

1 **Evolution and architecture of an overbank in an ocean-facing canyon-fill.**

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13 flows

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23 **ABSTRACT**

24 Submarine canyon-fills comprise substantial volumes of thin-bedded successions deposited by  
25 sediment gravity flows that are either stripped or overspill from adjacent channels into highly confined,  
26 topographically complex overbank settings. Here, we document the Punta Baja Formation, a rare  
27 example of an exhumed canyon-confined overbank succession with good 3D constraints from the  
28 Mesozoic Peninsular Ranges Forearc, Mexico. High-resolution sedimentary logging and drone-  
29 captured photogrammetric models reveal that the overbank was a highly dynamic environment, where  
30 different bed types point to a variety of flow transformations and complex topographical interactions  
31 that evolved through time. The lower overbank is characterised by variable bed thicknesses, grain-sizes  
32 and palaeocurrent directions, which point to a wide range of unfiltered flows that overspilled from  
33 channels. Thick sandstone beds contain distinct hummock-like bedforms, representing high energy  
34 combined flows that repeatedly deflected and reflected against the high relief canyon margin,  
35 suggesting complete confinement within the conduit. Locally, thinner beds are disrupted by slides,  
36 debrites and scour surfaces on the canyon floor. As the canyon system matured, constituent channels  
37 migrated laterally and aggraded. Here, the character of the overbank changes, developing distinct  
38 fining- and thinning-upward packages that decay in thickness and grain-size away from the channel  
39 axis. Packages are more mud-rich and beds contain mixed grain-size bedforms indicating smaller  
40 magnitude, rapidly decelerated transitional flows that failed to interact with the canyon margin. In more  
41 quiescent parts of the upper overbank, beds containing rhythmic bundles of silt-rich, mud-draped  
42 bedforms are interpreted to be the product of sediments reworked by internal tides. This is the first  
43 detailed study of fine-grained fills in an ancient ocean-facing submarine canyon. Canyon-confined  
44 overbanks offer a more diverse fill, with flow transformations that demonstrate a complex balance  
45 between erosion and deposition, and an absence of discrete internal levée or depositional terrace  
46 elements that have been identified in more distal confined overbank settings.

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## 48 INTRODUCTION

49 Submarine canyons are narrow, V-shaped valleys incised into lithified rock or sediment that typically  
50 occur on upper continental slopes and connect directly to the shelf edge (Daly, 1936; Shepard, 1972;  
51 Wynn et al., 2007; Fildani, 2017). They are globally important as conduits that transfer vast amounts of  
52 sediment and pollutants from continents to deep-marine basins (Harris et al., 2014; Amaro et al., 2016;  
53 Mountjoy et al., 2018; Zhong and Peng, 2021), as efficient sites of organic carbon burial (Masson et al.,  
54 2010; Maier et al., 2019), biodiversity hotspots (Cunha et al., 2011; Bianchelli and Danovaro, 2019; De  
55 Leo et al., 2020), and dynamic areas of ocean mixing (Allen and Durrieu de Madron, 2009; Zhu et al.,  
56 2010; Nazarian et al., 2021). Therefore, it is important to understand the processes that transport, capture  
57 and redistribute particulates within submarine canyons, and how they ultimately contribute to the  
58 erosion and/or depositional fill over time (Puig et al., 2014).

59

60 Sediment and particulates are primarily transported along canyons by sediment gravity flows (SGFs).  
61 They are episodic events, driven downslope by the excess density of suspended sediment within the  
62 flow (Middleton and Hampton, 1973; Kneller and Buckee, 2000), and can be powerful enough to  
63 rapidly modify the seafloor on the scale of metres to tens of metres in a single event (Heezen and Ewing,  
64 1952; Mountjoy et al., 2018; Paull et al., 2018; Talling et al., 2023). Canyon axes are channelised and  
65 dominated by sediment bypass and erosion (Kneller, 2003; Stevenson et al., 2015), while their overbank  
66 environments within the main canyon confinement surface are sites of deposition (von Rad and Tahir,  
67 1997; Babonneau et al., 2004; Paull et al., 2013; Clift et al., 2014). Consequently, canyon-confined  
68 overbank settings are characterised by substantial volumes of thin-bedded sediment gravity flow  
69 deposits (Deptuck et al., 2007; Jobe et al., 2015; Maier et al., 2018; Sweet et al., 2019), which offer a  
70 more complete record of submarine canyon evolution than their axes.

71

72 At present, the flow processes that occur in confined overbank successions are derived from channel-  
73 levée systems from mid- to lower slope settings. These models describe deposition by overbanking

74 flows where fully turbulent SGFs are either stripped, or overspill from channels (Piper and Normark,  
75 1983; Hiscott et al., 1997; Peakall et al., 2000), forming discrete end member depositional environments  
76 that include flat lying, sheet-like depositional terrace deposits (Hansen et al., 2015; Hansen et al., 2017)  
77 and wedge-shaped internal levées (Kane et al., 2009; Kane and Hodgson, 2011; Morris, 2014), which  
78 tend to be confined by external levees and some entrenchment into the slope (Kane et al., 2007).  
79 However, these models may not represent overbanks in submarine canyons, as canyons are typically  
80 more deeply incised into the underlying substrate, and display greater cross-sectional areas and higher  
81 axial gradients than channels, with limited development of external levées (Wynn et al., 2007; Hansen  
82 et al., 2015).

83

84 Studies of modern submarine canyons demonstrate that their overbanks (commonly referred to as  
85 terraces) are topographically complex settings with significant erosional and depositional relief,  
86 including scours (Paull et al., 2013; Symons et al., 2016; Covault et al., 2017; Li et al., 2020), channel  
87 bend cut offs (Fildani and Normark, 2004; Babonneau et al., 2010; Maier et al., 2012), mass transport  
88 deposits (Tek et al., 2021; Talling et al., 2022) and sediment waves (Lewis and Pantin, 2002; Wynn et  
89 al., 2002; Tubau et al., 2015; Mountjoy et al., 2018). SGFs are particularly sensitive to variations in  
90 topography of different scales and orientations (e.g. Baas et al., 2011; Patacci et al., 2015; Soutter et al.,  
91 2021), therefore, in topographically complex settings such as canyon-confined overbanks, SGFs may  
92 interact with seabed relief and undergo rapid, and significant transformations in rheology and velocity.  
93 There is a growing body of evidence for mixed grain-size and hummock-like bedforms, interpreted as  
94 the product of flow transformations from initially turbulent unidirectional flows to clay-rich transitional  
95 flows, whose depositional style is governed by the balance of cohesive and turbulent forces (Baas et al.,  
96 2016; Stevenson et al., 2020; Baas et al., 2021a), and combined flows from interactions with topography  
97 (Tinterri, 2011; Bell et al., 2018; Hofstra et al., 2018; Tinterri et al., 2022; Gallicchio et al., 2023). These  
98 bedforms impart significant bed-scale heterogeneity within settings previously thought to be  
99 homogeneous, and have been documented in lobe off-axis and fringe environments (Baker and Baas,  
100 2020; Privat et al., 2021), channel mouth settings (Brooks et al., 2022) and slope channel-levée systems

101 (Taylor et al., 2024). These studies show that these bedforms are typically situated close to sites of  
102 erosion into mud-rich substrates, abrupt changes in flow confinement and locations with complex  
103 seabed topography. Canyon-confined overbank environments should therefore be conducive to flow  
104 transformations, but their deposits have not been documented in exhumed canyon-fills, nor are they  
105 accounted for in existing depositional models that describe overbanks in confined settings (Kane and  
106 Hodgson, 2011; Hansen et al., 2015).

107

108 Although SGFs are recognised as the main sediment transport mechanism within submarine canyons,  
109 particulates can also be remobilised by internal tides. These currents are tidal frequency gravity waves  
110 within a stratified water column generated by surface tidal flows across submarine slopes (Shepard and  
111 Marshall, 1969; Shepard, 1976; Gardner, 1989; Garrett and Kunze, 2007). Within the steep walls of  
112 canyons, internal tides can become focussed, amplified (van Haren et al., 2022), and strong enough to  
113 transport, erode and inhibit deposition of sediment (Petruccio et al., 1998; Hall et al., 2017; Li et al.,  
114 2019; Maier et al., 2019). Despite their ubiquity in modern canyons (Wain et al., 2013; Maier et al.,  
115 2019; Normandeau et al., 2024), there is a paucity of documented internal tide deposits in ancient  
116 deposits (e.g. May and Warme, 2007; He et al., 2011), partly due to an interpretive bias towards SGF  
117 deposits in the rock record (Zhenzhong and Eriksson, 1991; Shanmugam, 2003; Dykstra, 2012), or their  
118 poor preservation potential, given the erosive power of SGFs within canyon axes that may remove  
119 previously deposited layers (Maier et al., 2019; Talling et al., 2023). The overbanks of submarine  
120 canyons are therefore postulated to be ideal locations for the preservation of internal tide deposits  
121 because they are typically more quiescent environments of deposition, but they have not yet been  
122 identified in ancient overbank examples.

123

124 To decipher the fine-scale sedimentary record of ancient submarine canyons, exceptional outcrops are  
125 required. However, canyons are sites of significant erosion, and although several authors have  
126 documented the sedimentology of ancient canyon-fills (Stanley, 1975; Bruhn and Walker, 1995;

127 Millington and Clark, 1995; Cronin and Kidd, 1998; Satur et al., 2005; Di Celma et al., 2010; Janocko  
128 and Basilici, 2021), ocean-facing systems are rarely preserved (Lowe, 1972; Clifton, 1984; Morris and  
129 Busby-Spera, 1988; Anderson et al., 2006; May and Warme, 2007; Ito et al., 2014; McArthur and  
130 McCaffrey, 2019). Furthermore, due to the poor exposure of fine-grained overbank settings, outcrop  
131 studies are often biased towards canyon axes and typically lack three-dimensional control. As such, the  
132 stratigraphic evolution of ancient canyon-confined overbank environments remains poorly understood.

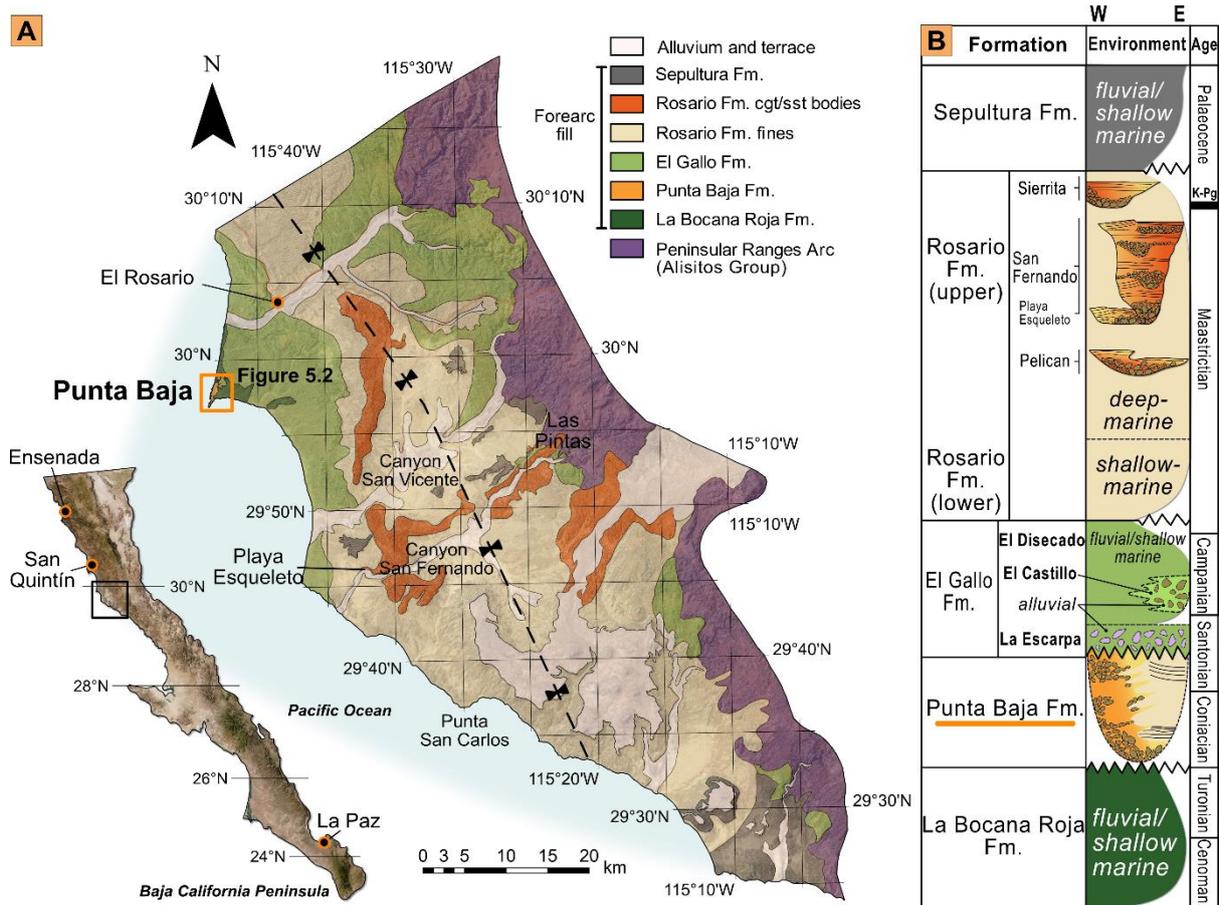
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134 This study documents a rare example of an exhumed upper Cretaceous canyon-confined overbank from  
135 the Peninsular Ranges forearc basin complex, Baja California, Mexico. The Punta Baja Formation is a  
136 well-exposed canyon-fill that faced the Pacific Ocean in the Cretaceous with good 3D constraints. The  
137 objectives of this study were to: (i) identify, describe, and interpret deposits that document a variety of  
138 submarine canyon flow processes; (ii) detail their stratigraphic and spatial distribution within the  
139 overbank fill; and (iii) evaluate the role of complex seabed topography on depositional environments  
140 and the spatio-temporal evolution of the Punta Baja canyon-fill. Based on the results, a new  
141 sedimentological model for canyon-confined overbanks is presented. This provides an effective tool to  
142 aid reconstructions of deep-water processes and environments in preserved sedimentary systems and  
143 thereby unlock these cryptic archives as useful indicators of palaeoenvironmental change.

144

## 145 **THE PENINSULAR RANGES FOREARC BASIN COMPLEX**

146 The Punta Baja Formation constitutes part of the Mesozoic Peninsular Ranges forearc basin complex  
147 (**Figure 1**) that crops out along the Pacific coastal margin of northwestern Baja California and  
148 southwestern California (Gastil, 1975; Busby et al., 1998). The stratigraphy of the Peninsular Ranges  
149 forearc records the evolution of a long-lived convergent plate boundary from an extensional intra-  
150 oceanic arc system in the late Triassic, through a fringing island arc stage during the early- to mid-  
151 Cretaceous, to a highly compressional continental arc in the late Cretaceous (Engebretson et al., 1985;  
152 Glazner, 1991; Busby et al., 1998).



**Figure 1.** (A) Geological map of part of the Baja California peninsula, showing the main units of the Peninsular Ranges forearc basin complex. Modified from Morris and Busby-Spera (1990) and Kneller et al. (2020). (B) Stratigraphic column showing the main formations and depositional settings of the Peninsular Ranges forearc basin complex.

153

154 The latter transition to a compressional stress regime was characterised by reverse faulting and uplift,  
 155 followed by batholith emplacement and subsequent unroofing. Erosion of the arc basement rocks led to  
 156 an influx of coarse sediment across a relatively narrow shelf into several ocean-facing forearc basins  
 157 (Busby et al., 1998; Kimbrough et al., 2001). The orientation and spacing of submarine feeder canyons  
 158 and slope channel-levée systems was dictated by right-lateral strike-slip deformation from oblique plate  
 159 convergence (Busby et al., 1998; Kimbrough et al., 2001).

160

161 The Peninsular Ranges forearc stratigraphy (**Figure 1B**) comprises: (i) pre-batholithic volcanic and  
 162 carbonate rocks of the Alisitos Group (Busby, 2004); (ii) post-batholithic non-marine fluvial channel-  
 163 fills, overbank deposits and palaeosols of the Bocana Roja Formation (Kilmer, 1963); (iii) deep-marine

164 canyon deposits of the Punta Baja Formation (Kilmer, 1963; McGee, 1965; Boehlke and Abbott, 1986);  
165 (iv) shallow-marine and fluvial deposits of the El Gallo Formation (Kilmer, 1963; Renne et al., 1991);  
166 and (v) shallow- to deep-marine shelf canyon and slope channel-levée complexes of the Rosario  
167 Formation (Morris and Busby-Spera, 1988; Morris and Busby-Spera, 1990; Kane et al., 2009; Hansen  
168 et al., 2017; Kneller et al., 2020). The vertical alternation of non-marine and deep-marine strata and  
169 their unconformable contacts point to alternating periods of uplift, basinward rotation, erosion and  
170 subsidence, termed “porpoising” by Busby (2004). By the Palaeocene, contraction of the forearc  
171 generated a broad syncline across the axis of the basin complex. This ‘pinned’ the slope at shallow  
172 marine depths and led to the deposition of conglomerates and lesser volcanic rocks of the Sepultura  
173 Formation (Busby, 2004).

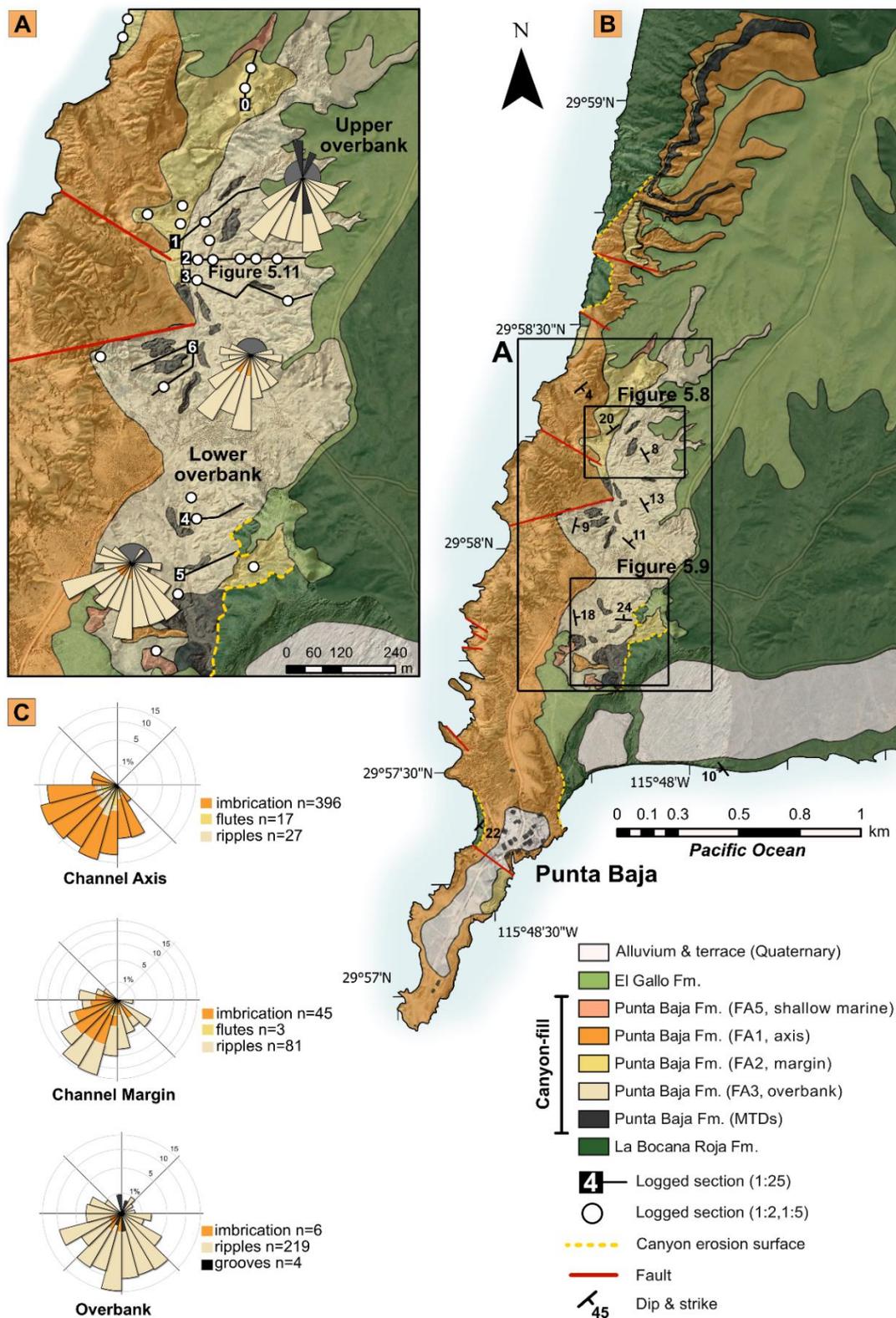
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### 175 **The Punta Baja Formation**

176 The Punta Baja Formation is a well-exposed submarine canyon-fill (Kilmer, 1963; McGee, 1965;  
177 Boehlke and Abbott, 1986; Kane et al., 2022), that crops out around the small village of Punta Baja, 12  
178 km south of El Rosario (**Figure 2**). The canyon system likely exploited structural lineaments in the  
179 underlying bedrock of the Bocana Roja Formation, which underwent both syn- and post-depositional  
180 extensional and contractional deformation during the Cenomanian-Turonian, associated with the  
181 releasing and restraining bends of a dextral strike-slip fault zone (Kane et al., 2022). The oblique dextral  
182 strike-slip movement likely ceased by the timing of sediment delivery to the canyon (earliest  
183 Santonian), as the canyon-fill was largely unaffected by syn-depositional compression (Kane et al.,  
184 2022).

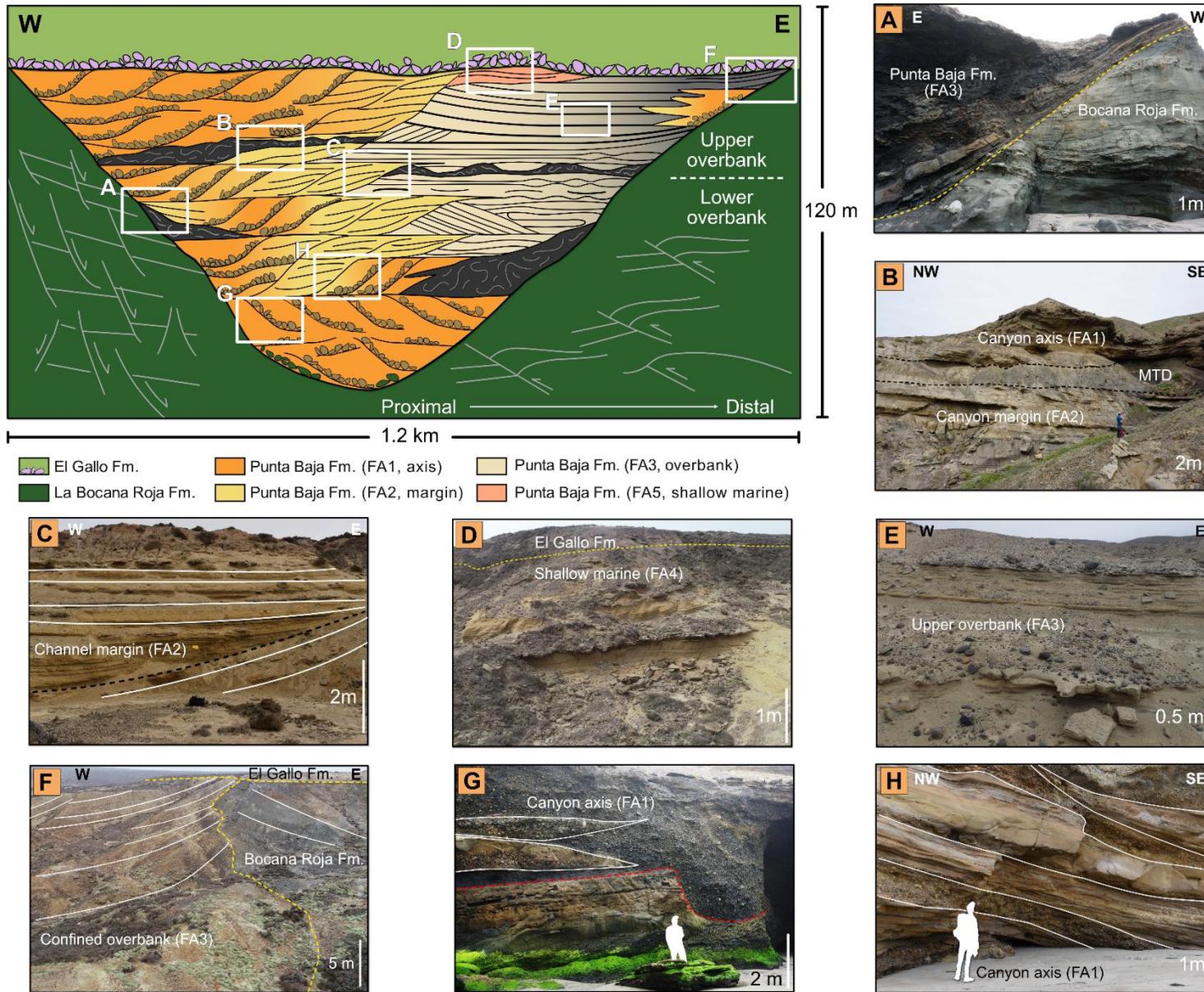
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186 The canyon-fill is *ca* 120 m thick and 1.2 km wide and has a relatively wide grain-size range and good  
187 3D constraints, which consist of coarse- and fine-grained domains that represent the canyon axis and  
188 overbank environments, respectively (**Figure 3**). The coarse domain comprises conglomeratic channel-  
189 fills that record phases of westward lateral migration, characterised by numerous erosion surfaces,



**Figure 2.** (A) Zoomed-in geological map of the Punta Baja overbank (location shown in B). (B) Geological map of the Punta Baja peninsula, with the main formations and facies associations within the Punta Baja Formation overlain onto a drone-captured digital elevation model (DEM). Map location is shown in Figure 5.1. (C) Equal-area rose diagrams showing palaeocurrent directions from conglomerate clast imbrication, flute, groove and ripple foresets for each of the main facies associations.

191



192 before a subsequent aggradational phase, represented by vertically stacked channel-fills that onlap onto  
193 the western margin of the canyon (Boehlke and Abbott, 1986). Towards the east, the channel-fills  
194 transition laterally into the fine-grained domain, which comprises a 40 m-thick succession of thin-  
195 bedded, heterolithic sandstones and mudstones, interpreted as the overbank (Boehlke and Abbott,  
196 1986), which onlap onto the eastern canyon margin (Figure 3F). Regional palaeoflow was to the  
197 southwest, and the canyon head was to the northeast, fed by sediment eroded from uplifted plutonic  
198 rocks of the Alisitos Group. The overlying El Gallo Formation sits unconformably on top of the Punta  
199 Baja Formation, characterised by an angular discordance marked by an extensive transgressive cobble  
200 lag deposit which rests on a ravinement surface (Kane et al., 2022).

201

## 202 DATASET AND METHOD

203 This study focusses on the fine-grained domain of the Punta Baja canyon-fill. The dataset comprises 36  
204 sedimentary logs (301.5 m cumulative thickness), collected across-strike and down-dip, which captured  
205 spatial changes in facies and architecture (Figure 2A). Logs were collected at 1:25 scale and correlated  
206 by walking out distinctive, laterally continuous marker beds. These correlations were aided by  
207 interpretations of photogrammetric models captured by Uncrewed Aerial Vehicles (UAV), covering an  
208 area of 2.3 km<sup>2</sup>. Where the exposure allowed, higher resolution logs, between 1:2 and 1:5 scale, captured  
209 measurements of more than 2000 beds. Emphasis was placed on bed-scale changes in thickness,  
210 lithology, grain-size, stratal boundaries, constituent bedform types and their dimensions (including  
211 bedform amplitude and wavelength). Over 800 palaeocurrent measurements were collected from  
212 different parts of the canyon-fill, which recorded clast imbrication, bedform foresets and planforms,  
213 flutes, and grooves. These were plotted in equal-area rose diagrams (Figure 2). Grain-size was  
214 estimated in the field using a hand lens and a grain-size comparator. As clay- and silt-sized grains are  
215 difficult to measure accurately in the field, *mud* and *mudstone* are employed as a general term  
216 (Winterwerp and van Kesteren, 2004), and to describe argillaceous laminae and bands. The colour of  
217 the deposit also gave a useful indication of grain-size, as darker coloured rock typically indicates  
218 elevated mud content.

219

## 220 **SEDIMENTARY FACIES ASSOCIATIONS AND BED TYPES**

221 The deposits of the Punta Baja canyon-fill were subdivided into four facies associations (**Table 1 &**  
222 **Figure 3**), which comprise FA1 (channel axis), FA2 (channel margin), FA3 (overbank) and FA4  
223 (shallow marine). This study focuses on FA3 which constitutes the canyon overbank setting. Nine bed  
224 types were identified, including high-density turbidites (HDT 1 & 2), low-density turbidites (LDT 1 &  
225 2), transitional flow deposits (TFDs 1-3), internal tide deposits (ITDs) and mass transport deposits  
226 (MTDs). These bed types have variable occurrence and distribution across the overbank and individual  
227 beds can vary spatially in their character. The bed types and their interpreted flow processes are  
228 described below, with sketch logs and photographs shown in **Figure 4**. The other facies associations  
229 (**Table 1**) provide additional context for the canyon setting; see [Bouwmeester et al. \(2024\)](#) for further  
230 detail.

231

### 232 **High-density turbidites (HDT 1 and 2)**

233 High-density turbidites (HDTs) are between 15 to 50 cm thick (**Figure 4**). They are coarse to medium-  
234 grained, with crude normal grading, erosional lower boundaries (2-10 cm deep) and rare grooves.  
235 Locally, they may contain sub-angular mudstone clast intervals or pebble lags. HDT 1 beds are tabular-  
236 shaped and comprise a massive sand-rich division at the base of the bed, before passing upward into a  
237 sand-rich planar laminated (< 1 cm thick) upper division, with minor wavy and convoluted lamination.  
238 HDT 2 beds are similarly characterised by a clean sand-rich basal division and erosional bases, but  
239 instead pass into an upper division of sand-rich, dune-scale swale-and hummock-like bedforms (**Figure**  
240 **5**; amplitude: 10-24 cm, wavelength: 56-80 cm). These form positive relief on bed tops, with clear  
241 mounded planform geometries (**Figure 4**). Bioturbation is common in HDTs, with abundant  
242 *Ophiomorpha* and *Thalassinoides* traces.

**Table 1.** Facies associations (FA1- 4), descriptions and environment interpretations. Interpretations here form part of the study by Bouwmeester et al. (2024)

Code	Facies Association	Description	Interpretation	Photo
FA1	Thick-bedded conglomerate and sandstone packages	Highly amalgamated conglomerates (0.5 – 3.5 m thick) and sandstones (0.5 – 2.0 m thick). Conglomerates have strongly imbricated fabrics and are either clast-supported and well-sorted, or matrix-supported and poorly-sorted. They also have steep, erosional basal contacts. Beds are normally-graded with occasional inverse grading. They are sometimes cross-stratified (dune-scale) and contain outsized clasts of the underlying La Bocana Roja Fm. Sandstones (very coarse to medium-grained) are structureless, poorly-sorted, and normally graded, with mud clasts at the bases of beds. Beds are tabular with erosive basal contacts and sharp top surfaces that can contain sporadic pebble cross-stratification. Packages are preferentially stacked towards the western canyon margin.	<b>Channel axis/submarine braid plain</b> (Hein and Walker, 1982; Klaucke and Hesse, 1996; Hesse et al., 2001), characterised by bedload deposits indicating scour, bypass and fill from non-cohesive debris flows. Interbedded sandstones and organised conglomerates indicate further deposition and prolonged reworking beneath turbulent high-density sediment gravity flows (Lowe, 1982). Amalgamation suggests multiple stages of scour, bypass and fill as the system migrated laterally and aggraded. Preferential stacking of channel-fills towards the western canyon margin may be in response to dominant extensional faulting and bedrock subsidence on that side, and away from contractional features to the east (Kane et al., 2022).	Figs. 5.3B, G & H
FA2	Medium-to thick bedded sandstone and thin-bedded mudstone packages	Weakly amalgamated sandstone beds (0.5 – 1.5 m thick), often interbedded with silt-rich mudstones (0.1 – 0.3 m thick) and minor conglomerates (< 1 m thick). Sandstones (very coarse- to medium-grained) are moderately- to well-sorted and normally graded. Beds contain mud clasts and flame structures at the base, and sand-rich climbing ripples and planar lamination toward bed tops. Packages typically fine, thin and decrease in dip angle upward and laterally over short distances (<10 m), and onlap onto steep erosion surfaces that truncate other sandstone packages. In some areas packages are deformed, typified by slumped and rotated bedding.	<b>Channel margin</b> (Hodgson et al., 2011; Morris, 2014), characterised by rapid suspension settling from fully turbulent, high-density sediment gravity flows with sustained bedload transport (Bouma, 1962; Allen, 1971; Lowe, 1982). Sandstone packages were deposited within the confines of a channel that migrated laterally westwards (Morris, 2014). Flame structures at the bases of sandstone beds are representative of syn- or post-depositional dewatering (Stow and Johansson, 2000). Mud clasts are interpreted as lag deposits, suggesting prolonged erosion (Kneller, 1995). Deformation indicates slumping and remobilisation of soft sediments on unstable channel margins.	Figs. 5.3B & C

<b>FA3</b>	Medium-to thin-bedded, sand- and mud-rich heterolithic packages	Interbedded sandstone beds (0.01 – 0.9 m thick) and faintly laminated mudstone beds (0.01 – 0.7 m thick). Sandstones (very coarse- to very fine-grained) have variable bed characteristics and palaeocurrent directions. Thin-bedded packages comprise normally graded, sharp-based sandstones that contain either asymmetrical sand-rich current ripples, rounded biconvex ripples and mixed grain-size bedforms. Packages also contain rhythmic ‘bundles’ of mud-draped wavy bedforms, starved laminae and bidirectional flow indicators above sharp-topped turbidite beds. Thin-bedded packages are interrupted by oversized, erosive sandstone beds that contain structureless lower divisions (0.1-0.3 m thick) and planar laminated or hummock-like upper divisions (0.1-0.2 m). Locally, packages are disrupted by MTDs.	<b>Confined overbank</b> , characterised by turbidity currents (Bouma, 1962; Mutti, 1992), combined flows (Tinterri, 2011), turbulence-modulated transitional flows (Baas et al., 2009) and internal-tides (Normandeau et al., 2024). HDTs record channel-unconfined flows, and LDTs record flows that were stripped or overspilled from channelised high- to low-magnitude turbidity currents, depositing hummock-like bedforms which indicate flows that deflected off steep canyon walls (Tinterri et al., 2022). TFDs are records of flow transformations from turbulent to laminar across the upper overbank, likely triggered by abrupt changes in flow confinement and/or entrainment of cohesive clay from mud-rich substrates (Baas et al., 2021a). See text for full interpretations.	Fig. 5.3A, E & F
<b>FA4</b>	Medium- to thick-bedded structured sandstones and sand-rich heterolithic packages	Thick-bedded sandstones (0.2 – 1.2 m thick) and thinly interbedded sandstones and mudstones. Sandstones (medium to very fine-grained) are well-sorted and normally graded. Beds contain abundant sand-rich bedforms that resemble hummocky cross-stratification (HCS). <i>Ophiomorpha</i> and <i>Thalassinoides</i> traces are common. Palynofacies consist of mixed opaques and amorphous organic matter with poor recovery and poor preservation, and deposits are rich in <i>Gonylacoid</i> cysts. Packages typically thicken upward before they are truncated by the overlying ravinement surface of the El Gallo Fm.	<b>Shallow marine</b> . Sand-rich HCS is typical of near-shore depositional environments (Harms, 1969). The upward thickening trend might represent progradation of shoreface bars. Ichnofacies and palynofacies assemblages suggest a restricted shallow-marine environment. These packages are interpreted as transgressive deposits, preserved below the wave-ravinement surface of the El Gallo Formation, in the embayment that the Punta Baja canyon likely formed prior to deposition (Bouwmeester et al., 2024).	Fig. 5.3D

244 ***Interpretation***

245 HDT beds are interpreted as the deposits of high- to moderate-density turbidity currents. The basal  
246 structureless divisions and crude normal grading within beds indicate rapid suspension fallout from a  
247 waning, high-density, fully turbulent flow (Kuenen, 1966; Lowe, 1982; Kneller and Branney, 1995;  
248 Sumner et al., 2008). The basal surfaces that truncate underlying strata, overlain by mud clast layers  
249 and pebble lags also indicate particularly energetic flows that reworked, entrained and bypassed substrate  
250 prior to deposition (Stevenson et al., 2015). The presence of rare grooves at the base represent bypassing  
251 of debritic heads, or potentially previous debris flow events (Peakall et al., 2020; Baas et al., 2021b).  
252 The upper planar laminated division in HDT 1 beds likely indicate repeated formation and collapse of  
253 near-bed layers termed ‘traction carpets’, formed under high-concentration flows (Hiscott et al., 1979;  
254 Sohn, 1997; Cartigny et al., 2013), which represent decreases in the rate of suspended sediment fallout  
255 whilst remaining in the upper-stage flow regime (Allen, 1982; Best and Bridge, 1992). Wavy and  
256 convolute lamination may indicate soft-sediment deformation of planar lamination shortly after  
257 deposition (Gladstone et al., 2018), or high rates of suspension settling over inactive bedforms forming  
258 ‘sinusoidal lamination’ (Jopling and Walker, 1968; Ashley et al., 1982). HDT 2 beds similarly record  
259 deposition under high-density turbidity currents given their basal, sand-rich massive divisions, but with  
260 an additional combined flow component (Keavney et al., 2024). In submarine settings, beds with  
261 distinct hummock-like bedforms have been interpreted as combined flow deposits from reflection and  
262 deflection processes against basin-scale topography (Pickering and Hiscott, 1985; Tinterri, 2011; Bell  
263 et al., 2018; Hofstra et al., 2018; Tinterri et al., 2022; Keavney et al., 2024).

264

265 **Low-density turbidites (LDT 1 and 2)**

266 Low-density turbidites (LDTs) are between 2 to 15 cm thick and comprise normally graded, fine- to  
267 very fine-grained sandstone. LDTs have a thin basal structureless sand-rich division with a sharp lower  
268 boundary, which passes upwards into a division of sand-rich bedforms (**Figure 4**). LDT 1 bedform  
269 divisions comprise low-angle climbing, asymmetric sand-rich current ripples (**Figure 5**; amplitude: 4-

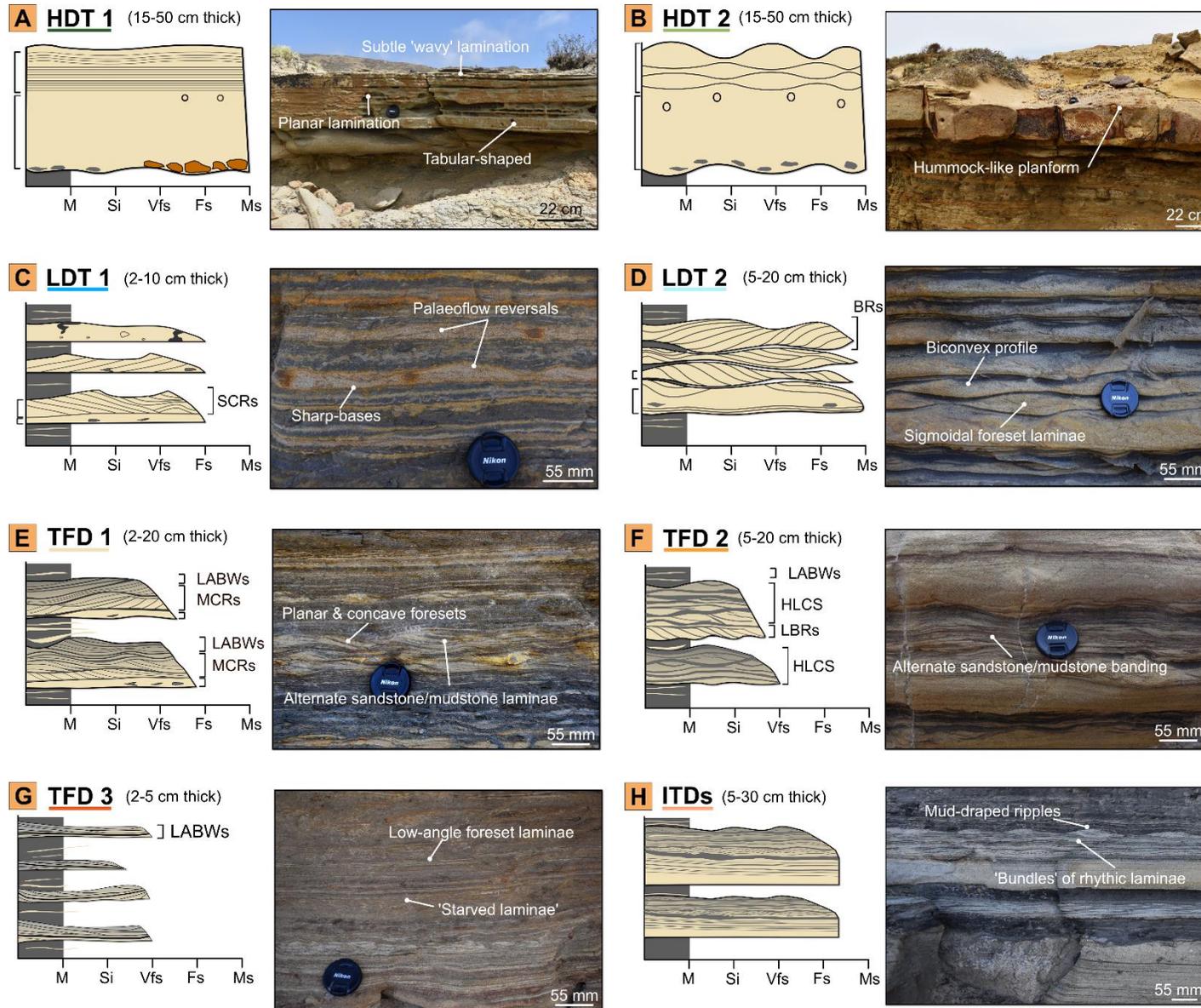
270 20 mm, wavelength: 40-180 mm), with concave-up or planar foreset laminae with high termination  
271 angles (*ca* 40°) against the bases of laminasets. Conversely, LDT 2 bedform divisions are characterised  
272 by sand-rich biconvex ripples (**Figure 5**; amplitude: 4-30 mm, wavelength: 80-180 mm), with  
273 symmetrical to slightly asymmetrical rounded profiles with a ‘pinch and swell’ geometry. Biconvex  
274 ripples are either low, or high-angle climbing with stoss-side preservation. Internally, foreset laminae  
275 are sigmoidal-shaped and drape slightly erosional lower bounding surfaces (1-2 cm deep). LDT 2 beds  
276 commonly exhibit a wide range of palaeocurrent directions and reversals in their bedform divisions  
277 (**Figure 2A**). Both LDTs have moderate to high bioturbation intensity, with abundant *Scolicia* and  
278 *Phycosiphon* traces. LDTs generally fine upward into an upper mudstone division, characterised by  
279 subtle siltstone lamination.

280

### 281 *Interpretation*

282 LDT beds record deposition from low-density turbidity currents. The thin, structureless basal divisions  
283 and normal grading within beds indicate suspended sediment fallout and layer by layer deposition from  
284 a waning, dilute turbulent flow (Bouma, 1962; Mutti, 1992; Talling et al., 2012). The overlying sand-  
285 rich current ripples indicate deposition under sustained bedload transport (Allen, 1973), and lower rates  
286 of suspension settling than HDT beds (Jobe et al., 2012). They also resemble ‘sandy current ripples’ of  
287 Baker and Baas (2020), further suggesting that they formed under fully turbulent conditions. LDT 2  
288 beds record deposition under oscillatory flows, combined with a strong unidirectional component (at  
289 180° to the wave direction). These flows produce the sand-rich biconvex ripples and sigmoidal-shaped  
290 foresets through redistribution of sand by vortices on the lee side of the ripple related to the uneven  
291 forward and backward strokes of the oscillatory flow components. The top of the lee side of the ripple  
292 becomes preferentially ‘nourished’ by sand, and ultimately generates the rounded, biconvex profile. In  
293 submarine settings, these flow components have been attributed to flow interactions with subtle seabed  
294 topography (Tinterri, 2011), such as scours or bedform-scale relief (Ge et al., 2017; Hofstra et al., 2018).

295



**Figure 4.** Sketch bed diagrams and representative outcrop photographs which highlight the internal divisions of: (A) HDT 1 beds; (B) HDT 2 beds; (C) LDT 1 beds; (D) LDT 2 beds; (E) TFD 1 beds; (F) TFD 2 beds; (G) TFD 3 beds; and (H) ITDs. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; SCR, sand-rich current ripples; BR, biconvex ripples; LABW, low-amplitude bed-waves; MCR, mud-rich current ripples; LBR, large biconvex ripples; HLCS, hummock-like cross stratification.

297 Upper mudstone divisions possibly indicate the distal expression sediment gravity flow deposition,  
298 given the presence of subtle siltstone laminae (Boulestex et al., 2019; 2022).

299

### 300 **Transitional flow deposits (TFD 1, 2 and 3)**

301 Transitional flow deposits (TFDs) are defined following Privat et al. (2024), as beds with transitional  
302 flow components, but lack debritic components associated with hybrid event beds. Here they are  
303 normally graded, fine- to very-fine grained sandstones and siltstones (**Figure 4**). They are distinct in  
304 that they contain divisions of mixed grain-size bedforms, which comprise alternations of sand-rich and  
305 poorly sorted mud-rich laminae and bands (Chapter 4; Taylor et al., 2024). TFD 1 beds are between 2  
306 to 20 cm thick and have sharp to slightly erosional lower boundaries (**Figure 4**). They typically have a  
307 basal structureless, sand-rich division (1-2 cm thick) with sporadic mud clasts, before passing into a  
308 division of large, asymmetrical mud-rich current ripples (**Figure 5**; amplitude: 10-60 mm, wavelength:  
309 160-360 mm). Their internal foreset laminae are thin (1-2 mm), concave-shaped, and consist of  
310 alternating very fine-grained sandstone and mudstone. The climb angle of constituent laminae  
311 progressively increases upwards, which corresponds to increases in bedform wavelength and a  
312 reduction in bedform amplitude, before passing into an upper mixed grain-size bedform division of low-  
313 amplitude undulating bed waves, herein termed LABWs (**Figure 5**; amplitude: 2-12 mm, wavelength:  
314 200-500 mm). These thin, asymmetrical bedforms contain gently dipping and alternating sandstone-  
315 mudstone foreset laminae and bands.

316

317 TFD 2 beds are between 5 to 20 cm thick and have slightly erosional lower boundaries (**Figure 4**). They  
318 may comprise a structureless ‘dirty’ sand-rich basal division with mud clasts, before passing upward  
319 through a division of mixed grain-size bedforms with markedly different geometries than TFD 1 beds.  
320 These divisions comprise larger mud-rich biconvex ripples (**Figure 5**; amplitude: 8-40 mm,  
321 wavelength: 140-380 mm), with mixed sandstone-mudstone sigmoidal-shaped foreset laminae, and  
322 swale- and hummock-like banded sets (HLCS). HLCS banded sets comprise alternating sandstone-

323 mudstone, concave-up and convex-up bands which represent small-scale swale- and hummock-like  
324 features, respectively. Internally, bands either drape lower bounding surfaces tangentially at low angles  
325 ( $<10^\circ$ ) or are otherwise fully continuous throughout individual banded sets. Upward transitions between  
326 large biconvex ripples and HLCS banded sets are typically gradual and continuous, with only minor  
327 erosion observed between some laminae and banded sets. TFD 2 beds typically pass upward into thick,  
328 massive mudstone caps.

329

330 TFD 3 beds are between 2 to 5 cm thick and are observed isolated in thicker mudstone packages (**Figure**  
331 **4**). They are sharp-based and comprise very thin, gently dipping sandstone-mudstone laminae and  
332 bands. These features resemble LABWs like the upper divisions of TFD 1 beds, but without lower mud-  
333 rich current ripple divisions. LABWs typically pass upward into very thin, laterally discontinuous sand-  
334 rich laminae that pinch out over 10 cm, forming a streaky texture above the bedform. Most TFD beds  
335 fine upwards into an upper mudstone division, characterised by subtle siltstone laminae.

336

### 337 *Interpretation*

338 TFDs comprise mixed grain-size bedforms with significant proportions of mud in their laminae and  
339 banded sets. Currently, there are two process models that explain the origin of mixed grain-size  
340 bedforms in sandstones; episodic near-bed turbulence damping (Lowe and Guy, 2000), or bedform  
341 development under mud-laden transitional flows (Baas et al., 2009; 2016; Stevenson et al., 2020).  
342 Transitional flow behaviour requires consideration of the balance between flow-velocity controlled  
343 turbulent forces and clay-derived cohesive forces (Baas et al., 2009; Sumner et al., 2009). On  
344 undergoing deceleration, cohesive clay particles in suspension form flocs and gel due to electrostatic  
345 forces between individual particles which act to increase flow yield strength and viscosity, and modulate  
346 flow turbulence (Wang and Plate, 1996; Baas and Best, 2002; Haughton et al., 2003; Talling et al.,  
347 2004). This initiates a transitional flow, characterised by a laminar plug-flow region with a lack of

348 turbulence, which expands downward from an interval of low flow shear stress, as cohesive forces  
349 increase (*sensu* Baas et al., 2009).

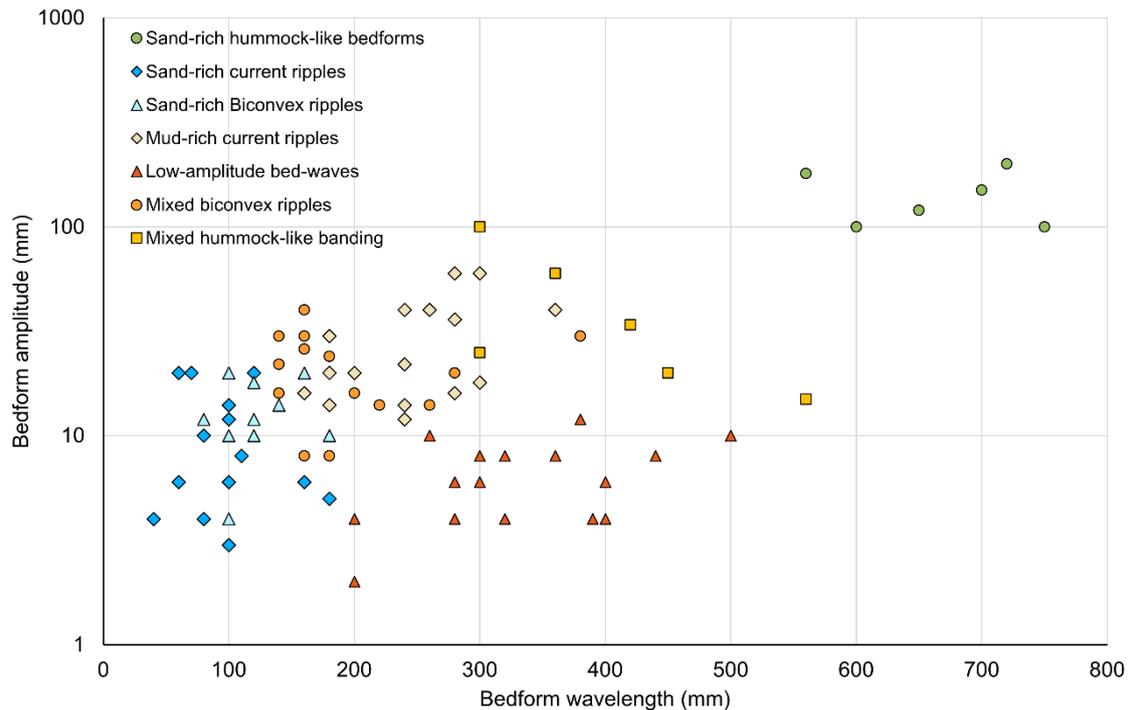
350

351 TFD 1 beds are therefore interpreted to form under unidirectional transitional flows. The lower division  
352 of mud-rich current ripples resemble bedforms deposited under moderately decelerated turbulence-  
353 enhanced transitional flow (TETF) and lower transitional plug flow (LTPF) conditions (Baas et al.,  
354 2016; Baker and Baas, 2020). Here, a local turbulence enhancement from increased cohesive forces  
355 promotes larger bedforms (compared to sand-rich current ripples), before turbulence damping, which  
356 results in the gradual increase in bedform wavelength and reduction in bedform amplitude. The upper  
357 LABW division indicates deposition under rapidly decelerated upper transitional plug flow (UTPF)  
358 conditions (Baas et al., 2016; Baker and Baas, 2020), as further increases in cohesion result in much  
359 longer, thinner bedforms (Stevenson et al., 2020). The gradual transition between mud-rich current  
360 ripples and LABWs in a single bed suggests progressive flow transformation from turbulent to laminar,  
361 as the plug flow region expands downward (Baas et al., 2021a; Taylor et al., 2024). TFD 1 beds are  
362 therefore interpreted to form at locations where turbulent flows are forced to decelerate, and/or  
363 potentially where flows entrain cohesive mud.

364

365 TFD 2 beds record flow transformations under combined transitional flows. Here, flows undergo  
366 reflection, deflection and ponding processes with subtle seabed topography as with LDT 2 beds, but  
367 instead produce mixed grain-size bedform sequences (Taylor et al., 2024). On interaction with  
368 topography, transitional flows take on the dynamics of a combined flow, and deposit and rework  
369 sediment into large, mud-rich biconvex ripples (under TETF and LTPF conditions) and HLCS banded  
370 sets (under UTPF conditions). TFD 2 beds are therefore indicators of flow transformation from  
371 interactions with topography, while undergoing moderate to rapid deceleration over mud-rich  
372 substrates.

373



**Figure 5.** Graph showing the average wavelengths and amplitudes of different bedform types observed within turbulent and transitional flow beds throughout the Punta Baja overbank. Bedform amplitude is plotted with a logarithmic scale.

374 TFD 3 beds record moderate to rapidly decelerated UTPF and quasi-laminar plug flow (QLPF)  
 375 conditions. The presence of LABWs and their isolation in thick mud-rich packages supports an  
 376 interpretation of higher mud content in the decelerating flow, suggesting higher flow viscosity and  
 377 significant sediment fallout from suspension while maintaining traction (Baker and Baas, 2020;  
 378 Stevenson et al., 2020). The absence of the lower mud-rich current ripple and sand-rich division found  
 379 in TFD 1 beds suggests that flows were too highly decelerated and slow moving for LTPF conditions,  
 380 or that flow transformation was too rapid to produce divisions of mud-rich current ripples.

381

### 382 **Internal tide-reworked deposits (ITDs)**

383 ITDs are between 5 to 30 cm thick. They have sharp bases overlain by a basal sand-rich structureless  
 384 division which passes upward into a planar/wavy laminated and banded division (Figure 4). The sand-  
 385 rich basal division is typically sharp-topped, recording an abrupt change in grain-size. Above this, the  
 386 deposit is characterised by a division of wavy fine-sand and silt laminae and bands that form distinct

387 sand-mud 'couplets'. These differ from the banded divisions of TFD beds in that they stack into distinct  
388 bundles of thicker sandstone-mudstone bands (> 5 mm) and thinner sandstone-mudstone laminae (1-2  
389 mm). Mud-draped, starved ripples that truncate laminae bundles are also observed. These bear  
390 resemblance to mud-rich current ripples as they contain mixed sandstone-mudstone foreset laminae,  
391 but they are much smaller in size (amplitude: 6-30 mm, wavelength: 60-140 mm). The starved ripples  
392 are draped by mudstone and thin silt-rich laminae. Laterally discontinuous siltstone laminae that pinch  
393 out over 1-2 cm are observed at the top of the deposit, before passing into ungraded mudstones (**Figure**  
394 **4**).

395

### 396 *Interpretation*

397 ITDs resemble SGF deposits that have been reworked by internal tides (May and Warne, 2007; He et  
398 al., 2011; Maier et al., 2019; Normandeau et al., 2024). The structureless divisions within ITD beds  
399 support deposition from waning turbidity currents. However, their sharp tops, grain-size breaks and  
400 upper divisions of cyclical laminated and banded bundles (rhythmites) suggest reworking by internal  
401 tidal currents (Normandeau et al., 2024). The grain-size breaks at the top of sharp-topped beds might  
402 indicate bypass of the fine-grained fraction of a sediment gravity flow downslope (Stevenson et al.,  
403 2013), or by internal tides either preventing the fine-grained tail of turbidity currents from settling, or  
404 subsequently winnowing the turbidite after deposition (Soutter et al., 2024). The alternation of sand-  
405 and mud-rich double laminae in the upper division are interpreted to be records of waxing and waning  
406 tidal cycles (Dykstra, 2012), where internal tides resuspend, re-work and deposit sediment across the  
407 canyon floor. Similarly, the starved ripples support reworking from a waxing tidal cycle, before the  
408 deposition of mud drapes as the cycle wanes (Soutter et al., 2024). The thick-thin cyclicity of couplets  
409 is shown to be genetically unique to internal tide deposits (Archer, 1996; Dykstra, 2012), indicating  
410 tidally-forced processes, as thicker banded couplets form during stronger spring tides, and thinner  
411 laminae couplets during weaker neap tides. Differentiating the deposits of internal tide reworking from  
412 the deposits of other deep ocean currents such as transitional flows, is not trivial and requires close

413 examination of sedimentary structures and full consideration of their palaeogeographic context. This is  
414 discussed further in the discussion section below.

415

#### 416 **Mass transport deposits (MTDs)**

417 Mass transport deposits (MTDs) comprise debrites, slumps and slides. Debrites have irregular, erosional  
418 lower boundaries, which are overlain by a chaotic distribution of gravel to pebble-sized mud clasts  
419 throughout a sandstone-mudstone matrix (**Figure 3B**). They are poorly sorted and lack grading and  
420 sedimentary structures. Slumps are characterised by tightly folded, sometimes overturned thin-bedded  
421 heterolithic packages, while slides comprise rotated, thin-bedded heterolithic packages which lack  
422 internal deformation.

423

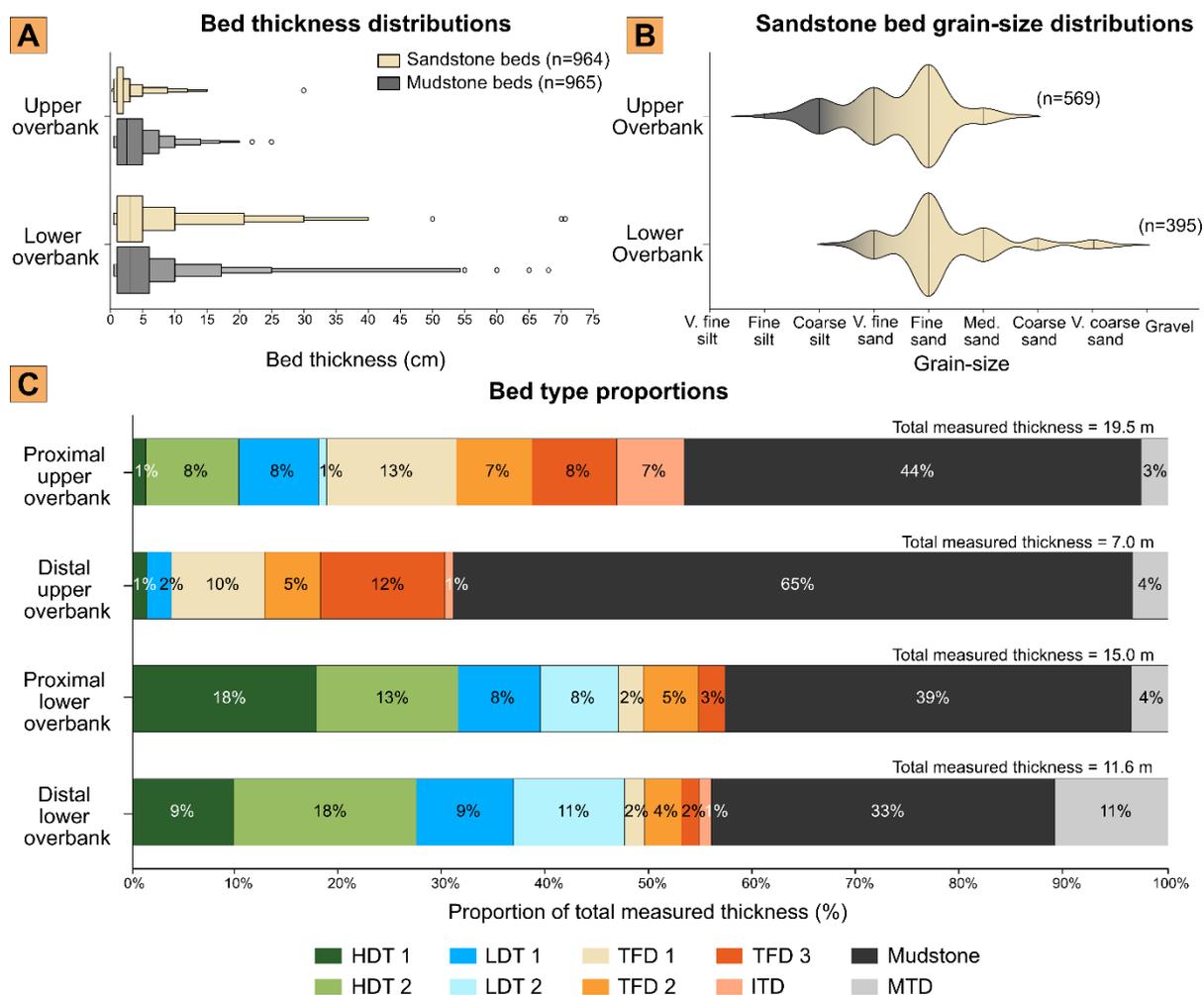
#### 424 ***Interpretation***

425 Debrites are deposited *en masse*, under laminar flow conditions by cohesive debris flows ([sensu Talling](#)  
426 [et al., 2012](#)). The irregular, erosive bases suggest high energy scouring and entrainment of underlying  
427 substrate which likely created erosional relief on the canyon floor. Slumps and slides likely represent  
428 remobilised deposits from failure of stratigraphy which created positive relief ([Pickering and](#)  
429 [Corregidor, 2005](#)).

430

#### 431 **DEPOSITIONAL STAGES**

432 The thin-bedded heterolithic succession of the canyon overbank (FA3) is subdivided into two distinct  
433 depositional stages (Stages 1 and 2 outlined below), which constitute the stratigraphically lower and  
434 upper overbank successions, respectively (**Figure 3**). The stages are distinguished based on differences  
435 in the proportion and distribution of bed types described above, their sand: mud ratio, variations in bed  
436 thicknesses, grain-size, palaeoflow direction and depositional architecture. These are summarised in  
437 **Figure 6** and **Table 2**.



**Figure 6.** (A) Boxen plot showing the distribution of sandstone and mudstone beds from the upper and lower overbank. (B) Violin plot showing the grain-size distribution of sandstone beds from the upper and lower overbank. (C) Bar plot showing the proportions of the different bed types by total measured stratigraphic thickness of the upper and lower overbank. Proximal refers to locations close to channel-fills, whilst distal refers to locations near the canyon margin. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; MTD, mass-transport deposit.

438

### 439 Stage 1 (Lower overbank)

440 Stage 1 (10-17 m thick) represents the lower overbank (**Figure 3**), and comprises packages of

441 interbedded LDTs, minor TFDs and mudstones, which are interrupted by thicker bedded HDTs (**Figure**

442 **7**). Stage 1 packages conformably overlie canyon axis deposits (**Figures 7 & 8**) and contain a significant

443 proportion of sandstone (sand-to-mud ratio of 50:50, **Table 2**), with variable bed thicknesses (0.5-98

444 cm, **Table 2**) and a wide grain-size distribution (medium silt to gravel), with a tendency toward coarser

445 grain-sizes when compared to Stage 2 (**Figure 6B**). Palaeocurrent directions obtained from ripples are

446 generally towards the south-southeast, though a wide range of directions are observed (**Figure 2**). The

447 proportion of bed types varies little between areas close to channel-fills, and areas close to the canyon  
448 margin (**Figure 6C**).

449

450 LDT beds comprise ~20% of the total measured thickness of Stage 1 (**Figure 6C**). LDT 1 beds are thin  
451 (< 10 cm thick), laterally continuous and evenly distributed across the lower overbank with little lateral  
452 variation in sand: mud ratio (**Table 2**). LDT 2 beds are more clustered, forming thicker beds (10-20 cm  
453 thick) that thin upwards from the base of the lower overbank, stratigraphically above laterally stacked  
454 channel-fills (**Figure 7**). They also cluster near HDT 2 beds and the canyon margin at the eastern edge  
455 of the overbank. These beds commonly exhibit a wide range of palaeocurrent directions and reversals  
456 within packages close to the canyon wall (**Figure 2A**). TFDs comprise ~10% of the total measured  
457 thickness of Stage 1 (**Figure 6C**), TFD 1 and 3 beds are clustered towards the top of Stage 1, while  
458 TFD 2 beds are typically clustered near underlying MTDs and scour surfaces (**Figure 7**). ITDs are  
459 rarely observed in the lower stage of the overbank.

460

461 HDTs comprise ~29% of the total measured thickness of Stage 1. They form discrete, outsized beds  
462 that are either laterally continuous for hundreds of metres with only minor changes in bed thickness  
463 (**Figure 8**), or otherwise form isolated, highly bioturbated lenses which pinch out laterally over tens of  
464 metres (**Figure 9**). HDT 1 beds are common near adjacent channel margin deposits on the western side  
465 of the lower overbank, where they are typically tabular-shaped with strongly erosional bases and pebble  
466 lags (**Figure 8**). With lateral distance from channel-fills, they gradually change character, becoming  
467 less erosional to eventually resemble hummock-like HDT 2 beds at locations within 10-20 metres of  
468 the canyon margin (**Figure 9**). HDT beds generally pinch out abruptly at the canyon margin boundary.

469

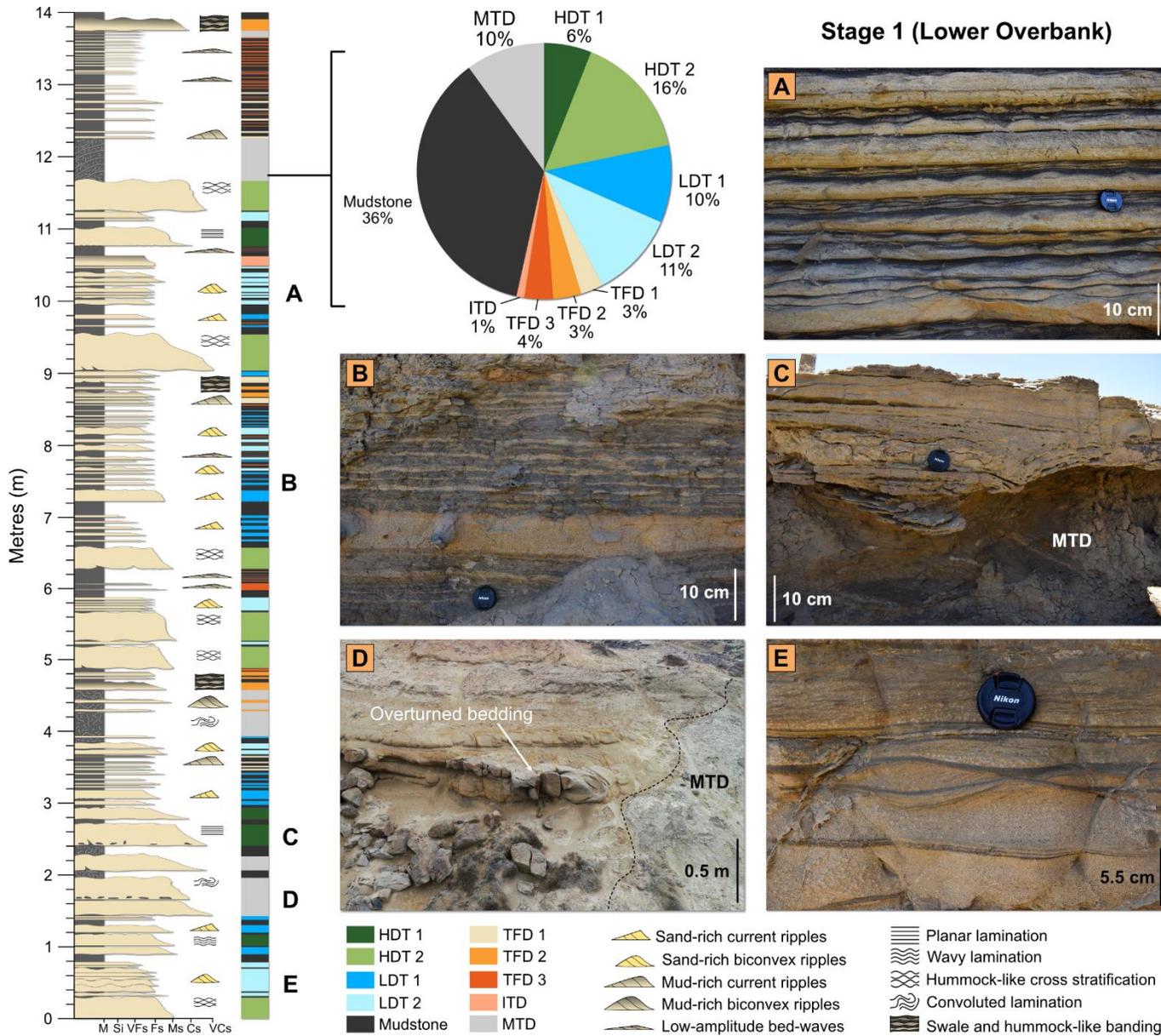
470 Locally, thinner bedded packages in-between HDT beds are disrupted by MTDs (~11% of the total  
471 measured thickness of Stage 1). These mostly occur as mud-rich debrites, which are 4 to 5 metres thick  
472 near canyon margins (**Figure 9**), but thin to form discontinuous lenses across the overbank. Debrites

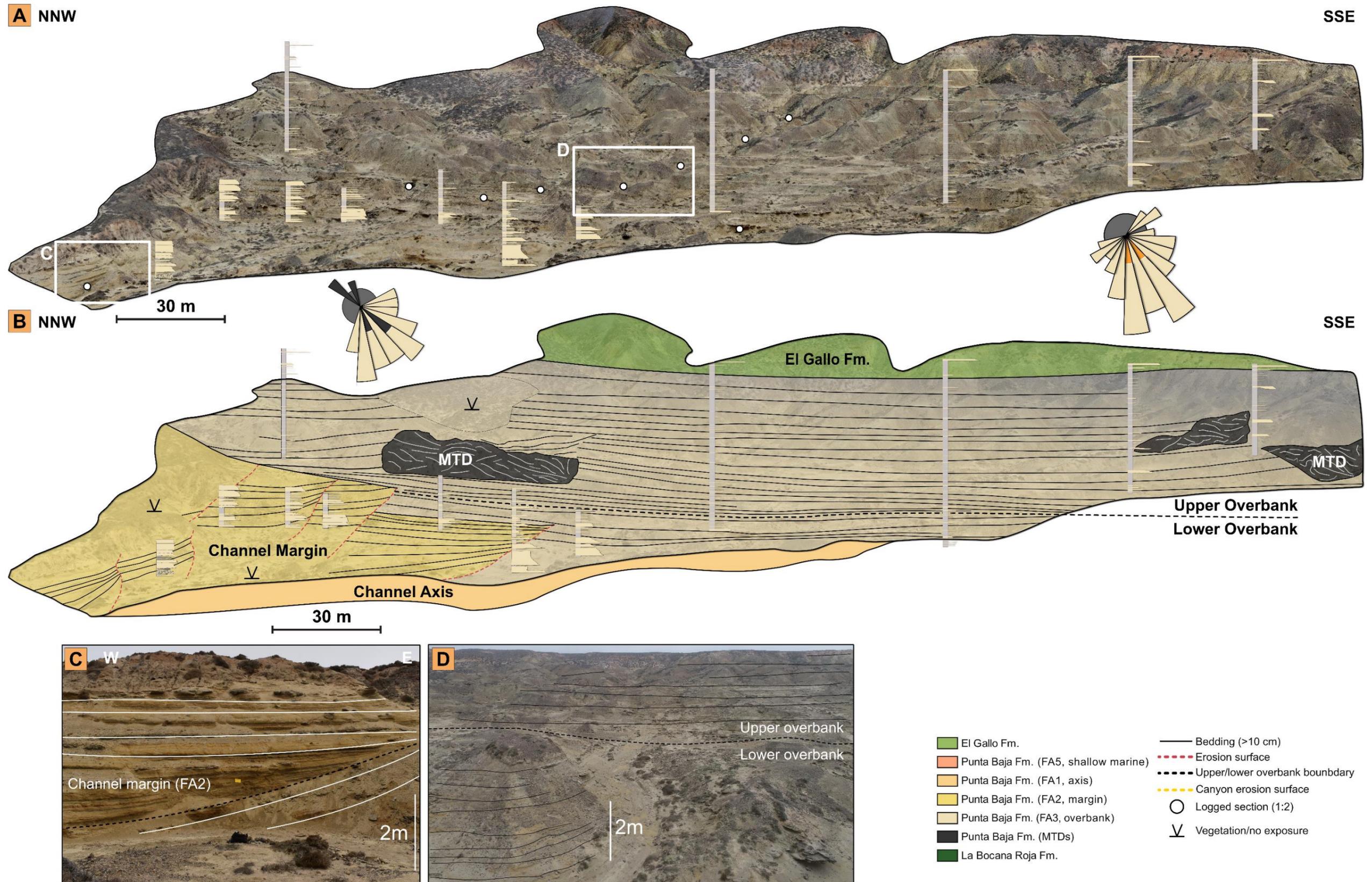
**Table 2.** Thickness, number of beds measured, sandstone bed thickness average, range and standard deviation and sand:mud ratio from proximal and distal areas of the overbank depositional stages. Data is compiled from 2,027 beds measured across the Punta Baja overbank (FA3).

Depositional Stage	Proximal/distal to channel-fills	Thickness	No. of beds measured (sandstone beds)	Average, range and standard deviation of sandstone bed thickness	Average sand: mud ratio
<b>Stage 1: Lower Overbank</b>	Proximal	10 m	590 (296)	Average = 5.7 cm Range = 0.5-98 cm StDev. = 12 cm	50:50
	Distal	7 m	297 (148)	Average = 8.1 cm Range = 1-50 cm StDev. = 9.6 cm	50:50
<b>Stage 2: Upper Overbank</b>	Proximal	28 m	901 (449)	Average = 2.6 cm Range = 0.2-30 cm StDev. = 5.1 cm	41:59
	Distal	12 m	239 (120)	Average = 1.6 cm Range = 0.1-15 cm StDev. = 2.5 cm	30:70

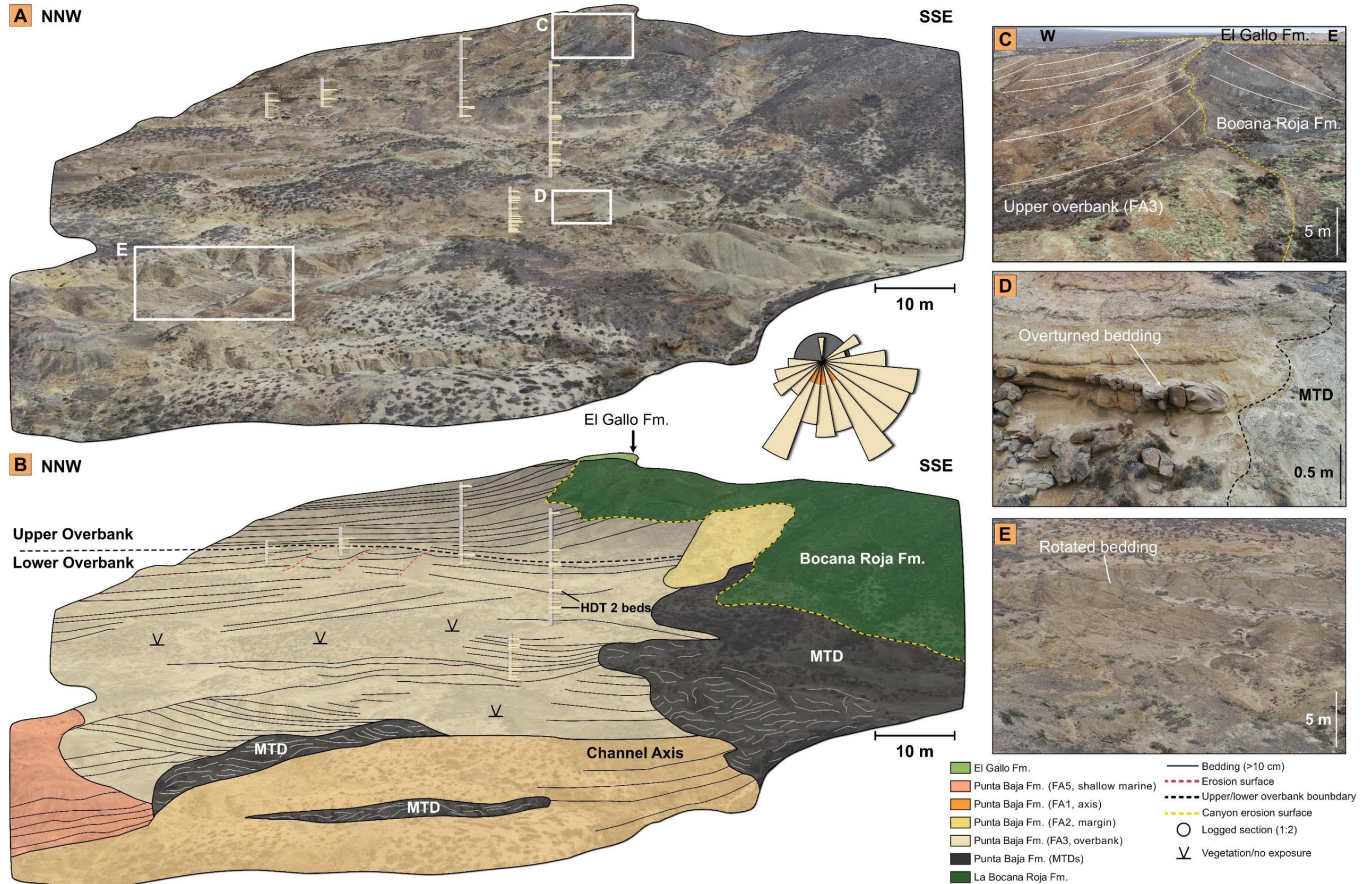
473 are observed either near slumped packages of tightly folded, occasionally overturned LDT beds near  
 474 the canyon margin (**Figure 7D**), or otherwise underlie laterally discontinuous, wedge-shaped HDT beds  
 475 (**Figure 7C**). Slides are common at locations close to channel-fills and comprise rotated packages of  
 476 LDT beds which lack internal deformation or disaggregation, and dip away from the canyon axis  
 477 (**Figure 8**).

478





480 **Figure 8.** (A) UAV-captured photogrammetric model of channel margin, lower and upper overbank packages of the Punta Baja canyon-fill, with sedimentary logs projected onto the model. (B) Correlation panel of the margin and overbank packages, with drawn interpretations of the constituent beds, highlighting their lateral and stratigraphic variability. (C) Photograph of medium- to thick-bedded sandstone packages interpreted as a channel margin deposit. (D) Photograph of the confined overbank showing the differences in bed thickness and grain-size between the lower and upper overbank stages. Panel location is shown in Figure 2B. Rose diagrams are oriented with respect to the panel.



**Figure 9.** (A) UAV-captured photogrammetric model of the lower and upper overbank packages of the Punta Baja Formation near the canyon margin, with sedimentary logs projected onto the model. (B) Correlation panel of the overbank section, with drawn interpretations of the main package types, highlighting the lateral and stratigraphic variability of their constituent beds and their interactions with the canyon wall. (C) Photograph of upper overbank packages onlapping onto the canyon wall (Bocana Roja Fm.) and planed off by the overlying El Gallo Fm. (D) Photograph of beds within the lower overbank packages. Beds have been overturned with proximity to MTDs, which were caused by canyon margin failure. (E) Photograph of lower overbank thin-bedded packages which have been rotated due to lateral migration of the channel axis. Location of the panel is shown in Figure 2B. Rose diagrams are orientated with respect to the panel.

482 **Stage 2 (Upper overbank)**

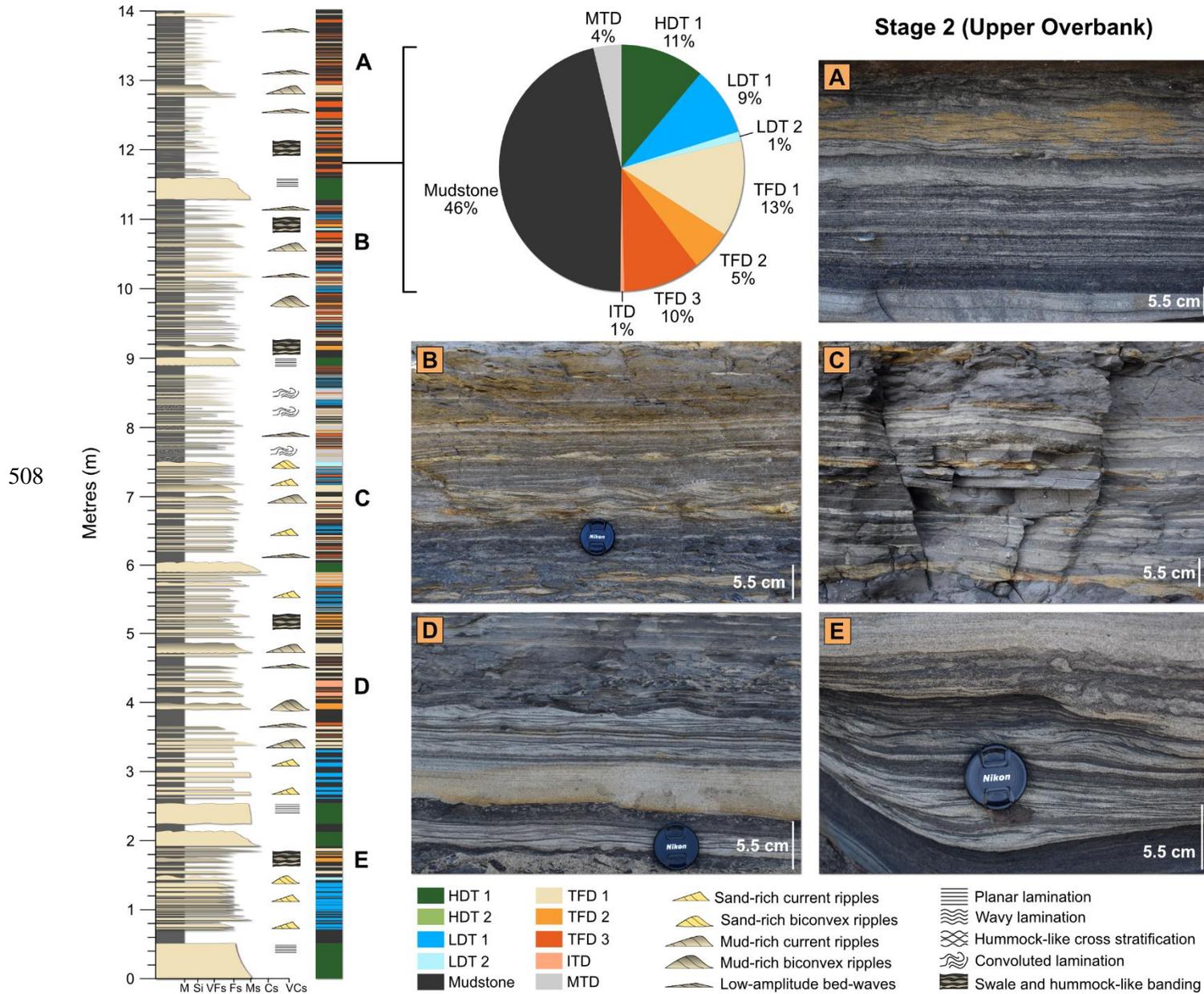
483 Stage 2 (12-28 m thick) represents the upper overbank (**Figure 3**) and sees a marked change in the  
484 proportion of observed bed types when compared to Stage 1; TFDs are more common, with fewer HDTs  
485 and LDTs (**Figure 10**). Thin-bedded packages of LDTs and TFDs in-between HDT beds have distinct  
486 fining- and thinning-upwards trends (**Figure 10**) and decay in thickness and grain-size away from the  
487 canyon axis to onlap onto the canyon margin towards the east (**Figure 9**). Stage 2 is more mud-prone  
488 than Stage 1 (**Table 2**; sand-to-mud ratio of 41:59). Sandstone beds are thinner (average = 2.6 cm), less  
489 variable in thickness (0.1-30 cm), and finer grained (**Table 2**). Overall, palaeocurrent directions from  
490 ripples and grooves are towards the south, with a narrower range of directions and fewer examples of  
491 palaeocurrent reversals than observed in the lower overbank (**Figure 2A**).

492

493 TFDs comprise ~27% of the total measured thickness of Stage 2, while turbulent flow beds (LDTs and  
494 HDTs) comprise ~10% (**Figure 6C**). TFD 1 beds are most common with an even stratigraphic  
495 distribution throughout Stage 2, with some clustering of thicker beds near aggradationally stacked  
496 channel-fills to the west of the upper overbank (**Figure 11**). With lateral distance away from channel-  
497 fills, the proportion of TFD 1 beds decreases, and beds gradually become thinner and muddier, before  
498 they transition into TFD 2 and 3 beds over a distance of ~ 100 m (**Figure 11**). TFD 2 beds form discrete  
499 clusters across the upper overbank and become more widely dispersed in areas away from channel-fills  
500 (**Figures 10 & 11**). TFD 3 beds occur in thinner bedded mud-rich packages, either interspersed between  
501 other TFD beds, or isolated within thicker (1 – 2 m) mudstone packages (**Figure 11**). The number and  
502 thickness of TFD 3 beds increase upwards so that they are the most common bed type in the most distal  
503 areas of Stage 2 at locations near the canyon margin, towards the top of the upper overbank (**Figure**  
504 **10**).

505

506 LDT beds comprise ~7% of the total measured thickness of Stage 2 (**Figure 6C**). LDT 1 beds are  
507 clustered near the base of the upper overbank stage, near sand-rich channel margin deposits, while LDT



509 2 beds are infrequently observed near sandier packages (**Figure 11**). LDT beds appear to transition  
510 laterally and vertically into TFD 1 beds with distance from the canyon axis (**Figure 11**).

511

512 HDTs comprise ~8% of the total measured thickness of Stage 2 (**Figure 6C**). HDT 1 beds still occur as  
513 outsized, laterally continuous marker beds that truncate thin-bedded packages but are typically thinner

514 and less erosive than Stage 1 HDTs (**Figure 8**). They are evenly distributed throughout the upper

515 overbank but become thinner and finer towards distal areas and the top of the overbank (**Figure 10**).

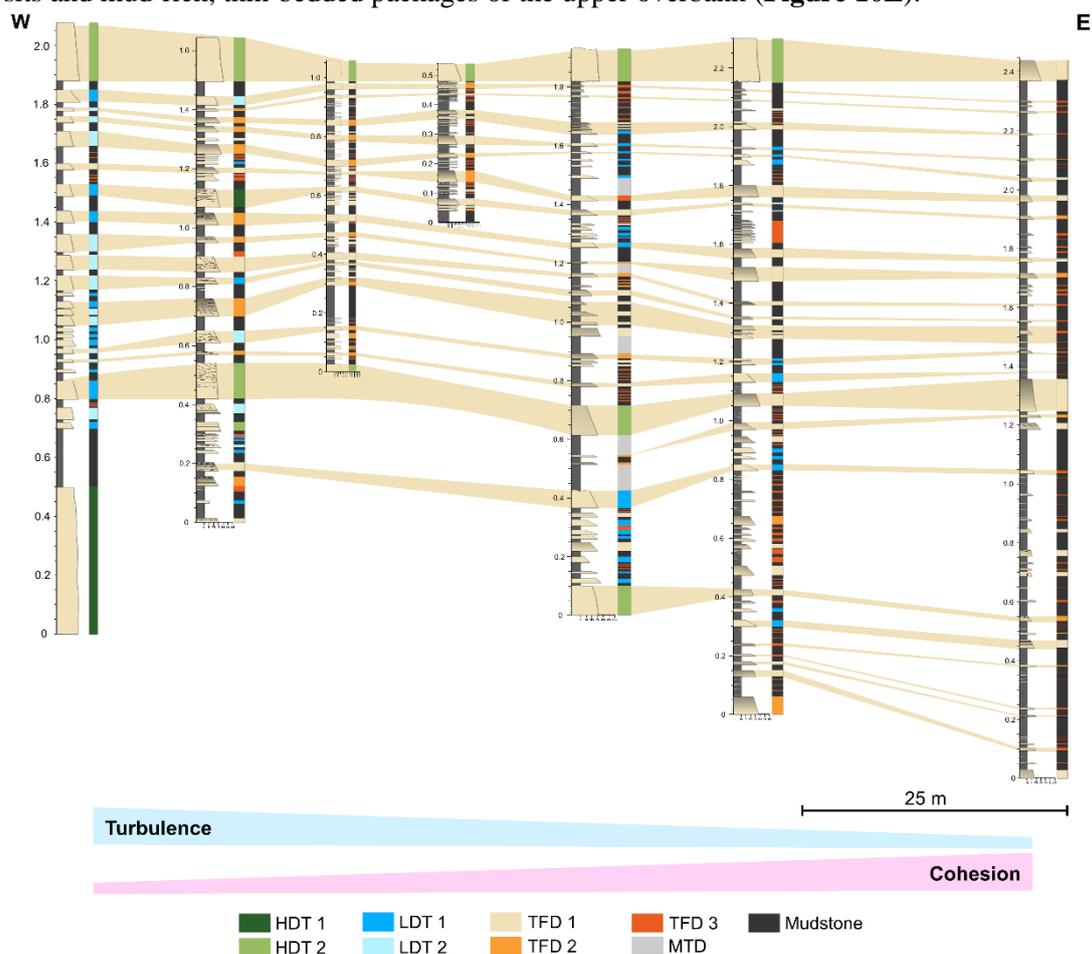
516 HDT 2 beds are rare and are clustered at the base of the upper overbank. MTDs are rare (~3%), and

517 commonly occur as slides, where thin-bedded TFD packages are rotated towards the canyon axis, or as

518 debrites, which occur as thin, laterally discontinuous intervals that extend across the upper overbank.

519 ITDs (~7%) were observed on the western side of the canyon-fill, interspersed between channel margin

520 deposits and mud-rich, thin-bedded packages of the upper overbank (**Figure 10E**).



**Figure 11.** Bed-scale correlation panel of a representative 2-metre section from the upper overbank highlighting the across-strike distribution and lateral transitions of the different bed types over a distance of 100-200 metres. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; MTD, mass-transport deposit.

521

522 **CANYON EVOLUTION AND CONFINED OVERBANK DEVELOPMENT**

523 Channelisation and subsequent backfilling were dominant processes during the evolution of the Punta  
524 Baja canyon-fill. The observation of abrupt and frequent vertical and lateral facies changes is  
525 characteristic of the fill as a whole (**Figure 3**) and define a system where the active conduit periodically  
526 migrated laterally and obliquely. Conglomerates and sandstones of the channel axis (FA1) represent  
527 channelised deposition, where flows were confined to channels and the axial gradient was sufficient to  
528 transport gravel-sized sediment downslope (Boehlke and Abbott, 1986). The preservation of the  
529 overbank on the eastern margin of the canyon-fill records the aggradational stage of the canyon's  
530 evolution, following an earlier phase of incision and almost complete sediment bypass (Stevenson et  
531 al., 2015), represented by the observation of coarse-grained lag deposits in the channel axis (Figure 3;  
532 Bouwmeester et al., 2024). Westward lateral migration of channels and gradual widening of the canyon,  
533 coupled with a decrease in the slope gradient from mass-transport deposition promoted the local onset  
534 of canyon floor aggradation and the development of overbank accommodation (Bouwmeester et al.,  
535 2024). As the canyon aggraded, flows that were transporting sediment through channels (FA1) were  
536 stripped and overspilled into the overbank. Further erosion and entrenchment of the axis likely resulted  
537 in flow partitioning due to the elevation different between the lower high-density and upper low-density  
538 parts of stratified flows (e.g. Piper and Normark, 1983; Peakall et al., 2000; Keevil et al., 2006). Axial  
539 channel migration is evident based on observations of westward-cutting and oblique aggradation of  
540 sand-rich channel margin deposits (**FA2, Figure 3**). In addition, the asymmetry of the canyon-fill  
541 suggests that the axis, on the whole, migrated obliquely westward which would contribute to the upward  
542 thinning and fining trends observed in the upper overbank (Stage 2).

543

544 The net-aggradation of the canyon demonstrates a highly efficient conduit that eroded and bypassed  
545 sediment in an entrenched axis while an overbank was constructed. The conglomeratic channel axis-fill  
546 with sandstone-filled scours suggests that flows bypassed grainsizes up to pebble/cobbles through the

547 axis, with the higher sand- and mud-bearing parts of flows partially stripping and overspilled onto the  
548 overbank (Bouwmeester et al., 2024). The abundant erosional structures, sharp-topped HDTs and  
549 downslope palaeocurrent directions in some of the overbank deposits also suggest that at least some of  
550 the overbanking flows bypassed sediment downslope.

551

## 552 **DISCUSSION**

### 553 **A new model for the evolution of canyon-confined overbanks**

#### 554 *Lower overbank stage*

555 The lower overbank stage records the early stages of canyon aggradation. The high sand-to-mud ratio,  
556 variable bed thicknesses and wide grain-size distribution (**Figure 6**) suggests that the lower overbank  
557 received flows of varying magnitudes that were fully confined within the canyon. The lower overbank  
558 is therefore interpreted as a high energy environment where the dominant flow processes are fully  
559 turbulent sediment gravity flows (**Figure 12**). HDTs represent infrequent, higher magnitude flows that  
560 overspilled adjacent channels to deposit medium-bedded turbidites, and LDTs represent lower  
561 magnitude flows which deposited thin-bedded turbidites, where the dilute upper parts of flows were  
562 either stripped or overspilled from channels into restricted overbank accommodation. (Piper and  
563 Normark, 1983; Hiscott et al., 1997; Peakall et al., 2000; Hansen et al., 2015).

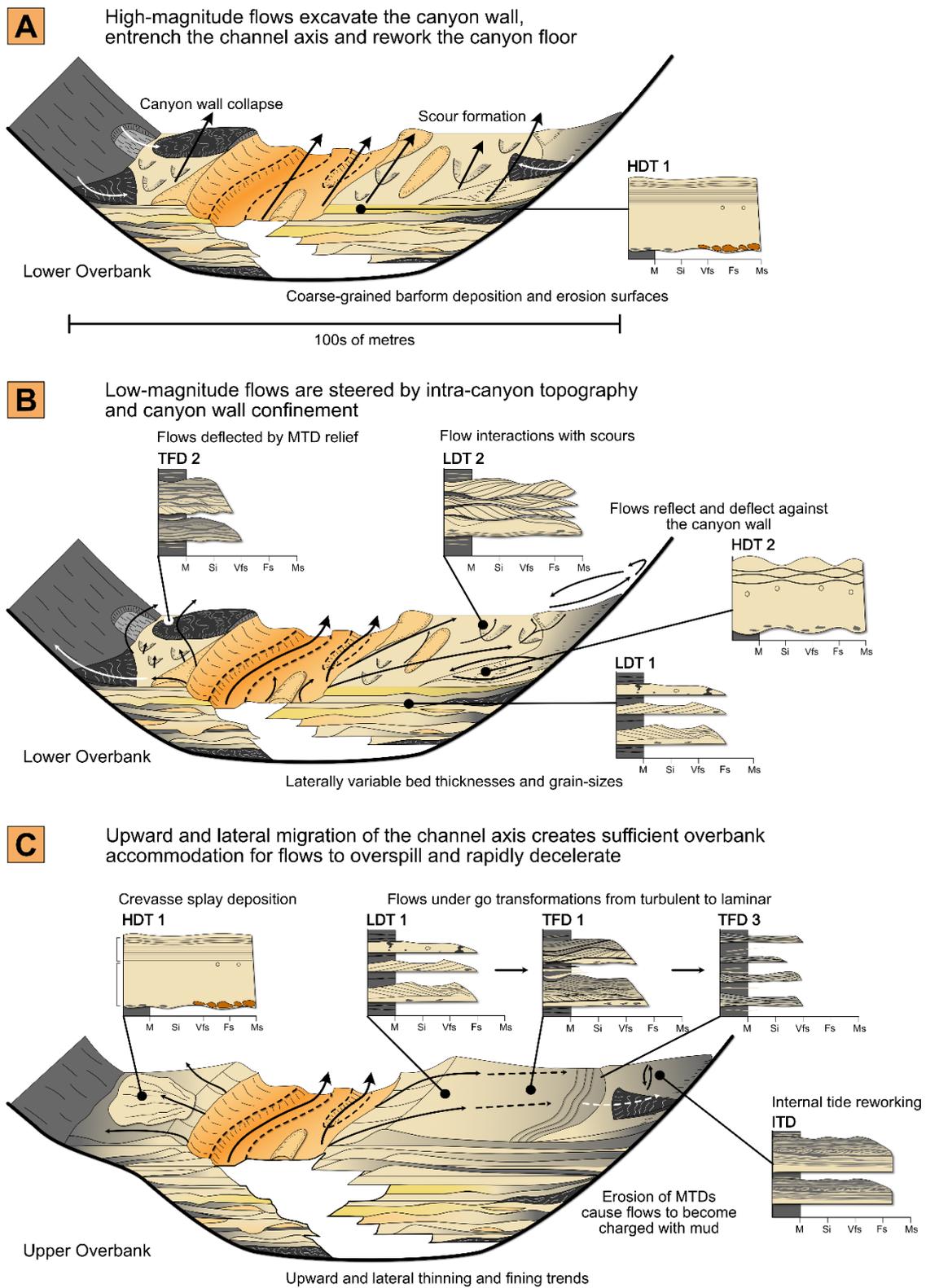
564

565 The consistent thickness and lateral continuity of most HDT beds suggest that higher magnitude, fully  
566 turbulent flows were able to extend completely across the lower overbank to reflect and deflect against  
567 the canyon margin topography (**Figure 12**). The lateral transition from HDT 1 beds into HDT 2 beds  
568 within 10-20 metres of the canyon margin support an interpretation of flow transformation from an  
569 initially unidirectional flow to a combined flow, where upon incidence with the base of the canyon wall,  
570 an incoming parental flow becomes stripped, generating thin, dilute multidirectional flows which  
571 propagate onto the canyon wall surface and collapse downward (Keavney et al., 2024). These flows are

572 then superimposed onto the initial parental flow which generates a combined flow in the absence of an  
573 oscillatory component (Keavney et al., 2024), and reworks beds into the dune-scale hummock-like  
574 bedforms, as observed at the tops of HDT 2 beds. The abrupt pinch out of HDT 2 beds (**Figure 9**)  
575 suggest that the lower parts of higher magnitude flows were not able to run up the canyon wall surface,  
576 while clustering of thinner LDT 2 beds above HDT 2 beds are possible records of the collapsing,  
577 multidirectional flows that propagated onto the canyon wall, and formed their own deposits (**Figure 7**).  
578 The even stratigraphic distribution of HDT 2 and LDT 2 beds near the canyon margin (**Figure 7**) suggest  
579 that combined flows were repeatedly generated from reflection and deflection against the canyon wall,  
580 suggesting that the lower overbank was highly confined by steep canyon walls. The variable  
581 palaeocurrent directions and flow reversals in near the canyon margin (**Figure 2A**) demonstrate flow  
582 complexity on incidence with the canyon wall, suggesting a particularly rugose surface, or that flows  
583 were possibly stripped from different parts of evolving channel bend resulting in different incidence  
584 angles of flows with the canyon wall.

585

586 The observations of LDT 2 beds away from the canyon margin (**Figure 6C**) support interpretations of  
587 seabed topography. Here, lower magnitude flows were likely reflected, deflected and ponded against  
588 evolving erosional and depositional relief, such as scour surfaces and MTD topography to set up  
589 combined-oscillatory flows (**Figure 12**). Scour surfaces were likely formed by erosive, higher  
590 magnitude flows that reworked the overbank, while MTDs were sourced from repeated deflection of  
591 flows against canyon walls, causing erosion, oversteepening and flank collapse (**Figure 9**). This resulted  
592 in mud-rich debris flows that extended across the canyon floor, forming complex relief that resulting in  
593 deflection and ponding of subsequent flows. The discontinuous wedge-shaped HDT beds above MTDs  
594 are interpreted as confined deposition from high magnitude flows. Clusters of TFD 2 beds above MTDs  
595 are records of combined transitional flow transformation from turbulent to laminar as low magnitude  
596 flows passed over the mud-rich substrate, entrained cohesive mud and deflected against MTD relief.  
597 Slumps and slides near channel-fills likely represent collapse of thin-bedded packages from  
598 undercutting of the overbank from oblique migration of channels (Boehlke and Abbott, 1986).



**Figure 12.** Conceptual diagram of a canyon setting, showing the locations where different flow transformations and bed types are expected to form. (A) Lower overbank stage where high-magnitude, erosional flows are the dominant process. (B) Lower overbank stage where lower magnitude flows are affected by complex canyon topography. (C) Upper overbank stage, where canyon widening creates sufficient accommodation for flow to overspill and transform between turbulent and laminar states. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit.

600 Furthermore, the observation of LDT 2 beds at the base of the lower overbank point to flow interactions  
601 with remnant topography resulting from the westward lateral-oblique migration of the channel axis  
602 during the initial stages of overbank aggradation. Gradual upward transitions from combined flow beds  
603 (LDT 2 & HDT 2) to LDT 1 beds (**Figure 7**) possibly support healing of topography such that  
604 successive flows were less affected by increasingly subtle seabed topography. LDT 1 beds, therefore,  
605 represent lower magnitude turbulent flows that were able to run out across the overbank with little  
606 topographical interference.

607

608 The general paucity of TFDs across Stage 1, apart from some above mud-rich MTDs, is likely due to a  
609 lack of mud-rich substrate available for flows to entrain cohesive mud. The initial substrate would have  
610 comprised conglomeratic and sand-rich channel-fills, and later sand-rich HDT beds ([Boehlke and](#)  
611 [Abbott, 1986](#); [Kane et al., 2022](#)). Furthermore, the larger scale confinement of the lower overbank also  
612 likely prevented flows from running out and decelerating fully before interaction with the canyon wall,  
613 thereby inhibiting transformations from turbulent to laminar flows. The transition to the upper overbank  
614 is marked by an increasing proportion of TFDs towards the top of the lower overbank, and a notable  
615 decrease in the thickness, and number of HDTs.

616

### 617 *Upper overbank stage*

618 The upper overbank stage represents later stages of canyon aggradation (**Figure 12**). Further oblique  
619 migration of the channel axis widened the canyon thereby increasing the accommodation available for  
620 flows to overspill into the overbank ([Bouwmeester et al., 2024](#)). The lower sand-to-mud ratio, thinner  
621 and less variable bed thicknesses, and a narrower grain-size distribution (**Figure 6**) suggests that the  
622 upper overbank received smaller but more regular flow magnitudes than the lower overbank, supporting  
623 an interpretation of an overall lower energy and more stable environment of deposition (**Figure 12**).  
624 Transitional flows are more common than cohesionless, turbulent flows (**Figure 10**), demonstrating

625 that the upper overbank was conducive to flow transformations through the balance of cohesive and  
626 turbulent forces.

627

628 TFD 1 beds represent unidirectional flow transformation from an initially turbulent flow to a turbulence-  
629 modulated transitional flow. Their even distribution near channel-fills demonstrate that flows  
630 experienced abrupt decreases in confinement as (parts of) flows were stripped or overspilled channels  
631 (Peakall et al., 2000; Hansen et al., 2015), and decelerated rapidly. The higher preservation of channel  
632 margin deposits in the upper stage (**Figure 8**), suggests a higher channel sinuosity and therefore more  
633 abrupt losses in confinement from overspill. Deeper entrenchment of the channel axis and higher relief  
634 (Bouwmeester et al., 2024) may further promote abrupt losses in confinement, thereby driving flow  
635 transformations. Given this, transitions from turbulent flows to transitional flows were possibly  
636 enhanced by stronger flow partitioning, where dilute upper parts of overspilling flows became relatively  
637 more enriched in mud, as the denser sand-rich fraction of flows remained confined to channels. This  
638 ultimately resulted in increased cohesion in decelerating flows, promoting turbulence modulation and  
639 the generation of mixed grain-size bedforms. Flows would have become more cohesive from  
640 entrainment of mud-prone substrate in the upper overbank. Due to the higher aspect ratio of the canyon,  
641 it is possible that more mud was deposited and preserved in the upper overbank compared to the lower  
642 overbank stage when it was more likely bypassed or resuspended by high magnitude flows. Additional  
643 mud-rich substrate was likely derived from debris flows from erosion and collapse of unstable canyon  
644 walls. The upward and lateral transitions from sand-rich turbidites (LDT 1 beds) near channel-fills  
645 indicate the initial phase of transformation from fully turbulent, non-cohesive flows to transitional flow  
646 conditions.

647

648 The gradual thinning and lateral transition from TFD 1 beds through TFD 2 to TFD 3 beds with lateral  
649 distance from channel-fills (**Figure 11**), point to lateral flow transformations from LTPF to UTPF  
650 conditions across the upper overbank as flows escaped channel confinement and decelerated but

651 remained within the confines of the canyon. TFD 1 beds transition to TFD 3 beds over a distance of  
652 100 to 200 m, demonstrating particularly rapid flow transformations. The rate of flow transformation is  
653 more rapid than other depositional environments in previous studies, such as internal levées in a mid-  
654 slope settings, where flows transform over 1 to 2 km (Taylor et al., 2024), and distal fan fringe  
655 environments, where flows are shown to transform over 2 to 3 km (Baker and Baas, 2020).

656

657 The distinct clusters of TFD 2 beds (**Figure 11**) indicate where flows transition as they pass over mud-  
658 prone substrate and interact with subtle seabed topography, such as scour surfaces or relief generated  
659 by mud-rich debris flows. Their mudstone caps may suggest ponded deposition in topographic lows  
660 (Pickering and Hiscott, 1985; Haughton, 1994), which further suggests the presence of MTD relief and  
661 scour surfaces. The observation of thick TFD 2 beds in areas close to the canyon margin implies that  
662 decelerated flows were just about able to reflect and deflect off the canyon walls, while thinner TFD 2  
663 beds in these areas suggest that flows became increasingly susceptible to topographic influence as they  
664 decelerated and thinned (Kneller and Buckee, 2000).

665

666 The high proportions of TFD 3 beds in the most distal parts of the upper overbank represent the lateral  
667 extent of overspilling unidirectional transitional flows (**Figure 11**), which suggests that the majority of  
668 flows did not interact with the canyon margin. The upward increase in the proportion of TFD 3 beds  
669 with respect to TFD 1 and 2 beds (**Figure 10**), could represent increased channel relief with time  
670 (Hiscott et al., 1997; Pirmez and Imran, 2003), wider overbank accommodation from channel migration  
671 (Maier et al., 2012; Hansen et al., 2015) or decreases in the magnitude of SGFs as the system aggraded  
672 (Kneller, 2003). ITDs were almost exclusively observed in the upper overbank (**Figures 10D & E**).  
673 This is likely because it is a lower energy environment with an availability of sand from overspilling  
674 low magnitude flows to rework into internal tide deposits. The removal of deposits by erosive, higher  
675 magnitude flows is less likely given their scarcity in the upper overbank section.

676

677 HDTs are fewer and more widely interspersed throughout the upper overbank which implies that higher  
678 magnitude flows were infrequent, or that flows were increasingly confined to channels due to higher  
679 channel relief as the system aggraded. Tabular-shaped HDT 1 beds thin with lateral distance from  
680 channel-fill and pinch out abruptly, suggesting that higher magnitude flows formed crevasse splays  
681 from breaching channel confinement, most likely at the outer bend of the channel (Lowe et al., 2019).  
682 The few instances of HDT 2 beds at the base of the upper overbank record higher magnitude flows that  
683 were able to interact with the canyon margin at the transition between the depositional stages.

684

### 685 **The dynamic nature of confined overbank successions**

686 The bed types and their distributions described here show that the Punta Baja canyon overbank was a  
687 highly dynamic environment with a range of flow types, transformations and complex interactions with  
688 topography that evolved through time. This resulted in a heterogenous fill which demonstrates that  
689 interpretations of canyon-confined overbanks require consideration of individual flows and their three-  
690 dimensional interactions with topography, rather than a sole assessment of depositional environment.

691

692 Currently, models that describe confined overbank successions are derived from channel-levée systems  
693 from mid- to lower slope settings and do not fully consider canyon settings. They describe depositional  
694 terrace deposits (Hansen et al., 2015; Hansen et al., 2017), and internal levées (Babonneau et al., 2004;  
695 Dykstra and Kneller, 2009; Kane et al., 2009; Kane and Hodgson, 2011; Morris, 2014), which are  
696 distinguished on the basis of their external morphology and internal sedimentological characteristics  
697 (Hansen et al., 2015). Depositional terrace deposits are flat-lying, sheet-like deposits formed by  
698 turbulent flows that overflow channels, extend across the entire conduit, and reflect and deflect against  
699 confining surfaces (Hansen et al., 2015). Internally, they comprise packages of thin-bedded turbidites  
700 with variable bed thicknesses that show minimal lateral variation in sandstone proportion with distance  
701 away from channel-fills (Hein and Walker, 1982; Schwarz and Arnott, 2007; Hansen et al., 2017).  
702 Conversely, internal levées are wedge-shaped features that, unlike terrace deposits, form when there is

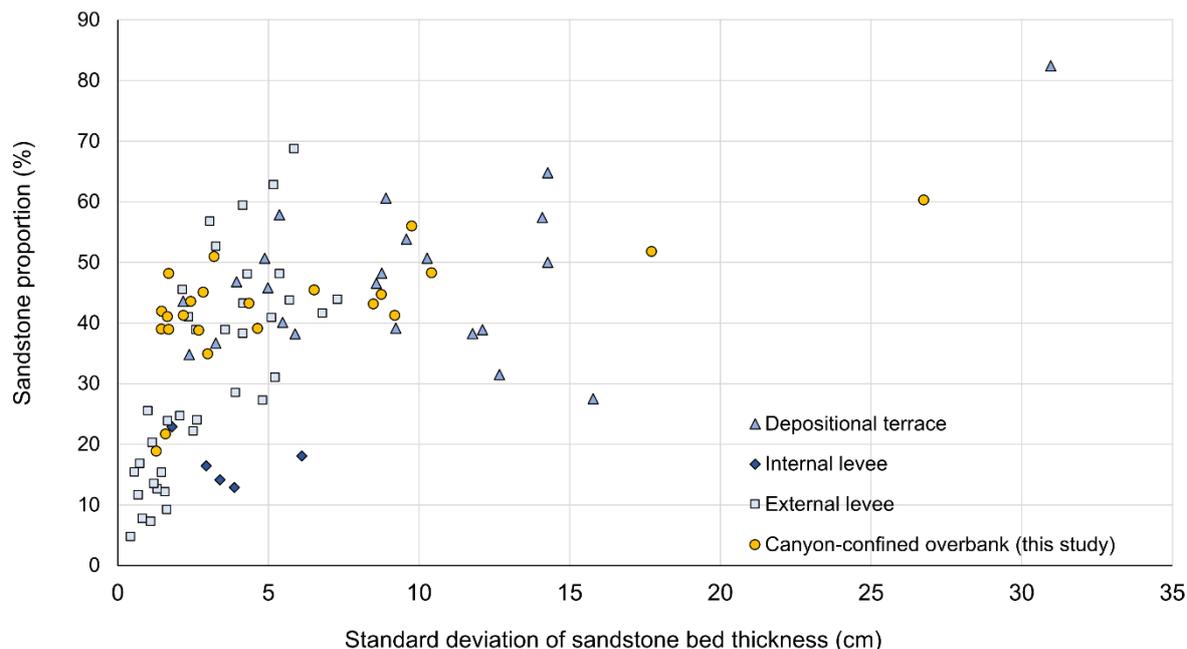
703 sufficient space within the conduit for flows to overspill, decelerate and deposit the majority of the  
704 suspended sediment before reaching the confining surface (Hansen et al., 2015; Hansen et al., 2017).  
705 When compared to depositional terrace deposits, internal levées have less variable bed thicknesses  
706 within thin-bedded packages and exhibit upward thinning- and fining trends (Beaubouef, 2004; Kane  
707 et al., 2009; Kane and Hodgson, 2011).

708

709 In some ways, the lower overbank stage documented here acts like a terrace deposit, with the terrace  
710 formed by the oblique upward migration of channels. Furthermore, the confined nature of the bounding  
711 surface meant that flows were able to reflect and deflect against the canyon wall. Similarly, the upper  
712 overbank stage meets some of the criteria for internal levées, with discrete thin-bedded packages that  
713 thin- and -fine upwards and laterally towards the canyon margin. However, while the lower and upper  
714 overbank stages share some broader characteristics with terrace deposits and internal levée models,  
715 associated with more distal channel-levée complexes, they only invoke stable flow conditions, such as  
716 waning turbulent flow processes in an otherwise dynamic environment where flow transformations are  
717 common (**Figure 12**). Furthermore, they only consider lateral changes from channel to master confining  
718 surface and do not fully consider the three-dimensional shape and distribution of beds and packages.  
719 Whilst there may be a general trend from more depositional terrace-like stage to more internal levée-  
720 like stage as the canyon is filled, this bimodal approach hides a lot of the variability that comes from  
721 evolving erosional and depositional topography, especially in three dimensions during evolution of the  
722 canyon.

723

724 As demonstrated above, canyon-confined overbanks are highly dynamic environments due to a wide  
725 range of erosional and depositional bedforms and mass transport deposits which generate complex relief  
726 (**Figure 12**). The dynamics of channels within canyons means that the nature of the overbank shifts  
727 with respect to the channel axis throughout time. This results in a wide range of flow types and deposits  
728 which respond to channel axis movements, therefore limiting the development of discrete architectural



**Figure 13.** Cross plot of the standard deviation of sandstone bed thickness against sandstone proportion for a canyon-confined overbank (this study), compared with the data from Hansen et al. (2017).

729 elements. Ultimately, using end-member models to subdivide confined overbanks in submarine canyons  
 730 is too limiting for palaeoenvironmental reconstructions because there are many architectural  
 731 connotations within submarine canyons to label discrete thin-bedded depositional environments.

732

733 A proposed criterion for differentiating thin-bedded depositional environments has been to use  
 734 sandstone bed thicknesses. **Figure 13** shows a cross plot of the standard deviation of sandstone bed  
 735 thickness against sandstone proportion for each log from this study, compared with data from Hansen  
 736 et al. (2017). However, as shown in **Figure 13**, the data from the Punta Baja overbank plots across all  
 737 fields of terrace deposits, internal levée and external levée, showing that these environments are simply  
 738 too dynamic to apply a single depositional environment based on averaged values of bed thickness and  
 739 sandstone proportion.

740

741 Furthermore, existing models of terrace deposits and internal levées are mostly derived from channel-  
 742 levée complexes from mid- to lower slope settings where channel-belts have some degree of overspill

743 and form thick external levées outside of the conduit. This has the effect of filtering out the upper fine-  
744 grained component of flows, thus restricting the range of deposits that form within the conduit. In  
745 canyons, flows are fully confined by steep erosion surfaces with little-to-no external levée generation.  
746 Therefore, unfiltered flows within canyons are likely to be more variable and dynamic in their  
747 sedimentological characteristics than overbanks of more distal channel-levée systems, further  
748 complicating potential interpretations of internal levées or terrace deposits.

749

750 Therefore, overbank environments, especially those confined within canyons must be interpreted from  
751 changes in palaeoenvironment linked to the evolution of the system as a whole. If discrete environments  
752 are labelled primarily based on their geometries as in the case of depositional terrace and internal levée  
753 models, then their utility as archives of palaeoenvironmental change could be hindered. This study  
754 stresses that the overall evolution of the confined overbank must be assessed with relation to channel-  
755 fills, their three-dimensional nature and their palaeogeographic context.

756

### 757 **Interpretation of internal tide deposits from the ancient rock record**

758 Internal tides have been shown to resuspend and transport sediment in submarine settings worldwide  
759 (Shepard and Marshall, 1969; Shepard et al., 1979), but in the absence of recognition criteria, their  
760 deposits have not been unequivocally identified in the rock record. In fact, their interpretation has long  
761 been contested (e.g., Shanmugam and Wang, 2014), due to a previous lack of studies that link direct  
762 flow monitoring of modern internal tides to cored deposits. However, this is no longer the case as recent  
763 studies have successfully verified sedimentological observations from sediment traps and cores with  
764 direct measurements of internal tides from the Whittard Canyon, NE Atlantic margin (Soutter et al.,  
765 2024); Monterey Canyon, California (Maier et al., 2019); and Logan Canyon, Eastern Canada  
766 (Normandeau et al., 2024). Attempts can now be made to interpret internal tide deposits from ancient  
767 canyon-fills to support palaeoenvironmental reconstructions.

768

769 Linked modern observations of internal tides comprise sharp-topped sandstone beds with abrupt grain-  
770 size breaks from sand to mud, planar/wavy silt and fine sand laminasets which form thick-thin sand-  
771 mud couplets (rhythmites) with normal and inverse grading, and mud-draped starved ripples (Maier et  
772 al., 2019; Normandeau et al., 2024). These studies agree that such sedimentary structures are deposits  
773 of internal tides, characterised by waxing and waning tidally-forced flows that resuspend and  
774 redistribute sediment on bed tops. Other structures which are linked to internal tides but rarely preserved  
775 are bidirectional ripples (May and Warme, 2007), which likely represent flow reversals from tidally-  
776 influenced transport up-canyon (flood), although stronger down-canyon transport (ebb) could explain  
777 the rarity of preserved bi-directional ripples, because downslope currents would resuspend sediment  
778 deposited under weaker up-slope currents and remove up-canyon facing foreset laminae (He et al.,  
779 2011; Normandeau et al., 2024).

780

781 Differentiating the deposits of internal tides from other processes that generate mixed grain-size  
782 bedforms, such as transitional flows is challenging. Similarities between internal tide deposits and  
783 transitional flows include alternating sandstone-mudstone laminae and banded sets and discontinuous  
784 starved laminae. However, the cyclical nature of laminae and banded couplets and the thick-thin  
785 transition between ‘double bands’ bears closer resemblance to documented internal tide deposits  
786 (Soutter et al., 2024). Furthermore, the lack of continuous transitions between different bedforms (i.e.  
787 mud-rich current ripples to low-amplitude bed waves) in a single deposit (**Figure 10D**) suggest that  
788 these deposits did not undergo flow transformations.

789

790 Most of the facies reported from modern systems as indicative of internal tide deposits (apart from  
791 bidirectional ripples) are observed in the interpreted ITDs from the upper overbank, thereby suggesting  
792 that internal tides were present and strong enough to transport sediment in the Punta Baja canyon during  
793 the Cretaceous. However, the proportion of these deposits is low (~9% of total measured sections). This  
794 is likely due to complete reworking by sediment gravity flows which overspilled into the overbank, or

795 by bioturbation which reworks and destroys laminae and banded sets (Li et al., 2019; Normandeau et  
796 al., 2024). In some ITDs observed in the Punta Baja overbank, the presence of thin, discontinuous  
797 laminae, coupled with a mottled texture above laminasets might indicate where deposition was  
798 interrupted by partial reworking of sediment by organisms. Therefore, the preservation of internal tide  
799 deposits requires higher sedimentation rates during laminaset deposition to outpace the rate of  
800 bioturbation. Dykstra (2012) suggests that increased sediment availability could lead to higher  
801 preservation potential of internal tide deposits. In canyons, storm events have been shown to increase  
802 suspended sediment concentrations (Li et al., 2019), which have been linked to increased preservation  
803 potential of internal tide deposits (Yang et al., 2020). Another mechanism could be the influence of  
804 earthquakes given the forearc basin setting, which would increase suspended sediment concentrations.  
805 These events are likely factors for the preservation of ITDs in the Punta Baja canyon.

806

## 807 CONCLUSIONS

808 This study presents an exceptional example of an exhumed canyon-confined overbank from the  
809 Mesozoic Peninsular Ranges Forearc, Mexico. Detailed outcrop logs and photogrammetric models has  
810 revealed that the overbank was an especially dynamic environment where a variety of different bed  
811 types point to progressive transformations in flow properties that evolved throughout the evolution of  
812 the canyon. The overbank can be subdivided into two distinct depositional stages, which constitute the  
813 stratigraphically lower and upper overbank successions. These stages are distinguished based on  
814 differences in the proportion and distribution of bed types, their sand: mud ratio, variations in bed  
815 thicknesses, grain-size, palaeoflow directions and depositional architecture.

816

817 The lower overbank contains a significant proportion of sandstone (sand-to-mud ratio of 50:50), with  
818 variable bed thicknesses, palaeocurrent directions and a wide grain-size distribution (medium silt to  
819 gravel), with a tendency toward coarser grain-sizes when compared to the upper overbank. These  
820 observations point to a wide range of unfiltered flows that overspilled from channels. Thick sandstone

821 beds contain distinct hummock-like bedforms, representing high magnitude combined flows that  
822 repeatedly deflected and reflected against the high relief canyon margin, suggesting complete  
823 confinement within the conduit. Locally, thinner beds are disrupted by slides, debrites and scour  
824 surfaces on the canyon floor.

825

826 As the canyon system matured, constituent channels migrated obliquely to the west. Here, the character  
827 of the overbank changes, developing distinct fining- and thinning-upward packages that decay in  
828 thickness and grain-size away from the channel axis. Packages are more mud-rich and beds contain  
829 distinct mixed grain-size bedforms that demonstrate smaller magnitude, rapidly decelerated transitional  
830 flows that entrained mud-rich substrate and mostly failed to interact with the canyon margin. In more  
831 quiescent parts of the upper overbank, beds contain rhythmic bundles of silt-rich, mud-draped bedforms,  
832 which are interpreted to be the product of sediments reworked by internal tides. This is the first detailed  
833 study of a fine-grained fill in an ancient ocean-facing submarine canyon. Canyon-confined overbanks  
834 offer a diverse fill, with flow transformations that demonstrate a complex balance between erosion and  
835 deposition, and an absence of discrete internal levée or depositional terrace elements that have been  
836 identified in more distal confined overbank settings.

837

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841

#### 842 **DATA AVAILABILITY STATEMENT**

843

844

845

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**Figure 1.** (A) Geological map of part of the Baja California peninsula, showing the main units of the Peninsular Ranges forearc basin complex. Modified from Morris and Busby-Spera (1990) and Kneller et al. (2020). (B) Stratigraphic column showing the main formations and depositional settings of the Peninsular Ranges forearc basin complex.

**Figure 2.** (A) Zoomed-in geological map of the Punta Baja overbank (location shown in B). (B) Geological map of the Punta Baja peninsula, with the main formations and facies associations within the Punta Baja Formation overlain onto a drone-captured digital elevation model (DEM). Map location is shown in Figure 5.1. (C) Equal-area rose diagrams showing palaeocurrent directions from conglomerate clast imbrication, flute, groove and ripple foresets for each of the main facies associations.

**Figure 3.** Schematic cross section of the Punta Baja canyon-fill, with photographs highlighting the main facies associations. (A) Overbank packages onlapping onto the Bocana Roja Fm. (B) Canyon axis packages overlying MTDs and channel margin packages. (C) Channel margin packages thinning and onlapping onto steep erosion surfaces. (D) Shallow marine packages truncated by the El Gallo unconformity. (E) Overbank packages within the upper overbank. (F) Overbank packages onlapping onto the Bocana Roja Fm. that are truncated by the overlying El Gallo unconformity. (G) Scour-fill and prominent sandstone bar forms in the canyon axis. (H) Channel margin sandstone packages interbedded with axial conglomerates.

**Figure 4.** Sketch bed diagrams and representative outcrop photographs which highlight the internal divisions of: (A) HDT 1 beds; (B) HDT 2 beds; (C) LDT 1 beds; (D) LDT 2 beds; (E) TFD 1 beds; (F) TFD 2 beds; (G) TFD 3 beds; and (H) ITDs. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; SCRs, sand-rich current ripples; BRs,

biconvex ripples; LABWs, low-amplitude bed-waves; MCRs, mud-rich current ripples; LBRs, large biconvex ripples; HLCS, hummock-like cross stratification.

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**Figure 7.** Composite log, bed type proportions and representative photographs through the lower overbank section (Stage 1). (A) LDT 2 beds with structureless and biconvex ripple divisions. (B) Structureless LDT 1 bed which passes into sandy starved ripples. (C) HDT 1 bed thickening into an MTD. (D) Overturned bedding against an MTD at the canyon margin. (E) LDT 2 beds containing sand-rich biconvex ripples. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; MTD, mass-transport deposit.

**Figure 8.** (A) UAV-captured photogrammetric model of channel margin, lower and upper overbank packages of the Punta Baja canyon-fill, with sedimentary logs projected onto the model. (B) Correlation panel of the margin and overbank packages, with drawn interpretations of the constituent beds, highlighting their lateral and stratigraphic variability. (C) Photograph of medium- to thick-bedded sandstone packages interpreted as a channel margin deposit. (D) Photograph of the confined overbank showing the differences in bed thickness and grain-size between the lower and upper overbank stages. Panel location is shown in Figure 2B. Rose diagrams are oriented with respect to the panel.

**Figure 9.** (A) UAV-captured photogrammetric model of the lower and upper overbank packages of the Punta Baja Formation near the canyon margin, with sedimentary logs projected onto the model. (B) Correlation panel of the overbank section, with drawn interpretations of the main package types, highlighting the lateral and stratigraphic variability of their constituent beds and their interactions with the canyon wall. (C) Photograph of upper overbank packages onlapping onto the canyon wall (Bocana Roja Fm.) and planed off by the overlying El Gallo Fm. (D) Photograph of beds within the lower overbank packages. Beds have been overturned with proximity to MTDs, which were caused by canyon margin failure. (E) Photograph of lower overbank thin-bedded packages which have been rotated due to lateral migration of the channel axis. Location of the panel is shown in Figure 2B. Rose diagrams are orientated with respect to the panel.

**Figure 10.** Composite log, bed type proportions and representative photographs through the upper overbank section (Stage 2). (A) TFD 3 bed containing LABWs overlain by a TFD 1 bed containing mud-rich current ripples. (B) TFD 1 beds comprising a basal division of mud-rich current ripples before passing into a division of longer, thinner low-amplitude bed-waves and starved ripples. (C) TFD 1 beds with large mud-rich ripples. (D) ITD bed showing reworking of a (sand-rich) sediment gravity flow deposit by internal tides, characterised by ‘rhythmic’ thin-thick lamination and starved ripples. (E) TFD 2 beds, demonstrating sandstone-mudstone banded sets and mud-rich ripples. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; MTD, mass-transport deposit; LABW, low-amplitude bed-wave.

**Figure 11.** Bed-scale correlation panel of a representative 2-metre section from the upper overbank highlighting the across-strike distribution and lateral transitions of the different bed types over a distance of 100-200 metres. HDT, high-density turbidite; LDT, low-density turbidite; TFD, transitional flow deposit; ITD, internal tide deposit; MTD, mass-transport deposit.

**Figure 12.** Conceptual diagram of a canyon setting, showing the locations where different flow transformations and bed types are expected to form. (A) Lower overbank stage where high-magnitude, erosional flows are the dominant process. (B) Lower overbank stage where lower magnitude flows are affected by complex canyon topography. (C) Upper overbank stage, where canyon widening creates

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