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64

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93 **Abstract**

94

95 Climate and ecosystem dynamics vary across timescales, but research into climate-driven
96 vegetation dynamics usually focuses on singular timescales. We develop a spectral analysis-
97 based approach that provides detailed estimates of the timescales at which vegetation tracks
98 climate change, from 10^1 to 10^5 years. We report similarity of vegetation and climate even at
99 centennial frequencies (149^{-1} to $18,012^{-1}$ years $^{-1}$). A breakpoint in vegetation turnover (797^{-1}
100 years $^{-1}$) matches a breakpoint between stochastic and autocorrelated climate processes,
101 suggesting that ecological dynamics are governed by climate across these frequencies.
102 Heightened vegetation turnover at millennial frequencies ($4,650^{-1}$ years $^{-1}$) highlights the risk of
103 abrupt responses to climate change, while vegetation-climate decoupling at frequencies $>149^{-1}$
104 years $^{-1}$ may indicate long-lasting consequences of anthropogenic climate change for ecosystem
105 function and biodiversity.

106

107 **Keywords**

108

109 Spectral power continuum, community turnover, climate variability, dynamic equilibrium, non-
110 linear ecological dynamics, temporal beta diversity, vegetation

111

112 **Manuscript Text**

113

114 Characterizing ecological dynamics across timescales is urgently required to understand how and
115 at what rates ecosystems are likely to respond to anthropogenic climate change. Species and
116 ecosystems differ in their responses to changing climates and these dynamics are timescale
117 dependent (*1–4*). The climate system exhibits two interconnected modes of variability: short-
118 term, stochastic, weather variations that scale to large, autoregressive, climate fluctuations at
119 timescales longer than 100 to 1,000 years (*5, 6*). Yet, most studies of climate-driven ecological
120 dynamics have focused on narrow ranges of timescales (*7*).

121

122 Global networks of ecological and paleontological data (*8, 9*) now enable us to characterize, in
123 ways not previously possible, ecological responses to climate forcing across timescales and
124 modes of climate variability. Former research has shown that fast ecological dynamics track
125 climate change (*10, 11*), while slow dynamics are lagged or decoupled from climate (*12–15*).
126 Ecosystems can also linearly or nonlinearly respond to forcing, with the potential to lead to
127 unexpected species' compositional changes (*16*).

128

129 Here, we focus on the relationships among temperature, precipitation, and vegetation
130 compositional turnover in paleoecological records spanning hundreds to hundreds of thousands
131 of years over the last 600,000 years. To quantify the coupling, decoupling, and scaling of climate
132 drivers and ecological responses across timescales, we create and apply a conceptual and
133 analytical framework rooted in spectral analysis (*17*). Whereas, many time series methods are
134 only capable of examining vegetation-climate coupling at discrete temporal lags, in the
135 frequency domain spectral analysis overcomes this limitation by comprehensively decomposing
136 time series variability into specific timescales of observation. This decomposition is quantified in
137 the power spectrum and provides insights into the relative contributions of different timescales to
138 overall climate or vegetation variability.

139
140 Through this approach, we generate global power spectra of vegetation variability by averaging
141 site-level power spectra for fossil pollen assemblages across a global compilation of 1,321 sites
142 (8, 9), with the densest coverage for the last 20,000 years (Fig. S1, Fig. S2). We compare these
143 global vegetation compositional changes to power spectra of temperature and precipitation from
144 a climate model simulation of the last 21,000 years (TraCE-21ka, Fig. S3, Fig. S4, Fig. S5, Fig.
145 S6) (18, 19). To capture lower-frequency climate variability, we include proxy temperature
146 reconstructions that approximate global climate over the last two million years (20, 21).

147

148 **Paired Spectral Analysis of Climate and Vegetation: Analytical and Conceptual** 149 **Framework**

150

151 The exponential coefficient (β) of the power-law relationship ($S(f) \propto f^\beta$) between spectral power
152 (S) and frequency (f) defines the spectral continuum, quantifies how variance is partitioned
153 across frequencies in power spectra of climate and ecological turnover, and identifies dynamic
154 similarity between these systems across timescales (Fig. S7) (22, 23). If vegetation composition
155 changes in parallel with climate variability, the β s for vegetation should be similar to climate
156 variability. For instance, a shift in low-frequency climate variability will induce a change in
157 vegetation turnover at the same frequencies. However, the drivers of vegetation compositional
158 change vary in relative importance across timescales (Fig. 1): disturbance, biotic interactions,
159 and demographic processes are thought to be more important at short timescales; migration lags
160 and other dispersal limitation, population dynamics, restriction to refugia, and ecosystem
161 transformation dominate at intermediate timescales; and macroevolutionary processes such as
162 speciation and extinction prevail on longer timescales (Fig. 1) (1, 2). These processes modulate
163 vegetation responses to climate and may cause the continuum of vegetation variability to diverge
164 from climate ($\beta_{\text{veg}} \neq \beta_{\text{clim}}$).

165

166 We expect that matching β s for climate and vegetation are likely to emerge at intermediate
167 frequencies ($\sim 1,000^{-1}$ to $100,000^{-1}$ years $^{-1}$) given previous work (10, 11) (Fig. 1). At these
168 intermediate frequencies, the processes regulating assemblage composition can keep up with
169 climate change (10, 11) leading to $\beta_{\text{veg}} = \beta_{\text{clim}}$ (Fig. 1A). Across frequencies when $\beta_{\text{veg}} = \beta_{\text{clim}}$, we
170 infer that vegetation is tracking climate and use the term ‘fast tracking’ (11), even though our
171 methods do not test for causal links.

172

173 The relationship between climate and vegetation dynamics at lower ($< 100,000^{-1}$ years $^{-1}$) and
174 higher frequencies ($> 1,000^{-1}$ years $^{-1}$) remains an open question, as does the frequencies at which
175 the assumption of fast tracking no longer holds (12). High frequencies are particularly crucial for
176 predicting vegetation responses to rapid, anthropogenic climate warming, as they examine how
177 ecological and life-history factors may override the influence of climate variability. The
178 vegetation response at high frequencies may be slow, because trees tend to have lifespans of 10^2
179 to 10^3 years (24), producing larger β in vegetation turnover than in climate (Fig. 1B, $\beta_{\text{veg}} > \beta_{\text{clim}}$).
180 Conversely, disturbance through herbivory, fire, human land use, and disease could increase
181 vegetation turnover at high frequencies decreasing β relative to climate (Fig. 1B, $\beta_{\text{veg}} < \beta_{\text{clim}}$)
182 (25).

183

184 At low frequencies, vegetation dynamics distinct from intermediate and high frequencies may
185 emerge. Climate tracking could persist, as expected at intermediate frequencies (Fig. 1C, $\beta_{\text{veg}} =$
186 β_{clim}), or adaptive evolution could increase species' tolerances to new climate regimes (26),
187 potentially reducing compositional responses to climate forcing. Consequently, vegetation
188 turnover variability would increase minimally relative to climate variations (Fig. 1C, $\beta_{\text{veg}} < \beta_{\text{clim}}$).
189 Conversely, if vegetation responses to environmental forcings are characterized by strong non-
190 linearities (16, 27), variability in vegetation turnover would be high relative to climate (Fig. 1C,
191 $\beta_{\text{veg}} > \beta_{\text{clim}}$).

192

193 **Spectral continuum of vegetation variability**

194

195 To meaningfully compare climate and vegetation turnover we align their spatio-temporal
196 characteristics through downsampling and low-pass filtering the climate model simulations (28).
197 The proxy estimates of global climate variability cannot undergo this processing, resulting in
198 spatiotemporal characteristics that differ from the fossil pollen records. We assess the effects of
199 temporal uncertainty and uneven spatiotemporal coverage of the vegetation turnover data on the
200 averaged power spectra (Fig. 2) by resampling sites and their corresponding posterior age
201 estimates to produce an ensemble of power spectra, estimates of β , and estimates of the
202 breakpoints in β (28). Lastly, we assess the sensitivity of our results to sedimentary (Fig. 2),
203 resolution (Fig. S8), dimensionality reduction (Fig. S9, Fig. S10, Fig. S11, Fig. S12), power
204 spectra and β estimation (Fig. S9, Fig. S10, Fig. S13, Fig. S14), and spatiotemporal sampling
205 biases (Fig. S15, Fig. S16, Fig. S17) and find that our conclusions are insensitive to each (28).

206

207 We find that the spectral continuum of variability in vegetation turnover carries clear similarities
208 to that of the climate system (Fig. 2), yet the relationship to climate varies with frequency. The
209 power spectrum of vegetation turnover appears to follow the climate system across the scaling
210 breakpoint reported in previous studies (5, 6) and also found here, supporting the interpretation
211 that vegetation dynamically tracks the climate system at intermediate frequencies (Fig. 1, Fig. 2,
212 Table S1, 693^{-1} — 649^{-1} years $^{-1}$ for temperature; 691^{-1} — 660^{-1} years $^{-1}$ for precipitation; 862^{-1} —
213 797^{-1} years $^{-1}$ for vegetation turnover) (10). However, unlike temperature and precipitation (5, 6),
214 the vegetation turnover power spectrum has two additional breakpoints, at 149^{-1} years $^{-1}$ (95% CI:
215 154^{-1} , 145^{-1}) and $18,012^{-1}$ years $^{-1}$ ($18,952^{-1}$, $17,254^{-1}$) (uncertainties for all parameters estimated
216 are reported in Table S1). The vegetation turnover power spectra are therefore characterized by
217 four scaling regimes: high frequencies ($< 149^{-1}$ years $^{-1}$); high-intermediate frequencies (149^{-1} to
218 797^{-1} years $^{-1}$); low-intermediate frequencies (797^{-1} to $18,012^{-1}$ years $^{-1}$); and low frequencies ($>$
219 $18,012^{-1}$ years $^{-1}$). The additional breakpoints in the continuum of the vegetation turnover power
220 spectrum found in the global average (Fig. 2) are also found in the spectra of individual time
221 series (Fig. S18), indicating that the patterns are not an artifact of the ensemble approach.
222 Together, these features of the vegetation turnover power spectra provide evidence that the
223 relationship between plant assemblages and climate is timescale-dependent and complex.
224 Ecological communities and climate may co-vary on some timescales but differ in their
225 dynamics on others, which we detail below.

226

227 **Timescales of Ecological Dynamics**

228

229 *Coupled Dynamics*

230
231 We show evidence of climate and vegetation coupling between 149^{-1} to $18,012^{-1}$ years $^{-1}$ (Fig. 2),
232 which is a narrower range of frequencies than previously theorized (10). First, for both
233 vegetation and climate, β s are near zero at frequencies from 149^{-1} to 797^{-1} years $^{-1}$, and ~ 2 at
234 frequencies from 797^{-1} to $18,012^{-1}$ years $^{-1}$. Second, scaling breakpoints are aligned for vegetation
235 and climate between 672^{-1} and 797^{-1} years $^{-1}$ (Fig. 1). This period of vegetation and climate
236 coupling spans the theorized (29) and observed scaling break (5, 6) that separates weather and
237 climate variability and suggests a foundational shift in vegetation turnover from autocorrelated to
238 stochastic at frequencies of ca. 670 to 800^{-1} years $^{-1}$ is related to coupled atmosphere-ocean-
239 vegetation processes (29).

240
241 This finding sharpens our understanding of the frequencies at which plant communities rapidly
242 and dynamically adjust composition and structure in response to climate forcing. Prior theory
243 and the observations of orbital signals in pollen records have led to the widespread agreement of
244 fast tracking of climate by vegetation composition at frequencies of $1,000^{-1}$ to $100,000^{-1}$ years $^{-1}$
245 (10, 11). However, whether vegetation rapidly tracks climate at sub-millennial frequencies (10^{-2}
246 to 10^{-3} years $^{-1}$) was previously unclear, with evidence for and against climate disequilibrium at
247 frequencies of 50^{-1} to 200^{-1} years $^{-1}$ (12, 30). Our work thus expands prior knowledge by
248 suggesting climate tracking by vegetation for frequencies as short as 149^{-1} years $^{-1}$.

249
250 The small $\beta \sim 0$ for vegetation turnover between 149^{-1} to 797^{-1} years $^{-1}$ indicates that variance is
251 equally partitioned across this frequency range and suggests stochastic processes, such as
252 extreme weather events or disturbances, yield small changes in abundance without a wholesale
253 change in vegetation composition (Fig. 2). In contrast, a $\beta \sim 2$ from 797^{-1} to $18,012^{-1}$ years $^{-1}$
254 indicates more variance at lower frequencies and autocorrelated dynamics. These dynamics can
255 result from vegetation directly tracking autocorrelated processes in the climate system or from
256 ecological processes that increase autocorrelation, such as density-dependent processes and
257 priority effects.

258
259 Although the breakpoint for vegetation turnover at 797^{-1} years $^{-1}$ is statistically distinguishable
260 from temperature and precipitation (Table S2), these differences likely reflect the limitations of
261 the approach. The non-random subset of communities recorded by these vegetation assemblage
262 records, our choice of climate model, or biased local/regional spectral estimates from climate
263 models (31) all could affect the precise location of the breakpoint and lead to an apparent offset.
264 However, if this offset between the vegetation and climate breakpoints is real, two hypotheses
265 may explain the brief decoupling of climate and vegetation between frequencies of 676^{-1} — 672^{-1}
266 years $^{-1}$ and 797^{-1} years $^{-1}$: a lag in vegetation response to the transition from low β to higher β
267 weather-climate scaling regimes or the greater importance of non-climatic forcing (such as
268 disturbance regimes) at these frequencies.

269 270 ***Uncoupled Dynamics***

271
272 Vegetation and climate appear decoupled at frequencies higher than 149^{-1} years $^{-1}$ and lower than
273 $18,012^{-1}$ years $^{-1}$. β is 4.34 (3.64, 4.96) for vegetation turnover at the highest frequencies, while
274 for temperature and precipitation, β is -0.24 (-0.29, -0.18) and -0.52 (-0.58, -0.49), respectively
275 (Fig. 2, Table S1). This finding supports prior observations of higher β s in vegetation turnover at

276 these high frequencies (32) but appears sensitive to the amount of weight given to abundant and
277 rare taxa when estimating vegetation turnover with dissimilarity metrics and the fossil pollen
278 record under consideration (Fig. S9). Some combination of taphonomy, sampling, and ecological
279 processes could explain higher β s in vegetation turnover at these high frequencies. Decadal-scale
280 mixing of lake sediments and scale gaps caused by discontinuous sampling of sediments may
281 enhance autocorrelation in vegetation turnover variability from these archives (33, 34). In
282 addition, the large β s at the highest frequencies may result from the long life spans of some
283 plants (e.g. trees, which are well-represented in fossil pollen assemblages), limiting the ability of
284 the full assemblage to track high frequency climate variability due to slow turnover times.
285 Indeed, the median tree lifespan from the International Tree Ring Data Bank (35, 36) is 246
286 years ($n = 4,773$) (Fig. S19). A long lifespan may impart a high β as vegetation turnover would
287 increase approaching the frequency of median tree longevity from increasing mortality.
288 Anthropogenic land use change may also contribute to climate decoupling at high frequencies
289 (37, 38), possibly interacting with tree longevity. Notably, a greater β for vegetation turnover at
290 the highest frequencies is consistent with observations of slow vegetation responses to climate
291 variability and evidence of climate debt (13–15, 39). These slow responses are expected to create
292 mismatches between species' climate preferences and climate and thus reduce organismal fitness
293 and ecosystem function.

294
295 For frequencies lower than $18,012^{-1}$ years⁻¹ ($18,952^{-1}$, $17,254^{-1}$), $\beta = -0.08$ (-0.23, -0.06) for the
296 vegetation turnover power spectrum (Fig. 2). This contrasts with the climate power spectra,
297 which maintain the long-term climate system β s of ~ 2 -3 due to the influence of astronomical
298 forcing (Fig. 2) (40). There are two possible explanations for low β s in vegetation turnover at
299 these low frequencies. First, the community dissimilarity metric we use to quantify vegetation
300 turnover within each time series may reach a maximum value (i.e. metric saturation, Fig. S20)
301 and fail to record turnover beyond a complete replacement of the vegetation assemblage (41).
302 For example, if climate change caused multiple assemblage turnovers (assemblage A replaced by
303 B replaced by C), community dissimilarity metrics will saturate and underestimate the true
304 ecological impact of past climate change, producing an apparent decrease in vegetation turnover
305 with decreasing frequency. Second, fast evolutionary adaptation would increase species tolerance
306 to environmental variation and result in vegetation communities appearing relatively resistant to
307 climate forcing. Although local adaptation cannot be excluded as an explanation, the hypothesis
308 of metric saturation appears sufficient to explain the reduced vegetation turnover variability at
309 low frequencies (Fig. S9).

310 311 **Non-Linearity in the Climate-Vegetation Relationship**

312
313 High spectral power at $4,650^{-1}$ years⁻¹ is unique to vegetation turnover and is absent in the power
314 spectra of the climate proxies and climate simulations we evaluated (Fig. 2, Fig. S3). Climate in
315 the North Atlantic has been argued to contain apparent modes of climate variability at $1,470^{-1}$
316 and $4,670^{-1}$ years⁻¹ (42) and provides a plausible mechanism for forcing vegetation turnover (30,
317 43, 44). However, global compilations of Holocene climate records lack high spectral power at
318 any of these frequencies (Fig. S3)(45), as do the spectra of simulated temperature and
319 precipitation (Fig. 2). This disconnect at the global scale (and in the subset of sites we
320 investigated) between climate and vegetation turnover leads us to hypothesize that relatively

321 subtle or regional millennial-scale climate variations are amplified in the vegetation response by
322 non-linear ecological dynamics (27, 46).

323
324 However, analytical artifacts may also contribute to high spectral power at $4,650^{-1}$ years⁻¹. Most
325 of our records span 20,000 years, with fewer longer records (186 sites, Fig. S1, Data S1). The
326 relatively low number of sites sampled could bias our spatial and environmental coverage at low
327 frequencies, producing a spurious peak in spectral power. Despite these potential artifacts,
328 evidence for nonlinear responses in vegetation assemblages to small environmental changes is
329 well-documented (27). Our observations suggest slow vegetation responses to climate variability
330 at high frequencies alongside high turnover at $4,650^{-1}$ years⁻¹, demonstrating how gradual
331 vegetation changes can be accompanied by abrupt, nonlinear shifts in vegetation assemblages.
332 Hence, even without clear patterns of climate variability in the North Atlantic at this frequency,
333 the vegetation dynamics over the last 600,000 years underscore the potential for abrupt changes
334 in plant assemblages over the coming decades of warming (47).

335

336 **Latitudinal Gradient in Assemblage Dynamics**

337

338 We find that the relationship between vegetation turnover variability and climate variability
339 differs across latitudes. Climatically, the high latitudes experience greater temperature variability
340 than the tropics at all frequencies (5), while the tropics experience greater precipitation
341 variability (Fig. 3). Even though accurately simulating precipitation remains challenging,
342 vegetation turnover appears to resemble temperature, in that tropical sites ($< 23.5^\circ$) have less
343 vegetation variability than extra-tropical sites ($> 23.5^\circ$) (Fig. 3A). In addition, at frequencies of
344 712^{-1} (730^{-1} , 698^{-1}) to $13,885^{-1}$ ($14,495^{-1}$, $13,160^{-1}$) years⁻¹, extra-tropical sites have a β of 2.20
345 (2.16, 2.26) that is similar to those of temperature and precipitation, while tropical sites have a β
346 of 1.30 (1.21, 1.38) (Fig. 3). Thus, tropical vegetation assemblages may be less sensitive to
347 climate forcing across the frequencies investigated, are sensitive to climate forcings other than
348 temperature and precipitation, are affected more by non-climatic factors, or are more stable and
349 resistant to turnover. Along these lines, recent observations show that while net primary
350 production in low latitudes is constrained by solar radiation and precipitation, high northern
351 latitude productivity is limited by temperature (48), suggesting these latitudinal differences in β
352 could result from spatially variable climate controls on vegetation variability.

353

354 **Conclusions**

355

356 Our theoretical framework, based on spectral analyses, provides a new pathway forward to
357 disentangle a fundamental question in ecology: how closely are ecological dynamics coupled or
358 decoupled with environmental dynamics across timescales? The methods shown here are flexible
359 and adaptable to all ecological systems with observational data across a range of timescales.
360 Through this framework, we show that the relationship between vegetation turnover and climate
361 variability is non-linear and timescale-dependent over frequencies from 10^{-1} to $100,000^{-1}$ years⁻¹.
362 The many similarities between vegetation and climate power spectra suggest that vegetation
363 variation is governed by climate variability across intermediate frequencies. Modes of
364 heightened variability in vegetation relative to climate at millennial frequencies underscore the
365 risk of nonlinear and abrupt vegetation responses to current climate change. Conversely, the
366 decoupling of vegetation and climate variability at higher frequencies ($>149^{-1}$ years⁻¹) reinforces

367 concerns that biotic processes will be slow to respond to anthropogenic climate change and
368 changing climate variability (12, 49), leading to delayed and widespread ecological transitions
369 that challenge predicting vegetation responses to current warming.

370

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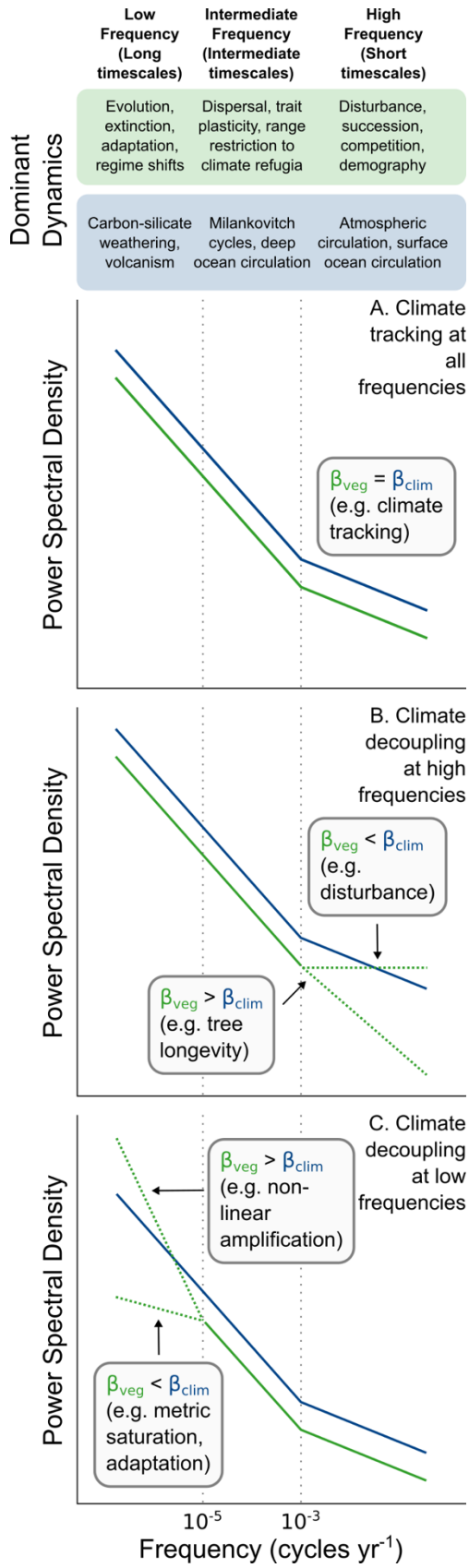
372

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398 **and materials availability:** Data and code needed to reproduce all analyses are available on
399 Zenodo (74).

400

401

402 **Figures**

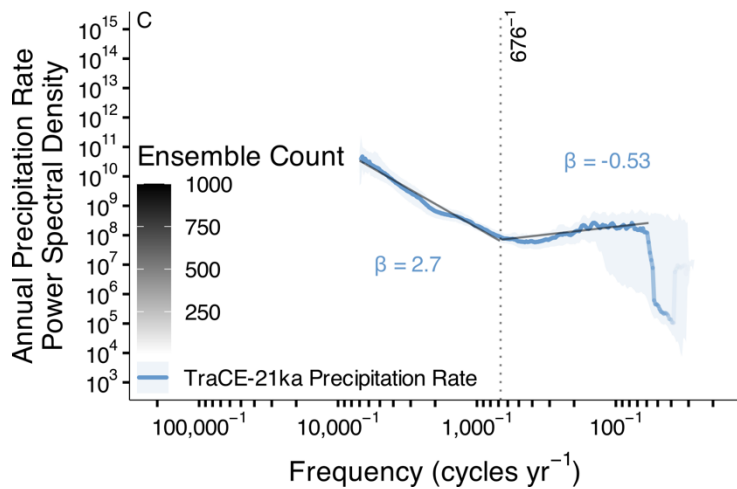
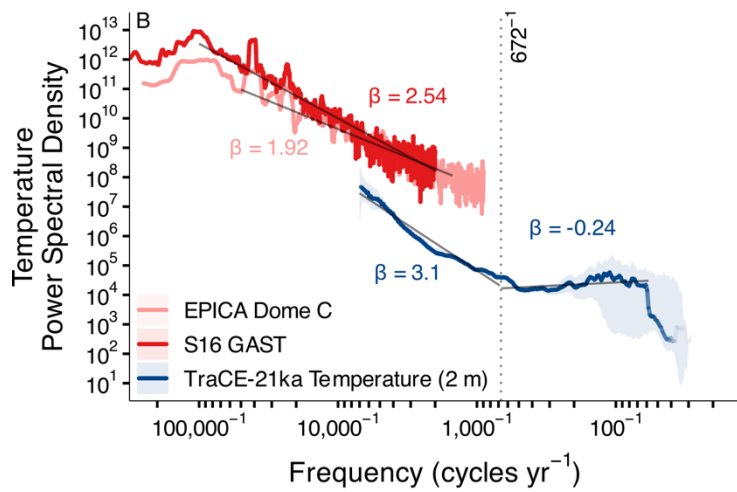
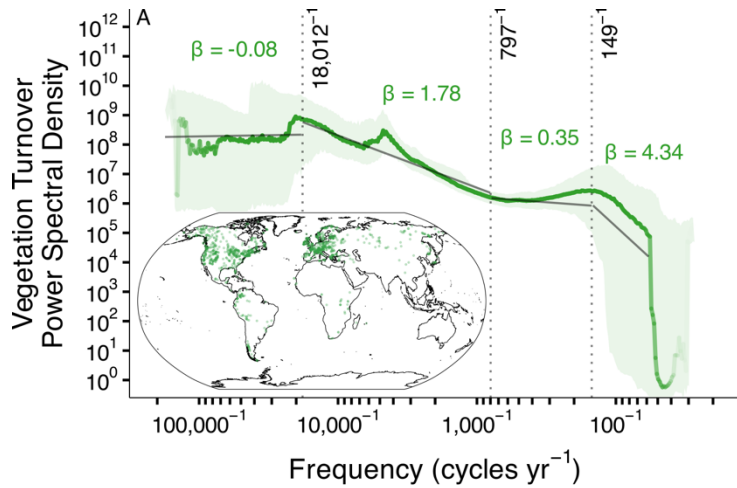


403
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Fig. 1

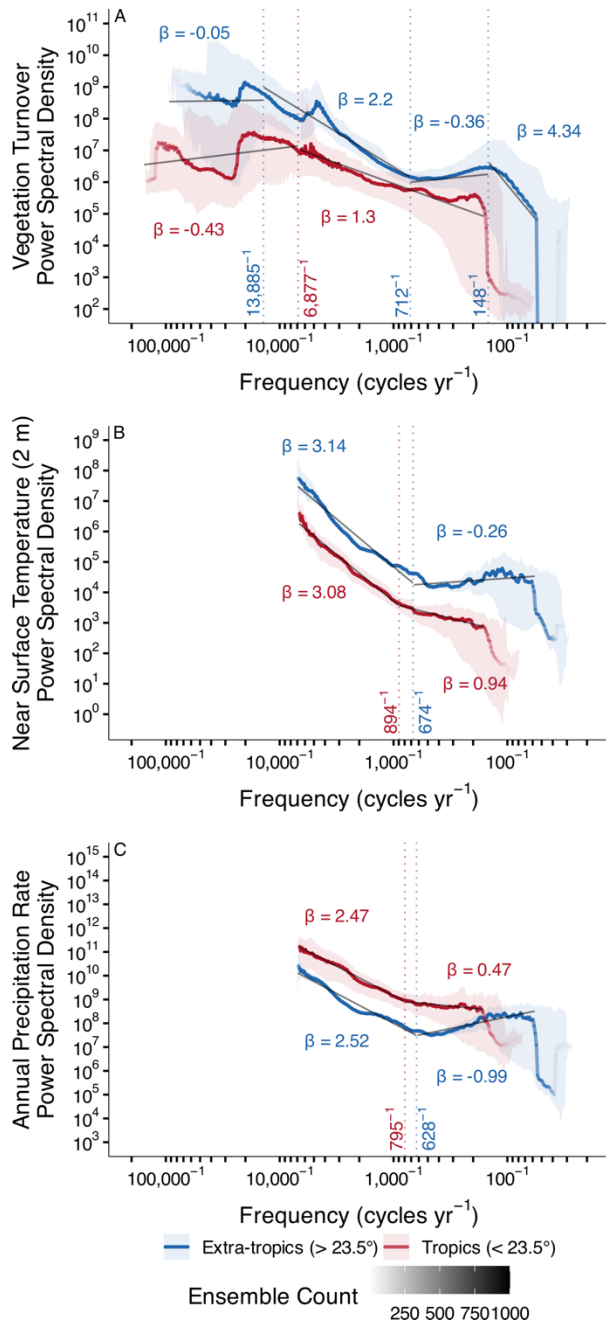
405 **Conceptual framework for eco-climate spectral analyses**

406 A conceptual framework for interpreting the relationship between vegetation and climate using
407 power spectra through the power-law scaling relationship between spectral power and frequency
408 ($S(f) \propto f^\beta$). The blue line corresponds to β for climate variability and the green line corresponds
409 to β for vegetation compositional turnover. The breakpoint in climate spectral power in all three
410 panels is based on prior work that indicates a breakpoint in climate variability at approximately
411 100^{-1} to $1,000^{-1}$ years $^{-1}$ (5, 6). Key characteristics include the slope (β , i.e. continuum) of
412 vegetation turnover relative to climate and the placement of breakpoints (dashed vertical lines).
413 Three scenarios illustrate potential relationships between climate and vegetation. (A) Vegetation
414 composition exhibits linear responses to climate across all frequencies and so the slope of
415 vegetation spectral power parallels that of climate (10). (B) Vegetation linearly tracks climate at
416 intermediate frequencies and low frequencies (10) but is decoupled from climate at high
417 frequencies (50). At high frequencies, a higher β for vegetation than climate suggests that
418 processes such as tree longevity influence vegetation turnover while a lower β for vegetation
419 indicates that disturbance may be a primary control on turnover (25). (C) Vegetation tracks
420 climate across high and intermediate frequencies but is decoupled at low frequencies from
421 processes like evolutionary adaptation (lower β for vegetation) or non-linear amplification
422 through processes such as threshold responses (higher β for vegetation). Other scenarios and
423 biological processes are possible beyond those shown here.



424
 425 **Fig. 2**
 426 **The continuum of global vegetation turnover and climate variability**
 427 The spectral continuum of (A) vegetation turnover (green), (B) temperature (blue, red, pink), and
 428 (C) precipitation (light blue) variability based on the median from an ensemble of spectral power
 429 estimates. Power spectra line opacity indicates the number of ensemble members that resolve
 430 each frequency with the corresponding legend for all plots in (C). β in the high frequency band

431 was fit to the maximum frequency that yielded an unbiased estimate (28). Solid gray lines
 432 correspond to β from ordinary least squares regressions of log-spectral power and log-frequency.
 433 Vertical dashed lines correspond to breakpoints identified in the spectral continuum. Climate
 434 estimates from TraCE-21ka have been downsampled in space and time and low-pass filtered to
 435 match the temporal characteristics of the fossil pollen abundances. Uncertainties for β and
 436 breakpoints and permutation tests comparing these parameters are reported in Table S1, Table S3
 437 - Table S2, Fig. S21.
 438
 439



440
 441 **Fig. 3**
 442 **The continuum of tropical and extra-tropical vegetation turnover and climate variability**

443 The continuum of (A) vegetation turnover, (B) near-surface temperature, and (C) annual
444 precipitation rate variability, averaged for the extra-tropics (blue, > 23.5°) and tropics (red, <
445 23.5°) based on the median from an ensemble of spectral power estimates. Power spectra line
446 opacity indicates the number of ensemble members that resolve each frequency. β in the high
447 frequency band was fit to the maximum frequency that yielded an unbiased estimate (28).
448 Vertical dashed lines correspond to breakpoints identified in the spectral continuum and are
449 colored by the corresponding spatial average. All climate estimates are from TraCE-21ka and
450 have been downsampled as in Fig. 2. Uncertainties for β and breakpoints, and permutation tests
451 comparing these parameters, are reported in Table S1, Table S4 - Table S7, Fig. S22.
452

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784

809 **Materials and Methods**

810 Fossil Pollen Abundances and Age Depth Modeling

811
812 We estimate vegetation turnover from fossil pollen abundances stored in geologic archives, such
813 as lacustrine sediments (51). Fossil pollen tracks plant assemblage composition through time,
814 albeit with some biases and limitations. Taxonomic resolution is often to the genus level (e.g.
815 *Picea*), though species-level identification is possible (e.g. *Alnus rugosa*) for some fossil pollen
816 morphotypes, and only family-level identification is possible for others (e.g. Poaceae).
817 Additionally, some taxa overproduce pollen and others underproduce pollen relative to the
818 source vegetation assemblage. For instance, pine (*Pinus*) is often overrepresented in pollen
819 assemblages while fir (*Abies*) tends to be underrepresented (52). Our analyses account for these
820 production biases by including metrics that downweigh abundant fossil pollen taxa and increase
821 the weight of rarer taxa (e.g. squared chord dissimilarity metric incorporates a square root
822 transform and we square root transform the fossil pollen assemblages before correspondence
823 analysis). When these biases are considered and accounted for in analyses, as we do here, fossil
824 pollen is an effective representation of the source plant assemblage. We refer the reader to
825 Chevalier et al. (51) for a comprehensive review of fossil pollen as a proxy for plant assemblage
826 composition.

827
828 We gathered fossil pollen abundance data from the Neotoma Paleoecology Database (8) in May
829 2022, which was included as a part of the BioDeepTime database (9). For this fossil pollen data
830 aggregation, we searched all fossil pollen records in Neotoma with at least 10 fossil pollen
831 assemblages through time. Our initial search was based on the site list from Mottl et al. (37),
832 which compiled 1,181 high-quality fossil pollen records from Neotoma that met our
833 requirements. However, we did not temporally limit our search to 18,000 years as in Mottl et al.
834 (37), which produced an additional 181 fossil pollen records, hereafter referred to as “sites”.
835 Note, however, that in Neotoma, one site-level sedimentary archive may have multiple fossil
836 pollen records (e.g. if there are multiple cores from a lake or mire). In total, we compiled 1,362
837 sites with at least 10 observations of a fossil pollen assemblage through time (e.g. at least 10
838 points in each assemblage time series).

839
840 We created age-depth models using Bchron (53, 54) to improve upon existing Neotoma age
841 estimates, which sometimes rely on age-depth models that can underestimate error. Bchron uses
842 information from sparse but specific ages for depths in sedimentary archives for the sites to
843 develop a continuous model of sedimentation from which ages at every depth can be estimated
844 (54). An ensemble of possible sedimentation rates is estimated from the chronological controls to
845 generate a posterior distribution of age-depth relationships that allows uncertainty about the age-
846 depth relationship in a sedimentary archive to be propagated to all analyses. Age controls
847 included radiocarbon years, varve years, biostratigraphic markers, and core-top age.

848
849 Bchron models were run with default parameters (54), except for the radiocarbon calibration
850 curve, which requires hemisphere-specificity to convert radiocarbon years to calendar years due
851 to interhemispheric differences in ¹⁴CO₂ production, uptake, and reservoir effects. Sites in the
852 Northern Hemisphere were calibrated using IntCal20 (55) and sites in the Southern Hemisphere
853 were calibrated using SHCal20 (56). Non-radiocarbon ages were incorporated into Bchron as
854 calendar years before 1950, with Gaussian errors. Chronological controls with no given age

855 uncertainties, often the case with biostratigraphic ages, were assigned a Gaussian, one standard
856 deviation, age error that was 10% of the age estimate (e.g. for an age estimate of 1,000 years
857 with no assigned error, the ages followed a $N(1000, 100^2)$ distribution in Bchron). From our
858 compilation, 19 sites had only one chronological control and were excluded from further
859 analyses. Additionally, the Bchron algorithm failed to initialize for five sites that were also
860 excluded.

861
862 After creating new age-depth models, we harmonized the taxonomy across these sites using taxa
863 lists from Flantua et al. (57). We were not able to match taxa in Flantua et al. (57) for 21 sites, so
864 these sites were removed from further analyses. Of these removed sites, 16 were in Oceania and
865 Australia because the taxonomy harmonization lists from Flantua et al. (57) do not include these
866 regions. Lastly, one site (Foy Lake, Data S1) contained negative abundances for some fossil
867 pollen counts and was removed from further analyses. Five sites had issues with both
868 chronological controls and taxonomy harmonization, therefore the final compilation of fossil
869 pollen abundances included 1,321 datasets with good spatiotemporal coverage (Data S1).
870 Sites span the Southern Hemisphere midlatitudes to the Northern Hemisphere Arctic, with the
871 densest sampling between 40° N and 50° N, and the least dense sampling between 20° S and 50°
872 S (Fig. S1). Although we perform analyses on tropical/extra-tropical averages, the abundance of
873 temperate midlatitude sites may make globally averaged results more sensitive to temperature,
874 especially considering that these sites demonstrate strong responses to past temperature changes
875 (e.g. Bonnett Lake in 58). The Northern Hemisphere is better represented across sites than the
876 Southern Hemisphere.

877
878 Temporally, these records span the last 600,000 years, with one site spanning an interval from
879 1.4 to 1.5 Ma, and they are heavily concentrated in the last 20,000 years (Fig. S1). Based on the
880 median age-depth model for each site, 389 sites have a temporal span less than 10,000 years, 746
881 sites have a temporal span between 10,000 to 20,000 years, 72 have a temporal span between
882 20,000 to 30,000 years, 43 have a temporal span between 30,000 to 40,000 years, 17 have a
883 temporal span between 40,000 to 50,000 years, 19 have a temporal span between 50,000 to
884 60,000 years, seven have a temporal span between 60,000 to 70,000 years, six have a temporal
885 span between 70,000 to 80,000 years, three have a temporal span between 80,000 to 90,000
886 years, one has a temporal span between 90,000 to 100,000 years, and 18 have a temporal span
887 greater than 100,000 years. Of this final compilation, seven sites had different fossil pollen
888 assemblages at identical depths (Dataset IDs: 22,636, 22,797, 3,973, 4,196, 4,197, 4,7975, 525 in
889 Data S1). For each duplicate depth, we retained the first entry.

890 891 Tree Longevity Estimates

892
893 We estimated tree longevity with observations from all taxa available in the International Tree
894 Ring Data Bank (ITRDB) (35, 36). We gathered all tree ring width records and retained tree ring
895 collections where at least one tree ring record spanned 90% of the tree-ring collection
896 chronology, to minimize underestimation and overestimation of longevity (24). We used the
897 longest tree ring record in a collection to estimate longevity for that collection and report the
898 median across all collections in the main text (59). The spatial distribution of the ITRDB is
899 comparable to the fossil pollen sites, which have the greatest density of tree ring width records in
900 North America and Europe and comparatively fewer records in the Southern Hemisphere (Fig.

901 S1) (36). The ITRDB lacks records in the tropics, but our median estimate of tree longevity (246
902 years) agrees with a compilation of tree ring width records from the tropics (24).

903

904 Spectral Analysis

905

906 We used Thomson's multitaper method (MTM) (17) to estimate the power spectra of fossil
907 pollen turnover using the *astrochron* R-package (R version 4.4.2, *astrochron* version 1.4) (60,
908 61). MTM is a Fourier-based method that reduces spectral bias (e.g., spectral leakage) through
909 the application of multiple orthogonal data "tapers" that weigh a time series according to Slepian
910 functions (17), of which we used five 3π prolate tapers. The application of Slepian data tapers
911 imparts several positive attributes to MTM when compared to the standard discrete Fourier
912 transform: a reduction in spectral leakage and optimal bias protection for a specified bandwidth
913 resolution, and leveraging of the multiple tapers to provide a statistical sample for estimation of
914 spectral power and its uncertainty (17). We scale spectral estimates from MTM by energy per
915 unit frequency to return power spectral density, hereafter referred to as the power spectrum (5).
916 An underlying assumption in these analyses, and all spectral analyses, is that a single power
917 spectrum is a good representation of the entire time series.

918

919 We further processed the fossil pollen abundances to meet the MTM requirements of a
920 univariate, regularly sampled time series. We addressed the requirement of a single time series
921 by using principal coordinate analysis (PCO) (62) on fossil pollen dissimilarity matrices to
922 reduce the dimensionality of the fossil pollen abundances. Pollen dissimilarity matrices were
923 calculated for each individual time series using the squared chord distance metric (63), which
924 consistently outperforms other distance metrics in distinguishing between two distinct fossil
925 pollen assemblages (63, 64). We retained the primary (PCO1) and secondary (PCO2) dimensions
926 of variability for further analysis via MTM and presented the results from the primary dimension
927 of variability in the main manuscript (Fig. S2).

928

929 We sought to identify latitudinal differences in fossil pollen dissimilarity, for comparison with
930 climate variables which are known to have a variance structure that varies by latitude (5). To that
931 end, we multiplied PCO1 by the square root of its corresponding eigenvalue. This procedure
932 scales PCO1 for each fossil pollen assemblage by the variance explained by that dimension. That
933 is, a fossil pollen assemblage where PCO1 explains a substantial amount of compositional
934 variance will have a large eigenvalue corresponding to PCO1 and PCO1 will be up-weighted,
935 producing high spectral energy across all frequencies. In contrast, a fossil pollen assemblage
936 where PCO1 explains little variance will have a small eigenvalue corresponding to PCO1 and
937 PCO1 will be down-weighted. Total spectral energy (i.e. area under a power spectral density
938 spectrum) is equal to the variance of the time series (Parseval's theorem). Therefore, any spatial
939 patterns in the variance explained by PCO1 are imprinted onto the time series and will produce
940 high spectral power when PCO1 is up-weighted and low spectral power when PCO1 is down-
941 weighted. This effect carries forward to spatially averaged power spectra (i.e. tropical and extra-
942 tropical averaged power spectra) thereby enabling an assessment of whether there are spatial
943 patterns in fossil pollen turnover.

944

945 Temporal sampling that is evenly spaced (i.e. identical temporal distance between all consecutive
946 samples) is required by MTM, but this condition is rarely met by proxy data extracted from

947 geologic archives. Therefore, we interpolated PCO1 of all fossil pollen assemblages using a
948 linear interpolation approach adapted from (65). This approach aims to determine an optimal
949 interpolation resolution and minimize energy loss at high frequencies by comparing the PCO1
950 power spectra to the power spectra of a power law process where $\beta = 1$. The optimal
951 interpolation resolution is identified when the ratio between the theoretical and empirical power
952 spectra crosses 0.7 (65). This approach objectively determines an optimal interpolation
953 resolution and includes filtering to minimize the aliasing of high frequency variance that is often
954 present in sedimentary archives (implemented in the new *astrochron* function 'linterpLH13') and
955 present in the Zenodo data repository (66).

956
957 We estimated the power spectra of global ecological turnover by performing MTM on PCO1 for
958 individual sites after subtracting the mean from each site-level PCO1 time series, then bin
959 spectral power by $\log_{10}(\text{frequency})$, and average spectral power across sites within each
960 frequency bin. This choice was made to avoid convoluting temporal and spatial variance in the
961 eigenvector decomposition of the community dissimilarity matrix, as would have occurred if we
962 considered all sites and samples together. By averaging power spectra across sites, we leverage
963 both short, highly-sampled records to resolve high frequencies and long, sparsely-sampled
964 records to resolve low frequencies – characteristics that would be difficult to achieve using any
965 single site's power spectrum alone. For averaging site-level power spectra, we used a bin size of
966 0.01 in $\log_{10}(\text{frequency})$ coordinates, which equates to $22,000^{-1}$ years $^{-1}$ near the smallest
967 frequencies (e.g. $10^{-6} - 10^{-5.99}$ years $^{-1}$) and <1 year near the largest frequencies (e.g. $10^{0.99} - 10^1$
968 years $^{-1}$).

969
970 After estimating the power spectra of global vegetation turnover we evaluated the continuum of
971 global vegetation turnover for specific frequency bands using an ordinary least squares linear
972 regression in log-log space for frequencies resolved by at least two sites (5, 6). Prior to the
973 regression, we smoothed the spatially averaged power spectra using a Gaussian kernel in \log_{10}
974 frequency coordinates with a width of 0.03 (67, 68). Using the smoothed global estimate of
975 spectral power for global vegetation turnover, frequency is a predictor of spectral power and the
976 resulting slope is the β exponent in the $S(f) \propto f^{-\beta}$ power law relationship (5, 6). To determine the
977 frequency bands of distinct temporal scaling regimes in spectral power for global vegetation
978 turnover we identified breakpoint locations in the log-log relationship between spectral power
979 and frequency through piecewise linear regressions in the *segmented* R package (version 2.1.3)
980 (69). We constrained segmented regressions to identify three breakpoints (low, intermediate, and
981 high frequencies) for fossil pollen turnover and one breakpoint for simulated temperature and
982 precipitation. The number of breakpoints was based on prior expectations for climate (5, 6) and
983 visual inspection for fossil pollen. Although the number of breakpoints is constrained in the
984 segmented regressions, the location of these breakpoints depends on the power spectrum. For
985 vegetation turnover, β was then fit across the four frequency ranges between the three identified
986 breakpoints: (1) the lowest frequency resolved and the low frequency breakpoint, (2) the low
987 frequency breakpoint and the intermediate frequency breakpoint, (3) the intermediate frequency
988 breakpoint and high frequency breakpoint, and (4) the high frequency breakpoint to the highest
989 frequency that produces unbiased estimates of β (see *Estimating the Highest Resolvable*
990 *Frequency for Spectral Analyses*). For example, if a breakpoint in the log-log relationship
991 between spectral power and frequency was identified at 115^{-1} years $^{-1}$, 600^{-1} years $^{-1}$, and $4,000^{-1}$
992 years $^{-1}$, β was fit between (1) the lowest frequency resolved and $4,000^{-1}$ years $^{-1}$, (2) from $4,000^{-1}$

993 years⁻¹ and 600⁻¹ years⁻¹, (3) from 600⁻¹ years⁻¹ to 115 years⁻¹, and (4) from 115 years⁻¹ to the
994 highest frequency that produces unbiased estimates of β . For temperature and precipitation, we
995 fit β between the lowest frequency resolved and the one breakpoint identified and again from the
996 one breakpoint identified to the highest frequency that produces unbiased estimates of β .

997
998 Within a time series, β characterizes memory (i.e. temporal autocorrelation) and how variance is
999 partitioned across frequencies (70). If the exponential coefficient (β) of the power-law
1000 relationship between frequency and spectral power is small ($\beta \sim 0$), variance is equally
1001 partitioned among all frequencies (i.e., white noise; Fig. S7) (70). In contrast, $\beta > 0$ indicates
1002 more variance at lower frequencies (longer periods), with $\beta = 2$ defining a random walk (i.e., red
1003 noise; Fig. S7) (70). The climate system contains two scaling regimes: small, uncorrelated
1004 variability with a low β and large, autocorrelated variability with a high β . The small, stochastic,
1005 uncorrelated variability of the climate system is present in frequencies as low as 100⁻¹ to 1,000⁻¹
1006 years⁻¹ (5, 6) and encompasses “weather” components of the climate system (29). At lower
1007 frequencies, β increases as slowly responding, coupled components of the “climate” system
1008 increase the magnitude of climate fluctuations while also imparting high autocorrelation (29).
1009 Here, the terms “climate” and “weather” delineate these two scaling regimes (29).

1010
1011 Recently, methods for estimation of temporal scaling in time series were compared for their
1012 ability to reproduce β in synthetic paleoclimate time series with known β and performed
1013 reasonably well (33). In these analyses, MTM emerged biased towards larger β values when
1014 evaluating the full frequency range, compared to other spectral transformation methods (33).
1015 However, MTM showed little bias at long timescales (greater than nine times the mean
1016 resolution), moderate bias at intermediate timescales (greater than 4 times the mean resolution),
1017 and generally outperformed competing methods such as spectral transformation from the Lomb-
1018 Scargle periodogram when β is high and the input data is irregularly sampled (33). Only Haar
1019 structure functions more accurately estimated β from the synthetic dataset, but the approach is
1020 limited to $-1 < \beta < 3$ (33) and does not allow for the identification/influence of
1021 quasiperiodic/periodic signals that may bias estimates of the spectral continuum (71).
1022 Additionally, MTM has seen broad use in paleoclimatology (5, 68, 72) and atmospheric sciences
1023 (73, 74) for estimating β , providing baseline estimates for comparison with our study.

1024 1025 TraCE-21ka and Proxy Paleoclimate Estimates

1026
1027 TraCE-21ka is a series of fully coupled climate model experiments that simulate the effect of
1028 transient climate forcings of the most recent deglaciation with the Community Climate System
1029 Model, version 3 (18, 19). Components of the Community Climate System Model, version 3
1030 include the Portable Ocean Model, Community Land Model, and Community Sea Ice Model
1031 (18). The climate simulations have a nominal horizontal resolution of 3.75° with 26 vertical
1032 levels (18). Surface elevation was averaged within each grid cell resulting in an imperfect
1033 representation of mountain ranges that only span several grid cells, such as the Andes (Fig. S4).
1034 TraCE-21ka includes transient changes in ice sheet topography, meltwater forcing, orbital
1035 configuration, and greenhouse gas concentration that matched then-current proxy reconstructions
1036 (18, 19). These climate simulations have been pillars of paleoclimatological research and have
1037 undergone substantial comparisons against proxy reconstructions and generally perform well
1038 (18, 19, 75–78). Unlike proxy-based climate reconstructions, TraCE-21ka offers full fields that

1039 are annually resolved and well-suited for comparison against spectral estimates from fossil
1040 pollen. For climate parameters such as precipitation, while proxy-based reconstructions remain
1041 challenging to develop, physically plausible simulations provide valuable and insightful tools for
1042 understanding historical patterns. Temperature and precipitation anomalies for the TraCE-21ka
1043 simulation relative to 1850 to 1900 CE baseline are presented in Fig. S5 and Fig. S6.
1044

1045 TraCE-21ka has known deficiencies such as seasonal precipitation biases in North America (75)
1046 and imperfect greenhouse gas and meltwater forcings (79–81). Precipitation is particularly
1047 challenging to simulate for all climate models because processes like raindrop formation and
1048 convection occur at a sub-grid scale. What’s more, all climate models overestimate high
1049 frequency climate variability and underestimate low frequency climate variability at local and
1050 regional scales (31), but our low-pass filtering procedure (summarized below) partially mitigates
1051 this climate model limitation by reducing high frequency variability. Nonetheless, TraCE-21ka
1052 remains the most comprehensive set of paleoclimatic simulations for the last deglaciation, which
1053 are widely used to assess ecological relationships to paleoclimate (82–84). Recently, the TraCE-
1054 21ka experiments were the first climate simulations to show a scaling break in the continuum of
1055 mean global temperature that is expected to exist given physical principles (6). For climate
1056 parameters like precipitation, simulations
1057

1058 We averaged monthly near-surface temperature (2 m) and total precipitation rate into annual
1059 averages. We sought to make direct comparisons between power spectra of simulated
1060 temperature, simulated precipitation, and vegetation turnover and therefore degraded the TraCE-
1061 21ka climate simulation to match the spatial and temporal characteristics of the fossil pollen
1062 sites. Specifically, we subsampled TraCE-21ka spatially to get the nearest grid cell for every
1063 fossil pollen site and applied a low-pass filter with a characteristic timescale of twice the mean
1064 resolution of the corresponding fossil pollen record to guard against aliasing of high-frequency
1065 variance (33, 68). We then downsampled these low-pass filtered climate time series temporally,
1066 retaining only the years with fossil pollen data. This process produced a dataset of simulated
1067 temperature and precipitation that matched fossil pollen abundances in space and time with
1068 similar temporal characteristics (i.e. low-pass smoothing induced by sedimentation). Finally, we
1069 interpolated the simulated temperature and precipitation to a regular temporal grid using the
1070 same methodology applied to the fossil pollen data (65). All spectral analyses for TraCE-21ka
1071 were performed on these spatiotemporally subsampled and interpolated temperature and
1072 precipitation time series.
1073

1074 For subsampling of the TraCE-21ka simulations, we excluded those fossil pollen samples that
1075 were outside of the temporal coverage of TraCE-21ka. Fossil pollen sites that did not contain any
1076 fossil pollen assemblage observations within the last 21,000 years were excluded and are not
1077 represented in the spectral estimates of the TraCE-21ka simulations.
1078

1079 To capture climate variability outside of the last 21,000 years we supplement our analysis of
1080 TraCE-21ka with two empirical proxy records that approximate global temperature variability
1081 for the last two million years. We use temperature reconstructions from the EPICA Dome C ice
1082 core in Antarctica (28). Temperature reconstructions from Antarctic ice cores primarily track
1083 global greenhouse gas concentrations and therefore global temperature changes (85). We also
1084 use global average surface temperature (GAST) reconstructions from Snyder (20). This estimate

1085 of GAST is based on proxy-based sea surface temperature reconstructions (SST) that are scaled
1086 to surface air temperatures with a value determined by examining SST-surface air temperature
1087 differences from the Paleoclimate Modelling Intercomparison Project (PMIP) model simulations.
1088 Comparisons between GAST reconstructions, EPICA Dome C, and greenhouse gasses
1089 demonstrate that both sets of proxy records used here well approximate global climate evolution
1090 (20). Variations in ocean circulation emerge in EPICA Dome C oxygen isotopes (86) but as a
1091 second-order feature imposed on greenhouse gas-controlled temperature changes. The spectral
1092 continuum of temperature variability at EPICA Dome C and global surface air reconstructions
1093 were fit between 100^{-1} - $15,000^{-1}$ years⁻¹ (5) and $2,000^{-1}$ - $100,000^{-1}$ years⁻¹ (6), respectively.

1094

1095 Benchmarking TraCE-21ka Simulated Climate Variability Against Temperature12k

1096

1097 We compared TraCE-21ka to the Temperature12k database (87), a global compilation of proxy
1098 temperature reconstructions that span the last 12,000 years. Note that several proxy
1099 reconstructions within Temperature12k extend well beyond the last 12,000 years. We first
1100 filtered the Temperature12k database to remove all pollen-based temperature estimates and then
1101 estimated the continuum of global temperature variability using the same framework defined in
1102 the *TraCE-21ka and Proxy Paleoclimate Estimates* and *Spectral Analyses* section. That is, we
1103 estimated power spectra for Temperature12k at a site level, and then averaged across sites to
1104 produce a globally averaged power spectrum. For TraCE-21ka, we performed the same
1105 procedure after spatiotemporally subsampling and low-pass filtering the temperature simulations.
1106 Six of the non-pollen temperature estimates in Temperature12k failed spectral analyses for
1107 various reasons (Table S8). No similar comparisons are made for precipitation due to the lack of
1108 an analogous database to Temperature12k. However, low-frequency precipitation variability in
1109 TraCE-21ka likely results from thermodynamic effects of temperature changes (Clausius-
1110 Clapeyron relationship) given the nearly identical power spectra presented in Fig. 2.

1111

1112 We find that TraCE-21ka can accurately simulate the three key features of the temperature
1113 continuum: 1) a high β at low frequencies (climate regime), 2) a low β at high frequencies
1114 (weather regime), and 3) a breakpoint in the scaling relationship between spectral power and
1115 frequency (Fig. S3). In the low frequency, climate, regime, β for Temperature12k is 1.83 and
1116 TraCE-21ka simulates a β of 1.87. In the high frequency, weather, regime Temperature12k has a
1117 β of 0.54 while TraCE-21ka has a β of -0.25. The location of the break in the scaling relationship
1118 for Temperature12k is 376^{-1} years⁻¹ and 498^{-1} years⁻¹ for TraCE-21ka. These results demonstrate
1119 that TraCE-21ka performs well, despite the general struggle of climate models to accurately
1120 simulate temporal persistence in the high frequency, weather, regime. Much like other
1121 comparisons between empirical climate observations against climate models, TraCE-21ka poorly
1122 simulates temporal persistence in temperature variability (i.e. lower β in TraCE-21ka) in the high
1123 frequency regime (31). Despite this deficiency, TraCE-21ka captures the key features of the
1124 temperature continuum and is well-suited as a climate benchmark against which we can compare
1125 our globally averaged power spectra of vegetation turnover.

1126

1127 Estimating the Highest Frequency for Unbiased Estimates of β

1128

1129 In light of the limitations and biases of MTM for estimating β (33), we sought to estimate the
1130 highest frequency that produces unbiased estimates of β for each of our spatially averaged power

1131 spectra. We used the undegraded, annually resolved TraCE-21ka near-surface temperature time
1132 series, from the closest grid cell corresponding to each fossil pollen site, as a target signal with a
1133 known power spectrum. We then temporally degraded the TraCE-21ka near-surface temperature
1134 as outlined in the *TraCE-21ka and Proxy Paleoclimate Estimates* section and compared these
1135 degraded power spectra to the undegraded target (annually resolved) signal to estimate the
1136 highest frequency where estimates of β are unbiased by sedimentary processes.

1137
1138 In our analyses and prior work (6), annually resolved near-surface temperature estimates from
1139 TraCE-21ka produce a power spectrum where spectral power is evenly distributed in a high
1140 frequency band ($> 672^{-1}$ year $^{-1}$ from Fig. 2). At frequencies lower than this breakpoint,
1141 temperature variability increases with frequency (6) (Fig. S8). This pattern holds when averaged
1142 across all fossil pollen sites (global estimate in Fig. S8), the extra-tropics (extra-tropical estimate
1143 in Fig. S8), and the tropics (tropical estimate in Fig. S8). Built upon the expectation that
1144 sedimentary processes such as sediment mixing (88), and sampling resolution, can decrease
1145 spectral power at the highest frequencies and increase β (33), we use the even distribution of
1146 spectral power in the high frequency band of the undegraded TraCE-21ka temperature power
1147 spectrum as the metric to identify when estimates of β become biased by sedimentary processes.
1148 We find that high frequency spectral power decreases in the degraded TraCE-21ka power spectra
1149 and β increases in all spatial averages (Fig. S8). However, the temporal sampling characteristics
1150 of fossil pollen sites in each spatial average vary, leading to a spurious decrease in spectral
1151 power and an increase in β at the highest frequencies that varies across the spatial averages. The
1152 high latitudes are well represented in our fossil pollen compilation with several short, fossil
1153 pollen records with very high resolution (Fig. S1). Therefore, in the degraded global and extra-
1154 tropical average power spectra of temperature, β in the high frequency regime is unbiased up to a
1155 frequency of 58^{-1} and 57^{-1} years $^{-1}$, respectively (Fig. S8). Above this frequency, there is a
1156 spurious decrease in spectral power and an increase in β (Fig. S8). In contrast, tropical fossil
1157 pollen sites in our compilation are less well temporally resolved than the extra-tropics, which
1158 decreases the frequency where a spurious decrease in spectral power and increase in β begins to
1159 160^{-1} years $^{-1}$ (Fig. S8). Therefore, we fit β to frequencies lower than 58^{-1} , 57^{-1} , and 160^{-1} years $^{-1}$,
1160 in all analyses for global, extra-tropical, and tropical power spectra, respectively.

1161 Statistical Comparisons between Estimated Parameters from Spectral Analyses

1162
1163
1164 We compared all estimated parameters (β , break location) from our ensembles of averaged
1165 power spectra for temperature, precipitation, and vegetation turnover using two-sided Fisher-
1166 Pitman permutation tests. A permutation test is used to determine whether the difference between
1167 two groups is statistically significant, without making assumptions about the underlying
1168 distribution of the data. In our analysis, we use permutation tests to compare the medians of the
1169 estimated parameters between different variables (e.g., temperature vs. vegetation turnover). The
1170 process works as follows:

- 1171
- 1172 1. We calculated the observed difference in medians between the two groups.
- 1173 2. We then randomly reassigned the data points to the two groups and recalculated the
1174 difference in medians.
- 1175 3. This process is repeated 10,000 times to create a distribution of possible differences
1176 under the null hypothesis of no true difference between groups.

1177 4. We compare our observed difference to this distribution. If the observed difference falls
1178 in the 2.5% tails on either side, we consider the difference statistically significant at the
1179 0.05 level.

1180
1181 This approach allows us to assess whether the observed differences in our spectral parameters are
1182 likely to have occurred by chance. We report the results of all these comparisons in Table S3 to
1183 Table S7.

1184
1185 We also test when estimated parameters are significantly different from 0 (and 2 for β) based on
1186 the confidence interval for the median parameter estimate across the ensemble for each
1187 parameter (Table S1). We calculated confidence intervals by bootstrapping the median. That is,
1188 each ensemble of parameter estimates was randomly resampled with replacement and the median
1189 was calculated for this random resample. This procedure was repeated 10,000 times to return a
1190 distribution of median estimates for each parameter. From this distribution of bootstrapped
1191 median estimates, we report the 2.5% and 97.5% percentiles as the 95% CI.

1192 1193 Methodological Constraints on Milankovitch Signal Detection

1194
1195 Milankovitch cycles are a primary control of global climate (89, 90) and have been identified in
1196 fossil pollen records that span the last 2,000,000 years (91, 92). Our analyses demonstrate
1197 increased spectral power associated with precession cycles at $21,000^{-1}$ years $^{-1}$ in all spatially
1198 averaged power spectra but high spectral power in the obliquity band ($41,000^{-1}$ years $^{-1}$) is
1199 missing and high spectral power in the eccentricity band ($100,000^{-1}$ years $^{-1}$) is only present in the
1200 vegetation turnover power spectrum for tropical sites (Fig. 3). We find that these missing
1201 periodicities result from 1) our dimensionality reduction procedure (i.e. PCO), 2) the spatial scale
1202 of our compilation, 3) few sites that span enough time to resolve variability in the Milankovitch
1203 bands, and 4) variable temporal resolution of the data at each of these few sites.

1204
1205 Individual taxa or groups of taxa often demonstrate periodicity (as seen with arboreal pollen in
1206 (91) and (92)), but when all taxa are included in the dissimilarity matrix for PCO, as we do here,
1207 periodicity becomes less pronounced. The Ioannina dataset demonstrates this well (Dataset ID:
1208 4112) (93). *Pinus* pollen at Ioannina has a strong cyclical pattern (93), but this is weakened when
1209 additional taxa are considered when calculating the dissimilarity matrix for PCO (Fig. S13).
1210 Evidence of this is visible in Taner-filtered relative abundances for the three most abundant taxa
1211 at Ioannina. *Pinus*, *Quercus*, and Poaceae all show variability in the precession, obliquity, and
1212 eccentricity bands but all are out of phase (Fig. S13). When MTM is performed on *Pinus* relative
1213 abundance a periodic signal between the obliquity and precession bands is present. However,
1214 performing MTM on the primary dimension of variability for a dissimilarity matrix created using
1215 *Pinus* and *Quercus* relative abundances demonstrates a decrease in this periodic signal because
1216 of the antiphase changes in *Pinus* and *Quercus* abundances (Fig. S13). The loss of spectral power
1217 in *Pinus* between the obliquity and precession bands is further diminished when Poaceae and
1218 *Quercus* are included in the dissimilarity matrix calculation (Fig. S13). When averaging across a
1219 global compilation of sites with variable temporal data resolution, 41,000 and 100,000 year
1220 periodicities decrease in amplitude, even though individual sites demonstrate periodicity in these
1221 bands (e.g. ODP Site 658 (41194) and Páramo de Agua Blanca (21978) in Fig. S14A). As site-
1222 level power spectra are averaged to form an estimate of the global power spectrum, high spectral

1223 power in the Milankovitch bands decreases even though it is present at individual sites (Fig.
1224 S14B). We hypothesize that high spectral power at $21,000^{-1}$ years⁻¹ remains because we have
1225 more sites with a temporal span and sufficient data resolution that can resolve the 21,000 year
1226 periodicity, as compared to the 41,000 and 100,000 year periodicities (Data S1). The limited
1227 number of observations from high latitudes ($> 65^{\circ}\text{N}$), where obliquity effects are expected to be
1228 the dominant mode of variability (94), may also explain why we detect precession but not
1229 obliquity signals in our spatial distribution of sites. In addition, precession has had a large
1230 influence on summer insolation over the last 400,000 years (95), which may also partly explain a
1231 clear precession signal and the absence of obliquity and eccentricity signals.

1232 1233 Uncertainty Estimation

1234
1235 We quantified uncertainty in our estimates of spectral power and the spectral continuum through
1236 Monte Carlo resampling of sites and Bchron posterior age estimates. Specifically, we drew 1,000
1237 sites from our global compilation of 1,321 sites at random, and for each site, we drew a single
1238 posterior age estimate for MTM. We then downsampled TraCE-21ka accordingly, as described
1239 in the *TraCE-21ka and Proxy Paleoclimate Estimates* section, and then performed MTM as
1240 described in the *Spectral Analysis* section. We repeated this procedure 1,000 times, which
1241 produced an ensemble of 1,000 estimates of global spectral power, β , and breakpoint locations,
1242 for climate and fossil pollen turnover, from which we reported the median and 95% confidence
1243 interval (Fig. S21, Fig. S22, Table S1). All sampling was performed using a uniform distribution
1244 without replacement. This uncertainty estimation procedure assesses the influence of age model
1245 uncertainty and site selection on the global and latitudinally averaged power spectra.

1246 1247 Sensitivity Tests

1248
1249 We assessed the sensitivity of our results to our choice of fossil pollen dimensionality reduction,
1250 power spectra estimation methods, spatial averaging, and anthropogenic land use change (Fig.
1251 S9, Fig. S10, Fig. S11, Fig. S12, Fig. S15, Fig. S16). For dimensionality reduction, we tested
1252 alternative methods to reduce fossil pollen dimensionality and various community dissimilarity
1253 metrics. In these sensitivity tests, we calculated community dissimilarity using the Bray Curtis
1254 and Jaccard dissimilarity metrics. We also performed correspondence analysis after square root
1255 transforming the fossil pollen assemblages, which, unlike PCO, does not assume linearity (96).
1256 Lastly, to test the sensitivity of our analyses to fossil pollen analytical accuracy, we degraded the
1257 percent abundance fossil pollen observations to presence/absence, though the Jaccard distance
1258 metric is presence/absence based as well.

1259
1260 Changing the dissimilarity metric and the dimension of variability analyzed had limited impacts
1261 on our conclusions, however, correspondence analyses produced results with the least total
1262 spectral power (Fig. S9, Fig. S10). We hypothesize that this occurs because PCO assumes
1263 linearity in the species-matrix decomposition while correspondence analysis does not assume
1264 linearity (96). Correspondence analysis also produced slightly different results for latitudinally
1265 averaged power spectra because of the scaling procedure we implemented (Fig. S11, Fig. S12).
1266 The eigenvalues in correspondence analyses do not indicate variance explained as they do in
1267 PCO. Rather, eigenvalues correspond to correlation coefficients between the coordinates for
1268 species in the fossil pollen assemblage (i.e. species score) and coordinates for time intervals (i.e.

1269 site score) in the ordination coordinate system. However, our scaling procedure, which assumes
1270 that the eigenvalues correspond to the variance explained, is incompatible with correspondence
1271 analysis. Nevertheless, we include sensitivity tests for correspondence analysis to assess the
1272 assumption of linearity in PCO and the influence of metric saturation on our results. We chose to
1273 present the first dimension from PCO using the squared chord distance metric because of strong
1274 support for the efficacy of the squared chord distance metric to discriminate fossil pollen
1275 assemblages that source from distinct ecosystems (63, 64).

1276
1277 We also tested different methods for estimating the global spectral continuum of vegetation
1278 turnover by taking the mean of MTM adaptive spectral power (as shown in the main text), taking
1279 the median of MTM adaptive spectral power, averaging MTM spectral eigencoefficients, and
1280 averaging β for each site. The methodology for median estimates of MTM adaptive spectral
1281 power was identical to the main manuscript except we took the median, not the mean as in the
1282 main text. The procedure for returning a global average of spectral power by averaging
1283 eigencoefficients was nearly identical to averaging by spectral power. We first performed MTM
1284 on a single site and retained the five spectral eigencoefficients for each site that correspond to the
1285 five data tapers. We then averaged the five eigencoefficients across all sites by binning by
1286 frequency, as described in the *Spectral Analysis* section. We then calculated spectral power at
1287 each frequency using the averaged eigencoefficients and Equation 1, where $\hat{S}_k(f)$ is spectral
1288 power and $y_k(f)$ is the eigencoefficient for the k^{th} data taper. Since we use five data tapers, this
1289 produces five estimates of $\hat{S}_k(f)$ which we average to estimate total spectral power (17).

$$1291 \hat{S}_k(f) = |y_k(f)|^2 \text{ (Equation 1)}$$

1292
1293 These estimates of total spectral power were used to estimate β . The eigencoefficient averaging
1294 provides an important complementary view to the MTM adaptive spectral power approaches
1295 noted above, as it explicitly considers the signal phase at each site. That is, strong signals that are
1296 antiphased at different locations will cancel, instead of being amplified as the case for the MTM
1297 adaptive spectral power approaches. Eigencoefficient averaging is expected to reduce the overall
1298 power at a given frequency in the reconstructed spectrum and to diminish periodic signals that
1299 are not in phase globally since it allows for destructive interference across sites.

1300
1301 Lastly, we estimated the global continuum of vegetation turnover by directly averaging β at each
1302 site. Here, we performed MTM at each site as described in the *Spectral Analysis* section and then
1303 estimated β using an ordinary least squares regression in log-log space, retaining β at each site,
1304 not spectral power. Estimates of β were then averaged across sites resulting in a global estimate
1305 of the spectral continuum of fossil pollen turnover. These sensitivity tests were performed within
1306 the same Monte Carlo framework that we use to quantify uncertainty for the fossil pollen
1307 assemblages and TraCE-21ka climate parameters.

1308
1309 Our conclusions are robust to the method used to aggregate individual site-level power spectra of
1310 vegetation turnover into a global estimate. All four approaches reveal four characteristic
1311 timescales in global vegetation turnover each with distinct β s: high β at the highest frequencies,
1312 low β in the high-intermediate frequency band, high β in the low-intermediate frequency band,
1313 and low β in the low frequency band (Fig. S9). Across much of the frequency space,

1314 uncertainties for these approaches overlap, particularly at high and low frequencies where
1315 spectral power estimates diverge.

1316
1317 This divergence is most prominent in two areas: the high and low frequencies. At low
1318 frequencies, global estimates that use the mean of site-level power spectra have greater spectral
1319 power than estimates that use the median of site-level power spectra and the mean of site-level
1320 eigencoefficient estimates (Fig. S9). At high frequencies, global estimates that use the median of
1321 site-level power spectra and the mean of site-level eigencoefficient estimates have a band-limited
1322 increase in the globally estimated spectral power, not present in the global estimate that uses the
1323 mean of site-level power spectra (Fig. S9). These discrepancies may stem from the different
1324 underlying distributions of site-level spectral power and eigencoefficient estimates, and the phase
1325 relationships that are preserved in the eigencoefficient estimates.

1326
1327 The spectral power estimates from MTM of a Gaussian process follow a chi-square distribution
1328 with two degrees of freedom, while the distribution of eigencoefficients approximately follows a
1329 normal distribution (17, 97). This suggests that the estimated global power spectra of vegetation
1330 turnover using the mean of site-level spectral power should be systematically higher than median
1331 estimates and mean of eigencoefficient estimates, while the latter two should be similar. Our
1332 sensitivity tests capture this systematic offset (Fig. S9) and explain higher spectral power at low
1333 frequencies when using the mean of site-level spectral power. At low frequencies, individual
1334 sites with high spectral power pull the global estimate to higher values. While this offset should
1335 also exist at high frequencies, we observe a counterintuitive result: individual sites with low
1336 spectral power pull the global estimate that uses the mean of site-level spectral power to values
1337 comparable to the median and eigencoefficient global estimates (Fig. S9). In light of this
1338 unexpected observation, and considering that each approach produces identical conclusions, we
1339 present results using the mean of spectral power to maintain consistency with prior studies (5, 6,
1340 68).

1341
1342 In contrast to the robust conclusions when estimating the globally averaged power spectra of
1343 vegetation turnover using the mean, median, and mean of eigencoefficients we find that results
1344 were highly sensitive to averaging by β . This is a product of our piecewise regression procedure
1345 to determine the location of breaks in the log-log fit between spectral power and frequency in the
1346 high and intermediate frequency bands. Accurately identifying the location of breaks in β
1347 between the high and high-intermediate frequency bands requires high-resolution sampling
1348 which is present in a subset of fossil pollen assemblages (Fig. S9, Fig. S10). Performing
1349 breakpoint identification on spectral power at a site level increases the weight of the more
1350 abundant lower-resolution sites and reduces the weight of the less abundant high-resolution sites,
1351 reducing frequency resolution and biasing estimates of globally averaged β .

1352
1353 We assessed the sensitivity of our conclusions to the influence of anthropogenic land-use change.
1354 We performed all analyses after first removing all samples from the last 2,000 years (32), the
1355 interval during which anthropogenic influences in fossil pollen records are strongly expressed
1356 (37). Removing any samples within the last 2,000 years produces nearly identical power spectra
1357 at frequencies lower than 100^{-1} years⁻¹ and suggests that climate tracking at millennial to multi-
1358 centennial scales persists (Fig. 2, Fig. S15). However, the detected breakpoints and β change if
1359 samples from the last 2,000 years are removed. The high frequency breakpoint (Fig. 2, 149⁻¹

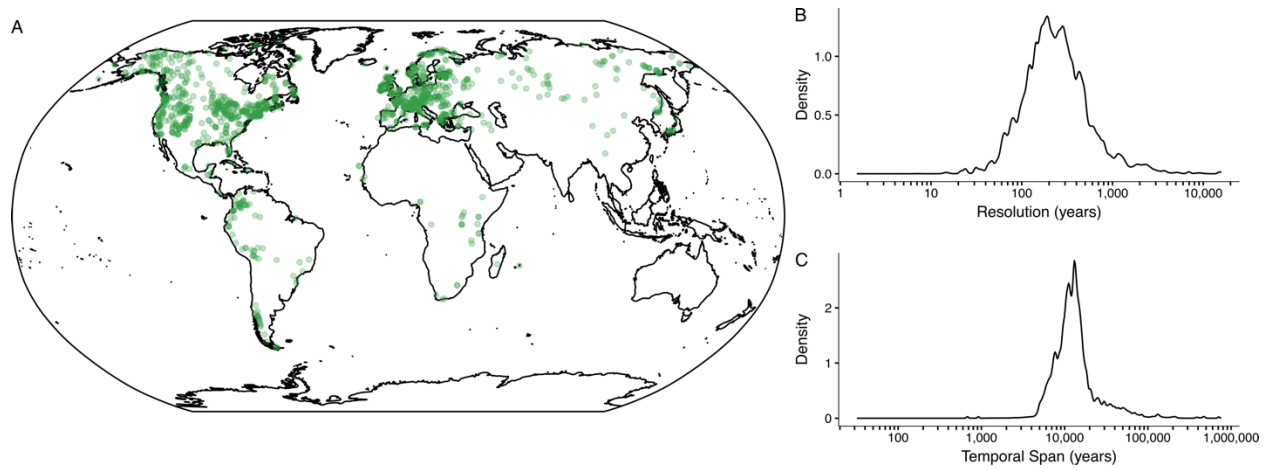
1360 years⁻¹) decreases to 527⁻¹ years⁻¹ and β decreases from 4.34 to 0.53; the breakpoint at 797⁻¹
1361 years⁻¹ decreases to 3,602⁻¹ years⁻¹ and β increases from -0.1 to 1.96; the breakpoint at 18,012⁻¹
1362 years⁻¹ decreases to 19,946⁻¹ years⁻¹ and β decreases from 1.84 to 1.09; and β for the lowest
1363 frequencies increases from -0.08 to -0.008. Our sampling density increases as age decreases (Fig.
1364 S1) and sites with the highest temporal resolution span the last 2,000 years (Data S1), therefore
1365 these changes in breakpoints and β may be a result of reduced sampling density. Despite
1366 statistically different β s at the highest frequencies, globally averaged power spectra still
1367 demonstrate a decrease in spectral power in the high frequency band which is particularly well
1368 demonstrated in the confidence intervals, matching results from the main manuscript (Fig. 2, Fig.
1369 S15) and results from similar analyses at a continental scale that also remove fossil pollen
1370 observations from the last 2,000 years (32). This suggests that climate decoupling at the highest
1371 frequencies may contain some influence of anthropogenic land use change (38, 98) but this is not
1372 the only control on high frequency vegetation turnover.

1373

1374 Lastly, we assessed the sensitivity of our results to our choice of averaging across all sites, sites
1375 in the tropics, and sites in the extra-tropics by averaging across biomes from Dinerstein (99)(Fig.
1376 S17, Fig. S16). Results partially align with expectations given the life history of the primary
1377 plant functional types that compose each biome. For instance, biomes with grassland ecosystems
1378 such as Montane Grasslands and Shrubland and Tropical and Subtropical Grasslands, Savannas
1379 and Shrublands have smaller β 's than tree dominated biomes like Temperate Broadleaf and
1380 Mixed Forests, Boreal Forests/Taiga, and Mediterranean Forests (Fig. S16). Grasslands have a
1381 shorter lifespan and would be expected to have a lower β at high frequencies unlike tree-
1382 dominated ecosystems which have increasing turnover approaching the median age of tree
1383 longevity (Fig. 2). However, β remains low across most frequencies, not just high frequencies.
1384 This may occur because grass pollen is commonly identifiable to the family level, therefore any
1385 changes in grassland composition are not observed by fossil pollen and may lead to low
1386 vegetation turnover at low frequencies (Fig. S16). However, the Tundra and Temperate Conifer
1387 Forests do not cohere with these expectations. Temperate Conifer Forests have a low β and a
1388 power spectrum that is characterized by abrupt changes indicated by high spectral power at
1389 $\sim 5,000^{-1}$ and $\sim 9,000^{-1}$ years⁻¹. In contrast, the Tundra biome has a large β despite being
1390 composed primarily of dwarf shrubs and grasses, with short generation times. Despite these two
1391 exceptions, β and power spectra averaged across biomes generally align with ecologic
1392 expectations.

1393

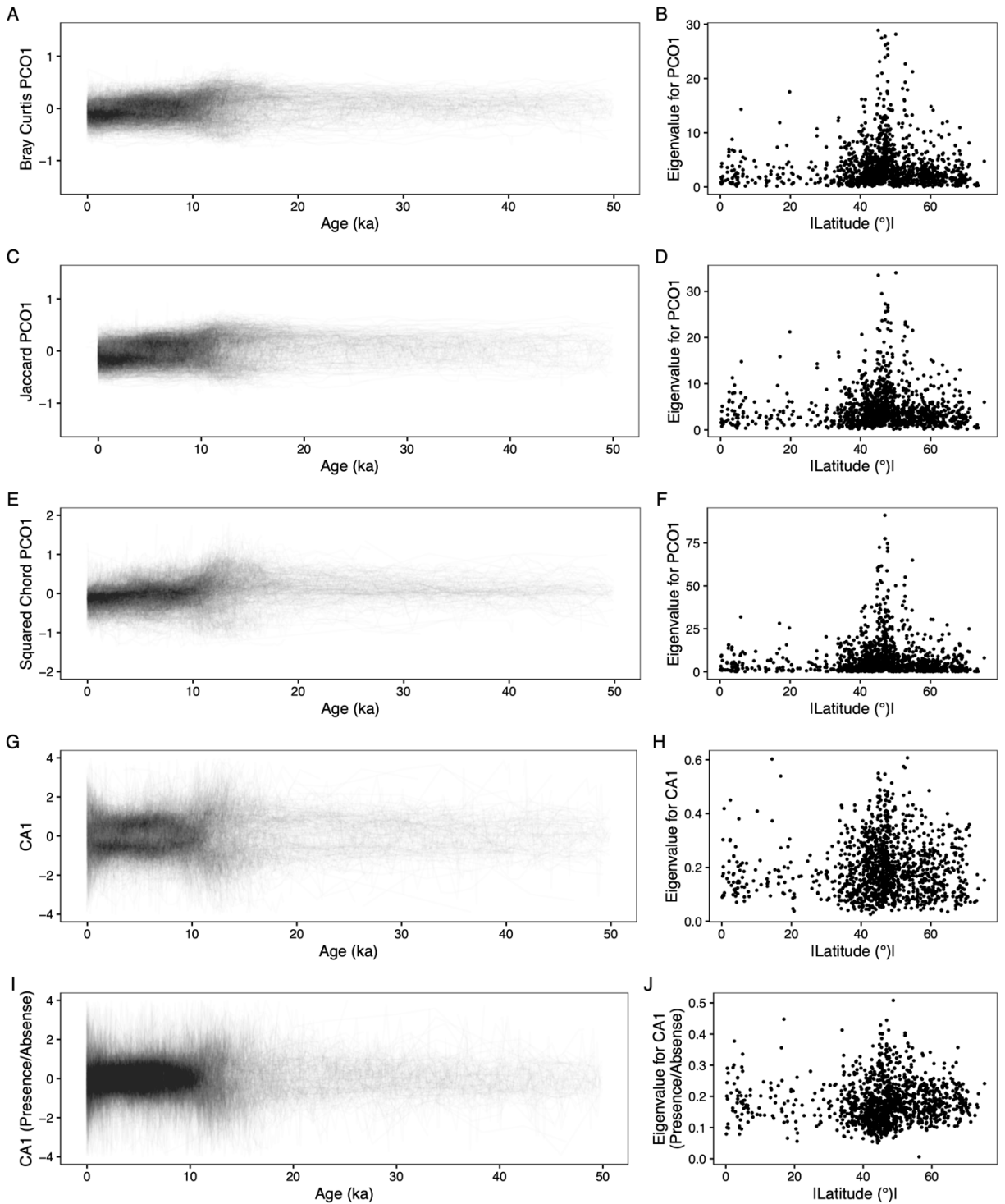
1394
1395



1396

1397 **Fig. S1**

1398 (A) All sites used in the spectral analyses, as in Fig. 2A. The probability density of (B) temporal
1399 resolution and (C) temporal span for all sites analyzed and all corresponding posterior age
1400 estimates. Note, that the Northern Hemisphere is more well-represented than the Southern
1401 Hemisphere.
1402

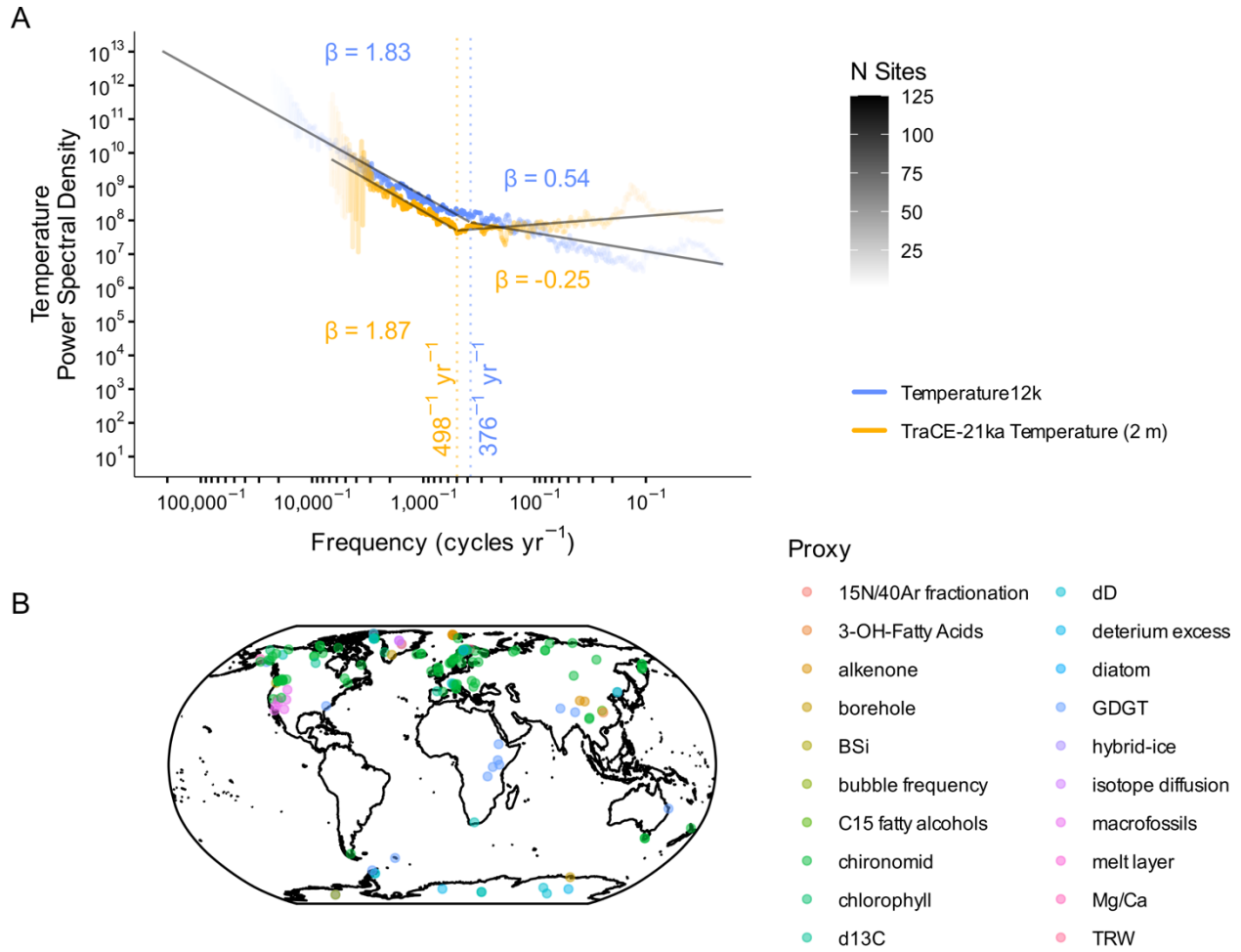


1403

1404 **Fig. S2**

1405 (A, C, E, G, I) The primary dimension of variability from 1) principal coordinates analyses
 1406 (PCO) using the (A) Bray-Curtis, (C) Jaccard, and (E) Squared Chord Distance metrics and 2)
 1407 (G) correspondence analysis on fossil pollen assemblages for each site analyzed. We also
 1408 performed correspondence analyses on fossil pollen assemblages after degrading the abundance

1409 observations to presence/absence (I). (B, D, F, H, J) Eigenvalues corresponding to PCO1 for
1410 each site plotted against the absolute value of the site latitude. For correspondence analyses,
1411 eigenvalues do not correspond to variance explained as they do for principal coordinate analyses.
1412 Rather, eigenvalues correspond to correlation coefficients between the coordinates for species in
1413 the fossil pollen assemblage (i.e. species score) and coordinates for time intervals (i.e. site score)
1414 in the ordination coordinate system. For visual simplicity, the PCO1 and CA1 results for each
1415 site are unscaled by the corresponding eigenvalue. Several scaled time series are presented in
1416 Fig. S18. In addition, the right column (B, D, F, H, J) demonstrates that eigenvalues tend to be
1417 higher in the high latitudes, causing PCO1 for high-latitude sites to be upscaled, producing
1418 greater total spectral power in Fig. S9, relative to the low latitudes. Also for visual simplicity, we
1419 only present sites here that span the last 50,000 years; we direct readers to our Zenodo repository
1420 (66) where all data are present.
1421

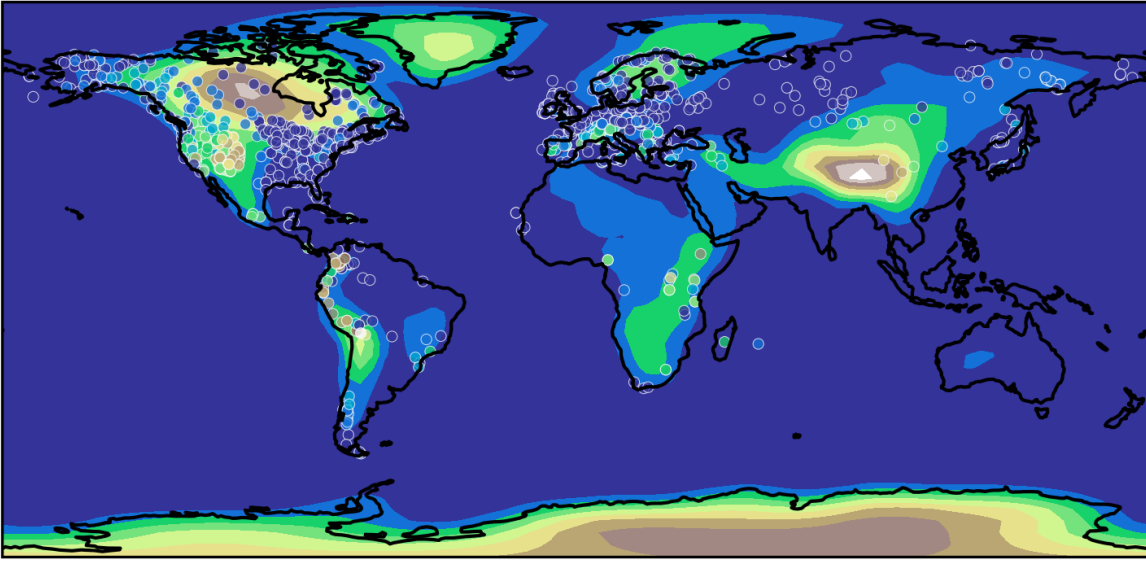


1422

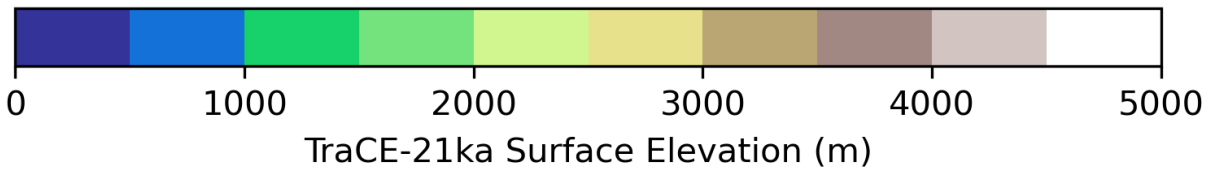
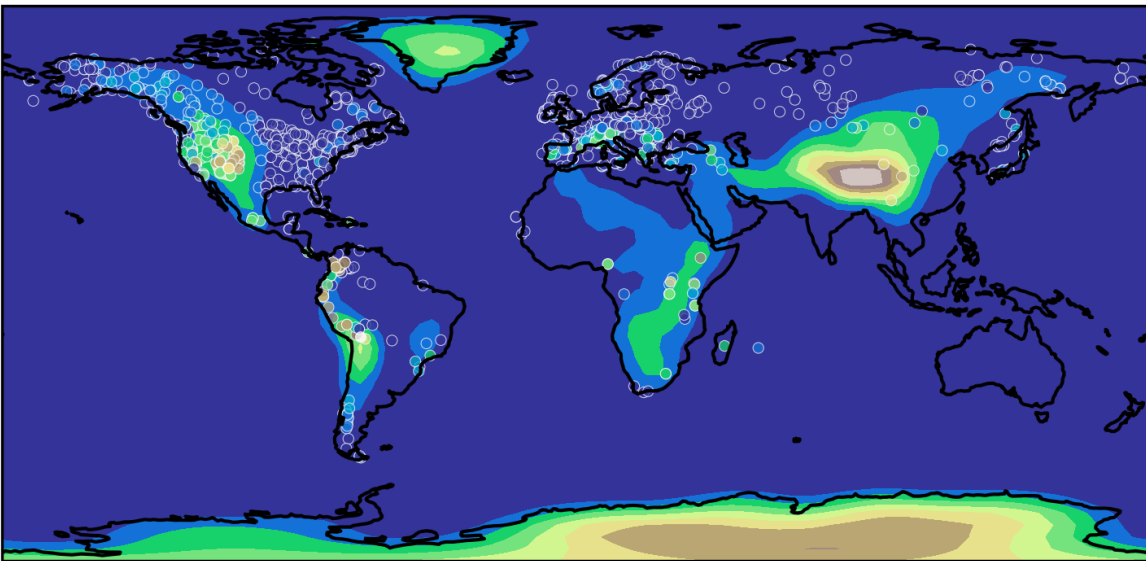
1423 **Fig. S3**

1424 (A) The averaged power spectrum for non-pollen temperature estimates from Temperature 12k
 1425 (yellow). The averaged power spectrum of temperature variability for TraCE-21ka (blue) is
 1426 estimated after degrading TraCE-21ka to match the time-averaged and spatial characteristics of
 1427 the Temperature12k sites. Power spectra line opacity indicates the number of sites that resolve
 1428 each frequency. Note the similar β at low frequencies and the similar break location between the
 1429 high frequency and low frequency scaling regimes. (B) The Temperature12k sites are colored by
 1430 proxy.

21 ka Average



0 ka Average

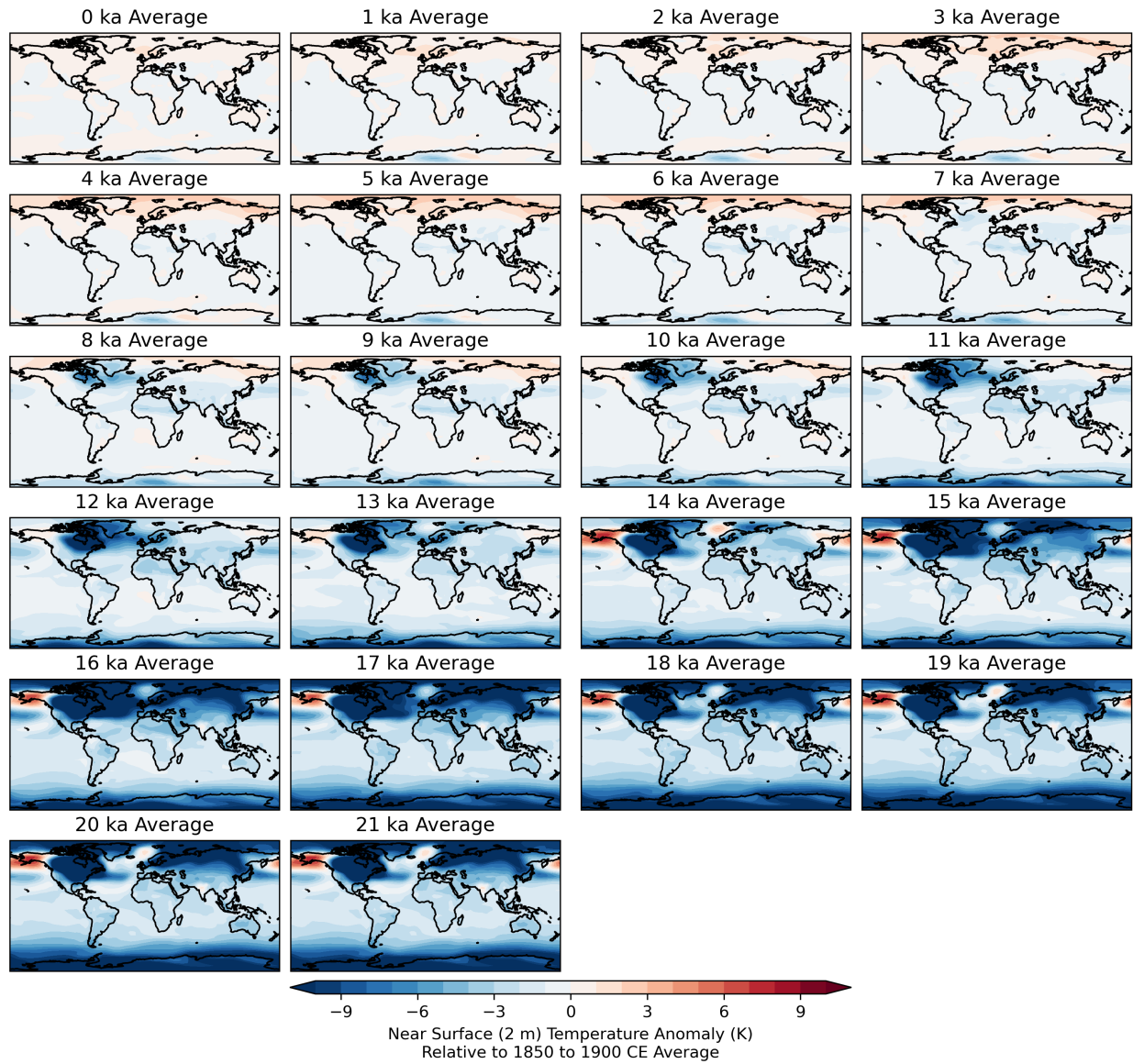


1431

1432 **Fig. S4**

1433 Surface elevation for the TraCE-21ka simulations averaged for 21ka and 0ka, calculated using
1434 the surface geopotential (PHIS in CCSM3). The change in topography in North America and
1435 Antarctica from 21ka to 0ka is associated with a loss of the Laurentide Ice Sheet and a reduction

1436 in ice volume in Antarctica. TraCE-21ka is simulated with ice sheet topography from the ICE-
1437 5G reconstruction (100).



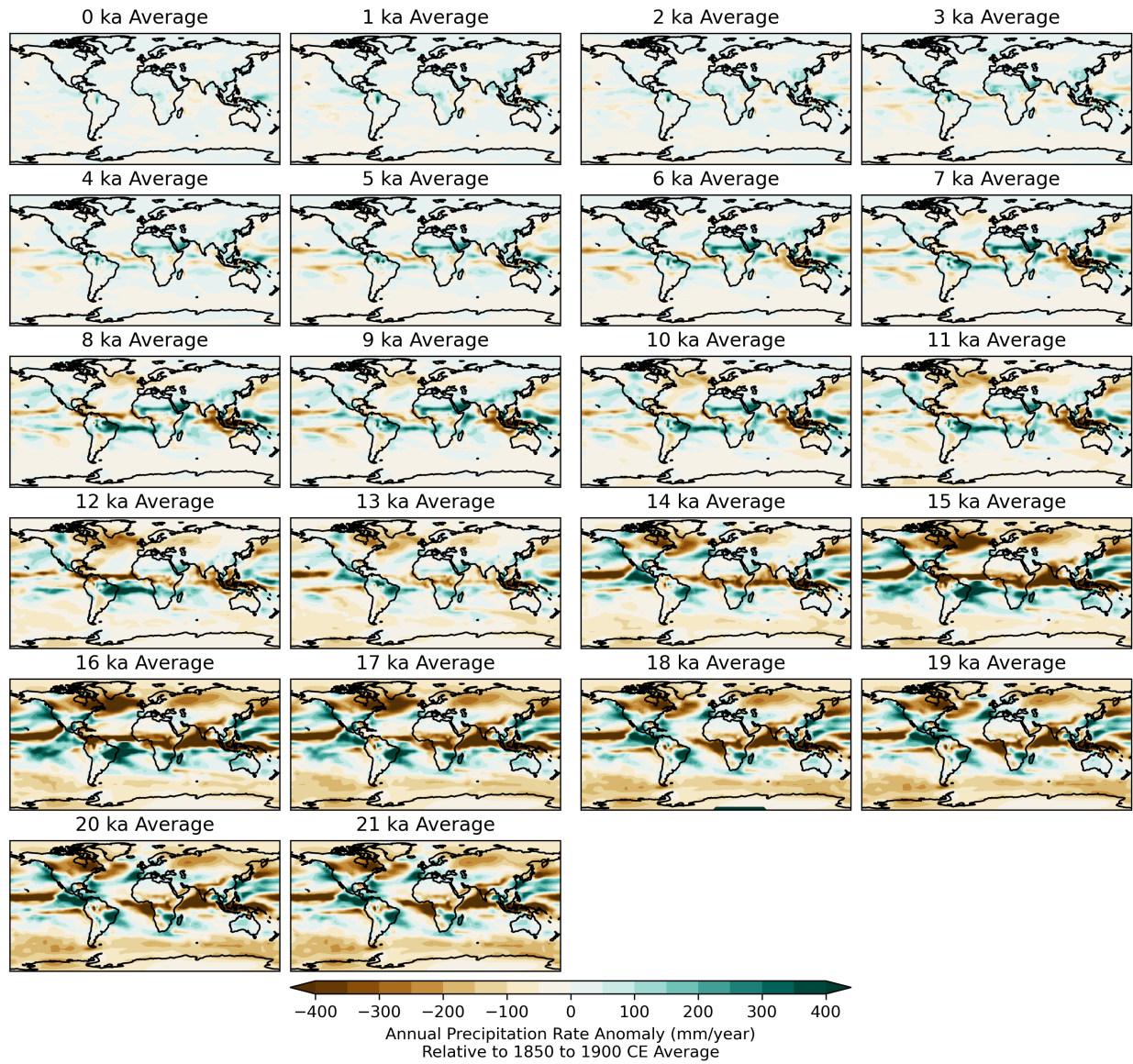
1438

1439 **Fig. S5**

1440 Near surface temperature anomalies for TraCE-21ka relative to an 1850 to 1900 CE baseline

1441 averaged every 1,000 years.

1442

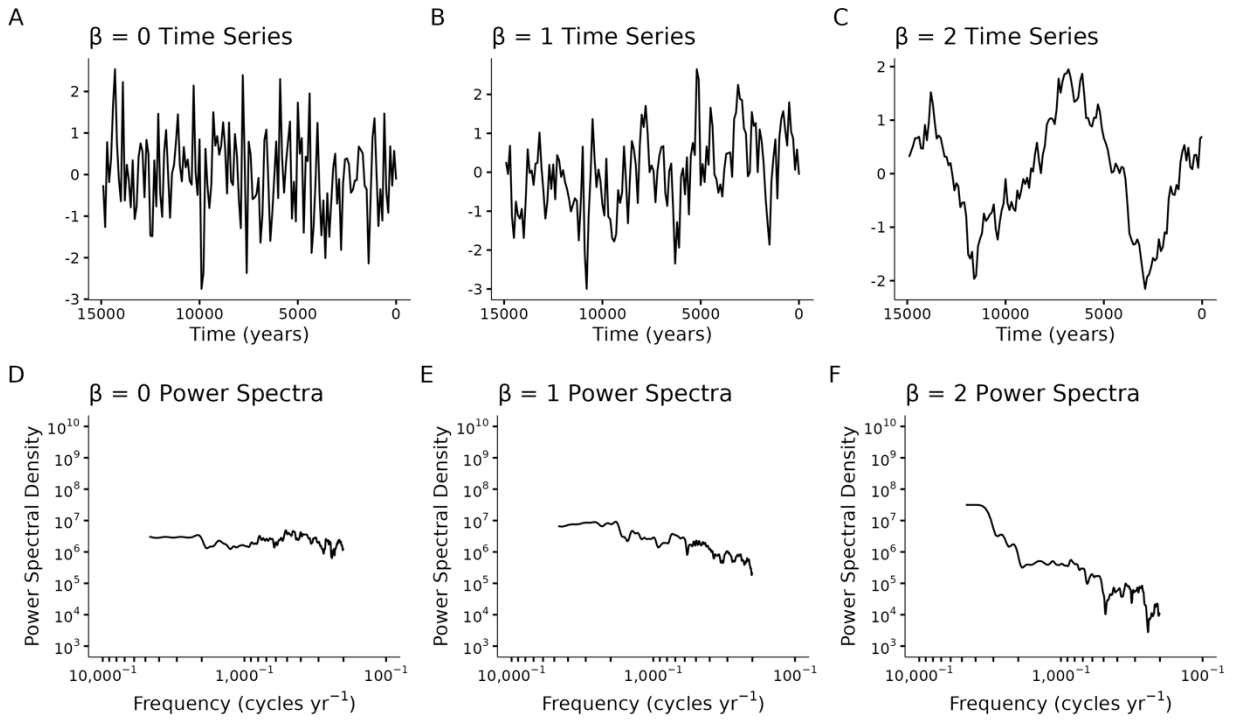


1443

1444 **Fig. S6**

1445 As in Fig. S5 but for the total annual precipitation rate.

1446

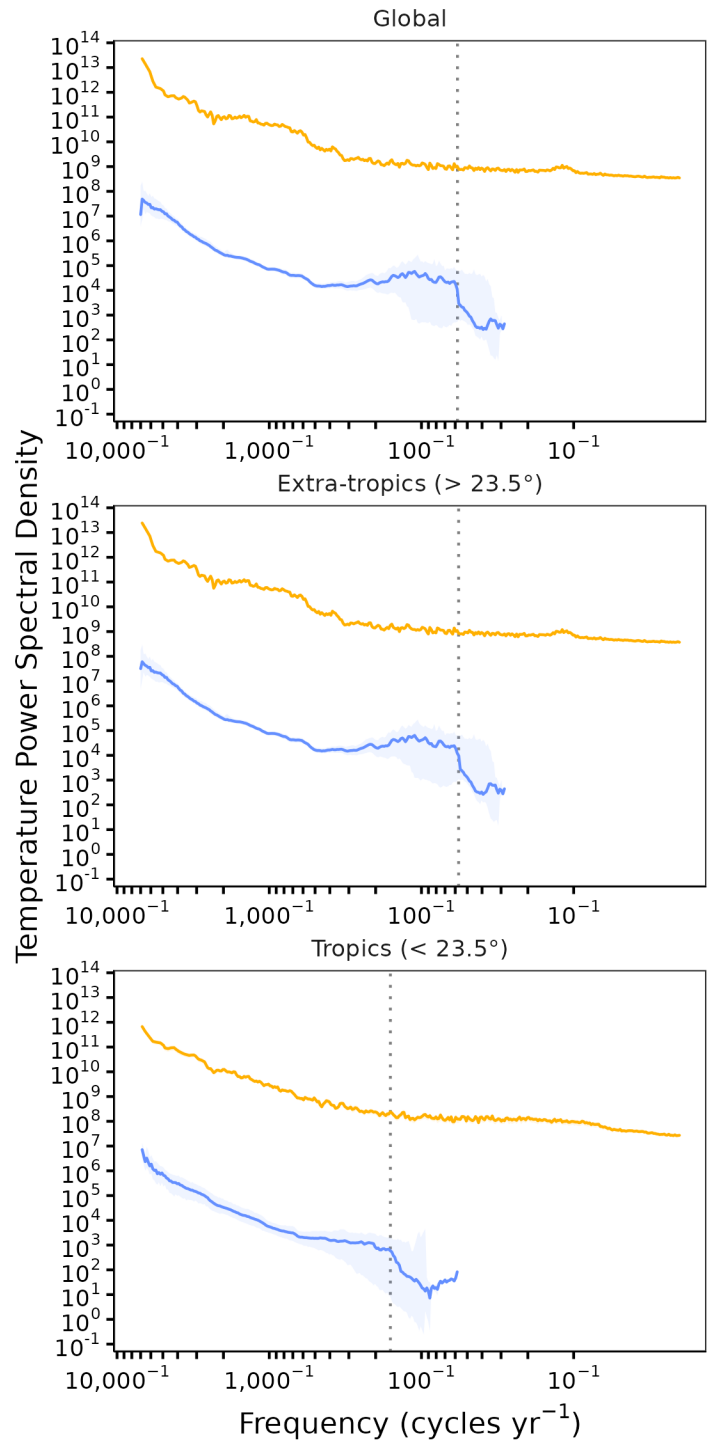


1447

1448 **Fig. S7**

1449 (A-C) Synthetic time series with arbitrary units demonstrating a β of (A) 0, (B) 1, and (C) 2. (D-
 1450 F) The corresponding power spectra for the synthetic time series in (A-C).

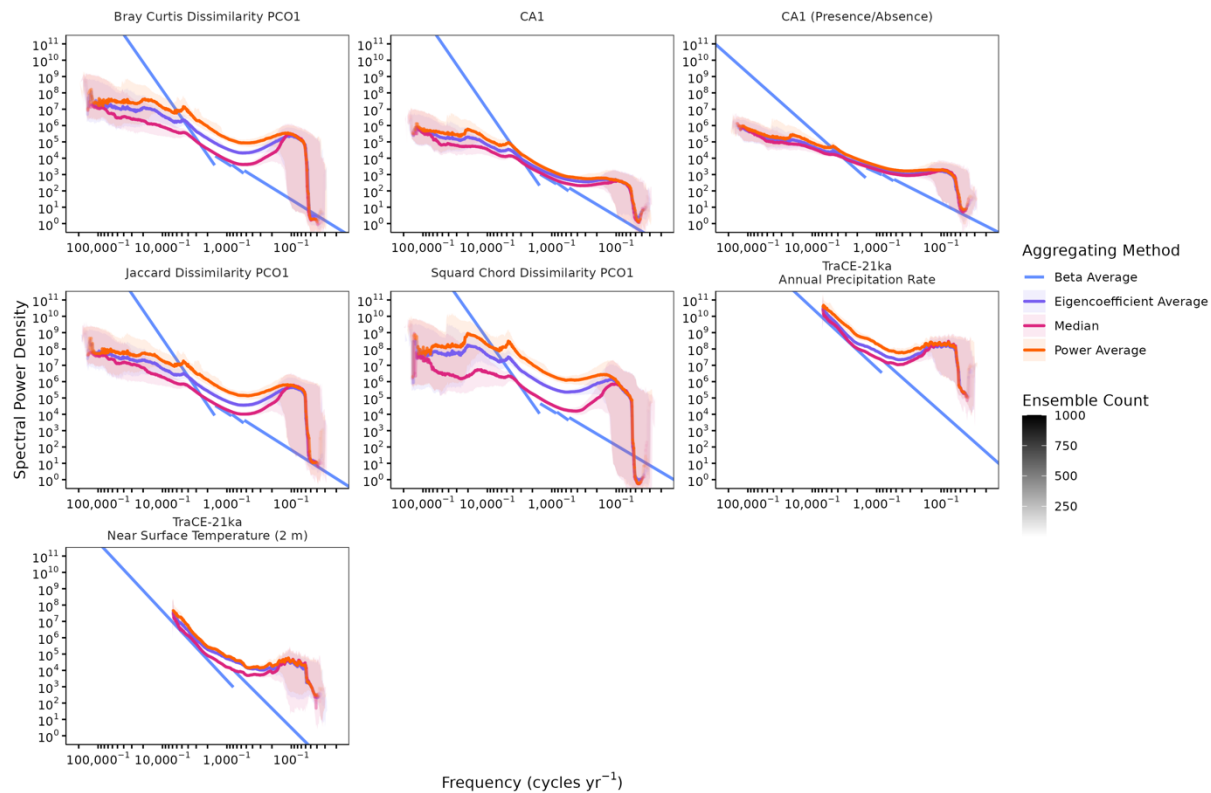
1451



— Degraded — Original Signal

1453 **Fig. S8**

1454 Spectral power for near-surface temperature for TraCE-21ka at each fossil pollen site where the
1455 temperature time series is resolved annually (yellow) and degraded (blue) to match the temporal
1456 characteristics of the fossil pollen assemblage. For degradation, each annually-resolved
1457 temperature time series corresponding to the nearest grid cell to the fossil pollen site being
1458 analyzed was temporally subsampled to match the fossil pollen abundances and then smoothed
1459 using a low-pass filter with a timescale twice the mean resolution of the fossil pollen abundances
1460 (33). The frequency associated with a spurious drop in spectral power in the degraded power
1461 spectra, not present in the annually resolved power spectra, is defined as the highest resolvable
1462 frequency for (A) global, (B) extra-tropical, and (C) tropical spectral power estimates and
1463 marked with a dashed line. These frequencies are 58^{-1} years $^{-1}$, 57^{-1} years $^{-1}$, and 160^{-1} years $^{-1}$,
1464 respectively. Confidence intervals derive from the Monte-Carlo resampling procedure outlined in
1465 *Uncertainty Estimation*.
1466



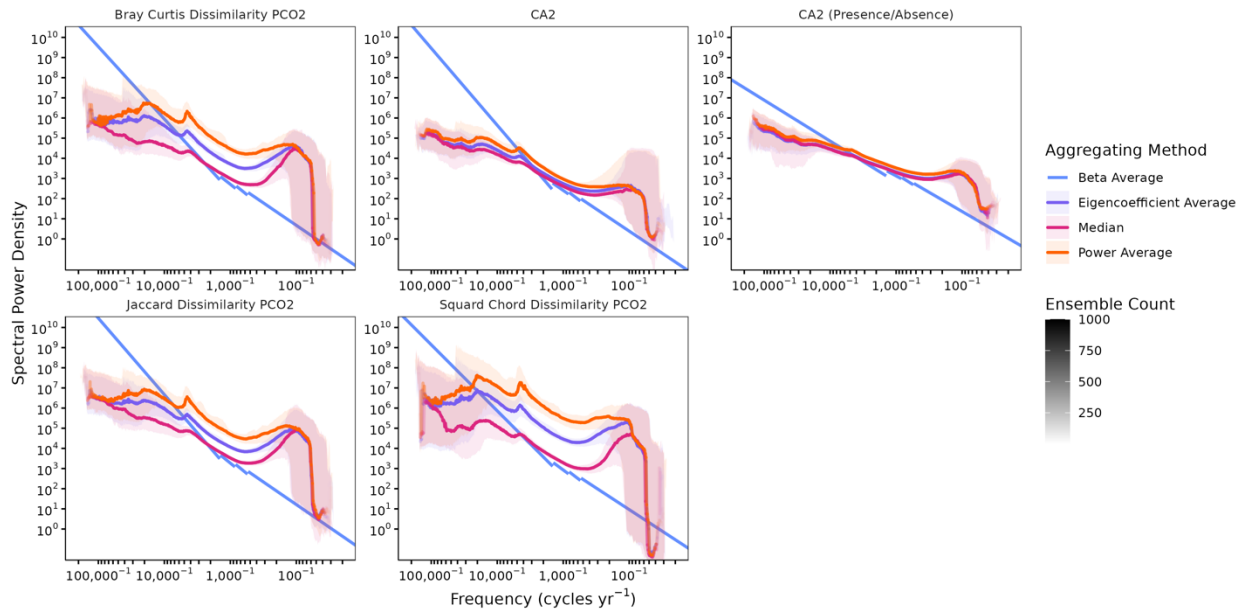
1467

1468 **Fig. S9**

1469 Sensitivity tests for the continuum of ecological variability, in which the dimensionality-
 1470 reduction methods and spectral-averaging methods are varied. Power spectra line opacity
 1471 indicates the number of ensemble members that resolve each frequency. Results are presented for
 1472 the primary dimension of variability from dimensionality reduction on fossil pollen assemblages.
 1473 For the power average approach, we bin by frequency and then average the spectral power values
 1474 across sites. For the eigencoefficient average approach, we bin by frequency and average the five
 1475 MTM eigencoefficients corresponding to each data taper, across sites. We calculate spectral
 1476 power following Equation 1. For the β average approach, we estimate β through an ordinary least
 1477 squares regression between spectral power and frequency at a single site. We then average across
 1478 sites to produce a global estimate of β . This procedure only retains β , not spectral power.
 1479 Therefore, for the β average method only the resulting β fit is presented. The separate lines for β
 1480 average correspond to β in four frequency bands. The breakpoint of these two lines indicates the
 1481 calculated average break location averaged across sites. All sensitivity analyses were performed
 1482 with the Monte Carlo resampling procedure detailed in *Uncertainty Estimation* with the shaded
 1483 area corresponding to the 95% confidence interval. Note, that all averaged power spectra based
 1484 on PCO1 (the first axis of Principal Coordinates Analysis) of the site-level community
 1485 dissimilarity matrix demonstrate a decrease in β after the common $\sim 17,000^{-1}$ years $^{-1}$ breakpoint
 1486 ($\beta = 0.57$ for Bray-Curtis PCO1, $\beta = 0.72$ for Jaccard PCO1, $\beta = -0.08$ for Squared Chord
 1487 PCO1). This decrease is greatest in the squared chord dissimilarity metric which outperforms all
 1488 other metrics for distinguishing modern fossil pollen assemblages that source from different
 1489 ecosystems (i.e. is the most sensitive dissimilarity metric) (63, 64). In contrast, CA1 (the first
 1490 axis of Correspondence Analysis), which cannot saturate like metric-based approaches, shows no

1491 such decrease in β . The averaged power spectra for CA1, which represents the primary
1492 dimension of variation in fossil pollen assemblages (not the dissimilarity matrix), has a higher β
1493 ($\beta = 0.87$ for frequencies lower than the $18,395^{-1}$ years⁻¹ breakpoint) and more consistent β s
1494 across all frequencies, demonstrating that the decrease in β observed at low frequencies for PCO-
1495 based approaches is caused by metric saturation.
1496

1497
1498

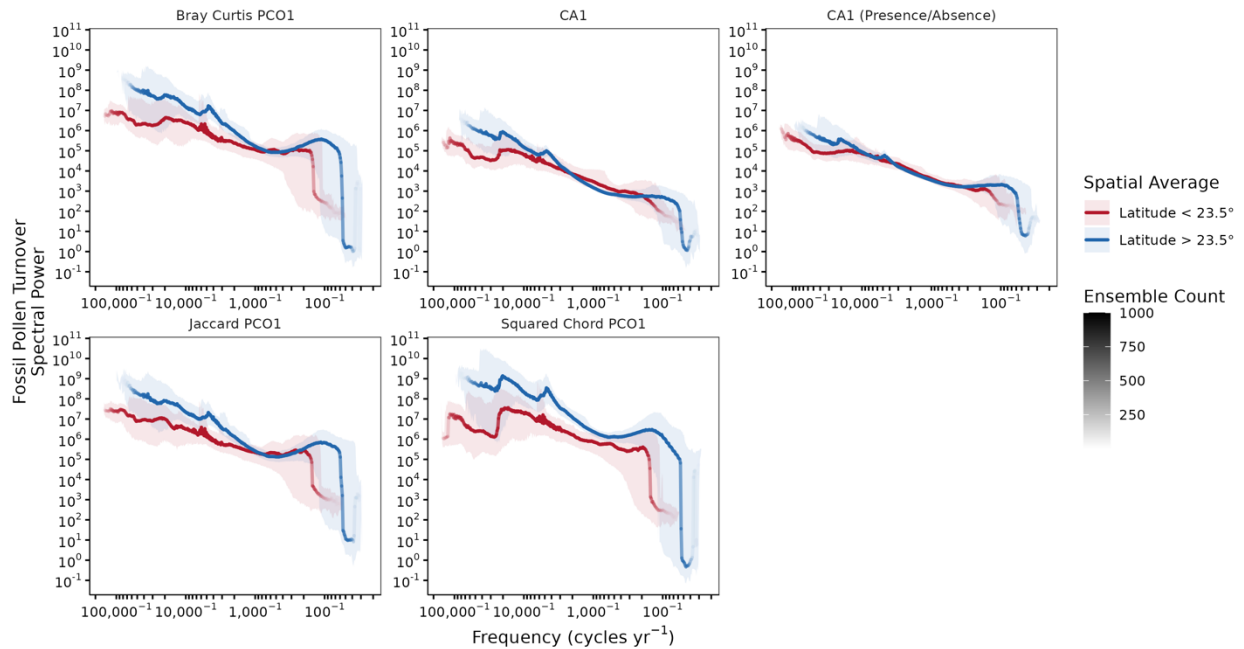


1499

1500 **Fig. S10**

1501 As in Fig. S9, for the secondary dimension of variability from dimensionality reduction on fossil
1502 pollen assemblages.

1503

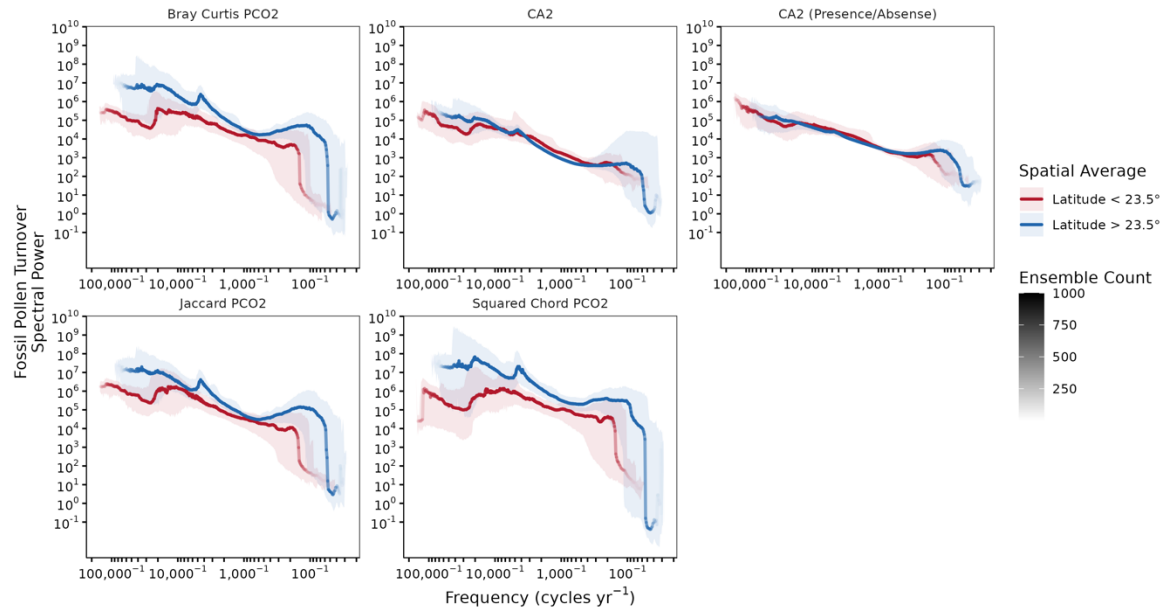


1504

1505 **Fig. S11**

1506 Sensitivity tests for latitudinal averaged power spectra for PCO1 of fossil pollen assemblages
 1507 where the dimensionality reduction method is varied. All power spectra were generated by
 1508 averaging spectral power after binning by frequency. Power spectra line opacity indicates the
 1509 number of ensemble members that resolve each frequency.

1510



1511

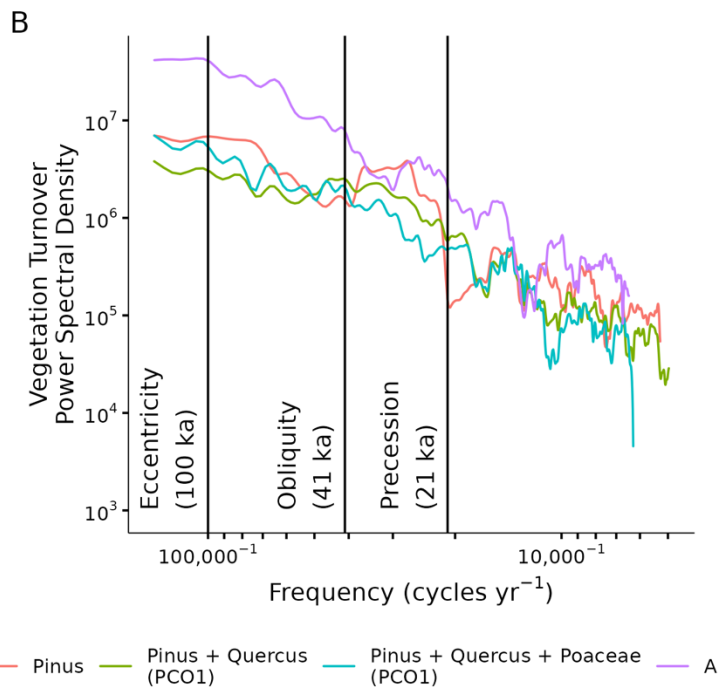
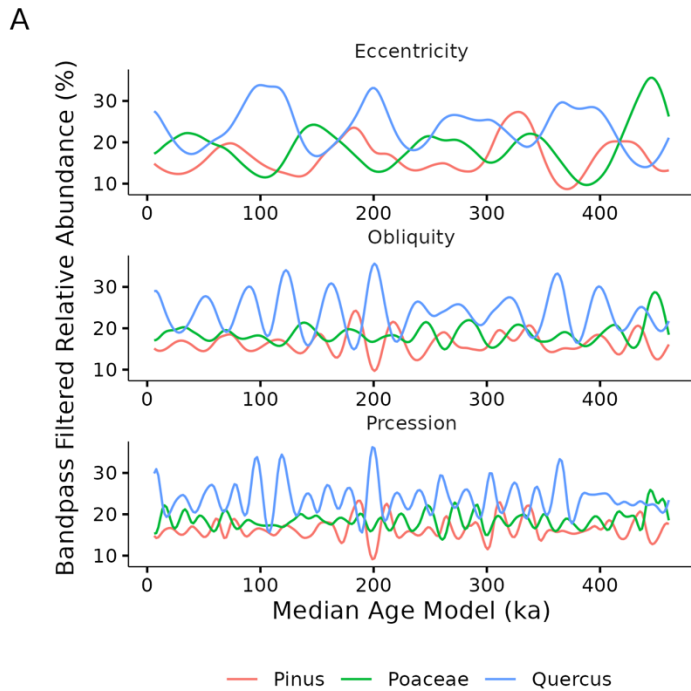
1512

Fig. S12

1513

As in Fig. S11 but for PCO2 from fossil pollen assemblages.

1514

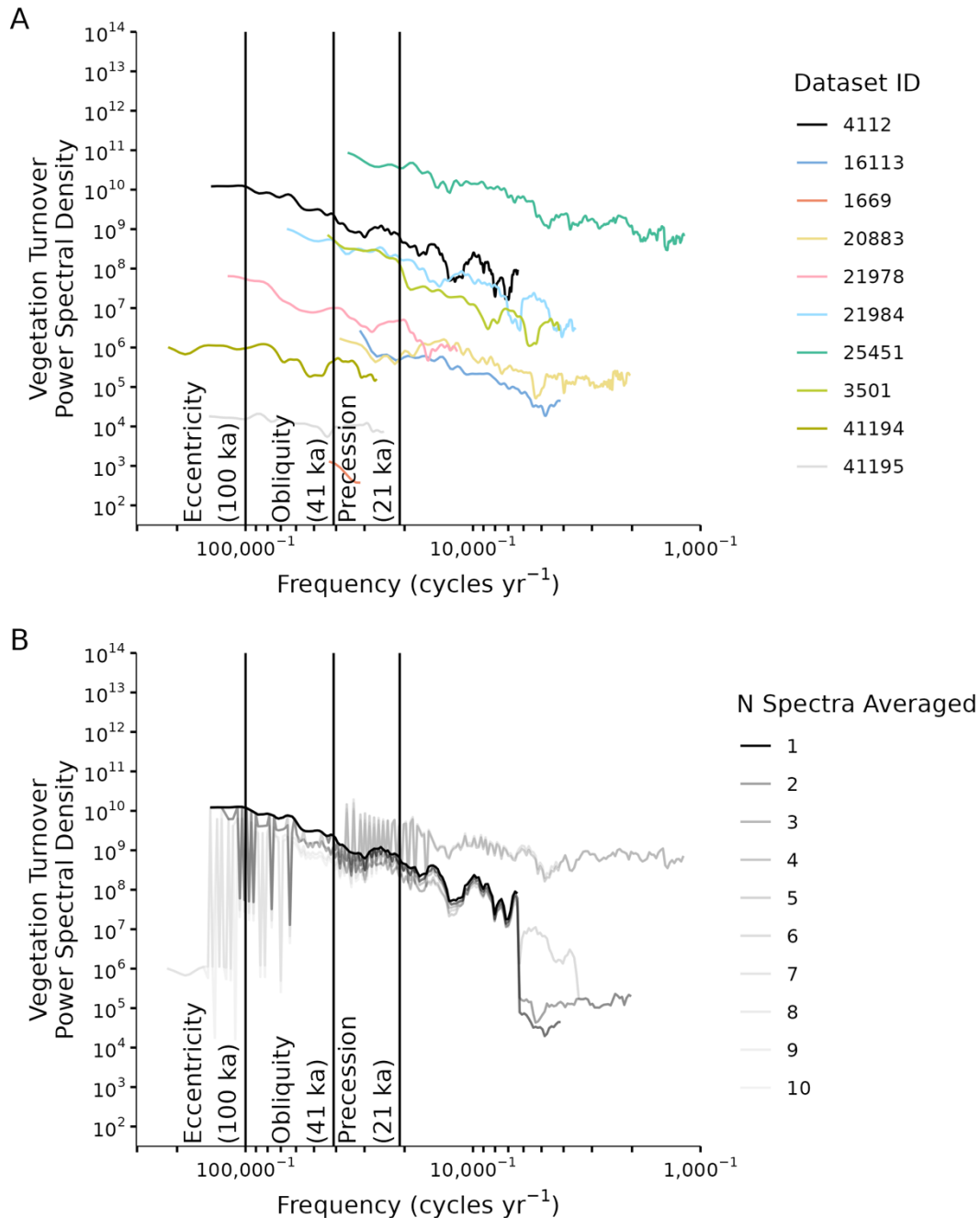


1515

1516 **Fig. S13**

1517 (A) Taner filtered relative abundance of the three most abundant taxa at Ioannina (Dataset ID:
 1518 4112) for the precession (21,000 year), obliquity (41,000), and eccentricity (100,000 year)
 1519 Milankovitch cycles: *Pinus* (red), *Quercus* (blue), and *Poaceae* (green). A filter window from
 1520 25,000⁻¹ to 18,000⁻¹ years⁻¹ was used to isolate the precession signal. A filter window from
 1521 45,000⁻¹ to 35,000⁻¹ years⁻¹ was used to isolate the obliquity signal. A filter window from

1522 120,000⁻¹ to 80,000⁻¹ years⁻¹ was used to isolate the eccentricity signal. Note, that *Pinus*,
1523 Poaceae, and *Quercus* are out of phase for each Milankovitch cycle. (B) The effect of these out
1524 of phase relative abundance changes on periodic signals in the relative abundance and primary
1525 dimension of variability at site Ioannina. The red line corresponds to MTM performed on *Pinus*
1526 pollen relative abundance, not the primary mode of variability from PCO since more than one
1527 taxa is needed to generate a dissimilarity matrix. The green line corresponds to MTM performed
1528 on the primary dimension of variability of the dissimilarity matrix calculated with *Pinus* and
1529 *Quercus* relative abundances. For the blue line, Poaceae was added when calculating the
1530 dissimilarity matrix. In all instances, the out of phase behavior in (A) causes the periodic signal
1531 present in *Pinus* relative abundance near the obliquity band to diminish. MTM on PCO1 of the
1532 dissimilarity matrix of all taxa at Ioannina corresponds to the purple line.
1533

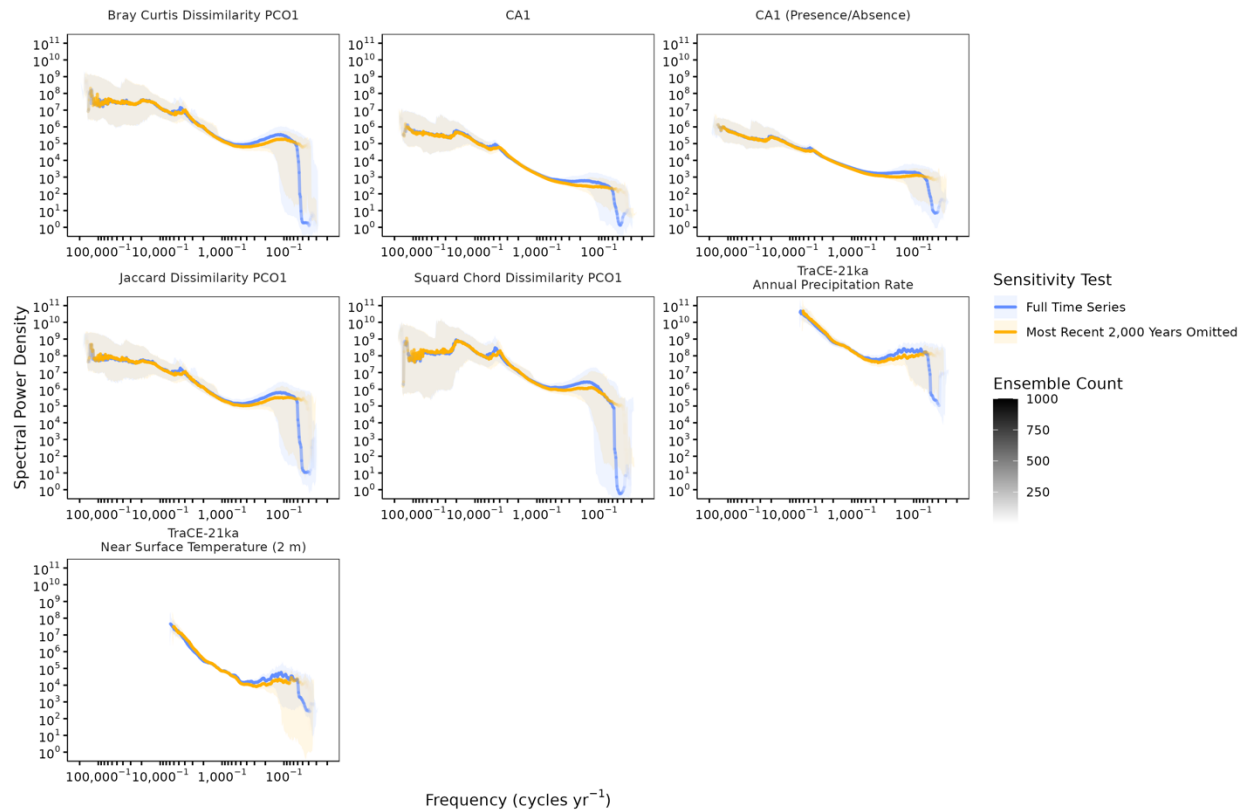


1534

1535 **Fig. S14**

1536 (A) Spectral power from the ten longest records from our Neotoma compilation. High spectral
 1537 power at all Milankovitch bands is particularly well expressed at ODP Site 658 (41194) and
 1538 Páramo de Agua Blanca (21978). (B) The effect of averaging spectral power across these sites,
 1539 each with a unique sampling resolution and temporal span. Here, the averaging is a running
 1540 mean from the site order in A. For instance, “N Spectra Averaged” of one is the Ioannina (4112)
 1541 record; a value of two is the average of Ioannina (4112) and Grays Lake (16113); a value of three
 1542 is the average of Ioannina (4112), Grays Lake (16113), and Lake Louise (1669). We use the

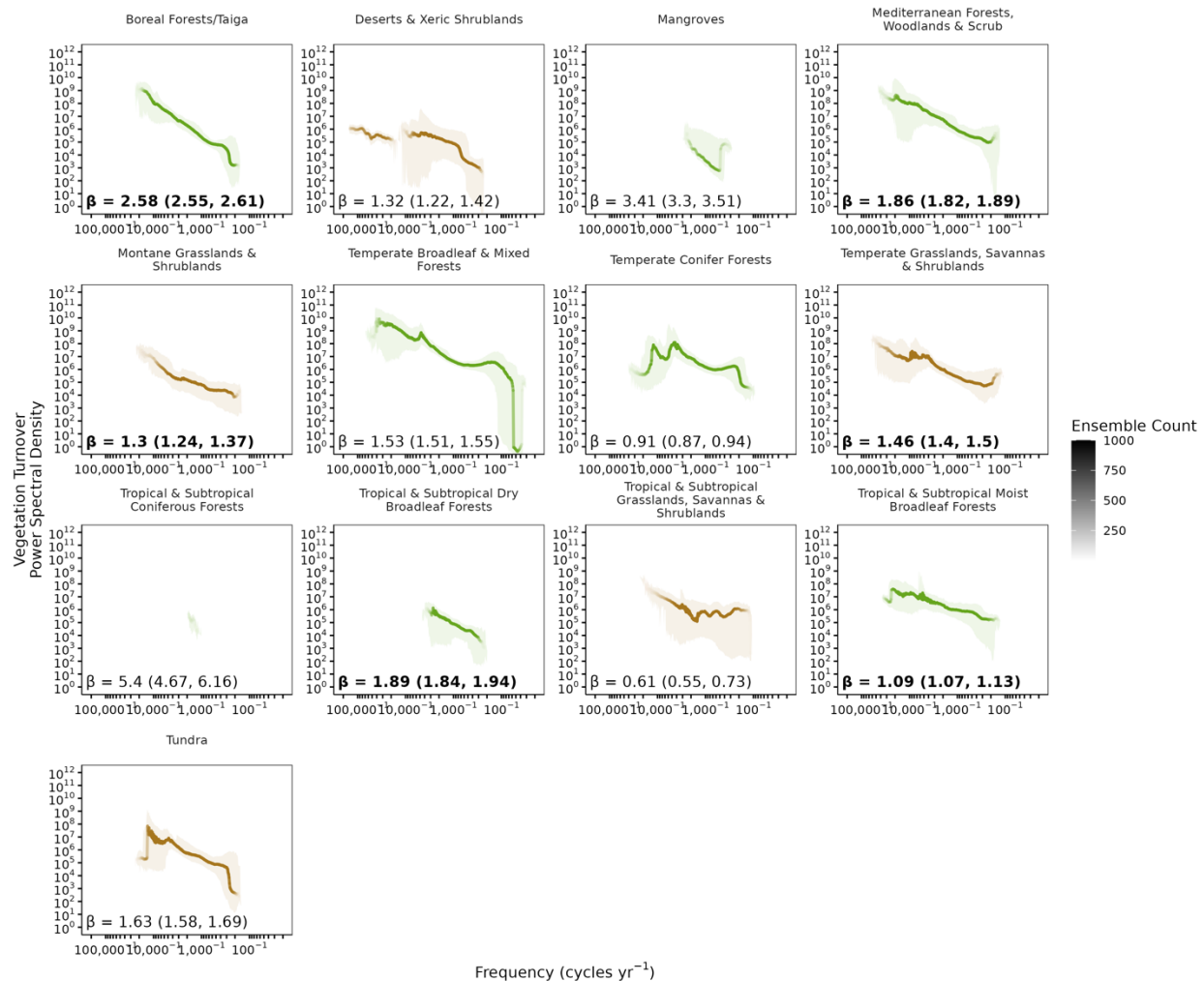
1543 median Behron age model in these analyses and do not employ the resampling procedure of the
1544 main manuscript.
1545



1546

1547 **Fig. S15**

1548 Sensitivity tests for the continuum of vegetation turnover and climate variability based on the
 1549 median of an ensemble of spectral power estimates after removing any observations younger
 1550 than 2,000 years, to assess the influence of anthropogenic land use change. The blue line
 1551 corresponds to results from Fig. 2 and Fig. S9 and the yellow line corresponds to the sensitivity
 1552 test. Power spectra line opacity indicates the number of ensemble members that resolve each
 1553 frequency. Note, that the confidence intervals for the power spectra overlap across all of
 1554 frequency space suggesting a limited influence of anthropogenic land use change.
 1555

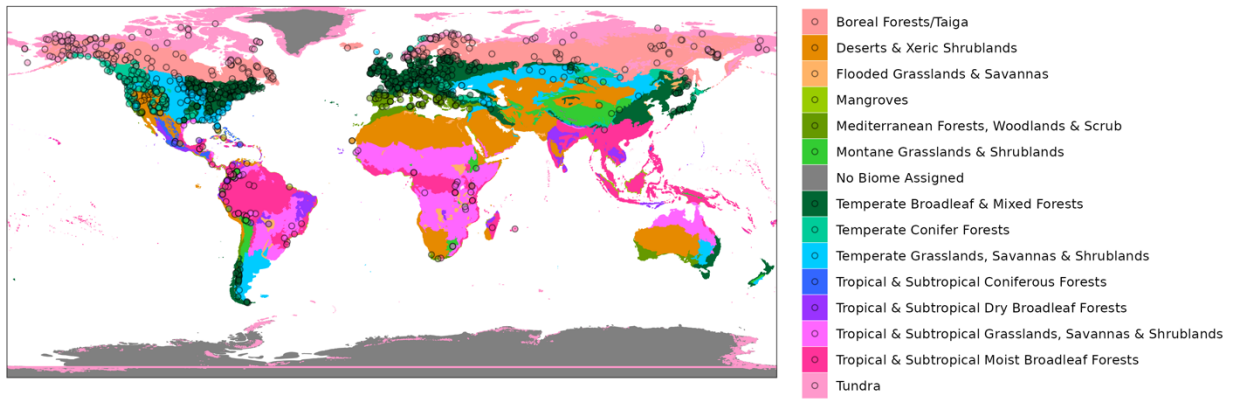


1556

1557 **Fig. S16**

1558 Power spectra for vegetation turnover averaged across biomes, unlike the global, tropical, and
 1559 extra-tropical averages in Fig. 2 and Fig. 3. Line coloring corresponds to biomes that have a
 1560 large proportion of grasses (brown) or a large proportion of trees (green). β was estimated across
 1561 each, entire power spectra (i.e. no breakpoint identification) and the bold text corresponds to
 1562 power spectra where a single β estimate fits the power-law scaling relationship between spectral
 1563 power and frequency well. For instance, vegetation turnover in the Tropical & Subtropical
 1564 Grasslands, Savannas & Shrublands biomes have two scaling regimes. Frequencies lower than
 1565 $\sim 2,000^{-1}$ years $^{-1}$ have a large increase in spectral power with decreasing frequency. In contrast,
 1566 frequencies higher than $\sim 2,000^{-1}$ years $^{-1}$ have uniform spectral power. For this reason, a single β
 1567 value poorly represents the non-linear scaling relationship. Note, that the gap in the power
 1568 spectrum of Deserts & Xeric Shrublands is caused by the power spectra of two long records at
 1569 coarse resolution (ODP658, Dataset ID: 41194, 41195, off the western coast of the Sahara Desert
 1570 in Fig. S17, Data S1) being averaged with short, comparatively high resolution records. A lack of
 1571 sites with intermediate resolution and temporal span in the Deserts & Xeric Shrubland biome
 1572 causes a gap spectral power when all sites in the biome are averaged together.
 1573

1574

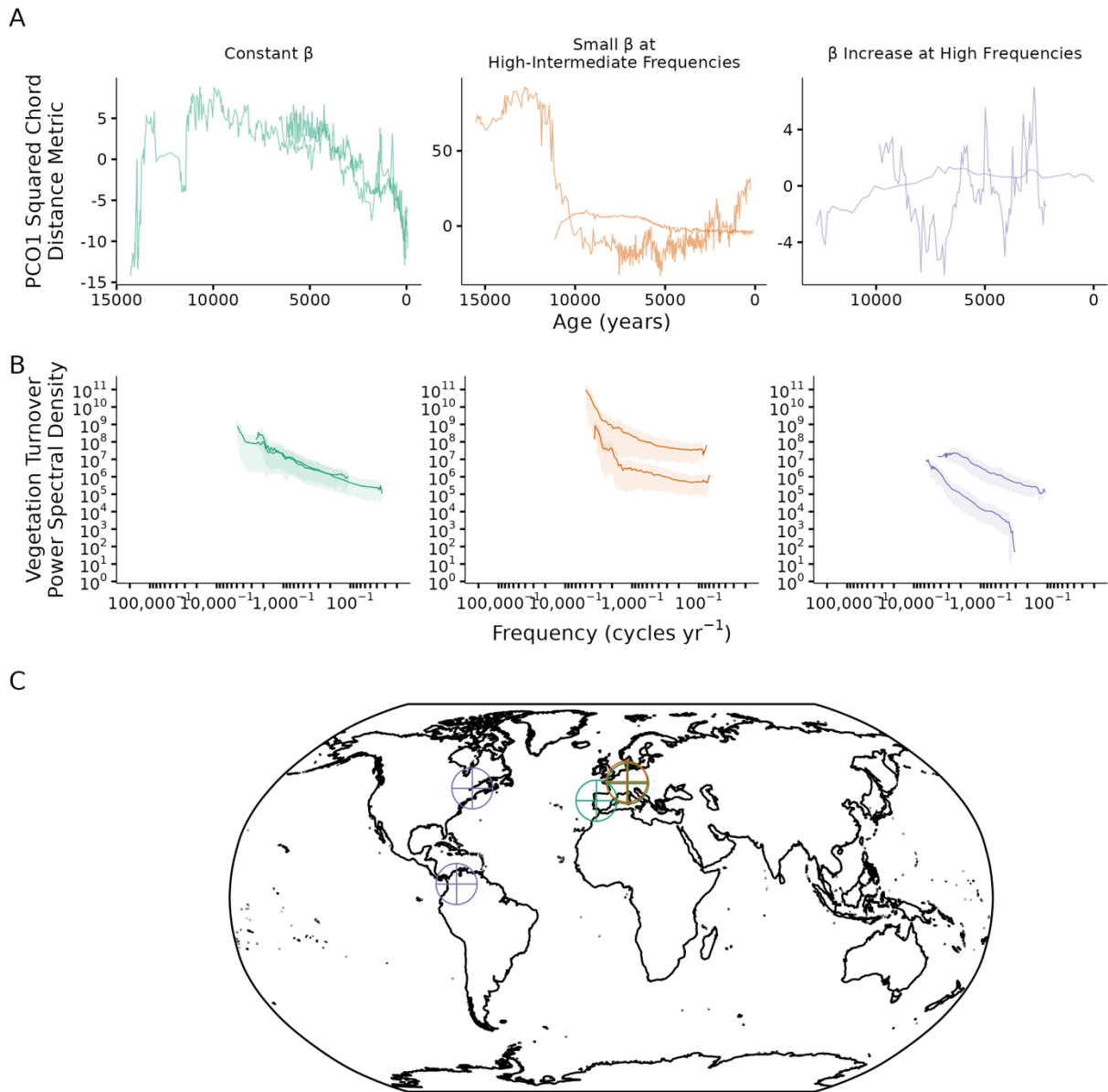


1575

1576 **Fig. S17**

1577 Biome classifications for each site in our compilation based on ecoregions determined by
1578 Dinerstein et al (99).

1579

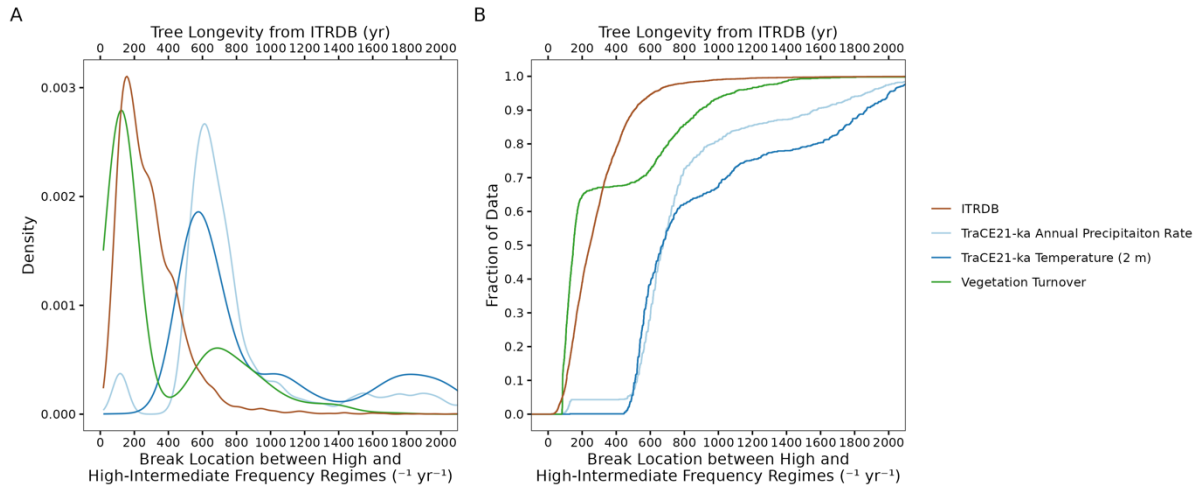


1581

1582 **Fig. S18**

1583 (A) Individual records of vegetation turnover from the 1,321 site compilation that are selected to
 1584 demonstrate characteristics of the global average power spectra that are presented in Fig. 2 and
 1585 Fig. 3. Sites that demonstrate a constant β at millennial frequencies are colored in green and
 1586 correspond to the globally averaged spectrum of vegetation turnover from 797^{-1} to $18,012^{-1}$
 1587 years^{-1} (Dataset IDs: 40999, 41909). Sites that have a low β at high-intermediate frequencies are
 1588 colored in orange and correspond to the globally averaged spectrum of vegetation turnover from
 1589 149^{-1} to 797^{-1} years^{-1} (Dataset IDs: 40958, 42692). Sites that demonstrate a high β at the highest
 1590 frequencies are colored in purple and correspond to the globally averaged spectrum of vegetation
 1591 turnover for frequencies higher than 149^{-1} years^{-1} (Dataset IDs: 219, 21702). (B) The power

1592 spectra for the vegetation turnover time series in (A). (C) The location of sites presented in (A).
1593 The colors correspond to different spectral characteristics that are highlighted in the main text.
1594 Note, that all sites demonstrate a decrease in β at multimillennial timescales present in the global
1595 average at frequencies lower than $18,012^{-1}$ years⁻¹. Note, in (A) the PCO1 time series are scaled
1596 by the corresponding eigenvalue, unlike in Fig. S2.
1597
1598



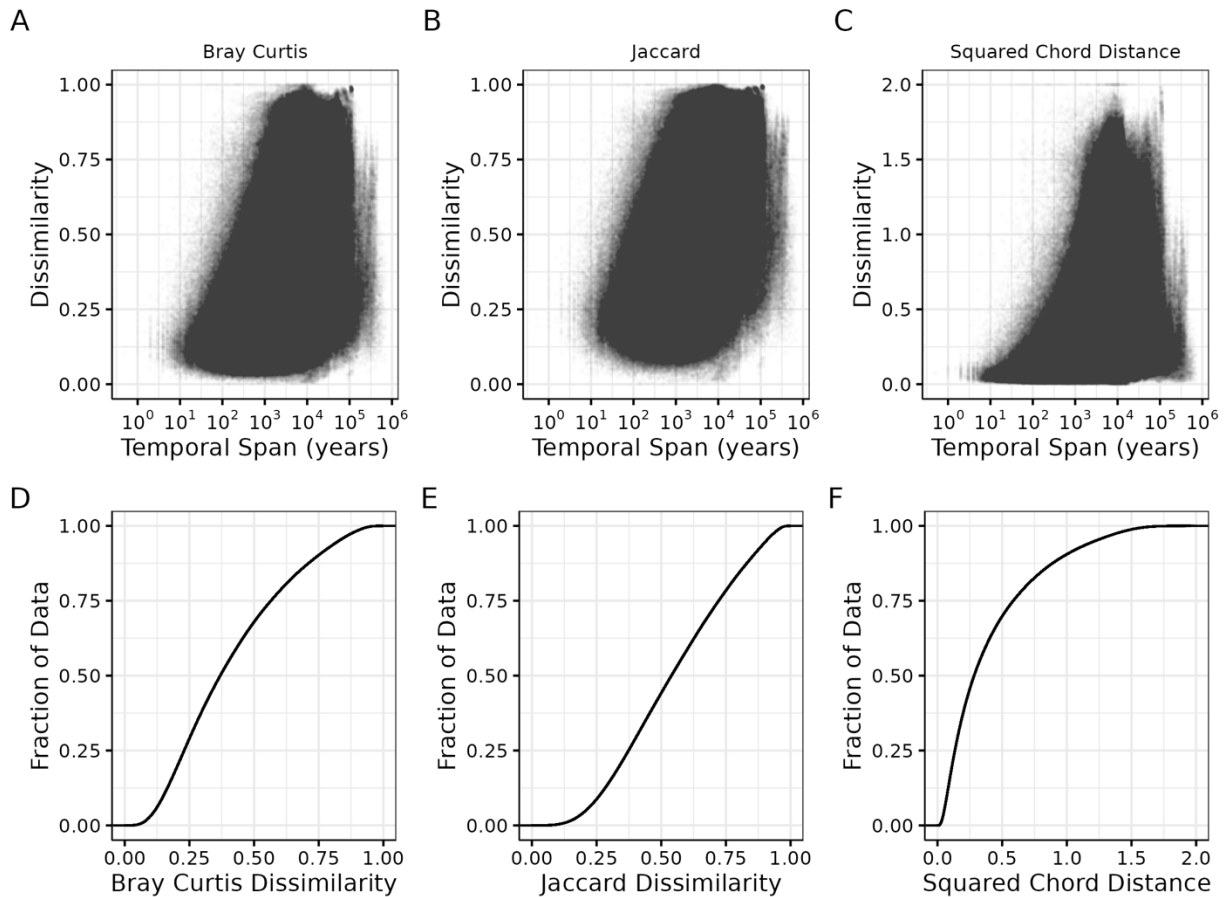
1599

1600 **Fig. S19**

1601 (A) Probability density distributions and (B) empirical cumulative distributions for the ensemble
 1602 of breakpoints estimated for globally averaged power spectra between the low-intermediate and
 1603 high-intermediate frequency band for fossil pollen (green) from our Monte Carlo resampling
 1604 approach, compared to tree longevity estimates from the International Tree Ring Data Bank
 1605 (brown). Break locations for TraCE-21ka near-surface temperature (blue) and TraCE-21ka
 1606 precipitation (light blue) correspond to one break location, previously reported (5, 6), at
 1607 frequencies between 100^{-1} to $1,000\text{ years}^{-1}$. Tree longevity from the International Tree Ring Data
 1608 Bank corresponds to the top horizontal axis. All pollen results presented are from PCO1 using
 1609 the squared chord distance metric and averaged by spectral power.

1610

1611

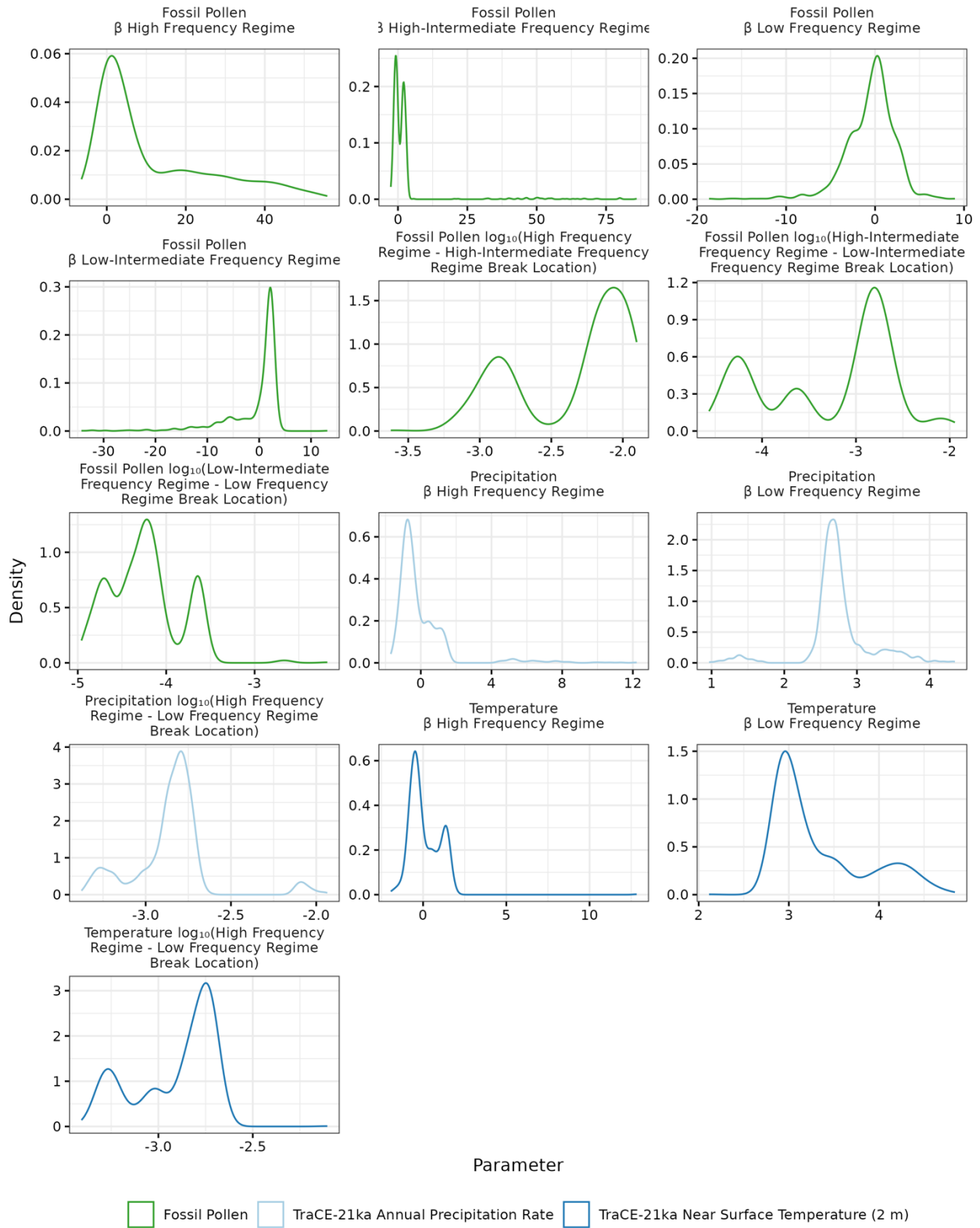


1612

1613 **Fig. S20**

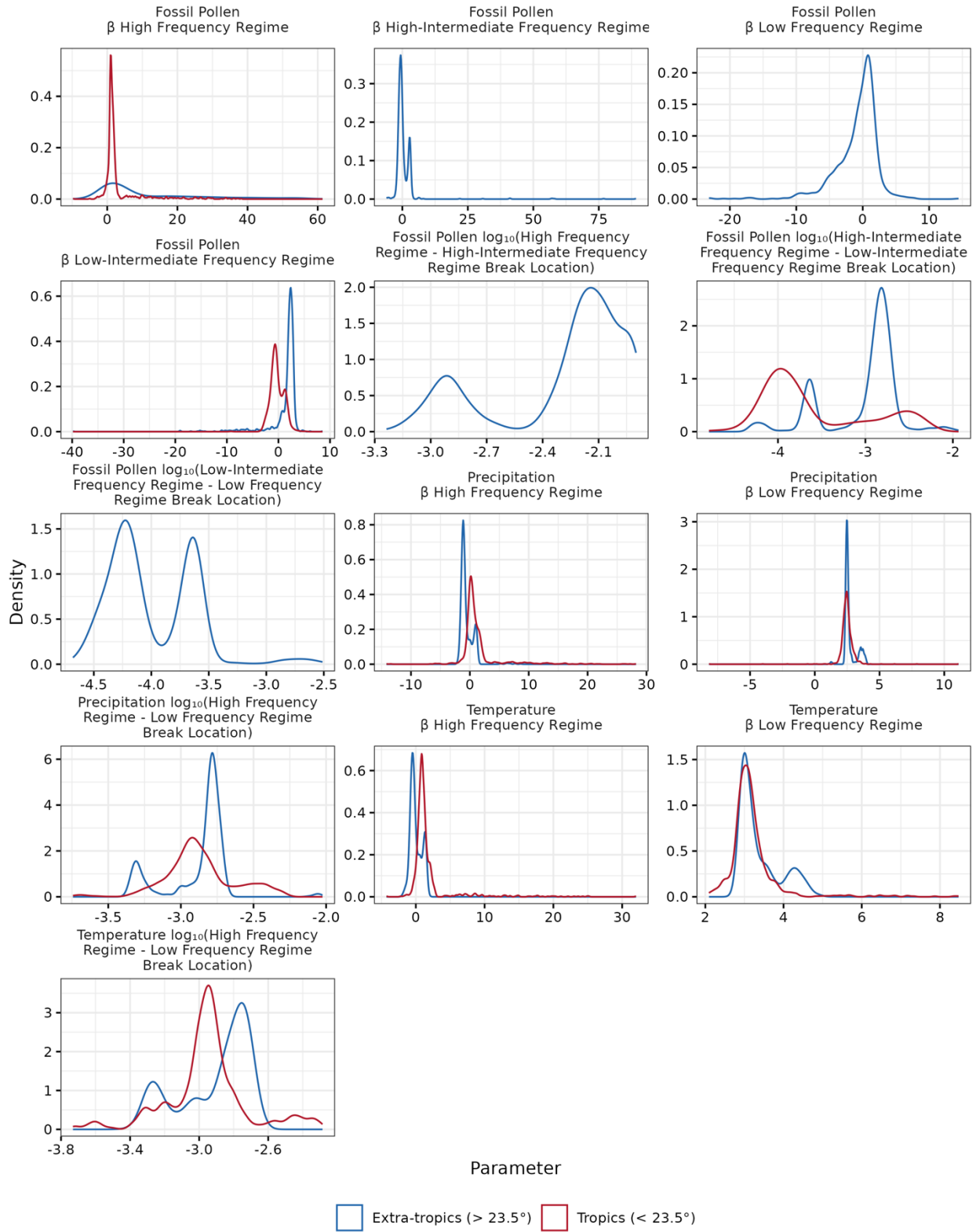
1614 (A-C) Measured vegetation assemblage dissimilarity, for all sites in the global fossil pollen
 1615 compilation. Dissimilarity was calculated only for assemblages from the same site and was not
 1616 calculated for assemblages from different sites. Within each site, all possible pairs of fossil
 1617 pollen assemblages were compared using the (A) Bray Curtis, (B) Jaccard, and (C) Squared
 1618 Chord Distance metrics with the corresponding temporal span between the samples being
 1619 compared retained. (D-F) The empirical cumulative distribution of all points shown in the top
 1620 row of plots.

1621



1624 **Fig. S21**

1625 Each plot corresponds to the probability density function for all breakpoint and β parameter
1626 estimates in Fig. 2 and Table S1. Colors correspond to parameter estimates for fossil pollen
1627 (green), TraCE-21ka annual precipitation rate (light blue), and TraCE-21ka near-surface
1628 temperature (blue).
1629



1631 **Fig. S22**

1632 As in Fig. S21 but for breakpoint and β estimates in Fig. 3. Colors correspond to the spatial
1633 average with red indicating the tropics ($< 23.5^\circ$) and blue indicating the extra-tropics ($> 23.5^\circ$).
1634

	β				Vegetation Breakpoint		
	High Frequency Band	High-Intermediate Frequency Band	Low-Intermediate Frequency Band	Low Frequency Band	High Frequency Band - High-Intermediate Frequency Band (⁻¹ years ⁻¹)	High-Intermediate Frequency Band - Low-Intermediate Frequency Band (⁻¹ years ⁻¹)	Low-Intermediate Frequency Band - Low Frequency Band (⁻¹ years ⁻¹)
Global	4.34* [†] (3.64, 4.96)	0.35* [†] (0.02, 0.83)	1.78* [†] (1.67, 1.87)	-0.08 [†] (-0.23, -0.06)	149* (154, 145)	797* (862, 797)	18,012* (18,952, 17,254)
Extra-tropics (> 23.5°)	4.34* [†] (3.79, 4.93)	-0.36* [†] (-0.43, -0.28)	2.20* [†] (2.16, 2.26)	-0.05 [†] (-0.24, 0.11)	148* (153, 142)	712* (730, 698)	13,885* (14,495, 13,160)
Tropics (< 23.5°)	1.30* [†] (1.21, 1.38)			-0.43* [†] (-0.51, -0.38)			6,877* (7,499, 6,383)

TraCE-21ka near-surface Temperature (2 m)

	β		Breakpoint
	High Frequency Band	Low Frequency Band (Climate Regime)	High Frequency Band - Low Frequency Band. (⁻¹ years ⁻¹)
Global	-0.24* [†] (-0.29, -0.18)	3.10* [†] (3.07, 3.13)	672* (693, 649)
Extra-tropics (> 23.5°)	-0.26* [†] (-0.30, -0.21)	3.14* [†] (3.11, 3.17)	674* (691, 649)
Tropics (< 23.5°)	0.94* [†] (0.91, 1.00)	3.08* [†] (3.06, 3.10)	894* (909, 886)

TraCE-21ka Annual Precipitation Rate

	B		Breakpoint
	High Frequency Band	Low Frequency Band (Climate Regime)	High Frequency Band - Low Frequency Band ($^{-1}$ years $^{-1}$)
Global	-0.53* \dagger (-0.58, -0.49)	2.696* \dagger (2.68, 2.705)	676* (691, 660)
Extra- tropics (> 23.5°)	-0.99* \dagger (-1.01, -0.96)	2.52* \dagger (2.51, 2.53)	628* (632, 618)
Tropics (< 23.5°)	0.47* \dagger (0.41, 0.53)	2.47* \dagger (2.45, 2.48)	795* (814, 776)

1638

1639 **Table S1**

1640 Parameter estimates and corresponding 95% confidence intervals (in parentheses) for Fig. 2 and
 1641 Fig. 3. * indicates that the estimated parameter is statistically distinct from 0 based on the
 1642 bootstrapped confidence interval. For estimates of β , \dagger indicates that β is statistically distinct
 1643 from 2 (i.e. red noise) based on the bootstrapped confidence interval (for methods, see section
 1644 *Statistical Comparisons between Estimated Parameters from Spectral Analyses*).

1645

1646

	Vegetation Turnover High Frequency Band - High-Intermediate Frequency Band Break Location	Vegetation Turnover High-Intermediate Frequency Band - Low-Intermediate Frequency Band Break Location	Vegetation Turnover Low-Intermediate Frequency Band - Low Frequency Band Break Location	TraCE-21ka Temperature High Frequency Band - Low Frequency Band Break Location	TraCE-21ka Annual Precipitation Rate High Frequency Band - Low Frequency Band Break Location
Vegetation Turnover High Frequency Band - High-Intermediate Frequency Band Break Location					
Vegetation Turnover High-Intermediate Frequency Band - Low-Intermediate Frequency Band Break Location	< 0.001***				
Vegetation Turnover Low-Intermediate Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***			
TraCE-21ka Temperature High Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***	< 0.001***		
TraCE-21ka Annual Precipitation Rate High Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***	< 0.001***	0.693	

1647

1648 **Table S2**

1649 P-values of permutation tests comparing break locations from Fig. 2 where *** corresponds to
1650 values <0.001, ** indicates values between 0.001 and 0.01, and * indicates values between 0.01
1651 and 0.05.

1652

	Vegetation Turnover β High Frequency Band	Vegetation Turnover β High-Intermediate Frequency Band	Vegetation Turnover β Low-Intermediate Frequency Band	Vegetation Turnover β Low Frequency Band	TraCE-21ka Temperature β High Frequency Band	TraCE-21ka Temperature β Low Frequency Band	TraCE-21ka Annual Precipitation Rate β High Frequency Band	TraCE-21ka Annual Precipitation Rate β Low Frequency Band
Vegetation Turnover β High Frequency Band								
Vegetation Turnover β High-Intermediate Frequency Band	< 0.001***							
Vegetation Turnover β Low-Intermediate Frequency Band	< 0.001***	< 0.001** *						
Vegetation Turnover β Low Frequency Band	< 0.001***	0.0543	< 0.001** *					
TraCE-21ka Temperature β High Frequency Band	< 0.001***	< 0.001** *	< 0.001** *	0.0171**				
TraCE-21ka Temperature β Low Frequency Band	< 0.001***	< 0.001** *	< 0.001** *	< 0.001**	< 0.001** *			
TraCE-21ka Annual Precipitation Rate β High Frequency Band	< 0.001***	< 0.001** *	< 0.001** *	< 0.001**	< 0.001** *	< 0.001** *		
TraCE-21ka Annual Precipitation Rate β Low Frequency Band	< 0.001***	< 0.001** *	< 0.001** *	< 0.001**	< 0.001** *	< 0.001** *	< 0.001** *	

1653

1654 **Table S3**

1655 P-values of permutation tests comparing β from Fig. 2 where *** corresponds to values <0.001,
1656 ** indicates values between 0.001 and 0.01, and * indicates values between 0.01 and 0.05.

	Latitude > 23.5° Vegetation Turnover β High Frequency Band	Latitude > 23.5° Vegetation Turnover β High- Intermediate Frequency Band	Latitude > 23.5° Vegetation Turnover β Low- Intermediate Frequency Band	Latitude > 23.5° Vegetation Turnover β Low Frequency Band	Latitude > 23.5° TraCE- 21ka Temperature β High Frequency Band	Latitude > 23.5° TraCE- 21ka Temperature β Low Frequency Band	Latitude > 23.5° TraCE- 21ka Annual Precipitation Rate β High Frequency Band	Latitude > 23.5° TraCE- 21ka Annual Precipitation Rate β Low Frequency Band
Latitude > 23.5° Vegetation Turnover β High Frequency Band								
Latitude > 23.5° Vegetation Turnover β High- Intermediate Frequency Band	< 0.001** *							
Latitude > 23.5° Vegetation Turnover β Low- Intermediate Frequency Band	< 0.001** *	< 0.001***						
Latitude > 23.5° Vegetation Turnover β Low Frequency Band	< 0.001** *	< 0.001***	< 0.001***					
Latitude > 23.5° TraCE- 21ka Temperature β High Frequency Band	< 0.001** *	0.008**	< 0.001***	< 0.001** *				

Latitude > 23.5° TraCE- 21ka Temperature β Low Frequency Band	< 0.001** *	< 0.001***	< 0.001***	< 0.001** *	< 0.001***			
Latitude > 23.5° TraCE- 21ka Annual Precipitation Rate β High Frequency Band	< 0.001** *	< 0.001***	< 0.001***	< 0.001** *	< 0.001***	< 0.001***		
Latitude > 23.5° TraCE- 21ka Annual Precipitation Rate β Low Frequency Band	< 0.001** *	< 0.001***	< 0.001***	< 0.001** *	< 0.001***	< 0.001***	< 0.001***	

1657 **Table S4**

1658 P-values of permutation tests comparing β for the extra-tropics from Fig. 3 where ***
1659 corresponds to values <0.001, ** indicates values between 0.001 and 0.01, and * indicates values
1660 between 0.01 and 0.05.

1661

	Latitude > 23.5° Vegetation Turnover High Frequency Band - High-Intermediate Frequency Band Break Location	Latitude > 23.5° Vegetation Turnover High- Intermediat e Frequency Band - Low- Intermediat e Frequency Band Break Location	Latitude > 23.5° Vegetation Turnover Low- Intermediat e Frequency Band Break Location	Latitude > 23.5° TraCE- 21ka Temperatur e High Frequency Band - Low Frequency Band Break Location	Latitude > 23.5° TraCE- 21ka Annual Precipitatio n Rate High Frequency Band - Low Frequency Band Break Location
Latitude > 23.5° Vegetation Turnover High Frequency Band - High-Intermediate Frequency Band Break Location					
Latitude > 23.5° Vegetation Turnover High-Intermediate Frequency Band - Low- Intermediate Frequency Band Break Location	< 0.001***				
Latitude > 23.5° Vegetation Turnover Low-Intermediate Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***			
Latitude > 23.5° TraCE-21ka Temperature High Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***	< 0.001***		
Latitude > 23.5° TraCE-21ka Annual Precipitation Rate High Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***	< 0.001***	< 0.001***	

1662 **Table S5**

1663 P-values of permutation tests comparing break locations for the extra-tropics from Fig. 3 where
1664 *** corresponds to values <0.001, ** indicates values between 0.001 and 0.01, and * indicates
1665 values between 0.01 and 0.05.

1666

	Latitude < 23.5° Vegetation Turnover High Frequency Band – Low Frequency Band Break Location	Latitude < 23.5° TraCE-21ka Temperature High Frequency Band - Low Frequency Band Break Location	Latitude < 23.5° TraCE-21ka Annual Precipitation Rate High Frequency Band - Low Frequency Band Break Location
Latitude < 23.5° Vegetation Turnover High Frequency Band – Low Frequency Band Break Location			
Latitude < 23.5° TraCE- 21ka Temperature High Frequency Band - Low Frequency Band Break Location	< 0.001***		
Latitude < 23.5° TraCE- 21ka Annual Precipitation Rate High Frequency Band - Low Frequency Band Break Location	< 0.001***	< 0.001***	

1667

1668 **Table S6**

1669 P-values of permutation tests comparing break locations for the tropics from Fig. 3 where ***
1670 corresponds to values <0.001, ** indicates values between 0.001 and 0.01, and * indicates values
1671 between 0.01 and 0.05.

1672

	Latitude < 23.5° Vegetation Turnover β High Frequency Band	Latitude < 23.5° Vegetation Turnover β Low Frequency Band	Latitude < 23.5° TraCE-21ka Temperature β High Frequency Band	Latitude < 23.5° TraCE-21ka Temperature β Low Frequency Band	Latitude < 23.5° TraCE-21ka Annual Precipitation Rate β High Frequency Band	Latitude < 23.5° TraCE-21ka Annual Precipitation Rate β Low Frequency Band
Latitude < 23.5° Vegetation Turnover β High Frequency Band						
Latitude < 23.5° Vegetation Turnover β Low Frequency Band	< 0.001***					
Latitude < 23.5° TraCE-21ka Temperature β High Frequency Band	< 0.001***	< 0.001***				
Latitude < 23.5° TraCE-21ka Temperature β Low Frequency Band	< 0.001***	< 0.001***	< 0.001***			
Latitude < 23.5° TraCE-21ka Annual Precipitation Rate β High Frequency Band	< 0.001***	< 0.001***	< 0.001***	< 0.001***		
Latitude < 23.5° TraCE-21ka Annual Precipitation Rate β Low Frequency Band	< 0.001***	< 0.001***	< 0.001***	< 0.001***	< 0.001***	

1673 **Table S7**

1674 P-values of permutation tests comparing β for the tropics from Fig. 3 where *** corresponds to
1675 values <0.001, ** indicates values between 0.001 and 0.01, and * indicates values between 0.01
1676 and 0.05.

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Site Name	Dataset ID	Failure Reason
Challa Lake	hXPNKEOsFdfFMmUvYYv	No age information in Temperature12k
Lake Malawi	Ff4CF5LsHToo394MMeFt	Not enough RAM for linterpLH13 interpolation algorithm
Midden Cluster 3	yCebthVVgiBnTTu63yvd	No resolvable frequencies determined by linterpLH13 interpolation algorithm
Midden Cluster 5	Mq5F6F6nmLYKNIACGome	No resolvable frequencies determined by linterpLH13 interpolation algorithm
Middel Cluster 6	39OKoIAcvAICa26B8Oiy	No resolvable frequencies determined by linterpLH13 interpolation algorithm
Soylegrotta	Ipsz1iUTCMTvZqRnxzs8	No resolvable frequencies determined by linterpLH13 interpolation algorithm

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1683

Table S8

1684

Temperature12k sites that failed spectral analyses and the corresponding reason.

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1686

1688

1689 **Data S1 (separate file)**

1690 The list of sites considered in this study including those that were filtered out for issues with
1691 taxonomy harmonization, data quality (negative abundances), or chronological issues that
1692 prevented developing age models.