Rayleigh scattering. These include
 91 Brillouin optical time-domain reflectometry (BOTDR), Brillouin optical time-/frequency-domain analysis
 92 (BOTDA/BOFDA), optical frequency-domain reflectometry (OFDR), and tunable-wavelength coherent
 93 optical time-domain reflectometry (TW-COTDR)¹⁵⁻¹⁷. Taking the BOTDR technique with single-ended
 94 deployment as an example (Fig. 1b), an external strain (referred to axial strain if not otherwise stated)
 95 acting on a fiber-optic cable will induce a shift in frequency $\Delta\nu_B$ of the Brillouin backscattered light
 96 inside the fiber detectable by a BOTDR interrogator. The strain change $\Delta\varepsilon$ can be determined according
 97 to¹⁵:

$$98 \quad \Delta\varepsilon = \frac{1}{C_e}(\Delta\nu_B - C_T\Delta T) \quad (1)$$

99 where C_ϵ is the frequency shift–strain coefficient, C_T is the frequency shift–temperature coefficient, and
100 ΔT is the change in temperature that can be quantified using a colocated temperature sensing cable
101 insensitive to mechanical strains. Because Brillouin backscattering is generated at each point of the fiber,
102 by repeatedly launching light pulses into the fiber a complete strain profile of the deforming strata along
103 the entire borehole length can be mapped.

104 Durability is a central concern for any instrument installed in a subsurface environment.
105 Theoretically, borehole-embedded fiber-optic DSS systems can be permanently used for deformation
106 observation as fiber-optics are inherently corrosion resistant. In practice, fiber-optic cables may break due
107 to large stratum deformation (the ultimate tensile strain of fiber-optics is $\sim 2\%$, i.e., $20,000 \mu\epsilon$). Our first
108 borehole DSS system was deployed in Shengze (Southern Yangtze Delta, China) in 2012²⁴ and strain
109 acquisition has been performed routinely for nearly ten years. We anticipate such systems would survive
110 and function properly for at least several decades; a robust yet strain-sensitive cable is crucial.

111

112 **Fabrication of microanchored cables**

113 Anchor-like elements are viewed as essential to ensuring sufficient ground–cable coupling and hence the
114 DSS measurement quality can be improved³⁵. For this purpose, we fabricated three types of
115 microanchors—disc, cylinder, and spindle. These anchors were attached at discrete points to
116 commercially available fiber-optic strain sensing cables using epoxy resin adhesives. In doing so, three
117 dedicated cables were developed, covering both field and laboratory application scenarios; their features
118 and properties are summarized in Table 1. The disc-anchored cable is well suited for low-confined
119 laboratory physical modeling, as the 0.9-mm- or 2-mm-diameter thermoplastic polyurethane (TPU)-
120 jacketed cable (NZS-DSS-C07 by NanZee Sensing Ltd.) can readily be integrated into loose media,
121 owing to its relatively low Young’s modulus ($E = \sim 1$ GPa), and the discs can enhance considerably soil–
122 cable interlocking effects. The cylinder- or spindle-anchored cable utilizes a 5-mm-diameter steel strand-
123 reinforced, polyethylene (PE)-jacketed cable (NZS-DSS-C02; $E = \sim 8$ GPa). This ensures high survival
124 rates during sensor deployment. Moreover, the small-diameter cylinders and spindles (compared to discs)
125 render the fabricated cables suitable for direct burial installations in field monitoring boreholes.

126

127 **Interaction mechanism between soil and microanchored cable**

128 **Pullout resistance mechanism of bearing microanchored cable.**

129 We first elaborated on the interaction mechanism between soil and a buried microanchored cable through
130 a concise theoretical analysis (Fig. 2), which is a first step toward the successful application of the
131 proposed methodology. The analysis builds on the bearing capacity theory presented by Jewell²⁸ and
132 Bergado et al.²⁹, originating from geotechnical engineering.

133 During pullout, the resistance of the microanchored cable is composed mainly of two parts (Fig. 2a):
 134 the frictional force component caused by sliding between the cable surface and soil, and the bearing
 135 capacity component generated by extrusion between the microanchors and soil. Hence, the ultimate
 136 pullout resistance F_r of the microanchored cable can be expressed by:

$$137 \quad F_r = F_{fr} + F_{br} \quad (2)$$

138 where F_{fr} is the soil–cable interface friction resistance that can be determined according to the Mohr–
 139 Coulomb theory, and F_{br} is the bearing resistance of microanchors. Note that F_{fr} may be further divided
 140 into the friction resistance between the soil and the anchor F_{fr1} and that between the soil and the
 141 unanchored cable segment F_{fr2} .

142 The microanchor bearing resistance F_{br} can be evaluated as follows:

$$143 \quad F_{br} = \frac{L_c}{L_s} S \sigma_b \quad (3)$$

144 where L_c is the embedment length of the microanchored cable; L_s is the spacing between the
 145 microanchors; S is the surface area of the microanchor; and σ_b is the bearing stress of a single
 146 microanchor that can be evaluated by:

$$147 \quad \sigma_b = \sigma_n N_q + c N_c \quad (4)$$

148 where σ_n is the applied stress normal to the cable axis; c is the soil cohesion; and N_q and N_c are the
 149 bearing capacity factors associated with the bearing failure mode.

150 Existing pullout bearing failure mechanisms include the general shear failure, punching shear failure,
 151 and modified punching shear failure. Among the three failure modes, the general and punching shear
 152 failures form the upper and lower bounds of the problem, while the modified punching failure can well
 153 describe the bearing failure characteristics of grid reinforcements such as geogrids and geotextiles²⁹.
 154 Hence, the modified punching failure mode was employed herein to describe the bearing mechanism of
 155 microanchored fiber-optic cables, and N_q and N_c can be respectively expressed as:

$$156 \quad N_q = \left[\frac{1+k}{2} + \frac{1-k}{2} \sin(2\beta - \phi) \right] \frac{1}{\cos \phi} e^{2\beta \tan \phi} \tan \left(\frac{\pi}{4} + \frac{\phi}{2} \right) \quad (5)$$

$$157 \quad N_c = \frac{1}{\sin \phi} e^{2\beta \tan \phi} \tan \left(\frac{\pi}{4} + \frac{\phi}{2} \right) - \cot \phi \quad (6)$$

158 where ϕ is the soil internal friction angle; k is the lateral earth pressure coefficient; and β is the angle
 159 of the rotational failure zone (Fig. 2b). For $k = 1$ and $\beta = \pi/2$, theoretical predictions were found to
 160 agree well with laboratory test data²⁹, and N_q and N_c are thus reduced to:

$$161 \quad N_q = \frac{1}{\cos \phi} e^{\pi \tan \phi} \tan \left(\frac{\pi}{4} + \frac{\phi}{2} \right) \quad (7)$$

$$162 \quad N_c = \frac{1}{\sin \phi} e^{\pi \tan \phi} \tan \left(\frac{\pi}{4} + \frac{\phi}{2} \right) - \cot \phi \quad (8)$$

163 **Validation of bearing resistance equations via laboratory pullout testing.**

164 To explore whether the bearing capacity theory is suitable for describing cable anchor failure, we
 165 performed laboratory pullout tests on disc-anchored fiber-optic cables at variable anchor diameters. The
 166 setup of the pullout tests is sketched in Supplementary Fig. S1a. The soil used was a poorly graded
 167 medium sand. Its physical property parameters are: $G_s = 2.65$, $d_{10} = 0.140$ mm, $d_{60} = 0.472$, $C_u = 3.371$, C_c
 168 $= 1.144$, $\rho_{\text{dmax}} = 1.82$ Mg m⁻³, and $w_{\text{opt}} = 7.82\%$. Four anchor diameters were investigated: 10, 20, 30, and
 169 40 mm (Fig. S1b,c). For each test, a microanchored cable was buried in the testing soil at a density of
 170 1.70 Mg m⁻³ in the 500 mm × 160 mm × 160 mm chamber, and was pulled out at a velocity of 0.05 mm/s
 171 while recording pullout forces (± 0.1 N). The test was terminated when pullout failure occurred. As the
 172 tests lasted for only one hour, the variation of room temperature was negligible and temperature
 173 compensation was thus not necessary.

174 A comparison between the measured pullout resistances and those predicted using the bearing
 175 resistance theory (equations (2)–(8)) was carried out; the results are depicted in Fig. 3. Note that in
 176 addition to modified punching shear failure, upper- and lower-bound values constrained from general and
 177 punching shear failure mechanisms were also computed. The parameters used for theoretical modeling are
 178 shown in the caption of Fig. 3. It can be observed that the modified punching shear failure mechanism
 179 presently used can better describe the bearing failure behavior of disc-anchored cables compared to the
 180 general or punching shear failure. Although these results verified preliminarily the bearing resistance
 181 equations, more laboratory testing should be conducted to further validate the proposed method,
 182 especially its suitability for describing cylinder- and spindle-anchor cables.

183

184 **Criterion for soil–microanchored cable coupling evaluation**

185 **Criterion establishment.**

186 Iten et al.³⁹ argued that the contact between soil and a buried anchored cable is a combination of overall
 187 bonding and point fixation. Experimental evidence³⁷ further showed that this combination depends on the

188 deformation stage of the soil–cable interface. Specifically, tube anchors will continue to contribute to the
 189 overall interface shear strength after the interface between soil and unanchored segments fails, converting
 190 the contact from overall bonding to point fixation. Point fixation may reduce the spatial resolution of
 191 DSS¹⁷, but it is commonly sufficient to obtain a detailed strain profile of subsurface strata. Hence, for
 192 ground motion sensing the acquired strain data can be considered as credible provided that the capacity of
 193 microanchors has not been reached. In this sense, of particular importance in coupling assessment is the
 194 evaluation of stress states of microanchors, especially for those buried in shallow strata. Force equilibrium
 195 of a single microanchor yields (Fig. 2c):

$$196 \quad F_a = F_{fr} + F_b = N_1 - N_2 \quad (9)$$

197 where F_a is the interaction force between the soil and microanchor; F_{fr} is the friction force; F_b is the
 198 bearing force; and N_1 and N_2 are the tensions or compressions provided by the unanchored cable
 199 segments, which can be calculated using the measured fiber strain:

$$200 \quad N(x) = \frac{\pi}{4} D_c^2 E_c \varepsilon(x) \quad (10)$$

201 where D_c and E_c are the diameter and Young's modulus of the unanchored cable segment, and $\varepsilon(x)$ is
 202 the fiber-optic strain measurement.

203 Combining Eq. (9) with Eq. (10) yields:

$$204 \quad F_a = \frac{\pi}{4} D_c^2 E_c \Delta \varepsilon_c \quad (11)$$

205 where $\Delta \varepsilon_c$ is the difference in strain measured by the two adjacent unanchored cable segments. Note that
 206 if there is no evident step change in strain across the anchors, the strains of the unanchored cable
 207 segments may be averaged to obtain $\Delta \varepsilon_c$, which is the case for our laboratory and field monitored data.

208 For the three microanchor types presented in the current work, the ultimate soil–anchor interaction
 209 force F_{ar} can be readily derived from the bearing capacity theory as:

$$210 \quad F_{ar} = F_{frl} + F_{br} = \begin{cases} \frac{\pi}{4} (\sigma_n N_q + c N_c) (D_a^2 - D_c^2) & \text{(Disc)} \\ \pi D_a L_a (c_i + \sigma_n \tan \phi_i) + \frac{\pi}{4} (\sigma_n N_q + c N_c) (D_a^2 - D_c^2) & \text{(Cylinder)} \\ \pi D_a (L_a + 2H_a) (c_i + \sigma_n \tan \phi_i) + \frac{\pi}{4} (\sigma_n N_q + c N_c) (D_a^2 - D_c^2) & \text{(Spindle)} \end{cases} \quad (12)$$

211 where c_i and ϕ_i are the cohesion and friction angle of the soil–microanchor interface, and D_a , L_a , and
 212 H_a are the dimensions of the microanchors (Table 1). Note that the side frictional resistance for the disc-
 213 shaped microanchor is not included in this formula considering its limited thickness.

214 When F_a is less than F_{ar} , the ground–cable coupling is sufficient and the fiber optically determined
 215 deformation can reflect the true ground motion. Conversely, if F_a reaches F_{ar} , the microanchor fails and
 216 the data quality decreases accordingly. This proposed criterion can be used for assessing the reliability of
 217 measurements acquired with anchored DSS.

218 **Toward optimal design of microanchored DSS.**

219 To ensure the quality of field monitored fiber-optic strains, a large F_{ar} value is desirable. A concise
 220 parametric analysis was conducted to investigate the influences of normal stress, microanchor type and
 221 dimension, and soil and soil–anchor interface strength parameters on F_{ar} . The parameters used in the
 222 analysis are listed in Supplementary Table S1.

223 It can be observed that F_{ar} increased with increasing σ_n or D_a , but differed across microanchors
 224 (Fig. 4a,b). Because of anchor side friction, the spindle-shaped microanchor had higher F_{ar} than the other
 225 two microanchors, especially at high σ_n . For field applications, a strain of 1% (corresponding to a F_a of
 226 14.9 N under the current parameters) is usually taken as the maximum strain value considering the long-
 227 term working performance of the fiber-optic. This strain limit can be used for determining the minimum
 228 microanchor diameter required, which is instructive for the design of cable anchors (dashed line, Fig. 4b).
 229 The effects of soil and soil–anchor interface strength parameters on F_{ar} are illustrated in Fig. 4c,d. F_{ar}
 230 increased greatly as c or ϕ increased; however, the influence of c_i and ϕ_i was comparably insignificant.
 231 This is because N_q and N_c are controlled dominantly by ϕ (equations (5) and (6)). These results
 232 indicate that ground property parameters need to be considered when designing a microanchored DSS
 233 system.

234 In the following sections we will describe two examples of the application of microanchored DSS:
 235 (1) a physical model experiment to investigate the strain response of layered soil under drainage and
 236 recharge conditions, and (2) a field experiment to monitor stratum compaction in Yancheng (Jiangsu,
 237 China).

238

239 **Practical application—I. Laboratory experiment**

240 **Materials and experimental setup.**

241 This experiment was performed in a cylindrical box with an internal diameter of 420 mm and a height of
 242 1000 mm (Fig. S2). The model box consists primarily of three segmented plexiglass cylinders with a wall
 243 thickness of 10 mm and a height of 300 mm per segment. The bottom of the model box is composed of a
 244 square plexiglass plate with a side length of 500 mm and a 100-mm-high plexiglass cylinder (Fig. S3a).

245 We used a sand as an analogue for the aquifer and a clayey soil for the aquitard. The specific gravity
246 of the sand is 2.65, the internal friction angle is 32° , and the permeability coefficient is 7.71×10^{-2} mm/s.
247 The specific gravity of the clayey soil is 2.73, the liquid limit is 34.4%, the plastic limit is 20.0%, and the
248 plastic index is 14.4. Given the low confining pressure present in the model, we chose to use the disc-
249 anchored fiber-optic cable for vertical strain sensing (Fig. S3b). The diameter of the unanchored cable is
250 1.2 mm with a Young's modulus of 1.01 GPa. The diameter of the disc is 50 mm, the thickness is 1 mm,
251 and the spacing is 100 mm. An NBX-6050A BOTDA interrogator (Neubrex, Japan; Fig. S3c) was
252 employed to record at a 50 mm sample interval with a 100 mm spatial resolution; the resulting strain
253 accuracy is $\pm 7.5 \mu\epsilon$. A settlement gauge was also utilized to measure settlements of soil layers with a
254 measurement range of 0–10 mm and an accuracy of ± 0.01 mm (Fig. S3d).

255 **Experimental procedure.**

256 The physical model was constructed following the procedure described below. Before filling
257 soils in the model box, the microanchored cable was pretensioned ($\sim 7000 \mu\epsilon$) and vertically deployed
258 (Fig. S4a). Note that prestrain of the cable allowed compressive deformation to be measured. A 200-mm-
259 thick sand layer, a 300-mm-thick clayey soil layer, and a 100-mm-thick sand layer were then successively
260 compacted in the model box (Figs. S4b,c). The water contents of the sand and clayey soil layers were
261 18.6% and 16.1%, respectively, whereas the compaction densities were 1.68 g/cm^3 and 1.60 g/cm^3 ,
262 respectively. To prevent fine particles from flowing into sand layers, a geotextile was laid at the interface
263 between sand and clayey soil layers (Figs. S4d). Moreover, the settlement gauge was buried at 50 mm
264 depth to measure the total settlement of the 550-mm-thick soil. The two ends of the cable were connected
265 to the BOTDA interrogator to form a U-shaped loop. The constructed model was left for 48 h to allow the
266 cable and surrounding soils to be fully coupled (Figs. S4e). Afterward, it was drained and recharged to
267 investigate the deformation response of the layered soils. The room temperature was controlled at $\sim 20^\circ\text{C}$
268 during testing.

269 (1) Drainage. First, water was slowly pumped into the box through the inlet on the left side of the
270 model box. After the water level rose to the outlet, the model was left for 24 h to fully saturate the soil
271 layers. Then, remove the water tank and open the water valve at the bottom of the model box. In doing so,
272 the water pressure decreased and the water level dropped gradually, so as to simulate the process of water
273 level decline after groundwater extraction in the field. During this process, fiber-optic strain acquisition
274 and settlement measurements were performed. After the water level and soil strain remained basically
275 stable, the drainage experiment was ended.

276 (2) Recharge. Connect the water valve to the water tank and gradually inject water into the model box.
277 In this process, vertical strains and settlements were also monitored. Similar to drainage, the recharge
278 experiment was stopped after the water level and soil strain were basically stable.

279 Note that in addition to the experiment described above, an additional experiment having an
280 unanchored cable as the distributed strain sensor was also conducted for comparison purposes.

281 **Results.**

282 Figure 5a–d shows the fiber-optic data measured by the microanchored cable (averaged over the two
283 buried cable segments) at different periods during the drainage experiment. Figure 5a depicts the original
284 Brillouin frequency shifts, which can be converted to strains by multiplying a calibrated frequency shift–
285 strain coefficient. After deducting the initial strain measurements, actual strain change curves were
286 obtained (Fig. 5b). Note that negative (or positive) strains denote compression (respectively, tension).
287 During drainage, the entire soil layer was in a compression state. Compression was especially evident in
288 the upper part of the clayey soil layer (100–250 mm depth), with the maximum negative strain being
289 $\sim -810 \mu\epsilon$. Figure 5c,d shows soil strain changes during the recharge experiment. It can be observed that
290 the filled soil was basically in a rebound state during the recharge process. The deformation of the bottom
291 sand layer was negligible, whereas the rebound deformation of the middle clayey soil layer was
292 considerably large. Rebound occurred mostly in the first 26 h, and the maximum positive strain reached
293 $\sim 2100 \mu\epsilon$ at 75 h.

294 To determine whether the measured fiber-optic strain data were reliable, we evaluated the stress state
295 of each microanchor along the depth. We analyzed mainly the data corresponding to the largest strain
296 changes (48 and 75 h of drainage and recharge, respectively), where soil–cable decoupling (anchor
297 failure) was most likely to occur. Substituting the basic parameters of the soil layers and microanchor into
298 Eq. (12), the ultimate soil–anchor interaction forces F_{ar} for the microanchors were calculated. The
299 computed F_{ar} values at depths of 100, 200, 300, 400, and 500 mm were 47.60, 292.34, 296.65, 300.97,
300 and 231.21 N, respectively. According to the original data (Fig. 5a,c), the stress condition of each anchor
301 at the above depths was determined (Fig. 5e). The mobilized interaction forces did not reach their
302 maximum values, indicating that the strain data monitored by the microanchored cable were credible. To
303 further validate the fiber-optic strain measurements, we integrated the measured strains to yield the soil
304 layer deformation at 50–600 mm depth, which was compared with the settlement gauge measurements
305 (Fig. 5f). It can be found that both the trend and magnitude of deformation obtained by the two methods
306 were essentially consistent, thus proving the feasibility of microanchored DSS for monitoring vertical soil
307 deformation at a laboratory scale. Notably, strain profiles measured with the unanchored fiber-optic cable
308 can barely reflect the deformation response of the soil layers due to poor data quality (Fig. S5). This could
309 result from slippage between the soil and the bare cable, owing to insufficient soil–cable coupling in a
310 high soil moisture, low-confined environment. These results highlight the role of soil–cable interface in
311 soil deformation sensing and underscore the importance of microanchorage in an unfavorable
312 environment.

313

314 Practical application—II. Field experiment**315 Site description.**

316 Yancheng City of Jiangsu Province is located in the eastern coastal region of China, in the middle of the
317 North Jiangsu Plain, and faces the Yellow Sea in the east. The Quaternary sediments in this area, mainly
318 alluvial and marine deposits, were formed under the transportation and accumulation of running water.
319 The shallow strata are composed of loose clay, sub-clay, and medium-fine sand, with a thickness of 200–
320 1600 m.

321 In recent years, ground subsidence in Yancheng had become more and more serious due to the
322 unreasonable exploitation of subsurface resources and the construction of high-rise buildings⁴⁰. It was
323 reported that the area with a cumulative settlement greater than 200 mm has reached 10.86 km², with the
324 largest settlement being ~700 mm. In view of this, we employed the fiber-optic DSS technology to
325 examine the deformation characteristics of subsurface strata and help policy makers cope with the
326 subsidence hazard in the region.

327 Monitoring system deployment and data acquisition.

328 In July 2016, a fiber-optic DSS instrumented borehole was constructed in a development zone in
329 Yancheng (33°21'19.38"N, 120°10'36.39"E; Fig. S6). The development zone has suffered from severe
330 subsidence because of extensive construction and subsurface mining activities. The monitoring borehole
331 has a depth of ~240 m and a diameter of 129 mm. The microanchored fiber-optic cable was deployed in
332 the borehole following the procedure described below.

333 Drill a vertical borehole in the selected site and perform hole sweeping and washing using clean
334 water. Thread the microanchored cable into the head of a weight guide (Fig. S7a), and wind the cable on a
335 pay-off reel (Fig. S7b). Slowly lower the weight guide and cable into the borehole by controlling the wire
336 rope attached to the cable (Fig. S7c). Backfill the borehole with the prepared fine sand–gravel–bentonite
337 mixture. Keep the cable in a straightened state during this period. Retain the fixator after borehole
338 backfilling and build a monitoring station to achieve long-term deformation sensing.

339 We installed in this borehole a 5-mm-diameter steel strand-reinforced cable with cylinder-shaped
340 microanchors. The diameter and length of the microanchors are 10 and 90 mm, respectively. The anchor
341 spacing was set to 5 m. The average Young's modulus of this cable is 8.34 GPa. An AV6419 BOTDR
342 interrogator (CETC-41, China; Fig. S7d) was used for fiber-optic data acquisition with a spatial resolution
343 of 1000 mm and a sample interval of 50 mm; the resulting strain accuracy is $\pm 50 \mu\epsilon$. Initial measurements
344 were carried out on December 25, 2016 (used as a baseline), and seven data collections were performed
345 until May 28, 2019.

346 A group of extensometers were deployed adjacent to the fiber-optic monitoring borehole (~5 m
347 apart) by the Geological Survey of Jiangsu Province, at depths of 140, 240, 328, 390, 550, and 590 m.
348 While the extensometers were much deeper than the fiber-optics, their measurements available from
349 November 8, 2017 through May 28, 2019 allowed the fiber optically determined deformation at 0–140,
350 140–240, and 0–240 m to be corroborated.

351 **Results.**

352 Figure 6a,b depicts the original Brillouin frequency shifts and strain changes measured by the
353 microanchored fiber-optic cable in the Yancheng borehole. It can be observed that compression occurred
354 primarily in the upper 20 m soil layer, with a maximum negative strain of $\sim -400 \mu\epsilon$. This could be related
355 to the compression of highly compressible mucky silty clays by loading or a variety of civil
356 infrastructures in the development zone.

357 To evaluate whether the fiber-optic strains were reliable, the stress state of the microanchors at 0–20
358 m depth was analyzed. Figure 6c shows that with the increase of microanchor depth, the degree of
359 mobilization of soil–anchor interaction force decreased dramatically. This is expected because the
360 ultimate force increased significantly with depth. Although the average value of F_a / F_{ar} reached
361 approximately 33% for the microanchor at 2 m depth, all these microanchors remained good working
362 condition during the whole process. To further verify the measured fiber-optic data, a comparison
363 between extensometer measurements and fiber optically determined deformation at 0–140, 140–240, and
364 0–240 m depths was conducted (Fig. 6d, Fig. S8). For 140–240 m depth, because the stratum deformation
365 was relatively small and the control points were limited, there appeared to be some deviations between
366 the two measurements. However, for 0–140 and 0–240 m depths that contained the major compression
367 layer (0–20 m), the two trends agreed with each other. Combined, these results suggest that
368 microanchored DSS could be used for monitoring vertical deformation profiles in a field setting.

369

370 **Summary and future work**

371 DSS paired with fiber-optic cables installed in vertical boreholes enables the acquisition of spatially
372 continuous strain profiles of the subsurface. DSS data quality is conditioned by the ground–cable
373 coupling effect which is difficult to evaluate precisely, especially in loose sediments under low confining
374 pressures. In this study, we developed an improved DSS approach by using a dedicated fiber-optic cable
375 with microanchors attached to its surface whereby coupling can be improved. We first probed the
376 ground–cable interaction mechanism via theoretical analysis and proposed a bearing capacity-based
377 criterion for data reliability assessment. We then applied the proposed technique to both laboratory and
378 field experiments for the detection of vertical motions. As demonstrated by our results, no buried
379 microanchors failed even at limited confining pressures. We proved the feasibility of microanchored DSS

380 further through comparisons of fiber optically determined deformation with extensometer measurements.
381 We underscore this method's potential for retrieving high-resolution static and quasistatic strain profiles
382 with a single ground-buried microanchored fiber-optic cable. In particular, the improved quality of strain
383 data acquired in the near surface environment may provide new opportunities for geomechanics and
384 hydrology research. Future studies should aim to achieve higher measurement precision of microanchored
385 DSS via evaluating quantitatively the impact of anchorage on the ground-to-fiber strain transfer.
386 Moreover, future work to assess the suitability of proposed bearing resistance equations for a variety of
387 microanchor types would allow for a more effective design of anchored DSS systems to detect shallow
388 subterranean displacements.

389

390 **Data availability**

391 The datasets generated during and/or analyzed during the current study are available from the
392 corresponding author on reasonable request.

393

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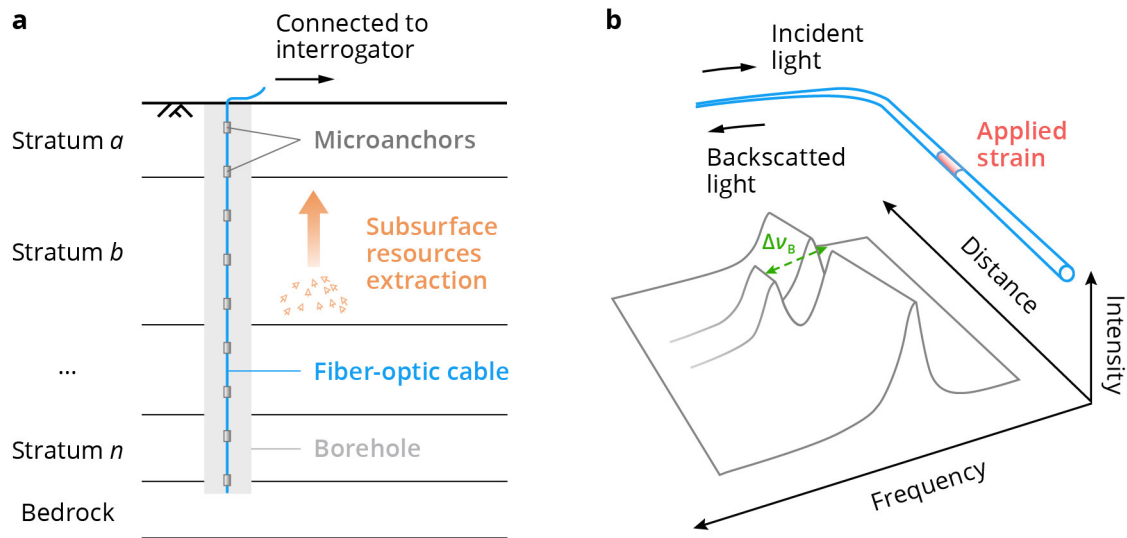
500 **Author contributions**

501 B.S. conceived the study and coordinated the work. C.-C.Z. and B.S. co-wrote the manuscript, with
502 contributions from all the authors. C.-C.Z. and S.Z. proposed the theoretical method, performed data
503 analysis, and created the figures. S.Z. and S.-P.L. conducted laboratory tests. S.Z., K.G., S.-P.L., X.-L.G.,
504 and G.-Q.W. contributed to the design and implementation of field experiments and to data acquisition.
505 All authors discussed the results and commented on the manuscript.

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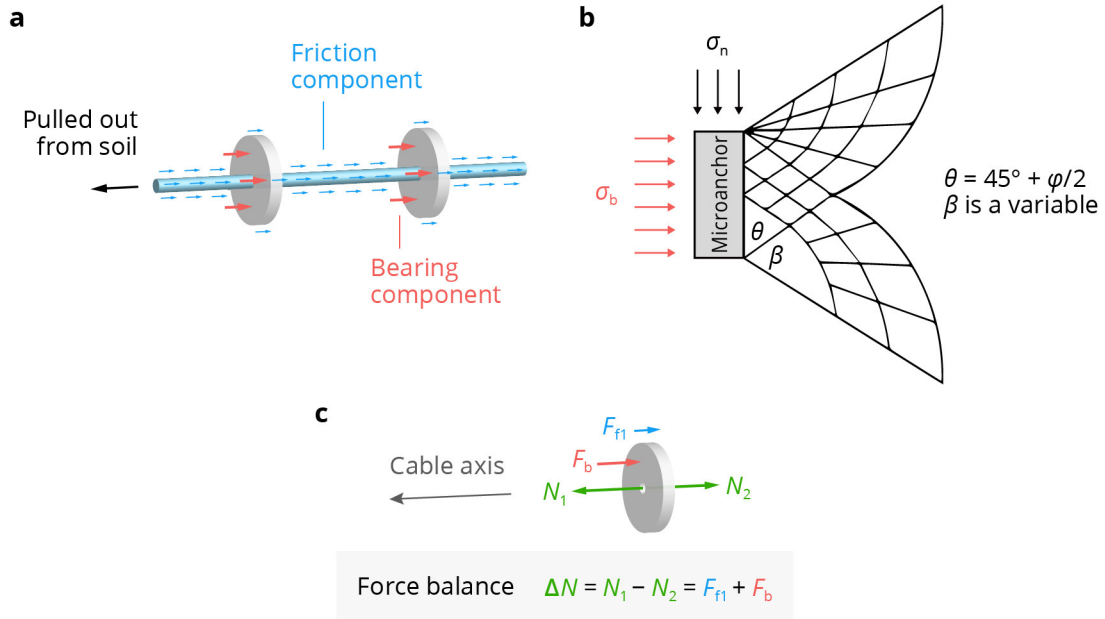
507 **Competing interests**

508 The authors declare no competing interests.



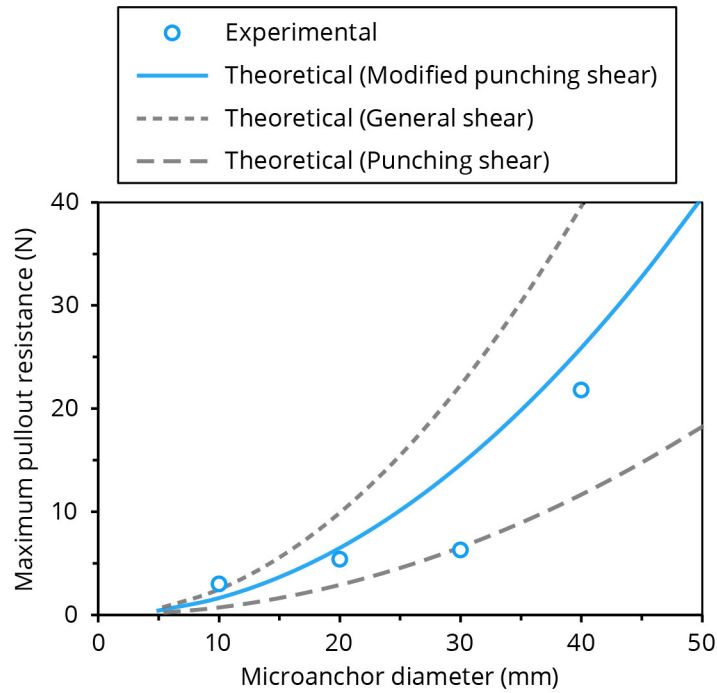
509

510 **Figure 1. (a)** Schematic of distributed sensing of stratum deformation resulting from subsurface resources
 511 extraction using a borehole-embedded microanchored fiber-optic cable. **(b)** Measurement principle of
 512 fiber-optic distributed strain sensing (DSS). Brillouin optical time-domain reflectometry with single-
 513 ended deployment is shown as an example (See the “DSS measurement principle” section for more
 514 Brillouin- or Rayleigh-based DSS techniques). External strains acting on an optical fiber induces a shift in
 515 frequency of backscattered Brillouin light ($\Delta\nu_B$), which can be detected by a fiber-optic interrogator. By
 516 repeatedly launching light pulses into the fiber, a complete strain profile along the entire borehole length
 517 can be determined. Temperature compensation may be performed with a colocated strain-insensitive
 518 sensing cable deployed in the same borehole.



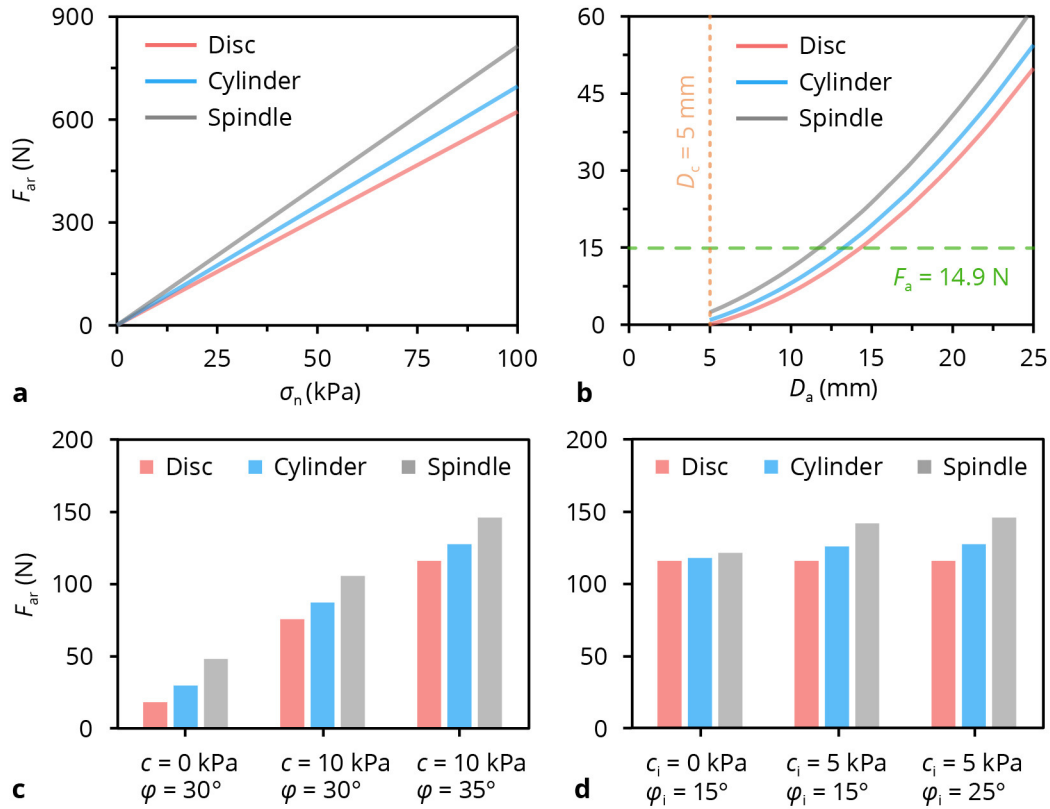
519

520 **Figure 2.** Interaction between soil and microanchored fiber-optic cable, illustrated with an example of
 521 disc-shaped microanchors. **(a)** Resistive force components for cable pulled out from soil. **(b)** Modified
 522 punching shear failure mechanism of microanchor (after ref²⁹). **(c)** Force diagram of a single microanchor.



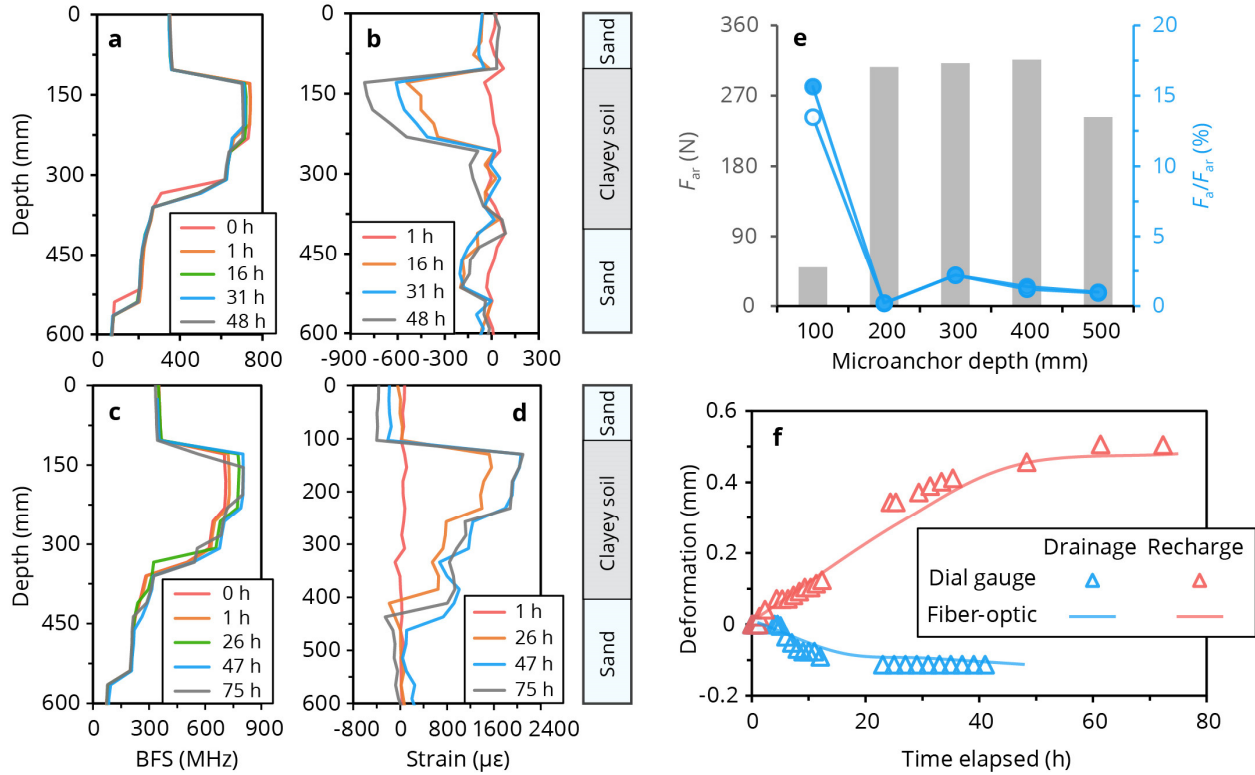
523

524 **Figure 3.** Comparison between experimental and theoretical maximum pullout resistances at varying
 525 diameters of disc-shaped microanchor. In addition to modified punching shear failure adopted in this
 526 study for describing microanchor bearing failure, upper- and lower-bound values constrained from
 527 general and punching shear failure mechanisms are also depicted. The input parameters for theoretical
 528 modeling are: $\sigma_n = 1.36$ kPa; $c = 0$; $\phi = 30^\circ$; $L_c = 0.5$ m; $D_c = 0.002$ m; and $D_a = 5\text{--}50$ mm.



529

530 **Figure 4.** Parametric analysis reveals the effects on the ultimate soil–anchor interaction force F_{ar} of
 531 variations in model parameters: **(a)** Normal stress σ_n , **(b)** Microanchor diameter D_a , **(c)** soil strength
 532 parameters (c , ϕ), and **(d)** soil–anchor interface strength parameters (c_i , ϕ_i). D_c is the diameter of
 533 unanchored cable; F_a is the interaction force between soil and microanchor (14.9 N corresponds to a 1%
 534 tensile strain). Parameters used in the analysis are summarized in Supplementary Table S1.



535

536 **Figure 5.** Microanchored fiber-optic DSS applied to a laboratory experiment of layered soil deformation

537 under drainage and recharge conditions. **(a–d)** Fiber-optic measurements. **(a,b)** Original Brillouin

538 frequency shift (BFS) profiles and derived strain change profiles in the drainage test. **(c,d)** Original BFS

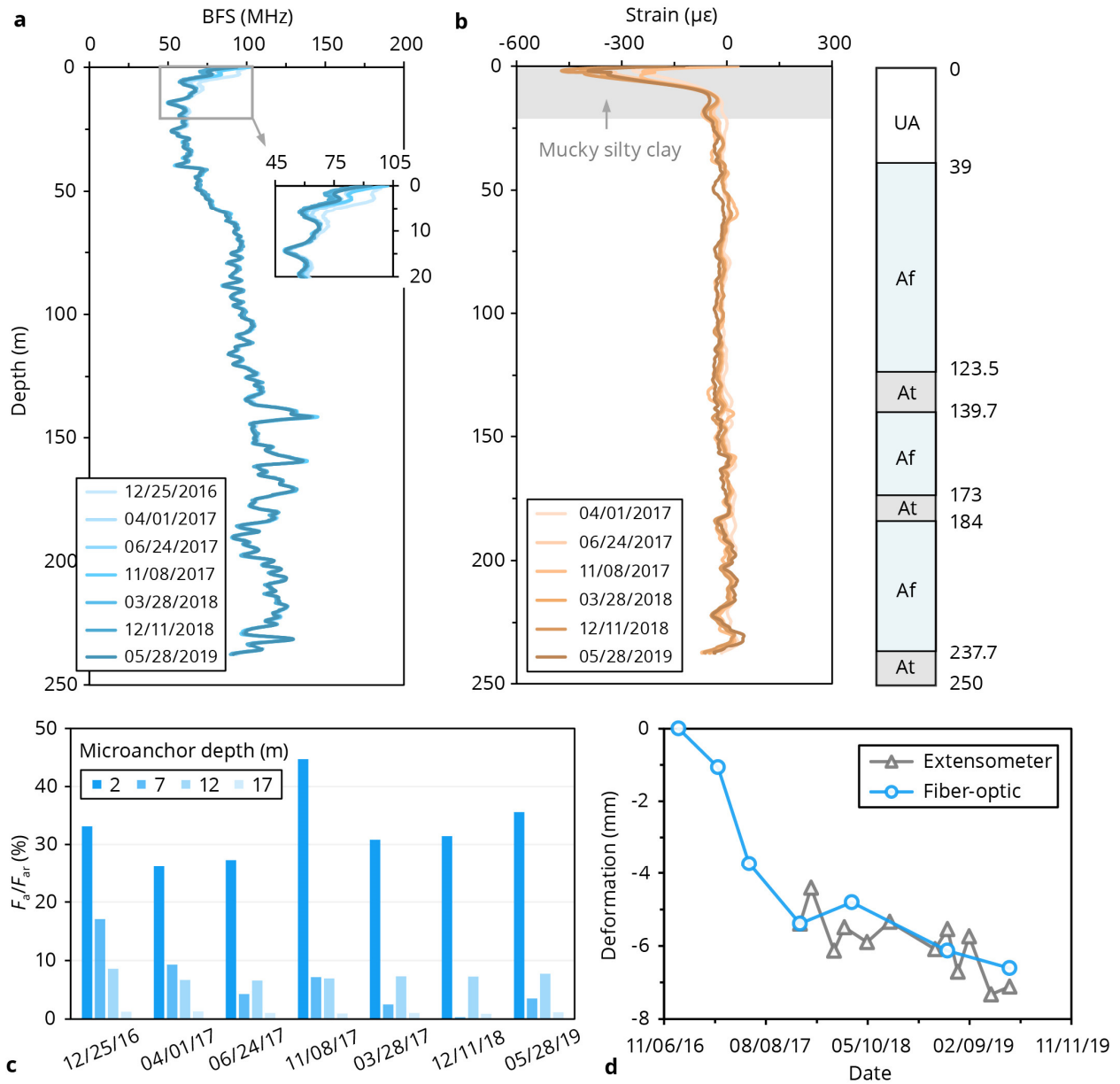
539 profiles and derived strain change profiles in the recharge test. **(e)** Calculated ultimate soil–anchor

540 interaction force F_{ar} and the degree of mobilization F_a / F_{ar} . Grey bars denote F_{ar} ; blue open circles

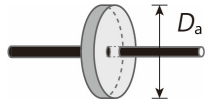
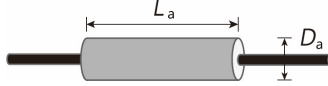
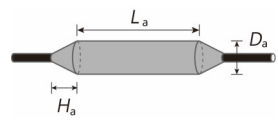
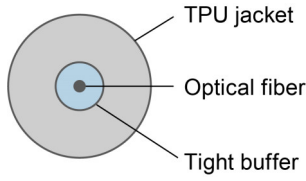
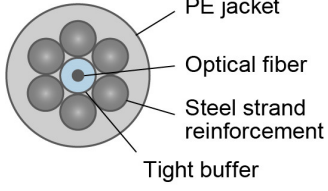
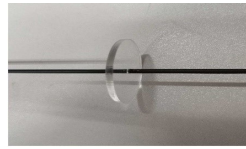
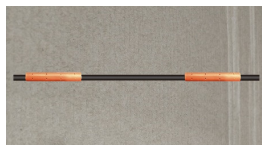
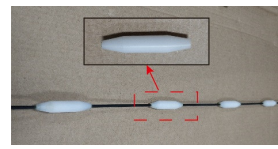
541 denote F_a / F_{ar} (drainage, 48 h); blue solid circles denote F_a / F_{ar} (recharge, 75 h). **(f)** Fiber optically

542 determined deformation of soil layer at 50–600 mm depth compared with settlement gauge

543 measurements.



544
 545 **Figure 6.** Microanchored fiber-optic DSS applied to a field experiment to monitor subsurface strata
 546 deformation in Yancheng (Jiangsu, China). **(a,b)** Fiber-optic data acquired with a cylinder-anchored cable
 547 in the Yancheng monitoring borehole from December 2016 to May 2019. **(a)** Original Brillouin frequency
 548 shift (BFS) profiles. **(b)** Derived strain profiles. UA: unconfined aquifer; Af: confined aquifer; At:
 549 aquitard. **(c)** Degree of mobilization of calculated ultimate soil-anchor interaction force F_a / F_{ar} at
 550 different depths. **(d)** Comparison between extensometer measurements and fiber optically determined
 551 deformation at 0–240 m depth.

| Anchor type | Disc | Cylinder | Spindle |
|---|--|---|---|
| Schematic diagram |  |  |  |
| Cross-section illustration (unanchored) |  |  | |
| Prototype photo |  |  |  |
| Description | <ul style="list-style-type: none"> • 0.9-mm- or 2-mm-diameter TPU-jacketed cable with a Young's modulus of ~ 1 GPa and a tensile strength of 20–25 MPa • Suitable for laboratory physical modeling | <ul style="list-style-type: none"> • 5-mm-diameter steel strand-reinforced, PE-jacketed cable with a Young's modulus of ~ 8 GPa and a tensile strength of up to 120 MPa • Can survive in harsh underground environments because of high mechanical performance • Suitable for direct embedment in monitoring boreholes | |

552 **Table 1.** Three microanchored fiber-optic cables developed for deformation sensing in the near surface
553 environment. The optical fiber depicted in the cross-section illustration is comprised of a fiber core (silica
554 core + cladding) and a coating. The unanchored strain sensing cables are commercially available (NanZee
555 Sensing Ltd.): the TPU-jacketed (NZS-DSS-C07); the PE-jacketed (NZS-DSS-C02). Note that no
556 anchor–cable interface debonding was found in any of the applications presented. TPU = thermoplastic
557 polyurethane; PE = polyethylene. Refer to ref.³⁵ for a cable with special three-dimensional “dead” anchors
558 suitable especially for detection of shear deformation such as a creeping landslide.