

1 **Title: Evaluation of preservation protocols for oxygen-sensitive minerals within laminated aquatic**
2 **sediments**

3

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10

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22 **Abstract**

23 Laminated sediments can record seasonal changes in sedimentation of material from anoxic
24 waters, including minerals of the redox-sensitive elements Fe, Mn, and S that form under varying
25 oxygen levels, mineral saturation conditions, and from microbial metabolism. However,
26 preserving both the oxygen-sensitive minerals for identification is challenging when preservation
27 of the spatial arrangement of laminae is also required. In this study, we compare methods for
28 embedding sedimentary materials from anoxic waters and sediments from Brownie Lake,
29 Minnesota, USA for analysis of the redox speciation for Fe, Mn, and S using synchrotron-based
30 X-ray absorption near edge spectroscopy (XANES). We found that acetone dehydration and
31 resin replacement in a 100% N₂ glovebox successfully preserved the speciation of Fe and Mn
32 minerals within laminated sediments. However, acetone removed some sulfur species from
33 sediments, and epoxies contained sulfur species, which challenged identification of native sulfur
34 species. Results from this study will aid researchers who are interested in spatial analysis of
35 oxygen sensitive sediments, soils, or microbial mats in choosing a preservation method.

36

37 **Introduction**

38 Persistent anoxia can develop in the bottom waters of deep lakes due to a lack of complete
39 mixing, which minimizes sediment resuspension and bioturbation (Anderson et al. 1985). The
40 sediments of such lakes often accumulate laminations that represent seasonal changes in the
41 deposited components (i.e. varves), composed of organic material and/or mineralized biological
42 organisms, detrital material, and chemically precipitated minerals (Anderson and Dean 1988).
43 Lakes with laminated sediments can record climatic transitions, vegetation changes, changes in
44 sediment transport, and atmospheric deposition patterns (O'Sullivan 1983). Laminated

45 sediments are also useful to study the formation, deposition, and diagenetic transformation of
46 chemically precipitated minerals in aquatic sediments. The ability to constrain the formation,
47 deposition, and diagenesis of chemical precipitates formed from redox-active elements within
48 chemically stratified lakes offers a lens to interpret the origin of minerals in sediments deposited
49 from redox-stratified marine basins in the past, particularly when such conditions no longer exist
50 (Degens and Stoffers 1976). Such minerals are often composed of the most abundant redox-
51 active elements in crustal materials (e.g. iron, manganese, and sulfur). However, a major
52 challenge is the preservation of both primary sedimentary features such as laminations as well as
53 primary mineralogy of minerals precipitated in the water column or sediments and/or under early
54 sedimentary diagenesis, as these minerals may rapidly oxidize under ambient atmospheric
55 conditions. This study focuses on best practices for preserving the redox state and mineralogy of
56 material composed of Fe, Mn, and S in laminated sediments and particulate matter in the water
57 column from a meromictic (i.e. permanently stratified) lake.

58 First described in 1958, freeze-coring is a method that preserves the structure of the sediment-
59 water interface by freezing sediments onto the side of a wedge filled with dry ice and an organic
60 solvent (e.g. isopropyl alcohol, butanol; Shapiro 1958). Variations on this method have been
61 used to preserve laminated sediments for varve counting or dating (Saarnisto et al. 1977). More
62 recently, this method has been used for successful bacterial community analysis using amplicon
63 sequencing of the 16S rRNA gene (Harrison et al. 2015). Due to the low temperatures achieved,
64 this method also holds promise to preserve redox-sensitive minerals under atmospheric oxygen if
65 cores are maintained frozen such that oxidation reactions occur much more slowly than under
66 ambient temperatures.

67 Preservation of sediment core structure for later spatial analysis can be accomplished through
68 protocols that replace water with a solvent such as acetone, and then introduce epoxy to stabilize
69 the sediments (Lamoureaux 1994). The advantage of this technique is that thin sections of cast
70 samples can be made to microscopically identify and count varves (Lotter and Lemcke 1999). It
71 has also been used in an anoxic glovebox for the retention of oxygen-sensitive metals during
72 washing/desalinization and fluid replacement (Jilbert et al., 2008).

73 The objective of this study is to assess sediment preparation and preservation techniques for
74 lacustrine sediments with the goal of evaluating their utility for 1) maintaining the oxidation state
75 and mineralogy of Fe, Mn, and S minerals, and 2) preserving spatial information, such as
76 laminations. Samples of lake sediments and sediment trap material were chosen for this study, as
77 both are useful to investigate the chemical precipitation of minerals in the water column or
78 sediment porewaters, as well as early diagenetic transformation of minerals. The potential of
79 different preservation techniques was evaluated with synchrotron-based XANES, which provides
80 element-specific oxidation state information as well as mineralogical fingerprints.

81

82 **Materials and Procedures**

83 *Sample Collection*

84 Sediment cores and sediment trap samples were recovered from Brownie Lake in Minneapolis,
85 Minnesota, U.S.A. Brownie Lake is a ferruginous and meromictic lake with relatively small
86 surface area of 5 ha compared to its maximum depth of 14 m (Myrbo et al., 2011). It has been
87 meromictic since 1925 after a canal connecting Brownie to Cedar Lake lowered its water level
88 by several meters in 1914 (Swain et al., 1980). The onset of sediment laminations enriched in

89 iron and manganese within Brownie occurred after canal construction but prior to the transition
 90 to meromixis (Tracey et al., 1996).

91 Brownie Lake has a redoxcline at depth that varies seasonally from 3-5 m, which produces
 92 opposing gradients between dissolved oxygen and reduced chemical species (Lambrecht et al,
 93 2018). The dissolved iron content exceeds 1 mM in the permanently anoxic monimolimnion, and
 94 dissolved manganese is in the range of tens of μM . Both dissolved iron and manganese are
 95 presumed to be predominantly in their more soluble, reduced (e.g. Fe^{2+} and Mn^{2+}) forms. Sulfate
 96 concentrations in the mixolimnion are seasonally variable with maxima in the epilimnion from
 97 50-100 μM . Sulfate concentrations diminish with depth, which in combination with periodic
 98 detection of hydrogen sulfide below the redoxcline indicates vigorous biological sulfate
 99 reduction (Lambrecht et al., 2018). Five years of seasonal water chemistry data are available for
 100 Brownie Lake (Swanner et al. 2021).

101 Samples prepared and analyzed in this work are listed in **Table 1**.

102 **Table 1.** List of samples analyzed in this study, and the preparation steps compared.

Element	Sample Name	Sample and Preparation Type	Sample Depth	Sample Collection Date	Beamline	Analysis Date
Fe	BLI7	freeze core thin section	16 to 19 cm	Jan. 2018	13-IDE	Aug. 2019
Fe	BL18to20	bulk gravity core	18 to 20 cm	Oct. 2019	9-BM	Oct. 2020
Fe	BL11	grain mount particulate	11 m	Summer 2019	13-IDE	Aug. 2019
Fe	BLS10pt5	bulk particulates	10.5 m	Summer 2018	9-BM	Jul. 2020
Mn	BLI7	freeze core thin section	16 to 19 cm	Jan. 2018	13-IDE	Aug. 2019
Mn	BL18to20	bulk gravity core	18 to 20 cm	Oct. 2019	9-BM	Oct. 2020
S	BLII5	freeze core thin section	32 to 36.5 cm	Jan. 2018	13-IDE	Aug. 2019
S	BL28to30	bulk gravity core	28 to 30 cm	Oct. 2019	9-BM	Oct. 2020
S	BL28to30	grain mount gravity core	28 to 30 cm	Oct. 2019	13-IDE	Oct. 2020

103

104 *Sediment Freeze core (BLI7 and BLII5)*

105 A frozen core was extracted on January 12, 2018, at a water depth of 13 m using a stainless-steel
 106 ice corer rented from the National Lacustrine Core Facility at the University of Minnesota. The

107 procedure followed has been described in Harrison et al. (2015). Briefly, the corer was filled
108 with a mixture of isopropyl alcohol and dry ice, which has a temperature of -78°C, and driven
109 into the sediment on rods. After 20 minutes, the corer was returned to the surface and filled with
110 lake water to slightly thaw the frozen sediment slabs on either side until they could be pried off
111 (**Figure 1**). The core slabs were transported to the laboratory on dry ice and smoothed with a
112 wood planar following steps outlined in Harrison et al. (2015), then cut into vertical strips 2-3 cm
113 wide using a band saw. During handling, cores were maintained on dry ice, which has a
114 temperature of -78.5°C. The frozen cores were shipped to Iowa State University on dry ice,
115 where they were stored in a -80°C freezer.

116 *Sediment Gravity Core (BL18to20 and BL28to30)*

117 A wet sediment core of about 30 cm was collected from a water depth of 13 m on October 4,
118 2019, with a National Lakes Assessment gravity corer from Aquatic Research Instruments. The
119 core was immediately extruded into 2 cm increments inside of a N₂-filled disposable glove bag
120 on the shore (**Figure 1**). Sediment increments were stored in 50 mL acid-washed glass media
121 bottles flushed with N₂ and sealed with butyl rubber stoppers and aluminum crimps. The
122 stoppered bottles were stored at 4°C.

123 *Sediment traps (BL10pt5 and BL11)*

124 Particulate matter within the water column of Brownie Lake was collected using sediment traps.
125 The caps of 1L HDPE bottles were hollowed out to accommodate 4.5 cm diameter rigid tubes of
126 about 50 cm long. The tubes were inserted into the hollowed caps and sealed with silicone glue.
127 Once dry, the caps were screwed onto the 1L bottles to create a sediment trap (**Figure 1**). The
128 trap was secured to rope attached to an anchor and buoy moored in the deep basin of Brownie
129 Lake. The top of the sediment trap used in this study was located at a depth of 10.5 m below the

130 water surface. The trap was filled with water from the target depth using a van Dorn sampler
131 prior to trap deployment. The traps were left from May to September in 2018 and 2019 to collect
132 sedimenting material and chemically precipitated minerals from the water column. The deepest
133 sample collected in 2018 was from 10.5 m and from 11 m in 2019.

134 At the end of deployment, the sediment trap was pulled to near the water surface and the cap
135 with the tube was replaced with an intact cap while still underwater. The closed HDPE bottle
136 was immediately transferred into a N₂-filled glovebag on board the boat. Once the glovebag had
137 been purged with N₂, the contents of the 1L bottle were decanted into a 1L glass media bottle
138 and sealed with a butyl rubber stopper and cap. Samples were transported and stored at 4°C.

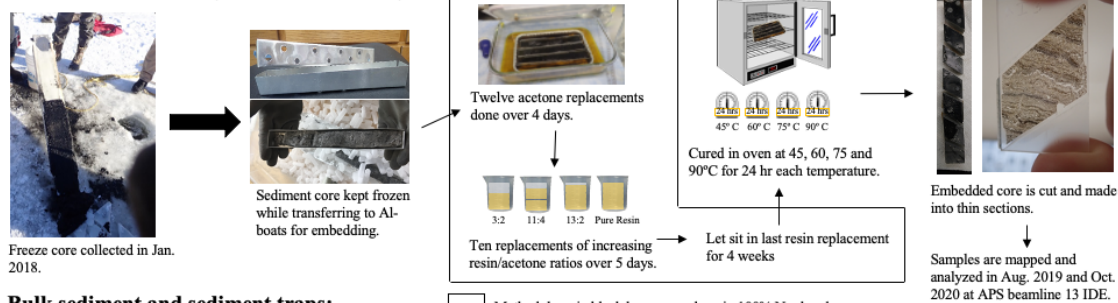
139

140 *Sample Preparation*

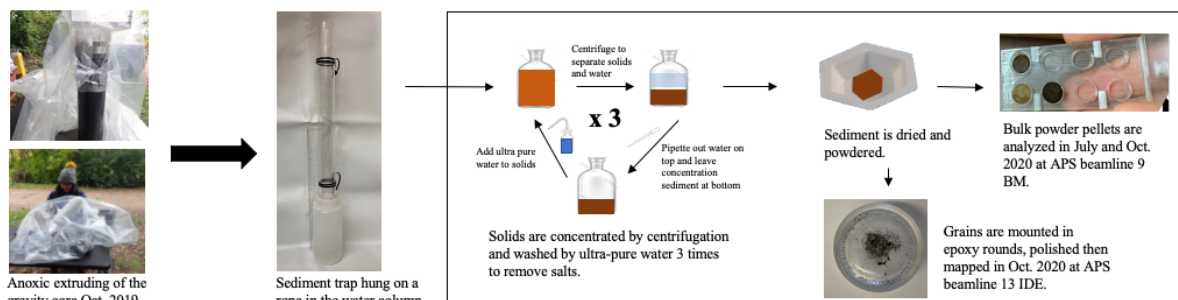
141 *Freeze core embedding and thin sectioning (BLI7 and BLI5)*

142 The workflow for embedding the freeze core and preparing thin sections is shown in **Figure 1**.
143 Aluminum trays were custom made to snugly fit three sections to be embedded to maintain the
144 original core shape. The enclosing aluminum trays had pre-drilled holes in the bottom of the
145 trays to allow fluid exchange modeled after previous studies (e.g. Francus and Asikainen 2001;
146 Röhrig and Scharf 2006; Jilbert et al. 2008) The trays had about 20-25% open surface area as
147 holes, which allowed for sufficient fluid exchange. Work up until this point was done outside of
148 the 100% N₂ glovebox but samples were kept on dry ice when not being handled to prevent
149 thawing and oxidation. The still-frozen cores were then transferred into a 100% N₂ hard-sided
150 glovebox (Vacuum Atmospheres). The three aluminum trays were then placed in a disposable
151 aluminum pan. This pan was then placed into a Pyrex cooking pan with a snap lid for
152 embedding.

Freeze core embedding and thin sectioning:



Bulk sediment and sediment traps:



153

154 **Figure 1:** Schematic of sample collection, preparation, and analysis. The freeze core was
155 embedded and thin sectioned for XRF mapping and microXANES. The gravity core and
156 sediment trap material were washed and dried and used for bulk XANES and/or embedded as
157 grain mounts for microXANES.

158 Dehydration of the samples was done via acetone replacements that began immediately once the
159 samples were in the glovebox and before cores began to thaw. Beforehand, glass 1 L media
160 bottles of acetone were made anoxic by bubbling with N₂ for 45 minutes under a fume hood.
161 These bottles were sealed with butyl rubber stoppers and screw caps and brought into the
162 glovebox. Anoxic acetone was slowly pipetted into the larger aluminum pan to fully submerge
163 the still-frozen core sections. The pan was sealed with a tightly fitting and acetone-compatible
164 snap cover between replacements. Replacements involved fully pipetting out the old acetone and
165 replacing it with new anoxic acetone at 9 am, 12 pm, and 3 pm for four consecutive days for a
166 total of 12 acetone replacements. Aside from the transfer of old and new acetone, the sediments
167 were always fully submerged to preserve fragile lamination of the sediment.

168 Immediately following the 12 acetone exchanges, 10 increasing ratios of resin:acetone exchanges
 169 began. Exchanges 1 through 3 had a resin:acetone ratio of 3:2, exchanges 4 and 5 had an 11:4
 170 ratio, exchanges 6 and 7 had 13:2, and exchanges 8 through 10 were pure resin. The epoxy resin
 171 was a 4-component mixture of Spurr's Resin consisting of Nonenyl Succinic Anhydride (NSA),
 172 Cycloaliphatic Epoxide resin (ERL), Diglycidal Ether of Polypropyleneglycol (DER), and
 173 Dimethylaminoethanol (DMAE) available from Electron Microscopy Sciences (**Table 2**). The
 174 embedding procedure closely followed other embedding protocols (e.g. Jilbert, 2008, Grimm
 175 1992, Lamoureux 1994, Pike and Kemp, 1996 and Lotter and Lemcke 1999). The four resin
 176 components, ERL, NSA, DER, and DMAE made up 35.7%, 51.4%, 12.5%, and 0.4% of the
 177 epoxy mixture, respectively. These components were freshly mixed gravimetrically in a plastic
 178 beaker under a fume hood before each exchange. If bubbles could be seen in the resin, beakers
 179 were put in a Polyvac vacuum impregnator (Presi GmbH) at 80 kPa for 15 minutes on the bench
 180 to remove air bubbles as they could release oxygen into the glovebox. Instead of three vacuum
 181 and evacuation cycles, the glovebox antechamber was deoxygenated by simultaneously
 182 evacuating and adding gas, but with just a slight vacuum such that automatic gas injections kept
 183 pace with the evacuation, ~2x per second. After 10 minutes, the epoxy was brought in with no
 184 significant change to the glovebox oxygen levels (<1 ppm).

Table 2. Epoxy components used for embedding of sediments and sediment trap material.

Brand	Epoxy Name	Components	Part Number
<i>Fluid replaced and thin sectioned freeze core (BLI7 and BLI5)</i>			

Electron Microscopy Sciences	Spurr's Resin	Dimethylaminoethanol (DMAE)	13300
		ERL 4221	15004
		DER 736	13000
		Nonenyl Succinic Anhydride Modified (NSA)	19050
<i>Grain mounts of sediment trap particulates (BL11)</i>			
Epoxy Technologies	Epo-tek	Kit Part A	301
		Kit Part B	301
<i>Grain mounts of sediment trap particulates and gravity-cored sediments (BL18to20, and BL28to30)</i>			
Buehler	EpoxiCure 2	Resin	20-3430-064
		Hardener	20-3432-016
		Release Agent	20-8186-004

185

186 Once in the glovebox, the four-component resin mixture was mixed in a plastic beaker with

187 measured anoxic acetone to create the appropriate resin/acetone mixture. In similar fashion to the

188 acetone replacements, the increasing ratios of resin/acetone mixture were carefully pipetted in

189 and out of the pan every 12 hours for a total of 10 exchanges over 5 days, again taking care to

190 keep all sediment submerged. The leftover resin/acetone mixture was put into a plastic beaker,

191 removed from the glovebox, and left in a fume hood to harden prior to disposal. After the final

192 resin exchange, special care was taken to assure all material was fully submerged with the 4-

193 component resin and the resin-covered sediments sat undisturbed to harden for 4 weeks in the

194 glovebox. After 4 weeks, the glass pan containing the hardened sediments was sealed with the

195 snap cover and removed from the glovebox and cured in an oven at temperatures of 45, 60, 75,

196 90°C for 24 hours each for a total of 4 days.

197 Following the curing, the three Al-trays were separated by cutting the embedded block between

198 each tray using a band saw, being careful to avoid cutting directly into the sediment and

199 potentially expose it to oxygen. The embedded sediment cores were transported to TPS

200 Enterprises for thin sectioning using no water during the cutting and polishing. The embedded

201 sediment core and subsequent thin sections were transported via sealed mylar bags with oxygen-
202 removing packets contained in the bag.

203 Thin sections and sediment blocks were maintained in the 100% N₂ glovebox or N₂-filled jars for
204 long-term storage. For transport to analytical facilities, the thin sections were heat sealed in
205 mylar bags in the glovebox with oxygen-removing packets.

206
207 *Bulk Sediment and Sediment traps (BL10pt5, BL11, BL18to20, and BL28to30)*

208 Sediment trap waters were pipetted into 50 ml media bottles sealed with butyl rubber stoppers
209 inside the glovebox and centrifuged outside the glovebox at 1700 rpm for 10 minutes to
210 concentrate solids. Higher speeds were avoided to prevent glass bottles from breaking. The
211 supernatant was removed using a pipette inside the glovebox, and more sample was added until
212 all the sediment from a 1L trap was concentrated in the small bottle. To remove salts, both the
213 sediment trap and gravity cored sediments were washed three times with anoxic 18.2 mΩ water,
214 centrifuged, and the wash water was removed by pipette. Water was made anoxic by
215 microwaving 1L in a glass media bottle to a near boil and then cooling under a N₂ stream and
216 sealing with a butyl rubber stopper and screw cap before bringing it into the glovebox.

217 Sediment porewater was extracted with Rhizon samplers (Rhizosphere Research Products) with
218 a pore size of 0.15 μm inside the glovebox (Islam 2022).

219 After washing or porewater extraction, the sediment or sediment trap material was dried inside
220 the glovebox or under the vacuum in the antechamber. Once dried, sediments were pressed into 7
221 mm pellets and loaded onto custom sample holders from the beamline using carbon tape. Sample
222 holders were then wrapped tightly in clingfilm with cardstock wedged between the sample
223 holder and the top lid to minimize movement of the pellets during sample transport. Sample

224 holders were heat sealed in mylar bags inside the glovebox with oxygen-removing packets for
225 transport to the synchrotron.

226 The sediment trap samples compared were from two different years and the collection depth
227 differed by 0.5 m. The samples are comparable as the monimolimnion water chemistry
228 conditions do not vary much from year to year (Lambrecht et al. 2018). Also, Mössbauer
229 spectroscopy results indicate that Fe mineralogy of sediment traps does not vary significantly
230 below the chemocline (Islam 2022).

231

232 *Epoxy Grain Mounts of sediments and sediment traps (BL10pt5 and BL18to20)*

233 To assess an additional epoxy preparation technique, the sediment trap sample (BL10pt5) and
234 gravity cored sediment sample (BL18to20) were embedded in epoxy ring molds inside the
235 glovebox using EpoTek for BL10pt5 and EpoxyCure™ 2 Resin and Hardener for the BL18to20.
236 Washed and dried sediments were sprinkled onto the bottom of silicon holders for 1-inch (2.54
237 cm) ring molds (Presi GmbH or Buehler). The two epoxy components were mixed outside the
238 glovebox and bubbles were removed in a Polyvac vacuum impregnator (Presi GmbH) at 80 kPa
239 for 15 minutes on the bench. The degassed epoxy was then brought into the glovebox using
240 simultaneous vacuum and degassing for 10 min to avoid disturbance of the epoxy with
241 subsequent purge cycles. The epoxy was poured into rounds and left to cure for >24 hours inside
242 the glovebox. Two different epoxies were used due to supply issues (**Table 2**).

243 After hardening, the sample surface of the epoxy grain mounts was polished inside the glovebox
244 using a small Dremel tool with a flat-top attachment with sandpaper or polishing papers glued on
245 the surface. Microgrit sandpaper was used to polish the grain mounts, starting with coarser
246 sandpaper and ending with very fine-grained sandpaper. The five sandpaper grits used were 240,

247 320, 500, 600, 800 and 1000 on the Coated Abrasives Manufacturing Institute (CAMI) scale, with
248 a higher number corresponding to a finger-grained sandpaper. The epoxy rounds were polished
249 until the surface showed a clear cluster of sample material with even distribution for ease of
250 analysis.

251

252 **X-ray Absorption Spectroscopy (XAS)**

253 *Bulk analysis*

254 Bulk sediment trap and gravity cored sediments were analyzed with XANES spectroscopy at the
255 Fe, Mn, and S k-edges at beamline 9-BM at the Advanced Photon Source of Argonne National
256 Laboratory. Samples were opened in a N₂-filled glovebag inside the hutch and transferred as
257 quickly as possible into the helium-filled sample chamber. Samples were analyzed in
258 fluorescence using a Vortex four element silicon drift detector. Energy was calibrated with an Fe
259 foil and the E₀ set to 7112 eV, and a Mn foil with E₀ set to 6539 eV. Fifteen to twenty sulfur
260 scans were collected and averaged for each bulk sample, and 3-4 scans were collected for iron,
261 and 5-10 scans for manganese. Channels were summed and deadtime corrected at the beamline.

262 *Microscale analysis*

263 Embedded thin sections and grain mount samples were opened inside a glovebag (90% N₂, 10%
264 H₂) at the laboratory of beamline 13-IDE at the Advanced Photon Source of Argonne National
265 Laboratory and transferred in glass jars to the sample chamber, which was encased in a helium-
266 purged bag. Individual areas of <1x1 mm were mapped using X-ray fluorescence (XRF) at 7200
267 eV for Fe and Mn and 2500 eV for sulfur on thin sections and grain mounts. Spots chosen for
268 microXANES at the Fe, Mn, and S K-edges based on the XRF maps.

269 All analytical files (spectra and maps) as well as additional analytical data are publicly available
270 and reusable (Swanner et al. 2022).

271

272 **Data Analysis**

273 *Iron and Manganese*

274 XANES spectra of bulk sediment measured at the Fe and Mn K-edges were averaged,
275 background subtracted, and normalized by linear regression through the pre- and post-edge using
276 SixPACK (Webb 2005). A principle component analysis was utilized to identify the distinct
277 spectra (“end-members”) from each mapped area (Mayhew et al. 2011; Swanner et al. 2019).
278 End-member microXANES at either the Fe or Mn K-edge of the embedded thin sections were
279 processed as individual files and averaged for each edge across all mapped areas to produce a
280 “bulk” spectrum from microscale analyses. The resulting individual and averaged files of Mn
281 and Fe were background subtracted and normalized using SixPACK. Pre-edge peak fitting was
282 done in XAS Viewer (Version Larch 0.9.58, <https://xraypy.github.io/xraylarch/>). A baseline was
283 fit to the pre-edge and initial edge jump region using a linear and Lorentzian model. One to two
284 gaussian peaks were fit to the pre-edge peak.

285 Published reference spectra were used for comparisons for Fe (O’Day et al. 2004) and Mn
286 (Manceau et al. 2012; Leven et al. 2018).

287 *Sulfur*

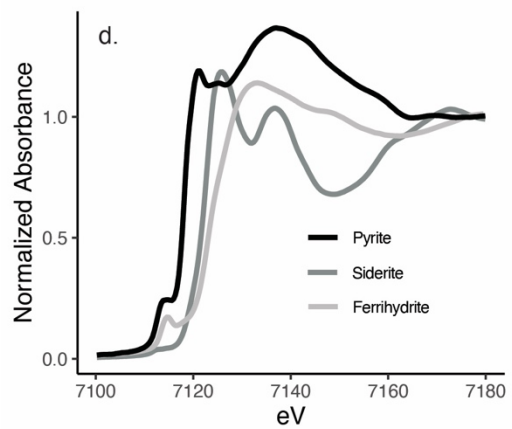
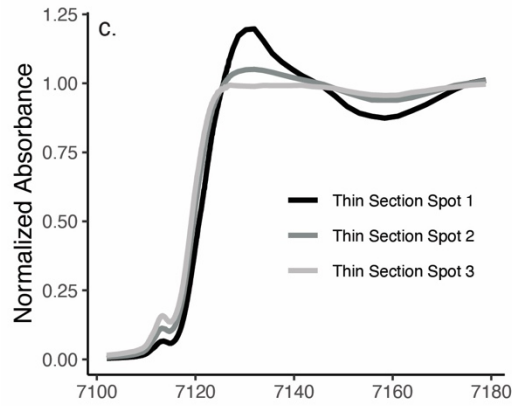
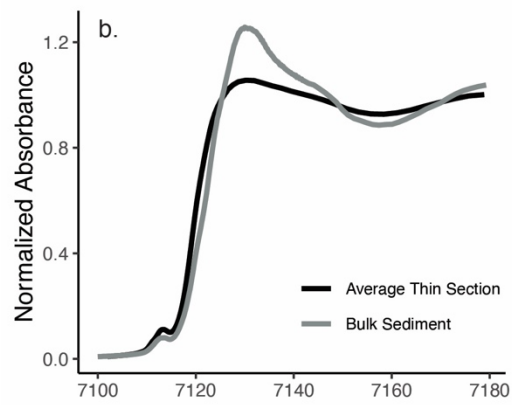
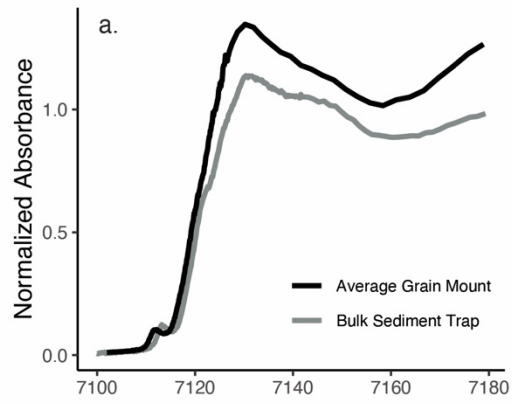
288 Sulfur XANES spectra were processed in Athena (Ravel and Newville 2005) by fitting a
289 polynomial to the pre- and post-edge regions and normalizing the edge jump to 1.0. Peak fitting

290 using gaussian curves and arctangent functions was performed in the 2465 to 2485 eV region of
291 the spectra to identify major components by their characteristic peak energies.

292 **Assessment**

293 We assessed if our modified methodology of embedding sediment cores and sediment trap
294 particulates under oxygen-free conditions could successfully maintain the oxidation state and *in*
295 *situ* mineralogy of Fe, Mn, and S within chemically precipitated minerals forming in a
296 meromictic lake. To test this, the Fe, Mn, and S speciation from the embedded thin sections and
297 embedded grain mount samples were compared to the non-embedded homogenized sediment
298 trap and gravity-cored sediment analyzed in bulk from similar locations within Brownie Lake.
299 Our assumption was that the bulk samples that were not embedded would best preserve both
300 oxidation state and mineralogy because they were the least processed (e.g., due to acetone
301 dehydration or potential chemical reaction with epoxy during the embedding process, or through
302 oxygen exposure during thin section preparation and polishing). The ability to maintain both
303 redox and spatial structure in preparation techniques would be advantageous relative to bulk
304 analysis because it would allow for microscopic work, mapping, and identification of less
305 abundant minerals.

306 To assess whether oxidation state of Fe was preserved we fit the pre-edge peaks of the bulk
307 sample spectra and the averaged microXANES spectra from end-members of the mapped areas
308 on the embedded thin section or grain mount of sediment trap particulates (**Figure 2**). For the
309 sediment samples, the averaged spectral pre-edge peaks from BLI7 and BL18to20 were fit with
310 two Gaussians each (**Table 3**). A t-test of the centroid positions resulted in a two-tailed p value
311 of 0.4965. This indicates that there is no difference in the oxidation state of sediment samples
312 prepared as thin sections to the bulk samples that were not embedded.



314 **Figure 2:** Iron XANES results. A. The average microXANES from end-member spectra on a
 315 grain mount of sediment trap samples and the bulk XANES of that sample. B. The average
 316 microXANES from end-member spectra on a thin section of sediments and the bulk XANES of
 317 that sample. C. End-member microXANES spectra from the thin sectioned sediment in B
 318 compared to D. the spectra of reference materials. The oxidation state of Fe in the pyrite (Fe-
 319 sulfide) and siderite (Fe-carbonate) standards is 2, while it is 3 in the ferrihydrite (Fe-oxide;
 320 O'Day et al. 2004).

321
 322 The sediment trap sample pre-edge peak fits used only one Gaussian, as additional Gaussian
 323 peaks did not improve the χ^2 . However, the centroid energies of the two sample types were
 324 separated by more than 1 eV, indicating that Fe in BL10pt5, the bulk sample, was more oxidized
 325 than in the embedded sample. This difference in oxidation state is likely a result of the targeting
 326 of Fe-rich particles for microXANES, which may have a slightly different speciation than
 327 particles in which iron is less concentrated than in oxides or sulfide. In lakes this could include
 328 clays with oxidized iron (Björnerås et al. 2021). Mössbauer analyses of the sediment trap
 329 samples from Brownie Lake indicated that about 40% of iron in sediment traps was present in
 330 Fe(II) and Fe(III) bearing clays (Islam 2022). These minerals may not have been targeted in
 331 microXANES of Fe-rich grains but would contribute substantially to the bulk Fe signal of
 332 sample BL10pt5. It is unlikely that acetone solubilized any iron minerals from the embedded
 333 sediments, as iron minerals are generally dissolved with acids rather than organic solvents
 334 (Poulton and Canfield 2005).

335 **Table 3.** Fe K-edge pre-edge characteristics and standard deviations for Brownie Lake samples.

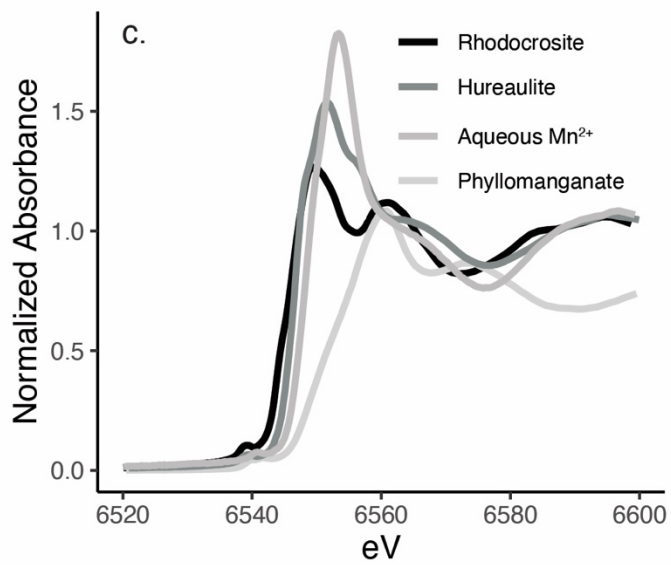
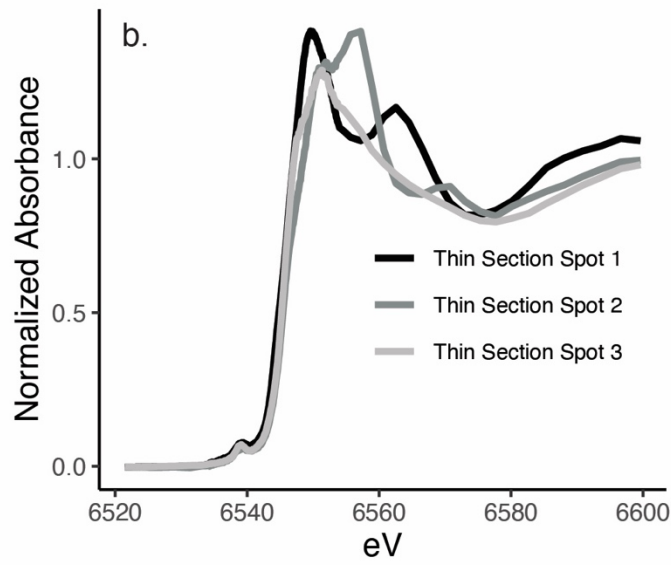
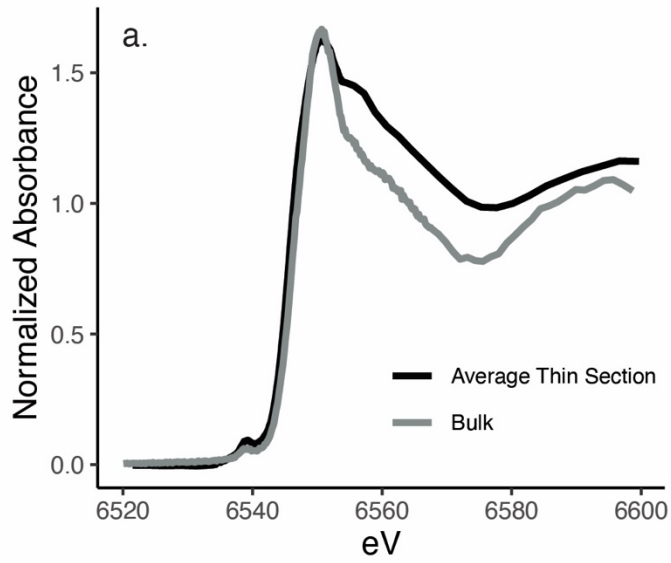
Sample	Height	Position (eV)	FWHM (eV)	Area	Total Area	Centroid (eV)	χ^2
BLI7	0.056±0.000	7113.01±0.01	2.71±0.02	0.162±0.002	0.187±0.028	7112.74±0.07	1.74x10 ⁻⁵
	0.013±0.000	7110.96±0.03	1.72±0.05	0.025±0.002			

BL18to20	0.032±0.006	7112.50±0.31	2.99±0.28	0.103±0.029	0.121±0.038	7112.68±0.02	6.81x10 ⁻⁶
	0.008±0.010	7113.71±0.11	2.00±0.49	0.018±0.025			
BL11	0.055±0.002	7112.01±0.02	2.58±0.08	0.151±0.001	0.151±0.001	7112.01±0.02	9.57x10 ⁻⁴
BL10pt5	0.068±0.001	7113.37±0.02	2.56±0.05	0.184±0.006	0.184±0.006	7113.37±0.02	1.53x10 ⁻⁴

336

337 For Mn, the E⁰ of the bulk averaged spectrum was 6546.07 eV and the average E⁰ of the thin
338 section end-member spectra was 6546.05 eV (**Figure 3**). This indicates that Mn is in the same
339 oxidation state in embedded samples as in bulk sediment, as Mn²⁺ (Manceau et al. 2012). Slight
340 differences in speciation may also reflect targeting of more Mn-enriched regions for
341 microXANES as compared to bulk analysis. The end-member Mn XANES of the sediment
342 sample had a similar pre-edge peak to Mn-carbonate and peak shapes like aqueous Mn²⁺ and
343 lacked the energy shift characteristic of an oxide (**Figure 3c**). These results indicate that the
344 oxidation state of both Fe and Mn was preserved in all samples during embedding and was likely
345 Mn²⁺.

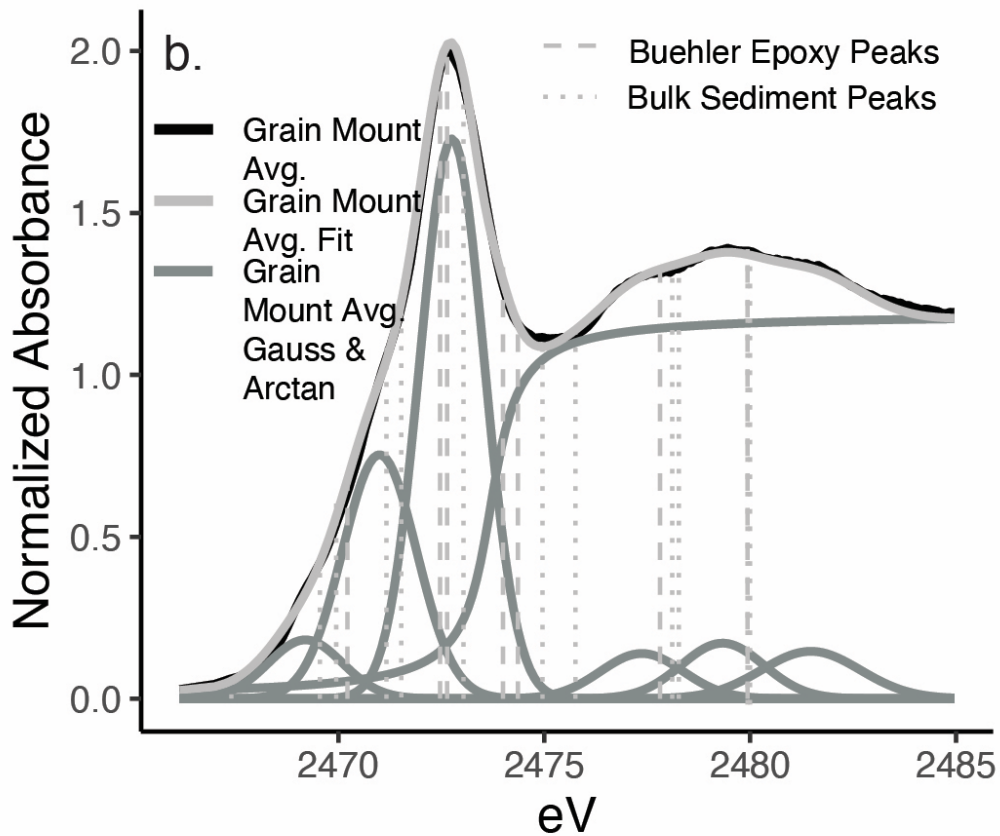
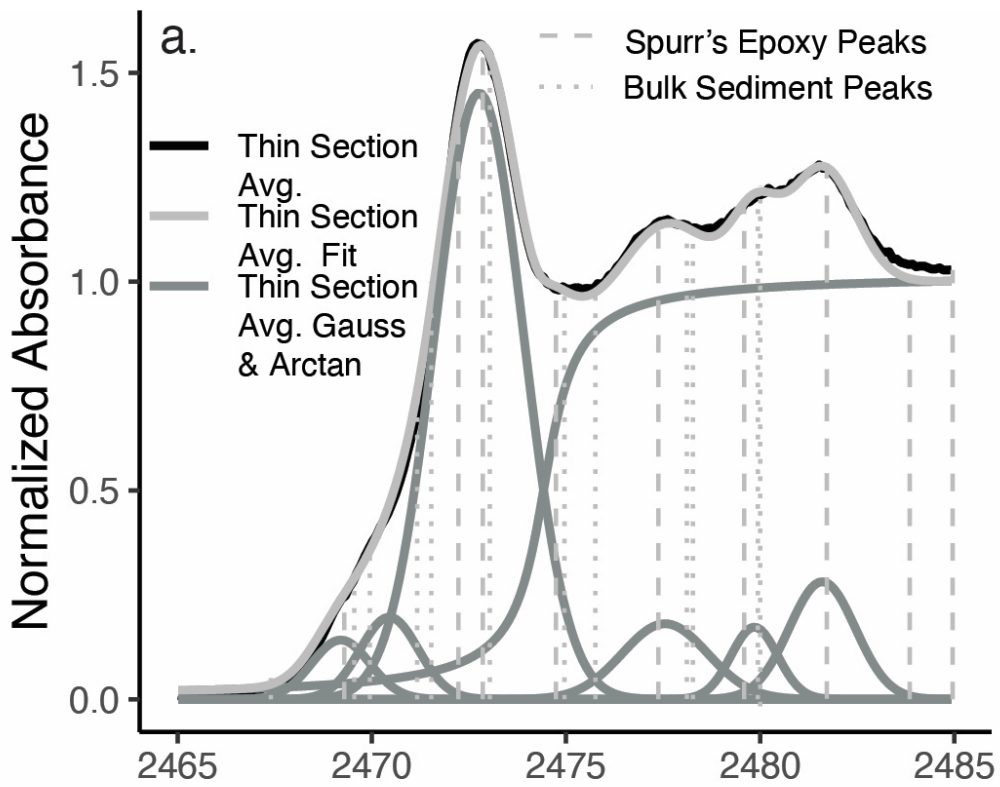
346



348 **Figure 3:** Manganese XANES results. A. The average XANES from end-member spectra on a
349 thin section of sediments and the bulk XANES of that sample. B. The average microXANES
350 from end-member spectra of the thin sectioned sediment in A compared to spectra of reference
351 materials. Manganese in rhodocrosite (Mn-carbonate) and hureaulite (Mn-phosphate) has an
352 oxidation state of 2, while the average oxidation state of the phyllomanganate is 3.66 (Manceau
353 et al. 2012).

354

355 To assess what S species were contained by the epoxies, XANES spectra were collected on an
356 area of the thin section or grain mount with epoxy with no sample. Sulfur contamination in the
357 Epo-Tek epoxy was not assessed in this study, but it has been used for microscale quantification
358 of sample S with no problems (Reid et al. 2016). For thin sections, the Spurr's resin was fit with
359 seven gaussian peaks, with the largest ones at 2472.82, 2477.55, and 2481.72 eV. The Buehler
360 EpoxiCure 2 epoxy used in grain mounts of gravity-cored sediments (*BL28to30*) was fit with five
361 gaussian peaks. It had two prominent S peaks near 2472 eV, a broad one at 2472.47 eV, and a
362 narrower one at 2472.66 eV (**Figure 4**). A common S contaminant in both epoxies is likely a
363 diphenyl disulfide (2472.7 eV), which has an oxidation state of S²⁻ (Almkvist et al. 2010). Such
364 compounds increase the mechanical and thermal strength of epoxies (Tsai et al. 2020). The last
365 contaminant peak in Spurr's resin is consistent with sulfonate or sulfite ester (Almkvist et al.
366 2010), which can be components of epoxies.



368 **Figure 4:** Sulfur XANES results. A. The averaged microXANES of the thin section end-
369 members. Gaussian peaks and an arctangent are used to produce the fit. Peak energies of
370 Gaussian functions used to fit the Spurr's resin used for embedding and the same sample
371 analyzed in bulk with no preparation are plotted as vertical dashed and dotted lines. B. The
372 averaged signal from averaged microXANES of the grain mount endmembers of gravity cored
373 sediment. Gaussian peaks and an arctangent are used to produce the fit. Peak energies of
374 Gaussian functions used to fit the Buehler Epoxicure resin used for embedding and the same
375 sample analyzed in bulk with no preparation are plotted as vertical dashed and dotted lines.
376
377 The average spectra of endmember microXANES of the thin section was fit with six Gaussian
378 peaks (**Figure 4a**). Four of these are attributable to sulfur from the Spurr's resin (2469.2,
379 2472.76, 2477.5 and 2481.6 eV). The remaining peaks (2470.45, 2479.85 eV) are attributable to
380 an inorganic monosulfide, likely FeS, which has two peaks near these energies (Bostick et al.
381 2005; Swanner et al. 2019). Several peaks from 2473 through 2475 in the bulk spectrum may
382 represent pyrite, elemental S, or organic disulfides/thiols (Bostick et al. 2005; Almkvist et al.
383 2010). These are absent in the thin section. Elemental S and some organic S may have been
384 solubilized during repeated acetone washes. There is no inorganic sulfate peak in the thin
385 section, which would be expected upon FeS oxidation (Burton et al. 2009). This suggests the S
386 did not become oxidized during thin section preparation. However, a peak at 2467.4 eV is
387 present in the bulk sample but absent in the thin section. This peak is not readily identifiable, but
388 likely represents some reduced phase, which may not have been stable during preparation, either
389 due to solubilization with acetone or reaction with epoxy. Iron sulfides are usually only
390 solubilized under acidic conditions (Poulton et al. 2004). Another possibility is that the organic S

391 species were dispersed at low abundance within the sample and were not analyzed by
392 microXANES because they did not appear as S enriched particles in XRF mapping.
393 The grain mount sediment sample shared only one of the seven S peaks with the Buehler
394 Epoxicure 2, at 2472.64 eV. The grain mount samples are thicker than the 30 micron thin
395 sections, which may expose the sample more thoroughly for analysis due to less epoxy
396 permeation, but suffers from greater self-absorption effects. The grain mount shared a peak at
397 2469.55 eV with the bulk sediment, and also had a peak at 2471 eV, likely iron monosulfides,
398 which have been detectable in grain mounts before (Swanner et al. 2019). The grain mount had a
399 peak at 2481.24 eV, which was not detected in the bulk or epoxy, but could indicate sample
400 oxidation. Two other peaks between 2475 and 2480 eV were not present in the bulk sample,
401 which could indicate a reaction between organic S in the sample and the epoxy. The 2467.4 eV
402 peak from the bulk sample was also absent in the grain mount, suggesting it is not stable for
403 either type of embedding method.

404

405 **Discussion**

406 These results indicate that preservation by freezing or maintenance of oxygen-free conditions
407 and embedding in an anoxic chamber was sufficient to prevent oxidation of Fe and Mn minerals.
408 Keeping the core frozen during the initial preparation was unique to this study as other protocols
409 transferred sediment into the Al-trays using soft or unconsolidated sediment and pushing Al-
410 trays into an ambient temperature sediment core (Francus and Asikainen 2001; Röhrig and
411 Scharf 2006; Jilbert et al. 2008).

412 The ability to perform XRF and microXANES on discrete micron-scale area of embedded thin
413 sections was a strength of this technique for Fe minerals, as minerals that may be in low overall

414 abundance but were relatively enriched in Fe, such as Fe-sulfides, were not identifiable in the
415 bulk XANES spectra. This was less apparent for Mn, and the good agreement between bulk and
416 microXANES likely reflects the lower amounts of Mn in the samples as compared to Fe, such
417 that all Mn minerals were detected.

418 The embedding protocols had a major limitation for S, which was the presence S contaminants in
419 epoxy. This may be mitigated with the use of a S-free epoxy (Swanner et al. 2019). Another
420 limitation was that dehydration of samples with acetone may have removed elemental S and/or
421 organic S species. If spatially resolved analysis of S species is desired, embedding particles
422 directly vs. after acetone dehydration is preferable. However, peaks may have shifted in the grain
423 mounts from the original sample and are suggestive of a reaction between organic S species and
424 epoxies. A final limitation was that S in less concentrated forms such as organic material are
425 well-dispersed in samples and may be hard to target from XRF maps, which tend to highlight S-
426 enriched areas for further analysis. A benefit of the embedding was that Fe-sulfide minerals that
427 were in low abundance and not easily discernable from the bulk XANES were visible with XRF.

428 Embedding of laminated sediments also provides an alternative to manually separating distinct
429 laminations for bulk analysis (Bostick et al. 2005).

430 The methodology described here is time-consuming, expensive, and requires specialty
431 equipment. Freeze coring requires constructing or renting specialty equipment, handling of
432 hazardous materials in the field, and maintaining samples on dry ice or in a -80°C freezer.

433 Planing and cutting the frozen cores required specialty tools and took training as frozen cores
434 were brittle. Custom aluminum holders had to be fabricated for each core section by a machinist
435 to keep cores intact. The embedding procedure required a schedule of exchanges and large
436 quantities of acetone and epoxy. A hard-sided glovebox was required, as the material used in

437 soft-sided glovebox walls would react with acetone. Charcoal filters were employed in-line on
438 the catalyst fan to remove acetone from the glovebox, and prior to venting the glovebox acetone
439 to the room. The glovebox therefore required a ventilated space. Despite these measures, one
440 tank of N₂ was pumped through the glovebox at the end of the procedure to purge acetone vapors
441 from the box, which were evident by the smell of the vented air. The pump on the glovebox
442 required maintenance for O-rings and pump oil after this procedure to mitigate damage from
443 acetone.

444 It is recommended to have a custom fit of aluminum boats to sediment cores, as once they thaw
445 can become quite ‘mushy’ and risk losing their spatial information. Sediment cores were frozen
446 upon insertion into Al-boats unlike previous methodologies, and therefore the cores did not take
447 up the full boat capacity due to irregularities (see Figure 1). If the procedure for embedding
448 involves the “cheese cutter” style of pushing Al-foil trays into unfrozen sediment modeled by
449 other studies, it should be performed under anoxic conditions. We found our method had
450 successful fluid flow during replacements and embedding stages with only ~20-25% of open
451 surface area via holes at the bottom of the aluminum trays containing the sediment cores rather
452 than the previously recommended 50%. Acetone replacements should begin as the core begins to
453 thaw otherwise spatial information could be lost.

454 Some procedural limitations were that acetone leaked or wicked out of the doubly and triply
455 stacked Al pans into the glass pan. During acetone dehydration this was mitigatable by keeping
456 sufficient acetone in the pan to account for this wicking action and maintain the liquid level.
457 However, once resin was used, resin also leaked out of the Al pans into the glass pan. This
458 effectively hardened the Al pan to the glass pan upon drying, making it difficult to extract the
459 embedded sections for thin sectioning. It could help to change to a fresh glass pan periodically to

460 prevent hardening, especially before curing, or to line the glass pan with aluminum foil before
461 curing.

462 The fundamental flaw of the embedding methodology for sulfur is in the presence of sulfur
463 contaminants. The Epotek 301 A/B epoxy does not contain sulfur (Reid et al. 2016), while the
464 Buehler Epoxicure 2 and Spurr's resin do. Araldite 2020 A/B epoxy was used for grain mounts
465 of iron sulfides in a previous study and did not have sulfur contamination (Swanner et al. 2019).
466 However, this epoxy has limited distribution, for instance, it is not available in the United States.
467 Epotek comes in one pound packaging, but to avoid a small order surcharge, five pounds must be
468 ordered. This means that Epotek epoxy is only a good option for large embedding projects, as the
469 epoxy also expires within 1-2 years of purchase. This presents a limitation of finding a reliable
470 supplier of a sulfur-free epoxy.

471 The other problem with Epotek 301 A/B and Araldite 2020 A/B is that they have not been used
472 with acetone dehydration and it is unclear if these S-free epoxies would be amenable to
473 embedding sediment cores. When asked, Epoxy Technologies would not provide information
474 about the miscibility of Epotek 301 A/B with acetone or ethanol. Another issue is that the S-free
475 epoxies are two component epoxies, with one component being the hardener, and they harden
476 relatively quickly (hours to days) after being mixed. In this regard, the temperature curing
477 Spurr's resin is preferable for embedding sediment cores as it can move through the sediment
478 fully as a liquid before hardening. Further experimental work would be required to test the
479 suitability of these S-free epoxies for embedding sediment cores.

480 The analytical procedures used here were performed at a national lab and time was awarded
481 competitively from a proposal. XAS is just one analytical possibility, and these samples may also
482 be amenable to other techniques. Despite the costs in time and money, the embedding techniques

483 did allow for spatially resolved speciation of Fe, Mn, and S. Depending on the end user's needs,
484 this methodology could be further adapted to the equipment and resources available at the home
485 institution.

486

487 **Application**

488 The literature addressing laminated sediments as paleoclimate and palaeoecological archives is
489 the source of the coring and embedding techniques that form the basis for the methods described
490 in this paper (Saarnisto et al. 1977; Lotter and Lemcke 1999). As laminated sediments are
491 deposited under anoxic conditions, they can also contain information about climatic or water
492 chemistry transitions within the minerals that precipitate within the water column and deposit to
493 sediments, or within the sediments themselves. Such minerals often contain the most abundant
494 rock-forming and redox-active elements Fe, Mn, and S. While previous work has documented
495 the utility of embedding sediment cores under anoxic conditions in a glovebox to preserve
496 elemental abundances (Jilbert et al. 2008), our work specifically addresses the potential for such
497 an embedding approach to retain the original oxidation state and mineralogy of the major redox-
498 active elements Fe, Mn, and S. We demonstrate that such an approach has utility for preserving
499 the spatial information of oxygen-sensitive samples that are often homogenized for redox
500 speciation analysis (Zeng et al. 2013; Herndon et al. 2018).

501 While we demonstrate the application of the described embedding techniques on laminated lake
502 sediments, the methodology could also be applied to other sedimentary material when preserving
503 the oxidation state, elemental speciation, mineralogy, and spatial arrangement of soft sediment is
504 required. Such studies are likely engaged in linking the inventory of redox-active elements and
505 minerals to the overlying water chemistry in the case of lacustrine and marine sediment.

506 Laminations also occur in unlithified marine sediment cores and can inform changes in
507 circulation or ventilation of the overlying water. Wetlands are biogeochemical hotspots and
508 sediments and can contain multiple redox species of Fe, Mn or S (Zeng et al. 2013). Although
509 not laminated, wetland sediments could still record changing conditions through time. Other
510 types of material could include soils or unconsolidated sediments, particularly in the saturated to
511 vadose zone transition, that are expected to contain horizons that record redox fluctuations
512 (Marafatto et al. 2021). Microbial mats are relatively organic-rich, but can also contain redox
513 zonation (Engel et al. 2007), and may be amenable to embedding (Iniesto et al. 2015).

514

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526

527 **Data Availability Statement**

528 Data used in this study is available in a public repository. Swanner, E. D., R. Islam, G. Ledesma,
529 C. Wittkop, S. Akam, E. Eitel, S. Katsev, B. Johnson, S. Poulton, and A. Bray. 2022.
530 Geochemical data from sediments and porewaters from ferruginous and meromictic Brownie
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