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# On the Evolution of Thermally Stratified Layers at the top of Earth's Core

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## Abstract

Stable stratification at the top of the Earth's outer core has been suggested based upon seismic and geomagnetic observations, however, the origin of the layer is still unknown. In this paper we focus on a thermal origin for the layer and conduct a systematic study on the thermal evolution of the core. We develop a new numerical code to model the growth of thermally stable layers beneath the CMB, integrated into a thermodynamic model for the long term evolution of the core. We conduct a systematic study on plausible thermal histories using a range of core properties and, combining thickness and stratification strength constraints, investigate the limits upon the present day structure of the thermal layer. We find that whilst there are a number of scenarios for the history of the CMB heat flow,  $Q_c$ , that give rise to thermal stratification, many of them are inconsistent with previously published exponential trends in  $Q_c$  from mantle evolution models. Layers formed due to an exponentially decaying  $Q_c$  are limited to 250-400 km thick and have maximum present-day Brunt-Väisälä periods,  $T_{BV} = 8 - 24$  hrs. When entrainment of the lowermost region of the layer is included in our model, the upper limit of the layer size is reduced and can fully inhibit the growth of any layer if our non-dimensional measure of entrainment,  $E > 0.2$ . The period  $T_{BV}$  is insensitive to the evolution and so our estimates remain distinct from estimates arising from a chemical origin. Therefore,  $T_{BV}$  should be able to discern between thermal and chemical mechanisms as improved seismic constraints are obtained.

*Keywords:* Geodynamo, outer core, thermal history, inner core age

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## 1. Introduction

The Earth's large scale magnetic field is generated within the liquid iron outer core by the geodynamo process, which converts the mechanical energy of fluid motion into magnetic energy. Spatial and temporal variations of the field observed at Earth's surface reflect processes at the top of the core and so establishing the structure and dynamics of this region is of particular importance. Much debate has focused on the presence of stable stratification

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7 beneath the core-mantle boundary (CMB). A range of seismic studies (Lay and Young,  
8 1990; Garnero et al., 1993; Helffrich and Kaneshima, 2010; Kaneshima, 2017), but not all  
9 (Alexandrakis and Eaton, 2010), find significant P-wave velocity reductions relative to the  
10 Preliminary Reference Earth Model (PREM, Dziewonski and Anderson, 1981) ranging up  
11 to 400km deep into the core. This has been interpreted as a layer of anomalously light  
12 fluid (Helffrich and Kaneshima, 2013) that is resistant to the convective motion beneath it,  
13 although this interpretation has recently been challenged (Irving et al., 2018). The existence  
14 of a stratified layer has important implications for interpreting geomagnetic observations  
15 because stable regions filter the signal from the deeper core (Christensen, 2006) and support  
16 unique classes of wave motions such as MAC waves, which have been invoked to explain  
17 certain periodic variations in the observed magnetic field and length of day (Buffett et al.,  
18 2016).

19 A number of key properties of the stable layer are uncertain such as its size, age, and  
20 thermal and chemical structure, which all depend upon the underlying mechanism generat-  
21 ing the stratification. A systematic study of the time evolution of the core in which stable  
22 stratification arises is required in order to anticipate these key properties given plausible  
23 scenarios. Future constraints from observations on the layer size and Brunt-Väisälä frequen-  
24 cies may then be related to these models to distinguish between different origins for the  
25 layer, to infer the structure and dynamics of the upper region of the core, and to relate to  
26 paleomagnetic observations.

27 Several mechanisms have been proposed to explain the origin of a stable layer below the  
28 CMB. Chemical stratification may be caused by the barodiffusion of light element towards  
29 the CMB (Fearn and Loper, 1981; Gubbins and Davies, 2013), by the accumulation of blobs  
30 of chemically distinct material at the CMB (Moffatt and Loper, 1994; Bouffard et al., 2019),  
31 by transfer of lighter oxides from the mantle (Buffett and Seagle, 2010; Davies et al., 2018,  
32 2020) or by incomplete mixing during core formation (Landeau et al., 2016). In this paper  
33 we focus on thermal stratification, which arises if the heat flow at the CMB,  $Q_c$ , falls below  
34 the heat that is conducted down the adiabat,  $Q_a$  (Gubbins et al., 1982; Labrosse et al., 1997;  
35 Lister and Buffett, 1998).

36 The present CMB heat flow is estimated to lie in the range  $Q_c = 5 - 17$  TW (Lay et al.,  
37 2009; Nimmo, 2015). The adiabatic heat flow  $Q_a$  depends on the thermal conductivity  
38  $k$  and temperature gradient at the top of the core. Assuming a temperature gradient of  
39  $\sim 1$  K km<sup>-1</sup>, comparable to the adiabatic value (Davies et al., 2015), and  $k$  values in the  
40 range 40 – 100 W m<sup>-1</sup> K<sup>-1</sup> (de Koker et al., 2012; Pozzo et al., 2013; Gomi et al., 2013;  
41 Konôpková et al., 2016) gives  $Q_a \sim 4-16$  TW and so both strong stabilising and destabilising  
42 conditions are consistent with the available information. Gubbins et al. (2015) used these  
43 values and theoretical conduction profiles describing heat sources in the core (Davies and  
44 Gubbins, 2011) to estimate a maximum layer thickness of  $\sim 700$  km. However, they believed  
45 that this value probably represented an overestimate as such a thick layer would likely be  
46 incompatible with observed geomagnetic secular variation.

47 Additional constraints can be derived from the long-term thermodynamic evolution of  
48 the core. Earth’s magnetic field has existed for at least the last 3.5 Gyrs (Tarduno et al.,  
49 2010), which implies that there has been enough power available to drive the dynamo for this

50 period. A dynamo powered solely by thermal convection cannot be sustained if the CMB  
 51 heat flow is subadiabatic (e.g. Nimmo, 2015). Subadiabatic conditions can persist during  
 52 inner core growth, where partitioning of light elements in the liquid drives compositional  
 53 convection (Braginsky, 1963), and so the CMB heat flow must have been superadiabatic prior  
 54 to inner core formation. Precipitation of MgO (O’Rourke and Stevenson, 2016; Badro et al.,  
 55 2016) and/or SiO<sub>2</sub> (Hirose et al., 2017) could provide additional gravitational power prior to  
 56 inner core formation, which would relax the constraint on the age of thermal stratification.  
 57 However, precipitation rates are still under debate (Badro et al., 2018; Du et al., 2019) and  
 58 the power that is made available by precipitation depends strongly on the abundance and  
 59 coupled partitioning behaviour of iron, silicon and magnesium oxides (Mittal et al., 2020).  
 60 In view of these issues we do not consider precipitation in this paper.

61 Previous studies of Earth’s core evolution have considered the time-dependent growth of  
 62 a thermally stable region within an adiabatic and well-mixed core. These studies solve the  
 63 heat diffusion equation in the stable layer and obtain its growth from continuity conditions  
 64 imposed at the interface  $r_s$  with the well-mixed interior, the basic procedure followed in this  
 65 work. The studies differ primarily in their choice of boundary conditions on the diffusion  
 66 equation and the numerical scheme for evolving the stable layer interface. Gubbins et al.  
 67 (1982) studied thermal stratification by assuming a fixed CMB temperature and a thermal  
 68 gradient at  $r_s$  fixed to the adiabatic gradient of the convective interior. They solved the time-  
 69 dependent diffusion equation in the layer and included a growing inner core from the start of  
 70 the run, with freezing releasing latent heat but not light elements, and obtained a  $\sim 1000$  km  
 71 thick layer over 4.5 Gyrs for  $k = 15 \text{ W m}^{-1} \text{ K}^{-1}$ . Labrosse et al. (1997) modelled thermal  
 72 stratification as a Stefan problem, which allows both the temperature and its gradient to be  
 73 fixed at  $r_s$ , although the inclusion of the latent heat term means the temperature gradient  
 74 cannot be continuous across the interface. For a linearly decreasing CMB heat flow that fell  
 75 below the adiabat around 3 Gyrs they obtained a stable layer of  $\sim 600$  km thickness at the  
 76 present day, about double the rate of growth in Gubbins et al. (1982) most likely owing to  
 77 the larger thermal conductivity of  $60 \text{ W m}^{-1} \text{ K}^{-1}$ . Lister and Buffett (1998) did solve for  
 78 a uniform composition within the stable layer, which they argued would arise from mixing  
 79 due to salt finger instabilities. They allowed jumps in both temperature and composition  
 80 at  $r_s$  and evolved the interface to maintain continuity of the overall density. Using similar  
 81 parameters to Labrosse et al. (1997) they found that the layer grew to just  $\sim 400$  km in nearly  
 82 3 Gyrs, due to the negative build up of compositional buoyancy slowing down the advance  
 83 of the layer. Nakagawa (2018) studied thermochemical stratification driven by subadiabatic  
 84 conditions and enrichment of the upper core in FeO. He assumed steady solutions for the  
 85 heat equation in the stable layer and varied  $Q_c$  and the chemical diffusivity of FeO in order  
 86 to match the present-day layer thickness inferred from geomagnetic secular variation. The  
 87 lack of consensus regarding layer properties suggests the need for a systematic study of core  
 88 evolution across a broad range of model parameters.

89 Thermal stratification has been considered in the cores of other terrestrial bodies. Models  
 90 of Mercury’s interior structure (Dumberry and Rivoldini, 2015) and dynamo (Christensen,  
 91 2006) suggest the presence of a thermally stable layer in the core, the evolution of which has  
 92 been modelled using steady state solutions (Knibbe and van Westrenen, 2018). For Mars,

93 a transition to subadiabatic conditions is usually invoked to explain the demise of a core  
94 dynamo around 4 Ga (Stevenson, 2001; Williams and Nimmo, 2004; Davies and Pommier,  
95 2018). The cores of Ganymede (Rückriemen et al., 2015) and the moon (Laneuville et al.,  
96 2014) are also thought to be thermally stratified at the present day. There is thus a broad  
97 utility for a general framework for modelling thermal stratification in terrestrial bodies.

98 In this paper we develop a new numerical code to model the growth of thermally stable  
99 layers and apply it to Earth’s core. The purpose of this paper is twofold. First, we conduct  
100 a systematic parameter study in order to place constraints on the present-day thickness  
101 and strength of a thermally stable layer. We explore a wide range of input parameters  
102 including different core chemical and thermal properties and CMB heat flows and focus on  
103 high values of the thermal conductivity (de Koker et al., 2012; Pozzo et al., 2013; Gomi  
104 et al., 2013), since this favours thicker layers. Second, we consider the role of convective  
105 entrainment at the base of the layer, which has been neglected in the previous models of  
106 thermal stratification. Entrainment of buoyant fluid at the base of the stable layer can arise  
107 from downward mixing by flow in the bulk turbulent core (Turner, 1973), which acts to slow  
108 layer growth. Various parameterisations of the entrainment process have been considered  
109 and some can be shown to be equivalent (Lister, 1995). Here we implement a simple and  
110 flexible procedure that does not appeal to any specific mechanism and introduces a single  
111 ‘entrainment coefficient’  $E$  into the boundary conditions for the heat equation. The value of  
112  $E$  probably depends on the details of the convective dynamics within the core (Lister, 1995)  
113 and may thus vary through time. However, in view of the current incomplete understanding  
114 of the relevant processes we consider a range of constant  $E$  values in this study.

115 This paper is organised as follows. In section 2 we describe our evolution model of the  
116 convecting core, which follows closely the study of Davies (2015), and the new model of  
117 the thermally stable region below the CMB. Code validation is demonstrated in section 2.3.  
118 Parameter selection, including parameterisation of the CMB heat flow, is discussed in sec-  
119 tion 3. Results are presented in section 4 and discussion and conclusions are presented in  
120 section 5.

## 121 2. Methods

122 The numerical model developed in this work consists of three main regions: the solid  
123 inner core, convecting outer core and the stable layer below the CMB (Figure 1). The inner  
124 core boundary (ICB) is located at radius  $r = r_i(t)$ , the base of the stable layer is at  $r = r_s(t)$ ,  
125 which varies with time  $t$ , and the CMB is at  $r = r_c$ . For the solid and convecting regions we  
126 use the model of Davies (2015), which is based on well-established theory (Gubbins et al.,  
127 2003, 2004; Nimmo, 2015) and so only a brief overview is given. The stable layer model and  
128 its coupling to the liquid is new and will be described in detail. Heat transfer in the layer is  
129 assumed to be by conduction alone and so we verify that our code reproduces a number of  
130 standard analytical solutions.

131 The standard procedure for analysing core evolution over geological timescales is to  
132 average the equations governing conservation of mass, momentum and energy over timescales  
133 that are long compared to those associated with the dynamo process but short compared

134 to the evolution timescale of the core (Braginsky and Roberts, 1995; Gubbins et al., 2003;  
 135 Nimmo, 2015). In the convecting core lateral density fluctuations are thought to be much  
 136 smaller than the radial density variation (Stevenson, 1987) and are assumed to average out.  
 137 This assumption is also applied to the stable region, which essentially ignores effects arising  
 138 from baroclinic flows driven by lateral heat flow variations at the CMB (Aubert et al., 2013;  
 139 Davies and Mound, 2019). The basic state of the whole core therefore depends only on  $r$   
 140 and  $t$ . Fluctuations of kinetic and magnetic energy are neglected and the CMB is taken to  
 141 be a simple spherical interface that is electrically insulating, tractionless and impenetrable.

142 Core composition is constrained by the total core mass and the density difference  $\Delta\rho$   
 143 between the inner and outer cores. Constraints from seismic normal modes give  $\Delta\rho =$   
 144  $800 \pm 200 \text{ kg m}^{-3}$  (Masters and Gubbins, 2003) of which around  $240 \text{ kg m}^{-3}$  is due to the  
 145 density difference between solid and liquid iron at the same pressure  $P$  and temperature  $T$   
 146 (Alfè et al., 2001); the rest is due to enrichment of the liquid in light elements. We use the  
 147 Fe-Si-O model of Alfè et al. (2002a, see also Badro et al. (2014)) in which all O partitions  
 148 into the liquid on freezing, thus matching  $\Delta\rho$ , while Si partitions almost evenly between  
 149 liquid and solid cores thus matching the core mass. We consider 3 compositions defined by  
 150 the molar fractions of O,  $\bar{c}_O^l$ , and Si,  $\bar{c}_{Si}^l$ , which are taken from Alfè et al. (2002a); Gubbins  
 151 et al. (2015) and Davies et al. (2015) and are given in Table 1. Both mole and mass fractions  
 152 are needed for the analysis and are related by

$$c_x^{l/s} = \frac{A_x}{A} \bar{c}_x^{l/s}, \quad (1)$$

153 where an overbar denotes a mole fraction,  $A_x$  is the atomic mass of element  $x$ ,  $A$  is the  
 154 mean atomic mass of the mixture, and the superscript denotes liquid or solid phase. Core  
 155 temperature and transport properties are calculated self-consistently for each composition.  
 156 All parameter values are listed in Tables 1 and 2.

157 Global conservation of energy through the core requires that

$$-\oint \overbrace{k \nabla T \cdot \mathbf{n} dS}^{Q_c} = - \int \overbrace{\rho C_p \frac{DT}{Dt}}^{Q_s} dV + \int \overbrace{\rho \psi \alpha_x^l \frac{Dc_x^l}{Dt}}^{Q_g} dV_{\text{conv}} + \overbrace{4\pi r_i^2 \rho_i L \frac{dr_i}{dt}}^{Q_L}, \quad (2)$$

158 where  $k(r)$  is thermal conductivity,  $\rho(r)$  is the density,  $C_p$  the specific heat at constant  
 159 pressure,  $\psi(r)$  the gravitational potential referred to zero potential at the CMB,  $\alpha_x^l$  the  
 160 expansion coefficient for element  $x$  in the liquid phase,  $L = T\Delta S_{\text{Fe}}$  the latent heat coefficient  
 161 with  $\Delta S_{\text{Fe}}$  the entropy of melting for pure iron,  $V$  the volume of the whole core, and  $S$  the  
 162 surface of the core with outward normal  $\mathbf{n}$ . Subscripts i, c, rs and conv denote quantities  
 163 evaluated at  $r_i$ ,  $r_c$ ,  $r_s$  and over the convecting core respectively. Equation (2) states that the  
 164 heat  $Q_c$  leaving the core across the CMB is balanced by the heat sources within the core:  
 165 the sensible heat  $Q_s$ , gravitational energy  $Q_g$  released as light elements left in the liquid  
 166 at the ICB mix the core, and latent heat  $Q_L$  released on freezing at the ICB. In the  $Q_g$   
 167 term there is an implied summation over the elements  $x \in \{O, Si\}$ . Heat of reaction and  
 168 pressure heating are small and have been neglected (Gubbins et al., 2003; Davies, 2015).

169 We have also neglected radiogenic heating due to  $^{40}\text{K}$  since recent calculations suggest that  
 170 only minor amounts of potassium will partition into the core (Xiong et al., 2018).

171 The global energy balance can be divided into contributions from the stable layer and  
 172 the remainder of the core. All of the latent heat released at the ICB passes through the  
 173 CMB (Davies and Gubbins, 2011). We follow Lister and Buffett (1998) by assuming that  
 174 any gravitational energy change due to rearrangement of mass within the stable layer is  
 175 small enough to neglect. With these assumptions  $Q_L$  and  $Q_g$  are apportioned to the energy  
 176 balance of the well-mixed core and the global energy balance can be written

$$Q_c = -4\pi \int_{r_s}^{r_c} \rho C_p \frac{DT}{Dt} dr + Q_{rs}, \quad (3)$$

177 where  $Q_{rs} = -\oint k(r_s) \nabla T(r_s) \mathbf{n} \cdot dS$  is the heat leaving the well-mixed region. The first  
 178 integral in equation (3) is evaluated using the temperature profile from the stable layer  
 179 while  $Q_{rs}$  is evaluated from the parameterisation of the well-mixed region.

The energy budget does not contain any information about the magnetic field and there-  
 fore cannot predict if a dynamo may be sustained. Whilst a magnetic field is generated  
 through the induction process, electric currents in the core give rise to resistive heating.  
 This energy loss from ohmic dissipation is transferred as heat throughout the core and so  
 does not represent any energy transfer in/out of the core. To evaluate the potential for the  
 geodynamo to operate an entropy balance can be constructed where the ohmic dissipation  
 does enter the equation due to being a non-reversible process. The entropy change within  
 the core is

$$\begin{aligned} & \overbrace{\int k \left( \frac{\nabla T}{T} \right)^2 dV}^{E_k} + \overbrace{\int \frac{i^2}{\alpha_x^D T} dV}^{E_\alpha} + \overbrace{\int \frac{\Phi}{T} dV}^{E_J} \\ & = - \underbrace{\int \left( \frac{1}{T_c} - \frac{1}{T} \right) \rho C_p \frac{DT}{Dt} dV}_{E_s} + \underbrace{\left( \frac{1}{T_c} - \frac{1}{T_i} \right) Q_L}_{E_L} + \underbrace{\frac{Q_g}{T_c}}_{E_g} \end{aligned} \quad (4)$$

180 where  $T_i$  is the ICB temperature,  $T_c$  is the CMB temperature,  $i^2$  is the square of the mass  
 181 flux vector, and  $\alpha_x^D$  is the barodiffusion coefficient for element  $x$  given by

$$\alpha_x^D = \frac{\rho D_x}{(\partial \mu_x / \partial c_x^l)_{P,T}}, \quad (5)$$

182 where  $D_x$  and  $\mu_x$  are the molecular diffusivity and chemical potential for element  $x$ . The  
 183 right-hand side of equation (4) gives the rate of change of entropy, which contains contribu-  
 184 tions due to secular cooling  $E_s$ , latent heat  $E_L$ , and gravitational energy  $E_g$ . The left-hand  
 185 side gives the positive sources of entropy due to thermal conduction  $E_k$ , barodiffusion  $E_\alpha$ ,  
 186 and the combined ohmic and viscous dissipation  $E_J$ . In the geodynamo viscous dissipa-  
 187 tion is thought to be negligible (Jones, 2015) and so we hereafter take  $\Phi$  to represent the  
 188 ohmic heating only.  $E_J$  represents the average dissipation due to work done by the mag-  
 189 netic field on the flow and can be calculated from equation (4) once all other terms are

190 known. The requirement  $E_J > 0$  places a useful constraint on the thermal evolution of the  
 191 core since observations of Earth’s internally generated magnetic field date back to at least  
 192 3.5 Ga (Tarduno et al., 2010), and hence the ohmic dissipation should be positive during  
 193 that period.

194 Following the procedure applied to the energy balance, the terms  $E_s$  and  $E_r$  are evaluated  
 195 in both the stable and well-mixed regions using the appropriate temperature profiles while  $E_L$   
 196 can be evaluated using information from the convecting region and the CMB temperature.  
 197 The terms  $E_k$  and  $E_\alpha$  both contain contributions from stable and well-mixed regions. The  
 198 ohmic dissipation  $E_J$  is calculated as the remainder of equation (4) once all other terms  
 199 have been evaluated. The evaluation of these terms is now described for the well-mixed and  
 200 stable regions.

### 201 *2.1. Solid and Liquid Cores*

202 The basic state of the liquid and solid cores are assumed to average to an isentropic, com-  
 203 positionally uniform, and hydrostatic state (Braginsky and Roberts, 1995; Gubbins et al.,  
 204 2004). Deviations from these radial profiles in the solid inner core are insignificant when  
 205 considering global balances (Labrosse et al., 2001). In this state the core temperature  $T_a$   
 206 follows an adiabat, given by

$$T_a(r) = T_{\text{cen}} \exp\left(-\int_0^r \frac{g\gamma}{\phi} dr\right), \quad (6)$$

207 where  $T_{\text{cen}}$  is the temperature at the center of the core,  $\gamma$  is the Grüneisen parameter,  $\phi$  is  
 208 the seismic parameter and  $g$  is gravity. The total adiabatic heat flow at the CMB is

$$Q_a = -4\pi r_c^2 k \left. \frac{\partial T_a}{\partial r} \right|_{r=r_c}, \quad (7)$$

209 which, along with  $Q_c$  determines the onset of thermal stratification. The exponential in  
 210 equation (6) varies slowly in time (Gubbins et al., 2003) and hence

$$\frac{1}{T_a} \frac{DT_a}{Dt} = \frac{1}{T_{\text{cen}}} \frac{dT_{\text{cen}}}{dt} \quad (8)$$

211 to a very good approximation. This equation relates the cooling rate at any radius in the  
 212 adiabatic region to the cooling rate at the centre of the core. Here it is convenient to take the  
 213 reference point as the centre rather than the CMB as in Davies (2015) since the adiabatic  
 214 region does not extend to the top of the core.

215 The contributions from the well-mixed region to all terms on the right-hands side of  
 216 equations (2) and (4) can be expressed in terms of the cooling rate at the centre,  $dT_{\text{cen}}/dt$ .  
 217 The rate of change of the inner core radius is given by (Gubbins et al., 2003)

$$\frac{dr_i}{dt} = \frac{1}{(dT_m/dr)_{r=r_i} - (dT_a/dr)_{r=r_i}} \frac{T_i}{T_{\text{cen}}} \frac{dT_{\text{cen}}}{dt} = C_r \frac{dT_{\text{cen}}}{dt}, \quad (9)$$



218 where  $T_m$  is the melting temperature of the core alloy. This equation defines the quantity  
 219  $C_r$ , which relates the core cooling rate to the inner core growth rate. The rate of change of  
 220 light element  $x$  in the liquid is obtained from conservation of mass and is (Gubbins et al.,  
 221 2004)

$$\frac{Dc_x^l}{Dt} = \frac{4\pi r_i^2 \rho_i (c_x^s - c_x^l) dr_i}{M_{\text{conv}} dt} = C_x^l \frac{dr_i}{dt}, \quad (10)$$

222 where  $M_{\text{conv}}$  is the mass of the convecting core.

With the above definitions the energy balance for the well-mixed region can be written

$$Q_{\text{rs}} = -\frac{C_p}{T_{\text{cen}}} \frac{dT_{\text{cen}}}{dt} \int \rho T_a dV_s + \sum_x \alpha_x^l C_r C_x^l \frac{dT_{\text{cen}}}{dt} \int \rho \psi dV_{\text{conv}} + 4\pi r_i^2 \rho_i L C_r \frac{dT_{\text{cen}}}{dt}, \quad (11)$$

223 OR

$$Q_{\text{rs}} = \frac{dT_{\text{cen}}}{dt} (\tilde{Q}_s + \tilde{Q}_g + \tilde{Q}_l), \quad (12)$$

224 where  $V_s(t)$  is the volume of the core below  $r_s(t)$ . If no stable layer exists,  $Q_{\text{rs}} = Q_c$  and  
 225  $r_s = r_c$ .  $Q_{\text{rs}}$  is either known based on the temperature profile at the base of the stable layer  
 226 or from a constraint on the CMB heat flow so equation (12) may be numerically integrated  
 227 to solve for  $T_{\text{cen}}$ .

228 All radially varying parameters are calculated on a uniform grid and numerically inte-  
 229 grated with the trapezoid rule. The radial variation in  $T_a$ , the melting temperature of pure  
 230 iron  $T_{\text{m,Fe}}$ , the entropy of melting  $\Delta S_{\text{Fe}}$ , thermal conductivity  $k$  and density  $\rho$  are expressed  
 231 by polynomials in the form:

$$T_a(r) = T_{\text{cen}} (1 + T_1 r + T_2 r^2 + \dots T_N r^N), \quad (13)$$

$$T_{\text{m,Fe}}(P) = T_{m_0} + T_{m_1} P + T_{m_2} P^2 + \dots T_{m_N} P^N, \quad (14)$$

$$\Delta S_{\text{Fe}}(P) = \Delta S_0 + \Delta S_1 P + \Delta S_2 P^2 + \dots \Delta S_N P^N.$$

$$k(r) = k_0 + k_1 r + k_2 r^2 + \dots k_N r^N, \quad (15)$$

$$\rho(r) = \begin{cases} \rho_0^i + \rho_1^i r + \rho_2^i r^2 + \dots \rho_N^i r^N & \text{for } r \leq r_i \\ \rho_0^o + \rho_1^o r + \rho_2^o r^2 + \dots \rho_N^o r^N & \text{for } r_i \leq r \leq r_s \end{cases}. \quad (16)$$

232 For  $\rho$  the polynomial coefficients are all assumed constant in time with the exception of  
 233  $\rho_0^o$  which is adjusted to ensure mass is conserved as the inner core radius changes.  $g(r)$   
 234 and  $\psi(r)$  are found by integrating the density polynomials where  $g(0) = 0$  and  $\psi(r_c) = 0$ .  
 235 The pressure  $P(r)$  is found by numerically integrating the hydrostatic pressure gradient  
 236  $dP/dr = -\rho g$ , subject to a specified CMB pressure of 135 GPa.

237 The melting temperature  $T_m$  of the core alloy is written as

$$T_m = T_{\text{m,Fe}} + \sum_x \Delta T_x, \quad (17)$$

238 where  $\Delta T_x$  is the depression of the melting point by impurity  $x$  and we have assumed that  
 239 each light element alters the melting temperature independently.  $\Delta T_x$  is taken from the  
 240 theory of Alfè et al. (2002b) and is written

$$\Delta T_x = \frac{T_{m,\text{Fe}}}{\Delta S_{\text{Fe}}} (\bar{c}_x^s - \bar{c}_x^l), \quad (18)$$

241 where  $\bar{c}_x^s$  is the mole fraction of element  $x$  in the solid. Relating  $\bar{c}_x^s$  and  $\bar{c}_x^l$  requires knowledge  
 242 of how light elements partition between the liquid and solid as the inner core grows. We  
 243 follow Alfè et al. (2002a) to express equality of the chemical potentials as

$$\mu_0^l + \lambda_x^l \bar{c}_x^l + k_b T_m \ln(\bar{c}_x^l) = \mu_0^s + \lambda_x^s \bar{c}_x^s + k_b T_m \ln(\bar{c}_x^s), \quad (19)$$

244 where  $\mu_0^{s/l}$  is the reference chemical potential in either the solid or liquid,  $\lambda$  represents a  
 245 linear correction to the chemical potentials to account for deviations from an ideal solution  
 246 and  $k_b$  is the Boltzmann constant. Substituting equations (17) and equations (18) yields  
 247 a transcendental equation for  $\bar{c}_x^s$  that can be solved using the bisection method. Mass and  
 248 molar fractions are related by equation (1).

249 The adiabatic temperature profile is calculated at each timestep and its gradient  $dT_a/dr$   
 250 is used to calculate the stable layer evolution. If no stable layer is present,  $E_J$  is directly  
 251 calculated at this stage by equation (4). Inner core nucleation occurs when  $T_a(r=0) =$   
 252  $T_m(r=0)$  and  $r_i$  is thereafter defined as the radius where  $T_a(r) = T_m(r)$ . We assume that the  
 253 core solidifies from the inside out and hence the radial gradient in the melting temperature  
 254 is necessarily steeper than the adiabat.

## 255 2.2. Stable Layer: Theory

Within the stable layer we assume that heat transport is governed by thermal conduction:

$$\rho_s C_p \frac{\partial T_s}{\partial t} = \nabla \cdot (-k \nabla T_s), \quad (20)$$

256 where  $\rho_s$  and  $T_s$  are the density and temperature in the stable layer and the thermal con-  
 257 ductivity  $k$  is allowed to vary with radius. Composition is assumed to have a uniform value,  
 258 the same as the adiabatic region, and hence does not contribute to any time evolution of  
 259 the stable layer.

260 Solving equation (20) requires two boundary conditions. At the CMB the imposed heat  
 261 flux requires the condition

$$\left( \frac{\partial T_s}{\partial r} \right)_{r_c} = -\frac{Q_c(t)}{4\pi r_c^2 k_c}. \quad (21)$$

262 At the time-dependent stable layer interface,  $r_s(t)$ , the situation is more complicated. Dy-  
 263 namical instabilities arising from penetrative convection or shear flows may promote mixing  
 264 across the interface (Turner, 1973). Entrainment of fluid from the stable region into the  
 265 well-mixed interior will limit the growth of the layer, either slowing it down or eroding it  
 266 altogether by increasing the flux of heat downwards. Following Lister (1995) we assume that

267 these processes arise in a thin mixing layer that sits between the convecting bulk and the  
 268 stable layer in which the temperature changes continuously from the adiabatic interior to  
 269 the conductive profile in the stable layer. In the parameterised model the thickness of the  
 270 mixing layer is neglected and its effect appears in the boundary condition at  $r_s$  using the  
 271 formulation of Lister (1995):

$$\frac{\partial T_s}{\partial r} = (1 - E) \frac{\partial T_a}{\partial r} \quad \text{at } r = r_s(t), \quad (22)$$

272 where  $E$  is the entrainment coefficient. Both upper and lower boundary conditions are  
 273 therefore of the Neumann type.

274 A Crank-Nicolson scheme is used to solve the diffusion equation with temperature com-  
 275 puted on a radial grid with an even spacing  $\Delta r$  across the layer. The Crank-Nicolson method  
 276 is second order accurate and is unconditionally stable for diffusion problems. As the size  
 277 of the domain changes so does the total number of nodes to keep the same resolution and  
 278 linear interpolation is used to regrid. For accuracy of the Crank-Nicolson scheme the CFL  
 279 number should satisfy

$$0.5 \geq \frac{\kappa \Delta t}{2 \Delta r^2}, \quad (23)$$

280 where  $\Delta t$  is the timestep. If this condition is not satisfied by the current  $\Delta t$  then a smaller  
 281 timestep used and the iteration is repeated until equation (23) is satisfied.

282 At time  $t$  the evolution of the convecting layer is first determined in the fixed region  
 283  $0 \leq r \leq r_s(t)$  before the stable layer is evolved using equation (20) in the fixed region  
 284  $r_s(t) \leq r \leq r_c$ . To solve equation (20) the upper boundary condition equation (21) is  
 285 calculated from the imposed CMB heat flux while  $\partial T_a / \partial r$  in equation (22) is obtained from  
 286 the solution of the energy equation (12) in the convecting region at the current timestep.  
 287 The density in (20) is derived from the temperature in the stable layer at the previous  
 288 iteration as

$$\rho_s = \rho [1 - \alpha_T (T_s - T_a)], \quad (24)$$

289 where  $\rho$  and  $T_a$  are respectively the PREM density and adiabatic temperature extrapolated  
 290 through the stable layer from the convecting region.

291 At this point the adiabatic and stable layer temperatures at the new time,  $T_a(r, t + \Delta t)$   
 292 and  $T_s(r, t + \Delta t)$ , will in general be discontinuous at  $r_s(t)$ , which will no longer be the point  
 293 of neutral stability (Figure 2). The new value of  $r_s(t + \Delta t)$  is obtained by checking the  
 294 dynamical stability of the new thermal profile throughout the stable layer. Fluid parcels at  
 295 radius  $r$  are convectively unstable if (Gubbins and Roberts, 1987)

$$\left| \frac{\partial T_a(r, t + \Delta t)}{\partial r} \right| > \left| \frac{\partial T_s(r, t + \Delta t)}{\partial r} \right|. \quad (25)$$

296 If fluid at any radius within the layer satisfies equation (25) or is more dense than a fluid  
 297 parcel from the adiabatic region would be when raised to its level ( $\rho_s(r, t + \Delta t) > \rho(r, t + \Delta t)$ )  
 298 then the unstable fluid is assumed to mix into the bulk; the layer thickness decreases and  
 299  $r_s(t + \Delta t)$  is moved to the point of neutral stability,  $\partial T_a(r, t + \Delta t) / \partial r = \partial T_s(r, t + \Delta t) / \partial r$ . If

300 the entire stable layer satisfies equation (25) then the stable region thickens and  $r_s(t + \Delta t)$   
 301 is set as the radius where  $T_a(r, t + \Delta t) = T_s(r, t + \Delta t)$  (Figure 2).

302 To obtain the temperature between  $r_s(t)$  and  $r_s(t + \Delta t)$  we linearly interpolate between  
 303  $T_a(r, t + \Delta t)$  and  $T_s(r, t + \Delta t)$ . Consequently the temperature profile across the core at  
 304 the end of each iteration will be continuous, but the temperature gradient will only be  
 305 piecewise continuous at  $r_s(t + \Delta t)$ . Since the individual layers generally cool by only a  
 306 fraction of a degree over a timestep of 1 million years the discontinuity in  $\partial T/\partial r$  is orders of  
 307 magnitude smaller than the absolute temperature gradient. We have investigated different  
 308 interpolation schemes that allow continuity of  $T$  and  $\partial T/\partial r$  at  $r_s$ , however these higher  
 309 order schemes generally permit unphysical behaviour such as unstable gradients in the stable  
 310 region. Alternative methods for representing moving boundary problems that do not include  
 311 phase changes also introduce small discontinuities at  $r_s$ , for example through the introduction  
 312 of pseudo latent heat terms (Crank, 1979; Labrosse et al., 1997). Below we show that our  
 313 code satisfactorily reproduces the results of Labrosse et al. (1997) and so our method for  
 314 evolving the layer interface gives comparable results to those based on a pseudo latent heat.

### 315 2.3. Code Validation

316 Here we show that the diffusion code matches analytical solutions and that the stable  
 317 layer evolution reproduces expected behaviour. For constant diffusivity  $\kappa = k/(\rho C_p)$  we  
 318 consider analytical solutions for the cases of fixed temperature and fixed temperature gra-  
 319 dient at the outer boundary of a full sphere. For both cases the initial condition is taken  
 320 to be a uniform temperature,  $T_1$ , and the temperature gradient at  $r = 0$  is zero. The time-  
 321 dependent solution for a fixed temperature,  $T_0$ , at the outer boundary  $r = a = 1$  is (Crank,  
 322 1979, equation 6.18 )

$$\frac{T - T_1}{T_0 - T_1} = 1 + \frac{2a}{\pi r} \sum_{n=1}^{\infty} \frac{(-1)^n}{n} \sin\left(\frac{n\pi r}{a}\right) \exp\left(-\frac{\kappa n^2 \pi^2 t}{a^2}\right) \quad (26)$$

323 and the solution for a fixed temperature gradient at  $r = a$  is (Crank, 1979, equation 6.45 )

$$T_0 - T = -a \left(\frac{\partial T}{\partial r}\right)_{r=a} \left[ \frac{3\kappa t}{a^2} + \frac{1}{2} \frac{r^2}{a^2} - \frac{3}{10} - 2 \frac{a}{r} \sum_{n=1}^{\infty} \frac{\sin(\alpha_n r)}{\alpha_n^2 a^2 \sin(\alpha_n a)} \exp(-\kappa \alpha_n t) \right] \quad (27)$$

324 where  $\alpha_n$  are defined by the  $n^{\text{th}}$  root of  $a\alpha_n \cot(a\alpha_n) = 1$ .

325 Numerical solutions were run in a spherical shell with  $0.001 \leq r \leq a = 1$  to avoid the  
 326 singularity at the origin, which we found to adequately represent the full-sphere geometry  
 327 appropriate for the analytical solutions. Figure 3a shows excellent agreement between the  
 328 computed and analytical instantaneous temperature profile. For the parameter choice used  
 329 here, only 10 radial grid points are required for the error to drop below 0.5% for both  
 330 boundary condition types, showing rapid convergence (Figure 3b).

331 Analytical solutions also exist for a steady state with a radially varying diffusivity. For  
 332 a spherical shell with inner and outer surfaces at  $r_1$  and  $r_2$  which are held at constant

333 temperature  $T_1$  and  $T_2$  respectively, the steady state solution takes the form (Crank, 1979,  
 334 equation 9.18)

$$\frac{T_1 - T}{T_1 - T_2} = \frac{I(r_1) - I(r)}{I(r_1) - I(r_2)}, \quad (28)$$

335 where  $I(r_1)$  and  $I(r_2)$  are the values of the integral  $I(r)$  at  $r_1$  and  $r_2$  given by

$$I(r) = \int_{r_1}^r \frac{dr}{r^2(1 + f(r))}, \quad (29)$$

336 and  $\kappa$  varies in radius such that

$$\kappa(r) = \kappa_0(1 + f(r)) \quad (30)$$

337 Figures 3c and 3d compare numerical and analytical solutions for 3 cases with  $\kappa_0 = 1 \text{ m}^2 \text{ s}^{-1}$   
 338 and  $f(r) = 0$ ,  $f(r) = r$ , and  $f(r) = 10 - r$ . The solution is calculated for  $r_1 = 1 \text{ m}$ ,  
 339  $r_2 = 10 \text{ m}$ ,  $T_1 = 2 \text{ K}$  and  $T_2 = 1 \text{ K}$ . Good agreement is shown between numerical and  
 340 analytical solutions.

341 We consider two cases to demonstrate the behaviour of the thermal history model with a  
 342 stable layer. The equilibrium configuration in which the layer ceases to grow is obtained when  
 343 the heat entering and leaving the layer are balanced:  $Q_{r_s} = Q_c$ . In general, the approach  
 344 to this state is hindered because both  $Q_{r_s}$  and  $Q_c$  vary in time, so for demonstration we  
 345 set constant total and adiabatic heat flows at the CMB to  $Q_c = 11 \text{ TW}$  and  $Q_a = 15 \text{ TW}$   
 346 respectively and  $dT_a/dt = 0$  in the adiabatic interior, which requires that the adiabatic heat  
 347 flow at all radii is also constant in time. Other parameters are  $k = 100 \text{ W m}^{-1} \text{ K}^{-1}$ ,  $\kappa =$   
 348  $10^{-6} \text{ m}^2 \text{ s}^{-1}$  and the adiabatic gradient corresponding to  $\Delta\rho = 800 \text{ kg m}^{-3}$  (Table 1). Figure  
 349 4 shows how the layer quickly grows and then converges to the radii at which  $Q_{r_s} = Q_c$ .  
 350 The temperature profile in the layer is elevated above the adiabat until it merges with the  
 351 adiabat at  $r_s$  as expected.

352 Finally, we reproduce the results of Labrosse et al. (1997). We parameterise their CMB  
 353 heat flow in the form

$$Q_c = (q_0 + \beta t) \times 4\pi r_c^2, \quad (31)$$

354 where  $q_0 = 75 \text{ mW m}^{-2}$  and  $\beta = -3.5 \text{ W m}^{-2} \text{ s}^{-1}$ . The thermal conductivity of the core is  
 355  $60 \text{ W m}^{-1} \text{ K}^{-1}$  and the thermal diffusivity is  $5.8 \times 10^{-6} \text{ m}^2 \text{ s}^{-1}$ . The model matches the  
 356 values of  $r_i$  and  $r_s$  of Labrosse et al. (1997) within 5% over most of the model evolution,  
 357 producing a purely thermal stable layer of around 600 km thickness over the last 1.5 Gyrs  
 358 (Figure 5). The match to  $r_i$  is poorest near the start of the run because inner core nucleation  
 359 occurs at slightly different times in the two cases. The agreement is very good considering  
 360 that different methods were used to model both the adiabatic interior, stable region and  
 361 the evolution of the interface; these variations explain the small differences between the two  
 362 cases.

### 363 3. Parameter selection and CMB heat flow

364 We consider three different sets of parameters describing core physical properties, which  
 365 are taken from Davies et al. (2015) where more details can be found. Parameter sets corre-

366 spond to the values of the ICB density jump  $\Delta\rho = 600, 800$  and  $1000 \text{ kg m}^{-3}$ . For  $\Delta\rho = 600$   
367 and  $800 \text{ kg m}^{-3}$  the corresponding Si and O compositions are taken from Gubbins et al.  
368 (2004), while for  $\Delta\rho = 1000 \text{ kg m}^{-3}$  the compositions come from Gubbins et al. (2015). Note  
369 that these compositions also match the overall mass of the core. For each composition we  
370 determine the melting point depression at the ICB using equation (18), which provides the  
371 anchor point for the adiabatic temperature. Finally, thermal conductivity was calculated by  
372 Pozzo et al. (2013) at specific points on these three adiabats. The polynomial coefficients  
373 for  $T_a$ ,  $T_{m,\text{Fe}}$  and  $k$  for the three cases are given in Table 1.

374 A number of parameters are fixed in all cases, which are listed in Table 2. The density  $\rho$   
375 in the solid inner core and convecting part of the liquid core is represented by second order  
376 polynomials with coefficients taken from PREM. These polynomials are used to analytically  
377 compute the gravity  $g$ , gravitational potential  $\psi$  and pressure  $P$ . The polynomial coefficients  
378 for  $\rho$  and the entropy of melting  $\Delta S_{\text{Fe}}$  are as in Davies (2015). The latent heat is calculated  
379 at the ICB using the polynomial representations of  $T_a$  and  $\Delta S_{\text{Fe}}$ . The chemical properties of  
380 O and Si are taken from Gubbins et al. (2004) and are the same as those in Davies (2015).

381 The final input to the model is the CMB heat flow  $Q_c$ . Strictly  $Q_c$  should be deter-  
382 mined simultaneously with the evolving core temperature using time-dependent dynami-  
383 cal models of mantle convection (e.g. Nakagawa and Tackley, 2007); however, this is very  
384 time-consuming and does not allow a systematic exploration of parameter space. Another  
385 strategy is to employ a parameterised model of mantle convection (e.g. Nimmo et al., 2004;  
386 Driscoll and Bercovici, 2014), which enables self-consistent calculation of  $Q_c$  and  $T_c$  but at  
387 the expense of introducing uncertain parameters such as the conductivity and viscosity of  
388 the upper and lower mantle thermal boundary layers. Moreover, a number of alternative  
389 parameterisations are available (e.g. Conrad and Hager, 1999; O’Rourke et al., 2017), which  
390 can significantly change the predicted heat flows. Figure 6 shows time-series of  $Q_c$  from 2  
391 recent parameterised mantle models (Driscoll and Bercovici, 2014; Patočka et al., 2020) and  
392 the 3D mantle convection model of Nakagawa and Tackley (2015). These calculations were  
393 chosen as they used high core conductivity values of  $k(r_c) \sim 80\text{-}120 \text{ W m}^{-1} \text{ K}^{-1}$ , produced  
394 thermal histories that match the current ICB radius, and produced enough entropy to sus-  
395 tain the magnetic field for the last 3.5 Gyrs. While there are significant differences between  
396 the individual heat flows, they all show an increase in  $Q_c$  back to the early Earth ( $<3.5 \text{ Ga}$ )  
397 and can be reasonably represented with a linear trend in more recent times.

398 The objective of this study is to constrain the range of thermal stable layer properties  
399 that are consistent with current knowledge of the core-mantle system and so we attempt to  
400 consider as wide a range of  $Q_c$  as possible. On time scales comparable to the inner core age  
401 (0.5-1 Gyrs) that are of interest, all results in Figure 6 are linear to a good approximation.  
402 Results presented here are related to the longer term trend back to 3.5 Ga as discussed in  
403 sections 4 and 5. We are therefore motivated to write  $Q_c$  using a simple linear equation,  
404 which allows us to systematically sample a large range of solutions. We write

$$Q_c(t) = A + B(4.5\text{Gyrs} - t), \quad (32)$$

405 where  $A$  and  $B$  are the present day CMB heat flow and the linear decrease in  $Q_c$  over time.  
406 The best fit linear decrease in  $Q_c$  over the last 0.7 Gyrs for the histories shown in Figure 6

407 give  $B$  values of 2.8, 1.6, and 2.3 TW Gyr<sup>-1</sup> for the calculations of Patočka et al. (2020),  
 408 Nakagawa and Tackley (2015), and Driscoll and Bercovici (2014), respectively. We will show  
 409 that such low  $B$  values produce present-day stable layers of  $\sim 100$  km or less. We therefore  
 410 focus on values of  $B$  in the range 1-13 TW Gyr<sup>-1</sup> in order to sample the extreme conditions  
 411 that may produce layers of 100 – 400 km as suggested by recent studies (Kaneshima, 2017).

412 The main disadvantage of this approach, i.e. that  $Q_c$  does not respond to changes in  
 413 core temperature, can be mitigated by considering a range of different initial core tempera-  
 414 tures. However, the thermostat effect provided by the strong dependence of mantle viscosity  
 415 on temperature (Jaupart et al., 2015) means that any dependence on the initial conditions  
 416 should be lost long before the time when the inner core forms. We also attempt to miti-  
 417 gate any effect of initial conditions by first running each of our models backwards in time  
 418 without a stable layer. Initial conditions for this backwards model are provided by present  
 419 day observations, which are much better constrained than the conditions before inner core  
 420 formation. Models are then run forwards in time, starting from the final state of the back-  
 421 wards model but with the initial core temperature adjusted to ensure the correct ICB radius  
 422 at the present day. We find that the required adjustment to the initial temperature is very  
 423 small, typically less than 20 K, and so we do not expect any significant dependence of our  
 424 results on the initial core temperature.

## 425 4. Results

426 We first consider an example model to demonstrate the effect of a stable layer on the  
 427 thermal evolution of the core. The example has no entrainment, core parameters corre-  
 428 sponding to  $\Delta\rho = 800$  kg m<sup>-3</sup> and  $Q_c$  defined by  $A = 10$  TW and  $B = 8$  TW Gyrs<sup>-1</sup>.  
 429 Figure 7 shows two models with this setup that are identical except that one includes the  
 430 development of a thermally stable layer while the other does not. In this case the stable  
 431 layer forms around 300 Myrs ago and grows to 400 km thick by the present day. The inner  
 432 core forms around 700 Ma in both models and grows to a present radius of 1231 km and  
 433 1221 km in the cases with and without a stable layer, a difference of only 10 km (Figure  
 434 7a). The adiabatic region cools faster when a stable layer is present because of the slight  
 435 increase in adiabatic heat flow with depth and the decrease in  $\dot{Q}_g$  due to the reduced volume.  
 436 These effects produce a slightly larger present-day inner core. The energy terms are also  
 437 similar (Figure 7b), with changes in  $Q_L$  and  $Q_g$  of 0.71 TW (+21%) and -0.13 TW (-6%)  
 438 between cases with and without a layer. Although faster cooling in the stable layer case acts  
 439 to increase  $Q_g$ , the reduced volume in which the light elements are distributed leads to an  
 440 overall reduction in  $Q_g$ .

441 The associated entropy sources are shown in Figure 7c.  $E_g = Q_g/T_c$  follows  $Q_g$  and is  
 442 reduced relative to the case with no stable layer. Although  $Q_L$  is increased in the presence of  
 443 a layer, due to faster cooling,  $E_L$  is reduced due to the increased value for  $T_c$  in the efficiency  
 444 factor  $(T_i - T_c)/(T_i T_c)$ . Since no chemical effects are considered within the stable layer, the  
 445 entropy due to barodiffusion,  $E_\alpha$ , is negligible in both cases as found in previous work  
 446 (Gubbins et al., 2004; Davies, 2015). The largest contribution to  $E_k$  comes from the CMB  
 447 region since the magnitude of the adiabatic gradient increases with radius and temperature

448 decreases with radius. The presence of a stable layer therefore acts to reduce  $E_k$ , by around  
 449 9% in this example. The Ohmic dissipation  $E_J$  is reduced in the presence of a stable layer  
 450 because the decreases in  $E_L$  and  $E_g$  outweigh the decrease in  $E_k$ .

451 Figure 7d shows present-day radial profiles of the potential temperature  $\Theta = T_s - T_a$  and  
 452 the Brunt-Väisälä period

$$T_{BV} = \frac{2\pi}{N} = 2\pi \left( \frac{g}{\rho} \frac{\partial \rho'}{\partial r} \right)^{-1/2} = 2\pi \left( -\frac{g\alpha_T}{\rho} \frac{\partial \Theta}{\partial r} \right)^{-1/2} \quad (33)$$

453 for the example case. The period depends upon the gradient of the density anomaly from  
 454 the well mixed profile,  $\rho' = -\alpha_T \Theta$ , since this is the stabilising component of the density  
 455 gradient.  $\Theta$  reaches  $\approx 30$  K at the top of the layer, which is much greater than the anomalies  
 456 of  $O(10^{-3})$  K associated with core convection (Jones, 2015). The Brunt-Väisälä period is  
 457 around 24 hours at the top of the layer, similar to predictions based on theoretical arguments  
 458 (Braginsky, 1999), but weaker than values obtained for chemical stratification by Helffrich  
 459 and Kaneshima (2010).

460 In all of our models  $E_J$  reaches a minimum just before inner core nucleation. This places  
 461 a constraint on the allowed values of  $A$  for a given  $B$  in order for the dynamo to have  
 462 operated ( $E_J > 0$ ) for the last 3.5 Gyrs. In the example shown in Figure 7,  $E_J$  reaches  
 463 a minimum of just 55 MW K $^{-1}$  and so the value of  $A$  cannot be reduced much further  
 464 without causing  $E_J$  to fall below zero around 700 Ma. Thicker layers arise for more strongly  
 465 subadiabatic conditions and hence lower  $A$ , but this requires larger values of  $B$  in order to  
 466 achieve a positive  $E_J$  just prior to inner core nucleation.

467 We calculated stable layer properties for the 3 sets of core properties in Table 1. For each  
 468 set we consider values of the present-day CMB heat flow  $A$  in the range  $6 \leq A \leq 18$  TW  
 469 (Lay et al., 2009; Nimmo, 2015) and the linear heat flow gradient  $B$  in the range  $1 \leq B \leq$   
 470  $13$  TW Gyr $^{-1}$  (see Figure 6). Figure 8 shows the present day stable layer thickness in this  
 471 parameter space for zero entrainment,  $E = 0$ . Models in which  $E_J < 0$  at any time are shown  
 472 by the white space in the figure and models that produce no present-day stratification are  
 473 shown by the grey colour. As expected, lower values of  $A$  require larger  $B$  to ensure that  
 474  $E_J$  remains positive prior to inner core nucleation. The thickest layers correspond to the  
 475 lowest values of  $A$  and  $B$  that ensure  $E_J > 0$ . Thicker layers are allowed as  $\Delta\rho$  increases,  
 476 mainly because the extra gravitational power enables the dynamo to operate under more  
 477 subadiabatic conditions. With  $\Delta\rho = 600$  kg m $^{-3}$  the maximum layer thickness is around  
 478 600 km, rising to around 750 km at  $\Delta\rho = 1000$  kg m $^{-3}$  close to the maximum thickness  
 479 obtain by Gubbins et al. (2015).

480 To further constrain the viable layer thickness we might consider how the recent trend  
 481 in  $Q_c$  that we have prescribed is related to the longer term trend in  $Q_c$ . For the bulk of  
 482 Earth's history, between roughly 1 and 4 Gyrs, the published models on Figure 6 show  
 483 an exponential decrease in  $Q_c$  shown by the dashed lines. The histories diverge from this  
 484 exponential during inner core growth since the presence of latent heat and gravitational  
 485 energy reduces the secular cooling of the core. The temperature difference between the  
 486 CMB and the top of the lower thermal boundary layer is relatively increased, slowing the



487 decrease in  $Q_c$  (Driscoll and Bercovici, 2014), making the gradient of  $Q_c$  on Figure 6 more  
 488 shallow than the exponential fit. The significance of this effect on  $Q_c$  is variable, being more  
 489 noticeable in the results from Patočka et al. (2020) and Driscoll and Bercovici (2014) than  
 490 from Nakagawa and Tackley (2015).

491 We assume that the linear time-dependence of  $Q_c$  used to obtain the results in Figure 8  
 492 is part of an exponential variation of  $Q_c$  over the last 3.5 Gyrs as suggested by the published  
 493 time-series in Figure 6. For each value of  $A$  and  $B$  we extrapolate backwards in time  
 494 along the corresponding exponential curve to obtain the value of  $Q_c$  at 3.5 Ga, denoted  $Q_c^i$ .  
 495 This assumes that inner core growth does not diverge the long term trend in  $Q_c$  from an  
 496 exponential in the way described above, and therefore constitutes a lower bound on  $Q_c^i$ . The  
 497 black contours on Figure 8 show values of  $Q_c^i = 70, 100$  and  $200$  TW. This extrapolation  
 498 suggests that the majority of models in Figure 8 correspond to CMB heat flows at 3.5 Ga  
 499 in excess of 100 TW, which is beyond the typically reported histories based upon coupled  
 500 simulations. If we take  $Q_c^i = 70$  TW as an upper limit on plausible heat flows (Fig. 6) then  
 501 the corresponding maximum layer thickness is  $\sim 250$  km for  $\Delta\rho = 600$  kg m $^{-3}$ , rising to  
 502 around 450 km for  $\Delta\rho = 1000$  kg m $^{-3}$ .

503 Increasing  $E$  delays the onset of thermal stratification because downward entrainment of  
 504 buoyant fluid can overcome a net stabilising CMB heat flow until  $Q_c < (1 - E)Q_a$ . Figure 9  
 505 shows that an entrainment factor of  $E = 0.2$  significantly reduces the stable layer thickness  
 506 compared to the case with  $E = 0$  (Figure 8). With  $E = 0.2$  the maximum layer thickness  
 507 for  $\Delta\rho = 600$  kg m $^{-3}$  is around 300 km, rising to around 400 km for  $\Delta\rho = 1000$  kg m $^{-3}$ .  
 508 Extrapolating these results backwards in time, following an exponential time-dependence for  
 509  $Q_c$  as above, suggests a maximum layer thickness of  $\sim 250$  km for a limit of  $Q_c^i = 200$  TW on  
 510 the CMB heat flow at 3.5 Ga. This reduces to  $\sim 200$  km for an upper limit of  $Q_c^i = 100$  TW;  
 511 further, if  $\Delta\rho = 600$  kg m $^{-3}$ , then this heat flow limit precludes present day stratification in  
 512 paleomagnetically compatible models. Increasing  $E$  to 0.5 causes complete entrainment of  
 513 the layer for all values of  $\Delta\rho$ .

514 We take models that satisfy this constraint as being compatible with the published  
 515 models in Figure 6, limiting the selection to those models that give  $Q_c^i < 70$  TW, with  
 516 maximum layer thicknesses for a range of  $\Delta\rho$  and  $E$  values shown in Table 3. When  $E = 0$ ,  
 517 the maximum layer thickness is  $\sim 250$ -300 km for  $\Delta\rho = 600$  and 800 kg m $^{-3}$ , and  $\sim 400$  km  
 518 for  $\Delta\rho = 1000$  kg m $^{-3}$ . Increasing  $E$  quickly lowers this upper limit since thicker layers are  
 519 only found in regions of the parameter space that give progressively higher values for  $Q_c^i$ .  
 520 When  $E = 0.1$ , the maximum layer thickness is just  $< 60$  km for  $\Delta\rho = 600$  and 800 kg m $^{-3}$ ,  
 521 and  $\sim 200$  km for  $\Delta\rho = 1000$  kg m $^{-3}$ . Only models with  $\Delta\rho = 1000$  kg m $^{-3}$  produce a stable  
 522 layer when  $E = 0.2$ , at a maximum of just 12 km, and no models at  $E = 0.3$  produce a  
 523 layer, given the constraint upon  $Q_c^i$ .

524 Figure 10 shows the peak Brunt-Väisälä period for all models. The maximum thermal  
 525 anomaly always occurs at the present-day directly below the CMB (e.g. Figure 7) and so the  
 526 values do not depend on  $B$  or  $E$ . Results for  $\Delta\rho = 600$  kg m $^{-3}$  and  $\Delta\rho = 1000$  kg m $^{-3}$  are  
 527 similar because  $k$ , and hence the CMB thermal gradient, are almost the same in both cases.  
 528 Values range from 8 – 25 hours, which is still not low enough to match the highest estimate  
 529 of 3.43 hours from (Helffrich and Kaneshima, 2010). However, the values are compatible

530 with other estimates based on periodic variations of the magnetic field (Buffett et al., 2016).

## 531 5. Discussion and Conclusions

532 The main uncertainties in our calculations stem from the difficulty in determining core  
533 composition and CMB heat flow. We have considered 3 Fe-Si-O core compositions that  
534 demonstrate the effect of varying the ICB density jump within bounds constrained by current  
535 seismic observations. Composition affects the melting temperature, transport properties of  
536 the alloy such as thermal conductivity, and the gravitational energy liberated on freezing;  
537 these combined effects produce a  $\sim 150$  km change in the thickness of thermally stable layers.  
538 Other candidate elements include carbon (Badro et al., 2014) and hydrogen (Umemoto and  
539 Hirose, 2020). Recent work suggests that carbon partitions into liquid iron on freezing at ICB  
540 conditions (Li et al., 2019) and has a comparable effect to oxygen on ICB temperature and  
541 gravitational energy release, though its effect on transport properties has not been calculated.  
542 Umemoto and Hirose (2020) suggest that hydrogen becomes relevant if the ICB temperature  
543 is in the range 4800 – 5400 K, which is low compared to the range 5300 – 5900 K considered  
544 here. Naively we might expect the temperature drop from 5300 K to 4800 K to produce  
545 a similar  $O(100)$  km change in stable layer thickness to that found for our calculations at  
546 5900 K and 5300 K; however, this assumes that partitioning of H and its effect on thermal  
547 conductivity are similar to that of O, for which there is as yet no evidence. Furthermore,  
548 Li et al. (2020) suggest from partitioning calculations that the hydrogen concentrations  
549 considered by Umemoto and Hirose (2020) are too large to be compatible with the estimated  
550 present-day mantle water content. We therefore conclude that our calculations provide  
551 plausible uncertainties on the composition-dependence of stable layer thickness given the  
552 presently available information.

553 Much recent work has focused on the melting curve and thermal conductivity of iron and  
554 iron alloys at core conditions. Sinmyo et al. (2019) found that melting of pure iron up to  
555 290 GPa generally occurs at lower temperatures than the previous results (Alfè et al., 2002c;  
556 Anzellini et al., 2013) that have been used in this study. However, of greater importance  
557 for core energetics is the gradient of the pure iron melting curve,  $dT_m/dP$ , which appears to  
558 be relatively consistent between the Sinmyo et al. (2019) and Anzellini et al. (2013) studies  
559 given uncertainties in the extrapolation to ICB pressure of 330 GPa (see Sinmyo et al.,  
560 2019, Figure 6). Extrapolating the Sinmyo et al. (2019) results using the Simon equation  
561 does suggest a higher  $dT_m/dP$  than found by Anzellini et al. (2013), which implies more  
562 inner core freezes per unit time, thus generating more latent heat and gravitational power  
563 for the dynamo. The faster growing inner core would require the inner core be younger,  
564 giving a reduced period of time when latent heat and gravitational energy are available to  
565 compliment the secular cooling in powering the dynamo. With the entropy sources in our  
566 model, thermal stratification can only form post inner core nucleation. Therefore, steeper  
567 melting curves will generally result in thinner stable layers as the layers have less time in  
568 which to form.

569 Ab initio calculations of thermal conductivity at core conditions suggest values around  
570  $100 \text{ W m}^{-1} \text{ K}^{-1}$  (Pozzo et al., 2013; de Koker et al., 2012; Gomi et al., 2013), though some

571 extrapolations from lower  $P - T$  find lower values of  $k \approx 20 - 40 \text{ W m}^{-1} \text{ K}^{-1}$  (Konôpková  
572 et al., 2016). Lower values of  $k$  reduce the thickness of thermally stable layers by reducing  
573 the heat lost down the adiabat. Since our aim is to obtain reasonable upper bounds on the  
574 layer thickness, we have focused on high  $k$ . With a lower  $k$ , lower values for the adiabatic  
575 heat flow allow lower values for  $Q_c$  whilst ensuring  $E_J > 0$ . Older inner cores are therefore  
576 permitted, allowing more time for thermal stratification to grow (see Labrosse et al. (1997)  
577 results in section 2.3). Estimates for the present day  $Q_c$  are in the range 5-17 TW (Lay  
578 et al., 2009; Nimmo, 2015), which are still above  $Q_a$  when using the data of Konôpková et al.  
579 (2016) and so would not produce thermal stratification.

580 CMB heat flow determinations were discussed extensively in section 3. Though the time-  
581 dependence of  $Q_c$  is clearly not resolved by available data, we can make some reasonably  
582 firm statements. First, linear fits to recent changes in  $Q_c$  from recent coupled core-mantle  
583 evolution models that employ high thermal conductivity (Figure 6) produce stable layers of  
584  $O(100)$  km thickness or less. Second, the thickest layers from our entire parameter search are  
585 around 750 km, which is essentially the value obtained by considering only the present-day  
586 core (Gubbins et al., 2015). However, our results show that such thick layers cannot possibly  
587 result from an exponential time-dependence of  $Q_c$  since this would correspond to heat flows  
588 exceeding 300 TW around 3.5 Ga, which are not predicted by any published model.

589 Our model of stable layer dynamics involves a simple parameterisation of entrainment by  
590 the underlying convection and also ignores double diffusive effects that may arise from ther-  
591 mally stable and chemically unstable conditions at the top of the core. This configuration is  
592 well known to be unstable to ‘finger’ convection (Turner, 1973; Monville et al., 2019), which  
593 can lead to the emergence of large-scale structures in the form of thermo-chemical staircases  
594 (Garaud, 2018) and zonal flows (Monville et al., 2019). However, adding either or both of  
595 these effects only acts to reduce the thickness of a stable layer and so the results we have  
596 obtained in their absence should provide an upper bound on the thickness of a thermally  
597 stable layer in Earth’s core. Further investigation of these effects in 3D dynamical simula-  
598 tions will hopefully enable a refinement of the results we have obtained. Such simulations  
599 could also address our assumption that all gravitational energy is released in the adiabatic  
600 region of the core, though we do not expect this to bear strongly on our conclusions since  
601 the stable layer thickness remains relatively thin.

602 The main result from this work is that thermally stable layers in Earth’s core driven by  
603 exponentially decaying CMB heat flows are no thicker than 250–400 km and have maximum  
604 present-day Brunt-Väisälä periods,  $T_{BV} = 8 - 24$  hrs. If the underlying convective region  
605 is able to significantly entrain fluid at the base of the layer, the upper bound on layer size  
606 quickly decreases to 0 by  $E = 0.3$ . Some seismic studies that find low velocities in the  
607 upper core have obtained layer thicknesses ranging from 50–100 km (Lay and Young, 1990;  
608 Garnero et al., 1993). If such layers had a thermal origin they would require only moderate  
609 changes in CMB heat flow and are compatible with all core compositions considered here.  
610 More recent studies find thicker layers of up to 400 km (Kaneshima, 2017), which would  
611 require a present day CMB heat flow of 10-12 TW. However, producing such a thick layer  
612 while maintaining the dynamo requires a steeply dropping CMB heat flow in recent times,  
613 even when ignoring entrainment; assuming that this recent trend is part of a long-term

614 exponential decay yields values of  $Q_c$  at 3.5 Ga that are higher than in any recent mantle  
615 evolution model. Our results therefore suggest that such thick layers are at the upper limit  
616 and possibly exceed what can be produced by thermal stratification, at least based on current  
617 understanding of core-mantle structure and evolution.

618 Comparing our inferred values of  $T_{BV} = 8 - 24$  hrs to observations is challenging because  
619 the Brunt-Väisälä period is hard to constrain from seismic data since it depends on the radial  
620 density gradient, which is not directly observed. Helffrich and Kaneshima (2010) matched  
621 their SmKS data to predictions from a thermodynamic model of the Fe-S-O system and  
622 found  $T_{BV} = 1.63-3.43$  hours, lower than predictions from our model. This is perhaps  
623 unsurprising since light elements are thought to have a larger effect on bulk modulus than  
624 temperature (Komabayashi, 2014). However, it does indicate that values of  $T_{BV}$  are crucial  
625 to distinguishing between thermal and chemical origins of the stable layer.

626 Periodic variations of the geomagnetic field combined with length of day constraints have  
627 been used to advocate layers of around 130 km (Buffett et al., 2016) with a Brunt-Väisälä  
628 period of around 19 hours at the CMB. From Figure 8 the model with  $\Delta\rho = 800 \text{ kg m}^{-3}$ ,  
629  $A = 12 \text{ TW}$  and  $B = 4 \text{ TW Gyr}^{-1}$  closely matches these results. Other geomagnetic  
630 constraints based on requiring advection near the top of the core to explain some key features  
631 of the secular variation also suggest layers of  $\mathcal{O}(100)$  km (Gubbins, 2007). Again, these  
632 constraints can be satisfied by a large class of core models based on thermal stratification.

633 The key to distinguishing between thermal and compositional origins of a stable layer at  
634 the top of the core lies in improved observational determinations of the layer thickness and  
635 stratification strength. Theoretical models that attempt to explain the layer by barodiffusion  
636 of light elements down the pressure gradient (Fearn and Loper, 1981; Gubbins and Davies,  
637 2013) or partitioning of FeO into the core from the mantle (Buffett and Seagle, 2010; Davies  
638 et al., 2018, 2020) predict layers of  $\mathcal{O}(100)$  km, the thickness being limited by the small  
639 chemical diffusion coefficients. Chemical layers arising from turbulent mixing during core  
640 formation may produce 300 km-thick layers (Landeau et al., 2016), similar to the thermal  
641 layers studied here, however it is currently unclear whether such thick chemical layers would  
642 survive late giant impacts (Jacobson et al., 2017). Chemical models also predict that  $T_{BV}$   
643 is much lower than values of 8 – 24 hours obtained here: Buffett and Seagle (2011) obtained  
644  $T_{BV} \approx 0.5$  hours, while Gubbins and Davies (2013) found  $T_{BV} \approx 1$  hour for their chemical  
645 layers. Seismic observations can also be used to look for regional variations in the strength  
646 and structure of core stratification, which may point to the influence of lateral heat flow  
647 variations at the CMB (Mound et al., 2019).

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Symbol	Meaning	Value			Units		
		$\Delta\rho = 600$	$\Delta\rho = 800$	$\Delta\rho = 1000$	$\text{kg m}^{-3}$		
$c_{\text{O}}^l$	O mole fraction	0.08	0.13	0.17	-	-	
$c_{\text{Si}}^l$	Si mole fraction	0.10	0.08	0.02	-	-	
$c_{\text{O}}^j$	O mass fraction	0.0256	0.0428	0.0559	-	-	
$c_{\text{Si}}^j$	Si mass fraction	0.0554	0.0430	0.0096	-	-	
$T_a$	Adiabatic temperature	$T_1$	-2.17	-5.70	-4.44	$10^{-9}$	$\text{K m}^{-1}$
		$T_2$	-1.98	-2.03	-1.88	$10^{-14}$	$\text{K m}^{-2}$
		$T_3$	-6.00	-2.12	-7.74	$10^{-22}$	$\text{K m}^{-3}$
$k$	Thermal conductivity	$k_0$	1.66	1.57	1.60	$10^2$	$\text{W m}^{-1} \text{K}^{-1}$
		$k_1$	0.59	-1.11	-2.41	$10^{-6}$	$\text{W m}^{-2} \text{K}^{-1}$
		$k_2$	-5.25	-4.04	-4.04	$10^{-12}$	$\text{W m}^{-3} \text{K}^{-1}$
		$k_2$	6.55	-7.58	-12.00	$10^{-19}$	$\text{W m}^{-4} \text{K}^{-1}$
$T_{m,Fe}$	Fe melting temperature	$T_{m_0}$		1.70		$10^3$	K
		$T_{m_1}$		2.73		$10^{-8}$	$\text{K Pa}^{-1}$
		$T_{m_2}$		-6.65		$10^{-20}$	$\text{K Pa}^{-2}$
		$T_{m_3}$		7.95		$10^{-32}$	$\text{K Pa}^{-3}$
$\Delta S$	Entropy of melting	$\Delta S_0$		1.91		-	$k_b$
		$\Delta S_1$		-1.19		$10^{-11}$	$k_b \text{ Pa}^{-1}$
		$\Delta S_2$		7.09		$10^{-23}$	$k_b \text{ Pa}^{-2}$
		$\Delta S_3$		-1.94		$10^{-34}$	$k_b \text{ Pa}^{-3}$
		$\Delta S_4$		1.95		$10^{-46}$	$k_b \text{ Pa}^{-4}$

Table 1: Parameters taken for different ICB density jumps,  $\Delta\rho$ . The latent heat is  $T_a\Delta S$ .

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Symbol	Meaning	Value		Units
$\rho^i$	Inner core density			$\text{kg m}^{-3}$
$\rho^o$	Outer core density			$\text{kg m}^{-3}$
$g$	Gravity			$\text{m s}^{-2}$
$P$	Pressure			GPa
$\alpha_T$	Thermal expansivity	$10^{-5}$		$\text{K}^{-1}$
$C_p$	Specific heat capacity	800		$\text{J kg}^{-1} \text{K}^{-1}$
		O	Si	
$\mu_x^l - \mu_x^s$	Change in chemical potential from liquid to solid Fe- $x$	-2.6	-0.05	$\text{eV atom}^{-1}$
$\lambda_x^l$	Linear correction to ideal solution in liquid Fe- $x$	3.25	3.6	$\text{eV atom}^{-1}$
$\lambda_x^s$	Linear correction to ideal solution in solid Fe- $x$	0	2.7	$\text{eV atom}^{-1}$
$\alpha_x^c$	Chemical expansivity	1.1	0.86	-
$D$	Mass diffusivity	$10^{-8}$	$5 \times 10^{-9}$	$\text{m}^2 \text{s}^{-1}$
$(\partial\mu_x/\partial c_x^l)_{P,T}$	Heat of mixing	$16 \times 10^7$	$8.6 \times 10^7$	J

Table 2: Parameter list. The bottom half of table splits values between oxygen and silicon.

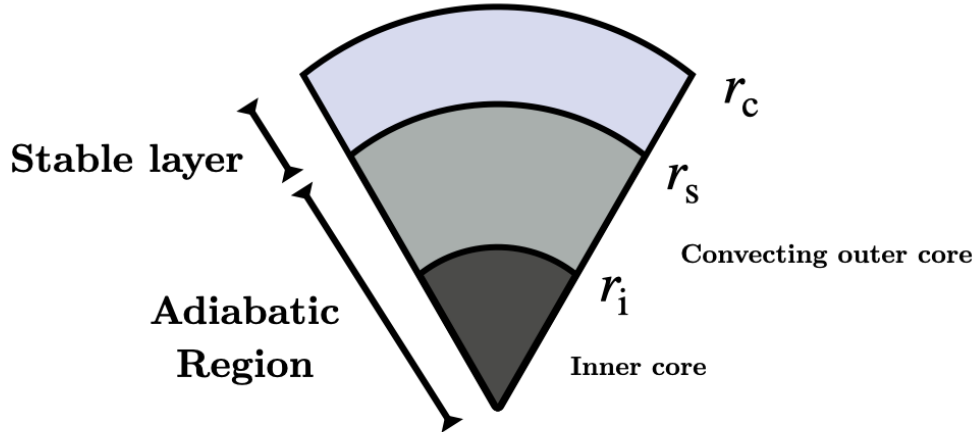


Figure 1: 1D representation of the core. The ICB is at the radius  $r_i$ , the stable layer interface at  $r_s$ , and the CMB at  $r_c$ . The adiabatic region is defined as  $0 \leq r \leq r_s$  and the stable layer at  $r_s \leq r \leq r_c$ .

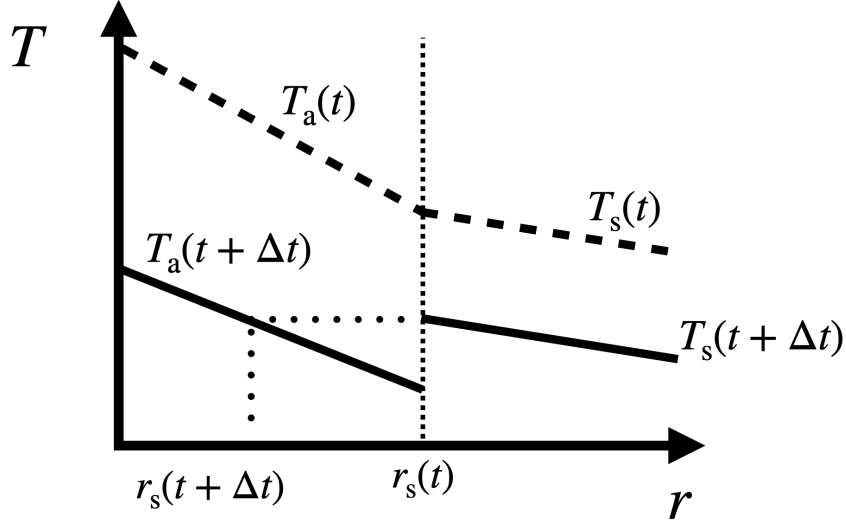


Figure 2: Temperature profiles  $T_a$  and  $T_s$  for the adiabatic and diffusive regions at time  $t$  and  $t + dt$ . The adiabatic and stable regions are evolved independently, after which the layer interface advances to maintain continuity of temperature.

	$\Delta\rho$	$A$	$m$	$E$	Layer size	$Q_c^i(t = 3.5 \text{ Ga})$
Units	$\text{kg m}^{-3}$	TW	$\text{TW Gyr}^{-1}$	-	km	TW
	600	14	6	0	246	63
	600	14	5	0.1	28	49
	600	-	-	0.2	0	-
	600	-	-	0.3	0	-
	800	11	5	0	297	54
	800	11	5	0.1	55	54
	800	-	-	0.2	0	-
	800	-	-	0.3	0	-
	1000	10	5	0	414	58
	1000	10	5	0.1	192	58
	1000	10	5	0.2	12	58
	1000	-	-	0.3	0	-

Table 3: Models producing the thickest layers at present with the requirement of  $Q_c^i(t = 4 \text{ Ga}) < 70 \text{ TW}$ .

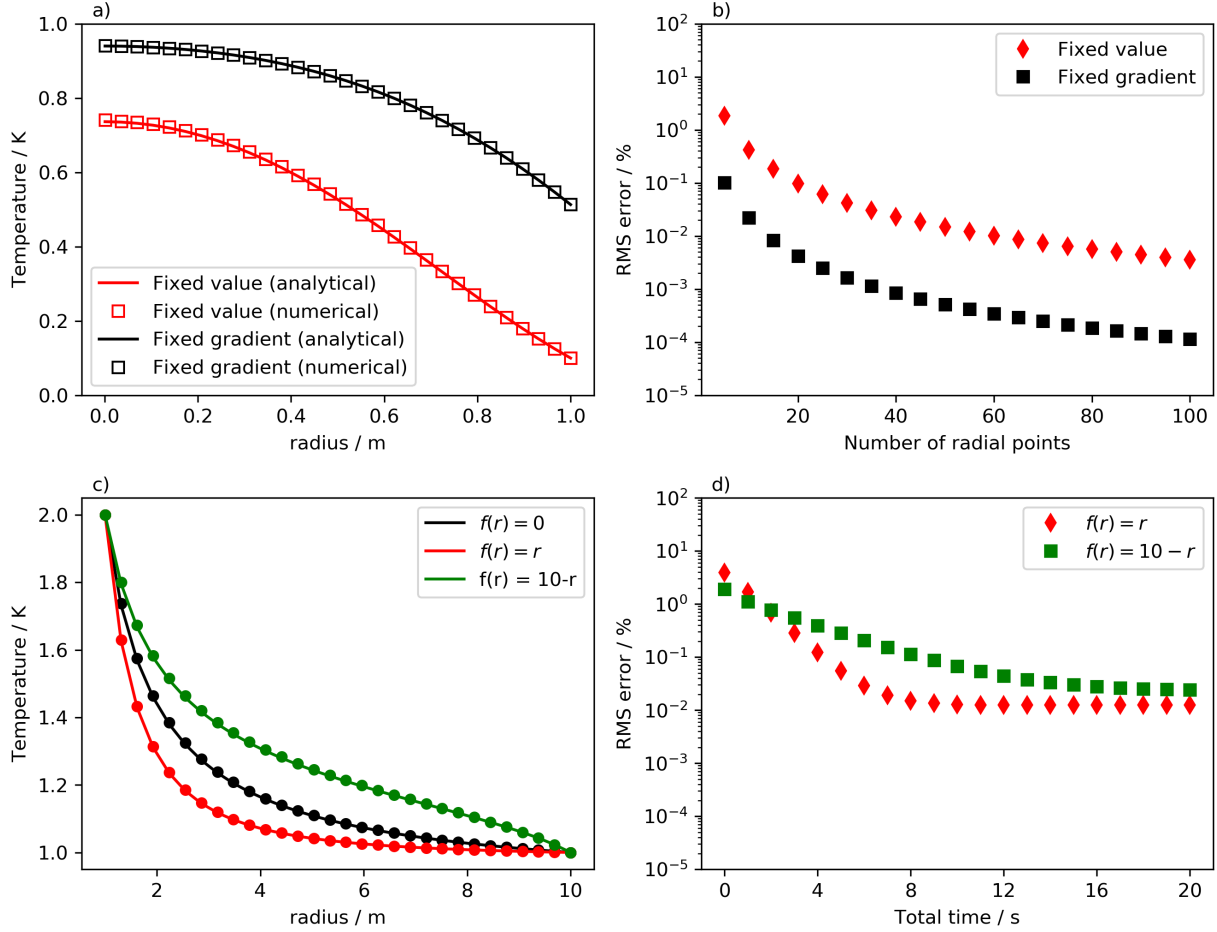


Figure 3: Comparison to analytical solutions for constant (top) and radially varying thermal conductivity (bottom) in a full sphere. a) Analytical solutions to equations (26) and (27) in solid lines with numerical solutions as squares. An initial temperature of 1 K was taken for both solutions with a fixed temperature of 0 K (red) or fixed temperature gradient of  $-1 \text{ K m}^{-1}$  (black) at  $r = a$ , a thermal diffusivity of  $1 \text{ m s}^{-2}$  and a time step of 0.1 seconds. b) RMS error of numerical solutions in a) as the spatial resolution is increased. c) analytical (lines) and numerical (circles) solutions for a steady state with a radially varying diffusivity (equation 28). The numerical solution is displayed after an elapsed time of 20 s with fixed temperatures at the outer and inner boundaries. d) RMS error of the numerical solutions in c) as the total time is increased showing convergence to the steady state.

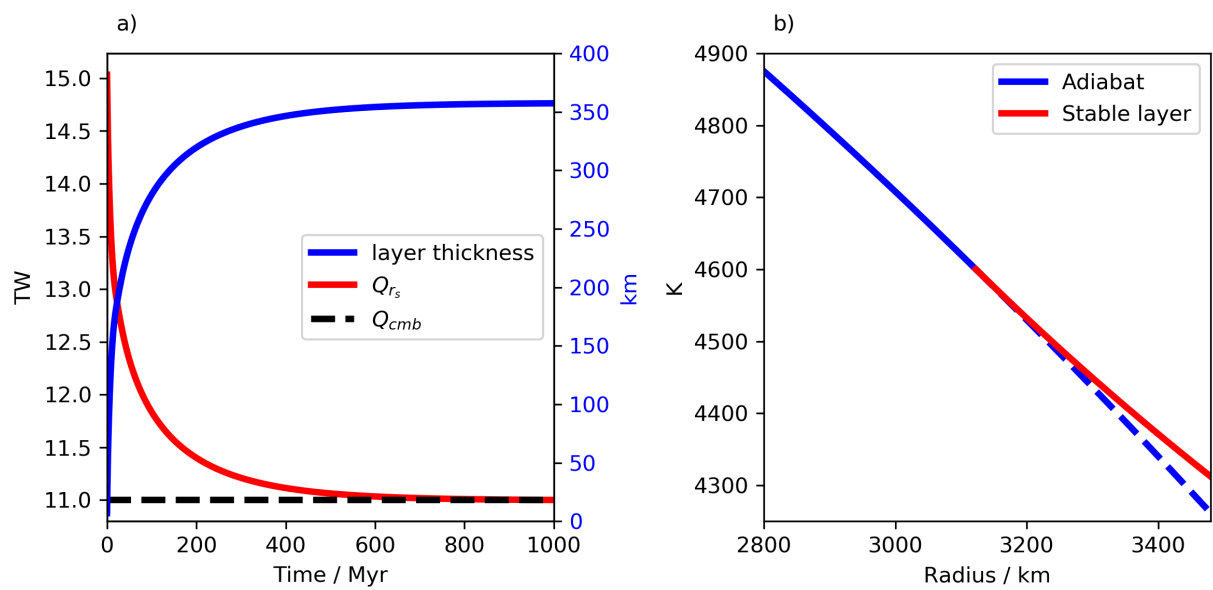


Figure 4: Results for a test case designed to allow a steady state solution. a) Heat flows at the CMB and at  $r_s$  (left axis) and layer thickness through time (blue, right axis). The model converges to the equilibrium point where the heat flows are equivalent. b) Temperature at the top of the core at 1 Gyr. The adiabatic region is shown by the blue line (dashed blue line represents the theoretical adiabatic temperature within the layer). The temperature within the layer is shown in red.

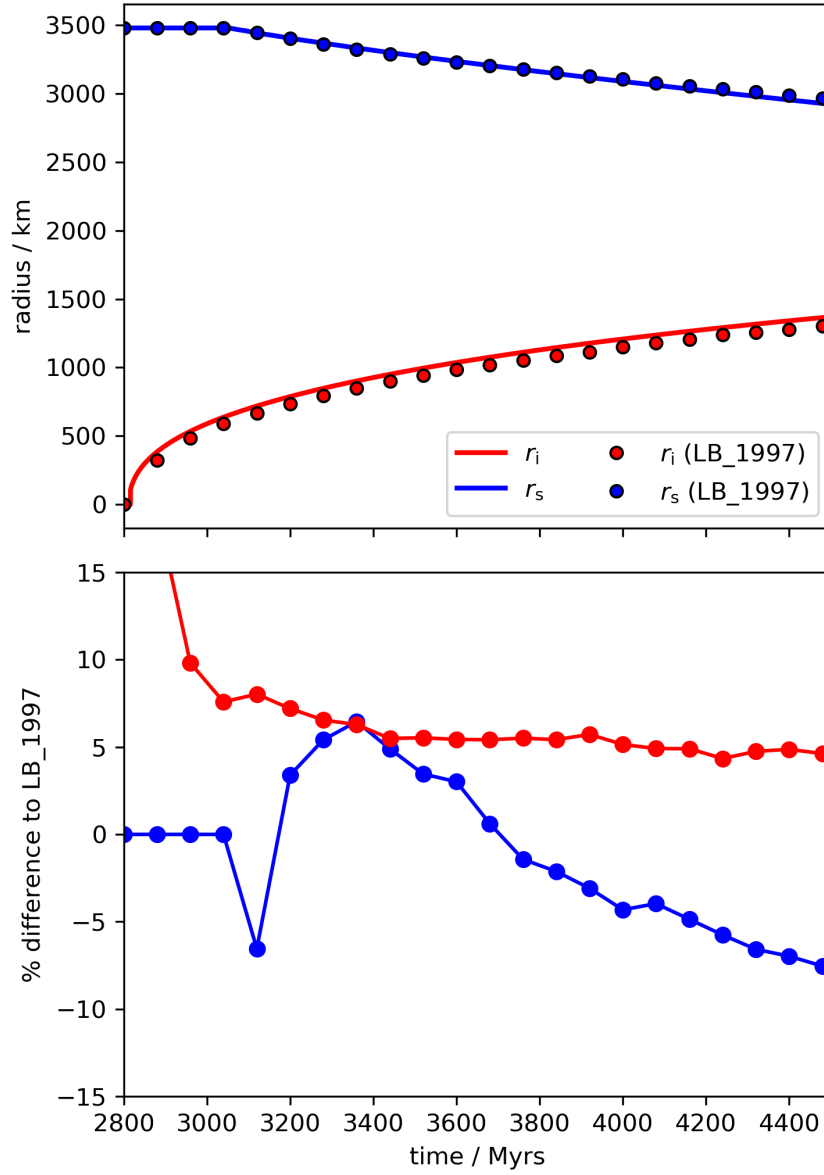


Figure 5: Results for a test case (solid lines) matching the results of Labrosse et al. (1997) (circles). The inner core radius,  $r_i$  is shown in red and the stable layer interface,  $r_s$ , is shown in blue.

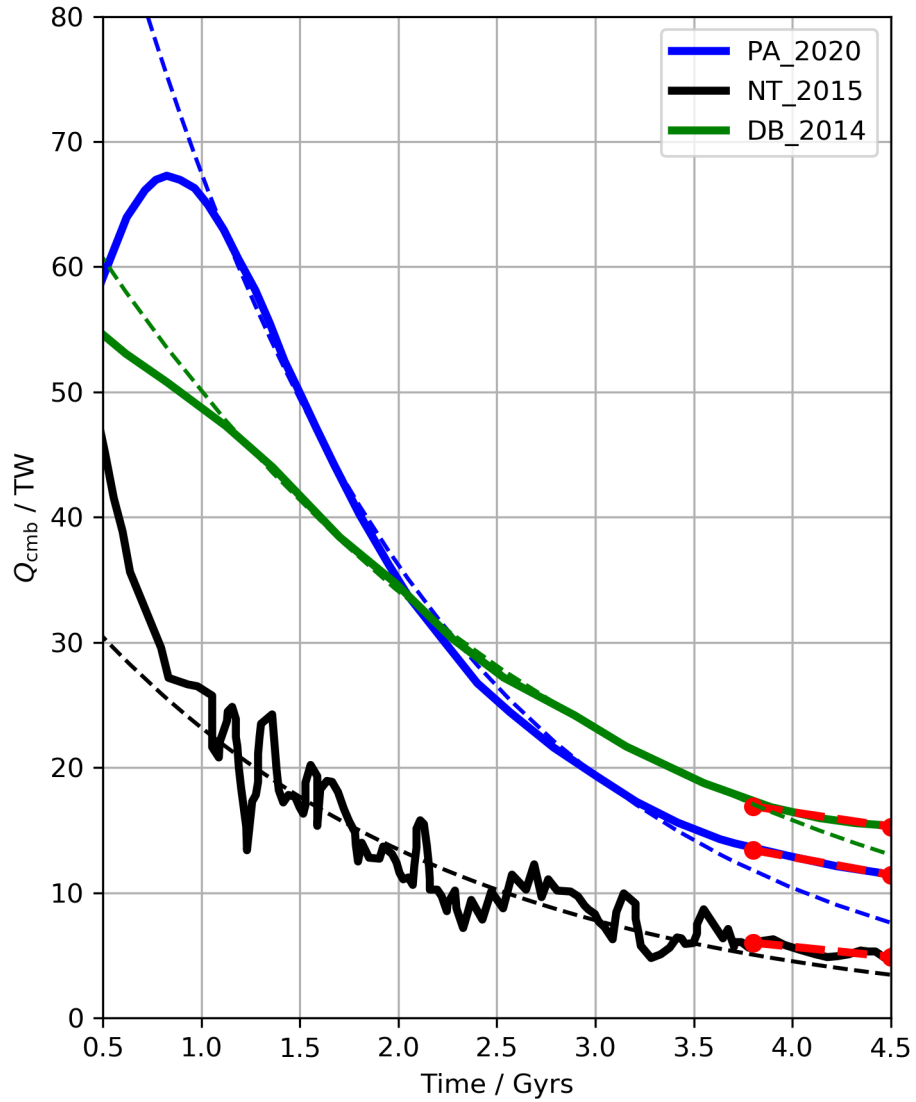


Figure 6: Published CMB heat flows from Patočka et al. (2020) (PA2020), Driscoll and Bercovici (2014) (DB2014), and Nakagawa and Tackley (2015) (NT2015). PA2020 used a viscosity contrast across the mantle of 5, with an activation energy of  $300 \text{ kJ mol}^{-1}$  as shown on their Figure 12. DB2014 is from their Earth case as shown in their Figure 5. NT2015 is taken for a friction coefficient of 0.02 shown in their Figure 9. Shown by the red dashed line and circles are linear best fits for the last 700 Myrs, during which all vary in  $Q_c$  by less than 3 TW/Gyrs.

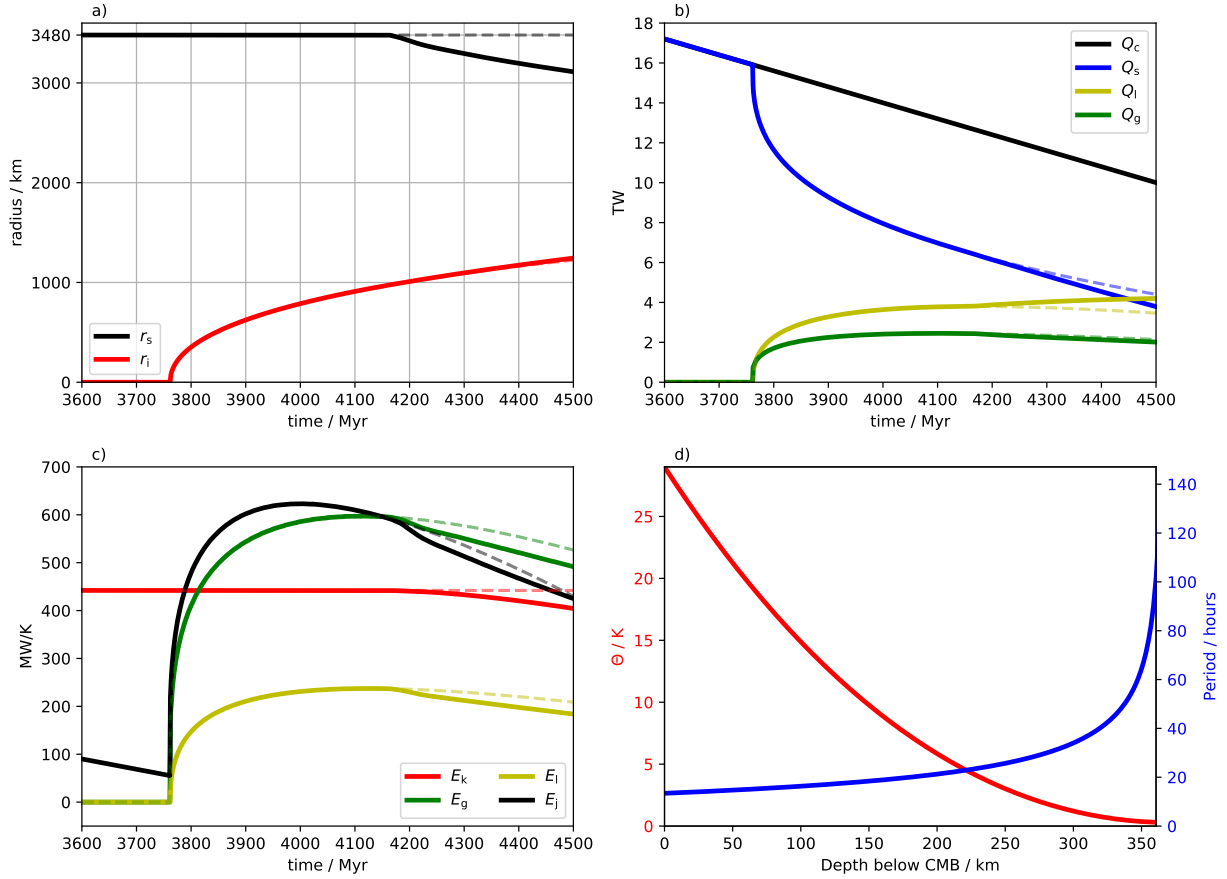


Figure 7: Results for a model with  $\Delta\rho = 800 \text{ kg m}^{-3}$ ,  $A=10 \text{ TW}$ ,  $B=8 \text{ TW/Gyr}$  and  $E=0$ . Solid lines show the results from the calculation with a stable layer, dashed lines represent the calculation without a stable layer, where both started from the same initial conditions. Shown are the inner core and stable layer interface radii (a), the energy sources (b), the entropy sources (c) and the present day layer size and buoyancy period (d).

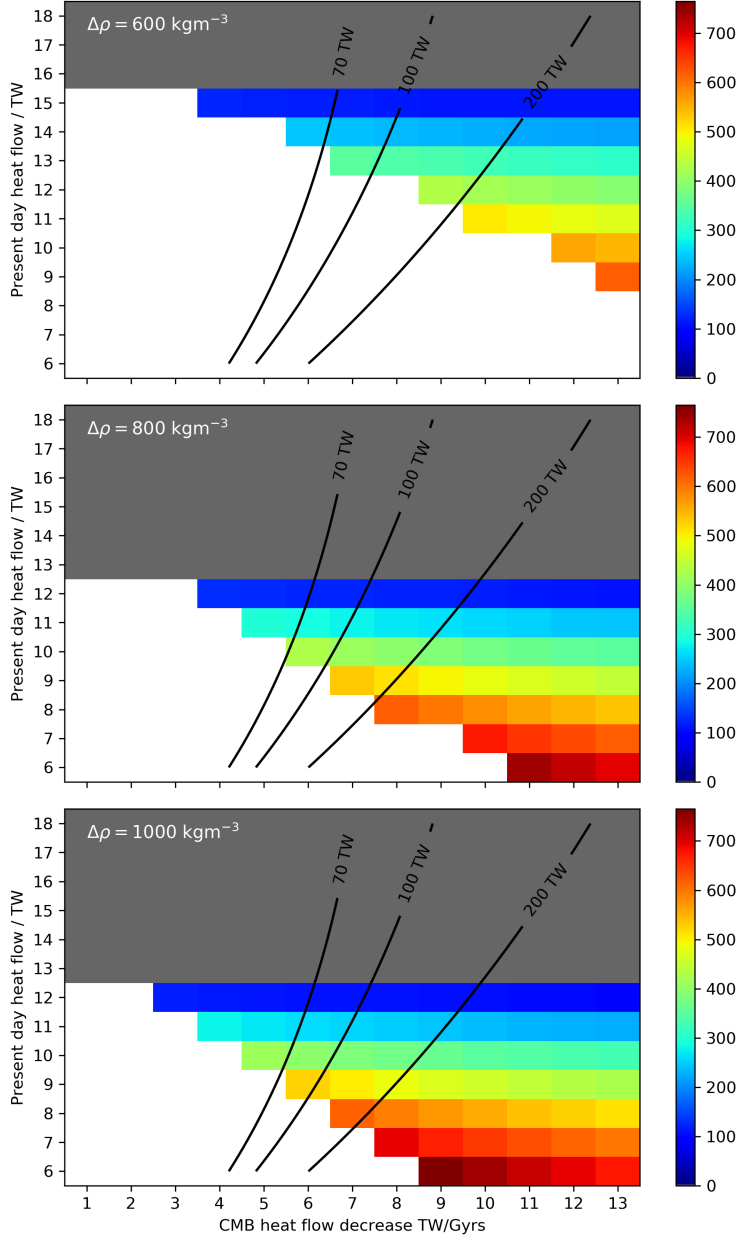


Figure 8: Present day layer thickness for models with  $\Delta\rho = 600 \text{ kg m}^{-3}$  (top)  $\Delta\rho = 800 \text{ kg m}^{-3}$  (middle) and  $\Delta\rho = 1000 \text{ kg m}^{-3}$  (bottom) with  $E = 0$ . Models in which  $E_J < 0$  are ignored as shown by the white space. Grey indicates that no stable layer forms. Black contours indicate the value for  $Q_c$  at  $t = 500 \text{ Myr}$  assuming that the present day rate of change in  $Q_c$  were due to an exponential decay in  $Q_c$  over the last 3.5 Gyrs (see text for details).



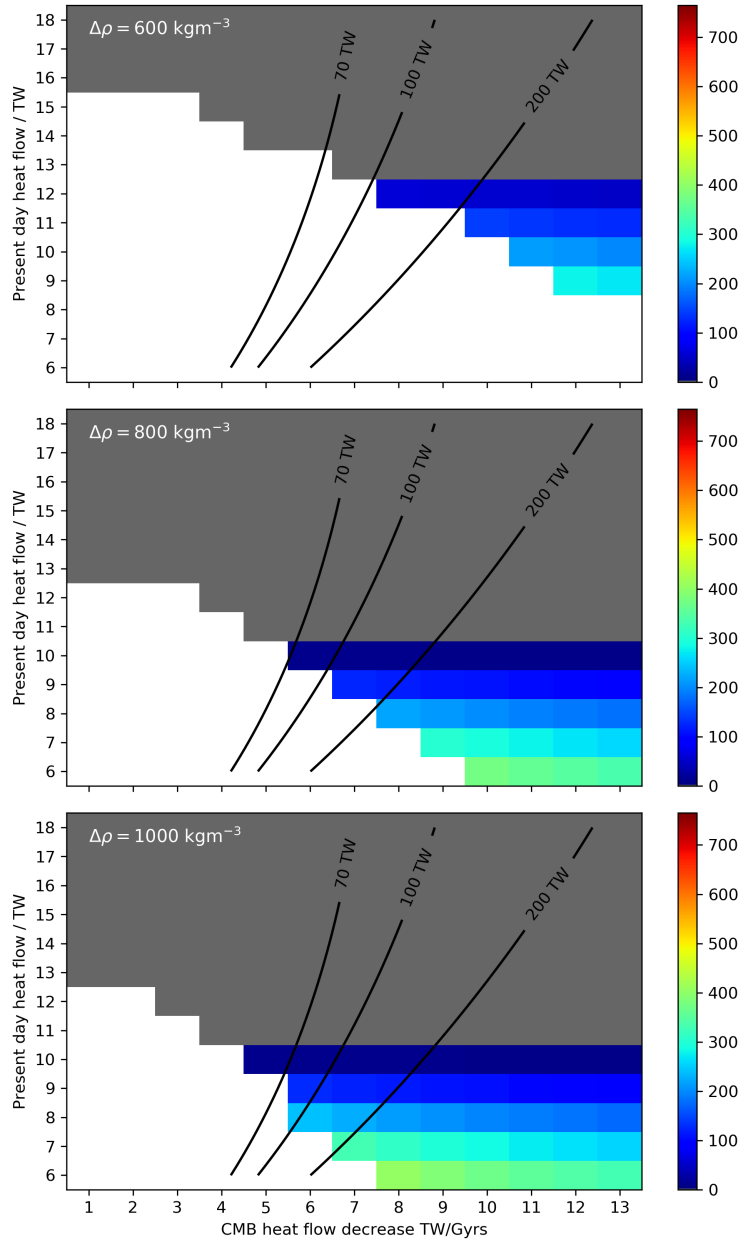


Figure 9: Same as Figure 8 but for  $E = 0.2$ .

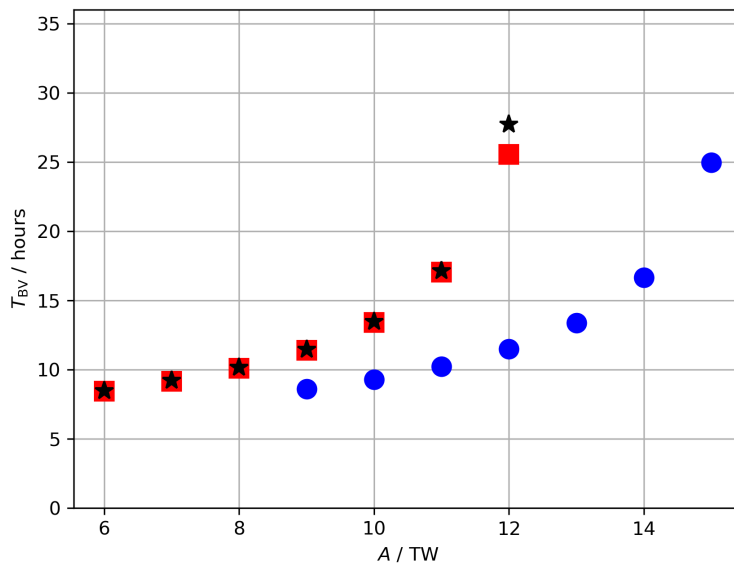


Figure 10: Peak buoyancy period in hours for all models. No significant variation is found with  $B$  or  $E$  and so only models with  $B=13$  TW/Gyr and  $E = 0$  are shown. Symbols correspond to core properties  $\Delta\rho = 600$  kg m<sup>-3</sup> (blue circles),  $\Delta\rho = 800$  kg m<sup>-3</sup> (red squares) and  $\Delta\rho = 1000$  kg m<sup>-3</sup> (black stars).