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# **Reconstructing past sea-level changes from storm-built beach ridges**

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## Abstract

Storm-built beach ridges, built by waves on sedimentary coasts, can be used as geomorphological indicators of past sea level. However, quantifying the relationship between the geomorphological elements of the ridge and the paleo sea level at the time of deposition is difficult, as a beach ridge is primarily correlated to wave energy and only secondarily to the position of sea level. In this work, we propose a methodology to quantify the upper and lower limits of a storm-built beach ridge based on remote sensing data. We test our approach on a particularly well-preserved Pleistocene storm-built beach ridge in Patagonia, Argentina. Our results show that the paleo relative sea level reconstructed using remote sensing data coincides (87.6% similarity) with that obtained from measured modern analog landforms at the same location.

Keywords Pleistocene sea level · Beach ridges · Patagonia, Argentina · Paleo sea level

## 1 INTRODUCTION

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Beach ridges are shore-parallel elongated mounds, occurring as 2 single features or in sets, backing the coastline (Taylor and Stone, 3 1996; Hesp, 2006; Otvos, 2020) and formed by coastal processes. 4 Different types of beach ridges have been described, categorized 5 based on morphological and sedimentological features (Otvos, 6 2020). They are considered as originally being deposited by 7 swash during high or low wave-energy conditions, but some 8 models account for their genesis as the product of aggradation 9 of an offshore bar. Regardless the typology, all beach ridges are 10 considered as progradational features. 11

Storm-built beach ridges on sedimentary coasts are created by 12 the accumulation of sediments by waves above sea level (Tamura, 13 2012). The observation of beach ridges (that Charles Lyell 14 defined "shingle beaches in his "Principles of Geology, Lyell, 15 1837), and their use as proxies for the past position of relative 16 sea level (RSL, that is local sea level uncorrected for vertical 17 land motions), dates back at least to Charles Darwin who, on his 18 voyage through South America, described several beach ridges 19 with embedded shells and discussed their relationship with past 20 positions of the shoreline (Darwin, 1846). 21

While coastal landforms (such as beach ridges) can be described with classic geologic methods, quantifying their relationship with a former sea level requires rigorous approaches, that have been employed since the mid-80s (Van de Plassche 2013, first edited in 1986, and Shennan, 1986). Recently, the *"Handbook of sea-level research"* by Shennan (2015) has collected the main methods that are currently used to study former sea-level changes, which have been since then successfully used to build 29 global sea-level databases for different time periods (Khan et al., 30 2019; Rovere et al., 2023). One key concept is that a geomorpho-31 logical feature can be considered a sea-level index point if three 32 key properties are known: i) its position and elevation measured 33 with the highest possible accuracy; ii) its age of formation; iii) 34 its relationship with sea level at the time of its formation. This 35 relationship is called the "indicative meaning" (Shennan, 1986). 36

The indicative meaning is composed by two numerical values. The indicative range (IR) represents the vertical elevation range occupied by a sea-level index point, relative to contemporary tidal datums. The reference water level (RWL) is the distance between the midpoint of the IR and the former tidal datum, and represents the elevational difference between the sea-level index point and the former sea-level (expressed as a former tidal datum, such as Mean Sea Level). The best way to quantify the indicative meaning of a sea-level index point is to measure a modern analog and apply the elevation offset (and associated uncertainty) between the modern sea-level and the modern feature to the paleo context (Shennan, 2015).

Several authors have used storm-built beach ridges as paleo sea-49 level index points, in particular along the Atlantic coasts of Ar-50 gentina and Uruguay (e.g. Rostami et al., 2000; Schellmann and 51 Radtke, 2000; Zanchetta et al., 2012; Martínez and Rojas, 2013; 52 Pappalardo et al., 2015). However, modern analogs for these 53 landforms have been seldom described, making literature-based 54 compilations of sea-level data (Gowan et al., 2021) more chal-55 lenging than in other areas. In this work, we propose a method 56

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to establish the indicative meaning of storm-built beach ridges 57 using remote sensing data. The method stems from recent works 58 and definitions (Lorscheid and Rovere, 2019; Rubio-Sandoval 59 et al., 2024), and is based on modern wave and tidal data, and 60 wave runup models. We use as a benchmark for our method a 61 site in central Patagonia, Argentina (south of the town of Caleta 62 Olivia, Santa Cruz Province), where both the modern analog and 63 64 fossil stratigraphy are clearly defined, and have been constrained by field surveys. 65

#### **BENCHMARK SITE** 2 66

The site we use to benchmark our methodology (46°33'29.0" S, 67 68 67°25'59.9" W, hereafter called "benchmark site") is located 69 within a quarry site locally named "Cantera Delgado", ~15 km south of the town of Caleta Olivia, in the central part of the 70 San Jorge Gulf, ~1500 km south of Buenos Aires (Figure 1). In 71 general, this area is located on a passive margin and is embed-72 ded within the South America Plate. Caleta Olivia is located 73 along the central-southern coast of the Gulf of San Jorge, an 74 intracratonic, extensional basin formed since the Mid- Jurassic 75 between the two North Patagonian and Deseado Massifs (Ramos 76 and Ghiglione, 2008). 77

In this area, several authors reported Holocene and Pleistocene 78 beach ridges, that reach elevations of 10-20 meters above mod-79 ern sea level (e.g., Codignotto, 1983; Codignotto et al., 1992; 80 Schellmann, 1998; Rostami et al., 2000; Aguirre, 2003; Schell-81 mann and Radtke, 2003; Ribolini et al., 2014; Richiano et al., 82 2021). Although the amount of literature on this site and the sur-83 rounding area is remarkable, so far there is no agreement on the 84 interpretation of the beach ridges extensively occurring in this 85 area as paleo-sea-level indicators. In fact, there is no correlation 86 between their height and age, and in many cases the same height 87 corresponds to different ages (e.g. Pleistocene/Holocene). 88

#### Survey methods 2.1 89

We used differential Global Navigation Satellite systems (GNSS) 90 to measure the position and elevation of the modern beach pro-91 file (Figure 2 B) and the fossil beach ridge (Figure 2 C). We 92 employed a single-band EMLID RS+ GNSS composed of a base 93 and a rover unit communicating via radio. The base station was 94 located in full view of the sky and was left static collecting data 95 for ~2h and 42 minutes. The data collected from the base station 96 were processed using the Precise Point Positioning service of 97 the Natural Resources of Canada (NRCAN-PPP). This allowed 98 gathering a corrected base position, which was then used to 99 correct each rover point using the scripts available in Rovere 100 (2021). 101

Data were originally recorded in WGS84 coordinates, with 102 height above the ITRF2008 ellipsoid. Orthometric heights 103 (above mean sea level) were then calculated subtracting the 104 GEOIDEAR16 geoid height from the measured ellipsoid height. 105 It was estimated that the GEOIDEAR16 has an overall vertical 106 accuracy of 0.1 m (Piñón et al., 2018). It is worth noting that 107 Pappalardo et al. (2019) surmised that in some areas of Patago-108 nia, referring GNSS data to the GEOIDEAR16 geoid might be 109 affected by large discrepancies if compared with the sea level 110 datum obtained by tide gauge data. We remark that such discrep-111 ancy would not affect our results, as in the following sections 112

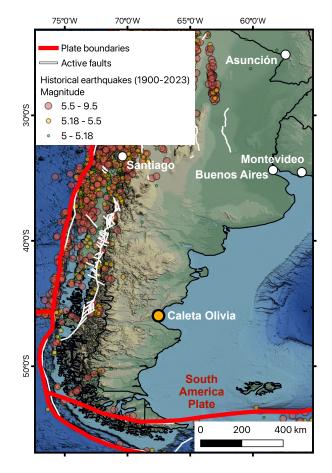


Figure 1: Study area. Location of the town of Caleta Olivia (the benchmark site is 15 km south of the town) within the Southern part of South America. Credits: Base map from Ryan et al. (2009). Active faults from Styron (2019) and plate boundaries derived from Bird (2003), as modified by Hugo Ahlenius and Nordpil on GitHub (https://github.com/fraxen/ tectonicplates). Historical earthquakes from the US Geological Survey (2017).

we only compare elevation within this site, hence is it only rele-113 vant that the same elevation datum is used. However, we make 114 available all the GNSS data collected in this work, that are orig-115 inally referred to the ITRF2008 ellipsoid (see Supplementary 116 Information for details). 117

The elevation error ( $\sigma E$ ) of each GNSS point surveyed in the 118 field was calculated using the following formula: 119

$$\sigma E = \sqrt{GNSS_e^2 + Base_e^2 + Geoid_e^2} \tag{1}$$

Where  $GNSS_e$  is the error given as output by the GNSS system, 120  $Base_e$  (only for data collected with the Base-Rover EMLID 121 GNSS) is the elevation error of the base station, and  $Geoid_e$  is 122 the error associated with the GEOIDEAR16 (0.1 m). Overall, 123 the  $1\sigma$  elevation error associated to our measurements is 0.30 124 m.

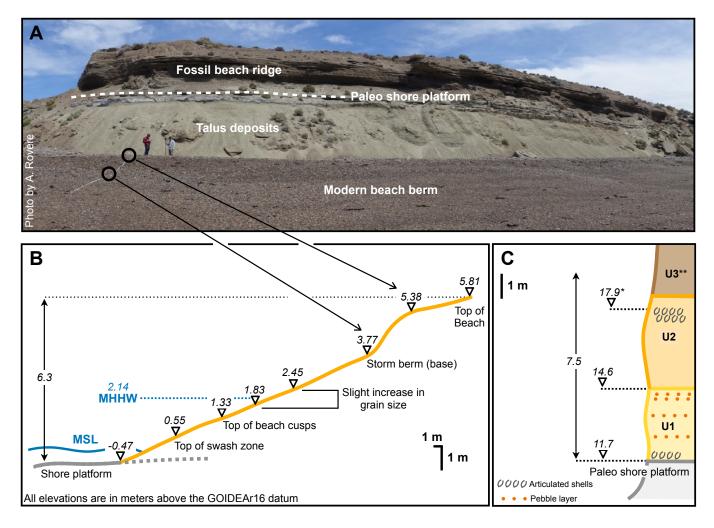


Figure 2: A) Composite photograph showing the modern beach berm (in the foreground) and the fossil beach ridge (in the background) at the benchmark site. B) GNSS profile of the modern beach with distinctive geomorphological elements. MSL = Mean Sea Level; MHHW = Mean Higher High Water. C) Stratigraphic section of the fossil (Pleistocene) beach ridge, divided into two units (U1 and U2). \* indicates an elevation taken ~15 meters south of the section, as the point was not accessible on the vertical beach ridge face. \*\* Unit 3 was recognised at this section, but is more complete a few hundred meters from this section, and was described by Ribolini et al. (2014) starting at ~17m above sea level.

#### 126 2.2 Modern beach

127 The modern beach at our benchmark site (Figure 2 A,B) lies upon a shore platform, carved into the sedimentary rocks of 128 the Monte León formation (which a few kilometers north, in 129 the Chubut Province, is called Chenque formation) (Upper 130 Oligocene / Lower Miocene, Martínez et al., 2020). Abrasion 131 and subordinately bioerosion are apparently the main processes 132 shaping this platform (Supplementary Figure 1) The shore plat-133 form can be observed at low tide (Supplementary Figure 1 B,C), 134 and the contact with the beach deposits was measured at -0.47 135 m. The modern beach is characterized by beach cusps, at an 136 elevation of 1.33 m. The grain size is between coarse gravels to 137 pebbles, and there is a slight increase in grain size between the 138 elevation of 1.83 and 2.45 m, which correspond to Mean Higher 139 High Water (MHHW, 2.14 m, see 4.2.1 for calculation of this 140 tidal datum). Above this level, a well-defined storm berm is a 141 prominent geomorphological feature between 3.77 and 5.38 m. 142

The modern storm berm appears laterally continuous, and at this location covers a ca. 1.5 m high cliff carved in an Holocene marine terrace which is clearly visible all along the coast N and S of the benchmark site (Ribolini et al., 2014). The beach deposits are covered by talus deposits created by quarried materials at 5.81 m. 143

## 2.3 Pleistocene storm-built beach ridge 149

The talus deposits covering the upper part of the modern beach 150 have a resting angle of  $30^{\circ}$ -  $40^{\circ}$  (Figure 2 A), and are about 5m 151 high. At ~10 m above sea level, the Monte Léon formation 152 outcrops again. Here, it is cut by paleo marine abrasion, forming 153 a fossil shore platform overlain by two sedimentary units with 154 different characteristics. Unit 1 develops from 11.7 to 14.6 m in 155 elevation (Figure 2 C, Supplementary Figure 2 A). At the base 156 of this unit, very close to the contact with the shore platform, 157 there are mollusk shells of the species Ameghinomya antiqua 158 PREPRINT - RECONSTRUCTING PAST SEA-LEVEL CHANGES FROM STORM-BUILT BEACH RIDGES

(formerly Protothaca antiqua) articulated but not in living po-159 sition (Supplementary Figure 2 D). Unit 1 is composed by fine 160 sands, interbedded by decimeter-wide layers characterized by 161 coarser sediments (pebbles and gravels, Supplementary Figure 2 162 E). Towards the upper part of Unit 1, the coarser layers become 163 more frequent up to the transition with Unit 2 (Supplementary 164 Figure 2 C) and contain fragmented and disarticulated whole 165 166 valves of Ameghinomya antiqua, as well as articulated valves. Unit 2 develops between 14.6 and ~18 m in elevation, and is 167 characterized by an alternation of pebbles and gravels (Supple-168 mentary Figure 2 B) and by the presence, at its top, of a layer 169 with articulated shells of Ameghinomya antiqua, not in living 170 position. 171

172 A further unit (Unit 3), reaching up to 20.6 m, rests on top of 173 Unit 2. This is a complex continental unit, described by Ribolini et al. (2014) a few hundred meters from the section reported in 174 this paper, still within "Cantera Delgado". Its bottom part is rep-175 resented by silty sand with scattered pebbles displaying multiple 176 pedogenetic carbonate crusts and incised by periglacial features 177 (sand wedges). An aeolian sand cover seals the sequence. The 178 formation of this continental unit was dated by Ribolini et al. 179 (2014) to a time span encompassing the Last Glacial Maximum. 180

The location of our benchmark site coincides with that reported 181 by Schellmann (1998) for samples Pa 124 to 126 (both Ameghi-182 nomya antiqua shells), that these authors collected between 16.5 183 and 18 meters above mean sea level (opossibly within Unit 2 184 described here). Six replicates of these samples were dated using 185 Electron Spin Resonance, yielding ages ranging from  $172\pm15$ 186 ka to  $212\pm26$  ka (hence consistent with Marine Isotopic Stage 7, 187 Schellmann, 1998). Shells of the same species, were sampled 188 by Schellmann (1998) at two other sites (Pa 70 and Pa 71), lo-189 cated 5.5 to 6.5 kilometers south of our benchmark site from 190 horizons at ~10 and ~15 meters above sea level (Schellmann, 191 1998). These yielded ages consistent with Marine Isotopic Stage 192 (MIS) 5e (~125 ka). In the same general area, at a site called 193 "Bahia Langara" Rostami et al. (2000) obtained U-series ages 194 consistent with MIS 5e at 16-17 m and with MIS 7 at 14 m above 195 sea level (no vertical datum reported, assumed above mean sea 196 level). A definitive age attribution for this site is out of the scope 197 of this work, however these data confirm that the beach ridge 198 we surveyed at the benchmark site is Pleistocene (either MIS 5e 199 or MIS 7) in age. 200

## 201 3 PALEO RSL FROM MODERN ANALOG

The storm beach ridge exposure at the benchmark site is a rare 202 occurrence, at least within the Patagonian context (Blanco-Chao 203 et al., 2014). In fact, quarrying works in "Cantera Delgado" 204 produced a clear-cut section across its face, exposing the com-205 plete beach ridge sequence, from the shore platform up to the 206 highest deposits. At most other locations only parts of the beach 207 ridge (usually the upper parts, showing articulated shells as those 208 in U2, Figure 2) are exposed. The advantage of this peculiar 209 exposure is that it is possible to better evaluate the indicative 210 meaning of the beach ridge, and give a robust quantification of 211 RSL at this site. This is one of the few places along the Atlantic 212 coast of Patagonia where a shore platform outcrops beneath the 213 beach (Blanco-Chao et al., 2014), providing the possibility to 214 use it as a modern analog for paleo sea-level reconstructions. 215



Figure 3: Accumulation of articulated and disarticulated mollusk shells (white among the gray gravel sands) on the modern beach at Mazarredo, ~80 km south of the benchmark site.

The geomorphological element of Patagonian beach ridges that 216 is often correlated to paleo sea level is a layer embedded within 217 coarse gravels or pebbles composing the ridge, characterized by 218 articulated shells of Ameghinomya antiqua. At the benchmark 219 site, this layer is embedded within Unit 2 at 17.9 m above mod-220 ern sea level (Figure 2 C). While in the study area at the time 221 of survey we could not observe a modern analog shelly deposit 222 on the ridge, in the regional context similar accumulations of 223 articulated shells are observed between the ordinary berm (or the 224 swash zone of ordinary waves) and the storm berm (Figure 3). 225 In our modern beach profile, the top of the swash zone can be 226 approximated by the top of beach cusps (1.33 m) and the top of 227 the storm berm (5.38 m). Applying these two values of upper 228 and lower limits of the indicative range, we estimate that paleo 229 RSL at the time of formation of the beach ridge was  $14.5 \pm 2 \text{ m}$ , 230  $1\sigma$ . 231

The occurrence in the benchmark site of both the modern and a paleo shore platform, the latter outcropping underneath the Pleistocene storm-built beach ridge, provides a further possibility to calculate paleo RSL. This can be done accepting a number of approximations. In macrotidal and high-energy environments, similar shore platforms are often considered as intertidal features (Sunamura, 1992).

We assume that the elevation at which the paleo shore platform 239 was measured (11.7 m, Figure 2 C) was originally located be-240 tween mean sea level and Mean Lower Low Water (MLLW), 241 corresponding to the shore platform outer edge. This could be 242 an overestimation if the seaward portion of the former shore 243 platform had been extensively eroded by the Holocene RSL 244 transgression. The presence of the Holocene terrace under-245 neath the modern storm berm (reported in Ribolini et al., 2014), 246 though, suggests that this was not the case. Consequently, the 247

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the upper and lower limits of the indicative range are assumed to be respectively Mean Sea Level (MSL) and MLLW. Their current position can be calculated assuming that the point measured at -0.47 broadly corresponds to the shore platform inner edge (Figure 2 B) and using 4.28 as the tidal range. Paleo RSL at the time of the shore platform formation was  $15.4 \pm 1.1 \text{ m}$ ,  $1\sigma$ .

## 254 4 PALEO RSL FROM RUNUP MODELS

While the most reliable methodology to calculate paleo RSL is 255 the one outlined in the previous section, stemming from data 256 and interpretation of the modern analog, this kind of information 257 is not always available. For example, most of the data reviewed 258 within in the World Atlas of Last Interglacial shorelines (Rovere 259 et al., 2023), including a recent review of Argentinian beach 260 ridges (Gowan et al., 2021), make use of IMCalc (Lorscheid and 261 Rovere, 2019), a tool that allows to give a first-order quantifica-262 tion of the indicative meaning based on wave and tidal data in 263 absence of data on modern analogs. 264

### 265 4.1 Previous works

For storm beach ridges, IMCalc uses the formula of Stockdon 266 et al. (2006) to calculate the wave runup exceeded by 2% of the 267 268 waves  $(R_2)$  at high tide (MHHW) in fair weather and storm wave conditions, and equating them to the elevation of, respectively, 269 the ordinary and storm berm on an ideal beach profile, with a 270 general slope ( $\beta$ ) of 0.08. The significant wave height and period 271 are extracted from wave data from the CAWCR (Collaboration 272 for Australian Weather and Climate Research) wave hindcast 273 (Durrant et al., 2013), which is based on the NOAA WaveWatch 274 III wave model (Tolman et al., 2009) and the NCEP CFSR 275 surface winds and sea ice data (Saha et al., 2010). For fair 276 weather conditions, IMCalc uses average wave height and period, 277 while for storm conditions, it uses the upper  $2\sigma$  significant wave 278 height and period. Using the IMCalc tool to calculate paleo RSL 279 280 from the layer of articulated shells within Unit 2 (at 17.9 m), we

obtain the a paleo RSL value of  $15.9 \pm 0.7 \text{ m} (1\sigma)$ .

Rubio-Sandoval et al. (2024) suggests a more detailed approach 282 283 than IMCalc, that employs wave data measured by satellite al-284 timetry and analysed with the RADWave software (Smith et al., 2020). This is a python package that provides access to altime-285 ter datasets using the Australian Ocean Data Network (AODN) 286 database, that contains data spanning from 1985 to present, val-287 idated and calibrated by Ribal and Young (2019). Wave data 288 for the period Jan 2000 - Jan 2023 (Supplementary Figure 3) 289 were then employed in a runup model ensamble implemented 290 in the py-wave-runup tool (Leaman et al., 2020), also account-291 ing for tides extracted from the FES2014 global tidal model 292 (Lyard et al., 2021; Carrere et al., 2016). The beach slope was 293 obtained with the CoastSat.Slope (Vos et al., 2020) tool. With 294 this approach, we calculate that the upper limit of the indicative 295 range for beach ridges at the benchmark site is 0.91 m, while 296 the lower limit is 3.51 m (Supplementary Figure 3 B). Applying 297 this range to the elevation of articulated shells of Unit 2 (17.9) 298 m), we calculate that paleo RSL is  $15.7 \pm 1.3$  m  $(1\sigma)$ . 299

#### 300 4.2 Runup calculation workflow

Here, we build on the concept idealised in IMCalc and on the approach of Rubio-Sandoval et al. (2024) described above to

build a workflow that allows calculating the indicative meaning for a beach ridge using the best datasets and tools available. We validate the results with the paleo RSL obtained at the benchmark site described above. The workflow is implemented in python and is divided in three steps, described below. Each step can be reproduced in other areas via the jupyter notebooks supporting this paper (Rovere, 2024).

### 4.2.1 Step 1 - Tide and wave data

In this first step, we retrieve tidal and wave data from global 311 datasets. Water level data over the period 01 Jan 1993 to 01 Jan 312 2023 (30 years) was calculated using the FES2014 global tidal 313 model (Lyard et al., 2021; Carrere et al., 2016) at a point slightly 314 offshore of the benchmark site (Figure 4 A). Using these data as 315 input to the "CO-OPS Tidal Analysis DatumCalculator" (Licate 316 et al., 2017) we calculate that MHHW is 2.14m and MLLW is -317 2.14m (Figure 4 B). 318

Wave data is retrieved from the Copernicus Marine Environment 319 Monitoring Service (CMEMS) WAVeReanalYSis (WAVERYS, 320 Law-Chune et al., 2021), which is driven by the ERA5 10-321 m wind and sea ice fraction, as well as GLORYS12 oceanic 322 currents (Lellouche et al., 2018). Also wave data are retrieved 323 for a period of 30 years (01 Jan 1993 to 01 Jan 2023), slightly 324 offshore our benchmark site (Figure 4 A). In our area of interest, 325 the waves directed towards the coast (with direction NE to SE) 326 have a median significant wave height of 1.2 m and median 327 significant wave period of 9 s (Figure 4 C,D), with main direction 328 of waves from NNE (Figure 4 E,F). 329

4.2.2 Step 2 - Beach slope

Determining the beach slope ( $\beta$ ) is a simple operation, that can be performed on any beach with basic topographic methods. At our benchmark site (Figure 2 B), it can be determined by dividing the difference between the base of the storm berm (3.77 m) and the top of swash zone (0.55 m) by the distance between the two (30.5 m). With this operation, we can determine that  $\beta$ is 0.1.

If no modern analog data is available, calculating  $\beta$  becomes 338 more difficult. It is possible to do it via satellite-derived shore-339 lines with CoastSat.Slope (Vos et al., 2020), a tool implemented 340 within the CoastSat software (Vos et al., 2019). Thanks to this 341 software, we could download 350 satellite images from Landsat 342 7,8,9 and Sentinel 2, spanning from August 2000 to December 343 2023 (see an example in Figure 5 A). Over a coastal stretch of 344  $\sim$ 2 km around our study site, we identified 5 transects, where we 345 evaluated coastal evolution over the period of available imagery, 346 and extracted the beach slope. 347

The results show that this beach, at the net of seasonal variations, 348 has been rather stable throughout the last 23 years (Figure 5 B). 349 This is an important point, as it strengthens the assumption that 350 the modern beach and the modern beach slope are representative 351 of a steady-state, hence they are more representative of long-352 term conditions of this beach. From CoastSat.Slope, we obtain 353 that the average  $\beta$  over the five transects is 0.1, which coincides 354 with what we measured in the field. This slope will be used in 355 the calculations of runup described below. 356

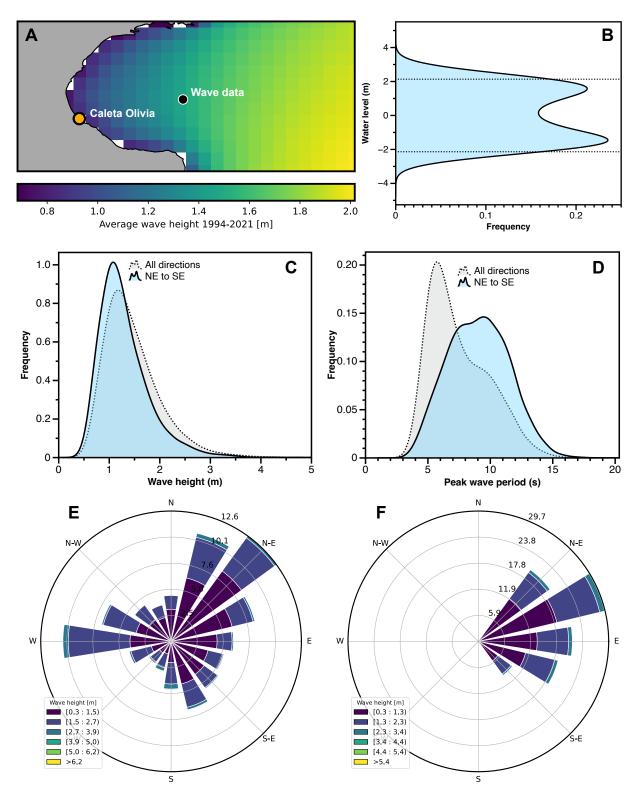


Figure 4: A) Average significant wave height in the study area extracted from the Copernicus Marine Environment Monitoring Service (CMEMS) WAVeReanalYSis (WAVERYS, Law-Chune et al., 2021), with indication of points where tidal (orange) and wave (black) data were extracted. B) Smoothed histogram plot of tidal data extracted from the FES2014 model at Caleta Olivia (Lyard et al., 2021; Carrere et al., 2016). The horizontal lines represent MHHW and MLLW calculated by the the "CO-OPS Tidal Analysis DatumCalculator" (Licate et al., 2017). C) and D) Smmoothed histogram plots of, respectively, significant wave height and period for all directions (gray shade) or only perpendicular to the coast (NE to SE, cyan shade). E and F) Direction of significant waves for, respectively, all waves and waves perpendicular to the coast.

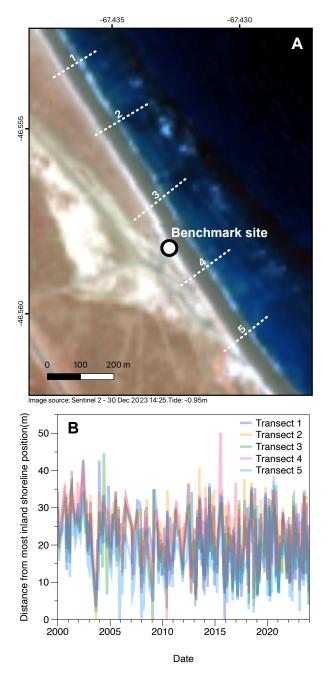


Figure 5: A) Satellite image of the study area from Sentinel2, with transects 1-5 analysed in CoastSat and location of the benchmark site. B) Results of the CoastSat shoreline variation analysis (corrected for tidal range), showing the shoreline variation from the distance from the most inland position detected at each transect over the period 2000-2023.

### 357 4.2.3 Step 3 - Runup calculation

In the last step of our workflow, we use wave, tidal data, and the beach slope calculated above to simulate  $R_2$ . There are several approaches and several empirical formulas that have been proposed to calculate  $R_2$  on sandy beaches (see a recent review by Gomes da Silva et al., 2020). The most common among these were compiled in the *py-wave-runup* tool (Leaman et al., 2020). Using this tool, we run nine models that require as input significant wave height, period and beach slope (Holman, 365 1986; Ruggiero et al., 2001; Stockdon et al., 2006; Nielsen, 2009; 366 Senechal et al., 2011; Vousdoukas et al., 2012; Atkinson et al., 367 2017; Passarella et al., 2018; Beuzen et al., 2019). We run these 368 models on the subset of the wave dataset shown in Figure 4 E, 369 that corresponds to waves with direction perpendicular to the 370 coast (at our benchmark site, those with orientation NE-SE). 371 We also consider only the waves hitting the coast when the 372 tide is equal or above mean sea level, as we assume that waves 373 hitting below MSL would produce ephemeral landforms, that 374 are usually re-eroded within one or two tidal cycles. 375

We test the results of these models against the height of the swash zone measured at the time of our survey (0.55 m, Figure 2 B). The modelled runup (corrected by the tide at the time of survey) shows good agreement with the observed reach of waves during the survey (Figure 6 A). Also the other morphological elements we observed on the modern beach fall within the probability density distribution of the modelled runup (Figure 6 B). 377

The modern runup is representative of the wave and tidal condi-383 tions over the last 30 years. Over an interglacial, it is possibile 384 that the same storm measured in the modern happened at differ-385 ent stages of the tide, or with a slightly different beach slope. 386 To account for this possibility, we create a synthetic dataset 387 composed of one million different conditions of waves, tides 388 and beach slope. The synthetic dataset is created by randomly 389 sampling a pair of wave height and period, one tidal level above 390 MSL and one value of beach slope ( $\beta$ ) from a normal random 391 distribution with average 0.1 and standard deviation 0.01. We 392 then use this dataset as input to the 9 runup models as described 393 above, obtaining the probability distribution shown in Figure 6 394 C. 395

We use this distribution to derive the indicative meaning of 396 the storm beach ridge in the area, assuming that it would form 397 between the 1st and 99th percentiles of the calculated wave 398 runup. Under this assumption, the upper and lower limits of 399 the indicative range would be, respectively, 4.7 m and 0.9 m 400 (Figure 6 C). Using these values, we calculate that paleo RSL as 401 indicated by the articulated shells layer at 17.9 m (Figure 2 C) 402 is  $15.1 \pm 1.9 \text{ m} (1\sigma)$ . 403

## 5 DISCUSSION

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From the measurement of the modern analog, we reconstruct 405 that paleo RSL at the benchmark site used in this work is  $14.5 \pm$ 406 2 m. This is consistent with the interpretation of Unit 1, located 407 below the articulated shells we used as index point, that was 408 interpreted as forming in the lower intertidal / subtidal zone 409 (Schellmann, 1998). The paleo RSL calculated from the beach 410 ridge at this site is also confirmed by that derived from the 411 paleo shore platform, which sets paleo RSL at  $15.4 \pm 1.1$  m 412 (Figure 7). There is a striking similarity between the paleo RSL 413 reconstructed from the modern analog and that derived from the 414 runup-based reconstructions of Lorscheid and Rovere (2019), 415 Rubio-Sandoval et al. (2024) and the one used in this work 416 (Figure 7). 417

To quantify the similarity between the paleo RSL distributions 418 obtained with runup models and the one gathered from the modern analog, we use the Kolmogorov-Smirnov test. The test 420

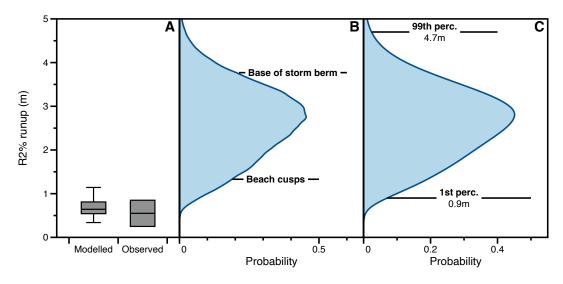


Figure 6: A) Comparison between modelled and observed swash height at the time of survey (11 Feb 2019, 15.55 PM). B) Probability density plot representing simulated 2% wave runup at the benchmark site between 1993 and 2023, for waves perpendicular to the shore and reaching the coast in tidal conditions from MSL to high tide. A breakup of this histogram into the contribution of different wave models is shown in Supplementary Figure 4. C) Probability density plot representing simulated 2% wave runup at the benchmark site for the synthetic dataset described in the main text.

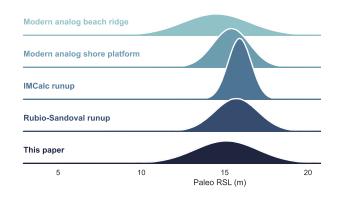


Figure 7: Comparison between paleo RSL calculated using indicative meaning estimated by the modern analog, IMCalc (Lorscheid and Rovere, 2019) and the methodology outlined in this work.

returns a statistic D which is the maximum difference between 421 the empirical distribution functions of the two samples. D varies 422 between 0 and 1, with a lower D value indicating more similar-423 ity. We calculate the similarity in percentage as  $(1 - D) \times 100$ . 424 We calculate that the similarity between the paleo RSL calcu-425 lated from the modern analog and that obtained from IMCalc 426 is 49.7%. The same comparison with the method of Rubio-427 Sandoval et al. (2024) yields a similarity score of 67.7% and 428 with the one from the workflow presented in this study is 87.6%. 429 Compared to previous runup-based approaches, both IMCalc 430 (Lorscheid and Rovere, 2019) and Rubio-Sandoval et al. (2024) 431 reconstruct correctly the paleo RSL at the benchmark site, but 432 they underestimate error bars. 433

It is worth highlighting that the method proposed here is validonly if a key assumption is made: that the wave intensity and

tidal range were, in the area of interest, the same at the time 436 of formation of the beach ridge as they are today. For which 437 concerns paleo tidal ranges, models of tidal range changes in 438 the Pleistocene are limited in time (Wilmes et al., 2023) or are 439 constrained to a restricted geographic area (Lorscheid et al., 440 2017). Substantially more work on tidal range changes and on 441 their implication on the reconstruction of paleo RSL has been 442 done for the Holocene (Horton et al., 2013; Sulzbach et al., 2023; 443 Hill et al., 2011). A global model of tidal range changes for 444 the Pleistocene interglacials does not exist, but it would allow 445 correcting the runup calculations for different tides at Step 2 of 446 the workflow presented in this study. 447

Also the intensity of waves in previous interglacials (more specif-448 ically in the Last Interglacial) has been widely debated, mostly 449 on the basis of particular landforms (Rovere et al., 2017; Hearty 450 and Tormey, 2018; Rovere et al., 2018). Models on the intensity 451 and direction of storms and tropical cyclones suggest that it can-452 not be assumed that wave characteristics were the same between 453 the present and the Last Interglacial (Kaspar et al., 2007; Yan 454 et al., 2021; Huan et al., 2023), but models that quantify the 455 change in significant wave height and period are still missing. 456

Scussolini et al. (2023) provide global models of storm surges 457 for extreme storms in the Last Interglacial which, for the area 458 of interest, indicate that extreme storm surge would have been 459 higher by less than ~7 cm with respect to present-day (Supple-460 mentary Figure 6). This would not change substantially the 461 paleo RSL calculated above. We note that, towards the Northern 462 part of the San Jorge gulf, this assumption might not be true, 463 and the upper limit of storm-built beach ridges would have to be 464 corrected upwards by up to  $\sim 20$  cm (Supplementary Figure 6). 465

It is also worth noting that, from the wave, tidal and runup data calculated by the workflow presented here, it may be possible to calculate the indicative meaning of other depositional sea-level index points, such as beach deposits of different kinds (Figure 8).

As an example, the general definition of beach deposits entails 470

that they form between the ordinary berm and the depth of 471

closure of ordinary waves (Rovere et al., 2016), which can be 472

easily quantified from wave data and runup models (Lorscheid 473

and Rovere, 2019), such as those used in our workflow for beach 474

ridges. 475

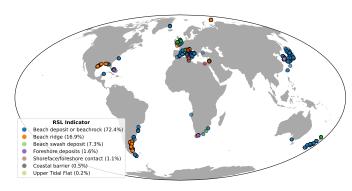


Figure 8: Map showing depositional sea-level index points in the World Atlas of Last Interglacial Shorelines (WALIS, Rovere et al., 2023). The number in parenthesis near each category in the legend indicate the frequency of each indicator within the depositional index points in WALIS, which represent ~12% of the global database.

#### 6 Conclusions 476

Storm-built beach ridges are widely used, in particular along 477 the Atlantic coasts, to reconstruct Holocene and Pleistocene 478 sea-level changes. However, the modern analog of these land-479 forms, to allow the quantification of paleo RSL, is less studied 480 481 and is seldom reported in the literature. Our results show that it is possible to exploit freely available satellite-derived data and 482 models that are commonly employed to study modern coastal 483 processes to obtain a reliable estimate of the paleo RSL associ-484 ated with beach ridges. With our workflow, that is entirely based 485 on remotely sensed data, we obtain a similarity of 87.6% in com-486 parison with the paleo RSL calculated from modern analog data. 487 We surmise that this workflow may be used to better quantify 488 the indicative meaning of fossil storm beach ridges. The wave, 489 tidal and runup data calculated in our workflow may be also 490 employed to calculate the indicative meaning of other coastal 491 landforms in absence of modern analog data. 492

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#### AUTHORS CONTRIBUTIONS

AR had the initial idea and wrote the paper with substantial input 523 from MP. AR made the code for the workflow described in the 524 paper. SR, AM and PMR provided insights on local geology, 525 geomorphology and paleobiology. AR, MP, SR, DDR, KRS, 526 PMR and EJG participated to different field campaigns at Caleta 527 Olivia, that resulted in the data used for this paper. All authors 528 revised the text, giving input according to their expertise, and 529 agree with its contents. 530

### SUPPLEMENTARY INFORMATION

The Supplementary Information to this paper contains all the 532 raw data described in this paper and the jupyter notebooks to 533 reproduce the results of this work and apply the same workflow 534 in other areas (Rovere, 2024). 535

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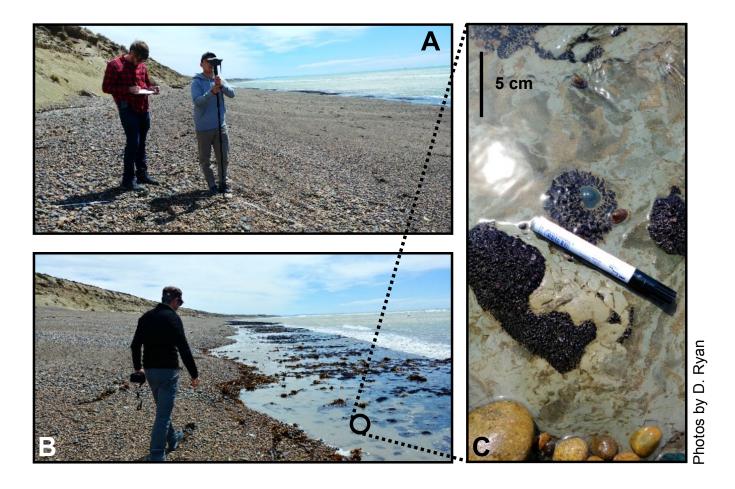
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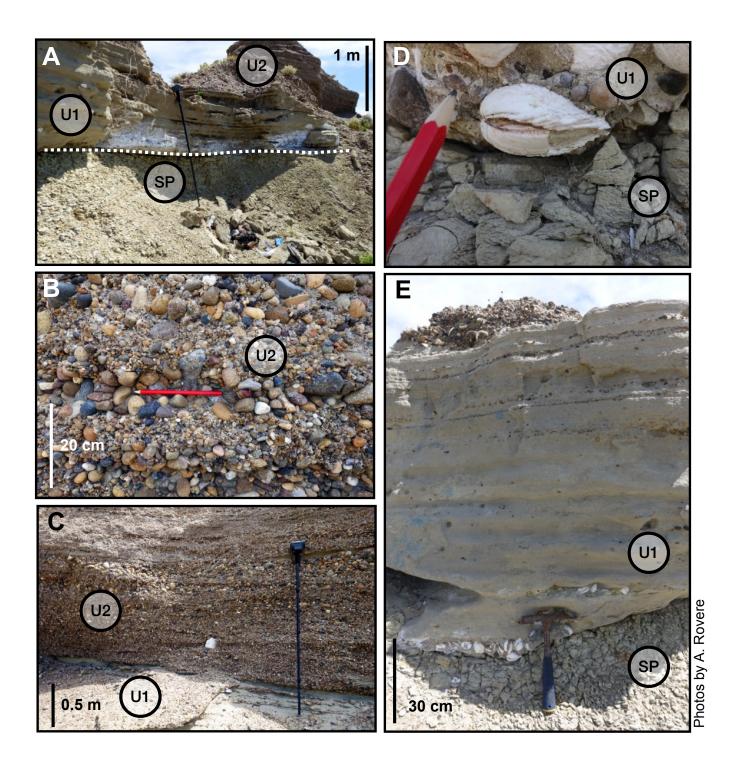
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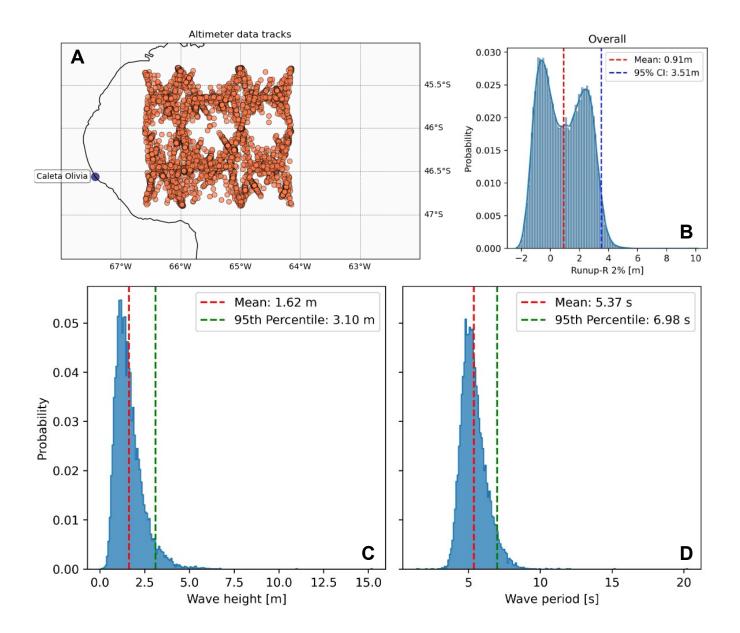
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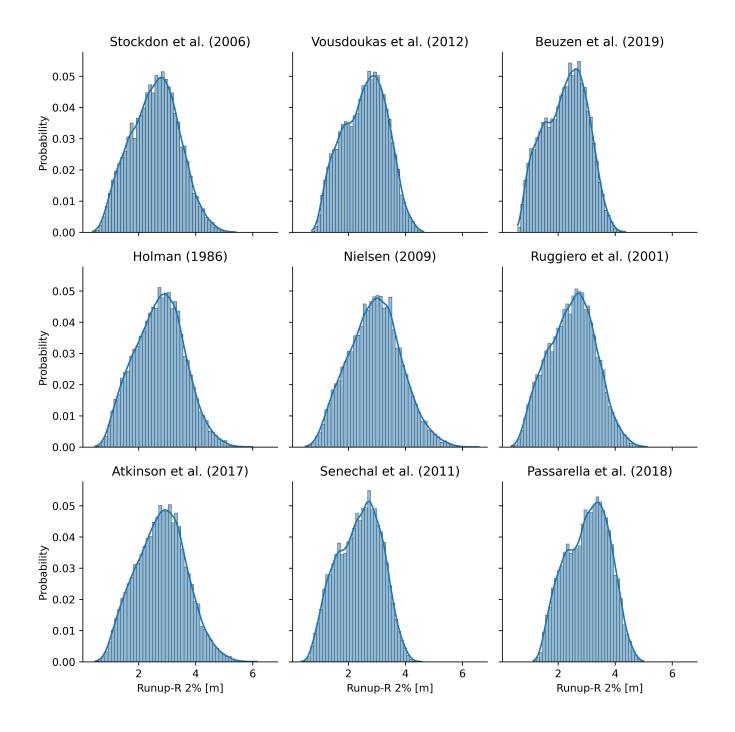
Supplementary Figure 1: Details of the modern beach at the benchmark site (Figure 2). A) view of the modern storm berm. B) lower part of the beach, with the exposed shore platform at low tide. C) detail of the shore platform, with encrusting organisms living on it.



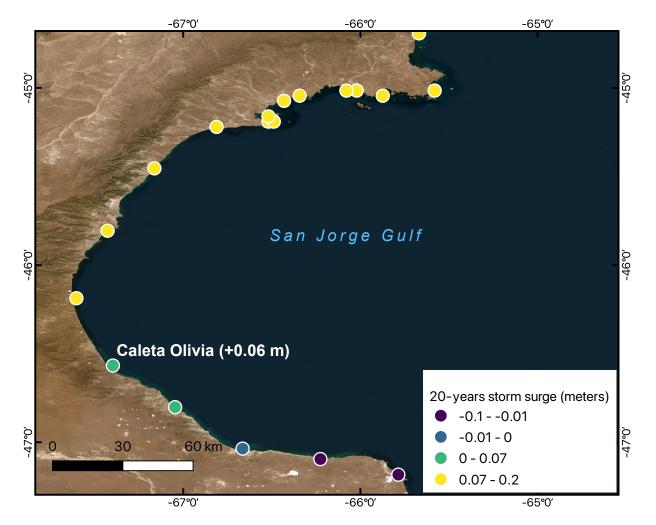
Supplementary Figure 2: Results of the runup calculations, divided by model employed, for waves perpendicular to the shore reaching the coast in tidal conditions above MSL.



Supplementary Figure 3: A) satellite altimetry data tracks exported by the RADWave software. B) Wave runup calculated at Caleta Olivia with the approach of Rubio-Sandoval et al. (2024). C) and D) respectively wave height and period extracted from the satellite altimetry data.



Supplementary Figure 4: Results of the different runup models used in this work. Only the runup values above MSL are shown here.



Supplementary Figure 5: Annual anomalies (Last Interglacial minus Present Interglacial) in sea level extremes at the 20-year return period in the San Jorge Gulf (Scussolini et al., 2023). Background imagery from ESRI ArcGIS Pro (World Imagery), source: Earthstar Geographics (TerraColor NextGen)