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# 1 Poleward shift in the Southern Hemisphere westerly winds 2 synchronous with the deglacial rise in CO<sub>2</sub>

3  
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## 20 21 **Abstract**

22 The Southern Hemisphere westerly winds influence deep ocean circulation and carbon  
23 storage. While the westerlies are hypothesised to play a key role in regulating atmospheric  
24 CO<sub>2</sub> over glacial-interglacial cycles, past changes in their position and strength remain poorly  
25 constrained. Here, we use a compilation of planktic foraminiferal  $\delta^{18}\text{O}$  from across the  
26 Southern Ocean and emergent relationships within an ensemble of climate models to  
27 reconstruct changes in the Southern Hemisphere surface westerlies over the last deglaciation.  
28 We infer a 4.8° (2.9-7.1°, 95% confidence interval) equatorward shift and about a 25%  
29 weakening of the westerlies during the Last Glacial Maximum (LGM; 20 ka) relative to the mid-  
30 Holocene (6.5 ka). Climate models from the Palaeoclimate Modelling Intercomparison Project  
31 substantially underestimate this inferred equatorward wind shift. According to our  
32 reconstruction, the poleward shift in the westerlies over deglaciation closely mirrors the rise in  
33 atmospheric CO<sub>2</sub> ( $R^2=0.98$ ). Experiments with a 0.25° resolution ocean-sea-ice-carbon model  
34 suggest that shifting the westerlies equatorward reduces the overturning rate of the ocean  
35 below 2 km depth, leading to a suppression of CO<sub>2</sub> outgassing from the polar Southern Ocean.  
36 Our results support a role for the westerly winds in driving the deglacial CO<sub>2</sub> rise, and suggest  
37 outgassing of natural CO<sub>2</sub> from the Southern Ocean is likely to increase as the westerlies shift  
38 poleward due to anthropogenic warming.

## 39 40 **Plain Language Summary**

41 The mid-latitudes of the Southern Hemisphere are characterised by a band of strong westerly  
42 winds. These winds play an important role in driving the circulation of the deep ocean and are

43 thought to influence the oceans' ability to store carbon. Understanding how the westerlies  
44 have varied in the past is challenging as we have few methods to track the winds directly.  
45 Here we use oxygen isotopes in foraminiferal shells to track changes in the broad-scale  
46 pattern of sea surface temperature across the Southern Ocean, which we link to changes in  
47 the winds using climate models. We find the westerly winds were displaced around 5°  
48 equatorward during the cold climate of the last ice age, and that the poleward shift in the winds  
49 we observe as the earth warmed out of the ice age bears an uncanny resemblance to the  
50 increase in atmospheric CO<sub>2</sub>. We then force the winds in a climate model towards the equator  
51 in a similar manner to the shift we observe in the ice age, and find the model stores more  
52 carbon in the ocean. Our results support a link between shifts in the Southern Hemisphere  
53 westerly winds and atmospheric CO<sub>2</sub>.

54

## 55 **Key points**

56

- 57 • we use planktic foraminiferal  $\delta^{18}\text{O}$  and climate models to infer deglacial changes in the  
58 Southern Hemisphere surface westerlies
- 59
- 60 • we estimate the westerlies were ~5° equatorward and ~25% weaker at the LGM; their  
61 poleward shift over deglaciation mirrors the rise in CO<sub>2</sub>
- 62
- 63 • experiments with a 1/4° ocean-sea-ice-carbon model indicate increased oceanic  
64 carbon storage with equatorward shifted westerlies

65

## 66 **1. Introduction**

67

68 The Southern Hemisphere westerly winds play a key role in returning deep ocean  
69 waters to the surface and thus largely govern the rate at which the deep oceanic reservoirs of  
70 heat and carbon communicate with the surface ocean and atmosphere (Marshall & Speer,  
71 2012; Toggweiler & Samuels, 1995). South of ~47°S the modern westerly winds drive  
72 divergent Ekman transports that contribute to lift deepwaters and tilt density surfaces  
73 (Toggweiler & Samuels, 1995). Although mesoscale ocean eddies work to flatten the steep  
74 isopycnals, the counteraction of the wind-driven circulation by the eddies is incomplete,  
75 resulting in a residual circulation that brings macro-nutrient and carbon rich deepwaters to the  
76 surface (Abernathy et al., 2011; Marshall & Speer, 2012). Due to iron (Martin et al., 1990)  
77 and light (Mitchell et al., 1991) limitation the upwelled nutrients are not completely utilised  
78 before buoyancy loss near the Antarctic continent causes some of the upwelled waters to sink

79 as Antarctic Bottom Water, filling the deep ocean with 'preformed' nutrients (Ito & Follows,  
80 2005; Pasquier & Holzer, 2016). This 'leak' in the biological pump, largely caused by the over-  
81 supply of nutrients to the surface ocean by wind-driven upwelling, leads to the hypothesis that  
82 changes in the Southern Hemisphere westerly winds could help regulate atmospheric CO<sub>2</sub>  
83 over glacial-interglacial cycles (Ai et al., 2020; Anderson et al., 2009; Lauderdale et al., 2017;  
84 Sigman & Boyle, 2000; Toggweiler et al., 2006).

85

86 Past changes in the position and strength of the Southern Hemisphere westerly winds  
87 are poorly constrained, making it difficult to assess their role in driving past carbon cycle  
88 changes. A compilation of diverse proxy data suggests signals of an equatorward shift in the  
89 westerlies during the Last Glacial Maximum (LGM, 19-23 ka) relative to the Holocene (Kohfeld  
90 et al., 2013). However, relating changes in the measured proxies (i.e. terrestrial moisture,  
91 marine productivity) to the position of the westerlies is challenging, both quantitatively and  
92 qualitatively, such that even the direction of change during the LGM (i.e. poleward versus  
93 equatorward) is debated (Sime et al., 2013, 2016). Furthermore, while climate models show  
94 a relatively clear and consistent signal of an equatorward shift in the Northern Hemisphere  
95 surface westerlies under glacial forcings (Gray et al., 2020; Kageyama et al., 2020; Li &  
96 Battisti, 2008) in agreement with proxy data (Gray et al., 2020), they show little consistency in  
97 the magnitude or sign of change in the Southern Hemisphere (Chavaillaz et al., 2013;  
98 Kageyama et al., 2020; Sime et al., 2013). Ice core data suggest abrupt shifts in the westerlies  
99 during the millennial scale atmospheric CO<sub>2</sub> variability of the last glacial period (Buizert et al.,  
100 2018), but there is currently little constraint on how or when the westerlies shifted over the last  
101 deglaciation (20 - 10 ka), as atmospheric CO<sub>2</sub> rose by ~90 ppmv (Marcott et al., 2014).

102

103 To reconstruct changes in the position of the Southern Hemisphere westerly winds  
104 over the last deglaciation we exploit the two-way basin-scale coupling between the westerly  
105 winds and the meridional gradients in sea surface temperature (SST) at mid-latitudes  
106 (Nakamura et al., 2004; Yang et al., 2020). At the latitude where the meridional SST gradient  
107 is steepest, baroclinicity in the lower atmosphere is elevated, initiating baroclinic storm track  
108 eddies that converge zonal momentum and anchor the surface westerlies (Nakamura et al.,  
109 2008). The westerly wind stress in turn drives ocean current systems that maintain the steep  
110 SST gradient, closing the feedback loop (Nakamura et al., 2004, 2008). This two-way coupling  
111 implies that the latitude of maximum zonal-mean zonal wind stress (hereafter referred to  
112 as *wind latitude*) should be related to the latitude of maximum meridional gradient of zonal-  
113 mean SST (hereafter referred to as *SST front latitude*) across broad sectors of the Southern  
114 Ocean (Nakamura et al., 2008; Yang et al., 2020).

115

116 To track changes in the Southern Ocean SST front latitude over the deglaciation we  
117 use a basin-wide compilation of  $\delta^{18}\text{O}$  in planktic foraminiferal calcite ( $\delta^{18}\text{O}_{\text{calcite}}$ ; Fig. 1).  
118 Although  $\delta^{18}\text{O}_{\text{calcite}}$  is a function of both temperature and the  $\delta^{18}\text{O}$  of seawater ( $\delta^{18}\text{O}_{\text{water}}$ ), the  
119 effect of temperature is around six times greater than the effect of  $\delta^{18}\text{O}_{\text{water}}$  at the basin scale  
120 (Fig. S1). As no physical mechanism exists to drive such large changes in  $\delta^{18}\text{O}_{\text{water}}$  at the basin  
121 scale, and as the Southern Ocean meridional pattern of  $\delta^{18}\text{O}_{\text{water}}$  is itself closely linked to the  
122 SST pattern via the influence of downgradient moisture fluxes on net precipitation (Siler et al.,  
123 2018), the meridional pattern of  $\delta^{18}\text{O}_{\text{calcite}}$  will always be dominated by temperature and tightly  
124 coupled to the meridional SST profile (Fig. S1; Supporting Information). Meridional profiles of  
125  $\delta^{18}\text{O}_{\text{calcite}}$  thus allow us to identify and track the SST front latitude (Gray et al., 2020) (Fig. 1).  
126 We use an ensemble of climate models to establish an ‘emergent’ relationship (that is an  
127 empirical, multi-model, relationship) (Eyring et al., 2019; Hall et al., 2019) between the SST  
128 front latitude and the wind latitude. We first test the skill of this model-derived relationship,  
129 before combining it with the reconstructed changes in the SST front latitude to quantify shifts  
130 in the surface westerlies over deglaciation. Finally, we perform new experiments with a  $\frac{1}{4}$   
131 degree ocean-sea ice-carbon cycle model to better understand the impact of wind shift on the  
132 residual circulation and biogeochemistry of the Southern Ocean.

133

## 134 **2. Methods**

### 135 *2.1 New and compiled planktic foraminiferal $\delta^{18}\text{O}$ data from the Southern Ocean*

136 We compiled existing records of planktic foraminiferal  $\delta^{18}\text{O}$  from near-surface dwelling  
137 species from core sites across the Southern Ocean, and generated new data from cores in  
138 the Kerguelen plateau and southeast Pacific (Fig. 1a,b; Figs. S2 and S3). We generated new  
139 planktic foraminiferal  $\delta^{18}\text{O}$  records from two sediment cores retrieved from the Kerguelen  
140 Plateau during cruise OSCAR INDIEN-SUD (MD12-3396CQ, -47.73 °N, 87.69 °E; MD12-  
141 3401CQ, -44.68°S, 80.39°E). Furthermore, we extended/increased the resolution of two  
142 previously published records from cores located on Kerguelen (MD02-2488, -51.07 °N, 67.73  
143 °E) and in the southeast Pacific (MD07-3119, -46.08 °N, -76.1 °E). We analysed  $\delta^{18}\text{O}$  on either  
144 *G. bulloides* or *N. pachyderma* using a GV Isoprime 100 and an OPTIMA, and a Finnigan  
145 MAT251 and a  $\Delta+$  at the Laboratoire des Sciences du Climat et de l'Environnement (LSCE).  
146 The measurements are reported versus Vienna Pee Dee Belemnite (VPDB) standard defined  
147 with respect to the NBS19 standard. The mean external reproducibility ( $1\sigma$ ) of carbonate  
148 standards is  $\pm 0.06\%$  for  $\delta^{18}\text{O}$ ; the different mass spectrometers are regularly inter-calibrated  
149 and the data are corrected, depending on the devices, for nonlinearity and the common acid  
150 bath. Within this internal calibration, NBS18 is  $-23.2\pm 0.2\%$  VPDB for  $\delta^{18}\text{O}$  and  $-5.0\pm 0.1\%$   
151 VPDB for  $\delta^{13}\text{C}$ . Age models for all the cores are based on radiocarbon dating, and further

152 details of the age models can be found in Haddam et al. (2020) for core MD07-3119 and  
153 Gottschalk et al. (2020) for core MD12-3396CQ. Reservoir age changes for the Kerguelen  
154 area followed results to establish the age model of core MD12-3401CQ (Gottschalk et al.,  
155 2020). The new data are provided in Table S1 and are available on Pangaea  
156 (<https://doi.org/10.1594/PANGAEA.932846>).

157

158 We compiled all available existing  $\delta^{18}\text{O}$  records for near-surface dwelling planktic  
159 foraminifera species (*G. ruber*, *G. bulloides*, *N. pachyderma*; Supporting Information)  
160 spanning the last deglaciation (10-20 ka) from across the Southern Ocean (Bostock et al.,  
161 2004, 2015; Caley et al., 2011; Calvo et al., 2007; Caniupán et al., 2011; Carlson et al., 2008;  
162 Charles et al., 1991; Chiessi et al., 2014; Crosta et al., 2004; Dyez et al., 2014; Fischer &  
163 Wefer, 1999; Gersonde et al., 2003; Gottschalk et al., 2015, 2018; Govin et al., 2009; Grobe  
164 & Mackensen, 1992; Haddam et al., 2018; Hasenfratz et al., 2019; Hodell et al., 2000, 2003;  
165 Labeyrie et al., 1996; Lamy et al., 2004; Levi et al., 2007; Lu et al., 2016; Martínez-Méndez et  
166 al., 2010; Mashiotta et al., 1999; Mohtadi et al., 2008; Nelson et al., 2000; Pereira et al., 2018;  
167 Pichon et al., 1992; Portilho-Ramos et al., 2018; Rickaby & Elderfield, 1999; Santos et al.,  
168 2017; Sarnthein et al., 1994; Schiraldi et al., 2014; Schneider et al., 1995; Scussolini &  
169 Peeters, 2013; Sicre et al., 2005; Sikes et al., 2009; Stuut et al., 2002, 2019; Y. V. Wang et  
170 al., 2013; Winn, 2013; Zahn et al., 1994). The compiled records are kept on the original age  
171 model of publication. Together, the new and compiled data amount to 64 deglacial records of  
172 planktic foraminiferal  $\delta^{18}\text{O}$ . All  $\delta^{18}\text{O}$  data are given in Table S1 and are available on Pangaea  
173 (<https://doi.org/10.1594/PANGAEA.932846>).

174

## 175 2.2 Tracking the SST front latitude

176 Meridional shifts in the SST front ( $\Delta\text{Lat}_{\text{SST}}$ ) are calculated by finding the latitudinal shift  
177 that minimises the difference between the  $\delta^{18}\text{O}$  profile at each time step and the Holocene  
178  $\delta^{18}\text{O}$  profile, within a  $10^\circ$  latitudinal window that includes the steepest part of the profile (Gray  
179 et al., 2020) (Fig. 1b and Figs. S2 and S3). We account for whole ocean changes in  $\delta^{18}\text{O}_{\text{water}}$   
180 and the global-mean SST change ( $\delta^{18}\text{O}_{\text{ivc-gtc}}$ ; Fig. 1c), quantifying uncertainties via  
181 bootstrapping and Monte-Carlo simulation. We compute  $\Delta\text{Lat}_{\text{SST}}$  across the entire Southern  
182 Ocean, as well as separately in the Indian-Pacific and Atlantic sectors (Fig. 2), and regional  
183 subsets (Section 3.3); given the paucity of data from south of  $65^\circ\text{S}$  we include Antarctic  
184 marginal sites from all sectors in all regional subsets. The R code and data used to perform  
185 the analysis is provided at <https://doi.org/10.5281/zenodo.7866501>. The  $\Delta\text{Lat}_{\text{SST}}$   
186 reconstructions are provided in Tables S2 and S3.

187

188 In detail, the analyses were performed as follows: we first interpolate the  $\delta^{18}\text{O}$  data to  
189 a 250-year time grid extending from 20 ka to 10 ka using a Generalised Additive Model (GAM)  
190 (Wood, 2011), with the smoothing term determined by restricted maximum likelihood (REML)  
191 (Wood et al., 2016). The reader is referred to Simpson (2018) for an overview of GAMs. Only  
192 foraminiferal  $\delta^{18}\text{O}$  records that span the entire time period of the reconstruction are utilised  
193 such that our analysis compares relative changes in the same records through time; as such  
194 both the spatial distribution and the species composition of the  $\delta^{18}\text{O}$  data remain constant at  
195 all timesteps. The mean temporal resolution of the individual records over deglaciation is about  
196 1 point per 250 years, and we only include  $\delta^{18}\text{O}_{\text{calcite}}$  records with a minimum of 1 point per 1  
197 ka over the deglaciation.

198

199 We model the  $\delta^{18}\text{O}$  data at each time step (first correcting for whole-ocean effects, see  
200 below) as a function of latitude using a GAM in the same manner as described above (Figs.  
201 S2 and S3). We compute the shift in latitude which minimises the Euclidean distance ( $L^2$ )  
202 between the GAM fit at each time step relative to 10 ka, within a  $10^\circ$  latitude band centred  
203 around the steepest part of the Holocene meridional SST/ $\delta^{18}\text{O}_{\text{calcite}}$  profile (40 to  $50^\circ\text{S}$ ; grey  
204 box in Fig. 1b and Figs. S2 and S3). The width of this latitudinal band has a negligible impact  
205 on our results. The 10 ka reference time is chosen to maximise the number of records  
206 spanning the deglaciation. Note, we use this method to track the position of the SST front  
207 latitude through time, rather than directly locating the latitude of maximum gradient in  $\delta^{18}\text{O}_{\text{calcite}}$   
208 in the same way we locate the SST front in model output (see Section 3.2), because this  
209 method was demonstrated to perform better with proxy data (Gray et al., 2020).

210

211 To minimise temporal changes in the meridional  $\delta^{18}\text{O}_{\text{calcite}}$  profile that arise from whole-  
212 ocean changes rather than regional dynamics we correct the  $\delta^{18}\text{O}_{\text{calcite}}$  data for the whole-  
213 ocean change in  $\delta^{18}\text{O}_{\text{water}}$  (arising from ice sheet growth/retreat) and the global-mean SST  
214 change ( $\delta^{18}\text{O}_{\text{ivc-gtc}}$ ) (Fig. 1c). For the whole-ocean change in  $\delta^{18}\text{O}_{\text{water}}$  we scale the LGM-  
215 Holocene change of  $1.0 \pm 0.1 \text{‰}$  ( $2\sigma$ ) (Schrag et al., 2002) by the sea level curve of Lambeck  
216 et al. (2014). For the global-mean SST change we scale the  $-1.7 \pm 1.0^\circ\text{C}$  ( $2\sigma$ ) area-weighted  
217 global-mean LGM-preindustrial change in SST from the Paleoclimate Modelling  
218 Intercomparison Project (PMIP) 3 and 4 ensemble [see Section 2.3; note, the recent multi-  
219 model data assimilation of Annan et al. (2022) falls within this range], by the global  
220 temperature record of Shakun et al. (2012), using the water-calcite temperature fractionation  
221 ( $\delta^{18}\text{O}_{\text{calcite-water}}$ ) of Kim & O'Neil (1997), which agrees with the pooled-foraminiferal species  
222 sensitivity of Malevich et al. (2019). We propagate the uncertainty from these whole-ocean  
223 corrections through to our final results. We note these whole-ocean corrections make the

224 reconstructed changes in the position of the SST front more conservative; removing the  
225 global-mean SST change correction entirely results in an Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  of  $\sim 7^\circ$   
226 between 10-20 ka (c.f.  $\sim 5^\circ$  including the correction). The  $\delta^{18}\text{O}_{\text{calcite}}$  evolution in the subtropical  
227 and polar sectors (i.e. the regions where we expect the dynamically driven changes to be  
228 substantially smaller relative to the mid-latitudes; Figs. S2 and S3) shows excellent agreement  
229 in both magnitude and timing with the whole-ocean  $\delta^{18}\text{O}$  corrections we are applying (Fig. 1c),  
230 confirming these whole-ocean corrections are unlikely to be introducing substantial artefacts  
231 into the reconstruction. Our leave-one-out analysis (Section 3.1) shows that our reconstruction  
232 is primarily driven by mid-latitude sites, further indicating these whole-ocean corrections are  
233 unlikely to be biasing our results. Finally, the lack of change in the  $\Delta\text{Lat}_{\text{SST}}$  reconstruction in  
234 the Atlantic (Fig. 2) also demonstrates that these whole-ocean corrections do not induce  
235 apparent shifts in the position of the SST front.

236

237 We derive uncertainties via bootstrap resampling of the dataset (Efron, 1979) (10,000  
238 iterations), also accounting for the age and analytical uncertainties on individual records as  
239 well as the uncertainties in the whole-ocean change in  $\delta^{18}\text{O}_{\text{water}}$  and the global-mean SST  
240 change with Monte-Carlo simulation. We ascribe age uncertainties of  $\pm 1000$  years ( $2\sigma$ ), and  
241 analytical uncertainties of  $\pm 0.08$  ‰ ( $2\sigma$ ) to all planktic foraminiferal  $\delta^{18}\text{O}$  records. When  
242 calculating the lead-lag between our  $\Delta\text{Lat}_{\text{SST}}$  reconstruction and the change in atmospheric  
243  $\text{CO}_2$  and the global temperature over deglaciation (Section 3.4) we account for age  
244 uncertainties in the  $\text{CO}_2$  record using the typical gas age uncertainty in the WAIS divide ice  
245 core over deglaciation ( $\pm 75$  yrs,  $1\sigma$ ; Sigl et al., 2016). For the age uncertainty in the global  
246 mean temperature stack we take the uncertainty in the lag of global temperature over  $\text{CO}_2$   
247 ( $\pm 340$  yrs,  $1\sigma$ ) from Shakun et al. (2012). To account for age uncertainties in the  $\Delta\text{Lat}_{\text{SST}}$   
248 reconstruction, we repeat the lead-lag analysis using each bootstrap/Monte-Carlo iteration of  
249 the  $\Delta\text{Lat}_{\text{SST}}$  reconstruction. This approach assumes age uncertainties within the  $\delta^{18}\text{O}$   
250 compilation are uncorrelated, which is unlikely given e.g. reservoir age changes in the  
251 Southern Ocean (although methodological differences between studies add a source of  
252 random 'human behavioural' error), but still provides a first-order assessment of leads and  
253 lags between the different time series.

254

255 To assess shifts in the westerlies within the early Holocene we repeat the analysis  
256 over a longer time period (6.5 - 22 ka) which necessitates using a smaller subset of cores and  
257 thus results in larger uncertainties (Fig. S4). Still, the results show excellent agreement with  
258 the complete set of cores (i.e. spanning 10 - 20 ka) (Fig. S4), with a slope of 0.95 during the  
259 overlapping interval. We correct for this difference in slope in the longer reconstruction, though



260 the correction makes a negligible difference and does not impact our conclusions (Fig. S4).  
261 Performing the analysis further into the Holocene (2.5 - 22 ka) results in substantially higher  
262 uncertainties due to the small number of cores spanning this interval, but the results suggest  
263 the SST front latitude/westerlies are relatively stable through the late Holocene (Fig. S4), in  
264 agreement with qualitative indicators of the winds (Buizert et al., 2018; Lamy et al., 2010;  
265 Saunders et al., 2018).

266

### 267 *2.3 PMIP3/4 and CMIP5/6 climate model ensemble*

268 We use an ensemble of climate models from PMIP3 (Braconnot et al., 2012) and  
269 PMIP4 (Kageyama et al., 2018, 2020) and Coupled Model Intercomparison Project (CMIP) 5  
270 (Taylor et al., 2012) and 6 (Eyring et al., 2016); data available at [https://esgf-](https://esgf-node.llnl.gov/projects/esgf-llnl/)  
271 [node.llnl.gov/projects/esgf-llnl/](https://esgf-node.llnl.gov/projects/esgf-llnl/). We use all CMIP5/PMIP3 and CMIP6/PMIP4 models for which  
272 both SST and zonal surface wind fields are available for the LGM and preindustrial (PI)  
273 simulations, and also include the 4xCO<sub>2</sub> simulations from these models where available.  
274 Annual-mean climatologies are calculated from the final 100 years of each simulation (years  
275 51-150 of the 4xCO<sub>2</sub> simulation) and interpolated to a common 2° analysis grid.

276

277 We calculate the SST front latitude as the latitude of maximum meridional gradient in  
278 zonal-mean SST in each simulation within a 10° latitudinal averaging window. The zonal mean  
279 SST is first smoothed using a 10° running mean (to eliminate small-scale variability). The SST  
280 front is then defined where the smoothed SST profile has the largest meridional gradient. This  
281 definition focuses on the broad-scale mid-latitude meridional temperature gradient, similar to  
282 previous work (Yang et al., 2020), and is thus broader than, and distinct from, oceanic fronts  
283 associated with the Antarctic Circumpolar Current (Chapman et al., 2020). We use zonal-  
284 mean SST across the Southern Ocean (Fig. 3a) and across regional subsets (Fig. 3b; Fig. 4;  
285 Fig. S5). We calculate the wind latitude as the latitude of maximum zonal-mean zonal wind  
286 stress, the wind strength as the maximum in zonal-mean zonal wind stress, and the sea ice  
287 extent as the area with >15% annual-mean sea ice concentration.

288

289 The model ensemble allows us to quantify emergent relationships (empirical, multi-  
290 model, relationships) (Eyring et al., 2019; Hall et al., 2019) between wind latitude and SST  
291 front latitude (Fig. 3a,b; Fig. 4), wind latitude and wind strength Fig. 3c), and wind latitude and  
292 zonal-mean zonal wind stress at 60°S ( $\tau_{u,60S}$ ; Fig. 3d). We will test the skill of the emergent  
293 relationship between wind latitude and SST front latitude (Section 3.3; Fig. 4), before  
294 combining it with reconstructed changes in the SST front latitude ( $\Delta\text{Lat}_{\text{SST}}$ ) to quantify past

295 shifts in the wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ ). We then estimate changes in wind strength and  $\tau_{u,60s}$   
296 using the reconstruction of wind latitude and the emergent relationships with these properties.

297

#### 298 *2.4 Wind-shift experiments with a 0.25° ocean-sea-ice-carbon model*

299 We use the ocean-sea-ice-carbon model MOM5-SIS-Wombat with a Mercator  
300 horizontal resolution of 0.25° (~11 km grid spacing at 65°S), and 50 vertical levels (Hogg et  
301 al., 2017; Menviel et al., 2018). The model is initialised with modern-day temperature and  
302 salinity distributions, and biophysical fields derived from an observation-based climatology  
303 (GLODAP v2; Olsen et al., 2016). The model is then spun-up for 700 years with version 2 of  
304 the Coordinated Ocean-ice Reference Experiments (CORE) Normal Year Forcing (NYF)  
305 reanalysis data (Griffies et al., 2009), representative of a ‘normal year’ during the recent  
306 instrumental period. To study the impact of equatorward shifted southern westerlies, a 4°  
307 equatorward shift (with no change in magnitude) is applied to the near-surface wind speeds  
308 between 25°S and 70°S. The perturbation simulation is run for 125 years. Anomalies are  
309 calculated as the difference between the average of the last 10 years of the Perturbed  
310 experiment and the concomitantly extended Control experiment to remove the influence of  
311 model drift. Both experiments are forced with the same atmospheric temperatures and  
312 precipitation, so that SST and buoyancy fluxes do not freely adjust to the shifted winds in the  
313 Perturbed experiment. Our experimental design thus precludes a comprehensive assessment  
314 of feedback effects between ocean dynamics and buoyancy balance that play an important  
315 role in setting the equilibrium state of the real ocean (Abernathey et al., 2011; Bishop et al.,  
316 2016).

317

318 The model includes parameterizations for the effects of mesoscale eddies on tracer  
319 and mass transports. The isopycnal tracer diffusivity (Redi, 1982) is constant at 600 m<sup>2</sup> s<sup>-1</sup>.  
320 The isopycnal thickness diffusivity (Gent & McWilliams, 1990) is independent of depth but  
321 varies horizontally and temporally with the simulated stratification (it is proportional to the  
322 product of local Rossby radius squared and Eady growth rate). These diffusivities are  
323 imperfect surrogates for the effects of mesoscale eddies, and may therefore introduce bias in  
324 the simulated circulation and its sensitivity. However, the dependence of the isopycnal  
325 thickness diffusivity on local quantities relevant to baroclinic instability enables appropriate  
326 sensitivity of the simulated overturning to wind changes (Gent, 2016). Additionally, realistic  
327 eddy-rich models indicate that the bulk of southward flow across the Antarctic Circumpolar  
328 Current (ACC) is accomplished by mean geostrophic flows rather than transient eddies  
329 (Dufour et al., 2015; Mazloff et al., 2013), and that the Southern Ocean residual overturning  
330 responds sensitively to polar Ekman flows (Bishop et al., 2016; Dufour et al., 2012; Stewart et

331 al., 2021). Consistent with these expectations, we find that resolved advection dominates both  
332 the deep southward flow across the ACC and the response to wind shift (Figs. S6 and S7).  
333 Parameterised advection (representing the impact of eddies on mass transports) plays only a  
334 minor role in the overturning change (Fig. S7). We also find a small change in the ACC  
335 strength: the eastward transport through Drake Passage is 122 Sv in the last decade of the  
336 Perturbed experiment, compared to 130 Sv in the same decade of the Control experiment (a  
337 6% decrease).

338

### 339 **3. Results and Discussion**

#### 340 *3.1 Reconstructed changes in the SST front latitude*

341 Our analysis of the data reveals an equatorward shift in the SST front during the LGM  
342 (20ka) relative to 10 ka (Figs. 1b and 2; Figs. S2 and S3), indicative of an equatorward shift in  
343 the winds. Mapping the LGM  $\delta^{18}\text{O}_{\text{ivc-gtc}}$  anomalies shows a large mid-latitude cooling during  
344 the LGM across the Indian and Pacific sectors (Fig. 1a; equivalent to a cooling of 4-5°C beyond  
345 the global-mean SST change indicated by the model ensemble). Our Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$   
346 reconstruction shows a 4.8° (3.6-6.1° 95% confidence interval [CI]) equatorward shift in the  
347 SST front during the LGM relative to 10 ka (Fig. 2b). We perform a jack-knife (leave-one-out)  
348 resampling of the dataset to determine the contribution of each planktic foraminiferal  $\delta^{18}\text{O}$   
349 record to the Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  reconstruction. We sequentially remove each record from  
350 the dataset, recompute  $\Delta\text{Lat}_{\text{SST}}$ , and determine the contribution of that record as the time-  
351 integrated absolute difference from  $\Delta\text{Lat}_{\text{SST}}$  computed using the entire dataset (expressed as  
352 a percentage of the absolute cumulative change in  $\Delta\text{Lat}_{\text{SST}}$  over deglaciation). This analysis  
353 shows that no single record contributes more than 5% of the total variance, and that the cores  
354 with the highest weighting are all located in the mid-latitudes (Fig. 2d-g), indicating the Indian-  
355 Pacific  $\Delta\text{Lat}_{\text{SST}}$  reconstruction primarily reflects a mid-latitude signal.

356

357 By contrast, we find a slight warming anomaly (relative to the global-mean LGM SST  
358 change) at all latitudes in the western Atlantic (Fig. 1a), possibly a signal of a weakened  
359 Atlantic Meridional Overturning Circulation (AMOC) (Gherardi et al., 2009; Stocker & Johnsen,  
360 2003), and no significant change in the SST front latitude within the Atlantic sector over  
361 deglaciation (Fig. 2c). This result is consistent with a weak relationship between the SST front  
362 latitude and wind latitude in the eastern Atlantic, where the vast majority of the Atlantic mid-  
363 latitude cores are located (Fig. 1a; Fig. S5). This weak relationship might owe to bathymetric  
364 constraints on the latitude of the confluence of warm Indian Ocean waters and colder Southern  
365 Ocean waters south of Africa. Although we attribute the lack of change in the SST front latitude  
366 within the Atlantic to the partial decoupling of the westerlies and SST front there, we cannot

367 rule out that the westerlies did not shift substantially over deglaciation within the Atlantic. Given  
368 the lack of sensitivity of SST front latitude in the Atlantic (Fig. S5), we use the Indian-Pacific  
369  $\Delta\text{Lat}_{\text{SST}}$  timeseries (Fig. 2b) to reconstruct shifts in the wind latitude over deglaciation. We note  
370 that also including the Atlantic data (Fig 2a) makes no substantial difference to the  
371 reconstruction of wind latitude (Section 3.3), but slightly increases the error.

372

### 373 *3.2 Emergent SST front-wind latitude relationship and coupling dynamics*

374 Pre-industrial, LGM, and 4xCO<sub>2</sub> simulations from the ensemble of models from the  
375 PMIP3/PMIP4 and CMIP5/CMIP6 model ensemble demonstrate a tight zonal-mean  
376 relationship between wind latitude and SST front latitude over a wide range of climate states  
377 (Fig. 3a;  $R^2 = 0.84$ ). The wind latitude is located 3-10° poleward of the SST gradient latitude  
378 (Fig. 3a), a consequence of the poleward drift of storm track eddies during their lifecycle  
379 (Tamarin & Kaspi, 2016). The relationship between the wind latitude and the SST front latitude  
380 has a slope of less than one, presumably because it is modulated by the influence of  
381 bathymetry and oceanic eddies on upper-ocean currents and SST (Dong et al., 2006; Kohfeld  
382 et al., 2013). These processes can cause local decoupling between the winds and SST  
383 gradient (Fig. 1a), yet the coupling holds on a hemispheric scale (Nakamura et al., 2004, 2008)  
384 (Fig. 3a,b).

385

386 The coupling mechanism between the winds and SST front is primarily due to the  
387 atmospheric response to ocean SST gradient anomalies, which is why it is also found in  
388 atmosphere-only models (Nakamura et al., 2008). However, the response of the surface  
389 ocean circulation acts as a feedback (via its influence on the SST gradient) and the coarse-  
390 resolution models employed here use parameterizations (Gent & McWilliams, 1990; Redi,  
391 1982) for the effects of oceanic mesoscale eddies, which could lead to bias (i.e. structural  
392 uncertainty) in the emergent relationship. Coarse-resolution ocean models tend to  
393 overestimate the response of the Antarctic Circumpolar Current to wind changes (Bishop et  
394 al., 2016; Downes & Hogg, 2013). Should this bias lead to an overestimated slope in the  
395 relationships shown in Fig.3a,b, then our reconstruction of the SST front latitude would imply  
396 an even larger change in the wind latitude over deglaciation. Nevertheless, several factors  
397 support the robustness of the emergent relationship (Fig.3a,b): (i) the presently defined SST  
398 front is distinct from the Antarctic Circumpolar Current and is expected to be more tightly  
399 coupled to wind shifts than the volume transport of the circumpolar current or the position of  
400 its major fronts (cf Fig. S5c and Fig. 3a); (ii) the relationship does not stem only from model  
401 responses, but also from contrasting climatologies of the models under identical forcing  
402 (compare IPSL-CM5A-LR and CCSM4 under PI forcings in Fig 3a); (iii) the regional subset

403 test (Section 3.3 below) shows consistency between our proxy-based regional reconstructions  
404 of the SST front latitude and regional relationships within the model ensemble (Fig. 4).

405

406 To assess whether some aspect of the LGM climate (i.e. global cooling, expanded  
407 Antarctic sea ice; Sime et al., 2016) may cause a deviation away from the emergent  
408 relationship between wind latitude and SST front latitude (Fig. 3a,b), we calculate the LGM-PI  
409 changes in SST front latitude and wind latitude within each individual model in the ensemble  
410 (Fig. 5). This approach effectively normalises for the inter-model differences in preindustrial  
411 climatology which drive much of the variance in the relationship (Fig. 3a). We then calculate  
412 the residual change in SST front latitude during the LGM as the difference from the change  
413 expected using the relationship shown in Fig. 3a. We find a mean residual of  $0.1 \pm 0.8^\circ$  across  
414 the ensemble (i.e. within error of zero), implying that the ensemble moves along the  
415 relationship of Fig.3a between PI and LGM states. This indicates that there is no *a priori*  
416 reason to expect deviation away from the emergent relationship under glacial boundary  
417 conditions (e.g. due to an expansion of Antarctic sea ice). The largest residual change in SST  
418 front latitude within any of the individual models under glacial forcings is  $1.3^\circ$ ; this is  
419 significantly smaller than the reconstructed LGM shift in SST front latitude, such that an  
420 equatorward shift in the westerlies is robust to even the largest of the individual PI-LGM  
421 residuals (Fig. 2a,b). Finally, we find no correlation between Antarctic sea ice extent and the  
422 SST front latitude in the model ensemble (Fig. 2e;  $R^2 = 0.02$ ), nor do we find a correlation  
423 between sea ice extent and the wind latitude ( $R^2 = 0.03$ ).

424

### 425 3.3 Quantifying wind shift from the SST front latitude

426 We apply the emergent relationship between wind latitude and SST front latitude in the  
427 Indian-Pacific sector (Fig. 2b) to our Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  reconstruction to quantify shifts in  
428 the zonal-mean wind latitude over the deglaciation ( $\Delta\text{Lat}_{\text{wind}}$ ). We propagate the uncertainty in  
429 the relationship between SST front and wind latitude through to our final estimates of  $\Delta\text{Lat}_{\text{wind}}$   
430 using a Monte-Carlo approach (Section 2.2). The area-minimising method used to track the  
431 SST front in the  $\delta^{18}\text{O}_{\text{calcite}}$  data (Gray et al., 2020) cannot be directly applied to the model  
432 ensemble because the SST climatologies differ across models. However, it is possible to apply  
433 this minimisation method to PI-LGM and PI-4xCO<sub>2</sub> differences within each model. We thus  
434 calculated  $\Delta\text{Lat}_{\text{SST}}$  for each of these model differences using both methods (area-minimisation  
435 and maximum gradient of zonal-mean SST); this comparison shows good agreement between  
436 the two methods, with a residual standard error of  $<0.5^\circ$  and a slope within uncertainty of one  
437 ( $0.99 \pm 0.08$ ). Hence, the difference in the two methods used to locate the SST front is unlikely  
438 to bias our results. To account for the difference in the way the SST front latitude is determined

439 in data and models we propagate this ‘methodological uncertainty’ through to our final  
440 reconstruction of  $\Delta\text{Lat}_{\text{wind}}$ . The  $\Delta\text{Lat}_{\text{wind}}$  reconstruction is provided in Tables S2 and S3.

441

442 To ascertain whether the model ensemble has skill in predicting the relationship  
443 between regional SST front latitude and zonal-mean wind latitude, we first attempt  
444 reconstructions of  $\Delta\text{Lat}_{\text{wind}}$  using regional subsets (Fig. 4a); we sequentially remove regional  
445 subsets of cores from the compilation (Fig. 4a), re-compute  $\Delta\text{Lat}_{\text{SST}}$  (Fig. 4c), and recalculate  
446 the relationship between the zonal-mean wind latitude and the regional SST front latitude (Fig.  
447 4b). We find that although different regions yield differing magnitudes of deglacial change in  
448 SST front latitude (Fig. 4c), they yield almost identical changes in zonal-mean wind latitude  
449 (Fig. 4d), given the region-specific relationship between the two (Fig. 4b). This convergence  
450 of the  $\Delta\text{Lat}_{\text{wind}}$  reconstructions (Fig. 4d) suggests that the emergent relationship is not biased  
451 by the models’ imperfect representation of the effects of bathymetry and eddies on the  
452 meridional SST gradient, such that any structural uncertainty is likely to be small. If biases in  
453 these processes were important, the large variations in bathymetry and eddies across sectors  
454 of the Southern Ocean (Thompson & Naveira Garabato, 2014) would be expected to lead to  
455 disagreements between the regional  $\Delta\text{Lat}_{\text{wind}}$  reconstructions. Combining the measured shifts  
456 in SST front latitude with the emergent relationship between wind latitude and SST front  
457 latitude therefore provides a robust constraint on the zonal-mean wind latitude.

458

459 Finally, we excluded the MPI model from the regressions for the Indian-Pacific sector  
460 (Fig. 2b), as this model sits as an outlier from the remainder of the ensemble (however the  
461 slope between wind latitude SST front latitude within the MPI model is consistent with the rest  
462 of the ensemble), possibly relating to meridional heat transport biases in the Indian sector  
463 (Fathrio et al., 2017), where we find the largest difference relative to the other models.  
464 Including the MPI model in the Indian-Pacific sector regression has a negligible effect on our  
465 results, slightly increasing the reconstructed change in wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ ) between 10-20  
466 ka from 6.2° to 6.7° and increasing the uncertainty by 0.5° at the 95% CI. Removing the MRI  
467 model, which contains a previously identified issue with wind stress over sea-ice (Marzocchi  
468 & Jansen, 2017), makes no difference to our results.

469

### 470 *3.4 Deglacial shifts in the surface westerlies*

471 We infer a 6.3° (4.3-8.7°, 95% CI) equatorward shift in the wind latitude during the  
472 LGM (20 ka) relative to 10 ka (Fig. 6). The evolution of the wind latitude over deglaciation  
473 closely mirrors, and is highly correlated with ( $R^2=0.98$ ), the evolution of atmospheric  $\text{CO}_2$   
474 (Marcott et al., 2014; Fig. 6). We calculate the lead-lag between the Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$   
475 reconstruction and the change in atmospheric  $\text{CO}_2$  and global temperature over deglaciation

476 as the time offset that maximises the correlation between the two time series, broadly following  
477 the approach of (Shakun et al., 2012). This suggests a  $330\pm 230$  yr (95% CI) lead in changes  
478 in the winds over changes in  $\text{CO}_2$ , and a  $1460\pm 670$  yr lead in the winds over global  
479 temperature change. As a sensitivity test, we repeat the lead-lag analysis including varying  
480 degrees of ‘structural’ age uncertainty in the Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  reconstruction to account  
481 for the likely correlation of radiocarbon reservoir age uncertainties within the compilation. This  
482 suggests that the lead in the change in the winds over  $\text{CO}_2$  is significant at the 95% level until  
483 more than  $\sim 30\%$  of the age uncertainty is correlated across the compilation (assuming 100%  
484 of the age uncertainty is correlated, i.e., perfect covariance, results in uncertainties of  $\pm 860$   
485 yrs [95% CI]). The reconstruction indicates a greater lead of  $\Delta\text{Lat}_{\text{SST}}$  relative to  $\text{CO}_2$  after the  
486 Antarctic Cold Reversal ( $\sim 14$  ka; Fig. 3). To test whether the lead of  $\Delta\text{Lat}_{\text{SST}}$  relative to  $\text{CO}_2$   
487 holds in the early deglaciation, we repeat this analysis for 20-14 ka (cf. 20-10 ka) and find a  
488 lead of 160 yrs (-10 to 330 yrs, 95% CI), compared to 330 yrs (100 to 560 yrs, 95% CI) over  
489 the entirety of the deglaciation. The planktic foraminiferal  $\delta^{18}\text{O}$  compilation used in this study  
490 will benefit from any future improvements in our knowledge of regional radiocarbon reservoir  
491 ages (and their spatial covariance), which may lead to adjustments in the precise phasing  
492 between the inferred wind shifts and atmospheric  $\text{CO}_2$ .

493

494 Our analysis over a longer time interval indicates an early Holocene extremum in the  
495 poleward position of the wind latitude, followed by a  $\sim 1.5^\circ$  equatorward shift in the winds over  
496 10-6.5 ka (Fig. 7a). Despite the larger uncertainties in the early Holocene reconstruction, it  
497 agrees well with the analysis of the full dataset (i.e., 10-20 ka) in the overlapping sections (Fig.  
498 S4). Our results thus indicate a  $4.8^\circ$  ( $2.9\text{-}7.1^\circ$ , 95% CI) equatorward shift of the surface  
499 westerlies during the LGM (20 ka) relative to the mid Holocene (6.5 ka) (Fig. 7a). Overall,  
500 while our results confirm the tendency of climate models to shift the winds poleward in a  
501 warming climate (Yin, 2005), the magnitude of the inferred LGM to mid-Holocene wind shift is  
502 substantially greater than that predicted by any of the models within the PMIP3/4 ensemble  
503 between LGM and preindustrial states (Fig. 8).

504

### 505 3.5 Reconstructing wind strength

506 The climate model ensemble shows a correlation between the wind latitude and the  
507 maximum magnitude of the zonal-mean zonal wind stress (*wind strength*; Fig. 3d). The  
508 tendency for the peak westerly wind stress to decrease as the winds move equatorward (and  
509 vice-versa) has been previously noted (Barnes & Polvani, 2013). Using our  $\Delta\text{Lat}_{\text{wind}}$   
510 reconstruction and the emergent relationship between wind latitude and wind strength, we  
511 estimate changes in the wind strength over deglaciation (Fig. 7b), propagating the  
512 uncertainties in the  $\Delta\text{Lat}_{\text{wind}}$  reconstruction and in the relationship between the two variables

513 via Monte-Carlo simulation. Our reconstructed equatorward shift in the wind latitude implies a  
514 weakening of the peak westerly wind stress by  $0.034 \text{ N m}^{-2}$  (about 25%) during the LGM  
515 relative to the mid Holocene, resulting in a LGM wind strength of  $0.106$  ( $0.085$ - $0.12$ , 95% CI)  
516  $\text{N m}^{-2}$ , assuming mid-Holocene wind strength is equal to the modern climatology ( $0.14 \text{ N m}^{-2}$ ).  
517 This assumption is supported by qualitative tracers of the westerlies (Buizert et al., 2018;  
518 Lamy et al., 2010; Saunders et al., 2018) which indicate little change between  $\sim 6.5 \text{ ka}$  and  
519 the present day, and by running our analysis further into the Holocene which shows little  
520 change in the position of the winds, although uncertainties are large (Fig. S4). We note that  
521 as the mechanism underlying the relationship between wind position and wind strength  
522 remains partly unclear (Barnes & Polvani, 2013; McGraw & Barnes, 2016), the reconstructed  
523 changes in wind strength are more tentative than the reconstructed changes in wind latitude.  
524 The wind strength ( $\max \tau_u$ ) reconstruction is provided in Table S3.

525

526 The model ensemble shows little change in the shape of meridional wind profile  
527 between PI and LGM states; there is a  $-0.25 \pm 7\%$  and  $0.5 \pm 3.5\%$  ensemble mean change in  
528 peak width at 50% and 15% peak height, respectively, between LGM and PI. Furthermore,  
529 we observe no significant relationship between the wind latitude and the peak width (at either  
530 50% or 15% peak height) within the ensemble, such that we do not expect substantial  
531 changes in the shape of the zonal mean wind profile as the winds shift.

532

### 533 *3.6 Modelled impacts of wind shift on ocean circulation and biogeochemistry*

534 The similarity of the changes in reconstructed wind latitude and atmospheric  $\text{CO}_2$  over  
535 the deglaciation (Fig. 6) reinforces the hypothesis of their coupling through Southern Ocean  
536 circulation and carbon cycling (Toggweiler et al., 2006). While modelling studies typically show  
537 a consistent increase in oceanic carbon storage following a weakening of the westerlies, the  
538 impact of shifts in the latitude of the westerlies is more ambiguous (Gottschalk et al., 2019;  
539 Lauderdale et al., 2017). However, only global models with a resolution of  $1^\circ$  or coarser have  
540 been used to study the impact of equatorward wind shift to date (Gottschalk et al., 2019;  
541 Lauderdale et al., 2017), possibly limiting the sensitivity of the simulated Southern Ocean  
542 overturning circulation (Hallberg & Gnanadesikan, 2006; Spence et al., 2009). To better  
543 understand how changes in the latitude of the westerlies may affect the oceanic overturning  
544 circulation and carbon cycle, we performed two experiments with a global ocean-sea-ice-  
545 carbon model with  $0.25^\circ$  horizontal resolution: a Control experiment is forced by climatological  
546 atmospheric forcing representative of the recent instrumental period; a Perturbed experiment  
547 uses the same forcing except for a uniform  $4^\circ$  equatorward shift of the Southern Hemisphere  
548 westerlies, with no change in their magnitude. Because the wind stress forcing in the



549 perturbation experiment does not include the 25% reduction in wind strength (and is smaller  
550 than our reconstructed LGM shift) this simulation represents a conservative assessment of  
551 the impacts of an equatorward wind shift alone. The 125-year transient response does not  
552 allow quantification of the equilibrium response of the deep ocean nutrient and carbon cycles  
553 (Lauderdale et al., 2017). Nevertheless, it reveals clear trends in circulation and  
554 biogeochemistry which provide an indication of how the rapidly responding Ekman transports  
555 may reorganize the overturning and qualitatively impact the carbon cycle on longer timescales.

556

557 We find a complete suppression of CO<sub>2</sub> outgassing south of 60°S in the Perturbed  
558 experiment (Figs. 9 and 10), with only a partial compensation further north. As such, there is  
559 an anomalous uptake of 27 GtC by the Southern Ocean south of 35°S over the course of the  
560 Perturbed experiment, equivalent to an atmospheric CO<sub>2</sub> decrease of 13 ppm (Figs. 9 and  
561 10). Deepwater upwelling and surface nutrient and carbon concentrations are substantially  
562 reduced south of 60°S (Figs. 9 and 10), indicating that reduced exposure of nutrient and  
563 carbon rich deepwaters in the polar Southern Ocean underpins the simulated carbon cycle  
564 response to equatorward-shifted westerlies (Supporting Information).

565

566 With the winds shifted equatorward relative to their modern position, northward  
567 Ekman transports become more divergent north of about 60°S, but less divergent south of  
568 60°S (Fig. 9). In our simulation, this results in a substantial decrease in upwelling within the  
569 polar Southern Ocean (Fig. 9) and a slowdown of the global residual circulation deeper than  
570 2 km (Fig. 11; Fig. S6). The decrease in deep-ocean overturning results in increased storage  
571 of carbon and regenerated nutrients below ~1.5 km depth, concurrent with a decrease in  
572 dissolved oxygen (Figs. 11 and 12). Conversely, we see an increase in upwelling north of 60°S  
573 and increased overturning in the upper ocean, concurrent with decreased carbon  
574 concentrations in the upper ~1.5 km.

575

576 Hence, although shifting the winds equatorward increases the overall Ekman  
577 divergence across the Southern Ocean (Figs. 9c and 11a), it focuses the wind's energy away  
578 from isopycnals outcropping carbon-rich deepwaters, towards lighter isopycnals containing  
579 relatively less carbon, leading to a net increase in oceanic carbon storage (Fig. 11c). In  
580 contrast, some previous studies using coarse-resolution models simulated a decrease in  
581 oceanic carbon storage in response to an equatorward shift in the westerlies (Gottschalk et  
582 al., 2019; Lauderdale et al., 2017). We attribute this difference to the response of the residual  
583 overturning in the Southern Ocean, which is likely better captured in our 0.25° simulation

584 (Hallberg & Gnanadesikan, 2006; Spence et al., 2009), but acknowledge that other factors  
585 (particularly the short length of our simulations) may contribute to the discrepancy.

586

### 587 *3.7 Preformed nutrients, nutrient deepening, and long-term CO<sub>2</sub> drawdown*

588 The reduction in upwelling within the polar Southern Ocean causes the preformed  
589 nitrate concentration of Antarctic Bottom Water to decrease (Fig. 12). This may be enhanced  
590 by a shoaling of the polar Southern Ocean mixed layer depth within the simulation (Fig. S8;  
591 Fig. 10), providing a potential mechanism to further increase the utilisation of the upwelled  
592 nutrients via reduced light limitation (Mitchell et al., 1991). Driven by mixed layer shoaling in  
593 deepwater formation regions of the North Atlantic (Fig. S8), the preformed nitrate  
594 concentration of the northern end member also decreases. As such, the ocean's preformed  
595 nutrient inventory begins to decrease, while the regenerated nutrient content increases,  
596 leading to a 1.3% increase in global mean N\* (N\* = regenerated NO<sub>3</sub>/total NO<sub>3</sub>) after 125 years  
597 (Fig. 12b). Assuming these transient changes are indicative of the long-term trend, they imply  
598 a long-term increase in the efficiency of the biological pump and decrease in atmospheric CO<sub>2</sub>  
599 (Ito & Follows, 2005; Lauderdale et al., 2017).

600

601 While the short duration of the Perturbed experiment inhibits a full quantification of the  
602 CO<sub>2</sub> response, extrapolating the initial changes in endmember preformed NO<sub>3</sub> based on the  
603 relative volume of the ocean each endmember represents we can broadly estimate the  
604 magnitude of CO<sub>2</sub> change implicated by the initial changes in endmember preformed nitrate  
605 (Supporting Information): Based on the initial changes in preformed NO<sub>3</sub> within the  
606 endmember regions we expect a global mean N\* increase of ~5% in the Perturbed experiment  
607 relative to the Control, once these anomalies have propagated through the deep ocean.  
608 Applying the sensitivity of atmospheric CO<sub>2</sub> to global preformed nutrients of (Ito & Follows,  
609 2005), this increase in N\* within the Perturbed experiment equates to a long-term atmospheric  
610 CO<sub>2</sub> decrease of ~15 ppm. However, timeseries of the endmember preformed NO<sub>3</sub> values  
611 indicate they are not yet equilibrated and are still decreasing after 125 years such that this  
612 likely represents a conservative estimate of the increase in N\* and associated lowering of CO<sub>2</sub>  
613 we would expect if the Perturbed experiment was run to equilibrium.

614

615 The implications of our reconstructed wind changes on atmospheric CO<sub>2</sub> are likely to  
616 reach beyond the 15 ppm CO<sub>2</sub> drawdown suggested by the endmember preformed nutrient  
617 changes in the perturbation experiment. Firstly, the LGM-Holocene wind shift we observe is  
618 4.8° (rather than the 4° forcing applied to the model), suggesting the LGM CO<sub>2</sub> drawdown  
619 from wind shift is likely to be higher. If we assume a linear scaling between wind shift and the

620 preformed nutrient changes described above, this would imply ~18 ppm CO<sub>2</sub> drawdown from  
621 the impact of wind shift on preformed nutrients at the LGM. Furthermore, we also reconstruct  
622 a 25% reduction in the wind strength that is not accounted for in the perturbation experiment.  
623 Earth System Models almost universally suggest increased CO<sub>2</sub> uptake from reduced wind  
624 strength (Gottschalk et al., 2019; Lauderdale et al., 2017), although the exact sensitivity of  
625 CO<sub>2</sub> to wind strength is poorly constrained, and depends somewhat on model resolution  
626 (Gottschalk et al., 2019). Applying the scaling of ~4 ppm CO<sub>2</sub> per 10% change in wind  
627 strength from a large compilation of model simulations (Gottschalk et al., 2019), the 25%  
628 reduction in the wind strength suggests a further CO<sub>2</sub> decrease of around 10 ppm. If the  
629 impacts of wind shift and strength were additive, this would take the combined impact of the  
630 reconstructed changes in wind shift and wind strength to ~28 ppm, without considering the  
631 impacts of nutrient ‘deepening’ on the CaCO<sub>3</sub> cycle.

632

633 In addition to the reduction in endmember preformed nutrient concentrations, the  
634 model indicates a redistribution of the regenerated nutrient and carbon pools from  
635 intermediate depths toward the deep ocean, increasing the vertical carbon gradient with  
636 equatorward shifted winds (*‘nutrient deepening’*; Fig. 12). The deepening of the regenerated  
637 nutrient and carbon pools would drive a further CO<sub>2</sub> decrease via carbonate compensation  
638 (Boyle, 1988b; Toggweiler, 1999). While the scaling between preformed nutrients and  
639 atmospheric CO<sub>2</sub> used above (Boyle, 1988a, 1988b) accounts for a linear approximation of  
640 CaCO<sub>3</sub> dissolution following the total increase in regenerated carbon within the ocean, the  
641 effect of nutrient deepening is not accounted for. Based on the initial changes we see in deep  
642 ocean DIC in the model (Fig. 12d), and the scaling between intermediate-deep DIC and  
643 atmospheric CO<sub>2</sub> given in, we would thus expect a further substantial long-term decrease in  
644 CO<sub>2</sub>, in addition to that implied by the preformed nutrient changes described above (Boyle,  
645 1988a, 1988b). Thus, our ‘best guess’ at the total impact of our reconstructed changes in  
646 LGM winds on atmospheric CO<sub>2</sub> is upwards of ~30 ppm, broadly similar to the magnitude  
647 proposed from changes in solubility (Sigman & Boyle, 2000) and sea-ice (Marzocchi &  
648 Jansen, 2019).

649

### 650 *3.8 Proxy comparison and overturning dynamics*

651 The sign of the simulated circulation and carbon cycle changes in response to an  
652 equatorward shift in the westerlies concur with proxy observations from the LGM of a more  
653 sluggish deep ocean circulation (Du et al., 2020; Rafter et al., 2022), an increase in  
654 regenerated nutrients and carbon within the deep ocean and a redistribution of regenerated  
655 nutrients and carbon towards the deep ocean (Anderson et al., 2019; Hoogakker et al., 2018;

656 Jaccard & Galbraith, 2012; Peterson & Lisiecki, 2018; Rae et al., 2018), as well as with a  
657 shoaling of the AMOC (Fig. 11; Gherardi et al., 2009). The simulated decrease in nutrient  
658 upwelling and export production within the polar Southern Ocean, and the increases further  
659 north, are also in good agreement with LGM proxy data (Fig. 10; Jaccard et al., 2013; Kohfeld  
660 et al., 2013; Sigman & Boyle, 2000). While our wind-shift experiment simulates a reduction in  
661 deep ocean oxygen, in good agreement with the LGM proxy data (Figs. 11 and 12; Anderson  
662 et al., 2019; Hoogakker et al., 2018; Jaccard & Galbraith, 2012), we emphasize that current-  
663 generation Earth System Models showing increased oceanic carbon storage under glacial  
664 forcings via the disequilibrium pump do not simulate this reduction in deep ocean oxygen  
665 (Eggleston & Galbraith, 2018; Galbraith & de Lavergne, 2019)

666

667 The sign of the simulated trends highlighted above is unlikely to be contingent on the  
668 limitations of the experimental design, which nevertheless should be emphasized: First, the  
669 perturbation is applied abruptly to the modern state, and is held only over 125 years. Second,  
670 buoyancy forcing only partially adjusts to the changing winds since atmospheric  
671 temperatures and precipitation remain unperturbed. Third, the simulated response may  
672 depend partly on parameterizations of eddy effects and vertical mixing. Despite these  
673 limitations, the simulated overturning trends are qualitatively consistent with expectations  
674 from theory (Toggweiler & Samuels, 1995) and realistic eddy-rich models (Bishop et al., 2016;  
675 Dufour et al., 2015; Section 2.4; Fig. S7). The decline of the overturning rate below 2 km depth  
676 can be explained by the influence of bathymetry on the vertical extent of wind-driven  
677 upwelling (Bishop et al., 2016; Toggweiler & Samuels, 1995). Specifically, the presence of a  
678 zonally continuous channel above 2 km depth at Drake Passage latitudes (56-60°S) favours  
679 deeper waters as the mass replacement for the surface divergence to its south (Dufour et al.,  
680 2015; Toggweiler & Samuels, 1995). Displacement of the Ekman divergence from south of  
681 60°S to lower latitudes thus suppresses this privileged upwelling pathway of deepwaters  
682 (Bishop et al., 2016; Dufour et al., 2015; Toggweiler et al., 2006). Hence, we posit that the  
683 simulated slowdown of overturning deeper than 2 km is a consequence of its bathymetry-  
684 driven sensitivity to Ekman transport in the polar Southern Ocean.

685

686 This sensitivity to Ekman divergence in the polar Southern Ocean suggests that as the  
687 winds shifted poleward through the deglaciation, their ability to lift deepwaters to the surface  
688 would have increased in tandem with the northward Ekman transport at 60°S. To calculate  
689 changes in zonal wind stress at 60°S ( $\tau_{u,60S}$ ) we use the emergent relationship between the  
690 wind latitude and the zonal-mean zonal wind stress at 60°S in the model ensemble (Fig 3c)  
691 and apply this relationship to our reconstruction of  $\Delta\text{Lat}_{\text{wind}}$ , propagating the uncertainties by

692 Monte-Carlo simulation; the ensemble shows that the wind latitude is a better predictor of  
693 wind stress at 60°S ( $R^2= 0.9$ ; Fig. 3c) than is the wind strength ( $R^2= 0.7$ ). We assume mid-  
694 Holocene wind stress equal to the modern climatology ( $0.09 \text{ N m}^{-2}$ ; Fig. 7c). We then calculate  
695 northward Ekman transport at 60°S (Fig. 7d) as the zonal integral of  $\tau_{u,60S}/(\rho_0 * f)$ , where  $\rho_0$  is  
696 the density of seawater ( $1027 \text{ kg/m}^3$ ), and  $f$  is the Coriolis parameter. The resultant time series  
697 of Ekman transport increases from a minimum of around 4 Sv during the LGM to around 14  
698 Sv by the mid-Holocene (Fig. 7d; the reconstruction of  $\tau_{u,60S}$  and northward Ekman transport  
699 at 60°S is provided in Table S3. The resultant invigoration of deep-ocean overturning over  
700 deglaciation (Du et al., 2020; Rafter et al., 2022; Fig. 13) would have driven carbon out of the  
701 deep-ocean into the upper-ocean and atmosphere. This concurs with records of deep Pacific  
702 oxygen (Hoogakker et al., 2018) and deep Southern Ocean pH (Rae et al., 2018), which  
703 suggest a loss of regenerated nutrients and carbon from the deep ocean over deglaciation  
704 (Fig. 13). Furthermore, a decrease in the global-mean deep-intermediate carbon isotope  
705 gradient (Peterson & Lisiecki, 2018; Fig. 13), and other carbon cycle tracers (Burke &  
706 Robinson, 2012; Hoogakker et al., 2018; Rae et al., 2018; Rafter et al., 2022), support a  
707 weakening of the vertical carbon gradient over deglaciation (Fig. 13). Finally, records of  
708 nutrient utilisation (Ai et al., 2020) and export production (Anderson et al., 2009) indicate an  
709 increase in nutrient upwelling to the Southern Ocean surface over deglaciation, with boron  
710 isotope records (Martínez-Botí et al., 2015) demonstrating a concurrent increase in  $\text{CO}_2$   
711 outgassing.

712

#### 713 **4. Conclusion**

714 We use new and compiled planktic foraminiferal  $\delta^{18}\text{O}$  from across the Southern Ocean  
715 and emergent relationships between SST front latitude, wind latitude, wind strength, and zonal  
716 wind stress at 60°S within an ensemble of climate models to reconstruct changes in the  
717 surface westerlies over the last deglaciation. We infer a  $4.8^\circ$  ( $2.9\text{-}7.1^\circ$ , 95% confidence  
718 interval) equatorward shift and a  $\sim 25\%$  weakening of the westerlies during the LGM relative  
719 to the mid-Holocene. The reconstructed poleward shift in the westerlies over deglaciation is  
720 highly correlated with the rise in atmospheric  $\text{CO}_2$  ( $R^2 = 0.98$ ). We perform new experiments  
721 with a  $0.25^\circ$  resolution ocean-sea-ice-carbon model which indicate that shifting the westerlies  
722 equatorward increases oceanic carbon storage.

723

724 Our findings support the hypothesis that shifts in the Southern Hemisphere westerlies  
725 played a role in driving the deglacial rise in atmospheric  $\text{CO}_2$  (Menviel et al., 2018), and thus  
726 may be an important mechanism (Sigman & Boyle, 2000; Toggweiler et al., 2006) – alongside  
727 changes in solubility (Sigman & Boyle, 2000) and Antarctic sea ice (Marzocchi & Jansen,

2019) – underlying glacial-interglacial CO<sub>2</sub> variations. Given that atmospheric CO<sub>2</sub> and global temperature can also influence the latitude of the westerlies (Chen et al., 2008; Yin, 2005), a deglacial feedback mechanism has been proposed (Toggweiler et al., 2006). The apparent temporal lead of shifts in the westerlies over atmospheric CO<sub>2</sub> and global temperature suggests that some initial change in the winds, perhaps driven by obliquity (Ai et al., 2020; Fogwill et al., 2015), could have initiated a cascade of increasing CO<sub>2</sub>, global warming, and poleward shifting winds. The tight coupling we infer between westerly wind latitude and atmospheric CO<sub>2</sub> over the last deglaciation, together with the sensitivity of the overturning circulation and carbon cycle to westerly wind latitude in our model experiments, suggest that future poleward shifts in the westerly winds (Chen et al., 2008; Yin, 2005) may drive a positive feedback on anthropogenic warming through a decrease in the efficiency of the biological pump and an increase in natural CO<sub>2</sub> outgassing from the Southern Ocean (Menviel et al., 2023).

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#### 744 **Acknowledgements**

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760

#### 761 **Open Research**

762 The new and compiled  $\delta^{18}\text{O}$  data are given in table Table S1 and are available at  
763 <https://doi.org/10.1594/PANGAEA.932846> (Gray, 2023a). The R code and data used to  
764 perform the  $\Delta\text{Lat}_{\text{SST}}$  analysis is provided at <https://doi.org/10.5281/zenodo.7866501> (Gray,

765 2023b). The SST front and westerly wind reconstructions generated in this study ( $\Delta\text{Lat}_{\text{SST}}$ ,  
766  $\Delta\text{Lat}_{\text{wind}}$ , wind strength, zonal-mean zonal-wind stress at 60°S [ $\tau_{u,60\text{S}}$ ], northward Ekman  
767 transport at 60°S) are given in Tables S2 and S3. The PMIP and CMIP data are available from  
768 <https://esgf-node.llnl.gov/projects/esgf-llnl/>. The results of the MOM5/SIS/WOMBAT  
769 experiment as shown in Figures 9-11 and S6-S8 are available at  
770 <https://doi.org/10.26190/unsworks/1608> (Menviel & Spence, 2021).

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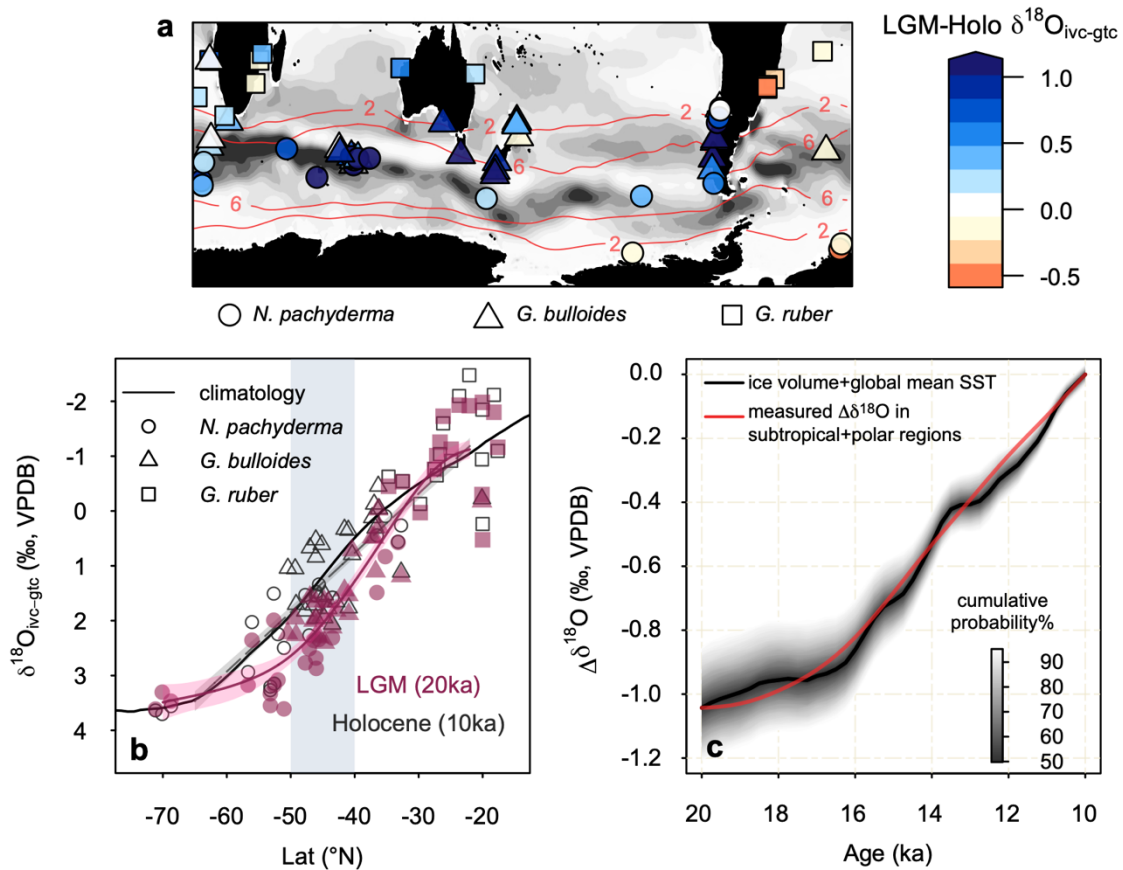
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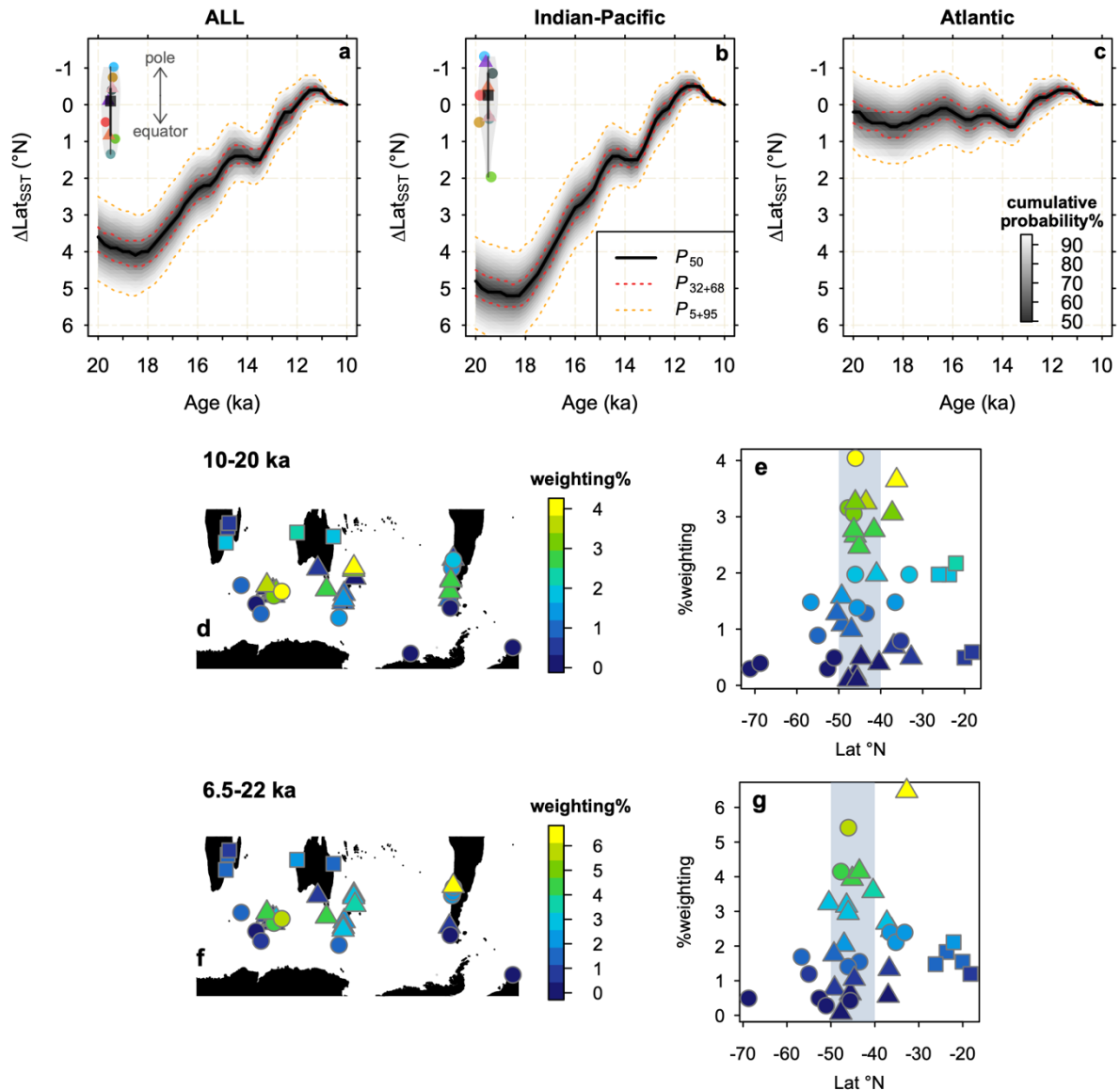
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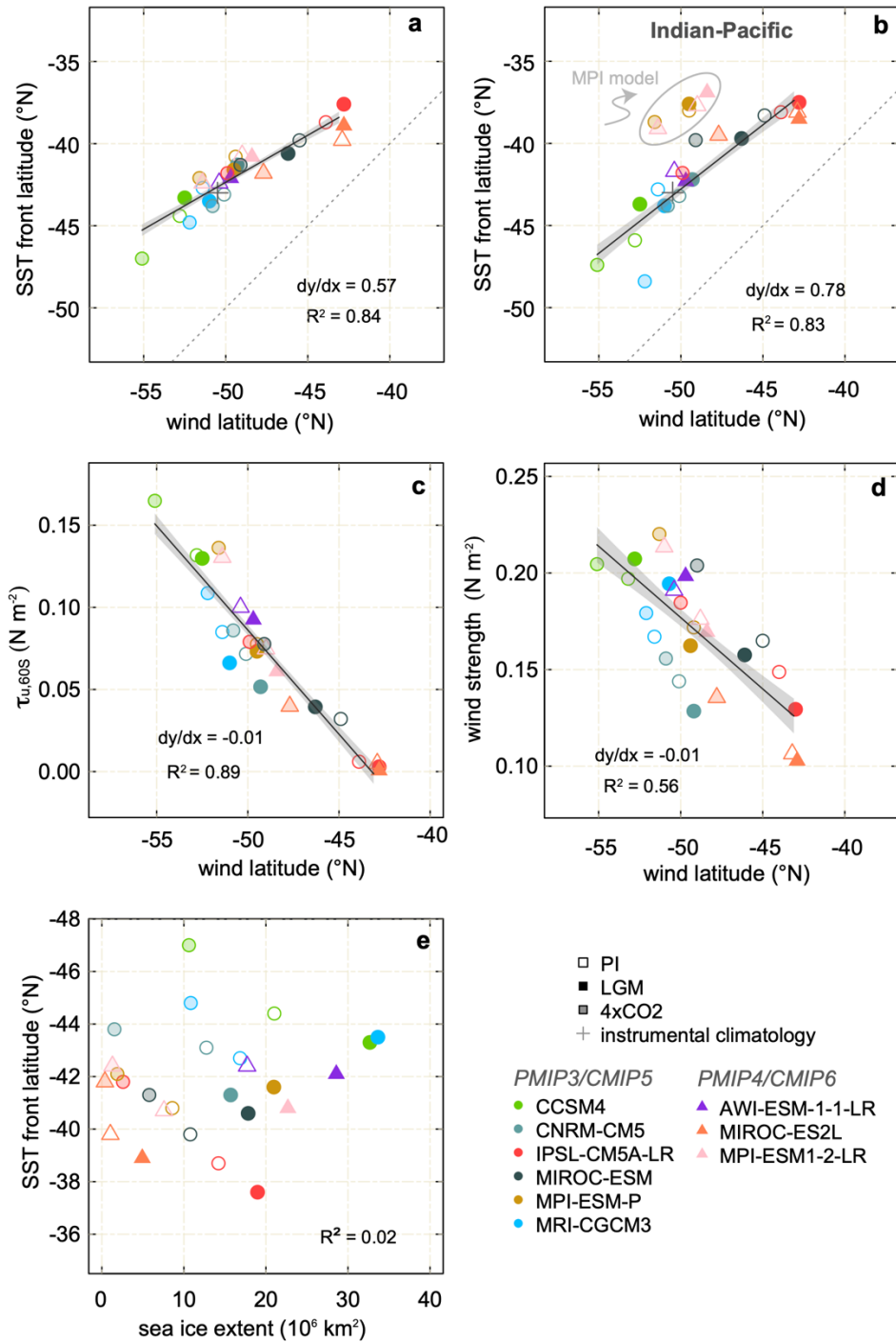
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**Fig. 1:  $\delta^{18}\text{O}$  data and whole ocean changes.** (a) LGM-Holocene  $\delta^{18}\text{O}_{\text{ivc-gtc}}$  ( $\delta^{18}\text{O}_{\text{calcite}}$  corrected for ice volume and global-mean SST changes; Methods) at the core sites. The modern climatological meridional  $\delta^{18}\text{O}$  gradient is represented by the background shading (Fig. S1; darkest shade represents 0.25 ‰/°Lat, equivalent to  $\sim 1^\circ\text{C}/^\circ\text{Lat}$ ). The red contours show modern annual-mean near-surface zonal wind speed in m/s (Fig. S1). (b) Meridional profiles Holocene (dashed/grey) and LGM (solid/pink)  $\delta^{18}\text{O}_{\text{ivc-gtc}}$ . The data are fit with a generalized additive model. Error envelopes show  $\pm 1\text{SE}$ . The modern climatological zonal-mean  $\delta^{18}\text{O}_{\text{calcite}}$  profile is shown by the solid black line (Fig. S1). The grey box shows the latitudinal window in which  $\Delta\text{Lat}_{\text{SST}}$  is calculated. Symbols on (a) and (b) distinguish foraminiferal species. (c) Whole ocean  $\delta^{18}\text{O}$  corrections calculated from the change in  $\delta^{18}\text{O}$  from global ice volume and global mean SST change ( $\delta^{18}\text{O}_{\text{ivc-gtc}}$ ), and the measured change in  $\delta^{18}\text{O}_{\text{calcite}}$  in the combined polar ( $>65^\circ\text{S}$ ) and subtropical ( $<25^\circ\text{S}$ ) portions of the meridional  $\delta^{18}\text{O}$  profiles (Figs. S2 and S3), uncorrected for whole-ocean effects on  $\delta^{18}\text{O}$ . The impact of shifts in the westerlies is substantially smaller in these regions compared to the mid-latitudes, such that they should broadly reflect the whole ocean changes rather than local dynamics.



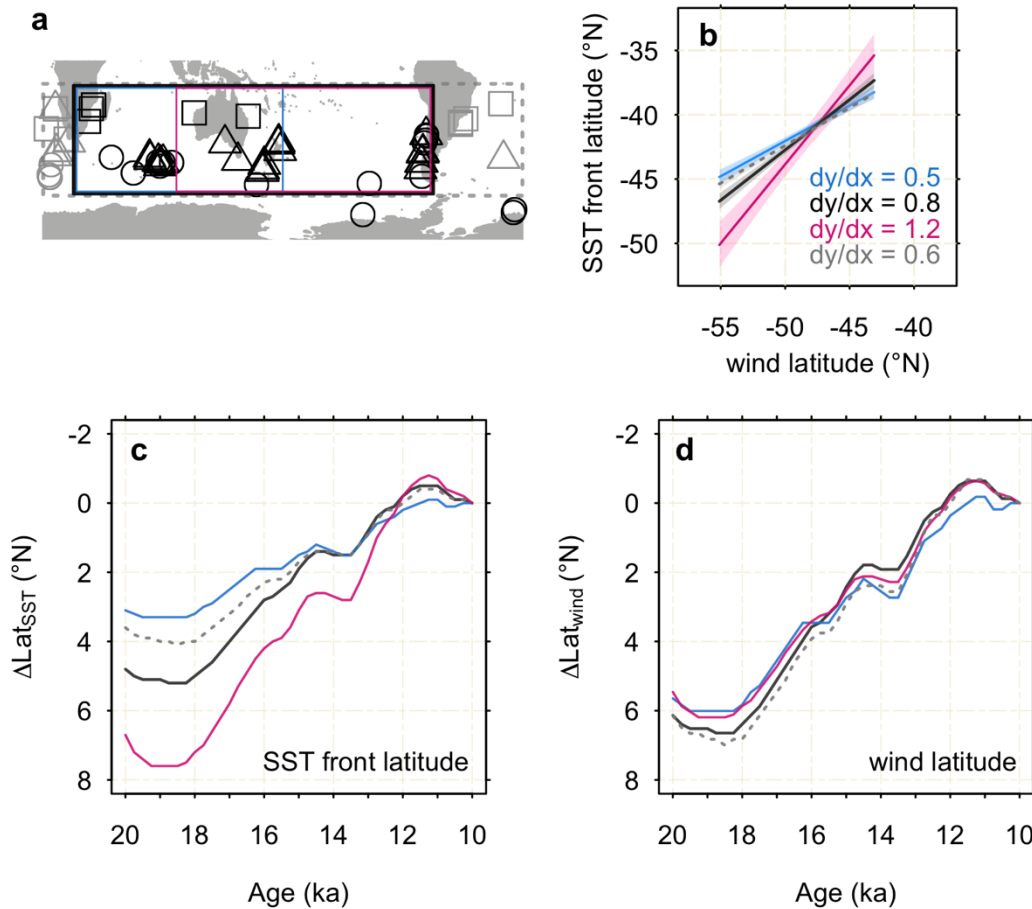


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801 **Fig 2:  $\Delta\text{Lat}_{\text{SST}}$  within different sectors and core weightings in the Indian-Pacific sector.** Change  
802 in the SST front latitude ( $\Delta\text{Lat}_{\text{SST}}$ ) from 20-10 ka using (a) all data from across the Southern Ocean, and  
803 in the (b) Indian-Pacific and (c) Atlantic sectors separately. The 5<sup>th</sup>, 32<sup>nd</sup>, 50<sup>th</sup>, 68<sup>th</sup>, and 95<sup>th</sup> percentiles  
804 are indicated. The coloured symbols on (a) and (b) show the residual change in LGM-PI SST front  
805 latitude in each model within the ensemble. The residual change is calculated as the change in SST  
806 front latitude beyond the expected change in SST front latitude given the change in wind latitude within  
807 the same model (Section 3.2; Fig. 5), and the relationship between the two parameters (Figs. 3a,b).  
808 Colours represent individual models; see Figs. 3, 5, or 8 for key to individual models. The ensemble  
809 mean is shown by the black square. The shaded area shows the distribution of the uncertainty about  
810 the mean, with the black lines showing the 68% and 95% CI. Our reconstructed shift in SST front latitude  
811 is significantly larger than the residual change in SST front latitude during the LGM seen in any of the  
812 individual models. Contribution of each record to the Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  reconstruction based on  
813 leave-one-out analysis. (d-e) 10-20 ka reconstruction (f-g) 6.5-22 ka reconstruction. Note Antarctic  
814 marginal sites from the Atlantic sector are also included given the paucity of data from south of 65°S.  
815 Symbols distinguish species of planktic foraminifera (circles = *N. pachyderma*, triangles = *G. bulloides*,  
816 squares = *G. ruber*).



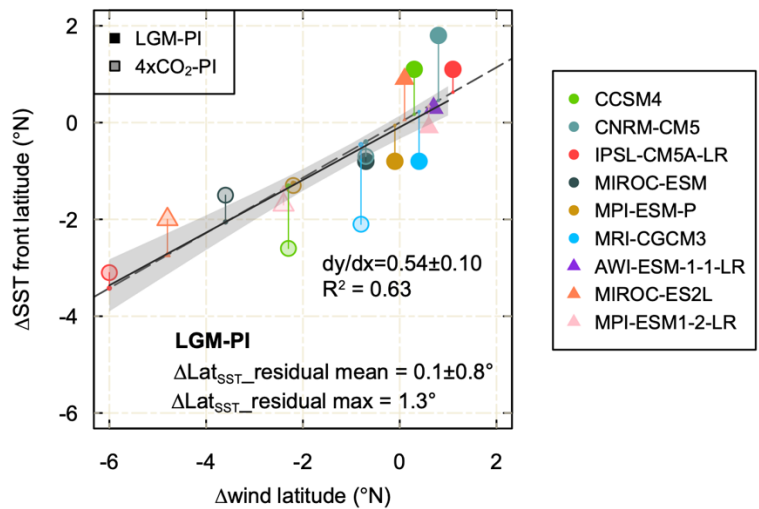
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**Fig. 3: emergent relationships PMIP3/4 and CMIP5/6 ensemble.** (a) Relationship between the wind latitude (latitude of maximum zonal-mean zonal wind stress) and SST front latitude (latitude of maximum meridional gradient in zonal-mean SST, within a  $10^{\circ}$  latitudinal window) within the PMIP3/CMIP5 and PMIP4/CMIP6 ensemble. Error envelope shows  $\pm 1SE$ . Note the  $5^{\circ}$  offset between the axes. (b) Relationship between the zonal-mean wind latitude and SST front latitude across the Indian and Pacific sectors. The MPI model sits as an outlier from the rest of the ensemble, and is excluded from the regression. Including the MPI model has a negligible impact on our results. (c) Relationship between wind latitude and zonal-mean wind stress at  $60^{\circ}S$  ( $\tau_{u,60S}$ ). (d) Relationship between wind latitude and wind strength (maximum zonal-mean  $\tau_u$ ). (e) Relationship between SST front latitude and sea ice extent (area with  $>15\%$  annual mean sea ice concentration).



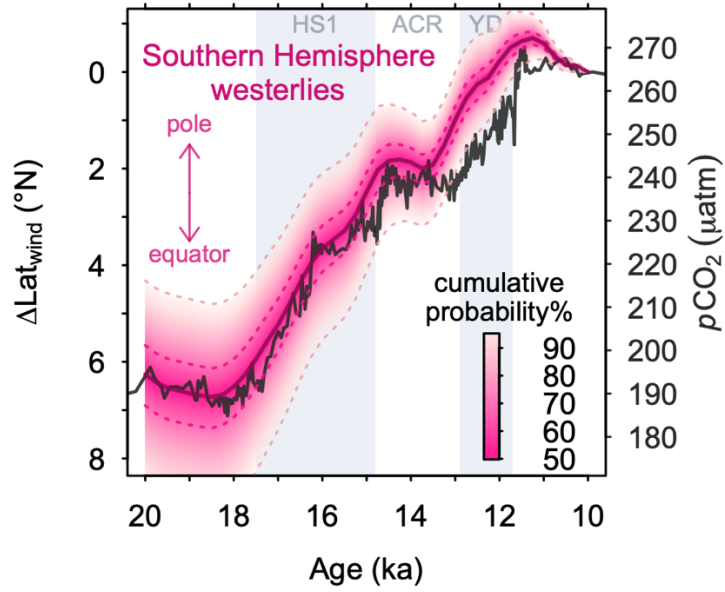
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**Fig. 4: SST front and westerly wind changes based on regional subsets** (a) Map showing regional subsets. Light grey dashed line corresponds to all core sites. Black includes all Indian-Pacific sites, blue has eastern Pacific sites removed, while pink has western Indian sites removed. Note that given the paucity of data from south of 65°S we include Antarctic marginal sites from all sectors in all regional subsets. (b) Relationship between zonal-mean wind latitude and regional SST front latitude within the model ensemble. Shading shows  $\pm 1\text{SE}$ . (c) Reconstructed change in SST front latitude ( $\Delta\text{Lat}_{\text{SST}}$ ) within the regional subsets. (d) Reconstructed zonal-mean wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ ) calculated from the regional  $\Delta\text{Lat}_{\text{SST}}$  reconstruction (c) and the relationships between regional SST front latitude and zonal-mean wind latitude given in (b).



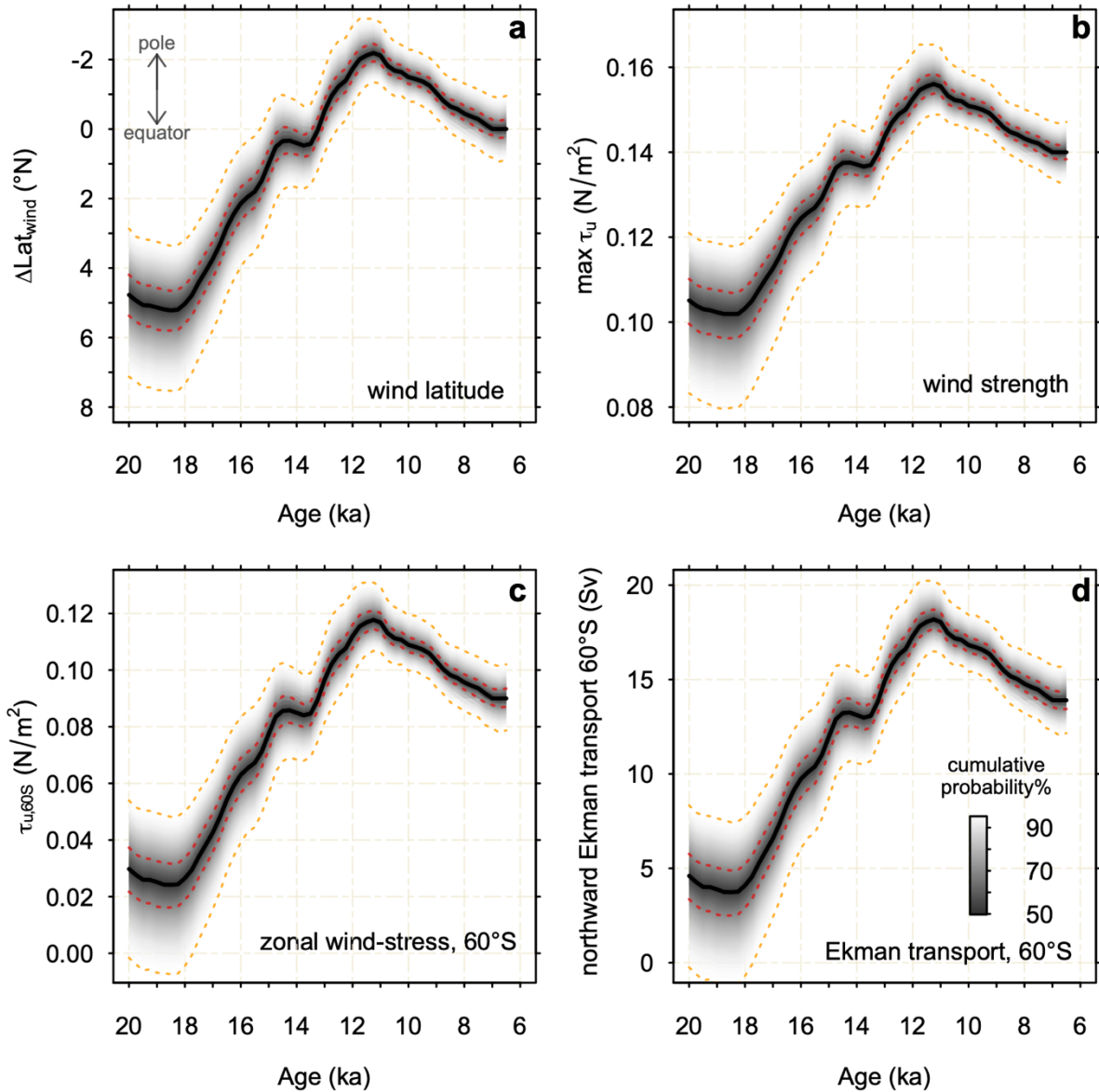
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**Fig. 5:** LGM-PI and 4xCO<sub>2</sub>-PI changes in SST front latitude and wind latitude in the model ensemble. The dashed grey line shows the relationship between SST front latitude and wind latitude across the ensemble incorporating the absolute differences in climatology between the models (equivalent to the regression line in Figure 3a). The solid black line shows the regression line between the  $\Delta(\text{wind latitude})$  and  $\Delta(\text{SST latitude})$  across the ensemble; this is statistically indistinguishable from the relationship incorporating the absolute differences in climatology between the models (Figure 3a), suggesting the coupling between the winds and SST front is a particularly robust feature of the climate models. Finally, the residuals of the LGM-PI changes (indicated with coloured vertical lines) are randomly distributed, indicating the ensemble shows no bias away from the expected relationship between SST front latitude and wind latitude under LGM forcing.



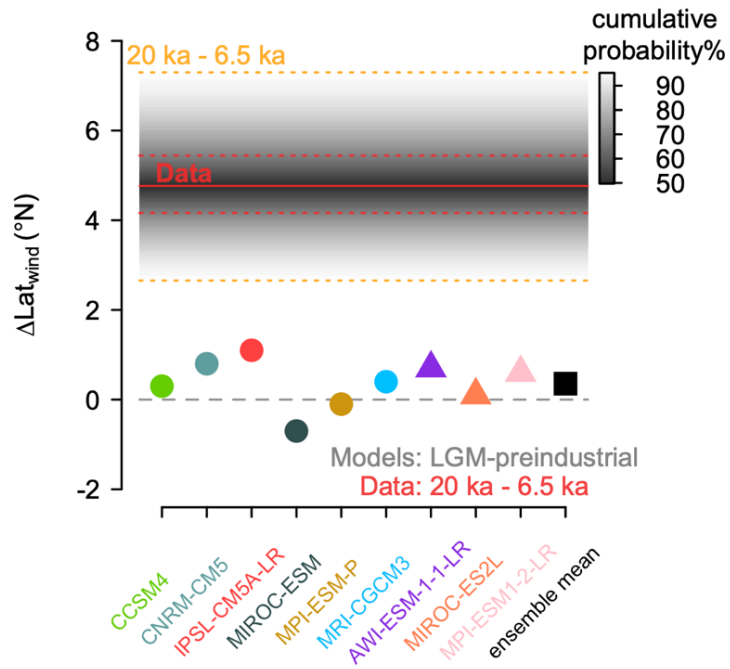
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**Fig. 6: Deglacial shifts in the zonal-mean westerlies and atmospheric CO<sub>2</sub>.** Deglacial change in the position of the wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ , pink lines show the 5<sup>th</sup>, 32<sup>nd</sup>, 50<sup>th</sup>, 68<sup>th</sup>, and 95<sup>th</sup> percentiles) and atmospheric CO<sub>2</sub> (Marcott et al., 2014) over time before present. HS1, ACR, and YD are Heinrich Stadial 1, Antarctic Cold Reversal, and Younger-Dryas, respectively.



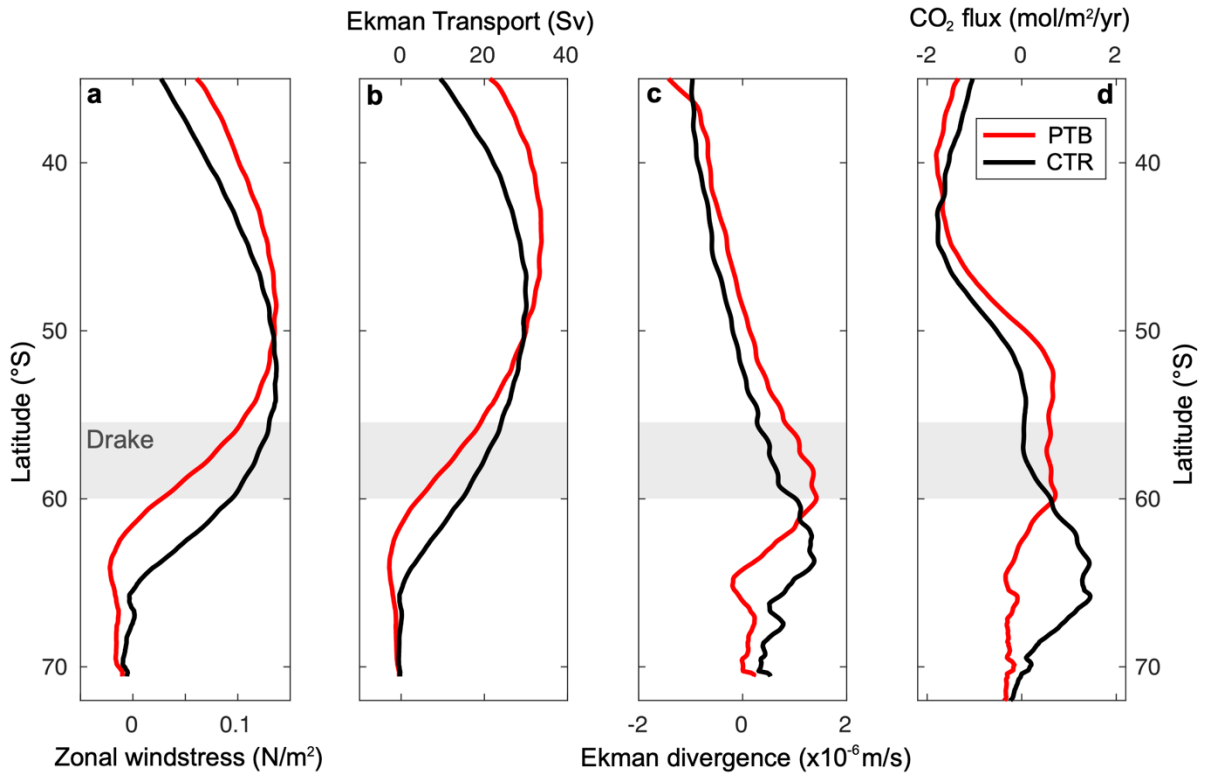
**Fig. 7: Changes in wind latitude, wind strength, wind stress at 60°S and northward Ekman transport at 60°S from the LGM to mid-Holocene.** Reconstructed changes in (a) wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ ) (b) wind strength ( $\max \tau_u$ ) (c) zonal-mean zonal wind stress at 60°S ( $\tau_{u,60S}$ ) (d) northward Ekman transport at 60°S. Note, these reconstructions cover longer time period that Fig. 6. (b) and (c) are calculated using the reconstructed changes in wind latitude (a) and the relationships between wind latitude and these parameters in the model ensemble (Fig. 3). Northward Ekman transport at 60°S is calculated using zonal wind stress at 60°S. The 5<sup>th</sup>, 32<sup>nd</sup>, 50<sup>th</sup>, 68<sup>th</sup>, and 95<sup>th</sup> percentiles are indicated. The displayed uncertainties account for uncertainty in the emergent relationships between pairs of variables due to variations across the model ensemble.

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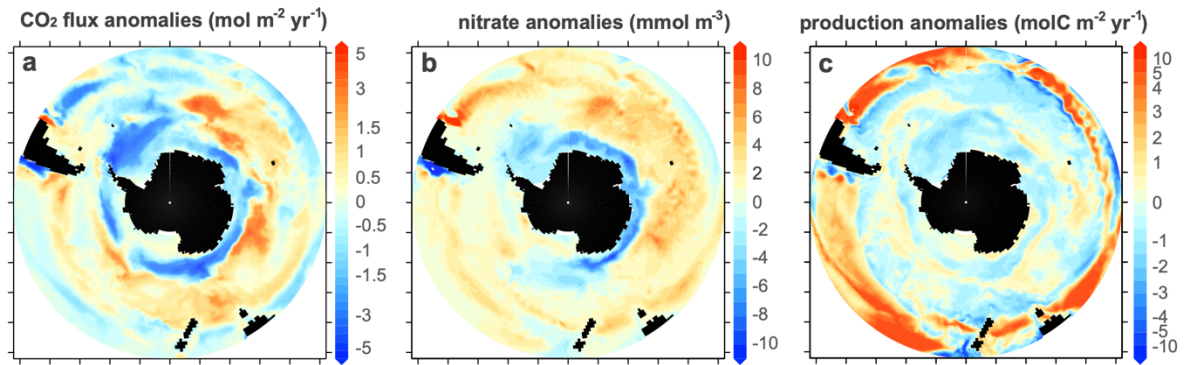
**Fig. 8: LGM-PI change in the PMIP3/4 ensemble.** LGM-PI change in wind latitude in the PIMP3 (circles) and PMIP4 (triangles) simulations, compared to the reconstructed change in  $\Delta\text{Lat}_{\text{wind}}$  for the period 20-6.5 ka.



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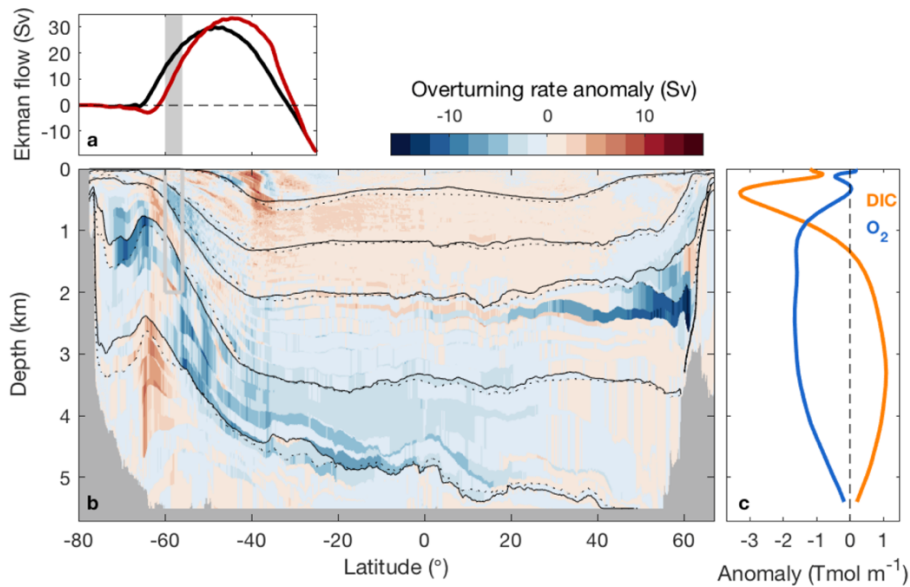
**Fig. 9: Modelled impact of equatorward shifted westerlies on Southern Ocean CO<sub>2</sub> outgassing.** Zonally averaged (a) zonal wind stress, (b) northward Ekman transport, (c) Ekman divergence and, (d) ocean-atmosphere CO<sub>2</sub> flux (positive for ocean outgassing). Black curves correspond to the Control state (CTR) and red curves to the average over years 116-125 of the Perturbed experiment (PTB). Grey shading on (a-d) indicates the latitudes of the Drake Passage (56-60°S). 1 Sv = 10<sup>6</sup> m<sup>3</sup> s<sup>-1</sup>.





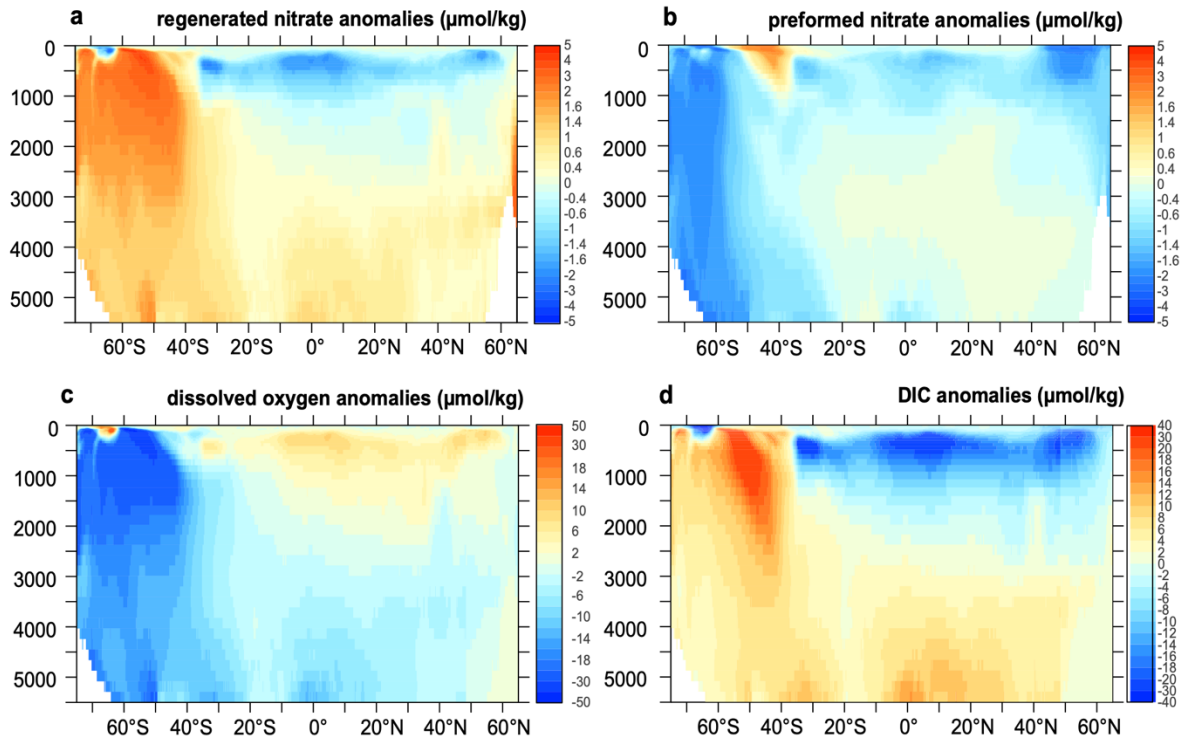
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**Fig. 10: Modelled impact of equatorward shifted westerlies on Southern Ocean surface biogeochemistry.** Perturbed-Control difference anomalies of (a) ocean-atmosphere CO<sub>2</sub> flux (mol m<sup>-2</sup> yr<sup>-1</sup>, positive flux for ocean outgassing) and (b) surface nitrate (mmol m<sup>-3</sup>, averaged over upper 149 m depth) (c) vertically integrated (over the upper 149 m) gross phytoplankton production (molC m<sup>-2</sup> yr<sup>-1</sup>). Shown quantities are averaged over years 116-125 of each experiment.



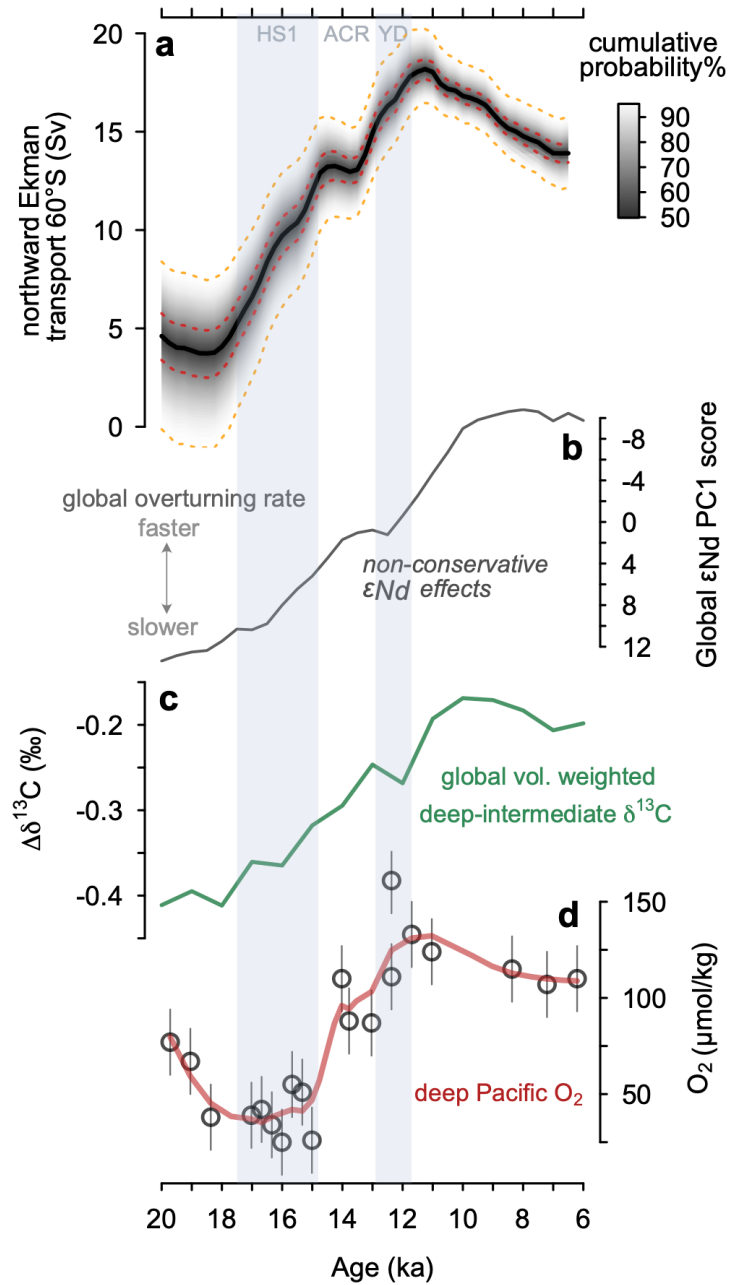
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**Fig. 11: Modelled impact of equatorward shifted westerlies on deep ocean circulation and carbon storage.** (a) Northward Ekman transport in the Control (Black) and Perturbed (red) simulations.  $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$ . (b) Anomaly (Perturbed-Control) of the absolute value of global meridional overturning streamfunction after 125 years. We quantify changes in absolute values such that blue is a decrease and red is an increase in the magnitude of the overturning rate. Contours show Control (solid) and Perturbed (dashed) isopycnals. (c) Dissolved Inorganic Carbon (DIC) and Oxygen ( $\text{O}_2$ ) anomalies (Perturbed-Control global horizontal integrals). Zonally averaged concentration anomalies are shown in Fig. 12. Grey shading on (a) and (b) indicates the Drake Passage. The meridional overturning circulation shown above (and in Fig. S6) includes both resolved and parameterised advection (Fig. S7). It is calculated in neutral density (Jackett & McDougall, 1997) coordinate and reprojected onto the depth coordinate (Zika et al., 2013) in order to eliminate adiabatic recirculations and avoid spurious effects due to vertical inversions in potential density fields.



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**Fig. 12: MOM5-SIS-Wombat biogeochemical results.** Zonally averaged anomalies for Perturbed-Control in (a) regenerated  $\text{NO}_3$  ( $\text{mmol m}^{-3}$ ), (b) preformed  $\text{NO}_3$  ( $\text{mmol m}^{-3}$ ), (c)  $\text{O}_2$  ( $\text{mmol m}^{-3}$ ), and (d) DIC ( $\text{mmol m}^{-3}$ ). Shown quantities are averaged over years 116-125 of each experiment.



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**Fig. 13: Deglacial changes in northward Ekman transport at 60°S with deep ocean overturning and carbon cycling.** (a) Reconstructed change in northward Ekman transport at 60°S over deglaciation (lines show the 5<sup>th</sup>, 32<sup>nd</sup>, 50<sup>th</sup>, 68<sup>th</sup>, and 95<sup>th</sup> percentiles). (b) First principle component of global εNd data, representing non-conservative effects on εNd (Du et al., 2020) (c) Global volume-weighted deep-intermediate δ<sup>13</sup>C gradient (Peterson & Lisiecki, 2018) (d) O<sub>2</sub> in the deep Pacific (Hoogakker et al., 2018) (fit with a LOESS smooth).

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## Poleward shift in the Southern Hemisphere westerly winds synchronous with the deglacial rise in CO<sub>2</sub>

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### Other supporting information not included in this file

- Table S1 New and compiled Southern Ocean planktic foraminiferal  $\delta^{18}\text{O}$  data: original data reference, core name, latitude ( $^{\circ}\text{N}$ ), longitude ( $^{\circ}\text{E}$ ), water depth (m), species (gr = *G. ruber*, gb = *G. bulloides*, np = *N. pachyderma*), sediment depth (cm), age (ka),  $\delta^{18}\text{O}$  (per mil, VPDB).
- Table S2  $\Delta\text{Lat}_{\text{SST}}$  [ALL, Indian-Pacific, Atlantic] ( $^{\circ}$ ) and  $\Delta\text{Lat}_{\text{wind}}$  ( $^{\circ}$ ) from 10 to 20 ka, with 68 and 95% CI.
- Table S3  $\Delta\text{Lat}_{\text{SST}}$  [Indian-Pacific] ( $^{\circ}$ ),  $\Delta\text{Lat}_{\text{wind}}$  ( $^{\circ}$ ), wind strength ( $\text{N}/\text{m}^2$ ), zonal-mean zonal-wind stress at  $60^{\circ}\text{S}$  [ $\tau_{u,60\text{S}}$ ] ( $\text{N}/\text{m}^2$ ), and northward Ekman transport at  $60^{\circ}\text{S}$  (Sv) from 6.5 to 20 ka, with 68 and 95% CI.

### *Using $\delta^{18}\text{O}_{\text{calcite}}$ to track the SST front latitude*

Although  $\delta^{18}\text{O}_{\text{calcite}}$  is a function of both temperature and  $\delta^{18}\text{O}_{\text{water}}$ , at the basin scale the effect of temperature dominates over  $\delta^{18}\text{O}_{\text{water}}$ . Using the Southern Ocean salinity- $\delta^{18}\text{O}_{\text{water}}$  relationship of (LeGrande & Schmidt, 2006) a meridional salinity difference of greater than 25 PSU would be required to equal the meridional temperature changes across the basin (Fig. S1). As no physical mechanism exists to drive such changes, the meridional pattern of  $\delta^{18}\text{O}_{\text{calcite}}$  will always be dominated by temperature. Furthermore, the meridional profile of  $\delta^{18}\text{O}_{\text{water}}$  is itself closely linked to the meridional profile of SST in the Southern Ocean (Fig.S1d,e): the SST gradient shapes the meridional trend in near-surface moisture (via the Clausius-Clapeyron relation), hence the meridional trend in evaporation minus precipitation caused by downgradient moisture transport (Siler et al., 2018), and ultimately the  $\delta^{18}\text{O}_{\text{water}}$  trend (e.g., Akhoudas et al., 2023). Consequently, the  $\delta^{18}\text{O}_{\text{water}}$  profile is expected to remain tightly coupled to, and shift in tandem with, the SST profile of the Southern Ocean. There is no mechanism to drive large shifts in the  $\delta^{18}\text{O}_{\text{water}}$  profile independent of shifts in the SST profile. While changes in sea ice are expected to drive changes in salinity across the Southern Ocean, there is little fractionation of  $\delta^{18}\text{O}$  during the formation of sea ice (Paren & Potter, 1984; Strain & Tan, 1993). Meridional profiles of  $\delta^{18}\text{O}_{\text{calcite}}$  thus allow us to identify and track the SST front latitude (Gray et al., 2020).

### *Seasonality of planktic foraminifera*

$\delta^{18}\text{O}$  records measured on species of foraminifera with different temperature/seasonal habitats at the same (or nearby) mid-latitude sites, indicate the impacts of seasonality on the reconstruction are likely to be small. Foraminiferal species with different habitat temperature preferences (*G. bulloides* and *N. pachyderma*, Lombard et al., 2011) show very similar Holocene-LGM changes (compare circles and triangles on Fig. 1a). The leave-one-out analysis (Fig. 2d-g) shows that records of *G. bulloides* and *N. pachyderma*  $\delta^{18}\text{O}$  are both contributing highly to the  $\Delta\text{Lat}_{\text{SST}}$  reconstruction. Besides, the relatively warm temperature preference of *G. bulloides* (the dominant species in the mid-latitudes) means that global SST cooling during the LGM would shift the annual SST distribution further away from its preferred habitat temperature, shifting its seasonal bias further towards the summer and minimising the degree of cooling it records. This would tend to reduce the anomalous mid-latitude cooling at the LGM, and would make our  $\Delta\text{Lat}_{\text{SST}}$  (and thus  $\Delta\text{Lat}_{\text{wind}}$ ) reconstruction conservative.

### *Suitability of the southeast Pacific data*

The southeast Pacific has a bimodal pattern of meridional SST gradient (Fig. 1a). The northern maximum near 40°S partially overlaps with the core of the wind belt, whereas the southern maximum near 58°S is controlled by Drake Passage's effect on ocean circulation and is spatially offset from the core wind belt. Only the northern maximum is sampled by the present compilation of cores and tracked in our analysis (Fig. 1; Fig S2). The model ensemble indicates the latitude of the SST front located north of the Drake Passage is linked to the latitude of the winds (Fig. S5). Hence inclusion of the southeast Pacific data in our reconstruction is justified. We note that excluding the southeast Pacific data from our analysis results in a similar time series of the wind latitude to that shown in Figs. 6 and 7, however the uncertainties for the LGM increase by 1.4° at the 95% CI.

### *MOM5-SIS-Wombat results*

As a result of the equatorward shifted winds the surface DIC concentration decreases by 13 mmol/m<sup>3</sup> south of 60°S (Fig. 12), thus leading to a surface pCO<sub>2</sub><sup>DIC</sup> decrease of 25 ppm, which is partly compensated by a decrease of surface alkalinity of 8.6 mmol/m<sup>3</sup> (Delta pCO<sub>2</sub><sup>alk</sup> = +14 ppm). The solubility contribution to pCO<sub>2</sub><sup>sol</sup> is negligible south of 60°S.

While the model also displays an increase in Antarctic sea ice extent in the Perturbed experiment (not shown), likely an impact of the reduction in upwelling of relatively warm deepwaters, the decrease in CO<sub>2</sub> flux out of the polar ocean is associated with decreased surface ocean pCO<sub>2</sub> rather than increased air-sea disequilibria. Hence, changes in wind-driven carbon supply, rather than sea ice driven disequilibria, cause the reduction in CO<sub>2</sub> outgassing from the polar Southern Ocean. Furthermore, the CO<sub>2</sub> flux anomalies are largely decoupled from the sea ice anomalies around the basin. Both pCO<sub>2</sub> and CO<sub>2</sub> flux anomalies are, however, clearly linked to changes in Ekman divergence. As a result of shifted winds, the DIC concentration increases in the Southern Ocean below the sub-surface south of 60°S by about 10 mmol/m<sup>3</sup>, and DIC increases throughout the deep ocean below 1.5km (Figs. 11 and 12), even if the magnitude of the increase is small due to the short duration of the experiment. The increase in upwelling between 60°S and 50°S leads to a DIC increase in the top 2 km in that region, but results in a DIC decrease in the intermediate depths throughout the ocean north of 35°S (Figs. 11 and 12). These DIC changes are accompanied by similar changes in remineralised nitrogen, and inverse changes in dissolved O<sub>2</sub> (Figs. 11 and 12).

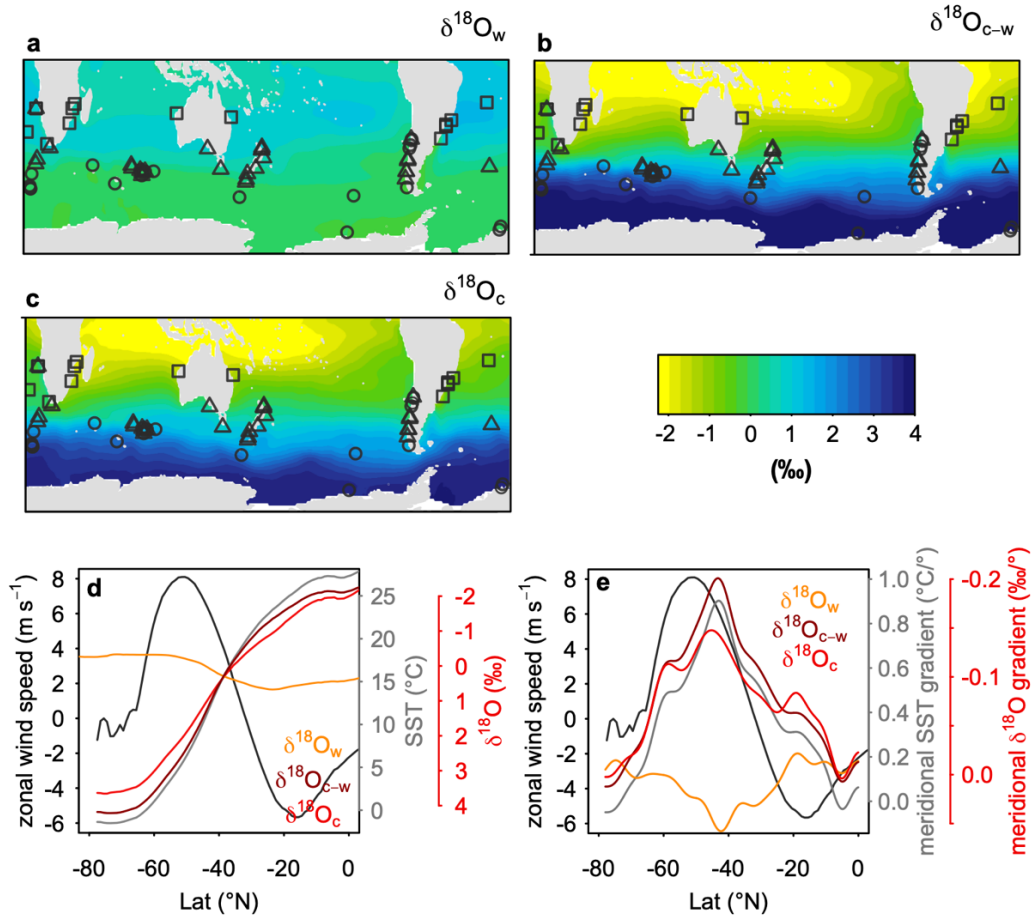
### *Preformed nutrient calculation*

Extrapolating the initial changes in endmember preformed NO<sub>3</sub> (N<sub>pre</sub>, given in mmol/m<sup>3</sup>) based on the relative volume of the ocean they represent (V) we can broadly estimate the magnitude of CO<sub>2</sub> change implicated by the initial changes in endmember preformed nitrate:

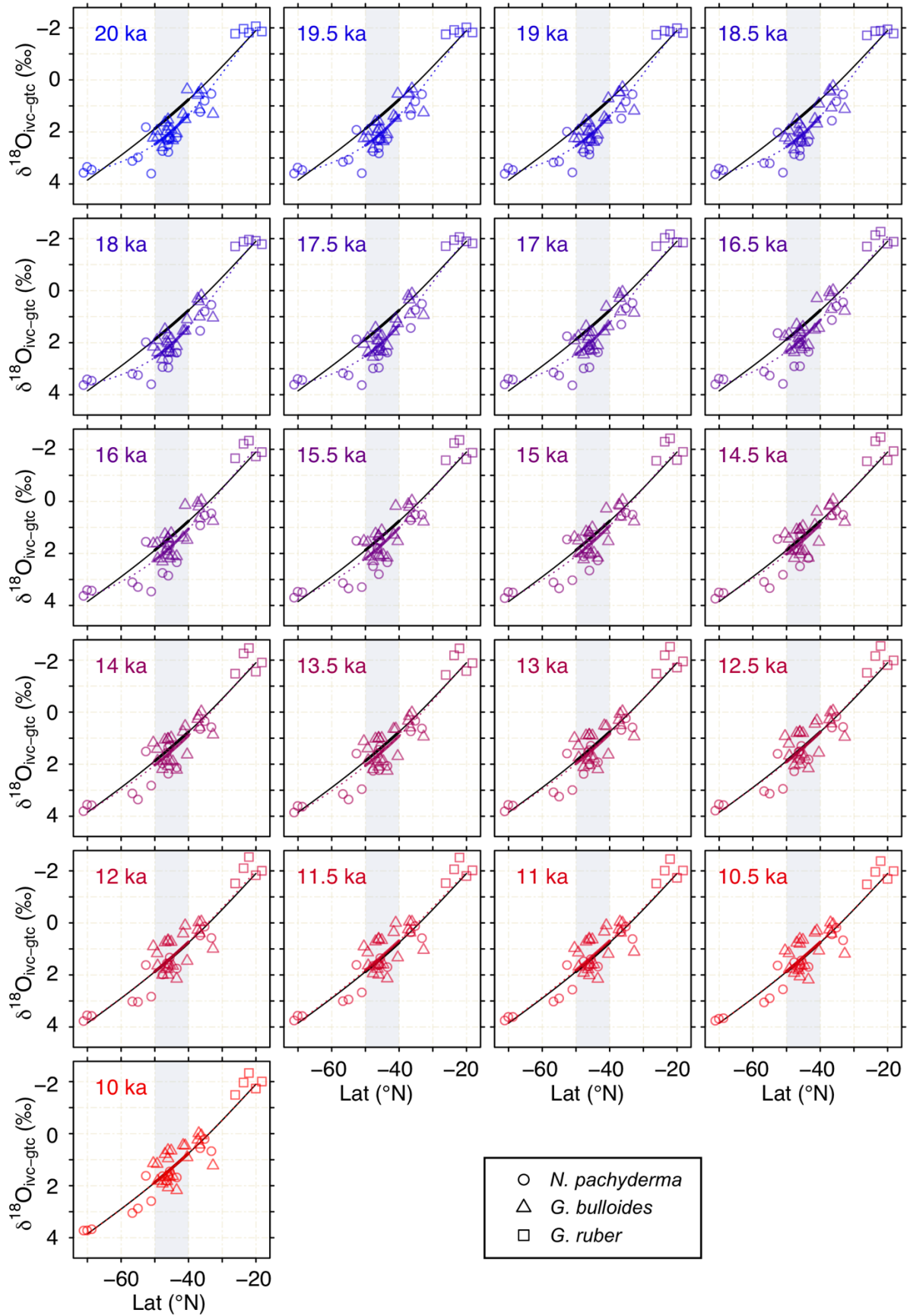
We take the Southern Ocean endmember as an average through the water column between 60-80°S, and the North Atlantic endmember as an average through the water column between 60-70°N in the Atlantic. In the control run N<sub>pre\_SO\_ctr</sub> = 22.12 and N<sub>pre\_NA\_ctr</sub> = 8.5. Global mean N<sub>pre</sub> in the control run (N<sub>pre\_ctr</sub>) is 15.45. Using the global mean and endmember values we calculate the volumetric contribution of the Southern Ocean endmember (V<sub>SO</sub>) as 0.51 and the North Atlantic endmember (V<sub>NA</sub>) as 0.49. Total nitrate (N<sub>tot</sub>) is 33.84 mmol/m<sup>3</sup> such that globally averaged N\* in the control run is 54%.

After 125 years of the Perturbed experiment N<sub>pre</sub> in both the endmembers decreases: N<sub>pre\_SO\_125</sub> = 20.31 and N<sub>pre\_NA\_125</sub> = 7.3. Assuming the same volumetric contributions as the control experiment, we calculate the expected change in global mean N<sub>pre</sub> in the Perturbed run (N<sub>pre\_EQSH</sub>) as,

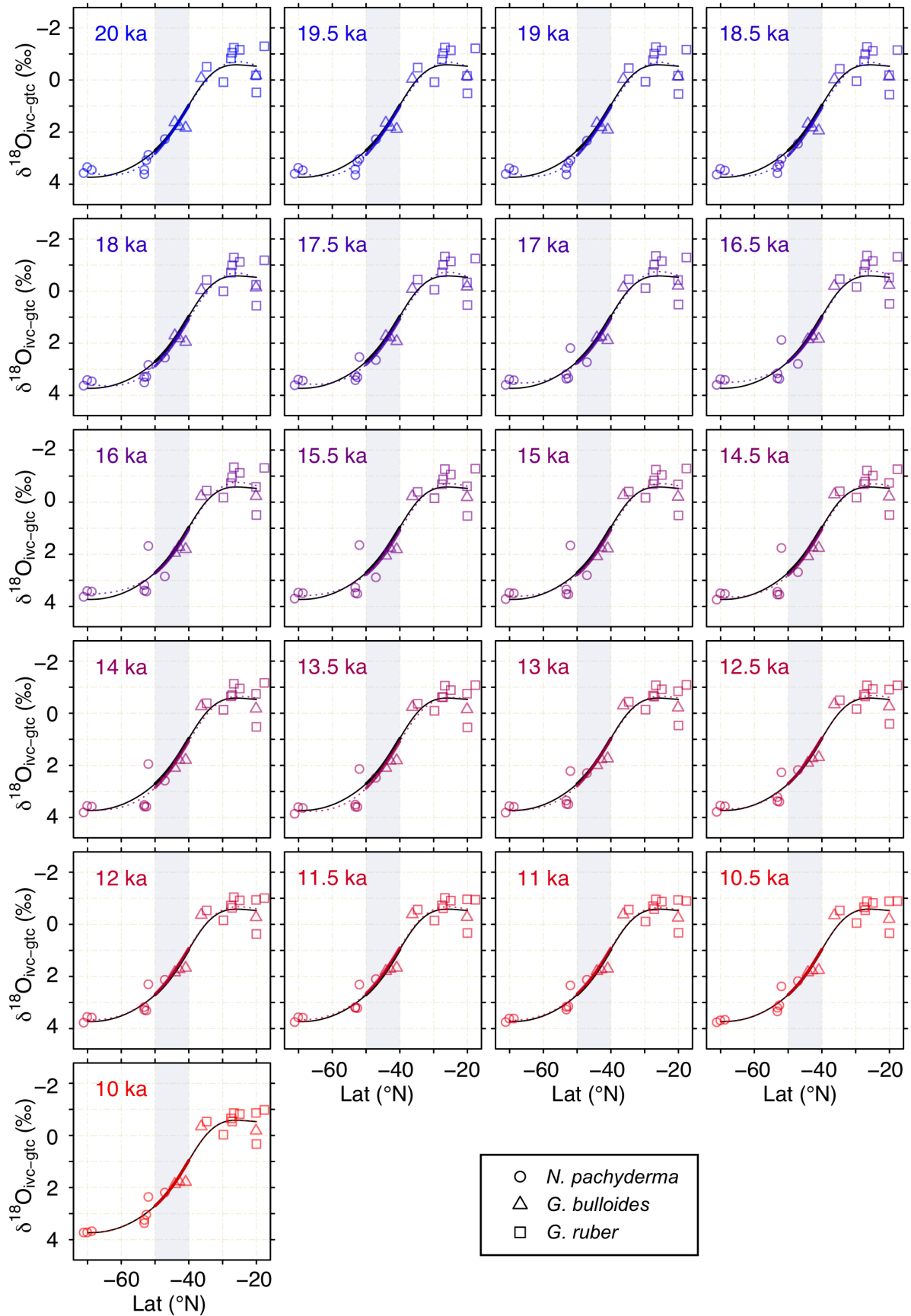
$$N_{pre\_EQSH} = V_{SO} * N_{pre\_SO\_125} + V_{NA} * N_{pre\_NA\_125} = 13.9$$
, equivalent to a globally averaged N\* value of 59%. Based on the initial changes in N<sub>pre</sub> within the endmember regions we would thus expect a global mean N\* increase of ~5% in the Perturbed experiment relative to the Control, once these anomalies had propagated through the deep ocean.



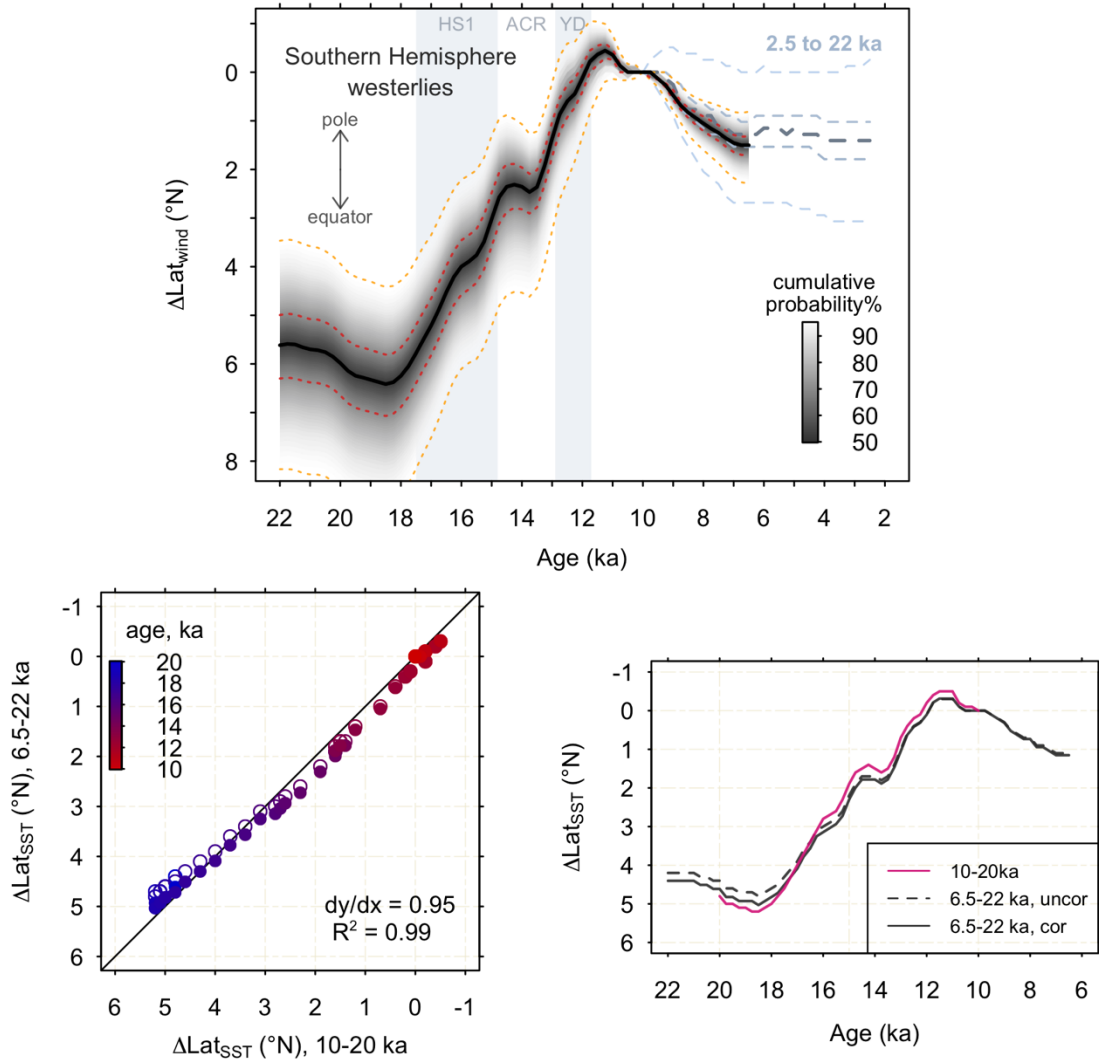
**Fig. S1. Climatological  $\delta^{18}\text{O}$ .** Surface climatological (a)  $\delta^{18}\text{O}_{\text{water}}$  (LeGrande & Schmidt, 2006), (b)  $\delta^{18}\text{O}_{\text{calcite-water}}$  (calculated using Boyer et al., 2013; Kim & O'Neil, 1997), and (c)  $\delta^{18}\text{O}_{\text{calcite}}$  (note, colour scale is the same for all panels). Symbols show location of core sites and species of planktic foraminifera (circles = *N. pachyderma*, triangles = *G. bulloides*, squares = *G. ruber*). (d) Zonal-mean climatological  $\delta^{18}\text{O}_{\text{water}}$ ,  $\delta^{18}\text{O}_{\text{calcite-water}}$ , and  $\delta^{18}\text{O}_{\text{calcite}}$  at the surface (as shown on Fig. 1b), near-surface zonal wind speed (Kalnay et al., 1996), and sea surface temperature (SST) (Boyer et al., 2013). (e) Meridional gradients of zonal-mean surface  $\delta^{18}\text{O}_{\text{water}}$ ,  $\delta^{18}\text{O}_{\text{calcite-water}}$ ,  $\delta^{18}\text{O}_{\text{calcite}}$  and SST. Wind speed as in (d). Note the peak gradients in  $\delta^{18}\text{O}_{\text{water}}$ ,  $\delta^{18}\text{O}_{\text{calcite}}$  and SST are almost exactly colocalised, illustrating the tight coupling of their meridional patterns.



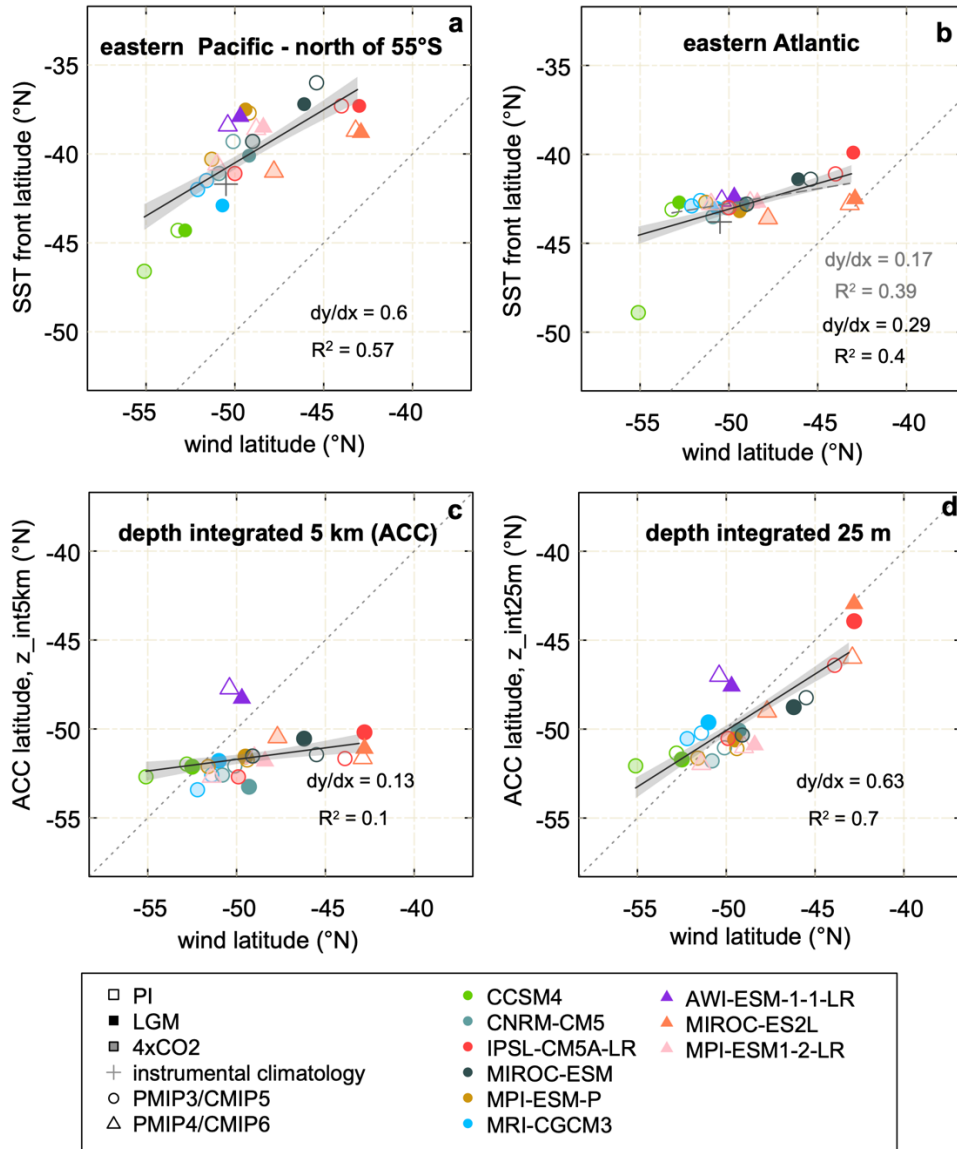
**Fig. S2. Indian-Pacific meridional  $\delta^{18}\text{O}$  profiles.** Indian-Pacific meridional  $\delta^{18}\text{O}_{\text{ivc-gtc}}$  data with GAM fits at 500-year time steps. The GAM fit at 10 ka is shown in black. The grey box is the window in which  $\Delta\text{Lat}_{\text{SST}}$  is calculated and the thick lines show the portion of the curves falling within this window.



**Fig. S3. Atlantic meridional  $\delta^{18}\text{O}$  profiles.** As figure above, but for the Atlantic.

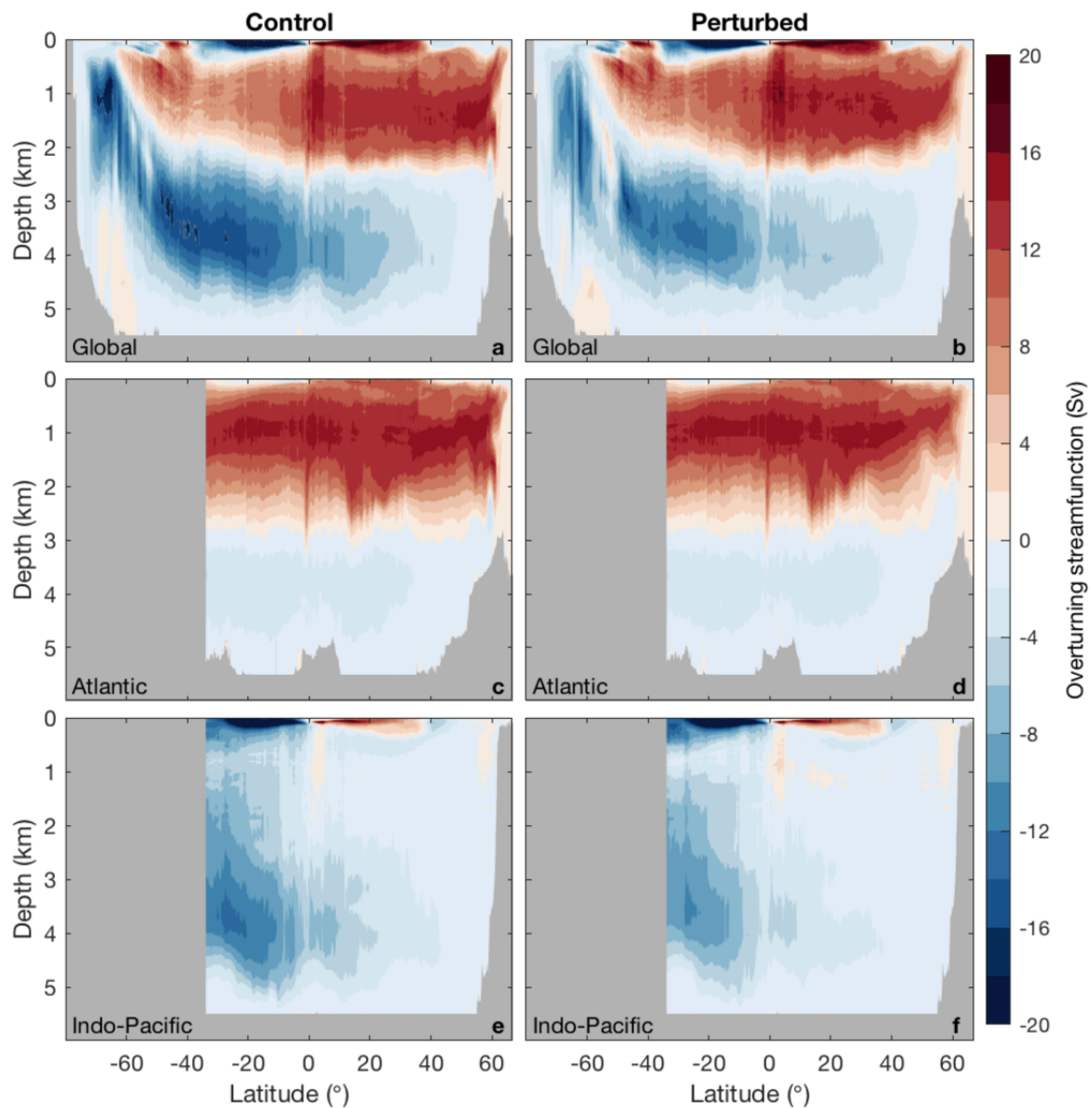


**Fig. S4. 22-6.5 ka analysis. (top)** Changes in the wind latitude ( $\Delta\text{Lat}_{\text{wind}}$ ) over 22-6.5 ka. The higher uncertainties compared to the 20-10 ka reconstruction is due to the lower number of sites than span this interval. The 5<sup>th</sup>, 32<sup>nd</sup>, 50<sup>th</sup>, 68<sup>th</sup>, and 95<sup>th</sup> percentiles are indicated. The grey dashed line shows the same analysis extended to 2.5 ka; while the uncertainties are very large due to the limited number of cores than span this interval, the results suggest little change in the position of the wind latitude during the Holocene. The displayed uncertainties in  $\Delta\text{Lat}_{\text{wind}}$  account for uncertainty in the relationship between the SST-front latitude and wind latitude due to variations across the model ensemble (Methods) but omit possible structural uncertainties in the representation of this relationship by the models. **(bottom)** Comparison of reconstructed Indian-Pacific  $\Delta\text{Lat}_{\text{SST}}$  using the 10-20 ka subset and 6.5-22 ka subset of cores. Open circles and the dashed grey curve correspond to the 6.5-22 ka reconstruction uncorrected; filled circles and solid grey line correspond to the 6.5-22 ka reconstruction with a  $1/0.95$  correction applied (see Methods). The pink curve shows the 10-20 ka reconstruction.

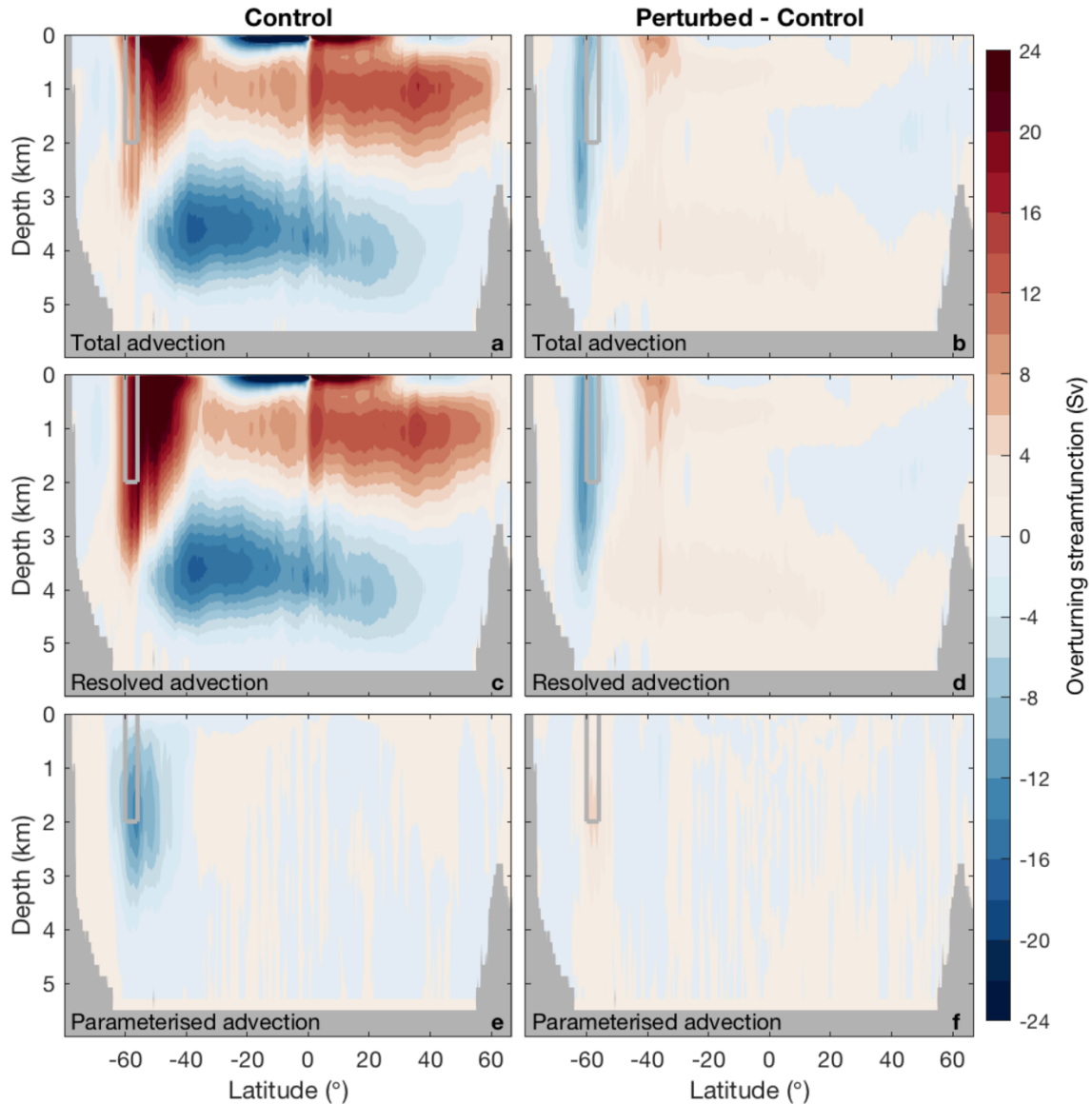


**Fig. S5. PMIP3/4 and CMIP5/6 ensemble.** (a) Relationship between the wind latitude and SST front latitude in the model ensemble across the eastern Pacific north of 55°S (i.e. along the coast of South America). (b) As (a) but for the eastern Atlantic sector, where the vast majority of the mid-latitude sites in the Atlantic are located. Dashed grey line shows regression excluding CCSM4 4xCO<sub>2</sub> simulation. The weak relationship might owe to bathymetric constraints on the latitude of the confluence of warm Indian Ocean waters and colder Southern Ocean waters south of Africa. Note, as the coupling mechanism underlying our approach is hemispheric in scale, the relationships shown in (a) and (b) are aids for interpretation only and are not used to derive changes in wind latitude. (c,d) Relationship between the wind latitude and the latitude of peak zonal oceanic flow in the Southern Ocean. The latitude of peak zonal flow is calculated by taking the zonal mean of the latitude of maximum depth-integrated zonal velocity. The depth integration is carried out over (c) the upper 5 km (i.e. full depth integration to locate the ACC), and (d) the upper 25m (locating the surface jet). Dotted lines show 1:1 relationship.

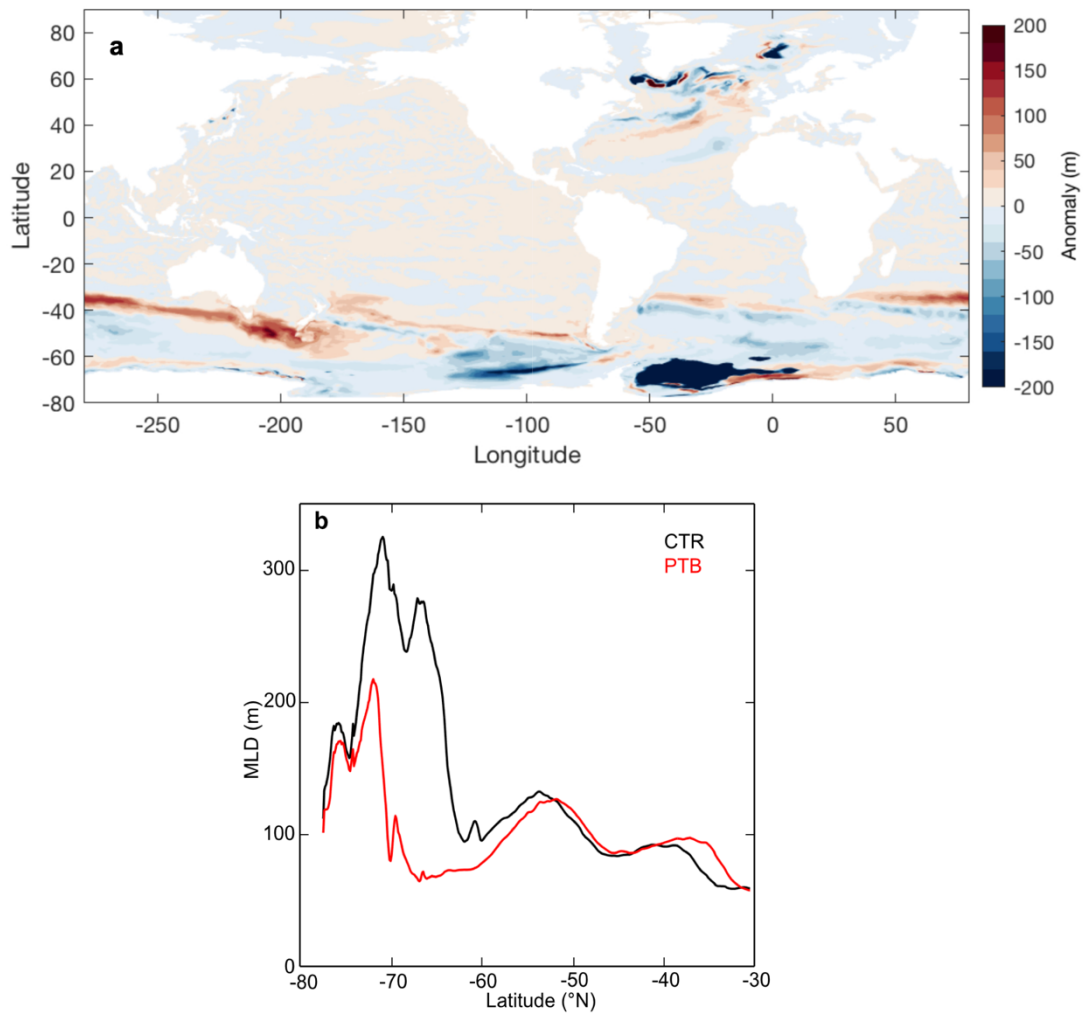




**Fig. S6. MOM5-SIS-Wombat circulation results.** (a-f) Meridional overturning streamfunction in the Control (a,c,e) and Perturbed experiments (b,d,f), for the global ocean (a,b), Atlantic ocean (c,d) and Indian-Pacific oceans (e,f). The streamfunction includes both resolved and parameterised advection. It is calculated in neutral density (Jackett & McDougall, 1997) coordinate and reprojected onto the depth coordinate (Zika et al., 2013) in order to eliminate adiabatic recirculations and avoid spurious effects due to vertical inversions in potential density fields.



**Fig. S7. Contributions to the overturning and its response.** (a,c,e) Global overturning streamfunction averaged over the last decade of the Control experiment. The total, shown in (a), is decomposed into contributions of resolved advection (c) and of the eddy parameterisation (e). (b,d,f) Global overturning streamfunction anomaly (Perturbed minus Control) averaged over the last decade of the experiments. The total anomaly, shown in (b), is decomposed into the contributions of resolved advection (d) and of the eddy parameterisation (f). In all panels, the grey box illustrates the location of Drake Passage. Note that the absence of connection to the surface of the abyssal cell in (a) is an artefact of computing the overturning in depth (rather than density) space (cf Fig. S6).



**Fig. S8. MOM5-SIS-Wombat MLD results. (a)** mixed layer depth (MLD) anomaly (perturbation-Control) **(b)** Zonally averaged mixed layer MLD in the Control (black) and Perturbed (red) simulations. Shown quantities are averaged over years 116-125 of each experiment.

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