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Constraining Earth's Core Composition from Inner Core Nucleation.

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Abstract

The composition of Earth's core is a fundamental property of the Earth's deep interior, defining its present structure and long term thermal and magnetic evolution. However, the composition of the core is not well understood, with several combinations of light elements being able to satisfy the traditional constraints from cosmochemistry, core formation and seismology. The traditional view of inner core formation does not include the necessity for liquids to be supercooled to below their melting point before freezing.

Attempts to calculate the magnitude of this supercooling have found that several simple core compositions are incompatible with inner core nucleation. Through molecular dynamics simulations, we show that nucleation from an $\text{Fe}_{1-x}\text{C}_{x=0.1-0.15}$ composition is compatible with a range of geophysical constraints. Whilst not a complete description of core chemistry, our results

29 demonstrate that inner core nucleation places strong constrain on the composi-
30 tion of Earth’s core that may allow discrimination between previously identified
31 potential compositions.

32 **Keywords:** inner core, nucleation, carbon

33 1 Introduction

34 The composition of Earth’s iron rich core plays a crucial role in determining the struc-
35 ture, dynamics and evolution of Earth’s deep interior. The melting temperature T_m of
36 the core, set by the constituent iron alloy, defines the temperature T at the inner core
37 boundary (ICB), which provides a unique constraint on the present-day temperature
38 at the core mantle boundary [1] (CMB). Transport properties also vary with compo-
39 sition, including thermal conductivity k which controls the rate of secular cooling and
40 therefore the long term thermal evolution of the core [1–3] and its potential to gener-
41 ate the global magnetic field, which has been preserved in the rock record for at least
42 the past 3.5 Gyrs [4–6]. Light elements determine the strength of compositional buoy-
43 ancy produced by inner core growth, the dominant power source for the geodynamo
44 today [1, 7, 8], through their partitioning between solid and liquid during inner core
45 freezing [9], while chemical exchange at the CMB may produce stable regions at the
46 top of the core [10–12], that are detectable by seismology [13–15]. However, despite
47 recent progress [16], the composition of the Earth’s core remains poorly know.

48 Three main approaches have been used to constrain the composition of Earth’s
49 core: cosmochemistry, core formation and seismology. Core composition can be
50 inferred via cosmochemistry by comparing the composition of primitive CI meteorites,
51 those which most closely resemble the solar photosphere, with the silicate Earth. CI
52 meteorites are rich in Fe, Ni, Mg, Ca, Al, Si, S, C and O [17], where the light ele-
53 ments Si, S, C and O are appealing candidates to explain the low density of the core
54 compared to pure Fe [18]. If the Earth is assumed to be assembled primarily from

55 CI meteorites, deviations of the bulk silicate Earth from their composition can be
56 ascribed to losses to space or the core. This approach favours an Fe-Ni (~ 85 wt% and
57 ~ 5 wt%, respectively) [19] core where Si is the major light element (up to 9.6 wt%
58 [20]) and C, S, and P cumulatively occupy 2.5 wt% of the core [19]. Core formation
59 models estimate core composition by assuming chemical equilibrium between metal
60 and silicate during Earth's accretion and differentiation. The equilibrium concentra-
61 tion of light elements depends on partition coefficients, determined by experiments
62 and calculations, which vary with pressure, temperature and composition. The accre-
63 tionary history of the Earth is therefore a key component in the determination of core
64 composition. Several models [21–23] favour high Si and O (7.1–9.9 wt% and 1.3–5.3
65 wt% respectively) in the core. However, the array of accretionary histories which are
66 possible result in a result in wide range of plausible compositions [24]. Comparison of
67 the elastic properties of the core from seismology with results from mineral physics
68 can be used to identify core compositions which are compatible with observations. The
69 depth varying wave speeds of the outer and inner core and the density contrast across
70 the ICB [25] require ternary systems but find that several combinations and concen-
71 trations of C, O, Si and S are viable [16]. For example, Badro et al. [26] find that whilst
72 an Fe-Ni core with 3.7 wt% O and 1.9 wt% Si best satisfies the available constraints,
73 other combinations of O with C, Si or S can also produce viable compositions. Ulti-
74 mately, no single composition is uniquely able to explain the origins, formation and
75 elastic properties of the Earth's core and the range of compositions which are plausi-
76 ble have markedly different implications for the thermal state of the core, both past
77 and present. Given these uncertainties it is important to seek new constraints on core
78 composition that are independent from but complementary to existing approaches.
79 Here we propose that a constraint on core composition can be derived by analysing
80 the thermodynamic conditions under which the solid inner core first formed.

81 The Earth’s inner core is classically understood to have formed when the T of the
82 core at the centre of the Earth cooled to the T_m at the same location. The composition
83 of the core from this time onwards can be used to estimate the thermal profile of the
84 deep Earth by assuming that the adiabatic temperature T_a of the core must equal
85 the T_m at the inner core boundary [27] (ICB). However, this picture is physically
86 incomplete because all liquids must be supercooled by an amount δT below T_m ($\delta T =$
87 $T_m - T$), often significantly, before freezing can begin [28]. This requirement arises
88 because whilst the solid phase is thermodynamically favoured for $T < T_m$, establishing
89 an interface between solid and liquid is always unfavourable, and for the first solids
90 the energy change of introducing an interface always wins out over the phase change.
91 Previous studies [29–33] have estimated the δT required to nucleate the solid inner
92 core for several compositions, that are otherwise broadly compatible with traditional
93 constraints from core formation and seismology, but found that δT is incompatible
94 with geophysical constraints (see Ref[34] for a review). Compositions including O
95 and C were found to require δT far closer to geophysically compatible values when
96 compared to pure Fe, Fe-S and Fe-Si [33]. Because not all potential compositions of
97 the core can explain the presence of the inner core, inner core nucleation may provide
98 a new and strong constraint on the composition of the core.

99 In this study we explore the Fe-C system further, for which the required δT for
100 inner core nucleation is the closest to geophysical constraints of all systems tested
101 previously[33]. We use molecular dynamic simulations to quantify the required con-
102 ditions for nucleation in supercooled $\text{Fe}_{(1-x)}\text{C}_x$ liquids in the core. Our calculations
103 address homogeneous nucleation where solids form spontaneously, away from any pre-
104 existing solid surfaces. We return to consider heterogeneous nucleation, which arises
105 in the presence of solid surfaces, in the discussion.

106 2 Results

107 We use classical molecular dynamics (CMD) to observe and characterise the nucleation
108 of atomic-scale solids in supercooled $\text{Fe}_{(1-x)}\text{C}_x$ liquids at core pressures. Classical
109 nucleation theory (CNT) [28] states that the nucleation rate I , inverse to the waiting
110 time to observe nucleation τ_w , of a system increases with supercooling below the
111 melting temperature.

112 2.1 Melting temperatures

113 To characterise nucleation in molecular dynamic simulations for a specific δT , we
114 require knowledge of the melting temperature in order to define an appropriate sim-
115 ulation T . Liquidus temperatures (T_m) are calculated using two-phase coexistence
116 simulations for compositions between $\text{Fe}_{0.98}\text{C}_{0.02}$ and $\text{Fe}_{0.9}\text{C}_{0.1}$, shown in Fig.1. Sim-
117 ulations are conducted at a range of T , volume (v) conditions, spanning the pressure
118 (P) range of the inner core (330 - 360 GPa). At low P and x^C , T_m is comparable to
119 the pure Fe case of Alfè, 2002 [35], the EAM of which is used for the Fe component of
120 the model used in this study. At high P and low carbon concentration x^C , T_m depres-
121 sion is smaller than $\text{Fe}_{1-x}\text{O}_x$ of the same x (albeit at slightly lower P). T_m is depressed
122 by a greater amount at high x^C , ~ 1300 K at $x^C = 0.1$ and 330 GPa. Interpolation of
123 results provides melting temperatures at 360 GPa, shown in Table 1.

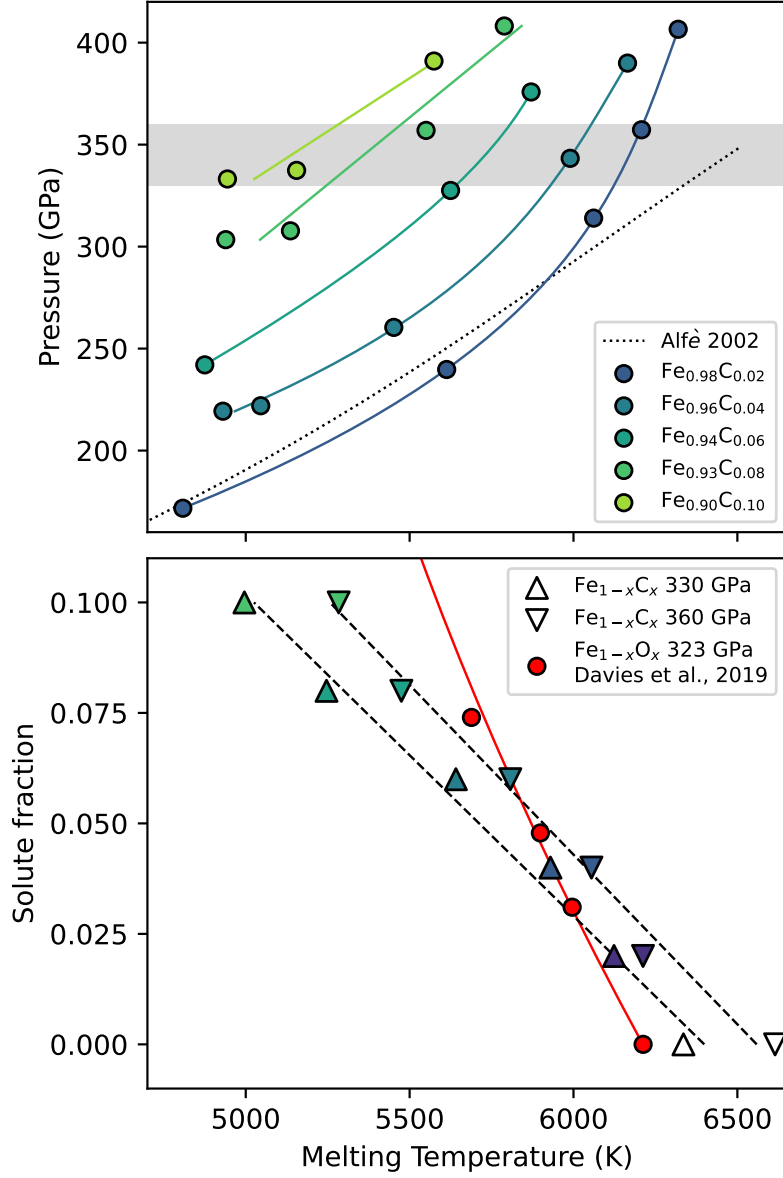


Fig. 1 Upper: Melting temperatures (points) calculated using two-phase coexistence simulations of $\text{Fe}_{1-x}\text{C}_x$ systems. Dotted line shows the melting curve of pure Fe from Alfè, 2002 [35] for reference. Solid lines are fits to data (2nd degree polynomial for $x^C = 0.02, 0.04, 0.06$ and linear for $x^C = 0.08, 0.10$). Grey shaded region shows the P range of the Earth's inner core. Lower: Interpolation of points in upper panel gives $T_m(330 \text{ GPa}, x^C)$ and $T_m(360 \text{ GPa}, x^C)$, shown as up and down pointing triangles, respectively. These conditions represent the present day ICB and centre of Earth, respectively. The $\text{Fe}_{1-x}\text{O}_x$ result of Davies et al., 2019 [30] at 323 GPa is shown for comparison (red points and line).

124 **2.2 Nucleation of iron-carbon alloys**

125 We use CMD simulations of supercooled iron alloys to study the nucleation of solids.
 126 These simulations are independent of CNT; however, CNT provides an intuitive phys-
 127 ical picture with which to interpret the simulation results. From our simulations we
 128 obtain $I(r)$ directly for sub-critical nuclei and using CNT we are then able to fit for
 129 the critical nucleus size r_c , which has a 50% chance of spontaneously freezing a sys-
 130 tem, which informs the average waiting time τ_w to observe the freezing of a system
 131 (see methods). This approach means that systems with low supercooling, and there-
 132 fore small $I(r_c)$ and large τ_w , can be studied directly, avoiding large extrapolation
 133 necessary in prior approaches [30].

134 Critical radii r_c are estimated from $I(r)$ recorded from CMD simulations (see
 135 methods and Wilson et al., 2021 [31] for details) at selected T and x^C and are shown
 136 in Fig. 2 with comparison to prior results for $x^C = 0.01$ and $x^C = 0.03$ from Wilson
 137 et al., 2023 [33]. $\tau_w = \tau_0 \exp\left(\frac{\Delta G(r_c)}{k_B T}\right)$, where $\Delta G = \frac{4}{3}\pi r^3 g^{sl} + 4\pi r^2 \gamma$, g^{sl} is the free-
 138 energy difference between solid and liquid phases, γ is the interfacial energy at the
 139 boundary between solid and liquid, k_B is the Boltzmann constant and τ_0 is a kinetic
 140 prefactor ($\tau_0 = \frac{z}{NS}$) linked to the probability of freezing or growing a nuclei z , the
 141 number density of nucleation sites N and the growth rate of nuclei S (all of which
 142 are calculated from simulations). The remaining quantities required to calculate τ_w
 143 (h_f , h_c and γ) are fit from $r_c(T) = \frac{-2\gamma}{h_f \frac{\delta T}{T_m} (1-h_c \delta T)}$, at each x^C (Fig. 2, see methods
 144 for details).

145 The interatomic potential developed here reproduces the r_c result of Wilson et al.,
 146 2023 [33] at $x^C = 0.01$ and 5000 K within 4% ($r_c = 9.16 \pm 1.86$ Å compared to r_c
 147 $= 9.52 \pm 2.31$ Å [33]). At all tested values of δT , increasing x^C reduces r_c although at
 148 large δT r_c for all compositions are within uncertainty of one another. Simulations
 149 with $x^C > 0.1$ proved unstable making tests at greater x^C impossible for the EAM
 150 developed here.

	Wilson et al., 2023		This study	
	Fe _{0.99} C _{0.01}	Fe _{0.97} C _{0.03}	Fe _{0.95} C _{0.05}	Fe _{0.90} C _{0.10}
N (m ⁻³)	6.8 × 10 ⁻³⁵		2.3 × 10 ⁻³⁴	2.8 × 10 ⁻³⁴
S (s ⁻¹)	5 × 10 ¹³		1.2 × 10 ¹²	1.6 × 10 ¹²
τ ₀ (s m ⁻³)	2.93 × 10 ⁻²³	4.63 × 10 ⁻²³	6.48 × 10 ⁻²³	1.51 × 10 ⁻²²
h _f (J m ⁻³)	0.57 × 10 ¹⁰	1.30 × 10 ¹⁰	1.35 × 10 ¹⁰ ± 2 × 10 ⁹	1.55 × 10 ¹⁰ ± 2.5 × 10 ⁹
h _c	1 × 10 ⁻³	1 × 10 ⁻⁶	1 × 10 ⁻⁶ ± 5 × 10 ⁻⁷	1 × 10 ⁻⁶ ± 5 × 10 ⁻⁷
γ (J m ⁻²)	1.005	1.005	1.005 ± 0.01	1.005 ± 0.004

Table 1

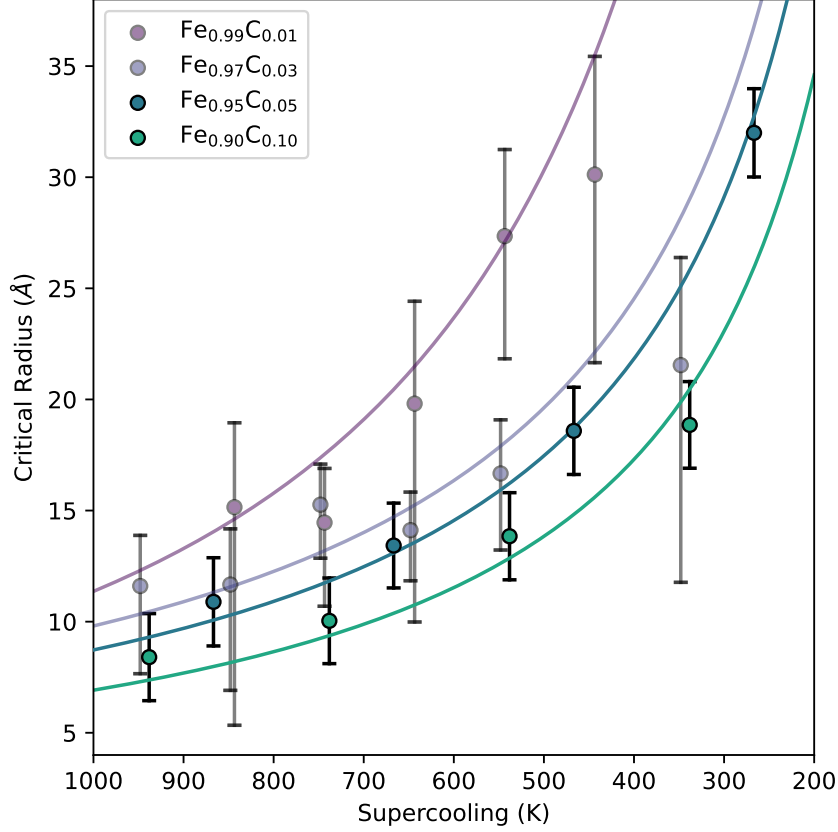


Fig. 2 Critical radii for liquid Fe_{1-x}C_x alloys between $x^C = 0.01$ and $x^C = 0.1$ ($x^C = 0.01$ and $x^C = 0.03$ cases are taken from Wilson et al., 2023 [33]) all at 360 GPa. r_c is estimated from distributions of sub-critical nuclei. Temperature is shown as supercooling ($\delta T = T_m - T$, where T_m is unique for each x^C Fig.1).

151 Values of τ_w are shown in Fig. 3. Results for $x^C = 0.01$ and 0.03 are from Wilson et
152 al., 2023 [33], while results for $x^C = 0.05$ and 0.10 are calculated from the quantities

153 shown in Table 1. The number of nucleation sites (N) and rate of nuclei growth
154 (S) are calculated as averages from nuclei distributions and allow calculation of τ_0
155 (see methods). τ_0 is not found to vary with supercooling by more than one order of
156 magnitude and so is taken as isochemical averages. Estimates of τ_w are compared to
157 the value $3.1 \times 10^{34} \text{ s m}^{-3}$, which is a moderate waiting time the Earth's core might
158 have sustained supercooling prior to inner core nucleation [33] (black dashed line, Fig.
159 3) and implies that a region with half of the present day inner core was supercooled
160 for 1 Gyrs prior to nucleation. To produce a critical nucleation event in this waiting
161 time, the $x^C = 0.05$ and $x^C = 0.1$ cases require $\delta T = 580_{-71}^{+97} \text{ K}$ and $\delta T = 481_{-67}^{+95} \text{ K}$,
162 respectively.

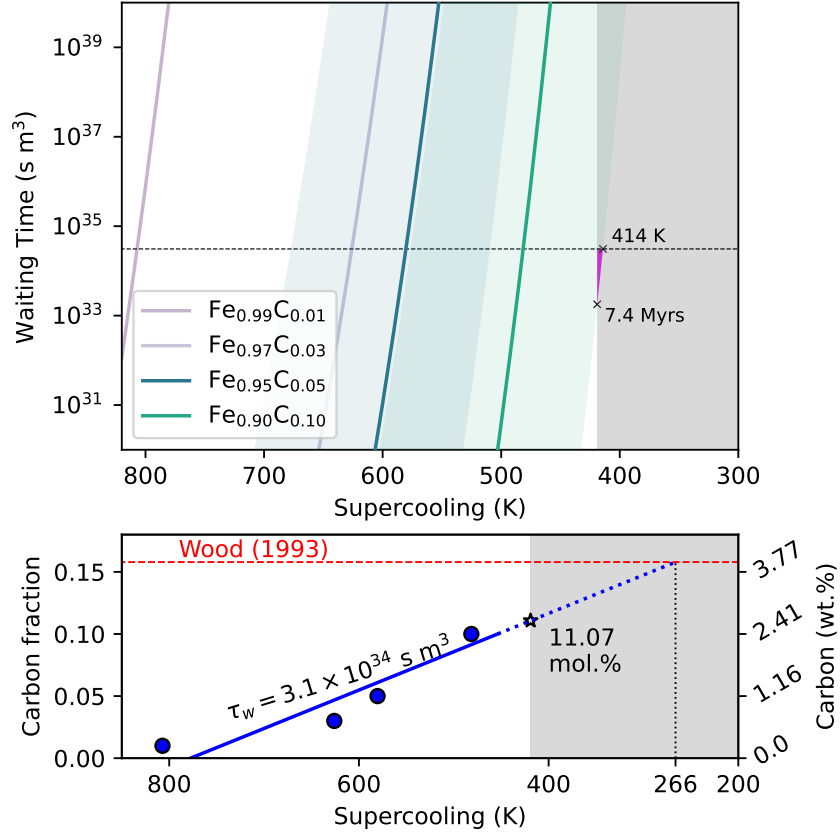


Fig. 3 Upper: Waiting time for a critical nucleation event to occur for four $\text{Fe}_{1-x}\text{C}_x$ compositions at a range of supercooling. Uncertainties are shown for the predictions of this study ($x^C = 0.05$ and $x^C = 0.1$) as shaded colours. Estimates from Wilson et al., 2023 [33] for $x^C = 0.01$ and $x^C = 0.03$ are also shown (without uncertainty for clarity). The dashed black line shows the maximum waiting time for an inner core half its present radius supercooled for 1 Gyr and the grey shaded region represents supercooling values compatible with the present day size of the inner core [33]. The pink area highlights areas of the $\text{Fe}_{0.9}\text{C}_{0.1}$ uncertainty envelop which represent a geophysically compatible supercooling [33] Lower: Interpolation (solid blue line) and extrapolation (dashed blue line) of $\text{Fe}_{1-x}\text{C}_x$ results (solid lines, without exploring uncertainty) at $\tau_w = 3.1 \times 10^{34} \text{ s m}^3$ to estimate the δT needed to nucleate the inner core for values of x^C up to the maximum proposed C content of the core, $x^C = 0.156$ (red line) [36].

163 3 Discussion

164 Our results for a carbon concentration of $x^C = 0.1$ do, strictly, represent a route to
 165 homogeneously nucleating solids at the centre of the completely liquid core because
 166 the allowable supercooling of the core and the required supercooling for nucleation

167 match within uncertainty (fig. 3). However, the value of 420 K for the allowable
168 supercooling is a maximum obtained by considering many different published melting
169 curves and core temperature profiles [33]. It is therefore of interest to understand
170 how the required supercooling can be further reduced below this value, which can be
171 achieved for larger values of x^C .

172 The EAM developed in this study and used to define molecular dynamic simu-
173 lations which characterise nucleation behaviour of $\text{Fe}_{1-x}\text{C}_x$ alloys cannot be used for
174 x^C above 0.1 (see Methods). We therefore extrapolate our results at lower x^C (lower
175 panel, Fig. 3) to predict how the supercooling requirement to spontaneously freeze
176 the Earth’s inner core might change with higher x^C . Previous studies suggest that up
177 to 15.2 mol% (4 wt.%) C might have entered Earth’s core following accretion [36]. If
178 extrapolated linearly to this concentration, given a waiting time of 3.1×10^{34} s m^3 ,
179 inner core nucleation requires only 266 K of supercooling.

180 The melting temperature T_m at ICB conditions for a liquid carbon concentration
181 $x^C = 0.1$ is around 5000 K (fig. 1). This value is lower than the range 5300-5900 K
182 obtained by previous studies for the Fe-O system with O concentrations in the range
183 8-17 mol% [37], though it is comparable to estimates of T_m when H is a primary
184 light element in the core [38]. The corresponding CMB temperature, estimated by
185 projecting an adiabat from the ICB temperature using values from the Preliminary
186 Reference Earth Model [25] and a Grüneisen parameter in the range 1-1.5 [39] is
187 ~ 3500 K, which is below estimates of the lower mantle solidus [40, 41] as required by
188 the observed absence of pervasive melt in the lower mantle.

189 Until now we have assumed that the inner core nucleated homogeneously. Het-
190 erogeneous nucleation offers an alternate route to inner core formation but requires
191 identification of a pre-existing solid surface to act as a nucleation site. Whilst nucle-
192 ation in nature typically occurs in the presence of such surfaces, this still requires
193 supercooling. In heterogeneous nucleation the free-energy of homogeneous nucleation

194 ΔG (see methods) is reduced due to a smaller solid-liquid interface being established
195 compared to the homogeneous case (see Wilson et al. [34] for a review). The wet-
196 ting angle between the nucleating metallic phase and the pre-existing solid controls
197 the surface contact between the two solid phases and therefore defines the energetic
198 benefit of heterogeneous nucleation compared to the homogeneous case.

199 One candidate heterogeneous nucleation site is oxides originating from the CMB,
200 for example precipitates from the cooling liquid core [42, 43]. Previously considered
201 oxides (FeO, MgO, SiO₂) [29, 34] do not possess the key criteria for viability: sufficient
202 density to be able to reach the centre of the Earth where the core is first and most
203 supercooled and low solubility and high melting temperature in order to avoid disso-
204 lution or melting and remain solid in the core [34]. Even with these characteristics, the
205 wetting angle between metals and oxides at 1 bar ranges from 110-180 degrees which
206 corresponds to a reduction of at most 200 K for pure Fe in the Earth's core [29]. The
207 resulting δT remains geophysically incompatible, meaning that a system with smaller
208 δT for homogeneous nucleation is needed for a viable heterogeneous mechanism.

209 Metallic phases [29] typically have higher density and wetting angle compared to
210 oxides. Identifying a phase which avoids dissolution and melting in liquid iron remains
211 a challenge and metals considered thus far are unlikely to reach Earth's centre [29, 34].
212 At present there is no material known to possess the required attributes to act as a
213 site for heterogeneous inner core nucleation, and no geophysical scenario to explain
214 how this material was delivered to the core. In the event that such a solid is discovered
215 and required for inner core nucleation the pre-existing solid itself will place constraint
216 on the bulk core composition, as will the nucleating phase.

217 The composition of Earth's core is likely to be more complex than the simple binary
218 alloys we have considered [44, 45]; however, it is nevertheless useful to discuss our
219 simplified Fe-C compositions in the context of the available constraints. Geophysical
220 constraints employ the radially-varying core density and seismic wavespeeds. C and

221 O partition strongly into liquid iron on freezing [44, 46] and are currently the primary
222 candidates to explain the density jump $\delta\rho$ at the ICB. The C concentrations we
223 consider are compatible with the values of the $\delta\rho = 0.6\text{-}1.0\text{ gm cm}^{-3}$ derived from
224 seismic normal modes [47], though plausible O concentrations can also explain the
225 $\delta\rho$ observations. Matching the core mass as well as $\delta\rho$ requires at least one other
226 light element that partitions more evenly between inner and outer core, e.g. S or Si
227 [44] or H [48]. Ab initio calculations [38] indicate that Fe-C alloys with $> 15\text{ mol}\%$
228 C, compatible with the geophysically allowable supercooling of the core, can match
229 the seismically observed CMB and ICB density as well as the CMB P-wave velocity;
230 however, the predicted ICB P-wave velocity is higher than observed. In the inner
231 core, the anomalously high compressional/shear wave velocity is thought to relate to
232 the presence of small amounts of O or C [16]. Depletion of the bulk silicate Earth
233 compared to CI chondrites suggests that up to $15\text{ mol}\%$ C could be in the core [36].
234 Recent experimental determinations of C partitioning between liquid iron alloys and
235 silicate melts conducted in the pressure-temperature ranges $37\text{-}59\text{ GPa}$ and $4200\text{-}5200$
236 K [49] and $49\text{-}71\text{ GPa}$ and $3600\text{-}4000\text{ K}$ [50] show that C becomes less siderophile as
237 P and T increase, which when applied to a specific model of core formation indicate
238 that C does not partition strongly into the core. However, these estimates depend
239 strongly on mantle chemistry and the assumed core formation scenario, both of which
240 are uncertain at present [16].

241 In summary, Fe-C binary alloys can satisfy some but not all constraints on the
242 core composition. Studying nucleation is challenging even in binary alloys [30, 33]
243 and to date no studies of ternary alloys have been attempted. Nucleation in the Fe-
244 H system has also not been studied, though the weaker effect of H on the melting
245 point [48] may suggest longer waiting times than we have found in the Fe-C system.
246 Other light elements have been shown to stabilise phases of iron [51] which might
247 nucleate more readily than those favoured in the core [32], however, this effect has

248 not been observed in binary systems so far [33]. Ultimately, while many candidate
249 compositions are able to reproduce available constraints from cosmochemistry [36],
250 core formation [52], seismology [38, 44, 46], only an Fe-C composition has so far been
251 shown to explain the nucleation of the inner core. Hence, we argue that the process of
252 inner core nucleation can provide a novel and strong constraint on core composition.
253 It is therefore worthwhile to reconsider previous inferences of core composition in light
254 of this new constraint.

255 The existence of a precipitated solid phase in the liquid core would present a route
256 for heterogeneous nucleation of the inner core. However, the required δT for this mech-
257 anism will depend on the solid and the composition of the core. Our results have shown
258 that only some compositions reduce δT . Therefore, a viable heterogeneous nucleation
259 site, which avoids dissolution and melting, still places constraint on the core's compo-
260 sition. The amplitude of the energetic barrier to nucleation will be different for each
261 precipitated solid phase in the core.

262 4 Conclusion

263 Inner core nucleation subject to a supercooling of 200-400 K has potentially significant
264 implications for interpreting the structure, dynamics, and evolution of Earth's core.
265 The predicted supercooling would delay the inner core formation age predicted by core
266 evolution models by $O(100)$ Myrs [53, 54]. In classical evolution models with high core
267 conductivity [55] this delay would likely imply a lack of power available to the dynamo
268 prior to inner core formation, in conflict with paleomagnetic observations [56, 57]. This
269 observation lends support to evolutionary scenarios that include long-lived dynamo
270 power supplied by precipitation of oxides at the CMB [58–62], though the effect of C
271 on the partitioning behaviour at the CMB has not been systematically evaluated and
272 may influence the power provided by precipitation. Sudden rapid growth of the inner
273 core following nucleation may leave a signature in the paleomagnetic record owing

274 to the additional latent heat and gravitational power to the dynamo [29], though
275 the expected influence on field intensity and variability has not yet been studied in
276 detail. Finally, delayed inner core formation may influence texturing of the inner core,
277 for example by trapping liquids in the solid [53], and has been correlated with the
278 existence of the innermost inner core [54].

279 5 Methods

280 5.1 Interatomic potential

281 We use classical molecular dynamic (CMD) simulations of liquid $\text{Fe}_{1-x}\text{C}_x$ to charac-
282 terise nucleation behaviour at a range of T and x^C . To describe the interatomic forces
283 and system energies in our simulations, we develop an embedded atom model (EAM)
284 which is trained on ab initio calculations. The model is fit to reproduce the positions,
285 energy (E) and P of snapshots from ab initio molecular dynamics (AIMD) calcula-
286 tions run using the VASP software package [63] with the projector augmented wave
287 method [64] and the PW91 generalised gradient approximation functional [65]. Details
288 of these calculations follow Wilson et al., 2023 [33] which shares some of the same
289 AIMD data at low x^C used for fitting the potential. The EAM potential is validated
290 against a separate suite of AIMB snapshots to ensure that E and P are accurately
291 reproduced. The root mean square of fluctuations in E are determined to be 0.292
292 and 0.316 eV per cell at 5000 K for $\text{Fe}_{0.95}\text{C}_{0.05}$ and $\text{Fe}_{0.9}\text{C}_{0.1}$, respectively, far less
293 than k_B/T (0.431 eV). Reproduction of liquid structure is confirmed by comparison of
294 radial distribution functions where average positions of neighbouring atoms in CMD
295 simulations are within 0.05 Å of AIMD simulations for all interactions and all v , T ,
296 x^C conditions.

297 AIMD simulations are performed by melting systems of 128 atoms with different
298 carbon fractions (close to 20, 10 and 5 mol. %) at 10000 K for 1 ps before equilibrating
299 at a target T (4000, 5000 and 6000 K) for 1 ps and evolving the system at the target

300 T for 30 ps. The simulation cell volume is tuned for each composition and target T to
 301 achieve a P of 360 GPa. From the final 30 ps of simulation time, configurations are
 302 selected at every 100 fs as data on which the EAM is trained. The total energy E of a
 303 $\text{Fe}_{1-x}\text{C}_x$ system is defined by the EAM as the sum over contributions from all atomic
 304 interactions

$$E = \sum_{i=1}^{N_{Fe}} E_i^{Fe} + \sum_{i=1}^{N_C} E_i^C + \sum_{i=1}^{N_{FeC}} E_i^{FeC}. \quad (1)$$

305 Each interaction, between atoms i and j , contains repulsive Q and embedded F con-
 306 tributions. Q depends on the interatomic distance r_{ij} which also defines an electron
 307 density ρ_{ij} on which F depends. E for each type of interaction is given by

$$\begin{aligned} E_i^{Fe} &= Q_i^{Fe} + F^{Fe}(\rho_i^{Fe}) \\ &= \sum_{j=1, j \neq i}^{N_{Fe}} \epsilon^{Fe} (a^{Fe}/r_{ij})^{n^{Fe}} - \epsilon^{Fe} \dot{C}^{Fe} \sqrt{\rho_i^{Fe}}, \end{aligned} \quad (2)$$

308

$$\begin{aligned} E_i^C &= Q_i^C + F^C(\rho_i^C) \\ &= \sum_{j=1, j \neq i}^{N_C} \epsilon^C (a^C/r_{ij})^{n^C} - \epsilon^C \dot{C}^C \sqrt{\rho_i^C}, \end{aligned} \quad (3)$$

309

$$\begin{aligned} E_i^{FeC} &= Q_i^{FeC} \\ &= \frac{1}{2} \sum_{i=1}^{N_{Fe}} \sum_{j=1, i \neq j}^{N_C} \epsilon^{FeC} (a^{FeC}/r_{ij})^{n^{FeC}}, \end{aligned} \quad (4)$$

310 where the respective densities are

$$\rho_i^{Fe} = \sum_{j=1, j \neq i}^{N_{Fe}} (a^{Fe}/r_{ij})^{m^{Fe}} + \rho_i^{FeC}, \quad (5)$$

311

$$\rho_i^C = \sum_{j=1, j \neq i}^{N_C} (a^C/r_{ij})^{m^C} + \rho_i^{FeC}, \quad (6)$$

312 and

$$\rho_i^{FeC} = \sum_{j=1, j \neq i}^{N_C} (a^{FeC} / r_{ij})^{m^{FeC}}. \quad (7)$$

313 Here, ϵ , a , n , m and \dot{C} are free parameters to be fit for each interaction and are reported in Table 2. Simulations where $x^C > 0.1$ are found to dissociate into two

	ϵ	a	n	m	\dot{C}
Fe	0.166200 eV	3.471400 Å	5.930000	4.788000	16.550000
FeC	0.384726 eV	2.601660 Å	4.380769	4.933012	
C	0.019805 eV	2.311113 Å	9.532860	6.967342	13.880981

Table 2 Parameters for EAM model fit to FPMD data at several C concentrations and temperatures. Fe values, from Alfè, 2002 [35], are fixed during fitting.

314

315 components, Fe rich and C rich, and are discarded from our analysis. Given the
 316 expense our calculations (~ 4 million CPU hours), developing an additional EAM for
 317 such conditions is not within the scope of this study.

318 5.2 Melting temperatures

319 The melting temperatures of $Fe_{1-x}C_x$ are calculated with coexistence simulations using
 320 the EAM potential and the LAMMPS simulation package [66]. Systems of 128000
 321 atoms are arranged into a long periodic cell where the x axis is 3 times the length of
 322 y and z axes. All atoms are initially arranged in a hexagonally close packed structure
 323 with C atoms randomly replacing Fe atoms to achieve the desired concentration. The
 324 positions of atoms in the central 50% of the simulation are initially fixed in space
 325 whilst the other half is melted at 10000 K for 5 ps. This procedure establishes the
 326 two phase system. The entire system is then evolved at a target T under the NVT
 327 ensemble for 1 ps to establish the target average kinetic energy. Finally, the system
 328 is evolved for 10 ps under the NVE ensemble, allowing the solid region of the system
 329 to grow or melt. Once a system has reached equilibrium, the T will lie on the melting
 330 curve, meaning that the time averaged T and P provide a single T_m . The random
 331 distribution of C into the initial system provides many different initial x^C for the solid

332 and freezing and melting of the solid allows for C partitioning between the solid and the
 333 liquid. Systems with $x^C > 0.05$ in the solid see much of the solid melt before freezing
 334 a lower x^C solid. This process shows that whilst C cannot diffuse freely in the solid
 335 over the timescale of these simulations, systems tend towards chemical equilibrium
 336 through freezing and melting. Simulations which stabilise T and P have $k_D = 4 \pm 2$
 337 (where $k_D = \frac{x_{liquid}^C}{x_{solid}^C}$) which is consistent with ab initio calculations [46]. We estimate
 338 the uncertainties of each $T_m(v, x)$ point from the fluctuations of T and P over the
 339 final 1 ps of simulation time and discard any simulations which entirely freeze, melt,
 340 or do not achieve equilibrium. Because of the constant volume and energy conditions,
 341 T and P are unknown prior to the simulation setup. In order to define $T_m(P, x)$ we
 342 explore a range of initial T and v and interpolate our results for $T_m(360 \text{ GPa}, x)$.

343 5.3 Nucleation theory

344 In this study we use classical nucleation theory (CNT) to describe the nucleation
 345 behaviour of CMD simulations of iron alloy liquids at the conditions of Earth’s core.
 346 Previous studies [30–33] have consistently found that predictions from CNT are con-
 347 sistent with outputs from MD simulations, accurately describing the distribution of
 348 nucleus sizes and the dependence of nucleation rate on supercooling. We note that
 349 our CMD simulations are completely independent of CNT; indeed, these simulations
 350 have been used to show that non-classical effects such as pressure waves have no effect
 351 on the nucleation of solids in Earth’s core [30]. According to CNT, the requirement for
 352 liquids to be supercooled prior to freezing via homogeneous nucleation arises from a
 353 competition between two energetic contributions to the total free energy (ΔG) associ-
 354 ated with forming a solid nucleus in a supercooled liquid. The first contribution is the
 355 free energy release (g^{sl}) associated with transforming supercooled liquid into a solid,
 356 which is always favourable when below the melting temperature and occurs through
 357 random fluctuations in the liquid producing “solid-like” configurations of atoms. The

358 second contribution (γ) is associated with forming an interface between the liquid and
 359 solid and is always unfavourable. These two components are scaled by the volume
 360 and surface area of the newly formed nucleus of radius r to define a total free-energy
 361 change on formation

$$\Delta G(r) = \frac{4}{3}\pi r^3 g^{sl} + 4\pi r^2 \gamma \quad (8)$$

362 for spherical particles.

363 The rate I at which a nucleus of radius r forms is defined by Boltzmann statistics:

$$I(r) = I_0 \exp\left(\frac{-\Delta G(r)}{k_B T}\right), \quad (9)$$

364 where k_B is Boltzmann's constant and I_0 scales the nucleation rate of the specific sys-
 365 tem. Eq. 9 shows that small nuclei are likely to form often (or equivalently, require less
 366 waiting time ($\tau_w \approx I^{-1}$) before they occur); however, Eq. 8 shows that these nuclei
 367 will remelt rather than grow because of the large influence of surface area on the free
 368 energy at small r . Despite a low probability, continued growth is possible given a suf-
 369 ficiently long waiting time and large system volume to observe random fluctuations
 370 which produce a larger nucleus. Above a critical radius $r_c = -2\gamma/g^{sl}$ at the peak of
 371 ΔG the volume term in Eq. 8 increases with radius faster than surface term, meaning
 372 that whilst still having an overall unfavourable free energy for forming a nucleus, con-
 373 tinued growth is thermodynamically favoured when compared to remelting. Greater
 374 supercooling requires a smaller r_c in order to freeze a system, which in turn requires
 375 less waiting time for the critical event to spontaneously occur.

376 The rate at which a nucleus of size r spontaneously forms in a supercooled liquid
 377 is given by Eq. 9. When framed in terms of r_c the inverse of nucleation rate describes
 378 the average duration before a supercooled system will experience a critical nucleation
 379 event and freeze

$$\tau_w = \tau_0 \exp\left(\frac{\Delta G(r_c)}{k_B T}\right), \quad (10)$$

380 where

$$r_c = \frac{-2\gamma}{g^{sl}}. \quad (11)$$

381 The prefactor τ_0 can be described by

$$\tau_0 = \frac{z}{NS}, \quad (12)$$

382 where the Zeldovich factor z is related to g^{sl} through

$$z = \left(\frac{\frac{4}{3}\pi r_c^3 g^{sl}}{k_B T} \right)^{-1/2}. \quad (13)$$

383 and, N and S are the number of available nucleation sites and the rate of nuclei growth,
384 respectively. To quantify N , S and $I(r)$ solid-like arrangements of atoms are identified
385 at each timestep in the same manner as our previous studies [31, 33] following Rein
386 et al., 1996 [67]. Therefore, all quantities required to calculate τ_w are accessible via
387 CMD calculations. Because r_c is predicted to be large for the P and T of the early
388 Earth's supercooled liquid core [31], simulations at >4000 K and 360 GPa cannot be
389 expected to produce a nucleus of the critical size (>30 Å). Instead, r_c is predicted by
390 recording the rate at which smaller nuclei (which are more common) are observed in
391 simulations, informing $I_T(r)$ where r is small. At a fixed T all quantities in Eq. 8 are
392 constant so we can write

$$-\ln(I_T(r)) \propto \Delta G_T(r) \quad (14)$$

393 and the distribution of nuclei observed in simulations describes the form of $\Delta G_T(r)$
394 but not the amplitude. Nuclei are assumed to be spherical for $r > 2$ Å, which is proven
395 to be valid in our previous studies [31, 33] and also observed in these simulations,
396 meaning that the form of the free energy barrier can be represented by

$$\Delta G_T(r) = 4/3\pi r^3 A + 4\pi r^2 B, \quad (15)$$

397 where A and B are variables at each T and r_c can be estimated via $r_c = -2B/A$,
398 equivalent to Eq. 11. If repeated for a range of T (and therefore δT) $r_c(T)$ is obtained.
399 The free parameters γ , h_f and h_c are then found by fitting for $r_c(T)$ through

$$r_c(T) = \frac{-2\gamma}{h_f \frac{\delta T}{T_m} (1 - h_c \delta T)}, \quad (16)$$

400 where the h_f is the enthalpy of fusion and h_c accounts for non-linearity with
401 temperature when defining the free energy liberated by freezing supercooled liquid

$$g^{sl} = h_f \frac{\delta T}{T} (1 - h_c \delta T). \quad (17)$$

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410 Competing interests

411 The authors declare no competing interests.

412 Data availability

413 Original data underlying the analysis in this study is available at the repository
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415 **Code availability**

416 The LAMMPS (Large-scale Atomic/Molecular Massively Parallel Simulator) package
417 is provided freely at <https://lammps.sandia.gov/>. Code used for analysis in this study
418 is provided in the zenodo repository alongside data and is otherwise freely available.

419 **Author contributions**

420 A.J.W, C.J.D, A.M.W and D.A jointly conceived of the study, A.J.W performed
421 research and analysis and A.J.W, C.J.D and A.M.W co-wrote the paper.

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