

1 PREPRINT version

2 **Future heat extremes likely to have been underestimated**

3  
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11  
12 **In a warming world, temperature extremes are expected to show a distinguishable**  
13 **change over much of the globe<sup>1</sup> and in many regions this change has already**  
14 **been detected in observations<sup>2,3</sup>. Although previous studies predict an increase in**  
15 **heat extreme events, the magnitude of the change varies greatly among different**  
16 **models even for the same mean warming<sup>4</sup>. This uncertainty has been linked to**  
17 **differences in land-atmosphere feedbacks across models<sup>2</sup>. Here we show that a**  
18 **significant constraint for future projections can be based on the ability of climate**  
19 **models to accurately simulate the variability of daily atmospheric surface**  
20 **maximum temperature (TX). By applying an emergent constraint (EC) locally on a**

21 **metric describing TX variability with a large ensemble of CMIP5<sup>5</sup> and CMIP6<sup>6</sup>**  
22 **models we demonstrate that the best estimate increase in hot extremes could be**  
23 **worse than previously estimated over a large part of the land, with an increase in**  
24 **extremes of up to 50% larger than based on the multi-model mean. Our findings**  
25 **highlight the importance to correctly simulate TX variability during the historical**  
26 **period. Analysis of models soil moisture suggests that the EC arises because**  
27 **both TX variability and changes in hot extremes are related to land surface**  
28 **humidity processes.**

29

30 Temperature extremes impact strongly on society and can have negative consequences  
31 on health<sup>7</sup>, agriculture<sup>8</sup> or water resources<sup>9</sup>. Daily maximum temperature (TX) is often  
32 used to measure heat wave intensity. It is governed by many processes, including  
33 accumulation of solar radiation, heat transport, and sensible and latent heat flux  
34 exchange with the surface. Particularly, energy used to evaporate surface moisture can  
35 limit atmospheric warming and thus TX<sup>10</sup>. At any given location TX tends to be larger  
36 under drier surface conditions than wetter conditions. Another way to formulate this idea  
37 is that soil moisture (and other surface humidity variables) deficit can lead to amplified  
38 TX (and with it, potentially amplified heat waves). There is evidence that many current  
39 climate models dry too much<sup>11</sup> and we hypothesize that this amplifies TX variability (thus  
40 heat wave frequency<sup>12</sup>) whereas more accurate models may see this amplification in the  
41 upcoming decades. We postulate that this could lead to large differences between  
42 models in terms of heat wave changes under climate warming.

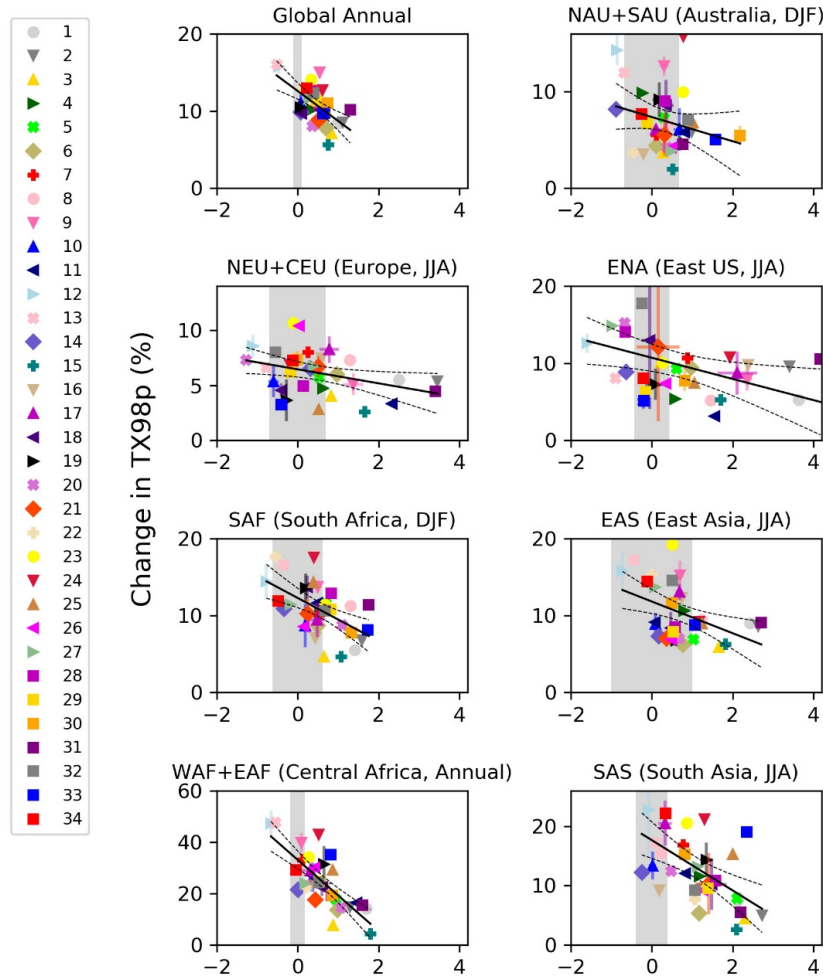
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44 Many indices of TX can be used to describe hot events (as defined by Expert Team on  
45 Climate Change Detection and Indices, ETCCDI). We chose a simple derived index that  
46 can be applied easily at global scale, namely the number of days above the 98<sup>th</sup>  
47 percentile (TX98p, see methods for detailed computation). We only focus on the  
48 warmest season (June to August for North Hemisphere, December to February for  
49 South Hemisphere and all year for the 15°S-15°N tropical area). TX98p indicates for  
50 each location when a day is considered as extremely hot (relative to the daily  
51 climatology of TX at this location). By definition, it represents the 2% hottest days during  
52 the baseline period (1995-2005) at each location, and we evaluate its change in climate  
53 projections (see methods for details). We also define a metric to quantify the historical  
54 variability of TX at each location,  $\Delta$ TX. This metric indicates at each grid point and for  
55 each calendar day the distance between mean TX and the 95<sup>th</sup> percentile of TX (TX95p)  
56 in degrees C.  $\Delta$ TX gives an indication of the temperature difference between a hot day  
57 compared to the climatology. It is used to evaluate models against a reference dataset,  
58 ERA5 reanalysis<sup>13</sup>. This difference has been found to be too high in some climate  
59 models (e.g. 14). Computation of  $\Delta$ TX implies that we ignore any bias in the mean TX of  
60 a model (compared to ERA5) and focus only on TX variability. Note that our results are  
61 not sensitive to using another threshold for heat wave index, e.g. the 95<sup>th</sup> percentile  
62 instead of 98<sup>th</sup> percentile (displayed in supplementary information).

63

64 Previous studies have shown that soil moisture deficits enhance surface temperature  
65 extremes<sup>15,16</sup> and have a strong impact on severe events such as heat waves<sup>17</sup>. Here we  
66 focus on daily timescale temperatures and due to limited availability of humidity model

67 outputs at high temporal resolution (especially evaporation and integrated soil moisture  
68 are not available at daily timescales for CMIP5 outputs) we use the upper layer of soil  
69 moisture (called USM in model data, here referred to as Upper layer Soil Moisture USM  
70 for simplicity) as an indicator of land-atmosphere humidity interaction. Although USM is  
71 controlled by several factors such as infiltration, horizontal transport and evaporation  
72 (with parametrisation varying with land surface models), we assume it can be an  
73 indicator of land surface conditions during hot days. We verified that USM conditions  
74 during days above the 98<sup>th</sup> percentile exhibit a negative correlation with  $\Delta TX$  over 80%  
75 of the land (Fig.S1,a), i.e. models with highest  $\Delta TX$  are also drying the most. This  
76 confirms the relationship between surface humidity and TX variability during the  
77 baseline period. For some regions this relationship is not or poorly verified. This may be  
78 due to other variables influencing humidity and not included in our analysis (e.g.  
79 vegetation, deeper layer soil moisture or irrigation), specific land properties (such as  
80 permafrost for northern regions) or simply because the number of individual models for  
81 this analysis is limited. Thus even if we consider hereafter  $\Delta TX$  as an indicator of model  
82 historical performances in surface humidity feedback, the physics of the relationship  
83 could be closer explored in each model.



85

Difference in TX variability ( $\Delta$ TX) between models and ERA5 ( $^{\circ}$  C)

86 Fig.1: Relationship between  $\Delta$ TX and projected change in TX98p in selected regions

87 The figure shows for each CMIP5 and CMIP6 models the change in the ensemble average frequency of  
 88 hot days (TX98p, y-axis, in % of days) in the future (last decade of rcp45 and ssp245) compared to the  
 89 present period (1995-2005) plotted against the a variability metric for daily maximum temperature ( $\Delta$ TX)  
 90 during the historical period (x-axis, in  $^{\circ}$ C) averaged over different sub-regions.  $\Delta$ TX measures the  
 91 difference between daily TX95p and mean TX in a model compared to that observed. Solid black line is  
 92 the linear regression between  $\Delta$ TX and TX98p, and dashed black lines show the 95% confidence interval.  
 93 Grey shading represents  $\Delta$ TX uncertainties estimated from HAPPI ensemble. Acronyms refer to AR5  
 94 region definitions and numbers refer to models in Table 1.

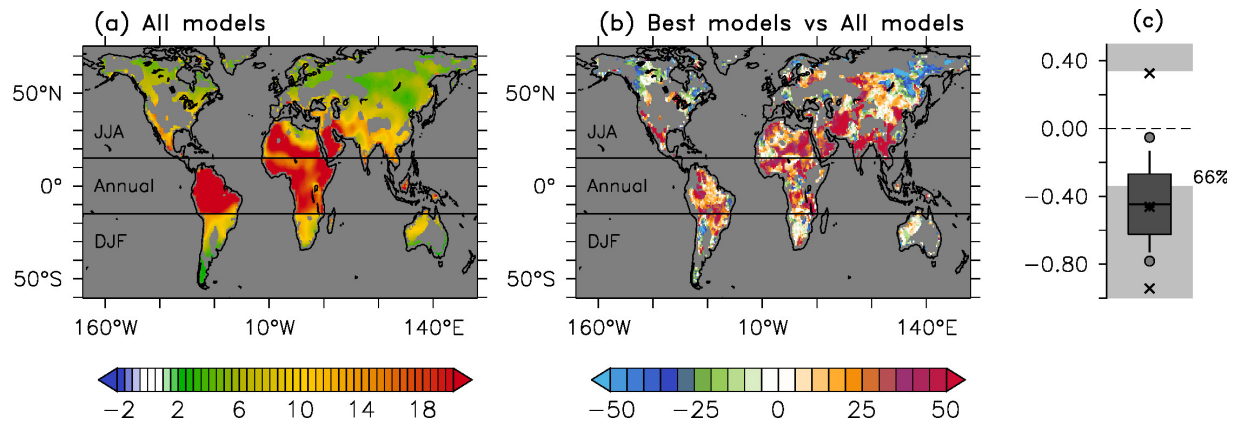
95

96 We also verify that  $\Delta TX$  is strongly correlated to TX98p change for different warming  
97 targets. Over most of land the relationship between  $\Delta TX$  and TX98p change is negative  
98 (Fig.1) and significant (Fig.S2), indicating that in regions with overestimated variance for  
99 hot days the future change in TX98p is smaller on average. Thus, this simple metric is  
100 justified to constrain model projections. In the following we mask results only where  
101  $\Delta TX$ -TX98p correlation is significant. It is the case at global scale (figure 1), where the  
102 metric indicates a tendency to too large  $\Delta TX$  for most models, and over most of regions  
103 except central North America, central Europe and northern polar regions.

104

105 The EC methodology requires understanding and accounting for observational and  
106 model variability and uncertainties so they it can decide how consistent they are<sup>18</sup>. We  
107 use the internal variability of a large multi-member historical ensembles (HAPPI) that  
108 was forced with observed sea surface temperatures to estimate  $\Delta TX$  variability at each  
109 location. We then consider this information as an uncertainty range for  $\Delta TX$  based on  
110 ERA5 and to evaluate when models fit within this range (with multi-member models  
111 having narrower uncertainty, see methods).

112



114 Fig2: **Implication of emergent constraint for future change in extremes**

115 (a) Ensemble mean (all CMIP models) difference in TX98p per degree warming compared to the baseline  
 116 1995-2005 period, expressed as a percentage of days (+X% means an extra X% of days each year will  
 117 be above the 98<sup>th</sup> percentile, see methods). (b) Difference in TX98p projections between models that  
 118 reproduce the observed constraint and all models, expressed as a percentage of the change in (a). (a)  
 119 and (b) display results only where the correlation between TX98p and  $\Delta TX$  is significant (see  
 120 supplementary Fig.S2). (c) Box plot distribution of cross-models correlation coefficients between historical  
 121  $\Delta TX$  and change in TX98p computed at each grid point. Dark grey box is the 25-75 interquartile, with  
 122 horizontal bar inside being the median; vertical solid black line shows the 10-90 interquartile; lower and  
 123 upper circle symbols are percentile 5 and 95 respectively; lower and upper cross symbols are percentile 1  
 124 and 99 respectively. Black cross in the box is the mean. Only values in light grey shading are significant at  
 125 the 95% confidence level. The percentage written indicate how many grid points are above this  
 126 confidence level.

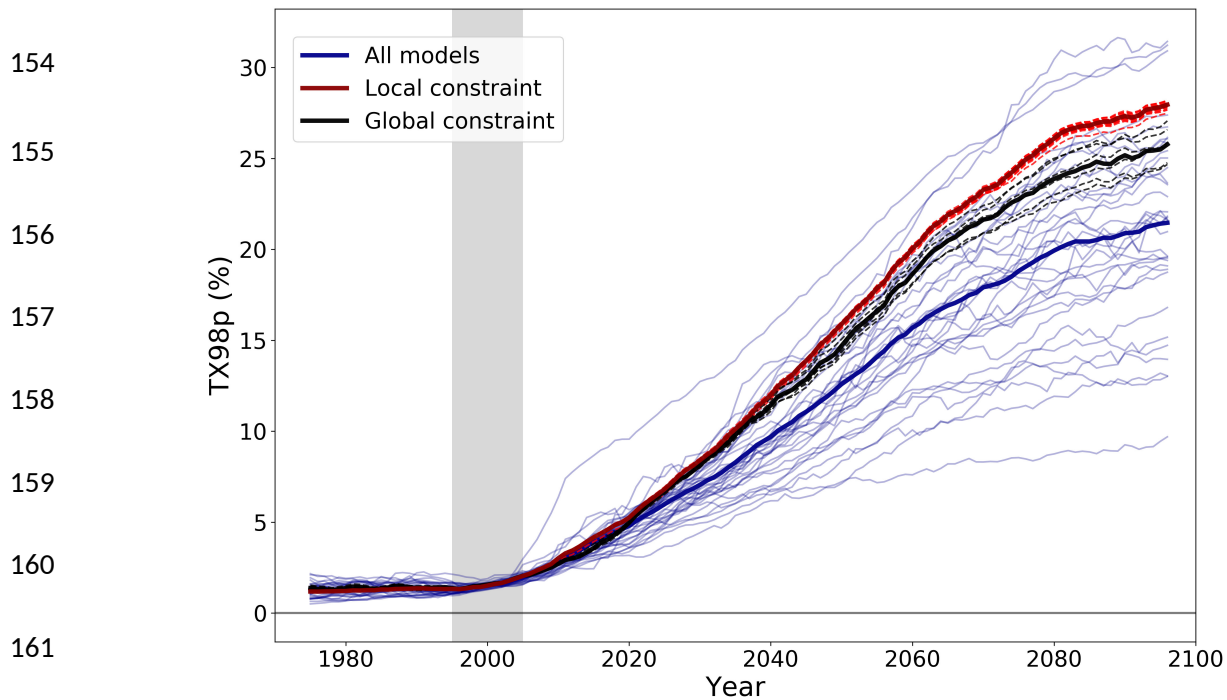
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128 Using  $\Delta TX$  to constrain climate projections by selecting in each gridbox (after spatial  
 129 smoothing, see methods) the models within the observed constraint, we found that  
 130 changes in TX98p are larger than estimated by an unconstrained ensemble over a large

131 part of the land (Fig.2). Africa, South and Central Asia and South America have a  
132 particularly strong signal, locally above 50% increase in the number of exceedances of  
133 the 98<sup>th</sup> percentile (although the magnitude of the difference may be partly explained by  
134 the number of selected models at each location); i.e. twice as many hot days as in  
135 unconstrained predictions. This means models representing more accurately  $\Delta TX$   
136 during baseline period (and hypothetically humidity feedbacks) tend to warm faster  
137 compared to the other models. Similar relationships are found for all climate warming  
138 targets (supplementary Fig.S11 and S12), although the area with significant correlation  
139 is reduced for 1.5°C target. This influence of our EC persists through different warming  
140 targets and is confirmed robust by several sensitivity tests (see methods).

141 Applying an EC based on global mean  $\Delta TX$  (i.e. selecting or rejecting a single model on  
142 a global mean relationship) leads to slightly weaker, but still valid, amplification (Fig.3).  
143 Using a regional constraint to select the best models at each location seems more  
144 appropriate, as no model is considered good everywhere (supplementary Fig.S3). The  
145 constrained TX98p signal (either by local or global method) suggest that the level of  
146 increase previously estimated by the end of the century could be reached by 2060  
147 instead, i.e. 40 years earlier. All these results are verified independent of model  
148 selection by performing sensitivity tests where one model is removed randomly from the  
149 ensemble (Fig.3). The regional constraints results remain highly consistent. The global  
150 constraint is still consistent but slightly more sensitive to model selection (due to the  
151 small size of this ensemble that fall near the uncertainty range). Thus using regional  
152 constrain method here leads to more stable and reliable results.





162 Fig.3: **Global evolution of hot extremes in unconstrained and constrained ensembles.**

163 Timeseries of global mean TX98p (%) for the mean (thick solid line) of all CMIP5 and CMIP6 models  
 164 (blue) and constrained models with constraint applied to each significant grid point (red). Ensemble  
 165 means are computed, each year, for each grid point from a 9-years running mean of TX98p, then globally  
 166 averaged to obtain a global mean value. This method allows a more detailed computation of constrained  
 167 ensemble, as the number of models varies from one region to another. Thin blue lines indicate individual  
 168 model results. Solid back line shows the mean of a sub-ensemble (7 models) where EC is based on  
 169 globally averaged  $\Delta TX$  (instead of applying EC at each grid point). Gray shading highlights the baseline  
 170 period to compute the TX98p threshold. Red (and black) dashed lines show a sensitivity study where one  
 171 model is removed before computation of local (and global) constrained ensemble mean (test repeated for  
 172 each model of each ensemble). For each model, TX98p is linearly scaled by comparing its individual  
 173 change in  $T_{as}$  to the ensemble mean change in  $T_{as}$ .

174

175 An important point is to verify the physical mechanism linking change in TX98p and land  
 176 drying, although due to limited data we only use monthly timescale USM outputs (i.e.

177 mean land drying, not specifically during hot days). The relationship between change in  
178 TX98p and mean USM is overall negative, indicating larger temperature variability for  
179 drier soils, and supporting our hypothesis (supplement material Fig.S1,b), although it is  
180 significant only over few areas and not necessarily where EC signal is the strongest  
181 (especially, it is weak over the tropical area). This may be explained by several reasons.  
182 First, USM is only one part of land moisture and does not include vegetation (which can  
183 be an important factor moderating humidity over tropical land). Secondly due the limit of  
184 USM model output data to monthly we may not capture the specific heat event well  
185 enough, making the statistical relationship more difficult to estimate. Third, a full daily  
186 analysis on evaporation, vegetation and soil moisture structure would be needed to  
187 understand how these processes changes under very specific conditions (hot days).  
188 This is obviously a strong limit to our current understanding and we can only raise a  
189 physical hypothesis. We stress here the importance of high temporal resolution surface  
190 humidity outputs to fully understand extreme event processes and humidity feedbacks.

191 We note that over some regions constrained models do not indicate an increase in  
192 TX98p, especially over northern part of America and Siberia. These correspond to areas  
193 with weak correlation between  $\Delta TX$  and TX98p. Other processes may be more  
194 dominant in these regions, and drying of soil may be not a factor in high latitudes.  
195 Additionally, permafrost land-atmosphere exchanges and humidity processes are  
196 different there.

197 Overall, our results indicate that climatological bias in the difference between hot and  
198 average days in climate models lay lead to an underestimate of the frequency of  
199 unusually hot days in the future.

200

201

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## 215 **METHOD**

### 216 **Definition and computation of indices**

217 Our analysis focusses on daily maximum temperature (TX) extremes (TX98p). We  
218 define TX98p as the number of days above the daily climatological 98<sup>th</sup> percentile. The  
219 latter is computed for each location and each calendar day by pulling together all days  
220 within +/- 15 days window of this calendar day during the 1995-2005 period and  
221 selecting the 2% highest values.

222 We also define a metric,  $\Delta TX$ , to evaluate the variability of TX during the baseline  
223 period. It is done by first calculating the mean and 95<sup>th</sup> percentile of the temperature  
224 distribution for each calendar day at each location (by pulling 15 days around each  
225 calendar day together as for 98<sup>th</sup> percentile describe above). The distance between the  
226 95<sup>th</sup> percentile and the mean gives an indication of TX variability for each day and each  
227 location. It is computed for each model ( $\Delta TX_{\text{model}}$ ) and for the reference dataset ( $\Delta TX_{\text{ref}}$ ;  
228 the ERA5 reanalysis) and the difference between the two defines our metric:  $\Delta TX =$   
229  $\Delta TX_{\text{model}} - \Delta TX_{\text{ref}}$ . We only focus on the warm season, when hot extreme are likely to  
230 happen (June-August for North Hemisphere, December-February for South Hemisphere  
231 and all year for the 15°S-15°N tropical area). Positive values mean a model over-  
232 estimates the TX variability compared to the reference (i.e. it tends to warm up too  
233 quickly and over-estimated high values of TX), negative values indicate an  
234 underestimate. For the metric, we choose the 95<sup>th</sup> percentile to ensure reasonably good  
235 sampling of the variability across the base period (as it is used to constrain models)  
236 while for future changes we focus on the 98<sup>th</sup> percentile which correspond to more  
237 extreme values. We verified that EC results are not very sensitive to the choice of

238 threshold by doing a sensitivity test using the 95<sup>th</sup> percentile as threshold instead 98<sup>th</sup>  
239 (supplementary Fig.S4).

240 Each index is computed individually for each model (and eventually each member) on  
241 their native grid. Results are then interpolated on a common 1° grid before being  
242 averaged across all models. As temperature extremes are relatively large-scale, and  
243 grids vary only between 1 and 2.5 degrees latitude/longitude across models, results are  
244 not sensitive to the order of operation.

245

## 246 **Datasets**

### 247 *- CMIP models*

248 An ensemble of 27 individual models from CMIP5<sup>5</sup> and 7 from CMIP6<sup>6</sup> is used. Some  
249 only have a single member available while some provide a multi-members ensemble. In  
250 the latter case, multi-member results are always computed individually and then  
251 averaged to provide one mean result for a single model. We consider a reference period  
252 as the historical 1995-2005 decade (being the last decade of CMIP5 historical forcing).  
253 Climate projections are investigated using the RCP4.5<sup>19</sup> and SSP245<sup>20</sup> pathways for  
254 CMIP5 and CMIP6 models respectively. Both scenarios are expected to be close,  
255 although each model leads to different mean temperature increases (Fig.S5).

256 Three climate projection targets are considered:

257 - *end-of-century*, by selecting the 2091-2100 decade for each model.

258 - *+1.5°C and +2°C warming above pre-industrial mean*. For these two, we follow a

259 similar approach as in 21 and select for each member of each model the first decade  
260 when the average atmospheric surface temperature ( $T_{as}$ ) of each year of the decade is  
261 above the corresponding threshold (Fig.S5). As we use 1995-2005 as a baseline, the  
262 actual threshold (relative to the baseline) is chosen as  $+0.7^{\circ}\text{C}$  and  $+1.2^{\circ}\text{C}$  for targets  
263  $+1.5^{\circ}\text{C}$  and  $+2^{\circ}\text{C}$  above pre-industrial respectively, as in the HAPPI experiment  
264 design<sup>22</sup>. Although the exact definition of these levels can be sensitive<sup>23</sup>, for this work  
265 the main point is that each model or member should reach a similar magnitude of  
266 warming. A few members and models do not meet the condition for the  $+2^{\circ}\text{C}$  target  
267 before the end of the century. For these cases, we select instead the last projection  
268 decade 2091-2100. If the mean increase in  $T_{as}$  over this decade is above the threshold  
269 ( $+1.2^{\circ}\text{C}$ ) then we keep the model or member. Otherwise we do not include it in the  
270 analysis for this projection target. This leads us to discard 4 members.

271 For each climate projection target, results of each member or model are normalised by  
272 their respective mean change over the decade (relative to our baseline) in  $T_{as}$  (and then  
273 averaged to provide ensemble mean results). Thus, no matter the target projection all  
274 results are shown for  $+1\text{C}$  warming above the baseline. We tested the sensibility of the  
275 results by using raw results (without normalisation) for each model but both methods  
276 lead to very close results in terms of EC amplification (Fig.3 and Fig.S6), although raw  
277 results have larger uncertainties. Thus, we largely focus on normalised results in the  
278 body of the paper.

279 For most of the models we could get daily TX data for both historical and projection  
280 periods. Daily soil moisture data are more limited (9 CMIP5 and 5 CMIP6 models).  
281 Supplementary Table 1 provides details about outputs used for each variable.

282

283 - HAPPI ensemble and  $\Delta TX$  uncertainty

284 To evaluate the uncertainties on  $\Delta TX$  during the baseline period we use several  
285 atmospheric models from the HAPPI ensemble<sup>22</sup>. Each model provides daily output for  
286 the 1995-2005 decade. We select 5 models with a hundred or more members and  
287 compute  $\Delta TX$  for each member (same method as for CMIP models). Then, using  
288 internal variability of each model (multi-members ensemble standard deviation,  $\sigma$ ), we  
289 estimate  $\Delta TX$  uncertainties for each location and calendar day (Fig.S7). One model has  
290 a mean bias that is much larger than other models (CanAM4), we thus exclude it. For  
291 other models, the  $\Delta TX$  internal variability is consistent, so we use the mean of four  
292 remaining model variabilities (i.e. averaging the four internal STD) as a measure of  $\Delta TX$   
293 uncertainties ( $\sigma_{\text{HAPPI}}$ ).

294 The sensitivity of this choice is also tested by using individual model STD instead of  
295 ensemble mean (Fig.S8). It shows that results stay consistent for each case. We note  
296 that the uncertainty so described is that of atmospheric variability only. However, both  
297 the HAPPI ensemble and the ERA5 reanalysis are driven by the same SSTs hence this  
298 choice is conservative to characterize observational uncertainty.

299 Internal variability in the climate models used is reduced by ensemble averaging. To  
300 take into account the specific number of members for each individual model, the  
301 uncertainty between OBS and models is expressed as:  $(\sigma_{\text{HAPPI}}^2 + (\sigma_{\text{HAPPI}}^2 / N))^{1/2}$  with N  
302 the number of members of a model. When the absolute value of  $\Delta TX$  fits within that

303 range then a model (eventually the multi-members ensemble mean) is considered as  
304 consistent with OBS.

305

306 - ERA5

307 The ERA5 reanalysis<sup>13</sup> is available for the full satellite observation period (1979-  
308 present). It provides hourly timescales data at 0.25° resolution on a reduced Gaussian  
309 grid, from which we computed daily TX for the 1995-2005 period.

310 We evaluated the variability of TX in ERA5 against two dense regional observational  
311 datasets (Fig.S9): A network of 756 homogenised station measurements for China,  
312 provided by the Chinese Meteorological Administration<sup>24</sup>; And gridded 0.25° E-OBS  
313 v19.0 dataset for Europe<sup>25</sup>. Chinese observations are first gridded on the same regular  
314 grid as ERA5 by linear interpolation.

315 Although the TX variability tends to be weaker in ERA5 than in observations, differences  
316 are within the range of uncertainties estimated from the HAPPI ensemble variability  
317 (Fig.S7) for both regions, hence we consider ERA5 sufficient.

318

### 319 **Emergent constraint (EC) method**

320 To decrease model projection uncertainties on TX98p, we use an EC method with  $\Delta TX$   
321 as a predictor (i.e. selecting models that are able to reproduce the width of the daily  
322 maximum temperature distribution TX, indicated by the distance between the 95<sup>th</sup>  
323 percentile and the median) and select those for prediction. To do this, CMIP models are



324 evaluated against ERA5 during the 1995-2005 period, and agree with it within  
325 atmospheric internal variability. We use variability from the HAPPI ensemble to  
326 characterize this uncertainty for better sampling. Models (ensemble mean in case of  
327 multi-members model) within the range of 2 times STD (i.e. the 95% confidence  
328 interval) are considered as reasonably realistic and selected for use in the constrained  
329 climate projections. Comparing constrained against unconstrained ensemble projections  
330 provides an estimate of the potential current bias in climate forecasts.

331 Constraints can arise from global or regional processes<sup>18</sup>. Here we use a regional  
332 constraint to take advantage of model information everywhere. We first apply a spatial  
333 smoothing of 5 degrees on  $\Delta TX$  over land (to improve sampling and avoid spatial  
334 discontinuity) then select the models that comply with the constraint within uncertainty at  
335 each grid point. Over most of the regions, the number of selected models is between 5  
336 and 10, except in central Africa where it is below 5. This is mainly due to very narrow  
337 observational variability over this region (Fig.S3 and S7). Most of models contribute to  
338 the projection over some part of land. Applying EC at a global scale instead (Fig.3 and  
339 S10) leads to similar patterns with slightly weaker amplification.

340 We also tested the sensitivity of EC results with different choices of uncertainty around  
341 the observational distribution with and different spatial smoothing (Fig.S8). Using  
342 narrower (wider) range of variability leads to slightly different results with less (more)  
343 models selected, corresponding to a noisier but more intense (smoother but less  
344 intense) signal. However, global patterns are still consistent with main results. Weaker  
345 spatial smoothing (3 degrees) leads to slightly noisier results while using too large  
346 smoothing (11 degrees) leads to large masked area (because we use only land grid

347 points or alternatively to large variation in actual applied smoothing). Thus 5 degrees  
348 smoothing is a good compromise.

349 Following recommendations from Hall et al., 2019, we first confirm the strong statistical  
350 relationship between  $\Delta TX$  and TX98p (Fig.1 and supplement S2). We then use a  
351 resampling method (by removing randomly a model from the ensemble) to test the  
352 robustness of the constraint (Fig.3). Finally, the physical mechanism hypothesis linking  
353 soil moisture,  $\Delta TX$  and TX98p is evaluated (Fig.S1), although this evaluation is  
354 somewhat limited due to limited soil moisture availability.

355

356

### 357 **Data availability**

358 The authors declare that all data that support the findings in the main article are  
359 available. All model data are publicly accessible via the Earth System Grid Federation node  
360 (<https://esgf-node.ipsl.upmc.fr/>). ERA5 data can be downloaded from ECMWF website  
361 (<https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>). Scripts used to generate the  
362 main results will be made available on the University of Edinburgh datashare. All other data and code  
363 that support the figures in the [Supplementary Information](#) are available from the corresponding author  
364 on request.

365

366

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