

## 7 **A 18,000-year Record of Tropical Land Temperature, Convective Activity and** 8 **Rainfall Seasonality from The Maritime Continent**

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### 25 **Highlights**

- 26 • First continuous, high resolution record of land temperature from the maritime continent
- 27 • Land temperatures of the maritime continent were *ca.* 5°C colder at the last glacial termination  
28 compared to today and *ca.* 2°C warmer during the mid-Holocene climate optimum
- 29 • Strong seasonality at the end of the last glacial until the early Holocene caused a savannah  
30 vegetation with regular biomass burning
- 31 • The strong seasonality greatly influenced dictating vegetation proxies like  $\delta^{13}\text{C}_{\text{wax}}$ , by  
32 influencing vegetation (C4 Savanna C4 vs C3 rainforest) and the mean annual water isotopic  
33 signal recorded as  $\delta\text{D}_{\text{wax}}$  and  $\delta^{18}\text{O}$
- 34 • Orbitally forced 'Wet Season Insolation' is positively correlated with both mean annual tropical  
35 temperature and the intensity of deep atmospheric convection.
- 36 • Indication of megadroughts at the onset of the Meghalayan period

### 37 **Keywords:**

38 Maritime continent, leaf wax hydrogen isotopes, carbon isotopes, biomass burning, seasonality,  
39 paleotemperature, paleohydrology, Late Glacial, Holocene  
40

41 **Abstract**

42 The maritime continent exports an enormous amount of heat and moisture to the rest of the globe  
43 via deep atmospheric convection. How this export has changed through time during over de Late  
44 Glacial period and through the Holocene is hardly known, yet critical for the understanding of  
45 global climate dynamics. In this study, we present a very well dated, continuous paleoclimatic and  
46 -environmental record from southern Thailand covering the last 18,000 years, including the first  
47 land-based temperature reconstruction of the maritime continent. Confirming a recent climate  
48 modelling study, we found evidence for a strongly seasonal climate for most of the late glacial  
49 period, causing biomass burning and suppression of rainforest growth, despite rising CO<sub>2</sub> levels  
50 and increasing mean humidity. Temperatures were *ca.* 5°C cooler than today during the last cold  
51 stadial periods, and *ca.* 2°C warmer between 7000-2000 yr ago. We also found that tropical wet-  
52 season insolation (WSI) is a primary driver of the strength of deep atmospheric convection, exerting  
53 a strong influence on the both the Monsoon systems and the Walker circulation, and hence on global  
54 climate dynamics.

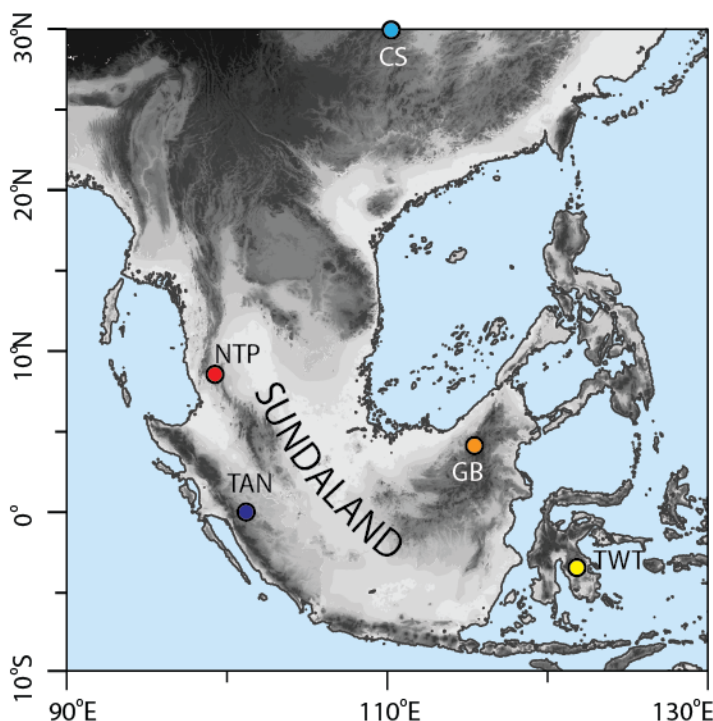
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57 **1 Introduction**

58 The maritime continent (MC) forms the central part of the Indo-Pacific Warm Pool (IPWP), defined  
59 as the equatorial region with sea surface temperatures (SST) above 28°C. This region is also called  
60 the ‘steam engine of the world’. It constitutes a critical component of the global climate system by  
61 providing large amounts of latent heat to the higher latitudes via deep atmospheric convection,  
62 particularly via the monsoon systems (De Deckker, 2016). The MC also forms a key node in the  
63 tropical Walker circulation above the Indian and Pacific Ocean, which is modulated by the El Niño-  
64 Southern Oscillation (ENSO) (Timmermann et al., 2018) and Indian Ocean Dipole (IOD) (Mohtadi  
65 et al., 2017). Changes in rainfall in the MC have large consequences for both society and  
66 ecosystems, where drought-induced biomass burning and peat oxidation can induce rapid release  
67 of large amounts of carbon to the atmosphere (e.g. Randerson et al., 2005). A major change in the  
68 MC over the last glacial-interglacial (G-I) transition was the inundation of formerly exposed  
69 Sundaland and the Sahul shelf north of Australia. It has long been recognized that the submergence  
70 of this vast tropical landmass – approximately the size of the Amazon basin - must have had  
71 substantial consequences for global-scale climate dynamics (Koutavas and Joanides, 2012; DiNezio  
72 and Tierney, 2013; Di Nezio et al., 2016; Mohtadi et al., 2017; Yamoah et al., 2021). Palynological  
73 data from the former North Sunda and Molengraaff rivers and their deltaic deposits indicate that  
74 the region was covered with lowland rainforest that included sedges, reeds, bamboo, palms and

75 ferns, suggesting fairly humid conditions throughout the last glacial maximum (LGM) around  
76 Borneo (Sun Xiang Jun and Sun Xiang Jun, 2002; Wang et al., 2009). In contrast, other proxy  
77 records from the region indicate drier conditions during the LGM (DiNezio and Tierney, 2013;  
78 Dubois et al., 2014). Highest ('driest')  $\delta^{18}\text{O}$  values are recorded in a Borneo speleothem record at  
79 that time (Partin et al., 2007), and evidence exists for forest contraction and generally drier  
80 conditions in both peninsular Malaysia and Palawan during the LGM suggesting the existence of a  
81 savannah corridor (Heaney, 1991; Wurster et al., 2010; Wurster et al., 2019). A viable explanation  
82 lies in rainfall seasonality, which can strongly impact proxy records of both vegetation and the  
83 recorded water isotope signal. A recent climate modelling study (Hällberg et al., 2022) found that  
84 the tropical SE Asian climate was strongly seasonal during the Late glacial, with very arid  
85 conditions during the northern Hemisphere winter period. The seasonal aridity was driven by orbital  
86 forcing and stronger East Asian winter monsoon caused by a much larger latitudinal temperature  
87 gradient than today. A breakdown of deep convection during NH winters caused a reorganized  
88 Walker Circulation and a mean state resembling El Niño conditions. Spatial coverage of high-  
89 resolution paleoclimate records from this vast region remains scant, however, which is partially  
90 explained by the fact that much of Sundaland has disappeared under the waves. Insight into the  
91 spatial patterns and mechanisms of the, sometimes rapid, climatic changes that occurred during the  
92 G-I transition, as well as over the Holocene, is therefore still limited for this climatically important  
93 region. In this study we present a high-resolution, very well dated (Fig. S1) and continuous 18,000  
94 year-long multi-proxy record from lake Nong Thale Prong (NTP,  $8^{\circ}17'\text{N}$ ,  $99^{\circ}37'\text{E}$ ) located in  
95 southern Thailand at the northwestern border of former Sundaland (Fig. 1).

96 Lake NTP is a shallow (<7 m water depth), small ( $\sim 210 \text{ m}^2$ ) karst lake at  $\sim 60 \text{ m}$  above sea level  
97 (Snansieng et al., 1976). More details of the lake setting can be found in an earlier publication  
98 (Yamoah et al., 2016) that focused on the ecological evolution over the last 150 years using ancient  
99 DNA and lipid biomarkers. We used the stable carbon isotopic composition of leaf wax-derived  
00 long-chain *n*-alkanes ( $\delta^{13}\text{C}_{\text{wax}}$ ) as a proxy for the relative abundance of C3 vs. C4 vegetation, which  
01 is influenced by  $\text{pCO}_2$ , temperature and seasonality (Dubois et al., 2014; Pinto et al., 2014). This  
02 data set was combined with the stable hydrogen isotope composition of the same leaf wax alkanes  
03 ( $\delta\text{D}_{\text{wax}}$ ) and charcoal to gain further information about hydroclimate (Sachse et al., 2012) and  
04 seasonality. We also present the first high-resolution land-based temperature record of the MC,  
05 based on bacterial-derived branched glycerol dialkyl glycerol tetraethers (brGDGTs) (Sun et al.,  
06 2011; Schouten et al., 2013; Russell et al., 2018). The combined proxy records reveal how the aerial  
07 exposure and subsequent inundation of Sundaland interacted with orbital and other climate forcings  
08 to impact the hydroclimate of SE Asia.



**Fig. 1. Location of Lake Nong Thale Prong (NTP) and other records mentioned in the text.** GB: Gunung Buda National Park speleothem, Borneo; TWT: Lake Towuti, Sulawesi; CS: Chinese Speleothems; TAN: Tangga cave, Sumatra. The map shows the extent of the emerged landscapes of former Sundaland during the last glacial maximum sea level low stand.

## 2. Materials and Methods

### 2.1 Sampling and sample processing

Two parallel sediment cores were retrieved in one-meter sections using a rod-operated Russian corer from a small raft at the deepest part of the lake. After recovery, the sections were wrapped in foil and secured and transported in PVC tubes to Stockholm University, where they were stored at 4°C until further description (Table S1) and analysis. Sub-samples were taken in contiguous 1-cm increments and split to accommodate subsequent analyses. One half of the samples was utilized for macrofossil and charcoal analysis and radiocarbon dating. The other half of the samples was freeze-dried and analysed for loss-on-ignition (LOI), bulk total organic carbon (TOC), nitrogen (TN) and their bulk isotopes (Table S4), lipid biomarkers and compound-specific hydrogen and carbon isotopes. For LOI, samples were dried overnight at 105°C, ground and then combusted at 550 °C for 3h. LOI was calculated as a percentage of the dry sample weight to obtain an estimate of the organic matter and carbonate content. In parallel, a sediment-water interface surface core covering the last 150 years was retrieved and sampled on site in one cm slices (Yamoah et al., 2016).

### 2.2 Macrofossil analysis and radiocarbon dating

33 Approximately 380 samples were sieved under running water (mesh sizes 0.5 and 0.25 mm) to  
34 recover plant macrofossils for radiocarbon dating. Plant remains were picked with tweezers under  
35 a binocular microscope, described, and rinsed multiple times in deionized water, placed in pre-  
36 cleaned glass vials and dried overnight at 105 °C. 59 samples were dated at the 14Chrono Centre,  
37 Queen's University Belfast, where pre-treatment and measurement followed the methodology  
38 described in (Chawchai et al., 2015). Based on these, an age-model (Fig. S1) was constructed using  
39 Bacon, a Bayesian statistics-based routine (Blaauw and Christen, 2011) that estimates the  
40 accumulation rate for sediment segments based on the radiocarbon dates calibrated using the  
41 intCal13 NH calibration curve (Reimer et al., 2013). Radiocarbon dates are given in Table S2.

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### 43 2.3 Bulk geochemistry

44 %TOC, %TN and bulk  $\delta^{13}\text{C}_{\text{org}}$  and bulk  $\delta^{15}\text{N}_{\text{bulk}}$  were measured on a Carlo Erba NC2500 elemental  
45 analyser, coupled to a Finnigan MAT Delta<sup>+</sup> mass spectrometer. To remove carbonates, samples  
46 were fumigated with HCl within a dessicator prior to analysis.  $\delta^{13}\text{C}_{\text{bulk}}$  is expressed in ‰ against  
47 the Vienna PeeDee Belemnite (VPDB) standard, and had an analytical error of less than  $\pm 0.15\%$ .  
48  $\delta^{15}\text{N}_{\text{bulk}}$  are reported in ‰ relative to air (N), with an analytical error of  $\pm 0.15\%$ . Results are listed  
49 in Table S3.

50

### 51 2.4 Lipid biomarkers

52 Lipid extraction was performed on freeze-dried samples by sonication with a mixture of  
53 dichloromethane and methanol (DCM-MeOH 9:1 v/v) for 20 minutes and subsequent  
54 centrifugation. The process was repeated three times and supernatants were combined. Aliphatic  
55 hydrocarbon fractions were isolated from the total lipid extract using silica gel columns (5%  
56 deactivated) that were first eluted with pure hexane (F1) and subsequently with a mixture of DCM-  
57 MeOH (1:1 v/v) to obtain a polar fraction (F2). A saturated hydrocarbon fraction was obtained by  
58 eluting the F1 fraction through 10% AgNO<sub>3</sub> impregnated silica gel using pure hexane as eluent.  
59 The saturated hydrocarbon fractions were analyzed by gas chromatography – mass spectrometry  
60 for identification and quantification, using a Shimadzu GCMS-QP2010 Ultra. C<sub>21</sub> to C<sub>33</sub> *n*-alkanes  
61 were identified based on mass spectra from the literature and retention times. The concentrations  
62 of individual compounds were determined using a calibration curve made using mixtures of C<sub>21</sub>-  
63 C<sub>40</sub> alkanes of known concentration and used to optimize the concentrations for compound-specific  
64 isotope analysis.

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### 66 2.5 Leaf wax hydrogen and carbon isotope analysis

67 The hydrogen isotopic composition of *n*-alkanes (expressed in delta notation in ‰ against  
68 VSMOW) was analyzed by gas chromatography–isotope ratio monitoring–mass spectrometry (GC-  
69 IRMS) using a Thermo Finnigan Delta V mass spectrometer interfaced with a Thermo Trace GC  
70 2000 using the HTC reactor of a GC Isolink II and Conflo IV system. Helium was used as a carrier  
71 gas at constant flow mode and the compounds separated on a Zebron ZB-5HT Inferno GC column  
72 (30 m x 0.25 mm x 0.25µm). A standard set of alkanes with known isotopic composition (obtained  
73 from A. Schimmelmann, Indiana University, USA) was used for daily calibration of the reference  
74 gas. The average standard deviation of δD values was 5‰. The reported δD<sub>wax</sub> values are the  
75 average of the most abundant long chain *n*-alkanes: C<sub>27</sub>, C<sub>29</sub> and C<sub>31</sub>. To correct for the higher  
76 global average of global oceanic δD during lower sea levels, the δD values of the *n*-alkanes were  
77 ice volume corrected (*c.f.* Tierney and deMenocal, 2013) as follows:  $\delta D_{wax-c} = (\delta D_{wax} + 1000) /$   
78  $(\delta O^{18}_w * 8 * 0.001 + 1) - 1000$ , with interpolated ocean water δO<sup>18</sup><sub>w</sub> values (Waelbroeck et al., 2002).  
79 δ<sup>13</sup>C<sub>wax</sub> was measured on the same compounds on the same system and the same isotope standards,  
80 except for the use of the combustion reactor. δ<sup>13</sup>C<sub>wax</sub> values are the average of C<sub>27</sub>, C<sub>29</sub> and C<sub>31</sub>  
81 alkanes, expressed in delta notation in ‰ against VPDB, with an average standard deviation of  
82 0.5‰. Results are presented in tables S5 (leaf wax δD) and S6 (leaf wax δ<sup>13</sup>C).

83

## 84 2.6 Glycerol dialkyl glycerol tetraether (GDGT) analysis

85 Branched glycerol dialkyl glycerol tetraethers (brGDGTs) were measured on the F2 fractions after  
86 reconstituting in MeOH:DCM 9:1 and subsequent filtration through 0.45 µm PTFE filters,  
87 following published protocols (Rattray and Smittenberg, 2020). Analysis was done using a Thermo-  
88 Dionex HPLC connected to a Thermo Scientific TSQ quantum access triple quadrupole mass  
89 spectrometer, using an APCI interface. Chromatographic separation was achieved on a Kinetex  
90 C18-XB reverse phase column using a gradient of mobile phase A: MeOH with 0.04% formic acid  
91 and mobile phase B: propan-2-ol with 0.04% formic acid. GDGTs were detected in SIM mode at  
92 *m/z* 1020 (scan width 7, 0.2s), 1034 (width 7, 0.2s), 1048 (width 7, 0.2s), 1296 (width 17.5, 0.5s).  
93 Quantification was performed using Excalibur software, using the (M<sup>+</sup>) and (M+1) ions of the  
94 GDGTs. More details can be found elsewhere (Rattray and Smittenberg, 2020). MBT and CBT  
95 proxies were calculated following Weijers et al. (2007). GDGT results and reconstructed MAAT  
96 are presented in table S7.

97

98 A basic prerequisite for the valid use of brGDGTs is a relatively high branched-over-isoprenoid  
99 tetraether (BIT) index, which was 1.0 throughout the core. Reconstructed pH values, based on the  
00 CBT index (Weijers et al., 2007) were 8.0±0.2 over the entire core, with lowest values during the

01 Younger Dryas and a downward trend for the last 2000 years (Fig. S4). This means that temperature  
02 is the dominant environmental factor exerted on the brGDGT distribution, and that confounding  
03 factors like changes in setting (e.g., between peat/wetland and lake) and pH (De Jonge et al., 2021)  
04 are likely minimal. At the time of measurement, we had not adopted the new HILIC-based method  
05 which separates between 5-methyl and 6-methyl branched GDGTs (Hopmans et al., 2016) but used  
06 our own method based on reverse phase chromatography (Ratray and Smittenberg, 2020), similar  
07 to the one used by (Zhu et al., 2013), and which compared well with the original method using a  
08 cyano column. As a consequence, we do not have individual quantifications of 5-methyl and 6-  
09 methyl branched GDGT isomers used in the revised  $MBT'_{5me}$  temperature proxy for mineral soils  
10 (De Jonge et al., 2014), peats (Naafs et al., 2017), or East African lakes (Russell et al., 2018).  
11 However, for high temperatures as is the case for our site, the main response to temperature is a  
12 shift between tetra- and pentamethylated GDGTs, which makes the differentiation between 5- and  
13 6-methyl GDGTs less relevant compared to colder environments.

14

### 15 **3 Results**

#### 16 **3.1 Proxy validation**

17 The relative abundance of tetra-, penta- and hexamethylated GDGTs plot in the same region as  
18 datasets produced with the HILIC method from east African lakes and from global soils and peats  
19 (Fig S4). This strengthens the confidence that the brGDGTs we measured can be used as a  
20 temperature proxy. Among the various GDGT-temperature calibrations that have been developed  
21 since the original one (Weijers et al., 2007), we chose to apply the global lake calibration of Sun et  
22 al. (2011) for lakes with  $pH < 8.5$ , which also included data from nearby lake Towuti:

23

$$24 \quad MAAT_{Sun-cal} = 3.949 + 38.213 MBT - 5.593 CBT \quad (\text{Eq. 1})$$

25

26 We performed a present-day proxy evaluation and calibration by comparing proxy data analyzed  
27 from the surface sediments with instrumental data for the last century. The MBT/CBT-based  
28 MAAT ( $^{\circ}C$ ) reconstruction using the global regression model of Sun et al. (2011) shows a good  
29 agreement with temperature observations in the region (closest grid point at  $8.25^{\circ} N$ ;  $99.25^{\circ} E$  from  
30 the University of East Anglia Climate Research Unit dataset CRU TS3.23) (Harris et al., 2014) for  
31 the overlapping period of 1903-2001. There is however an offset and overestimation of variability  
32 in the proxy reconstruction using the global lake calibration relative to the local temperature. To  
33 adjust the reconstruction to our local conditions, we re-calibrated the global reconstruction by  
34 replacing the mean of the  $MAAT_{Sun-cal}$  values obtained using the global regression ( $\mu_{proxy-global}$ ) and

35 standard deviation ( $\sigma_{proxy-global}$ ) with those of local conditions from CRU TS3.23. This was done by  
36 first normalizing the proxy record for the overlapping period 1903-2001 and then re-normalize it  
37 using the mean ( $\mu_{obs-local}$ ) and standard deviation ( $\sigma_{obs-local}$ ) of the local observations for the same  
38 time period (Eq. 2).

$$40 \quad MAAT_{i,local} = \left[ (x_{i,proxy-global} - \mu_{Proxy-global}) \frac{\sigma_{Obs-local}}{\sigma_{Proxy-global}} \right] + \mu_{Obs-local} \quad (\text{Eq. 2})$$

41  
42 resulting in a record of recalibrated  $MAAT_{RC}$  values. This re-calibration effectively adjusts the  
43 intercept and slope of the original calibration so that the proxy data reflects the mean and annual  
44 variability observed over the instrumental record. Generating a new calibration by regression of the  
45 GDGT data with the instrumental record is not straightforward, because the samples do not  
46 correspond to annual measurements but approximately 3 years, with an error of the age estimate  
47 based on  $^{210}\text{Pb}$  dating that increases with depth.

48 We even performed the same exercise using the original calibration (Weijers et al., 2007), and came  
49 to the same results (Fig. S4a). It is important to note that all data come from one location where the  
50 microbial ecology of the brGDGT-producing organisms and the dominant environmental factors  
51 vary much less compared to the globally distributed surface sediment datasets used to generate the  
52 GDGT calibrations. For reference, the RMSE of the East African lake calibration (Russell et al.,  
53 2018) is approximately  $2.5^{\circ}\text{C}$ .

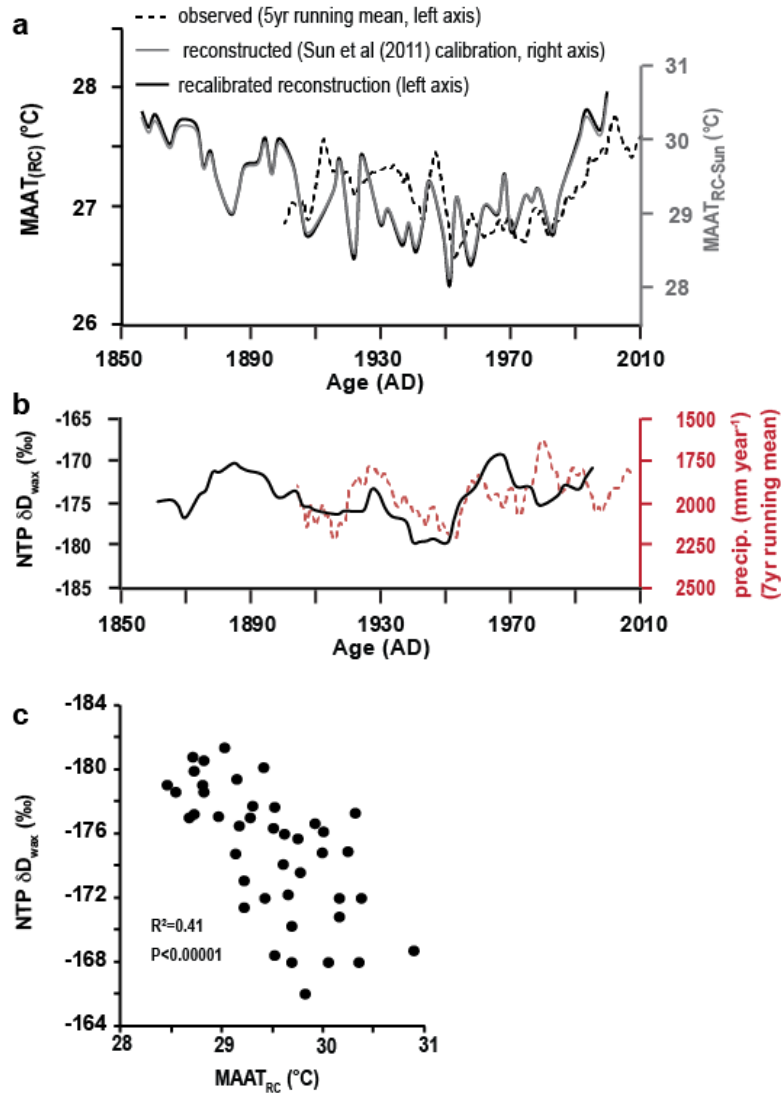
54  
55  $\delta D_{wax}$  of the surface core (Yamoah et al., 2016)(table S8) closely follows the annual precipitation  
56 amount (Fig. 2a), where a 10‰ decrease in  $\delta D_{wax}$  corresponds to a 25% reduction in rainfall. This  
57 confirms earlier work relating convective activity with both greater rainfall and isotopic  
58 fractionation (the 'amount effect', e.g. (Bony et al., 2008) assuming that  $\delta D_{wax}$  predominantly  
59 reflects  $\delta D_{precip}$  after biosynthetic fractionation. Previous research has shown that the hydrogen  
60 isotopic composition of both terrestrial and aquatic biomarkers generally reflects that of their source  
61 water, although with an offset primarily due to biosynthetic fractionation effects (Sachse et al.,  
62 2012, 2004; Sessions et al., 1999). In the humid tropics, the fractionation ( $\epsilon_{wax/water}$ ) was found to  
63 be fairly constant at 130‰ (Feakins et al., 2016). Using this fractionation factor, back-calculated  
64  $\delta D$  values for precipitation of the last century ranges between -40‰ and -60‰, reflecting actual  
65 measurements for the region (Wei et al., 2018).

66  $MAAT_{RC}$  and  $\delta D_{wax}$  correlate strongly with each other (Fig. 2c), and have the same relation to each  
67 other as observed during the seasonal cycle: clear skies during the drier seasons and years with less



68 convective rainfall allow for higher surface temperatures, whereas high clouds associated with deep  
 69 convection result in a cooling of the surface due to reflection (albedo) and atmospheric absorption  
 70 of shortwave radiation (Sobel et al., 2010), an effect that is particularly strong in monsoonal Asia  
 71 (Jalihah et al., 2019).

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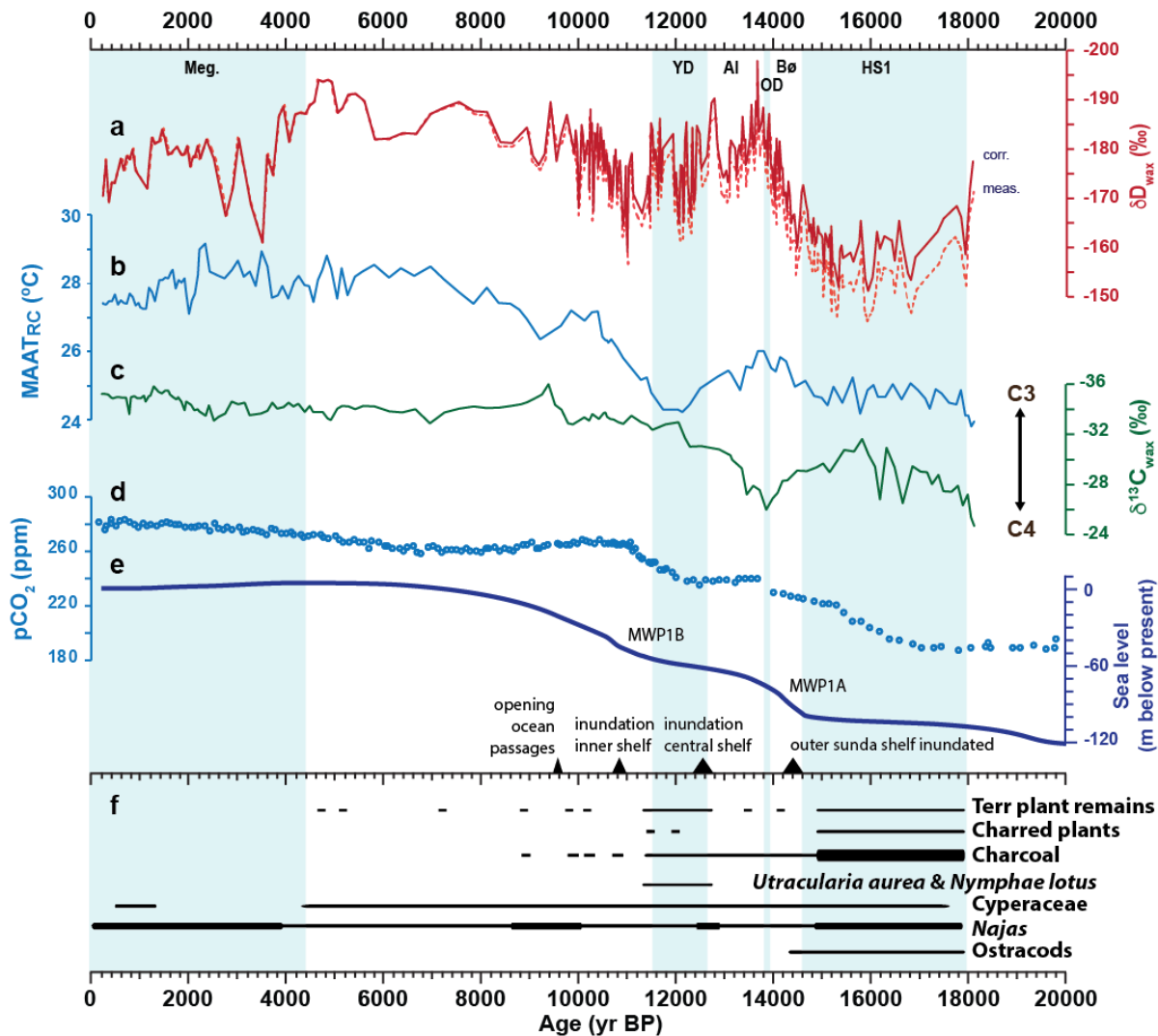


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**Fig. 2. Comparison of instrumental climate data with proxy data measured on the NTP surface sediments.** a) Mean Annual Air Temperature (MAAT<sub>RC-Sun</sub>) reconstructed using bacterial-derived branched GDGTs (right axis, grey), compared to observations (left axis, stippled black). To obtain a local calibration the reconstructed MAAT was scaled for amplitude and mean to correspond with the instrumental record (black, left axis). b) Instrumental rainfall data (right axis, stippled red) compared with  $\delta D_{wax}$  data from the same samples (Yamoah et al., 2016) suggests a good correlation between the two. c) Scatter plot of  $\delta D_{wax}$  and reconstructed MAAT from the same samples. Instrumental climate data are taken from the CRU TS monthly high-resolution gridded multivariate climate dataset, Version 4 (Harris et al., 2020).

84 3.2 Sedimentology and limnology

85 The 18,000 year-long lake NTP sequence consist of organic rich gyttja with TOC contents ranging  
86 between 10-40% (Fig. S2). TOC contents vary stepwise between 10 and 40% during the Late  
87 Glacial part of the core, high TOC contents between 9.5-4.2 ka BP, turning to somewhat lower and  
88 more variable contents over the last few millennia. Besides some variation caused by changes in  
89 minerogenic input, we interpret the TOC changes as mainly caused by alternations between  
90 meromictic conditions with permanent bottom water anoxia - leading to preservation of organic  
91 matter, and monomictic conditions - resulting in greater organic matter oxidation within the  
92 sediments. Stratification in tropical lakes is sensitive to small changes in the lake water level  
93 between wet and dry seasons, heat budgets and climate (e.g., wind stress), and other limnological  
94 or even ecological feedbacks (Lewis Jr, 1996). Given this multitude of factors, we do not attempt  
95 to interpret the TOC content. Notably, there is no correlation between the variable TOC content  
96 and the lipid biomarker proxies presented further below. This indicates that lake stratification and  
97 preservation of organic matter did not influence the primary climatic signal of our proxy records.  
98 The continuous occurrence of seeds of the aquatic plant taxon *Najas* (Fig. 3f; SI Table 4, Fig. S2)  
99 and a robust age model showing no large changes in accumulation rate indicates that the shallow  
00 lake never dried out. *Cyperaceae* spp. remains, mostly seeds, also occur continuously throughout  
01 the sequence, except for the last few millennia when they are nearly absent.  
02 The lower part of the sequence, deposited during Heinrich Stadial 1 (HS1, 18-14.7 ka BP), contains  
03 unidentified terrestrial plant remains including woody material, often co-occurring with charred  
04 plant remains and macroscopic charcoal; this was also the case for the Younger Dryas period (YD  
05 12.8-11.5 ka BP). Charcoal was most abundant during HS1, then declined towards the end of the  
06 Late Glacial period, with irregular occurrences until the early Holocene around 9 ka BP. Ostracods  
07 shells are abundant throughout the HS1, leading to high carbonate contents, and this declines during  
08 the Bølling (Bø 14.7-14.0 ka).



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10  
11 **Fig. 3. Proxy records of lake NTP of the last 18,000 years. a)**  $\delta D_{wax}$ , both as measured and corrected (stippled)  
12 for global sea level change. **b)** Reconstructed mean annual air temperature (MAAT<sub>RC</sub>). **c)**  $\delta^{13}C_{wax}$ . **d)** Atmospheric  
13 CO<sub>2</sub> levels (Monnin, 2006). **e)** Sea level reconstruction for the Sunda Shelf region (Hanebuth et al., 2011) **f)**  
14 Macrofossil and charcoal results. Thick line: very abundant; Thin line: present.  
15 Meg: Meghalayan period; YD: Younger Dryas; Al: Allerød; OD: Older Dryas; Bø: Bølling; HS1: Heinrich Stadial 1.  
16 MWP: Meltwater pulses.

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19 **3.3 Temperature reconstruction**

20 MAAT<sub>RC</sub> (Fig. 3b) stays around 23-24°C during HS1, a 5°C cooling compared to the present. This  
21 is more than the most recent estimate for the tropical ocean during the LGM (-4.2 to -3.7°C;  
22 (Tierney et al., 2020) but is in line with estimates based on tropical glacier snow line elevations  
23 (Porter, 2000). Temperatures rose during the Bø to reach a maximum of 26°C soon after the Older  
24 Dryas event (OD 14.0-13.8 ka BP), but declined during the Allerød (Al, 13.8-12.8 ka BP) and again  
25 reached stadial values at the end of the YD. With the start of the Holocene temperatures rose

26 steadily to reach 28-29°C between 7-2 ka BP. The last two millennia are characterized by a cooling  
27 trend to a present-day MAAT<sub>RC</sub> of around 27°C.

28

### 29 3.4 $\delta^{13}\text{C}_{\text{wax}}$ as combined proxy for pCO<sub>2</sub>, temperature and rainfall seasonality

30 Stable carbon isotope ( $\delta^{13}\text{C}$ ) values of both of the long-chain *n*-alkanes ( $\delta^{13}\text{C}_{\text{wax}}$ ) (Fig. 3c) and the  
31 bulk (Fig. S2) reflects a change from a landscape dominated by C4 grasses and sedges at the  
32 beginning of the record, to a humid tropical ecosystem dominated by <sup>13</sup>C-depleted C3 vegetation –  
33 likely forest - during the Holocene (*cf.* Garcin et al., 2014). The  $\delta^{13}\text{C}$  record broadly follows the  
34 evolution of atmospheric CO<sub>2</sub> (Fig. 3d). This lends support to the hypothesis that low CO<sub>2</sub>  
35 concentration favored C4 vegetation during the LGM (Ehleringer et al., 1997; Collatz et al., 1998;  
36 Pinto et al., 2014). Our observation compares well to tropical African records (Street-Perrott, 1997;  
37 Cerling et al., 1998; Sinninghe Damsté et al., 2011). Increasing fractionation against <sup>13</sup>C at higher  
38 pCO<sub>2</sub> levels and greater humidity (Diefendorf and Freimuth, 2017; Hare et al., 2018) – regardless  
39 of plant type, can explain part of the trend. An exception to the general trend of increasingly more  
40 negative  $\delta^{13}\text{C}$  from the LGM through the Holocene is a large excursion that starts at 16.0 ka BP,  
41 reaching the lowest  $\delta^{13}\text{C}$  values at 13.8 ka BP.

42

### 43 3.5 $\delta\text{D}_{\text{wax}}$ as proxy for precipitation

44 To further investigate past precipitation changes, we analyzed  $\delta\text{D}_{\text{wax}}$ , with higher resolution  
45 between 17-10 ka BP, to discern trends during deglaciation (Fig. 3a).  $\delta\text{D}_{\text{wax}}$  was corrected for the  
46 effect of global ice volume (Tierney and deMenocal, 2013). A confounding factor in the  
47 interpretation of  $\delta\text{D}_{\text{wax}}$  is the potential effect of changing vegetation and associated change in  
48 fractionation (Liu and Yang, 2008). For instance, C3 and C4 plant types tend to fractionate  
49 differently against deuterium and may moreover respond differently to drought in order to minimize  
50 water loss while still allowing gas exchange through the stomata (Wang et al., 2013; Garcin et al.,  
51 2014). The generally stronger biosynthetic fractionation against deuterium of C3 plants compared  
52 to C4 would however lead to an opposite behavior of  $\delta\text{D}_{\text{wax}}$  as observed: the increase in C4 during  
53 the Bølling period is associated with more negative  $\delta\text{D}_{\text{wax}}$ , not more positive. The same argument  
54 can be made from a possible transition from a grassy to more woody vegetation during the G-I  
55 transition, which would be expected to lead to less negative  $\delta\text{D}_{\text{wax}}$  values (Liu and Yang, 2008),  
56 but again the opposite is observed. From the perspective of vegetation change, our  $\delta\text{D}_{\text{wax}}$  record  
57 might thus even underestimate the original variations in source water  $\delta\text{D}$ .

58

## 59 4. Discussion

### 60 4.1 Late Glacial climate evolution

#### 61 4.1.1 Inferences from $\delta^{13}\text{C}$

62 The unusual  $\delta^{13}\text{C}$  excursion that starts at 16.0 ka BP suggests a renewed contribution of C4  
63 vegetation to the carbon pool in this interval, even though the excursion is coincident with continued  
64 warming and its onset correlates with a change in the rate of increase in atmospheric  $\text{pCO}_2$  (Fig. 3).

65 The behavior of the  $\delta^{13}\text{C}$  record indicates that the tropical lowland ecosystem of Sundaland  
66 represented an ecotone inhabiting the C3/C4 crossover line during the Late Glacial period. This  
67 ecosystem was sensitive to the antagonistic effects of rising  $\text{pCO}_2$  and rising temperature on C3  
68 versus C4 plants, where higher temperatures and/or lower  $\text{pCO}_2$  favor C4 plants. However, a third  
69 important climatic factor also favors non-perennial C4 vegetation: rainfall seasonality (Dubois et  
70 al., 2014). Seasonal dryness was likely promoted by the presence of Sundaland, which only became  
71 fully inundated around 11 ka BP during Meltwater Pulse 1b (Hanebuth et al., 2011). This large  
72 landmass prevented the dry northern winds of the Asian winter monsoon from picking up moisture  
73 over the Sunda Sea as they do today. This effect was probably promoted by orbital forcing:  
74 insolation during NH winter declined while summer insolation increased between the LGM and the  
75 end early Holocene, favoring the strength of both the winter and summer monsoon. Strong  
76 seasonality promotes biomass production during the wet season, which then serves as fuel for  
77 biomass burning during a longer dry season (Murphy and Bowman, 2007). This severely limits the  
78 establishment of perennial C3 forests that would otherwise outcompete non-perennial C4  
79 vegetation as atmospheric  $\text{CO}_2$  levels rose. The charcoal record (Fig. 3f, SI Table 4) provides  
80 evidence that fires were a persistent feature during the entire Late Glacial period, especially during  
81 HS1. We therefore conclude that the return towards a larger contribution of C4 vegetation after 16  
82 ka BP arose from a combination of rising temperatures with the continued rainfall seasonality,  
83 thereby offsetting the C3-promoting effect of increasing  $\text{pCO}_2$ . Our interpretation of strong  
84 seasonality concurs with CESM1 climate model simulation results that focused on the Late glacial  
85 period (Hällberg et al., 2022), which indicate that a large part of island SE Asia, apart from Borneo,  
86 experienced not only much reduced total rainfall compared to today, but especially a dry season  
87 lasting several months during NH winters. The trend toward increasing C4 (savannah) vegetation  
88 reversed after 13.8 ka BP, coinciding with highest  $\text{MAAT}_{\text{RC}}$  and one of the fastest increases of  
89  $\text{pCO}_2$ . Hällberg et al. (2022) found a strong seasonality for both 13 ka BP (i.e., Al) and 12 ka BP  
90 (i.e., YD) so gradual return to an increasing contribution of C3 (forest) vegetation was likely driven  
91 by the cooling trend that started already during the Al, supported by a further rise in  $\text{pCO}_2$  during  
92 the YD. It is also possible that the local area started to experience a lesser rainfall seasonality, and/or

93 higher general humidity, due to the ongoing inundation of Sundaland resulting in an ever more  
94 maritime climate despite the continuation of strong and dry winter monsoons until the start of the  
95 Holocene. The general trend in  $\delta^{13}\text{C}$  observed at NTP also is evident in the lower resolution IPWP  
96 record from Lake Towuti on Sulawesi (Russell et al., 2014)(Fig. S3), supporting the interpretation  
97 of the combined influence of  $p\text{CO}_2$  and rainfall seasonality over the entire IPWP over glacial-  
98 interglacial timescales.

99

#### 00 4.1.2 Inferences from $\delta\text{D}_{\text{wax}}$

01 Starting at 18 ka BP, the  $\delta\text{D}_{\text{wax}}$  record increases to reach highest (least negative) values around 16  
02 ka BP (Fig. 3), indicating that the driest conditions with the weakest convection and greatest  
03 evapotranspiration (Douglas et al., 2012) occurred during HS1, culminating at Heinrich Event 1.  
04 This is followed by a rapid decrease during the Bø, and, similar to the  $\text{MAAT}_{\text{RC}}$  and  $\delta^{13}\text{C}$  records,  
05 and subsequent a sharp reversal at the start of the Al.  $\delta\text{D}_{\text{wax}}$ ,  $\text{MAAT}_{\text{RC}}$  and  $\delta^{13}\text{C}$  track each other  
06 until the YD, with lower  $\delta\text{D}_{\text{wax}}$  accompanying higher  $\text{MAAT}_{\text{RC}}$ , suggesting warmer and wetter  
07 conditions, and vice versa. This is consistent with inferences from the  $\delta^{13}\text{C}$  record of patterns of  
08 change in C4 vegetation. The combined records suggest that the period of high rainfall seasonality  
09 may have had wetter wet seasons. However, climate model simulations (Hällberg et al., 2022)  
10 indicate generally dryer conditions even during the NH summer, besides strong NH droughts.

11 To explain the steep change in  $\delta\text{D}_{\text{wax}}$  between 16 and 14 ka BP, despite NH winter dryness, the  
12 convective strength over Sundaland must have increased, caused by rising temperatures during the  
13 Bø. Large-scale convective activity and rainfall amount are the dominant factors that influence  
14 water isotope values in tropical SE Asia, in addition to changes in moisture source region (Wei et  
15 al., 2018). Today, during NH summer (JJA), most moisture in southern Thailand is derived from  
16 the Indian Ocean, but during the wettest autumn season (SON) there is also a contribution from the  
17 South China Sea. In the past, however, moisture derived from evapotranspiration over Sundaland  
18 likely also contributed to the isotopic signature. At that time, longer air mass trajectories over land  
19 would have caused a larger rainout effect, leading to lower water isotope values similar to those of  
20 present-day mainland SE Asia (Wei et al., 2018). Lastly, the lower values might have been  
21 exacerbated by the seasonality of rainfall, because the final isotopic signal of water available for  
22 plant growth is biased towards that of the wet season (with lowest  $\delta\text{D}_{\text{precip}}$ ) because of its larger  
23 contribution to the weighted annual mean.

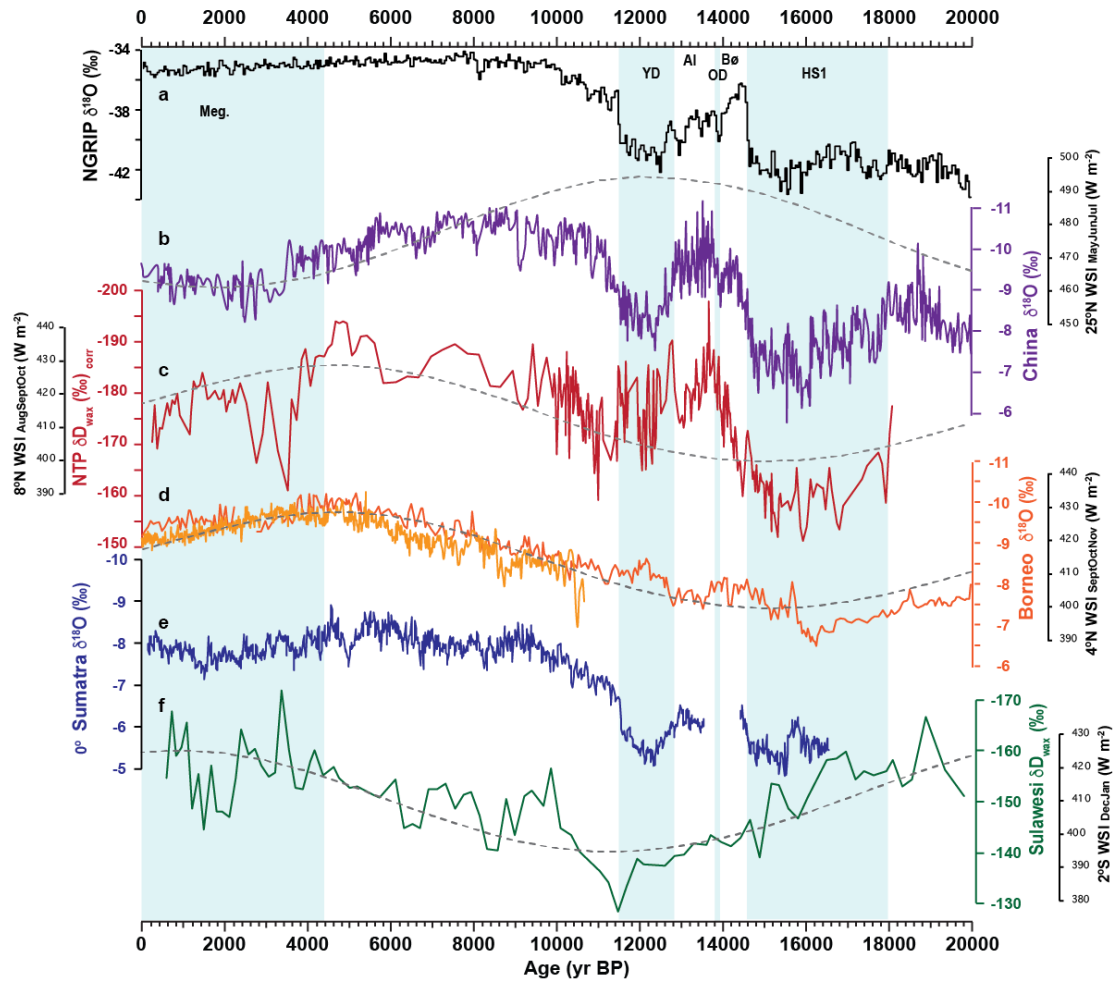
24

25

26 4.1.3 Inferences from the combined  $\delta D_{wax}$ ,  $\delta^{13}C$ , and  $MAAT_{RC}$  records

27 The rapid sea level rise during MWP1a changed the hydrologic gradient and reduced the flow of  
28 Sundaland river systems. Together with monsoon intensification this most likely transformed the  
29 entire Sundaland region into a vast expanse of tropical wetlands (De Deckker, 2016) with abundant  
30 moisture and isotope recycling comparable to the present-day Amazon basin. The parallel reversal  
31 of  $\delta D_{wax}$ ,  $\delta^{13}C$  and  $MAAT_{RC}$  around 13.8 ka BP, coincident with the OD event (Fig. 3), indicates a  
32 system change towards decreasing rainfall seasonality and a more marine climate. Higher year-  
33 round moisture availability would result in a greater contribution of less-depleted  $\delta D_{prec}$  during the  
34 cooler winter monsoon months, thereby raising annual mean  $\delta D$ . Lowering of  $MAAT$  can occur  
35 because of an increase in latent heat production and hence evaporative cooling throughout the year,  
36 at the expense of sensible heat. It is also possible that the cold winter monsoon had already started  
37 to strengthen during the AI period in response to a southward movement of the mean position of  
38 the intertropical convergence zone (ITCZ) caused by NH cooling, something that continued until  
39 the end of the YD (~11.5 ka BP). The hypothesis of a southward ITCZ is supported by the coherent  
40 patterns in the variability of  $\delta D_{wax}$  during the YD and the Greenland ice core  $\delta^{18}O$  record, with  
41 shifts in the mean position of the ITCZ in response to latitudinal temperature gradients (Yuan et al.,  
42 2018). After the YD, however,  $\delta D_{wax}$  continues to increase until 11 ka BP, in opposition to the rapid  
43 change in the Greenland record, but interestingly enough also opposite to the local  $MAAT_{RC}$ . We  
44 attribute this to the development of a more equable hydroclimate throughout the year, with an  
45 increased relative contribution of 'dry'-season rainfall with higher  $\delta D$  values, sourced from the Gulf  
46 of Thailand and the South China Sea.

47



48  
49

**Fig. 4. Comparison of isotope records.** a) Greenland ice core  $\delta^{18}\text{O}$  as a reference for NH temperature (Andersen et al., 2004). b) Combined Chinese speleothem  $\delta^{18}\text{O}$  (Cheng et al., 2016). c) NTP  $\delta\text{D}_{\text{wax}}$  corrected for sea level effect (this study). d) Borneo speleothem  $\delta^{18}\text{O}$  record (dark, (Partin et al., 2007) and light (Chen et al., 2016), orange). e) Sumatra speleothem  $\delta^{18}\text{O}$  record (Wurtzel et al., 2018). f) Sulawesi  $\delta\text{D}_{\text{wax}}$  record (Konecky et al., 2016). b-f are all plotted on the same scale where one unit in  $\delta^{18}\text{O}$  corresponds to 8 units in  $\delta\text{D}$  space, according to the global meteoric water line. Grey dotted lines over b-d and f show the solar irradiation averaged for the 2 or 3 wettest months (WSI: Wet Season Insolation) for the latitudes of the respective records (Laskar et al., 2004). No clear wettest period could be defined for Sumatra. Time periods are shown as in in Figure 3.

58

## 4.2 Orbital forcing of Holocene and Late Glacial climate, and seasonality effects

59

### 4.2.1 Wet Season Insolation

60

61 After 11 kyr BP,  $\delta\text{D}_{\text{wax}}$  and  $\text{MAAT}_{\text{RC}}$  vary again in tandem. Both show a generally asymptotic trend  
62 towards the warmest and wettest conditions peaking at  $\sim 4.5$  ka BP. This indicates that the ‘steam  
63 engine of the world’, the IPWP, was at full power during the mid-Holocene thermal maximum,  
64 exporting greatest amounts of latent heat, i.e. moisture, to the Northern Hemisphere during this  
65 time. This long-term coupling between  $\delta\text{D}$  and  $\text{MAAT}_{\text{RC}}$  at orbital to millennial scales is opposite  
66 to that of higher frequency relationships at annual to decadal scales (Fig. 2), where the total



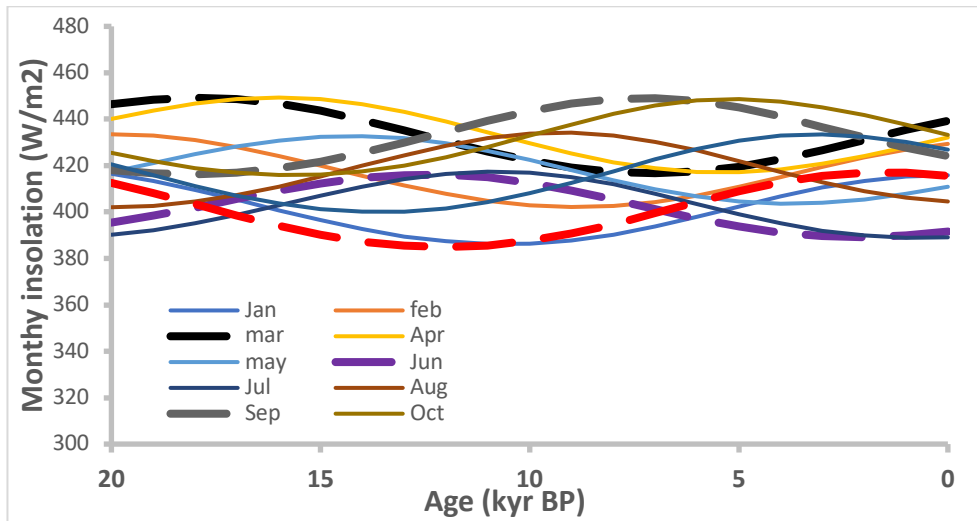
67 insolation is distributed between latent and sensible heat. Orbital-scale changes in the seasonal  
68 distribution of insolation apparently steer  $MAAT_{RC}$  and convective strength in the same direction.  
69 The precessional cycle has indeed long been identified as the dominant component of orbital forcing  
70 influencing tropical and monsoonal climate (Clement et al., 1999; Jalihalet al., 2019). NH summer  
71 insolation (JJA) is most commonly used to explain the waxing and waning of monsoon strength,  
72 even though leads and lags between proxy records exist. In the tropics, however, the season of most  
73 intense rainfall does not occur during JJA. Thus, we compare our records with 'wet season'  
74 insolation (WSI), i.e., the mean monthly insolation during the wettest part of the annual cycle at  
75  $8^{\circ}N$ . Indeed,  $\delta D_{wax}$  follows the insolation curve for the wettest months, September-November (Fig.  
76 4) (Laskar et al., 2004), although with a notable excursion during the Bø/Al-YD periods, which we  
77 attribute to the influence of increasing seasonality combined with a much stronger (cold) Asian  
78 Winter monsoon under Late glacial conditions when the higher latitudes were still significantly  
79 colder than today, as discussed above.

80

81 The 7% variation of WSI over the last 18,000 years ( $418 - 446 \text{ kW/m}^2$ ) (Laskar et al., 2004) thus  
82 appears to be a main driver of both surface (temperature) and atmospheric (latent, convective) heat  
83 flux. This observation is consistent with a Borneo ( $4^{\circ}N$ ) speleothem record (Chen et al., 2016),  
84 where  $\delta^{18}O$  is correlated with the wettest months at that latitude (Fig. 4). The  $\delta D_{wax}$  record from  
85 Lake Towuti (Sulawesi) has been interpreted as being driven primarily by changes in moisture  
86 source and air trajectories (Konecky et al., 2016), but it also shows a strong correspondence with  
87 WSI at  $2^{\circ}S$  (Dec&Jan, during the passing of the ITCZ; Fig. 4). Both  $\delta D_{wax}$  records (NTP and  
88 Towuti) show a sensitivity to WSI of  $-1.4\%$  per  $\text{W/m}^2$ , as does the Borneo record when scaled by  
89 a factor of eight for  $\delta^{18}O$  according to the global meteoric water line. Combined, these records  
90 provide further evidence for the influence of the precessional cycle on the isotopic composition of  
91 regional precipitation, via the combined mechanisms of regional convective activity and associated  
92 amount of precipitation. This is exacerbated by secondary effects of seasonality, which also affects  
93 the distribution between latent and sensible heat. In the tropics there is a clear correlation between  
94 insolation and rainfall amount (Fig. S7), with at present lowest values in June and July (Fig. 5)  
95 (Wurtzel et al., 2018). Over the course of a precessional cycle, the shift in seasonal distribution of  
96 solar energy can be as much as 15%, which must be causing a large effect on seasonality. At and  
97 near the equator, the 'dry' season may even have shifted from NH summer to SH summer (Fig. 5),  
98 and the wettest season more towards or away from the March and September annual maximums,

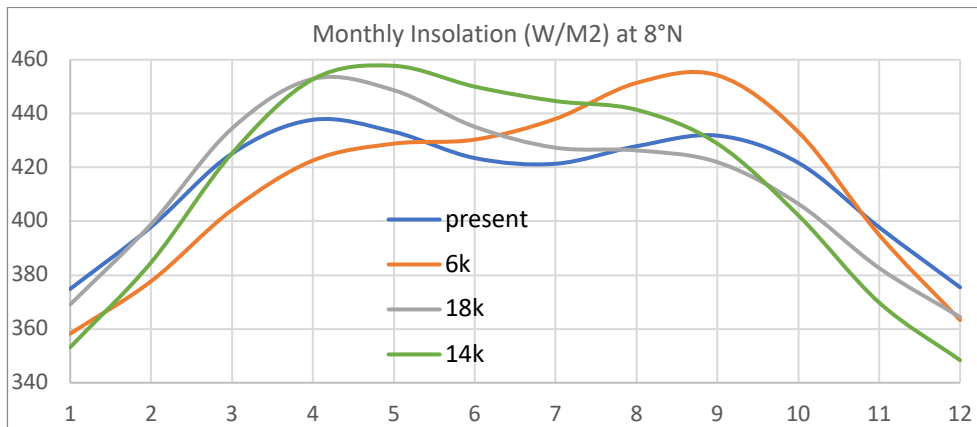
99 depending on the orbital phase. Because of this we did not assign a wet season insolation curve to  
 00 the Tangga Cave record at Sumatra (Fig. 4).

01  
 02



03  
 04 **Figure 5.** Monthly insolation curves for 0° (equator). Present-day (0 BP) June and July insolation are at their  
 05 precessional low, and these months have correspondingly lowest rainfall amounts (compare with Wurtzel et al.,  
 06 2018), while the months of December and January, with the same angle of the sun, have stronger insolation and  
 07 greater rainfall (See Fig S7). Assuming a dominant influence of insolation on convective activity, the annual  
 08 precipitation patterns likely change over the course of the precessional cycle.

09  
 10



11  
 12 **Fig. 6.** Annual insolation curves at 8°N over selected periods from the last 18,000 years (Laskar et al., 2004) clearly  
 13 showing the two maximums in April and August/September. Months are in numbers.

14

#### 15 4.2.2. Relation between WSI and mean annual temperature water isotopes

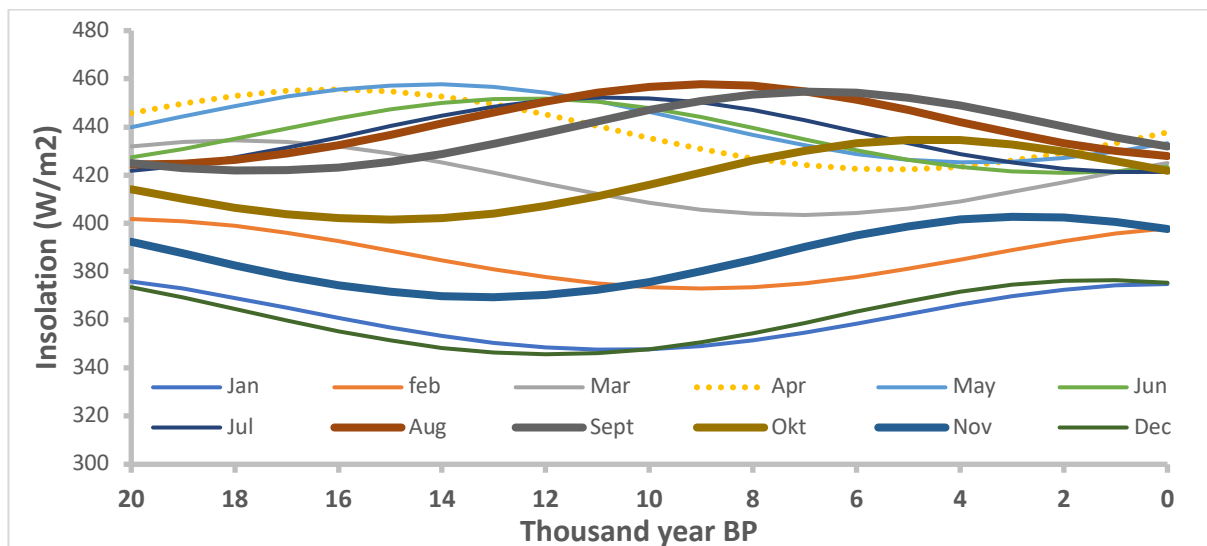
16 At our site lake Nong Thale Prong at 8°N, the present-day annual insolation curve exhibits two  
 17 highs: one in April and one in August/September (Fig. 6), when the sun's altitude is 90° at noon.  
 18 The annual movement of the ITCZ and the Monsoon system behaves in an attenuated fashion (Fig.  
 19 S5). From January onwards, temperatures rise (Fig. S6) but precipitation remains low until May,

20 because the ITCZ remains south. Dry conditions with low cloud cover cause low albedo, resulting  
21 in highest surface temperatures in April (Fig. S6). The ITCZ passes over quickly going northwards  
22 during May and June, to merge with the Asian Summer Monsoon system during the NH summer  
23 (Fig. S5). The Monsoon/ITCZ moves back towards the equator in NH autumn, causing the strongest  
24 period of convective precipitation over the northern IPWP from September-November (Figs. S5  
25 and S6). During this time, much of the incoming radiation is reflected by high convective clouds,  
26 or is used to generate latent heat, leading to reduced surface temperatures (Fig. S6).

27 Between 6-4 ka BP, perihelium (the moment the earth is closest to the sun during its elliptical orbit)  
28 occurred in September-October, causing 5% greater insolation in September compared to today  
29 (Fig. 6). This stronger WSI for the SE Asian Monsoon and the northern IPWP will have caused  
30 warmer ocean surfaces and subsequently greater evaporation and convective activity both in the  
31 northern Indian Ocean (specifically the Bay of Bengal), as well as the South China sea. All this  
32 explains that lowest  $\delta D_{\text{wax}}$  values are observed in the mid Holocene. On top of that, precipitation  
33 was likely lower in spring with low insolation levels (Figs. 7 and Fig S5), causing a stronger bias  
34 of autumn rainfall towards the annual mean.

35  
36 Higher mid Holocene MAATs result from a combination of drier and sunnier spring months,  
37 compensating for relatively low insolation levels (more sensible heat, less latent heat), and cloudy  
38 wet months that however receive highest solar inputs. Our data are thus consistent with the theory  
39 that the precessional cycle caused greater seasonality in the mid Holocene, compared to the low-  
40 seasonality period we currently experience. We discuss the interaction between precession and the  
41 annual cycle and its influence on precipitation seasonality and the mean annual isotope signal,  
42 together with MAAT, in further detail below.

43  
44



45  
46

47 **Figure 7.** Mean monthly insolation ( $W/m^2$ ) over the last 20,000 years for  $8^\circ N$  (Laskar et al., 2004), showing the  
 48 waxing and waning of insolation energy over the precessional cycle for the various months. Insolation maximizes  
 49 between 6-4 kyr BP for the wettest period SON (See Fig. S6). The insolation curves have the same shape for higher  
 50 latitudes, but have different absolute values. The mainland SE Asian summer monsoon peaks in JAS, with highest  
 51 insolation between 10-8 kyr BP and very low insolation at the present. Note that the age axis is reverse compared to  
 52 proxy records.

53

54 Looking further back at 20 kyr BP, the seasonal pattern of insolation is similar as today (Fig. 7),  
 55 but over the ensuing Late Glacial period (i.e., towards 14 ka BP) perihelion shifts towards NH  
 56 spring. Being a mirror case of the situation at 6 ka BP, this would cause higher convective activity  
 57 in the northern IPWP during spring with moisture sourced from the Pacific side. In NH autumn, the  
 58 lower insolation would have caused a weakened ITCZ convection. Different to today, however,  
 59 was the presence of Sundaland. Air masses coming from the northeast would not have been able to  
 60 pick up as much moisture as they can today over South China Sea. Consequently, the greater NH  
 61 spring insolation only could lead to more rainfall when Sundaland became a large wetland, allowing  
 62 more land surface evapotranspiration. Until then, the annual sum of precipitation would have  
 63 derived almost exclusively from the autumn. After 14 ka BP, the perihelion moves towards NH  
 64 summer, and insolation remains high from spring through summer and into the autumn. After 12  
 65 ka BP, insolation becomes ever more focused on the autumn (all autumn months go 'up'; Fig. 7),  
 66 until 6 ka BP, thus aligning ever more with the annual movement of the ITCZ and the period of  
 67 strongest convection. Over the last millennium, perihelium has shifted from NH winter towards  
 68 spring.

69

70 The relative strength of insolation and related convective activity distributed over the year will have  
 71 had its effect on the annual weighted mean of  $\delta D$  of precipitation. Results for nearby Phuket (Wei

72 et al., 2018) indicate only a relatively small range in  $\delta^{18}\text{O}$  through the year, from -2‰ (i.e.  $\delta\text{D} = -$   
73 7‰) in April to -8‰ ( $\delta\text{D} = -55‰$ ) in November, with an annual weighted average of -5.5‰ ( $\delta\text{D} =$   
74 -35‰). The moment a shorter season is responsible for the majority of the annual sum, i.e., when  
75 the perihelion aligns with the wettest months in autumn, then the weighted mean annual isotope  
76 value will shift towards that season. This is the likely situation in the mid Holocene around 6 ka BP  
77 where isotopically relatively heavy spring precipitation would have contributed less to the annual  
78 mean, while the stronger convective activity during the wet autumn season would have caused more  
79 depleted wet season precipitation. Together, this causes a bias towards lower mean annual  $\delta\text{D}$   
80 values at times of strong seasonality. This seasonal bias also means that there does not need to be  
81 any close relation between total annual rainfall and the mean isotopic composition. The seasonal  
82 bias on the mean annual isotopic composition is likely a factor that has influenced other isotope  
83 records from the tropics as well, instead of being solely caused by changes in rainfall amount or  
84 moisture source.

85

#### 86 4.3 Relation of IPWP climate with the Asian monsoon system and ENSO

##### 87 4.3.1 Export and attenuation of 'peak isotope' in SE Asia

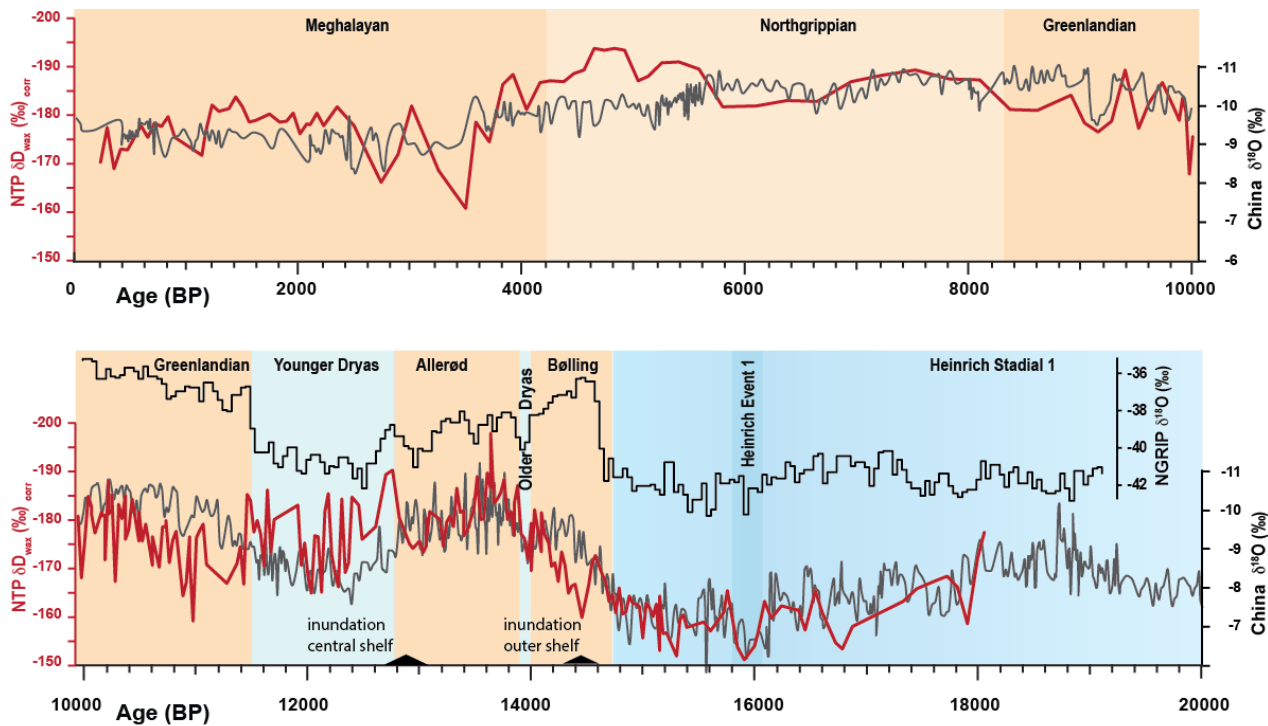
88 Lastly, we discuss the effect of the precessional cycle on advected moisture. In the early Holocene,  
89 perihelion (i.e., highest insolation) occurred during the start of the Asian summer monsoon, when  
90 the advected moisture in mainland SE Asia does not yet reach very depleted values ( $\delta^{18}\text{O} = -18‰$   
91 (Wei et al., 2018)). In the mid-late Holocene, however, perihelion has shifted to the autumn, at a  
92 time when the moisture reaching mainland SE Asia is already much more depleted. The expected  
93 shift of the Monsoon strength towards the autumn will thus also cause a shift in the mean isotope  
94 composition - even if at the local scale insolation and therefore total monsoon strength has already  
95 decreased. The end result is an attenuation of 'peak isotope', because of the source effect, and not  
96 because of the amount effect. This effect can explain the temporal shift of 'peak isotope' away from  
97 the time perihelium occurred during classical NH summer (JJA, between 10-8 ka BP) towards later  
98 (8-6 ka BP) as observed in the Chinese speleothem records.

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05 **Fig. 8. Comparison of the NTP  $\delta D_{wax}$  (this study) with the Chinese speleothem  $\delta^{18}O$  records** (Cheng et al.,  
06 2016). Both records resemble each other very well, including a number of short-term events like Heinrich Event 1.  
07 For reference, the Late Glacial Greenland  $\delta^{18}O$  (Andersen et al., 2004) record is also plotted. The records are scaled  
08 in the same way as in Fig. 4.  
09

#### 10 4.3.2 Influence of IPWP hydroclimate on the Asian monsoon and ENSO

11 The trends in the NTP  $\delta D_{wax}$  record are similar to those in the Asian speleothem  $\delta^{18}O$  records  
12 (Cheng et al., 2016; Zhang et al., 2019) (Fig. 8), including the OD event and the 'peak isotope'  
13 feature at the beginning of the Al. NTP  $\delta D_{wax}$  also tracks the Greenland ice core record (Fig. 8),  
14 reflecting the impact of high-latitude NH forcing on tropical climate. NTP receives most of its  
15 moisture from the Indian Ocean, in contrast to the East Asian speleothems, which also receive  
16 significant summer monsoon moisture from the East (Wei et al., 2018; Zhang et al., 2019). The  
17 shared patterns of variation are consistent with modeling studies (Yang et al., 2014; Pausata et al.,  
18 2011), which have shown that East Asian speleothem  $\delta^{18}O$  records reflect the isotopic composition  
19 of the advected moisture, as much or more so than rainfall amount, and that large-scale convection  
20 patterns are the main drivers of the isotopic composition of precipitation (Wei et al., 2018). Our  
21 results, which are similar to those from a recent study in northern Thailand (Yamoah et al., 2021),  
22 demonstrate that the exposure and inundation of Sundaland played a critical role in affecting the  
23 water isotopic composition not only across mainland East Asia, but also in Thailand. Hällberg et al. (2022)  
24 found a complete breakdown of convection over former Sundaland during NH winter for  
25 Lateglacial conditions, resulting in an El-Niño-like mean state with extended dry seasons. They

26 attribute this mainly to orbital forcing, combined with a still much colder NH hemisphere causing  
27 a much large temperature gradient between the tropics and the higher latitudes. The same factors  
28 that lowered  $\delta D_{wax}$  at our site (more rainout and more land-derived moisture from Sundaland, and  
29 greater seasonality), must also have applied further inland. Remote processes upstream of the SE  
30 Asian Monsoon, such as the presence / inundation of Sundaland, precession-forced changes in WSI  
31 in the lower tropics, and seasonality, need to be considered when interpreting SE Asian water  
32 isotope records in sediments and speleothems. Experiments with isotope-enabled general  
33 circulation models are needed to gain further insight.

34

#### 35 4.4. Late Holocene droughts

36 Another last notable feature of the  $\delta D_{wax}$  record are the positive ('dry') excursions between 4 and 3  
37 ka BP, which is coincident with the onset of the Meghalayan age (Fig. 3), characterized by  
38 megadroughts observed in multiple regions (Kathayat et al., 2018). The dry events occur on top of  
39 a general decline in convective activity, which follows the decrease in WSI after 5 ka BP. Our  
40 results of a wettest and warmest mid Holocene extend the recent finding (Dang et al., 2020) of a  
41 warmer mid Holocene thermocline in the IPWP east of 115°E, caused by greater September  
42 insolation. The warmer and deeper thermocline causes a stronger zonal thermal difference across  
43 the equatorial Pacific, which further promotes deep atmospheric convection and rainfall over  
44 western equatorial Pacific in a positive feedback mechanism, inducing a stronger Walker  
45 circulation and suppression of ENSO activity. This mechanism weakened when WSI in the northern  
46 IPWP lessened, which may have allowed the crossing of a climate tipping point allowing ever  
47 greater ENSO activity. The interaction of the precessional and seasonal cycles that act upon the  
48 IPWP, being the 'steam engine of the world', thus appears to play a decisive role in global climate  
49 dynamics by regulating the amount of latent heat exported to the higher latitudes and dictating the  
50 existence and strength of ENSO. In this respect, we even speculate that the inundation and warming  
51 of Sundaland and may have provided a key positive feedback mechanism during the last G-I  
52 transition, and possibly also earlier ones.

53

54

## 55 5. Conclusions

56 A main conclusion that can be drawn from our multi-proxy record is that seasonality is a major  
57 factor that needs to be taken into consideration when interpreting climate and vegetation proxies  
58 like  $\delta^{13}C_{wax}$  and  $\delta D_{wax}$ . Our data show that over the Late Glacial period the aerially exposed  
59 Sundaland experienced a more continental and especially more seasonal climate than today with

60 biomass burning during dry winters, favoring C4 (Savannah) vegetation. This feature is most  
61 apparent during the Bølling period that saw a rapid warming and strong increase in seasonal  
62 precipitation conditions. A key turning point in a tug-of-war between pCO<sub>2</sub>, temperature and  
63 seasonality as the three driving factors determining the ratio of C3 and C4 vegetation was the Older  
64 Dryas event at 13.8 ka BP, after which climate evolved towards that of the year-round humid  
65 climate known from the present day. Our Holocene record shows a clear mid-Holocene optimum  
66 of deep convection in the northern IPWP, indicating that the ‘steam engine of the world’ was at full  
67 power exporting greater amounts of (latent) heat, i.e. moisture, to the Northern Hemisphere during  
68 this time. This declined over the last 5000 years, with dramatic effects starting in the Meghalayan  
69 age at 4.2 ka BP where we find some evidence of severe droughts. Inferred from our own and from  
70 other records, we argue that ‘wet season’ insolation (WSI), following the precessional cycle,  
71 predicts convective strength, rainfall amount and intensity, distilling into an isotope effect of -1.4‰  
72 for δD (and -0.175‰ for δ<sup>18</sup>O) per W/m<sup>2</sup> for the WSI. It is this weighted mean isotope signal that  
73 gets predominantly recorded in water isotope-based proxies. Moreover, we observe a long-lasting  
74 coupling between the hydrological cycle and MAAT, where temperatures are driven by the  
75 cumulative effects of rainfall (cloud) seasonality imposed by the precessional cycle, even though  
76 mean annual insolation hardly changes. Our first, continuous record of mean annual terrestrial  
77 temperature from tropical SE Asia confirms earlier compiled evidence that tropical temperatures in  
78 the LGM were 4-5°C lower than today. The close resemblance of our record with other Asian  
79 speleothem δ<sup>18</sup>O records indicates that the tropical SE Asian climate is dictated by the combined  
80 effects of the precessional cycle, seasonality, and the changing continentality of the IPWP region  
81 over glacial cycles due to sea level change. Our results highlight the importance of the IPWP as the  
82 ‘steam engine of the world’ to global climate, and how it responds to orbital forcing and sea level  
83 change.

84

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90

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93



94 **Author contributions**

95 Conceptualization: RHS, BW

96 Sampling: BW, KAY, AC, SC

97 Analysis: BW, KAY, RHS, MV, SC

98 Supervision: RHS, BW

99 Writing : RHS

00 Commenting: BW, KYA, FS, MV, SC, AC

01 **Competing interests:** Authors declare that they have no competing interests.

02

03 **Data and materials availability:** The data presented in this paper is available online as csv files  
04 and as excel file at the Bolin Centre of Climate Research Database:

05 Barbara Wohlfarth, Rienk Smittenberg (2022) Temperature and hydrological data for the last  
06 18,000 years from Lake Nong Thale Prong, Southern Thailand. Dataset version 1. Bolin Centre  
07 Database.

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09

10 **Supplementary Materials**

11

12 Figures S1-S7

13

14 Tables S1-S8 are available at the Bolin Center for Climate Research database:

15 <https://doi.org/10.17043/wohlfarth-2022-nong-thale-prong-1>

16

- 17 • Table 1. Composite stratigraphy
- 18 • Table 2. Radiocarbon data
- 19 • Table 3. Plant macrofossil and charcoal data
- 20 • Table 4. Bulk geochemistry: TOC, TN, LOI, bulk  $\delta^{13}\text{C}$  and bulk  $\delta^{15}\text{N}$
- 21 • Table 5. Leaf wax  $\delta\text{D}$
- 22 • Table 6. Leaf wax  $\delta^{13}\text{C}$
- 23 • Table 7. GDGTs and reconstructed MAAT
- 24 • Table 8. Surface Core GDGTs, reconstructed MAAT, leaf wax  $\delta\text{D}$  and instrumental  
25 MAAT

26

27

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64 *Supplementary Figures*

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66 **A 18,000-year Record of Tropical Land Temperature, Convective Activity and**  
67 **Rainfall Seasonality from The Maritime Continent**

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69 Rienk H Smittenberg <sup>1\*</sup>, Kweku A Yamoah <sup>1†</sup>, Frederik Schenk <sup>1,2</sup>, Akkaneewut Chabangborn <sup>1‡</sup>,  
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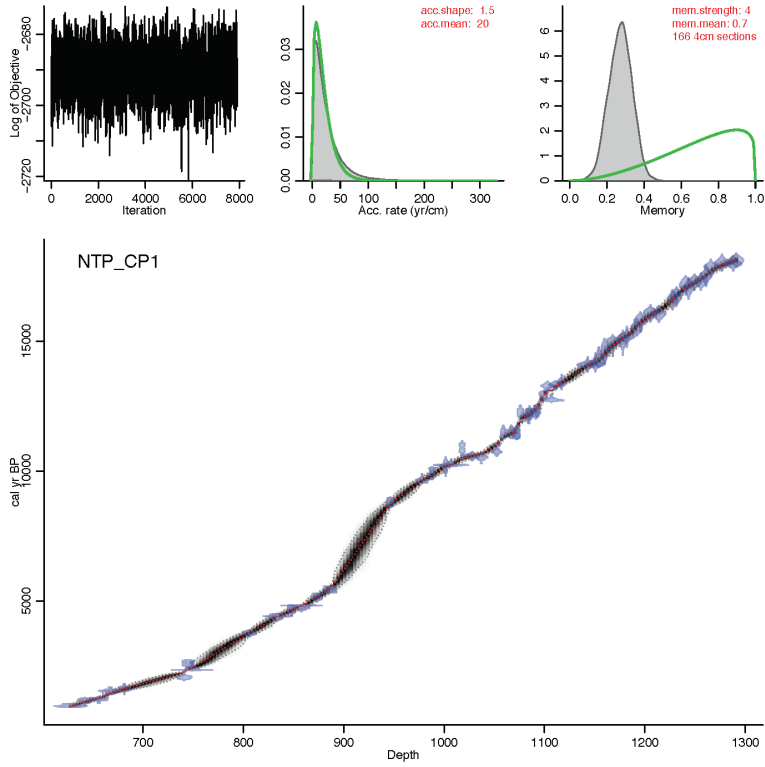
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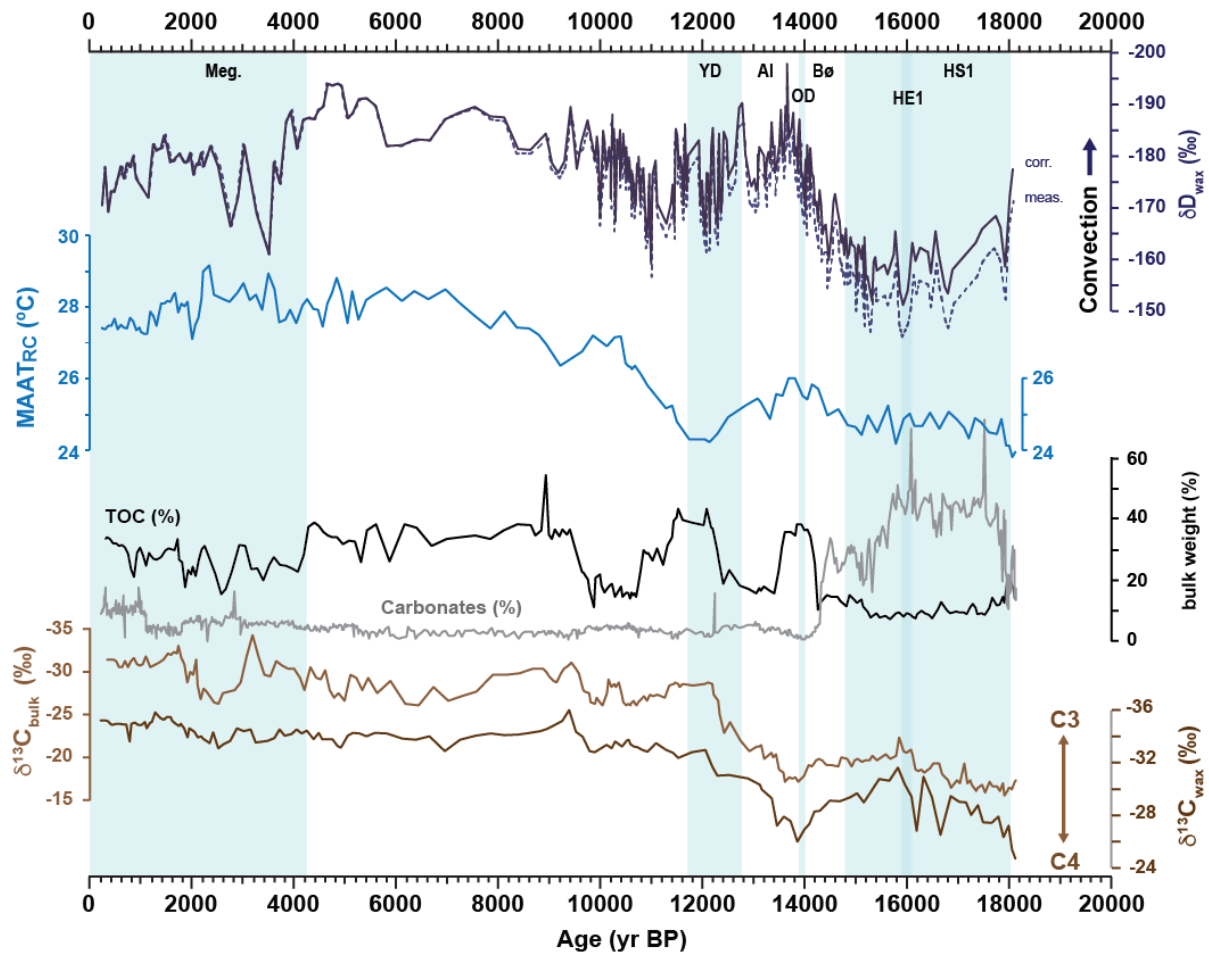
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**Figure S1.** Age model of Lake Nong Thale Prong. Depth is expressed in meter below lake level.



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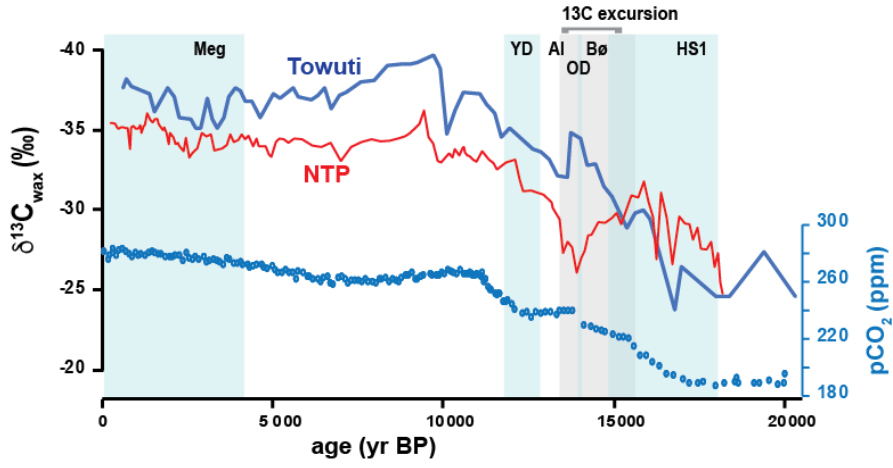
86 **Figure S2.** Proxy records of lake Nong Thale Prong, with elements of Fig. 3 in the main paper, extended  
87 with TOC content, bulk  $\delta^{13}\text{C}$ , and carbonate content based on loss-on-ignition.  
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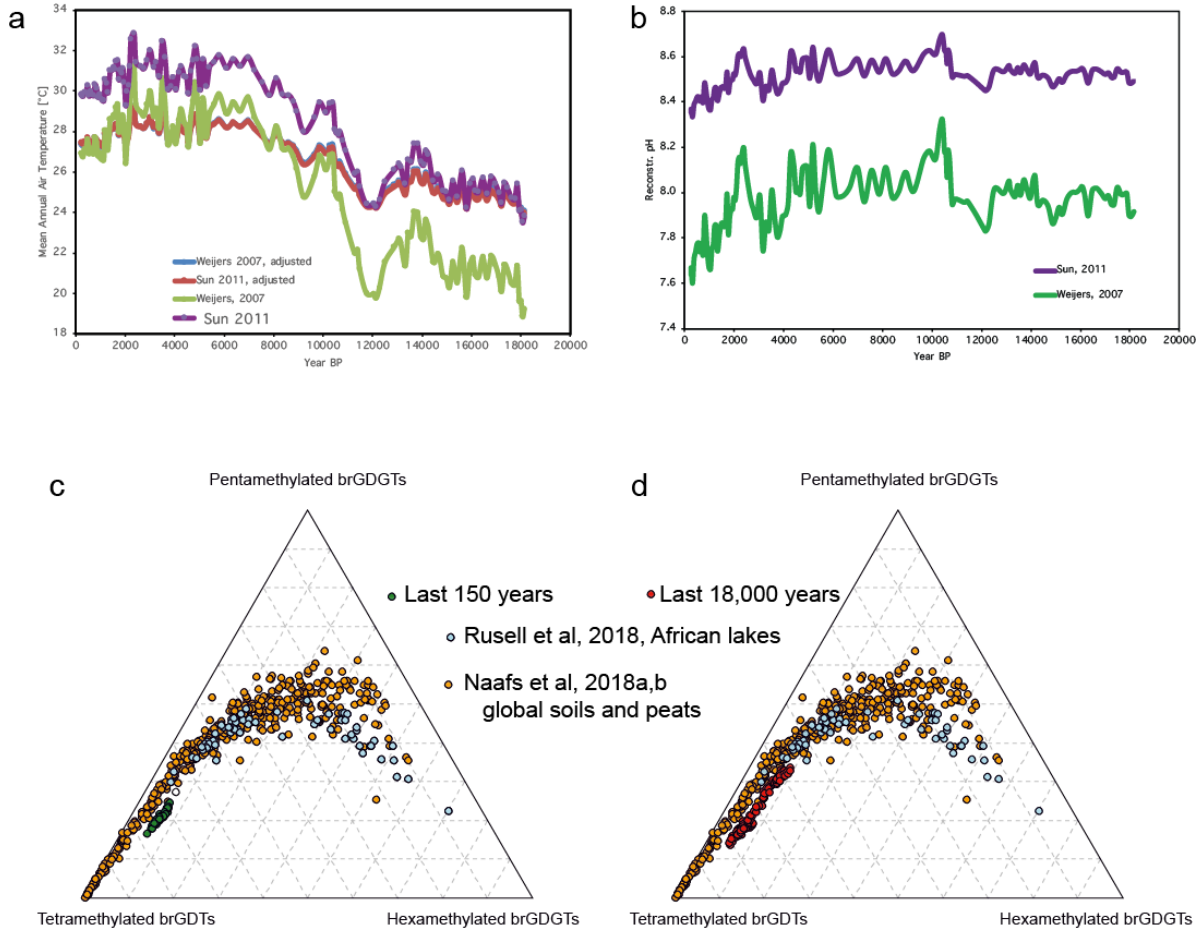


90 **Figure S3.** Comparison of the  $\delta^{13}\text{C}_{\text{wax}}$  records of lake NTP (this study) and lake Towuti (Russell et al., 2014) and  
91 atmospheric  $\text{CO}_2$  levels (Monnin, 2006).  
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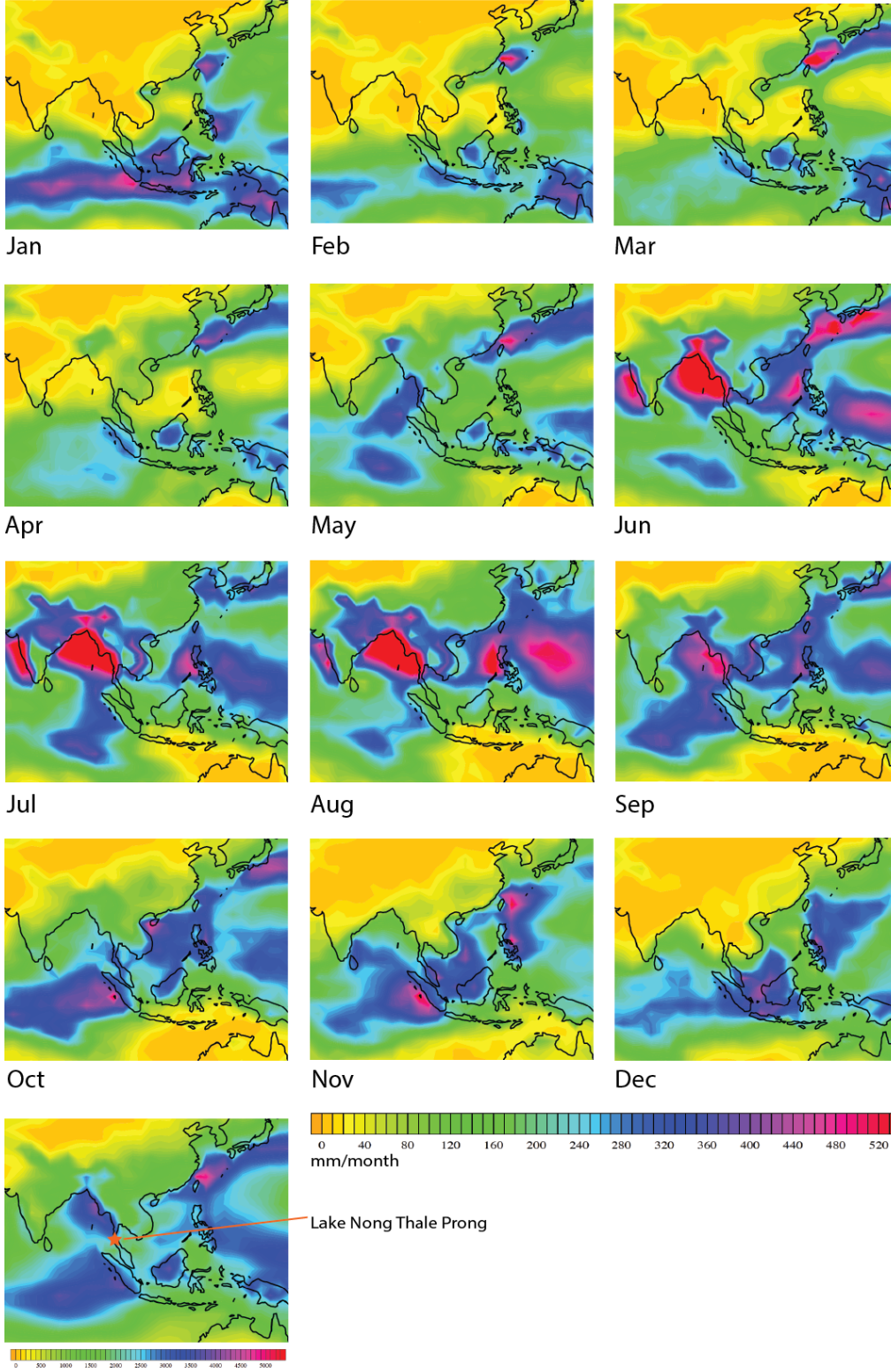
95 **Figure S4.** a) Reconstructed MAAT using the MBT/CBT ratios according to two calibrations (Weijers et al.,  
 96 2007)(Sun et al., 2011), and after local recalibration as described in the text. b) reconstructed pH using the  
 97 CBT ratios (Weijers et al., 2007)(Sun et al., 2011), c) Triplot of the relative abundance of tetra, penta- and  
 98 hexamethylated GDGTs in the surface core (green); a the pooled soil and peat (B.D.A. Naafs et al.,  
 99 2017)(B. D. A. Naafs et al., 2017) (orange) and an African lake dataset (Russell et al., 2018)(light blue) are  
 00 plotted for reference. d) the same as c, but for the long core NTP data (in red). The reference data set  
 01 includes both the 5- and 6-methyl GDGTs, while the NTP dataset includes all isomers of the same *m/z*.  
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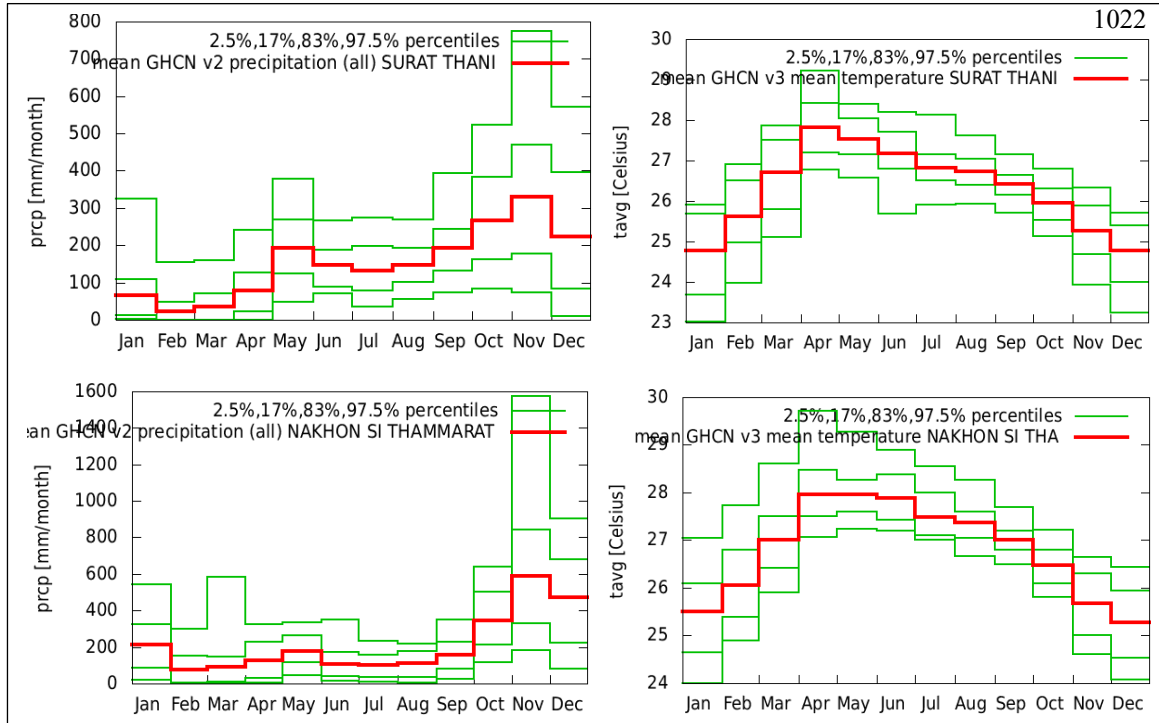
05 **Figure S5.** Monthly precipitation of the maritime continent and SE Asia. The wettest months at Lake Nong  
 06 Thale Prong are associated with the southward passing of the ITCZ from September to November. Maps  
 07 from [http://research.jisao.washington.edu/legates\\_msu/#analyses](http://research.jisao.washington.edu/legates_msu/#analyses) (Legates, D. R. and C. J. Willmott, 1990.  
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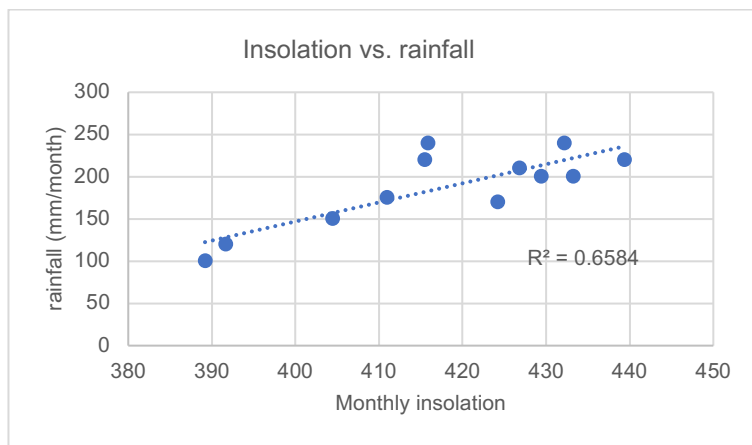
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13 **Figure S6.** Monthly meteorological data from the two nearest weather stations to lake NTP, Surat Thani  
 14 (9.12N, 99.35E) and Nakhon Si Thammarat (8.47N, 99.97E), obtained from the Global Historical  
 15 Climatology Network (GHCN-Monthly) database Version 2.  
 16 The wettest period is September-November, running even into December (left panels); the warmest  
 17 months are April-May. Reference: Thomas C. Peterson and Russell S. Vose (1997): Global Historical  
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**Figure S7.** Cross plot of monthly rainfall against monthly insolation for 0° (equator), showing a clear correlation between the two. Rainfall data taken from (Wurtzel et al., 2018) and insolation for the present day (0 ka BP) of Fig. 6 (main text).



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