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# Protecting rivers by integrating supply-wastewater infrastructure planning and coordinating operational decisions

Barnaby Dobson<sup>1,2</sup> and Ana Mijic<sup>1</sup>

<sup>1</sup>Department of Civil and Environmental Engineering, Imperial College London, London, UK

<sup>2</sup>Environmental Change Institute, University of Oxford, Oxford, UK

Corresponding author: [b.dobson@imperial.ac.uk](mailto:b.dobson@imperial.ac.uk)

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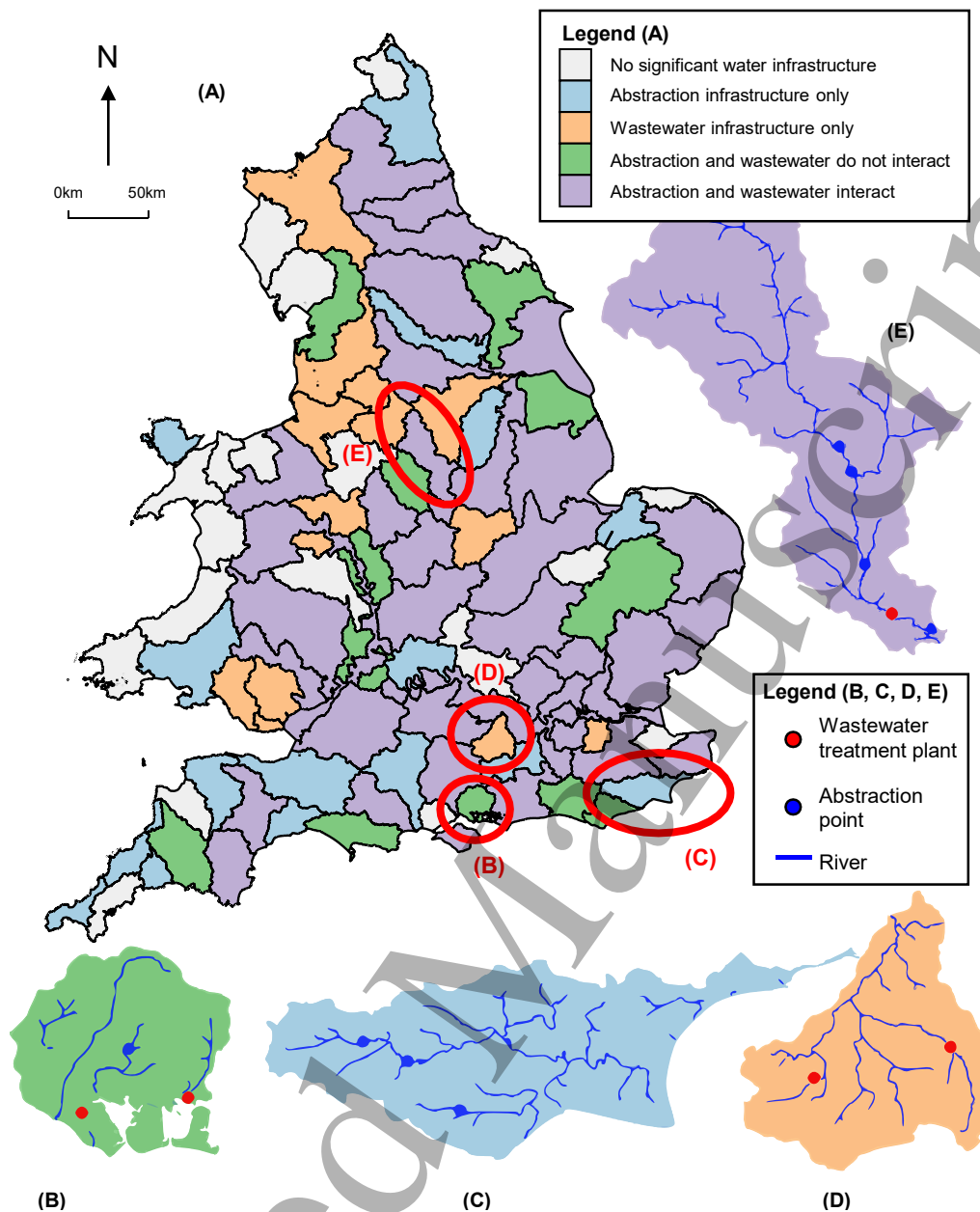
## Abstract

Placing water quality in rivers at the centre of water infrastructure planning and management is an important objective. In response there has been a range of 'whole system' analyses. Few studies, however, consider both abstraction (water removed from rivers) and discharge (water returned) to inform the future planning of water systems. In this work we present a systems approach to analysing future water planning options where system development prioritises the water quality of the receiving river. We provide a theoretical demonstration by integrating water supply and wastewater infrastructure, and downstream river water quality, on an open-source, stylised, systems model for London, UK, at a citywide scale. We show that models which consider either supply or wastewater separately will underestimate impacts of effluent on the water quality, in some cases by amounts that would require £1 billion worth of infrastructure equivalent to mitigate. We highlight the utility of the systems approach in evaluating integrated water infrastructure planning using both socio-economic and environmental indicators. Through this approach we find unintended impacts from planning options on downstream river quality; including benefits from water demand management and rainwater harvesting, and costs from wastewater reuse. Finally, we present a novel management planning option between supply and wastewater, which we refer to as Abstraction-Effluent Dilution (AED), that is, to reduce river abstractions during high precipitation events to dilute untreated sewer spills. The AED option is found to provide up to £200 million worth of equivalent infrastructure in river quality improvements and has minimal impact on the reliability of water supply while requiring only a change in operational decision making. This proof-of-concept study highlights that seeing our water systems differently with this holistic approach could fundamentally change the way we think about future water infrastructure planning so that it works both for people and the environment.

## Introduction

The impact of water infrastructure on river quality has long been a key element in the wider discussion around water planning and management (Gleick, 2003; Vörösmarty et al., 2010). Without due consideration to environmental impacts, water infrastructure cannot be described as sustainable

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3 38 (Loucks, 2000). This desire to put the environment central to planning can be facilitated by a systems  
4 39 modelling approach (Coombes & Kuczera, 2002; Kasprzyk et al., 2018). When the planning focus  
5 40 changes, specifically to the river quality in this work, the system boundaries may need to be expanded  
6 41 (Vogel et al., 2015). There is a growing literature showing how the expanding of system boundaries  
7 42 changes the behaviour of modelled processes in water systems (Coombes et al., 2016) and even to  
8 43 the extent that would require a system to be managed differently (Dobson et al., 2019b).  
9  
10 44 We look to the urban water system to illustrate this point. It covers rivers, groundwater, wastewater  
11 45 and water supply systems. Each of these systems are typically managed separately yet most of them  
12 46 are operationally connected; for example, water supply abstractions reduce river flows and thus  
13 47 increase the concentration of wastewater effluent discharge in a river. To illustrate this, we show how  
14 48 wastewater and water supply infrastructure interact in catchment management regions across  
15 49 England and Wales in Figure 1. We find that almost half of the catchments have large wastewater  
16 50 plants (serving >100,000 people) and water supply abstractions (>2Ml/d) interacting by  
17 51 discharging/abstracting from the same rivers (purple, Figure 1E). We see that the remaining  
18 52 catchments have minimal interaction along rivers, with 13% have wastewater plants and abstractions  
19 53 on different rivers (green, D), 13% have wastewater plants but no significant abstractions on rivers  
20 54 (orange, C), 16% have significant abstractions on rivers with no large treatment plants (blue, B) and  
21 55 19% have no significant water infrastructure on rivers (grey, A).  
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56  
57 Figure 1. (A) A map depicting how different catchments (Environment Agency, 2019a) have different  
58 levels of interaction between water supply and wastewater along rivers, indicated by colour. (B-E)  
59 Catchments that illustrate different levels of interaction; rivers are shown as blue lines (Ordnance  
60 Survey, 2019), wastewater treatment plants serving >100,000 people as red points (European  
61 Commission, 2016) and water supply abstractions >2Ml/d as blue points (Environment Agency, 2015).  
62 Despite the interdependency apparent in Figure 1, the UK's supply and wastewater planning  
63 processes remain distinctly segregated. In water supply, infrastructure projects are currently  
64 evaluated by their impact on continuity of supply, relying on licensed abstraction limits to account for  
65 river quality (Cook et al., 2017). In wastewater, there is a focus on the occurrence and severity of both  
66 volume and pollutant content of effluent discharges – rather than considering the waters that receive  
67 them (Water UK, 2019). Biases in river quality estimation are to be expected for any water  
68 infrastructure project if planning remains separate, but the real system is connected. Some



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3 69 infrastructure projects, such as wastewater reuse, to be accurately assessed will inherently require  
4 70 conceptualisation over the entire urban water cycle (Behzadian & Kapelan, 2015).

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6 71 Models that capture interactions between different water system processes fall broadly under  
7 72 “integrated water management” models (Rahaman & Varis, 2005; Mitchell, 2006). These types of  
8 73 models are most commonly found as joint sewerage network and urban runoff models (Bach et al.,  
9 74 2014; Salvatore et al., 2015). However, other examples of integrated water management models  
10 75 exist, for example: supply-drinking water quality (Mortazavi-Naeini et al., 2019), household waste-  
11 76 sewerage-runoff (Bailey et al., 2019), supply-sewerage-runoff-treatment (Rozos & Makropoulos,  
12 77 2013; Behzadian & Kapelan, 2015; Coombes et al., 2016), and supply-river quality (Paredes-Arquiola  
13 78 et al., 2014). Most integrated modelling applications for planning, thus far, have been focused on the  
14 79 design of new physical components (e.g. installation of wastewater reuse). However, analysis of  
15 80 operational management has been shown to hold great potential in many individual fields of water  
16 81 research, e.g. reservoir optimisation (Dobson et al., 2019a), distribution (Zhao et al., 2016) and  
17 82 wastewater control (Olsson et al., 2014). Therefore, we suggest that considering operational  
18 83 coordination at an urban water system scale would be beneficial and constitute a “joint management”  
19 84 approach. Although we explore one such joint management option in this paper, we envisage that a  
20 85 wide range of alternatives could be revealed with the support of an integrated modelling tool.

21 86 In this paper, we illustrate a case for a wider systems view of the urban water cycle in water planning  
22 87 and management. We argue that unintended consequences can be incurred by choice of modelled  
23 88 processes resulting in bias for estimating river quality, and that unexpected benefits may be revealed  
24 89 when the system is considered in an integrated fashion. This case is based on three hypotheses.  
25 90 First, we assume that if a city’s supply and wastewater systems abstract water and discharge into  
26 91 connected rivers but are modelled separately, then their estimations of river quality will be significantly  
27 92 different than if they had been modelled together. Next, we propose a novel joint management option  
28 93 of reducing water supply abstractions during high precipitation events to dilute sewer spills and  
29 94 reduce the concentration of untreated effluent during spill events to the extent that it could  
30 95 complement infrastructure-based options. Although detailed modelling of the interaction between this  
31 96 joint management option and flood risk is outside the scope of this study, we provide a simple  
32 97 comparison to check the impact. Finally, we argue that water infrastructure planning options will  
33 98 impact state variables across the wider water system revealing co-benefits and trade-offs in  
34 99 integrated water planning. These hypotheses can only be tested in an integrated model that spans the  
35 100 urban water system. Thus, we also present an open-source lumped water management model of a  
36 101 stylised, London-based system.

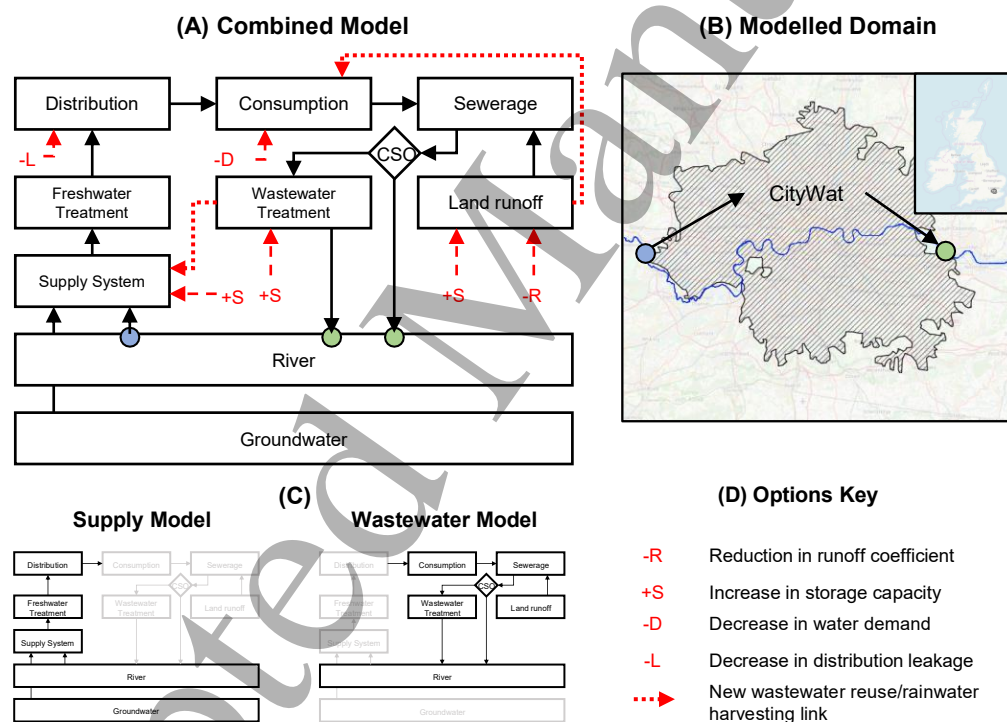
## 37 102 **Methods**

38 103 When models aim to represent multiple components of the urban water cycle over large geographical  
39 104 areas, the complexity of the system representations tends to be reduced. This has led to a lumped  
40 105 “directed-graph” approach, pioneered by the Aquacycle software (Mitchell et al., 2001) and with  
41 106 recent implementations such as CityDrain3 (Burger et al., 2016). However, these approaches have  
42 107 been constrained to the wastewater system only. In this work, we build on the lumped directed graph

108 approach to facilitate holistic modelling of the urban water cycle. Movement of water is simulated  
 109 using mass balance equations with simplified representations such as: basic operation rules,  
 110 proportional mixing of pollutants, seasonal water demand, surface runoff coefficients, and steady-  
 111 state water treatment. While this approach introduces numerous limitations from a perspective of  
 112 detailed physically-based modelling (e.g. ignoring biological and chemical influences on water quality,  
 113 or complex activities that take place to mitigate drought impacts), we believe that the trade-off in  
 114 process representation is justified in the interest of holistic modelling. We also provide a simplistic  
 115 validation to ensure the model is sufficient to study the proposed hypotheses in the Experimental  
 116 Setup section.

### 117 *CityWat: an open-source water management model of London*

118 A daily timestep, open-source lumped water management model of a stylised, London-based system  
 119 (CityWat hereafter) has been developed for this work – see acknowledgements for its Python model  
 120 code, with equations described in supporting material S1. We note that, although targeted to London,  
 121 CityWat is modular and can easily be rearranged and generalised to a range of cities. The processes  
 122 represented in CityWat for this study are depicted in Figure 2A.



123

124 Figure 2. (A, top left) In black is a schematic depicting the processes and data flow represented in  
 125 CityWat, planning options are highlighted in red. Abstraction and discharges points are indicated in  
 126 blue and green respectively. CSO stands for “combined sewer overflow” (B, top right) The region  
 127 represented by our model, with abstraction and discharge locations indicated by circles. (C, bottom  
 128 left) Two framings of the water system, a supply-only model and wastewater-only model. (D, bottom  
 129 right) The key for the different generic planning options included in our study, which are linked into  
 130 CityWat illustrated in red in Figure 2A.

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3 131 Each process in CityWat is represented by a lumped model at city scale, shown in Figure 2B. For  
4 132 example, supply reservoirs are aggregated into one London-wide reservoir. This lumping ensures an  
5 133 efficient and easy to understand water management model, and it also enables sharing of parameter  
6 134 information openly without privacy or national security concerns. River flows and groundwater  
7 135 availability are represented by data (detailed in Supplementary Material S2). We note that this is a  
8 136 significant simplification of the real system. There are multiple abstractions and discharge points  
9 137 within the modelled region that CityWat aggregates together as well as upstream processes that  
10 138 model does not represent in detail. Thus, simulation results should be interpreted as a proof-of-  
11 139 concept rather than assessment or critique of current system operation.

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16 140 Water system parameters (e.g. capacities of reservoirs or treatment plants) can generally be found  
17 141 openly at city-scale and are described in supporting material S2. Where this was not possible  
18 142 reasonable estimates have been made. S2 indicates the reasoning behind, and supporting sources  
19 143 for these estimates. Input data, i.e. flow and precipitation, have been sourced from the national river  
20 144 flow archive (Centre for Ecology and Hydrology, 2020) and HadUK (Hollis et al., 2019) respectively.  
21 145 London is fortunate in its environmental data records and so the simulation period spans the period  
22 146 between 1903-2018. In the Experimental Setup, we verify how effectively the model simulates historic  
23 147 data.

#### 24 148 *Impact of water system boundaries on modelled river quality*

25 149 The first hypothesis in our case for expanding the model boundaries was that: if a city's supply and  
26 150 wastewater systems abstract and discharge water into connected rivers but are modelled separately,  
27 151 then their estimates of river quality at the downstream boundary will be significantly different than if  
28 152 they had been modelled together. To test this, we treated different models of the system in question  
29 153 each as a plausible representation of the system. Treating a model in this way can be referred to as a  
30 154 'framing' of the system (Quinn et al., 2017). Thus, we formulated three framings of London's water  
31 155 system. The first is the integrated water system, unchanged from Figure 2A. This combined framing  
32 156 represents the systems view of the urban water cycle. The second is the supply-only portion of the  
33 157 system including processes between the river and point of water consumption by customers, depicted  
34 158 in Figure 2C, left. This is a water supply framing of the water cycle. The third is the wastewater-only  
35 159 portion of the system including processes between the waste production of customers to wastewater  
36 160 treatment work effluent, depicted in Figure 2C, right. This is a wastewater framing of the water cycle.

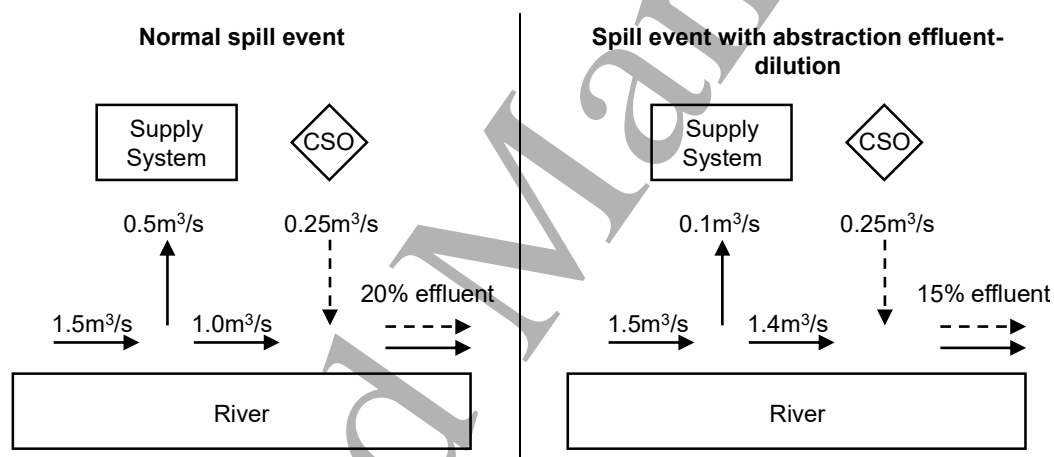
37 161 We hypothesised that downstream river water quality could be a key indicator to assess the  
38 162 performance of the system as a whole. We propose concentration-based metrics formulated from the  
39 163 proportion of downstream river flow. The raw river water, treated effluent and untreated effluent  
40 164 proportions are used to illustrate differences in simulated river quality between framings. Given  
41 165 CityWat's lumped scale, any metric that quantifies the impact of the urban water system on  
42 166 downstream river quality will ultimately be some derivative of these three proportions. As an example  
43 167 of this derivation, we also included phosphorus concentration, which is conceptualised as the  
44 168 phosphorus concentration of raw river water, treated and untreated effluent blended in proportion to  
45 169 their volumetric presence in the river. We chose phosphorus because it is a significant pollutant in the  
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170 River Thames and has high concentrations in sewage that are reduced significantly by treatment  
171 (Jarvie et al., 2006; Goody et al., 2017).

172 To ensure that we consider socio-economic factors as well as environmental, we have also included  
173 two metrics for reliability of water supply. These are total supply reservoir volume over time and the  
174 level of water use restrictions (e.g. a level 3 restriction allows enforcement of hosepipe bans while a  
175 level 4 restriction allows standpipe use). Water use restrictions are based on reservoir levels,  
176 described in Mortazavi-Naeini et al. (2019). These metrics do not perfectly capture the complexity of  
177 the water resources planning process in the UK (Cook et al., 2017), but we believe serve as an  
178 adequate proxy in this proof-of-concept study.

### 179 *Evaluation of planning options from an environmental perspective*

180 It became clear when viewing the urban water cycle from a systems perspective, which the combined  
181 CityWat framing provides, that there were potential opportunities to improve river quality through a  
182 joint management approach. As anticipated in our second hypothesis, we have proposed using water  
183 supply abstractions to manage untreated effluent spill events, which we term “Abstraction Effluent-  
184 Dilution” (AED). The working principle behind this option is illustrated in Figure 3. In the Experimental  
185 Setup section, we perform a pilot experiment to design the implementation of this option.



186  
187 Figure 3. A simplified system schematic that illustrates the working principle of abstraction effluent-  
188 dilution, with the raw water flows (normal arrows) and untreated spill flows (dashed arrows)  
189 represented for a normal spill event (left) and spill event with abstraction effluent-dilution (right). The  
190 values shown are for illustrative purpose only and not representative of the case study. CSO stands  
191 for “combined sewer overflow”.

192 Besides AED, we also examined conventional water infrastructure options. In the UK, the water  
193 supply planning process (termed water resources management planning (Cook et al., 2017)) has  
194 been in place since the privatisation of the water industry in 1985, with the feasibility of several project  
195 options (e.g. new reservoirs, leakage reduction targets) already assessed. In contrast, the wastewater  
196 planning process (termed drainage and wastewater management planning (Water UK, 2019)) is still  
197 being developed. Thus, we selected a range of feasible options for supply and commonly proposed  
198 options for wastewater planning to test in CityWat alongside AED, which we summarise in Table 1.

Sector	Option	Description in model	Capital cost	Option impact
Integrated	Abstraction Effluent- Dilution	Minimise abstractions when precipitation is high and supply reservoirs are nearly full	Negligible	Dilutes untreated effluent from spill events
Supply	Wastewater Reuse	Allows treated effluent to be made potable and re-directed to the supply system	£2m/(Ml/d) (Environment Agency, 2019b)	Adds 150Ml/d in wastewater reuse capacity
Supply	New reservoir	Increase supply reservoir capacity	£12,500/Ml (Borgomeo et al., 2018)	24,000Ml increase in reservoir capacity
Supply	Demand reductions	Reduce per-household water demand	Negligible (in comparison to other options)	10% reduction in household consumption (achievable by 2035, (Environment Agency, 2019b))
Supply	Leakage reduction	Reduce level of leakage in the distribution network	£1.6m/(Ml/d) (NERA, 2019)	190Ml/d reduction in leakage (about 35%, achievable by 2035 (Environment Agency, 2019b))
Wastewater	Green roofs	Reduces equivalent impermeable area by green roof area multiplied by 50% (the assumed runoff reduction)	£100/m <sup>2</sup> (AECOM, 2017a)	3km <sup>2</sup> of green roofs installed, covering 2% of London's roof area
Wastewater	Rainwater harvesting	Creates volume that can store rainwater on roofs and be redirected to household demand	£280/(400L unit) (AECOM, 2017a)	Units installed on all of London's roofs, 700,000 units providing 280Ml of storage
Wastewater	Stormwater storage tanks	Increases storage for water that reaches treatment works but cannot be treated that day	£2m/Ml (AECOM, 2017b)	Increase temporary stormwater storage by 150Ml.

Table 1: A summary of the different options we test in CityWat using a historical demand scenario (described in Supplemental Material S1), how they are implemented and at what scale. 'Option impact' describes how much of the option could be installed using the costs described in 'Capital cost' with a budget of £300 million.

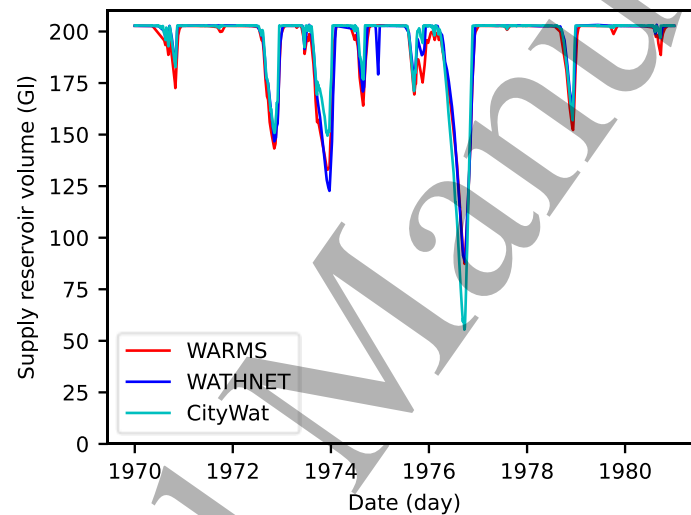
In order to compare options from both sectors, we have gathered estimates of unit costs and implement each option with a 'budget' of £300million. Some options are constrained by factors other than cost (e.g. demand reductions, whose cost to implement is negligible in comparison with infrastructure projects), thus we provided realistic estimates for these instead. The options we included are illustrated in Figure 2A and 2D.

Our third hypothesis was that infrastructure options impact state variables in the systems they exist in, but also those that they interact with, which could have implications for assessing systems level benefits of proposed schemes. Thus, we compared all metrics for all options.

## 211 Experimental Setup

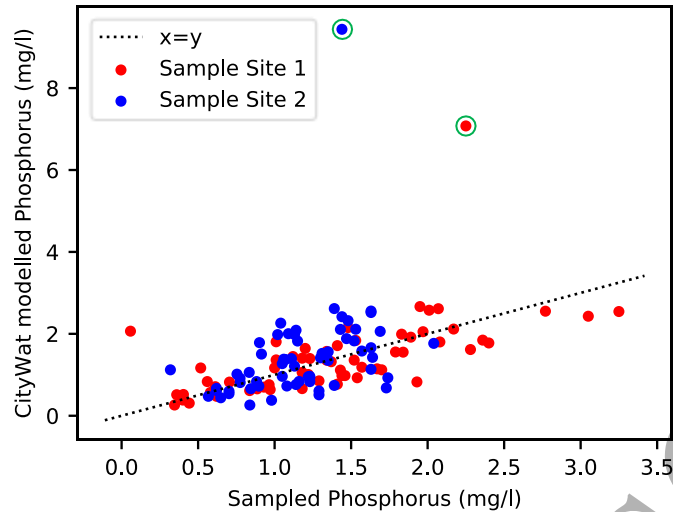
### 212 *Verification of the CityWat model*

213 CityWat is a stylised model and primarily illustrative, with parameter values estimated based on  
 214 openly available data to capture the behaviour of key system processes. We have performed a model  
 215 verification based on the supply reservoir volume data shared in Mortazavi-Naeini et al. (2019), Figure  
 216 4. We see that CityWat simulates reservoir volumes broadly in line with other, more complex models  
 217 of the London's supply system (Nash-Sutcliffe Efficiency = 0.85). The worst model performance is  
 218 during the 1976 drought. We expect this is due to the lack of emergency supply sources represented  
 219 in CityWat in contrast to the models it is being compared against. We do not include these emergency  
 220 supply sources since information about them cannot be made open-source for security reasons and  
 221 the complexity of decision-making during droughts is increased involving many factors that cannot be  
 222 modelled in CityWat. Although this will overestimate the absolute occurrence of water use restrictions,  
 223 all comparisons in this study are relative and thus we expect the impact to be minimal.



224  
 225 Figure 4. A comparison of active supply reservoir volume for three different daily simulation models of  
 226 London's water supply. WARMS (red) is the water company model of the system. WATHNET (blue)  
 227 represents a research water supply model that has been based on WARMS, implemented in the  
 228 WATHNET supply simulation software (Kuczera, 1992). CityWat (cyan) is the model presented in this  
 229 study. GI stands for Gigalitres.

230 In Figure 5 we compare simulated downstream phosphorus from CityWat with 123 water quality  
 231 samples at two sampling sites downstream of the modelled region, using data from the WIMS archive  
 232 (Environment Agency, 2020). The agreement between modelled and sampled phosphorus indicates  
 233 that CityWat's estimates of treated effluent discharge are reasonable and therefore it is accurately  
 234 representing wastewater system processes. The two outliers (circled in green), when CityWat  
 235 simulates much higher levels of phosphorus than the samples, occur during untreated spill events,  
 236 which the samples do not capture. When these spill events are removed the correlation coefficient  
 237 with sample site 1 is 0.75 and 0.51 with sample site 2.



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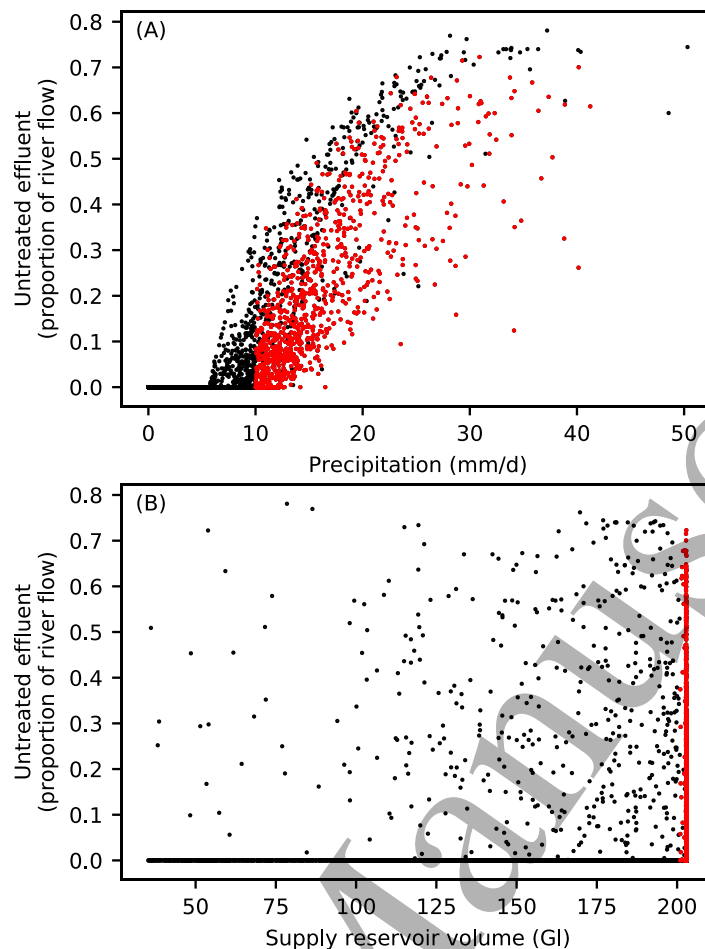
239 Figure 5. A comparison of phosphorus simulated by CityWat (y-axis) and 123 water quality samples  
 240 (x-axis) at two different locations (indicated by colour) taken between 2000-2018. Days with modelled  
 241 combined sewer overflow occurring are circled in green.

242 The only openly available data on spill events that the authors could identify was that the average  
 243 annual spill of untreated effluent is between 32-40Mm<sup>3</sup>/y (Hamilton, 2013). CityWat spills 36Mm<sup>3</sup>/y on  
 244 average over the entire simulation period, within the estimated value.

#### 245 *Creating an Abstraction Effluent-Dilution rule*

246 We now provide a pilot experiment that examines when storm spill events occur to see if they follow  
 247 any clear patterns to design an AED rule. In Figure 6 we plot the severity of simulated spills (indicated  
 248 by proportion of river that is untreated effluent) against precipitation data and simulated supply  
 249 reservoir volume. In Supplementary Material S3, we provide a simple replication of Figure 6 but with  
 250 river flow to show that AED is unlikely to significantly interact with flood risk. We note that, were AED  
 251 tested in operational conditions, a more complex design would be required than the heuristic we  
 252 present here to safeguard supply security and test detailed interactions with risks such as flooding.

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254 Figure 6. A scatter plot with daily climate data (A) and modelled storage (B), over the period 1903-  
 255 2018, on the x-axis with modelled untreated effluent, as simulated by CityWat, on the y-axis. Red  
 256 points are those that occur on days when both precipitation is greater than 10mm/d and supply  
 257 reservoirs are greater than 99% full, black points are all remaining days.

258 Inspecting precipitation, we see that severe spill events typically occur on days when precipitation is  
 259 >10mm (upper panel, Figure 6, 80% of points that are greater than 0 on the y-axis occur with x-values  
 260 greater than 10). We also see that most spill events are occurring when supply reservoirs are nearly  
 261 full (lower panel, Figure 6, 70% of points that are greater than 0 on the y-axis occur with x-values  
 262 greater than 200).

263 Thus, when the model is run using the 'abstraction effluent-dilution' (AED) option, water supply  
 264 abstractions on the River Thames are minimized when both reservoirs are >99% full and precipitation  
 265 is >10mm. We would not expect this to have a significant impact on reliability of water supply since  
 266 only 2% of days (those highlighted in red in Figure 6) meet these criteria and if reservoirs are nearly  
 267 full then under-abstrating is likely to be low risk. Yet abstraction can significantly reduce the flow (up  
 268 to 5GI/d), so we expect that 'leaving it in' could significantly dilute untreated effluent.

269 To test how effective AED is, we examine simulated phosphorus levels. We also test the water supply  
 270 reliability metrics to check whether the option would put water supply at risk.

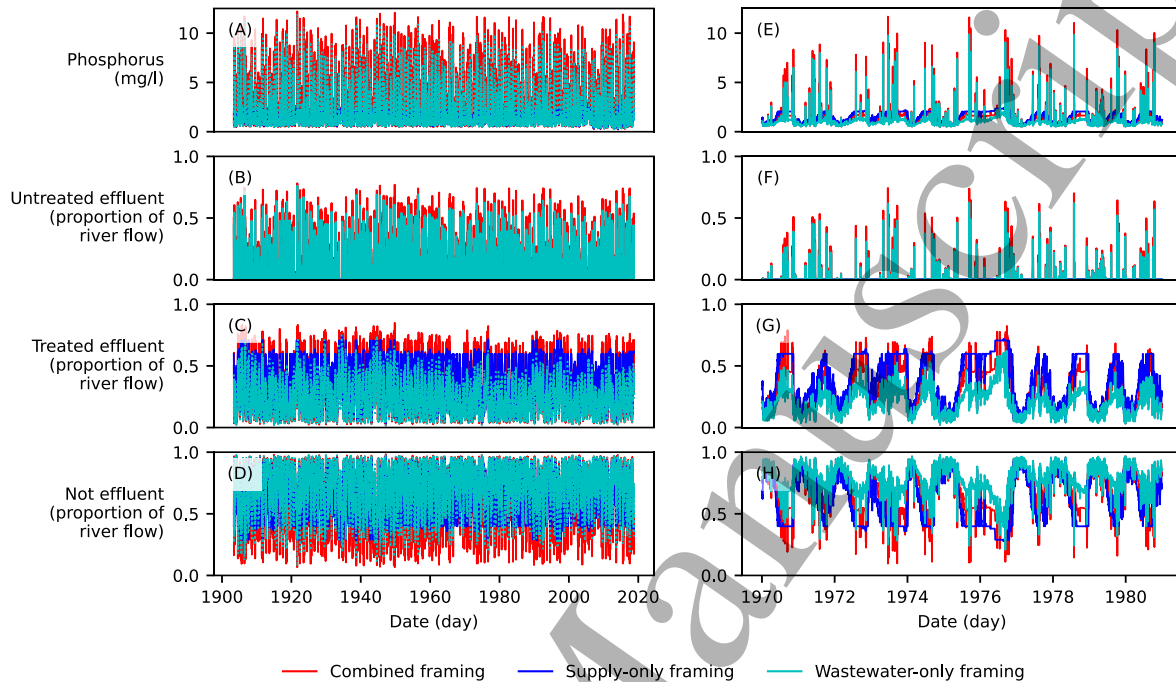
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## 271 Results

### 272 *Estimates of the impact of model boundaries on water quality*

273 In Figure 7A-D we plot river quality state variables at the point of downstream discharge estimated by  
 274 the different framings, showing distinct differences between them. We present a subsection of Figure  
 275 7A-D over a shorter period in Figure 7E-H to better observe patterns in the timeseries.



276

277 Figure 7. (A-D) Downstream river quality represented by daily effluent and phosphorus concentration  
 278 timeseries under the three different model framings (represented by different colours) for the  
 279 simulation period (1903-2018). (E-H) the same as (A-D) but for a subsection of the simulation period  
 280 (1970-1980).

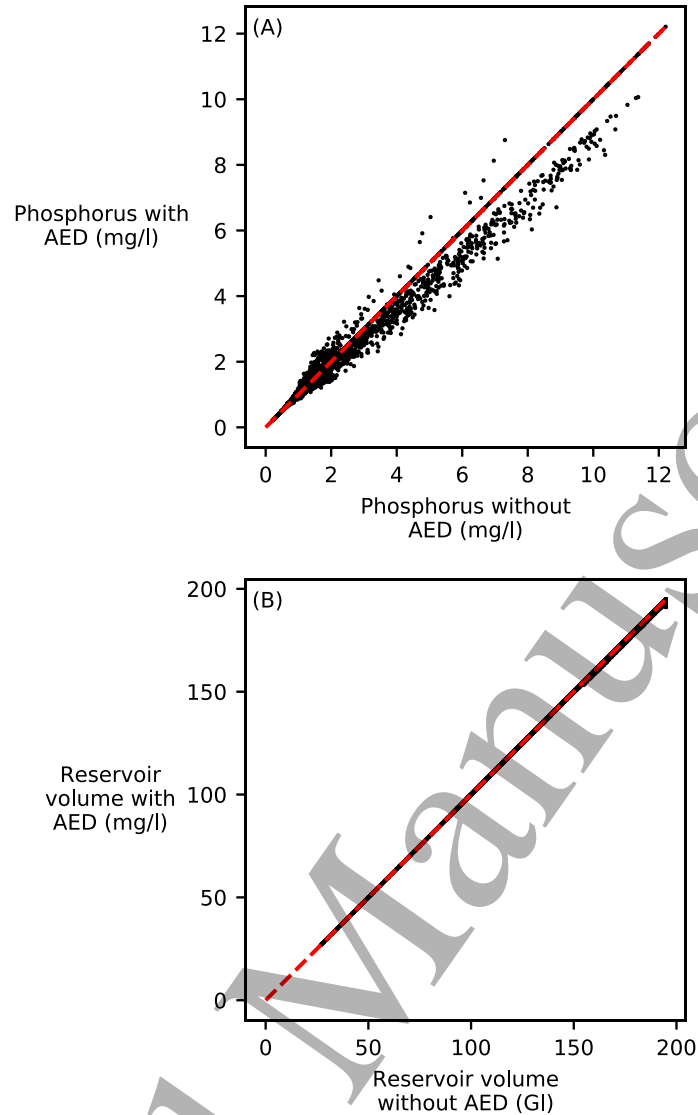
281 A significant discrepancy occurs in the supply-only framing. Since it does not represent storm spill  
 282 events it will not simulate any concentration of untreated effluent (Figure B, no blue) and so  
 283 underestimates phosphorus concentrations (Figure A, blue never rises above 1.5mg/l).

284 The wastewater-only framing overestimates downstream river quality in all metrics. By ignoring river  
 285 abstractions it underestimates treated and untreated effluent concentrations (cyan is lower than red in  
 286 Figures B, C) and overestimates raw river water concentration (Figure D). This results in  
 287 underestimating the impact of spill events, although not necessarily their occurrence (red and cyan  
 288 peaks to line up in Figures B, C). If this framing were used to inform future planning, the equivalent  
 289 stormwater storage required to reduce untreated effluent spills to these underestimated levels would  
 290 be 600Ml. Following Table 1, this could exceed £1billion of infrastructure investment.

### 291 *Abstraction effluent-dilution effectiveness*

292 In Figure 8 we plot phosphorus concentration and reservoir volume simulation results both without  
 293 and with abstraction effluent-dilution (AED).

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295 Figure 8. Downstream river quality represented by phosphorus concentration (upper) and water  
296 supply reliability represented by reservoir volume (lower) both with (y-axis) and without (x-axis) the  
297 abstraction effluent-dilution option (AED) for the simulation period (1903-2018). The red dashed line is  
298  $x=y$ .

299 We see in the phosphorus levels (upper panel) that AED reduces the severity of spill events (most  
300 points are either on or below  $x=y$ ). Although AED does not alleviate spills completely, particularly  
301 when the reservoirs are at low levels, the volume of stormwater storage that would be required to  
302 achieve the same improvement is 200MI, costing £100millions. When inspecting reservoir volumes  
303 (lower panel) we also see a small negative impact (points are slightly below  $x=y$ ). These lower  
304 volumes increase the level of restrictions by an additional six days of level one restrictions over the  
305 entire simulation period. Since these do not cause actual disruptions, only representing awareness  
306 campaigns (Mortazavi-Naeini et al., 2019), we can consider this impact negligible.

307 *Systems assessment of water management options*

308 In Figure 9, we plot how the different options change state variables that indicate system performance  
 309 averaged over the entire timeseries. A greener colour indicates an improvement (e.g. reduction in  
 310 water-use restrictions or increase in proportion of downstream river flow that is not effluent), grey  
 311 indicates no change and pink indicates a worsening (e.g. increase in untreated effluent).



312  
 313 Figure 9. Colour grid showing how different options compare to each other with respect to absolute  
 314 change various state variables averaged over the entire timeseries, 1903-2018, (greener indicates a  
 315 greater improvement while more pink indicates a decrease in performance). The change is the  
 316 difference in a metric relative to the simulation without the option implemented (units given at top of  
 317 column where option state variables are described).

318 In context, we see that the abstraction effluent-dilution option (first row) of minimizing abstraction  
 319 during high precipitation is an effective method to reduce untreated effluent concentration (i.e. first  
 320 row, fifth column is the deepest green).

321 Among the water supply options, we see improvement in all water supply metrics (first and second  
 322 columns), but also that they interact with water quality metrics. This interaction occurs through two

1  
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3 323 mechanisms: changing the amount of water abstracted and changing the amount of treated effluent  
4 324 discharged. Each of wastewater reuse, demand reductions and leakage reductions interact with river  
5 325 quality via these mechanisms, but they do so differently.

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8 326 Wastewater reuse (third row) improves quality metrics (except during spill events) by reducing treated  
9 327 effluent discharge and reducing the need for river abstraction. It does, however, also increase the  
10 328 concentration of untreated effluent during storm spill events (i.e. third row, fifth column is pink). This  
11 329 occurs because a portion of treated stormwater is being directed to the supply system rather than  
12 330 diluting the untreated storm spill effluent. We note that non-potable reuse (i.e. discharging into the  
13 331 river to enable greater abstractions) would have entirely negative impacts on water quality – since it is  
14 332 enabling greater abstractions without changing the amount of effluent.

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18 333 Demand reductions (fourth row) improve downstream river quality outside of spill events in the same  
19 334 way – reducing household effluent and reducing river abstractions. Demand reductions do not change  
20 335 untreated effluent concentration since the amount of treated stormwater discharged during spill  
21 336 events is unchanged.

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24 337 Leakage reductions (fifth row) reduce river abstractions but do not change treated effluent output.  
25 338 Therefore, their impact on raw water, treated effluent and phosphorus is not as strong as demand  
26 339 reduction or wastewater reuse (i.e. third, fourth and sixth columns in the fifth row are less green than  
27 340 in the third and fourth rows). However, leakage reductions do interact with spill events due to reduced  
28 341 abstractions and unchanged treated effluent output, diluting untreated effluent during spills (i.e. fifth  
29 342 column is light green).

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33 343 A new reservoir simulated with historical water demand (second row) does not change abstractions or  
34 344 effluent discharge so does not interact with water quality downstream of the CityWat model domain.

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36 345 Wastewater planning options have less impact on the wider urban water cycle – targeting primarily  
37 346 untreated effluent concentration.

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40 347 The exception is rainwater harvesting, which impacts both supply and wastewater metrics (seventh  
41 348 row, green in all columns). If implemented at a city scale, it may reduce water use restrictions by  
42 349 supplying 90% of outdoor water demand not met by rainfall. However, this supply occurs  
43 350 disproportionately outside of drought conditions since harvesting tanks dry up during severe droughts,  
44 351 so the impact is not as significant as it might be. This repurposing of rainfall reduces river abstractions  
45 352 and treated effluent discharge so improves river quality outside of spill events. The impact on  
46 353 untreated effluent is smaller than we might expect, given the large storage capacity provided, since  
47 354 the storage is often full when storms that trigger spill events occur.

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51 355 Green roofs (sixth row) reduce untreated effluent by reducing runoff from roofs that would go to  
52 356 sewers; however, this impact is relatively small compared to other options because the proposed area  
53 357 is small (2% of London's rooftop area, compared to 100% for rainwater harvesting, Table 1).

54  
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56 358 Stormwater storage (eighth row) behaves as expected, reducing untreated effluent but without wider  
57 359 impacts beyond that.

## 360 Discussion

361 Our case for a wider systems view of the urban water cycle in planning and management was based  
362 on three hypotheses. The first was that abstracting and discharging into the same river while planning  
363 wastewater and supply separately will induce model errors in estimating downstream river quality. In  
364 our proof-of-concept analysis (Figure 7) we find this error to be significant. We believe this provides  
365 evidence that by explicitly accounting for the river state, we can identify unforeseen environmental  
366 risks. Abstraction licences for water suppliers are intended to safeguard UK rivers, however, as  
367 Figure 1 highlights, water quality on most rivers is not solely dependent on supply-side actions.  
368 Meanwhile, proposed metrics for wastewater system performance in Water UK (2019), typically only  
369 consider the time of year when discharges are made, not accounting for flows in their receiving waters  
370 nor the operation of the supply system. The results presented here provide evidence that the use of  
371 in-river water quality metrics are required to account for the environment in water planning.

372 The second hypothesis was that our proposed joint management option, abstraction effluent-dilution  
373 (AED), could significantly reduce the concentration of spilled untreated effluent. Our results in Figures  
374 8 and 9 show that it achieves a performance comparable to infrastructure-based options, despite only  
375 being a new channel for information in operations. In Figure 8 we see that it attains these gains  
376 without reducing supply reliability, even though it occasionally limits abstraction. We also highlight that  
377 a water company has complete control of this option, unlike some of the other analysed options (e.g.  
378 demand reductions or rainwater harvesting). Thus, we argue that AED could be added to the water  
379 companies' portfolio of future interventions, albeit with more nuanced design than the simple heuristic  
380 presented here to account for factors such as flood risk management.

381 The final hypothesis was that planning options will impact state variables across the wider urban  
382 water cycle. Figure 9 shows evidence of this. We see how supply-side options may improve river  
383 quality by reducing abstractions. We also see that wastewater reuse may worsen the impact of  
384 untreated effluent spills by redirecting stormwater that would be released as treated effluent (diluting  
385 the spill) back into the supply system. Accounting for these systems level interactions in cost-benefit  
386 analysis could have a significant impact on long-term planning decisions for water infrastructure.

## 387 Future direction and concluding remarks

388 This work demonstrates the case for integration and provides a proof-of-concept for achieving it.  
389 However, we recognise that the presented top-down approach is not a panacea for water planning  
390 and management, nor that the planning options assessment we perform should be taken as literal  
391 recommendations for future investment. Although CityWat's model simulations have been compared  
392 against historic reservoir volume and river samples of phosphorus (Figures 4, 5) showing good  
393 agreement considering the model's simplicity, the field of integrated modelling research has yet to  
394 converge on a suitable technique to reliably validate these types of models (Voinov & Shugart, 2013;  
395 Belete et al., 2017; Tscheikner-Gratl et al., 2019). Additionally, we use simplistic representations of  
396 any individual modelled process in comparison to the state-of-the-art.

397 CityWat's lumped approach also assumes homogeneity in a heterogeneous system. This prevents  
398 assessment of small-scale interventions, impacts of upstream water quality on abstractions and the

399 role of options that improve system connectivity, such as the Thames Tideway Tunnel project (Loftus  
400 & March, 2019). This project will link up London's storm spill overflows to its largest wastewater  
401 treatment works, and so cannot be represented by a city-scale lumped model.

402 In addition, our assessment is based on water management criteria only, and the approach should be  
403 extended to include wider benefits of multifunctional infrastructure such as green roofs (Ossa-Moreno  
404 et al., 2017; Hattab et al., 2020). Finally, the modelling approach is yet to be tested on how it could be  
405 used for flood risk management (Rezazadeh Helmi et al., 2019), planning under deep uncertainty  
406 (Erfani et al., 2018; Babovic & Mijic, 2019) and examination of how different combinations of options  
407 might interact in a portfolio approach (Kasprzyk et al., 2012).

408 In a survey of water managers, Höllermann & Evers (2017) found that model boundaries were the  
409 most commonly cited source of uncertainty. We hope that the scientific and wider communities  
410 interested in the sustainability of water systems will continue to build evidence for the importance of  
411 system boundaries on model simulations, and study how best to carry out integrated modelling to  
412 support the water industry in a future with fewer boundaries and one in which the environment is  
413 placed central to planning and management.

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