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# Floodplains, Organic Carbon Residence Times, and Paleoclimate: Floodplain Dynamics Impart Biases in the Biogeochemical Climate Record of Terrestrial Landscapes

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## 36 Plain language summary

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Along with the mineral sediment they transport (e.g., sand and mud), rivers also move organic carbon across continents and to oceans. Organic carbon particles can be stored in river sediment all along the river corridor, and then eventually remobilized. As a result, quantifying the time taken by organic carbon to move through the river network is challenging. In this work, we use experiments to explore how a changing climate might impact the rates at which carbon moves through rivers. We find that if a river begins to carry more water on average) than it used to, which is likely to happen as Earth's climate shifts and intense rainfall events increase in frequency, the amount of time organic carbon spends on river
floodplains will lengthen. On floodplains, organic carbon it is consumed by microbes and delivered to
the atmosphere as CO<sub>2</sub>.

#### 47 Abstract

48 Fluvial sediments encode physical and geochemical signatures of past climate, hydrology, carbon 49 cycling and ecosystems. However, river floodplains can be both sources and sinks for organic carbon and 50 paleoenvironmental reconstructions are often confounded by the complex dynamics of organic carbon 51 residence, entrainment, and deposition in a fluvial system. We used physical experiments to explore how 52 river kinematics impact the time over which organic carbon can accumulate on floodplain surfaces. We 53 found that doubling the ratio of water to sediment flux caused the most stable parts of the floodplain to 54 remain immobile for twice as long. In situ carbon accumulated on stable floodplains in this scenario, can 55 therefore integrate significant amounts of local environmental information along with catchment-averaged 56 information. Conversely, in situ organic carbon that accumulates on dynamic floodplains in systems with 57 relatively high sediment fluxes predominantly records basin-averaged information but relatively small 58 amounts of local information. Changes in river dynamics during past thermal events on Earth, linked to 59 changes in the hydrological cycle and alterations in water and sediment fluxes, can be expected to alter 60 the duration over which organic carbon can accumulate on Earth's river floodplains and therefore the 61 spatial and temporal scales to which climate reconstructions apply.

62

#### **1**. Introduction

Rivers are gauges of environmental change, and their floodplains can serve as both sources and
sinks for organic carbon. River channels erode, transport and deposit sediment as they build depositional
landscapes, nourish ecological communities that rely on them, and fill terrestrial sedimentary basins.
Organic carbon in alluvial sediment can provide an abundance of evidence regarding the hydroclimate

and ecological setting along river corridors and on floodplains in deep time (e.g. Chang et al. 2021,
2023)). However, robust reconstructions of Earth's river landscapes and ecosystems hinge upon our
ability to distinguish the potential spatial and temporal scales of integration of ecological information
recovered from the deep time sedimentary record. Climate variability, and related changes in temperature
and precipitation, can alter the dynamics of rivers and their floodplains by altering water and sediment
fluxes. Terrestrial climate reconstructions rarely account for the impact of river dynamics on the recorded
environmental information.

74 Particulate organic carbon (POC) preserved in fluvial deposits, e.g., molecular biomarkers, leaves 75 or bulk carbon, can provide a quantitative record of past environments and climate variability. For 76 example, plant derived organic carbon or molecular biomarkers encode signatures of past precipitation 77 amounts (Diefendorf 2010), ecosystem (Diefendorf 2011), or atmospheric atmospheric carbon dioxide 78 (O'Leary 1981, Schubert and Jahren 2012). Further, molecular distributions can record atmospheric vapor 79 pressure deficit (Elev and Hren, 2018) and stable isotopes of plant-derived molecular biomarkers (e.g. n-80 alkanes) can contain a time-integrated record of precipitation  $d^2H$  (e.g. Sachse et al., 2012; Wang et al., 81 2017). A quantitative approach to the processes of production, integration and storage over geologic time 82 is crucial for reconstructing past environmental conditions from carbon stored in fluvial deposits.

83 Organic matter present in sedimentary deposits (Fig. 1a) can be (a) detrital in origin and carry 84 catchment-integrated environmental information, or (b) deposited in situ from local vegetation and 85 provide information about local environmental conditions. If catchment-integrated, environmental signals 86 may be integrated over millions of years, and represent spatial scales associated with the size of the 87 catchment; if local, they may be integrated over years (e.g., fossil leaf beds) to thousands of years, and 88 represent much smaller spatial scales. Thus, the separation of local from catchment-integrated information 89 has significant implications for the spatiotemporal scales over which paleoenvironmental reconstructions 90 from biogeochemical proxies apply. By extension, this impacts the granularity with which climate perturbations with a range of temporal scales can be reconstructed (Fig. 1b). Parsing signals of local or 91 92 catchment-integrated climate is possible with the depositional context provided by sedimentary facies.

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93 Organic matter is most abundant in floodplain sediments and sampling floodplain deposits provides our 94 best chance to reconstruct local environmental state; however, not all floodplains are created equal. The 95 organic carbon in young (recently deposits) floodplain sediment surfaces will be predominantly detrital or 96 catchment-integrated with carbon sourced from any or all parts of the upstream catchment area; mature 97 floodplain surfaces (i.e. floodplain environments that are stable long enough to begin to form soils) will 98 have accrued significantly more built-up *in situ* organic carbon containing a local environmental signal. 99 Thus, floodplain age and spatial variability in floodplain ages can significantly impact the fidelity of 100 terrestrial paleoclimate reconstructions.

Over centuries or millennia, an alluvial river landscape (Fig. 1a) may evolve to be broadly differentiated into three regions: (1) the river channel, where deposits primarily store organic carbon and mineral detritus mobilized from the entire catchment upstream, (2) the active (proximal) floodplain, where deposited detrital sediment composition is gradually altered by weathering and local organic carbon from plant detritus accumulates in soils, and (3) the stable (distal) floodplain, where soil formation and the build-up of local organic carbon from plant matter dominates.

107 A laterally migrating river incorporates floodplain sediment into the transport system by bank 108 erosion and leaves sediment behind in bars (Fig. 1a), thereby replacing a local climatic signal with a 109 spatio-temporally integrated one (Eke et al, 2014). Rivers in alluvial basins build topographic relief 110 because of higher rates of sediment deposition close to the channel (Fig. 1a). When the height of the water 111 surface in the channel above the distal floodplain approaches one channel depth, the resulting hydraulic 112 instability can cause a channel avulsion (Davies-Vollum & Kraus, 2001; Heller & Paola, 1996; Mohrig et 113 al., 2000; Slingerland & Smith, 2004). Flow finds a new path at a lower elevation on the floodplain, 114 where it may re-occupy an older abandoned channel or form a new channel (Chamberlin & Hajek, 2015; 115 Edmonds et al., 2016; Hajek & Edmonds, 2014). If the newly avulsed channel erodes floodplain 116 sediment, the stored (local) signal will be replaced by a spatially- and temporally averaged signal in the 117 carbon record.

118 Thus, if the rates of *in situ* organic debris accumulation remain equal, a river system that migrates 119 rapidly and avulses frequently will primarily accumulate inherited, catchment-integrated environmental 120 information in immature floodplains and the proportion of locally-sourced carbon stored will be small; a 121 less dynamic system in which floodplains remain stable for longer periods of time will accumulate more 122 in situ environmental information from local organic carbon, and the proportion of local carbon with be 123 larger and overall age of the carbon pool younger. We therefore hypothesize that river dynamics, 124 influenced by the ratio of water flux to sediment flux, impact (a) the residence time of in situ organic 125 carbon in floodplains, and (b) the temporal and spatial integration of environmental information recovered 126 from floodplain sediment.

Here, we use physical experiments of a distributive alluvial system to explore the role of channel and floodplain dynamics, influenced by differences in water and sediment flux, on the spatial variability in floodplain age and inferred variability in the recorded environmental information. In particular, we use an experimental distributive fan system to evaluate how differences in the ratio of water discharge to sediment discharge can impact: (1) landscape stability, and (2) spatial heterogeneity in floodplain age. Based on our findings, we draw inferences about carbon residence times and the biases in paleoclimate reconstructions from the biogeochemical proxy record.

134

#### **2.** Experimental Conditions

We used two physical experiments, performed at Tulane University (Straub & Wang, 2013; Y.
Wang et al., 2011), to evaluate how the kinematics of the transport system influence floodplain stability.
In these experiments, a fan delta evolved freely under two sets of steady boundary conditions. We used
these data-sets to evaluate the influence of the ratio of water discharge to sediment discharge on
floodplain stability, and therefore the potential heterogeneity in the recovered biomarker record.

141	The experiments were performed in an experimental basin that was 0.65 m deep, and measured
142	4.2 m and 2.8 m in the downstream and cross-stream directions respectively (Straub & Wang, 2013; Y.
143	Wang et al., 2011). A mixture of silica, crushed coal and water was released into the experimental basin at
144	a constant rate and under the influence of gravity. The water in the mixture was dyed blue. In physical
145	experiments such as these, unrealistic geometric scales (high ratios of particle size to flow depths, steep
146	transport slopes, etc.) compared to natural systems are ignored as long as a range of transport styles, i.e.
147	from bedload to suspended load, are observed (C. Paola et al., 2009). The sediment mixture, composed of
148	a 3:7 volumetric ratio of crushed coal (S.G. = 1.3; $D_{50}$ = 440µm) and higher density silica (S.G. = 2.65;
149	$D_{50} = 110 \mu m$ ), allowed for a full spectrum of transport styles, from bedload to suspended load, in these
150	experiments. Built by shallow channels with steep longitudinal profiles, the experimental deltas used
151	herein do not display any influence from a backwater effect on channel dynamics e.g., (Fernandes et al.,
152	2016; Ganti & Chadwick, 2016; Martin et al., 2018; Nittrouer et al., 2012; Chris Paola & Mohrig, 1996;
153	Te Chow, 1959). The observed dynamics are therefore most relevant to fan deltas (e.g., (Nemec & Steel,
154	1988) ) or distributive fluvial systems (e.g., (Hartley et al., 2010)).

155 Prior to the start of each experiment, sediment deposition built a prograding subaerial platform 156 while base-level was maintained at a constant elevation; the experiment began once this initial platform 157 was built. For the duration of each experiment, water supply, sediment supply and base-level rise rate 158 pseudo-subsidence) were held constant (Table 1). The fixed rate at which accommodation was generated 159 through base-level rise was matched against the fixed rate at which sediment was supplied such that the 160 shoreline position did not change for the duration of each experiment. This stationarity precludes any 161 potential influence that shoreline progradation or regression, equivalent to facies belt migration at the 162 field-scale (Hickson et al., 2005), may have on the measured dynamics and organization in the transport 163 system. In Experiments 1 and 2, the same base-level rise rate was used, but the ratio of water to sediment 164 supplied to the basin in Experiment 2 was twice that of Experiment 1 (Table 1).

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Table 1: Boundary conditions associated with the physical experiments				
Experiment	Experiment 1 (TDB-10-1)	Experiment 2 (TDB-11-1)		
Water Flux : Sediment Flux Qw:Qs	1x 0.451 L/s : 0.011 L/s	2x 0.902 L/s : 0.011 L/s		
Base-level rise rate	5mm/h	5mm / h		
Duration of data-set used here	1000 min	1000 min		

## 165 **3**. Data and Methods

166 We used sequential, orthorectified overhead images that represent 1000 timesteps (1000 minutes 167 of experimental time) from each experiment, we mapped the location and relative depth of flow through 168 time across the surface of each experiment. We applied two thresholds to the blue luminosity pixel values 169 in these overhead images, using a methodology implemented in a number of previous studies (e.g., Li et 170 al., 2016; Scheidt et al., 2016). The two thresholds were set and verified using visual inspection (Fig. 2), 171 and then used to separate dry portions of the experiment (without blue dye) from locations inundated by 172 shallow flow (small values of blue luminosity) and deeper, channelized flow (larger values of blue 173 luminosity).

We use deep, channelized flow as representative of river channels in field-scale fluvial systems; shallow, sheet flow represents overbank flow in active floodplains; dry areas of the experimental surface represent stable floodplain (Fig. 1a, 2). Channelized flow and sheet flow in similar fan delta experiments have been shown to be associated with periods of sediment erosion and storage, respectively (Sheets et al., 2002). During periods of sediment erosion or downstream flushing, the area of the surface that is occupied by deeper flow in channels increases. Over time, sediment is flushed through the system and deposited at the downstream termini of channels, reducing the longitudinal channel gradient (Kim et al.,

181 2014). The resulting decrease in sediment transport capacity causes channel filling, lateral flow expansion
182 and widespread inundation by sheet flow. Inundation by sheet flow creates widespread deposition and a
183 steepening of the longitudinal gradient.

184 In each experiment, we used one cross-stream transect at which cumulative deposition between 185 the inlet and the transect accounted for approximately 60% of the sediment mass (Straub & Wang, 2013). 186 At each pixel, we created a time-series to identify the presence of dry floodplain, channelized flow or 187 sheet flow at each pixel along the transect (Fig. 2). Next, we generated distributions to quantify the 188 fraction of the chosen transect that was occupied by each landscape state at each time-step (Fig. 3, a b). 189 We then quantified the temporal persistence of each landscape state, i.e., floodplain (Fig. 3c, d), sheet 190 flow (Fig. 3e, f), and channelized flow (Fig.3g, h). For example, when a pixel transitioned from wet 191 (channelized flow or sheet flow) to dry floodplain, we counted the number of time-steps (experiment 192 minutes) for which it remained dry before converting back to a wet surface.

Finally, we generated a comparative assessment of the impact of a difference in the ratio of water to sediment flux on the heterogeneity in floodplain age across a landscape transect at a given time (Fig. 4). To assess the potential variability encountered along the geomorphic surface at any given time, such as at 1000 minutes (Fig. 4 a, b), we used the calculated ages of floodplain surfaces for all 1000 time steps (Fig. 4 c, d) to generate cumulative frequency distributions of instantaneous floodplain ages for each time-step and all time-steps together (Fig. 4 e, f), and exceedance probabilities for the floodplain surface ages encountered on a geomorphic surface at any time (Fig. 4, g, h).

## 200 Results

The fraction of the selected transects occupied by floodplain, sheet flow and channelized flow (Fig.3 a, b) are not significantly different between experiments. As indicated by the 25th, 50th and 75th percentiles, denoted hereafter by p25, p50 and p75 respectively, floodplains occupied a slightly larger fraction of the transect in Experiment 1 (p25 = 0.4, p50 = 0.5, p75 = 0.6) than in Experiment 2 (p25 =

205 0.33, p50 = 0.42, p75 = 0.52; Fig. 3 a, b). Sheet flow generally covered a larger fraction of the transect 206 than channelized flow in both experiments; sheet flow occupied a smaller fraction of the transect in 207 Experiment 1 (p25 = 0.28, p50 = 0.35, p75 = 0.43) than in Experiment 2 (p25 = 0.3, p50 = 0.4, p75 =208 0.5), whereas channelized flow generally occupied a a similar fraction in Experiment 1 (p25 = 0.08, p50209 = 0.14, p75 = 0.20) and Experiment 2 (p25 = 0.13, p50 = 0.15, p75 = 0.2).

210 There were significant differences in the persistence of floodplains, sheet flow and channelized 211 flow in the two experiments; all categories were generally more persistent in Experiment 2. Notably, 212 doubling the ratio of water flux to sediment flux resulted in floodplain stability timescales (Fig. 3 c, d) 213 that were roughly twice in Experiment 2 (p50 = 10 minutes, p95 = 96 minutes) than in Experiment 1 (p50214 = 5 minutes, p95 = 48 minutes). Sheet flow stability timescales in Experiment 1 (p50 = 5 minutes, p95 = 4818 minutes) were smaller than in Experiment 2 (p50 = 6 minutes, p95 = 33 minutes); similarly, stability 215 216 timescales of channelized flow, i.e., the length of time for which channelized flow remained in place, in 217 Experiment 1 (p50 = 4 minutes, p95 = 14 minutes) were smaller than in Experiment 2 (p50 = 6 minutes, 218 p95 = 25 minutes). The number of measurements "n" in Figures 4 c - h, hold information about the 219 fraction of the transect occupied by floodplain, sheet flow and channelized flow, as well as the mobility of 220 each category; however, since the fraction of the transects occupied by each category were not 221 significantly different between experiments, lower "n" values signify fewer measurements and therefore 222 greater stability.

A visual assessment of Figure 4 a- d suggests that while floodplain extent, lateral continuity and frequency of occurrence in time are greater in Experiment 1, floodplain surfaces are generally young. This is internally consistent with the number of measurements (n = 13,126) in Figures 3c and 3d, as well as the smaller flow stability time-scales in Figures 3e and 3g. Conversely, floodplain surfaces tend to be spaced farther apart in time, are less continuous laterally and can be significantly older in Experiment 2; this assessment is supported by the smaller number of measurements in Figure 3d, and the larger flow stability timescales in Figures 3f and 3h. Importantly, these results of instantaneous floodplain ages on

230	geomorphic surfaces, quantified in Figures 4e & 4f, highlight that higher ratios of water to sediment
231	fluxes in Experiment 2 generate floodplains ages ( $p50 = 20$ minutes, $p95 = 100$ minutes) that are generally
232	twice that in Experiment 1 ( $p50 = 40$ minutes, $p95 = 100$ minutes).
233	The exceedance probability calculations of floodplain age show power laws with higher slopes in
234	Experiment 1 than in Experiment 2 (Fig. 4, g & h); the exceedance probability of encountering a
235	floodplain surface with an age of 100 minutes is an order of magnitude higher in Experiment 2 than
236	Experiment 1.
237	
238	Discussion
239	Our results indicate that the morphodynamics of alluvial rivers, a function of sediment and water
240	supply, can significantly impact the residence times of particulate organic carbon in Earth's floodplains
241	and bias reconstructions of paleoclimate and paleotopography (Chang et al., 2023; Feakins et al., 2012;
242	Hren et al., 2010; Hren & Ouimet, 2021; Pagani et al., 2006; Tipple et al., n.d.). Furthermore, although we
243	specifically evaluate climate proxies tied to organic carbon in floodplains, our findings are relevant to any
244	terrestrial climate proxies connected to timescales of floodplain stability (e.g., soil carbonates,
245	geochemical climofunctions, etc.).
246	Comparing results from these experiments, we see that reduced relative sediment loads in
247	Experiment 2, i.e., larger ratios of water flux to sediment flux (Qw:Qs), decreased the lateral mobility of
248	flow. Associated floodplain surfaces showed significantly more spatial variability in surface age and the
249	oldest floodplain surfaces remained stable for twice as long relative to the oldest floodplain surfaces in
250	Experiment 1. We can infer that organic carbon recovered from floodplains with greater stability are more
251	likely to deliver paleoclimate reconstructions with temporal and spatial granularity that is commensurate

- with an *in situ*, unmixed environmental signal. However, the characteristic timescale associated with a
- significant build-up of local particulate organic carbon debris, a function of local hydroclimate, must be
- accounted for. For instance, an alluvial system in which the exceedance probability of floodplain age is

twice that of the characteristic timescale required to generate a clear *in situ* environmental signal may be
expected to produce a record of local paleoenvironmental states at higher spatial and temporal resolution
than one in which the two timescales are comparable.

258 Biomarkers recovered from channel deposits or young floodplain surfaces, on the other hand, can 259 be expected to provide non-local or catchment-integrated estimate of hydroclimate with far less spatio-260 temporal granularity. Dynamic floodplain surfaces with greater spatial homogeneity in age, associated 261 with alluvial systems in which smaller ratios of water to sediment flux, like Experiment 1, are more likely 262 to be biased towards storing a catchment integrated record of paleoclimate. The spatial footprint of 263 environmental reconstructions from channel deposits, or young floodplains, would likely scale with the 264 size of the catchment. The temporal footprint would be dictated by the median age of carbon exported 265 from the catchment.

266 Modern rivers display a latitudinal gradient in the ages of exported carbon (Eglinton et al., 2021) 267 while high latitude rivers transport carbon with the greatest range in ages and largest ages. Climate 268 models forecast an invigoration of the Earth's hydrological cycle as the planet warms; changing 269 precipitation patterns that result are likely to drive changes in the ratios of water flux to sediment flux 270 through rivers. In rivers that are allowed to migrate laterally, changes in lateral migration rates should be 271 expected to produce differences in the range in the age of particulate organic carbon transported by rivers. 272 Similarly, changes in river dynamics during thermal events in Earth's past, linked to changes in the 273 hydrological cycle and alterations in water and sediment fluxes, should be expected to have altered carbon 274 residence times in Earth's river systems. These alterations, and associated biases in terrestrial climate 275 reconstructions, must be accounted for when reconstructing environmental conditions from particulate 276 organic carbon preserved in floodplains. It is therefore essential to integrate biogeochemical proxy 277 reconstructions with qualitative and quantitative information about sedimentary processes (e.g. floodplain 278 stability and weathering, channel mobility, estimates of water and sediment fluxes, etc.), to assess the 279 spatial and temporal scales to which paleoclimate reconstructions may apply.

280

281 Conclusions

282 We used physical experiments to investigate how river kinematics impact the duration over which 283 organic carbon can accumulate on floodplain surfaces. Our findings indicate that doubling the ratio of 284 water to sediment flux can cause the most stable parts of the floodplain to remain immobile for twice as 285 long. Under such conditions, carbon accumulated on stable floodplains can integrate substantial amounts 286 of local environmental information in addition to catchment-averaged data. Conversely, in more dynamic 287 floodplains characterized by relatively high sediment fluxes, the in situ organic carbon predominantly 288 records basin-wide environmental information with a comparatively minor contribution of local data. 289 Fluvial sediments can record the physical and geochemical signatures of past climates, hydrology, 290 carbon cycling, and ecosystems. However, river floodplains function as both sources and sinks for 291 organic carbon, complicating paleoenvironmental reconstructions due to the intricate dynamics of organic 292 carbon residence, mobilization, and deposition within a fluvial system. Changes in river dynamics during 293 past thermal events, which are linked to variations in the hydrological cycle and fluctuations in water and 294 sediment fluxes, are expected to alter the duration over which organic carbon can accumulate on Earth's 295 river floodplains. Consequently, these changes influence the spatial and temporal averaging of climatic 296 information recovered from organic carbon. Our results indicate that reconstructions of ancient terrestrial 297 climate must take into account the dynamics of the transport systems, and the stratigraphic fingerprints of 298 these dynamics while assigning temporal and spatial scales to which these reconstructions apply. 299

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Figure 1: (a) An illustration showing sedimentary facies that provide environmental context for the spatial and temporal scales of integration associated with the biogeochemical climate proxies they hold. (b) Representative time scales of major modern climatic variations, and past geologic events are compared to the estimated time scales of integration associated with different climate proxies. Abbreviations: ENSO = El Niño Southern Oscillation; PDO = Pacific Decadal Oscillation; NAO =

North Atlantic Oscillation; OAEs = ocean anoxia events; LIPs = large igneous provinces. Solid range
bars correlate with assumptions of in situ information whereas dashed bars correlate with the potential
temporal scales of integration when the environmental signal is catchment integrated.

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Figure 2: Methodology applied to 1000 sequential orthorectified images from each experiment. (a) Orthorectified overhead full-color RGB images. (b) Thresholded gray-scale images where white pixels represent dry floodplain, grey pixels represent shallow sheet flow, and black pixels represent deep, channelized flow. Time-space matrices of stacked, thresholded pixel values at a cross stream transect from (c) Experiment 1, and (d) Experiment 2.



distribution in the fraction of the transect covered by floodplain, sheet flow and channelized flow at all 1000 time-steps in Experiment 1 (a) and Experiment 2 (b). The vertical bar at the center of the box represents the 50th percentile of values, the upper and lower bounds on the boxes represent the 25th and 75th percentiles respectively, and the upper and lower bounds on the whiskers represent the 10th and 90th percentile respectively. Normalized cumulative frequencies quantify temporal persistence of (c), (d) stable floodplain, (e), (f) sheet flow and (g), (h) channelized flow in Experiment 1 (left) and Experiment 2 (right) respectively.



Figure 4: Examples of floodplain ages mapped onto the dry areas of the experimental surface at one "snapshot" in time (1000 minutes) in Experiments 1 (a) and 2 (b). Time-space matrices showing floodplain surfaces and their age, encountered at any given time-step at a cross-stream transect in Experiments 1 (c) and 2 (d). Normalized cumulative frequency distributions of the ages of all floodplains encountered at the surface at each time-step (pale grey) and at all timesteps (bold magenta) along the same transect in Experiments 1 (e) and 2 (f), respectively. Exceedance probabilities associated with floodplains of different ages in Experiments 1 (g) and 2 (h).