

1 Progressive weakening within the overriding plate during dual inward dipping subduction

2 Zhibin Lei¹, J. Huw Davies¹

3 ¹School of Earth and Environmental Sciences, Cardiff University, Cardiff, CF10 3AT, UK

4 Correspondence to: Zhibin Lei (leiz2@cardiff.ac.uk) or J. Huw Davies (daviesjh2@cardiff.ac.uk)

5

6 Highlights:

7 1. Investigate dual inward dipping subduction models implementing composite rheology

8 2. Self-consistently forms a fixed boundary condition and strong convective mantle flow

9 3. Temperature dependent rheologies are critical to weaken the lithosphere's hot bottom

10 4. Yielding mechanism is critical to weaken the cold layer in the lithosphere

11

This manuscript has been peer-reviewed and it has been accepted by *Tectonophysics*. The online citable pre-proofing version is in press at <https://doi.org/10.1016/j.tecto.2023.230004>. Authors and researchers wishing to reference this work should use the provided DOI from the link above. Additionally, the "Peer-reviewed Publication DOI" link is conveniently available on the right-hand side of the webpage for easy access. It is important to acknowledge that minor refinements may occur during the proofing process. As a result, readers are advised to visit Elsevier's platform to monitor and access the definitive, finalized version of the paper. Notably, the paper is being published under the **Gold Open Access** model, ensuring unrestricted availability without the need for a subscription to Elsevier.

12

13 **Abstract**

14 The evolution of dual inward dipping subduction (DIDS) is crucial to understand multiple slab
15 interaction. Yet, how DIDS influences the thermo-mechanical behaviour of the overriding plate
16 remains unclear, as previous DIDS investigations all applied a compositional or Newtonian rheology
17 that excludes temperature dependency. Here we apply a composite rheology, including
18 temperature dependent creep deformation mechanisms, in 2-D thermo-mechanical numerical
19 modelling to investigate how DIDS modifies the rheological structure of the overriding plate. Three
20 variables on plate sizes are investigated to understand what may control the maximum degree of
21 plate weakening. We find that reducing the initial length or initial thickness of the overriding plate
22 and increasing the initial thickness of the subducting plate can enhance the viscosity reduction
23 within the overriding plate. The progressive weakening can result in a variety of stretching states
24 ranging from 1) little or no lithosphere thinning and extension (<5% accumulation of strain), to 2)
25 limited thermal lithosphere thinning (<30% accumulation of strain), and 3) localised rifting followed
26 by spreading extension. Compared with single sided subduction, DIDS further reduces the
27 magnitude of viscosity in the overriding plate. It does this by creating a dynamic fixed boundary
28 condition for the overriding plate and forming a stronger upwelling mantle flow, both of which
29 promote the progressive weakening in the overriding plate. The result implies that these generic
30 DIDS effects are important aspects to consider to understand extension developed in natural DIDS
31 cases. We also demonstrate that both temperature dependent creep rheologies and yielding
32 deformation mechanism contribute significantly to the continuous viscosity reduction. The finding
33 may also have a broader implication for more general processes that involve plate scale weakening,
34 strain localisation and the formation of new plate boundaries.

35 **Keywords:** dual inward dipping subduction; composite rheology; viscosity reduction; strain
36 localization; spreading extension.

37 **1. Introduction**

38 Subduction can pose a fundamental tectonic overprint on the overriding plate by generating a
39 volcanic arc (Perfit et al., 1980; Straub et al., 2020), back-arc basin (Uyeda, 1981), orogeny
40 (Faccenna et al., 2021), or even continental breakup (Dal Zilio et al., 2018). Most subduction zones
41 involve only one subducting slab. Here we consider multiple subducting slabs, in particular dual
42 inward dipping subduction (DIDS). DIDS occurs when the overriding plate is decoupled with two
43 subducting slabs dipping towards each other. It is one of the four most commonly described
44 subduction zones with multiple slabs, i.e., inward-dipping, same-dip, outward-dipping and
45 oppositely dipping adjacent subduction zones (Holt et al., 2017; Király et al., 2021).

46 Seismic tomography shows that DIDS exists at the Caribbean plate between the Cocos slab and
47 Lesser-Antilles subduction zone (Van Benthem et al., 2013), and in South-East Asia between the
48 Philippine and the Sumatra subduction (Hall and Spakman, 2015; Huang et al., 2015; Maruyama
49 et al., 2007). In combination with seismic tomography, recent plate reconstructions have made it
50 more evident that DIDS could have developed in some regions in the past (Faccenna et al., 2010;
51 Hall and Spakman, 2015) constrained by suture zone petrology demonstrating the existence of
52 paleo-subduction. One extinct DIDS example is the North China Craton. Suture zone studies reveal
53 that multiple inward dipping subduction may have surrounded the North China Craton from Early
54 Paleozoic to Tertiary (Santosh, 2010; Windley et al., 2010).

55 Global Strain Rate Map (Kreemer et al., 2014) shows that high strain rate regions in the overriding
56 plate is often wider and spatially more complex in multiple slab subduction zones, including the
57 DIDS cases. Besides, crustal scale seismic surveys in the Caribbean Sea have found a good

58 amount of extensional basins spreading widely across the overriding plate since the establishment
59 of dual inward dipping subduction at ~70 Ma (e.g. Boschman et al., 2014; Braszus et al., 2021).
60 Despite these observations, the role dual inward dipping subduction may play to form the high
61 strain rate region, extensional basins or spreading centres remain unclear.

62 Numerical investigations have been conducted to understand the dynamics of dual inward dipping
63 subduction. Research shows that the initial slab dip of the subducting plate affects the upper mantle
64 dynamic pressure between the convergent slabs and stress state within the overriding plate (Holt
65 et al., 2017). Varying the distance between the trenches, convergence rate, and asymmetry of
66 subducting plates can alter the topography of the overriding plate (Dasgupta and Mandal, 2018).
67 The size of the overriding plate, the viscosity ratio of overriding plate over asthenosphere and lower
68 mantle over upper mantle are tested to investigate their impact upon the slab geometry and the
69 magnitude of mantle upwelling flow underlying the overriding plate (Lyu et al., 2019).

70 These pioneering investigations show that dual inward dipping subduction can generate a variety
71 of upper mantle flow patterns which regulate the stress state and topography of the overriding plate.
72 However, these models all applied a constant viscosity or Newtonian rheology that excludes
73 temperature dependency for both plates and convective mantle flow during simulation. Mineral
74 deformation experiments indicate that viscosity varies as a function of multiple parameters, e.g.,
75 temperature, pressure, stress, strain rate etc. (Bürgmann and Dresen, 2008; Burov, 2011; Hirth and
76 Kohlstedt, 2003; Karato, 2010; Lynch and Morgan, 1987). Thus, previous dual inward dipping
77 subduction models with simplified rheology were unable to fully reflect the weakening process
78 within the overriding plate, e.g., high strain rate spreading centres in the back-arc region.

79 Single sided subduction models considering temperature dependent composite rheology, e.g.,
80 dislocation creep, diffusion creep, yielding etc., has improved our understanding of subduction's
81 impact upon the overriding plate (Alsaif et al., 2020; Bessat et al., 2020; Čížková and Bina, 2013;
82 Garel et al., 2020, 2014; Schliffke et al., 2022; Suchoy et al., 2021). However, it remains much less
83 explored in terms of evaluating different deformation mechanism's contribution to the weakening
84 process observed in the overriding plate, or how different deformation mechanisms interplay with
85 each other during subduction.

86 In this research, a series of 2-D thermo-mechanical models incorporating temperature dependent
87 rheology laws are run to investigate how dual inward dipping subduction may differ from single
88 sided subduction and previous DIDS models in deforming the overriding plate. We also identify and
89 quantify different dominant deformation mechanisms' contribution to induce progressive weakening
90 in the overriding plate and investigate the interplay among different deformation mechanisms.

91 **2. Methods**

92 We ran the thermally-driven dual inward dipping subduction models using the code Fluidity (Davies
93 et al., 2011; Kramer et al., 2012), a finite-element control-volume computational modelling
94 framework. Our model incorporated an adaptive mesh that can accurately capture the dynamic
95 changes in velocity, temperature, and viscosity etc., with a maximum resolution of 0.4 km.

96 **2.1 Governing equations and rheology setup**

97 Under the Boussinesq approximation (McKenzie et al., 1974), the equations governing thermally

98 driven subduction process are derived from conservation of mass, momentum, and energy, for an
99 incompressible Stokes flow

$$\partial_i u_i = 0, \quad (1)$$

$$\partial_i \sigma_{ij} = -\Delta \rho g_j, \quad (2)$$

$$\frac{\partial T}{\partial t} + u_i \partial_i T = \kappa \partial_i^2 T, \quad (3)$$

100 in which u , g , σ , T , κ are the velocity, gravity, stress, temperature, and thermal diffusivity,
101 respectively (Table 1). In particular, the full stress tensor σ_{ij} consists of deviatoric and lithostatic
102 components via

$$\sigma_{ij} = \tau_{ij} - p \delta_{ij}, \quad (4)$$

103 where τ_{ij} represents the deviatoric stress tensor, p the dynamic pressure, and δ_{ij} the Kronecker
104 delta function.

105 The deviatoric stress tensor and strain rate tensor $\dot{\epsilon}_{ij}$ are related according to

$$\tau_{ij} = 2\mu \dot{\epsilon}_{ij} = \mu (\partial_j u_i + \partial_i u_j), \quad (5)$$

106 with μ the viscosity. The density difference due to temperature is defined as

$$\Delta \rho = -\alpha \rho_s (T - T_s), \quad (6)$$

107 where α is the coefficient of thermal expansion, ρ_s is the reference density at the surface
108 temperature T_s (Table 1).

Table 1. Key parameters used in this research.

Quantity	Symbol	Units	Value
Gravity	g	$m s^{-2}$	9.8
Gas constant	R	$J K^{-1} mol^{-1}$	8.3145
Mantle geothermal gradient	G	$K km^{-1}$	0.5 (UM) 0.3 (LM)
Thermal expansivity coefficient	α	K^{-1}	3×10^{-5}
Thermal diffusivity	κ	$m^2 s^{-1}$	10^{-6}
Reference density	ρ_s	$kg m^{-3}$	3300
Cold, surface temperature	T_s	K	273
Hot, mantle temperature	T_m	K	1573
Maximum viscosity	μ_{max}	$Pa \cdot s$	10^{25}
Minimum viscosity	μ_{min}	$Pa \cdot s$	10^{18}
Diffusion Creep^a			
Activation energy	E	$kJ mol^{-1}$	300 (UM) 200 (LM)
Activation volume	V	$cm^3 mol^{-1}$	4 (UM) 1.5 (LM)
Prefactor	A	$Pa^{-n} s^{-1}$	3.0×10^{-11} (UM) 6.0×10^{-17} (LM)
	n		1
Dislocation Creep (UM)^b			
Activation energy	E	$kJ mol^{-1}$	540
Activation volume	V	$cm^3 mol^{-1}$	12
Prefactor	A	$Pa^{-n} s^{-1}$	5.0×10^{-16}
	n		3.5
Peierls Creep (UM)^c			
Activation energy	E	$kJ mol^{-1}$	540
Activation volume	V	$cm^3 mol^{-1}$	10
Prefactor	A	$Pa^{-n} s^{-1}$	10^{-150}
	n		20
Yield Strength Law^d			
Surface yield strength	τ_0	MPa	2
Friction coefficient	f_c		0.2
	$f_{c,weak}$		0.02 (weak layer)
Maximum yield strength	$\tau_{y,max}$	MPa	10,000

^a The rheology parameter of diffusion creep is guided by dry olivine deformation experiments (Hirth and Kohlstedt, 2003, 1995a; Ranalli, 1995). The UM and LM stands for “upper mantle” and “lower mantle,” respectively. ^b The activation parameters and stress-dependent exponent used for dislocation creep are in agreement with dry olivine deformation experiments (Hirth and Kohlstedt, 1995b). ^c The parameterisation (based on Kameyama et al., 1999) makes Peierls creep tend to be weaker than yielding in the upper mantle, thus enabling trench retreat and creating richer slab morphology in the upper mantle (Garel et al., 2014). ^d A very high maximum yield strength value is used here to ensure that yielding only dominates at the depth of crustal scale. A friction coefficient of 0.2 is following numerical models (Garel et al., 2014; Gülcher et al., 2020), and it is intermediate between lower values of previous subduction models (Cramer et al., 2012; Di Giuseppe et al., 2008) and the actual friction coefficient of the Byerlee law (Byerlee, 1978).

119 The key rheology difference of the model setup with previous dual inward dipping subduction
 120 models (Dasgupta and Mandal, 2018; Holt et al., 2017; Lyu et al., 2019) is that the magnitude of
 121 viscosity here considers temperature dependent creep deformation mechanisms (Figure S1). The
 122 governing rheological laws are identical throughout the model domain, though the rheology
 123 parameters we use differ to match different deformation mechanisms potentially dominating at
 124 different depths in the Earth. In detail, a uniform composite viscosity is used to take account of four
 125 deformation mechanisms under different temperature-pressure conditions: diffusion creep,
 126 dislocation creep, Peierls mechanism, and yielding (Garel et al., 2014). The effective composite
 127 viscosity in the computational domain is given by

$$\mu = \left(\frac{1}{\mu_{diff}} + \frac{1}{\mu_{disl}} + \frac{1}{\mu_P} + \frac{1}{\mu_y} \right)^{-1}, \quad (7)$$

128 where μ_{diff} , μ_{disl} , μ_y define the creep viscosity following

$$\mu_{diff/disl/P} = A^{-\frac{1}{n}} \exp\left(\frac{E + PV}{nRT_r}\right) \dot{\epsilon}_{II}^{\frac{1-n}{n}}, \quad (8)$$

129 in which A is a prefactor, n the stress component, E the activation energy, P the lithostatic
 130 pressure, V the activation volume, R the gas constant, T_r the temperature obtained by adding
 131 an adiabatic gradient of 0.5 K/km in the upper mantle and 0.3 K/km in the lower mantle to the
 132 Boussinesq solution (Fowler, 2005), $\dot{\epsilon}_{II}$ the second invariant of the strain rate tensor. Note that in
 133 the lower mantle only diffusion creep applies and the lower mantle is 30 times more viscous than
 134 the upper mantle. While the fourth deformation mechanism, yielding, is defined by a brittle-failure
 135 type yield-stress law as

$$\mu_y = \frac{\tau_y}{2\dot{\epsilon}_{II}}, \quad (9)$$

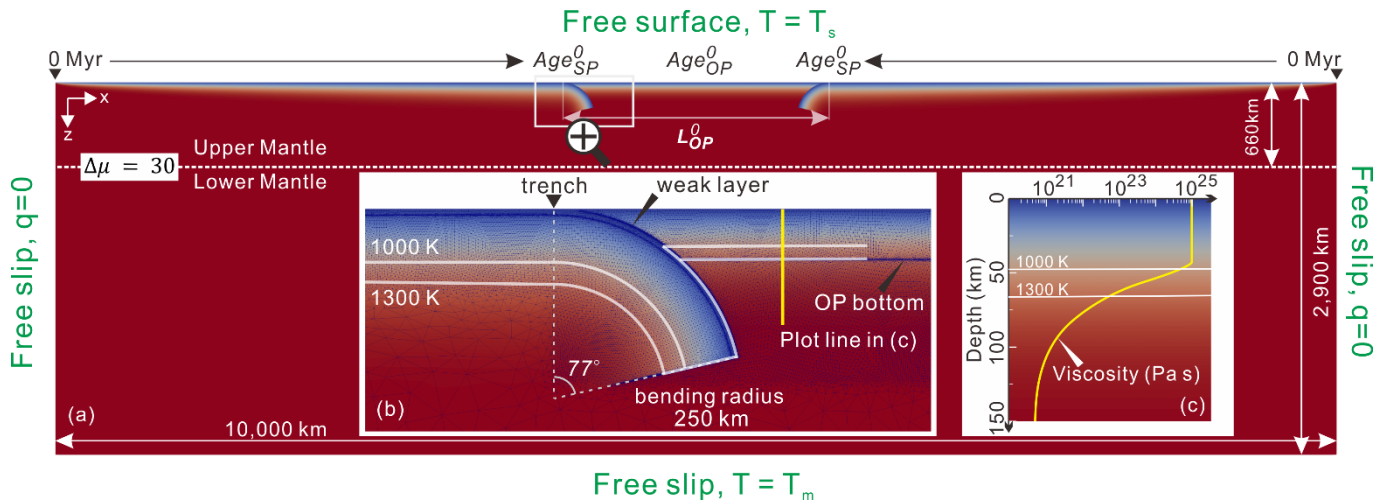
136 with μ_y the yielding viscosity and τ_y the yield strength. τ_y is determined by

$$\tau_y = \min(\tau_0 + f_c P, \tau_{y,max}), \quad (10)$$

137 with τ_0 the surface yield strength, f_c the friction coefficient, P the lithostatic pressure, and $\tau_{y,max}$
138 the maximum yield strength (Table 1).

139 **2.2 Model setup**

140 The computational domain is 10,000 km by 2,900 km, with x (width) coordinates and z (depth)
141 coordinates extending from the surface to the bottom of the lower mantle (Figure 1). Such a wide
142 domain reduces the influence of side and bottom boundary conditions (Chertova et al., 2012). The
143 thermal boundary conditions at the surface and bottom are defined by two isothermal values: $T =$
144 T_s and $T = T_m$ for surface and base of lower mantle respectively, while the sidewalls are insulating.
145 As for mechanical boundary conditions, a free-surface is applied at the top boundary to facilitate
146 trench mobility, and create more accurate topography and lithosphere stress state, while the other
147 boundaries are free-slip.



148
 149 Figure 1. Dual inward dipping model geometry and initial setup illustrated with the initial temperature field as the background. (a)
 150 The whole computational domain. Age_{SP}^0 and Age_{OP}^0 represent the initial ages of subducting plate and overriding plate at trench.
 151 The viscosity jump ($\Delta\mu$) between upper and lower mantle at 660 km transition zone is set up with a fixed value of 30. To be noted,
 152 L_{OP}^0 represents the initial length of the overriding plate measured by the lateral distance between the two trenches. (b) Enlarged
 153 area of the trench zone where the bending slab meets the flat overriding plate. The 1100 K and 1300 K isotherms are marked as
 154 white contours. The unstructured initial mesh after refinement is displayed as dark blue triangular meshes. (c) Vertical profile of
 155 viscosity against depth within the overriding plate. The plot line is ~ 300 km away from the initial trench.

156 To simplify the model, a laterally symmetric dual inward dipping subduction is applied. The model
 157 is strictly symmetric along the vertical middle line of the domain (5000 km away from the side
 158 boundaries) in all aspects, e.g., the geometry and rheology properties. Age_{SP}^0 and Age_{OP}^0
 159 represent the initial ages of subducting plate and overriding plate at the trench, where the two plates
 160 meet at the surface. Laterally on the surface, the age of the subducting plates increases linearly
 161 with their distance away from the mid-ocean ridge on either side. While vertically, the age of the
 162 plate at surface defines the initial thermal structure through a half-space cooling model (Turcotte
 163 and Schubert, 2014),

$$T(x, z) = T_s + (T_m - T_s) \operatorname{erf} \left(\frac{z}{2\sqrt{\kappa Age^0(x)}} \right), \quad (11)$$

164 with x the distance away from the mid-ocean ridge, erf the error function, z the depth, κ the
 165 thermal diffusivity. All parameters are listed in Table 1. The whole overriding plate is set up with a

166 constant age. Thus, the thermal structure within the overriding plate is laterally homogeneous. The
167 bottom of the thermal lithosphere is defined as the isotherm of 1300 K, where the temperature
168 gradient starts to drop quickly (Garel and Thoraval, 2021). The initial thickness of the subducting
169 plate (H_{SP}^0) and overriding plate (H_{OP}^0) can be calculated using

$$H_{Plate}^0 = \text{erfinv}((T_{1300K} - T_s)/(T_m - T_s)) * 2 * \sqrt{\kappa * Age_{Plate}^0(x)}, \quad (12)$$

170 where H_{Plate}^0 is the initial thickness of the plate thermal lithosphere and *erfinv* is the inverse error
171 function.

172 The free surface boundary condition together with the mid-ocean ridge setup allows the subducting
173 slabs, the overriding plate and therefore the trench to move freely as subduction evolves. To initiate
174 self-driven subduction without implementing external forces, the subducting plate is set up with a
175 bend into the mantle and an 8 km thick low-viscosity decoupling layer on the top. This weak layer
176 has the same rheology laws as the rest of the domain, other than its maximum viscosity is 10^{20} Pa
177 s, and its friction coefficient is 0.02 (i.e., an order of magnitude lower). Such unique rheological
178 properties of the weak layer are graded out below a depth of 200 km to boost simulation efficiency,
179 since the main objective of the weak layer is to decouple the subducting plate from the overriding
180 plate at their interface. The initial slab bending radius is 250 km and initially the slab bends over 77
181 degrees from the trench (Figure 1).

182 The resolution of the adaptive mesh ranges from 0.4 km to 200 km. The initial maximum resolution
183 is in the weak zone (Figure 1, b), and the minimum resolution of 200 km is in the lower mantle. The
184 meshes are refined by the spatial gradients of the velocity, temperature, viscosity, and material

185 types (weak layer versus normal material).

186 **2.3 Model variables**

187 Three variables are investigated here: the initial length of the overriding plate (L_{OP}^0), the initial
188 thickness of the subducting plate (H_{SP}^0) and overriding plate (H_{OP}^0) (Table 2). These are parameters
189 also varied in previous research and therefore will allow easier comparison. H_{SP}^0 and H_{OP}^0 are
190 dependent on plate age and calculated using Equation (12). The magnitude of L_{OP}^0 that has been
191 tested in previous models ranges from 500 km to 4000 km (Dasgupta and Mandal, 2018; Holt et
192 al., 2017; Lyu et al., 2019), and the result shows that L_{OP}^0 greater than 2500 km has little impact
193 on the result (Lyu et al., 2019). Here L_{OP}^0 is tested in the range from 1000 km to 2100 km. The
194 values of H_{SP}^0 and H_{OP}^0 that has been tested before ranges from 75-125 km and 75-150 km
195 separately and those models suggest that H_{SP}^0 is more important in deciding the magnitude of
196 upwelling mantle flow than H_{OP}^0 (Lyu et al., 2019). So the range of H_{SP}^0 is extended to 94-141 km
197 (90-200 Ma, Table 2) while the range of H_{OP}^0 is narrowed down to 67-100 km (45-100 Ma).

Table 2. List of model setup.

Model name	L_{OP}^0 (km)	H_{SP}^0 (km)	H_{OP}^0 (km)	Age_{SP}^0 (Ma)	Age_{OP}^0 (Ma)
$H_{SP}^0 = 94 \text{ km}$	1000	94	67	90	45
$H_{SP}^0 = 100 \text{ km}$	1000	100	67	100	45
$H_{SP}^0 = 111 \text{ km}$	1000	111	67	125	45
$H_{SP}^0 = 122 \text{ km}$	1000	122	67	150	45
$H_{SP}^0 = 141 \text{ km}$	1000	141	67	200	45
$H_{OP}^0 = 67 \text{ km}$	1000	141	67	200	45
$H_{OP}^0 = 70 \text{ km}$	1000	141	70	200	50
$H_{OP}^0 = 74 \text{ km}$	1000	141	74	200	55
$H_{OP}^0 = 77 \text{ km}$	1000	141	77	200	60
$H_{OP}^0 = 100 \text{ km}$	1000	141	100	200	100
$L_{OP}^0 = 1000 \text{ km}$	1000	141	67	200	45
$L_{OP}^0 = 1100 \text{ km}$	1100	141	67	200	45
$L_{OP}^0 = 1200 \text{ km}$	1200	141	67	200	45
$L_{OP}^0 = 1300 \text{ km}$	1300	141	67	200	45
$L_{OP}^0 = 1500 \text{ km}$	1500	141	67	200	45
$L_{OP}^0 = 1700 \text{ km}$	1700	141	67	200	45
$L_{OP}^0 = 2100 \text{ km}$	2100	141	67	200	45

199
200
201

Models are named with the variable tested, e.g., $H_{SP}^0 = 94 \text{ km}$ and $H_{SP}^0 = 122 \text{ km}$ corresponds to the initial subducting plate thickness of 94 km and 122 km separately, while the initial overriding plate length and thickness in both models remain the same as 500 km and 67 km.

202

3. Results

203

3.1 Varying viscosity in an evolving model: an example

204

The thermal-mechanical model setup of this research enables self-consistent subduction,

205

subduction that is driven just by the model's internal buoyancy and not by velocity boundary

206

conditions. Similar to the self-consistent single subduction numerical and analogue models,

207

subduction initiates as negative buoyancy pulls the slab to sink into the deeper mantle, followed by

208

a second stage when slab starts to interact with the lower mantle (e.g., Capitanio et al., 2010; Gerya

209

et al., 2008; Schellart and Moresi, 2013). We next describe in detail the dynamic evolution of dual

210

inward dipping subduction for the model ' $L_{OP}^0 = 1700 \text{ km}$ '.

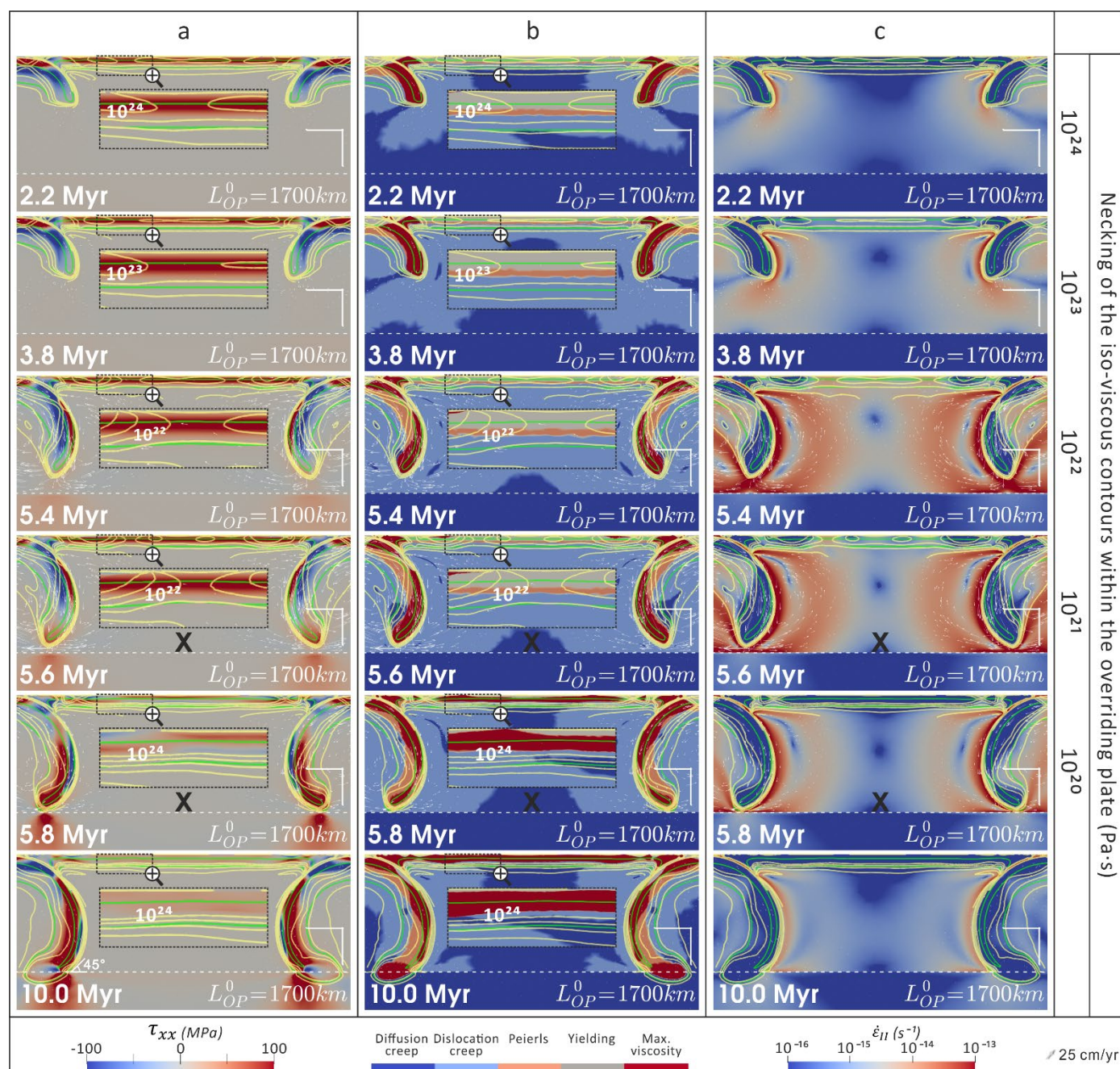
211 **3.1.1 Subduction through the upper mantle**

212 When slabs subduct through the upper mantle, symmetric subduction develops about the midline
213 of the overriding plate (~5000km away from the side boundaries). As more slab is pulled into the
214 mantle, the negative buoyancy grows gradually. It takes ~5.8 Myr before the slab starts to interact
215 with the lower mantle (Figure 2).

216 A pair of convective mantle flows with opposite sense of rotation are generated as the subducting
217 slabs bend and sink in the upper mantle. The size of the convective cell grows with time and forms
218 a crescent shape as wide as ~500 km before the slab reaches the depth of lower mantle. The
219 convective cell is composed of a narrow downwelling flow coupling close to the sinking slab and a
220 wide upwelling flow further away. The upwelling flow fades gradually as its distance away from the
221 subducting slab increases. In the model ' $L_{OP}^0 = 1700 \text{ km}$ ', the two sets of wedge flow have little
222 interaction and can be considered as two separate units. This is because the length of the
223 overriding plate is 1700 km, which is greater than two times the width (~500 km) of a convection
224 cell.

225 The overriding plate exhibits a widespread tensile deviatoric stress field as a result of continuous
226 subduction and the induced convective mantle wedge flows. Only a limited area close to the
227 interface with the bending slabs develops compression (Figure 2, a). The widespread positive
228 normal deviatoric stress field (τ_{xx}), up to ~100 MPa, implies that the overriding plate holds an overall
229 stretching tendency. Within the overriding plate, the governing deformation mechanism is spatially
230 layered (Figure 2, b). At depths shallower than 30 km within the overriding plate, yielding (pseudo-
231 plastic) deformation dominates. Underlying the yielding layer lies ~10 km thick Peierls creep layer.

232 While for depths from ~40 km to the bottom of the thermal lithosphere deformation is dominated by
 233 dislocation creep. High strain rate areas are observed within the overriding plate where iso-viscos
 234 contour necks (Figure 2, c). The thermal thickness of the overriding plate, defined by the 1300 K
 235 isotherm contour, remains nearly constant throughout the simulation.



236
 237 Figure 2. The simulation screenshots of model ' $L_{OP}^0 = 1700 \text{ km}$ '. (a) Deviatoric normal stress component (τ_{xx}) where positive value
 238 represents tensile and negative value denotes compressive. (b) Temporal evolution of the dominating deformation mechanism,
 239 which is defined as the rheology law that yields the minimum magnitude of viscosity in a specific region. (c) Second invariant of
 240 strain rate ($\dot{\epsilon}_{II}$). The progressive weakening process within the overriding plate is demonstrated by the necking of the iso-viscous
 241 contours. The 5 groups of yellow contours encompassing the plates in each screenshot are iso-viscous contours of
 242 $10^{20}, 10^{21}, 10^{22}, 10^{23}, 10^{24} \text{ Pa} \cdot \text{s}$ from outward to inward. The bold 'X' underlying the overriding plate denotes the absence of

243 viscosity reduction for the iso-viscous contour, whose value is stated on the far right-hand side of Figure 2, i.e., $10^{20}, 10^{21} Pa \cdot s$ for
244 model ' $L_{OP}^0 = 1700 km$ '. Also, the first screenshot with bold 'X' notes the maximum viscosity reduction that model ' $L_{OP}^0 = 1700 km$ '
245 can achieve is $10^{21}-10^{22} Pa \cdot s$ throughout the 10 Myr simulation. The two sets of green solid lines are 700 K and 1300 K isotherm
246 contours to image the thermal geometry of the plate. The transition zone at the depth of 660 km is marked by the horizontal white
247 dashed line. The white right-angle scale bar lying above the right end of the transition zone represents 200 km in both directions.
248 The bottom left corner caption shows the elapsed simulation time and bottom right corner is the name of the model.

249 As subduction initiates, it creates rheology heterogeneities within what initially was a laterally
250 homogeneous overriding plate, allowing part of it to become weaker than the other parts. To
251 visualize the variation in lithosphere viscosity, several levels of iso-viscous contours are plotted,
252 e.g., $10^{24}, 10^{23}, 10^{22}, 10^{21}, 10^{20} Pa \cdot s$ (Figure 2, light yellow contours). As viscosity is a direct
253 indicator of lithosphere's resistance to deformation at a given rate, here, we define the progressive
254 weakening in the overriding plate as continuous viscosity reduction, i.e., necking of iso-viscous
255 contours. The weakening level is defined as the maximum order of viscosity magnitude drop. That
256 is, weakening level 'I', 'II', 'III', 'IV' represents that the iso-viscous contour $10^{24}, 10^{23}, 10^{22}, 10^{21} Pa \cdot$
257 s is necked within the overriding plate respectively. The minimum viscosity achieved in the
258 overriding plate for model ' $L_{OP}^0 = 1700 km$ ' throughout the 10 Myr simulation is $10^{21}-10^{22} Pa \cdot s$,
259 i.e., weakening level 'III'. The screenshots show that the homogeneous overriding plate is gradually
260 segmented into three strong cores connected with two low viscosity necking centres (Figure 2, a-
261 b), where minimum viscosity develops and high strain rate is likely to localise (Figure 2, c). It is
262 noted that the two necking centres and high strain rate regions are spatially coupled with the
263 underneath convective mantle wedge flow induced by the two slabs (Figure 2, c), suggesting a
264 possible causal connection between plate weakening and the slab induced mantle convection.

265 **3.1.2 Subduction into the lower mantle**

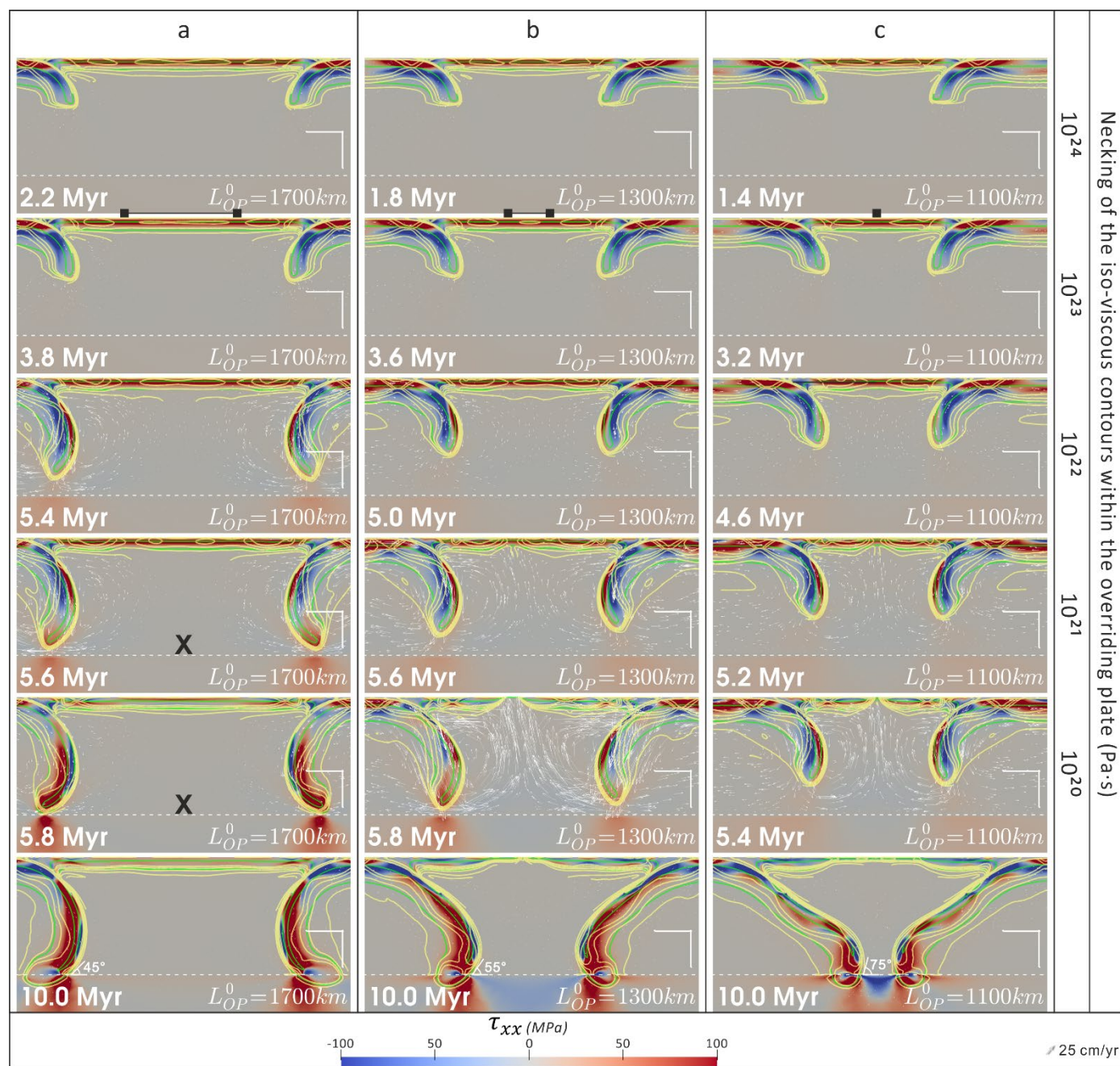
266 Due to the viscosity jump at the transition zone, subduction approaching the lower mantle would

267 experience a short period of deceleration, where slab sinking rate and mantle wedge flow rate both
268 reduce. Meanwhile, the necking of the iso-viscous contours is reversed by a cooling (plate
269 thickening) and strengthening ($\dot{\epsilon}_{II}$ reduction and viscosity increase) process within the overriding
270 plate (Figure 2, 5.6-5.8 Myr). Besides, the high tensile τ_{xx} reduces and it becomes more
271 heterogenous within the overriding plate. At the end of the 10 Myr simulation, the dip between the
272 top of bending slab and the transition zone is $\sim 45^\circ$.

273 3.2 Length of the overriding plate

274 The first series of models investigate shortening the initial length of the overriding plate (L_{OP}^0) or the
275 initial distance between the two trenches at the surface from 2100 km to 1000 km, while keeping
276 the initial thickness of the subducting and overriding plate as constants. As L_{OP}^0 shortens, the two
277 symmetric subducting slabs get closer, and the slab induced two separate mantle wedge flow cells
278 start to combine with each other gradually, forming a joint and stronger diverging mantle flow
279 underneath the overriding plate (Figure 3, a-c, 5.6 Myr). Above the convective upper mantle, the
280 two separate necking centres (Figure 3, black squares) in the overriding plate get closer and merge
281 into a single one when L_{OP}^0 is less than ~ 1200 km. As L_{OP}^0 is reduced, it also takes less time to
282 lower each level of viscosity within the overriding plate (Figure 3, a-c). More importantly, the
283 progressive weakening process can go further and neck the $10^{21} Pa s$ iso-viscous contour
284 (weakening level 'IV') when L_{OP}^0 is less than ~ 1300 km, initiating significant lithosphere thinning
285 and even rifting and spreading extension within the overriding plate (Figure 3, b-c). In this paper,
286 we define rifting as a process where the plate's thermal thickness reduces to ~ 0 km, forming a mid-
287 ocean ridge like structure and dividing the overriding plate into two separable plates. Spreading
288 extension corresponds to complete lithosphere separation after rifting and generation of a new

289 oceanic floor. It is noted that the rifting and spreading are characterized as thermal structures in
 290 this research, and it does not include melting behaviour.

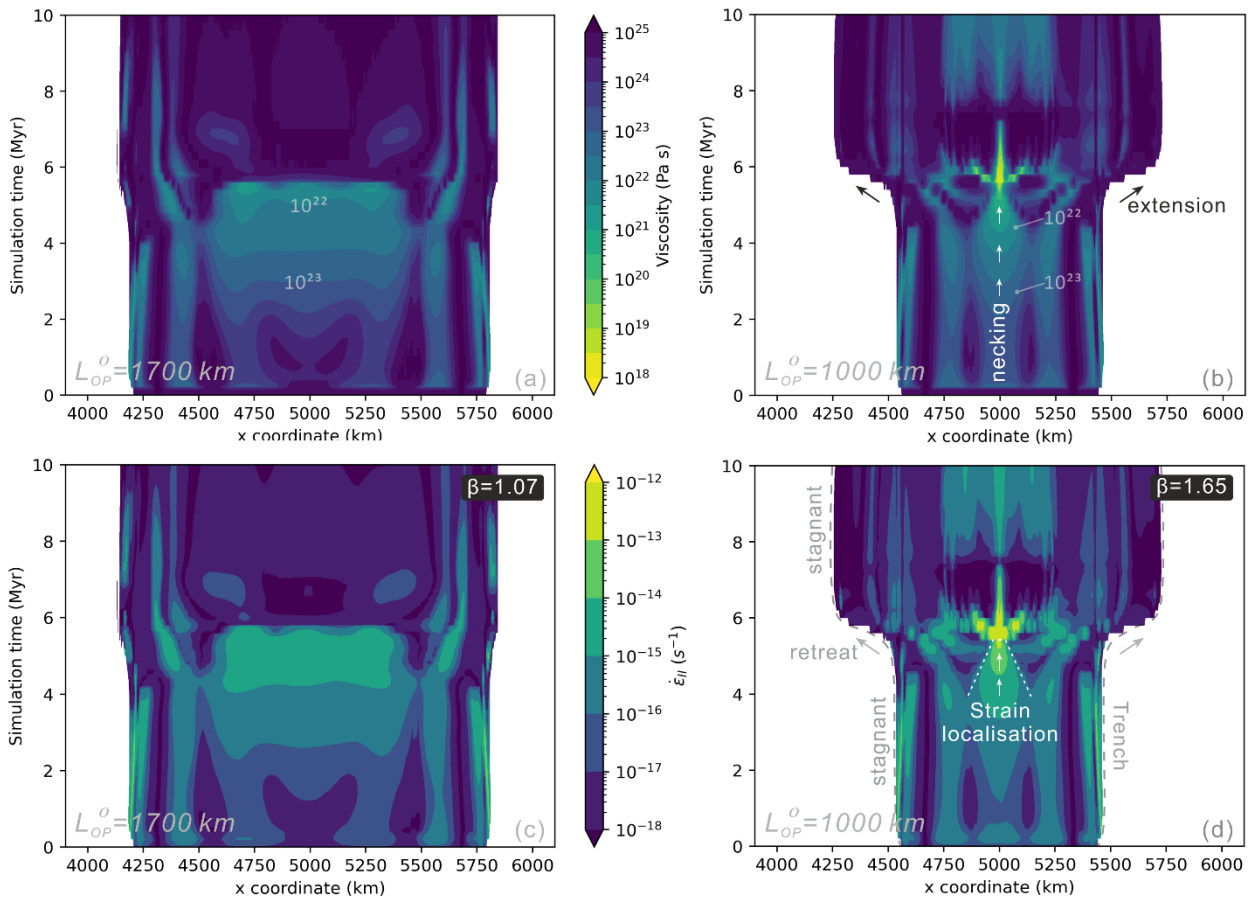


291
 292 Figure 3. Progressive weakening of the overriding plate during dual inward dipping subduction with decreasing length of the
 293 overriding plate, (a) model ' $L_{OP}^0 = 1700 \text{ km}$ ', (b) model ' $L_{OP}^0 = 1300 \text{ km}$ ', (c) model ' $L_{OP}^0 = 1100 \text{ km}$ '. Section view is illustrated by the
 294 deviatoric normal stress field (τ_{xx}). Necking centres with minimum viscosity in the overriding plate are marked as black squares,
 295 which shows that the two separate necking regions tend to get closer and merge into a single one as the length of the overriding
 296 plate shortens from 1700 km to 1100 km. A detailed explanation of the contours and other symbols can be found in the caption of
 297 Figure 2.

298 The extension deformation is favoured by the overall tensile deviatoric stress in the overriding plate

299 before the slab reaches the lower mantle (Figure 3). While the extension usually only lasts less
300 than 1 Myr, it induces substantial modification to the dual inward dipping subduction system. For
301 example, significant slab rollback starts to develop, creating a flattening slab geometry in the upper
302 mantle and steepening dip angle (45° to 75° , Figure 3) at the transition zone depth by the end of
303 the 10 Myr simulation.

304 To take a closer look at the extension behaviour and its connection with viscosity reduction within
305 the overriding plate, we plot the evolving magnitude of viscosity and second invariant of strain rate
306 at 5 km depth (Figure 4). The filled region in the figure represents the overriding plate, therefore its
307 widening represents extension within it. The stretching factor β (McKenzie, 1978), defined as the
308 final length of the overriding plate divided by its initial length, is used to quantify the bulk extension
309 that develops within the overriding plate. As L_{OP}^0 shortens, the stretching factor (β) of the overriding
310 plate increases from 1.07 (Figure 4, a, c) to 1.65 (Figure 4, b, d) over the 10 Myr simulations, and
311 the corresponding total extension increases from ~ 100 km to ~ 600 km. Meanwhile, the highest
312 weakening level achieved within the overriding plate increases from level 'III' ($L_{OP}^0 = 1700$ km) to
313 level 'IV' ($L_{OP}^0 \leq 1300$ km). The contour maps show that notable extension during 5-6 Myr ties
314 temporally and spatially with the necking of iso-viscous contour $\leq 10^{22}$ Pa \cdot s (Figure 4, a, b).
315 During the same time, the ever-increasing strain rate tends to narrow in width and localise around
316 the middle of the overriding plate where minimum viscosity is located (Figure 4, d), indicating the
317 presence of strain localisation in the OP. The strong spatial correlation between areas of high strain
318 rate and low viscosity is not surprising according to how viscosity is defined with Equation (8,9),
319 while we recognise the continuous necking of viscosity magnitude below $\sim 10^{22}$ Pa \cdot s acts as a
320 good indicator for identifying the occurrence of strain localisation.



321

322

323

324

325

326

Figure 4. Temporal evolution of viscosity magnitude and second invariant of strain rate along the depth of 5 km within the overriding plate for models with different initial length of the overriding plate. (a, c) Model ' $L_{OP}^0 = 1700 \text{ km}$ '. (b, d) Model ' $L_{OP}^0 = 1000 \text{ km}$ '. The edge of the filled contour in the lateral direction represents the interface between the overriding plate and subducting plate, i.e., the trench. The white arrows indicate the necking process or strain localisation within the overriding plate. β is stretching factor, calculated as the final OP length divided by the initial length at the depth of 5 km.

327

328

329

330

331

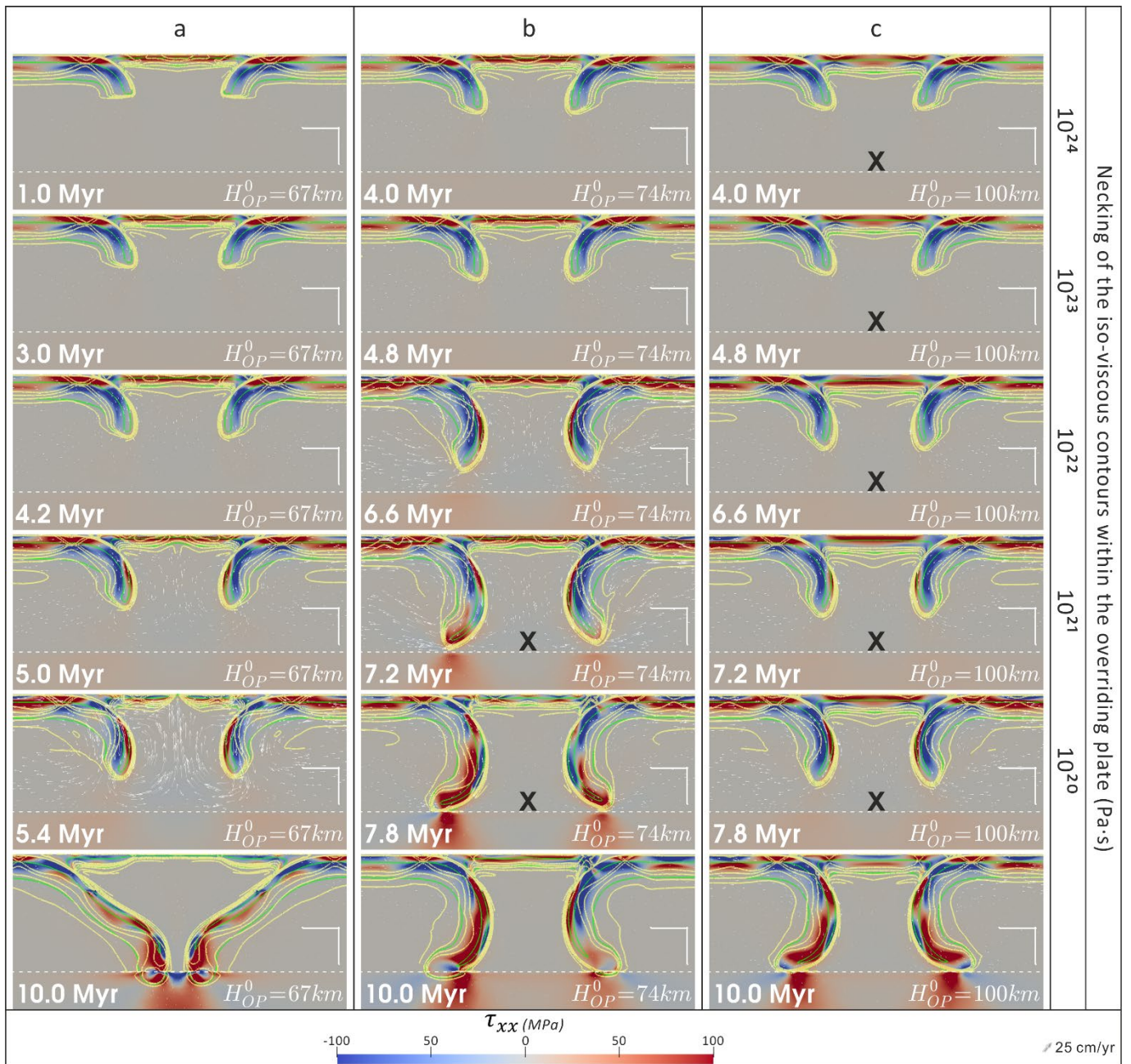
332

The edge of the filled contour in the lateral direction represents the interface between the overriding plate and subducting plate, i.e., the trench. It is noted that stagnant trenches are observed throughout the simulation, except for a short period (~ 1 Myr) of trench retreat coupling with OP extension when plate weakening reaches level 'III' (viscosity reduced to less than $10^{22} \text{ Pa} \cdot \text{s}$) in the overriding plate (Figure 4, a-b). The stagnant trenches indicate that dual inward dipping subduction self-consistently forms a "fixed" side boundary condition for the overriding plate.

333

3.3 Thickness of the overriding plate

334 The second series of models increase the initial thermal thickness (defined by the 1300 K contour)
335 of the overriding plate (H_{OP}^0) from 67 km to 100 km, while keeping the initial subducting plate
336 thickness and the initial length of the overriding plate as constants. As H_{OP}^0 increases, the time it
337 takes for the slab to sink to the depth of 660 km gradually increases from 6.0 Myr to 8.8 Myr (Figure
338 5). Meanwhile, the maximum weakening level developed within the overriding plate drops from 'IV'
339 ($H_{OP}^0 = 67 \text{ km}$) to 'III' ($H_{OP}^0 = 74 \text{ km}$) and less than 'I' ($H_{OP}^0 = 100 \text{ km}$). The time it takes to lower
340 each order of viscosity magnitude also increases, indicating that thicker overriding plate is more
341 resistant to deformation during subduction. Besides, the overall tensile deviatoric stress state in the
342 overriding plate (Figure 5, a-b) is replaced by a more heterogeneous stress state when slabs sink
343 in the upper mantle (Figure 5, c).



344 Figure 5. Progressive weakening of the overriding plate during dual inward dipping subduction with increasing thickness of the
 345 overriding plate. (a) Model ' $H_{OP}^0 = 67 \text{ km}$ ', (b) model ' $H_{OP}^0 = 74 \text{ km}$ ' and (c) model ' $H_{OP}^0 = 100 \text{ km}$ '. Section view illustrates the
 346 deviatoric normal stress field (τ_{xx}). A detailed explanation of the contours and symbols can be found in the caption of Figure 2.

347 As H_{OP}^0 thickens, the stretching factor (β) of the overriding plate decreases from 1.65 (Figure 6, a)
 348 to 1.01 (Figure 6, b) over the 10 Myr simulation. The corresponding total extension decreases from
 349 $\sim 600 \text{ km}$ to $\sim 10 \text{ km}$. It is noted that model ' $H_{OP}^0 = 100 \text{ km}$ ' holds stagnant trenches throughout the
 350 10 Myr simulation, indicating the presence of a seemingly immovable boundary condition ("fixed")
 351 imposed on the overriding plate during dual inward dipping subduction.

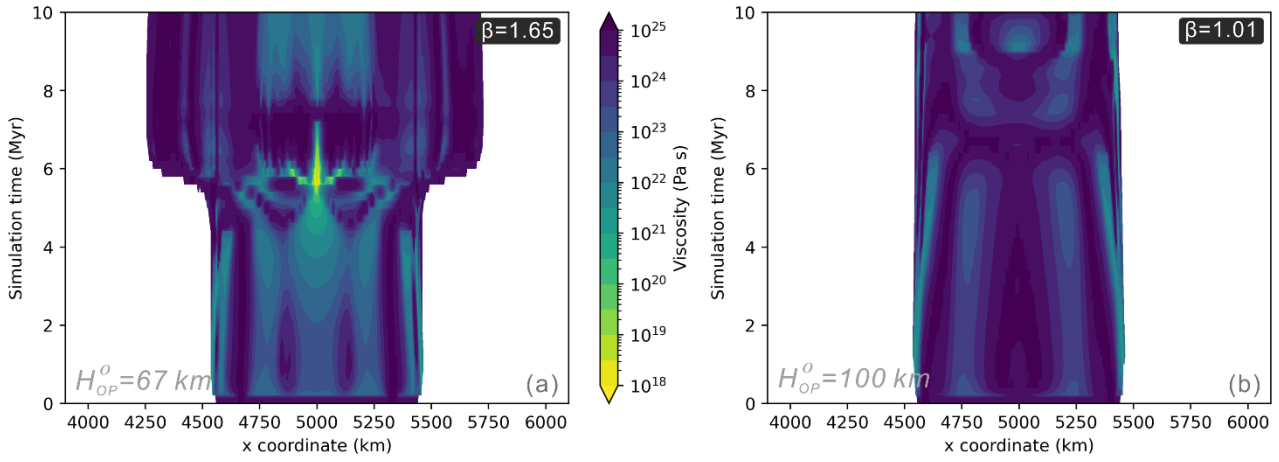


Figure 6. Temporal evolution of viscosity along a horizontal line at the depth of 5 km in the overriding plate for models with different initial thickness of the overriding plate. (a) Model ' $H_{OP}^0 = 67 \text{ km}$ '. (b) Model ' $H_{OP}^0 = 100 \text{ km}$ '. The edge of the contour filling in the lateral direction represents the interface between the overriding plate and subducting plate.

Both the section view and contour map show that the highest viscosity reduction occurs along the midline of the overriding plate in models with varying H_{OP}^0 . To investigate the progressive weakening in the necking centre, diagnostics are tracked along the vertical slice in the middle of the overriding plate (5000 km away from both side boundaries). Three diagnostics are integrated along the vertical slice and then divided by the thickness of the plate (Equation (13)),

$$\bar{D} = \frac{1}{H_{OP}} \int_0^{H_{OP}} D \, dy, \quad (13)$$

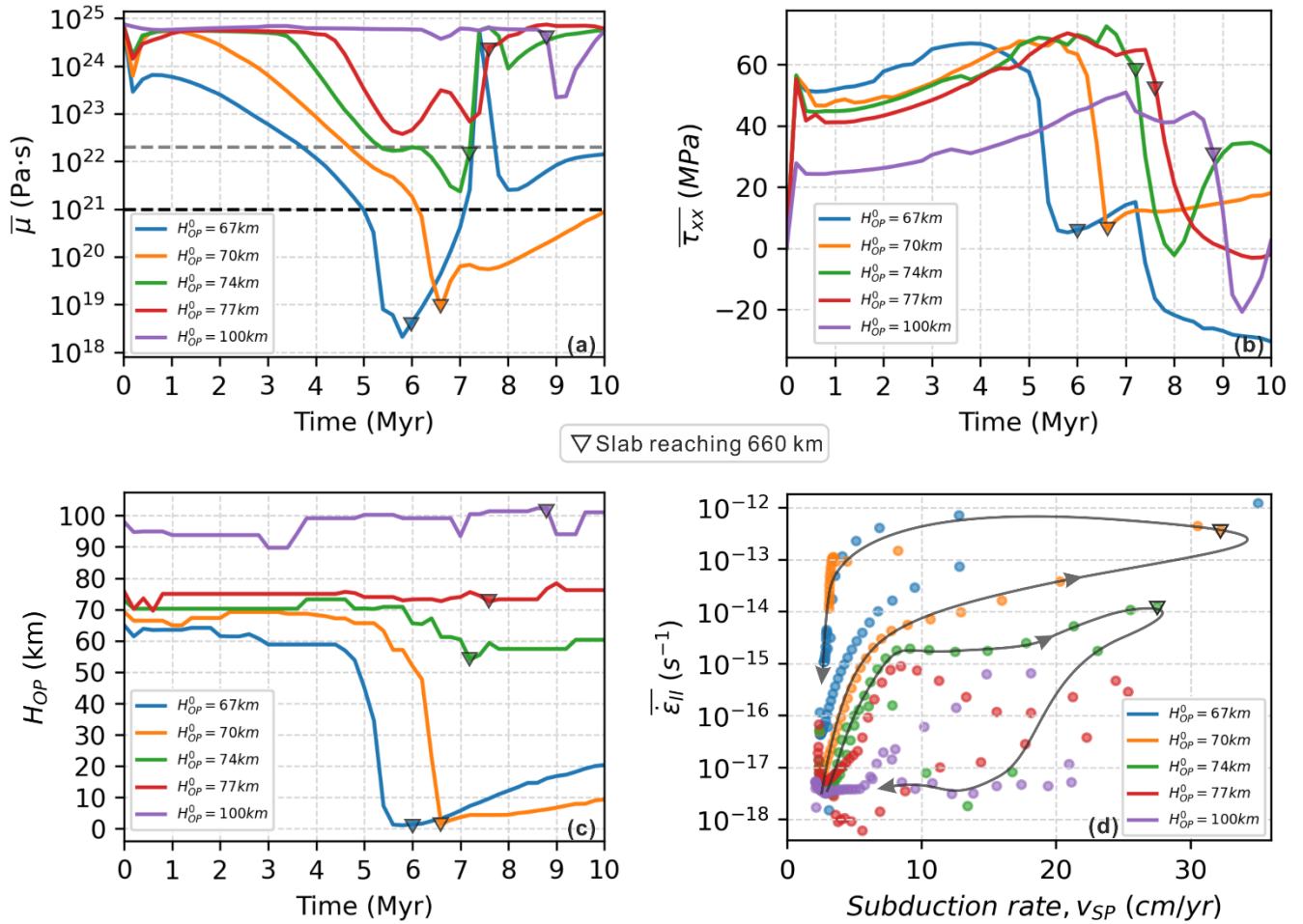
in which D represent the diagnostic. The averaged results include magnitude of viscosity ($\bar{\mu}$), second invariant of strain rate ($\overline{\dot{\epsilon}_{II}}$), deviatoric normal stress component ($\overline{\tau_{xx}}$). The real-time lithosphere thickness (H_{OP}) in the middle of the overriding plate and the magnitude of subduction rate at trench (v_{SP}) are also recorded for further analysis (Figure 7).

Broadly, the evolution of mean viscosity ($\bar{\mu}$) in the overriding plate correlates well with the variation of the other diagnostics. Take the model ' $H_{OP}^0 = 67 \text{ km}$ ' for example (blue line or points in Figure 7).

There is gradual decrease of $\bar{\mu}$, and gradual increase of $\overline{\tau_{xx}}$, $\overline{\dot{\epsilon}_{II}}$ and v_{SP} during the simulation

368 between 1 Myr to 2.5 Myr, while H_{OP} remains nearly constant. During 2.5 Myr to 5 Myr, $\bar{\mu}$ as a
369 function of time remains a consistent negative slope as before, while $\overline{\tau_{xx}}$ starts to decrease gently
370 after peaking at ~ 4 Myr. Meanwhile, H_{OP} as a function of time starts to decrease with a gradually
371 steepening negative slope. During the rifting and spreading extension between 5 Myr to 6 Myr, all
372 diagnostics are varying more rapidly, with $\bar{\mu}$, H_{OP} , $\overline{\tau_{xx}}$ dropping sharply and $\overline{\dot{\epsilon}_{II}}$ climbing steeply
373 (log scale). Then the slab reaches the depth of 660 km (Figure 7, marked by downward triangles),
374 and starts to interact with the lower mantle. The weakening process is replaced by a gradual cooling
375 and strengthening process in the overriding plate, where $\bar{\mu}$ and H_{OP} both increase while $\overline{\tau_{xx}}$ and
376 $\overline{\dot{\epsilon}_{II}}$ decrease in magnitude.

377 As the thickness of the overriding plate increases from 67 km to 100 km, the minimum $\bar{\mu}$ observed
378 in the necking centre increases from $\sim 2 \times 10^{18} Pa \cdot s$ to $\sim 2 \times 10^{23} Pa \cdot s$, which suggests that a
379 thicker overriding plate is more resistant to deformation induced by the dual inward dipping
380 subduction. In detail, Figure 7-a (grey dashed line) shows that if $\bar{\mu}$ is above $\sim 2 \times 10^{22} Pa \cdot s$, there
381 is little lithospheric thinning (< 5 km) in the necking centre (Figure 7, a, c). In the timesteps when $\bar{\mu}$
382 is in the range of $10^{21} - 2 \times 10^{22} Pa \cdot s$, thinning (< 25 km) starts to build up, but it is not weak
383 enough to develop rifting extension (Figure 7, c, green line). Only when the $\bar{\mu}$ drops below
384 $10^{21} Pa \cdot s$ does spreading extension (Figure 7, c, blue and orange lines) develop within the
385 overriding plate. It is noted in Figure 7-b, $\overline{\tau_{xx}}$ reduction may develop when spreading extension
386 occurs in the overriding plate (Figure 7, b, blue and orange lines), while the other cases witness
387 $\overline{\tau_{xx}}$ reduction only after slab reaches the depth of 660 km (Figure 7, b). These results confirm that
388 the evolution of viscosity magnitude is a good indicator for the various progressive weakening
389 developed in the overriding plate during subduction.



390
391
392
393
394

Figure 7. Temporal evolution of diagnostics for models with varying initial overriding plate thickness. (a) viscosity ($\bar{\mu}$), (b) deviatoric normal stress component ($\bar{\tau}_{xx}$), (c) real-time lithosphere thickness (H_{OP}), (d) second invariant of strain rate ($\bar{\epsilon}_{II}$) against subduction rate (v_{SP}) at trench. In d, each scatter point represents 0.2 Myr over 10 Myr simulation. The downward triangles mark the timestep when the slab reaches the depth of 660 km.

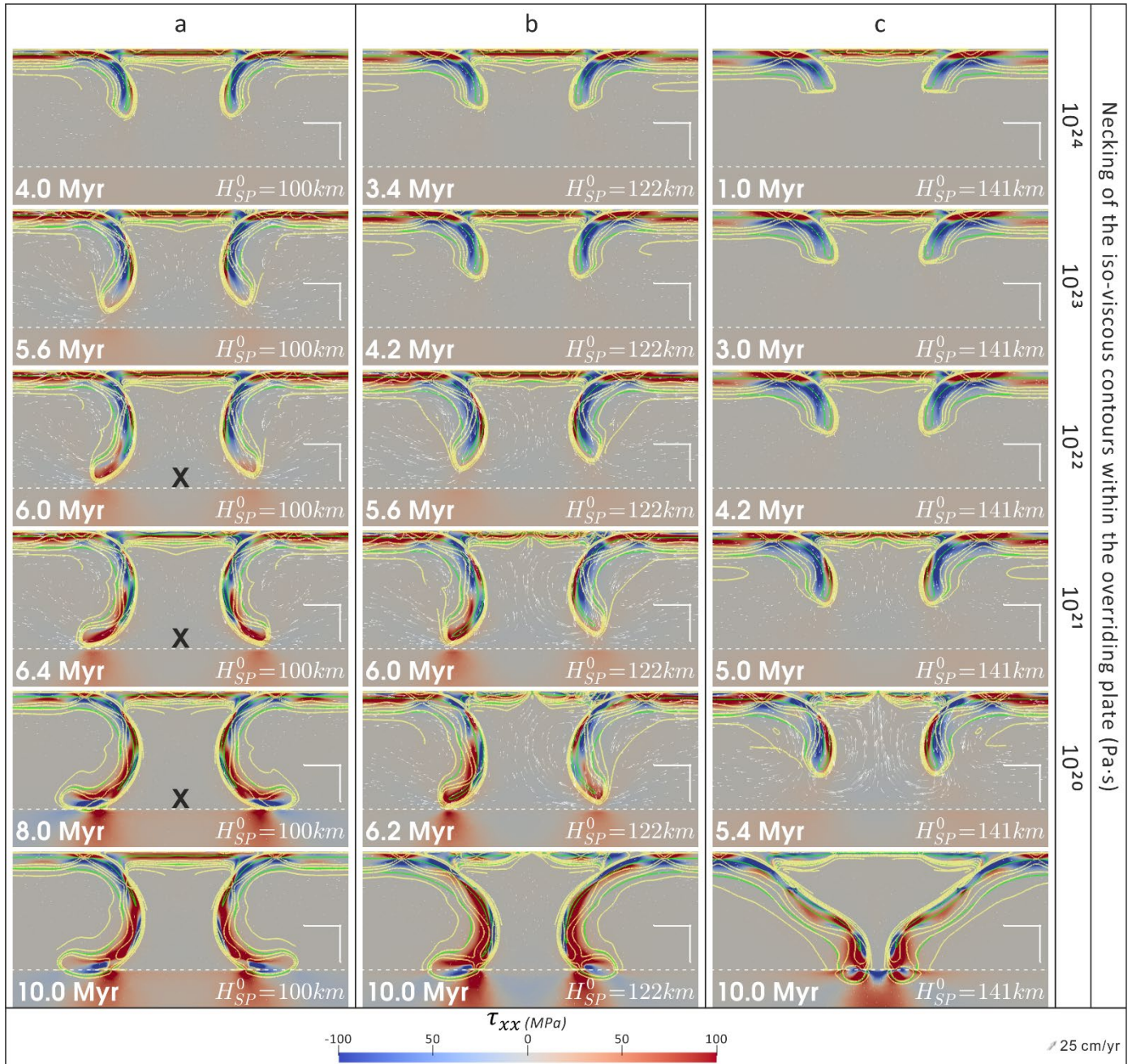
395
396
397
398
399
400
401
402
403

In Figure 7-d, each scatter point represents 0.2 Myr simulation. The temporal path shows that as the initial thickness of the overriding plate reduces, $\bar{\epsilon}_{II}$ in the overriding plate becomes increasingly sensitive to increasing subduction rate before the slab sinks to the depth of 660 km. Then the temporal path inflects upwards to higher $\bar{\epsilon}_{II}$ for models that induce spreading extension (model 'H_{SP}⁰ = 67 km' and 'H_{SP}⁰ = 70 km'), and downwards for models that fail to spread. The upward inflection suggests that once extension initiates, it does not take much subduction rate to maintain the high strain rate developed in the overriding plate. As slabs slowly sink to the lower mantle, the magnitude of subduction rate and $\bar{\epsilon}_{II}$ both gradually decrease, and the temporal path returns to the starting point for all models.

404 In the models with varying H_{OP}^0 , the maximum subduction rate ranges from 20 to 35 cm/yr, while
405 the corresponding maximum $\overline{\dot{\epsilon}_H}$ in the overriding plate ranges from 10^{-15} to $10^{-12} s^{-1}$. The
406 general positive correlation between these two variables suggests that maximum subduction rate
407 may play an important role in weakening the overriding plate. Over the 10 Myr simulation, only ~15%
408 scatter points fall in the range where subduction velocity is over 10 cm/yr, implying that high strain
409 rate deformation correlated with high subduction rate only lasts for a short period.

410 **3.4 Thickness of the subducting plate**

411 The third series of models investigate increasing the initial thermal thickness (defined by the 1300
412 K contour) of the subducting plate (H_{SP}^0) from 94 km to 141 km, while keeping the initial overriding
413 plate thickness and the initial length of the overriding plate as constants. As H_{SP}^0 increases, the
414 time it takes for the slab to sink to the depth of 660 km gradually reduces from 6.6 Myr to 6.0 Myr.
415 Meanwhile, the maximum weakening level developed within the overriding plate increases from 'II'
416 ($H_{SP}^0 = 100 km$) to 'III' ($H_{SP}^0 = 122 km$) and 'IV' ($H_{SP}^0 = 141 km$). Besides, the time it takes to lower
417 each order of viscosity magnitude reduces, indicating a faster progressive weakening as H_{SP}^0
418 thickens (Figure 8, b-c). In contrast to models with varying H_{OP}^0 , varying H_{SP}^0 does not affect the
419 overall tensile deviatoric stress state developed in the overriding plate before slabs reach the lower
420 mantle.



421

422

423

424

Figure 8. Progressive weakening of the overriding plate during dual inward dipping subduction with increasing age of the subducting plate. (a) Model ' $H_{SP}^0 = 100 \text{ km}$ '. (b) Model ' $H_{SP}^0 = 122 \text{ km}$ '. (c) Model ' $H_{SP}^0 = 141 \text{ km}$ '. A detailed explanation of the contours and symbols can be found in the caption of Figure 2.

425

426

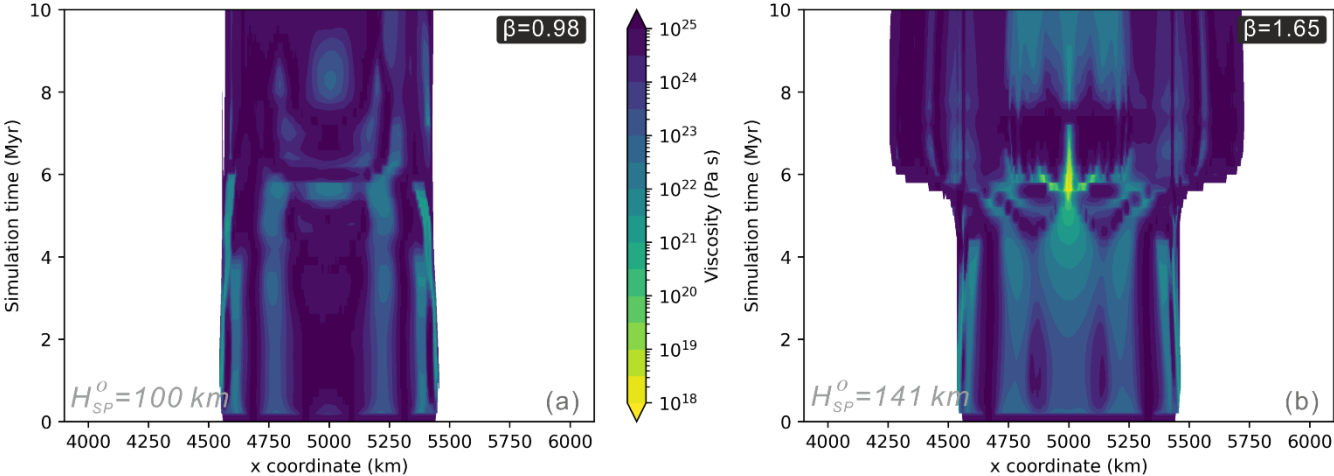
427

428

429

As H_{SP}^0 increases, the stretching factor (β) of the overriding plate increases from 0.98 (Figure 9, a) to 1.65 (Figure 9, b) over the 10 Myr simulations, and the corresponding total extension increases from -15 km ($H_{SP}^0 \leq 100 \text{ km}$) to 600 km ($H_{SP}^0 = 141 \text{ km}$). In line with models testing different L_{OP}^0 and H_{OP}^0 , stagnant trenches and “fixed” boundary effect for the overriding plate are also observed here. The only difference is that cases with thin $H_{SP}^0 (\leq 100 \text{ km})$ may develop a small amount of

430 trench advance, i.e., shortening instead of stretching the overriding plate.



431
432 Figure 9. Temporal evolution of viscosity along a horizontal line at the depth of 5km in the overriding plate with different initial
433 thickness of the subducting plate. (a) Model ' $H_{SP}^0 = 100 \text{ km}$ '. (b) Model ' $H_{SP}^0 = 141 \text{ km}$ '. The edge of the contour filling in the lateral
434 direction represents the interface between the overriding plate and subducting plate.

435 **3.5 Regime of stretching state**

436 A variety of deformation patterns and stretching state within the overriding plate have been
437 observed when varying L_{OP}^0 , H_{OP}^0 and H_{SP}^0 . Several diagnostics are reported together to quantify
438 the deformation developed within the overriding plate during the 10 Myr simulation (Table 3). The
439 detail of each diagnostic is described as follows.

Table 3. Summary of diagnostics for all models. For further description of the diagnostics please see the main text.

Model name	weakening level	t_{rift} (Myr)	t_{660} (Myr)	\bar{v}_{sink} (cm/yr)	β	accumulation of strain
$H_{SP}^0 = 94 \text{ km}$	I	-	6.6	7.0	0.95	1%
$H_{SP}^0 = 100 \text{ km}$	II	-	6.4	7.2	0.98	2%
$H_{SP}^0 = 111 \text{ km}$	III	-	6.4	7.2	1.00	21%
$H_{SP}^0 = 122 \text{ km}$	IV	6.2	6.4	7.2	1.25	110%
$H_{SP}^0 = 141 \text{ km}$	IV	5.4	6.0	7.7	1.65	2800%
$H_{OP}^0 = 67 \text{ km}$	IV	5.4	6.0	7.7	1.65	2800%
$H_{OP}^0 = 70 \text{ km}$	IV	6.4	6.6	7.0	1.41	1300%
$H_{OP}^0 = 74 \text{ km}$	III	-	7.2	6.4	1.19	30%
$H_{OP}^0 = 77 \text{ km}$	II	-	7.6	6.1	1.03	4%
$H_{OP}^0 = 100 \text{ km}$	I	-	8.8	5.2	1.01	1%
$L_{OP}^0 = 1000 \text{ km}$	IV	5.4	6.0	7.7	1.65	2800%
$L_{OP}^0 = 1100 \text{ km}$	IV	5.4	6.0	7.7	1.60	690%
$L_{OP}^0 = 1200 \text{ km}$	IV	5.6	6.0	7.7	1.49	630%
$L_{OP}^0 = 1300 \text{ km}$	IV	5.8	6.0	7.7	1.36	14% ^a
$L_{OP}^0 = 1500 \text{ km}$	III	-	6.0	7.9	1.09	15%
$L_{OP}^0 = 1700 \text{ km}$	III	-	5.8	7.9	1.07	11%
$L_{OP}^0 = 2100 \text{ km}$	II	-	5.4	8.5	1.04	4%

441

^a The accumulation of strain is calculated along the middle vertical slice (5000 km away from side boundaries) within the overriding plate. For models $L_{OP}^0 \geq 1300 \text{ km}$, the necking centres are away from this middle vertical slice (Figure 3, b). So, the accumulation of strain could be underestimated for these models. Considering that only model ' $L_{OP}^0 = 1300 \text{ km}$ ' achieved weakening level 'IV', the corrected accumulation of strain along its necking centre is around 600%. The underestimation for other models is moderate and will not change the conclusion of this research.

442

443

444

445

446

As introduced in section 3.1.1, weakening levels 'I', 'II', 'III', 'IV' are determined by the minimum

447

viscosity contour which is necked in the overriding plate during subduction. The higher the

448

weakening level, the stronger the localised rheology modification observed within the overriding

449

plate. All three groups of dual inward dipping subduction models manage to yield a variety of

450

weakening levels in the overriding plate (Figure 10, a-c).

451

t_{rift} indicates the timestep when the overriding plate develops rifting extension (weakening level

452

'IV'), and a void value means that model fails to generate rifting extension within the overriding

453

plate. t_{rift} increases with thicker or longer overriding plate, and it decreases with thicker

454

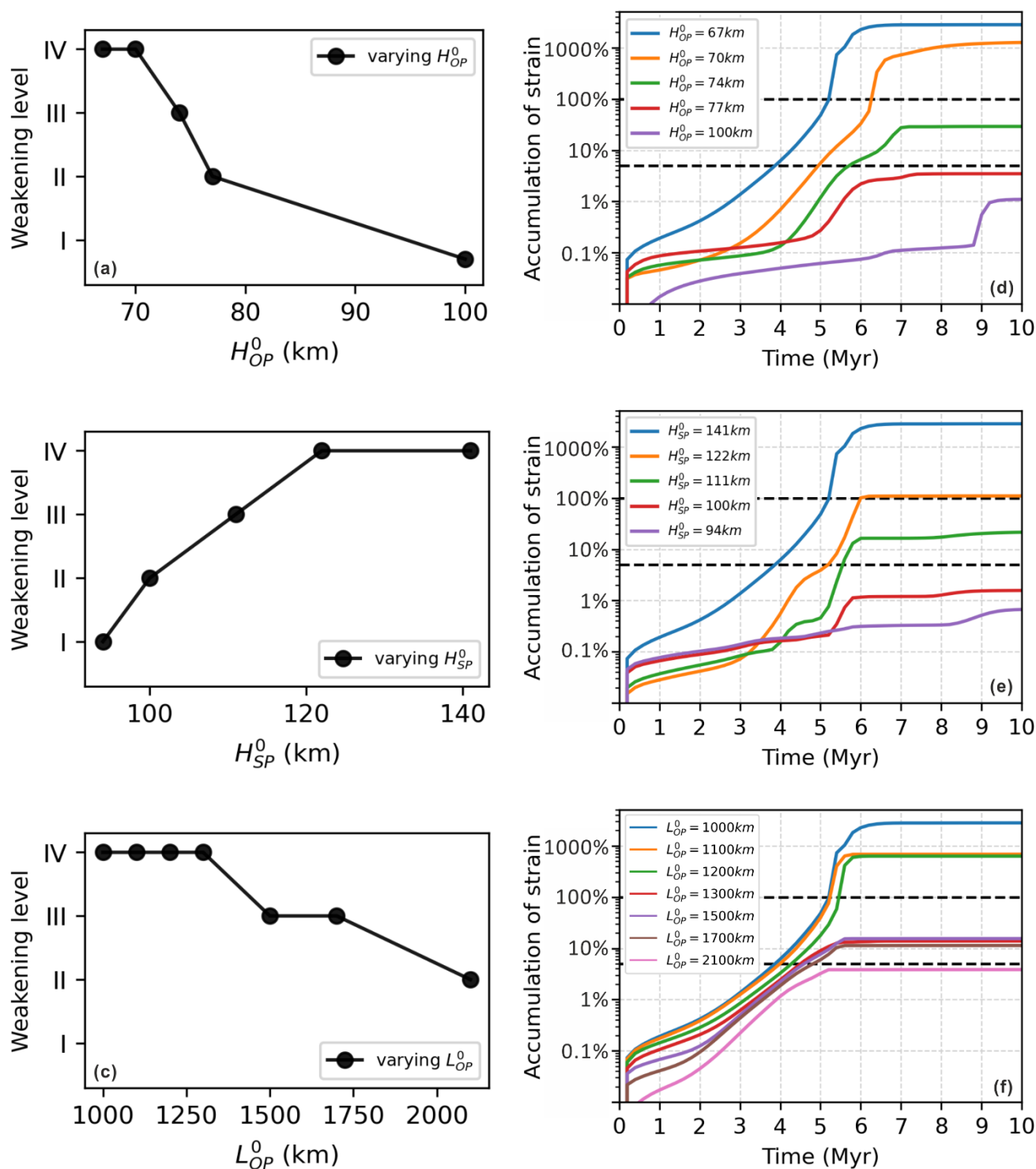
subducting plate.

455 t_{660} equals how much time the subducting plate (defined by its 1300 K isotherm) takes to sink to
456 the depth of 660km. It is most sensitive to the variation of H_{OP}^0 , while varying L_{OP}^0 and H_{SP}^0
457 generates less than ~1 Myr difference of t_{660} compared with a ~3 Myr difference when modifying
458 H_{OP}^0 . \bar{v}_{sink} is the average sinking speed before slab reaches the lower mantle, and it equals 460
459 km (the vertical distance from the initial slab tip depth to the depth of 660 km) divided by t_{660} . \bar{v}_{sink}
460 may range from 5.2 to 8.5 cm/yr, and it correlates positively with the weakening level in models that
461 vary H_{SP}^0 and H_{OP}^0 . In contrast, increasing L_{OP}^0 can generate higher \bar{v}_{sink} , which, however, fails to
462 induce greater weakening level in the overriding plate.

463 The stretching factor β (McKenzie, 1978), defined as the final length of the overriding plate divided
464 by its initial length, is used to quantify the overall extension that develops within the overriding plate
465 in 10 Myr simulation. β ranges from 0.95 to 1.04 for models that only develop weakening level 'I'
466 or 'II'. In models that develop weakening level 'III', β ranges from 1 to 1.19. β can go up from 1.25
467 to 1.65 in models that develop weakening level 'IV'.

468 While the stretching factor (β) quantifies the bulk extension in the OP, it fails to reflect the fact that
469 strain is likely to concentrate around the middle of the overriding plate with high strain rate instead
470 of evenly distributed across the OP. To quantify the deformation accumulated along the midline of
471 the overriding plate, we integrate the average second invariant of strain rate ($\overline{\dot{\epsilon}_{II}}$ based on Equation
472 (13)) with time throughout the 10 Myr simulation. All three groups of models generate a wide range
473 of accumulation of strain at the end of the simulation (Figure 10, d-f). For all models that develop
474 rifting or spreading extension, i.e., weakening level 'IV', the accumulation of strain is greater than
475 100%. Accumulation of strain falls in the range of 5% to 100% for models that only reach weakening
476 level 'III'. Models achieving weakening level 'II' and 'I', yield less than 5% strain accumulation, where

477 the deformation is hardly observable in the overriding plate. The magnitude of accumulation of
 478 strain is significantly higher than the strain ($\beta-1$) derived from the stretching factor β in models that
 479 reach weakening level 'III' and level 'IV', confirming that strain localisation characterizes the OP
 480 extension during dual inward dipping subduction.



481
 482 Figure 10. Key diagnostics used to characterise the rheology modification within the overriding plate. (a-c) Weakening level
 483 developed within the overriding plate. (d-f) Accumulation of strain in the middle of the overriding plate (5000 km away from the side

484 boundaries).

485 All the diagnostics tie closely with the weakening level developed in the OP. By combining the
486 qualitative and quantitative diagnostics presented in the results, we classify three stretching states
487 in the overriding plate during the dual inward dipping subduction: 1) little or no lithosphere thinning
488 and extension, discriminated by low weakening level up to level 'II', β up to 1.04, accumulation of
489 strain up to 5% and almost no thermal lithosphere thinning in the necking centre; 2) limited
490 lithosphere thinning and extension, identified by medium weakening level up to level 'III', β up to
491 1.19, accumulation of strain up to 30%, and limited thermal lithosphere thinning, e.g., ~15 km
492 thinning for model ' $H_{OP}^0 = 74 \text{ km}$ ' (Figure 7, c); 3) rifting and spreading extension, characterised by
493 high weakening level up to level 'IV', β greater than 1.25, accumulation of strain over 100%, and
494 total thinning of the thermal lithosphere during rifting extension.

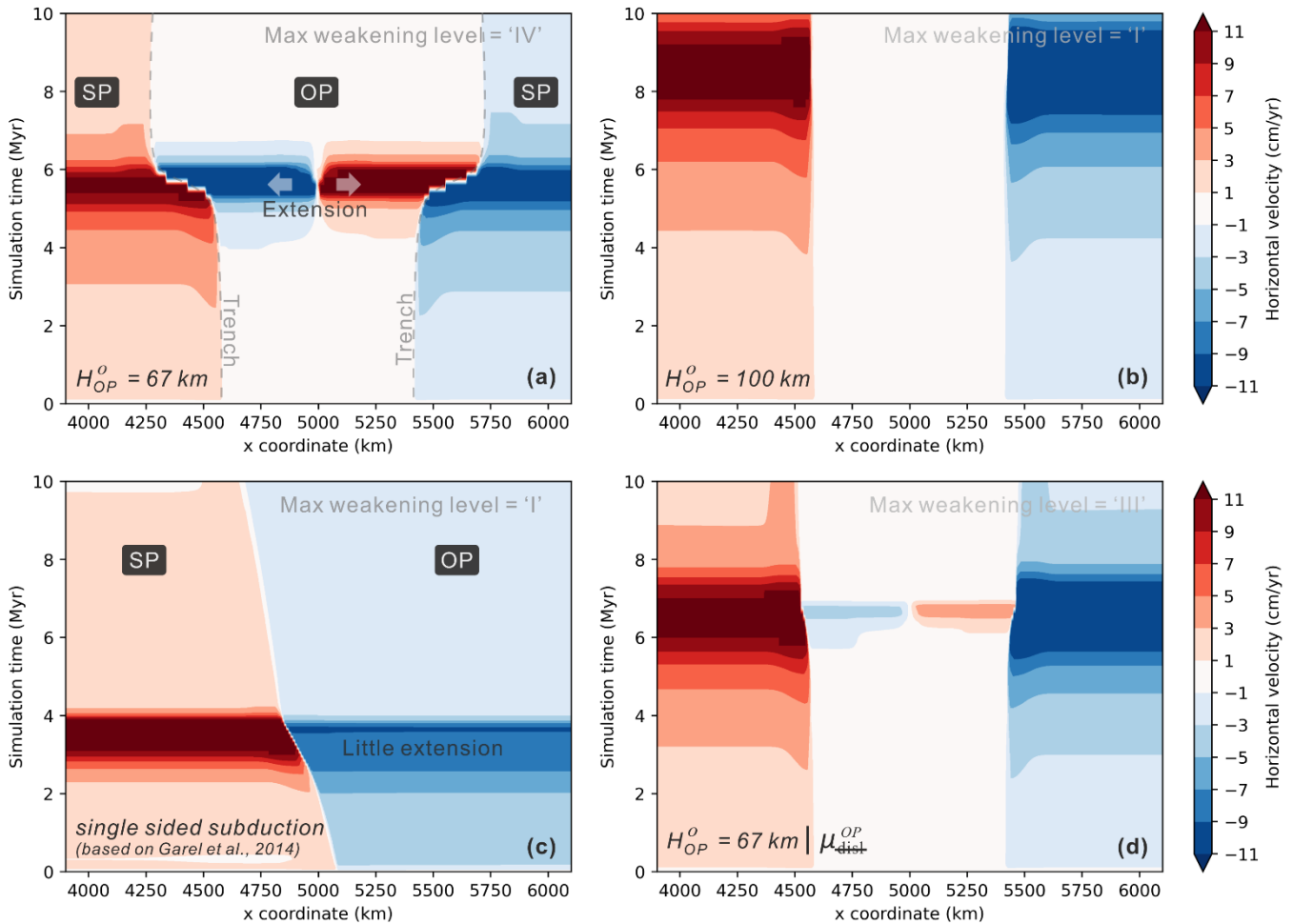
495 **4. Discussion**

496 The results show that dual inward dipping subduction can induce progressive weakening within a
497 homogeneous overriding plate. With appropriate conditions, tested in this research, e.g., thick
498 enough H_{SP}^0 , thin enough H_{OP}^0 , short enough L_{OP}^0 , different levels of stretching state, ranging from
499 no thinning nor extension to rifting and spreading extension, can develop within the overriding plate.
500 The role that dual inward dipping subduction plays during the progressive weakening and the
501 rheological origin of the weakening process are worth discussion.

502 **4.1 The role of dual inward dipping subduction**

503 **4.1.1 Fixed overriding plate boundary condition**

504 The stagnant tendency of the trenches in the viscosity contour maps (Figure 4, Figure 6, Figure 9)
505 show that dual inward dipping subduction can self-consistently form a fixed lateral boundary
506 condition for the overriding plate. This is due to the symmetric model setup, where subducting
507 plates on both sides are prone to (at least initially) advance or retreat simultaneously. It creates
508 roughly equal, symmetric and competing force from both ends of the overriding plate during
509 subduction. As a result, the mobility of the overriding plate is inhibited, as indicated by the low
510 velocity (<1 cm/yr, white contour) region within the overriding plate before extension develops
511 (Figure 11, a-b). It would be as if the mechanical boundary condition on the overriding plate was
512 fixed. As the overriding plate keeps weakening during dual inward dipping subduction, divergent
513 velocity can build up within the overriding plate, indicating initiation of extension (Figure 11, a). Then,
514 a short period (~1 Myr) of fast trench retreat is accommodated by ~600 km extension within the
515 overriding plate.



516

517

518

519

520

521

522

523

Figure 11. Temporal evolution of horizontal velocity component along a horizontal slice, x coordinate from 3900km to 6100 km, at the depth of 20 km from the surface. (a) model ' $H_{OP}^0 = 67 \text{ km}$ ', (b) model ' $H_{OP}^0 = 100 \text{ km}$ ', (c) single sided subduction with a mobile overriding plate referring to (a), (d) model ' μ_{dist}^{OP} ' identical with (a) except that it excludes dislocation creep for the overriding plate. The contour filling represents the variation of horizontal component of velocity vector throughout the 10 Myr simulation. Positive value means right-ward motion and negative value is left-ward motion. The white area represents that the plate is nearly stagnant. And the edge of the white area marks the interface between the subducting plate and overriding plate or rifting and spreading centre within the overriding plate. SP and OP are short for subducting plate and overriding plate separately.

524

525

526

527

528

529

530

Previous studies on single-sided subduction cases imply that the mobility of the overriding plate plays an important role in producing extension, especially in the back-arc region of the overriding plate. A mobile overriding plate can move as a whole to inhibit the build-up of deviatoric stress within the plate (Capitanio et al., 2010; Chen et al., 2016; Garel et al., 2014; Holt et al., 2015; Nakakuki and Mura, 2013), while the immobile overriding plate can facilitate strain localisation which accounts for the increased degree of deformation in the overriding plate compared with mobile plates (Arcay et al., 2008; Capitanio et al., 2010; Chen et al., 2016; Erdős et al., 2021;

531 Nakakuki and Mura, 2013; Sternai et al., 2014; Yang et al., 2019).

532 To investigate the role of fixed trailing boundary condition in promoting extension, we consider a
533 single sided subduction (SSS) model with a free and mobile overriding plate, based on previous
534 SSS research (Garel et al., 2014). The SSS model has the same parameters as the dual inward
535 dipping subduction model ' $H_{OP}^0 = 67 \text{ km}$ ' in every aspect, e.g., rheology, initial subduction plate
536 thickness (141 km) and initial overriding plate thickness (67 km) at the trench, except that there is
537 only one subducting plate and the overriding plate holds a mobile side boundary. During the 10 Myr
538 simulation, the SSS model only reached weakening level 'I', much lower than weakening level 'IV'
539 in its reference model ' $H_{OP}^0 = 67 \text{ km}$ '. The results also show that much less extension, evidenced
540 by the absence of divergent velocity, is observed in the overriding plate of SSS model (Figure 11,
541 c) relative to that in the model ' $H_{OP}^0 = 67 \text{ km}$ ' (Figure 11, a). Thus, the lack of mobility of the
542 overriding plate plays a key role in promoting the degree of weakening during dual inward dipping
543 subduction (DIDS).

544 Previous research also find that symmetric DIDS configuration can limit the trench mobility
545 (Dasgupta and Mandal, 2018; Holt et al., 2017; Lyu et al., 2019), yet its role in promoting extension
546 in the overriding plate has not been addressed. As mentioned before, previous DIDS models all
547 apply a rheology law that excludes thermal effects for the plates and mantle during simulation. This
548 is likely to create a strong overriding plate where strain or extension can hardly develop in hotter
549 regions during subduction (Figure 11, b). As it takes extension to accommodate the space trench
550 retreat creates within a fixed OP, trenches tend to remain stagnant across all previous DIDS models
551 throughout the simulation.

552 To validate this hypothesis, we run an additional model that reduces the thermal dependency for
553 the rheology law applied in the overriding plate. In model ' μ_{diss}^{OP} ', we removed dislocation creep, a
554 thermal dependent deformation mechanism (Equation (8)), from the composite rheology for the
555 overriding plate while keeping every other aspect the same as model ' $H_{OP}^0 = 67 \text{ km}$ '. The result
556 shows that ~60 km of total extension with maximum weakening level 'III' is observed in the
557 overriding plate (Figure 11, d), only 10% of the total extension (trench retreat) relative to the
558 reference model ' $H_{OP}^0 = 67 \text{ km}$ '. According to how bulk viscosity is calculated with Equation (7), it
559 will become even more difficult to deform the overriding plate, if other thermal dependent
560 deformation mechanisms, i.e., Peierls creep and diffusion creep, are removed from the composite
561 rheology for the overriding plate. Bearing this in mind, the result of additional model ' μ_{diss}^{OP} ' reveals
562 why previous DIDS models (Dasgupta and Mandal, 2018; Holt et al., 2017; Lyu et al., 2019), only
563 have nearly stagnant trench and fail to induce spreading extension in the overriding plate, even
564 though the fixed overriding plate boundary effect is also observed. The result also highlights that
565 incorporating thermal dependent rheology can significantly reduce the strength of the overriding
566 plate during dual inward dipping subduction. A detailed evaluation on each deformation
567 mechanism's role in weakening the overriding plate will be discussed in section 4.2.

568 To summarise, dual inward dipping subduction can self-consistently form a fixed boundary condition
569 for the overriding plate. This creates an environment promoting the development of strain
570 localisation in the stagnant overriding plate relative to single sided subduction with a free mobile
571 boundary condition. In addition, the incorporation of thermal dependent creep rheology allows
572 higher weaken level to develop in the OP and it facilitates the formation of spreading extension
573 within the OP during dual inward dipping subduction.

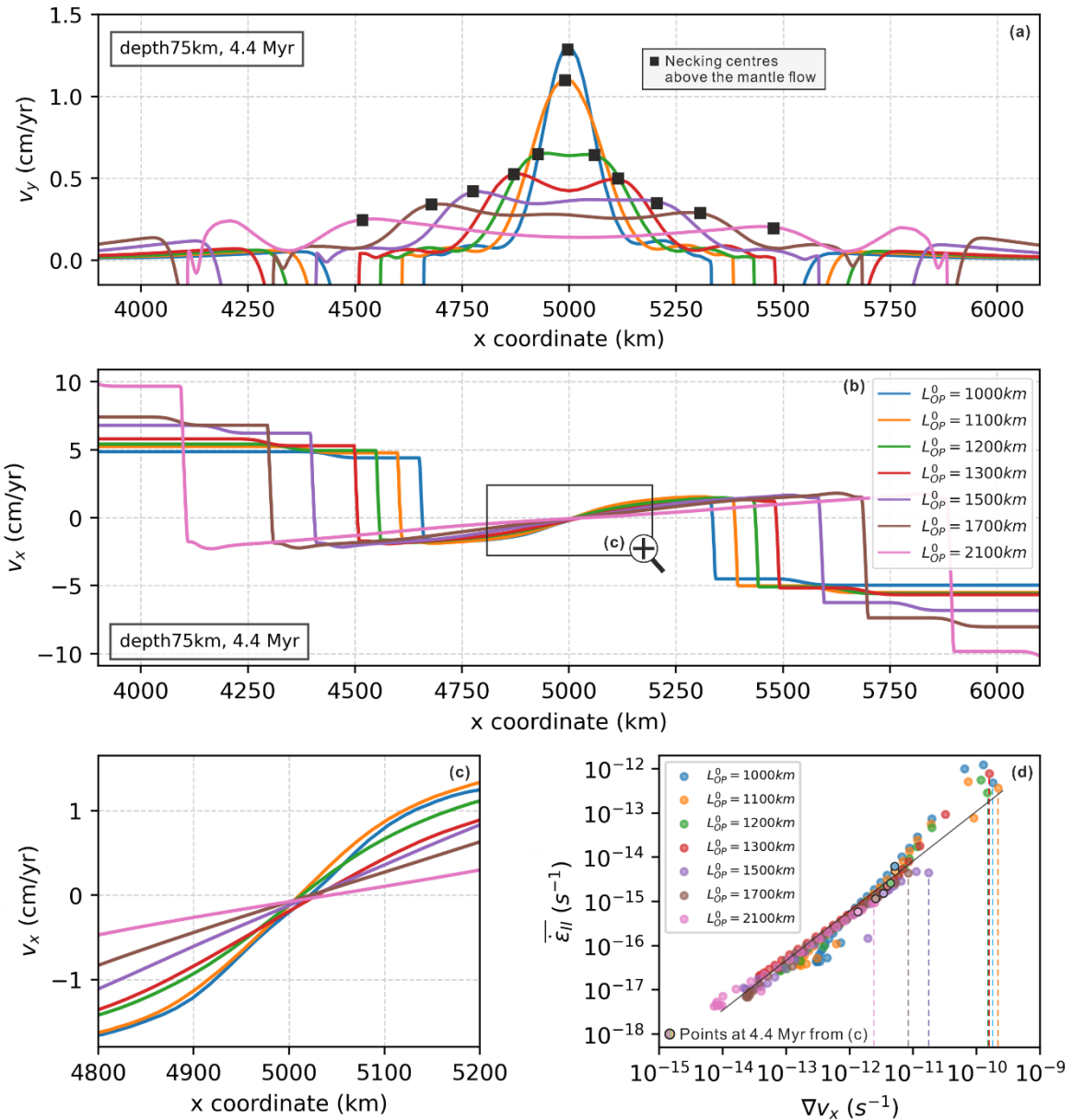
574 **4.1.2 Stronger mantle wedge flow**

575 Our results show that varying the size of the overriding plate can affect the degree of extension
576 developed within the overriding plate. Previous research on single sided subduction shows that
577 sinking slab can induce vigorous mantle return flow, which has been suggested to account for
578 extensional deformation within the overriding plate, e.g., back-arc extension, supercontinent
579 breakup (Chen et al., 2016; Dal Zilio et al., 2018; Erdős et al., 2021; Gerardi and Ribe, 2018;
580 Husson, 2012; Sleep and Toksöz, 1971; Sternai et al., 2014). Multiple parameters can influence
581 the magnitude of slab induced mantle wedge flow: a) age-dependent thickness of the subducting
582 plate (H_{SP}^0) is associated with the magnitude of slab net negative buoyancy (e.g., Garel et al., 2014)
583 that correlates positively with the intensity of mantle wedge flow (Capitanio and Faccenda, 2012);
584 b) lowering the thickness of the overriding plate (H_{OP}^0) can not only increase the net negative
585 buoyancy by increasing the hanging slab area in the upper mantle, but also reduce the shear force
586 along the interface between two coupled plates (Hertgen et al., 2020), thus generating faster
587 subduction rate and inducing stronger mantle wedge flow. These two parameters are tested in this
588 research with a dual inward dipping subduction (DIDS) setup, and they also show effective control
589 on the subduction rate (t_{660} and \bar{v}_{sink} in Table 3) which correlates positively with the maximum
590 weakening level (Table 3) and the second invariant of strain rate in the overriding plate (Figure 7,
591 d). Thickening H_{SP}^0 or thinning H_{OP}^0 can increase the velocity of descending slab is also reported
592 in previous DIDS models (Lyu et al., 2019). It is also noted that higher slab sinking rate can induce
593 stronger mantle wedge flow, which accounts for growing tensile deviatoric stress in the overriding
594 plate. DIDS models in (Dasgupta and Mandal, 2018) use a velocity boundary condition for the
595 subducting plate, so subduction rate is prescribed and constant ranging from 1-5 cm/yr for five

596 models. The results also show that higher subduction rate can induce stronger mantle wedge flow
597 which creates increasing tensile stress field in the central part of the OP. Nevertheless, the potential
598 of slab induced mantle wedge flow in weakening (e.g., thinning and stretching) the overriding plate,
599 is not addressed in previous DIDS models, as no significant deformation that relates to spreading
600 extension is observed in the OP throughout the simulation. This could be ascribed to the lack of
601 thermal dependency for the rheology law applied, as indicated in Figure 11 (a, d). The topic will be
602 further discussed in section 4.2.

603 Apart from varying H_{SP}^0 and H_{OP}^0 , we find that increasing the initial length of the overriding plate
604 (L_{OP}^0) can also increase the subduction rate (Table 3). However, it fails to induce higher weakening
605 level within the overriding plate. Actually, a negative correlation between subduction rate (\bar{v}_{sink}) and
606 the OP weakening level is observed instead. As H_{OP}^0 remains constant in models with varying L_{OP}^0 ,
607 the OP's strength or its resistance to deformation induced by the underlying mantle flow remains
608 unchanged. In this case, it suggests that L_{OP}^0 may dominate over subduction rate in affecting the
609 intensity of slab induced mantle wedge flow or its ability to weaken the OP. To evaluate how L_{OP}^0
610 modifies the intensity of slab induced mantle wedge flow, we quantify the vertical (v_y) and horizontal
611 (v_x) component of velocity field in the mantle along a lateral slice at the depth of 75 km (Figure 12),
612 which is ~ 8 km below the overriding plate (bottom defined by 1300 K isotherm). It shows that the
613 gradient of diverging mantle flow (slope of v_x , ∇v_x) increases gradually underlying the OP midline
614 as L_{OP}^0 shortens (Figure 12, c-d), suggesting a growing shear stress applied at the bottom of the
615 stagnant OP. It is also noted that models with $L_{OP}^0 \geq 1500\text{km}$ tend to form two separate mantle
616 return flow cells, above which two individual necking centres develop symmetrically along the
617 midline of the overriding plate (Figure 12, a). In contrast, slab induced convective mantle flows tend

618 to unite with each other and act upon a single necking centre in models with $L_{OP}^0 \leq 1200 \text{ km}$,
619 generating higher magnitude of upwelling component of mantle flow (Figure 12, a). Resulting from
620 the stronger diverging mantle flow underlying the OP, higher magnitude of strain rate and
621 weakening level develop in models with shorter L_{OP}^0 (Figure 12, d). Considering the slowing down
622 of the slab sinking rate as L_{OP}^0 shortens, previous research suggests that the stronger mantle
623 wedge flow can generate greater velocity gradients in the direction perpendicular to the slab surface,
624 creating a strong shear field that can flatten the slab dip (Dasgupta and Mandal, 2018; Enns et al.,
625 2005; Holt et al., 2015). The flattened slab dip is also observed in Figure 3 over the 10 Myr
626 simulation. Another possible explanation is that the sinking rolling back subducting slabs require
627 flow from the deeper mantle to enter the mantle wedge for conservation of mass. This becomes
628 harder as the gap between the slabs becomes narrower. Therefore, this reduces how quickly the
629 slabs with shorter L_{OP}^0 can sink. Here, we propose that the distance between slabs can play a
630 dominant role over the slab sinking rate in regulating the mantle wedge flow intensity, which affects
631 the mantle flow's potential to weaken the overriding plate and modulate the slab motion.



632

633

634

635

636

637

638

639

Figure 12. Intensity of mantle flow and its correlation with plate weakening in the overriding plate. (a-b) Vertical and horizontal velocity component of mantle flow along a slice at the depth of 75 km, ~8 km below the overriding plate, after 4.4 Myr simulation. Positive value means rightward or upward motion, and negative value represents leftward or downward motion. In (a), the horizontal coordinate of the necking centres in the overriding plate is plotted as black square to visualize its spatial correlation with upwelling component of mantle wedge flow. (d) Linear correlation in log scale between the progressive weakening in the overriding plate ($\bar{\epsilon}_{II}$, defined by Equation (13)) and the velocity gradient of the divergent mantle flow underlying the overriding plate midline (∇v_x). The maximum velocity gradient of divergent mantle flow in the range of t_{660} for each model is marked by a vertical dashed line.

640

641

642

643

Our result is consistent with previous DIDS models, which also find that reducing the L_{OP}^0 can slow down the sinking rate. This effect is supported by evidence such as increased t_{660} (Lyu et al., 2019) and gentler slab dip in the upper mantle (Dasgupta and Mandal, 2018). Besides, the effect of creating a stronger mantle flow as L_{OP}^0 reduces is addressed to account for growing tensile

644 deviatoric stress in the OP (Dasgupta and Mandal, 2018; Lyu et al., 2019). Yet, no significant
645 extension in the OP correlating with the strengthened mantle flow was observed. This may be
646 because previous DIDS models do not consider thermal dependency for the rheology, making the
647 OP too strong to be stretched as suggested in Figure 11 (a, d). A detailed evaluation on the role of
648 temperature dependent rheology in assisting plate weakening in the overriding plate will be
649 discussed in section 4.2.

650 A similar effect is also reported in other multiple slab subduction models, where mantle flow induced
651 by two neighbouring 3D slabs with opposite dips tends to merge with each other and forms a
652 stronger one as the lateral distance between the two slabs reduces (Király et al., 2016). It is also
653 noted that the integrated mantle flow can regulate the slab motion and trench retreat velocity (Király
654 et al., 2016).

655 In brief, previous research on subduction shows that the slab induced return flow can apply basal
656 traction, which can propagate upwards and create high enough tensile deviatoric stress that
657 overcome the strength of the overriding plate (e.g. Capitanio et al., 2010; Dal Zilio et al., 2018; Holt
658 et al., 2015; Husson, 2012; Sternai et al., 2014; Yang et al., 2019). A united, thus stronger return
659 flow is likely to strengthen the mantle flow's ability to weaken the overriding plate during dual inward
660 dipping subduction (Figure 12, d).

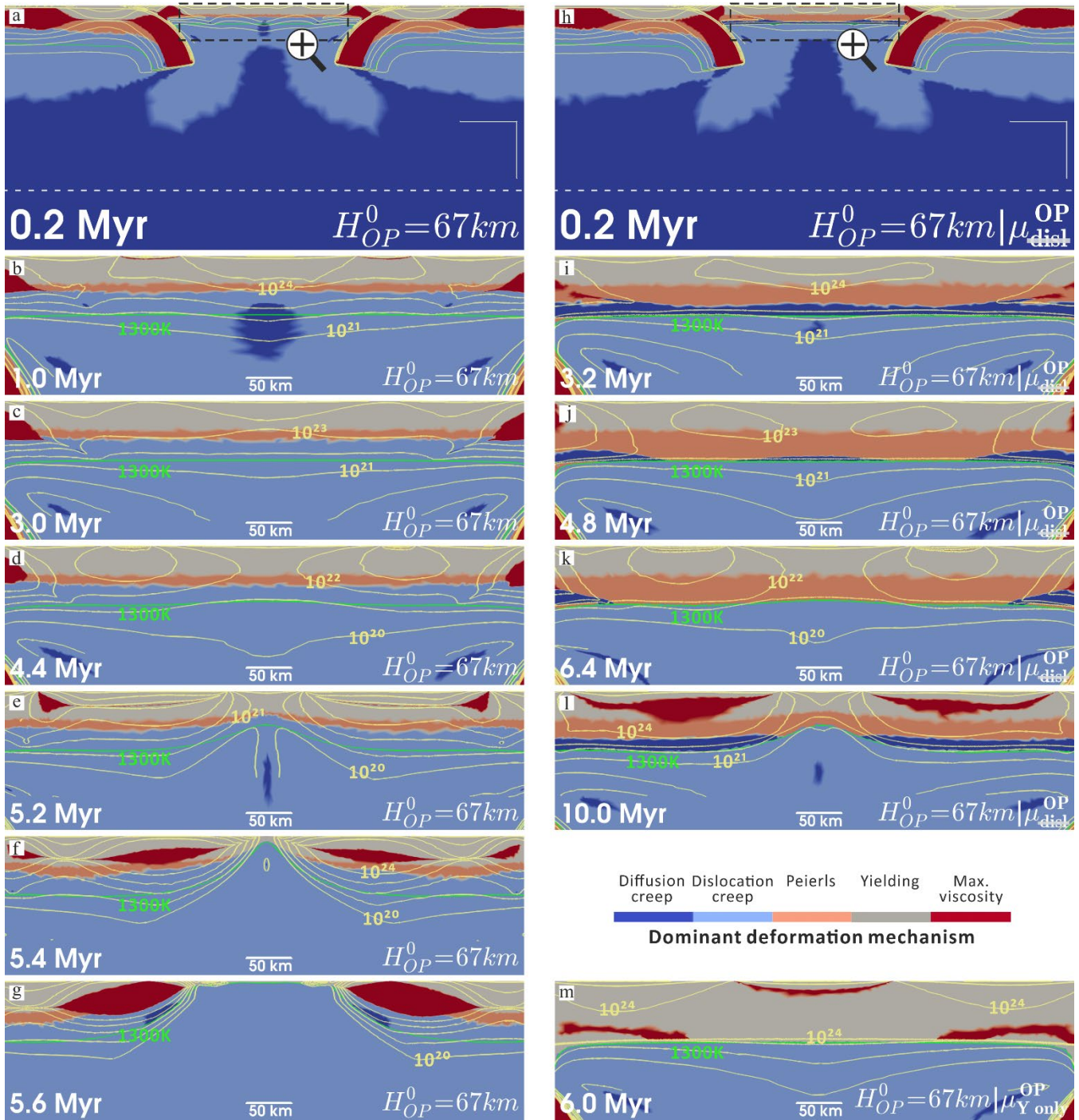
661 **4.2 Overriding plate weakening mechanism**

662 As introduced in the methods, we applied composite rheology which incorporates four deformation
663 mechanisms everywhere in the simulation domain. Here, the dominant deformation mechanism

664 (DDM) is defined as the rheology law that yields the minimum magnitude of viscosity at a certain
665 point, similar with deformation mechanism partitioning in previous research (Bessat et al., 2020;
666 Garel et al., 2020; Ruh et al., 2022). We try to understand the temporal and spatial evolution of the
667 DDM within the overriding plate, especially around the midline of the OP where strain localisation
668 tends to develop. Then we evaluate the contribution of each deformation mechanism in promoting
669 viscosity reduction within the overriding plate, especially the temperature dependent creep
670 rheologies.

671 **4.2.1 Dominant deformation mechanism analysis**

672 Model ' $L_{OP}^0 = 1700 \text{ km}$ ' with limited extension has shown that the DDM is stratified with yielding,
673 Peierls creep and dislocation creep as temperature increases with depth in the overriding plate
674 (Figure 2, b). Here, we further investigate how the DDM evolves in models that develop rifting and
675 spreading extension within the overriding plate, e.g., model ' $H_{OP}^0 = 67 \text{ km}$ '. Therein, the temporal
676 phases show that the DDM is also spatially layered (Figure 13, a-g), with yielding initially dominating
677 from the surface to the depth of $\sim 35 \text{ km}$, underlain by Peierls creep dominating for the next $\sim 10 \text{ km}$
678 and then dislocation creep dominating for $\sim 25 \text{ km}$ (Figure 13, b-d). Among all the DDM at different
679 depths throughout the simulation, the DDM of yielding layer is always the thickest and the DDM of
680 dislocation creep layer comes as the second. To be noted, the DDM of diffusion creep with limited
681 area is observed around the bottom of the overriding plate during the initial plate weakening (Figure
682 13, b), and it is completely replaced by dislocation creep after 3 Myr. During the thinning process
683 of the overriding plate, the deformation mechanism of Peierls creep gives way to yielding and
684 dislocation creep as DDM (Figure 13, d-g). The replacement and interplay among different DDM
685 will be discussed in the next subsection.



686

687

688

689

690

691

692

693

694

695

Figure 13. The temporal and spatial evolution of the dominant deformation mechanism in the overriding plate during progressive weakening, represented by the continuous necking of viscosity contours. The model in the left column is model ' $H_{OP}^0 = 67 \text{ km}$ ' (a-g). The two models in the right column are identical with the left one except that one excludes dislocation creep for the overriding plate (model ' μ_{disl}^{OP} ', h-l) and the other only keeps yielding deformation mechanism for the overriding plate (model ' μ_Y^{OP} ', m). The dashed zoom-in block in (a) and (h) shows the location of screenshots in (b-g) and (i-l) separately. The progressive weakening process within the overriding plate is demonstrated by the necking of the iso-viscous contours. The 5 groups of yellow contours encompassing the plates in each screenshot are iso-viscous contours of $10^{20}, 10^{21}, 10^{22}, 10^{23}, 10^{24} \text{ Pa} \cdot \text{s}$ from outward to inward. The bottom of the overriding plate is defined by the green iso-thermal contour of 1300 K. The bottom left corner caption shows the elapsed simulation time and bottom right corner is the name of the model.

696

While we do not implement a multi-material approach to define the rheology of different layers (e.g.,

697 crust) in the lithosphere, the uniform compositional rheology law self-consistently generates the
698 layered structure in Figure 13. In detail, yielding only dominates over other creep mechanisms in
699 the cold regions, corresponding to the crustal depth range. The temperature-dependent creep
700 mechanisms dominate over yielding in the hot bottom region, equivalent to the depth range of
701 mantle lithosphere. The continuous necking process shows that the viscosity reduction initiates
702 from the surface (yielding) and the bottom of the plate (dislocation or diffusion creep). Then the
703 viscosity contour necks in the middle depth (Peierls creep) of the plate as seen in Figure 13, (b-e).
704 This suggests that both thermal dependent rheology and non-thermal dependent rheology (yielding)
705 contribute to the progressive weakening in the overriding plate (OP). To confirm whether rifting and
706 spreading extension still occur in the OP when thermal component of rheology is reduced or
707 removed, we run two additional models. These models are identical with model ' $H_{OP}^0 = 67 \text{ km}$ ',
708 except that one excludes dislocation creep for the overriding plate (model ' μ_{disl}^{OP} ') and the other only
709 keeps the yielding deformation mechanism for the overriding plate (model ' $\mu_{Y \text{ only}}^{OP}$ ').

710 The result shows that the maximum weakening level additional model ' μ_{disl}^{OP} ' achieves is level 'III',
711 i.e., it fails to neck the iso-viscous contour of $10^{21} \text{ Pa} \cdot \text{s}$ or generate spreading extension before
712 the slab reaches the 660 km at $\sim 7 \text{ Myr}$ (Figure 13, h-l). It indicates that dislocation creep's role in
713 inducing OP spreading extension is irreplaceable. Based on this result and how the bulk viscosity
714 is calculated (Equation (7)), removing any further thermal dependent creep deformation
715 mechanisms, i.e., Peierls creep and diffusion creep, will only create an even stronger overriding
716 plate, i.e., no ridge formation or spreading extension will ever occur. Here, we demonstrate this
717 prediction by presenting model ' $\mu_{Y \text{ only}}^{OP}$ ' where the model has a strong lithospheric bottom, and it
718 fails to even neck the iso-viscous contour of $10^{24} \text{ Pa} \cdot \text{s}$ (weakening level 'I') in the OP after 6 Myr

719 simulation (Figure 13, m). The result of additional model ' μ_{dist}^{OP} ' and model ' $\mu_{Y\ only}^{OP}$ ' also reveal why
720 previous DIDS models, without considering temperature dependent rheology, fail to induce any
721 significant extension or trench retreat in the overriding plate (Dasgupta and Mandal, 2018; Holt et
722 al., 2017; Lyu et al., 2019).

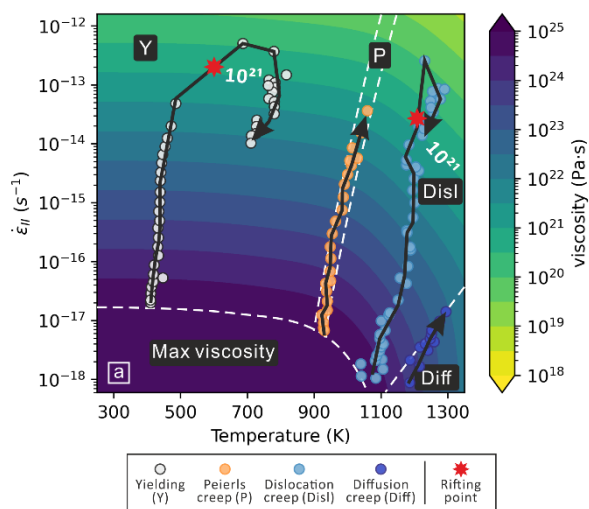
723 Another end member of rheology setup would be only incorporating temperature dependent creep
724 rheology and excluding yielding. Such rheology setup is commonly used in large-scale mantle
725 convection models, which focus on studying deformation in the upper and lower mantle. Composite
726 rheology incorporating dislocation creep and diffusion creep is usually considered, and it will
727 generate a strong layer ($\mu \geq 10^{24} Pa \cdot s$) with extremely low strain rate ($\leq 10^{-18} s^{-1}$) in cold
728 regions (less than ~ 600 K) near the surface (Schulz et al., 2019). Similar stronger surface layer are
729 widely observed when only dislocation and diffusion creep are considered for the composite
730 rheology (Asaadi et al., 2011; Becker, 2006; Becker et al., 2008). We do not run models with only
731 temperature dependent creep rheology laws here, but we briefly investigate the case by plotting
732 the viscosity contour map as a function of temperature, second invariant of strain rate, and depth
733 (lithostatic pressure) in the supporting material (Figure S1, g-i). It also suggests a strong layer in
734 the cold region (less than 600 K) near the surface, and it takes several orders of magnitude higher
735 strain rate to reduce viscosity to lower than $10^{21} Pa \cdot s$ relative to cases that consider both yielding
736 and temperature dependent rheology (Figure S1, d-f). As model ' $\mu_{Y\ only}^{OP}$ ' has demonstrated that it
737 takes viscosity reduction from both the surface and the bottom to develop continuous necking, a
738 lack of viscosity reduction around the surface will inhibit the development of plate weakening in the
739 OP. Thus, we conclude that it takes both yielding and temperature dependent rheology laws to
740 promote continuous viscosity reduction and induce spreading extension in the overriding plate.

4.2.2 Weakening contribution analysis

The previous section has shown that the DDM may vary at different depth range within the overriding plate. To evaluate the contribution of each DDM to inducing rifting and spreading extension throughout the simulation, we slice the overriding plate vertically through its midline where the most intensive necking and strain localisation take place. Then we group the points along the midline by the type of DDM at each timestep. For each group with the same DDM, we calculate at each timestep the arithmetic average of the second invariant of strain rate and temperature state, which are then plotted on the viscosity contour map computed through Equation (7-9). As the magnitude of viscosity is not sensitive to lithostatic pressure in the depth range of 70 km (Figure S1, e-f), we use the depth of 50 km to create the background viscosity contour map (Figure 14, a).

One way to evaluate the contribution of deformation mechanisms to plate weakening is to quantify how much (order of) viscosity reduction each DDM achieves. For model ' $H_{OP}^0 = 70 \text{ km}$ ', both yielding and dislocation creep reduce the viscosity to magnitude lower than $10^{21} \text{ Pa} \cdot \text{s}$ (Figure 14, a), which is the critical magnitude to initiate rifting and spreading extension (Figure 7, a). This indicates that yielding and dislocation creep play an active role throughout the plate weakening process, which includes lithospheric thinning, rifting and spreading extension within the OP. Peierls creep can reduce viscosity to the range of 10^{21} - $10^{22} \text{ Pa} \cdot \text{s}$ (Figure 7, a), suggesting that it also contributes substantially to induce plate thinning. The absence of Peierls creep in the necking centre when rifting and spreading extension develops in the OP implies that it is secondary deformation mechanism relative to yielding and dislocation creep as strain localizes in this stage. Diffusion creep induces the least viscosity reduction to $\sim 5 \times 10^{22} \text{ Pa} \cdot \text{s}$, which suggests that it only softens the plate's bottom layer for further deformation. For models that do not develop rifting or

763 spreading extension, the temporal paths of the DDM are similar with model ' $H_{OP}^0 = 70 \text{ km}$ ' except
 764 that the minimum viscosity is never less than $10^{21} \text{ Pa} \cdot \text{s}$.



765
 766 Figure 14. Temporal path of each dominant deformation mechanism over the background viscosity contour map along the midline
 767 of the overriding plate, i.e., the necking centre in model ' $H_{OP}^0 = 70 \text{ km}$ '. The background viscosity contour map is calculated based
 768 on Equation (7-9) with prescribed lithostatic pressure at the depth of 50 km. The phase diagram is divided by the white dashed lines
 769 into five domains based on the calculation of which deformation mechanism yields the minimum viscosity at the given second
 770 invariant of strain rate, temperature. Each scatter points represents a timestep.

771 To be noted, we observe an abrupt accelerating viscosity reduction in the range of 10^{20} - $10^{22} \text{ Pa} \cdot \text{s}$
 772 for the DDM of yielding and dislocation creep (Figure 14, a). Concurrently, the strain rate also jumps
 773 to a faster rate, displayed by the less dense scatter of points (each represents a timestep). As
 774 demonstrated in Figure 4 (b, d), the necking of iso-viscous contour of $10^{22} \text{ Pa} \cdot \text{s}$ also indicates the
 775 development of strain localisation with narrowing width of high strain rate region in the OP. The
 776 accelerating viscosity reduction implies that the overriding plate along its midline (necking centre)
 777 falls into positive feedback between plate weakening and strain localisation. A similar feedback
 778 process is widely observed in simulations that involve plate-scale weakening and generation of new
 779 plate boundaries (Fuchs and Becker, 2022, 2019; Gueydan and Précigout, 2014; Wenker and
 780 Beaumont, 2018). In the case of uniaxial stretching, the plate strength is proportional to $\bar{\mu} \times H_{OP}$
 781 (Ribe, 2001), both of which in our models are reducing during the plate thinning process.

782 Considering that the plate strength measures the very resistance to the underlying mantle flow, the
783 reduction of viscosity and plate thickness will incur further plate weakening, which in turn allows
784 higher strain rate to develop. As multiple rheology laws (yielding, Peierls creep and dislocation
785 creep) are strain rate dependent here, the ever-increasing strain rate can induce further viscosity
786 reduction, which marks another round of feedback weakening. It has been proposed that the power
787 law exponent over 1 for the creep mechanisms can promote the development of strain localisation
788 (Wenker and Beaumont, 2018), which can abruptly accelerate plate weakening by inducing
789 nonlinear decay of the plate strength (Brune et al., 2016). The interpretation is consistent with our
790 results. Here, we use power law exponent of 3.5 and 20 for dislocation creep and Peierls creep
791 mechanism (Garel et al., 2014; Maunder et al., 2020), which yields a similar variation of effective
792 viscosity with published dislocation and Peierls creep laws (Hirth and Kohlstedt, 2003; Kameyama
793 et al., 1999; Katayama and Karato, 2008).

794 While the rheology law (Equation (8-9)) of the four deformation mechanisms shows that the
795 magnitude of viscosity is dependent on evolving temperature, strain rate, and lithostatic pressure,
796 the diagram indicates that the viscosity reduction is most sensitive to the ever-increasing strain rate,
797 which results from both yielding and temperature dependent creep deformation mechanisms
798 (Figure 14, a). Specifically, the incorporation of temperature dependent rheology enables the
799 thermally activated strain rate weakening, which is key to weaken the lithosphere hotter than ~900
800 K and induce spreading extension within the OP. This is a major improvement in rheology and its
801 impact on promoting extension within the OP relative to the previous DIDS models that do not
802 consider thermal effects (Dasgupta and Mandal, 2018; Holt et al., 2017; Lyu et al., 2019). The
803 results also demonstrate that the slab induced mantle flow weakens the mantle lithosphere mainly

804 by inducing thermally activated strain rate weakening rather than by heating up the lithosphere via
805 conduction. The dominant role of strain rate induced weakening over heat conduction (a much
806 slower process) is also reported in the interaction between upwelling plumes and overlying
807 lithosphere (Burov and Guillou-Frottier, 2005). That is to say, the rheology and buoyancy
808 parameters will be more important than the heat conduction parameters in producing different levels
809 of rheological weakening within the overlying plate.

810 **4.3 Limitations**

811 Relative to the previous dual inward dipping subduction models, a major improvement of this work
812 is incorporating a composite rheology that considers temperature dependent creep deformation
813 mechanisms, which promotes the continuous viscosity reduction and the development of strain
814 localisation in the overriding plate. Though, we recognise that many other processes, which we do
815 not consider, can also affect the rheological evolution of the lithosphere, e.g., migration of hydrous
816 fluids, partial melting, and grain size evolution (Arcay et al., 2008; Braun et al., 1999; England and
817 Katz, 2010; Fuchs and Becker, 2019; Hicks et al., 2023; Montési and Hirth, 2003). For example,
818 grain size reduction is likely to take place when strain builds up and it may make diffusion creep
819 become the dominant deformation mechanism, replacing dislocation creep, in the mantle
820 lithosphere (Gueydan et al., 2014; Ruh et al., 2022). Taking all these parameters into consideration
821 is likely to generate a more realistic simulation but at the cost of making the computation much
822 more expensive for plate scale simulation (e.g., Dannberg et al., 2017).

823 Subduction can generate convective mantle flow that includes both poloidal and toroidal
824 components. The 2D models tested here neglect the effects of toroidal flow and the third dimension.

825 This could amplify the magnitude of poloidal flow and its weakening effect applied within the
826 overriding plate. Considering that the poloidal component dominates over the toroidal component
827 when slab subducts through the upper mantle (Funiciello et al., 2004) and the magnitude toroidal
828 component correlates positively with trench retreat rate (e.g., Li et al., 2014; Schellart and Moresi,
829 2013), the lack of toroidal flow would have limited impact on the progressive weakening presented
830 here as trench retreat is insignificant before spreading extension initiates.

831 **4.4 Implication for natural DIDS case**

832 Bearing all the limits in mind, we cautiously compare our model predictions with observations in the
833 Caribbean Sea plate. While we do not aim to reproduce the current tectonic framework in the
834 Caribbean Plate, we still find some significant implications in applying our research to understand
835 specific features in this region, e.g., widespread extensional basins, active (back-arc) spreading
836 centres etc.

837 The Caribbean plate has established dual inward dipping subduction (DIDS) since 90-70 Ma
838 (Boschman et al., 2014; Braszus et al., 2021; Riel et al., 2023), with the Farallon plate (subsequently,
839 Cocos and Nazca plates) subducting at the Central America Trench in the west and Proto-
840 Caribbean plate (followed by Atlantic plate) subducting at the Lesser Antilles Trench in the east.
841 One intriguing observation from plate reconstruction is the apparent increase in the distance
842 between the two trenches from ~1100 km to over 2000 km since the establishment of the dual
843 inward dipping subduction (Barrera-Lopez et al., 2022; Boschman et al., 2014; Braszus et al., 2021;
844 Riel et al., 2023; Romito and Mann, 2021), implying that the Caribbean plate has undergone
845 extension. The extension includes the formation of multiple extensional (back-arc) basins

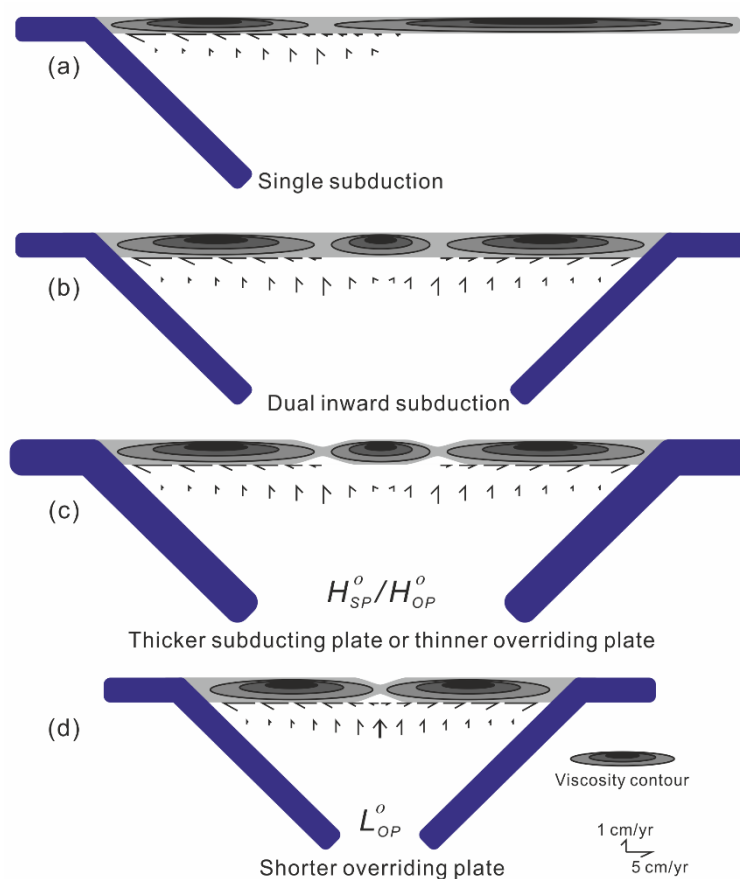
846 throughout the Caribbean Sea plate, e.g., Tobago Basin, Grenada Basin, Venezuela Basin and
847 Colombia Basin since ~60 Ma (Allen et al., 2019; Braszus et al., 2021; Romito and Mann, 2021;
848 Steel and Davison, 2021). Our generic models demonstrate that DIDS can self-consistently form
849 fixed boundary conditions, which can promote plate weakening and strain localisation within the
850 OP. Furthermore, DIDS can lead to the formation of a united, thus stronger mantle flow that can
851 strengthen its ability to weaken the overriding plate. These two effects have become active since
852 the formation of dual inward dipping subduction framework at 90-70 Ma, and they can be important
853 aspects to consider to understand extensional deformation history in this region.

854 On the other hand, we acknowledge that the development of the Caribbean Large Igneous Province
855 (CLIP) at ~140-70 Ma (Hoernle et al., 2004) may have also contributed significantly to the
856 widespread extensional units in this region (Pindell et al., 2006). Further discussion on either
857 subduction or CLIP dominates the regional tectonic framework goes beyond the scope of this
858 research, while we recognise that the establishment of DIDS since 90-70 Ma can form an
859 environment that promote the upwelling flow in the upper mantle, as indicated by a recent numerical
860 study that relates the CLIP event with subduction initiation when DIDS is established in this region
861 (Riel et al., 2023).

862 We note that there is uncertainty in plate reconstructions on plate sizes and limited evidence on the
863 timing of extension. Therefore, we must consider this comparison as somewhat more generic and
864 qualitative rather than specific and quantitative.

865 **5. Conclusion**

866 Relative to the previous dual inward dipping subduction (DIDS) models, the 2-D thermo-mechanical
 867 models here demonstrate that DIDS, after considering temperature dependent rheology, can
 868 induce progressive weakening in an initially homogeneous overriding plate by lowering its viscosity
 869 and forming high strain rate necking centres within it. Three variables on plate sizes are investigated
 870 to understand what may control the maximum degree of plate weakening. It shows that the initial
 871 length (L_{OP}^0) and thickness (H_{OP}^0) of the overriding plate are negatively correlated with the maximum
 872 degree of weakening (Figure 15). While the initial thickness of the subducting plate (H_{SP}^0) positively
 873 relates to the maximum weakening level. The progressive weakening can result in a variety of
 874 irreversible stretching states ranging from 1) little or no lithosphere thinning and extension (<5%
 875 accumulation of strain), to 2) limited thermal lithosphere thinning (<30% accumulation of strain),
 876 and 3) localised rifting followed by spreading extension.



877
 878 Figure 15. Synoptic comparison of different model setup's role in affecting the necking behaviour developed within the overriding
 879 plate. (a) Single sided subduction. (b) Dual inward dipping subduction. (c) Thickness of the subducting plate or overriding plate

880 (H_{SP}^0, H_{OP}^0) . (d) Length of the overriding plate (L_{OP}^0).

881 Relative to single-sided subduction with a mobile overriding plate, DIDS can reduce the magnitude
882 of viscosity to a lower level within the overriding plate. It achieves this by effectively creating a
883 dynamic fixed boundary condition for the middle (overriding) plate (Figure 15). This inhibits the
884 mobility of the plate and helps promote localised strain to accommodate the slab rollback tendency
885 on both sides. Besides, when the initial length of the overriding plate is short enough ($L_{OP}^0 \leq$
886 1300 km), dual inward dipping subduction can form a united, thus stronger upwelling mantle flow
887 which can reduce the viscosity of the overriding plate to a lower magnitude than models with longer
888 L_{OP}^0 . While the DIDS effect of self-consistently forming a fixed boundary condition and generating a
889 stronger upwelling mantle flow are also reported in previous DIDS models, their role in promoting
890 extension in the overriding plate has been neglected. This research implies that the generic
891 connections between the DIDS plate sizes and plate weakening, along with the DIDS impact on
892 limiting the trench mobility and generating stronger mantle flow are important aspects to consider
893 to understand extensional deformation history in natural DIDS cases.

894 We also demonstrate that the incorporation of temperature dependent creep rheologies is critical
895 to enable thermal-activated weakening in the lithosphere hotter than $\sim 900 \text{ K}$. In addition to the
896 strain rate weakening induced by yielding in the cold proportion of the lithosphere, a continuous
897 viscosity reduction followed by the development of strain localisation is observed in the overriding
898 plate as rifting and spreading extension develops. Both the temperature dependent creep
899 deformation mechanisms and yielding deformation mechanism contribute significantly to the
900 continuous viscosity reduction, which is also likely to be promoted by the positive feedback between
901 plate weakening and strain localisation. Removing the thermal dependent creep deformation

902 mechanisms for the overriding plate will create a strong mantle lithosphere that fails to develop
903 rifting or spreading extension within it. This reveals why previous DIDS models, without considering
904 creep rheology, fail to induce significant extension within the overriding plate. The finding may also
905 have a broader rheological implication for more general processes that involve plate scale
906 weakening, strain localisation and the formation of new plate boundaries.

907 **Acknowledgement**

908 We acknowledge the support of Advanced Research Computing at Cardiff (ARCCA) and the
909 Supercomputing Wales project, which is part-funded by the European Regional Development Fund
910 (ERDF) via the Welsh Government. Zhibin Lei also thanks the China Scholarship Council (CSC)
911 for supporting the Ph.D. studentship and Cardiff University for an overseas fee waiver award. This
912 is Cardiff EARTH CRediT contribution 11. Both authors contributed equally to this study, other than
913 ZL undertook the investigation, formal analysis, validation, writing original draft and visualization,
914 while JHD supplied resources and supervision.

915 **References**

916 Allen, R.W., Collier, J.S., Stewart, A.G., Henstock, T., Goes, S., Rietbrock, A., Macpherson, C., Blundy, J., Davidson,
917 J., Harmon, N., Kendall, M., Prytulak, J., Rychert, C., Van Hunen, J., Wilkinson, J., Wilson, M., 2019. The role of
918 arc migration in the development of the Lesser Antilles: A new tectonic model for the Cenozoic evolution of the
919 eastern Caribbean. *Geology* 47, 891–895. <https://doi.org/10.1130/G46708.1>

920 Alsaif, M., Garel, F., Gueydan, F., Davies, D.R., 2020. Upper plate deformation and trench retreat modulated by

- 921 subduction-driven shallow asthenospheric flows. *Earth Planet. Sci. Lett.* 532, 116013.
922 <https://doi.org/10.1016/j.epsl.2019.116013>
- 923 Arcay, D., Lallemand, S., Doin, M.P., 2008. Back-arc strain in subduction zones: Statistical observations versus
924 numerical modeling. *Geochemistry, Geophys. Geosystems* 9. <https://doi.org/10.1029/2007GC001875>
- 925 Asaadi, N., Ribe, N.M., Sobouti, F., 2011. Inferring nonlinear mantle rheology from the shape of the Hawaiian swell.
926 *Nature* 473, 501–504. <https://doi.org/10.1038/nature09993>
- 927 Barrera-Lopez, C. V., Mooney, W.D., Kaban, M.K., 2022. Regional Geophysics of the Caribbean and Northern South
928 America: Implications for Tectonics. *Geochemistry, Geophys. Geosystems* 23, 1–24.
929 <https://doi.org/10.1029/2021GC010112>
- 930 Becker, T.W., 2006. On the effect of temperature and strain-rate dependent viscosity on global mantle flow, net rotation,
931 and plate-driving forces. *Geophys. J. Int.* 167, 943–957. <https://doi.org/10.1111/j.1365-246X.2006.03172.x>
- 932 Becker, T.W., Kustowski, B., Ekström, G., 2008. Radial seismic anisotropy as a constraint for upper mantle rheology.
933 *Earth Planet. Sci. Lett.* 267, 213–227. <https://doi.org/10.1016/j.epsl.2007.11.038>
- 934 Bessat, A., Duretz, T., Hetényi, G., Pilet, S., Schmalholz, S.M., 2020. Stress and deformation mechanisms at a
935 subduction zone: Insights from 2-D thermomechanical numerical modelling. *Geophys. J. Int.* 221, 1605–1625.
936 <https://doi.org/10.1093/gji/ggaa092>
- 937 Boschman, L.M., van Hinsbergen, D.J.J., Torsvik, T.H., Spakman, W., Pindell, J.L., 2014. Kinematic reconstruction of
938 the caribbean region since the early jurassic. *Earth-Science Rev.* 138, 102–136.

939 <https://doi.org/10.1016/j.earscirev.2014.08.007>

940 Braszus, B., Goes, S., Allen, R., Rietbrock, A., Collier, J., Harmon, N., Henstock, T., Hicks, S., Rychert, C.A., Maunder,
941 B., van Hunen, J., Bie, L., Blundy, J., Cooper, G., Davy, R., Kendall, J.M., Macpherson, C., Wilkinson, J., Wilson,
942 M., 2021. Subduction history of the Caribbean from upper-mantle seismic imaging and plate reconstruction. *Nat.*
943 *Commun.* 12. <https://doi.org/10.1038/s41467-021-24413-0>

944 Braun, J., Chéry, J., Poliakov, A., Mainprice, D., Vauchez, A., Tomassi, A., Daignières, M., 1999. A simple
945 parameterization of strain localization in the ductile regime due to grain size reduction: A case study for olivine.
946 *J. Geophys. Res. Solid Earth* 104, 25167–25181. <https://doi.org/10.1029/1999JB900214>

947 Brune, S., Williams, S.E., Butterworth, N.P., Müller, R.D., 2016. Abrupt plate accelerations shape rifted continental
948 margins. *Nature* 536, 201–204. <https://doi.org/10.1038/nature18319>

949 Bürgmann, R., Dresen, G., 2008. Rheology of the lower crust and upper mantle: Evidence from rock mechanics,
950 geodesy, and field observations. *Annu. Rev. Earth Planet. Sci.* 36, 531–567.
951 <https://doi.org/10.1146/annurev.earth.36.031207.124326>

952 Burov, E., Guillou-Frottier, L., 2005. The plume head-continental lithosphere interaction using a tectonically realistic
953 formulation for the lithosphere. *Geophys. J. Int.* 161, 469–490. <https://doi.org/10.1111/j.1365-246X.2005.02588.x>

954 Burov, E.B., 2011. Rheology and strength of the lithosphere. *Mar. Pet. Geol.* 28, 1402–1443.
955 <https://doi.org/10.1016/j.marpetgeo.2011.05.008>

956 Byerlee, J., 1978. Friction of rocks. *Pure Appl. Geophys. PAGEOPH* 116, 615–626.

- 957 <https://doi.org/10.1007/BF00876528>
- 958 Capitano, F.A., Faccenda, M., 2012. Complex mantle flow around heterogeneous subducting oceanic plates. *Earth*
959 *Planet. Sci. Lett.* 353–354, 29–37. <https://doi.org/10.1016/j.epsl.2012.07.042>
- 960 Capitano, F.A., Stegman, D.R., Moresi, L.N., Sharples, W., 2010. Upper plate controls on deep subduction, trench
961 migrations and deformations at convergent margins. *Tectonophysics* 483, 80–92.
962 <https://doi.org/10.1016/j.tecto.2009.08.020>
- 963 Chen, Z., Schellart, W.P., Strak, V., Duarte, J.C., 2016. Does subduction-induced mantle flow drive backarc extension?
964 *Earth Planet. Sci. Lett.* 441, 200–210. <https://doi.org/10.1016/j.epsl.2016.02.027>
- 965 Chertova, M. V., Geenen, T., Van Den Berg, A., Spakman, W., 2012. Using open sidewalls for modelling self-consistent
966 lithosphere subduction dynamics. *Solid Earth* 3, 313–326. <https://doi.org/10.5194/se-3-313-2012>
- 967 Čížková, H., Bina, C.R., 2013. Effects of mantle and subduction-interface rheologies on slab stagnation and trench
968 rollback. *Earth Planet. Sci. Lett.* 379, 95–103. <https://doi.org/10.1016/j.epsl.2013.08.011>
- 969 Cramer, F., Tackley, P.J., Meilick, I., Gerya, T. V., Kaus, B.J.P., 2012. A free plate surface and weak oceanic crust
970 produce single-sided subduction on Earth. *Geophys. Res. Lett.* 39, 1–7. <https://doi.org/10.1029/2011GL050046>
- 971 Dal Zilio, L., Faccenda, M., Capitano, F., 2018. The role of deep subduction in supercontinent breakup. *Tectonophysics*
972 746, 312–324. <https://doi.org/10.1016/j.tecto.2017.03.006>
- 973 Dannberg, J., Eilon, Z., Faul, U., Gassmüller, R., Moulik, P., Myhill, R., 2017. The importance of grain size to mantle

974 dynamics and seismological observations. *Geochemistry, Geophys. Geosystems* 18, 3034–3061.
975 <https://doi.org/10.1002/2017GC006944>

976 Dasgupta, R., Mandal, N., 2018. Surface topography of the overriding plates in bi-vergent subduction systems: A
977 mechanical model. *Tectonophysics* 746, 280–295. <https://doi.org/10.1016/j.tecto.2017.08.008>

978 Davies, D.R., Wilson, C.R., Kramer, S.C., 2011. Fluidity: A fully unstructured anisotropic adaptive mesh computational
979 modeling framework for geodynamics. *Geochemistry, Geophys. Geosystems* 12, n/a-n/a.
980 <https://doi.org/10.1029/2011GC003551>

981 Di Giuseppe, E., Van Hunen, J., Funiciello, F., Faccenna, C., Giardini, D., 2008. Slab stiffness control of trench motion:
982 Insights from numerical models. *Geochemistry, Geophys. Geosystems* 9, 1–19.
983 <https://doi.org/10.1029/2007GC001776>

984 England, P.C., Katz, R.F., 2010. Melting above the anhydrous solidus controls the location of volcanic arcs. *Nature*
985 467, 700–703. <https://doi.org/10.1038/nature09417>

986 Enns, A., Becker, T.W., Schmeling, H., 2005. The dynamics of subduction and trench migration for viscosity
987 stratification. *Geophys. J. Int.* 160, 761–775. <https://doi.org/10.1111/j.1365-246X.2005.02519.x>

988 Erdős, Z., Huisman, R.S., Faccenna, C., Wolf, S.G., 2021. The role of subduction interface and upper plate strength
989 on back-arc extension: Application to Mediterranean back-arc basins. *Tectonics* 40.
990 <https://doi.org/10.1029/2021TC006795>

991 Faccenna, C., Becker, T.W., Holt, A.F., Brun, J.P., 2021. Mountain building, mantle convection, and supercontinents:

992 Holmes (1931) revisited. *Earth Planet. Sci. Lett.* 564, 116905. <https://doi.org/10.1016/j.epsl.2021.116905>

993 Faccenna, C., Becker, T.W., Lallemand, S., Lagabrielle, Y., Funiciello, F., Piromallo, C., 2010. Subduction-triggered
994 magmatic pulses: A new class of plumes? *Earth Planet. Sci. Lett.* 299, 54–68.
995 <https://doi.org/10.1016/j.epsl.2010.08.012>

996 Fowler, C., 2005. *The Solid Earth: An Introduction to Global Geophysics*. Cambridge Univ. Press, Cambridge, U. K.

997 Fuchs, L., Becker, T.W., 2022. On the Role of Rheological Memory for Convection-Driven Plate Reorganizations.
998 *Geophys. Res. Lett.* 49, 1–11. <https://doi.org/10.1029/2022GL099574>

999 Fuchs, L., Becker, T.W., 2019. Role of strain-dependent weakening memory on the style of mantle convection and
1000 plate boundary stability. *Geophys. J. Int.* 218, 601–618. <https://doi.org/10.1093/gji/ggz167>

1001 Funiciello, F., Faccenna, C., Giardini, D., 2004. Role of lateral mantle flow in the evolution of subduction systems:
1002 Insights from laboratory experiments. *Geophys. J. Int.* 157, 1393–1406. <https://doi.org/10.1111/j.1365-246X.2004.02313.x>

1004 Garel, F., Goes, S., Davies, D.R., Davies, J.H., Kramer, S.C., Wilson, C.R., 2014. Interaction of subducted slabs with
1005 the mantle transition-zone: A regime diagram from 2-D thermo-mechanical models with a mobile trench and an
1006 overriding plate. *Geochemistry, Geophys. Geosystems* 15, 1739–1765. <https://doi.org/10.1002/2014GC005257>

1007 Garel, F., Thoraval, C., 2021. Lithosphere as a constant-velocity plate: Chasing a dynamical LAB in a homogeneous
1008 mantle material. *Phys. Earth Planet. Inter.* 316, 106710. <https://doi.org/10.1016/j.pepi.2021.106710>

- 1009 Garel, F., Thoraval, C., Tommasi, A., Demouchy, S., Davies, D.R., 2020. Using thermo-mechanical models of
1010 subduction to constrain effective mantle viscosity. *Earth Planet. Sci. Lett.* 539.
1011 <https://doi.org/10.1016/j.epsl.2020.116243>
- 1012 Gerardi, G., Ribe, N.M., 2018. Boundary Element Modeling of Two-Plate Interaction at Subduction Zones: Scaling
1013 Laws and Application to the Aleutian Subduction Zone. *J. Geophys. Res. Solid Earth* 123, 5227–5248.
1014 <https://doi.org/10.1002/2017JB015148>
- 1015 Gerya, T. V., Connolly, J.A.D., Yuen, D.A., 2008. Why is terrestrial subduction one-sided? *Geology* 36, 43–46.
1016 <https://doi.org/10.1130/G24060A.1>
- 1017 Gueydan, F., Précigout, J., 2014. Modes of continental rifting as a function of ductile strain localization in the
1018 lithospheric mantle. *Tectonophysics* 612–613, 18–25. <https://doi.org/10.1016/j.tecto.2013.11.029>
- 1019 Gueydan, F., Précigout, J., Montési, L.G.J., 2014. Strain weakening enables continental plate tectonics.
1020 *Tectonophysics* 631, 189–196. <https://doi.org/10.1016/j.tecto.2014.02.005>
- 1021 Gülcher, A.J.P., Gerya, T. V., Montési, L.G.J., Munch, J., 2020. Corona structures driven by plume–lithosphere
1022 interactions and evidence for ongoing plume activity on Venus. *Nat. Geosci.* 13, 547–554.
1023 <https://doi.org/10.1038/s41561-020-0606-1>
- 1024 Hall, R., Spakman, W., 2015. Mantle structure and tectonic history of SE Asia. *Tectonophysics* 658, 14–45.
1025 <https://doi.org/10.1016/j.tecto.2015.07.003>
- 1026 Hertgen, S., Yamato, P., Guillaume, B., Magni, V., Schliffke, N., Hunen, J., van Hunen, J., 2020. Influence of the

1027 thickness of the overriding plate on convergence zone dynamics. *Geochemistry, Geophys. Geosystems* 21.
1028 <https://doi.org/10.1029/2019GC008678>

1029 Hicks, S.P., Bie, L., Rychert, C.A., Harmon, N., Goes, S., Rietbrock, A., Wei, S.S., Collier, J.S., Henstock, T.J., Lynch,
1030 L., Prytulak, J., Macpherson, C.G., Schlaphorst, D., Wilkinson, J.J., Blundy, J.D., Cooper, G.F., Davy, R.G.,
1031 Kendall, J.M., 2023. Slab to back-arc to arc: Fluid and melt pathways through the mantle wedge beneath the
1032 Lesser Antilles. *Sci. Adv.* 9, 1–15. <https://doi.org/10.1126/sciadv.add2143>

1033 Hirth, G., Kohlstedt, D., 2003. Rheology of the upper mantle and the mantle wedge: A view from the experimentalists,
1034 in: Eiler, J. (Ed.), *Inside the Subduction Factory*. American Geophysical Union, pp. 83–105.
1035 <https://doi.org/10.1029/138GM06>

1036 Hirth, G., Kohlstedt, D.L., 1995a. Experimental constraints on the dynamics of the partially molten upper mantle:
1037 Deformation in the diffusion creep regime. *J. Geophys. Res. Solid Earth* 100, 1981–2001.
1038 <https://doi.org/https://doi.org/10.1029/94JB02128>

1039 Hirth, G., Kohlstedt, D.L., 1995b. Experimental constraints on the dynamics of the partially molten upper mantle 2.
1040 Deformation in the dislocation creep regime. *J. Geophys. Res.* 100, 1981–2001.
1041 <https://doi.org/10.1029/95jb01292>

1042 Hoernle, K., Hauff, F., van den Bogaard, P., 2004. 70 m.y. history (139-69 Ma) for the Caribbean large igneous province.
1043 *Geology* 32, 697–700. <https://doi.org/10.1130/G20574.1>

1044 Holt, A.F., Becker, T.W., Buffett, B.A., 2015. Trench migration and overriding plate stress in dynamic subduction models.
1045 *Geophys. J. Int.* 201, 172–192. <https://doi.org/10.1093/gji/ggv011>

- 1046 Holt, A.F., Royden, L.H., Becker, T.W., 2017. The Dynamics of Double Slab Subduction. *Geophys. J. Int.* 209, ggw496.
1047 <https://doi.org/10.1093/gji/ggw496>
- 1048 Huang, Z., Zhao, D., Wang, L., 2015. P wave tomography and anisotropy beneath Southeast Asia: Insight into mantle
1049 dynamics. *J. Geophys. Res. Solid Earth* 120, 5154–5174. <https://doi.org/10.1002/2015JB012098>
- 1050 Husson, L., 2012. Trench migration and upper plate strain over a convecting mantle. *Phys. Earth Planet. Inter.* 212–
1051 213, 32–43. <https://doi.org/10.1016/j.pepi.2012.09.006>
- 1052 Kameyama, M., Yuen, D.A., Karato, S.I., 1999. Thermal-mechanical effects of low-temperature plasticity (the Peierls
1053 mechanism) on the deformation of a viscoelastic shear zone. *Earth Planet. Sci. Lett.* 168, 159–172.
1054 [https://doi.org/10.1016/S0012-821X\(99\)00040-0](https://doi.org/10.1016/S0012-821X(99)00040-0)
- 1055 Karato, S. ichiro, 2010. Rheology of the Earth's mantle: A historical review. *Gondwana Res.* 18, 17–45.
1056 <https://doi.org/10.1016/j.gr.2010.03.004>
- 1057 Katayama, I., Karato, S. ichiro, 2008. Low-temperature, high-stress deformation of olivine under water-saturated
1058 conditions. *Phys. Earth Planet. Inter.* 168, 125–133. <https://doi.org/10.1016/j.pepi.2008.05.019>
- 1059 Király, Á., Capitanio, F.A., Funiciello, F., Faccenna, C., 2016. Subduction zone interaction: Controls on arcuate belts.
1060 *Geology* 44, 715–718. <https://doi.org/10.1130/G37912.1>
- 1061 Király, Á., Funiciello, F., Capitanio, F.A., Faccenna, C., 2021. Dynamic interactions between subduction zones. *Glob.*
1062 *Planet. Change* 202, 103501. <https://doi.org/10.1016/j.gloplacha.2021.103501>

- 1063 Kramer, S.C., Wilson, C.R., Davies, D.R., 2012. An implicit free surface algorithm for geodynamical simulations. *Phys.*
1064 *Earth Planet. Inter.* 194–195, 25–37. <https://doi.org/10.1016/j.pepi.2012.01.001>
- 1065 Li, Z.-H., Di Leo, J.F., Ribe, N.M., 2014. Subduction-induced mantle flow, finite strain, and seismic anisotropy:
1066 Numerical modeling. *J. Geophys. Res. Solid Earth* 119, 5052–5076. <https://doi.org/10.1002/2014JB010996>
- 1067 Lynch, H.D., Morgan, P., 1987. The tensile strength of the lithosphere and the localization of extension. *Geol. Soc.*
1068 *Spec. Publ.* 28, 53–65. <https://doi.org/10.1144/GSL.SP.1987.028.01.05>
- 1069 Lyu, T., Zhu, Z., Wu, B., 2019. Subducting slab morphology and mantle transition zone upwelling in double-slab
1070 subduction models with inward-dipping directions. *Geophys. J. Int.* 218, 2089–2105.
1071 <https://doi.org/10.1093/gji/ggz268>
- 1072 Maruyama, S., Santosh, M., Zhao, D., 2007. Superplume, supercontinent, and post-perovskite: Mantle dynamics and
1073 anti-plate tectonics on the Core-Mantle Boundary. *Gondwana Res.* 11, 7–37.
1074 <https://doi.org/10.1016/j.gr.2006.06.003>
- 1075 Maunder, B., Prytulak, J., Goes, S., Reagan, M., 2020. Rapid subduction initiation and magmatism in the Western
1076 Pacific driven by internal vertical forces. *Nat. Commun.* 11, 1874. <https://doi.org/10.1038/s41467-020-15737-4>
- 1077 McKenzie, D., 1978. Some remarks on the development of sedimentary basins. *Earth Planet. Sci. Lett.* 40, 25–32.
1078 [https://doi.org/10.1016/0012-821X\(78\)90071-7](https://doi.org/10.1016/0012-821X(78)90071-7)
- 1079 McKenzie, D.P., Roberts, J.M., Weiss, N.O., 1974. Convection in the earth's mantle: towards a numerical simulation.
1080 *J. Fluid Mech.* 62, 465. <https://doi.org/10.1017/S0022112074000784>

1081 Montési, L.G.J., Hirth, G., 2003. Grain size evolution and the rheology of ductile shear zones: From laboratory
1082 experiments to postseismic creep. *Earth Planet. Sci. Lett.* 211, 97–110. <https://doi.org/10.1016/S0012->
1083 821X(03)00196-1

1084 Nakakuki, T., Mura, E., 2013. Dynamics of slab rollback and induced back-arc basin formation. *Earth Planet. Sci. Lett.*
1085 361, 287–297. <https://doi.org/10.1016/j.epsl.2012.10.031>

1086 Perfit, M.R., Gust, D.A., Bence, A.E., Arculus, R.J., Taylor, S.R., 1980. Chemical characteristics of island-arc basalts:
1087 Implications for mantle sources. *Chem. Geol.* 30, 227–256. [https://doi.org/10.1016/0009-2541\(80\)90107-2](https://doi.org/10.1016/0009-2541(80)90107-2)

1088 Pindell, J., Kennan, L., Stanek, K.P., Maresch, W. V., Draper, G., 2006. Foundations of Gulf of Mexico and Caribbean
1089 evolution: Eight controversies resolved. *Geol. Acta* 4, 303–341.

1090 Ranalli, G., 1995. *Rheology of the Earth*. Springer Science & Business Media.

1091 Ribe, N.M., 2001. Bending and stretching of thin viscous sheets. *J. Fluid Mech.* 433, 135–160.
1092 <https://doi.org/10.1017/S0022112000003360>

1093 Riel, N., Duarte, J.C., Almeida, J., Kaus, B.J.P., Rosas, F., Rojas-Agramonte, Y., Popov, A., 2023. Subduction initiation
1094 triggered the Caribbean large igneous province. *Nat. Commun.* 14, 786. <https://doi.org/10.1038/s41467-023->
1095 36419-x

1096 Romito, S., Mann, P., 2021. Tectonic terranes underlying the present-day Caribbean plate: their tectonic origin,
1097 sedimentary thickness, subsidence histories and regional controls on hydrocarbon resources, in: Davison, I., Hull,
1098 J.N.F., Pindell, J. (Eds.), *The Basins, Orogens and Evolution of the Southern Gulf of Mexico and Northern*

- 1099 Caribbean. Geological Society of London, p. 0. <https://doi.org/10.1144/SP504-2019-221>
- 1100 Ruh, J.B., Togle, L., Behr, W.M., 2022. Grain-size-evolution controls on lithospheric weakening during continental rifting.
1101 Nat. Geosci. <https://doi.org/10.1038/s41561-022-00964-9>
- 1102 Santosh, M., 2010. Assembling North China Craton within the Columbia supercontinent: The role of double-sided
1103 subduction. *Precambrian Res.* 178, 149–167. <https://doi.org/10.1016/j.precamres.2010.02.003>
- 1104 Schellart, W.P., Moresi, L., 2013. A new driving mechanism for backarc extension and backarc shortening through slab
1105 sinking induced toroidal and poloidal mantle flow: Results from dynamic subduction models with an overriding
1106 plate. *J. Geophys. Res. Solid Earth* 118, 3221–3248. <https://doi.org/10.1002/jgrb.50173>
- 1107 Schliffke, N., van Hunen, J., Allen, M.B., Magni, V., Gueydan, F., 2022. Episodic back-arc spreading centre jumps
1108 controlled by transform fault to overriding plate strength ratio. *Nat. Commun.* 13, 582.
1109 <https://doi.org/10.1038/s41467-022-28228-5>
- 1110 Schulz, F., Tosi, N., Plesa, A.C., Breuer, D., 2019. Stagnant-lid convection with diffusion and dislocation creep rheology:
1111 Influence of a non-evolving grain size. *Geophys. J. Int.* 220, 18–36. <https://doi.org/10.1093/gji/ggz417>
- 1112 Sleep, N.H., Toksöz, M.N., 1971. Evolution of Marginal Basins. *Nature* 233, 548–550. <https://doi.org/10.1038/233548a0>
- 1113 Steel, I., Davison, I., 2021. Explanatory note: Map of the geology of the northern caribbean and the greater antillean
1114 arc. *Geol. Soc. Spec. Publ.* 504, 1–2. <https://doi.org/10.1144/SP504-2020-3>
- 1115 Sternai, P., Jolivet, L., Menant, A., Gerya, T., 2014. Driving the upper plate surface deformation by slab rollback and

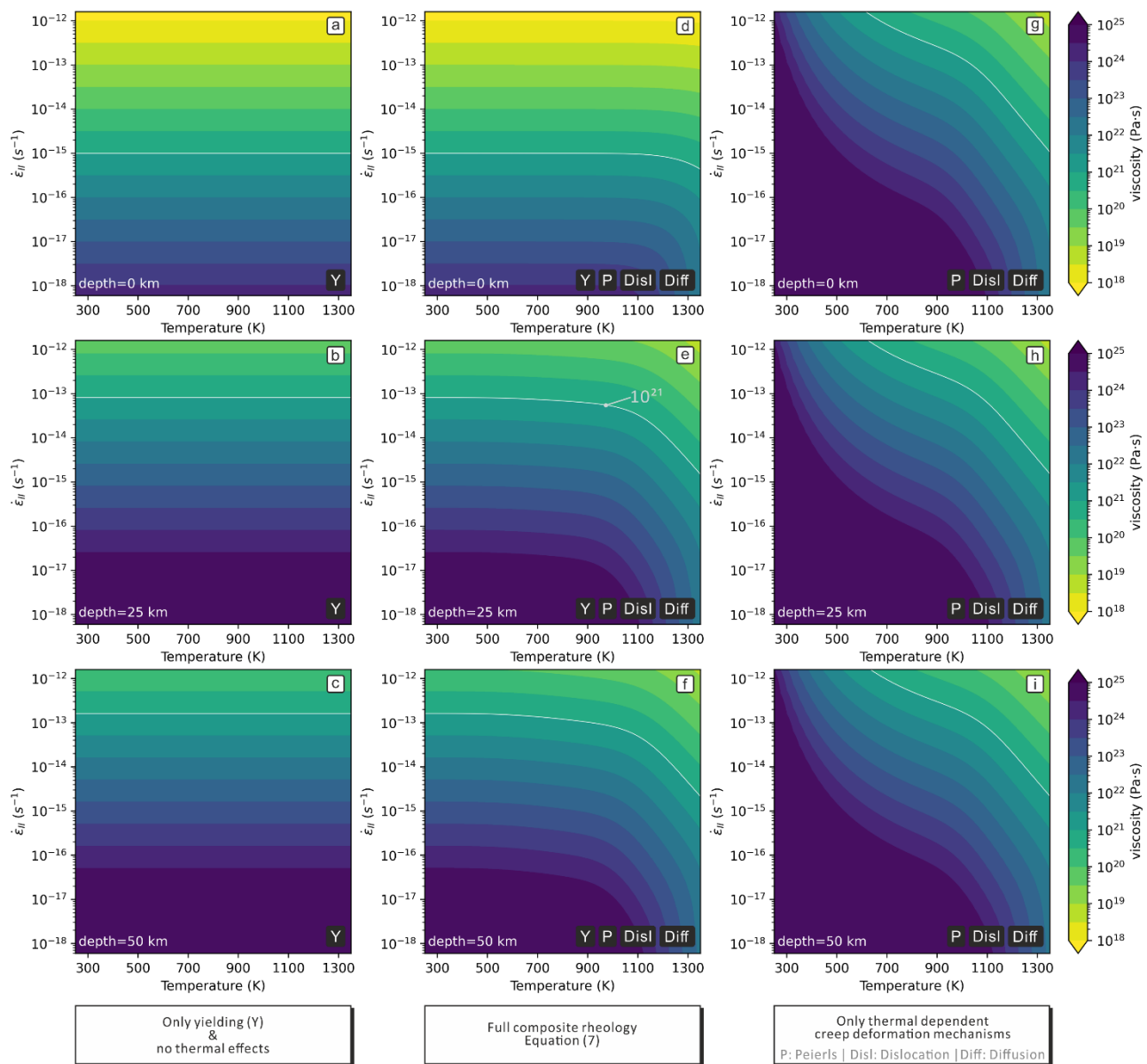
- 1116 mantle flow. *Earth Planet. Sci. Lett.* 405, 110–118. <https://doi.org/10.1016/j.epsl.2014.08.023>
- 1117 Straub, S.M., Gómez-Tuena, A., Vannucchi, P., 2020. Subduction erosion and arc volcanism. *Nat. Rev. Earth Environ.*
1118 1, 574–589. <https://doi.org/10.1038/s43017-020-0095-1>
- 1119 Suchoy, L., Goes, S., Maunder, B., Garel, F., Davies, R., 2021. Effects of basal drag on subduction dynamics from 2D
1120 numerical models. *Solid Earth* 12, 79–93. <https://doi.org/10.5194/se-12-79-2021>
- 1121 Turcotte, D., Schubert, G., 2014. *Geodynamics*, 3rd ed. Cambridge University Press, Cambridge.
1122 <https://doi.org/10.1017/CBO9780511843877>
- 1123 Uyeda, S., 1981. Subduction zones and back arc basins — A review. *Geol. Rundschau* 70, 552–569.
1124 <https://doi.org/10.1007/BF01822135>
- 1125 Van Benthem, S., Govers, R., Spakman, W., Wortel, R., 2013. Tectonic evolution and mantle structure of the Caribbean.
1126 *J. Geophys. Res. Solid Earth* 118, 3019–3036. <https://doi.org/10.1002/jgrb.50235>
- 1127 Wenker, S., Beaumont, C., 2018. Effects of lateral strength contrasts and inherited heterogeneities on necking and
1128 rifting of continents. *Tectonophysics* 746, 46–63. <https://doi.org/10.1016/j.tecto.2016.10.011>
- 1129 Windley, B.F., Maruyama, S., Xiao, W.J., 2010. Delamination/thinning of sub-continental lithospheric mantle under
1130 eastern China: The role of water and multiple subduction. *Am. J. Sci.* 310, 1250–1293.
1131 <https://doi.org/10.2475/10.2010.03>
- 1132 Yang, T., Moresi, L., Gurnis, M., Liu, S., Sandiford, D., Williams, S., Capitanio, F.A., 2019. Contrasted East Asia and

1133

1134

<https://doi.org/10.1016/j.epsl.2019.04.025>

1135

Supporting material

1136

1137

Figure S1. Viscosity contour map calculated based on Equation (7-10) for three groups of rheology setup at the depth

1138

of 0 km, 25 km and 50 km. (a-c) Only yielding without considering temperature dependent rheology. (d-f) Full

1139

composite rheology considering yielding, Peierls creep, dislocation creep and diffusion creep. (g-i) Only temperature

1140

dependent creep deformation mechanisms. The white viscosity contour marks the magnitude of 10^{21} Pa·s.

1141

1142 Text S1

1143 Figure S1 displays three series of rheology setup's role in affecting the magnitude of viscosity,
1144 which depends on second invariant of strain rate, depth (lithostatic pressure) and temperature. It is
1145 noted that the magnitude of viscosity become much less sensitive to the depth change from 25 km
1146 to 50 km. This justifies our usage of fixed depth of 50 km for the background viscosity contour map
1147 of Figure 14 in the paper.

1148 The first column (Figure S1, a-c) tries to replicate the rheology setup in the previous dual inward
1149 dipping subduction models that do not consider temperature dependent rheology (Dasgupta and
1150 Mandal, 2018; Holt et al., 2017; Lyu et al., 2019). We have run an additional model ' $\mu_{Y_{only}}^{OP}$ ' which
1151 is identical with model ' $H_{OP}^0 = 67 \text{ km}$ ', except that the rheology excludes all creep rheology laws
1152 and only keeps yielding deformation mechanism for the overriding plate (Figure S1, a-c). The model
1153 even fails to neck the iso-viscous contour of $10^{24} \text{ Pa} \cdot \text{s}$ after 7 Myr simulation, which indicates the
1154 vital role of incorporating temperature dependent rheology laws to induce plate weakening in the
1155 hot bottom layer of the lithosphere.

1156 The second column (Figure S1, d-f) consists of four composite deformation mechanisms: yielding,
1157 Peierls creep, dislocation creep and diffusion creep. This is the rheology law we have used in this
1158 research following (Garel et al., 2014). Relative to the first column, incorporating temperature
1159 dependent rheology can significantly reduce the viscosity for the hot regions ($> \sim 900 \text{ K}$) within the
1160 overriding plate.

1161 The third column (Figure S1, g-i) excludes yielding and keeps all the creep deformation

1162 mechanisms. We do not run dual inward dipping subduction model with this rheology setup. Instead,
1163 we demonstrate with the viscosity contour map that it tends to form a super strong cold layer (<
1164 ~600 K) in the lithosphere, which will take extremely high strain rate ($> 10^{-12} s^{-1}$) to reduce the
1165 viscosity to magnitude lower than $10^{21} Pa \cdot s$. That means no plate-scale rifting or spreading
1166 extension can hardly occur in the overriding plate during subduction, as there is a lack of
1167 deformation mechanism, e.g., yielding, that can effectively weaken the cold layer in the plate.

1168 **References**

1169 Dasgupta, R., Mandal, N., 2018. Surface topography of the overriding plates in bi-vergent subduction
1170 systems: A mechanical model. *Tectonophysics* 746, 280–295.
1171 <https://doi.org/10.1016/j.tecto.2017.08.008>

1172 Garel, F., Goes, S., Davies, D.R., Davies, J.H., Kramer, S.C., Wilson, C.R., 2014. Interaction of subducted slabs
1173 with the mantle transition-zone: A regime diagram from 2-D thermo-mechanical models with a mobile
1174 trench and an overriding plate. *Geochemistry, Geophys. Geosystems* 15, 1739–1765.
1175 <https://doi.org/10.1002/2014GC005257>

1176 Holt, A.F., Royden, L.H., Becker, T.W., 2017. The Dynamics of Double Slab Subduction. *Geophys. J. Int.* 209,
1177 ggw496. <https://doi.org/10.1093/gji/ggw496>

1178 Lyu, T., Zhu, Z., Wu, B., 2019. Subducting slab morphology and mantle transition zone upwelling in double-
1179 slab subduction models with inward-dipping directions. *Geophys. J. Int.* 218, 2089–2105.
1180 <https://doi.org/10.1093/gji/ggz268>

1181