

1 **Surface faulting earthquake clustering controlled by fault and shear-zone**  
2 **interactions**

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36

37 **Abstract**

38 **Surface faulting earthquakes are known to cluster in time, from historical and**  
39 **palaeoseismic studies, but the mechanism(s) responsible for clustering, such**  
40 **as fault interaction, strain-storage, and evolving dynamic topography, are**  
41 **poorly quantified, and hence not well understood. We present a quantified**  
42 **replication of observed earthquake clustering in central Italy. Six active normal**  
43 **faults are studied using <sup>36</sup>Cl cosmogenic dating, revealing out-of-phase periods**  
44 **of high or low surface slip-rate on neighbouring structures that we interpret as**  
45 **earthquake clusters and anticlusters. Our calculations link stress transfer**  
46 **caused by slip averaged over clusters and anti-clusters on coupled fault/shear-**  
47 **zone structures to viscous flow laws. We show that (1) differential stress**  
48 **fluctuates during fault/shear-zone interactions, and (2) these fluctuations are of**  
49 **sufficient magnitude to produce changes in strain-rate on viscous shear zones**  
50 **that explain slip-rate changes on their overlying brittle faults. These results**  
51 **suggest that fault/shear-zone interactions are a plausible explanation for**  
52 **clustering, opening the path towards process-led seismic hazard assessments.**

53

## 54 **Introduction**

55

56 It has long been known that earthquake recurrence is not strictly periodic, with  
57 evidence for temporal earthquake clusters and elevated slip rates lasting hundreds to  
58 thousands of years and containing several large-magnitude ( $M_w > 6$ ) earthquakes on  
59 single faults, separated by times of relative fault quiescence<sup>1,2</sup>. Currently, we lack  
60 understanding of what controls such aperiodicity. This confounds our attempts to  
61 understand uncertainties and time-dependencies of seismic hazard, because the  
62 greater the uncertainty in aperiodicity, the greater the uncertainty in recurrence  
63 intervals, a vital input for time-dependent probabilistic seismic hazard assessment<sup>3</sup>.

64

65 The processes that produce slip-rate variations associated with the temporal clustering  
66 of surface faulting earthquakes are debated<sup>2</sup>, but include (1) fault interaction, (2) strain-  
67 storage in the crust and (3) evolving dynamic topography. Fault interaction occurs  
68 where slip on a fault deforms the surrounding volumes of rock, modifying stresses that  
69 alter the timing of slip on other structures in that volume<sup>2,4,5</sup>. Strain may be stored in  
70 the crust due to deformation, or microstructural evolution and/or fluid infiltration  
71 (rheological changes), both within the brittle fault zones and within their downward  
72 continuations in the viscous lower crust known as shear zones<sup>2,6,7</sup>. There may also be  
73 storage of residual elastic strain because strain release during individual earthquakes  
74 lags behind the rate of elastic strain accumulation during the preceding interseismic

75 period<sup>2,8</sup>. Additionally, where dip-slip motion occurs across combined fault/shear-zone  
76 structures, this builds topography, and this in turn alters the stresses acting on  
77 fault/shear-zones and alter the potential for faulting and/or viscous slip and the timing  
78 of deformation pulses<sup>9</sup>. Although we have this understanding, we lack quantified  
79 examples where numerical models of the above processes replicate, and hence are  
80 calibrated by, measurements of earthquake clustering. Therefore, the relative  
81 contribution of the three processes listed above to earthquake clustering is unclear,  
82 which is a challenge to developing a process-led approach to seismic hazard analysis  
83 that includes clustering<sup>2,3,10</sup>.

84

85 The hypothesis we investigate is whether the changes in differential stress (defined as  
86 the difference between the largest ( $\sigma_1$ ) and smallest ( $\sigma_3$ ) principal stresses,  $\sigma_1 - \sigma_3$ )  
87 produced by fault/shear-zone interactions are of sufficient magnitude to drive changes  
88 in strain-rate in viscous shear zones that in turn drive periods of rapid or slowed slip  
89 on overlying brittle faults during clustering/anti-clustering. This hypothesis arises  
90 because we note that the middle crust (~15-24 km) is weaker than the upper crust so  
91 the former undergoes continuous viscous creep in shear zones that drives periodic  
92 brittle slip on overlying faults<sup>11,12</sup>. Slip on the combined fault/shear-zone structures will  
93 produce changes in differential stress on neighbouring fault/shear-zones during their  
94 interaction, and differential stress is related to strain-rate in the viscous material<sup>13</sup> by  $\dot{\epsilon}$   
95  $\propto \sigma^n$ , where  $\dot{\epsilon}$  is strain-rate, and  $\sigma$  is differential stress raised to the power  $n$ . Thus,  
96 changes in differential stress will produce changes in viscous strain-rate, but it is  
97 unclear whether the magnitudes of these changes are sufficient to drive the changes  
98 in slip-rate that occur over the time periods of hundreds to thousands of years  
99 associated with surface faulting earthquake clusters and anti-clusters.

100

101 In this work, we present our findings concerning slip-rate changes on brittle faults in  
102 central Italy (see location in Fig. 1a), and attempt to replicate the findings through  
103 modelling (Fig. 2 & 3). The slip-rates and slip-rate changes are derived from in situ <sup>36</sup>Cl  
104 cosmogenic exposure dating of bedrock fault scarps (Figs. 4 and 5)<sup>14</sup>. The data confirm  
105 the slip-rates and strain-rates averaged over  $15 \pm 3$  ka in Figure 1, but reveal periods  
106 of rapid slip on some faults, with up to 15 m of slip in as little as 3,500 years, that are  
107 contemporaneous with periods of low or no slip on neighbouring faults across strike.  
108 The faults are relatively short, 20-40 km in length, and scaling between fault length  
109 and coseismic offsets suggests they should only be able to experience slip of ~1-2 m  
110 in a single earthquake<sup>15</sup>, so we interpret the periods of rapid slip as temporal

111 earthquake clusters, and periods of low or no slip as anticlusters (following ref.<sup>2</sup>). The  
112 finding that periods of rapid slip do not occur synchronously on all faults rules out a  
113 regional explanation for the rapid exposure of the fault planes<sup>2,16</sup>. Instead, periods of  
114 rapid slip are restricted to a sub-set of the faults, and these periods are  
115 contemporaneous with periods of low or zero slip on other faults (e.g. Fig. 4). Out-of-  
116 phase behaviour observed on neighbouring faults hints at interaction between these  
117 structures over millennial timescales<sup>6,17</sup>. Firstly, we show that the slip-rate changes  
118 must be accompanied by strain-rate changes on underlying shear zones, otherwise  
119 implausibly large stresses would build up on faults during anti-clusters lasting many  
120 millennia. Secondly, we present the results of modelling that links interaction between  
121 neighbouring fault/shear-zone structures, strain-rate changes and slip-rate changes  
122 that produce earthquake clustering.

123

## 124 **Results**

### 125 Background to the modelling approach

126

127 An important insight into the potential cause(s) of clustering comes from recent work<sup>18</sup>,  
128 consistent with a classic idea<sup>11,12</sup>, that slip on brittle faults in the upper crust is driven  
129 by the slip on underlying viscous shear zones in the middle crust. On timescales longer  
130 than that for a single coseismic slip event, the upper crust is relatively strong compared  
131 to the middle crust because friction increases with depth before viscous deformation  
132 initiates due to increasing temperature with depth (Fig. 2c). For example for the specific  
133 case of the Whipple extensional detachment in eastern California and Arizona, the  
134 upper crust has been shown to support differential stresses increasing from zero at the  
135 surface to ~100-150 MPa or more at its base at ~10-12 km, with values decreasing to  
136 as low as ~10 MPa over the ~12-20 km depth range where viscous flow initiates<sup>19</sup>. The  
137 change in crustal strength implies that slip on viscous shear zones occurs as creep  
138 during the build-up stresses that lead to earthquake rupture. In other words, the  
139 viscous slip drives the slip on the overlying brittle faults. Recent work<sup>18</sup> confirms this  
140 relationship, and the link to dynamic topography, because it revealed a correlation  
141 between strain-rates derived from measurements of slip-rates on surface fault scarps<sup>20</sup>  
142 and topographic elevation in the Italian Apennines (Fig. 1). The strain-rates were  
143 averaged over a time period ( $15 \pm 3$  ka) longer than the timescale of clustered slip.  
144 The correlation takes the form of a power law, where strain-rate,  $\dot{\epsilon}$  is related to the  
145 elevation,  $h$ , in the form  $\dot{\epsilon} \propto h^n$ , with  $n = 3.26$  (a similar exponent value was determined  
146 for the extensional Walker Lane zone in the USA<sup>21</sup>). These authors<sup>18</sup> considered that

147  $h$  contributes to the differential stresses driving the deformation, alongside tectonic  
148 forcing, because  $h$  contributes to the vertical stress. Hence  $\dot{\epsilon} \propto h^n$  resembles the  
149 classic quartz flow law for dislocation creep in quartz shown in equation (1)<sup>13</sup>, where,  
150  $\dot{\epsilon}$  is strain-rate,  $A$  is a material parameter,  $fH_2O$  is water fugacity,  $m$  is the water fugacity  
151 exponent,  $\sigma$  is the differential stress,  $n$  is the stress exponent,  $Q$  is the activation  
152 energy,  $R$  is the ideal gas constant, and  $T$  is absolute temperature.

153

$$154 \quad \dot{\epsilon} = AfH_2O^m(\sigma_1 - \sigma_3)^n \exp(-Q/RT) \quad (1)$$

155

156 The power law form  $\dot{\epsilon} \propto \sigma^n$  implies that slip-rates on the brittle faults we study are  
157 driven by the strain-rate associated with the underlying viscous shear zones, implying  
158 consistency of the finite strain between the brittle and viscous crust over timescales  
159 involving multiple large magnitude earthquakes (Fig. 2a). This is consistent with  
160 modelling where the strain produced by coseismic slip accrues in a few seconds, and  
161 the strain in the middle crust catches up over the entire interseismic period, re-loading  
162 the brittle fault<sup>22</sup>. Thus, the strain over time periods containing multiple earthquake  
163 cycles, and the strain-rates averaged over time periods longer than postseismic  
164 deformation from a single earthquake, are the same in the upper and middle crust<sup>22-24</sup>  
165 (Fig. 2a).

166

167 The important question that arises is what would result if the differential stresses within  
168 underlying shear zones varied over shorter timescales due to interaction with nearby  
169 faults/shear-zones, and were not simply controlled by body forces and regional  
170 tectonic forcing acting over the timescale of multiple seismic cycles<sup>18</sup>. As described  
171 above, fault slip produces shear strains that deform the surrounding volumes of rock,  
172 imposing stresses that alter the timing of slip on other structures in that volume. The  
173 same is true of slip across shear zones at depth, because viscous slip will deform the  
174 surrounding rocks. The initial elastic deformation imparted onto a shear zone by  
175 viscous slip across a neighbouring shear zone (Figs. 2c and d), will drive subsequent  
176 deformation through viscous creep. Similar deformation behaviour is seen in laboratory  
177 experiments, in that imposed transient stress changes induce an initial elastic  
178 deformation of the rock/mineral sample which is followed by viscous creep<sup>25</sup>. We point  
179 out that it is possible to link stress changes produced by slip on natural fault/shear-  
180 zone systems to changes in the rates of viscous flow because differential stress is a  
181 factor in the flow law for dislocation creep in quartz (Equation 1), and it is also a factor  
182 in Equation 2. Equation 2 describes the relationships between shear stresses, the

183 principal stresses and the angle of the fault plane relative to  $\sigma_1$ , and this is used within  
184 elastic half-space models to investigate static stress changes<sup>4</sup> and for brittle failure in  
185 general<sup>26</sup>, where  $\tau$  is shear stress, and  $\beta$  is the angle between the failure plane and  $\sigma_1$ .  
186

$$187 \quad \tau = \frac{1}{2}(\sigma_1 - \sigma_3)\sin 2\beta \quad (2)$$

188

189 Our key point is that differential stress appears in both equations (1) and (2) implying  
190 that elastic interactions between fault/shear-zone structures will alter viscous strain-  
191 rates associated with both underlying and neighbouring shear zones, a fact that is well-  
192 known from existing observations and modelling of postseismic and interseismic  
193 deformation after earthquakes<sup>22,23,27</sup>, but has not been used to study the longer  
194 timescales and slip-rate changes associated with earthquake clustering.

195

196 Our model utilises localized shear zones because evidence from field exposures of  
197 mylonitic shear zones<sup>28</sup> and numerical modelling of viscous shear zones<sup>29</sup> indicate  
198 that intra-plate mylonitic shear zones are typically hundreds of metres thick or less.  
199 Thus, they resemble the localized structures we envisage beneath brittle faults (Fig.  
200 2). The stress transfer model we have developed quantifies stress changes in 3D,  
201 allowing the relationship between differential stress changes and viscous strain-rates  
202 to be examined in relation to the geometries of neighbouring fault/shear-zones.

203

204 In summary, the key point that leads to our hypothesis is that slip on localized viscous  
205 shear zones and their overlying brittle faults will deform the surrounding volumes of  
206 rock, including mineral phases within neighbouring viscous mylonitic shear zones,  
207 changing differential stress values and hence altering the implied strain-rates given the  
208 relationship  $\dot{\epsilon} \propto \sigma^n$ . The question is whether such interaction can produce changes in  
209 slip-rate that replicate observations of temporal clustering of surface faulting  
210 earthquakes.

211

212 We examine this question in central Italy by attempting to replicate our <sup>36</sup>Cl derived  
213 findings concerning earthquake clustering through differential stress modelling  
214 involving both the viscous shear zones and brittle faults (Fig. 2 & 3).

215

216 Cosmogenic analyses of fault scarps reveal millennial earthquake clusters

217

218 The measurements in our study come from the Italian Apennines, a region of extension  
219 since 2-3 Ma<sup>30,31</sup>, with active normal faults deforming a pre-existing alpine fold and  
220 thrust belt<sup>32,33</sup>. Observations from geodetic, seismological and field-based datasets  
221 confirm extension rates of up to ~3 mm/yr across the Apennines<sup>34-36</sup>. Historical and  
222 instrumental seismicity indicates that large (M<sub>w</sub> 5.5-7.0) magnitude normal faulting  
223 earthquakes occur<sup>37,38</sup> and produce surface carbonate fault scarps<sup>31,39-41</sup> (Fig. 1e). The  
224 surface fault scarps have been preserved since the demise of the last glacial maximum  
225 (LGM, 15 ± 3 ka), due to a reduction in erosion rates relative to throw rates at that  
226 time<sup>42</sup> (Fig. 1). These scarps have been studied with *in situ* <sup>36</sup>Cl cosmogenic exposure  
227 analyses, confirming the post-LGM slope stabilisation age and fault slip rate histories  
228 that are variable during the Holocene<sup>9,43-45</sup>. In places, dense <sup>36</sup>Cl sampling has  
229 revealed correlation of high slip-rate events with the timing of damaging earthquakes  
230 that affected Rome<sup>14</sup>.

231

232 We focus on six <sup>36</sup>Cl sample sites around the Mt. Vettore fault that ruptured in the  
233 August-October 2016 sequence, which included Mw 6.2, 6.1 and 6.6 earthquakes<sup>40,46</sup>.  
234 We had sampled the faults before the 2016 earthquakes, in the period 2012-2015, to  
235 investigate why faults in the region share similar bedrock fault scarp morphologies, but  
236 some had ruptured in historical earthquakes whilst others had not, despite being  
237 subject to the same regional tectonic stress field. We suspected earthquake clustering  
238 might be the cause of such patterns, and quantifiable, prompting our study. In detail,  
239 the Mt. Vettore fault ruptured to the surface in the 2016 earthquakes (Fig. 1e), yet  
240 paleoseismological studies suggest that before 2016, this SW-dipping active normal  
241 fault had not ruptured to the surface for several thousand years, with suggestions of  
242 the elapsed time ranging between 1316-4155 years BP<sup>47</sup>, and 1444-1759 years BP<sup>48</sup>.  
243 However, during this period, five other nearby faults have ruptured to the surface in  
244 damaging historical earthquakes with elapsed times in the order of a few hundred  
245 years or less, (1349 AD, Fiamignano fault; 1639 AD, Laga fault; 1703 AD, Norcia and  
246 Barete faults; 1997 AD Mt. Le Scalette fault; late Holocene, Leonessa fault), revealed  
247 by historical accounts, palaeoseismic studies and <sup>36</sup>Cl studies<sup>14,49-55</sup>. In summary, prior  
248 to 2016, the situation was that one fault had not slipped on a millennial timescale, whilst  
249 its neighbours had slipped in the same time period (Fig. 5).

250

251 We sampled the six faults, sampling parallel to the slip-vector up the fault plane and  
252 within shallow (<~1m) trenches. We constrained the sample sites with geological  
253 mapping and topographic surveys (see Supplement 1). These surveys confirm the  
254 exposed fault scarps are formed solely due to tectonic slip and not

255 erosional/depositional processes, because erosional gullies or alluvial fans are not  
256 present at these sites, and the footwall and hangingwall cut-offs of the slope that  
257 formed at  $15 \pm 3$  ka are parallel and horizontal (see<sup>9</sup> for criteria for choosing a  
258 cosmogenic site). We measured <sup>36</sup>Cl concentrations using accelerator mass  
259 spectrometry, and statistically inferred the slip from the <sup>36</sup>Cl data using a Bayesian  
260 Markov chain Monte Carlo (MCMC) approach<sup>14</sup> (Supplement 2, 3 and 4; methodology  
261 fully described in ref.<sup>14</sup>, see Methodology for a summary). We model the full scarp  
262 height and allow the model to initiate <sup>36</sup>Cl production (using a Brownian Passage model  
263 that allows clustering) when it is needed to replicate the measured values<sup>14</sup>, rather than  
264 biasing results by adding an arbitrary pre-exposure value<sup>43,44</sup> or searching for a single  
265 constant peri-glacial fault slip-rate<sup>45</sup>. The results from our least squares solutions and  
266 ensembles of least square solutions, as well as highest likelihood solutions that take  
267 account of uncertainties and are penalized by priors, show evidence of slip-rate  
268 changes that imply temporal earthquake clustering (Figs. 4 and 5; Supplements 2, 3  
269 and 4). We define earthquake clusters to be periods of rapid slip with slip magnitudes  
270 that are too large to be explained by a single earthquake, hence implying that several  
271 large magnitude surface rupturing earthquakes and their post-seismic episodes have  
272 occurred within the cluster. We supplement our <sup>36</sup>Cl-derived slip histories with  
273 published paleoseismology from other nearby faults (Fig. 5).

274

275 We have five key findings from our modelling of the <sup>36</sup>Cl data that help to reveal the  
276 cause of the slip-rate changes (Figs. 4 and 5).

277

278 (1) The slip-rate on the Mt. Vettore fault decreases at  $\sim 4$  ka and the fault directly across  
279 strike from it, the Leonessa fault, accelerates at  $\sim 3.5$  ka (Fig. 4); palaeoseismology for  
280 the Norcia fault may also show acceleration at  $\sim 3.5$ - $4.0$  ka (Fig. 5). This out-of-phase  
281 behaviour, revealed by <sup>36</sup>Cl data on the Leonessa and Mt. Vettore faults (Fig. 4), is the  
282 most striking finding in this study, and this has not been reported to date, despite the  
283 concentration of studies that surrounded the 2016 earthquake sequence. The faults  
284 share similar climate histories, so the differing timings of rapid slip are inconsistent with  
285 the notion that fault plane exposure is produced by climate-controlled erosion<sup>16</sup>. We  
286 suggest that the out-of-phase slip behaviour hints at tectonic interaction between these  
287 two structures.

288

289 (2) Other faults in the region also accelerated at  $\sim 3.5$  ka. The Laga, Mt. Le Scalette,  
290 Fiamignano and Barete faults all show clusters of activity starting at  $\sim 3.5$  ka in their  
291 least squares solution and across their ensembles of least squares solutions (Fig. 5),

292 as well their highest likelihood solutions (Supplement 2). These faults are along strike  
293 from the transect that crosses the Leonessa and Mt. Vettore faults. This finding  
294 prompted us to develop a 3D model of fault/shear-zone interaction to include the  
295 effects of both across-strike and along strike interaction.

296

297 (3) Prior to ~4 ka, the Mt. Vettore fault underwent a relatively high slip-rate phase  
298 compared to its slip-rate averaged since  $\sim 15 \pm 3$  ka (Fig. 4).

299

300 (4) Prior to ~3.5 ka, the other faults had slip-rates that were relatively low compared to  
301 their  $15 \pm 3$  kyrs average slip rate (Figs 4 and 5, and Supplement 2).

302

303 (5) We note that rapid slip occurred synchronously on the SW and NE flank of the  
304 Apennines (e.g. compare slip in the last few thousand years on the Laga and  
305 Fiamignano faults; Fig. 5). This finding is inconsistent with the hypothesis that activity  
306 migrates, producing clustering, simply due to least-work constraints imposed by spatial  
307 changes in dynamic topography<sup>9</sup>.

308

309 Our findings are challenging to compare with existing paleoseismic observations<sup>48,51</sup>,  
310 because we have sampled different sites along the faults compared to the trenching  
311 sites, and slip magnitudes can be difficult to derive from degraded colluvial wedge  
312 geometries at trenching sites. Our results are consistent with the palaeoseismic trench  
313 site findings in that our results suggest a relatively-long elapsed time for surface  
314 faulting on the Mt. Vettore fault prior to 2016, and surface faulting on the other faults  
315 in the late Holocene (Fig. 5).

316

317 Overall, we suggest that our <sup>36</sup>Cl results demonstrate clear slip-rate fluctuations  
318 through time. The question that arises is what the combined effect of slip-rate changes  
319 on brittle faults and implied viscous strain-rate changes at depth have on differential  
320 stress values on receiver shear zones, and how these affect strain-rates across the  
321 fault/shear-zone system. We investigate this with our modelling described below.

322

### 323 Calculating the effect of fault interaction on faults and shear zones

324

325 We developed a modelling approach to examine fault/shear-zone interaction, linking  
326 3D elastic half-space modelling of the fault slip with 3D elastic half-space modelling of  
327 the shear zone slip followed by viscous slip defined by a flow law for dislocation creep  
328 (Fig. 3). The modelling includes both across and along strike interactions and details

329 of strike changes along the fault planes<sup>56</sup>. The magnitude of total slip used for the  
330 modelling is determined from scaling relationships<sup>15</sup> and the <sup>36</sup>Cl slip histories (see  
331 Methods), and this slip is applied to the brittle fault and the underlying shear zone  
332 (assuming that the horizontal strain and cumulative slip with depth is consistent<sup>22</sup>). The  
333 modelling outputs the total differential stress changes over the timescale of each  
334 cluster or anti-cluster on each of the 1 x 1 km elements that define the 3D geometry of  
335 all the fault/shear-zone systems in the study region<sup>56</sup>.

336

337 The modelling approach has a number of simplifying assumptions that we describe  
338 here and in the methods section. Our approach is similar to visco-elastic models that  
339 concentrate on understanding how postseismic deformation relates to single  
340 coseismic slip episodes<sup>22,23,27</sup>, in that we link an upper crust with uniform elastic  
341 strength and frictional Coulomb behaviour with thermally activated power law creep in  
342 the middle crust (15 - 24 km). However, a key difference is that instead of modeling  
343 the effect of single episodes of coseismic slip solely on the underlying shear zone, we  
344 model periods of rapid slip lasting several millennia that must include several large  
345 magnitude earthquakes and their individual episodes of postseismic deformation, and  
346 periods of low or no slip that we refer to as anti-clusters. Another key difference is that  
347 we calculate the stress changes produced on neighbouring faults/shear-zones as well  
348 as on the underlying shear zone. We assume that the most important value of  
349 differential stress change is the most negative value on the shallowest portion of the  
350 shear zone (i.e. the rate-limiting element). The strain-rate within a shear zone is related  
351 to the viscosity<sup>24</sup>. The highest viscosity (and therefore lowest strain-rate) is in the upper  
352 part of the shear zone, just below the brittle layer (Figure 2c). The most negative  
353 differential stress change in this section will produce the lowest strain-rate, and thus  
354 be the rate-limiting element for deformation within the shear zone. We emphasise that  
355 the slip-rates we measure at the surface averaged over clusters will include any post-  
356 seismic slip from individual earthquakes. We assume that the strain implied by the  
357 rapid slip pulse during clusters on brittle faults matches the strain associated with their  
358 underlying shear zones (see the spring, dashpot and ratchet inset in Fig. 2a), i.e. the  
359 strain-rates in shear zones vary. Furthermore, an important point is that the total  
360 differential stress change implied by slip (in a single earthquake or a cluster) is  
361 proportional to the total magnitude of slip. Therefore, because we consider total slip  
362 (coseismic and any postseismic) in a cluster, postseismic dissipation of differential  
363 stress from individual earthquakes is accounted for in our model. Our approach means  
364 that it is not necessary to explicitly model strain-rate changes produced by post-  
365 seismic dissipation after individual earthquakes, although this could be implemented

366 in the future if individual earthquakes could be reliably identified from  $^{36}\text{Cl}$  data (which  
367 we do not believe is possible with current  $^{36}\text{Cl}$  datasets).

368

369 Our approach is to test the following hypothesis; that changes in viscous strain-rate of  
370 shear-zones (and thereby changes in slip-rate on overlying brittle faults) are caused  
371 by changes in differential stress induced by interactions between neighbouring  
372 fault/shear-zones. To emphasise the importance of considering changes in viscous  
373 strain-rate on underlying shear-zones, we explore whether constant strain-rates are  
374 geologically feasible in our dataset. We generate a simple model (Fig. 2) of a shear  
375 zone slipping at 1 mm/yr (a representative slip rate for the region; Fig. 5 implies fault  
376 slip rates of 0.39 - 2.25 mm/yr). This model induces a  $\sim 0.01$  MPa increase in differential  
377 stress at the base of the brittle fault. The longest period of quiescence/anti-cluster in  
378 our data is 10 kyr (on the Leonessa fault, Figure 4). A constant loading rate of 0.01  
379 MPa per year for 10 kyr would result in an additional 100 MPa differential stress. Given  
380 that the background differential stress is  $\sim 150$  MPa at the base of the brittle faults (Fig.  
381 2c), an increase of up to 100 MPa at the base of the brittle crust seems implausibly  
382 large for a fault to remain stable/quiescent, especially if fluid pressure changes were  
383 also to encourage earthquake rupture. Therefore, constant slip of  $\sim 1$  mm/yr on an  
384 underlying shear zone during an anti-cluster seems unlikely, and changes in shear-  
385 zone strain-rate have been proposed by others in studies of present-day and  
386 palaeoseismic slip-rates<sup>2,8</sup> and in studies of shear zone microstructures<sup>13,19</sup>. It could be  
387 that some of the stress could be dissipated by pressure solution or other small-scale  
388 deformation processes, but given the low-rate expected for pressure solution<sup>57</sup>, and  
389 uncertainty in the density of active small-scale structures at any given time in the  
390 natural crust, it is challenging to quantify whether such stress dissipation is plausible.  
391 Therefore we focus our approach by examining whether we can explain our findings  
392 of slip-rate changes via differential stress interactions between fault/shear-zones<sup>22,23,27</sup>.

393

394 To quantify interactions between the faults, shear zones, and neighbouring fault/shear-  
395 zones, and their effect on strain-rates, slip-rates and clustering, we extracted the  
396 amount of slip on each fault in the time period from  $\sim 3.5$  ka to 2015 AD, and prior to  
397  $\sim 3.5$  ka (Figs. 4 and 5). We modelled both the Coulomb stress transfer (CST)<sup>5</sup> and  
398 differential stress transfer ( $\Delta\sigma_{diff}$ ) onto receiver fault/shear-zones implied by the amount  
399 of slip derived from the  $^{36}\text{Cl}$  modelling in each time period (Fig. 6; Supplement 5). We  
400 concentrate our analysis on the Mt. Vettore and Leonessa faults, because these faults  
401 are located centrally in the study area and receive stress from slip on both along-strike  
402 and across-strike structures that we can constrain with  $^{36}\text{Cl}$  and paleoseismic data<sup>51,58</sup>

403 (Figs. 4 and 5). The calculations reveal stress-loading histories during temporal  
404 earthquake anti-clusters, on the Mt. Vettore and Leonessa faults and underlying shear  
405 zones (Fig. 6, Supplement 6). We discuss the results for faults and shear zones  
406 separately.

407

408 For faults, we do not find a consistent pattern of increasing or decreasing CST during  
409 anti-clusters. For the Mt. Vettore fault, we find that the CST from slip on neighbouring  
410 fault/shear-zones became mostly positive during its quiescence from ~3.5 ka to  
411 present (Fig. 6ci), before it ruptured in 2016<sup>59</sup>. This makes sense because an  
412 earthquake after a relatively-long elapsed time is perhaps intuitively expected because  
413 faults will be loaded through time by body forces and far-field tectonic forces<sup>60</sup>, and  
414 CST may positively load the fault<sup>61</sup>. However, this intuitive view breaks down for the  
415 Leonessa fault, because the CST became increasingly negative during its low slip-rate  
416 time period from 17 ka to ~3.5 ka (Fig. 6cii). Despite the negative CST, the Leonessa  
417 fault did not cease activity, with <sup>36</sup>Cl data indicating an accumulation of 6.5 m slip  
418 between ~3.5 ka to present, with historical constraints narrowing this to 3.5 to 0.7 ka,  
419 proving it is a Holocene active fault<sup>54</sup>. Overall, it appears that CST on brittle faults does  
420 not directly explain why brittle faults experience anti-clusters and then rupture, as the  
421 loading can be positive or negative due to fault interaction.

422

423 In contrast, for shear zones we do find a consistent pattern of stress loading during  
424 anti-clusters. During the two anti-clusters we study, the differential stress changes for  
425 shear zones are mostly negative. The Mt. Vettore shear zone experienced a stress  
426 reduction of up to -1.8 MPa just below the brittle-viscous transition between 3.5 ka and  
427 2015 AD (Figure 6bi). The Leonessa shear zone experienced a stress reduction of up  
428 to -3.4 MPa just below the brittle-viscous transition between 17 and 3.5 ka (Figure 6bii).  
429 These values are significant given that we expect the background differential stress in  
430 shear zones in the middle crust to be only ~10 MPa, and essentially constant over the  
431 ~15-24 km depth range, from investigations of exhumed extensional shear zones<sup>19</sup>, so  
432 changes of -1.8 to -3.4 MPa would reduce the differential stresses produced by the  
433 ambient conditions by 18-34%. Values of differential stress are negative everywhere  
434 on the shear zones except where they intersect at depth in the model (Fig. 6). If our  
435 assumption is correct, and these are rate-limiting elements, modelling their subsequent  
436 deformation will be the key to understanding how strain is transferred upwards onto  
437 the overlying brittle faults.

438

439 Thus, our finding that differential stress change in the underlying shear zones was  
440 negative when both overlying faults had very low slip-rates (anti-clusters) prompted us  
441 to investigate whether the magnitudes of differential stress reduction generate strain-  
442 rate changes comparable to our findings from  $^{36}\text{Cl}$ .

443

444 Calculating changes in viscous strain-rate implied by differential stress changes  
445 produced by fault/shear-zone interaction

446

447 To calculate the implied change in strain-rate for each shear zone within the two anti-  
448 clusters, we input the reductions of differential stress into Equation 1, using appropriate  
449 values for other variables<sup>13</sup> (Figure 3 and Supplement 6). Assuming the patch with the  
450 largest stress decrease is the rate-limiting element<sup>24</sup>, a key assumption in our  
451 approach, it is implied that strain-rates would have decreased from  $1.5 \times 10^{-16} \text{ s}^{-1}$  (the  
452 strain-rate before a stress change, see Supplement 6) to  $7.7 \times 10^{-17} \text{ s}^{-1}$  on the Mt.  
453 Vettore shear zone between 3.5 ka and 2015 AD, and to  $3.7 \times 10^{-17} \text{ s}^{-1}$  on the Leonessa  
454 shear zone between 17-3.5 ka (see Supplement 6). Thus, both shear zones were still  
455 active during periods of earthquake quiescence, albeit with reduced strain-rates, giving  
456 rise to long recurrence intervals. Even with reduced strain-rates, the shear zone  
457 loading is eventually able to overwhelm the impact of negative stress changes on the  
458 brittle faults, generating earthquakes that signify the end of an anti-cluster.

459

460 To compare the effect of the implied strain-rate changes with our  $^{36}\text{Cl}$  measurements  
461 of the natural system, we converted the strain-rates in the shear zones into implied  
462 slip-rates on the overlying brittle faults and compared them with the observed slip-rates  
463 (Fig. 6d). We used the slip measured over the total time period constrained with  $^{36}\text{Cl}$   
464 as a measure of the long-term ( $15 \pm 3 \text{ kyr}$ ) slip-rate<sup>18</sup>. We compare these long-term  
465 slip-rates with short-term slip-rates during clusters/anti-clusters by calculating slip-rate  
466 enhancement factors (SRE, calculated by dividing the short-term slip rate by the  $15 \pm$   
467  $3 \text{ kyr}$  slip rate) that describe how much the slip-rates were enhanced (SRE >1) or  
468 impeded (SRE <1) compared to the long-term slip-rates (Fig. 6bii). SRE values range  
469 between <1 to >4 in both the measured and implied slip-rate datasets. We find that  
470 there is good agreement between the implied slip histories and those measured from  
471  $^{36}\text{Cl}$  analyses (Fig. 6d). This implies that our relatively simple model, with the  
472 assumptions stated above, can quantitatively replicate key slip-rate findings from our  
473 investigation of the natural system, providing insight into the processes that drive  
474 earthquake clustering and anti-clustering.

475

476 By combining surface findings (<sup>36</sup>Cl-derived slip histories) with stress modelling and  
477 rock mechanics experimental results<sup>13</sup>, for the example described herein, we suggest  
478 that interaction between neighbouring fault/shear-zones may be the dominant control  
479 on temporal earthquake clustering.

480

## 481 **Discussion**

482 Earthquake clustering confounds our ability to understand and quantify seismic hazard  
483 because the greater the unknown aperiodicity in recurrence intervals in fault-based  
484 time-dependent hazard assessments, the greater the uncertainty that will need to be  
485 communicated probabilistically with regard to recurrence of expected ground  
486 accelerations within stated time periods<sup>62</sup>. Greater uncertainty may lead to reluctance  
487 to implement costly mitigation strategies and greater challenges in effective  
488 communication that triggers action amongst those at risk. One approach to explain the  
489 aperiodicity is to suggest that the processes that control slip are multiple, complex,  
490 interacting, and difficult to quantify, and the system may be considered as approaching  
491 random behavior<sup>63</sup>. However, the key implication herein is that, instead, earthquake  
492 clustering appears to have a dominant, quantifiable cause for the example we study,  
493 and is therefore not random. Our results suggest that viscous shear zones slow or  
494 accelerate due to changes in differential stress produced by slip on nearby viscous  
495 shear zones and brittle faults. Our results suggest that upper crustal brittle fault  
496 interaction<sup>64</sup>, or least-work constraints imposed by dynamic topography<sup>9</sup> are unlikely  
497 to be the sole controls responsible for earthquake clustering. Our interpretation, where  
498 shear zone strain-rates change due to stress transfer altering the differential stress,  
499 may be linked to suggestions that tectonic strain is stored during anti-clusters<sup>2,65</sup>,  
500 and/or may be linked to the mechanism by which microstructural evolution leads to  
501 shear zone strengthening during anti-clusters if microstructural changes occur during  
502 strain-rate fluctuations<sup>6</sup>. Clearly, more work is needed to examine other viscous flow  
503 laws, more complicated shear zone geometries, different fault arrays and interaction  
504 over shorter timescales. However, the links we have made between geomorphic  
505 offsets, cosmogenic dating of fault scarps, calculations of stress transfer, and viscous  
506 flow laws, provide important new insights into continental mechanics and seismic  
507 hazard that go beyond what can be achieved by simply studying instrumental  
508 seismicity. In particular, our results suggest that we should expect slip-rate and strain-  
509 rate changes through time on the timescale of earthquake clustering, as these are the  
510 natural consequence of fault and shear zone interactions. These slip-rate changes will  
511 alter earthquake recurrence rates, and therefore the calculated Tmean (inter-event  
512 time<sup>64</sup>) and the Coefficient of Variation (CV, the standard deviation of inter-event times

513 divided by  $T_{\text{mean}}^{66}$ ) during and across clusters and anti-clusters will be different. As  
514 key inputs for fault-based seismic hazard assessments, we suggest that different  
515 values of  $T_{\text{mean}}$  and CV within clusters and anti-clusters should be considered in  
516 seismic hazard calculations, although, exactly how slip-rate fluctuations are  
517 incorporated into PSHA for both data-rich and data-poor regions remains an open  
518 question that requires further study. Our approach warrants further study and we  
519 suggest that an independent test of our model will require calculations of stress change  
520 due to slip within time periods with precise time constraints such as we provide herein.  
521 Such studies will improve our ability to use values of slip-rate variability and aperiodic  
522 earthquake recurrence within fault-based probabilistic seismic hazard assessments<sup>6</sup>.

523

## 524 **Methods**

525 *Inversion of slip histories from <sup>36</sup>Cl cosmogenic dating:* Sites for cosmogenic sampling  
526 from limestone bedrock faults planes are carefully selected to ensure that the scarps  
527 are formed solely by tectonic exhumation (see Supplementary Figures 1 - 6 which  
528 describes the characteristics of each sample site, and Supplementary Table 1 which  
529 gives the site parameters required for <sup>36</sup>Cl modelling). A good site will have parallel  
530 hanging wall/footwall intersections with the fault plane, a smooth lower slope on the  
531 hanging wall devoid of erosional or depositional features, and will avoid active gullies  
532 or other erosional features present on the footwall or fault plane. 15 x 5 x 2.5 cm sized  
533 samples of fault plane were taken parallel to the slip vector measured from frictional  
534 wear striations. These samples were prepared following the approach of refs.<sup>9,67</sup> and  
535 were analysed with AMS to determine the concentrations of <sup>36</sup>Cl in each sample  
536 (Supplementary Data 1). The concentration of <sup>36</sup>Cl increases up the fault plane as the  
537 length of time of exposure increases. We used the Bayesian MCMC code of ref.<sup>14</sup> to  
538 inverse model the slip history from measured concentrations of <sup>36</sup>Cl (results of the  
539 modelling are shown in Supplementary Figures 7 - 12). This code searches for the  
540 probability distribution of the slip history conditioned on the measured data, and as an  
541 outcome identifies a slip history of least-squares and highest likelihood fit, while  
542 allowing a high flexibility of the magnitude and timings of slip events, uncertainties in  
543 the density of the colluvium and <sup>36</sup>Cl production factors, and timing of <sup>36</sup>Cl initial  
544 production. We have also iterated inputs, such as the total slip across the scarps  
545 (Supplementary Figure 13), and find that the strain-rate and SRE results are relatively  
546 insensitive to uncertainty in these values. We also show that sample spacings on the  
547 fault planes we achieved are adequate to resolve the slip-rate changes we claim. We  
548 do this by progressively degrading the dense sampling for the Fiamignano fault to a  
549 point where two well-constrained historical earthquake sequences resolvable with the

550 full data disappear (Supplementary Figure 14). The full approach to the statistical  
551 modelling of slip histories using the  $^{36}\text{Cl}$  data is described in detail in ref. <sup>14</sup>.

552

553 *Assumptions used in modelling slip on fault/shear-zones;*

554

555 (1) We assume that shear zones have the same dip as overlying brittle faults<sup>5,18,59,68,69</sup>.

556 We make this assumption because where the structure of the middle/lower crust  
557 beneath areas of extension has been clearly imaged with high quality seismic reflection  
558 data (e.g. the DRUM profile offshore N. Scotland<sup>70</sup> and the Viking Graben of the North  
559 Sea<sup>71</sup>), shear zones have relatively steep dips that are similar to those of overlying  
560 brittle faults. For the northern Apennines, Italy, deep seismic reflection images exist  
561 for the middle/lower crust<sup>72-74</sup>, and shear zones with relatively shallow dips have been  
562 interpreted. However, further south, seismic quality is in places relatively poor,  
563 especially where thick carbonates dominate the surface geology (e.g. parts of deep  
564 seismic reflection line CROP 11<sup>75</sup>; Fig. 1). Low angle extensional detachments/shear  
565 zones have been proposed to explain low angle reflections along the deep seismic  
566 reflection line CROP 3 only where arenaceous turbidites outcrop at the surface, which  
567 is ~70-100 km to the NW of the area we study. The interpretation of low angle  
568 detachments is also debated due to the lack of low angle nodal planes for  
569 microearthquakes located along the low angle reflection(s)<sup>74</sup>, and the fact that Alpine  
570 nappe geometries exhibit a transition from metamorphic Tuscan Nappe geometries in  
571 the WSW to Miocene arenaceous turbidites in the ENE, implying that the low-angle  
572 reflections dipping towards the ENE may be due to the general ENE dip to the Alpine  
573 geology of the nappe pile rather than a primary seismogenic detachment<sup>75</sup>. The area  
574 we study is closer to the line of CROP 11 (Figure 1), which is dominated by carbonates  
575 at the surface in the extensional area of the Apennines, and low angle reflectors are  
576 less prominent or absent compared to on CROP 3. Hence, we prefer to use the  
577 structural style imaged in areas with clear images of the middle/lower crust and choose  
578 to model shear zones that have the same dip as overlying brittle faults; future studies  
579 can investigate the implications of modelling low-angle detachments if they prove  
580 necessary.

581

582 (2) We assume that the shear zones are relatively localized so we can utilize an elastic  
583 half-space model to model stress changes on receiver fault/shear-zones. We have  
584 chosen this geometry (e.g. ref.<sup>12</sup>), because numerical modelling of the scaling of  
585 viscous shear zones with depth-dependent viscosity and power-law stress-strain  
586 dependence imply that shear zones in the viscous crust are 1.7-3.5 km in thickness

587 for a wide variety of parameter choices<sup>29</sup>. This is consistent with the  $T \propto D$  scaling  
588 relationships between shear zone thickness ( $T$ ) and displacement ( $D$ ) for exhumed  
589 shear zones from a variety of magmatic and metamorphic rocks<sup>28</sup>, which imply that if  
590 shear zones exhibit similar offsets to their overlying brittle faults, the 1-2 km offsets of  
591 pre-rift strata measured at surface in the area we study<sup>31</sup> would be consistent with  
592 shear zone thicknesses of only 1-2 km. This suggests that localized shear zones in the  
593 middle crust<sup>12</sup> and elastic half-space models of creep at depth may be widely  
594 applicable<sup>29</sup>, prompting the geometries we utilize in Fig. 2.

595

596 (3) We assume the shallowest parts of the shear zones have the highest resistance to  
597 deformation<sup>24</sup>, and therefore control the rate at which shear strain and differential  
598 stress are passed upwards onto the overlying brittle faults. We assume this because,  
599 as mentioned above<sup>24</sup>, shear zones will have a depth dependent rheology, controlled  
600 by the increase in temperature with depth. This translates into a depth dependent  
601 viscosity, which for a geothermal gradient of 25 K/km, implies an effective viscosity  
602 varying from  $\sim 10^{22}$  Pa S at  $\sim 15$  km depth to  $\sim 10^{19}$  Pa S at 30 km depth<sup>24</sup>. Our model  
603 allows us to calculate the changes in differential stress over the depth range of 15-20  
604 km and deeper, and convert this into expected strain-rate changes, and how these  
605 vary with depth, by including depth variation in lithostatic pressure and water fugacity  
606 in our calculations (Supplement 5 and 6). However, we consider the region of highest  
607 resistance to deformation near the top at the shear zone to be the rate limiting element  
608 in passing shear strain and differential stress upwards onto the overlying brittle faults.  
609 We use the minimum value in the depth range of 15-16 km as input to the quartz flow  
610 law, appropriate for the depth of viscous flow in the area we study<sup>18</sup>. Future studies  
611 can explore the implications of using depth variation in viscosity and strain-rate, and  
612 the notion of a rate-limiting element if thought appropriate.

613

614 (4) We assume that the rate of slip on the shear zone matches that of the overlying  
615 fault (Fig. 2a), supported by the data in Figure 1<sup>18</sup>, and modelling of the links between  
616 brittle surface slip and deeper ductile flow where the total strain accommodated by slip  
617 on brittle faults over many seismic cycles is matched at depths where viscous  
618 deformation occurs<sup>22,23,27</sup>.

619

620 5) We assume that slip-rates at the surface over numerous earthquake cycles implied  
621 by our modelling <sup>36</sup>Cl data includes any localized post-seismic afterslip following

622 individual earthquakes. This implies that the slip-rate variations we study should be  
623 analysed over timescales longer than that of individual postseismic slip episodes.

624

625 *Modelling Coulomb stress changes:*

626

627 Non-planar strike-variable fault geometries are built as a series of rectangular  
628 elements<sup>56</sup> that are  $\sim 1\text{km}^2$ . The geometry of the faults is based on extensive field data  
629 collected from limestone bedrock fault scarps in the central Apennines<sup>5,31,35,76–81</sup>. These  
630 strike-variable fault geometries are utilized in Coulomb 3.4<sup>61</sup> to model Coulomb stress  
631 changes associated with earthquakes and slip on underlying shear zones. The brittle-  
632 viscous transition is assumed to be at 15 km depth and we model the portions of shear  
633 zones that extend from 15 – 24 km depth, as this is the depth range over which viscous  
634 flow will initiate<sup>18</sup>, and this is also the depth range that will have the highest resistance  
635 to deformation and hence the rate limiting elements (i.e. the elements with the  
636 minimum stress) for passing shear strains upwards onto brittle faults<sup>24</sup>. Altering the  
637 depth of the modelled brittle viscous transition will not alter the sense (positive or  
638 negative) of deformation rates changes. For each fault, a characteristic earthquake  
639 magnitude is calculated using the relationship between fault area and magnitude<sup>15</sup>. A  
640 simple concentric slip distribution is calculated, assuming 40% of the maximum slip at  
641 depth reaches the surface, and the maximum slip is iterated to match the earthquake  
642 magnitude. The 40% assumption is based on iterating this value to closely match the  
643 ratios between (1) average subsurface displacement and maximum surface  
644 displacement and (2) average subsurface displacement and average surface  
645 displacement<sup>15</sup> (0.76 and 1.32 modal values respectively), which also matches the  
646 findings of others<sup>82</sup>. We have been unable to exactly match the modal values, however  
647 the values reported herein are within the variability reported<sup>15</sup>. The values used to  
648 calculate the characteristic magnitude are given in Supplementary Table 2.

649

650 The contribution of each structure to the CST on the brittle faults is shown in  
651 Supplementary Figures 15 - 18 and Supplementary Data 2. The annual magnitude of  
652 slip on underlying shear zones is calculated from the Holocene throw profiles  
653 measured through fieldwork, as these are suggested to be equivalent<sup>43</sup>.

654

655 *Calculating differential stress changes:* Coulomb stress changes are defined as  
656  $\Delta\text{CST} = \Delta\tau + \mu\Delta\sigma_n$ <sup>83</sup>, where  $\Delta\tau$  is the change in shear stress,  $\mu$  is the coefficient of  
657 friction (herein 0.4 is used<sup>56</sup>) and  $\Delta\sigma_n$  is the change in normal stress. The shear stress

658 can be defined as  $\tau = \frac{1}{2}(\sigma_1 - \sigma_3)\sin 2\beta$  <sup>4</sup> where  $(\sigma_1 - \sigma_3)$  is the differential stress and  
659  $\beta$  is the angle between  $\sigma_1$  and the fault plane. In the central Apennines, normal faulting  
660 is dominant and therefore we assume  $\sigma_1$  is vertical. Therefore  $\beta = 90 - \theta$  where  $\theta$  is  
661 the dip of the fault. We have calculated the differential stress using the equations above  
662 and the shear stress calculated from Coulomb 3.4. The differential stress is calculated  
663 for each 1 x 1km rectangular fault patch for the brittle and viscous portions of the faults.  
664 The conversion between sig\_reverse (direct output from Coulomb 3.4, which is shear  
665 stress on the fault plane) and differential stress is given in Supplementary Data 2.

666

667 *Calculating change in strain-rates:* Viscous deformation via dislocation creep, derived  
668 from laboratory experiments, is given by the following equation<sup>13</sup>:  $\dot{\epsilon} = Af_{H_2O}^m \sigma^n e^{-\frac{Q}{RT}}$ ,  
669 where  $\dot{\epsilon}$  is the strain-rate,  $A$  is a material parameter,  $f_{H_2O}^m$  is the water fugacity,  $\sigma$  is the  
670 differential stress,  $n$  is the stress exponent,  $Q$  is the activation energy,  $R$  is the ideal  
671 gas constant and  $T$  is the temperature. For the dislocation creep of wet quartz, the  
672 following constant values are used:  $A = 6.31e-12$  MPa/s,  $Q = 35$ kJ/mol<sup>13</sup>,  $R = 8.31$  m<sup>2</sup>  
673 kgs<sup>-2</sup>K<sup>-1</sup>mol<sup>-1</sup>,  $n=3.26$ <sup>18</sup>,  $T = 710$ K /  $440$  °C<sup>18</sup>,  $f_{H_2O}^m = 110$  MPa (calculated given  $T = 440$   
674 °C and pressure = 0.4GPa @15 km depth using the online fugacity calculator<sup>84,85</sup>). We  
675 choose this flow law for the following reasons: (a) dislocation creep mechanisms are  
676 common in natural quartz-bearing shear zones that dominate middle continental crust  
677 at the temperature and pressure range described here<sup>37</sup>; (b) the chosen flow law<sup>13</sup>  
678 considers the effect of water fugacity and is relatively well-constrained via comparison  
679 to naturally deformed rocks; (c) the use of this flow law allows consistency with  
680 previous studies in this region from which we take the stress exponent<sup>18</sup>, and with other  
681 visco-elastic models of postseismic deformation after earthquakes<sup>22,23,27</sup>. We  
682 implement the calculations using Supplementary Data 3 and following the method  
683 detailed in Fig. 3. Although the published flow law<sup>13</sup> uses  $n = 4$ , we substitute  $n = 3.26$   
684 as derived for the Apennines region<sup>18</sup>. This has little effect on the resulting strain-rate,  
685 which is the same order of magnitude at 10 MPa differential stress. The background  
686 value of differential stress is taken to be 10 MPa as values across this depth range are  
687 thought to be relatively uniform<sup>19</sup>. The change in differential stress is calculated from  
688 the stress modelling. Sensitivity to the chosen values for differential stress and stress  
689 exponent are shown in Supplementary Figure 19. Sensitivity to overestimating or  
690 underestimating the amount of slip across the scarps for strain-rates is shown in  
691 Supplementary Figure 20. We converted the implied strain-rates for the shear zones  
692 into implied slip-rates and slip-rate changes for the overlying brittle faults by using (1)

693 the ratio of strain-rates before and after the rate changes, and (2) the slip-rates over  
694 the entire period constrained in terms of timing from  $^{36}\text{Cl}$ , and offset using scarp profiles  
695 at the surface (Supplementary Data 3). These  $15 \pm 3$  kyr slip-rates were multiplied by  
696 the ratio of strain-rates before and after the rate changes, and amounts of slip were  
697 recovered before and after slip-rate changes, by multiplying the ratio-modified slip-  
698 rates by the time periods in question. We used these values to compare measured  
699 and implied SRE values. We also show that implied earthquake recurrence intervals  
700 for 1 m slip events (typical of the region) are of reasonable duration (a few millennia  
701 from paleoseismology<sup>47,51</sup>), given the values we input into the quartz flow law, by  
702 calculating the recurrence intervals for 1m heave events, given that we can measure  
703 the across strike distance for the region, and can calculate heave rates before and  
704 after strain-rate changes assuming faults and shear zones dip at  $45^\circ$ . Supplementary  
705 Data 3 shows that recurrence intervals for 1 m heave events change from  $\sim 3.6$  kyrs to  
706  $\sim 10$ - $19$  kyrs during anti-clusters, comparable in terms of order of magnitude to values  
707 from paleoseismology.

708

#### 709 **Data availability**

710 The cosmogenic data utilized in study is published online in the British Geological  
711 Survey repository and is freely available for download at  
712 <https://www.bgs.ac.uk/services/ngdc/accessions/index.html#item128345>. The  
713 samples for cosmogenic analysis were collected responsibly with support from local  
714 geologists. The processed  $^{36}\text{Cl}$  data and strain rate calculations are provided in the  
715 Supplementary Figures and Data.

716

#### 717 **Code availability**

718 The code to model 3D strike-variable fault planes<sup>56</sup> for use in Coulomb 3.4 is available  
719 from <https://github.com/ZoeMildon/3D-faults/releases/tag/v1.0>. The code to model  
720 interseismic loading from underlying shear zones is available from  
721 <https://github.com/ZoeMildon/3D-faults-shearzones>  
722 (doi.org/10.5281/zenodo.7149495). The code used to invert for slip histories from  $^{36}\text{Cl}$   
723 measurements<sup>14</sup> is available from <https://github.com/beckjh/bed36Cl>  
724 (doi.org/10.5281/zenodo.1402093).

725

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727

728

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984

#### 985 **Author contributions**

986 ZM performed all the Coulomb stress modelling, helped to locate, sample and process  
987 some of the  $^{36}\text{Cl}$  data, helped to develop our approach to fault/shear-zone interactions  
988 and use of the quartz flow law, and co-wrote the manuscript, providing diagrams and  
989 supplements. GR provided background knowledge of the regional geology, seismicity  
990 and geodesy, helped to locate and sample  $^{36}\text{Cl}$  sites, overseeing field constraints on  
991 all sites, modelled the  $^{36}\text{Cl}$  data, helped to develop our approach to fault/shear-zone  
992 interactions and use of the quartz flow law, and our comments on seismic hazard, and  
993 co-wrote the manuscript, providing diagrams and supplements. JFW calculated strain-  
994 rates for the region, developed figures, helped to locate  $^{36}\text{Cl}$  sample sites, helped with  
995 fieldwork, and helped to develop our approach to fault/shear-zone interactions, quartz  
996 flow modelling and our comments on seismic hazard. JB led development of our  
997 approach to modelling slip histories from the  $^{36}\text{Cl}$  data, and helped with some of the  
998 modelling. IP assisted with site sampling and characterization, provided knowledge of  
999 the local geology, and helped develop our comments on seismic hazard. AM assisted  
1000 with site sampling and characterization and contributed knowledge on the local  
1001 geology, seismicity and geodesy, and advised on seismic hazard. ST helped to  
1002 determine how to calculate differential stress from Coulomb stress. FI and CS helped  
1003 with discussions on interaction, seismic hazard and local geology, seismicity and  
1004 geodesy. LC contributed to understanding of shear zone deformation, quartz flow laws  
1005 and differential stress. KM helped with site characterization and tectonic  
1006 interpretations. RS conducted AMS for the  $^{36}\text{Cl}$  samples and helped with some field  
1007 sampling. CS, JR and MM all contributed to the discussion and presentation of  
1008 datasets. EV advised on local geology, seismicity, geodesy, and seismic hazard. All  
1009 authors contributed to editing the manuscript.

1010

#### 1011 **Competing interests statement**

1012 The authors declare no competing interests.

1013

1014 **Figures**

1015

1016 Fig. 1 – Current knowledge of fault and shear zone interaction in the central Apennines.  
1017 (a) Map showing the spatial variation in principal horizontal strain (maximum, preferred  
1018 and minimum strain-rate values shown) calculated on a 5×90 km grid (delineated by  
1019 black lines and tick marks) traversing the Italian Apennines (topography from SRTM  
1020 DEM), derived from the directions and magnitudes of faulted-offsets since  $15 \pm 3$  ka of  
1021 landforms dating from the demise of the Last Glacial Maximum, modified and updated  
1022 from ref.<sup>20</sup> The locations of <sup>36</sup>Cl sample site and deep seismic reflection datasets  
1023 mentioned in the text are indicated in the inset map. (b) Topography against strain-  
1024 rate from (a), showing a power law correlation (ii) with an exponent of  $\sim 3.26$  between  
1025 datasets, updated from ref.<sup>18</sup>. The value of this power law relationship exponent implies  
1026 that the brittle faults are underlain and driven by viscous shear zones. The error bars  
1027 in (i) are 95% confidence intervals of the mean elevations (assuming a normal  
1028 distribution) and error in strain rate propagated from field measurements (see ref.<sup>20,86</sup>  
1029 for more detail). (c) Topographic profiles across active fault scarps used in this study.  
1030 (d) Surface ruptures of the 2016 earthquakes on the Mt. Vettore fault scarp showing  
1031 how slip on the brittle faults generates surface offsets whose timing and magnitude  
1032 can be constrained via <sup>36</sup>Cl analyses.

1033

1034 Fig. 2 – Model set-up used to examine how stress changes produced by slip in normal  
1035 faulting earthquakes and by slip on underlying shear zones. (a) shows Coulomb stress  
1036 Transfer (CST) resulting from a normal faulting earthquake. Inset shows the brittle-  
1037 frictional-viscous components in the upper and middle crust. (b) shows the differential  
1038 stress changes resulting from a normal faulting earthquake. (c) shows CST resulting  
1039 from slip on a viscous shear zone. Insets show typical values for differential stress<sup>19</sup>  
1040 and viscosity<sup>24</sup> (for two isotherms) with depth. Note that the part of the shear zone that  
1041 is most resistant to deformation (i.e. rate-limiting) will be the shallowest part due to the  
1042 highest viscosity. (d) shows the differential stress resulting from slip on a viscous shear  
1043 zone. Both earthquakes and shear zone slip transfer negative differential stress (a  
1044 reduction in stress) onto the neighbouring shear zone, so a change in strain-rate on  
1045 the receiver shear zone is implied.

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1048

1049 Fig. 3 – Model workflow to link the surface findings ( $^{36}\text{Cl}$ -derived slip histories) with  
1050 modelling stress changes throughout the crust and calculating the resulting changes  
1051 in strain-rates and slip-rates.

1052

1053

1054 Fig. 4 - Slip histories for the Mt. Vettore and Leonessa faults that are located across  
1055 strike from each other. (a) and (b) show the best least squares slip histories with  
1056 stepped green lines, and the colour scale indicates the top 100,000 (after model burn-  
1057 in) least squares slip histories for each fault. These represent the best fits to the data  
1058 without penalization of results by priors used in the modelling during the operation of  
1059 the Markov chains. We also show the 90% confidence bounds (red lines) derived from  
1060 the posterior distributions produced by the Bayesian modelling. (c) and (d) show the  
1061 mean slip intensity results for the same model runs as (a) and (b), but here choices of  
1062 runs are penalized by uncertainties indicated by priors placed on the modeling, where  
1063 slip intensity is size of slip events multiplied by their frequency divided by bin size for  
1064 all model runs in the posterior distribution. Bin size is defined as the optimal bin size  
1065 for the distributions<sup>14</sup>. Both least squares and highest likelihood results reveal out-of-  
1066 phase slip on these two faults, with high slip-rate on one accompanied by lower slip-  
1067 rate on the other, indicating interaction between these two structures to maintain the  
1068 regional strain-rate indicated in Fig. 1.

1069

1070

1071 Fig. 5 – Slip histories for individual faults in the study region. (a) Slip histories derived  
1072 from *in situ*  $^{36}\text{Cl}$  cosmogenic exposure data for the six faults studied. At ~3.5 kyrs BP  
1073 (~3.5 ka), the least squares slip histories, the ensembles of least squares slip histories,  
1074 and the 90% confidence bands exhibit convex upward shapes for the Mt. Vettore fault,  
1075 and convex downward shapes for all the other faults. Concavity and convexity indicate  
1076 that slip-rates change for all the faults at ~3.5 kyrs B.P.; the Mt. Vettore fault slows in  
1077 activity and has a period of quiescence whilst all the other faults accelerate. Red boxes  
1078 give the date of the last known earthquake on the faults studied. (b) Slip histories from  
1079 some nearby faults from published paleoseismic trenching that broadly agree with our  
1080 cosmogenic data. (c) Map showing the locations of the faults studied,  $^{36}\text{Cl}$  sample sites  
1081 and paleoseismic trenches (topography from SRTM DEM).

1082

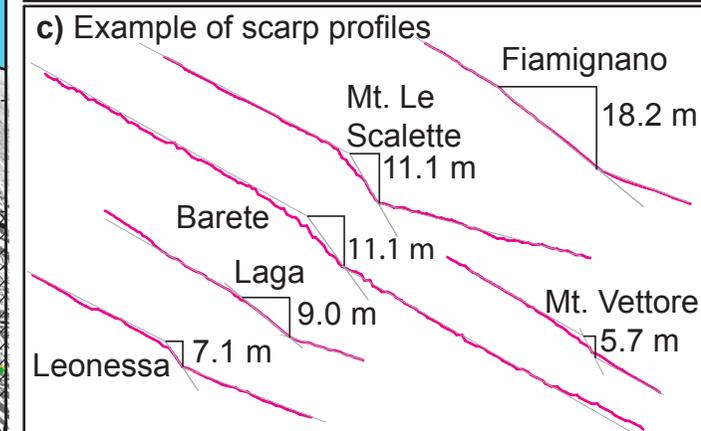
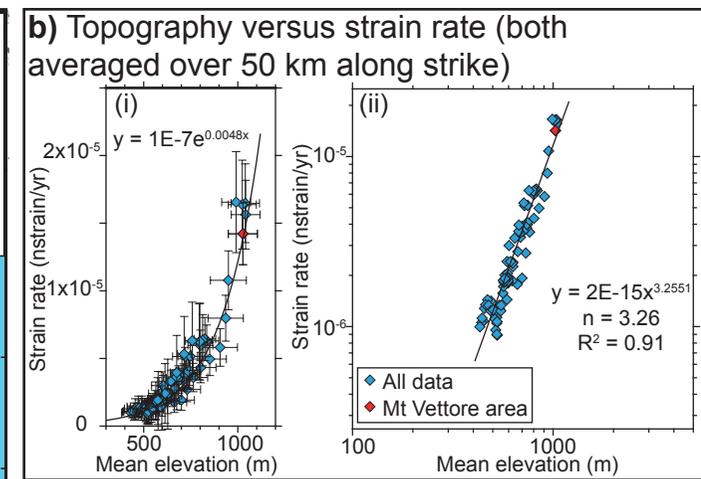
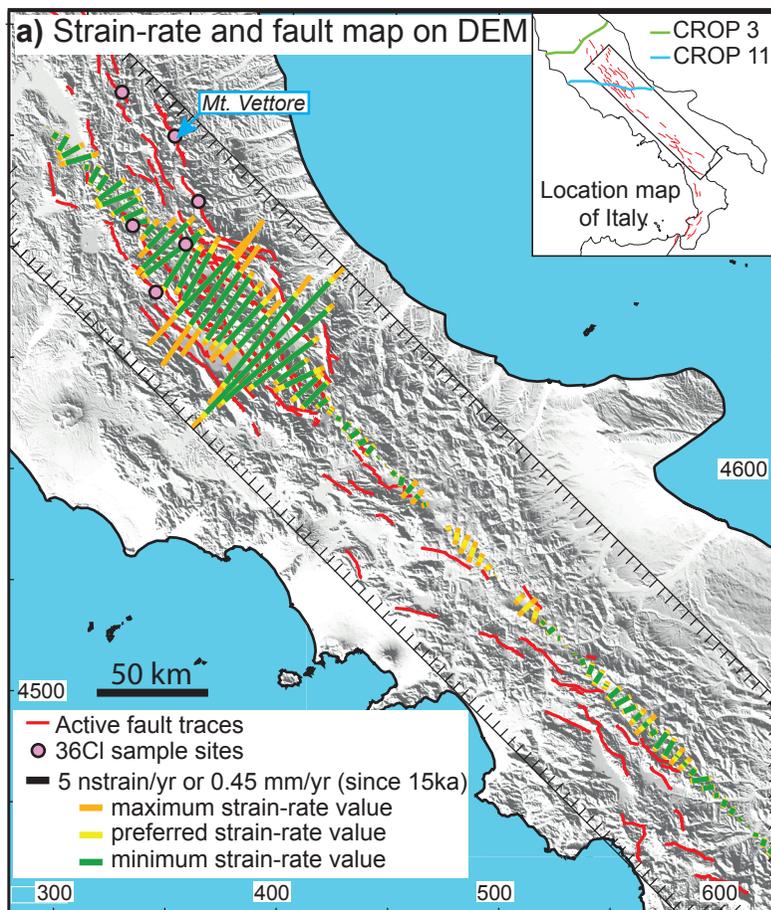
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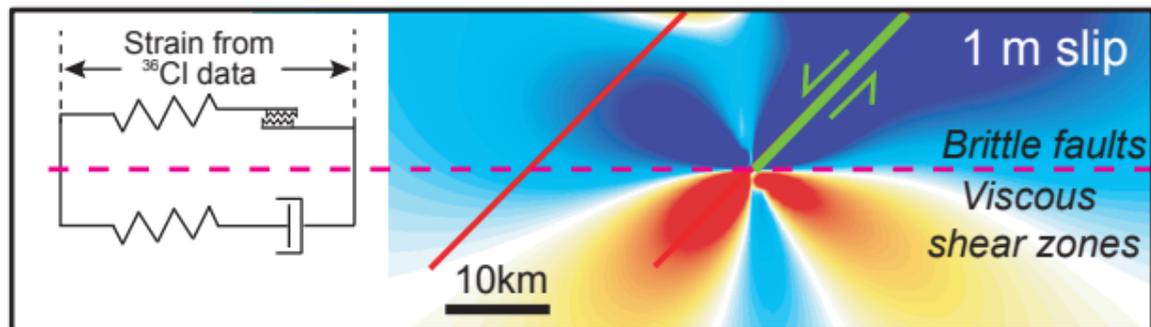
1085 Fig. 6 – Stress changes and effects on slip rates during periods of quiescence for the  
1086 Mt. Vettore and Leonessa faults. (a) Fault map showing the locations of the six faults  
1087 studied. (b) Cumulative differential stress changes ( $\Delta\sigma_{\text{diff}}$ ) during anti-clusters. (i) On  
1088 the Mt. Vettore shear zone, which is the sum of (ii) contributions from nearby faults.  
1089 (iii) On the Leonessa shear zone, which is the sum of (iv) contributions from nearby  
1090 faults, except the Mt. Le Scalette and Barete faults because  $\Delta\sigma_{\text{diff}}$  are negligible  
1091 ( $<\pm 0.05$  MPa). The periods of quiescence are shown in the slip histories in Fig. 4 and  
1092 5. (c) Cumulative Coulomb Stress Transfer (CST) on the (i) Mt. Vettore and (ii)  
1093 Leonessa faults during the studied anti-clusters. (d) Comparison between measured  
1094 slip histories from  $^{36}\text{Cl}$  and slip histories inferred from differential stress changes and  
1095 the quartz flow law. (i) Slip histories for the Mt. Vettore and Leonessa faults normalised  
1096 to the total measured slip. (ii) Slip Rate Enhancement (SRE) values are calculated  
1097 relative to the long-term ( $15 \pm 3$  kyr rate) slip rate, where  $\text{SRE} < 1$  implies a slowing of  
1098 slip and a reduction in activity. The similarity between measured and implied slip  
1099 histories suggests the approach we use, combining stress changes with quartz flow  
1100 laws, to generate the implied slip histories replicates the natural system.

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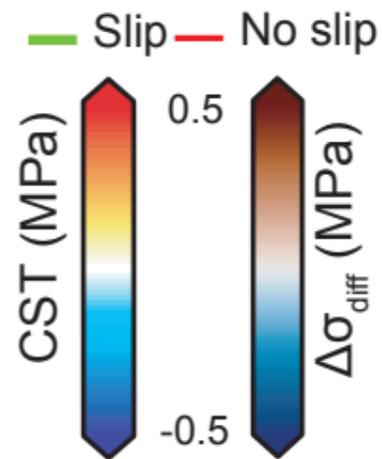
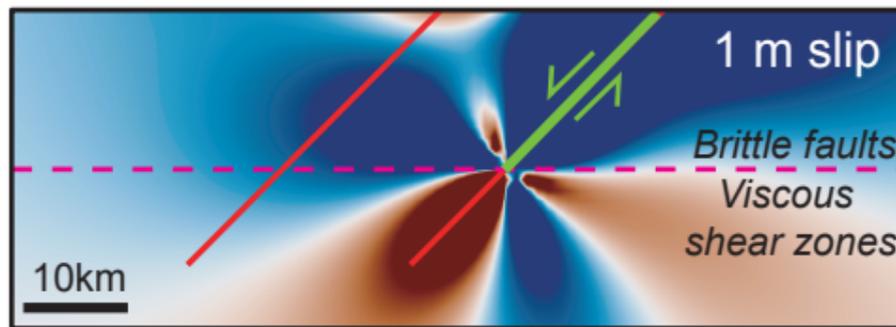
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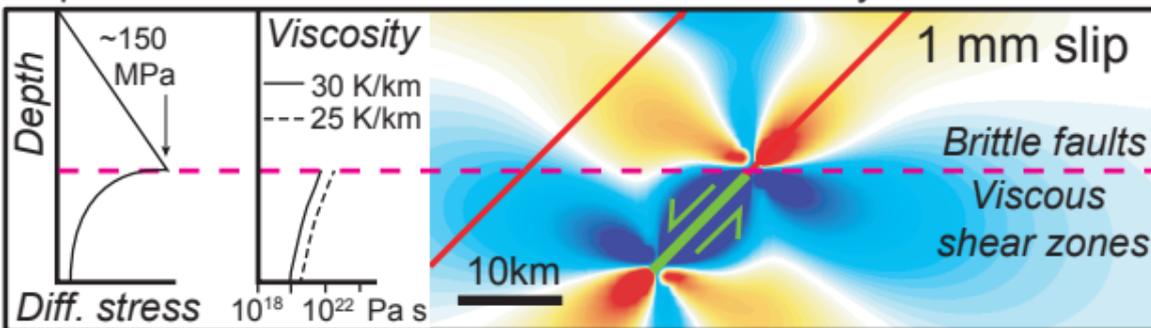
**a) Coulomb stress transfer for slip on a brittle fault.** Dashpot, spring and ratchet indicate that the faults and shear zones accommodate the same strain over many seismic cycles.



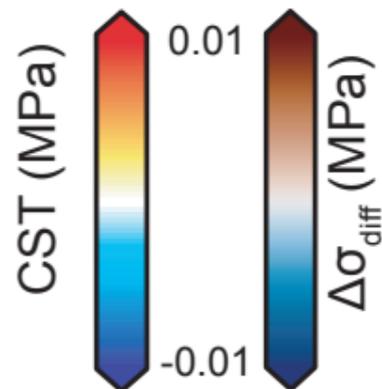
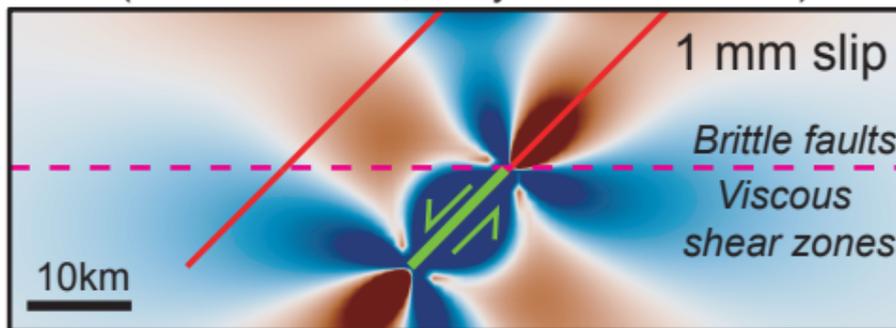
**b) Differential stress change for slip on a brittle fault in the upper crust.**

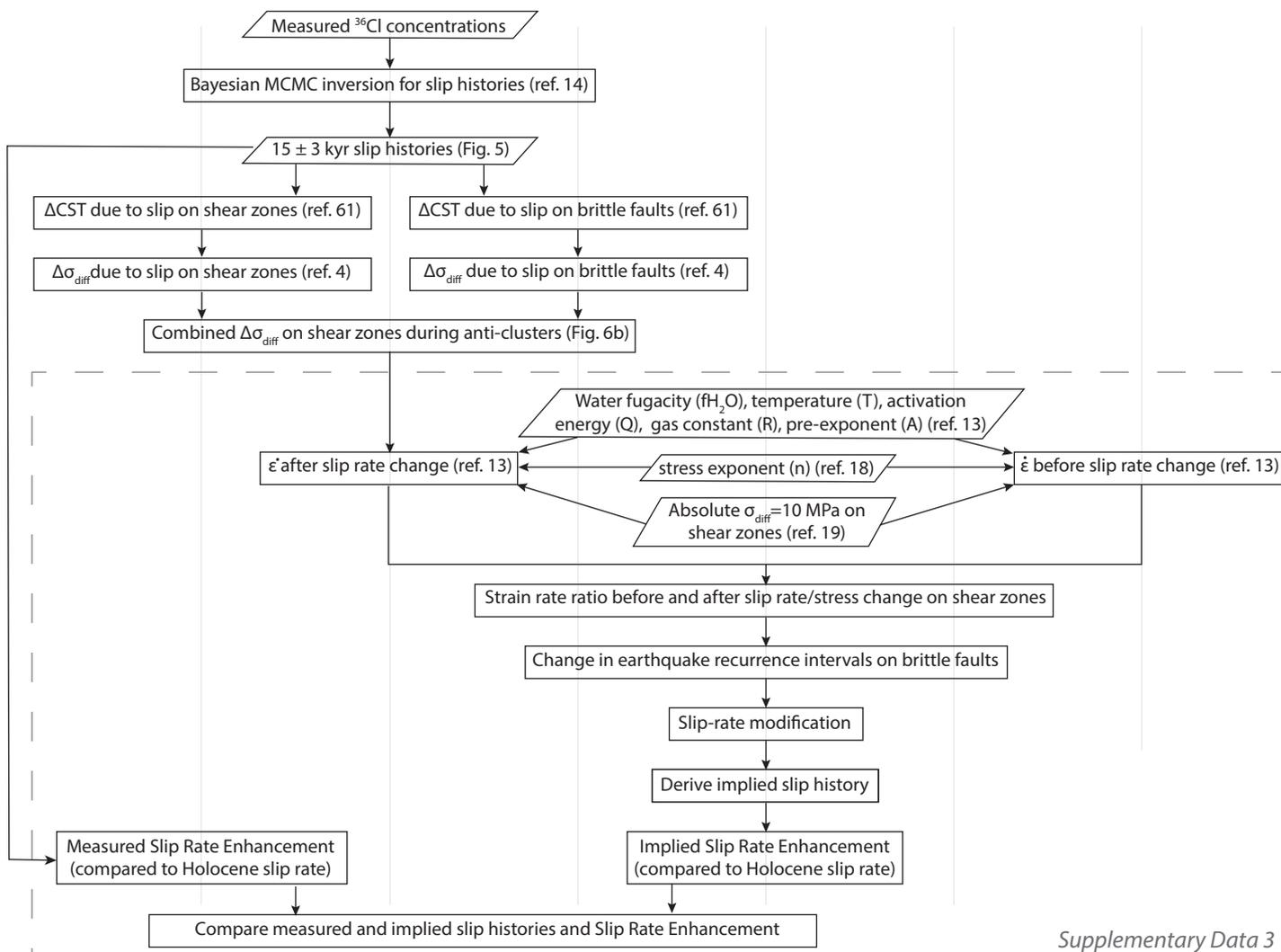


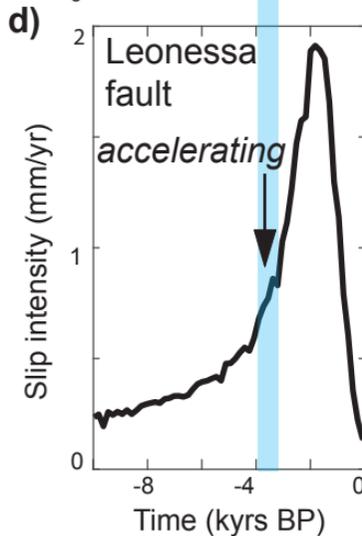
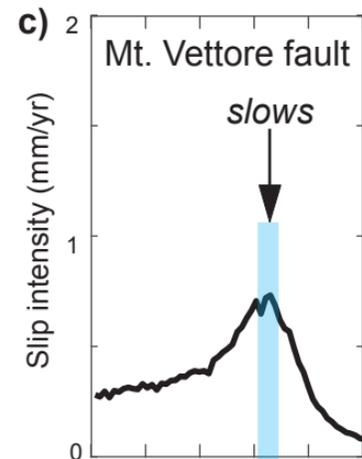
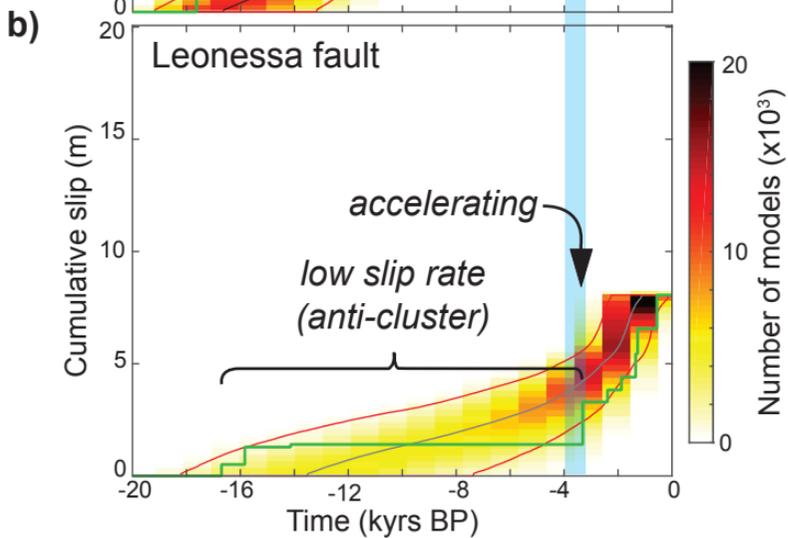
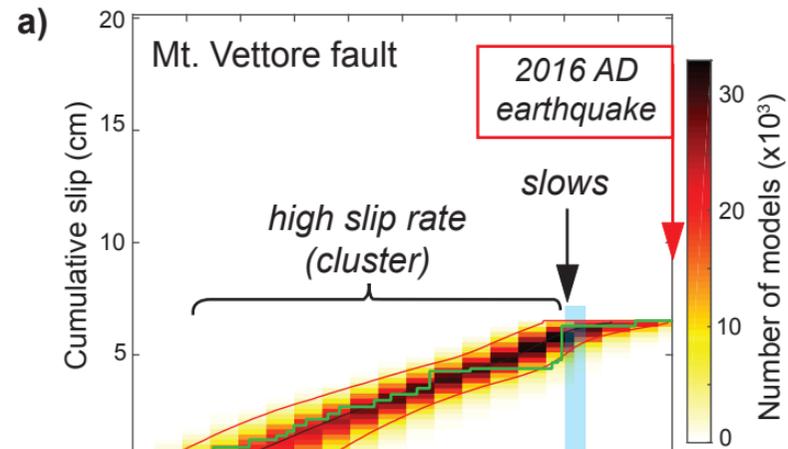
**c) Coulomb stress transfer for slip on a shear zone.** Depth variation in differential stress and viscosity is indicated.

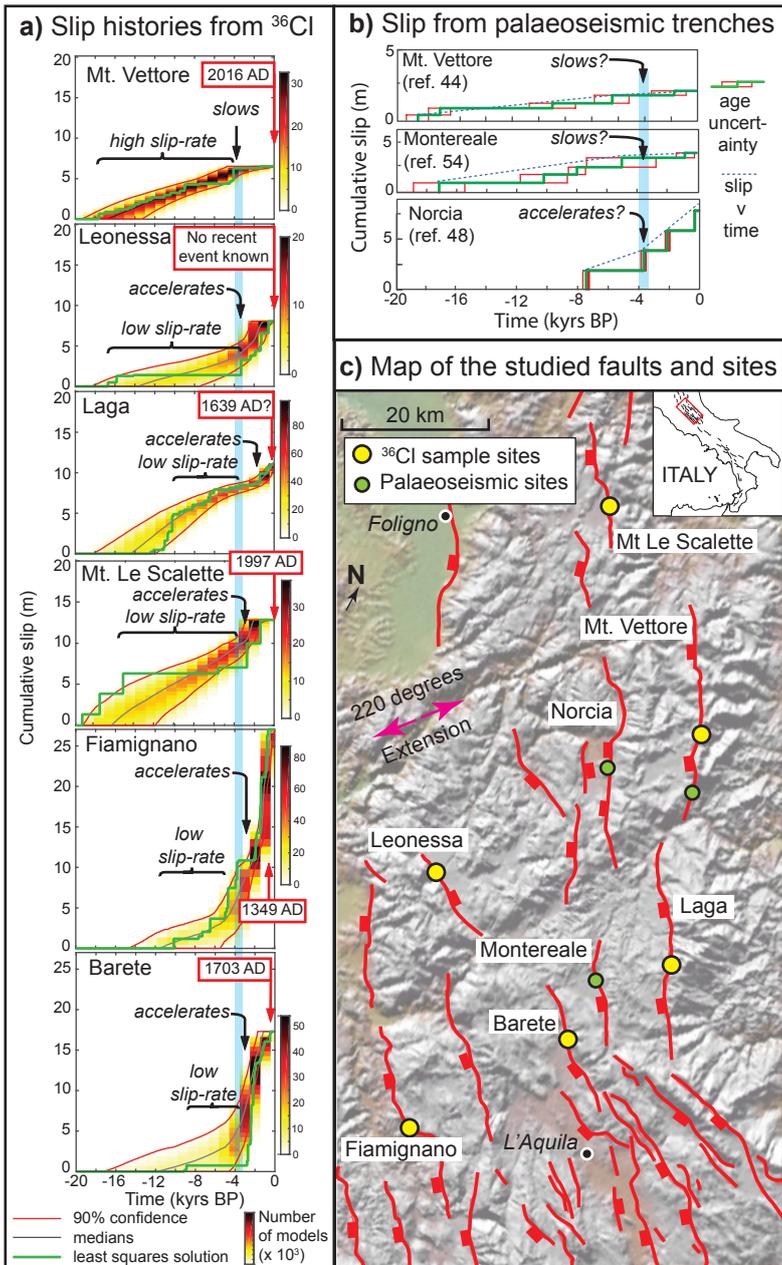


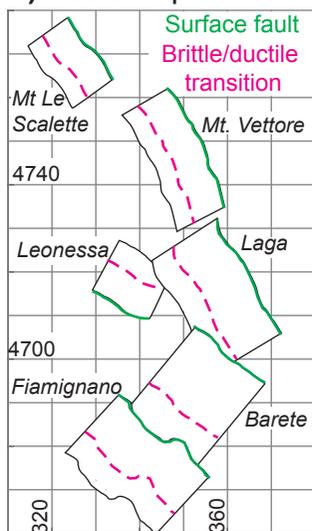
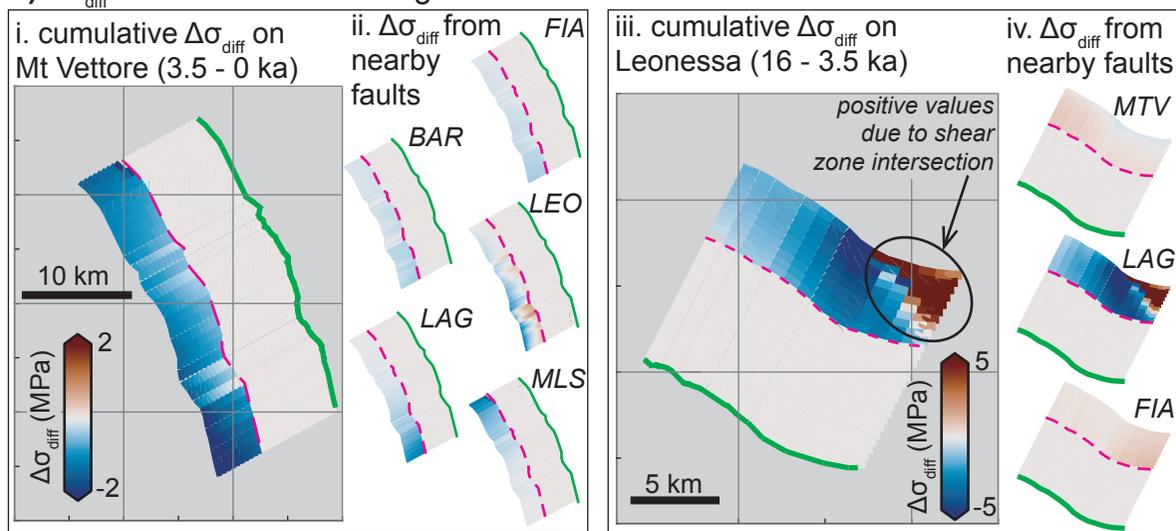
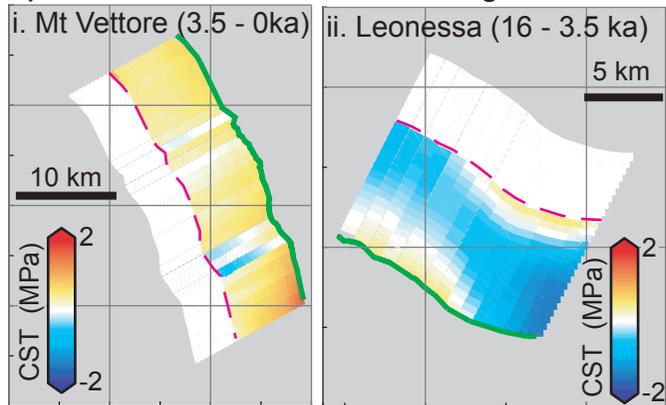
**d) Differential stress change for slip on a shear zone.** ( $0.01 \text{ MPa} \times 10,000 \text{ years} = 100 \text{ MPa}$ )









**a) Fault map****b)  $\Delta\sigma_{\text{diff}}$  on shear zones during anticlusters for the Mt Vettore and Leonessa faults****c) cumulative CST on faults during anticlusters****d) Comparing modelled and measured slip rate changes**