1 Title: Environmental monitoring of antimicrobial resistant bacteria in North Carolina water and 2 wastewater using the WHO Tricycle protocol in combination with membrane filtration and 3 compartment bag test methods for detecting and quantifying ESBL E. coli 4 5 Authors: K. Clark Appling<sup>1</sup>; Mark D. Sobsey<sup>1</sup>; Lisa M. Durso<sup>2</sup>; Michael B. Fisher<sup>1\*</sup> 6 7 1. Gillings School of Global Public Health, Department of Environmental Sciences and 8 Engineering, University of North Carolina at Chapel Hill, 135 Dauer Drive, CB #7431, Chapel 9 Hill, NC 27599, USA 10 11 2. USDA, ARS, Agroecosystem Management Research Unit, 251 Filley Hall, UNL-East 12 Campus, Lincoln, NE 68583, USA 13 14 \*Corresponding author 15 16 Abstract 17 Antimicrobial resistance (AMR) is a growing threat to human and animal health, and 18 efforts to combat it require widespread, robust and practical monitoring of AMR presence in 19 humans, animals, and the environment. Because early AMR monitoring efforts were 20 cumbersome, costly, and lacked standardization, the WHO Tricycle Protocol (WHO TP) was 21 developed and released in 2021 to standardize and streamline global AMR monitoring by

22 culturing a single indicator organism, extended-spectrum- $\beta$ -lactamase-producing *Escherichia* 

23 coli (ESBL-Ec), The WHO TP culture-based method detects and quantifies ESBL-Ec by either

spread plating or membrane filtration on either MacConkey or TBX agar (supplemented with

25 cefotaxime), which are difficult methods to use in low-resource and field settings, and must be

26 done mostly in lab settings by trained personnel. Therefore, we simultaneously detected and

27 quantified ESBL-Ec in field samples using the WHO TP with membrane filtration (WHO TP

28 MF) and also a simplified method, the compartment bag test (CBT), which quantifies different

sample volumes as positive or negative for target bacteria and is easy for anyone to use in the

30 field. We collected and analyzed municipal wastewater, surface water, and chicken waste

31 samples from sites in Raleigh and Chapel Hill, NC over an 8-month period. Presumptive ESBL-

32 Ec were quantified using WHO TP MF on TBX agar supplemented with cefotaxime, as well as

33 using the CBT with chromogenic *E. coli* medium containing cefotaxime. Presumptive ESBL-Ec

34 bacteria were isolated from completed tests for confirmation and characterization by Kirby Bauer

35 disk diffusion tests (for antibiotic sensitivity) and EnteroPluri tests (to speciate isolates). The

36 WHO TP MF and the CBT methods were both easy to use, but the MF test required additional

37 time and effort. The proportion of *E. coli* that were presumptively ESBL in surface water 38 samples was significantly greater downstream vs upstream of wastewater treatment plant 39 (WWTP) outfalls in both locations, suggesting that treated wastewater is a source of ESBL-Ec in 40 some surface waters. The results of CBT and WHO TP MF tests were comparable, making the 41 former method suitable as an alternative to the more complex WHO TP MF procedure. Further 42 AMR surveillance using both the WHO TP MF and simpler CBT methods may be useful to 43 further characterize and refine their performance for quantifying AMR occurrence in NC and 44 elsewhere.

45

## 46 Introduction

Antimicrobial resistance (AMR) is a growing threat to human and animal health and the microbial quality of the environment. Current research estimates that AMR related deaths could climb to 10 million annually by 2050 <sup>6–8</sup>. Global, regional, and national efforts have been initiated to prevent and manage AMR hazards through strengthening antibiotic stewardship, infection prevention and control, and interrupting the release of AMR organisms to the environment, among other measures.

53 The implementation of widespread, robust monitoring of AMR hazards in human, 54 animal, and environmental sectors has been identified as critical need to better prevent, manage, 55 and control AMR hazards. Global NGOs, governments, and academics have developed 56 monitoring protocols, provided guidance, and enacted legislation aimed at minimizing AMR 57 occurrence and spread. WHO spearheaded this movement with the creation of the Advisory 58 Group on Integrated Surveillance of Antimicrobial Resistance (AGISAR) in 2009. WHO and 59 AGISAR released the Global Action Plan on AMR (GAP-AMR) in 2014 which called for 60 integration of AMR monitoring efforts across clinical, food and animal agriculture (specifically poultry), and environmental sectors as a One Health approach<sup>9</sup>. However, initial monitoring 61 62 efforts were disparate, fragmented, and costly, failing as a multi-sectoral effort and there was documented evidence of inadequate and unsuitable use in low resource settings <sup>6,10</sup>. 63

The World Health Organization Tricycle Protocol of 2021 was intended to address these inadequacies by adopting a One-Health integrated and streamlined approach. Because human and animal wastes can contaminate surface water and result in human exposure through direct ingestion or in the food chain, a single AMR indicator organism, extended spectrum Beta68 lactamase *Escherichia coli* (ESBL-Ec), was selected for global surveillance and monitoring. A 69 standardized detection method, spread plating or membrane filtration on TBX agar, was 70 developed for analysis of environmental samples. Selecting ESBL-Ec for either direct spread 71 plating or initial membrane filtration for samples with lower AMR bacteria levels reduces the 72 operational cost of the protocol to allow cross-sectoral comparisons. <sup>1,12</sup>. 73 While the Tricycle protocol has been adopted successfully in some countries worldwide, 74 it has not been piloted in the United States previously. This study applied the Tricycle protocol 75 (and for comparison, simpler culture methods) to quantify ESBL-Ec occurrence in surface water, 76 municipal wastewater, and chicken waste in two cities, Raleigh and Chapel Hill, in the Piedmont region of North Carolina. 77 78 The occurrence and concentrations of ESBL-Ec in surface water, wastewater, and 79 chicken waste samples across 8 sites in these two cities over an 8-month study period were

80 quantified using. three separate methods: (1) the Tricycle Protocol (membrane filtration [MF])

81 followed by plating on TBX agar and liquid culture quantal methods on selective media

82 formulations (one proprietary and the other made in-house) utilizing the Compartment Bag Test

83 (CBT) format that gives Most Probable Number as well as presence-absence results <sup>2,3</sup>. The

84 goals of this study were to: 1) Quantify ESBL-Ec occurrence and concentrations in

85 environmental samples, 2) assess the usability of the Tricycle Protocol to monitor ESBL-Ec, and

86 3) assess the usability and performance of the CBT as an alternate quantification method.

87

# 88 Methods

89

90 Study location

Sampling was conducted in the NC Piedmont region, in and around a large city (Raleigh;
estimated population of 480,000) and a smaller "sentinel" city (Chapel Hill; estimated population
~63,000), as per the WHO Tricycle Protocol. The study areas include several large hospitals in
the University of North Carolina (UNC) Medical, Duke Medical, and Wake Medical healthcare
systems as well as sources of chicken agriculture.

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97 Sample collection

98 Samples were collected between July 2021 and March 2022 from surface water,

99 wastewater, and chicken agriculture sites in Raleigh and Chapel Hill, NC at two-week intervals

100 (Table 1, Figures S1, S2). Using sterile polypropylene wide-mouth bottles (Thermo-Fisher 101 Scientific, Waltham, MA), 0.5-liter grab samples were collected from Raleigh's Neuse River 102 Resource Recovery (wastewater) Facility and 24-hour composite samples were taken from the 103 Orange Water and Sewer Authority's Mason Farm Road Wastewater Treatment Plant in Chapel Hill. Surface water grab samples were collected from the Neuse River (Raleigh) and Morgan 104 105 Creek (Chapel Hill) up- and downstream of the wastewater treatment plants (WWTPs) using the 106 same kind of sample bottles. These surface waters serve as receiving waters for effluent from 107 their respective WWTPs. Chicken waste/litter samples were collected in sterile 300-mL Whirl-108 Pak® (Whirl-Pak, Madison, WI) bags from farms in Raleigh and Chapel Hill. Approximately 5 109 chicken droppings per visit were collected at the Chapel Hill site and approximately one cup of 110 fecally soiled chicken litter was collected per visit at the Raleigh site. Samples were stored and 111 transported on ice at 4°C and analyzed within 24-48 hours of collection. Not every sampling 112 location was visited on each sampling trip due to challenges with regular access to some sites, 113 specifically wastewater and poultry agriculture sites.

- 114
- 115

## Table 1: Environmental Sampling Sites

| Туре                 | Raleigh   | Chapel Hill   |
|----------------------|---|---|
| Municipal Raw Sewage | Grab sample taken from screened<br>influent at The City of Raleigh's<br>Neuse River Resource Recovery<br>Facility (NRRRF).  | 24-hour composite sample taken from<br>Orange Water and Sewer Authority's<br>(OWASA) Mason Farm Road<br>Wastewater Treatment Plant.   |
| Surface Water        | Two Sites on the Neuse River; both on<br>the Neuse River Greenway Trail<br>upstream and downstream of NRRRF.  | Samples from upstream and<br>downstream of wastewater treatment<br>plant effluent discharge. Two sites on<br>Morgan Creek; Morgan Creek Trail<br>and NC Botanical Gardens Biological<br>Preserve. |
| Animal Agriculture   | Chicken litter samples were collected<br>from the Lake Wheeler Road Test<br>Farm Poultry Unit at NC State<br>University's (NCSU) College of<br>Agriculture and Life Sciences<br>(CALS). | Excreted feces samples from chickens<br>never administered antibiotics were<br>collected from a small-scale, mixed-<br>livestock farm in the Chapel Hill area.                                    |

| Site  | Abbreviation | Samples Collected |
|---|--------------|-------------------|
| OWASA Mason Farm Wastewater Treatment Plant<br>(Chapel Hill Wastewater Treatment Plant)                                       | CHWW         | 21                |
| Neuse River Resource Recovery Facility (Raleigh<br>Wastewater Treatment Plant)  | RLWW         | 17                |
| Morgan Creek, Accessed at Morgan Creek Trail<br>(Chapel Hill Surface Water Site- Upstream of<br>WWTP)                         | CHSW-US      | 21                |
| Morgan Creek, Accessed at NC Botanical Gardens<br>Biological Preserve (Chapel Hill Surface Water<br>Site- Downstream of WWTP) | CHSW-DS      | 21                |
| Neuse River Greenway Trail- Upper (Upstream<br>Neuse River Surface Water Site- Raleigh)                                       | RLSW-US      | 17                |
| Neuse River Greenway Trail- Lower (Downstream<br>Neuse River Surface Water Site- Raleigh)                                     | RLSW-DS      | 17                |
| Chapel Hill-area Farm (Chicken farm, feces)   | CHCF         | 11                |
| NCSU Lake Wheeler Road Test Farm Poultry Unit<br>(Raleigh Chicken Farm, litter)   | RLCF         | 5                 |

### 117 Table 2: Numbers of Samples Collected from Individual Environmental Sampling Sites

118

119 Sample processing and analysis

120 For chicken waste samples (collected at Chapel Hill site), 1 g of chicken feces was 121 suspended in 10 mL of sterile DI water and vortex mixed until homogenous. For chicken feces-122 contaminated litter samples (collected at Raleigh site), 5 grams of fecally-contaminated litter 123 were added to 50 mL of sterile DI water, vortex mixed, and the supernatant decanted for 124 analysis. Chicken litter samples required a larger mass to ensure uniformity, as the sample 125 contained all constituents of the chicken litter, both bedding and feces. 126 Municipal wastewater and chicken waste suspension/supernatant samples were diluted 127 with sterile DI water to bring concentrations to quantifiable levels of 10-200 CFU/100mL or 128 MPN/100 mL. Dilution factors were estimated based on previous results or else based on an 129 initial dilution test performed on the day of sample collection, prior to full sample analysis the

130 following day. Surface water samples were typically analyzed undiluted or diluted 1:10 (10<sup>-1</sup>

131 dilution), while wastewater and chicken waste samples were typically diluted to between  $10^{-3}$ 

132 and 10<sup>-5</sup>. Samples were mixed prior to dilution and/or analysis. Dilutions were performed

immediately before analysis.

134 Processed samples were analyzed by membrane filtration through 0.45-µm cellulose 135 nitrate filters followed by incubation (at 44°C for 24 hours) on 47-mm diameter TBX agar plates 136 with or without 4 mg/L added Cefotaxime (CTX) according to the Tricycle protocol (n=479 [298 137 with and 181 without cefotaxime]); In addition, samples were analyzed using the compartment 138 bag test (CBT) without and with 4 mg/L cefotaxime added to the proprietary media (by spiking 139 each sample with 1 mL/100 mL of 100x stock solution to achieve 0.4 mg cefotaxime per 100-mL 140 sample). Also, a new CBT2 (containing proprietary growth media that was pre-formulated to 141 include 4 mg/L cefotaxime) was also used. All CBT samples were incubated at 35°C for 24 142 hours). If a CBT compartment exhibited a blue-green color after incubation, that compartment was counted as positive <sup>19</sup>. Results were reported as presumptive *E. coli* and ESBL-Ec for assays 143 144 without/with cefotaxime, respectively. Results from membrane filtration (MF) assays were 145 reported in units of CFU/100 mL, and in units of most probable number (MPN/100 mL) 146 concentrations for CBT assays. The greater number of samples with cefotaxime was used to 147 ensure sufficient presumptive ESBL isolates for further characterization.

148 A subset of presumptive ESBL organisms were isolated for further characterization. 149 Specifically, 1 to 5 presumptive ESBL-Ec colonies were selected from each positive 150 TBX/cefotaxime plate (and liquid culture aliquots were removed from presumptive positive 151 compartments of cefotaxime-containing CBTs) and were re-streaked for colony isolation on 152 TBX media with 4 mg/L cefotaxime as an initial ESBL-Ec confirmation step. Colonies were 153 picked at random from TBX plates with cefotaxime using a sterile loop. The exterior of positive 154 compartments of CBTs were swabbed with 70% ethanol and the compartments were then 155 pierced with a sterile syringe and needle and a drop of medium was withdrawn, then spotted onto 156 TBX plates with cefotaxime and streaked as described above to obtain individual colonies after 157 incubation. For media drawn from a CBT compartment and streaked onto a plate, it cannot be 158 assumed that all colonies on the streaked plate are clonal. Colony isolates from re-streaked TBX 159 plates were picked with a sterile loop, cultured overnight in Tryptic Soy Broth (TSB), diluted 1:1 160 with sterile glycerol, and stored at -20°C or -80°C in sterile 2mL cryovials<sup>1</sup>. Stored isolates were

| 161 | thawed and further characterized by Enteropluri® biochemical testing according to the                       |
|-----|---|
| 162 | manufacturer's instructions <sup>5</sup> and by Kirby-Bauer antibiotic sensitivity testing (for cefotaxime  |
| 163 | [CTX], Imipenem [IMP], ampicillin [AMP], Ceftazidime [CAZ], and vancomycin [VAN])                           |
| 164 | according to standard methods <sup>1,4</sup> . Isolates were confirmed as ESBL by Kirby Bauer testing using |
| 165 | the criteria defined in the Tricycle Protocol using CTX, CAZ, CTX + clauvic acid (CLA), and                 |
| 166 | CAZ + CLA paper discs. Where synergy between CAL and beta lactams was observed                              |
| 167 | (Equations 1-2, Figure 1), strains were scored as ESBL. When the CTX zone of inhibition - the               |
| 168 | $CTX + CLA$ zone of inhibition was $\geq 5$ mm or the CAZ zone of inhibition – the CAZ + CLA                |
| 169 | zone of inhibition was $\geq 5$ mm, the isolate was scored as a positive ESBL result <sup>1</sup>           |
| 170 |   |
| 171 | <b>Equation 1:</b> ESBL =1 if (CTX + CLA) – CTX >= 5mm OR if (CAZ + CLA) – CAZ >= 5 mm                      |
| 172 | <b>Equation 2:</b> ESBL =0 if (CTX + CLA) – CTX < 5mm AND if (CAZ + CLA) – CAZ < 5 mm                       |
| 173 | Where (CTX + CLA) = the zone of inhibition (in mm) for the area equidistant from the CTX and CLA            |
| 174 | discs as shown in Figure 1, (CAZ + CLA) = the zone of inhibition (in mm) for the area equidistant from      |
| 175 | the CAZ and CLA discs as shown in Figure 1, (CTX) = the zone of inhibition (in mm) for the area             |
| 176 | surrounding the CTX paper disc but furthest from the CLA paper disc, and (CAZ) = the zone of inhibition     |
| 177 | (in mm) for the area surrounding the CAZ paper disc and furthest from the CLA paper disc.                   |
| 178 |   |

Figure 1. ESBL characterization of isolates using zones of inhibition for CTX, CLA, and CAZdiscs in the Kirby-Bauer assay



183 The distributions of presumptive and confirmed *E. coli* and ESBL-Ec CFU and MPN 184 concentrations were characterized separately for each environmental sample type (surface water, 185 wastewater, agricultural [ chicken waste]), each assay format (MF, CBT), and antibiotic absence 186 or presence (without CTX, on media amended with CTX, or on proprietary media formulated 187 with CTX). E. coli concentrations were subjected to Shapiro-Wilk normality tests and the 188 geometric mean, arithmetic standard deviation, and range (minimum and maximum) were 189 calculated. A 0.5 minimum limit of detection (MLOD) continuity correction was used to reduce 190 bias for non-detects. Thus, a non-detect for a 100 mL undiluted sample would be scored as 191 0.5/100 mL, rather than 0 per 100 mL, to minimize bias and to enable log-transformation of 192 count data where needed. Presumptive resistance proportion was calculated as the ratio of ESBL-193 Ec/total EC quantified in each sample. Confirmed ESBL-Ec proportion was calculated as the 194 ratio of confirmed ESBL-Ec isolates to total isolates tested, adjusted for the numbers of isolates 195 collected from each sample type and location. Presumptive ESBL-Ec results are less robust 196 indicators of ESBL status, but could be calculated for each sample aliquot collected. Confirmed 197 ESBL phenotype is a more robust indicator of resistance, but could only be determined for the 198 smaller subset of aliquots and isolates subjected to further characterization. Both presumptive 199 and confirmed results were included in analyses and reported. Difference in median log-200 transformed, continuity-corrected concentrations/proportions between sample type and assay 201 type (Table 3) was assessed by non-parametric Wilcoxon signed ranked-pairs tests. All analyses 202 were conducted in GraphPad Prism version 9.5.

203

204 **Results** 

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- 207 Presumptive Proportion of *E. coli* that were ESBL Resistant
- 209 Proportions of E. coli colonies obtained on selective media that were presumptively ESBL-
- 210 resistant were quantified. Normality tests did not indicate a good fit for normal distributions, and
- as a result nonparametric statistics were used (Tables S3 and S4, Figure S3 A&B). Table 4
- 212 presents the percentages of *E. coli* presumptively resistant to cefotaxime stratified by
- 213 environmental sample type, as well as by each individual sampling location in the study.
- 214 Throughout the study period and across all environmental sample types, the total percentage
- 215 presumptively resistant was 8.5%. Wastewater had the highest percentage presumptively

resistant at 15%, followed by surface water and agricultural samples at 7.2% and 0.5%

217 respectively. In wastewater, the NRRRF (RLWW) in Raleigh had a proportion presumptively

218 resistant of 18.7% while OWASA (CHWW) in Chapel Hill had a proportion presumptively

219 resistant of 12.3%. In chicken waste samples, proportion presumptively resistant was much

220 lower in both the Lake Wheeler Road Poultry Facility (RLPF) in Raleigh and the Chapel Hill-

area small-scale farm (CHPF), with total proportion presumptively resistant less than 1% (0.38%

and 0.65% respectively).

Figures 2A-C and Table 3 show the distribution of presumptive ESBL-Ec CFU and MPN concentrations for samples by environmental sample type and analysis method, presented as box and whisker plots. The plots indicate that concentrations of presumptive ESBL-Ec CFU or MPN differed in the order Wastewater > Chicken waste Samples > Surface Water. Across assays, distributions only rarely spanned 2-4 orders of magnitude within each sample type, and most observations (>75%) were clustered within one order of magnitude from the median value.

229 Differences in the percentage of E. coli resistant to antimicrobial compounds between 230 upstream and downstream surface water sampling sites is of considerable interest, as a potential 231 means of investigating sources of ESBL-Ec. However, such differences cannot necessarily be 232 attributed specifically to wastewater outflows<sup>1</sup>. In Raleigh, the Neuse River upper site (RLSW-233 US) had a percentage presumptively resistant of 5.18% while the Neuse River lower site 234 (RLSW-DS) had a percentage presumptively resistant of 6.23%. In Chapel Hill, the Morgan 235 Creek Trail upstream site (CHSW-US) had a percentage presumptively resistant of 1.89% while 236 the Mason Farm Biological Preserve site (CHSW-DS) downstream site had a percentage 237 presumptively resistant of 15.4% (Table 4). A one-sample Wilcoxon Signed Rank test on each 238 upstream versus downstream pairing resulted in P-Statistics of 0.0002 for Raleigh and<0.0001 239 for Chapel Hill, which are statistically significant. .

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Table 3: Occurrence of presumptive ESBL-Ec in environmental samples by sample type and assay method

|        |             | ussuy motiou              |       |       |       |         |  |  |
|--------|-------------|---------------------------|-------|-------|-------|---------|--|--|
| Assay  | Metric      | <b>Concentration Unit</b> | WW    | SW    | AG    | Overall |  |  |
| MF+C   | Geo Mean    | CFU/100 mL                | 5.57  | 1.87  | 0.86  |         |  |  |
|        | Standard    | log CFU/100 mL            | 1.26  | 0.648 | 1.10  |         |  |  |
|        | Deviation   |                           |       |       |       |         |  |  |
|        | Non-Detects | %                         | 30.2% | 42.1% | 64.1% | 41.8%   |  |  |
|        | Min         | log CFU/100 mL            | -0.30 | -0.30 | 1.70  |         |  |  |
|        | Max         | log CFU/100 mL            | 6.27  | 2.06  | 5.70  |         |  |  |
| CBT +C | Geo Mean    | CFU/100 mL                | 12.44 | 2.59  | 1.22  |         |  |  |
|        | Standard    | log CFU/100 mL            | 0.96  | 0.71  | 1.01  |         |  |  |

|         | Deviation   |                |       |        |       |       |
|---------|-------------|----------------|-------|--------|-------|-------|
|         | Non-Detects | %              | 21.1% | 37.4%  | 61.3% | 36.1% |
|         | Min         | log CFU/100 mL | 1.68  | -0.30  | 2.70  |       |
|         | Max         | log CFU/100 mL | 6     | 2      | 5.70  |       |
| CBT2    | Geo Mean    | CFU/100 mL     | 20.84 | 2.09   | 1.31  |       |
|         | Standard    | log CFU/100 mL | 0.43  | 0.71   | 0.59  |       |
|         | Deviation   |                |       |        |       |       |
|         | Non-Detects | %              | 0%    | 45.8%  | 61.5% | 35.7% |
|         | Min         | log CFU/100 mL | 4.98  | -0.302 | 2.70  |       |
|         | Max         | log CFU/100 mL | 6     | 2      | 4.13  |       |
| Overall | Geo Mean    | CFU/100 mL     | 10.33 | 2,15   | 1.08  |       |
|         | Standard    | log CFU/100 mL | 0.88  | 0.69   | 0.97  |       |
|         | Deviation   |                |       |        |       |       |
|         | Non-Detects | %              | 41.6% | 35.2%  | 35.0% | 37.7% |
|         | Min         | log CFU/100 mL | -0.30 | -0.30  | 1.70  |       |
|         | Max         | log CFU/100 mL | 6.27  | 2.06   | 5.70  |       |

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Figure 2A: Box and Whisker Plot of Wastewater Presumptive ESBL-Ec Concentration. Lines

denote median log-transformed concentrations; boxes denote 1<sup>st</sup> and third quartile log 247

- concentrations; whiskers denote 95% confidence limits for log concentration values. 248
- 249



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251 Figure 2B: Box and Whisker Plot of Surface Water Presumptive ESBL-Ec Concentrations. Lines
252 denote median log-transformed concentrations; boxes denote 1<sup>st</sup> and third quartile log

253 concentrations; whiskers denote 95% confidence limits for log concentration values.

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Figure 2C: Box and Whisker Plot of Poultry Waste Sample Presumptive ESBL-Ec
 Concentrations. Lines denote median log-transformed concentrations; boxes denote 1<sup>st</sup> and third

258 quartile log concentrations; whiskers denote 95% confidence limits for log concentration values.

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|--|

|             | WW    | SW (upstream) | SW (downstream) | AG   | Up vs Down (P) |
|-------------|-------|---------------|-----------------|------|----------------|
| Raleigh     | 18.7% | 5.2%          | 6.2%            | 0.3% | .0002***       |
| Chapel Hill | 12.3% | 1.9%          | 15.0%           | 0.7% | .0001****      |
| Overall     | 15.2% | 4.4%          | 7.9%            | 0.5% | N/A            |

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264 Differences in antibiotic resistance proportion of *E. coli* 

The proportion of *E. coli* in each sample exhibiting ESBL resistance for the three assay methods used in this work indicates that the CBT and CBT2 produced results significantly different from

268 those obtained by MF on TBX + cefotaxime (p < 0.0001 and p = 0.004, respectively), but the two

269 CBT methods do not significantly differ from each other (p=0.090). However, inspection of the

270 results from each method suggests that the overall performances of the three methods are broadly

271 comparable, as shown in Figure 3 A-C), with Rs values of 0.95.

272





275 276 Figures 3 A-C: Log-Log Plots of A) MF vs. CBT, B) MF vs. CBT2, and C) CBT vs. CBT2 277

278 ESBL E. coli Isolate Analysis

279 Kirby Bauer Antibiotic Sensitivity Test

280 Wastewater

281 Of Kirby Bauer analyses conducted on 142 wastewater isolates from 16 samples, 17.6% 282 of isolates were confirmed ESBL-Ec positive by the Tricycle Protocol criteria described above 283 (Table 6). There were no CTX-negative isolates meeting this definition, while 23.4% of CTX+ 284 isolates met this definition. Isolates resistant to 3 or more of the antimicrobials tested were 285 considered multidrug resistant (MDR). Overall, 78.2% of isolates were MDR: 97.2% of isolates 286 from CTX+ assays and 20% from CTX- assays, respectively.

287

288 Surface Water

289 Of Kirby Bauer analyses conducted on 233 surface water isolates from 31 samples,

290 33.9% of all isolates were ESBL-Ec positive by Tricycle Protocol confirmation criteria; 44.3%

291 of isolates from CTX+ assays and 1.8% of isolates from CTX- negative assays (Table 6). Most

292 (74.2%) surface water isolates were MDR: 94.9% of isolates from CTX+ assays and 10.5% of

293 isolates from CTX- negative assays. When results were disaggregated by location (Raleigh and

294 Chapel Hill) and stratified by site position (upstream vs downstream), some differences in

antibiotic sensitivity characteristics were observed but there were no clear trends across both

locations (Table S5).

297

298 Chicken Waste

299 Of Kirby Bauer analyses conducted on 52 chicken farm isolates from 7 samples, 50% of 300 isolates were ESBL positive by Tricycle Protocol confirmation criteria; 100% of isolates from

301 CTX+ assays and no isolates from CTX- negative assays (Table 6). Approximately 54% of

302 chicken waste isolates were MDR: 100% of isolates from CTX+ assays and 8% of isolates from

- 303 CTX- negative assays.
- 304

305 Table 5: Kirby Bauer antibiotic sensitivity results for presumptive *E. coli* isolates from

306 environmental samples

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| Туре | N (samples) | Media | n (isolates) |        |        | Resistan | ce Charao | cteristics |       |        |
|------|-------------|-------|--------------|--------|--------|----------|-----------|------------|-------|--------|
|      |             |       |              | ESBL   | MDR    | CTX      | IMP       | AMP        | CAZ   | VAN    |
| WW   | 16          | Both  | 142          | 17.6%  | 78.2%  | 78.9%    | 0%        | 78.9%      | 46.5% | 100.0% |
|      |             | CTX+  | 107          | 23.4%  | 97.2%  | 98.1%    | 0%        | 98.1%      | 58.9% | 100.0% |
|      |             | CTX-  | 35           | 0%     | 20.0%  | 20.0%    | 0%        | 20.0%      | 8.6%  | 100.0% |
| SW   | 31          | Both  | 233          | 33.9%  | 74.2%  | 62.7%    | 0%        | 77.7%      | 51.1% | 100.0% |
|      |             | CTX+  | 176          | 44.3%  | 94.9%  | 81.3%    | 0%        | 98.9%      | 64.2% | 100.0% |
|      |             | CTX-  | 57           | 01.8%  | 10.5%  | 5.3%     | 0%        | 12.3%      | 10.5% | 100.0% |
| CW   | 7           | Both  | 52           | 50.0%  | 53.8%  | 55.8%    | 0%        | 67.3%      | 25.0% | 100.0% |
|      |             | CTX+  | 26           | 100.0% | 100.0% | 100.0%   | 0%        | 100.0%     | 50.0% | 100.0% |
|      |             | CTX-  | 26           | 0%     | 7.7%   | 11.5%    | 0%        | 34.6%      | 0%    | 100.0% |

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- 310 Speciation by EnteroPluri Testing

311 Of 209 isolates characterized by EnteroPluri (EP) biochemical testing, 87% were

312 confirmed as *E. coli*, with 13% classified as other organisms (Table 7)<sup>5</sup>. All of the other

- 313 organisms identified were Gram-negative: Kluyvera ascorbata, Escherichia vulneris, Pantoea
- 314 agglomerans, Shighella flexneri, Klebsiella oxytoca, Citrobacter koseri, and Citrobacter
- 315 *freundii*. Results were stratified by sample type and assay type (MF, CBT, and CBT2). However,
- 316 no data are available for CTX- negative isolates from CBT2 tests because cefotaxime is always a
- 317 component of the CBT2 test medium. The proportion of isolates classified as *E. coli* was not
- 318 significantly different by test type.
- 319

| Туре    | N (samples) | Media | Confirm | ed <i>E. co</i> | oli (%) |      | n (isolates | )  |     |      |
|---------|-------------|-------|---------|-----------------|---------|------|-------------|----|-----|------|
|         |             |       | Overall | MF              | CBT     | CBT2 | Overall     | MF | CBT | CBT2 |
| Overall | 54          | Both  | 87      | 92              | 83      | 85   | 209         | 94 | 69  | 46   |
|         |             | CTX+  | 90      | 97              | 87      | 85   | 160         | 60 | 54  | 46   |
|         |             | CTX-  | 78      | 82              | 67      | -    | 49          | 34 | 15  | 0    |
| WW      | 16          | Both  | 77      | 76              | 81      | 75   | 69          | 25 | 16  | 28   |
|         |             | CTX+  | 78      | 91              | 75      | 75   | 51          | 11 | 12  | 28   |
|         |             | CTX-  | 72      | 57              | 100     | -    | 18          | 14 | 4   | 0    |
| SW      | 31          | Both  | 94      | 97              | 89      | 100  | 117         | 61 | 44  | 12   |
|         |             | CTX+  | 96      | 98              | 92      | 100  | 95          | 45 | 38  | 12   |
|         |             | CTX-  | 86      | 94              | 67      | -    | 22          | 16 | 6   | 0    |
| CW      | 7           | Both  | 83      | 100             | 56      | 100  | 23          | 8  | 9   | 6    |
|         |             | CTX+  | 93      | 100             | 75      | 100  | 14          | 4  | 4   | 6    |
|         |             | CTX-  | 67      | 100             | 40      | -    | 9           | 4  | 5   | 0    |

320 Table 6. Enteropluri Isolate speciation results

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# 323 Discussion

#### 324

# 325 Tricycle Protocol Adaptation and Evaluation

The Tricycle Protocol, which specifies sampling for each site and sample type 8-12 times per calendar year with at least one sample collection in each major season, was highly feasible to implement and sustain in this study. Because the Tricycle Protocol was designed largely for

- 329 implementation in low- and middle- income countries (LMICs), some adaptations were
- 330 required<sup>1</sup>. The Protocol calls for poultry agricultural sampling of wet market runoff or slaughter
- facility runoff. While wet markets and slaughter facilities exist in NC, access to them was not
- 332 possible. Gaining access to slaughter facilities through longstanding research relationships or

through USDA partnerships may facilitate sampling of such sites in the future. However, for this study the protocol was adapted to the collection of chicken feces and/or litter from chicken farms willing to allow access. The anonymous Chapel Hill farm is a small commercial operation with fewer than 500 chickens, and may not be representative of larger operations. The Raleigh farm is a university facility with multiple chicken houses that is more representative of a typical commercial operation.

339

#### 340 ESBL-Ec Occurrence

Overall, ESBL-Ec were found to be prevalent across waste sources. As expected, ESBL-Ec concentratrations were greatest in municipal wastewater and decreased from WW to poultry waste to surface waters. ESBL-Ec in surface water were higher in samples collected downstream of wastewater treatment plant outfalls than in upstream samples. While this difference cannot be directly and causally attributed to the presence of the wastewater outfalls, the results suggest that treated wastewater may be an important source of culturable ESBL-Ec in surface waters.

347

#### 348 Confirmation testing of presumptive ESBL E. coli

349 Agreement between presumptive isolates from tests containing cefotaxime and CTX-350 resistance in Kirby Bauer assays was 98% in wastewater samples, 100% in poultry samples, and 351 81% in surface water samples, even though most of these isolates were not confirmed ESBL-352 positive in surface water and wastewater samples. Confirmation testing indicated that the 353 culture-based methods used were highly selective for E. coli, as most presumptive E. coli isolates 354 were confirmed as E. coli. The ESBL confirmation of presumptive E. coli isolates using the 355 Kirby Bauer test confirmed 23% of presumptive isolates from wastewater samples, 44% surface 356 water samples, and 100% of isolates from the relatively fewer poultry waste samples analyzed. 357 The reason for the low ESBL confirmation rates using 4 mg/L cefotaxime are not known 358 and could be caused by deficiencies in the culture media used. In a previous study that identified 359 4 mg/L cefotaxime as the optimum concentration based on positive controls strains of E. coli, the 360 application of this concentration to field samples of water and poultry ceca samples gave ESBL confirmation rates of only 45% and 16.6% of phenotypically expressed ESBL production<sup>26</sup>. It is 361 362 possible that current Tricycle Protocol criteria for confirming ESBL production of E. coli may 363 not be optimal for environmental E. coli in our NC study setting and its samples. Therefore,

further studies are needed to determine the reasons for low ESBL *E. coli* confirmation rates from
 field environmental samples.

366

367 One factor that we did not explore in this study is the presence of ESBL genes in 368 isolates. Characterizing the genotypes linked to ESBL production with phenotypic Kirby Bauer 369 test results could help determine whether the current operational definition for confirming ESBL 370 phenotype is aligned with molecular data. A comparison of resistance phenotypes to common 371 and relevant extended-spectrum beta lactam drugs compared to genotypes would be informative 372 and could improve understanding of the extent and genetic basis of Beta-lactam resistance. If 373 such studies indicate that current phenotypic and genotypic criteria are suitable, future efforts 374 should perhaps focus on improving the selectivity and specificity of culture media for ESBL-Ec 375 surveillance in NC.

376

377 Comparison of the Tricycle Protocol and the CBT as Culture-Based Test Methods for ESBL Ec.

378 This study is the first systematic evaluation of the Compartment Bag Test (CBT) for 379 ESBL-Ec quantitation in comparison with a standard WHO Tricycle Protocol. The CBT 380 achieved comparable performance to MF and agar media culture for colonies to quantify 381 presumptive ESBL-Ec in environmental samples. While results for a paired Wilcoxon signed 382 rank test between the two culture tests were significantly different, log-log plots showed a high 383 correlation of 95% (p<0.05) as evidence that the methods produce largely comparable results for 384 the samples analyzed. Therefore, the CBT-based methods and media may be suitable alternatives 385 to the more cumbersome MF methods for ESBL-Ec quantitation in environmental field 386 applications currently implemented under the WHO TP.

387 The Tricycle Protocol is designed to be feasible in LMICs, but current MF methods 388 require substantive infrastructure and capacity in addition to more time for preparation and 389 analysis. MF media must be prepared in advance, sterilized, and poured into plates prior to 390 sample analysis. Filtration requires a source of vacuum, a filtration assembly, and the means to 391 sterilize it. Incubation at 44°C generally requires a reliable source of electricity. By contrast, the 392 CBT is a field-ready, self-contained and portable E. coli and total coliform test that is easy to use 393 that does not require electricity, additional materials or equipment or dedicated laboratory 394 space<sup>3,19</sup>. Users can often be trained in a few hours. Easy-to-use, infrastructure-independent

395 ESBL-Ec detection and quantitation methods such as the CBT methods evaluated in this study

396 can improve and enhance the feasibility of AMR surveillance using the Tricycle Protocol in

397 remote and/or low-resource settings<sup>3,23,24</sup>.

398

399 Study Limitations

A limitation of this study was the adaptation of the Tricycle Protocol to local conditions and study constraints for poultry sample access. Only 16 samples were collected from chicken waste sites, with 5 from the Raleigh site and 11 from the Chapel Hill site. This was considerably fewer samples than collected from municipal wastewater (38 samples) and surface water sites (76 samples).

405 The smaller number of ESBL E. coli isolates collected per sample vs. Tricycle protocol 406 specifications is not likely to substantively impact the overall findings of this work. This is 407 because isolate collection was random and representative of sampling throughout the study, and 408 the total number of isolates characterized (209) is comparable to what might be produced in one 409 year using the unmodified Tricycle protocol. However, the temporal and source 410 (human/animal/environment) distribution of samples and isolates was more skewed than that 411 prescribed in the Tricycle Protocol, and therefore, results are less representative than what might 412 have been obtained using a strict implementation of the protocol at scale, particularly for isolate-413 level outcomes. Further work is recommended to increase sample size and representativeness 414 across seasons and sample types.

415

## 416 Conclusion

417 This study demonstrated that the Tricycle Protocol for ESBL E. coli detection, 418 quantification and characterization in environmental samples can be successfully adapted to a 419 North Carolina, USA context. Overall, the Tricycle Protocol was easy to use and provided 420 relevant data on ESBL-Ec occurrence in the environmental samples of municipal wastewater, 421 ambient surface water and chicken fecal wastes. Frequencies of presumptive and confirmed 422 ESBL-Ec were detected in environmental samples in the expected order: municipal 423 wastewater>poultry fecal wastes>surface water. Notably, the proportion of E. coli that were 424 identified as presumptively ESBL-Ec were significantly higher in surface water samples 425 collected downstream vs upstream of WWTP outfalls, suggesting that treated wastewater may be

426 an important source of culturable ESBL-Ec and other AMR organisms in such surface waters. 427 Confirmation testing of ESBL status by Kirby Bauer antibiotic susceptibility testing was often 428 not in agreement with presumptive results of MF and agar medium plating or CBT-based tests 429 using the recommended ESBL-selective media containing 4 mg/L cefotaxime. Further analysis is 430 recommended to understand the reasons for the low agreement observed in this study. 431 The two novel candidate ESBL-Ec quantitation methods, the adapted CBT with added 432 cefotaxime and the CBT2 (containing cefotaxime in its prepackaged medium), showed good 433 overall agreement with the standard Tricycle Protocol MF agar medium method. These 434 alternative methods appear suitable for use in the Tricycle Protocol and may enhance the feasibility and accessibility of implementing the protocol in settings with limited resources and 435 436 infrastructure, and/or limited access to highly trained personnel. Continued monitoring in North 437 Carolina using the Tricycle Protocol is recommended to further validate the findings of this work 438 and provide new opportunities to further adapt and refine the protocols and their use in NC and 439 perhaps elsewhere in the USA.

440

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442

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451

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# 537 Supporting Information

- 538
- 539 Figure S1: Raleigh, NC Sites



- 540
- 541 1. Lake Wheeler Road Test Farm, 2. Upstream Neuse River Greenway Trail, 3. Neuse River
- 542 Resource Recovery Facility, 4. Downstream Neuse River Greenway Trail
- 543
- 544 Figure S2: Chapel Hill, NC Sites



- 545
- 546 5. Upstream Morgan Creek Trailhead, 6. OWASA Mason Farm WWTP, 7. Downstream Morgan
- 547 Creek Mason Farm Biological Reserve, Chapel Hill Farm Location not included
- 548 549
- Figures S3 A and B: QQ plots of Continuous and Log-Transformed Data

Normal QQ plot- True Counts with .5 Correction

Normal QQ plot- Log True Counts with .5 Correction



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Table S1: Antibiotic Disk and Zone of Inhibition Breakpoints for E. coli

| Antibiotic                           | Disk<br>Concentration<br>(ug) | Resistant<br>(mm) | Intermediate<br>(mm) | Susceptible<br>(mm) |
|--------------------------------------|-------------------------------|-------------------|----------------------|---------------------|
| Imipenem (IMP)                       | 10                            | <13               | 13-16                | >16                 |
| Vancomycin (VAN)*                    | 30                            | <12*              | *                    | *                   |
| Ampicillin (AMP)                     | 10                            | ≤13               | 14-16                | ≥17                 |
| Cefotaxime (CTX)                     | 30                            | <20**             | **                   | >20**               |
| Ceftazidime-clavulanate (CAZ<br>CLA) | 30-10                         | **                | **                   | **                  |
| Cefotaxime-clavulanate (CTX<br>CLA)  | 30-10                         | **                | **                   | **                  |
| Ceftazidime (CAZ)                    | 30                            | ≤19 <b>**</b>     | 20-22**              | >22**               |

\* *E. coli* has an intrinsic resistance to Vancomycin. In this test, Vancomycin serves as an additional phenotypic confirmation that the sample isolate is *E. coli*. <sup>19</sup>

\*\* The bottom four antibiotics on the table are used as a combination disk diffusion method to

test phenotypically for ESBL status. If the zone of inhibition for a combined disk (CAZ CLA or

557 CTX CLA) is greater than or equal to 5 mm larger than their single antibiotic counterpart (CAZ

and CTX respectively), then that sample is considered ESBL.<sup>1</sup>

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Table S2: Analytical Methods - Sample Level

| Normality Testing | Normality testing of raw data and log-transformed data |
|-------------------|--|
|                   | with a correction* for non-detects by the Shapiro-Wilk |
|                   | Test. Generated QQ plots from both raw and log-        |
|                   | transformed data. Analysis performed in Graphpad       |

|  | Prism   |
|--|---|
| Hypothesis Testing- Methods Comparison | Wilcoxon signed ranked-pairs test on Log-Transformed<br>data with a correction* for non-detects. Spearman<br>Correlation Coefficients calculated and Log-Log plots<br>generated. Analysis performed in GraphpadPrism.   |
| Proportion Resistance                  | Proportion resistance by sample type and site calculated<br>from average counts of membrane filtration followed<br>by plating on TBX medium without or with with added<br>cefotaxime and from CBT MPN results on<br>chromogenic <i>E. coli</i> broth culture medium without and<br>with cefotaxime . One-Sample Wilcoxon Test<br>performed to test the significance of differences in<br>proportion of ESBL-Ec resistant between sites. |

\* Non-Detect Correction: Transform non-detect values from 0 to another value to allow for logtransformation. Correction was recorded value (0) + 0.5 \* Method limit of detection (MLOD).
In the case of all three tests MLOD was 1 CFU / 100 mL.

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*Table S3: Determination of Normality* 

| True Count with 0.5 Correction     | MF + TBX agar<br>with cefotaxime | CBT + cefotaxime | CBT2       |
|------------------------------------|----------------------------------|------------------|------------|
| Probability normal (Gaussian)      | 0%                               | 0%               | 0%         |
| Probability lognormal              | 100%                             | 100%             | 100%       |
| Likelihood ratio (LR)              | 0.000                            | 1.133e-310       | 1.830e-231 |
| 1/LR                               | +infinity                        | +infinity        | 5.464e+230 |
| Which distribution is more likely? | Lognormal                        | Lognormal        | Lognormal  |

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Table S4: Normality Testing - Shapiro-Wilk Test results

| Log-Transformed with 0.5<br>MLOD Correction | MF +C   | CBT +C  | CBT2    |  |  |
|---|---------|---------|---------|--|--|
| W   | 0.8377  | 0.8440  | 0.8326  |  |  |
| P value                                     | <0.0001 | <0.0001 | <0.0001 |  |  |

| Passed normality test (alpha=0.05)? | No  | No   | No  |  |
|-------------------------------------|-----|------|-----|--|
| P value summary                     | *** | **** | *** |  |

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571 Table S5: Kirby Bauer antibiotic sensitivity results for surface water isolates by site location and

572 position

| Location    | Position   | N (samples) | Media | n (isolates) | Resistance Characteristics |        |       |      |        |       |        |
|-------------|------------|-------------|-------|--------------|----------------------------|--------|-------|------|--------|-------|--------|
|             |            |             |       |              | ESBL                       | MDR    | СТХ   | IMP  | AMP    | CAZ   | VAN    |
| Raleigh     | All        | 14          | Both  | 113          | 40.7%                      | 73.5%  | 58.4% | 0.0% | 77.0%  | 61.1% | 100.0% |
|             |            |             | CTX+  | 84           | 53.6%                      | 94.0%  | 77.4% | 0.0% | 97.6%  | 77.4% | 100.0% |
|             |            |             | CTX-  | 29           | 3.4%                       | 14.0%  | 3.4%  | 0.0% | 17.2%  | 13.8% | 100.0% |
|             | Upstream   | 7           | Both  | 54           | 24.1%                      | 77.8%  | 48.1% | 0.0% | 77.8%  | 59.3% | 100.0% |
|             |            |             | CTX+  | 38           | 31.6%                      | 100.0% | 65.8% | 0.0% | 100.0% | 73.7% | 100.0% |
|             |            |             | CTX-  | 16           | 6.3%                       | 25.0%  | 6.2%  | 0.0% | 25.0%  | 25.0% | 100.0% |
|             | Downstream | 7           | Both  | 59           | 55.9%                      | 69.5%  | 67.8% | 0.0% | 76.3%  | 62.7% | 100.0% |
|             |            |             | CTX+  | 46           | 71.7%                      | 89.1%  | 87.0% | 0.0% | 95.7%  | 80.4% | 100.0% |
|             |            |             | CTX-  | 13           | 0.0%                       | 0.0%   | 0.0%  | 0.0% | 7.7%   | 0.0%  | 100.0% |
| Chapel Hill | All        | 17          | Both  | 120          | 27.5%                      | 75.0%  | 66.7% | 0.0% | 78.3%  | 41.7% | 100.0% |
|             |            |             | CTX+  | 92           | 35.9%                      | 95.7%  | 84.8% | 0.0% | 100.0% | 52.2% | 100.0% |
|             |            |             | CTX-  | 28           | 0.0%                       | 7.1%   | 7.1%  | 0.0% | 7.1%   | 7.1%  | 100.0% |
|             | Upstream   | 8           | Both  | 52           | 34.6%                      | 67.3%  | 61.5% | 0.0% | 73.1%  | 25.0% | 100.0% |
|             |            |             | CTX+  | 38           | 47.4%                      | 92.1%  | 84.2% | 0.0% | 100.0% | 34.2% | 100.0% |
|             |            |             | CTX-  | 14           | 0.0%                       | 0.0%   | 0.0%  | 0.0% | 0.0%   | 0.0%  | 100.0% |
|             | Downstream | 9           | Both  | 68           | 22.1%                      | 80.9%  | 70.6% | 0.0% | 82.4%  | 54.4% | 100.0% |
|             |            |             | CTX+  | 54           | 27.8%                      | 98.1%  | 85.2% | 0.0% | 100.0% | 64.8% | 100.0% |
|             |            |             | CTX-  | 14           | 0.0%                       | 14.3%  | 14.3% | 0.0% | 14.3%  | 14.3% | 100.0% |

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