

## **A century of reduced ENSO variability during the Medieval Climate Anomaly**

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### **Key Points:**

- Vanuatu coral Sr/Ca-SST variations are a proxy of El Niño-Southern Oscillation (ENSO) variability
- Vanuatu fossil coral Sr/Ca-SST variations indicate one hundred years of lower ENSO variability during part of the Medieval Climate Anomaly
- Periods of reduced ENSO variability can last a century, far longer than modern observations in the instrumental record of ENSO

## 1 **Abstract**

2 Climate model simulations of El Niño-Southern Oscillation (ENSO) behavior for the last  
3 millennium demonstrate interdecadal to centennial changes in ENSO variability that can arise  
4 purely from stochastic processes internal to the climate system. That said, the instrumental record  
5 of ENSO does not have the temporal coverage needed to capture the full range of natural ENSO  
6 variability observed in long, unforced climate model simulations. Here we demonstrate a  
7 probabilistic framework to quantify changes in ENSO variability via histograms and probability  
8 density functions using monthly instrumental and coral-based sea-surface temperature (SST)  
9 anomalies from 1900-2005 CE and 1051-1150 CE. We find that reconstructed SST anomalies from  
10 modern corals from the southwest Pacific capture changes in ENSO variability that are consistent  
11 with instrumental SST data from the central equatorial Pacific. Fossil coral records indicate one  
12 hundred years of relatively lower ENSO variability during part of the Medieval Climate Anomaly.  
13 Our results demonstrate that periods of reduced ENSO variability can last a century, far longer in  
14 duration than modern observations in the instrumental record of ENSO, but consistent with results  
15 from unforced climate model simulations.

## 16 **Plain Language Summary**

17 The chemistry of coral skeletal material is a passive recorder of environmental conditions, like the  
18 temperature of the water in which the coral lives. For example, the ratio of the element strontium  
19 (Sr) to the element calcium (Ca) in the coral skeleton will vary in response to changes in sea surface  
20 temperature (SST). Paleoclimatologists measure coral Sr/Ca to determine how SSTs vary in the  
21 past. In this study, we use corals from the southwest Pacific to understand how SSTs in the tropical  
22 Pacific Ocean varied during the 20<sup>th</sup> century and ~900 years ago during a time interval called the  
23 Medieval Climate Anomaly. We focus on SST variability related to the El Niño-Southern  
24 Oscillation (ENSO), a climate phenomenon that operates on year-to-year timescales and impacts  
25 global temperature and rainfall patterns. Here we use temperature estimates inferred from corals  
26 and find that past changes in ENSO variability during part of the Medieval Climate Anomaly is  
27 similar to the early part of the 20<sup>th</sup> century.

## 28 **1 Introduction**

29 The El Niño-Southern Oscillation (ENSO) is a coupled ocean-atmosphere climate phenomenon  
30 with global impacts on temperature and precipitation patterns [*Bjerknes, 1969; Ropelewski and*  
31 *Halpert, 1987*]. ENSO is the leading mode of interannual (>1-9 year) climate variability, but  
32 instrumental observations are of insufficient length [*Deser et al., 2010*] to characterize the full  
33 range of natural variability [*Wittenberg, 2009*]. Given the wide range of ENSO behavior simulated  
34 in the absence of forcings external to the climate system [*Wittenberg, 2009; Deser et al., 2012*], it  
35 is critical to ascribe the degree to which anthropogenic warming and internal climate variability  
36 are each contributing to future projections of ENSO in climate models [*Collins et al., 2010;*  
37 *DiNezio et al., 2013*]. This motivates the use of paleo-ENSO reconstructions as out-of-sample tests  
38 of climate model simulations [*Gagan et al., 2000; Cobb et al., 2013; Schmidt et al., 2014*].

39  
40 Isolating the unforced and forced components of ENSO variability remains an ongoing challenge  
41 in paleoclimate science, particularly for different mean climate states when forcings were different  
42 from today (e.g., the mid-Holocene or the Last Glacial Maximum) [*Masson-Delmotte et al., 2013;*  
43 *Liu et al., 2014*]. Focusing on ENSO variability over the last two thousand years (the Common

44 Era, CE), provides context for the understanding of natural ENSO variability with current and  
45 near-future climate change. The Medieval Climate Anomaly (MCA: 950-1250 CE [*Masson-*  
46 *Delmotte et al.*, 2013]) is identified as an interval with Northern Hemisphere surface temperatures  
47 similar to the modern [*Masson-Delmotte et al.*, 2013], but our understanding of paleo-ENSO  
48 variability is inadequate due to a limited number of sub-annually resolved proxy records over the  
49 last millennium [*Emile-Geay et al.*, 2013a; 2013b]. Furthermore, given that the magnitude of  
50 orbital [*Bertrand et al.*, 2002], solar [*Bard et al.*, 2000], and volcanic [*Crowley*, 2000; *Gao et al.*,  
51 2008] forcing during the MCA is both small and similar to the modern (pre-industrial), sustained  
52 changes in ENSO variability are likely dominated by processes internal to the climate system  
53 [*McGregor et al.*, 2013; *Rustic et al.*, 2015].

54  
55 Coral records of surface ocean conditions extend our knowledge of interannual tropical climate  
56 variability to places and times when there is no (or limited) instrumental data [*Fairbanks et al.*,  
57 1997; *Gagan et al.*, 2000; *Corrège*, 2006]. Traditionally, coral-based ENSO reconstructions use  
58 the standard deviation of a band-pass filtered time series (2-7 year window) of coral geochemical  
59 proxies as a metric of past ENSO variability [*Cobb et al.*, 2003; 2013; *Hereid et al.*, 2013b; *Emile-*  
60 *Geay et al.*, 2016], but this approach 1) filters out, by mathematical construction, important ENSO  
61 variance that has a period of less than two years, and 2) necessitates many decades and longer  
62 continuous datasets. Many fossil coral records, particularly older Holocene or Last Glacial  
63 Maximum corals, are short (several decades or less) or discontinuous, and thus ill-suited for  
64 traditional filtering and data analysis methods [*Tudhope*, 2001; *Cobb et al.*, 2013]. To address  
65 these challenges, we extend the procedure suggested in *Trenberth* [1997] and use descriptive  
66 statistics in tandem with probability theory by assessing histograms [*Trenberth*, 1997] and  
67 probability density functions (PDFs) [*Parzen*, 1962] of monthly resolved coral data to quantify  
68 changes in ENSO variability.

69  
70 The Niño 3.4 SST index is a well-recognized record of ENSO variability [*Trenberth et al.*, 2002];  
71 however, conditions in other regions of the tropical Pacific, notably the southwest Pacific, also  
72 accurately record changes in ENSO variability [*Hereid et al.*, 2013a]. Departures from the long-  
73 term monthly mean SST, (SST anomalies; SSTA) from the Niño 3.4 region (5°N-5°S, 120°-  
74 170°W, Figure 1, box) in the central equatorial Pacific are canonically used to define the  
75 occurrence of ENSO events [*Trenberth*, 1997]. During El Niño (La Niña) events, the central and  
76 eastern tropical Pacific experience positive (negative) SST anomalies that peak during boreal  
77 winter, while the western tropical Pacific experiences negative (positive) excursions [*Trenberth*,  
78 1997] (Figure 1). Many paleo-ENSO studies target the Niño 3.4 region [*Cobb et al.*, 2003; *Nurhati*  
79 *et al.*, 2009], but other regions of the Pacific, like the tropical southwest Pacific in the South Pacific  
80 Convergence Zone, are also sensitive to ENSO variability, with ENSO detection skill broadly  
81 similar to the Niño 3.4 region (60-70% skill) [*Hereid et al.*, 2013a]. The tropical southwest Pacific  
82 is also advantageously home to abundant, high-quality modern and fossil corals, making this  
83 region a suitable location for paleo-ENSO studies [*Quinn et al.*, 1996; *Linsley et al.*, 2006; *Quinn*  
84 *et al.*, 2006; *Gorman et al.*, 2012; *Hereid et al.*, 2013b]. We also concentrate our efforts on  
85 reconstructing decadal to interdecadal changes in paleo-ENSO variability, rather than  
86 reconstructing the month-to-month changes of SST in the Niño 3.4 region, as this is difficult to  
87 reconstruct back in time due to age uncertainties [*Emile-Geay et al.*, 2013a; 2013b].

88

89 Here we use modern corals from Vanuatu, an archipelago in the southwest Pacific (Figure 1, star),  
90 to document ENSO variability during the 20<sup>th</sup> century, and fossil corals to determine ENSO  
91 variability during the MCA. The recent decades of instrumental data (1982-2018) indicate that  
92 71% of the variance of southwest Pacific SST anomalies is explained by ENSO. Despite the varied  
93 amplitude of the SST response to different types of ENSO events [Vincent *et al.*, 2011; Capotondi  
94 *et al.*, 2015], the southwest Pacific experiences a consistent SST response during ENSO events,  
95 albeit of the opposite sign to the Niño 3.4 region (Figure S1): cooler SSTs during El Niño events  
96 (Figure 1a) and warmer SSTs during La Niña events (Figure 1b). The consistent SST response at  
97 Vanuatu during the most recent ENSO events increases our confidence in using coral records from  
98 the tropical, southwest Pacific for paleo-ENSO studies. Fieldwork at Vanuatu identified and  
99 recovered abundant, high-quality modern and fossil *Porites lutea* corals well-suited for ENSO  
100 variability studies (Section 2.1). Due to the tectonic activity of south Pacific islands like Vanuatu  
101 [Taylor *et al.*, 1987], the rate of uplift outpaces sea-level rise, which exposes fossil corals above  
102 present day sea level. Another unique feature of our study site is that the fossil coral heads are all  
103 *in situ* [Thirumalai *et al.*, 2015], allowing us to better understand the morphology of the reef flat,  
104 and use estimates of the uplift rate to constrain the water depth in which the corals lived. We first  
105 demonstrate our data analysis technique by quantifying instrumental SST variability in the Niño  
106 3.4 region and then apply our methods to replicated coral Sr/Ca-SST records from the southwest  
107 Pacific.

## 108 2 Materials and Methods

### 109 2.1 Coral Selection and Sampling

110 We located pristine, well-preserved, *in situ* fossil *P. lutea* coral heads spanning the last two  
111 millennia from an uplifted reef offshore of Tasmaloum, Vanuatu (TMV: 15.6 °S, 166.9 °E). The  
112 cores were drilled in 2011 using a Stihl chainsaw equipped with a Pomeroy Gear-Reduced Core  
113 Drill and diamond coring bits. All coral cores were uranium-thorium (U-Th) dated at the High-  
114 precision Mass Spectrometry and Environment Change Laboratory (HISPEC), National Taiwan  
115 University, using multi-collector inductively coupled plasma mass spectrometry (MC-ICP-MS)  
116 [Shen *et al.*, 2012; Cheng *et al.*, 2013]. Table S1 provides a summary of the properties for the  
117 selected modern and fossil corals. Tables S2 and S3 provides the U-Th information for the <sup>230</sup>Th  
118 age calculation. This study uses fossil corals 11-TM-S5 (<sup>230</sup>Th ± 2σ age: 1127.1 ± 2.7 CE, 36.4 cm  
119 depth) and 11-TM-I1 (<sup>230</sup>Th ± 2σ ages: 1125.7 ± 6.2 CE, 30.5 cm depth; 1142.6 ± 4.9 CE, 18.0 cm  
120 depth; 1149.0 ± 4.1 CE, 10.7 cm depth). Based on estimates of the uplift rate (~ 5.5 mm/year)  
121 [Taylor *et al.*, 1990], the selected fossil coral heads grew approximately 1-3 m below the sea  
122 surface during the Medieval Climate Anomaly.

123  
124 To provide modern climatological context, the analysis incorporated core 06-SB-A1 collected  
125 from a live *P. lutea* coral head at 8 m water depth at Sabine Bank, Vanuatu (SBV: 15.9 °S, 166.0  
126 °E), ~90 km to the southwest of TMV. Core 06-SB-A1 was collected in 2006 using the French  
127 Research Institute for Development (IRD) vessel R/V *Alis*. Core 06-SB-A1 has been previously  
128 analyzed for oxygen isotopes [Gorman *et al.*, 2012], but this is the first study to present Sr/Ca data  
129 from the same core. To quantify the replication uncertainty in our modern coral reconstructions,  
130 we also incorporated 50 years (1941-1990 CE) of published modern coral Sr/Ca data from Malo  
131 Channel, Vanuatu (MCV: 15.7 °S, 167.2 °E) [Kilbourne *et al.*, 2004].

132

133 X-ray images of 5 mm slabs extracted from the coral cores (Figure S2) highlighted the annual  
134 density banding and the optimal sampling paths along the maximum growth axis. All slabs were  
135 sonicated in distilled water and air dried prior to sampling. The coral slabs were micro-milled at  
136 approximately monthly resolution (12 points/year) following established protocols [Fairbanks and  
137 Dodge, 1979; Alibert and McCulloch, 1997; Marshall and McCulloch, 2002; DeLong et al., 2013].  
138 The sampling resolution varied from 0.5-1.0 mm depending on the average growth rate of each  
139 respective coral (Table S1). The coral slabs were x-ray imaged a second time after micro-milling  
140 (Figure S2) to confirm that the sampling paths were parallel to the growth direction of individual  
141 corallites and along the central axis of a radially extending corallite fan [DeLong et al., 2013].  
142

143 To develop a reliable Sr/Ca-SST record, it is critical to ensure that the coral is sampled along the  
144 maximum growth axis. We therefore considered how the coral growth architecture in three  
145 dimensions is projected in the 2-D plane of the cross-sectional slabs. In the case of fossil coral 11-  
146 TM-S5, we extracted additional 5 mm slabs from the core (Figure S2) to generate a continuous  
147 record and ensure that the resultant Sr/Ca composite passed all of the quality control metrics  
148 outlined in DeLong et al. [2013]. Sections with visible stress banding in the x-ray images and a  
149 lack of clearly defined theca walls (e.g., the bottom of the 11-TM-I1 replication fossil coral;  
150 Figures S2 and S4) are also sub-optimal as this can impact the annual cycle in the geochemistry  
151 [Marshall and McCulloch, 2002] and/or make it difficult to identify the maximum growth axis for  
152 sampling. Sub-optimal sampling can lead to unreliable climate reconstructions, so we excluded  
153 sampling paths that did not pass the quality control metrics of DeLong et al. [2013], and  
154 conservatively limit our climate interpretations to the final Sr/Ca composites presented herein.

## 155 2.2 Coral Sr/Ca Analyses

156 Elemental ratio analyses were conducted using a Perkin Elmer Optima 8300 inductively coupled  
157 plasma – optical emission spectrometer (ICP-OES) located at UT Austin. All Sr/Ca measurements  
158 were corrected for plasma drift using standard-sample bracketing techniques [Schrage, 1999] with  
159 an internal reference solution gravimetrically prepared to have Ca, Sr, and Mg proportions similar  
160 to that of a coral. For each analysis, 113-262  $\mu\text{g}$  of carbonate powder was dissolved in 2 wt. %  
161 nitric acid such that the  $\text{Ca}^{2+}$  concentration in each sample was approximately 20 ppm, and within  
162 our 8-32 ppm calibration range for  $\text{Ca}^{2+}$ .  
163

164 The long-term precision of the Sr/Ca measurements for the 11-TM-S5, 11-TM-I1, and 06-SB-A1  
165 samples is  $\pm 0.05\%$  ( $2\sigma$ ; 0.009 mmol/mol) based on repeated measurement ( $n > 7,500$ ) of an  
166 internal gravimetric standard, and  $\pm 0.06\%$  ( $2\sigma$ ; 0.012 mmol/mol) based on repeated measurement  
167 ( $n > 800$ ) of a homogenized coral powder from a *P. lutea* coral collected from Efate, Vanuatu  
168 ( $17.7^\circ\text{S}$ ,  $168.3^\circ\text{E}$ ) dissolved in 2 wt. % nitric acid. The analytical precision for the published MCV  
169 Sr/Ca data is  $0.15\%$  ( $\pm 2\sigma$ ; 0.013 mmol/mol) based on 86 measurements of an in-house coral  
170 standard [Kilbourne et al., 2004].

## 171 2.3 Coral Sr/Ca Composites and Age Modeled Timeseries

172 X-ray images of the micro-milled coral slabs (Figure S2) provided clear constraints on the amount  
173 of overlap between two sampling paths, and the strong seasonal cycle observed in coral Sr/Ca was  
174 used to align peaks and troughs over the common period of overlap and generate the final Sr/Ca  
175 composite records. For a given year in the coral time series, the highest Sr/Ca value indicates the  
176 climatological coldest month, whereas the lowest Sr/Ca value indicates the climatological warmest

177 month. To convert Sr/Ca vs. depth to Sr/Ca vs. time, we used a MATLAB® algorithm to identify  
178 the Sr/Ca peaks and troughs. The identified Sr/Ca maxima were assigned the climatological coldest  
179 month at Vanuatu (August), and the Sr/Ca minima were assigned the climatological warmest  
180 month (February). Once all of the annual peaks and troughs were identified, the Sr/Ca data was  
181 linearly interpolated to achieve monthly resolution (12 points/year).

182  
183 The relative age model for the modern SBV coral was converted to calendar years by counting  
184 back from the date of collection, whereas the relative chronologies for the fossil corals were  
185 converted to calendar years using four  $^{230}\text{Th}$  ages as tie points (Tables S1-S3). The fossil coral  
186 Sr/Ca time series were shifted within the analytical error ( $\pm 2\sigma$ ) of the four  $^{230}\text{Th}$  ages (Figure S4)  
187 such that the resulting overlap between 11-TM-S5 and 11-TM-I1 achieved the highest Pearson  
188 correlation coefficient [Pearson, 1920] ( $r = 0.81$ ,  $p < 0.01$ ). We interpolated the published MCV  
189 modern coral Sr/Ca [Kilbourne *et al.*, 2004] versus time data to 12 points/year using a piecewise  
190 cubic hermite interpolating polynomial [Fritsch and Carlson, 1980]. We used a cubic interpolation  
191 scheme as it better preserved the sinusoidal shape of the original MCV modern coral Sr/Ca data,  
192 as compared to linear interpolation.

### 193 **3 Data Processing and Uncertainty Analysis**

#### 194 **3.1 Instrumental Sea Surface Temperature (SST) Data**

195 All instrumental SST data is from the Met Office Hadley Centre  $1^\circ$  latitude x  $1^\circ$  longitude gridded  
196 product (HadISST) [Rayner *et al.*, 2003]. SST data for the Niño 3.4 region was averaged over the  
197 ( $5^\circ\text{S}$ - $5^\circ\text{N}$ ,  $120^\circ$ - $170^\circ\text{W}$ ) domain (Figure 1 box). The 20<sup>th</sup> century historical ENSO events are based  
198 on the Oceanic Niño Index (NOAA:  
199 [http://origin.cpc.ncep.noaa.gov/products/analysis\\_monitoring/ensostuff/ONI\\_v5.php](http://origin.cpc.ncep.noaa.gov/products/analysis_monitoring/ensostuff/ONI_v5.php)) and the  
200 multi-variate ENSO index [Wolter and Timlin, 2011]. For Vanuatu, we computed an unweighted  
201 average of the SST data from the two nearest grid points to the coral sites ( $15.5^\circ\text{S}$ ,  $166.5^\circ\text{E}$ ) and  
202 ( $16.5^\circ\text{S}$ ,  $166.5^\circ\text{E}$ ). The average of the two SST series yielded a resulting SST series that better  
203 represented the SST annual cycle observed in 7.75 years (Nov. 1999 - July 2007) of *in situ* SST  
204 logger data from Sabine Bank, Vanuatu [Ballu *et al.*, 2013], as compared to using only a single  
205 HadISST grid point for Vanuatu.

#### 206 **3.2 Proxy Calibration (Sr/Ca-SST)**

207 We used the modern SBV coral Sr/Ca composite and gridded SST for Vanuatu to perform a  
208 calibration-verification exercise [Quinn and Sampson, 2002] (Figure S3). We applied the  
209 following linear calibration to all age-modeled modern and fossil coral Sr/Ca measurements:  $\text{SST}$   
210 ( $^\circ\text{C}$ ) =  $-20.73 \times \text{Coral Sr/Ca (mmol/mol)} + 210.53$ . We also provide the inverse of the calibration  
211 equation to facilitate comparison with other coral geochemical studies:  $\text{Coral Sr/Ca (mmol/mol)} =$   
212  $-0.05 \times \text{SST (}^\circ\text{C)} + 10.16$ . To determine this calibration equation, we performed a weighted  
213 bivariate regression [Thirumalai *et al.*, 2011] of the SST annual cycle (defined as the maximum  
214  $\text{SST} - \text{minimum SST}$ ) vs. the SBV coral Sr/Ca annual cycle over the 1985-2005 CE calibration  
215 window. We performed a regression using the annual cycle to minimize age uncertainty on the  
216 monthly timescale. Although monthly resolution was targeted when sampling (Section 2.1), one  
217 sample of coral powder may average 2-3 weeks ( $-2\sigma$ ) of time when the coral is growing faster, or  
218 5-6 weeks ( $+2\sigma$ ) when the coral is growing slower. This yields some uncertainty in every  
219 “monthly” Sr/Ca value. A month-to-month calibration with instrumental SST would incorporate

220 some of these errors. For this reason, we instead perform a regression using the annual cycle  
221 because we are most confident in identifying the clear peaks and troughs in the Sr/Ca data. This  
222 practice thus minimizes age uncertainty on the monthly timescale. When performing the weighted,  
223 bivariate regression, we conservatively used 0.1 °C as the uncertainty in the instrumental SST, and  
224 the analytical uncertainty (0.012 mmol/mol,  $\pm 2\sigma$ ) as the uncertainty in coral Sr/Ca. The regression  
225 was force fit through the origin to yield a slope value of -20.73 °C/mmol/mol. The y-intercept for  
226 the calibration equation was empirically determined such that the median coral Sr/Ca-SST equaled  
227 the median instrumental SST over the calibration interval.

228  
229 We used 1985-2005 CE as the calibration interval because this window includes the most recent  
230 20-years of modern coral data that overlaps with the most reliable subset of the instrumental record  
231 that incorporates satellite observations [Rayner *et al.*, 2003]. The 1985-2005 CE calibration  
232 window maximized the correlation with instrumental SST ( $r = 0.87$ ,  $p < 0.01$ ) and also minimized  
233 the residual sum of squares over a 30-year verification window (1955 – 1984 CE) as compared to  
234 other possible calibration intervals. We note that 4 other potential calibration intervals (1950-2005  
235 CE, 1971-2000 CE, 1980-2005, 1985-2004 CE) yielded similar slope values (range: -19.55 to -  
236 21.67 °C/mmol/mol) that were all within the range of published coral Sr/Ca-SST calibrations  
237 [Corrège, 2006; DeLong *et al.*, 2010]. The coral trend of 0.83 °C/50 years at Sabine Bank (Figure  
238 4a) resembles the trend of 0.5-0.75°C/50 years seen in observations for the southwest Pacific  
239 [Cravatte *et al.*, 2009].

### 240 3.3 SST Data Processing

241 This subsection describes a series of mathematical operations that are used to isolate variability at  
242 interannual ( $>1$ -9-year) timescales, the result of which preserves more variance than a 2-8-year  
243 band-pass filter. We first applied a 9-year high-pass filter to the monthly instrumental and monthly  
244 coral-based SST to remove decadal and longer variability. We then removed the climatology to  
245 generate monthly SST anomalies calculated as deviations from the 1961-1990 CE climatology for  
246 the tropical Pacific composite map (Figure 1), the Niño 3.4 and Vanuatu instrumental SST, and  
247 the modern coral Sr/Ca-SST. Monthly SSTA were calculated as deviations from the 1126-1145  
248 CE climatology for the MCA fossil corals. The climatology reference intervals were selected to  
249 maximize the temporal overlap between contemporaneous records. Lastly, we computed a 5-  
250 month running mean of monthly SSTA to smooth out intraseasonal variations [Trenberth, 1997].  
251 All probability density function estimates (PDFs) of the monthly SST and monthly SSTA data  
252 were computed using a kernel density estimation method [Parzen, 1962]. All instrumental and  
253 coral-based monthly SST anomaly results are reported as 9-year high-pass filtered, climatology  
254 removed, and 5-month running mean SSTA.

### 255 3.4 Uncertainty Analysis

256 We quantify changes in variability using the extreme percentiles ( $p_{2.5}$  and  $p_{97.5}$ ) of monthly SST  
257 and SSTA distributions (Sections 5.1 and 5.2). We performed a Monte Carlo simulation ( $n =$   
258 10,000) to quantify the analytical and calibration uncertainties [Thirumalai *et al.*, 2014] in the 2.5  
259 ( $p_{2.5}$ ) and 97.5 ( $p_{97.5}$ ) percentiles for the coral-based monthly SST and monthly SSTA distributions.  
260 We also used replicated coral Sr/Ca records, to incorporate the effects of “geological” uncertainty,  
261 which is due to all other sources including the oceanographic setting, sampling, etc. To calculate  
262 the uncertainties in the extreme percentiles, we first subset all contemporaneous coral Sr/Ca  
263 records to their common period of overlap prior to performing the Monte Carlo simulation

264 (Modern coral overlap: 1941-1990 CE; Fossil coral overlap: 1126-1145 CE). As part of the Monte  
265 Carlo simulation, we perturbed each Sr/Ca data point in the original 50 (modern) or 20 (fossil)  
266 year-long time series  $n$  times with values randomly sampled from a normal distribution with mean  
267 zero and a standard deviation equal to the  $\pm 2\sigma$  analytical uncertainty ( $\pm 0.012$  mmol/mol). We then  
268 transformed each Sr/Ca realization into SST taking uncertainty in the proxy calibration into  
269 account. For each realization of the Sr/Ca time series, a slope value was randomly sampled from  
270 a normal distribution centered on the empirically determined slope for Vanuatu ( $-20.73$   
271  $^{\circ}\text{C}/\text{mmol}/\text{mol}$ ; Section 3.2) and a  $\pm 2\sigma$  range that approximately spanned the range of published  
272 coral Sr/Ca-SST calibration slopes [Corrège, 2006; DeLong *et al.*, 2010]. A corrective factor was  
273 applied to the y-intercept such that the linear transformation for a given slope produced a y-  
274 intercept that yielded the mean SST for the unperturbed time series. The resulting  $n$  SST  
275 realizations generated for each modern and fossil coral record include the impact of both analytical  
276 and calibration errors.

277  
278 We next applied two filters to the coral records in order to remove long and short term variability  
279 and isolate interannual variability. First, a 9-year high-pass filter was applied to the  $n$  SST  
280 realizations prior to removing the climatology to remove variability on decadal and longer  
281 timescales. The 5-month running mean of the climatology-removed SST anomaly series were then  
282 computed to smooth out intraseasonal variations as defined in section 3.3 above. For each  
283 realization of the SST and SSTA time series we computed the  $p_{2.5}$  and  $p_{97.5}$  values. The overall  
284 uncertainty is the  $\pm 2\sigma$  range based on  $n$  realizations. In the event that the  $p_{2.5}$  and  $p_{97.5}$   $\pm 2\sigma$  values  
285 slightly differed for a given coral, we averaged the two values as the combined effect of analytical  
286 and calibration uncertainty. The analytical and calibration uncertainty quantification for the  
287 modern SBV coral is provided as an example (Figure S5).

288  
289 We quantify the “geological” uncertainty in the coral records using replication. The total  
290 uncertainties that include the effect of replication in the 2.5 and 97.5 percentiles of the SSTA  
291 distributions are reported as the root mean square error of the percentile uncertainties for each  
292 respective modern and fossil coral determined by the Monte Carlo simulation with analytical and  
293 calibration uncertainty discussed above.

294  
295 To test whether coral Sr/Ca-SSTA come from the same distribution, we performed Kolmogorov-  
296 Smirnov (K-S) tests [Massey, 1951] at the 1% significance level. Given that the SSTA time series  
297 are serially correlated, the effective degrees of freedom were considered when assessing the  
298 significance [Hu *et al.*, 2017] of the K-S tests. Adjusting the effective degrees of freedom ( $v_{\text{eff}}$ )  
299 makes it more difficult to reject the null hypothesis that the two datasets are from the same  
300 distribution at a specified significance level. The statistical significance of the K-S tests is further  
301 described and discussed in the results section. We also further explored the fidelity of the  
302 differences in the  $p_{2.5}$  and  $p_{97.5}$  values taking the total uncertainty into account. We used the results  
303 from our uncertainty analysis (e.g., Figure S5) to examine the overlap between the  $p_{2.5}$  and  $p_{97.5}$   
304 distributions (additional details provided in sections 5.1 and 5.2 and Figures S6-S8).

#### 305 **4. SST Variability in the Niño 3.4 Region**

306 We use instrumental SST data from the Niño 3.4 region [Rayner *et al.*, 2003] (Figure 2a) as a test-  
307 case to demonstrate how a probabilistic framework quantifies previously identified changes in 20<sup>th</sup>  
308 century ENSO variability [Trenberth, 1976; Torrence and Compo, 1998]. We choose a time-



309 domain subset of 1900-2005 CE to temporally match the modern coral climate record from  
310 Vanuatu. Prior research has often quantified ENSO variability using power spectra [Quinn *et al.*,  
311 1996; Wittenberg, 2009] and the standard deviation of band-pass filtered SSTA [Cobb *et al.*, 2003;  
312 2013; Emile-Geay *et al.*, 2016]. In this study, we use an alternative statistical approach, involving  
313 histograms and PDFs [Trenberth, 1997], which does not require continuous time series to  
314 characterize changes in ENSO variability. Another advantage of using these techniques is that they  
315 eliminate the need to identify discrete ENSO events, an ongoing challenge for paleo-ENSO records  
316 due to dating uncertainties [Emile-Geay *et al.*, 2013b; Hereid *et al.*, 2013b; Comboul *et al.*, 2014].  
317 Instead, we characterize variability based on the distribution of observations over a time interval,  
318 an approach analogous to the analysis of individual foraminifera preserved in marine sediment  
319 [Thirumalai *et al.*, 2013], albeit with more accurate annual chronology. The technique of looking  
320 at changes in ENSO over windows in the past has also been previously employed using corals of  
321 Holocene ages from the central Pacific [Cobb *et al.*, 2013].  
322

323 The time series (Figure 2a) and histogram (Figure 2b) of Niño 3.4 monthly SST values [Rayner *et*  
324 *al.*, 2003] include the total variability in the SST record, including annual, interannual, as well as  
325 decadal and longer timescales. We note that for shorter records, linear or non-linear detrending  
326 could be used in lieu of a high-pass filter to isolate interannual (sub-decadal) variability. SSTs in  
327 the Niño 3.4 region document interdecadal variability in both the frequency and magnitude of  
328 ENSO events during the instrumental record, with an increase of extreme events over the last 40  
329 years [Trenberth and Hoar, 1996; Cai *et al.*, 2014; 2015]. For example, the 1982-83 and 1997-98  
330 El Niño events (Figure 2c) are two out of the three most extreme ENSO events on record [Santoso  
331 *et al.*, 2017]. We quantify changes in ENSO variability during the 20<sup>th</sup> century using two statistical  
332 metrics computed in moving windows [Okumura *et al.*, 2017] (Figure 2e). Both the  $\pm 2$  standard  
333 deviation range ( $\pm 2\sigma$ ) (Figure 2e, dashed line) as well as the difference between the 2.5 ( $p_{2.5}$ ) and  
334 97.5 ( $p_{97.5}$ ) percentiles (Figure 2e, solid line) show lower values during the early 20<sup>th</sup> century, and  
335 higher values during the late 20<sup>th</sup> century that correspond with changes in the magnitude and/or  
336 frequency of ENSO events, i.e. a change in ENSO variability. We note that if the data are normally  
337 distributed (Gaussian), the  $p_{2.5}$  to  $p_{97.5}$  interpercentile range is approximately equal to the  $\pm 2$   
338 standard deviation range.  
339

340 These 20<sup>th</sup> century changes in ENSO variability observed in the time domain (Figure 2e) are also  
341 captured using a probabilistic framework. We target intervals of enhanced and suppressed ENSO  
342 variability [Wittenberg, 2009] as end-members to demonstrate that histogram width quantifies  
343 changes in variability (Figure 2f). Extreme ENSO events yield SST anomalies that fall into the  
344 tails of the SSTA distribution as defined by the 2.5 and 97.5 percentiles (Figure 2d). A change in  
345 ENSO variability will correspondingly increase or decrease the  $p_{2.5}$  to  $p_{97.5}$  interpercentile range  
346 (herein referred to as the width of the distribution). The increase in ENSO variability during the  
347 late 20<sup>th</sup> century extends the overall width of the SSTA PDF (Figure 2f, red PDF) as compared to  
348 the interval with less ENSO variability (Figure 2f, blue PDF). Although both negative (La Niña)  
349 and positive (El Niño) SST anomalies become more extreme with increased ENSO variability, the  
350 relative increase in El Niño-related positive SST anomalies is larger, corroborating documented  
351 [Trenberth, 1997; Cai *et al.*, 2014; 2015] increases in the magnitude and frequency of strong El  
352 Niño events during the late 20<sup>th</sup> century, i.e. an increase in skewness.  
353

354 The distribution of SST anomalies from the Niño 3.4 region demonstrates that histograms and  
355 PDFs quantify interdecadal changes in ENSO variability during the 20<sup>th</sup> century. Although we use  
356 a continuous time series as demonstration, the histogram and PDF technique advantageously does  
357 not require long and/or continuous climate records. We subsequently apply the same statistical  
358 techniques to replicated SST records developed from modern and fossil corals from the tropical  
359 southwest Pacific.

## 360 **5 SST Variability in the Southwest Pacific (Vanuatu)**

### 361 **5.1 Modern SST Variability**

362 While it is common practice to use instrumental observations to characterize modern SST  
363 variability, observational coverage [Deser *et al.*, 2010] in the southwest Pacific is limited in the  
364 first half of the 20<sup>th</sup> century (Figure 3a), which leads to uncertainty in the magnitude of changes in  
365 ENSO-related SST variability. The SSTA signal in the observational product at Vanuatu (Figure  
366 3d) is smaller compared to the Niño 3.4 region, but Vanuatu expectedly cools and warms during  
367 known historical ENSO events (Figure S1, Figure 1, Figure 3d). However, instrumental SSTA at  
368 Vanuatu does not document a clear difference in interdecadal ENSO variability (Figure 3f) as  
369 observed in the Niño 3.4 region (Figure 2e). The PDF of instrumental monthly SSTA (Figure 3g)  
370 for Vanuatu shows an increase in width during the late 20<sup>th</sup> century interval; however, the  
371 difference between the more and less variable intervals is small and not statistically significant  
372 (Section 3.4). The SSTA distributions (Figures 3e, 3g) have a large concentration of weak  
373 anomalies, and the lack of interdecadal changes in ENSO variability is most likely due to the  
374 statistical infilling of the climatological mean (i.e., zero-anomaly by construction in the data  
375 product) SST when observations are lacking [Reynolds and Smith, 1994; Rayner *et al.*, 2003]  
376 (Figure 3a). Care must be taken when interpreting the variability gridded SST products for data-  
377 sparse regions, as interpolation, infilling, and other signal processing techniques lead to loss of  
378 variance in these areas. Given a well-documented lack of variability in gridded SST products for  
379 observation-limited regions [Rayner *et al.*, 2003], our modern coral-based SST reconstruction  
380 augments limited SST products and demonstrates the need for additional modern coral climate  
381 records from data-sparse regions.

382  
383 The coral skeleton used to reconstruct and characterize modern monthly SST variability in the  
384 southwest Pacific was collected from a live *P. lutea* coral head at 8 m water depth at Sabine Bank,  
385 Vanuatu during a trip in 2006 [Gorman *et al.*, 2012] (15.9°S, 166.0°E; Section 2.1). We apply the  
386 same analytical techniques used for instrumental SST to SST derived from coral Sr/Ca (Figure 4a)  
387 to test how corals from the southwest Pacific record changes in ENSO variability.

388  
389 The Sabine Bank modern coral Sr/Ca-SSTA reconstruction (Figure 4, Figure S3) faithfully  
390 captures known interdecadal changes in ENSO variability over the last 100 years, as observed in  
391 the Niño 3.4 region. The SSTA estimates from the corals (Figure 4c), which are a point source,  
392 are larger than that for the spatially interpolated instrumental SST product (Figure 3d), which also  
393 contains a known loss of variance [Rayner *et al.*, 2003]. More importantly, the coral reconstruction  
394 agrees with the instrumental data that individual historical ENSO events alter SST in the region  
395 (Figure 4c). Another notable distinction is that unlike instrumental SST, the SSTA reconstruction  
396 from the coral archive faithfully captures known interdecadal changes in interannual variability  
397 over the 20<sup>th</sup> century (Figure 4e). Reconstructed interannual SST variability at Vanuatu (Figure

398 4e) tracks the pattern of lower variability during the early 20<sup>th</sup> century and a late 20<sup>th</sup> century  
399 increase in variability as observed in the Niño 3.4 region (Figure 2e). This change is also captured  
400 by the PDFs for the select intervals with more and less ENSO variability (Figure 4f). La Niña-  
401 related positive excursions become more extreme during the interval with enhanced ENSO  
402 variability (Figure 4f;  $p_{97.5}$  less variable/more variable: 0.63 vs. 1.00 °C). El Niño-related negative  
403 SST anomalies also become more extreme ( $p_{2.5}$  less variable/more variable: -0.83 vs. -1.26 °C).  
404 The larger values for the variability metrics in moving windows (Figure 4e) in conjunction with  
405 the increased width of the SSTA distribution for the interval with more ENSO variability (Figure  
406 4f, red PDF) demonstrate that southwest Pacific modern coral Sr/Ca-SST captures the changes in  
407 ENSO variability observed in instrumental SST for the Niño 3.4 region (Figure 2e, 2f).

408  
409 Our uncertainty quantification explores whether the Sr/Ca estimates of SST result in larger changes  
410 compared to instrumental data, and whether the changes in ENSO variability are statistically  
411 significant. The reported uncertainty in the 2.5 and 97.5 percentiles for modern coral SSTA is  
412  $\pm 0.21$  °C for the monthly SSTA (Figure 4d, 4f) based on a Monte Carlo error propagation  
413 algorithm with analytical, calibration, and replication uncertainties [Thirumalai *et al.*, 2014]  
414 (Figure S5, Section 3.4). Replication of the coral records quantifies the term that we refer to as  
415 “geological” uncertainty, which is due to all other sources, including the oceanographic and  
416 geologic setting, sampling, etc. We quantify this geological uncertainty by comparing two modern  
417 corals over a common interval (1941-1990 CE) from the southwest Pacific (Section 3.4). Our  
418 second, replication coral comes from Malo Channel, Vanuatu [Kilbourne *et al.*, 2004] (15.7°S,  
419 167.2°E), ~120 km to the northeast of Sabine Bank.

420  
421 The  $\pm 2\sigma$  range for the Sabine Bank modern coral SSTA distribution (1941-1990 replication  
422 interval) is  $\pm 0.16$  °C including analytical and calibration uncertainty (Figure S5). The  $\pm 2\sigma$  range  
423 for the Malo Channel modern coral SSTA distribution (1941-1990 replication interval) is  $\pm 0.14$   
424 °C including analytical and calibration uncertainty. The resultant root mean square error is thus  
425  $\pm 0.21$  °C as reported above. The modern coral SSTA distributions (Figure 6a) are reproducible  
426 over their common period of overlap and come from the same continuous distribution (passes the  
427 K-S test [Massey, 1951] at the 1% significance level regardless of the effective degrees of freedom;  
428 Section 3.4). The intervals of more and less ENSO activity reconstructed from the Sabine Bank  
429 modern coral SSTA (Figure 4f) are significantly different at an effective degree of freedom 65.8%  
430 less ( $v_{\text{eff}} = 82$ ) than the total number of months in each interval ( $n = 240$ ; Section 3.4).

431  
432 We further explored the fidelity of the differences in the  $p_{2.5}$  and  $p_{97.5}$  values taking the total  
433 uncertainty into account. We used the results from our uncertainty analysis (Figure S5) to examine  
434 the overlap between the  $p_{2.5}$  and  $p_{97.5}$  distributions for the intervals with more and less ENSO  
435 variability (Figure S6). The amount of overlap between two percentile distributions highlights the  
436 similarity or difference between the reported percentile values. Our analysis confirms that the  
437 known changes in 20<sup>th</sup> century ENSO variability are recorded by corals from the southwest Pacific,  
438 that the estimates are larger than instrumental estimates of SST changes, and that the changes in  
439 ENSO variability are large compared to the calculated uncertainty of the coral-based SSTA  
440 reconstruction.

## 441 5.2 Medieval Climate Anomaly SST Variability

442 After demonstrating that modern corals from the southwest Pacific capture observed changes in  
443 ENSO variability, we next apply our statistical approach to corals from the MCA. The tectonic  
444 activity at Tasmaloum, Vanuatu (15.6°S, 166.9°E) yields pristine, well-preserved *in situ* fossil  
445 coral heads above present-day sea level. Our cores are collected from an uplifted reef, so we have  
446 the unique opportunity to sample multiple, contemporaneous coral heads and quantify the  
447 uncertainty in our fossil coral climate reconstruction via replication. The monthly SST anomalies  
448 for both fossil corals are calculated with respect to the 1126-1145 CE climatology since this  
449 interval is common to both corals. High precision U-Th dating [Shen *et al.*, 2012; Cheng *et al.*,  
450 2013] confirms that the century-long fossil coral 11-TM-S5 ( $^{230}\text{Th}$  age:  $1127.1 \pm 2.7$  CE,  $2\sigma$   
451 analytical uncertainty) and the shorter, 24-year-long replication coral 11-TM-I1 ( $^{230}\text{Th}$  ages:  
452  $1125.7 \pm 6.2$ ,  $1142.6 \pm 4.9$ ,  $1149.0 \pm 4.1$  CE,  $2\sigma$  analytical uncertainty) selected for this study were  
453 alive ~900 years ago during the MCA (Section 2.1; Table S1).

454  
455 We apply our statistical techniques to the SST record derived from fossil coral Sr/Ca (Figure 5a)  
456 as a test of ENSO variability during a century of the MCA (1051–1150 CE). The MCA fossil coral  
457 SST (Figure 5a) encompasses the total variability in the record (annual, interannual, as well as  
458 decadal and longer timescales), and shows similar overall variability (Figure 5b) compared to the  
459 modern period (Figure 4b). The SSTA time series (Figure 5c) shows both positive and negative  
460 excursions that correspond to ENSO events. However, the number of large SSTA excursions is  
461 smaller and leads to a narrower SSTA distribution (Figure 5d). While the modern SSTA shows a  
462 unidirectional increase in ENSO variability from the early to late 20<sup>th</sup> century (Figure 4e),  
463 interannual SST variability during the MCA fluctuates between intervals with more and less  
464 variability (Figure 5e). For example, 1070-1090 CE has more interannual variability, while 1120-  
465 1140 CE has less variability as quantified by the  $\pm 2\sigma$  and interpercentile ranges. However, neither  
466 variability metric for the MCA (Figure 5e) exceeds the values for the last two decades of the 20<sup>th</sup>  
467 century (Figure 4e).

468  
469 We can compare the SSTA distribution for the MCA (Figure 5d) to either a century of modern  
470 coral data (Figure 4d) or discrete windows of time in the modern era (Figure 4f). The values for  
471 ENSO variability, as quantified by the percentiles of the SSTA distribution (Figure 5d), are 0.76  
472 °C for La Niña-related SSTA ( $p_{97.5}$ ) and -0.82 °C for El Niño-related SSTA ( $p_{2.5}$ ), similar to what  
473 we observe during the earlier part of the 20<sup>th</sup> century (Figure 4f). We choose to show an entire  
474 century of data for the MCA, but note that our results are consistent if we choose a subset of the  
475 fossil coral time series and generate the PDFs in 20-year moving windows (Figure S9).

476  
477 The populations of SSTA for the two MCA fossil corals (Figure 6b) are drawn from the same  
478 distribution over their common interval of overlap, as they pass the K-S test [Massey, 1951] at the  
479 1% significance level (regardless of the effective degrees of freedom; Section 3.4). The uncertainty  
480 in extreme monthly SSTA values (Figure 5d, 2.5 and 97.5 percentiles) is  $\pm 0.24$  °C based on our  
481 algorithm with analytical, calibration and geological uncertainty (Section 3.4). Incorporating the  
482 total uncertainty, we find that ENSO variability during the MCA, as recorded by the fossil corals,  
483 is within the range of ENSO variability observed in the modern and is significantly different than  
484 the interval with more ENSO variability during the late 20<sup>th</sup> century (Figure S7). Moreover, we  
485 cannot distinguish the SSTA population that records ENSO variability during the MCA as  
486 significantly different than the modern interval with less ENSO variability (based on K-S tests  
487 [Massey, 1951] at the 1% significance level and Figure S8). That said, we can distinguish the

488 SSTA population during the MCA as significantly different than the SSTA population during  
489 modern interval with more ENSO variability (via the K-S test), and the new coral records from  
490 Vanuatu show less ENSO variability during the MCA as compared to the late 20<sup>th</sup> century.

## 491 **6 Discussion and Conclusions**

492 Previously published proxy records of ENSO [*Moy et al.*, 2002; *Cobb et al.*, 2003; *Rein et al.*,  
493 2004; *Newton et al.*, 2006; *Rustic et al.*, 2015] for the MCA and the Little Ice Age (LIA: 1450-  
494 1850 CE [*Masson-Delmotte et al.*, 2013]) often show conflicting results, indicating large  
495 uncertainties in the proxy records, in our estimations of the range of natural variability, or both.  
496 Numerous records provide evidence for a strengthened SST gradient across the equatorial Pacific  
497 and/or an inferred reduction in ENSO variability during the MCA relative to the LIA [*Cobb et al.*,  
498 2003; *Newton et al.*, 2006; *Rustic et al.*, 2015]. In contrast, other proxy records [*Moy et al.*, 2002;  
499 *Rein et al.*, 2004] indicate a peak in ENSO variability during the MCA. Two recent compilations  
500 of ENSO-sensitive records actually find no statistically significant change in ENSO variability  
501 between the MCA and the LIA and highlight the need for additional high-resolution proxy records  
502 to fully characterize the range of ENSO variability over the Common Era [*Emile-Geay et al.*,  
503 2013b; *Henke et al.*, 2017].

504  
505 Internal climate variability contributes a large source of uncertainty in detecting forced changes in  
506 ENSO variability over the Common Era. Our results show a prolonged period of low variability  
507 during a time with external forcings similar to pre-industrial values [*Bradley et al.*, 2016]. We  
508 interpret our results in tandem with the compilation studies to indicate that devoid of strong  
509 external climate forcing, internal variability within the climate system can produce a wide range  
510 of responses in the variability of ENSO. The PDF for coral data from the MCA indicates that  
511 ENSO variability over a full century is statistically indistinguishable from two decades with less  
512 ENSO variability observed during the 20<sup>th</sup> century (Figure 7, Figure S8). We show a century of  
513 data for the MCA and 20 years of data for the modern, but our results are consistent if we choose  
514 a subset of the fossil coral time series and generate the PDFs in 20-year moving windows (Figure  
515 S9). Furthermore, even when including the total uncertainty in the coral reconstructions ( $\pm 2\sigma$   
516 analytical, calibration, and geological uncertainty), ENSO variability during the MCA and the  
517 early 20<sup>th</sup> century is statistically different and lower than the recent decades with larger ENSO  
518 variability (Figures S6 and S7). Thus, we conclude that while the MCA contained lower ENSO  
519 variability, such ranges have been observed in the historical record.

520  
521 Although our study focuses on ENSO variability during the Common Era, the histogram and PDF  
522 technique we present here is broadly applicable to other paleoclimate studies that seek to  
523 reconstruct variability across a variety of timescales. Quantifying the range of natural variability  
524 is critical as it may complicate our ability to detect a forced ENSO response from short records  
525 during times with different background states such as the mid-Holocene, the Last Glacial  
526 Maximum, future climate scenarios, and the most recent decades of instrumental data. Only by  
527 collecting more paleoclimate proxy data can we establish a baseline to determine if changes in  
528 ENSO variability during these other times are outside the bounds of natural variability. Our  
529 findings provide new insight to this challenge by replicating the bounds of low ENSO variability  
530 from two different time periods, and showing that intervals of low ENSO variability can last for a  
531 full century, consistent with multi-decadal to centennial intervals of reduced ENSO variability  
532 simulated in unforced climate models [*Wittenberg*, 2009; *Deser et al.*, 2012].

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### 550 **Author Contributions**

551 A.E.L wrote the manuscript, sampled the fossil corals, and performed all the fossil coral Sr/Ca  
552 analyses. A.E.L performed the data analysis and interpreted the results with T.M.Q and J.W.P.  
553 K.T. assisted with the data analysis and uncertainty quantification. F.W.T. drilled the modern  
554 coral, and F.W.T and J.W.P drilled the fossil coral samples with support from T.M.Q. M.K.G.  
555 sampled the modern coral from Sabine Bank, Vanuatu and generated the original modern coral  
556 Sr/Ca data composite. C.-C.S, C.-C.W, and T.-L.Y provided the <sup>230</sup>Th ages for the fossil corals.  
557 All authors reviewed the manuscript.

### 558 **Data Availability**

559 All coral Sr/Ca data from Sabine Bank and Tasmaloum, Vanuatu produced from this study is  
560 archived in the paleoclimatology dataset repository in the National Centers for Environmental  
561 Information, NOAA database: [https://www.ncdc.noaa.gov/data-access/paleoclimatology-  
562 data/datasets/coral-sclerosponge](https://www.ncdc.noaa.gov/data-access/paleoclimatology-data/datasets/coral-sclerosponge).

### 563 **Code Availability**

564 The MATLAB® codes that have contributed to the analysis and results in this study are available  
565 upon request from the lead author (A.E.L: [alawman@utexas.edu](mailto:alawman@utexas.edu)). The age model algorithm used  
566 to transform the coral geochemical data from the depth to the time domain is publicly available  
567 on the GitHub repository for the lead author: <https://github.com/lawmana/coralPSM>.

### 568 **Additional Information**

569 **Supporting information** is available for this paper.

570 **Competing Financial Interests:** The authors declare no competing financial interests.

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## 793 **Figure Captions**

794 **Figure 1. Instrumental sea-surface temperature anomalies during strong ENSO events. a**  
795 Average November-December-January (NDJ) sea-surface temperature anomalies (SSTA) for the  
796 1972-73, 1982-83, and 1997-98 El Niño events. **b** Average NDJ SSTA for the 1988-89, 1995-96,  
797 1998-99 La Niña events. SST data is from the Met Office Hadley Centre HadSST product [Rayner  
798 *et al.*, 2003]. SSTA in this study are computed by applying a 9-year high-pass filter to monthly  
799 SST data, removing the climatology, and calculating the 5-month running mean [Trenberth, 1997]  
800 SSTA (Section 3.3). The Niño 3.4 region (5° N-5°S, 120°-170°W) in the central equatorial Pacific  
801 is outlined by a white box (**a**, **b**). The modern coral site at Sabine Bank, Vanuatu in the southwest  
802 Pacific (15.9°S, 166.0°E) is indicated with a star (**a**, **b**).

803 **Figure 2. Quantifying 20<sup>th</sup> century SST variability in the Niño 3.4 region. a** Instrumental  
804 monthly SST [Rayner *et al.*, 2003] averaged over the Niño 3.4 region for 1900-2005 CE. **b**  
805 Histogram (red) and probability density function (PDF) estimate (black) of the monthly SST for  
806 1900-2005 CE. **c** Time series of monthly SSTA. Horizontal gray lines demarcate the 2.5 and 97.5  
807 percentiles ( $p_{2.5}$ ,  $p_{97.5}$ ) of the monthly SSTA over the 1900-2005 CE interval. Red triangles indicate  
808 historical El Niño events, blue triangles indicate La Niña events based on the Oceanic Niño index  
809 (NOAA, Section 3.1) and the extended multivariate ENSO index [Wolter and Timlin, 2011]. The  
810 selected ENSO events used to make the composite maps in Figure 1 are the larger triangles outlined  
811 in black. **d** Histogram (red, bin = 0.5°C) and PDF estimate (black) of the monthly SSTA for 1900-  
812 2005 CE. **e** The  $\pm 2\sigma$  range (dashed) and  $p_{97.5} - p_{2.5}$  interpercentile range (solid) computed in 20-  
813 year moving windows. **f** PDF estimates of SSTA for intervals with less (blue: 1920-1939 CE) and  
814 more (red: 1980-1999 CE) ENSO variability. Blue (red) shading in (**c**, **e**) highlight the intervals in  
815 **f** with less (more) ENSO variability. Numerical values above the PDFs in (**d**, **f**) denote the 2.5 and  
816 97.5 percentiles for the designated subset interval. The horizontal bars above the PDFs in (**d**, **f**)  
817 indicate the  $p_{97.5} - p_{2.5}$  interpercentile range. Monthly SSTA calculated using the same  
818 methodology as Figure 1 (Section 3.3). PDFs in this and all subsequent figures are based on a  
819 kernel density estimation method [Parzen, 1962].

820 **Figure 3. Quantifying 20<sup>th</sup> century instrumental SST variability at Vanuatu (SW Pacific).**  
821 The number of observations per month in the 5° latitude x 5° longitude HadSST3 [Kennedy *et al.*,  
822 2011a; 2011b] grid box (17.5°S, 167.5°E) that includes Vanuatu. Note the logarithmic scale for  
823 the number of observations per month and the horizontal gray lines that indicate the number of  
824 observations required to achieve specified temporal coverages. The amplitude of SST variability  
825 outside of the monthly mean-removed climatology is loosely tied to the number of observations,  
826 such that more observations lead to more interannual, and even decadal, SST variability. **b**

827 Instrumental monthly SST [Rayner *et al.*, 2003] and **c** the histogram (blue, bin = 0.5 °C) and PDF  
828 (black) of monthly SST for Vanuatu. The SST data are the average of the two grid points closest  
829 to the coral sites (15.5°S, 166.5°E) and (16.5°S, 166.5°E; Section 3.1). **d** Instrumental monthly  
830 SSTA. Horizontal gray lines demarcate the  $p_{2.5}$  and  $p_{97.5}$  monthly SSTA values for the 1900-2005  
831 CE interval. Red triangles indicate El Niño events and blue triangles indicate La Niña events as in  
832 Fig. 2c. **e** Histogram (blue, bins = 0.5 °C) and PDF (black) of monthly SSTA for the 1900-2005  
833 CE interval. **f** The  $\pm 2\sigma$  range (dashed) and  $p_{97.5} - p_{2.5}$  interpercentile range (solid) of monthly SSTA  
834 computed in 20-year moving windows. **g** PDF estimates of monthly SSTA for intervals with less  
835 (blue: 1920-1939 CE) and more (red: 1980-1999 CE) ENSO variability observed in the Niño 3.4  
836 region (Fig. 2). Monthly SSTA computed the same as Fig. 1 (Section 3.3). The numerical values  
837 and horizontal bar above the PDF in **e**, **g** indicate the  $\sim \pm 2\sigma$  range as defined by the percentiles.  
838

839 **Figure 4. Quantifying 20<sup>th</sup> century SST variability in the SW Pacific using modern corals.** **a**  
840 Reconstructed monthly SST based on modern coral Sr/Ca from Sabine Bank, Vanuatu (15.9°S,  
841 166.0°E). Monthly SST (total variability) shows a shift toward warmer SST due to a late 20<sup>th</sup>  
842 century warming trend in the coral Sr/Ca time series. **b** Histogram (orange, bin = 0.5 °C) and PDF  
843 (black) of monthly SST over the 1900-2005 CE interval. **c** Coral-based monthly SSTA. Horizontal  
844 gray lines demarcate the  $p_{2.5}$  and  $p_{97.5}$  monthly SSTA values for the 1900-2005 CE interval. Red  
845 triangles indicate El Niño events and blue triangles indicate La Niña events as in Fig. 2c. **d**  
846 Histogram (orange, bins = 0.5 °C) of monthly SSTA for 1900-2005 CE. **e** The  $\pm 2\sigma$  range (dashed)  
847 and  $p_{97.5} - p_{2.5}$  interpercentile range (solid) of monthly SSTA computed in 20-year moving  
848 windows. **f** PDF estimates of monthly SSTA for the intervals with less (blue: 1920-1939 CE) and  
849 more (red: 1980-1999 CE) ENSO variability observed in the Niño 3.4 region (Fig. 2). The  
850 numerical values and horizontal bar above the PDFs in **d**, **f** indicate the  $\sim \pm 2\sigma$  range as defined by  
851 the 2.5 and 97.5 percentiles. Blue (red) shading in (**c**, **e**) highlight the intervals in **f** with less (more)  
852 ENSO variability (Fig. 2). Monthly SSTA computed the same as Fig. 1 (Section 3.3). The  
853 uncertainty in the 2.5 and 97.5 percentiles in (**d**, **f**) is  $\pm 0.21$  °C based on analytical, calibration, and  
854 replication uncertainties (Section 3.4).  
855

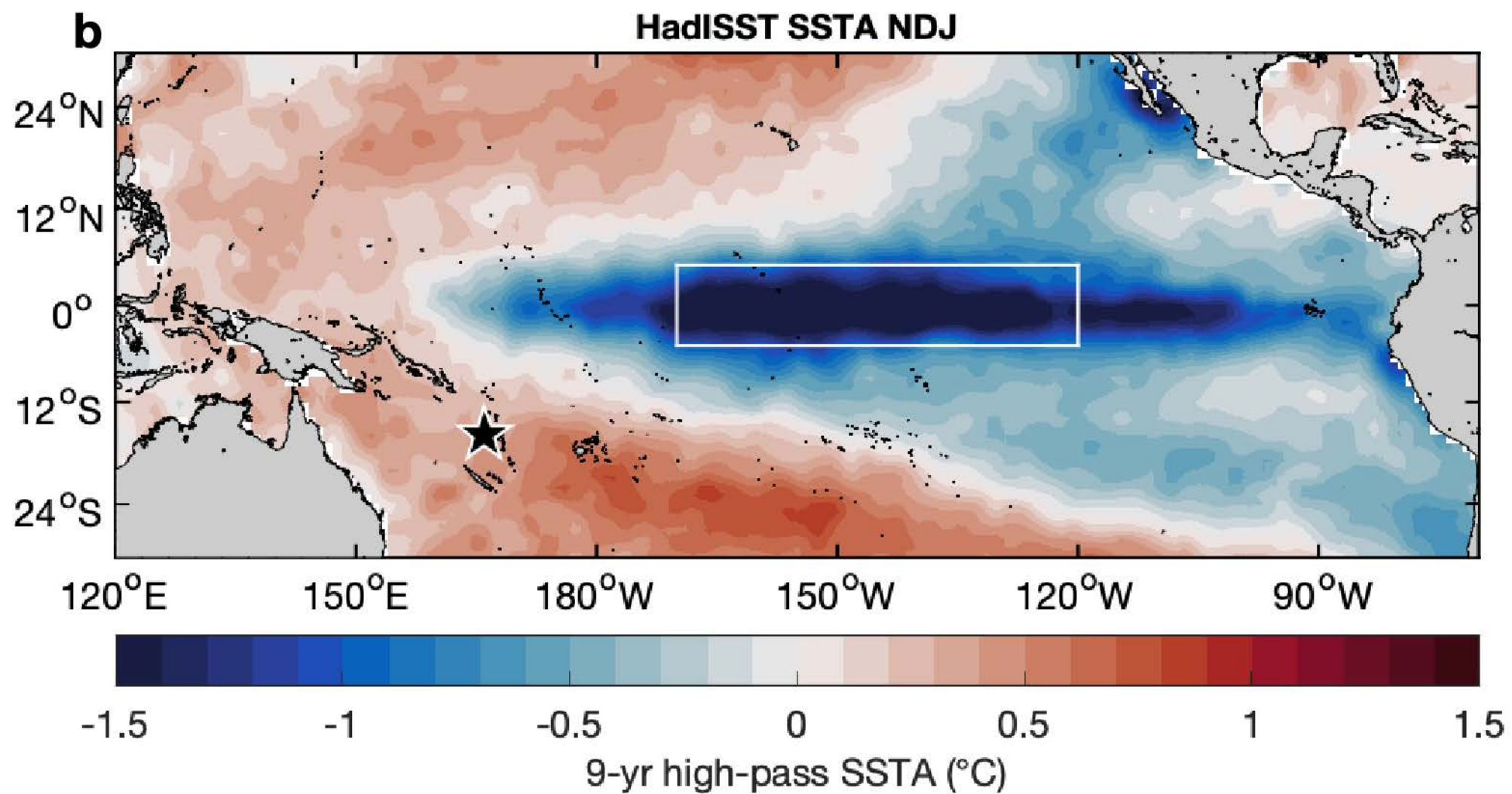
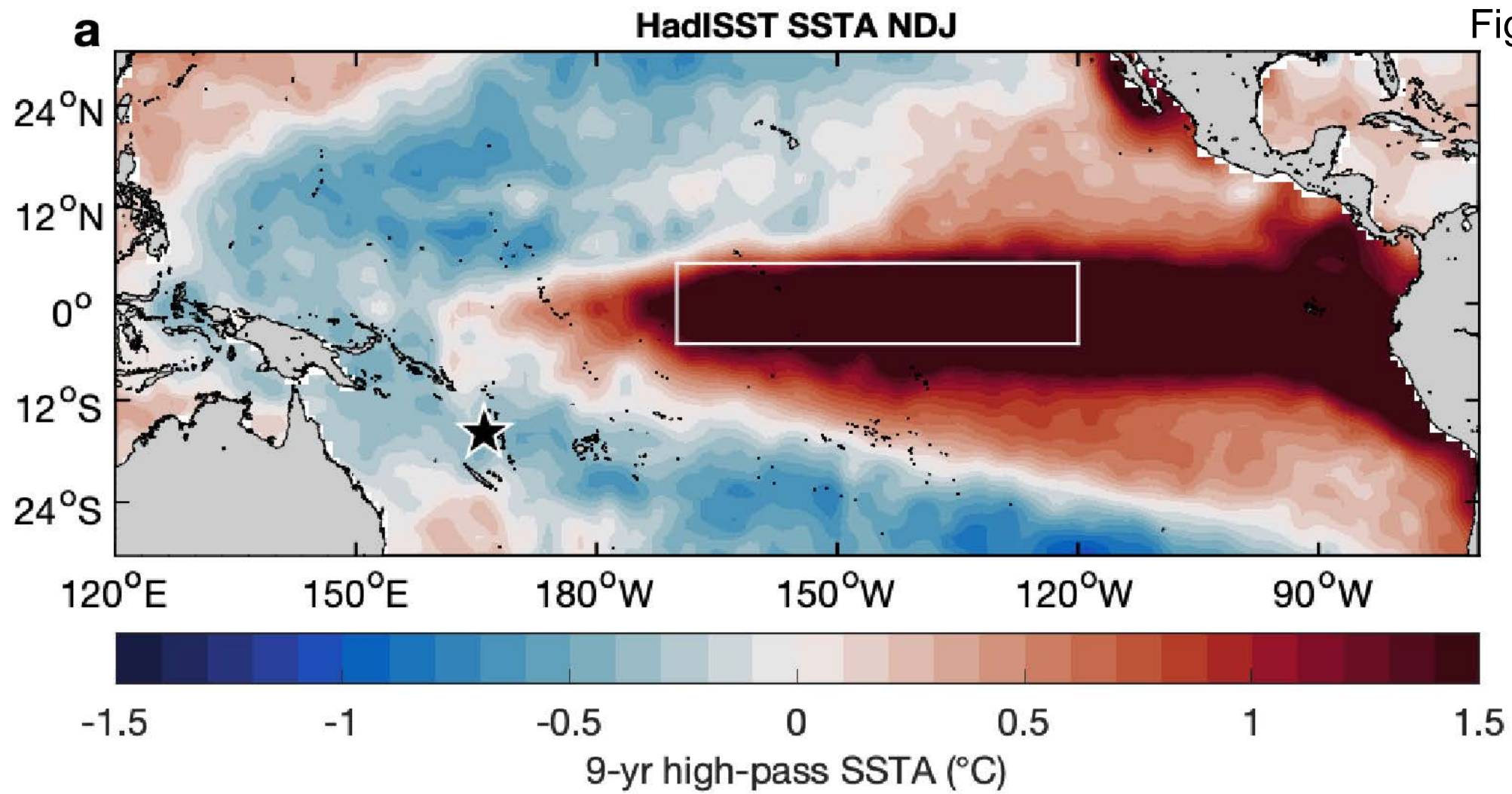
856 **Figure 5. Quantifying Medieval Climate Anomaly SST variability in the SW Pacific using**  
857 **fossil corals.** **a** Reconstructed monthly SST based on fossil coral Sr/Ca from Tasmaloum, Vanuatu  
858 (15.6°S, 166.9°E). Coral 11-TM-S5 (green;  $^{230}\text{Th} \pm 2\sigma$  age:  $1127.1 \pm 2.7$  CE) and 11-TM-I1 (gray;  
859  $^{230}\text{Th} \pm 2\sigma$  ages:  $1125.7 \pm 6.2$ ,  $1142.6 \pm 4.9$ ,  $1149.0 \pm 4.1$  CE). Triangles with horizontal bars mark  
860 the  $^{230}\text{Th}$  ages and  $\pm 2\sigma$  analytical error (see Section 2.3 for a description of the fossil coral  
861 alignment). **b** Histogram (green, bin = 0.5 °C) and PDF (black) of monthly SST over the 1051-  
862 1150 CE interval. **c** Coral-based monthly SSTA. Horizontal gray lines demarcate the  $p_{2.5}$  and  $p_{97.5}$   
863 monthly SSTA values for the 1051-1150 CE interval. **d** Histogram (green, bins = 0.5 °C) of  
864 monthly SSTA for the 1051-1150 CE interval. **e** The  $\pm 2\sigma$  range (dashed) and  $p_{97.5} - p_{2.5}$   
865 interpercentile range (solid) of monthly SSTA computed in 20-year moving windows. The  
866 numerical values and horizontal bar above the PDF in **d** indicate the  $\sim \pm 2\sigma$  range as defined by the  
867 2.5 and 97.5 percentiles. Monthly SSTA computed the same as Fig. 1 (Section 3.3). The  
868 uncertainty in the 2.5 and 97.5 percentiles in (**d**, **f**) is  $\pm 0.24$  °C based on analytical, calibration, and  
869 replication uncertainties (Section 3.4).  
870

871 **Figure 6. Modern and MCA fossil coral SSTA replication.** PDFs of monthly SSTA for the  
872 modern and MCA corals over their respective common intervals of overlap. **a** Replication results

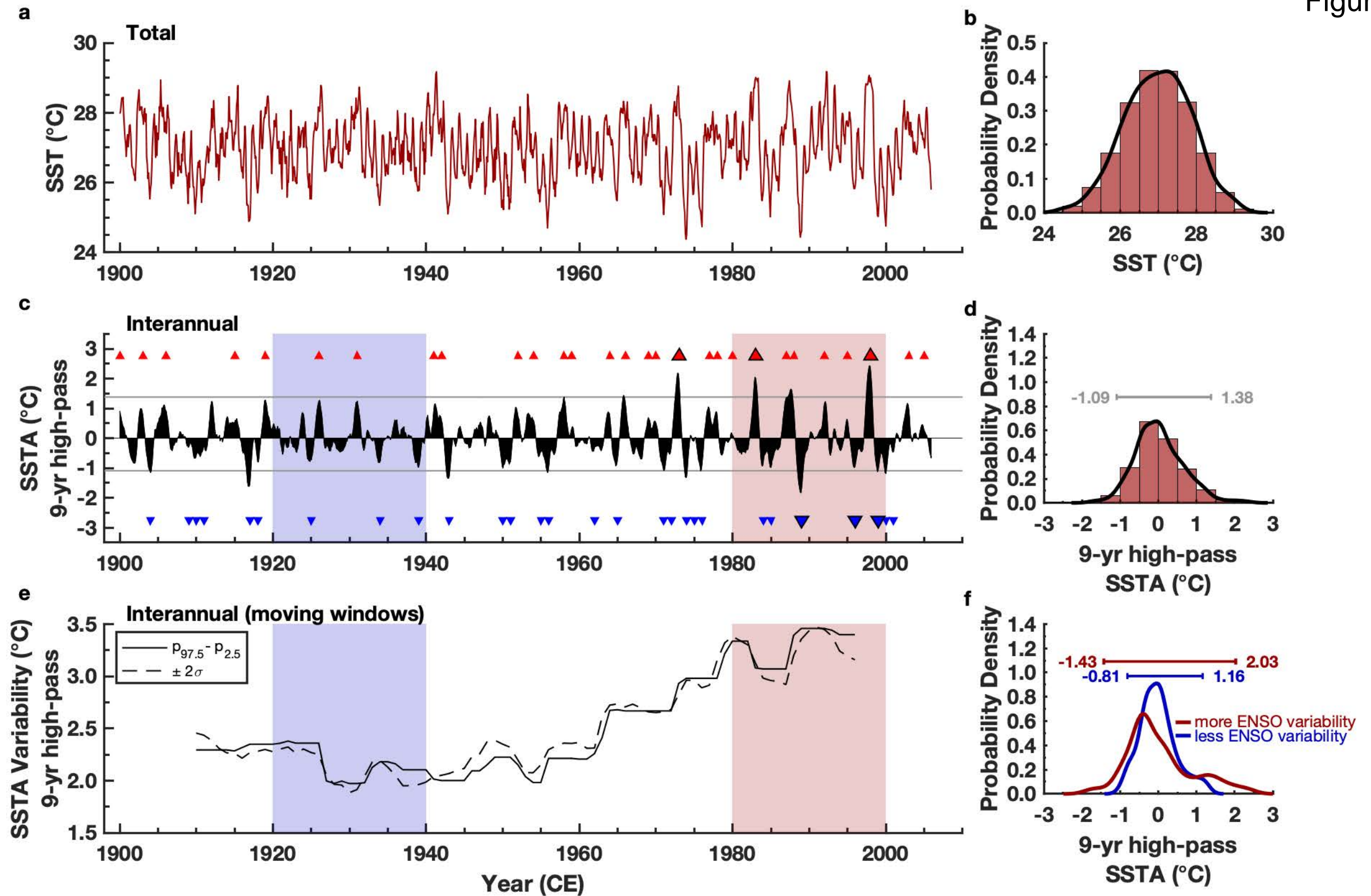
873 for 50 years (1941-1990 CE) of modern monthly SSTA data. PDF estimates for Sabine Bank  
874 (orange) and Malo Channel [*Kilbourne et al.*, 2004] (gray), Vanuatu. **b** Replication results for 20  
875 years (1126-1145 CE) of MCA fossil coral monthly SSTA data from Tasmaloum, Vanuatu. 11-  
876 TM-S5 (green) and 11-TM-I1 (gray). Monthly SSTA computed the same as Fig. 1 (Section 3.3).  
877 Numerical values and horizontal bars above the PDFs in **a**, **b** indicate  $\sim \pm 2\sigma$  range as defined by  
878 the 2.5 and 97.5 percentiles. The uncertainty in the 2.5 and 97.5 percentiles is  $\pm 0.21$  °C (**a**) and  
879  $\pm 0.24$  °C (**b**) based on analytical, calibration, and replication uncertainties (Section 3.4).

880

881 **Figure 7. Coral-based ENSO variability comparison: Modern vs. MCA.** PDF estimates of  
882 monthly SSTA (reconstructed from SW Pacific coral Sr/Ca) for the more (red) and less (blue)  
883 variable ENSO intervals during the 20<sup>th</sup> century (from Fig. 4f) and 100 years during the MCA  
884 (green; from Fig. 5d). Numerical values and horizontal bars above the PDFs indicate  $\sim \pm 2\sigma$  range  
885 as defined by the 2.5 and 97.5 percentiles. The uncertainty in the 2.5 and 97.5 percentiles is  $\pm 0.21$   
886 °C (modern) and  $\pm 0.24$  °C (MCA) based on analytical, calibration, and replication uncertainties  
887 (Section 3.4).







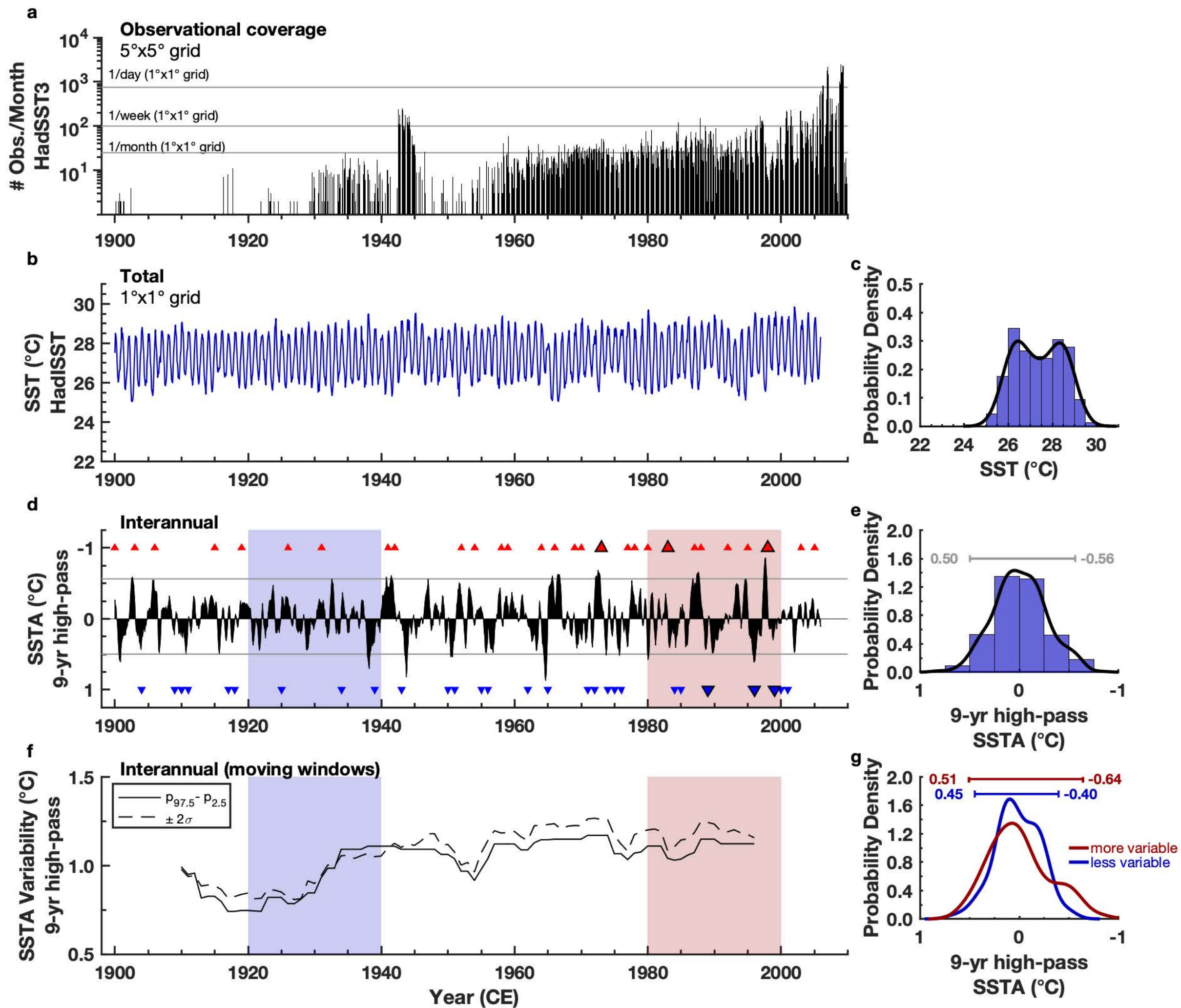
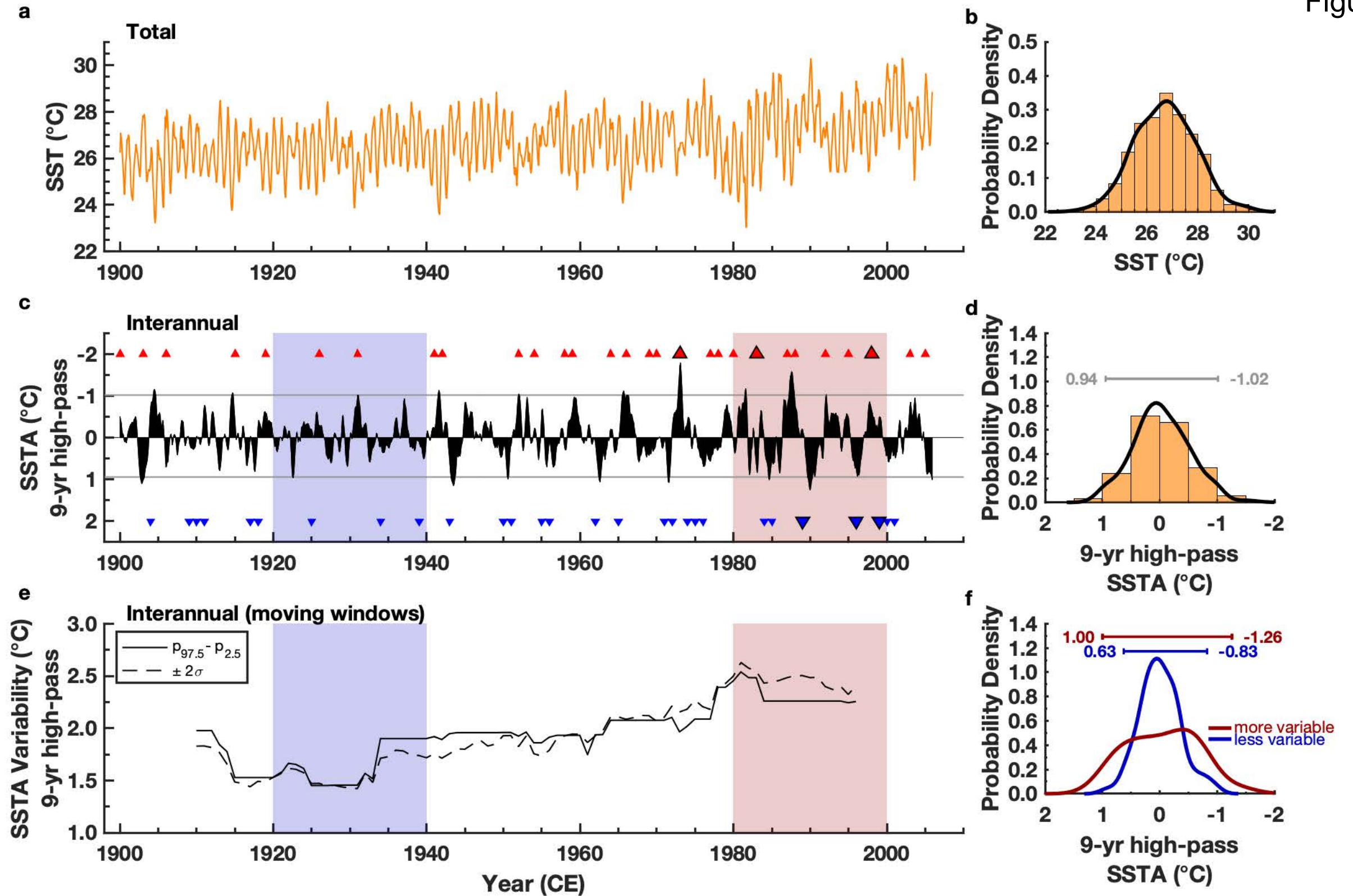
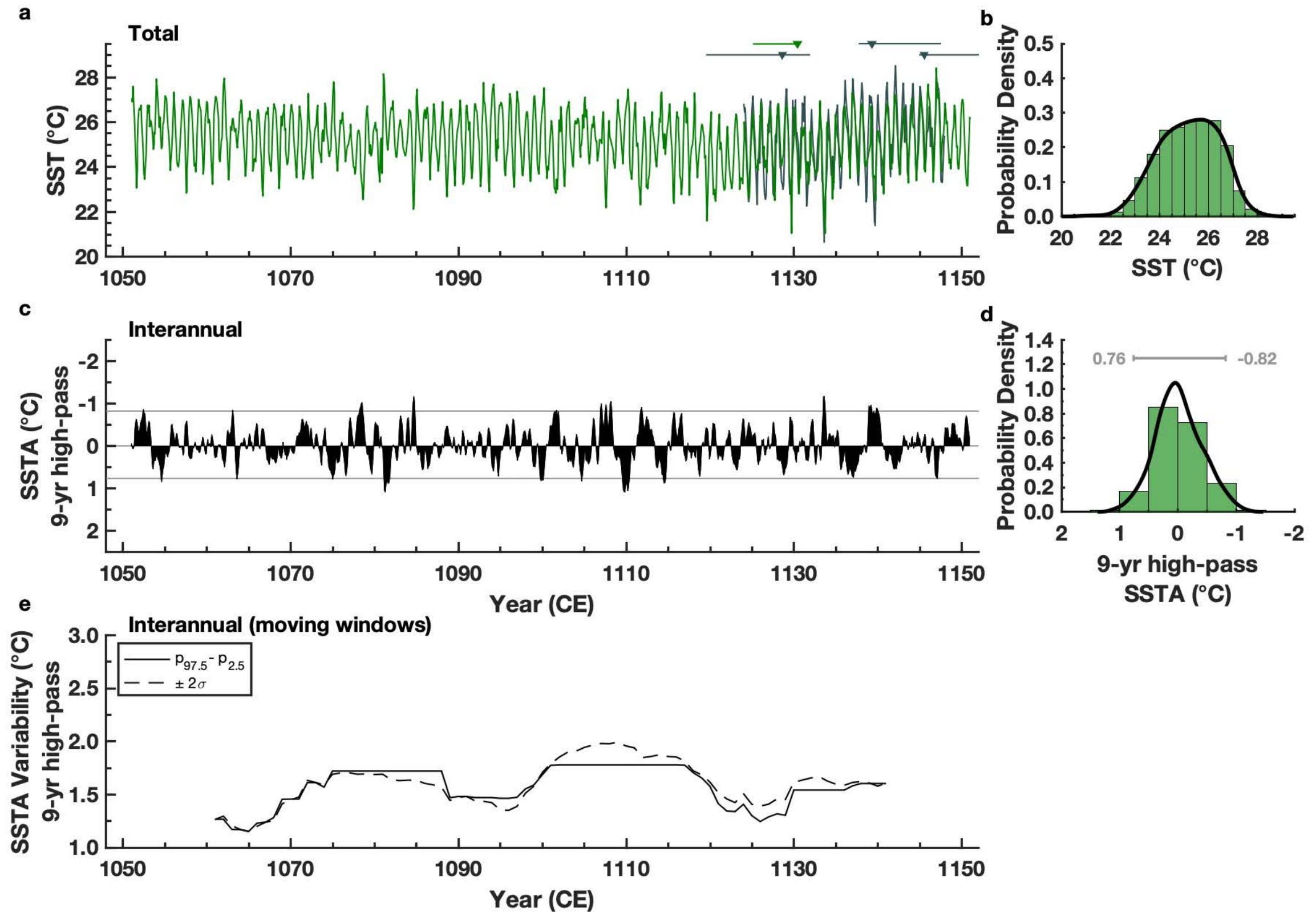


Figure 4





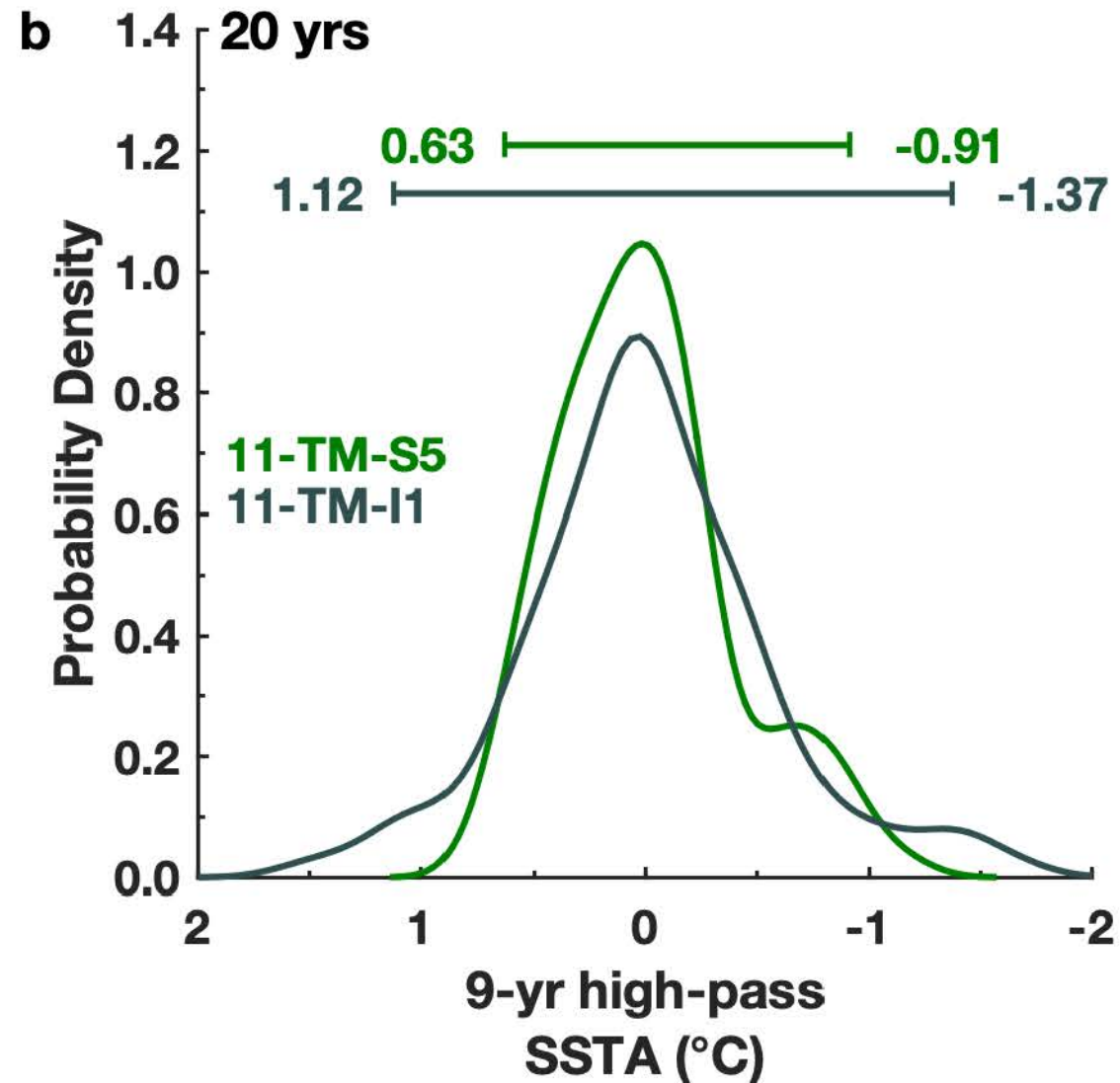
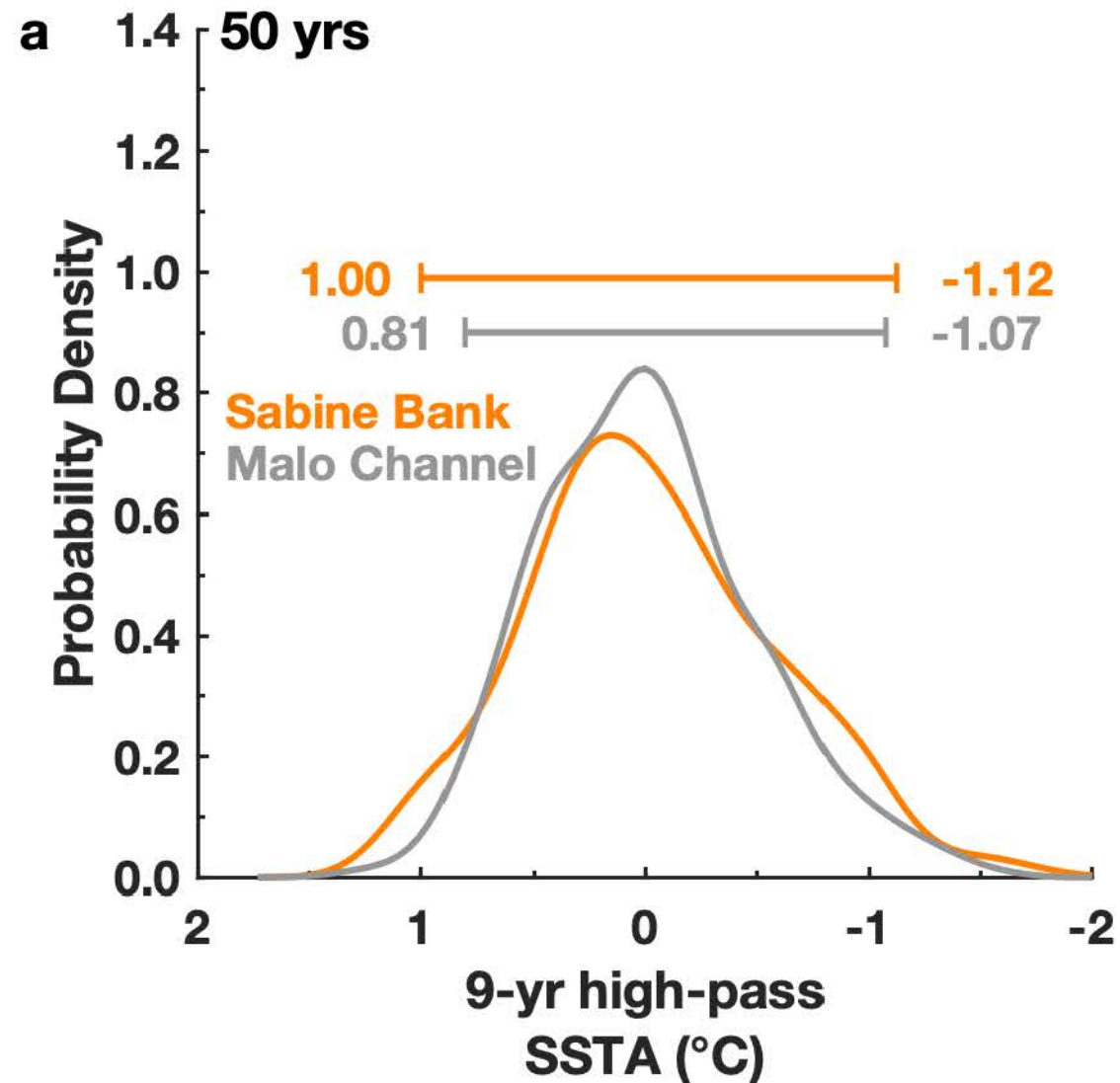
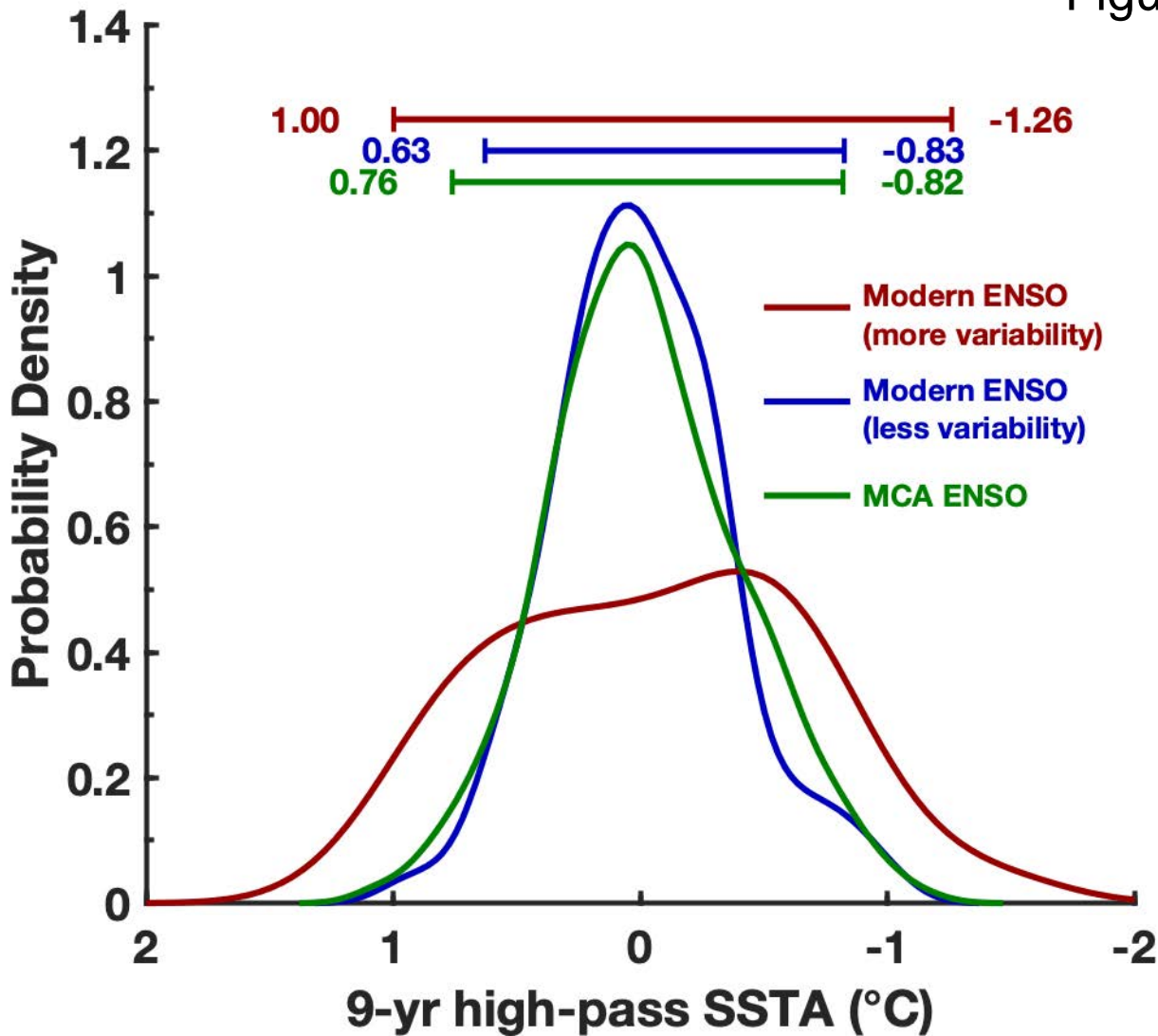


Figure 7



## **A century of reduced ENSO variability during the Medieval Climate Anomaly**

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M.K. Gorman<sup>1,2</sup>, C.-C. Shen<sup>4,5</sup>

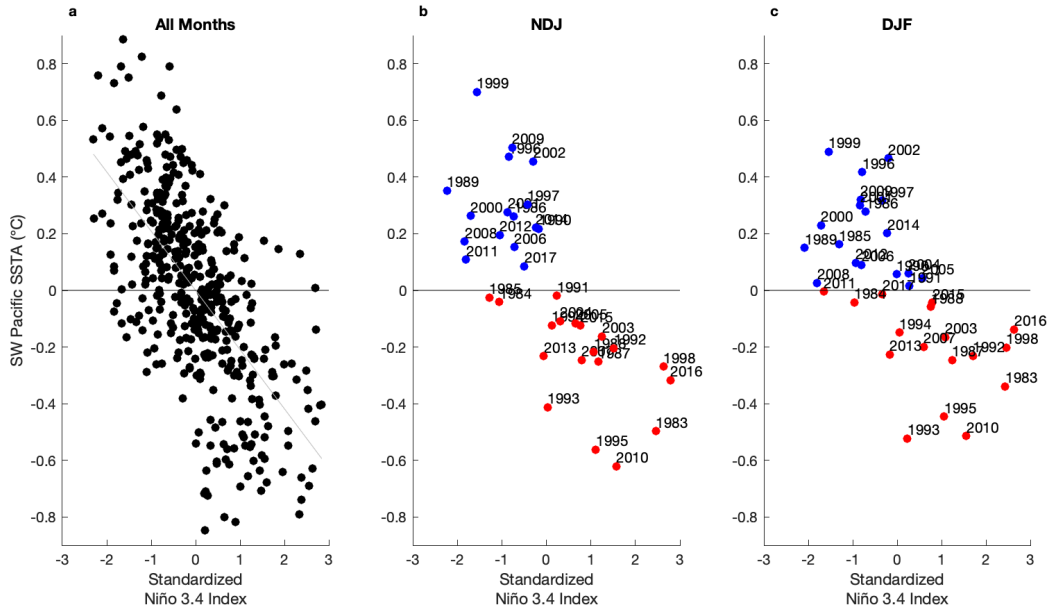
<sup>1</sup>Institute for Geophysics, Jackson School of Geosciences, The University of Texas at Austin, Austin, TX, USA, <sup>2</sup>Department of Geological Sciences, Jackson School of Geosciences, The University of Texas at Austin, Austin, TX, USA, <sup>3</sup>Department of Earth, Environmental and Planetary Sciences, Brown University – Providence, RI, USA, <sup>4</sup>High-precision Mass Spectrometry and Environment Change Laboratory (HISPEC), National Taiwan University, Taipei, Taiwan ROC, <sup>5</sup>Research Center for Future Earth, National Taiwan University, Taipei, Taiwan ROC

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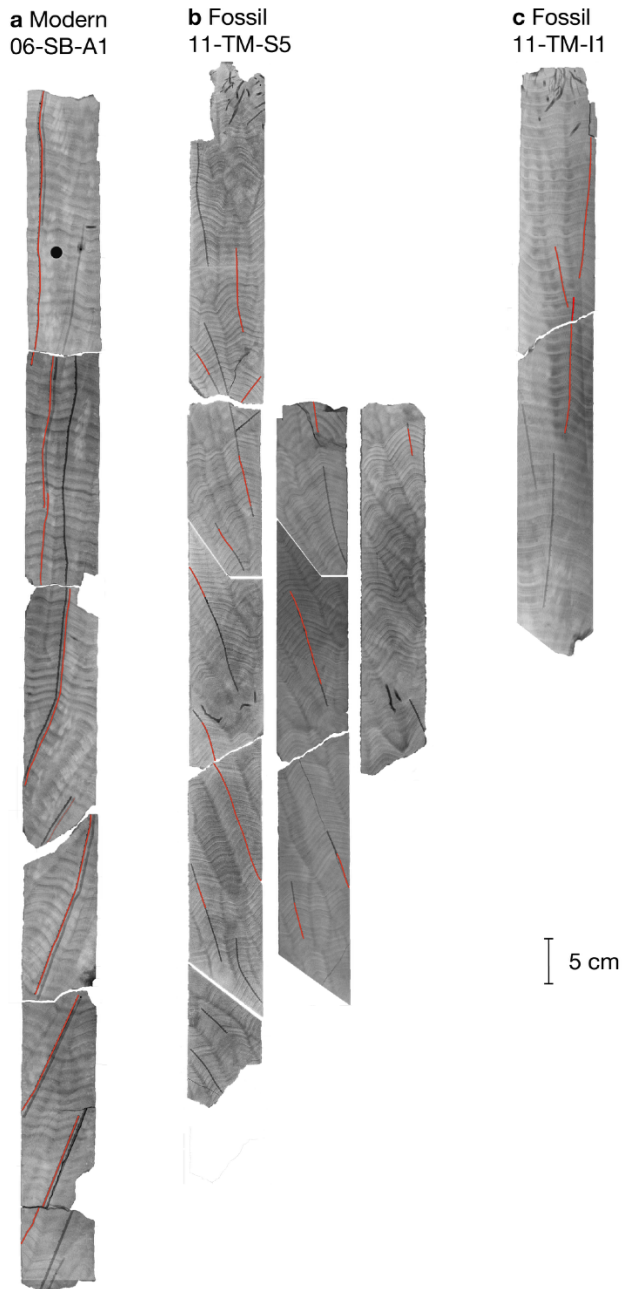
### **Introduction**

The supporting information contains analysis that demonstrates the response of southwest Pacific sea-surface temperature (SST) anomalies to individual ENSO events in the instrumental record (Figure S1) to highlight the consistent relationship between the southwest Pacific and SST in the Niño 3.4 region. The supporting information also includes metadata about the modern and fossil corals, including x-ray images (Figure S2, Table S1). Tables S2-S3 provide the information for the <sup>230</sup>Th age calculation for the fossil corals. The supporting information covers the results of the calibration-verification exercise for converting coral Sr/Ca measurements into SST (Figure S3). The agreement between the replicated MCA fossil coral Sr/Ca time series is provided (Figure S4). An example of the output from the Monte Carlo uncertainty quantification algorithm is provided for the Sabine Bank, Vanuatu modern coral Sr/Ca-SST reconstruction (Figure S5). The fidelity of the differences in the 2.5 and 97.5 percentile SSTA populations, or the magnitude of extreme events, is explored for the modern and MCA (Figures S6-S8). An informal test of the 'Wittenberg effect' [Wittenberg, 2009] is performed to show how the values for extreme events may vary according to window length (Figure S9).

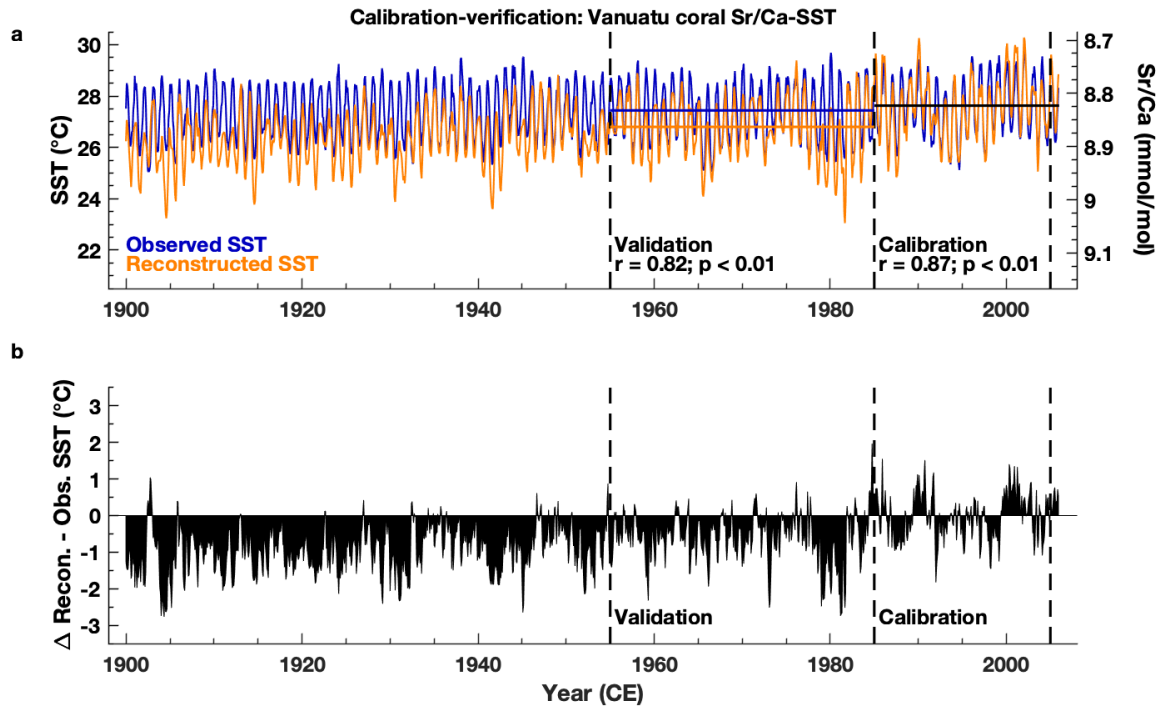


**Figure S1. The southwest Pacific SST response to ENSO.** Regression of southwest (SW) Pacific SST anomalies versus the standardized Niño 3.4 index for 1982-2018 CE. **a** All months. **b** The November-December-January (NDJ) average. **c** The December-January-February (DJF) average. SST data is from the Met Office Hadley Centre HadISST product [Rayner *et al.*, 2003], and is subset to 1982-2018 CE to focus on the most recent decades of observations. Text labels in **(b, c)** indicate the year of the January in the average (e.g., 1998 indicates the average SSTA response for Nov. 1997, Dec. 1997, and January 1998; i.e., the 1997-98 El Niño). Blue markers indicate when the Niño 3.4 index is less than 0, red markers indicate when the Niño 3.4 index is greater than 0. The southwest Pacific cools during canonical eastern Pacific El Niño events (e.g., 1982-83, 1997-98, 2015-16) as well as moderate central Pacific events (e.g., 1994-95 and 2009-10). The Niño 3.4 region in the central equatorial Pacific is defined by (5° N-5°S, 120°-170°W). The southwest Pacific is defined by the region (12°-22°S, 166-178°E), which includes Vanuatu. SST anomalies are calculated with respect to the 1982-2018 CE climatology. We note that the SST anomalies here are not 9-year high-pass filtered and are thus not directly comparable to the amplitude of the SST anomalies shown in Figure 3d in the main text. Despite the varied response of the SW Pacific to different types of ENSO events, the SW Pacific consistently cools (warms) during historical El Niño (La Niña) events.

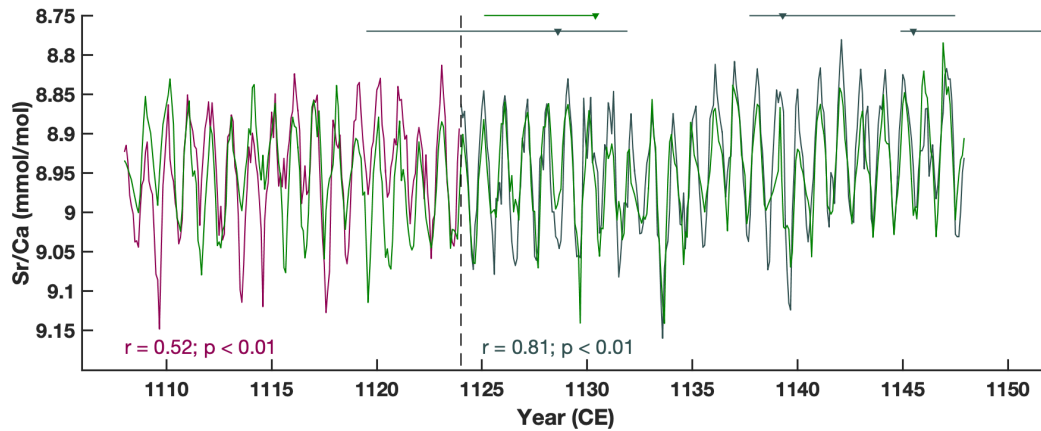




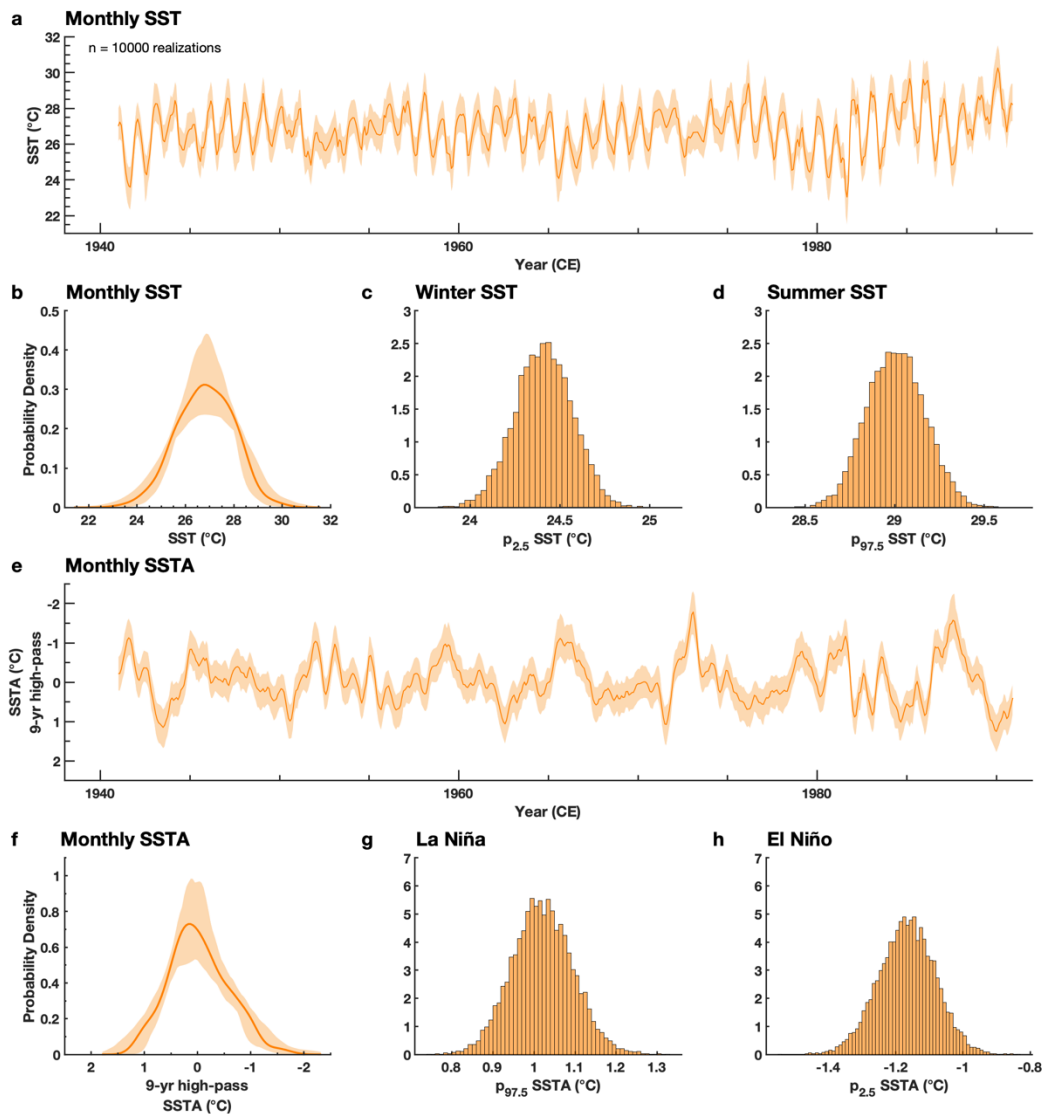
**Figure S2. Coral x-radiographs and sampling paths.** X-ray images of 5 mm thick slabs from modern coral 06-SB-A1 (**a**), fossil coral 11-TM-S5 (**b**), and fossil coral 11-TM-I1 (**c**). The modern core in **a** was collected from a live *Porites lutea* coral head at Sabine Bank, Vanuatu during a drilling expedition in 2006. The fossil corals in **b**, **c** were collected from the same uplifted reef at Tasmaloum, Vanuatu but from different coral heads during a drilling expedition in 2011. The adjacent slabs to the right of the first slabs in **b** are additional cross-sectional slabs taken from the core to fill in gaps with suboptimal sampling. The solid red lines indicate sampling paths along the coral's maximum growth axis. The non-colored paths indicate suboptimal sampling paths [DeLong *et al.*, 2013]. The final composite includes data only from the red paths. Scale bar represents 5 cm.



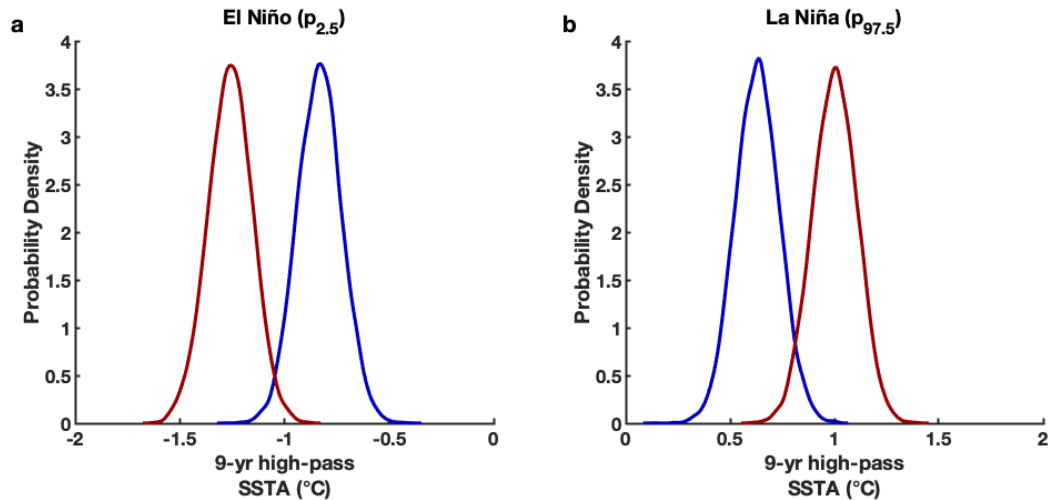
**Figure S3. Modern coral SST calibration and verification.** **a** Instrumental SST [Rayner *et al.*, 2003] (blue, see Fig. 3) and reconstructed Sabine Bank, Vanuatu (15.9°S, 166.0°E) modern coral Sr/Ca-SST (orange; Fig. 4; Section 3.2). Left axis SST (°C), right axis coral Sr/Ca (mmol/mol). Dashed vertical lines mark the calibration (1985-2005 CE) and verification (1955-1984 CE) intervals (Section 3.2). The black horizontal line indicates the observed/reconstructed median SST value over the calibration window. The colored horizontal lines indicate the median SST values over the verification windows for observed SST (blue) and reconstructed coral Sr/Ca-SST (orange). Calibration equation:  $SST (^{\circ}C) = -20.73 \times \text{Coral Sr/Ca (mmol/mol)} + 210.53$ . The 1985-2005 CE calibration interval maximizes the correlation [Pearson, 1920] with instrumental SST ( $r = 0.87$ ,  $p < 0.01$ ) and minimizes the residual sum of squares over the 1955-1984 CE verification window (Section 3.2). **b** The difference between the modern Sabine Bank coral SST reconstruction and observed SST. Much of the difference on interannual to decadal timescales stems from the lack of observations (Fig. 3), including the smaller global warming trend in observations, as compared to the coral. The coral trend of 0.83 °C/50 years at Sabine Bank resembles the trend of 0.5-0.75°C/50 years seen in observations for the southwest Pacific [Cravatte *et al.*, 2009].



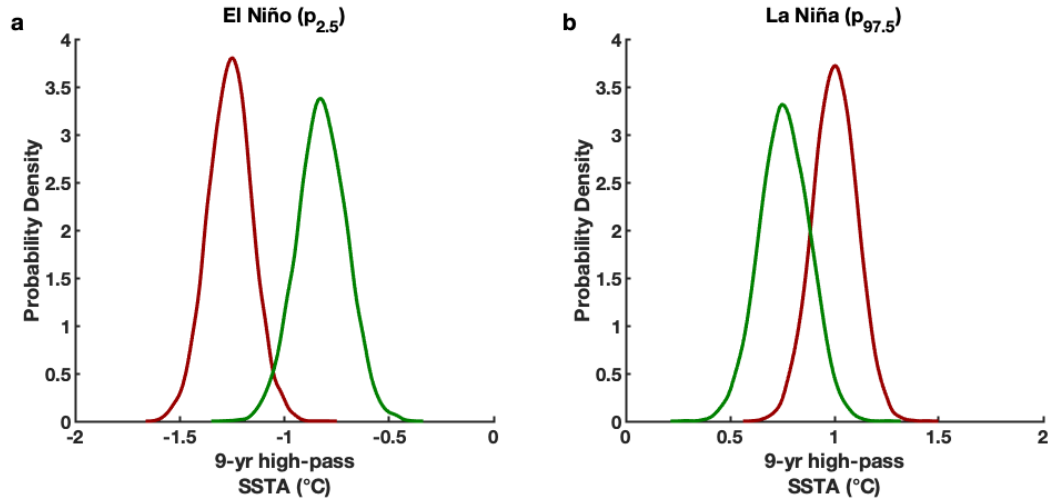
**Figure S4. Replicated fossil coral Sr/Ca during part of the Medieval Climate Anomaly.** Sr/Ca time series for fossil coral 11-TM-S5 (green;  $^{230}\text{Th} \pm 2\sigma$  age:  $1127.1 \pm 2.7$  CE) and the shorter replication coral 11-TM-I1 ( $^{230}\text{Th} \pm 2\sigma$  ages:  $1125.7 \pm 6.2$ ,  $1142.6 \pm 4.9$ ,  $1149.0 \pm 4.1$  CE) over their common interval of overlap (1108-1147 CE). Section of 11-TM-I1 data that passed the quality control metrics outlined by *DeLong et al.* [2013] (gray, 1124-1147 CE) and is included in the final Sr/Ca composite. Section of 11-TM-I1 data that did not pass the quality control metrics (magenta, 1108-1123 CE) due to stress banding and a lack of clearly defined theca walls that help identify the maximum growth axis in the x-ray image (Figure S1). Dashed vertical black line separates the sections with optimal and sub-optimal sampling of 11-TM-I1. To yield a reliable climate reconstruction, sections with sub-optimal sampling are excluded from the final coral records presented in the main text. Triangles with horizontal bars mark the  $^{230}\text{Th}$  ages and  $\pm 2\sigma$  analytical error. The fossil coral Sr/Ca time series were shifted within the analytical error ( $\pm 2\sigma$ ) of the four  $^{230}\text{Th}$  ages such that the resulting overlap between 11-TM-S5 and 11-TM-I1 achieved the highest Pearson correlation coefficient [*Pearson, 1920*] ( $r = 0.81$ ,  $p < 0.01$ ) over the 1124-1147 CE interval that includes coral data that passed all quality control metrics. The Pearson correlation coefficient is lower ( $r = 0.52$ ) for the 1108-1123 CE interval that includes data from 11-TM-I1 that did not pass all quality control metrics.



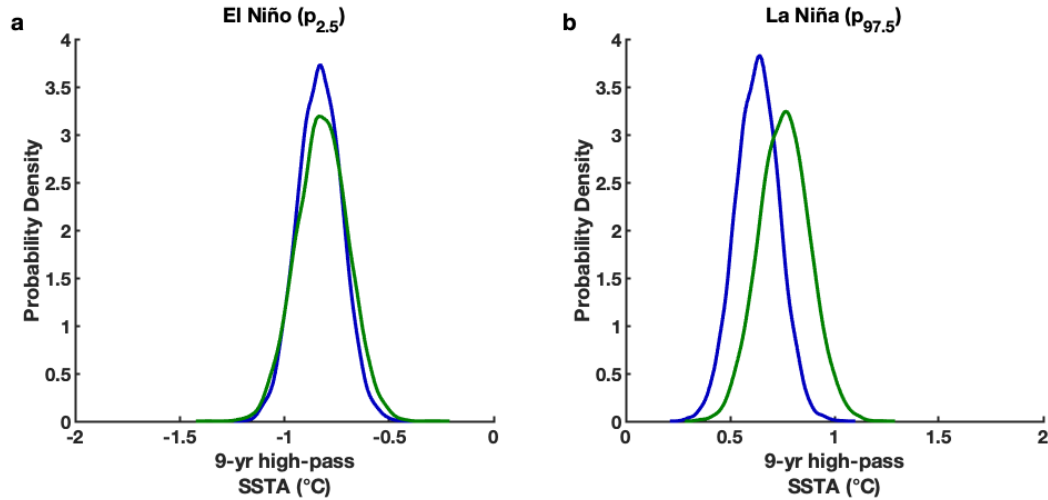
**Figure S5. Monte Carlo uncertainty quantification for modern coral Sr/Ca-SST.** **a** The modern Sabine Bank Sr/Ca-SST reconstruction for the 1941-1990 CE replication interval with no uncertainty (dark orange) and with realizations (light orange shading) that take analytical and calibration uncertainty into account ( $n = 10,000$  realizations; Section 3.4). **b** PDF estimate of the SST reconstruction (dark orange) with realizations (light orange). **c, d** Histograms showing the distribution of possible  $p_{2.5}$  (**c**) and  $p_{97.5}$  (**d**) SST values based on 10,000 realizations of the SST series. **e** Realizations of the modern Sabine Bank SSTA series (light orange shading) with the SSTA reconstruction with no uncertainty (dark orange). **f** PDF estimates of the SSTA realizations (light orange) and no uncertainty (dark orange). **g, h** Histograms showing the distribution of  $p_{97.5}$  (**g**) and  $p_{2.5}$  (**h**) SSTA values. Monthly anomalies are computed by applying a 9-year high-pass filter to the SST data, removing the climatology, and computing the 5-month running mean SSTA (Section 3.3). The uncertainty in the SSTA percentiles due to analytical and calibration uncertainty is the average  $\pm 2\sigma$  value ( $\pm 0.15$  °C) from **g, h**.



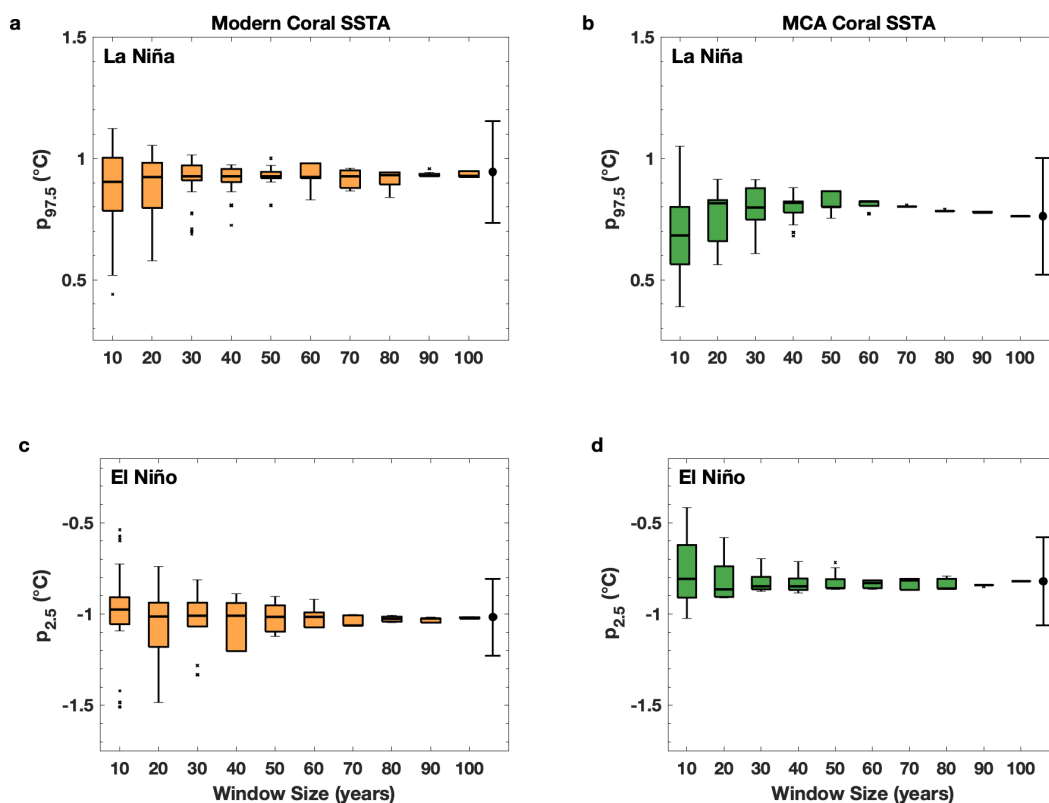
**Figure S6. Comparison of Modern (less ENSO variability) and Modern (more ENSO variability) extrema.** Gaussian distributions ( $n = 10,000$ ) of the 2.5 (**a**) and 97.5 (**b**) percentiles for modern SW Pacific coral Sr/Ca-SSTA with their computed uncertainties. PDFs show the overlap between the percentiles in Fig. 7, taking uncertainty into account. **a** El Niño-related SSTA ( $p_{2.5}$ ). **b** La Niña-related SSTA ( $p_{97.5}$ ). PDF for the 20<sup>th</sup> century interval with more (red: 1980-1999 CE) and less (blue: 1920-1939 CE) ENSO variability (**a, b**). The mean percentile values for each PDF in **a, b** are from Fig. 7. The  $\pm 2\sigma$  uncertainty in the 2.5 and 97.5 percentiles (width of the PDFs) is  $\pm 0.21$  °C based on analytical, calibration, and replication uncertainty (Section 3.4). The overlap between the modern (less variable) and modern (more variable) distributions show that the differences in ENSO variability are large outside of the calculated uncertainty.



**Figure S7. Comparison of Modern (more ENSO variability) and MCA (100 years) extrema.** Gaussian distributions ( $n = 10,000$ ) of the 2.5 (**a**) and 97.5 (**b**) percentiles for the modern interval with more ENSO variability (red: 1980-1999 CE) and the MCA (green: 100 years) based on coral Sr/Ca-SSTA. The mean percentile values for each PDF in **a**, **b** are from Fig. 7. The  $\pm 2\sigma$  uncertainty in the 2.5 and 97.5 percentiles (width of the PDFs) is  $\pm 0.21$  °C (modern) and  $\pm 0.24$  °C (MCA) based on analytical, calibration, and replication uncertainty (Section 3.4). **a** El Niño-related SSTA ( $p_{2.5}$ ). **b** La Niña-related SSTA ( $p_{97.5}$ ). The overlap between the PDFs for the modern (more variable) and MCA is smaller compared to the overlap between the modern (less variable) and the MCA (Supplementary Fig. 5), particularly for El Niño related SSTA (**a**). Incorporating the total uncertainty, ENSO variability during the MCA is different than the interval with more ENSO variability during the late 20<sup>th</sup> century.



**Figure S8. Modern (less ENSO variability) and MCA (100 years) extrema.** Gaussian distributions ( $n = 10,000$ ) of the 2.5 (**a**) and 97.5 (**b**) percentiles for the modern interval with less ENSO variability (blue: 1920-1939 CE) and the MCA (green: 100 years) based on coral Sr/Ca-SSTA. The mean percentile values for each PDF in **a**, **b** are from Fig. 7. The  $\pm 2\sigma$  uncertainty in the 2.5 and 97.5 percentiles (width of the PDFs) is  $\pm 0.21$  °C (modern) and  $\pm 0.24$  °C (MCA) based on analytical, calibration, and replication uncertainty (Section 3.4). **a** El Niño-related SSTA ( $p_{2.5}$ ). **b** La Niña-related SSTA ( $p_{97.5}$ ). Incorporating the total uncertainty in the percentiles, ENSO variability during the MCA is similar to the interval with less ENSO variability during the early 20<sup>th</sup> century.



**Figure S9. Effect of interval length on variability metrics.** **a-d** Box plots summarizing the 97.5 (**a, b**) and 2.5 (**c, d**) percentile values of reconstructed SSTA computed in sliding windows (x-axis) for the Sabine Bank modern coral (**a, c**), and the Tasmaloum fossil coral 11-TM-S5 (**b, d**). All sliding windows are shifted by 1 year. The lower and upper bounds of the boxes correspond to the 25<sup>th</sup> and 75<sup>th</sup> percentiles and the center line indicates the median. The whiskers represent the 1.5 x inter-quartile range (IQR). Values greater than 1.5 x IQR are plotted as outliers (black dots). The median  $p_{2.5}$  and  $p_{97.5}$  values (horizontal black bar) stays relatively constant as a function of window side, justifying our choice to compare 100 years of MCA data to 20 years of modern data (Fig. 7). The black error bars to the right of the 100-year window in a-d indicate the  $\pm 0.21$  °C (modern) and  $\pm 0.24$  °C (MCA) total uncertainty in the SSTA  $p_{2.5}$  and  $p_{97.5}$  values taking analytical, calibration, and replication uncertainty into account (Section 3.4). The larger the interdecadal changes in ENSO variability due to natural causes, i.e. the ‘Wittenberg effect, [Wittenberg, 2009]’ the larger the size of the box at smaller window sizes.



core name	coral type/species	site name	location	selected coral pieces	total length (cm)	U-Th date $\pm 2\sigma$ (CE)	U-Th date midpoint (cm)	growth rate (avg. $\pm 2\sigma$ , cm/yr)	target temporal resolution	sampling resolution (mm)
06-SB-A1	modern ( <i>P. lutea</i> )	SBV <sup>a</sup>	15.9 °S, 166.0 °E	a, b, c, d, e(1)	132.5	--	--	1.19 $\pm$ 0.19	~monthly	1.0
11-TM-S5 <sup>b</sup>	fossil ( <i>P. lutea</i> )	TMV <sup>c</sup>	15.6 °S, 166.9 °E	a, b, c	114.4	1127.1 $\pm$ 2.7	36.4	0.73 $\pm$ 0.09	~monthly	0.5, 0.6 <sup>d</sup>
11-TM-I1 <sup>b</sup>	fossil ( <i>P. lutea</i> )	TMV <sup>c</sup>	15.6 °S, 166.9 °E	a	62.2	1125.7 $\pm$ 6.2  1142.6 $\pm$ 4.9  1149.0 $\pm$ 4.1	30.5  18.0  10.7	1.24 $\pm$ 0.09	~monthly	0.9

<sup>a</sup> SBV: Sabine Bank, Vanuatu

<sup>b</sup> Fossil coral cores 11-TM-S5 and 11-TM-I1 were collected from the same uplifted reef but different coral heads

<sup>c</sup> TMV: Tasmaloum, Vanuatu

<sup>d</sup> The 11-TM-S5 sampling resolution was adjusted for each piece depending on the average growth rate

**Table S1.** Coral selection, U-Th dating, and sampling information.

**Uranium and Thorium isotopic compositions and <sup>230</sup>Th ages for fossil coral 11-TM-S5 by MC-ICP-MS, Thermo Electron Neptune, at NTU.**

Sample ID	Depth in core cm	Weight g	<sup>238</sup> U ppb <sup>b</sup>	<sup>232</sup> Th ppt	$\delta^{234}\text{U}$ measured <sup>d</sup>	<sup>230</sup> Th/ <sup>238</sup> U activity <sup>c</sup>	<sup>230</sup> Th/ <sup>232</sup> Th ppm <sup>d</sup>	Age (yr ago) uncorrected	Age (yr ago) corrected <sup>e,e'</sup>	$\delta^{234}\text{U}_{\text{initial}}$ corrected <sup>b</sup>	Year (CE)
11TM-S5b		0.22133	2497.5 ± 2.4	37.2 ± 2.1	143.8 ± 1.4	0.009270 ± 0.000026	10264 ± 580	887.2 ± 2.7	886.9 ± 2.7	144.1 ± 1.4	1127.1 ± 2.7

**Notes:**

Chemistry was performed in August, 2014 (Shen et al., 2003), and instrumental analysis on MC-ICP-MS (Shen et al., 2012).

Analytical errors are 2σ of the mean.

<sup>a</sup>  $[\text{U}] = [\text{U}] \times 137.77 (\pm 0.11\%)$  (Hiess et al., 2012);  $\delta^{234}\text{U} = ([\text{U}]_{\text{measured}} / [\text{U}]_{\text{activity}} - 1) \times 1000$ .

<sup>b</sup>  $\delta^{234}\text{U}_{\text{initial}}$  corrected was calculated based on <sup>230</sup>Th age (T), i.e.,  $\delta^{234}\text{U}_{\text{initial}} = \delta^{234}\text{U}_{\text{measured}} \times e^{\lambda_{234}T}$ , and T is corrected age.

<sup>c</sup>  $[\text{Th}/\text{U}]_{\text{activity}} = 1 - e^{-\lambda_{230}T} + (\delta^{234}\text{U}_{\text{measured}}/1000)[\lambda_{230}/(\lambda_{230} - \lambda_{234})](1 - e^{-(\lambda_{230} - \lambda_{234})T})$ , where T is the age.

**Decay constants are 9.1705 × 10<sup>-6</sup> yr<sup>-1</sup> for <sup>230</sup>Th, 2.8221 × 10<sup>-6</sup> yr<sup>-1</sup> for <sup>234</sup>U (Cheng et al., 2012), and 1.55125 × 10<sup>-10</sup> yr<sup>-1</sup> for <sup>238</sup>U (Jaffey et al., 1971).**

<sup>d</sup> The degree of detrital <sup>230</sup>Th contamination is indicated by the <sup>230</sup>Th/<sup>232</sup>Th atomic ratio instead of the activity ratio.

<sup>e</sup> Age corrections for samples were calculated using an estimated atomic <sup>230</sup>Th/<sup>232</sup>Th ratio of 4 ± 2 ppm (Shen et al., 2008).

**Table S2.** U-Th information for the <sup>230</sup>Th age calculation for fossil coral 11-TM-S5.

**Uranium and Thorium isotopic compositions and  $^{230}\text{Th}$  ages for fossil coral 11-TM-I1 by MC-ICP-MS, Thermo Electron Neptune, at NTU.**

Sample ID	Depth in core (cm)	Weight (g)	$^{238}\text{U}$ ( $10^{-6}\text{g/g}^a$ )	$^{232}\text{Th}$ ( $10^{-13}\text{g/g}$ )	$\delta^{234}\text{U}$ measured <sup>b</sup>	$^{230}\text{Th}/^{238}\text{U}$ activity <sup>c</sup>	$^{230}\text{Th}/^{232}\text{Th}$ atomic ( $\times 10^{-6}$ )	Age (yr ago) uncorrected	Age (yr ago) corrected <sup>c,d</sup>	Age (yr BP) relative to 1950 AD	$\delta^{234}\text{U}_{\text{initial}}$ corrected <sup>b</sup>	Year (CE)
11-TM-I1a-1	30.5	0.2540	$2.3796 \pm 0.0021$	$28.9 \pm 1.8$	$145.7 \pm 1.4$	$0.009106 \pm 0.000041$	$12371 \pm 786$	$870.0 \pm 4.1$	$869.7 \pm 4.1$	$801.0 \pm 4.1$	$146.0 \pm 1.4$	$1149.0 \pm 4.1$
11-TM-I1a-2	18	0.2680	$2.1724 \pm 0.0019$	$14.8 \pm 1.7$	$146.1 \pm 1.4$	$0.009174 \pm 0.000049$	$22263 \pm 2615$	$876.3 \pm 4.9$	$876.1 \pm 4.9$	$807.4 \pm 4.9$	$146.4 \pm 1.4$	$1142.6 \pm 4.9$
11-TM-I1a-3	10.7	0.2375	$2.4002 \pm 0.0020$	$17.4 \pm 2.0$	$145.0 \pm 1.2$	$0.009341 \pm 0.000064$	$21199 \pm 2381$	$893.2 \pm 6.2$	$893.0 \pm 6.2$	$824.3 \pm 6.2$	$145.3 \pm 1.2$	$1125.7 \pm 6.2$

**Notes:**

Analytical errors are  $2\sigma$  of the mean.

<sup>a</sup>  $^{238}\text{U}] = [^{235}\text{U}] \times 137.77 (\pm 0.11\%)$  (Hess et al., 2012);  $\delta^{234}\text{U} = ([^{234}\text{U}/^{238}\text{U}]_{\text{activity}} - 1) \times 1000$ .

<sup>b</sup>  $\delta^{234}\text{U}_{\text{initial}}$  corrected was calculated based on  $^{230}\text{Th}$  age ( $T$ ), i.e.,  $\delta^{234}\text{U}_{\text{initial}} = \delta^{234}\text{U}_{\text{measured}} \times e^{\lambda_{234}T}$ , and  $T$  is corrected age.

<sup>c</sup>  $^{230}\text{Th}/^{238}\text{U}_{\text{activity}} = 1 - e^{-\lambda_{230}T} + (\delta^{234}\text{U}_{\text{measured}}/1000)[\lambda_{230}/(\lambda_{230} - \lambda_{234})](1 - e^{-(\lambda_{230} - \lambda_{234})T})$ , where  $T$  is the age.

**Decay constants are  $9.1705 \times 10^6 \text{ yr}^{-1}$  for  $^{230}\text{Th}$ ,  $2.8221 \times 10^6 \text{ yr}^{-1}$  for  $^{234}\text{U}$  (Cheng et al., 2013), and  $1.55125 \times 10^{10} \text{ yr}^{-1}$  for  $^{238}\text{U}$  (Jaffey et al., 1971).**

<sup>d</sup> Age corrections, relative to chemistry date on September 25th, 2018, were calculated using an estimated atomic  $^{230}\text{Th}/^{232}\text{Th}$  ratio of  $4 (\pm 2) \times 10^{-6}$  (Shen et al., 2008).

**Table S3.** U-Th information for the  $^{230}\text{Th}$  age calculation for fossil coral 11-TM-I1.

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