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2 **Title:**

3 Nordic Seas origins of a mid-Holocene global cooling event

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18 **Peer Review Statement:**

19 This is a non-peer-reviewed preprint submitted to EarthArXiv. The work has been
20 submitted to the journal Global and Planetary Change for review.

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28 **Abstract**

29 Apart from long-term changes, the Earth's climate has been punctuated by numerous
30 short-lived events that had a strong influence on terrestrial and marine ecosystems. The present
31 interglacial is a relatively warm and stable period, especially compared to the preceding glacial
32 time. However, the Holocene has seen the emergence of several significant cooling events,
33 some of which have had a wide-ranging impact. Based on previously published marine records
34 from the Nordic Seas, we describe an event centered around 6.8 ka BP for the first time.
35 Paleooceanographic proxies along the North Atlantic Drift reveal a distinct subsurface water
36 cooling, preceded by a stepwise increase in sea-ice cover in the eastern Fram Strait. The results
37 indicate that the onset of deep convection in the Greenland Sea and the westward shift of the
38 main flow of Atlantic Water allowed sea-ice advection from the Barents Sea. The increased
39 sea-ice cover weakened the Atlantic Water advection. The perturbation of the overturning
40 circulation in the eastern Nordic Seas had far-reaching consequences, including changes in the
41 deep-water circulation in the North Atlantic, cooling over vast areas of both hemispheres, a
42 southward shift of the Intertropical Convergence Zone and weakening of the East Asian
43 monsoon. The proxy-based paleoreconstructions are supported by modelling results. The events

44 described show that, during a relatively warm and stable interval, a relatively local cooling can
45 occur, and the resulting sequence of environmental changes can spread globally. Understanding
46 the mechanisms underlying events that occur at generally stable intervals is invaluable for
47 future climate predictions.

48 **Keywords**

49 North Atlantic, ocean circulation, planktic foraminifera, biomarkers, abrupt changes,
50 East Asian monsoon

51 **Introduction**

52 The present interglacial (Walker et al., 2009) is a relatively warm and stable interval in
53 terms of environmental conditions, especially when compared with the last glacial period (e.g.,
54 Andersen et al., 2004) marked by Dansgaard-Oeschger events, or Greenland interstadials
55 (Dansgaard et al., 1993; Johnsen et al., 1992), and Greenland stadials recorded both in marine
56 and terrestrial archives. However, several prominent cooling events have been identified within
57 the Holocene (e.g., Wanner et al., 2011; Werner et al., 2013 and references therein). Some of
58 them were proven to be of regional or overregional importance (e.g., Bond et al., 2001; Wanner
59 et al., 2011). Bond et al. (1997) suggested a millennial-scale cyclicity of North Atlantic cooling
60 episodes, expressed mainly as phases of increased ice rafting in the region. However, cyclicity
61 has later been questioned (Obrochta et al., 2012) as different dynamical processes seem to have
62 played a major role in the particular events (Wanner et al., 2011).

63 Three climate oscillations were recorded in the early Holocene section of Greenland ice
64 cores (Rasmussen et al., 2007). These include the well-known 8.2 ka BP event (e.g., Alley and
65 Ágústsdóttir, 2005; Rohling and Pälike, 2005; Wiersma and Renssen, 2006), the 9.3 ka event
66 of shorter duration but almost similar amplitude (e.g., Bond et al., 1997; McDermott et al.,

67 2001; Von Grafenstein et al., 1999), and the Preboreal Oscillation during the Holocene's first
68 centuries (e.g., Björck et al., 1997; van der Plicht et al., 2004). The expression of these cold
69 relapses can also be found in marine sediment records (e.g., Bond et al., 2001; Hald et al., 2007;
70 Sternal et al., 2014; Telesiński et al., 2018; Werner et al., 2013). Another widespread climate
71 deterioration occurred at 2.7 ka BP (e.g., van Geel et al., 2000) and was most probably caused
72 by a perturbation of the Atlantic Meridional Overturning Circulation (AMOC) (Hall et al.,
73 2004; Thornalley et al., 2009), initiated by a solar irradiance anomaly (Renssen et al., 2006)
74 and a subsequent disruption of deep convection in the Nordic Seas (Telesiński et al., 2015).

75 Wanner et al. (2011) identified six cold relapses that interrupted periods of more stable
76 and warmer climate over the last 10,000 years. These events, recorded in time series of
77 temperature and humidity/precipitation and identified at least in the extratropical area of the
78 Northern Hemisphere, were centered around 8.2, 6.3, 4.7, 2.7, 1.55 and 0.55 ka BP, thus roughly
79 correlating to Bond events 0-5.

80 In this paper, we focus on the interval between 7 and 6 ka BP, generally regarded as one
81 of the warmest intervals of the Holocene in the Northern Hemisphere, during which substantial
82 cooling of subsurface waters is observed in several marine sediment records along the North
83 Atlantic Drift (NAD) in the Nordic Seas. This event, centered around 6.8 ka BP, correlates
84 roughly with the onset of cooling trends observed in different parts of the world (e.g., Bond et
85 al., 2001; Oppo et al., 2003; Wanner et al., 2011). We investigate whether the subsurface
86 cooling in the Nordic Seas might have acted as a trigger for a widespread cooling event using
87 both proxy paleorecords and modelling results.

88 **Material and Methods**

89 For the study, we have selected seven previously published marine sedimentary records
90 from the eastern and northern Nordic Seas of at least multi-centennial resolution. These include

91 (Fig. 1) cores MD95-2011 (Risebrobakken et al., 2003), M17730 (Telesiński et al., 2015),
92 M23258 (Sarnthein et al., 2003), MSM5/5-712 (Werner et al., 2013), JM10-330 (Consolaro et
93 al., 2015), MSM5/5-723 (Müller et al., 2012) and OCE2017-GR02 (Telesiński et al., 2022).
94 Details of the cores are given in Table 1.

95 All radiocarbon ages were recalibrated using the Marine20 calibration curve (Heaton et
96 al., 2020) to create a coherent chronological framework. The age-depth relationships were
97 modelled using a Bayesian approach with the Bacon software ver. 3.1.0 (Blaauw and Christen,
98 2011). A regional correction of $\Delta R = -149 \pm 31$ ^{14}C years was applied for all cores except
99 OCE2017-GR02. This value was calculated with the Marine Reservoir Correction database
100 (Reimer and Reimer, 2001) and the Marine20 curve (Heaton et al., 2022, 2020) using the same
101 whale bones samples as those used by Mangerud et al. (2006). For core OCE2017-GR02 no
102 regional correction was used (Devendra et al., 2022; Telesiński et al., 2022). Details on the age-
103 depth relationships are given in Supplementary Fig. 1.

104 While the four planktic foraminiferal records from the Fram Strait (OCE2017-GR02,
105 MSM5/5-723, JM10-330 and MSM5/5-712) are based on the >100 μm fraction, the records
106 from further south (M23258, M17730 and MD95-2011) are based on the >150 μm fraction,
107 which may bias the comparison of planktic foraminiferal assemblages. Subpolar species, e.g.,
108 *Turborotalita quinqueloba*, typically reach smaller test sizes in the polar North Atlantic, so the
109 records based on smaller fractions are more sensitive to changes in Atlantic Water (AW) inflow
110 (e.g., Kandiano and Bauch, 2002). To mitigate this discrepancy, we have used transfer functions
111 adequate to the size fraction used in each record to obtain absolute subsurface water
112 temperatures (sSST). In most cases, we used previously published sSST reconstructions
113 (Risebrobakken et al., 2003; Sarnthein et al., 2003; Telesiński et al., 2015; Werner et al., 2015).
114 In cores OCE2017-GR02 and JM10-330, we have calculated the sSST using the transfer
115 function of Husum and Hald (2012) and the C2 software, version 1.8.0 (Juggins, 2011). Details

116 on the sSST reconstructions are given in Table 2. To facilitate the comparison of the records,
117 they were smoothed using LOESS regression with a span depending on their average Holocene
118 temporal resolution (i.e., higher resolution records were averaged over a larger number of data
119 points than the lower resolution records), to obtain an average resolution of approximately 500
120 years. Both raw and smoothed data are presented.

121 The Transient simulation of Climate Evolution of the last 21,000 years (TraCE-21ka) is
122 carried out using a fully coupled climate model, the Community Climate System Model Version
123 3 (CCSM3), with a dynamic global vegetation module (He, 2011). The CCSM3 ocean
124 component has a nominal horizontal resolution of 3° and 25 vertical levels, while the
125 atmosphere component has a horizontal resolution of about 3.75° and 26 vertical hybrid
126 coordinate levels. TraCE-21ka is driven by changes in meltwater fluxes, ice sheet extents,
127 greenhouse gas concentrations, and orbital parameters. It is capable of well simulating the
128 climate changes that occurred during the last deglaciation (Li and Liu, 2022; Liu et al., 2021,
129 2015; Liu and Hu, 2015). The TraCE-21ka decadal annual mean output is available. In this
130 study, we compare sea-ice concentrations and subsurface water temperatures (at 92 m water
131 depth) between the peak cooling in the Nordic Seas (6.83-6.85 ka BP and 6.81-6.83 ka BP,
132 respectively) and an interval before the cooling (7.63-7.65 ka BP). We also analyse the time
133 series of AMOC strength and Atlantic cross-equatorial ocean heat transport over the Holocene
134 as well as the worldwide precipitation difference between 6.18-6.27 ka BP and 6.50-6.59 ka BP
135 in the TraCE-21ka simulation.

136 **Subsurface cooling along the NAD**

137 An increase in the relative abundance of *N. pachyderma* can be observed between ~8.5
138 and 8 ka BP in most of the records used in this study (Fig. 2). The increase in the abundance of
139 this polar species indicates a widespread cooling of the subsurface water (Fig. 3) associated

140 with the 8.2 ka BP event (e.g., Hald et al., 2007; Risebrobakken et al., 2003). The signal was
141 particularly strong in the Norwegian Sea cores (MD95-2011, M17730 and M23258). In the
142 Fram Strait, the 8.2 ka BP event had a lower amplitude, and already around 8 ka BP rapid
143 warming occurred, peaking around 7.8-7.9 ka BP. This is in agreement with recent studies on
144 the origin of the 8.2 ka BP event, indicating an increase in freshwater input into the Labrador
145 Sea and a decrease in AW export from the subpolar gyre into the Nordic Seas (e.g., Born and
146 Levermann, 2010; Matero et al., 2017). As the event originated southwest of the Nordic Seas,
147 it seems obvious that the southern part of the region was more affected than its northern part.

148 Shortly after the warm rebound, the sSST in the Nordic Seas started to decrease again
149 (Fig. 3). After ~7 ka BP, a further abrupt cooling occurred, culminating around 6.8 ka BP.
150 Although the age uncertainty for individual records around that time ranges from 470 years
151 (core MSM5/5-712) to 1460 years (core OCE2017-GR02), the mean ages of the peak cooling
152 fall within an interval of fewer than 300 years (6.6-6.9 ka BP), giving us confidence that both
153 the age models of individual cores and the overall chronological framework of the study are
154 correct. Only ~6 ka BP the sSST increased to levels comparable to those before 7 ka BP. In
155 almost all the records, the cooling had a similar amplitude of roughly 1.5°C. Only in the
156 southernmost record, MD95-2011 can no cooling of such an amplitude be found. However, the
157 transfer function used here reconstructs temperatures at a water depth of 10 m (Risebrobakken
158 et al., 2003), compared to 100 m in most of the other records (Table 2). This, together with a
159 prominent increase in the abundance of *N. pachyderma* between 7 and 6.5 ka BP (Fig. 2) might
160 suggest that the cooling occurred deeper (100 m), while not affecting shallower waters (~10 m)
161 in the central Norwegian Sea. In core MSM5/5-712 from the eastern Fram Strait, the cooling
162 was twofold, with peaks centered around 6.8 and 6.1 ka BP. Originally, these were described
163 as two separate events (Werner et al., 2013). However, the sSST remained lower between the
164 two peaks than before and after them, implying that the two peaks are two phases of the same

165 event. With the available data, it is difficult to determine why the event was twofold only at this
166 specific location.

167 Despite a similar amplitude in all the records, the cold spell was the most pronounced
168 in the Fram Strait records (Fig. 3), where it stands out as the most prominent cooling event over
169 the Holocene. A cooling of comparable amplitude seems to be recorded also in core OCE2017-
170 GR02 from the continental slope of NE Greenland. This record is of notably lower temporal
171 resolution. As a result, the age of the peak cooling falls within the interval of 5.9-7.4 ka BP
172 (95% confidence range), slightly broader than in other records (95% confidence range of 6.4-
173 7.1 ka BP). However, a similar amplitude of the cooling and a fair age overlap with the other
174 records strongly suggest that the 6.8 ka BP cooling reached the NE Greenland continental slope.
175 In the southernmost records (MD95-2011 and M17730), the cooling seems to be less
176 pronounced, especially when compared to other Holocene temperature variations, e.g., the 8.2
177 ka BP event (Figs. 2 and 3). The different size fractions and transfer functions used for
178 temperature reconstructions might at least partly explain the difference in the amplitude of the
179 faunal and sSST changes between the records. However, they did not influence the relative
180 differences in the amplitudes of the 6.8 ka BP event compared to, e.g., the 8.2 ka BP event in
181 individual records. Taking into account all these indications, we can conclude that the 6.8 ka
182 BP cooling originated in the Fram Strait, as it was most prominently recorded there.

183 The sSST decrease between 7 and 6 ka BP was accompanied by changes in other proxies
184 from the records used in this study. Most notably, a stepwise increase of the P_{BIP25} index in
185 core MSM5/5-723 (Werner et al., 2015) around 7 ka BP (Fig. 4B) indicates an increase in sea-
186 ice cover (Müller et al., 2011). The increase is one of the most prominent features of the P_{BIP25}
187 index record and the largest rise of this proxy over the Holocene. Furthermore, it was preceded
188 by a stable interval of ~1 kyr and followed by a gradual, roughly linear increase that lasted until
189 the end of the record. This suggests that it was one of the major shifts in the sea-ice cover in the

190 Fram Strait during the present interglacial. In the same record, the fragmentation of planktic
191 foraminifera increased around 7 ka BP (Fig. 4C), indicating the increased impact of cold,
192 corrosive Arctic surface waters on the study area (Werner et al., 2015). The enhanced
193 dissolution of planktic foraminiferal tests in the Fram Strait might also partly explain the
194 particularly high percentages of *N. pachyderma* in this area, as thin-walled tests of subpolar
195 species (e.g., *T. quinqueloba*) can be dissolved more easily in a corrosive environment than the
196 thick-walled specimens of *N. pachyderma* (e.g., Ofstad et al., 2021). Both in the Fram Strait
197 (core JM10-330) and the Norwegian Sea (cores M17730 and MD95-2011), a distinct decrease
198 in planktic foraminiferal abundance occurred between 7 and 6 ka BP (Fig. 4D), which might
199 also be related to the increased dissolution of foraminiferal tests. Ice rafting in the Fram Strait
200 (core MSM5/5-712) intensified between 7 and 6 ka BP (Fig. 4E) further suggesting an
201 increasing influence of Arctic waters. Meanwhile, the alkenone-based reconstruction from the
202 northern Norwegian Sea (core M23258; Martrat et al., 2003) shows that the interval during
203 which the subsurface cooling occurred was one of the warmest within the Holocene in terms of
204 sea-surface temperatures (Fig. 4F), in line with the September insolation at 78°N (Fig. 4A).
205 Given the transfer function used in core M23258 reconstructs sSST at 10 m water depth (Fig.
206 3; Sarnthein et al., 2003), the data from this core suggest an increased temperature gradient of
207 the uppermost water column, at least in the northern Norwegian Sea (Fig. 1).

208 The results of the TraCE-21ka simulation show an increase of sea-ice concentration in
209 the eastern Fram Strait (where cores MSM5/5-723, JM10-330 and MSM5/5-712 are located)
210 and southwestern Barents Sea in the interval 6.83-6.85 ka BP compared to 7.63-7.65 ka BP
211 (Fig. 5A). In contrast, in the southeastern Nordic Seas and in the northern North Atlantic, the
212 sea-ice concentration decreased over that period and in the central and northwestern Nordic
213 Seas it remained largely unchanged. A resulting sSST (around 100 m water depth) decrease can
214 be observed two decades later (6.81-6.83 ka BP) in almost entire Nordic Seas, though

215 predominantly on their eastern margin and in the Barents Sea, while the sSST increased south
216 of the Greenland-Scotland Ridge (Fig. 5B). These results are in good agreement with the proxy-
217 based paleoreconstructions presented above, especially in terms of geographical distribution of
218 the described changes. It should be noted, however, that the subsurface cooling seems to be
219 weaker in model than in the proxy records ($\sim 0.6^{\circ}\text{C}$ vs. $\sim 1.5^{\circ}\text{C}$). This discrepancy can be
220 explained by the fact that the model shows changes in annual temperatures (and sea-ice
221 concentrations; He, 2011), which could be smaller than changes in summer temperatures
222 reconstructed by the transfer functions (Husum and Hald, 2012; Pflaumann et al., 2003). Other
223 model biases cannot be excluded.

224 **Causes and consequences of the 6.8 ka BP event**

225 The middle part of the Holocene is generally considered the warmest and most stable
226 interval of the present interglacial. It was characterized by high summer temperatures in the
227 mid- and high-latitude areas of the Northern Hemisphere (e.g., Alverson et al., 2003; Deevey
228 and Flint, 1957; Nesje and Kvamme, 1991; Renssen et al., 2009; Wanner et al., 2011, 2008).
229 Although the June insolation, which is the strongest in the Northern Hemisphere, was already
230 in decline (Laskar et al., 2004), the July and August insolation was still quite high, while the
231 September insolation reached its maximum only around 6 ka BP (Fig. 4A). Furthermore, large
232 ice sheets delaying ocean warming through katabatic winds and meltwater discharge were
233 mostly gone (e.g., Hormes et al., 2013; Jessen et al., 2010; Svendsen and Mangerud, 1997) or
234 became mainly land-based (e.g., Seidenkrantz et al., 2012; Vinther et al., 2009) in the middle
235 Holocene. This is well reflected in sea-surface temperature (Fig. 4F; Calvo et al., 2002; Łącka
236 et al., 2019; Martrat et al., 2003) and terrestrial records (e.g., Thompson et al., 2022) covering
237 this interval. Depending on the region and paleoenvironmental proxies used, large discrepancies
238 exist in the boundaries of the warmest phase of the Holocene (e.g., Briner et al., 2016; Kaufman
239 et al., 2004). However, regardless of the exact timing of the middle Holocene (e.g., Renssen et

240 al., 2009; Walker et al., 2019; Wanner et al., 2011, 2008), the interval between 7 and 6 ka BP
241 falls within most of its definitions. Thus, this time interval can be regarded as the warmest part
242 of the present interglacial, at least in the mid- and high latitudes of the Northern Hemisphere.
243 Despite this, distinct subsurface water cooling of approximately 1.5°C is observed along the
244 NAD, suggesting a decrease in AW advection into the Nordic Seas.

245 After the 8.2 ka event, the AW inflow into the eastern Nordic Seas resumed, as shown
246 by the sSST increase in all the discussed records (Fig. 2). The Iceland-Scotland Overflow Water
247 flow speed also shows a distinct increase around that time (Hall et al., 2004). This indicates an
248 intensification of the overturning circulation in the Nordic Seas probably related to the end of
249 the widespread meltwater discharge from the Greenland Ice Sheet (GIS) (Seidenkrantz et al.,
250 2012) and the subsequent onset of deep convection in the Greenland Sea (Telesiński et al.,
251 2022; Thornalley et al., 2013). However, since the main AW flow has been shifted towards the
252 Greenland Sea (Telesiński et al., 2022), cooling can be observed starting shortly thereafter,
253 especially in cores located farther north (M23258-2 and in the Fram Strait). The initial
254 subsurface water cooling might have enabled a stepwise sea-ice expansion in the eastern Fram
255 Strait that occurred around 7 ka BP (Fig. 4B). Increased sea-ice cover, in turn, must have
256 influenced surface waters. Distinct surface water cooling can be observed in core JM09-020
257 from Storfjordrenna, south of Svalbard (Fig. 4F; Łącka et al., 2019), suggesting that the sea ice
258 was advected into the eastern Fram Strait from the western Barents Sea. Further south, however,
259 no sign of cooling can be observed (core M23258; Calvo et al., 2002; Martrat et al., 2003;
260 Risebrobakken et al., 2010), indicating that the surface temperature decrease was limited
261 roughly to the sea-ice-covered area.

262 In contrast, for subsurface waters, the expansion of sea-ice cover had much more far-
263 reaching implications. Increased sea-ice cover enhanced further stepwise subsurface cooling of
264 approximately 1.5°C (Fig. 3) by acting as a positive feedback mechanism (e.g., Gildor et al.,

265 2003), i.e., by strengthening the halocline and causing the AW to sink deeper below it. The
266 subsurface water cooling culminated around 6.8 ka BP. Despite a similar amplitude in all the
267 records, it was the most pronounced in the Fram Strait, where it appears to be the most
268 prominent subsurface cooling event over the Holocene. However, it was clearly marked in all
269 records along the NAD from the central Norwegian Sea to the NW Greenland Sea. The results
270 of the TraCE-21ka simulation also seem to confirm that the subsurface water cooling was
271 induced by sea ice as they show an increase in sea-ice concentration in the eastern Fram Strait
272 prior to the sSST decrease in the Nordic Seas, mostly in their eastern part (Fig. 5).

273 Such a strong subsurface water cooling presumably associated with a disruption of AW
274 advection in a region as important for ocean circulation as the Nordic Seas could have had far-
275 reaching consequences. Indeed, several studies, which we discuss below, report environmental
276 perturbations that occurred after ~6.5 ka BP and might have had a causal link with the described
277 cooling event.

278 A trend of decreasing contribution of high- $\delta^{13}\text{C}$ North Atlantic Deep Water (NADW)
279 relative to low- $\delta^{13}\text{C}$ Southern Ocean Water (SOW) that began at about 6.5 ka BP and
280 culminated around 5 ka BP (Fig. 6C) was recorded in the subpolar NE North Atlantic (Oppo et
281 al., 2003). A decrease in NADW contribution in the NE North Atlantic suggests that, despite
282 active deep convection in the Greenland Sea (e.g., Telesiński et al., 2022), the overturning
283 circulation in the eastern Nordic Seas was weakened, most probably by the described decrease
284 in AW advection into this area. Further consequences that are being linked with the decreasing
285 contribution of NADW in the NE North Atlantic (Oppo et al., 2003) include meteorological
286 conditions at high latitudes which were especially winter-like (i.e., more similar to those during
287 the YD and the glacial) from 6.1 to 5.0 ka BP. This is indicated by high sea-salt sodium flux in
288 Greenland ice-core data (Fig. 6D), suggesting enhanced storminess (O'Brien et al., 1995;
289 Rhodes et al., 2018). Finally, a large proportion of cold, relatively fresh, ice-bearing surface

290 water entering the NE North Atlantic from north of Iceland is indicated by a high relative
291 abundance of hematite-stained grains (indicating that they originated from sedimentary deposits
292 in Svalbard and eastern Greenland containing red beds) and other drift ice petrologic tracers
293 (Fig. 6E) in sedimentary records from this area (Bond event 4; Bond et al., 2001). This is also
294 in agreement with a decrease in AW advection from the North Atlantic into the Nordic Seas.
295 All three indications (Bond et al., 2001; O'Brien et al., 1995; Oppo et al., 2003) suggest that
296 the interval between ~6.5 and 5 ka BP was one of the most severe climate events of the
297 Holocene. This interval can be directly linked to the 6.8 ka BP event in the Nordic Seas not
298 only because of the temporal convergence but also because the Nordic Seas are a key area for
299 the AMOC, one of the most important mechanisms regulating both oceanic and climatic
300 environmental changes in the North Atlantic region (e.g., Johns et al., 2011). Indeed, the results
301 of the TraCE-21ka simulation show a slowdown of the AMOC (Fig. 7A) and a reduction of
302 Atlantic cross-equatorial heat transport (Fig. 7B) directly after the 6.8 ka BP event (6.5-6.2 ka
303 BP). As indicated by previous modelling studies (Liu et al., 2020, 2017), such a perturbation in
304 overturning circulation might bring large-scale climate responses: prominent cooling over the
305 northern North Atlantic and neighbouring areas, sea-ice increases over the Nordic Seas and to
306 the south of Greenland, and a significant southward rain-belt migration over the tropical
307 Atlantic. The latter is also confirmed by the TraCE-21ka simulation (Fig. 7C). The model shows
308 that the slowdown of the AMOC and the reduction of Atlantic cross-equatorial heat transport
309 between ~6.5 ka BP and ~6.2 ka BP lead to a southward shift of the Intertropical Convergence
310 Zone (ITCZ). According to the zonal mean precipitation change, the southward shift is
311 manifested by a general decrease in rainfall to the north of the equator and an increase in rainfall
312 to the south of the equator. This dipole change in rainfall is especially pronounced over the
313 Atlantic sector.

314 Based on the carefully selected Holocene time series of temperature and
315 humidity/precipitation, as well as reconstructions of glacier advances, Wanner et al. (2011)
316 analysed the spatiotemporal pattern of six cold relapses of widespread reach during the last
317 10,000 years. One of the identified events occurred within the Holocene Thermal Maximum,
318 between 6.5 and 5.9 ka BP. It was characterised by a predominance of negative temperature
319 anomalies in the Southern Hemisphere (Fig. 6F). Similarly, the inner area of North America
320 was cool (Fig. 6G; Viau et al., 2006), in contrast to the area around Scandinavia where a
321 majority of positive temperature anomalies occurred during this time. Especially the latter
322 might seem surprising in the face of the cooling described here. However, first of all, the
323 widespread event peaked at around 6.3 ka BP (Wanner et al., 2011), i.e., ~400 years after the
324 peak of cooling in the Nordic Seas. The cooling and its consequences propagated time-
325 transgressively away from its source, and by the time the widespread event reached its
326 maximum, in the Nordic Seas the temperatures were already rising (Fig. 3). Second, cooling at
327 6.8 ka BP affected the subsurface water masses, while the surface waters were affected only
328 locally, close to Svalbard (Fig. 4F). For this reason, the air temperatures around the Nordic Seas
329 were not directly affected by the event.

330 Further indications suggest that a cold North Atlantic area and a southward shift of the
331 ITCZ during the 6.5-5.9 ka BP cold relapse could have weakened the East Asian monsoon (Fig.
332 6H; Xiao et al., 2009). It is also suggested that reduced solar activity was at the origin of the
333 6.5-5.9 ka BP cold relapse (Wanner et al., 2011). However, the solar irradiance minimum
334 occurred at only ~6.3 ka BP (Vonmoos et al., 2006). While we find it plausible that changes in
335 solar activity could have amplified the cooling and enhanced its spreading across both
336 hemispheres (see, e.g., the discussion on the influence of solar activity on the 2.7 ka BP event
337 in Telesiński et al., 2022, 2015; van Geel et al., 2000), it seems unrealistic to be a root cause as
338 it occurred already within the cooling.

339 The described environmental changes that occurred during the 6.5-5 ka BP interval
340 show how the consequences of a fairly local event such as the one at 6.8 ka BP in the Nordic
341 Seas can potentially spread across both Hemispheres. Although a direct causal relationship
342 between the 6.8 ka BP event and its widespread implications might be difficult to prove and
343 requires further studies, it certainly is possible, and the temporal convergence is very
344 compelling. Furthermore, the results of the TraCE-21ka simulation seem to support such
345 relationship. Therefore, we assume that the 6.8-ka BP event could have acted as a trigger for
346 the widespread cooling event.

347 The discussed sequence of events has important implications for the present-day
348 environmental conditions and future predictions. It shows that even during a relatively warm
349 and stable interval, a fairly local cold spell can occur, and its consequences can spread across
350 both hemispheres. The ongoing warming of the Arctic (e.g., McKay and Kaufman, 2014;
351 Schiermeier, 2007; Spielhagen et al., 2011; Walczowski and Piechura, 2007) is a harbinger of
352 changes that will affect the entire planet (e.g., Boulton et al., 2014). However, these changes do
353 not necessarily have to be straightforward or uniform (e.g., Cohen et al., 2020). Based on the
354 paleoenvironmental proxy records and model simulations presented here, we suggest that, for
355 example, increased meltwater input from Svalbard glaciers and the GIS caused by increasing
356 air temperatures (e.g., Hetzinger et al., 2021; van den Broeke et al., 2016) could lead to a similar
357 cooling as the one that occurred 6.8 ka BP with consequences reaching beyond the Nordic Seas
358 (e.g., Rahmstorf et al., 2015; Yang et al., 2016). For this reason, paleoreconstructions of such
359 events should be used as analogues for potential future developments of environmental changes.
360 Furthermore, it should be tested whether climate models that are used for future climate
361 predictions can resolve such complex feedbacks within the ocean-atmosphere system.

362 **Summary and conclusions**

363 The analysis of published marine sedimentary records retrieved along the NAD in the
364 Nordic Seas allowed us to identify a subsurface water cooling event centered around 6.8 ka BP.
365 After the 8.2 ka BP event, the overturning circulation in the Nordic Seas resumed. However,
366 due to the onset of deep convection in the Greenland Sea, the main AW flow was shifted
367 westward. This allowed sea-ice advection from the Barents Sea into the eastern Fram Strait.
368 The increased sea-ice cover strengthened the halocline, the NAD was subducted below the
369 relatively fresh surface water, and its flow was weakened. Consequently, AW advection into
370 the eastern Nordic Seas was reduced, resulting in subsurface water cooling. These proxy-based
371 paleoreconstructions have been confirmed by the results of the TraCE-21ka simulation.

372 The disruption of AW advection in a region as important for ocean circulation as the
373 Nordic Seas must have had far-reaching consequences. Indeed, several environmental changes
374 subsequent to the 6.8 ka BP event exhibit not only temporal convergence, but also probable
375 causal relationships proved by both proxy-based and modelling studies. These include: (a) a
376 trend of decreasing contribution of NADW relative to SOW in the NE North Atlantic starting
377 at 6.5 ka BP and culminating at 5 ka BP (Oppo et al., 2003), (b) especially winter-like
378 meteorological conditions at high northern latitudes from 6.1 to 5.0 ka BP (O'Brien et al., 1995),
379 (c) a large proportion of cold, fresh, ice-bearing surface water entering the NE Atlantic from
380 north of Iceland (Bond event 4; Bond et al., 2001), (d) negative temperature anomalies in the
381 North Atlantic area, inner North America and the Southern Hemisphere between 6.5 and 5.9 ka
382 BP (Wanner et al., 2011), and (e) weakened East Asian monsoon between 6.4 and 6.05 ka BP
383 (Xiao et al., 2009). Therefore, we assume that the 6.8 ka BP event was a trigger for the
384 widespread cooling event.

385 The 6.8 ka BP event in the Nordic Seas and its consequences show that even during a
386 relatively warm and stable interval, a fairly local cold spell can occur, and the resulting sequence
387 of environmental changes can spread even globally. Understanding the mechanisms behind
388 events that occur within a generally warm interval is invaluable for future climate predictions.

389 **Acknowledgements**

390 This work was supported by the National Science Centre, Poland [grant number
391 2020/39/B/ST10/01698]. Supplementary Figure 1, containing the age-depth relationships of
392 cores used in the study, as well as Supplementary Data file, containing all the data used in the
393 study are available on Zenodo (<https://doi.org/10.5281/zenodo.8321172>, Telesiński, 2023).

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716 **Figure captions**

717 **Fig. 1.** Location of cores used in the study (dots) as well as present-day surface (red and blue
718 arrows) and deep water circulation are shown. AF – Arctic Front, EGC – East Greenland
719 Current, JMC – Jan Mayen Current, NAC – North Atlantic Current, PF – Polar Front, RAC –
720 Return Atlantic Current, WSC – West Spitsbergen Current.

721 **Fig. 2.** Relative abundance of polar planktic foraminiferal species *N. pachyderma* in records
722 from the eastern and northern Nordic Seas. Increases in the abundance of *N. pachyderma*
723 associated with the 6.8 ka BP event is marked with the blue shading.

724 **Fig. 3.** Absolute subsurface water temperatures (sSST) reconstructed using transfer functions
725 in records from the eastern and northern Nordic Seas. Cooling associated with the 6.8 ka BP
726 event is marked with the blue shading.

727 **Fig. 4.** Paleoenvironmental proxies indicating changes associated with the 6.8 ka BP event. A)
728 Insolation at 78°N for June, July, August, and September (Laskar et al., 2004). B) P_BIP₂₅ index
729 derived from biomarker data from core MSM5/5-723 (Werner et al., 2015). C) Fragmentation
730 of planktic foraminifera tests in core MSM5/5-723 (Werner et al., 2015). D) Planktic
731 foraminiferal abundance in cores JM10-330 (Consolaro et al., 2018), M17730 (Telesiński et al.,
732 2015) and MD95-2011 (Risebrobakken et al., 2003). E) Ice-rafted debris flux in core MSM5/5-
733 712 (Werner et al., 2013), F) Alkenone-based sea-surface temperature reconstructions from

734 cores JM09-020 (Łacka et al., 2019) and M23258 (Martrat et al., 2003). The 6.8 ka BP event is
735 marked with blue shading.

736 **Fig. 5.** (A) Sea-ice concentration difference between 6.83-6.85 ka BP and 7.63-7.65 ka BP
737 (6.83-6.85 ka BP minus 7.63-7.65 ka BP) in the TraCE-21ka. (B) Subsurface (92 m)
738 temperature difference between 6.81-6.83 ka BP and 7.63-7.65 ka BP (6.81-6.83 ka BP and
739 7.63-7.65 ka BP) in the TraCE-21ka.

740 **Fig. 6.** Paleoceanographic and paleoclimatic records depicting the 6.8 ka BP event and its
741 potential consequences. A) $P_{BIP_{25}}$ index proxy for sea-ice cover in the eastern Fram Strait (core
742 MSM5/5-723, Werner et al., 2015). B) Absolute summer subsurface water temperatures (sSST,
743 100 m water depth) in the eastern Fram Strait (core JM10-330) reconstructed using the transfer
744 function (this study). C) Benthic $\delta^{13}C$ proxy record for the contribution of NADW in the NE
745 Atlantic (ODP site 980, Oppo et al., 2003). D) Sea salt sodium (ssNa) flux proxy record for
746 storminess/winter-like conditions in central Greenland (GISP2 core; O'Brien et al., 1995). E)
747 North Atlantic stack of drift ice petrologic tracers (Bond et al., 2001). F) Oxygen isotope record
748 from an ice core at Tylor Dome, Antarctica, as air temperature proxy (Steig et al., 2000). G)
749 North American pollen-based July temperature anomaly record (Viau et al., 2006). H) Sand-
750 fraction content proxy record for low lake levels linked with weak monsoon events in East Asia
751 (core HL06 from Hulun Lake; Xiao et al., 2009). Records C-H are plotted vs. their original age
752 models. However, a recalibration of the HL06 record using Bayesian approach and the IntCal20
753 calibration curve (Reimer et al., 2020) has not shown remarkable differences from the original
754 age model. In records D and F kiloyears before AD 2000 (ka b2k) were transformed into
755 kiloyears before AD 1950 (ka BP). The 6.8 ka BP event is marked with blue shading.

756 **Fig. 7.** Time series of (A) AMOC strength and (B) Atlantic cross-equatorial ocean heat transport
757 in the TraCE-21ka. (C) Precipitation difference between 6.18-6.27 ka BP and 6.50-6.59 ka BP
758 (6.18-6.27 ka BP minus 6.50-6.59 ka BP) in the TraCE-21ka. 1 PW = 1 Petawatt = 10^{15} Watt

760 **Table 1.** Details on cores used in the study. KAL – Kastenlot core, PC – piston core, GC –
761 gravity core.

Core ID	Latitude	Longitude	Water depth [m]	Core type	Location	References
OCE2017-GR02	77°05' N	5°20' W	1200	GC	NW Greenland Sea	Telesiński et al. 2022, Devendra et al. 2022
MSM5/5-723	79°09' N	5°20' E	1350	KAL	E Fram Strait	Müller et al. 2012, Werner et al. 2015
JM10-330	79°08' N	5°36' E	1297	GC	E Fram Strait	Consolaro et al. 2015, 2018
MSM5/5-712	78°55' N	6°46' E	1491	KAL	E Fram Strait	Müller et al. 2012, Werner et al. 2013
M23258	75°00' N	13°58' E	1768	KAL	N Norwegian Sea	Sarnthein et al. 2003, Martrat et al. 2003
M17730	72°07' N	07°23' E	2749	KAL	N Norwegian Sea	Telesiński et al. 2015
MD95-2011	66°58' N	07°38' E	1048	PC	central Norwegian Sea	Risebrobakken et al. 2003

762

763 **Table 2.** Details on the absolute temperature reconstructions used in the study. Uncertainties of
764 the reconstructions are given as in the original references. RMSEP – root mean-squared error
765 of prediction, SD – standard deviation.

Core ID	Transfer function	Water depth [m]	Season	Uncertainty	Reference
OCE2017-GR02-GC	(Husum and Hald, 2012)	100	summer	RMSEP = 0.52°C	this study
MSM5/5-723-2	(Husum and Hald, 2012)	100	summer	RMSEP = 0.47°C	Werner et al. 2015
JM10-330GC	(Husum and Hald, 2012)	100	summer	RMSEP = 0.52°C	this study
MSM5/5-712-2	(Husum and Hald, 2012)	100	summer	RMSEP = 0.52°C	Werner et al. 2015
M23258	(Pflaumann et al., 2003, 1996)	10	summer	±0.9°C	Sarnthein et al. 2003
M17730-4	(Pflaumann et al., 2003)	100	summer	SD = 0.3-2.2°C	Telesiński et al. 2015
MD95-2011	(Pflaumann et al., 2003)	10	August	unknown	Risobrobakken et al. 2003

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