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1 **The Ocean Heat Anomaly Budget in ECCOv4: Spatial and Temporal Scale**

2 **Dependence**

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## ABSTRACT

6 Variation in upper ocean temperature is a critical factor in understanding global climate vari-  
7 ability. Similarly, knowledge of temperature variability in specific ocean regions is crucial to  
8 understanding global and regional climate change. The processes controlling regional variations  
9 in ocean heat content (forcing, advection and mixing) differ in relevance depending on region and  
10 time scale. In the present study, temperature anomaly budgets were described using the ECCOv4  
11 ocean state estimate to describe the balance between atmospheric forcing and ocean transport  
12 mechanisms for different basins and oceanic regions and at varying temporal and spatial resolu-  
13 tions. Considering the area-integrated budget for the Atlantic, Pacific and Indian Ocean basins,  
14 anomalies in temperature tendency are driven by atmospheric forcing (i.e., sea surface heating).  
15 When the contributions of budget terms are spatially resolved, there is a latitudinal pattern where  
16 the advection term is most important towards the equator, while forcing becomes increasingly  
17 relevant at higher latitudes. However, there are also basin-specific differences affecting which  
18 term governs regional budgets. Once sub-basin variation is resolved, the balance between heat  
19 budget terms is not particularly sensitive to the scale of spatial aggregation at which the budget  
20 is determined. Temporal aggregation shows that atmospheric forcing is more important at short  
21 timescales, while at long timescales advection becomes the principal term that determines vari-  
22 ability. The linearization of the advective term illustrates that ocean heat variability is due to  
23 anomalies in circulation, while anomalies in temperature fields effect focused regions and become  
24 more relevant on interannual timescales.

## 25 **1. Introduction**

26 Earth's oceans play a critical role in regulating the global climate system (Bigg et al. 2003; von  
27 Schuckmann et al. 2016). Ocean temperature observations over the last sixty years have shown  
28 that the oceans have been warming (Gregory et al. 2004; Levitus et al. 2005; Pierce et al. 2006;  
29 Levitus et al. 2012). The majority of the Earth's total energy uptake during recent decades has  
30 occurred in the upper ocean (Liang et al. 2015). Global heat uptake in the upper 300 m of the ocean  
31 is estimated to have increased during recent decades by  $(1.0 \pm 0.1) \times 10^{22}$  J. Oceans respond to  
32 climate change by acting as a critical sink of excess atmospheric and land-based heat resulting from  
33 greenhouse gases, and therefore tremendous amounts of heat have been absorbed by the ocean, by  
34 some estimates more than 90% of excess heat resulting from anthropogenic warming (Barnett et al.  
35 2001, 2005; Pierce et al. 2012; Trenberth et al. 2014). This extra heat results in thermal expansion  
36 contributing to global sea level rise (Church et al. 2013).

37 While, on a global scale, oceans act primarily as a heat sink, heat is also redistributed within  
38 and released from the oceans, thereby impacting atmospheric temperatures and the global climate  
39 system (Bigg et al. 2003). Ocean heat redistribution determines how effectively oceans can store  
40 excess heat due to anthropogenic warming, and played a key role in the 1998-2012 global warming  
41 hiatus (Yan et al. 2016; Liu and Xie 2018). In addition, the distribution of excess heat can have  
42 important implications for sea ice (Carmack et al. 2015) and marine-terminating glaciers (Holland  
43 et al. 2008; Straneo and Heimbach 2013) as well as deep water formation (Robson et al. 2016;  
44 Jackson et al. 2016; Menary et al. 2016). Therefore, an understanding of oceanic redistribution  
45 mechanisms is important for evaluating the ocean's capacity for attenuating anthropogenic warming  
46 by storing excess heat and will enable better predictions in global and regional climate change  
47 (Keenlyside et al. 2008; Robson et al. 2012; Roberts et al. 2016).

48 The heat transfer mechanisms that are responsible for absorption and distribution of heat within  
49 the ocean vary in time and space. Variability in heat content for a given region is due to local  
50 forcing (represented primarily by solar radiation and heat exchange at the air-sea interface) and  
51 transport through advection and mixing (i.e., diffusion). Thus, for any given ocean region, the  
52 change in temperature over time is the sum of any change due to forcing (e.g., increased heat flux  
53 from the atmosphere), heat flux from advection, and heat flux from diffusion.

54 Of particular interest has been the relative importance of surface heat flux (SHF) versus ocean  
55 dynamics in determining temperature variability in the upper ocean. Atmospheric-driven SHF has  
56 a dominant imprint on sea surface temperature (SST) anomalies at diurnal to seasonal timescale  
57 (Gill and Niller 1973). Correlations between monthly anomalies of SHF and SST tendency suggest  
58 that SST variations over the North Atlantic and Pacific basin are predominantly controlled by  
59 atmospheric variations (Cayan 1992). Similarly, a coupled atmosphere-ocean model demonstrated  
60 the dominant role of the atmosphere in SST-SHF coupled variability over the extratropics (von  
61 Storch 2000). The explanation of the dominant role of the atmosphere in driving ocean variability  
62 can be drawn from stochastic climate models (Hasselmann 1976) which assume that stochastic  
63 forcing is only relevant in the atmospheric component and, due to its thermal inertia, the oceanic  
64 component responds to high-frequency variability (i.e., atmospheric-driven SHF), resulting in  
65 low-frequency variability in SST.

66 By utilizing the stochastic model derived by Hasselmann (1976) and describing the temporal  
67 relationship between SST and SHF (i.e., the lead-lag correlation between SHF, SST and its ten-  
68 dency), a series of studies have suggested that for much of the extratropical regions of the global  
69 ocean, SST variability is primarily a function of atmospheric-driven SHF (e.g., von Storch 2000;  
70 Wu et al. 2006). Bishop et al. (2017) revised the SHF-SST connection using updated observational  
71 datasets of SST and SHF that are higher in resolution. They report that SST variability is driven by

72 ocean dynamics in the western boundary currents (WBCs) and the Antarctic Circumpolar Current  
73 (ACC). Instead of the lead-lag correlations between SST and SHF, Small et al. (2019) decomposes  
74 the latent heat flux (as the major component of SHF) into ocean-driven (i.e., SST) and atmosphere-  
75 driven (i.e., wind and humidity) parts. To describe the contribution of each variable to the total  
76 variability of latent heat flux, regression coefficients were mapped to reveal SST as the dominant  
77 driver in the eastern tropical Pacific and mid-latitude ocean frontal zones such as the WBCs. Wind  
78 was found to be dominant in the subtropics and the tropical Indian and Atlantic Ocean while  
79 humidity was mostly relevant in the higher latitudes.

80 Bishop et al. (2017) and Small et al. (2019) described only SST variability. The role of ocean  
81 dynamics in heat redistribution is likely to differ when considering a specific depth layer (i.e.,  
82 depth integrated ocean heat content) versus just the ocean surface. Variability in SST covaries with  
83 temperature within the mixed layer (Alexander and Deser 1995), but it remains unclear how SST  
84 and the upper ocean (e.g., upper 100, 500 or 700 m) covary, and it is expected that the depth of  
85 covariation is not the same between different regions of the ocean.

86 Roberts et al. (2017) described the global ocean heat budget using observationally-based tem-  
87 perature products and SHF based on atmospheric reanalysis, looking at both the mixed layer and  
88 full-depth heat content. Similar to Bishop et al. (2017), they observe heat transport convergence  
89 as the dominant term in the mixed layer heat budget for regions of strong ocean currents (e.g., the  
90 equator, WBCs and ACC). Besides relatively constrained regions where local air-sea heat fluxes  
91 dominate, for extensive regions of the Pacific and Atlantic, ocean dynamics are a relevant compo-  
92 nent in explaining heat content variability in the mixed layer. For the full-depth budget, ocean heat  
93 transport convergence dominates variability with the exception of deep convective sites. Since the  
94 analysis was observation based, Roberts et al. (2017) did not explicitly describe ocean transport  
95 terms but instead estimated the contribution of transport convergence as a residual.

96 In addition to observation-based analyses, ocean models can be used to study transport mech-  
97 anisms explicitly and determine the relative importance of each for a particular region, depth or  
98 time. For example, Doney et al. (2007) used an ocean hindcast model to assess the contribution  
99 of mechanisms that govern interannual changes in global ocean temperature for the period 1968 to  
100 1997. Regressing each heat budget term on the net annual heat storage anomaly, integrated over the  
101 upper 400 m, revealed a dominant role for advective heat convergence in the tropics, while SHF is  
102 only relevant in some mid- and high-latitude regions where temperature variability is controlled by  
103 both SHF and advective heat convergence. Grist et al. (2010) presented results for the upper 500 m  
104 and full-depth temperature variability in the North Atlantic using an eddy-permitting ocean model.  
105 Their approach suggested a dominant role for advection in the subpolar and subtropical North At-  
106 lantic, while a notable contribution to temperature variability by SHF (i.e., roughly half) is present  
107 only in the tropical North Atlantic, which is contradictory to Doney et al. (2007). This apparent  
108 discrepancy could be attributed to differences between the climate models used in each study, or  
109 how the budgets were resolved (gridded regression in Doney et al. (2007) versus area-integrated  
110 budgets in Grist et al. (2010)).

111 Small et al. (2020) analysed gridded heat budget analysis for both the upper 50 and 400 m in  
112 a low- ( $1^\circ$ ) and high-resolution ( $0.1^\circ$ ) climate model to describe the contribution by advective  
113 convergence versus atmospheric forcing to the total ocean heat content variability. Using the same  
114 regression method they confirm findings by Doney et al. (2007) for the upper 400 m with the  
115  $1^\circ$  resolution model. Considering only the upper 50 m, which can be regarded as comparable to the  
116 mixed-layer heat content presented in Roberts et al. (2017) and strongly correlated with SST, Small  
117 et al. (2020) identifies only the eastern tropical Pacific and Atlantic where ocean heat transport  
118 is relevant in the low-resolution model. However, they show that ocean transport is much more  
119 relevant in the high-resolution model compared to the low-resolution model. For the upper 50 m,

120 heat content tendency is dominated widely by intrinsic ocean variability and only in the subtropics  
121 and higher latitudes of the Pacific is atmospheric forcing relevant. The upper 400 m heat content  
122 budget is almost entirely driven by variability in advective heat convergence in the high-resolution  
123 simulation.

124 A series of studies showed that the balance between atmospheric forcing and forcing by ocean  
125 dynamics depends on the spatial resolution (Kirtman et al. 2012; Bishop et al. 2017; Small et al.  
126 2019, 2020). By using spatial smoothing, Bishop et al. (2017) show that the importance of  
127 ocean-driven variability decreases with increasing spatial scale. This suggests that ocean-driven  
128 variability is mainly represented by small-scale features such as eddies. The spatial dependence  
129 was further confirmed in climate models for the relationship between SST and SHF (Small et al.  
130 2019) and for the upper ocean heat budget (Small et al. 2020). Similarly, there is a dependence on  
131 the temporal scale. While for monthly to seasonal anomalies atmospheric forcing is the dominant  
132 term, ocean dynamics becomes more important in establishing interannual and decadal variations  
133 in SST and upper ocean heat content (Buckley et al. 2014, 2015). The time scale at which a switch  
134 occurs from atmospheric- to oceanic-driven scenario is regionally dependent (Buckley et al. 2015).  
135 By using a low-pass filter Bishop et al. (2017) show that importance of ocean-driven variability  
136 increases with increasing time scale. Small et al. (2019) expands the time-dependency to sub-  
137 monthly variability and show that the ocean-driven signal becomes relevant in the WBCs for time  
138 scales longer than 5 days.

139 Most observation-based analyses of temperature variability have been focused on the sea surface  
140 for which satellite data provides sufficient spatial and temporal resolution. Representing temper-  
141 ature variability below the surface is challenged by spatial and temporal bias due to incomplete  
142 coverage by historical observations. Ocean and climate models have been applied to run hindcast  
143 simulations in order to have a complete representation of ocean temperature variability and of the



144 underlying mechanisms driving this variability. However, these hindcast simulations are usually  
145 unconstrained and key variables of the model output (e.g., SST, SSH) are only compared with  
146 available observations post-simulation to assess fidelity. An ocean model that assimilates ocean  
147 observations as part of the simulation can be considered the “best of both worlds” by bringing  
148 historical observations and a physically consistent representation of ocean processes together to  
149 describe temperature variability within the ocean.

150 In this paper, we conduct an investigation of the drivers of variability in ocean heat content using  
151 the Estimating the Circulation and Climate of the Ocean consortium (ECCO) state estimate. The  
152 third release of version 4 (ECCOv4) provides a physically consistent ocean state estimate covering  
153 the period 1992-2015. Its solution is the output of the Massachusetts Institute of Technology  
154 general circulation model (MITgcm) assimilated to available observations for the period 1992 to  
155 2015, which has been thoroughly assessed and found to be a coherent and accurate representation  
156 of the ocean state (Forget et al. 2015). In addition to providing closed tracer budgets, ECCOv4  
157 offers detailed diagnostic information about the simulation, making it possible to identify the  
158 contributions of specific mechanisms to those budgets. Because of the model’s conservation rules,  
159 there are no unidentified sources of heat, which makes ECCOv4 well suited as a reanalysis in order  
160 to investigate heat content variability in the ocean over recent decades.

161 The ECCO state estimate has been employed in a number of studies to evaluate ocean heat content  
162 variability and the mechanisms that drive it. It has been used to study meridional heat transport  
163 and heat storage rates in the Atlantic (Piecuch and Ponte 2012), highlighting the importance  
164 of advective processes. Furthermore, it has been used to describe the Ekman and geostrophic  
165 components of advective convergence in the North Atlantic mixed layer (Buckley et al. 2014) and  
166 describe variability in total advective heat, Ekman and geostrophic convergence due to anomalies  
167 in velocity and temperature and the covariability of these anomalies (Buckley et al. 2015). A

168 recent study by Piecuch et al. (2017) also decomposed the advective heat convergence in ECCOv4  
169 temporally and showed that decadal heat content variability in the subpolar North Atlantic is  
170 mostly due to velocity anomalies acting on the mean temperature. Buckley et al. (2014) noted a  
171 combination of geostrophic, diffusion and bolus transport convergence for the eastern half of the  
172 North Atlantic subpolar gyre in explaining the total heat tendency at interannual and decadal time  
173 scales.

174 These particular ECCO studies determined regional rather than global ocean heat budgets. This  
175 prompted our present work to expand on the recent study of Small et al. (2020) by including higher  
176 latitudes and using an ocean state estimate that assimilates ocean observations. This study will  
177 present regional heat budgets but also focus on the global distribution of regression coefficients  
178 for key drivers of ocean temperature variation, comparable to Doney et al. (2007) or Small et al.  
179 (2020). We represent budgets by region to facilitate comparison between basins and oceanic  
180 regions, anticipating that the mechanisms driving the heat budget are not just a function of latitude  
181 but are also unique to specific basins. Previous findings allude to the different spatial patterns  
182 between each basin. For example, Small et al. (2019) showed that the latent heat flux is driven  
183 by variations in SST in the equatorial Pacific, while in the equatorial Atlantic latent heat flux is  
184 driven mainly by wind. Also, it is expected that mechanisms associated with climate modes such  
185 as the El Nino Southern Oscillation are operating in one basin (e.g., Pacific) and do not have the  
186 same response in other basins (e.g., Atlantic). Thus, the mechanisms that control heat variability  
187 at the ocean surface and the upper ocean layer need to be distinguished by a detailed heat budget  
188 analysis. This study provides further investigation of how spatially integrated budgets differ among  
189 the basins.

190 In the following Section 2, we derive a budget equation describing the temperature tendency  
191 anomaly as the sum of distinct variations in ocean heat processes simulated by the MITgcm

192 model. We further introduce a method to quantify the contribution of each budget term to the total  
193 variability of temperature. This method has much in common with the approach introduced in  
194 previous work for studying sea-surface temperature variability (Small et al. 2019) and upper ocean  
195 heat budgets (Doney et al. 2007; Small et al. 2020). In this study, we consider a range of ocean  
196 depths and spatial domains for area-integrated budgets, as well as evaluating the contribution of  
197 each budget term at a range of spatial and temporal resolutions.

198 In Section 3, we present the results of our budget analysis with the focus on evaluating the  
199 relative importance of each budget term in controlling changes in ocean heat content. In the first  
200 component of the study we consider the balance of terms in the ocean heat budget at the basin,  
201 subsection and regional scale. In its most basic form, the budget analysis addresses the balance  
202 between forcing, advection, and diffusion. It shows that the forcing term is the main driver of  
203 ocean heat content at short timescales, whereas at long timescales advection becomes the principal  
204 term that determines heat content. We further show that the advection term is the most important  
205 driver of heat content in the tropics, while at higher latitudes forcing is increasingly relevant. We  
206 also perform a linearization of the advection terms and show that anomalous advection of the mean  
207 temperature field is the main driver of temperature variability for the ocean in general. We then  
208 examine how the budget varies at different spatial aggregations scales. The analysis reveals that  
209 the balance of terms observed in the original  $1^\circ$  grid does not notably shift with spatial aggregation.  
210 These results are further discussed in Section 4, with concluding remarks and suggestions for future  
211 observational work.

212 **2. Methods**

213 *a. Anomaly heat budget in ECCOv4*

214 We use version 4 of ECCO (Forget et al. 2015) to describe heat variability in the global ocean.  
 215 The ocean heat variability is described with the anomaly budget of temperature that is derived from  
 216 release 3 of ECCOv4. The budget equation for temperature can be expressed in the general form  
 217 as

$$\frac{\partial \theta}{\partial t} + \nabla \cdot (\theta \mathbf{u}) = -\nabla \cdot \mathbf{F}_{\text{diff}} + F_{\text{forc}} \quad (1)$$

218 The temperature budget is expressed as change in temperature over time ( $\frac{\partial \theta}{\partial t}$ ) as a function of  
 219 the convergence of heat advection ( $-\nabla \cdot (\theta \mathbf{u})$ ) and heat diffusion ( $-\nabla \cdot \mathbf{F}_{\text{diff}}$ ) plus downward heat  
 220 flux from the atmosphere ( $F_{\text{forc}}$ ). In order to derive the anomaly budget of temperature, we first  
 221 determine the budget equation of the monthly climatological mean temperature, which can be  
 222 done by recognizing that each variable can be expressed as the monthly mean plus its anomaly  
 223 (i.e., climatology + seasonal anomaly). We derive the monthly mean budget by applying Reynolds  
 224 averaging to Equation 1, and replacing each term by its monthly mean plus anomaly. The monthly  
 225 mean and anomaly of variable  $X$  is denoted as  $\bar{X}^m$  and  $X'$ , respectively. The monthly anomaly  
 226 budget is then derived by subtracting the monthly mean equation from Equation 1, which removes  
 227 the mean seasonal cycle and returns the month-to-month interannual variability. The central  
 228 equation for our budget analysis is thus

$$\frac{\partial \theta'}{\partial t} = F_{\text{forc}}' - \nabla_h \cdot (\mathbf{u}' \bar{\theta}^m) - \frac{\partial}{\partial z} (\bar{w}' \bar{\theta}^m) - \nabla_h \cdot (\bar{\mathbf{u}}^m \theta') - \frac{\partial}{\partial z} (\bar{w}^m \theta') - \nabla \cdot (\mathbf{u}' \theta' - \bar{\mathbf{u}}' \bar{\theta}'^m) - \nabla \cdot \mathbf{F}_{\text{diff}}' + R \quad (2)$$

229 The first term on the right-hand side of Equation 2 ( $F_{\text{forc}}^{\theta'}$ ) is the anomalous forcing (i.e.,  
 230 anomalous air-sea heat flux). The convergence of the heat advection anomaly is described by a

231 sum of terms resulting from the temporal decomposition of the advective fluxes. The advective  
 232 heat flux is decomposed to a linear term due to temporal anomalies of the velocities, a linear  
 233 term due to anomalies in temperatures, and a nonlinear term due to the covariance between the  
 234 two anomalies. Furthermore, the two linear terms are separated into horizontal and vertical  
 235 components. Technically, advective heat transport should only be calculated for flows with zero net  
 236 mass transport (Warren 1999). However, we find it informative to separate horizontal and vertical  
 237 components, recognizing that only the sum of the horizontal and vertical components has zero net  
 238 mass transport. (Readers who dislike this choice can simply sum together the two components.) The  
 239 first two advective terms are the horizontal ( $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$ ) and vertical ( $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$ ) heat flux caused  
 240 by velocity anomalies acting on the mean temperatures. The following two terms are the horizontal  
 241 ( $-\nabla_h \cdot (\bar{\mathbf{u}}^m\theta')$ ) and vertical ( $-\frac{\partial}{\partial z}(\bar{w}^m\theta')$ ) heat flux due to mean velocities acting on temperature  
 242 anomalies. The nonlinear advective term ( $-\nabla \cdot (\mathbf{u}'\theta' - \overline{\mathbf{u}'\theta}^m)$ ) describes the difference in advection  
 243 given by the correlation between the velocity and temperature anomalies and its climatological  
 244 mean. Finally, Equation 2 includes the anomalous convergence of diffusion ( $-\nabla \cdot \mathbf{F}_{\text{diff}}^{\theta'}$ ) and a  
 245 residual term ( $R$ ).

246 It should be noted that the derivation of this anomaly heat budget necessitates a residual term to  
 247 yield an exact balance. The velocity terms in Equation 2 are the residual mean velocities containing  
 248 both the resolved (Eulerian) and parameterized eddy induced transport. Because the advective  
 249 temperature flux is derived with monthly-averaged model output of mass weighted velocities  
 250 and temperature, the budget terms miss the effect of submonthly covariation. Furthermore, the  
 251 derivation neglects temporal decomposition of the scaling factor corresponding to the non-linear  
 252 free surface in ECCOv4 (Adcroft and Campin 2004; Campin et al. 2004). The residual term in  
 253 Equation 2 addresses these points by accounting for any variability that is ignored in the offline  
 254 estimation of the advective fluxes. As we shall see, the residual is small nearly everywhere.

255 *b. Regression Analysis*

256 The ECCOv4 outputs permit us to calculate the anomaly budget timeseries at each point in the  
257 global 3D grid. This is too much information to comprehend or visualize. To understand which  
258 terms drive heat content variability, we consider the correlation between the left-hand side of  
259 (2)—the actual tendency, denoted  $y$ —and the terms on the right-hand side, denoted  $x$ .

260 We define the covariance ratio for a particular term  $x$  as

$$r_x = \frac{\sigma(x, y)}{\sigma(y)^2} \quad (3)$$

261 where  $\sigma(x, y)$  is the covariance between  $x$  and  $y$  and  $\sigma(y)^2$  is the variance of  $y$ . In any particular  
262 heat budget, the covariance ratio describes the contribution of each budget term to the total  
263 temperature tendency. Since the total tendency is the sum of all the budget terms, the sum of  
264 the covariance ratios must equal one. A positive covariance ratio implies a positive contribution  
265 (and correlation) to the total tendency, and a negative value implies a negative contribution (and  
266 an inverse correlation) to the total tendency. For the anomaly heat budget (Equation 2),  $\overline{y'}$  and  $\overline{x'}$   
267 equal to zero, such that the covariance ratio can be expressed as

$$\frac{\sigma(x, y)}{\sigma(y)^2} = \frac{\int_{t_0}^{t_1} x(t)y(t)dt}{\int_{t_0}^{t_1} y(t)y(t)dt} \quad (4)$$

268 This formula, discretized into monthly values, is how we analyze the data.

269 *c. Basin-scale analysis*

270 Three major basins (Pacific, Atlantic, Indian) are considered and further subdivided into northern  
271 (in the case of Pacific and Atlantic), tropical and southern sections (Figure 1). In addition, the  
272 Southern Ocean (SO) and the subpolar North Atlantic (SPNA) are included as distinct regions  
273 overlapping the more categorical regions because of their important role in ocean heat storage  
274 and global climate (Keenlyside et al. 2008), and to allow comparisons with previous studies (e.g.,

275 Piecuch et al. 2017). Ocean regions considered in this study are listed in Table 1. The budget  
276 terms were summed over each ocean region, such that the heat budget is assessed separately for  
277 each region. The contribution of each budget term is determined by comparing the covariance  
278 ratios. Since the total tendency of heat variability is equal to the sum of the individual heat budget  
279 terms, and the sum of the covariance ratios for each term should equal 1.0, the covariance ratio for  
280 a given term can be regarded as the contribution of that term to the variability of the heat content  
281 for a given ocean region and time scale.

#### 282 *d. Spatial and temporal aggregation*

283 All of our analysis uses the ECCOv4 native lat-lon-cap (llc) grid which is organized in 13 tiles,  
284 each including 90 by 90 grid cells (Forget et al. 2015). The spatial resolution of the llc grid varies  
285 globally but is on average  $1^\circ \times 1^\circ$ . In order to retain closed budgets at each spatial scale, we do not  
286 spatially interpolate the llc grid to a regular latitude-longitude grid, but instead spatially aggregate  
287 grid points only within each tile. This is done by binning the grid points into equal windows  
288 of size  $n$ -by- $n$  and summing their values. To ensure conservation of properties, the aggregation  
289 is done by summing  $n$ -by- $n$  bins where  $n$  can only be a number that ensures an exact factor of  
290 90. Therefore,  $n$ -by- $n$  binning included values of  $n$  equal to 2, 3, 5, 6, 9, 10, 15, 18, 30 and  
291 45. Given that the spatial resolution of the original dataset (i.e,  $n = 1$ ) is about  $1^\circ \times 1^\circ$ , the degree  
292 resolution is approximately  $n^\circ \times n^\circ$  for a given value of  $n$ . The highest  $n$  value ( $n = 45$ ) corresponds  
293 to approximately  $45^\circ \times 45^\circ$ , which can be considered a basin-wide scale and would be comparable  
294 to the categorical regions as shown in Figure 1.

295 The ECCOv4 output is provided as monthly-averaged fields from January 1992 to December  
296 2015. The temperature tendency anomaly (left-hand side of Equation 2) is derived from monthly  
297 snapshots at the beginning and end of each month. Temporal aggregation was done on the monthly

298 time series of the budget terms by averaging over set intervals (3-month, 6-month, 1-year, 2-year,  
299 3-year, 4-year, 5-year and 10-year).

### 300 **3. Results**

301 Ocean heat content variability was investigated in this study, in particular as it is affected by  
302 forcing, advection and diffusion, and how differing spatial and temporal scales impacts the balance  
303 of these terms in the overall heat budget. The terms were derived by the anomaly heat budget as  
304 presented in Equation 2. We first present results of a regional analysis at fixed spatial scale for the  
305 general mechanisms (forcing, advection and diffusion) and assess the extent of a residual term (i.e.,  
306 variation in the budget that is not attributable to any mechanism). We then present the dependency of  
307 each term on the temporal scale of the analysis and the depth of integration, followed by analysis that  
308 decomposes the advection convergence into components reflecting velocity variability, temperature  
309 variability and their covariability. Lastly, we present global distributions of the covariance ratio  
310 for the different terms in the anomaly heat budget and test its sensitivity to increasing spatial  
311 aggregation.

#### 312 *a. Regional and basin-wide heat budgets*

313 At the basin scale of the upper ocean (most commonly defined as < 700 m; Piecuch et al. (2017);  
314 Robson et al. (2016)), forcing is the major contributing term in determining the total tendency  
315 for relatively short (e.g., monthly) time scales. This is clearly shown by the covariance ratios of  
316 the monthly budget terms integrated over the upper 700 m (Table 2). All the major basins (i.e.,  
317 Pacific, Atlantic and Indian Ocean) have a high covariance ratio for forcing. The covariance ratios  
318 for forcing are highest in the Atlantic, ranging from 0.46 in the South Atlantic to 0.85 in the North  
319 Atlantic (i.e., forcing is responsible for 85% of total heat variability in the North Atlantic). As a



320 secondary term of the heat budget, advection is the only other term that contributes to the total  
321 tendency. The covariance ratios for advection range from 0.15 in the North Atlantic to 0.64 in the  
322 tropical Indian Ocean. By contrast, the covariance ratios for diffusion across all different ocean  
323 regions is near zero; therefore, at this spatial and temporal scale, diffusion is negligible for the total  
324 variability of temperature. Results in Table 2 also indicate that the residual term has no influence  
325 on the variability of the temperature tendency, at least in the case of basin-wide scales and monthly  
326 frequency.

327 Whereas forcing dominates the ocean heat budget at the basin scale, the balance of contributing  
328 mechanisms shifts to some extent when moving to subdivisions of the different basins. Forcing  
329 accounts for 80% of the total temperature variability of the entire Pacific Ocean, but subdividing  
330 the Pacific into northern, tropical and southern sections reduces that contribution to 37%, 43% and  
331 47%, respectively. For the Atlantic Ocean, the tropical subdivision shows a covariance ratio for  
332 advection that is moderately higher than that for forcing (0.54 and 0.46, respectively), while forcing  
333 remains dominant (0.73 to 0.85) in the high latitudes. A similar situation is observed in the Indian  
334 Ocean, where the contribution of advection reaches 64% in the tropical subsection. Advection is  
335 the major contributor to heat variability in the North Pacific (63%), but has lower contribution in  
336 the North Atlantic and subpolar North Atlantic regions (15% and 29%, respectively). These data  
337 show that in general, tropical regions are associated with greater contributions to the heat budget  
338 by advection, while regions at higher latitudes tend to have greater contributions by forcing (with  
339 the exception of the North Pacific). This illustrates that even at the ocean basin scale, advection  
340 can be an important contributor to monthly heat variability, although forcing remains the dominant  
341 driver in the major basins (i.e., Atlantic, Pacific, Indian).

342 1) DEPENDENCE ON TIME SCALE

343 In the upper ocean (< 700 m) at the basin scale, forcing is the major term in determining total  
344 tendency at relatively short (e.g., monthly) time scales (Table 2). The question is whether the  
345 balance of terms could be different at longer temporal scales (e.g., annual, pentad or decadal). The  
346 budget terms for the basins and subsections were first evaluated at monthly resolution, and then  
347 temporally aggregated over 3-month, 6-month, annual, 2-year, 3-year, 4-year, 5-year and decadal  
348 intervals. The aim of these multiple temporal aggregations was to clearly illustrate the shifts in the  
349 balance of budget terms and whether these occur gradually or appear at a particular timescale.

350 The time series of the temperature budget change depending on the temporal aggregation scale,  
351 as illustrated by the budget terms for the upper 700 m of the subpolar North Atlantic (Figure 2). In  
352 this example, forcing and advection are the only dominant drivers of the variability in temperature,  
353 and forcing has the highest relative importance at the temporal aggregation interval of one month.  
354 However, as the temporal aggregation intervals increase from one month to five years, the rela-  
355 tive importance of forcing decreases as the relative importance of advection increases, such that  
356 advection becomes the dominant term at the five year aggregation interval. At this interval, the  
357 total tendency shows a decreasing trend driven by advection, whereas the forcing term is always  
358 positive. It is apparent, then, that the dominant terms in the heat budget change depending on the  
359 time scale over which the heat budget is determined. The anomalous change in temperature due  
360 to diffusion in the subpolar North Atlantic is generally small (Figure 2), but more importantly the  
361 variation in total tendency has little correlation with diffusion-related changes. The temperature  
362 variability associated with the residual term is effectively zero across all temporal aggregations.

## 363 2) DEPENDENCE ON DEPTH OF INTEGRATION

364 As the balance of dominant mechanisms in the heat budget varies with ocean region, there is also  
365 the question of how the balance in the regional budgets can differ with the depth of integration. For  
366 the major oceanic basins and subsections (Figure 1; Table 1), the horizontal scale was fixed while  
367 the vertical scale was varied by depth of integration (50 m, 100 m, 300 m, 700 m, 2000 m, and  
368 6000 m/full-depth). The contribution of each term to the heat budget (i.e., the covariance ratio)  
369 for a given ocean region was calculated for each temporal scale and depth of integration in order  
370 to describe how the relative importance of different mechanisms change as the vertical integration  
371 and temporal scale are varied. Over the range of temporal and vertical integration scales studied,  
372 the principal driving mechanisms were consistently forcing and advection, and the balance between  
373 these mechanisms changed substantially according to the specific time or depth scale (Figure 3).

374 The overall pattern revealed in Figure 3 is a shift with increasing time aggregation scale from  
375 forcing to advection as the dominant factor in the heat budget, although in most cases this shift is  
376 apparent only at depths of 300 m or greater. As would be expected, forcing is the dominant term  
377 at shallower depths of integration in almost all regions. As integration is done over deeper depth  
378 levels, it is exclusively advection that becomes increasingly dominant, whereas contributions of  
379 forcing and diffusion decline. In some ocean regions, notably the North and South Pacific and the  
380 North Atlantic including the SPNA, covariance ratios for forcing are very close to 1.0 for the upper  
381 50 and 100 m across all temporal scales. These regions also show a sharp shift between the upper  
382 100 m and 300 m, where forcing become less important and in turn advection becomes the greater  
383 influence.

384 The tropical ocean regions do not feature this strong influence by forcing in the upper 50-100 m.  
385 The tropical Pacific in particular displays a relatively weak influence of forcing at these depths,

386 where at temporal scales greater than 3 years, the shift along depth actually reverses, with higher  
387 covariance ratios for advection in the upper 50 to 100 m and the contribution by forcing becoming  
388 prominent only when integrating over deeper depths. Also to some extent in the Southern Ocean  
389 there is a lack of the shifting balance between forcing and advection seen in other regions. Here,  
390 the covariance ratios for advection are fairly insensitive to the depth of integration (at least for  
391 temporal means less than 3 years). An exception to the pattern of shifting covariance ratios  
392 along the temporal aggregation scale is the North Pacific, where no decline is observed in the  
393 covariance ratios for forcing, across all depth levels and for most of the temporal aggregations. The  
394 contribution by advection at greater depths are also relatively unchanged, except for pentad and  
395 decadal time scales.

396 The diffusion term exhibits only minor influence on the heat budget, and this occurs only in  
397 some regions and at longer time scales. One exception is the SPNA, where diffusion appears to  
398 compensate the strong influence by forcing at shorter time scales and by advection at longer time  
399 scales. However, diffusion only has an effect in the upper 50 and 100 m. Finally, the residual term  
400 (i.e., any variation in temperature that cannot be attributed to a particular mechanism), is close to  
401 zero in almost all cases, thus confirming the physical consistency of ECCOv4 in closing the ocean  
402 heat budget through forcing, advection and diffusion.

403 As noted previously, the sum of the covariance ratios for each term is equal to 1.0. There are  
404 cases where the covariance ratio of a given term is greater than 1.0 or less than -1.0. These cases  
405 occur with large temporal aggregation intervals (>1 year), as well as some instances in the upper  
406 50-100 m. Covariance ratios that are below -1.0 or above 1.0 are due to covariances greater than  
407 the variance of the total tendency, which indicates a compensation or dampening of one term  
408 against other terms. For example, in the case of the SPNA, forcing and advection is proportional  
409 to and thus contribute to temperature tendency (indicated by positive covariance ratios), while the

410 negative covariance ratio of diffusion indicates an inverse relationship with the total tendency, such  
411 that diffusion counteracts advection and forcing.

### 412 3) TEMPORAL DECOMPOSITION OF THE ADVECTIVE HEAT CONVERGENCE

413 It is possible to refine the description of advection in the heat budget equation as the sum of  
414 linear and nonlinear components (Equation 2). This temporal decomposition of the advection term  
415 quantifies the degree to which the anomaly in advection is caused by anomalies in circulation,  
416 temperature, or covariation of anomalies in both (referred here as the nonlinear advection term).  
417 The covariance ratios in Figure 4 indicate that the variation in advection is primarily driven by the  
418 anomalous variation in advection of mean temperature ( $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ ). There are some exceptions,  
419 at decadal time scales (i.e., 10A) in South Indian Ocean or Southern Ocean, and at time scales  
420 greater than three years in the North and South Atlantic, where covariance ratios close to 1.0  
421 are observed for mean advection of anomalous temperature ( $-\nabla \cdot (\bar{\mathbf{u}}^m\theta')$ ) and therefore are more  
422 dominant compared to  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ . Substantial positive or negative values of the covariance ratio  
423 also suggest discernible contribution of  $-\nabla \cdot (\bar{\mathbf{u}}^m\theta')$  in the North and South Pacific, mostly at the  
424 surface and for longer temporal scales ( $\geq 4$  years). The covariance ratio of the nonlinear advective  
425 term ( $\nabla \cdot (\mathbf{u}'\theta' - \overline{\mathbf{u}'\theta'})$ ) is effectively zero at the basin-scale across all regions.

426 Comparison of the horizontal and vertical components of the linear terms of advection reveals  
427 that the anomalous horizontal advection of mean temperature ( $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$ ) is dominant for essen-  
428 tially every ocean region (Figure 5). The vertical component of the anomalous advection of mean  
429 temperature ( $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$ ) dampens the effect of the horizontal component and generally contributes  
430 to a reduction in the total variability. As  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$  contributes to a positive or negative tempera-  
431 ture anomaly,  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$  counteracts this effect. This partial compensation is evident for example  
432 in the SPNA, where  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$  and  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$  are almost always of opposite sign (Figure 2,

433 f-j). Despite the compensation, it is  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$  that determines the sign of the total advective  
434 convergence ( $-\nabla \cdot (\mathbf{u}\theta)$ ), because the mostly positive covariance ratios for advection are reflected  
435 by  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$ , and the compensation by  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$  is only a fraction of  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$ . Obviously,  
436 at deeper depths of integration, the dampening effect of  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$  decreases.

437 In some cases, notably the South Atlantic and South Indian Oceans, the mean horizontal advection  
438 of anomalous temperature ( $-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$ ) contributes to the total temperature variability when  
439 looking at temporal aggregations of 2-year means or greater (Figure 5). In these cases, there is no  
440 associated dampening effect observed in the corresponding vertical component. It is interesting  
441 to note that  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$  is also often counteracted by  $-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$ . However, with the exception  
442 of the South Atlantic and South Indian Oceans, this effect appears to be very minor as shown by  
443 covariance ratios for  $-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$  that are close to zero. Again, Figure 2 f-j illustrates this partial  
444 compensation for the SPNA where the respective terms are of opposite signs.

#### 445 *b. Global distribution of relevance for key budget terms and its dependency on spatial scale*

446 The heat budget analysis to this point demonstrates the relative contributions of budget terms  
447 at the basin scale (as defined in Figure 1 and Table 1), corresponding to a high level of spatial  
448 aggregation. For the highest level of aggregation (i.e., summing the budget terms over the global  
449 scale), the contribution of advection and diffusion to the heat budget is zero. Thus, as the  
450 aggregation scale increases, the balance of terms should shift such that the forcing term increases  
451 in relative importance (with advection and diffusion increasingly less important). In the upper  
452 ocean (< 700 m) at the major basin scale (e.g., summing over the entire Atlantic), forcing is the  
453 dominant heat budget term (Table 2). It is also of great interest to determine how the balance of  
454 relative contributions by the different budget terms changes when moving from the original spatial  
455 resolution of approximately  $1^\circ \times 1^\circ$  to coarser resolutions.

456 When summing over the basin scale, the balance in the ocean heat budget is dominated by  $F_{\text{forc}}'$   
 457 and  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ . These terms also show the most pronounced signal at the original  $1^\circ \times 1^\circ$  resolution  
 458 (Figure 6). For the upper 700 m, there are distinct global patterns of covariance ratios of the budget  
 459 terms that are largely meridional. The covariance ratios for  $F_{\text{forc}}'$  are essentially zero in the tropics  
 460 and gradually increase towards higher latitudes (Figure 6a). In contrast,  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$  reveals a broad  
 461 pattern of high covariance ratios in the tropics and subtropics and much lower covariance ratios at  
 462 polar and subpolar latitudes (Figure 6b). The nearly opposite pattern is observed for  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$   
 463 with weakly negative covariance ratios at most latitudes, except the Arctic and Southern Ocean  
 464 where covariance ratios are zero or slightly positive (Figure 6d).

465 Accounting for the compensation effect of the vertical component (i.e., adding the correlations  
 466 in Figure 6 b and d), the sole driver of the heat budget at the ECCOv4 grid scale in lower latitudes  
 467 ( $30^\circ\text{S}$  to  $30^\circ\text{N}$ ) is the anomalous circulation acting on the mean temperature field. The mean  
 468 horizontal advection of temperature anomalies ( $-\frac{\partial}{\partial z}(\bar{w}^m\theta')$ ) is only relevant at higher latitudes  
 469 and in discrete locations, such as in boundary and circumpolar currents (Figure 6c). It should be  
 470 noted that covariance ratios of other terms in the heat budget (e.g., diffusion) do show some spatial  
 471 patterns, but are generally close to zero.

472 Zonal mean plots of the covariance ratios (Figure 7) confirm  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  as the dominant term  
 473 in the temperature budget in the lower latitudes. For different integration depths (i.e., 100 m,  
 474 300 m, 700 m) the influence of this term increases at higher latitudes where the zonal mean  
 475 covariance ratios are highest between  $10^\circ\text{S}$  to  $10^\circ\text{N}$  at an integration depth of 100 m, between  
 476  $20^\circ\text{S}$  to  $20^\circ\text{N}$  at an integration depth of 300 m, and between  $30^\circ\text{S}$  to  $30^\circ\text{N}$  at an integration depth  
 477 of 700 m. This pattern is mirrored by the vertical component of anomalous advection, and so  
 478 represents a dampening effect on the horizontal component. The zonal means also confirm that  
 479  $F_{\text{forc}}'$  increasingly contributes more to the heat budget towards higher latitudes.

480 In the upper 100 m, the covariance ratios of both horizontal and vertical component of the  
 481 anomalous advection ( $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ ) are large but of opposite sign. Thus, when accounting for the  
 482 compensation, these components have only minor influence across most of latitude bands and are  
 483 only dominant around the equator between 10°S to 10°N. As the horizontal and vertical advection  
 484 compensate each other,  $F_{\text{forc}}'$  is the dominant term in the heat budget of the upper 100 m.

485 For annual and pentad averages,  $-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$  also becomes more important, especially in the  
 486 southern high latitudes (corresponding to the Southern Ocean). For monthly and annual time aver-  
 487 ages  $-\frac{\partial}{\partial z}(w'\bar{\theta}^m)$  is the only term that counteract total variability. There is only minor compensation  
 488 by diffusion ( $-\nabla \cdot \mathbf{F}_{\text{diff}}'$ ) seen for the upper 100 m.

489 For pentad averages there are multiple terms whose zonal mean of covariance ratios are negative.  
 490 This indicates that in some latitudes there can be strong anticorrelation at pentad time scale for  
 491 terms that usually contribute to the total tendency (i.e., have positive covariance ratios). At latitude  
 492 70°N, the nonlinear advective term ( $-\nabla \cdot (\mathbf{u}'\theta' - \overline{\mathbf{u}'\theta'}^m)$ ) shows a strong compensation which is not  
 493 apparent at higher frequencies (monthly and annual). At 60°S we see that  $-\nabla_h \cdot (\mathbf{u}'\bar{\theta}^m)$ , which  
 494 is generally contributing to total tendency, dampens variability by counteracting  $-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$  and  
 495  $F_{\text{forc}}'$ .

496 The balance of contributing terms in the heat budget equation varies according the spatial and  
 497 temporal scales on which the terms are derived. The remaining question is how the importance  
 498 of each term (i.e., forcing, advection, diffusion) changes as spatial aggregation changes from the  
 499 original 1°×1° grid to increasingly coarse aggregation scales (e.g., 2°×2°, 10°×10°, 45°×45°).

500 Table 3 lists the global average of covariance ratios of each budget term listed for each spatial  
 501 aggregation scale, starting with the original resolution (1 × 1) to a maximum binning level of  
 502 45 × 45. In general, global mean covariance ratios for the upper ocean are remarkably insensitive  
 503 to spatial scale, changing only gradually when spatially aggregating the fields (Table 3). There is



504 only a gradual increase in forcing with larger aggregation scales. By the same token, contribution  
505 by advection only gradually decreases. The global mean covariance ratios for diffusion, the mean  
506 vertical advection of mean temperature, as well as the nonlinear advection term remain effectively  
507 zero across all spatial scales.

508 Forcing and anomalous advection ( $F_{\text{forc}}'$  and  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ ) are similarly sensitive across all latitudes  
509 with only a few exceptions (Figure 8). The zonal means of covariance ratios for forcing shift slightly  
510 more in the high latitudes (especially in the Northern Hemisphere). The strongest shifts in the  
511 covariance ratios for anomalous advection are in the mid-latitudes, especially in the Southern  
512 Hemisphere. Advection remains the main contributor in the low latitudes even at the largest  
513 aggregation scales ( $45 \times 45$ ).

514 The relatively low sensitivity of the terms to spatial aggregation remains true when looking at  
515 different temporal scales (i.e., monthly, annual or pentad averages) as well for different depths of  
516 integration (i.e., upper 100 m, 300 m, 700 m). There are only a few cases where spatial aggregation  
517 cause a shift in the balance of terms. For example, pentad averages of forcing at  $70^\circ\text{N}$  result in  
518 high covariance ratios ( $>1.0$ ) only at smaller spatial scales. This is seen across the upper 100 to  
519 700 m. On the other hand,  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  is affected by spatial aggregation as covariance ratios shift  
520 from positive to negative values in the upper 100 m (Figure 8).

521 Regional heat budgets (Figures 3-5) suggest that the contribution of advection (in particular  
522  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ ) increases as the temporal scale increases. The same can be observed at the grid scale  
523 (Figures 7 and 8). The latitude band where the zonal mean covariance ratio of  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  is greater  
524 than  $F_{\text{forc}}'$  expands slightly, primarily in the Northern Hemisphere, as temporal scale increases  
525 from monthly to pentad averages. This has important implications for the interpretation of decadal  
526 signals in ocean heat content. As this study suggests, the anomalous advection of mean temperature  
527 plays a major role in decadal trends of heat content at grid scale as well as for basin-wide regions.

## 4. Conclusion

This study investigated the contribution of individual mechanisms to ocean heat content variability at a range of spatial and temporal scales. The balance in the ocean heat budget is mainly between surface forcing and convergence in anomalous advection of the mean temperature field ( $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$ ). Forcing is dominant only at the major basin scale. At smaller spatial scales, anomalous advection becomes the prominent term in the heat budget. Anomalous advection is by far the dominant driver of ocean heat change in the tropics, while forcing contributes to local heat variability only at higher latitudes. There are also differences in the heat budgets among basins. For example, the difference between the North Pacific and Atlantic illustrate difference balances between the budget terms despite being at the same latitudes. The AMOC may explain this difference, as there is no deep convection in the northern latitudes of the North Pacific corresponding to the AMOC, which plays a key role in the North Atlantic heat budget. There are regional features (e.g., boundary currents, circumpolar currents) where the mean (horizontal) advection of anomalies is relevant to total heat variability.

With increasing depths of integration, the balance between forcing and advection shifts towards higher contribution of the advective terms. It is evident that contribution of forcing is generally greater at shallower layers (i.e., upper 50-100 m) as it is represented mostly by solar radiation and heat exchange at the air-sea interface. As the depth of integration increases, advection becomes more important and forcing diminishes in the lower latitudes. When integrating over the entire water column, forcing remains relevant only in the higher latitudes.

As opposed to recent studies by Bishop et al. (2017) and Small et al. (2019, 2020), we find that spatial aggregation of the gridded ECCOv4 fields to coarser resolutions does not substantially change the balance between forcing and advection. The overall patterns remain the same up to

551 a factor of 45, which approaches basin-wide integration. This low sensitivity of the heat budget  
552 to aggregation scale is surprising, as the expectation would be that the balance of mechanisms in  
553 the budget shifts substantially towards forcing as aggregation occurs over larger scales. However,  
554 only a gradual increase in the contribution of forcing was observed as the spatial scale coarsened,  
555 such that forcing is dominant only at the major basin to global scale. Similarly, the contribution  
556 by advection decreases only gradually with coarsening, mostly in the high latitudes. Advection  
557 remains the main contributor in the low latitudes, even at the largest aggregation scale (i.e.,  $45 \times 45$ ).  
558 The key to explaining the difference to previous studies (Bishop et al. 2017; Small et al. 2019, 2020)  
559 is that the spatial resolution of the ECCOv4 state estimate is already too coarse to resolve mesoscale  
560 dynamics. The only possible exception is the tropical oceans, where the the ocean-driven signal  
561 occurs on such a large scale that it is resolved in ECCOv4.

562 The heat budget appears to be more sensitive to the temporal scale. Averaging over longer  
563 time intervals (i.e., varying the temporal mean from monthly to decadal), results in a decrease in  
564 forcing as the major contributor, concomitant with an increase in the contribution by advection.  
565 This transition, from forcing to advection as the dominant driver of heat variability as temporal  
566 aggregation increases, is common in most basin-wide regions and at all grid scales. This suggests  
567 that forcing generally acts on shorter time scales, while advection is increasingly important at longer  
568 time scales. Interestingly, it is mostly the mean advection of anomalies that becomes dominant at  
569 longer time scales. The greater importance of mean advection of anomalous heat content at long  
570 time scales is consistent with studies which treat the long-term ocean-heat-uptake problem as a  
571 passive tracer transport phenomenon (Zanna et al. 2019).

572 The spatial pattern of covariance ratios we have described in this study is also broadly compatible  
573 with the conclusion from Armour et al. (2016), who studied the effect of mean circulation on  
574 temperature trends in the Southern Ocean. They conclude that south of the Antarctic Circumpolar

575 Current (ACC), mean circulation is responsible for the relatively weak SST trends. We also find  
576 that mean circulation of anomalous temperatures is the dominant driver of temperature variability  
577 in the Southern Ocean at longer time scales. (Figures 6 and 7) and that atmospheric forcing plays a  
578 lesser role here. This is in contrast to the high latitudes of the Northern Hemisphere, where we find  
579 forcing to be more dominant. While our focus was not on temperature trends, we have shown that  
580 the Southern Ocean is one of the few regions where mean circulation is important to the anomaly  
581 heat budget.

582 As mentioned above, previous studies have demonstrated the importance of spatial scale in  
583 evaluating the balance between atmosphere- and ocean-driven variability in the ocean heat budget.  
584 Bishop et al. (2017) used lagged correlations between surface heat flux and SST, as well as  
585 SST tendency, to classify SST variability as being either ocean-driven (e.g., by advection) or  
586 atmosphere-driven (i.e., by surface heat flux). Strong positive correlation between SST and surface  
587 heat flux at zero lag in the western boundary currents (WBCs) and the ACC demonstrates that SST  
588 variability is ocean-driven in these regions. These findings are supported by our results, which  
589 show low covariance ratios in forcing and high covariance ratios in advection for these regions.  
590 Furthermore, Bishop et al. (2017) showed a clear dependence on spatial scale, such that they see  
591 a transition from ocean- to atmosphere-driven regime between  $1^\circ$  and  $3^\circ$ . By focusing on zonal  
592 means instead of specific regions such as the WBC extensions and ACC, we did not observe a  
593 strong dependence on spatial scale.

594 Bishop et al. (2017) also show weak correlation at zero lag between SST tendency and surface heat  
595 flux in the tropics, which demonstrates that surface heat flux has little effect on the tendency. This is  
596 consistent with our observation of covariance ratios for forcing that are close to zero in the tropics.  
597 It is likely that their correlations between SST and surface heat flux in the tropics are comparable  
598 to the ones in WBCs and ACC when the correlations are normalized to overall variability (Small

599 et al. 2019). The analysis by Bishop et al. (2017) has been extended by Small et al. (2019),  
600 who used climate model simulations in addition to observational data. Their analysis employed  
601 both relatively low-resolution ( $1^\circ$ ) and eddy-resolving ( $0.1^\circ$ ) ocean grids in order to determine the  
602 drivers of variability in latent heat flux (LHF). They show that intrinsic ocean variability is much  
603 more important in the high-resolution model setup and observational products compared to the  
604 standard model resolution of  $1^\circ$ . SST and LHF are positively correlated in equatorial regions and  
605 areas with strong temperature gradients, which means that in these regions LHF is ocean-driven.

606 Similar to our study, Small et al. (2020) evaluated ocean heat budgets over the upper 50 m and  
607 400 m, using both a high- and low-resolution setup. An important insight regarding the impact  
608 of resolution arise when performing spatial smoothing with their high-resolution model output to  
609 determine at what scale the high-resolution model results reflect the low-resolution results. They  
610 found that for most regions this occurs when averaging over a box of  $3^\circ$  to  $5^\circ$  for the 50 m budget  
611 and  $5^\circ$  to  $7^\circ$  for the 400 m budget. As most of the sensitivity to spatial resolution lies below  
612  $1^\circ$  (Bishop et al. 2017; Small et al. 2020), it makes sense that the spatial aggregation with ECCOv4  
613 did not lead to large differences globally, as the spatial resolution of ECCOv4 is around  $1^\circ$ .

614 This suggests that higher spatial resolution is necessary to capture intrinsically ocean-driven  
615 heat content variability. However, it is currently not feasible in a reanalysis framework to present  
616 estimates at resolution below  $1^\circ$  and ensure constraining them to available observations. Despite  
617 these limitations, ECCOv4 presents a distinct advantage in that it is a physically consistent estimate  
618 of the observed ocean state. It accurately reflects the ocean variability over larger region, though  
619 it must be recognized that once the spatial resolution is increased, intrinsic ocean variability will  
620 likely play a more important role in characterizing overall variability.

621 The work we presented here includes novel approaches that complement previous work describing  
622 factors influencing the ocean heat budget. By employing ECCOv4, which is constrained by

623 observations in a physically consistent way, our work closely reflects the real ocean state, in that the  
624 variability of our model resembles the observational record, such as from Argo floats. Furthermore,  
625 the temporal decomposition of the mean versus anomalous heat advection provided new insights  
626 in the ocean heat variability. In particular, the decomposition allowed us to see that most of the  
627 ocean heat variability is due to anomalies in the circulation, while anomalies in the temperature  
628 field have an effect in focused regions and become more relevant on interannual timescales.

629 *Data availability statement.* All results of this study are based on ECCO Version 4, Release 3  
630 (ECCOv4r3) for which standard output and documentation can be obtained at <https://ecco.jpl.nasa.gov/drive/files/Version4/Release3/>. We reproduced the ECCOv4r3 ocean  
631 state estimate with a custom set of diagnostics which are available as a dataset on Pangeo (<http://catalog.pangeo.io/ocean/ECCOv4r3>) or can be requested from the corresponding author.

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765 **Table 2.** Covariance ratios for heat budget terms for different ocean basins, subsections  
766 and specific ocean regions. Monthly heat budget terms were integrated over the  
767 upper 700 m. The first four rows present covariance ratios for the major terms,  
768 and the remaining rows present covariance ratios for different advection terms  
769 as described in Equation 2. Columns represent ocean basins and sections as  
770 defined in Figure 1 and Table 1. . . . . 38

771 **Table 3.** Global average covariance ratios for heat budget terms at different spatial ag-  
772 gregation. Monthly heat budget terms were integrated over the upper 700 m.  
773 The aggregation value refers to the level of binning, where  $n \times n$  aggregation  
774 indicates grouping of  $n$  grid cells along both  $x$  and  $y$  in the horizontal space. . . . . 39

TABLE 1. Ocean regions considered in the study and corresponding abbreviations.

<b>Name</b>	<b>Abbreviation</b>
Pacific Ocean	pac
North Pacific Ocean	npac
Tropical Pacific Ocean	tropac
South Pacific Ocean	spac
Atlantic Ocean	atl
North Atlantic Ocean	natl
Tropical Atlantic Ocean	troatl
South Atlantic Ocean	satl
Indian Ocean	ind
Tropical Indian Ocean	troind
South Indian Ocean	sind
Southern Ocean	so
Subpolar North Atlantic	spna

775 TABLE 2. Covariance ratios for heat budget terms for different ocean basins, subsections and specific ocean  
776 regions. Monthly heat budget terms were integrated over the upper 700 m. The first four rows present covariance  
777 ratios for the major terms, and the remaining rows present covariance ratios for different advection terms as  
778 described in Equation 2. Columns represent ocean basins and sections as defined in Figure 1 and Table 1.

	pac	npac	tropac	spac	atl	natl	troatl	satl	ind	troind	sind	so	spna
Forcing	0.805	0.373	0.426	0.470	0.848	0.852	0.461	0.732	0.699	0.361	0.684	0.671	0.740
Advection	0.194	0.627	0.572	0.529	0.155	0.154	0.538	0.266	0.299	0.636	0.315	0.333	0.286
Diffusion	0.000	-0.000	-0.000	0.001	-0.003	-0.006	0.001	0.001	0.001	0.002	0.000	-0.006	-0.025
Residual	0.001	0.000	0.002	0.001	-0.000	0.001	0.000	0.001	0.001	0.001	0.001	0.002	-0.001
$\nabla(\overline{\mathbf{u}'\theta'^m})$	0.190	0.628	0.584	0.522	0.138	0.161	0.556	0.240	0.277	0.674	0.277	0.299	0.277
$\nabla(\overline{\mathbf{w}'\theta'^m})$	0.005	-0.003	-0.012	0.008	0.019	-0.011	-0.020	0.026	0.018	-0.043	0.035	0.029	0.006
$\nabla(\mathbf{u}'\theta' - \overline{\mathbf{u}'\theta'^m})$	-0.000	0.002	0.000	-0.001	-0.001	0.004	0.001	-0.001	0.004	0.005	0.003	0.004	0.002
$\nabla_h(\overline{\mathbf{u}'\theta'^m})$	0.234	0.807	0.768	0.696	0.077	0.240	0.738	0.323	0.339	0.923	0.461	0.383	0.456
$\frac{\partial}{\partial z}(\overline{\mathbf{w}'\theta'^m})$	-0.044	-0.179	-0.184	-0.175	0.060	-0.079	-0.183	-0.083	-0.062	-0.248	-0.184	-0.084	-0.178
$\nabla_h(\overline{\mathbf{u}'\theta'^m})$	0.003	-0.004	-0.013	0.009	0.018	-0.013	-0.019	0.027	0.019	-0.042	0.034	0.030	0.001
$\frac{\partial}{\partial z}(\overline{\mathbf{w}'\theta'^m})$	0.002	0.000	0.001	-0.001	0.001	0.002	-0.000	-0.000	-0.001	-0.001	0.001	-0.001	0.005

779 TABLE 3. Global average covariance ratios for heat budget terms at different spatial aggregation. Monthly heat  
780 budget terms were integrated over the upper 700 m. The aggregation value refers to the level of binning, where  
781  $n \times n$  aggregation indicates grouping of  $n$  grid cells along both  $x$  and  $y$  in the horizontal space.

Aggregation	$F'_{\text{forc}}$	$-\nabla \cdot \mathbf{F}_{\text{diff}}'$	$-\nabla_h \cdot (\mathbf{u}' \bar{\theta}^m)$	$-\frac{\partial}{\partial z}(w' \bar{\theta}^m)$	$-\nabla_h \cdot (\bar{\mathbf{u}}^m \theta')$	$-\frac{\partial}{\partial z}(\bar{w}^m \theta')$	$-\nabla \cdot (\mathbf{u}' \theta' - \overline{\mathbf{u}' \theta'^m})$	Residual
1×1	0.234	0.003	0.906	-0.229	0.072	0.000	0.007	0.006
2×2	0.237	0.003	0.909	-0.230	0.069	0.000	0.007	0.005
3×3	0.245	0.002	0.906	-0.230	0.067	0.000	0.007	0.004
5×5	0.263	0.001	0.897	-0.229	0.059	0.000	0.006	0.003
6×6	0.272	0.001	0.889	-0.227	0.056	0.000	0.005	0.003
9×9	0.301	-0.000	0.870	-0.224	0.046	0.000	0.005	0.002
10×10	0.309	0.000	0.860	-0.220	0.044	0.000	0.005	0.002
15×15	0.341	-0.001	0.827	-0.214	0.040	0.000	0.004	0.002
18×18	0.354	-0.000	0.812	-0.206	0.034	0.000	0.005	0.002
30×30	0.383	-0.000	0.777	-0.199	0.033	0.000	0.003	0.002
45×45	0.427	-0.001	0.714	-0.176	0.030	0.000	0.005	0.002

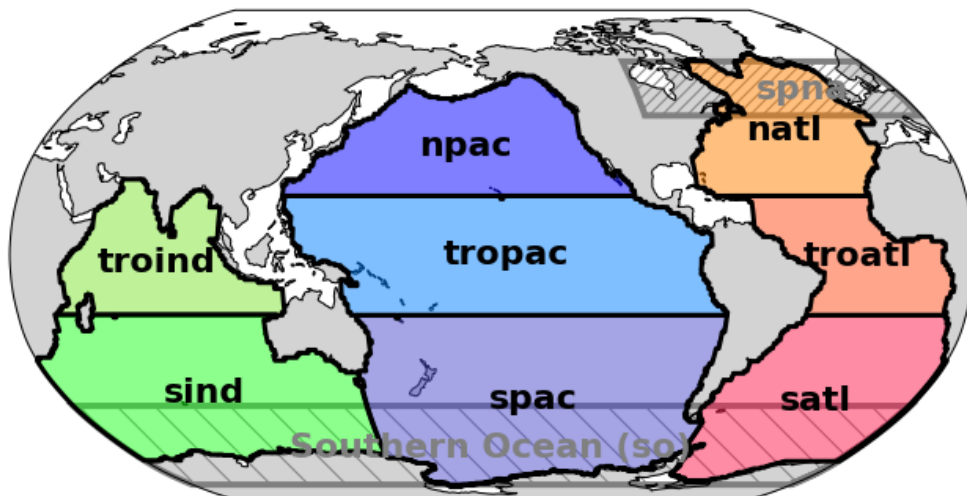


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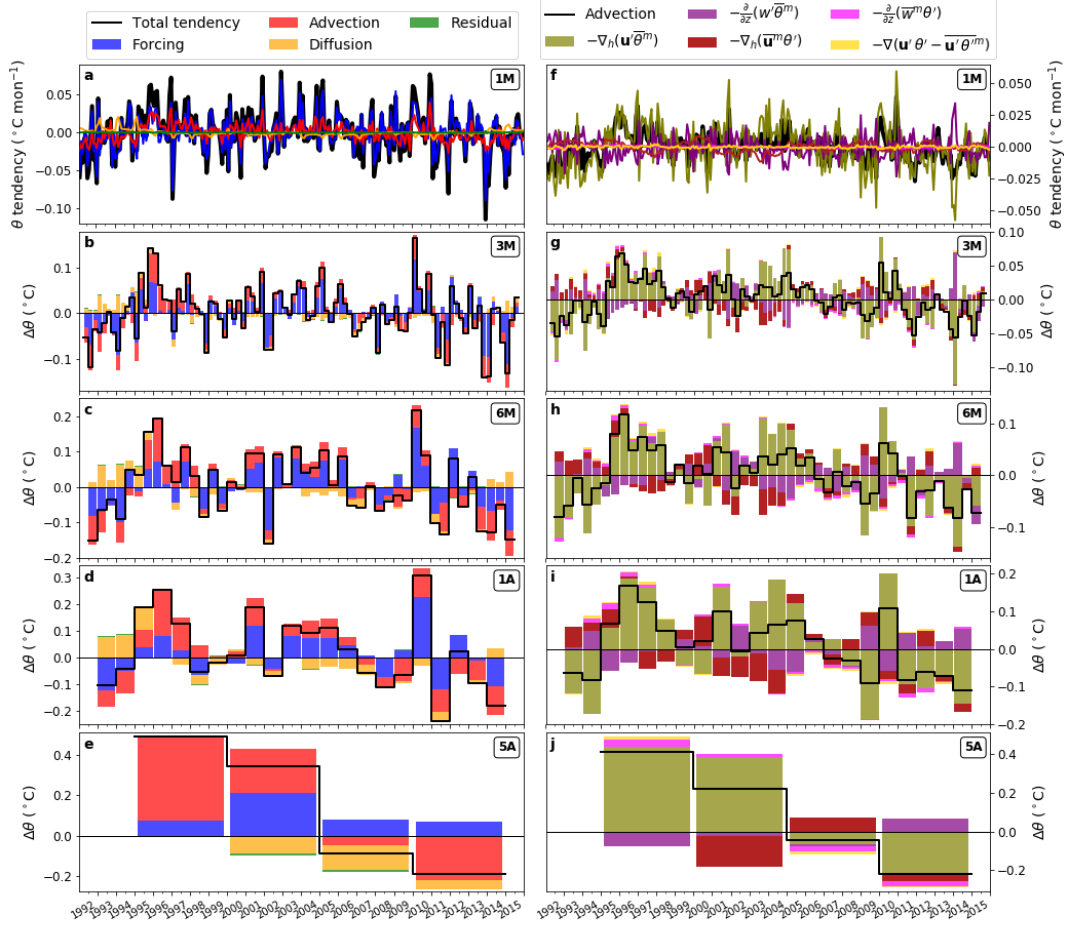
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783	<b>Fig. 1.</b>	Definition of ocean regions for which basin-scale heat budgets are analyzed. The regions are North Pacific (npac), Tropical Pacific (tropac), South Pacific (spac), Tropical Indian Ocean (troind), South Indian ocean (sind), North Atlantic (natl), Tropical Atlantic (troatl) and South Atlantic (satl). The spatial domain of the subpolar North Atlantic (spna) and Southern Ocean (so) are indicated as grey boxes. . . . . 42
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788	<b>Fig. 2.</b>	Time series for the temperature budget of the subpolar North Atlantic (spna) shown for different temporal aggregation scales. The top panels (a, f) show the monthly resolution while lower panels show aggregation scales of (b, g) 3-month (3M), (c, h) 6-month (6M), (d, i) annual (1A) and (e, j) pentad (5A) aggregations. The panels on the left (a-e) show the balance between the total tendency of temperature and the three major terms in the budget equation. In all cases, the total tendency (black) is balanced by the individual contributions by forcing (blue), advection (red), and diffusion (orange). A residual term is included (green) to indicate any unaccounted contributions (e.g., due to neglecting submonthly covariation between temperature and velocity). The panels on the right (f-j) show the decomposition of the advection into the different terms as described in Equation 2, where total advection (black) is equal to the sum of the horizontal and vertical components of the anomalous circulation of mean temperature (olive-green and purple), the horizontal and vertical components of the mean circulation of anomalous temperature (dark red and magenta), and a nonlinear term arising from the possible correlation between anomalous circulation and anomalous temperature (yellow). Note that the units describe temperature change over the given time interval, where for monthly resolution (a, f) the tendencies are given as °C per month and the other cases are given as °C over the given aggregation time interval. . . . . 43
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805	<b>Fig. 3.</b>	Covariance ratio for the different ocean regions at different integration depths (50 m, 100 m, 300 m, 700 m, 2000 m and 6000 m) and time aggregation scales (1M, 3M, 6M, 1A, 2A, 3A, 4A, 5A, 10A). Each column of four panels represents the four heat budget terms (forcing, advection, diffusion, residual) for an ocean region. Each panel sorts the covariance ratio for each term by integration depth along the vertical axis and time aggregation scale along the horizontal axis. . . . . 44
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822	<b>Fig. 6.</b>	Global distribution of the covariance ratio between the total tendency and (a) forcing, (b) anomalous horizontal advection of mean temperature field, (c) mean horizontal advection of anomalous temperature field and (d) anomalous vertical advection of mean temperature field. The terms are integrated over the upper 700 m of ocean and the covariance ratios have been evaluated on the original spatial and temporal resolution. . . . . 47
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827 **Fig. 7.** Zonal means of the covariance ratios for the different budget terms in the upper 100 m  
 828 (top row), 300 m (center row) and 700 m (bottom row), and for monthly (left column),  
 829 annual (middle column) and pentad (right column) temporal averages. Covariance ratios  
 830 were derived from the original ( $1 \times 1$ ) spatial resolution and averaged into  $10^\circ$  latitude bins. . . . 48

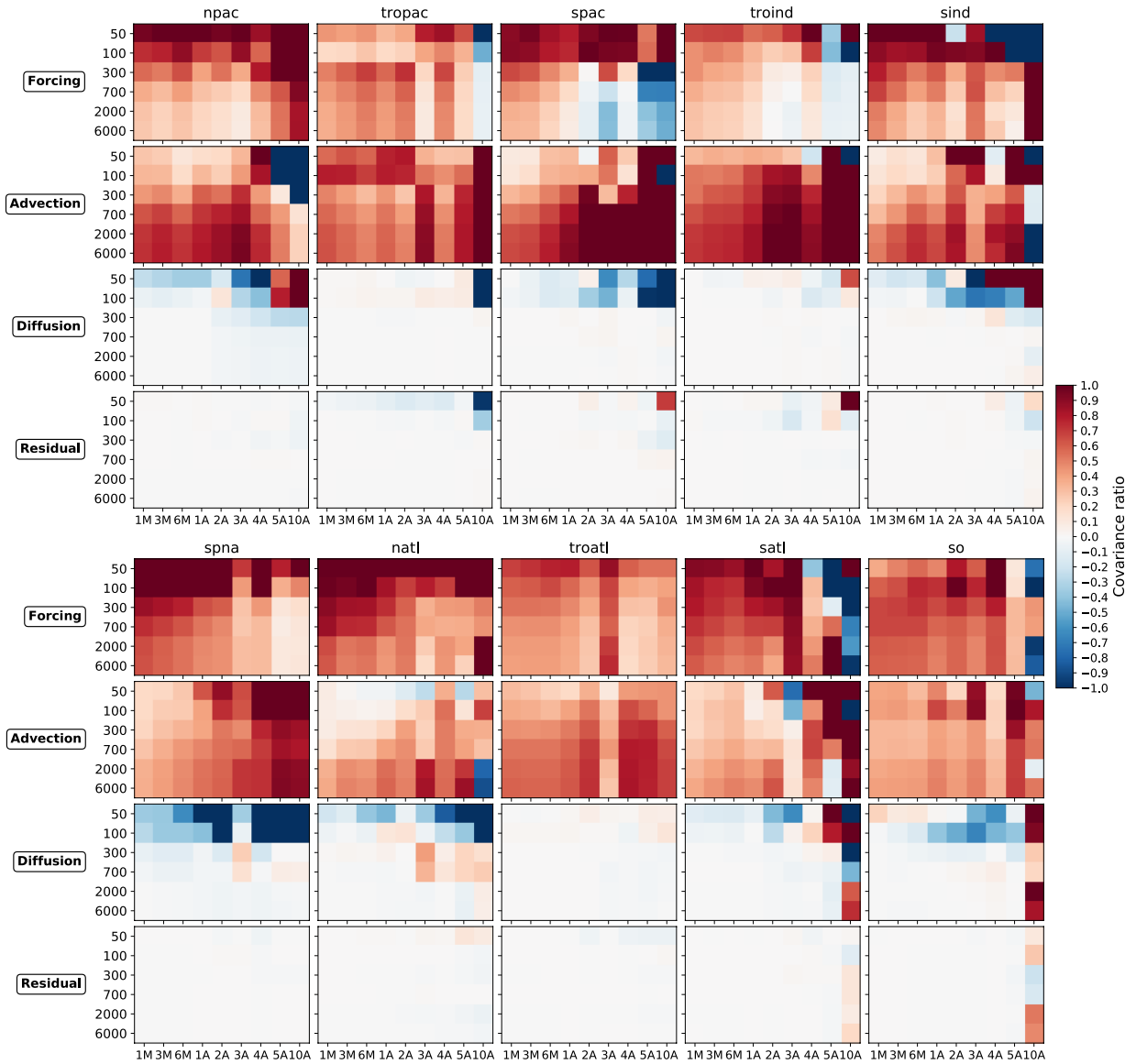
831 **Fig. 8.** Zonal means of the covariance ratios for forcing ( $F_{\text{forc}}'$ , blue lines) and anomalous advection  
 832  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  (red lines). Lines are shaded by spatial aggregation scale with darker shades  
 833 corresponding to coarser aggregations. Covariance ratios were derived from  $F_{\text{forc}}'$  and  
 834  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  at each aggregation scale and averaged into  $10^\circ$  latitude bins. Zonal means are  
 835 presented for the upper 100 m (top row), 300 m (center row) and 700 m (bottom row), as well  
 836 as using monthly (left column), annual (middle column) and pentad (right column) temporal  
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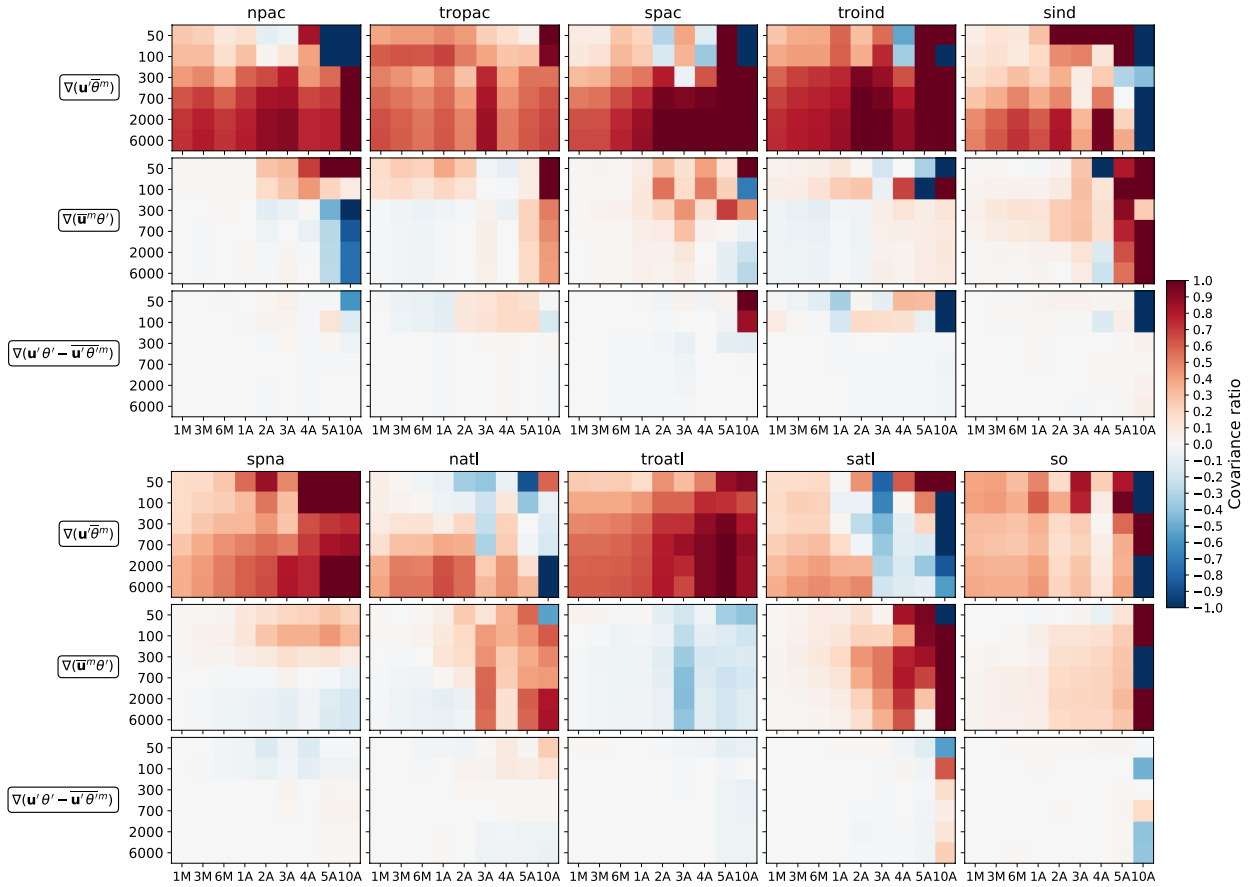
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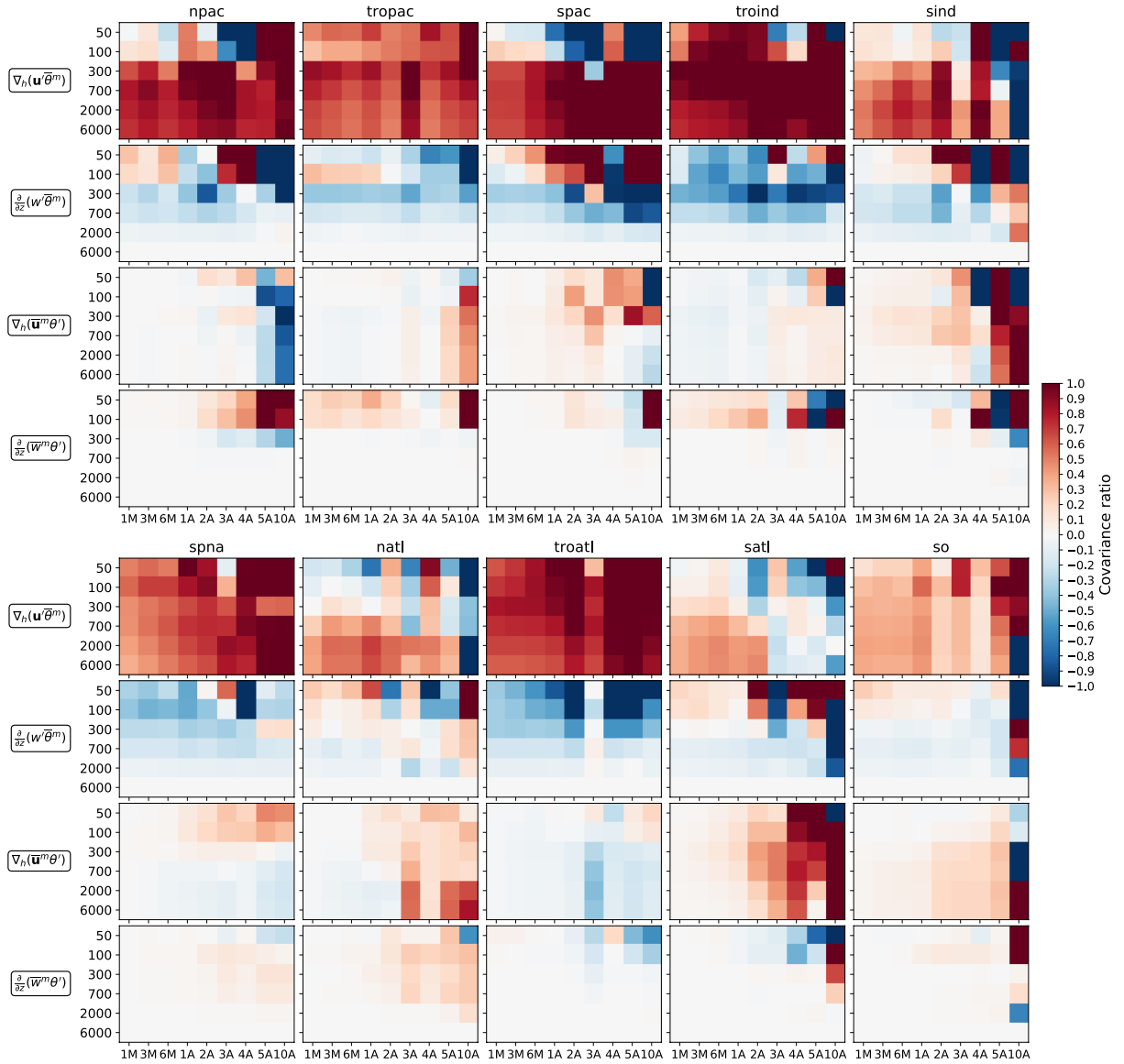
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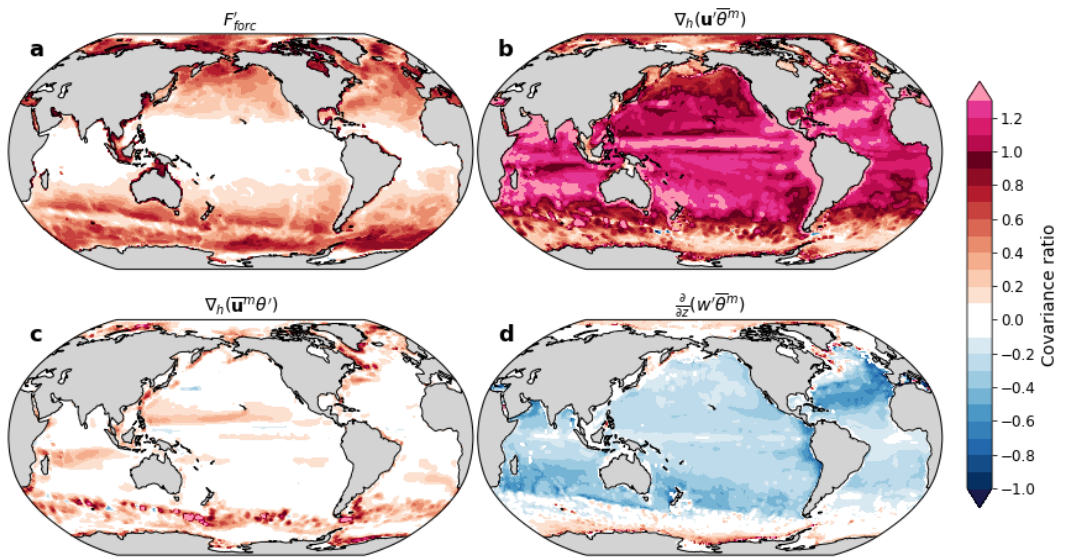
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 864 ratio for each term by integration depth along the vertical axis and time aggregation scale along the horizontal  
 865 axis.

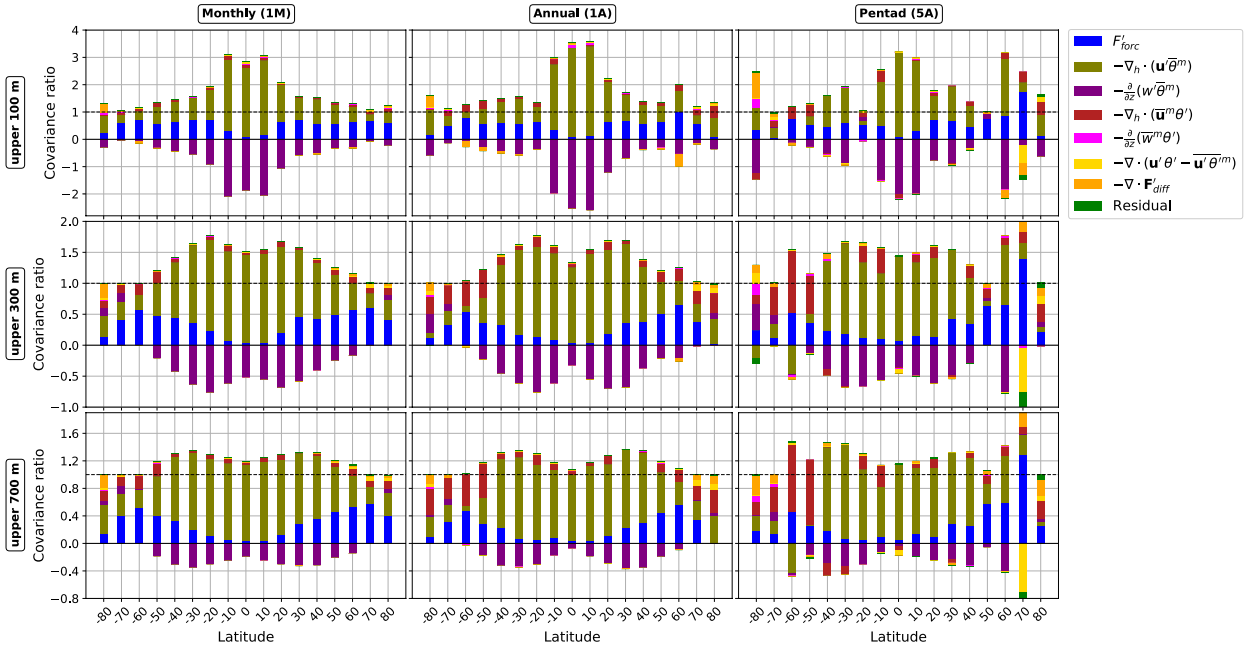


866 FIG. 5. Covariance ratio for the different ocean regions at different integration depths (50 m, 100 m, 300 m,  
 867 700 m, 2000 m and 6000 m) and time aggregation scale (1M, 3M, 6M, 1A, 2A, 3A, 4A, 5A, 10A). Each column  
 868 of four panels represents the horizontal and vertical component of the linear terms for advection for an ocean  
 869 region. Each panel sorts the covariance ratio for each term by integration depth along the vertical axis and time  
 870 aggregation scale along the horizontal axis.

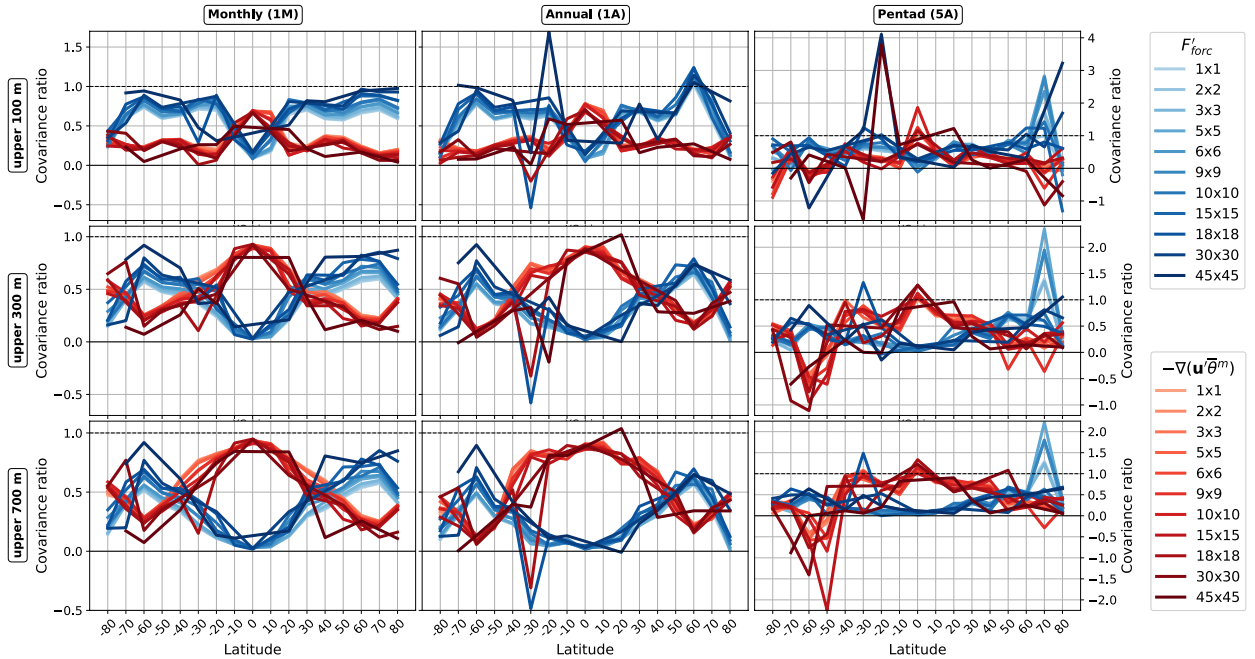


871 FIG. 6. Global distribution of the covariance ratio between the total tendency and (a) forcing, (b) anomalous  
 872 horizontal advection of mean temperature field, (c) mean horizontal advection of anomalous temperature field  
 873 and (d) anomalous vertical advection of mean temperature field. The terms are integrated over the upper 700 m  
 874 of ocean and the covariance ratios have been evaluated on the original spatial and temporal resolution.





875 FIG. 7. Zonal means of the covariance ratios for the different budget terms in the upper 100 m (top row),  
 876 300 m (center row) and 700 m (bottom row), and for monthly (left column), annual (middle column) and pentad  
 877 (right column) temporal averages. Covariance ratios were derived from the original ( $1 \times 1$ ) spatial resolution and  
 878 averaged into  $10^\circ$  latitude bins.



879 FIG. 8. Zonal means of the covariance ratios for forcing ( $F_{\text{forc}}'$ , blue lines) and anomalous advection  $-\nabla \cdot$   
 880 ( $\mathbf{u}'\bar{\theta}^m$ ) (red lines). Lines are shaded by spatial aggregation scale with darker shades corresponding to coarser  
 881 aggregations. Covariance ratios were derived from  $F_{\text{forc}}'$  and  $-\nabla \cdot (\mathbf{u}'\bar{\theta}^m)$  at each aggregation scale and averaged  
 882 into  $10^\circ$  latitude bins. Zonal means are presented for the upper 100 m (top row), 300 m (center row) and  
 883 700 m (bottom row), as well as using monthly (left column), annual (middle column) and pentad (right column)  
 884 temporal averages.