

Extreme smog challenge of India intensified by increasing lower tropospheric stability

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39 **Abstract**

40 Air pollution in India severely impacts the air quality, public health and economy in one of the
41 world's most densely populated regions. Persistent agricultural fires during the late-autumn period
42 and widespread winter-time pollution contribute to the extreme smog in south Asia, especially
43 affecting the entire northern India. While the links between anthropogenic emissions, air quality
44 and health impacts have been well recognized, the association of smog and its intensification with
45 climatic trends in the lower troposphere, where aerosol pollution and its radiative effects manifest,
46 are not understood well. Here we use long-term satellite data to show a significant increase in
47 aerosol exceedances over northern India, resulting in sustained aerosol-induced atmospheric
48 warming and surface cooling trends over the last two decades. We further find several lines of
49 evidence that these aerosol radiative effects may have amplified a multidecadal (1980-2019)
50 strengthening of lower tropospheric stability along with an increase in relative humidity, in turn
51 intensifying the smog and leading to more than fivefold increase in poor visibility days. Given this
52 crucial aerosol-radiation-meteorological feedback, we anticipate results from this study will help
53 inform mitigation strategies supporting stronger region-wide measures, which are critical for
54 solving the smog challenge in India.

55

56 **Significance statement**

57 Severe air pollution in India and its impacts on air quality and public health are worsening.
58 Extreme smog episodes are frequently observed in northern India associated with the highest
59 aerosol concentrations and hazardous visibility conditions. It is well-known that anthropogenic
60 emissions directly affect pollution, but it remains unclear from an observational perspective how
61 the stability of the lower troposphere, where aerosol pollution builds up, impacts the long-term
62 evolution of smog. Using a multidecadal analysis of satellite, ground and reanalysis datasets,
63 here we show sustained intensification of extreme smog associated with the strengthening of
64 lower tropospheric stability, potentially amplified by aerosol-induced atmospheric warming.
65 Solving the smog crisis in India is increasingly critical given the strongly linked aerosol-
66 radiation-meteorological interactions.

67

68 **Main Text**

69 **Introduction**

70 Air pollution in India severely impacts air quality, public health and economy in one of the world's
71 most densely populated regions (1-5). Persistent agricultural fires during late autumn period (6-
72 12) and widespread winter-time pollution (13-19) contribute to the extreme smog over south Asia,
73 especially affecting entire northern India. The late autumn and winter months are the worst smog
74 periods, resulting in the largest degradation of air quality in the Indo-Gangetic Plains (IGP), where
75 nearly one-seventh of the world's population lives across northern India, Pakistan, Nepal and
76 Bangladesh. In recent years, northern India has witnessed some of the most intense smog spells
77 with extremely low visibility and hazardous air quality. The persistent smog invariably attracts
78 heightened public and media attention (20) owing to the anomalous levels of fine particulate matter
79 ($PM_{2.5}$) recorded between November and January, every year. For instance, daily $PM_{2.5}$
80 concentrations during agricultural burning, frequently exceed $200 \mu\text{g}/\text{m}^3$, an order of magnitude
81 larger than the World Health Organization's air quality guideline (9-11,20). In addition to health

82 and economic impacts of pollution (1-5), impacts of smog include prolonged delays/cancellations
83 of trains and flights, and even vehicular accidents in northern India (13,15,21).

84 While the worsening air quality in India has deservedly received growing attention, the linkages
85 between smog intensification and climatic trends in the lower troposphere where aerosol pollution
86 occurs, are not understood well. On the other hand, it is well known that sunlight-absorbing
87 aerosols lead to atmospheric warming and surface cooling via aerosol radiative effects (22),
88 thereby increasing the stability of the lower troposphere by inducing a temperature inversion
89 (23,24). A stable lower troposphere implies reduced dispersion of pollutants leading to further
90 accumulation of aerosols in the shallow boundary layer. Here, from an observational perspective,
91 we examine lower-tropospheric changes during the last 40 years to investigate such aerosol-
92 radiation-meteorological feedbacks for gaining new insights into the extreme smog problem in
93 northern India and unraveling its long-term intensification.

94

95 **Results**

96 We start with characterizing aerosol trends in northern India, where much of the agricultural
97 burning occurs in the northwestern state of Punjab, the so-called breadbasket of the country and
98 among the largest producing rice and wheat crop states nationally. Figure 1 shows the long-term
99 climatology of satellite-derived aerosol optical depth (AOD), an indicator of aerosol loading, over
100 south Asia averaged during the last two decades from MODIS observations (see datasets
101 description in *SI Appendix*). The spatial distribution of AOD indicates pronounced enhancement
102 in the IGP, along the southern edge of the Himalaya. November is the dominant crop burning
103 month in recent years when peak fire activity and subsequent aerosol loading has increased (8,11)
104 and is separately shown from December-January mean (winter haze period) (Fig. 1). We find
105 accelerated upward trends in November AOD, which are higher by a factor of >3 relative to the
106 annual-mean trend over northern India (Fig. S1), leading to a $\sim 90\%$ increase in November from
107 2002 to 2019 (Fig. 2A).

108

109 In order to characterize changes in extreme smog, we report AOD exceedances (see *Datasets*
110 *section in SI Appendix*) indicating an even larger increase of $\sim 140\%$ in November over northern
111 India (Fig. 2B). This upsurge appears consistent with increase in agricultural fire activity,
112 attributed to a government-mandated delay in transplanting of rice seedlings (contributing to
113 increased burning in a shorter timespan) and expanded crop productivity in Punjab (8-11). With
114 respect to the winter months, northern India experiences the largest aerosol loading (AOD > 0.8)
115 over central-eastern IGP (Fig. 1C), where population density is the highest across states of eastern
116 Uttar Pradesh, Bihar and West Bengal. The winter smog is known to be associated with a shallow
117 boundary layer, frequent temperature inversion, light winds and high relative humidity (13-19).
118 Similar to November, although smaller in magnitude, we find significant positive trends in winter
119 AOD (Fig. 1D and Fig. 2A), which are >1.5 times higher than the annually-averaged trend (Fig.
120 S1). There is a $>40\%$ rise in winter aerosol exceedances during the last two decades (Fig. 2B),
121 with the largest increase of $\sim 60\%$ in central-eastern IGP (Fig. 1D). We also find upward trends in
122 ground-based and other satellite datasets (Fig. S2, S3, S4), during both crop burning and winter
123 haze, supporting the observation of intensification of aerosol pollution as detected in multiple
124 disparate measurements.

125

126 How does the increased aerosol pollution impact the regional radiation budget? We analyze the
127 direct radiative effect of aerosols, specifically to characterize the impact of increasing AOD on

128 surface cooling and atmospheric warming trends using solar radiation fluxes from CERES satellite
129 observations (see *Methods and SI Appendix Datasets sections*). A consistent increase is found in
130 top-of-atmosphere (TOA) flux (Fig. S5) and a reduction in surface-reaching radiation (implying
131 surface cooling), corresponding to cloud-free aerosol-laden observations during the last two
132 decades (Fig. 2C). An example of the relationship between collocated AOD and radiation fluxes
133 (Fig. S6), indicates a positive aerosol-induced effect at the TOA (brightening) and negative effect
134 at surface (cooling). The surface cooling associated with crop burning and winter haze is evident
135 across the IGP, leading to over 15-25% instantaneous reduction in solar insolation (Fig. S6, S7).

136
137 Our central finding in the radiative effects analysis is the net increase in aerosol-induced surface
138 cooling, from 2002 to 2019, is twice as large compared to the increase in TOA flux. This disparity
139 implies that considerably less radiation is being reflected at TOA as a result of significant solar
140 absorption within the aerosol layer, in turn causing the large surface cooling anomaly. This is
141 consistent with the low aerosol single scattering albedo in northern India (25,26), indicative of an
142 absorbing aerosol layer. The resulting aerosol-induced absorption (Fig. 2D) and atmospheric
143 heating rate (Fig. S8) is largely confined to the lowest ~1.5 km of the troposphere, where most of
144 the aerosol layer resides during late autumn-winter in northern India, as indicated by spaceborne
145 lidar observations (Fig. S9). Overall, concurrent with enhanced surface cooling, there is a 70-80%
146 increase in aerosol-induced lower tropospheric warming over the last two decades (Fig. 2C, 2D),
147 suggesting an increasing tendency toward a stable lower troposphere, which favors buildup of
148 aerosol pollution in the shallow boundary layer where emissions from agricultural fires and other
149 anthropogenic sources occur.

150
151 With aerosol-induced radiative effects evident in lower tropospheric warming and surface cooling,
152 we then investigate whether long-term changes in atmospheric stability and related meteorological
153 parameters have occurred in turn amplifying the smog intensification. Fig. 3 shows the climatology
154 and trends of lower tropospheric stability (LTS) (27), a measure of the strength of temperature
155 inversion that caps the planetary boundary layer (see *SI Appendix Datasets section*). The IGP
156 emerges under a strong LTS influence during late autumn and winter, based on the past four
157 decades of meteorological data (Fig. 3a and Fig. S10). The enhanced LTS is particularly evident
158 over northern India, as part of an overall stable lower-tropospheric feature. We find a significant
159 and sustained upward trend leading to an 18-25% increase in LTS over northern India from 1980
160 to 2019 (Fig. 3B).

161
162 Coincidentally, the number of poor visibility days (defined here as visibility < 1000 m) has
163 increased fivefold over northern India during November and >2 times during December-January
164 over the last 40 years (Fig. S11). This worsening trend is even severe for days with much lower
165 visibility (< 500 m), indicating a factor of >9 increase during the crop burning period and a fivefold
166 increase in winter. Over Delhi, where pollution levels are among the highest in the world, the smog
167 has undergone significant intensification (at least a fivefold increase for visibility < 500 m), with
168 poor visibility largely dominating the late autumn-winter periods since the 1990s (Fig. 3C, 3D).
169 The degrading visibility is accompanied by a systematic 20% increase in near-surface relative
170 humidity (RH), over the last four decades, with high RH (85% - 95%) observed in recent years
171 (Fig. 3E). The association between RH and poor visibility indicates a higher correlation (r : 0.77–
172 0.85, p -value \ll 0.01) for days with visibility < 500 m in both November and December-January

173 months (Fig. 4A), relative to visibility < 1000 m, supporting the observation of enhanced visibility
174 degradation under humid conditions.

175
176 Overall, there appears to be an aerosol-radiation-meteorological feedback mechanism playing a
177 potentially crucial role towards smog intensification whereby aerosol-induced atmospheric
178 warming may strengthen the stability of the lower troposphere. This association is elucidated in
179 Fig. 4B where aerosol-induced atmospheric warming is shown as a function of aerosol optical
180 depth derived from co-located CERES and MODIS satellite observations, respectively; whereas
181 the corresponding changes in LTS also co-located with aerosol-induced warming are indicated by
182 the shading of the hexagon symbols. Based on daily observations aggregated from 19 years (2002-
183 2019), we find that as the aerosol loading increases by a factor of 10 (from AOD = 0.1 to AOD =
184 1.0), averaged over the IGP during the crop burning and winter haze periods, the aerosol-induced
185 warming increases by ~170%, whereas the corresponding LTS also systematically increases by
186 ~50%. At the same time, the co-located planetary boundary layer (PBL) over the IGP becomes
187 systematically shallower by ~30% (indicated by the size of the colored symbols), overlapping with
188 simultaneous increases in AOD, aerosol-induced atmospheric warming and stability of the lower
189 troposphere (Fig. 4B).

190
191 Altogether, as the aerosol-induced warming increases, the stability of the lower troposphere is
192 found to significantly strengthen along with the deepening of PBL (as indicated by lower PBL
193 heights at high AOD and vice versa). These distinct concomitant associations may not necessarily
194 be construed as a cause-and-effect relationship, but they reveal observational insights related to
195 aerosol-radiation-meteorological feedbacks, based on disparate variables and datasets, which favor
196 the long-term intensification of smog. Increased stability means capping of pollutants and further
197 increase in aerosol loading in the shallow PBL; at the same time entrainment of dry air from the
198 free troposphere decreases, causing enhanced moisture availability in the PBL and higher RH
199 (18,23). The increase in RH enhances aerosol scattering mediated by the hygroscopic growth of
200 aerosols, and promotes formation of secondary aerosols, further exacerbating the severity of smog
201 (14,24). We also find indication of the contraction of PBL in recent decades (see Fig. S12 and
202 *Methods*), suggesting a moistened shallow boundary layer favorable for persistence of smoggy
203 conditions.

204
205 The increase in RH may also in part be linked to the increase in irrigated area in the IGP; irrigation
206 in India has expanded 2-3 times since the 1970s and may contribute to the enhanced moisture in
207 the PBL (28). Regardless of the cause, smog intensification appears to be amplified by aerosol-
208 radiation-meteorological feedbacks, as observed in the increasing trends of aerosol-induced
209 atmospheric warming and surface cooling, along with the long-term strengthening of lower
210 tropospheric stability and concurrent trends in RH and visibility degradation during the last 40
211 years.

212 213 **Discussion**

214 It is noteworthy that extreme smog episodes in November, coinciding with agricultural burning,
215 arrive in advance of the peak winter smog season in the IGP. As an illustration of the aerosol-
216 radiation-meteorological coupling, Fig. 4D shows the evolution of a dense smog spell in satellite
217 imagery with thick haze around the beginning of November 2017, transforming into foggy
218 conditions that altogether persisted for almost three weeks. The smog was so severe across

219 northern India that the peak PM_{2.5} concentrations reached ~1,000 µg/m³ in Delhi, prompting the
220 closure of 4,000 schools (6) and a major international airliner to suspend its flight operations into
221 the city (29). In another recent smog-filled episode, an international cricket match (most popular
222 sport in south Asia) was halted probably for the first time in the sports' history due to smog, with
223 players visibly sick and wearing pollution masks on the field (30). This intense degradation in air
224 quality and visibility could have been amplified by a pronounced temperature inversion and high
225 relative humidity in the lower troposphere (Fig. S13). We also analyzed 40 years of radiosonde
226 observations of daily temperature profiles and found a twofold increase in the frequency of lower
227 tropospheric temperature inversion (Fig. 4C), consistent with upward trends in LTS, visibility
228 degradation and RH (Fig. 3).

229
230 Such extreme events serve as examples of the heightened attention the smog problem has
231 increasingly received. On the other hand, there seems to be a lack of clarity regarding sources and
232 transport mechanisms across states and countries in south Asia (31,32), which could be limiting
233 effective measures to curb the pollution. In addition, connections of large-scale climatic patterns
234 and interannual variability of aerosol pollution (17) may further add to the complexity of
235 characterizing smog and its long-term intensification. Furthermore, the possible role of climate
236 variability in contributing to poor ventilation conditions, suggested as conducive for extreme haze
237 formation in China (33), may be worth investigating for studying severe pollution episodes in
238 India. Such an analysis would benefit from large-scale climate model simulations involving land-
239 atmosphere-cryosphere interactions (33), beyond the observational findings this study has
240 provided based on the synthesis of long-term satellite, surface and reanalysis datasets covering the
241 past four decades.

242
243 The government of India, in October 2020, promulgated a major commission on air quality
244 management in the national capital region (NCR) around Delhi and adjoining areas (34). This
245 initiative distinctly recognizes the air pollution challenge in NCR; where adjoining areas are
246 defined as “where any source of pollution is located causing adverse impact of air quality in the
247 NCR” (34). As our results indicate, the increasing aerosol pollution and radiative impacts, clearly
248 extend beyond NCR (<60 million population) and encompass the whole of northern India,
249 affecting both the urban and the vast rural populations (over 600 million population of Indian states
250 in the IGP).

251
252 While reductions in emissions are known to have led to significant air quality improvements
253 across broad regions of Europe, North America, and East Asia (35,36), the long-term rise in
254 extreme smog over northern India is particularly concerning and in turn provides an opportunity
255 to strengthen mitigation action. The northern Indian region, as part of the broader IGP, lies in a
256 valley-type terrain immediately south of the towering Himalaya and so is naturally vulnerable to
257 pollution build-up. Given the likely role of aerosol-radiation-meteorological feedbacks in
258 worsening the widespread smog, expanding upon current air quality improvement efforts by
259 accounting for pollution sources and transport processes across entire northern India, will
260 support the development of a region-wide mitigation strategy.

261

262 **Methods**

263 **Aerosol radiative forcing**

264 Data from the CERES instrument onboard Aqua satellite was used to characterize the radiative
265 impact of aerosols on shortwave fluxes at the TOA and surface. The CERES observations were
266 gridded onto a $0.25^\circ \times 0.25^\circ$ uniform grid on a daily basis and collocated with MODIS quality-
267 assured Deep Blue AOD in space and time (best quality AOD retrievals were used to ensure
268 stringent cloud filtering). For information related to MODIS and CERES data, refer to the datasets
269 description in *SI Appendix*. The CERES derived fluxes were normalized by the cosine of solar
270 zenith angle. In this study, northern India is divided into seven equal-spaced, $2^\circ \times 2^\circ$ grids,
271 traversing from the western edge of the Gangetic Plains to the eastern flank (Fig. S6).

272 The clear-sky shortwave aerosol radiative forcing (ΔF) at the TOA and surface (SFC) is defined
273 as the net change in shortwave radiative flux caused by aerosols which is calculated as:

$$274 \Delta F_{TOA/SFC} = (F_a)_{TOA/SFC} - (F_{na})_{TOA/SFC} \quad (1)$$

275 where, F_a is the clear-sky shortwave flux at TOA and surface in the presence of aerosol-laden
276 atmosphere (i.e. AOD > 0). F_{na} represents the radiative fluxes without the presence of aerosols and
277 is derived from the y -intercept (at AOD = 0) of the linear regression between daily MODIS AOD
278 and instantaneous CERES shortwave fluxes at the TOA and surface for each subregion and year,
279 during the crop burning and winter haze (Fig. S6). This approach has been used in previous studies
280 for characterizing direct radiative effect of aerosols (37,38). The negative values of ΔF at surface
281 imply that aerosols induce a cooling effect; whereas positive values at TOA are indicative of a
282 brightening effect at TOA. F_{na} is computed only for those grid-cells where the number of data
283 points is more than 10 and solar zenith angle less than 60° . In addition, the magnitude of solar
284 radiation absorbed by aerosols within the atmosphere ($\Delta F_{atm} = \Delta F_{TOA} - \Delta F_{SFC}$) was computed,
285 which defines the net atmospheric forcing (ATM) induced by aerosol absorption in the atmosphere.
286 We also calculate the instantaneous atmospheric heating rate (K/day), due to absorption of solar
287 radiation by aerosols, based on the first law of thermodynamics and hydrostatics equilibrium as
288 follows:

$$289 \frac{\partial T}{\partial t} = \frac{g}{C_p} \times \frac{\Delta F_{atm}}{\Delta P} \quad (2)$$

290 where, $\partial T/\partial t$ is the heating rate (K/day), g is the acceleration due to gravity, C_p is the specific heat
291 capacity of air at constant pressure and ΔP is the atmospheric pressure difference between the top
292 and bottom of the atmospheric layer in which most of the aerosol loading resides. Here, we
293 consider the lowest ~ 1.5 km tropospheric layer as the prominent aerosol layer during the crop
294 burning and winter haze periods, as indicated by the vertical distribution analysis of aerosol
295 extinction data (Fig. S9) from the NASA CALIPSO satellite's Cloud-Aerosol Lidar with
296 Orthogonal Polarization (CALIOP data obtained from <https://subset.larc.nasa.gov/calipso/>).

297 In addition to the CERES and MODIS data derived instantaneous aerosol radiative forcing and
298 heating rates, we also compute the diurnal mean (24-hour mean) aerosol radiative forcing and
299 heating rates using a 1-dimensional plane-parallel radiative transfer model (RTM) (39). We used
300 the observed relationship between TOA shortwave flux and AOD from CERES and MODIS data,
301 respectively, specifically the slope and offset of the linear regression to constrain the RTM-
302 calculated fluxes including the aerosol optical properties including single scattering albedo and
303 asymmetry parameter. The aerosol optical properties were also constrained by data from ground-

304 based column aerosol retrievals from NASA’s AERONET sites in the IGP. Additionally, the aerosol
 305 vertical distribution input to the RTM was based on climatology of CALIPSO measurements
 306 (indicating most of the aerosol extinction with the surface to ~1.5 km tropospheric layer). The
 307 RTM calculations were performed at every one degree increments of solar zenith angle to compute
 308 the radiative forcing and heating rate. The diurnal mean aerosol-induced heating rate averaged
 309 over the IGP for the 18-year period for the period 2002-2019 is 1.4 K/day – 1.6 K/day for the crop
 310 burning and winter haze periods. We find that the heating rate in the crop burning period has
 311 increased by ~85% (to 2.1 K/day) and in the winter haze period by ~37% (to 1.7 K/day) during
 312 the 18-year period. This enhancement in aerosol-induced heating in the lower troposphere,
 313 including the varying trend magnitudes by the different periods, are consistent with the
 314 observations of increase in AOD (mean and exceedances) as well as the aerosol-induced aerosol
 315 absorption, i.e. larger aerosol-induced absorption and heating trends in November relative to
 316 December-January (Fig. 2).

317 **Boundary layer height and frequency of temperature inversion**

318 The PBL height in the IGP, during the crop burning and winter haze periods, was derived using
 319 the bulk Richardson number (R_i) method (40). The estimation of PBL height involved data obtained
 320 from NOAA IGRA as aforementioned in the *SI Appendix Datasets* section. Details of the bulk R_i
 321 method and the criteria to derive PBL heights along with an uncertainty analysis and a comparison
 322 with other methods are discussed elsewhere (41). The following equation provides the main
 323 physical relationships involved in the computation of PBL heights:

$$324 \quad Ri(z) = \frac{(g/\theta_{vs})(\theta_{vz}-\theta_{vs})(z-z_s)}{((u_z-u_s)^2+(v_z-v_s)^2+(bu_s^2))} \quad (3)$$

325 where, z is altitude of the atmospheric and z_s denotes the surface altitude, g is acceleration due to
 326 gravity, θ_v is virtual potential temperature, u and v are the horizontal components of the wind speed,
 327 b is a constant and u^* is the surface friction velocity. Since u^* is not known from radiosonde data,
 328 we set $b = 0$ and thus ignore surface friction effects, which are very small in comparison to the
 329 bulk shear terms in the denominator (40). The lowest level z at which interpolated R_i crosses the
 330 critical threshold value of 0.25, determines the PBL height (41). For the estimation of PBL height,
 331 we used a threshold of at least five vertical levels available in daily radiosonde profiles greater
 332 than 500 hPa (i.e. between ground and 500 hPa). Since the vertical distribution of wind
 333 measurements prior to year 2000 over several radiosonde sites over northern India have uneven or
 334 relatively sparse coverage, we considered the PBL height analysis from 2000 onwards. During the
 335 last two decades, the PBL height (in meters) was found to be associated with a decreasing trend of
 336 $-3.3 \pm 1.7 \text{ m yr}^{-1}$ (at 0Z or 5:30 am local-time) for the period 2000-2019, averaged for November-
 337 December-January over the five meteorological stations based on radiosonde observations. We
 338 also analysed MERRA-2 data over the entire northern India from and found an area-averaged trend
 339 of $-10.7 \pm 2.9 \text{ m yr}^{-1}$ for the period 1995-2019 (Fig. S12).

340 Regarding the computation of temperature inversion, the long-term data record and linear trends
 341 in the frequency of temperature inversion (i.e. number of inversion instances) in the lower
 342 troposphere was derived from daily radiosonde observations of temperature profiles over Delhi
 343 for the 40-year period 1980-2019, during the crop burning (November) and winter haze
 344 (December-January) periods. The trends in the frequency of temperature inversion events (Fig.
 345 4C) indicate a twofold increase in inversion frequency during the last four decades for both
 346 November and December-January periods. The temperature inversion was calculated from

347 temperature profiles within the lower troposphere only, defined here between ground-level and
348 700 hPa (or upto ~3 km above ground). The radiosonde observations correspond to 0Z (5:30 am
349 local-time). The frequency of inversion (y-axis) represents the monthly count of the total number
350 of detected inversion layers, in daily temperature profiles, which include both near-surface
351 inversion and elevated inversion layers (i.e. all inversion layers detected within the lower
352 troposphere). Note, multiple inversion layers can be present in a single radiosonde profile. The
353 methodology for characterizing inversion layer is similar to Kahl *et al.* (42) and Gilson *et al.*
354 (43). If one or more inversion layers are detected within <100 meters of the daily vertical
355 temperature profile, those layers are considered as a single inversion layer.

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357

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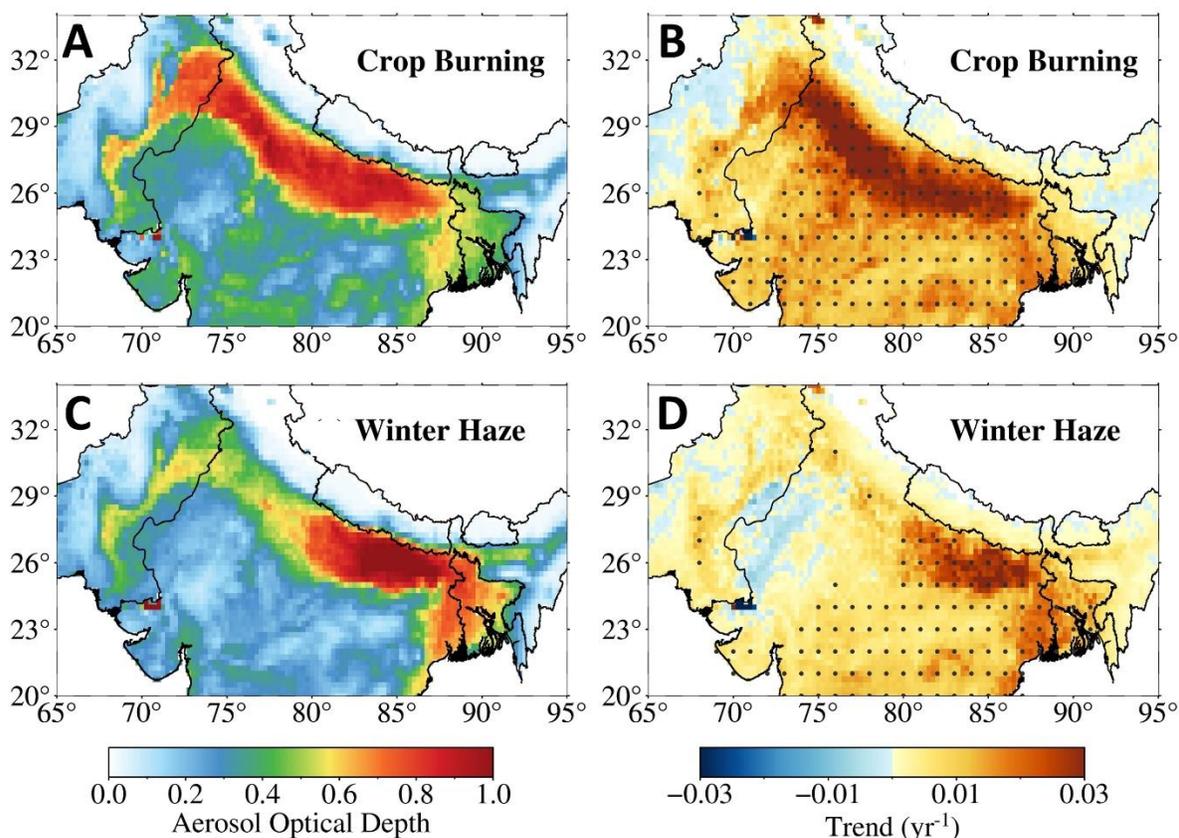
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Data availability: All data underlying this study are available in the public domain. The MODIS data used in this study are available via http://dx.doi.org/10.5067/MODIS/MYD04_L2.006 and CERES data are available via https://doi.org/10.5067/Aqua/CERES/SSF-FM3_L2.004A. We have provided links to the various data access portals in the SI Appendix Datasets description section for each of the satellite dataset, ground-based observations and modeling-based reanalysis datasets used in this study.

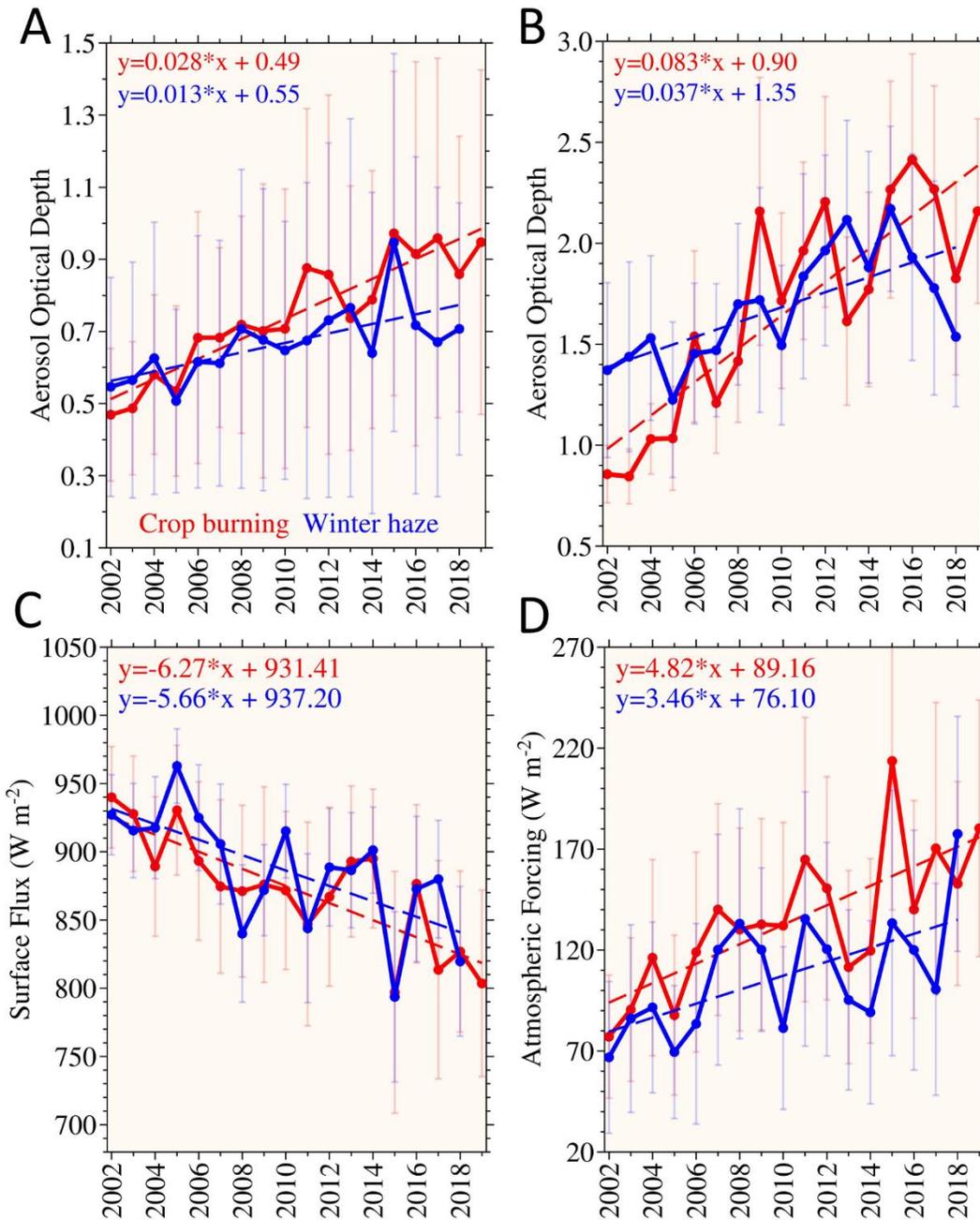
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Figures



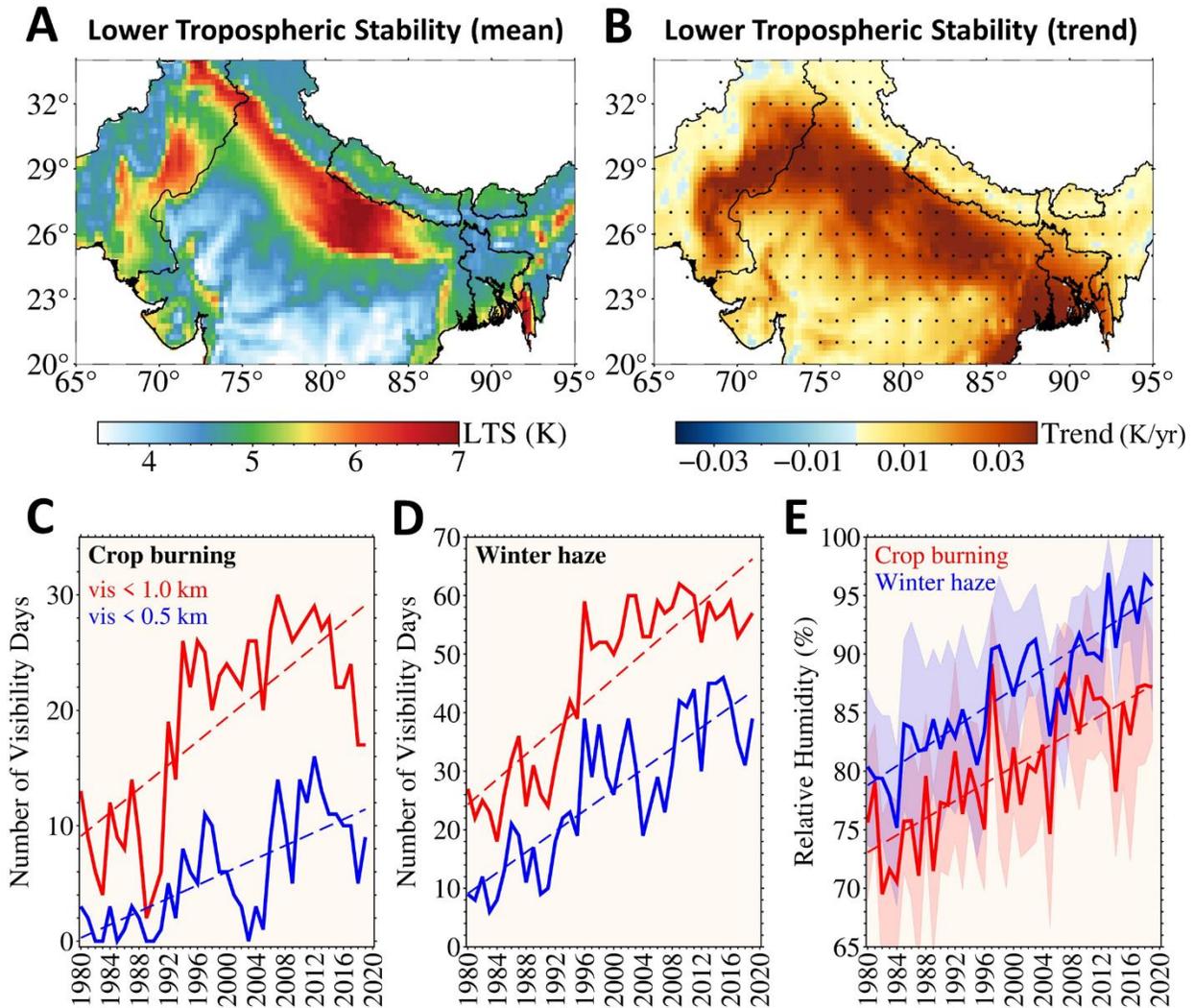
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Figure 1. Aerosol distribution and trends over south Asia during the last two decades using satellite data. Aerosol optical depth (AOD) for crop burning (November) and winter haze (December-January) periods in (A) and (C), averaged from 2002-2019, using Aqua/MODIS observations. The AOD (unitless) is largest along the Indo-Gangetic Plains indicated by the warm shading. The corresponding linear trends in AOD (yr⁻¹) are shown in (B) and (D), with dots indicating statistical significance of trends at 95% confidence level.



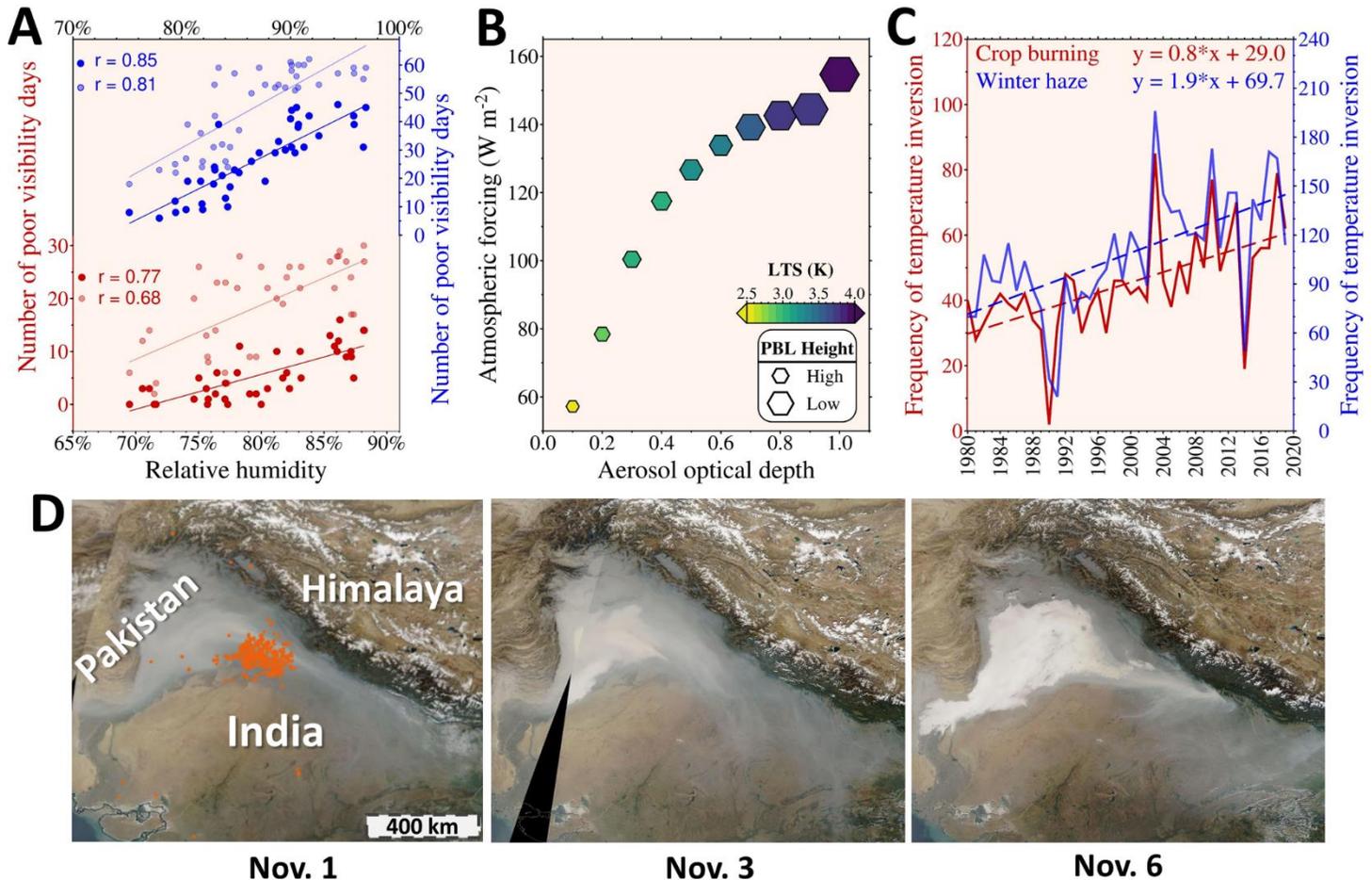
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Figure 2. Trends in aerosol extremes, aerosol-induced surface cooling and atmospheric warming. Time series and linear trends for (A) mean and (B) exceedance AOD, averaged over the Indo-Gangetic Plains for crop burning (red) and winter haze (blue) periods from 2002 to 2019. The corresponding trends in cloud-free collocated instantaneous shortwave fluxes, derived from Aqua/CERES observations, are shown in (C) surface cooling (W m^{-2}) and (D) atmospheric forcing (W m^{-2}) averaged over northern India. Error bars indicate ± 1 standard deviation.



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Figure 3. Lower tropospheric stability (LTS) and long-term trends in smog. The LTS is shown as (A) the multidecadal average and (B) spatial trend, from November–January for the period 1980-2019, with significantly increasing LTS along the IGP. Dots in (b) indicate statistical significance of trends at 95% confidence level. Number of visibility days during (C) crop burning in November (out of 30 days) and (D) winter haze in December-January (out of 62 days) over Delhi. Visibility <1km is shown in red and <0.5km in blue. The monthly mean relative humidity (e) is shown for crop burning (red) and winter haze (blue) periods. Shading represents ± 1 standard deviation.



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553 **Figure 4. Evolution of smog blanketing southern Asia and aerosol-radiation-meteorological**
 554 **interactions.** (A) Correlation between number of poor visibility days and monthly mean relative humidity
 555 for the period 1980-2019, based on surface meteorological observations over Delhi, for November (red
 556 color, left y-axis) and December-January (blue color, right y-axis). The number of visibility days <1 km
 557 is shown in light red (November) and light blue (December-January), whereas number of visibility days <0.5
 558 km are shown in dark red (November) and dark blue (December-January). Correlation is higher for
 559 visibility <0.5 km for both time periods ($r: 0.77 - 0.85, p\text{-value} \ll 0.01$) suggesting enhanced poor visibility
 560 degradation under humid conditions. (B) Aerosol-induced atmospheric forcing (or atmospheric absorption)
 561 in Wm^{-2} plotted as a function of aerosol optical depth derived from CERES and MODIS satellite
 562 observations, corresponding to lower tropospheric stability (LTS) (indicated by shading of the hexagon
 563 symbols) and planetary boundary layer height (meters) indicated by the size of the colored symbols. The
 564 aerosol-induced atmospheric forcing increases with aerosol optical depth along with an increase in LTS
 565 which strengthens at lower PBL heights (shallow boundary layer) and weakens at larger PBL heights
 566 (deeper boundary layer). (C) Time series and linear trends in the frequency of temperature inversion (i.e.
 567 monthly count of the total number of detected inversion layers, in daily radiosonde observations) in the
 568 lower troposphere over Delhi from 1980 to 2019, for November (red) and December-January (blue). (D)
 569 An illustrative depiction of the evolution of smog in the Indo-Gangetic Plains, south of the Himalaya,
 570 encompassing Pakistan, northern India and Nepal. Satellite imagery (Terra/MODIS) is from 1, 3, 6
 571 November 2017 acquired at ~10:30 am local-time. Orange dots on 1 November show fire detections from
 572 Aqua/MODIS satellite observations (1:30 pm local-time).

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574 **Supplementary Information for**

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577 **Extreme smog challenge of India intensified by increasing**
578 **lower tropospheric stability**

579 Ritesh Gautam*, Piyushkumar N. Patel, Manoj K. Singh, Tianjia Liu, Loretta J. Mickley, Hiren Jethva,
580 Ruth S. DeFries

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589 **This PDF file includes:**

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591 Supplementary text
592 Figures S1 to S13
593 SI References

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618 **Supplementary Text: Datasets**

619 We used two decades of multi-satellite observations to characterize trends in aerosol optical depth
620 (AOD) and associated aerosol-induced radiative forcing during crop burning (November) and
621 winter haze periods (December-January) over northern India.

622 *Moderate resolution Imaging Spectroradiometer (MODIS) AOD data-*

623 We used the 10 km x 10 km spatial resolution MODIS Level-2 Collection 6.1 (C061) quality-
624 assured daily aerosol retrievals (MOD04 and MYD04) at 550 nm from both Terra (20 years; 2000-
625 2019) and Aqua (18 years; 2002-2019) over the Indo-Gangetic Plains (IGP). The Terra local
626 overpass time is ~10:30 am and Aqua is ~1:30 pm. We used AOD retrievals from the Deep Blue
627 (DB) algorithm for characterizing the climatology and trends in AOD during crop burning
628 (November) and winter haze (December-January) periods. The uncertainty for DB AOD retrievals
629 is reported as $\pm(0.03 + 0.2\tau)$ (1), where τ represents AOD. Details of the DB AOD data product are
630 available at-

631 <https://modis->

632 atmos.gsfc.nasa.gov/sites/default/files/ModAtmo/modis_deep_blue_c61_changes.pdf.

633 We computed exceedances in AOD which are defined here as the mean of daily pixel-level data
634 found above +1 standard deviation of the spatial mean AOD computed individually for each time
635 period (i.e. separately for crop burning and winter haze periods), and then repeated for each year.
636 These AOD exceedances were analysed for their trends to characterize long-term changes in
637 extreme aerosol pollution over the IGP using Aqua and Terra MODIS observations during the past
638 two decades (as depicted in Fig. 2b and Fig. S3). The MODIS aerosol data used in this study is
639 available from: <https://ladsweb.modaps.eosdis.nasa.gov/>.

640 *Clouds and the Earth's Radiant Energy System (CERES) data-*

641 To characterize changes in aerosol-induced radiative effects, the most recent Edition 4 CERES
642 Single Scanner Footprint (SSF) Level-2 data product, from Aqua satellite at 20 km x 20 km
643 horizontal resolution at nadir (18 years; 2002-2019), is used for evaluating the impacts of aerosol
644 loading on clear-sky top-of-atmosphere (TOA) and surface shortwave radiative fluxes during crop
645 burning and winter haze periods. The Aqua/CERES daytime overpass is ~1:30 pm local-time. The
646 CERES instrument measures radiance at a given Sun-satellite geometry, which is then converted
647 to radiative flux using angular distribution models. More details about the CERES instrument and
648 its calibration are discussed elsewhere (2). The averaged TOA instantaneous shortwave flux
649 uncertainty is reported to be 1.6 % (4.5 W m^{-2}) for cloud-free scenes over land surfaces (3).
650 Instantaneous footprints of TOA radiances are operationally used as a constraint to compute the
651 surface radiative fluxes following the NASA Langley Fu-Liou radiative transfer model. The
652 CERES-derived surface fluxes have been extensively validated over the past two decades against
653 ground-based shortwave flux measurements from high-quality surface networks. The uncertainty
654 in the cloud-free surface flux data product based on global assessment (4) is associated with a
655 systematic error of -0.6 W m^{-2} (-0.1 %) and a random error of 37.5 W m^{-2} (6.1 %), with the relative
656 error as included in the parenthesis. For continental scenes, the cloud-free surface flux uncertainty
657 is reported with a systematic error of 6.3 W m^{-2} (0.9 %) and random error of 49.9 W m^{-2} (7.1 %)
658 (40). More information about the CERES SSF data product is available at:
659 https://asdc.larc.nasa.gov/documents/ceres/quality_summaries/CER_SSF_Terra-

660 *Aqua_Edition4A.pdf*. The CERES SSF data used in this study is available from:
661 <https://ceres.larc.nasa.gov/data/#ssf-level-2>.

662 *European Centre for Medium-Range Weather Forecasts (ECMWF) ERA5 reanalysis data-*

663 To examine long-term trends in the lower tropospheric stability over the IGP, we used reanalysis
664 meteorological fields from the ECMWF ERA5 dataset. The reanalysis is produced using the
665 Integrated Forecast System (IFS) cycle 41r2 with 4D-Var data assimilation, as released in 2016.
666 ERA5 has a horizontal resolution of $0.25^\circ \times 0.25^\circ$, available at 137 hybrid sigma pressure levels
667 in the vertical domain (from 1000 to 0.01 hPa). Details about the atmospheric models, assimilation
668 methodology, improvements and quality of the data are extensively discussed elsewhere (5). In this
669 study, we extracted the air temperature data for three different pressure levels (700 hPa, 850 hPa
670 and 1000 hPa) to derive lower tropospheric stability at 700 hPa and 850 hPa. The ERA5 data is
671 available from: <https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>.

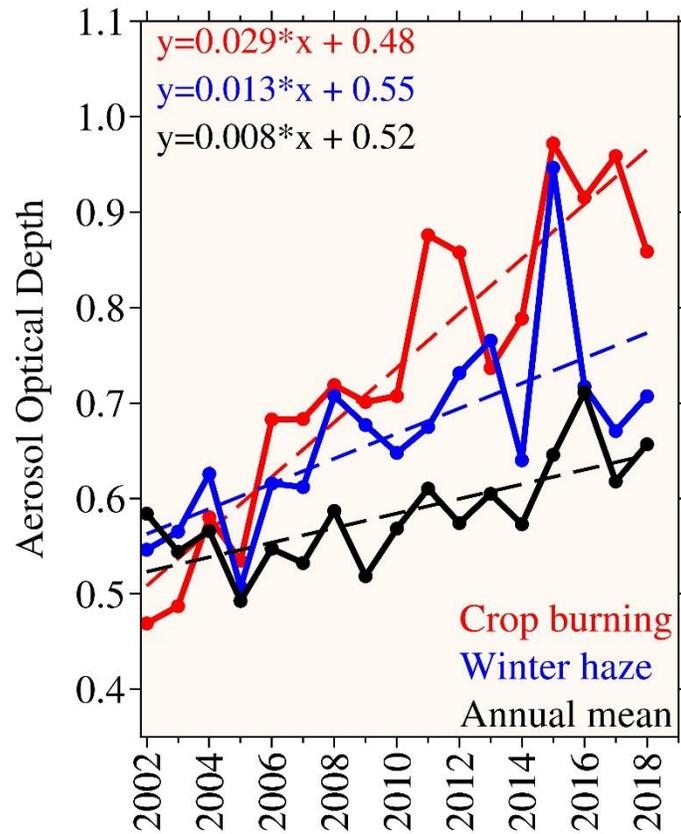
672 *Radiosonde data & ground-based observations*

673 Radiosonde observations are obtained from the NOAA land-based radiosonde station network -
674 Integrated Global Radiosonde Archive (IGRA) (6). For this study, we used the enhanced version 2
675 of IGRA database (7) which contains data on temperature, geopotential height, relative humidity
676 and wind at various atmospheric pressure levels, as well as additional derived moisture variables
677 and calculated vertical gradients of several other variables. A detailed description of the IGRA
678 datasets as well as information on quality assurance are discussed elsewhere (6). We used
679 radiosonde data at 5 locations throughout northern India (Patiala – $30.33^\circ\text{N}/76.47^\circ\text{E}$, Safdarjung
680 – $28.58^\circ\text{N}/77.2^\circ\text{E}$, Gorakhpur – $26.75^\circ\text{N}/83.37^\circ\text{E}$, Lucknow – $26.75^\circ\text{N}/80.88^\circ\text{E}$, Patna –
681 $25.6^\circ\text{N}/85.17^\circ\text{E}$), representing observations from the western end of the Gangetic Plains (Patiala)
682 to the eastern portion (Patna) to assess trends in the planetary boundary layer (PBL) height. We
683 also obtained PBL data from NASA's Modern-Era Retrospective analysis for Research and
684 Applications, version 2 (MERRA-2) to additionally analyze long-term changes in PBL over the
685 IGP; MERRA-2 data are available from <https://gmao.gsfc.nasa.gov/reanalysis/MERRA-2/>.

686 Additionally, we used ground-based weather station data at five sites (as mentioned above)
687 from northern India to characterize long-term trends in visibility and relative humidity (RH) for
688 the period 1980-2019, based on surface meteorological observations from the global archive data
689 obtained from NOAA's National Climatic Data Center's Climate Data Online program
690 (<https://www.ncdc.noaa.gov/cdo-web/>).

691 Finally, we also used Multi-angle Imaging Spectro-Radiometer (MISR) Level-3 AOD data at
692 $0.5^\circ \times 0.5^\circ$ (<https://giovanni.gsfc.nasa.gov/giovanni/>) and AERONET level-2 AOD data from
693 Kanpur (<https://aeronet.gsfc.nasa.gov/>).

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696 **Fig. S1. Aerosol trends over northern India using satellite data.** Time-series and linear trends
 697 for AOD averaged during crop burning (November in red), winter haze (December-January in
 698 blue) and annual (12 months from January to December) periods over the IGP for the period 2002
 699 to 2018, derived using Aqua/MODIS data. The trend value in crop burning period is >3 times
 700 larger than the annual mean trend, whereas the winter haze trend is >1.5 times larger than the
 701 annual mean trend.

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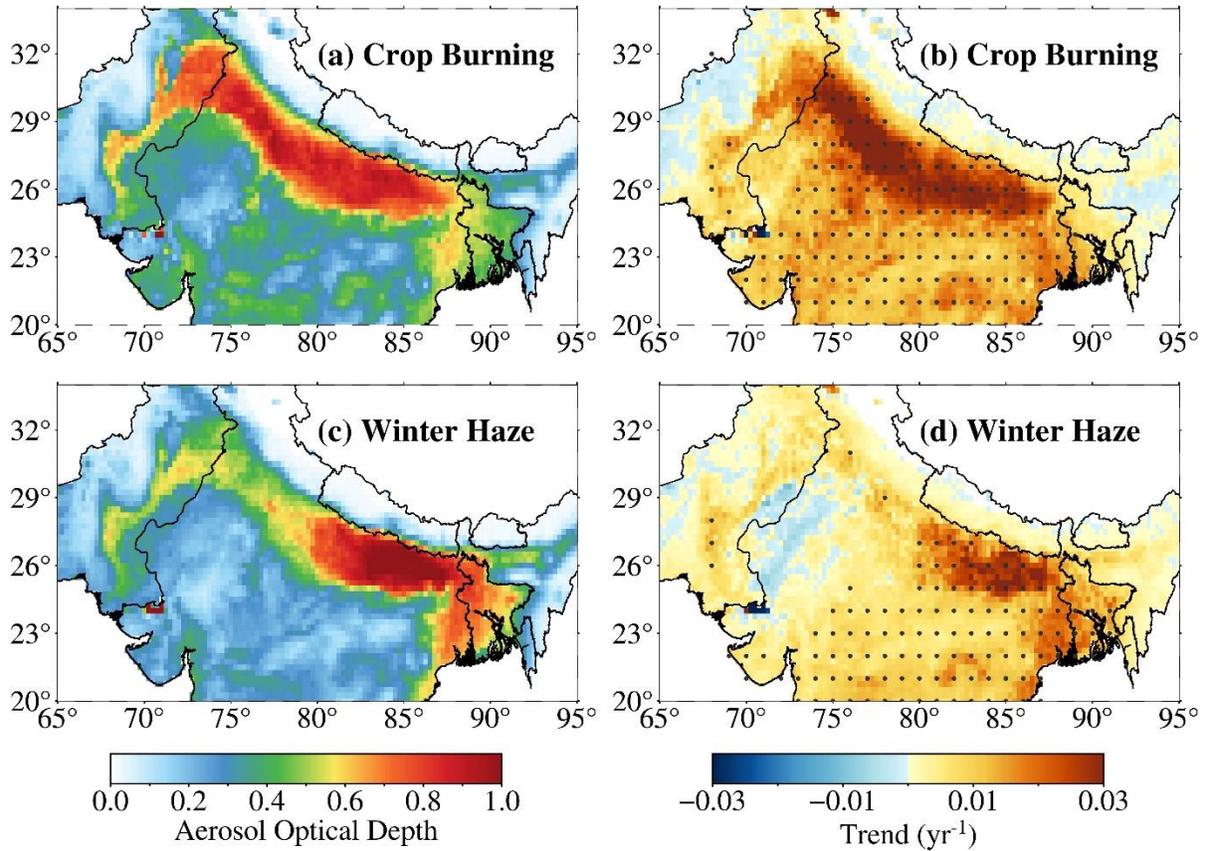
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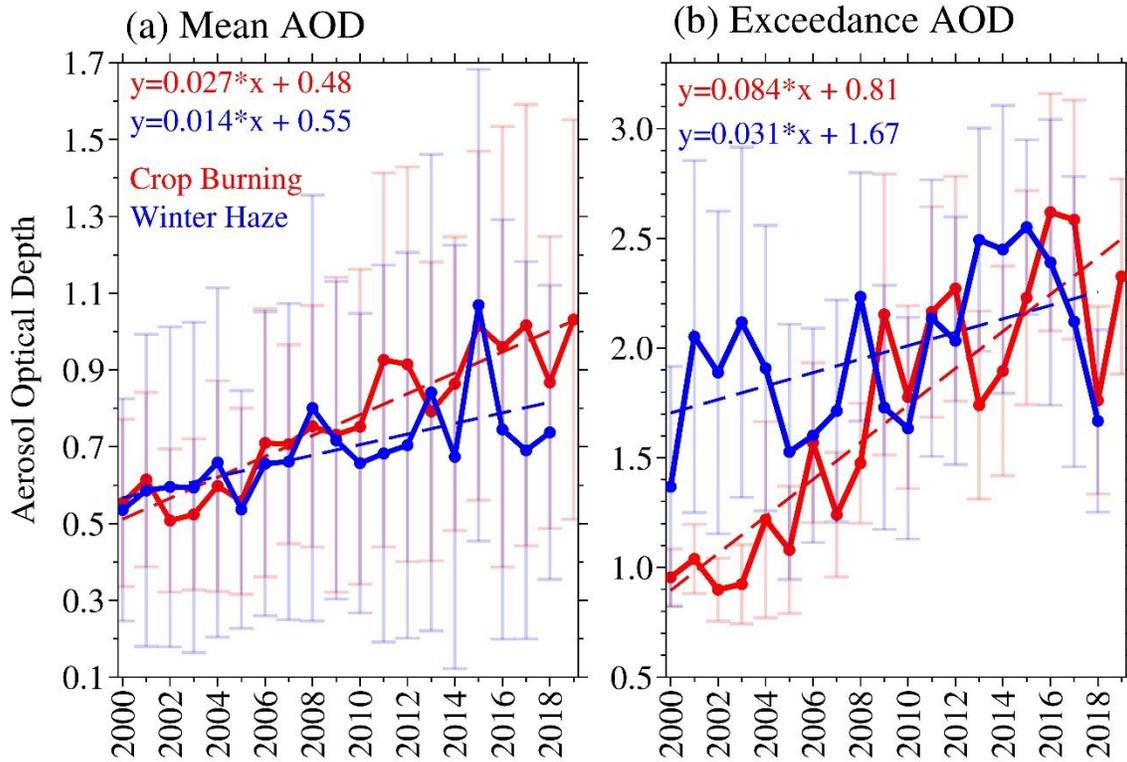
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711 **Fig. S2. Distribution and trends in smog over south Asia during the last two decades using**
 712 **satellite data.** Multi-year averaged aerosol optical depth (AOD) for crop burning (November) and
 713 winter haze (December-January) periods shown in (a) and (c) for the period 2000-2019, derived
 714 using Terra/MODIS observations. The AOD (unitless quantity) is largest across the IGP, as
 715 indicated by the warm shading. The corresponding linear trends in AOD (per year) for the 20-year
 716 period are shown in (b) and (d), with dots indicating statistical significance of trends at 95%
 717 confidence level.

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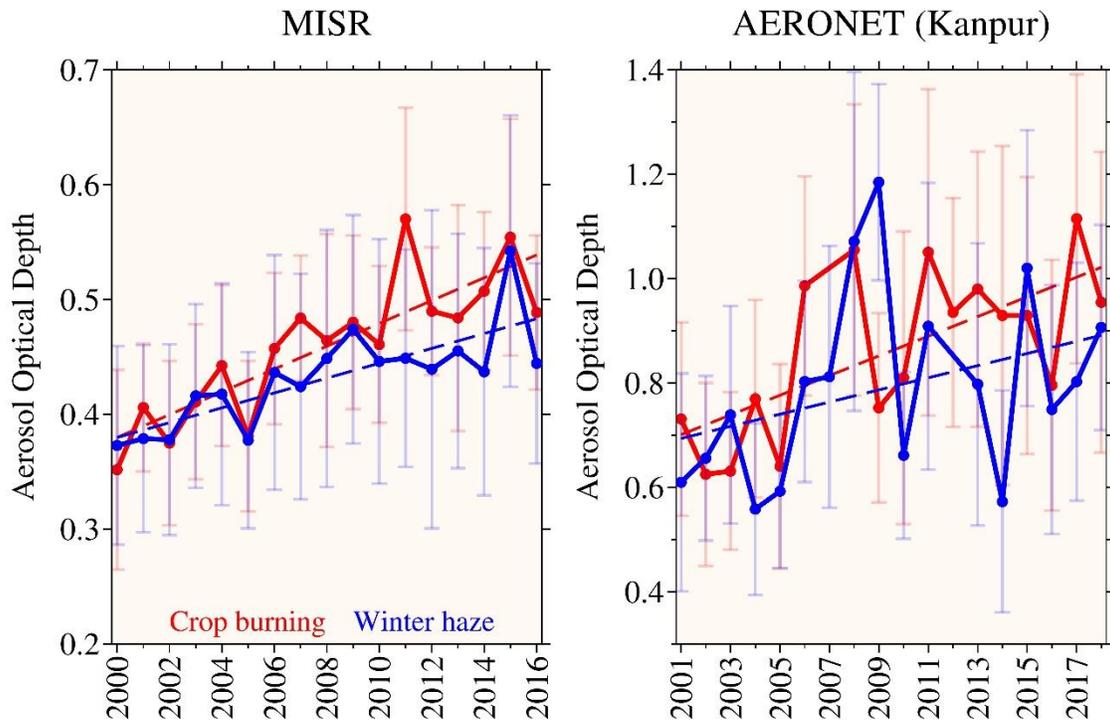


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720 **Fig. S3. Trends in aerosol extremes and aerosol-induced surface cooling and atmospheric**
 721 **warming.** Time series and linear trends for (a) mean AOD and (b) exceedance AOD, derived from
 722 Terra MODIS data, averaged over the IGP for crop burning (red) and winter haze (blue) months
 723 from 2000 to 2019. Error bars indicate ± 1 standard deviation.

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727 **Fig. S4. Aerosol trends over northern India from MISR and ARONET data.** Time-series of
 728 aerosol optical depth (AOD) averaged over the IGP during crop burning and winter haze periods
 729 from (left panel) the spaceborne Multiangle Imaging Spectroradiometer (MISR) and (right panel)
 730 the ground-based measurements from Aerosol Robotic Network (AERONET) measurements in
 731 Kanpur. Linear regression equation shows trend (slope as AOD yr⁻¹) and offset values.

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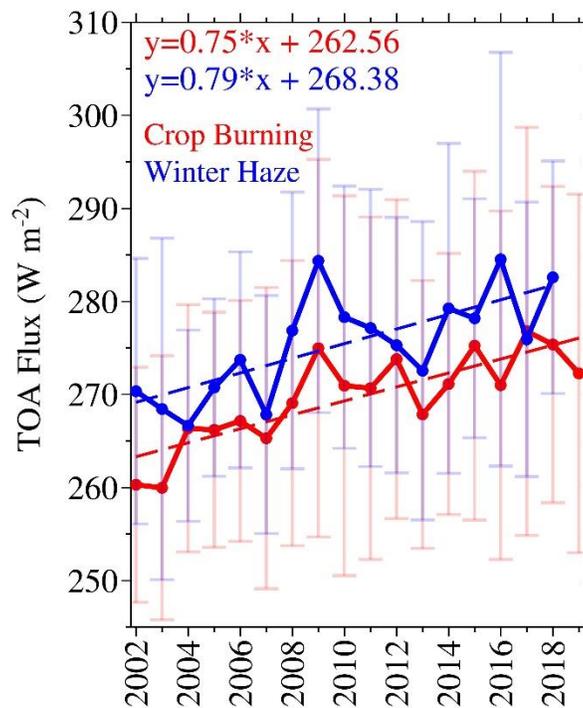
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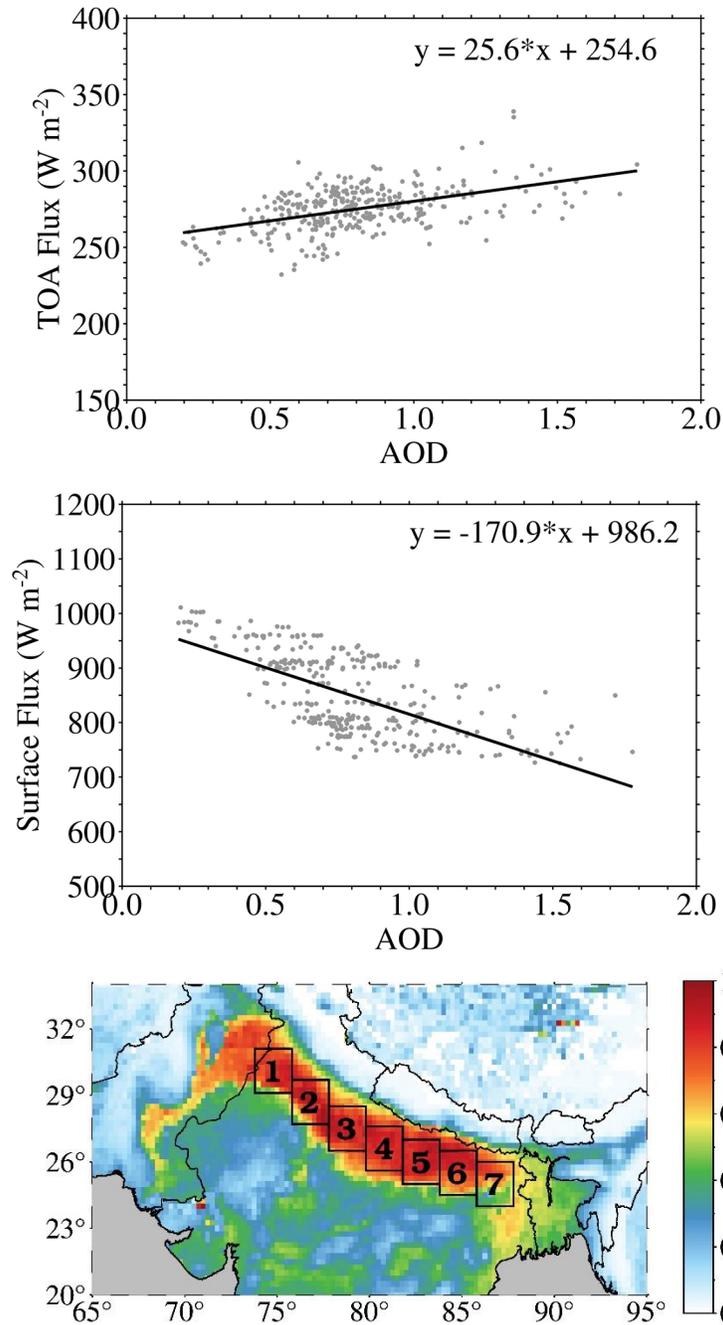
743 **Fig. S5. Changes in TOA shortwave flux over northern India.** Aerosol-induced changes in
 744 instantaneous top-of-atmosphere TOA shortwave flux (Wm^{-2}) averaged over the IGP during crop
 745 burning (red) and winter haze (blue) periods. TOA flux observations are obtained from CERES
 746 data, as described in the *Methods* and *SI Appendix Datasets* sections. The TOA flux follows an
 747 increasing trend for both crop burning and winter haze periods, as indicated by the linear
 748 regression. Error bars correspond to ± 1 standard derivation.

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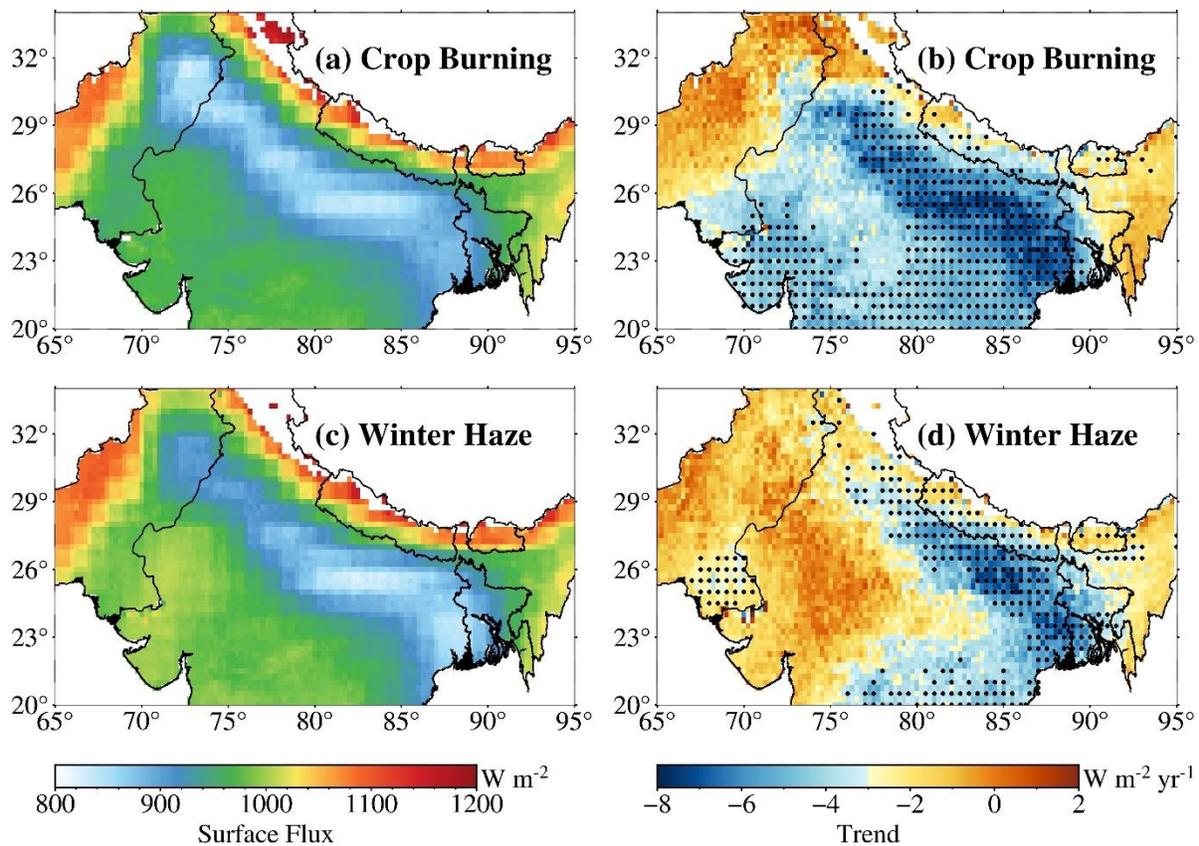
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755 **Fig. S6. Aerosol radiative forcing at TOA and surface.** Example of the relationship between
 756 instantaneous top-of-atmosphere (TOA) reflected shortwave flux, surface-reaching shortwave flux
 757 and aerosol optical depth (AOD) over a $2^\circ \times 2^\circ$ area #3 (shown in the bottom panel of this Figure)
 758 from northern India during the 2018 crop burning period (November). The TOA flux and AOD
 759 data were gridded to a quarter degree spatial resolution with cloud-screening applied to the TOA
 760 flux data. The brightening effect at TOA (top) is observed with enhancement in TOA flux as a
 761 function of increasing AOD; (middle) whereas a robust cooling effect is derived for surface-
 762 reaching shortwave flux as a function of increasing AOD.



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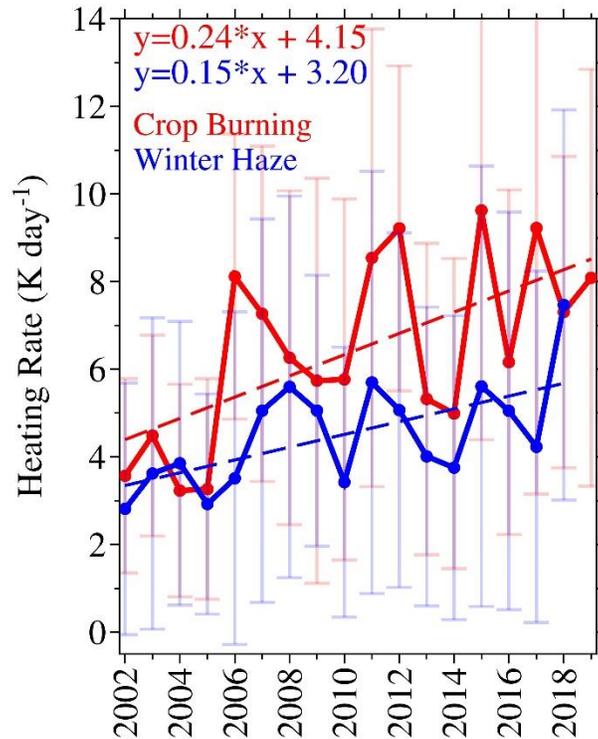
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Fig. S7. Climatology and trends in aerosol-induced surface cooling. Climatology of spatial distribution of instantaneous CERES satellite data-derived surface radiative flux averaged for the (a) crop burning and (c) winter haze periods. The radiative flux data are screened for clouds and therefore represent aerosol-induced surface cooling. The long-term climatological impact of aerosols extinction (scattering + absorption) is largest over northern India where we find the largest reduction in surface-reaching shortwave radiation (shades of white to blue), relative to other regions of southern Asia. The corresponding linear trends ($\text{W m}^{-2} \text{yr}^{-1}$) are shown in (b) and (d) for crop burning and winter haze periods, respectively. CERES data period for the climatology maps and trend analysis is 2002-2019. Black dots represent the statistical significance of the linear trends at 95% confidence level.



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781 **Fig. S8. Trends in aerosol-induced heating rate.** Aerosol-induced instantaneous atmospheric
 782 heating rate (K day⁻¹) averaged over the Indo-Gangetic Plains during crop burning (red) and winter
 783 haze (blue) periods, derived from atmospheric forcing computed with direct inputs from CERES
 784 data, as described in the *Methods* and *SI Appendix Datasets* sections. The heating rate follows an
 785 increasing trend for both crop burning winter haze periods, as indicated by the linear regression.
 786 Error bars correspond to ± 1 standard derivation.

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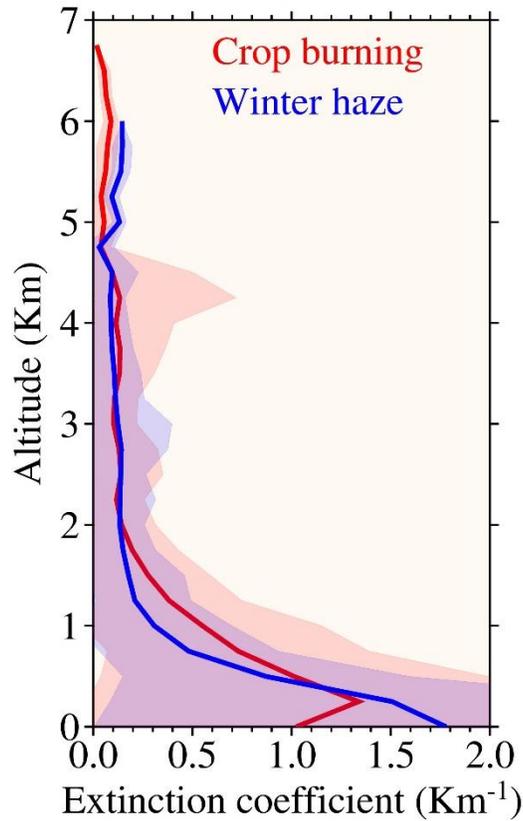
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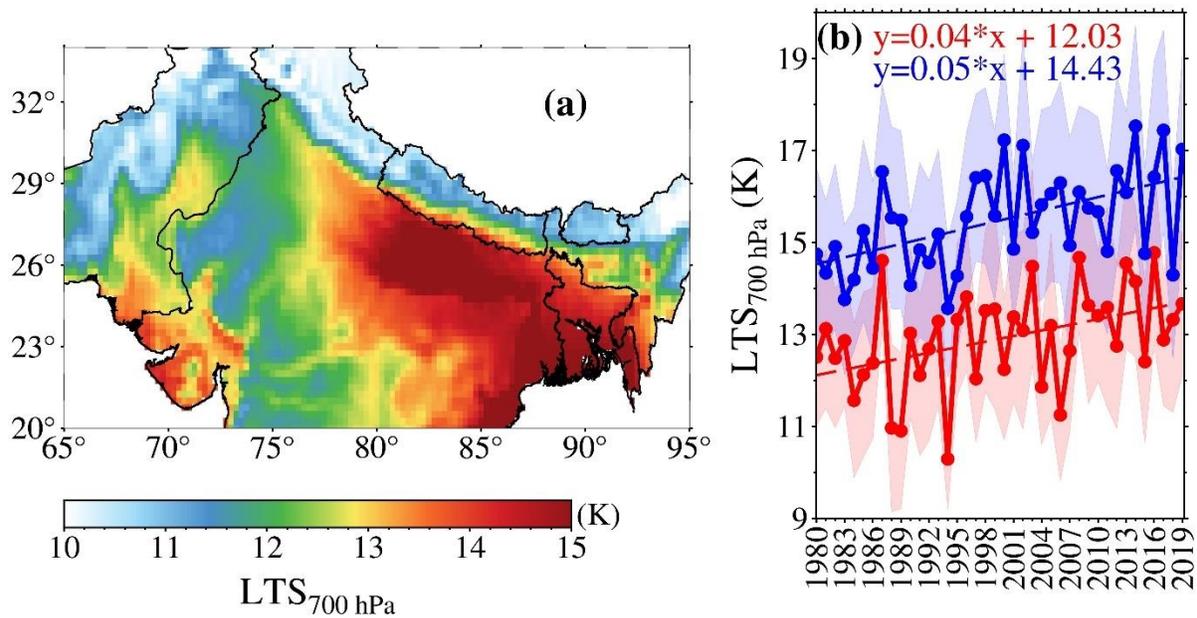
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797 **Fig. S9. Vertical distribution of aerosols over northern India.** The mean vertical distribution
 798 of spaceborne lidar measurements from CALIOP derived aerosol extinction coefficients over
 799 northern India during crop burning and winter haze periods for the period of 2015-2017. The
 800 aerosol extinction coefficient (km^{-1}) is shown as a function of altitude. The vast majority of aerosol
 801 extinction is located in the lowest ~ 1 km tropospheric layer above ground.

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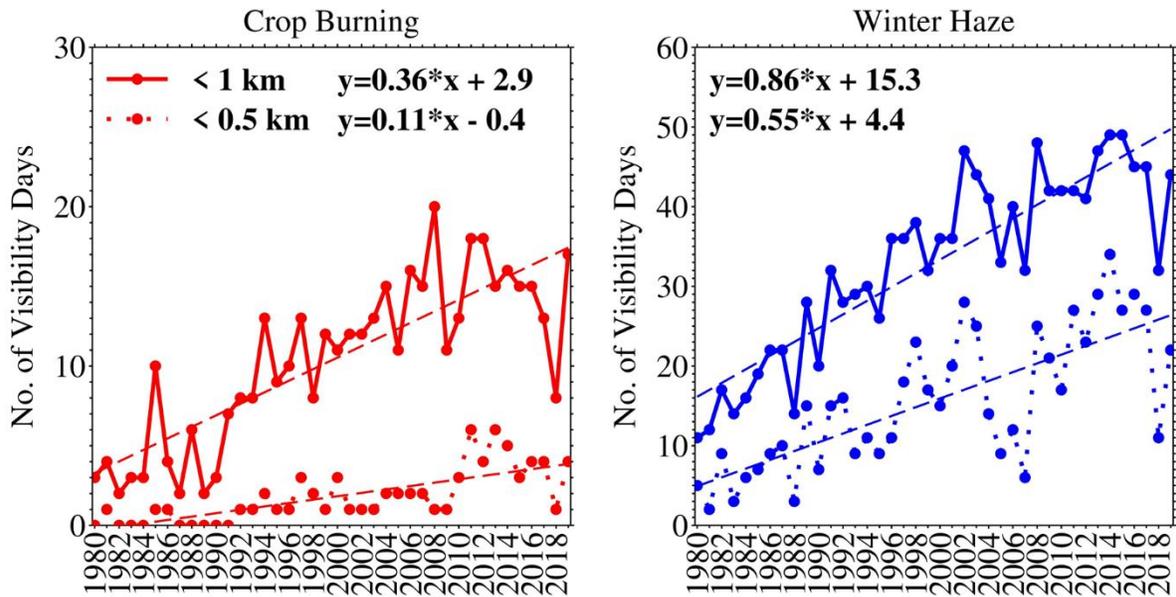
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 806 **Fig. S10. Climatology and trends in lower tropospheric stability.** Lower tropospheric stability
 807 (LTS) climatology and trends. The LTS calculated for 700 hPa relative to ground surface (shown
 808 for 850 hPa in Fig. 3) is shown as (a) the multidecadal average for the 3-month smog period
 809 (November – January) from 1980-2019, with enhanced LTS along northern India. (b) Long-term
 810 positive trends in LTS averaged over the IGP shown separately for crop burning (November mean
 811 in red) and winter haze (December-January mean in blue) periods. Shading represents ± 1 standard
 812 deviation.

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825 **Fig. S11. Visibility degradation in northern India in the last four decades.** Trends in the
 826 number of low visibility days from 1980 to 2019 averaged over northern India for (left) crop
 827 burning period in November (out of 30 days) and (right) winter haze period in December-January
 828 (out of 62 days). Days with visibility <1 km is shown in bold time series whereas <0.5 km in
 829 dotted. Linear trend lines are shown as dashed lines; with the corresponding regression equations
 830 indicated in the legend.

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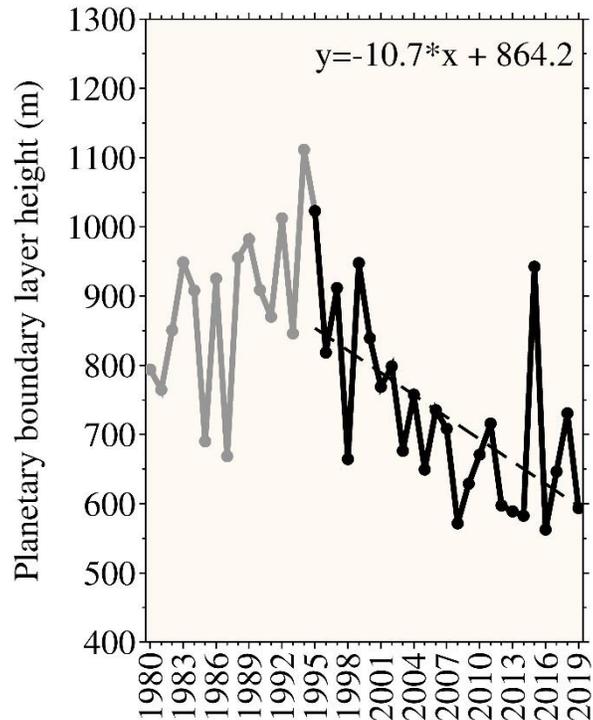
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844 **Fig. S12. Decline in planetary boundary layer over northern India.** Time series and trend of
 845 the monthly-mean planetary boundary layer (PBL) height (in meters) averaged over the IGP
 846 obtained from MERRA-2 reanalysis data. The PBL heights were averaged for the three-month
 847 period from November to January. The PBL height over the IGP follows a declining trend since
 848 the mid-1990s i.e. (shown in black), after an initial uptrend during the 1980s (shown in grey). The
 849 decreasing trend from 1995 to 2019 is $-10.7 \pm 2.9 \text{ m yr}^{-1}$, leading to a 30% reduction in PBL height
 850 during the 25-yr period. Linear trend line is shown as a dashed line; with the corresponding
 851 regression equation indicated in the legend.

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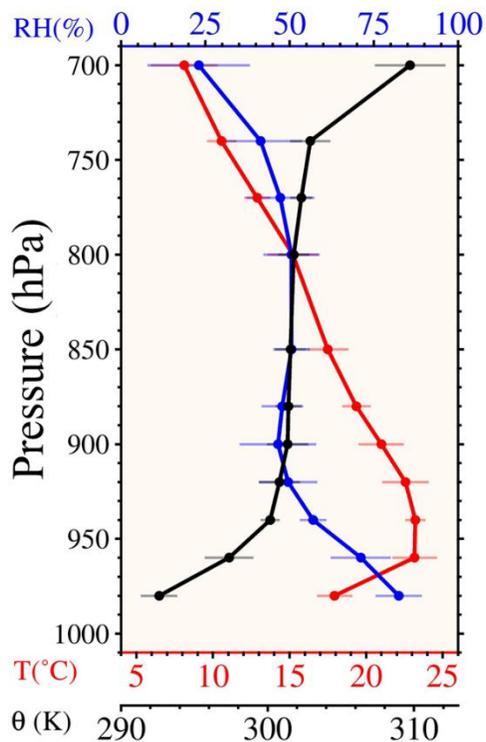
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Fig. S13. Vertical distribution of air temperature (red), potential temperature (θ in black) and relative humidity (upper axis in blue), averaged from 31 October to 6 November 2017 (5:30am local-time), indicating pronounced temperature inversion and high relative humidity in the lowest tropospheric layers associated with smog occurrence.

SI References

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