

1 **Local and remote influences on the heat content of**
2 **Southern Ocean mode water formation regions.**

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8 **Key Points:**

- 9 • The heat content of Southern Ocean mode waters is sensitive to heat flux and wind
10 stress changes.
- 11 • Sensitivities are highest to local recent heat flux, and non-local past year wind stress
12 changes.
- 13 • High sensitivity regions reveal source waters and dynamic links with boundary cur-
14 rent regions.

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Abstract

The Southern Ocean (SO) is a crucial region for the global ocean uptake of heat and carbon. There are large uncertainties in the observations of fluxes of heat and carbon between the atmosphere and the ocean mixed layer, which leads to large uncertainties in the amount entering into the global overturning circulation. In order to better understand where and when fluxes of heat and momentum have the largest impact on near-surface heat content, we use an adjoint model to calculate the linear sensitivities of heat content in SO mode water formation regions to surface fluxes. We find that the heat content of these regions is, in all three basins, most sensitive to recent, local heat fluxes, and to non-local wind one to eight years previously. This is supported by the calculation of sensitivities to potential temperature changes at constant density, which reveal the sources of the mode water formation regions, and by sensitivities to potential temperature changes with varying density, which reveal dynamic links with boundary current regions, the Antarctic Circumpolar Current, and wave-like features. A series of forward perturbation experiments in the fully non-linear model confirm that the adjoint model can accurately predict linear changes in heat content of fixed volume mode water formation regions. These experiments also highlight that nonlinear effects can be of importance, depending on the time and region investigated, and that the contribution of volume changes to heat content changes can be as large as or larger than the contribution from temperature changes.

Plain Language Summary: The Southern Ocean is of crucial importance to the global ocean's uptake of carbon and heat. However, due to difficulties in making observations in such a remote and hostile environment, we currently don't know accurately how much heat and carbon enters the Southern Ocean from the atmosphere. Heat from the Southern Ocean can get locked away for hundreds to thousands of years in the world's deep oceans, entering through a few key regions. We use a computer model to assess how the heat, fresh water, and wind energy entering through the surface of the Southern Ocean affects the heat of these key regions. We find that these regions are very sensitive to heat coming in through the surface directly over them, and that winds across a wider area of the Southern Ocean can affect the heat stored for several years. If we want to estimate the heat stored in these regions more accurately, this information can be used to help us decide where and when it is important to measure the winds and heat entering the ocean better.

1 Background

The Southern Ocean (SO) is home to the world's longest and strongest ocean current, the Antarctic Circumpolar Current (ACC), which encircles the globe free of continental barriers. Driven by strong wind and buoyancy forcing, the ACC transports climatically important tracers such as heat, salinity, and carbon between the three major ocean basins. These forcings also create sloping density surfaces (isopycnals) which tilt upwards from north to south, which connect deep waters from around the globe to the surface. At the surface, air-sea interactions modify the properties of water masses. These modified waters then return to depth and into the other ocean basins as dense waters near the Antarctic continental shelf, or as lighter mode and intermediate waters north of the ACC (Lumpkin & Speer, 2007; Marshall & Speer, 2012).

The Southern Ocean is of critical importance to the global oceanic uptake of heat and carbon, due in part to this overturning circulation. It may be responsible for as much as 75% of the global ocean heat uptake and approximately 50% of the carbon uptake (Frölicher et al., 2015; Mikaloff Fletcher et al., 2006). Roughly 30% of anthropogenic CO₂ emissions ends up in the ocean (Khatiwala et al., 2013), and over 93% of this excess heat has been estimated to be stored in the ocean (Levitus et al., 2012), predominantly in the SO (Roemmich et al., 2015).

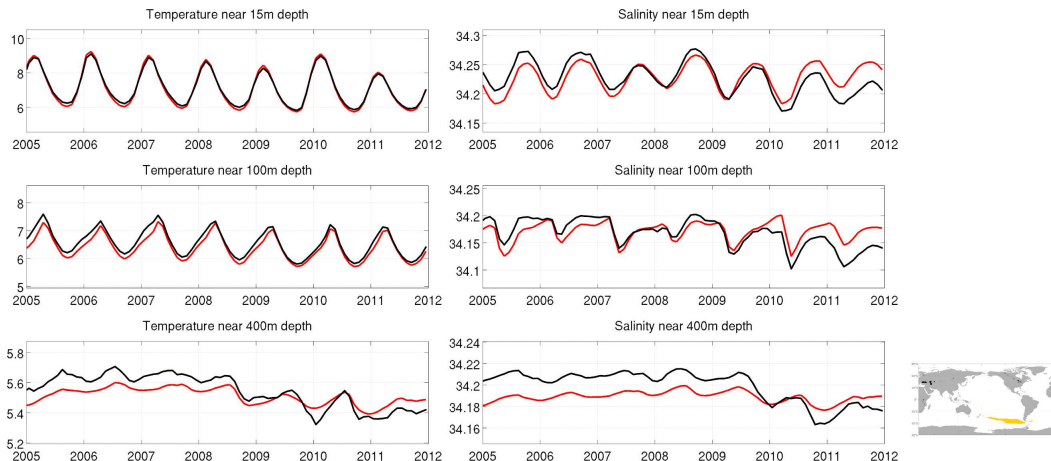
65 Understanding what determines the time scales of Southern Ocean overturning and
 66 the properties of the waters transported is of crucial importance to future climate pre-
 67 dictions, including the continued efficiency of the carbon sink (Landschützer et al., 2015;
 68 Le Quéré et al., 2018). The properties of the overturning circulation are affected by a
 69 range of processes, including variations in surface forcings, variations in the interactions
 70 of these forcings with ocean mixed layer properties, and variations in the draw-down of
 71 mixed layer properties into the ocean interior as mode, intermediate, and deep waters.
 72 Unfortunately, direct air-sea flux observations are scarce in the Southern Ocean, espe-
 73 cially in the winter when sea ice hinders access to the region (Newman et al., 2015). This
 74 work focuses on understanding how variations in surface forcings impacts on mode wa-
 75 ter formation regions within the mixed layer, using a data-constrained estimate of these
 76 processes instead (ECCOv4, Forget, Campin, et al., 2015). This will provide insights into
 77 the influence of uncertainties in observations of surface forcings on estimates of mode wa-
 78 ter properties, as well as for estimating the impact of future changes in these forcings.

79 For this study, we use an adjoint model to assess the impact of surface forcings on
 80 the heat content of mode water formation regions (MWFRs). Adjoint models calculate
 81 linear sensitivities to quantities of interest known as ‘objective functions’, see section 2
 82 for further details. Using the adjoint approach, one does not have to theorize what vari-
 83 able is the most relevant for setting your quantity of interest, as the sensitivities are cal-
 84 culated at all points in the model domain at multiple time lags for all state variables.
 85 However, because the adjoint model is linear, it does not replace the need for full, non-
 86 linear simulations, as there are important processes that will not be fully captured in ad-
 87 joint sensitivity fields. Adjoint models are thus best suited to looking at quantities one
 88 can expect to be largely controlled by linear effects over relatively large volumes and time
 89 periods. In this context, a linear effect might be the advection of a passive tracer, and
 90 a non-linear effect might be convective mixing, and in this work, we investigate basin-
 91 scale averages over 3 months. The suitability of the linear approximation for these scales
 92 is confirmed in section 4 – we expect the response to become less linear at more local
 93 and/or shorter timescales. For a more thorough discussion of adjoint models, including
 94 the setup used in this study, refer to section 2 in Jones et al. (2018) and references therein.

95 2 Experiment Design

96 For this study we used the ECCOv4 (release 2) ocean state estimate framework (For-
 97 get, Campin, et al., 2015). This is a global $\sim 1^\circ$ ocean and sea ice setup of the MITgcm
 98 model (Adcroft, Campin, Hill, & Marshall, 2004) that spans 20 years from 1992 to 2011,
 99 with surface forcings and initial conditions that have been optimized to reduce misfits
 100 to observations. Details of the 4D-Var optimization process and the residual model-data
 101 misfit can be found in Forget, Campin, et al. (2015). We chose to use this set-up as it
 102 not only provides a recent, well-constrained estimate of the Southern Ocean, but also
 103 because it can be easily modified to carry out adjoint sensitivity experiments, in which
 104 we examine the linear sensitivity of a quantity of interest to a set of model state vari-
 105 ables and surface forcings.

114 Our study is dependent in particular on the mixed layer depths in ECCOv4 to de-
 115 fine mode water formation regions, and these closely match observations in terms of ge-
 116 ography and magnitude (see figure 6, Forget, Ferreira, & Liang, 2015). Figure S1 in the
 117 supplementary information of Jones et al. (2019) shows a comparison of the sea level anomaly
 118 and sea surface temperatures in ECCOv4 with observations in the Indian and Pacific mixed
 119 layer regions also used in this study, showing that absolute values and variability are well
 120 captured. Figure 1 compares the salinity and temperature in the Pacific Mode Water
 121 Formation Region, as defined below. The equivalent plots for the Atlantic and Indian
 122 basins are included in the supplementary information, see figures S1,2.

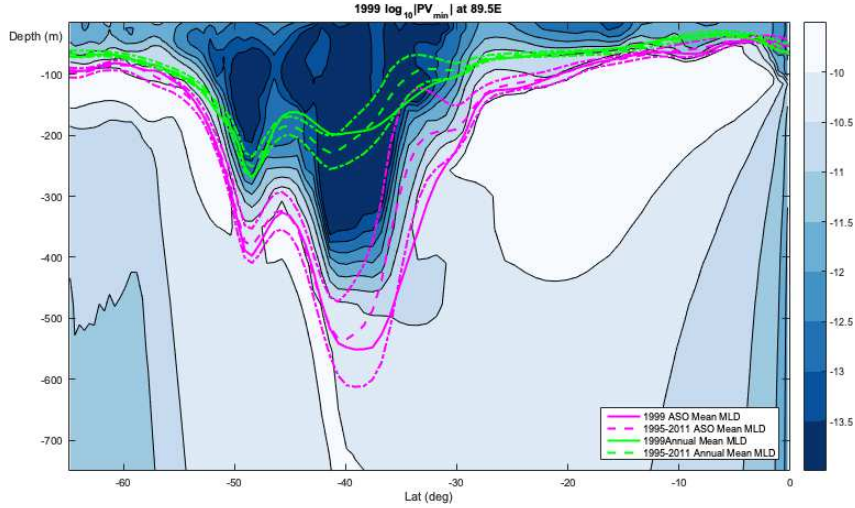


106 **Figure 1.** Comparison of direct measurements from ARGO floats (black line, see
 107 www.argo.ucsd.edu for more info) and the ECCOv4r2 solution, sub-sampled identically (red
 108 lines) with, for potential temperature (left) and salinity (right), in the median Pacific mode water
 109 formation region (yellow-shaded area bottom right, see text for how this region is defined). The
 110 ARGO dataset of profiles is interpolated to standard depths, and then the ECCO model is sub-
 111 sampled identically to produce comparative profiles. The black line is the sum of the 3 month
 112 running mean of the ECCO profiles at that depth (red line) and the median ARGO-ECCO pro-
 113 file misfit.

123 An adjoint model, in this context, is one that starts from a quantity of interest (hence-
 124 forth referred to as an ‘objective function’), such as the integrated temperature or salin-
 125 ity over a certain region, and steps backwards through a linearized version of the model,
 126 propagating the sensitivities of the objective function. This process is directly tied to
 127 the state of the forward non-linear model run. The adjoint model produces the linear
 128 sensitivity of the objective function to a range of specified model variables, such as sur-
 129 face fluxes or interior properties (e.g. potential temperature, mixing parameters). The
 130 objective function can be an arbitrary function of the model state, but is often a quan-
 131 tity of interest in a defined volume integrated over a specific time period in the full non-
 132 linear model. In a more traditional model study, one might start by choosing a model
 133 variable or variables theorized to impact one’s quantity of interest, and then carry out
 134 a suite of perturbation experiments changing these variables by a range of magnitudes,
 135 locations, and/or times. By comparison with a control run, one then infers the sensitiv-
 136 ity of the quantity of interest to the perturbation points in the model, simulation by sim-
 137 ulation. In contrast, an adjoint model can produce in one single model run the linear sen-
 138 sitivity of one’s quantity of interest to a range of model variables, at all points in the model
 139 domain, at multiple time lags.

146 For this study, our quantity of interest was the heat content of SO mode water for-
 147 mation regions. By definition, such water is characterized by low stratification (i.e. low
 148 potential vorticity (PV) values) (see e.g. Hanawa & Talley, 2001). Figure 2 shows a latitude-
 149 depth plot along 90°E (in the Indian sector of the Southern Ocean) of the minimum PV
 150 values for a representative year (1999) from the ECCOv4 r2 state estimate (notice the
 151 logarithmic color scale). There is a sharp lateral gradient in the minimum PV values just
 152 inside the winter mixed layer extent, and as such the winter mixed layer extent captures
 153 the mode water formation pools of interest.

165 Three distinct mode water formation pools can be identified in the three main basins
 166 - Atlantic, Pacific, and Indian (figure 3a). The winter mixed layer encloses the mode wa-



140 **Figure 2.** An example mode water formation region, characterized by low PV values, con-
 141 tained within the winter mixed layer: Latitude-depth plot of the absolute value of the 1999 mini-
 142 mum PV along 90°E in ECCOv4 r2, on a log scale (color). Also shown are the August-October
 143 (ASO) mean mixed-layer depth for 1999 (pink line) and 1995-2011 mean and standard deviations
 144 (pink dashed and dash-dotted lines) and the annual mean mixed-layer depth (MLD) for 1999
 145 (green line) and 1995-2011 mean and standard deviations (green dashed and dash-dotted lines).

167 ter formation pools (see also figure 2). We used a combination of annual minimum PV
 168 values and winter (ASO) mixed layer depths to form the horizontal mask for the ‘objec-
 169 tive function’ volume for the suite of adjoint experiments we carried out, whilst ensur-
 170 ing that nothing too close to land or too far north was included. Specifically, we defined
 171 the objective function as anywhere between 30 and 65°S with a minimum PV value of
 172 less than 10^{-13} and an ASO mean mixed-layer depth (MLD) (for that given year) of greater
 173 than 300m depth, then manually removed regions in the North of the basins¹, as we wished
 174 to concentrate on the main mode water pools. This mask as calculated for 1999 is shown
 175 by the black dotted line in figure 3a. The objective function regions are referred to through-
 176 out as MWFRs (mode water formation regions).

177 The climatology of the heat content of the volume of mode water (defined horizon-
 178 tally via the mask and integrated to the depth of the instantaneous mixed layer) for each
 179 of the three basins can be seen in figure A.1. The Indian pool has the largest heat con-
 180 tent, followed by the Pacific and Atlantic pools. All three peak in September with a min-
 181 imum in January or February.

182 We split the Southern Ocean into three basins using the three latitudinal black dashed
 183 lines shown in figure 3a, and calculate a separate objective function for each basin. The
 184 Indian and Pacific basins are divided at 180°W, the Pacific and Atlantic at 49.5°W and
 185 the Atlantic and Indian at 30.5°E. Because the adjoint model calculates linear sensitiv-
 186 ities, the total Southern Ocean sensitivity to a given model variable will be the sum of
 187 the sensitivities for each basin, i.e.

$$188 \quad J_{SO}^Y = J_{Atl}^Y + J_{Pac}^Y + J_{Ind}^Y, \quad (1)$$

¹ We removed regions north of 40°S in the Pacific and East Indian Ocean (60°W to 110°E), north of 35°S in the West Indian Ocean (110°E to 60°E) and north of 45°S close to South America (49.5°W to 75°W).

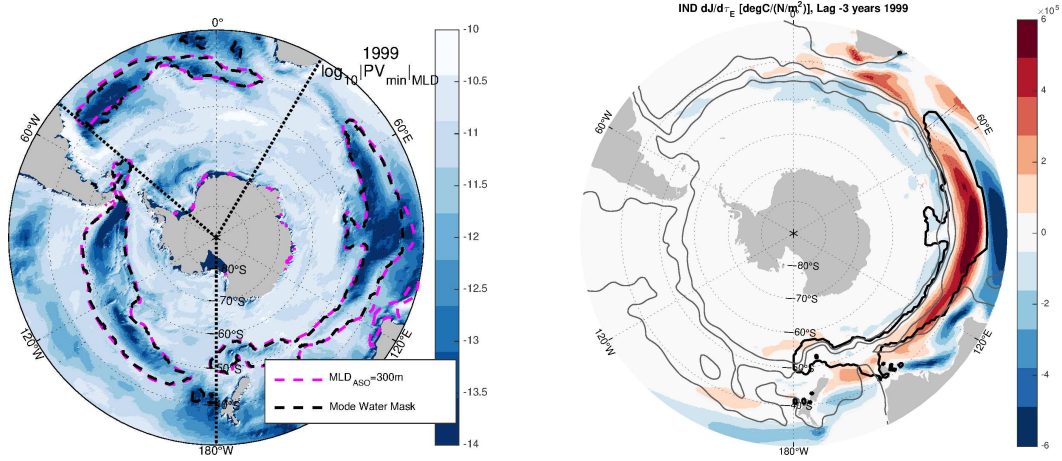


Figure 3. a) The winter mixed layer encloses mode water formation pools laterally: Blue colors are the absolute value (on a \log_{10} scale) of the 1999 minimum PV at the annual mean mixed-layer depth (the green dash-dotted line in figure 2). Also shown are the 300m August-October mean mixed-layer depth contour (pink dotted line) and the extent of the mode water mask (black dashed line), as described further in the text. The domain is also divided into three basins by the three longitudinal black dotted lines shown, into the Atlantic, Indian, and Pacific basins referenced throughout. b) An example sensitivity field: Colors indicate the adjoint sensitivity of the 1999 Indian MWFR heat content to zonal wind stress at approx. 3 years lag. The grey contours indicate the -17, 0, and 30 Sv mean barotropic streamlines, for the entirety of ECCOv4 r2, chosen to highlight the boundary between of the ACC and the sub-tropical gyre structure.

where J_b^Y is the objective function in the given basin b in year Y , and thus

$$\frac{\partial J_{SO}^Y}{\partial X}(r, t) = \frac{\partial J_{Atl}^Y}{\partial X} + \frac{\partial J_{Pac}^Y}{\partial X} + \frac{\partial J_{Ind}^Y}{\partial X}, \quad (2)$$

where $\partial J_b^Y / \partial X(r, t)$ is the linear adjoint sensitivity of the objective function J_b^Y to model variable X at point $r = (x, y, z)$ and time t .

We re-calculated the objective function based on the same MLD and minimum PV criteria for each of the 20 years in ECCOv4 r2. We chose the annual maximum winter mixed layer depth as the vertical extent of our objective function [denoted $\max(\text{MLD}_{ASO})$]. To capture the peak of mode water formation, we chose our objective function to extend to the two months on either side of the peak heat contents of the three basin volumes, i.e. from July to November (see figure A.1). Thus, our full objective function for a given year and basin is defined as the following volume averaged heat content:

$$J_b^Y = \frac{1}{V_b^Y \Delta t} \int_{\text{Jul}}^{\text{Nov}} \iint_{f_b(x,y)} \int_{z=0}^{\max(\text{MLD}_{ASO})} \rho_0 c_p \theta(r, t) dt dx dy dz, \quad (3)$$

where $V_b^Y = \iint_{f_b(x,y)} \int_0^{\max(\text{MLD}_{ASO})} dx dy dz$ is the control volume in year Y and basin b , Δt is the averaging time interval, $f_b(x, y)$ is the horizontal mask in basin b ; ρ_0 , a reference density; c_p , the heat capacity of sea water; and θ , the potential temperature. Note that the extent of the objective function region is calculated offline and so is a fixed volume. The effect of choosing our objective function as defined above, with the lateral extent limited using our mask, rather than just looking at the entire Southern Ocean mixed layer, is briefly investigated in section A.2.

208 In order to better understand inter-annual variability and have better statistical
 209 behavior, we carried out an ensemble of adjoint runs, each with objective functions de-
 210 fined in different years. After a number of test runs, we determined that the majority
 211 of sensitivity magnitudes had decayed significantly by around 8 years prior to the start
 212 of the objective function. Thus we settled on an ensemble of 13 eight-year adjoint runs,
 213 with objective functions defined in each winter from 1999 to 2011.

214 An example sensitivity field, the sensitivity of the 1999 Indian MWFR heat con-
 215 tent to zonal wind stress at approximately 3 years lag, can be seen in figure 3b. Thus,
 216 red (blue) colors indicate where an increase (decrease) in zonal wind stress in 1996 would
 217 result in an increase in the Indian MWFR heat content in 1999. The sensitivity has been
 218 scaled by $1/\rho_0 c_p$, and thus units indicate the number of degrees C the similarly scaled
 219 MWFR heat content would rise if the zonal wind stress changed by 1 N/m^2 .

220 3 Adjoint Results

221 3.1 Sensitivities to Surface Properties

222 A range of example ensemble mean sensitivities of the MWFRs to various surface
 223 properties can be seen in figure 4, chosen to highlight the range of and main properties
 224 of our results. For each ensemble member, sensitivities were output at two week inter-
 225 vals as averages over those two weeks. The sensitivities shown in figure 4 are ensemble
 226 averages of winter (July to September) averages, which are then multiplied by a repre-
 227 sentative scalar standard deviation for the surface property σ_0 (these values can be found
 228 in table 1) and scaled by $1/\rho_0 c_p$. This makes the units of sensitivity the amount by which
 229 a unit perturbation of the given surface property at the relevant point in space and time
 230 would raise the objective function J_b^Y in $^\circ\text{C}$. We choose to show winter as it highlights
 231 the peak sensitivities (see figure 5 and discussion below). The associated standard devi-
 232 ations (calculated over the ensemble sensitivities) show that ensemble member vari-
 233 ation is largely within the magnitude of the sensitivity and not the location of the sensi-
 234 tivity. These standard deviations can be found in figure S3 in the supplementary in-
 235 formation, although note that the color scales are not the same as in figure 4. We do not
 236 show the fresh water flux sensitivities as they are an order of magnitude smaller than
 237 those shown here. The ensemble mean and standard deviations of the sensitivities for
 238 the basins not shown here can be seen in figures S4-6 in the supplementary information.

239 An alternative choice for displaying the sensitivities would be to convolve them with
 240 the contemporaneous anomalies of the surface fluxes from the climatological mean. We
 241 have included some example plots of these fields in the supplementary information. These
 242 show the actual contribution of surface fluxes variations to variations in the MWFR heat
 243 content. This is a common technique when using adjoint models for attribution stud-
 244 ies, see, for example Pillar, Heimbach, Johnson, and Marshall (2016). We choose to show
 245 the sensitivities unaltered apart from scaling by a representative standard deviation in
 246 order to show the underlying properties of the ocean. The structure of the raw sensitiv-
 247 ity fields highlights the full range of potential processes that could influence the MWFR
 248 linearly.

249 It should be noted that the adjoint model does not calculate entirely independent
 250 sensitivities of the surface forcings considered here (heat flux, wind stress and fresh wa-
 251 ter flux). The bulk formulae couple these quantities together, such that the sensitivities
 252 of the net heat flux fields are not entirely independent of wind-driven mechanisms. These
 253 effects can be seen in the results of the forward perturbation experiments in section 4,
 254 where the wind stress perturbation experiments result in changes in the diagnosed heat
 255 flux. The bulk formulae in ECCOv4 r2 do not included dependence on the ocean sur-
 256 face velocities in the calculation of wind stress, so there are no such direct linear feed-
 257 backs on the wind-stress sensitivities. However, the coupling between surface forcings

271 **Table 1.** Representative Standard Deviations σ_0 used throughout, calculated from the South-
 272 ern Ocean mean (S of 30°S) of the ECCOV4 fields’ standard deviations.

Property Symbol	Property Name	Standard Deviation
E-P-R	Surface Fresh Water Flux	$2.0 \times 10^{-8} \text{ m s}^{-2}$
Q_{net}	Surface Heat Flux	60 W m^{-2}
τ_E	Zonal Wind Stress	0.08 N m^{-2}
τ_N	Meridional Wind Stress	0.06 N m^{-2}
θ	Potential Temperature	$0.3 \text{ }^\circ\text{C}$

258 in the forward, non-linear model, is much stronger due to strong non-linear feedbacks
 259 within the mixed layer, whereas the coupling in the adjoint model is for linear pertur-
 260 bations only. Thus, the adjoint sensitivities show sensitivities independent of non-linear
 261 feedbacks, and whilst it may be theoretically possible to decouple the surface stresses
 262 entirely, this is beyond the scope of this paper.

263 Additionally, it should be noted that these are sensitivities of a fixed volume: the
 264 sensitivities as calculated cannot indicate whether a warmer mixed layer might shallow
 265 and therefore decrease in volume, and thus decrease in overall heat content. This is dis-
 266 cussed further in section 4. This may also be why the sensitivities to fresh water fluxes
 267 are negligible when the influence of fresh water fluxes on mode waters has been observed
 268 in, for example, Cerovečki et al. (2019); Close et al. (2013). Salinity changes are likely
 269 to have a strong influence on the density and therefore volume of mode waters, but not
 270 directly on the temperature of our fixed volume MWFRs.

273 Q_{net} is defined as positive for heat flux from the ocean to the atmosphere. Thus
 274 *negative* sensitivities indicate that a *reduction* in Q_{net} , i.e. *less* heat from ocean to at-
 275 mosphere, results in an increase in the objective function, i.e. MWFR heat content, and
 276 *positive* sensitivities indicate instead that an *increase* in Q_{net} will result in an increase
 277 in the objective function. The largely negative sign of the Q_{net} sensitivities (figure 4, up-
 278 per row) is thus not unexpected, showing that a cooling of the ocean surface in these re-
 279 gions results in a cooling of the MWFR. The location of the peak sensitivity is largely
 280 on top of, or at previous lags, “upstream” of the location of the median objective func-
 281 tion, inferred by the expansion of the sensitivities along well-known oceanic pathways
 282 with increased lag. Again, this is not unexpected and indicates that simply heating/cooling
 283 the source waters for the MWFR results in heating/cooling of the MWFR itself. These
 284 features are common across sensitivities to Q_{net} for all lags and in each of the three basins
 285 (the Pacific and Atlantic can be seen in figure S4 in the supplementary information), and
 286 can be used to identify the source regions of the MWFRs.

287 The wind stress sensitivities (figure 4, middle and lower rows) have a very differ-
 288 ent structure to the Q_{net} sensitivities, notably there are significant sensitivities of both
 289 signs. Dipole-type structures are common across all such wind stress sensitivities (not
 290 just those shown here), with features centered on the boundaries of the objective func-
 291 tions and over source water regions upstream. These types of features we associate with
 292 convergence/divergence and thus vertical Ekman pumping/suction of water.

293 Additionally, the sensitivities to zonal wind stress stretch both north into the sub-
 294 polar gyres and south across the ACC for all basins. This indicates a direct connection
 295 with the strength of the wind-driven sub-polar gyres and possible links with ACC trans-
 296 port – an increase/decrease in zonal wind stress could imply an increase/decrease in merid-
 297 ional Ekman transport across the ACC, or a change in the tilt of the isopycnals result-
 298 ing in a change in zonal ACC transport.. Other common features are what appear to

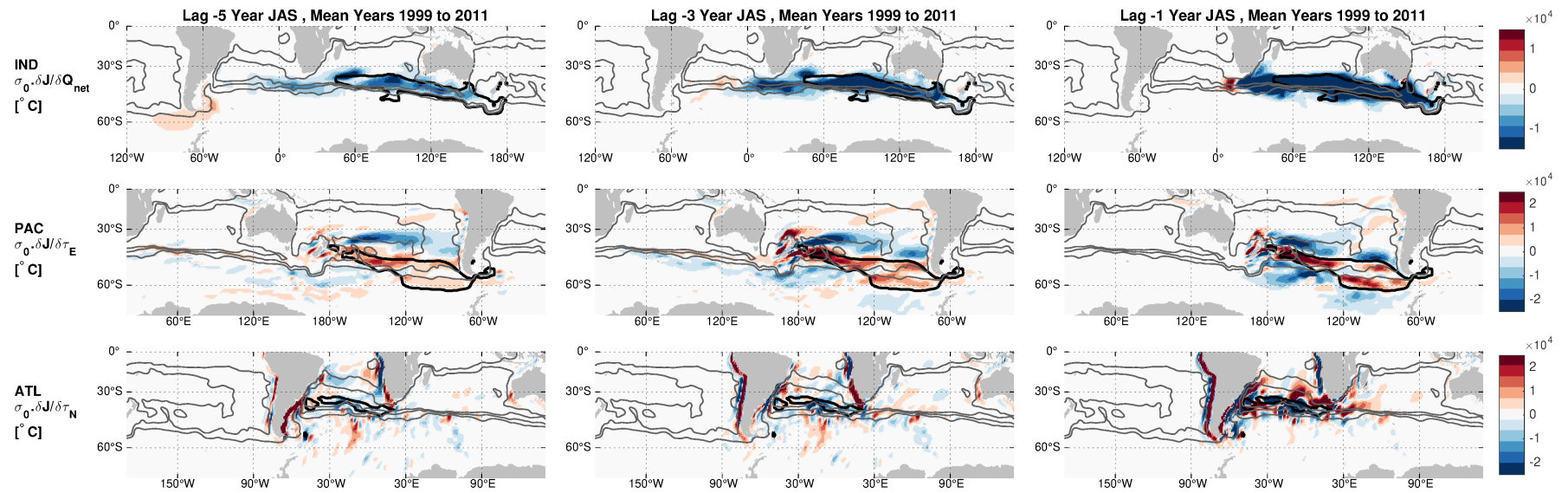


Figure 4. Example sensitivity fields showing the range and general properties of adjoint model simulations: Ensemble mean winter (Jul-Sep) sensitivities for surface properties at lags of 5, 3, and 1 years (left, middle, and right columns respectively). The upper row shows sensitivities of the Indian MWFR (median location indicated by black contour) to surface heat flux Q_{net} . The middle row shows sensitivities of the Pacific MWFR (median location indicated by black contour) to zonal wind stress τ_E . The lower row shows sensitivities of the Atlantic MWFR (median location indicated by black contour) to meridional wind stress τ_N . The grey contours indicate the -17, 0, and 30 Sv mean barotropic streamlines. The associated ensemble standard deviations and sensitivities for the basins not shown here can be found in the supplementary information.

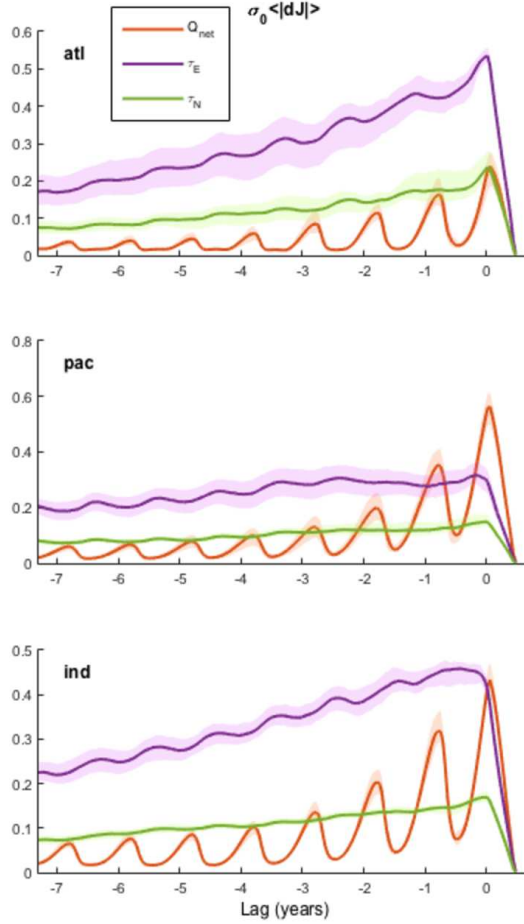
299 be dynamical links with boundary current regions – dynamic because the sensitivities
 300 are not in source regions and because the sensitivities often propagate through space over
 301 time either along or away from boundaries in patterns similar to topographic, Kelvin,
 302 and Rossby waves. This can be seen more easily in the animations provided in the sup-
 303plementary information and is discussed further in section 3.2.

304 The negative sensitivity of the Pacific MWFR to zonal wind stress on 1-3 year lags
 305 in the region of 120W to 90W and South of 60S (the Amundsen Sea, see figure 4) is con-
 306sistent with the results of Close et al. (2013), who find a link between an increased Amund-
 307sen Sea Low (ASL, resulting in weaker zonal wind stress) and warmer SAMW. However,
 308this sensitivity is relatively weak compared with zonal and meridional (see figure S6 in
 309the supplementary information) wind stress sensitivities over, to the north of, and up-
 310stream of the MWFR, whilst Close et al. (2013) believe the ASL is significant in deter-
 311mining SAMW properties. This may be because although the region shows low sensi-
 312tivity relative to other regions, the actual wind-stress changes in the region are signif-
 313icantly larger than those in other regions, although this does not appear to be the case
 314for climatological anomalies, see figure S7. The fact that regions of high sensitivity may
 315not be regions of high variability is discussed further in section 5.2. The lack of a stronger
 316link with wind stress to the south of the ACC core in these sensitivities may be because
 317the dynamic pathways linking this region with the MWFRs are too weak, consistent with
 318the fact that the ECCOv4 model has too weak northward transports close to the Antarc-
 319tic continental shelf, see discussion in Jones et al. (2019).

320 The wind stress sensitivities are consistent with the findings of Iudicone, Rodgers,
 321Schopp, and Madec (2007), who find that the export of mode water from the Pacific basin
 322is controlled by the basin-wide meridional pressure gradient – reflected in the basin-wide
 323dipoles in zonal wind stress sensitivities seen here – and by the generation of eastward
 324and westward propagation of Rossby, coastal Kelvin, and equatorial Kelvin waves, also
 325seen here. This suggests that the sensitivity of the export of mode water to the basin-
 326wide pressure gradient (as found by Iudicone et al., 2007) could be related to the sen-
 327sitivity of the heat content of the mode water in its formation region to the same basin-
 328wide properties (as demonstrated here). In other words, a change in the the zonal wind
 329stress could alter basin-wide pressure gradients, alter the heat content of the mode wa-
 330ter, and also lead to, directly or indirectly, changes in the export of that mode water.
 331However, the adjoint model cannot directly represent changes in mixing caused by changes
 332in stratification due to surface flux changes, so this cannot be fully tested in our model.

340 To compare sensitivities over time, we first calculated scaled domain-integrated ab-
 341solute sensitivities over time for each basin, i.e. the absolute value of the sensitivity is
 342taken before integration, meaning positive and negative sensitivities *do not* cancel out.
 343Thus, the integrated absolute sensitivity is the maximum possible impact on the objec-
 344tive function if perturbations are applied with the same sign and magnitude as the the
 345sensitivities themselves. In each basin, sensitivity to Q_{net} is highest at lag 0 and then
 346decays with a strong seasonal cycle as the lag increases, peaking each winter (figure 5).
 347Here lag 0 is defined as the beginning of the objective function integral, i.e. at the start
 348of July – see (3) – and so non-zero sensitivities are possible at positive lags. Sensitiv-
 349ity to wind stress decays more slowly and has a very slight seasonal cycle, relative to the
 350heat flux sensitivity, which it also appears to be out of phase with. The seasonality is
 351determined by the competing seasonal influences of positively and negatively signed re-
 352gions, see figure 6.

353 With our chosen scalings, sensitivity to Q_{net} initially dominates in the Pacific basin,
 354with wind stress sensitivity dominating after around 1 year lag. Wind stress sensitivity
 355dominates in the Atlantic basin, and largely dominates in the Indian basin apart from
 356during the objective function integration period (positive lags), where the Q_{net} ensem-
 357ble mean sensitivity just dominates. However, the sensitivity that dominates at any given
 358time is dependent on the scaling applied. Scaling the sensitivities instead by the clima-

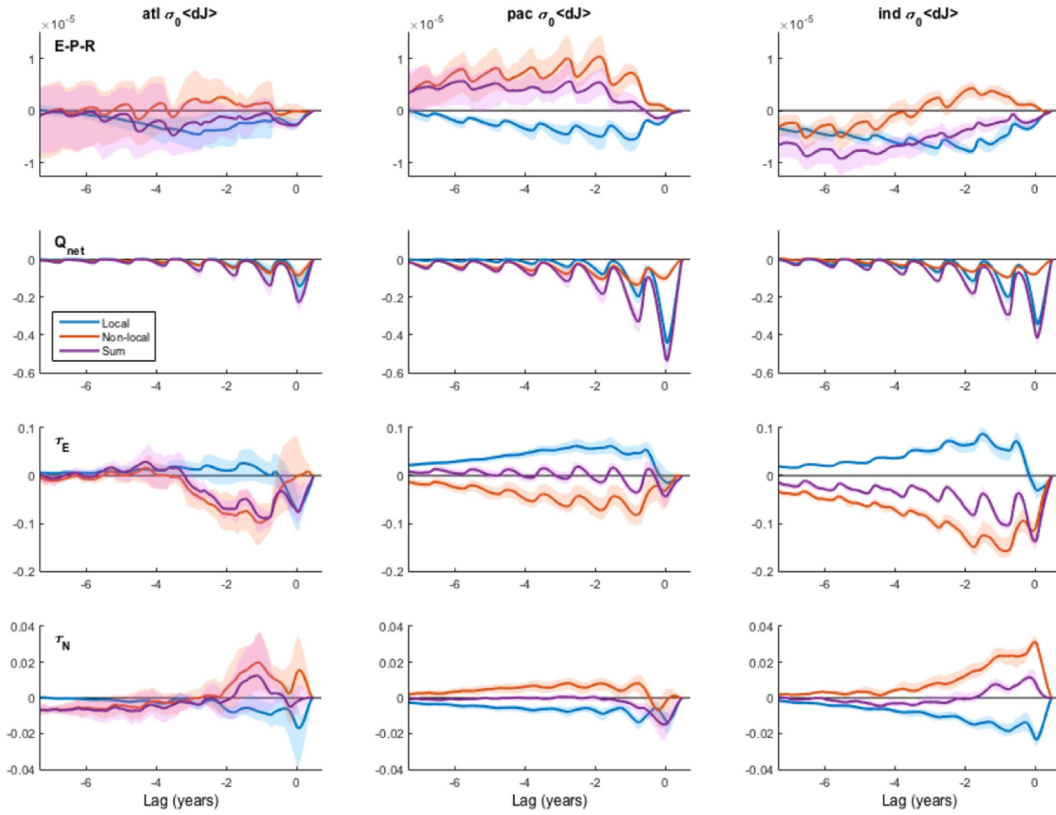


333 **Figure 5.** Wind stress largely dominates basin-integrated absolute sensitivities: Integrated
 334 absolute sensitivities to surface forcings by basin (top to bottom, as labeled), scaled by a repre-
 335 sentative standard deviation σ_0 and normalized, plotted against lag relative to the start of the
 336 objective function. Colors indicate surface net heat flux (Q_{net} , red), and zonal/meridional wind
 337 stress ($\tau_{E/N}$, purple/green). The shaded area indicates the ensemble envelope (spanning the en-
 338 semble max and min values, *not* a standard deviation or similar) and thick lines the ensemble
 339 mean.

359 tological anomaly results in a relative increase in the Q_{net} sensitivity, see supplementary
 360 information figure S8, although the overall pattern of Q_{net} sensitivities dominating at
 361 short lags (0-1 years) and wind stress dominating at longer lags still holds.

362 The integrated sensitivities show remarkable similarity between the basins, while
 363 differences are likely due to the different locations and sizes of the MWFRs in each basin.
 364 The Atlantic MWFR is relatively far north, where it is strongly influenced by the wind-
 365 driven Atlantic sub-tropical gyre, and thus wind stress influences are relatively strongest
 366 here. The Pacific and Indian MWFRs are both further south within the ACC, and have
 367 relatively lower sensitivity to wind stress compared with heat flux. The Indian MWFR
 368 has the largest volume, see figure A.1, which may also affect the relative sensitivities.

369 These results indicate that the surface heat flux has the largest impact during winter
 370 on mode water formed during that same winter, and thereafter seasonally affects sub-
 371 sequent winters, but to a lesser and lesser degree. The large magnitude of the seasonal
 372 cycle means that heat fluxes in past winters have a much stronger influence on MWFRs
 373 than intervening summers, even years apart. Wind stress, however, can produce a similar
 374 or larger impact than heat flux for years to come, with relatively less seasonal vari-
 375 ation, perhaps linked to the dynamical, longer-range nature of the connection with the
 376 MWFRs. More explicitly, dynamic processes such as changes in the Ekman pumping over
 377 source regions; changes in the ACC or other currents' strengths; the generation of Rossby/Kelvin
 378 waves, could influence the MWFRs for many years, regardless of the local mixed layer
 379 depth in the MWFR itself. These findings are similar to the results of Jones et al. (2019),
 380 who find the heat content of water that subducts from the MWFR is strongly controlled
 381 by the sub-tropical gyre strength and structure, which is in turn strongly related to wind-
 382 stress over the gyre for the previous 3-4 years.



383 **Figure 6.** Local heat flux sensitivities dominate on short time scales, both local and non-local
 384 wind stress sensitivities are important at a range of time scales: Domain integrated sensitivities
 385 split by surface forcings (top to bottom, as labeled) and by basin (left to right, as labeled), scaled
 386 by a representative standard deviation and normalized, plotted against lag since the start of the
 387 objective function. Colors indicate the local sensitivities (within objective function mask, blue
 388 lines), non-local sensitivities (outside mask, red lines) and the sum of the two, i.e./ total sensitivi-
 389 ties (purple lines). The shaded area indicates the ensemble envelope (spanning the ensemble max
 390 and min values) and thick lines the ensemble mean.

391 As well as absolute sensitivities, we also calculated and compared integrated sensi-
 392 tivities with signs intact, and so opposite-signed sensitivities canceled each other out.

393 We also split the sensitivities by local sensitivities (within the objective function mask),
 394 non-local sensitivities (outside mask), which sum to the total integrated sensitivity. These
 395 integrated sensitivities give an indication of the predicted impact on the objective func-
 396 tion of a domain-wide positive increase in the surface forcing – this will cause an increase
 397 in the objective function due to positive sensitivity regions, and a counteracting decrease
 398 due to negative sensitivity regions. The sensitivities in the objective function region (‘lo-
 399 cal’) are often differently signed to those outside (‘non-local’).

400 For completeness, sensitivities to surface fresh water fluxes are included in figure 6
 401 (upper row). In all three basins, local sensitivities dominate for the first year, peak in
 402 magnitude at some point between one and three years lag before decaying away, with
 403 a clear seasonal cycle. Local sensitivities continue to dominate in the Atlantic and In-
 404 dian basins at longer lags, although there is large variability between ensemble members
 405 in the Atlantic. In the Pacific basin, non-local sensitivities dominate at lags greater than
 406 one year, and do not appear to be decaying significantly after eight years of lag, although
 407 again there is relatively large variability. There is a clear seasonal cycle apparent in all
 408 sensitivities. Thus, local sensitivities to fresh water forcing are important at timescales
 409 of up to three years, and non-local sensitivities can remain relatively large, but with large
 410 variability between basins and ensemble members.

411 The sensitivities to Q_{net} (figure 6, second row), being largely single-signed, show
 412 very similar behavior to that in figure 5, with a pronounced seasonal cycle and strong
 413 decay over time. The local sensitivity dominates for the first year or two in all basins,
 414 before the non-local begins dominate in the Atlantic and Pacific basins. However, the
 415 local sensitivity continues to dominate at longer lags in the Indian basin, likely because
 416 the Indian MWFR has the largest volume and so the ‘local’ region is relatively larger,
 417 see figure A.1.

418 For sensitivities to both zonal and meridional wind stress (figure 6, third and fourth
 419 rows), the local sensitivity in each basin dominates for one year (Atlantic and Pacific basins),
 420 or not at all in the Indian basin. The local and non-local sensitivities are largely of op-
 421 posite sign, related to the dipole structures seen in figure 4. There is also a larger sea-
 422 sonal cycle apparent, especially in the sensitivities to zonal wind stress τ_E , with local and
 423 non-local sensitivities being out of phase with each other, leading to the much smaller
 424 seasonal cycle when looking at the absolute sensitivities in figure 5.

425 The time dependence of the sensitivity to heat fluxes suggests a process very much
 426 dominated by mixed layer properties - the sensitivity is largest in the winter when mixed
 427 layers are deepest, and the relative importance of past years decreases in time, with sen-
 428 sitivities at two years lag around half of that at zero years. This is consistent with the
 429 fields in figure 4 that show sensitivities confined to the objective function region (where
 430 the mixed layers are deepest) and upstream. The slower decay and relatively weaker sea-
 431 sonal cycle in the wind stress sensitivities also point to the influence of more dynami-
 432 cal processes which are not strongly linked to local mixed layer depths, and have stronger
 433 influences at larger lags.

434 The seasonal basin-wide mean mixed layer depths (means within each basin south
 435 of 30°S) correlate tightly with the Q_{net} sensitivity seasonal cycles in all basins, in all years,
 436 in all ensembles (max R^2 within ensemble members = 0.98–0.99). They also correlate
 437 well with the seasonal cycle of the integrated wind stress sensitivities in the Indian basin
 438 (ensemble max R^2 = 0.87–0.97). Looking at ensemble member to ensemble member vari-
 439 ability in peak sensitivities, the link with mixed layer properties is less clear. There is
 440 a statistically significant, but weak (R^2 = 0.33) correlation between the annual maxi-
 441 mum of the whole Southern Ocean mean MLD (south of 30°S) and the ensemble mem-
 442 ber peaks in total Q_{net} sensitivity (summed over the three basins), but not for individ-
 443 ual basins. In the Indian basin, there are statistically significant correlations between

444 ensemble member peak absolute wind stress sensitivities and the annual maximum In-
 445 dian ocean mean MLD ($R^2 = 0.55/0.68$ for $\tau_{N/E}$).

446 These correlations imply the seasonal variation in Q_{net} sensitivities are almost en-
 447 tirely controlled by the mixed layer, but that year to year changes in peak sensitivities
 448 are not so clearly related to mixed layer properties. We speculate that this could be be-
 449 cause year to year changes integrate influences over many years, so that the relationship
 450 with individual years is not as clear. Conversely, whilst the Atlantic and Pacific wind
 451 stress sensitivities are not strongly correlated with mixed layer properties on seasonal
 452 and inter-annual timescales, the Indian basin wind stress sensitivities show a link with
 453 mixed layer properties on both timescales, although it is the integrated sensitivity that
 454 shows seasonal links, and the absolute sensitivity that shows inter-annual links. The in-
 455 tegrated wind stress sensitivities show a more pronounced seasonal cycle than the ab-
 456 solute, cf. figures 5 and 6, showing that the overall sensitivity to a domain-wide single-
 457 sign increase in wind stress is controlled by mixed layer properties on a seasonal time-
 458 scale. However, on an inter-annual time-scale, it is the absolute sensitivity that is par-
 459 tially controlled by peak mixed layer depths.

460 3.2 Sensitivities to Kinematic and Dynamic Potential Temperature

461 As in Marotzke et al. (1999) and Jones et al. (2018), we analyzed the sensitivities
 462 of the objective function to potential temperature by splitting it into sensitivities due
 463 to changes in temperature along isopycnals (referred to as kinematic changes) and changes
 464 in temperature that result in density changes (referred to as dynamic changes).² This
 465 is achieved by considering our objective function as a function of both density and po-
 466 tential temperature, i.e. $J = J[\rho(\theta, S), \theta]$, where ρ is density and S is salinity. Thus
 467 the sensitivity to potential temperature can be written

$$468 \left(\frac{\partial J}{\partial \theta} \right)_S = \left(\frac{\partial J}{\partial \rho} \right)_\theta \left(\frac{\partial \rho}{\partial \theta} \right)_S + \left(\frac{\partial J}{\partial \theta} \right)_\rho, \quad (4)$$

469 where the first term on the RHS is identified as the dynamic component of the sensitiv-
 470 ity, and the second term the kinematic. We then use the definitions of the coefficients
 471 of thermal expansion α and of haline contraction β :

$$472 \alpha \equiv -\frac{1}{\rho} \left(\frac{\partial \rho}{\partial \theta} \right)_S \text{ and } \beta \equiv \frac{1}{\rho} \left(\frac{\partial \rho}{\partial S} \right)_\theta, \quad (5)$$

473 to write

$$474 \left(\frac{\partial J}{\partial S} \right)_\theta = \left(\frac{\partial J}{\partial \rho} \right)_\theta \left(\frac{\partial \rho}{\partial S} \right)_\theta = \beta \rho \left(\frac{\partial J}{\partial \rho} \right)_\theta, \quad (6)$$

475 and so the dynamic sensitivity can be written:

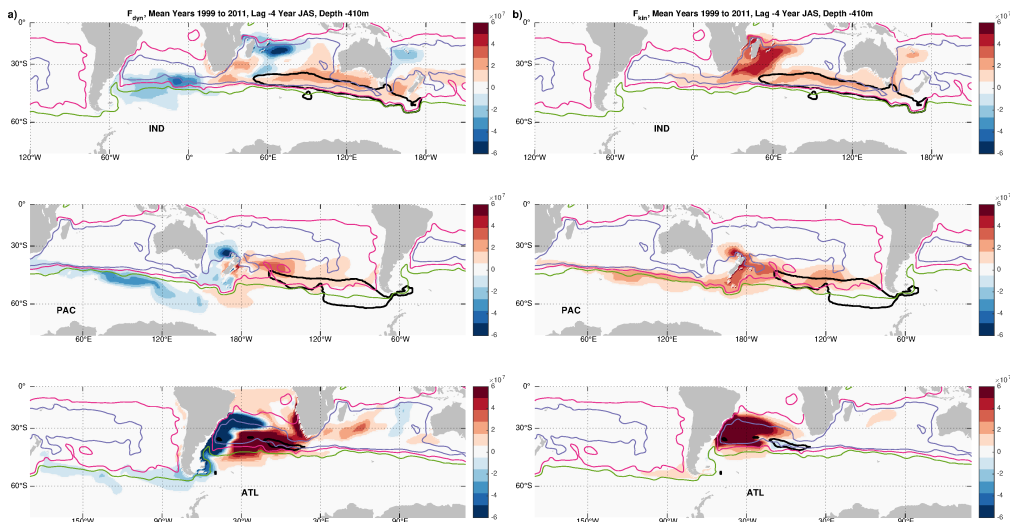
$$476 F_{\text{dyn}} = \left(\frac{\partial J}{\partial \rho} \right)_\theta \left(\frac{\partial \rho}{\partial \theta} \right)_S = -\frac{\alpha}{\beta} \left(\frac{\partial J}{\partial S} \right)_\theta. \quad (7)$$

² The definition of kinematic and dynamic changes may remind the reader of ‘spice’ and ‘heave’. These are most often used to refer to the decomposition of temperature changes in time at a fixed depth into changes on neutral density surfaces (spice) and changes due to the motion of these surfaces (heave) (see, for example Bindoff & McDougall, 1994). Whilst this decomposition is conceptually similar, the definitions are different from our decomposition here. We are considering the changes in our objective function J , a non-trivial function of temperature, at constant salinity. Kinematic anomalies are possible changes in potential temperature at a fixed density at one point in time, which is not quite the same as ‘spice’ anomalies, normally defined as a change over time of potential temperature at a fixed density. Dynamic anomalies are related to changes in density at fixed salinity, which is similar to but not the same as ‘heave’, related to the change in the height of a density surface over time.

477 Then, rearranging (4) we can write the kinematic sensitivity as:

$$478 \quad F_{\text{kin}} = \left(\frac{\partial J}{\partial \theta} \right)_S + \frac{\alpha}{\beta} \left(\frac{\partial J}{\partial S} \right)_\theta. \quad (8)$$

479 Thus we calculated both dynamic and kinematic sensitivities from the sensitivi-
 480 ties to potential temperature and salinity $[(\partial J/\partial \theta)_S$ and $(\partial J/\partial S)_\theta]$ output directly from
 481 the MITgcm adjoint model in combination with the factor α/β calculated from the model
 482 output potential temperature on the same two week average time-steps using the TEOS-
 483 10 Matlab toolbox (McDougall & Barker, 2011). Note that, unlike the sensitivities to
 484 surface fields, each dynamic/kinematic sensitivity snapshot is a three-dimensional field
 485 that also depends on depth.



486 **Figure 7.** Example dynamic and kinematic sensitivities highlight their different properties:
 487 Sensitivities to a) dynamic and b) kinematic potential temperature changes at a fixed depth of
 488 410m, fixed lag of 4 years, in all three basins (top to bottom). The black contour indicates the
 489 median location of the objective function at each depth, and as previously, the contours indicate
 490 the -17, 0, and 30 Sv mean barotropic streamlines. The associated ensemble standard devia-
 491 tions can be found in the supplementary information. Sensitivities are scaled by $1/\rho_0 c_p$ and are
 492 unitless.

493 We calculated ensemble mean dynamic and kinematic sensitivities for the same ex-
 494 periments as previously discussed, where the objective function is the heat content of
 495 MWFRs. The sensitivities were scaled by $1/\rho_0 c_p$ and so are unitless, i.e. the amount by
 496 which the objective function would increase in $^\circ C$ for a dynamic/kinematic rise in po-
 497 tential temperature of $1^\circ C$. The kinematic sensitivities peak at an average depth of 410m,
 498 and the dynamic sensitivities peak at an average depth of 3km (not shown). We choose
 499 to plot both quantities at 410m as the potential temperature anomalies are 2 orders of
 500 magnitude larger at this depth (not shown).

501 The ensemble mean dynamic sensitivities at 4 years lag and 410m depth have sig-
 502 nificant distinct single-signed regions of both signs, as well as dipoles (figure 7a, other
 503 lags and shallower depths are similar, but at longer/shorter lags extend further/less far
 504 [not shown]). Positive dynamic sensitivity indicates that decreasing the density (deep-
 505 ening the density surfaces) at this point would result in an increase in the MWFR heat
 506 content, and conversely negative dynamic sensitivity indicates increasing the density (rais-
 507 ing the density surfaces) would result in an increase in the MWFR heat content. Within

508 the objective function volume (indicated by the black contours) the sensitivity is largely
 509 positive, implying downwelling will produce an increase in the MWFR heat content. As
 510 can be seen with comparison with figure 7b, much of the strong dynamic sensitivity is
 511 placed along the same location as source waters, indicated by strong kinematic sensitiv-
 512 ities, but they also stretch further south across the ACC. In the Indian sector, as in the
 513 Pacific sector, there are dynamic sensitivities of both signs, both over source regions and
 514 extended around these regions. These can be interpreted as highlighting that changes
 515 in the strength and structure of the ACC and sub-tropical gyres can draw more or less
 516 heat into the mixed layer, although, as previously discussed, any such link would need
 517 to be confirmed in a forward run.

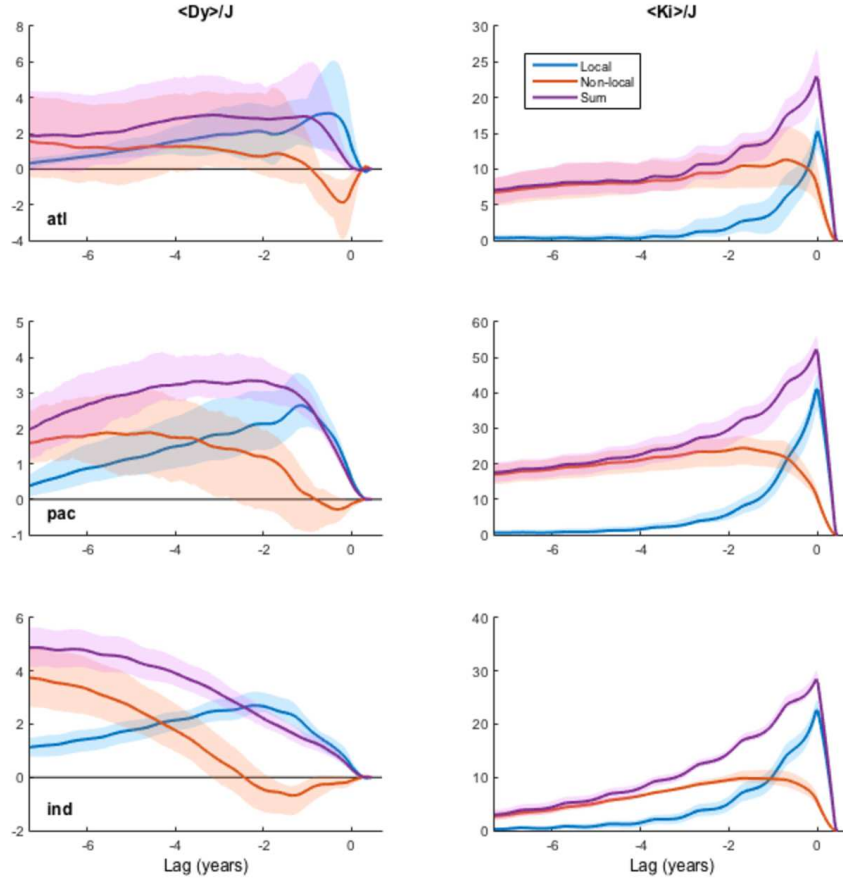
518 The dynamic sensitivity of the Atlantic sector shows a strong dipole directly in the
 519 region of the objective function, and the structure of sensitivities is similar at shallower
 520 depths. This pattern rotates in place over time in an anti-clockwise or cyclonic direc-
 521 tion, consistent with the westward motion of sensitivity peaks centered at $\sim 30^\circ\text{S}$ and
 522 the eastward motion of sensitivity peaks at $\sim 40^\circ\text{S}$. This is another indication that the
 523 ECCOv4 Atlantic mode water pool is strongly controlled by the dynamics of the Atlantic
 524 sub-tropical gyre.

525 In general, dynamic sensitivities for all three sectors are a mix of positive and neg-
 526 ative regions, with strong links to continental boundaries. Viewed as animations, one can
 527 see that there are many dynamical features that are generated at continental boundaries
 528 and then propagate along or away from these boundaries in behavior that resembles that
 529 of Kelvin, Rossby, and topographic waves. Some animations can be viewed in the sup-
 530 plementary information.

531 The mean kinematic sensitivities at 4 years lag and 410m depth, by contrast, are
 532 largely single signed (figure 7b, sensitivities at shallower depths and at longer/shorter
 533 lags are very similar but extend further/less far upstream [not shown]). The Indian and
 534 Pacific pools, being close to the northern ACC boundary, are affected by kinematic tem-
 535 perature changes upstream in the ACC, stretching around half its path at 4 years lag.
 536 The Indian MWFR is most strongly linked with the Agulhas and Agulhas Return Cur-
 537 rent regions, as well as more weakly with the East Australian Current region. The Pa-
 538 cific MWFR also shows the strongest links with New Zealand boundary current region.
 539 Conversely, the Atlantic pool is shallower and further north, more firmly in the sub-tropical
 540 gyre, and as such is highly sensitive to local gyre kinematic temperature changes rather
 541 than changes in the ACC. As kinematic temperature changes take place on isopycnals,
 542 the sensitivities strongly resemble a passive tracer sensitivity and so reflect the influences
 543 of direct heat fluxes or irreversible mixing. In fact, one can directly calculate passive tracer
 544 sensitivities in the adjoint model, and they are highly correlated with the kinematic sen-
 545 sitivities at the depths of the objective function (see figure S6 in supplementary infor-
 546 mation). As we consider longer timescales, kinematic sensitivities weaken and are found
 547 further away along source paths.

555 Similarly to section 3.1, we calculated the domain-integrated dynamic and kine-
 556 matic sensitivities (with signs intact) for each basin, and split the integrals into local (within
 557 objective function volume) and non-local (outside objective function volume), which sum
 558 to the total integrated sensitivity. All three basins show very similar structures, see fig-
 559 ure 8, with the differences being mainly in the timing of the peaks of the various inte-
 560 grals.

561 The dynamic sensitivities are generally smaller than the kinematic sensitivities, with
 562 peak kinematic sensitivities an order of magnitude higher than peak dynamic sensitiv-
 563 ities in all basins (figure 8). The local dynamic sensitivities are all positive and peak within
 564 two years, decaying with time after. The non-local dynamic sensitivities all begin neg-
 565 ative (indicative of the dipole structures seen throughout the dynamic sensitivity fields,
 566 see figure 7b), but then largely become positive and grow with increasing lag (although



548 **Figure 8.** Domain-integrated kinematic sensitivities decay over time, but dominate over
 549 domain-integrated dynamic sensitivities: Domain-integrated dynamic θ sensitivities (left), and
 550 domain-integrated kinematic θ sensitivities (right) split by basin (top to bottom, as labeled).
 551 Colors indicate the contributions from local sensitivities (within objective function mask, blue
 552 lines), non-local sensitivities (outside mask, red lines), and sum total sensitivities (purple lines).
 553 The shaded region indicates the envelope of individual ensembles, and thick lines the ensemble
 554 mean. All sensitivities have been scaled by J_b^X and are therefore dimensionless.

567 there is significant within ensemble variability). The Indian non-local sensitivity is still
 568 growing at 8 years lag, with the Pacific looking like the ensemble mean may have peaked
 569 and the Atlantic sensitivity unclear.

570 The local kinematic sensitivities peak at 0 lag then quickly decay, and the non-local
 571 sensitivity takes over as the tracer-like sensitivity moves upstream. The local sensitiv-
 572 ities decay with e -folding timescales of roughly 14, 15, and 18 months for the Atlantic,
 573 Pacific and Indian basins respectively, then reach a somewhat steady minimum after 4,
 574 5, and 8 years. The difference in timescales can be attributed to the size of the MWFRs
 575 – the mean heat contents of the MWFRs increase as the timescales increase, i.e. the At-
 576 lantic is the smallest MWFR and the Indian is the largest, see figure A.1. The total and
 577 non-local sensitivities appear to reach a peak value at around 2 years lag and to still be
 578 slowly decaying at 8 years lag.

579 4 Perturbation Experiments

580 Adjoint sensitivities, such as those presented in section 3, are predictions about the
 581 sensitivity of the objective functions - in our case the heat content of fixed volumes - in
 582 an adjoint linear model. Thus, we expect them to predict the linear aspect of the equiv-
 583 alent perturbation experiments in the full non-linear model. They are considered most
 584 useful when investigating quantities that can be expected to behave linearly, such as in-
 585 tegrals over relatively large volumes and/or time spans. As discussed in section 1, we con-
 586 sider adjoint sensitivities to be a useful tool for discovering which regions and timescales
 587 are of interest, but not a replacement for fully non-linear experiments. In this section,
 588 we describe how we used the adjoint sensitivities from section 3 as a starting point for
 589 a series of perturbation experiments which were used to directly investigate the impact
 590 of changes in surface forcings on our objective function, including assessing the degree
 591 of linearity in the responses, i.e. the impact of dynamics not captured in the adjoint model.

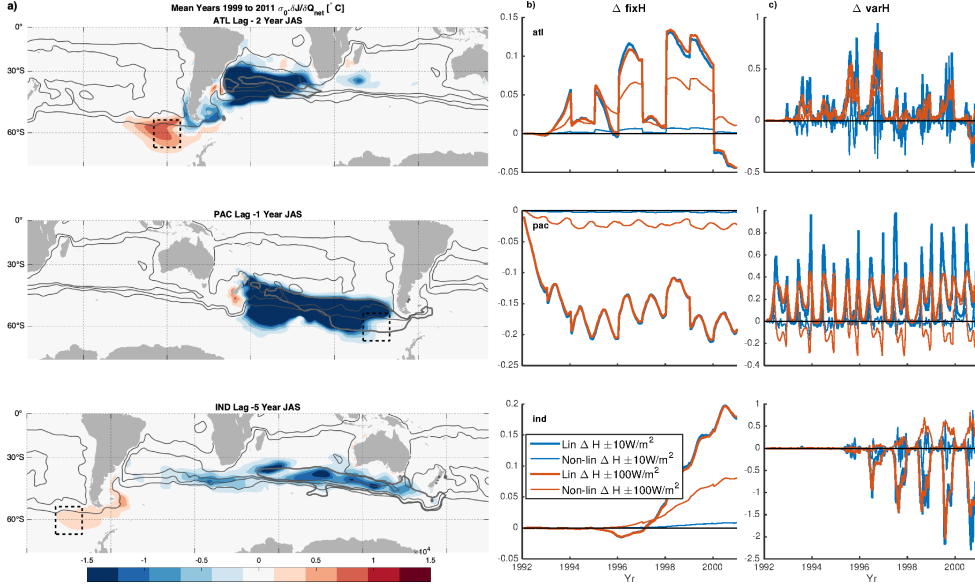
592 An additional complication to comparing the linear adjoint sensitivities with non-
 593 linear perturbation studies comes from the bulk formulae. Whilst the adjoint model con-
 594 tains the linear feedbacks for the model surface forcings considered, perturbing the same
 595 forcings in the full model can change many different aspects of air-sea heat exchange
 596 (see discussion in section 3.1). Whilst it would be possible to alter the model code in or-
 597 der to perturb these variables separately, the action of the bulk formulae is to produce
 598 more realistic perturbations, as in the real ocean no such independent changes would oc-
 599 cur. Additionally, as discussed, the non-linear forward model is expected to behave dif-
 600 ferently than the adjoint linear model; this is merely one of many factors causing them
 601 to differ, and it is informative to see the full difference between the two models.

602 In the results below, we followed Verdy et al. (2014) and used the combination of
 603 oppositely signed perturbation experiments to calculate the linear and non-linear responses.
 604 This allowed for qualitative and quantitative analysis of the two different types of effect,
 605 and allowed us to test our assumption that the non-linear component of our objective
 606 function is small compared with the linear. Further details of the derivation of the lin-
 607 ear and non-linear responses can be found in A.3. We applied perturbations in the sur-
 608 face heat flux and the zonal wind stress fields in regions where sensitivities were relatively
 609 high, and also included a test case where strong perturbations were applied to an un-
 610 responsive region, as defined by low adjoint sensitivities.

611 4.1 Q_{net} Pacific Perturbation

620 For our first perturbation experiment, we chose a region in the South-East Pacific
 621 identified in other studies as important for downstream Sub-Antarctic Mode Water (SAMW)
 622 properties (Naveira Garabato, Jullion, Stevens, Heywood, & King, 2009), and addition-
 623 ally which shows an interesting pattern of heat flux sensitivity. At two years lag, the At-
 624 lantic MWFR has a region of positive sensitivity in this region of the South-East Pacific,
 625 just upstream of Drake Passage (see figure 9a upper panel). This implies that positive
 626 heat flux perturbations in this region i.e. increasing heat loss to the atmosphere, will re-
 627 sult in a warmer MWFR in the Atlantic in two years time (as previously stated, Q_{net}
 628 is defined as positive out of the ocean). Notably there is negative sensitivity over the re-
 629 gion of the objective function, so increasing heat loss directly over the Atlantic MWFR
 630 would result in a *cooler* MWFR in two years time.

631 We designed a set of four perturbation experiments to test the sensitivity of the
 632 forward nonlinear model to changes in net heat flux in this key region. The black dashed
 633 contours in figure 9a show the region over which the Q_{net} perturbations were applied,
 634 in four separate step changes with magnitudes of $\pm 10 \text{ Wm}^{-2}$ and $\pm 100 \text{ Wm}^{-2}$, constant
 635 over the box indicated. These perturbations were applied to the forward non-linear EC-
 636 COv4 r2 model at the beginning of the model run. Additionally to the changes in Q_{net} ,
 637 there were resultant changes in the fresh water flux E-P-R, which we do not show be-



612 **Figure 9.** The adjoint sensitivities accurately predict the scaled linear response of the fix-
 613 MWFRs heat content: a) Ensemble mean sensitivities of mode water heat content to Q_{net} in
 614 various basins at lags as labelled. Thick grey contours indicated median location of objective
 615 functions, black dashed contour indicates location of Q_{net} perturbation (see text for details), grey
 616 contours, as before, indicate -17, 0, and 30 Sv mean SSH contours. b,c) Results of Pacific Q_{net}
 617 perturbation experiment, normalized linear (thick lines) and non-linear (thin lines) heat content
 618 changes divided by the perturbation magnitude, for either the fix-MWFR (b) or the var-MWFR
 619 (c), and for the $\pm 10 \text{ W m}^{-2}$ (blue) or $\pm 100 \text{ W m}^{-2}$ (red) experiments.

638 cause, as demonstrated in section 3, the sensitivities to this flux are extremely low. Thus
 639 the resultant experiment is close to being a test of the influence of Q_{net} independent of
 640 other surface fluxes. The perturbation region has a mean Q_{net} of 20 W/m^2 and a sea-
 641 seasonal cycle of amplitude 120 W/m^2 in ECCOV4 r2, and so the $\pm 10 \text{ Wm}^{-2}$ perturba-
 642 tions are of similar magnitude to the mean, whereas the $\pm 100 \text{ Wm}^{-2}$ perturbations completely
 643 alter the entire seasonal cycle, shifting the region to entirely positive values year-round,
 644 or else largely negative.

645 The perturbation region sits over the Pacific MWFR (see figure 9a, middle panel),
 646 where the sensitivity of the Pacific MWFR is large and negative, showing that increas-
 647 ing the heat flux from ocean to atmosphere is an efficient way of cooling this region. At
 648 five years lag, the Indian MWFR shows weak positive sensitivity to Q_{net} in the pertur-
 649 bation region (figure 9a, lower panel). Thus, for a positively-signed Q_{net} perturba-
 650 tion in the region indicated, we expect the Atlantic objective function to show a linear in-
 651 crease in heat content after roughly two years, we expect an instantaneous strong de-
 652 crease in heat content in the Pacific objective function, and after roughly five years we
 653 expect an increase in heat content in the Indian objective function.

654 We calculated the integrated heat content of the objective function regions for all
 655 four perturbation experiments over the fixed maximum winter MLD, following the def-
 656 inition of the objective function J_b^Y :

$$\text{fix}H_b^Y(\theta, \text{MLD}, t) = \iint_{f_b(x,y)} \int_{z=0}^{\max(\text{MLD}_{\text{ASO}})} \rho_0 c_p \theta(\mathbf{r}, t) dx dy dz, \quad (9)$$

658 and thus the change in heat content with respect to the control simulation (the standard
659 ECCOv4 r2 solution)

$$660 \quad \Delta \text{fix}H_b^Y(t) = \text{fix}H_b^Y(\theta' - \theta, \max(\text{MLD}_{\text{ASO}}, t), \quad (10)$$

661 where θ' is the perturbed simulation potential temperature field and θ is that from the
662 control simulation. The MLD was taken from the control simulation and was therefore
663 the same depth as used in the objective function for the adjoint sensitivity experiments.
664 We also calculated the heat content of the mode water formation regions using the ob-
665 jective function mask for that year, $f_b(x, y)$, but the time-varying *instantaneous* mixed
666 layer depth in each of the simulations:

$$667 \quad \text{var}H_b^Y(\theta, \text{MLD}, t) = \iint^{f_b(x,y)} \int_{z=0}^{\text{MLD}(t)} \rho_0 c_p \theta(\mathbf{r}, t) dx dy dz, \quad (11)$$

668 and thus the change in the varying-volume heat content

$$669 \quad \Delta \text{var}H_b^Y(t) = \text{var}H_b^Y(\theta', \text{MLD}', t) - \text{var}H_b^Y(\theta, \text{MLD}, t), \quad (12)$$

670 where the MLDs were taken instantaneously from the perturbed or control simulations
671 as appropriate. To differentiate between the two volumes, the fixed-volume of the ob-
672 jective function and the instantaneously calculated, varying volume mode water forma-
673 tion region, we refer to them henceforth as the fix-MWFR and var-MWFR, respectively.

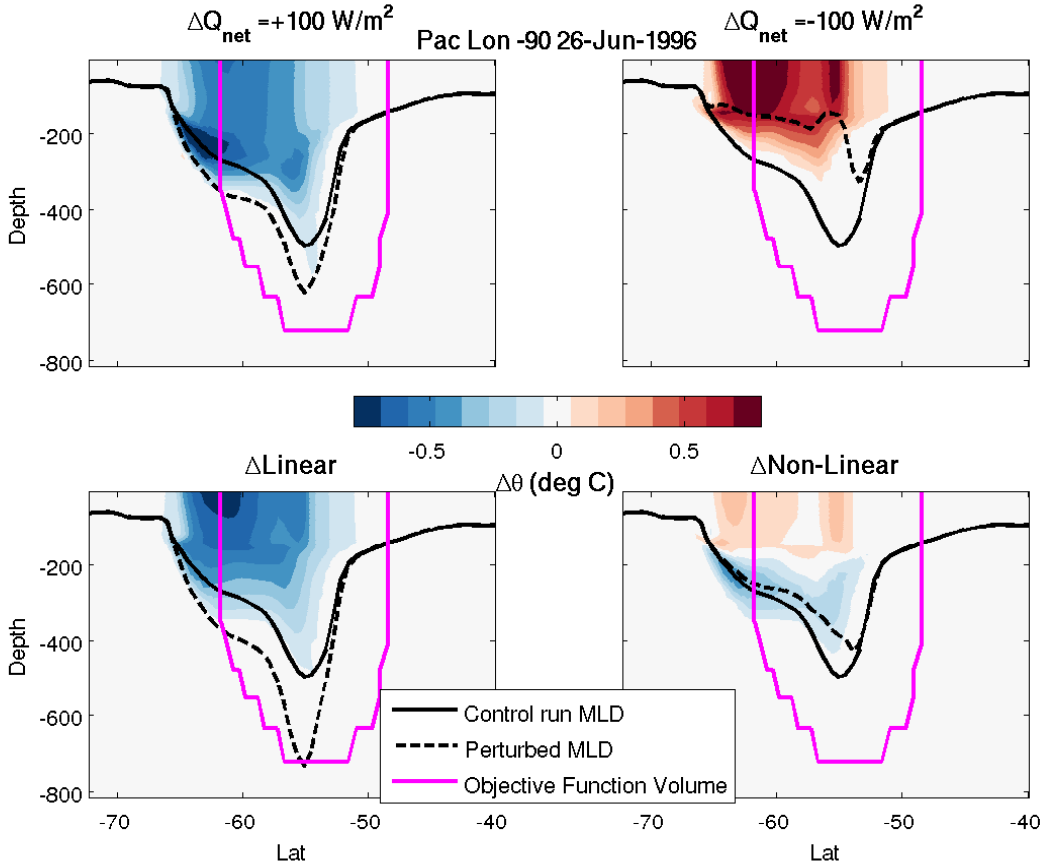
674 We combined the results of the positively and negatively signed experiments to pro-
675 duce the linear and non-linear impacts for the $\pm 10 \text{ Wm}^{-2}$ and $\pm 100 \text{ Wm}^{-2}$ perturba-
676 tions. We chose the combinations such that the sign of the linear/non-linear changes in-
677 dicate the changes for the positively signed Q_{net} perturbations. Note that the heat con-
678 tent changes are discontinuous at the year boundaries due to the changing objective func-
679 tion definition for each year, as the objective function is based on the PV and MLD prop-
680 erties for each individual year, as discussed in section 2. The magnitude of the changes
681 can be significantly larger for the varying-volume heat contents than the fixed-volumes
682 as the changes in the volume (dependent on the temperature scale used) due to changes
683 in the instantaneous MLD result in much larger heat content changes than potential tem-
684 perature changes alone (see figures 9b and c, noting the different y -axis scales.)

685 One would expect the normalized linear response to be identical for both magni-
686 tudes, by definition, and this is largely true, especially for the fixed-volume heat content
687 (see figure 9b, thick lines, which lie mostly on top of each other). There are small dif-
688 ferences at the peaks of the varying-volume responses, likely due to the fact that the bulk
689 formulae effects discussed previously will have introduced some non-linear changes to the
690 perturbations that will have resulted in the positive- and negative-signed experiments
691 not being exactly symmetric. The non-linear effects (figure 9b and c, thin lines) are smaller
692 in general than the linear effects, but increase in the $\pm 100 \text{ Wm}^{-2}$ case (red lines), as would
693 be expected, becoming almost as large as the linear changes, especially in the Atlantic.

694 The predicted positive response is seen in the Atlantic (figure 9b and c, upper pan-
695 els), with both the fix-MWFR and var-MWFR showing linear increases in heat content,
696 starting after roughly two years. The heat content of the var-MWFR (figure 9c) shows
697 large spikes every winter as the mixed layer deepens, but largely agrees with the sign of
698 the heat content change of the fix-MWFR (figure 9b).

699 In the Pacific, at all lags a negative response was expected, and this is borne out
700 in the fix-MWFR heat content changes (figure 9b middle panel). However, the sign of
701 the linear change in the var-MWFR (figure 9c middle panel, bold lines) is opposite to
702 that of the fix-MWFR: when the heat flux to the atmosphere increases, as in the +10
703 and +100 Wm^{-2} experiments, the temperature in the fix-MWFR decreases and so does
704 the heat content, but the heat content of the var-MWFR *increases*. This is because the
705 cooler mixed layer deepens, resulting in more net heat content, as can be seen in figure 10.

706 The responses in the Indian region (figure 9b lower panel) are consistent with simple
 707 advection downstream - it takes over three years for the effect of the perturbation
 708 to reach the Indian region, and it remains much lower magnitude than either the Pacific
 709 or Atlantic effects. After this, the impact grows year on year, and similarly to the Pa-
 710 cific basin has an opposite-signed linear effect on the fix-MWFR and the var-MWFR.
 711 Like the Atlantic, an increase in heat loss to the atmosphere results in an overall warm-
 712 ing of the fix-MWFR, and vice-versa. The opposite sign of the response of the fixed and
 713 varying volume heat contents is for the same reason as in the Pacific, namely that a warm-
 714 ing mixed layer shallows and so decreases its overall heat content when the volume con-
 715 sidered is allowed to evolve.



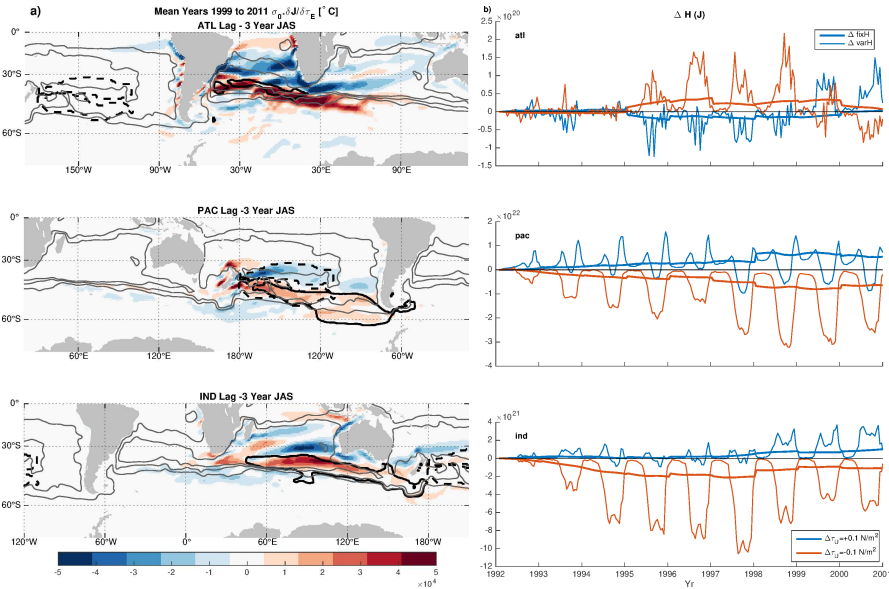
716 **Figure 10.** Linear changes in mixed layer depth act counter to linear changes in tempera-
 717 ture, leading to opposite changes in heat content of the fix- and var-MWFRs: Latitude-depth
 718 snapshots of potential temperature changes (color) in the Pacific basin from the Pacific Q_{net}
 719 perturbation experiment in June 1996. Q_{net} is, as before, defined as positive from ocean to atmo-
 720 sphere. As labelled, the different panels show the difference from the control run for both positive
 721 and negative perturbations, and the combination of these to produce the linear and non-linear
 722 changes. The black solid lines show the control run instantaneous MLD and the magenta lines
 723 show the 1996 objective function volume (the same in every panel). The black dashed lines show
 724 the instantaneous MLD for the perturbation experiments as labelled.

725 Whilst the fix-MWFRs did indeed warm or cool as expected, these lead to changes
 726 in MLD that acted counter to the temperature change and resulted in a larger mixed

727 layer heat content when the mixed layer cooled and a lower mixed layer heat content when
 728 the mixed layer warmed (figure 10). Whilst the temperature change is very linear, the
 729 change in MLD has a significant non-linear component, although the linear component
 730 is still largest. This is not surprising as the temperature response is strongly linked with
 731 the imposed linear Q_{net} changes, whereas the mixed layer response is, as the name sug-
 732 gests, mediated by mixing, which can be non-linear in the case of convective mixing.

733 These results demonstrate that the adjoint sensitivities can indeed successfully predict
 734 the linear sensitivity of the fix-MWFRs in forward, non-linear simulations. How-
 735 ever, these results also highlight that the var-MWFRs, calculated instantaneously, do
 736 not necessarily respond in the same manner as their fixed-volume counterparts. In fact
 737 the var-MWFRs seasonally respond with higher magnitudes than the fix-MWFRs. Whilst
 738 the sign may not be predicted, the fact that the heat content does significantly change
 739 is predicted. Additionally, as might be expected, larger magnitude perturbations lead
 740 to slightly larger normalized non-linear effects.

741 **4.2 τ_E Pacific Perturbation**



742 **Figure 11.** a) Ensemble mean sensitivities of mode water heat content to τ_E in various basins
 743 in winter at 3 years lag as labelled. Black contours indicated median location of objective func-
 744 tions, black dashed contour indicates location of τ_E perturbation (with the positive-signed per-
 745 turbation matching the sign of the Pacific basin sensitivity shown here), grey contours, as before,
 746 indicate -17, 0, and 30 Sv mean SSH contours. b) Results of Pacific τ_E perturbation experiment.
 747 Heat content changes from positively-(blue lines) and negatively-(red lines)signed perturbation
 748 experiments, for either the fix-MWFR (thick lines) or the var-MWFR (thin lines).

749 We now consider a regional experiment perturbing the zonal wind stress, τ_E . In
 750 winter and at three years lag, a clear dipole in the ensemble mean sensitivity of the Pa-
 751 cific MWFR to τ_E can be seen stretching east from New Zealand well into the Pacific
 752 (figure 11a, middle panel). This indicates that a zonal wind stress dipole of this sort, im-
 753 plying downwelling along the dipole center, would produce an increase in the heat con-
 754 tent of the objective function region (median location indicated by the black contours).
 755 A perturbation closely matching this dipole was chosen to test this sensitivity (figure 11a,

black contours) which was applied either imitating the Pacific MWFR sensitivity, with two oppositely signed regions of magnitudes $\pm 0.1 \text{ Nm}^{-2}$, or with the signs of the two regions reversed. These two perturbations were applied separately as step changes to the forward non-linear ECCOv4 r2 model at the beginning of the model run (the start of 1992). The mean dipole amplitude in ECCOv4 is -0.04 Nm^{-2} with a standard deviation of 0.03 Nm^{-2} in the control run.

Additional to the changes in τ_E , there were resultant changes in the heat flux Q_{net} due to the bulk formulae (not shown). Thus, these experiments are not an exact test of the linear response to the wind-stress perturbations applied, but can nonetheless provide interesting insights into how the linear and non-linear responses compare.

As predicted by the adjoint sensitivity, the fix-MWFR in the Pacific sector responded linearly, with an increase (decrease) in heat content over time for the positively-(negatively-)signed perturbation experiment (figure 11b, thick lines, middle row). The Indian and Atlantic fix-MWFRs responses are more non-linear than the Pacific, with an especially asymmetric response in the Indian sector, although it becomes more symmetric after 1998. Note the Atlantic responses are two orders of magnitude lower than climatology (see figure A.1), reflecting its low sensitivity to the perturbation region (figure 11a, upper row).

The $\Delta \text{var}H$ response (figure 11b, thin lines), calculated as before from the lateral extent of the objective functions but integrated in depth to the instantaneous MLD, are largely of the same sign as the $\Delta \text{fix}H$ responses in all basins. This shows that, in contrast with the Q_{net} perturbation experiments, the mixed-layer depth changes act to increase (decrease) the volume of the MWFRs when the volumes warm (cool). This could be indicative of dynamic processes playing a part in setting the mixed layer depths. However, in both experiments, there is a seasonal decrease in the Pacific var-MWFR content during winter, perhaps related non-linear Q_{net} forcings via the bulk formulae.

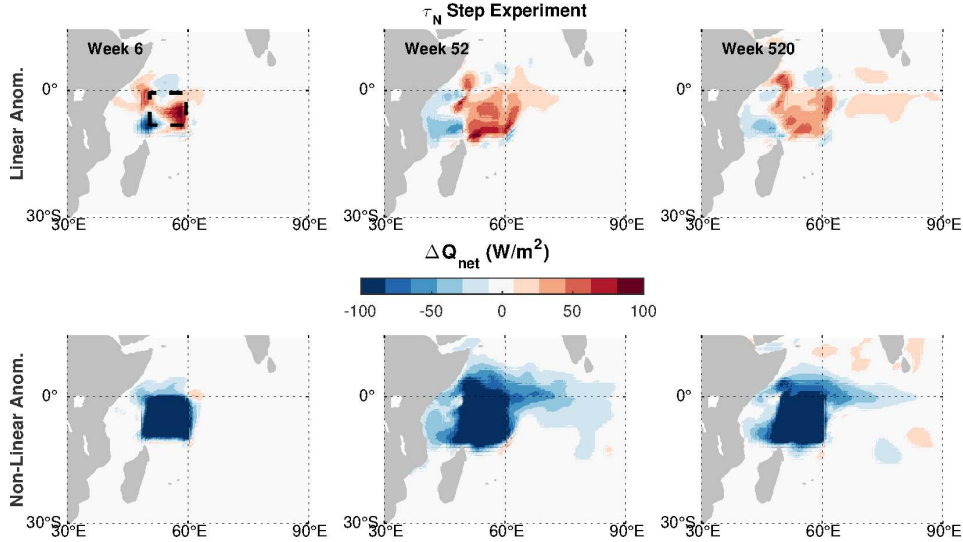
These results show that, again, the adjoint sensitivities can accurately predict the linear response of the fix-MWFRs, with a relatively low non-linear response, especially at longer timescales. However, the response of the var-MWFR is highly non-linear.

4.3 τ_N Indian Ocean perturbation

The results of sections 4.1 and 4.2 confirm that the adjoint sensitivities can predict regions of objective function sensitivity in the full non-linear model. We now demonstrate the corollary, namely that perturbations in regions with low adjoint sensitivities produce weak responses in the full non-linear model. To do this we identify a region of low overall sensitivity for all MWFRs, then perturb the meridional wind stress field to see if there is a low linear response, as predicted, and what the magnitude of any non-linear response is.

A region east of Africa in the Indian ocean, which is a region of low adjoint sensitivity for both heat flux and wind stress at any time scale modeled, was chosen to test this sensitivity (figure 12, black dashed contour). A step change perturbation to the meridional wind stress field was applied either as indicated or with the opposite sign, i.e. magnitudes $\pm 1 \text{ Nm}^{-2}$, one to two orders of magnitude larger than the ECCOv4 r2 mean and seasonal cycle amplitude (0.03 and 0.06 Nm^{-2} , respectively) for this region. These two perturbations were applied separately as step changes to the forward non-linear ECCOv4 r2 model at the beginning of the model run (the start of 1992). Additionally to the changes in τ_N , as in section 4.2 there were resultant changes in the heat flux Q_{net} . Whilst there are significant linear effects (figure 12, upper row), the non-linear effects are extremely large (lower row), on the order of 100 Wm^{-2} .

Figures 13a and b show the derived linear/non-linear responses of the fix-MWFR and var-MWFR heat contents respectively, derived as before. All basins show linear and



785 **Figure 12.** Comparison between applied wind stress and derived heat flux perturbations for
 786 E Africa experiment shows significant non-linear heat flux perturbations: Area of applied Ocean
 787 τ_N perturbation ($\pm 1 \text{ Nm}^{-2}$ within black dashed lines) and derived Ocean Q_{net} perturbations via
 788 bulk formulae, linear and non-linear components (color) going forward in time, left to right.

812 non-linear effects of similar magnitudes, apart from the fix-MWFR non-linear impact
 813 in the Indian sector (red line, bottom panel) being significantly larger than the linear
 814 response (blue line). It should be noted that the order of magnitude of the heat contents
 815 displayed here are two orders of magnitude less than climatology (see figure A.1).

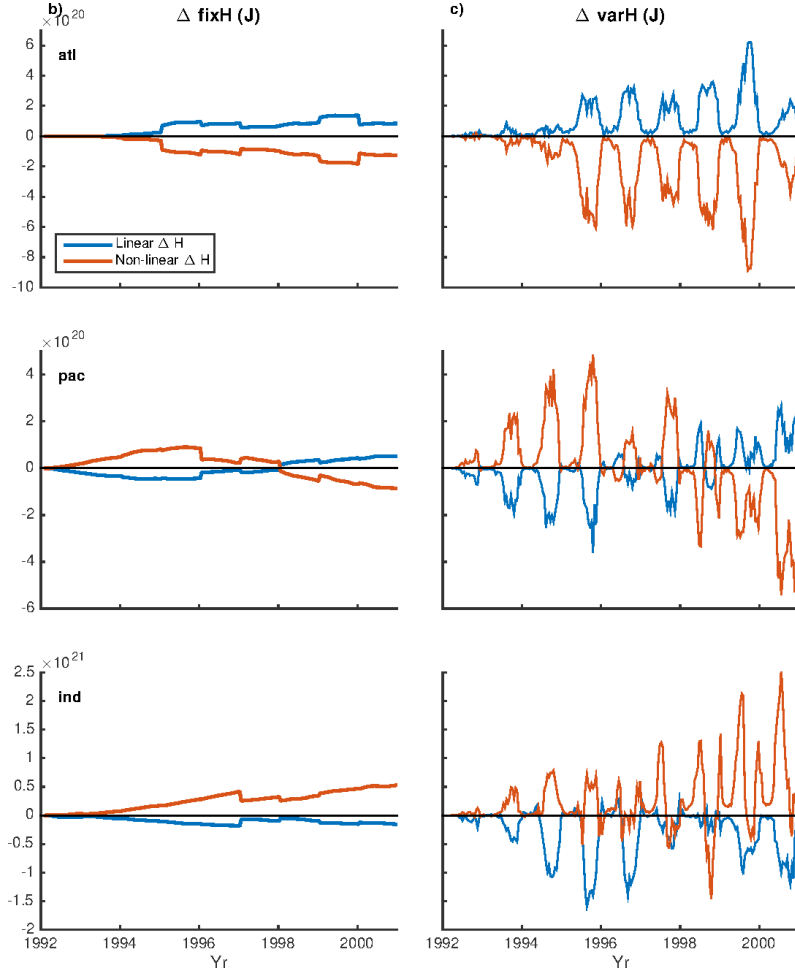
816 These results confirm that perturbing regions with low adjoint sensitivity produces
 817 weak linear responses (when compared with regions of significant sensitivity). Of course,
 818 this does produce a linear response in the objective function region, just one that is rel-
 819 atively small and of similar magnitude to the non-linear response. The responses, includ-
 820 ing the non-linear component, are at least an order of magnitude lower than those found
 821 in section 4.3, despite the larger perturbation magnitude (1 Nm^{-2} vs 0.1 Nm^{-2}).

822 5 Summary and Discussion

823 We have identified locations with properties of winter mode water formation pools
 824 within the mixed layer of an observationally constrained model of the Southern Ocean
 825 (Forget, Campin, et al., 2015). Using an adjoint model, we have determined the sensi-
 826 tivity of the fixed-volume heat contents of these mode water formation regions (MWFRs)
 827 to surface forcings, changes of potential temperature at constant density, and changes
 828 of potential temperature that lead to changes in density, in an ensemble of 11 eight year
 829 simulations. These determine the sensitivity of the winter heat content of the MWFRs
 830 in the years 1999 to 2011 to the properties mentioned in previous years. We have high-
 831 lighted the key aspects of the sensitivities here, with further results available in the sup-
 832 plementary information.

841 5.1 Summary of Results

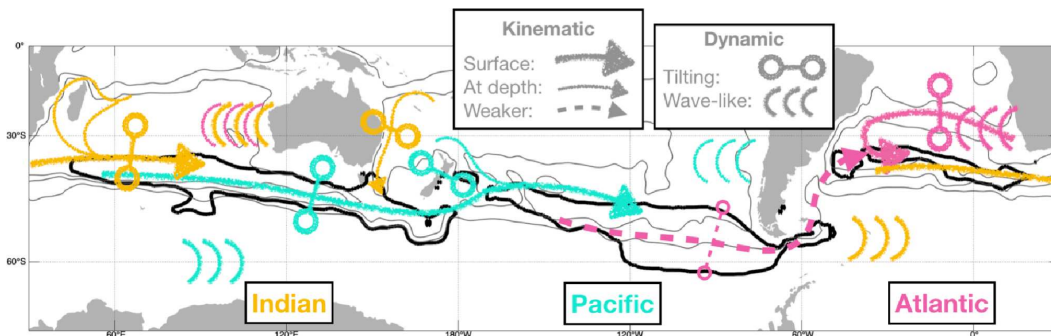
842 Analysis of the sensitivity fields revealed that, on the eight year time scale inves-
 843 tigated using the ECCO adjoint model, the heat content of the MWFRs is significantly
 844 affected by surface net heat fluxes and wind stress, but much less by fresh water fluxes



807 **Figure 13.** Results of E Africa τ_N perturbation experiment. Linear (blue lines) and non-
 808 linear (red lines) heat content changes, for either the fix-MWFR (a) or the var-MWFR (b). Note
 809 the different vertical scales when compared with figure 11

845 (discussed further on). The heat content of the MWFRs in all three basins was found
 846 to be most sensitive to local (within the MWFR), recent (within the last year) changes
 847 to surface heat fluxes. There were also significant sensitivities to non-local (outside the
 848 MWFR) wind stress changes in the past (with two to eight year lead times).

849 Heat flux sensitivities had a strong seasonal cycle, with the largest sensitivities occur-
 850 ring during previous winters, with strong correlations with the mixed layer depth sea-
 851 sonal cycle. This implies that surface heat fluxes are most effective at changing the heat
 852 content of MWFRs during winter, when the heat content throughout the deepened mixed
 853 layers can be influenced. The mixed layer has a ‘memory’ that allows for changes in one
 854 year to affect heat content the next year, indicated by the significant sensitivities in pre-
 855 vious winters, although there is a clear decay with time that indicates the influence drops
 856 year by year, and is largely limited to changes within the last four to six years. This find-
 857 ing extends the role of SAMW formation preconditioning discussed in Sloyan et al. (2010)
 858 beyond a single season to over several years. It also aligns well with recent results look-
 859 ing at SAMW variability in the Pacific (Cerovečki et al., 2019; Meijers, Cerovečki, King,
 860 & Tamsitt, 2019) who find that while inter-annual variability in SAMW properties is largely
 861 the result of local forcing, preconditioning from upstream waters also influences prop-



833 **Figure 14.** Schematic illustrating the main kinematic and dynamic sensitivities up to approx-
 834 imately 5 years lag for all three basins: Indian (yellow), Pacific (cyan), and Atlantic (pink). As
 835 before, thick black contours show the median location of the MWFRLs and grey contours the -17,
 836 0, and 30 Sv mean barotropic streamlines. Arrows indicate paths of kinematic sensitivities, with
 837 thinner lines indicating paths only found at depth and dashed lines showing relatively weaker
 838 paths. The circles connected by lines indicate where dynamic sensitivities resemble dipoles, where
 839 a change in isopycnal gradient will affect the MWFRLs (the exact location of the symbols is not
 840 meaningful). Groups of curves indicate where wave-like patterns are found.

862 erties on lags of 1-2 years (not unlike in Song, Marshall, Follows, Dutkiewicz, & Forget,
 863 2016).

864 Wind stress sensitivities revealed dipole patterns, and showed a less pronounced
 865 decay in magnitude with time and a less pronounced seasonal dependence, as compared
 866 with the heat flux sensitivities. Zonal wind stress sensitivities extend significantly far-
 867 ther south than for other properties, indicating a possible link with ACC dynamics. This
 868 is consistent with the findings of Rintoul and England (2002), who find that Ekman trans-
 869 port across the South Antarctic Front (SAF) south of Australia (at roughly 50S) can drive
 870 the variability in T and S properties of SAMW in this region, rather than the variation
 871 of surface fluxes.

872 The lack of stronger sensitivities to wind stress or heat fluxes south of the ACC
 873 could be interpreted in a number of ways. The first is that the ECCOv4 model fails to
 874 accurately represent the processes responsible for these links in observations, with, for
 875 example, too weak off-shelf transport rates (Jones et al., 2019). The second is that the
 876 regions of high variability in observations are not co-located with regions of high sensi-
 877 tivity, although this does not appear to be the case for the variability in the ECCOv4
 878 solution, see fig 7. Investigating how observed variance might look when convolved with
 879 our sensitivities is part of our planned future work, see section 5.2. A third possibility
 880 is that the processes that bring strong influences from south of the ACC into the mode
 881 water regions are largely non-linear, and thus the linear sensitivities do not reveal them,
 882 although they may be present in forward fully non-linear simulations.

883 Finally, it may be that the influence of the waters from south of the ACC on the
 884 MWFRLs is largely on the volume of the mode water pool, which is not something our
 885 sensitivities are designed to show. This would be consistent with the results of, e.g., Gao,
 886 Rintoul, and Yu (2018) who find wind stress curl changes lead to deepening or shoaling
 887 of the base of the winter mixed layer, and subsequently influence the volume of SAMW
 888 formed. Additionally, Meijers et al. (2019) find that the Pacific SAMW volume is strongly
 889 controlled by local wind stress and heat fluxes poleward of 55°S, whereas the mean tem-
 890 perature is not strongly linked to local surface forcings, implying it is set by advection
 891 from upstream, consistent with our results.

892 The analysis of sensitivities to surface forcings was supplemented by analysis of the
 893 sensitivity of the heat content of MWFRs to potential temperature changes, split into
 894 kinematic (at constant density) and dynamic (involving changes in density) components.
 895 A summary of the results is provided in figure 14. Kinematic sensitivities were, for the
 896 most part, single-signed and resemble passive tracer sensitivities and thus were largest
 897 in direct source regions for the MWFRs, with boundary currents mostly dominating over
 898 ACC sources. Dynamic sensitivities showed both signs and indicated the effects of rais-
 899 ing/lowering density surfaces. The largest sensitivities in both cases were over source re-
 900 gions as well as in boundary current regions, across the Southern ACC, and in the sub-
 901 tropical gyres.

902 Given that the adjoint model is strictly linear, we chose a small set of perturba-
 903 tion experiments to test the validity of these results in the full forward non-linear model.
 904 We chose regions highlighted by previous studies to be of relevance for mode water prop-
 905 erties that were also highlighted by the sensitivity fields.

906 These results confirmed that the adjoint sensitivities can successfully predict the
 907 linear impact of changes in surface forcings. In some regions, the sensitivities predicted
 908 the overall impact, even for relatively large perturbations, because the non-linear impacts
 909 were relatively small. The adjoint sensitivities were accurate at locating regions of high
 910 and low linear sensitivity. Additionally, low adjoint sensitivities resulted in low non-linear
 911 sensitivities.

912 As well as calculating the impact of the perturbations on the fixed-volume MWFRs
 913 (fix-MWFRs), we recalculated the volume of the MWFRs in the forward experiments.
 914 This allowed us to assess the role played by mixed layer depth variability on the MWFRs
 915 through time. These results showed, in some cases, that the varying-volume MWFRs (var-
 916 MWFRs) had opposite signed linear heat content changes to the fix-MWFRs. The some-
 917 times significant differences between the fix- and var-MWFRs highlight an important lim-
 918 itation when interpreting the MITgcm adjoint models: they calculate the sensitivities
 919 of a fixed volume, not a water mass or layer which may dynamically alter its thickness
 920 in response to forcing.

921 The zonal wind stress perturbation experiment highlighted the influence of the bulk
 922 formulae on the surface properties in the model. Whilst linear, opposite-signed pertur-
 923 bations in zonal wind stress were applied in the two experiments, these resulted in sig-
 924 nificant *non-linear* anomalies in the surface heat flux, due to the reactions of the bulk
 925 formulae. In particular, in perturbation experiments of both signs, there was a similar,
 926 large decrease in the ocean to atmosphere heat flux.

927 A known issue with ocean-only models is that they do not always represent feed-
 928 backs correctly (e.g. Hyder, 2020; Strobach et al., 2018). In ocean-only models forced
 929 by atmospheric variables, which derive fluxes via bulk formulae, this manifests itself as
 930 a tight correlation between SST variability and atmospheric flux variability. Atmospheric
 931 fluxes are fixed, and so SST perturbations are strongly damped, and therefore do not
 932 advect as far or as fast at the surface as density-equivalent salinity perturbations (which
 933 are not damped). This strong coupling between atmospheric fluxes and SST is realis-
 934 tic on short timescales but does not allow for slower changes in ocean state. With re-
 935 gards to the adjoint model, this could result in an over-sensitivity of the sea surface tem-
 936 perature field to local Q_{net} changes relative to changes in local temperature convergence
 937 on longer time scales, and should be taken into account when comparing results from
 938 any ocean-only based adjoint model with observations. The exact magnitude and time
 939 scales of this effect is beyond the scope of this work.

940 5.2 Discussion

941 It can also be informative to combine the adjoint sensitivities with other spatially
 942 varying fields. For example, convolving adjoint sensitivities to surface properties with
 943 two-dimensional, spatially varying, standard deviation fields can also highlight not only
 944 where sensitivities are largest, but where variability is amplified by increased sensitiv-
 945 ity. Conversely, a region with high sensitivity may be a region of low variability, and as
 946 such play a reduced role. This might highlight where observational campaigns should
 947 be focused in order to accurately characterize the variability in a given surface forcing.
 948 Similarly, predicted changes in surface forcing under climate change scenarios may be
 949 expected to have greater impact if they occur over areas of high sensitivity.

950 Instead of looking at observed variability in a property, one might instead look at
 951 the spread in values between different numerical models, such as the CMIP climate model
 952 ensembles. Combining these with our adjoint sensitivities would inform on where model
 953 disagreement in surface forcings are expected to impact on predictions of MWFR heat
 954 content. This could provide motivation for model improvement in certain regions, or show
 955 which processes should be prioritized for further examination.

956 Additionally, one can combine sensitivity fields with anomaly (from climatologi-
 957 cal mean) fields to reconstruct the objective function in order to attribute the influences
 958 of various properties (see, for example, Pillar et al., 2016). For example, if a particular
 959 year had an unusually large MWFR heat content compared with the climatological mean,
 960 one could attribute the linear contributions to this difference using the time varying ad-
 961 joint sensitivities of surface properties convolved with the time varying anomalies of these
 962 properties.

963 The results as presented here indicate the usefulness of adjoint models in predict-
 964 ing the linear sensitivity of regions of interest to surface fluxes and to interior proper-
 965 ties. Of particular interest to the Southern Ocean research community are the findings
 966 that mode water formation regions appear to be as sensitive to non-local, dynamically
 967 linked, wind stress changes on multi-year timescales as to local, kinematically linked, heat
 968 flux changes on short time scales. With regards to modeling, it is noteworthy that the
 969 adjoint sensitivities can accurately predict the linear behavior of perturbations to the
 970 heat content of fixed-volumes in the forward, non-linear model. However, there are timescales
 971 and regions where non-linear effects can be relatively as important, and care must be taken
 972 when interpreting results when the fixed-volume approach might not be sufficiently ac-
 973 curate.

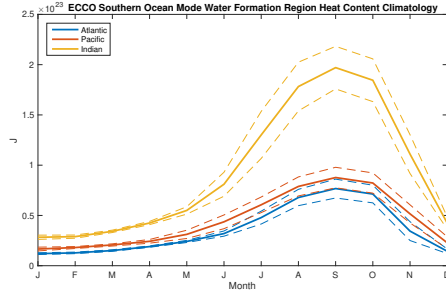
974 A Appendix

975 A.1 ECCO Mode Water Formation Region Climatology

976 Figure A.1 shows the climatology of the Mode Water Formation Region heat con-
 977 tent from all 20 years of ECCOv4r2 (1992-2011), as defined in section 2. The Indian MWFR
 978 is the largest, peaking at $2.0 \pm 0.2 \times 10^{23}$ J in September, with the Pacific and Atlantic peak-
 979 ing at $0.9 \pm 0.1 \times 10^{23}$ J and $0.8 \pm 0.1 \times 10^{23}$ J respectively.

983 A.2 Mask Comparison

984 Figure A.2 shows the domain-integrated absolute sensitivities to surface proper-
 985 ties for 1999, comparing the total sensitivity of the 1999 MWFRs as described in sec-
 986 tion 2 (red lines) with the sensitivity of the 1999 Jul-Nov maximum mixed layer depth
 987 for the whole of the Southern Ocean (south of 30°S). Thus the difference between the
 988 two objective functions is the horizontal extent – the MWFRs are restricted to the ar-
 989 eas determined by low PV values and deep mixed layers, whereas the whole Southern
 990 Ocean mixed layer stretches across the domain in the horizontal.



980 **Figure A.1.** Climatology (1992-2011) of ECCOv4 r2 Southern Ocean mode water formation
 981 region heat content, as defined by our masks in the horizontal, and integrated to the depth of the
 982 instantaneous mixed layer, see text for details. Dashed lines show one standard deviation.

991 The differences are most striking for the sensitivities to E-P-R, with the mixed layer
 992 sensitivities not showing the growth with increased lag that the MWFRs do, however
 993 both sensitivities remain extremely small relative to the others calculated. In general,
 994 for the heat flux and wind stress sensitivities, the mixed layer sensitivities peak at a sim-
 995 ilar or higher value at zero lag, and then decay faster with lag than the MWFR sensi-
 996 tivities. This is not surprising as the Southern Ocean mixed layer in general has a large
 997 surface area and is only on the order of $\sim 100\text{m}$ depth outside the MWFRs (see, for ex-
 998 ample, figure 2), and so it is expected that it will be most sensitive to recent forcings and
 999 quickly lose memory of the past. The absolute wind stress sensitivities in particular show
 1000 far longer reaching behavior for the MWFRs, likely due to the presence of dipoles along
 1001 the boundaries of the MWFRs.

1002 This demonstrates that the choice to restrict our objective functions to just the MWFRs
 1003 themselves produces sensitivities with a richer range of behavior and avoids over-focus
 1004 on recent surface interactions.

1013 A.3 Linear and Non-linear Component Derivation

1014 Given a function $f(x)$ that is infinitely differentiable at a point a , the Taylor se-
 1015 ries is defined as:

$$f(x) = f(a) + (x - a)\frac{f'(a)}{1!} + (x - a)^2\frac{f''(a)}{2!} + (x - a)^3\frac{f'''(a)}{3!} + \dots, \quad (\text{A.1})$$

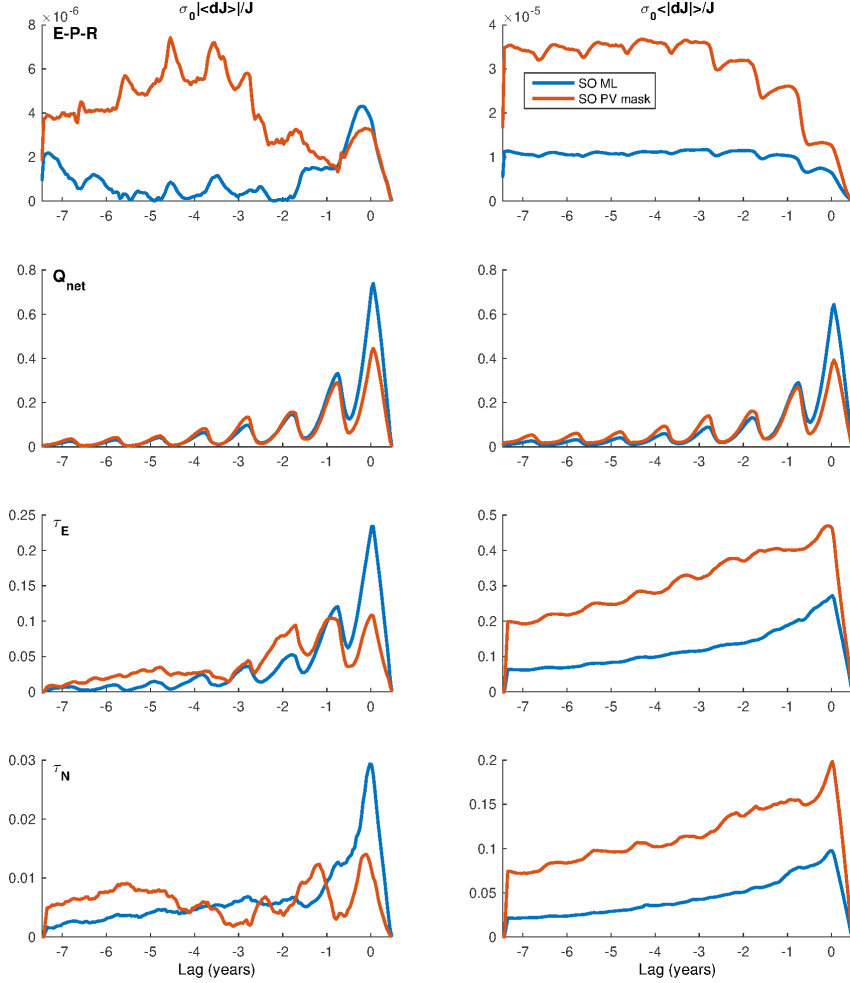
If we assume that the a given objective function value J is a function of the model surface forcings, defined by a state vector χ , i.e. $J \equiv J(\chi)$, and we consider perturbations to this state vector as $\Delta\chi$, then we can approximate the perturbed objective function as an expansion about the point χ using (A.1), i.e.

$$J(\chi + \Delta\chi) \approx J(\chi) + \Delta\chi J'(\chi) + (\Delta\chi)^2 \frac{J''(\chi)}{2} + \dots, \quad (\text{A.2})$$

1016 where we can identify $J'(\chi)$ with the linear component (which is estimated by the ad-
 1017 joint sensitivities $\partial J/\partial\chi$) and $J''(\chi)$ with the non-linear component of $J(\chi)$. Using (A.1)
 1018 to similarly define $J(\chi - \Delta\chi)$, we can combine this with (A.2) to find:

$$\frac{J(\chi + \Delta\chi)}{2} - \frac{J(\chi - \Delta\chi)}{2} \approx \Delta\chi J'(\chi), \quad (\text{A.3})$$

$$\frac{J(\chi + \Delta\chi)}{2} + \frac{J(\chi - \Delta\chi)}{2} - J(\chi) \approx (\Delta\chi)^2 \frac{J''(\chi)}{2}, \quad (\text{A.4})$$



1005 **Figure A.2.** Mean and absolute sensitivities (left and right hand plots respectively) to sur-
 1006 face properties as labelled, fresh water flux, heat flux, zonal, and meridional wind stress, top to
 1007 bottom. Blue lines show an objective function of the whole Southern Ocean mixed layer depth
 1008 Jul-Nov 1999 maximum. Red lines show an objective function of the whole Southern Ocean 1999
 1009 MWFRs – with the horizontal extent determined by the masks described in section 2 and the
 1010 vertical extent the Jul-Nov maximum mixed layer depth. Sensitivities have been scaled by the
 1011 representative standard deviations and the value of the objective function J , and then normal-
 1012 ized.

1019 assuming that $J'''(\chi)$ and higher order terms $\ll J(\chi), J'(\chi)$. Thus, by carrying out
 1020 the perturbation experiments with state vectors $\chi \pm \Delta\chi$, we can estimate the linear and
 1021 non-linear behavior of the objective function and test this assumption. We can similarly
 1022 identify any model variable as a function of the model surface forcings, and use the same
 1023 method to combine results from the control and perturbation experiments to approx-
 1024 imate the linear and non-linear behavior of those model variables.

1025 **Acknowledgments**

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 1030 tion of Climate by Heat and Carbon Sequestration and Transports (ORCHESTRA, grant
 1031 NE/N018095/1, authors EB, AM). The ECCOv4-r2 model setup used in this work is avail-
 1032 able for download on Github (<https://github.com/gaelforget/ECCOv4>) as an instance
 1033 of the MIT general circulation model (MITgcm, <http://mitgcm.org/>). Numerical model
 1034 runs were carried out on ARCHER, the UK national HPC facility ([http://archer.ac](http://archer.ac.uk/)
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