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8 **Sub-seasonal Prediction of Central European Summer Heatwaves with**
9 **Linear and Random Forest Machine Learning Models**

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19 **ABSTRACT:** Heatwaves are extreme near-surface temperature events that can have substantial
20 impacts on ecosystems and society. Early Warning Systems help to reduce these impacts by helping
21 communities prepare for hazardous climate-related events. However, state-of-the-art prediction
22 systems can often not make accurate forecasts of heatwaves more than two weeks in advance, which
23 are required for advance warnings. We therefore investigate the potential of statistical and machine
24 learning methods to understand and predict central European summer heatwaves on timescales of
25 several weeks. As a first step, we identify the most important regional atmospheric and surface
26 predictors based on previous studies and supported by a correlation analysis: 2-m air temperature,
27 500-hPa geopotential, precipitation, and soil moisture in central Europe, as well as Mediterranean
28 and North Atlantic sea surface temperatures, and the North Atlantic jet stream. Based on these
29 predictors, we apply machine learning methods to forecast two targets: summer temperature
30 anomalies and the probability of heatwaves for 1–6 weeks lead time at weekly resolution. For each
31 of these two target variables, we use both a linear and a random forest model. The performance
32 of these statistical models decays with lead time, as expected, but outperforms persistence and
33 climatology at all lead times. For lead times longer than two weeks, our machine learning models
34 compete with the ensemble mean of the European Centre for Medium-Range Weather Forecasts’
35 hindcast system. We thus show that machine learning can help improve sub-seasonal forecasts of
36 summer temperature anomalies and heatwaves.

37 SIGNIFICANCE STATEMENT: Heatwaves (prolonged extremely warm temperatures) cause
38 thousands of fatalities worldwide each year. These damaging events are becoming even more
39 severe with climate change. This study aims to improve advance predictions of summer heatwaves
40 in central Europe by using statistical and machine learning methods. Machine learning models
41 are shown to compete with conventional physics-based models for forecasting heatwaves more
42 than two weeks in advance. These early warnings can be used to activate effective and timely
43 response plans targeting vulnerable communities and regions, thereby reducing the damage caused
44 by heatwaves.

45 **1. Introduction**

46 A heatwave is an extended period of extremely hot weather relative to the expected local con-
47 ditions at that time of the year. These high temperatures can cause substantial damage to human
48 health, agriculture, infrastructure, and biodiversity (Barriopedro et al. 2011; Perkins 2015). Heat-
49 waves are among the most dangerous natural hazards (Basu 2002; Lowe et al. 2011), having caused
50 more than 166,000 deaths across the world between 1998 and 2017, including 70,000 fatalities
51 during the 2003 European heatwave (Wallemacq et al. 2018). Summer heatwaves are associated
52 with higher wet-bulb temperatures than winter heatwaves (Buzan and Huber 2020), resulting in
53 higher mortality (Huynen et al. 2001). In addition, the probability of other natural disasters, such
54 as wildfires, is higher during heatwaves (e.g., the 2020 Australian wildfires ignited amid a record-
55 breaking heatwave (Deb et al. 2020)). Furthermore, climate change leads to more extreme hot
56 weather (Barriopedro et al. 2011; Perkins 2015), and an increase in heatwave intensity, duration,
57 and frequency (Ford et al. 2018; Perkins and Alexander 2013; Perkins-Kirkpatrick and Lewis 2020;
58 Seneviratne et al. 2014).

59 Preparation for heatwaves is possible to a certain extent, for example through early warning sys-
60 tems (EWS) (Merz et al. 2020), which enable an effective and timely response targeting vulnerable
61 populations and regions. For instance, EWS help to determine when crops will need more irriga-
62 tion, when cooling centers must be set up, or when local hospitals must prepare for an additional
63 number of patients (Bassil and Cole 2010). Moreover, measures for heatwave preparedness on
64 the order of seasons to decades have to be taken by governments and municipalities (Casanueva
65 et al. 2019; Kotharkar and Ghosh 2022). Hence, the time needed to prepare for heatwaves is

66 often beyond the timescales of medium-range weather forecasts (up to two weeks) (de Perez et al.
67 2018). While forecasts on seasonal timescales show potential, a skill gap between two weeks and
68 seasonal timescales remains (Robertson et al. 2015; White et al. 2017). Alternative approaches
69 must therefore be explored to extend the lead time of skillful forecasts to sub-seasonal timescales
70 (two weeks to two months).

71 Central European heatwave predictability can be enhanced by a range of precursors, including
72 both local and remote drivers linked to European temperatures via teleconnections. Heatwaves
73 are generally associated with local persistent blocking anticyclones or upper-level ridges (Kautz
74 et al. 2022; Suarez-Gutierrez et al. 2020). The atmospheric circulation associated with these
75 persistent features exhibits predictability timescales of up to two weeks (Weyn et al. 2019; Zheng
76 and Frederiksen 2007). In turn, the latitude and speed of the North Atlantic (NA) jet stream, which
77 are influenced by the distribution of topography (Jiménez-Estevé and Domeisen 2022), affect the
78 occurrence and location of these atmospheric features and, hence, central European heatwaves
79 (Bladé et al. 2011; Oliveira et al. 2020). For instance, when the Summer East Atlantic (SEA)
80 pattern (i.e., the second dominant mode of summer low-frequency variability in the Euro-Atlantic
81 region) is in its positive phase, with low pressure west of the British Isles and high pressure to the
82 east, the weather tends to be unusually warm over Europe (Wulff et al. 2017). The SEA pattern
83 shows longer predictability timescales than local geopotential, on the order of 2–3 weeks (Vitart
84 2014; Zuo et al. 2016).

85 Cold sea surface temperature (SST) anomalies in the NA are also found to be present prior
86 to the onset of the most extreme European heat waves since 1980 (Duchez et al. 2016) (e.g.,
87 anomalously cold NA SSTs were key to the development of the 2015 European heatwave (Mecking
88 et al. 2019)). Moreover, northwestern Mediterranean (NWMED) SSTs are linked to temperatures
89 over the European continent due to their proximity and large heat capacity, acting as a heat buffer
90 for land temperatures (e.g., the 2003 European heatwave was connected to warm Mediterranean
91 SSTs) (Black et al. 2004). Since SST anomalies tend to be highly persistent, in extratropical
92 regions, weekly mean SST anomalies are associated with longer predictability of weeks to months
93 (Hu et al. 2012; Kumar and Zhu 2018).

94 Furthermore, precipitation is linked to surface air temperature via several mechanisms, including
95 changes in incoming solar radiation and surface sensible heat flux. Precipitation is characterized

96 by high-frequency variability and, thus, it is not expected to be predictable at lead times longer
97 than a few weeks (Li and Robertson 2015; Wheeler et al. 2016). Precipitation directly influences
98 soil moisture, which is another driver of summer heatwaves (Fischer et al. 2007). Dry soils (low
99 soil moisture) and warming reinforce each other through a positive feedback effect (Kolstad et al.
100 2017): Moist soils mostly cool through latent heat flux to the atmosphere, while dry soils emit
101 more sensible heat (Laguë et al. 2019) and hence heat up the atmosphere faster than moist soils.
102 This warmer atmosphere, in turn, results in even more dryness, closing the positive feedback loop
103 (Seneviratne et al. 2010). In addition, increased sensible heating can help maintain a blocking
104 anticyclone over land (Miller et al. 2021). Consequently, dry springs are more likely to be followed
105 by extremely high summertime temperatures (Mueller and Seneviratne 2012; Perkins 2015).

106 We here investigate whether the sub-seasonal forecasting accuracy of summer temperature
107 anomalies and heatwaves in central Europe (CE) can be improved by using linear and random
108 forest (RF) machine learning (ML) models based on these precursors. Other studies use ML and
109 deep learning (DL) to forecast temperature and heatwaves, targeting timescales different from sub-
110 seasonal (Khan et al. 2019; Kämäräinen et al. 2019; Pyrina et al. 2021) or North America instead
111 of CE (Chattopadhyay et al. 2020; Miller et al. 2021; Sobhani et al. 2018; Vijverberg et al. 2020).
112 Moreover, DL architectures successfully predict the onset of long-lasting extreme heatwaves in
113 France two weeks in advance (Jacques-Dumas et al. 2022) and yield increased predictability with
114 respect to the European Centre for Medium-Range Weather Forecasts (ECMWF) at lead times of
115 3–4 weeks (Lopez-Gomez et al. 2022), agreeing with the findings of the present study despite using
116 a different set of predictors. Finally, additional predictors are identified in a related study by using
117 explainable ML methods (van Straaten et al. 2022).

118 **2. Methods**

119 *a. Data*

120 1) PREDICTOR SELECTION

121 Seven atmospheric and surface predictors that are expected to be related to summer temperature
122 and heatwaves in CE based on previous studies (Section 1) and a correlation analysis (Section
123 3b1) are selected: 2-m air *temperature*, 500-hPa *geopotential*, *precipitation*, *soil moisture*, the
124 *SEA index*, *NWMED SST*, and *cold North Atlantic anomaly (CNA) SST*. Geopotential at the

125 500-hPa pressure level is used instead of sea-level pressure to avoid capturing the influence of high
126 surface temperatures on the local low-level surface pressure (Suarez-Gutierrez et al. 2020). The
127 following predictors were also evaluated but were not used, as they correlated only weakly with
128 2-m air *temperature*: deep soil moisture (28–289 cm underground), the Summer North Atlantic
129 Oscillation (i.e., the first dominant mode of summer low-frequency variability in the Euro-Atlantic
130 region), southeastern Mediterranean SST, Baltic SST, El Niño Southern Oscillation SST, the North
131 Atlantic SST index by Ossó et al. (2020), and the Pacific-Caribbean Dipole index by Wulff et al.
132 (2017). The seven selected predictors are considered in the extended summer season (MJJAS),
133 during the time period between 1 May 1981 and 30 September 2018. Technical details about these
134 predictors can be found in Table 1. Since both local predictors and remote teleconnections are
135 included, their locations are shown in Fig. 1 and their latitude-longitude coordinates are provided
136 in Table 2.

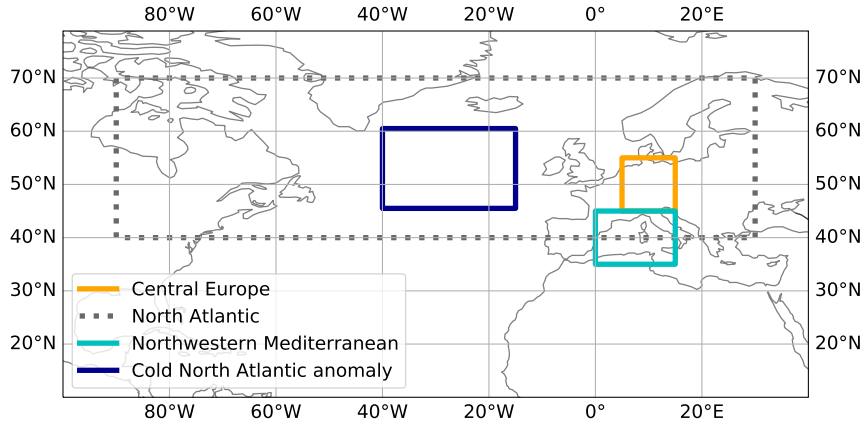
137 *Calculation of the SEA index* The changes in speed and location of the NA jet stream are included
138 in our set of predictors through the *SEA* index. First, the *SEA* pattern is calculated via principal
139 component analysis (PCA) (Storch and Zwiers 2003, chap. V), applied on the detrended 500-hPa
140 geopotential height anomalies over the NA box for the summer season (JJA). The *SEA* index
141 corresponds to the time-dependent coefficients (or PCA amplitudes) of the second PCA pattern
142 (Wulff et al. 2017). Then, the daily *SEA* index is calculated for the extended summer season
143 (MJJAS) by projecting the *SEA* pattern on the daily values of the 500-hPa geopotential height
144 anomalies from May to September and the obtained time series are normalised ($\mu = 0, \sigma = 1$).

157 2) DATA PREPROCESSING PIPELINE

158 First, we select latitude-longitude boxes for each physical magnitude and take either the arithmetic
159 mean of the area or perform PCA (Table 1) to obtain one-dimensional time series. The maximum
160 overlap period for the selected predictors is chosen as 1 May 1981 to 30 September 2018 (38
161 summers). We then detrend each time series by subtracting the linear trend. Detrending the data
162 removes linear long-term trends, which could be influenced by external climate forcing. Next, we
163 compute the daily climatology (x_{clim}), defined as the mean over the full time period for a particular
164 day of the year. We smooth the daily climatology by a centred 31-day rolling mean window.
165 We then compute the anomalies with respect to climatology as: $x_{\text{anom}} = x - x_{\text{clim}}$. This way, also

Predictor	Physical magnitude (units)	Source (Space, Time Res.)	Level	Box	Method
Temperature	2-m air temperature (°C)	E-OBS (0.25°, daily)	2 m a.g.	CE	avg
Geopotential	geopotential (m ² s ⁻²)	ERA-Interim (2.5°, daily)	500 hPa	CE	avg
Precipitation	rainfall (mm)	E-OBS (0.25°, daily)	surface	CE	avg
Soil moisture	volumetric soil water layer (m ³ m ⁻³)	ERA5-Land (2.5°, daily)	0–28 cm u.g.	CE	avg
SEA index	geopotential (m ² s ⁻²)	ERA-Interim (2.5°, daily)	500 hPa	NA	PCA
NWMED SST	sea surface temperature (°C)	HadISST (1°, monthly)	sea level	NWMED	avg
CNAA SST	sea surface temperature (°C)	HadISST (1°, monthly)	sea level	CNAA	avg

145 **TABLE 1. Properties of the predictors.** For each predictor, the name of the corresponding variable (physical
146 magnitude) as labeled in the dataset (source) is presented. We also indicate the temporal and spatial resolution
147 at which each variable was downloaded, the extracted vertical level, the selected spatial location, and the method
148 used to convert the three-dimensional time-latitude-longitude space into a one-dimensional time series. The soil
149 moisture (0–28 cm u.g.) is calculated as the average over the first two layers (layer one: 0–7 cm u.g. and layer two:
150 7–28 cm u.g.). The monthly sea surface temperature (SST) predictors are interpolated to daily time resolution.
151 Notation: Summer East Atlantic (SEA), northwestern Mediterranean (NWMED), cold North Atlantic anomaly
152 (CNAA), above ground (a.g.), and underground (u.g.).



153 **FIG. 1. Location of latitude-longitude boxes.** Used to define the location of the predictors shown in Table 1.
154 The latitude-longitude coordinates of the boxes are shown in Table 2.

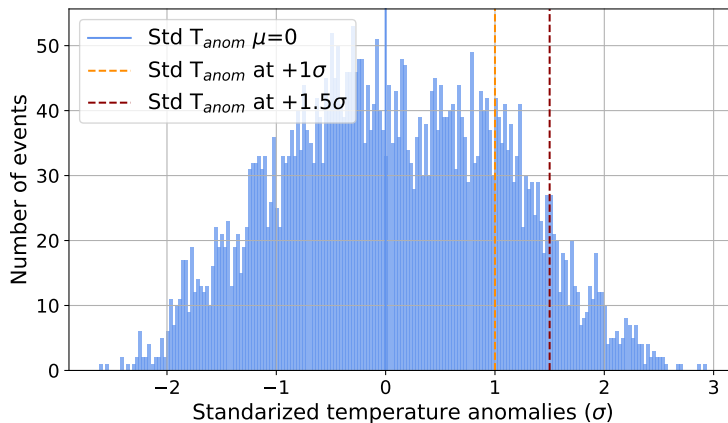
166 periodic changes due to seasonality are removed. Afterwards, to reduce the noise caused by natural
167 variability, which might lead to overfitted statistical models, these anomalies are smoothed out via
168 a 7-day centred rolling mean. Then, we standardize the predictors: $x_{\text{std anom}} = \frac{x_{\text{anom}}}{x_{\text{std}}}$, where $x_{\text{std anom}}$
169 are the standardized anomalies and x_{std} the standard deviation of the distribution of each predictor.
170 Furthermore, for each of the six prediction lead times (1–6 weeks), the predictors are provided to

Box	Latitude	Longitude
Central Europe (CE)	45°N–55°N	5°E–15°E
North Atlantic (NA)	40°N–70°N	90°W–30°E
Northwestern Mediterranean (NWMED)	35°N–45°N	0°–15°E
Cold North Atlantic anomaly (CNAА) (Duchez et al. 2016)	45°N–60°N	15°W–40°W

155 TABLE 2. **Coordinates of latitude-longitude boxes.** The boxes correspond to the location of the predictors of
156 Table 1 as seen in Fig. 1.

171 the ML models for the four weeks before initialization. For example, for a forecast at two weeks
172 lead time (meaning that we are using a statistical model initialized two weeks before the target
173 week for which we make the forecast), the *precipitation* from two, three, four, and five weeks before
174 the target week is used as a predictor by the ML models. Finally, since we want to investigate the
175 predictability of summer temperature, the extended summer months (MJJAS) are selected.

176 3) HEATWAVE INDEX DEFINITIONS



177 FIG. 2. **Histogram of temperature anomalies averaged over CE for the definition of heatwave indices.**
178 The blue bars correspond to the standardized ($\mu = 0$, $\sigma = 1$) temperature anomalies. The data is smoothed by a
179 7-day running mean (Section 2a2). The vertical blue line marks the mean ($\mu = 0$) of the distribution. The stippled
180 orange (red) line marks +1 (+1.5) standard deviations (σ) from the mean and is used to define heatwaves.

181 We define weekly heatwaves via a binary index: one for a heatwave week and zero, otherwise.
182 While there is no universal definition for heatwaves and a range of different indices are found
183 across the literature, percentile-based definitions are widely used (Perkins and Alexander 2013;
184 Perkins 2015; Perkins-Kirkpatrick and Lewis 2020; Spensberger et al. 2020). We use two different

185 heatwave definitions, thereby defining two independent classification problems: $+1\sigma$ for high and
 186 $+1.5\sigma$ for extremely high temperature anomalies (Fig. 2). The $+1\sigma$ weekly heatwave index is
 187 defined as one for the weekly mean temperature anomalies above one standard deviation (σ) (i.e.,
 188 to the right of the orange line in Fig. 2) and zero, otherwise. Analogously, the $+1.5\sigma$ weekly
 189 heatwave index is defined as one for the weekly mean temperature anomalies above 1.5 standard
 190 deviations (i.e., to the right of the red line in Fig. 2) and zero, otherwise. The number of heatwave
 191 and no-heatwave samples can be found in Table 3.

Weekly heatwave index	$+1\sigma$	$+1.5\sigma$
Absolute number of heatwave events	1,121	430
Absolute number of no-heatwave events	4,813	5,504
Percentage of heatwaves	18.89%	7.25%

192 TABLE 3. **Class imbalance.** Class distribution of the 5,934 samples in the extended summer (MJJAS) and the
 193 1981–2018 time period.

194 *b. Lead time*

195 We forecast at 1–6 weeks lead time. The statistical models are trained separately for each
 196 lead time and do not learn from each other. For instance, the two-weeks-lead-time forecast does
 197 not receive the one-week-lead-time forecast as an additional input. Moreover, since our data is
 198 averaged via a seven-day rolling mean (Section 2a2), weeks are labeled by their central day. A
 199 one-week-lead-time prediction leaves no gap between the days used to calculate the one-week-lag
 200 predictors and the days used to determine the target. For instance, the one-week-lead-time forecast
 201 run on June 4th (average over June 1st–June 7th) forecasts June 11th (average over June 8th–June
 202 14th). Similarly, a lead time of two weeks leaves a gap of seven unused days.

203 *c. Machine learning models*

204 For our study, we choose statistical models at the two extremes of the bias-variance tradeoff
 205 (Mehta et al. 2019). (1) The simpler linear models are prone to have high bias, meaning that the
 206 model will match the training set less closely. These models have a higher potential for under-
 207 fitting. Linear models, however, have low variance, meaning that the predictions of the model do

208 not fluctuate much with a change of dataset. Overall, these models are focused on the larger trends
 209 rather than on the complicated patterns of the training set. (2) By contrast, the more complex
 210 decision trees (DTs) are likely to overfit the data, but also to capture most of the relevant patterns.
 211 They tend to have high variance, but low bias. To mitigate the risk of DTs overfitting, we use RFs
 212 instead.

213 Two statistical models from each of these two families (1 and 2) are used for the regression and
 214 classification forecasts: ridge regressor (RR), ridge classifier (RC), random forest regressor (RFR),
 215 and random forest classifier (RFC). Moreover, the final forecasts by each model are the average of
 216 an ensemble of these ML models trained on slightly different samples (Section 2h).

217 1) LINEAR MODELS

218 Linear regression models forecast the target time series $\mathbf{y} = (y_t)$ as a linear combination of N
 219 predictor time series $\mathbf{x}_n = (x_{n,t})$:

$$\hat{\mathbf{y}}(\boldsymbol{\omega}, \mathbf{X}) = \omega_0 + \omega_1 \mathbf{x}_1 + \dots + \omega_N \mathbf{x}_N \quad (1)$$

220 where ω_0 is the intercept, ω_n ($0 < n \leq N$) are the regression coefficients, and $t \in [1, T]$ is the time
 221 step. The coefficients are chosen to minimize the residual sum of squares between the forecast ($\hat{\mathbf{y}}$)
 222 and the observed target (\mathbf{y}): $\min_{\boldsymbol{\omega}} \|\hat{\mathbf{y}} - \mathbf{y}\|$. Linear classification models first convert binary targets
 223 to $\{-1, 1\}$ and then treat the problem as a regression task. The forecast class corresponds to the sign
 224 of the regressor's forecast. We use Ridge regularization to control excessively fluctuating functions
 225 by adding an additional penalty term in the error function, such that the coefficients do not take
 226 extreme values (Hastie et al. 2009, chap. 3). Ridge shrinks the predictor coefficients based on the
 227 L2-norm ($\|\boldsymbol{\omega}\|_2 = \sqrt{\sum_{n=1}^N \omega_n^2}$). The loss function for minimization then becomes $\|\hat{\mathbf{y}} - \mathbf{y}\| + \alpha \|\boldsymbol{\omega}\|_2^2$,
 228 where the complexity parameter α is a hyper-parameter which controls the amount of shrinkage.

229 2) RANDOM FORESTS

230 A DT makes a recursive partition of the input space into rectangles, by selecting the predictor and
 231 the respective cutting point that discriminate best at each node. The resulting leaves correspond to
 232 a specific forecast value (regression) or to a probability of belonging to the positive class (binary
 233 classification). However, DTs have two key disadvantages: (1) Trees usually have high variance

234 due to their greedy split process, which implies that a small change in training data can result in
 235 significantly different splits. (2) Since the tree estimate is not smooth, DTs may not be appropriate
 236 when the underlying function is smooth (Khan et al. 2019). A more accurate and robust statistical
 237 model can be constructed by creating a random ensemble of DTs whose averaged prediction is
 238 more accurate than that of any individual tree. RFs use two sources of randomness while training:
 239 bagging and feature randomness (Breiman 2001). (1) Bagging (or bootstrap aggregation) consists
 240 in selecting a random subset of the training set with replacement –meaning that individual data
 241 points can be chosen more than once– to train each individual tree. (2) When splitting a node in a
 242 classical DT, all features are considered and the one that provides the greatest separation between
 243 observations is selected. In contrast, each individual tree in a RF can pick only from a random
 244 subset of features (Hastie et al. 2009, chap. 15). Finally, the mean or majority-vote forecast of all
 245 the regression or classification trees in the forest is selected as the final result, respectively. RFs
 246 are chosen over other tree-based algorithms since they are more interpretable (Rudin 2019) than
 247 gradient boosting and less prone to overfit than single DTs.

248 *d. Hyper-parameter optimization*

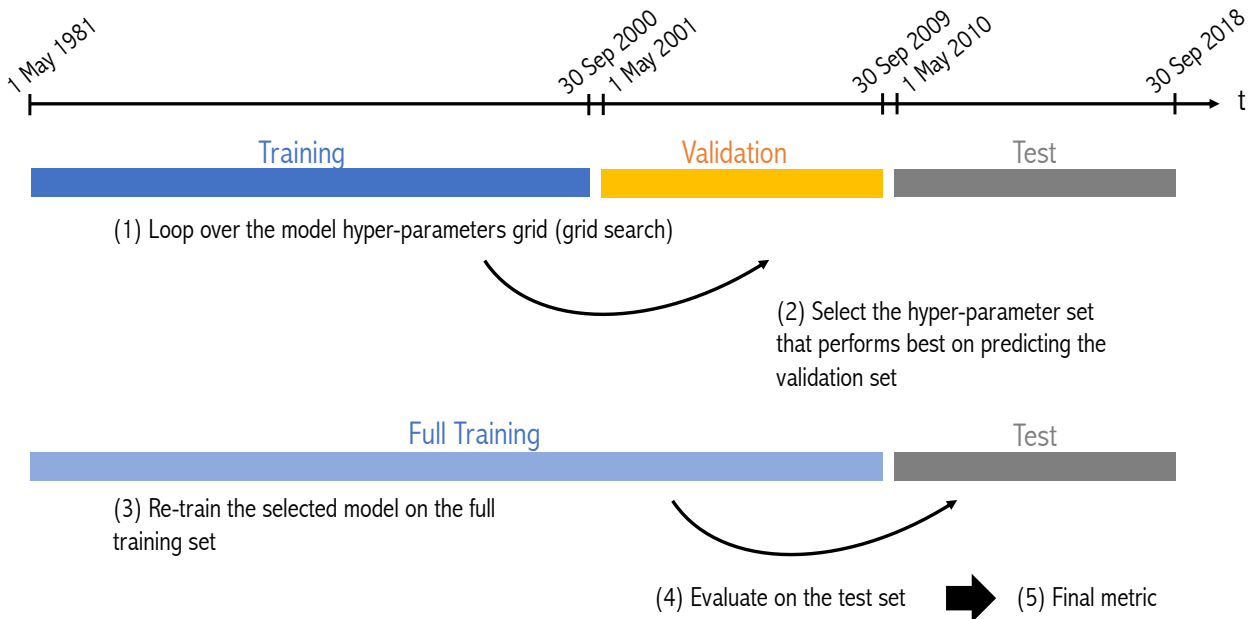


FIG. 3. Schematic of the training-validation-test split

249 We split the available data into a training period (1 May 1981 – 30 September 2000), a validation
 250 period (1 May 2001 – 30 September 2009), and a testing period (1 May 2010 – 30 September 2018)
 251 (Fig. 3). The validation period is used to optimize the statistical model’s hyper-parameters for
 252 each lead time. After the hyper-parameter optimization, the model is re-trained on the full training
 253 period (1 May 1981 – 30 September 2009), which is the combination of the validation and the
 254 training period. A nested cross-validation (CV) scheme is also implemented (Appendix, Fig. B1).

255 For the RFs, we use an exhaustive grid-search hyper-parameter optimization including all
 256 possible combinations (750) of the following parameters: number of trees in the forest
 257 $\in \{50, 100, 200, 400, 600\}$, maximum tree depth $\in 5\text{--}14$, and a range of 15 values centered around
 258 the full training set’s length T_{ft} divided by 100 in steps of $T_{\text{ft}}/500$ for the minimum number of
 259 samples per leaf. The minimum number of samples for splitting a node is set to the minimum
 260 number of samples per leaf multiplied by a factor of two and, for classification, the class weight
 261 is set to *balanced*. For the two linear models, the complexity parameter α is selected from the
 262 range $[0, 1]$ in steps of 0.05. The reference metrics for optimization are the root mean-square
 263 error (RMSE) for regression and the Brier score (BS) for classification (Section 2e). The selected
 264 hyper-parameters are shown in the Appendix (Table C1).

265 *e. Metrics for the evaluation of forecasting performance*

266 1) REGRESSION METRICS

267 For regression, two different metrics are considered: RMSE and Pearson correlation. The RMSE
 268 evaluates how far away the forecast ($\hat{\mathbf{y}}$) and the ground truth (\mathbf{y}) time series are from each other
 269 and is defined as:

$$\text{RMSE}(\hat{\mathbf{y}}, \mathbf{y}) = \sqrt{\text{MSE}(\hat{\mathbf{y}}, \mathbf{y})} = \sqrt{\frac{1}{T} \sum_{t=1}^T (\hat{y}_t - y_t)^2} \quad (2)$$

270 for T the number of time steps (sample size).

271 The Pearson correlation measures to what extent the curve follows the changes and is given by:

$$\text{Corr}(\hat{\mathbf{y}}, \mathbf{y}) = \frac{\sum_{t=1}^T (\hat{y}_t - \bar{\hat{\mathbf{y}}})(y_t - \bar{\mathbf{y}})}{\sqrt{\sum_{t=1}^T (\hat{y}_t - \bar{\hat{\mathbf{y}}})^2} \sqrt{\sum_{t=1}^T (y_t - \bar{\mathbf{y}})^2}} \quad (3)$$

272 for $\bar{z} = \frac{1}{T} \sum_{t=1}^T z_t$ the mean over all time steps.

273 2) CLASSIFICATION METRICS

274 For classification, the BS and the Receiver Operating Characteristic (ROC) Area Under Curve
 275 (AUC) are used to evaluate the probabilistic forecast. The BS is the mean squared error of the
 276 probability forecasts (i.e., Eq. 2 squared), considering that an observation is $y_t = 1$ if the event
 277 occurs and $y_t = 0$ if the event does not occur at time t . Since individual probabilistic forecasts and
 278 observations are bounded by zero and one, the BS can only take values in the range [0,1] (Wilks
 279 2019, chap. 9).

280 The ROC is the true positive rate (TPR) as a function of the false positive rate (FPR) (Bradley
 281 1997). The TPR (or Recall) is defined as the proportion of positive data points that are correctly
 282 considered positive, with respect to all positive data points. The TPR is given by $TP / (FN+TP)$
 283 for true positives (TPs) and false negatives (FNs). The FPR (or False Alarm) is defined as the
 284 proportion of negative data points that are mistakenly considered positive, with respect to all
 285 negative data points. The FPR is calculated as $FP / (FP+TN)$ for false positives (FPs) and true
 286 negatives (TNs) (see Table 4 for the definition of TP, FP, FN, and TN).

		Actual value (y)	
		Positive (1)	Negative (0)
Forecast value (\hat{y})	Positive (1)	TP	FP
	Negative (0)	FN	TN

287 TABLE 4. **Confusion matrix.** The positive class corresponds to a heatwave and the negative class to no
 288 heatwave. For a sensible model, the principal diagonal values must be high and the off-diagonal values must be
 289 low (Bradley 1997).

290 Moreover, the performance of the binary classification is assessed via the FPR-to-TPR ratio,
 291 extremal dependence index (EDI), and frequency bias (B). The EDI is used to evaluate forecasts
 292 of rare binary events and is calculated as (Ferro and Stephenson 2011):

$$EDI = \frac{\ln(FPR) - \ln(TPR)}{\ln(FPR) + \ln(TPR)} \quad (4)$$

293 This score is ill-defined if any of the four cells in the confusion matrix (Table 4) equals zero,
294 since $\ln(0)$ or a division by zero yield infinity. However, such models can still be interpreted by
295 adding an infinitely small number (pseudo-count) to those cells containing zeros (Wunderlich et al.
296 2019).

297 The frequency bias is the ratio of the number of positive-class forecasts to the number of
298 positive-class observations:

$$B = \frac{TP + FP}{TP + FN} \quad (5)$$

299 Unbiased forecasts exhibit $B = 1$, indicating that the event is forecast the same number of times
300 as observed (Wilks 2019, chap. 9).

301 We define a *useful* probabilistic forecast as having $BS < 0.25$ (Steyerberg et al. 2010) and ROC
302 $AUC > 0.5$ (Bradley 1997). We consider a binary forecast *useful* if $FPR/TPR < 1$ and $EDI > 0$
303 (Wilks 2019, chap. 9). In addition, B should be as close to one as possible.

304 *f. Calibration of the classification forecasts*

305 Good forecasts should not only be accurate (as measured by ROC AUC, EDI and the FPR-to-TPR
306 ratio) but also well-calibrated (as measured by BS and B) (Jolliffe and Stephenson 2005), meaning
307 that the sub-sample relative frequency should be exactly equal to the forecast probability in each
308 sub-sample (Wilks 2019, chap. 9). For example, if a model forecasts 100 positive-class events
309 (e.g., heatwave weeks), each with a probability of 80%, we expect 80 of the events to be correctly
310 classified (i.e., to actually be a heatwave).

311 1) PLATT SCALING FOR THE PROBABILISTIC FORECASTS

312 Unlike accuracy, reliability can be improved in a post-processing step by calibrating the proba-
313 bilistic forecasts (Jolliffe and Stephenson 2005). The linear ML models already predict calibrated
314 probabilities and do not need an additional calibration step. We use Platt scaling to re-calibrate the
315 probabilistic forecasts by the RFs. Platt scaling consists in projecting the (ill-calibrated) probab-
316 ilities predicted by the ML models onto the right probability distribution using a logistic regression
317 model (Smola et al. 2000, chap. 5). The RFs are trained on the training set and calibrated on the
318 validation set to determine the parameters of the logistic regression. The calibrated RF models are

319 then used to predict the test set. These datasets correspond to the ones defined in Fig. 3. Since the
320 logistic function is monotonic, the calibration via Platt scaling does not change the ordering of the
321 samples, and, consequently, the ROC AUC score remains the same. Instead, the BS is considerably
322 reduced after the calibration step.

323 2) PROBABILITY THRESHOLD MOVING FOR THE BINARY FORECASTS

324 Forecasting the two weekly summer heatwave indices defined in Section 2a3 ($+1\sigma$ and $+1.5\sigma$)
325 results in imbalanced classification problems (Table 3). A binary classifier trained on these
326 imbalanced data will learn to always forecast the negative class, leading to a trivial and ill-calibrated
327 statistical model. Balancing the data before the training or moving the probability threshold are
328 two potential solutions to this problem. Random undersampling and oversampling methods have
329 been explored to balance the training data (Lemaitre et al. 2017). However, these methods are
330 not used for the final version of the statistical models since, in this particular case, they result in
331 over-forecasting heatwaves.

332 Instead, for this study, the data imbalance is accounted for by adjusting the probability threshold:
333 The (non-calibrated) classification models output a probability for each validation sample to belong
334 to the positive class. Then, the probability threshold between zero and one that corresponds to no
335 frequency bias (i.e., $B = 1$) on the validation set is selected to binarize the output (Wilks 2019,
336 chap. 9). To avoid a strong dependency on the distribution of the validation set, an internal
337 cross-validation scheme is used for selecting the probability threshold. Thirty validation sets of
338 nine randomly selected non-consecutive years belonging to the full training set (1981–2009) are
339 constructed. The remaining 20 years are used for training. The threshold that minimises the
340 deviation from the mean frequency bias of the 30 validation sets from one is selected.

341 g. Reference forecasts

342 We compare our statistical models to the climatology, persistence, and ECMWF hindcast fore-
343 casts:

344 (i) *Climatology* For regression, temperature anomalies with respect to climatology are forecast.
345 Thus, the climatology forecast is zero for all times per definition. For classification, the climatology
346 forecast is the mode class for each day of the year. Since, in our dataset, the negative class

347 predominates strongly over the positive class, the climatology forecast is found to always predict
348 the negative class (no heatwave).

349 *(ii) Persistence* Persistence forecasts predict that the future weather condition will be the same
350 as the present condition. In practice, the persistence forecast is defined as keeping the value from
351 initialization time until verification time. For instance, for the regression forecast at two weeks
352 lead time, the persistence is the temperature anomaly two weeks before verification time.

353 *(iii) ECMWF* Early warnings are issued by the operational ECMWF sub-seasonal prediction
354 system, using 51 ensemble members and information beyond the ensemble mean. However, these
355 forecasts are currently only available for the years 2015–2022. Therefore, in order to evaluate
356 our ML models' skill for the full test period (2010–2018), we compare to ECMWF sub-seasonal
357 hindcast system's ensemble mean instead. This hindcast system is initialized twice a week and
358 provides 20-year hindcasts with 11 ensemble members integrated over 46 days. The hindcasts used
359 here cover the period 2000–2019 and use the model version of the Integrated Forecasting System
360 cycle 47r1 (Haiden et al. 2019).

361 The mean daily 2m-air temperature is downloaded at a spatial resolution of $1^{\circ} \times 1^{\circ}$ and the
362 arithmetic mean of the area over CE (as defined in Fig. 1) is calculated. Then, the temperature
363 anomalies are calculated by removing the lead-time-dependent climatology at each initialization,
364 calculated by the 20-year mean of the 11-member ensemble started on the same day and month
365 for each year of the reference period (2000–2019). For instance, if a hindcast was initialized on
366 May 31st, the lead time dependent climatology corresponding to that hindcast is calculated as the
367 mean of the 11-member ensemble initialized on May 31st and averaged over the 20-year reference
368 period (2000–2019) separately for each of the 46 days. After the calculation of the temperature
369 anomalies, a 7-day rolling mean is applied for each initialization. In this way, we end up with 40
370 days per initialization, with each day being the centre of the 7-day rolling mean. For instance, the
371 first day predicted by the initialization on May 31st will be June 4th (average over June 1st–June
372 7th).

373 Removing different climatologies for individual dynamical models and reanalysis or observational
374 datasets is standard practice, as the climatological normals are slightly different across datasets
375 (IPCC 2013, chap. 9). Moreover, in the case of sub-seasonal forecasting, calculating anomalies
376 with respect to a lead-time dependent climatology is expected to remove systematic biases which are

377 lead-time dependent (Manzanas 2020; Molteni et al. 2011). However, the methodology followed for
 378 the calculation of the dynamical model’s climatology can influence the forecast’s skill (Manrique-
 379 Suñén et al. 2020).

380 *h. Ensembles and uncertainty estimation*

381 For both ECMWF and the ML models, the final forecast is calculated as the mean forecast by an
 382 ensemble of K models:

$$\mu(\hat{\mathbf{Y}}) = \frac{1}{K} \sum_{k=1}^K \hat{\mathbf{y}}_k \quad (6)$$

383 with $\hat{\mathbf{y}}_k$ the time series prediction by each ensemble member. Then, the M metrics ψ_m defined
 384 in Section 2e for the final forecast are calculated as $\psi_m(\mu(\hat{\mathbf{Y}}), \mathbf{y})$, for $m = 1, \dots, M$. To quantify
 385 the uncertainty of these metrics, the M metrics are calculated with respect to the ground truth (\mathbf{y})
 386 for each ensemble member ($\psi_{m,k} = \psi_m(\hat{\mathbf{y}}_k, \mathbf{y})$). Then, for each metric m , the unbiased standard
 387 deviation of the ensemble ($\sigma_m(\hat{\mathbf{Y}})$) is used to represent the uncertainty of the final forecast’s
 388 metrics:

$$\sigma_m(\hat{\mathbf{Y}}) = \sqrt{\frac{1}{K-1} \sum_{k=1}^K (\psi_{m,k} - \mu(\psi_m))^2} \quad (7)$$

389 for $\mu(\psi_m) = \frac{1}{K} \sum_{k=1}^K \psi_{m,k}$ the mean metric m of all models in the ensemble.

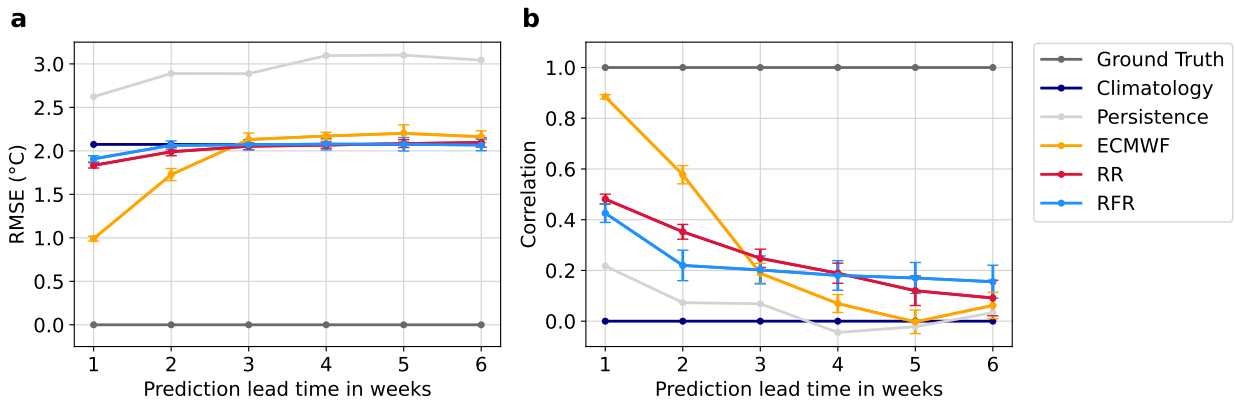
390 For ECMWF, the considered ensemble consists of $K = 11$ sub-seasonal hindcasts. For both the
 391 linear and RF models, block bootstrapping is used to create an ensemble. Bootstrapping consists
 392 of randomly drawing samples with replacement from the full training dataset (as defined in Section
 393 2d), with each sample having the same size as the original training dataset. Bootstrap resampling
 394 generally results in $\approx 37\%$ of the observations not being selected. This resampling procedure is
 395 repeated $K = 600$ times, producing K bootstrap training datasets used to train K ML models (Hastie
 396 et al. 2009, chap. 7). However, standard bootstrapping fails to represent the statistics of dependent
 397 data, like time series. Block bootstrapping overcomes this limitation by resampling independent
 398 chunks of continuous observations instead of single dependent ones (Kunsch 1989). Therefore,
 399 under the assumption of inter-annual independency of summers, we apply block bootstrapping

400 with a block size of one year, which means that the smallest unit considered for resampling is one
 401 year instead of one day.

402 3. Results and discussion

403 a. Forecasts

404 1) REGRESSION FORECASTS



405 FIG. 4. **Performance of the regression models for six different lead times.** (a) RMSE and (b) correlation
 406 for the regression forecasts. An accurate forecast is characterized by a low RMSE and a high correlation. The
 407 error bars show the uncertainty of each forecast estimated via the standard deviation of the ensemble.

408 In Figure 4, the regression forecasts by two different ML models (RR and RFR) at six different
 409 lead times (1–6 weeks) are compared to three reference forecasts: climatology, persistence, and
 410 ECMWF. The analogous results for nested CV are shown in the Appendix (Fig. B2).

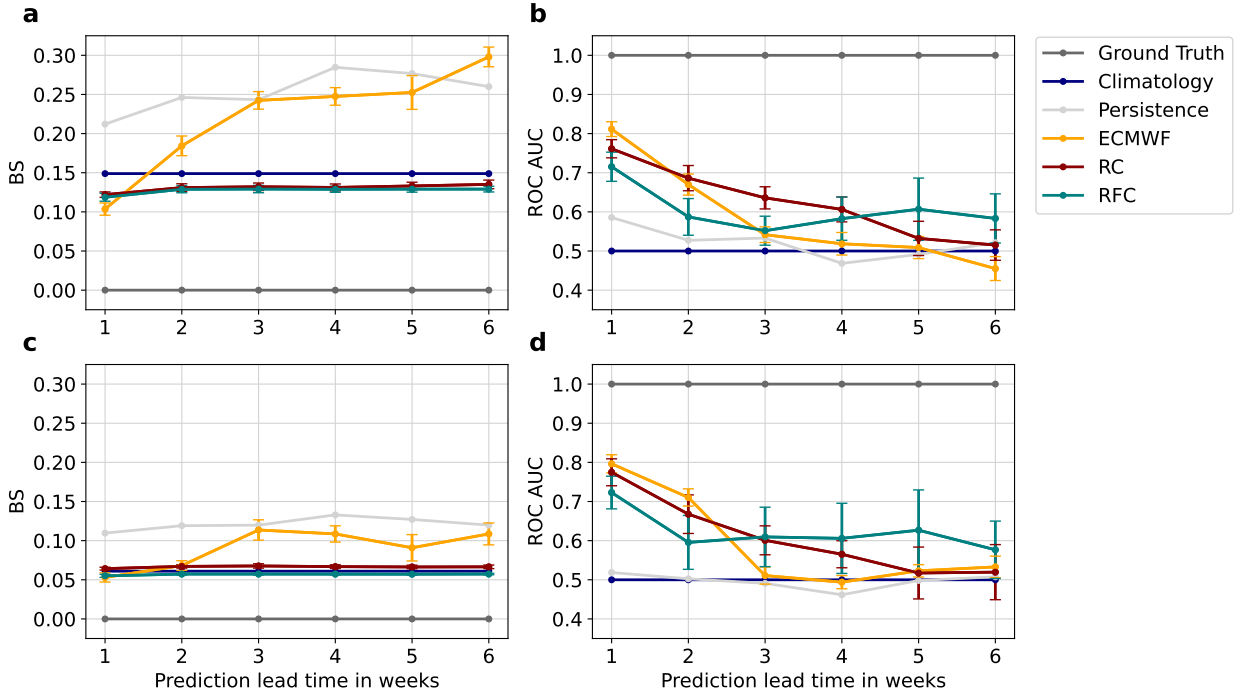
411 As can be observed in Fig. 4, all metrics are best for a lead time of one week. The uncertainty
 412 in the forecasts by most models, which is represented by the error bars, increases with lead time.
 413 The RR’s performance decays linearly with increasing lead time, with a correlation that ranges
 414 from 0.48 for one week lead time to 0.09 for six weeks lead time. The RF’s correlation decreases
 415 overall from one to six weeks lead time (from 0.43 to 0.16) but remains noticeably constant for
 416 lead times longer than two weeks. The evolution of the RMSE is similar, but with the difference
 417 that it saturates when reaching the RMSE value that corresponds to the climatology forecast. The
 418 RMSE for the best statistical model at each lead time ranges between 1.83 for one week lead time
 419 and 2.07 at six weeks lead time.

420 The linear ML model outperforms the RF in terms of correlation at short lead times (up to three
421 weeks), but the RF model provides a better forecast at long lead times (5–6 weeks). Both ML
422 models outperform the persistence forecast at all lead times. However, the climatology forecast
423 has a relatively low RMSE, being a comparatively good guess at long lead times, when forecasting
424 becomes difficult. For lead times longer than two weeks, the RMSEs of the ML models saturate at
425 the climatology’s RMSE and the ensemble mean of ECMWF’s hindcast has a worse RMSE than
426 the climatology forecast. Still, the climatology forecast does not correlate with the ground truth
427 and the ML and ECMWF models outperform climatology at all lead times in terms of correlation,
428 since these models always correlate positively with the ground truth. While ECMWF provides
429 highly skilled forecasts in terms of correlation and RMSE for one and two weeks lead time, the
430 skill decreases fast with increasing lead time; for lead times of three weeks and longer, the ML
431 models forecast the temperature anomalies more accurately than the ensemble mean of ECMWF’s
432 hindcast.

433 The ML models generally pick up the sign of the anomalies but their sharpness, which refers to
434 the ability of a probabilistic forecast to spread away from the climatological average (Gneiting et al.
435 2007), is lower than the one from ECMWF and extreme values are not well-captured (Appendix,
436 Fig. A1). For longer lead times, all models exhibit low sharpness in their forecasts, tending to
437 the climatology forecast. In the case of the ML models, this tendency towards climatology can
438 be a consequence of the loss function. The loss functions for the RR and the RFR models are
439 the linear least squares function and the mean squared error, respectively. Both metrics measure
440 the distance between the forecast and the target curves. Since forecasting anomalies accurately
441 becomes more difficult with increasing lead time, a statistical model that is trained to minimise the
442 error will tend to forecast the mean of the distribution of possible outcomes, becoming smoother
443 and losing sharpness compared to the observations (Rasp and Thuerey 2021). ML models trained
444 to optimize alternative loss functions, like in the study by Lopez-Gomez et al. (2022), would be
445 worth exploring.

446 2) CLASSIFICATION FORECASTS

452 The classification models output a probability for each sample in the test set to belong to the
453 positive class (i.e., for a week to be classified as a heatwave week). These probabilities are calibrated



447 **FIG. 5. Performance of the probabilistic classification models for six different lead times.** BS and ROC
 448 AUC for the $+1\sigma$ (a&b) and $+1.5\sigma$ (c&d) weekly heatwave indices. An accurate probabilistic classification
 449 forecast is characterized by a low BS and a high ROC AUC. A no-skill probabilistic classification forecast is
 450 represented by a BS of 1 and a ROC AUC of 0.5 (as indicated by the climatology). The error bars show the
 451 uncertainty of each forecast estimated via the standard deviation of the ensemble.

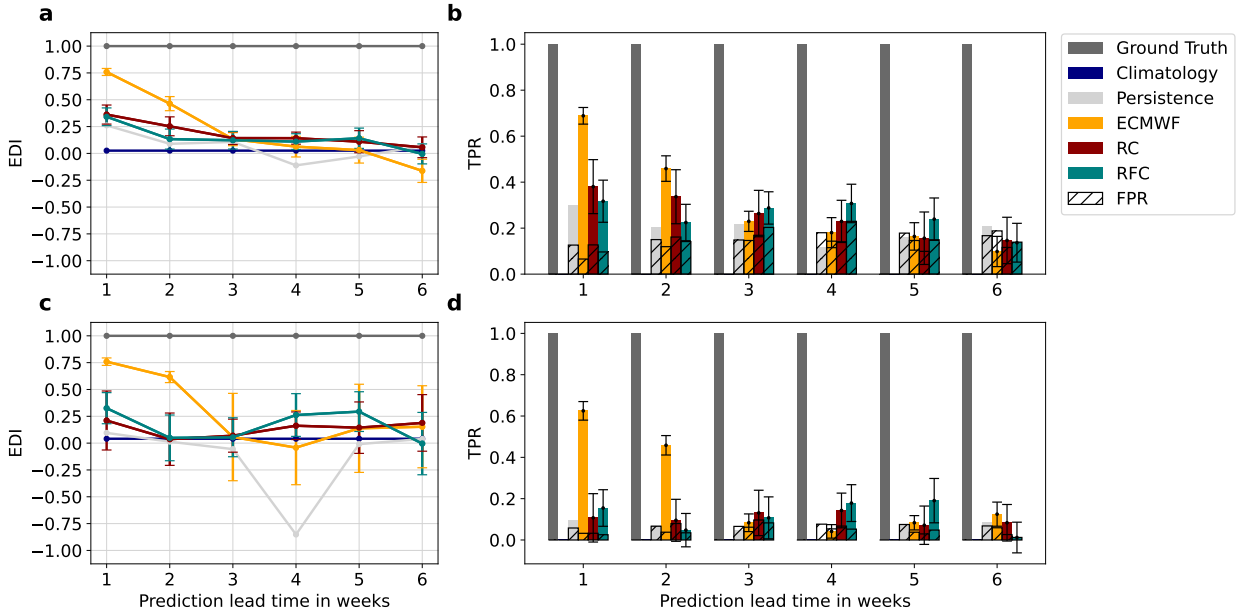
454 to obtain the probabilistic forecast for the RFC model and kept unchanged for the RC model. For
 455 both classifiers, the non-calibrated probabilities are binarized via a probability threshold, meaning
 456 that a zero (no heatwave) or a one (heatwave) is assigned to each sample in the test set (Section
 457 2f). In Figure 5, the probabilistic classification forecasts by two ML models (RC and RFC) at six
 458 different lead times (1–6 weeks) are compared to the three reference forecasts. In Figure 6, the
 459 performance of the binary classification is shown. The analogous results for nested CV are shown
 460 in the Appendix (Figs. B3 and B4). Two different heatwave indices are used: $+1\sigma$ for high and
 461 $+1.5\sigma$ for extremely high temperature anomalies (Section 2a3).

462 For the probabilistic forecasts, the linear models have a higher ROC AUC than the RFCs for
 463 short lead times (up to four weeks for the $+1\sigma$ heatwave index and up to two weeks for the $+1.5\sigma$
 464 heatwave index). However, the RFCs' ROC AUC remains more constant than the linear models'

465 ROC AUC across lead times, outperforming the linear models for longer lead times (Figs. 5b&d).
466 Moreover, the probabilistic forecasts by both classification ML models outperform persistence and
467 climatology at all lead times and the ensemble mean of ECMWF's hindcast for lead times longer
468 than two weeks, except for the $+1.5\sigma$ forecast at lead times of 5–6 weeks by the RC model. Overall,
469 the forecast uncertainties by all models increase with lead time, resulting in overlapping error bars.
470 These patterns are analogous to the ones observed for the regression forecast (Fig. 4b). In terms of
471 BS, both statistical models present a smaller loss than the ensemble mean of ECMWF's hindcast
472 at lead times of two weeks and higher (Figs. 5a&c). As for regression, the climatology shows a
473 constant Brier loss, which is comparable to the BS of the ML models. The probabilistic forecasts
474 by both statistical models (taking the uncertainty into account) are *useful* at each of the considered
475 lead times (1–6 weeks), except for the RC model at 5–6 weeks lead time, where the uncertainty
476 bars overlap with the no-skill ROC AUC score. Meant by *useful* is $BS < 0.25$ and $ROC\ AUC > 0.5$.
477 It is remarkable that non-null skill by the RFC model is present at these long lead times.

478 Moreover, in terms of Brier loss, extremely high temperature anomalies ($+1.5\sigma$) are easier to
479 forecast than high temperature anomalies ($+1\sigma$), which agrees with the findings of Wulff and
480 Domeisen (2019). The performance of the ensemble mean of ECMWF's hindcast in predicting
481 extremely high temperature anomalies ($+1.5\sigma$) drops drastically between two and three weeks
482 lead time and remains constant for lead times longer than three weeks. In contrast, ECMWF's
483 classification skill when forecasting high temperature anomalies ($+1\sigma$) decays close to linearly
484 with lead time. The probabilistic RFC is slightly more skilled in capturing extremes than the
485 probabilistic linear model: the RFC forecasts extremely high temperature anomalies ($+1.5\sigma$) more
486 accurately than high temperature anomalies ($+1\sigma$) compared to the linear model. This difference
487 in skill is possibly due to non-linear effects driving extreme temperature which the RFC is able to
488 capture but the linear model is not.

500 For the binary classification, the overall skill of the statistical models is poorer than for the
501 probabilistic classification. As the lead time increases, the two statistical models and the ensemble
502 mean of ECMWF's hindcast predict fewer weekly heatwave events and the TPR decreases with
503 lead time (Figs. 6b&d). Moreover, despite moving the probability threshold to forecast an unbiased
504 validation set (Section 2f2), the binary forecasts of the test set by the statistical models (in particular,
505 for the $+1.5\sigma$ heatwave index) are considerably biased compared to the predictions by the ensemble



489 **FIG. 6. Performance of the binary classification models for six different lead times.** (a) EDI and (b) TPR
 490 (coloured bars) and FPR (stippled bars) for the $+1\sigma$ weekly heatwave index. (c) and (d) are the corresponding
 491 forecasts for the $+1.5\sigma$ weekly heatwave index. An accurate binary classification forecast is characterized by
 492 a high EDI, a high TPR, and a low FPR. The error bars show the uncertainty of each forecast estimated via the
 493 standard deviation of the ensemble. Since the climatology forecast predicts only zeros (no heatwave), both its
 494 TPR and FPR are equal to zero at all lead times (Figs. b&d). Moreover, at a lead time of four weeks, there is
 495 no overlapping between the $+1.5\sigma$ heatwave events in the ground truth and persistence forecast, resulting in zero
 496 hits ($TP = 0$). Therefore, the EDI is not defined for the persistence forecast at this lead time and the pseudo-count
 497 correction yields a considerably lower value for the EDI compared to the persistence forecast at the other lead
 498 times (Fig. c). This is an artifact of the limited sample size and does not appear in nested CV (Appendix, Fig.
 499 B4c).

506 mean of ECMWF's hindcast (Table 5). *Useful* binary forecasts by at least one of the statistical
 507 models (taking the uncertainty into account) are found at 1–5 weeks lead time for the $+1\sigma$ heatwave
 508 index and at lead times of one, four, and five weeks for the $+1.5\sigma$ heatwave index, where *useful* is
 509 defined as $FPR/TPR < 1$ and $EDI > 0$.

514 Finally, the RFC tends to overfit the training set considerably, with ROC AUCs and EDIs above
 515 0.99 at all considered lead times (1–6 weeks). The hyper-parameters chosen during the grid search

Heatwave index	Model	1 week	2 weeks	3 weeks	4 weeks	5 weeks	6 weeks
$+1\sigma$	RC	1.11 ± 0.37	1.26 ± 0.47	1.23 ± 0.49	1.03 ± 0.46	0.72 ± 0.58	0.81 ± 0.57
	RFC	0.87 ± 0.29	1.03 ± 0.31	1.45 ± 0.36	1.62 ± 0.44	1.09 ± 0.46	0.93 ± 0.43
	ECMWF	1.05 ± 0.04	1.11 ± 0.10	1.03 ± 0.11	0.97 ± 0.14	0.97 ± 0.18	1.13 ± 0.12
$+1.5\sigma$	RC	0.61 ± 0.71	1.32 ± 0.95	1.62 ± 1.23	1.18 ± 1.07	0.52 ± 1.13	0.49 ± 0.92
	RFC	0.55 ± 0.42	0.58 ± 0.58	1.38 ± 0.81	0.99 ± 0.59	0.93 ± 0.75	0.20 ± 0.63
	ECMWF	1.12 ± 0.08	1.04 ± 0.14	1.04 ± 0.22	0.88 ± 0.18	0.67 ± 0.31	1.04 ± 0.27

510 TABLE 5. **Frequency bias** of the ensemble mean forecasts of each of the two classification targets in the test
511 period (2010–2018) by the two ML models (RC and RFC) and ECMWF’s hindcast. A well-calibrated model
512 should have $B = 1$. For $B < 1$, the forecast underestimates the total number of heatwave events and for $B > 1$, the
513 events are overestimated. Biases of the ensemble mean forecasts above 1.5 or below 0.5 are bold.

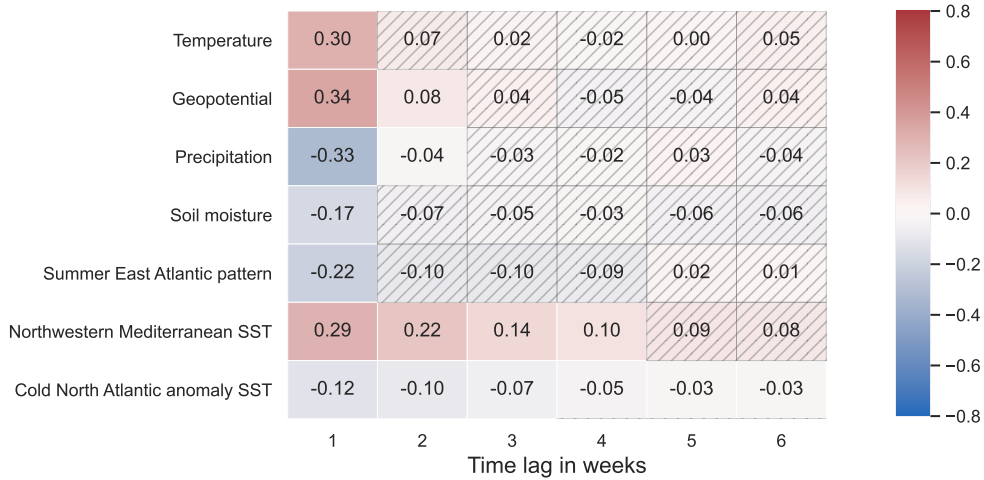
516 for the RFC correspond to the deepest possible trees and the smallest possible leaves (Appendix,
517 Table C1).

518 *b. Predictor importance*

519 The relevance of each of the seven predictors for forecasting summer temperature anomalies
520 is investigated by performing a linear correlation analysis and examining which predictors were
521 predominantly used by each ML model.

522 1) LINEAR CORRELATION ANALYSIS

526 In Figure 7, the linear correlations between the *temperature* and the predictors in the extended
527 summer season (MJJAS) are shown for six different time lags (1–6 weeks). At short time lags,
528 the *temperature* shows a strong autocorrelation. The *geopotential* has an even stronger positive
529 correlation to the *temperature*, indicating that during anticyclonic conditions higher temperatures
530 than normal are expected. In contrast, *precipitation*, *soil moisture*, and the *SEA* index correlate
531 negatively with *temperature* at short time lags. *Precipitation* is associated with cyclones, cloudy
532 conditions, and lower surface air temperatures. Moreover, dryness (low *soil moisture*) and high
533 *temperature* reinforce each other (Section 1). The correlations with the atmospheric predictors
534 (*temperature*, *geopotential*, *precipitation*, and *SEA*) decay fast. In addition, the linear correlation
535 with *soil moisture* becomes non-significant for lead times of two weeks and longer. In contrast,
536 the SST predictors show a more constant linear correlation over time and dominate on timescales



523 FIG. 7. **Lagged linear correlations between the predictors and the *temperature*** in the extended summer
 524 season (MJJAS) at weekly time resolution. Hatched cells correspond to non-significant linear Pearson correlation
 525 coefficients at 5% significance level.

537 longer than a week, since they are more persistent. While the *NWMED SST* correlates positively
 538 with the *temperature* over CE, the *CNAA SST* correlates negatively with both.

539 2) RELEVANCE OF LAGGED PREDICTORS FOR THE MACHINE LEARNING MODELS

540 Each of the seven predictors is provided to the ML models at four time lags, building a set of 28
 541 lagged predictors for each lead time (Section 2a2). The relevance of a lagged predictor for each
 542 ML model is given by the absolute value of its correlation coefficient for the linear models and its
 543 feature importance for the RF models. Here, the impurity-based feature (or Gini) importance for
 544 a predictor X_i is computed by the sum of all impurity decrease measures of all nodes in the forest
 545 at which a split based on X_i has been conducted, normalized by the number of trees (Menze et al.
 546 2009; Nembrini et al. 2018). These values are shown in Tables D1 and D2 for the linear models
 547 (RR and RC, respectively) and in Tables D3 and D4 for the RFs (RFR and RFC, respectively) in
 548 the Appendix.

549 In general, predictors at short lags are more useful to the statistical models. Also, the longer
 550 the forecast's lead time, the higher the relative contribution from SST becomes. The location of
 551 the most important SST region is lead-time dependent: the *NWMED SST* dominates for short lead
 552 times (up to two weeks) and the *CNAA SST* prevails for longer lead times (3–6 weeks). The *CNAA*

553 SST's dominance at long lead times is consistent with the linear correlation shown in Fig. 7, which
554 remains significant for CNAA SSTs at the longest lead times.

555 When forecasting the $+1\sigma$ and the $+1.5\sigma$ heatwave indices, the overall set of relevant lagged
556 predictors is similar, with two exceptions: First, the SST is used more to forecast high temperature
557 anomalies ($+1\sigma$) compared to extremely high temperature anomalies ($+1.5\sigma$). Second, the RFC
558 model relies more on *soil moisture* to forecast extremely high temperature anomalies ($+1.5\sigma$)
559 compared to high temperature anomalies ($+1\sigma$), coinciding with the findings by Lopez-Gomez
560 et al. (2022). The different importances of the SST and *soil moisture* for forecasting the two
561 heatwave indices could be due to the positive feedback between temperature and soil moisture
562 (Section 1) being more pronounced for extremely high compared to high temperature anomalies.
563 Nevertheless, we can find more marked differences between the two families of statistical models:

564 (i) *Linear models* For the linear models, SSTs dominate at all lead times. In particular, the CNAA
565 SST is the most relevant predictor for the RR model at lead times of 2–6 weeks. Nonetheless,
566 the *temperature* is a useful predictor for the RR model at short lead times (1–3 weeks) as well.
567 At a lead time of one week, also the *precipitation* and *soil moisture* contribute to the regression
568 forecast. In contrast, these three lagged predictors are not used by the RC model, which relies
569 almost exclusively on SSTs. Therefore, the prediction skill of the ML models incorporating only
570 the NWMED and CNAA SST predictors has been tested additionally (Appendix, Figs. E1–E3).
571 The regression models have poorer prediction skill when using SST-based predictors only. The
572 RC probabilistic classification model benefits from including SST-only predictors at lead times
573 of 4–6 weeks for $+1.5\sigma$, indicating that the SSTs are the most important predictors for these
574 forecasts (Appendix, Table D2) and the other predictors only increase the model's complexity.
575 Overall, poorer prediction skill is observed for the binary classification models that use only SST
576 predictors, especially for the $+1.5\sigma$ prediction.

577 (ii) *RF models* For the RF models, *temperature*, *geopotential*, *precipitation*, the SEA index, and
578 NWMED SST at short lags are the most important predictors at short lead times (one week) and
579 SSTs are found to dominate for longer lead times (2–6 weeks). In addition, *soil moisture* and
580 the SEA index are useful at lead times of 3–6 and 1–5 weeks, respectively. At lead times longer
581 than one week, these two predictors have no significant linear correlation with the *temperature*
582 (Fig. 7) and are used by the RF models but not by the linear models. A plausible explanation

583 for this phenomenon is the presence of highly non-linear links between *temperature* and *soil*
584 *moisture*, and *temperature* and the *SEA* index. The physical mechanism behind the non-linear
585 link between *temperature* and *soil moisture* can be the positive feedback described in Section 1 as
586 well as threshold behavior. For example, over transitional wet/dry regimes, soil moisture exhibits
587 large variability and therefore air temperature can be altered by up to 6–7K, while typical soil
588 moisture variations can impact air temperature by up to 1.1–1.3K (Schwingshackl et al. 2017).
589 The SEA pattern and its relation to enhanced summer temperature anomalies resemble the one of
590 air temperature and the summer North Atlantic Oscillation (Folland et al. 2009). The anomalous
591 subsidence associated with the positive geopotential center of the SEA pattern over CE causes a
592 reduction of cloud cover and thus increased solar radiation and surface sensible heating. Increased
593 sensible heating can help maintain the anticyclone over land, contribute to further dryness of the
594 soil, and thus lead to a positive feedback loop with increasing temperatures. These two non-linear
595 links between *temperature* and *soil moisture*, and *temperature* and the *SEA* index (including *soil*
596 *moisture*) would explain the enhanced skill of the RF models compared to the linear models at lead
597 times higher than four weeks (Section 3a).

598 **4. Limitations and downstream tasks**

599 In this section, the current limitations are discussed and further research ideas to improve the
600 forecasts are suggested: (1) alternative statistical models, (2) approaches to overcome the limitations
601 due to the small sample size, and (3) non-operational statistical models.

602 (1) The statistical models used in our study belong to the field of classical ML. The complex nature
603 of climate data (e.g., non-linear dependencies between predictors, autocorrelation, and unobserved
604 predictors) poses important challenges to traditional ML models. As discussed in Section 1, DL
605 is also being used for extreme weather forecasting. DL can capture more complex relationships
606 between predictors and target, and might therefore be better suited to describe the mechanisms
607 behind heatwaves, which most likely include non-linear processes. In addition, classical ML
608 approaches benefit from domain-specific hand-crafted features to account for dependencies in
609 time or space but rarely exploit spatio-temporal dependencies exhaustively. In contrast, DL can
610 automatically extract abstract spatio-temporal features (Reichstein et al. 2019). Yet, DL models
611 require larger datasets than the ones used for this study and were therefore not used.

612 (2) One of the main limitations of this study is the size of the dataset. The initial dataset
613 is considerably larger, but precious information gets lost when taking the average over latitude-
614 longitude boxes. It might be interesting to explore the effect of using several smaller sub-boxes
615 instead of one large box. Additional columns could be added to the dataset, such as a box label or its
616 latitude-longitude coordinates. Also, the currently used boxes are rectangular and their coordinates
617 are chosen based on our physical understanding and the correlation to the target. This could be
618 refined by letting an algorithm select sub-regions of different shapes for each predictor based on
619 the correlation of each grid cell to the target (Vijverberg et al. 2020) or even including the spatial
620 information of the predictors (van Straaten et al. 2022). While lower-dimensional statistical models
621 like RR and RC might not be able to distinguish between distinct mechanisms acting in different
622 regions, RFs are expected to benefit from additional gridded observational data.

623 (3) The proposed ML models use input data at daily resolution and make weekly predictions.
624 Therefore, to provide the predictions by these models operationally, there is a need for input data
625 updates with at least weekly frequency. Since this high frequency of updates is not available for
626 the data from gridded observations used in this study, the proposed ML models cannot be used
627 operationally. ERA5 reanalysis data, which provides preliminary product updates every 5 days
628 (Hersbach et al. 2020), could be explored as an alternative input.

629 **5. Conclusions**

630 To conclude, we summarize the improvements on sub-seasonal central European temperature
631 anomalies and heatwave prediction by the chosen ML models: The performance of the linear and
632 RF models decays with lead time but outperforms persistence and climatology at all lead times.
633 ECMWF yields accurate forecasts for 1–2 weeks lead time but our ML models compete with the
634 ensemble mean of ECMWF’s hindcast at lead times longer than two weeks. While the linear
635 models perform better for shorter lead times (1–3 weeks), the RFs take over at lead times longer
636 than four weeks.

637 The statistical regression forecast of summer temperature is better than a random prediction in
638 forecasting the sign of the anomalies at all considered lead times (1–6 weeks) and outperforms
639 the ensemble mean of ECMWF’s hindcast at long lead times (3–6 weeks). However, extreme
640 values are poorly captured. For the classification problem, both statistical models yield a *useful*

641 probabilistic forecast (meaning $BS < 0.25$ and $ROC\ AUC > 0.5$) for each of the considered lead
642 times (1–6 weeks), except for the RC model at 5–6 weeks lead time. It is remarkable that non-null
643 skill by the RFC model is present at these long lead times. The binary forecast by at least one of
644 the statistical models is *useful* (meaning $FPR/TPR < 1$ and $EDI > 0$) at 1–5 weeks lead time for the
645 $+1\sigma$ heatwave index and at lead times of one, four, and five weeks for the $+1.5\sigma$ heatwave index
646 (Section 3a).

647 At short lead times (1 week), the following variables are found to be the best predictors of summer
648 temperature anomalies and heatwaves in CE: local 2-m air *temperature*, 500-hPa *geopotential*,
649 *precipitation*, and *NWMED SST*. At longer lead times (2–6 weeks), *NWMED* and *CNAA SST* are
650 the most relevant predictors. Moreover, the *SEA* index and *soil moisture* have a linear link with
651 *temperature* at one week lead time and a possible non-linear link at longer lead times (Section 3b).

652 In summary, even though our ML models cannot currently be used operationally, these statistical
653 models seem to capture a signal that the ensemble mean of ECMWF’s hindcast is not capturing.
654 ML models can, therefore, help extend the forecasting lead time of summer temperature anomalies
655 and heatwaves to sub-seasonal scales, and are a promising direction for further research in sub-
656 seasonal forecasting. Nevertheless, making better forecasts is not enough. Forecasts acquire value
657 through their ability to influence the decisions made by their users (Murphy 1993). As discussed
658 in the Introduction (Section 1), EWS involve not only forecasting the heatwave event but also
659 triggering effective and timely response plans that target vulnerable populations and regions. This
660 second step must also be successfully implemented to reduce the impact of such damaging events
661 (Merz et al. 2020; White et al. 2021).

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670 anonymous reviewers for providing insightful comments which improved our work. The authors
671 declare no conflicts of interests.

672 *Data availability statement.* We have made the *Python* code used to perform the calculations
673 and generate the figures publicly available on GitHub.¹ The RR and RC functions belong to the
674 *linear model*, and the RFR and the RFC functions belong to the *ensemble* modules from *Sklearn*,
675 respectively (Pedregosa et al. 2011). The Pearson linear correlation test uses the TIGRAMITE
676 code by J. Runge, which is publicly available (Runge et al. 2019).² We acknowledge the E-OBS
677 dataset from the EU-FP6 project UERRA³ and the Copernicus Climate Change Service, and the
678 data providers in the ECA&D project (Cornes et al. 2018).⁴ The ERA-Interim (Dee et al. 2011)
679 and ERA5-Land (Muñoz-Sabater et al. 2021) data are provided by ECMWF.⁵ The HadISST data
680 (version 1.1) are provided by the Met Office Hadley Centre⁶ (Rayner et al. 2003). The ECMWF
681 S2S data are publicly accessible.⁷

¹www.github.com/bethweirich/hwai.git

²www.github.com/jakobrunge/tigramite

³www.uerra.eu

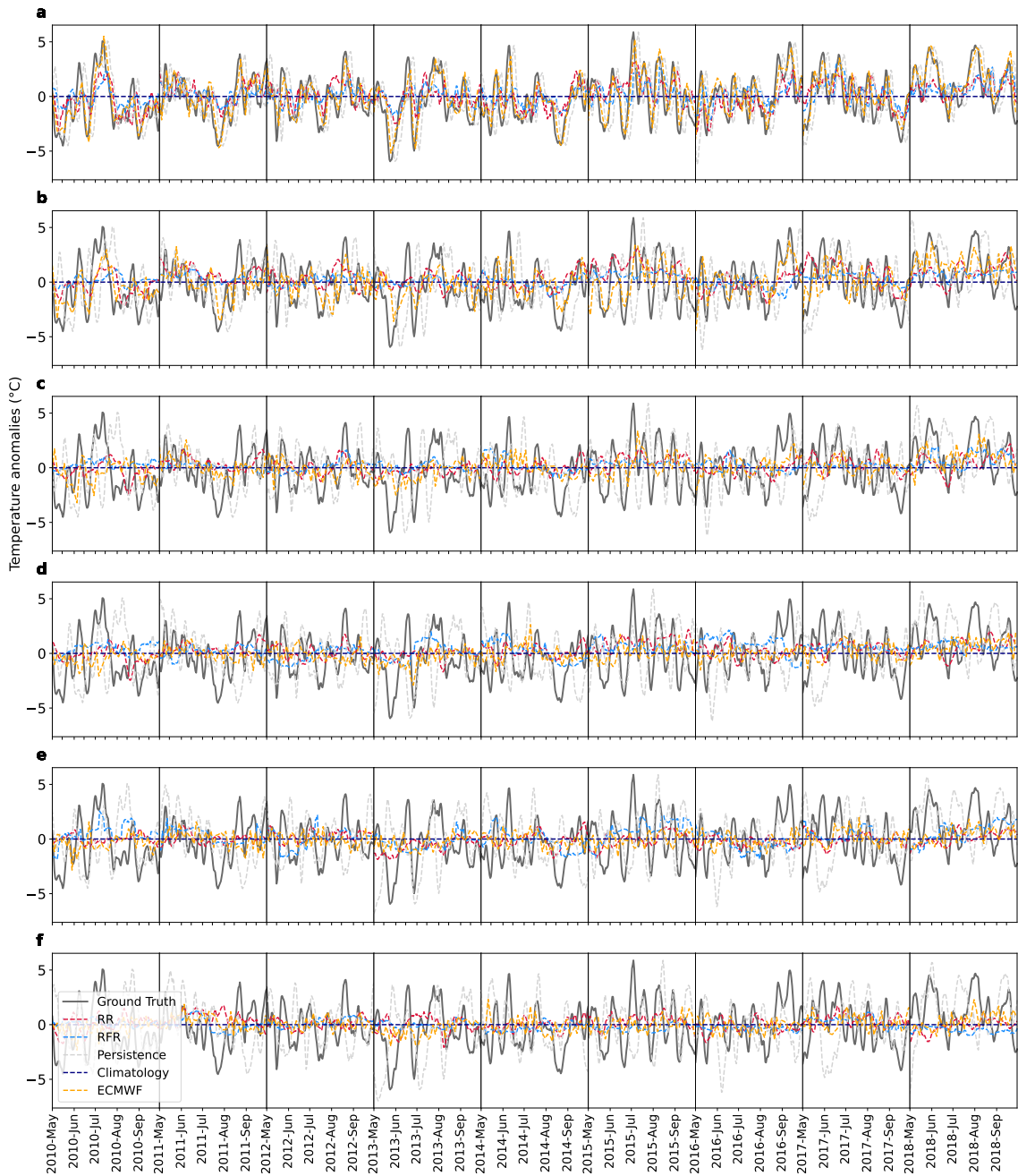
⁴www.ecad.eu

⁵www.ecmwf.int

⁶www.metoffice.gov.uk/hadobs

⁷apps.ecmwf.int/datasets/data/s2s

Regression forecasts' time series



684 **FIG. A1. Regression time series.** The ground truth time series, the reference forecasts, and the predictions by
685 the ML regression models of the temperature anomalies are shown for the nine summers in the test time period
686 (2010–2018). Figs. a–f correspond to lead times 1–6, respectively.

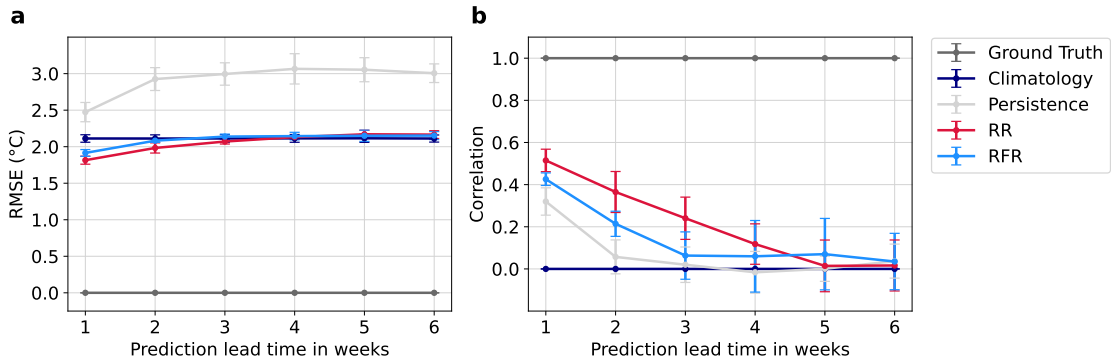
Nested Cross-Validation

To assess the robustness of our ML models, a CV scheme is implemented. In CV, the model is trained on different data subsets, which reduces overfitting and results in a better generalisation. Moreover, CV removes the dependency on an arbitrarily-selected test set (i.e., on decadal climate variability), making the metrics more robust (Vabalas et al. 2019). Here, a nested CV scheme with five outer and two inner splits is used (Fig. B1). The main benefit of nested CV compared to other CV schemes is that the statistical model is trained and tested on the full dataset while maintaining the independence of the test set, making this method well-suited for a limited sample size.

Nested CV is generally not used for time series data since consecutive time steps are strongly correlated. However, since the correlation between the considered predictors decays after a maximum of a few months and only summer data points are selected for this study, summers belonging to different years can be considered independent. To avoid a strong correlation between the sets at the splitting points, the data is split during the winter months.

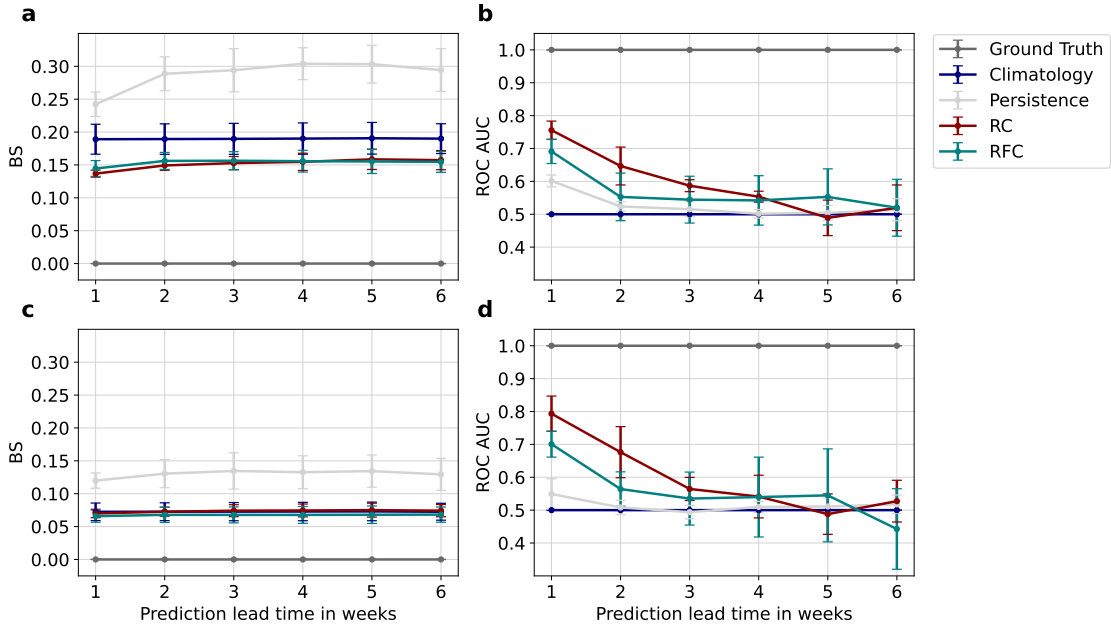


FIG. B1. **Nested cross-validation scheme.** $N = 5$ different test sets are predicted by the statistical models and the metrics with respect to the ground truth are calculated for each test set. The final metrics are obtained by averaging the metrics for the five test sets. The uncertainties of these metrics are estimated via the standard deviation of these 5-member ensembles. This figure is adopted from Vabalas et al. (2019).

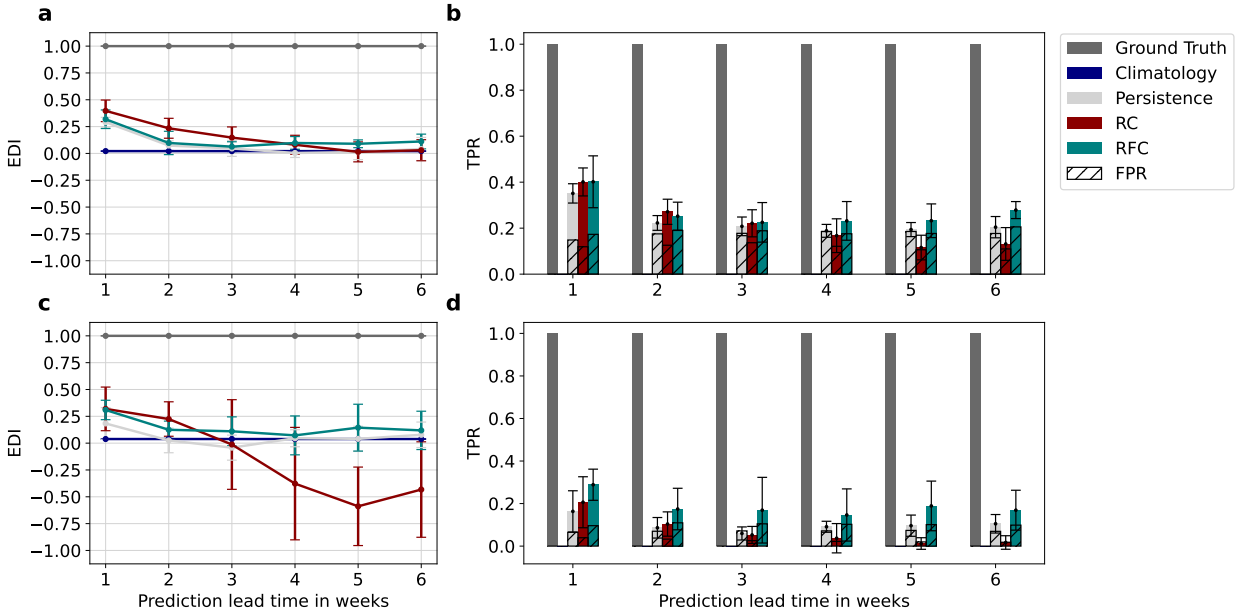


716 **FIG. B2. Performance of the regression models for six different lead times with nested CV.** (a) RMSE
 717 and (b) correlation for the regression forecasts. An accurate forecast is characterized by a low RMSE and a high
 718 correlation. The error bars show the uncertainty of each forecast estimated via the standard deviation of the
 719 ensemble.

705 The metrics obtained with nested CV (Figs. B2, B3, and B4) are similar, although smoother,
 706 compared to the results without CV (Figs. 4, 5, and 6), except for the binary classification by the
 707 RC model (Fig. B4c). The linear models also show higher skill than the RF models for lead times
 708 up to three weeks and the RFs outperform the linear models at 5–6 weeks lead time. While the
 709 skill of the ML models at short lead times (up to three weeks) is similar with and without CV,
 710 the models in nested CV perform slightly worse for longer lead times. Moreover, the uncertainty
 711 of the ML models is higher with nested CV. Therefore, while at least two ML models outperform
 712 persistence and climatology on average for all lead times, the error bars overlap with the reference
 713 forecasts for lead times of three weeks and longer. A comparison to the ECMWF forecast can not
 714 be included for nested CV, because the dynamical model is not available during the full test period
 715 used for this CV scheme (1981–2018).



720 FIG. B3. Performance of the probabilistic classification models for six different lead times with nested
 721 CV. BS and ROC AUC for the $+1\sigma$ (a&b) and $+1.5\sigma$ (c&d) weekly heatwave indices. An accurate probabilistic
 722 classification forecast is characterized by a low BS and a high ROC AUC. A no-skill probabilistic classification
 723 forecast is represented by a BS of 1 and a ROC AUC of 0.5 (as indicated by the climatology). The error bars
 724 show the uncertainty of each forecast estimated via the standard deviation of the ensemble.



725 **FIG. B4. Performance of the binary classification models for six different lead times with nested CV.** (a)
 726 EDI and (b) TPR (coloured bars) and FPR (stippled bars) for the $+1\sigma$ weekly heatwave index. (c) and (d) are
 727 the corresponding forecasts for the $+1.5\sigma$ weekly heatwave index. An accurate binary classification forecast is
 728 characterized by a high EDI, a high TPR, and a low FPR. The error bars show the uncertainty of each forecast
 729 estimated via the standard deviation of the ensemble. Since the climatology forecast predicts only zeros (no
 730 heatwave), both its TPR and FPR are equal to zero at all lead times (Figs. b&d).

Hyper-parameters

Target	Lead time (weeks)	α	Number of estimators	Min. samples/leaf	Max. depth
Temperature anomalies	1	1.0	100	20	5
	2	0.0	200	116	8
	3	1.0	100	52	5
	4	1.0	50	4	5
	5	1.0	200	12	5
	6	0.0	400	100	5
+1σ heatwave index	1	1.0	600	4	14
	2	0.95	400	4	14
	3	1.0	400	4	14
	4	0.0	600	4	14
	5	1.0	600	4	14
	6	1.0	600	4	14
+1.5σ heatwave index	1	1.0	600	4	14
	2	0.75	400	4	14
	3	1.0	600	4	14
	4	1.0	600	4	14
	5	1.0	600	4	14
	6	1.0	600	4	14

733 **TABLE C1. Optimized hyper-parameters.** Linear (α) and RF (number of estimators, minimum samples per
734 leaf, and maximum depth) hyper-parameters for three targets and six lead times.

APPENDIX D

Correlation coefficients and feature importances

Lead time		1 week	2 weeks	3 weeks	4 weeks	5 weeks	6 weeks
Predictor	Lag (weeks)						
Temperature	1	0.47	-	-	-	-	-
	2	-0.4	-0.3	-	-	-	-
	3	-0.23	-0.51	-0.42	-	-	-
	4	0.05	0.02	-0.07	-0.11	-	-
	5	-	0.26	0.35	0.31	0.26	-
	6	-	-	0.2	0.32	0.29	0.31
	7	-	-	-	-0.28	-0.22	-0.14
	8	-	-	-	-	-0.14	-0.08
	9	-	-	-	-	-	-0.07
Geopotential	1	0.07	-	-	-	-	-
	2	0.21	0.21	-	-	-	-
	3	0.14	0.33	0.25	-	-	-
	4	-0.22	-0.17	-0.14	-0.13	-	-
	5	-	-0.3	-0.38	-0.37	-0.4	-
	6	-	-	-0.18	-0.34	-0.31	-0.32
	7	-	-	-	0.29	0.15	0.08
	8	-	-	-	-	0.25	0.18
	9	-	-	-	-	-	0.15
Precipitation	1	-0.66	-	-	-	-	-
	2	0.07	0.22	-	-	-	-
	3	0.21	0.27	0.3	-	-	-
	4	-0.03	0.02	0.04	-0.01	-	-
	5	-	-0.05	-0.05	0.02	-0.04	-
	6	-	-	-0.1	-0.01	0.04	-0.05
	7	-	-	-	0.08	0.17	0.13
	8	-	-	-	-	0.2	0.28
	9	-	-	-	-	-	0.33
Soil moisture	1	0.94	-	-	-	-	-
	2	-0.65	-0.08	-	-	-	-
	3	-0.24	-0.28	-0.39	-	-	-
	4	0.04	0.08	-0.04	-0.32	-	-
	5	-	0.03	0.14	-0.02	-0.27	-
	6	-	-	0.08	0	-0.05	-0.17
	7	-	-	-	0.19	-0.06	-0.06
	8	-	-	-	-	0.18	-0.11
	9	-	-	-	-	-	0.03
SEA	1	-0.06	-	-	-	-	-
	2	-0.01	-0.04	-	-	-	-
	3	-0.14	-0.12	-0.13	-	-	-
	4	-0.11	-0.14	-0.14	-0.17	-	-
	5	-	0.17	0.2	0.24	0.18	-
	6	-	-	0.03	0.08	0.13	0.14
	7	-	-	-	0.01	0.04	0
	8	-	-	-	-	0.04	0.04
	9	-	-	-	-	-	-0.1
NWMED SST	1	2.1	-	-	-	-	-
	2	-1.67	3.05	-	-	-	-
	3	-0.2	-3.31	1.99	-	-	-
	4	0.31	0.4	-2.37	1.35	-	-
	5	-	0.46	0.12	-2.5	0.46	-
	6	-	-	0.69	1.52	-1.09	-0.35
	7	-	-	-	-0.02	1.45	0.98
	8	-	-	-	-	-0.56	-0.23
	9	-	-	-	-	-	-0.26
CNAASST	1	-1.74	-	-	-	-	-
	2	1.8	-3.24	-	-	-	-
	3	0.36	3.67	-3.27	-	-	-
	4	-0.39	0.47	3.25	-4.15	-	-
	5	-	-1	2.04	7.83	-0.97	-
	6	-	-	-2.16	-4.93	2.34	1.38
	7	-	-	-	1.08	-3.27	-3.73
	8	-	-	-	-	1.74	3.05
	9	-	-	-	-	-	-0.76

737 TABLE D1. Regression coefficients for a single RR model trained on the full training set. Coefficients with

738 absolute values above 0.5 are bold.

Lead time		1 week		2 weeks		3 weeks		4 weeks		5 weeks		6 weeks	
Target		+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ
Predictor	Lag (weeks)												
Temperature	1	0.16	0.09	-	-	-	-	-	-	-	-	-	-
	2	-0.13	-0.06	-0.1	-0.03	-	-	-	-	-	-	-	-
	3	-0.05	-0.08	-0.13	-0.12	-0.11	-0.09	-	-	-	-	-	-
	4	-0.06	-0.03	-0.07	-0.04	-0.1	-0.06	-0.11	-0.07	-	-	-	-
	5	-	-	0.06	0.05	0.07	0.06	0.05	0.05	0.04	0.04	-	-
	6	-	-	-	-	0.07	0.04	0.09	0.07	0.07	0.06	0.07	0.06
	7	-	-	-	-	-	-	-0.03	-0.09	-0.01	-0.08	0	-0.07
	8	-	-	-	-	-	-	-	-	-0.01	-0.02	0.03	0.01
	9	-	-	-	-	-	-	-	-	-	-	-0.09	-0.08
Geopotential	1	-0.02	-0.04	-	-	-	-	-	-	-	-	-	-
	2	0.09	0.06	0.08	0.05	-	-	-	-	-	-	-	-
	3	0.02	0.07	0.08	0.1	0.06	0.09	-	-	-	-	-	-
	4	0.01	-0.01	0.02	-0.01	0.04	0.01	0.04	0.01	-	-	-	-
	5	-	-	-0.05	-0.03	-0.06	-0.02	-0.04	-0.02	-0.07	-0.03	-	-
	6	-	-	-	-	-0.04	-0.04	-0.06	-0.06	-0.04	-0.06	-0.04	-0.05
	7	-	-	-	-	-	-	0.03	0.05	-0.02	0.03	-0.04	0.02
	8	-	-	-	-	-	-	-	-	0.06	0.04	0.04	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.12	0.08
Precipitation	1	-0.19	-0.1	-	-	-	-	-	-	-	-	-	-
	2	-0.01	-0.03	0.04	0.01	-	-	-	-	-	-	-	-
	3	0	0	0.02	0.02	0.03	0.04	-	-	-	-	-	-
	4	-0.01	0	-0.02	0	-0.01	0.01	-0.01	0.01	-	-	-	-
	5	-	-	-0.02	0	-0.02	-0.02	-0.01	-0.01	0	-0.01	-	-
	6	-	-	-	-	-0.02	-0.02	-0.01	-0.01	0.01	0	-0.02	-0.02
	7	-	-	-	-	-	-	0.03	0	0.07	0.02	0.05	0.01
	8	-	-	-	-	-	-	-	-	0.08	0.03	0.09	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.15	0.07
Soil moisture	1	0.29	0.16	-	-	-	-	-	-	-	-	-	-
	2	-0.17	0	0	0.08	-	-	-	-	-	-	-	-
	3	-0.01	-0.05	-0.02	-0.06	-0.04	-0.02	-	-	-	-	-	-
	4	-0.02	-0.05	0.03	-0.05	0	-0.05	-0.04	-0.07	-	-	-	-
	5	-	-	-0.01	0.02	0.01	0.07	0	0.05	-0.06	-0.02	-	-
	6	-	-	-	-	0.03	-0.02	0	0	0	-0.01	-0.01	0
	7	-	-	-	-	-	-	0.02	0	-0.08	-0.04	-0.08	-0.04
	8	-	-	-	-	-	-	-	-	0.08	0.04	0.04	0.04
	9	-	-	-	-	-	-	-	-	-	-	-0.06	-0.04
SEA	1	-0.07	-0.03	-	-	-	-	-	-	-	-	-	-
	2	-0.03	-0.01	-0.03	-0.01	-	-	-	-	-	-	-	-
	3	-0.07	-0.04	-0.05	-0.03	-0.05	-0.03	-	-	-	-	-	-
	4	-0.06	-0.03	-0.07	-0.03	-0.06	-0.03	-0.06	-0.03	-	-	-	-
	5	-	-	0.05	0.02	0.05	0.03	0.06	0.03	0.04	0.02	-	-
	6	-	-	-	-	0.03	0.02	0.04	0.03	0.06	0.03	0.06	0.04
	7	-	-	-	-	-	-	0	-0.01	0.01	-0.01	0	-0.02
	8	-	-	-	-	-	-	-	-	0.01	0.02	0.02	0.02
	9	-	-	-	-	-	-	-	-	-	-	-0.02	-0.03
NWMED SST	1	0.66	0.37	-	-	-	-	-	-	-	-	-	-
	2	-0.71	-0.29	0.7	0.47	-	-	-	-	-	-	-	-
	3	0.25	0.01	-0.66	-0.54	0.46	0.25	-	-	-	-	-	-
	4	-0.04	0.01	-0.02	0.14	-0.39	-0.23	0.49	0.25	-	-	-	-
	5	-	-	0.15	0.02	-0.32	-0.11	-0.9	-0.43	0.16	0.03	-	-
	6	-	-	-	-	0.38	0.15	0.41	0.21	-0.39	0.03	-0.09	0.08
	7	-	-	-	-	-	-	0.11	0.02	0.34	-0.12	0.15	-0.08
	8	-	-	-	-	-	-	-	-	-0.03	0.12	0.01	-0.03
	9	-	-	-	-	-	-	-	-	-	-	-0.02	0.08
CNA A SST	1	-0.18	0	-	-	-	-	-	-	-	-	-	-
	2	0.54	0.09	-0.45	-0.24	-	-	-	-	-	-	-	-
	3	-0.29	-0.05	0.4	0.18	-0.67	-0.42	-	-	-	-	-	-
	4	0.02	-0.01	0.25	0.19	0.25	0.23	-1.55	-0.73	-	-	-	-
	5	-	-	-0.16	-0.12	1.17	0.58	2.8	1.3	-0.52	-0.18	-	-
	6	-	-	-	-	-0.75	-0.4	-1.53	-0.67	0.97	0.18	0.12	-0.12
	7	-	-	-	-	-	-	0.27	0.09	-0.66	0.03	-0.25	0.11
	8	-	-	-	-	-	-	-	-	0.2	-0.05	0.21	0.08
	9	-	-	-	-	-	-	-	-	-	-	-0.06	-0.08

739 TABLE D2. Regression coefficients for a single RC model trained on the full training set. Coefficients with
740 absolute values above 0.5 are bold.

Lead time		1 week	2 weeks	3 weeks	4 weeks	5 weeks	6 weeks
Predictor	Lag (weeks)						
Temperature	1	0.02	-	-	-	-	-
	2	0.01	0.03	-	-	-	-
	3	0.01	0.02	0.01	-	-	-
	4	0.01	0.05	0.03	0.01	-	-
	5	-	0.01	0	0.01	0.01	-
	6	-	-	0.01	0.02	0.02	0.02
	7	-	-	-	0.03	0.03	0.01
	8	-	-	-	-	0.01	0.01
	9	-	-	-	-	-	0.01
Geopotential	1	0.23	-	-	-	-	-
	2	0.01	0.01	-	-	-	-
	3	0.01	0	0	-	-	-
	4	0.01	0.01	0.01	0	-	-
	5	-	0	0.01	0.01	0.01	-
	6	-	-	0	0.01	0.01	0
	7	-	-	-	0.02	0.02	0.01
	8	-	-	-	-	0.01	0
	9	-	-	-	-	-	0.01
Precipitation	1	0.18	-	-	-	-	-
	2	0.03	0.01	-	-	-	-
	3	0.01	0.01	0.01	-	-	-
	4	0	0	0	0.01	-	-
	5	-	0	0	0.01	0.01	-
	6	-	-	0.01	0.02	0.02	0.02
	7	-	-	-	0.01	0	0.01
	8	-	-	-	-	0.01	0.01
	9	-	-	-	-	-	0.02
Soil moisture	1	0.01	-	-	-	-	-
	2	0.01	0.02	-	-	-	-
	3	0.01	0.02	0.02	-	-	-
	4	0.02	0.01	0.02	0.02	-	-
	5	-	0.04	0.05	0.04	0.05	-
	6	-	-	0.05	0.05	0.05	0.06
	7	-	-	-	0.01	0.01	0.01
	8	-	-	-	-	0.02	0.04
	9	-	-	-	-	-	0.03
SEA	1	0.07	-	-	-	-	-
	2	0.01	0.03	-	-	-	-
	3	0.01	0.01	0.03	-	-	-
	4	0.01	0.02	0.01	0.02	-	-
	5	-	0.06	0.08	0.06	0.05	-
	6	-	-	0.04	0.02	0.02	0.04
	7	-	-	-	0.03	0.03	0.04
	8	-	-	-	-	0.01	0.02
	9	-	-	-	-	-	0.01
NWMED SST	1	0.21	-	-	-	-	-
	2	0.01	0.35	-	-	-	-
	3	0.03	0.05	0.13	-	-	-
	4	0.01	0.03	0.03	0.07	-	-
	5	-	0.01	0.04	0.04	0.05	-
	6	-	-	0.06	0.04	0.05	0.05
	7	-	-	-	0.12	0.1	0.07
	8	-	-	-	-	0.04	0.04
	9	-	-	-	-	-	0.05
CNAASST	1	0.02	-	-	-	-	-
	2	0.02	0.1	-	-	-	-
	3	0.01	0.01	0.12	-	-	-
	4	0.02	0.03	0.03	0.06	-	-
	5	-	0.09	0.07	0.1	0.13	-
	6	-	-	0.12	0.15	0.16	0.23
	7	-	-	-	0.03	0.02	0.01
	8	-	-	-	-	0.07	0.02
	9	-	-	-	-	-	0.16

741 TABLE D3. Predictor importances for a single RFR model trained on the full training set. Values above
742 0.04 are bold.

Lead time		1 week		2 weeks		3 weeks		4 weeks		5 weeks		6 weeks	
Target		+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ	+1 σ	+1.5 σ
Predictor	Lag (weeks)												
Temperature	1	0.06	0.08	-	-	-	-	-	-	-	-	-	-
	2	0.02	0.02	0.03	0.02	-	-	-	-	-	-	-	-
	3	0.03	0.03	0.02	0.03	0.03	0.02	-	-	-	-	-	-
	4	0.03	0.03	0.03	0.03	0.03	0.03	0.03	0.03	0.03	-	-	-
	5	-	-	0.03	0.03	0.03	0.03	0.03	0.03	0.03	0.03	0.03	-
	6	-	-	-	-	0.03	0.02	0.03	0.02	0.03	0.02	0.03	0.02
	7	-	-	-	-	-	-	0.03	0.04	0.03	0.04	0.03	0.04
	8	-	-	-	-	-	-	-	-	0.03	0.03	0.03	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.03	0.03
Geopotential	1	0.06	0.06	-	-	-	-	-	-	-	-	-	-
	2	0.02	0.02	0.03	0.03	-	-	-	-	-	-	-	-
	3	0.02	0.02	0.02	0.02	0.02	0.02	-	-	-	-	-	-
	4	0.02	0.02	0.03	0.03	0.03	0.02	0.03	0.02	-	-	-	-
	5	-	-	0.03	0.03	0.03	0.03	0.03	0.02	0.03	0.02	-	-
	6	-	-	-	-	0.03	0.02	0.03	0.02	0.02	0.02	0.03	0.03
	7	-	-	-	-	-	-	0.03	0.03	0.03	0.03	0.03	0.03
	8	-	-	-	-	-	-	-	-	0.03	0.03	0.03	0.02
	9	-	-	-	-	-	-	-	-	-	-	0.02	0.03
Precipitation	1	0.07	0.06	-	-	-	-	-	-	-	-	-	-
	2	0.02	0.02	0.03	0.03	-	-	-	-	-	-	-	-
	3	0.02	0.02	0.02	0.02	0.02	0.03	-	-	-	-	-	-
	4	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.03	-	-	-	-
	5	-	-	0.03	0.03	0.02	0.03	0.02	0.02	0.02	0.02	-	-
	6	-	-	-	-	0.03	0.02	0.03	0.02	0.03	0.02	0.03	0.02
	7	-	-	-	-	-	-	0.03	0.02	0.02	0.02	0.02	0.02
	8	-	-	-	-	-	-	-	-	0.02	0.03	0.02	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.03	0.03
Soil moisture	1	0.03	0.03	-	-	-	-	-	-	-	-	-	-
	2	0.03	0.04	0.03	0.04	-	-	-	-	-	-	-	-
	3	0.03	0.02	0.03	0.03	0.03	0.03	-	-	-	-	-	-
	4	0.03	0.03	0.03	0.03	0.03	0.03	0.03	0.03	-	-	-	-
	5	-	-	0.04	0.04	0.04	0.04	0.04	0.05	0.04	0.05	-	-
	6	-	-	-	-	0.04	0.04	0.04	0.03	0.04	0.03	0.04	0.03
	7	-	-	-	-	-	-	0.03	0.03	0.03	0.03	0.03	0.03
	8	-	-	-	-	-	-	-	-	0.03	0.03	0.04	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.03	0.03
SEA	1	0.05	0.06	-	-	-	-	-	-	-	-	-	-
	2	0.03	0.03	0.04	0.04	-	-	-	-	-	-	-	-
	3	0.03	0.04	0.04	0.05	0.04	0.05	-	-	-	-	-	-
	4	0.03	0.03	0.03	0.04	0.03	0.04	0.04	0.04	-	-	-	-
	5	-	-	0.04	0.04	0.04	0.04	0.03	0.04	0.04	0.04	-	-
	6	-	-	-	-	0.04	0.04	0.03	0.03	0.03	0.04	0.03	0.03
	7	-	-	-	-	-	-	0.03	0.03	0.03	0.02	0.03	0.03
	8	-	-	-	-	-	-	-	-	0.03	0.03	0.03	0.03
	9	-	-	-	-	-	-	-	-	-	-	0.03	0.04
NWMED SST	1	0.06	0.08	-	-	-	-	-	-	-	-	-	-
	2	0.04	0.04	0.06	0.07	-	-	-	-	-	-	-	-
	3	0.04	0.04	0.05	0.05	0.05	0.06	-	-	-	-	-	-
	4	0.03	0.03	0.04	0.04	0.05	0.04	0.05	0.04	-	-	-	-
	5	-	-	0.05	0.04	0.04	0.04	0.04	0.04	0.05	0.04	-	-
	6	-	-	-	-	0.05	0.05	0.04	0.05	0.04	0.05	0.04	0.05
	7	-	-	-	-	-	-	0.04	0.05	0.04	0.05	0.04	0.05
	8	-	-	-	-	-	-	-	-	0.05	0.04	0.04	0.04
	9	-	-	-	-	-	-	-	-	-	-	0.05	0.06
CNAASST	1	0.04	0.03	-	-	-	-	-	-	-	-	-	-
	2	0.04	0.03	0.06	0.04	-	-	-	-	-	-	-	-
	3	0.04	0.03	0.04	0.04	0.05	0.04	-	-	-	-	-	-
	4	0.04	0.03	0.05	0.04	0.05	0.04	0.05	0.04	-	-	-	-
	5	-	-	0.06	0.05	0.06	0.06	0.06	0.06	0.07	0.06	-	-
	6	-	-	-	-	0.06	0.06	0.06	0.06	0.06	0.06	0.07	0.05
	7	-	-	-	-	-	-	0.05	0.06	0.05	0.06	0.05	0.05
	8	-	-	-	-	-	-	-	-	0.05	0.05	0.05	0.05
	9	-	-	-	-	-	-	-	-	-	-	0.06	0.05

743 TABLE D4. Predictor importances for a single RFC model trained on the full training set. Values above

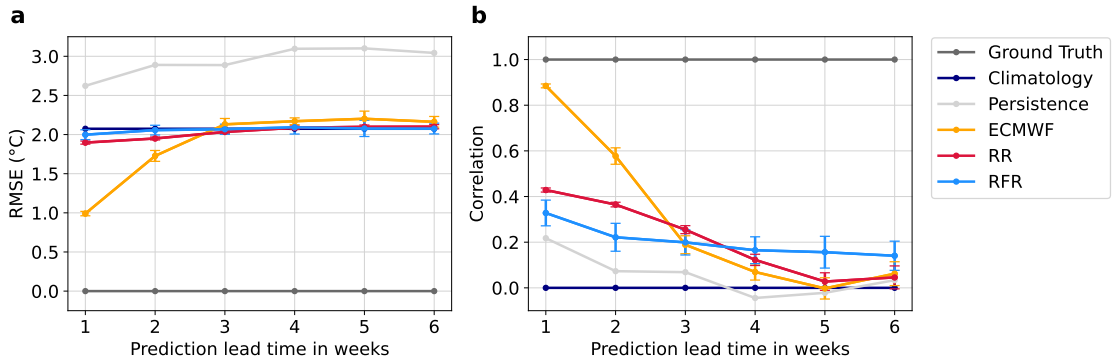
744 0.04 are bold.

745

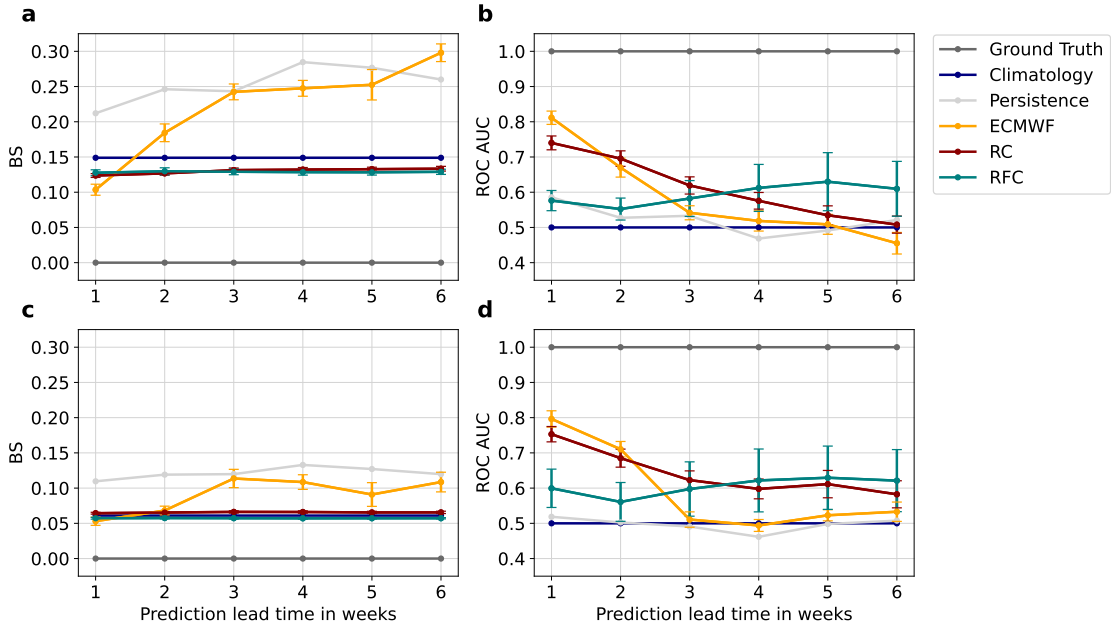
APPENDIX E

746

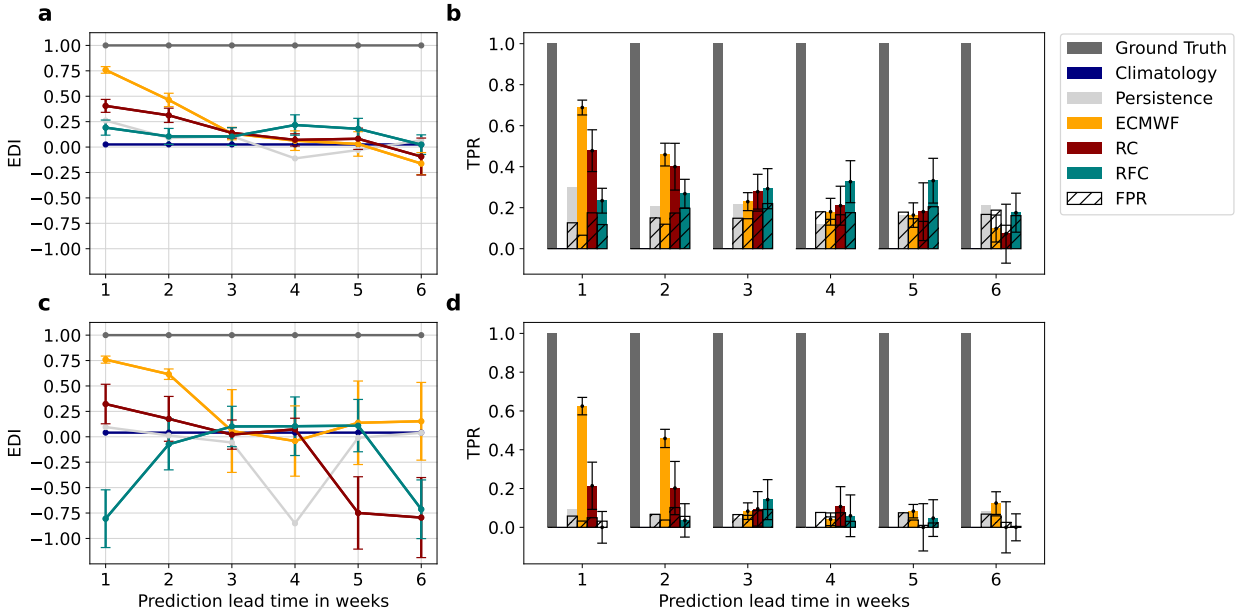
Only-SST runs



747 FIG. E1. Performance of the regression models for six different lead times using only the *NWMED*
748 and *CNA A SST* predictors. (a) RMSE and (b) correlation for the regression forecasts. An accurate forecast
749 is characterized by a low RMSE and a high correlation. The error bars show the uncertainty of each forecast
750 estimated via the standard deviation of the ensemble.



751 FIG. E2. Performance of the probabilistic classification models for six different lead times using only the
 752 *NWMED* and *CNA SST* predictors. BS and ROC AUC for the $+1\sigma$ (a&b) and $+1.5\sigma$ (c&d) weekly heatwave
 753 indices. An accurate probabilistic classification forecast is characterized by a low BS and a high ROC AUC. A
 754 no-skill probabilistic classification forecast is represented by a BS of 1 and a ROC AUC of 0.5 (as indicated by
 755 the climatology). The error bars show the uncertainty of each forecast estimated via the standard deviation of
 756 the ensemble.



757 **FIG. E3. Performance of the binary classification models for six different lead times using only the**
 758 ***NWMed* and *CNAa SST* predictors.** (a) EDI and (b) TPR (coloured bars) and FPR (stippled bars) for the $+1\sigma$
 759 weekly heatwave index. (c) and (d) are the corresponding forecasts for the $+1.5\sigma$ weekly heatwave index. An
 760 accurate binary classification forecast is characterized by a high EDI, a high TPR, and a low FPR. The error bars
 761 show the uncertainty of each forecast estimated via the standard deviation of the ensemble. Since the climatology
 762 forecast predicts only zeros (no heatwave), both its TPR and FPR are equal to zero at all lead times (Figs. b&d).

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