

1 **Are marl-limestone alternations mainly driven by CaCO<sub>3</sub> variations at the astronomical**  
2 **timescale? New insights from extraterrestrial <sup>3</sup>He**

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19  
20 **This manuscript was submitted to Earth and Planetary Science Letters on January 5<sup>th</sup>**  
21 **2023 for peer-review evaluation.**

22  
23 **This is the non-peer reviewed version preprint submitted to EarthArXiv on January 6<sup>th</sup>**  
24 **2023.**

25  
26  
27  
28  
29 **Words count:**

30  
31 **7600 words + 9 figures**

32  
33  
34 **6 supplementary Tables:**

35 **<https://ordar.otelo.univ-lorraine.fr/record?id=10.24396/ORDAR-108>**

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37 **Supp. Table 1 – Samples description**

38 **Supp. Table 2 – Major and trace elements of bulk sediments**

39 **Supp. Table 3 – Raw helium data**

40 **Supp. Table 4 – <sup>3</sup>HeET derived sedimentation rates**

41 **Supp. Table 5 – Rock-Eval data**

42 **Supp. Table 6 – Nannofossil abundances**

43  
44 **Keywords:**

45 **marl-limestone alternations; extraterrestrial <sup>3</sup>He; CaCO<sub>3</sub>; Bajocian; Valanginian;**  
46 **orbital forcing**

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## Abstract

56 Marl-limestone alternations are rhythmical inter-bedded deposits that commonly occur in many  
57 sedimentological environments. It is quite well established that these lithological variations originate  
58 from astronomically-driven climatic variations paced by the Milankovitch cycles of main periods 19,  
59 23, 41, 100 and 405 ka. However, the sedimentological mechanisms involved are not clear: some models  
60 attribute these alternations to cyclic changes in the carbonate flux, while terrigenous siliciclastic input  
61 remained relatively constant. On the opposite, other models suggest that the carbonate flux was constant  
62 while the siliciclastic flux changed cyclically, or that both fluxes varied in antiphase. To disentangle  
63 these different scenarios, we collected marlstone and limestone samples from two sedimentary  
64 hemipelagic marl-limestone successions of Bajocian, Middle Jurassic (3 marl-limestone couplets over  
65 3.4 m) and Valanginian, Lower Cretaceous (1 marl-limestone couplet over 0.9 m) from the Southern  
66 French Alps (Barles). We measured their concentrations in calcium carbonate, organic carbon,  
67 nannofossil, as well as in extraterrestrial  $^3\text{He}$  ( $^3\text{He}_{\text{ET}}$ ). Carbonate contents range from 45% in marls to  
68 86% in limestones. Importantly, the measured  $^3\text{He}_{\text{ET}}$  concentrations of all samples remained nearly  
69 constant in the siliciclastic fractions, within uncertainties ( $< 20\%$ ). Hence, our results indicate that, at  
70 the astronomical timescale, sedimentation rates were mainly controlled by large changes in the  $\text{CaCO}_3$   
71 net fluxes, leading to variable dilution of the terrigenous input. Nannofossil counting shows that pelagic  
72  $\text{CaCO}_3$  fluxes of coccolithophores are inversely correlated to the total carbonate content along the marl-  
73 limestone alternations and represent less than 7% of the total carbonate content. Hence, in this setting,  
74 these marl-limestone alternations were driven by fluctuations in micritic  $\text{CaCO}_3$  supply from the nearby  
75 carbonate platform that variably diluted nannofossil and organic carbon particles. Finally, assuming a  
76 constant  $^3\text{He}_{\text{ET}}$  flux of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$ , total  $^3\text{He}_{\text{ET}}$ -derived sedimentation rates range from 20 to 30  
77 m/Ma in the marl strata, while they reach up to 80 to 100 m/Ma in the limestone layers. These  
78 sedimentation rates are broadly compatible with local average rates estimated for the whole Bajocian  
79 and Valanginian stages by biostratigraphy.

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## 1 - Introduction

81  
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83 Limestone-marlstone alternations are well known rhythmic inter-bedded deposits that  
84 are commonly encountered in many different carbonate-rich marine settings of the Phanerozoic.  
85 These sedimentological patterns are omnipresent in continental shelf to deep-sea settings, with  
86 some of the oldest records dating back from the Early Paleozoic (Einsele et al, 1982). Although  
87 some studies suggested a diagenetic origin for these limestone-marls cycles (e.g. Munnecke et  
88 al. 2001; Nohl et al. 2021), the dominant hypothesis is that these alternations result from

89 primary rhythmic sedimentation patterns driven by the so-called “orbital” climatic cycles  
90 (Gilbert 1895; Milankovitch 1941). This climatic variability is driven by the sinusoidal  
91 fluctuations of the Earth’s orbital parameters around the Sun, that control the climate through  
92 the seasonal repartition of insolation (e.g. Berger et al, 1993). These so-called Milankovitch  
93 cycles result from the combination of three main orbital cyclic parameters: eccentricity (405  
94 and 100 ka periods), obliquity (41 ka), and precession (19 and 23 ka). However, the exact  
95 sedimentological processes transforming this orbital forcing into lithological alternation are still  
96 unclear. Several models exist (e.g. Einsele, 1982; Ricken, 1993): i) Some propose that the  
97 terrigenous siliciclastic flux remain constant during these cycles, while the carbonate input is  
98 variable and controlled by the orbitally driven climatic variations (e.g., (Van Os et al. 1994;  
99 Pittet and Mattioli 2002); ii) other models suggest that the carbonate input remains constant and  
100 that the siliciclastic flux is the main variable factor, through the control of climate on continental  
101 denudation (e.g., Van Os et al. 1994; Mount and Ward 1986); iii) Other models even suggest  
102 joined antiphase variations of both carbonate and terrigenous fluxes (Marcantonio et al. 2009;  
103 Woodard et al. 2011). These various models almost invariably used sedimentary cycle counts  
104 and spectral analyses of the rhythmic successions to build so-called astronomical age models  
105 and estimate the fluxes of carbonate and detrital components. Such age models are however  
106 inherently limited in temporal resolution (>20 ka) and are not able to measure relative changes  
107 in accumulation rates at the timescale of a single marl-limestone alternation. Moreover,  
108 depending on the analyzed setting, these approaches generally imply relatively subjective  
109 choices regarding cycle identification. Hence, given the coarse resolution and uncertainties of  
110 the astronomically-based fluxes, alternative methods are required to reconstruct sedimentation  
111 rates at ka-resolution and further constrain the processes controlling marl-limestone  
112 alternations.

113         Such ka-resolution age models can be achieved measuring the sedimentary abundance  
114 of particles of extraterrestrial origin. The Earth surface is indeed permanently bombarded by  
115 micrometeorites, known as interplanetary dust particles (IDPs), whose typical sizes are smaller  
116 than 100  $\mu\text{m}$ . These IDPs bear significant amount of extraterrestrial  $^3\text{He}$  ( $^3\text{He}_{\text{ET}}$ ) and are  
117 sufficiently small to have remained below the helium diffusion temperature during their  
118 atmospheric entry (Mukhopadhyay and Farley 2006). These micrometeorites carry high  
119 amounts of  $^3\text{He}_{\text{ET}}$  accumulated by solar wind implantation and cosmic ray production. They  
120 bring to Earth a flux of  $^3\text{He}_{\text{ET}}$  that ranges between  $10^3$  and  $10^4$   $\text{at.cm}^{-2}\text{.yr}^{-1}$  (McGee and  
121 Mukhopadhyay 2013), before being finally mixed in continental and marine sediments. Since

122 IDPs have a  $^3\text{He}/^4\text{He}$  ratio that is several orders of magnitude higher than the one of the  
123 terrestrial rocks, it is possible to compute the proportion of helium carried by IDPs and the one  
124 carried by terrestrial silicates. The concentration of  $^3\text{He}_{\text{ET}}$  measured in bulk sediment samples  
125 can hence be used as a proxy of past variations of extraterrestrial material flux over long term  
126 timescales ( $> 1 \text{ Ma}$ ) (Farley et al. 2006). This application requires the sedimentation rate to be  
127 independently known. Reversely, when the sedimentation rate is unknown,  $^3\text{He}_{\text{ET}}$   
128 concentrations in sediments may be used to determine the terrestrial sedimentation rate (e.g.  
129 (Marcantonio et al. 1995; 1996; Farley and Eltgroth 2003; Abell et al. 2021). This requires that  
130 the flux of  $^3\text{He}_{\text{ET}}$  can be assumed constant, a hypothesis that is satisfied on  $< 100 \text{ ka}$  timescales  
131 (Farley et al. 2012; McGee and Mukhopadhyay 2013). In this case,  $^3\text{He}_{\text{ET}}$  is an efficient mean  
132 to determine sedimentation rates and we take here advantage of this method.

133 To improve our understanding of the origin of the marl-limestones alternations we  
134 present here new  $^3\text{He}_{\text{ET}}$ ,  $\text{CaCO}_3$ , organic carbon and nannofossil contents of sedimentary  
135 samples collected along meter-scale limestone-marl alternations of a Bajocian (3.4 m – 23  
136 samples) and a Valanginian (0.9 m – 6 samples) section from the French Southern Alps (Digne-  
137 les-Bains, France). We also performed Rock-Eval analysis to measure the total organic carbon  
138 (TOC; wt%) and assess the maximum temperature reached by the samples during their burial  
139 by orogenesis processes. We use these data to establish whether these alternations were  
140 controlled by changing detrital or carbonate fluxes (or a combination of both). The new  $^3\text{He}_{\text{ET}}$   
141 measurements yield sedimentation rates and changes in carbonate and organic carbon fluxes.  
142 The results unambiguously identify constant silici-clastic input, the variable carbonate net flux  
143 being the dominant processes controlling the studied lithological and geochemical patterns.  
144 This has important implications for our understanding of Mesozoic stratigraphy and  
145 biogeochemical feedbacks.

146

## 147 **2- Geological settings and samples description**

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### 149 **2-1 – The Mesozoic sedimentary terrains of the Barles half window**

150 We sampled two carbonate-rich sedimentary successions of 3.4 and 0.9 m long,  
151 respectively belonging to the Bajocian and the Valanginian. Both are located in the foreland of  
152 the French Southern Alps, in the autochthonous Mesozoic cover of the Barles-Digne-les-Bains  
153 zone (Haccart et al. 1989) (Fig. 1). This Mesozoic sedimentary succession exposes different  
154 lithological facies: a few hundreds of meters of evaporites, restricted at the bottom of the pile,  
155 are topped by a pluri-kilometric thick succession of marine formations mainly composed of

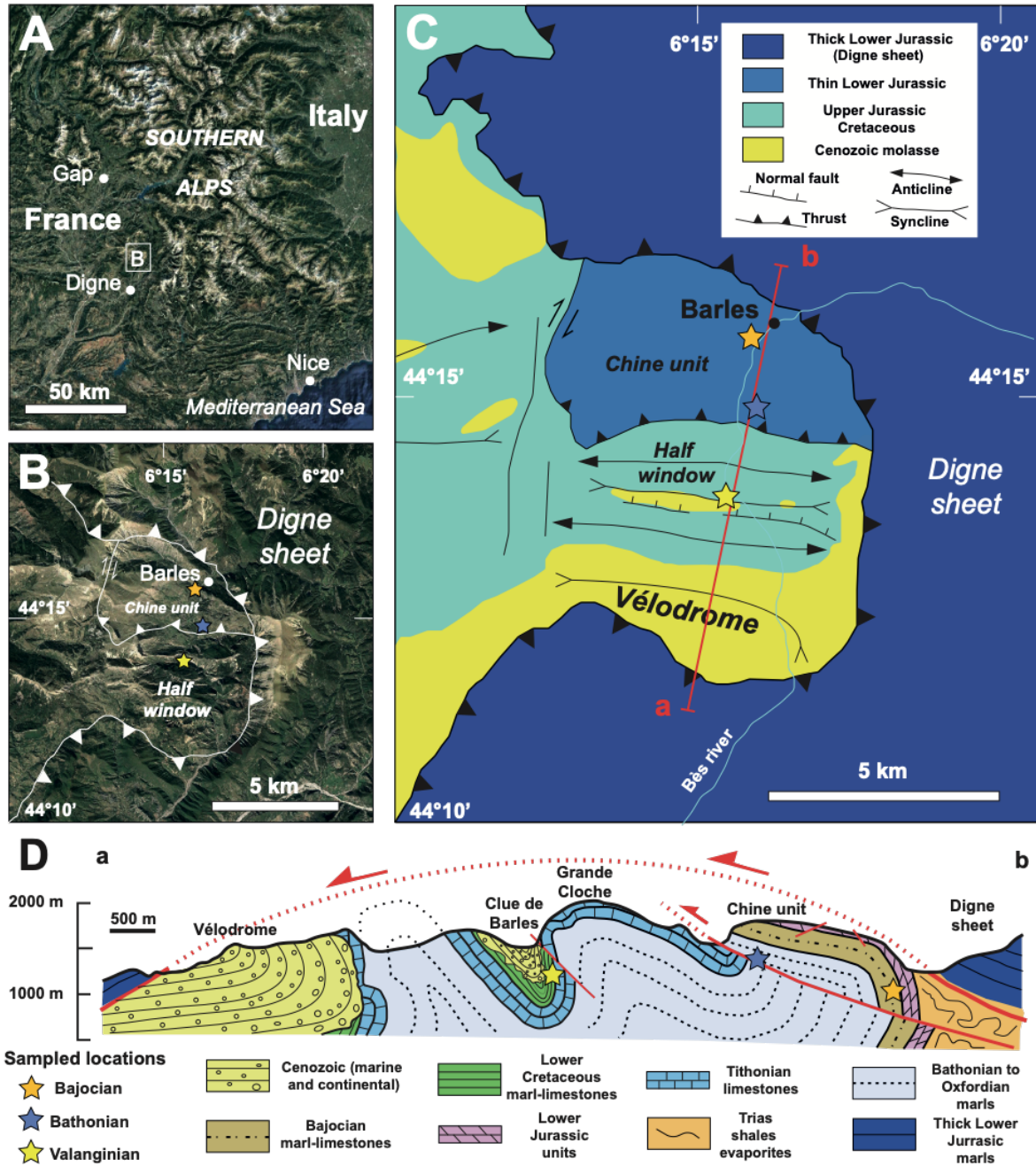
156 more or less regular alternations of limestone and marl beds (Fig. 1). Most of these marl-  
157 limestone rhythms were deposited in open epicontinental marine environments developed at  
158 the borders of the Tethys Ocean and surrounded by a mosaic of emerged lands (Massif Central)  
159 and shallow water carbonate platforms (Provence in the South, Jura in the North), with  
160 important lateral variations in the bathymetry (Fig 2A and B).

161         Along the Bès river, the Barles section exposes a Mesozoic sedimentary cover of about  
162 3000 m-thick from the Rhaetian (Upper Triassic) to the Albian (Lower Cretaceous) (Fig. 2C).  
163 Alternations of marl and limestone beds occur at different time scales and imply different  
164 controlling mechanisms. Over multi-million years timescale, the observed inter-stages  
165 limestone marl variations probably result from the combined effects of changes in tectonics,  
166 eustasy and climate (Graciansky et al. 1999). Over shorter timescales (<1 Myr), the marl-  
167 limestone lithological alternations in Southern France are often characterized by a clear  
168 rhythmicity that was probably paced by orbitally-driven climate changes (e.g. Martinez et al.  
169 2015; Giraud et al. 1995; Sucheras-Marx et al. 2013).

170         This foreland zone of the external Alps has been affected by moderate to high intensity  
171 folding and faulting during the alpine orogenesis, that started at the Oligocene, 35 Ma ago (Ford  
172 et al. 2006). After its burial under the overlying pluri-kilometric sedimentary pile (3 km for the  
173 Valanginian, 4 km for the Bajocian; Figs. 1 and 2), the Barles folded window has later been  
174 buried under the ~3 km thick Digne thrust sheet 12 Ma ago (Fig. 1), before being exhumed  
175 around 6 Ma ago (Schwartz et al. 2017).

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Figure 1 – A) Satellite picture of the Southern French Alps and localization of the studied area (square) © Google Earth, B) Satellite picture of the Barles half-window and the Digne sheet © Google Earth, C) Geological map of the studied area (modified from Agard and Lemoine 2005), D) North south cross-section of the Barles autochthonous half-window (modified from Agard and Lemoine 2005). Stars show the location of the sampled sections.

## 188 2.2 - Bajocian section (~170 Ma)

189

190 We collected 23 samples along a 3.38 m section of Bajocian age exposed on a  
191 continuous fresh outcrop in the northern bank of the Bès river (44.261036° N, 6.263431° E),  
192 the bedding dip is vertical with a strike of 110°N (Supp. Table 1, Figs. 1-3). The sampling site  
193 is located about 50 m above the base of the Bajocian formation, which has a total thickness of  
194 ~100 m at this location (Figs. 1 and 2). Our sampling covers three marl-limestone duplets (12  
195 marl and 11 limestone samples). We removed the most altered surficial layers with a geological  
196 hammer, targeting fresh samples of ~500 g each. Samples positions were noted on the outcrop  
197 with a yellow mark and their relative positions in the vertical scale measured with a precision  
198 of about 2 cm (Fig. 3).

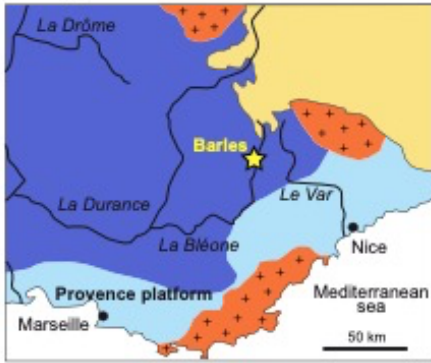
199 This Bajocian succession is characterized by an alternation of pluridecimeteric thick  
200 calcareous beds and marly beds, with numerous *Zoophycos* trace fossils and *Stephanoceras*  
201 ammonites. The limestones have a mudstone facies. The detrital fraction is relatively rich in  
202 muscovite and has a silty-clay granulometry. The sedimentological characteristics indicate a  
203 depositional environment in an open marine platform located in the lower offshore bathymetric  
204 zone.

205 The timescale of the Bajocian stage remains rather poorly constrained relatively to other  
206 Mesozoic stages. Its biostratigraphic scheme based on ammonites (Cariou and Hantzpergue  
207 1997) has been recently updated with calcareous nannofossil data (Ferreira et al. 2019). The  
208 GTS2020 (Gradstein et al. 2020) gives a duration of 2.73 Ma for the whole Bajocian stage. A  
209 cyclostratigraphic analysis ((Huang 2018) based on the dataset of (Ikeda, et al 2016)), indicate  
210 a total duration of 4 Ma for the two Bajocian-Bathonian stages, implying a duration of ~2 Ma  
211 for the Bajocian. However, a cyclostratigraphic study based on Chaudon-Norante section in the  
212 South Alpine basin suggested that the lower Bajocian stage may last at least 4 Ma (Sucheras-  
213 Marx et al. 2013), leading to a much longer estimate of 9.5 Ma for the whole Bajocian. These  
214 estimates bracket the average sedimentation rate between 10 and 50 m/Ma for the Bajocian  
215 section sampled at Barles (37 m/Ma using the 2.73 Ma duration of the GTS2020 timescale).

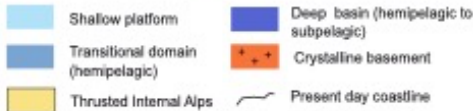
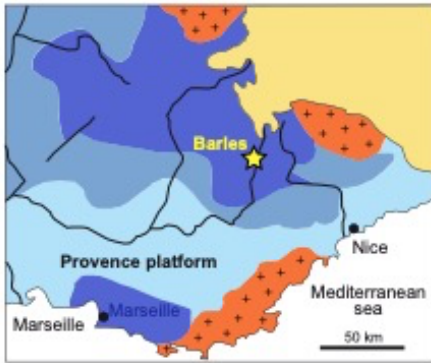
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217 We also collected a single sample in the Bathonian-Oxfordian succession exposed near  
218 Saint Clément (44.245449°N, 6.267806°E), which is a >500 m thick, homogeneous unit of dark  
219 marls (“*Terres Noires*”) deposited in ~8 Ma (Fig. 2), corresponding to a mean sedimentation  
220 rate of at least 60 m/Ma.

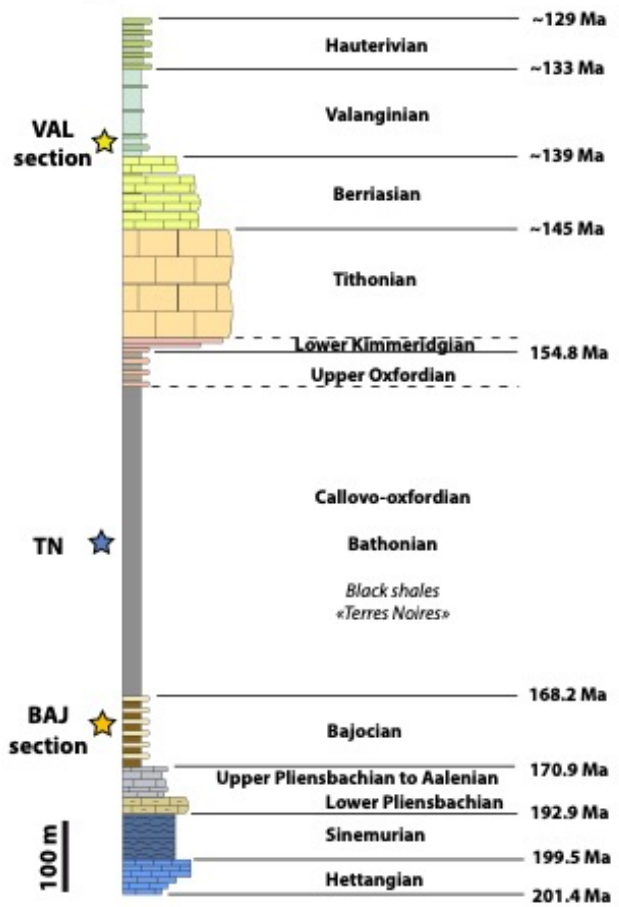
**A - Bajocian (170 Ma)**



**B - Valanginian (139 Ma)**



**C - Log of the Barles section**



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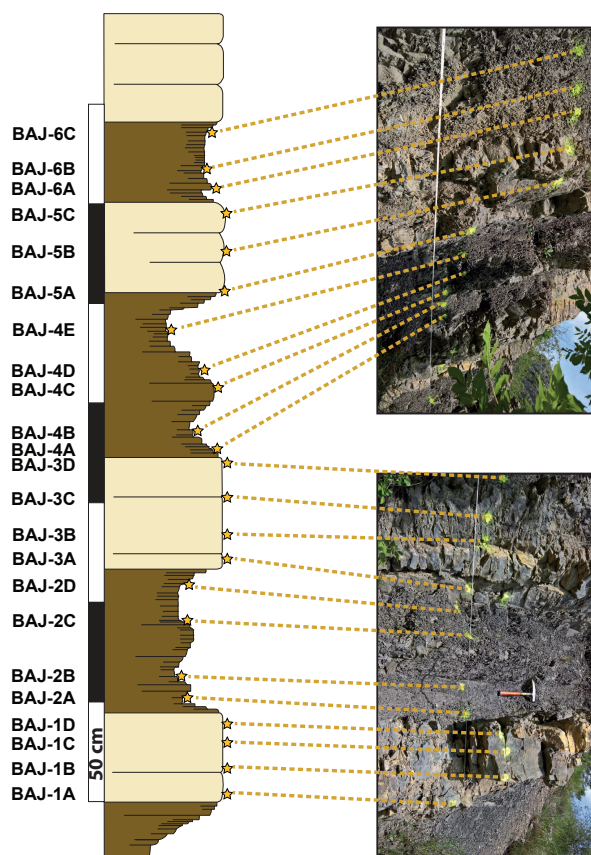
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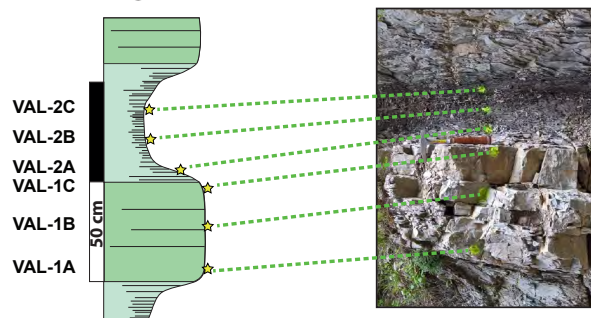
**Figure 2 – A and B) Paleogeographic maps of the Southern French Alps during the Bajocian and Valanginian (modified from (Charbonnier et al. 2016) and (Olivero 2003)) - C) General log of the Barles half-window sedimentary cover (weathering profile). Stars show the position of the three sampled sections.**



### A - Bajocian section



### B - Valanginian section



227

228 **Figure 3 – Sedimentological log and picture of the A) Bajocian and B) Valanginian**  
229 **sampld sections. Stars show the positions of the samples.**

230

231

### 232 **2.3 - Valanginian section (~139 Ma)**

233

234 We collected 6 samples along a 0.88 m succession of Valanginian age, in a fresh outcrop  
235 of a gully on the right bank of a small tributary of the Bès river, at the southern edge of the

236 Clue de Barles (44.231113°N, 6.256626°E), where the bedding dip is vertical with a strike of  
237 95°N (Supp. Table 1; Figs. 1-3). The sampled sections belong to the lowest part of the  
238 Valanginian, ~20 m above the top of the Berriasian formation. This section is characterized by  
239 submetric alternations of limestones and marls (Figs. 2 and 3). The 6 samples cover a single  
240 marl-limestone duplet (3 marl and 3 limestone samples). These limestones have a fine micritic  
241 facies, with no visible macrofossils, and the limestone-marl transition is very progressive. We  
242 targeted fresh samples of ~200 g each with a geological hammer. Sample positions were noted  
243 on the outcrop with a yellow mark and their relative positions in the vertical scale measured  
244 with a precision of about 2 cm (Fig. 3).

245 The total thickness of the Valanginian succession is 150 m at the sampling site.  
246 Assuming that the Valanginian is fully represented in this interval and its total duration is  
247 5.1 Ma in GTS2020 (Martinez et al. 2013; Gradstein et al. 2020), the studied succession was  
248 deposited at an average sedimentation rate of 29 m.Ma<sup>-1</sup>.

249

250

## 251 **3 – Methods**

252

### 253 **3.1 - Samples preparation and dry bulk density measurement**

254

255 We selected hand-size subsamples showing no visible fracture, no alteration crust, nor  
256 large clasts. Subsamples of ~50 g were then weighted, before being hold and weighed in water,  
257 in order to determine their volume by hydrostatic weighting, following the Archimedes’  
258 principle. Weights were then divided by volumes to compute the bulk densities.

259

### 260 **3.2 - Major, trace elements and carbonate contents**

261 The CaCO<sub>3</sub> content of the samples was estimated using three independent approaches:  
262 i) major elements (including Ca and C), and trace elements were analyzed at CRPG-SARM  
263 (Nancy) from 1 gram aliquots, with the standard protocol involving total alkaline fusion  
264 followed by ICP-OES, atomic spectroscopy and ICP-MS analyses (Carignan et al. 2001), ii) by  
265 measuring the residual weight of the non-carbonate fraction (NCF), obtained after 72 hours of  
266 10% HCl digestion at room temperature, as part of the helium isotope measurements carried  
267 out on (see section 3.2.1) iii) by multiplying by 7.976 the mineral carbon contents (MinC)  
268 obtained during the Rock-Eval pyrolysis performed with 2 g aliquots (Jiang et al. 2017) (see  
269 section 3.5.).

270

### 271 **3.3 - Helium isotopes analysis and calculations of sedimentation rates**

#### 272 3.3.1. Decarbonation

273 Subsamples of ~50 g were gently crushed and weighted. They were then dissolved in  
274 ~200 mL of 10% HCl during 72 hours, a duration sufficient to yield a total disappearance of  
275 any bubble. After centrifugation at 5000 rpm for 5 minutes, the supernatant was poured away.  
276 Then, remaining samples were rinsed three times in ~200 mL of deionized water. After each  
277 rinsing step, samples were centrifugated and the supernatant was again poured away. Although  
278 we paid a special attention to avoid unexpected loss of the remaining non-carbonate fraction, it  
279 is possible that a few % of the finest fraction of the sample were unintentionally lost during the  
280 rinsing steps. The decarbonated residues were then dried at 60°C for 48 hours and weighted to  
281 compute the proportion of the non-carbonate fraction relative to the initial weight.

282

#### 283 3.3.2. Helium isotopes analysis

284 All helium isotope concentrations were measured at the CRPG Nancy noble gas facility with  
285 an upgraded SFT mass spectrometer (Mabry et al. 2013; Blard et al. 2015).  $^3\text{He}$  and  $^4\text{He}$   
286 concentrations were measured in unseived decarbonated aliquots ranging in mass from 42 to  
287 504 mg (weighting precision of 0.1 mg,  $1\sigma$ ) that were wrapped in tin foils before being loaded  
288 in the carousel of a home designed high vacuum metal induction furnace (Zimmermann et al.  
289 2018; Blard 2021). Helium was extracted by heating the samples at 1400°C during 20 min.  
290 Subsequent re-extraction were at blank levels, showing that this procedure was sufficient to  
291 release the totality of the helium from the samples. Associated  $^3\text{He}$  and  $^4\text{He}$  blanks were  $(7\pm 7)$   
292  $\times 10^3$  atoms and  $(2.2\pm 0.8) \times 10^9$  atoms, respectively. The blank correction represents less than  
293 1% of the helium concentrations analyzed in these samples. After the sample heating, the  
294 extracted gas was cleaned in a metal purification line, using a succession of charcoals cooled  
295 in liquid nitrogen, foam getters and Ti-sponge, until the remaining pressure had reached less  
296 than 1 mbar. Finally, the remaining gas was focused in a cryosorber head cooled at 8 K, before  
297 being re-heated at 75 K and released in the SFT mass spectrometer for analysis (Blard et al.  
298 2015; Blard 2021). The instrument sensitivity was calibrated using the HESJ helium standard  
299 (Matsuda et al. 2002), which has a certified  $^3\text{He}/^4\text{He}$  ratio of 20.63 Ra (Ra =  $1.384 \times 10^{-6}$  being  
300 the atmospheric  $^3\text{He}/^4\text{He}$  ratio). Long term external sensitivities of the SFT were  $(4.39\pm 0.09) \times$   
301  $10^{18}$  cps/mol, and  $(7.87\pm 0.02) \times 10^{13}$  mV/mol for  $^3\text{He}$  and  $^4\text{He}$ , respectively. The analysis of a  
302 CRONUS-P pyroxene during the same analytical session, yielded  $^3\text{He}$  and  $^4\text{He}$  concentrations

303 of  $(4.88 \pm 0.06) \times 10^9$  at/g and  $(3.55 \pm 0.06) \times 10^{13}$  at/g, in very good agreement with the  
304 calibrated value (Blard et al. 2015; Blard 2021).

305

### 306 3.3.3. Isotopic determination of the ${}^3\text{He}_{\text{ET}}$ component

307

308 In marine sediments, the helium isotopic budget is determined by a two-components isotopic  
309 mixing between the helium terrestrial silici-clastic endmember and the extraterrestrial  
310 endmember. Hence, we used the helium ratio ( $R_{\text{sample}}$ ) and the total  ${}^3\text{He}$  concentration ( ${}^3\text{He}_{\text{sample}}$ )  
311 measured in the bulk samples to compute the concentration of extraterrestrial  ${}^3\text{He}$  ( ${}^3\text{He}_{\text{ET}}$ )  
312 (Marcantonio et al. 1995):

313

$$314 \quad {}^3\text{He}_{\text{ET}} = \frac{1 - \frac{R_{\text{SC}}}{R_{\text{sample}}}}{1 - \frac{R_{\text{SC}}}{R_{\text{ET}}}} \times {}^3\text{He}_{\text{sample}} \quad (1)$$

315

316 , where  $R_{\text{SC}} = ({}^3\text{He}/{}^4\text{He})_{\text{SC}}$ , and  $R_{\text{ET}} = ({}^3\text{He}/{}^4\text{He})_{\text{ET}}$  are the silici-clastic terrestrial and  
317 extraterrestrial isotopic ratios, respectively. Here we use a value of  $0.01 R_a$  for  $R_{\text{SC}}$  and  $300 R_a$   
318 for  $R_{\text{ET}}$ . The value of  $R_{\text{SC}}$  is calculated considering that these isotopic endmembers equals the  
319 production ratio of nucleogenic  ${}^3\text{He}$  and radiogenic  ${}^4\text{He}$ , using the equations of Andrews and  
320 Kay (1982), Andrews (1985) and Blard (2021) and the major and trace elements measured in  
321 the samples, assuming a Li concentration of  $75 \pm 25$  ppm in the silici-clastic component (Teng  
322 et al. 2004). Since  $R_{\text{SC}}$  has shown variations in different materials (McGee and Mukhopadhyay  
323 2013; Marcantonio et al. 1998), we consider here a significant relative uncertainty of 50% on  
324  $R_{\text{SC}}$ , as well as  $R_{\text{ET}}$ , and propagate this uncertainty using the Taylor's formula on the calculation  
325 of  ${}^3\text{He}_{\text{ET}}$  with equation (1).

326 Recent work showed that atmospheric helium may be absorbed on the surface of  
327 recently crushed silicates (Protin et al. 2016; Cox et al., 2021). However, given the  
328 granulometry of the analyzed samples ( $D_{50}$  from 5 to 15  $\mu\text{m}$ , Supp. Table 1), the amplitude of  
329 this potential contamination is 1 to 2 orders of magnitude lower than the  ${}^4\text{He}$  concentrations  
330 measured in these samples, implying that a potential contamination by atmospheric helium can  
331 be safely neglected.

332

### 333 3.3.4. ${}^3\text{He}_{\text{ET}}$ concentrations in sediments: a way to measure sedimentation rates

334

335 If the net flux of  ${}^3\text{He}_{\text{ET}}$ ,  $F_{\text{ET}}$  ( $\text{at. m}^{-2}.\text{Ma}^{-1}$ ) can be assumed constant over the timescale of  
336 interest, the concentrations of  ${}^3\text{He}_{\text{ET}}$  measured in the non-carbonate fraction of sediments can  
337 be used to compute the mean terrigenous sedimentation rate,  $S_{\text{SC}}$  ( $\text{m}/\text{Ma}$ ) (e.g. Farley 1995;  
338 Abell et al. 2021):

339

$$340 \quad S_{\text{SC}} = \frac{F_{\text{ET}}}{\rho \times {}^3\text{He}_{\text{ET}}} \quad (2)$$

341

342 , where  $\rho$  ( $\text{g}/\text{m}^3$ ) is the bulk density of the analyzed sample. Here we used a mean  ${}^3\text{He}_{\text{ET}}$   
343 accumulation rate of  $2.7 \times 10^{13} \text{ at. m}^{-2}.\text{Ma}^{-1}$  ( $100 \text{ pcc. cm}^{-2}.\text{Ma}^{-1}$ ), an average value based on the  
344 stack record of Farley et al. (2012) covering the 100-34 Ma period.

345

346 Then, knowing the non-carbonate fraction (NCF), the total sedimentation rate  $S_{\text{Tot}}$  ( $\text{m}/\text{Ma}$ )  
347 is obtained from:

348

$$349 \quad S_{\text{Tot}} = \frac{S_{\text{SC}}}{\text{NCF}} \quad (3)$$

350

351 With:

352

$$353 \quad S_{\text{Tot}} = S_{\text{SC}} + S_{\text{CaCO}_3} \quad (4)$$

354

355  $S_{\text{CaCO}_3}$  ( $\text{m}/\text{Ma}$ ) being the net calcium carbonate sedimentation rate.

356

357

### 358 **3.4 - Laser granulometry**

359

360 We analyzed the granulometric distribution of aliquots of  $\sim 100$  mg of the non-carbonate  
361 fraction using the laser granulometer (Malvern Mastersizer 3000®) of the Laboratoire de  
362 Glaciologie of ULB (Université Libre de Bruxelles).

363

### 364 **3.5 - TOC determination and rock-Eval pyrolysis**

365

366 We measured total organic carbon (TOC, wt.%) content, mineral carbon (MinC, wt.%)  
367 content, hydrogen index (HI, mg HC/g TOC, HC=hydrocarbons), oxygen index (OI, mg  $\text{CO}_2/\text{g}$

368 TOC), and  $T_{max}$  (°C) in powdered whole-rock sample using a Rock-Eval 6 (Espitalie et al.,  
369 1985; Behar et al., 2001) at the Institute of Earth Sciences of the University of Lausanne (ISTE–  
370 UNIL), Switzerland. Measurements were calibrated using the IFP160000 standard.  $T_{max}$  gives  
371 an estimate of the thermal maturation level of the organic matter (Espitalie et al., 1985; Peters  
372 1986). Pyrograms were carefully checked and HI values were not interpreted for TOC  $\leq$ 0.2  
373 wt.%, and  $T_{max}$  values for  $S_2 \leq$ 0.3 mg HC/g to avoid misinterpretation of flat thermograms  
374 (Peters 1986).

375

### 376 **3.6 - Calcareous nannofossil slide preparation and quantification**

377 We applied a random-settling method for calcareous nannofossil slide preparation  
378 (derived from (Beaufort et al 2014; Beaufort 1991). After crushing with an agate mortar, 1 mg  
379 of powder (weighted with a 0.1  $\mu$ g precision microscale) was mixed with 35 mL of water in a  
380 beaker and placed during a few seconds in an ultrasonic cleaner. Next, 40 mL of water was  
381 added in the beaker. 1 mL of this solution was pipetted in a dedicated decantation device, and  
382 this volume was finally completed by 2 mL of the same solution; the device being protected  
383 with a precisely weighed cover slide. The powder was left for decantation at least 4 h. Then,  
384 the water was cautiously aspirated out and the cover slide was oven-dried at 50°C overnight.  
385 The cover slide was weighed again and then glued on a slide with a Norland optical adhesive  
386 74 glue which crystallized in a UV cage after 30 s under radiation.

387 The calcareous nannofossils were observed and counted using an optical microscope  
388 Leica DM6000 with a red filter (655 nm) under  $\times$ 1000 magnification, a set of circular polarizers  
389 (one right and one left) and a right circular analyzer. Whole calcareous nannofossils ( $\geq$  50% of  
390 the fossils) were counted in at least 50 fields of views. However, all identifiable calcareous  
391 nannofossils represented by both whole specimens and fragments were photographed with a  
392 Spot Flex Monochromatic 15.0 64 Mpx. The pictures were directly used to measure the mass  
393 of the calcareous nannofossils and the mass of the calcite within each field of view following  
394 the method of Beaufort et al. (2021) for calcite mass quantification. The total mass of calcareous  
395 nannofossil calcite was estimated using the ratio between the sum of the mass of the fields of  
396 view and the sum of the mass of all calcareous nannofossils observed (whole and fragments).  
397 The absolute abundance (AbAb) of calcareous nannofossil in nannofossils/g was calculated  
398 following:

$$399 \quad AbAb = \frac{n}{fov} \times \frac{9216}{m_{sample} \times 10^{-3}} \quad (5)$$

400

401 with  $n$  the number of calcareous nannofossil counted,  $fov$  the number of fields of view, 9216  
402 the number of fields of view within a cover slide,  $m_{sample}$  the mass of powder on the cover  
403 slide in mg. The mass contribution to the bulk rock of calcareous nannofossils  $CaCO_3$   
404 ( $CaCO_{3Nanno}$ ) in wt% was then computed as follow:

405

$$406 \quad CaCO_{3Nanno} = \frac{\text{sum of measured mass nannofossil}}{\text{sum of measured mass fov}} \times CaCO_3 \quad (6)$$

407

408 with  $CaCO_3$  the proportion of calcium carbonate in the bulk rock (in wt%).

409

410

411

## 412 **4 - Results**

413

### 414 **4.1 - Carbonate fraction, major trace elements, dry bulk density and granulometry**

415

416  $CaCO_3$ , dry bulk densities (DBD) and granulometry of the NCF fractions are provided  
417 in Supp. Table 1 while major, trace elements are available in Supp. Table 2. The  $CaCO_3$   
418 contents range from 45 wt.% in marls to 86 wt.% in limestones (Figs. 4 and 5). The three  
419 methods used to determine the carbonate contents yield dataset that are highly correlated  
420 ( $R^2 > 0.97$ ). However, for several samples, the HCl dissolution method yields  $CaCO_3$  contents  
421 that are up to 10 wt% higher than those obtained by the two other methods. This indicates  
422 possible loss of NCF during the rinsing steps, leading to overestimate of the actual  $CaCO_3$   
423 fraction. Hence, in the following, we only consider the  $CaCO_3$  fraction measured at SARM.  
424 Since samples do not display evidence of biogenic silica nor secondary authigenic minerals  
425 (e.g. pyrite), we assume that the NCF content consists only of silici-clastic material.

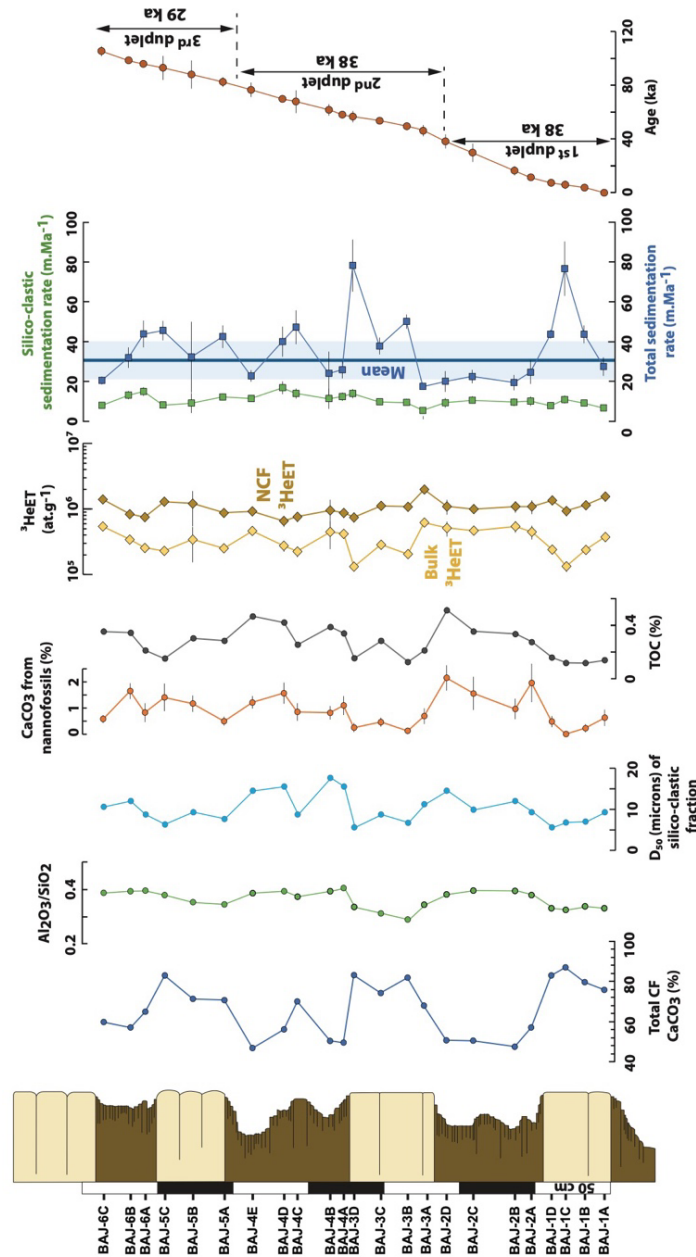
426

427 DBD range between 2.41 and 2.64 g/cm<sup>3</sup> for Bajocian samples, and between 2.31 and  
428 2.61 g/cm<sup>3</sup> for Valanginian samples.  $CaCO_3$ -richer samples generally have the highest DBD  
429 values. A similar range of DBD values and relationships with  $CaCO_3$  were reported for lower  
430 Bajocian samples from the Chaudon-Norante section, Subalpine Basin, France (Sucheras-Marx  
431 et al. 2013).

431

432 Grain size distribution of the NCF measured by laser granulometry yield  $D_{50}$  (median  
433 value) ranging from 3.8 to 17.6 microns, with a mean value of 9.3 microns (Figs. 4 and 5). The  
434 silici-clastic fractions (NCF) of limestones are characterized by smaller grain sizes ( $D_{50}$  of 7.7

434  $\mu\text{m}$  and  $3.9 \mu\text{m}$  for the Bajocian and Valanginian sections, respectively) than those of the marls  
 435 ( $D_{50}$  of  $12.4 \mu\text{m}$  and  $8.5 \mu\text{m}$  for the Bajocian and Valanginian sections, respectively (Supp.  
 436 Table 1). Grain size distributions are unimodal, mode and median being similar.  
 437

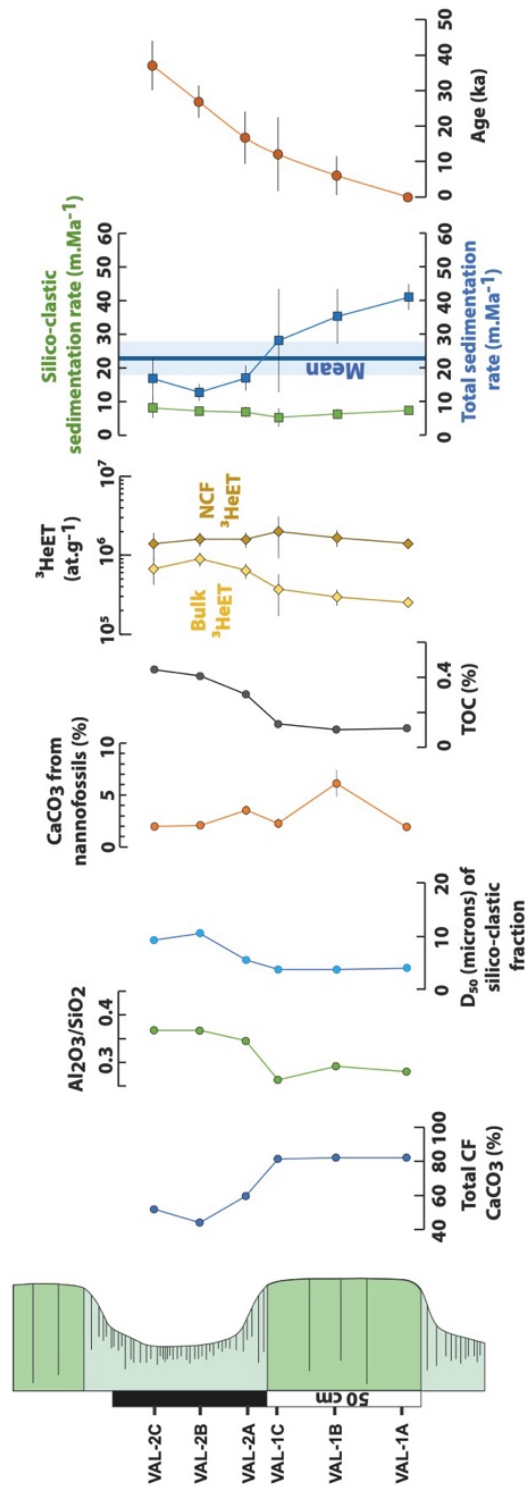


438

439

440 **Figure 4 – Log of the Bajocian section with carbonate fraction,  $\text{Al}_2\text{O}_3/\text{SiO}_2$  (proxy of**  
 441 **clays/quartz),  $D_{50}$  ( $\mu\text{m}$ ) of silici-clastic fraction,  $\text{CaCO}_3$  from nannofossils (wt %), Total**  
 442 **Organic Carbon (%),  $^3\text{He}_{\text{ET}}$  concentration (at/g) in the NCF fraction and in the bulk**  
 443 **sediment, silici-clastic sedimentation rate, total sedimentation rate, mean accumulation**  
 444 **rate, age model**





446

447 **Figure 5 – Log of the Valanginian section with carbonate fraction,  $Al_2O_3/SiO_2$  (proxy of**  
 448 **clays/quartz),  $D_{50}$  ( $\mu m$ ) of silici-clastic fraction,  $CaCO_3$  from nannofossils (wt %), Total**  
 449 **Organic Carbon (%),  $^3He_{ET}$  concentration (at/g) in the NCF fraction and in the bulk**

450 **sediment, silici-clastic sedimentation rate, total sedimentation rate, mean accumulation**  
451 **rate, age model**

452

453

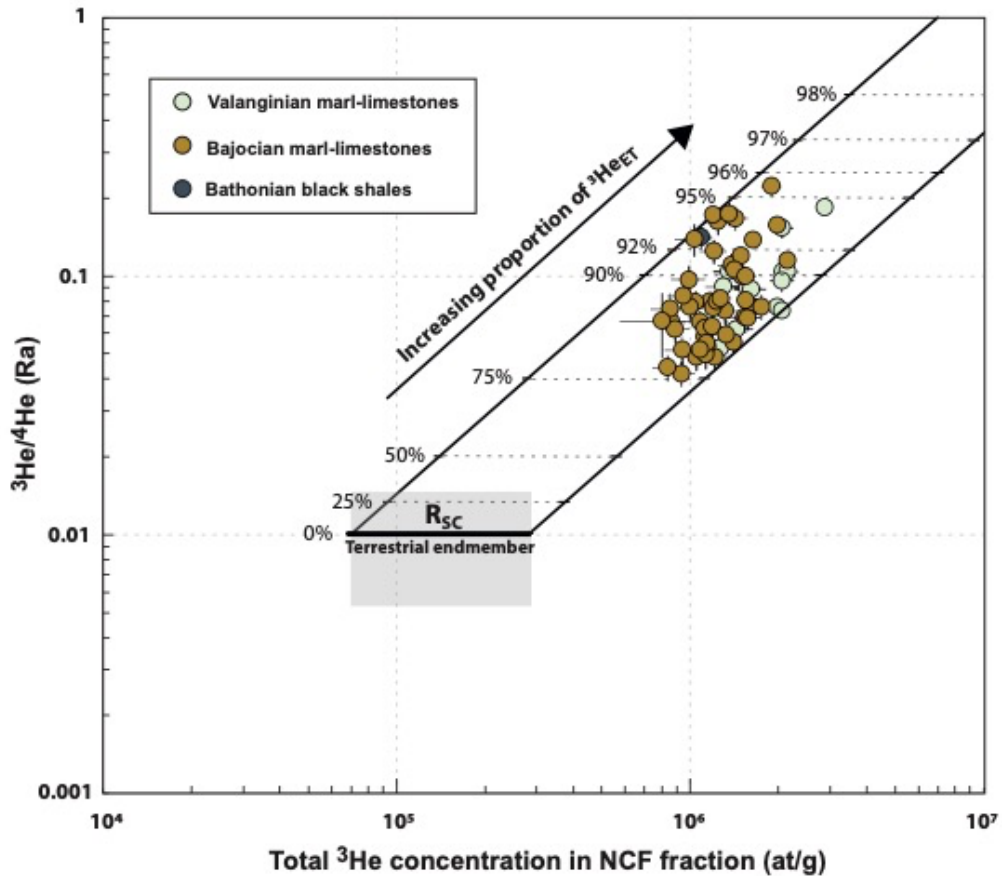
#### 454 **4.2 - <sup>3</sup>He and <sup>4</sup>He concentrations**

455 All helium results are presented in Supp. Table 3, with analytical uncertainties at the 1σ  
456 level. Bulk <sup>3</sup>He and <sup>4</sup>He concentrations measured by fusion range from  $(0.80 \pm 0.23) \times 10^6$  to  
457  $(2.87 \pm 0.14) \times 10^6$  at/g and from  $(0.51 \pm 0.01) \times 10^{13}$  to  $(2.03 \pm 0.03) \times 10^{13}$  at/g, respectively. Bulk  
458 (<sup>3</sup>He/<sup>4</sup>He) ratios range from  $0.042 \pm 0.005$  Ra to  $0.222 \pm 0.018$  Ra, values that are statistically  
459 above the value of the pure siliciclastic endmember  $R_{SC}$  ( $R_{SC} = 0.010 \pm 0.005$  Ra) (Fig. 6).  
460 Computed <sup>3</sup>He<sub>ET</sub> fractions using the two endmembers mixing assumption (Equation 1) range  
461 between 76 and 96%, the average value being 87% (Fig. 6). Associated relative uncertainties  
462 are anti-correlated with the proportion of <sup>3</sup>He<sub>ET</sub> and range from 2 to 12% (1σ). Hence, even  
463 considering a 50% uncertainty on the crustal <sup>3</sup>He/<sup>4</sup>He isotopic ratio (McGee and  
464 Mukhopadhyay 2013; Marcantonio et al. 1998), the proportion of <sup>3</sup>He<sub>ET</sub> is high enough to  
465 ensure a statistically robust determination of the extraterrestrial excess, above the terrestrial <sup>3</sup>He  
466 background (Fig. 6).

467 <sup>4</sup>He concentrations are positively correlated with the sample granulometry. Moreover,  
468 (U-Th)/<sup>4</sup>He ages that are tentatively computed from the bulk U-Th and <sup>4</sup>He concentrations are  
469 younger than 1 Ma. Such ages are considerably lower than the depositional ages of these  
470 sedimentary rocks, and even than the age of 6 Ma estimated for the exhumation event that  
471 occurred after the emplacement of the Digne sheet (Schwartz et al. 2017). Since the  
472 granulometry (D<sub>50</sub>) of the silici-clastic fraction is smaller than the α-ejection-implantation of  
473 20 μm, it is highly probable that the radiogenic <sup>4</sup>He produced in these sedimentary samples has  
474 continuously escaped from these sediments.

475

476



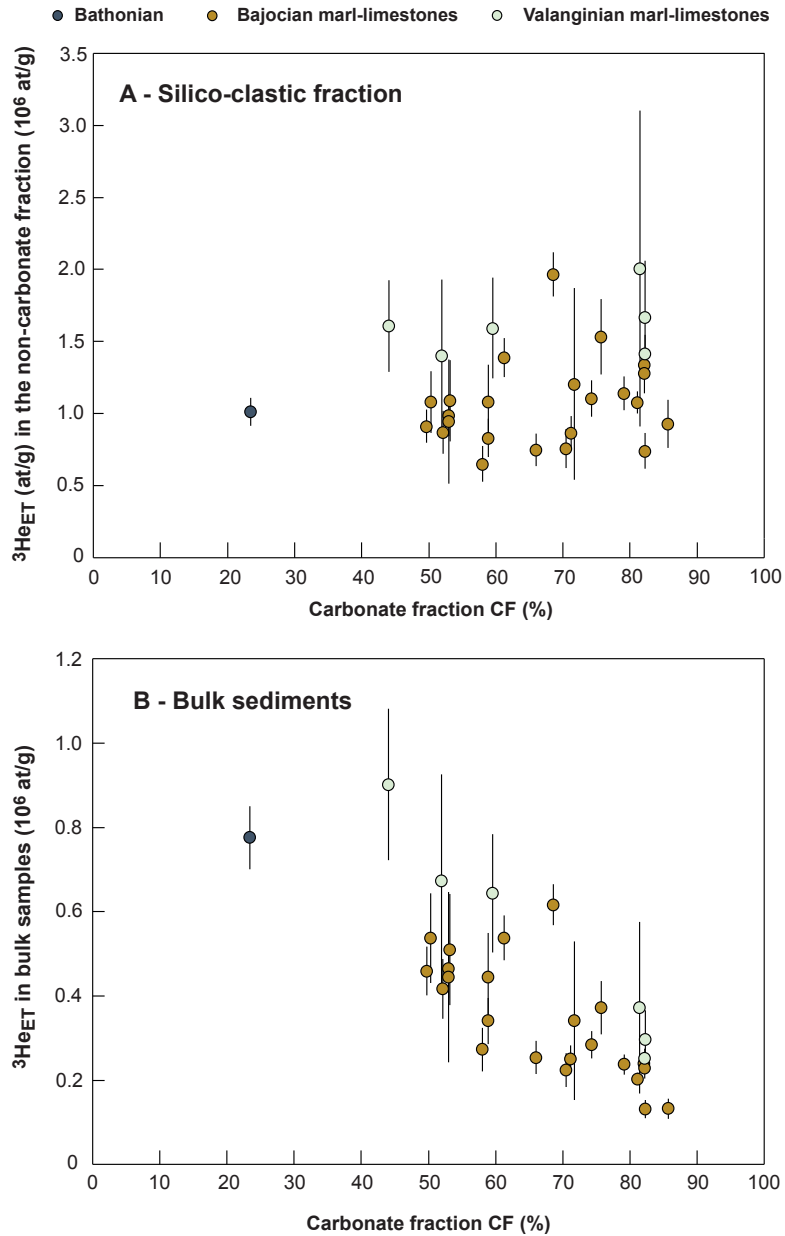
477  
 478 **Figure 6 – Measured  $^3\text{He}/^4\text{He}$  ratio (Ra) vs total  $^3\text{He}$  concentrations (at/g) measured in**  
 479 **the NCF fraction. Black lines show variable mixing between the terrestrial and the**  
 480 **extraterrestrial helium endmembers, with  $^3\text{He}/^4\text{He}$  isotopic ratios of  $0.010 \pm 0.005$  Ra and**  
 481 **300 Ra, respectively. Range of the terrestrial endmember (grey box) is defined**  
 482 **considering the minimum and maximum  $^4\text{He}$  concentrations measured in this dataset,**  
 483 **and for  $R_{\text{SC}}$  a theoretical production  $^3\text{He}_{\text{nucleogenic}}/^4\text{He}_{\text{radiogenic}}$  ratios of 0.01 Ra.**

484  
 485  
 486  $^3\text{He}_{\text{ET}}$  concentrations in the silicate fraction range from  $(0.65 \pm 0.12) \times 10^6$  at/g (BAJ-  
 487 4D) to  $(2.72 \pm 0.16) \times 10^6$  at/g (VAL-1C). Most of replicates of a same sample ( $n = 2$  to 4) agree  
 488 within  $2\sigma$  uncertainties, indicating that the interaliquot variability is comparable with the  
 489 analytical uncertainties. This suggests that the analyzed aliquots ( $\sim 200$  mg) are large enough to  
 490 be homogeneous and representative of the average  $^3\text{He}_{\text{ET}}$  concentration of their belonging  
 491 stratigraphic layers. Hence, we compute for each sample a weighted average  $^3\text{He}_{\text{ET}}$   
 492 concentration based on the uncertainty weighted mean of all aliquots (Fig. 7; Supp. Table 4).  
 493 For the Bajocian samples, average  $^3\text{He}_{\text{ET}}$  concentrations in the non-carbonate fractions are

494  $(0.95 \pm 0.20) \times 10^6$  at/g and  $(1.20 \pm 0.34) \times 10^6$  at/g in the marl and limestone samples,  
495 respectively (Fig. 7). The Valanginian samples display slightly higher  $^3\text{He}_{\text{ET}}$  concentrations in  
496 the non-carbonate fractions:  $(1.70 \pm 0.30) \times 10^6$  at/g and  $(1.54 \pm 0.12) \times 10^6$  at/g in the marl and  
497 limestone, respectively (Fig. 6).

498 Hence,  $^3\text{He}_{\text{ET}}$  concentrations of the silici-clastic fractions are similar, within  
499 uncertainties, between marl and limestones in both Bajocian and Valanginian samples. In other  
500 words,  $^3\text{He}_{\text{ET}}$  measured in the non-carbonate fraction is not correlated with the  $\text{CaCO}_3$  content  
501 of the sample (Fig. 7A).

502 Mean  $^3\text{He}_{\text{ET}}$  concentrations in Bajocian total bulk sediments (i.e., when the  $\text{CaCO}_3$   
503 fraction is considered) are respectively  $(0.28 \pm 0.14) \times 10^6$  at/g and  $(0.41 \pm 0.11) \times 10^6$  at/g in  
504 limestones and marls. The  $^3\text{He}_{\text{ET}}$  concentrations in Valanginian total bulk sediments are  
505  $(0.31 \pm 0.06) \times 10^6$  at/g in limestones and  $(0.74 \pm 0.14) \times 10^6$  at/g in marls. The  $\text{CaCO}_3$  contents  
506 are hence negatively correlated with  $^3\text{He}_{\text{ET}}$  total concentrations, both in the Bajocian and  
507 Valanginian samples (Fig. 7B).



508

509

510 **Figure 7 –  $^3\text{He}_{\text{ET}}$  vs  $\text{CaCO}_3$  proportion (wt%) in A) the silico-clastic (non-carbonate)**

511 **fraction and B) in the bulk sediments. Multiple aliquots were weighted average to yield a**

512 **mean concentration for each sample.**

513

514

515

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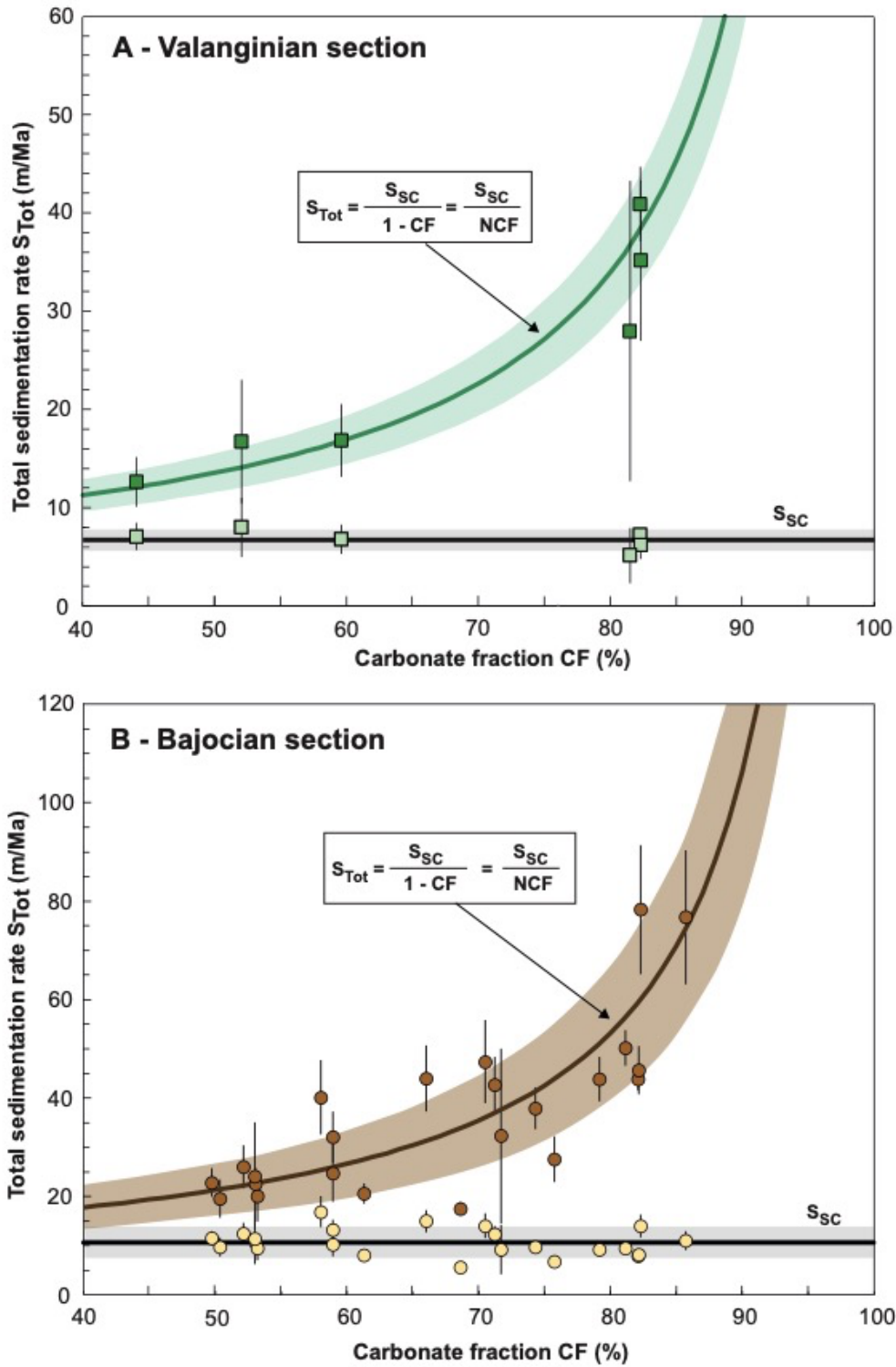
517

518

519 **4.3 -  $^3\text{He}_{\text{ET}}$ -derived sedimentation rates**

520

521 Applying equations 2) to 4) and a constant  $^3\text{He}_{\text{ET}}$  flux of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$  (derived  
522 from (Farley et al, 2012) the obtained  $^3\text{He}_{\text{ET}}$  concentrations yield silici-clastic sedimentation  
523 rates ranging between  $5.5\pm 0.4$  and  $16.8\pm 3.2 \text{ m.Ma}^{-1}$  for the Bajocian samples, and between  
524  $5.2\pm 2.8 \text{ m/Ma}$  and  $8.0\pm 3.0 \text{ m/Ma}$  for the Valanginian samples. Total sedimentation rates range  
525 from  $17.4\pm 1.4 \text{ m/Ma}$  to  $78\pm 13 \text{ m/Ma}$  for the Bajocian section and from  $12.7\pm 2.5 \text{ m/Ma}$  to  
526  $41.0\pm 3.8 \text{ m/Ma}$  for the Valanginian section (Supp. Table 4, Figs. 4,5 and 8). Total  
527 sedimentation rates show a non-linear positive correlation with the  $\text{CaCO}_3$  contents of the  
528 analyzed strata (Fig. 8). Such a relationship is typical of carbonate-dominated systems fed by  
529 constant detrital fluxes (Fig. 7-3 in Ricken 1993).



530

531

532 **Fig. 8 –  $^3\text{He}_{ET}$  derived silici-clastic ( $S_{SC}$ ) and total sedimentation rates ( $S_{Tot}$ ) plotted**  
 533 **against the carbonate fraction ( $\text{CaCO}_3$  proportion in wt%) in the analyzed dataset.**

534 **Circles are individual data points while curves are computed as follow:  $S_{SC}$  horizontal**

535 **line is the mean of all data point, while the  $S_{Tot}$  curve is calculated using equation (3) and**  
536 **this mean  $S_{SC}$  value:  $S_{Tot}=S_{SC}/NCF$ .**

537

538

539

#### 540 **4.4 - Rock-Eval pyrolysis**

541

542 The Rock-Eval results are presented in Supp. Table 5. The TOC values are similar in  
543 both successions: 0.11-0.5 wt.% in the Bajocian samples (Fig. 4) and 0.10-0.44 wt.% in the  
544 Valanginian samples (Fig. 5). The  $T_{max}$  values are much higher in the Bajocian samples than in  
545 the Valanginian samples (mean 502°C versus 436°C), suggesting that the kerogen in the oldest  
546 samples is thermally overmature, whereas that of the youngest samples is immature to slightly  
547 mature. It should be noted, however, that the Bajocian samples record very low S2 values  
548 (<0.2 mg HC/g), characteristics of overmature samples, that often produces multimodal S2  
549 peaks and hence erroneous  $T_{max}$  values (Yang and Horsfield 2020). The Rock-Eval pyrolysis  
550 values of the Bajocian samples should therefore be interpreted with caution in terms of thermal  
551 maturity and organic matter type. The Valanginian samples record higher S2 values (0.17 to  
552 1.01 mg HC/g) that allow more reliable interpretation of the  $T_{max}$  and HI values. The  
553 Valanginian samples record higher HI values (27-229 mg HC/g TOC) than the Bajocian  
554 samples (22-72 mg HC/gTOC), whereas samples from both sites record comparable OI values  
555 (48-262 mg CO<sub>2</sub>/gTOC). The Valanginian samples are hence dominated by type III kerogen  
556 (terrestrial and residual organic matter) with possibly little and variable amounts of type II  
557 kerogen (algal bacterial), whereas Bajocian samples contain highly altered, residual kerogen of  
558 type IV. These data indicate that the Valanginian samples likely experienced burial  
559 temperatures of 80°C.

560

#### 561 **4.5 – Abundance of calcareous nannofossils and their CaCO<sub>3</sub> contribution**

562

563 The nannofossils results are reported in Supp. Table 6. Calcareous nannofossil absolute  
564 abundances range between  $9.6 \times 10^6$  and  $2.2 \times 10^8$  nannofossil/g in the Bajocian samples, with the  
565 exception of three samples whose nannofossil content was below the detection limit of the  
566 method. The carbonate-rich beds tend to have lower calcareous nannofossil absolute and  
567 relative abundances than marlstones intervals (Fig. 9D). The absolute abundances in the  
568 Valanginian samples range between  $6.2 \times 10^7$  and  $3.8 \times 10^8$  nannofossil/g, but, contrary to the



569 Bajocian samples, this section does not show a clear correlation with the CaCO<sub>3</sub> contents of the  
570 sediments (Fig. 9D).

571 Calcareous nannofossil calcium carbonate contribution to the bulk rock is ranging  
572 between 0 wt% and 2.2 wt% in the Bajocian section (Fig. 4) and between 1.9 wt% and 6.1 wt%  
573 in the Valanginian section (Fig. 5). The relative abundance of nannofossils is lower in the base  
574 of the Bajocian section and tend to increase in the upper part, but this nannofossil content seems  
575 similar, within uncertainties, between limestones and marlstones. In the Valanginian, however,  
576 the marlstones display slightly higher CaCO<sub>3Nanno</sub> values than limestones. Nevertheless, in both  
577 sections, the values are very low (<10%), implying that nannofossils are not the main source of  
578 CaCO<sub>3</sub> in these samples (Figs. 4 and 5).

579

## 580 **5. Discussion**

581

### 582 **5.1 - Accuracy of the <sup>3</sup>He<sub>ET</sub>-derived sedimentation rates**

583

#### 584 **5.1.1) Representativity of a 200 mg aliquot – number of analyzed IDPs.**

585

586 Multi-aliquots (n = 2 to 4) <sup>3</sup>He<sub>ET</sub> analyses from 18 different samples yield interaliquot  
587 weighted standard deviations of ~30%. Experimental observations indicate that the majority of  
588 the <sup>3</sup>He<sub>ET</sub> signal preserved in oceanic sediments resides in IDPs smaller than 10 μm diameter,  
589 with a mode between 2 and 10 μm (McGee and Mukhopadhyay 2013; Mukhopadhyay and  
590 Farley 2006). Given that the <sup>3</sup>He<sub>ET</sub> concentrations in IDPs is ~3×10<sup>14</sup> at/g (Kehm et al., 2006),  
591 an IDP of 5 μm diameter bears ~4×10<sup>4</sup> at of <sup>3</sup>He<sub>ET</sub>, assuming these particles are spherical and  
592 have a density of 2 g/cm<sup>3</sup> (Kehm et al., 2006). Hence, the average <sup>3</sup>He<sub>ET</sub> amount of 2×10<sup>5</sup> at of  
593 <sup>3</sup>He<sub>ET</sub> measured in the silicate fraction of a ~0.2 g aliquot is carried on average by ~6 IDPs of  
594 5 μm. Assuming that the number of IDPs present in one sample follows a Poisson distribution,  
595 we can compute the theoretical uncertainty arising from this interaliquots variability as  $\sigma =$   
596  $1/\sqrt{N}$ , (N being the average number of IDPs present in one analyzed aliquot). With n = 5,  
597  $\sigma \sim 40\%$ , a value that is in good agreement with the observed interaliquots standard deviation  
598 of ~30% observed in this dataset. This good agreement confirms that the majority of the <sup>3</sup>He<sub>ET</sub>  
599 signal relies on <10 μm IDPs rather than on micrometeorites larger than 50 μm (Stuart et al.  
600 1999). Future studies may improve the representativity of analyzed samples and reduce the  
601 uncertainty. This can be done by using the same statistical approach, taking into account the

602 silici-clastic sedimentation rate, to compute the number of IDPs present in a sample, and hence  
603 adjust the minimal sample mass required to be representative.

604

### 605 **5.1.2) Validity of a constant $^3\text{He}_{\text{ET}}$ flux of $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$**

606 There are only few paleorecords of  $^3\text{He}_{\text{ET}}$  flux ( $F_{\text{ET}}$ ) over pluri-million years timescales  
607 from well-dated sedimentary successions (McGee and Mukhopadhyay 2013), and even less for  
608 the Mesozoic period. For the Jurassic, (Chavrit et al., 2016) reported three measurements of  
609  $^3\text{He}_{\text{ET}}$  in the Toarcian of the Sancerre core (Paris Basin). The near-continuous record of  $F_{\text{ET}}$   
610 between 100 and 30 Ma computed by Farley et al. 2012 from a stack of various datasets  
611 (Mukhopadhyay et al. 2001; Farley et al., 2012; 1998) shows a long-term average  $F_{\text{ET}}$   
612 background of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$ . Although this reconstruction revealed transient increases at  
613 some periods, either caused by spike of  $^3\text{He}_{\text{ET}}$  inputs, or by inaccuracy in the sediment age  
614 model, it however shows that these  $F_{\text{ET}}$  variations are very limited at timescale shorter than  
615 100 ka. Given the likely short duration of the two successions analyzed here, we tentatively use  
616 a constant  $^3\text{He}_{\text{ET}}$  flux of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$  to compute sedimentation rates.

617 Heating experiments on fragments of meteorites in lab conditions reported by (Füri et  
618 al. 2013) show significant helium loss during the atmospheric entry of micrometeorites.  
619 However, the constant  $^3\text{He}_{\text{ET}}$  flux of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$  calibrated by Farley et al (2012) was  
620 established using similar material to the one used in this study in terms of granulometry and  
621 sedimentological conditions. Any potential atmospheric loss is hence cancelled off and already  
622 accounted for in the  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$  flux and we thus assume this effect to have a negligible  
623 impact on the  $^3\text{He}_{\text{ET}}$ -based reconstructed sedimentation rates.

624

### 625 **5.1.3) Thermal history of the sediments and preservation of the $^3\text{He}_{\text{ET}}$ signal**

626 Post depositional alteration of the initial  $^3\text{He}_{\text{ET}}$  burial may have occurred, either by  
627 thermal diffusion (Mukhopadhyay and Farley 2006) or weathering. According to the Rock-Eval  
628 pyrolysis data, the Bajocian samples are overmature, while the Valanginian samples are  
629 immature to slightly mature and likely experienced burial temperatures of  $80^\circ\text{C}$ . This  
630 temperature range is in rather good agreement with the thermochronological data from the  
631 nearby Oligocene sediments of the Vélodrome site, indicating that the southern part of the  
632 Barles half-window reached  $120^\circ\text{C}$  between 12 and 6 Ma (Schwartz et al. 2017), as a result of  
633 the emplacement of the  $\sim 3 \text{ km}$ -thick Digne thrust sheet. The higher maturity of Bajocian  
634 samples indicated by the Rock-Eval pyrolysis could be partially due to lateral variations in the

635 thickness of the Digne thrust. However, this differential heating more surely results from the  
636 Mesozoic and Cenozoic pile that buried the Bajocian below at least 4 km (120°C assuming a  
637 30°C/km geothermal gradient), before deformation and exhumation started at the Oligocene  
638 (34 Ma) (Ford et al. 2006).

639 One may question whether this burial heating has led to partial loss of the initial  $^3\text{He}_{\text{ET}}$   
640 signal. Using thermal diffusion modeling based on experimental data from sea floor IDPs-rich  
641 sediments, (Mukhopadhyay and Farley 2006) suggested that temperatures above 100°C during  
642 5 Ma are sufficient to completely (>99%) release the initial  $^3\text{He}_{\text{ET}}$  signal from IDPs. However,  
643 these IDPs diffusion parameters were established by heating the samples between 200°C and  
644 1400°C and extrapolated below 200°C using an Arrhenius relationship assuming a single  
645 diffusion domain, a simplification that may lead to inaccuracies (Delon et al. 2018). Hence,  
646 uncertainties about  $^3\text{He}$  diffusions in IDPs hamper to precisely compute and constrain the  
647 amount of  $^3\text{He}_{\text{ET}}$  that may have been lost during the burial history of these Bajocian and  
648 Valanginian sediments. However, some key observations indicate that the  $^3\text{He}_{\text{ET}}$  loss has been  
649 limited (negligible) in these sediments since their deposition, and that thermal loss does not  
650 constitute a major source of inaccuracy in this dataset:

651 First, the  $^3\text{He}/^4\text{He}$  ratios measured in our dataset are significantly higher than the crustal  
652 ( $^3\text{He}/^4\text{He}$ ) endmember, an observation that strongly supports the presence of a  $^3\text{He}_{\text{ET}}$  signal in  
653 the samples (Fig. 6). Second, there is a good agreement between the mean  $^3\text{He}_{\text{ET}}$ -derived  
654 sedimentation rates and those established from biostratigraphy (see next section 5.1.4). If  
655 significant post-depositional  $^3\text{He}_{\text{ET}}$  loss had occurred, the  $^3\text{He}_{\text{ET}}$ -based sedimentation rates  
656 would have been higher than those based on biostratigraphy.

657

#### 658 **5.1.4) Agreement between the $^3\text{He}_{\text{ET}}$ -derived sedimentation rates and the long-term rates** 659 **based on the stratigraphic timescale**

660

661 Comparing the average sedimentation rates determined by  $^3\text{He}_{\text{ET}}$  with those obtained  
662 from biostratigraphy on million-year timescales provides clues on the accuracy of the  $^3\text{He}_{\text{ET}}$   
663 “sedimentometer” and the preservation of this signal. The average ( $\pm$  average of  $1\sigma$   
664 uncertainties) of our  $^3\text{He}_{\text{ET}}$ -based total sedimentation rates are  $36\pm 6 \text{ m.Ma}^{-1}$  and  $25\pm 7 \text{ m.Ma}^{-1}$   
665 for the Bajocian and the Valanginian samples, respectively (Figs. 4 and 5). Using the GTS2020  
666 biostratigraphic timescale (Gradstein et al. 2020), the average local sedimentation rates for  
667 these two stages are  $37 \text{ m.Ma}^{-1}$  and  $29 \text{ m.Ma}^{-1}$ , respectively. This good agreement suggests that

668 the  $^3\text{He}_{\text{ET}}$  flux during the Middle Jurassic and Early Cretaceous times did not depart  
669 substantially from the Late Cretaceous flux of  $100 \text{ pcc.cm}^{-2}.\text{Ma}^{-1}$  computed by (Farley et al  
670 2012). This observation also suggests that the initial extraterrestrial  $^3\text{He}$  signal contained in the  
671 IDPs have been preserved in the sediments, even after their burial and heating above  $80^\circ\text{C}$ . The  
672 sedimentation rate computed from the single  $^3\text{He}_{\text{ET}}$  measurements from the Bathonian-  
673 Oxfordian black shales is  $15\pm 1 \text{ m.Ma}^{-1}$ , whereas the biostratigraphic constraints yield a higher  
674 mean deposition rate of  $60 \text{ m.Ma}^{-1}$ . Given that only one sample was analyzed in the Bathonian  
675 black shales, this apparent discrepancy is difficult to interpret. However, if helium loss had  
676 occurred, the  $^3\text{He}_{\text{ET}}$  sedimentometer would have on the contrary yielded higher sedimentation  
677 rate than the biostratigraphic estimate.

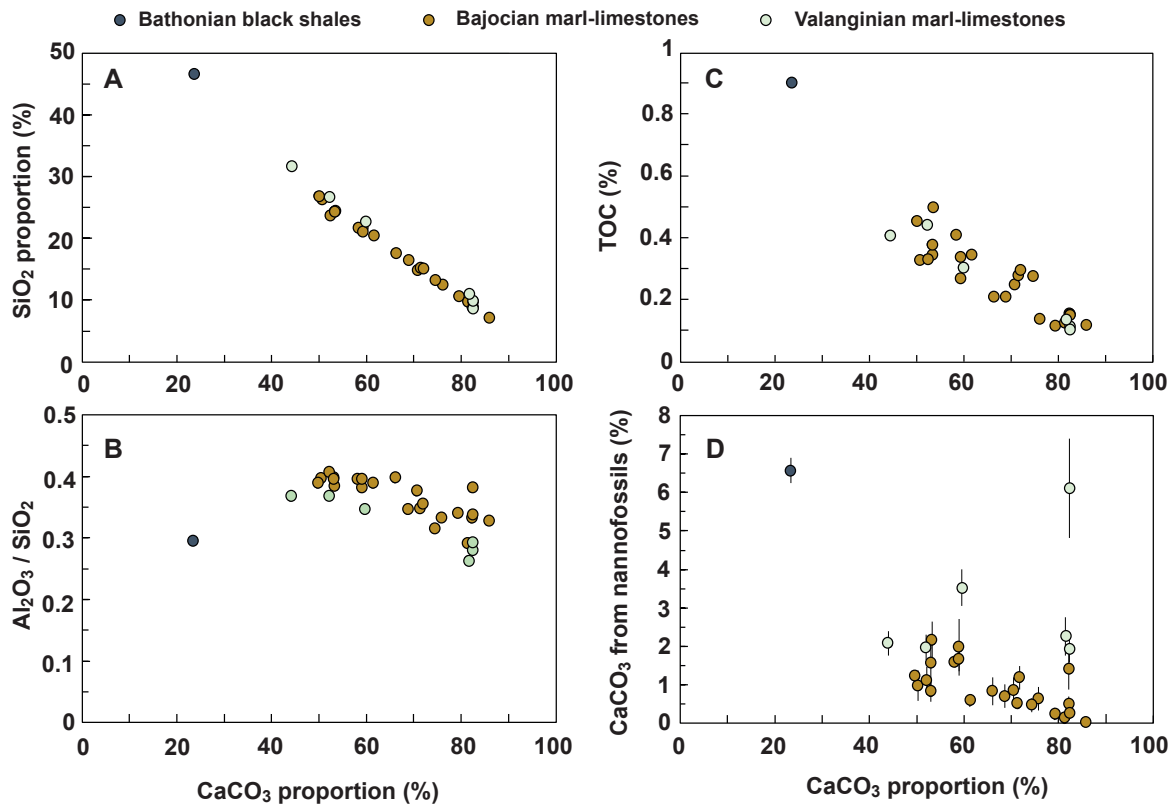
678

## 679 **5.2 - Control of the sedimentation rates at the orbital time scale**

680

681 The  $^3\text{He}_{\text{ET}}$ -derived sedimentation rates indicate constant (within uncertainties) silici-  
682 clastic fluxes in both the Bajocian and Valanginian samples (Figs. 3, 4 and 7). On the contrary,  
683 sedimentation rates correlate positively with  $\text{CaCO}_3$  contents in both sections (Figs. 3, 4 and  
684 7). This observation indicates that astronomically driven environmental changes led to strong  
685 changes in  $\text{CaCO}_3$  deposition fluxes, leading to variable dilution of the overall constant  
686 terrigenous silici clastic and the  $^3\text{He}_{\text{ET}}$  inputs (Fig. 9A and C). Moreover, both the TOC (%)  
687 and the  $\text{SiO}_2$  fraction - a proxy of the silici-clastic abundance - show a strong negative  
688 correlation with the  $\text{CaCO}_3$  proportion (Fig. 9), supporting a similar mechanism of increasing  
689 dilution by higher  $\text{CaCO}_3$  fluxes. The same dilution mechanism is also reflected by the decrease  
690 in the nannofossil  $\text{CaCO}_3$  contribution with increasing total  $\text{CaCO}_3$ , in the case of the Bajocian  
691 samples (Fig. 9D), despite it is not the case for the Valanginian section (Fig. 9D).

692



693

694

695 **Figure 9 – Plots of several proxies against the CaCO<sub>3</sub> proportion (wt%): A) SiO<sub>2</sub>**  
 696 **proportion (wt%) – a proxy of the silici-clastic fraction, B) Al<sub>2</sub>O<sub>3</sub>/SiO<sub>2</sub> – a proxy of the**  
 697 **clays/quartz ratio, C) Total organic carbon (TOC, wt%), D) CaCO<sub>3</sub> proportion from**  
 698 **nannofossils (wt%)**

699

700

701 <sup>3</sup>He<sub>ET</sub>-based sedimentation rates may tentatively be used to constrain the durations of a  
 702 single limestone-marl duplet by building high resolution age models (Figs. 4 and 5): in the case  
 703 of the Bajocian section, our data yield durations of ~38 ka (BAJ 1-2 duplet), ~38 ka (BAJ 3-4  
 704 duplet) and ~29 ka (BAJ 5-6 duplet) (Fig. 4). Interestingly, the lithology of the Bajocian section  
 705 (Fig. 3) suggests that marl interbeds contain another cycle, which would be consistent with the  
 706 obliquity/precession hierarchy.

707 The Valanginian limestone-marl duplet correspond to a total duration of ~37 ka (Fig.  
 708 5). Those periods are close to the typical period of obliquity forcing (that was ~38 ka during  
 709 the Cretaceous, Berger et al 1992), which has been independently identified by  
 710 cyclostratigraphic studies of Cretaceous marl-limestone alternations in Southern France  
 711 (Martinez et al. 2013; 2015). This agreement should be taken with caution since <sup>3</sup>He<sub>ET</sub>

712 sedimentation rates are based on a  $^3\text{He}_{\text{ET}}$  flux derived from the Cretaceous (Farley et al., 2012),  
713 and not specifically calibrated for the Valanginian or the Bajocian. These durations could hence  
714 be revised upward or downward in the future using  $^3\text{He}_{\text{ET}}$  flux from independently well-dated  
715 sections of the same area and age. A second limitation of our dataset is that it only covers few  
716 marl-limestone duplets and is hence too small to provide a statistically significant spectral  
717 analysis of cyclicity. The strength of the  $^3\text{He}_{\text{ET}}$  approach is to be complementary of classical  
718 spectral approaches in cyclostratigraphy (e.g. Westerhold et al. 2020; De Vleeschouwer et al.  
719 2013), by bringing higher-resolution internal time constraints at the scale of a marl-limestone  
720 cycle. Our data indeed show for the first time that, in this Southern France Mesozoic setting,  
721 limestone strata are characterized by a “time dilatation” due to larger sedimentation rates, hence  
722 corresponding to much shorter duration than the deposition of marl strata (Figs. 4 and 5). Since  
723 variations in the  $^3\text{He}_{\text{ET}}$  flux are likely limited at timescales shorter than 100 ka (McGee and  
724 Mukhopadhyay 2013), these relative changes in sedimentation can be interpreted with  
725 confidence.

726

### 727 **5.3 – A steady silici-clastic flux despite variable weathering conditions at the orbital** 728 **timescale?**

729

730 In comparable settings, cyclic variations in clay mineralogy between marl and  
731 limestones bed have been identified and interpreted as evidences for precipitation-driven  
732 changes in weathering at the orbital timescale (e.g. Martinez et al. 2015; Deconinck et al. 2003).  
733 Our results based on the  $^3\text{He}_{\text{ET}}$  sedimentometer indicate constant terrigenous fluxes in marl and  
734 limestones beds at the orbital timescale (Figs. 4, 5, 8).

735 This contradiction may however be more apparent than real, for instance if orbitally-  
736 driven weathering fluctuations were not accompanied by significant changes in the efficiency  
737 of physical erosion rates over the continents. It is also possible that reduced fluvial clay-rich  
738 inputs were compensated by higher eolian quartz-rich input during arid phases (and vice and  
739 versa during humid phases). Such a compensatory mechanism is supported by the partial  
740 correlation between the  $\text{Al}_2\text{O}_3/\text{SiO}_2$  ratio and the granulometric variations of the silici-clastic  
741 fraction ( $D_{50}$ ) (Figs. 4 and 5). Accordingly, marl deposition would have occurred during wet  
742 phases with higher clay inputs, and limestone deposition during drier periods with higher  
743 eolian blown quartz proportions. Overall, this hypothetical relationship between changes in  
744 humidity and  $\text{CaCO}_3$  contents agrees with that inferred from clay mineral data in comparable  
745 settings (Moiroud et al. 2012). More data should be obtained from various paleolatitudes and

746 chronozones to better characterize variations in the nature and the flux of the silici-clastic  
747 components.

748

#### 749 **5.4 – Causes of the CaCO<sub>3</sub> flux variability at the orbital timescale**

750 The main implication of our highly resolved <sup>3</sup>He<sub>ET</sub> dataset is that the studied marl-  
751 limestone cycles resulted from cyclic and large changes in CaCO<sub>3</sub> mud inputs driven by  
752 insolation variations at the orbital timescale (Fig. 4, 5 and 8). This observation is important for  
753 improving our understanding of the orbitally-driven sedimentary mechanisms leading to marl-  
754 limestone alternations (Ricken 1993; Einsele et al. 1982). A quite straightforward mechanism  
755 is a cyclic climate control on the carbonate factory (Reboulet et al. 2003). Our microfossil data  
756 show that this variability is not controlled by changes in pelagic CaCO<sub>3</sub> production from  
757 calcareous nannoplankton (Figs. 3, 4 and 8), in line with previous studies of Bajocian  
758 (Sucheras-Marx et al. 2013) and Valanginian (Gréselle et al. 2011) strata from the Vocontian  
759 Basin. The main source of variability could therefore be changes in the flux of allochthonous,  
760 platform-derived CaCO<sub>3</sub> mud (e.g. Reboulet et al. 2003; Gréselle et al. 2011). Previous studies  
761 have identified the Provence carbonate platform as the most likely source of this mud for the  
762 Valanginian interval (Reboulet et al. 2003) (Fig. 2). Such a modulation of the micritic CaCO<sub>3</sub>  
763 accumulation rate could either result from variations of primary production in the nearby  
764 “carbonate factory” platforms (Schlager 2005), or changes in efficiency of the lateral transfer  
765 of CaCO<sub>3</sub> (e.g. Andrieu et al. 2022). Environmental conditions (temperature, salinity, water  
766 transparency) may indeed favor or inhibit biologically induced CaCO<sub>3</sub> production (Michel et  
767 al, 2018) or its preservation in the water column (Sulpis et al. 2021). As mentioned above  
768 (section 5.3), higher carbonate production may have occurred during drier intervals with lower  
769 clay input, promoting carbonate platform growth through water transparency. Further  
770 identification of the specific involved environmental factors would be largely speculative given  
771 the lack of constraints about the ecology and nature of the main micrite producers. Given the  
772 ramp-morphology of the Provence platform, changes in CaCO<sub>3</sub> fluxes could alternatively or  
773 additionally imply rhythmic distal-to-proximal migration of facies belts related to sea level  
774 changes (Andrieu et al. 2022). Such rhythmic sea level fluctuations at the orbital timescale  
775 would point to climatically driven eustasy (Sames et al. 2016; Ray et al. 2019). Aquifer- and  
776 thermal-eustasy have been repeatedly suggested as drivers of sea-level changes during  
777 Mesozoic greenhouse climates, but require extreme climatic changes that seem incompatible  
778 with data (Ray et al. 2019). By contrast, eustatic changes linked to the demise/growth of ice  
779 sheets is consistent with oxygen isotope data and the abundance of glendonites at high

780 paleolatitudes, which place the Bajocian as one of the coolest periods of the Jurassic (Dera et  
781 al. 2011). The presence of Bajocian icesheets, in the absence of absolute temperature estimates  
782 and definitive sedimentological evidence, however remains speculative. The Valanginian has  
783 also been suggested as being a relatively cool climate period (e.g. Cavalheiro et al. 2021) and  
784 modeling results show that the presence of a proto ice cap in Antarctica was possible during  
785 several periods of the Cretaceous greenhouse (Ladant and Donnadieu 2016). Variations of ice  
786 sheet volume in Antarctica had the potential to induce sea level fluctuations of few meters to  
787 several tens of meters during the Mesozoic (Donnadieu et al. 2011), which would have led to  
788 cyclic starvation of the platform  $\text{CaCO}_3$  production or change in  $\text{CaCO}_3$  export efficiency.

789

### 790 **5.5 – Are variations of $\text{CaCO}_3$ also dominant at longer time scale?**

791

792 The pioneering work of Ricken (1993) revealed that carbonate-dominated successions  
793 deposited over long interval ( $> 1$  Ma) in reefal, hemipelagic and deep-sea settings are  
794 characterized by a non-linear positive relationship between total sedimentation rates and  $\text{CaCO}_3$   
795 content (Fig. 7-3 in Ricken 1993). This relationship implies that the  $\text{CaCO}_3$  deposition flux is  
796 the main source of temporal variability in such carbonate-rich systems. Our new  $^3\text{He}_{\text{ET}}$  data  
797 show that this relationship is also valid on much shorter orbital timescale ( $< 10$  ka) in  
798 hemipelagic settings (Fig. 8). A comparable  $\text{CaCO}_3$  dilution mechanism may also dominate  
799 deep-sea carbonate-rich rhythmic sequences of Mesozoic and Cenozoic age. Available  $^3\text{He}$   
800 records of the Paleocene-Eocene transition (Farley and Eltgroth 2003; Murphy et al. 2010), for  
801 instance, indicate rather constant  $^3\text{He}_{\text{ET}}$  concentrations in the non-carbonate fraction in  
802 carbonate-rich, deep-sea strata recovered at ODP sites 690 (Weddell Sea, Southern Ocean) and  
803 1266 (Walvis Ridge, Southern Atlantic). These data also suggest that variable carbonate input  
804 (through dissolution or variable surface export) was the main controlling mechanism of  
805 sedimentation rates in deep-sea carbonate-rich strata. Such a “fractal” behavior suggests the  
806 existence of a robust and temporally invariant driving mechanism in many carbonate-rich, marl-  
807 limestone rhythmic depositional sequences. However, a dominant control of carbonate input on  
808 rhythmic sedimentation is certainly not universal. The data compiled by Ricken (1993) show  
809 that sedimentation rates are largely controlled by siliciclastic input near active margins with  
810 high rates of clastic input (Ricken 1993). Notable examples include upper Cretaceous  
811 successions deposited on the western margin of the Western Interior Seaway (USA), where  
812 some studies found that the main driver of the marl-limestone alternations was silici-clastic  
813 fluctuations (e.g. Locklair and Sageman 2008). In such cases, lateral or temporal changes in



814 clastic input may exert, through variable dilution, a strong influence on organic carbon contents  
815 (Ricken 1993). A similar dilution of organic carbon (by carbonate input) is clearly apparent in  
816 our dataset (Figs. 3, 4 and 8). It thus remains to investigate to which extend recurrent intervals  
817 of higher organic contents recorded in many Mesozoic sequences systematically reflect periods  
818 of lower clastic or carbonate input. The application of the  $^3\text{He}_{\text{ET}}$  approach used herein could  
819 therefore bring valuable clues to better identify the fundamental drivers of such episodes of  
820 organic enrichment. The  $^3\text{He}$  methodology notably holds potential to reconstruct sedimentary  
821 fluxes with a millennial resolution across episodes of rapid and global biogeochemical  
822 perturbations, such as the Oceanic Anoxic Event 2 at the Cenomanian-Turonian transition.

823

## 824 **Concluding remarks**

825

826 • Our high resolution  $^3\text{He}_{\text{ET}}$  records from two pilot marl-limestone sections of the  
827 Bajocian (3.4 m) and the Valanginian (0.9 m) of Haute-Provence (Barles) show that  
828 the silici-clastic flux was constant through these marl limestone alternations.  
829 Nannofossil abundances indicate that the main drivers of the total sedimentation  
830 rates are flux changes in platform-derived  $\text{CaCO}_3$  mud, and not the pelagic  
831 productivity.

832

833 • Total sedimentation rates derived from  $^3\text{He}_{\text{ET}}$  at the “orbital scale” agree with mean  
834 bio-cyclostratigraphic estimates, supporting the use of  $^3\text{He}_{\text{ET}}$  as a reliable high  
835 resolution sedimentometer, even in Middle Jurassic-Lower Cretaceous deposits.

836

837 • Previous work suggested variable detrital input as the dominant controlling factor of  
838 sedimentation rates at both orbital- and Ma-timescale in some Upper Cretaceous  
839 hemipelagic strata of the Western Interior Seaway deposited closer to active margins  
840 (e.g., Ricken, 1993; Locklair and Sageman, 2008). Hence, applying the  $^3\text{He}_{\text{ET}}$  tool  
841 to these other settings will be a key to test whether  $\text{CaCO}_3$  variability was a  
842 ubiquitous driver of Mesozoic marl limestone alternations.

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849 **Acknowledgments**

850 The inspiration of this exploratory work is rooted in a question that professor Bernard Charoy  
851 asked to PHB 20 years ago during a sedimentology exam at ENSG. Myette Guiomar, Didier  
852 Bert and the “*Réserve Naturelle Géologique de Haute Provence*” are thanked for field  
853 authorizations. PHB acknowledges Bouchaïb Tibari and Laurent Zimmermann for their support  
854 during noble gas analysis at CRPG. BSM thanks Sandrine Conrod for micropaleontology lab  
855 management and teaching TM the random-settling protocol. BSM also thanks Yves Gally for  
856 microscopy lab management and software development for TM internship in spring 2021. This  
857 manuscript is a contribution to Climate scientific team at CEREGE (BSM).

858

859 **Authors contribution**

860 PHB, BSM and GS designed the study, interpreted the data, performed the calculations and  
861 wrote the initial draft of the article. PHB and JD made the field sampling. PHB built the figures.  
862 TM performed the nannofossils counting under the supervision of BSM. TA performed the  
863 Rock-Eval analysis. BG participated in calculations and data interpretation. All authors edited  
864 the paper.

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