

# What sets the heat content of Southern Ocean mode water formation regions?

Emma J. D. Boland<sup>1</sup>, Daniel C. Jones<sup>1</sup>, Andrew J. S. Meijers<sup>1</sup>, and Simon A.  
Josey<sup>2</sup>.

<sup>1</sup>British Antarctic Survey, High Cross, Madingley Road, Cambridge, United Kingdom  
<sup>2</sup>National Oceanography Centre, European Way, Southampton, United Kingdom

## Key Points:

- The heat content of SO MWFRs is most sensitive to local, recent heat flux changes and nonlocal wind stress changes on multi-year timescales.
- High sensitivity regions reveal source waters for the MWFRs and other sensitivities reveal dynamic links with boundary currents and the ACC.
- Perturbation experiments confirm an adjoint can predict the behavior of these regions as linear behaviour dominates on seasonal timescales.

---

Corresponding author: Emma J. D. Boland, [emmomp@bas.ac.uk](mailto:emmomp@bas.ac.uk)

**Abstract**

The Southern Ocean (SO) is a crucial region for the global ocean uptake of heat and carbon. There are large uncertainties in the observations of fluxes of heat and carbon between the atmosphere and the ocean mixed layer, which leads to large uncertainties in the amount entering into the global overturning circulation. In order to better understand where and when fluxes of heat and momentum have the largest impact on near-surface heat content, we use an adjoint model to calculate the linear sensitivities of heat content in SO mode water formation regions to surface fluxes. We find that the heat content of these regions is most sensitive to recent, local heat fluxes, and to non-local wind stress fluxes on the order of one to eight years previously. This is supported by the calculation of sensitivities to kinematic potential temperature changes, which reveal the sources of the mode water formation regions, and by sensitivities to dynamic potential temperature changes, which reveal dynamic links with boundary currents, the ACC, Kelvin and Rossby waves. A series of forward perturbation experiments in the fully non-linear model confirm that the adjoint model can accurately predict linear changes in heat content of fixed volume mode water formation regions. These experiments also highlight that non-linear effects can also be of importance, depending on the time and region investigated, and that the contribution of volume changes to heat content changes can be as large or larger than temperature changes.

The Southern Ocean is of crucial importance to the global ocean's uptake of carbon and heat. However, due to difficulties in making observations in such a remote and hostile environment, we currently don't know accurately how much heat and carbon enters the Southern Ocean from the atmosphere. Heat from the Southern Ocean gets locked away for hundreds to thousands of years in the globe's deep oceans, entering through a few key regions. We use a computer model to assess how the heat, fresh water, and wind energy entering through the surface of the Southern Ocean affects the heat of these key regions. We find that these regions are very sensitive to heat coming in through the surface directly over them, and that winds across a wider area of the Southern Ocean can affect the heat in them for several years. If we want to estimate the heat in these regions accurately, this information can be used to help us decide where and when it is important to measure heat and winds better.

**1 Background**

The Southern Ocean (SO) is home to the world's longest and strongest ocean current, the Antarctic Circumpolar Current (ACC), which encircles the globe free of continental barriers. Driven by strong wind and buoyancy forcing, the ACC transports climatically important tracers such as heat, salt, and CO<sub>2</sub> between the three major ocean basins. These forcings also create sloping density surfaces (isopycnals) which tilt upwards from north to south, bringing deep waters from around the globe to the surface. At the surface, air-sea interactions modify the properties of water masses. These modified waters then return to depth and into the other ocean basins as very dense bottom waters near the Antarctic continental shelf, or as lighter mode and intermediate waters north of the ACC (Lumpkin & Speer, 2007). This process of deep waters surfacing, being modified, and returning to depth is known as overturning (Marshall & Speer, 2012).

The Southern Ocean is of critical importance to the global oceanic uptake of heat and carbon, due in part to its powerful overturning circulation. Disproportionate to its relative size, it is responsible for more than 75% of the global ocean heat uptake and approximately 50% of the carbon uptake (Frölicher et al., 2015; Mikaloff Fletcher et al., 2006). Understanding these processes is crucial for increasing our understanding of the climate system as a whole – since the industrial revolution, global warming has been increasing the amount of heat and carbon in the Earth System, with roughly 30% of an-

64 thropogenic CO<sub>2</sub> emissions ending up in the ocean (Khatiwala et al., 2013), and over 93%  
 65 of this excess heat being stored in the ocean (Levitus et al., 2012), with the SO dom-  
 66 inating observations of global ocean warming (Roemmich et al., 2015).

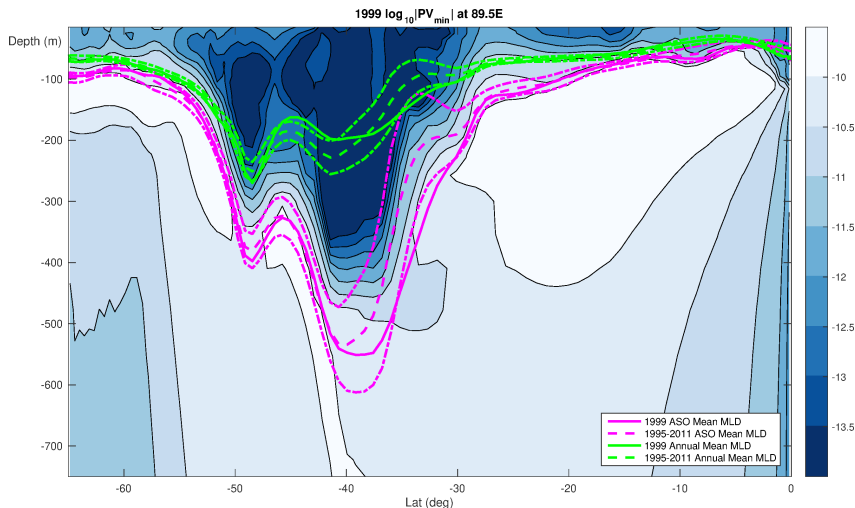
67 Understanding what determines the time scales of Southern Ocean overturning and  
 68 the properties of the waters transported is of crucial importance to future climate pre-  
 69 dictions, including the continued efficiency of the carbon sink (Landschützer et al., 2015;  
 70 Le Quéré et al., 2018). The properties of the overturning circulation are affected by a  
 71 range of processes, including variations in surface forcings, variations in the interactions  
 72 of these forcings with ocean mixed layer properties, and variations in the draw-down of  
 73 mixed layer properties into the ocean interior as mode, intermediate, and deep waters.  
 74 Quantifying variations in surface forcings requires accurate measurements of these forc-  
 75 ings. Unfortunately, such observations are scarce in the Southern Ocean, especially in  
 76 the winter when sea ice hinders access to the region (Newman et al., 2015). This leads  
 77 to poorly constrained reanalysis products and models, and thus a poor overall under-  
 78 standing of the overturning process. This work focuses on understanding how variations  
 79 in surface forcings impacts on mode water formation regions within the mixed layer. This  
 80 will provide insights into the influence of uncertainties in observations of surface forc-  
 81 ings on estimates of mode water properties, as well as for estimating the impact of fu-  
 82 ture changes in these forcings.

83 For this study, we use an adjoint model to try to understand the impact of surface  
 84 forcings on the heat content of mode water formation regions (MWFRs). Adjoint mod-  
 85 els calculate linear sensitivities to quantities of interest known as ‘objective functions’,  
 86 see section 2 for further details. Using the adjoint approach, one does not have to the-  
 87 orize what variable, when, or where, is the most relevant for setting your quantity of in-  
 88 terest, as the sensitivities are calculated at all points in the model domain at multiple  
 89 time lags. However, because the adjoint model is linear, it does not replace the need for  
 90 full, non-linear simulations, as there are important processes that will not be captured  
 91 in adjoint sensitivity fields. Adjoint models are thus best suited to looking at quantities  
 92 one can expect to be largely controlled by linear effects, i.e. relatively large volumes and  
 93 time periods. In this context, a linear effect might be the simple advection of a quan-  
 94 tity such as heat, and a non-linear effect might be diffusion or parametrised mixing. For  
 95 a more thorough discussion of adjoint models, including the setup used in this study, re-  
 96 fer to section 2 in Jones et al. (2018) and references therein.

## 97 2 Experiment Design

98 For this study we use the ECCOv4 (release 2) ocean state estimate framework (For-  
 99 get et al., 2015). This is a global  $\sim 1^\circ$  ocean and sea ice setup of the MITgcm model (Ad-  
 100 croft, Campin, Hill, & Marshall, 2004) that spans 20 years from 1992 to 2011, with sur-  
 101 face forcings and initial conditions that have been optimized to reduce misfits to obser-  
 102 vations. Details of the 4D-Var optimization process and the residual model-data misfit  
 103 can be found in Forget et al. (2015). We choose to use this set-up as it not only provides  
 104 a recent, well-constrained estimate of the Southern Ocean, but also because it can be eas-  
 105 ily modified to carry out adjoint sensitivity experiments, in which we examine the lin-  
 106 ear sensitivity of a quantity of interest to a set of model state variables and surface forc-  
 107 ings.

108 An adjoint model, in this context, is one that starts from a quantity of interest (hence-  
 109 forth referred to as an ‘objective function’), such as the integrated temperature or salin-  
 110 ity over a certain region, and linearly interpolates backwards in time between saved check-  
 111 points of the forward non-linear model. This is in order to determine the linear sensi-  
 112 tivity of the objective function to a range of specified model variables, such as surface  
 113 fluxes or interior properties (e.g. potential temperature, mixing parameters). The ob-  
 114 jective function is normally the quantity of interest in a defined volume integrated over

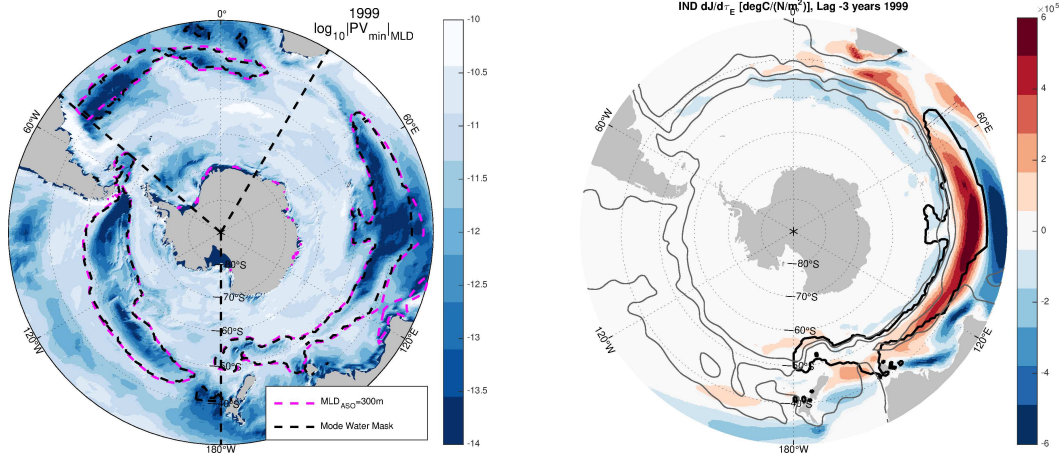


123 **Figure 1.** An example mode water formation region, characterized by low PV values, con-  
 124 tained within the winter mixed layer: Latitude-depth plot of the absolute value of the 1999  
 125 minimum PV along 90°E in ECCOv4 r2, on a log scale (color). Also shown are the August-  
 126 October (ASO) mean mixed-layer depth for 1999 (pink line) and 1995-2011 mean and standard  
 127 deviations (pink dashed and dash-dotted lines) and the annual mean MLD for 1999 (green line)  
 128 and 1995-2011 mean and standard deviations (green dashed and dash-dotted lines).

115 a specific time period in the full non-linear model. In a more traditional model study,  
 116 one might start by choosing a model variable or variables theorized to impact one's quan-  
 117 tity of interest, and then carry out a suite of perturbation experiments changing these  
 118 variables by a range of magnitudes, locations, and/or times. By comparison with a con-  
 119 trol run, one then infers the sensitivity of the quantity of interest to the perturbation  
 120 points in the model, simulation by simulation. In contrast, an adjoint model can pro-  
 121 duce in one single model run the linear sensitivity of one's quantity of interest to a range  
 122 of model variables, at all points in the model domain, at multiple time lags.

129 For this study, our quantity of interest is the heat content of SO mode water for-  
 130 mation regions. By definition, such water is characterized by low stratification (i.e. low  
 131 PV values) (see e.g. Hanawa & Talley, 2001). Figure 1 shows a latitude-depth plot along  
 132 90°E (in the Indian sector of the Southern Ocean) of the minimum PV values for a rep-  
 133 resentative year (1999) from the ECCOv4 r2 state estimate (notice the logarithmic color  
 134 scale). There is a sharp lateral gradient in the minimum PV values just inside the win-  
 135 ter mixed layer extent, and as such that the winter mixed layer extent captures the mode  
 136 water formation pools we are interested in.

147 Three distinct mode water formation pools can be identified in the three main basins  
 148 - Atlantic, Pacific, and Indian (figure 2a). The winter mixed layer encloses the mode wa-  
 149 ter formation pools (see also figure 1). We use a combination of annual minimum PV  
 150 values and winter (ASO) mixed layer depths to form the horizontal mask for the 'objec-  
 151 tive function' volume for the suite of adjoint experiments we carry out, whilst ensuring  
 152 that nothing too close to land or too far north is included. Specifically, we define the ob-  
 153 jective function as anywhere between 30 and 65°S with a PV value of less than  $10^{-13}$   
 154 and an ASO mean MLD (for that given year) of greater than 300m depth, then man-  
 155 ually remove regions in the North Pacific and the North Indian Oceans, and close to land  
 156 around Australia, New Zealand and South America, as we wish to concentrate on the  
 157 main mode water pools. This mask as calculated for 1999 is shown by the black dotted



137 **Figure 2.** a) The winter mixed layer encloses mode water formation pools laterally: Blue  
 138 colors are the absolute value (on a  $\log_{10}$  scale) of the 1999 minimum PV at the annual mean  
 139 mixed-layer depth (the green dash-dotted line in figure 1). Also shown are the 300m August-  
 140 October mean mixed-layer depth contour (pink dotted line) and the extent of the mode water  
 141 mask (black dotted line), as described further in the text. The domain is also divided into three  
 142 basins by the three latitudinal black lines shown, into the Atlantic, Indian, and Pacific basins  
 143 referenced throughout. b) An example sensitivity field: Colors indicate the adjoint sensitivity  
 144 of the 1999 Indian MWFR heat content to zonal wind stress at approx. 3 years lag. The grey  
 145 contours indicate the -17, 0, and 30 Sv mean barotropic streamlines, for the entirety of ECCOv4  
 146 r2, chosen to highlight the boundary between of the ACC and the sub-tropical gyre structure.

158 line in figure 2a. The objective function regions are referred to throughout as MWFRs  
 159 (mode water formation regions).

160 The climatology of the heat content of the volume of mode water (defined horizon-  
 161 tally via the mask and integrated to the depth of the instantaneous mixed layer) for each  
 162 of the three basins can be seen in figure S1 in the supplementary information. The In-  
 163 dian pool has the largest heat content, followed by the Pacific and Atlantic pools. All  
 164 three peak in September with a minimum in January or February.

165 We split the Southern Ocean into three basins using the three latitudinal black dashed  
 166 lines shown in figure 2a, and calculate a separate objective function for each basin. The  
 167 Indian and Pacific basins are divided at  $180^\circ\text{W}$ , the Pacific and Atlantic at  $49.5^\circ\text{W}$  and  
 168 the Atlantic and Indian at  $30.5^\circ\text{E}$ . Because the adjoint model calculates linear sensitiv-  
 169 ities, the total Southern Ocean sensitivity to a given model variable will be the sum of  
 170 the sensitivities for each basin, i.e.

$$171 \quad J_{\text{SO}}^Y = J_{\text{Atl}}^Y + J_{\text{Pac}}^Y + J_{\text{Ind}}^Y, \quad (1)$$

172 where  $J_b^Y$  is the objective function in the given basin  $b$  in year  $Y$ , and thus

$$173 \quad \frac{\partial J_{\text{SO}}^Y}{\partial X}(r, t) = \frac{\partial J_{\text{Atl}}^Y}{\partial X} + \frac{\partial J_{\text{Pac}}^Y}{\partial X} + \frac{\partial J_{\text{Ind}}^Y}{\partial X}, \quad (2)$$

174 where  $\partial J_b^Y / \partial X(r, t)$  is the linear adjoint sensitivity of the objective function  $J_b^Y$  to model  
 175 variable  $X$  at point  $r = (x, y, z)$  and time  $t$ .

176 We re-calculate the objective function based on the same MLD and minimum PV  
 177 criteria for each of the 20 years in ECCOv4 r2. We choose the annual maximum win-  
 178 ter mixed layer depth as the vertical extent of our objective function [denoted  $\max(\text{MLD}_{\text{ASO}})$ ].

179 To capture the peak of the mode water formation, we choose our objective function to  
 180 extend to the two months on either side of the peak heat contents of the three basin vol-  
 181 umes, i.e. from July to November (see figure S1). Thus, our full objective function for  
 182 a given year and basin is defined as the following volume averaged heat content:

$$183 \quad J_b^Y = \frac{1}{V_b^Y \Delta t} \int_{\text{Jul}}^{\text{Nov}} \iint^{f_b(x,y)} \int_{z=0}^{\text{max}(\text{MLD}_{\text{ASO}})} \rho_0 c_p \theta(\mathbf{r}, t) dt dx dy dz, \quad (3)$$

184 where  $V_b^Y = \iint^{f_b(x,y)} \int_0^{\text{max}(\text{MLD}_{\text{ASO}})} dx dy dz$  is the control volume in year  $Y$  and basin  
 185  $b$ ,  $\Delta t$  is the averaging time interval,  $f_b(x, y)$  is the horizontal mask in basin  $b$ ;  $\rho_0$ , a ref-  
 186 erence density;  $c_p$ , the heat capacity of sea water; and  $\theta$ , the potential temperature. The  
 187 effect of choosing our objective function as defined above, with the lateral extent lim-  
 188 ited using our mask, rather than just looking at the entire Southern Ocean mixed layer,  
 189 is briefly investigated in section A.1.

190 In order to better understand inter-annual variability and have better statistical  
 191 behaviour, we carry out an ensemble of adjoint runs, each with objective functions de-  
 192 fined in different years. After a number of test runs, we determined that the majority  
 193 of sensitivity magnitudes had decayed significantly by around 8 years prior to the start  
 194 of the objective function. Thus we settled on an ensemble of 13 eight-year adjoint runs,  
 195 with objective functions defined in each winter from 1999 to 2011.

196 An example sensitivity field, the sensitivity of the 1999 Indian MWFR heat con-  
 197 tent to zonal wind stress at approximately 3 years lag, can be seen in figure 2b. Thus,  
 198 red (blue) colors indicate where an increase (decrease) in zonal wind stress in 1996 would  
 199 result in a linear increase in the Indian MWFR heat content in 1999. The sensitivity has  
 200 been scaled by  $1/\rho_0 c_p$ , and thus units indicate the number of degrees C the similarly scaled  
 201 MWFR heat content would rise if the zonal wind stress changed by  $1 \text{ N/m}^2$ .

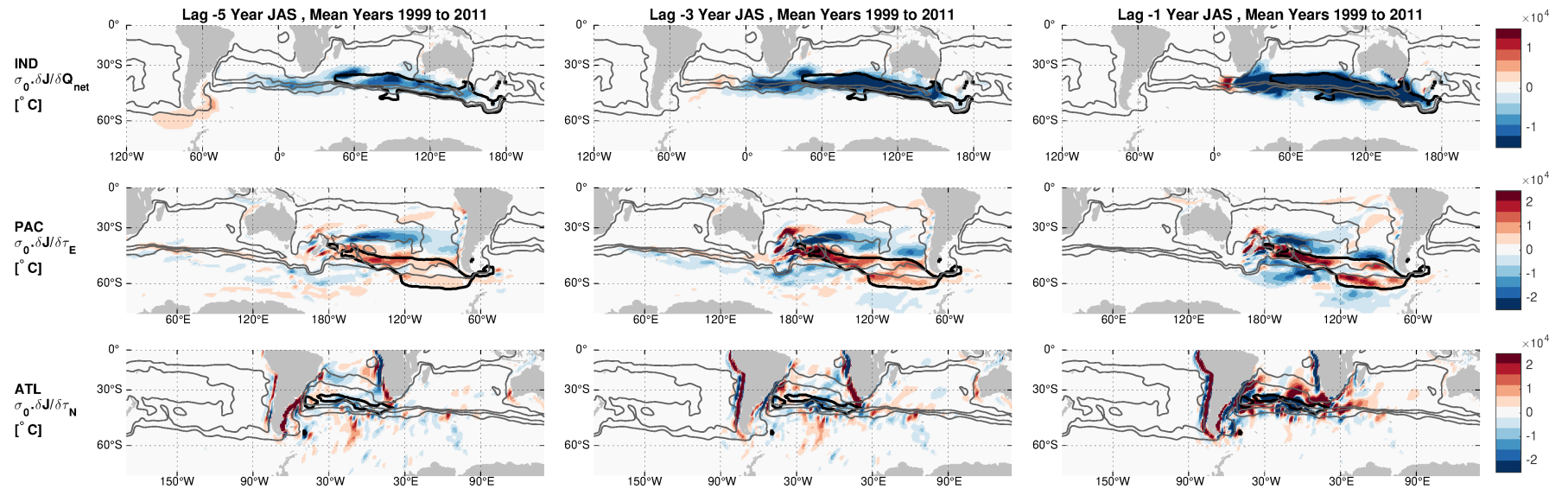
## 202 3 Adjoint Results

### 203 3.1 Sensitivities to Surface Properties

204 A range of example ensemble mean sensitivities of the MWFRs to various surface  
 205 properties can be seen in figure 3, chosen to highlight the range of and main properties  
 206 of our results. For each ensemble member, sensitivities are output at two week intervals  
 207 as averages over those two weeks. The sensitivities shown in figure 3 are ensemble av-  
 208 erages of winter (July to September) averages, which are then multiplied by a represen-  
 209 tative scalar standard deviation for the surface property  $\sigma_0$  (these values can be found  
 210 in table 1) and scaled by  $1/\rho_0 c_p$ . This makes the units of sensitivity the amount by which  
 211 a unit perturbation of the given surface property at the relevant point in space and time  
 212 would raise the objective function  $J_b^Y$  in  $^\circ\text{C}$ . We choose to show winter as it highlights  
 213 the peak sensitivities (see figure 4 and discussion below). The associated standard de-  
 214 viations (calculated over the ensemble sensitivities) show that ensemble member vari-  
 215 ation is largely within the magnitude of the sensitivity and not the location of the sen-  
 216 sitivity. These standard deviations can be found in the supplementary information, al-  
 217 though note that the color scales are not the same as in figure 3.

218 It should be noted that the adjoint model calculates linearly independent sensitiv-  
 219 ities, such that the feedbacks between the surface forcings considered here (heat flux, wind  
 220 stress and fresh water flux) are not included. Thus the sensitivities of the wind stress  
 221 fields are entirely down to direct wind-driven mechanisms such as Ekman pumping and  
 222 not by its impact on, for example, net heat flux, and the sensitivities of the net heat flux  
 223 fields are not influenced by, for example, changes in evaporation rates. This allows for  
 224 a clean analysis of the sensitivities, whereas the full feedbacks *are* included in forward  
 225 runs of the non-linear model via bulk formulae, see section 4.





**Figure 3.** Example sensitivity fields showing the range and general properties of adjoint model simulations: Ensemble mean winter (Jul-Sep) sensitivities for surface properties at lags of 5, 3, and 1 years (left, middle, and right columns respectively). The upper row shows sensitivities of the Indian MWFR (median location indicated by black contour) to surface heat flux  $Q_{\text{net}}$ . The middle row shows sensitivities of the Pacific MWFR (median location indicated by black contour) to zonal wind stress  $\tau_E$ . The lower row shows sensitivities of the Atlantic MWFR (median location indicated by black contour) to meridional wind stress  $\tau_N$ . The grey contours indicate the -17, 0, and 30 Sv mean barotropic streamlines. The associated ensemble standard deviations can be found in the supplementary information.

226 **Table 1.** Representative Standard Deviations  $\sigma_0$  used throughout, calculated from the South-  
 227 ern Ocean mean (S of 30°S) of the ECCOV4 fields’ standard deviations.

Property Symbol	Property Name	Standard Deviation
E-P-R	Surface Salt Water Flux	$2.0 \times 10^{-8} \text{ m s}^{-2}$
$Q_{\text{net}}$	Surface Heat Flux	$60 \text{ W m}^{-2}$
$\tau_E$	Zonal Wind Stress	$0.08 \text{ N m}^{-2}$
$\tau_N$	Meridional Wind Stress	$0.06 \text{ N m}^{-2}$
$\theta$	Potential Temperature	$0.3 \text{ }^\circ\text{C}$

228  $Q_{\text{net}}$  is defined as positive for heat flux from the ocean to the atmosphere. Thus  
 229 *negative* sensitivities indicate that a *reduction* in  $Q_{\text{net}}$ , i.e. *less* heat from ocean to at-  
 230 mosphere, results in an increase in the objective function, i.e. MWFR heat content, and  
 231 *positive* sensitivities indicate instead that an *increase* in  $Q_{\text{net}}$  will result in an increase  
 232 in the objective function. The largely negative sign of the  $Q_{\text{net}}$  sensitivities (figure 3, up-  
 233 per row) is thus not unexpected, showing that a cooling of the ocean surface in these re-  
 234 gions results in a cooling of the MWFR. The location of the peak sensitivity is largely  
 235 on top of, or at previous lags, “upstream” of the location of the median objective func-  
 236 tion. Again, this is not unexpected and indicates that simply heating/cooling the source  
 237 waters for the MWFR results in heating/cooling of the MWFR itself. These features are  
 238 common across sensitivities to  $Q_{\text{net}}$  for all lags and in each of the three basins (the Pa-  
 239 cific and Atlantic are not shown here), and can be used to identify the source regions of  
 240 the MWFRs.

241 The wind stress sensitivities (figure 3, middle and lower rows) have a very differ-  
 242 ent structure to the  $Q_{\text{net}}$  sensitivities, notably there are significant sensitivities of both  
 243 signs. Dipole-type structures are common across all such wind stress sensitivities (not  
 244 just those shown here), with common features including dipoles centered on the bound-  
 245 aries of the objective functions and over source water regions upstream. These types of  
 246 features we associate with convergence/divergence and thus vertical Ekman pumping/suction  
 247 of water.

248 Additionally, the sensitivities to zonal wind stress stretch south across the ACC  
 249 for all basins, indicating possible links with ACC transport – an increase/decrease in zonal  
 250 wind stress would imply an increase/decrease in zonal Ekman transport across the ACC.  
 251 Other common features are what appear to be dynamical links with boundary currents  
 252 – dynamic because the sensitivities are not in source regions and because the sensitiv-  
 253 ities often propagate through space over time either along or away from boundaries in  
 254 patterns similar to topographic, Kelvin, and Rossby waves. This can be seen more eas-  
 255 ily in the animations provided in the supplementary information and is discussed fur-  
 256 ther in section 3.2.

257 The negative sensitivity of the Pacific MWFR to zonal wind stress on 1-3 year lags  
 258 in the region of 120W to 90W and South of 60S (the Amundsen Sea, see figure 3) is con-  
 259 sistent with the results of Close et al. (2013), who find a link between an increased Amund-  
 260 sen Sea Low (ASL, resulting in weaker zonal wind stress) and warmer SAMW. However,  
 261 this sensitivity is relatively weak compared with zonal and meridional wind stress sen-  
 262 sitivities over, to the north of, and upstream of the MWFR, whilst Close et al. (2013)  
 263 believe the ASL is significant in determining SAMW properties. This may be because  
 264 although the region shows low sensitivity relative to other regions, the actual wind-stress  
 265 changes in the region are significantly larger than those in other regions. The fact that  
 266 regions of high sensitivity may not be regions of high variability is discussed further in  
 267 section 5.3. The lack of a strong cross-ACC link in these sensitivities may also be be-



268 cause the ECCOv4 model has too weak northward transports close to the Antarctic con-  
 269 tinental shelf, see discussion in Jones et al. (2019a).

270 The wind stress sensitivities are consistent with the findings of Iudicone, Rodgers,  
 271 Schopp, and Madec (2007), who find that the export of mode water from the Pacific basin  
 272 is controlled by the basin-wide meridional pressure gradient – reflected in the basin-wide  
 273 dipoles in zonal wind stress sensitivities seen here – and by the generation of eastward  
 274 and westward propagation of Rossby, coastal Kelvin, and equatorial Kelvin waves, also  
 275 seen here. This suggests that the sensitivity of the export of mode water to the basin-  
 276 wide pressure gradient (as found by Iudicone et al., 2007) could be related to the sen-  
 277 sitivity of the heat content of the mode water in its formation region to the same basin-  
 278 wide properties (as demonstrated here). In other words, a change in the the zonal wind  
 279 stress could alter basin-wide pressure gradients, alter the heat content of the mode wa-  
 280 ter, and also lead to, directly or indirectly, changes in the export of that mode water.  
 281 However, the adjoint model cannot directly represent changes in mixing caused by changes  
 282 in stratification due to surface flux changes, so this cannot be fully tested in our model.

283 It should be noted that these are sensitivities of a fixed volume. The sensitivities  
 284 as calculated cannot indicate whether a warmer mixed layer might shallow and there-  
 285 fore decrease in volume, and thus decrease in overall heat content. This is discussed fur-  
 286 ther in section 4. This may also be why the sensitivities to salinity fluxes are negligible  
 287 when the influence of salinity fluxes on mode waters has been observed in, for example,  
 288 Cerovečki et al. (2019); Close et al. (2013). Salinity changes are likely to have a strong  
 289 influence on the density and therefore volume of mode waters, but not directly on the  
 290 temperature of our fixed volume MWFRs.

298 To compare sensitivities between basins and for different variables, we first calcu-  
 299 late scaled domain-integrated absolute sensitivities over time for each basin, i.e. the ab-  
 300 solute value of the sensitivity is taken before integration, meaning positive and negative  
 301 sensitivities *do not* cancel out. Thus, the integrated absolute sensitivity is the maximum  
 302 possible impact on the objective function if perturbations are applied with the same sign  
 303 and magnitude as the the sensitivities themselves. In each basin, sensitivity to  $Q_{\text{net}}$  is  
 304 highest at lag 0 and then decays with a strong seasonal cycle as the lag increases, peak-  
 305 ing each winter (figure 4). Here lag 0 is defined as the beginning of the objective func-  
 306 tion integral, i.e. at the start of July – see (3) – and so non-zero sensitivities are possi-  
 307 ble at positive lags. Sensitivity to wind stress decays more slowly and has a very slight  
 308 seasonal cycle, relative to the heat flux sensitivity which it also appears to be out of phase  
 309 with. The seasonality is determined by the competing seasonal influences of positively  
 310 and negatively signed regions, see figure 5. Sensitivity to  $Q_{\text{net}}$  initially dominates in the  
 311 Pacific basin, with wind stress sensitivity dominating after around 1 year lag. Wind stress  
 312 sensitivity dominates in the Atlantic basin, and largely dominates in the Indian basin  
 313 apart from during the objective function integration period (positive lags), where the  $Q_{\text{net}}$   
 314 ensemble mean sensitivity just dominates.

315 The differences in behaviour between the different basins are likely due to the dif-  
 316 ferent locations and sizes of the MWFRs in each basin. The Atlantic MWFR has a rela-  
 317 tively small area at the surface and is relatively far north, where it is strongly influenced  
 318 by the Atlantic sub-tropical gyre and thus wind stress influences are relatively stronger  
 319 than heat flux. The Pacific and Indian MWFRs both extend over large areas at the sur-  
 320 face, but the Indian MWFR has a much larger volume, extending over larger areas than  
 321 the Pacific MWFR at depth (see figure 6). Thus both the Pacific and Indian MWFRs  
 322 have strong sensitivity to surface heat fluxes at zero lag, but this is relatively lower than  
 323 the wind stress sensitivity at larger lags in the Indian ocean, perhaps because the larger  
 324 volume at depth allows for greater sensitivity to dynamic influences from upstream. Fur-  
 325 ther analysis of the dynamic and kinematic influences on each basin can be found in sec-  
 326 tion 3.2.

327 These results indicate that the surface heat flux has the largest impact during win-  
 328 ter on mode water formed during that same winter, and thereafter seasonally affects sub-  
 329 sequent winters, but to a lesser and lesser degree. The large magnitude of the seasonal  
 330 cycle means that heat fluxes in past winters have a much stronger influence on MWFRs  
 331 than intervening summers, even years apart. Wind stress, however, can produce a sim-  
 332 ilar or larger impact than heat flux for years to come, with relatively less seasonal vari-  
 333 ation, perhaps linked to the dynamical, longer-range nature of the connection with the  
 334 MWFRs. More explicitly, changes in the Ekman pumping over source regions, or changes  
 335 in ACC strength, or the generation of Rossby waves, could influence the MWFRs for many  
 336 years, regardless of the local mixed layer depth in the MWFR itself. This is similar to  
 337 the results of Jones et al. (2019b), who find the heat content of water that subducts from  
 338 the MWFR is strongly controlled by the sub-tropical gyre strength and structure. This  
 339 is in turn strongly related to wind-stress over the gyre for the previous 3-4 years.

348 As well as absolute sensitivities, we also calculate and compare integrated sensi-  
 349 tivities with signs intact, and so opposite-signed sensitivities will cancel each other out.  
 350 We also split the sensitivities by local sensitivities (within the objective function mask),  
 351 non-local sensitivities (out-with mask), which sum to the total integrated sensitivity. These  
 352 integrated sensitivities give an indication of the predicted impact on the objective func-  
 353 tion of a domain-wide positive increase in the surface forcing – this will cause an increase  
 354 in the objective function due to positive sensitivity regions, and a counteracting decrease  
 355 due to negative sensitivity regions. The sensitivities in the objective region (‘local’) are  
 356 often differently signed to those out-with (‘non-local’).

357 The sensitivities to surface fresh water fluxes were calculated, but were found to  
 358 be of such lower magnitude relative to the  $Q_{\text{net}}$  and wind stress sensitivities that we did  
 359 not include them in figures 3,4. For completeness, they are included in figure 5 (upper  
 360 row). In all three basins, local sensitivities dominate for the first year, peak in magni-  
 361 tude at some point between one and three years lag before decaying away, with a clear  
 362 seasonal cycle. Local sensitivities continue to dominate in the Atlantic and Indian basins  
 363 at longer lags, although there is large variability between ensemble members in the At-  
 364 lantic. In the Pacific basin, non-local sensitivities dominate at lags greater than one year,  
 365 and do not appear to be decaying significantly after eight years of lag, although again  
 366 there is relatively large variability. There is a clear seasonal cycle apparent in all sen-  
 367 sitivities. Thus, local sensitivities to fresh water forcing are important at timescales of  
 368 up to three years, and non-local sensitivities can remain relatively large, but with large  
 369 variability between basins and ensemble members.

370 The sensitivities to  $Q_{\text{net}}$  (figure 5, second row), being largely single-signed, show  
 371 very similar behaviour to that in figure 4, with a pronounced seasonal cycle and strong  
 372 decay over time. The local sensitivity dominates for the first year or two in all basins,  
 373 before the non-local begins dominate in the Atlantic and Pacific basins. However, the  
 374 local sensitivity continues to dominate at longer lags in the Indian basin, likely because  
 375 the Indian MWFR has the largest volume, see figure S1 in the supplementary informa-  
 376 tion.

377 For sensitivities to both zonal and meridional wind stress (figure 5, third and fourth  
 378 rows), the local sensitivity in each basin dominates for one year (Atlantic and Pacific basins),  
 379 or not at all in the Indian basin. The local and non-local sensitivities are largely of op-  
 380 posite sign, related to the dipole structures seen in figure 3. There is also a larger sea-  
 381 sonal cycle apparent, especially in the sensitivities to zonal wind stress  $\tau_E$ , with local and  
 382 non-local sensitivities being out of phase with each other. This suggests the seasonal in-  
 383 fluences on positive and negative sensitivities cancel each other out when the absolute  
 384 sensitivity is calculated, leading to the much smaller seasonal cycle when looking at the  
 385 absolute sensitivities in figure 4.

386 The time dependence of the sensitivity to heat fluxes suggests a process very much  
 387 dominated by mixed layer properties - the sensitivity is largest in the winter when mixed  
 388 layers are deepest, and information about past years is lost over time, with sensitivities  
 389 at two years lag around half of that at zero years. This is consistent with the fields in  
 390 figure 3 that show sensitivities confined to the objective function region (where the mixed  
 391 layers are deepest) and upstream. The slower decay and relatively weaker seasonal cycle  
 392 in the wind stress sensitivities also point to the influence of more dynamical processes,  
 393 which are not strongly linked to local mixed layer depths and have stronger influences  
 394 at larger lags.

395 The seasonal basin-wide mean mixed layer depths (means within each basin south  
 396 of 30°S) correlate tightly with the  $Q_{\text{net}}$  sensitivity seasonal cycles in all basins, in all years,  
 397 in all ensembles (max  $R^2$  within ensemble members = 0.98–0.99). They also correlate  
 398 well with the seasonal cycle of the mean wind stress sensitivities in the Indian basin (en-  
 399 semble max  $R^2$  = 0.87–0.97). Looking at ensemble member to ensemble member vari-  
 400 ability in peak sensitivities, the link with mixed layer properties is less clear. There is  
 401 a statistically significant, but weak ( $R^2 = 0.33$ ) correlation between the annual maxi-  
 402 mum of the whole Southern Ocean mean MLD (south of 30°S) and the ensemble mem-  
 403 ber peaks in total  $Q_{\text{net}}$  sensitivity (summed over the three basins), but not for individ-  
 404 ual basins. In the Indian basin, there are statistically significant correlations between  
 405 ensemble member peak absolute wind stress sensitivities and the annual maximum In-  
 406 dian ocean mean MLD ( $R^2 = 0.55/0.68$  for  $\tau_{N/E}$ ).

407 These correlations imply the seasonal variation in  $Q_{\text{net}}$  sensitivities are almost en-  
 408 tirely controlled by the mixed layer, but that year to year changes in peak sensitivities  
 409 are not so clearly related to mixed layer properties. We speculate that this could be be-  
 410 cause year to year changes integrate influences over many years, so that the relationship  
 411 with individual years is not as clear. Conversely, whilst the Atlantic and Pacific wind  
 412 stress sensitivities are not strongly correlated with mixed layer properties on seasonal  
 413 and inter-annual timescales, the Indian basin wind stress sensitivities show a link with  
 414 mixed layer properties on both timescales, although it is the mean sensitivity that shows  
 415 seasonal links, and the absolute sensitivity that shows inter-annual links. The mean wind  
 416 stress sensitivities show a more pronounced seasonal cycle than the absolute, ccf figures 4  
 417 and 5, showing that the overall sensitivity to a domain-wide single-sign increase in wind  
 418 stress is controlled by mixed layer properties on a seasonal time-scale. However, on an  
 419 inter-annual time-scale, it is the absolute sensitivity that is partially controlled by peak  
 420 mixed layer depths.

### 421 3.2 Sensitivities to Kinematic and Dynamic Potential Temperature

422 As in Marotzke et al. (1999) and Jones et al. (2018), we analyze the sensitivities  
 423 of the objective function to potential temperature by splitting it into sensitivities due  
 424 to changes in temperature along isopycnals (referred to as kinematic changes) and changes  
 425 in temperature that result in density changes (referred to as dynamic changes).<sup>1</sup> This

---

<sup>1</sup> The definition of kinematic and dynamic changes may remind the reader of ‘spice’ and ‘heave’. These are most often used to refer to the decomposition of temperature changes in time at a fixed depth into changes on neutral density surfaces (spice) and changes due to the motion of these surfaces (heave) (see, for example Bindoff & McDougall, 1994). Whilst this decomposition is conceptually similar, the definitions are different from our decomposition here. We are considering the changes in our objective function  $J$ , a non-trivial function of temperature, at constant salinity. Kinematic anomalies are possible changes in potential temperature at a fixed density at one point in time, which is not quite the same as ‘spice’ anomalies, normally defined as a change over time of potential temperature at a fixed density. Dynamic anomalies are related to changes in density at fixed salinity, which is similar to but not the same as ‘heave’, related to the change in the height of a density surface over time.

426 is achieved by considering our objective function as a function of both density and po-  
 427 tential temperature, i.e.  $J = J[\rho(\theta, S), \theta]$ , where  $\rho$  is density and  $S$  is salinity. Thus  
 428 the sensitivity to potential temperature can be written

$$429 \quad \left(\frac{\partial J}{\partial \theta}\right)_S = \left(\frac{\partial J}{\partial \rho}\right)_\theta \left(\frac{\partial \rho}{\partial \theta}\right)_S + \left(\frac{\partial J}{\partial \theta}\right)_\rho, \quad (4)$$

430 where the first term on the RHS is identified as the dynamic component of the sensitiv-  
 431 ity, and the second term the kinematic. We then use the definitions of the of the coef-  
 432 ficients of thermal expansion  $\alpha$  and of haline contraction  $\beta$ :

$$433 \quad \alpha \equiv -\frac{1}{\rho} \left(\frac{\partial \rho}{\partial \theta}\right)_S \quad \text{and} \quad \beta \equiv \frac{1}{\rho} \left(\frac{\partial \rho}{\partial S}\right)_\theta, \quad (5)$$

434 to write

$$435 \quad \left(\frac{\partial J}{\partial S}\right)_\theta = \left(\frac{\partial J}{\partial \rho}\right)_\theta \left(\frac{\partial \rho}{\partial S}\right)_\theta = \beta \rho \left(\frac{\partial J}{\partial \rho}\right)_\theta, \quad (6)$$

436 and so the dynamic sensitivity can be written:

$$437 \quad F_{\text{dyn}} = \left(\frac{\partial J}{\partial \rho}\right)_\theta \left(\frac{\partial \rho}{\partial \theta}\right)_S = -\frac{\alpha}{\beta} \left(\frac{\partial J}{\partial S}\right)_\theta. \quad (7)$$

438 Then, rearranging (4) we can write the kinematic sensitivity as:

$$439 \quad F_{\text{kin}} = \left(\frac{\partial J}{\partial \theta}\right)_S + \frac{\alpha}{\beta} \left(\frac{\partial J}{\partial S}\right)_\theta. \quad (8)$$

440 Thus we can calculate both dynamic and kinematic sensitivities from the sensitiv-  
 441 ities to potential temperature and salinity  $[(\partial J/\partial \theta)_S \text{ and } (\partial J/\partial S)_\theta]$  output directly from  
 442 the MITgcm adjoint model in combination with the factor  $\alpha/\beta$  calculated from the model  
 443 output potential temperature on the same two week average time-steps using the TEOS-  
 444 10 toolbox (McDougall & Barker, 2011). Note that, unlike the sensitivities to surface fields,  
 445 each dynamic/kinematic sensitivity snapshot is a three-dimensional field that also de-  
 446 pends on depth.

454 We calculate ensemble mean dynamic and kinematic sensitivities for the same ex-  
 455 periments as previously discussed, where the objective function is the heat content of  
 456 MWFRs. The sensitivities are scaled by  $1/\rho_0 c_p$  and so are unitless, i.e. the amount by  
 457 which the objective function would increase in  $^\circ C$  for a dynamic/kinematic rise in po-  
 458 tential temperature of  $1^\circ C$ .

459 The ensemble mean dynamic sensitivities at 4 years lag and 442m depth have sig-  
 460 nificant distinct single-signed regions of both signs, as well as dipoles (figure 6a, other  
 461 lags and shallower depths are similar, but at longer/shorter lags extend further/less far  
 462 [not shown]). Positive dynamic sensitivity indicates that decreasing the density (deep-  
 463 ening the density surfaces) at this point would result in an increase in the MWFR heat  
 464 content, and conversely negative dynamic sensitivity indicates increasing the density (rais-  
 465 ing the density surfaces) would result in an increase in the MWFR heat content. Within  
 466 the objective function volume (indicated by the black contours) the sensitivity is largely  
 467 positive, implying downwelling will produce an increase in the MWFR heat content. As  
 468 can be seen with comparison with figure 6b, much of the strong dynamic sensitivity is  
 469 placed along the same location as source waters, indicated by strong kinematic sensitiv-  
 470 ities, but they also stretch further south across the ACC. In the Indian sector, as in the  
 471 Pacific sector, there are dynamic sensitivities of both signs, both over source regions and  
 472 extended around these regions. These can be interpreted as highlighting that changes  
 473 in the strength and structure of the ACC and sub-tropical gyres can draw more or less  
 474 heat into the mixed layer.

475 The dynamic sensitivity of the Atlantic sector shows a strong dipole directly in the  
 476 region of the objective function - although 443m is below the median depth of the ob-  
 477 jective function, the structure of sensitivities is similar at shallower depths. This pat-  
 478 tern rotates in place over time in an anti-clockwise or cyclonic direction, consistent with  
 479 the westward motion of sensitivity peaks centered at  $\sim 30^\circ\text{S}$  and the eastward motion  
 480 of sensitivity peaks at  $\sim 40^\circ\text{S}$ . This is another indication that the ECCO Atlantic mode  
 481 water pool is strongly controlled by the dynamics of the Atlantic sub-tropical gyre.

482 In general, dynamic sensitivities for all three sectors are a mix of positive and neg-  
 483 ative regions, with strong links to topographic features. Viewed as animations, one can  
 484 see that there are many dynamical features that are generated at topographic bound-  
 485 aries and then propagate along or away from these boundaries in behaviour that resem-  
 486 bles that of Kelvin, Rossby, and topographic waves. Some animations can be viewed in  
 487 the supplementary information.

488 The mean kinematic sensitivities at 4 years lag and 442m depth, by contrast, are  
 489 largely single signed (figure 6b, sensitivities at shallower depths and at longer/shorter  
 490 lags are very similar but extend further/less far upstream [not shown]). The Indian and  
 491 Pacific pools, being close to the northern ACC boundary, are affected by kinematic tem-  
 492 perature changes upstream in the ACC, stretching around half its path at 4 years lag.  
 493 Conversely, the Atlantic pool is shallower and further north, more firmly in the sub-tropical  
 494 gyre, and as such is highly sensitive to local gyre kinematic temperature changes rather  
 495 than changes in the ACC. As kinematic temperature changes take place on isopycnals,  
 496 the sensitivities strongly resemble a passive tracer sensitivity and so reflect the influences  
 497 of direct heat fluxes or irreversible mixing. In fact, one can directly calculate passive tracer  
 498 sensitivities in the adjoint model, and they are highly correlated with the kinematic sen-  
 499 sitivities at the depths of the objective function (see figure in supplementary informa-  
 500 tion). As we consider longer timescales, kinematic sensitivities weaken and are found fur-  
 501 ther away along source paths.

510 Similarly to section 3.1, we can calculate the domain-integrated dynamic and kine-  
 511 matic sensitivities for each basin, and split the integrals into local (within objective func-  
 512 tion volume) and non-local (out-with objective function volume), which sum to the to-  
 513 tal integrated sensitivity.

514 The dynamic sensitivities are generally of an order of magnitude smaller than the  
 515 kinematic sensitivities (figure 7). The local dynamic sensitivities are all positive and peak  
 516 within two years, decaying with time after. The non-local dynamic sensitivities all be-  
 517 gin negative (indicative of the dipole structures seen throughout the dynamic sensitiv-  
 518 ity fields, see figure 6b), but then largely become positive and grow with increasing lag  
 519 (although there is significant within ensemble variability). The Indian non-local sensi-  
 520 tivity is still growing at 8 years lag, with the Pacific looking like the ensemble mean may  
 521 have peaked and the Atlantic sensitivity unclear.

522 The local kinematic sensitivities peak at 0 lag then quickly decay, and the non-local  
 523 sensitivity takes over as the tracer-like sensitivity moves upstream. The local sensitiv-  
 524 ities decay with  $e$ -folding timescales of roughly 14, 15, and 18 months for the Atlantic,  
 525 Pacific and Indian basins respectively, then reach a steady minimum after 4, 5, and 8  
 526 years. The difference in timescales can be attributed to the size of the MWFRs – the mean  
 527 heat contents of the MWFRs increase as the timescales increase, i.e. the Atlantic is the  
 528 smallest MWFR and the Indian is the largest, see figure S1 in the supplementary infor-  
 529 mation. The total and non-local sensitivities appear to reach a peak value at around 2  
 530 years lag and to still be slowly decaying at 8 years lag.

## 531 4 Perturbation Experiments

532 Adjoint sensitivities, such as those presented in section 3, are predictions about the  
 533 sensitivity of the objective functions - in our case the heat content of fixed volumes - in  
 534 an adjoint linear model. Thus, we expect them to predict the linear aspect of the equiv-  
 535 alent perturbation experiments in the full non-linear model. They are considered most  
 536 useful when investigating quantities that can be expected to behave linearly, such as in-  
 537 tegrals over relatively large volumes and/or time spans. As discussed in section 1, we con-  
 538 sider adjoint sensitivities to be a useful tool for discovering which regions and timescales  
 539 are of interest, but not a replacement for fully non-linear experiments. In this section,  
 540 we use the adjoint sensitivities from section 3 as a starting point for a series of pertur-  
 541 bation experiments which we use to directly investigate the impact of changes in surface  
 542 forcings on our objective function, including assessing the degree of linearity in the re-  
 543 sponses, i.e. the impact of dynamics not captured in the adjoint model.

544 An additional complication to comparing the linear adjoint sensitivities with non-  
 545 linear perturbation studies comes from the bulk formulae used in MITgcm. Whilst the  
 546 adjoint model produces linearly independent sensitivities for the model surface forcings  
 547 considered, perturbing the same forcings in the full model can change many different as-  
 548 pects of air-sea heat and momentum exchange. For example, a change in ocean heat flux  
 549 produces a related change in evaporation rates, and a change in wind stress produces a  
 550 related change in heat flux, neither of which are accounted for in the adjoint sensitiv-  
 551 ity fields. Whilst it would be possible to alter the model code in order to perturb these  
 552 variables separately, the action of the bulk formulae is to produce more realistic pertur-  
 553 bations, as in the real ocean no such independent changes would occur. Additionally, as  
 554 discussed, the non-linear forward model is expected to behave differently than the ad-  
 555 joint linear model; this is merely one of many factors causing them to differ, and it is in-  
 556 formative to see the full difference between the two models.

557 In the results that follow, we follow Verdy et al. (2014) and use the combination  
 558 of oppositely signed perturbation experiments to decompose the linear and non-linear  
 559 responses. This allows for qualitative and quantitative analysis of the two different types  
 560 of effect, and allows us to test our assumption that the non-linear component of our ob-  
 561 jective function is small compared with the linear. Further details of the derivation of  
 562 the linear and non-linear responses can be found in A.2. We investigate perturbations  
 563 in the surface heat flux and the zonal and meridional wind stresses, applying these in  
 564 regions where sensitivities are relatively high. We also include a test case where strong  
 565 perturbations are applied to an unresponsive region, as defined by low adjoint sensitiv-  
 566 ities.

### 567 4.1 $Q_{\text{net}}$ Pacific Perturbation

576 For our first perturbation experiment, we chose a region in the South-East Pacific  
 577 identified in other studies as important for downstream Sub-Antarctic Mode Water (SAMW)  
 578 properties (Naveira Garabato, Jullion, Stevens, Heywood, & King, 2009), and addition-  
 579 ally which shows an interesting pattern of heat flux sensitivity. At two years lag, the At-  
 580 lantic MWFR has a region of positive sensitivity in this region of the South-East Pacific,  
 581 just upstream of Drake Passage (see figure 8a upper panel). This implies that positive  
 582 heat flux perturbations in this region i.e. increasing heat loss to the atmosphere, will re-  
 583 sult in a warmer MWFR in the Atlantic in 2 years time (as previously stated,  $Q_{\text{net}}$  is  
 584 defined as positive out of the ocean). Notably there is negative sensitivity over the re-  
 585 gion of the objective function, so increasing heat loss directly over the Atlantic MWFR  
 586 would result in a *cooler* MWFR in 2 years time.

587 We designed a set of four perturbation experiments to test the sensitivity of the  
 588 forward nonlinear model to changes in net heat flux in this key region. The black dashed  
 589 contours in figure 8a show the region over which the  $Q_{\text{net}}$  perturbations were applied,



590 in four separate step changes with magnitudes of  $\pm 10 \text{ Wm}^{-2}$  and  $\pm 100 \text{ Wm}^{-2}$ , constant  
 591 over the box indicated. These perturbations were applied to the forward non-linear EC-  
 592 COv4 r2 model at the beginning of the model run. Additionally to the changes in  $Q_{\text{net}}$ ,  
 593 there were resultant changes in the salt flux E-P-R, which we do not show because, as  
 594 demonstrated in section 3, the sensitivities to this flux are extremely low. Thus the re-  
 595 sultant experiment is close to being a test of the influence of  $Q_{\text{net}}$  independent of other  
 596 surface fluxes. The perturbation region has a mean  $Q_{\text{net}}$  of  $20 \text{ W/m}^2$  and a seasonal cy-  
 597 cle of amplitude  $120 \text{ W/m}^2$  in ECCOv4 r2, and so the  $\pm 10 \text{ Wm}^{-2}$  perturbations are of  
 598 similar magnitude to the mean, whereas the  $\pm 100 \text{ Wm}^{-2}$  perturbations completely al-  
 599 ter the entire seasonal cycle, shifting the region to entirely positive values year-round,  
 600 or else largely negative.

601 The perturbation region sits over the Pacific MWFR (see figure 8a, middle panel),  
 602 where the sensitivity is large and negative, showing that increasing the heat flux from  
 603 ocean to atmosphere is an efficient way of cooling this region. At 5 years lag, the Indian  
 604 MWFR shows weak positive sensitivity to  $Q_{\text{net}}$  in the perturbation region (figure 8a, lower  
 605 panel). Thus, for a positively-signed  $Q_{\text{net}}$  perturbation in the region indicated, we ex-  
 606 pect the Atlantic objective function to show a linear increase in heat content after roughly  
 607 2 years, we expect an instantaneous strong decrease in heat content in the Pacific ob-  
 608 jective function, and after roughly 5 years we expect an increase in heat content in the  
 609 Indian objective function.

610 We calculate the integrated heat content of the objective function regions for all  
 611 four perturbation experiments, which is integrated to the fixed maximum winter MLD,  
 612 following the definition of the objective function  $J_b^Y$ :

$$613 \quad \text{fix}H_b^Y(\theta, t) = \iint^{f_b(x,y)} \int_{z=0}^{\text{max(MLD}_{\text{ASO}})} \rho_0 c_p \theta(\mathbf{r}, t) dx dy dz, \quad (9)$$

614 and thus the change in heat content with respect to the control simulation (the standard  
 615 ECCOv4 r2 solution)

$$616 \quad \Delta \text{fix}H_b^Y(t) = \text{fix}H_b^Y(\theta' - \theta, t), \quad (10)$$

617 where  $\theta'$  is the perturbed simulation potential temperature field and  $\theta$  is that from the  
 618 control simulation. The MLD is taken from the control simulation and is therefore the  
 619 same depth as used in the objective function for the adjoint sensitivity experiments. We  
 620 also calculate the heat content of the mode water formation regions calculated using the  
 621 objective function mask for that year,  $f_b(x, y)$ , but the time-varying *instantaneous* mixed  
 622 layer depth in each of the perturbation simulations:

$$623 \quad \text{var}H_b^Y(\theta, t) = \iint^{f_b(x,y)} \int_{z=0}^{\text{MLD}(t)} \rho_0 c_p \theta(\mathbf{r}, t) dx dy dz, \quad (11)$$

624 and thus the change in the varying-volume heat content

$$625 \quad \Delta \text{var}H_b^Y(t) = \text{var}H_b^Y(\theta' - \theta, t), \quad \text{MLD} = \text{MLD}'(t), \quad (12)$$

626 where the MLD is taken instantaneously from the perturbed simulation. To differenti-  
 627 ate between the two volumes, the fixed-volume of the objective function and the instan-  
 628 taneously calculated, varying volume mode water formation region, we refer to them hence-  
 629 forth as the fix-MWFR and var-MWFR, respectively.

630 We combine the results of the positively and negatively signed experiments to pro-  
 631 duce the linear and non-linear impacts for the  $\pm 10 \text{ Wm}^{-2}$  and  $\pm 100 \text{ Wm}^{-2}$  perturba-  
 632 tions. We choose the combinations such that the sign of the linear/non-linear changes  
 633 indicate the changes for the positively signed  $Q_{\text{net}}$  perturbations. Note that the heat con-  
 634 tent changes are discontinuous at the year boundaries due to the changing objective func-  
 635 tion definition for each year, as the objective function is based on the PV and MLD prop-  
 636 erties for every individual year, as discussed in section 2. The magnitude of the changes

637 can be significantly larger for the varying-volume heat contents than the fixed-volumes  
 638 as the changes in the volume due to changes in the instantaneous MLD result in much  
 639 larger heat content changes than potential temperature changes alone (see figures 8b and  
 640 c, noting the different  $y$ -axis scales.)

641 One would expect the normalized linear response to be identical for both magni-  
 642 tudes, by definition, and this is largely true, especially for the fixed-volume heat content  
 643 (see figure 8b, thick lines, which lie mostly on top of each other). There are small dif-  
 644 ferences at the peaks of the varying-volume responses, likely due to the fact that the bulk  
 645 formulae effects discussed previously will have introduced some non-linear changes to the  
 646 perturbations that will result in the positive- and negative-signed experiments not be-  
 647 ing exactly symmetric. The non-linear effects (figure 8b and c, thin lines) are smaller in  
 648 general than the linear effects, but increase in the  $\pm 100 \text{ Wm}^{-2}$  case (red lines), as would  
 649 be expected, becoming almost as large as the linear changes, especially in the Atlantic.

650 The predicted positive response is seen in the Atlantic (figure 8b and c, upper pan-  
 651 els), with both the fix-MWFR and var-MWFR showing linear increases in heat content,  
 652 starting after roughly 2 years. The heat content of the var-MWFR (figure 8c) shows large  
 653 spikes every winter as the mixed layer deepens, but largely agree with the sign of the heat  
 654 content change of the fix-MWFR (figure 8b).

655 In the Pacific, at all lags a negative response is expected, and this is borne out in  
 656 the fix-MWFR heat content changes (figure 8b middle panel). However, the sign of the  
 657 linear change in the var-MWFR (figure 8c middle panel, bold lines) is opposite to that  
 658 of the fix-MWFR: when the heat flux to the atmosphere increases, as in the +10 and +100  
 659  $\text{Wm}^{-2}$  experiments, the temperature in the fix-MWFR decreases and so does the heat  
 660 content, but the heat content of the var-MWFR *increases*. This is because the cooler mixed  
 661 layer deepens, resulting in more net heat content, as can be seen in figure 9.

662 The responses the Indian region (figure 8b lower panel) are consistent with sim-  
 663 ple advection downstream - it takes over three years for the effect of the perturbation  
 664 to reach the Indian region, and it remains much lower magnitude than either the Pacific  
 665 or Atlantic effects. After this, the impact grows year on year, and similarly to the Pa-  
 666 cific basin has an opposite-signed linear effect on the fix-MWFR and the var-MWFR.  
 667 Like the Atlantic, an increase in heat loss to the atmosphere results in an overall warm-  
 668 ing of the fix-MWFR, and vice-versa. The opposite sign of the response of the fixed and  
 669 varying volume heat contents is for the same reason as in the Pacific, namely that a warm-  
 670 ing mixed layer shallows and so decreases its overall heat content when the volume con-  
 671 sidered is allowed to evolve.

681 Whilst the fix-MWFRs do indeed warm or cool as expected, these lead to changes  
 682 in MLD that act counter to the temperature change and result in a larger mixed layer  
 683 heat content when the mixed layer cools and a lower mixed layer heat content when the  
 684 mixed layer warms (figure 9). Whilst the temperature change is very linear, the change  
 685 in MLD has a significant non-linear component, although the linear component is still  
 686 largest. This is not surprising as the temperature response is strongly linked with the  
 687 imposed linear  $Q_{\text{net}}$  changes, whereas the mixed layer response is, as the name suggests,  
 688 mediated by mixing, a non-linear process.

689 These results demonstrate that the adjoint sensitivities can indeed successfully pre-  
 690 dict the linear sensitivity of the fix-MWFRs in forward, non-linear simulations. How-  
 691 ever, these results also highlight that the var-MWFRs, calculated instantaneously, do  
 692 not necessarily respond in the same manner as their fixed-volume counterparts. In fact  
 693 the var-MWFRs seasonally respond with higher magnitudes than the fix-MWFRs. Whilst  
 694 the sign may not be predicted, the fact that the heat content does significantly change  
 695 is predicted. Additionally, as might be expected, larger magnitude perturbations lead  
 696 to slightly larger normalized non-linear effects.

697

## 4.2 $\tau_E$ Pacific Perturbation

703

704

705

706

707

708

709

710

711

712

713

714

715

716

We now consider a regional experiment perturbing the zonal wind stress,  $\tau_E$ . In winter and at three years lag, a clear dipole in the ensemble mean sensitivity of the Pacific MWFR to  $\tau_E$  can be seen stretching east from New Zealand well into the Pacific (figure 11, middle panel). This indicates that a zonal wind stress dipole of this sort, implying downwelling along the dipole center, would produce an increase in the heat content of the objective function region (median location indicated by the black contours). A perturbation closely matching this dipole was chosen to test this sensitivity (figure 10, black contours) which was applied either as indicated, with two oppositely signed regions of magnitudes  $\pm 1 \text{ Nm}^{-2}$ , or with the signs of the two regions reversed. These two perturbations were applied separately as step changes to the forward non-linear ECCOv4 r2 model at the beginning of the model run (the start of 1992). These are large magnitude shifts, as the mean dipole amplitude is  $\sim 1 \text{ Nm}^{-2}$ , with a seasonal amplitude also  $\sim 1 \text{ Nm}^{-2}$ , in ECCOv4 r2. This is intended to push the linear assumptions to the limits, by testing perturbations the same order of magnitude as the climatological means.

717

718

719

720

721

Additional to the changes in  $\tau_E$ , there were resultant linear and non-linear changes in the heat flux  $Q_{\text{net}}$  (figure 10, color). The consistent non-linear impact of the  $\tau_E$  forcing of both signs is to decrease the ocean-atmosphere heat flux  $Q_{\text{net}}$ , i.e. an increase in wind stress of any sign results in a surface warming. There is also a smaller magnitude linear component with a more complicated structure.

729

730

731

732

733

734

735

736

We now look at the relative importance of the linear and non-linear contributions on both the fix-MWFR and var-MWFRs, the latter calculated as before from the lateral extent of the objective functions but integrated in depth to the instantaneous MLD (figures 11b and c). The fix-MWFR heat content in the Pacific and Indian sectors responds linearly (figure 11b, blue lines) with an increase that grows over time, as predicted by the sensitivities in the perturbation regions indicated in the left hand panels. The non-linear responses (red lines) initially grows with the opposite sign, but after 3-5 years are relatively close to zero again.

737

738

739

740

741

742

743

744

745

746

747

748

749

750

751

752

Conversely, the var-MWFR heat contents (figure 11c) also grow over time, but both linear and non-linear components remain very similar, apart from seasonally during winter in most years. This reflects the fact that the negatively signed perturbation has a limited impact on the var-MWFR heat content, and so the linear and non-linear components are both dominated by the positive perturbation response, apart from in winter. This is likely due to the linear response to the wind stress perturbation competing with the response to the non-linear heat flux forcing, i.e. the negatively signed wind stress perturbation and the non-linear heat flux anomaly result in opposing influences on the varying-volume heat content of similar magnitudes. This can be seen clearly for the Pacific sector comparing the nonlinear  $Q_{\text{net}}$  anomalies (figure 10) with the  $Q_{\text{net}}$  sensitivity of the Pacific MWFR (figure 8, middle left panel) – the large negatively signed non-linear  $Q_{\text{net}}$  anomaly sits partially over the region of large negative  $Q_{\text{net}}$  sensitivity and thus acts to increase the heat content of the Pacific MWFR in both the positively- and negatively-signed  $\tau_E$  perturbations. This also alters the fix-MWFR heat contents, but the positive impact from the  $Q_{\text{net}}$  sensitivity is much smaller as it is not amplified by the accompanying volume change as in the var-MWFR changes.

753

754

755

756

757

758

759

In the Atlantic sector, both the linear and non-linear fix-MWFR responses show relatively little response (figure 11b, noting the different limits of the  $y$ -axes, which are two orders of magnitude lower for the Atlantic). The var-MWFR responses (figure 11c), similarly to the Pacific and Indian sectors are practically identical for the linear and non-linear components, but unlike the Pacific and Indian sectors, do not show any seasonal differences, as the var-MWFR response is effectively zero at all times for the negatively-signed perturbation.

760 These results show that, again, the adjoint sensitivities can accurately predict the  
 761 linear response of the fix-MWFRs, with a relatively low non-linear response, especially  
 762 at longer timescales. However, due largely to the non-linear  $Q_{\text{net}}$  perturbations shown  
 763 in figure 10, the response of the more realistic var-MWFR is much more non-linear. In-  
 764 terestingly, the degree of non-linearity varies seasonally in the Pacific and Indian pools,  
 765 where the responses are larger in general. This suggests that, whilst the large non-linear  
 766 effects cannot be ignored, they may be seasonally unimportant, namely during winter  
 767 when the MWFR is largest. Thus the adjoint sensitivities are most accurate, and there-  
 768 fore most useful, for looking at sensitivities when the linear response is large. Linear re-  
 769 sponses are large when looking at individual winter-time peaks, and multi-year averages  
 770 will also be dominated by the winter contributions and therefore largely linear. This con-  
 771 firms that the adjoint sensitivities are most useful for predicting relatively long term av-  
 772 erages and are not always suitable for looking at seasonal or shorter timescales.

### 773 4.3 $\tau_N$ Indian Ocean perturbation

778 The results of sections 4.1 and 4.2 confirm that the adjoint sensitivities can pre-  
 779 dict regions of objective function sensitivity in the full non-linear model. We now demon-  
 780 strate the corollary, namely that perturbations in regions with low adjoint sensitivities  
 781 produce weak responses in the full non-linear model.

782 A region east of Africa in the Indian ocean, which is a region of low adjoint sensi-  
 783 tivity for both heat flux and wind stress at any time scale modeled, was chosen to test  
 784 this sensitivity (figure 12, black dashed contour). This step change perturbation was ap-  
 785 plied either as indicated, or with the opposite sign, i.e. magnitudes  $\pm 1 \text{ Nm}^{-2}$ , one to two  
 786 orders of magnitude larger than the ECCOv4 r2 mean and seasonal cycle amplitude (0.03  
 787 and  $0.06 \text{ Nm}^{-2}$ , respectively) for this region. These two perturbations were applied sep-  
 788 arately as step changes to the forward non-linear ECCOv4 r2 model at the beginning  
 789 of the model run (the start of 1992). Additionally to the changes in  $\tau_N$ , as in section 4.2  
 790 there were resultant changes in the heat flux  $Q_{\text{net}}$ . Whilst there are significant linear ef-  
 791 fects (figure 12, LH panels), the non-linear effects are extremely large (RH panels), on  
 792 the order of  $100 \text{ Wm}^{-2}$ .

796 Figures 13a and b show the derived linear/non-linear responses of the fix-MWFR  
 797 and var-MWFR heat contents respectively, derived as before. All basins show linear and  
 798 non-linear effects of similar magnitudes, apart from the fix-MWFR non-linear impact  
 799 in the Indian sector (red line, bottom panel) being significantly larger than the linear  
 800 response (blue line). It should be noted that the order of magnitude of the heat contents  
 801 displayed here are an order of magnitude less than those depicted in figure 11.

802 These results confirm that perturbing regions with low adjoint sensitivity produces  
 803 weak linear responses (when compared with regions of significant sensitivity). Of course,  
 804 this does not result in no linear response whatsoever in the objective function region,  
 805 just that it is relatively small and of similar magnitude to the non-linear response. The  
 806 responses, including the non-linear component, are at least an order of magnitude lower  
 807 than those found in section 4.3, especially relevant when the magnitude of the anomaly  
 808 is so large.

## 809 5 Summary and Discussion

810 We have identified the location of winter mode water formation pools within the  
 811 mixed layer of an observationally constrained model of the Southern Ocean (Forget et  
 812 al., 2015). Using an adjoint model, we have determined the sensitivity of the fixed-volume  
 813 heat contents of these mode water formation regions (MWFRs) to surface forcings, changes  
 814 of potential temperature at constant density, and changes of potential temperature that  
 815 lead to changes in density, in an ensemble of 11 eight year simulations. These determine

816 the sensitivity of the winter heat content of the MWFRs in the years 1999 to 2011 to  
 817 the properties mentioned in previous years. We have highlighted the key aspects of the  
 818 sensitivities here, with further results available in the supplementary information.

## 827 5.1 Summary of Sensitivity Results

828 Analysis of the sensitivity fields revealed that, on the eight year time scale inves-  
 829 tigated in our adjoint model, the heat content of the MWFRs is significantly affected by  
 830 surface net heat fluxes and wind stress, but not by fresh water fluxes (discussed further  
 831 on), see section 3.1 for further details. The heat content of MWFRs was found to be most  
 832 sensitive to local (within the MWFR), recent (within the last year) changes to surface  
 833 heat fluxes. There were also significant sensitivities to non-local (outside the MWFR)  
 834 wind stress changes from 2-8 years previously. The locations of the sensitivities in pre-  
 835 vious years were similar across ensemble members, with the variability between ensem-  
 836 ble members largely in the magnitude of the sensitivities, rather than the sign.

837 Heat flux sensitivities were largely single-signed, indicating a link between increased  
 838 ocean to atmosphere heat fluxes and decreased heat contents in MWFRs, and vice-versa.  
 839 At longer lags, the location of the sensitivities moved upstream, indicating the source  
 840 water regions and subsequent advection pathways for the MWFRs. Sensitivities at any  
 841 given location, as well as the domain-integrated sensitivities, decreased in magnitude with  
 842 time. There was a strong seasonal cycle, with the largest sensitivities occurring during  
 843 previous winters, with strong correlations with the mixed layer depth seasonal cycle. This  
 844 implies that surface heat fluxes are most effective at changing the heat content of MWFRs  
 845 during winter, when the heat content throughout the deepened mixed layers can be in-  
 846 fluenced. The mixed layer has a ‘memory’ that allows for changes in one year to affect  
 847 heat content the next year, indicated by the significant sensitivities in previous winters,  
 848 although there is a clear decay with time that indicates the influence drops year by year,  
 849 and is largely limited to changes within the last four to six years. This extends the role  
 850 of SAMW preconditioning discussed in Sloyan et al. (2010) beyond a single  
 851 season and over several years. It also aligns well with recent results looking at SAMW  
 852 variability in the Pacific (Cerovečki et al., 2019; Meijers, Cerovečki, King, & Tamsitt,  
 853 submitted) who find that while inter-annual variability in SAMW properties is largely  
 854 the result of local instantaneous forcing, preconditioning from upstream waters also in-  
 855 fluences properties on lags of 1-2 years.

856 Wind stress sensitivity patterns largely resembled dipole patterns, and show a less  
 857 pronounced decay in magnitude with time and a less pronounced seasonal dependence  
 858 (when compared with the heat flux sensitivities), although the largest MWFR, in the  
 859 Indian basin, showed a seasonal dependence between mean wind stress sensitivities and  
 860 mixed layer depths. Dipoles were found centered over the MWFRs or their source re-  
 861 gions, indicating the importance of vertical Ekman pumping/suction to modifying the  
 862 heat content. Dipoles of similar magnitude were also observed over the sub-tropical gyres  
 863 and along topographic features, implying that wind stress changes can change the heat  
 864 content of MWFRs effectively through dynamical processes, such as altering the strength  
 865 of the gyre circulations, or by generating Rossby, Kelvin, or topographic waves. The zonal  
 866 wind stress sensitivities also extend significantly farther south than for other properties,  
 867 indicating a link with ACC dynamics. This is consistent with the findings of Rintoul and  
 868 England (2002), who find that Ekman transport across the South Antarctic Front (SAF)  
 869 south of Australia (at roughly 50S) is responsible for the variability in T and S proper-  
 870 ties of SAMW (Sub-Antarctic Mode Water) in this region, rather than the variation of  
 871 surface fluxes.

872 The lack of stronger sensitivities to wind stress or heat fluxes south of the ACC  
 873 could be interpreted in a number of ways. The first is that the ECCOV4 model fails to  
 874 accurately represent the processes responsible for these links in observations, with, for



875 example, too weak off-shelf transport rates. The second is that the regions of high vari-  
 876 ability in observations are not co-located with regions of high sensitivity. Investigating  
 877 how observed variance might look when convolved with our sensitivities is part of our  
 878 planned future work, see section 5.3. A third possibility is that the processes that bring  
 879 strong influences from south of the ACC into the mode water regions are largely non-  
 880 linear, and thus the linear sensitivities do not reveal them, although they may be present  
 881 in forward fully non-linear simulations.

882 Finally, it may be that the influence of the waters from south of the ACC on the  
 883 MWFRs is largely on the volume of the mode water pool, which is not something our  
 884 sensitivities are designed to show. This would be consistent with the results of, e.g., Gao,  
 885 Rintoul, and Yu (2018) who find wind stress curl changes lead to deepening or shoaling  
 886 of the base of the winter mixed layer, and subsequently influences the volume of SAMW  
 887 formed. Additionally, Meijers et al. (submitted) find that the Pacific SAMW volume is  
 888 strongly controlled by local wind stress and heat fluxes poleward of 55°S, whereas the  
 889 mean temperature is not strongly linked to local surface forcings, implying it is set by  
 890 advection from upstream, consistent with our results.

891 The analysis of sensitivities to surface forcings was supplemented by analysis of the  
 892 sensitivity of the heat content of MWFRs to potential temperature, split into kinematic  
 893 (at constant density) and dynamic (involving changes in density) components. Kinematic  
 894 sensitivities were largely single-signed positive, strongly resembled passive tracer sensi-  
 895 tivities and thus were largest in direct source regions for the MWFRs. Dynamic sensi-  
 896 tivities showed both signs and indicated the effects of raising/lowering density surfaces.  
 897 A summary of the results can be seen in figure 14. The largest sensitivities were over source  
 898 regions as well as along topographic features, across the Southern ACC, and in the sub-  
 899 tropical gyres. This

## 900 5.2 Summary of Perturbation Experiments

901 Given that the adjoint model is strictly linear, we chose a small set of perturba-  
 902 tion experiments to test the validity of these results in the full forward non-linear model.  
 903 We chose regions highlighted by previous studies to be of relevance for mode water prop-  
 904 erties that were also highlighted by the sensitivity fields. We deliberately chose large (com-  
 905 pared with the climatological mean) perturbations in surface forcings to show the lim-  
 906 its of the linear behaviour.

907 The first perturbation experiment was a step change of the ocean-atmosphere net  
 908 heat flux in the South-East Pacific, just upstream of Drake Passage. This is identified  
 909 in Naveira Garabato et al. (2009) as a region where wintertime heat fluxes influence the  
 910 properties of Drake Passage SAMW. Additionally, our adjoint experiments identify it  
 911 as a region where the Pacific MWFR heat content is negatively sensitive to increases in  
 912 ocean-atmosphere fluxes on short timescales, and where Atlantic MWFR heat content  
 913 is *positively* sensitive on timescales of two years or more. The Pacific region sensitivi-  
 914 ties support the conclusions of Naveira Garabato et al. (2009): the sensitivities indicate  
 915 that changing heat fluxes upstream of Drake Passage directly influences the heat con-  
 916 tent of the Pacific MWFR, water which then travels into Drake Passage as SAMW where  
 917 it is measured by the repeat transects used in Naveira Garabato et al. (2009).

918 The results of the Pacific heat flux perturbation experiment confirmed the expected  
 919 linear decrease in the heat content of the fixed-volume MWFR in the Pacific region when  
 920 the heat flux from ocean to atmosphere was increased upstream of Drake Passage. We  
 921 also saw the expected linear increases in heat content in the Atlantic and Indian fixed  
 922 volume MWFRs as predicted by the adjoint sensitivities. The non-linear changes in the  
 923 fixed-volume MWFRs were mostly small in all basins, despite the large magnitude of the  
 924 changes in heat fluxes. The exceptions to this were the non-linear changes in the Atlantic  
 925 MWFR fixed-volume heat content as a result of the largest magnitude perturbations ( $\pm 100$



926  $\text{Wm}^{-2}$ ), which were of similar magnitude to the linear changes, and the non-linear changes  
 927 in the Indian MWFR fixed-volume heat, which started at a similar magnitude to the lin-  
 928 ear changes, although the linear changes grew larger after 8-9 years.

929 These results confirmed that the adjoint sensitivities can indeed successfully pre-  
 930 dict the linear impact of changes in surface forcings. In some regions, the sensitivities  
 931 predicted the overall impact, even for relatively large perturbations, because the non-  
 932 linear impacts were relatively small.

933 However, these results also highlighted a limitation of calculating adjoint sensitiv-  
 934 ities of the heat contents of fixed-volumes. As well as calculating the impact of the per-  
 935 turbations on the fixed-volume MWFRs (fix-MWFRs) of the adjoint experiments, we  
 936 recalculated the volume of the MWFRs in the perturbation experiments, as the change  
 937 in properties in the perturbation experiments impact not only the temperature of the  
 938 MWFRs, but the depth of the mixed layer and SAMW source waters. These results showed,  
 939 in some cases, that the varying-volume MWFRs (var-MWFRs) had opposite signed lin-  
 940 ear heat content changes to the fix-MWFRs. For example, in the Pacific sector, the var-  
 941 MWFRs increased in heat content whilst the fix-MWFRs decreased in heat content. Fur-  
 942 ther analysis revealed this was due to cooler fix-MWFRs resulting in a deepening of the  
 943 mixed layer, and as such an increase in the volume of the recalculated var-MWFR, with  
 944 an overall larger heat content. The opposite effect was found for warmer fix-MWFRs,  
 945 which produced shallower mixed layers and so decreased the volume of the recalculated  
 946 var-MWFR, with an overall lower heat content. The sometimes significant differences  
 947 between the fix- and var-MWFRs highlights an important caveat when interpreting ad-  
 948 joint models. It must always be remembered that they show changes over a fixed vol-  
 949 ume, not a water mass or layer which may dynamically alter its thickness in response  
 950 to forcing.

951 The second perturbation experiment was a step change of the zonal wind stress in  
 952 the South-West Pacific, stretching east from New Zealand. This step change was in the  
 953 form of a dipole, centered over the western section of northern boundary of the median  
 954 location of the Pacific MWFR. The form of the dipole directly mirrored the ensemble  
 955 mean sensitivity of the Pacific MWFR to zonal wind stress. This also relates to the re-  
 956 sults of Iudicone et al. (2007), who found that the Pacific basin-wide meridional pres-  
 957 sure gradient is responsible for controlling the exchange of Antarctic Intermediate Wa-  
 958 ter (AAIW) between the Southern and Pacific oceans in a numerical model. If the vol-  
 959 ume of AAIW changes, it can be expected that both the exchange and heat content will  
 960 change, so the sensitivity of the Pacific MWFR heat content to this gradient via the wind  
 961 stress may indicate the same process.

962 This perturbation experiment highlighted the influence of the bulk formulae on the  
 963 surface properties in the model. Whilst linear, opposite-signed perturbations in zonal  
 964 wind stress were applied in the two experiments, these resulted in significant *non-linear*  
 965 anomalies in the surface heat flux, due to the actions of the bulk formulae. I.e. in both  
 966 perturbation experiments, there was a similar, large decrease in the ocean to atmosphere  
 967 heat flux across the perturbation region due to the increase in wind stress *magnitude*.  
 968 This is an expected result of the local increase in SST when wind stress increases, but  
 969 introduced a non-linear influence that meant the linear dependence of the MWFRs on  
 970 wind stress could not be calculated directly via these perturbation experiments.

971 Nonetheless, the predicted linear responses in the Pacific and Indian fixed-volume  
 972 heat contents were indeed found, with the non-linear impacts small in both volumes. The  
 973 Atlantic MWFR was not predicted to have a high sensitivity to the wind stress changes,  
 974 and accordingly the increase in heat content found was of an order of magnitude or two  
 975 smaller than in the other basins, with similar magnitude linear and non-linear changes.  
 976 Thus the influence of the non-linear anomalies in the surface heat flux are found to be  
 977 minimal when looking at the fixed-volume heat content changes.

978 Unlike in the heat flux perturbation experiment, the change of heat content of the  
 979 var-MWFRs was found to be of the same sign as the fix-MWFRs, i.e. both the fix-MWFR  
 980 and the var-MWFR showed a linear increase in heat content for the positive-signed per-  
 981 turbation. However, the influence of the non-linear heat flux anomaly was apparent, as  
 982 the non-linear changes were of similar magnitude to the linear changes, except during  
 983 winter when the linear changes dominated. This was due to the non-linear heat flux anomaly  
 984 producing the same increase in varying-volume heat content for both perturbations, which  
 985 was seasonally of a similar order of magnitude to the linear impact of the wind stress  
 986 perturbations.

987 The final perturbation experiment was designed to test a region notable for its lack  
 988 of significant sensitivity – a region in the Indian ocean east of Africa and north of Mada-  
 989 gascar. The meridional wind stress was perturbed here by fixed steps of two orders of  
 990 magnitude larger than the climatological means for the region. This resulted in heat con-  
 991 tent changes in the MWFRs one to two orders of magnitude lower than in the previous  
 992 perturbation experiments. The linear and non-linear impacts were of similar magnitude  
 993 for both the fix-MWFR and var-MWFR, although as in the zonal wind stress pertur-  
 994 bation there were non-linear anomalies in heat fluxes due to the action of the bulk for-  
 995 mulae. This confirmed that the adjoint sensitivities were indeed accurate at locating re-  
 996 gions of large linear sensitivity, and also implied that the non-linear sensitivity is rela-  
 997 tively low in low linear sensitivity regions.

### 998 5.3 Discussion and Future Work

999 We have summarized here the behaviour of the adjoint sensitivities of the MWFRs  
 1000 in ECCOv4 r2. The only modification we have carried out is to scale the sensitivities by  
 1001 representative scalar standard deviations in order to compare sensitivities to different  
 1002 properties with one another. However, this is not the only choice that could have been  
 1003 made. Indeed, it is also informative to combine the adjoint sensitivities with other spa-  
 1004 tially varying fields. For example, convolving adjoint sensitivities to surface properties  
 1005 with two-dimensional, spatially varying, standard deviation fields can also be informa-  
 1006 tive as it highlights not only where sensitivities are largest, but where variability is am-  
 1007 plified by increased sensitivity. Conversely, a region with high sensitivity may be a re-  
 1008 gion of low variability, and as such be less interesting to investigate. This might high-  
 1009 light where observational campaigns should be focused in order to accurately character-  
 1010 ize the variability in a given surface forcing, where an adjoint may suggest there is a high  
 1011 sensitivity to such variability. Similarly, predicted changes in surface forcing under cli-  
 1012 mate change scenarios may be expected to have greater impact if they occur over areas  
 1013 of high sensitivity.

1014 Instead of looking at observed variability in a property, one might instead look at  
 1015 the spread in values between different numerical models, such as the CMIP climate model  
 1016 ensembles. Combining these with our adjoint sensitivities would inform on where model  
 1017 disagreement in surface forcings was expected to impact on predictions of MWFR heat  
 1018 content. This could provide motivation for model improvement in certain regions, or show  
 1019 which processes should be prioritized for development.

1020 Additionally, one can combine sensitivity fields with anomaly (from climatologi-  
 1021 cal mean) fields in order to attribute changes in an objective function. In other words,  
 1022 if a particular year had an unusually large MWFR heat content compared with the cli-  
 1023 matological mean, one could attribute the linear contributions to this difference using  
 1024 the time varying adjoint sensitivities of surface properties convolved with the time vary-  
 1025 ing anomalies of these properties.

1026 The results as presented here have indicated the usefulness of adjoint models in pre-  
 1027 dicting the linear sensitivity of regions of interest to surface fluxes and to interior prop-  
 1028 erties. Of interest to the Southern Ocean research community are the findings that mode

1029 water formation regions appear to be as sensitive to non-local, dynamically linked, wind  
 1030 stress changes on multi-year timescales as to local, kinematically linked, heat flux changes  
 1031 on short time scales. Of interest to the ocean modeling community is the finding that  
 1032 the adjoint sensitivities can accurately predict the linear behaviour of perturbations to  
 1033 the heat content of fixed-volumes in the forward, non-linear model. However, there are  
 1034 timescales and regions where non-linear effects are as important, and care must be taken  
 1035 when interpreting results if the assumption of a fixed-volume is not representative of the  
 1036 expected behaviour.

## 1037 **A Appendix**

### 1038 **A.1 Mask Comparison**

1039 Figure A.1 shows the domain integrated absolute sensitivities to surface proper-  
 1040 ties for 1999, comparing the total sensitivity of the 1999 MWFRs as described in sec-  
 1041 tion 2 (red lines) with the sensitivity of the 1999 Jul-Nov maximum mixed layer depth  
 1042 for the whole of the Southern Ocean (south of 30°S). Thus the difference between the  
 1043 two objective functions is the horizontal extent – the MWFRs are restricted to the ar-  
 1044 eas determined by low PV values and deep mixed layers, whereas the whole Southern  
 1045 Ocean mixed layer stretches across the domain in the horizontal.

1046 The differences are most striking for the sensitivities to E-P-R, with the mixed layer  
 1047 sensitivities not showing the growth with increased lag that the MWFRs do, however  
 1048 both sensitivities remain extremely small relative to the others calculated. In general,  
 1049 for the heat flux and wind stress sensitivities, the mixed layer sensitivities peak at a sim-  
 1050 ilar or higher value at zero lag, and then decay faster with lag than the MWFR sensi-  
 1051 tivities. This is not surprising as the Southern Ocean mixed layer in general has a large  
 1052 surface area and is only on the order of  $\sim 100\text{m}$  depth outside the MWFRs (see, for ex-  
 1053 ample, figure 1), and so it is expected that it will be most sensitive to recent forcings and  
 1054 quickly lose memory of the past. The absolute wind stress sensitivities in particular show  
 1055 far longer reaching behaviour for the MWFRs, likely due to the presence of dipoles along  
 1056 the boundaries of the MWFRs.

1057 This demonstrates that the choice to restrict our objective functions to just the MWFRs  
 1058 themselves produces sensitivities with a richer range of behaviour and avoids over-focus  
 1059 on recent surface interactions.

### 1068 **A.2 Linear and Non-linear Component Derivation**

1069 Given a function  $f(x)$  that is infinitely differentiable at a point  $a$ , the Taylor se-  
 1070 ries is defined as:

$$f(x) = f(a) + (x - a)\frac{f'(a)}{1!} + (x - a)^2\frac{f''(a)}{2!} + (x - a)^3\frac{f'''(a)}{3!} + \dots, \quad (\text{A.1})$$

If we assume that the a given objective function value  $J$  is a function of the model  
 surface forcings, defined by a state vector  $\chi$ , i.e.  $J \equiv J(\chi)$ , and we consider perturba-  
 tions to this state vector as  $\Delta\chi$ , then we can approximate the perturbed objective func-  
 tion as an expansion about the point  $\chi$  using (A.1), i.e.

$$J(\chi + \Delta\chi) \approx J(\chi) + \Delta\chi J'(\chi) + (\Delta\chi)^2 \frac{J''(\chi)}{2} + \dots, \quad (\text{A.2})$$

1071 where we can identify  $J'(\chi)$  with the linear component (which is estimated by the ad-  
 1072 joint sensitivities  $\partial J/\partial\chi$ ) and  $J''(\chi)$  with the non-linear component of  $J(\chi)$ . Using (A.1)

1073 to similarly define  $J(\chi - \Delta\chi)$ , we can combine this with (A.2) to find:

$$\frac{J(\chi + \Delta\chi)}{2} - \frac{J(\chi - \Delta\chi)}{2} \approx \Delta\chi J'(\chi), \quad (\text{A.3})$$

$$\frac{J(\chi + \Delta\chi)}{2} + \frac{J(\chi - \Delta\chi)}{2} - J(\chi) \approx (\Delta\chi)^2 \frac{J''(\chi)}{2}, \quad (\text{A.4})$$

1074 assuming that  $J''(\chi)$  and higher order terms  $\ll J(\chi), J'(\chi)$ . Thus, by carrying out  
 1075 the perturbation experiments with state vectors  $\chi \pm \Delta\chi$ , we can estimate the linear and  
 1076 non-linear behaviour of the objective function and test this assumption. We can simi-  
 1077 larly identify any model variable as a function of the model surface forcings, and use the  
 1078 same method to combine results from the control and perturbation experiments to ap-  
 1079 proximate the linear and non-linear behaviour of those model variables.

## 1080 Acknowledgments

1081 This study is supported by grants from the Natural Environment Research Council (NERC),  
 1082 including [1] The North Atlantic Climate System Integrated Study (ACSIS) (grant NE/N018028/1,  
 1083 author DJ), [2] Securing Multidisciplinary UndeRstanding and Prediction of Hiatus and  
 1084 Surge events (SMURPHS) (grant NE/N006038/1, author EB), and [3] Ocean Regula-  
 1085 tion of Climate by Heat and Carbon Sequestration and Transports (ORCHESTRA, grant  
 1086 NE/N018095/1, authors EB, AM). The ECCOv4-r2 model setup used in this work is avail-  
 1087 able for download on Github (<https://github.com/gaelforget/ECCOv4>) as an instance  
 1088 of the MIT general circulation model (MITgcm, <http://mitgcm.org/>). Numerical model  
 1089 runs were carried out on ARCHER, the UK national HPC facility ([http://archer.ac](http://archer.ac.uk/)  
 1090 [.uk/](http://archer.ac.uk/)). Adjoint code was generated using the TAF software tool, created and maintained  
 1091 by FastOpt GmbH (<http://www.fastopt.com/>).

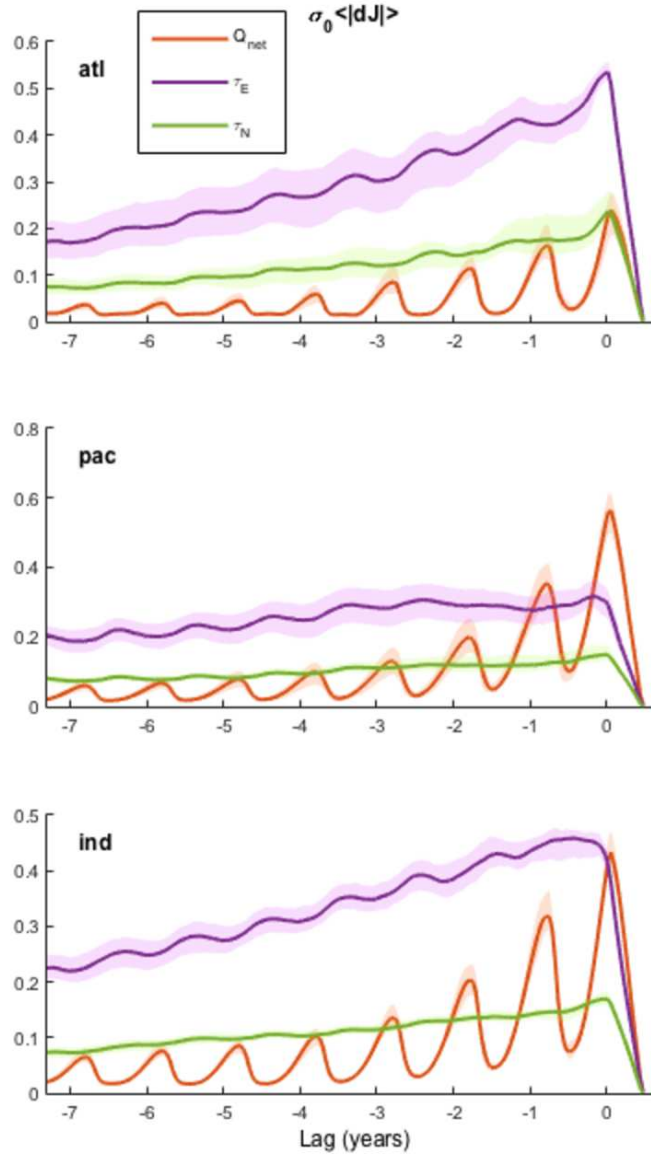
## 1092 References

- 1093 Adcroft, A., Campin, J.-M., Hill, C., & Marshall, J. (2004, dec). Implementa-  
 1094 tion of an AtmosphereOcean General Circulation Model on the Expanded  
 1095 Spherical Cube. *Monthly Weather Review*, *132*(12), 2845–2863. Retrieved  
 1096 from <http://journals.ametsoc.org/doi/abs/10.1175/MWR2823.1> doi:  
 1097 10.1175/MWR2823.1
- 1098 Bindoff, N. L., & Mcdougall, T. J. (1994). Diagnosing climate change and ocean  
 1099 ventilation using hydrographic data. *Journal of Physical Oceanography*, *24*(6),  
 1100 1137–1152.
- 1101 Cerovečki, I., Meijers, A. J., Mazloff, M. R., Gille, S. T., Tamsitt, V. M., & Holland,  
 1102 P. R. (2019). The effects of enhanced sea ice export from the Ross sea on  
 1103 recent cooling and freshening of the Southeast Pacific. *Journal of Climate*,  
 1104 *32*(7), 2013–2035.
- 1105 Close, S. E., Naveira Garabato, A. C., McDonagh, E. L., King, B. A., Biuw, M., &  
 1106 Boehme, L. (2013). Control of Mode and Intermediate Water Mass Properties  
 1107 in Drake Passage by the Amundsen Sea Low. *Journal of Climate*, *26*(14),  
 1108 5102–5123. Retrieved from <https://doi.org/10.1175/JCLI-D-12-00346.1>  
 1109 doi: 10.1175/JCLI-D-12-00346.1
- 1110 Forget, G., Campin, J.-M., Heimbach, P., Hill, C. N., Ponte, R. M., & Wunsch, C.  
 1111 (2015, oct). ECCO version 4: an integrated framework for non-linear inverse  
 1112 modeling and global ocean state estimation. *Geoscientific Model Development*,  
 1113 *8*(10), 3071–3104. Retrieved from [http://www.geosci-model-dev.net/8/](http://www.geosci-model-dev.net/8/3071/2015/)  
 1114 [3071/2015/](http://www.geosci-model-dev.net/8/3071/2015/) doi: 10.5194/gmd-8-3071-2015
- 1115 Frölicher, T. L., Sarmiento, J. L., Paynter, D. J., Dunne, J. P., Krasting, J. P., &  
 1116 Winton, M. (2015, jan). Dominance of the Southern Ocean in Anthropogenic  
 1117 Carbon and Heat Uptake in CMIP5 Models. *Journal of Climate*, *28*(2),  
 1118 862–886. Retrieved from [http://journals.ametsoc.org/doi/10.1175/](http://journals.ametsoc.org/doi/10.1175/JCLI-D-14-00117.1)  
 1119 [JCLI-D-14-00117.1](http://journals.ametsoc.org/doi/10.1175/JCLI-D-14-00117.1) doi: 10.1175/JCLI-D-14-00117.1

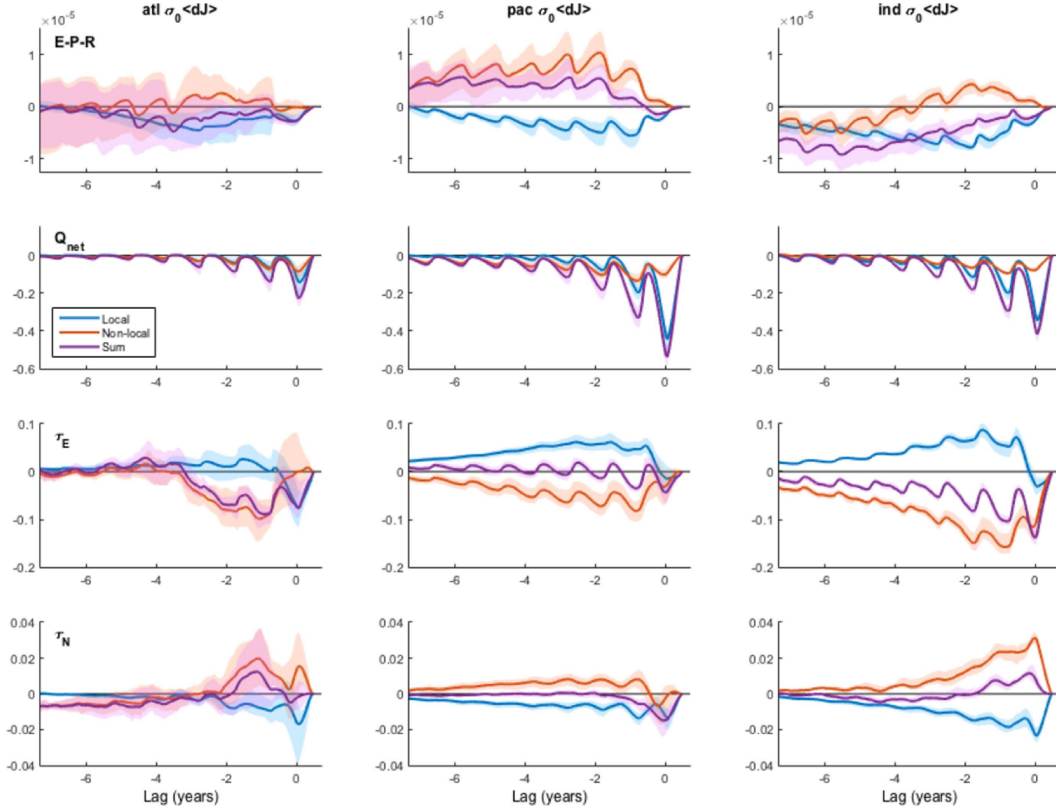
- 1120 Gao, L., Rintoul, S. R., & Yu, W. (2018, jan). Recent wind-driven change in  
 1121 Subantarctic Mode Water and its impact on ocean heat storage. *Nature Cli-*  
 1122 *mate Change*, 8(1), 58–63. Retrieved from [http://dx.doi.org/10.1038/](http://dx.doi.org/10.1038/s41558-017-0022-8)  
 1123 [s41558-017-0022-8](http://www.nature.com/articles/s41558-017-0022-8)  
 1124 doi: 10.1038/s41558-017-0022-8
- 1125 Hanawa, K., & Talley, L. D. (2001). Chapter 5.4 Mode waters. In G. Siedler,  
 1126 J. Church, & J. Gould (Eds.), *Ocean circulation and climate* (Vol. 77, pp. 373–  
 1127 386). Academic Press. Retrieved from [http://www.sciencedirect.com/](http://www.sciencedirect.com/science/article/pii/S0074614201801297)  
 1128 [science/article/pii/S0074614201801297](http://www.sciencedirect.com/science/article/pii/S0074614201801297) doi: [https://doi.org/10.1016/](https://doi.org/10.1016/S0074-6142(01)80129-7)  
 1129 [S0074-6142\(01\)80129-7](https://doi.org/10.1016/S0074-6142(01)80129-7)
- 1130 Iudicone, D., Rodgers, K. B., Schopp, R., & Madec, G. (2007, jan). An Ex-  
 1131 change Window for the Injection of Antarctic Intermediate Water into the  
 1132 South Pacific. *Journal of Physical Oceanography*, 37(1), 31–49. Retrieved  
 1133 from <http://journals.ametsoc.org/doi/abs/10.1175/JPO2985.1> doi:  
 1134 [10.1175/JPO2985.1](http://journals.ametsoc.org/doi/abs/10.1175/JPO2985.1)
- 1135 Jones, D. C., Boland, E. J. D., Meijers, A. J. S., Forget, G., Josey, S. A., Sallee,  
 1136 J.-B., & Shuckburgh, E. F. (2019a). The sensitivity of Southeast Pacific  
 1137 heat distribution to local and remote changes in ocean properties. *Journal of*  
 1138 *Physical Oceanography*(under review).
- 1139 Jones, D. C., Boland, E. J. D., Meijers, A. J. S., Forget, G., Josey, S. A., Sallee,  
 1140 J.-B., & Shuckburgh, E. F. (2019b). What controls the heat content of the  
 1141 recently ventilated East Pacific sector of the Southern Ocean? *Journal of*  
 1142 *Geophysical Research: Oceans*(124). doi: 10.1029/2019JC015460
- 1143 Jones, D. C., Forget, G., Sinha, B., Josey, S. A., Boland, E. J. D., Meijers, A. J. S.,  
 1144 & Shuckburgh, E. (2018, apr). Local and Remote Influences on the Heat  
 1145 Content of the Labrador Sea: An Adjoint Sensitivity Study. *Journal of*  
 1146 *Geophysical Research: Oceans*, 123(4), 2646–2667. Retrieved from [http://](http://doi.wiley.com/10.1002/2018JC013774)  
 1147 [doi.wiley.com/10.1002/2018JC013774](http://doi.wiley.com/10.1002/2018JC013774) doi: 10.1002/2018JC013774
- 1148 Khatiwala, S., Tanhua, T., Mikaloff Fletcher, S., Gerber, M., Doney, S. C., Graven,  
 1149 H. D., ... Sabine, C. L. (2013, apr). Global ocean storage of anthro-  
 1150 pogenic carbon. *Biogeosciences*, 10(4), 2169–2191. Retrieved from [https://](https://www.biogeosciences.net/10/2169/2013/)  
 1151 [www.biogeosciences.net/10/2169/2013/](https://www.biogeosciences.net/10/2169/2013/) doi: 10.5194/bg-10-2169-2013
- 1152 Landschützer, P., Gruber, N., Haumann, F. A., Rödenbeck, C., Bakker, D. C.,  
 1153 Van Heuven, S., ... Wanninkhof, R. (2015, sep). The reinvigoration of  
 1154 the Southern Ocean carbon sink. *Science*, 349(6253), 1221–1224. Re-  
 1155 trieved from <http://www.ncbi.nlm.nih.gov/pubmed/26359401> doi:  
 1156 [10.1126/science.aab2620](http://www.ncbi.nlm.nih.gov/pubmed/26359401)
- 1157 Le Quéré, C., Andrew, R. M., Friedlingstein, P., Sitch, S., Pongratz, J., Manning,  
 1158 A. C., ... Zhu, D. (2018, mar). Global Carbon Budget 2017. *Earth System*  
 1159 *Science Data*, 10(1), 405–448. Retrieved from [https://www.earth-syst-sci-](https://www.earth-syst-sci-data.net/10/405/2018/)  
 1160 [-data.net/10/405/2018/](https://www.earth-syst-sci-data.net/10/405/2018/) doi: 10.5194/essd-10-405-2018
- 1161 Levitus, S., Antonov, J. I., Boyer, T. P., Baranova, O. K., Garcia, H. E., Locarnini,  
 1162 R. A., ... Zweng, M. M. (2012, may). World ocean heat content and ther-  
 1163 mosteric sea level change (0–2000 m), 1955–2010. *Geophysical Research Letters*,  
 1164 39(10). Retrieved from <http://doi.wiley.com/10.1029/2012GL051106> doi:  
 1165 [10.1029/2012GL051106](http://doi.wiley.com/10.1029/2012GL051106)
- 1166 Lumpkin, R., & Speer, K. (2007, oct). Global Ocean Meridional Overturn-  
 1167 ing. *Journal of Physical Oceanography*, 37(10), 2550–2562. Retrieved  
 1168 from <http://journals.ametsoc.org/doi/abs/10.1175/JPO3130.1> doi:  
 1169 [10.1175/JPO3130.1](http://journals.ametsoc.org/doi/abs/10.1175/JPO3130.1)
- 1170 Marotzke, J., Giering, R., Zhang, K. Q., Stammer, D., Hill, C., & Lee, T. (1999).  
 1171 Construction of the adjoint MIT ocean general circulation model and applica-  
 1172 tion to Atlantic heat transport sensitivity. *Journal of Geophysical Research*,  
 1173 104/547(15), 529–29. doi: 10.1029/1999JC900236
- 1174 Marshall, J., & Speer, K. (2012). Closure of the meridional overturning circulation

- 1175 through southern ocean upwelling. *Nature Geoscience*, 5(3), 171.
- 1176 McDougall, T. J., & Barker, P. M. (2011). Getting started with TEOS-10 and the  
1177 Gibbs Seawater (GSW) oceanographic toolbox. *SCOR/IAPSO WG*, 127, 1–  
1178 28.
- 1179 Meijers, A., Cerovečki, I., King, B., & Tamsitt, V. (submitted). A see-saw in Pacific  
1180 Subantarctic Mode Water formation driven by atmospheric modes. *Journal of*  
1181 *Geophysical Research*.
- 1182 Mikaloff Fletcher, S. E., Gruber, N., Jacobson, A. R., Doney, S. C., Dutkiewicz, S.,  
1183 Gerber, M., ... Sarmiento, J. L. (2006, jun). Inverse estimates of anthro-  
1184 pogenic CO<sub>2</sub> uptake, transport, and storage by the ocean. *Global Biogeo-*  
1185 *chemical Cycles*, 20(2). Retrieved from [http://doi.wiley.com/10.1029/](http://doi.wiley.com/10.1029/2005GB002530)  
1186 [2005GB002530](http://doi.wiley.com/10.1029/2005GB002530) doi: 10.1029/2005GB002530
- 1187 Naveira Garabato, A. C., Jullion, L., Stevens, D. P., Heywood, K. J., & King,  
1188 B. A. (2009). Variability of Subantarctic Mode Water and Antarctic  
1189 Intermediate Water in the Drake Passage during the late-twentieth and  
1190 early-twenty-first centuries. *Journal of Climate*, 22(13), 3661–3688. doi:  
1191 [10.1175/2009JCLI2621.1](http://doi.org/10.1175/2009JCLI2621.1)
- 1192 Newman, L., Talley, L., Mazloff, M., Galton-Fenzi, B., Ackley, S., Heimbach, P., ...  
1193 Sparrow, M. (2015). *Southern Ocean community comment on the Year of Po-*  
1194 *lar Prediction Implementation Plan, SOOS Report Series* (Tech. Rep. No. 2).  
1195 Retrieved from <http://www.soos.aq/>
- 1196 Rintoul, S. R., & England, M. H. (2002, may). Ekman Transport Dominates  
1197 Local Air-Sea Fluxes in Driving Variability of Subantarctic Mode Wa-  
1198 ter. *Journal of Physical Oceanography*, 32(5), 1308–1321. Retrieved  
1199 from [http://journals.ametsoc.org/doi/abs/10.1175/1520-0485\(2002\)032<1308:ETDLAS>2.0.CO;2](http://journals.ametsoc.org/doi/abs/10.1175/1520-0485(2002)032<1308:ETDLAS>2.0.CO;2) doi:  
1200 [10.1175/1520-0485\(2002\)032<1308:ETDLAS>2.0.CO;2](http://doi.org/10.1175/1520-0485(2002)032<1308:ETDLAS>2.0.CO;2)
- 1201 Roemmich, D., Church, J., Gilson, J., Monselesan, D., Sutton, P., & Wijffels, S.  
1202 (2015). Unabated planetary warming and its ocean structure since 2006.  
1203 *Nature climate change*, 5(3), 240.
- 1204 Sloyan, B. M., Talley, L. D., Chereskin, T. K., Fine, R., Holte, J., Sloyan, B. M.,  
1205 ... Holte, J. (2010, jul). Antarctic Intermediate Water and Subantarctic  
1206 Mode Water Formation in the Southeast Pacific: The Role of Turbulent Mix-  
1207 ing. *Journal of Physical Oceanography*, 40(7), 1558–1574. Retrieved from  
1208 <http://journals.ametsoc.org/doi/abs/10.1175/2010JP04114.1> doi:  
1209 [10.1175/2010JP04114.1](http://doi.org/10.1175/2010JP04114.1)
- 1210 Verdy, A., Mazloff, M. R., Cornuelle, B. D., Kim, S. Y., Verdy, A., Mazloff, M. R.,  
1211 ... Kim, S. Y. (2014, jan). Wind-Driven Sea Level Variability on the Califor-  
1212 nia Coast: An Adjoint Sensitivity Analysis. *Journal of Physical Oceanography*,  
1213 44(1), 297–318. Retrieved from [http://journals.ametsoc.org/doi/abs/](http://journals.ametsoc.org/doi/abs/10.1175/JPO-D-13-018.1)  
1214 [10.1175/JPO-D-13-018.1](http://journals.ametsoc.org/doi/abs/10.1175/JPO-D-13-018.1) doi: 10.1175/JPO-D-13-018.1

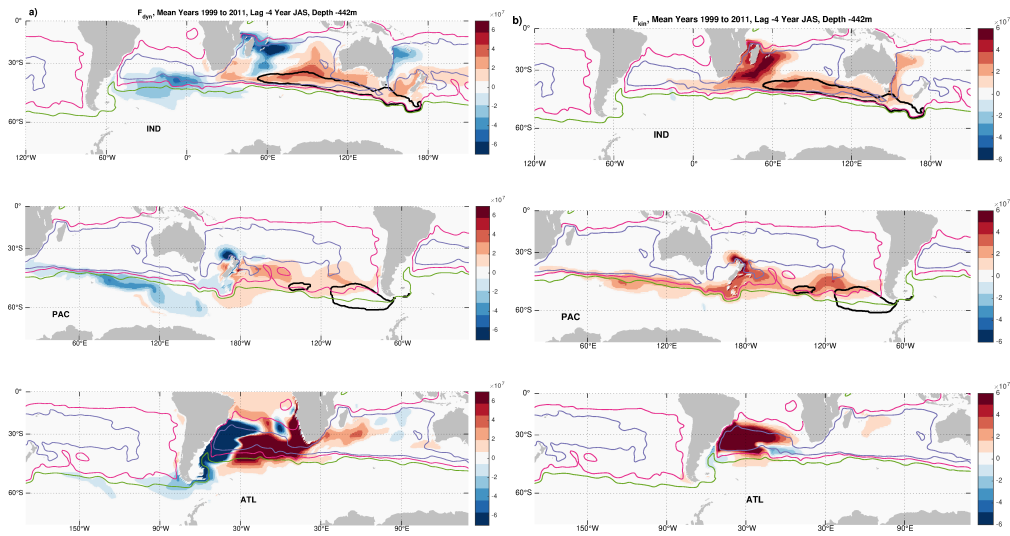




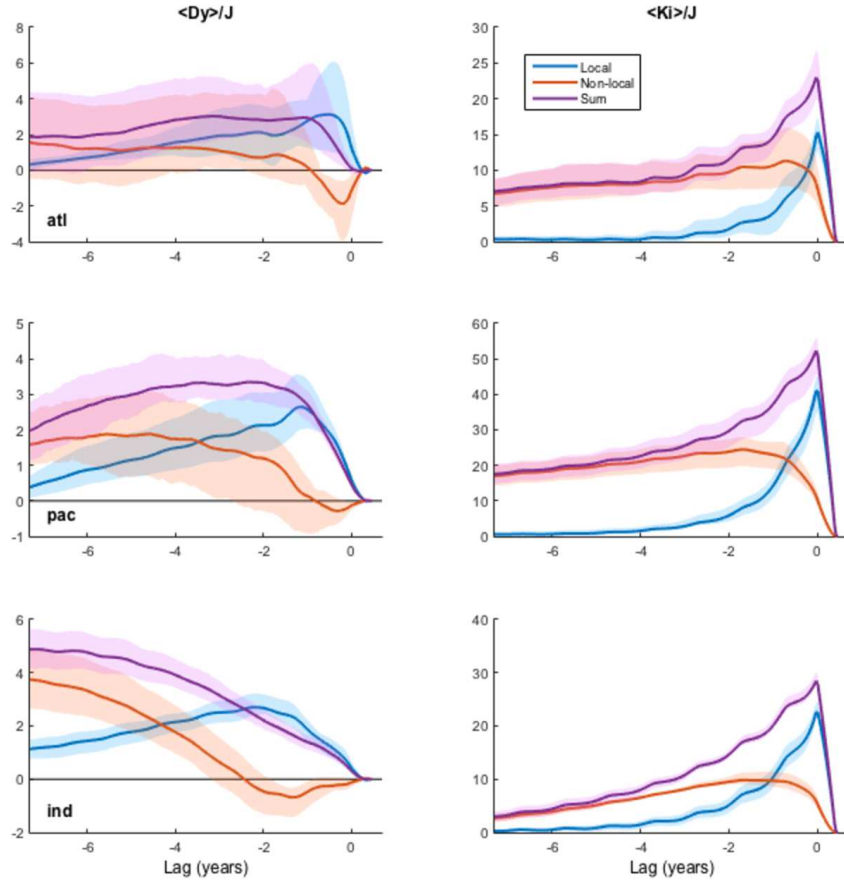
291 **Figure 4.** Wind stress largely dominates basin-integrated absolute sensitivities: Integrated  
 292 absolute sensitivities to surface forcings by basin (top to bottom, as labeled), scaled by a repre-  
 293 sentative standard deviation  $\sigma_0$  and normalized, plotted against lag relative to the start of the  
 294 objective function. Colors indicate surface net heat flux ( $Q_{\text{net}}$ , red), and zonal/meridional  
 295 wind stress ( $\tau_{E/N}$ , purple/green). The shaded area indicates the ensemble envelope (spanning the en-  
 296 semble max and min values, *not* a standard deviation or similar) and thick lines the ensemble  
 297 mean.



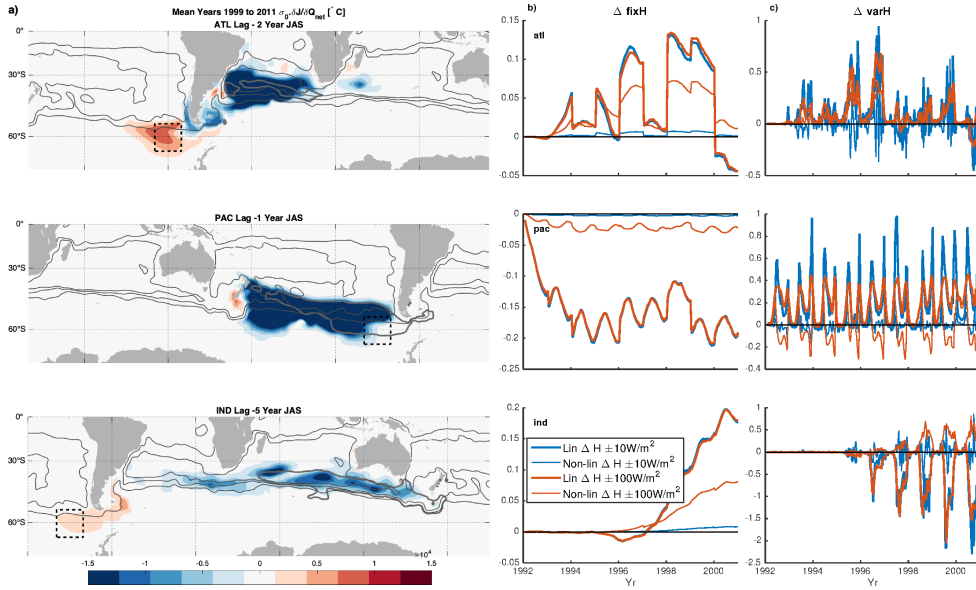
340 **Figure 5.** Local heat flux sensitivities dominate on short time scales, both local and non-local  
 341 wind stress sensitivities are important at a range of time scales: Domain integrated sensitivities  
 342 split by surface forcings (top to bottom, as labeled) and by basin (left to right, as labeled), scaled  
 343 by a representative standard deviation and normalized, plotted against lag since the start of the  
 344 objective function. Colors indicate the local sensitivities (within objective function mask, blue  
 345 lines), non-local sensitivities (out-with mask, red lines) and the sum of the two, i.e./ total sensi-  
 346 tivities (purple lines). The shaded area indicates the ensemble envelope (spanning the ensemble  
 347 max and min values) and thick lines the ensemble mean.



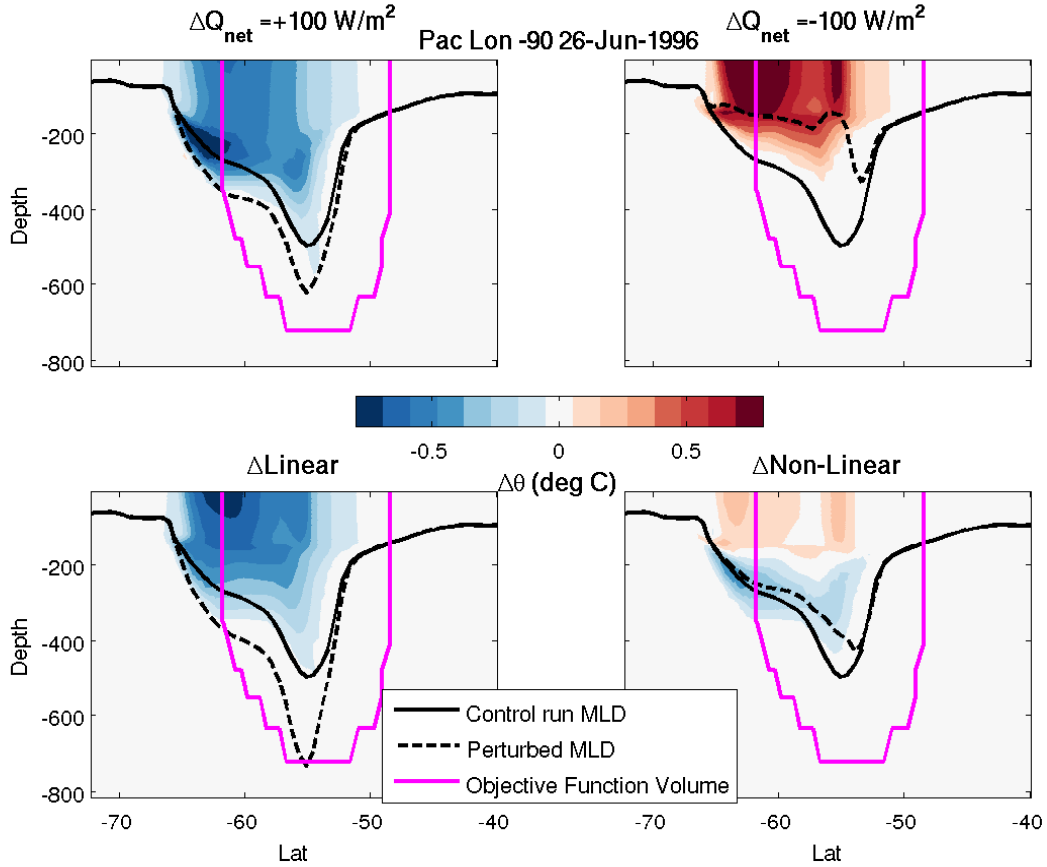
447 **Figure 6.** Example dynamic and kinematic sensitivities highlight their different properties:  
 448 Sensitivities to a) dynamic and b) kinematic potential temperature changes at a fixed depth of  
 449 -442m, fixed lag of 4 years, in all three basins (top to bottom). The black contour indicates the  
 450 median location of the objective function at each depth, and as previously, the grey contours  
 451 indicate the -17, 0, and 30 Sv mean barotropic streamlines. The associated ensemble standard  
 452 deviations can be found in the supplementary information. Sensitivities are scaled by  $1/\rho_0 c_p$  and  
 453 are unitless.



502 **Figure 7.** Domain-mean kinematic sensitivities decay over time, but dominate over domain-  
 503 mean dynamic sensitivities, which show a basin-dependent structure: Domain-mean dynamic  
 504  $\theta$  sensitivities (left), and domain-mean kinematic  $\theta$  sensitivities (right) split by basin (top to  
 505 bottom, as labeled). Colors indicate the contributions from local sensitivities (within objec-  
 506 tive function mask, blue lines), non-local sensitivities (out-with mask, red lines), and sum total  
 507 sensitivities (purple lines). The shaded region indicates the envelope of individual ensembles,  
 508 and thick lines the ensemble mean. All sensitivities have been scaled by  $J_b^Y$  and are therefore  
 509 dimensionless.

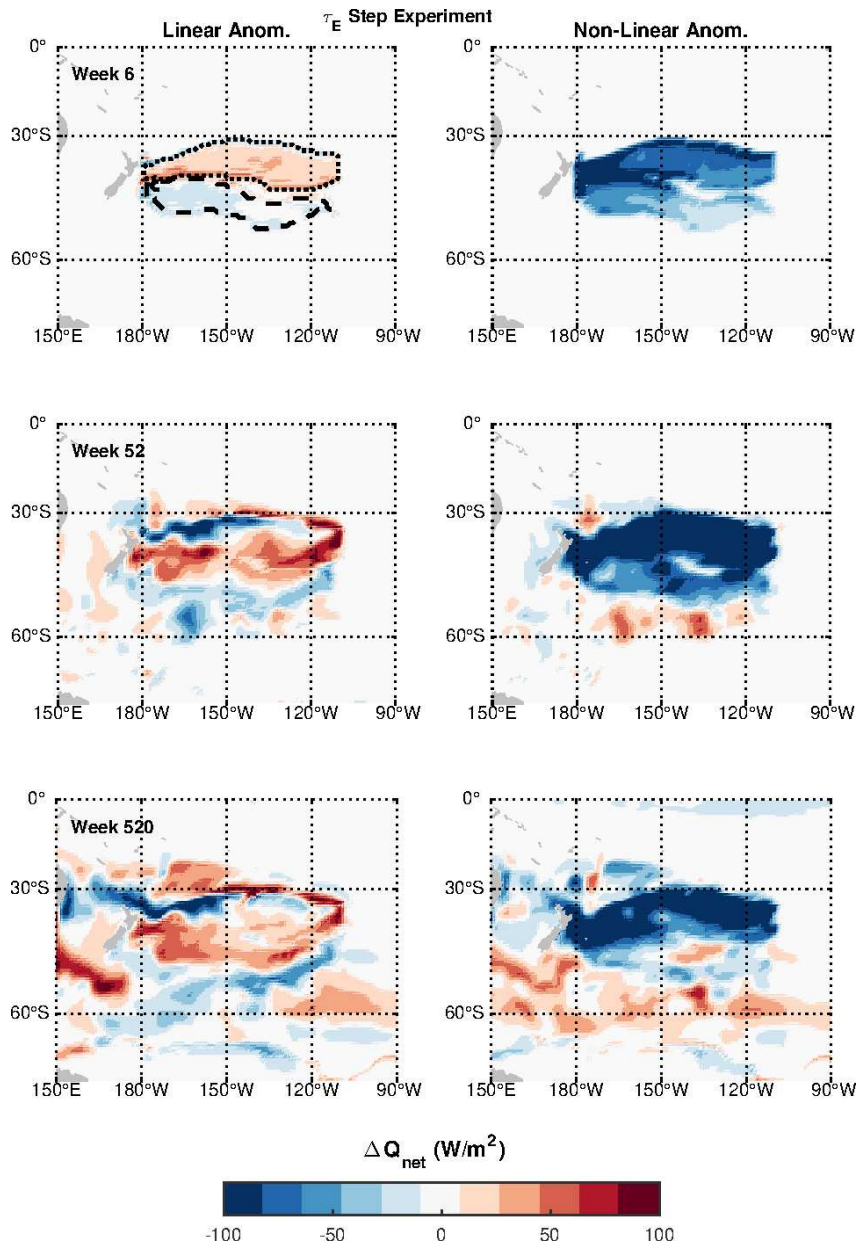


568 **Figure 8.** The adjoint sensitivities accurately predict the linear response of the fix-MWFRs  
 569 heat content: a) Ensemble mean sensitivities of mode water heat content to  $Q_{\text{net}}$  in various  
 570 basins at lags as labelled. Black contours indicated median location of objective functions, black  
 571 dashed contour indicates location of  $Q_{\text{net}}$  perturbation (see text for details), grey contours, as  
 572 before, indicate -17, 0, and 30 Sv mean SSH contours. Results of Pacific  $Q_{\text{net}}$  perturbation exper-  
 573 iment, normalized linear (thick lines) and non-linear (thin lines) heat content changes divided  
 574 by the perturbation magnitude, for either the fix-MWFR (b) or the var-MWFR (c), and for the  
 575  $\pm 10W m^{-2}$  (blue) or  $\pm 100W m^{-2}$  (red) experiments.

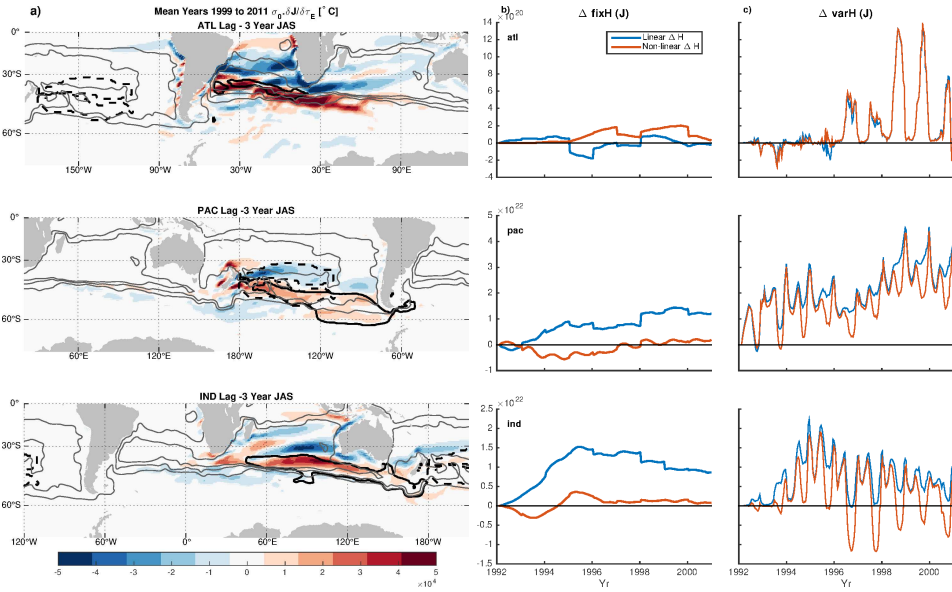


672 **Figure 9.** Linear changes in mixed layer depth act counter to linear changes in tempera-  
 673 ture, leading to opposite changes in heat content of the fix- and var-MWFRs: Latitude-depth  
 674 snapshots of potential temperature changes (color) in the Pacific basin from the Pacific  $Q_{\text{net}}$   
 675 perturbation experiment in June 1996.  $Q_{\text{net}}$  is, as before, defined as positive from ocean to atmo-  
 676 sphere. As labelled, the different panels show the difference from the control run for both positive  
 677 and negative perturbations, and the combination of these to produce the linear and non-linear  
 678 changes. The black solid lines show the control run instantaneous MLD and the magenta lines  
 679 show the 1996 objective function volume (the same in every panel). The black dashed lines show  
 680 the instantaneous MLD for the perturbation experiments as labelled.

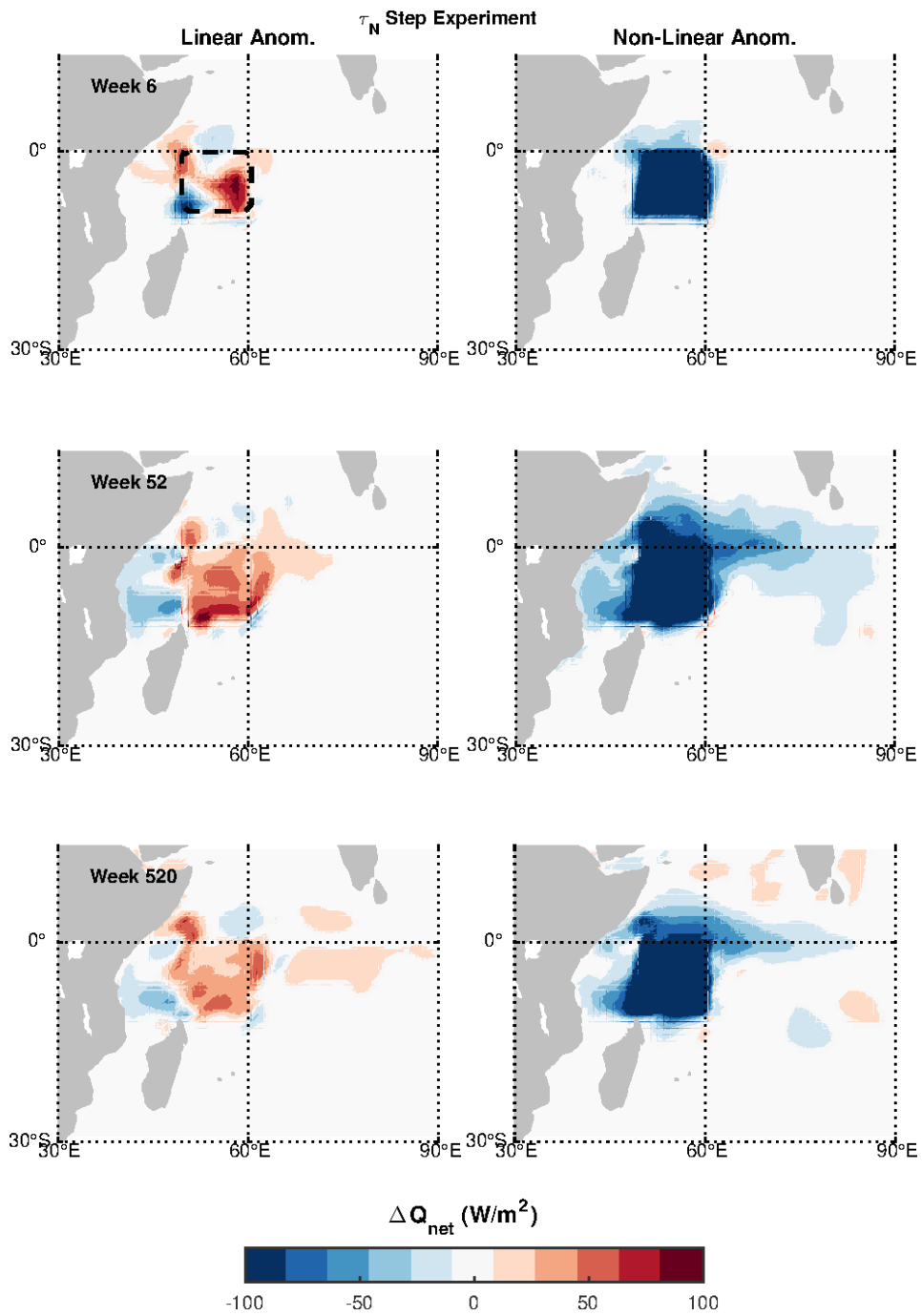




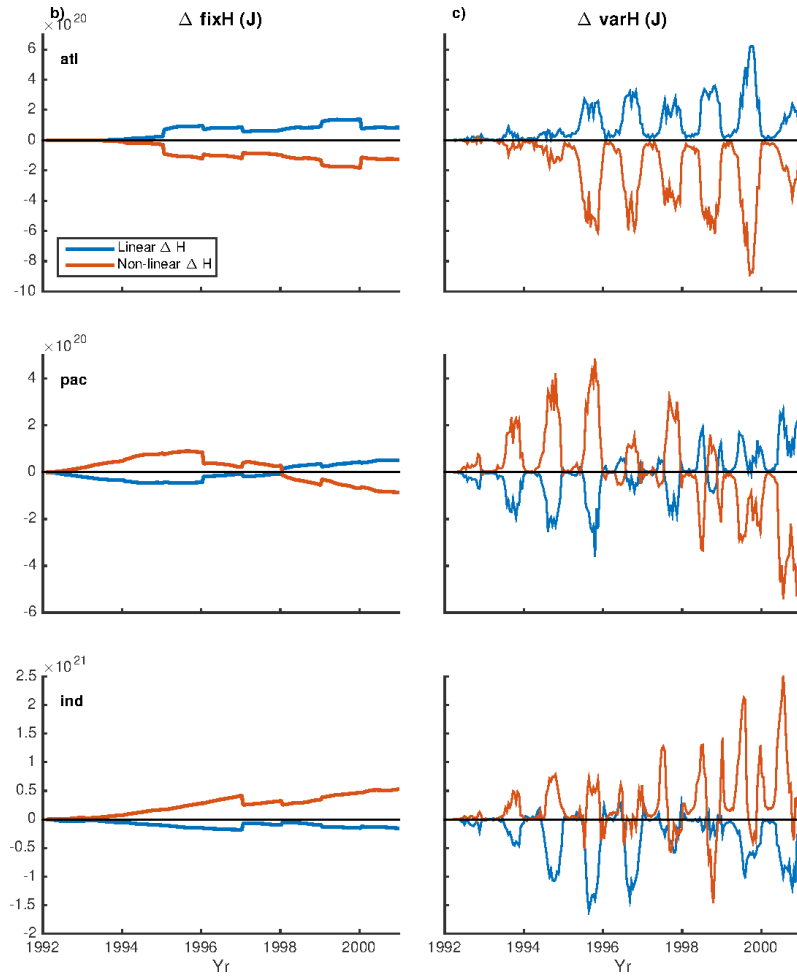
698 **Figure 10.** Comparison between applied wind stress and derived heat flux perturbations  
 699 for Pacific experiment shows significant non-linear heat flux perturbations: Regions of applied  
 700 Ocean  $\tau_E$  perturbation (‘positive’ perturbation defined as  $+1 \text{ Nm}^{-2}$  within dashed contour,  $-1$   
 701  $\text{Nm}^{-2}$  within dotted contour). Derived Ocean  $Q_{\text{net}}$  perturbations via bulk formulae, linear and  
 702 non-linear components (color) going forward in time, top to bottom.



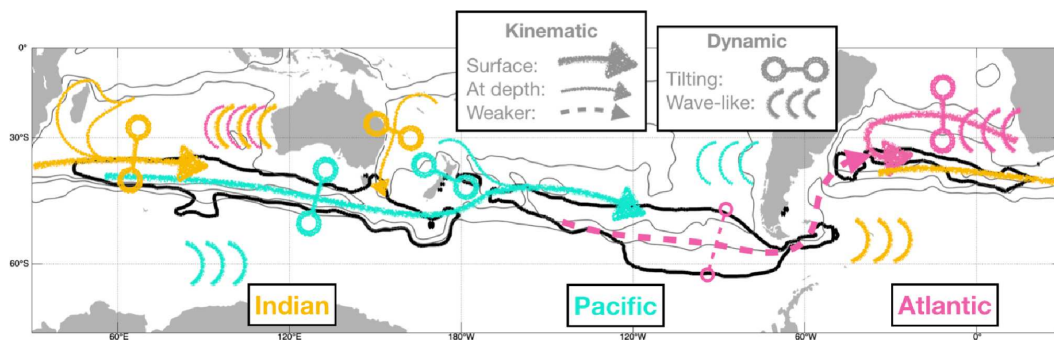
722 **Figure 11.** Left: Ensemble mean sensitivities of mode water heat content to  $\tau_E$  in various  
 723 basins in winter at 3 years lag as labelled. Black contours indicated median location of objec-  
 724 tive functions, black dashed contour indicates location of  $\tau_E$  perturbation (see figure 10), grey  
 725 contours, as before, indicate -17, 0, and 30 Sv mean SSH contours. Right: Results of Pacific  $\tau_E$   
 726 perturbation experiment. Linear (blue lines) and non-linear (red lines) heat content changes,  
 727 for either the fix-MWFR (b) or the var-MWFR (c). Positive signed linear/non-linear change  
 728 indicates the changes resulting from the perturbation as depicted in figure 10.



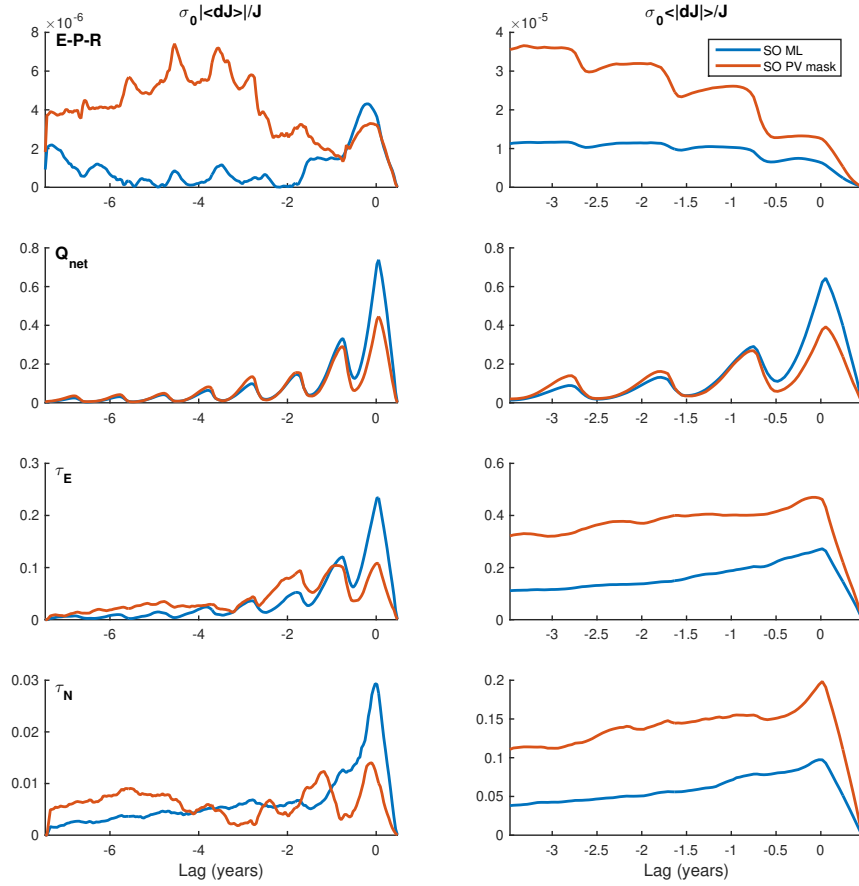
774 **Figure 12.** Comparison between applied wind stress and derived heat flux perturbations for  
 775 E Africa experiment shows significant non-linear heat flux perturbations: Area of applied Ocean  
 776  $\tau_N$  perturbation ( $\pm 1 \text{ Nm}^{-2}$  within black dashed lines) and derived Ocean  $Q_{\text{net}}$  perturbations via  
 777 bulk formulae, linear and non-linear components (color) going forward in time, top to bottom.



793 **Figure 13.** Results of E Africa  $\tau_N$  perturbation experiment. Linear (blue lines) and non-  
 794 linear (red lines) heat content changes, for either the fix-MWFR (a) or the var-MWFR (b). Note  
 795 the different vertical scales when compared with figure 11



819 **Figure 14.** Schematic illustrating the main kinematic and dynamic sensitivities up to approx-  
 820 imately 5 years lag for all three basins: Indian (yellow), Pacific (cyan), and Atlantic (pink). As  
 821 before, thick black contours show the median location of the MWFRLs and grey contours the -17,  
 822 0, and 30 Sv mean barotropic streamlines. Arrows indicate paths of kinematic sensitivities, with  
 823 thinner lines indicating paths only found at depth and dotted lines showing relatively weaker  
 824 paths. The circles connected by lines indicate where dynamic sensitivities resemble dipoles, where  
 825 a change in isopycnal gradient will affect the MWFRLs (the exact location of the symbols is not  
 826 meaningful). Groups of curves indicate where wave-like patterns are found.



1060 **Figure A.1.** Mean and absolute sensitivities (left and right hand plots respectively) to sur-  
 1061 face properties as labelled, salt water flux, heat flux, zonal, and meridional wind stress, top to  
 1062 bottom. Blue lines show an objective function of the whole Southern Ocean mixed layer depth  
 1063 Jul-Nov 1999 maximum. Red lines show an objective function of the whole Southern Ocean 1999  
 1064 MWFRs – with the horizontal extent determined by the masks described in section 2 and the  
 1065 vertical extent the Jul-Nov maximum mixed layer depth. Sensitivities have been scaled by the  
 1066 representative standard deviations and the value of the objective function  $J$ , and then normal-  
 1067 ized.