

# 1 The groundwater age-sustainability myth

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## 13 Preface

14 **The ideas that old or “fossil” groundwater cannot be pumped sustainably, or that recently recharged**  
15 **groundwater is inherently sustainable are both mistaken. Both old and young groundwaters can be**  
16 **used in physically sustainable or unsustainable ways.**

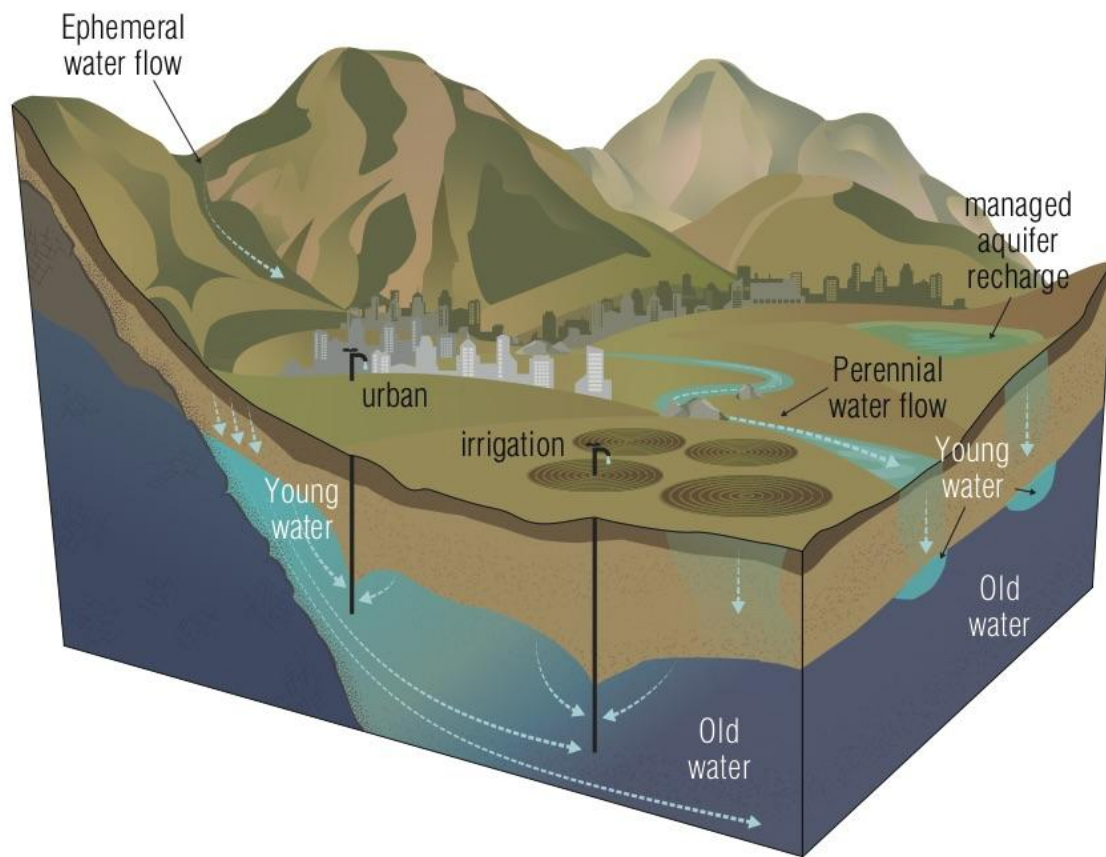
17 The myth that old groundwater with long residence times is a non-renewable resource has infiltrated  
18 the scientific literature<sup>1-3</sup> and has been bolstered by media coverage of regional to global groundwater  
19 issues. The propagation of this myth is problematic because it creates confusion around what  
20 constitutes sustainable development of groundwater resources and their renewability (see box for  
21 definitions). **We show how groundwater residence times and ages are not metrics that can directly**  
22 **define groundwater sustainability. However, quantifying the distribution of groundwater ages in an**  
23 **aquifer can improve our understanding of aquifer systems, which can indirectly enable sustainable**  
24 **groundwater use.** Dispelling the groundwater age-sustainability myth is critical to enable clear thinking  
25 about groundwater depletion which continues to emerge as a global problem<sup>4</sup>. Our commentary focuses  
26 on what groundwater age and residence time can and cannot tell us about the functioning of past and  
27 present groundwater systems and their connections to other Earth system processes.

28

**Box: defining groundwater age, residence time, sustainability and renewability**

**Groundwater age** is the interval of time that has elapsed since the water entered the groundwater system whereas mean **residence time** (herein just called 'residence time') is the volume of water in a groundwater system divided by the volumetric recharge (or discharge) rate, which gives an average turnover time for the system<sup>5</sup>. **Fossil groundwater** is groundwater that was recharged by precipitation more than ~12,000 years ago, prior to the beginning of the Holocene Epoch, whereas **modern groundwater** is often defined as being less than ~50 years old<sup>6</sup>. Ages are typically derived from interpretation of various isotope tracers, which may differ from the actual age of the water due to various mixing and transport processes that occur within groundwater systems as well as capture of different flowpaths over the screened interval of wells used for sampling<sup>5,7</sup>.

**Groundwater sustainability** is maintaining long-term, dynamically stable flows and accessible storage of high-quality groundwater using inclusive, equitable, and long-term governance and management<sup>4</sup>. Physical groundwater sustainability is groundwater use that can be dynamically captured during pumping that leads to a new dynamically stable equilibrium in groundwater levels while maintaining environmental flows. Groundwater is **renewable** if this new equilibrium occurs within human timescales (i.e. decades to a century)<sup>4</sup>. This differs from previous definitions of renewable groundwater, which have invoked recharge rates<sup>8</sup> or threshold residence times<sup>2,3</sup>.



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33

34 Figure 1: Human activities interface with natural hydrologic processes to set the distribution of  
 35 groundwater ages, which are not a metric of groundwater sustainability or renewability. Similar  
 36 drawdown cones will develop from wells with identical pumping rates located in positions with different  
 37 mixes of groundwater age.

38

39 **Infiltration of a myth**

40

41 Groundwater age and residence time are a function of groundwater recharge rate, contributing to the  
 42 notion that they are important considerations in the sustainable development of groundwater. This is  
 43 based on the idea that pre-development groundwater recharge represents the amount of renewable  
 44 groundwater<sup>8</sup>. Defining groundwater renewability by balancing pumping with pre-development  
 45 recharge has been called the “Water Budget Myth”<sup>9</sup>, as pumped groundwater actually has three

46 sources: 1) groundwater storage, and 'capture' which is a combination of changes in 2) recharge and/or  
47 3) discharge.

48

49 Our focus is another myth: the notion that sustainable development of groundwater resources can be  
50 defined on the basis of thresholds of groundwater residence times or age<sup>1-3</sup>. The residence time of  
51 groundwater in an aquifer is a function of its recharge rate and pore volume and larger aquifers will  
52 have longer residence times for a given recharge rate. Using residence times as a renewability  
53 benchmark therefore leads to the nonsensical conclusion that groundwater use from smaller aquifers  
54 may be more sustainable, despite having the same rates of replenishment. Instead, we argue that  
55 physical sustainability should only be defined relative to human use: whether water levels and flows  
56 stabilize to acceptable levels on reasonable timescales (Box).

57

58 Further, groundwater age is a function of distance from the recharge area (Figure 1). If pumping older  
59 groundwater is less sustainable than pumping young groundwater, in general terms this implies that  
60 pumping will be more sustainable if wells are either shallower, or situated nearer to a recharge area.  
61 However, situating pumping wells closer to a recharge area has no obvious connection to the  
62 renewability of groundwater resources. In contrast, pumping a mixture of older groundwaters near  
63 discharge areas may in some cases result in less groundwater depletion if induced recharge from surface  
64 water occurs, which may be more sustainable if the impacts on environmental flows are insignificant. In  
65 either situation, tradeoffs between reduced drawdown and increased capture of streamflow would  
66 need to be evaluated to determine which locations allow for the sustainable development of the  
67 system.

68

69 A variety of studies have documented the presence of very old groundwater, some of which were  
70 recharged under climates that were more humid than those present today<sup>10</sup>. It has often been  
71 suggested that use of such groundwater is unsustainable because these systems are being currently  
72 recharged at much lower rates than they were in the past<sup>3</sup>. While pre-development recharge is not an  
73 upper limit to the amount of water that can be sustainably withdrawn from an aquifer, reductions in  
74 groundwater recharge over time may affect the amount of water available for capture and could lead to  
75 increased groundwater depletion. However, in most cases where the presence of old groundwater has  
76 been invoked to determine the sustainability of groundwater use, there has been no attempt to quantify  
77 variation in groundwater recharge rates over time. Most studies that have compiled groundwater age

78 data covering regional groundwater systems, such as the Nubian aquifer<sup>10</sup>, Great Artesian Basin<sup>11</sup> and  
79 Black Mesa Basin,<sup>12</sup> have found a continuum of ages, indicating continuous groundwater recharge over  
80 long time periods. Further complicating this issue is the difference between the transport times that  
81 lead to the observed groundwater age distributions and the time required for hydraulic heads to re-  
82 equilibrate to shifts in climate<sup>13</sup>, which may be shorter. There is an opportunity to improve our  
83 understanding of the past and future functioning of groundwater systems and the wider Earth system by  
84 more rigorously integrating age data with hydraulic analyses than has been typically done.

85

### 86 **Rethinking groundwater age, residence times and sustainability**

87

88 Groundwater age does not provide a direct measure of whether groundwater resources can be  
89 sustainably developed, and reducing groundwater sustainability decision making to such a simplistic  
90 dichotomy undermines fundamental concepts in groundwater sustainability science. Pumping young  
91 groundwater does not guarantee sustainability and pumping old groundwater does not guarantee non-  
92 sustainability. Prohibiting use of old groundwater could needlessly decrease water security in some  
93 instances. Similarly, the concept of renewable groundwater as defined by mean groundwater residence  
94 times should be abandoned. In dispelling the myth that groundwater age is linked to sustainable  
95 groundwater use, we are not advocating indiscriminate or wanton use of old or young groundwaters.  
96 Rather, we argue for adopting a new definition of groundwater sustainability that uses field  
97 observations of water levels and flows and water quality to directly be the metric of groundwater  
98 sustainability<sup>4</sup> (Box).

99

100 Despite the lack of a direct connection between groundwater age and sustainability, we are not  
101 suggesting to cease collecting isotopic and other geochemical data used to estimate groundwater ages.  
102 Detailed groundwater age data can be valuable in reducing uncertainty in models used to test  
103 groundwater resource development scenarios because of the sensitivity of age data to spatial variations  
104 in permeability<sup>7</sup>. However, mean residence times are unlikely to provide useful information because of  
105 the broad spectrum of residence times of various flowpaths present in groundwater systems.  
106 Characterizing the distribution of groundwater ages, using multiple age tracers that span the full age  
107 spectrum, can be more valuable in the protection of water quality, evaluating capture, and  
108 understanding the origin and distribution of natural or anthropogenic contaminants in the subsurface<sup>6,7</sup>.  
109 However, a substantial challenge exists in addressing dispersive processes in groundwater systems,

110 which lead to the presence of mixed ages within individual water samples. Recent development of new  
111 intermediate age tracers (e.g., <sup>39</sup>Ar, <sup>85</sup>Kr) helps fill in the 'data gap' between modern and fossil recharge,  
112 providing new opportunities to disentangle mixed ages, understand the myriad of groundwater  
113 flowpaths, and constrain models used for water resource management.

114

115 An emerging use of groundwater age data is the documentation of the rearrangement and acceleration  
116 of groundwaters in the Anthropocene. In addition to changes in age distributions due to altered  
117 directions of groundwater flow and increased velocities associated with pumping<sup>7</sup>, other impacts may  
118 occur due to variations in groundwater recharge patterns associated with land-use change and return  
119 flows from irrigation<sup>14</sup> (Fig 1). For example, managed aquifer recharge projects using either surface  
120 water or effluent are becoming increasingly common in India, the United States, Israel and Australia<sup>15</sup>,  
121 increasing the amount of young groundwater in these regions. Measurement of ages using multiple  
122 isotopes can provide insights into mixing that has arisen in groundwater systems due to these and other  
123 human interventions. These changes in flow patterns and associated mixing are likely not important to  
124 physical groundwater sustainability, however, they may be important to groundwater quality<sup>6</sup>,  
125 geochemical and carbon cycles<sup>16</sup>, and geomicrobiology<sup>17</sup>.

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127 Groundwater age measurements are capable of providing valuable insights into the functioning of  
128 groundwater systems both under natural and perturbed conditions. However, the use of groundwater  
129 ages and mean residence times as metrics of sustainable development of groundwater is incorrect. This  
130 myth must be dispelled in favour of more constructive metrics of groundwater sustainability based on  
131 maintaining water levels, water quality, and environmental flows.

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