# Title: 800,000 years of abrupt climate variability\*

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#### 21 Abstract

#### 22

23 We construct an 800 kyr synthetic record of Greenland climate variability based on the thermal 24 bipolar seesaw model. Our Greenland analogue reproduces much of the variability seen in the 25 Greenland ice cores over the last 100 kyr. We also find a strong similarity with the absolutely-dated 26 speleothem record from China, allowing us to place ice core records within an absolute timeframe 27 for the last 400 kyr. The synthetic record provides both a stratigraphic reference and a conceptual 28 basis for assessing the long-term evolution of millennial-scale variability, and its potential role in 29 longer timescale climate change. Indeed, we provide evidence for a ubiquitous association between 30 bipolar seesaw oscillations and glacial terminations throughout the Middle to Late Pleistocene. 31

#### 32 Main text (2,214 words)

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34 Ice core records from Greenland first demonstrated the existence of repeated, large and abrupt shifts 35 in Northern Hemisphere climate during the last ice age (1, 2). These shifts are one expression of a 36 global system, capable of driving major changes in components ranging from ocean temperatures 37 (3, 4) to monsoon rainfall (5). The Greenland records provide an archetypal view of abrupt climate 38 variability (6) over the last glacial cycle, which was characterised by rapid alternations between 39 cold (stadial) and warmer (interstadial) conditions (known as Dansgaard-Oeschger, D-O, 40 oscillations). But, ironically, the great temporal resolution of these records makes it difficult to look 41 further back in time; the high accumulation rates on the Greenland ice sheet mean that over 3,000 42 meters of ice may represent just 100,000 years of climate history. Fortunately, climate records 43 preserved in Antarctic ice (7) enable us here to address this fundamental problem. 44

The (thermal) bipolar seesaw model (8, 9) attempts to explain the observed relationship between
millennial-scale temperature variability observed in Greenland and Antarctica by calling on

47 variations in the strength of the Atlantic meridional overturning circulation (AMOC). The 48 northward heat transport associated with this circulation (10) implies that changes in the strength of 49 overturning should lead to opposing temperature responses in either hemisphere. According to the 50 seesaw model, a transition from weak to strong AMOC would cause an abrupt warming across the 51 North Atlantic region (a D-O warming event) while temperatures across Antarctica would (in 52 general) shift from warming to cooling. The ocean / atmosphere climate system is an integrated and 53 synergistic system and it is important to note that the overall concept of the bipolar seesaw we 54 invoke here is not restricted to oceanic processes but also includes atmospheric shifts that may be 55 related to the variations we are interested in (9, 11-14).

56

57 The thermal bipolar seesaw model implies an antiphase relationship between the Greenland 58 temperature anomaly and the rate of change of Antarctic temperature (9). This can be illustrated by 59 a lead/lag analysis of the methane-tuned temperature records after removal of their orbital-timescale 60 variability (6) (Greenland,  $GL_T$  hi, and Antarctica,  $AA_T$  hi) and the first time derivative of 61 Antarctic temperature, AA<sub>T</sub> hi' (Fig. 1). Comparison of the undifferentiated records illustrates the 62 historical debate as to whether the two signals are positively correlated with a southern lead of 63 1000-1600 years or negatively correlated with the north leading by 400-800 years (15, 16). 64 However, as implied by the study of (9) and illustrated in Fig. 1, a near zero-phase anti-correlation 65 is observed between  $GL_T$  hi and  $AA_T$  hi'. Uncertainties in the ice age-gas age offset ( $\Delta$ age), which 66 may be up to hundreds of years (17), mean that an exact antiphase relationship is unlikely to be 67 observed (6). As described by (18), using a similar approach, the process of differentiating 68 amplifies noise in the original temperature record. Smoothing the record of  $AA_T$  hi before 69 differentiating reduces this noise but will compromise the ability of  $AA_T$  hi' to replicate the abrupt 70 nature of D-O warming events and reduce the predicted amplitude of smaller events. The choice of 71 smoothing window is therefore a trade-off between these effects (6) (Fig. 1).

73 The empirical relations illustrated in Fig. 1 present the possibility to produce a synthetic record of 74 Greenland climate using the Antarctic record, with the purpose of reconstructing the nature of 75 northern variability beyond the present limit of the Greenland records. The record of Greenland 76 temperature ( $GL_T$ ) is broken down into its orbital and millennial-timescale components,  $GL_T$  lo and 77  $GL_T$  hi respectively (Figs. 2, S5), where  $GL_T$  lo is a 7 kyr smooth of  $GL_T$  (6) and  $GL_T$  hi is the 78 difference between  $GL_T$  and  $GL_T$  lo. We consider  $GL_T$  hi as the northern temperature anomaly 79 with respect to mean background conditions. Building on Fig. 1 we assume that the rate of Antarctic 80 temperature change is inversely proportional to the northern temperature anomaly. We therefore 81 scale the amplitude of  $AA_T$  hi' to match that of  $GL_T$  hi over the last 90 kyr to produce a synthetic 82 record of northern millennial-scale temperature variability,  $GL_T$  syn hi (Fig. 2C) (6). It can be seen 83 that a synthetic reconstruction of  $GL_T$  could be made by combining  $GL_T$  syn hi with an estimate 84 for  $GL_T$  lo. The orbital-timescale components of the Greenland and Antarctic temperature records 85  $(GL_T \text{ lo and } AA_T \text{ lo respectively})$  are highly correlated, with the southern record leading the north 86 by  $\sim 2000$  years (6). We therefore incorporate longer timescale variations into our reconstruction by 87 substituting  $GL_T$  lo with a scaled version of  $AA_T$  lo, shifted by 2000 yr (which we call 88  $GL_T$  syn lo) (Fig. S5) (6). Our full reconstruction,  $GL_T$  syn, (Fig. 2D) is then the sum of 89  $GL_T$  syn lo and  $GL_T$  syn hi.

90

91 Our formulation of the thermal bipolar seesaw concept is qualitatively analogous to that of (9) in 92 that it implies the existence of a heat reservoir which convolves the northern signal, producing a 93 southern signal with a longer characteristic timescale. Our approach is slightly different in that we 94 relate the rate of Antarctic temperature change directly to the northern temperature anomaly. 95 Indeed, we note that for some long stadial events, particularly those associated with glacial 96 terminations, Antarctic temperatures appear to rise unabated until an abrupt warming event occurs 97 in the north (19). On the other hand our formulation does not imply that Antarctic temperatures 98 must continue to rise indefinitely whenever Greenland is cold, only while it is cold with respect to

background conditions (defined by the orbital-timescale component). We also note that northern
temperature (regardless of background conditions) is not always constant throughout stadial events.
For example, Greenland warmed significantly during cold stadial 21 (Fig. 2D). By our formulation,
the rate of Antarctic temperature rise during this event would decrease correspondingly, in line with
observations (Fig. 2A) (20).

104

105 We employ a thresholding approach for predicting the occurrence of abrupt Greenland warming 106 events based on minima in the second time differential of AA<sub>T</sub> (AA<sub>T</sub>") (Fig. 2E, F). This has an 107 advantage over use of the first differential (decreasing through zero) because it is capable of 108 distinguishing between events of varying magnitude and incorporates information about conditions 109 before and after an abrupt event  $(\delta)$ . Using a relatively insensitive threshold (blue dashed line in 110 Fig. 2F) we are able to identify the largest D-O temperature shifts recorded in Greenland while 111 'smaller' events, such as D-O 2, require a more sensitive threshold (red line). Based on this we are 112 able to identify almost all of the canonical D-O events over the last 90 kyr without introducing 113 'spurious events'. We incorporate a correction, based on the time integrated per 55cm sample of ice 114 (7), to account for loss of temporal resolution in the deeper parts of the ice core (6). 115 116 Our synthetic reconstruction of Greenland temperature closely resembles the observed record both 117 in terms of its timing and the structure of individual events (Fig. 2). This is despite probable variability in the relationships between  $\delta^{18}$ O (for GISP2) or  $\delta$ D (for EDC) versus local temperature 118 119 through time (21) and other millennial-scale variability that might not be related to the bipolar

120 seesaw. We find similar results using alternative Antarctic ice core records (6). Based on the

121 predictive ability of  $GL_{T}$  syn over the last ~100 kyr we extend our reconstruction back to ~800 ka

122 (Figs. 3, 4). In doing so we implicitly assume that the empirical relationships observed over the last

123 glacial cycle held during earlier periods. Given the inherent uncertainty in this assumption we do

124 not make a claim for significant skill at predicting the absolute amplitude of earlier events but we

125 do suggest that, to the extent that the underlying physical mechanisms indeed persisted throughout

126 the last 800 kyr, the timing and overall structure of events will be relatively robust.

127

128	In order to test this hypothesis we compare our synthetic reconstructions with real climate records.
129	The record of Asian monsoon variability derived from cave deposits (speleothems) in China (5, 22)
130	is one of the best candidates for this task (Fig. 3). The Chinese speleothem $\delta^{18}$ O record is thought to
131	represent changes in the proportion of low $\delta^{18}O$ (summer monsoon) rainfall within annual totals
132	(22) and can be considered a measure of the amount of summer monsoon rainfall or monsoon
133	intensity. The combined record from several deposits taken from a number of caves provides a
134	continuous, absolutely-dated record over the last ~400 kyr (22). The record is dominated by orbital-
135	timescale changes, possibly related to the influence of boreal summer insolation on the strength of
136	the Asian monsoon ( $6$ ). Removal of this variability by normalising to the insolation curve ( $6$ )
137	reveals a significant component of millennial-timescale activity which has been shown to
138	correspond with D-O variability over Greenland during the last glacial cycle (5, 22). This
139	correspondence is thought to be caused by latitudinal shifts in the position of the Intertropical
140	Convergence Zone (ITCZ) and related atmospheric phenomena, in response to variations in the
141	AMOC and related changes in North Atlantic temperature (11).

142

143 There is a strong one-to-one correspondence between inferred weak-monsoon events and our 144 reconstructed cold events in Greenland (Fig. 3). Moreover, there are pronounced similarities in the 145 structure of abrupt events, particularly during deglacial episodes (terminations); the multiple weak-146 monsoon events associated with glacial terminations of the Late Pleistocene (22) are reflected by 147 multiple cold events in our records. Our reconstruction suggests the occurrence of large amplitude 148 'D-O-type' oscillations between 160-180 ka (during MIS 6; Fig. 3). These may be compared with similar events in the records of planktonic  $\delta^{18}$ O and tree pollen from a marine sediment core taken 149 150 from the Iberian Margin (23). Based on the findings of Shackleton et al. (24) the Iberian Margin

151	records were tuned to the EDC $\delta D$ record via the record of benthic $\delta^{18}O$ from the same core (23).
152	The tuning exercise did not involve the surface records, which therefore provide a quasi-objective
153	'target' for comparing with our reconstruction (which should be aligned with the surface-ocean
154	records according to $(24)$ ) and we note there is good agreement in the timing and structure of the
155	abrupt events during MIS 6. We also note good agreement between our reconstructions and the
156	record of atmospheric CH <sub>4</sub> (25). Our predicted D-O warming events are generally aligned with
157	sharp increases in $CH_4$ (similar to the observed relationship during MIS 3). This relationship holds
158	for the entire 800,000 year record (Fig. 4) and provides critical ground-truthing for our
159	reconstruction.
160	
161	Building on previous studies (22) we employ the precise and absolutely-dated Chinese speleothem
162	record to place our reconstruction on an absolute timescale for the last 400 kyr. We do this by
163	aligning the cold events in our reconstruction with the inferred weak monsoon events in the
164	speleothem record (Fig. 4) (6). The EDC3 age scale (which remains the fundamental basis for our
165	model) was derived through a combination of ice flow modelling and various age markers,
166	including orbital tuning constraints (26). By tuning the millennial-scale features of $GL_{T_syn}$ to the
167	speleothem record we provide a refinement of the age scale that provides an alternative to the
168	ultimate dependence on orbital tuning. In addition to providing an absolute timescale for the ice and
169	gas records from Antarctica, we can also use our absolutely-dated Greenland reconstruction as a
170	tuning target for other high-resolution paleo-records (Fig. 4). Here we show the records of ice rafted
171	debris (IRD) from a North Atlantic sediment core (ODP 980) (4) and a record of sea surface
172	temperature (SST) from a core off the Iberian Margin (27). Each of these records has been tuned to
173	our reconstruction on its absolute timescale (6).
174	

Our synthetic records confirm that millennial-timescale variability and abrupt climate oscillations
occurred in Greenland throughout the last 800 kyr and more specifically they suggest that the

177 underlying physical mechanisms represented by the conceptual thermal bipolar seesaw were 178 relatively invariant throughout this period. In line with observations for the last glacial period (28) 179 our reconstructions suggest that higher amplitude variability and more frequent D-O-like warming 180 events occurred when climate was in an intermediate state or during the transitions between states 181 (Fig. 4). Extending the observations of (22) we find that glacial terminations of the Middle to Late 182 Pleistocene in general were characterised by (multiple) oscillations of the bipolar seesaw. This 183 apparently ubiquitous association of millennial-scale climate variability with glacial terminations 184 raises an important question: is this mode of variability a necessary component of deglacial climate 185 change or merely a complicating factor? Previous studies (28, 29) have suggested that DO-type 186 variability might represent an inherent resonance of the climate system, attaining significant 187 amplitude only within certain windows of opportunity *i.e.* intermediate climate states. Given that 188 global climate must pass through such a window during deglaciation, one could argued that 189 terminal oscillations of the bipolar seesaw are merely an artefact of deglacial climate change (29). 190 However, the precise correspondence observed between bipolar seesaw oscillations and changes in 191 atmospheric CO<sub>2</sub> during glacial terminations (Fig. 4) suggests that the bipolar seesaw may play 192 more than just a passive role in the mechanism of deglaciation *i.e.* through the positive feedbacks 193 associated with increasing  $CO_2$  (14, 19, 22). With the supercritical size of continental ice sheets as a 194 possible precondition (30), and in combination with the right insolation forcing (31) and ice albedo 195 feedbacks, the CO<sub>2</sub> rise associated with an oscillation of the bipolar seesaw could provide the 196 necessary additional forcing to promote deglaciation. In this sense the overall mechanism of glacial 197 termination during the Middle to Late Pleistocene might be viewed as the timely and necessary 198 interaction between millennial- and orbital-timescale variations.

199

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281	Materials and Methods							
282	Figs. S1-S14							
283	References (S1-S35)							

284 Tables S1-S3

#### 285 Figure Annotations

286

287 Figure 1. Ice core records from Greenland (GISP2) and Antarctica (EDC) (all records have orbital-288 timescale variability removed). (A) Methane (17, 25) with tuning points (crosses) used to place all 289 records on the EDC3 age model (26), Greenland temperature (GL<sub>T</sub> hi with 200 yr smooth) derived from  $\delta^{18}$ O of ice (2) and Antarctic temperature (AA<sub>T</sub> hi, 200 yr smooth) from  $\delta$ D of ice (7). First 290 291 derivatives of  $AA_T$  hi ( $AA_T$  hi') are shown for various smoothing lengths (in brackets) of the 292 undifferentiated record. (B) Lead/lag correlation of the methane records suggests successful tuning 293 of the gas records. (C) Lead/lag correlations between GL<sub>T</sub> hi, AA<sub>T</sub> hi and AA<sub>T</sub> hi' reveal the well-294 known relation between northern and southern temperature records and the antiphase relationship 295 between  $GL_T$  hi and  $AA_T$  hi'. 296 297 Figure 2. Reconstructing millennial-scale climate variability over Greenland using the Antarctic 298 temperature record. (A) The record of  $\delta D$  from the EDC ice core (AA<sub>T</sub>) (7) with a 7000 yr smooth 299 of the same record (AA<sub>T</sub> lo). (B) Removal of orbital-timescale variability and application of a 700 300 yr smooth (6) produces  $AA_T$  hi. (C)  $AA_T$  hi is differentiated and then scaled to  $GL_T$  hi (green 301 curve) to produce GL<sub>T</sub> syn hi (orange curve). (D) A synthetic reconstruction of Greenland 302 temperature variability (GL<sub>T</sub> syn; red curve) constructed by adding GL<sub>T</sub> syn hi to GL<sub>T</sub> syn lo ( $\delta$ ). Green curve is GISP2  $\delta^{18}$ O placed on EDC3 via methane tuning (Fig. 1). (F) Minima in AA<sub>T</sub>" 303 304 below a threshold (dashed lines) are employed to predict the occurrence of major warming events in Greenland, identified by the corresponding coloured dots in (E). A threshold value of  $-1.2 \times 10^{-5}$  (red 305 306 dashed line and dots) has good success at picking canonical D-O events (green numbers in (D) and 307 (E)) without introducing spurious events. 308

Figure 3. Comparison of reconstructed Greenland climate variability with other records. The
normalised record of monsoon variability from China (A) (5, 22), marine records from the Iberian

311	Margin (C) (32), (D, E) (23) and the record of atmospheric $CH_4$ (G) (25) share many features in
312	common with our records derived from the Antarctic temperature record (B, F). Coloured dots in
313	(H) represent the occurrence of D-O events predicted from $AA_T$ " using a fixed (red) or variable
314	(blue) threshold (6). All records are on the EDC3 timescale (26) except the monsoon record which
315	is on its own absolute timescale (22). The pollen record from MD95-2042 (32) (C) was placed on
316	EDC3 by tuning the corresponding planktonic $\delta^{18}$ O record (24) to GL <sub>T</sub> _recon. Grey bars indicate
317	cold conditions and periods of weak monsoon. Glacial terminations are indicated by Roman
318	numerals.
319	
320	Figure 4. 800,000 years of abrupt climate variability. Records of North Atlantic IRD (4), monsoon
321	rainfall (5, 22) (normalised) and SST from the Iberian Margin (27) all show strong similarities with
322	our reconstruction of Greenland climate variability ( $GL_T_syn_hi$ and $GL_T_syn$ ). Glacial
323	Terminations (identified by Roman numerals) are characterised by cold conditions across
324	Greenland and the North Atlantic and weakened monsoon rainfall, with a corresponding rise in
325	atmospheric CO <sub>2</sub> (33), followed by an abrupt warming over Greenland, strengthening of the
326	monsoon and sharp rise in atmospheric $CH_4$ (25). Pink boxes indicate terminal Northern
327	Hemisphere cold periods. Red and blue dots are predicted D-O warming events using a fixed or
328	variable threshold respectively. Lowermost curves in each panel are moving windows of the
329	standard deviation of $AA_{T}$ hi' (note that orbital-timescale variations have been removed; blue is
330	5kyr, green is 10kyr window). All records are on the new Speleo-Age (Panel A) or the EDC3 (Panel
331	B) timescale except the benthic $\delta^{18}$ O stack (LR04) of (34), which is on its own timescale. Increased
332	millennial-scale activity is generally observed during transitions between climate states with
333	minimal activity during interglacials and glacial maxima.









# 800,000 years of abrupt climate variability

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# **Supporting Online Material**

The US National Research Council Committee on Abrupt Climate Change (1) defines an abrupt climate change as one that occurs when the climate system is forced to cross some threshold, triggering a transition to a new state at a rate determined by the climate system itself and faster than the cause.

### Smoothing records and removing orbital-timescale variability

All smoothing is performed by a applying a running mean (of the length specified) twice to the evenly sampled datasets. Removal of orbital-timescale variability is achieved by subtracting a 7 kyr smooth.

# Smoothing of the Antarctic temperature record its derivative

Before taking the first derivative of  $AA_T$  we remove orbital-timescale variability to give  $AA_T$ \_hi, in order to remove ambiguities resulting from the superposition of millennial-scale events on orbital-timescale variations (Fig. S1). Since the changes we are interested in (abrupt warming events in Greenland) appear as short-lived minima in the record of  $AA_T$ " we do not need to apply this treatment to the original temperature record (even before taking the first differential) for deriving the second differential. This is demonstrated by the similarity between the records of  $AA_T$ " with and without removal of the 7 kyr smooth (Fig. S1). Although it makes little difference we choose not to remove orbital-timescale variability before deriving the second differential in order to minimise the number of processing steps involved in our analysis.

The act of differentiating (by finite differences) amplifies noise in the original record and it is therefore necessary to smooth this record before differentiating. However, the choice of smoothing window length is a trade-off between loss of unwanted noise and loss in the signal we wish to isolate. These effects can be observed by comparing records of  $AA_T$ \_hi' produced after smoothing  $AA_T$  with various window lengths, and their correlation with  $GL_T$ \_hi (Fig. S2). We suggest that a smoothing window of 700 years provides a reasonable compromise between noise reduction and signal fidelity. This is comparable to the running mean window applied by the study of (2).

Selecting events when the first derivative  $(AA_T_hi')$  decreases through zero (which would coincide with abrupt warming events in Greenland, according to the seesaw model) provides another means to assess the effect of different smoothing window length (Fig. S3). We note that low order smoothing (200-300 yr) predicts many events that do not have obvious correlatives in Greenland while high order (1000 yr) smoothing results in loss of events. We also smooth the record of  $AA_T'$  before differentiating a second time in order to analyse minima in  $AA_T''$  (Fig. S3). Critically we note that the timing of significant minima in  $AA_T''$  (used to identify D-O warming events) is not particularly sensitive to the choice of filter length. We apply a 700 yr smooth to  $AA_T'$  before differentiating a second time to produce  $AA_T''$ . We note that a longer smoothing window results in loss of events.

### $GL_T$ versus $AA_T$ ' and the effect of uncertainty in $\Delta age$

In order to compare the phasing between temperature records from Greenland and Antarctica we rely on the methane tuning method developed by Blunier and Brook (3, 4). By making the assumption that changes in atmospheric CH<sub>4</sub> will be essentially contemporaneous in both hemispheres it is possible to place the gas records from disparate locations on a common timescale. In order to place the corresponding temperature records (which are most commonly derived from the ice phase) on the same common timescale, it is necessary to know the age offset ( $\Delta$ age) between the ice and trapped gas at any depth within the core (the gas will always be younger the surrounding ice because the circulation of gas within the firn is only stopped once the ice is compacted). Unfortunately the uncertainty in the age offset is considerable (up to hundreds of years). Therefore we are unable to determine the precise phase relationships between the records derived from ice to better than ~200 years based on this method. As shown in the main text Figure 1, the approximate out-of-phase relationship between  $GL_T$  hi and  $AA_T$  hi' actually suggests a small (100-150 yr) lead of Greenland over Antarctica. However, when we perform the same analysis on the GISP (Greenland) and Byrd (Antarctica) temperature records (as aligned by (4)) we find that AA<sub>T</sub> hi' leads  $GL_T$  hi by ~200 years (Fig. S4). We suggest that these differences result from the uncertainties in  $\Delta$ age and argue that the true relationship should be antiphase. Our findings appear to resolve the discussion between (5), (6) and (7) who were essentially describing the differences between  $GL_T$  hi versus  $AA_T$  hi and  $GL_T$  hi versus  $AA_T$  hi'.

#### Construction of "GL<sub>T</sub>\_syn"

To produce a reconstruction of Greenland temperature variability (Fig. S5) from the EDC  $\delta D$  record (8) we first apply a 7000 year smooth to the Antarctic record to produce  $AA_{T}$ \_lo. We then subtract  $AA_{T}$ \_lo from  $AA_{T}$  and smooth the result at 700 year to produce  $AA_{T}$ \_hi. This is differentiated to produce  $AA_{T}$ \_hi'. We then normalise  $AA_{T}$ \_hi' (divide through by its own standard deviation) and scale it to the record of  $GL_{T}$ \_hi by multiplying the normalised record of  $AA_{T}$ \_hi' by the standard deviation of  $GL_{T}$ \_hi. This produces  $GL_{T}$ \_syn\_hi. We produce  $GL_{T}$ \_syn\_lo by scaling the record of  $AA_{T}$ \_lo to  $GL_{T}$ \_lo (by normalising and applying the same mean and standard deviation) and shifting it towards younger ages by 2000 years (see next paragraph).  $GL_{T}$ \_syn is then the sum of  $GL_{T}$ \_syn\_hi and  $GL_{T}$ \_syn\_lo.

The thermal bipolar seesaw model was constructed to explain millennial-scale oscillations during the last glacial period. However, the temperature records from Greenland ice cores include longerterm variations (so-called orbital-timescale variability). We wish to produce a reconstruction of what Greenland temperature records might look like if they extended back as far as those from Antarctica. This requires us to add orbital-timescale variability to our record of  $GL_T$  syn hi. The orbital-timescale component of the Antarctic temperature record (AA<sub>T</sub> lo) is highly correlated with  $GL_T$  lo over the last 100 kyr (9) (Figs. S5, S6). Furthermore, both signals appear correlated to variations in northern hemisphere summer insolation (10-13). While the link between the northern temperature record and northern summer insolation may be comparatively straightforward (through direct effects such as ice albedo), the correlation between northern summer insolation and southern temperature records is less obvious (13). Explanations have most often argued that northern hemisphere insolation must provide an indirect forcing on southern hemisphere temperatures (through e.g.  $CO_2$  or ocean circulation changes) (14, 15) although a recent study suggests that southern insolation itself may be responsible via the influence of summer duration (which is in phase with northern hemisphere summer intensity) as opposed to intensity (12). Whatever the explanation, the correlation holds for at least the last 800,000 years (8). Atmospheric  $CO_2$ concentrations may also play a role in the interhemispheric symmetry of the temperature records on longer timescales. Although changes in  $CO_2$  typically lag temperature changes over Antarctica by several hundreds of years on multi-millennial timescales (16)  $CO_2$  probably plays a role in the amplitude of these changes (for example it may help to explain the amplitude of glacial-interglacial changes). Given the observed similarity between the low frequency components of the Greenland and Antarctic records over the last 100 kyr, we suggest that the record of  $AA_T$  lo represents a reasonable substitute for  $GL_T$  lo in our reconstruction of Greenland temperature variability.

The record of  $AA_T$  lo appears to lead that of  $GL_T$  lo by around 2000 years (9) although the precise lag is difficult to determine given the length of the records (Figs. S5, S6). This may be due to *e.g.* the slow response of northern hemisphere ice sheets to insolation forcing or it may reflect the pervasive influence of millennial-scale oscillations on the Antarctic record (for example during late MIS 4 (HS6), when Greenland was cold, Antarctica warmed, possibly through the seesaw mechanism. This would give rise to an apparent lead of Antarctic over Greenland on longer timescales). When the record of  $AA_T$  lo is scaled to  $GL_T$  lo (same mean and standard deviation) the offset between the two records (Fig. S5F) is typically less than 1‰. This offset can be reduced by shifting  $GL_T$  syn\_lo by 2000 years to provide a better match with  $GL_T$  lo. The offset is relatively small compared to the high amplitude of D-O oscillations (typically 3-4‰) and to the overall magnitude of glacial-interglacial variability. Furthermore the offset changes slowly with respect to the abruptness of D-O events. We therefore include a shift of 2000 years in  $GL_T$  syn\_lo. When we include  $GL_T$  syn\_lo in our reconstruction of  $GL_T$  syn we achieve a reasonable result (Fig. 2G).

We chose the EDC  $\delta D$  record for our construction of GL<sub>T</sub>\_syn because it is the longest published record and we compared our results with the GISP ice core because this allows straightforward derivation a common age scale via CH<sub>4</sub> tuning (Fig. 1). For completeness we show a comparison of the first differentials of EDC, EDML (both normalised) and a composite Antarctic record (derived by tuning and normalising the isotope records from EDC (8), EDML (17), Vostok (11), Dome Fuji (18) and Byrd (19)) with the millennial-scale components of the GISP (20) and NGRIP (21) ice cores (Fig. S7).

Synthetic records are given in Table S2.

# Prediction of 'D-O-type' events using the Antarctic record

We employ a thresholding approach for predicting the occurrence of abrupt Greenland warming events based on minima in the second time differential of  $AA_T$  ( $AA_T$ ") (Fig. 2E, F). This has an advantage over use of the first differential (decreasing through zero) because it is capable of distinguishing between events of varying magnitude and incorporates information about conditions before and after an abrupt event. For example, the large D-O events, 19 and 20, were characterised by a rapid transition from pronounced warming to equally pronounced cooling over Antarctica (Fig. 2). This information is captured by the exaggerated minima in  $AA_T$ ", which may then reflect particularly significant changes in the AMOC and related atmospheric phenomena associated with these events. If a minimum in  $AA_T$ " exceeds a threshold, an event is generated and assigned the age of that minimum (Fig. 2E). Using a relatively insensitive threshold (blue dashed line in Fig. 2F) we are able to identify the largest D-O temperature shifts recorded in Greenland while 'smaller' events, such as D-O 2, require a more sensitive threshold (red line). Based on this we are able to identify almost all of the canonical D-O events over the last 90 kyr without introducing 'spurious events'.

# Correcting for signal loss due to sample time integration

Before applying our two approaches for reconstructing Greenland climate to the full 800 kyr record of  $AA_{T}$  (*i.e.*  $\delta D$ ) from the EDC ice core we need to investigate the possible effects of ice flow and diffusion in the deeper parts of the record. Both of these processes may result in a reduction in the amplitude of variability in  $\delta D$  (either through diffusion (22, 23)) or simply because the sampling for  $\delta D$  measurements (made on 55cm sections of ice) tends to integrate longer time intervals for deeper parts of the core. For example, within the upper few meters of the EDC ice core each 55cm sample represents < 10 years of ice accumulation whereas at 3042m (~640 ka) a 55cm sample integrates >1350 years of ice (Fig. S8a). It has also recently been argued that diffusion length scales may reach up to 40cm for the deepest parts of the EDC ice core (23). Since this is of the same order as the sampling window we address both issues together. We do so by constructing a synthetic Antarctic ice core temperature record (SynAA<sub>T</sub>) (Fig. S8) and use this to investigate the potential effects of fidelity loss in deeper parts of the record. We start by assuming that the real EDC ice core temperature record for the last 100 kyr or so represents actual temperature variations over Antarctica (*i.e.* without significant signal attenuation on millennial-timescales). We then select a 100 kyr interval with similar  $\delta D$  values at either end (in this case ~12 to ~112 ka) and produce a synthetic history of temperature for 800 kyr by repeating this interval 8 times. Finally we 'sample' this synthetic temperature history in the same manner as the actual EDC ice core record samples the real temperature history over Antarctica (by integrating the same time intervals as each 55cm sample does for the real record).

The loss of signal amplitude is immediately apparent for deeper sections of the synthetic record (Fig. S8A). The corresponding 'loss' of predicted D-O events, based on minima in  $AA_T$ " below a fixed threshold, is significant. We address this by allowing the picking threshold to vary according to the time integrated by each 55cm of ice (Fig. S8A). We apply the simplest approach for incorporating the 'time-per-sample' factor into our D-O prediction algorithm. For adjusting the threshold used to pick D-O events based on minima in AA<sub>T</sub>", we ratio the corresponding time-persample to the minimum value for this parameter (5.81 yr), scale it (divide by  $2.3 \times 10^{7}$ ) and add it to a baseline threshold  $(-1x10^{-5})$  (Fig. S8A, B). This operation effectively accounts for smoothing of the record by exaggerating the minima in AA<sub>T</sub>" with respect to the threshold. Use of the variable threshold recovers most of the D-O events that were lost using the fixed threshold approach (Fig. S8C). The choice of parameters for the thresholding exercise was based on a trade-off between picking as many canonical D-O events as possible while minimising the number of predicted events with no obvious analogy in Greenland. Thus some canonical events are not picked (e.g. events 2 and 9). We note that for sections of the record where the time-integrated-per-sample approaches or exceeds 1000 years (~600-800 ka) two individual millennial-scale events may be merged into a single event, which our variable threshold cannot account for. Therefore, while we are confident that our approach does not predict a significant number of spurious events, we must acknowledge that some events may be lost altogether.

We could use a similar approach to adjust the amplitude of variability observed in the record of  $AA_T_hi'$  (and therefore in  $GL_T_syn_hi$ ). However, the long-lived nature of some Antarctic warming and cooling events (especially those associated with glacial terminals) means that in these cases the increase in sample time integration does not impact the first differential to a significant degree (Fig. S9). Correcting for signal attenuation would therefore result in a spurious amplification of the  $AA_T_hi'$  record in certain places and we choose not to apply an adjustment to  $GL_T_syn$ . It must be acknowledged therefore that as well as the total loss of very short events, the amplitude of shorter events (~1-2 kyr) in the oldest portion of  $GL_T_syn$  (600-800 ka) will be reduced relative to the actual Greenland events they correspond with.

Picked D-O events are given in Table S3.

# The Chinese speleothem record

In order to assess the millennial-scale variability within the Chinese speleothem record we need to remove the orbital-scale variations, which mirror July insolation at 65°N (24) (Fig. S10) (we note that there is currently some discussion about the precise insolation target that should be used (25, 26) but choose that which is in-phase with the orbitally-filtered speleothem record). We achieve this by removing the normalised (by subtracting its mean and dividing through by its standard deviation) insolation curve from the normalised speleothem record (Fig. S10). Before normalisation, the individual speleothem records require some adjustment to align them to a common scale. This is achieved by subtracting 1.6 from the Hulu Cave records to account for the difference in elevation and location between the various cave sites (24).

# **Derivation of absolute timescales**

Thanks to the near one-to-one correspondence between 'weak monsoon events' in the detrended speleothem record and cold events in our synthetic records,  $GL_T$  syn hi and  $GL_T$  syn (main text Fig. 3) we are able to align these events in order to place the EDC records on the absolute 'Speleo-Age' timescale (Fig. S11A, S12). Uncertainties in resultant age model ('Speleo-Age') arise from uncertainties in the absolute dating of the speleothem record (dating error) and the fact that 'abrupt' transitions in both records (GL<sub>T</sub> syn and speleothem  $\delta^{18}$ O) sometimes appear to last up to hundreds of years (tuning error). We provide estimates of these errors with their corresponding tie points in Table S1. It is clear that this exercise will improve as more speleothem records are produced and as dating methods improve. For now we do not attempt alignment where the speleothem record has insufficient resolution to allow recognition of abrupt events (*i.e.* the interval 315-265 ka). In general the resultant offset between our absolute timescale for EDC and the published EDC3 age model (27) is of the order 0-1000 years with some events shifted by ~3000 yr and up to 5000 yr toward the oldest part of the speleothem record (Table S1). These estimates are within the age uncertainties of the EDC3 age model (27). These offsets are also similar in magnitude to our estimate of the total uncertainty in our absolute age model although our revised age model in general shifts the record toward older ages.

Our revised age model for the EDC records is fundamentally based on the EDC3 age model and should be considered a refinement of that. From here we derive absolute timescales for the records from ODP 980 in the North Atlantic (28) (Fig. S11B, S13) and MD01-2444 and MD01-2443 from the Iberian Margin (29) (Fig. S11C; S14).

We note good correspondence between our absolute age model and the results of Drysdale *et al.* (30) for Termination II. We derive an age of  $129.6 \pm 0.7$  ka for the end of Heinrich event 11. This compares with  $129 \pm 1.5$  ka by (30).

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# Supplementary figures



**Figure S1.** Effect of high-pass filtering on  $AA_T'$  and  $AA_T''$ . (a) The first differential  $(AA_T')$  is sensitive to the interplay between millennial- and orbital-timescale variations. The corresponding effect on the second differential (b) is minimal.



**Figure S2.** Smoothing of  $AA_T$  hi before differentiating causes a reduction in noise but results in a reduction in the abruptness of predicted events as compared with the Greenland record. The choice of 700 years for the filter length is made based on compromise between optimal correlation between  $AA_T$  hi' and  $GL_T$  hi and the obliteration of certain features in the record (see also Fig. S3).



**Figure S3.** Abrupt warming events in Greenland are associated with  $AA_T_h$ ' decreasing through zero and minima in the record of  $AA_T$ '. Lower filter orders result in many events with no obvious correlatives in Greenland while higher order smoothing results in loss of events. The timing of significant events is not particularly sensitive to the choice of filter length.



**Figure S4.** Cross correlations between records from the GISP 2 and Byrd ice cores as aligned by Blunier and Brook (4). (A) Methane correlation suggests that the tuning for gas phases is successful. (B)  $GL_{T_h}$  iversus  $AA_{T_h}$  ireveals the classic northern lead for an anti-correlation and southern lead for a positive correlation (5, 33). This may be contrasted with  $GL_{T_h}$  iversus  $AA_{T_h}$  ireveals the classic northern lead for a anti-correlation and southern lead for a positive correlation (5, 33). This may be contrasted with  $GL_{T_h}$  iversus  $AA_{T_h}$  iversus  $AA_{T_h}$  in the uncertainty in  $\Delta$  age). We find that an initial smooth of  $AA_T$  of 700 years (using a running mean, applied twice) gives optimal correlation with  $GL_{T_h}$  iversus  $AA_T$  in the derived record of  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  in the uncertainty in  $\Delta$  age). We find that an initial smooth of  $AA_T$  of 700 years (using a running mean, applied twice) gives optimal correlation with  $GL_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  in the derived record of  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  iversus  $AA_T_h$  in the derived record of  $AA_T_h$  iversus  $AA_T_h$  iv



**Figure S5.** Construction of  $GL_T$  syn. (A, B) the records of  $GL_T$  and  $AA_T$  respectively, with their orbital-timescale components,  $GL_T$  lo and  $AA_T$  lo. (C) the millennial-scale component of  $AA_T$  (AA<sub>T</sub>\_hi). (D)  $GL_T$  syn\_hi with  $GL_T$ \_hi. (E) The orbital-timescale components, including a 2000 year shift of the Antarctic record. (F) Offsets between  $AA_T$  lo and  $GL_T$  lo with and without a 2000 year shift. (G)  $GL_T$  syn (with and without a 2000 year shift) compared with  $GL_T$ .



**Figure S6.** Lead lag correlations between  $GL_T$  and  $AA_T$ . (A) EDC  $\delta D$  versus GISP  $\delta^{18}O$  for the interval 100 to 5 ka. A clear southern lead is observed for low order (200-1000 yr) smoothing of the records. The orbital-timescale components (7000 yr smooth; red curve) are highly correlated but the Greenland record is too short to allow a confident assessment of the relative phasing (maximum correlation is actually observed at zero lag but this is probably an artefact of the short record length relative to the smoothing window). (B) EDC  $\delta D$  versus GL<sub>T</sub> syn. In this case GL<sub>T</sub> syn is produced by adding  $GL_T$  syn hi to the scaled orbital-timescale component of  $AA_T$  ( $AA_T$  lo) which has been shifted by 2000 years. The results for the interval 100 to 5 ka are very similar to panel (A) but now the records are long enough (~800 kyr; black curve) to allow observation of the 2000 year lag between the orbital components (a correlation of  $\sim 1$  is obtained at a 2000 year lead of EDC  $\delta D$  over  $GL_T$  syn). (C) EDC  $\delta D$  versus  $GL_T$  syn where the orbital-timescale component of  $GL_T$  syn has not been shifted. As expected, the correlation between the orbital-timescale components is a maximum at zero lag (black curve). Note also that for the interval 100 to 5 ka (red curve) the correlation is approximately symmetric about zero. This contrasts with the equivalent correlations in (A) and (B). We use this observation to support our inference that the orbital-timescale component of GISP  $\delta^{18}$ O lags that of EDC  $\delta D$  by approximately 2000 years.



**Figure S7.** Comparison of the first differentials of EDC, EDML and a composite Antarctic record (derived by tuning and normalising the isotope records from EDC (8), EDML (17), Vostok (11), Dome Fuji (18) and Byrd (19)) with the millennial-scale components of the GISP (20) and NGRIP (21) ice cores. All records are on the EDC3 timescale. The GISP record was tuned via CH<sub>4</sub> (Fig.1) and the NGRIP  $\delta^{18}$ O record was tuned directly to GL<sub>T</sub>\_syn.



**Figure S8.** Accounting for signal attenuation using a synthetic ice core record. Panels (A) and (B) show the synthetic (A) and real (B) records of  $\delta D$  (light blue curves) for the last 800 kyr. For each record, the second differential (AA<sub>T</sub>") was calculated and the minima from each record are plotted as orange dots. With no loss of fidelity we would expect the minima in SynAA<sub>T</sub>" (the second

differential of the synthetic record) to be repeated for each 100 kyr section of the record and this can clearly be seen for the upper 400 kyr. Thus we would expect to be able to pick the same D-O events for each repeated interval. However, increasing time-per-sample (integrated time per 55cm sample of ice) in deeper sections of the core (dark blue curves in A and B) causes a decrease in the amplitude of  $\delta D$  variability and a corresponding decrease in the amplitude of AA<sub>T</sub>" variability. This is revealed by a general reduction in the minimum values for deeper sections and means that many events would be missed if a fixed threshold (red line) was applied (red dots in panel C). We therefore allow the threshold to vary according to the time-per-sample (the variable threshold is the same dark blue curve as represents time-per-sample but its Y-axis is the same as that for AA<sub>T</sub>"). (C) The synthetic ice core record is now used to assess the success of the variable threshold. The red dots in panel C are the picked D-O events using a fixed threshold. More and more events are lost with each progressive 100 kyr interval, reflecting the loss of fidelity in the record. The same should be expected if using the real  $\delta D$  record from EDC. By using a varying threshold most of the events identified for the upper sections can also be selected for deeper sections (blue dots in panel C). The same varying threshold is then used to predict the occurrence of D-O events for the real record of  $\delta D$  (main text Figs. 3, 4). The record of  $\delta^{18}O$  from NGRIP (21) shown here has been tuned to our record of GL<sub>T</sub> syn (on the EDC3 timescale) in order to allow comparison between predicted versus canonical (plus other) events (recall that the synthetic record is a repeat of the EDC3 interval 12-112 ka).



**Figure S9.** (A) Using the synthetic ice core record we can see that for shorter events (1-2 kyr) the increase in time-per-sample for deeper core sections results in a reduction in the amplitude of  $AA_{T}$ \_hi' and total loss of some events. However, for long events (e.g. those during terminations) there is minimal reduction in the amplitude of  $AA_{T}$ \_hi'. (B) Based on this we argue that there should be minimal loss of amplitude in  $AA_{T}$ \_hi' for longer events in the deeper sections of the actual EDC  $\delta D$  record.



**Figure S10.** Normalisation of the Chinese speleothem record (24, 31, 32) to the record of insolation for July 21 at  $65^{\circ}N(34)$  highlights the nature of millennial-scale variability within this record.



**Figure S11 (previous page).** (A) Tuning  $GL_T$ \_syn\_hi to the detrended speleothem record. Tuning points are indicated by red crosses. The deviation of our age model ('Speleo-Age') from the published EDC3 age model (27) is generally less than ~2kyr. Error bars are total estimated uncertainty in our absolute age points. (B) Tuning ODP 980 to  $GL_T$ \_syn\_hi (and  $GL_T$ \_syn) via the records of planktonic foraminiferal  $\delta^{18}$ O and %IRD(28) (red crosses are tuning points). The corresponding record of benthic  $\delta^{18}$ O from the same core (on our new timescale) shows good correspondence with the benthic  $\delta^{18}$ O stack published by (35). Also shown is the implied sedimentation rates for ODP 980. (C) The alkenone record of Iberian Margin SST (29) tuned to our record of  $GL_T$ \_syn.



**Figure S12.** Detail of tuning between  $GL_T$ \_syn\_hi and the normalised speleothem record. No attempt is made to tune within the interval ~315 to 265 kyr, due to the lower resolution of the speleothem record at this time. Tuning points are given in Table S1.



**Figure S13.** Detail of the tuning between ODP 980 (28) and  $GL_{T}$  syn. Note that the records of both %IRD and planktonic foraminiferal  $\delta^{18}$ O from ODP 980 were used for this exercise.



Figure S14. Detail of the tuning between the Iberian Margin SST record (29) and  $GL_{T}$  syn

EDC3 age (kyr)	SpeleoAge (kyr)	Dage (kyr)	Tuning error (kyr)	Absolute speleo error (kyr)	Combined uncertanty (kyr)
11.47	11.36	-0.11	0.11	0.08	0.14
12.58	12.80	0.22	0.22	0.10	0.24
14.34	14.62	0.27	0.21	0.10	0.23
17.52	17.11	-0.40	0.50	0.10	0.51
23.29	23.77	0.47	0.42	0.15	0.45
27.40	28.00	0.60	0.36	0.19	0.41
29.33	29.90	0.57	0.36	0.21	0.42
32.04	32.94	0.90	0.25	0.33	0.41
33.35	33.90	0.55	0.36	0.54	0.65
35.00	35.38	0.38	0.34	0.63	0.71
37.76	37.43	-0.33	0.25	0.63	0.68
39.50	39.58	0.07	0.34	0.73	0.80
41.30	41.70	0.40	0.42	0.73	0.84
43.13	43.72	0.60	0.36	0.55	0.66
46.42	47.60	1.17	0.22	0.59	0.63
55.20	55.60	0.40	0.22	0.45	0.50
58.58	59.30	0.72	0.36	0.50	0.62
70.70	71.63	0.94	0.28	0.40	0.49
72.40	72.93	0.53	0.42	0.50	0.66
75.18	76.75	1.57	0.50	0.65	0.82
83.20	83.60	0.40	1.08	0.75	1.31
87.32	87.35	0.04	0.34	0.60	0.69
89.93	90.67	0.75	0.36	0.65	0.74
99.06	99.77	0.71	0.58	1.10	1.24
103.31	105.97	2.65	0.50	0.95	1.07
106.52	109.76	3.24	0.35	1.55	1.59
108.69	111.54	2.85	0.54	1.50	1.59
129.00	129.57	0.57	0.67	1.25	1.42
135.22	136.09	0.87	0.42	1.25	1.32
138.93	139.03	0.10	0.32	1.45	1.48
159.09	160.67	1.57	0.42	1.40	1.46
162.18	164.05	1.88	0.50	1.35	1.44
164.22	165.22	1.00	0.47	1.40	1.48
168.21	169.53	1.33	0.28	1.80	1.82
172.07	173.25	1.18	0.50	1.80	1.87
175.20	176.53	1.33	0.86	1.90	2.09
177.00	177.88	0.88	0.28	1.50	1.53
178.30	178.65	0.35	0.57	1.50	1.60
187.84	189.98	2.14	1.52	2.60	3.01
190.72	191.69	0.97	0.50	2.60	2.65
201.40	199.06	-2.35	0.42	2.20	2.24
203.12	201.13	-1.99	0.61	1.70	1.81
215.32	216.97	1.66	0.54	2.15	2.22
226.41	226.90	0.49	1.39	0.55	1.50
228.75	228.54	-0.22	0.42	0.70	0.82
242.27	242.55	0.28	0.81	0.25	0.85
246.75	246.99	0.24	0.78	0.30	0.84
248.46	249.04	0.57	1.17	0.30	1.21
251.28	251.85	0.58	0.50	0.20	0.54
258.52	259.56	1.04	0.57	1.55	1.65
263.62	264.24	0.62	1.04	1.55	1.87
316.04	317.70	1.66	0.40	0.70	0.81
333.83	335.96	2.13	1.30	2.10	2.47
341.56	342.83	1.27	2.04	2.10	2.93
348.43	350.26	1.83	0.28	0.75	0.80
349.59	351.53	1.94	0.28	0.80	0.85
363.26	366.82	3.57	0.36	1.00	1.06
365.40	369.50	4.10	0.50	1.00	1.12
367.79	372.75	4.96	0.50	1.20	1.30
372.90	378.15	5.25	0.30	1.00	1.04

**Table S1**Age control points for placing the EDC records on the absolute age scale ofspeleothem records. Tuning errors are estimated from the widths of the selected transitions.Absolute speleothem errors are calculated from the quoted errors given for the nearest datedsamples bracketing the selected tie point in the speleothem record (24, 31, 32).