

This article is post-print of a published peer-reviewed article in Earth and Planetary Science (<https://doi.org/10.1016/j.epsl.2019.06.028>).

1 **Coupled climate and subarctic Pacific nutrient upwelling over the last 850, 000 years**

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16 **Highlights:** “Coupled climate and subarctic Pacific nutrient upwelling over the last 850, 000
17 years”

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- Increased Bering Sea sea ice caused expansion of intermediate water in glacials
 - Intermediate water expansion inhibited deep water nutrient supply to surface waters
 - Region contributed to global ocean-air CO₂ exchange on glacial timescales
 - Tight correlation between subarctic nutrient upwelling and global CO₂
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23

24 **Abstract**

25
26 High latitude deep water upwelling has the potential to control global climate over glacial
27 timescales through the biological pump and ocean-atmosphere CO₂ exchange. However, there
28 is currently a lack of continuous long nutrient upwelling records with which to assess this

29 mechanism. Here we present geochemical proxy records for nutrient upwelling and glacial
30 North Pacific Intermediate Water (GNPIW) formation in the Bering Sea over the past 850 kyr,
31 which demonstrates that glacial periods were characterised by reduced nutrient upwelling,
32 when global atmospheric CO₂ and temperature were also lowered. We suggest that glacial
33 expansion of sea ice in the Bering Sea, and the simultaneous expansion of low nutrient GNPIW,
34 inhibited vertical mixing and nutrient supply across the subarctic Pacific Ocean. Our findings
35 lend support to the suggestion that high latitude sea ice and the resultant intermediate water
36 formation, modulated deep water upwelling and ocean-atmosphere CO₂ exchange on glacial-
37 interglacial timescales.

38 **Keywords:** Upwelling; Sea Ice; CO₂; subarctic; Bering Sea; Glacial

39

40 **1. Introduction**

41

42 Recent studies have shown a sharp increase in both surface ocean subarctic Pacific productivity
43 and CO₂ ventilation during the last deglaciation (Galbraith et al., 2007; Gray et al., 2018), and
44 suggested that the equivalent of ~30 ppm atmospheric CO₂ was released into the atmosphere
45 due to increased overturning (Rae et al., 2014). This was proposed to coincide with a collapse
46 of glacial North Pacific Intermediate Water (GNPIW), allowing overturning to bring nutrient
47 and CO₂-rich deep water to the surface (Gray et al., 2018). Although a pervasive link between
48 subarctic Pacific export productivity and Pleistocene glacial-interglacial cycles has been
49 demonstrated (Jaccard et al., 2010, 2005), it is not yet known if this was primarily controlled
50 by changes in iron supply (Galbraith et al., 2008; Praetorius et al., 2015), water column
51 stratification and/or light limitation (Jaccard et al., 2010; Lam et al., 2013) and/or the extent of
52 GNPIW (Knudson and Ravelo, 2015a; Li et al., 2017) and nutrient upwelling (Gray et al.,
53 2018). If the upwelling of nutrient and CO₂-rich water was the predominant control on subarctic

54 Pacific productivity variations (Kender et al., 2018), this would imply the region has been an
55 active source of $p\text{CO}_2$ throughout the Pleistocene and not just the last deglacial, because they
56 are coupled with ice core temperature records (Jaccard et al., 2010, 2005). One way to test for
57 GNPIW and its effect on upwelling nutrients is from the Bering Sea, which today contains an
58 active upwelling zone.

59

60 Surface waters in the Bering Sea are fed by the subarctic Pacific Alaskan Stream, which enters
61 through passes and straits in the Aleutian arc and circulates northward around the basin,
62 forming the shelf-adjacent Bering Slope Current (BSC) (Stabeno et al., 1999) (Fig. 1).
63 Turbulent eddies in the BSC extend below the surface waters at ~300 m water depth, causing
64 upwelling of North Pacific Deep Water (NPDW), which contains some of the highest nutrient
65 concentrations in the marine system (Stabeno et al., 1999). This seasonally raises photic zone
66 CO_2 and fuels a high productivity region at the Bering shelf break, known as the “green belt”
67 (Springer et al., 1996) (Fig. 1). Due to its terminal position in the ocean conveyor and deep
68 bathymetric eddies, any glacial reduction in NPDW upwelling across the subarctic Pacific
69 should also be apparent as reduced nutrient availability in the green belt.

70 Modern North Pacific Intermediate Water (NPIW) is sourced from the Okhotsk Sea and is
71 widely distributed across the North Pacific ocean at a water depth between ~300 – 800 m
72 characterized by salinity minima with density centred at $26.8 \sigma_\theta$ (Talley, 1993; Yasuda, 1997).
73 During the last glacial maximum, intensified NPIW (termed GNPIW) expanded down to 2000
74 m (Matsumoto et al., 2002), with previous studies suggesting that the Bering Sea was a key
75 source of GNPIW (Horikawa et al., 2010; Ohkushi et al., 2003) as a result of enhanced brine
76 rejection on the Beringian shelf, following increased sea ice growth since ~900 kyr (Jang et al.,
77 2017; Kender et al., 2018; Knudson and Ravelo, 2015b). Given its density, the formation of

78 GNPIW from the Bering Sea has the potential to suppress upwelling by preventing eddies in
79 the BSC from reaching NPDW. Expansion of this low nutrient GNPIW from the Bering Sea
80 would crucially act to enhance stratification across the subarctic region – not just the smaller
81 Bering Sea – causing region-wide impact on vertical mixing, nutrient supply and the biological
82 pump.

83

84 Here, we present a new high resolution long sedimentary nitrogen isotope record ($\delta^{15}\text{N}$), in
85 combination with previously published lower resolution results (Kim et al., 2017), from IODP
86 Site U1343 in the Bering Sea green belt (Fig. 1) to assess variation in nitrate utilisation between
87 Marine Isotope Stages (MIS) 1 and 21, where we assume that the sedimentary bulk $\delta^{15}\text{N}$ is a
88 representation of total macronutrient utilisation. To account for changes in export production,
89 we normalise the opal mass accumulation rate (MAR) and produce the first high latitude record
90 of nutrient delivery from deep to surface water (termed the “upwelling index”; see Methods).
91 By semi-quantitatively assessing the offset between the opal MAR and $\delta^{15}\text{N}$ in this way, we
92 constrain the impact of local growth rate and iron supply, to reveal long-term variability in
93 macronutrient supply from deep water upwelling. We also present a new high-resolution multi-
94 species benthic foraminiferal oxygen isotope record for an improved age model and produce
95 the first assessment of the influence of GNPIW at 2 km water depth in the Bering Sea. From
96 this, we discuss the extent to which oceanographic changes in Bering Sea upwelling and
97 GNPIW production may have contributed towards NPDW upwelling and glacial-interglacial
98 $p\text{CO}_2$ changes in the subarctic Pacific over the last 850 kyr.

99

100 **2. Materials and Methods**

101 **2.1. Core materials**

102 IODP Site U1343 (54°33.4'N, 176°49.0'E, water depth 1950 m) is situated on a topographic
103 high in the Bering Sea green belt adjacent to the northern continental shelf, proximal to the
104 modern winter sea ice edge and at a depth just below the oxygen minimum zone (Fig. 1).
105 Marine sediments are composed primarily of fine clays and biogenic material, and are
106 characteristically distinct from shelf-transported materials (Takahashi et al., 2011).

107

108 **2.2. Foraminiferal isotopes**

109 Foraminiferal preservation is notably good at this site given the shallow North Pacific-wide
110 lysocline which limits carbonate preservation at other Bering Sea sites (Takahashi et al., 2011),
111 providing an excellent opportunity to create a robust high resolution $\delta^{18}\text{O}_{\text{U1343}}$ age model
112 (Asahi et al., 2016; Kender et al., 2018). In the absence of a single species consistently
113 occurring in all samples, 262 samples of ~100 μg of foraminiferal calcite were measured for
114 $\delta^{18}\text{O}$ using ten different species of benthic foraminifera (*Cassidulina parkerianus*, *Cassidulina*
115 *teretis*, *Elphidium batialis*, *Globobulimina auriculata*, *Globobulimina pacifica*, *Islandiella*
116 *norcrossi*, *Nonionella labradorica*, *Uvigerina bifurcata*, *Uvigerina senticosa* and *Valvulineria*
117 *spp.*) at an average sampling resolution of 0.84 m from 2 – 222 m CCSF-A. Measurements
118 were made using an IsoPrime© mass spectrometer with a Multicarb device at the British
119 Geological Survey, where the analytical precision of duplicates was <0.05‰. The stable
120 isotope data were calibrated to the VPDB scale through the international NBS standards.
121 Species-specific offsets from Kender et al. (2018) were applied to fit the data to the most
122 commonly occurring species, *E. batialis*, and are presented in Figure 2 and Supplementary
123 Table 2. Given that benthic foraminiferal $\delta^{13}\text{C}$ is sensitive to diagenetic alteration, as calcite
124 dissolution, re-precipitation and overgrowth can alter the isotopic composition of their tests

125 (Cook et al., 2016), poor linear regressions between foraminiferal $\delta^{13}\text{C}$ and both raw $\delta^{18}\text{O}$ (R^2
126 = 0.09, $p < 0.001$) and $\delta^{18}\text{O}$ adjusted to *E. batialis* ($R^2 = 0.00$, $p > 0.05$) confirms that diagenetic
127 alteration of foraminiferal shells cannot explain the glacial-interglacial variability in the $\delta^{18}\text{O}$
128 (Fig. S1).

129

130 **2.3. Age Model, Sedimentation rates and Opal MAR calculations**

131 Benthic foraminiferal isotope data presented here were combined with previously published
132 data from Site U1343 (Asahi et al., 2016), to create a total of 751 $\delta^{18}\text{O}_{\text{U1343}}$ data points with an
133 average time step of 1.1 kyr at an average resolution of 0.30 m from 0 – 222 m CCSF-A. The
134 age model, was defined by correlating to the LR04 global composite stack (Lisiecki and
135 Raymo, 2005), and constructed by selecting 17 age-depth tie points during periods of rapid
136 isotopic change primarily at deglacial intervals (Table S2). Although there is a possible time
137 lag, where Pacific benthic $\delta^{18}\text{O}$ records may lag the Atlantic Ocean (Asahi et al., 2016; Lisiecki
138 and Raymo, 2005), the high sample resolution and strong correlation between $\delta^{18}\text{O}_{\text{U1343}}$ and
139 LR04 ($r = 0.82$, $p = < 0.001$) suggests that these are within the expected uncertainty of the age
140 model.

141

142 The high sedimentation rate at IODP Site U1343 and a lack of hiatuses in core material provides
143 confidence in the continuity of its record (Asahi et al., 2016; Takahashi et al., 2011). Based on
144 the new composite age model, sedimentation rates were calculated between each age-depth tie
145 point. The average sedimentation rate was $29.15 \text{ cm kyr}^{-1}$, with higher rates during interglacials
146 and a notable sedimentation rate crash at ~630 kyr (likely due to low biogenic opal; Fig S2).
147 These new sedimentation rates were applied to existing opal data (Kim et al., 2014) to calculate

148 an opal MAR record using linear interpolation of the ship dry bulk density data and a ten-point
149 smoothing average (Takahashi et al., 2011).

150

151 **2.4. Bulk sedimentary $\delta^{15}\text{N}$**

152 Bulk samples at an average resolution of 0.81 m CCSF-A, totalling 276 samples between 0 –
153 222 m CCSF-A were analysed for $\delta^{15}\text{N}$ with 500 mg of raw material run on a Carlo Erba 1108
154 elemental analyzer, interfaced to a Thermo Finnigan Delta Plus XP IRMS at the University of
155 California, Santa Cruz, with a precision of 0.15‰ based on both sediment standards and
156 replicates. Results, relative to atmospheric nitrogen (AIR), were combined with previously
157 published data from Site U1343 (Kim et al., 2017), to produce a composite record of 373 data
158 points ($\delta^{15}\text{N}_{\text{U1343}}$), with an average resolution of 0.60 m between 0 and 222 m CCSF-A; average
159 resolution of 2.3 kyr on the new age model (Fig. S2).

160

161 **2.5. Oceanographic indices**

162 **2.5.1. $\Delta\delta^{18}\text{O}_{849 - \text{U1343}}$**

163 To assess regional variation and discrepancies between Site U1343 and the deep North Pacific
164 Ocean, a Pacific end-member record from ODP Site 849 (Mix et al., 1995) (0°11'N, 110°31'W;
165 3851 m water depth) was used to remove high frequency and glacial-interglacial variability. A
166 consistent offset of ~0.5 ‰ was found between $\delta^{18}\text{O}_{\text{U1343}}$ and $\delta^{18}\text{O}_{849}$, and so this was added to
167 $\delta^{18}\text{O}_{\text{U1343}}$ first, to ensure offset values reflected only differences in $\delta^{18}\text{O}$ amplitude. After being
168 linearly interpolated at an interval of 2 kyr (Fig. 2), a three-point smoothing spline was applied
169 to the $\delta^{18}\text{O}_{\text{U1343}}$, and was subtracted from the similarly processed $\delta^{18}\text{O}_{849}$ record ($\Delta\delta^{18}\text{O}_{849 -$
170 U1343), following a similar methodology to Knudson & Ravelo (2015a). Lower $\delta^{18}\text{O}_{\text{U1343}}$

171 become more similar to those of shallower water Bering Sea Site U1342 at ~800 m water depth
172 (Fig. 1, 3a), which is suggested to be influenced by GNPIW (Knudson and Ravelo, 2015a).
173 Therefore, where $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ is approximately 0, Site U1343 is assumed to reflect the same
174 water mass as the deep North Pacific Ocean, which upwells along the Bering Sea shelf edge
175 today (Stabeno et al., 1999). Whereas more positive $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ values occur when $\delta^{18}\text{O}_{U1343}$
176 is lower than $\delta^{18}\text{O}_{849}$, suggesting a colder and/or more saline intermediate water mass is present
177 at Site U1343, similar to the GNPIW signature at Site U1342.

178

179 **2.5.2. Upwelling Index**

180 To account for the changes in the isotope values of deep North Pacific source water ($\delta^{15}\text{N}_{\text{source}}$)
181 and gain insights into regional nitrate utilisation, we follow previous work (Galbraith et al.,
182 2008; Knudson and Ravelo, 2015b) by subtracting the record of ODP Site 1012 in the eastern
183 tropical North Pacific (Liu et al., 2005) ($32^{\circ}17'\text{N}$, $118^{\circ}24'\text{W}$; 1172 m water depth) which is
184 influenced by waters from the Eastern Tropical North Pacific denitrification zone, and is
185 thought to be a site of near complete nitrate utilisation throughout the Pleistocene (Galbraith et
186 al., 2008). $\delta^{15}\text{N}_{1012}$ was linearly interpolated at a time interval of 2 kyr (the average resolution
187 of $\delta^{15}\text{N}_{1012}$) and subtracted from the similarly interpolated $\delta^{15}\text{N}_{U1343}$, to produce a record driven
188 by nutrient utilisation for Site U1343 ($\Delta\delta^{15}\text{N}_{U1343\text{-}1012}$) (Fig S3).

189 Given that high $\Delta\delta^{15}\text{N}_{U1343\text{-}1012}$ values can either reflect higher export production (more rapid
190 removal of nitrate from the euphotic zone) or a slower nutrient resupply (slower replenishment
191 of the surface nitrate pool), and as diatoms are the dominant contributors to export production,
192 the opal MAR can be used to constrain the impact of variable productivity on $\Delta\delta^{15}\text{N}_{U1343\text{-}1012}$.
193 Comparison of the opal MAR with the opal (%) confirms that the MAR record is not an artefact
194 of the age model and calculated sedimentation rates (Fig S2). The opal MAR record was also

195 linearly interpolated at an interval of 2 kyr and then normalised so that all values ranged
196 between 0 and 1. Then the similarly normalised $\Delta\delta^{15}\text{N}_{\text{U1343-1012}}$ was subtracted to create a semi-
197 quantitative proxy termed the ‘upwelling index’, with low (higher) values indicating decreased
198 (increased) upwelling nutrient supply on the Bering shelf slope (Equation 1; Fig. 4b).

$$199 \quad \textit{Upwelling Index} = \textit{Normalised Opal MAR} - \textit{Normalised } \Delta\delta^{15}\text{N}_{\text{U1343-1012}} \quad (1)$$

200 In doing this we assume that the rate of export production is a reflection on total primary
201 productivity, and that the majority of macronutrient delivery to the photic zone at IODP Site
202 U1343 was from upwelling of NPDW and that rates of nutrient utilisation were controlled by
203 both nutrient upwelling and delivery of iron (Fe) to the photic zone (predominantly derived
204 from sea ice and shelf-derived material (Aguilar-Islas et al., 2008)). During times of low Fe
205 input and incomplete nutrient utilisation, when increased upwelling will decrease nutrient
206 utilisation (as the nutrient pool is larger) while productivity will show a smaller increase (from
207 the small amount of upwelled Fe which will be scaled proportionally with macronutrient
208 increase), causing the upwelling index to increase at a lower rate than for times of higher Fe
209 delivery. The result of the upwelling index can be classified by three potential states which
210 reflect interglacial, glacial and deglacial changes in biogeochemical cycling (Fig. 5).

211

212 **3. Results**

213 **3.1. $\Delta\delta^{18}\text{O}_{849 - \text{U1343}}$: GNPIW formation**

214 Over the last 850 kyr benthic foraminiferal $\delta^{18}\text{O}_{\text{U1343}}$ varied between +2.47 and +5.02 ‰ (mean
215 = +3.58 ‰), with an amplitude of change similar to LR04 and ODP Site 849 in the eastern
216 equatorial Pacific (range from +3.08 to +5.10 ‰; mean = +4.12 ‰; Fig. 3a, 4a). The highest
217 $\Delta\delta^{18}\text{O}_{849-\text{U1343}}$ values occur during glacial maxima of MIS 4, 6, 8, 12, 16 and 20 (Fig. 3b). As

218 the two $\delta^{18}\text{O}$ records are used to create the age models, with rapid deglacial changes in $\delta^{18}\text{O}$ as
219 the tie points, rapid $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ shifts at deglacials may be artificially amplified. However,
220 $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ values are significantly higher in glacial periods (mean = 0.05) than interglacial
221 periods (mean = 0.00; $p < 0.05$), with values gradually increasing as glacial periods developed
222 and became more intense, suggesting an increasing influence of GNPIW in the Bering Sea
223 slope region. During deglacial periods GNPIW collapses, and the $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ becomes more
224 negative during interglacials, as $\delta^{18}\text{O}_{U1343}$ is more similar to the deep water record from the
225 eastern equatorial Pacific Site 849, suggesting NPDW influence at the 2 km water depth at
226 Bering Sea slope Site U1343.

227

228 **3.2. $\delta^{15}\text{N}$ and Opal MAR**

229 Today Bering Sea green belt primary productivity is dominated by diatoms which primarily
230 bloom in spring/summer following seasonal sea ice melt, which provides a source of dissolved
231 iron and promotes water column stability, allowing diatoms to remain in the photic zone and
232 utilise available nutrients (Aguilar-Islas et al., 2008). Estimates of annual primary productivity
233 in the green belt are $>170 \text{ g C m}^{-2} \text{ yr}^{-1}$ (Sambrotto et al., 2008) with blooms sustained by tidal
234 mixing and lateral supply of iron rich waters from the shelf (Aguilar-Islas et al., 2008).
235 Conditions, however, are reversed during winter months (November to April) when sea ice
236 expansion and associated reductions in light availability reduces primary productivity, leading
237 to incomplete nutrient utilisation and the emergence of high-nutrient low chlorophyll (HNLC)
238 conditions similar to the lower subarctic Pacific and central Bering Sea (Galbraith et al., 2008;
239 Knudson and Ravelo, 2015b; Sambrotto et al., 2008). With diatoms as the primary contributors
240 to biogenic material within the IODP Site U1343 sediment record (Takahashi et al., 2011), the
241 opal mass accumulation (MAR) record, recalculated using sedimentation rates from our new

242 age model, is thought to approximate changes in primary productivity (Kim et al., 2014), where
243 productivity was significantly higher in interglacials (mean = 3.30 g cm⁻² kyr⁻¹) than in glacials
244 (mean = 2.66 g cm⁻² kyr⁻¹; p < 0.001; Fig. 3e) (Kim et al., 2014). Although the phytoplankton
245 community structure will likely have varied in response to changing seasonality, diatoms have
246 remained the dominant contributors to export production in the Bering Sea (Takahashi et al.,
247 2011). As changes in the composition of the phytoplankton community will be minor in
248 comparison to glacial-interglacial variation in export production, we assume these changes are
249 unlikely to have impacted our geochemical signals on millennial timescales. Furthermore,
250 silica supply is not considered a limiting nutrient in the Bering Sea (Tsunogai et al., 1979), and
251 hence the opal MAR likely reflects first order changes in productivity (Kim et al., 2014).

252

253 Changes in $\delta^{15}\text{N}_{\text{U1343}}$ are assumed to primarily reflect temporal variations in nitrate utilisation
254 which is influenced by the amount of productivity and nutrient availability, which is in turn
255 dependent on the rate of upwelling of macronutrient rich NPDW, driven by eddies in the BSC
256 along the shelf break. Terrestrial input with low $\delta^{15}\text{N}$ is not considered to have driven the record
257 due to the lack of covariation of $\delta^{15}\text{N}$ and sedimentary C/N ratio (Fig. S2), and the broad
258 similarity with ODP Site 882 and MD2416 in the North Pacific which are far from land (Fig.
259 3c) (Galbraith et al., 2008; Jaccard et al., 2010). Similarly, variable inorganic contribution is
260 not considered to bias the bulk $\delta^{15}\text{N}$ record, as the intercepts on %TOC vs. %TN do not vary
261 significantly between glacial and interglacials (Fig. S4). In addition, diatom-bound $\delta^{15}\text{N}$
262 records from the Bering Sea and subarctic Pacific show similar trends to their bulk $\delta^{15}\text{N}$
263 counterparts (Brunelle et al., 2007; Galbraith et al., 2008; Studer et al., 2012), indicating bulk
264 sediment nitrogen is a good proxy for nutrient utilisation in surface water. $\delta^{15}\text{N}_{\text{U1343}}$ values

265 range from +2.72 to +8.89 ‰ (mean = +5.59 ‰) with peak values occurring in glacial,
266 particularly during MIS 2 at ~14 kyr and MIS 8 at ~245 kyr (Fig. 2c).

267

268 Prior to ~ MIS 13, there appears to be less distinctive glacial-interglacial variability in $\delta^{15}\text{N}$ -
269 U_{1343} , which could reflect sedimentary preservation, however diagenetic alteration of nitrogen
270 is considered less of an influence in this high sedimentation rate setting (Brunelle et al., 2007;
271 Robinson et al., 2012). Alternatively, the greater glacial-interglacial variability in nutrient
272 utilisation over the last ~600 kyr may be expected, given that 100 kyr cycles in the late
273 Quaternary are characterised by colder and more severe glacial periods, and warmer
274 interglacial periods, than the preceding 41 kyr cycles (McClymont et al., 2013).

275

276 Low $\delta^{15}\text{N}_{\text{U}_{1343}}$ excursions (< 4.5‰) may be a result of inorganic or terrestrial input, as the
277 modern deep ocean average $\delta^{15}\text{N}$ is ~4.5‰ (Sigman et al., 2009). However, the $\delta^{15}\text{N}$ record is
278 not a direct recorder of deep ocean $\delta^{15}\text{N}$ and more likely reflects surface water $\delta^{15}\text{N}$, which will
279 be a combination of the deep water signal, as well as surface water processes such as
280 productivity. Confidence in the fidelity of low $\delta^{15}\text{N}_{\text{U}_{1343}}$ values (<5.0‰) is provided by other
281 subarctic Pacific records from open ocean sites great distances from the continent, such as from
282 Site MD2416 (Galbraith et al., 2008), Site 882 (Jaccard et al., 2010) (Fig. 3c) and Site 887
283 (Studer et al., 2012). Furthermore, diatom-bound $\delta^{15}\text{N}$ results also show values less than 5‰
284 in the subarctic (Brunelle et al., 2007; Studer et al., 2012). Although nitrate uptake can only
285 account for increases in $\delta^{15}\text{N}_{\text{U}_{1343}}$, terrestrial/inorganic nitrogen input is unlikely to impose a
286 first-order control on the glacial-interglacial variability at U1343.

287

288 3.3. Glacial-interglacial variability in the upwelling index

289 The upwelling index is highly correlated with the LR04 deep ocean $\delta^{18}\text{O}$ record ($r = -0.72$, $p <$
290 0.001) – a combination of global ice volume and deep ocean temperature – with a significantly
291 lower upwelling index in glacials (mean = -0.40) than in interglacials (mean = -0.10 ; $p < 0.001$)
292 (Fig. 4). Minimal upwelling index values during glacial maxima (due to increased rates of
293 nitrate utilisation ($\delta^{15}\text{N}_{\text{U1343}}$) despite lowered primary productivity (opal MAR)), suggest there
294 was a smaller pool of nutrients in the photic zone, concomitant with expanded GNPIW (Fig.
295 3b-c, e). We propose that presence of GNPIW was a pivotal mechanism in reducing nutrient
296 supply from deep water upwelling (see Discussion). A rapid deglaciation phase occurred at all
297 major glacial terminations (dashed lines in Fig. 4) when nutrient upwelling peaked, indicating
298 ample nutrient supply from resumed NPDW upwelling and the establishment of a high
299 productivity/low nitrate utilisation state.

300 Although upwelling is also correlated with relative sea level (Elderfield et al., 2012) ($r = -0.55$,
301 $p < 0.001$) and Antarctic air temperature (Jouzel et al., 2007) ($r = 0.56$, $p < 0.001$) (Fig. 4), the
302 high correlation with global surface ocean temperature (Snyder, 2016) ($r = 0.60$, $p < 0.001$) and
303 ice core atmospheric CO_2 records over the last 800 kyr are of particular interest ($r = 0.60$, $p <$
304 0.001) (Lüthi et al., 2008). These tight correlations are despite the limitations to our
305 productivity and nutrient utilisation proxies and possible inter-site age model discrepancies,
306 therefore suggesting a common link between upwelling, atmospheric temperature and CO_2 .
307 Although correlation does not imply causation, the consistency in the relationship between the
308 upwelling index and the ice-core derived CO_2 provides support for a shared underlying
309 mechanism. Exceptions to this correlation between the upwelling index and CO_2 occurs during
310 MIS 13, when the upwelling index was high but $p\text{CO}_2$ was lower than subsequent interglacials,
311 and MIS 11, when the upwelling index was lower than might be expected given the higher

312 $p\text{CO}_2$ for this interglacial (Fig. 4). While the former discrepancy may be a result of the MAR
313 calculations, where sedimentation is relatively high during MIS 13, this also correspond with
314 the Mid-Brunhes Event (MBE) where interglacial conditions became warmer (Jouzel et al.,
315 2007). A productivity peak at MIS 13 in response to increased sea ice melt may explain the
316 high upwelling index result at this time. Alternatively, notably warm conditions during “super
317 interglacial” MIS 11 (Melles et al., 2012) likely caused earlier and rapid sea ice melt, which
318 would have reduced iron availability to the green belt, reducing the duration of the spring bloom
319 and limiting summer productivity (Aguilar-Islas et al., 2008). After post-MBE warming, from
320 MIS 11 onward, the relationship between upwelling index and Antarctic CO_2 is particularly
321 strong ($r = 0.70$, $p < 0.001$).

322

323 **4. Discussion**

324 Changes in nutrient upwelling are likely to have been controlled by a combination of sea level
325 change, sea ice presence and GNPIW extent (Kender et al., 2018). Geochemical and biological
326 proxy evidence indicate that an expansion of sea ice occurred during glacials throughout the
327 last 850 kyr (Detlef et al., 2018; Stroynowski et al., 2017; Teraishi et al., 2016), causing lower
328 rates of primary productivity (Kim et al., 2014) and actively restricting air-sea gas exchange.
329 Coincident with glacials and maximal sea ice extent, our $\Delta\delta^{18}\text{O}_{849\text{-}U1343}$ results provide
330 evidence for intermediate water presence to at least 2 km water depth, supporting data from
331 IODP Site U1342 which indicates GNPIW presence to at least 800 m water depth (Knudson
332 and Ravelo, 2015a) (Fig. 3a-b). Brine rejection on the Bering Sea shelf during enhanced sea
333 ice formation in glacials is the proposed mechanism for formation of a more saline water body,
334 which would sink to intermediate depths at the shelf slope and propagate southward as GNPIW
335 (Knudson and Ravelo, 2015a), as observed for NPIW in the modern Okhotsk Sea.

336

337 Although direct sea ice reconstructions from the Bering Sea are of lower resolution, they
338 broadly support GNPIW expansion, as glacial periods during this time interval were
339 characterised by extended thick pack ice which peaked during the mid-to-late glacials, when
340 we see the largest offsets in $\Delta\delta^{18}\text{O}_{849\text{-U1343}}$ (Detlef et al., 2018; Stroynowski et al., 2017).
341 Changes in sea-ice would have been in combination with sea level falls of ~50-150 m during
342 glacials (Elderfield et al., 2012) (Fig. 4d), causing closure of the Bering Strait (modern depth
343 of ~50 m) and retention of both cold/fresh surface waters and denser modified shelf-water
344 (following brine rejection) within the Bering Sea, as the northward flow into the Arctic Ocean
345 was prevented (Kender et al., 2018; Knudson and Ravelo, 2015a). The resultant expanded
346 GNPIW at the shelf edge likely prevented eddies in the BSC from reaching NPDW, isolating
347 nutrients in the photic zone without significant resupply (low upwelling index) and causing the
348 observed high rates of nitrate utilisation but low productivity, whilst also trapping CO_2 in deep
349 waters during glacials over the last 850 kyr (Fig. 5b).

350

351 In addition to sea ice and GNPIW expansion during glacials triggering a reduction in
352 productivity and nutrient upwelling, lowered sea level would have hindered Alaskan Stream
353 water from flowing into the basin by shoaling the passes along the eastern Aleutian arc (Fig.
354 1b). Although we cannot quantify this effect, it would have caused some degree of decrease in
355 surface water flow around the Bering Sea basin. This is important because the strength of BSC
356 flow controls eddy field fluctuation, where increased flow maintains higher primary
357 productivity by promoting vertical nutrient supply, and vice versa (Mizobata and Saitoh, 2004).
358 There is evidence for glacial reductions in the inflow of the Alaskan Stream from reduced
359 proportions of the diatom species *Neodenticula seminae* near the inflow sites at the Aleutian

360 arc in the southern Bering Sea, as well as at the slope (Stroynowski et al., 2017; Teraishi et al.,
361 2016). The resultant decrease in BSC flow in glacials would have therefore reduced large eddy
362 formation, further lowering NPDW upwelling of nutrients, productivity and photic zone CO₂
363 (Mizobata and Saitoh, 2004). Simultaneously, sea ice expansion over a shallowed Beringian
364 shelf during glacials may have increased the mobilisation of sediments and transport of shelf-
365 derived iron to the slope (Aguilar-Islas et al., 2008). Reduced vertical macronutrient supply but
366 sustained iron supply from sea ice, which is a key source of bioavailable iron in the green belt
367 today (Aguilar-Islas et al., 2008), could help to explain the co-occurrence of low productivity
368 and high nutrient utilisation in glacials (Fig. 2, 5b). Overall, our results support previous
369 proposals that enhanced sea ice and GNPIW formation during periods of low glacial sea level
370 were a key mechanism for controlling deep water upwelling and green belt nutrient supply over
371 the last 850 kyr (Kender et al., 2018). Reduced upwelling of nutrient-rich NPDW due to
372 GNPIW presence and lowered BSC strength and physical overturning in glacials could then
373 have caused the green belt region to act as a larger net carbon sink.

374

375 During deglaciation, conditions would have reversed with the break up and retreat of sea ice
376 (Kim et al., 2014; Stroynowski et al., 2017) and sea level rise, causing re-strengthening of the
377 BSC and both local and regional collapse of GNPIW (Fig. 5b). Coupled with high shelf-derived
378 iron from deglacial flooding of the Beringian shelf and potentially increased deglacial Yukon
379 River flow (VanLaningham et al., 2009), this rapid restoration of regional upwelling nutrients
380 explains the observed productivity peaks during deglaciations (Kim et al., 2014) from at least
381 MIS 20-21 onwards. Modelling has shown that late in the last deglacial, wind strength across
382 the Bering Sea and subarctic remained greatly increased due to the remanence of large North
383 America ice sheets (Gray et al., 2018). This would have aided eddy formation in the Bering

384 Sea and upwelling of NPDW across the subarctic region through promoting vertical mixing.
385 Once ice sheets had declined and sea ice diminished, seasonally variable upwelling and vertical
386 mixing across the subarctic Pacific would have become re-established in interglacials, similar
387 to modern conditions (Fig. 5c).

388

389 We have demonstrated for the first time that the glacial reductions in Bering Sea slope primary
390 productivity were driven at least in part by reduced upwelling of nutrients (Fig. 4b), and
391 propose that this was largely controlled by sea ice and expanded low- nutrient GNPIW (Fig.
392 3b). Whilst we do not suggest that this mechanism solely explains the observed proxy evidence
393 from across the North West Pacific Ocean during the Pleistocene, similar productivity and
394 nutrient utilisation $\delta^{15}\text{N}$ records are seen at ODP Site 882 and MD2416 (Fig. 3c, d, f) (Galbraith
395 et al., 2008; Jaccard et al., 2010), whilst an upwelling index derived for ODP Site 882, using a
396 $\Delta\delta^{15}\text{N}_{882-1012}$ record for regional nutrient utilisation and opal (%) as a productivity record
397 (Jaccard et al., 2010) (Fig. 3d, f), shows remarkably similar trends to the Bering Sea upwelling
398 index. Although the upwelling index for Site 882 only covers a short time period, the high
399 correlation between the upwelling index for Sites U1343 and 882 ($r = 0.77$, $p < 0.001$) provides
400 support for a common controlling mechanism of GNPIW between the Bering Sea and wider
401 subarctic Pacific region.

402

403 We propose that reduced upwelling of nutrients in the subarctic Pacific Ocean, as recorded at
404 ODP Site 882 and MD2416, was the cause of reduced glacial export production, forced by the
405 expansion of low nutrient GNPIW, similar to the Bering Sea slope (at U1343). The formation
406 of dense GNPIW in the Bering Sea likely propagated south through the deep western
407 Kamchatka Strait (Fig. 1), although this does not discount additional contributions of NPIW

408 from the Okhotsk Sea (Max et al., 2014). This mechanism was proposed for the last glacial
409 cycle in the subarctic Pacific Ocean, where model and proxy evidence from the Bering and
410 Okhotsk Seas indicated that enhanced GNPIW during Heinrich Stadial 1 increased
411 intermediate-to-deep ocean stratification, isolating abyssal carbon in NPDW (Gong et al.,
412 2019). Furthermore, the disappearance of GNPIW during the latter part of last deglaciation
413 allowed renewed upwelling of deeper water rich in nutrients and is considered responsible for
414 increases in surface water proxies for CO₂ (Gray et al., 2018). Our new data support GNPIW
415 production as the underlying mechanism driving the strength of nutrient upwelling both along
416 the Bering Sea slope and across the open subarctic Pacific Ocean over the past 850 kyr.

417

418 Changes in the Southern Ocean are considered to be a dominant component in driving glacial-
419 interglacial changes in *p*CO₂ (Gottschalk et al., 2016; Jaccard et al., 2013). For example, glacial
420 reduction of atmospheric *p*CO₂ has been linked to an increased rate of biological sequestration
421 in the Southern Ocean and/or reduced supply of nutrients and CO₂ upwelled from the deep
422 ocean as a result of intermediate water formation and expanded sea ice cover (Sigman et al.,
423 2010). Although net CO₂ flux in the Southern Ocean is regarded as the largest single control
424 on glacial-interglacial variability in *p*CO₂ (Sigman et al., 2010), we demonstrate here that
425 similar processes occurred in the subarctic Pacific region. With modelling studies suggesting
426 that ~30 ppm atmospheric CO₂ was released into the atmosphere due to increased overturning
427 in the subarctic region at the last deglaciation (Rae et al., 2014), we surmise that similar
428 magnitude ocean-atmospheric CO₂ fluxes may have occurred over the last 850 kyr in response
429 to changes in deep water nutrient upwelling across the Bering Sea and subarctic Pacific Ocean.
430 This aids ongoing efforts to fully explaining observed trends in atmospheric *p*CO₂ over this
431 interval (Gray et al., 2018; Rae et al., 2014).

432 **5. Conclusion**

433 Overall, we constructed a new high resolution benthic oxygen isotope stratigraphy for IODP
434 Site U1343, to aid the development of a new nutrient upwelling index which uses $\delta^{15}\text{N}_{\text{bulk}}$ and
435 opal MAR to assess glacial-interglacial variability in the supply of nutrients from NPDW
436 upwelled at the Bering shelf edge. We find a tight correlation between the upwelling index
437 results and global temperature, sea level and atmospheric $p\text{CO}_2$, as well as the upwelling index
438 calculated for the short term record at ODP Site 882 in the western subarctic Pacific Ocean.
439 We posit that increased sea ice volumes in the Bering Sea and the resultant expansion of
440 GNPIW caused suppression of both nutrient and CO_2 upwelling during periods of Bering Strait
441 closure, both in the Bering Sea and across the subarctic Pacific Ocean region.

442 Results here suggests that the regional significance of sea ice and deep water ventilation in the
443 subarctic Pacific Ocean has been generally underestimated when modelling Quaternary climate
444 change, where GNPIW growth and propagation from the Bering Sea influences both local and,
445 importantly, regional upwelling of NPDW and export production. The strong correlation
446 between high latitude upwelling and glacial cycles in atmospheric CO_2 (Fig. 4b-c), and the
447 bipolar nature of Quaternary glaciations, also supports suggestions that sea ice was a primary
448 control on the past global climate state (Sigman et al., 2010). Overall, improved understanding
449 of this mechanistic relationship between the Bering Sea and the subarctic Pacific will aid future
450 efforts to constrain the role of glacial-interglacial oceanographic variability in global climate,
451 in complement to Southern Ocean-driven dynamics.

452

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625 **Acknowledgements**

626 We would like to thank the International Ocean Drilling Program for providing samples as well
627 as the Expedition 323 staff and crew of the JOIDES Resolution, and the curators at the Kochi
628 Core Centre. This research was funded by Natural Environment Research Council (NERC)
629 Envision DTP, CASE funding from the British Geological Survey and NERC Isotope

630 Geosciences Facilities Steering Committee grant IP-1674-1116 (to S.K.). SW performed the
631 sample preparation, statistical analyses and led the writing of the manuscript. All authors
632 assisted in writing and contributed to interpretations on the manuscript. SK conceived the
633 overall project and isotope analyses were overseen by MJL and CR. We are also grateful to
634 Dyke Andreasen and Colin Carney from the Ravelo laboratory, as well as Christopher
635 Kendrick and Jack Lacey from the NERC Isotope Geosciences Facility, for support with
636 instrumentation and sample preparation. Further thanks is extended to Sunghan Kim and
637 colleagues, for providing their nitrogen and carbon data from Site U1343. Finally, we would
638 like to thank the reviewers for their helpful suggestions and comments throughout the
639 submission process. All data needed to evaluate the conclusions in the paper are present in the
640 paper and/or the Supplementary Materials. Additional data related to this paper may be
641 requested from the authors.

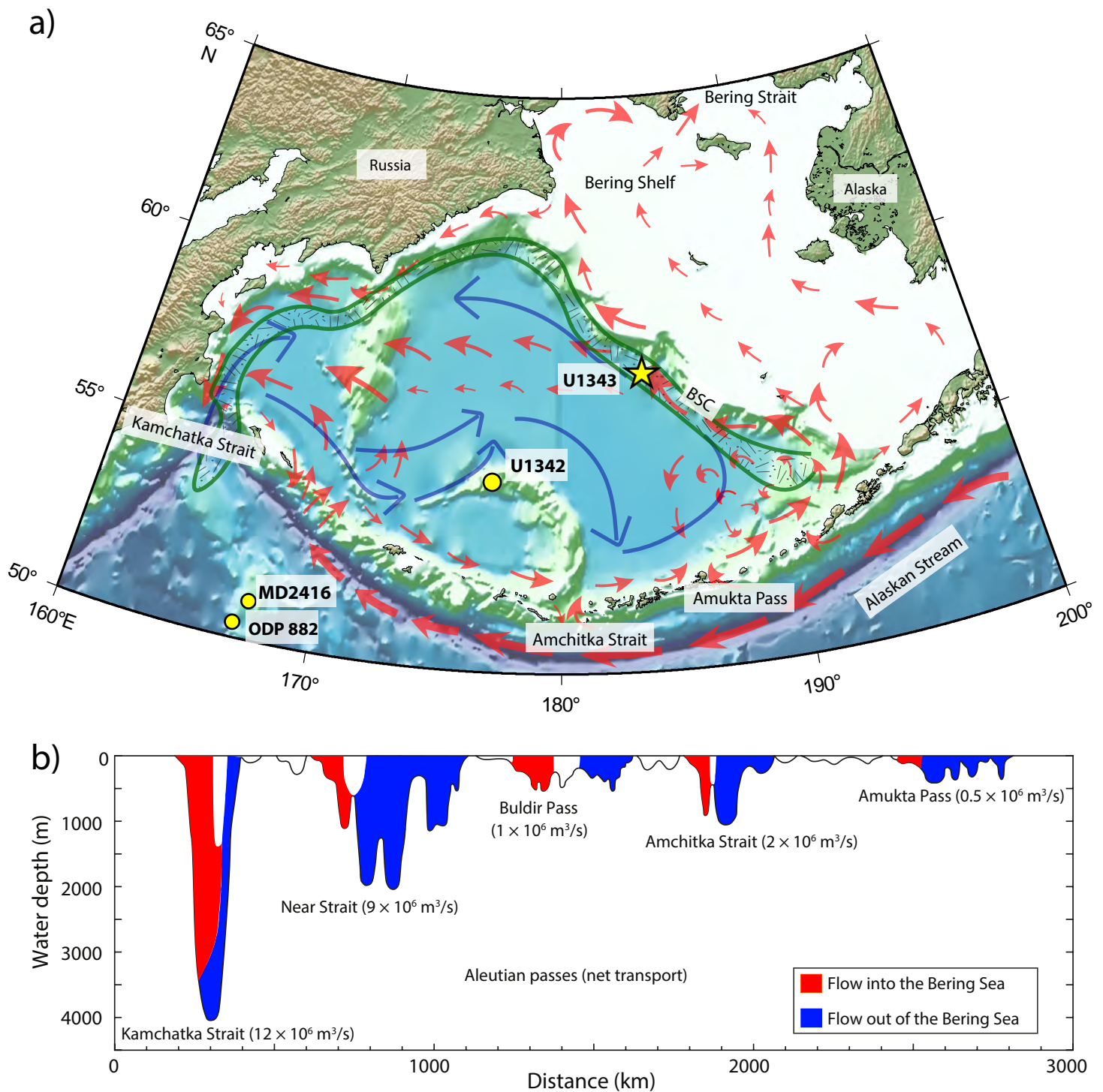


Fig. 1: Oceanographic setting of the Bering Sea and subarctic Pacific Ocean. **a)** Location of Site U1343 (57° 33' N, 175° 49' W; 1954 m; this study) on the Bering slope and Site U1342 (54° 83' N, 176° 92' E; 818 m) in the southern Bering Sea from IODP Expedition 323. The location of North West Pacific ODP Sites 882 (50.35, 167.58; 3244 m) and MD2416 (51.27° N, 167.73° E; 2317 m) are also shown, together with surface (red arrows) and deep water (blue arrows) circulation. The high productivity 'green belt' region (Springer et al., 1996), stimulated by shelf-adjacent Bering Slope Current (BSC) is also marked (green patterned band). **b)** Cross sections of the Aleutian passes and volumes of transport through which Alaskan Stream water exchanges with the Bering basin (Stabeno et al., 1999; Takahashi et al., 2011).

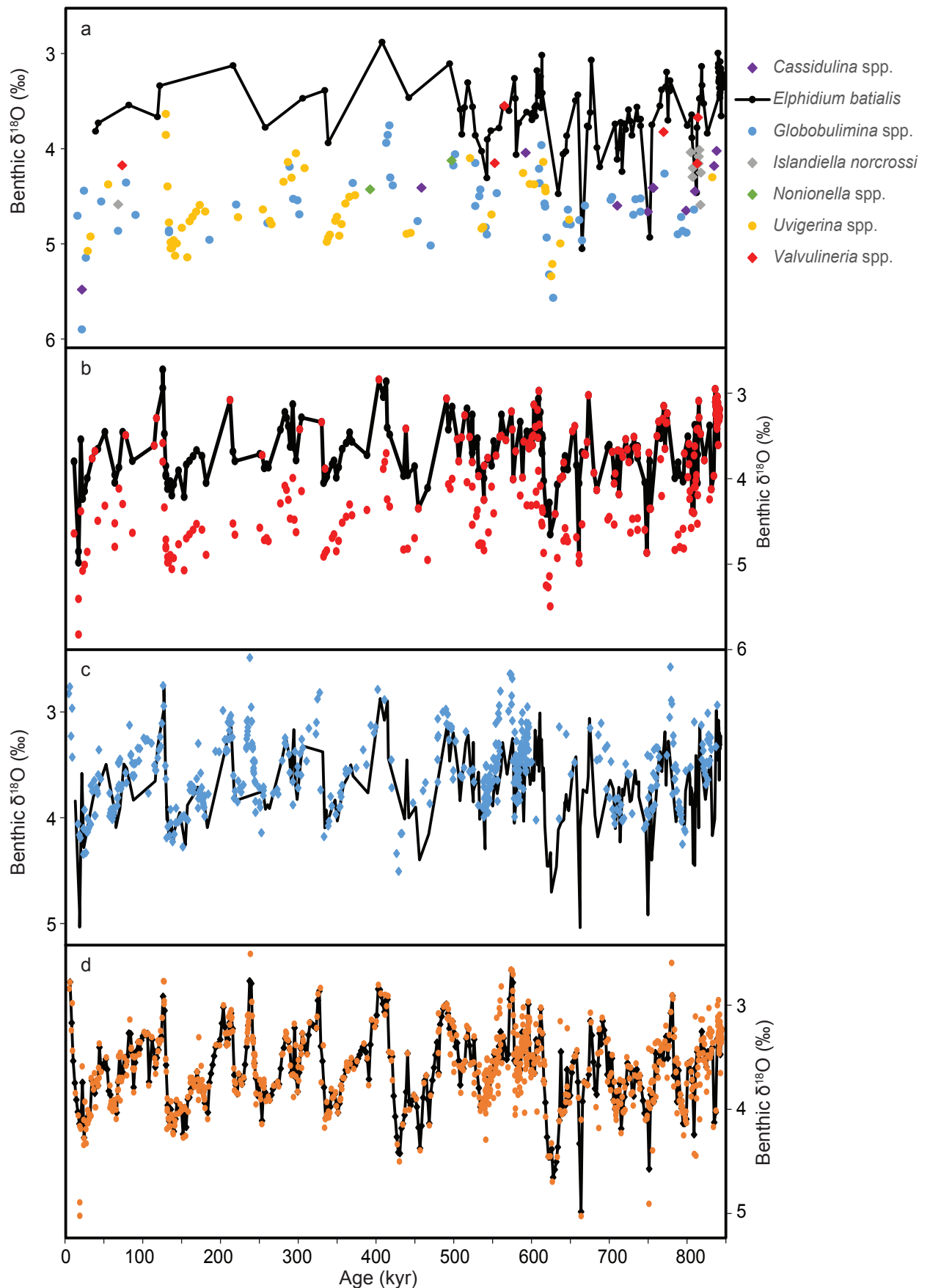


Fig. 2 : Benthic foraminiferal $\delta^{18}\text{O}$ results from U1343. a) Raw $\delta^{18}\text{O}$ values are categorised by species/genus and plotted against *E. batialis* (black) to which species-specific offsets are applied (Kender et al., 2018). **b)** Raw $\delta^{18}\text{O}$ data (red dots) are plotted against $\delta^{18}\text{O}_{\text{U1343}}$ (black line) which has been tuned to *E. batialis*. **c)** Comparison of $\delta^{18}\text{O}_{\text{U1343}}$ from this study (black line) against previous data from IODP Site U1343 (Asahi et al., 2016) (blue dots), which were combined in **d)** to create the updated age model for IODP Site U1343 (orange dots), which has been smoothed using linear interpolation to a 2 kyr resolution (black line).

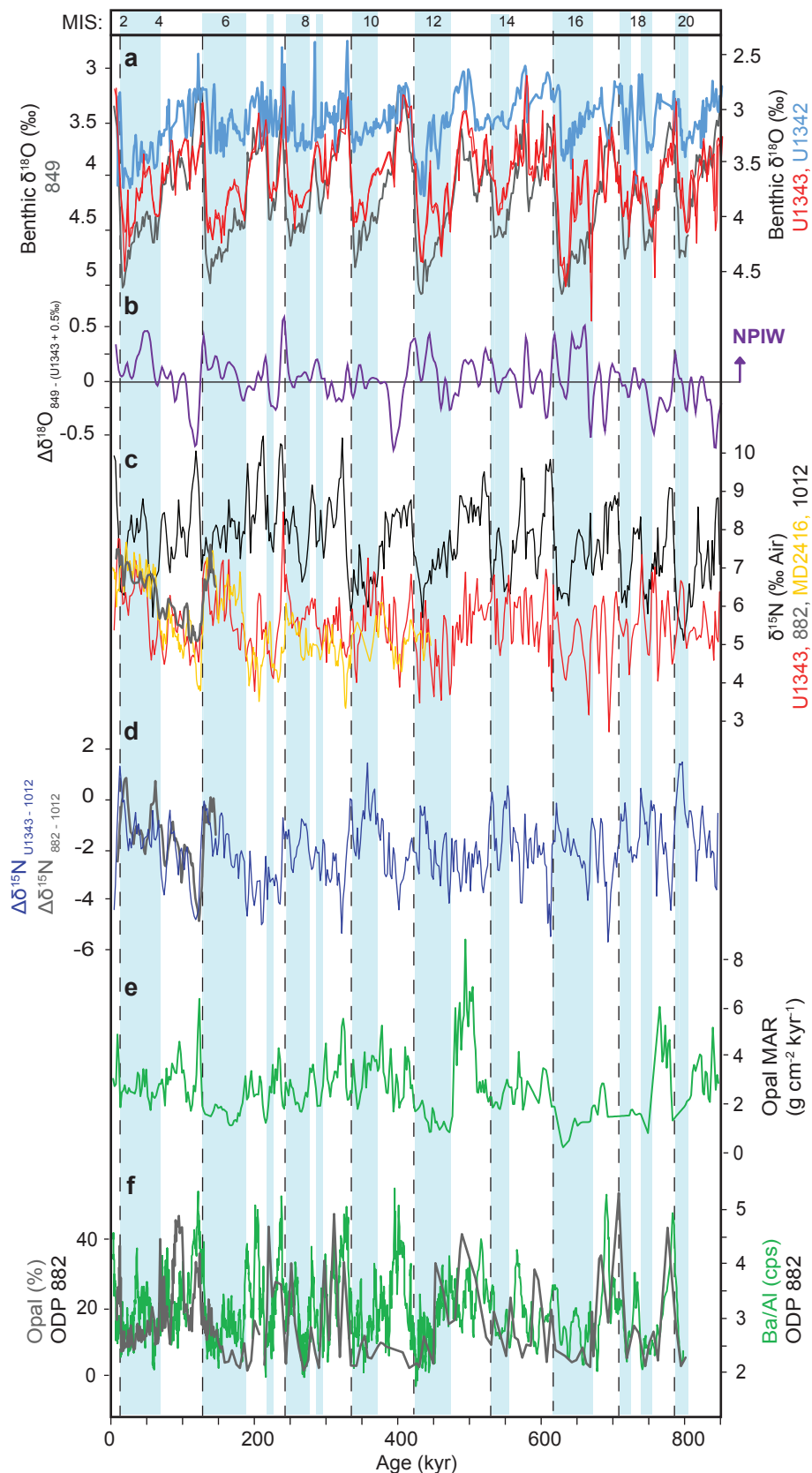


Fig. 3: Geochemical proxy results from IODP Site U1343 from MIS 2 to 20. **a)** Benthic foraminiferal $\delta^{18}\text{O}$ results from IODP Site U1343 compared to those from the shallower IODP Site U1342 and deep Pacific ODP Site 849. The data from Site U1342 has been recalculated here to match benthic foraminiferal offset for *E. batialis*, used for Site U1343 (Kender et al., 2018). **b)** The offset in $\delta^{18}\text{O}$ between IODP Site U1343 and ODP Site 849 ($\Delta\delta^{18}\text{O}_{849-U1343}$). **c)** Bulk $\delta^{15}\text{N}$ data from IODP Site U1343 compared with deep North Pacific ODP Site 1012 (a site of complete nutrient utilisation) together with bulk $\delta^{15}\text{N}$ records from ODP Site 882 and MD2416 in the subarctic North Pacific Ocean. **d)** The $\delta^{15}\text{N}$ offset between IODP Site U1343 and ODP Site 1012 ($\Delta\delta^{15}\text{N}_{U1343-1012}$) which constrains changes in source water $\delta^{15}\text{N}$ to reflect changes in Bering Sea nutrient utilisation. **e)** Opal mass accumulation rate (MAR) from IODP Site U1343 [adapted from Kim et al. (2014), see Methods]. **f)** The opal (%) and Ba/Al productivity records from ODP Site 882 (Jaccard et al., 2010). Blue bars represent periods of Bering Strait closure (>50 m sea level drop) (Elderfield et al., 2012) with vertical dashed lines indicating deglaciations.

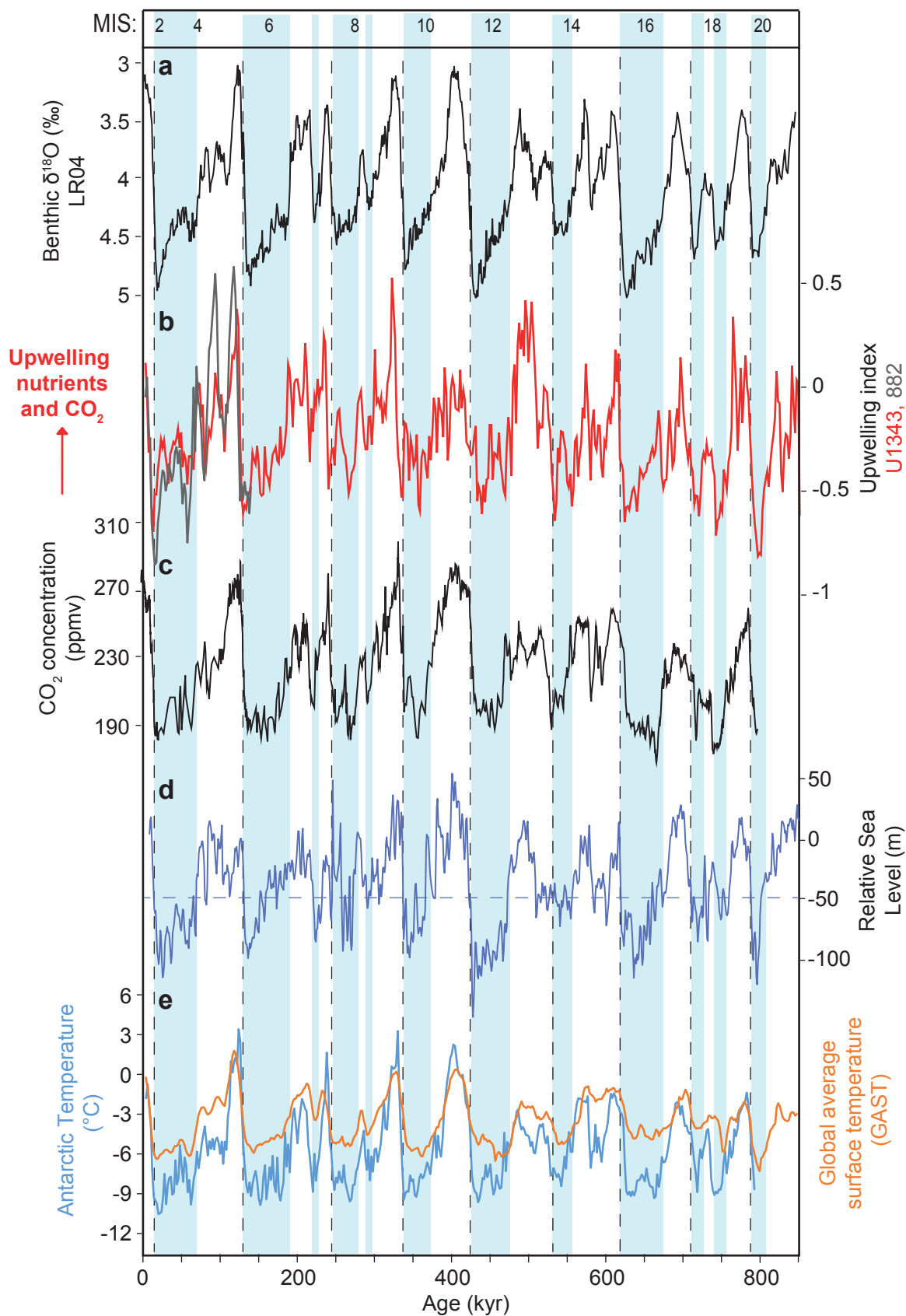
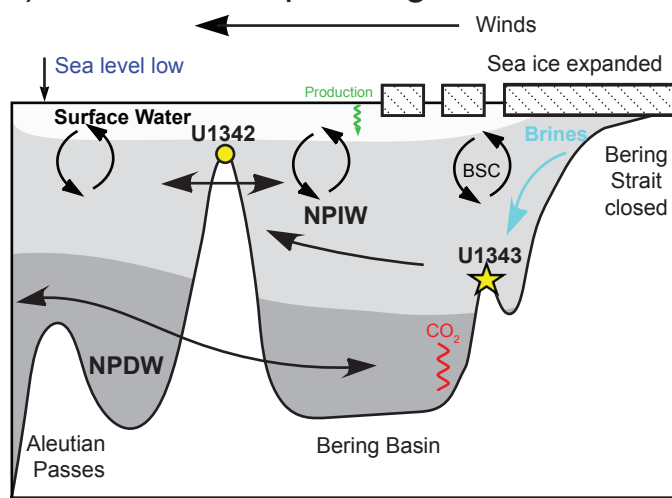
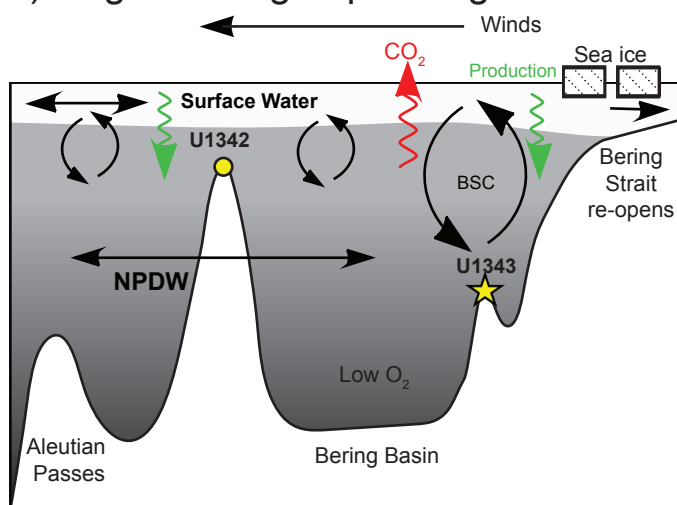


Fig. 4: Comparison of the upwelling indexes against other global and regional paleoenvironmental records. **a)** Composite LR04 benthic foraminiferal $\delta^{18}\text{O}$ stack (Lisiecki and Raymo, 2005) over the last 850 kyr. **b)** The upwelling index for Site U1343 (red) and Site 882 (grey), which show suppressed rates of upwelling during glacial periods following Bering Strait closure (blue bars). The upwelling index shows strong correlation with the composite EPICA Dome C Ice Core atmospheric CO_2 record over the last 800 kyr **(c)** (Lüthi et al., 2008), changes in relative sea level (m) **(d)** (Elderfield et al., 2012), where the blue lines at -50 m represent modern Bering Strait depth, and global temperature records (temperature deviation from present day) **(e)** (Jouzel et al., 2007; Snyder 2016). Vertical dashed lines indicate deglaciations.

a) Glacial: low upwelling index



b) Deglacial: high upwelling index



c) Interglacial: intermediate upwelling index

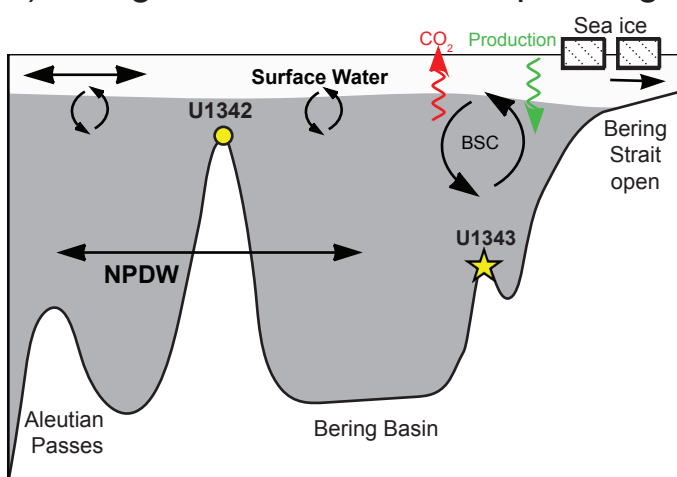


Fig. 5: Schematic models representing glacial, deglacial and interglacial regimes of biogeochemical cycling in the Bering Sea. a) A low upwelling index indicates reduced upwelling caused by an expansion of NPIW which forms in glacials following the closure of the Bering Strait, leading to an isolated pool of nutrients in the photic zone. This results in reduced primary productivity (opal MAR) but higher rates of nutrient utilisation due to the reduced supply of deep water nutrients into the photic zone. **b)** A high upwelling index indicates ample nutrient supply from resumed NPDW upwelling which occurs during deglaciation, leading to a high productivity/low nutrient utilisation state. **c)** An intermediate upwelling index results indicates upwelling typical of an interglacial, similar to the modern regime.

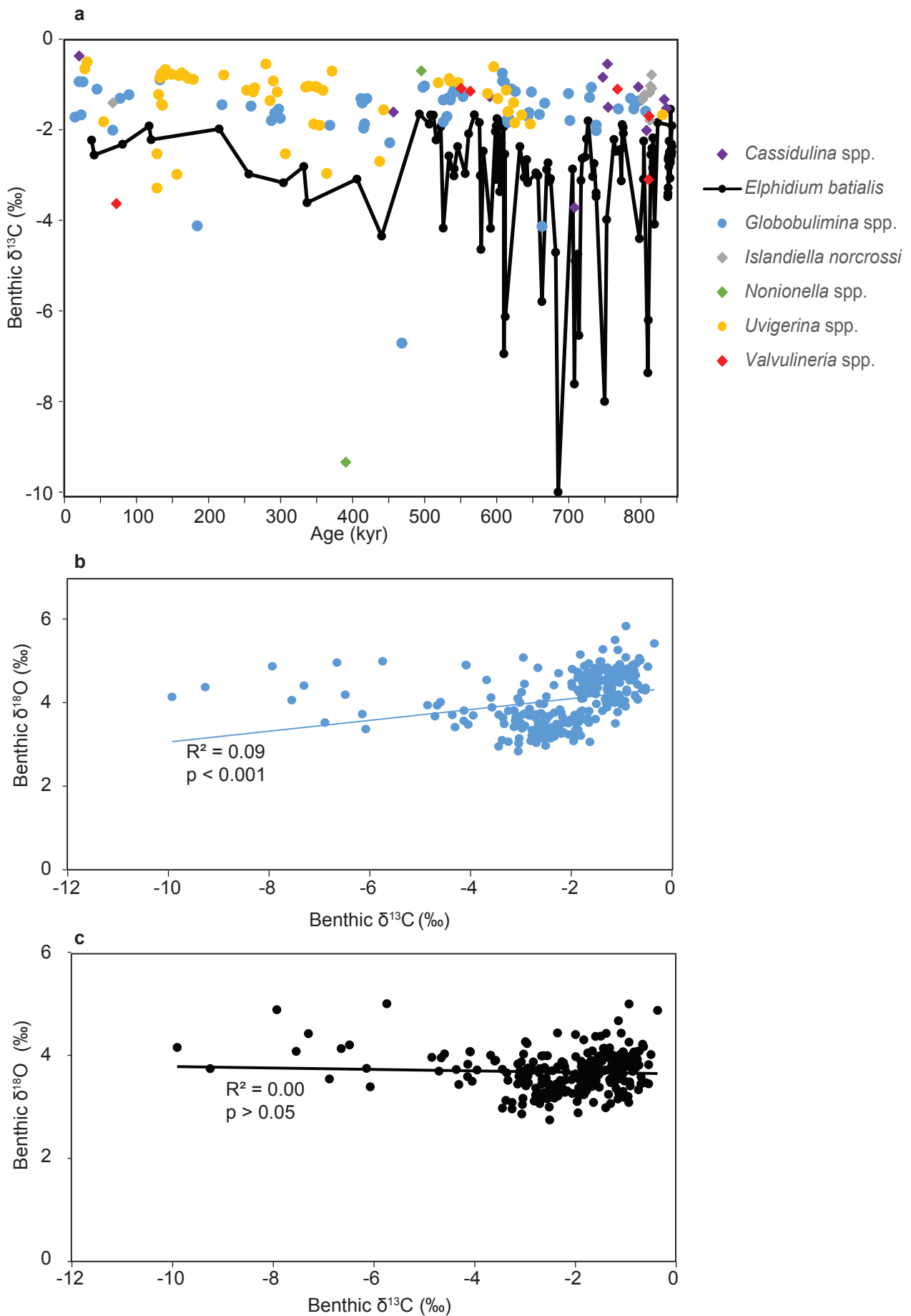


Fig. S1: Benthic foraminiferal comparison of $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$. **a)** $\delta^{13}\text{C}$ data categorised by species/genus. The poor relationship for $\delta^{13}\text{C}$ against both raw $\delta^{18}\text{O}$ (**b**) and $\delta^{18}\text{O}$ adjusted to *E. batialis* (**c**) suggests that diagenetic alteration of foraminiferal shells cannot explain the glacial-interglacial variability in the $\delta^{18}\text{O}$.

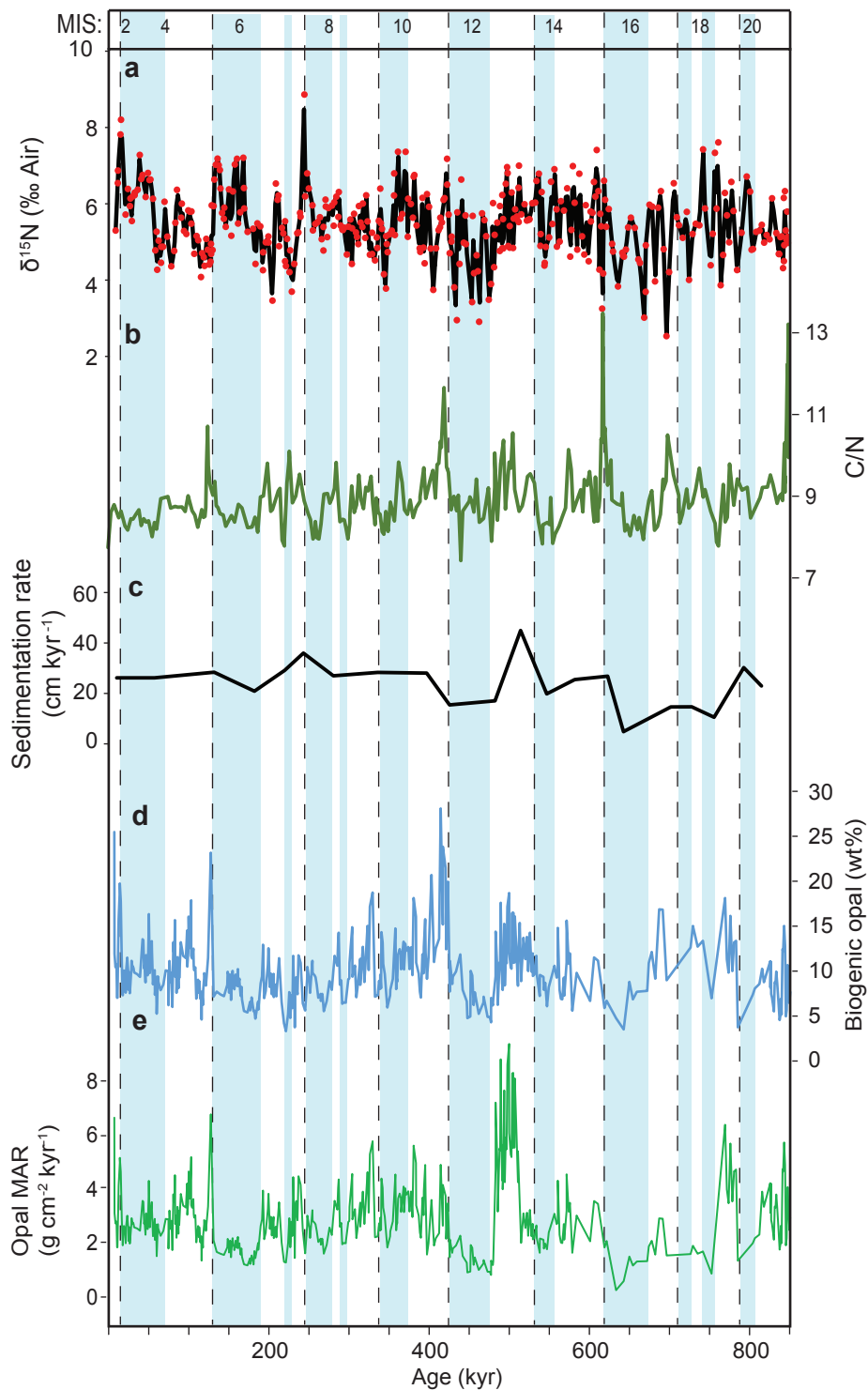


Fig. S2: Bulk $\delta^{15}\text{N}$ and Biogenic Opal data for IODP Site U1343. **a)** Bulk $\delta^{15}\text{N}$ data (red dots) from this study and previously published lower resolution data (Kim et al., 2017), smoothed using a linearly interpolation to create a 2 kyr resolution dataset (black line). **b)** C/N ratios, which are low and show a lack of covariation to $\delta^{15}\text{N}$, suggesting that terrestrial input of nitrogen was low and did not drive the $\delta^{15}\text{N}$ record. **c)** New sedimentation rates calculated for IODP Site U1343 using the updated age model presented in this study, which were then applied to **d)** the biogenic opal record (Kim et al. 2014) to calculate **e)** the opal mass accumulation rate (MAR) data.

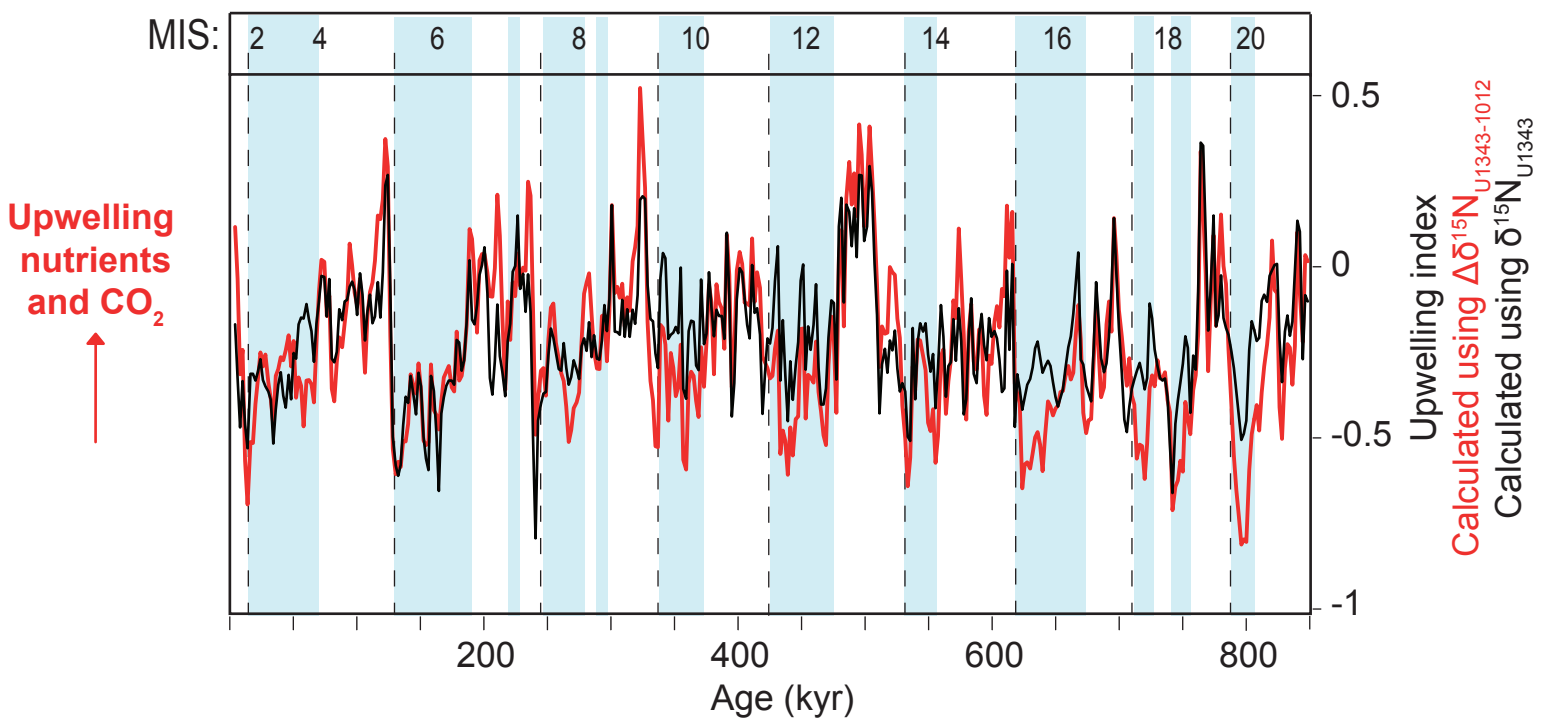


Fig. S3: Assessing the relative contribution of $\delta^{15}\text{N}_{1012}$ to $\Delta\delta^{15}\text{N}_{\text{U1343-1012}}$. Results demonstrate that there is no significant difference between the upwelling index record calculated using $\Delta\delta^{15}\text{N}_{\text{U1343-1012}}$ compared to $\delta^{15}\text{N}_{\text{U1343}}$ (where the latter does not subtract the ODP 1012 record) ($t = -1.93$, $p = 0.05$).

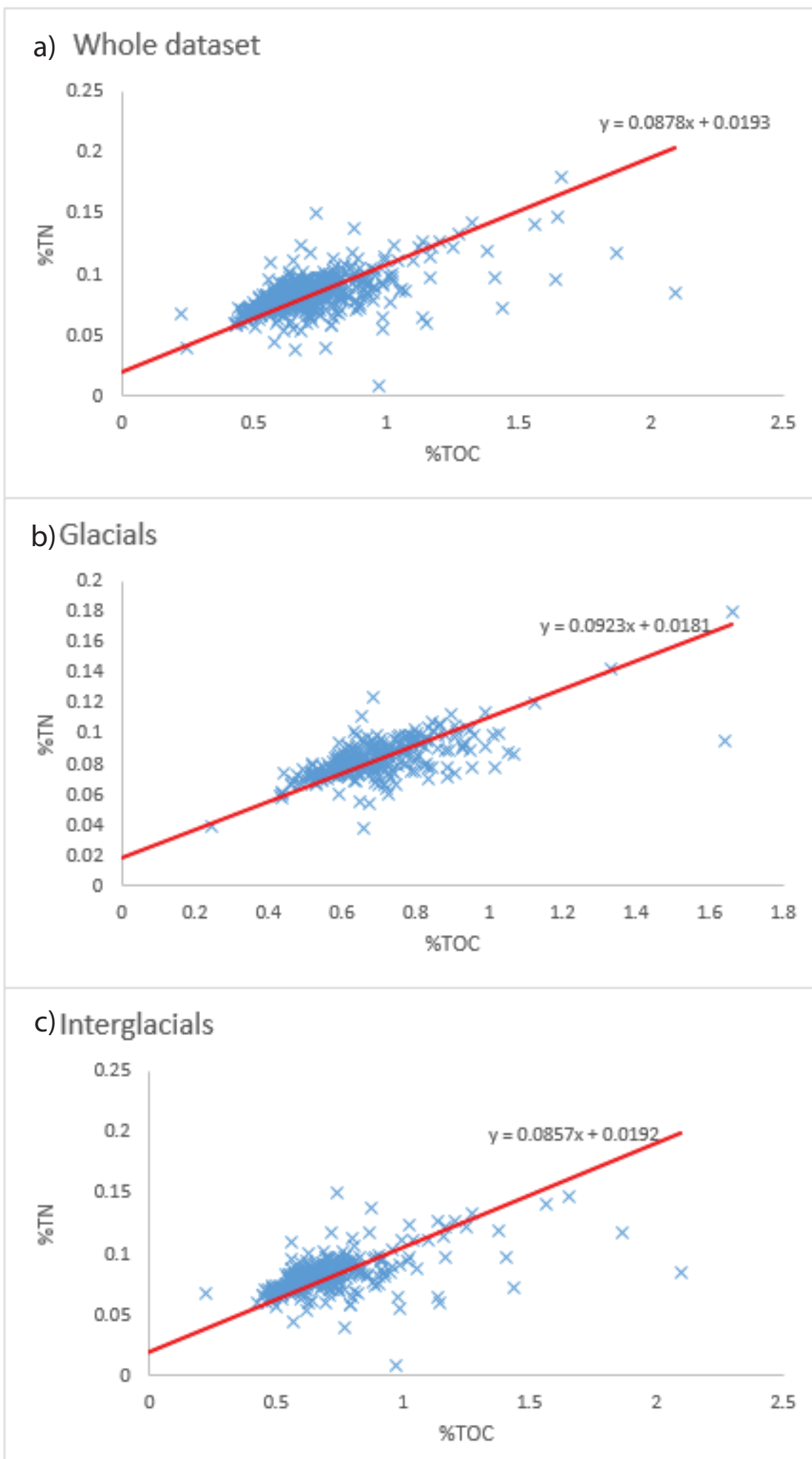


Fig. S4: %TOC vs %TN cross plots for IODP Site U1343 from this study and previously published lower resolution data (Kim et al., 2017). a) Shows the cross plot for the whole dataset, with an intercept of 0.0193, suggesting minimal influence of inorganic nitrogen. Similarity between **b)** glacial intercept of 0.0181 and **c)** interglacial intercept of 0.0192, suggests that variable contribution of terrestrial/inorganic nitrogen does not drive the bulk $\delta^{15}\text{N}$ record presented here.

Table S1: Benthic foraminiferal $\delta^{18}\text{O}$ offsets applied to species/genus, from *Elphidium batialis* (Kender et al., 2018). The total number of samples for each group is also noted.

Species	Offset from <i>Elphidium batialis</i> (‰)	Number of samples
<i>Elphidium batialis</i>	0	117
<i>Valvulineria</i> spp.	+ 0.25	6
<i>Islandiella norcrossi</i>	+ 0.48	9
<i>Cassidulina</i> spp.	+ 0.56	11
<i>Nonionella</i> spp.	+ 0.65	2
<i>Globobulimina</i> spp.	+ 0.85	61
<i>Uvigerina</i> spp.	+ 0.87	56

Table S2: New age-depth tie points for Site U1343, building upon work of Asahi et al. (2016). Age model constructed by tuning to LR04 global benthic stack (Lisiecki and Raymo, 2005) (see Methods).

Depth (CCSF – A) (m)	Age (kyr)
0.96	10.15
14.23	57.38
36.72	131.41
48.03	181.46
59.73	219.06
68.72	242.57
79.52	279.96
96.24	335.14
114.56	396.17
119.35	424.39
129.90	480.93
145.02	512.78
152.01	545.32
161.63	580.48
173.39	621.39
174.57	641.03
184.09	700.03
188.27	725.84
191.58	753.63
203.57	790.75
209.04	812.86