

# On the link between weather regimes and energy shortfall during winter for 28 European countries

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## 32 Abstract:

33

34 Increasing the proportion of energy generation from renewables is one of the necessary steps  
35 towards reducing greenhouse gas emissions. However, renewable energy sources such as wind  
36 and solar are highly weather sensitive, leading to a challenge when balancing energy demand and  
37 renewable energy production, and therefore in managing energy shortfall. Identifying periods of  
38 high shortfall, here defined as when demand significantly exceeds production by renewables, and  
39 how these periods are affected by weather, is therefore critical. We use a previously constructed  
40 energy dataset derived from reanalysis data for a fixed energy system to analyse the link between  
41 weather regimes and periods of high shortfall during the boreal winter for 28 European countries.  
42 Building on previous work we provide a perspective spanning from the subcontinental scale to  
43 individual countries. For each country we identify days with critical energy conditions, focusing on  
44 those with high energy demand, low production from wind and solar, and high energy shortfall.  
45 We highlight how differences in renewable capacity and in climate influence the sensitivity of  
46 shortfall to demand and renewable generation. Of the six North Atlantic weather regimes  
47 considered here, only a subset are found to favour the occurrence of high shortfall days. In  
48 particular, blocking-type weather regimes affect large parts of Europe, suggesting that shortfall  
49 days can occur across multiple countries simultaneously. Furthermore, if a subset of countries  
50 experience shortfall days, neighbouring countries have a higher likelihood of also experiencing  
51 shortfall days. Motivated by this result, we examine the hypothetical impact the coldest European  
52 winter of the 20<sup>th</sup> century, 1962/63, would have had on the present-day energy system. It is found  
53 that the persistent blocking conditions associated with that winter, if they occurred today, would  
54 lead to higher demand and shortfall across large parts of Europe during most of the winter, and  
55 be exceptional in this respect compared to other winters.

58 A transition towards renewable energies is one of the main objectives of the European Green Deal  
59 to limit global warming (European Commission, 2019). While weather conditions so far  
60 predominantly affected the energy network through influencing energy demand, renewable  
61 energy sources such as wind and solar generation are intrinsically dependent on weather (van der  
62 Wiel et al., 2019a; Bloomfield et al., 2016). Thus, with the increase in the proportion of renewable  
63 generation, the energy network is becoming more weather-dependent, implying the challenging  
64 task of balancing variable energy sources with variable energy demand.

65 The current energy network in Europe is robust, making blackouts very unlikely. This is partly  
66 thanks to the European energy system being highly interconnected between individual, national  
67 entities. The European Network of Transmission System Operators for Electricity (ENTSO-E) has 40  
68 member companies from 36 different countries (Member companies, n.d.). The member  
69 companies are Transmission System Operators (TSO) which are responsible for most of the  
70 transmission of electricity on national high voltage networks. They are targeted to guarantee the  
71 safe operation of the system and in many countries (including France, Germany, United Kingdom)  
72 they are also in charge of the development of the grid infrastructure.

73 However, even with such a robust network, there are consequences to periods of high demand  
74 and low renewable generation. If the supply of energy is limited, other energy sources are  
75 required which can be more expensive and/or more polluting (e.g. liquefied natural gas, energy  
76 imports, gas-fired power stations), leading to more volatile prices (Lawson & Voce, 2023; Beating  
77 the European Energy Crisis, 2022). These situations can be further amplified by political tension  
78 such as with the onset of the Ukraine war, which rekindled the fear of blackouts (Kingsley, 2022).

79 Recent studies have addressed the particular challenge of periods with high demand and low  
80 renewable generation, variously referred to as energy shortfall (van der Wiel et al., 2019a), energy  
81 compound events (Otero et al., 2022), peak demand-net-renewables (Bloomfield et al., 2020a),  
82 residual load (van der Wiel et al., 2019b), energy drought (Raynaud et al., 2018), and  
83 Dunkelflauten (Mockert et al., 2022). Understanding these periods of high demand and low  
84 renewable generation, hereafter called energy shortfall, is critical to the energy transition as any  
85 gap in energy generation will need to be covered by either using more polluting energy sources,  
86 importing energy from neighbouring countries, or using energy storage. These alternatives can  
87 harm the transition by either emitting pollution or affecting energy prices for consumers.

88 Among recent studies, some have investigated the influence of weather regimes on renewable  
89 generation (Grams et al., 2017; Thornton et al., 2017) including energy shortfall events (Mockert  
90 et al., 2022; van der Wiel et al., 2019b). European weather regimes are large-scale atmospheric  
91 patterns defined over the North Atlantic, representing most of the low-frequency variability  
92 (Michelangeli et al. 1995; Straus et al., 2007), meaning that beyond the day-to-day weather  
93 timescale (Hannachi et al., 2017). Weather regimes modulate surface weather (Cassou et al., 2004;  
94 Ferranti et al., 2018) and are associated with high-impact weather such as heatwaves and cold  
95 spells (Cassou et al., 2005; Matsueda, 2011). Weather regimes are used in the energy sector to  
96 characterise the potential for different energy scenarios (Grams et al., 2017) and also to provide  
97 forecasts at longer time ranges (Bloomfield et al., 2021). Their influence on energy-related  
98 variables (e.g. temperature, wind, solar radiation) motivates studies on the use of weather  
99 regimes to inform deployment of wind farms (Grams et al., 2017), to understand the sensitivity of

100 a renewable energy generation system (van der Wiel et al., 2019b), or to forecast renewable  
101 generation (Bloomfield et al., 2021)

102 In the context of anthropogenic climate change, projected changes of atmospheric  
103 circulation and weather regimes, be it in frequency, persistence or pattern, are more  
104 uncertain than temperature projections (Shepherd, 2014). However, the evolution of  
105 weather regimes will affect their influence on surface parameters and extremes  
106 (Herrera-Lormendez et al., 2023). Therefore, having a good understanding of the  
107 current impact of such regimes on the energy system is crucial for assessing future  
108 impacts.

109 The aim of the present study is to understand the relationship between weather  
110 regimes and shortfall across 28 different European countries and regions. Ideally, this  
111 might be done with an ensemble of possible winters (produced by a climate model) for a  
112 given year, with the energy system at that time. However, that would depend on the  
113 fidelity of the climate model. An alternative is to use the observed record, as  
114 represented in reanalysis, as an indication of what is possible, applied to a fixed energy  
115 system. Such a counterfactual calculation is available in the energy dataset of Bloomfield  
116 et al. (2020b), for 2017 energy-system conditions. Although the European energy system  
117 has evolved since 2017, this dataset allows for the investigation of the impact of  
118 weather variability on energy shortfall for a contemporary European energy system,  
119 without the confounding effect of changes in the energy system. It is thus suitable for  
120 our purpose here.

121 As previous studies have looked at Europe as a whole (van der Wiel et al., 2019) or at  
122 individual countries (Bloomfield et al., 2018), we aim here to look at the entirety of the  
123 28 European countries available in this dataset from a subcontinental perspective and  
124 highlight both their commonalities and their differences. For instance, the  
125 characteristics of extreme energy days and longer periods of extreme energy conditions  
126 are investigated. Additionally, we quantify the relative influence of weather regimes for  
127 energy shortfall on individual countries, and examine periods of simultaneous high  
128 shortfall across multiple countries. Finally, the energy effects of an extremely cold and  
129 persistent winter are assessed through a case study of the coldest winter in Europe of  
130 the 20th century (the winter of 1962/63) if it occurred under current (c. 2017)  
131 conditions, presenting a potential worst-case scenario.

132

## 2. Data and Methods

134 The ERA5 reanalysis dataset (Hersbach et al., 2020) from the European Centre for Medium-Range  
135 Weather Forecasts (ECMWF) is used to characterise the meteorological conditions. From ERA5,  
136 the daily mean 2-metre temperature (2mT), geopotential at 500 hPa (Z500), zonal (u10m) and  
137 meridional wind components (v10m) at 10-metres, and incoming solar radiation (ISR; top-of-  
138 atmosphere net short-wave radiation flux) are used. The dataset covers the period 1979–2022 for  
139 the extended winter season (October to April included) from 20N to 80N and 90W to 60E at 1  
140 degree horizontal resolution. From the wind components the horizontal wind at 10-metres  
141 (W10m) is computed:

$$142 \quad W10m = \sqrt{u10m^2 + v10m^2}$$

143 From the daily mean values of all variables, daily anomalies are computed by subtracting the  
144 climatological values. The latter is estimated by sampling over a running window of 5 days,  
145 meaning that the climatology for a given day  $d$  in the year includes all days from  $d-2$  to  $d+2$  of the  
146 years from 1979 to 2022.

147 Similarly to the ERA5 data, the extended winter months (October to April included) are included  
148 for the energy dataset from Bloomfield et al. (2020b). This dataset contains energy demand (in  
149 megawatts, MW), as well as the capacity factor (CF) of both wind and solar data, which have been  
150 derived from ERA5 at hourly resolution. This dataset has the benefit of covering a long period from  
151 1979 to 2019 for 28 different European countries (see Figure 4). For the calculation of energy  
152 variables, human factors such as energy infrastructure and the socio-economic conditions (e.g.  
153 demography, behaviour) are set to 2017 conditions across the entire period. This allows us to  
154 interpret the variability in energy supply and demand as only weather-driven. In particular it  
155 allows us to sample the influence of weather and weather regimes on the current (c. 2017)  
156 infrastructure across a long period, to provide a larger sample size of weather variability.

157 The energy demand in Bloomfield et al. (2020b) is modelled using the population-weighted 2mT,  
158 thereby identifying periods where the population is likely to use heating (Heating Degree Days:  
159 HDD) or air conditioning (Cooling Degree Days: CDD). To identify the sensitivity of each country's  
160 energy demand to HDD and CDD, a multiple linear regression model using HDD and CDD is trained  
161 on observed national aggregated daily total demand (ENTSO, 2019) for the years 2016 and 2017  
162 and evaluated on 2018 data. Two energy demand datasets are available, one including a weekly  
163 cycle which takes into account that demand is higher during weekdays than weekend days, and  
164 another where each day is considered a Monday. In this study only the dataset setting each day as  
165 a Monday is used. Although this renders the analysis less realistic, it allows for variations in energy  
166 to be driven by variations in meteorological conditions only, without the confounding influence of  
167 variations in socio-economic conditions and/or network constraints. Thus, as with the year-to-year  
168 variations, it increases the sample size of weather variability available for this study.

169 The wind CF in Bloomfield et al. (2020b) is estimated using horizontal wind at 100 m, as the wind  
170 turbines' hub height is assumed to be at 100 m. Additionally, the location of wind farms has been  
171 extracted from thewindpower.net by Bloomfield et al. (2020a) and is taken from the year 2017.  
172 Solar CF is estimated using incoming solar radiation and 2mT as temperature influences the  
173 efficiency of photovoltaic cells (e.g. reduced efficiency above 25°C). However the distribution of  
174 solar photovoltaic capacity is assumed to be uniform as reliable information is not available as it is  
175 for wind farms. A more comprehensive explanation of the model used to derive the energy data  
176 from the ERA5 data is provided in the supplementary material of Bloomfield et al. (2020a).

177 For better comparison with the daily meteorological data, the energy data is changed to daily  
178 values. For energy demand, the hourly demand is summed over the 24h of each day. The CF  
179 represents the ratio of generated wind or solar energy to the installed capacity. Therefore, to get  
180 the daily renewable generation data, the CF is averaged for each day and multiplied by the  
181 installed capacity of the respective energy source times the 24 hours in a day. The installed  
182 capacity is taken from the ENTSO-E transparency platform for the year 2022. The year 2022 is  
183 chosen as installed capacities for wind and solar are reported for all countries from this year  
184 onwards. Shortfall is computed by removing the daily wind and solar generation (both in MW)  
185 from the daily demand, and also given in MW.

186

## 187 a. Energy days definition

188

189 Shortfall is defined as the difference between energy demand and renewable energy generation,  
190 also known as residual load (van der Wiel et al., 2019). It is important to note that while shortfall is  
191 generally positive, meaning demand is higher than renewable generation, it can also be negative if  
192 renewable generation can cover energy demand and more. This can happen for countries with  
193 very high renewable capacity such as Denmark and Germany.

194 We here focus on days with extreme energy conditions, which are called energy days. These are  
195 defined as days when a particular energy index goes above or below a percentile threshold, where  
196 the percentile is sampled from the distribution over the studied period. We consider four different  
197 cases of energy days: 1) demand days, when energy demand is above the 90<sup>th</sup> percentile; 2) wind  
198 drought days, when wind CF is below the 10<sup>th</sup> percentile; 3) solar drought days, when solar CF is  
199 below the 10<sup>th</sup> percentile; and 4) shortfall days, when energy shortfall is above the 90<sup>th</sup>  
200 percentile. The corresponding extreme energy events are treated as a series of consecutive energy  
201 days. We choose these percentiles in order to have sufficiently large sample sizes to enable a  
202 robust statistical analysis, checking the sensitivity to percentile choice in a few cases.

203 To discuss the effects of persistence, brief energy events are defined as those lasting four days or  
204 less, while long energy events are defined as those lasting five days or more. As a check of  
205 robustness, the analysis was also performed defining brief energy events as lasting three days or  
206 less and long events as lasting five days or more, disregarding four-day events (so as to create a  
207 clear distinction between brief and long events). The results are very similar, therefore four-day  
208 events are included in the brief events, which allows not to lose any data.

209 To highlight the effect of very persistent weather regimes, we analyse the extremely cold winter of  
210 1962-1963 (Sippel et al., 2024). As the energy dataset used here does not cover this winter, we use  
211 another available dataset covering the period from 1950 to 2020 (Bloomfield & Brayshaw, 2021).  
212 This latter dataset uses a similar methodology to the one used here except for the demographic  
213 conditions. However, the location of wind farms is taken from 2020 rather than 2017, and the  
214 installed solar capacity is not spread homogeneously as in Bloomfield et al. (2020b), but based on  
215 actual solar farm locations extracted from Dunnet et al. (2020) and Stowell et al. (2020).  
216 Moreover, the wind and solar CF are provided for only 12 countries compared to the 28, and  
217 demand is not provided. However, the population weighted temperature for each country is  
218 available. Using the model parameters from the previous dataset and the demand model  
219 instruction provided in the supplementary documents of Bloomfield et al. (2020a), the demand  
220 data is computed. For consistency, the energy days are computed using the percentile values from

221 this dataset covering the period 1950-2020. These percentile values are very similar, within 1%,  
222 compared to the shorter dataset from Bloomfield et al. (2020b). Further investigation also showed  
223 that the results obtained in section 3a are essentially the same with only minor differences in  
224 amplitude.

225

## 226 **b. Weather regime computation**

227

228 We compute weather regimes using the k-means clustering algorithm on Z500 anomaly data  
229 (Michelangeli et al., 1995; Hannachi et al., 2017; Falkena et al., 2020). Following the  
230 recommendations of Falkena et al. (2020), the clustering is performed on the full anomaly field  
231 instead of performing a dimensionality reduction first. The k-means algorithm requires to set the  
232 number k of clusters, and iteratively identifies the optimal partition of the data. The most used  
233 weather regime classification uses four regimes (Michelangeli et al., 1995; Ferranti et al, 2014) but  
234 in recent years, new classifications have been proposed using seven (Grams et al., 2017) or six  
235 regimes (Falkena et al., 2020). Here different regime numbers ( $k = 4, 6, 7$ ) are computed but we  
236 restrict ourselves to showing results for  $k=6$ . The results presented are qualitatively similar for  
237 each classification, and notable differences will be highlighted throughout the paper.

238 The clustering algorithm assigns each day to one of the six regimes, even if the daily atmospheric  
239 circulation is quite dissimilar to the corresponding (i.e. the nearest) regime. To account for this, a  
240 regime attribution is done as a second step. For each regime a time-series is created by projecting  
241 the daily Z500 anomaly field onto the regime centroid, following Michel & Rivière (2011). This  
242 time-series is then normalised and for each day the highest regime index is selected. Where this  
243 index exceeds one standard deviation, the day is attributed to the corresponding regime.  
244 Otherwise, the day is attributed to a “neutral regime”, indicating that the atmospheric circulation  
245 of that day is too dissimilar to any of the regimes in question.

246

## 247 **3. Results**

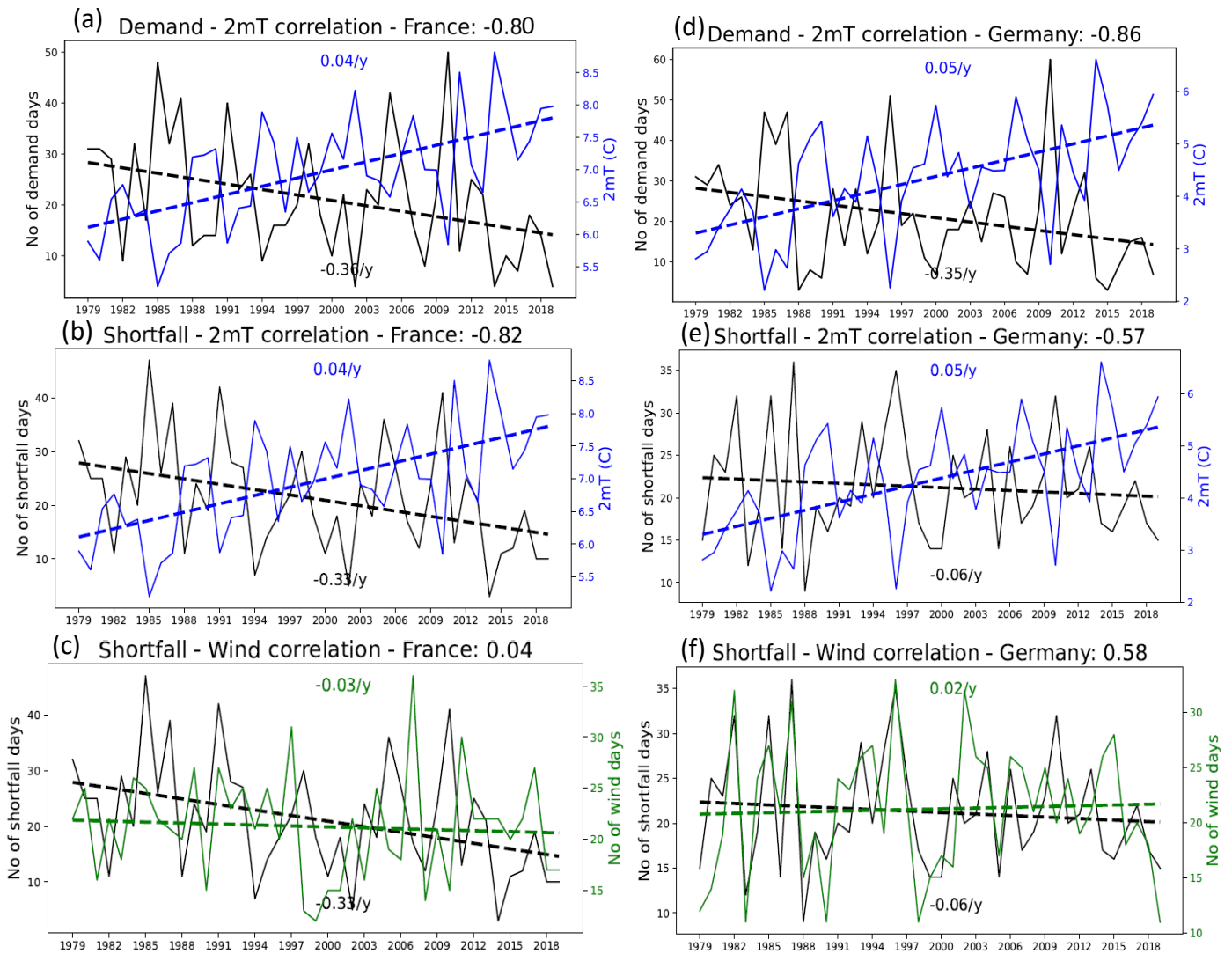
248

### 249 **a. Characteristics of energy days**

250 In this section, the characteristics of energy days including their inter-relationships, and how these  
251 vary from country to country, is discussed. This is done by a thorough analysis of all 28 countries  
252 included in the dataset (see Supporting Information), and all general statements made here are  
253 based on the full analysis. However, only a subset of countries is shown in the body of the paper,  
254 for illustrative purposes, in order to limit the number of figures. France and Germany are shown in  
255 most figures as they offer a study in contrasts; although they are neighbours with similar  
256 demography, France has very little installed wind capacity whilst Germany has a high wind  
257 capacity. The importance of this difference will be apparent in the results. If further differences  
258 are observed in other countries they are described and, in some cases, shown.

259 We first compute time-series of annual frequencies (see Figure 1 for the example of France and  
260 Germany). While there is no significant trend in the frequency of both solar and wind drought days  
261 across all countries, demand days see a statistically significant decrease in frequency for all  
262 countries at the 95% confidence level using a bootstrap resampling method. This decrease in  
263 frequency of demand days is anti-correlated with the increase in winter temperatures (October to  
264 April included) for each country (e.g. -0.80 and -0.86 Pearson correlation for France and Germany  
265 respectively, see Figures S5 to S7 for other countries), suggesting it as being related to climate  
266 change.





267

268 *Figure 1: Yearly frequency of demand and shortfall days during the period 1979 – 2019 for France (a, b and*  
 269 *c) and Germany (d, e and f). Panels a, b, d and e include winter mean 2mT while panels c and f show the*  
 270 *yearly wind days frequency. The dashed line shows the associated linear trend. The value shows the slope of*  
 271 *the linear trend in days per year, while the correlation between both variables in each panel is included in*  
 272 *the title. Trends are statistically significant ( $p < 0.05$ ) for demand for both countries, but for shortfall only for*  
 273 *France.*

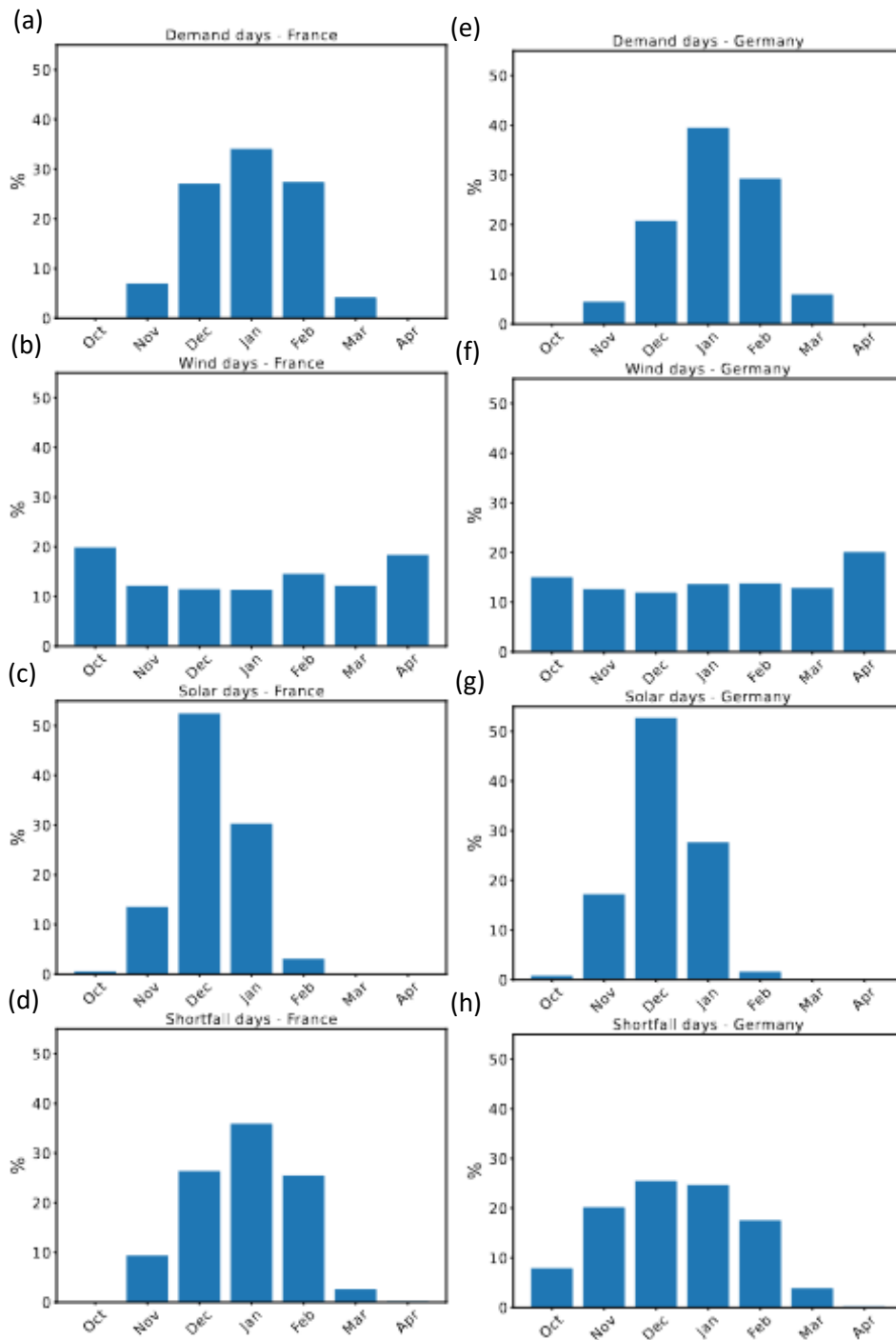
274 It is important to highlight that the trends shown here arise from meteorological factors alone, as  
 275 the energy dataset used is idealised and does not account for societal changes or changes in  
 276 energy infrastructure. As such, the trends show the sensitivity of the current energy system to  
 277 changes in climate, and are counter-factual in nature. The actual trends would be affected by  
 278 socio-economic factors, not just by changes in the energy system. As an example, the population  
 279 of France rose from 55 million in 1982 to 67 million in 2020 (INSEE, 2021).

280 Shortfall days also see a decrease in frequency for all countries, however the magnitude of the  
 281 decrease compared to that of demand days varies across countries. In the case of France and  
 282 Germany, they have a similar trend of decreasing frequency of demand days. However, the  
 283 decrease in shortfall days is much higher in France (-0.33 days/year) than in Germany (-0.06  
 284 day/year, Figure 1), and is only statistically significant for France, not Germany. Overall, while the  
 285 decrease in demand days is statistically significant for all countries, the decrease in shortfall days is  
 286 only statistically significant for one-half of them. We can understand this result by looking at the  
 287 difference between France and Germany. In Figure 1b and e, the correlation between shortfall  
 288 days and respective winter national 2mT is much higher for France than for Germany. However, in

289 Figure 1c and f, the correlation between shortfall and wind days is significantly higher for Germany  
290 than for France. This suggests that the difference in the shortfall trends between the two countries  
291 is related to the difference in sensitivity of shortfall to demand and wind generation. This  
292 reasoning can be applied to all 28 countries, and highlights distinct groups of countries. Those  
293 countries with higher wind capacity (e.g. Germany, Denmark; see Figure S1) and/or located in  
294 regions with warmer climates (e.g. around the Mediterranean basin) see similar results as in  
295 Germany, with only a small decrease in shortfall days frequency. On the other hand, those  
296 countries with lower installed wind capacity (e.g. France, Switzerland; see Figure S4) and/or  
297 located in colder climatic regions (e.g. Norway, Finland; see Figure S2 and S3) experience a  
298 stronger decrease in shortfall days frequency. In the first group of countries, shortfall is less  
299 sensitive to temperature and therefore to demand, and more sensitive to wind conditions, whilst  
300 the opposite is the case in the second group.

301 This difference between the two groups of countries is also evident when looking at the monthly  
302 distribution of energy days (shown in Figure 2 for the case of France and Germany). The energy  
303 demand days are generally more frequent during the coldest months of the winter (December,  
304 January, February; DJF) and less during the transition months (October, November, March, April),  
305 as expected. Similarly, most solar drought days occur in DJF as daylight is reduced. For wind  
306 drought days the monthly distinction is less clear but generally DJF is associated with windier  
307 conditions (Laurila et al., 2021; Molina et al., 2021) and less frequent low wind conditions across  
308 Europe (Gutiérrez et al., 2024). Therefore, most wind drought days occur during the transition  
309 months.

310 While these characteristics are common across all countries, for shortfall days the two groups of  
311 countries exhibit differences. In particular, countries with high installed wind capacity such as  
312 Germany (Figure 2h) have a broader distribution of shortfall days across the months compared to  
313 countries with lower installed wind capacity such as France (Figure 2d), where shortfall is more  
314 closely linked to temperature.



315

316 *Figure 2: Frequency of energy days during each winter month for France (a - d) and Germany (e - h).*

317 To further understand the differences between European countries, the percentage of shortfall  
 318 days coinciding with demand, wind drought and solar drought days is displayed in Figure 3 (see  
 319 Figure S8 and S9 for other countries). This illustrates that for countries with lower installed wind  
 320 capacity (e.g. France) and countries in cold climates (e.g. Finland), the shortfall days coincide  
 321 largely with demand days (Figure 3a and b). On the other hand, countries with high installed wind  
 322 capacity (e.g. Germany) and countries in warmer climates (e.g. Italy) have shortfall days that  
 323 overlap mostly with wind drought days (Figure 3c and d).

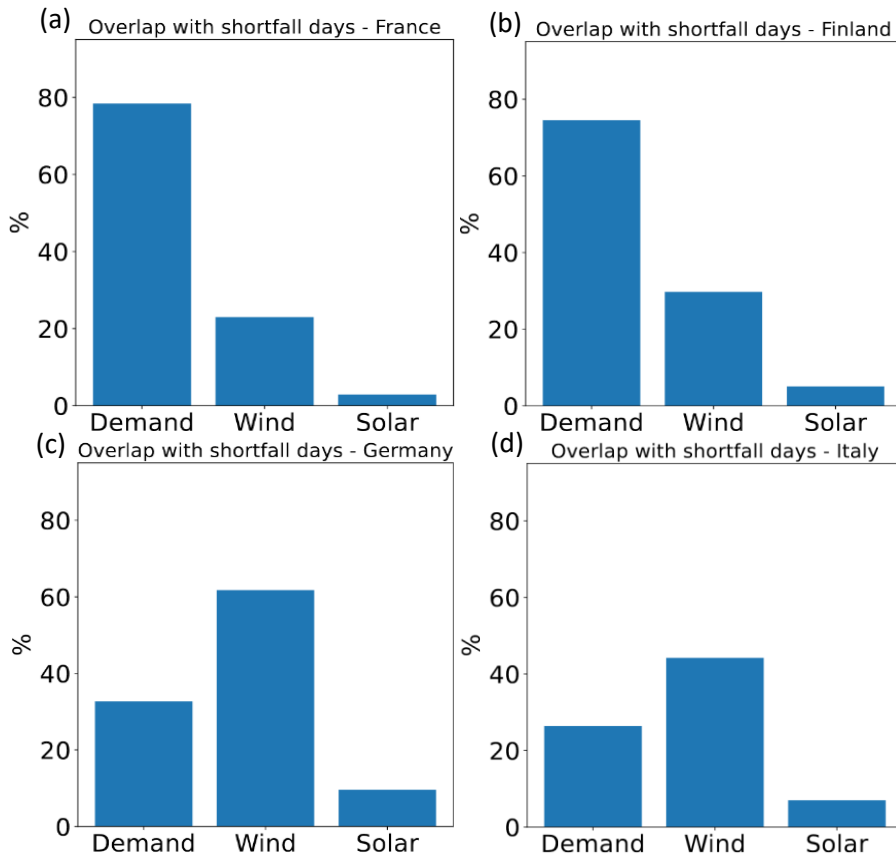
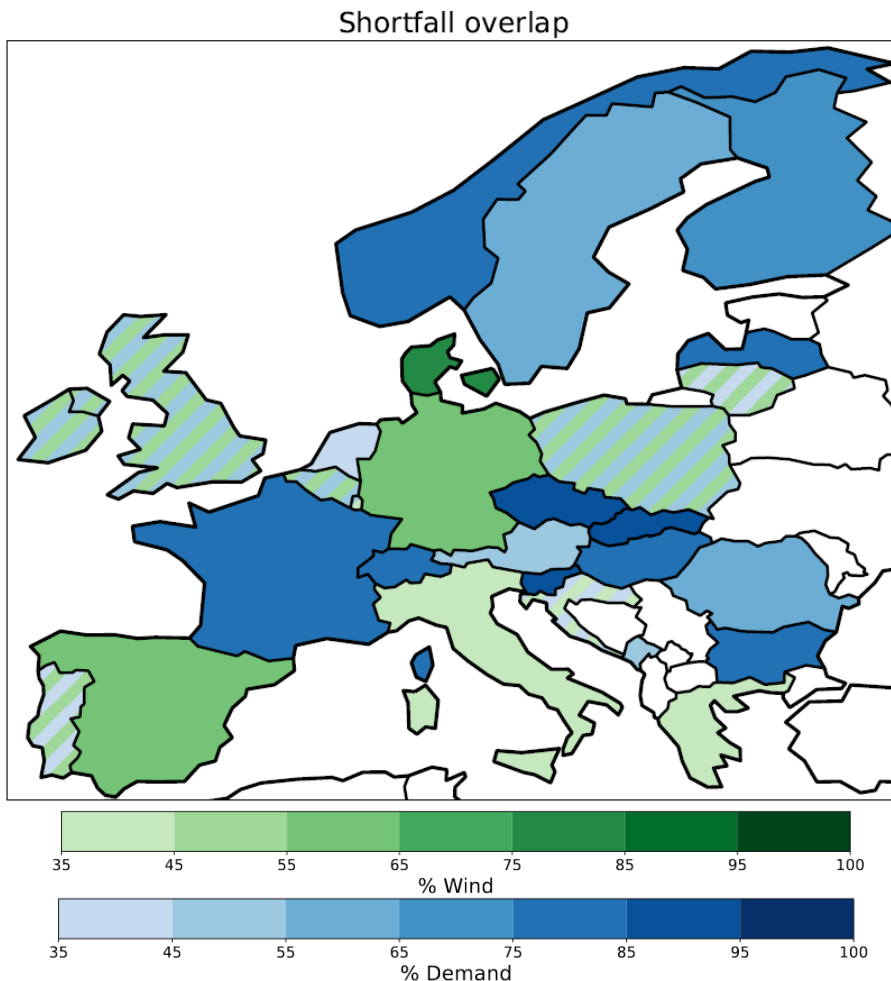


Figure 3: Percentage of shortfall days coinciding with demand, wind and solar drought days for France, Finland, Germany and Italy.

324

325

326 Figure 4 shows which countries have shortfall days that mainly coincide with demand or wind  
 327 drought days, together with the respective percentages. The patterns seen across Europe help  
 328 explain the behaviour discussed earlier in the context of Figures 1 and 2. This sensitivity to  
 329 demand or wind depends on both the energy network of the country and the climatic region. For  
 330 countries further north and/or with limited installed wind capacity, shortfall is mainly dependent  
 331 on demand. For countries further south and/or with high installed wind capacity, shortfall is  
 332 mainly dependent on wind generation. Poland and Lithuania are countries which can experience  
 333 cold conditions but also have a relatively high installed wind capacity, therefore both demand and  
 334 wind have similar importance for shortfall, consistent with Bloomfield et al. (2018) showing how  
 335 the increase in installed wind capacity changes the sensitivity of shortfall to either demand and  
 336 wind CF.



337

Figure 4: Percentage of wind days (for countries whose shortfall days overlap most with wind days) or demand days (for countries whose shortfall days overlap most with demand days) coinciding with shortfall days. Stripes show countries for which the percentage of shortfall days overlapping with wind or demand days is within 10%.

338

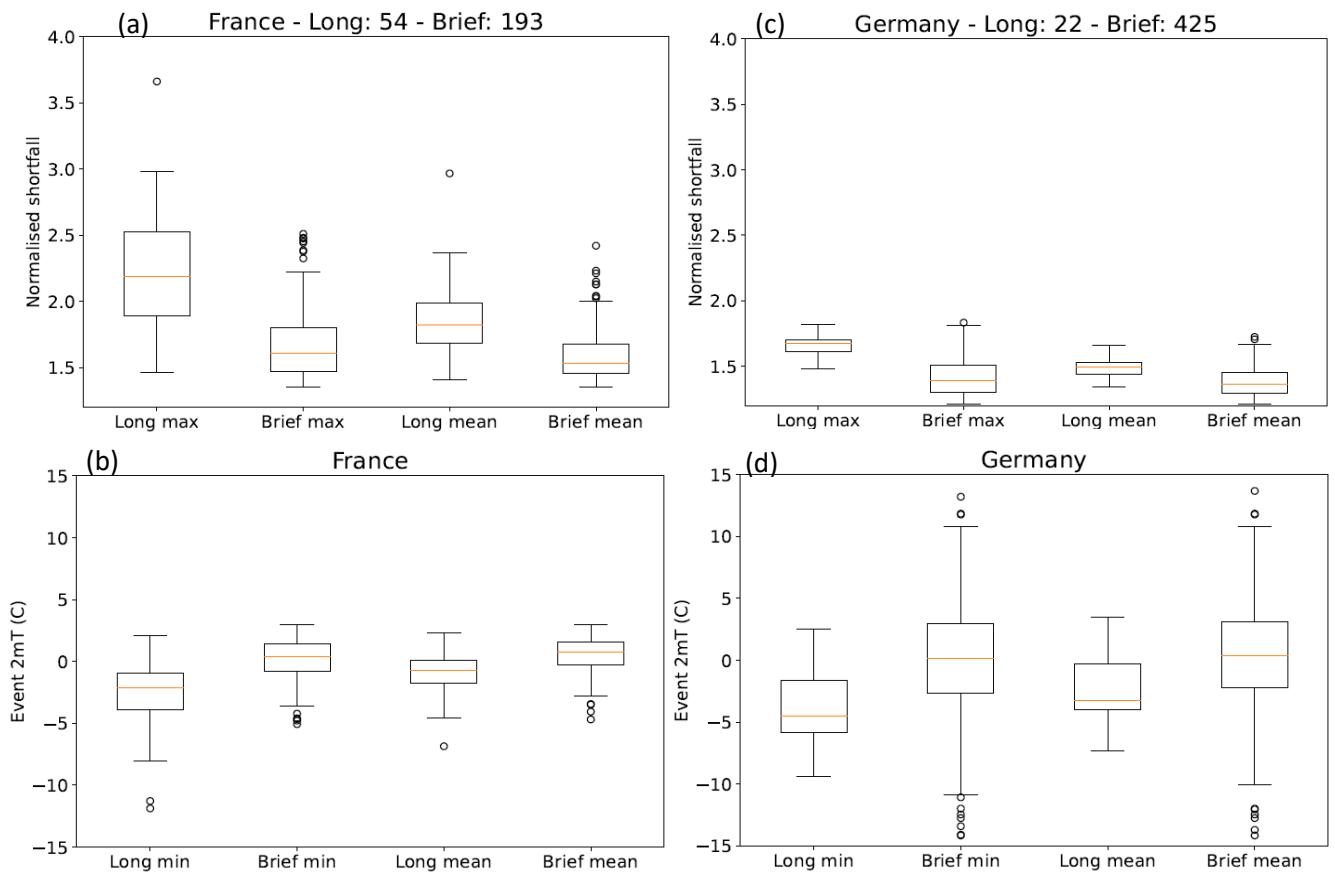
## b. Characteristics of energy events

339

340 We next investigate whether the duration of energy events (that is, consecutive energy days) is  
 341 associated with their intensity. For this comparison, Figure 5 shows the average and maximum  
 342 shortfall values during brief and long shortfall events in France and Germany (see Figures S10 to S12  
 343 for other countries). As the two countries have different energy systems and therefore also their  
 344 average shortfall length varies, shortfall is normalised by removing the climatological shortfall and  
 345 dividing by the standard deviation, allowing for a better comparison.

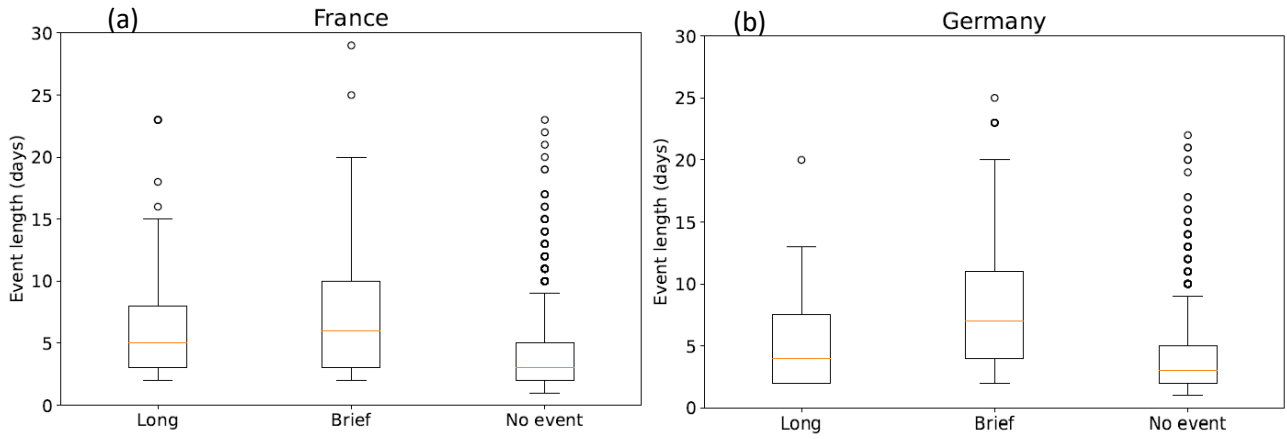
346 Both average and maximum shortfall values are higher during long shortfall events. Similarly,  
 347 demand values are higher and wind CF is lower during long shortfall events (not shown). This  
 348 means that the extreme values of energy are often associated with neighbouring days where  
 349 energy values are at least high or also extreme, either before or after or both. Van der Wiel et al.  
 350 (2019a) shows that energy conditions get progressively extreme before energy events, supporting  
 351 the notion that extreme energy conditions are preceded by days with high energy demand and  
 352 shortfall, and low wind CF. The differences found here are however not statistically significant,  
 353 suggesting that long events are not all associated with higher demand and shortfall, and lower  
 354 wind CF. After further investigation, it is found that long events are also associated with colder  
 355 temperatures (Figure 5b and d; see Figures S13 to S15 for other countries) which explains why

356 demand and shortfall could be more important during long events. The conclusion is the same  
 357 when defining shortfall days as days where shortfall is above the 95<sup>th</sup> percentile. While only France  
 358 and Germany are shown here, this observation is applicable to other countries as well.



359  
 360 *Figure 5: Boxplots comparing values during long and brief shortfall events, for the case of France and*  
 361 *Germany. Figures a and c show the maximum daily shortfall value reached during an event and the mean*  
 362 *daily shortfall values across an event. Figures b and d show the minimum daily 2mT reached and mean daily*  
 363 *2mT across an event. The box represents the 25<sup>th</sup> and 75<sup>th</sup> percentile range, while the orange line shows*  
 364 *the median value. Whiskers show the 10<sup>th</sup> to 90<sup>th</sup> percentile range while the circles show outliers.*

365 To determine the potential cause of the differences between long and brief events, Figure 6  
 366 compares the persistence of weather regimes during long, brief and no events (see Figures S16 to  
 367 S18 for other countries). For each energy event, all regime events (consecutive days assigned to  
 368 one regime) which coincide with the energy event are included. This shows that weather regimes  
 369 are more persistent during shortfall events compared to weather regimes that do not coincide  
 370 with energy events. However, the duration of shortfall events does not appear to be affected by  
 371 weather regime persistence. The analysis nevertheless suggests that shortfall events are more  
 372 likely during more persistent weather regimes.



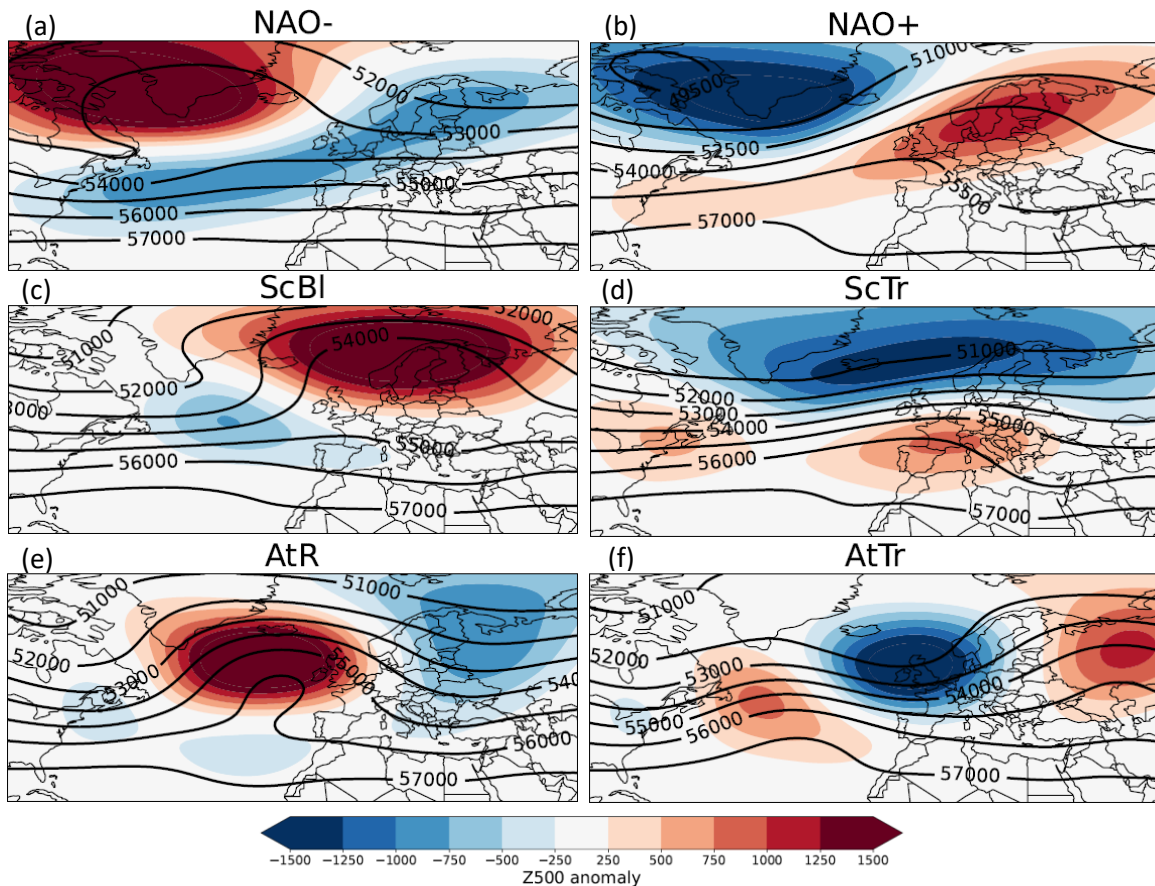
373

Figure 6: Persistence of weather regime events which occur during long or brief shortfall events and weather regimes which do not coincide with shortfall events, in France (a) and Germany (b).

374

### 375 c. Surface impacts of weather regimes

376 Before analysing the links between weather regimes and energy events, we describe the imprint  
 377 of weather regimes on European weather. This allows to better understand how the weather  
 378 regimes can impact energy. The six regimes selected here include the classical four weather  
 379 regimes, namely: the Atlantic Ridge (AtR), positive and negative North Atlantic Oscillation (NAO+/-  
 380 ), and Scandinavian Blocking (ScBl). They additionally include the Atlantic Trough (AtTr) and  
 381 Scandinavian Trough (ScTr). Figure 7 presents the Z500 absolute and anomaly composites of all six  
 382 regimes. The AtTr regime has an cyclonic anomaly over the British Isles and two anti-cyclonic  
 383 anomalies to the west and east, compared to the AtR regime which has an anti-cyclonic anomaly  
 384 over the North Atlantic, to the west of the British Isles. The additional regimes split the classical  
 385 NAO+ into two different configurations with a clearly zonal pattern for the ScTr, while the NAO+  
 386 defined in this categorisation shows a cyclonic anomaly over southern Greenland and an  
 387 anticyclonic anomaly over northern Europe. It is important to note the difference with the classical  
 388 representation of the NAO+ as this also leads to different surface impacts, compared to what is  
 389 generally understood. The ScTr and AtTr regimes in this paper correspond to the Scandinavian  
 390 Blocking negative and Atlantic Ridge negative, respectively, in Figure 6 of Falkena et al. (2020).



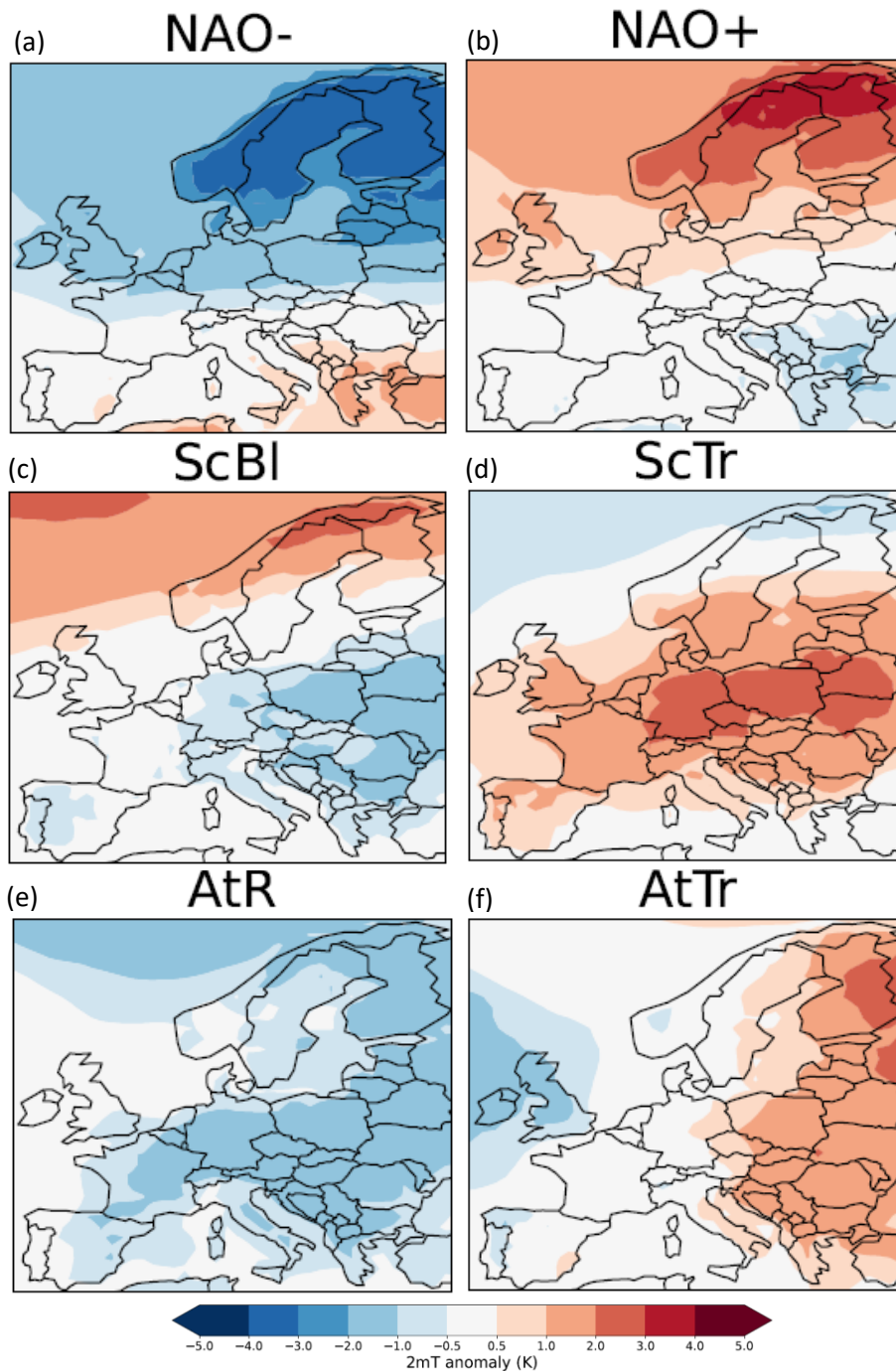
391

Figure 7: Composites of all six regimes: NAO- (a), NAO+ (b), ScBl (c), ScTr (d), AtR (e), AtTr (f). Colours show the Z500 anomaly and the contouring shows the Z500 absolute values.

392 Most regimes have a frequency around 10 to 12% with the ScBl, ScTr and AtR regimes being  
 393 slightly more frequent at ~14%. The neutral days are even more frequent around 18%. The  
 394 frequency of regimes across the cold season varies from month to month with most regimes being  
 395 more frequent during the DJF period while the neutral days are most frequent in October and  
 396 April. The higher frequency of neutral regimes during the transition seasons is in line with previous  
 397 studies (Grams et al., 2017; Osman et al., 2023). The average persistence of regimes is fairly similar  
 398 at around 3 days with the NAO- regime being most persistent (4 days) and the NAO+ and neutral  
 399 regimes being least persistent (2 days).

400 To understand the relative influence of the weather regimes on energy variables, we show the  
 401 regime composites of 2mT (Figure 8), W10m (Figure 9) and ISR (Figure 10). Cold temperatures  
 402 across several countries are associated with the AtR, ScBl and NAO- regimes (Figure 8). The NAO-  
 403 regime (Figure 8a) affects most of northern Europe with negative anomalies extending to southern  
 404 Germany and northern France while temperatures reach close to 4 degrees below climatology  
 405 over Scandinavia. The ScBl regime (Figure 8b) leads to lower temperatures over eastern Europe  
 406 from Ukraine to Germany but the anomalies are less strong. Negative temperature anomalies  
 407 during the AtR regime (Figure 8c) cover all of Europe with the strongest anomalies concentrated  
 408 over continental Europe, from France to the Baltic countries.

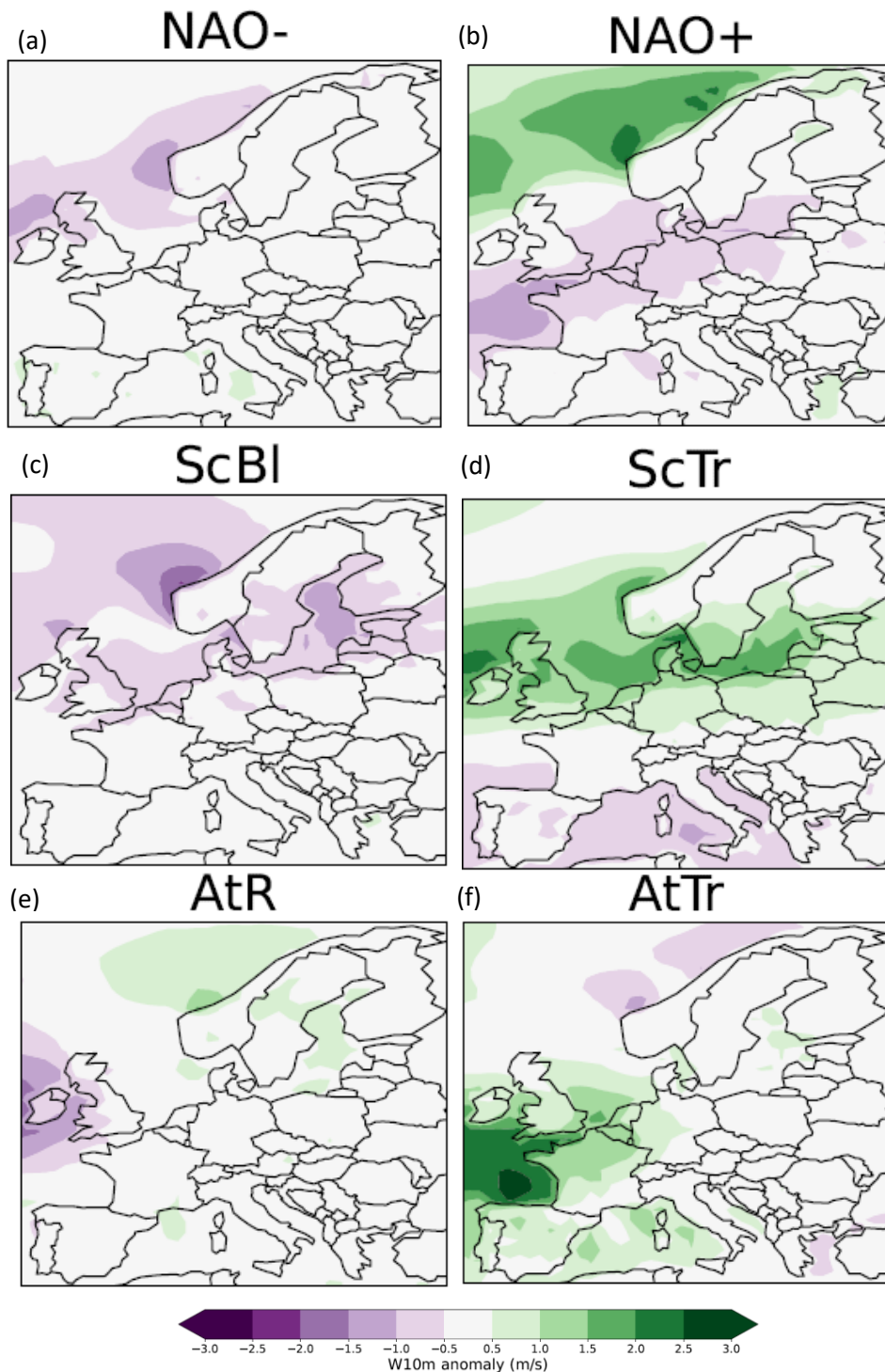




409

410 *Figure 8: Composites of all six regimes: NAO- (a), NAO+ (b), ScBl (c), ScTr (d), AtR (e), AtTr (f). Colours show*  
 411 *the 2mT anomaly.*

412 These same regimes are associated with low wind conditions over some regions of Europe (Figure  
 413 9). The negative wind anomalies cover fewer countries but generally affect similar or neighbouring  
 414 regions. These regimes (AtR, ScBl and NAO-) lead to lower wind conditions across northern Europe  
 415 and the western coasts (Figure 9a, c, e) where a lot of the offshore wind farms are located. The  
 416 NAO+ and AtTr regimes also show negative wind anomalies over northern Europe and Scandinavia  
 417 (Figure 9b and d), respectively.



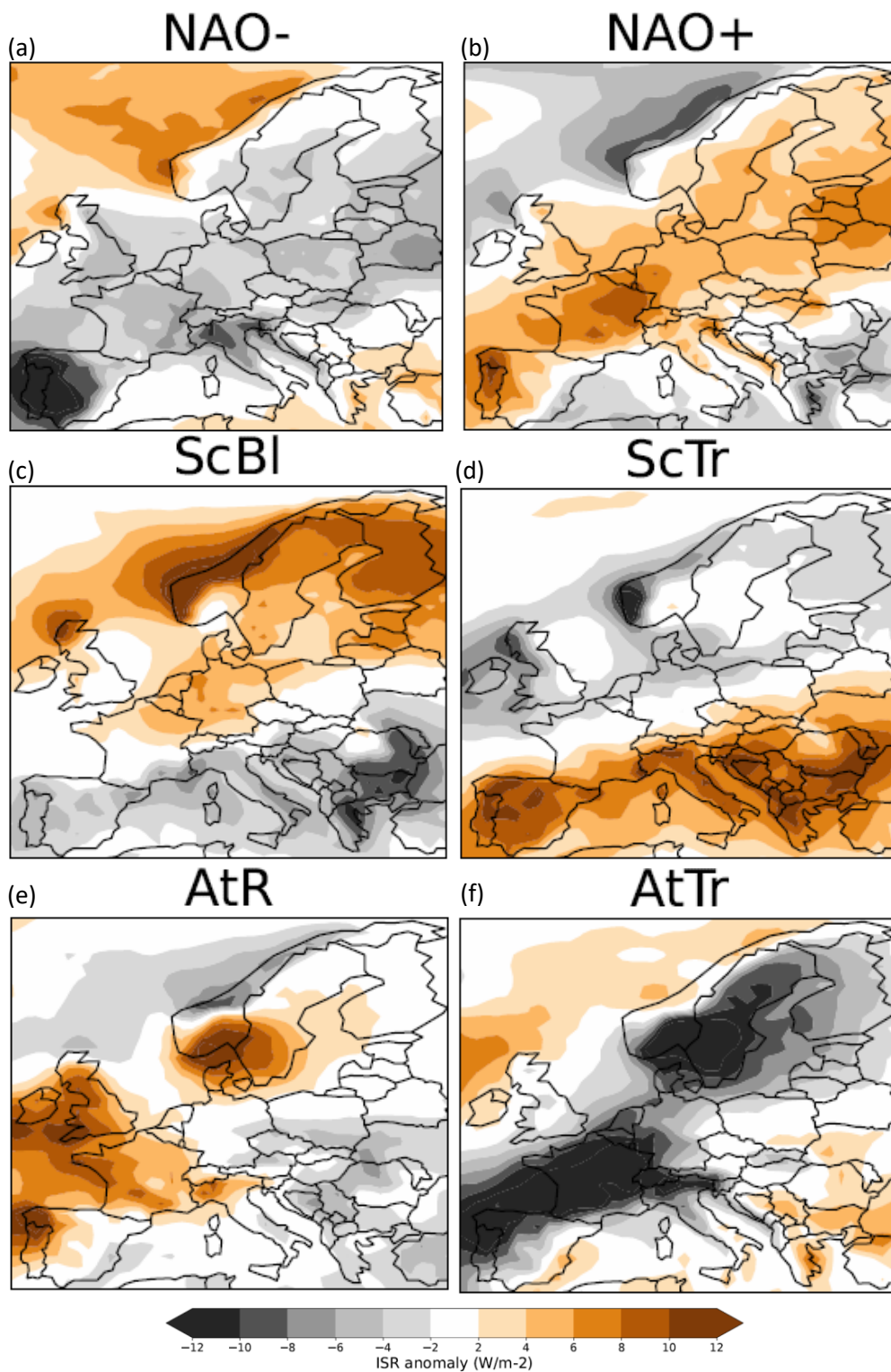
418

Figure 9: Composites of all six regimes: NAO- (a), NAO+ (b), ScBl (c), ScTr (d), AtR (e), AtTr (f). Colours show the W10m anomaly.

419

420 Low solar conditions follow different patterns, however (Figure 10). The NAO- and AtTr regimes  
 421 (Figure 10a and e) coincide with low solar conditions across most of Europe while the ScBl regime  
 422 affects southern Europe (Figure 10c).

423 Solar conditions are less relevant during the winter compared to summer due to shorter periods of  
 424 daylight. As seen in section 3a, for some countries high shortfall can be mostly due to colder  
 425 conditions, while for other countries, lower wind conditions are also important. Therefore, as the  
 426 ScBl, NAO- and AtR regimes lead to both colder and lower wind conditions across large parts of  
 427 Europe, these regimes are most likely to lead to higher energy shortfall.

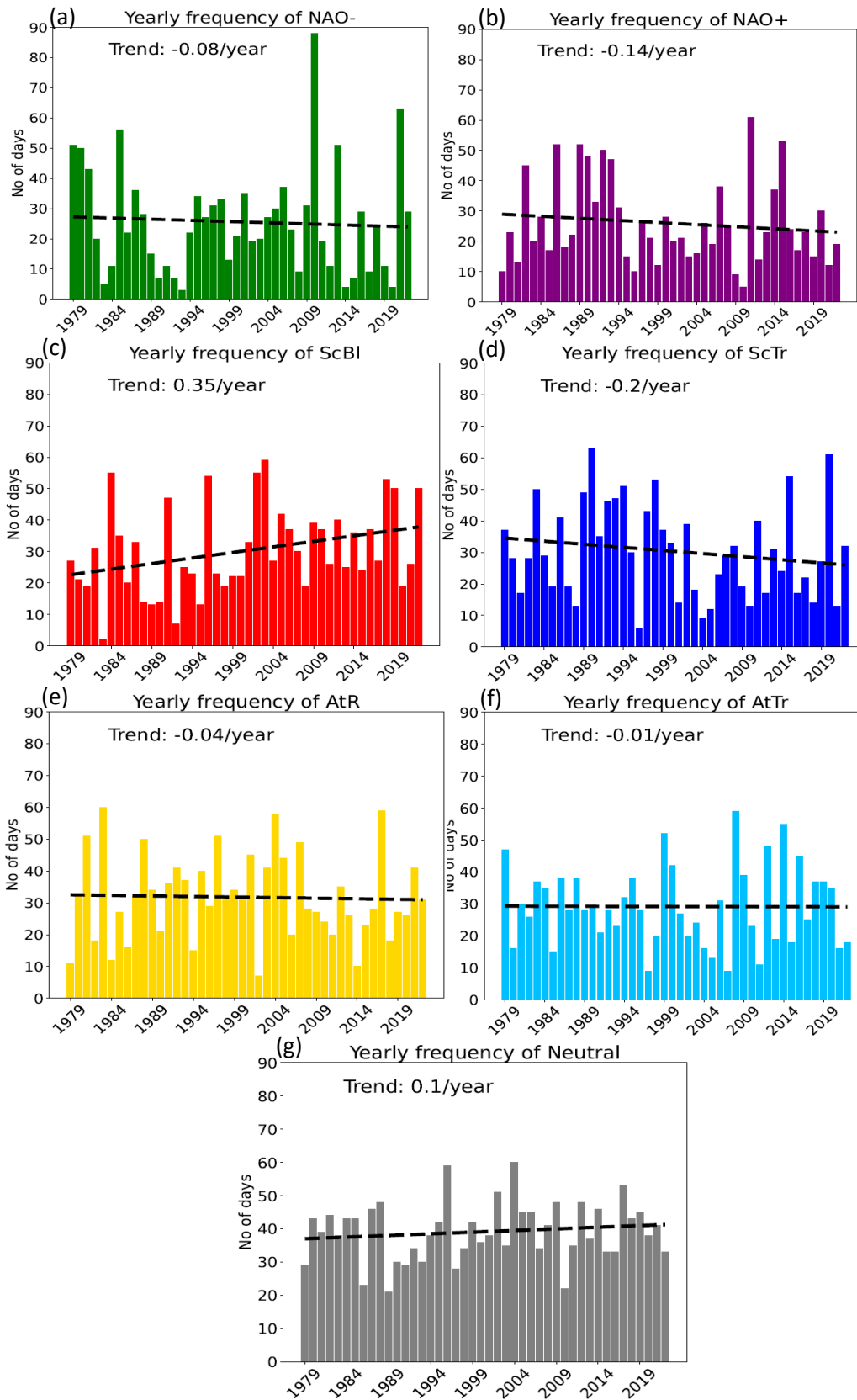


428

Figure 10: Composites of all six regimes: NAO- (a), NAO+ (b), ScBl (c), ScTr (d), AtR (e), AtTr (f). Colours show the ISR anomaly.

429 We next examine trends in the frequency of regimes (Figure 11). The ScTr and ScBl regimes show  
 430 the highest trends in frequency with a decrease of  $\sim 9$  days and an increase of close to 18 days,  
 431 respectively, in yearly frequency over the last four decades. However, only the ScBl regime shows  
 432 a statistically significant trend at the 95% confidence level using a bootstrap resampling method.  
 433 In the other classifications, the ScBl regime and the ScTr regime (NAO+ for the classical  
 434 classification using only four regimes where the ScTr regime is not present) also have larger trends  
 435 compared to the other regimes (albeit being statistically not significant at the 95<sup>th</sup> confidence

436 level). However, it is important to keep in mind that decadal to multi-decadal variability could  
437 influence these results, but investigating this was beyond the scope of this study.



438

Figure 11: Yearly frequency of weather regimes during the period of 1979 - 2022. Dashed line shows the associated linear trend. The value shows the slope of the linear trend in days per year. Only the trend for ScBI is statistically significant at the 95<sup>th</sup> percentile.

439

440 This section underlines how different regimes impact different regions of Europe, with some  
441 regions experiencing colder and/or lower wind conditions. During winter, the colder and lower  
442 wind conditions are important drivers of high demand and high shortfall conditions (van der Wiel  
443 et al., 2019a; Bloomfield et al., 2020b), therefore these regimes can be related to high demand  
444 and high shortfall situations.

445 For most of these regimes, there is no apparent trend in frequency besides for the ScBl regime  
446 which has an increase in frequency. As it is related to colder conditions for a large part of eastern  
447 Europe, it would suggest (all else being equal) an increase in occurrence of these colder conditions  
448 and therefore an increase in high demand situations over these regions. However, as noted earlier  
449 there is a general decrease in high-demand conditions because of long-term warming.

450

### 451 **c. Influence of weather regimes on energy days**

452

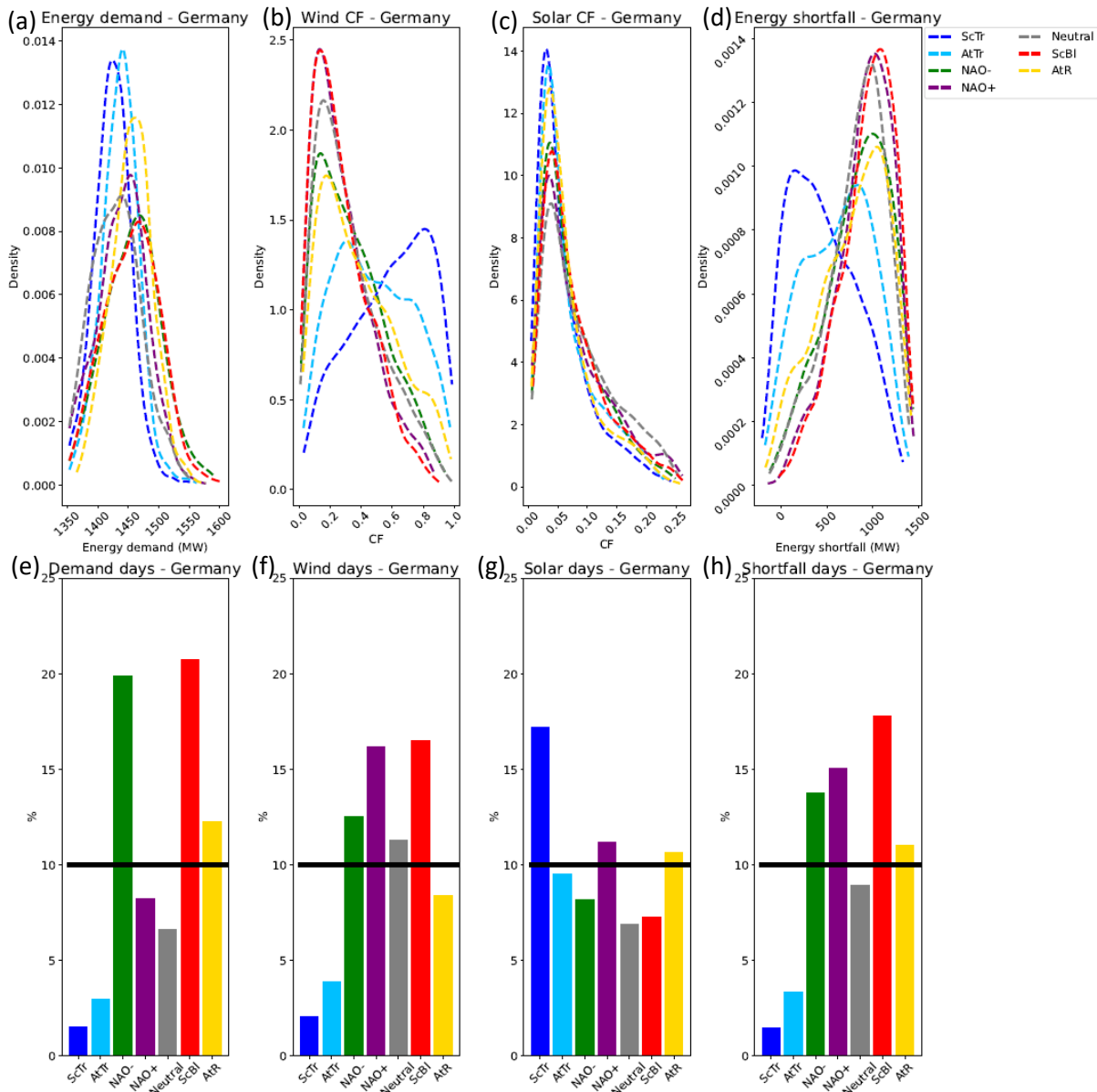
453 In the following section, energy days and weather regimes are brought together by examining the  
454 relationship between them, to look at patterns across the continent.

#### 455 **i. Impact of weather regimes across Europe**

456

457 The energy distribution is shown during the different weather regimes for each energy variable for  
458 Germany (Figure 12a to d). Only the distribution of wind CF (Figure 12b) and of energy shortfall  
459 during the ScTr regime is visually distinct from that in other regimes. For other countries with less  
460 installed wind capacity, even less of a difference between regime distributions is visible. For those  
461 countries, the other regimes are almost indistinguishable from each other, making any  
462 characterisation of the typical energy situation during each regime quite difficult. However,  
463 Figures 12e to h show the conditional probability of energy days during each regime, highlighting  
464 the information regimes provide for energy days. For example, the ScBl and NAO- regimes are  
465 associated with higher probability of demand days (Figure 12e). Thus, while looking at the full  
466 distribution is not helpful in identifying the influence of the different weather regimes, the focus  
467 on extreme values, represented here by the energy days, reveals their impact.

468



469

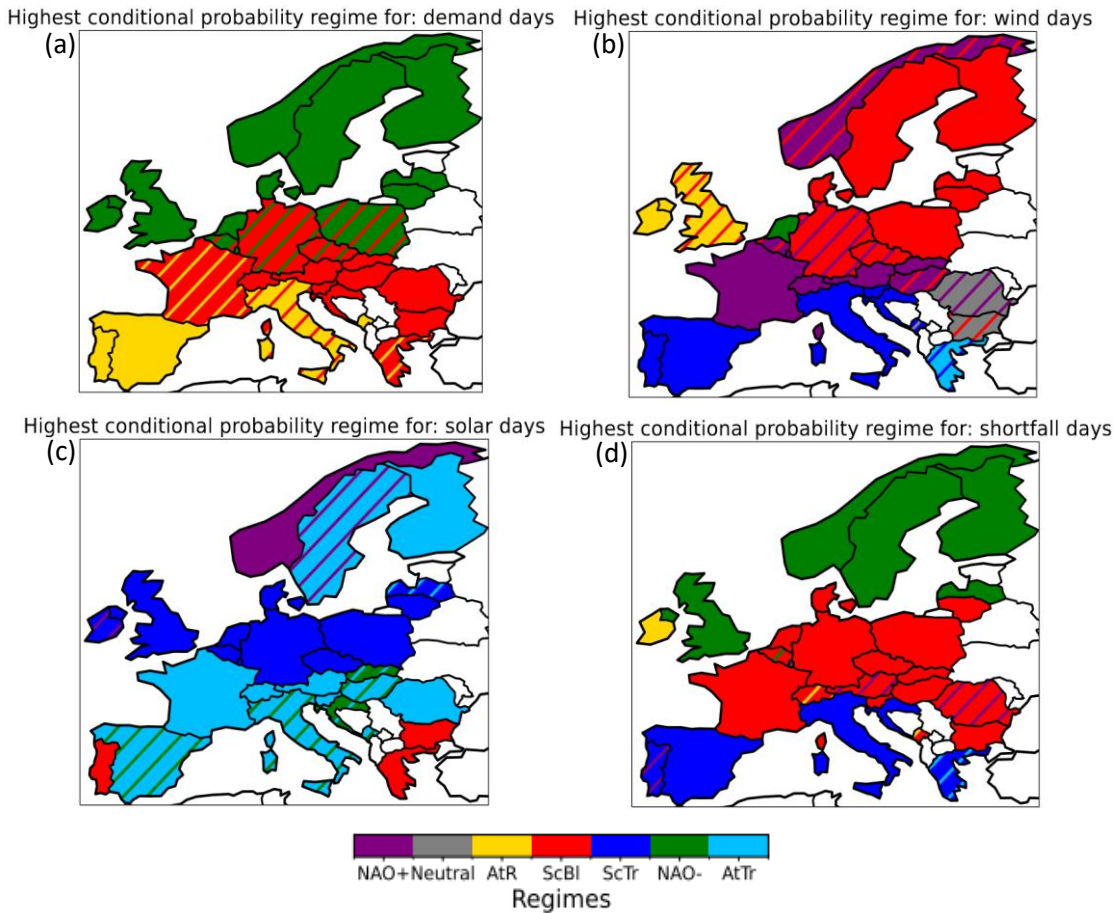
Figure 12: Energy distribution during each weather regime and each energy variable for Germany (a - d). Energy demand and shortfall are shown in megawatts (MW). Conditional probability of energy days during each weather regime (e - h). The black line shows the climatological probability of each energy day.

470

To identify differences between countries, the weather regime with the highest conditional

471

probability for each energy day is shown for the individual countries on a map (Figure 13).



472

Figure 13: Regimes with the highest conditional probability of demand (a), wind (b), solar drought (c) and shortfall days (d) to occur. The stripes show also the regime with second highest conditional probability if it is within 2% of the highest.

473 When considering demand and shortfall days in particular (Figure 13a and d), Europe appears split.  
 474 Scandinavia, Denmark, the British Isles and the Baltic countries all have the NAO- regime as the  
 475 one regime with the highest conditional probability of high demand days to occur, while for most  
 476 of central Europe it is the ScBl regime (Figure 13a), and for the Mediterranean countries and  
 477 Portugal it is the AtR regime. For shortfall days (Figure 13d), it is a very similar situation with the  
 478 notable exception of southern countries being more affected by the ScTr regime. Other regime  
 479 classifications give similar results with blocking type regimes being dominant for most countries  
 480 for demand and shortfall days (not shown). A notable difference is the European Blocking regime  
 481 being more represented than the ScBl regime for high shortfall days for the classification with 7  
 482 regimes. Compared to the ScBl regime, the European Blocking regime's anticyclonic anomaly is  
 483 centred more over the British Isles and not the Scandinavian region.

484 Figure 13 suggests that when for instance the ScBl regime is active it is possible for a large number  
 485 of European countries to be affected by high demand and shortfall days simultaneously. This  
 486 raises the question of whether multiple countries can suffer from simultaneous high shortfall days,  
 487 and if so what would be the impact on neighbouring countries and what are the atmospheric  
 488 conditions associated with such situations. This question is addressed in the following section.

489 **ii. Connected countries**

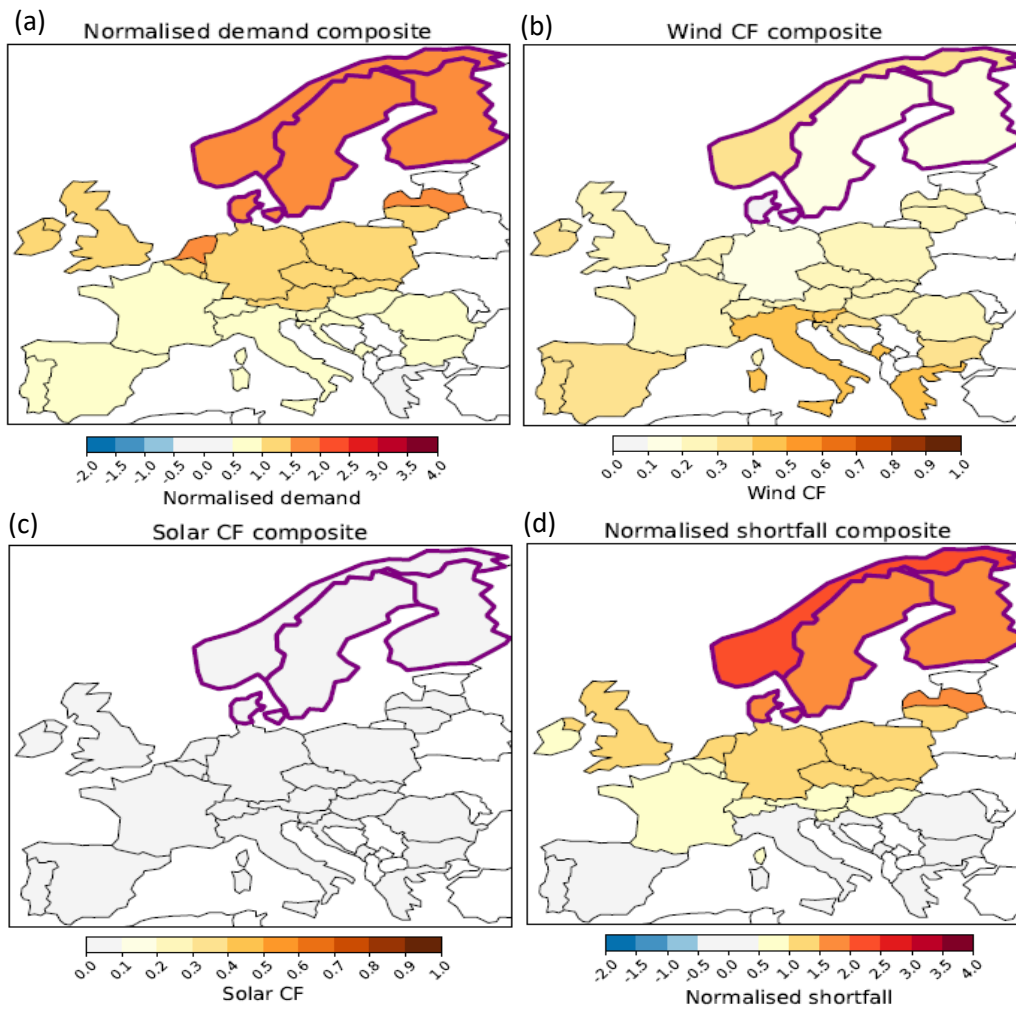
490 The TSOs part of ENTSO-E are split into synchronous areas (ENTSO-e, 2009). These synchronous  
 491 areas are groups of countries with connected energy networks, with the benefits being grouping  
 492 of generation, common energy reserves and mutual help in case of a disturbance. In addition,

493 countries are grouped into Regional Security Coordinators (RSC; Power regions, 2022). RSCs  
494 support TSOs through planning and recommendations, and help with coordination between TSOs  
495 that are part of the same RSC. The RSCs have been created to also address the diversification of  
496 energy sources, in particular the uptake of renewable energy sources. The RSCs considered here  
497 are COoRdination of Electricity System Operators (CORESO), TSCNET Services GmbH (TSCNET),  
498 Nordic RSC, Baltic RSC and Southeast Electricity Network Coordination Center (SEleNe CC). Only  
499 the Security Coordination Centre (SCC) RSC will not be considered as data for only one of the  
500 countries (Montenegro) is available from the dataset used here.

501 In the context of this study, the assumption is that countries within each RSC are well  
502 interconnected in their energy power systems. Currently the assumption of good interconnection  
503 might not be the most realistic as RSCs have limited power compared to national TSOs, and the  
504 export-import capacity is in some cases limited. For France and Spain it is currently at only 2.8GW.  
505 However, increase in interconnectivity between countries, and increase of power to RSCs is an  
506 objective of the European Union (European Commission, 2010; Electricity Interconnection Targets,  
507 n.d.). Discussing the outcome of common shortfall days given this assumption is thus relevant,  
508 given this evolving context. Therefore based on this assumption, if one country experiences  
509 shortfall, it can draw electric power from countries within the same RSC. However, if all countries  
510 or several within the RSC are experiencing a shortfall, this strategy might become difficult. Here  
511 the hypothesis introduced in the previous section that common shortfall days, that is shortfall  
512 days that occur at the same time in all countries of the same RSC, is discussed.

513 Figure 14 shows the Nordic RSC including the Scandinavian countries and Denmark as an example.  
514 Here all common shortfall days are averaged and the normalised demand, shortfall and the wind  
515 and solar CF are shown. Demand and shortfall (see Figure 13a and d) are normalised for each  
516 country for better comparison between countries, as otherwise the discrepancy between the  
517 demography of each country will obscure any signal. As expected, both shortfall and demand are  
518 on average high across all Nordic RSC countries during common shortfall days. Additionally,  
519 neighbouring countries also experience anomalously high demand and shortfall. In contrast,  
520 countries farther away and in particular countries south of the Alps and Pyrenees experience  
521 anomalously low shortfall and demand.





522

Figure 14: Energy composites during common shortfall days of Nordic RSC. Demand (a); wind CF (b); solar CF (c); shortfall (d). Purple contours show the countries that are part of the Nordic RSC.

523

524

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527

Figure 15 shows the percentage of common days for each RSC which overlap with shortfall days in countries outside each RSC. In the case of the Nordic RSC, neighbouring countries are likely to also experience a shortfall day at the same time. However, countries which are further away and in particular south of the Alps and Pyrenees are less likely to simultaneously experience a shortfall day.

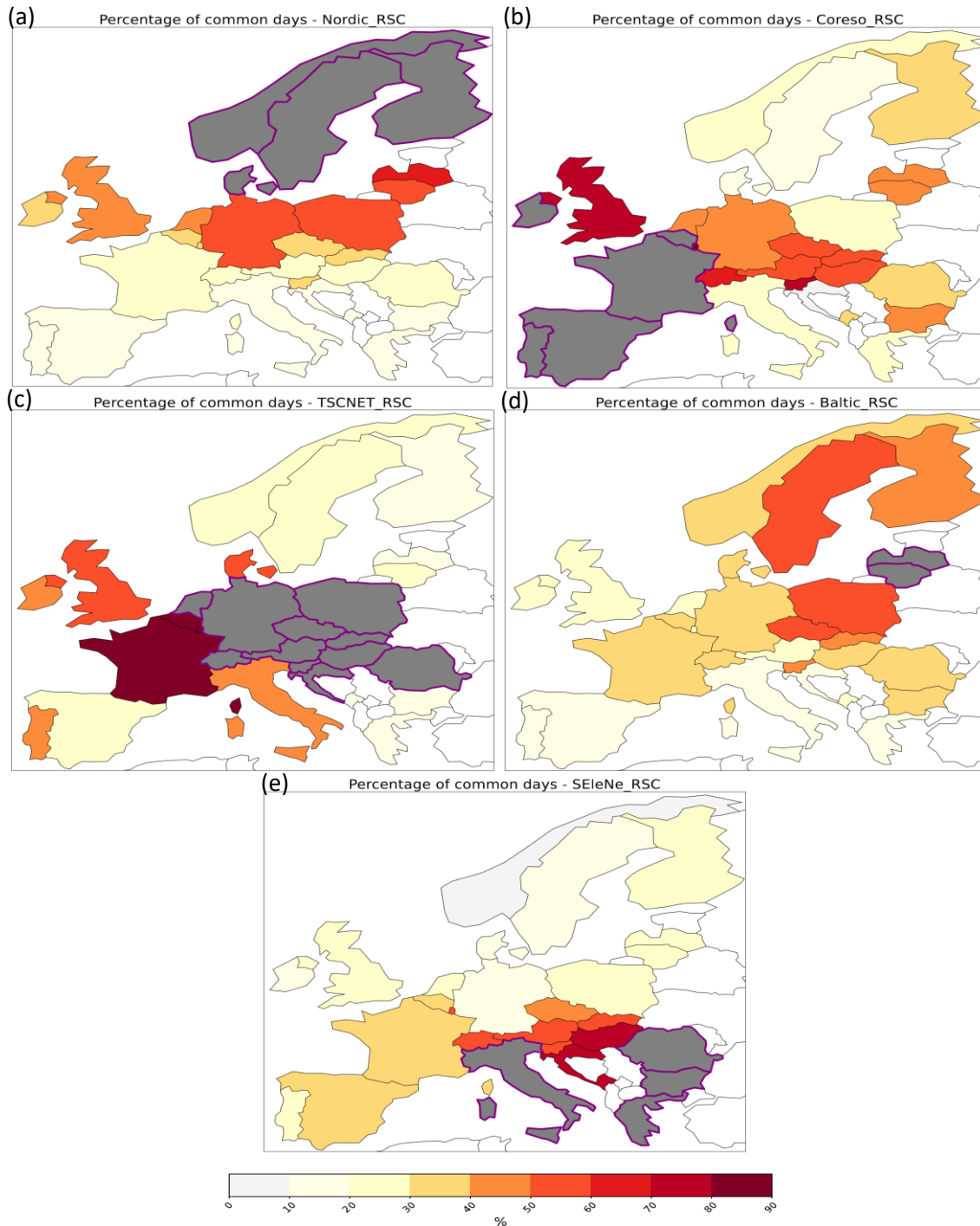
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531

These observations are applicable to other RSCs. In the case of RSCs (Nordic, SEleNe) where all countries are north or south of large mountain ranges, the dominant regimes leading to shortfall are NAO- and ScTr which have a clear North-South difference in surface impact. This could explain the opposite impact on shortfall between countries in Northern and Southern Europe.



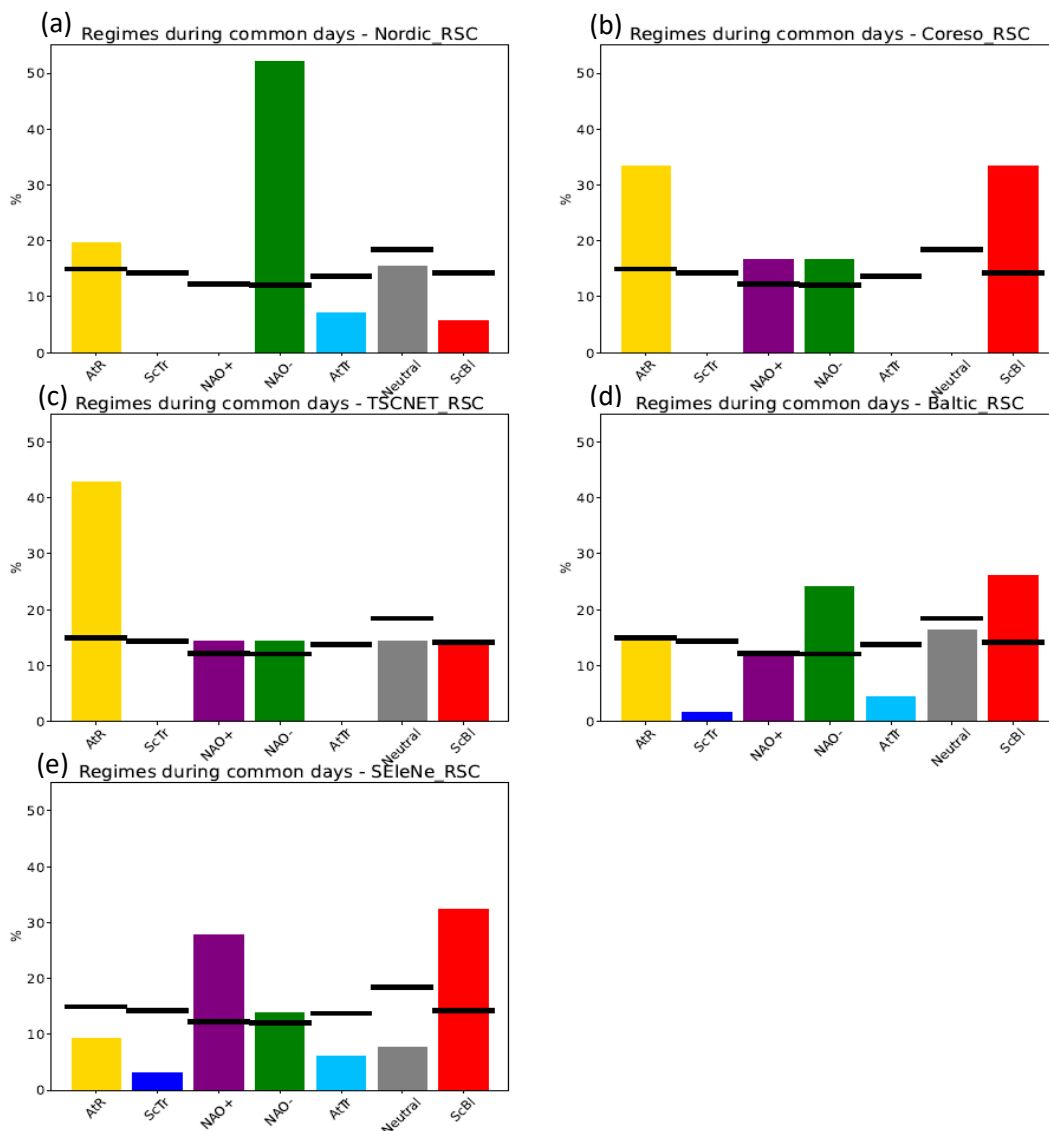
532

*Figure 15: Percentage of shortfall days coinciding with common shortfall days of the Nordic, CORESO, TSCNET, Baltic and SEleNe RSC countries. Purple contours show the countries that are part of the same RSC. These countries are greyed out, as the percentages are 100% for these countries by construction.*

533 This highlights how interconnections with neighbouring countries would not be as helpful in these  
 534 situations. Furthermore, this puts further emphasis on the decision of the European Union to  
 535 prioritise the expansion of energy connectivity across Europe through “European electricity  
 536 highways” for instance (European Commission, 2010). The increased inter-connectivity aims to  
 537 ensure security of supply but also better integration of renewable energy. This includes  
 538 connections beyond the borders of Europe (European Commission, 2013).

539

540 Simultaneous shortfall days are also mostly associated with blocking type regimes. Figure 16  
 541 highlights that the most frequent regimes are ScBI, AtR and NAO- which are characterized by  
 542 blocking-type atmospheric conditions. Only the SEleNe RSC, which includes Greece and Bulgaria,  
 543 sees the NAO+ regimes being very frequent during common shortfall days.

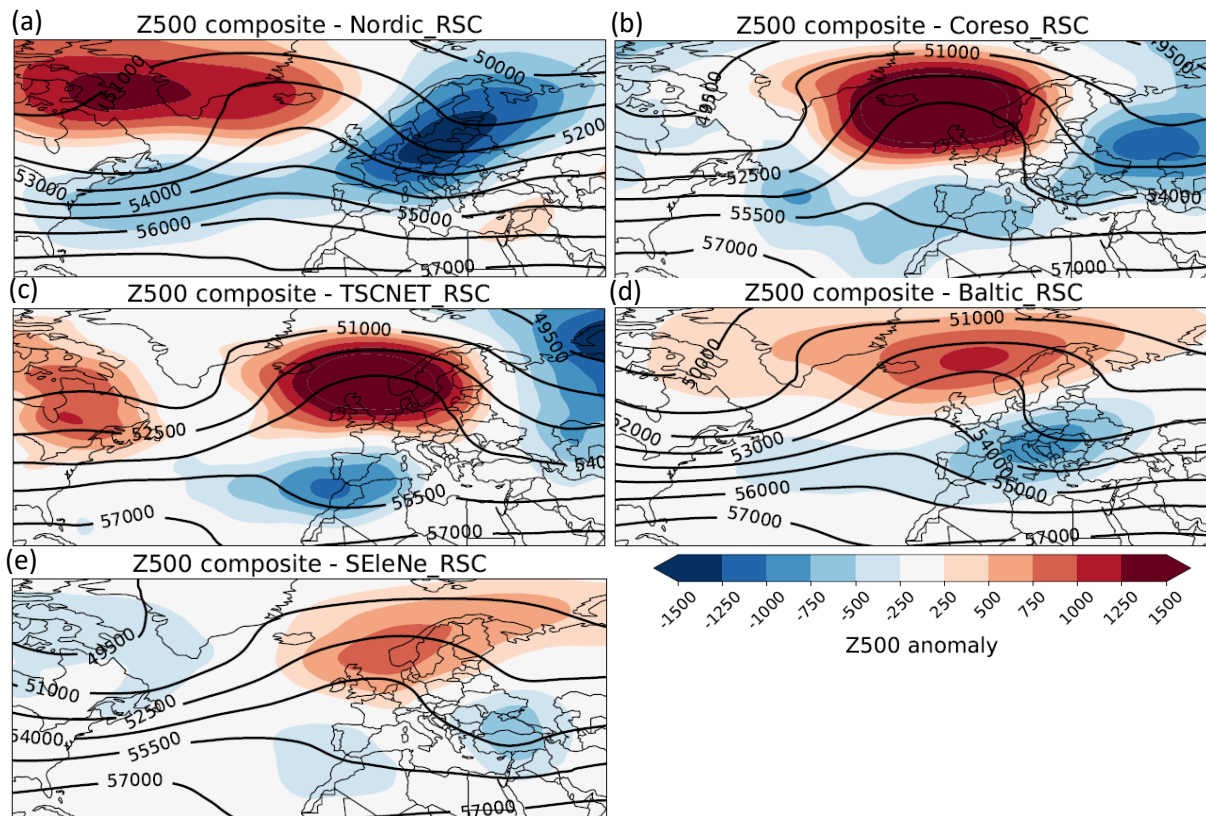


544 *Figure 16: Regime frequency during common shortfall days for the Nordic (a), Coreso (b), TSCNET (c),*  
 545 *Baltic (d) and SEleNe (e) RSCs. Black lines show the climatological frequency of each regime*

546 The prevalence of blocking-type regimes is further emphasised by looking at Z500 composites  
 547 during the common shortfall days (Figure 17), showing a ridge formed over western Europe for all  
 548 RSCs. The exact position and extent of this ridge changes the area that is likely to experience  
 549 colder conditions or lower winds and therefore dictates the countries that could experience  
 550 shortfall.

551

552



553

Figure 17: Z500 anomaly in colouring and absolute values in contouring for common shortfall days for the Nordic (a), Coreso (b), TSCNET (c), Baltic (d) and SEleNe (e) RSCs.

554

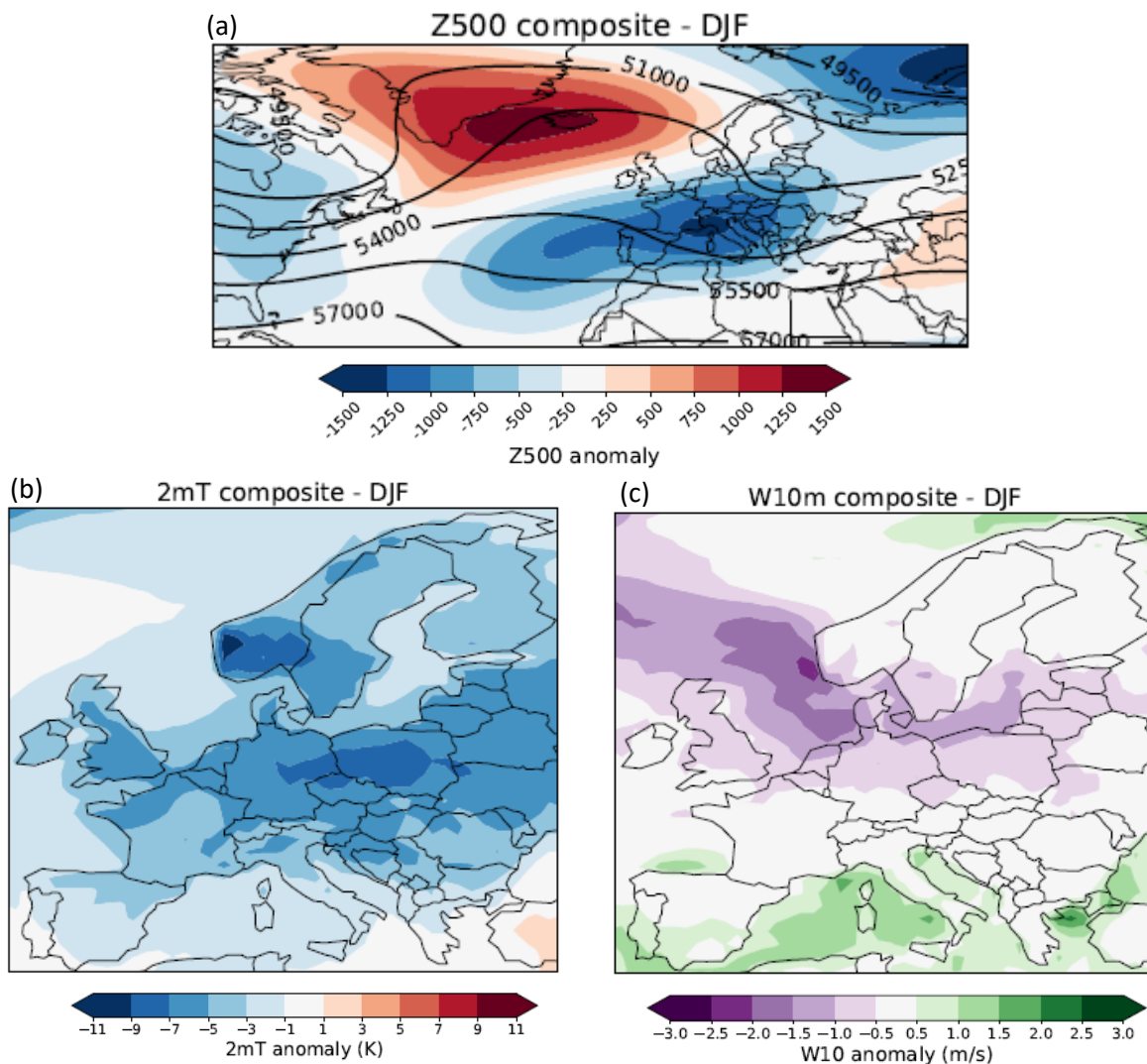
555 In section 3c.i individual weather regimes (e.g. ScBl, NAO-) have been observed to favour the  
 556 occurrence of shortfall across large parts of Europe, and therefore multiple countries. The results  
 557 of this last section confirmed the hypothesis that shortfall days could occur in neighbouring  
 558 countries concurrently, and underlined how the aforementioned weather regimes are associated  
 559 with these common shortfall days.

560

### iii. A plausible worst case scenario: the example of winter 1962-1963

561 The winter of 1962-63 is known as the coldest European winter of the 20th century (Hirschi &  
 562 Sinha, 2007). In the United Kingdom, snow fell the week after Christmas and stayed for most of  
 563 the winter. Large bodies of water such as the Rhine river and Lake Constance were frozen.  
 564 Temperatures dropped to -26°C in Vichy in France and below -40°C in Warsaw (Hiver 1962-63,  
 565 n.d.). This resulted in severe impacts on human health, energy demand and the environment  
 566 (Eichler, 1970). This winter was synoptically characterised by a strong and persistent NAO- (Hirschi  
 567 & Sinha, 2007; Greatbatch et al., 2015). While such severe winters are becoming less likely due to  
 568 climate change, similarly cold winters are still possible (Sippel et al., 2024). Considering this,  
 569 investigating the winter of 1962-63 could show what a worst case scenario for the energy sector  
 570 would look like, not only over a restricted region such as the RSCs seen in the previous section but  
 571 across all of Europe. This analysis investigates the potential impact such a winter would have on  
 572 the current (c. 2017) energy infrastructure.

573 As a first step, the winter of 1962-1963 is characterised by using composites of Z500, 2mT and  
 574 W10m (Figure 18).

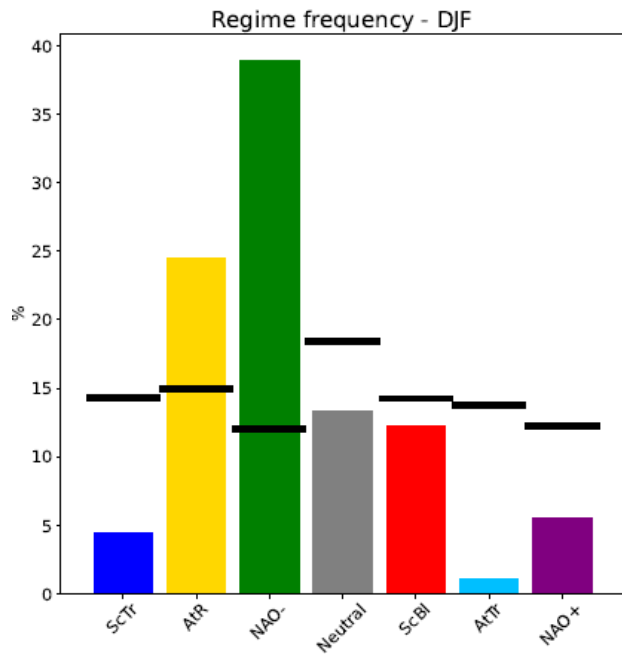


575

576 Figure 18: Composites for December, January and February from 1962 to 1963. Z500 absolute values in  
 577 contouring and anomaly in colouring (a); 2mT anomaly in colouring (b); W10m anomaly in colouring (c).

578 The 2mT composite shows the expected strong negative temperature anomaly across all of Europe  
 579 (Figure 18). The atmospheric circulation is characterised by a ridge over western Europe (Figure  
 580 18a), similar to that shown in Figure 17. Associated with the ridge, a negative wind anomaly covers  
 581 the North Sea and parts of northern Europe.

582 The weather regime frequency during winter (DJF) shows the predominance of the NAO- regime  
 583 (Figure 19), consistent with prior studies (Hirschi & Sinha, 2007; Greatbatch et al., 2015) and the  
 584 ridge visible in the Z500 composite.

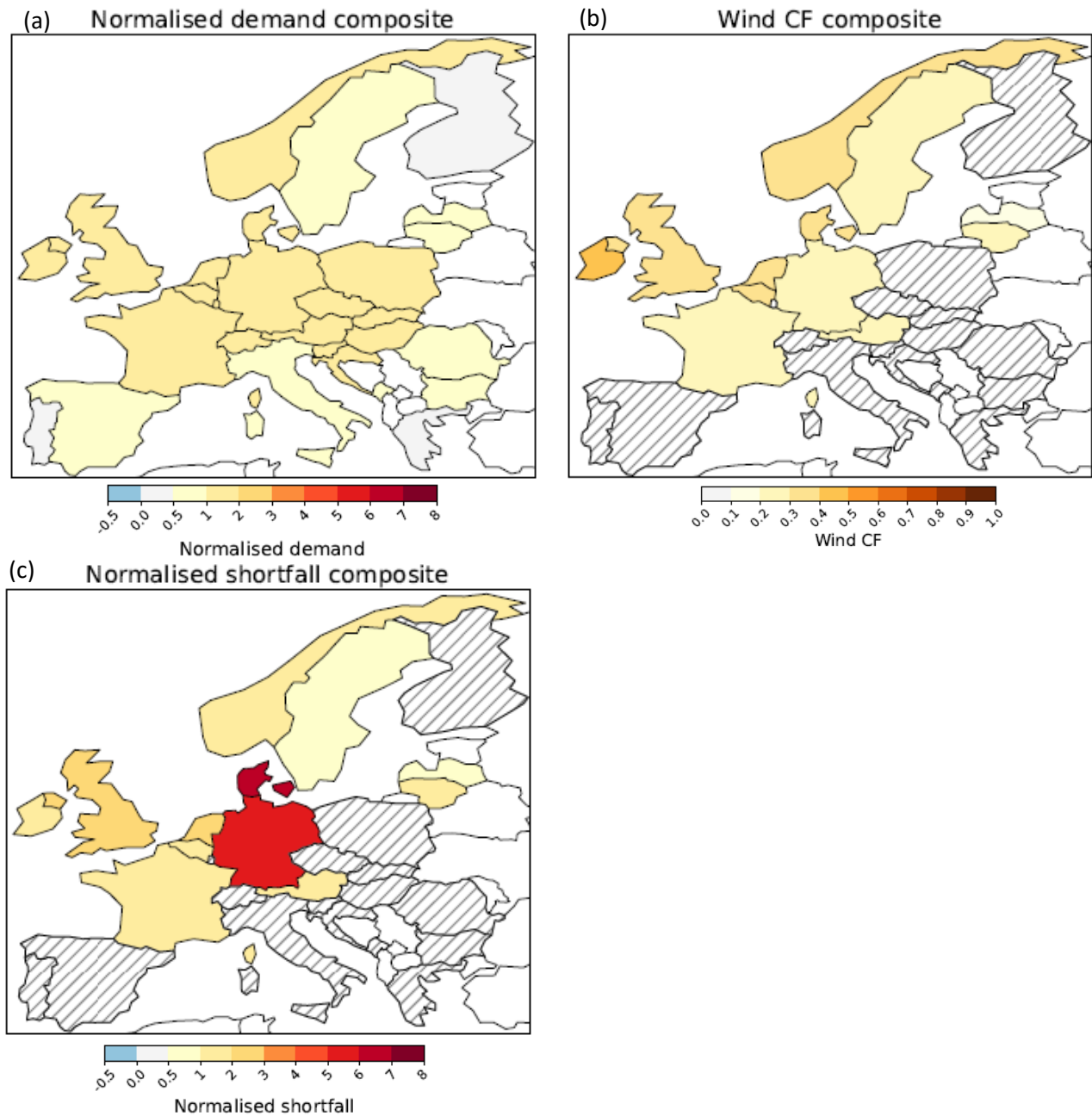


585

586 *Figure 19: Regime frequency during 1962-1963 DJF period. Black lines show the climatological frequency of*  
 587 *regimes.*

588 We assess the effect on the energy sector if the winter conditions of 1962-1963 would occur  
 589 under current energy infrastructure. It is important to note that the dataset used for this analysis  
 590 (Bloomfield & Brayshaw, 2021) provides wind and solar CF only for 12 different countries.

591 The energy demand and shortfall in Figure 20 are normalised based on the DJF climatology (mean  
 592 and standard deviation are done over the DJF period) for a better representation of seasonal  
 593 variability. Across most countries, the demand is above average, in particular during the months of  
 594 January and February of 1963 which were particularly cold (not shown). The energy shortfall  
 595 shows a more contrasting picture with most countries (within this limited sample of countries)  
 596 experiencing higher shortfall than the norm, but some countries show shortfall values more than  
 597 2.5 standard deviations above the norm. In particular Germany and Denmark have shortfall values  
 598 of above 5 and 7 standard deviations above the norm, respectively.



599

Figure 20: DJF energy composite conditions. Energy demand (a); Wind CF (b); Energy shortfall (c). Stripes in (b) and (c) show countries for which wind CF and shortfall data is not available.

600

601 The discrepancy can be partly explained by Germany and Denmark having colder temperatures  
 602 already in December (not shown), additionally the lower wind conditions are localised more  
 603 specifically over the North Sea which is the location of most wind farms for Germany and Denmark  
 604 (see Figure 18). Additionally, both countries can in certain circumstances have more renewable  
 605 generation than demand, leading to negative shortfall. This results in a lower value of shortfall  
 606 standard deviation.

607 Further on, the number of demand and shortfall days is much higher during the 1962-63 winter  
 608 compared to other winters (see Figure S19). For most countries demand days are at least twice as  
 609 frequent, while for the Netherlands and the United-Kingdom they are up to five times as frequent  
 610 as for a normal winter. Similarly, shortfall days were at least twice as frequent for most countries  
 611 and 3 times as frequent for Norway.

612

613 This case study highlights how an extremely cold and persistent winter could affect the current-  
614 day energy network in Europe. All countries would experience large demand and shortfall, leading  
615 to an increase in extreme energy situations over a long period of time. These situations require the  
616 preparation and implementation of mitigation plans to limit the impact and reduce the chances of  
617 outages, but also to limit the use of more polluting or more expensive energy sources.  
618 Additionally, as the large-scale atmospheric circulation was characterised by a very persistent  
619 NAO- regime (up to 26 consecutive days in December to January) together with intervals of AtR  
620 and ScBl regimes, this underlines again the relationship between weather regimes and shortfall for  
621 individual countries and across Europe.

622



625 The transition in Europe towards increased renewable energy generation, in line with the  
626 European Green Deal (European Commission, 2019), requires a better understanding of the  
627 influence of weather conditions on the energy network. Indeed, renewable energy sources such as  
628 wind and solar are highly dependent on surface weather, making the balance between energy  
629 demand and energy supply more difficult to achieve with more components that can be affected  
630 by meteorological conditions (Bloomfield et al., 2016). In particular, periods of increased demand  
631 and reduced renewable generation, here called energy shortfall events, are crucial.

632 Several studies have investigated the influence of weather on energy shortfall using weather  
633 regimes (Mockert et al., 2022; van der Wiel et al., 2019b; Bloomfield et al., 2020a). In this paper,  
634 the relationship between shortfall days – days when the energy shortfall is above the 90<sup>th</sup>  
635 percentile – and weather regimes during winter is discussed for 28 European countries. This is  
636 done using data of energy demand, wind and solar capacity factors, derived from ERA5 covering  
637 the period from 1979 – 2019 with constant energy infrastructure set to 2017 and where each day  
638 is treated as a Monday (Bloomfield et al., 2020a). By keeping all network and societal parameters  
639 constant, it is possible to study the impact of only the weather conditions on energy demand and  
640 supply. Compared to real world energy data, this covers a significantly larger period, enabling the  
641 analysis of a large sample of weather conditions on the current energy network. In contrast to  
642 other studies which either focus on one country in particular or on Europe in general we provide a  
643 general perspective across Europe but also highlight differences between countries and their  
644 cause. Following investigation of weather regimes favouring shortfall days, we examine the  
645 possibility of simultaneous shortfall days for multiple countries. Additionally, we provide a  
646 perspective on potential worst case scenarios over Europe.

647 The first step consisted in identifying different types of extreme energy conditions, for which we  
648 considered demand and shortfall days which represent days with high demand and shortfall  
649 respectively; and wind and solar drought days representing days with low wind and solar capacity  
650 factors respectively. For conciseness the figures only show results for illustrative countries, but the  
651 statements are supported by an analysis of all countries (see Supplementary Information). We  
652 identified a decreasing trend in demand, presumably due to an increase in wintertime  
653 temperatures (Figure 1). A decrease is also perceptible for shortfall days, however it is less  
654 important and statistically significant for only half of the countries. The difference in shortfall  
655 trend between countries appears to be related to the relative dependence of shortfall to demand  
656 and low wind conditions. Countries with high installed wind capacity, or southern countries with  
657 warmer climates, have shortfall days that coincide more with wind days, while countries with low  
658 installed wind capacity, or northern countries with colder climates, have shortfall days that  
659 coincide more with demand days (Figure 3). As countries will be increasing their proportion of  
660 renewable energy, and therefore installed wind capacity, the relative influence of high demand  
661 and low wind days on high shortfall days might, as a consequence, evolve (Bloomfield et al., 2018).

662 Investigating the characteristics of energy events (consecutive energy days) depending on their  
663 duration showed that longer shortfall events also had higher shortfall, which is linked to generally  
664 lower temperatures experienced during longer shortfall events (Figure 5). Thus these events are  
665 particularly critical to the energy network.

666 In a second step, the influence of six weather regimes on the identified energy days was studied. A  
667 first important observation shows that some regimes, mostly blocking-type regimes (Atlantic  
668 Ridge, Scandinavian Blocking, negative North Atlantic Oscillation), favour the occurrence of  
669 shortfall days across most of Europe (Figure 13). Across the Mediterranean basin, shortfall days  
670 are favoured during the Scandinavian Trough regime (Figure 13). These results are consistent with  
671 previous studies (Bloomfield et al., 2020a; Grams et al., 2017; van der Wiel et al., 2019b). Further  
672 analysis showed that some regimes affect multiple countries over large parts of Europe,  
673 suggesting that shortfall days can occur simultaneously for multiple countries, putting many  
674 national energy networks under stress. By further investigating this hypothesis, this paper shows  
675 that if countries that are part of a Regional Security Coordinator experience coinciding shortfall  
676 days, the closest neighbouring countries are likely to also experience shortfall days at the same  
677 time (Figure 15). This underlines that, while increasing connections with neighbouring countries is  
678 generally beneficial, extending these connections to more distant countries and increasing energy  
679 storage capacity would help mitigate these scenarios. Again, these scenarios are favoured by  
680 blocking-type regimes (Figure 16 and 17).

681 Finally, a case study was performed looking at the coldest winter of the 20<sup>th</sup> century in Europe.  
682 The aim is to determine a worst case scenario, characterised by extremely persistent blocking  
683 regimes (Hirschi & Sinha, 2007; Greatbatch et al., 2015), that could be experienced by the current  
684 energy network. We show that most European countries would experience higher than normal  
685 demand and shortfall, with an increased frequency of both demand and shortfall days for all  
686 countries (Figure 20 and 21). Similar winters are unlikely but not impossible (Sippel et al., 2024),  
687 therefore an energy network more reliant on renewable energy sources needs to be prepared to  
688 weather these possible situations.

689 This study highlights how weather regimes impact countries differently, but also how their  
690 characteristic large spatial scale and temporal persistence can put large parts of Europe's energy  
691 network under intense strain.

692 It is important to note that, throughout this study, modelled energy data is used with fluctuations  
693 being only due to weather conditions. This allows to get a clear causal link between  
694 meteorological conditions and variations in energy demand and renewable generation without  
695 societal and structural or confounding factors blurring the relationship. Furthermore, having a  
696 constant infrastructure enables the investigation of more than 40 years of weather on the same  
697 relatively current infrastructure. However, the counterfactual nature of the energy dataset used  
698 means that direct comparison with real-world energy data is not possible, which is a limitation of  
699 the present study. Comparing these results with real world data would enable to quantify the  
700 relative influence of weather conditions compared with other components (e.g. network  
701 constraints, infrastructure, behaviour).

702 There are a number of extensions to this work that might be worth exploring in future studies.  
703 While ERA5 is a very useful and practical dataset for this sort of study, using observational  
704 datasets or bias correcting ERA5 could be beneficial. It would also be interesting to examine  
705 changes to the energy network following 2030 targets and their impact on the conclusions of this  
706 study. This study focused on the winter half of the year; studying the summer period would  
707 potentially lead to different regimes being more relevant, solar days being more impactful and  
708 different trends in high demand or shortfall day frequency. Further, the methodology, such as the  
709 percentile thresholds, has been chosen to allow comparison between countries with large  
710 differences in both demography and infrastructure, and thus may lack the specificity that might be  
711 necessary to understand the relationship between energy and weather regimes for individual

712 countries. Lastly, more complex models including storage capacity and interconnection between  
713 countries could provide an even more complex and thorough discussion around difficult situations  
714 to balance demand and production.

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## 724 **Data Availability Statement**

725 The ERA5 reanalysis (Hersbach et al., 2020) dataset used is freely available through the  
726 Copernicus Climate Change Service Climate Data Store.

727 The energy dataset was produced by Bloomfield et al. (2020b) and can be accessed here  
728 (<https://researchdata.reading.ac.uk/272/>).

## 729 **Conflict of Interest Disclosure**

730 The authors declare that there are no conflicts of interest.

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