

1 **Title:** Influence of floods, tides, and vegetation on sediment retention in Wax Lake Delta, LA,
2 USA

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32 **Key Points**

- 33 1. Use numerical modeling to analyze sediment retention on a delta for various flood-wave
34 magnitudes, tidal amplitudes, and vegetation extents
35
36 2. Vertical accretion increases with flood size, but sediment retention decreases, and tides
37 increase retention during large floods
38
39 3. Vegetation reduces accretion and sediment retention on the delta due to the greater
40 influence of buffering effect versus the trapping effect

41 **Abstract**

42 Sediment is the most valuable natural resource for deltaic environments, and to build new land
43 sediment must be retained in the delta instead of being transported offshore. Despite this, we do
44 not know what controls sediment retention within a delta. Here we use a calibrated numerical
45 model of Wax Lake Delta, LA, USA to analyze sediment retention for different flood-wave
46 magnitudes, tidal amplitudes, and vegetation extents. We only model transport of silt since it
47 comprises most of the incoming sediment load. Our results show that as flood size increases,
48 areally-averaged vertical accretion increases from 0.33 cm to 2 cm, but this comes at a cost
49 because delta-scale sediment retention decreases from 72% to 34%. On a fully vegetated delta,
50 we show that the buffering effect of vegetation reduces island-directed sediment flux by 14 to
51 22% because sediment takes the less resistive path in the channel. When sediment gets onto the
52 islands, the trapping effect of vegetation increases retention by ~10%. But, this is not enough to
53 offset the buffering effect, and vegetation decreases vertical accretion and sediment retention
54 across the delta reduces by up to ~0.5 cm and 6%, respectively. We suggest that vegetation will
55 increase sedimentation only when trapping compensates for buffering. Finally, greater tidal
56 amplitude at higher discharges enhances vertical accretion by ~0.5 cm per flood as compared to a
57 minimum tidal amplitude condition. These results inform how coastal deltaic systems grow and

58 suggest how to operate sediment diversions more efficiently in deltas with reduced sediment
59 supply.

60 **1. Introduction**

61 Sediment retention is a key unknown in the delta building process. Obviously, sediment
62 must be deposited nearshore for delta building to occur, but we know little about what controls
63 how much of the incoming sediment is retained for delta building and how much is transported
64 out of the delta. The simplest way to quantify retention is as the fraction of sediment deposited
65 relative to the total input over a given time interval (Paola et al., 2011). It is critical that we
66 understand the controls on sediment retention because sediment delivery to most deltas is being
67 reduced. For example, on the Mississippi River, the installation of dams has reduced sediment
68 transport downstream and construction of containment levees has limited the overbank flooding
69 and deposition necessary for wetland sustainment (Stanley & Warne, 1993; Syvitski et al., 2005,
70 2007; Yang et al., 2005; Blum & Roberts, 2009; Meade & Moody, 2010). As a result, over the
71 past 80 years this sediment starvation has contributed to the conversion of ~5000 km² of land
72 into open water (Couvillion et al., 2011). Given these losses, it has become widely accepted that
73 coastal restoration in Louisiana must focus on maximizing land building and reducing additional
74 land loss. Despite the reduction in sediment loads to the coast, some river systems still transport
75 enough sediment to build new deltaic wetlands, such as the Atchafalaya and Wax Lake deltas
76 within the greater Mississippi River Delta (MRD) (Roberts et al., 2003; Rosen & Xu, 2013;
77 Carle et al., 2015). Thus, a central component of coastal restoration plans in Louisiana is
78 strategic placement and operation of freshwater and sediment diversions, which emulate the
79 natural processes of crevassing and deltaic land building (CPRA, 2017). Crucially, diverting
80 water and sediment into desired areas does not guarantee land building. Land building will only

81 occur when sediment is retained within the delta, and successful diversions should aim to
82 maximize sediment retention.

83 Sediment retention depends on the processes that supply and remove sediment in a
84 deltaic system. We divide these processes into continuous or episodic. The continuous processes
85 include riverine discharge, the presence of vegetation, tides, and waves. Of these continuous
86 processes, field measurements over days to months indicate that riverine discharge is the primary
87 control of sediment delivery to the system, which is important for eventual sediment retention
88 (Fabre, 2012; Day et al., 2016a; Allison et al., 2017; Keogh et al., 2019). Previous work has
89 shown vegetation enhances sediment deposition and retention in both salt marshes and deltaic
90 freshwater marshes by decreasing water flow velocities, enhancing bed roughness, and directly
91 capturing sediment in the vegetation canopy (Leonard & Luther, 1995; Christiansen et al., 2000;
92 Neumeier & Ciavola, 2004; Gedan et al., 2011; Fagherazzi et al., 2012; Nardin & Edmonds,
93 2014; Nardin et al., 2016; Ma et al., 2018; Larsen, 2019). However, in some instances,
94 vegetation has also been shown to act as a buffer, directing the flow of sediment laden water
95 away from vegetated areas (Nardin & Edmonds, 2014; Nardin et al., 2016; Temmerman et al.,
96 2005, 2007).

97 While we have some sense of how water discharge and vegetation influence retention,
98 relatively little is known about waves and tides. In the paired observational and numerical
99 modeling study by Allison et al. (2017), they determined from fluorescent tracers that retention
100 of the riverine sediments in the West Bay receiving basin was more evenly distributed in space
101 than predicted by the modeling results. Allison et al. (2017) suggested this more even
102 distribution could be due to influence of tides, waves, or wind-driven currents. While Allison et
103 al. (2017) did not measure or model tidal processes, there is conjecture that tides maybe

104 important for sediment retention (Hiatt et al., 2019). Analyses of process connectivity in Wax
105 Lake Delta indicates tidal influence is greatest at the delta shoreline and decreases updelta
106 (Sendrowski & Passalacqua, 2017). However, because Wax Lake Delta is relatively small, the
107 tidal influence could be important because it extends further updelta than in a larger, more
108 heterogeneous system like the MRD. The resuspension of sediment by wind-driven waves has
109 been identified as a key process transporting sediment in shallow bays and estuaries in the MRD
110 (Lane et al., 2007; Wang et al., 2018), resulting in sediment transport in and out of deltaic
111 environments. Additionally, edge erosion by waves can result in degradation of existing deltaic
112 marshes (Day et al., 2011; Mariotti, 2016; Ortiz et al., 2017).

113 The aforementioned processes are more or less continuously operating, and there are
114 other episodic processes, such as hurricanes and seasonal cold fronts, that influence sediment
115 retention in the MRD. Southerly and easterly winds of an approaching cold front can result in a
116 net influx of water into coastal bays and wetlands with resulting inundation of 30-50 cm (Denes
117 & Caffrey, 1988; Childers & Day, 1990). Winds shift to westerly and northerly as cold fronts
118 pass, resulting in rapid drainage of the flooded wetlands. The inundation and draining caused by
119 these cold fronts in autumn and winter results in the transport of sediment, nutrients, and organic
120 matter among coastal bays, adjacent wetlands, and the Gulf of Mexico (Madden et al., 1988;
121 Childers & Day, 1990; Stern et al., 1991; Perez et al., 2000). Despite this, the role of cold fronts
122 in building deltaic land is relatively understudied. However, on WLD Bevington et al. (2017)
123 showed that during a winter cold front season, sediment was eroded from the deltaic islands.
124 Large storm surges associated with hurricanes occurring between June and November can result
125 in significant deposition and erosion of wetlands (Turner et al., 2006; Day et al., 2007). For
126 example, Hurricanes Katrina and Rita resulted in the conversion of ~100 km² of wetlands in the

127 Breton Sound Basin to shallow marsh with erosion of more than 1 m in some areas, while other
128 areas saw 5-10 cm of deposition (Day et al., 2007). Numerical simulations of Hurricanes Katrina
129 and Rita and their impact on the WLD indicate wave action produced significant erosion (Xing
130 et al., 2017). Despite the constructive and destructive force of hurricanes, Smith et al. (2015)
131 reported long-term sediment deposition due to hurricanes to be significantly less than what is
132 supplied by fluvial sources.

133 These continuous and episodic processes also vary in time and space, which has an
134 important influence on retention. This means that the retention fraction depends on the temporal
135 and spatial scales. For example, in a study of the West Bay diversion in the MRD, Allison et al.
136 (2017) reported a riverine sand retention of nearly 100% over two weeks. However, this
137 retention rapidly decreased to 40% after multiple months. This decrease in the retention fraction
138 is likely the result of sediment escaping the system at longer time scales (Xu et al., 2019).
139 Similarly, sediment retention should increase when measured over larger spatial scales, but there
140 is no widely agreed upon definition of the seaward boundary for a receiving basin (Xu et al.,
141 2019). On the temporal side, the seasonal and intra-annual variability of water and sediment
142 discharge strongly influences the magnitude of sediment retention for various years or periods of
143 a given year (Day et al., 2016a,b; Peyronnin et al., 2017). On Davis Pond in the MRD, the
144 sediment retention changed from 44% during winter/spring to 81% during summer/fall (Keogh et
145 al., 2019). The lower winter/spring retention fraction likely results from the higher water
146 velocities observed during that period, keeping more sediment in suspension and decreasing
147 water residence over the basin (Keogh et al., 2019). Keogh et al. (2019) also suggested the
148 seasonally variability in vegetation presence likely increased retention from the winter/spring to
149 summer/fall.

150 Despite these studies, we still lack an understanding of how these forcing mechanisms
151 interact to retain sediment within a delta. This knowledge gap is of theoretical and practical
152 importance, because understanding how these forces interact would inform how coastal deltaic
153 systems grow and help operate planned sediment diversions more efficiently. Field-based
154 approaches have illustrated just how variable sediment retention can be in time and space (Fabre,
155 2012; Day et al., 2016a; Allison et al., 2017; Esposito et al., 2017; Keogh et al., 2019), and an
156 important next step is to study the problem with a numerical model where the data is higher
157 resolution in time and space, and where cause and effect can be more easily isolated. Here we
158 present a calibrated numerical model of Wax Lake Delta built in Delft3D and use it to analyze
159 how sediment retention varies for different flood-wave magnitude, tidal amplitude, and extent of
160 vegetation coverage on the existing deltaic islands. We choose to assess the influence of these
161 three forcing mechanisms because they are continuous in nature, and are the primary drivers of
162 flooding of the deltaic islands. We choose to ignore waves in this study because they are small in
163 the Gulf of Mexico and minimally affect sediment transport around Wax Lake Delta and onto the
164 deltaic islands (Wright & Coleman, 1973,1974). We are interested in how changes in the
165 magnitude of our forcing mechanisms affect sediment retention magnitude and distribution. We
166 calculate the sediment retention for the whole delta and assess the spatial distribution of this
167 retained sediment across subsections (basin, delta front, channels, and islands).

168 **2. Study area**

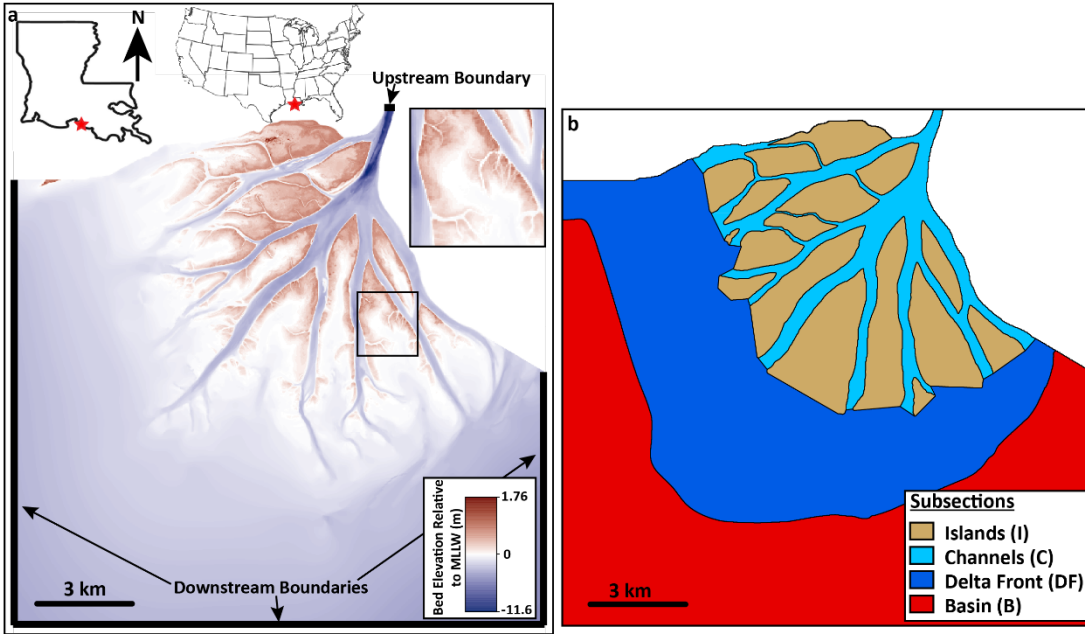
169 The Wax Lake Delta (WLD) is an actively prograding bayhead delta within the greater
170 MRD system. Located at the mouth of the Wax Lake Outlet (WLO), WLD resulted from
171 anthropogenic diversion of the Atchafalaya River in 1941. First becoming emergent in 1973,
172 WLD experienced rapid growth in the following years due to record flooding in 1973 and 1975

173 (Van Heerden & Roberts, 1988). Upon aggrading to an elevation where overlying water was
174 shallow enough, ruderal plant species have colonized the deltaic islands (Carle et al., 2015).
175 WLD has continued to grow vertically and laterally (Roberts et al., 2003; Kim et al., 2009)
176 Rosen & Xu, 2013; Carle et al., 2015; Olliver & Edmonds, 2017) in a coastal wetland system
177 with some of the highest land-loss rates in the world (Gagliano et al., 1981; Day et al., 2000;
178 Couvillion et al., 2011). While perhaps an unintended product of the Atchafalaya River
179 diversion, WLD serves as an example of what the diversions proposed in Louisiana's Coastal
180 Protection and Restoration Authority (CPRA) Master Plan hope to accomplish (CPRA, 2017). Its
181 role as a natural field observatory and use as a template in numerical modeling studies can
182 provide insight into how wetlands in these systems develop and what controls sediment retention
183 in them.

184 **3. Methods**

185 **3.1 Modeling domain**

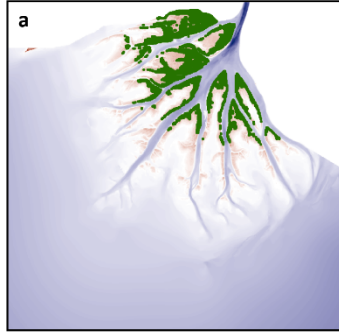
186 To assess the impact of floods, tides, and vegetation on sediment retention within a
187 deltaic system, we constructed a hydrodynamic model of the WLD in Delft3D. Our model of
188 WLD uses a 20 m resolution seamless DEM as the initial bathymetry (Figure 1a). We
189 constructed this DEM using LiDAR data of the subaerial islands collected as part of the USGS
190 Atchafalaya 2 LiDAR campaign (NOAA, 2015), single beam bathymetry of the delta front
191 collected in February 2015 and multi-beam bathymetry in the distributary channels collected in
192 2007, 2009, and 2013 (Shaw et al., 2016; their supplementary material). The 20 m resolution of
193 our seamless DEM captures the primary channel and island features of the delta, and the smaller
194 channels within the deltaic islands (Figure 1a, inset). Our modeling domain has an upstream
195 boundary where we specify the incoming water discharge and suspended sediment and



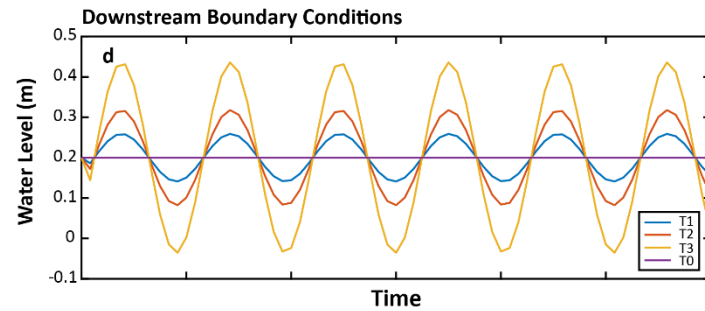
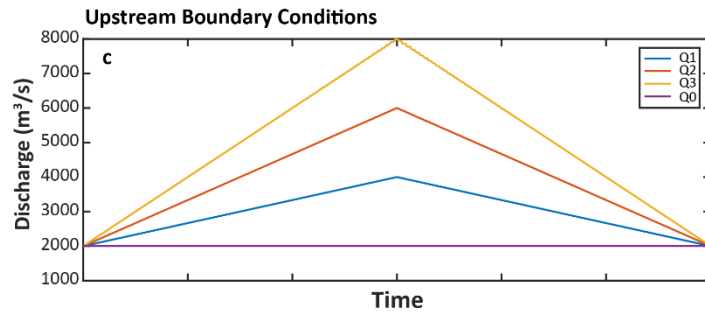
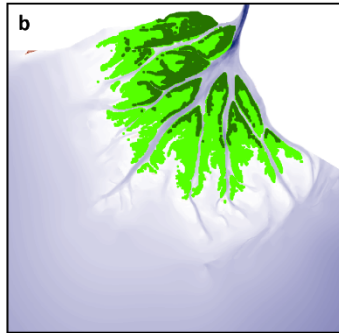
196
 197 Figure 1 – (a) Modeling domain and digital elevation model (DEM) of the Wax Lake Delta, LA, USA. The red star
 198 marks the location of our study area in Louisiana. DEM resolution is 20 m x 20 m and the upstream and downstream
 199 model boundaries are marked by bold black lines. The inset image displays how the DEM resolves the primary
 200 features of the delta and also the smaller channels in the island interiors. (b) Subsections of the modeling domain
 201 used for sediment retention and areally-averaged vertical accretion calculations.

202 downstream boundaries where we specify the water level fluctuations due to tides (Figure 1a).
 203 We populate the island tops with vegetation of consistent height (1 m) and stem density (0.25 m^{-2})
 204 ¹), which is calculated assuming ~ 25 stems per square meter and a stem diameter of ~ 1 cm. The
 205 stem diameter is typical of *Typha latifolia* (Kadlec & Wallace, 2008), a common species in WLD
 206 (Johnson et al., 1985). While our spatial density is lower than the ~ 40 stems per square meter
 207 typical of *Typha latifolia* (Grace, 1989; Miller & Fujii, 2010), this density is an intermediate
 208 value within the range of stem density considered by Nardin et al., (2016). The interaction
 209 between flow and vegetation is governed by the Baptist (2005) formulation. In this study, we use
 210 two vegetated extent maps, which represent the areal vegetation coverage at minimum and
 211 maximum biomass periods of the year, as well as a no vegetation extent map (Figure 2a,b). The
 212 minimum and maximum vegetated extent maps are based on work presented by Olliver &
 213 Edmonds (2017).

Minimum Vegetation Extent (V1)



Maximum Vegetation Extent (V2)

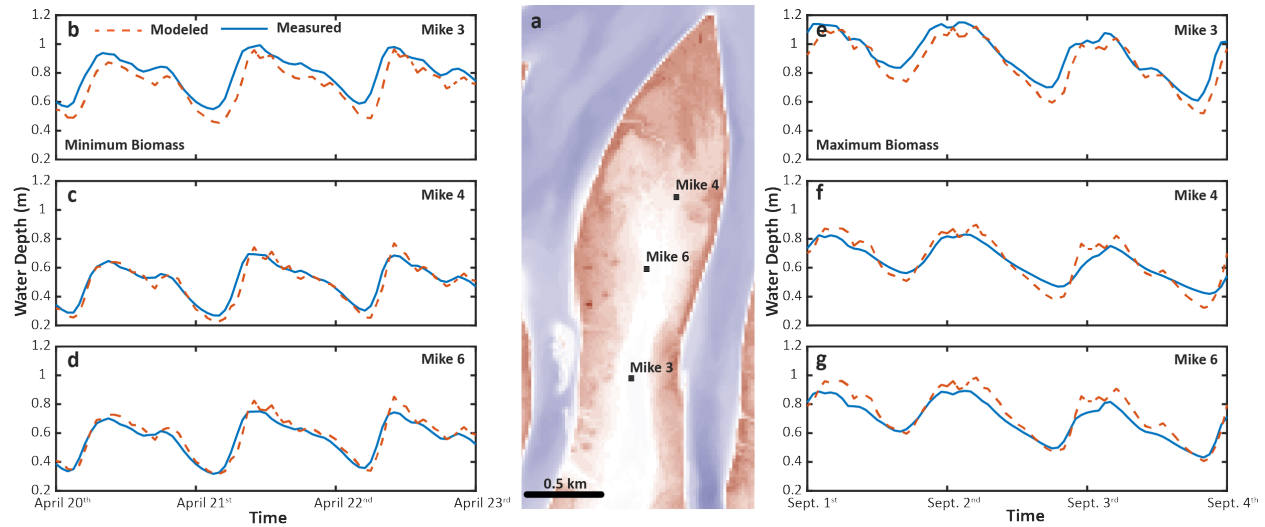


214

215 Figure 2 – (a-b) The extent of vegetation coverage on the deltaic islands with constant vegetation height (1m) and
216 density (0.25 m^{-1}) between and throughout for our minimum (V1) and maximum (V2) vegetation extent runs. (c)
217 The flood waves and (d) tidal amplitudes applied at the upstream and downstream boundary, respectively.

218 3.2 Model calibration and validation

219 We calibrated our model using field-collected water depths from several platforms
220 located in the interior of an island of WLD (Figure 3a). For calibration we used water depths
221 from April and September, representing the minimum and maximum biomass, respectively
222 (Figure 2a,b), from three platforms (Figure 3b-g). The calibration model runs were forced with



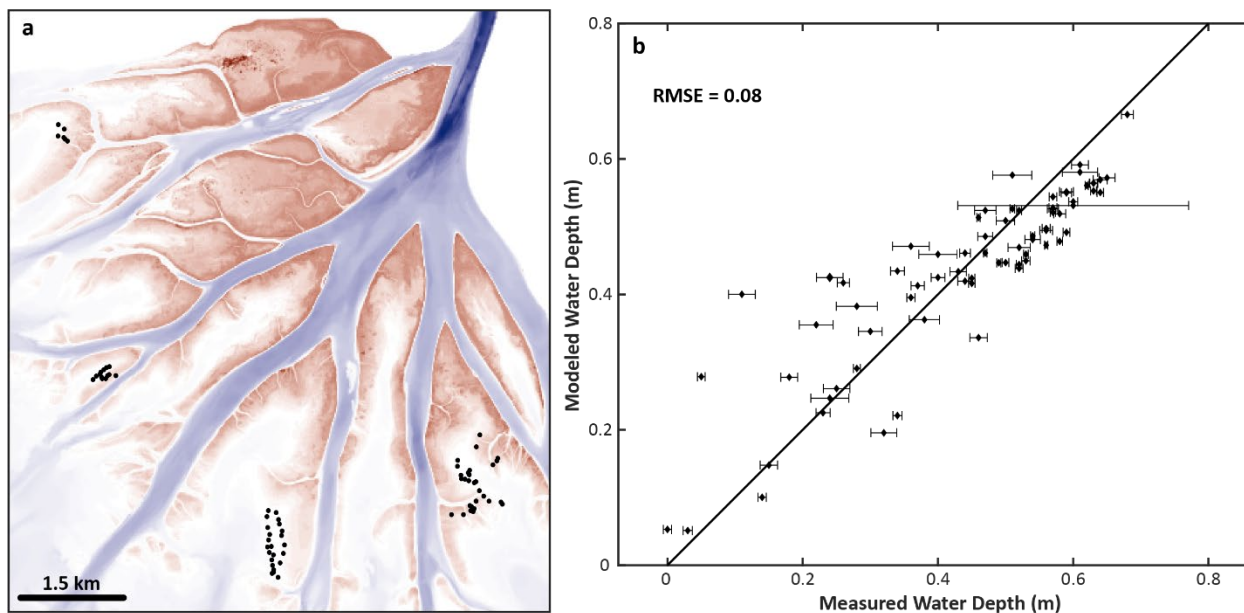
223

224 Figure 3 – (a) Location of the observation platforms within the interior of Mike Island in WLD. Model calibration
 225 results for minimum biomass (b-d) and maximum biomass (e-g) shows good agreement between observed water-
 226 depth data observed (solid line) and modeled (dashed line).

227 the water discharge (USGS Calumet gauge on the WLO; Gauge 07381590) and the tidal water
 228 levels (NOAA Amerada Pass in the Atchafalaya Delta; Gauge 8764227) over the same time
 229 period as the water-depth data was collected. We calibrated the water level in the model to an
 230 average root mean square error of 0.06 m between the measured and modeled data (Figure 3b-g).
 231 We accomplished this by using different Manning’s roughness of $n = 0.01$ for the channels,
 232 unvegetated interdistributary bays, and delta front, and an $n = 0.2$ for areas populated by
 233 subaerial vegetation (dark green area, Figure 2a), and an $n = 0.08$ for the vegetated intertidal
 234 zone (light green area, Figure 2b). We also had to raise the downstream tidal water levels by 0.2
 235 m. This suggests that the gauge in Amerada Pass may not faithfully represent the tidal level in
 236 neighboring WLD nearly 15 km away. This is not surprising given that the gauge is located
 237 within the channel network of the Atchafalaya Delta, and tidal waves are transformed as they
 238 funnel through distributary networks and interact with fluvial discharge (Hoitink & Day, 2016).

239 To validate the model, we compared model output to measured water depths in 72
 240 locations that were not used in the calibration. From August 20th to August 23rd, 2014, we

241 collected water depths at discrete points (Olliver & Edmonds, 2017) (Figure 4a). Using the
242 calibrated model, we ran a simulation over the same time period our water-depth data were
243 collected using upstream water discharge from the USGS Calumet gauge and downstream tidal
244 conditions from Amerada Pass with a 0.2 m increase. We then compared the water depth
245 predicted by the model at the exact time we collected the water-depth data in the field. Our
246 calibrated model predicted water depths with a RMSE = 0.08 m as compared to the observed
247 water-depth data across the deltaic islands (Figure 4).



248
249 Figure 4 – (a) Locations of water depth measurements used for model validation. (b) Measured water depths at
250 locations presented in (a) versus the model-predicted water depths. Solid black line represents a 1:1 fit. Our model
251 accurately predicts water depth to within 8 cm of the observed water depth. The horizontal error bars represent
252 variance of bed elevation within the 20 m cell in which each data point is located as determined using the original 5
253 m resolution seamless DEM.

254 3.3 Experimental design and choice of boundary conditions

255 Our modeling is designed to understand how incoming flood-wave magnitude, tidal
256 amplitude, and the extent of island vegetation coverage affects sediment retention. One approach
257 would be to drive the model with measured hydrographs from the Calumet gauge, and tidal
258 fluctuations from Amerada Pass, but that introduces additional variables we are difficult to

259 control for, such as hydrograph shape or tidal irregularities. Instead, we designed the boundary
260 conditions to be generically representative of these processes. This way we could smoothly vary
261 the magnitude of these boundary forcings over parameter space, which allows us to more clearly
262 understand cause and effect.

263 In our model runs the flood-wave magnitude varies over four conditions: a no flood wave
264 condition but constant discharge of $2000 \text{ m}^3\text{s}^{-1}$ ($Q0$), to three different triangular flood waves
265 with a base discharge of $2000 \text{ m}^3\text{s}^{-1}$ and peak discharges of $4000 \text{ m}^3\text{s}^{-1}$ ($Q1$), $6000 \text{ m}^3\text{s}^{-1}$ ($Q2$),
266 and $8000 \text{ m}^3\text{s}^{-1}$ ($Q3$) (Figure 2c). The $Q0$ condition is the average base flow during the spring
267 flood period. Our range of peak discharges are an evenly distributed sampling of low, medium,
268 and high magnitude flood discharges based on the range of discharges observed at the USGS
269 Calumet gauge from 1987 to 2018. We simplify the tidal signal to just the semi-diurnal
270 component and vary over it four conditions: no tide but constant base level of 0.2 m relative to
271 MLLW ($T0$) to three semi-diurnal tides with amplitudes of 0.059 m ($T1$), 0.118 m ($T2$), and
272 0.236 m ($T3$) (Figure 2d). The $T0$ condition is the water-level adjustment to our downstream
273 boundary made during model calibration. The range of tidal amplitudes for conditions $T1$ to $T3$
274 are determined from the range of semi-diurnal components measured at the Amerada Pass gauge,
275 which we center on our baseline of 0.2 m relative to MLLW.

276 The sixteen combinations of discharge and tidal conditions were run for three different
277 vegetation conditions for a total of 48 model runs. Vegetated extent of the islands varies from a
278 null condition of unvegetated ($V0$) to minimum ($V1$) and maximum vegetated extent ($V2$) (Figure
279 2a,b). For $V0$, the alluvial bed roughness is $n = 0.01$ everywhere. For $V1$, the dark green areas
280 (Figure 2a) have $n = 0.2$, and for $V2$, the light green areas have $n = 0.08$ (Figure 2b). All other
281 areas in $V1$ and $V2$ have $n = 0.01$. Vegetation, where present, always has a constant height (1 m)

282 and stem density (0.25 m^{-1}). This choice is clearly a simplification because, although vegetation
283 communities are more complex, we simplified the height and density so that we could focus on
284 how vegetation extent affects sediment retention.

285 We introduce silt ($59 \text{ }\mu\text{m}$) and freshwater at the upstream boundary over the duration of
286 the model runs. The basin is assumed to contain freshwater throughout the run. The
287 concentration of silt suspended silt is set by an empirically-derived relationship between
288 discharge and suspended sediment concentration from data collected in the WLO by the USGS
289 (Figure A1). We only consider the silt fraction and ignore sand because silt makes up $\sim 91\%$ of
290 the sediment entering WLD (Shaw et al., 2013). In addition, since the system is relatively mature
291 the islands are nourished primarily by silt that is carried higher in the water column, as opposed
292 to the sand that remains in the channels. We set a grain settling velocity of 3 mm s^{-1} . Using
293 Ferguson and Church (2004) this corresponds to an unflocculated grain size of $59 \text{ }\mu\text{m}$. Based on
294 this settling velocity, we set the critical bed shear stress for sedimentation to 0.01 N m^{-2} . This
295 corresponds to a shear velocity of approximately 3 mm/s , in this way when the bed shear stress is
296 below this value, grain settling exceeds the shear velocity and sedimentation can occur. For
297 simplicity, we eliminate the possibility of erosion or re-suspension of the silt after deposition by
298 setting the critical bed shear stress for erosion at 100 Nm^{-2} , though tests for select model runs
299 indicate this does not change the results. Delf3D calculates suspended load transport by solving
300 the diffusion-advection equation. As we use cohesive sediment in our model, the Partheniades-
301 Krone formulations for erosion and deposition were used (Partheniades, 1965). In Delft3D we
302 set out minimum depth for sediment calculation to 0.1 m . We ran our models for three days
303 model time, with a morphological scale factor of 20 applied so the runs represent 60 days of bed
304 evolution. This 60-day period represents the median duration of a flood pulse down the WLO

305 based on visual inspection of the Calumet gauge discharge records for the winter/spring flood
306 seasons from 1987 to 2018.

307 We assessed how the silt moves through the deltaic system by dividing the modeling
308 domain into four subsections based on hydrological and ecogeomorphic attributes: the
309 distributary channel network (C), deltaic islands (I), delta front (DF), and the basin (B) (Figure
310 1b). The boundary between the channel network and island areas is the wet/dry boundary at the
311 bankfull discharge of $\sim 2000 \text{ m}^3\text{s}^{-1}$. We consider the boundary between each island and the delta
312 front to be the minimally convex hull spanning the two most distal points of vegetated area at
313 maximum biomass. This boundary also roughly coincides with the 0 m relative to MLLW
314 elevation contour. The channel-delta front boundary was defined as a series of minimally convex
315 hulls spanning from the two most distal points of vegetated areas of neighboring islands. Finally,
316 the basin-delta front boundary is set at the -2 m relative to MLLW elevation contour based on
317 work presented by Geleynse et al. (2015).

318 **3.4 Analyses of model runs**

319 For our analyses, we calculate four different quantities that describe retention at different
320 scales. First, we calculate the porosity-adjusted volume of sediment deposited in each subsection
321 ($D_{subsection}, \text{m}^3$) relative to the total incoming silt measured at the upstream boundary (D_o, m^3), a
322 term we refer to as delta-scale retention ($F_{subsection}$) (Equation 1):

$$323 \quad F_{subsection} = \frac{D_{subsection}}{D_o} * 100 \quad (\text{Equation 1})$$

324 Delta-scale, in this sense, refers to the total incoming sediment flux at the upstream
325 boundary and subscript *subsection* refers to one of the four subsections in Figure 1b. Second, for

326 only the islands, we calculate the total incoming silt onto the islands ($D_{o,I}$, m^3) relative to D_o , a
327 term we refer to as potential delta-scale retention on the islands ($F_{I,P}$) (Equation 2):

$$328 \quad F_{I,P} = \frac{D_{o,I}}{D_o} * 100 \quad (\text{Equation 2})$$

329 $D_{o,I}$ is calculated by finding the component of the sediment flux vector perpendicular to the
330 boundary of the island for each model grid cell and summing them all. Third, we calculate the
331 total porosity-adjusted volume of sediment deposited on the islands (D_I , m^3) relative to $D_{o,I}$,
332 which is the island-scale retention (f_I) (Equation 3):

$$333 \quad f_I = \frac{D_I}{D_{o,I}} * 100 \quad (\text{Equation 3})$$

334 The areally-averaged vertical accretion on the islands resulting from this silt retention was also
335 calculated ($\overline{\Delta d}_I$, cm) (Equation 4):

$$336 \quad \overline{\Delta d}_I = \frac{D_I}{A_I} * 100 \quad (\text{Equation 4})$$

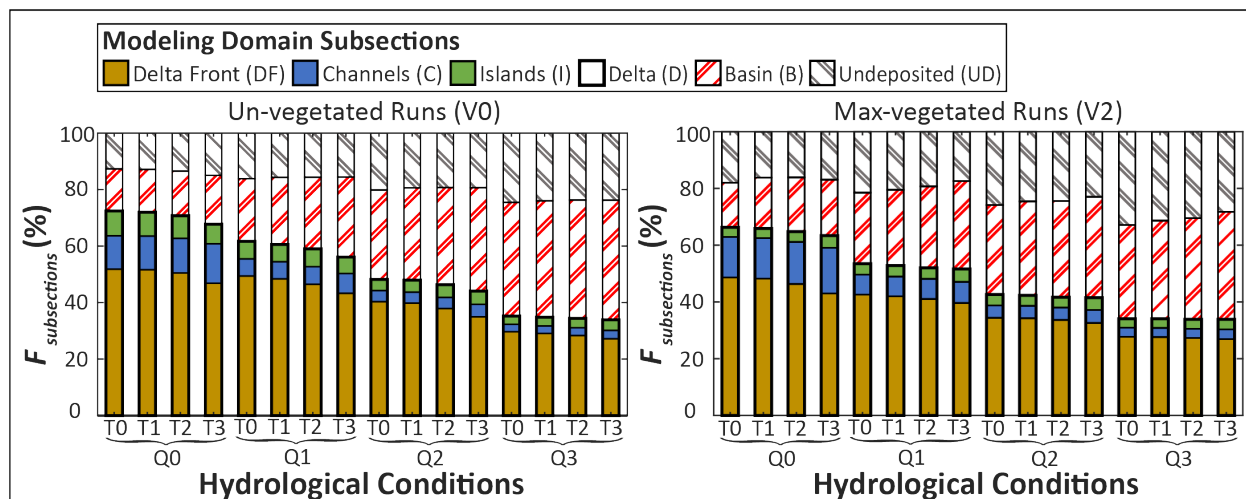
337 where A_I (m^2) is the total area of the islands.

338 **4. Results**

339 The results presented here focus on model runs using the $V0$ and $V2$ vegetated extents
340 (Figure 2a,b). We conducted runs using the $V1$ extent, but as we discuss later, these results are
341 nearly identical to $V0$ (Table 1). Here we show results illustrating how retention varies at the
342 delta-scale and as a hydrodynamic drivers of river discharge, and tidal amplitude. The effects of
343 vegetation are discussed in the sections of river discharge and tidal amplitude.

344 **4.1 Delta-scale retention**

345 The percentage of silt retained within all the delta subsections ($F_D = F_I + F_C + F_{DF}$) across
 346 our test parameters decreases from 72 to 34% (unvegetated, $V0$) and from 66 to 34% (max-
 347 vegetated, $V2$) with increasing flood-wave magnitude ($Q0$ to $Q3$) (Figure 5). In fact, increasing
 348 Q decreases the proportion of sediment in the topset ($F_I + F_C$) while the proportion retained in
 349 F_{DF} increases (Figure 5, Table 1). This occurs because at higher Q the higher flow velocities



350
 351 Figure 5 – Delta-scale silt retention (F) for each modeling domain subsection for each of our (a) unvegetated ($V0$)
 352 and (b) max-vegetated ($V2$) runs. Along the x-axis, each grouping of four is a flood wave condition ($Q0-3$), with
 353 each bar in a grouping a tidal condition ($T0-3$). On the y-axis, the bars are divided into the proportional amounts of
 354 D_o for each given run retained in each domain subsection. The undeposited subsection represents the proportion of
 355 D_o that has exited the domain or remains in suspension at run conclusion.

356 cause sediment to bypass the delta topset. As a result, silt retention in the basin (F_B) increases
 357 with Q from 15 to 42% ($V0$) and 16 to 38% ($V2$). The proportion of D_o that exits the domain at
 358 the downstream boundary or remains in suspension when the run ends (F_{UD}) also increases from
 359 13 to 24% ($V0$) and 18 to 28% ($V2$) with increasing Q (Figure 5, Table 1).

360 An increase in tidal amplitude ($T0$ to $T3$) reduces delta-scale retention, F_D , by 3 to 5% at
 361 $Q0$, but by only $\sim 1.5\%$ at $Q3$ (Figure 5, Table 1). Most of this reduction is accommodated by
 362 decreasing F_{DF} with increasing Q . But interestingly, F_C and F_I have a more variable response and
 363 show increases or decreases with increasing Q at different vegetative conditions (Table 1).

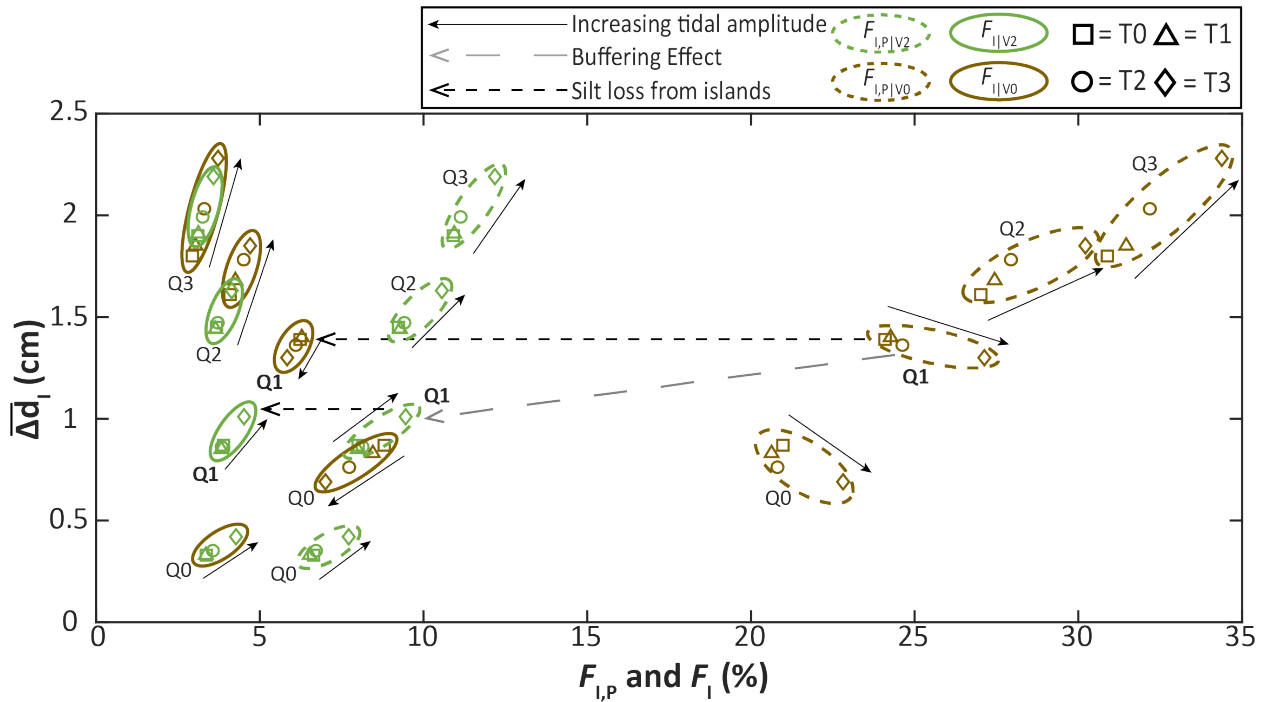
364 The presence of vegetation reduces F_D from $\sim 6\%$ at $Q0$ to $\sim 0.5\%$ at $Q3$ (Figure 5, Table
365 1). Specifically, from $V0$ to $V2$ retention in the delta front (DF) and islands (I) decreases by 1 to
366 4% and 0.5 to 5%, respectively, while retention in the channels (C) increases by 0.5 to 3%.
367 Conversely, vegetation increases retention in the basin (B) from 1 to 5%, as well as the
368 proportion of D_o that remains undeposited (from 2 to 8%). However, regardless of flood-wave
369 magnitude, tidal amplitude, or vegetation, the majority of sediment retained within the delta is
370 deposited in the delta front (52 to 27%), followed by the channels (14 to 3%) and islands (8 to
371 3%) (Figure 5; Table 1).

372 Surprisingly, there is almost no difference in retention for the $V0$ and $V1$ condition across
373 our runs (Table 1). This suggests to us that, as least for the range of parameters considered in this
374 study, the minimal vegetation condition behaves like a completely unvegetated delta.

375 **4.2 The role of flood-wave magnitude**

376 The amount of sediment that flows onto the deltaic islands is an interesting quantity since
377 deltaic islands make up the subaerial landscape, and to keep pace with relative sea-level rise they
378 must be nourished by sediment. $F_{I,P}$ is the proportion of sediment that flows onto the islands and
379 we call it the potential retention because it is the maximum amount of sediment that could be
380 deposited. The difference between the potential retention for the $V0$ and the $V2$ conditions
381 ($F_{I,P}|_{V0} - F_{I,P}|_{V2}$) is a quantity we term as the vegetation buffering effect (Figure 6; length of
382 dashed grey arrow denotes magnitude of buffering effect). For a given vegetation condition, the
383 difference between incoming sediment and deposited sediment ($F_{I,P} - F_I$) is the percentage of silt
384 (relative to D_o) is not deposited, something we term silt loss (Figure 6; length of dashed black
385 arrow denotes magnitude of silt loss). The $F_{I,P}$ and F_I results cluster according to flood-wave

386 magnitude and vegetated extent, and each cluster contains four points that correspond to different
 387 tidal amplitudes (Figure 6; $F_{I,P}$ and F_I clusters outlined by dashed and solid lines, respectively).



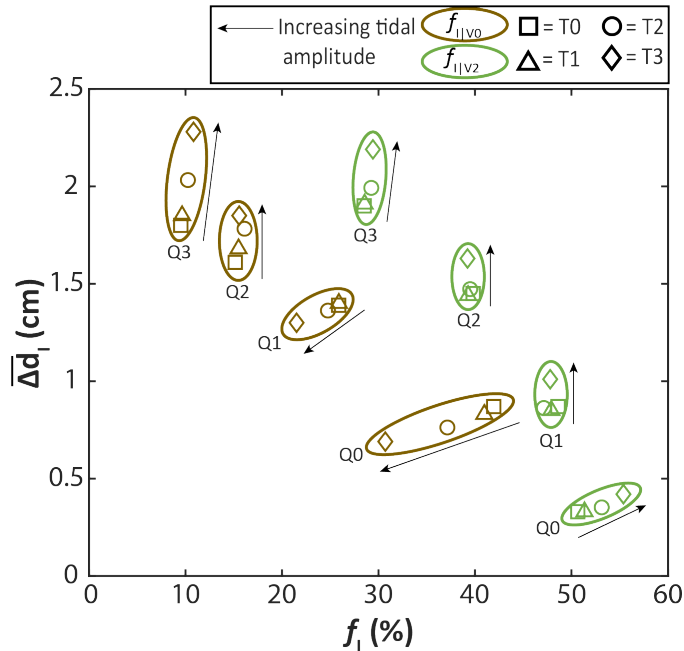
388
 389 Figure 6 – The relationship between sediment retention and accretion at the delta-scale. The data clusters are labeled
 390 by flood wave conditions ($Q0-3$) and outlined by dashed and solid lines for the $F_{I,P}$ and F_I data, respectively. The
 391 brown or green color of the cluster outlines denotes the $V0$ and $V2$ condition, respectively. The dashed grey arrow
 392 denotes the buffering effect, whereas the dashed black arrows denote the loss of silt from the islands. Similar lines
 393 could be drawn along all runs but are omitted for clarity. The solid black arrows alongside each $F_{I,P}$ and F_I grouping
 394 highlights the trend of increasing tidal amplitude.

395 The magnitude of the buffering effect ($F_{I,P}|_{V0} - F_{I,P}|_{V2}$) changes as a function of
 396 discharge. As Q increases, so do $F_{I,P}$ and $\overline{\Delta d}_I$ for both the $V0$ and $V2$ runs because larger floods
 397 transport more sediment onto the islands. However, the $V2$ runs have lower $\overline{\Delta d}_I$, and much lower
 398 $F_{I,P}$, compared to $V0$. Thus, at $Q0$ the buffering effect reduces $F_{I,P}$ by roughly 14%, whereas at
 399 $Q3$ the buffering effect reduces $F_{I,P}$ by about 20% (Figure 6, Table 2). If we view the buffering
 400 effect proportionally then $\frac{Q_{s,I}|_{V2}}{Q_{s,I}|_{V0}} \approx 67\%$ for nearly all runs. The consistency of this proportion is
 401 likely because we do not vary vegetation parameters, such as height and density, among our runs.

402 As Q increases, the percentage of sediment deposited in the islands, F_I , decreases, while
403 $\overline{\Delta d_I}$ increases (Figure 6). This is especially true for the $V0$ condition. This negative trend is
404 opposite of the positive trend for $F_{I,P}$ and this arises because silt loss increases with higher Q
405 (Figure 6; dashed black arrow). Even though $F_{I,P}$ increases at higher Q , there is less retention on
406 the islands because increased water depths and velocities across the islands advect more
407 sediment off them. The data for $V2$ show similar behavior, but the silt loss ($F_{I,P}|_{V2} - F_I|_{V2}$) at a
408 given Q is not as great as $V0$ because vegetation increases sediment retention by decreasing
409 sediment advection off the islands.

410 The tendency of vegetation to increase sediment retention is something we term the
411 trapping effect. Though we do not directly measure the trapping effect, it is the complementary
412 percentage with silt loss (dashed black arrow, Figure 6, Table 2). For both $V0$ and $V2$, the
413 quantity $F_{I,P} - F_I$ increases with Q . But importantly, both the magnitude of silt loss and the
414 increase in silt loss with increasing Q is much greater for the $V0$ condition than for the $V2$
415 condition (Figure 6; Table 2). The consistently smaller decrease from $F_{I,P}$ to F_I for the $V2$
416 condition shows how vegetation contributes to silt retention.

417 To consider the trapping effect more directly, we shift our perspective and consider
418 island-scale retention (f_I), which is sediment deposition relative to the sediment flux onto the
419 islands ($D_{o,I}$) rather than relative to the total sediment entering the deltaic system at the upstream
420 boundary (D_o). From this perspective, vegetation increases retention (~28 to 55%) compared to
421 the unvegetated condition (~9 to 42%) for a given flood-wave magnitude and tidal amplitude
422 (Figure 7). f_I decreases with greater flood-wave magnitude for $V0$ and $V2$, which underscores that
423 while vegetation enhances silt retention on the islands, this trapping effect becomes less effective
424 at higher Q .



425

426 Figure 7 – The relationship between sediment retention and accretion at the island-scale. The data groupings are
 427 labeled by flood-wave conditions ($Q0-3$) and outlined by solid brown and green lines denoting the $V0$ and $V2$ runs,
 428 respectively. The solid black arrow alongside each f_i grouping highlights the trend of increasing tidal amplitude.

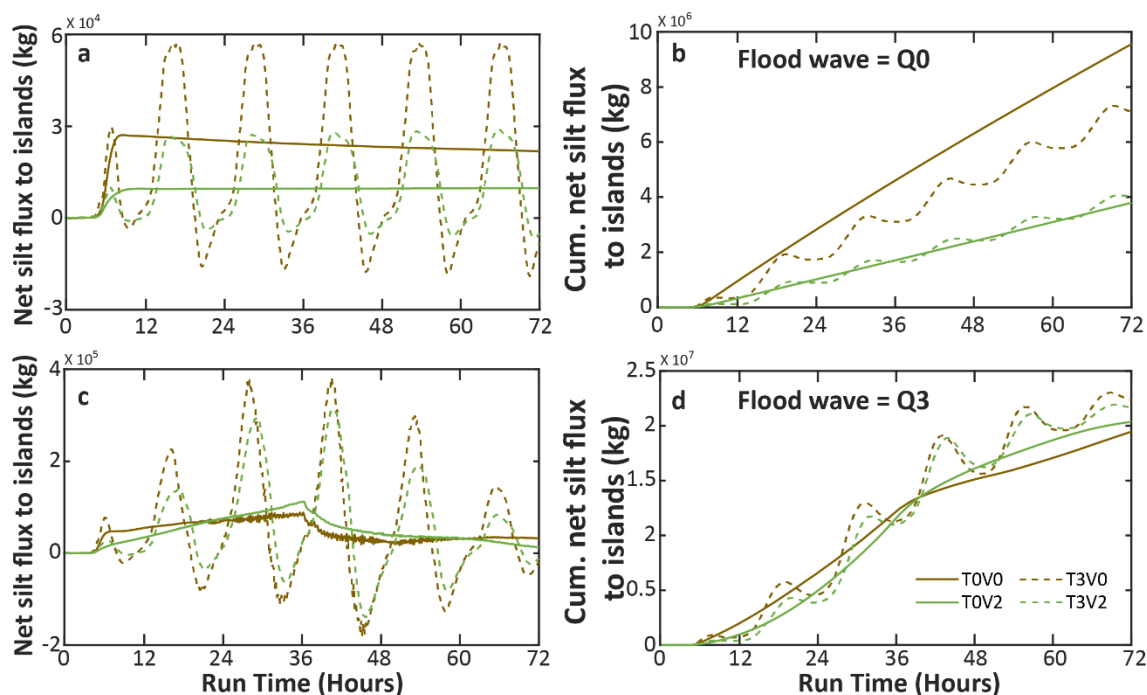
429 4.3 The role of tidal amplitude

430 As already discussed, each Q and vegetation condition cluster contains four points that
 431 correspond to different tidal amplitudes (Figures 6 and 7). Tidal amplitude has a smaller
 432 influence on silt retention over the entire delta (Figure 5) and within the deltaic islands (Figures 6
 433 and 7), compared to flood-wave magnitude or the presence of vegetation. But, the effect of tidal
 434 amplitude is not monotonic; in some cases tides increase retention and in other cases they
 435 decrease it.

436 Regardless of vegetation or flood-wave magnitude, tides increase $F_{I,P}$ by roughly 1 to 3%
 437 for $V0$ and $V2$ conditions (Figure 6). This occurs because greater tidal amplitude increases island
 438 inundation and transports more silt onto the islands. However, as tides recede, they also transport
 439 suspended silt out of the islands and this effect can offset the increase in $F_{I,P}$. Notice that for
 440 most of our runs, greater tidal amplitude results in greater F_I or f_i (Figures 6 and 7). However, for

441 the $V0$ condition at $Q0$ and $Q1$ the opposite is true, and lower tidal amplitude results in greater
 442 silt retention (Figures 6 and 7). This reversal never occurs for the $V2$ condition.

443 This reversal does not occur for $V2$ because the trapping effect of vegetation limits
 444 sediment export from the islands as the tide recedes. To see this, we plot the instantaneous and
 445 cumulative net silt flux from each model timestep (Figure 8). We define net silt flux as the total
 446 silt flux into the islands minus the amount that fluxes out of the islands. At $Q0$ runs with tides in



447 Figure 8 – (a,c) Instantaneous net silt flux to all islands over the course of the runs for the null ($T0$, solid) and max
 448 tidal amplitude ($T3$, dashed) and for the null ($Q0$) and max flood wave ($Q3$). (b,d) Cumulative net silt flux over the
 449 course of the aforementioned runs. Both the unvegetated ($V0$, brown) and vegetated ($V2$, green) conditions for these
 450 flood wave and tidal amplitude end member runs are presented.
 451

452 the absence of vegetation ($T3V0$) result in higher instantaneous net flux compared to the no tide
 453 condition ($T0V0$), but also result in periods of negative instantaneous net flux when more silt
 454 leaves the islands than enters (Figure 8a). When no tide is present ($T0V0$, $T0V2$), the
 455 instantaneous net silt flux remains at a lower but consistently positive value. The cumulative net
 456 silt flux shows that the increased flux during high tide does not offset the sediment exported

457 during low tide, and the result is that tides lower the cumulative flux at $Q0$ and $V0$ conditions
458 (Figure 8b; dashed brown line is below solid brown line). But for the $V2$ conditions, the trapping
459 effect of vegetation reduces silt loss from the islands and the benefit of tides outweighs the
460 detriment, creating a small increase in cumulative net flux (Figure 8a,b; dashed green line is
461 slightly above the solid green).

462 At $Q3$ however, the enhanced silt delivery to the islands offsets the loss caused by tides,
463 even in the absence of vegetation. The $V0$ and $V2$ condition show similar values of net
464 instantaneous flux at high and low tide (Figure 8d). Initially, the cumulative fluxes for all
465 conditions are also similar, but by 60 hours of model runtime the cumulative flux for runs with
466 tides becomes larger than without tides, indicating the net benefit of tides at higher Q (Figure 8d;
467 dashed brown and green lines are higher than corresponding solid lines at the end of the run).

468 **5. Discussion**

469 **5.1 How the competing effects of buffering and trapping govern the vegetation** 470 **sedimentation feedback**

471 One of the prevailing notions in ecogeomorphology is that, all else being equal, the
472 presence of above-ground vegetation on the marsh surface can enhance sediment deposition by
473 reducing turbulence and flow velocities in the water column, which promotes the settling of
474 sediment out of suspension (Leonard & Luther, 1995; Christiansen et al., 2000; Morris et al.,
475 2002; Neumeier & Ciavola, 2004; Kirwan & Murray, 2007; Fagherazzi et al., 2012). This
476 enhanced sedimentation does not always occur because sparse vegetation can increase turbulence
477 and limit deposition (Larsen, 2019). Vegetation also reduces bed shear stress thereby limiting
478 remobilization of sediment following initial deposition (Christiansen et al., 2000; Howes et al.,

479 2010). The tendency of vegetation to enhance sedimentation is often formalized as a positive
480 feedback (Larsen, 2019), especially in models of salt marshes (Kirwan & Murray, 2007;
481 Fagherazzi et al., 2012 and references therein) and fluvial floodplains (Kleinhans et al., 2018 and
482 references therein), where the presence of vegetation, up to a point, causes faster rates of vertical
483 surface accretion. This positive vegetation-sedimentation feedback in our study is manifested as
484 the sediment trapping effect. Another well-documented effect of vegetation is the occurrence of a
485 stress-divergence feedback. As water interacts with an isolated patch of vegetation, the
486 difference of roughness between the vegetation and the smoother bed surrounding it causes stress
487 to diverge and concentrates flow along the patch margins where there is less resistance
488 (Weerman et al., 2010; Temmerman et al., 2005, 2007; Nardin & Edmonds, 2014; Nardin et al.,
489 2016; Larsen, 2019; Yamasaki et al., 2019 and references there in). This can lead to erosion at
490 the patch margin, further concentration of flow, and eventual channelization. While we did not
491 simulate planform development and channelization in our model, this stress-divergence feedback
492 is the mechanism in our runs that creates the buffering effect, which reduces sediment transport
493 onto the islands due to the presence of vegetation (Weerman et al., 2010).

494 The trapping and buffering effects together determine whether vegetation causes an
495 increase or decrease in sedimentation in a morphodynamic system. An interesting result of our
496 modeling experiments is that in all scenarios tested here, vegetation is ultimately a negative
497 feedback and results in less sedimentation ($V/2$ clusters always have equal or less $\overline{\Delta d}_I$ than $V/0$
498 clusters, Figures 6 and 7). This stands in contrast to previous studies where vegetation causes an
499 increase in sedimentation compared to unvegetated conditions (Kirwan & Murray, 2007;
500 Fagherazzi et al., 2012; Larsen, 2019). This arises in our results because the buffering effect is
501 always larger than the trapping effect for our chosen vegetation height and density conditions.

502 The buffering and trapping effects can be tracked on Figure 6 by following the trajectory from
503 $F_{I,P}|_{V0} \rightarrow F_{I,P}|_{V2} \rightarrow F_I|_{V2}$ for any given discharge condition. For example, at $Q1$ $F_{I,P}|_{V2}$ is less
504 than $F_{I,P}|_{V0}$ because of the buffering effect (Figure 6, dashed grey arrow). The amount retained
505 on the islands, $F_I|_{V2}$, is lower than the incoming flux $F_{I,P}|_{V2}$ (Figure 6, dashed black arrows)
506 because some silt is lost from the islands. For $Q0$, $Q1$, $Q2$ the combined effects of buffering
507 ($F_{I,P}|_{V0} \rightarrow F_{I,P}|_{V2}$ dashed gray line) and silt loss from the islands ($F_{I,P}|_{V2} \rightarrow F_I|_{V2}$ dashed black
508 arrow) are always larger than the silt loss for unvegetated conditions ($F_{I,P}|_{V0} \rightarrow F_I|_{V0}$ dashed
509 black arrow Figure 6). Because of this, the $V2$ conditions have smaller F_I and $\overline{\Delta d}_I$ than $V0$
510 conditions.

511 Consistent with general expectations for vegetated surfaces, at $Q1$ the silt loss from the
512 islands ($F_{I,P} \rightarrow F_I$) is greater for $V0$ than $V2$ because vegetation enhances sediment trapping.
513 Interestingly, at $Q3$ for both $V0$ and $V2$, F_I and $\overline{\Delta d}_I$ are nearly identical. This suggests that at high
514 discharge the trapping effect balances out the buffering effect. A reasonable conjecture would
515 then be that at discharges higher than $Q3$ vegetation might result in higher retention and more
516 deposition. While this is sensible, the peak discharge for the $Q3$ condition we model here (8000
517 $\text{m}^3 \text{s}^{-1}$) is nearly the maximum observed discharge at Wax Lake Outlet and does not recur often.
518 Because of this, it seems unlikely that under reasonable hydrologic conditions vegetation will
519 create higher sedimentation on WLD. However, we only used one set of vegetation
520 characteristics in our runs and the interaction of the buffering and trapping effects may vary in
521 relation to these characteristics (Nardin & Edmonds, 2014; Nardin et al., 2016). In addition, there
522 are vegetation effects we do not simulate, such as direct capture (Strumpf, 1983; Yang et al.,
523 2008; Larsen, 2019), which we assume is small compared to direct deposition.

524 Our model results imply the vegetation only enhances deposition over unvegetated
525 conditions if the trapping effect overcomes the buffering effect. This balancing act between
526 trapping and buffering is not usually considered or parameterized in models. This could be, in
527 part, because many studies on vegetation and sedimentation focus on salt marsh environments
528 (e.g., Fagherazzi et al., 2012 and references therein) where the buffering effect is minimized
529 because sediment and water flow into a closed tidal basin. In closed tidal basins, water and
530 sediment enter and exit through the same cross-section, and the presence of vegetation
531 predominately affects the location along the tidal channel network that sediment enters the
532 marsh, but not the total sediment flux onto the marsh surface (Temmerman et al., 2005, 2007). In
533 deltaic marshes, on the other hand, the basin is not closed, and water and sediment can flow onto
534 the marshes, or bypass them completely by flowing through the channel network and into the
535 ocean.

536 Because deltas are not closed basins, an important next step is to map out the conditions
537 where the trapping and buffering effects lead to enhanced or decreased sedimentation. In the runs
538 we only used one set of vegetation characteristics, but previous work on a generic delta suggests
539 that there may be optimal vegetation height and density where the trapping effect is greater than
540 the buffering effect (Nardin & Edmonds, 2014; Nardin et al., 2016). Future work could try to
541 map out buffering and trapping effects relative to one another and define when vegetation-
542 sedimentation feedback in deltaic marshes is positive or negative. An important point to make,
543 however, is that our experiments did not allow for erosion of the substrate or resuspension of
544 sediment following initial deposition. This effectively maximizes the trapping effect, and if this
545 limitation is relaxed then vegetation may produce an even more drastic decrease in
546 sedimentation.

547 **5.2 Operational considerations and trade-offs for sediment diversions**

548 Efforts towards mitigation and reversal of wetland loss in coastal deltaic wetlands, like
549 the MRD, often consider vertical accretion as a measure of success. Because vertical accretion is
550 so important, inorganic sediment is one of the most valuable resources along disappearing
551 coastlines. But, river management structures, like dams and levees, have reduced sediment
552 supply to the coast making it important to achieve vertical accretion of the marsh platform with
553 efficient sediment retention. As one might guess, in river-dominated deltas like the one studied
554 here, big floods lead to significant sediment deposition in the delta and on the islands (Snedden
555 et al., 2007; Kolker et al., 2012; Esposito et al., 2013; Rosenheim et al., 2013; Carle et al., 2015;
556 Shen et al., 2015; Bevington et al., 2017). But, that comes at a tradeoff because as vertical
557 accretion goes up, sediment retention goes down (Figures 6 and 7). Fieldwork by Keogh et al.
558 (2019) showed similar results. Thus, while larger flood waves may enhance vertical accretion of
559 existing wetlands (a desired outcome of sediment diversion construction), it comes at the cost of
560 lower sediment retention in the delta.

561 Based on the fieldwork in the Davis Pond diversion, Keogh et al. (2019) proposed a
562 conceptual model that suggests an optimal discharge range for sediment deposition, beyond
563 which deposition will decrease. Our deposition results for the deltaic islands do not follow this
564 conceptual model because deposition increases monotonically up to the highest magnitude flood
565 wave WLD is likely to experience. The inconsistency between our results and the Keogh et al.
566 (2019) conceptual model may be due to the differences in the scales of sediment retention
567 discussed. Our results focus on deposition within the deltaic islands, while Keogh et al. (2019)
568 considers deposition within the entire David Pond basin. Additionally, Keogh et al. (2019)
569 developed the conceptual model based on data extrapolated from limited data (average

570 discharges for winter/spring and summer/fall for one year), which lie on the lower end of the
571 discharge range for the diversion. Thus, our results indicate for the WLD system higher rather
572 than intermediate discharges should be considered for diversion operations if the goal is to
573 maintain or aggrade existing wetlands.

574 Timing of operations is another important factor to consider when seeking to maximize
575 land-building potential of a sediment diversion. Peyronnin et al. (2017) suggested operational
576 strategies for the Mid-Barataria Sediment Diversion by identifying periods of the annual
577 hydrograph during which diversion operations would maximize land building while seeking to
578 limit detrimental impact to the existing ecosystem. Focusing diversion operations in the winter
579 and/or early spring to take advantage of the higher concentration of sand, silt, and clay typically
580 carried by the first peak of the water year (Peyronnin et al., 2017; Allison et al., 2012).
581 Operations later in the year should seek to operate the diversion on the rising limb of flood peaks
582 in order in order to capture as much sediment in the diversion as possible, per unit of freshwater
583 entering the diversion (Peyronnin et al., 2017). Additionally, Peyronnin et al. (2017) suggested
584 winter operation while vegetation is senesced could reduce vegetation stress and loss from
585 prolonged flooding. Our study further supports that operations be focused in the winter/early
586 spring period of the year, because during this period of the year larger magnitude discharges
587 occur and vegetation is senesced; both conditions create greater vertical accretion of existing
588 wetlands (Figures 6 and 7). However, it should be kept in mind, as stated earlier, maximizing this
589 vertical accretion will come at the cost of sediment retention due to greater throughput to the
590 basin. While more work is required on the subject, we note the suggestion by Peyronnin et al.
591 (2017) that cold fronts during the winter/spring could help maximize sediment resuspension and

592 transfer back onto wetland surface from the basin, which could help improve sediment retention
593 and further improve vertical accretion.

594 Finally, while perhaps the smallest influence considered in our study, our results show
595 tides have an important impact on sediment retention and deposition, even in the face of high
596 discharges (Figures 6 and 7). Consider that at $Q3$ for the $V0$ condition, the $T3$ amplitude results
597 in a ~ 0.5 cm increase in $\overline{\Delta d_I}$ compared to $T1$. Thus at higher Q , tides enhance deposition with
598 minimal change to retention (Figures 6 and 7). In this way, if diversion operations are timed with
599 higher spring tides it could create more vertical accretion. Furthermore, larger tidal amplitudes
600 also may help mitigate sediment loss from the deltaic system by reducing higher flood velocities
601 that move sediment into the basin (Wright, 1977). F_{DF} decreases with greater tidal amplitude,
602 suggesting this reducing effect fails to retain more sediment on the distal edge of the delta (Table
603 1). However, F_B increases, while F_{UD} decreases with greater tidal amplitude, indicating greater
604 tidal amplitudes may be helping to retain more sediment in the basin adjacent to the delta and
605 possibly contribute to reduced transport of sediment offshore (Table 1). Finer spatial analyses of
606 where within the basin this retained sediment is deposited would help clarify this. It should also
607 be noted our delineation of the delta front/basin boundary was only one of various possible
608 definitions. A different boundary definition may place the boundary further seaward, resulting in
609 different F_{DF} and F_B trends, and thus points to the need for standardization and wide application
610 of the definition for the delta front/basin boundary in future studies.

611 **6. Conclusion**

612 In this study we used a calibrated numerical model of the Wax Lake Delta (WLD) to
613 consider how river discharge, tidal amplitude, and vegetation extent influence sediment
614 retention. The most important factor for sediment retention is river discharge because that is the

615 primary supplier of sediment. As discharge increases, vertical accretion of existing wetlands
616 increases, but sediment retention, relative to the total incoming flux, across the whole delta
617 decreases from 72 to 34% because more sediment bypasses the delta to the basin. This highlights
618 an important tradeoff for sediment-starved deltas: enhanced deposition comes at the expense of
619 lower retention.

620 We find that in all scenarios tested here vegetation is ultimately a negative feedback and
621 results in less vertical accretion of the islands and lower sediment retention than if vegetation is
622 not present or senesced. This occurs because of the interaction of the buffering and trapping
623 effects of vegetation. Buffering reduces sediment flux onto islands, whereas trapping enhances
624 deposition, and in our run the buffering effect is always greater than trapping. But, we only
625 modeled one vegetation condition and more study is needed to consider how variations in
626 vegetation height and/or density alter this outcome.

627 Larger tidal amplitudes increase vertical accretion at higher discharges and they may help
628 to reduce sediment bypass to the basin. Thus, our findings indicate timing of diversion operations
629 during higher amplitude tides, in the winter/spring months when discharges are typically higher
630 in the MRD system and vegetation is senesced may be best for maximizing vertical accretion of
631 existing wetlands.

632

633

634

635 Table 1 – Delta-scale silt retention ($F_{subsection}$) for $V0$, $V1$, and $V2$ conditions. $V0$ and $V2$ data are shown in Figure 5. D = delta (DF + C +I), DF = delta front, C =
 636 delta channels, I = delta islands, B = basin, and UD = undeposited. See Figure 1b for the locations of domains, DF, C, I, and B.

	$F_{DF V0}$	$F_{DF V1}$	$F_{DF V2}$	$F_C V0$	$F_C V1$	$F_C V2$	$F_I V0$	$F_I V1$	$F_I V2$	$F_D V0$	$F_D V1$	$F_D V2$	$F_B V0$	$F_B V1$	$F_B V2$	$F_{UD} V0$	$F_{UD} V1$	$F_{UD} V2$
Q0T0	51.82	49.30	48.67	11.82	14.56	14.26	8.80	8.44	3.36	72.44	72.30	66.29	14.90	15.01	15.66	12.66	12.69	18.05
Q0T1	51.63	49.09	48.19	11.91	14.68	14.36	8.45	8.09	3.35	71.99	71.85	65.91	15.13	15.34	17.95	12.87	12.81	16.14
Q0T2	50.47	48.01	46.34	12.27	15.11	14.81	7.74	7.44	3.58	70.48	70.55	64.73	16.03	15.99	19.15	13.49	13.46	16.12
Q0T3	46.84	44.42	42.98	14.01	16.95	16.07	7.01	6.65	4.27	67.85	68.01	63.32	17.19	17.04	19.78	14.96	14.94	16.90
Q1T0	49.40	48.92	42.56	6.07	6.83	7.05	6.23	6.19	3.89	61.70	61.94	53.50	22.14	21.47	25.03	16.16	16.59	21.47
Q1T1	48.40	47.90	42.00	6.05	6.76	6.98	6.28	6.24	3.83	60.73	60.90	52.81	23.58	23.03	26.69	15.69	16.07	20.51
Q1T2	46.48	46.01	41.07	6.24	6.89	7.09	6.11	6.03	3.85	58.84	58.93	52.01	25.55	25.23	28.69	15.61	15.84	19.30
Q1T3	43.30	42.96	39.64	6.97	7.46	7.44	5.84	5.74	4.52	56.10	56.16	51.60	28.37	28.13	30.96	15.53	15.71	17.43
Q2T0	40.34	40.28	34.44	3.94	4.03	4.34	4.09	4.07	3.68	48.38	48.37	42.46	31.48	31.61	31.66	20.14	20.02	25.88
Q2T1	39.81	39.75	34.31	3.91	3.97	4.34	4.25	4.21	3.65	47.97	47.93	42.29	32.62	32.62	33.14	19.41	19.46	24.56
Q2T2	37.88	37.83	33.68	3.98	4.07	4.39	4.52	4.49	3.73	46.38	46.39	41.80	34.35	34.14	33.77	19.27	19.47	24.43
Q2T3	34.96	35.03	32.62	4.39	4.41	4.59	4.70	4.64	4.14	44.05	44.08	41.35	36.61	36.36	35.68	19.34	19.56	22.97
Q3T0	29.65	29.67	27.75	2.66	2.65	3.23	2.94	2.84	3.11	35.24	35.16	34.09	40.24	40.34	33.00	24.52	24.50	32.91
Q3T1	29.06	29.11	27.63	2.68	2.64	3.24	3.04	2.94	3.12	34.78	34.69	34.00	41.27	41.43	34.66	23.95	23.87	31.34
Q3T2	28.38	28.40	27.30	2.71	2.68	3.29	3.32	3.22	3.27	34.41	34.30	33.85	41.87	41.87	35.67	23.73	23.83	30.48
Q3T3	27.21	27.30	26.92	2.96	2.87	3.40	3.72	3.65	3.58	33.89	33.81	33.90	42.34	42.20	37.84	23.77	23.99	28.25

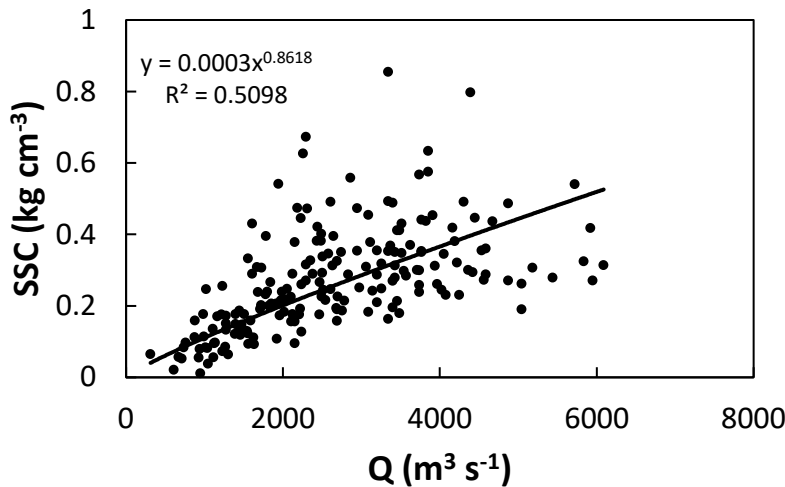
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645 Table 2 – Average vertical accretion, and delta-scale (F) and island-scale (f) sediment retention for the $V0$ and $V2$ conditions. These data are plotted in Figures 6
 646 and 7.

	$F_{L,P V0}$	$F_{L,P V2}$	Buffering effect $F_{L,P V0} - F_{L,P V2}$	$F_I V0$	$F_I V2$	Trapping Effect $F_{L,P V0} - F_I V0$	Trapping Effect $F_{L,P V2} - F_I V2$	$f_I V0$	$f_I V2$	$\overline{\Delta d}_I V0$	$\overline{\Delta d}_I V2$
<i>Q0T0</i>	20.98	6.64	14.33	8.80	3.36	12.18	3.28	41.95	50.65	0.87	0.33
<i>Q0T1</i>	20.63	6.52	14.11	8.45	3.35	12.18	3.17	40.97	51.35	0.83	0.33
<i>Q0T2</i>	20.82	6.73	14.09	7.74	3.58	13.08	3.15	37.19	53.18	0.76	0.35
<i>Q0T3</i>	22.81	7.72	15.10	7.01	4.27	15.80	3.45	30.70	55.38	0.69	0.42
<i>Q1T0</i>	24.09	8.00	16.09	6.23	3.89	17.86	4.11	25.87	48.60	1.39	0.87
<i>Q1T1</i>	24.27	7.99	16.28	6.28	3.83	17.99	4.16	25.89	47.90	1.40	0.85
<i>Q1T2</i>	24.64	8.15	16.48	6.11	3.85	18.53	4.30	24.81	47.18	1.36	0.86
<i>Q1T3</i>	27.13	9.45	17.67	5.84	4.52	21.29	4.93	21.51	47.79	1.30	1.01
<i>Q2T0</i>	27.02	9.24	17.79	4.09	3.68	22.93	5.56	15.15	39.81	1.61	1.45
<i>Q2T1</i>	27.44	9.28	18.16	4.25	3.65	23.19	5.63	15.50	39.28	1.68	1.44
<i>Q2T2</i>	27.95	9.43	18.53	4.52	3.73	23.43	5.70	16.17	39.55	1.78	1.47
<i>Q2T3</i>	30.21	10.56	19.65	4.70	4.14	25.51	6.42	15.57	39.22	1.85	1.63
<i>Q3T0</i>	30.88	10.91	19.98	2.94	3.11	27.94	7.80	9.52	28.51	1.80	1.90
<i>Q3T1</i>	31.46	10.94	20.52	3.04	3.12	28.42	7.82	9.65	28.56	1.85	1.91
<i>Q3T2</i>	32.20	11.15	21.05	3.32	3.27	28.88	7.88	10.30	29.30	2.03	1.99
<i>Q3T3</i>	34.38	12.18	22.20	3.72	3.58	30.66	8.60	10.83	29.42	2.28	2.19

647

648 **Supplemental Figure**



649
650 Figure A1 – Measured water discharge and suspended sediment concentration observed at the USGS Calumet gauge
651 (Gauge 07381590) in the WLO. We use the empirically derived relationship to set the concentration of silt entering
652 the domain at the upstream boundary of our model runs.

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