# Methane, Monsoons, and Modulation of Millennial-scale Climate

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## **Key Points:**

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8	•	We assess the extent to which orbital forcing modulates millennial-scale climate
9		variability.
10	•	Millennial variations in atmospheric methane are directly modulated by precession whereas those in Chinese speleothem $\delta^{18}$ O are not.
12	•	We propose that this decoupling has important consequences for understanding
13		drivers and feedbacks in the climate system.

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#### 14 Abstract

Earth's orbital geometry exerts a profound influence on climate by regulating changes 15 in incoming solar radiation. Superimposed on orbitally-paced climate change, Pleistocene 16 records reveal substantial millennial-scale variability characterized by trends, tipping points, 17 and rapid swings. However, the extent to which orbital forcing modulates the amplitude 18 and timing of these millennial variations is unclear. Here we isolate the magnitude of 19 millennial-scale variability (MMV) in two well-dated records, both linked to precession 20 cycles (19,000-23,000-year periodicity): atmospheric methane and Chinese speleothem 21  $\delta^{18}$ O, where the latter is commonly interpreted as a proxy for Asian monsoon intensity. At 22 the millennial timescale (1,000-10,000 years), we find a fundamental decoupling wherein 23 precession directly modulates the MMV of methane but not that of speleothem- $\delta^{18}$ O. 24 We hypothesize that mid-to-high latitude insolation modulates the MMV of atmospheric 25 methane, but feedbacks internal to the Earth-climate system modulate the strength of millennial-26 scale monsoonal circulation. 27

#### **1** Introduction

Well-known variations in Earth's orbital parameters have pronounced effects on its 29 insolation (i.e. incoming solar radiation) and climate system. Also known as Milankovitch 30 cycles, imprints of oscillatory changes in orbital precession, obliquity, and/or eccentric-31 ity of the Earth's orbit are found in virtually all sufficiently-resolved paleoclimatic records 32 during and beyond the Cenozoic Era. Despite disagreement regarding causal mechanisms 33 [Abe-Ouchi et al., 2013], it is well-established that orbital forcing paced the glacial-interglacial 34 cycles of the late Pleistocene [Imbrie et al., 1992], with a periodicity approximating 100,000 35 years (hereafter 100-kyr). Regional records of temperature and hydroclimate change also 36 indicate shorter-term variability [Caley et al., 2011] tied to precession (19-kyr and 23-kyr 37 periodicities) and obliquity (41-kyr periodicity). On even shorter timescales, arguably 38 more pertinent to human and societal relevance [Castañeda et al., 2009], high-resolution 39 records reveal abrupt and substantial millennial-scale climate variability (1 to 10-kyr peri-40 odicity) superimposed on the more gradual, orbitally-induced changes [Brook and Buizert, 41 2018]. However, the relationship between millennial-scale climate variability and orbital 42 variations of insolation remains elusive. 43

Previously, orbitally-paced changes in insolation have been hypothesized to modulate 44 millennial-scale activity in both atmospheric methane [Brook et al., 1996] and the Asian 45 monsoons [Cheng et al., 2016]. Studies have also postulated a strong coupling between 46 monsoon intensity and methane at both precessional and millennial timescales, wherein 47 increased monsoon rainfall is associated with increased methane production via wetland 48 expansion in low-latitude regions [Guo et al., 2011; Ruddiman and Raymo, 2003]. Clari-49 fying their relationship under changing background conditions is important for constrain-50 ing extreme future scenarios as uncertainties in monsoon hydrology and resultant wetland 51 changes feedback onto the future trajectory of methane [O'Connor et al., 2010; Kirschke 52 et al., 2013; Brook and Buizert, 2018]. However, the proposed mechanisms of how orbital 53 forcing modulates millennial-scale variability are inconsistent: whereas Brook et al. [1996] 54 posit increased millennial-scale methane activity with increased insolation, Cheng et al. 55 [2016] find an anti-phased modulation relationship where high insolation values corre-56 spond to weakened monsoon intervals. 57

<sup>58</sup>Does orbital forcing modulate the magnitude of millennial-scale variability? We de-<sup>59</sup>fine the term 'modulate' following signal-processing literature [*Roder*, 1931; *Rial*, 2000] <sup>60</sup>wherein a higher-frequency carrier signal (millennial oscillations of the climate system) is <sup>61</sup>modulated by a lower-frequency input signal (orbital variations) to yield a resultant mod-<sup>62</sup>ulated signal (observed paleoclimate record). Thus, modulation implies a significant con-<sup>63</sup>trol of a longer-timescale signal on shorter-event amplitude or frequency. Here, we isolate <sup>64</sup>the magnitude of millennial-scale variability (MMV) of atmospheric methane and that of

monsoon intensity over the past 640 kyrs and quantitatively assess the extent to which pri-65 mary orbital frequencies modulate the millennial band of climate variance. We stress that 66 co-variability and coupling over millennial timescales between atmospheric methane and 67 Chinese speleothem  $\delta^{18}$ O (e.g. both records contain responses to Heinrich events [Marcott 68 et al., 2014; Rhodes et al., 2015]) does not preclude that the amplitude of these two pa-69 rameters are differently modulated by external factors [*Extier et al.*, 2018]. We show that 70 there is a clear imprint of precession cycles in the MMV of methane whereas we cannot 71 find any signature of insolation directly modulating the MMV of speleothem  $\delta^{18}$ O. Finally, 72 we also find a long-term trend in the MMV of speleothem  $\delta^{18}$ O coinciding approximately 73 with the Mid-Brunhes Event ( $\sim$ 430 ka) whereas no secular trend exists in the MMV of 74 methane. 75

76 2 Methods

We focus on quantifying the magnitude of millennial-scale variability (MMV) in 77 the EPICA Dome Concordia (EDC)  $CH_4$  record [Loulergue et al., 2008] (Fig. 1a) and 78 the Chinese speleothem composite  $\delta^{18}$ O record [Cheng et al., 2016] (Fig. 2a). At first, 79 we assume that the composite purely reflects variations in East Asian monsoon rainfall 80 intensity – the published interpretation [Cheng et al., 2016] – although there is ongoing 81 debate regarding the details of this interpretation [Chiang et al., 2015; Clemens et al., 82 2018; Beck et al., 2018] which we address in our discussion below. Both records are ex-83 tremely well-dated and represent state-of-the-art climate reconstructions in terms of their 84 resolution over the past 640 kyrs, spanning multiple realizations of Milankovitch cycles. 85 We evaluate the MMV in these records by first filtering them to isolate their millennial 86 components (Figs. 1b and 2b). Next, we separate their positive and negative amplitude 87 envelopes (Fig. 1c and 2c) to independently assess the modulation of high-value (e.g., 88 Dansgaard-Oeschger interstadials) versus low-value (e.g., Dansgaard-Oeschger stadials, 89 Heinrich Events) millennial-scale variability. We then calculate a continuous record of the 90 MMV (Figs. 1d and 2d), which reflects a combined metric of both positive- and negative-91 amplitude variability, derived from the variance in the filtered records (Figs. 1b and 2b). 92 Finally, we utilize spectral analysis to determine periodicities where variance is concen-93 trated (Figs. 1e-h and 2e-h) and to identify the power of primary orbital frequencies in 94 the MMV of atmospheric methane ( $MMV_{methane}$ ) and the purported record of East Asian 95 monsoon intensity (MMV<sub>China</sub>). Although the methane and Chinese  $\delta^{18}$ O records are vari-96 able in their timestep resolution as well as in their age-model uncertainties, we show that 97 these effects have little impact on our results (Fig. S1 and Fig. S2). Furthermore, our 98 analysis is insensitive to the various ice-core age models (Fig. S1) and for this work, we 99 use the updated AICC timescale [Bazin et al., 2013]. 100

The MMV in each record was calculated using the following steps. The original 101 time series was filtered using a Butterworth filter at a cutoff threshold of 10 kyrs. Prior to 102 filtering, we interpolated the original time series to a common step of 100 years (changing 103 this value to 50 years or 1000 years did not impact our interpretations; see Fig. S1). The 104 MMV was calculated using a centered rolling standard deviation applied to the high-pass 105 filtered time series with a window of 2 kyrs and a 100-year step (i.e., essentially a con-106 tinuous window). The outcomes of our study remain unchanged if we reduced our cutoff 107 threshold to 6 kyrs or increased it to 12 kyrs; we justify our choice of 10 so as to include 108 the millennial band frequencies and exclude leakage from hemi-precession frequencies 109 [Hagelberg et al., 1994]. 110

<sup>111</sup> We also calculated the MMV in the following records: ice-volume over the past 640 <sup>112</sup> kyrs (Fig. S3) from a recently compiled probabilistic stack [*Spratt and Lisiecki*, 2016], <sup>113</sup> the EDC  $\delta$ D record from Antarctica [*Jouzel et al.*, 2007] (Fig. 4c; Fig. S4), the molybde-<sup>114</sup> num XRF composite record from Cariaco Basin, Venezuela [*Gibson and Peterson*, 2014] <sup>115</sup> (Fig. S5), and the composite Borneo speleothem  $\delta^{18}$ O record [*Carolin et al.*, 2016] from <sup>116</sup> Malaysia (Fig. S6). We normalized orbital eccentricity, tilt, and precession (ETP) parameters over the past 640 kyrs for use in the wavelet coherence calculations (Figs. 3b, 3d) to extract maximal phase and amplitude correlations with orbital forcing. Finally, all analyses evaluating the spectral characteristics of the time series in this study were performed using the Lomb-Scargle periodogram, a method chosen so as to not generate spurious spectral characteristics [*VanderPlas*, 2017]. Wavelet coherence between time series was performed in a Monte Carlo framework (n=1000) using published MATLAB codes [*Grinsted et al.*,

<sup>123</sup> 2004] wherein each time series was linearly detrended.

#### 124 3 Results

Spectral analysis reveals the dominant influence of orbital forcing in atmospheric 125 methane variability over the past 640 kyrs. In the original ("raw") methane record, the 126 variance is mainly concentrated in the obliquity and eccentricity bands [*Chappellaz et al.*, 127 1990; Loulergue et al., 2008], to nearly the same magnitude (Fig. 1e). Peaks in the preces-128 sional bands are also present, although their magnitudes are comparatively small. Power 129 in the millennial band becomes prominent in the filtered record, which, by construction, 130 does not contain variance in periodicities beyond 10 kyrs (Fig. 1f; note change of scale 131 in axis). Spectra of both high-value and low-value excursions contain separate and dis-132 tinct peaks in the millennial bands (Fig. 1g), potentially pointing to separate and dis-133 tinct controls on uptake and release of CH<sub>4</sub> during individual events [Siddall et al., 2010]. 134 However, over modulating timescales (>10-kyr), we find that the spectral peaks for both 135 high-value and low-value CH<sub>4</sub> are identical. These peaks are also very similar to those 136 observed in the MMV<sub>methane</sub> record (Fig. 1h). Most notably, we find strong spectral power 137 in both precessional bands as well as power in the obliquity band for the high-value and low-value records as well as in the MMV of methane (Figs. 1g and h). 139

On closer inspection, we find that precession minima (i.e., Northern Hemisphere 140 summer insolation maxima) correspond to large increases in the MMV<sub>methane</sub> (Fig. 3a). 1/1 Many of these increases are associated with the release and subsequent drawdown of at-142 mopsheric methane coinciding with precession minima, nearing the culmination of deglacia-143 tion (Fig. 3a & Fig. S3; e.g., over the Bølling-Allerød and Younger Dryas sequence). 144 Conversely, precessional maxima (i.e., Northern Hemisphere summer insolation minima) 145 correspond to reduced  $MMV_{methane}$  (Fig. 3a). This relationship is insensitive to glacial or 146 interglacial background state (Fig. S3). The amplitude of these swings in MMV often fol-147 low the amplitude of precession changes, e.g., a lull in MMV<sub>methane</sub> is observed at ~400 148 ka, when variability in precession is subdued. Wavelets analysis reveals strong coherence 149 and near-zero phase with the 19 kyr and 23 kyr bands over the last two glacial cycles, 150 with varying but persistent power over the past 640 kyrs (Fig. 3b). Comparatively weak 151 coherence and out-of-phase relationships are found at the 41 kyr and 101 kyr bands (Fig. 152 3b), despite the peaks in the periodograms (Fig. 1g and 1h), suggesting that  $MMV_{methane}$ 153 is not directly modulated by either obliquity or eccentricity. Thus, we conclude that pre-154 cession directly modulates millennial-scale variability in atmospheric methane, supporting 155 the assertion of higher insolation facilitating increased variability [Brook et al., 1996]. 156

In stark contrast, we find no trace of precessional forcing in the modulation of millennial-157 scale speleothem  $\delta^{18}$ O variability (Fig. 2). Variance in the original ("raw")  $\delta^{18}$ O record is 158 dominated by precession (Figs. 2a and 2e), yet, power is absent in the precessional bands 159 of both the high-value and low-value records (Figs. 2c and 2g), as well as in the MMV 160 record (Figs. 2d and 2h). Instead, we observe power at a spectral peak near the obliquity 161 band (~43 kyr). A time series comparison of MMV<sub>China</sub> and obliquity demonstrates that 162 1) the correspondence between them is not consistent over the past 640 kyrs (Fig. 3c) and 163 2) MMV<sub>China</sub> peaks *lead* obliquity from 350-640 ka (Fig. 3d). Hence, MMV in Chinese 164  $\delta^{18}$ O is not modulated by precession and moreover, its relationship with obliquity is com-165 plex, as it *leads* obliquity-driven insolation changes. 166

Our analysis shows that the modulating agents of millennial-scale variability in at-167 mospheric methane and in Chinese stalagmite  $\delta^{18}$ O are disparate. Orbitally-paced inso-168 lation, via precession, modulates MMV<sub>methane</sub> but does not modulate MMV<sub>China</sub>. The 169 MMV timeseries are not correlated and also show limited coherence in the primary or-170 bital bands (Figs. 4a and 4b). On the other hand, we find a striking correspondence be-171 tween MMV<sub>China</sub> and the MMV in Antarctic  $\delta D$  (MMV<sub>Antarctica</sub> – see Fig. S4). Significant 172 and in-phase coherence (Fig. 4c and 4d) between these records indicates a persistent and 173 robust coupling over the past 640 kyrs, with trends towards higher magnitude millennial-174 scale variability in both records (particularly pronounced in MMV<sub>Antarctica</sub>; Fig. S4d) start-175 ing around ~430 ka (Fig. 4c). Ultimately, the MMV in Chinese  $\delta^{18}$ O and Antarctic  $\delta D$ 176 share more commonalities in their modes of temporal variability than that of atmospheric 177 methane – where the latter is modulated by precession.

#### 179 **4 Discussion**

What does the decoupling of orbital modulation of millennial-scale variability in 180 methane and monsoon intensity imply? Over the past three decades, low-latitude precip-181 itation, via its influence on tropical wetlands, has been proposed to be a major driver of 182 long-term variability in atmospheric methane over glacial cycles [Chappellaz et al., 1990]. 183 Although this interpretation has been challenged [Schmidt et al., 2004; Crowley, 1991], it has also been used to tune ice-core age models to precession cycles [Ruddiman and 185 Raymo, 2003]. Shifts in the intertropical convergence zone (ITCZ) and monsoon rain-186 fall variability have been inferred as causes for orbital and millennial-scale variability 187 in methane [Guo et al., 2011; Brook and Buizert, 2018], with a secondary role for bo-188 real sources [*Chappellaz et al.*, 1997] and a minimal role for "geological" emissions in-189 cluding marine clatharates, seeps, and mud volcanoes [Bock et al., 2017; Petrenko et al., 190 2017]. Yet the relative contributions of various sources to past methane changes and sub-191 sequent significance for future ramifications remains hotly debated [Baumgartner et al., 192 2012; Kirschke et al., 2013; Schuur et al., 2015; Bock et al., 2017]. 193

Taken at face value, given that precession modulates MMV<sub>methane</sub> and not monsoon 194 intensity (as recorded in Chinese speleothem  $\delta^{18}$ O), our results point to midlatitude and 195 high-latitude sources as potentially important drivers of the amplitude of methane variability on millennial timescales. Several mechanisms involving boreal sources as ma-197 jor contributors to methane variations have been proposed, including variability in mid-198 latitude wetlands and peatlands from changes in sea-level and hydroclimate [Baumgart-199 ner et al., 2012; Bock et al., 2017; Ridgwell et al., 2012], high-latitude permafrost thaw-200 ing [O'Connor et al., 2010], and emissions from temperature-sensitive thermokarst lakes 201 [Lewkowicz and Way, 2019]. We contend that precession-triggered changes in local sum-202 mer temperatures and associated hydrological anomalies in extratropical northern latitudes 203 could generate shifts in methane sources through a combination of these mechanisms, and 204 thus explain the modulation of millennial-scale variability in atmospheric methane. 205

Uncertainty exists in strictly interpreting Chinese speleothem  $\delta^{18}$ O as monsoon rain-206 fall amount. However, even if the speleothem  $\delta^{18}$ O were not a representative metric of 207 the global paleomonsoons [Cheng et al., 2016; Caley et al., 2011] and instead reflected 208 changes in the position of westerlies, or downstream vapor changes in the Indian monsoon 209 domain over millennial timescales [Pausata et al., 2011; Chiang et al., 2015], the remark-210 able similarity between MMV<sub>China</sub> and MMV<sub>Antarctica</sub> indicates that disparate and distant 211 regional ocean-atmosphere features of the climate system are modulated in the same man-212 ner (Fig. 4c-d). The lack of precession in these MMV records suggests that endogenous 213 processes modulate the magnitude of millennial-scale climate variability. 214

Given these uncertainties in interpreting Chinese speleothem  $\delta^{18}$ O, another explanation for our findings is that MMV<sub>China</sub> is modulated purely by high-latitude and internal sources, thus explaining its similarity with MMV<sub>Antarctica</sub>. In this case, the modula-

tion of MMV<sub>methane</sub> by precession and lack thereof in the speleothems would imply that 218 MMV<sub>China</sub> is decoupled from tropical rainfall [Clemens et al., 2018; Beck et al., 2018] and 219 that the MMV calculated in records of precipitation from the monsoon and ITCZ domain 220 would contain precessional peaks. Such long, well-resolved and absolutely-dated records 22 of tropical rainfall do not yet exist to refute this hypothesis and moreover, such a sce-222 nario would also argue for the decoupling of ITCZ and low-latitude rainfall shifts from 223 the MMV in Chinese speleothem  $\delta^{18}$ O. As a preliminary investigation, we found that the 224 MMV in a record of ITCZ changes from the Cariaco Basin [Gibson and Peterson, 2014], 225 off Venezuela (shorter in length compared to the Chinese composite speleothem record), 226 does not contain power in the precessional band as a modulator (Fig. S5). Speleothem 227  $\delta^{18}$ O from Borneo (Fig. S6), although spanning only ~150 kyrs, also does not contain 228 such a peak. These further point to an extratropical origin for the precessional modulation 229 of MMV<sub>methane</sub>. 230

The bipolar seesaw paradigm links millennial-scale climate change between Antarc-231 tica and Greenland [Barker et al., 2011; Brook and Buizert, 2018; Siddall et al., 2010]. 232 Barker and colleagues generated a synthetic record of millennial-scale Greenland tem-233 perature variability ("GL<sub>T</sub>\_syn"), beyond the past glacial cycle derived from Antarctic 234 ice-core  $\delta D$ , assuming stationarity in this paradigm [Barker et al., 2011]. Accordingly, 235 MMV<sub>Antarctica</sub> is virtually identical to the MMV in the synthetic series (Fig. S7), which 236 leads to the need for reconciliation: if MMV<sub>methane</sub> is modulated by high-latitude pre-237 cession via changes in local temperature and hydroclimate, why is this not reflected in 238  $MMV_{GL_{T}_{syn}}$ , by extension from  $MMV_{Antarctica}$ ? One possibility is that the bipolar-seesaw 239 is not stationary [Siddall et al., 2010] over the past 640 kyrs, although more highly re-240 solved records are needed to explore this hypothesis. However, another reconciling ex-241 planation is offered by the delayed response of ice-sheets to external forcing. Whereas 242 boreal sources of methane respond rapidly to direct insolation forcing [Lewkowicz and 243 Way, 2019], the waxing and waning of ice-sheets offer more inertia [Abe-Ouchi et al., 244 2013], thus leading to different variability in the high-latitude isotopic records [Vimeux] 245 et al., 2001]. Abrupt changes in far-field, regional climates can be linked through per-246 turbations of the Atlantic meridional overturning circulation [Siddall et al., 2010; Barker 247 et al., 2011], and resultant impacts on hydroclimate – processes often invoked alongside the bipolar seesaw mechanism. Such teleconnections internal to the climate-system can 249 also explain why MMV<sub>China</sub> and MMV<sub>Antarctica</sub> share many common traits. Considering 250 that these records are coherent and in-phase at the obliquity band (Fig. 4d), despite not 251 being in-phase with obliquity-forced changes in insolation (Fig. 3d) nor having power 252 at the precessional bands (Fig. 2h and Fig. S4h), strongly suggests that internal ocean-253 ice-atmosphere interactions set the timing and magnitude of their millennial-scale climate 254 variability. 255

Finally, we note the occurrence of a trend towards higher-amplitude millennial-scale 256 variability in the latter half of the MMV in the Chinese and Antarctic records (Fig. 4c). 257 This trend of increasing MMV in both records is independent of the timestep of the raw 258 datasets (see Fig. S2). The onset of this trend coincides with the Mid-Brunhes Event 259 (~430 ka), when ice-sheets increased in size and the 100-kyr cycle became more promi-260 nent [Wang et al., 2003]. Changes in the carbon reservoir as well as the effect of insola-261 tion on the Southern Hemisphere have been invoked to explain this event [Yin and Berger, 262 2010; Wang et al., 2003]. According to our analysis, stronger glacial-interglacial cycles co-263 incide with stronger-magnitude millennial-scale climate variability. As insolation does not 264 trend over the last 400 kyr, this observation provides an independent line of evidence that 265 insolation does not modulate MMV<sub>China</sub> nor MMV<sub>Antarctica</sub>. Curiously, we find that there is 266 no trend in the millennial-scale activity of methane before or after this event, which reaf-267 firms our hypothesis that MMV<sub>methane</sub> is modulated by changes in Northern Hemisphere 268 summer insolation linked to precession cycles. 269

### 270 5 Conclusions

We provide a new framework to isolate millennial-scale variability and address its 271 modulation in well-dated late Pleistocene records. We find that precession directly modu-272 lates the amplitude and timing of atmospheric methane variations over millennial timescales 273 but not of purported monsoon intensity. At face value, this decoupling implies that fluc-274 tuations in midlatitude and high-latitude sources of methane, forced by precession, are 275 important for modulating millennial-scale variability. Conversely, we find a strong link be-276 tween the MMV in Antarctic  $\delta D$  and Chinese composite speleothem  $\delta^{18}O$ , reinforcing a 277 role for Earth-cryosphere-system feedbacks in modulating millennial-scale climate variability in the ice-core and monsoon-sensitive records. 279

## 280 Acknowledgments

We are grateful to Warren Prell for commenting on a previous version of this manuscript

and to Baylor Fox-Kemper who provided input on the statistical analysis. We thank Yoshimi

Kubota and Joseph Orchardo for fruitful discussion. KT acknowledges the Brown Uni-

versity Presidential Fellowship and the Department of Geosciences at the University of

Arizona. This research was supported by NSF grant AGS-1703123 to KT and JWP. The

<sup>286</sup> MMV datasets calculated by the authors are attached as a supplemental spreadsheet and

will be archived in publicly available repository upon completion of peer-review.

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Figure 1. Orbital and millennial-scale atmospheric methane variability over the past 640 kyrs. (a) EPICA Dome C record of CH<sub>4</sub>, (b) its millennial-scale variability calculated as the 10-kyr high-pass filtered record of the original time series, (c) high-value and low-value CH<sub>4</sub> in the high-pass filtered record, and (d) the magnitude of millennial-scale variability calculated as the centered rolling standard deviation of the highpass filtered record using 2-kyr sliding windows (100-yr step). (e-h) Periodograms of corresponding time series using the Lomb-Scargle methodology. Primary orbital frequencies are marked with dashed lines (19 & 23 - precession; 41 - obliquity; 101 - eccentricity). Note different scaling for power spectral density.



Figure 2. Orbital and millennial-scale variability in the composite Chinese speleothem record over 434 the past 640 kyrs. (a) Chinese speleothem  $\delta^{18}$ O composite, (b) its millennial-scale variability calculated as 435 the 10-kyr high-pass filtered record of the original time series, (c) negative-value and positive-value  $\delta^{18}$ O in 436 the high-pass filtered record, and (d) the magnitude of millennial-scale variability calculated as the centered 437 rolling standard deviation of the high-pass filtered record using 2-kyr sliding windows (100-yr step). (e-h) 438 Periodograms of corresponding time series using the Lomb-Scargle methodology. Primary orbital frequencies 439 are marked with dashed lines (19 & 23 - precession; 41 - obliquity; 101 - eccentricity). Note different scaling 440 for power spectral density. 441



Figure 3. Comparison of orbital forcing and MMV in atmospheric methane and Chinese  $\delta^{18}$ O. (a) 442 MMV<sub>methane</sub> (red) compared with precession (yellow), the predominant peak in the MMV<sub>methane</sub> spectra 443 (Fig. 2h) and (b) wavelet coherence between MMV<sub>methane</sub> and normalized eccentricity-tilt-precession (ETP) 444 over the past 640 kyrs. (c) MMV<sub>China</sub> (violet) compared with obliquity (orange), the predominant peak in the 445 MMV<sub>China</sub> spectra (Fig. 2h) and (d) wavelet coherence between MMV<sub>China</sub> and ETP over the past 640 kyrs. 446 Primary orbital frequencies are marked with dashed lines (19 & 23 - precession; 41 - obliquity; 101 - eccen-447 tricity) and lighter colors correspond to stronger coherence. The cone of influence, where edge effects could 448 prevail, has been shaded. Black lines depict significance at the 10% level (number of Monte Carlo simulations 449 = 1000) and black arrows indicate phase, where those pointing to the right depict zero-phase (upward arrows 450 indicate that the phase of MMV leads ETP). Note that axis for precession is inverted to show higher Northern 451 Hemisphere summer insolation upward and also note that the timeseries comparisons are with (a) precession 452 and (c) obliquity, whereas the wavelet analyses use ETP to test sensitivity with all three aspects of primary 453 orbital forcing. 454





herence between the two records over the past 640 kyrs. (c) MMV<sub>China</sub> (violet) compared with MMV<sub>Antarctica</sub>
(green) and (d) wavelet coherence between the two records over the past 640 kyrs. Primary orbital frequencies are marked with dashed lines (19 & 23 - precession; 41 - obliquity; 101 - eccentricity) and lighter colors
correspond to stronger coherence. The cone of influence, where edge effects could prevail, has been shaded.
Black lines depict significance at the 10% level (number of Monte Carlo simulations = 1000) and black arrows
indicate phase, where those pointing to the right depict zero-phase (upward arrows indicate that the phase of
MMV leads ETP).



**Figure S1.** Sensitivity of the magnitude of millennial-scale variability (MMV) in methane and Chinese composite speleothem  $\delta^{18}$ O. (a) Comparison of MMV methane on originally published Loulergue et al. 2008 age-model (light blue) versus that on the updated AICC timescale (Bazin et al. 2013) show virtually indistinguishable spectra with both indicating strong precessional power. (b-c) Comparison of MMV in Chinese speleothem  $\delta^{18}$ O and atmospheric methane using a flat 1000-yr interpolation as the time-step of resolution. Although degraded, MMV of atmospheric methane yet shows power in the precessional band whereas the Chinese speleothem  $\delta^{18}$ O do not.



**Figure S2.** Cross-wavelet analysis of MMV versus the time-step resolution of the raw records themselves. We find no systematic or secular trends in the transferral of variance from one band to another in any of the records, thus indicating that the long-term trends are not sensitive to changes in the resolution of the records.



**Figure S3.** Comparison of sea-level and MMV in atmospheric methane and Chinese stalagmite  $\delta^{18}$ O. (a) MMV<sub>methane</sub> (red) compared with sea-level/ice-volume (blue) and (b) wavelet coherence between the two records over the past 640 kyrs. (c) MMV<sub>China</sub> (violet) compared with sea-level/ice-volume (blue) and (d) wavelet coherence between the two records over the past 640 kyrs. Primary orbital frequencies are marked with dashed lines (19,23 - precession; 41 - obliquity; 101 - eccentricity) and lighter colors correspond to stronger coherence. The cone of influence, where edge effects could prevail, has been shaded. Black lines depict significance at the 5% level (number of Monte Carlo simulations = 1000) and black arrows indicate phase, where those pointing to the right depict zero-phase (upward arrows indicate that the phase of MMV leads ETP).



**Figure S4.** Orbital and millennial-scale variability in Antarctic  $\delta D$  over the past 640 kyrs. (a) Epica Dome C record of  $\delta D$ , (b) its millennial-scale variability calculated as the 10-kyr high-pass filtered record of the original time series, (c) high-value and low-value  $\delta D$  in the high-pass filtered record, and (d) the magnitude of millennial-scale variability calculated as the centered rolling standard deviation of the high-pass filtered record using 2-kyr sliding windows (100-yr step). (e-h) Periodograms of corresponding time series using the Lomb-Scargle methodology. Primary orbital frequencies are marked with dashed lines (19,23 - precession; 41 - obliquity; 101 - eccentricity). Note different scaling for power spectral density.



**Figure S5.** Orbital and millennial-scale variability in molybdenum (Mo) counts in Cariaco Basin over the past 600 kyrs. (a) Composite record of Mo (cps) from MD03-2622 and Site 1002, Cariaco Basin (b) its millennial- scale variability calculated as the 10-kyr high-pass filtered record of the original time series, (c) high-value and low-value Mo in the high-pass filtered record, and (d) the magnitude of millennial-scale variability calculated as the centered rolling standard deviation of the high-pass filtered record using 2-kyr sliding windows (100-yr step). (e-h) Periodograms of corresponding time series using the Lomb-Scargle methodology. Primary orbital frequencies are marked with dashed lines (19,23 - precession; 41 - obliquity; 101 - eccentricity). Note different scaling for power spectral density.



**Figure S6.** Orbital and millennial-scale variability in stalagmite  $\delta^{18}$ O (‰) in Borneo Cave speleothems over the past 150 kyrs. (a) Composite record of Northern Borneo stalagmite  $\delta^{18}$ O (‰) from Carolin et al. (2015) (b) its millennial- scale variability calculated as the 10-kyr high-pass filtered record of the original time series, (c) high-value and low-value  $\delta^{18}$ O in the high-pass filtered record, and (d) the magnitude of millennial-scale variability calculated as the centered rolling standard deviation of the high-pass filtered record using 2-kyr sliding windows (100-yr step). (e-h) Periodograms of corresponding time series using the Lomb-Scargle methodology. Primary orbital frequencies are marked with dashed lines (19,23 - precession; 41 - obliquity; 101 - eccentricity). Note different scaling for power spectral density and also note that Y-axes for the  $\delta^{18}$ O are lower to the bottom.



**Figure S7.** Comparison between the MMV in Antarctic  $\delta D$  and the MMV in synthetic Greenland  $\delta^{18}O$ . Note that the only discrepencies between the records occur over the past glacial cycle, i.e. over the span of when data exists from the Greenland ice cores.