Dear Editor,

I am writing to submit our manuscript entitled "Probing the nucleation of iron in Earth's core using MD simulations of supercooled liquids" which we hope you will consider for release as a pre-print in EarthArXiv. This is in a non-peer reviewed state as it is being submitted to Physical Review B for consideration and peer review.

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Thank you in advance,

Alfred Wilson on behalf of the authors.

1	Probing the nucleation of iron in Earth's core using MD simulations of supercooled
2	liquids
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11	(Dated: April 27, 2021)
12	Classical nucleation theory describes the formation of the first solids from supercooled liquids and
13	predicts an average waiting time for a system to freeze as it is supercooled to temperatures below the
14	melting temperature. For systems at low to moderate undercooling, waiting times are too long for
15	freezing to be observed via experiment or simulation. Here a system can be described by estimated
16	thermodynamic properties, or by extrapolation from practical conditions where thermodynamic
17	properties can be fit directly to simulations. In the case of crystallising Earth's solid iron inner core,
18	these thermodynamic parameters are not well known and waiting times from simulations must be
19	extrapolated over ~ 60 orders of magnitude. In this work, we develop a new approach negating the
20	need for freezing to be observed. We collect statistics on solid-like particles in molecular dynamic
21	simulations of supercooled liquids. This allows estimation of waiting times at temperatures closer to
22	the melting point than is accessible to other techniques and without prior thermodynamic insight or
23	assumption. Our method describes the behaviour of nucleation at otherwise inaccessible conditions
24	such that the nucleation of any system at small undercooling can be characterised alongside the
25	thermodynamic quantities which define the first formed solids.

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I. INTRODUCTION

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In order for a pure liquid to freeze, it must cool significantly below its melting temperate $(T_m, e.g. [1])$. This 27 requirement is the result of an interface separating the two phases when a solid forms. Whilst the solid is thermody-28 namically favoured for temperatures below T_m , a solid-liquid interface remains unfavourable and so a commensurate 29 difference between liquid and solid free energies is required. The phenomenon of supercooling is well studied in metal-30 lurgy and meteorology where precipitation is important (e.g. [2, 3]). It also forms the basis of this work's motivation, 31 the inner core nucleation paradox [4], where the cooling rate of the Earth's core cannot be reconciled with sufficient 32 undercooling to have crystallised the seismically observed solid inner core. According to classical nucleation theory 33 (CNT), for the inner core to have crystallised, undercooling on the order of 1000 K is apparently required. However, 34 if this were the case, after the onset of crystallisation all material below T_m will freeze resulting in an inner core that 35 is much larger than observed. 36

³⁷ CNT (e.g. [1]) describes the nucleation rate (I) of solids in supercooled liquids via three components (Eq. 1): 1. A ³⁸ free energy associated with forming a nucleus (ΔG). 2. Boltzmann statistics defining the probability of atoms forming ³⁹ a solid-like arrangement representing a nucleus. The stochastic nature of the nucleation process is represented here; ⁴⁰ a nucleus with a low probability of forming will correspond to a long average duration before such a configuration is ⁴¹ randomly sampled, referred to as the waiting time (τ_w). 3. A density of available nucleation sites and rate at which ⁴² atoms can be attached define a pre-factor (I_0) which scales the nucleation rate

$$I = I_0 \exp\left(\frac{-\Delta G}{k_B T}\right). \tag{1}$$

 ΔG is described in CNT by the interfacial energy (γ) , which is proportional to the surface energy of the growing nucleus, combined with a volumetric free energy difference between perfect solid and liquid (g^{sl}) . When nuclei are spherical

$$\Delta G = \frac{4}{3}\pi r^3 g^{sl} + 4\pi r^2 \gamma. \tag{2}$$

This description sees ΔG increase with nucleus radius (r) to a peak at some critical size, above which the probability of further growth increases exponentially. A critical size exists for each supercooled temperature where the value of ΔG defines the probability of formation and therefore τ_w . The form of ΔG predicts the conditions under which freezing will occur spontaneously within a homogeneous liquid. In heterogeneous nucleation ΔG is reduced by a pre-existing site which reduces the penalty of a solid-liquid interface. CNT has been found to successfully describe nucleation in many cases (e.g. hard-sphere colloids [5] and water [6]), however this simple representation of the nucleation process is not expected to predict the behaviour of complex systems such as polymers and enzymes (e.g. [7]). For example, behaviour where the initially nucleating phase differs from the critical nucleus is neglected [8]. Stranski and Totomanow [9] suggested that the nucleating phase is not the most stable, but is instead the phase with the smallest ΔG , contrasting the assumption made in CNT where the difference in free energies is that between the most stable solid and the liquid (e.g. [4]). In simple liquids [10] and face centred cubic (fcc) stable metals [11–13] it has been shown that there is a preference for body centred cubic (bcc) arrangements to nucleate despite other phases being more stable. Non-classical nucleation is then required to describe

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whether it can sufficiently describe the nucleation process to be useful in resolving the inner core nucleation paradox.

this kind of behaviour (e.g. [7]). Here we will constrain the applicability of CNT to the Earth's core and examine

It is not always possible to observe the freezing of a system despite undercooling. CNT predicts that the average 61 duration before a supercooled system undergoes freezing varies exponentially with T. The Earth's core has cooled at 62 50-150 K Gyr⁻¹ [14–18] and thus crystallisation of the inner core must have occurred at relatively small undercooling 63 and therefore with large τ_w (~10³² sm⁻³). The timescales relevant here are clearly not practicable to experiment or 64 simulation. Where long waiting times exist, such as with the inner core nucleation paradox, one of two approaches 65 is typically employed when using CNT. First, known thermodynamic properties can be used to estimate ΔG and I_0 and predict the relationship between undercooling and waiting time. We call this the thermodynamic estimate, which 67 was used Huguet et al. [4]. This requires explicit knowledge of free energies of both phases and the interface between 68 them, all of which are non-trivial to obtain and often only accessible to theoretical studies (e.g. [19]). Alternatively, 69 freezing can be observed directly in simulations at far larger undercooling providing waiting times for which CNT is 70 used as a fitting model. Observed τ_w can then be fitted with thermodynamic quantities being free parameters, we 71 call this direct simulation. Eq. 1 can then be used with these properties to extrapolated to the conditions under 72 study (e.g. [20]). Herein lies great difficulty as exponentially increasing waiting time with temperature forces large 73 extrapolations; Davies et al. [20] extrapolate observed waiting times over ~ 60 orders of magnitude. The advantage 74 of direct simulation over the thermodynamic estimate is that no assumption need be made about some of the more 75 uncertain thermodynamic quantities such as interfacial energy, although an assumption of nucleating phase is typically 76 still applied. Both Huguet et al. [4] and Davies et al. [20] assume q^{sl} to be represented by liquid iron and hcp iron 77 whilst the latter use γ and I_0 to fit observed waiting times. Additionally, both assume the individual components of 78 CNT to well represent the nucleation of iron at extreme pressure and temperature. 79

In this study we apply a novel approach to testing the application of CNT to the Earth's core, circumventing the disadvantages of both direct simulation and thermodynamic estimate approaches. We use previously developed techniques to identify sub-critical nuclei in the supercooled liquid and use CNT to describe their distributions. CNT then predicts critical nuclei from these distributions and allows the calculation of all necessary thermodynamic quantities without observing freezing. We therefore test the description of I_0 and ΔG within CNT and their ability to describe nucleation in the Earth's core. The efficiency of this approach allows temperatures close to the melting point to be characterised, removing the need for extrapolation. Crucially, we make no assumption of the nucleating phase, a limitation of CNT and the previous attempts to resolve the nucleation paradox.

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II. METHODS

⁸⁹ I (which has units of per unit time per unit volume) is recorded for all observed nucleus sizes at temperatures ⁹⁰ below the melting point of iron at 320 GPa, these distributions predict the critical radii r_c . r_c is defined in CNT ⁹¹ by γ (which has small temperature dependence) and g^{sl} via Eq. 2 where $\frac{d\Delta G}{dr} = 0$ meaning that the distribution of ⁹² nuclei characterises the thermodynamics of the system. I_0 and the Zeldovich factor (z) can also be extracted from ⁹³ MD information of pre-freezing nuclei and so τ_w , defined as

$$\tau_w = \tau_0 \exp\left(\frac{\Delta G(r)}{k_B T}\right) \tag{3}$$

where $\tau_0 = \frac{z}{I_0}$, can be estimated for temperatures below the melting point without the need for freezing events to be observed. As such, little extrapolation is needed to predict behaviour at small undercooling.

Calculations are performed using the Large-scale Atomic/Molecular Massively Parallel Simulator (LAMMPS) [21]. 96 The embedded atom model of iron by Alfè et al. [22] is applied with a cut-off distance of 5.5 Å. 6912 atoms are used, 97 with a face-centred cubic initial configuration (12x12x12 unit cells) and 7.1316 Å³ atom⁻¹. A 6912 atom system is found 98 to be suitably large, given reproduction of liquid structure, pressure and energy within error of a 40,000 atom system. ٩q Furthermore, Davies et al. [20] show that this same comparison of system sizes produces the same average waiting 100 times to observe freezing. Liquid initial conditions are set by randomly prescribing initial velocities corresponding 101 to a kinetic energy of 10,000 K within the NVT ensemble. This is thermally equilibrated for 10 picoseconds (ps) 102 before cooling to a target temperature over 1 ps, followed by a minimum observation time of 1 nanosecond (provided 103 freezing does not occur). Simulation timesteps are 1 femtosecond whilst atomic positions are recorded every 100 steps. 104 Calculations are preformed in the NVE ensemble as the onset of freezing produces a significant temperature rise in 105

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the system under constant energy conditions. This provides a marker for the freezing of the system independent of structural analysis and direct comparison to the results of Davies *et al.* [20]. In order to collect suitable statistics, 100 unique trajectories per temperature are collected between 4100 and 5800 K. Below 4800 K, 40 instances are 109 found to be sufficient to predict a critical radius consistent with the overall temperature behaviour, albeit with larger 110 uncertainty than temperatures with more observed nuclei due to overall longer aggregate observation time.

Pre-freezing nuclei can be defined as collections of atoms that exhibit solid-like behaviour. Here the categorising 111 behaviour is that the bonding environment of an atom is similar to that of solid iron and that this configuration is 112 strongly correlated with that of neighbouring atoms, meaning the structure is not limited to a single atom. We follow 113 a previously developed method whereby spherical harmonics are used to categorise bonding environments surrounding 114 each atom [23, 24]. A suite of spherical harmonics are selected which construct local order parameters around atoms 115 giving a measure of crystallinity (Eq. A3) which describes the distribution of atoms around a central atom in terms 116 of similarity to a solid bonding configuration (details in appendix A). In order for this to be effective, the local order 117 parameters are tuned to give a positive response to bonding environments consistent with phases of iron relevant to 118 the core (bcc, fcc, and hcp) without strongly favouring any one specifically. Crystallinity does not solely characterise 119 a solid-like particle. When a threshold number of eight neighbouring atoms all have a crystallinity >0.5, the central 120 atom is considered to be confined within a solid structure and is defined as solid-like. A criteria of eight neighbours is 121 chosen as we find that pure liquids rarely see eight or more of these connections per atom (consistent with previous 122 studies e.g. [24]). The solid phases should have some number of connections below the coordination number of the 123 perfect crystal due to thermal vibrations. Fig. 1 shows examples of crystallinity and connections for a defect and a 124 nucleus. In the example of a planar defect, all atoms remain strongly crystalline but the disruption in connections 125 forms a discontinuity is the solid-like structure. In the case of a solid-like nucleus, solid-like atoms in isolation do not 126 constitute a nucleus. 127



FIG. 1. Per-atom values of crystallinity (structure correlation, upper panels) and number of correlated neighbours (lower panels) for Fe-hcp with a planar defect in the Y plane (left) and an approximately spherical solid-like nucleus of 14 atoms surrounded by liquid (right, circles and squares respectively). Grid spacing is 2.5 Å.

Within each snapshot solid-like atoms are identified and those within bonding distance (defined by the solid radial distribution function) are considered to belong to the same nucleus. Nuclei sharing greater than half of the same unique atoms in adjacent snapshots are determined to be the same nucleus.

Removing terms that are constant at fixed temperature from Eq. 1 and 2 we can describe a proportional form of the free energy barrier:

$$-ln(I_T(r)) \propto \Delta G_T(r). \tag{4}$$

This allows us to use the distribution of observed nuclei sizes to produce a representation of the free energy associated with forming each nucleus size. We find that nuclei with fewer than 10 atoms forces non-spherical geometry, but all nuclei are pseudo-spherical with sphericity increasing with size and therefore find a spherical form to the scaling of g^{sl} and γ is necessary. This single temperature distribution is then

$$\Delta G_T(r) = 4/3\pi r^3 A + 4\pi r^2 B \tag{5}$$

 $_{137}$ where A and B are fit to simulation data to estimate the radius corresponding to the peak of the free energy barrier

$$r_c = -2B/A.$$
(6)

Care must me taken in applying Eq.s 5 and 6. In order for a well represented distribution of nucleation rates to 138 be collected, the simulation must run for a considerable time, exponential to temperature, where freezing presents a 139 limit to the observation of I. Clearly, without freezing being observed, nuclei at or beyond the peak of ΔG will be 140 scarce (the probability of a nucleus growing increases exponentially above the critical size making their observation 141 without freezing unlikely) and so the fitting can only be applied to the distribution of nuclei smaller than the critical 142 radius (see inset of Fig. 2). We are able to predict r_c up to 5800 K (reported in Fig. 2) above which the form of 143 nucleation rate is too poorly represented to be robustly fit with the form of Eq. 2 given number, size and duration of 144 simulations in this study. 145

Applying this methodology to the aggregate of all simulation distributions we construct r_c at each temperature (points in Fig. 2) but not the temperature dependence. These r_c are fitted via g^{sl} and γ where for pure iron

$$g^{sl} \approx h_f \frac{\delta T}{T_m} (1 - h_c \delta T) \tag{7}$$

approximates the temperature dependence of g^{sl} . h_f is the enthalpy of fusion and h_c is a correction to account for non-linear behaviour of g^{sl} , which has been found necessary for iron at these conditions [20]. δT is undercooling relative to the melting temperature, T_m , set at 6215 K for 320 GPa following Alfè *et al.* [25]. r_c then varies with temperature as

$$r_c(T) = \frac{-2\gamma}{h_f \frac{\delta T}{T_m} (1 - h_c \delta T)}.$$
(8)

¹⁵² We assume interfacial energy to be constant with temperature, a standard assumption in classical and non-classical ¹⁵³ nucleation theory (e.g. [1] and [7]) that is confirmed by our results (see section III). We fit γ to observed waiting ¹⁵⁴ times using Eq. 3, 2 and 7. h_f and h_c are treated as free parameters in defining $r_c(T)$ (Fig. 2). This allows us to fit ¹⁵⁵ the predicted critical radius from molecular dynamics to describe g^{sl} with no assumption of the phases involved.

¹⁵⁶ The kinetic pre-factor (e.g. [26]) can be defined by

$$\tau_0 = \frac{z}{NS} \tag{9}$$

where N is the number of available nucleation sites, S is the rate at which atoms are added to nuclei and z relates the rate of growth to the principle that clusters have some probability of shrinking having grown to a given size. In ¹⁵⁹ nucleation theory z is known as the Zeldovich factor and is a dimensionless quantity taken from the second derivative ¹⁶⁰ of free energy at the top of the free energy barrier

$$z = \sqrt{\frac{\frac{4}{3}\pi r_c^3 g^{sl}}{k_B T}}.$$
 (10)

We calculate N as the average number of nuclei of any size present at any one snapshot and S as the average growth rate of nuclei between snapshots. These terms are both proportional to undercooling, whereas g^{sl} approaches zero at the melting temperature by definition.

III. RESULTS

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 r_c is found to decrease with increasing undercooling, a key prediction of CNT and direct validation of the expected nucleation behaviour of a supercooled liquid. The change in r_c with temperature agrees well with the prediction of Davies *et al.* [20], especially at large undercooling where that study's observations are made (see Fig. 2). At low undercooling (temperatures greater than 4600 K), the critical radius is larger than the previous prediction (26% larger than Davies *et al.* [20] at 6000 K) but is still captured well by the formalism of CNT.



FIG. 2. Critical radii of pre-freezing nuclei with temperature. Estimates of critical radius from nucleation rate are calculated at each temperature (black circles) via Eq. 6 where A and B are only used for these points and absolute values of $\propto \Delta G$ are not meaningful without inclusion of I_0 . Temperature dependence of critical radii is fitted with h_f , h_c and γ as free parameters via Eq. 8 (green line) and compared to the prediction from direct simulation [20] (red line). Increasing uncertainty with undercooling is due to less recorded nuclei, an intractable combination of fewer simulations and freezing events halting observation. Inset: fitting of an example nucleation rate distribution at 4200 K.

We examine the assumption applied in CNT that interfacial energy is a temperature invariant quantity. Using 170 free energies of solid and liquid to estimate q^{sl} independently we calculate γ for each prediction of r_c . The solid free 171 energy is taken as hcp-Fe from Alfè et al. [27] and the liquid value is obtained by extrapolation from the melting 172 curve of Alfè et al. [25] (where $G^l = G^s$) using thermodynamic properties from Ichikawa et al. [28]. We find that 173 $r_c(T)$ accommodates a maximum of 10⁻⁴ Jm⁻²K⁻¹ gradient of γ , whilst the mean value of γ is 1.42 Jm⁻². The single 174 value of γ which produces the best fit to observed waiting times and all predicted r_c is 1.02065 Jm⁻², slightly smaller 175 than that found by previous works [19, 20]. Enthalpy of fusion is 7.119×10^9 Jm⁻³ with a temperature dependence of 176 6.609×10^{-5} resulting in a smaller value of g^{sl} at all temperatures when compared to the previous studies (18% and 177 28% less than Huguet et al. [4] and Davies et al. [20] respectively, Fig. B.1). All values and comparisons are shown in 178 table I. τ_0 is found to vary little with temperature due to a compensatory effect of N and S with z. An average value 179

across temperatures is 5.742×10^{44} sm⁻³, significantly smaller than Davies *et al.* [20] (10⁴⁸) who determined I_0 as a freely fitted parameter, and larger than Huguet *et al.* [4] (10⁴⁰) where a convenient approximate value was applied (see table I). Notably, our value is similar to that of Christian [1] (10⁴²) where the value is estimated from reasonable nucleus densities and enthalpy of fusion at observable conditions and assumed is to be mostly temperature invariant.

TABLE I. Thermodynamic quantities required to calculate waiting times (Eq. 3) from nucleation rates in this study, compared to those used in the thermodynamic estimate and direct simulation methods.

Name	Units	This Study	Thermodynamic	Direct
Wante			$Estimate^{a}$	$\operatorname{Simulation}^{\mathrm{b}}$
$ au_0$	sm^{-3}	5.742×10^{44}	1×10^{40}	7.04×10^{48}
h_f	Jm^{-3}	7.119×10^{10}	1×10^{10}	0.98×10^{10}
h_c		6.609×10^{-5}	1	7.05×10^{-5}
γ	Jm^{-2}	1.02065	1.2	1.08
δT_{core}	К	807	1000	730

^a Huguet *et al.* [4]

^b Davies *et al.* [20]



FIG. 3. Waiting times for nucleation predicted by the analysis of sub-critical nuclei in supercooled liquids (this study, green circles) is compared to direct simulations (black and purple circles). Fitting for these two approaches is shown as lines (green and blue respectively) and the dashed line represents the waiting time required to freeze the present volume of the Earth's inner core given an age of 1 Gyr.

¹⁸⁴ Where simulations regularly freeze (at large δT) we compare to direct simulation [20] and find good agreement ¹⁸⁵ (Fig. 3). Predicted waiting time to observe freezing (Fig. 3) is found to be consistent with Davies *et al.* [20] at large ¹⁸⁶ undercooling, and is longer at small undercooling where this work is able to sample more directly. This is due to ¹⁸⁷ the difference in h_c as well as g^{sl} being smaller at all temperatures. When evaluating the undercooling required to ¹⁸⁸ produce freezing after 4.43×10^{32} sm⁻³ (consistent with the predicted first nucleation of the Earth's inner core [20]) ¹⁸⁹ we predict a 807 K undercooling is required. This is intermediate to 730 K from Davies *et al.* [20] and 1000 K from ¹⁹⁰ Huguet *et al.* [4].

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IV. CONCLUSION

The distribution of pre-freezing nuclei in supercooled liquids is found to accurately predict the critical radius for nucleation in iron liquids at the high pressures and temperatures relevant to the Earth's core. Our method provides insight into the behaviour of supercooled liquids at temperatures close to T_m and at much smaller undercooling than is accessible to other methods which follow CNT. We test the validity of CNT through its prescription of a kinetic pre-factor and free energy barrier description of the nucleation process. We do this solely through the observation of pre-freezing nuclei in molecular dynamics and find that the distribution of nuclei can predict waiting times for freezing of high pressure liquid iron in agreement with studies which take different routes to applying CNT.

The 5% smaller value of interfacial energy compared to Davies et al. [20] can perhaps be explained by a difference in 199 structure in small nuclei compared to the bulk solid, consistent with a smaller difference in free energies (Fig. B.1) and 200 an overall reduction in the free energy barrier. Stranski and Totomanow [9] pose the the first nucleating phase is not 201 that with the lowest free energy, but that with the smallest free energy barrier. In cases were simulations completely 202 freeze, at large undercooling, we observe defects relaxing from the solid some time after a successful nucleation event. 203 This is commensurate with a less negative value of q^{sl} at all temperatures compared to other works which assume the 204 enthalpy of fusion to be that of forming hcp iron [4, 20]. We make no assumption about the nature of the nucleating 205 phase, nor its thermodynamic properties. Instead we find the properties that best describe the behaviour of sub-206 critical nuclei in the supercooled liquid. These properties reveal that the nucleating solid is less favourable than hcp 207 iron and so whilst generally describing the system, this fundamental assumption of CNT is not valid for Earth's core 208 and non-classical nucleation theory provides a more appropriate description. The structure of nucleating material we 209 observe is best described as defect-rich hcp. 210

We compare estimates of undercooling required to freeze in a system (for a given waiting time) with studies which 211 apply CNT through thermodynamic estimate and direct simulation methods. The key assumption made in this 212 work is simply that the energy of small nuclei is representative of critical nuclei, very different to those made by 213 previous works, however we arrive at a similar prediction of waiting times. An undercooling of 807 K is found to be 214 intermediate to previous works, where the waiting time is related to the time required to produce the Earth's solid 215 inner core. Whilst the inner core nucleation paradox remains unresolved through the study of a pure iron system, the 216 study of pre-freezing nucleation gives access to undercoolings which were previously unattainable and describes the 217 thermodynamic properties of nucleating systems which must otherwise be assumed. This provides a framework for 218 examining nucleation in impure systems at core conditions, towards resolving the inner core nucleation paradox. 219

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Appendix A: Identification of solid-like behaviour

Atoms are identified as solid-like or liquid-like using the following definition of local order parameters through spherical harmonics following Rein ten Wolde *et al.* [23]. Atom *i* has neighbours *j*, separated by distance r_{ij} and the angles between them, θ_{ij} (zenith) and ϕ_{ij} (azimuth), are defined by the unit vectors $\hat{\mathbf{r}}_{ij}$. The local structure around *i* can be described through

$$\bar{q}_{lm}(i) = \frac{\sum_{j} Y_{lm}(\hat{\mathbf{r}}_{ij})\alpha(r_{ij})}{\sum_{j} \alpha(r_{ij})}$$
(A1)

where $\alpha(r_{ij}) = (r_{ij} - r_q)^2$ is a scaling function that smoothly limits the influence of neighbouring atoms to those within the first bonding shell, r_q . l and m are the spherical harmonic degrees and orders respectively. These local order parameters are dependent on the choice of reference frame (in this case aligned to the Cartesian z direction) which does not prove useful in liquids where any structures at moderate separation are randomly oriented. Vectors $\mathbf{q}_l(i)$ then have m ($m = (2 \times l + 1)$) components and gain rotational invariance in magnitude from the normalisation of these components.

$$\tilde{q}_{lm}(i) = \frac{\bar{q}_{lm}(i)}{\left[\sum_{m=-l}^{l} |\bar{q}_{lm}(i)|^2\right]^{1/2}}.$$
(A2)

²³⁶ These vectors can be compared through dot products with neighbouring atoms

$$\mathbf{q}_{l}(i) \cdot \mathbf{q}_{l}(j) = \sum_{m=-l}^{l} \tilde{q}_{lm}(i)\tilde{q}_{lm}(j)$$
(A3)

where $\mathbf{q}_l(i) \cdot \mathbf{q}_l(i) = 1$. In the case of iron, we use l = 6 to produce a strongly positive value of $\mathbf{q}_6(i)$ for all relevant crystalline structures without a strong preference for any individual phase, although an assumption of possible phases is made. $\mathbf{q}_l(i) \cdot \mathbf{q}_l(j)$ is considered to be strongly correlated when above 0.5 and when an atom has eight or more neighbours with this characteristic, the environment of atom *i* is considered to be solid-like. Examples of these values in different configurations are shown in Fig. 1.



FIG. B.1. Calculated difference in free energy between nucleating solid and liquid from the evolution of critical radius with temperature (black line) compared with previous studies. Both Huguet *et al.* [4] (red line) and Davies *et al.* [20] (blue line) assume the nucleating solid free energy is well represented by the most stable phase (hcp Fe). We find that the distribution of critical radii (Fig. 2) is best explained by a smaller free energy difference at all temperatures ($\gamma = 1.02065$).

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